

Legacy Award Nominations now Open - See Page 11



VENTURA BREEZE

Your Hometown Paper

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Mental Wellness Festival

by Patricia Schallert

On June 3, a Mental Health Festival was held at the Ventura Harbor Village main lawn that celebrated the completion of National Mental Health Awareness month. A grass roots mental health and wellness celebration that included a unique (client-submitted) art exhibit and a native plant sale. The event was presented by the Turning Point Foundation.

Related vendors brought in uplifting music, yoga, meditation, activities along with community services and programs. Included in the festival was a blend of cultural, holistic, therapeutic and spiritual wellness professionals offering their expertise.

The objective of the festival, as it celebrates 35 years of mental health and rehabilitation in Ventura County is "To provide exposure and expand awareness of mental health challenges and illness as a growing concern and stigmatization in our community and to expand awareness of local mental wellness programs and pathways available to help treat, maintain and/or

Continued on page 3



Breeze publisher Sheldon enjoying the festival with Josh.

A Walk On Water took advantage of the Ventura Pier

by Joseph Seemayer

The Ventura Pier, built in 1872, formerly known as the San Buenaventura Wharf is one of California's oldest wooden piers and is a favorite destination of California visitors. On the weekend of May 9th, A Walk On Water (AWOW) took advantage of the Ventura Pier and its surf for their Ventura event.

AWOW couples life-changing surf therapy and children that have unique needs. With the assistance of experienced instructors, the children are able to stand up on a surfboard and experience surfing for the very first time.

If you're not familiar with AWOW, its Vision and Mission are described on their website awalkonwater.org: "Harnessing the ocean's transformative powers, we deliver life-changing surf therapy to children with unique needs and their families. We constantly strive to enhance our programs, strengthen our community and provide access to more children in need and their families, while remaining true to our core values— Empowering children with a feeling of pride and accomplishment, as they unlock their inner athlete through the emotional and incredibly transform

Continued on page 3



AWOW couples life-changing surf therapy with children that have unique needs.

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Your Hometown Paper

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If only God
would give me
some clear sign!
Like making a
deposit in my
name in a Swiss
bank account.
—Woody Allen

Local Government News

Approved water and wastewater rates adjustments to begin on July 1, 2023

Starting on July 1, 2023, Ventura Water customers will see water and wastewater rate adjustments reflected on their monthly billing cycles. These forthcoming rate adjustments signify year three of the five-year increases that were approved by the City Council on May 17, 2021.

Rate increases support both daily

operation and maintenance of the City's existing water and wastewater systems, along with approximately 36 planned capital improvement projects, including the long-anticipated State Water Interconnection Project and VenturaWaterPure Program.

City staff collaborated with the Water Commission and a third-party financial consultant to conduct an exhaustive water and wastewater rate to assess the City's water rate tiers, water shortage rates, wastewater rate structure, and financing alternatives for significant projects.

The study's findings revealed the necessity for an average annual rate increase of seven percent for water service and six percent for wastewater service. These rate adjustments are essential to maintain the ongoing operation and



maintenance of the systems, address infrastructure concerns, ensure a secure water supply, improve water quality, and meet necessary legal and environmental regulations.

Leading up to City Council's decision, Ventura Water conducted over 20 community presentations and hosted several virtual town hall meetings where information about anticipated rate impacts was shared with community members, neighborhood groups, clubs, businesses, and economic development stakeholders.

For more information, or to see a comparison between old and new rates, please visit www.venturawaterrates.net.

As I See It by Sheldon Brown



On June 6, I gave an enthralling talk to the Ventura Retired Men's Group at the Poinsettia Pavilion. Luckily no one left – probably because they didn't want to miss lunch.

Because there was so much news to report this issue does not contain the sudoku or crossword.

In this issue there is information regarding events at Portside Ventura Harbor. This is where we live. A wonderful place to live and the tennis court is right next to the building we live in so a 2-minute walk for me to go play.

In 2022, two city staff members formally complained to Human Resources that Councilmember Mike Johnson had acted unprofessionally and in a hostile and bullying manner during city council meetings.

The city attorney retained an independent, third-party law firm to investigate the two complaints. After conducting a thorough investigation (which cost the City approximately \$75,000), the law firm determined that Councilmember Johnson did act unprofessionally toward one of the employees in a hostile and bullying manner.

The Ventura City Council has voted (5-1) to admonish rather than censure Mike Johnson. This is less harsh than previously recommended at a closed door meeting where the council approved a recommendation to censure Johnson and remove him from his committee assignments.

The Strawberry Festival, held at the Fairgrounds, surpassed expectations by drawing an estimated 55,000 visitors to the event. While being successful, it also drew much criticism from locals for what seemed to be the lack of a comprehensive traffic management plan. I'm sure there were lessons learned, which will be enacted next year. Great to keep the Festival in Ventura.

The next large event at the Fairgrounds will be the X Games in July. To avoid some of the traffic issues encountered by the Strawberry Festival, the city will be much more involved in

the X Games. Coordination between the City and the Fairgrounds is ongoing, and associated costs are included within not-to-exceed amounts. The total cost will not exceed \$250,000, as presented to City Council in previous budget workshops. This includes all personnel costs for the Ventura Police Department, Ventura City Fire, and other city staff required to support the event.

The California Department of Food and Agriculture, provides oversight for the Fairgrounds that sits on state owned property.

Ventura's clothing company, Patagonia, has been rated the number one most loved company in the United States one more time.

Seven people were shot, two fatally, when gunfire rang out outside a downtown theater in Richmond where a high school graduation ceremony had recently concluded, causing attendees to flee in panic, weep and clutch their children.

A South Carolina gas station owner was charged with murder on Monday after allegedly shooting and killing a 14-year-old boy he falsely believed was shoplifting bottles of water.

The gunman who killed three people and wounded six others while roaming through his northwestern New Mexico neighborhood, was apparently firing at random targets. He was a local 18-year-old high school student.

Michigan Gov. Gretchen Whitmer gave final approval to a red flag law that aims to keep firearms away from those at risk of harming themselves or others as the state grapples with ways to slow gun violence in the wake of its second mass school shooting.

Michigan joined Minnesota to implement a red flag law after Democrats in both states won control of both chambers and the governor's office in November. New Mexico previously was the last state to pass a red flag law in 2020. Something needs to be tried to stop the gun violence in this country. Everyone owning guns is certainly not doing it.

Nevada's Joe Lombardo became one of the first Republican governors to enshrine protections for out-of-state abortion patients and in-state providers, adding the western swing state to the list of those passing new laws to solidify their status as safe havens for abortion patients. A Republican hero.

I find this to be absolutely disgust-

ing. Former president Donald Trump commemorated Memorial Day by comparing his battles against "fascist 'pigs'" and "lunatic thugs" to the more than one million US soldiers that died on the battlefield. Trump took to his Truth Social platform to deliver a maniacal all-caps rant. Families of veterans killed in battle should feel the same way.

Mailbox

Dear Breeze:

I can't imagine Ventura without the Breeze!! I am so grateful for your excellent publication.

Thank you

Cheryl Dunlap

Cheryl: And we are grateful for our wonderful readers (and advertisers) that make it all possible.

Breeze:

This is in response to the latest article in the May 31 to June 13 Ventura Breeze written by the current President, Patrick D.Pothier. This being the 100th Birthday, I'd like to help fill in some important and missing information about the history of civic service and service to the community.

Long before women were included as members in Lions, the Ventura County Star printed an article on September 2, 1937. The Headline was "Lions' Wives Choose I-Da-Ka As Name For New Club". I-da-ka (an Indian word meaning "to serve") was formally chartered in 1937 and continued to serve Ventura County until 2008. Local families raised in Ventura remember all the women behind the men who served and all the assistance they augmented to those in need.

It would be an honor for the 100th President, Maya Zumaya to take up this missing history and congratulated those who helped make the Ventura Downtown Lions Club a success from its inception.

I have inherited all of the historical records of the group and would like to make the records available to complete the rich history of civic service to Ventura.

Karen L. Brown, PhD

P.O. Box 3551

Ventura, CA 93006

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words



A Walk on Water
Continued from page 1

ing experience of surfing.”
At the event, I had an opportunity to speak with A Walk on Water’s cofounder Steven Lippman. I asked Steven what was the inspiration for A Walk on Water and the when and where did the organization begin.

“Founded in 2012”, Steven answered, “our profound inspiration stems from the heartfelt desire to uplift families with special needs children. We are driven by a singular idea: to forge enduring connections, instill unwavering trust, curate transformative experiences, and foster unbreakable bonds.”

“With our groundbreaking inaugural event in 2012, we have remained steadfast in our commitment to host two impactful events per year in the transformative setting of Ventura. Our unwavering dedication fuels our inspiration to continue creating life-changing moments for families in Ventura, striving to extend our meaningful presence for as long as humanly possible.”

Surf industry executive Dale Rhodes, an AWOW Surf Therapist and Board-member, shared with me his thoughts from his time on the beach, during the event, with the new surfers and their families. “We had a wonderful day on the beach with sun and great surf, filled with lots of smiling faces from our athletes and their families. We call our children of unique needs “athletes” as they’re surfers too. It’s also a great day when the parents of their athletes can come to the beach, let their hair down and enjoy their day of watching their kids surf. There’s healing elements in the salt water along with riding these waves that help build strong confidence in these athletes.

AWOW offers these athletes an experience that’s most likely would be beyond their reach without the help of the AWOW organization and their highly skilled, compassionate instructors. Watching the expressions of sheer joy of the athletes and new surfers is truly addicting. Attend the next AWOW event on October 14th from 8:00 am - 2:00 pm PDT at the Ventura Pier to share in the experience.



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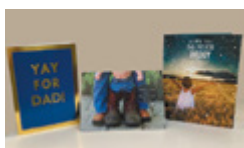
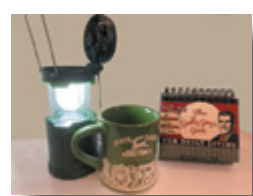
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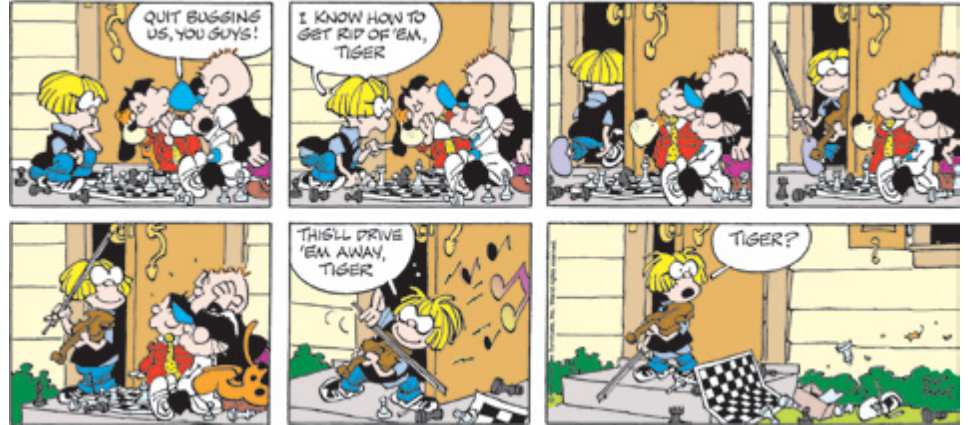
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Lighter Breeze

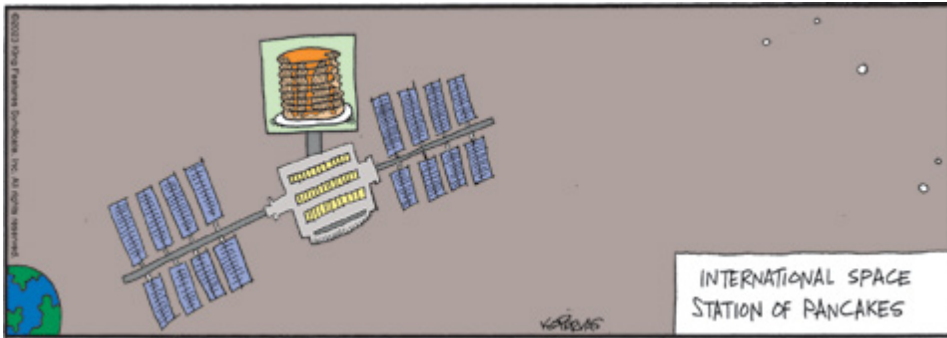
Amber Waves



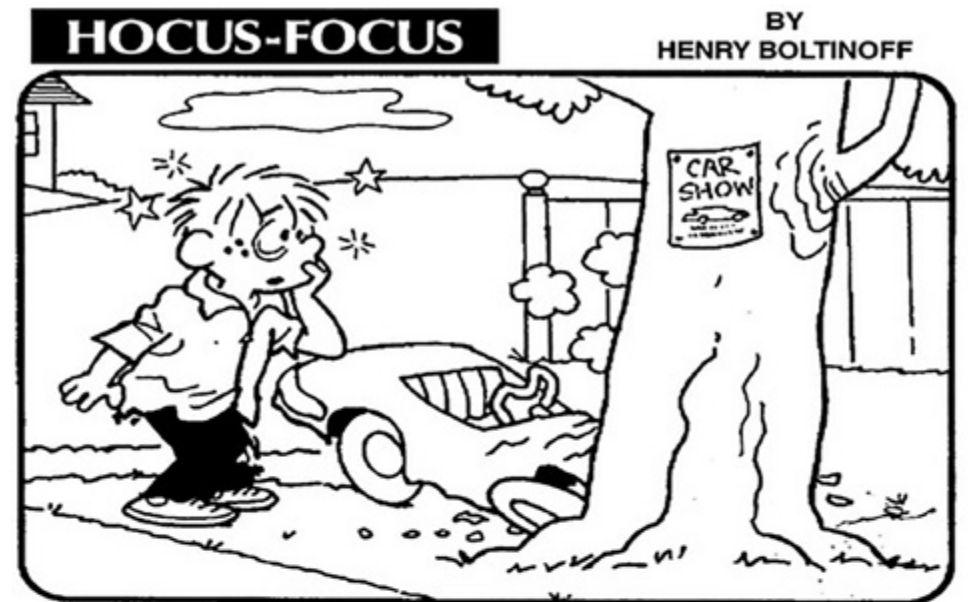
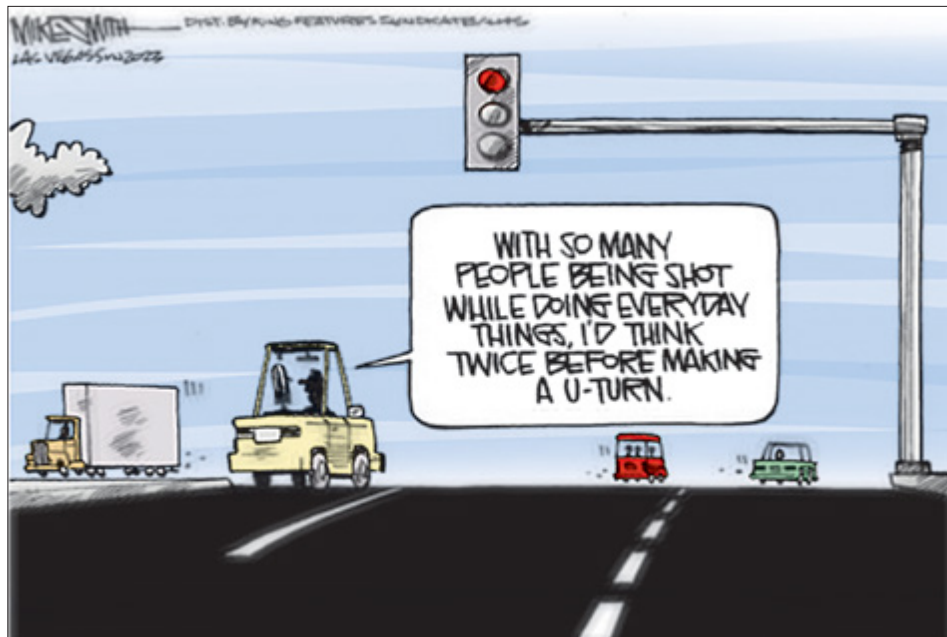
Tiger



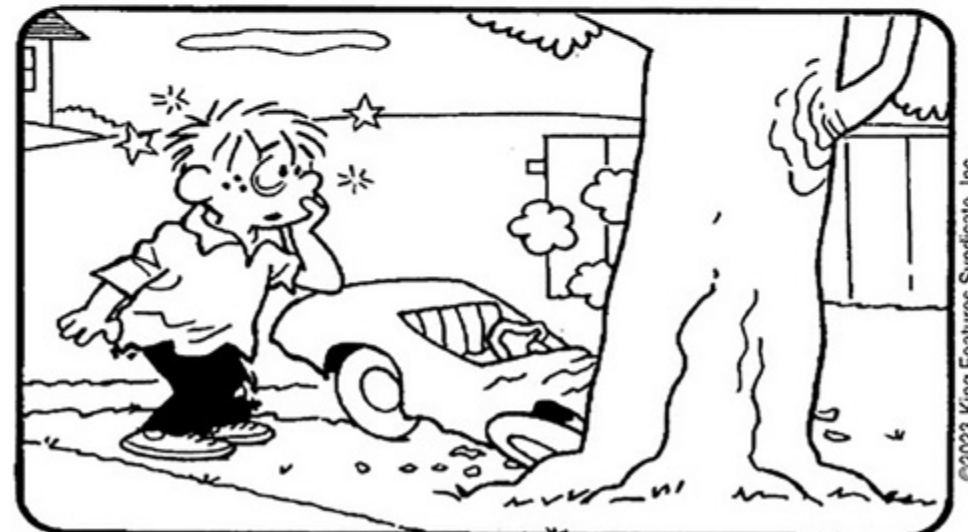
Out On A Limb



The Spats



Find at least six differences in details between panels.



Differences: 1. Cloud is smaller. 2. Zipper is missing. 3. Bumper is missing. 4. Steering wheel is different. 5. Post is missing. 6. Poster is missing.



He is a member of the Contractor's Association, sponsors local school sports teams and has banners on several sports fields. Hard work, long hours and commitment to service, quality and the homeowner have led to the success of Erick's business.

Quality Windows and Doors new design center featuring Marvin, Milgard, Fleetwood Windows, Entry doors and hardware is located at 4051 East Main Street in Ventura.

The Bookmark

About Libraries and Friends

by Mary Olson

Ventura County Library encourages families to "Find Your Voice" and participate in Summer Reading!

The Ventura County Library (VCL) Summer Reading Challenge is underway, including a range of free activities for children, teens, and adults throughout the summer.

Participants may register at ventcolibrary.beanstack.org and record their reading with opportunities to win prizes for reaching reading goals. Registration continues through August 4th. Youth may visit their local branch to choose a free new book to add to their personal collections, once they log 500 minutes of reading.

Summer Reading Program Special Event: Drum Musician, Chazz, brings his Jungle Drum Circle performance to four Ventura County Libraries. Discover the Universal Rhythm! Chazz

guides you through an imaginary safari playing 26 African Djembe drums. You'll create Jungle Sounds, play simple rhythms, and sing silly songs!

Monday, June 26th

at Saticoy Library, 1:30 pm

Monday, June 26th

at Avenue Library, 4:00 pm

Tuesday, June 27th

at E.P. Foster Library, 11:00 am

Tuesday, June 27th

at Hill Road Library, 3:00 pm

Find Your Voice! Family Musicals Film Fest and Coloring at Hill Road Library offers fun family musicals, drawing, and coloring for all ages.

Tuesday, June 20, 3:00 to 5:00 pm:

The Lego Movie Part 2: The Second Part

Tuesday, July 11, 3:00 to 5:00 pm: Soul

Foster Library's Young Readers Book Club

Saturday, June 24 @ 1 pm - 2 pm:

Discuss One Crazy Summer by Rita Williams-Garcia & create a summer journal.

Wildfire-Ready Workshops -

presented by Natasha Saxena,

Ventura Fire Safe Council.

The Council is a 501c3 nonprofit whose mission is to reduce wildfire threats to farms, ranches, urban neighborhoods, and infrastructure through an aggressive program of action, education, and collaboration. Based on the latest science from the Insurance Institute for Home & Safety (IBHS), the structure and vegetation modification recommendations given by their team may reduce your home's wildfire risk up to 75%.

Wednesday, June 21, 2023 Wednesday,

June 28, 2023; 5pm (E.P. Foster Library)

Continued on page 8



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May 02, 2023
Re: Request for sub bids

To Whom It May Concern:

WML & WEBCOR, A Joint Venture is a construction firm bidding on the project listed below:

Project: MBR/UV Upgrade Project
Bid Due Date: May 12, 2023 at 2:00 P.M.

We are seeking sub-bids from DBE subcontractors, and material and/or equipment suppliers in the areas of work included in, but not limited to, those listed below:

- Estimating
- Scheduling
- Plan Review
- Geotechnical Survey
- Potholing
- Cost Risk Management
- Security
- Flood Plain Hydrologist
- Traffic Control
- Corrosion
- Biologist
- Community Outreach

WML & WEBCOR, A Joint Venture encourages all interested DBE companies to contact us at least 1 day prior to the bid due date to review with us your proposed scope of work.

The RFP Documents and Plans are available for review at this Box link: <https://webcor.box.com/s/be9ihp4cbn7xond6zlksek3nw5qjvl>

We are willing to assist all DBE subcontractors/suppliers in obtaining bonds, lines of credit, and/or insurance. If you are interested in participating in this project, please contact us at outreach@webcor.com.



Top musicians from the county came together to support the Local Love Project.

The event highlighted the incredible work that the Local Love Project provides

Blues, BBQ and Portside views was the theme for this years Local Love Projects Fundraising event held at Portsside Ventura Harbor.

Top musicians from the county came together to support this year's Local Love Project fundraiser. Attendees were treated to not only incredible blues music by Kelly's Lot, the Bobby Hart Band and Scott Detweiler but also, had a fun filled day of sunshine, dancing and gorgeous Ventura Harbor views.

Nothing says summer like BBQ and

there was plenty of it on hand from Big Man BBQ. Local breweries and wineries Poseidon Brewing, Flying Embers, Four Brix Winery and Strey Callers contributed to the day's events and even the sun decided to make a grand appearance.

The event highlighted not only the incredible work that the Local Love Project does to help individuals impacted by disaster in the 805 but also, Portside Ventura Harbor's local businesses and beautifully designed clubhouse space.

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Stratton was on hand to award an appreciate plaque to the Local Love Project for all the efforts of their organization in assisting the community and the fire departments outreach programs.

Totally Local VC's Local Love Project is to activate and organize members of our community in the aftermath of a disaster within our 805 communities and to provide relief and support to those affected by disaster.

From wildfire relief and recovery, assisting those financially impacted by the COVID crisis, to this year's winter storm damage, The Local Love Project works to solve the immediate needs of those impacted by California disasters by providing items necessary to help our neighbors as they work to restore their lives. To find out more go to TheLocalLoveProject.com



Circus Vargas channels the "City of Lights".

A must-see Parisian-style circus production

Circus Vargas presented another outstanding, mega-hit entertainment experience in Ventura at the Ventura County

Fairgrounds. It is now at the Santa Barbara at Earl Warren Showgrounds until June 19 and at the Madonna Inn starting June 23.

Join us for a brand new big top adventure with Performers from all over the globe! Featuring The "Last Ringmaster," Johnathon Lee Iverson - classically trained opera singer-actor adds another dimension to their newest stellar production, "Bonjour, Paris!"

Circus Vargas channels the "City of Lights" in an all-new high-energy, action-packed extravaganza! In this latest, greatest production Circus Vargas delivers the ultimate live family entertainment experience for 2023!

A must-see Parisian-style circus production featuring world-renowned performers, aerialists, acrobats and more! Audiences are immediately immersed in an ambience of glitz and glamour reminiscent of the famed Lido de Paris. A must see! This extravagantly flashy, fun-filled circus spectacular is guaranteed to excite and delight audiences of all ages! An amazing adventure, not to be missed! Join us for two unforgettable hours under the big top ...where memories are made to last a lifetime! Circus Vargas' "Bonjour, Paris!" _C'est magnifique!

For Circus Vargas performance dates, times and to purchase tickets, visit www.circusvargas.com, call 877-GOTFUN-1 (877-468-3861) or visit the box office at each location. Follow Circus Vargas on Facebook and Twitter for updates, discounts and behind the scenes video.

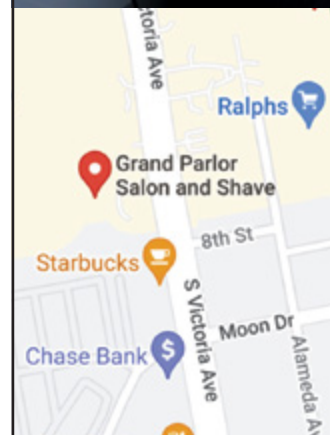


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They ride the 545 miles from SF to LA and fundraise a minimum of \$3,500.

Besides the riders Roadies are the hardworking individuals who volunteer their time for the full week of AIDS/LifeCycle.

Day 6 was spent at the San Buenaventura State Beach.

Photos by Patricia Schallert.

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The Ladies Luncheon Ventura celebrates 14 years of networking

by Carol Leish, MA

“The best networking comes from genuine relationships and friendships” -- Gatehouse

Laurie Ann Meyer, a full time Real Estate Broker and owner of Lifestyle Listings with Realty One Group Summit in Ventura, said, “I saw an opportunity in 2009 to bring women together in a ‘Networking’ type of environment without all the commitment of a traditional networking group. I wanted it to be easy for women to attend, at a time in the day that would give them the chance to sit down and relax while having a meal and taking a deep breath away from all that they do during the rest of the day.”

“As a ‘No join group,’ the Ladies Luncheon does not have any monthly or annual fees. Women pay when they attend, and if they cannot attend one month, they do not pay for that month. This creates the opportunity that leads to no guilt, no commitment, and no hassling. I also wanted to make it available for unlimited categories of businesses. Not just one per category, like other networking groups may have. Thus, there are other realtors in the group, besides me. The goal is to develop relationships.”

Through developing relationships and friendships, The Ladies Luncheon, has become a community. Through this community, the group has continued to follow the perspective that, “Networking is an enrichment program, not an entitlement program,” which Susan Roanne said.

Meyer emphasized the importance of community by saying, “We have been through many ups and downs over the years which has created a very close bond and support for each other. That is why our philosophy now is ‘Community, Connection, and Support.’”

“We also have created a series of Wine Mixers, called ‘Radiant You Wine Mixer’ series. In support of local store front businesses, we meet every other month at a specific location from 5:30-7pm to share wine, conversation, and shopping. Our last one was at The Jelly Fish on Main St. On June 22nd we will be at Trystology on Main Street for some more ‘Spice.’”

“In March 2020, the week before the pandemic hit, we had our first all day event called Radiant You, in which we had four speakers who gave different presentations about health, wellness, business, and self-love. We also had a luncheon, meditation, and dancing. It was a success with over 80 attendees. My vision is to repeat the Radiant You event in 2024!”

“I am thankful to my side kick, Elaine O’Malia (owner of Laine Designs), who is our marketing director. She handles all the social media, evites, website and more. Her and I have been doing this project together for over 12 years. Elaine is significant to the success of The Ladies Luncheon, as are all the women who continue to attend, participate, and share their friendships. The relationships that have been created are what I can truly say are ‘Forever.’” My continued passion in life is to use my inspiration, enthusiasm, and knowledge to empower and encourage myself and others to accomplish their dreams and goals in life!”

Ladies, come join us for good networking and a delicious lunch on the first Thursday of each month at The Greek Mediterranean Steak and Seafood at the Ventura Harbor.

Phone (805) 650-5360. To join us for our next networking lunch meeting on July 6th, 2023 from 11:30-1:00, please register at: www.theladiesluncheon.com.

About Libraries and Friends Continued from page 5

The Ventura Regional Fire Safe Council offers no-cost home wildfire assessments to anyone in Ventura County to educate on the latest fire science. The assessment only takes 1 hour, to make an appointment, go to VenturaFireSafe.org or call (805) 746-7365.

Another Book Sale!

Ventura Friends of the Library Book Sale Saturday, July 8, 10:00 am to 3:00 pm at the Vons at Telegraph & Victoria Books priced from \$.25 to \$5.00 Large selection of children’s books! Large inventory of CDs and DVDs!

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Your Hometown Paper



The event's primary focus was to provide an interactive platform for children.

SoCalGas and Girl Scouts of California's Central Coast present Daisy Friends & Robots Event

Southern California Gas Company (SoCalGas) recently teamed up with the Girl Scouts of California's Central Coast (GSCCC) to present a one-of-a-kind event, the Daisy Friends & Robots Open House.

The event took place on June 3rd at the

Westview Village, an affordable housing development located at 1187 Riverside St. in Ventura. With an array of engaging activities, attendees had the opportunity to get hands-on experience exploring rocket launchers, ball shooters, straw rockets, robot hands and robot tables all designed to spark curiosity and foster creativity.

The event's primary focus was to provide an interactive platform for children to engage with robotics while making new friends within their own neighborhood. By combining the principles of STEM education with the spirit of community, SoCalGas and the GSCCC aim to inspire young minds and ignite a passion for science and technology.

"We are thrilled to partner with the Girl Scouts of California's Central Coast for the Daisy Friends & Robots Event," explains Maria Ventura, Senior Public Affairs Manager from SoCalGas. "This collaboration provides a unique and memorable experience for families in Ventura, while also promoting the importance of STEM education in underserved communities."

Thanks to the generous support of SoCalGas, the Daisy Friends & Robots event was a resounding success, attracting a remarkable attendance of 175 people. It was a powerful testament to the significance of developing the next generation of women leaders. As an event focused on recruitment, it holds special importance in encouraging girls from underserved communities to become Girl Scouts.

By actively engaging girls from underserved communities, the council aims to break down barriers and provide equal opportunities for all. It's a reminder that every girl deserves a chance to be part of the Girl Scouts and unleash her full potential.



MERITO stands for Multicultural Education for Resources Issues Threatening Oceans

They are committed to protecting the ocean by facilitating education, conservation, and scientific research opportunities to multicultural youth and their communities.

Recently the MERITO Foundation sponsored the 7th grade class from DATA Middle School to a 3-day camping trip to Santa Cruz Island. The students had the opportunity to experience and encounter dolphins, whales, tent camping, hiking, dish washing, scorpion hunting in the night, kayaking, cave exploring, and snorkeling!

'The Avenue to the Channel Islands' (ATCI) Program of the MERITO Foundation is funded by the Outdoors Equity Grant, created through AB 209 and administered by California State Parks, Office of Grants, and Local Services.

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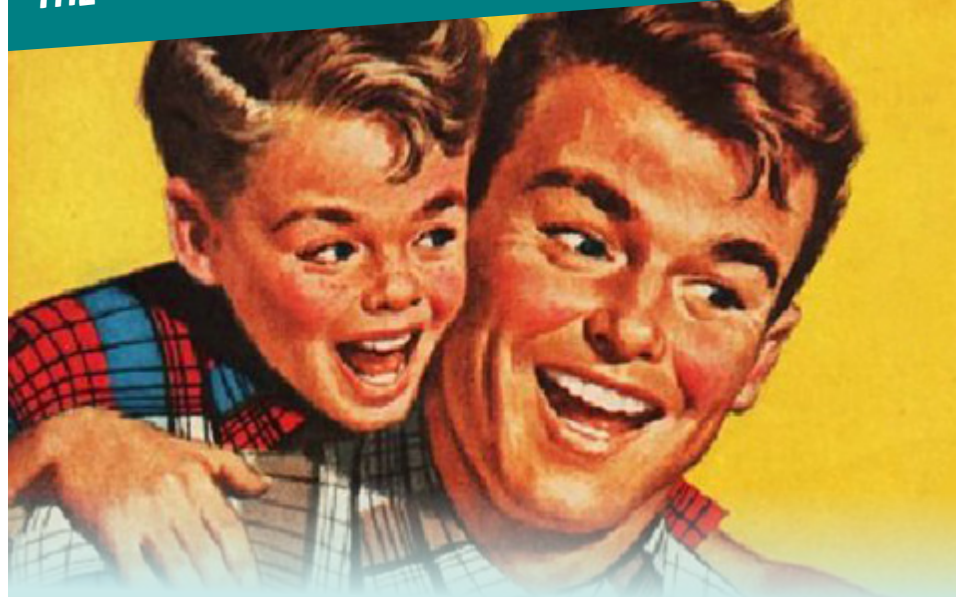


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What is in a name? Ventura

by Richard Senate

The Chamber of Commerce will tell you that the city of San Buenaventura is really the city of good fortune. That is a direct translation of the Spanish word Buenaventura. But in truth, that is not true. The city is named after a man, a very unique man who lived in 13th Century Italy.

His name was Giovanni di Fidenza, born in Bagnaren, Italy in 1221, the son of John Fidenza and Marra Fitel. At the age of four he became sick and lapsed into a coma. His father was a doctor but all he tried to save his son failed, medical knowledge was limited at the time. His mother insisted that the child should be taken to St. Francis who lived not far away. At the time the pious Francis was seen by all as a living saint and it was believed he could cure the boy. They took the infant to the saintly man to restore the child's health.

The saintly Francis told them he couldn't work miracles, and that only God could do such things. The mother begged him to at least give her son a blessing. He took the boy in his arms and pronounced a blessing.

The instant he did, the child woke out of his coma with a cry. The surprised Francis let out the words; "O bona ventura!" (What good fortune). From that day on that became the boy's nickname.

At the age of twenty-two he joined the Franciscan Order where he proved an adept scholar and was sent to Paris to study. There he became good friends with Thomas Aquinas and earned a degree as a Doctor of Divinity and took the position of teacher.

In 1256 he became the head of the Franciscan Order, over time rising to the rank of Cardinal of Albano. His writings were so popular that in 1274 he was commissioned by Pope Gregory X with the task of re-uniting the Greek Orthodox and Roman Catholic church that had split. In Rome he labored long and hard at his task, working himself to death, but failed in the end. He died on July 14th 1274, he was fifty-three. In his life he penned many papers and books. So many miracles happened at his tomb in the Vatican that he was named a saint. His symbol is the feather, a pen he used to write his many works.

Fr. Serra read his books and was impressed, naming the ninth Mission San Buenaventura in 1782 in his honor. St. Bonaventure is the patron saint of Ventura. A fitting man to represent all that is good in our community.



An event sponsor, the Ventura Breeze was there with Mary Thompson (and Glenda), Sheldon and Carol Leish.



Reiki practitioner Shannon Vaquez applying reiki to attendees.



The Orchard Bluegrass Band.

Mental Wellness Festival Continued from page 1

improve our mental health."

Josh Carsman is the Marketing, Events & Fund Development Manager at Turning Point and told the Breeze "Regarding the event, I was nervous about trying something new like this for the first time. But once it began I didn't want it to end! So many great people helped support and participate in this event to make it a success. It was an honor to facilitate, and I hope for us all to have a second annual festival. Thank you to everyone involved who helped make it a success."

Growing Works plants is an innovative, wholesale plant nursery and mental wellness program within the Turning Point Foundation. This program provides job training, employment, volunteer opportunities, recovery services, and hands-on horticultural work experience to people with mental health challenges. A variety of client-cultivated plants were on display and were available for purchase at the festival.

Orchard Bluegrass Band (From the Orchard Community Church) provided entertainment which began at 3:00 PM and played for 2-hours without a break. They have been entertaining audiences of all ages in Southern California for seven years with a unique blend of bluegrass, gospel, country and western music and had the attendees singing along.



Senior Living



Senior residents gather for a nostalgic movie night in tribute to Hollywood legend.

Ventura Townehouse Movie Night is a smashing hit

by Ross Williams

In a delightful celebration of cinema and the golden era of Hollywood, the residents of Ventura Townehouse Senior Living Community unveiled their much-anticipated movie event with a red carpeted grand opening ceremony. The inaugural screening honored the memory of the late actor Ernest Borgnine and his 1972 classic *The Poseidon Adventure*.

As I ascended to the magnificent Vista room, perched atop the seven-story building, the elevator doors gracefully slid open, and the delightful aroma of freshly popped popcorn enveloped the air, instantly transporting me to the enchanting world of movies. The grandeur of the occasion was evident as I stepped into a scene reminiscent of a glamorous red carpet event.

The hall buzzed with excitement and energy, elegantly decorated, tables adorned with a delectable array of hors d'oeuvres and mouth watering desserts. A photo wall, reminiscent of the glitz and glamor of Hollywood premieres, beckoned residents to capture the magical moments of this unforgettable evening. The ambiance was further enhanced by the transformation of the space into a full-fledged movie theater, complete with grand pianos, glistening buckets of popcorn, and a mesmerizing big screen that hung tall and proud.

With anticipation building in the air, residents eagerly converged in the Vista room for the highly anticipated first screening. The staff of Ventura Townehouse, dressed in exquisite suits and elegant gowns, gracefully navigated

the room, their warm smiles radiating genuine care and affection for those in attendance. It was a heartwarming sight to witness the staff members offering warm embraces, engaging in heartfelt conversations, and demonstrating their unwavering love and support for the residents. Their dedication and commitment to creating a memorable experience for everyone present was palpable, fostering an atmosphere of warmth, comfort, and a true sense of community.

Movie nights will provide the senior community with an opportunity to relive cherished memories and connect through the power of film. Ernest Borgnine, an Academy Award-winning actor known for his incredible talent and captivating performances, has a personal connection to Ventura Townehouse Senior Living Community. His daughter, Nancee, is one of the cherished directors of the community, and the event served as a heartfelt tribute to her late father's cinematic legacy.

Residents and staff members expressed their excitement and gratitude for this new addition to their activities calendar. The movie events will feature a variety of classic films and modern favorites and is scheduled to take place every few days, providing a regular source of entertainment and camaraderie for the community's residents. "Tuesday Romcom's, Wednesday Westerns and Saturday Turner Classics are the plan," said Nancee between salutations.

As the clock neared 7pm the soft piano music that had filled the air paused and a round applause filled the

air. "That was great Barbara." a resident shouted and I realized that the music that had been filling the hall was in fact being played by one of the residents.

The event commenced with a heartwarming speech by Nancee Borgnine, who shared fond memories of her father and the first time he took her to a red carpet. "It was the GodFather. And he told me to stay close and keep my mouth shut," she expressed with a laugh and a smile.

The room fell silent as the movie began, the opening credits played and the staff walked through the rows of residents offering popcorn and flutes of champagne. Nancee stood proud at the back of the room, proud of the evening's success and her dad's legacy. By celebrating the timeless art of cinema and honoring the legacy of Ernest Borgnine, they have brought a touch of Hollywood glamor to the lives of their cherished seniors.

Legacy Award nominations now open

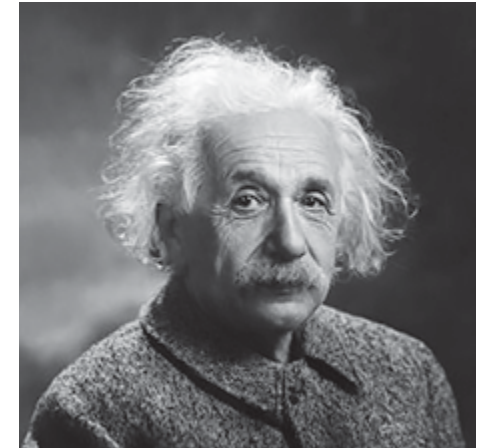
by Carol Leish, MA

Consider nominating an exceptional business, organization, or individual that exemplifies commitment to service for: 1) Older Adults; 2) People with Disabilities; and/or, 3) Caregivers. Nominations are now being accepted by the Ventura County Area Agency on Aging between June 1st-September 1st, 2023.

Award recipients will be announced in November, 2023.

The 2023 VC Area Agency on Aging Legacy Award Categories include: 1) Business/Organization; 2) Dementia-Friendly Business/Organization; and/or, 3) Community Member (Volunteer Based). The Legacy Awards are designed to recognize businesses, organizations, and community volunteers who have excelled in their roles to help improve the lives of older adults, individuals with disabilities and caregivers.

To nominate an individual, business, or organization, or faith-based organization for this award, the business must meet these requirements: 1) Must



Might this person be eligible to be a Legacy Award winner?

be doing business and serving clients within Ventura County: 2) Must be providing services for individuals 60 and older; and 3) Must be providing business to individuals with disabilities, and/or caregivers.

Continued on page 13



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Senior Living



There is always a lot more to do at this time of year.

Senior Summer Fun - Workouts and Tips

by Leslie Sokol

Summertime is here and with it comes the desire to get outdoors, breathe fresh air, soak up some sun, and have fun. Enjoying outdoor time and activities with family and friends is sure to lift your spirits and help you maintain your health and vitality, even in later stages of life. Physical exercise will give you power, make you feel stronger and more confident, improve your cognitive skills, and increase energy.

Harness the Power

Whether you're savoring a stunning sunset or watching your grandbaby take her first steps, the feeling of being in the presence of something bigger than yourself is the definition of awe. Awe reduces stress, decreases physical pain, and expands your sense of time. Live in the moment, get your body moving and enjoy nature – it is so beneficial and satisfying. Spend time with friends and family or start a new hobby - having social engagement benefits your mental and physical well-being.

There is always a lot more to do at this time of year as people shake off the winter blahs. Activities such as barbecues, picnics, beach gatherings and more start happening on a regular basis. Use this time to incorporate outdoor workouts. Walking on the beach, throwing a ball or frisbee, hiking on trails or in the woods, exploring nature with family and friends is a chance to bond with loved ones and get in shape at the same time. Whatever you choose to do this summer, make

sure you have fun!

Here is a list of some suggested outdoor exercise and activities:

- Yoga
- Dance Class
- Swimming
- Water Exercise
- Golf
- Gardening
- Hiking
- Pickleball
- Croquet
- Tennis

Healthy Tips for Summer Outdoor Workouts

Increase your hydration levels. Drink before, during and after you exercise. Water is one of the best fluids to drink when engaged in activity. Sports drinks with electrolytes and nutrients help replenish vital minerals that you sweat out. You can also rehydrate by eating summer fruits that contain water, such as watermelon, strawberries, grapefruit and peaches, just to name a few. Be sure to bring one of these healthy snacks with you the next time you workout outside.

Wear comfortable activewear, clothes and shoes that breathe.

Always apply sunscreen and wear a hat if possible.

Recognize when it is better to exercise indoors due to hot weather.

Inform others of your plans and when you anticipate to return.

Avoid slips, trips and falls. Always wear appropriate shoes, stay alert, and

take your walker with you (if you are using one).

Get out early before it heats up.

Get ready, get set for the best summer yet!

Leslie Sokol is the creator and founder of the adult dance and fitness program For the Young at Heart. She has been teaching adults and children for forty-five years. You can watch For the Young at Heart by visiting her YouTube Channel or on TVSB. She also teaches in retirement communities throughout Santa Barbara and Ventura Counties.

For more information contact Leslie at Dancekidsfun@gmail.com 805-312-8089 or visit the website: www.LeslieSokolDance.com



Avoid busy places like shopping malls and other busy areas.

How to prevent your loved one with dementia from wandering

For over 700,000 people in California living with Alzheimer's disease, wandering is a very common symptom that can be dangerous – even life-threatening – and the stress of this risk weighs heavily on caregivers and family.

It is estimated that 60% of people with dementia will wander and become lost at some point, and many do so repeatedly. If not found within 24 hours, up to half of wandering individuals will suffer serious injury or death.

There are several warning signs that lead to wandering, including forgetting how to get to familiar places or talking about fulfilling former obligations, such as going to work and wanting to 'go home' even when at home.

"Individuals who wander often have a specific intention," said Kathryn Westland, Director of Programs for the Alzheimer's Association California Central Coast Chapter. "They may have a personal need such as going to the bathroom. But if they become disoriented, even in a familiar place, this simple task can become a challenge and may prompt them to leave the house."

While preventative measures cannot guarantee that a person living with dementia won't wander, there are certain tips to help reduce the risk of wandering. Identify the time of day the person is most likely to wander. Plan things to do during this time, including exercise, to help reduce anxiety and restlessness.

Ensure all basic needs are met, including toileting, nutrition and hydration.

Create a daily plan and involve the person in daily activities and chores.

Consider using a GPS device, a tracking app or other technology if the person is still safely driving, or remove access to any car keys if the person is no longer driving.

Avoid busy places like shopping malls and other busy areas, which can be

confusing and cause disorientation.

Assess the person's response to new surroundings and do not leave them, providing reassurance if they feel lost or abandoned.

If a family member does wander and get lost, begin your search immediately. Start by searching the immediate vicinity, including "less-traveled" areas in your home. Outside the home, search the yard and nearby surroundings. Most wanderers are found within a half mile of their homes or starting location.

If, after 15 minutes, the person is not located, call 911 to file a missing person's report. California has implemented a Silver Alert, which is activated when an elderly, developmentally, or cognitively-impaired person has gone missing and is determined to be at-risk.

For more information and free support services, visit the Alzheimer's Association online at alz.org/cacentral. Their Ventura office is located at 2580 E Main Street #201, and their 24/7 Helpline is 800.272.3900 for around-the-clock support and information in English and Spanish.

How Is Alzheimer's diagnosed and treated?

by NIH

Doctors may ask questions about health, conduct cognitive tests, and carry out standard medical tests to determine whether to diagnose a person with Alzheimer's disease. If a doctor thinks a person may have Alzheimer's, they may refer the person to a specialist, such as a neurologist, for further assessment. Specialists may conduct additional tests, such as brain scans or lab tests of spinal fluid, to help make a diagnosis. These tests measure signs of the disease, such as changes in brain size or levels of certain proteins.

There is currently no cure for Alzheimer's, though there are several medicines approved by the U.S. Food and Drug Administration (FDA) that can help manage some symptoms of the disease along with coping strategies to manage behavioral symptoms. In 2021, FDA provided accelerated approval for a new medication, aducanumab, that targets the protein beta-amyloid, which accumulates abnormally in the brains of people with Alzheimer's. The new medication helps to reduce amyloid deposits but has not yet been shown to affect clinical symptoms or outcomes, such as progression of cognitive decline or dementia.

Most medicines work best for people in the early or middle stages of Alzheimer's. Researchers are exploring other drug therapies and nondrug interventions to delay or prevent the disease as well as treat its symptoms.

Alzheimer's disease slowly gets worse over time. People with this disease progress at different rates and in several stages. Symptoms may get worse and then improve, but until an effective treatment for the disease itself is found, the person's ability will continue to decline over the course of the disease.

Early-stage Alzheimer's is when a person begins to experience memory loss and other cognitive difficulties, though

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Senior Living

the symptoms appear gradual to the person and their family. Alzheimer's disease is often diagnosed at this stage.

During middle-stage Alzheimer's, damage occurs in areas of the brain that control language, reasoning, sensory processing, and conscious thought. People at this stage may have more confusion and trouble recognizing family and friends.

In late-stage Alzheimer's, a person cannot communicate, is completely dependent on others for care, and may be in bed most or all the time as the body shuts down.

How long a person can live with Alzheimer's disease varies. A person may live as few as three or four years if he or she is older than 80 when diagnosed, to as long as 10 or more years if the person is younger. Older adults with Alzheimer's disease need to know their end-of-life care options and express their wishes to caregivers as early as possible after a diagnosis, before their thinking and speaking abilities fail.

Mild cognitive impairment, or MCI, is a condition in which people have more memory problems than normal for their age but are still able to carry out their normal daily activities. A doctor can do thinking, memory, and language tests to see if a person has MCI. People with MCI are at a greater risk for developing Alzheimer's disease, so it's important to see a doctor or specialist regularly if you have this condition.

If you are concerned about memory problems or other symptoms, call your doctor. If you or someone you know has recently been diagnosed, explore the resources on this website and linked below to find out more about the disease, care, support, and research.

Links found between viruses and neurodegenerative diseases

From NIH Research Matters

Neurodegenerative diseases can damage different parts of the nervous system, including the brain. This may lead to problems with thinking, memory, and/or movement. Examples include Alzheimer's disease (AD), multiple sclerosis (MS), and Parkinson's disease (PD). These diseases tend to happen late in life. There are few effective treatments.

Previous findings have suggested that viruses may play a role in certain neurodegenerative diseases. For example, a recent study found a link between Epstein-Barr virus infection and the risk of MS. There are also concerns about cognitive impacts from SARS-CoV-2, the virus that causes COVID-19.

A research team led by Drs. Mike Nalls, Kristin Levine, and Hampton Leonard of NIH's Center for Alzheimer's and Related Dementias examined links between viruses and neurodegenerative diseases more generally. To do so, they analyzed data from the FinnGen project. This is a repository of biomedical data, or biobank, from more than 300,000 people in Finland.

The team searched the biobank for people who had been diagnosed with one of six different conditions: AD, amyotrophic lateral sclerosis, generalized dementia, vascular dementia, PD, and MS. They then

checked how many had been hospitalized for a viral illness before. To confirm their findings, they looked for the same associations in the UK Biobank, which contains data from almost 500,000 people in the United Kingdom. Results appeared in *Neuron* on Jan. 19, 2023.

The researchers found 45 associations between viruses and neurodegenerative diseases in FinnGen. Of these, 22 also appeared in the UK Biobank. The strongest association was between viral encephalitis — brain inflammation caused by a virus — and AD. A person with viral encephalitis in the FinnGen database was 30 times as likely to be diagnosed with AD as someone without encephalitis. Results were similar in the UK Biobank; people with viral encephalitis were 22 times as likely to develop AD as those without.

The team also found, in FinnGen, the association between Epstein-Barr virus and MS that was described before. The association wasn't seen in the UK Biobank, but this may reflect how the different biobanks use hospital diagnostic codes; Epstein-Barr viruses are common and so often not noted.

Influenza with pneumonia was associated with all the neurodegenerative diseases except MS. The researchers only included cases of influenza severe enough to need hospitalization in the study. Thus, these associations only apply to the most severe cases of influenza.

FinnGen contains data on the same people over time. The team used this to examine how the associations depended on the time since infection. They found that some viral infections were associated with increased risk of neurodegenerative disease as much as 15 years later.

The researchers note that vaccines exist for some of the viruses they identified. These

include influenza, varicella zoster (which causes chickenpox and shingles), and certain pneumonia-causing viruses. Vaccination might thus reduce some of the risk of the conditions they examined.

Reference: Levine KS, et al. Virus exposure and neurodegenerative disease risk across national biobanks. *Neuron*. 2023. Epub Jan 11. doi: 10.1016/j.neuron.2022.12.029.

Legacy Award Continued from page 11

Nominating a Dementia Friendly Business/Organization must meet the criteria of: 1) Doing business and serving clients in Ventura County; 2) Exemplifying the Dementia Friendly Ventura County movement; and, 3) Making strides to better the customer service experience for individuals with dementia and their caregivers. The business or organization must also be providing services for individuals 60 and older, individuals with disabilities and/or caregivers.

In order to nominate a Community Member (Volunteer Based), the person nominated or selected to receive the Legacy Award must be living within Ventura County and must be working solely as a volunteer. This individual cannot be receiving pay for work performed on behalf of their fellow Ventura County residents. This person being nominated for this award must be 60 years old or older and must be providing services for individuals 60 and older, individuals with disabilities, and/or caregivers.

For more information, such as the nominating form, or to learn about past winners of the Legacy Awards, visit <https://vcaa.org/legacy>. Or, call: (805) 477-7306. And, submit your nomination form to roger.horne@ventura.org.



75 outrigger canoes and their teams were racing.

Ventura's outrigger canoe team hosted the Ventura Challenge

by Patricia Schallert

Outrigger canoe boats are various watercraft featuring one or more lateral support floats known as outriggers, which are fastened to one or both sides of the main hull. They can range from small dugout canoes to large plank-built vessels.

An outrigger has a narrow, long and sturdy frame made from buoyant material which is attached to the side of the boat to give it extra stability. They are commonly seen on racing boats and other high-performance vessels.

Ventura's outrigger canoe team, also known as Hokuloa, hosted the Ventura Challenge race on Saturday, May 10th launching out of Harbor Cove Beach. Many of the outrigger canoes and their teams came from as far away as San Diego, Dana Point, Long Beach, Newport Beach, Marina Del Rey, Santa Barbara, Avala Beach and San Luis Obispo County and other cities from Southern California.

Four or five clubs from Arizona and Las Vegas area also participated in the race.

Like most "outrigger canoe" clubs, Ventura has several teams which includes a novice team, women's team, a co-ed team and men's team, and includes master teams. There were three races that took place on Saturday. The novice team did a short course to the pier and back and the women and men's race paddled 12 miles straight out toward the oil rigs and back.

Norm Hudson, a volunteer and supporter of Ventura's recreation team, said there were close to "75 outrigger canoes and their teams that were racing on Saturday."

Even with the cloud cover and some drizzle, it was fun to be a spectator and to participate in the race.

Ventura's Outrigger Canoe Club is a member-run non-profit organization Ventura Outrigger Challenge.

On Vacation



While vacationing in Cleveland John and Royce remembered the Breeze. This is the amazing Heinen's Grocery Store in downtown.



The Pet Page



Dedicated
to Scamp

■ **The Secret Behind Your Pet's Symptoms**
by E'Lise Christensen
DVM DACVB
and Amanda Modes
DVM, Behavior Resident

Determining the cause of animal behavioral disorders can be a puzzle. Problem behaviors aren't just about emotions, past learning history, genetics, and the outside environment, but also physical health. Of course, some behaviors people dislike are normal for that species. But when behaviors are outside the normal range, veterinary behavior teams jump in. We spend our days unraveling these different components to provide the best medical and mental health support for animals who are suffering.

Animals are stellar at keeping medical problems under wraps. This means a lot of people don't realize, and sometimes don't believe, that their pet's health may be impacting their behavior.

Problems affecting nearly every bodily system can lead to a wide variety of behavior issues for any species. If your cat stops using the litter box, it could have a urinary tract infection, diabetes, or knee pain. A dog that runs away when the leash comes out could be scared, but might also have an infected tooth, neck pain, or a skin rash. We all know nausea can lead to drooling, changes in appetite, and vomiting. But did you know that it can also be the cause of floor licking, tiredness, pacing, yawning, avoidance of food bowls, and even pica (eating non-food items like fabric, rocks, or even glass)? Just like people, animals can be nauseated and not vomit. Pain can be a significant, but often overlooked, component to unwanted behavior. Unless your dog is Dug—"the talking dog" from the movie Up—they may not be showing you how much pain they are experiencing, and they may not even react as we would expect on a veterinarian's physical exam.

If your pet is exhibiting behaviors that are atypical for them, or affecting their quality of life, your first visit should be to your regular veterinarian for a medical evaluation. This includes a complete review of your pet's medical history, a full physical examination when possible (even a hands-off exam can be very informative), and any recommended diagnostic tests. Only once medical causes have been ruled out can we be satisfied that a behavioral condition is solely responsible for the pet's symptoms.

Whether your pet's behavioral changes are due to a physical cause, their feelings/emotions, or both, there are typically many treatment options. These may include behavioral modification (training), avoidance of triggering situations, lifestyle changes, supplements, diet change, and/or medications. Many general-practice veterinarians can help you get this process started. If you find your pet needs additional help, a veterinary behaviorist is your next step. Either way, taking the time to work-up and treat any physical and behavioral conditions will make your life with your pet better.

■ When cats get together it can be difficult to tell rough and tumble play from a full-blown scrap. Now researchers say they have decoded feline behavior to

help owners spot when the fur might be about to fly.

Dr Noema Gajdoš-Kmecová, first author of the research from the University of Veterinary Medicine and Pharmacy, in Košice, Slovakia a cat owner herself said understanding feline interactions could be difficult.

"Many owners are asking themselves the question, are these cats playing, fighting? Or what's going on actually? We found out that there was actually very little scientific evidence to guide us in answering this question so we decided to go for it and study inter-cat interactions," she said.

Writing in the journal Scientific Reports, Gajdoš-Kmecová, and colleagues, describe how they examined the behavior of 105 pairs of interacting domestic cats recorded on videos collected from YouTube. They also advertised for cat owners.

The researchers randomly selected 30% of the videos and analyzed the cats' actions to produce six behavioral categories, including wrestling, chasing, vocalizations, and motionless postures such as crouching. Each of the cats in the full sample were then assessed for these categories.

When the team looked at the frequency and duration of each of these six behavioral categories for the different cats they found they fell into three clusters.

Experts within the team then reviewed all 105 videos of 210 cats, labelling each interaction as either playful, agonistic, or intermediate.

The team discovered that the three clusters of behavior found in the initial analysis overlapped with the categorization of the interactions made by the experts, suggesting certain patterns or types of feline behavior could indicate whether cats were having a playful interaction or a scrap.

"When cats are young and when they are wrestling and not vocalizing they are most likely playing," the team write. But when there are extended inactive pauses, vocalizations and chasing, the cats may be in the midst of a fight.

Intermediate behavior, the authors write, was associated with prolonged interactivity and included features associated with both playful interactions, such as lying belly up or pouncing, as well as aggressive behaviors, such as arching the back, and retreating.

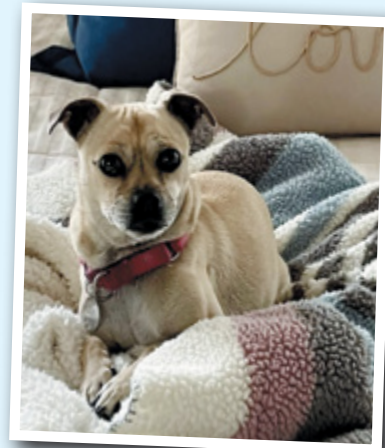
However, Gajdoš-Kmecová said even wrestling could occur in a positive and a negative context, so it was important to look at the overall pattern of behaviors and whether they were shown by both cats. For example, if claws and yowling were involved, a wrestle was unlikely to be a sign of play; and play was also unlikely if only one cat was attempting to engage in wrestling.

Gajdoš-Kmecová said it was important to be aware that a playful interaction could switch into an intermediate or combative situation. "It's very, very, dynamic," she said. "When cats are getting noisy and are avoiding physical contact by [for example] making an inactive breaks during interactions, the situation might be changing to be agonistic."

Gajdoš-Kmecová added that the study showed feline interactions were not always a binary choice between playing and fighting, but that their behaviors could give helpful clues. "Maybe ask yourself are they playing, fighting, or is it something in between."

Scamp Club

(Scampclub pets are not for adoption.)



This is Lola, she is a Pug Chihuahua. Lola loves to run and run some more. She's playful and loves to show that she is the alpha dog to new friends. She likes long walks all the way around the Harbor. In her neighborhood, she loves to explore houses that are not hers, perhaps, looking for treats?

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

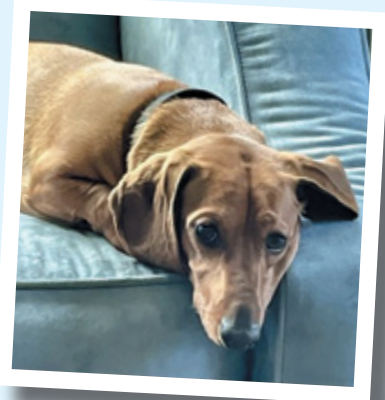
Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.



Lepshi (a dog co-owned by country's Tim McGraw) is a bracco Italiano who competed in the sporting group competition during the 147th Westminster Kennel Club Dog show, and won his breed's debut at the United States' most prestigious dog show.

Forever homes wanted

Hi: I'm Connor, a sweet 1 1/2-year-old Dachshund X in need of a new home. I've been isolated inside a house for most of my life. I get very nervous sometimes and will shake. I'll need someone who can help me build up my confidence. I'm good with small dogs, but I'm not quite sure what to do around larger breeds. I'm amazing with children and would love a human sister or brother. I love all people that I meet. I'm thankful to my sponsor which enabled me to come into CARL's program. Hopefully it's not long before I'm in my forever home. Please fill out an online application to meet me. Canine Adoption and Rescue League C.A.R.L.



I don't have a name yet, I'm Animal ID: A825586.

10 years-old, a male Maltese. I'm sooo cute.
Adoptable Date: Saturday June 17, 2023
Kennel: 121 City Found: Oxnard
Shelter: Camarillo Animal Shelter
VCAS- Ventura County Animal Services

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

Monday 5/29

8:43am, received report of a kayaker in distress near the breakwall. Officers responded in Fireboat and found 1 person in the water and capsized kayak. The person was pulled aboard fireboat and transported to boatyard dock.

Tuesday 5/30

2:01pm, received report of a petroleum spill near VWM B-dock. Officers responded and searched the area, found a small amount of fuel, no source.

Wednes 5/31

9:00am, setting aquatic rescue swim course, 500 meters, in the Pierpont Basin for lifeguard training class with Oxnard Fire Department.

8:55pm, while on patrol, contacted by male transient advising his girlfriend is doing fentanyl in the launch ramp restrooms and she won't answer the door. After investigation with VPD, no one found in the restrooms or in general area.

Thursday 6/1

3:35pm, dispatched to fuel dock at the Launch Ramp for a fall victim. Officers responded, assisted 68 y/o female with abrasions/head pain. Patient transported.

Friday 6/2

2:35pm, dispatched to a fall victim near the South Jetty. Officers responded and assisted a female who fell down the berm towards the water line, no injury from the fall. State Parks Lifeguards,

patrol officers were able to bring her back up.

7:22pm, received report of crowd of 200 high school students gathering at Surfers Knoll. Officers responded with VPD and were able to disperse crowd.

Saturday 6/3

1:30pm, received report of a significant oil spill near Anacapa Island from USCG. They requested we investigate outside Harbor. Officers responded in Fireboat 3 miles offshore, but were unable to locate any oil pollution.

3:45pm, received report of a capsized kayak and person in the water. Officers responded in Fireboat, found the victim was assisted by good Samaritans onto the dock. The victim & kayak transported to her boyfriend's vessel in VHV.

Sunday 6/4

8:36am, received report of transient blocking traffic on Spinnaker Dr. Officers responded, found subject, issued warning, transient laughed moved out of traffic.

9:05pm, received many reports of 300 adolescents partying, lighting fireworks near Surfers Knoll. Officers responded with VPD, able to disperse the crowd.

Monday 6/5

6:50am, observed the 300 high schoolers from last night left a large mess of fireworks, alcohol and fastfood trash. Officers spent hours picking up the mess.



Linda Peters

Diane Edmonds

Special One Hour Evening HARBOR CRUISES

June through October 2023

FARES:

\$18 Adult
\$16 Senior (55+)
\$12 Child (12 & under)

TIME:

6:00 - 7:00PM

LOCATION:

1691 Spinnaker Dr., Lot 4
Ventura Harbor Village

Cruise aboard 64" catamaran in the Ventura Harbor and part of the ventura keys.

SATURDAY DATES:



Diane Edmonds

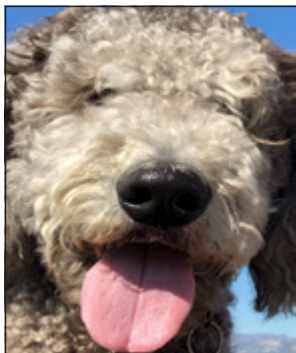
Doug Mangum



Recommend advance reservations.
Book online at IslandPackers.com
or call 805-642-1393



New Downtown Lions Club member's Bill Smith and Breeze Advertising Account Executive Janie Tran (that's her in the middle). At their recent meeting the Club inducted two new members, gave \$5000 to the Salvation Army eye clinic and had amazing guest speakers from the Ventura County sheriff's office canine and mounted units.



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Ventura events

Wanna Play Bridge? Join us for ACBL sanctioned duplicate bridge games every Tues., Wed., and Thurs. at 12:30. All levels of play and we will guarantee to have a partner for you if you need one. Lessons are available. Contact: Richard 805-850-8011 or Rose 805-659-9223 or buckleyrose357@gmail.com. All Welcome.

June 15: The East Ventura Community Council (EVCC) will meet virtually at 7 PM. Visit the EVCC website at <https://eastventura.org/> for the Zoom meeting link. The agenda includes the East Ventura police report from Cmdr. Brown, followed by a presentation from Ventura City Environmental Specialist. Arriana Rabago. The purpose of the EVCC is to encourage residents to understand East Ventura problems, needs and expectations, and to recommend, initiate and/or participate in the development and implementation of programs or solutions. The EVCC facilitates communications between the community and government or other service agencies.

June 20: The Ventura Senior Men's Group continues to meet for a social lunch and program at the Poinsettia Pavilion in Ventura on the first and third Tuesday each month. Men of all descriptions are always welcomed to stop in to sample our shenanigans. Lyle Hotzler at 805-341-9820 Members \$25 for lunch; \$25 annual membership Your first lunch is free Upcoming Speaker Tuesday, June 20th, Bob Harris from the Gold Coast Veteran's Foundation.

June 21: Parents of Murdered Children (POMC) Ventura Chapter is having a

Memorial Rally in Ventura at 10:30 am. It will be on the corner of S. Victoria Ave and Telephone Rd near the government center. It is free and open to everyone. They can bring signs of their loved ones to represent them, so they can also be remembered.

June 28: The College Area Community Council in Ventura, will be holding a Zoom meeting on Wednesday, at 7pm. An invitation and link to the meeting will be sent to everyone on the CACC mailing list. Visit the College Area Community Council website @ <https://caccventura.com> to learn more, to be added to the mailing list or to access a link to the Zoom meeting."

June 30: Join the Chamber monthly Lunchmob at the Harbor Mart located at Portside Ventura Harbor at 947 Schooner Dr. in Portside Ventura Harbor. Meet new people while you have lunch prepared by Harbor Mart.

July 2-23: Ventura College's Schwab Academy of Music will present a series of orchestra and chamber music performances as part of its this intensive three-week summer institute. Talented students perform alongside the Academy's nationally-recognized faculty in a diverse and exciting repertoire. All performances take place in the Helen Yunker Auditorium at the Ventura College Performing Arts Center, located at 4700 Loma Vista Rd..

Tickets Prices:
\$15 General Admission
\$5 Senior/Student
Kids 10 and under free

July 8: From 10:00 a.m. to 3:00 p.m. Ventura Friends of the Library will hold a Book Sale at the Vons at Telegraph and Victoria (6040 Telegraph Rd.).

Books priced from \$.25 to \$5.00. Large selection of children's books, CD's and

DVD's! Contact: Mary Olson (805) 223-1187

July 14: The Chamber will hold a ribbon cutting at the Harbor Mart located at Portside Ventura Harbor at 947 Schooner Dr. Celebrate a new business that is a mini-mart and a fine restaurant.

Sept. 9: Relay for Life of Ventura. 10-10 p.m. at the Ventura County Credit Union, 2575 Vista Del Mar. The largest, most inspiring, and supportive cancer fundraising event on the planet. www.facebook.com/relayforlifeofventura

Color blind visitors to Ventura's Botanical Gardens get new views with a new viewer and glasses

by Richard Lieberman

Recently the Ventura Botanical Gardens announced the installation of a new specialized viewer for color-blind visitors and also new specialized glasses available to borrow. The installation of a specialized scope viewer allows color-blind visitors to see the true colors of the gardens. The viewer is installed at the Merriweather site in the Chilean Gardens.

Often color-blind garden visitors cannot see the vibrant reds, yellows and oranges in flowering plants that are on display. This newly installed special viewer allows color-blind individuals to see the vibrant colors that non-colorblind individuals see. Color-blind visitors now can borrow a limited number of special glasses at the Merriweather Welcome Center and experience the true colors of the gardens for the first time in their lives.

Five color-blind visitors gathered on a Tuesday morning to try out the special glasses that would help them see the rich colors of the garden they have never seen before. They were given the glasses to take home and use for personal use. The visitors for this demonstration were Trent Barnhart, Joshua Goodman, Jeanette Licea, Tom Raetan and Matthew Serrano. The group was aged from 9 to 70 years old, and when they tried out the glasses all were amazed at the newly distinguishable colors of the flowering plants. "The poppies really stand out," said Serrano

Jeanette Licea 9, of Oxnard was amazed trying on the glasses and "I love them," she excitedly gushed out seeing color clearly for the first time. "I like not having to ask my friends what color something is."

Joshua Goodman, 47 of Ventura excitedly walked around the grounds putting the glasses on and off amazed at the difference. He talked about the difficulties of dressing and noted he has always dressed in neutral tones to avoid

We want to hear from you!

Provide your comments on The Ventura County Active Transportation Plan by June 16!

atplan.vcpbublicworks.org

OR



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2023 SCAN Classic (HMO) Benefits for Ventura County include:¹

\$0 Monthly plan premium

\$0 Co pay for Preferred Generic and Generic drugs¹

\$25 Insulin co pay (30-day supply)²

¹Benefits listed are for SCAN Classic (HMO) in Ventura County only. Other SCAN plan options may be available in this county with plan benefits that may differ from those listed here. ¹\$0 copay for Preferred Generic and Generic drugs at SCAN Preferred pharmacies and with mail-order only. ²\$25 insulin available for a 1-month supply through SCAN Preferred pharmacies and mail-order only; Only Humalog®, Humulin®, Lantus®, Lyumjev®, Toujeo®, and Soliqua® are available. SCAN Classic (HMO) is an HMO Plan with a Medicare contract. Enrollment in SCAN Health Plan depends on contract renewal. Y0057_SCAN_20224_2023_M 08152022

S2332 9/22



Board of Directors member Barbara Brown explaining the glasses to color blind participants.

color matching mistakes. Goodman added that color coding “is the worst for me,” Originally a professional in high tech where everything is color coded, he added “And people really like to color code things” Currently Goodman is a voice actor, where his color blindness is not an issue.

The glasses were designed and distributed by EnChroma, the company that invented the glasses. The company offers an accessibility program for museums, gardens and similar institutions that provides a matching pair of glasses for each one purchased by the organization. The glasses are able to help most people who are color-blind see a

greater range of color, which gives them the ability to see sharply, with a greater range of color, and the ability to make what was always a dull landscape pop out, according to EnChroma.

Barbara Brown, a spokesperson for the Botanical Gardens said all the participants get to keep the glasses they tried as a thank you for participating in the demonstration.

The gardens have two pairs of glasses available for visitors use and expects to have more shortly. The garden now has the scope previously mentioned about halfway up the trail that is adjusted for color-blindness Brown added.

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*on select units

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*Rancho Campana PAC, Camarillo

 7/28 Caleb Teicher/ Conrad Tao Duo	 7/29 Dianne Reeves	 7/30 Mark & Maggie O'Connor
 8/4 Ana Vidovic	 *8/5 Special EFX All-Stars featuring Chieli Minucci	 8/6 The Moanin' Frogs



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(Adult Sunday School)
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Dr. Leonard and Lesley DeWitt
Senior Pastor



Jim Monahan, Paul Nickolan, Jeff Bode, Doug Cavagnaro, Matt Valdez, Billy Magee, Dan Smith, David Soo Hoo, and Jim Duran volunteer to keep the flags flying.

Passing the Baton – The American Flag Program

Patriotism has been very important in the City of Ventura. That is why you see “Old Glory” displayed throughout our city. The American flag remains a living piece of history and a source of pride and unity for all Americans.

The flag was so important to Patrick Monahan, father of Jim Monahan our former Mayor, that in the 1930’s he made sure every polling station had a brand-new American Flag displayed throughout the County of Ventura.

Originally, the American Legion and the City of Ventura displayed the flags on Main St. and various other locations. But at some point, this tradition came to a halt.

Jim purchased flags and encouraged the other council members to purchase them as well. When it was time to display the flags in 1993, Corporal Ken Corney (former Police Chief of Ventura) carried the flags from pole to pole and Fire-fighter John Duff (former Fire Captain) climbed up the ladder to secure the flag

to the pole.

A few years later, the International Brotherhood of Electric Workers (IBEW), asked if they could help. Jeff Bode, Business Manager of IBEW, has been organizing the volunteers for several years. Trucks were donated by Taft Electric and Oilfield Electric & Motor.

The Lyons Club, Pier into the Future and many volunteers are responsible for displaying the flags in the other areas of Ventura.

“After 30 years,” says Monahan, “I have decided to pass the baton to Councilmember Jim Duran. I could not think of a better person to continue this very important tradition. Jim has a heart for this country and loves our city.”

New flags are needed to replace the damaged ones. If you would like to purchase a flag for this program, you may do so at American Flags & Cutlery, 305 E. Main St. Ventura 93001. You can call Bryan at (805) 612-6400.

Wine in



the Pines

July 8th
2023

From 1pm-4pm
In the Pine Mountain Club
Village Center

Fine Wineries – Specialty Beers
Gourmet Food – Live Music – & More

Admission

\$60 in Advance – \$70 at The Gate
\$80 Early Entry VIP Tickets
(VIP Tickets must be purchased in advance - VIP entry is from 12pm-1pm)

For Tickets & Information

www.wineinthepines.com
info@wineinthepines.com

You Must Be 21 Years of Age to Attend This Event
Sorry, no Dogs please

Presented by the Pine Mountain Club Commercial Property Owner’s Association, Inc.

On Vacation



While vacationing in Champaign, Illinois, Carol Leish was visiting a long time college friend, Judy (who she met in 1985 at CSU San Bernardino). She brought the Breeze to show Judy her most recent article.



The Ventura Chamber of Commerce held a ribbon cutting at Angel A1 Threading located at 4020 E Main St Ste B-4-2 in Ventura. 805-258-6250. Photo by Michael Gordon.



Emily, Hector and Holly were recognized by the Ventura County Office of Education.

School staff honored

Four Ventura Charter School staff were honored with 2023 Ventura County Office of Education Impact II Awards and will receive \$1,500 in funds to continue innovative curriculum practices. The Awards were presented on May 23rd during the Impact II Awards ceremony in Ventura.

Kindergarten teacher Holly Johnson was recognized for her lesson plan "A World of Feelings: Understanding Our Emotions to Help Ourselves and Others Thrive" and third grade teachers Emily Noel, Hector Rodriguez, and Michelle Wilson were recognized for their lesson plan "Mini Libraries: Access to Books for ALL!"

The Impact II awards began 30 years ago with the purpose of spreading excellent teaching ideas throughout Ventura County. This year, twenty-three Ventura educators submitted seventeen team and individual applications for their innovative curriculum to be judged by a group of educators and community business leaders. Fifteen educators across the county were selected from the individual and team categories for nine awards totaling \$6,500.

Starting as Open Classroom in the 1970's, Ventura Charter School of Global Arts & Education launched in 2006 as a tuition-free public charter school within the Ventura County Office of Education.

EPIC Leadership Center summer program needs volunteers

EPIC Leadership Center, a non-profit organization, is starting its Summer Program in Westview Village, Ventura.

Founded by Christine Wood, DMin about 15 years ago, the EPIC Leadership Center embarked on a mission to transform the lives of families in low income, higher risk neighborhoods in Ventura. Using the golden rule, "Ask yourself what you want people to do for you, then grab the initiative and do it for them", as a guide to create "everyday leadership" regardless of age, education or ethnicity, EPIC created programs that offer children and youth activities that are coupled with character training that has and will transform their lives - one day at a time. In turn, transformed lives empower people to transform neighborhoods.

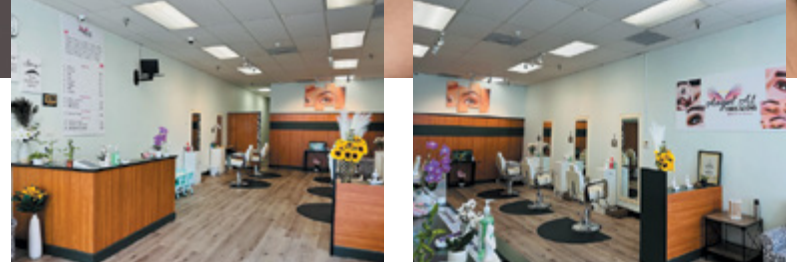
This summer, EPIC plans to provide summer programs to Westview Village three times a week, Monday, Wednesday, and Friday. The programming includes activities such as art, fieldtrips, sports, character and leadership training, and games. EPIC plans to offer parenting classes and summer tutoring or educational activities so students can stay fresh over the summer. EPIC would like to offer surf camp, bike club and style camp, activities that were on-going prior to the COVID pandemic. To meet their goals, volunteers are needed to augment the current volunteers and operational staff through the summer and beyond. EPIC has opportunities for Spanish speakers and translators, drivers, high school mentors and volunteers, with a passion to help transform lives. EPIC anticipates 8-30 kids will attend the summer programming.

In 2023, Chris Wood stepped down as President of the EPIC Board of Directors. Dar Rosario, Ventura, is now the President and plans to work with the board of directors to continue what Chris started, "I am truly amazed at the impact that EPIC has had in Ventura. I am convinced that EPIC can do more with exposure and more financial support." Funding comes primarily through private donations from individual donors. Grants come from local banks and foundations such as Pacific Western Bank, Bank of Sierra, The Haskell fund, the Ventura Downtown Lions Club, and the Rotary Club of Ventura.

EPIC is moving forward and is looking for you; the summer program will truly be transformative. If you want to be part of transforming lives and neighborhoods right here in Ventura, visit epicleadershipcenter.org, for more information, volunteer opportunities, and to donate.

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WHEN

Thursday
 June 22
 7:30am - 9:30am

WHERE

Marriott Ventura Beach
 2055 E. Harbor Blvd., Ventura

TICKETS

(Includes breakfast)
 \$60 Members
 \$80 Non-Members
 \$5 more at the door

KEYNOTE SPEAKER, Matthew Fienup



Matthew is the Executive Director of the Center for Economic Research and Forecasting (CERF) at California Lutheran University. He is also Associate Professor of Economics in the school's Master of Quantitative Economics program.

Matthew is an applied economist who specializes in econometrics, economic policy analysis, land use, and environmental markets. Matthew is a member of the Wall Street Journal Economic Forecasting Survey. He was the recipient of 2019, 2020 and 2021 Crystal Ball Awards for the Zillow Home Price Expectations Survey (formerly the Case-Schiller Home Price Survey). CERF's U.S. home price forecast received multiple top-3 rankings among more than 100 forecasts included in the survey.

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by Pam Baumgardner
VenturaRocks.com

I love summer so much!!! Longer days, more activities including live music and all the beauty that our county provides. I hope you'll take advantage of some of these events.

Free concerts in the park return to Constitution Park in Camarillo this summer with 24K Magic on June 24, the Kings of 88 on July 8, The 805 Social Club on July 22 and Garth Live on August 5. Residents are encouraged to bring low folding chairs, blankets and picnic dinners. Food trucks will be on site.

The 67th Conejo Valley Days will run Thursday, June 15 - Sunday, June 25 at Conejo Creek Park South (Janss Road off the 23 Freeway). Typically, the event runs four consecutive days, but this year it will be over two weekends. Live music includes performances from Mike Scully and the Weary Travelers, 805 Social Club, Colette Lovejoy Band and more. Admission is \$10 (kids under five are free) and includes the entertainment, but not the carnival rides.

Chick Singer Night is switching locations to Namba Arts, downtown Ventura with Kimberly Ford, Karen 805, Sharon Hendrix, Annyett Royale, and Mary Scholz, on Sunday, June 25. And staying with Namba, they'll host "Ventura City Blitz" featuring local artists such as Blurry Stars (also their summer release party), Aaron Burch, the Late Knights, Dielectric, and Ardi on Saturday, June 17.

New West Summerfest lands at Moorpark College for two days, Saturday and Sunday, June 24 and 25. It's quite an eclectic lineup of performers such as Ilya Serov, B. Valentine, Gods of Rock, Mariachi Divas de Cindy Shea and more. Ticket information available at NewWest-Symphony.com.

And of course, you'll want to mark off your calendar for which concerts you want to attend at this year's Ventura County Fair. There're only eight concerts this year on the Grandstand Arena stage: Midland, Patti Labelle, Collective Soul, Ashanti, Trace Adkins, 38 Special, Tesla and Dia de la Familia. And as always, the concerts are included in the price of admission to the fair. The fair runs August 2 - 13.

Quick Notes: Elvis Costello & the Imposters at the Majestic Ventura Theater on Wednesday, June 14; Duncan & the Dragonslayers, Stellar Ruins and Los Xiquenos play Bombays on Thursday, June 15; Barrelhouse Wailers will do an in store performance at Salzer's Records to promote their latest release, "Never Look Back" on Saturday, June 17; Topa Topa Brewing will host their 8th anniversary party on Saturday, June 17, at their Colt Street location with live music throughout the day;

and Fausto Cuevas y la Moderna play a salsa evening of dance at Cantara Cellars on Thursday, June 22.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more listings, additional times and genres go to VenturaRocks.com

Boatyard Pub
1583 Spinnaker Dr., Ventura
Music 6-9; except Sundays 4-7
Wednesdays: Frank Barajas
Thursdays: Jim Friery; Bluegrass Jam
Fri 6/16: Teresa Russell & Stephen Geyer
Sat 6/17: Epitome of Dreams
Tues 6/20: Karen Eden & the Bad Apples
Fri 6/23: Mac and D
Sat 6/24: The CocoKnots
Sun 6/25: Ken Devoe
Tues 6/27: Noah & Friends

Bombay Bar and Grill
143 California St., Ventura
Thurs 6/15: Duncan & the Dragon-slayers, Stellar Ruins, Los Xiquenos

Café Fiore
66 S. California St., Ventura
Wed 6/14: Edgar Thatcher
Fri 6/16: Otis Hayes
Sun 6/18: Jangala Roots
Wed 6/21: Fabulous Hangovers
Fri 6/23: Little Alice
Sun 6/25: Forbidden Fruit

Cantara Cellars
126 N. Wood Rd., Camarillo
Fri 6/16: Cinnamon Whiskey
Sat 6/17: Brandon Ragan Project
Thurs 6/22: Fausto Cuevas y la Moderna
Fri 6/23: Mid Life Crisis

Conejo Valley Days
Old Towne Camarillo
Thurs 6/15: Mike Scully and the Weary Travelers
Fri 6/16: 805 Social Club
Sat 6/17: Colette Lovejoy Band
Wed 6/21: Déjà vu Too
Thurs 6/22: Mike Scully and the Weary Travelers
Fri 6/23: 805 Social Club
Sat 6/24: Toxic Sushi; Colette Lovejoy Band
Sun 6/25: Toxic Sushi

Copa Cubana
Ventura Harbor Village
Tuesdays: Blues Tuesdays
Thursdays: Glenn Bennet
Sun 6/18: Heart and Soul
Sun 6/25: The House Arrest Band

Four Brix
2290 Eastman Ave., Ventura
(Fridays 6-8:30; Sundays 1-3:30)
Fri 6/16: On Tap
Sun 6/18: Clear Sky Trio
Fri 6/23: The Ray Jaurique Band
Sun 6/25: Natalie Gelman

Garage
1091 Scandia Ave., Ventura

Sat 6/17: The Renegades
Fri 6/23: Jahlos & the Rebels

The Grape
2733 E. Main St., Ventura
Tues: The Gratitude Jazz Jam
Thurs Happy Hour: Tom Etchart & Friends
Friday Happy Hour: Fred Kaplan
Wed 6/14: Harvey Wainapel Quartet
Thurs 6/15: Adam Clark ensemble feat. Rachel Flowers
Fri 6/16: Janis Mann
Sat 6/17: Tony Ybarra (2 pm); Tony Ybarra (8 pm)
Wed 6/21: Adam Clark Ensemble
Thurs 6/22: Nee's Bees
Fri 6/23: Plotz!
Sat 6/24: Smokey & Friends (2 pm); Dave Tull Quartet (8 pm)
Sun 6/25: Doug Webb Group feat. Danny Carey

Keynote Lounge
10245 Telephone Rd., Ventura
Thursdays: Open Mic
Fri 6/16: Pull the Trigger
Sat 6/17: Reign
Sat 6/24: The Balance

Leashless Brewing
585 E. Thompson Blvd., Ventura
Thurs 6/15: Singer/Songwriter Open Mic Night
Fri 6/16: The Brandywise Buskers
Sun 6/18: Emily Coupe
Fri 6/23: Mike Beers
Sat 6/24: Morie and the Heavy Hitters
Sun 6/25: Dylan Cunningham

Libbey Bowl
210 S. Signal St., Ojai
Fri 6/16: Julian Marley, the Bad Seeds
Sat 6/17: Missing Persons, Naked Eyes, Stacey Q

The Lookout Bar and Grill
2800 Harbor Blvd, Oxnard
Wednesdays & Sundays : Gary Ballen
Sat 6/24: Stephanie Metcalf & Anson Jackson

Lucky Fool's Pub
75 E. High St., Moorpark
Sat 6/17: 24 Strings

Majestic Ventura Theater
26 S. Chestnut St., Ventura
Wed 6/14: Elvis Costello & the Imposters
Fri 6/16: 805 Local Hip Hop & Rap Night

Manhattan
5800 Santa Rosa Rd., Camarillo
Wed 6/14: Warren Takahashi
Fri 6/16: Jim and Mark Duo
Sat 6/17: Jeanne Tatum Trio
Wed 6/21: Robert Van
Fri 6/23: Tour Support
Sat 6/24: Pam and Hollywood

Margarita Villa
1567 Spinnaker Dr., Ventura
Fri 6/16: Operation 90s
Sat 6/17: Ventura Iris-Ites Possie
Sun 6/18: CRV
Fri 6/23: Three Amigos
Sat 6/24: Crosscut 805
Sun 6/25: Karen Eden & the Bad Apples

Namba Arts
47 S. Oak St., Ventura
Fri 6/16: Jonathan Foster
Sat 6/17: Ventura City Blitz
Fri 6/23: The Listening Room Redux
Sun 6/25: Chick Singer Night

Oceanview Pavilion Performing Arts Theater
575 E. Surfside Dr., Port Hueneme
Sat 6/24: Strange Days, Electrico,

Looking West

Ojai Valley Brewing
307 Bryant St., Ojai
Fri 6/16: Olivia Willhite
Sat 6/17: The Art of Funk
Sun 6/18: Nautical Thrust
Fri 6/23: Lindsey Marie
Sat 6/24: The Brandywine Buskers

Onyx
2390 Las Posas Rd., Camarillo
Fri 6/16: D.on Darox & the Melody Joy Bakers
Sat 6/17: Eliya Frantz
Fri 6/23: George Krikes
Sat 6/24: Ashun

Oxnard Performing Arts Center
800 Hobson Way, Oxnard
Fri 6/23: Petty & the Heartshakers
Sun 6/25: The 3 Divas: Pops, Kuh & Jaya

Peirano's
204 E. Main St., Ventura
Thursdays: Mack and D
Saturdays Frank Barajas
Sun 6/18: Mack and D
Sun 6/25: Vinny Berry

The Raven Tavern
1651 S. Victoria Ave., Oxnard
Fri & Sat 8 pm; Sunday 2 pm
Fri 6/16: Soul Machine
Sat 6/17: Cinnamon Whiskey
Sun 6/18: Smokey & Friends
Fri 6/23: Brandon Ragan Project
Sat 6/24: Jayden Secor Band
Sun 6/25: Teresa Russell

Salzer's Records
5777 Valentine Rd., Ventura
Sat 6/17: Barrelhouse Wailers

The Shores
1031 Harbor Blvd., Oxnard
Fri 6/16: Joe Delia (4 pm); Brandon Ragan (8 pm)
Sat 6/17: Steph's Rockin' Roadshow
Sun 6/18: Karen & the Bad Apples
Fri 6/23: Jake McClland (4 pm); Pull the Trigger (8 pm)
Sat 6/24: Sin Chonies
Sun 6/25: Corsican Brothers

Strey Cellars
951 N. Rice Ave., Oxnard
Sat 6/17: Dive Bar Messiahs
Sat 6/24: Vinyl Gypsies
Sun 6/25: Holgers Heroes

Tony's Pizzeria
186 E. Thompson Blvd., Ventura
Wed 6/14: DNA with Dave Rea
Thurs 6/22: Morie & the Heavy Hitters
Fri 6/23: The Trivle Omdobble
Sun 6/25: Heart & Soul

Topa Topa Brewing
104 E. Thompson Blvd., Ventura
Thurs: Davey Miller Jazz
Sun 6/18: Milo Sledge Trio

Topa Topa Brewing
4880 Colt St., Ventura
Sun 6/25: the Trivle Omdobble

Topa Topa Brewing
2024 Ventura Blvd. Camarillo
Sat 6/17: Jimmy Darin Band
Fri 6/23: Colin Kyffin

The Twist
454 E. Main St., Ventura
Fri 6/16: Dive Bar Messiahs
Sat 6/17: Jayden Secor (noon); Joe Delia (4 pm); Jetlemons (8 pm)
Sun 6/18: Preacher Blues Band (noon); Ken Devoe (4 pm)
Fri 6/23: Brobots
Sat 6/24: Adam & Sam (noon); Dive Bar Steve Trio (4 pm); Shakey Feelin' (8 pm)

Ventura Music Scene



The Channel Islands Harbor Art Festival will return for its 17th year on July 8 - 9.

The art festival hosts both local and regional artists displaying their own original artwork in all mediums of fine art and fine craft. The artwork that will be presented includes ceramics, glass, jewelry, mixed media, paintings, photography, and sculpture in glass, metal, and wood.

The hours are from 10:00 am until 5:00 pm on both Saturday and Sunday. Admission and parking are free. The event will be held at Harbor Landing, 2800 Harbor Blvd., at the corner of Channel Islands Blvd., in Oxnard.

Presented by West Coast Artists. For more information visit WestCoastArtists.com or call 818-813-4478.



The Beatrice Wood Center for the Arts is pleased to present two new exhibitions continuing through June 25th.

Exhibitions at the Center are focused on local artist non-profits and the artists who are involved with educational programming at the Center. In the Beato Gallery, the Center will be presenting The Presidents' Show, In the Logan Gallery will be Of Earth & Fire, a three-person exhibition.

The Beatrice Wood Center for the Arts is located at 8585 Ojai-Santa Paula Road in Upper Ojai.



Arabian, Oil on canvas, **Marilee Stockman**

At Harbor Village Gallery & Gifts Member Show Original Artwork by Buenaventura Art Association Members

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Exhibit Runs thru July 11, 2023

Lots of artwork from our members and even more artisan crafts like jewelry, hand painted t-shirts and totes, tie dye, ceramics, art from found objects, prints, photos, and more!

HVG&G is open 7 days per week, 11am to 6pm

Ventura Art Scene

Sun 6/25: Charlie Baker (noon); Hot Roux (4 pm)

Vaquero y Mar
435 E. Thompson Blvd., Ventura

Sundays: Mariachi
Tuesdays: The Sea Hunter
Wednesdays: Tribal Me
Sat 6/17: CRV

Ventura Harbor Village
1559 Spinnaker Dr., Ventura

Sat 6/17: Surfer Joe Band
Sun 6/18: Unkle Monkey
Sat 6/24: Karen Eden
Sun 6/25: Blown Over

Ventura Music Hall
1888 E. Thompson Blvd., Ventura

Wed 6/14: Matisyahu
Thurs 6/15: Grateful Shred
Fri 6/16: Creed Fisher
Sat 6/17: Dreamers, Robert DeLong

Tues 6/20: Polyrhythmics
Fri 6/23: The Purple Ones
Winchesters

632 E. Main St., Ventura

Music Thurs 5:30; Fri 7 pm;
Sat 2 pm; Sun 3 pm
Thurs 6/15: The Pipes
Fri 6/16: Miss Bix & the Nervous Ticks

Sat 6/17: Teresa Russell
Sun 6/18: Pull the Trigger
Tues 6/20: Open Mic
Thurs 6/22: Brittany & Ben
Fri 6/23: Blown Over
Sat 6/24: Ray Jaurique Trio
Sun 6/25: Ventura Irie-Ites Posse

1901 Speakeasy
740 S. B St., Oxnard

Wed 6/21: Shay Moulder
Fri 6/23: Teresa Russell, Stephen Geyer



Salzer's Records hosted Meet and Greet with Hozier on Saturday, June 3, over 400 turned up! Hozier plays the Santa Barbara Bowl on October 28, his newest release, Unreal Unearth drops August 18.

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MAKER'S MARKET

JUNE 25TH, 10AM - 4PM

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Show Time

A View from House Seats

Elite Offers Delicious Food for Thought

by Shirley Lorraine

Theories of connectedness are explored in *Elite's* current stage offering of "Six Degrees of Separation", a complex play by John Guare. Nominated for both a Pulitzer Prize and a Tony for Best Play, *Six Degrees* tackles class discrimination, relationships, honesty, desires, self-awareness, facades and much more.

The play is unusual in several ways. The actors frequently address the audience, involving them in the action not just as observers, but ultimately as partners in the deceptions being portrayed.

Skillfully directed by Brian Robert Harris, the tightly choreographed action centers around Ouisa and Flan Kittredge (Aileen-Marie Scott and Bill Walthall), a couple flirting with high society as art dealers while barely maintaining their own tenuous social position. Entertaining a potential investor (John Medeiros), their evening is abruptly disturbed by the appearance of Paul (Remy Muloway), a young man who professes to have been mugged and to know their children from college. A smooth conversationalist, Paul impresses them all with his detailed story of being Sidney Poitier's son which rapidly envelopes the Kittredges, causing them to offer their home as temporary respite.

Paul takes advantage of the situation and is asked to leave. Soon he meets a young couple (Stephanie Blaze Bates and Christopher Robin Rubin) just relocated to New York from Utah and repeats a version of his story to gain entrance to their lives ultimately causing destruction. The Kittredges learn that another

couple in their circle has also been led astray by Paul, now recognized as a manipulative con man.

Presented with no intermission, the circles become intense as all the affected people realize how easily their trust was compromised and how connected they became because of this man. Despite Flan's protests, Ouisa is unable to resist attempting to assist Paul, whom she sees as a fellow victim of a tenuous grasp on reality.

The complexity of the play was, at times, a challenge for me to follow. However, I found each character to be so interesting in themselves, how they merged and withdrew to the situation, and the ways in which they were connected that I was nonetheless fully engaged throughout. Several actors, including Amber Shea Hodge and Will Palo take on several personas to fill out the action. All were excellent in their portrayals.

This mind-stretching production deserves full houses. Employing a minimal setting and involving the audience fully allows the actors to tell the story, which reminds us that we are all susceptible to being conned, as we continually con ourselves into certain ways of thinking or perceiving others. This is a deep work presented with a twinkle in the eye and a nod to our need for acceptance and truth, despite our surface misgivings.

The play continues through July 2 with Friday and Saturday performances at 8 p.m. and Sundays at 2 p.m. with one special Thursday evening performance on June 29. www.theelite.org,



Michael Todd, Sculptor, by Donna Granata, FOTM Portrait Series, 2012.

A Special Exhibition from the Focus on the Masters Arts Archive & Library

Focus on the Masters Arts Archive & Library (FOTM) is proud to announce their participation in the 150th Anniversary Celebration of the incorporation of the County of Ventura. FOTM will present *History Is Now, 2023* an extensive selection of photographic portraits, by FOTM Founder Donna Granata, featuring artists from the organization's extensive archives over the summer and fall of 2023.

History Is Now, 2023 will celebrate 150

artists who have made an impact in Ventura County over the past 150 years. From the cutting-edge work of Ojai artist Cassandra C. Jones to the emotionally charged abstracts of Gerd Koch. Each image was created after in-depth documentation and study of the artist and their work as part of the Focus on the Masters Arts Archive & Library's mission and educational programming.

Opening on July 10, 2023, 150 artists portraits will be on display at the Ventura County Government Center, along with a select number of artworks by FOTM documented master artists. The exhibition will travel to the Thousand Oaks Civic Arts Plaza in September 2023 and remain through the fall. Both shows will include an extensive program of artist talks, gallery walks and school visits.

History Is Now, 2023 will include a comprehensive look behind the scenes of the FOTM Arts Archive & Library's 30-year history. A selection of unique objects from the FOTM archive will be on display offering the public a rare look at items collected and preserved for posterity. Additionally, artwork from the FOTM's Learning to See award-winning, in-school, cross-curricular program will be included in the exhibition allowing the public to see first-hand how FOTM integrates its research into lesson plans that emphasize critical thinking, innovation, and diversity.

The FOTM Portrait Series is part of a much larger collection of cultural artifacts

relating to each artist on display. Established in 1994, Focus on the Masters (FOTM) Arts Archive & Library is a non-profit, 501(c)(3), art appreciation program that documents, preserves, and presents the works and lives of accomplished contemporary artists. The archive includes oral histories, videotaped interviews, photographic portraits, and examples of the artists' work.

Much admired for her penetrating interviews of artists, Donna Granata will give a special talk and discuss her development as an artist and historian, as well as address the growth and future of Focus on the Masters with her successor Chelsea Cody.

Guided tours of the exhibition are available by appointment, with priority given to youth groups. For exhibition dates and other information go to <https://focusonthemasters.com>.

Ventura High School Presents 41st Annual Reader's Faire

Ventura High School (VHS) held its 41st Annual Reader's Faire, a cherished event organized by the VHS 10th grade Honors English classes on Thursday, June 1, at Ventura High School.

For over four decades, the Reader's Faire has captivated young minds and fostered a love for reading among children. This unique event showcased the creativity and talent of Ventura High School students who write, illustrate, and publish original children's books, which they present to our elementary student guests.

This year's Reader's Fair theme was "Through Time and Beyond," inviting children to embark on imaginative journeys and explore the wonders of different eras. The stories presented during the event featured characters who learn valuable life lessons and undergo personal growth as they progress on their adventures.

Ventura High School welcomed approximately 1,000 students from nine elementary schools, including both public and private institutions. Students from kindergarten to second grade were able to immerse themselves in the joy of reading, promoting literacy, and encouraging the



Inspiring children to explore the power of reading.

use of their imaginations. The elementary school students attending Reader's Faire were treated to an enchanting experience as they encountered these captivating stories presented in specially designed and decorated habitats, bringing the narratives to life before their eyes.

The Reader's Faire is a testament to the dedication of Ventura High School students, teachers, and staff who strive to inspire and uplift the community through the power of literacy.

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