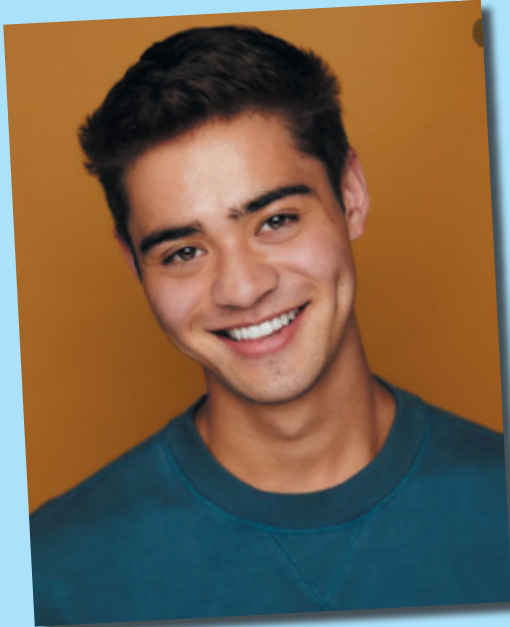




# VENTURA BREEZE

Your Hometown Paper

Vol. 16, No. 26 Published Every Other Wednesday Established 2007 September 20 to October 3, 2023



From Pierpont Elementary to Broadway.

## Daniel Brackett will be performing in Aladdin

Daniel Brackett has played many leading roles in musicals growing up in Ventura: a wriggly Caterpillar in Alice in Wonderland at Pierpont Elementary, a shirtless Mowgli in Jungle Book at Rubicon Theatre, a rebellious Ren in Footloose at Ventura High. But Daniel these days is performing in perhaps his biggest role, and certainly on the biggest stages, of his life as a cast member in Disney's North American Tour production of Aladdin.

Part of a 30-member actors' equity (the union representing professional theatre actors) cast, Daniel landed a role as ensemble and understudy for two roles - Omar and Aladdin. Daniel began rehearsals for the show in New York City last summer, and has been part of the show since its opening last October in Schenectady, New York. Since then, Daniel has criss-crossed the continent, doing 8 shows a week in Chicago, Washington, D.C., Albuquerque, Montreal, Denver, to name a few.

Linda Ottsen, a premier voice teacher in the area

**Continued on page 17**



Stair Climb remembers September 11. Photos by Patricia Schallert.

## Memorial stair climb recreates climb up the Twin Towers

Ninety-one Ventura firefighters, police officers, and members of the community gathered to honor fallen 9/11 first responders by re-creating the 110 floor climb up the Twin Towers.

The Stair Climb is organized by the Ventura City Honor Guard and Ventura Fire Foundation. Proceeds from the event will be used to support the Ventura Fire Foundation's mental health programming for firefighters and their families.

It was held September 9, at the Crowne Plaza Ventura Beach hotel.

Bagpipers lead the procession to start the climb. Firefighters and police officers, some in full gear climbed the stairs as families and guests cheered them on.

Along with dozens of individuals, teams from the following groups were represented.

Culver City Fire, District 1 County Supervisor Matt LaVere, FBI Los Angeles, Fillmore Firefighters, Flying Embers, Limitless, Oxnard Fire, Performance Wellness and Injury Prevention, Persistence Culture, San Bernardino County

**Continued on page 3**



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Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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**She does not understand the concept of Roman numerals. She thought we just fought World War Eleven.**  
— Joan Rivers

## Prioritize preparedness: Your voice in emergency evacuation planning

by Darin Schindler  
Ventura Police Chief

As September unfolds, so does National Preparedness Month, a time dedicated to raising awareness about the importance of emergency planning and readiness. Ventura's history bears witness to volatile wildfires and floods, making this month's focus on preparedness all the more pertinent.

In our unwavering commitment to your safety and well-being, I am pleased to share that we've launched the Evacuation Preparedness Community Survey, a valuable opportunity for residents to actively shape how we respond to and recover from life-threatening emergencies.

Drawing on over 30 years of experience in law enforcement, and now as your Police Chief, I am acutely aware of the pivotal and critical role that

effective emergency planning plays in preserving lives and minimizing the impact of crises. In collaboration with the City's Emergency Services Manager, Mack Douglass, and our dedicated team of police officers and firefighters, we recognize the importance of nurturing a community that is well-informed and empowered to take decisive action during times of distress.

The Evacuation Preparedness Community Survey is a powerful tool that gives you a direct voice in refining Ventura's evacuation plans, allocating essential resources, and guiding future educational initiatives. By participating in this 10-minute survey, available in both English and Spanish, you become a critical contributor to a more resilient Ventura. Your insights will provide us with valuable information to bolster existing evacuation strategies, identify areas for improvement, and ensure that our emergency plans are comprehensive and practical.

As we contemplate the ever-changing landscape of emergencies, your feedback will be instrumental in shaping our approach. The survey delves into critical aspects of evacuation preparedness, including your familiarity with evacuation routes, knowledge of emergency shelters, preferred transportation, favored communication methods for alerts and information, and overall readiness. Your responses will help us

tailor our efforts to suit the needs and preferences of our diverse community.

It's important to understand that emergency preparedness is not the sole responsibility of first responders; it's a collaborative effort that demands active participation from each community member. Efficient evacuation routes are the backbone of a successful life-saving response. By participating in this survey, you also initiate essential conversations about preparedness with your family, further equipping yourselves to navigate challenges efficiently.

Your input will enable Ventura's first responders to execute their duties precisely and confidently. In times of crisis, every second counts, ultimately saving lives and further protecting our community.

To access the Evacuation Preparedness Community Survey and learn more about this crucial initiative, please visit our website at [CityofVentura.ca.gov/OES](http://CityofVentura.ca.gov/OES).

Remember - If we can predict it, we can prepare for it and respond better! Your participation is an investment in our shared safety, and we are grateful to serve a community that shares our commitment to preparedness.

Your voice matters in building a more resilient Ventura. Together, let's ensure that our emergency preparedness is not just a plan on paper but a living testament to our collective commitment to each other's safety.

## As I See It by Sheldon Brown

Unfortunately, River Haven is closing down. This was the perfect solution to help with our city's homeless problems. Hopefully, other living arrangements can be found for those living there so they will not become Ventura homeless (see article in this issue).

The earth has sweltered through its hottest Northern Hemisphere summer ever, with a record warm August capping a season of brutal and deadly temperatures, according to the World Meteorological Organization. Last month was not only the hottest August scientists ever recorded with modern equipment by far, it was also the second hottest month measured, behind only July 2023.

August was about 2.7 degrees Fahrenheit warmer than pre-industrial averages. That is the threshold that the world is trying not to pass, though scientists are more concerned about rises in temperatures over decades, not merely a blip over a month's time.

The world's oceans were the hottest ever recorded, 69.8 degrees, and have set high temperature marks for three consecutive months. Call it what you wish (and blame whomever you wish), but how can it be denied that the earth is going through severe climate change.

Former Proud Boys leader Enrique Tarrio was sentenced to 22 years in prison for orchestrating his far-right extremist group's attack on the U.S. Capitol in a failed bid to stop the transfer of presidential power after Donald Trump lost the 2020 election.

Tarrio's sentence is the longest so far among more than 1,100 Capitol riot cases, topping the 18-year sentences that Oath Keeper's founder Stewart Rhodes and one-time Proud Boy's leader Ethan Nordean received after juries convicted them of seditious conspiracy and other charges.

"We need to make sure the consequences are abundantly clear to anyone

who might be unhappy with the results of 2024, 2028, 2032 or any future election for as long as this case is remembered," prosecutor Conor Mulroe said. "This was a calculated act of terrorism."

Interesting was the fact that Tarrio wasn't in Washington, D.C, when Proud Boys members joined thousands of Trump supporters, who smashed windows, beat police officers and poured into the House and Senate chambers. But prosecutors say the 39-year-old Miami resident organized and led the Proud Boys' assault from afar.

Gets me thinking - who else wasn't there that was a major contributor to this insurrection?

President Joe Biden is "old" and "confused," and former President Donald Trump is "corrupt" and "dishonest." Those are among the top terms Americans use when they're asked to describe them. Unflattering portraits of Biden and Trump emerge in a new poll by The Associated Press-NORC Center for Public Affairs Research, which asked an open-ended question about what comes to mind when people think of them.

According to the indictment filed in federal court in Delaware by a special counsel overseeing the Hunter Biden case, Biden is accused of lying about his drug use when he bought a firearm in October 2018, a period when he has acknowledged he was struggling with addiction to crack cocaine.

Of course, this law is necessary but not the "federal case" Republicans are making out of it. If we put everyone in prison who lied when purchasing a gun we would need a lot more prisons. And perhaps other Biden transgressions far exceed this particular item.

I think appropriate punishment would be a hefty fine and community service. He could mow the lawn at the White House and dad could bring him lemonade when it gets hot.

## Mailbox

Breeze:

Cannabis Business Permits

The store I visited last week was very clean and employed a good level of security to include personal governmental identification to pass through a locked wall and door barrier; and including security guards outdoors at the entrance. I hope they do very well because that will fill the cities coffers very quickly.

The above leads directly to my next observation. City street maintenance. I have to agree with Diana White and her comments about our street disrepair. Didn't Ventura receive a large chunk of funding for our streets a year ago?

Where did all the money go?

Down the storm drains for storm water recovery?

Diana mentioned Spinnaker, the road to our "jewel", The Ventura Harbor, but this is not the only road in Ventura that is an embarrassment to drive on, try Ralston and many of the roads around Montalvo housing area.

Maybe with all the pot shops opening in Ventura the cities coffers can afford to contract with a road construction company like Granite Construction to repair or replace our crumbling roads.

I realize it is hard for a city to manage its roads and highways when every other month some utility must destroy a once good road to upgrade a wire or pipeline. Could not the city manage this type of work with an announcement to all the utilities and services that use the city rights of ways to bury their products an advance notice of pending construction on specific roads and highways? Then

**Continued on page 10**

We encourage you to send your opinions to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please limit them to about 300 words



VenturaWaterPure is off to a great start! Photos by Patricia Schallert.

## VenturaWaterPure construction project marks a major step

A cornerstone of Ventura’s forward-looking water investment portfolio, the VenturaWaterPure Program, takes an important step toward enhancing the City’s water supply resilience. This landmark project marks the City’s effort to secure its water future, positioning Ventura at the forefront of sustainable water management in the region.

The ocean outfall project will be used to dispose of concentrate generated by the future Advanced Water Purification Facility, which is projected to provide up to 20% of the City’s water supply when fully operational.

“In December 2011, the Ventura City Council voted on a settlement agreement with Heal the Bay and the Wishtoyo Foundation/Ventura Coastkeeper to preserve the Santa Clara River’s natural habitat,” shared Mayor Joe Schroeder. “The consent decree also requires a beneficial reuse of the water to align with the City’s long-term sustainability goals and commitment to responsible water management.”

Ventura Water General Manager Gina Dorrington highlighted the project’s substantial support from federal agencies, securing a \$173 million loan from the U.S. Environmental Protection Agency and an additional \$18 million in grant funding from the U.S. Bureau of Reclamation. “The project’s success is further underlined by unanimous approval from the California Coastal Commission, and the acquisition of all necessary permits showcases the City’s dedication to environmental responsibility and adherence to regulations,” she stated.

A thorough evaluation of potential sites was examined for the construction of the ocean outfall. Marina Park was identified as the optimal location and received a thorough Environmental Impact Report analysis. In addition, extensive community feedback directed additional mitigation measures consistent with construction activities for noise, dust, and vibration impacts. A dedicated construction management team is spearheading all mitigation

efforts, and community members can leave a message at any time at 805-500-8103 for additional concerns, questions, or feedback.

Construction is anticipated to be completed by summer 2024. For additional information, frequently asked questions, reports, and updates on the VenturaWaterPure Ocean Outfall construction project, please visit [www.cityofventura.ca.gov/OceanOutfall](http://www.cityofventura.ca.gov/OceanOutfall).



**Memorial Stair climb Continued from page 1**  
Fire, Santa Barbara PD SWAT, Stronghold Fitness, The Vent, Ventura City Fire, Ventura County Fire, Ventura Police Dept and Visit Ventura.



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CAPS is holding an open house.

## CAPS/ECTV Crew produces safety video for schools

Meet the new CAPS/ECTV Crew – the talented high school students at El Camino in the media education program at CAPS. Recently the ECTV team worked with Ventura Police school resource officers (SROs) to produce a new school preparedness instructional video for teachers and students in the Ventura Unified School District.

The ECTV program was created by CAPS in partnership with the VUSD. The career education program provides high school students with hands-on training in all aspects of media production including writing, directing, producing, recording, and editing their own award-winning programs.

KPPQ’s DJ of the month is Kathleen Good, host of “In the Women’s Room”. She has been a member of CAPS for fifteen years which constitutes nearly her entire retirement. For eight years she produced environmental videos for CAPS-TV.

When CAPS Media invested in a local community radio station—it was a no-brainer for Kathleen to propose a show. The format came together almost instantly because she had been working with women’s issues as well as environmental issues, and had honed skills such as preparation, timing, sequencing, interviewing skills, as well as storytelling.

Kathleen says “In the Women’s Room” is your place for enlightening discussions with experts about our history, health, psychology, politics, workplace, art, child-rearing, literature, social and economic issues, environment, and much, much more. Every woman knows what the issues are—we live them every day!” Tune in Monday and Wednesday at 8a, Tuesday and Thursday at 2pm and Saturday at 1pm on KPPQ at 104.1fm or streaming on myTuner.

Join us for a special CAPS Open House on Thursday, October 5th from 4-p.m. to

8pm at the CAPS Media Center. Everyone is invited to drop by, meet the CAPS crew, tour the facility, and enjoy brief, hands-on, informative demonstrations on all aspects of media production including videography, studio, radio and podcast production, scripting and storytelling, live streaming, video editing and much more.

CAPS is Ventura’s public access media center, managing Channel 6 (public) and Channel 15 (government and education), plus KPPQ radio at 104.1fm and video streaming. CAPS crew members provide expertise and service to the City of Ventura by covering City Council and other meetings at City Hall, as well as producing informational public service videos and more.

At the CAPS Media Center, the team offers one-on-one training to the public in all aspects of media production helping CAPS Members to produce their own projects. In addition, CAPS has all the tools Members need to produce their stories

including cameras, tripods, sound gear, editing computers and more.

Anyone who lives, works, or attends school in Ventura is welcome to become a CAPS Member and take advantage of the training and resources CAPS has to offer. Currently CAPS Members include teenagers, young and mid-career professionals, educators, storytellers, retirees, and everyone in between. In addition, CAPS Members also include local community councils, and nonprofit, faith-based and other community service organizations throughout Ventura.

The CAPS Media Center is located at 65 Day Road, between Loma Vista and Telegraph, on the east side of Ventura College directly across from Foothill High School.

Join us for the CAPS Open House on Thursday, October 5th. Discover a world of limitless creative possibilities at CAPS. We know you’ll be surprised and enjoy the people you’ll meet and what you’ll find inside the CAPS Media Center.



A Chamber ribbon cutting was held at Elite Window Tinting 1520 Goodyear Ave Ste B. Elite provides window tinting for automotive, residential and commercial buildings. 805-469-8468. Photo by Michael Gordon.

# Artwalk Ventura 2023

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Photography by: Trinity Wheeler

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 County of Ventura - Buena Tile - Barbara Meister  
 Guitar 48 - Friends of the Library - Ventura County Library

[www.ArtWalkVentura.org](http://www.ArtWalkVentura.org)



## Business Profile



Joe Schroeder, Mayor and Mike Marostica, Local Embarc Owner

### Embarc is first cannabis dispensary to open in Ventura

After a lengthy, multi-year review process, embarc was the first of the selected operators to open their doors and begin serving the Ventura community, ushering in a new era of access to local cannabis dispensaries in the city.

Embarc is a well-respected dispensary operator, with Ventura marking its ninth store opening in a little more than three years in the Golden State. Embarc is known for its friendly staff, affordable price points, and wide variety of products to meet diverse needs.

Embarc's Ventura operations will generate 6% of gross receipts as a local cannabis tax to the City for municipal priorities. In addition, embarc has allocated 1% of gross receipts for the lifetime of the business to local non-profit and community priorities such as youth education to ensure the business remains a community partner and good neighbor.

"Our team spent years engaged in a listening tour to understand the perspectives and priorities of community

members from throughout the region," explains Lauren Carpenter, embarc's Chief Executive Officer. "I am so proud of our team for all of their dedication which has culminated in a retail store that I know the community can be proud of, too."

Embarc hosted a grand opening which was met with excitement from neighbors throughout midtown and from residents living in Ventura and beyond. As midtown continues to see significant investment in small, local businesses including hair salons, bookstores, coffee shops, yoga studios and more, embarc is a welcome addition to this corridor.

The Ventura location is embarc's first Southern California store and will serve as the jumping off point and flagship for the company's Southern California expansion. The space has been designed to reflect the free spirit and energy of Ventura, with beautiful exposed brick, bright light and vintage surfboards from local shops.

1890 East Main Street  
Daily 9am-9pm



### Ribbon Cutting

On September 7, the Ventura Chamber held a ribbon cutting at Ventura's first cannabis dispensary, embarc. Embarc is located at 1890 E. Main St. 805-871-4201. A grand opening was held on September 9.

To learn more, please visit [www.goembarc.com](http://www.goembarc.com).

Photo by Michael Gordon.



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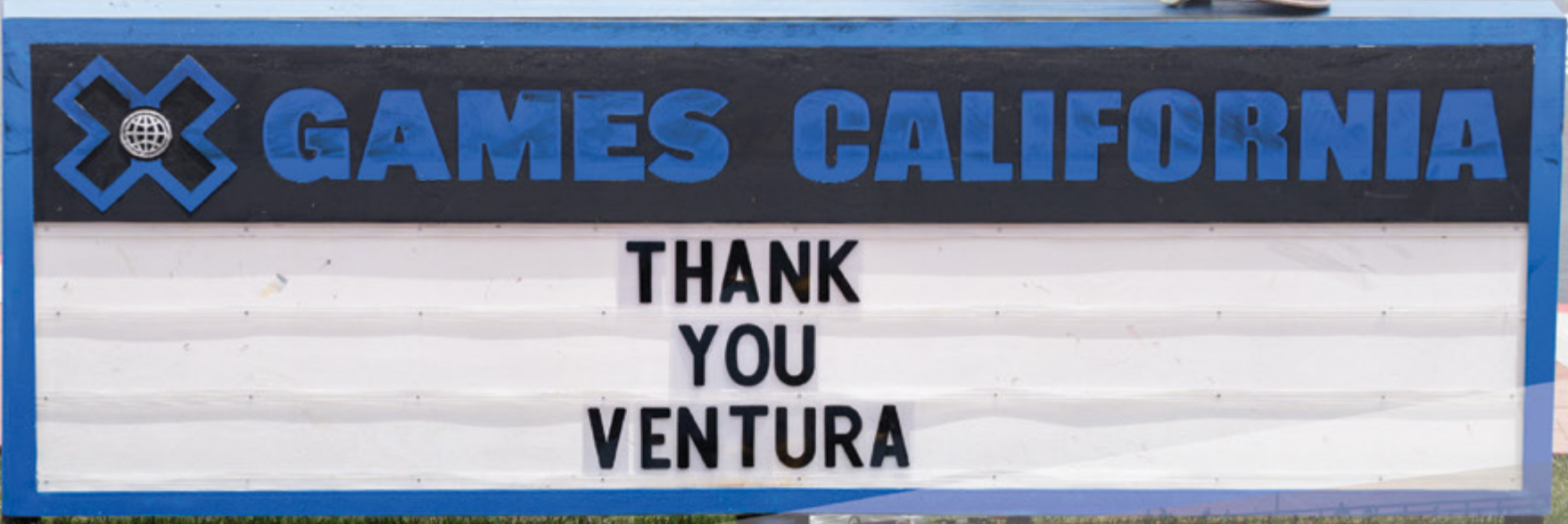
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# Love VC, Inc. Presents Love Ventura – A City Wide Day of Service

Love VC, Inc. and Title Sponsor Greg Abrams of American Pacific Mortgage proudly presents the second annual “Love Ventura - Day of Service”.

The Love VC, Inc 501c3 kicked off this annual day of service in October of 2022 and found that it was a great success, as measured by their goals. With the goal of 10 projects serving a variety of non-profits and organizations spread across the city of Ventura, and aiming for 100 volunteers, the non-profit was pleased to host 188 volunteers, ranging in ages from 1 to 80 years old.

The 2023 day of service kicks off October 7th and has grown since last year’s inaugural event, currently hosting 16 projects and the goal of 300 volunteers. The event starts off with a morning rally at Plaza Park, in downtown Ventura. DJ Jon D, of Nautical Thrust, will be energizing the crowd with music, while volunteers get checked in or signed up, collect their free Love Ventura t-shirt, grab some breakfast, and enjoy vendors and a few activities to get excited and motivated

for their day. We encourage all participants to join the rally. This is an exciting way to see the magnitude of volunteerism provided to show our city some love; all in one day!

The day is focused on connecting, giving and serving with collaboration at the core. The city of Ventura has a wide array of non-profits, individuals and organizations that provide services to the community, that it only makes sense to highlight, promote and partner with them! Volunteers can find all opportunities at [www.loveventura.org](http://www.loveventura.org) where they can see descriptions and details for each project and register their spot for the day.

Love VC, Inc. is proud to bring Love Ventura to the city as an annual day of service, providing projects that range in both difficulty and function, making it possible for all ages, abilities and desires to participate – from manual labor and beautification projects, to painting and cleaning, and encouragement projects that work directly with people.

Additional details include:

Love Ventura is held on October 7, 2023

Morning Rally at Plaza Park (Thompson Blvd/Fir St) from 8:00-9:45am  
Service Projects begin at 10am and end at 1pm

Volunteers are asked to pre-register for their desired project at [www.loveventura.org](http://www.loveventura.org)

To learn more about event host Love VC, Inc. - visit [www.lovevc.net](http://www.lovevc.net)

Love VC, Inc. has the sole focus of inspiring our community to love each other through connecting, giving and serving.

## CALIFORNIA COASTAL CLEANUP DAY

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[WWW.VCCOASTCLEANUP.ORG](http://WWW.VCCOASTCLEANUP.ORG)

**Ventura County Annual Coastal Cleanup Day**  
[@vccoastcleanupday](https://www.facebook.com/vccoastcleanupday)



On Sunday, September 10 the Olivas Adobe Historical Park held Rancho Days. Included in the event were the Old Time Fiddlers, Folklorico Dancers, Mariachi music, Frontier gunfighters and much more. There was corn grinding, panning for gold and making of Mexican paper flowers.

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## On Vacation



To pass the time while waiting in line for the musical *Some Like It Hot* at the Shubert Theatre on Broadway Stephanie Wilder brought the Breeze with her.



Turning Point Foundation has managed this unique transitional housing program for 17+ years.

## River Haven Program closure

The City of Ventura and Turning Point Foundation have decided to sunset the River Haven Transitional Housing Program on Oct 1, 2023 due to challenging weather conditions (recent high winds/heavy rains) and increasing safety/security issues with nearby encampments. This decision, while not an easy one, was made in the best interest of our residents' wellbeing.

Turning Point Foundation is grateful to have managed this unique transitional housing program for 17+ years bridging the gap between unsheltered and permanent housing for hundreds of residents experiencing homelessness. While unfortunate circumstances (mentioned above) have become the root cause of River Haven's closure, Turning Point is unwavering in its commitment to providing quality housing,

mental health, and wellness services to this vulnerable population in the City of Ventura and countywide through our variety of other program locations.

Turning Point Case Managers will continue to support and work one-on-one with current members during the sunset of this location. Our priority is to transition current residents in finding optimal permanent or alternative sheltered housing programs within Turning Point's internal and external networks.

For questions or concerns, we welcome you to contact us at [contact@turningpoint-foundation.org](mailto:contact@turningpoint-foundation.org). To learn more about the programs and services we offer please visit [turningpointfoundation.org](http://turningpointfoundation.org).

Sincerely,  
Turning Point Foundation

# Evacuation Preparedness COMMUNITY SURVEY

**SURVEY DEADLINE:**  
October 3, 2023

Shape the future of emergency planning in Ventura by taking our survey!

### SURVEY TOPICS:

- Evacuation routes
- Emergency shelters
- Transportation options
- Communication methods
- Overall readiness
- Areas for improvement



Visita nuestro sitio web para ver la versión en español.

**LEARN MORE:** [CityofVentura.ca.gov/OES](http://CityofVentura.ca.gov/OES)







## River Haven offers a way out of homelessness

by Carol Leish

“River Haven started during the El Nino in 2006,” according to, Suki Sir, Marketing and Fund Development Manager at Turning Point Foundation. “Thus, during the El Nino, we approached the City of Ventura in March, 2006. Contracts were signed in September, and the program started in October. The former director, Clyde Reynolds, was very instrumental in approaching the city, and in negotiating the contract to secure the land for River Haven.”

“Clients/residents of River Haven receive case management services that follow up with service plan goals and their well-being,” according to, Joe Dawson, Program & Facilities Manager at Turning Point Foundation. “Case management takes a team approach by offering and connecting clients/residents with supportive services that offer follow-up care. And, the case manager and the treating agencies maintain communication to promote and create action plans for clients that will help them to become more successful and to maintain service connections obtained.”

Dawson also focused on the types of services that are offered to clients/residents of River Haven by

saying, “Connected services consist of: Ventura County Behavioral Health; Whole person care program; ADP (Alcohol & Drug program; Health Care Agency/ One Stop; and, the Human Service Agency.”

“We aim for clients/residents to be at River Haven for up to two years at the most,” according to, Sir. “But some residents get permanent housing within 6 months, and others take longer than two years.”

Turning Point Foundation’s website is: [www.turningpointfoundation.org](http://www.turningpointfoundation.org), which describes the latest news and events. Please sign up for the newsletter to become more informed.

“Some of the needs for supporting River Haven are on the list, which is at: <http://turningpointfoundation.org/donate/>,” according to, Sir. “Do realized that River Haven gets very little government support. Thus, online donations are very much appreciated.” And, that, according to the website, “\$525 Feeds 25 people per month.” Also included on the list of needs on the website, which can be downloaded, are: “Heavy blankets; bath towels; washcloths; canned food; and, books & board games.”

Through support and housing both Turning Point Foundation and River Haven have given people the opportunity and the tools to start truly living happier and healthier lives. It doesn’t matter who you are or what you have done, all that matters is the future and what you want to do with your future.

## Three businesses you ought to know about...



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Ariana Rabago  
Environmental Sustainability Division

Sarah Abrams  
Love Ventura



Ivone Quintero-Cagnacci and Helen Eloyan  
Westside community council

On September 16, a Westside Fiesta was held at Kellogg Park located at Ventura Ave. & Kellogg St. The free family event and raffle was a fundraiser for the Westside Community of Ventura. It included food, music by Musica DJ Charlie and fun for all.

Photos by Patricia Schallert.

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## The Bookmark

# About Libraries and Friends

by Mary Olson

### One County One Book

This year's selection: *Solito: A Memoir*, Javier Zamora's heart-wrenching story of his trek from El Salvador to Arizona as a nine-year old.

One County, One Book events include a **California Lutheran University Faculty and Alumni Panel Discussion**.

A panel of professors— Dr. Julia Fogg, Dr. Jamshid Damooei, and Dr. Jose Alfredo Torres—will talk about border crossings, the criminalization of immigration and the economic impact of immigrants in Ventura County. This event will take place in Cal Lutheran's Lundring Events Center at 7 pm on Thursday, September 21. 60 W. Olsen Road, Thousands Oaks

### Discussions of *Solito*; A Memoir

Ojai Library: Wednesday, September 20, 6:00 to 7:00 pm Hill Road Library: Tuesday, September 26, 5:00 to 6:00 pm Oak View Library: Wednesday, September 27, 3:00 to 4:00 pm

**Artwalk** Ventura September 23 & 24, 11 am to 7 pm

ArtWalk is back! This family-friendly event features hundreds of artists in local galleries and creative collaboratives in businesses and other unique spaces. The route starts near Cemetery Park, travels down Main Street and up Ventura Avenue. The Topping Room in E.P. Foster library will be a stop on the ArtWalk. **Ventura Friends of the Library** will be participating. In 2019, the Friends

received a generous donation of original watercolors and photographs from the family of Hank and Susan Stoutz. We have also recently received a donation of prints and collage art from the family of Rica Coulter. A selection of these works will be offered for sale at the Art Walk, along with a selection of Art, Architecture and Photography books.

Other exhibitors in the Topping Room will be:

**Mohammad Iqbal – Oils**  
**Adonna Ebrahim - Mixed Media**  
**Charles Levin – Photography**

For more information, see [www.art-walkventura.org](http://www.art-walkventura.org)

**The Ventura County Celebration of Books** will be held on the campus of CSU Channel Islands from 10 am to 3 pm on Saturday, September 30. Sponsored by the Ventura County Library Foundation, both the event and event parking are free and open to the public.

The event will feature food trucks, exhibitors, story times in Spanish and English and face painting for the youngsters. Participants are invited to bring a blanket and picnic on the North Quad lawn.

CSUCI faculty lectures will be held in the Petit Salon at 10:15 am and 11:15 am. Dr. Frank Barajas will speak on "Oxnard Farm Laborers" and Dr. Raul Moreno Campos will speak on "Salvadorean Politics."

At 2 p.m. in the Grand Salon, Ventura County Library's 2023 **One County One Book** author presentation will feature a conversation with Javier Zamora, author *Solito: A Memoir*, and Brian Varela of the Ventura County Star. Spanish translation services will be available.

In addition to these festivities, a ticketed-only A Taste of Central America book signing reception and luncheon will precede Zamora's interview, beginning at noon. Tickets for **A Taste of Central America** are limited and available at [www.vclibraryfoundation.org](http://www.vclibraryfoundation.org). Guests will be treated to a paperback copy of the book, ballet folklorico, foods from Central America and wine. Proceeds from the \$75 tickets support the Ventura County Library Foundation. CSU Channel Islands is located at 1 University Drive in Camarillo, CA.

### Mailbox

#### Continued from page 2

maybe they all could upgrade at the same time.

Michael Gordon

Greetings, Sheldon:

I received the issue of the Ventura Breeze, including the piece on San Buenaventura State Beach today! I was so excited that you included two copies! Thank you so much for including this in your local paper and sending the copies to me. This truly made my day....week.... month!

Best to you,  
Amanda DeBoef Office of Experiential Learning  
UMKC School of Pharmacy

Breeze:

We are appalled by the proposed high-density housing on Johnson Drive from Northbank to Capri. The GPAC's to change the zoning along the Johnson corridor from "Commercial" to

"Mixed Use 3 and 4 Stories" would allow additional apartments to be built above businesses all along Johnson. Developers may also ask for an increased height variance by applying for the state's "Developer Density Bonus" for building out "underutilized" commercial space.

Johnson Drive is highly sensitive to this density change because it is one of the main arteries to the 101 freeway, government center and the existing communities on the east end. There does not seem to be any plan to proactively develop the infrastructure to support the future impact to traffic on Johnson Drive and the neighboring streets. Beyond Bristol Road, Johnson Drive is only a 2 lane road that does not have the capacity to be expanded to support the amount of traffic the proposed housing will create as there are houses on both sides of the street.

The new 302 unit Northbank apartments going in across from Motel 6 will have no additional infrastructure improvements to handle the expected 2,700 extra daily trips beyond a new traffic light on Johnson at Motel 6. It is naive to think all these residents will ride a bike or take the bus. There is no apparent prioritization among the city legislators to relieve the congestion all this higher density will bring. The existing residents will have to bear the burden of short-sighted planning on the impact to traffic on Johnson and the neighboring streets. We will sit in traffic more and we will be expected to conserve our water and other resources even more than we do now. We are destroying Ventura's quality of life for all residents.

Chris and Terrie Longo

## Join Thousands Of Americans Across the Country Who Have Learned How to Stop IRMAA From Eliminating or Reducing Your Social Security

★★★★★ **Rated 4.7/5** - Over 83% of all attendees voted "Very Helpful"

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National Expert & Best-Selling Author Craig Cheney





# Senior Living



Can green tea help control Alzheimer's?

## Study of green tea and other molecules uncovers new therapeutic strategy for Alzheimer's

Researchers have discovered how a molecule found in green tea breaks apart tangles of the protein tau, a hallmark of Alzheimer's disease. Based on this finding, the team identified other molecules that can also untangle tau and may be better drug candidates than the green tea molecule. Results from the NIA-funded study, published in Nature Communications, suggest that this approach may one day provide an effective strategy for treating Alzheimer's.

In Alzheimer's, tau abnormally sticks together in fibrous tangles that spread between brain cells, leading to cell death. The molecule epigallocatechin gallate (EGCG) – the one found in green tea – is known to untangle these tau fibers. However, EGCG is not on its own an effective Alzheimer's treatment because it cannot easily penetrate the brain and binds to many proteins other than tau, weakening its effect. Therefore, researchers wanted to find molecules that replicate the effects of EGCG but have better drug properties for treating Alzheimer's.

In this study, a team led by investigators at the University of California, Los Angeles, isolated tau tangles from postmortem brain tissue donated by people who had Alzheimer's. The tangles were treated with EGCG and flash frozen. Images of the EGCG and tau fiber complexes were captured

with a technique called cryogenic electron microscopy.

These EGCG-tau fiber images helped reveal how EGCG attaches to and dismantles the tau fibers. According to the team's model, EGCG binds to clefts, or openings, along each layer of the fibers, destabilizing the layers and slowly prying the fibers apart.

Using computer simulations, the researchers identified other molecules likely to work in a similar way as EGCG but that may be able to enter the brain more easily. They tested these other molecules in a cell model for tau tangle formation and additionally on tau tangles isolated from brain samples donated by Alzheimer's patients after death. In both setups, several of the molecules untangled tau fibers. Although researchers caution that more work is needed, the experiments indicated that certain molecules also prevented the untangled tau from spreading and forming new tangles.

Overall, the findings suggest that these newly discovered molecules that can penetrate the brain and dismantle tau tangles may be a promising strategy for treating Alzheimer's. Future research into these molecules may help uncover more about their therapeutic potential.

This research was supported in part by NIA grants R01AG070895 and R01AG048120.

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## Can I prevent dementia?

As you age, you may have concerns about the increased risk of dementia. You may have questions, too. Are there steps I can take to prevent it? Is there anything I can do to reduce my risk? There are currently no approaches that have been proven to prevent Alzheimer's disease and related dementias. However, as with many other diseases, there may be steps you can take to help reduce your risk.

A risk factor is something that may increase the chance of developing a disease. Some risk factors can be controlled while others cannot. For example, a person is not able to control their age, which is the greatest known risk factor for Alzheimer's and related dementias. Another uncontrollable risk factor is a person's genes. Genes are structures in our body's cells that are passed down from a person's birth parents. Changes in genes – even small changes – can cause diseases.

Race and gender are also factors that influence risk. Research shows that African Americans, American Indians, and Alaska Natives have the highest rates of dementia, and that risk factors may differ for women and men. Researchers are investigating what's behind these differences.

However, people do have control over their behavior and lifestyle, which can influence their risk for certain diseases. For example, high blood pressure is a major risk factor for heart disease. Lowering blood

pressure with lifestyle changes or medication can help reduce a person's risk for heart disease and heart attack.

For Alzheimer's and related dementias, no behavior or lifestyle factors have risen to the level of researchers being able to say: This will definitely prevent these diseases. But there are promising avenues.

The number of older Americans is rising, so the number of people with dementia is predicted to increase. However, some studies have shown that incidence rates of dementia – meaning new cases in a population over a certain period of time – have decreased in some locations, including in the United States. Based on observational studies, factors such as healthy lifestyle behaviors and higher levels of education may be contributing to such a decline. But the cause and effect is uncertain, and such factors need to be tested in a clinical trial to prove whether they can prevent dementia.

A review of published research evaluated the evidence from clinical trials on behavior and lifestyle changes to prevent or delay Alzheimer's or age-related cognitive decline. The review found "encouraging but inconclusive" evidence for three types of behavioral changes (called interventions): physical activity, blood pressure control, and cognitive training. The findings mean that interventions in these areas are promising enough that researchers should keep studying them to learn more. Researchers continue to explore these and other interventions to determine whether –

Continued on page 12



# THE ARTESIAN

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## Senior Living



A study found that taking 8,000 steps or more per day was associated with a 51% lower risk of death.

### What Do We Know About Healthy Aging?

by National Institute on Aging (NIA), Home

Many factors influence healthy aging. Some of these, such as genetics, are not in our control. Others — like exercise, a healthy diet, going to the doctor regularly, and taking care of our mental health — are within our reach. Research supported by NIA and others has identified actions you can take to help manage your health, live as independently as possible, and maintain your quality of life as you age. Read on to learn more about the research and the steps you can take to promote healthy aging.

While scientists continue to actively research how to slow or prevent age-related declines in physical health, they've already discovered multiple ways to improve the chances of maintaining optimal health later in life. Taking care of your physical health involves staying active, making healthy food choices, getting enough sleep, limiting your alcohol intake, and proactively managing your health care. Small changes in each of these areas can go a long way to support healthy aging.

Whether you love it or hate it, physical activity is a cornerstone of healthy aging. Scientific evidence suggests that people who exercise regularly not only live longer, but also may live better — meaning they enjoy more years of life without pain or disability.

A study of adults 40 and older found that taking 8,000 steps or more per day, compared to only taking 4,000 steps, was associated with a 51% lower risk of death from all causes. You can increase the number of steps you get each day by doing activities that keep your body moving, such as gardening, walking the dog, and taking the stairs instead of the elevator.

As people age, muscle function often declines. Older adults may not have the energy to do everyday activities and can lose their independence. However, exercise can help older adults maintain muscle mass as they age. In a 2019 investigation of data from NIA's Baltimore Longitudinal Study of Aging, researchers found that moderate to vigorous physical activity is strongly associated with muscle function, regardless of age. This suggests that exercise may be able to prevent age-related decline in muscle function.

Although many studies focus on the effects of physical activity on weight and BMI, research has found that even if you're not losing weight, exercise can still help you live longer and better. There are many ways to get started. Try being physically active in short spurts throughout the day or setting aside specific times each week to exercise. Many activities, such as brisk walking or yoga, are free or low cost and do not require special equipment. As you become more active, you will start feeling energized and refreshed after exercising instead of exhausted. The key is to find ways to get motivated and get moving.

Making smart food choices can help protect you from certain health problems as you age and may even help improve brain

function. As with exercise, eating well is not just about your weight. With so many different diets out there, choosing what to eat can be confusing. The 2020-2025 Dietary Guidelines for Americans provide healthy eating recommendations for each stage of life. The Dietary Guidelines suggest an eating pattern with lots of fresh fruits and vegetables, whole grains, healthy fats, and lean proteins.

It doesn't matter how old you are or how long you've been smoking, research confirms that even if you're 60 or older and have been smoking for decades, quitting will improve your health.

### Fall Prevention Forum set for in-person return

After being held virtually for the past three years, the annual Fall Prevention Forum — co-hosted by the Ventura County Elderly Fall Prevention Coalition, the Ventura County Area Agency on Aging, and the City of Oxnard — will return to an in-person gathering at the end of September.

The 2023 forum — "Fall Back to the '70s" — will be held on Friday, September 29, at the Oxnard Performing Arts Center (800 Hobson Way). Registration will begin at 8 a.m., and the program will be held from 9 a.m. to 12:30 p.m. The event is free to attend.

A Spanish translation service will be made available upon request. A free lunch will be provided.

Participants will hear from Dr. Thomas Duncan, chair of the Ventura County Elderly Fall Prevention Coalition; keynote speaker Dr. Javier Romero, the program director for surgery at the Ventura Community Memorial Health System; and a panel of experts. They will also have the opportunity to take part in Zumba or Tai Chi demonstrations, get free immunizations and health screenings, and go through balance and gait screenings.

Participants may pre-register by visiting [www.vcaaa.org/falls](http://www.vcaaa.org/falls) and filling out the registration form, or by calling the VCAAA at (805) 477-7300.

The Ventura County Area Agency on Aging, a division of the County of Ventura's Human Services Agency, is charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals, children and adults with disabilities, and their caregivers to live in a community-based setting. The VCAAA advocates for the needs of those 60 years and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

#### Can I prevent dementia? Continued from page 11

and in what amounts or forms — they might prevent dementia.

Although there is no effective treatment or proven prevention for Alzheimer's and related dementias, in general, leading a healthy lifestyle may help address risk factors that have been associated with these diseases.

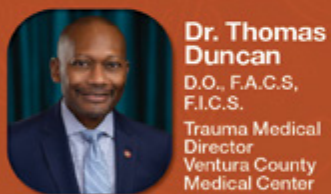
- Control high blood pressure.
- Manage blood sugar.
- Maintain a healthy weight.
- Eat a healthy diet.
- Keep physically active.
- Stay mentally active.
- Stay connected with family and friends.
- Drink less alcohol. Drinking website.
- Stop tobacco use.



## FALL PREVENTION FORUM

Space Is Limited, Pre-Register at [vcaaa.org/falls](http://vcaaa.org/falls) or by Calling (805) 477-7300

#### SPEAKERS:



**FRIDAY**  
September 29, 2023  
9 a.m. to 12:30 p.m.

Registration begins at 8 a.m.

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LEARN TO PREVENT FALLS



Lincoln Elementary School teacher Owen Garrood instructed his students to come to school dressed in yellow and black.

## Lessons from National Bee Day and pollinators

by David Goldstein

Honeybees work all day in service to their hive, and their pollination is essential for the growth of many plants, but the whole venture is sustainable only because the bees are paid. The payment is made by plants in the form of nectar. The lesson: work must be rewarded to be sustainable.

Lessons from honeybees were also applied to human society

shortly after National Bee Day, was the third Saturday in August, by an innovative teacher at Lincoln Elementary School in Ventura. Owen Garrood, known as “Mr. G” to his kindergarten students, instructed his students to come to school dressed in yellow and black. He wore a yellow and black striped shirt, and they all wore antennae head bands.

Mr. G noted, “Using color as a theme” creates “a community feel... connects them to their classroom and unites them as a group.”

Even bees’ buzzing sound was part of his lesson. As instructed, the kids made a low, buzzing sound as they walked across the courtyard and through the school. As he wrote to me in an email, “It is scientifically proven that the vibrations made in the throat cause the mind to settle and calm anxiety; hence the reason they use it in yoga.”

Last month, other organizations also used the occasion of National Bee Day to schedule educational outreach. At an event on August 31, the Museum of Ventura County hosted an event educating the public about pollinators such as honeybees and monarch butterflies. The museum, in Ventura, hosted presenters from the Ventura office of the California Department of Fish and Wildlife. Participants planted yarrow seeds in pots they personalized and were allowed to keep.

Bee Day at the Ventura County Agricultural Museum in Santa Paula, on August 19, had many more activities. Dozens of children scurried from crafts to displays and entertainment. Children made candles from wicks rolled into small sheets of bee’s wax, and presenters gave context to a year-round highlight of the museum -- a working beehive. The hive, on permanent display within the museum, is fully enclosed with transparent plastic, but has an access port to flowers

and plants outside.

During the remainder of the school year, Students for Education and Agriculture, SEEAG, a non-profit organization serving schools throughout Ventura County, will teach students about the importance of honeybees and other pollinators to local agriculture. Their third-grade education program, Farm Lab, observes pollinators at work amidst lemon blossoms. SEEAG’s middle and high school programs, which focus on agricultural careers, spotlight local insectaries, beekeepers, and companies working to preserve and cultivate pollinators, according to SEEAG Education Director Seth Wilmoth

Just as flowers “pay” bees with nectar, human society must also pay a debt to pollinators if we want to sustain their work. You can see the types of plants best suited to sustain the work of pollinators at the Ventura County Government Center’s two pollinator gardens. The newer of the two consists of two planters between the Hall of Justice cafeteria and the Hall of Administration north entrance. In addition to plant selection, using only organic pest control methods in those gardens also boosts pollinator populations, according to General Services Agency facilities manager Patrick Squires.

David Goldstein, Environmental Resource Analyst with the Ventura County Public Works Agency, may be reached at (805) 658-4312 or david.goldstein@ventura.org

**COAST**  
County Opioid Abuse Suppression Taskforce

# Facing Down Fentanyl

A VENTURA COUNTY TOWN HALL

## Wednesday, September 27 • 6:00 – 7:30PM

Ventura County Office of Education • 5100 Adolfo Road, Camarillo, CA

FREE EVENT • DINNER PROVIDED

County leaders will discuss the ongoing opioid crisis in our community, and what you need to know about fentanyl to protect the health and safety of your family.

Brought to you by Ventura County’s Behavioral Health Department, in cooperation with Superintendent of Schools Dr. Cesar Morales, attendees at this Town Hall event will hear from panelists:

- District Attorney Erik Nasarenko
- Medical Examiner Dr. Christopher Young
- Public Health Officer Dr. Robert Levin
- Sheriff Jim Fryhoff
- Behavioral Health Division Chief Raena West

# 181

## Fentanyl Overdose Deaths in Ventura County in 2022



Fentanyl can be found in fake pills and any street drug.

Light dinner and refreshments.

Spanish interpretation available. Email ahead for ASL interpretation services: Sheila.Murphy@ventura.org.

## REGISTER NOW

<https://fentanylforum.eventbrite.com>








©2023 Made possible through funding from Ventura County Behavioral Health Department, Substance Use Services.



# The Pet Page



**Dedicated to Scamp**

■ Congratulations to the recently certified National Disaster Search Dog Foundation Certified Teams. These teams achieved FEMA certification between May and August of this year,

allowing them to deploy with their task forces whenever they're needed.

According to the American Society for the Prevention of Cruelty to Animals (ASPCA), more than 3 million cats enter shelters each year in the United States. Along with shelter life, comes stress for many cats. However, enrichment activities can reduce stress.

"Dogs living in animal shelters are often taken out of their kennels for walks and play groups, while cats typically remain within the confines of their kennel for the duration of their time at the shelter," Allie Andrukonis, postdoctoral research associate in the Montgomery County School of Animal Sciences within the College of Agriculture and Life Sciences and one of the researchers in the study, said.

"Despite the increasing popularity of strollers and backpacks for cats, no study has actually assessed the impact of taking a cat in a stroller or backpack on cat behavior. Our study will be the first to assess that as well as if training the cat ahead of time to hop into the stroller impacts the number of stress-related behaviors we see," Feuerbacher said. Training the cats to be in strollers may increase their chances for adoption.

Julianna Scardina, a member of the Virginia-Maryland College of Veterinary Medicine Class of 2024, said a stroller is an excellent choice to balance enrichment and the safety of the animal and the environment.

"Some owners may not be comfortable taking their cats outside for a number of reasons like stray animals, parasites or they don't want their cat roaming and hunting wildlife," Scardina said. "And not all cats tolerate leash walking, so utilizing a stroller can allow pet and owner to get outdoors with less worry because it's enclosed but easily portable."

The study also found that human wellbeing was enriched by walking a cat in a stroller.

Confirming if strollers are the answer is not yet known, but the team is still analyzing data. The team hopes to continue their work by implementing a volunteer walk at the shelter for the cats to increase adoption rates and by studying whether walking a cat increases the human-animal bond.

We all know that cats are peculiar beings, and their happiness can set the tone for the entire household. To shine a light on the importance of feline happiness, September is recognized as National Happy Cat Month.

Cats come in a variety of personalities. Some can be high maintenance in their demands of love and attention, while others play hard to get and make their humans work for their affection. Oftentimes, cats are thought to be self-reliant, aloof and less in need of regular veterinary care than dogs.

Happy Cat Month is designed to counteract these stereotypes and ensure cats are well cared for, enriched, and receiving the preventive care they need. Whether the family feline is the friendly type or the "do not bother" variety, there are several things we can do to make sure they are living their best lives.

Regular Vet Visits

Monitor Litter Box Habits: Cats often

like to express their feelings via their litter box behavior. If the family feline stops using the litter box, he is not necessarily staging a revolt.

Give Them Spaces: Spaces to climb, spaces to hide.

Scratching Posts Are A Must: Scratching is an important characteristic of cat behavior.

Add Enrichment Activities: Cats need their mental health taken care of in addition to the basics.

Give Them Safe Outdoor Access: Cats are curious about the world outside the window

Consider A Friend: Most cats enjoy the companionship of a feline friend.

Traci D. Howerton is the volunteer manager of Animal Rescue New Orleans, a nonprofit, volunteer-based, no-kill shelter.

■ Scientific Reports

Summer weather is here: time to enjoy the outdoors with our pets! Dr. Canaan Shores, a veterinarian with the urgent and convenient care service at the University of Illinois Veterinary Teaching Hospital, offers advice to help keep your fun-filled summer safe.

Never, ever leave pet in car. Perhaps the most important warning Dr. Shores has for all pet owners is to never leave your pet alone in the car. "On a sunny 70° F day, the temperature in a car can rise to 100° F within 20 minutes and will only continue to rise," he says.

As you and your pet start to enjoy the warmer weather, it may be a good idea to do it slowly. Dr. Shores says, "Some of those very warm, humid spring days can trigger heat stroke because dogs are not adjusted to it. Gradually expose your pet to heat and humidity in short bursts."

Pet owners should learn the signs of heat stroke and how to prevent it.

"The early signs of heat stroke include excessive panting or difficulty breathing, abnormal gum color (pale or purple to blue), excessive salivation, and disorientation," says Dr. Shores.

As the condition progresses, the signs may change. "The pet may develop bloody vomiting, diarrhea with blood, very small red spots on the skin or gums, bruising, seizures, and/or collapse," he says.

The temperature of your pet will be very elevated. "Normal temperature in dogs and cats is <102.5° F; heat stroke occurs when the temperature is above 105.8° F."

Dr. Shores wants pet owners to know pets may have clinical signs of heat stroke at lower body temperatures, so, if signs are noticed, the pet should be transported in a vehicle with air conditioning to the nearest emergency veterinarian.

If there is a delay in reaching the veterinarian, he advises, "Owners should move the pet to a cooler environment and run tepid (not cold) water over the pet and place them in front of a fan. Applying cold water, ice packs, wet towels, or alcohol to pets can be counterproductive and is never recommended."

As soon as possible, get the pet medical attention.

Certain physical characteristics may predispose some dogs to overheating. Dr. Shores explains that dogs with brachycephalic syndrome—those with shortened snouts and flat faces such as English and French bulldogs, Boston terriers, Pekingese, and pugs—should be monitored very closely in the heat.

"Other breeds shown to be more susceptible include Labrador retrievers and golden retrievers. Pets with long hair, significant fat covering, or that are well-muscled can also be predisposed to heat stroke," says Dr. Shores.

## Scamp Club

(Scampclub pets are not for adoption.)



Lola.... She is a sweet little Diva who loves to be cuddled and be held. She loves to walk and hike and her real name is Lolie. And she can dance. She is a tea cup poodle and is 8-years-old.

## Join Scamp Club

**Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.**

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.

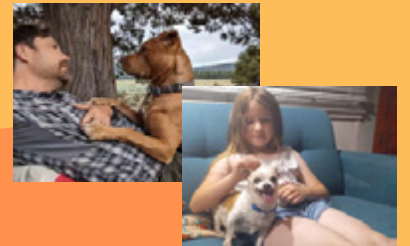
## be a FOSTER SAVE a life

**C.A.R.L.**  
Canine Adoption and Rescue League

**The Canine Adoption and Rescue League's Volunteer Foster Care Program provides temporary housing and care for dogs and puppies. We need loving homes like yours to continue helping these animals.**

### Foster Volunteer FAQs

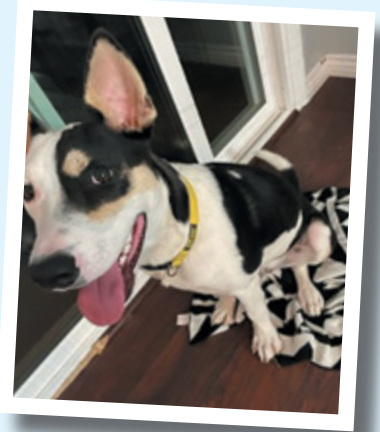
- Dogs of all ages need foster care, including happy and healthy dogs, mothers with nursing litters, dogs with medical conditions or injuries, and some with special needs
- Existing pet owners can become foster volunteers
- A typical foster stay is two weeks, two months, or longer
- The timeframe of each foster situation will be according to your availability
- Foster volunteers provide housing, exercise, socialization, and love!
- C.A.R.L. provides all food and medical care for foster animals, including vaccinations and medications



If you are interested in FOSTERING at C.A.R.L., please contact our Foster Coordinator, Mary at [maryomeh@gmail.com](mailto:maryomeh@gmail.com).

## Forever homes wanted

Hi: I'm Louie, a very playful 8 month old Terrier X rescued from a shelter when my time was almost up. I'm good with other dogs and cats too. I'm full of puppy energy and would benefit from another dog in the home to play with and an active family that is going to be able to give me the attention I need. I'm friendly, love going for walks and playing fetch. I was too much for the smaller children in the home, so I'd do best in a home with older bigger children. Please fill out an application to meet me. Canine Adoption and Rescue League C.A.R.L.



Hi: I'm Rambo, a 2 years 2 months old Neutered Male German Shepherd Mix. I would make a great companion for you.

City Found: Port Hueneme Shelter: VCAS Camarillo Animal Shelter  
Kennel: 107  
Animal ID: A829057



# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

## Burglary and Vehicle Tampering Arrest

On Sept. 16, at 10:44am, a City of Ventura Employee was in their city vehicle when the suspect, Jonathan Martinez opened their vehicle door and claimed to be a city worker. Martinez was wearing a fluorescent City of Ventura work vest and the city employee did not recognize Martinez as a coworker.

Officers arrived and located Martinez in the back parking lot of City Hall. Martinez was found wearing a city work vest and in possession of a large ring of keys. Martinez is on active parole and his parole agent was contacted. Martinez was arrested for vehicle tampering and a parole violation.

A few hours later, a city worker located a broken window to a supply closet at City Hall. Officers were able to verify that the property Martinez was found in possession of at the time of his arrest, was taken from the supply closet. The interior supply closet door was locked and prevented Martinez from accessing any additional rooms inside City Hall. Martinez was arrested for the burglary and booked at the Ventura County Jail.

## Negligent Discharge of a Firearm and Vehicle Pursuit

On Sept. 16, at 1:29pm, the Ventura Police Command Center received several 911 calls reporting a large fight with approximately

100 people at the intersection of Main St. and Oak Street. As officers were responding, an additional caller saw a Hispanic male with a bandana covering his face had a handgun tucked in his waistband. The caller reported the Hispanic male with the gun was seen entering a silver Toyota sedan that was now driving southbound out of the area.

While officer were searching the area, an officer reported hearing a single gunshot around Palm St. and Santa Clara Street. Officers saw a silver sedan fleeing the area on Thompson Blvd. and believed the vehicle to be involved.

Ventura PD Officers were alerted to a vehicle crash around Channel Islands Blvd. and Harbor Blvd. in the City of Oxnard. We responded to that area and the vehicle involved in the collision was the same vehicle that fled from our officers. Ventura PD assisted Oxnard PD with a search of the driver and occupants that fled from the vehicle. Ventura Police K9 Deco began a track from the vehicle. Jose Manuel Herrera (37 yrs.) Oxnard resident was arrested.

## Possession of a Firearm Arrest

On Sept. 17, at 8am, officers were dispatched to the 200 block of W. Harrison Ave. for several subjects trespassing and intimidating a resident in the area. Officers could not locate the suspects and the caller was

reluctant to identify the suspects involved.

While investigating this crime, officers spoke with several intoxicated males in the front yard to a nearby house. These same individuals were contacted by VPD officers at 0139 hours after a report of a large fight in the street and reports of several gunshots being heard at the intersection of Harrison Ave. and Olive Street.

Officers advised the drunk males to stay in their home due to their level of intoxication. Minutes later, officers saw Edwin Castro stumbling down Olive St. with Josue

Garcia and detained Castro for being drunk in public. While the arresting officer was searching Castro, he located an unloaded handgun in his pocket.

During the arrest of Castro, Garcia interfered with the arrest and was quickly subdued by the arresting officers. No one was injured during the arrest.

Castro was arrested for possession of a concealed firearm and drunk in public. Garcia was arrested for interfering with an arrest. Both were booked at the Ventura County Jail.

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Moving Up?  
Moving Out?**

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# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

Sunday 9/10

10:35am, received a complaint from a female transient that other transients are stealing her personal items. Advised her of the procedure to file a report with local law enforcement for lost or stolen property.

3:41pm, observed fuel odor near the village commercial docks. Officers found a source, one of the purse seiners. After investigation, the captain believed the contaminants came from their tender and were able to mitigate and clean up.

Monday 9/11

6:20am, once again, Small Craft Advisory issued, raised warning pennant.

9:50am, dispatched to fall in Ventura Marina Community. Officers responded

with AMR/VFD to the call. The patient was uninjured, lift assist only.

4:18pm, dispatched to difficulty breathing in the riverbottom, homeless camp. Officers responded with VFD into the bamboo south of Surfers Knoll. The patient was transported to AMR ambulance in the Surfers Knoll lot.

11:55pm, heard a loud explosion, receiving multiple calls inquiring about it. After investigation, US coast guard called it was a event from Vanderberg.

Tuesday 9/12

11:47am, dispatched to 76 y/o female with chest pain in Ventura Marina Community. Officers responded with VFD/AMR and assisted the patient who was eventually transported to local hospital for further treatment.



On September 12, Megan Senate was united in matrimony with Webster Nygard at the beautiful Olivas Adobe. Maid of Honor was Jasmyne Christenson and best man was Veck Nygard. Parents of the bride and groom were in attendance at the garden wedding and reception at the historic landmark where the ceremony was held.

Linda Peters

Diane Edmonds

## Special One Hour Evening HARBOR CRUISES

SEP  
23

OCT  
07

**FARES:**

\$18 Adult  
\$16 Senior (55+)  
\$12 Child (12 & under)

**TIME:**

6:00 - 7:00PM

**LOCATION:**

1691 Spinnaker Dr., Lot 4  
Ventura Harbor Village

Cruise aboard 64" catamaran in the Ventura Harbor and part of the ventura keys.

Doug Mangum

Recommend advance reservations.  
Book online at [IslandPackers.com](http://IslandPackers.com)  
or call 805-642-1393

**Weekly SUDOKU**

Answer

7	2	3	1	5	9	6	4	8
8	1	5	4	6	7	9	3	2
9	4	6	2	3	8	1	7	5
2	7	8	9	4	3	5	6	1
4	5	1	6	7	2	3	8	9
6	3	9	5	8	1	7	2	4
1	9	4	7	2	6	8	5	3
3	6	2	8	9	5	4	1	7
5	8	7	3	1	4	2	9	6

**King Crossword**

Answers

Solution time: 21 mins.

M	A	R	S	I	I	I	F	A	V	F	S	
D	E	N	A	L			A	M	P	E	R	E
R	A	N	S	O	M		I	B	E	R	I	A
S	I	A			A	I	R	I		A	N	I
			A	L	L	A		D	U	N		
L	O	S		I	A	C	O		G	D	A	Y
C	H	E	R	I	Y	O	I	C	H	A	R	D
D	O	R	A		A	C	D		S	I	S	
			E	Y	E		C	A	I	N		
H	A	N		T	H	A	I		O	T	I	S
F	I		S	H	A		N	E	R	V	I	A
E	S	T	E	E	M		E	V	E	N	L	Y
F	O	V	E	R	S		D	A	L	E	S	



## Ventura events

by Ana Baker

**Do you want to Play Bridge? Join us for ACBL-sanctioned duplicate bridge games every Tuesday, Wednesday, and Thursday at 12:30 p.m.** All levels of play, and we will guarantee to have a partner for you if you need one. Lessons are available. Contact: Richard 805-850-8011 or Rose 805-659-9223 or buckleyrose357@gmail.com. All Welcome.

**The Ventura County Philatelic Society's meetings are held every first and third Monday of the month at the Church of the Foothills.** Meetings start at 7:30 p.m. For more information, <https://venturacountyphilatelicsoc.org>

**Monthly Beach Cleanup First Saturday of every month! Meet your neighbors and help keep our beach looking fresh.** Hosted by Pierpont Beach Community Council in partnership with Surfrider. Meet up at the end of Seward near the beach. (1140 S Seward St) 8:30-10:30 a.m. Arrive any time during the timeframe. Fun for the whole family! Supplies provided BYO water.

**Livingston Memorial Grief & Bereavement Program will have a 6-week session for the Good Grief Club (ages 6-10) and the Young Teen Group (ages 11-15).** The group will meet every Thursday from 6:30-7:30 p.m. starting October 5 through November 9. Trained grief counselors support, educate, and plan activities regarding losing a loved one. Groups are subject to cancellation due to low enrollment. Please register by October 3 by calling 805-389-6870 or email [abaker@lmvna.org](mailto:abaker@lmvna.org).

**Livingston Memorial Grief & Be-**

**reavement Program will offer a Comprehensive Bereavement Training Class.**

The class will be on October 16th and 23rd, Mondays 5:30-7:30 pm. The training looks at the characteristics of grief and mourning and how to companion someone who has lost a loved one. Please register by October 11 by calling 805-389-6870 or email [abaker@lmvna.org](mailto:abaker@lmvna.org).

**Sept. 23: The Society of St. Vincent de Paul (SVdP), a nonprofit organization that helps those living in poverty, will host a 5K Charity Walk Saturday in Carpinteria.** The 5K Charity Walk/Run is free for all walkers, and each walker will receive a free commemorative T-shirt. Register in advance online at [www.fopwalk.org/event/2834](http://www.fopwalk.org/event/2834). For more information or to donate, visit [www.fopwalk.org/event/2834](http://www.fopwalk.org/event/2834). Participants can also make pledges or donations to the Conference of their choice during registration at the St. Joseph Church Office, 1532 Linden Ave.

**Sept. 23: Our monthly plant and collectibles sale continues on the grounds at the Dudley House. Bromeliads, orchids, and succulents will be on sale, along with various collectibles, from 8 - 2 p.m.** Vendors, please call Charlie at 805/746-4317 for details. The museum is at the corner of Loma Vista and Ashwood Streets (197 N. Ashwood). Free.

**Sept.23: The Ventura Senior Men's Group continues to meet for a social lunch and program at the Poinsettia Pavilion in Ventura on the first and third Tuesday of each month.** Men of all descriptions are welcome to stop to sample our shenanigans. Lyle Hotzler at 805-341-9820

**Sept. 27: The Channel Islands Chapter of the Embroiderers' Guild of America**

**(CICEGA) will meet at 9:30 a.m. on Wednesday at the United Methodist Church, 291 Anacapa Drive, Camarillo.** All experience levels are welcome. For more information, [president@channelislandsega.org](mailto:president@channelislandsega.org) or visit our website at <https://www.channelislandsega.org>.

**Sept. 27: The College Area Community Council in Ventura will hold a Zoom meeting on Wednesday at 7 p.m.** Includes speakers and discussion on neighborhood and community interest topics, including public safety and economic development. Everyone on the CACC mailing list will receive a link to the meeting. Visit the College Area Community Council website @ <https://caccventura.com> to learn more, to be added to the mailing list, or to access a link to the Zoom meeting.

**Oct. 1: Open house tours of the 1892 Dudley Historic House Museum will take place on Sunday, October 1 from 1 to 4 p.m.** With Halloween fast approaching, tour guides Richard Senate and Lynn Weitzel (co-authors of "Are There Ghosts at the Dudley House?") may add a few ghost stories if asked. Admission is free. The museum is located at the corner of Loma Vista and Ashwood Streets (197 N. Ashwood) in Ventura. For information please call (805) 642-3345 or visit the website at [dudleyhouse.org](http://dudleyhouse.org).

**Oct. 1: Old-Time Country Bluegrass Gospel Music Assoc. 2-4pm.** Poinsettia Pavilion 3451 Foothill Rd, Ventura, CA 93003 Live Music on stage. Jamming in the Canada Room. Free Admission. Free parking. Open to the Public. For more information call 805-517-1131 or visit Facebook: OTCBGMA

**Oct. 4: BCNN (Beach Cities Newcomers and Neighbors) meeting. The meeting**

**is at a new address. Pacific Corinthian Yacht Club 2600 Harbor Blvd Oxnard.**

Our speaker is Debbie She has been a member of the Oxnard Soroptimist club for 35 years. She has held numerous positions through the years, delegate, director, VP of fundraising, president and region board member. She is chair of the annual community awareness event STOP Human Trafficking going on 17 years. 10am to 11:30am. Doors open at 9:30am. BCNN is a group for Women from Ventura, Oxnard and Port Hueneme. It has dozens of small groups, off shoots from sports activities, to wine tasting, bridge, games, book groups, movie group and more.

**Oct. 21: The Ventura County Genealogical Society's annual Webinar is online via Zoom on Saturday from 8:30-3:30 p.m. PDT.** Presenter Michael D. Lacopo, D.V.M., one of the most sought-after genealogy speakers, offers four presentations. Topics include: Incorporating Social History into Your Research Deconstructing Your Family Tree: Re-evaluating the "Evidence" The Genealogist's Quadfecta "She Came from Nowhere..." - A Case Study Approach to a Difficult Genealogical Problem Registration is open (\$35 fee) at <https://venturacogensoc.org/2023-annual-seminar>.

**Oct. 28: Channel Islands PC User Group (CIPCUG) Online and Live at our temporary site in Ventura County Computers 2175 Goodyear Avenue, Unit 117 Ventura, (805) 289-3960.** Discussion, Tutorial, and Q&A sessions centered around Computers, email, the Internet, AI, and social media brokers such as X, Facebook, and Google. Events begin Saturday at 9:30 a.m. All CIPCUG events are available online. Due to limited space, live attendance is for members only.

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**Daniel Brackett**

**Continued from page 1**

and retired Ventura College faculty, exclaimed: "I always knew Daniel was destined for a career in musical theatre, but to be cast in a national Disney tour immediately after graduating from college was a happy surprise!" Ms. Ottsen began teaching Daniel his freshman year of high school and continued to follow his performances and include him in her studio recitals even while Daniel was in college at Elon University in North Carolina.

Ms. Ottsen's favorite memory is of Daniel's senior year performance of Maria from the musical West Side Story, with Ventura High's orchestra at their year-end concert. "We had worked on that song so much during his voice lessons - it is one of the most difficult tenor songs," Ms. Ottsen remembers

Daniel's longtime trombone teacher, Paul Hunt, director of music at Ventura High School, conducted that performance of Maria, and first met Daniel when he was in middle school. "Daniel was shorter than me at the time!" jokes Mr. Hunt. Daniel displayed a quick affinity for the instrument and Mr. Hunt placed him in the honors wind ensemble group as a freshman, and as principal trombonist his sophomore through senior years. But Mr. Hunt had to share his star student with the drama department - "I just knew he was going to get cast as the lead in the musical."

And indeed, Daniel was cast

by Stefoni Rossiter, director and drama teacher for Ventura High, in many productions. "Daniel has always had a serious, respectful, professional demeanor," says Ms. Rossiter, "Even when he was just in sixth-grade playing Winthrop in The Music Man, I could tell he was dedicated, prepared, creative, and so talented - he had such a sweet voice and presence on stage!" Ms. Rossiter came to fully appreciate Daniel's potential when she cast him as Cat in the Hat in Seussical: "He had all the singing and dancing down, but he was able to trust me and trust himself in adding a zany, silly, unscripted playfulness to his performance. . . it was a magical transformation for him and I remember thinking, Daniel Brackett is really going places!"

Brian McDonald, who directed Daniel in Rubicon Theatre Company productions spanning from 2010-2017, also thought it was "obvious that Daniel was gifted and would find his home on the professional stage. Daniel clearly loved what he was doing, but he also took great pride in the work that it took to do it well," Mr. McDonald recalled.

Daniel Brackett will be the whole city and community of Ventura's son coming home when he appears at the Pantages in Aladdin which runs for 3 more days. More information about the show, including the official link to purchase tickets, is available at <https://aladdinthemusical.com/north-american-tour-cast/>.



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Robert J. Morgan served in pastoral ministry for over 40 years. He is a best-selling, award-winning writer and sought after Bible teacher and speaker.



Rob is a friend of Ventura Jubilee Fellowship!

**October 13-15, 2023**

Friday (10.13) @ 6 PM

Saturday (10.14) - 3 sessions @ 9AM, 10 AM & 11 AM

Sunday (10.15) - 2 sessions @ 10 AM & 11:30 AM



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Push-in ceremonies date back to the early 1800s.

## Ventura Fire Department puts new ladder truck into service with ‘push-in’ ceremony

The Ventura Fire Department firefighter-paramedics received a helping hand from the Mayor and City staff who lent their strength for the Department’s ‘push-in’ ceremony on September 14. A new state-of-the-art fire truck was unveiled and officially put into service, signifying its readiness to respond to emergencies and slated to serve Ventura for the next 25 years.

Push-in ceremonies date back to the early 1800s when firefighters utilized horse-drawn equipment; the animals could not back into the station, requiring the horses to be detached and crews to push the equipment into the bay. The push-in ceremony remains a symbol of fire service unity and serves as a way to

pay homage to fire departments across the nation.

“This push-in ceremony not only celebrates our new apparatus but also our unwavering commitment to safeguarding the lives and property of our community,” said Fire Chief David Endaya. “Firefighting is a demanding profession that requires the best equipment and tools to protect lives and property. Our firefighters are dedicated to their duty, and this cutting-edge ladder truck will empower them to respond even more effectively in emergencies.”

The \$1.5 million 2022 Pierce fire truck, equipped with a 107-foot aerial ladder, advanced modern safety systems,

all-electric tools, and an elevated platform for a strong stream delivering up to 1,500 gallons of water per minute, further enables firefighters to perform their duties more efficiently and effectively. It will also be used to perform advanced and high-angle rope rescues for hard-to-reach environments, and vehicle extrication for trapped victims.

The truck is staffed with one captain, one engineer, and two firefighter-paramedics.

The Fleet Fire Apparatus Replacement schedule evaluates the economically practical life of fire engines per the National Fire Protection Association’s recommended 20-year life. The new fire truck will be used daily on the front line, while the current fire truck will be placed into a reserve status, utilized when the front-line apparatus is down for maintenance or assigned to a mutual aid event.



## Community invited to Port of Hueneme’s 10th annual Banana Festival

The Port of Hueneme’s 10th annual Banana Festival returns Saturday, September 30 from 10 am to 5 pm. This family-friendly, free admission festival will be full of live music and entertainment, vendors, landside and waterside Port tours, and banana inspired food and drinks, even banana beer! Families can enjoy the Kids Zone filled with games, crafts, bounce houses and more.

Parking is free and can be found at Port of Hueneme’s Sunkist Lot on the corner of Market and Surfside Drive in Port Hueneme. More information is available at [www.bananaportfest.com](http://www.bananaportfest.com).

Did you know? The Port of Hueneme is the #1 banana port on the West Coast and the festival will highlight the positive impacts and contributions the Port has made to the local community and the world.

More than 5 billion bananas come through the Port each year, imported by Chiquita, Dole and Del Monte.

Bananas come from Ecuador, Guatemala and Mexico and they go

# SATURDAY, SEPTEMBER 30<sup>th</sup> 10AM - 5PM

---

## SEE YOU AT THE PORT OF HUENEME

---

WE MAKE CARGO MOVE



# Banana Festival

A CELEBRATION OF A DIVERSE WORKING PORT

[bananaportfest.com](http://bananaportfest.com)





On Sept.11, a Chamber ribbon cutting was held at Olivas Links Golf Course welcoming Recovery Shot to Ventura. Recovery Shot is an adaptive golf program for those who have suffered trauma, illness or injury. Photo by Michael Gordon

all over the US West Coast, Hawaii and Southwest Canada.

It takes a couple of weeks from origin to get the bananas to our grocery stores.

“The Banana Festival is a special opportunity for us to give back to our community,” said Jess Herrera, Oxnard Harbor District Board President. “The Port has a rich 86-year history in Ventura County that has strengthened the community through strategic partnerships, created good high-paying jobs, and served as an economic engine for the region.”

Port operations play a vital role for Ventura County by bringing \$2.8 billion in economic activity and supporting more than 24,997 trade-re-

lated jobs. Trade through the Port of Hueneme generates more than \$173.2 million in direct and related state and local taxes, which fund vital community services.

“The Banana Festival lets us teach our neighbors about trade and commerce, and the good work we perform in the community and for the environment,” said Kristin Decas, CEO & Port Director. “You won’t want to miss these show-and-tell experiences, Port tours, educational booths, culture, music and delicious food.”

The Port recognizes all of its event sponsors including Admiral Level Sponsors Glovis, Chiquita, Del Monte, and Dole.



OAKtober Wed. October 4 at 10am at Community Park on Kimball. Bring a shovel, rake, water, hat and sunscreen and help plant trees to shade the bike path. More information venturatrealliance.com. Sponsored by Ventura Tree Alliance, California Clean Air Day, City of Ventura and College Area Community Council.



## Autism Society Ventura County

# Puzzle Marathon

## Happening NOW!

### Through September 24, 2023

**Mon-Sat 10AM-8PM, Sunday 11AM-7PM**  
**Pacific View Mall, 3001 E. Main St., Ventura**

**Together, we Will Solve the  
World's Largest Jigsaw Puzzle!**

**Check out our event schedule &  
Register Today!**

**Tinyurl.com/ASVCPuzzleMarathon**




**All proceeds benefit Autism Society Ventura County.  
To learn more about our programs or to get  
involved, visit us at [Autismventura.org](http://Autismventura.org).**




**ON STAGE JUNE 8-25**

**“Very, very funny...this clever satire is something  
for which to be truly thankful.”** HOLLYWOOD REPORTER

# THE THANKSGIVING PLAY

BY **LARISSA FASTHORSE**      DIRECTED BY **BRIAN McDONALD**





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**Tickets  
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**SANTA BARBARA'S PROFESSIONAL THEATER COMPANY**





Ventura City Hall, will open its doors to the community, inviting all art enthusiasts and residents to partake in a two-day celebration of the arts during the ArtWalk event on Saturday, September 23 and Sunday, September 24, 2023.

The event activities at City Hall will run from 12:00 p.m. to 4:00 p.m., offering visitors a unique opportunity to explore Ventura's Municipal Art Collection and enjoy captivating live performances by local musicians, dancers, and poets.



On September 9&10, the Ventura Harbor became alive with chalk as 20 chalk artists applied their skills to the concrete walkway. All as part of the Ventura Art and Street Painting Festival. Besides the chalk art there were booths that offered pottery and other works of art. Proceeds from the annual event go to Food Share.

Photos by Patricia Schallert



The inkspots, Ventura County's only printmaking group present their annual group exhibition "Touched by Ink". Opening reception is on October 6th during First Friday at 5-8pm at 643 Project Space Ventura Ave.

In addition to their work in the gallery, the inkspots collaborate on an annual folio or book project.

This year the folio will include a limited edition print by each artist and will be offered for sale. There will be a free drawing for the inkspots 2023 Folio at the Opening Reception at 7pm.

Gallery will be open each Saturday in October 1-4pm with a different printmaking demo each Saturday, including; collagraphs, monoprinting, linocut and photopolymer etchings.

Or by appointment email inkspotsventura@hotmail.com

# Ventura Art Scene



## Rubicon Theatre Company Silver Anniversary Season

Ventura's Rubicon Theater has unveiled its highly anticipated 25th Anniversary "Silver" Season, entitled Truly Yours. Running from October 2023 - September 2024, Truly Yours is comprised of five diverse productions, including comedies, dramas, and musicals. "These are compelling, must-see stories that ask us to think about what matters - what is essential and real," explains Karyl Lynn Burns, Rubicon's artistic director and co-founder. "Our landmark Silver Anniversary offers stories that are full of humor, grit, compassion, heart, and, above all, truth."

From October 4 - 21, the season kicks off with The Fountain Theatre's acclaimed West Coast Premiere production of The Lifespan of a Fact, based on the nonfiction book named by the Huffington Post as "Best of the Year". Next, from

December 6 - 23, Rubicon audiences will ring in the holidays with a revival of the award-winning musical revue The World Goes 'Round, an exuberant celebration of the songs of John Kander and Fred Ebb, the genius creators of Broadway hits like Chicago and Cabaret.

Rubicon's Silver Season continues February 21 - March 10, 2024, with Eisenhower: This Piece of Ground by Richard Hellesten. Fresh from Off-Broadway, this production is directed by Peter Ellenstein and stars Tony award-winner John Rubinstein. Directed by Risa Brainin, the West Coast Premiere run of "A" Train plays April 10 - 28, 2024. "A" Train is a funny, surprising and insightful story about one family's journey on the autism train. This one-woman tour-de-force is written by and stars Broadway veteran Annie Torsiglieri (Top Girls, Parade and Miss Saigon). The Truly Yours Season closes in the fall of 2024 with the enchanting musical Once, which is a winner of eight Tony Awards, including Best Musical. Playing September 11 - 29, 2024, the story is set in Dublin and follows an Irish busker and a Czech immigrant drawn together by their shared love of music.

Four and five-show subscriptions with discounts of up to 15 percent are available through Guest Services by calling (805) 667-2900, or online at www.rubicontheatre.org. Five-show subscribers also save \$10 on the service fee, for an overall savings of up to \$83.50 per person. Rubicon Theatre Company performs at The Karyn Jackson Theatre, 1006 E. Main Street (corner of Main and Laurel) in Ventura.

**RUBICON THEATRE COMPANY**  
25<sup>TH</sup> SILVER ANNIVERSARY

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SAVE 15%

## "Truly Yours"

Must-See, Real Theatre - Stories Filled With  
Humor, Grit, Compassion, Heart,  
and Above All, Truth

THE LIFESPAN OF A  
**FACT**

West Coast Premiere  
October 4 - 21, 2023

The  
**World Goes  
'ROUND**

From the Creators of *Chicago & Cabaret*  
December 6 - 23, 2023

A TRAIN

West Coast Premiere Run  
April 10 - 28, 2024

EISENHOWER

THIS PIECE OF GROUND  
Direct from Off-Broadway  
February 21 - March 10, 2024

Once

Winner of 8 Tony Awards Including  
Best Musical!  
September 11 - 29, 2024

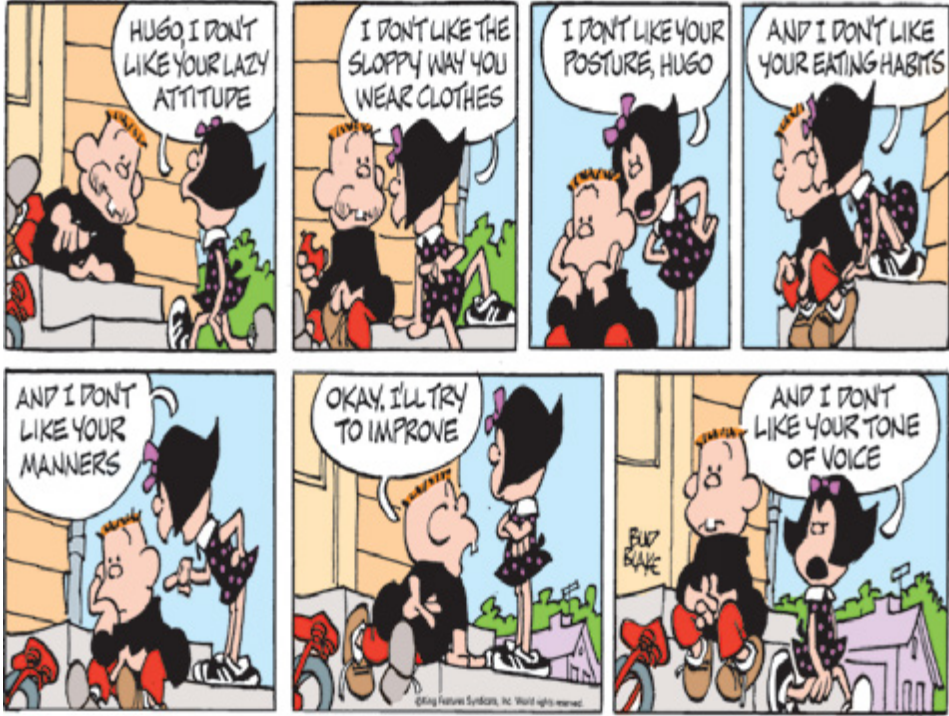
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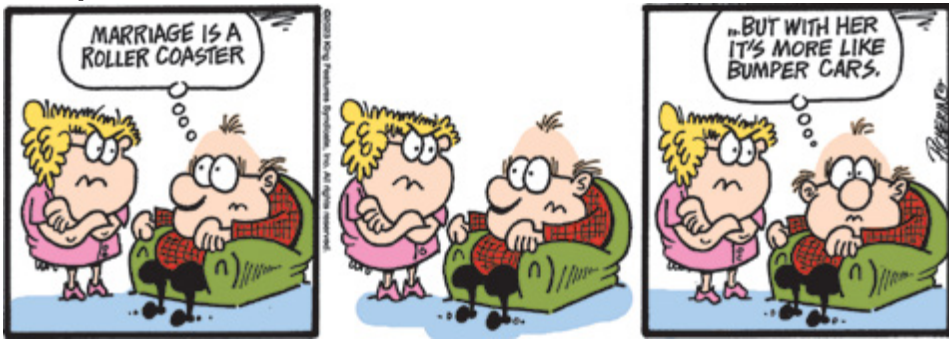


# Lighter Breeze

## The Spats



## The Spats



## Out on a Limb



## Amber Waves



## Play Better Golf with Jack Nicklaus



Solutions on page 15

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

7			5				8
	1			7		3	
		6	2		1		
4		8	9		5		
	3			7			9
1				1	2		
				6		5	
	2	8			4		
	8		1				6

## Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row, across, each column, down and each small 3x3 box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

Solutions on page 15

## King Crossword

### ACROSS

- 1 Swamp
- 6 Foliage
- 12 Alaskan peak
- 13 Current measure
- 14 Kidnapper's demand
- 15 European peninsula
- 16 Venetian blind part
- 17 Suffix for million
- 19 Busy insect
- 20 Penne Vodka
- 22 Press for payment
- 24 — Alamos
- 27 Mexican snack
- 29 Aussie greeting
- 32 Chekhov play with "The"
- 35 Nickelodeon's Explorer
- 36 Outlet letters
- 37 Venus, to Serena
- 38 CBS logo
- 40 Abel's brother
- 42 Campaigned
- 44 Bangkok cuisine
- 46 Elevator name
- 50 Biblical prophet
- 52 Outer-space

	1	2	3	4	5		6	7	8	9	10	11
12							'3					
14							'5					
16					17	18				19		
			20	21				22	23			
24	25	26		27			Crock		29		30	31
32			33					34				
35					36					37		
		39		39		40				41		
42	43			44	45				46	47	48	49
50			51					52	53			
54								55				
56								57				

### DOWN

- 1 Repast
- 2 Visitor to Siam
- 3 Bob Marley fan, often
- 4 — -mo
- 5 Nepal's — Mountains
- 6 Hideaway
- 7 Plant firmly
- 8 Gorilla
- 9 Porches
- 10 Ireland
- 11 Plane reservation
- 12 ER workers
- 18 Former Chrysler CFO
- 21 USPS delivery
- 23 "Yeccht!"
- 24 PC screen type
- 25 Discoverer's call
- 26 Peace
- 28 Admitted to the clergy
- 30 "Entourage" role
- 31 QB's gains
- 33 Shaft of light
- 34 201, in old Rome
- 39 Bygone anesthetic
- 41 Prestigious prize
- 42 Coral formation
- 43 To boot
- 45 Easter entrees
- 47 Melody
- 48 Misfortunes
- 49 Utter
- 51 Observe
- 53 Actress Longoria

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The special keynote speaker will be Laura Diaz.

## Ventura Women's Conference: Balancing the Successful You

by Carol Leish, MA

The upcoming Women's Conference ([www.womensconference.com](http://www.womensconference.com)), will be on Saturday, October 21, 2023. It was the inspiration of Shannon Vasquez, who grew up in Ventura and is the owner of Vasquez Float Reiki. She said, "I have had a vision to create a gathering of women that focuses on us becoming empowered and encouraged. An event in which women can learn from experts in health and wellness, mental health, yoga, and meditation. One in which women can also learn through art therapy, business, finance and more. Through learning we can learn the tools and tips for improving life and giving

back to others."

The special keynote speaker will be Laura Diaz, who is the 14-time Emmy Award Winner. She is on KTTV's Fox 11 American newscaster. Other speakers will include: Robbie Gluckson, who will talk about Health. Gina Found will talk about Mental Wellness. Andi Girl will speak about Sexual Wellness. Allison Perks will discuss things related to Motherhood. Meghan Terry will focus on Business. And, Monica White will talk about Food Share, which this event is benefiting.

Through White's leadership as President and CEO of Food Share since 2017, relief needs were met during both the Thomas Fire and the COVID-19 Pandemic. In 2022, Food Share distributed the equivalent of over 16 million meals in Ventura County ([www.foodshare.com](http://www.foodshare.com)).

The women's conference will also include local vendors with special shopping deals. There will be goody bags and prizes. Networking with local women will occur. Attendees will also have a delicious breakfast and lunch.

This empowering women's conference will be Saturday, October 21st, 8:00am-4:00pm at the Poinsettia Pavilion at: 3451 Foothill Rd. Ventura. It will be in the Ventur Room. For further information about this upcoming event, look at the website at: [www.womensconference.com](http://www.womensconference.com). Tickets are available through the Eventbrite link on the website. Students from area high schools, stay tuned for information on the above website regarding discounted tickets and complimentary tickets for each high school in Ventura.

Come register in order to join the fun and learn some new things. Come also to help benefit Food Share for them to be able to continue to help those in need.

# Show Time

A View from House Seats

## Actors Explore Asian Consciousness

by Shirley Lorraine

The Elite Theater Company, housed in Channel Islands on Victoria Avenue, presents a tale on their South Stage of complex discussions surrounding heritage, typecasting and discrimination in Yankee Dawg, You Die written by Philip Kan Gotanda, directed by Jolyn Johnson. With just two actors, the play chronicles a chance meeting and ultimate long-term acquaintance between a neophyte Asian actor (Tae Ho Yoon) and one of his heroes, an accomplished seasoned and lauded Asian actor (Eric R. Umali).

Yoon's character, Bradley Yamashita, questions how to represent the Asian community in a dignified way, while Umali's Vincent Chang, having been around the business for years, has accepted the realities of "playing the game" to get roles. The disparity between them create the basic premise of the play.

The two verbally parry their way through two acts as they compare their differing views of the business of acting and theorize where and when the truth should be lines drawn in the sand.

The stage is not encumbered by set pieces. Physical movement is kept to a minimum as the rookie Bradley clings to his desire to "stay true" to his heritage but

not be typecast. Chang also performs with an economy of movement, preferring to offer little in the way of sage advice, which Bradley clearly wants. The use of video reels on the back wall (well put together by up-and-coming cinematographer Wesley Umali) adds some much-needed insights into some of the conversation.

I feel that this play should be and could easily be condensed to a one-act play. The dialogue laboring over type-casting Asians in certain roles certainly can apply to any minority and the stereotypes with which actors are easily pigeon-holed. As Chang points out, however, an actor's life is one of constant compromise. To ensure longevity, an actor must be flexible and willing/able to step beyond and take chances, a step that the idealist Bradley seems reluctant to embrace.

Umali is excellent as the staid Chang. Diction is clear, the voice carries well. His understated inflections are a work of art. Umali's portrayal of the seasoned actor is quietly solid.

Yoon fared less well in the diction department, and I found it quite challenging to adapt to his accent and vocal pace. Much like his character, he will learn from his chosen master.

The conversation never seemed to



A Ventura Chamber ribbon cutting was held at SanaClis, a leading global clinical research organization (and a prominent provider of clinical trial supply chain solutions). With this launch, SanaClis is now able to offer sponsors and sites a comprehensive end-to-end solution for their supply chain management needs. Photo by Michael Gordon.

reach a high point or reach out with any pearls of wisdom. It just went on. Several other aspects of the unlikely friendship between the characters were presented as hints but not fully explored, leaving more questions than answers.

Yankee Dawg You Die is the last play in Elite's current season.

The theater will be presenting a spooky

opportunity around Halloween and then will focus on the next season opening in January. Check their website frequently for updates and happenings.

YankeeDawgYouDie continues through October 1 with performance Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. with one Thursday performance on September 28. [www.theelite.org](http://www.theelite.org).

Streaming Spotlight by Cindy Summers

## A Million Miles Away

- Prime Video



Breeze rating from 1 to 4 palm trees, 4 being best.

"A Million Miles Away" shares the true story of NASA flight engineer José Hernández (Michael Peña) on his quest from his childhood dream of being an astronaut to becoming the first migrant farm worker in space spending 13 days on the International Space Station. José's father shared with him at a young age that there were five key ingredients to achieving success in anything and José followed his father's road map with unstoppable determination to eventually achieving what most would consider impossible.

According to José's father, the first ingredient to success was to find your goal, and when José was seven years old he saw the Apollo 11 launch in 1969 on television and knew then that he wanted to be an astronaut. Around that same time, José's teacher Miss Young met with his parents expressing concern over their constant travel and his education knowing that he had some special gifts, even telling José he was a force of nature and to remember nothing will stop him. José's dad realized having his family work in the fields was not a good future, so they settled in Stockton, California where José grew up and graduated from the University of the Pacific.

The second Ingredient to success was to know how far you are from achieving your goal. In 1985 José got a job as a lab engineer at Lawrence Livermore National Laboratory and began applying to the NASA program. He met his future wife Adela (Rosa Salazar) when buying a car, but she wanted to be a chef and supported José's goal to be an astronaut. José received a promotion at work and things were

going well until Adela found a rejection letter, discovering he had applied to NASA six times without telling her. They agreed to work together to identify why he wasn't getting in, identifying some key skills including working on building his body, learning Russian, as well as learning to fly and scuba dive.

José's father said the third ingredients to success was to draw a road map, which became easier now that he had identified what skills he needed to attain. He received a promotion and shortly after was assigned to go to Russia for six months where he learned Russian. He also went to flight school and got his pilot's license as well as earning his diving credentials. After being denied 11 times, José went directly to NASA and found Commander Sturckow (Garret Dillahunt) to ask for an explanation about being rejected from the program. José shared all of his recent accomplishments and shortly after José received an acceptance letter from NASA.

The fourth ingredient for success according to José's father was if you don't know how to learn how, so in 2003 José

moved this family to new home in Selma just outside of the Johnson space center for NASA having been selected from tens of thousands for a rigorous training few pass. José rescued a teammate during a water training exercise which was recognized very highly by his by Struckow and also received much support from a female trainer named Kaipana Chawla (Sarayu Blue) who was a member of the next flight of the Columbia Space Shuttle which unfortunately blew up shortly after launch.

José was told ingredient number five was when you think you've made it you probably have to work harder. In 2008 José was chosen for the next shuttle launch as mission specialist number two on Space Shuttle Discovery piloted by Cmd Rick Struckow. Miss Young visited him before take off sharing José's drawing about his dream of becoming an astronaut she kept from when he was a child in her class. José's shuttle mission STS-128 remained on board the International Space Station for 13 days, and José was the first migrant farm worker to have traveled into space.

Runtime: 2h 1m



# JON PARDI

# NIKO MOON





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