



VENTURA BREEZE

Your Hometown Paper

Vol. 17, No. 5 Published Every Other Wednesday Established 2007 November 29 to December 12, 2023

Girl Scouts Presents: Winter Wonderland

The Girl Scouts of California's Central Coast (GSCCC) welcomes all to experience an enchanting Winter Wonderland this Holiday Season at Camp Arnaz. Immerse yourself in the sights of thousands of twinkling lights and holiday music as Camp Arnaz is transformed into a fantastic festival featuring dazzling lights, holiday horses, Santa's elves, and delightful treats. Guests are welcome for an evening of holiday festivities each Friday and Saturday night of December from 5:00 pm -9:00 pm.

Get lost in the magic as you walk through an icicle bridge, walls of wreaths, and twinkling snowflakes dancing to the tune of your holiday favorites. Families will also have plenty of activities to enjoy. Indulge in a feast of festive foods, create crafts to be cherished for a lifetime, meet our holiday horses, and of course, grab a photo with Santa & Ms. Claus!!! Walk the new light path feature built by local Girl Scouts under the direction of Cal Poly University engineering students. This new feature is a fun interactive path that lights up as guests walk on it! All these wonders and more await guests at the signature event of the season Winter Wonderland!

The proceeds of this event will benefit the Girl Scouts of California's Central Coast in advancing our nonprofit mission to help build girls of courage, confidence, and character who make the world a better place.

There are sponsorship opportunities if you would like to help Girl Scouts of California's Central Coast spread holiday joy to the local community and make this an even more magical event.

Tickets are now on sale for the event which will be held at the Monarch Breeding & Research Institute at Camp Arnaz, 155 Sulphur Mountain Rd, Ventura, CA 93001. To learn more about this upcoming event, purchase tickets, and view sponsorship opportunities, **Continued on page 24-**



Monica White, Food Share's President & CEO; Cooper Kupp, Anna Kupp and Jenn Caldwell, Food Share's Chief Development Officer at Thanksgiving Turkey Distribution

Cooper Kupp, Los Angeles Rams' Star Receiver, leads Food Share's Thanksgiving Turkey distribution

In a heartwarming display of community commitment, Cooper Kupp, the celebrated wide receiver for the Los Angeles Rams, led a group of volunteers in distributing Thanksgiving turkeys to families in need. **Continued on page 13**

Salvation Army recently celebrated its 2023-24 Red Kettle Kick Off

by Sheli Ellsworth

For Whom the Bell Tolls
Who is the largest non-governmental provider of social services in the world? Goodwill? United Way? UNICEF? Nope. It is The Salvation Army.

The Salvation Army recently celebrated its 2023-24 Red Kettle Kick Off. Since 1891, red kettles have been collecting donations that make the world a better place. "Bell ringing is our biggest fundraiser. One hundred percent of these funds go directly to services," according to Captain Patricia Torres.



Ventura County District Attorney Erik Nasarenko delivered the keynote address. Photography artwork on canvas donated by Darlene Roker.

Ventura's Kick Off luncheon was organized by Maya Zumaya who brought community leaders and volunteers together for food, inspiration and a chuckle or two. **Continued on page 9**

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Your Hometown Paper

Member, Ventura Chamber of Commerce

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An actress I met
assured me her
real ambition
was to be a
waitress at a
coffeehouse.
– Woody Allen

City News



Bringing holiday cheer to Downtown Ventura.

Stuff-a-Sleigh toy and food drive supports local families in need

In a groundbreaking holiday season collaboration, the Ventura Fire Department is proud to partner with the Ventura County Fire Department, Oxnard Fire Department, ABC7, Food Share of Ventura County, Downtown Ventura Partners, and the Ventura Chamber of Commerce to host Ventura's first Stuff-a-Sleigh toy and food drive.

This initiative, geared towards supporting children and families in need, will be hosted on Friday,

December 1, 9:00 a.m. to 6:00 p.m. on Main Street at Figueroa Plaza.

Community members are invited to participate by bringing a new, unwrapped toy, book, sporting equipment, and nonperishable food items to the event.

"This partnership and holiday donation drive offer our community a chance to unite, exemplifying the genuine spirit of the season through acts of goodwill and generosity for those in need this season," said Ventura Fire Chief David Endaya. "We are honored to be part of this event and extend a heartfelt invitation to everyone to join us in making the holidays brighter for all."

Adding to the festive atmosphere, the Fire Departments of Ventura County will attend, offering the public an opportunity to engage with fire engines and interact with local firefighters and staff.

"The holiday season can be a trying time for many families, and the need for assistance is greater than ever," said Jennifer Caldwell, Chief Development Officer at Food Share of Ventura County. "Strong partnerships and the incredible generosity of our community are the backbone of events like this. Together, we can ensure that no one goes hungry this holiday season."

Community members unable to join the Stuff-a-Sleigh event can participate in the Spark of Love Holiday Toy Drive, happening through December 20, 2023.

How to donate new, unwrapped toys and food:

Drop off at the Ventura Fire Headquarters, located at 1425 Dowell

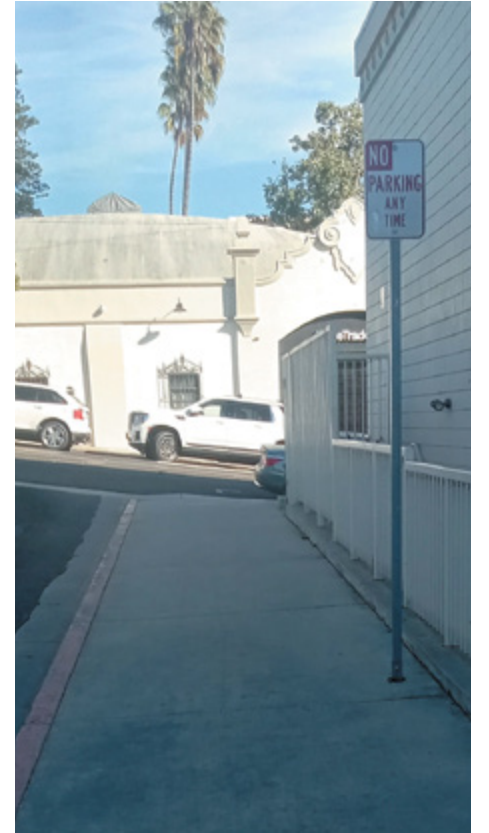


Drive, or a participating business.

Contribute monetary donations online through the Ventura Fire Foundation. All proceeds are tax-deductible.

Purchase a gift on the Amazon Wish List registry.

Find a complete list of participating businesses, online donation information, and Stuff-a-Sleigh event updates at VCFD.org/SparkofLove.



A good thing this sign is there or people would be parking on the sidewalk.

As I See It by Sheldon Brown

Costs for the water treatment facility project, known as VenturaWaterPure (coverage in previous issues), had been estimated at \$374.4 million. The latest estimate is \$556.9 million.

This should not come as a surprise. Government projects have an "estimated" cost that just allows initial funding but never seems to be enough for a finished project. Initial funding allows projects to get started, but when money runs out (and the only other recourse is to abandon them) they just throw in more money.

The decline of local news in the United States is increasing. The nation has lost one-third of its newspapers and two-thirds of its newspaper journalists since 2005.

An average of 2.5 newspapers closed each week in 2023 compared to two a week the previous year. Most are weekly publications, in areas with few or no other sources for local news.

At its current pace, the country will hit 3,000 newspapers closed in two decades sometime next year, with just under 6,000 remaining. This is why it is very important to support our advertisers, as it's support along with some help from those who donate that keeps us publishing.

Some of the funniest shows on TV are commercials that aren't meant to be funny. Especially the ones with products that aren't available anywhere else except on TV, so they don't have any specific retail value.

They go something like this: "These 12 pots and pans usually sell for \$23,125,

but, if you order in the next 10-minutes (of course they have no idea when you saw the ad) you can buy them for only 5 payments of \$29.95. But wait, there's more - if you order in the next 30 seconds you can have for only 4 payments of \$29.95."

Another one I like is a solar powered generator ad that says, "Order now and receive the solar panels for free." It doesn't work without the panels. That's like saying "Order your new car in 10-minutes and receive a free engine."

Guns in the news:

Gary police say a 3-year-old boy found a gun in his mother's purse and accidentally shot his 2-year-old brother, fatally wounding him. What would happen if this mother was attacked, would she say, "just a minute while I get my gun out of my purse? Hard to imagine how this mother feels.

According to a national website that tracks gun violence at least nine mass shootings rocked cities across the nation over last weekend, leaving five people dead and 56 wounded. The mass casualty shootings occurred at parties, outside of a nightclub and a convenience store, during a street game of dominoes (always a violent sport) and even at a community meeting on how to combat gun violence (is there some irony here?) Seattle Police Chief Adrian Diaz stated, "Honestly, this is really disturbing when you have victims who are trying to do an outreach effort, trying to help people out and get people on the right path and this is what they get hit with."

Two men and one woman were

fatally shot while another woman was being treated in a hospital trauma unit but was expected to survive. Authorities have said the shooting was a "suspected property dispute," and the victims have property bordering that of the suspect. I think I saw this in an old cowboy movie.

The weekend violence upped the number of mass shootings in 2023 to 419, with still five months left in the year. An average of two mass shootings have occurred every day this year. In all of 2022, there were 647 mass shootings nationwide, slightly down from 690 that occurred in 2021.

Global average temperatures reached new highs over the past 10-12 months, breaking records in the steady march of a warming climate. It's been warmer than at any time in recorded history and was likely warmer than any other time in 125,000 years, an analysis by Climate Central concluded. The Copernicus Climate Change group said it's "virtually certain" that 2023 will be the hottest year in recorded history. Why, this could almost be considered to be "climate change!"

Of course, it's wonderful that some people kidnapped by Hamas are being released (traded actually). I hope the 3-year old girl who saw Hamas kill her parents are amongst them and she has family to take care of her.

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words



Dancers from Ventura County Ballet performed excerpts from The Nutcracker.

Ventura County Ballet brings the Nutcracker to VCMC Pediatric Oncology Patients

It's always hard being sick as a child and missing favorite activities with friends and family. But there's one special holiday tradition local kids don't have to miss - The Nutcracker!

Dancers from Ventura County Ballet performed excerpts from The Nutcracker at Ventura County Medical Center's Pediatric Hematology/Oncology Infusion Center on Tuesday, November 14. The free performance for young patients, their families and VCMC staff has become an annual event.

Ventura County Ballet's full production of the world-famous Nutcracker ballet will take to the stage at Oxnard Performing Arts Center

Kathleen Noblin, Ventura County Ballet founder and executive director, explains, "Ventura County Ballet has always been committed to bringing the best in live dance to Ventura County audiences. As we prepare for our 25th Anniversary season of The Nutcracker, we are delighted to again bring a preview to VCMC."

Noblin continued, "It's our mission to bring world-class ballet to the community and to bring the joy of dance to children who might otherwise not be able to experience it. The young patients at VCMC not only enjoyed The Nutcracker excerpts but also met our dancers, tried on a pointe shoe and were up close and personal with the wonder of ballet."

VCMC Hematology/Oncology Medical Director Dr. Francisco Bracho added, "We're so grateful to Ventura County Ballet for bringing this special performance to us. Experiences like this are a wonderful way to help our patients and families have a sense of normalcy in their lives and respite from a focus on being sick."

The performers were:

- Clara - Kirra Anderson, 13, Cabrillo M.S., 8th grade
- Fritz - Emma Hansen, 12, DeAnza Academy of Technology and Art, 7th grade
- Columbine - Sylvie Watts, 14, Ventura H.S., 9th grade
- Harlequin - Jonah Tillery, 16, Ventura H.S., 11th grade
- Soldier - Carter Gillespie, 17, Newbury Park H. S., 12th grade

Ventura County Ballet is a non-profit organization bringing world class,

professional dance performances to our community. They provide top quality performing opportunities and instruction to hundreds of young people as a springboard to universities and careers with dance companies. Through scholarships and outreach, they bring the joy of dance to children throughout our area. <https://www.venturacountyballet.com/>



Participants in services included: Dr. Paul Lenderman-Spiritual Counselor, Raquel Jensen-Spiritual Counselor, Hospice Physicians Dr. Lisa Deihl Rajala, and Dr. William Rajala, Marianne Cody Administrator, Susan Derby-Social Worker, and Michael Boyko

Candlelight Remembrance Service

On the evening of November 9, greater Ventura again gathered as the Joseph P. Reardon Funeral Home & Cremation Service on Main St. as it opened its doors for the ninth annual Candlelight Remembrance Service. The caring professionals of Assisted Hospice of Ventura hosted the ceremonies.

This notable evening is for any individual who has experienced a loss and is looking to honor their loved one(s) in a particularly special way. We gather, reflect, give tribute with poems and music and finally recite our loved one's

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names during our candle service.

"The turn out for nights like tonight really surprises me" says Michael Boyko, Funeral Director and owner of the funeral home. "It's just a sign to me that our community really needs this. The last several years haven't been easy and we're proud to invite all to gather for this ceremony. It doesn't matter who you've lost, or when, or where, all are welcome."

The Festival of the Lights, Chanukah

Every year Jewish people around the world celebrate the holiday of Chanukah, the Festival of Lights. Chanukah begins

on the 25th day of the Hebrew month of Kislev, but the starting date on the western calendar varies from year to year. This year it will start on sundown on Dec. 7 and end on Dec.15.

In the land of Judea there was a mean (boo) Syrian king, Antiochus. The king ordered the Jewish people to reject their God, their religion, their customs and their beliefs and to worship the Greek gods. There were some who did as they were told, but many refused. One who refused was Judah Maccabee (hooray).

Judah and his four brothers formed an army and after 3 years of fighting, the Maccabees were finally successful in driving the Syrians out of Israel and reclaimed the Temple in Jerusalem.

When Judah and his followers finished cleaning the temple, they wished to light the eternal light, known

Continued on page 7

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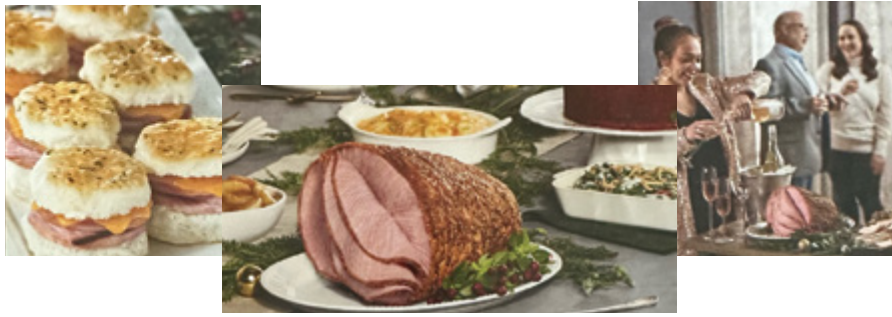
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Could this be the missing cannon ball?

Lost Olivas cannon ball

by Richard Senate

In 1928, when Mayor Max Fleishmann was restoring the Olivas Adobe he had purchased, they found a small iron cannon ball stuck in the wall of the old kitchen thick adobe wall. It was seen as a curious artifact and presented to the mayor. He gave it to the Historical Museum in Santa Barbara, where he had a large residence and polo grounds.

The museum put it into a glass case with the story of its discovery and the mystery of how it ended up in the wall of the adobe. Some speculated it was fired by John C. Freemont's troops in the Mexican War, but no reports tell of such an action. In 1988 a story was uncovered from an Olivas descendant in a nursing home that after the great robbery at the Olivas Adobe in 1855 Don Raymundo purchased a small cannon to defend the house from other attacks. His sons got to playing with the piece and accidentally set it off, firing a ball into the kitchen, where it went through two walls before coming to rest.

Don Raymundo then sold the cannon to saloon owner (and later Ventura mayor) Angel Escandon. An ardent supporter of President Abraham

Lincoln (as was Raymundo) he would fire off the cannon to announce a Union victory in the Civil War. Today the County Museum of Art and History owns the "Escandon Cannon." Is the story true that the small cannon was the one that fired the ball into the kitchen?

The Adobe contacted the Santa Barbara Museum to see if the item could be borrowed to see if it fit in the Escandon Cannon. They were told the cannon ball donated by Max Fleishmann was lost, along with all data on the item! After years of being displayed, the exhibit was taken down and the small cannon ball was simply tossed into a cardboard box full of other small cannon balls found all over the state and at Civil War Battlefields and donated to the museum. If the piece had a label it had fallen off over the years.

No one had a record or photograph of the small iron ball. The mystery of its origins was just unimportant to them. Poor museum record keeping means we can never know which of the cannon balls in the box is the curious piece. Perhaps because it was from Ventura, it was not seen as important to the people of Santa Barbara?



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Kate Simonson leading the activity.

EPIC Leadership Center Starts Fall Program

After a small break from completion of the summer program, EPIC Leadership Center has started its after-school program at Westview Village. The fall after-school program, developed and overseen by EPIC's

Kate Simonson, Westview's resident Program Director, includes Art (Creative Mondays), Character and Leadership Training, Girl Scouts, Youth night, and Family Game night. Activities are conducted by Kate and volunteers on Monday, Wednesday and Friday afternoons starting at 5:30 at the Westview Village, Community Center.

In addition to weekday programming, field trips are planned to include the Rubicon Theatre Company, Wheel Fun Rentals, Paddle boats in the Ventura harbor, supported by a generous donation for these specific activities. Annette Garcia, Executive Director, A Heart of an Angel, continues to provide Fit Camp (Physical Saturdays) on campus. EPIC plans to also start 1:1 Tutoring, and a Saturday Parent Support Class led by Jim Cole, PhD.

Ten-year resident, Kate Simonson, is a passionate leader in the Westview Village community connecting directly with the residents to encourage and support the activities that align with EPIC's mission, to develop leaders and transform lives. Kate is a change agent.

EPIC needs you! Come, be a part of transforming lives and neighborhoods right here in Ventura.

Please visit Epicleadershipcenter.org for more information, volunteer opportunities, and to donate.



Apparently, because of fear of fuel on board becoming a major fire, when an overheating battery starting smoking in a boat anchored at Portside Ventura Harbor fire fighters from several cities came to make sure it didn't spread. Perhaps a bit of an overreaction. Photos by Nella Nelson.

Holiday Cruises

From Ventura Harbor

Harbor Lights Cruises

Photo by Dan Harding

Cruise the Ventura Keys

Dec. 7, 8, 9, 10, 12, 14, 17, 18, 19, 20, 21, 22, & 23 6:30 to 7:30 p.m.
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Adults \$ 38 Seniors \$ 35 (55+) and
Children \$ 28 (12 and under)

Photo by Dan Harding

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VENTURAHARBORVILLAGE



Cris Loy, Cindy Teer, DoriAnne Matsumoto and Kim Murphy together at Knott's Scary Farm the day Loy passed.

Saying farewell to Cris Loy

by Amy Brown

Some people just make life a little sweeter for others, and Cris Loy was one of them. Whether it was designing custom cakes for people in her business, a Gift of Taste, or helping create the Memorial Rock Garden at the Ventura promenade for late surfing dog Haole Boy—her focus was to bring happiness and comfort to others.

Loy passed away suddenly while with some of the same close group of girlfriends who started and maintained the iconic rock garden at C Street. Her friends are now placing painted memorial rocks for Loy in the very garden she and her friends created. Her loved ones share

that Loy was committed to supporting others, and they plan to honor her legacy with an ongoing effort of acts of kindness.

Kim Murphy: "It's so hard to summarize how this incredible loss of Cris has affected me. I will be forever grateful for her friendship, not only to me, but her love of my dogs, and my husband as well. We all became so intertwined in each other's lives, that it doesn't even seem possible that we've lost her. John and I will be forever grateful for all she did for us with memorializing Haole, and being the inspiration behind the Memorial Rock Garden. She

loved this garden so very much, and put her heart and soul into it. She vowed for one year to make sure there were enough kindness rocks available that people could come and take a rock, any rock that spoke to them other than the memorial rocks. If there was something she wanted to do for somebody, she just did it. She was the most selfless person. Having to place memorial rocks in her honor in the garden was by far one of the hardest things I've ever had to personally do. Cris will live in my heart forever, and I will keep her proud of our beautiful garden. Miss you my friend, watch over us."

Cindy Teer: "Cris introduced me to Ventura and showed me all the beautiful things this town has to offer. I have grown to love the place where she grew up and will always cherish the joy and happiness she brought into my life, no matter where I go. She always brought pure joy to everything she did, and the rock garden is no exception. The rock garden holds a special place in my heart because it was built with love by Cris, Kim and DoriAnne."

Belinda Greenstein: "I could say a million great things about Cris and all would be true. A few things I will say without hesitation, Cris will FURever be our ROCK, ready to ROCK-N-Roll no matter what was needed or asked of her. But in life, Cris was the ROCKstar for anyone and everyone blessed enough to know her. May she always ROCK on in heaven!"

DoriAnne Matsumoto: "Cris was a one in a million friend. We met on Instagram through our dogs and I knew from her posts and comments that she was funny and clever. When we met in

person, I immediately loved her. She was just as entertaining as she was on social media. But she was also extremely kind and giving—always inviting others to join in activities, creating the most over the top puppy showers for our dog group and always bringing a cake to a celebration. I still talk about the Amazon cake she made for one of my birthdays. Not only did it look just like an Amazon box but it was delicious as well. She had the biggest, brightest smile and her heart was just as big. Her artistic talent and creativity were amazing, from her cakes to her painted rocks to her vision for Haole's Memorial Rock Garden. It's bittersweet to be placing rocks for her there now. We may have only known each other for a few years, but she was family to me and I will miss her forever."



Cris created Haole Boy's Memorial Rock Garden to honor lost loved ones on the Ventura promenade.

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Business Profile

Ventura Bike Depot: A Legacy of Passion, Service, and Community Involvement

Ventura Bike Depot, a hidden gem, has been enriching the cycling experience for locals and visitors alike for nearly two decades. Ventura Bike Depot, established in 2003 by Shelley Sund, has become an iconic destination for bicycle enthusiasts and a testament to the power of community involvement.

Shelley Sund, originally from Seattle, is not just the founder of Ventura Bike Depot but a true cycling visionary. She brought the first Italian Quadricycles by Jomark to California back in 1984 and later trademarked the Pedalina, a name synonymous with quality and innovation. Before transforming the current location into a full-service bicycle shop, she opened a dozen rental locations, laying the foundation for what would become a cycling institution in Ventura.

Shelley's commitment to her community is commendable. She is a member of Bike Ventura, a vital local cycling organization, and a dedicated supporter and donor of both Ventura Land Trust and Brock Hills HOA. As an activist, she has lent her voice to the Cycle California Coast, Channel Islands Bicycle Club, National Bicycle Dealers Association, and the League of American Bicyclists, making a significant impact in the cycling world.

What truly sets Shelley and her team at Ventura Bike Depot apart from competitors is their unwavering dedication to customer service. With a genuine passion for cycling, they take pride in bringing smiles to the faces of everyone who walks through their doors. Their motto is simple: no gesture is too small when it comes to adding joy and care to people's lives. They take

the time to understand each rider's unique needs, preferences, intended distance, and frequency of use before recommending a specific bicycle.

Ventura Bike Depot has always been at the forefront of the cycling industry. Shelley introduced electric bikes into their rental fleet when she was running six locations simultaneously, recognizing the potential of this revolutionary technology.

Continuing to push the boundaries of bike experiences, Ventura Bike Depot now offers bike wine tours, allowing enthusiasts to explore the picturesque California coast in a unique way. It's no wonder that they have consistently been voted as the #1 Bike Shop in Ventura County.

Ventura Bike Depot is more than just a bike shop; it's a hub of passion, community involvement, and top-notch service. With Shelley Sund's unwavering dedication, it continues to be a symbol of Ventura's thriving cycling culture. Whether you're a seasoned cyclist or just looking for a new way to explore the city, Ventura Bike Depot is the place to be.

The Festival of the Lights Continued from page 3

as the N'er Tamid, which is present in every Jewish house of worship. Only a tiny jug of oil was found with only enough for a single day. The oil lamp was filled and lit. Then a miracle occurred as the tiny amount of oil stayed lit not for one day, but for 8 days.

Jews celebrate Chanukah to mark the victory over the Syrians and the rededication of the Jerusalem Temple. The Festival of the Lights, Chanukah, lasts for eight days to commemorate this miracle of the oil. The menorah candles are lit to celebrate the 8 days that the oil stayed lit.

The spellings of Chanukah has caused some confusion. Part of the reason for this confusion may be due to the fact there is no exact English translation of the Hebrew word for Chanukah. So, to help clear up some of the confusion here are just a few of the different spellings one might encounter. They all celebrate the holiday.

Chanukah, Chanukkah, Hanuka, Hanukah, Hannukah, Hanukkah. In the United States it is most common to use the spelling Chanukah.

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Business Profile



The Flavors of Greece

Gerasimos (Makis) Mikelatos' culinary journey commenced amidst the enchanting seas of Greece, where the vibrant flavors of the Mediterranean served as the cornerstone of his gastronomic artistry. It was in 1977 that destiny led him to Lynn,

and together, they embarked on a mission to bring the very essence of Greece to Ventura County. This venture would not merely be a culinary pursuit but would blossom into a lifelong passion.

Beyond the confines of the

kitchen, Makis and Lynn engaged deeply with the community, weaving a rich tapestry of involvement since 1991. Their culinary legacy extended its reach into the heart of local schools, the Ventura Chamber, and various nonprofits, fostering a harmonious blend of flavors and community spirit.

From its humble beginnings in 1980 at Centerpoint Mall with "It's Greek To Me" to multiple other locations, patrons not only indulged in delectable dishes like lamb chops and moussaka but also immersed themselves in the vibrant rhythms of Belly Dancing and Greek Dance Shows.

Evolving to capture the spirit of Greece, the restaurant introduced an innovative touch with reverse happy hours every Friday and Saturday, featuring special drinks and virtual

DJs spinning '80s tunes from 9 pm to midnight. This modern addition, coupled with the enduring classic Greek flavors, showcases the restaurant's remarkable ability to evolve while staying true to its roots.

As some loyal employees celebrate over 30 years of shared culinary journeys, "The Greek" remains a family affair, standing proudly by the harbor. It transcends the realm of exceptional food; it's about providing patrons with breathtaking views that transport them to the sun-kissed shores of Greece. Today, "The Greek" stands not just as a dining establishment but as a symbol of passion, tradition, and the warm embrace of Mediterranean hospitality, inviting all to savor the joys of life, love, and delicious cuisine.



The Greek

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Christmas Day

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New Year's Eve

Breakfast Menu 8:30am-11 am Lunch Menu 11am-4pm
 4-6pm early Dinner Menu (out by 7:45pm)
 Belly Dancing and Greek Dance Shows at 6:30pm
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Photos by Patricia Schaller



The Bookmark

About Libraries and Friends

by **Mary Olson**

On Saturday, December 2, noon to 1:00 pm, Ray D. Preuter Library will host a **Living History performance**. Connie Korenstein continues her performances of historical figures as part of the 150th anniversary of Ventura County. She portrays Lucy Levy, a Parisian socialite born in 1882. Lucy's tale is one of love, travel, and surprise, as she adjusts to life in Hueneme, California, during the Roaring Twenties and the Great Depression. This event is sponsored by the Ventura County Library Foundation.

Leslie Rinchen-Wongmo, local textile artist, teacher and author of *Threads of Awakening: An American Woman's Journey into Tibet's Sacred Textile Art*, will visit the Ray D. Pruter Library on Saturday, December 9 at 1:00 pm. Trained by two of the finest living Tibetan appliqué artists, Leslie learned to stitch bits of silk into elaborate figurative mosaics that bring the transformative images of Buddhist meditation to life. These events are free and open to the public. Ray D. Pruter Library is located at 510 Park Avenue, Port Hueneme. For additional information, please contact Timothy Furgal, Regional Librarian, at (805) 486-5460 or tim.furgal@ventura.org.org.

Saticoy Library will host an after-school **Engineering Exploration** program with Marta Alvarez on Thursday, November 30, 4:00 to 5:00 pm. Marta Alvarez, a civil engineer who founded YCE, Inc., an agricultural surveying company in Ventura County and member of the Society of Women

Engineers, will present what it takes to become an engineer & land surveyor, provide a demo of surveying equipment and show examples of projects. This program will also be offered at Avenue Library on Tuesday, December 12 at 3:00 to 4:00 pm. For more information on these activities, call 805 626-READ.

Local author and Ventura County prosecutor **Richard Simon** will visit the Ojai Library at 6 pm on Thursday, December 7, to talk about his book, *Bring Me to Life*. Simon has worked on high-profile, local cases featured on television and in media, and was Ventura County's assigned prosecutor on the Golden State Killer case. *Bring Me to Life* is Simon's mystery thriller about a top prosecutor who is assigned the case of his career. This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146 or ron.solorzano@ventura.org.org.

Ventura Friends of the Library Bookstore, 2nd Look Books, in E.P. Foster Library is open Tuesday through Saturday, 11:00 am to 4:00 pm and Sundays, 1:00 to 4:00 pm.

We also invite you to visit our online bookstore for local sales <https://venturafol-107753.square.site/s/shop>.

You can find unique items in the Art, Architecture & Photography category such as "The Antiquarian Sticker Book: An Illustrated Compendium of Adhesive Ephemera". The Performing Arts category covers the territory from the legendary Hammer Studio to Star Wars. The Vintage & Collectible offerings will pique your nostalgia for old comics, classic cars or classic literature. When you make a purchase at the online store, you will receive an email letting you know when your order will be ready for pickup at the bookstore in E.P. Foster.

Salvation Army celebrated
Continued from page 1

Moderated by Food Share's witty Chief Development Officer, Jennifer Caldwell, the crowd heard inspirational stories by those who have received help from the Salvation Army and those who have witnessed that assistance in action. Ventura County District Attorney Erik Nasarenko delivered the keynote address.

Nasarenko's collaboration with the Family Justice Center and the Salvation Army sponsors victims (7-17 years old) of abuse and other crimes to summer camp at The Salvation Army's Camp Daly in Malibu. The weeklong session called Camp Hope offers counseling, mentoring, cognitive behavior therapy and--like any summer camp for kids--fun for all. "How many of us here can remember that summer camp experience that was so transformative that it illuminated the rest of our lives." The Salvation Army sends up to 60 children from Ventura County to summer camp every year.

Nasarenko was quick to acknowledge the dedication of Ventura's outstanding local Salvation Army Captains Juan and Patricia Torres for their dedication and willingness to sponsor local youth to Camp Hope.

Eighteen years ago, the Torreses were living in LA. Patricia Torres worked as an administrative assistant and Juan was in the travel

industry. "God called me to do something bigger than myself," Patricia Torres says. "The next thing you know, we were in San Luis Obispo working for the Salvation Army."

Fundraising at the luncheon included a raffle organized and sponsored by Cathy and Tim Mayeda and photography artwork on canvas donated by Darlene Roker.

The Salvation Army assists 25 million Americans every year and does not discriminate. Ventureans may be familiar with the Salvation Army's local Hope Center on Oak Street dedicated to finding housing, healthcare and employment. This shelter run by Denise Adams is open to all men, women and veterans in need of food, shelter and clothing. The Center holds 20 residents preparing for independent living. During the pandemic, the local Salvation Army in Ventura launched pop-up food pantries and fed 350 families four times a week. The food pantry is now open every Wednesday and Friday.

In 2001, The Salvation Army began distributing food and drinks near Ground Zero--less than an hour after the terrorist attacks. They were there for almost nine months. Forty thousand volunteers helped over four million people with counseling and social services.



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THE SALVATION ARMY



Senior Living



The non-contact boxing conditioning classes encourage participation.

A Q&A with Beth Baumer and Neuroboxing Fight Camp to help those with Parkinson's and neurological diseases

Neuroboxing Fight Camp, to be located at Portside Ventura Harbor, is a non-profit exercise, neurological rehabilitation and physical therapy program. Who offer a free monthly support group dedicated to impacting the lives of those living with Parkinson's and neurological disease in our community. Their non-contact boxing conditioning classes encourage participation from caregivers and family members.

Q. Do you have an annual fundraiser? Do you have year-round fundraising projects? Do you have any upcoming events?

A. I am going to start one. An annual cornhole tournament fundraiser hopefully at my new studio in Portside Ventura Harbor's outdoor sand volleyball courts. I will have a soft opening, as well as a grand opening which will include a FUNdraiser event.

Q. Tell us about the history of your organization: How long has it been around? What was the inspiration for starting it?

A. I started NBFC in October, 2019. During the pandemic, I was able to keep it afloat with zoom classes and maintained loyal members. The inspiration is my father, Hank Laubacher who was diagnosed with PD in 2010. We noticed the need for a fitness program for the PD and neurological disease community in our area that was fun and engaging. I joined him for a few classes at Agoura Fitness and saw

the profound positive effect it had on him and the other members.

Q. What is the philosophy behind your organization? Your mission statement?

A. Movement is Medicine. When faced with a Parkinson's, neurological or central nervous system disease or impairment, it is essential to get out of your home at least 3 times a week to exercise, connect with others experiencing similar struggles and maintain an active social life. Give yourself the gift of health through fitness and community. You are never alone in your fight!

Q. What do you and your employees and/or volunteers enjoy most about their work?

A. The wonderful friendships and camaraderie shared amongst our members and coaches. Watching our fighters walk out of class with sweat on their brow, flush on their cheeks, smiles on their faces and a livelier pep in their step.

Q. Do you have a special message to share with the neighborhood or community?

A. Please share our service to anyone local you know who could benefit from joining our program! We are always looking for volunteers to assist in classes and to help perform assessments of our members. Family, friends and caregivers are always welcome to participate with their Neuroboxer. We will also be offering general boxing and

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Q. Can you share a funny or interesting story about your organization? How do you make your workday fun?

A. At NBFC we are major music lovers. Our playlists make the classes super entertaining and motivating! A few of our members are musicians and have worked in the music industry so we get special treats from them when they show up with a playlist. We also love to use our voices, as those living with PD can struggle with projecting their speech. Mike, T Rex, loves to make

some noise while doing our high kicks and always gets the group cracking up. Eric loves to dance and sing along to the music, giving his buddies high fives and doing flex offs which keeps the laughter going.

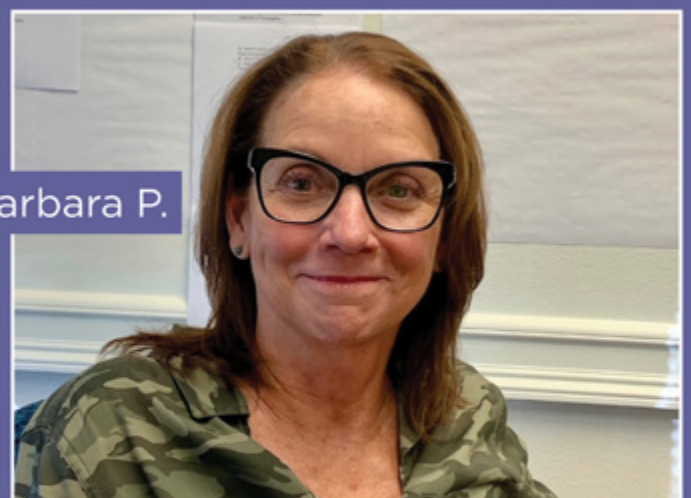
Q. Where can people contact you in order to volunteer or get involved?

A. Visit our website:
www.neuroboxingfightcamp.com
Venmo: @neuroboxingFC
Zelle: 805-223-6955 Also our contact # to call or text
Email: beth@neuroboxingfightcamp.com

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Senior Living

Advance Care Planning

by National Institute on Aging

During an emergency or at the end of life, you may face questions about their medical treatment and not be able answer them. You may assume your loved ones know what you would want, but that's not always true. In one study, people guessed nearly one out of three end-of-life decisions for their loved one incorrectly.

Research shows that you are more likely to get the care you want if you have conversations about your future medical treatment and put a plan in place. It may also help your loved ones grieve more easily and feel less burden, guilt, and depression.

What is advance care planning?

Advance care planning involves discussing and preparing for future decisions about your medical care if you become seriously ill or unable to communicate your wishes. Having meaningful conversations with your loved ones is the most important part of advance care planning. Many people also choose to put their preferences in writing by completing legal documents called advance directives.

Want to learn more about advance care planning? NIA's guide offers conversation tips, worksheets, and more.

What are advance directives?

Advance directives are legal documents that provide instructions for medical care and only go into effect if you cannot communicate your own wishes.

The two most common advance di-

rectives for health care are the living will and the durable power of attorney for health care.

Living will: A living will is a legal document that tells doctors how you want to be treated if you cannot make your own decisions about emergency treatment. In a living will, you can say which common medical treatments or care you would want, which ones you would want to avoid, and under which conditions each of your choices applies. Learn more about preparing a living will.

Durable power of attorney for health care: A durable power of attorney for health care is a legal document that names your health care proxy, a person who can make health care decisions for you if you are unable to communicate these yourself. Your proxy, also known as a representative, surrogate, or agent, should be familiar with your values and wishes. A proxy can be chosen in addition to or instead of a living will. Having a health care proxy helps you plan for situations that cannot be foreseen, such as a serious car accident or stroke. Learn more about choosing a health care proxy.

Think of your advance directives as living documents that you review at least once each year and update if a major life event occurs such as retirement, moving out of state, or a significant change in your health.

Who needs an advance care plan?

Advance care planning is not just for people who are very old or ill. At any age, a medical crisis could leave you unable to communicate your own health care decisions. Planning now for your future health care can help ensure you get the medical care you want and that someone you trust will be there to make decisions for you.

Unique blood cells are linked to reduced Alzheimer's disease risk

Clonal hematopoiesis of indeterminate potential (CHIP), a condition that changes the DNA of some blood cells and increases the risk for blood cancers and cardiovascular disease, may reduce a person's risk of developing Alzheimer's disease. This finding from an NIA-funded study published recently in *Nature Medicine* may provide new insights into the role that blood cells play in brain health.

Blood cells live short lives and must be continuously replaced. The process of producing new blood cells is called hematopoiesis and occurs in the bone marrow. As blood cells are depleted, a pool of cells in the bone marrow called hematopoietic stem cells (HSCs) multiply to replenish them. Normally, tens of thousands of HSCs grow up to be exact copies of the replaced blood cells. In CHIP, however, the genes of some hematopoietic stem cells change and produce slightly different blood cells.

People with CHIP can live for many years but have an increased risk for blood cancer and cardiovascular disease compared to people without CHIP. The condition is common in older adults, and researchers estimate that 10% to 30% of people over 70 years old have CHIP.

While most research on this condition has focused on how it affects cardiovascular health, its effect on the brain is not yet well understood. To address this gap, a research team led by Stanford University scientists is exploring how CHIP influences Alzheimer's risk in older adults.

In this study, the scientists analyzed blood samples from 1,362 people with Alzheimer's and 4,368 people without the disease. Then they sequenced the DNA from the blood cells to determine who had CHIP. Remarkably, the researchers found that people with CHIP had a reduced risk of developing Alzheimer's.

Next, the team sequenced the DNA from the microglia of the brains of eight people with CHIP. As the brain's immune cells, microglia play a central role in brain function and health. In Alzheimer's, microglia fail to perform their job, instead damaging neurons they are meant to protect. For seven of these individuals, the researchers found microglia in the brain that carried the same CHIP variant in the blood cells. While not conclusive, this suggests that some of these variant blood cells migrate to the brain and may support microglial function.

Overall, these findings suggest that CHIP may provide some protection from Alzheimer's. Future studies will explore the differences between the brain's immune cells that carry CHIP variants and those that do not. Understanding why CHIP is linked to reduced Alzheimer's risk could uncover new insights into slowing the progression of the disease.

This research was supported in part by NIA grants AG053959, AG077443,



Senior Living

AG066849, AG059727, and AG052409. These activities relate to NIH's AD+ADRD Research Implementation Milestone 1.A, "Enable precision medicine research by supporting deep and longitudinal molecular endophenotyping of existing and new at-risk cohorts as well cohorts and/or individuals who resist disease despite high genetic risk (e.g. Down Syndrome, ApoE 4 homozygous, FAD mutation carriers)." Reference: Bouzid H, et al. Clonal hematopoiesis is associated with protection from Alzheimer's disease. Nature Medicine. 2023. Epub June 15. doi: 10.1038/s41591-023-02397-2.



Visit the holiday display tree to choose a gift.

Santa to a Senior program seeks holiday gifts for Ventura seniors

The City of Ventura invites the community to contribute gift donations for the Santa to a Senior program running until December 14, 2023. The initiative aims to bring holiday cheer to seniors aged 60 and above, affiliated with the Ventura Avenue Adult Center's Senior

Nutrition Program. This program caters to seniors through both in-person meals and homebound deliveries.

"This marks our fifth year running Santa to a Senior, and we've made updates to the program to better serve the more than 200 seniors who participate annually," said Recreation Manager Emily Fox. "To ensure everyone feels the joy of receiving a gift this season, we kindly ask that the community choose items from our gift wish list. Your thoughtful contributions will make a meaningful difference in spreading holiday cheer to the seniors participating."

The pre-approved Santa to a Senior gift wish includes:

- \$25 Gift Card (major grocery/pharmacy/retail stores)
- Bath/Hand Towels
- Gloves/Scarf (unisex)
- Nail Trimmer/Manicure Tools
- Non-slip Socks (unisex)
- Soaps/Lotions/Scrubs
- Blanket (unisex)
- Toiletry Items (unisex)

To donate to the Santa to a Senior program, visit the holiday display tree to choose a gift. Trees are located at City Hall Room 226 and the Ventura Aquatic Center.

Participants can also purchase a gift from the pre-approved wish list and deliver it to one of the designated drop-off locations. New, unwrapped gifts can be dropped off at Ventura City Hall, Ventura Aquatics Center, Ventura Avenue Adult Center, and Barranca Vista Center.

Visit www.cityofventura.ca.gov/SantatoaSenior for complete program details or call the Parks and Recreation Department at (805) 658-4726.

Cooper Kupp, Los Angeles Rams Continued from page 1

Angeles Rams, took center stage at Food Share's Thanksgiving Turkey n' Trimmings giveaway in College Park, Oxnard, on Tuesday, November 21. The event saw 1,800 families receive packages containing turkeys, seasonal fresh produce, and Thanksgiving trimmings, along with essential shelf-stable food items.

Kupp was joined by an impressive cohort of 45 student volunteers from Simi Valley's Royal High School football team. Kupp has been actively mentoring these young athletes as part of the Rams' partnership with the school.

Passionate about combating food insecurity, Kupp has championed various initiatives in Southern California, alongside fellow Rams players and staff. His commitment also reaches beyond state lines, as he has supported food banks in the Yakima and Richland areas in his home state of Washington.

Reflecting on the dire issue of food insecurity, Kupp commented, "My family and I are passionate about helping to address food insecurity in the region. Too many people are struggling to feed their families, including a staggering 1 in 4 people here in Ventura County. Knowing that the families here today will be able to sit down to a Thanksgiving meal is something we can all be grateful for."

Monica White, Food Share's President and CEO added, "The Rams' ongoing participation in this food distribution highlights the impactful role sports figures can play in making a meaningful difference within their communities. We truly appreciate how Cooper is leveraging his influence beyond the football field to address the critical issue of food insecurity that affects so many individuals. And well done to all the student-athletes from Royal High School who worked so hard!"



Life's journey into the late 80's and beyond

by Bob Warnagieris, Ed.D.

Longevity has become a rather lively topic these days. Most people are interested in how they can be healthy, deal with stress, offset genetic surprises and enjoy their "Golden Years". Definitely a positive venture, taking the steps early in life to achieve longevity. It's reported that many people remain cognitively sharp, have decent short-and-long term memories, and have sufficient energy to pursue a rather vigorous life into their 80's and beyond.

Improving one's longevity prospects can be benefit by pursuing 6 major factors to reach and advanced the age of 80 and beyond. The 6 factors include (1) Genetics, knowing your family medical history and your ethnic factors; (2) Nutrition, paying attention to diet, weight control, natural vs processed foods, and cultural habits; (3) Physical activity, the benefits of exercise including aerobics, flexibility, strength and balance; (4) Regular Medical Care, consisting of primary physician and specialists, drugs and supplements, and alternative medicine; (5) Psychological Factors, including stress, spiritual needs, relationships and social connection; (6) Avoidance of known high risks, examples include smoking, alcohol, substance abuse and dangerous activities.

In a recent article, the AARP Bulletin of November 2023 cites the 7 Secrets of the Super Agers, i.e., 90 to 100. The 7 secrets include (1) Controlling blood sugar and

blood pressure, (2) Talking to their friends a lot, (3) Avoiding stress and prioritize mental health, (4) Prioritizing sleep, (5) Protecting their vision and hearing (we should add teeth to that), (6) Not exercising more, but pushing themselves physically, (7) Doing more puzzles and Sudoku games than normal seniors. There's a lot more detail that could be added to these "Secrets", but suffice to say they all generally represent something most of us can learn about and do if so motivated.

The question then becomes, "Who's Motivated?" Often seniors say, "Oh, I wouldn't want to live to be 100." If one has a genetic defect, a chronic disease or life-threatening malady, it is certainly understandable that suffering into the 90's and beyond may just not be worth the effort or the accompanying discomfort. These are all very personal factors and decisions. Yet, for those that chose to achieve longevity, the practices mentioned above can greatly improve the quality of life while they are here, however long that may be.

Here's what one might expect upon reaching the 80th year. More medical issues to address than what you had in the previous 80 years. Plenty of surprises, deficiencies, reduction in mobility and energy, susceptibility to the latest virus, hearing and eyesight decline, teeth implants, aches and pains that just don't go away, etc. will be in your future. The good news is that soon you will realize that your longevity and enjoyment of life can be improved with some effort. However, for most of us, the late-life years, will also be fraught with health issues, medical appointments, and more pharmaceuticals than you can imagine. Frankly, it takes a lot of work to stay alive after 80.

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The Pet Page



Dedicated to Scamp

December 2nd, 2023, from 10:00am to 12:00pm for a festive professional photo session with the one and only Santa Claus!

Capture the magic of the season with your furry friends at the most anticipated holiday photo event of the year! Embrace the holiday spirit and come dressed in festive attire, casual wear, or even matching pajamas – it's all about capturing those heartwarming moments!

To ensure a paw-sitively delightful experience for everyone, please ensure pets are on-leash or safely secured in carriers, are fully vaccinated, healthy, and exhibit good behavior around people and other animals.

Photo sessions are limited to the first 50 groups! We kindly ask all participants to arrive before 12:00 pm as we cannot guarantee portraits for latecomers.

We are asking for a \$25 donation to the shelter, 100% of which goes directly to supporting the animals and programs that fuel our life-saving efforts.

Pet Science

Growing up, I watched my mom always leave the lights on for our cat and dog whenever we left them home alone. She insisted she did this for their comfort, but my dad always said it was really for hers. There's just something about leaving your beloved animals in a dark, empty house that feels wrong, but how do they actually fare?

Carly Fox, senior veterinarian at the Schwarzman Animal Medical Center in New York City, reveals whether our pets actually need the lights on when left to their own devices.

Should I keep the lights on for my pet?

Contrary to your impulse, your pet doesn't need good lighting when alone.

"You can absolutely leave the lights off," Fox writes to Inverse in an email. She does add that you should, however, leave the blinds or curtains open for your pet to get any natural light filtering through. While they don't need a fully lighted room, there's no reason to go out of your way to plunge them into total darkness.

Pets are also equipped for waning light. "Just like people, dogs are diurnal," Fox writes. "That means they get the majority of their sleep at night and are most active during the day." They take their cues from the changing light

outside. Keeping a dog in constant brightness could actually impact them negatively, according to Fox.

Cats, on the other hand, are crepuscular, which means they're most active at dawn and dusk while sleeping throughout the day. They also tend to be somewhat active at night, so darkness isn't foreboding to them.

What's most important, Fox writes, is "keeping things consistent, if possible," so as long as you're not throwing the odd night rave or making your home into a cave for days at a time, your pet will be fine. She adds that pets do need natural sunlight during the day, and artificial light is no substitute.

How well does my pet see in the dark?

We know that our pets outperform us when it comes to senses like smell and hearing. Even if eyesight isn't their forte, cats and dogs "see much better in the dark than people do," Fox writes.

Both dogs and cats have abundant rods, the photoreceptor that picks up dim light, in their retinas. While they may lose out in the cones department, leaving them numb to about a third of the visible color spectrum, their stacked rods and superior night vision make up for it. Both types of fur babies also have a tapetum, which is a reflective layer in the back of the eye off which light bounces, allowing the retina to receive more light than is available. The tapetum is also the reason your cat or dog may look possessed in certain photos you take of it because light reflects off it.

Cats also have dilating pupils that can go from slits to marbles in a matter of seconds, letting them modify how much light their sensitive eyes take in. Fox also writes that cats have a more sensitive tapetum than dogs, as well as more rods.

Fox also recognizes that leaving pets alone in the dark could encourage destructive behavior, particularly in those with separation anxiety. "Perhaps it's not the dark that is the problem for them, but rather what the dark signals," she writes. Even if you're simply going to bed, your pet may perceive this as abandonment, which speaks to larger behavioral issues that may need to be addressed.

Even if you get an ominous feeling looking at the outline of your dog sitting in a darkening house as you shut the door before leaving, know that your dog is looking back at you with a much clearer image.

The majority of first responders don't have comprehensive training in how to handle animals, said Dr. Elisa Mazzaferro, a diplomate of the American College of Veterinary Emergency and Critical Care, even though they may likely encounter

Scamp Club

(Scampclub pets are not for adoption.)



Tiggi is his name and he's 3 years old. He is a rooster. He likes to think he's a person and go into the house and sit on the couch. Our first rooster.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

them at the scene of an accident.

Helping an injured pet can be daunting because the animal may be in pain and aggressive.

"It is important to remember that even the most friendly, well-trained animal can potentially bite when afraid or when injured," Dr. Mazzaferro said. "Humans should approach the animal with caution and put a blanket or towel gently over the animal's face and head to

help prevent bite injury."

Each year at the International Veterinary Emergency and Critical Care Symposium (IVECCS), there is an on-site first-aid class for first responders. Firefighters, K-9 officers, and others attend a day-long presentation with emergency veterinarians and criticalists as part of the Veterinary Emergency and Critical Care Society's (VECCS) mission to promote emergency care for pets.

Forever homes wanted



Hi! I'm Sasha, a sweet older Labrador / Pit Bull mix who enjoys going on leisurely short walks. I was adopted years ago into what I thought was my forever home, but sadly, through no fault of my own I am back at CARL waiting once again for a family to call my own. I'm thankful CARL has a lifetime commitment to all of their dogs and welcomed me back with open arms. I don't pull

much on leash and I don't seem to care about the other dogs. I like to hang out in the grass and be around people. I'd really love to spend my golden years in a warm cozy home loved by people. I know people will pass me by because I'm an older gal, but I hope you'll put in an application to come and meet me. I deserve to be in a loving home as much as the younger dogs do. Canine Adoption and Rescue League C.A.R.L.

This is Ginger 3 years old male Pomeranian.
Intake Date: Friday November 24, 2023
Adoptable Date: Tuesday December 05, 2023
Kennel: 353
City Found: Oxnard
Animal ID: A779429
VCAS Camarillo Animal Shelter



The residents of the Ventura Marina Mobile Home Park gathered to walk their dogs and walk off all the food they ate for Thanksgiving.



Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Stolen Vehicle and Burglary Arrest

On November 13, at approximately 11:45 am, Ventura Police Patrol Task Force Officers and Detectives from the Ventura County Auto Theft Taskforce observed a reported stolen vehicle from Santa Barbara in the 3000 block of E. Main Street in Ventura. The Officers were able to catch up to the vehicle as it was stopped for a traffic light on Telegraph Road and Mills Road. The driver of the stolen vehicle, 32-year-old Oxnard resident Jose Ramos, fled on foot from the vehicle northbound on Mills Rd. and eventually into the neighborhood west of Mills Rd. Officers were then hailed by a resident in the 50 Block of San Marino Ave. who saw Ramos enter their unlocked residential garage.

Officers immediately set up a perimeter at the residence and made verbal contact with Ramos who refused to exit the garage. Officers were negotiating with Ramos while evacuating the residence. After negotiations, Ramos walked out of the garage and he was taken into custody without further incident. During a search of Ramos officers located stolen property from the victim's garage.

Ramos was transported to Ventura County Medical Center for a minor head injury he sustained while fleeing from the stolen vehicle. No other injuries were reported. Ramos was then booked at Ventura County Jail for unlawful driving or taking of a vehicle, possession of a stolen vehicle, burglary, and two misdemeanor warrants.

Residential Burglary Arrest

On November 14, at approximately

10:30 am, a resident from the 600 block of County Square Dr. was informed of a subject who had gained entry into their home. The resident was not home at the time. Officers arrived on scene and established a perimeter around the residence. The suspect, 30-year-old Fillmore resident Oscar Ramos, walked out but retreated back in when he saw officers. Ramos refused to exit the home while officers negotiated with him. About 20 minutes later, Ramos exited, and he was taken into custody for burglary and resisting, delaying, or obstructing police officers. He was eventually booked into the Ventura County Jail.

Ramos had been released from the Ventura County Jail the morning of November 14 before committing the burglary. A search of the Ventura County Superior Court website shows Ramos has prior arrests for being under the influence of a controlled substance, elder abuse, battery, vandalism, carrying a dirk or dagger, public intoxication, disturbing the peace by fighting, violation of a court order, criminal threats, possession of drug paraphernalia, and resisting an executive officer.

Brandishing and Negligent Discharge of a Firearm Arrest

On November 14, at approximately 11:30 pm, an employee of a business in the 6500 block of Telephone Rd. called Ventura Police dispatch to report a brandishing of a firearm. The caller also reported hearing a gunshot. Multiple officers responded to the area however the suspect had fled the scene prior to the arrival of officers. There

were no injuries reported during this incident.

An investigation identified the suspect as 26-year-old Oxnard resident Alonzo Alcantar and determined Alcantar had brandished a firearm to employees of the business after an altercation. Alcantar was also suspected of firing a shot in the parking lot while patrons of the business were present.

On November 15, Street Crimes Unit detectives located Alcantar and he was arrested for Brandishing a Firearm and Negligent Discharge of a Firearm. Alcantar was also found to be in possession of a loaded firearm. Alcantar was booked at the Ventura County Jail.

Ventura Police awarded \$228,000

The Ventura Police Department proudly announces that it secured a \$228,000 grant from the California Office of Traffic Safety (OTS) to bolster life-saving enforcement and education-based activities. This grant allows officers to actively champion safe driving practices, empower cyclists and pedestrians to navigate roads with confidence, and deliver vital education on the significance of road sharing.

"Receiving this grant funding is critical to the success of our outreach programs and the safety of our community," said Corporal David Curtis. "With this funding, we can continue to enforce important traffic safety laws, deter driving under the influence, and create an environment where everyone feels safe traveling. We can

truly save lives."

Grant funds will support a variety of activities focused on bicycle and pedestrian safety:

DUI checkpoints and patrols focused on stopping impaired drivers. High visibility distracted driving enforcement operations targeting drivers in violation of California's hands-free cell phone law.

Enforcement operations focused on the most dangerous driver behaviors that put the safety of people biking or walking at risk.

Enforcement operations focused on top violations that cause crashes: speeding, failure to yield, stop sign and/or red-light running, and improper turning or lane changes.

Community presentations on traffic safety issues such as distracted driving, impaired driving, speeding, bicycle and pedestrian safety.

Officer training and/or recertification: Standard Field Sobriety Test (SFST), Advanced Roadside Impaired Driving Enforcement (ARIDE) and Drug Recognition Expert (DRE).

"Everyone deserves a safe environment to travel, regardless of how people get to places," OTS Director Barbara Rooney said. "The safety of people walking and biking on our roads is a high priority. Education plays a pivotal role in creating a strong road safety culture that prioritizes traffic safety, especially for our most vulnerable road users."

The grant program will run through September 2024.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

Saturday 11/11

10:45am, dispatched to a traffic accident at VWM. Officers responded and found an unconscious patient locked in a vehicle. VFD arrived and entered the car. Resuscitation efforts were attempted, but the patient was not revived.

Sunday 11/12

4:30am, monitoring USCG conversing with sailboat "Wanderer" without much success. After a few hours USCG launched a vessel, located the sailboat near Hueneme and towed to Channel Islands Harbor. Officers reiterated, "Do not bring that vessel to Ventura Harbor!" after speaking with coast guard.

Monday 11/13

1:40pm, responding to disabled sailboat "Wanderer" 2 miles from the Harbor. Searched 2 miles south, west, north. Unable to locate any vessels distressed.

Tuesday 11/14

8:00pm, while on patrol in Rescue B19, observed several vessels hoop nets placed in prohibited areas. Officers issued warnings, had nets removed.

Wednes 11/15

1:48pm, dispatched to an unknown medical at Spinnaker/Navigator. Officers responded with Fire/AMR to assist but the patient fled the scene prior to arrival.

Thursday 11/16

11:45pm, officers secured 5 of 6 twenty-four-hour restrooms at the launch ramp due to a rash of vandalism and graffiti. Unfortunately, transients and "ne'er-do-wells" use the restrooms for nefarious actions and as abodes.

Friday 11/17

10:01am, received report of a vessel in distress near the Ventura Pier. Officers responded in the Fireboat to investigate. A "boat club" vessel was operating erratically but was not in any distress. Warning issued for improper operation.

4:15pm, dispatched to a boat fire at Portside Marina E-dock. Officers responded in the Fireboat with VFD and were able to determine smoke was coming from an electrical component overheating inside the cabin of the large motor vessel.

Saturday 11/18

2:36am, dispatched to a sick person near 1700 Spinnaker Dr. Officers responded, found an intoxicated person, escorted them to their boat nearby.

1:07pm, received request to investigate harassment of two sea lions swimming near the launch ramp. Officers responded, found two kids throwing rocks but no sea lions nearby. Issued warning to the parent, kids for destruction of property.

2:52pm, dispatched to fall victims in the Harbor Town Point timeshare. Officers responded and assisted a couple up who fell. No injuries sustained in fall.

Sunday 11/19

8:00am, after perusing weather reports of Gale Warning, officers checked conditions outside the harbor in the Fireboat. Patrol was significantly shortened by steep short interval waves with "green water" splashing over the wheelhouse at the entrance. The fireboat was rinsed thoroughly upon return to the dock.

10:01am, received complaint of a commercial fishing vessel conducting hoop netting charters at the Ventura breakwall,

violating several ordinances. Officers are looking into the report and the complaint is under further investigation.

Monday 11/20

6:20am, observed National Weather Service issued a Gale Warning for Northeast winds gusting to 40kts. Officers raised warning pennants.

11:50am, received request from skipper

of 29ft sailboat to secure to the long dock until the gale settles down and he can continue his trip to Oxnard harbor.

Tuesday 11/21

9:17am, received report of a transient trespassing in a business in the Harbor Village. Officers responded, investigated possible theft. Individual was eventually arrested near Surfers Knoll for unrelated charges.

**Moving In?
Moving Up?
Moving Out?**

I can help you with that!

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DRE 01985025
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TEAMTRAINOR12@GMAIL.COM




Weekly SUDOKU

Answer

9	2	7	1	8	5	4	6	3
6	3	8	7	9	4	1	5	2
4	5	1	3	2	6	9	8	7
8	9	4	5	7	2	6	3	1
1	7	5	6	4	3	2	9	8
2	6	3	9	1	8	5	7	4
3	8	9	2	6	1	7	4	5
7	4	2	8	5	9	3	1	6
5	1	6	4	3	7	8	2	9

King Crossword

Answers

Solution time: 24 mins.

I	N	K		I	E	A	H	S	A	M	F
M	O	E		O	R	C	A	E	L	I	A
A	G	E		W	A	L	K	O	N	A	I
C	O	L	O	N		E	R	E			
				A	P	P	T	B	E	A	M
A	I	R		F	A	R	E	S	D	R	A
I	C	U		T	O	R	T	E	E	L	I
D	E	B		T		F	R	E	S	H	A
E	S	S		A	Y		Y	M	C	A	
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A	I	G		U	I	T	A	H	U	S	E
S	O	U		L		S	C	H	I	B	I
B	U	G		E		P	O	T	S	E	T



Ventura events

by Ana Baker

The Ventura Senior Men's Group continues to meet for a social lunch and program at the Poinsettia Pavilion in Ventura on the first and third Tuesday of each month. Men of all descriptions are welcome to stop to sample our shenanigans. Lyle Hotzler at 805-341-9820

Wanna Play Bridge? Join us for ACBL-sanctioned duplicate bridge games. Every Tuesday, Wednesday, and Thursday at 12:30 p.m. All levels of play, and we will guarantee to have a partner for you if you need one. Lessons are available. Contact: Richard 805-850-8011, Rose 805-659-9223, or buckleyrose357@gmail.com. All Welcome.

The Ventura County Philatelic Society's meetings are held every first and third Monday of the month at the Church of the Foothills, Ventura. Meetings start at 7:30 p.m. More information can be found on the website venturacounty-philatelic.org.

Monthly Beach Cleanup First Saturday of every month! Meet your neighbors and help keep our beach looking fresh. Hosted by Pierpont Beach Community Council in partnership with Surfrider. Meet up at the end of Seward near the beach. (1140 S Seward St) 8:30-10:30 a.m. Arrive any time during the timeframe. Fun for the whole family! Supplies provided BYO water.

Dec. 2: Sespe Fly Fishers of

Ventura will be conducting our monthly "First Saturday" introductory Fly Rod Casting and Intro to Fly Fishing clinic. There is no charge and all are welcome. Whether you are an experienced fly fisher or a complete novice we want to help you improve your casting and learn to enjoy this great sport. Chumash Park, Petit and Waco, 9:00 to 11:00 am, in East Ventura, off Telephone Rd. For more information: Casting Program Coordinator Thomas Hall thomasfoleyhall@gmail.com (805) 377-5249 www.sespeflyfishers.org

Dec. 2, 3, 9, 10: Dudley House Holiday Boutique. The 29th annual fundraiser for the 1892 historic house museum continues into December on Saturdays and Sundays from 11 - 5 p.m. Come celebrate the spirit of holidays past, where you'll find quality crafts, home décor, antiques, and collectibles, plus a silent auction and bargain "basement." An outdoor flea market is added on Sundays from 8 - 4 p.m. Located at 197 N. Ashwood. (805) 642-3345. Free.

Dec. 3: Old-Time Country Bluegrass Gospel Music Assoc. Sunday, 2-4 p.m. at the Poinsettia Pavilion, 3451 Foothill Rd. Live Music on stage. Jamming in the Canada Room. Free Admission. Free Parking. Open to the Public. For more information, call 805-517-1131 or visit Facebook: OTCBGMA.

Dec. 5: Free documentary film about the Thomas Fire: "The Perfect Firestorm" at 7 pm at Poinsettia Pavilion. This event celebrates our city and working together

to create stronger and more fire-safe neighborhoods. The documentary by CAPS Media highlights how our community pitched in to help each other during the disaster. Please join us in the celebration. Hosted by the Ondulando Firewise Community. For more info, email: Ondulando.firewise@gmail.com

Dec. 6: The Ventura County Garden celebrates its 100th Year Season in 2024. The Club will hold its annual Holiday Potluck on Wednesday at St. Paul's Episcopal Church at 117 N. 7th St., Santa Paula. There will be Caroling, a White Elephant, Plant, and Gift Exchange, organized by President Marcia Heerema. We welcome new members. For more information, visit our website at www.venturagardenclub.com.

Dec. 9: Join us at Ventura Harbor at 6:30 p.m. for a festive Chanukah celebration! Witness our grand Menorah lighting and Havdalah ceremony under the stars. Enjoy an evening of arts and crafts, delicious donuts, and exciting dreidel games. Be captivated by the thrilling performance of a fire juggler! Pick up a menorah kit to extend your Chanukah festivities at home. For more details, visit chabadventura.com/hanukkah

Dec. 10: Light Up Downtown: Chanukah Concert & Festival Join us on Sunday for an evening filled with the spirit and joy of Hanukkah. California & Main St, Downtown Ventura, 4 - 6:30 p.m. Free Admission for all. For more details, visit lightupdowntown.info.

Dec. 12: The San Buenaventura Women's Club is holding a Holiday Tea on Tuesday. Doors will open at 11:30 a.m. at the Poinsettia Pavilion, 3451 Foothill Road. There is no charge to attend and enjoy tea and sandwiches. However, this is a fundraising event, so there will be a cookie sale, opportunity baskets, a wine pull, and a live auction. Cash, checks, and Zelle will be accepted. Reservations are required for members and non-members alike. Contact Terri Davis at (805)320-2702 to ensure seating. Holiday attire is encouraged. There will be entertainment, and you will make new friends!

Dec. 12: Ventura Audubon Society's December Program "It's Christmas Bird Count season!" Tuesday at 7 p.m. at the Poinsettia Pavilion and streaming via Zoom: For over 100 years, Audubon chapters from around the country have conducted an annual census of birds known as the Christmas Bird Count. We will also look at some local trends we've observed over the past 43 years. www.venturaaudubon.org/speakers.

Dec. 16: Group: Channel Islands PC User Group (CIPCUG) Saturday at 9:30 a.m. online and live at our temporary location in Ventura County Computers 2175 Goodyear Avenue, Unit 117 Ventura, CA 93003 (805) 289-3960 Discussion, Tutorial, and Q&A sessions centered around Computers, email, the Internet, AI, and social media brokers such as X, Facebook, and Google. All CIPCUG events may be attended online. Due to limited space, live attendance is reserved for members. Details for connecting to online events are emailed before the event. To receive connection instructions, please sign up on our website at www.cipcug.org

Christmas tree fundraiser

Sustainably forested silver-tip fir trees from Northern California will be available for pickup on Saturday, December 2 during "Christmas At The Farm" at Petty Ranch (11971 Darling Rd.) in Ventura. Proceeds from the Christmas tree fundraiser will help fund Students for Eco-Education and Agriculture (SEEAG) agriculture education and healthy eating programs for kids in Ventura County.

Trees are available from 8:00 a.m. to 1:00 p.m. on December 2 or can be delivered (\$75 delivery charge). Free hot cocoa and cookies will be served. Local vendors will be on hand at a pop-up holiday market.

The trees were donated by Rob Paulus, a retired Cal Fire Battalion Chief, and his family to support SEEAG and its ag-education efforts. Paulus has a 200-acre parcel of private land near the northern Sierra Nevada mountain range.

"By purchasing your Christmas tree from SEEAG you're supporting the education of thousands of students and improving the natural forest landscape, says Mary Maranville, SEEAG founder and CEO. "We thank Rob and his family for their wonderful donation."

Tree sizes are 6' to 9' (\$175) and 8' to 10' (\$225). SEEAG is a 501(c)3 nonprofit organization so all tree purchases are tax-deductible. All trees must be pre-ordered by going to <https://www.seeag.org/christmas-at-the-ranch>.

For questions about delivery, call 805-892-8155 or email info@seeag.org.

Founded in 2008, Students for Eco-Education and Agriculture (SEEAG) is a 501(c)3 nonprofit organization that aims to help young students understand the origins of their food by bridging the gap between agriculture and consumption through its agricultural education programming. SEEAG's "The Farm Lab" program teaches schoolchildren about the origins of their food and the importance of local farmland by providing schools with classroom agricultural education and free field trips to farms. Through this and other SEEAG programs, over 100,000 elementary school students in Central and Southern California have increased their understanding of the food journey. For more information, visit www.seeag.org or email Mary Maranville at mary@seeag.org.

39th Annual Memorial Program Light Up a Life

As the holiday season approaches, Livingston Memorial Visiting Nurse Association & Hospice is preparing to host its cherished "Light Up a Life" events. These events offer comfort and a unique opportunity to

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celebrate and remember loved ones who have passed away. As the dates draw near, the community is invited to join in these heartwarming gatherings. This year's "Light Up a Life" will take place at two beautiful locations:

Heritage Square, 715 South A Street, Oxnard Saturday, December 2nd from 4:30 pm - 5:30pm

Constitution Park, 1287 Paseo Camarillo, Camarillo Saturday, December 9th from 4:30 pm - 5:30pm

We invite everyone to attend these free events! It's a space for you to remember and celebrate the life of someone dear to you. The program includes readings, acts of remembrance, and the illumination of the Tree of Life.

You can dedicate a star in the name of your loved one with a

tax-deductible donation of \$25 or more. These stars will be featured in an online memory listing and in a special video tribute displayed at the events. Each contribution supports Livingston's vital hospice and bereavement programs in Ventura County. Stars can be reserved at www.lmvna.org/LightUpALife.

Since 1947, Livingston Memorial Visiting Nurse Association & Hospice has been providing home health, palliative care, hospice, non-medical home care, and grief and bereavement services to Ventura County residents. Committed to equitable and inclusive care, we ensure that all residents have access to essential services, regardless of their ability to pay. For more information about the "Light Up a Life" events or to learn more about our services, please visit www.lmvna.org

On Vacation – Barcelona, Spain



Priscilla Holmes and Rob Schleaf of Ventura display the Breeze to the unfinished Sagrada Familia, one of the seven wonders of the world in Barcelona, Spain.

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JOIN US SATURDAY, JANUARY 13, 2024

For a Live Event, Walk and Speakers' Panel
Columbus Hall, 36 S. Figueroa St. Mall, Ventura 93001
by Mission Park

TIME	SPEAKERS
1 PM Check In	Dr. Anthony Walls Medical Director, Healthcare for Justice
1:30 PM Walk	Alia Azariah Survivor, Safe House Project
2:30 PM Speakers' Panel	Det. Kellyn King Simi Valley PD, Major Crimes Department Sandy Esparza Survivor, Zoe International

Presented by:
Soroptimist International
of
Camarillo, Oxnard,
Ventura &
Channel Islands

For more information:
stoptraffickingventuracounty.org
Debbie Gohlke dgohlke805@gmail.com



Marcie Youtz is supporting homeless VUSD children.

They need help all year long

After learning how many students were experiencing homelessness in VUSD (over 400), Marcie Youtz approached the school district officials about accepting contributions to support the homeless children, she realized forming a 501c3 charity, 805 Community for Children was a necessary part of the process in order to have the donations be tax deductible for the contributors.

Marcie Youtz, Realtor, and lifelong Ventura Resident, is retiring from driving a school bus after 20 years of serving the kids of VUSD.

805 Community for Children provides not only much-needed essentials such as food, toiletries, showers,

and clean laundry to students in need, it also aims to imbue their lives with some sense of normalcy by also providing some of the “extras” so many of us take for granted. Birthday parties, Equine therapy, prom essentials, sports funding, and so much more. A student being funded to play sports in school has an amazing impact. The feeling of belonging to a team does incredible things for a child. The non profit often gets a few donations in November and December but the rest of the year, donations from the community are scarce. They need help all year long, not just the holidays. Please consider helping.

Please visit the website to donate www.805communityforchildren.com

Providing education to students experiencing homelessness in Ventura County

by Carol Leish, MA

The Homeless Education Program of the Ventura County Office of Education, according to Cathi Nye, MA, the County Coordinator, “support all 20 school districts and 12 charter schools in Ventura County. This is accomplished through providing technical assistance, support, and managing the grants.”

“Over 6,800 students have been identified to receive assistance in the program. That number includes children living in double households (more than one family sharing a single-family home), which is over 80% of who we serve. 10% of students that we serve are living in cars and RV’s and motels or hotels, or in a shelter or transitional housing. We do offer resources to

the local housing authority for families to get information needed to help their housing situations.”

Children and youth experiencing homelessness face unique challenges in accessing and succeeding in school. The McKinney-Vento Act’s Education for Homeless Children and Youth (EHCY) program, which passed in 1987, and Title 1 Part A, provide students experiencing homelessness with protections and services to ensure that they can enroll in and attend school, complete their high school education, and continue to higher education.

The ‘Every Student Succeeds Act of 2015’ (ESSA), strengthen and improves these programs and the education of over 1.3 million children and youth experiencing homelessness, from early childhood (HeadStart), through high school graduation. It makes sure that every student has access to a quality public education regardless of where they live, how they learn, or how much money their parents make.

Your child may be eligible for extra services at school. This would include: 1) Keeping your child in the last school he or she attended even if that school is in another district, since it is your decision to determine what is in your child’s best



Limon y Sal has announced on social media it will be re-opening as early as next month.



The space at Jimmy’s Slice has been rented and a new restaurant could open early next year.



Even though a sign at Nature’s Grill says “On vacation for the holidays,” this closing might be permanent.

Three iconic downtown restaurants (all on same Main St. block) have closed. Limon Y Sal, Jimmy’s Slice (Jimmy Wright died in June) and Nature’s Grill. The closing on Main to cars didn’t serve all restaurants (or other businesses) well.

Hopefully they (or new restaurants) will open again soon. The owners of Limon y Sal say they’ll reopen soon.

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interest and, 2) Providing free school meals. Two other services would be: 1) Identifying transportation needs and working with the parent/guardian to ensure that those needs are met would be another extra service provided and



Cathi Nye is the County Coordinator for the Homeless Education Program of the Ventura County Office of Education.

2) Providing school uniforms, supplies, and access to all school activities would be another service that your child may be eligible for.

“There is an annual event through United Way, ‘Stuff the Buss,’ which is a way to get needed backpacks and school supplies for the students in need,” according to Nye. “I also do a newsletter every other week. The one that I am currently working on focuses on how we can help brothers and sisters in the same home as the students already receiving services.”

“We just completed a coat drive. We are now looking for donated gift cards to give to students over the holidays, including kids in shelters. We will be grateful to receive gift cards up to \$25 each, especially for fast food restaurants, Target, and Walmart. In the Springtime of 2024, we will be putting together hygiene kits for students. By giving, you are supporting an important cause to improve situations for these students, especially during the holiday season.”

For further information, please go to: <https://www.vcoe.org/Special-Populations/Homeless-Education-Program>. Contact Cathi Nye, MA, at either: Cnye@vcoe.org or by calling: 805-437-1559.

Thank you for caring enough to make a change for the better for these students.



This was not your typical Thanksgiving feeding in a large warehouse .

Aloha Steakhouse - The Spirit of Thanksgiving

This past Thanksgiving, residents at Tender Life Maternity Home and The City Center Transitional Living, as well as some under-resourced families served by The River Community Church, were extremely blessed with a free Thanksgiving meal. This was not your typical Thanksgiving feeding in a large warehouse where everyone knows the people who are in need. No, this was a fine dining experience starting with making your own reservation and ending with your check being comped by the owners of the Aloha Steakhouse, Jim, Jose and Charnell.

Dining at a restaurant with a phone-in reservation and amidst the public provides a sense of dignity

to low-income residents or those in transitional living. It allows them to participate in a shared social experience, breaking down barriers and fostering a sense of inclusivity. This contrasts with a special dinner, emphasizing equality and the importance of shared spaces in promoting a sense of community.

Aloha Steakhouse in Ventura has become a true blessing to the community by generously offering over 150 free meals to residents at transitional living facilities and the underserved population the week of Thanksgiving. Their commitment to serving not only delicious food but also fostering a sense of community and support demonstrates the positive impact

RIDE READY

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FREE TREK BIKE RAFFLE

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- How to safely ride with traffic
- Emergency maneuvers
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Ventura 93003

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BikeVentura
REGISTER ON-LINE

SATURDAY
DEC 16
9am-1pm

SATURDAY
JAN 27
9am-1pm

SATURDAY
FEB 24
9am-1pm

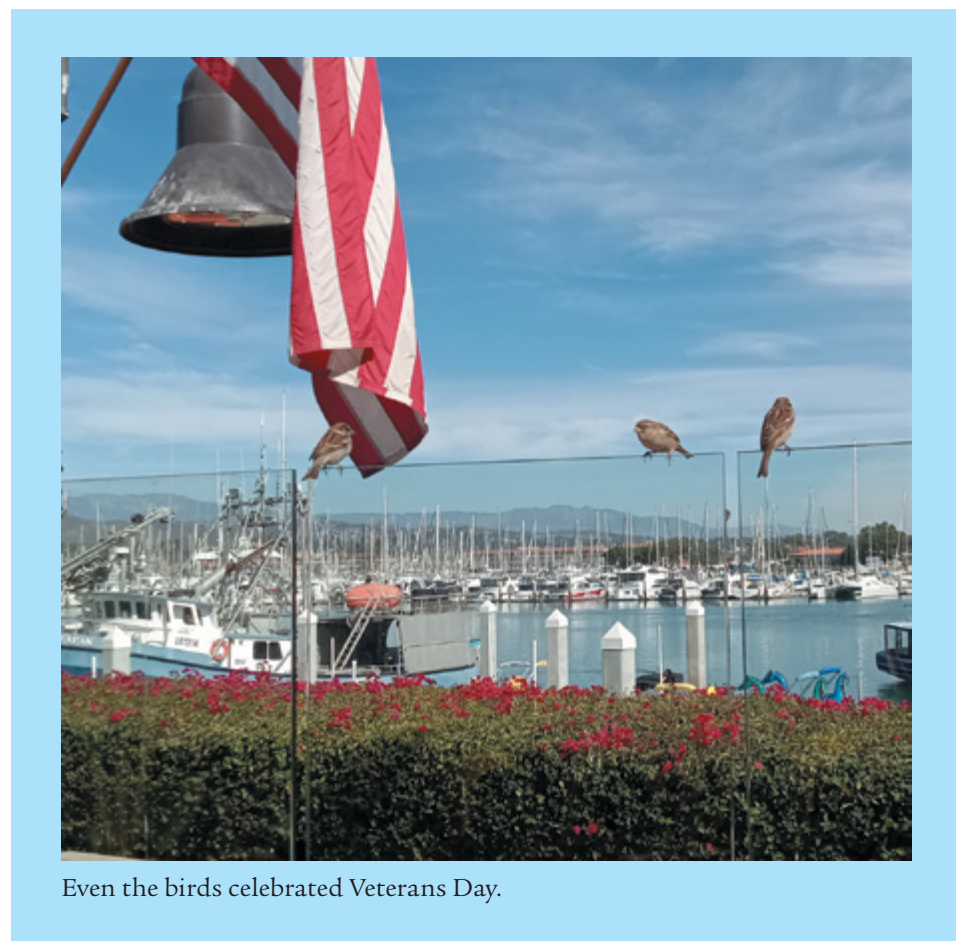
www.bikeventura.org/events

businesses can have on those in need. This initiative showcases the restaurant's dedication to making a meaningful difference in the lives of others, embodying the spirit of aloha beyond its culinary offerings.

“Our heart goes out to families in need, and we wanted to bless them with a wonderful meal that they could enjoy together. It fills our heart with joy to see these beautiful children enjoying their food as they dine in our restaurant. We know that these families are working hard to get back on their feet, so

we wanted to reward them for their efforts,” says Charnell Smith, one of the owners of Aloha Steakhouse.

“Aloha Steakhouse has been blessing the community for years and I am so grateful for their generosity. The families being served do not currently have the resources to take their children out to a restaurant, let alone a fine quality steakhouse. So, this is truly a gift for each and every one of them”, says Jim Duran, Executive Director of The City Center, Tender Life and Pastor of The River Community Church.



Even the birds celebrated Veterans Day.



by Pam Baumgardner
VenturaRocks.com

There are a number of events lined up to get you into the holiday swing of things if Thanksgiving didn't already do that. Let's start with the Ventura Winter Wine Walk and Holiday Street Fair where at the corner of California and Main live music will abound with dancing in the street along with a "snowfall" which delights all attendees young and old. The street fair runs all day and is free to the public, but in order to participate in the wine walk, tickets should be purchased in advance as this one could sell out. Keep in mind all venues are open to the public at all times.

Then there is the 25th annual 4Kids 2Kids Toy Drive which will be held on Sunday afternoon, December 3, at Cantara Cellars in Camarillo with a stellar lineup including appearances from Nick St. Nicholas (Steppenwolf), Shawn Jones, Milo Sledge, RJ Mischo, Debbie Davies, Ray Jaurique Big Band, the Vonettes, Debbie Davies Steve and Sally Williams and more. The cost of admission is \$10 and one unwrapped toy.

Doc the Halls, Holiday Blues at Namba is Saturday December 9 with electrifying blues tunes and soulful melodies which will include performances from Mint Dolphin, the Sea Hunters, Brasscals, Tom Collins, and the All-Star Blues Band featuring Fito De la Parra (Canned Heat), RJ Mischo, Rick Holstrum, and Hank Van Sykle...oh! And of course, the man himself, Doc Ventura!

The Majestic Ventura Theater's 10th annual Holiday Sing-a-Long featuring Disney and holiday songs will be held on Sunday, December 10 from 3:30 - 6:30 pm with the price of admission as one new unwrapped toy per group.

And you may want to continue your celebration of Hanukkah this year on Sunday, December 10, with your family and friends downtown at California and Main from 4 - 6:30 pm where a night full of unity, light and community awaits along with live music from Cedars of Lebanon. This free event also includes dreidel fun and games, face painting and other activities for the kids along with a candle lighting ceremony.

Non-holiday type events include a night with Willie Porter who will perform at Namba on Sunday, December 3 (He will have performed the night before at the legendary McCabe's Guitar Shop in Santa Monica). Porter is an American rock musician singer/songwriter who was inducted into the Wisconsin Area Music Industry Hall of Fame earlier this year. He's currently touring in support of his 13th release, The Ravine.

On the same night, an amazing singer/songwriter, Sara Lee Guthrie performs at the new space at the Ojai Underground. If Guthrie sounds familiar, well it should! She is daughter to Arlo Guthrie and granddaughter of Woody Guthrie and she's been out on tour wrapping up the year with this date in Ojai.

Quick Notes: there's a West Coast

Jazz Jam at Copa Cubana on Thursday, November 30; the rescheduled Brit Floyd, 50 Years of Dark Side of the Moon is Friday, December 1 at the Ventura Theater; Birdbrain, Bonnie Boy and Duncan and the Dragonslayers play early evening sets at Bombay's on Saturday, December 2; The Struts play Ventura Music Hall on Tuesday, December 5; after recently opening for Yachtley Crew at the Ventura Theater, Casual Business will play Topa Topa Brewing (Downtown, Thompson Blvd. location) on Saturday, December 9; and Margarita Villa will be taking a winter hiatus from live music after the Sunday, December 3 performance from Déjà vu Three.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more listings, additional times and genres go to VenturaRocks.com

Aqua Beachfront Bar (Crowne Plaza)

450 E. Harbor Blvd., Ventura

Wednesdays: Déjà vu Too

Bellringer Brewing

472 E. Main St., Ventura

Fri 12/8: Katie Leigh

Boatyard Pub

1583 Spinnaker Dr., Ventura

Music 6-9; except Sundays 4-7

Tuesdays: Noah Thoresen

Wednesdays: Frank Barajas

Thursdays: Jim Friery (4 pm);

Bluegrass Jam (6:30 pm)

Fri 12/1: Teresa Russell & Stephen

Geyer

Sat 12/2: Epitome of Dreams

Fri 12/8: Karen Eden & the Bad

Apples

Sat 12/9: Flattop Tom

Bombay Bar and Grill

143 S. California St., Ventura

Wednesdays: Blues Night

Sat 12/2: Duncan and the Dragon-

slayers, Birdbrain, Bonnie Boy

Sun 12/3: The Trivle Omdobble

Café Fiore

66 S. California St., Ventura

Tues 12/12: Open Mic and Jam

Cantara Cellars

126 N. Wood Rd., Camarillo

Fri 12/1: Katie Shorey

Sat 12/2: Boys of Summer

Sun 12/3: Milo Sledge, Shawn

Jones, RJ Mischo, Steve and Sally

Williams...

Fri 12/8: Brandon Ragan Project

Sat 12/9: Bad Habit

The Cave

4435 McGrath St., Ventura

Wed & Thurs: Bobby Apostol

Fri & Sat: Warren Takahashi

Copa Cubana

Ventura Harbor Village

Tuesdays: Blues Tuesdays

Thurs 11/30: West Coast Jazz Jam

Copper Blues

591 Collection Blvd., Oxnard

Sat 12/2: Bonfire

Deer Lodge

2261 Maricopa Hwy., Ojai

Fri 12/1: Marty O'Reilly

Fri 12/8: Hard Shine

Sat 12/9: Karly Hartzman & MJ

Lenderman

Downtown Stage

California & Main Streets,

Ventura

Sun 12/10: Cedars of Lebanon

Enegren Brewing Co.

444 Zachary St., Moorpark

Fri 12/8: Vanise Terry Band

Feros Ferio Winery

310 E. Ojai Ave., Ojai

Sat 12/2: Dianne Miller

Sun 12/3: Ashford Gordon & Eric

Monteith

Four Brix

2290 Eastman Ave., Ventura

Fri 12/1: Ignition

Sun 12/3: Music with Stu

Sun 12/10: Cary Park

Garage

1091 Scandia Ave., Ventura

Fri 12/1: Robert Heft Band

Sat 12/9: Neon Blonde

The Grape

2733 E. Main St., Ventura

Tues: The Gratitude Jazz Jam

Thurs 12/30: Dan Barrett & Friends

feat. Robert Kyle

Fri 8/1: Josh Brown Sextet

Sat 8/2: The Sure Fire Soul Ensemble

Wed 12/6: Jim Fox Guitar Hang

Thurs 12/7: SicNarf

Fri 12/8: Plotz!

Sat 12/9: RJ Mischo (2 pm); Ernie

Watts & Janis Mann (8 pm)

Keynote Lounge

10245 Telephone Rd., Ventura

Thursdays: Open Mic

Leashless Brewing

585 E. Thompson Blvd., Ventura

Thurs 11/30: Mike Beers

Fri 12/1: Devin Morrison and Family

Sat 12/2: Soul Majestic (2 pm); Brian

D'Tremont (7 pm)

Sun 12/3: Shay Moulder

Thurs 12/7: Jacob Marquez

Fri 12/8: Maclovia

Sat 12/9: Heavy Rotation (2 pm);

Boom Duo (7 pm)

Sun 12/10: Heartbreak over Petty

Majestic Ventura Theater

26 S. Chestnut St., Ventura

Fri 12/1: Brit Floyd 50 Years of Dark

Side of the Moon

Sat 12/2: Nekromantix

Wed 12/6: Me First and the Gimme

Gimmes

Sun 12/10: 10th Annual Holiday

Sing-a-Long

Manhattan

5800 Santa Rosa Rd., Camarillo

Wed 11/29: Tom McMorran

Thurs 11/30: Tom McMorran

Margarita Villa

1567 Spinnaker Dr., Ventura

Sun 12/3: Déjà vu Thre

Moofish Café (inside Crowne Plaza)

450 E. Harbor Blvd., Ventura

Thurs 12/7: Seth Andre Oster &

Michael Velasquez

Mrs. Olson's

2800 Harbor Blvd., Oxnard

Sun 12/3: Teresa Russell

Sat 12/9: Ska Daddyz, Rising Son,

Borderline, Teresa Russell

Namba Arts

47 S. Oak St., Ventura

Sun 12/3: Willie Porter

Sat 12/9: Doc the Halls

Sun 12/10: Listening room Redux

Open Mic

The Ojai Pub

914 E. Ojai Ave., Ojai

Fri 12/1: Quinn Davis

Ojai Underground Exchange

616 Pearl St., Ojai

Fri 12/1: Miss Emily

Sun 12/3: Sara Lee Guthrie

Sat 12/3: Dan Navarro & Waldo Bliss

Orozoco's de Ventura

839 E. Front St., Ventura

Fridays: Soul 4 II

Poinsettia Pavilion

3451 Foothill Rd., Ventura

Sun 12/3: Old-Time Country

Bluegrass Gospel Music Assoc.

Poseidon Brewing Co.

5777 Olivas Park Dr., Ventura

Sat 12/2: Cary Park

Fri 12/8: CocoKnots

Prime Steakhouse & Wine Bar

2209 E. Thompson Blvd., Ventura

Tuesdays: Danny D

The Raven Tavern

1651 S. Victoria Ave., Oxnard

Fri & Sat 7 pm; Sunday 2 pm

Fri 12/8: Looking West

Ric's Restaurant Sports Lounge

2500 Las Posas Rd., Camarillo

Tuesdays: Tour Support w/ Kurt &

Bob

Rocks & Drams

14 S. California St., Ventura

Wednesdays: Katie Leigh

The Six

419 E. Main St., Ventura

Monday's: Big Stuuuu's Open Mic

Strey Cellars

951 N. Rice Ave., Oxnard

Sun 12/3: Doc Rogers Band

Sun 12/10: Vinyl Gypsies

Taqueria Jalisco

4275 Tierra Rejada Rd.,

Moorpark

Tuesdays & Fridays: Jim Friery

Topa Topa Brewing

4880 Colt St., Ventura

Tues 12/12: Friendly Jam

Topa Topa Downtown

104 E. Thompson Blvd., Ventura

Sat 12/9: Casual Business

The Twist on Main

454 E. Main St., Ventura

Fri 12/1: Jacob Marquez (5:30 pm)

Vaquero y Mar

435 E. Thompson Blvd., Ventura

Sundays: Mariachi

Tuesdays: The Sea Hunter, Lowered

Expectations

Wednesdays: Tribal Me

Fri 11/17: Conjunto Zacamandu

Ventura Music Hall

1888 E. Thompson Blvd., Ventura

Thurs 11/30: Steely Dead

Fri 12/1: Ray and Paul, Jacklen Ro,

Field Daze, Dudley

Tues 12/5: The Struts

Fri 12/8: Los Yesterdays

Sat 12/9: Through the Roots

Mon 12/11: Cannons

Waterside

3500 Harbor Blvd., Oxnard

Sat 12/9: Guy Thomas & Dave

Blanchard

Sun 12/10: Teresa Russell

Winchesters

632 E. Main St., Ventura

Music Thurs 5:30; Fri 7 pm; Sat 3

pm; Sun 3 pm

Thurs 11/30: Adam & Sam

Fri 12/1: Blown Over

Sat 12/2: Teresa Russell

Sun 12/3: Medicine Hat

Thurs 12/7: Frank Barajas

Fri 12/8: Heft & Wilson

Sat 12/9: Mark Masson Jam Grass

Experience

Sun 12/10: Vanise Terry Band

1901 Speakeasy

740 S. B Street, Oxnard

Thurs 11/30: D.on Darox



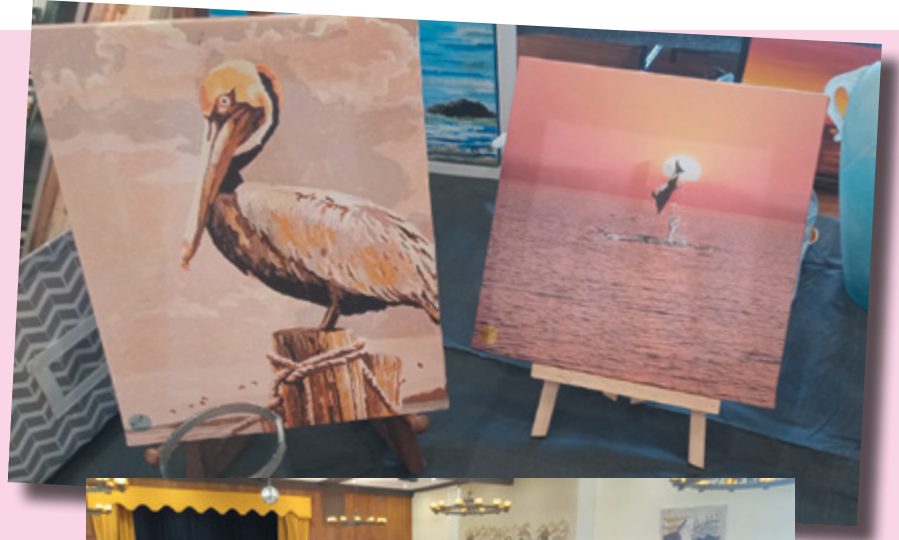
At Studio 99 @ The Bell Arts Factory
 Our Solo Artists:
 Endless Energy - **Maxine Apke**
 Ebb & Flow - **Darlene Roker**
 Plus new works from New Members
 Exhibit Runs until December 23, 2023

A BAA member since 2013, **Darlene Roker** has had prior solo shows in BAA venues, showing the work from her many years in fine art photography.

Her title choice describes her painting habits, said Roker, who lives in Ventura. "My painting times follow the ebb and flow of my busy life. When I'm busy with other activities, I spend time thinking about images to paint. When life slows down, I put those images on canvas."

The City of Port Hueneme, in collaboration with the Oxnard Performing Arts Center Corporation (OPAC) and the Ventura County Library, is pleased to announce a Call for Artists and Request for Qualifications for the development of a new mural at the Ray D. Prueter Library located at 510 Park Ave in Port Hueneme.

Artists and artist teams based in Ventura, Santa Barbara, and Los Angeles Counties are invited to submit qualifications to be considered for the mural project. Mural themes may include natural environment, local history, and community, and should be engaging and inclusive. The dimensions for the two walls to be considered for the artwork are approximately 19' high x 43' wide (facing the parking lot), and 15' high x 19' wide (facing Park Ave). A Technical Assistance Workshop will be held on Saturday, December 16th from 1-2:30 pm at the Ray D. Prueter Library. Applications are due by December 31, 2023. Project details and application requirements can be found at theopac.org/mural.



On Sunday, November 12, the Ventura Marina Community presented Art in the Marina. It was a huge success with over a hundred artists represented from throughout Southern California. Art from water colors, oil, ceramics, wood carvings and many more art forms were on display.

Ventura Art Scene



Topa Topa Bluffs as seen from Taft Nature Preserve by Alexandra Nicklin

Last Natural History Walk of 2023 with Lanny Kaufer

Ojai author-naturalist Lanny Kaufer will lead the last of this year's monthly Natural History Walks at Taft Gardens and Nature Preserve on Saturday, December 2, from 10:00 a.m. to 12:00 p.m. His group will explore trails through the wild parts of the property, identify and discuss native plants, and observe birds and animal tracks in the context of local ecology.

This event is a perfect fit with Kaufer's mission to open a space for people to connect with the natural world, starting with the plant kingdom. The diversity of plant communities and native species make Taft Nature Preserve the ideal place. Taft Gardens & Nature Preserve was

featured in an L. A. Times article on "The 16 Most Beautiful and Inviting Public Gardens in Southern California." And it recently was included in the RedBook Magazine list of "The 12 Most Beautiful Botanical Gardens in the United States."

Kaufer will have his mobile bookshop onsite after the walk, including his book, *Medicinal Herbs of California*, and Milt McAuley's classic *Wildflowers of the Santa Monica Mountains*, which features every plant the group will see.

The \$35 cost includes a \$10 donation to benefit the Conservation Endowment Fund (CEF), the non-profit steward of Taft Gardens & Nature Preserve. The donation portion

of the fee is tax-deductible. This walk is presented by the CEF. They are handling all registrations. To register for the event, please visit <https://www.taftgardens.org/events/>, email taftgardensvisitors@gmail.com, or call (805) 649-2333.

Registrants will receive an email from CEF with detailed directions. Please do not try to find the venue by using other maps or GPS. Allow plenty of time to find the venue and to make your way up the miles-long driveway.

Lanny Kaufer has been leading herb walks and nature hikes, as well as foraging and medicinal plant workshops, since 1976, focusing on ethnobotany, the academic term for the human uses of plants. His website is at HerbWalks.com. He is the author of *Medicinal Herbs of California*, published by Falcon Guides in December of 2021 and now in its third printing. Kaufer is the founder and director of the Ojai Herbal Symposium, recently held at Krotona Hall on November 11-12, 2023.

Register at <https://www.taftgardens.org/events/> or email taftgardensvisitors@gmail.com or call (805) 649-2333.

Lanny Kaufer
 805-646-6281 office
 805-797-2072 cell
lanny@herbwalks.com
 Author, *Medicinal Herbs of California*
 Founder/Director,
 Ojai Herbal Symposium
 "In every walk with Nature one receives far more than he seeks." John Muir
 "Look deep into nature and then you will understand everything better."
 - Albert Einstein
 "Walking is a man's best medicine."
 - Hippocrates

Ojai in the news

Ojai offers an enticing array of outdoor activities including golf, tennis, bicycling, camping, fishing, horseback riding, and hiking in Southern California.

The Ojai Valley Land Conservancy offers dozens of miles of trails for hikers, mountain bikers, and equestrians, all centrally located near downtown. Nearby Los Padres National Forest presents opportunities for hiking, climbing, camping, fishing and swimming.

Home to The Ojai, the oldest amateur tennis event of its kind in the United States, Ojai was recently named one of the best tennis towns in the United States. Enjoy a match or two at the Libbey Park tennis courts.

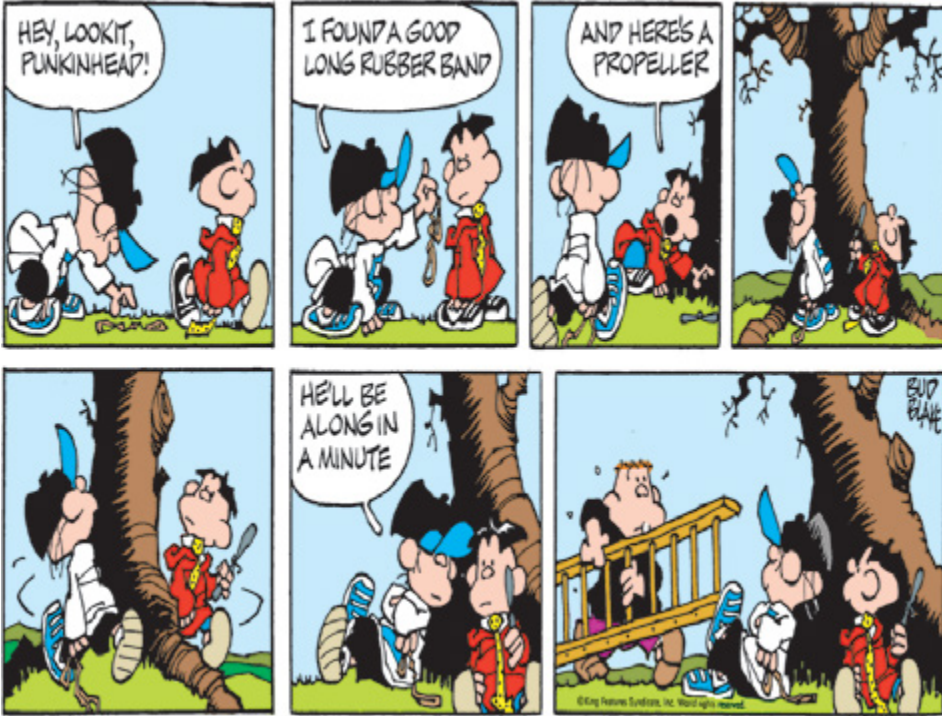
With beautiful weather year-round, it is no surprise that we are a golfer's paradise. Visitors can tee off at either of the two Ojai golf courses at Ojai Valley Inn & Spa or Soule Park Golf Course.

A trip to Ojai wouldn't be complete without a visit to Lake Casitas, where boating, fishing, camping, kayaking, and picnicking are popular pastimes. Just three miles from the town's center, Lake Casitas was the site of the 1984 Olympics' canoeing and rowing events! Ojai Angler provides private guided fishing trips. While swimming is prohibited in the Lake, the Casitas Water Adventure features waterfalls, slides, a lagoon and lazy river for summer family fun.



Lighter Breeze

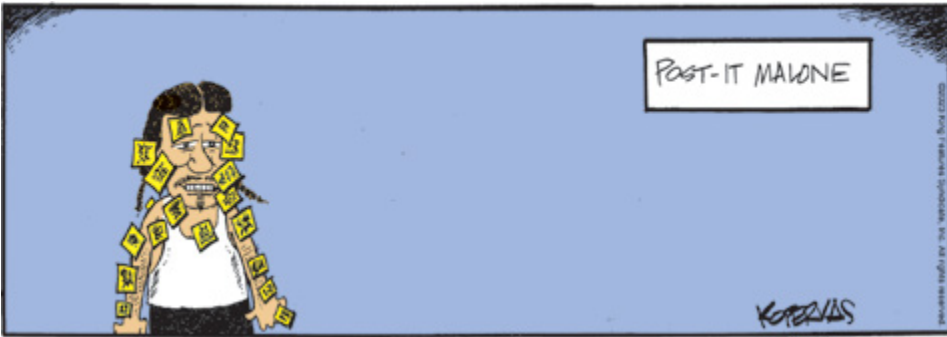
Tiger



The Spats



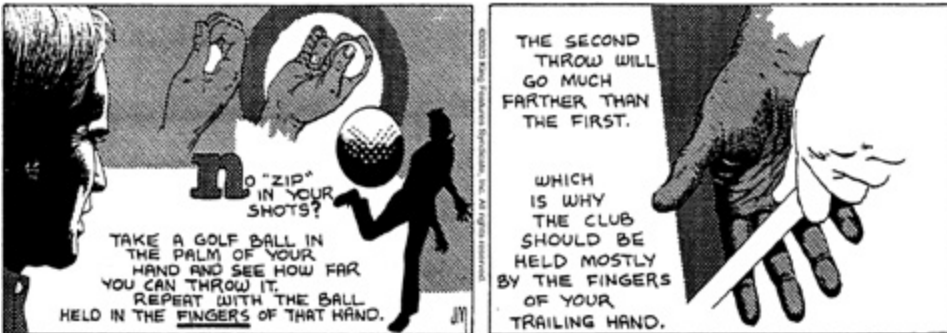
Out on a Limb



Amber Waves



Play better golf with Jack Nicklaus



Solutions on page 15

(For a beginners guide to playing Sudoku go to venturabreeze.com)

	2			5				3
6			7					5
4		1		2		9		
	9			7		6		
		5			3	2		8
2			9					7
	8			6		7		
		2			9			1
5			4	3				9

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row, across, each column down and each small 3-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

Solutions on page 15

King Crossword

ACROSS

- 1 Squid squirt
- 4 Beloved
- 8 'Ditto'
- 12 'The Simpsons' barkeep
- 13 Killer whale
- 14 Director Kazan
- 15 Get older
- 16 Feel elated
- 18 Two-dot punctuation mark
- 20 Triage ctrs.
- 21 Calendar entry (Abbr.)
- 24 Smiles broadly
- 28 Flight costs
- 32 'Phooey!'
- 33 Hosp. area
- 34 Rich cake
- 36 Quarterback Manning
- 37 Arrears
- 39 NPR show hosted by Terry Gross
- 41 Thoreau piece
- 43 Gym site, for short
- 44 Promptly
- 46 Film trophy
- 50 Rock fan's imaginary instrument
- 55 Employ

1	2	3		4	5	6	7		8	9	10	11	
12				13					14				
15				16				17					
18			19				20						
			21		22	23		24		25	26	27	
28	29	30					31		32				
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37			38						39		40		
41				42			43						
				44		45			46		47	48	49
50	51	52					53	54			55		
56							57				58		
59							60					61	

- 7 Yard tool
- 8 Had a hunch
- 9 Carte lead-in
- 10 Roman 1002
- 11 Corn spike
- 17 Sphere
- 19 Klutz
- 22 Campus VIP
- 23 Towel material
- 25 Vicinity
- 26 Niger's neighbor
- 27 Swizzle
- 28 Staffer
- 29 Frozen desserts
- 30 Abrades
- 31 Goblet feature
- 35 Prom dates
- 38 Snarl
- 40 Owns
- 42 One of us
- 45 Trace
- 47 Rubik's baffler
- 48 "Dream on!"
- 49 Monopoly payment
- 50 Bonfire residue
- 51 Debtor's note
- 52 Bad hairpiece
- 53 Overly
- 54 Illustrations

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WITH THE CONTINUED SUPPORT OF OUR ADVERTISERS, DONORS AND READERS, WE CONTINUE TO BRING LOCAL NEWS AND INFORMATION TO VENTURA (NOW IN OUR 14TH YEAR). THE COVID PANDEMIC HAS AFFECTED ALL SMALL BUSINESSES, AND LOCAL NEWSPAPERS HAVE BEEN DEEPLY IMPACTED AS WELL AS THEY ARE SOLELY DEPENDENT ON ADVERTISING REVENUE. WE CONTINUE TO ASK OUR LOYAL READERS TO HELP SUPPORT THE BREEZE. WE LOOK FORWARD TO CONTINUING OUR MISSION OF BRINGING YOU THE INFORMATION IMPACTING VENTURA.

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VENTURA BREEZE, PO BOX 832, VENTURA 93002

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AMOUNT _____

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DO YOU WANT TO BE LISTED AS A DONOR? YES ___ NO ___

THANK YOU FOR SUPPORTING THE VENTURA BREEZE!

Show Time

A View from House Seats

Fly the Friendly Skies at Conejo

by Shirley Lorraine

The Conejo Players in Thousand Oaks winds up their season with a fun-filled, jazzy, sexy, high-stepping musical in *Catch Me If You Can* now running through December 3. Remember the popular and surprising memoir by the same name from the 1980's? This is the mostly true story of Frank Abagnale, Jr. who, before he was 21, successfully reinvented himself numerous times all to his own personal advantage. Assuming personas of a Pan Am pilot, a doctor, a lawyer and others gave him the opportunity to travel the world in style.

The story is as unbelievable as it is true. The musical version

takes a few liberties that differ from the book. When arrested at Miami airport, Frank Jr. (Ezra Ells) implores the FBI agent, Carl Hanratty (Mark Lopez) to allow him to tell his version of the story to the audience. Thus, the show begins.

Young Frank Jr. easily followed in his father's footsteps. As Sr. states "people only know what you tell them", a line Jr. builds his career on. We learn how it all started and some of where these impersonations took him. We learn of AFBI gent Hanratty's dogged determination to find this brilliant young man with the ability to disappear easily. Ulti-

mately though, Jr. tires of the high life, falls in love and decides to end his jet-setting ways.

Abagnale is at last captured and incarcerated for his admittedly brilliant crime spree. In a true twist of fate, upon his release he was then offered a job with the FBI. Due to his extensive knowledge of cheating, cons and banking, he became a special consultant and has since written several books on how to spot cheats.

Dizzily packed with production numbers featuring a bevy of beauties in revealing outfits, the first act pulsated with excitement. Choreographer/Director Miriam Durrie-Kirsch kept the action at a lively level, incorporating tap numbers with go-go, with waltzing. Fun to watch and well executed. Superb costuming by Beth Eslick made it easy to sit in a way-back machine and relive the 1960's. A superbly appointed movable set allows for maximum

use and flexibility.

The leading roles are all solid. Ells gives it his all as young Abagnale, singing, dancing and making eyes at all the ladies. Lopez shines in the second act with several of his songs. One duet with Frank Sr. is a standout. The second act delves into more story and character songs than chorus numbers, so I found the lyrics much easier to understand and appreciate.

Devery Holmes as mother Paula and Jim Holmes as Father Frank Sr., as well as Lauren Brown as Brenda, portray their roles with class and clarity, a welcome contrast to the action of the big production numbers.

Catch Me if You Can, the musical, is a nostalgic nod to musicals of earlier years - fun, upbeat, silly, full of characters and lots of dancing. Quite a spirited evening.

www.conejoplayers.org /805-495-3715. Closes December 3.

Streaming Spotlight by Cindy Summers



Bye Bye Barry

- Prime Video



Breeze rating from 1 to 4 palm trees, 4 being best.

The day that Barry Sanders was supposed to show up for training camp in 1999 he sent a fax to announce his retirement and refused to speak to the press or any management. At the height of his career he just walked away, when at the time considered the best running back ever to play the game and on the verge of breaking every record there was for his position. For those who truly knew Barry, this was just the quiet way he always went about doing things throughout his life.

Barry was a Heisman trophy winner from Oklahoma State, drafted in Round One of 1989 NFL Draft to the Detroit Lions. After the draft Barry just disappeared and didn't seem to want to be in the

spotlight. In his first interview he explain he wasn't a shy person but he felt that people in his situation were not respected by the press. Barry expressed that the press needed to respect his judgment and the way he was as a person because every individual was different and he was aware of people in the NFL who didn't really care to deal with the press.

Barry's first few seasons under head coach Wayne Fontes were winning seasons, but never reached the playoffs or superbowl. In 1997 Barry was working with a new coach in his ninth year in the NFL and by the end of the season was set to break the record of over 2000 yards rushing in a season as a running back (only two other players in the history of the NFL). The Lions last game of the season was against the Jets and they needed to win the game to get into the playoffs.

In the first half Barry was only able to get 20 yards, but took off in the second half and in the middle of the game the ref handed the game ball to Barry to let him know he had the 2000 yard rushing record. Barry humbly shook the ref's hand and just quietly went over to the sideline and tossed the ball to his father. One of Barry's teammates Herman Moore asked for his shoes, asking him to sign and date it and still has those shoes to this day.

The Lions also beat the Jets, though Barry's teammate Reggie Brown was injured and paralyzed, similar to what happened to his other teammate Mike Uttley in 1991. Shortly after Barry mentioned thinking about quitting football to one of his childhood friends due to the dangers involved and the grind. In 1998 Barry began to lose his drive and passion due to a losing season for the Lions and many of the other Lions players going to other better teams. Unknown to anyone else, Barry had decided to quit football.

In 1999, Barry Sanders boarded a plane to London the day the Lions were starting training camp after sending a fax to announce his formal retirement from football. Barry chose London having been there before and feeling it would be

a good place to get away from all the craziness that was happening back in the US. Barry called to tell his mom, though his father was very angry thinking that Barry threw everything away.

Shocking the world, Barry faxed a statement to his local paper that his desire to be out of the game was greater than his desire to remain. If he played another season he would beat Walter Payton's rushing record, but Barry was never one to

care about records. Today Barry would say that the main reason was losing the drive to continue as his heart just wasn't in it anymore.

In 2004, Barry Sanders was inducted into the NFL Hall of Fame, thanking his father for all his support. Barry's father passed away from cancer in 2011, and Barry continued to live in Detroit and became a beloved member of the city.

Runtime: 1h 33m

RING OF FIRE:

THE MUSIC OF JOHNNY CASH



CREATED BY
RICHARD MALTBY, JR.

CONCEIVED BY
WILLIAM MEADE

DIRECTED BY
RANDY REDD

NOVEMBER 30-DECEMBER 17

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On November 27, at 7:45am, Ventura fire units were dispatched to a reported garage fire with extension into the residence in the 1600 Block of Ventura Ave. Firefighters arrived within 4 minutes of dispatch and found a single story/multi family home with heavy fire and smoke showing from the garage and the attached homes. The Santa Ana winds played a critical role in the rapid spread of the fire into the structures and immediately threatened multiple homes and vehicles directly adjacent. Firefighters extinguished the fire with a coordinated effort of vertical and horizontal ventilation to keep the fire from spreading throughout the structures. The fire was controlled 30 minutes after initial dispatch, and the house was confirmed to have no victims inside. In order to control the incident, Ventura City Fire units were assisted by: Ventura Police Department, Oxnard Fire Department, American Medical Response, as well as Ventura County Fire Department.



Girl Scouts of California's Central Coast serves over 8,800 girls across six counties.

**Girl Scouts Presents
Continued from page 1**

please visit gswinterwonderland.com or contact shelmuth@girlscoutscoc.org for more information.

Girl Scouts of California's Central Coast serves over 8,800 girls across six counties and is committed to making the Girl Scout Leadership Experience available to girls in ways that impact their lives both in the moment and into the future. Girls participate in troops,

individual projects, council events, day camps, resident camps and more. A variety of leadership, outdoor skills, and Science, Technology, Engineering, and Math (STEM) based programs and events provide girls with opportunities to learn and explore in fun and informative ways. To join or volunteer in Santa Cruz, San Benito, Monterey, San Luis Obispo, Santa Barbara or Ventura County, visit: <http://www.girlscoutscoc.org>.