

2023 VC Fair is Back - Aug. 2-13



VENTURA BREEZE

Your Hometown Paper

Vol. 16, No. 22 Published Every Other Wednesday Established 2007 July 26 to August 8, 2023

Ventura welcomed the X Games

Sunday, July 23, was the conclusion of the 2023 X Games held under Ventura's most beautiful weather. Many thousands visited Ventura to enjoy and celebrate the X Games.

They also stayed at our hotels, motels and ate at our restaurants and spent money at our wonderful stores and shops. The \$250,000 that the city invested in the games was well worth it. It was much less than other cities have spent.

The games drew some of the biggest names in skateboarding, BMX and Moto X to the Ventura County Fairgrounds for three days of fierce, but friendly competition.

The large range of alternative transportation options made for easy access to the Fairgrounds for many. Others enjoyed the games on KABC and ESPN.

Both Amtrak and Metrolink announced special X Games schedules for the weekend, with extra trains running Friday night through Sunday as part of plans by the city of Ventura and its partners to ease the traffic conditions.

Other alternate transportation was Gold Coast Transit Bus, VCTC Big Blue Buses and Pacific Surfliner.

For those that took their bikes or skateboards to the games there was a Bike Valet and a Skateboard Valet to store them while enjoying the day.

In her Breeze column Pam Baumgardner wrote "I'm happy to report Ventura survived the X Games. The traffic was no worse than it is for the fair, in fact, it was better. Great traffic control and I was amongst those who chose to ride their bikes."

These were the first summer finals held in front of large crowds since 2019. Saturday was sold out before the three-day games even began. It was estimated that Saturday attendance was 15,000. The fairgrounds' parking lot was also sold out.

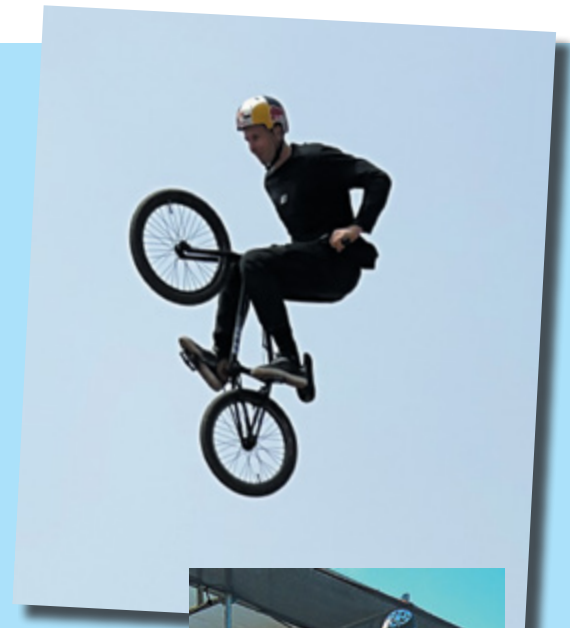


Headline events on Friday's opening day include the BMX dirt elimination, the BMX street finals, the men's skateboard vert and the motocross best trick.

Ventura Mayor Joe Schroeder stated "From the drone show on Thursday to finals on Sunday we witnessed a well-organized, wildly popular X Games for the ages. I was so impressed with how polite everyone was, how well traffic was managed and the incredible talents that were on display the entire weekend. Congratulations to the X Games staff and the Visit Ventura team for putting on a first-class event. The world saw why we all love living in Ventura."

Marlyss Munguia Auster, President & CEO Ventura Visitors and Convention Bureau proudly stated "We did it! Ventura stepped on stage and shined bright! I am so proud of the community, partners, and Visit Ventura team! Thank you to everyone, you were part of making history in Ventura with X Games 2023!"

More X Game photos on page 8



Fifty-eight retirees were invited to the annual retiree reception.

Ventura Unified School District celebrates retirees

VUSD held a Retiree Reception to recognize 2022-2023 school year retirees. Fifty-eight retirees were invited to the annual retiree reception, which was held at the District's Education Service Center. Among the retirees were employees who devoted many years to serving in Certificated (teaching) and Classified (non-teaching) positions. In their positions, they provided support, care, and inspiration to the students, staff, and families of VUSD. Five of them held a longevity of over 35 years. Collectively, the Retiree Class of 2022-2023 has served the VUSD community for 1,389 years.

One member of the VUSD team retiring after 38 years of service is Mr. David Hess, Athletic Director for Ventura High School. Mr. Hess stated, "Too many

Continued on page 13

August 26
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I was reading
the dictionary,
I thought it was
a poem about
everything.

– Steven
Wright

Local Government News

Ventura WaterPure Ocean Outfall Project

by Jennifer Buckley, Senior
Community Outreach Specialist

Regarding the mention of the WaterPure project in the latest edition of the Breeze I want to share some additional resources and information for your readers.

The parking lot is the location of temporary boat storage which will be in place throughout the upcoming VenturaWaterPure Ocean Outfall Project.

The Ocean Outfall Project is anticipated to start after Labor Day 2023 through summer 2024. The outfall will be constructed through a horizontal directional drilling (HDD) process to limit community impacts. The HDD will push a pipe through a hole starting in Marina Park and emerge approximately 2000-4000 feet offshore.

The project will support the VenturaWaterPure Program, a purified recycled water project that will recover, treat, and reuse water that is currently discharged into the Santa Clara River Estuary. This project will

divert treated water from Ventura's wastewater treatment facility to a new Advanced Water Purification Facility (AWPF), where the water will be treated to drinking water standards and then injected into a local groundwater basin for storage, and later extracted and delivered to customers.

Residents can learn more and sign up to receive construction updates on the project at www.cityofventura.ca.gov/OceanOutfall

I hope this information is helpful for your readers and be on the lookout for a press release as we get closure to starting the Ocean Outfall construction in the coming weeks.

Help shape the future of walking and biking in Ventura

After more than two years of community participation, a draft Active Transportation Plan (ATP) is ready for the next public input phase for walking and biking improvements throughout the city.



The ATP aims to create a roadmap for priority projects and programs that will make walking, biking, and taking transit great choices for all residents, workers, and visitors.

The ATP Public Input Draft is now accessible online at www.ActivePlanVentura.com for community members to review and provide feedback until Sunday, August 20. Your input will play a vital role in shaping the future of active transportation in our city. Residents may also attend an upcoming event in-person at the following locations and times:

Friday, July 28

1:00-4:00 p.m. at the Transit Center at Pacific View Mall

5:00-8:00 p.m. on Main Street at California Street

Saturday, July 29

8:30-11:00 a.m. at the Ventura Downtown Farmers Market

12:00-2:00 p.m. at Ventura College Weekend Marketplace (Swap Meet)

Sunday, July 30

9:00 a.m.-12:00 p.m. at the California Street Mall on the Ventura Promenade

Help get Ventura moving and share your ideas online or in-person!

As I See It by Sheldon Brown



"I looked everywhere for the senior X Games so that I could compete but couldn't find them."

So sorry to hear that Former Ventura Mayor Sandy Smith has passed away at the age of 77. Another victim of cancer.

Smith served on the Ventura City Council from 1997 to 2005 and was our mayor from 1999 to 2001. He was also a land-use consultant for Sespe Consulting and a senior adjunct professor at California Lutheran University.

Many also knew Smith as the former chef and owner of the closed Rosarito Beach Cafe in Ventura.

The X Games seems to have been a success and was very well attended. It had extensive coverage on ABC and ESPN. There were several transportation options which really helped traffic in and out of the site.

Hard to tell what the long-term results will be. Some of the athletes (and winners) were as young as 12. I'm sure many attending will decide this is a nice place to vacation and maybe live. So should have a positive impact, especially on our tourist trade.

One thing that really impressed me was the comradery between the athletes.

Especially with the BMX and Moto X riders. It seemed as if they were just one big family happy no matter who won. An athlete would have a great ride and be congratulated with smiles and hugs even if it meant another rider lost their medal. They would hoist winners up on their shoulders parading them around. It seems there were no losers.

The amount of construction done was amazing, which will be removed. When a press conference was held before the games I asked, "Would there be improvements made to the fairgrounds?" We were told "yes". I plan to go back in a few days and see if anything was really done.

Standing next to the Moto X ramps it was almost impossible to believe that motorcycles could possibly fly that far and land, but they did.

The City Council agreed to spend up to \$250,000 on staffing, traffic mitigation, police overtime and other public services. I think that Ventura made an excellent deal in negotiating to get the games here. Cities spend much more than they hope to recover but Ventura did not do that.

The \$250,000 investment to secure the X Games should generate at least that much tax revenue from hotel stays and other businesses now, and in the future.

Recently, the entire planet sweltered for the two unofficial hottest days on human record according to University of Maine scientists at the Climate Reanalyzer project.

For two straight days, the global average temperature spiked into uncharted territory.

Weather continues to be unusually hot while at the same time cities are experiencing huge rains and floods. Over 90 million Americans are under extreme heat warnings. Could this be a change in our weather?

The man who carved a love note into a wall at the Roman Colosseum

wrote an apology letter to authorities in Rome. The tourist who infuriated a nation when he was captured scratching a love note into the wall claimed he didn't understand the history of the Roman monument. Perhaps he thought it was where USC plays football.

Kyle Fitzsimons, 39, of Maine, whose bloody, wild-eyed face became one of the most memorable images of the U.S. Capitol riot was sentenced to more than seven years in prison for hurling a bow like a spear at police and attacking several other officers.

He separately assaulted at least five officers near a tunnel as police desperately tried to protect an entrance to the Capitol from the angry mob of President Donald Trump's supporters, prosecutors said. Seems to me seven years is not nearly enough time.

Mailbox

Letter to the Editor.

I was at Vons and was surprised to see a woman and her husband and infant son shopping with the mother wearing a bathing suit. Now, the supermarket is close to the beach and it was a warm day but what surprised me was she was wearing a thong, with her cheeks exposed. What was interesting was the fact no one seemed to care or even gave the woman a second look. Now I know what my grandfather must have felt when he encountered a woman in a bikini for the first time in the 1950s. I guess I didn't get the memo --this is the new normal.

Richard Senate

Richard: I'm afraid it is the new normal like parents with their kids at a restaurant and they are all on their cellphones.

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words



Ventura Fire Department and Foundation organize memorial stair climb honoring 9/11 first responders and fallen heroes

The Ventura Fire Department, in collaboration with the Ventura Fire Foundation, invites local first responders and community members to participate in a Memorial Stair Climb on Saturday, September 9, 2023, at 9:00 a.m. at the Crowne Plaza.

Participants will climb the equivalent of 110 stories, the height of the fallen World Trade Center towers. The stair climb is not a timed race and participants can climb at a level that suits their needs.

“More than two decades after

the tragedy on September 11, 2001, we continue to honor the courage of the first responders who selflessly rushed into chaos and mourn the fallen heroes who lost their lives that day,” said Fire Chief David Endaya. “This memorial stair climb is a small way we can reignite the indomitable spirit that unites us and shows our support locally.”

Space is limited to 100 climbers, and those interested in participating are encouraged to register at www.VenturaFire-Foundation.org. Residents who prefer not to climb can show their support by donating and attending as spectators.

The memorial stair climb pays homage to the 343 New York City Fire Department firefighters who lost their lives during the attacks on the World Trade Center in 2001, as well as the 60 other emergency personnel who responded that day. Additionally, the event honors the 200 firefighters who have since succumbed to illnesses related to the attack.

By supporting the Ventura Fire Foundation’s mission to improve the lives of firefighters and their families, the Ventura Fire Department demonstrates its commitment to the cause.

For more information about the Ventura Fire Foundation and the 9/11 Memorial Stair Climb, please visit www.VenturaFire-Foundation.org.

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Pam launched VenturaRocks.com in 2009 to support Ventura's music scene.

CAPS/KPPQ – Spotlight on DJ of the Month – Pam Baumgardner

Pam Baumgardner is host/DJ/producer of the Pam Baumgardner Music Hour airing at 5pm on Tuesdays and Fridays and again on Sunday at noon on KPPQ 104.1 fm and streaming on myTuner. With a degree in radio and TV broadcasting from Fullerton, she began her career as Stephanie Rose at KEZY/KPZE out of Anaheim, then moved to Ventura in 1988 for a job at KZTR. She earned her Program Director stripes converting KXBS radio (The Bus) from oldies to alternative rock. She worked at KHTY in Santa Barbara as well as at KBBY in

Ventura.

She launched VenturaRocks.com in 2009 to support Ventura's music scene and running a website to support local artists and writing the Music Scene column for the Ventura Breeze. Pam produced VenturaRocks at CAPS, a half hour music TV show highlighting local artists such as Crooked Eye Tommy, Medicine Hat, Shaky Feelin' and others. When KPPQ launched she jumped onboard enthusiastically and created The Pam Baumgardner Music Hour, one of the first locally produced shows back in January of

2017 that highlights local artists out of the 805 as well as artists who come to our county to play. The show has many faithful listeners from across the county and the nation. She joined CAPS Media's Board of Directors and continues to be a true champion of both community radio and tv.

Pam says, "It was my favorite thing in the whole wide world listening to my favorite artists and bands on the radio growing up, and to be able to do that over the span of almost forty years has certainly been a privilege."

Pam joined the KPPQ crew with a wealth of experience that she has generously shared with other DJs at the station. In the past six years CAPS staff members, directed by Elizabeth Rodeno, have trained more than 100 local DJs and produced hundreds of hours of original programming on KPPQ. Unlike Pam, many of her fellow DJs had very little or no prior experience in creating radio programming. All the KPPQ DJs share Pam's enthusiasm for the CAPS Media community of voices.

Santa Barbara counties, Sanchez's connection to her community has fueled her drive to make a positive impact in her career and personal life. Currently residing in Ventura County with her husband and two boys, she wholeheartedly dedicates herself to serving and uplifting her local surroundings. "The Museum is a cornerstone of our community and I'm excited to do my part to drive growth, enhance efficiency, and cultivate enduring success," commented Sanchez, "Our community depends on the work and passion we are each willing to put into making it a wonderful place to live and remember."

Totally Local VC to host the VC Craft Beer Garden at 2023 Ventura County Fair

Totally Local VC is proud to announce that we will be the official hosts for the Craft Beer & Wine Garden at this year's 2023 Ventura County Fair.

We are excited to be working with the VC Fair staff and our local breweries to help design and develop the Totally Local VC Beer & Wine Garden. This is a great opportunity to promote local at the fair and to highlight the incredible breweries throughout our county as well as the farmers who make beer happen!

Each year the fair sees an average of 300,000 visitors in the two-week period of the fair. This provides an incredible opportunity to showcase Ventura County's Craft Brew industry as well as provide a nod to the farmers who grow the ingredients needed to make beer and other drinkable products.

List of participating Breweries and Distillery:

Topa Topa Brewing, Institution Ale, Ventura Coast brewing, Made West, Rincon Brewing, Leashless Brewing, Tarantula Brewing, Transmission Brewing, Ojai Brewing, Seaward Brewing, Enegren Brewing and Ventura Spirits.

Brewers from throughout Ventura County have graciously donated funds to the scholarship program. Funds raised throughout the year and early 2024 will be used to create a scholarship fund for students who are pursuing an education and career in agriculture, culinary arts and or food science. Totally Local VC's goal is to raise enough funds to offer at least one scholarship for both agricultural education and one for culinary arts/food science.

Scholarships recipients will be decided by our Ag Ed Committee and awarded March 2024.

If you're interested in finding out more or donating to the scholarship fund please email us at TotallylocalVC@gmail.com

The Totally Local VC Craft Beer Garden will be located in the Floriculture/Landscape area



Angela is the new Director of Finance and Operations.

Museum of Ventura County welcomes Angela Sanchez

The Museum of Ventura County is pleased to welcome longtime community leader Angela Sanchez to the team as its Director of Finance and Operations. Sanchez brings over two decades of fiscal management experience and a thorough understanding of market dynamics. Along with a natural ability to navigate complex business challenges, she will contribute significantly to the Museum's continued growth and sustainability.

"Angela will play a pivotal role in driving the Museum's financial success and operational efficiency," said the Museum of Ventura County's Barbara Barnard Smith Executive Director Elena Brokaw, "I've known Angela for years and have watched as she has led organizations through financial and operational success. I look forward to working with Angela and our entire team as we continue to elevate the Museum's mission of preserving and celebrating Ventura County's rich cultural heritage."

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Museum welcomes new team members.

These employees bring with them the experience and dedication necessary to help MVC’s mission

The Museum of Ventura County is pleased to welcome five new team members. Senior Event Sales & Communications Manager Heather Williams, Marketing and Communications Program Manager Angie Brinkhoff, Development Specialists Joshua Ortiz and L.E. Brown, and Events and Facilities Associate Thomas Blood.

“As Ventura County celebrates 150 years, the Museum is also ready to begin a new era, and this is the right team to see it through,” said the Museum of Ventura County’s Barbara Barnard Smith Executive Director Elena Brokaw, “These individuals are incredibly talented and their impact was noticed immediately. They make our team better.”

With over 14 years’ experience in the event industry, Heather Williams brings extensive knowledge in event venue sales development as well as being an Event Planner & Coordinator. Her most recent role was as Regional Event Sales Manager for the Improv Comedy Clubs & Levity Live Comedy Clubs nationwide. Joining Williams in the Marketing department, Angie Brinkhoff is a seasoned marketing and communications professional bringing over 15 years of combined experience in the non-profit sector, including as a board member. Joshua Ortiz joins the team with over 15 years of experience in the mortgage, finance and customer service industry. Prior to joining MVC, he served as the Gifts & Grants Operations Specialist with the Ventura County Community Foundation. L.E. Brown joins Ortiz in Development bringing with her a BA in art history from the University of California, Santa Cruz and Bo aziçi University, Istanbul, and post-graduate studies at Sorbonne University Abu Dhabi. With a background in art direction and communications, Brown brings an arts-specific understanding and 7 years of experience in museums and galleries to her role. Thomas Blood spent six years as an Inventory Control Specialist and manager for the largest Wellness Center in Reno before moving to Ventura and joining the Museum.

This summer has seen a number of exciting new additions to the Museum, including the recent announcement of longtime community leader Angela Sanchez serving as Director of Finance and Operations. New curator Carlos Ortega joined the Museum in May and

is responsible for building the collections and telling stories through objects and interpretation that resonate with our community’s diverse cultures and Native tribes. In June, the Museum debuted three new exhibits in support of the County of Ventura’s 150th anniversary Kick-Off Celebration – Spin Cycle: Unfolding the Science of Laundry, The Murder of Tom More: A True Crime Story, and Proximity to Water: Works from MVC’s Permanent Collection. The exhibits will continue through the end of 2023.

Ventura Land Trust Announces Community Leaders as New Trustees

The Board of Trustees of Ventura Land Trust has experienced a major shift, with the recent addition of five new members and the departure of two, bringing the current total number of trustees to 13.

The new trustees include Kate Larramendy, past Director of Design & Sustainability at outdoor company Toad&Co and current board member of The Conservation Alliance; John Krist, who retired in 2022 as CEO of the Farm Bureau of Ventura County; The Trade Desk Assistant Corporate Controller Meridith Thompson; Thousand Oaks City Manager Andrew Powers; and retired Ventura City Fire Marshal Brian Clark.

Each new trustee brings great depth of experience and a drive to protect open spaces in Ventura County.

“VLT has proven itself to be the most effective, trusted and visionary force working to protect Ventura’s considerable natural resources,” says Trustee Kate Larramendy. “I’m honored to serve on the board to bring my passion for open spaces, wild places and access for

Continued on page 13

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On July 9, a celebration for our veterans, past and present, was held at the Olivas Adobe. It featured a salute to arms, old guns and do it yourself photo booth and docent-led tours.

The Olivas Adobe historic site features the home of Don Raymundo Olivas. Built in 1847, this Monterey-style adobe home, Historical Landmark No. 115 from the Rancho-era, celebrates Ventura’s Rancho and Latino heritage.



Charity Luau a great success.

The vibrant event brought together generous contributions from various local establishments

The community spirit was alive and thriving at Portside Ventura Harbor's recent Charity Luau, where residents and local businesses united for a great cause. In an effort to support the PTSD Foundation, this vibrant event brought together generous contributions from various local establishments, including Harbor Mart, Crave Gelato Kofi Bar, Vision Marine Ventura Electric Boat Rentals, Focus Sup Ventura, Mystic Relics, Portside Yoga, Art is Passion, Vasquez Float Reiki, Tail of Success,

Rocks and Drums, and Pierpont Racquet Club.

The outpouring of donations and raffle contributions surpassed all expectations, enabling the event to raise a remarkable sum for the PTSD Foundation. Heartfelt gratitude goes out to all who participated, making this luau an overwhelming success and a shining example of the power of community-driven initiatives. Together, we are making a positive impact on the lives of those in need.



The "Remembering" statue.

General Services Agency to accept donation of memorial statues at County Veterans Memorial

The two statues slated to be installed will honor the loss and sacrifice made by families and members of the military. The "Gold Star" statue is a life size rendition of a mother/wife kneeling holding her son, daughter, or husbands' folded casket flag. The "Remembering" statue is a life size rendition of a kneeling soldier reaching out remembering his fallen brothers and sisters.

The Vietnam Veterans of Ventura County, Inc., which was founded in 1985 as a 501(c)19 non-profit corporation Fed id# 93-0966053 & CA state id #C1535008, along with a special partnership with high school students from Architecture Construction and Engineering (ACE) Charter High School, measurements and architectural placement of the statues were created.

"Memorials are built by those whose freedoms were protected by our veterans, and it is important for our students to feel that connection," stated John Middleton, ACE Charter Principal.

Both statues are the emotionally stirring works of Sutton Betti, the son of the late David Betti, former VVVC president and former Commander of Ventura VFW Post 1679.

Supervisors Kelly Long added, "This will be a nice facelift to the Memorial that was originally put in place in 1985 and will provide a place of healing for Ventura County residents who have lost a loved one in a military conflict."

The exact date of the installation is not yet determined. The installation of the statues are dependent upon the fundraising efforts of the various veterans' groups, fraternal organizations & public and private donations.

If you would like more information about this project or how to contribute to support it, please contact:

Ron Fitzgarrald, publicaffairs@vvvc.org
Richard Camacho, camacho4@roadrunner.com
Brian Miller, Chief of Staff for Supervisor Kelly Long at (805) 654-2276
Maruja Clensay, Chief of Staff for Chair of the Board Matt LaVere at (805) 654-2703.



The new foundation board chair is Nicole Kreutz.

Board Chair, Vice-Chair and New Board Members announced by Ventura College Foundation

At a June 28 meeting, the Ventura College Foundation Board of Directors selected a new board chair and vice-chair and approved two new board members for the 2023-24 term.

The new foundation board chair is Nicole Kreutz, vice president, senior portfolio manager at Montecito Bank & Trust. She has been on the foundation board for five years and is a Ventura College alumnus. "I am excited to lead the foundation's efforts to help students at Ventura College thrive and prosper," says Kreutz. "As a foundation, we remain focused and vigilant on what we do best, providing our students with a way to open doors for the future and provide a bridge to higher education."

Vice-chair is Rob van Nieuwburg, business relations director at Ventura Toyota. He served as foundation board chair for five years until 2021 and has been on the board for nearly 20 years. "It's all about the students," says van Nieuwburg. "Every day, we see how the foundation impacts lives and gives students a path forward."

Joining the board is Lydia Morales, a retired Ventura College faculty member, former chair of the Math Department and Academic Faculty Senate president. Also joining the board is Mark Huff, the newly elected Associated Students of Ventura County (ASVC) president who will serve through the 2024 academic year. Part of the ASVC president's duties is to serve on the foundation board and provide student input.

Ellyn Dembowski is Immediate Past Board Chair.

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Since 1985, Tender Life Maternity Home has offered a safe place to transform lives. Photos by Yana Khiyod.

Tender Life Maternity Home stands as a beacon of support

by Patricia Schallert and Yana Khiyod

On July 15th, Tender Life Maternity Home, had an open home tour and invited members of the community to see the property, have conversations with the residents and ask questions of the staff and board members. With a strong commitment to providing a nurturing environment, Tender Life Maternity Home stands as a beacon of support, empowering women with the tools and resources they need to navigate pregnancy and beyond. For Tender Life, this open home tour was a time for residents to tell their stories.

Information about Tender Life was provided to the guests at this well attended event and attention to detail in their preparations for the event was obvious with a BBQ, desserts, tours through the property and speakers.

Since 1985, Tender Life Maternity Home has offered a safe place to transform lives. Tender Life Maternity Home's vision has provided comprehensive support and assistance to pregnant women (18 years and over) in need and encourages healthy alternatives for a better and productive life. The well-being and comfort of mothers and their unborn children have been top priorities.

The Tender Life Staff offers supportive services and provides an environment that can break the patterns of homelessness, addiction, and abuse. Some of Tender Life's early babies have graduated from college, found their careers, and are living productive, fulfilling lives. With a capacity of six women at a time, Tender Life Maternity Home is a warm, nurturing refuge where the women are encouraged to focus on making their future both positive and fulfilling. They

learn group and relationship dynamics, coping and life skills along with learning to avoid the self-destructive behaviors that got them to their current place in life.

Through Tender Life, the women receive therapy, take classes, develop spiritual nourishment as well as lifestyle coaching. They discover Tender Life as a safe, nurturing place from the beginning of their stay. After their baby is born, the women receive guidance for up to 12 months that includes training in parenting, child development, and life skills along with employment coaching and financial responsibility. A team of experienced and dedicated healthcare professionals are on hand to provide personalized care and guidance, ensuring that each woman's unique needs are met. Tender Life Maternity Home in Ventura, California, offers a haven of compassionate care, guidance, and support, ensuring that every woman's journey into motherhood is nurtured and cherished. Tender Life Maternity Home is where "courage meets compassion to build new lives".

Tender Life Maternity Home is having an annual walk on July 29th. Please register now to help raise as much as possible for Tender Life Maternity Home to shelter unhoused pregnant women. Over the past 5.5 years, Tender Life Maternity Home has given 49 babies a chance at life. Tender Life is asking for your participation to help continue this rich 40-year legacy. <http://www.pledgestar.com/TenderLife/>

"There is no exercise better for the heart than reaching down and lifting people up." Jim Duran Executive Director



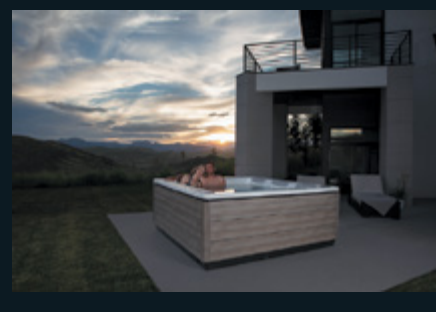
Recently the Ventura Downtown Lions Club kicked off their new Night Meeting with a fun and informal social hosted by The Portside Ventura Harbor. Their gracious hosts provided a beautiful display of hor d'oeuvres, drinks and dinner followed by tasty gelato from CRAVE.

On behalf of the Pediatric Cancer and Community Service Committees, 1st VP Lisa Morris and PP Steve Shaw presented a \$1000.00 check to the VCMC Ronald McDonald Room. There were over 30 members in attendance and a few guests. Feedback from the event was great and many members are looking forward to the night meetings.

Lion committees are always hard at work. On Saturday 7/15/23, PP Jon Youngerman and Lion Rookie of the Year Quincy Dungan organized a blood drive and about 20 members supported it.

There is still time to donate, just schedule an appointment and let them know you are donating on behalf of the Ventura Downtown Lions Club. With the Ventura Downtown Lions Club there are always opportunities to serve.. There are plenty to choose from!

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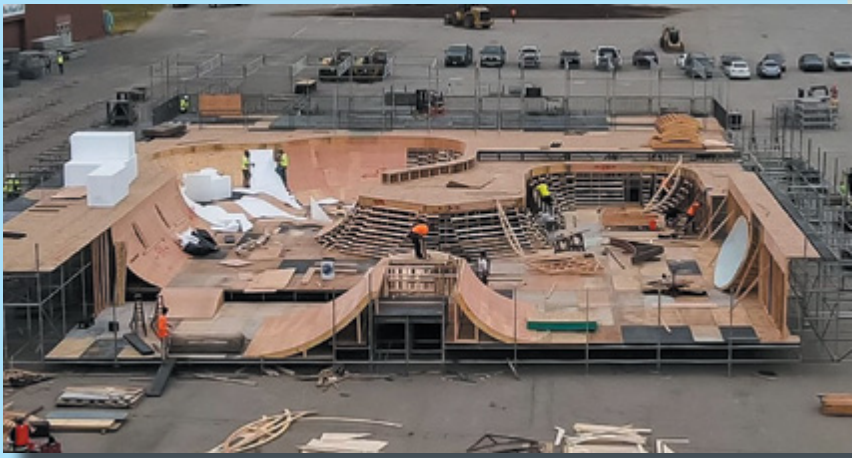
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X GAMES

Photos by Patricia Schallert, Yana Khiyod, Michael Gordon and others.



Few of the many graves are marked today.

Mystery at the Ventura Memorial Cemetery

by Richard Senate

Few of the many graves are marked today at the park-like old city burial grounds. It holds the remains of the rich, the poor, the well known and unknown individuals who built Ventura into a city. Many were veterans of the Civil War, a few from the Spanish American War and some from the bloodbath of World War One.

But, the old cemetery also hold many mysteries, one of which came to my attention recently. A new technology can now use sound waves transmitted into the earth to show what is buried below. This ground penetrating radar is a great tool for archaeology because it can reveal things without disturbing them. This new technology was used at the old Saint Mary's Catholic Cemetery, the west end of Memorial Park and at the burial plot

of the prominent Olivas Family. There a discovery was made.

At the marked grave of Teodora Lopez Olivas, the wife of Raymundo Olivas and the mother of his twenty-one children, they found a casket buried there using the ground radar, confirming records that this is her burial site. Next to her they found a second casket, that is believed to be the grave of her husband Raymundo who died before her, but no records exist to confirm this so his grave could not be marked with 100% certainty that he rests there.

That was the tradition of that era and its a good bet that he rests beside his beloved wife. The scan of the Olivas Plot also discovered a third casket and that is the mystery, who is buried there? No records exist to tell who it might be, but the list of possible candidates isn't long. It might be the final resting place of Dominga Olivas, a cousin who lived in Santa Barbara, who married Raimundo Jr. The youngest son of Don Raymundo (yes, they spelled their names differently). She died at the Olivas Adobe in Childbirth in 1891. The child she bore died as well three weeks after birth. Her husband was out of town on business in Santa Barbara when the baby came early. He was devastated by her death. She had been a popular singer in Santa Barbara that earned her the title of "The Songbird of Santa Barbara." but she gave it all up to become Raimundo's wife. She was looking forward to her new baby before everything went wrong. He would have begged to have her buried close to him so as to visit her grave.

Other candidates might be Maria Dolores Olivas, born in 1851 and died as a child. She may have been buried at the Adobe before being moved to Saint Mary's when it opened in the 1860s. Another might be Jose Epitacis del Refugio born in 1847. He too could have been re-buried to be closer to his father and mother. We may never know the full list of who was placed where at the Memorial Park cemetery due to many records being lost over the years. A mystery exists, who rests in the Olivas Plot? We can only be assured it was some very special to Raymundo and Teodora Olivas.



Each non-profit grant recipient is making a significant impact.

The Rotary Club of Ventura issues \$66,000 in grants

Twenty-one local non-profits attended the weekly Rotary meeting to extend their gratitude for \$66,000 in grants issued through their Julius Guis Memorial Rotary Foundation (JGMRF). About half of the funding for the grants comes from the Rotary Club of Ventura 4th of July Fireworks held annually on the grounds of Ventura College. Grant applications are solicited throughout the city of Ventura in February each year. The JGMRF committee is comprised of five past presidents of the Rotary Club of Ventura. Each non-profit grant recipient is making a significant, positive impact that aligns with Rotary International's focus to promote peace, fight disease, save mothers and children, support education, protect local economies, and protect the environment.

The Rotary Club of Ventura meets Wednesdays at Noon at the Poinsettia Pavilion. Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - locally and globally.

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GRAND OPENING

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Home of the best burgers, organic coffee & gelato, amazing shops, events and more!





Senior Living

Ventura County's Elderly Fall Prevention Coalition has a program to reduce the number of accidents

by Dr. Thomas Duncan, DO, FACS, FICS

(This article first appeared in LIVEWell)

Falls are still the leading cause of injury deaths among people over the age of 60, and the most common reason for hospital admissions, doctor visits, and emergency room visits. Despite our best efforts, up to 33 percent of adults over the age of 60, and 50 percent of adults over the age of 80, will fall each year. Hip fractures remain the most common injury associated with falls. More than 40 percent of seniors recovering from hip fractures are unable to return to their homes due to complications.

The cause of falls can vary greatly, including inappropriate footwear, clutter, taking multiple and duplicate medications, weak strength in the legs, declining vision, chronic health problems, and occasionally small pets. The COVID-19 pandemic caused another

layer of complexity to our seniors' lives by their needing to negotiate safety guidelines while trying to avoid a life-altering fall.

We live in a county that has many seniors. By 2030, approximately 30 percent of Ventura County's citizens are expected to be 60 years of age or older. Ventura County's Elderly Fall Prevention Coalition (EFPC) was originally founded in 2013 after recognizing the life-changing effects of falls suffered by our elders. The coalition was established by a multidisciplinary group overseen by the Ventura County Medical Center (VCMC) trauma department. The goal of the coalition is to reduce primary falls that have been recognized as being largely preventable.

The cost of caring for each fall ranges from \$37,000 to \$60,000. This figure is calculated based on the severity of injury and level of care provided. In 2013, the total cost of fall-related injuries in the U.S. was more than \$36 billion. That figure rose to \$60 billion in 2020. The average cost of annual healthcare dollars in California for non-fatal falls is \$2.4 billion. It is remarkable that an elder dies from a fall every 29 minutes, while similar-aged elders are treated in an emergency room for a fall-related reason every 14 seconds. Local data demonstrates that most falls – 68 percent – occur in elders' primary residences. As such, our efforts are directed toward their homes.

It is our goal to raise awareness of the dangers of falls by holding multiple presentations at the local and national level. The total number of forums held

Continued on page 13



The monthly support group for those with Parkinson's and their caregivers is free to attend.

Dedicated to helping people with Parkinson's

by Carol Leish, MA

Vanessa White, Ph.D. has been dedicated to making the lives of those affected by Parkinson's better. Dr. White earned her Ph.D. in Sports Management/ Kinesiology, from the University of Northern Colorado. She first thought that she would become an athletic director. Her studies in kinesiology led her to teaching in the Women's Physical Education Department in East Los Angeles, Monterey Park.

Dr. White was happy that she got to play every sport, and was a collegiate athlete in her school career. She was a swimmer and water polo player. She also played volleyball and basketball. She was a high school volleyball coach and has had over 35 years of teaching experience in physical and wellness education.

After spending many years teaching in higher education, Dr. White decided to pursue a lifelong dream of owning her own gym. She and her husband, Kevin, purchased Santa Paula Fitness in the summer of 2011. That is when Neurofitness was founded.

Dr. White said, "The reason that I got into helping people with Parkinson's was that my mother-in-law, Judge Toy White, was diagnosed with it in 2015. By seeking out programing and education that would provide my mother-in-law with the exercise she needed, which was specific to Parkinson's, I put together a new and unique training program that worked well. This is how Neurofitness started.

"Because of Judge Toy White having had developed Parkinson's, I resurrected the monthly support group for people with Parkinson's that was initially led by Patty Jenkins. Things had stopped with COVID-19 in 2020. Then, after Patty lost her husband to Parkinson's, I restarted the group.

"By getting people with Parkinson's involved in agility training, cardio work, and strength training, I could help them out. I also do cognitive and physical drills, which involves improving memory. Vocal work is also important since people with Parkinson's tend to get a quiet voice."

The monthly support group for those with Parkinson's and their caregivers is free to attend. It meets the 3rd Tuesday of each month from 10:00-11:15am at Cross Point Church in Ventura. Their address is: 5419 Ralston Ave. Ventura, CA 93003. Dr. White said, "We alternate things in the support group by having a presenter one month, and a discussion group the next month. Speakers have included neurologists and psychologists. During the discussion, there are two groups: one of those with Parkinson's, and the other for caregivers. Anyone interested in becoming more aware of Parkinson's and how to help those affected, or who just want to become more informed, are welcome to attend the group," For more info., contact Dr. White at: vcneurofitness@hotmail.com.

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Senior Living



Leslie and her students having fun while completing their weekly dance workout at Aegis Living in Ventura.

Focusing on One Day at a Time is Just Fine!

by Leslie Sokol

Living in the moment and taking each day at a time is crucial in order to live a balanced lifestyle. Every day is a new beginning - the minute you wake up and your feet touch the floor it's the start of something wonderful. Focusing on achieving one goal or task at a time will keep you on track to accomplish the goals you've set for yourself for that day.

You may find that some days you

have more energy and motivation than others. Think of your motivation like a light switch. Perhaps your switch is off or set at a low level, but when you begin to get moving, think positively and push yourself to complete a task or exercise, your switch begins to turn on and everything lights up! What you do everyday matters, as long as you give your best effort.

Setting up an exercise schedule will help keep you motivated and ensure you meet your goals. Any time of day is great to exercise but first thing in the morning is best because it is a great way to start your day! I suggest combining physical activity with a task that's already part of your day. Find ways to fit exercise into your daily routine. Find activities you enjoy and that are fun and social. Regular routines and habits are a must so keep track of your daily exercise and progress. Be consistent and you'll be surprised by how quickly you'll see improvements! And the benefits are endless - regular exercise supports your cognitive function, physical wellness and frees your mind to be more creative.

Tips to help you stay motivated:
 Choose a fun activity
 Find friends and invite them to participate
 Envision a stronger, healthier you
 Set attainable goals
 Create a workout schedule
 Track your progress
 Reach out to others for support
 Plan healthy meals to enhance your physical and mental well-being

When you wake up, start your day with an affirmation that reinforces your motivation and gets you excited about accomplishing your goals. Here's a great one you can start with: I will do my best and enjoy each and every day. Check out my dance and fitness videos to get your day's off to a healthy, active and fun start!

Leslie Sokol is the creator and founder of the adult dance and fitness program For the Young at Heart. She has been teaching adults and children for forty-five years. You can watch For the Young at Heart by visiting her YouTube Channel or on TVSB. She also teaches in retirement communities throughout Santa Barbara and Ventura Counties.

For more information contact Leslie at Dancekidsfun@gmail.com 805-312-8089 or visit the website: www.LeslieSokolDance.com

for individuals 60 and up. For additional information visit vcaaa.org/falls. To register for most classes, call the VCAAA at (805) 477-7300, option 6, or email Fall.Prevention.Program@ventura.org. For the Tai Chi class being hosted by HELP of Ojai, call (805) 646-5122.

Tai Chi: Moving for Better Balance is an exercise program developed especially for older adults using modified practices designed to improve and strengthen balance and mobility. Classes are intended for beginners. Canes and walkers are welcome. This class is proven to reduce falls by 55 percent.

Individuals concerned about falls or those who have recently experienced a fall, as well as those who are interested in improving balance, flexibility, and strength, are encouraged to participate. Nationally recognized research shows that one in four adults over the age of 65, and half of the population over the age of 75, fall each year. One out of every five falls results in a serious injury, and about three million older people are treated at emergency departments for fall injuries each year. Approximately 32,000 older adults die each year as a result of falls.

The Ventura County Area Agency on Aging, a division of the County of Ventura's Human Services Agency, is charged with the responsibility of promoting, developing, and implementing a comprehensive coordinated system of care that enables older individuals, children and adults with disabilities, and their caregivers to live in a community-based setting. The VCAAA advocates for the needs of those 60 years and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.



Take more steps by parking farther away from stores, movie theaters, or your office.

Exercising with chronic conditions

Almost anyone, at any age, can do some type of physical activity. You can still exercise even if you have a health condition like heart disease, arthritis, chronic pain, high blood pressure, or diabetes. In fact, physical activity may help. For most older adults, physical activities like brisk walking, riding a bike, swimming, weightlifting, and gardening are safe, especially if you build up slowly. You may want to talk with your doctor about how your health condition might affect your ability to be active.

Researchers are assessing the benefit of exercise to delay mild cognitive impairment (MCI) in older adults and to improve brain function in older adults who may be at risk for developing Alzheimer's disease. Older adults with MCI may be able to safely do more vigorous forms of exercise,

VCAAA TAI CHI classes start up again in August

The Ventura County Area Agency on Aging and the Ventura County Elderly Fall Prevention Coalition's award-winning Fall Prevention Program has a new set of Tai Chi: Moving for Better Balance classes starting up in August.

There are six options at four different sites in Ojai, Oxnard and Ventura:
 HELP of Ojai (108 S. Montgomery Street) - Tuesdays & Thursdays - August 8 through October 26 - 10 a.m. to 11:30 a.m.
 Oxnard Performing Arts Center (800 Hobson Way) - Tuesdays & Thursdays - August 8 through October 26 - 9 a.m. to 10:30 a.m. OR 10:45 a.m. to 12:15 p.m.
 County of Ventura California Room (669 County Square Drive) - Wednesdays & Fridays - August 9 through October 27 - 9 a.m. to 10:30 a.m. OR 10:45 a.m. to 12:15 p.m.
 Ventura Church of Christ (5401 N. Bryn Mawr Street) - Wednesdays & Fridays - August 9 through October 27 - 10:45 a.m. to 12:15 p.m.

Classes, which are free, are designed

Do you have both Medicare and Medi-Cal?



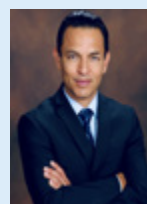
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Felipe Naranjo
 Kaiser Permanente Medicare specialist
 Contact me to learn more: 818-968-1466 or online at mykpagent.org/felipen

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¹Every year, Medicare evaluates plans based on a 5-star rating system. ²Dental benefits provided by DeltaCare[®] USA Dental HMO Program. ³The Silver&Fit program is provided by American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH). Silver&Fit is a trademark of ASH and used with permission herein. Kaiser Permanente is an HMO D-SNP plan with a Medicare contract and a contract with the Medi-Cal program. Enrollment in Kaiser Permanente depends on contract renewal.



Senior Living

similar to older adults without MCI, provided there are no other underlying health concerns.

Being active and getting exercise may help people with Alzheimer's or another dementia feel better and can help them maintain a healthy weight and have regular toilet and sleep habits. If you are a caregiver, you can exercise together to make it more fun.

Tips for helping a person with dementia stay active

Take a walk together each day.

Exercise is good for caregivers, too!

Use exercise videos or check your local TV guide to see if there is a program to help older adults exercise.

Dance to music.

Do simple tasks around the home, such as sweeping and dusting.

Use a stationary bike.

Use soft rubber exercise balls or balloons for stretching or throwing back and forth.

Use stretching bands.

Lift weights or household items such as soup cans.

Flexibility exercises such as upper- and lower-body stretching and tai chi can help keep joints moving, relieve stiffness, and give you more freedom of movement for everyday activities.

Strengthening exercises, such as overhead arm raises, will help you maintain or add to your muscle strength to support and protect your joints.

Endurance exercises make the heart and arteries healthier and may lessen swelling in some joints. Try activities that don't require a lot of weight on your joints, such as swimming and biking.

If you have arthritis, you may need to avoid some types of activity when joints are swollen or inflamed. If you have pain in a specific joint area, for example, you may need to focus on another area for a day or two.

If you have COPD, talk with your healthcare provider or a pulmonary therapist to learn what he or she recommends. You may be able to learn some exercises to help your arms and legs get stronger and/or breathing exercises that strengthen the muscles needed for breathing.

Pulmonary rehabilitation is a program that helps you learn to exercise and manage your disease with physical activity and counseling. It can help you stay active and carry out your day-to-day tasks.

For people with diabetes, exercise and physical activity can help manage the disease and help you stay healthy longer. Walking and other forms of daily exercise can help improve glucose levels in older people with diabetes. Set a goal to be more active most days of the week, and create a plan for being physically active that fits into your life and that you can follow. Your healthcare team can help.

How smell and taste change as you age

Did you know that your sense of smell and taste are connected? As you get older, these senses can change. Changes

in smell or taste can also be a sign of a larger problem.

Smell is an important sense. Certain smells, like your dad's cologne, can help you recall a memory. Other smells, like smoke from a fire, can alert you to danger. When you can't smell things you enjoy, like your morning coffee or spring flowers, life may seem dull.

Many problems cause a loss of smell that lasts for a short time. This temporary loss of smell may be due to:

A cold or flu that causes a stuffy nose. The ability to smell will come back when you're better.

Coronavirus infection, which sometimes causes a new loss of smell. You should regain your sense of smell after all other symptoms have gone away, however if it doesn't return, seek medical care as soon as possible.

Allergies. Try to stay away from things you're allergic to, like pollen and pets. Talk to your doctor about how to manage your allergies.

A harmless growth (called a polyp) in the nose or sinuses that gives you a runny nose. Having the growth removed may help.

Some medications like antibiotics or blood pressure medicine. Ask your doctor if there is another medicine you can take.

Ventura County's Elderly Fall Continued from page 11

year-to-date is 16, with the last three conducted virtually.

To raise awareness in the field, the coalition created the Elderly Fall Pre-

vention Program (EFPP) in 2014, which involved EMS championing fall prevention awareness efforts at the point of contact. This pilot program was started in west Ventura County. At the scene of injury, EMS providers determine whether the individual's call is truly due to a fall when responding to a 911 call. A quick home assessment and mitigation is conducted, including recommendations for improving hallway and room lighting, clearing hallway clutter, affixing rugs, and/or advocating for a medication check by their primary care provider.

We truly appreciate the Ventura County Board of Supervisors' commitment to preventing elderly falls. Such devotion is shown by a yearly proclamation awarded to the EFPC since 2013. The coalition received an award from the National Association of Area Agencies on Aging in 2015 for 'a successful program that improves lives of older adults and caregivers.'

The coalition continues to gain ground in the county but appreciates any funding sources that will enable it to maintain sustainability. It is very thankful for the cohesive voluntary efforts of all organizations involved and will not be successful without the multi-disciplinary collaboration.

For further information on the fall prevention coalition and program, please visit www.vcaaa.org or call (805) 477-7343.

Note: Dr. Thomas Duncan is the chair of the Elderly Fall Prevention Coalition of Ventura County and Trauma Medical Director at the Ventura County Medical Center

Ventura Land Trust Continued from page 5

all to outdoor recreation to further build on VLT's mission and accomplishments. This is exciting work."

Andrew Powers describes joining the Board of Trustees in this period of VLT's evolution as an "exciting moment."

"After two decades of commitment, I am convinced that some of the most important conservation, stewardship, and public access work in California is happening right here with the Ventura Land Trust," says Powers. "For me, this opportunity blends a career in public service with a passion for the great outdoors. I look forward to contributing towards VLT's essential mission."

The makeup of the Board of Trustees is further shifting due to the departure of Don Wood and Dennis Kulzer, both of whom served two three-year terms on the board. Wood and Kulzer joined VLT in 2017; during their tenures, VLT completed the acquisition and opening of the 2,123-acre Harmon Canyon Preserve, as well as the acquisition of 1,645-acre Mariano Rancho in the hills north of Ventura.

Wood was active in the organization's financial management, governance, and community outreach efforts; Kulzer focused on VLT's stewardship efforts, especially as the organization worked to get Harmon Canyon Preserve open to the public and expand its trail network. Both men supported the integration of outdoor education program Ventura Wild under the VLT umbrella. Wood and Kulzer will continue their service as members of the organization's

Advisory Council.

VLT Executive Director Melissa Baffa expressed a sense of poignant gratitude for the change in board composition she has seen. "When I joined VLT two years ago, we had nine strong, dedicated board members who had helped to guide VLT through a period of tremendous growth and achievement. Now, through the natural process of policy-defined attrition, we have seen nearly half those members term off the board, and added new Trustees as well."

"These are some of the brightest and most dedicated members of our community, volunteering their time, treasure and talent to Ventura Land Trust. On behalf of the VLT staff, we are very thankful for their leadership and support, and deeply appreciate their partnership as we continue on the path of growth and development they set."

Full bios for all trustees are available at www.venturalandtrust.org/board. Community members interested in learning more about volunteer opportunities at VLT should visit www.venturalandtrust.org/volunteer and those interested in learning more about joining a VLT committee or the Board of Trustees should contact Executive Director Melissa Baffa at melissa@venturalandtrust.org.

Ventura Unified School District Continued from page 1

things to name" as his reason for dedicating many years to VUSD. He shared that he immediately felt a sense of a great community, and Ventura High School felt incredibly

connected to its members."

Another staff member retiring after 36 years of service is Ms. Sheila Clow, Kindergarten Teacher at Poinsettia Elementary School. Ms. Clow, originally from Ireland, wanted to establish herself in the school district where she was hired.

Dan Larson, a US History teacher at Ventura High School, is retiring after 34 years of service. He expressed his gratitude for working for VUSD, stating that it has paid off numerous times. Mr. Larson said, "I couldn't have made a better choice" about working at VUSD and feels fortunate to be a part of a united community with a strong culture.

"We cannot adequately express our appreciation to our retirees for their impact on our schools and community. They have served as mentors to new staff, modeled professionalism for their peers, and provided a source of continuity for the District. Most importantly, they have helped our students grow and prepare for their futures," stated Dr. Antonio Castro, Superintendent.

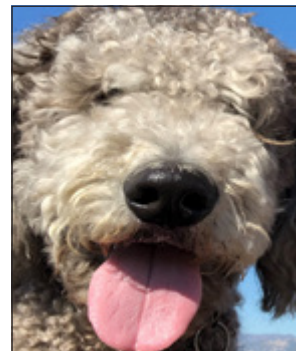
Retirees mingled with each other and enjoyed refreshments and a photo station. They were given a

small appreciation gift to use on their upcoming adventures, along with individual floral arrangements provided by the students of Ventura High School's Floral Design Capstone Class.

In her congratulatory speech, Assistant Superintendent of Human Resources Gina Wolowicz noted, "Reflecting on the years of service these educators have given, we are reminded of the transformative power of education. Their unwavering belief in the potential of every student has led to our students reaching heights they may have never thought possible".

"It was a lovely event in honor of their essential role in helping district students grow and discover who they want to become academically, personally, and socially. VUSD wishes the 2022-2023 retirees a happy, healthy, restful, and exciting retirement," stated VUSD Talent Acquisition Specialist Jackie Lopez.

For more information on Dave Hess, Sheila Clow and Dan Larsen visit our News & Updates webpage, <https://www.venturausd.org/about/news-updates>.



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The Pet Page



Dedicated to Scamp

On Saturday July 29, from 11-3 Bark in the Park will be held at the Community Center Park located at Carmen & Burnley in Camarillo. It will benefit Daisy Lu Ranch Ventura County's only senior dog sanctuary. (www.daisyluranch.org).

Vendors, food and fun. Suggested donation \$25.00.

Aiden Youngerman, a compassionate and driven 7th grader from Cape Charter School, is on a mission to make a heartwarming difference in the lives of senior dogs with his upcoming fundraiser.

Daisy Lu Ranch stands as a sanctuary for elderly canines who often face challenges finding new homes due to their age. The ranch offers a safe and loving environment where these senior dogs can be fostered or adopted without any financial burden on prospective pet parents. However, with the rising costs of veterinary care and maintaining the ranch, resources have become scarce, making it increasingly difficult to provide the senior dogs with the medical attention and care they deserve.

The funds raised during the event will be allocated to cover the medical expenses of the senior dogs at Daisy Lu Ranch, ensuring they receive the necessary treatments and medications. Moreover, a portion of the funds will be dedicated to upgrading the ranch's facilities, including new fencing and other amenities to enhance the dogs' living conditions.

The dog days of summer
By the University of Minnesota College of Veterinary Medicine

There are a number of seasonal hazards our pets need to navigate during the dog days of summer, from thunderstorms and extreme heat to pesky parasites. Assistant Professor Kristi Flynn with the College of Veterinary Medicine discusses what pet owners should be on the lookout for the rest of the summer to keep their pets happy and healthy.

Dr. Flynn: Pet owners can prevent harm to their pets by keeping a few basics in mind. While it is fun to have our dogs with us, stop to consider if the experience will be appreciated by your pet before heading out to spend time with family and friends this summer. If your pet is not comfortable around loud noises or lots of new animals or people, then bringing them to a street fair or brewery is not likely a good fit for them – and that's okay! If you do bring your pet, be sure to plan ahead and have plenty of water for them.

Early mornings or dusk are usually better times to take dogs out when midday is hot. Dogs do not cool as efficiently via evaporation as people do, so hot and humid conditions can become dangerous quickly. Be especially careful with brachycephalic breeds like Bulldogs, Pugs and Boston Terriers. Surfaces can become hot enough to burn paw pads. One tip is to place your own palm on the pavement to determine if it is too hot for paws.

Before taking your dog for a jog, determine if it is safe to do so. That is up to the human. If your dog's tongue

is beginning to widen out at the end when panting, they are getting too warm and you should seek a comfortable area to allow them to cool off.

Remember, fear is an emotion, not a behavior. Providing your dog with support and comfort when they're experiencing fear will not make them more afraid in the future, but acting cold and ignoring them certainly can. Find a quiet place in the house, play music and reach out to your veterinarian to see if medication could help your pet feel more comfortable during storms.

Always monitor your pet to make sure they're not drinking too much lake water or swimming past when they are getting tired. If you want to get your dog comfortable with water, don't push them and let your pet determine what they are comfortable with. Blue green algae is also something to be aware of, as this toxin is quickly lethal for pets who ingest it – if the water looks suspicious at all, avoid it.

When the air quality is concerning, try to limit time outdoors for your dogs as you would for yourself. Also, as dogs are out more in warmer months, there is also an increased risk of a dog getting away and being lost or injured. Remember, leash = love.

Dog owners in the French town of Béziers will be required to carry their pet's "genetic passport" in a trial scheme to reduce dog excrement on the streets.

Local mayor Robert Ménard, a former journalist and co-founder of Reporters Sans Frontières, says inhabitants and visitors are fed up with faeces on the town's pavements. He plans to introduce a two-year experiment to trace and fine those who fail to clear up after their pets.

Under the planned scheme, dog owners will be required to take their pets to a vet or ask one of the town's veterinary specialists for a free saliva sample, which will be genetically tested and a document issued. Those subsequently stopped without their dog's genetic passport will be fined.

Ménard first proposed collecting DNA from the estimated 1,500 dogs in Béziers in 2016 but his request was rejected by the local administrative court as an attack on personal freedom.

He said the new genetic passport measure was submitted to the local prefecture earlier this year and no objections to its implementation were raised this time.

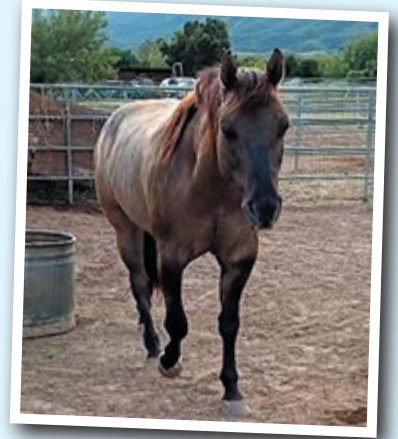
Ménard told French radio: "I can't take any more of this [dog] mess. The state has said nothing against this scheme this time and thinks the same thing. This has to be done and not just in Béziers ... We need to penalise people so that they behave properly.

Ménard added: "There will be a certain lenience for those who are not from Béziers. If they pick up their dog dirt we won't bother them. We're not xenophobes. Foreigners aren't the problem, it's the locals who are not cleaning up."

In 2015 it was reported in the UK that Flintshire County council in north Wales was considering using a DNA database to clamp down on dog mess, while the Isle of Wight and Hyndburn in Lancashire have also discussed using genetic testing.

Scamp Club

(Scampclub pets are not for adoption.)



Arlo is his name and he is 6-years-old. He is a quarter horse. And he loves carrots and people.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

PROTECT YOUR DOG'S PAWS WEATHER AUTHORITY

AIR TEMP	CONCRETE	ASPHALT
80°	95°	115°
85°	105°	130°
90°	125°	140°
95°	140°	155°

7 SECOND RULE - PLACE HAND ON THE SURFACE TOO HOT FOR YOUR HAND, TOO HOT FOR YOUR HOUND

Forever homes wanted

Hi: I'm Raddish, a handsome 4 year old Siberian Husky who was rescued from an OC Shelter where I was found as a stray. A group of people have stepped up to sponsor me so I can be a part of the CARL program and find my forever home. I love to play in water, walk well on leash, not dog aggressive and enjoy using my voice to let you know how excited I am. The CARL volunteers say I'm a sweetheart and well tempered. If you're interested in meeting me, please fill out an online application. CARL



Meet Macadamia, a 1-year-old husky! Macadamia is a petite girl weighing just 40 lbs. She knows, sit, shake, down, and walks well on leash! Here at the shelter, she's played best with other female dogs of a similar size and temperament. Her gentle demeanor will make her the perfect new best friend! If you'd like to meet Macadamia, schedule an appointment at <https://www.vcas.us/adopt> or come down to the shelter during normal Adoption Hours of 1:00pm - 6:00pm Tuesday - Sunday. If you have questions, please contact us at (805) 388-4341 or info@vcas.us.



Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Residential Burglary Arrest

On July 15, at approximately 7:00 pm, the Ventura Police Department Communications Center received a 911 call from a resident who had arrived home to find the suspect, later identified as 35-year-old vagrant Angelita Reynosa, inside the house. When the homeowner entered the house, Reynosa exited and fled on foot. Arriving officers located Reynosa on Telegraph Rd. Reynosa had removed a screen from an open window and ransacked the home before fleeing with the victim's property.

Reynosa was arrested and booked for First Degree Residential Burglary at the Ventura County Jail.

Stabbing-Homicide

UPDATE SUSPECT IDENTIFIED

Update: The Ventura Police Department has concluded a three-month investigation into the stabbing death of Jose Contreras. The suspect has been identified as 31-year-old Ventura resident Dillon Mansell. He is currently in federal custody for a violation of federal

probation. He now has a warrant for his arrest and will be returned to Ventura to face charges of murder and commission of a crime as a gang member.

Mansell has prior convictions for assault with a deadly weapon, gang involvement, assault on a police officer, drug charges and weapons violations.

On April 16, at approximately 1:00 an, the Ventura Police Command Center received a call of a stabbing that just occurred in the 200 block of East McFarlane Dr. Responding officers located one male adultsuffering from a stab wound to his upper extremities. The victim, Jose Contreras 31 years of Ventura, was transported to the Ventura County Medical Center where he succumbed to his injuries.

The Ventura Police Department Major Crimes Detectives are currently investigating this incident. The ensuing investigation revealed that the suspect and victim knew each other and were at a gathering at a residence on East McFarlane. An argument ensued resulting in the victim being stabbed. This investigation is ongoing and may be gang related. At this time there are no suspects in custody.

Anyone with any information who may have witnessed this event is asked to call Detective Nuñez at 805-339-4328.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

Tuesday 7/4

10:01am, dispatched to possible Ocean Rescue at the Ventura Pier. Officers responded in Rescue B19 and Fireboat to assist VPD with an individual who jumped the locked fence at the base of the closed pier. Officers stood by in case the individual jumped off the pier. VPD was able to arrest him without incident. 2:19pm, dispatched to overdose at the launch ramp restrooms. Officers responded with VPD/AMR to a 24 y/o male who ran, but was arrested by VPD. 5:57pm, received report of a boat operating erratically near the launch ramp, having issues docking. Officers responded and contacted the operator, who refused to talk. He retrieved his vessel and left the scene without incident.

Wednes 7/5

4:33pm, received report of a vessel operating recklessly in the surfline near Surfers Knoll jetty. Officers responded in Fireboat, contacted skipper of "lake-style" boat for violation and moved the vessel to safer water.

Thursday 7/6

5:30am, observed NWS issued Small Craft Advisory, raised warning pennant. 9:39am, received report of a diesel spill near the Ventura Boat Yard. Officers responded in the Fireboat to assist TowBoat US with containment of the spill. A boom was deployed around a commercial fishing vessel that spilled 10 gallons. The spill was contained, absorbent pads deployed. OES investigating incident.

11:35am, received report of an individual pressure washing growth off the bottom of his sailboat at the launch ramp washdown. Officers responded and found a lot of mussels/growth clogging up the drainage system. The skipper was advised of the violation, agreed to clean it up. Maintenance able to unclog drain.

4:10pm, received request to tow a 42ft sailboat from boatyard to its slip.

Officers responded in Rescue B19, towed the vessel to its slip in VIM D-dock.

Friday 7/7

9:30am, received request to monitor the JG Pier Swim. Officers en route to the Ventura Pier aboard the Fireboat for the State Parks junior lifeguard swim.

12:03pm, dispatched to a fall victim in the Portside complex. Officers responded with AMR/VFD to male fall victim. No injuries, just helped up.

Saturday 7/8

1:41pm, observed Ocean Rescue, three persons in the water, fell off electric boat in Pierpont Basin. Officers responded with Fireboat and Rescue Water Craft, pulled persons out of the water and assisted back onto rental electric boat.

6:35pm, observed a small sailboat sail into and beset in kelp bed at clingers point. Before patrol could get to the vessel, the skipper had swam his sabot out and into Harbor Cove. Officers picked up the skipper and transported to L/R.

9:10pm, received report of heavy redtide conditions at VWM D-dock. Officers have been using the Fireboats monitor to aerate the water, with no effect.

Sunday 7/9

8:32am, dispatched to fall victim in Ventura Marina Community, non injury call.

5:26pm, dispatched to sick person in Ventura Marina Community, patient transported by AMR for hip pain after assistance to gurney.

Monday 7/10

9:39am, dispatched to Ocean Rescue, search for a downed aircraft. Multiple agencies and assets responded, but were unable to find reported distressed vessel

3:00pm, received report of Dreamer Rental peddle boat, "Blue Duck" in distress in the keys, caught in the wind. Officers towed the vessel back to the rental dock



Linda Peters

Diane Edmonds

Special One Hour Evening HARBOR CRUISES

June through October 2023

FARES:

\$18 Adult
\$16 Senior (55+)
\$12 Child (12 & under)

TIME:

6:00 - 7:00PM

LOCATION:

1691 Spinnaker Dr., Lot 4
Ventura Harbor Village

SATURDAY DATES:



Cruise aboard 64" catamaran in the Ventura Harbor and part of the ventura keys.



Diane Edmonds

Doug Mangum

Recommend advance reservations.
Book online at IslandPackers.com
or call 805-642-1393



On July 13, the Ventura County Fire Communication Center received multiple calls regarding a traffic collision at Kimball and Thille. Fire personnel arrived within minutes of the initial call and found multiple vehicles involved and 1 person trapped. The vehicle was stabilized, and extrication equipment was deployed to remove the victim and transport the victim to the Emergency Room. The cause of the incident remains under investigation and the Ventura City Fire Department would like to remind the public that seatbelts save lives.

Weekly SUDOKU

Answer

7	5	8	4	9	6	2	3	1
1	4	2	3	5	7	8	9	6
3	6	9	8	1	2	5	4	7
6	1	5	2	8	4	9	7	3
8	9	3	6	7	1	4	2	5
4	2	7	5	3	9	1	6	8
9	7	4	1	6	5	3	8	2
5	3	6	9	2	8	7	1	4
2	8	1	7	4	3	6	5	9

King Crossword

Answers

Solution time: 24 mins.

M	A	R	C	W	A	G	G	A	G	A
O	N	O	H	A	B	E	A	L	A	N
P	T	B	A	R	N	U	M	L	U	S
S	I	E	N	A	S	C	A	M	P	S
				I	T	C	H	A	S	I
P	I	L	A	H	I	T	S	N	B	A
A	M	Y		L	A	N	E	S	J	R
R	F	M		A	I	D	E	S	B	M
				P	O	I	U	S	S	R
B	E	A	F	D	S		P	A	S	S
U	I	N	A	P	E	R	A	N	N	U
S	M	U	T	U	R	I	D	O	R	M
T	O	M	E	D	E	B	O	B	E	Y



Ventura events

Beach Cities Neighbors and Newcomers, BCNN is a group for women from Ventura, Oxnard and Port Hueneme. It has dozens of small group of shoots from sports activities, to wine tasting, bridge, games, book groups and more. (www.bcnnwomensgroup.org). The meetings are held the first Wednesday of the month from 9:30 AM to 11:00 AM at the Ventura Yacht Club, 1755 Spinnaker Dr.

Wanna Play Bridge? Join us for ACBL sanctioned duplicate bridge games every Tues., Wed., and Thurs. at 12:30. All levels of play and we will guarantee to have a partner for you if you need one. Lessons are available. Contact: Richard 805-850-8011 or Rose 805-659-9223 or buckleyrose357@gmail.com. All Welcome.

The Ventura County Philatelic Society's meetings are held every first and third Monday of the month at the Church of the Foothills, Ventura. Meetings start at 7:30pm. Website with more information can be found at <https://venturacountyphilatelicsoc.org> Monthly Beach Cleanup First Saturday of every month! Come meet your neighbors and help keep our beach looking fresh. Hosted by Pierpont Beach Community Council in partnership with Surfrider. Meet up at the end of Seward near the beach. (1140 S Seward St) 8:30-10:30am. Arrive any time during the timeframe. Fun for the whole family! Supplies provided BYO water

July 10- July 31: Bereavement counseling can offer the support

you need to help you through your grief. Livingston's Grief and Bereavement Program offers both individual (one-on-one) counseling with trained bereavement counselors/therapists and group counseling. All support groups are free for the community. (Camarillo in-person). For reservations contact 805-389-6870 or online at lmvna.org/grief.

July 26: The College Area Community Council will be holding a Zoom meeting on Wednesday at 7pm. Gina Dorrington, from the Ventura Water Dept., will be discussing the pipeline project that will soon be under construction. Council meetings are held the fourth Wednesday of each month and include speakers and discussion on topics of neighborhood and community interest, including public safety and economic development. Visit the College Area Community Council website @ <https://caccventura.com> to learn more, to be added to the mailing list or to access a link to the Zoom meeting.

July 29: Seniors Craft Shoppe on 429 E. Main St.celebrates 45th birthday party. from 3-5. We will have finger foods, punch, kids crafts, door prizes, and a drawing for three gift baskets for three lucky winners. The items in the gift baskets are all donated by the seniors who work in the shoppe.

August 5: Sespe Fly Fishers of Ventura will be conducting our monthly "First Saturday" introductory Fly Rod Casting and Intro to Fly Fishing clinic. There is no charge and all are welcome. Whether you are an experienced fly fisher or a complete novice we want to help you improve .If



On July 21, at 8:45 am, the Ventura City Fire received a call of a reported structure fire in the 400 block of Nova Court. Upon arrival firefighters found a well involved single family residence with a report of a person trapped inside. Firefighting crews immediately entered the building fighting fire and conducting a search for a victim. A deceased female was located inside the home. Firefighters extinguished the fire 14 minutes after arrival. One adult male was treated and transported to the hospital for burns and smoke inhalation sustained while attempting to extinguish the fire with a garden hose.

you don't yet have a fly rod, don't worry, just come and use one of ours. Chumash Park, Petit and Waco, 9:00 to 11:00 am, in East Ventura, off Telephone Rd. Casting Program Coordinator Thomas Hall thomasfoleyhall@gmail.com (805) 377-5249

August 6: Open house tours of the 1892 Dudley Historic House Museum will take place on from 1 to 4 p.m. Admission is free. The museum is located at the corner of Loma Vista and Ashwood Streets (197 N. Ashwood) in Ventura. For information please call (805) 642-3345 or visit the website at dudleyhouse.org.

Aug. 26: Channel Islands PC User Group (CIPCUG) Online and Live at Computers, 2175 Goodyear Avenue, Unit 117 Ventura, CA 93003 (805) 289-3960 Discussion, Tutorial, and Q&A sessions centered around Computers, email and the Internet, social media brokers such as Facebook, LinkedIn, Google, and Yahoo. Events begin at 9:30am. All CIPCUG events may be attended online. Due to limited space live attendance is reserved for members. Details for connecting to

online events are emailed prior to the event.

August 1: Ventura Senior Mens Group. Any man who considers himself in the senior category (and many who don't) might benefit from a visit to the group at the Poinsettia Pavillion the first and third Tuesday of the month. Your first lunch is free! We talk about everything except religion and politics. Eligible to all men age 55 plus. 11:30 AM to 1:30 PM.. Speaker will be Kristin Decas, Port Hueneme CEO.

August 6: Old-Time Country Bluegrass Gospel Music Assoc. Sunday 2:00-4:00 pm Poinsettia Pavilion, 3451 Foothill Rd. Live Music on stage. Jamming in the Canada Room. Free Admission. Free parking Open to the Public. For more information call 805-517-1131 or visit Facebook: OTCBGMA

Sept. 9: Relay for Life of Ventura. 10-10 p.m. at the Ventura County Credit Union, 2575 Vista Del Mar. The largest, most inspiring, and supportive cancer fundraising event on the planet. www.facebook.com/relayforlifeofventura

NEED HELP?

- Companionship
- Errands
- Light Housekeeping
- Light cooking
- Laundry
- Shopping
- Food Pick-up
- Driving
- Travel Planning



What do you need assistance with? Call **Staci Brown** 805.844.5374 \$24.00 per hour

CITY OF VENTURA

PARKS & RECREATION

Activity Guide

VIEW THE LATEST CITY CLASSES AND PROGRAMS

www.cityofventura.ca.gov/ActivityGuide

REGISTRATION BEGINS:
August 1, 2023 at NOON



Community Memorial becomes first to implant new pacemaker

Community Memorial Healthcare is proud to announce that electrophysiologist Jonathan Dukes, MD recently became the first physician in the United States to implant the new Medtronic Micra AV2 implant – the latest, upgraded version of a dual-chamber sensing ventricular pacemaker.

The Micra AV2 is the newest and more efficient version of Medtronic’s minimally invasive treatment option for patients with heart block and/or slow heart rate. Once implanted, the device has an average lifespan of 16 years, meaning most patients only need one device for life. The procedure was performed in the Cardiac Catheterization Laboratory at Community Memorial Hospital – Ventura.

“This milestone achievement by Dr. Dukes and the Community Memorial Cath Lab team is another example of how we are bringing leading-edge technology to our community,” said Mick Zdeblick, Community Memorial President & Chief Executive Officer. “We are proud of our Heart & Vascular program for continuing to lead the region by offering a number of procedures typically only available at larger medical centers.”

The Community Memorial Cardiac Catheterization Laboratory (also known as the Cath Lab) is equipped with highly specialized technology designed to diagnose and treat cardiac, neurological, and vascular diseases. Procedures performed in the Cath Lab range from diagnostic heart catheterizations and ablations to advanced structural heart procedures such as TAVR, Watchman™, and MitraClip™.

Dr. Dukes is board certified in Internal Medicine, Cardiac Electrophysiology, and Cardiovascular Medicine. Electrophysiology is the subspecialty of cardiology that diagnoses and manages electrical problems of the heart, including atrial fibrillation and cardiac rhythm abnormalities.

The Bookmark

About Libraries and Friends

by Mary Olson

Ventura County Library Summer Reading Program continues with Kyle Tiernan, Draw Along Art

Kyle, a Visual Educator, will teach everyone (kids and grown-ups alike!) how to draw pictures in a hilariously fun and entertaining show. This free event is sponsored by the Ventura Friends of the Library and is open to the public.

Thursday, August 3rd at Saticoy Library, 1:30 pm

Thursday, August 3rd at Avenue Library, 4:00 pm

Friday, August 4th at Hill Road Library, 11:00 am

Friday, August 4th at E.P. Foster Library, 2:00 pm

For more information, contact Sienna Sydlaske, Youth Librarian Specialist, at (805) 648-2716.

Find Your Voice! Family Musicals Film Fest and Coloring at Hill Road Library final film of the summer: Tuesday, August 1, 3:00 to 5:00 pm:

The Super Mario Bros. Movie End of Summer Party

You completed the Summer Reading Challenge, so visit the library for an end of summer celebration with Kona Ice!

Free for kids and teens!

Wednesday, August 2nd at Avenue Library, 3:00 pm

Thursday, August 3rd at Hill Road Library, 3:00 pm

Tuesday, August 8th at Saticoy Library 3:00 pm

Tuesday, August 15th at E.P. Foster Library, 4:00 pm

Filmmakers Robin Rosenthal and Bill Yahraus will visit the Albert H. Soliz Library (2820 Jourdan Street in Oxnard) at 7:30 pm on Saturday, August 12, for a screening of their film *Mariposas del Campo*. The film will be shown outdoors in the library’s parking lot; limited seating will be available, and attendees are encouraged to bring their own seating as well if they wish. *Mariposas del Campo* shares the stories of indigenous Mixtec, Zapotec, and Purépecha teenagers from Mexico striving to change their families’ destinies in the strawberry fields of Oxnard. This screening is being put on as part of Ventura County’s celebration of its 150th Anniversary.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146 or ron.solorzano@ventura.org

Foster Library’s Young Readers Book Club

For children ages 9-12 (4th or 5th grade reading level). E.P. Foster Library, Saturday, Aug. 26, 1:00 to 2:00 pm Discuss *The Human Kaboom* by Adam Rubin & create a character sheet (DND style)

Ventura Friends of the Library are able to fund summer reading program events through our sales of donated books. We invite you to visit Ventura Friends of the Library Bookstore in E.P. Foster Library Tuesday through Saturday, 11:00 am to 4:00 pm and Sunday 1:00 to 4:00 pm.

We have rows and rows of fiction, from \$.25 paperbacks to current bestsellers and a comprehensive children’s section from board books for toddlers to novels for young adults. We have coffee table art books and vintage books, pre-1950, some much worn and beloved, and some with beautiful covers and gilt pages. Come and browse!

We also invite you to browse anytime at our Online Bookstore for local sales. <https://ventura-fol-107753.square.site/s/shop> We are in the process of remodeling our online store, adding new categories such as Just Added! and Art, Architecture and Photography. Just order and pick up at the bookstore in E.P. Foster in as little as two days.

Ribbon Cutting



The Chamber held a ribbon cutting at the Harbor Mart located in Portside Ventura Harbor.

It all began in 2014, when the owners start running the Harbor Mart in Hollywood Beach (Channel Islands Harbor). Based on their experience and visits from different parts of the world it is a combination of Mediterranean and European food and fine wines and craft beers, as well as special spirits, and fresh, high-quality homemade food.

They decided to expand and opened the second store in Portside Ventura Harbor in Ventura. They are proud to be able to serve people in City of Ventura and City of Oxnard and enjoy serving the best quality of foods and drinks.

Photos by Patricia Schallert and Yana Khyiod.



Help shape the future of walking and biking in

¡Ayude a dar forma al futuro de caminar y andar en bicicleta en

VENTURA!



Ventura Active Transportation Plan (ATP) recommendations are now available online for your review and input.

El Plan de Transporte Activo de Ventura (ATP) ya tiene recomendaciones disponibles en línea para su revisión y aporte.

Discuss the plan in-person at multiple events:

Hable sobre el plan en persona:

FRIDAY, JULY 28
viernes, 28 de julio

1 - 4 PM

Transit Center at Pacific View Mall

Centro de Tránsito en el Pacific View Mall

5 - 8 PM

Main Street at California Street

Calle Main, en la intersección con la Calle California

SATURDAY, JULY 29
sábado, 29 de julio

9 AM - 12 PM

Ventura Downtown Farmers Market

Farmers Market del Centro de Ventura

SUNDAY, JULY 30
domingo, 30 de julio

9 AM - 12 PM

California Street Mall on the Ventura Promenade

Centro Comercial de la Calle California, en el Paseo de Ventura



Scan the QR code for more details.
Escanee el código QR para mas detalles.

www.ActivePlanVentura.com

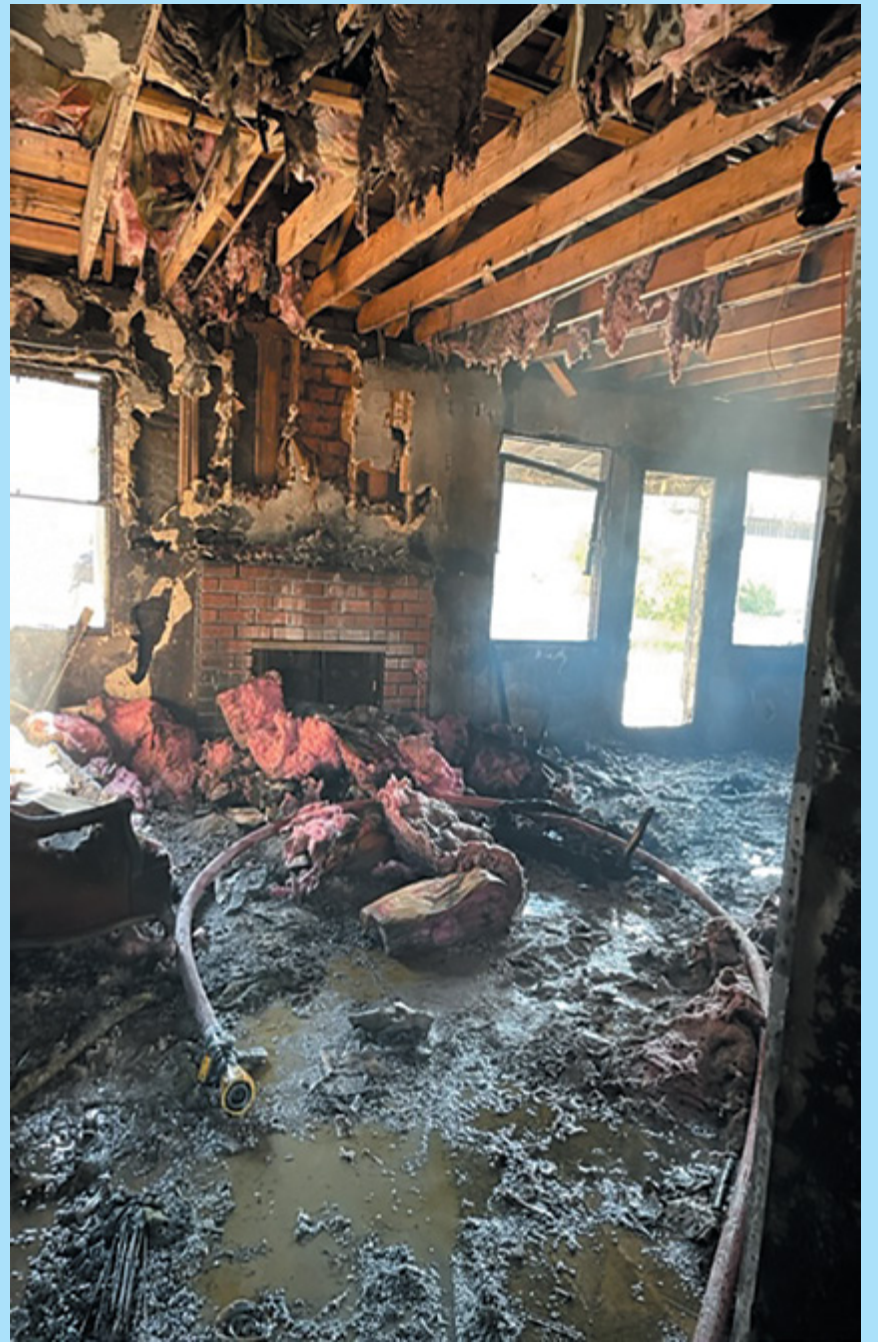




On Vacation



While vacationing in the Grand Canyon our young reader Giovanni Casanta took the time to read the Breeze.



On July 13, at noon, fire units were dispatched to a reported structure fire in the 3000 block of Porter Lane near the Pacific View Mall, with a person on the roof. Ventura Police Department quickly responded and apprehended the suspect on scene prior to Fire Department's arrival. Firefighters arrived within 4 mins of dispatch and found a single story/single family home with heavy fire and smoke showing. firefighters made entry to make an aggressive attack to extinguish the fire. Firefighters extinguished the fire with a coordinated effort of vertical and horizontal ventilation to keep the fire from spreading throughout the structure. The fire was controlled 18 minutes after units arrived on scene and the house was confirmed to have no victims inside. Ventura City Fire units were assisted by Ventura Police Department as well as Ventura County Fire Department.

The 29-year-old man who was on the roof was arrested and booked into the Ventura County Jail for Arson of an inhabited dwelling.

TASTE
THURSDAY, AUGUST 17, 2023
5:00pm - 7:00pm
Presented by: VENTURA CHAMBER OF COMMERCE
Join us for a Taste of Ventura!

Where:
Museum of Ventura County
100 E. Main Street
Downtown Ventura

Get Tickets:
www.venturachamber.com/TASTE2022
\$40 Members (Chamber & Museum)
\$60 - All Non-Members/ \$65 @ door

TASTE features more than 35 restaurants, caterers, breweries, wineries, distilleries and eateries offering small bites and drink samples. Enjoy live music under the stars while networking, making friends and enjoying a TASTE of Ventura.

Thank you to all of our wonderful sponsors:

Local area birds test positive for West Nile Virus

On July 7, 2023, the Ventura County Environmental Health Division (Division) received confirmation from the California Department of Public Health of the first detection of West Nile Virus (WNV) in Ventura County. The virus was detected in wild birds collected by the Division, for the State's dead bird surveillance program, during the third week of June from the cities of Simi Valley, Thousand Oaks, and Ventura.

WNV is established in Ventura County and additional WNV positives are expected. The Division monitors and controls mosquito breeding sources throughout Ventura County. All mosquito breeding sources in the area where the birds were collected will be

inspected and treated if evidence of mosquito breeding is observed.

The Division also advises the public to take the following precautions to minimize exposure to WNV: Eliminate standing water from your property; make sure doors and windows have tight-fitting screens without holes; when outdoors wear long pants and long-sleeved shirts and limit activity especially at dawn and dusk, when outdoors apply insect repellent.

Per the Centers for Disease Control and Prevention (CDC), one in five persons infected with the virus will exhibit symptoms such as fever, headache, body aches, nausea, or skin rash that can last for several days to months. One in 150 people infected with the virus will require hospitalization. Severe symptoms include high fever, muscle weakness, neck stiffness, coma, paralysis, and possibly death. If residents feel they are experiencing symptoms, it is strongly recommended to consult



their primary care physician. WNV can not only affect humans but can also affect horses. For information on WNV in horses, owners should contact their veterinarian. To report any potential mosquito breeding sources in Ventura County the public can call the mosquito complaint HOTLINE at (805) 658-4310. The Division also provides mosquito eating fish to the public to use in non-maintained swimming pools, ornamental ponds and similar water features. To request mosquito-eating fish call (805) 662-6582. To report wild birds that have died recently call the California Department of Public Health at (877) WNV-Bird (877-968-2473). To obtain information about mosquito control and surveillance efforts in Ventura County please visit the Division's website: <https://vcma.org/vector-control-program###>

California Transportation Commission approves \$74.8 million

The California Transportation Commission (CTC) has approved \$74.8 million from the Solutions for Congested Corridors Program to support construction of four rail, active transportation and electric-vehicle charging projects in Ventura County.

The Solutions for Congested Corridors Program (SCCP) is a statewide, competitive program that provides funding to achieve a balanced set of transportation, environmental, and community access improvements to reduce congestion throughout the state. The program was created by the Road Repair Accountability Act of 2017 (SB 1).

The Ventura County Transportation Commission (VCTC) and the California Department of Transportation (Caltrans) nominated the "US 101 Connected Communities Corridor Rail and Active Transportation Improvements" projects for SCCP funding. Applications were submitted in December 2022.

"This funding will bring many benefits to residents and commuters in Ventura County, whether they are traveling by rail, bicycle, on foot or in an electric vehicle. Once completed, these projects will reduce travel time for rail passengers, create a safe route for cyclists and pedestrians traveling for work or recreation, and provide support to EV drivers who wish to combine a vehicle and train trip," said VCTC Chair and Oxnard Mayor Pro Tem Bryan MacDonald, who represents VCTC and is vice chair of the LOSSAN Rail Corridor Agency Board of Directors.

"VCTC is grateful to the California Transportation Commission for providing funding for these projects, as well as to Caltrans and our regional partners for their support of this application. The funding is a critical piece of the effort to create more multimodal transportation options for travelers in the Highway 101 corridor through

Ventura County and beyond," said VCTC Executive Director Martin Erickson.

Will fund the following in Ventura.

Six electric vehicle charging stations (two per station) at the Camarillo, Oxnard and East Ventura train stations, which will support California's transition to zero-emission vehicles and provide more station amenities to rail passengers.

3.9 miles of a new Class I multi-use bicycle and pedestrian trail between the East Ventura train station and Wells Road along the Santa Paula Branch Line railroad in the City of Ventura and unincorporated Ventura County. Class I trails are physically separated from vehicle traffic. The trail will improve safety for pedestrians and bicyclists traveling for recreation or commuting to jobs and destinations like schools and grocery stores.

Food Share of Ventura County receives multiple awards

Food Share, Ventura County's largest hunger-relief organization, has been honored with a multitude of prestigious awards, solidifying its position as one of the county's leading non-profits.

The 73rd annual Oxnard Community & Business Awards, hosted by the West Ventura County Business Alliance, recognizes remarkable individuals, businesses, and organizations. Food Share was honored with the Non Profit of the Year award for its work in tackling food insecurity within the city, exemplified by the ongoing drive-thru food distributions that take place at College Park, Oxnard. Starting in April 2020, at the beginning of the pandemic, the distributions are now in their third year and continue to draw large numbers, serving an estimated 4,000 people each week.

Commenting on the award, Monica White, Food Share's President and CEO, said, "I'm immensely grateful that this incredible, hard-working team chooses to use their many talents here at Food Share and so happy that they feel recognized and respected for the work they do."

Food Share is also honored to have won a 2023 Gold Viddy Award in the long-form, non-broadcast category. The international competition, which celebrates video excellence in the digital realm, recognized Food Share's impactful video shedding light on the experiences of individuals facing food insecurity in Ventura County.

The Viddy Awards, formerly known as the Videographer Awards and administered by the Association of Marketing and Communication Professionals (AMCP), is judged by professionals from the industry who seek out exceptional talent and work that sets a benchmark for excellence. The winning video was a collaborative effort with local videographers, James & Jules Branaman.



The original street layout of Ventura before the map makers started drinking.

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Moving Up?
Moving Out?**

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by Pam Baumgardner VenturaRocks.com

I'm happy to report Ventura survived the X Games. You'd think by some of the social media posts that the city was going to be shut down with gridlock and overtaken by outsiders. The traffic was no worse than it is for the fair (which opens August 2), in fact, it was better. Great traffic control and I was amongst those who chose to ride their bikes. Though the "live music" turned out to be DJs (not live in my book), I loved watching the competitions, and well...just being a part of this fantastic event! Plus seeing Tony Hawk participate in the final event, the Men's Skate Vertical Best Trick was pretty cool. Well done, Ventura!!

Now, they'll be tearing down all that was built up for the X Games, and the Ventura County Fair will run August 2 - 13 with eight concerts (included with the price of admission): Midland, Patti Labelle, Collective Soul, Ashanti, Dia de la Familia, Trace Adkins, 38 Special and Tesla. Of course, outside the grandstand arena, live music abounds on a couple of different stages featuring lots of your favorite local bands including Shaky Feelin', Operation 90s, Sean Wiggins & Lone Goat, and more.

Ventura Music Hall has added a number of shows several of which piqued my interest. First off, Keanu Reeves is back at it and touring with Dogstar making a stop here in town on Friday, August 26 with what is being called the "Somewhere Between the Power Lines and Palm Trees" tour which is the name of their next release which lands on all platforms October 6. Next on my personal list, The Struts on December 6, and then Black Flag on January 14. It's interesting that past Black Flag lead singer, Henry Rollins, will be there November 7 with a "Good to See You" spoken-word sit-down show.

Harbor View Park 2023 Concerts by the Sea series continues with shows 4-6 pm on Saturday afternoons. Nautical Thrust plays July 29 and Ray Jaurique and the Uptown Brothers on August 5. This one is located at 3850 Harbor Blvd. in Oxnard, where you're welcomed to bring picnics, blankets and lawn chairs.

Quick Notes: Perla Batalla plays a sold out show at the Ojai Underground on Friday, July 28; Andrew DeVries plays Surfers Point Café on Saturday July 29; Libbey Bowl concerts include Which One's Pink on Saturday, August 5, and Chris Isaak on Sunday, August 7; Friday evening Heritage Square Summer Concert Series continues with Los Xiquenos on July 28 and The Reunion on August 7; the Saturday evening Music Under the Stars at the Historic Olivas Adobe will host the K-Tell All-Stars on July 29, and Louie Cruz Beltran on August 5; and the Red Hot Cholo Peppers play Copper Blues on Saturday, August 5.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more listings, additional times and genres go to VenturaRocks.com

Boatyard Pub

1583 Spinnaker Dr., Ventura

Music 6-9; except Sundays 4-7
Wednesdays: Frank Barajas
Thursdays: Jim Friery; Bluegrass Jam
Fri 7/28: Mack and D
Sat 7/29: Bill Macpherson with friends

Sun 7/30: Ken Devoe
Wed 8/2: Frank Barajas
Fri 8/4: Teresa Russell & Stephen Geyer
Café Fiore

66 California St., Ventura

Wed 7/26: Fabulous Hangovers
Fri 7/28: Heathers on Fire
Sun 7/30: Babylon Rockers

Cantara Cellars

126 N. Wood Rd., Camarillo

Fri 7/28: Colette Lovejoy Band
Sat 7/29: Out of the Blue
Fri 8/4: NDR CVR SPR GRP
Sat 8/5: 805 Social Club

Copper Blues

591 Collection Blvd., Oxnard

Fri 7/28: The Mixxers Band
Sat 7/29: Brandon Ragan Project
Fri 8/4: Los Amigos
Sat 8/5: Red Hot Cholo Peppers

Copa Cubana

Ventura Harbor Village

Mondays: Glenn Bennett
Tuesdays: Blues Tuesdays
Sun 8/6: The House Arrest Band

Deer Lodge

2261 Maricopa Hwy., Ojai

Sat 7/29: Daily Specials, Maya Lumen
Tues 8/1: Sam Burton
Sat 8/5: Rey Fresco

Enegren Brewing Co.

444 Zachary St., Moorpark, CA

Thursdays: Glenn Bennett
Fri 7/28: On Tap
Sun 7/30: the Eastside Five, Burnt Toast

Four Brix

2290 Eastman Ave., Ventura

(Fridays 6-8:30; Sundays 1-3:30)
Fri 7/28: Johnny and the Love Handles
Sun 7/30: Stu Forman

Garage

1091 Scandia Ave., Ventura

Sat 7/28: Cinnamon Whiskey
Sun 7/29: Morie & the Heavy Hitters, Sin Chonies

The Grape

2733 E. Main St., Ventura

Tues: The Gratitude Jazz Jam
Wed Happy Hour: Monte Montgomery & Friends
Thurs Happy Hour: Tom Etchart & Friends
Friday Happy Hour: Fred Kaplan
Wed 7/26: Adam Clark Quartet featuring Doug Webb

Thurs 7/27: Rachel Flowers

Fri 7/28: Max Haymer

St 7/29: Lenny LaCroix (2 pm); Dreamland (8 pm)

Wed 8/2: WORK Quintet

Fri 8/4: Ronnie Foster Organ Trio

Sat 8/5: Midlife Crisis (2 pm); Barrelhouse

Wailers (8 pm)

Sun 8/6: Doug Webb Group featuring Danny

Carey (TOOL)

Harbor Cove Café

1867 Spinnaker Dr., Ventura

Saturdays 10 am: The Cool Hand Ukes

Sat 7/29: The Rincons

Sun 7/30: Warren Takahashi

Fri 8/4: Britney Burchett & Friends

Sat 8/5: Unkle Monkey

Harbor View Park: Concerts by the Sea

3850 Harbor Blvd., Oxnard (4-6 pm)

Sat 7/29: Nautical Thrust

Sat 8/5: Ray Jaurique & the Uptown Brothers
Heritage Square Summer Concert Series

715 S. A St., Oxnard

Fri 7/28: Los Xiquenos

Sat 8/4: The Reunion

Keynote Lounge

10245 Telephone Rd., Ventura

Thursdays: Open Mic

Fri 7/28: Ventu Park Band

Sat 7/29: The Balance

Leashless Brewing

585 E. Thompson Blvd., Ventura

Thurs 7/27: Singer/Songwriter Open Mic Night

Fri 7/28: Mike Scully

Sat 7/29: Levi

Sun 7/30: Talking Tones

Fri 8/4: Maclovina

Sat 8/5: Bossman Music

Libbey Bowl

210 S. Signal St., Ojai

Wednesdays: Ojai Summer Band Concert

Sat 8/5: Which One's Pink

Sun 8/6: Chris Isaak

Margarita Villa

1567 Spinnaker Dr., Ventura

Fri & Sat 7-10; Sundays 5-8 pm

Fri 7/28: Jen Staves & the Bluzfish

Sat 7/29: Brittny & the B-Sides

Sun 7/30: CRV

Fri 8/4: Dive Bar Messiahs

Sat 8/5: Vinyl Gypsies

Sun 8/6: Doc Rogers Band

Mrs. Olson's

2800 Harbor Blvd., Oxnard

Sat 7/29: Fallen Saints (noon); Stalag 13, Sweet Reaper, Ardi, Small Package (8 pm)

Sun 7/30: Teresa Russell

Music Under the Stars

Olivas Adobe, 4200 Olivas Park Dr., Ventura

Sat 7/29: K-Tell All-Stars

Sat 8/5: Louie Cruz Beltran

Namba Arts

47 S. Oak St., Ventura

Fri 7/28: The Listening Room Redux

Sat 7/29: May Bruns

Ojai Great Goods

114 N. Padre Juan Ave., Ojai

Sat 8/5: Daily Specials, Maya Lumen

Ojai Valley Brewing

307 Bryant St., Ojai

Fri 7/28: Milo Sledge Trio

Sat 7/29: Dan Grimm

Fri 8/4: Buena Onda

Sat 8/5: Mark Masson

The Ojai Underground

616 Pearl St., Ojai

Fri 7/28: Perla Batalla

Sat 7/29: Birds & Arrows

Sat 8/5: James Lee Stanley

Onyx Bistro

2390 Las Posas Road, Camarillo

Fri 7/28: Jack Keough

Sat 7/29: Vinny Berry

Oxnard Performing Arts Center

800 Hobson Way, Oxnard

Sat 7/29: Warren G., DJ Quick, Mack 10, Suga

Free...

Poinsettia Pavilion

3451 Foothill Rd., Ventura

Sun 8/6: Old-Time Country Bluegrass Gospel

Music Association

Poseidon Brewing

5777 Olivas Park Dr., Ventura

Fri 7/28: Vinny Berry

Fri 8/4: CocoKnots

The Raven Tavern

1651 S. Victoria Ave., Oxnard

Fri & Sat 8 pm; Sunday 2 pm

Fri 7/28: Red Rhythm

Sat 7/29: Rewind

Sun 7/30: Smokey & Friends

Sat 8/5: Teresa Russell

The Shores

1031 Harbor Blvd., Oxnard

Fri 7/28: Brandon Ragan Sax (4 pm); CRV (8 pm)

Sat 7/29: Check Point

Sun 7/30: Karen Eden & the Bad Apples

The Sportsman Restaurant

4426 Central Ave., Camarillo

Sun 7/30: Swing Shift

Strey Cellars

951 N. Rice Ave., Oxnard

Sat 7/29: Bar Fly

Sun 7/30: Renegades

Surfers Point Café

204 E. Thompson Blvd., Ventura

Sat 7/29: Andrew DeVries

Tony's Pizzeria

186 E. Thompson Blvd., Ventura

Wed 7/26: Pull the Trigger

Thurs 7/27: Ska-One People

Sun 7/30: Heart & Soul

Topa Topa Brewing

4880 Colt St., Ventura

Sun 7/30: The Trivle Omdobble

Topa Topa Brewing

2024 Ventura Blvd. Camarillo

Sat 7/29: Jim Darin Band

The Twist

454 E. Main St., Ventura

Fri 7/28: Brobots

Sat 7/29: Jam Fest with Mark Masson

Sun 7/30: Emily Coupe, Dylan Brehm, Cyamak

Ashtiani

Vaquero y Mar

435 E. Thompson Blvd., Ventura

Sundays: Mariachi

Tuesdays: The Sea Hunter

Wednesdays: Tribal Me

Fridays: Conjunto Zacamandu

Sat 7/28: All-a-Blur, Spider, The Robot Uprising,

Plot (9 pm)

Ventura County Fair

10 W. Harbor Blvd., Ventura

Grandstand Stage

Wed 8/2: Midland

Thurs 8/3: Patti Labelle

Fri 8/4: Collective Soul

Sat 8/5: Ashanti

Sun 8/6: Dia de la Familia

Mon 8/7: Trace Adkins

Tues 8/8: 38 Special

Ventura Music Hall

1888 E. Thompson Blvd., Ventura

Wed 7/26: Yussef Dayes

Thurs 7/27: Guster

Fri 7/28: Save Ferris, The Aquadolls

Sat 7/29: Josh Meloy, Brother Earl and the

Cousins

Thurs 8/3: Cory Henry

Fri 8/4: Fortunate Youth

Waterside Restaurant & Wine Bar

3500 Harbor Blvd., Oxnard

Thurs 7/27: Dave Blanchard

Sat 7/29: Bob Bishop Band

Sun 7/30: Sean Wiggins

Winchesters

632 E. Main St., Ventura

Music Thurs 5:30; Fri 7 pm; Sat 3 pm; Sun 3 pm

Thurs 7/27: Karen Eden & Billy Mac

Fri 7/28: Nautical Thrust

Sat 7/29: Brittny & Ben

Sun 7/30: Midlife Crisis

Tues 8/1: Open mic w/ Jenna Rose

Thurs 8/3: Angelic Noise

Fri 8/4: Bobby Hart & Friends

Sat 8/5: Steve and Sally Williams

Sun 8/6: The Bomb

1901 Speakeasy

740 S. B St., Oxnard

Fri 7/28: Teresa Russell, Stephen Geyers

Sat 8/5: RJ Mischo

Ventura Music Scene



History Is Now, 2023 is an extensive selection of photographs by FOTM Founder Donna Granata.

The County of Ventura and Focus on the Masters Arts Archive & Library (FOTM) are presenting the History Is Now, 2023 photography and art exhibition at the County of Ventura Government Center - Hall of Administration, Atrium Gallery, 800 S. Victoria Ave., Ventura. Open now through September 5, 2023 as a part of the County's 150th Anniversary events, the exhibit celebrates the many artists who have made an impact in Ventura County over the past 150 years.

History Is Now, 2023 an extensive selection of photographic portraits, by FOTM Founder Donna Granata, featuring artists from the organization's extensive archives. From the cutting-edge work of Ojai artist Cassandra C. Jones to the weavings and tapestries of Zapotec weaver and textile artist

Porfirio Gutiérrez, these portraits vividly demonstrate the depth and breadth of Ventura County's arts community. Each image was created after in-depth documentation and study of the artist and their work as part of the Focus on the Masters Arts Archive & Library's mission and programming.

Additionally, artwork from the FOTM's Learning To See award-winning, in-school, cross-curricular program will be included in the exhibition allowing the public to see first-hand how FOTM integrates its research into lesson plans that emphasize critical thinking, innovation, and diversity.

Artists talks are scheduled for August 3, 2023, and August 17, 2023 and guided tours of the exhibition are available by appointment, with priority given to youth groups. General exhibition hours are Monday - Friday, 8:00 a.m. until 5:00 p.m.



I See You by Helena Pasquarella

At Studio 99 @ The Bell Arts Factory The Artful Lens

Runs until August 26.

Next First Friday Reception, August 4, 6 - 9pm

Juror: Michael Corrigan Mishou

The Artful Lens is a photography exhibit featuring the works of BAA members and non-members. Congratulations to our Merit Award winners Lindsay Thomson, David Orias, Gerry Wilson, Daniel Gold, and Helena Pasquarella!

The entrance to Studio 99 is around the back of the Bell Arts Factory building, off of Wall St. Public hours are Friday and Saturday, noon - 4pm

Ventura Art Scene



Photo by Patricia Schallert.



Our First Annual Ventura Brewery Issue!



FREE Business Listing:

Don't miss out on the opportunity to include your FREE business listing in this very special pullout section of the Ventura Breeze! You just need to provide an image of your logo* along with a 50-word write-up about what makes your beer so unique/special.

Special Advertising Opportunity:

Make your company stand out from the crowd! Advertise in the first annual Ventura Breeze Brewery Issue and we'll boost your listing to a 250-word advertorial (minimum 1/4-page size ad). Sign up to advertise in two additional issues (three ads total - minimum 1/4-page size) and we'll give you an additional 10% off our regular rates!

Deadlines:

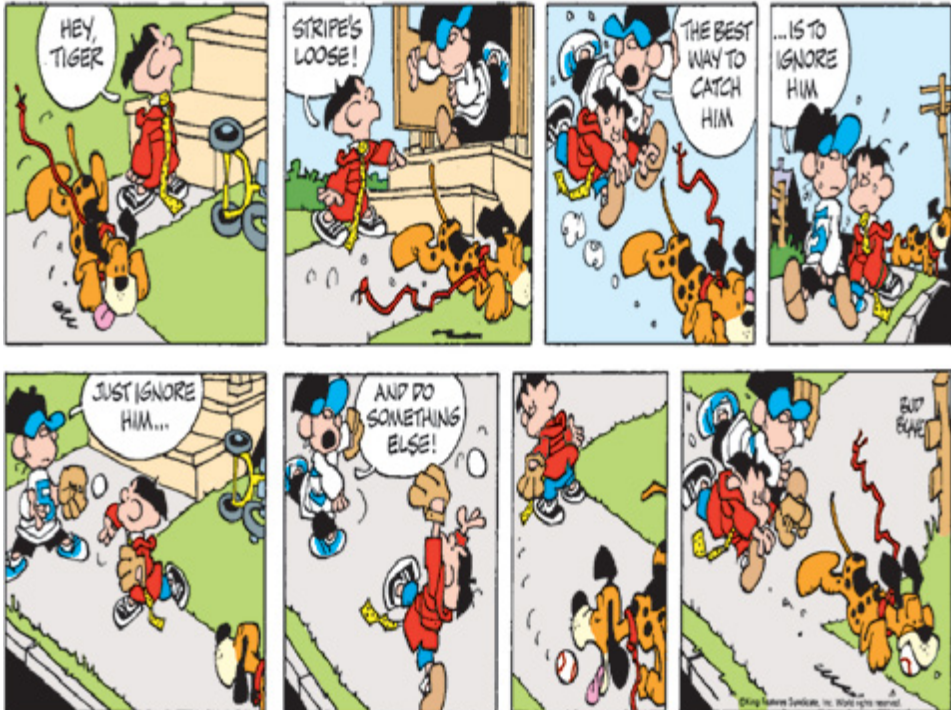
- Issue Distribution Date: August 23rd
- Free business listing due date: August 1st
- Ad Deadline (for companies wanting to advertise): August 16th
- *please submit logo as 300 dpi pdf or jpeg

**For more information,
contact Janie Tran at
janie@venturabreeze.com
or 805-760-4591**



Lighter Breeze

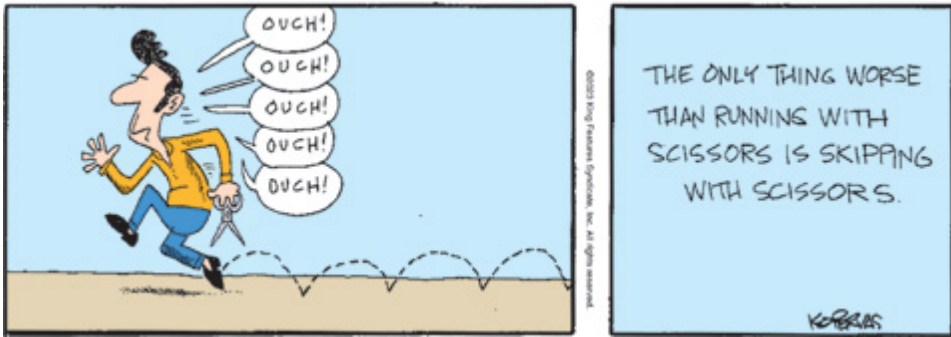
Tiger



The Spats



Out on a Limb



Amber Waves



Stan Smith's Tennis Class



Solutions on page 15

(For a beginners guide to playing Sudoku go to venturabreeze.com)

		8	4				3	
1	4			5		8		
	6				2			7
6			2			9		
	9				1			5
		7		3			6	8
9				6		3		
	3			2	8			4
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Weekly SUDOKU

by Linda Thistle

Please a number in the empty boxes in such a way that each row across, each column down and each small 3x3 box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

Solutions on page 15

King Crossword

ACROSS

- 1 Artist Chagall
- 5 Witty one
- 8 Infatuated
- 12 — about (roughly)
- 13 Copper head?
- 14 Arkin or Alda
- 15 Famed circus impresario
- 17 A deadly sin
- 18 Tuscan city
- 19 Rascalions
- 21 Craving
- 24 " — was saying ..."
- 25 Pocket bread
- 28 Chart toppers
- 30 Cagers' gp.
- 33 Author Tan
- 34 Highway divisions
- 35 City area, for short
- 36 LP speed
- 37 Staffer
- 38 College VIP
- 39 Luau bowlful
- 41 Cold War initials
- 43 Chin covers
- 46 Old hat
- 50 Forearm bone
- 51 Every year
- 54 Blue material?
- 55 Swiss canton
- 56 Campus digs

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50					51	52	53				
54					55				56		
57					58				59		

- 57 Hefty volume
- 58 Cotillion celeb
- 59 Follow orders
- 10 React in horror
- 11 Picnic invaders
- 16 Squealer
- 20 Mama Elliot
- 22 Spiced tea
- 23 Brahmanist
- 25 Standard
- 26 Little rascal
- 27 Ear membrane
- 29 Casual tops
- 31 Buddy
- 32 "Shark Tank" network
- 34 Set down
- 38 "The Godfather" star
- 40 Emulate Lincoln
- 42 Resort
- 43 Small statue
- 44 Ticklish Muppet
- 45 Tater
- 47 Uppity sort
- 48 Foolproof
- 49 TV trophy
- 52 Before
- 53 Tease

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The Fair is coming...

August 2-13, 2023

Get Your Tickets Online Now

Official Sponsors of the 2023 Ventura County Fair

"A Country Fair with Ocean Air"
10 W. Harbor Blvd. Ventura, CA 93001

Show Time

A View from House Seats

Richard III Reimagined in “Teenage Dick”

by Shirley Lorraine

Imagine a world in which everyone was respected for who they are and what they can contribute to humanity. Now imagine a highly hormonal group of high schoolers as they traverse the challenging path of becoming comfortable with themselves and establishing their own identities. These two factors, while seemingly contradictory, are the basis for the Elite Theater Company’s current production of “Teenage Dick” now playing on the main stage.

Written by Mike Lew, the story is a loose reimagining of Shakespeare’s Richard III from the viewpoint of a disgruntled disabled teen and the injustices he perceives to avenge. He, himself, is contradictory, sometimes using his disability as a shield to gain extra perks and sympathies, yet sometimes using his perceived failings to fuel his insecurities and ultimately as a way for him to justify his vengeance.

An excellent student, Dick is also manipulative, bitter and self-serving in his quest to oust the current student body president, a snarky popular jock named Eddie. Eddie clearly thinks the world revolves around him and actively dismisses anyone he feels doesn’t measure up to his greatness. To add to the mix there is Clarissa, a young lady who relies on her faith to guide her in all she does and Anne, a pretty, popular, dance enthusiast who has her own sad story to tell.

Dick’s wise-cracking friend Buck is wheelchair-bound yet carries a quite different attitude about life. She accepts her limitations, collaborates well with them, and simply wants to be friends with everyone. Her wheelchair manipu-

lation skills are impressive.

In other words, a typical day in a high school, filled with angst, doubt, insecurity and braggadocio.

Richard’s character delivers an admirable froth of Shakespearean quotations (some mildly paraphrased), firmly establishing yet another way he is different from the rest of the students.

The production, directed by Hayley Silvers, is partly double cast, giving many young actors an opportunity to take the stage. Check the company’s website for specifics of who plays whom on various performance dates.

Opening night’s cast featured AJ Ma as Richard, Rey Sailer as Buck and Kyra McConnell as Clarissa. Tatiana Juarez as Anne, Theo Liscotti Rodriguez as Eddie and Dolores Dyer Castellano as teacher Elizabeth remain constant throughout.

The play provides an interesting viewpoint of Shakespeare’s dastardly disabled villain in a light of introspection and the questioning minds of youth. Castellano’s solid portrayal of the harried junior class teacher provides numerous opportunities for laughter, highlighting the thin line a teacher must tread interacting with students of all types, abilities and temperaments.

Sunday performance on July 30 features a special talk back time with the cast following the show. As in Richard III, the original, the play is harsh and disturbing, both in language and content.

Teenage Dick continues through August 21. Performances are Friday and Saturday at 8 p.m., Sundays at 2 p.m. and Thursday, August 17 at 8 p.m. www.theElite.org. Channel Islands, Oxnard.

imagery to locate the plane in the Jolo islands in the Philippines. They came up with a plan to parachute in but that they would need assistance getting everyone out. Unfortunately there was no military on the Jolo Islands as it was run by militia and separatists and a dangerous area that not even the Filipino army would go into anymore.

Back at the plane several special ops military personnel landed in parachutes and found the plane empty, but found the note that Brodie had scribbled on a shirt in the cockpit to let them know where the prisoners were and what was happening. At the village Brodie and Gaspere quietly snuck around the village stealthily killing guards and made their way to where the passengers and crew were being held. They freed the passengers and crew and got on the bus at the same time the special ops team showed up.

After a gun battle they were able to flee the village and get back to the plane, but there would be no help to get them off the island for 24 hours so Brodie felt their only option was to return in the damaged plane. Due to the damage they couldn’t get above a few hundred feet so he asked to be guided to land on neighboring Siasi island. The plane was out of control as it tried to land on the runway with the wings tipping back and forth hitting the runway as well as the brakes and tires gave way, but Brodie was able to stop it at the very end of the runway rescuing everyone.

Rated: R (Violence and Language)



To familiarize the community with a recent City ordinance in Downtown Ventura, the Ventura Police Department and the Downtown Ventura Partners have joined forces to install informative signage across Main Street Moves. The signage serves as a gentle reminder for riders to dismount and walk their wheels within the designated five-block road closure area of Main Street Moves.

The Ventura Police Department’s initial focus will be on educating and guiding the public about the new ordinance, reserving enforcement measures as a last resort. If dangerous behavior persists, riders may be subject to a citation.

Since January 2023, the Ventura Police Department has received dozens of calls reporting bicycle-related accidents and disturbances in the Main Street Moves area.

The ordinance amendment is not applicable to wheelchairs, tricycles ridden by children, or devices operated by people with disabilities, or whose primary purpose is transporting children.

Streaming Spotlight by Cindy Summers

Plane

– Prime Video



Breeze rating from 1 to 4 palm trees, 4 being best.

Pilot Brodie Torrence (Gerard Butler) was a bit of a maverick as far as commercial pilots go and was piloting a flight on New Years Eve from Singapore to Hawaii with plans to see his daughter who was attending school there. The crew included co-pilot Samuel Dele (Yoson An) and the flight had only 14 passengers, one of which was Louis Gaspere (Mike Colter) who boarded the plane in handcuffs with a marshal for a fugitive extradition.

They flew through a storm and got hit by lightning causing the plane to lose power. While going down the turbulence killed one flight attendant and the marshal, and they eventually crash landed in a remote jungle area called the Jolo Islands. Having seen something that indicated Gaspere was ex-military,

Brodie took his cuffs off and had him accompany him back to a building they had flown over while leaving co-pilot Dele with the rest of the passengers.

They got to the building and Brodie was able to rig a phone and called the corporate headquarters of his airline, but the woman who answered said that she had been getting lots of prank calls and didn’t believe it was actually him and hung up. He called his daughter and told her that they had crashed and that she needed to contact the airlines but the call was cut short so he was uncertain how much his daughter heard. They found some guns and also a truck outside that they used to return to the passengers and the plane.

A villager saw the plane go down and told the leader of the village who gathered a small army and headed toward the plane. They got to the plane before Brodie did and killed two passengers and took the rest hostage, driving away in a bus while Brodie and Gaspere had to watch helplessly nearby. The leader was Datu Junmar, who took the passengers to Dandulit village where they were kept in a warehouse to be taken on a boat down river. Brodie didn’t want to wait for help as he felt the passengers where his responsibility, so he and Gaspere headed to the village.

Back at airline headquarters they brought in a specialist named Scarsdale (Tony Goldwyn) who used satellite

NAMBA PERFORMING ARTS SPACE 47 SOUTH OAK STREET, VENTURA, CA

Young playwrights are making a **SPLASH** at NAMBA!

Playwrights' Festival

NAMBA's Top Picks of the 2023 Hollywood Fringe Festival

Ode to La Pachuca
Contemporary Arte in Movement
Choreography by Laurie Muniz
Written by Jessica Cornejo
Saturday August 5, 3 & 7 pm

5 Years or 5 Minutes
Written & Performed by Jonatan Pinke
Directed by MJ Karmi
Based on a true story
Sunday Aug 6, 7 pm

Buy Tickets Online at NambaArts.com

Special Ticket Pricing for School & Community Bands

In addition to our discounted student tickets for all performances, we are pleased to announce that due to an underwriting sponsorship, tickets to the Grammy-nominated jazz supergroup **Special EFX AllStars** are reduced to **\$5** for members, faculty, and family of school and community bands.

VENTURA MUSIC FESTIVAL Code: BAND

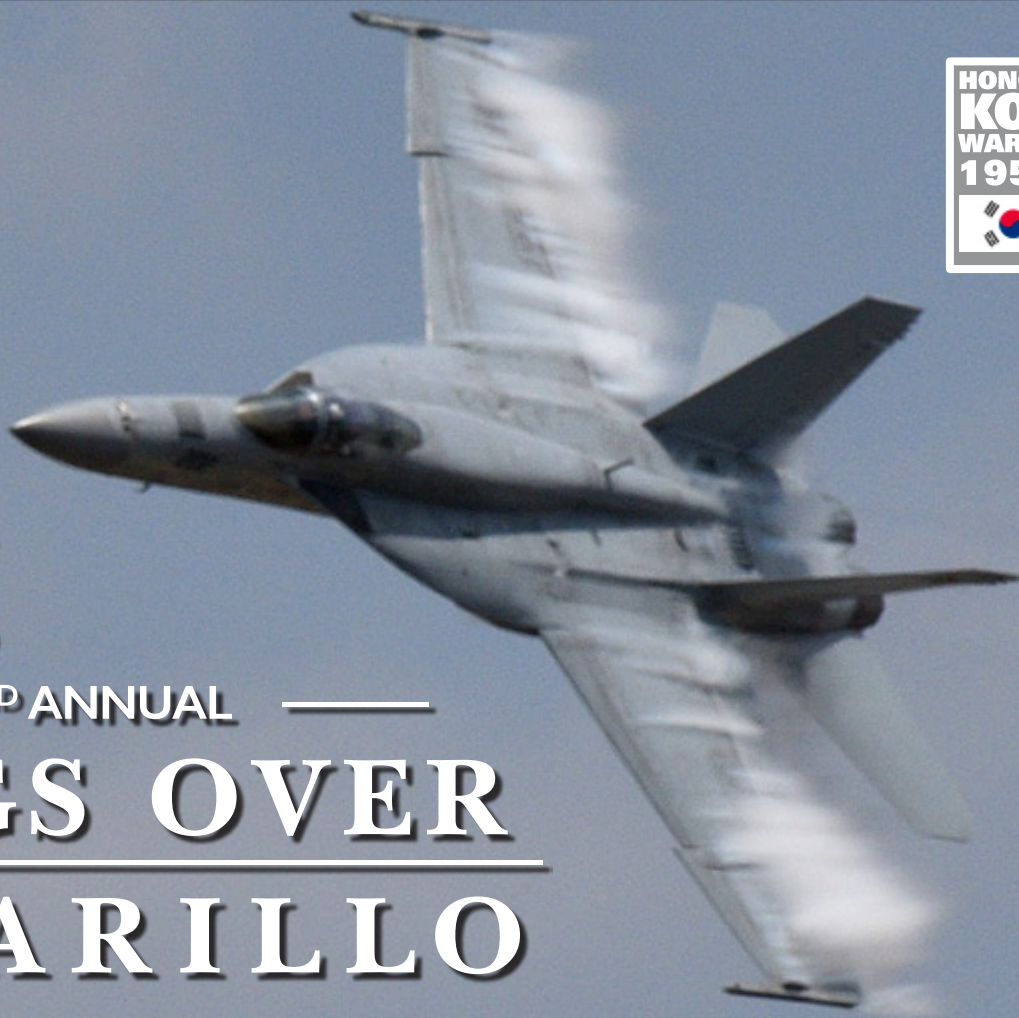
Special EFX AllStars featuring **Chielj Minucci**

August 5th | 7:30 PM
Rancho Campana PAC
4235 Mar Vista Dr, Camarillo

Get Tickets & View the Full Festival Lineup at: VenturaMusicFestival.org



FEATURING THE
US NAVY F/A-18
SUPER HORNET
WEST COAST
RHINO DEMO



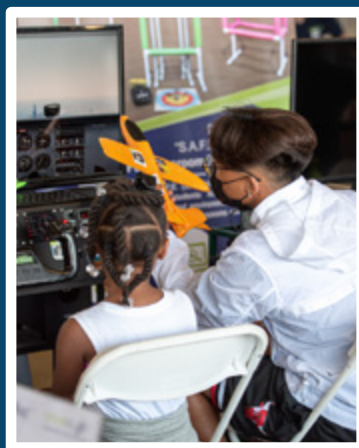
42ND ANNUAL
**WINGS OVER
CAMARILLO**

AIR SHOW | CAR SHOW | STEM

PRESENTED BY

OXNARD
AUTO CENTER

August 19th and 20th, 2023
CAMARILLO AIRPORT



- **Aerobatic Performances**
- **Parachute Teams**
- **Military Aircraft**

- **STEM Pavilion**
- **Robotics Exhibition**
- **Exciting Pyrotechnics**
- **Veteran's Hangar**

- **Classic Car Show**
- **Helicopter Rides**
- **Food, Soda and Beer**
- **Hard Goods Vendors**



COME EARLY! GATES OPEN AT 9AM
TICKETS MUST BE PURCHASED ONLINE
VISIT www.WingsOverCamarillo.com

