Your Hometown Paper

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Online workshops to help with the application process are offered at VC.

Ventura College Foundation is now accepting scholarship applications

The Ventura College Foundation is now accepting scholarship applications for the 2024-25 school year. The deadline for application submissions is January 21, 2024.

Students currently enrolled at Ventura College in the 2023-2024 academic year and who have completed at least six units by the end of the Fall 2023 semester, are eligible to apply. Units earned in previous semesters at Ventura College count towards the unit requirement.

"Beginning last year, we reduced the scholarship eligibility requirement from twelve to six units to make the application process more inclusive for part-time students," says Anne Paul King, Ventura College Foundation executive director. "With work and family commitments, it's often difficult to attend full-time."

Over 400 scholarships totaling more than \$600,000 will be awarded, many for specific majors including environmental science, computer sciences, health care, nursing, business and education. Phoenix scholarships are exclusively for re-entering students, including active military and veterans, who have taken time off and are now returning to college to continue their education. By completing one application, students are eligible for multiple scholarships. Scholarship amounts range from an average of \$2,400 for continuing students to an average of \$3,500 for students transferring to

Continued on page 16



Paddlers grabbed witches hats, striped socks, dogs and capes and jumped on a paddle board to ride with local witches on the waterfront through beautiful Ventura Harbor in annual Ride of the Ventura Harbor Witches!

The perfect way to get in the Halloween spirit!

Photos by Patricia Schallert and Mike Laban.





Celebrate the holidays at the Ventura Townehouse December 9th 5 to 8 pm

VENTURA TOWNEHOUSE

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Member, Ventura Chamber of Commerce

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As you get older, three things happen. The first is your memory goes, and I can't remember the other two.

- Sir Norman Wisdom

City News

City of Ventura to host Housing Forum

The Housing Services Division of the City of Ventura will be hosting its next housing forum on Wednesday, November 15, from 6:30 to 8:30 p.m. at the Juanamaria Elementary School, located at 100 S Crocker Ave, Ventura.

The forum will cover a wide range of topics, including landlord and tenant rights, affordable housing development, housing choice vouchers, paths to homeownership, and homelessness. As housing costs continue to rise in the community, it is essential for individuals and families to be aware of the resources available to them.

Presenters at the event will include the Central Coast Alliance United for A Sustainable Economy (CAUSE), Housing Rights Center, Ventura County Community Development Corporation (VCCDC), Housing Authority of the City of Ventura, People's Self-Help Housing and US Vets.

The VCCDC will discuss paths to homeownership and down-payment assistance programs for first-time homebuyers. The City's Housing Services Division will also provide information about the programs and objectives outlined in the City's Housing Element,

a plan that was recently certified by the California Department of Housing and Community Development.

"We're thrilled to host our upcoming forum in the East side community, catering to the residential needs of our local residents by offering vital insights into housing resources and affordable programs," expressed Leona Rollins, the Housing Service Manager. "It's crucial that both individuals and families are well-informed about the resources at their disposal and have a clear understanding of their rights as renters and homeowners."

This event is free and open to anyone interested. Visit https://bit.ly/49bZXck to register to attend and presummit your questions.

To learn more about affordable housing programs and resources for Ventura residents, visit www.cityofventura.ca.gov/HousingServices.

Ventura in the news

Outdoor dining areas have become prevalent along Main Street in downtown Ventura as portions of the street remain closed to cars. The closure of Main St. in downtown to cars is scheduled to end in June 2024. But council members, the general public and some business owners have very different ideas if it

should stay closed.

The closing called Main Street Moves, goes from the San Buenaventura Mission to Fir St. and one block of California St.

Some business owners say it has really helped their business and others say it has really hurt them. The public is also very divided. Some love the outdoor seating that most restaurants now have but others say they just can't walk through downtown and want parking back in front of the stores.

Further action will be coming from the council.

The San Buenaventura Conservancy is moving forward with a desire to add Ventura's former Washington School to the National Register of Historic Places. Consultants have determined the century old school meets the requirements for eligibility.

The site, at 96 MacMillan Ave., was recently home to Ventura County Christian School which was closed. Conservancy chair Stephen Schafer stated that the group is increasing fundraising efforts as it formulates a formal application.

Don't trash it, smash it! Sustainably dispose of your pumpkins and have fun with the whole family. Join this year's Pumpkin Smash & Compost Party on Sunday, November 5, from 10:00 a.m. until 1:00 p.m. at the Cornucopia Gardens, located off Telephone Road

Continued on page 16

As I See It by Sheldon Brown

Oxnard College is joining Ventura and Moorpark community colleges to add bachelor's degree programs. The community college received provisional approval on Oct. 13 from the California Community College Chancellor's office to offer its first bachelor's program in dental hygiene.

Ventura College got approval from the state community college board in May to offer a bachelor's degree in automotive career education starting in

I think this is a great idea to offer degrees in specific limited subjects that lead to a business career. Attending universities with 20,000 plus students is overwhelming for many high school students, and very expensive.

So much nonsense taking several weeks to select a Speaker of the House. The Speaker is the presiding officer of the House and the leader of its majority party. He/she keeps order and chairs most sessions. No member can speak without being recognized by the Speaker. He/she interprets and applies rules and procedures, refers bills to committees and puts motions to a vote. Third in line to be president.

The new Speaker of the House Mike Johnson said that all his information basically comes from the bible, so we have nothing to worry about.

At least 18 people are dead in multiple shootings in Lewiston, Maine. The shooting was the country's 36th mass killing this year. At least 190 people have died in those killings, which are defined as incidents in which four or more people have died within a 24-hour period, not including the killer. So, if you only kill 3, nobody cares.

A study of mass-shooting incidents found that about 30% of the perpetrators had experienced psychotic symptoms.

Most were suicidal and had expressed an interest in previous shootings. Almost all showed signs of crisis before they acted - some even revealing their plans in advance on social media.

This tendency is one reason policymakers have gravitated toward "redflag" laws in recent years.

"Even ardent Second Amendment defenders should agree that the Robert Cards of the world have no business accessing firearms. Red-flag laws pose no risk to sane and lawful gun owners. They're accompanied by substantial due-process provisions in every state. They're also supported by more than three-quarters of Americans, including most gun owners and most Republicans. In landmark legislation last year, Congress even doled out \$750 million to help states put them in place."

There should be no excuses for failing to pass such laws. Why would there be any opposition?

The nation's largest drugstore chains, Rite Aid, CVS and Walgreens, will close more than 1,500 stores, leaving millions of Americans without access to pharmacies. They join a slew of major chains that are closing many stores or declaring bankruptcy due to crime, changes in buying behaviors and economic challenges. Not good for our society on many levels. It has become also so easy to stay home and order things online. In fact, if doctors made home visits there would never be a reason to leave home.

All of the defendants in the burglary and theft of more than \$572,000 from the Ventura County Fairgrounds on the night of August 10, 2022, have been sentenced including the person that prosecutors say was the "inside man". 56-year-old Rafael Morales of La Puente and 55-year-old Jesus Rios of El Monte, were sentenced to 3 years and 6 months

in prison each after earlier pleading guilty to Misappropriation of Public Money, Commercial Burglary, Grand Theft, and Conspiracy. I still wonder why it was so easy for them to steal such a large amount money.

Ventura's La Quinta Inn will become a homeless housing facility with a \$32 million grant from the state. Gov. Gavin Newsom announced the grant as part of the state's Project Homekey program to expand housing opportunities for homeless people.

The funds will turn the 142-room hotel, located at 5818 Valentine Road, into 134 permanent supportive housing apartments for those who are homeless or at risk of becoming homeless. This is so very needed.

A move by Governor Newsom to switch to winter-blended fuel earlier than usual could see some reduction in the price of gas, which has gone down a bit recently (what a game they play). Wouldn't that be nice?

Mailbox

Editor:

A reader who described herself as a senior was very critical of the downtown street closings. I am also a senior woman and my husband and I are delighted with Mainstreet Moves! First of all, we never parked "right in front" of our favorite stores because it had all become metered parking! We park in the many free lots.

We do not miss the noisy hot rods, motorcycles and revving pickup trucks

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

Ribbon Cuttings



The Ventura Chamber held a ribbon cutting for St. Bonaventure High School Black Box Theatre. The versatility of the Black Box Theatre gives actors, directors and designers absolute artistic freedom. With flexible seating arrangements, each production can have a customized actor-audience relationship. Combined with a full complement of theatrical lighting, sound and video technologies, this performance space offers unlimited possibilities.

Photo by Michael Gordon



Ribbon cutting was held at Five Points Meat Market. Five Points Meat Market, formerly known as Main Street Meats, is proud to bring you that old school butcher shop tradition. In taking over a centennial business, we fully intend to continue with a tradition of community and excellence in service of the old school butcher.



A Chamber ribbon cutting was held at Myers, Widders, Gibson, Jones & Feingold, LLP. A premier, full-service, and trustworthy law firm that specializes in a variety of legal disciplines. 39 N. California St. 805-644-7188.

Photo by Michael Gordon

that used to use Main street as their "parade" venue. We notice so many more people, especially young people and young families there now that it isn't "gasoline alley". Thank you for extending this through 2024, Ventura! Cheryl Garrison

Breeze:

Your information of CA Gov. Newsom signing several bills aimed at bolstering protections for LGBTQ+ people warmed my heart. Setting timelines for the

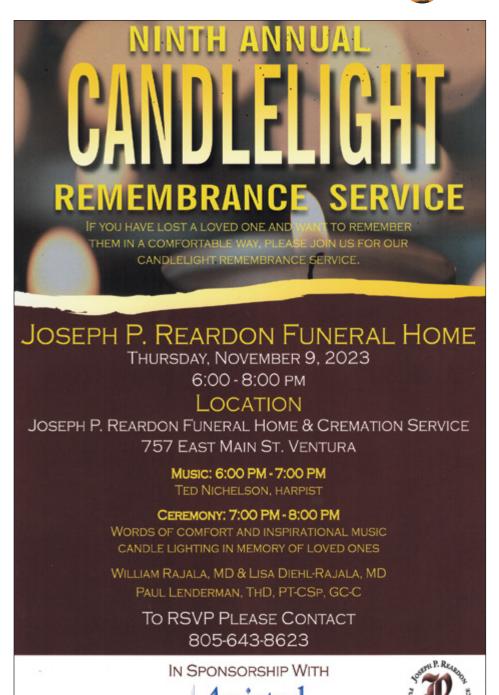
required cultural competency training for public school teachers and staff is genius.

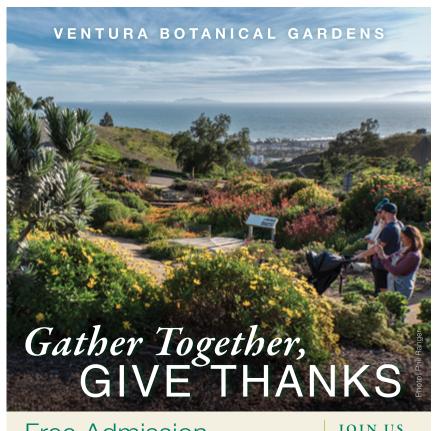
A civilized democracy evolves with the changing times, and is inclusive in the needs of all citizens.

I have signed up for email news from Gov. Newom. I receive newsletters from CA Attorney General Bonta and am grateful for the good job he is doing for the justice of all citizens.

Thank you again for keeping us informed.

Diane Garber





Hands to Help, Hearts to Car

California Funeral Directors License # 883

Free Admission on Thanksgiving Day

Create cherished moments and new traditions with family and friends at the Ventura Botanical Gardens. Leashed dogs are welcome.

Be sure to stop into our courtyard garden shop, browse our plants and pottery, and ask about our plant sponsorships. See you at the Gardens!

JOIN US Thursday, Nov. 23

HOURS 9am-4pm

SUPPORT THE VENTURA BOTANICAL GARDENS, BECOME A MEMBER TODAY!

567 S. Poli St. | 805.232.3113 | VenturaBotanicalGardens.com



Several years ago friends and ex-employees gathered at the Main Street Restaurant & Steakhouse visiting with Jolene and remembering the good times and food they had with her at the closed Vagabond Coffee Shop.

Margaret Jolene McBee (January 25, 1944 October 3, 2023)

"Jolene"

It is with a heavy heart, full of treasured memories, to acknowledge the passing of a beloved icon of our Ventura downtown community, Jolene McBee. She was the owner operator of another beloved icon, The Vagabond Coffee Shop.

As the many hundreds of faithful customers that stepped through the doors of the restaurant, some daily some simply visiting, they all looked forward to seeing Jolene sitting at the counter watching the plates of the customers favorite meals being delivered.

Before heading out for their next

destination those same customers stopped by to visit and find out the latest happenings at the Vagabond, knowing that Jolene was just as interested in their world as they were in hers. That smile and the Texas drawl Jolene never lost, was exactly what people knew they would see in every stop at the restaurant.

Jolene's generosity for the community was shown during many Christmas Holidays when she sponsored a fundraiser for Foster Children of Ventura County which was presented by KVTA Radio at the restaurant which proved to be a success year after year.

In times of Ventura County

tragedies, Jolene offered free meals to responders in appreciation for the endless hours they worked to preserve our communities, and when the less fortunate needed that hot cup of coffee or a hot meal, they knew that Jolene was ready to help. Jolene's shoulders were truly broad, along with her own life's tragedies, she

shared the tragedies of many people that needed that caring shoulder to lean on. She was a "one of a kind" that comes along in this world so seldom but that we are all so appreciative of. Jolene leaves behind four children, 17 grandchildren, several great grandchildren and many extended family members.



The Mountains To Sea Jubilee Family Fair and Music Festival in Santa Paula on October 21st was a sensational hit! A whopping 3500 excited guests gathered to continue to commemorate 150 glorious years of Ventura County. This incredible event kicked off at the Agriculture Museum with electrifying live music, a mouthwatering array of foods from vendors and food trucks, and a bustling marketplace that extended throughout the area. And the grand finale? The Jubilee Music Festival at Veteran's Park, right on the big stage! The entire community joined hands and danced the night away, serenaded by the melodic tunes of local bands and the mesmerizing Big Bad Voodoo Daddy. It was a night of pure joy and celebration!



NICO LAZARIDI WINEMAKER DINNER

WINEMAKER NICO FEDERICO LAZARIDI FROM GREECE WILL BE PRESENTING THESE FIVE GREEK WINES, EACH WITH A SPECIAL PAIRING DISH FROM THE KITCHEN OF THE GREEK MEDITERRANEAN STEAK & SEAFOOD RESTAURANT AT VENTURA HARBOR

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LYNN@THEGREEKVENTURA.COM LIMITED SEATING OF 30 GUESTS



Business Profile



Nicole Cody

Honey Baked Ham Ventura: A New Beginning with a Family Touch

Ventura, home to a beloved Honey Baked Ham store, has recently undergone a significant change. Formerly a franchise, the Ventura store is now proudly corporate-owned. Along with this shift in ownership comes a fresh and enthusiastic face at the helm: Nicole Cody. Nicole assumed the role of manager earlier this year in July 2023, bringing with her a wealth of experience in management and a deep commitment to customer service.

What sets Nicole apart is her decade-long residency in Ventura and her deep connection to Southern Californian culture. She understands the community, its tastes, and its values, which she aims to reflect in her role at the store

Nicole was drawn to Honey Baked Ham by its unique family atmosphere and core values. The company prioritizes its employees and instills in them the mission of fostering family meals and fellowships. This genuine commitment to both customers and staff is what sets Honey Baked Ham apart.

Honey Baked Ham is no newcomer to the food scene, delighting palates across the nation since its inception in 1957. Harry J. Hoenselaar opened the first store in Detroit, Michigan, and the tradition spread far and wide.

What makes Honey Baked Ham the world's best ham is the care and dedication that goes into every product. Their unique glaze and sandwich qualities result from using the highest quality bone-in smoked ham. The founder, Harry Hoenselaar, developed a unique curing and cooking procedure that creates a one-of-a-kind taste – a taste that can only be described as perfection.

The Ventura location is expanding its offerings, making Honey Baked Ham a year-round indulgence. Nicole Cody plans to focus on catering and lunch boxes beyond the holiday season, allowing more people to savor the exceptional taste.

Employees at Honey Baked Ham receive special perks, including a free ham or turkey breast for their holiday celebration, free lunch during each shift, and flexible schedules.

In the heart of Ventura, Honey Baked Ham remains a place for the community to gather, enjoy delicious food, and create lasting memories. With Nicole Cody's leadership and the commitment to quality and family values, the Ventura store is set to be an even more cherished part of the local culinary landscape. Don't miss your chance to join the team on National Hiring Day on Nov. 4th from 10 AM to 4.

www. honeybaked.com/stores/8982



Join Us for Honeybaked National Hiring Day!

Don't Miss Your Chance!

Flexible Schedules and Employees Get Perks!
Ask Us How!

Walk-In Interviews

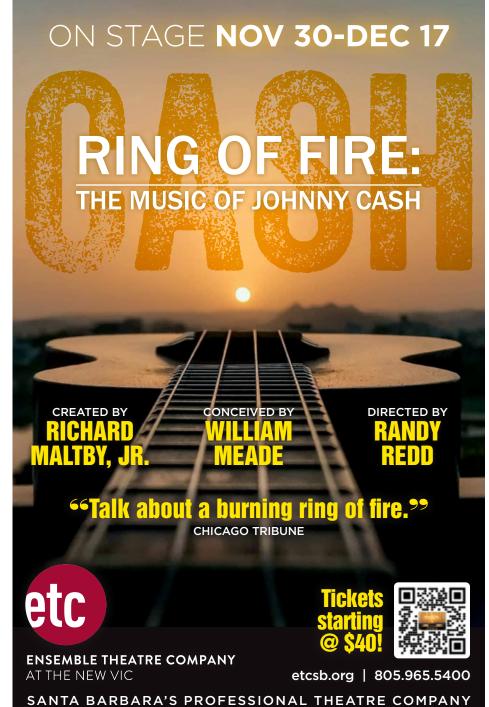
Saturday, Nov. 4, 2023 10AM - 4PM

Seasonal Staffing Positions Available for the Upcoming Holidays!

4255 E. Main St., Ventura, CA 93003 805-642-5300

Become a part of our Honeybaked family and make this holiday season special. We're looking forward to meeting you!

HONEY, BAKED



The Great Olivas Music Box Mystery Inbox

by Richard Senate

The Olivas Family is scattered far and wide, with branches all over Southern California, as far north as Seattle, Washington and as far east as San Antonio, Texas. And these are just the ones we know about! One branch of the family even extends to the Hawaiian Islands. In 1920s the US Navy brought in well paid workers to build the Pearl Harbor base. One of them was an Olivas who, liked the climate and people, and stayed on, he married an Asian woman and settled down. Like all the many branches of the family, they visited California and made the pilgrimage to the Olivas Adobe. When I was site manager I made a special point to meet with them and give them a tour of the house. I also asked them what they knew about stories of the house and events linked to the family. The Hawaiian Olivas family came on a rain-soaked afternoon well after closing time, but they had called ahead, so I stayed open to give them a tour. They didn't drive in until after five but, I was happy to meet with them and get their family history.

They told me their story of the great robbery, in this one the bandits cut the gold buttons off the girls dresses took their rings and earrings as well as \$30,000 in coin. Then they told me about the "Great Olivas Music Box." They said that Don Raymundo was rich

and purchased a huge music maker with a gigantic crank on its side, one had to turn it with both hands. It also had two life-sized dancing marionettes, a man and a woman, operated by strings, that performed for each song. This music box played a number of songs and became well known all over California, so much so that the governor of the state made a special trip to San Buenaventura to see the thing and marveled at its performing figures.

I know that Don Raymundo collected music makers, one we have at the house, another is in the Ventura County Museum of Art and History. I have seen two others and have heard of three more but nothing like the massive machine they were describing. Then it hit me--the music maker was our Barrel Piano! It has dancing figures but they are only three inches tall! Telling the story of the music machine in faraway Hawaii they described the figures as bigger and bigger with each account, until they were life-sized! Story telling is like that. Each time a tale is told it's slightly changed and made just a little bit "better."

I brought them into the Sala and played the Barrel Piano for them. They couldn't believe this was the legendary Olivas Music Box. They said it must have been another one that was sold or given away. They enjoyed their stay and took many pictures of the house to take back to Pearl City. They were so crestfallen over the music box I had to tell them it was possible that there was such a massive music maker, there is much we do not know about Don Raymundo, maybe such a piece will be discovered someday.

On Vacation - Lake Tahoe



Jill Forman can't even get away to Lake Tahoe without her Breeze!



VUSD Information Night

Looking to enroll your student in a new TK-12 school next year? Join us!



Mon. Nov. 6, 2023 5:30-8 pm

Buena High School 5670 Telegraph Rd., Ventura

- Schools of Choice Lottery Information
- Enrollment Information for Fall '24
- Speak with Representatives from all Schools
- Workshops: How to Enroll, TK/K
 Information, Career Technical
 Education & More
- Food Trucks On-Site to Purchase
 Dinner

www.venturausd.org/enrollment/infonight

www.facebook.com/VenturaBikeDepot/



CAPS Membership is available to anyone who lives, works, or attends school in Ventura.

Join Us November 8 – Become A Member of CAPS

Are you interested in learning more about CAPS and becoming a member? Join us on Wednesday, November 8 from 4-8 pm for a special Orientation with the CAPS Crew open to anyone who is interested in becoming a CAPS member or just learning more about CAPS. No reservations needed.

The Information Orientation will last 30 – 40 minutes and includes how to become a CAPS Member, learn about programming and distribution information by Donald McConnell, CAPS Operations Manager. Meet the CAPS crew members who will train you in videography, studio production, video editing, radio & podcast production and register for classes. Plus, see all the CAPS gear that is available for members to use at no cost to create their own productions, including cameras, tripods, sound gear, editing computers and more.

CAPS Membership is available to anyone who lives, works, or attends school in Ventura. The CAPS Creative Community includes families, teenagers, young adults, mid-career professionals, educators, storytellers, retirees, and more. Plus, nonprofits, faith-based groups and community service organizations throughout Ventura County can become CAPS Members. Our member-produced programming includes community event coverage, local organizations, talk shows, music and dramatic performances and shows by, for and about local youth.

The CAPS mission is to create an engaged and informed community through participation in electronic media. CAPS needs you, our community, neighbors, and friends, to help us continue to fulfill that mission by helping you uncover your creative talent and master the skills you need to create and launch your own media projects.

Over the past few weeks CAPS Crews have been busy - managing multiple city council and other meetings at City Hall, and produced a wide variety projects in collaboration with the County and the Museum of Ventura County including Voices of Ventura County, a special collection of previously unheard local oral histories from the MVC archives remastered by CAPS, Feast of Flop, a fun and engaging cooking show that combines the culinary world with the treasures of the Museum archives, and the video component of the major MVC presentation: Ventura County, The Place We Call Home, a photography exhibition that highlights the diversity of our communities.

CAPS ECTV Crew members were on the scene at the County 150th Celebration Extravaganza in Santa Paula getting on-thestreet comments and interviews with festival goers. CAPS recently produced a major video presentation for the Ventura College Community Foundation that premiered at the Museum on Friday, October 20th.

The CAPS Media Center is located a 65 Day Road, between Loma Vista and Telegraph, on the east side of Ventura College directly across from Foothill High School. CAPS is Ventura's public access media center, managing Channel 6 (public) and Channel 15 (government and education), plus KPPQ radio at 104.1 with all channels and station streaming. CAPS crew members provide expertise and service to the City of Ventura by covering City Council and other meetings at City Hall, as well as producing informational public service videos more.

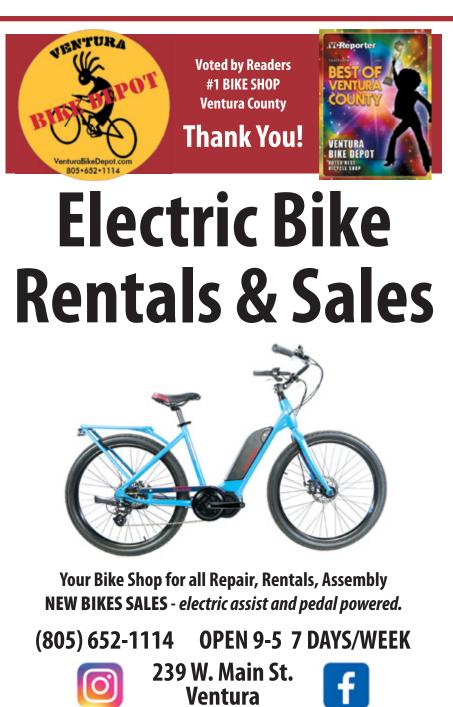
Join us on Wednesday, November 8 between 4-8pm for Orientation sessions at 4, 5, 6 or 7pm. For those who dropped by the CAPS Open House in October, this is a good time to learn more. The November 8 sessions will offer everyone an opportunity to discover a world of limitless creative possibilities at CAPS.

Family needs your help

Jordan Garcia, 1st grader at Portola Elementary celebrated his 7th birthday on October 14, but it was not the celebration that his mother was hoping to provide. Jordan was recently diagnosed with Leukemia and has started what will be a long medical journey towards beating cancer including undergoing chemotherapy treatments, bone marrow testing, lumbar punctures, and ensuring countless side effects that come with this diagnosis. His mother has asked for positive thoughts for Jordan and the family during Jordan's birthday month!

If you would like to help the family with their compounding medical bills, lost wages (his mother is a single mom as his dad passed away two years ago), transportation, and all of the extra costs associated with this illness, the following GoFundMe page was set up by a family friend for that purpose and we have been given permission from the family to share, https://gofund.me/8720af0c

As always, our community is rallying together to wish Jordan a very happy birthday and a speedy recovery! We look forward to seeing you celebrate your 8th birthday carefree and healthy!



www.instagram.com/venturabikedepot







Nicole Power, Clinical Director, and Scott Revlin, Clinical Operations Director, shared their thoughts.

Halloween themed festival event helping autism community

by Patricia Schallert

On October 26th, ABS Kids put on a Halloween-themed festival event in Ventura. Clinical Operations Director Scott Revlin shared what is important for Ventura's autism community and their families, including community integrations and local events like the Halloween festival.

"It is important for ABS Kids to interact in with the autism community, including partnering frequently with the Autism Society of Ventura County." The ABS Kids mission is "to empower children with autism





spectrum disorders and their families to reach their full potential through diagnosis and individualized ABA therapy." The ABS Kids vision is "to make high-quality ABA therapy accessible to all children and families affected by Autism Spectrum Disorders across the nation." The goal being about "helping kids and maximizing their potential."

The fall festival event had trick or treating, a bounce house, arts and crafts, and lots of costumes so the children they serve could have their own special, sensory-friendly Halloween-themed event.

ABS Kids has behavioral therapists, analysts and staff who can keep the children happy, motivated, and engaged. The staff members are "magical," and "we owe our success to them, technicians and clinicians who work with the children and their families," Revlin said.

The staff provides a comfortable environment for the child to practice pivotal life skills that can pave the way to long-term independence and success. An ABS Kids' Board Certified Behavior Analyst helps determine if home-based therapy or therapy centers are best for the child.

ABA therapy centers are purpose-built facilities that provide unique learning and development opportunities for children with Autism Spectrum Disorder (ASD). These centers support intensive therapy in a safe and structured environment overseen by professional Behavior Analysts. Center-based therapy also offers opportunities for the child to meet others, participate in group learning activities, and develop social skills under close supervision.

Through decades of research, ABA therapy has been proven "to enhance communication, enable independent living, and develop age-appropriate social skills while reducing maladaptive behaviors." It is also the only therapy deemed medically necessary for ASD.

ABS Kids' dedication to serving this community is exemplified through their recent recognition of the Children's Service Provider of the Year as part of the 2023 Autism Society Ventura County (ASVC) Awesome in Autism Awards.

Information on ABS Kids can be found at abskids.com

Ventura County Behavioral Health's Annual Update and 3-Year Plan for 2023-2024

by Carol Leish, MA

A Mid-Year Adjustment was completed for the current 3-year plan for the Mental Health Services Act. The plan outlines what Ventura County Behavioral Health plans to spend its Mental Health Services Act dollars on from 2023-2026. The mid-year adjustment was needed after a onetime payment was received from the state in August of 2023. To make these updates in partnership with stakeholders, a community program planning process (CPPP) was convened in October, 2023. Areas covered included: 1) What is happening now? & 2) What is the onetime adjustment of money? Focusing on what Proposition 1 will cover, if passed next year, is also an integral part of the component to enhance the programs within the Ventura County Behavioral Health Care system.

The 3-year plan for the county outlines the department's needs, goals, and program plans, along with the expenditures for 2023-2026. The 2023-2026 Plan was finalized



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未来

in June, 2023. Also happening this year has been a one-time allocation of money that was received in August 2023. The midyear adjustment process needed to include use of the one-time funds of \$30 million dollars within the 3-year plan.

The mid-year adjustment process has included: 1) Building upon the current 3-year plan within the community planning process.; along with, 2) Presentation of changes to the plan. This has included: 1) Community feedback; and, 2) A public hearing for input from the public. Then, the Ventura County Board of Supervisors will need to approve the plan.

Proposition 1-SB236 will be on the March 2024 ballot, along with the bond measure contained within AB531. The proposition will repurpose the use of funding and enable the establishment of a new 30% housing component with a housing first requirement. It will also establish the Behavioral Health Services Act as a new source of funding for the substance use disorder (SUD) services, along with creating a new and comprehensive source of planning, data gathering and reporting. This will overhaul the adult and children's system of care statutes. In anticipation of the proposition, Ventura County Behavioral Health has included some money to prepare for the transition.

The top categories of solutions from the last needs assessment for the one-time funding of over 30 million dollars, fall into different categories: 1) Housing; 2) Expansion of services and treatment types; 3) Access; 4) Outreach and education; and, 5) Alternative to Ventura County Behavioral Health. High priorities for large dollar adjustment infrastructure include: 1) Building a mental health rehabilitation center with 120 beds; and, 2) Providing residential care for the elderly with 60 beds.

Other highlights for the large dollar adjustment include focusing high intensity outpatient programs categorized as Full-Service Partnership programs and include: 1) Transitional age youth programs for 18-25-year-olds; 2) Having integrative community services (EPICS) program for adults ages 18-60 years old; and, 3) Having an older adults' program for those 60+ years old. Additional goals include: 1) Staffing for short-term treatment teams; and, 2) Improved (timelier and clinically appropriate), access which will require additional staffing; 3) Increasing the amount planned for keeping or establishing board and care units, and, 4) Increasing the contracted-out salary related (COSR) Accounts.

Additional priorities include:
1) Increasing the amount planned for keeping or establishing board and care units; and, 2) Expanding upon the number of permanent supportive units, along with adding to the housing staff, which is also important.

Updates to this plan will be made yearly through additional community program planning process meetings and the Annual Update report published each spring.

The Bookmark

About Libraries and Friends

by Mary Olson

The celebration of the 150th Anniversary of Ventura County continues this Fall-

In the 1950's, Ventura County had its own version of the Trial of the Century. Ventura Friends of the Library are welcoming **Deborah Holt Larkin** back to town to speak about her memoir: A Lovely Girl: The Tragedy of Olga Duncan and the Trial of One of California's Most Notorious Killers.

Deborah Holt Larkin was ten years old when her father, the court reporter for the Ventura County Star-Free Press, was immersed in the trial of Olga Duncan's killers taking place at the Ventura County Courthouse (now Ventura City Hall). Larkin's memoir tells the story of this stranger-than-fiction murder case and the influence of her reporter father's work in her early life.

On Saturday, November 4, 10 am to noon at the **Atrium at City Hall**, you can hear all about this true crime saga from Deborah Holt Larkin. She tells us, "In between the carefully researched true crime procedural chapters, the thread of the story winds back to chapters of my coming-of-age memoir about our quirky family life and my dawning realization that sometimes terrible things can happen to good girls. That evil can hide behind a mask of normalcy." Please park behind the City Hall. The event is free and open to the public. Books will be available for purchase and book signing will follow the talk.

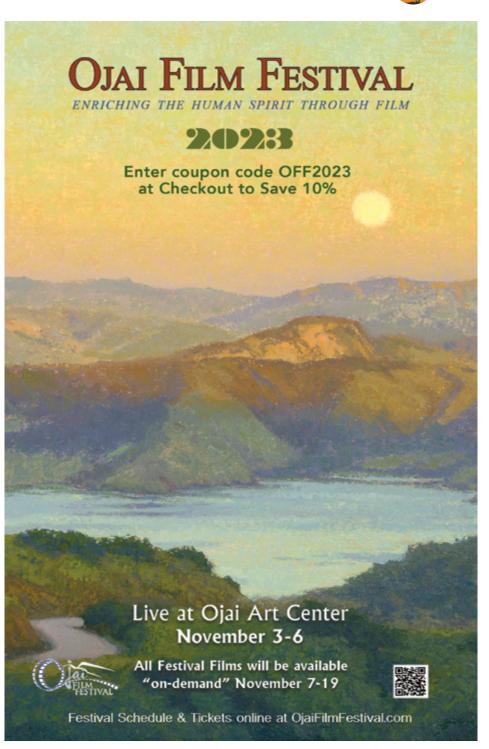
Then, on Sunday, November 5, Deborah Larkin will be the guest speaker at Ventura Friends of the Library Annual Membership Meeting at 2:00 pm in the Topping Room in E.P. Foster Library, 651 E. Main St. Guests are always welcome at our annual meetings. As some of our members will remember Deborah's father, Bob Holt, from his 34 years reporting for the Ventura Star-Free Press, we'll be eager to hear her recollections of his impact on her life during the course of these dramatic events. Books will be available for purchase and signing by the author. A brief business meeting for Ventura Friends of the Library members will follow the talk.

On Saturday, December 2, noon to 1:00 pm, Ray D. Preuter Library will host a Living History performance. Connie Korenstein continues her performances of historical figures of Ventura County as Lucy Levy. A Parisian socialite, born in 1882, Lucy's tale is one of love, travel, and surprise, as she adjusts to life in Hueneme, California, during the Roaring Twenties and the Great Depression. This event is sponsored by the Ventura County Library Foundation. The event is free and open to the public. Ray D. Prueter Library is located at 510 Park Avenue, Port Hueneme For additional information please, contact Timothy Furgal, Regional Librarian, at (805) 486-5460 or tim.furgal@ventura.org.

Ventura Friends of the Library are having a very busy November; we are also having a book sale:

Ventura Friends of the Library Book Sale Saturday, November 18, 10:00 am to 3:00 pm at the Vons at Telegraph & Victoria

Fiction, Non-fiction, Children's Manga, Comic Books, Graphic Novels Puzzles, Audiobooks, DVDs & CDs





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TO OUR COUNTRY.



















Vanessa Bechtel



Santa Paula Chamber of Commerce Photos by Trinity Wheeler Photography

Inspiring Women Business Owners and Community Partners

Hosted by Women's Economic Ventures (WEV), the event raised funds to help sustain and support entrepreneurship in Ventura and Santa Barbara Counties.

Women's Economic Ventures (WEV) hosted its annual Empowerment is Priceless fundraiser at Camarillo Ranch on Wednesday, October 18. The event recognizes outstanding women in business as well as community partners who advocate for economic empowerment in Santa Barbara and Ventura Counties. WEV is a non-profit that provides a full range of small business support – including classes, consulting, and funding – as well as financial literacy programs in both English and Spanish. Information at www.wevonline.org.

This year's awardees demonstrate determination, leadership, and the power of community. WEV awarded Client of the Year to Blanca Hoffmeier, President of SWPPP CAL Stormwater Management, the Trailblazer Award to Vanessa Bechtel, President & CEO of the Ventura County Community Foundation, and Community Partner of the Year to the Santa Paula Chamber of Commerce

Client of the Year honoree Blanca Hoffmeier spoke to the crowd of 250 attendees and shared her inspirational story. In 2017, Hoffmeier started her stormwater management business in Thousand Oaks. " I started SWPPP CAL because I care about the world I live in and found a way to make that my profession. I'm proud to say that my story is a testament to the power of mentorship, determination, and a firm belief in the potential of women." As a woman-business owner working in the male-dominated industry of engineering and construction, Blanca is also among the few certified drone pilots nationally who are women - only 8% in the U.S. "I have an engineering degree,

but never studied business. And English is my second language. WEV has meant the world to me as a Latina. I want to express my heartfelt gratitude to WEV for leveling up my business. By extension, my life, and my family," explained Hoffmeier.

WEV CEO Kathy Odell shared "We are seeing an unprecedented surge in entrepreneurship across the United States and women entrepreneurs are driving the surge. In 2019, women comprised just 29% of new business applications. Since 2021, they've represented over 49% of all new businesses. Clients come to us often with limited business resources or training, but with boundless aspirations, unwavering commitment, passion, and determination. At WEV, our mission is to ensure their success."

Lure Digital produced WEV's Empowerment is Priceless video, which shares the stories of local business owners as well as the economic perspective from Ventura County CEO Dr. Sevet Johnson. Ky Schultz and Bria Little of Lure Digital, said, "We are honored to produce the Empowerment is Priceless video, featuring stories about WEV's unique ability to cultivate the power within each individual to realize their entrepreneurial dreams."

Proceeds raised at the Empowerment is Priceless event will directly benefit WEV's business funding and client programs, including financial literacy and education classes, business training courses, individual coaching, and business advisory services – all provided in both English and Spanish.

Women's Economic Ventures is dedicated to the economic empowerment of women. WEV is a business resource network for anyone looking to start a business, grow a local business, or improve their business skills

To support WEV's work, please visit www.wevonline.org/support.



Shannon Vasquez making opening remarks and introduction of Monica White, CEO of Food Share.

The Inaugural Ventura Women's Conference: A Triumph of Empowerment, Connection, and Giving Back

by Janie Tran

On the memorable day of October 21st, the first annual Ventura Women's Conference lit a beacon of inspiration and success. In a world where women uplift each other, this event was a testament to the power of unity, camaraderie, and a shared commitment to giving back.

The day commenced with a delectable breakfast, setting the stage for an unforgettable experience. As attendees savored their meals, they were already forging connections with like-minded women who shared a common purposeto empower and be empowered. The best part? The proceeds from the breakfast went to benefit Food Share, an organization dedicated to fighting hunger in the community.

The heart of the conference beat with motivational activities that stirred the spirits of all present. The energy in the room was palpable as women embraced challenges, celebrated their achievements, and discovered new horizons. It was a day of personal growth and transformation, and it was all in support of a great cause

However, the true essence of the event lay in the connections made. In the world of business and personal development, networking is invaluable, and the Ventura Women's Conference provided a platform for women to connect, exchange ideas, and find support from their peers, all while contributing to the noble cause of helping those in need through Food Share.

The crowning jewel of the day was the lineup of inspirational speakers who graced the stage, each sharing their unique journey and wisdom. At the center of it all was the keynote speaker, the remarkable Laura Diaz. Her words resonated with the audience, leaving an indelible mark on all who were fortunate enough to be present. And as a part of this remarkable event, Laura Diaz also emphasized the importance of making a positive impact on the local community.

The first annual Ventura Women's Conference was more than a gathering; it was a celebration of the strength, resilience, and unity of women. It served as a reminder that when women support women and come together to benefit or-

ganizations like Food Share, incredible things happen. This inaugural event was a resounding success, igniting a spark that will continue to burn brightly in the hearts and minds of all who attended. The Ventura Women's Conference is a testament to the power of community, the boundless potential of women, and the profound impact of giving back to those in need.

Housing Trust Fund Ventura awarded \$5,000,000

Housing Trust Fund Ventura County has been awarded \$5,000,000 from the Local Housing Trust Fund (LHTF) program by the California Department of Housing and Community Development (HCD). This is a result of the nonprofit's ability to raise \$5M in local funding to receive this 100% match from the California State Prop 1 matching grant program. This brings Housing Trust Fund Ventura County's Prop 1 award total to just over \$14M, which, through the development of safe and affordable housing, will positively impact the lives of farmworkers, veterans, low-income seniors, cognitively impaired individuals, people experiencing homelessness, transitional age foster youth, and extremely-low and low-income individuals and families.

The Housing Programs and Veterans' Loans Bond, also known as California's Proposition 1, includes the 1:1 fund matching Local Housing Trust Fund (LHTF) program, providing funding to Housing Trust Funds for the development of rental housing with a focus on low to extremely low-income housing units. This program affords the opportunity for applicant agencies to apply for up to \$5 million per year for five years totaling a potential of \$25

Continued on page 16



Senior iving



"Are you sure you need my SSN and credit card information?"

FTC issues annual report to Congress on Agency's actions to protect older adults

The Federal Trade Commission has issued its latest report to Congress on protecting older adults, which highlights key trends based on fraud reports by older adults, and the FTC's multi-pronged efforts to combat the problem through law enforcement actions, rulemaking, and outreach and education programs.

In addition, the report calls on Congress to update the FTC Act in response to the Supreme Court's 2021 ruling in the AMG Capital Management case, which severely limited the FTC's ability to recover money that older adults and other consumers lose to scammers.

The report, Protecting Older Consumers, 2022-2023, A Report of the Federal Trade Commission, finds that older adults reported losing more than \$1.6 billion to fraud in 2022.

Because the vast majority of frauds are not reported, this figure represents only a fraction of the overall cost of fraud to older consumers, which the FTC estimates to be as high as \$48 billion. The report also finds that in 2022, older adults reported significantly higher losses to investment scams, business impersonation scams and government impersonation scams than they did in 2021:

As in prior years, the analysis of fraud reports received by the FTC in 2022 showed that adults aged 60 and over were substantially less likely to report losing money to fraud than adults aged 18-59. When they did report losing money, though, they tended to report losing substantially more than younger adults. Consumers 80 and older reported losing

a median of \$1,750 to fraud, while those in their seventies reported a median loss of \$1,000, with both numbers increasing

The analysis included in the report to Congress also found that adults 60 and older were more than six times as likely as adults aged 18 to 59 to report losing money to a tech support scam. Older adults were more than twice as likely to report a loss to a prize, lottery or sweepstakes scam, and 73 percent more likely to report losing money to a friend or family impersonation scam.

The report focuses on key actions the FTC has taken to protect older consumers, particularly in light of the Supreme Court's AMG Capital decision. In 2022, the Commission issued a notice of proposed rulemaking on government and business impersonation, which is aimed at curbing a form of fraud that has resulted in tremendous losses for older consumers. A new rule would offer additional tools for the FTC to seek refunds for consumers harmed by

In addition, the report notes a number of enforcement actions that had a particular impact on older consumers, including cases against Publishers Clearing House for using dark patterns to mislead consumers into thinking that making a purchase would increase their chances of winning the company's sweepstakes drawing; a company that placed more than a billion calls to consumers, including hundreds of robocalls and calls to consumers on the National Do-Not-Call Registry; a bogus credit card relief scheme; a timeshare exit

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scam; a company making false health claims about COVID prevention; and current and former major distributors for the multi-level marketing company doTERRA for making baseless claims about COVID treatments. The report highlights a number of ongoing law enforcement partnerships in which the FTC works with other federal agencies, along with state and local authorities, to take actions to protect older consumers.

Clonal hematopoiesis indeterminate potential may reduce a person's risk of developing Alzheimer's disease

Clonal hematopoiesis of indeterminate potential (CHIP), a condition that changes the DNA of some blood cells and increases the risk for blood cancers and cardiovascular disease, may reduce a person's risk of developing Alzheimer's disease. This finding from an NIA-funded study published recently in Nature Medicine may provide new insights into the role that blood cells play in

brain health.

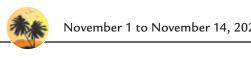
Blood cells live short lives and must be continuously replaced. The process of producing new blood cells is called hematopoiesis and occurs in the bone marrow. As blood cells are depleted, a pool of cells in the bone marrow called hematopoietic stem cells (HSCs) multiply to replenish them. Normally, tens of thousands of HSCs grow up to be exact copies of the replaced blood cells. In CHIP, however, the genes of some hematopoietic stem cells change and produce slightly different blood cells.

People with CHIP can live for many years but have an increased risk for blood cancer and cardiovascular disease compared to people without CHIP. The condition is common in older adults, and researchers estimate that 10% to 30% of people over 70 years old have CHIP. While most research on this condition has focused on how it affects cardiovascular health, its effect on the brain is not yet well understood. To address this gap, a research team led by Stanford University scientists is exploring how CHIP influences Alzheimer's risk in older adults.

In this study, the scientists analyzed blood samples from 1,362 people with Alzheimer's and 4,368 people without the disease. Then they sequenced the DNA from the blood cells to determine who had CHIP. Remarkably, the researchers found that people with CHIP had a reduced risk of developing Alzheimer's.

Next, the team sequenced the DNA from the microglia of the brains of eight people with CHIP. As the brain's immune cells, microglia play a central role in brain function and health. In Alzheimer's, microglia fail to perform their job, instead damaging neurons

Continued on page 12







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Senior Living



Leslie and students getting fit at Aegis Living of Ventura.

Defining the Mind and Body types of Connection

by Leslie Sokol

The connection between your physical and mental well-being is fascinating. To achieve lasting health, you need to understand the importance of how your mind and body work together to build overall well-being. A healthy body keeps you fit and active. A healthy mind keeps you focused and engaged.

Brain areas that control movement are plugged into networks that orchestrate thinking and planning as well as control of involuntary bodily functions. These areas in the brain are where mind-body links are formed. Every time you move your muscles, sensory receptors send information to your brain about what's happening. Doing this intentionally through exercise helps your mind become more aware of your body's position in space, increasing your physical self-awareness. According to a promising new study of exercise, memory and aging, a single, moderate workout may immediately change how your brain functions and how well you recognize common names and similar information.

Dancing and the Mind-Body Connection

Exercise is a great way to strengthen your mind-body connection. Increasing physical activity directly contributes to improved mental health, stability and overall wellness. There are many types of exercise that connect your mind and body, including dance, tai chi, yoga, and walking. Recent studies show that exercises focusing on the mind-body connection can improve your mood and reduce signs of depression.

Working with Seniors on a daily basis, I see firsthand how dance and movement improves my students' physical, emotional, and mental well-being. It lifts their spirits, motivates them, gives them hope, energy and stamina to live a long and healthy life. Moving to music puts you in a positive and happy state of mind. It brings out creativity, imagination, and fond memories! Research has shown that the benefits of incorporating dance into your exercise regimen range from memory improvement to stronger neuronal connections. Also, from the physical standpoint, dance and exercise improve conditions such as arthritis, osteoporosis, and neurological conditions in middle-aged and elderly adults.

When you exercise, you are doing something wonderful for your body and mind. Feeling strong and confident both mentally and physically is the best! Also, enjoying what you do is so important and rewarding! So, let's get moving! Sound mind, Sound body!

Leslie Sokol is the creator and founder of the adult dance and fitness program For the Young at Heart. She has been teaching adults and children for

forty-five years. You can watch For the Young at Heart by visiting her YouTube Channel or on TVSB. She also teaches in retirement communities throughout Santa Barbara and Ventura Counties.

For more information contact Leslie at Dancekidsfun@gmail.com 805-312-8089 or visit the website: www.Leslie-SokolDance.com

Understanding dementia

What are the different types of

Various neurodegenerative disorders and factors contribute to the development of dementia through a progressive and irreversible loss of neurons and brain functioning. Currently, there is no cure for any type of dementia.

Types of dementia include:

Alzheimer's disease, the most common dementia diagnosis among older adults. It is caused by changes in the brain, including abnormal buildups of proteins known as amyloid plaques and tau tangles.

Frontotemporal dementia, a rare form of dementia that tends to occur in people younger than 60. It is associated with abnormal amounts or forms of the proteins tau and TDP-43.

Lewy body dementia, a form of dementia caused by abnormal deposits of the protein alpha-synuclein, called Lewy

Vascular dementia, a form of dementia caused by conditions that damage blood vessels in the brain or interrupt the flow of blood and oxygen to the brain.

Mixed dementia, a combination of two or more types of dementia. For example, through autopsy studies involving older adults who had dementia, researchers have identified that many people had a combination of brain changes associated with different forms of dementia.

Scientists are investigating how the underlying disease processes in different forms of dementia start and influence each other. They also continue to explore the variety of disorders and disease processes that contribute to dementia. For example, based on autopsy studies, researchers recently characterized another form of dementia known as LATE. Further knowledge gains in the underlying causes of dementia will help researchers better understand these conditions and develop more personalized prevention, treatment, and care strategies.

Clonal hematopoiesis Continued from page 11

they are meant to protect. For seven of these individuals, the researchers found microglia in the brain that carried the same CHIP variant in the blood cells. While not conclusive, this suggests that some of these variant blood cells migrate to the brain and may support microglial

Overall, these findings suggest that CHIP may provide some protection from Alzheimer's. Future studies will explore the differences between the brain's immune cells that carry CHIP variants and those that do not. Understanding why CHIP is linked to reduced Alzheimer's risk could uncover new insights into slowing the progression of the disease.

This research was supported in part by NIA grants AG053959, AG077443, AG066849, AG059727, and AG052409.





The iconic Hokule'a arrived at Ventura Harbor.

Hokule'a - Moananuiakea Voyage: Celebrating Culture and Education

by Janie Tran

With support from the Ventura Yacht Club and Ventura Port District, on the foggy afternoon of October 18, the iconic Hokule'a arrived at Ventura Harbor, welcomed by a diverse and enthusiastic crowd. The indigenous community, local Halau, and the general public gathered to greet the voyaging canoe as it gracefully docked at the Ventura Yacht Club, its home for the next six days.

At the dockside, a heartwarming assembly of individuals from various backgrounds stood ready to embrace Hokulea. Tomol paddler Alan Salazer from the Fernandeño Tataviam Band of Mission Indians exuded the spirit of indigenous cultures. Chairman Matthew Vestuto and the Barbareño/Ventureño Band of Mission Indians (Chumash) Tribal Council shared their rich heritage. Two local Halau groups, Ka Hale Hula O Pilialohaokalani O Hilo and Halau Hula O Pualanina'auali'ioha, shared traditional Hawaiian culture at the gathering.

With a sense of unity, the Barbareño/ Ventureño Band of Mission Indians granted permission for Hokulea to dock, marked by a beautiful welcome song. Captain Mark Ellis requested to visit the ancestral home of the Barbareño/ Ventureño Chumash, honoring the land's heritage. The crew disembarked and exchanged gifts with the Tribal Chairman and Council. Lei were presented to the captain, placed on the crew's chant, "la Wa'a Nui."

Together, they proceeded to a sacred to the enduring spirit of humanity.

ceremony at Ventura Harbor Cove beach, led by Chairman Matthew Vestuto and Captain Mark Ellis, and traditional dances from the two Halau groups filled the air with cultural significance.

The Hokulea's visit to Ventura is part of the Moananuiakea voyage, the purpose of which is to ignite a movement of 10 million "planetary navigators" who will pursue critical and inspiring "voyages" to ensure a better future for the earth. The Hokulea crew furthered this mission by educating the many visitors to the canoe. During public tours, the community learned about Hokulea's history, navigation, and the crew's responsibilities. Over 70 students from Oxnard elementary schools and had the privilege of embarking on Hokulea, where they learned about its voyage, history, rope tying, and traditional wayfinding using celestial bodies.

On October 24, Hokulea set sail for Marina Del Rey. The voyage will then continue to Newport, Dana Point, and San Diego. In light of the devastating fires on Maui, the Hokulea will return home from San Diego in December before continuing her circumnavigation of the Pacific. She carries with her the stories of communities coming together, transcending boundaries, and celebrating the rich mosaic of cultures that make the Pacific region so extraordinarv. Hokulea's Moananuiakea circumcanoe's front manu, followed by the navigation of the Pacific is not merely a voyage; it is an inspirational testament





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November 1 to November 14, 2023

The Pet Page



Dedicated to Scamp

by Coco Lederhouse

Augusto DeOliveira "The Dog Daddy", has gone viral on social media for his ability control dogs. However, numerous behavioral science organizations,

including the American College of Veterinary Behaviorists (ACVB), are warning owners that aversive training methods can be dangerous.

His dog training practices have caught the attention of concerned animal welfare groups, trainers, veterinary behaviorists, and pet owners. On September 13, the American College of Veterinary Behaviorists (ACVB) issued a statement expressing serious concerns regarding DeOliveira's training practices and warning of the damaging effects that his methods could have on dogs.

"The training methods we see in the videos are using physical force or correction," said Dr. Kelly Ballantyne, president of the ACVB and medical director at Insight Animal Behavior Services in Chicago. While aversive techniques may appear to stop a "bad" behavior, she explained that the effectiveness of the intervention isn't determined by what happens in the moment, but if the behavior is changed over time. The American Veterinary Society of Animal Behavior issued a position statement in 2021 on humane dog training that advises against aversive training methods.

Several other organizations, including the Animal Behaviour and Training Council and the Royal Society for the Prevention of Cruelty to Animals raised concerns about DeOliveira's group training sessions in London earlier this summer.

Similarly, the Association of Professional Dog Trainers and the Pet Professional Guild Australia issued a statement in response to DeOliveira's training techniques.

Both George and Dr. Ballantyne warned of trainers who use outdated language like "dominance" "alpha." Dominance theory, based on the perceived dynamics of a wolfpack, has been debunked even in wolves,

"How do cats purr? New finding challenges long-held assumptions.

Fibrous "pads" in the vocal cords allow cats to make low-frequency sounds, which they don't seem to consciously control.

One of the most delightful sounds to a cat lover is their feline friend's rumbling noise when they get a little scritch behind the ears. Yet how cats produce their contented purrs has long been a mystery.

A new study may finally have the answer. Domestic cats possess "pads" embedded within their vocal cords, which add an extra layer of fatty tissue that allows them to vibrate at low frequencies, scientists report today in Current Biology. What's more, the larynx of these animals doesn't appear to need any input from the brain to produce such purring.

"Purring has historically had a complex, nonscientific explanation," says Bonnie Beaver, a veterinary scientist at Texas A&M

University who wasn't involved in the study. Nonscientific, she says, because although scientists had devised various theories to resolve the mystery, few were ever tested. The new study, Beaver says, is a good step forward.

Domestic cats are small, with most weighing about 4.5 kilograms, and researchers had puzzled over how these animals manage to generate the low-frequency vocalizations-typically between 20 and 30 hertz (Hz)-involved in purring. Such frequencies are usually only observed in much larger animals, such as elephants, which have far longer vocal cords. And whereas big cats such as lions and tigers are capable of loud roars, domestic cats are only able to produce low-frequency purring.

Most mammal vocalizations, including other cat noises such as meowing and hissing, are produced in a similar way-a signal from the brain causes the vocal cords to press together, and the flow of air through the larynx causes the cords to knock against each other hundreds of times per second, producing sound. This process, known as flow-induced self-sustained oscillation, is a passive phenomenon: Once the vocal cords start to vibrate, no further neural input is required to keep them going.

But in the 1970s, scientists proposed that purring was different. The so-called active muscle contraction hypothesis holds that domestic cats actively contract and relax their laryngeal muscles about 30 times per second in order to purr. The idea, based on measurements of electrical activity in the laryngeal muscles in purring cats, caught on and has been a common explanation for cat purring ever since.

The new study challenges this. The team was able to produce purring in all of the larynxes-a "great surprise," says lead author Christian Herbst, a voice scientist who holds dual appointments at the University of Vienna and Shenandoah University. Without any active neural control, all eight larynges produced self-sustaining oscillations at frequencies between 25 and 30 Hz-suggesting purring doesn't necessarily require active muscle contractions.

Looking at the anatomy more closely, Herbst and colleagues turned to unusual masses of fibrous tissue embedded in the cats' vocal cords. Anatomists had noticed these masses before, but nobody knew what their function might be. It's possible, Herbst says, that these "pads" increase the density of the vocal cords, causing them to vibrate more slowly and making it possible for cats to produce low-frequency sounds despite their relatively small size. Anatomically, he says, the process works similarly to "vocal fry"-a droning vibrato sometimes added to the ends of words-in human speech.

The new experiment instead suggests that purring, like meowing and hissing, is a passive phenomenon that plays out automatically after cats' brains provide the initial signal to purr, the researchers conclude. That explanation "is much more in line with what we know about how

Scamp Club

(Scampclub pets are not for adoption.)

This little critter (let's call him Rocky Raccoon) has been found to wander around Portside Ventura Harbor and the Marina Community like it owns the place. Although this critter is nocturnal, he does not seem to be afraid of the daytime. Seems to really enjoy looking for bites to eat in the bushes surrounding both

An honorary member of the Scampclub.



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Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

vocalizations are produced in other vertebrates," says Karen McComb, an expert in animal behavior and cognition at the University of Sussex who wasn't involved in the study.

However, David Rice, a biomechanical engineer at Tulane University who has conducted research into the mechanics of cat purring, isn't fully convinced. He says there's no guarantee that living cats' vocal cords behave the same way as the surgically removed cords from the study. Just looking at excised larynges, he says, is "akin to removing the mouthpiece from a wind instrument and analyzing its sounds in isolation."

Forever homes wanted



Hi, I'm Luna, a beautiful Shepherd X who is all dressed up and ready to celebrate Halloween in my forever home. I'm in need of a new home as I escaped from my previous home and was unfortunately hit by a car in the process. My previous owners took me to the vet where surgery was initially recommended and my previous owners could not afford the surgery. Thankfully the vet contacted CARL about possibly taking me into their program. CARL took me in and received a second opinion

which recommended strict rest for a couple weeks and then re-assess afterwards to see if surgery was still the best option. After strict rest for what seemed to be forever and several follow up vet visits, I've recovered and I'm ready for my forever family to come and take me home. I'm an active girl who enjoys going for walks and I will lean into you to get pets when you enter my kennel run. If you're interested in meeting me, please fill out an online application to meet me. Canine Adoption and Rescue League C.A.R.L.

Meatball: 10 months old male Cane Corso City Found: Simi Valley Shelter: VCAS Camarillo Animal Shelter Animal ID: A827638





Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Strong Arm Robbery

On October 18, at approximately 12:45 pm, the Ventura Police Communications Center received numerous 911 calls regarding a subject involved in a robbery in the 1100 block of Victoria Avenue. The suspect, Joshua Morales, forcefully removed the victim's purse from her shoulder and pushed her to the ground. Morales was being followed by witnesses who heard him say he had a gun.

Officers located Morales as he jumped the fence into the condos at 1300 Saratoga Avenue. Morales was taken into custody and the stolen property was located nearby. The victim received minor injuries as a result of the fall, however no one else was injured.

Morales was booked into the Ventura County Jail for Robbery and providing a false name to officers. A search of the Ventura County Superior Court website shows Morales has prior arrests for providing a false name to officers, identity theft, petty theft, under the influence of a controlled substance, and theft of loss property.

Felony Vandalism and Resisting a **Peace Officer Arrest**

On October 20, at approximately 5:30 am, the Ventura Police Department Communications Center received a 911 call about a male subject, later identified as Jessie Flores, actively vandalizing St. Bonaventure High School with spray paint. Officers arrived within minutes and located Flores "tagging" on the campus. Flores attempted to run from officers but was quickly taken into custody.

Flores tagged over twenty areas on the school campus and vehicles parked there, causing thousands of dollars in damage to the school and cars. Flores was arrested and booked for Felony Vandalism (over \$400) and misdemeanor Resisting Arrest.

Felony Evading, Hit and Run, Reckless Driving, and Possession of a Stolen Vehicle

On October 24, the Ventura Police Department Communications Center received multiple calls regarding a motorhome driving recklessly throughout the west end and beach areas of Ventura. At approximately 7:30 am, a Ventura Police Motor Officer observed a large class C motorhome driving eastbound on the promenade near the south end of Sanjon Road. The motorhome was driving dangerously close to pedestrians on the promenade. The officer entered the promenade on his motorcycle and attempted to stop the motorhome due to the extreme danger the motorhome was presenting to pedestrians.

The motorhome failed to yield to the officer and continued on the promenade through State Beaches and onto San Pedro Street. The motorhome struck a City sign as it entered onto San Pedro Street from the promenade and then continued to evade the officer as it drove around the Pierpont area. The motorhome continued onto Harbor Boulevard, Seaward Avenue, Zephyr Court, and Montauk Lane. The motorhome collided with a parked vehicle on Montauk Lane and then proceeded back onto Seaward Avenue where it came to a stop. The driver of the vehicle, later identified as 44-year-old Amie Maxwell, exited the motorhome and was placed under arrest.

It was later determined that the motorhome was stolen the previous evening from a residence on the west end of town. Maxwell was arrested and transported to the Ventura County Jail for felony evading arrest, hit and run, reckless driving, possession of a stolen vehicle, and a parole violation.

Nobody was injured during this event.



arrives with his folding chair and a pocket full of Milk Bone Soft and Chewies. He knows each dog by name and they know they will each get one treat and a heartfelt pet for saying hello. Each knowing dog will bound out of their "guardian's" (as Bobby calls them) vehicle and race to their friend in the folding chair where they can greet each other eye-to-eye. Bobby truly enjoys starting each morning with dozens of

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

Wednes 10/18

2:57pm, dispatched to traumatic injuries at Surfers Knoll Groin. 32 y/o male washed off the jetty and sustaining intermediate injuries. Transported by AMR.

Thursday 10/19

1:33pm, observed a surfer in distress near Ventura Pier, succumbed to large surf. Operator aboard RWC pulled the distressed surfer from the water, took to shore.

Friday 10/20

4:24pm, Harbor Patrol Officers attending a Prime Rib dinner hosted by the Ventura Yacht Club in appreciation of their service to the boating community.

Saturday 10/21

4:10pm, dispatched to PWC in short a lifejacket. Officers issued distress just outside the harbor. Officers responded, pulled 2 persons from the water. Assessing for exposure, patients refused further care. Tow Boat US assisted with towing submerged PWC.

Sunday 10/22

6:15am, observed NWS issued Gale Warning, raised warning pennants. 4:45pm, contacted two hoop net fishermen at the Launch Ramp, advised of the Gale Warning and the dangerous winds predicted. The pair decide to not go out.

Monday 10/23

1:36pm, observed a motor vessel in violation of speed ordinance in the main channel. Contacted via VHF 16, issued warning and gained com-

6:15pm, observed NWS issued Small Craft Advisory, illuminated warning lights

Tuesday 10/24

3:25am, dispatched to unconscious patient in Ventura Marina Community. Officers performed life saving efforts, but patient was unfortunately deceased.

4:30pm, observed a transient sailboat at the launch ramp. Officers contacted skipper and advised they were not welcome from previous defrauding. Warned of issuing a citation for securing without permission and the vessel departed. Wednes 10/25

11:50am, received request for a boating accident report from July. No report was ever taken, officers advising of need to generate a report within 10 days.

12:30pm, received complaint about boat owners using paintball guns to deter sea lions from destroying their property. Officers attempted to explain how NOAA outlined several legal methods for removing the mammals, but the complainant refused to acknowledge that the boaters were well within their rights to do so.

Thursday 10/26

1:33pm, contacted small skiff inside the breakwall engaged in fishing. Safety inspection revealed they were loaner lifejacket.

2:15pm, assisted a 24ft motor vessel in the turning basin with engine failure. Officers took the vessel en short tow to the launch ramp, released.

Friday 10/27

9:20am, officers giving a presentation about water/beach safety talk. A hands-on exercise of sand entrapment and extricating an object intended to be a person.

Saturday 10/28

6:53am, observed NWS issued Small Craft Advisory, raised warning

4:12pm, dispatched to a fall in the Ventura Marina Community. Officers responded, assessed a 74 y/o female. Patient care taken over by VFD/AMR.

Sunday 10/29

2:37am, dispatched to a fall in Ventura Marina Community. Officers responded and assisted a male up, no injuries occurred, canceled responding units.

8:25pm, received request for a tow from a 32ft powerboat near the #2 buoy with engine failure. Officers responded and assisted Tow Boat US with the tow.

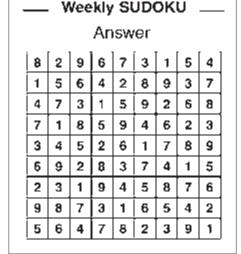
Monday 10/30

2:50pm, officers taking city manager and Ventura Port Commissioners on a boat tour of the harbor in Rescue Boat 19.



Every morning, weather permitting, a little before 8am, local senior citizen, Bobby, "kisses". It is a joy to watch.







November 1 to November 14, 2023

Ventura events

by Ana Baker

The Ventura Senior Men's Group continues to meet for a social lunch and program at the Poinsettia Pavilion on the first and third Tuesday of each month. Men of all descriptions are always welcome to stop in to sample our shenanigans. Lyle Hotzler at 805-341-9820

Do you want to Play Bridge? Join us for ACBL-sanctioned duplicate bridge games. Every Tuesday, Wednesday, and Thursday at 12:30 p.m. All levels of play, and we will guarantee to have a partner for you if you need one. Lessons are available. Contact: Richard 805-850-8011 or Rose 805-659-9223 or buckleyrose357@gmail.com. All Welcome.

The Ventura County Philatelic Society's meetings are held every first and third Monday of the month at the Church of the Foothills. Meetings start at 7:30 p.m. For more information https://venturacountyphilatelicsoc.org.

Monthly Beach Cleanup First Saturday of every month! Meet your neighbors and help keep our beach looking fresh. Hosted by Pierpont Beach Community Council in partnership with Surfrider. Meet up at the end of Seward near the beach. (1140 S Seward St) 8:30-10:30 a.m. Arrive any time during the timeframe. Fun for the whole family. Supplies provided BYO water.

Nov. 4: Sespe Fly Fishers of Ventura will conduct our monthly "First Saturday" introductory Fly Rod Casting and Intro to Fly Fishing clinic. There is no charge, and all are welcome. Whether you are an experienced fly fisher or a complete novice, we want to help you improve your casting and learn to enjoy this great sport. If you do not yet have a fly rod, don't worry, just come and use one of ours. Please join us at Chumash Park, Petit, and Waco, 9-11 a.m., in East Ventura, off Telephone Rd. For everyone's safety, we ask all attending to please comply with any current recommendations by the Ventura County Health Department. For more information: Casting Program Coordinator Thomas Hall, thomasfoleyhall@gmail.com (805) 377-5249 www. sespeflyfishers.org.

Nov. 5: Open house tours of the 1892 Dudley Historic House Museum will take place on Sunday from 1 - 4 p.m. Admission is free. The museum is located at the corner of Loma Vista and Ashwood Streets (197 N. Ashwood). For information, call (805) 642-3345 or visit the website at dudleyhouse.org.

Nov. 10: Friends of Ventura Harbor invites 6-10-year-old children to Chumash Storytelling with Alan Salazar Friday from 10 -11:30 a.m. at The Greek Mediterranean Restaurant, 1583 Spinnaker Dr. RSVP to lynn@thegreekventura.com (First 40 reservations will be honored)

Nov. 12: Annual Holiday Arts & Craft Fair Saturday from 11- 2 p.m. at the Unitarian Universalist Church, 5654 Ralston St. Do not miss unique locally made arts and crafts—lots of great Holiday gift ideas.

Nov. 12: What Lies Beneath exhibit at the Olivas Adobe. In 1985 archaeologists took to the dirt to study the roots of the adobe and develop a framework of its relationship to the Olivas family. Artists from Plein Aire Ventura County have supplemented this exhibit with paintings inspired by the grounds. Come meet the artists at 11:30 am for a meet & greet. Feel free to stay and paint, take a docent lead tour, or learn about volunteering at the Olivas Adobe during a volunteer open house at 1 pm. The Olivas Adobe - a great way to spend your Sunday. www.cityofventura. ca.gov/OLivasAdobe

Dec. 5: Free documentary film showing about the Thomas Fire: "The Perfect Firestorm" at 7 pm at Poinsettia Pavilion. The film by CAPS Media highlights how our community pitched in to help others during and after the disaster. Q&A after the film. Sponsored by the Ondulando Firewise Community. For more information email: Ondulando.Firewise@gmail.com

Housing Trust Fund awarded Continued from page 10

million. Housing Trust Fund Ventura County has now received \$14,019,387 from this program which began in 2020.

"Prop 1 continues to be an invaluable resource to provide the affordable housing Ventura County residents need," commented Linda Braunschweiger, CEO of Housing Trust Fund Ventura County. "We're committed to making housing affordable for more residents and we worked hard to earn the Prop 1 match as part of that commitment." The award is eligible for use within Camarillo, Moorpark, Port Hueneme, Oxnard, and unincorporated areas of Ventura County only.

Housing Trust Fund Ventura County successfully raised this round's \$5 million local match through support of sponsors,

donors, grants, loan repayments and its record-setting Compassion Campaign fundraising event. The nonprofit's successful investment vehicle – Everyone Deserves a Home Community Impact Note, has also attracted investors from both the public and private sectors.

"Affordable housing is an ongoing fight, but we are very proud of the work we do each year," commented Housing Trust Fund Ventura County Board Chair Tracy McAulay. "These funds will be used to build apartments and houses throughout the county, giving many of our neighbors the new, safe, quality homes they deserve." This year Housing Trust Fund Ventura County was eligible for a match in the full amount of \$5 million. The organization is now looking to 2024 to ensure that the \$5 million Prop 1 funds are fully matched through the program's sunset next year.

In anticipation of the program's end and with the continued need for affordable housing, Linda Braunschweiger has coordinated with other local housing trust funds in California to advocate for extending Prop. 1 programs, including the Local Housing Trust Fund Match program, through Assembly Bill 1657. To contribute your own support for our community of essential farmworkers, veterans, low-income seniors and more with affordable housing in Ventura County go to, www.housingtrustfundvc.org/donate-now.

Developers interested in receiving a loan may visit www.housingtrustfundvc.org/funding-programs and review the Program and Loan Underwriting Guidelines. A list of projects that have received first phase approval are also available on the website at www.housingtrustfundvc.org/housing

Ventura College Foundation accepting Continued from page 1

four-year universities next Fall. At a minimum, scholarship recipients are awarded a \$1,000 scholarship.

Online workshops to help with the application process are offered from October through January before the application deadline. Scholarship recipients will be announced in April 2024.

The foundation's scholarships are the result of annual contributions and established scholarship endowments from Ventura College Foundation board of directors, donors, and corporate partners. "Their generous contributions and transformative investments in support of Ventura College student success have enabled the foundation to award scholarship funds to tens of thousands of students over the foundation's 40-year history," says King.

For more about Ventura College Foun-

dation scholarships, workshop dates and other financial assistance, go to https://venturacollegefoundation.org/scholarships or contact Micsin Martinez, foundation programs and development specialist, at micsin_martinez1@vcccd. edu, 805-289-6161.

Established in 1983, the Ventura College Foundation transforms students' lives through education by providing innovative and vital resources and financial support. The Foundation collaborates with Ventura College to enhance human potential, civic engagement, careers, and academic success of students enabling their effective impact and legacy on the college, local workforce, and our community. The foundation also hosts the Ventura College Foundation Marketplace; an outdoor shopping experience held every weekend on the Ventura College campus. For more information, contact Julie Harvey at (805) 289-6502 or jharvey@vcccd.edu or visit www.VenturaCollegeFoundation.org.

Ventura in the news Continued from page 2

near Johnson Drive.

Dispose of your pumpkins after Halloween and other fall festivities, and embrace sustainability at our annual event.

What to expect:
Pumpkin smashing fun
Learn about composting
Help maintain the compost pile
Garden tools will be provided
All ages are welcome

Ventura will continue providing Spanish interpretation of live meetings and translation of agendas for the City Council. The City Council voted unanimously to keep the translations in place. In September, 2022, the city approved a six-month pilot program to bring interpretation to council meetings. In March, the council extended the program and added Spanish translation of City Council meeting.

There has been an increase in people accessing the Spanish language agenda, according to the city. Typically, the translation takes about 72 hours after the agenda is posted.

A large cannabis trade show could be headed to the Ventura County Fairgrounds.

The Fairgrounds has entered into a tentative agreement to lease space for a cannabis trade show in March.

Fairgrounds CEO Jen McGuire said a contract is being drawn up for the show to lease space at on March 13-14. Before the deal becomes official, it will have to be approved by the fairgrounds board of directors and also be reviewed by the state who owns the site.





Ventura Unified to become 1st district on Central Coast to Utilize IRA Funding

Comprehensive energy program will leverage Federal funding to implement integrated solutions at all 27 school sites and capture an expected \$106 million in net energy savings

Ventura Unified School District (VUSD) recently approved a contract with ENGIE North America (ENGIE) for comprehensive solar, LED building lighting, customized sports facility LED lighting, and an integrated STEM internship and student engagement program. As the first K-12 school district along the Central Coast to leverage Inflation Reduction Act (IRA) funding, VUSD will also utilize bond funding to help pay for the project and expand its technical scope which will positively improve sustainability outcomes across the District.

Serving approximately 15,000 students across 27 school and campus facility sites, VUSD leadership and the supporting community have long prioritized the design of a financially-viable energy program to capture energy savings and align with local and state climate action goals. ENGIE worked with the District to lock in favorable Net Energy Metering 2.0 rates for the next 20 years. VUSD is also committed to delivering sustainable solutions across all school sites – many of which are located in economically underserved parts of the city.

This project is financially attractive for the District and will reduce its overall electricity costs by 70 percent over 30 years. This work will be done across schools with a Southern California-based team of ENGIE project engineers. The combined project scope will include:

4,708 kW solar PV scope across 25 sites

and parking canopy solar structures;

- · Interior/exterior LED lighting and occupancy sensor controls at nine sites;
- · Sports Field LED lighting at Buena High School and Ventura High School, reusing existing lighting infrastructure poles to minimize extended construction impact on the fields; and
- · Integrated STEM offerings aligned with real-time project data production, including professional development for teachers, hands-on engineering design learning for students, and six dedicated summer intern opportunities for local students.

The VUSD program is expected to save \$133 million in energy costs over the lifetime of the project. The District should be eligible for \$14 million in IRA federal funding dollars that will go directly to it after the project is completely constructed.

"As thoughtful stewards of our community's resources, Ventura Unified has been interested in solar energy and high-efficiency LED lighting systems for many years. Unfortunately, making those changes was cost-prohibitive until recently," stated Board President, Sabrena Rodriguez. "Thanks to the generosity of our community by passing Measure E, a general obligation bond to update our schools, we can now make these changes a reality. These changes are not only a positive step towards sustainability and resilience for the District, but they will also provide opportunities for our students and staff to learn about how green technologies can be good for the financial bottom line - creating a win-win for the community and our schools."

"The IRA is a true gamechanger for our ENGIE customers – now that we are seeing local leaders like VUSD start to directly build out projects that leverage potential IRA funding, it is clear what a win-win this is for energy communities across the U.S.," said Jean-Francois Chartrain, Managing Director, Energy Solutions Americas at ENGIE. "We are excited to help VUSD expedite their plan for long-term sustainability that will enhance and elevate the District's financial and environmental impact through our range of comprehensive solutions."



Mike McBain (December 13, 1942 - September 30, 2023)

In loving memory of Mike McBain, a distinguished academic, entrepreneur, and community servant. Mike's journey from philosophy at Cal State University, Los Angeles, to an MBA at Cal State University, Northridge, set the stage for a remarkable career. His entrepreneurial spirit thrived with Central Courier, exemplifying punctuality and community commitment. Later, McBain Managerial

Bookkeeping and real estate management showcased his financial acumen. A Lion at heart, he served the Ventura community. His recent publications and business ventures reflected his enduring innovation. Mike's legacy is one of growth, adaptability, and unwavering commitment. The memorial for Mike McBain will be on Nov. 19th at 3pm at Poinsettia Pavilion.



Sunday, November 12 • 11 a.m. – 3 p.m.

Plein Aire: Artist Meet, Greet & Paint 11:30 a.m. – 12:30 p.m.



View new paintings added to the *What Lies Beneath Exhibit by Ventura County Plein Aire artists*. Participate in a Q&A with the artists, paint plein aire, or explore the grounds. All are welcome!



Volunteer Open House 1 - 2 p.m.

Learn about our volunteer opportunities including gardening, tours, historical reenactment & more.

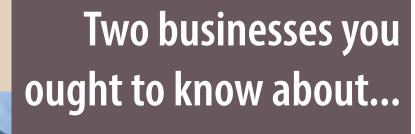
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shop.oliveventura.com





Pollard has held a number of roles that have helped propel Food Share's expansion.

Food Share elevates Kristy Pollard to Chief Strategy Officer Role

Food Share of Ventura County has announced the promotion of Kristy Pollard to the role of Chief Strategy Officer (CSO). The appointment recognizes Pollard's pivotal contributions over nearly two decades of dedicated service and underscores the organization's commitment to thoughtful growth as it tackles increasing levels of food insecurity. Food Share fed 267,000 individuals during the last fiscal year, more than 1 in 4 county residents.

Pollard has held a number of roles, most notably as grants director, securing crucial funding and resources that have helped propel Food Share's expansion to become Ventura County's largest hunger-relief organization. She also plays a key role in implementing grant funded programs, and has been a driving force behind initiatives targeting improved food accessibility for marginalized groups including farm workers, seniors, and children. Additionally, Pollard's championing of expansion projects like CalRecycle has solidified her status as an integral part of the Food Share team.

Reporting directly to Monica White, Food Share's President & CEO and collaborating closely with all department heads, the newly created CSO position will be instrumental in shaping and implementing Food Share's long-term

strategies, fostering innovative solutions, and ensuring the organization's sustained growth and impactful efforts in combating hunger and food insecurity in Ventura County.

Speaking about the appointment, Monica White said, "Kristy's proven leadership skills foster an environment of motivation and mentorship that has earned the trust and admiration of colleagues and partners alike. In her new role, she will be instrumental in cross-functional strategic initiatives that will help optimize our continued efforts to meet the needs of escalating food insecurity in Ventura County."

Learn about the Ventura County Grand Jury

Jurors Available for Speaking Events The Ventura County Grand Jury seeks opportunities to speak to community organizations, non-profit organizations, and similar groups as part of its education outreach program.

The Grand Jury investigates matters affecting aspects of government in Ventura County.

The Jury comprises 19 citizens who are impaneled by the Presiding Judge of the Superior Court and serve as a "voice and conscience" of Ventura County residents concerning their local governments.

The impaneled Grand Jury does not pursue criminal cases or hear evidence in courtrooms. It serves as an independent investigatory panel on behalf of the citizens of Ventura County. It investigates complaints from the public, writes reports, and makes recommendations to local governments and agencies such as city councils, school districts, hospitals, harbors, and water districts. Investigative areas include alleged government violations of city and county codes, disaster preparedness, contracting procedures, and health and safety matters among others.

Reports and governmental responses from investigated departments and agencies can be found on the Grand Jury website https://www.ventura.org/grand-jury/.

To learn more about the Grand Jury and how it serves the community, how to become a juror, or request speakers to meet with your group or class, you may contact the Grand Jury at (805) 477-1600 or complete a speaker request form available on the Grand Jury website at https://www.ventura.org/grand-jury/forms/.

Visit Ventura is a finalist for the Place Brand of the Year

Visit Ventura is proud to announce it is a finalist for the Place Brand of the Year category of the City Nation Place Awards 2023 for the organization's involvement and leadership in hosting the X Games 2023 in Ventura. Visit Ventura is the only USA finalist in this category.

The City Nation Place Awards celebrate and benchmark the very best in strategic and effective thinking for place branding and marketing. As the

only specialist global awards designed to showcase the best approaches to building and managing the reputation of destinations, the City Nation Place Awards attract entries from across the world. Winners of the awards serve as best-practice case studies for reference and inspiration for cities and destinations around the globe.

"Being announced as a finalist feels like we're already a winner!" said Marlyss Auster, President and CEO of Visit Ventura. "Our whole team is beaming with pride knowing that our hometown is receiving international recognition with this award. We succeeded in hosting a big-time event while also staying true to our roots. I am so proud of what we achieved this past summer as a community. We made history."

The Place Brand of the Year category awards destinations that demonstrate a committed approach to support the long-term goal of promoting the place brand by capitalizing on an event or implementing a project. Visit Ventura's entry titled "A Small-Town Story of a Big-Time Event: the Journey of X Games 2023 Coming to Ventura," outlined ways we leveraged regional partner and stakeholder collaboration, community involvement, local business engagement, and sustainability to ensure the X Games was a success in our hometown. By hosting an event that not only is internationally acclaimed as the world's largest extreme sports competition but one that also matches Ventura's ethos and love for the outdoors, Visit Ventura elevated our destination to world recognition.

An international panel of judges determined Visit Ventura's entry as a finalist for the category alongside entries from New Zealand, Brussels, the Netherlands, Switzerland, and Lithuania. City Nation Place Awards winners will be announced at City Nation Place Global 2023 in London on November 9.

12th annual can-tree food drive event

Food Share, Ventura County's largest hunger-relief organization, is bringing its most popular community event back for the holidays! The 12th Annual CAN-tree food drive will take place in Figueroa Plaza from Thursday, November 30 when the trees will be built, through Sunday, December 3, 2022, when they will be dismantled.

The event, which brings thousands of individuals, families, and local businesses together to collect and build hundreds of canned food "trees" is Food Share's biggest food and fund drive of the year and is a critical source of food for the thousands of people still struggling with food insecurity in Ventura County.

There are lots of ways to get involved. Participants can Collect & Build, Buy & Build, Raise & Build or Sponsor a Tree. There's also a chance to win one of 10 coveted awards including the CAN Crusher, the Top CAN Crusher, and the People's Choice, which will be featured on Food Share's website, social media pages and in its newsletter.

For more information visit: https://foodshare.com/can-tree-2023/ or reach out to Jess Hug, at jhug@foodshare.com.

805 Gift Emporium

Thanksgiving to Christmas. It's all here. We have something for everyone.

Mention that you saw this ad in the Breeze and get 20% of your entire purchase!



805.658.0805 • Hours: 1:00pm – 6:00pm on Wednesday
11:00am – 5:00pm on Thursday, Friday and Saturday
2500 Channel Dr. at the end of Howard St.

No Delay in Trash, Recycling and Yard/Organic Waste Pick Up Due to the Veterans Day Holiday

The Veterans Day holiday falls on Saturday, Nov. 11. The collection of trash, recycling and yard/organic waste will not be affected the week of Nov. 5-11 in the Cities of Ventura, Ojai and the surrounding areas.

Thank you and Happy Holiday
E. J. Harrison & Sons



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Pilates Studio, Weight Management,
Message Studio

For Information Call: 310.273.9201

Full Broker Cooperation







This is Angie Keeney from Rancho Cucamonga. She is a retired English teacher and enjoys reading the Breeze and wearing great hats. We don't know how she gets the paper.





TUESDAY, NOVEMBER 28 8 P.M.

VENTURA CENTER FOR SPIRITUAL LIVING 101 S. LAUREL ST, VENTURA

- An Interview with Rainn Wilson
- Short Dramatic Reading
- Audience Q & A
- Optional Meet & Greet

SAVE \$5 WITH CODE: BREEZE

TICKETS
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by Pam Baumgardner VenturaRocks.com

We're at the time of year where we don't know what the heck to wear when heading out to take in live music. Is it going to be cold? Hot? Windy? What's going on? It changes not only day to day, but hour to hour. Your best bet is to wear layers. You're welcome.

It turns out there may be tickets available after all for the acoustic Soul Asylum show in Ojai for Saturday, November 11. This is a rare opportunity to see Dave Pirner and Ryan Smith perform in such an intimate setting. I was surprised to no longer see "sold out" on the Deer Lodge website (DeerLodgeOjai.com); my advice is to snag 'em before they're really gone!

The next free Ojai Pops Orchestra show will be on Sunday November 5 at Libbey Bowl starting at 1:30 in the afternoon with classical woodwind quintet, Ventvm Qvintet followed up with Tuxedo Junction Jazz Band featuring vocalist Freda Ramey.

Poncho Sanchez returns to the Grape with his brand of hot Latin jazz with two shows on Sunday November 5. At press time, the 6 pm show was sold out with tickets still available for the 8 pm show.

Tickets are on sale now for the next Chick Singer Night returning to the Sound Palace in Oxnard for a show on Saturday, November 4. This time they'll feature Krystal Park, Jess Bush, Rachael Lynda, Lois Mahalva and Eliya Frantz. Chick Singer Night started over 30 years ago in Chicago and has grown nationally with a local chapter here in Ventura County headed up by Jodi Farrell.

I am totally intrigued with the "Beatles vs Stones, a Musical Showdown" event at the Oxnard Performing Arts Center on Saturday, November 11. Taking the part of "Beatles" is the tribute band Abbey Road, and on behalf of Fri 11/3: Don't Push "Stones" is the tribute band, Satisfaction. This is a national touring show having performed on stages coast to coast and having done residencies at Harrah's in Reno and Laughlin for five months. Tickets available through Axs.com.

Concerts just announced include Ozomatli for the Ventura Music Hall on December 14 and you know it's going be a tongue-incheek night of punk fun when The 28th Annual Christmas Formal will feature The Vandals this year at the Majestic Ventura Theater on Friday, December 22.

Quick Notes: Lowered Expectations will celebrate Dia de los Muertos on Wednesday, November 1, at Vaquero y Mar; Rose Valley Thorns play the Ojai Under-

ground on Thursday, November 2; Bombay's first Saturday live music show features Blurry Stars, Dielectric and Duncan & the Dragonslayers on November 4, 6-9 pm; D.on Darox and the Melody Joy Bakers take over Sans Souci on Saturday, November 4; and Luna Shade out of Colorado will bring reggae fusion to the Garage on Saturday, November 11.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more listings, additional times and genres go to VenturaRocks.com

Bellringer Brewing Company 472 E. Main St., Ventura Fri 11/10: Katie Leigh

Boatyard Pub

1583 Spinnaker Dr., Ventura Music 6-9; except Sundays 4-7 Wednesdays: Frank Barajas Fri 11/3: Teresa Russell Sat 11/11: Guy Thomas and Dave

Bombay Bar and Grill 143 S. California St., Ventura

Wednesdays: Blues Night Sat 11/4: Blurry Stars, Dielectric, Duncan & the Dragonslayers

Cantara Cellars

Blanchard

126 N. Wood Rd., Camarillo

Fri 11/3: Mid Life Crisis Sat 11/4: Donna Green and the Roadhouse Daddies Fri 11/10: Kelly's Lot Sat 11/11: Dive Bar Messiahs

The Cave

4435 McGrath St., Ventura

Wed & Thurs: Bobby Apostol Fri & Sat: Warren Takahashi

Copa Cubana Ventura Harbor Village

Tuesdays: Blues Tuesdays **Copper Blues**

591 Collection Blvd., Oxnard

Fri 11/10: On Tap

Deer Lodge 2261 Maricopa Hwy., Ojai

Fri 11/3: Gandy Dancer Fri 11/10: Emily Nenni Sat 11/11: Soul Asylum

Four Brix 2290 Eastman Ave., Ventura

(Fridays 6-8:30; Sundays 1-3:30) Sun 11/5: Kelly's Lot Fri 11/10: The Hollywood Rocker

Garage

1091 Scandia Ave., Ventura

Fri 11/3: Breaking Bored Sat 11/4: Steph's Rockin' Road Show Fri 11/10 What the Funk Sat 11/11: Luna Shade

The Grape

2733 E. Main St., Ventura

Tues: The Gratitude Jazz Jam

Wed 11/1: Matt Gordy Quartet Thurs 11/2: SicNarf

Fri 11/3: Andrew Synowiec Sat 11/4: Dick Earl's Electric Witness (2 pm); Barrelhouse Wailers (8 pm) Sun 11/5: Poncho Sanchez (6 & 8 pm

Thurs 11/9: The Pickle Mafia

Fri 11/10: Eric G Project Sat 11/11: Heart of Blues (2 pm); David Garfield (8 pm)

The Hangar Bar and Grill 824 E. Santa Maria St., Santa

Sun 11/5: Petty Lovers Band, Katie Shorie

Leashless Brewing 585 E. Thompson Blvd., Ventura

Thurs 11/2: Singer/Songwriter Open Mic Night Fri 11/3: Jayden Secor

Sat 11/4: Heavy Rotation Thurs 11/9: The Absolution Train Fri 11/10: MoonDawgs Sun 11/12: Vinny Berry

Libbey Bowl 210 S. Signal St., Ojai

Sun 11/5: Ojai Pops Orchestra

Majestic Ventura Theater 26 S. Chestnut St., Ventura

Fri 11/3: Andrew McMahon Sun 11/5: Unknown Mortal Orchestra

Fri 11/10: Cattle Decapitation

Manhattan

5800 Santa Rosa Rd., Camarillo

Wed 11/1: Robert Van Thurs 11/2: Tom McMorran Fri 11/3: Pam and Hollywood Sat 11/4: Jeanne Tatum Wed 11/8: Warren Takahashi Thurs 11/9: Jeanne Tatum

Margarita Villa 1567 Spinnaker Dr., Ventura

Sat 11/4: Vinyl Gypsies Sun 11/5: Doc Rogers Band Sat 11/11: Cinnamon Whiskey Sun 11/12: Déjà vu Three

Mrs. Olson's

2800 Harbor Blvd., Oxnard Sun 11/5: Teresa Russell

Namba Arts

47 S. Oak St., Ventura

Sat 11/11: Whole Hog Sun 11/12: The Listening Room Open Mic

Ojai Valley Brewing 307 Bryant St., Ojai

Fri 11/3: Nautical Thrust Sat 11/4: Tommy Foytek Band Sat 11/11: Brandi Rose

Ojai Underground Exchange 616 Pearl St., Ojai

Thurs 11/2: Rose Valley Thorns Fri 11/3: Rebecca Folson

Oxnard Performing Arts Center 800 Hobson Way, Oxnard

Fri 11/3: B.A.D. Boys of RNB Sat 11/11: Beatles vs Stones tribute

Poseidon Brewing 5777 Olivas Park Dr., Ventura

Fri 11/3: CocoKnots Fri 11/10: Vanise Terry Band Sat 11/11: Carp Park

Rancho Campana Performing **Arts Center**

4235 Mar Vista Dr., Camarillo

Sun 11/5: New West Symphony: Beethoven to Brubeck

The Raven Tavern

1651 S. Victoria Ave., Oxnard Fri & Sat 7 pm; Sunday 2 pm Fri 11/3: Operation 90s Sat 11/4: Unkle Monkey Fri 11/10: Cinnamon Whiskey

Rocks & Drams

14 S. California St., Ventura

Wednesdays: Katie Leigh

Sat 11/11: Teresa Russell

Sans Souci

21 S. Chestnut St., Ventura

Sat 11/4: D.on Darox and the Melody Joy Bakers

The Shores

1031 Harbor Blvd., Oxnard

Fri 11/10: CRV

The Six

419 E. Main St., Ventura

Monday's: Big Stuuuu's Open Mic Sat 11/4: Keyth G & the Universouls

The Sound Palace

1681 Beacon Place, Oxnard

Sat 11/4: Chick Singer Night

Strey Cellars

951 N. Rice Ave., Oxnard

Sat 11/4: Dive Bar Messiahs Sun 11/5: Whiskey Business

Taqueria Jalisco 4275 Tierra Rejada Rd.,

Moorpark Tuesdays & Fridays: Jim Friery

Topa Topa Brewing 4880 Colt St., Ventura

Tues 11/14: Jam

Vaquero y Mar 435 E. Thompson Blvd., Ventura

Sundays: Mariachi Tuesdays: The Sea Hunter, Lowered Expectations

Wednesdays: Tribal Me

Fridays: Conjunto Zacamandu Sat 11/4: Looking West

Ventura Music Hall

1888 E. Thompson Blvd., Ventura

Wed 11/1: Thee Sinseers, The Altons Fri 11/3: Plini

Sun 11/5: Courtney Barnett Tues 11/7: Henry Rollins

Wed 11/8: Rawayana

Fri 11/10: Sammy Johnson Sun 11/12: Durand Jones

Waterside

3500 Harbor Blvd., Oxnard Sun 11/12: Teresa Russell

Winchesters

632 E. Main St., Ventura Music Thurs 5:30; Fri 7 pm; Sat 3

pm; Sun 3 pm Thurs 11/2: Brandon Ragan

Fri 11/3: Miss Bix & the Nervous Tics

Sat 11/4: Mack and D

Sun 11/5: Nautical Thrust

Thurs 11/9: Steve and Sally Williams Fri 11/10: Déjà vu Three feat.

Colette Lovejoy

Sat 11/11: Mark Masson's Jam Grass Experience

Sun 11/12: Mid Life Crisis

1901 Speakeasy

740 S. B Street, Oxnard Sat 11/4: RJ Mischo

Ventura Music Scene





Yana Khiyod

Ventura Art Scene



Upcoming at Studio 99, Buenaventura Art Association's gallery and head-quarters at Bell Arts Factory in Ventura, are concurrent Nov. 3-Dec. 23 solo exhibitions by member artists **Maxine Apke** and **Darlene Roker** and a group show of works by artists who've joined BAA since Jan. 1, 2023.

Apke's show will feature more than a dozen framed examples of her handmade paper collage art, about half of which are 24 by 30 in.; some small, unframed pieces; and a dozen "eco-dyed scarves," she said.

The artists will be on hand to greet gallery visitors and discuss art during First Friday open gallery receptions from 6-9 p.m. opening night, Nov. 3, and on Dec. 1.

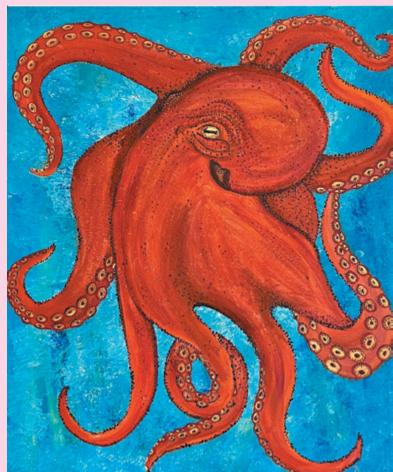
For more about BAA and its programs, phone the gallery at 805-648-1235 or visit buenaventuraartassociation.org.

Buenaventura Art Association operates Studio 99 at 432 N. Ventura Ave. Open noon-4 p.m. Fridays and Saturdays.

On Sunday, November 12, from 1-4pm, the Ventura Marina Community (1215 Anchors Way Dr., off of Schooner) presents Art in the Marina. Stop by and support local artists, artisans and crafters in the Club House including Breeze staff members Patricia Schallert and Yana Khiyod.



Patricia Schallert



Betsy Laban



Visit Patchwork Show in downtown Ventura. Shop from 60+ local makers, crafters, junior entrepreneurs, designers, and food artisans while enjoying the family and dog-friendly atmosphere. Plus, crafting stations will be available for extra fun. Best of all, it's free to attend.

November 5, 2023 - Downtown Ventura - California & Main - 11-5pm



Lighter Breeze

















The Spats







Out on a Limb





Amber Waves



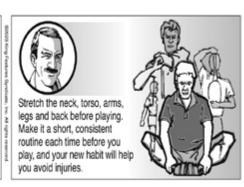






Stan Smith's Tennis Class





Solutions on page 15

(For a beginners guide to playing Sudoku go to venturabreeze.com)

8					3	1	5	
	'	6	4			9		
	7			5				8
	1			9		6		
3					1		8	
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	8				6		4	
		4	7	8		3		

Weekly **SUDOKU**

by Linda Thistle

Place a number in the empty boxes in such a way that each rew asross, each column down are each sina 19-box square contains at of the inumbers from one to more

DIFFICULTY THIS WEEK: ◆◆

 Moderate → ◆ Challenging ◆◆◆ HOO BOY!

construction and a second

Solutions on page 15

King Crossword

16

ACROSS

- 1 Lass
- 4 Choose
- 8 Beanies
- 12 Historic time. 13 Actor's quest

15

20

37 38

46

49

- 14 Theater award
- 15 Contingency funds
- 17 Goddess of victory
- 18 Orange veg-
- gies 19 Pursuing
- 20 Cellist Casals 22 Innocentione.
- 24 New York canal
- 25 Misfortune
- 29 Balloon filler 30 Pal
- 31 Big D.C. lobby
- 32 Melancholy melodies
- 34 Alike (Fr.) 35 Aftermath
- 36 Condition
- 37 Of the Arctic 40 Chinese
- dynasty. 41 Egg
- 42 Believed
- 46 Ganges wrap
- 47 Skip
- 48 Apprehend

49 BPOF mem-

42

- bers 50 Lectern locale 9 Slightly
- 51 Sticky stuff

DOWN

- 1 Prized possession
- Altar constellation
- Small beetle.
- Teaser ad Charged bits

- The Browns, on score-
- 8 Have a huddle 33 Hindu teachers

22

- 10 Toll road
- 11 Crystal gazer 16 Like ganders
- 19 "Dear -- " 20 Stew veggies 39 Hide in the
- 21 Operatic solo 22 Police ID
- 23 Tosses in
- 25 Nonsense
- 26 Attractive 27 "I smell —!"
- 28 Hardy cabbage

- Crock 36
- Lock opener. 30 Sow's mate.
 - 34 Sicilian volca-
 - 36 Prepares flour 37 Sit for a photo
 - 38 Ellipse
 - bushes 40, 1502, in Old
 - Rome 42 Brick carrier
 - 43 "I Bock"
 - 44 Eastern "way" 45 "Game of Thrones ' airer

5, 2023 King Features Synd., Inc.

WITH THE CONTINUED SUPPORT OF OUR ADVERTISERS, DONORS AND READERS, WE CONTINUE TO BRING LOCAL NEWS AND IN-FORMATION TO VENTURA (NOW IN OUR 14TH YEAR). THE COVID PANDEMIC HAS AFFECTED ALL SMALL BUSINESSES, AND LOCAL NEWSPAPERS HAVE BEEN DEEPLY IMPACTED AS WELL AS THEY ARE SOLELY DEPENDENT ON ADVERTISING REVENUE. WE CONTINUE TO ASK OUR LOYAL READERS TO HELP SUPPORT THE BREEZE. WE LOOK FORWARD TO CONTINUING OUR MISSION OF BRINGING YOU THE INFORMATION IMPACTING VENTURA.

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未来

Show Time

Boots and Brews Country Music Festival Ventura 2023

by Joesph Seemayer

Boots and Brews Country Music Festival is back at Surfers Point Live with Country Music Superstar Jon Pardi! Along with Jon Pardi, Michael Ray, Niko Moon & Highway Starr were all featured on October 15, 2023, in Ventura, at the Ventura County Fairgrounds.

"The Boots and Brews Country Music Festival in Ventura, California is one of the best country music festivals in the state— from its views of the beach to star-studded lineups, Boots and Brews is an annual event that keeps country music enthusiasts coming back year after year", as described by CBF Productions on the Visit Ventura California website (www.visitventuraca.com).

The festival grounds offer much more to do than its fantastic country music performances. Festival guests enjoyed good ol' fashioned line dancing at Honky Tonk or made their way through the Vendor Marketplace, an assortment of high-quality goods like hats, clothing, boots, jewelry, and more.

Hungry or thirsty? There were 15+ local food vendors featured, including several bars serving up a variety of canned and mixed beverages.

Bars were serving whiskey cocktails and ice-cold margaritas, along with beers from the popular Central Coast brewer, Firestone Walker.

"Festival organizers have a knack for booking some of the hottest acts in country music, from established stars to up-and-coming talent. Expect top-notch performances and a diverse musical experience that spans traditional country, modern country rock, and everything in between", states the Visit Ventura CA website.

This year's music lineup continued the festival's talent for booking some of Country music's top stars and up and upcoming acts. The 2023 festival was headlined by country music legend, Jon Pardi who was accompanied by several other notable country music stars including Michael Ray, Niko Moon, and Highway Star. Below is some information about each artist and their music

stvles.

Jon Pardi (born May 20, 1985) is an American country music singer and songwriter. Signed to Capitol Nashville, he has released four studio albums: Pardi's music style is defined by neotraditional country influences.

Michael Ray Roach (born April 29, 1988) is an American country music singer and songwriter. Michael Ray's performance at this year's Boots and Brews captured the attention of the music lover's in attendance. Extremely entertaining, Michael Ray and his band interacted with the fans on almost a personal level.

Another featured artist at this year's Boots and Brews was Niko Moon (born Nicholas Cowan; September 20, 1982). Niko Moon is an American country pop singer and songwriter signed to RCA Nashville.

Starting off the concert was California local band, Highway Starr. The Bash (www.thebash.com) describes Highway Starr as Southern California's Premier High Energy Modern Country Rock Band.

Past Boots & Brews artists include Tim McGraw, Brad Paisley, Jake Owen, Morgan Wallen, Cole Swindell, Chris Young, and many more. The anticipation of who will be taking the stage each year adds an element of excitement that keeps fans coming back.



Michael Ray was a featured singer at Boots and Brews.

Streaming Spotlight by Cindy Summers

Milli Vanilli

– Paramount+



Breeze rating from 1 to 4 palm trees, 4 being best.

In the late 1980s, Robert Pilatus and Fabrice Movan of Milli Vanilli exploded into the pop music scene with an album that sold over 8 million records, was number one on charts worldwide, won three American Music Awards and a Grammy. Rob and Fab were megastars living the high life, though that success would be short lived when it was discovered the neither of them actually sang on the record. The truth was that other recording artists had performed on the original, and that Rob and Fab were just dancers that had lipsynced through every moment of the music career.

Fabrice grew up in Paris. When he was 18 he moved to Munich, Germany, ran out of money and became homeless. He was able to get some jobs teaching dancing, which was what he studied in Paris and Rob was a local break-dancer. Rob was 20 and the two were the only blacks in the popular Germany dance scene. Rob and Fabrice met in 1986 at a party, moved in together and started throwing large parties, eventually doing shows in a local club singing and dancing. They got their first break in Munich as backup dancers on a popular TV music show.

They also began modeling and set themselves apart by creating their signature dreads looks. It was then that Rob connected them with Frank Farain, producer of another wellknown group at the time Boney-M. Frank's assistant Ingrid Segieth said they had a project that they thought Rob and Fabrice would be good for if they were interested. With an offer of 1500 Deutsch Marks advance each, Rob and Fabrice excitedly signed the contract with little review of the details.

Several months went by and finally Ingrid called asking them to come to the studio. After playing the music from "Girl You Know It's True" Frank explained he did not want Rob and Fab to sing on the record, only to dance and be lip-syncing performers. Rob and Fab decided that they would just do this one song and get out. Frank solicited the singing talent of several other artists: popular American singer Brad Howell as lead singer, lead rapper Charles Shaw was given \$12K to agree to the project and keep quiet about the details, and backup singers twins Linda and Jodie Rocco.

Frank released "Girl You Know It's True", which quickly reached number one on the German Billboard charts, did great in Europe, and then exploded in the US reaching number two on the US charts and was a top five hit in 23 countries around the world. After the US success, Rob and Fab signed with Arista Records and president Clive Davis hired songwriter Diane Warren, who wrote "Blame It On the Rain". Arista released the album and it went 6x Platinum selling 8 million albums with three number one hits singles, winning three American Music Awards and a Grammy.

Stardom made Rob and Fab crazy and they threatened Frank, saying that if he didn't pay them \$150K they would reveal the truth. Frank decided to take control by holding a press conference in NY and revealed to the Associated Press that Rob and Fab were not the singers on the album. In worldwide news Milli Vanilli became known as "Phony Bologna" and they were required to return their Grammy. Frank had little fallout from his admission and Clive lied about knowing the truth,

letting Fab and Rob take the full fall, with Rob falling the hardest.

Rob was arrested numerous times for drugs and related crimes, and unsuccessfully tried rehab. He went to a rehab in Germany and felt after three months he had conquered his addictions and upon leaving went to visit Ingrid. Rob

was found dead the next morning by Ingrid in a Frankfurt hotel room having consumed alcohol and pills. Fab was devastated but recovered and found love, got married, had several children and continues performing live singing the music of Milli Vanilli.

Runtime: 1h 46m









