



# VENTURA BREEZE

Your Hometown Paper

Vol. 15, No. 26 Published Every Other Wednesday Established 2007 September 21- October 4, 2022



## Participants climbed the equivalent of 110 stories

Community members joined the Ventura Fire Department and the Ventura Fire Foundation for a Memorial Stair Climb at 10:00 a.m. on Sunday, September 11, at the Crowne Plaza Hotel.

“Now, more than 20 years after 9/11, the tragedy remains a moment forever etched in our minds and this memorial stair climb is just a small way to honor the first responders and others who were lost that day,” said Fire Chief David Endaya. “We are grateful to help provide the opportunity to recognize those heroes and raise money for the Ventura Fire Foundation.”

Participants climbed the equivalent of 110 stories, the height of the fallen World Trade Center towers. The stair  
Continued on page 6



Ventura Fire Department honored 9/11 fallen heroes. Photos by Patricia Schallert.

## At Ventura’s Board of Education meeting passion and intensity took center stage Part 1 of 2

by Ross Williams

Arriving at the parking lot of the VUSD building on Stanley Ave, I didn’t know what to expect. A long line of cars waiting to pull into a nearly full lot, directed by what seemed to be an ecstatic security guard with a huge welcoming smile on his face, waving everybody in place.

Approaching the building at 6:45 pm on Tuesday September 13th there was a huge crowd outside. There were boxes and boxes of pizza, sodas, people with guitars, tambourines and somewhere in the crowd someone tooted on a jug. Laughing, hugs, the buzz of conversation, everything pointed towards a celebration except for the picket signs and posters with sayings such as “We Love Kids,” “Save The Heart of Foothill,” “For All We’re Worth” and “VESPA Strong.”

As I entered the meeting room I realized that all of the people here were not going to fit inside as I had to weave through people to make my way closer to the front. Taking position, I took up as little room as possible as more and more people began to push their way in. The meeting came to order but the buzz of chatter that still permeated the air and was enough for the board to ask if they could close the door. Which was met with a resounding “Nooo!”

At heart today were two topics of deep passion and deep frustration, the compensation package currently being negotiated between VUSD and the

Teachers Associations and the removal of Foothill Technology High Schools prep periods for teachers. This had brought together the community of people now focusing their energies on the small handful of VUSD board members that sat beyond the wooden pony wall.

First up were students who attend Foothill Tech. At the start of the semester coordinating periods for teachers were cut from their schedules in order to add  
Continued on page 14

The voices were loud and at times raucous throughout the passion filled meeting.



## Harvest your fall savings at the Ventura Townehouse

Call for details 805.919.8312

### VENTURA TOWNEHOUSE

CALIFORNIA'S CROWN JEWEL IN RETIREMENT LIVING

License No. 565801810

www.venturatownehouse.com





## City News



Stephanie Caldwell, Calvin Peterson, Amy Callahan, Dr. Antonio Castro, Jeannette Sanchez-Palacios, Brooklynn Hall, Ms. Anna Winslow, Dr. Jerry Dannenberg and Sabrena Rodriguez at the ribbon cutting event.

### The elementary school transformed into a K-8 based on community needs

Ventura City Council Member Jeannette Sanchez-Palacios, the Ventura Chamber of Commerce, and the Ventura Unified School District (VUSD) Board of Education joined VUSD staff and families for a ribbon-cutting ceremony on Tuesday, August 30, 2022, to officially mark the opening of VUSD's newest K-8 school. The Academy of Technology & Leadership at Saticoy (ATLAS) joins

two other schools in the district, serving students in a K-8 environment.

Before COVID, families in the Ventura Unified School District requested that VUSD look into transitioning some of its elementary school sites into K-8 options, allowing for a smaller learning community compared to more traditional middle school options. The Board and VUSD staff

conducted research, received feedback from staff, students, and families, and decided to transition two of its elementary schools into K-8 options. These schools joined Sunset K-8 School, located in Oak View, which has been in place for many years. Lemon Grove School transitioned to a K-8 last August 2021. ATLAS will begin with a 6th-grade class this year, add a 7th-grade class for the 2023-24 school year, and complete its transition in 2024-25 by graduating its first 8th-grade class.

"This District has a long history of providing as many options as possible for families because we understand every student is different and what they need is unique. We try very hard to offer a wide array of opportunities to really see what your child is interested in and meet them there," stated Board President Sabrena Rodriguez.

ATLAS is a Leader in Me school. The Leader in Me program is an evidence-based, comprehensive model that builds leadership and life skills in students, creates a high-trust school culture, and lays the foundation for sustained academic achievement.

"We became a Leader in Me school in 2013. We then became a Leader in Me Lighthouse School in 2017. Being a Lighthouse School means we are in the top 10% of all Leader in Me schools in the world. There is over 5,000 Leader in Me schools in all 50 states and over 50 countries," stated ATLAS 6th-grade student Brooklynn Hall. "I am so excited to be in 6th grade; this is a whole new start. We at ATLAS have come so far. If you think about it, we might not be standing here if Ms. Winslow weren't our principal; we are so lucky to have her, this school, and all of the people that support us."

say our overwhelming requirement is that you carry Ventura in your heart, and then have the skills to convey that love. Julie has those special attributes and the skills to match. And we look forward to discovering more of her special qualities as her career here unfolds."

Visit Ventura's Communications and Publication Relations Coordinator has a wide range of job responsibilities (other than carrying Ventura in their heart). Communicating means writing blogs, press releases, newsletters, and website text. It also means organizing visits for journalists and influencers and working closely (and warmly) with them; all with the intent of shedding a positive tourism light on Ventura. The Communications and Publication Relations Coordinator also works closely – and with a wide smile – with everyone from Ventura businesses to global tourism organizations like Visit California.

"I am honored and grateful to join the Visit Ventura team. I've been welcomed with open arms and I couldn't have asked for a better place to land," says Madsen, who grew up in Ventura, attending Elmhurst Elementary, Anacapa Middle School and Buena High School. "I'm excited to jump into this role and have the opportunity to share with others why Ventura and its people are so special and unique."

Anyone who wishes to give Julie a warm Ventura welcome (you don't have to be from Ventura to understand the happy power of a warm welcome) can reach Julie at [julie@visitventuraca.com](mailto:julie@visitventuraca.com); 805-641-1400.

And so Visit Ventura continues on the mission it always follows. To do the next right thing for the town they love.

"Julie is perfect for Visit Ventura and Ventura, because the two are one and the same," says Visit Ventura Director of Marketing Mike Laan. "We're so very happy she's here. Because all we want is Ventura to be the best it can be. And now our Visit Ventura team will continue to do everything they can do to help make that so."



Think ambassador to a very special town.

### Visit Ventura welcomes Julie Madsen!

Since Visit Ventura doesn't do soulless press releases, we will tell you that Julie Madsen is caring, smart, talented, dynamic, and yes, a University of California, Berkeley graduate with an honors degree in Media Studies. She is also a Ventura native, making her perfect for Visit Ventura's Communications and Publication Relations Coordinator position.

"We don't hire our employees based entirely on resumes, because no resume completely encompasses the traits that make everyone on the Visit Ventura team unique," says Marlyss Auster, Ventura Visitors and Convention Bureau President & CEO. "If anything you could

### Ventura city council candidates' forum to be held

Hosted by the Ventura Social Services Task Force and Homes For All.

Ventura City Council Candidates are invited to a forum to express their views about affordable housing and homelessness. As noted by a recent City of Ventura survey, the incidence of homelessness has become a top concern for the residents of Ventura. The candidate forum will feature an array of questions regarding housing affordability, services for the unhoused, zoning, Housing Element implementation and much more. Jeffery Lambert will be the moderator for the evening.

Church of the Foothills- 6279 Foothill Road, Ventura 6:30-9PM, Wednesday September 28. City Council Candidates for Districts 1, 4, 5 and 6

**FOSTERING THE NEXT WAVE**

Kids & Families Together  
[kidsandfamilies.org](http://kidsandfamilies.org)

MORE THAN CONQUERORS SURF  
[mtcsurf.org](http://mtcsurf.org)

A surf inspired celebration supporting foster youth and families.

5:30PM-9PM  
CROWNE PLAZA VENTURA BEACH  
TOP OF THE HARBOR BALLROOM

# NOV 5 2022

450 E. HARBOR BLVD.  
VENTURA  
CALIFORNIA

**Buffet & Drinks | Short Films | Hula Dancing  
Music | Auction | Guest Speaker | and More!**

For more information visit [mtcsurf.org](http://mtcsurf.org) or [kidsandfamilies.org](http://kidsandfamilies.org)





# City News



Bowen, Cocain and Sommars enjoying the return of the Fair.

## The Show Must Go On: Welcoming the Fair Back After the Pandemic

by Kylee Brown

The Ventura County Fair has long been a much-anticipated staple in Ventura’s beach community, bringing family, friends and visitors together. Like most events, it had some adjustments during the pandemic, including being canceled altogether in 2020 and 2021. In August of 2021, however, there was a smaller event called the Summerfest Carnival that was held at part of the fairgrounds by a separate organization, which was warmly welcomed by a community that had been missing a fair-like experience.

The official county fair returned this year with the theme “Country Fair with Ocean Air”, and also commemorated its 147th year. Locals were excited to welcome it back, and shared their thoughts about the ways the event has evolved since the pandemic.

Carrie Cocain, a 14-year-old Ventura native, has been going to the fair for as long as she can remember. She shared that this year was also really special because of the connections made with friends. “I’m glad

that this year the fair is back and we got to see all the exhibits and animals again,” Cocain said.

Some folks were hesitant to even visit any event due to concerns about safety in crowds and the pandemic, but Alma Dearas, from Oxnard decided to give it a try nonetheless. “We were iffy about coming to the fair even at the end of the pandemic, but I had just had my baby and wanted to go as a family,” said Dearas. She appreciated that the fair once again encapsulated the entire fairground area as in former years.

One special thing about being a Ventura County local for many is growing up going to the fair every summer. High school sophomores Tristan Sommars and Alanna Bowen have been in attendance since elementary school. When asked if the 2022 fair has changed for the better, Sommars explained that there are now more things to do and because of that, it seems like a bigger demographic of people travel to the fair from other areas.

## Love VC, Inc. Presents Love Ventura – A City Wide Day or Service

Love VC, Inc. and Title Sponsor Greg Abrams of American Pacific Mortgage proudly presents Love Ventura. The day of service kicks off October 1st where volunteers will be deployed to 1 of 10 different project locations that collaborate with a variety of non-profits that serve the city of Ventura. The event will kick off with a morning rally at Plaza Park, in downtown Ventura, where volunteers come to get checked in or signed up, collect their Love Ventura t-shirt, grab some breakfast, and enjoy live music and a few activities to get excited and motivated for

their day.

Love VC, Inc. is proud to bring Love Ventura to the city for the first time and will be making this day of service an annual project. Love Ventura will be partnering with 9 different non-profits and organizations to provide 10 projects that the community can rally behind and provide services where needed. Projects range in both difficulty and function, making it possible for all ages, abilities and desires to participate – from manual labor and beautification projects, to painting and cleaning, and encouragement projects that work directly with people.

Morning Rally runs at Plaza Park from 8-9:30am

Service Projects begin at 10am and end at 1pm

Volunteers are asked to pre-register for their desired project at [www.loveventura.org](http://www.loveventura.org)

To learn more about event host Love VC, Inc. - visit [www.lovevc.net](http://www.lovevc.net)

# “I LOVE YOU” NEVER GETS OLD.

Make sure your favorite people know you care about them today and every day!

**JOSEPH P. REARDON**  
FUNERAL HOME & CREMATION SERVICE  
757 E. Main St. • Ventura, CA 93001  
805-643-8623  
FD#883

**BOYKO & REARDON**  
TELEGRAPH ROAD MORTUARY & CREMATION  
15 Teloma Dr. • Ventura, CA 93003  
805-765-4137  
FD#2390

[ReardonFuneral.com](http://ReardonFuneral.com)

©adfinity®

## Authors Luncheon Fundraiser

### Saturday, October 15, 2022

Four Points by Sheraton, 1050 Schooner Drive, Ventura

Doors open at 9:00 am  
Authors Program Begins Promptly at 10:00 am  
Luncheon 12:00 Noon

**\$65 per person**  
(\$30 tax deductible | Tax ID # 95-2100846)

**Authors’ Presentations -  
Fabulous Silent Auction – Raffle**

- 🍁 **Betsy Blanchard Chess** – Non-Fiction Author
- 🍁 **Sheila Lowe** – Fiction Author
- 🍁 **Sarah Lynn Scheerger** – Children’s Author

🍁 **Register online at:**  
[AssistanceLeagueVenturaCounty.org](http://AssistanceLeagueVenturaCounty.org)

🍁 **Please R.S.V.P. by: October 7, 2022**

- Free Self Parking
- All proceeds benefit our philanthropic programs, which include Operation School Bell®, B.U.F.F.Y. Bear, Care Closet, and Scholarships. Thank you for helping us enrich the lives of children in need in Ventura County!
- Tickets will be held at the door. Should you be unable to attend, please consider your ticket purchase a donation.





# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

PUBLISHER-EDITOR

Sheldon Brown  
publisher@venturabreeze.com

PUBLISHER EMERITUS

Staci Brown

ASSISTANT TO THE PUBLISHER

Ana Baker

CONTRIBUTING WRITERS

Richard Lieberman · Shirley Lorraine  
Sheli Ellsworth · Carol Leish  
Cindy Summers · Pam Baumgardner  
Elizabeth Rodeno · Mira Reverente  
Amy Brown · Richard Senate  
Patricia Schallert · Ross Williams

CONTRIBUTING PHOTOGRAPHERS

Richard Lieberman · Michael Gordon  
Patricia Schallert · Yana Khyod

In Memoriam Breezy Gledhill

DISTRIBUTION

Mary Thompson · Alfred J. Lewis  
Richard Lieberman · John Murchison  
Jerry Cranham · Colleen J. Garner

ACCOUNT EXECUTIVE

Cindy Summers

WEB/ONLINE ADVISOR

Cindy Summers

EXHIBITION COORDINATOR

Jaime Baker

PRINTING

CA Web Print, Inc. (626)281-8989

CONTACT US:

EVENTS & HAPPENINGS  
events@venturabreeze.com

OPINIONS

opinions@venturabreeze.com  
ARTICLES AND PHOTOS

editor@venturabreeze.com

THE PET PAGE

scampclub@venturabreeze.com

ADVERTISING

advertising@venturabreeze.com

**Ventura Breeze**

PO Box 832

Ventura, CA 93002

Phone 805.653.0791



The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

Nothing in life is  
to be feared, it is  
only to be  
understood. Now  
is the time to  
understand more,  
so that we may  
fear less.  
– Marie Curie

## Opinion/Editorial



Sheldon Brown  
Publisher-Editor

■ Motivated to provide better **homeless** services, the Ventura City Council amended its 2022-23 budget by adding 2 new police officer positions.

The positions for the department's patrol task force will cost \$409,000 annually. The City Council held a lengthy debate on this subject and voted 5-1-1 to approve the positions.

■ Artists at Ventura's **Art City** studios received a final notice ending the lease on the property located at 197 Dubbers St. Art City has been there for over 37 years. The amazing outdoor property features stone and wood sculptures and an array of other art forms. They were instructed to vacate their studios by Sept. 30. This will not be an easy task as much of the artwork there weighs hundreds, if not thousands, of pounds and finding another location will be extremely difficult.

The reason for this is quite simple

- this property is worth millions of dollars, and the owner certainly has the right to evict them. It's a sad loss for Ventura (if they can't relocate).

■ Another staple of Ventura, the **Ford of Ventura** dealership is closing in October. A reason has not been given. It is located at 3440 Main St. across from the Pacific View Mall.

The original dealership, R.E. Barber Ford, was owned by the Barber family until 1960 when Larry Meister purchased the dealership. When Meister died in 2005 his wife Barbara continued running it, along with several other dealerships. She slowly sold her dealerships and sold the Ford dealership to Sil Gonzales in March 2014, when it was renamed Ford of Ventura.

**Barbara Meister** has remained a great contributor to the arts and non-profits in Ventura.

■ Ventura's own Patagonia founder **Yvon Chouinard** (and family) is giving his company away. They have transferred their voting stock, valued at \$3 billion, to the new Patagonia Purpose Trust. The remaining 98%

shares of the company was donated to the Holdfast Collective, a non-profit that will receive all of the company's profits, close to \$100 million a year to fight climate change and organizations that will protect wild land and fight the climate crisis.

Yvon started manufacturing in 1957 when he created a line of reusable climbing spikes, and from that it grew into a world-wide clothing manufacturer all motivated by his love of the outdoors.

Patagonia has always been selected as one of the best places to work in the country.

This is where it all began. Great Pacific Iron Works was Patagonia's very first store. They opened their doors in 1972 in the old Hobson meat packing plant a short drive to Yvon Chouinard's Tin Shed blacksmith shop. The store carries an assortment of quality Patagonia outdoor clothing and gear for the whole family. Located as part of their company "campus" at 235 W Santa Clara St.

■ California has launched a publicly funded website to promote the state's **abortion services**, listing clinics, linking to financial help for travel and lodging and letting teenagers in other states know they don't need their parents' permission to get an abortion in the state.

The website is part of Gov. Gavin Newsom's pledge to make California a sanctuary for women seeking abortions now that the U.S. Supreme Court has overturned Roe v. Wade - the landmark 1973 decision that said states could not ban abortion.

The state budget includes \$200 million to strengthen access to abortion services in California, including \$1 million to build a website promoting the state's abortion services.

On the other hand, the West Virginia Legislature (and other states) has passed a bill that will prohibit nearly all abortions except to save a pregnant person's life or in certain cases that involve rape or incest (very nice of them).

According to the draft of the bill, any physician or other licensed medical practitioner who intentionally or recklessly performs or induces an abortion in violation of the law could be subject to discipline, including losing their medical license.

■ Governor Gavin Newsom also signed legislation authored by Assemblymember Jesse Gabriel (D - Woodland Hills) to help California better address the **global climate crisis**. Assembly Bill (AB) 1384 will empower California's state agencies and departments to implement comprehensive climate adaptation strategies that outline governance, goals, and metrics to ensure the state meets its climate adaptation goals.

"Climate change is real and is impacting communities throughout California on a daily basis," said Assemblymember Gabriel. Could that be why it was 100 degrees here a few weeks ago?



## Mailbox

Mr. Brown,

I was cleaning out my emails and, oh my, I never saw this. My sincere condolences. **Breezy** was so sweet and helpful to me whenever we interacted. This makes me so sad. Thank you for sharing with me Mr. Brown.

Please take care.

Michelle Michel

Dear Sheldon:

We remember **Breezy** as a fun person on the many trips that she escorted for the city of Ventura. She always had a positive attitude and was willing to help when needed. We will miss her.

Bill and Beverly Flothmeier

Jan and Lynn Brumby

Dear Sheldon:

Sending well wishes and peaceful thoughts to you and the Breezy family. **Breezy** was wonderful.

Lysa Urban

Sheldon:

Thanks for your sponsorship of the 2022 Music Under The Stars Concert

Series. The ads helped us sell out the 8 concerts in record time. Thank you for everything.

Kathryn Dippong Lawson- Public Art,  
Cultural Education & Historic Site Supervisor

Sheldon

Right on about Liz Cheney. Smart, honest and responsible. Exactly what we need in American politics. As for Lindsey Graham and Matt Gaetz, we need them out of office and out of sight.

r.a.lombardi

Our Wooden Pier

The pier is steady below,  
For it lifts the high tide.  
A pounding of coastal waters,  
Against the growl of the sea.

A riptide is stirring below,  
While a wooden pier takes on water.  
for it holds onto the seashore,  
And stables our wooden ship.

All hands-on deck,  
"it's a tempest through."

by Jeffrey Russell

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words





# News & Notes



CAPS Media crews covered the fire department open houses.

## A big hello from CAPS MEDIA

Fall is in the air. School is open. Election season is here. CAPS and KPPQ are rockin'.

CAPS Media crews have stayed busy throughout the summer covering events and producing productions for the City, County and the community at large. In August CAPS was InThe House for Ventura Fire Department's Community Meetings and Workshops.

At City Hall, every week CAPS directs coverage of multiple meetings, many in a hybrid format, providing access and information for the entire citizenry. Meetings include City Council, Planning Commission and others. Many are live on CAPS Channel 15 and livestreamed on the City site.

CAPS crews also documented the recent City General Plan and Design Review Committee meetings held at the Museum of Ventura County and the Poinsettia Pavilion on August 30 & 31. Both meetings are posted on the City YouTube page.

Currently CAPS' focus is assisting the City Public Information team with the production of Mayor Rubalcava's 2022 State of the City presentation which will be shown on Thursday, September 22 at the Chamber of Commerce breakfast at the Crowne Plaza.

CAPS crews have been busy producing videos updates on the relocation of the Downtown Farmers Market to Main Street, the opening of the new, 2nd entrance to Community Park and other projects. Currently in the works are video projects for VPD and other City divisions.

CAPS is also working with Ventura County on their production of the 2022 State of the County presentation scheduled for November 2. At the same time CAPS continues working with the County Registrar's office on materials for the upcoming election, County Public Works on a training video and County Fire on a training video.

With the school year starting the newest class of ECTV students have begun their training at the CAPS Media Center. Every Friday the ECTV teenagers take over the center under the guidance of master mentor Phil Taggart. Along with the training and ongoing productions, CAPS and ECTV are collaborating on a unique project this election season. All candidates for City Council and VUSD board seats are invited to record a campaign message and be interviewed by ECTV students in the CAPS Studio. These videos will be given to the candidates for their use. In addition, CAPS will include various election forums on Channel 6 as part of the regular election programming.

Longstanding CAPS and KPPQ member Kathleen Good, an outstanding radio DJs, was featured in the Breeze in the last issue. Check it out. KPPQ continues to fill the radio airwaves with terrific local programs including Kathleen's "In the Women's Room" featuring interviews with local experts, historians and more. Pam Baumgardner's "The Pam Baumgardner Music Hour" features the many talented local artists. Pam and Kathy are also valued members of the CAPS Media Board of Directors. Mark's "The Pure Rock" brings rock to all and has developed an international following. Nadine Piche produces Ventura Vibe! featuring many local treasures of the community. Doc Ventura brings the best of blues to the KPPQ audience. Tune in to 104.1 FM, the CAPS Media Radio page and the myTuner app. Check out the podcast page located on the radio page of CAPSMedia.org.

The CAPS Media Executive Board continues to play it safe and has decided to hold off on reopening the CAPS Media Center to the public. The CAPS team misses the collaboration and comradery of being together in the center and working directly with the public. However, for now, everyone accepts the trade off and will remain closed and revisit this issue at the end of the year.

## Author's luncheon fundraiser to support the Assistance League® of Ventura County

On Saturday, October 15th the Assistance League® of Ventura County will be hosting an Author's Luncheon at the Four Points by Sheraton Ventura Harbor. This fundraiser features three amazing authors, each representing a different genre (non-fiction, fiction, and children's books). Each of the writers will be discussing their work, diving into how they weave together the stories that grace the pages of their books. The event includes a three-course luncheon, silent auction, and more, with all proceeds benefitting the philanthropic programs of Assistance League® of Ventura County. Below are some details about

Continued on page 16



On Sunday, September 11, an event was held at the Olivas Adobe Historical Park called

Rancho Days celebrating life on the Rancho. Celebrating what it was like to live, work, and play on Rancho San Miguel! This annual family-friendly event featured hands-on activities like quilting, roping, gold panning, music, and more and was especially enjoyed by the young attendees.

Photos by Michael Gordon.

★ VENTURA'S PREMIER FOOD AND BEVERAGE TASTING BENEFIT FOR THE HISTORIC PIER ★

# ★ Pier under the Stars ★

OCTOBER 1, 2022

★ 5-8 PM ★

BEACHFRONT PROMENADE NEAR THE VENTURA PIER

\$85 GENERAL ADMISSION INCLUDES:

- ★ FOOD SAMPLING
- ★ WINE AND BEVERAGE TASTINGS
- ★ DRESS IN HAWAIIAN ATTIRE IF YOU LIKE!

Dancing under the Stars

★ PLUS ★

Live Music by Mid Life Crisis

★ PARKING IS LIMITED - UBER IS SUGGESTED

TICKETS: BROWNPAPERTICKETS.COM

FOR QUESTIONS CALL 805.804.7735 ★ 21 YEARS OF AGE OR OLDER EVENT ★ PIERINTOTHEFUTURE.ORG





# Real Estate/Development

## New developments being proposed, approved or under construction in Ventura

### Two Eleven (PROJ-22-0092)

Location: 211 East Thompson Boulevard (District 1)  
 Description: A new 6-story mixed use building with 94 units and 3,181 square feet of commercial space on a 0.92 acre site.  
 Status: Third submittal under review  
 Hearing Info:  
 Design Review Committee September 21, 2022  
 Planning Commission TBD  
 City Contact: Gene Burse, Senior Planner,  
 gburse@cityofventura.ca.gov



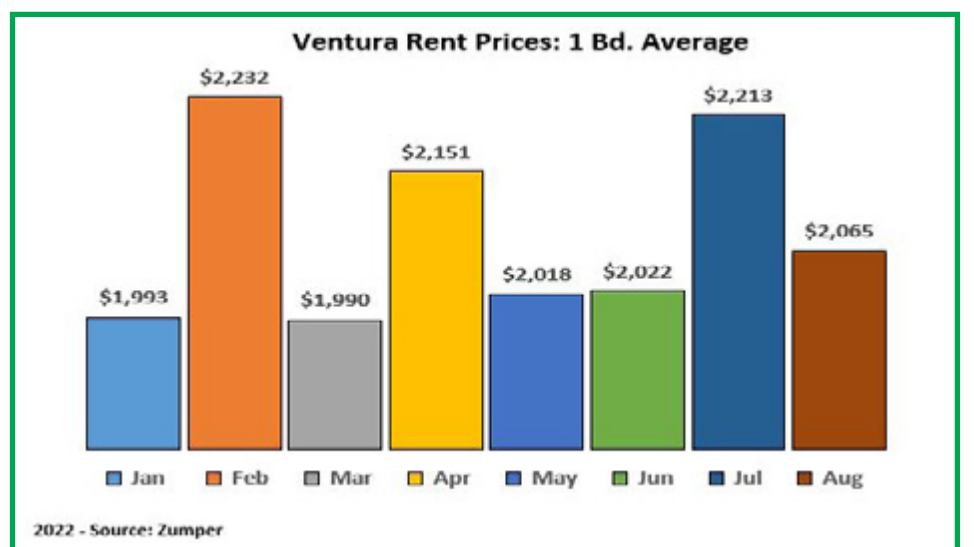
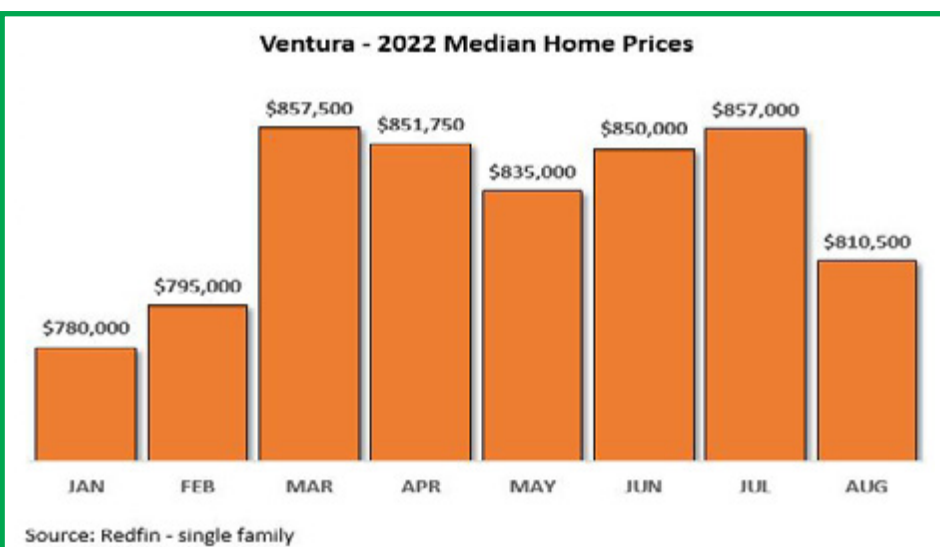
### Samet Apartments (PROJ 11836)

Location: 102 South Garden Street (District 1)  
 Description: A new 3-story residential building with 19 units on a 0.3 acre site.  
 Status: Awaiting Resubmittal  
 Hearing Info:  
 Design Review Committee: 03/03/21  
 Planning Commission: 09/28/22  
 City Contact: Levi Hill, Principal Planner,  
 lhill@cityofventura.ca.gov



### 141 N Ventura Ave Renovation (PROJ-14897)

Location: 141 North Ventura Avenue (District 1)  
 Project Description: Renovate an existing commercial building to have two (2) retail suites and nine (9) residential units on a 13,950 square foot site.  
 Status: Scheduled for Hearing  
 Hearing Info:  
 Design Review Committee: 09/21/22  
 Director's Hearing: TBD  
 City Contact: Shaveta Sharma, Contract Planner  
 ssharma@4leafinc.com



**Moving In?**  
**Moving Up?**  
**Moving Out?**

**I can help you with that!**

BERKSHIRE HATHAWAY | California Properties HomeServices

© 2022 Berkshire Hathaway HomeServices California Properties is a member of the franchise system of BHH Affiliates, LLC. BHH and the BHH logo are registered service marks of Columbia Insurance Company, a Berkshire Hathaway affiliate.

**ADELA TRAINOR**  
**DRE 01985025**  
**805.701.7694**  
**TEAMTRAINOR12@GMAIL.COM**

**Participants climbed 110 stories**  
 Continued from page 1  
 climb is not a timed race and participants climbed at any desired level.  
 Venturans who were interested in participating in the climb attended as a spectator in support of the event.  
 The memorial climb honored the 343 New York City Fire Department firefighters killed in the attacks on the World Trade Center in 2001, the 60 first responders who died that day from multiple agencies, as

well as the 200 firefighters who have since died from illnesses related to the attack.  
 The Ventura Fire Department supports the Ventura Fire Foundation's mission to enhance the lives and provide assistance to firefighters and their families. The Ventura Fire Foundation currently serves families from CAL Fire, Fillmore Fire, Oxnard Fire, Ventura County Fire, the Naval Base of Ventura County Federal Fire, the US Forest Service, and Ventura City Fire.





“Give it to me doc, I’m ready.”

## Which vaccines do older adults need?

As you get older, a health care provider may recommend vaccinations, also known as shots or immunizations, to help prevent certain illnesses.

Talk with a doctor about which of the following vaccines you need. Make sure to protect yourself as much as possible by keeping your vaccinations up to date.

COVID-19 is a respiratory disease that causes symptoms such as fever, cough, and shortness of breath. Older adults are more likely than younger people to get very sick from COVID-19. The disease can lead to serious illness and death.

The Centers for Disease Control and Prevention (CDC) recommends that older adults stay up to date with COVID-19 vaccines, including booster shots. Read more about COVID-19 vaccines from the CDC. Contact your local health department or visit [Vaccines.gov](https://www.vaccines.gov) to find out where you can get vaccinated.

Flu — short for influenza — is a virus that can cause fever, chills, sore throat, stuffy nose, headache, and muscle aches. Flu is very serious when it gets in your lungs. Older adults are at a higher risk for developing serious complications from the flu, such as pneumonia.

The flu is easy to pass from person to person. The virus also changes over time, which means you can get it again. To ensure flu vaccines remain effective, the vaccine is updated every year.

Ideally, you should get your vaccine by the end of October each year so you are protected when the flu season starts. It takes at least two weeks for the vaccine to be effective. However, if you have not received your flu vaccine by the end of October, it’s not too late — flu season typically peaks in December or January.

There are flu vaccines designed specifically for people age 65 and older. Medicare will pay for the vaccine, and so will private health insurance plans. You can get a flu vaccine at a doctor’s office or local health department, as well as at some grocery stores, drug stores, and pharmacies.

Pneumococcal disease is a serious infection that spreads from person to person by air. It often causes pneumonia in the lungs and it can affect other parts of the body. Older adults are at higher risk than younger people of getting very sick or dying from pneumococcal disease.

The CDC recommends that all adults 65 and older get pneumococcal vaccination. This vaccine will help protect you from getting a serious infection, including pneumonia. There are two types of pneu-

mococcal vaccine available (PPSV23 and PCV13). Talk with a health care provider to find out which one is best for you, or if you need both.

Shingles is caused by the same virus as chickenpox. If you had chickenpox, the virus is still in your body. As you get older, the virus could become active again and cause shingles.

Shingles affects the nerves. Common symptoms include burning, shooting pain, tingling, and/or itching, as well as a rash with fluid-filled blisters. Even when the rash disappears, the pain can remain. This is called post-herpetic neuralgia, or PHN.

The shingles vaccine is safe, and it may keep you from getting shingles and PHN. Healthy adults age 50 and older should get vaccinated with the shingles vaccine.

You should get a shingles vaccine even if you’ve already had chickenpox or the chickenpox vaccine, or if you don’t remember whether you had chickenpox.

You can get the shingles vaccine at a doctor’s office and at some pharmacies. Medicare Part D and private health insurance plans may pay some or all of the cost. Check with Medicare or your health plan to find out if it is covered.

## Microglia are special cells of the immune system that help protect the brain and nervous system

NIA researchers discovered that individuals with a DNA variant that has an effect only in an immune cell present in the brain, called microglia, have an increased risk of developing Parkinson’s disease. Their study results, published July 27 in *Science Translational Medicine*, suggest scientists should consider cell type when examining possible causes of Parkinson’s and other neurodegenerative disorders.

Microglia are special cells of the immune system that help protect the brain and nervous system by eating damaged cells or pathogens. The variant

# Senior Living

the researchers found originates in a region of DNA near the leucine-rich repeat kinase 2 (LRRK2) gene, but not inside of the gene. The researchers knew that mutations in the LRRK2 gene and in DNA regions close by LRRK2 contributed to Parkinson’s, but the mechanism for how these variants led to the development of the disease, as well as which cell types were involved, remained unknown.

To address the question, the researchers used brain samples that had previously been sequenced by the North American Brain Expression Consortium. The researchers performed single nuclei RNA sequencing to identify which types of cells in the brain had instructions for making the LRRK2 protein. Once they determined that multiple types of brain cells — including oligodendrocyte precursor cells, excitatory neurons, and microglia — could make lots of LRRK2 protein, they needed to verify which group of

cells worked to increase the risk of Parkinson’s. The researchers established that one particular variant increased Parkinson’s risk through microglia, despite being present in many other cell types. The discovery advances the science a step closer to understanding the involvement of gene variants in disease progression.

Scientists have found that people who are members of families that develop late-stage Parkinson’s have mutations in the LRRK2 gene. The current results suggest that people who do not have a family history of the disease may benefit from therapies that inhibit LRRK2, currently in clinical trials. Additionally, the new findings imply microglia with dysfunctional LRRK2 protein may contribute to the inflammation and neuronal death seen in Parkinson’s.

This research was conducted by NIA Intramural Research Program scientists, projects ZIAAG000947 and Z01AG000949.

**I VOLUNTEER BECAUSE**  
*it's a family value that has been passed down for generations.*

Jim B.

**FIND YOUR NEXT VOLUNTEER OPPORTUNITY AT**  
[www.vccaregivers.org](http://www.vccaregivers.org)

Kirby Subaru is honored to treat each Volunteer Caregiver with a free car wash as a thank you for their service to seniors throughout Ventura County.

**YOUR LOCAL INSURANCE RESOURCE CENTER**

**AMERICAN LEGACY SOLUTIONS**

SPECIALIZING IN  
MEDICARE · LONG TERM CARE  
INVESTMENTS · DENTAL  
LIFE INSURANCE  
ESTATE PLANNING

5808 TELEPHONE ROAD · SUITE 200 · VENTURA, CA 93003  
805.684.6480 [WWW.ALEGACY.COM](http://WWW.ALEGACY.COM)





ENJOY THE MOMENT.  
SAVOR THE DAY.

INDEPENDENT LIVING AT ITS FINEST

Cypress Place ensures that life here is exciting, from well-designed apartment homes to delicious dining and enriching activity offerings.

Maintenance-free living allows you to spend your time how you wish – set free from the task of daily chores and empowered to *live extraordinarily*.

## Independent Living Studios Starting at \$2795/month

MONTHLY RENT INCLUDES THREE CHEF-PREPARED MEALS A DAY, ACCESS TO AMENITIES, AND DAILY SOCIAL ACTIVITIES.  
OFFER VALID THROUGH 9/30/22.



# Cypress Place

## SENIOR LIVING

Call (805) 835-4072  
to Learn More!

1200 Cypress Point Lane • Ventura  
[cypressplaceseniorliving.com](http://cypressplaceseniorliving.com)



LIC # 567609978



## Senior Living



Trained instructors make a difference in the lives of those enrolled in classes.

## Volunteers needed to train as instructors for senior exercise programs

Volunteer leaders are needed to teach with RSVP's two popular senior exercise programs. No experience is necessary to become an instructor for RSVP Bone Builders and Tai Chi: Moving for Better Balance. The first training step is to attend a class and observe. Interested volunteers then attend a free training session to learn the program and prepare for teaching.

Trained instructors make a difference in the lives of those enrolled in classes, as well as contribute to their own well-being by engaging in a regular exercise program. Both RSVP exercise programs are free and open to the public. Classes operate in RSVP's four-city service area of Oxnard, Ventura, Camarillo and Port Hueneme. Call 805-385-8019 for more information about trainings.

### Training Schedule

**RSVP Bone Builders** This is an osteoporosis exercise and education program in which participants use light weights to build bones while also improving their balance and making new friends. There are currently 21 classes scheduled in RSVP's four-city area, but several have lengthy wait lists. By training more instructors we will be able to add more classes and accommodate the community's interest in this program. Volunteer instructor trainings are scheduled for: Tuesday, September 27 Tuesday, November 15 Tuesday, February 14 Tuesday, May 16

Volunteers attend one day of training before being paired with an experienced instructor to practice and ready for leading their own class. All trainings run from 9:00am to 3:00pm in Oxnard. Lunch is provided.

Tai Chi: Moving for Better Balance (TCMBB)

TCMBB is an evidence-based program. This simplified tai chi for seniors helps reduce repeat falls by 55% among participants and teaches proper body alignment and balance. Training is scheduled for:

Saturday, October 1, 9am-3pm (lunch is provided) Monday, October 3, 1pm-4pm Monday, October 10, 1pm-4pm Monday, October 17, 1pm-4pm

One must complete all four training days and document 30 hours of practice before being considered for certification as an instructor. All training sessions will be held in Oxnard.

RSVP is a volunteer engagement program, helping people age 55 and older find volunteer positions that match their interests, talent, and available time. It both recruits and places volun-

teers with nonprofit partner agencies as well as overseeing the two distinct exercise programs designed for seniors. Volunteer positions are available in RSVP's four-city service area of Oxnard, Ventura, Camarillo and Port Hueneme.

Oxnard RSVP has about 350 members and is locally sponsored by the City of Oxnard with grant funding from the federal AmeriCorps. To learn more about the benefits of being an RSVP member, for help finding a volunteer position or more information about the trainings, call 805-385-8019.

## Skin cancer is a very common cancer in the United States

The main cause of skin cancer is the sun. Sunlamps and tanning booths can also cause skin cancer. Anyone, of any skin color, can get skin cancer. People with fair skin that freckles easily are at greatest risk. Skin cancer may be cured if it is found before it spreads to other parts of the body.

There are three types of skin cancers. Two types, basal cell carcinoma and squamous cell carcinoma, grow slowly and rarely spread to other parts of the body. These types of cancer are usually found on parts of the skin most often exposed to the sun, like the head, face, neck, hands, and arms. But they can happen anywhere on your body. The third and most dangerous type of skin cancer is melanoma. It is rarer than the other types, but it can spread to other organs and be deadly.

Check your skin once a month for things that may be signs of cancer. Skin cancer is rarely painful. Look for changes such as a new growth, a sore that doesn't heal, or a bleeding mole.

Some sun can be good for you, but to keep your skin healthy, be careful:

Limit time in the sun. It's okay to go out during the day, but try to avoid being in sun during peak times when the sun's rays are strongest. For example, during the summer, try to stay out of the sun between 10 a.m. and 4 p.m. Don't be fooled by cloudy skies. The sun's rays can go through clouds. You can also get sunburned if you are in water, so be careful when you are in a pool, lake, or the ocean.

Use sunscreen. Look for sunscreen with an SPF (sun protection factor) number of 15 or higher. It's best to choose sunscreens with "broad spectrum" on the label. Put the sunscreen on 15 to 30 minutes before you go outside. Sunscreen should be reapplied at least every 2 hours. You need to put sunscreen on more often if you are swimming, sweating, or rubbing your skin with a towel.

Wear protective clothing. A hat with a wide brim can shade your neck, ears, eyes, and head. Look for sunglasses that block 99 to 100 percent of the sun's rays. If you have to be in the sun, wear loose, lightweight, long-sleeved shirts and long pants or long skirts.

Avoid tanning. Don't use sunlamps or tanning beds. Tanning pills are not approved by the U.S. Food and Drug Administration (FDA) and might not be safe.

Your skin may change with age. But remember, there are things you can do to help. Check your skin often. If you find any changes that worry you, see your doctor.





## Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

### Indecent Exposure Arrest

On September 10, at 12:00 pm, officers responded to the area of St. Pauls Drive and Loma Vista Rd. regarding reports of a single male subject engaged in lewd activity in public.

While searching for the subject in the 200 block of St. Pauls Dr., officers located 37-year-old Moorpark resident Richard Pulido actively engaged in the lewd activity. Pulido is on active parole for Indecent Exposure and is a registered sex offender.

Pulido was booked at the Ventura County Jail for violating his parole conditions and engaging in lewd activity in public.

### Assault with a Deadly Weapon, Possession of a loaded firearm Arrest

On September 13, at approximately 8:30 pm, officers responded to a report of an assault with a knife that had just occurred in the parking lot of the Pacific View Mall. Upon arrival, officers determined the victim was sitting in his vehicle waiting to pick up his fiancé from work,

when he observed a vehicle hit a raised planter as it was traveling through the parking lot. The victim rolled his window down to ask the driver, 38-year-old John Barlow, if he was alright. Barlow began yelling obscenities at the victim, and then exited his vehicle and threw a knife at the victim, which struck the victim's vehicle causing a visible dent.

The victim exited his vehicle to check on the damage and called 9-1-1. While the victim was on his phone with police dispatchers, Barlow walked over to the victim and punched him in the face, causing him to drop his phone. Patrol officers arrived on scene and detained Barlow without incident. While speaking with Barlow, officers suspected he was under the influence of alcohol. While searching his vehicle incident to arrest, officers located a loaded handgun on the front passenger seat. A records check revealed that Barlow was a convicted felon and cannot possess firearms.

The victim was transported to a local hospital and treated for non-life-threatening injuries. Barlow was booked at Ventura County Jail for misdemeanor driving under the influence, felony assault with a deadly weapon, felony vandalism, and (5) additional felonies related to a prohibited person carrying a loaded firearm in a vehicle.

## This 'n' That

The Bookmark

### About Libraries and Friends

by Mary Olson

Ventura County Library has announced this year's One County, One Book selection: **Taste Makers: Seven Immigrant Women Who Revolutionized Food in America** by Mayukh Sen.

One County, One Book is a program which aims to unite the Ventura County community around a common narrative, spreading interest in and facilitating discussions about the selected book.

Taste Makers is Sen's book debut and was published in November of 2021. In it he explores America's modern culinary history through the lives of seven path-breaking chefs and food writers. Stretching from World War II to the present, the deeply researched stories of China's Chao Yang Buwei, Mexico's Elena Zelayeta, France's Madeleine Kamman, Italy's Marcella Hazan, India's Julie Sahni, Iran's Najmieh Batmanglij, Jamaica's Norma Shirley, and an interlude about Julia Child, weave together histories of food, immigration and gender.

Mayukh Sen is a James Beard and IACP Award-winning writer whose work has been anthologized in three editions of The Best American Food Writing. He teaches food writing at Columbia University's Creative Writing program.

Copies of the book will be available to borrow from all Ventura County Library branches. Discussions and related events will run through the month of October.

Cal Lutheran will present a panel of professors and alums to talk about the role of food (like chocolate) in American history and culture with Dr. Sam Claussen, Chef Antonio Sessa ('15), and Dr. Michaela Reaves at **Cal Lutheran's Lundryng Event Center (130 Overton Ct, Thousand Oaks) on Thursday, October 20, 7:00 to 8:30 pm.** For more information about the panel,

contact Michaela Reaves at reaves@Cal-Lutheran.edu

**The Hill Road Library Book Club** will discuss the One County One Book selection at their October meeting, Tuesday, October 25 at 5 pm.

**One County, One Book culminates with a special author event with Mayukh Sen at 2 pm on Saturday, November 12 at California State University, Channel Islands' Grand Salon.**

**Registration for the Author Talk with Mayukh Sen is free but required.**

To offset the travel and venue expenses of the free author event, the Ventura County Library Foundation is hosting Passports, a lively discussion with local food influencers followed by small bites representative of the food cultures in Ventura County. Passports will begin at noon in the Grand Salon. Topics ranging from County food trends to local and worldwide food issues will be led by CAPS Media Executive Director Patrick Davidson. Guests will include local restaurateur Chef Tim Kilcoyne, recently returned from Lviv, Ukraine where he served as Director of Chef Operations for World Central Kitchen, to Monica White, CEO and Executive Director of Ventura's Food Share. Tami Chu, editor of Edible Ojai & Ventura County and Chef Adam Hart of Oxnard College's culinary program will weigh in on local farm-to-table practices. Ukraine-raised Masha Rumer will round out the discussion on how family traditions are shared through generations of recipes and how they morph from country to country.

Tickets for both events are available starting September 20 at [www.vclibrary-foundation.org](http://www.vclibrary-foundation.org), free for the author event and \$75 for Passports.

**Sponsors of the One County, One Book program** are Premier America Credit Union, the Ventura County Community College District, the Ventura County Star, Conejo Valley Lifestyle Magazine, Mustang Marketing, Montecito Bank & Trust, the Ventura Friends of the Library, and the Ventura County Library Foundation.



## Ventura author Lorenzo Destefano's debut novel, "House Boy", wins prestigious "American Fiction Award"

American Book Fest, an online publication providing coverage for books from mainstream and independent publishers, has announced the winners and finalists of its 2022 American Fiction Awards. Now in their sixth year, the

latest American Fiction Awards are for titles published between 2020-2022, in over 70 genre specific categories. These books, reviewed by a distinguished panel of industry judges, represent a phenomenal mix of storytelling skills from a wide array of publishers throughout the United States.

"HOUSE BOY", winner in the "Multicultural Fiction" category, is an urban thriller with socio-political and racial overtones, a fact-based tale that Lorenzo first read about in the UK in the mid-90s and has been working on ever since, between his many other film, theater and literary projects.

His novel inhabits a shadowland where ancient traditions take root and prosper in our so-called modern world. In the polite suburb of Hendon, North London, behind the windows of an undistinguished house at 321 Finchley Lane, exist domestic horrors performed by desperate human beings upon their chosen victim, such as passersby could scarce imagine. In this house, the lives of a young Dalit man, Vijay Pallan, and an older Brahmin woman and her son, Binda & Ravi Tagorstani, intersect as if decreed by history. Through the increasingly disturbing encounters between these three characters, the reader is exposed to the harsh realities of the caste system and modern slavery, the boundless capacity for human pain, and the ultimate blessing of even one man's survival.

Published June 7, 2022 by Atmosphere Press, the book has received glowing reviews, including...

"Evocative imagery, sociopolitical relevance, and a compelling storyline. Vijay's traumatic experiences transcend fiction and read like an authentic, con-

Continued on page 14





## The Pet Page



**Dedicated to Scamp**

What appeared to be a mysterious illness that killed more than 20 dogs recently in northern Michigan was later identified as canine parvovirus. No outbreaks have been reported in Oklahoma, but the disease is still a threat.

Although parvovirus is a severe and highly contagious disease, it is highly preventable with proper and complete vaccines, said Dr. Barry Whitworth, Oklahoma State University Extension veterinarian and food animal quality and health specialist.

"Parvovirus can be a threat to all dogs, but unvaccinated dogs and puppies younger than 4 months old are at the greatest risk," Whitworth said. "And despite their vaccination status, puppies in that age range do have a window in which they are susceptible to the virus."

Parvovirus is spread by direct dog-to-dog contact and contact with contaminated feces. The virus can also contaminate water and food bowls, collars, leashes and the hands and clothing of humans who have handled an infected animal.

Signs of parvovirus include:  
Lethargy, Loss of appetite,  
Abdominal pain and bloating,  
Fever or low body temperature and Vomiting.

It's important for pet owners to be aware of persistent vomiting and diarrhea as this can lead to rapid dehydration, and damage to the intestines and immune system can cause septic shock. Most canine deaths from parvovirus occur within 48 to 72 hours following the onset of symptoms. Whitworth said it's critical to get a symptomatic dog to the veterinarian immediately.

Dr. Rosslyn Biggs, OSU Extension veterinarian and director of continuing education for the university's College of Veterinary Medicine, said proper and complete vaccination and good hygiene play pivotal roles in preventing the disease.

"Many pet owners enjoy taking their dogs to the local dog park or other places, such as doggy day care, obedience classes and groomers. Multiple opportunities for your dog to come into contact with other dogs should be a big motivator to ensure your pet is vaccinated," Biggs said. "Talk with your veterinarian about the proper vaccination schedule for your pet."

It is recommended puppies start parvovirus vaccines between 6 and 8 weeks old and receive a booster every three to four weeks until they are 16 weeks when antibodies from their mother's milk have faded. Once the initial series of vaccines have been given, a booster vaccine should be administered one year later, then repeated every three years thereafter or as directed by your veterinarian.

"Intelligence is the result of diverse cognitive traits that allow individuals to flexibly solve different types of problems," Fugazza explained. "Giftedness refers to an extremely good capacity in the case of a specific skill." So, maybe gifted dogs are like people who score high on the verbal part of the SATs.

If your pup doesn't learn words

easily, it doesn't mean it's a dumb dog. Adam Boyko, an expert in canine genomics, reassures owners that canine intelligence is more than that.

"Both dogs and wolves are playful when they are puppies, but dogs really evolved to living in the human environment and to responding to social cues," said Boyko, a specialist in the genetics of behavior and an associate professor at the Cornell University College of Veterinary Medicine. "It's not surprising that the more playful ones exhibit better learning in the domain of learning human words. And it's not surprising that Border collies, who are bred to respond to human cues, show the propensity to learn words more than other breeds."

"Other breeds of dogs might show intelligence in other ways," Boyko said. "For example, wolves are very intelligent although they don't typically pick up on human cues."

"But they can figure out how to escape," said Boyko. "Where dogs would look for a person to help, wolves would see how humans did a latch and lock and then the wolves would do it themselves to get out."

One thing that can't be determined from the study is whether the playfulness trait spurred owners to interact more with their dogs and thus teach them more words, said Dr. Nicholas Dodman, a professor emeritus at the Cummings School of Veterinary Medicine at Tufts University, CEO and president of the Center for Canine Behavior Studies and the author of "Pets on the Couch: Neurotic Dogs, Compulsive Cats, Anxious Birds and the New Science of Animal Psychiatry."

The new findings might help people who want to buy or adopt a puppy. It suggests that playfulness might be a good attribute to consider.

"The playful ones might be more likely to interact with a person, assimilate words more easily and be more intelligent," said Dodman.

A Columbia couple is hoping to raise awareness about poisonous mushrooms after their beloved dog died from eating them in their yard. Mike and Cindy Casto found their dog Ruffles, a Cavalier King Charles Spaniel, had gotten into some mushrooms. They brought her to their primary veterinary clinic and an emergency veterinary hospital but lost her a little more than 24 hours later.

When the Castos brought Ruffles to Shandon-Wood Animal Clinic, staff there said she was comatose.

Dr. Courtney Cauthen, Associate Veterinarian at Shandon-Wood, treated Ruffles. "Liver values were so high on the machine that it couldn't read them," she said.

Ruffles was then taken to the South Carolina Veterinary Specialists & Emergency Care hospital, where she had clotting issues.

The Castos said that she was given plasma transfusions to reverse the damage, but they were unsuccessful.

According to Cauthen, the Amanita and Galerina mushrooms are the most dangerous for pets and can cause liver failure.

Since the mushrooms can vary in

## Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Mocha Schwartz 14-months-old Australian Shepard Poodle mix (really). I like to play all day (especially ball) and I'm one of the friendliest dogs in the neighborhood, I like all dogs everyone loves me .



## Join Scamp Club

**Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.**

**Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.**

color and size, she said it is best to assume all mushrooms growing in yards could be harmful to pets.

"Try to scan your yard the best that you can before you let them out, pick up as many as you can that you see and toss them away," Cauthen said. "Generally, when I let my dogs in the backyard, I'm scanning, I'm picking them up and putting them in food bags and throwing them away."

"They unfortunately don't know things that are dangerous for them to eat so we have to do our best to prevent it the best we can," she said.

"We've told our neighbors and they have dogs, and we just want them to go out and check your yard and see if you have any mushrooms, get rid of them or keep your pet inside," Mike said.

There is no known cure, but Cauthen said if you see your dog eating a mushroom, you should rush them to a clinic so that they can induce vomiting and try to get it out of their system.

A Polish scientific institute has classified domestic cats as an

"invasive alien species," citing the damage they cause to birds and other wildlife.

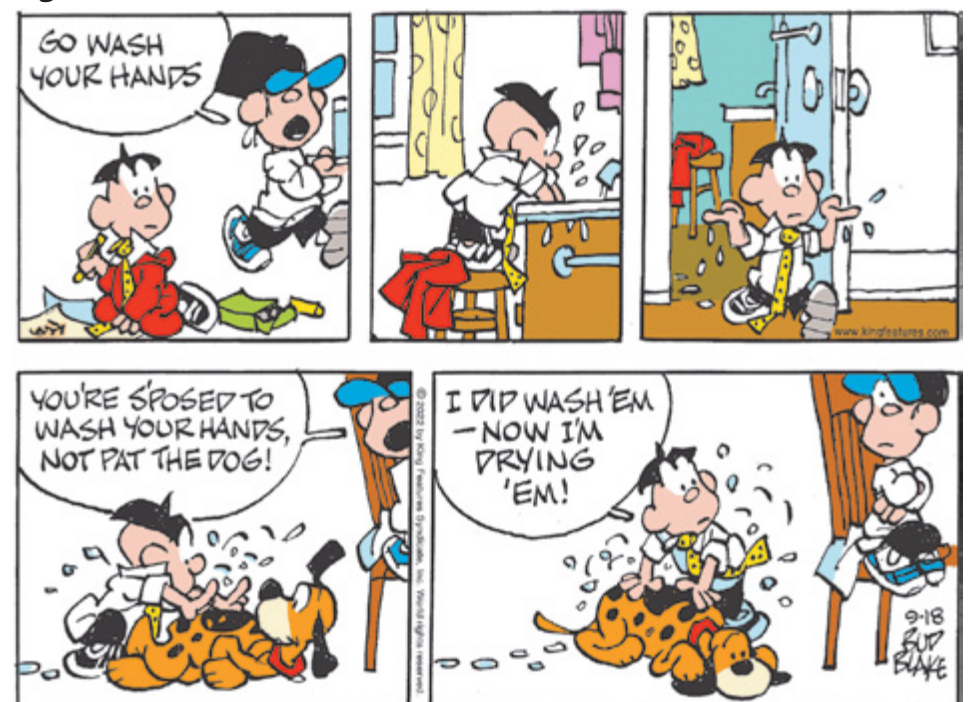
Some cat lovers have reacted emotionally to this month's decision and put the key scientist behind it on the defensive.

Wojciech Solarz, a biologist at the state-run Polish Academy of Sciences, wasn't prepared for the disapproving public response when he entered "Felis catus," the scientific name for the common house cat, into a national database run by the academy's Institute of Nature Conservation.

The database already had 1,786 other species listed with no objections, Solarz told The Associated Press on Tuesday. Invasive alien species No. 1,787, however, is a creature so beloved that it often is honored in Poland's cemeteries reserved for cats and dogs.

Solarz described the growing scientific consensus that domestic cats have a harmful impact on biodiversity given the number of birds and mammals they hunt and kill.

### Tiger





# The Pet Page

## Forever homes wanted

Help us help Lucy! Lucy has fractured a few teeth and has bleeding gums from attempting to chew through the chain link fence in her run. We are desperately searching for a foster or forever home for this girl. This sweet senior gal enjoys her walks at the kennel and loves both staff and volunteers. Unfortunately she is showing signs of kennel stress and is getting anxious in the noisy, scary kennel environment. Lucy is one of our senior gals and while she does not require much, she would prefer to be the only fur baby in the home. If you think you might be able to house this girl and provide her with much needed respite from the kennel, please fill out an online application. Canine Adoption and Rescue League C.A.R.L.



their school and their children. And it's hard work. There's insurance and taxes, logistics and scheduling. Not to mention the long hours and hard labor involved in the design and decor.

I've always felt a little awkward hawking candy at Christmas for my kids and pushing for financial contributions for various school activities. My wonderful wife, a dedicated PTA volunteer and Girl Scout Troop Leader never had such qualms. Because she's seen how the sausage is made. That every wonderful activity throughout the school year is made possible by our donated dollars and the wonderful people that roll up their sleeves.

We should all be so proud of our communities' programs. They are all made possible by us as a whole. They are the definition of community.

asked what gives him the greatest satisfaction, Spencer Garrett said "I think what we have done well and still do is to create an atmosphere where people can meet and make life-long friends." There are still 32 people who have been members ever since the clubhouse opened in 1977. As they did for the 40th Anniversary in 2017, the Garretts have invited the Charter Members to a special reception the afternoon before the club wide party. On tennis court #1 on Saturday, October 15th, this year's party, "Retro 70s", will feature desserts, drawings and dancing to the tunes of D.J. Scott Christopher. Once again party proceeds will go to benefit a local non-profit. This year the Food Share of Ventura County is the beneficiary.

Club Manager Kerrie Anderson, who first started at the Club in 1986 as a Fitness Director, is excited about the planned renovations to the Pierpont Racquet Club. "Like so many other small businesses we have been challenged the last couple years by the pandemic. We are thankful to all our members who stuck with us during periods when operations had to cease. Today our tennis and swim programs are as strong as ever and many of our members are now into playing pickleball. Our gym and fitness classes continue to see more and more members getting back into their routines. We also have seen a influx of new members, especially young families. It is great to see so much activity at the Club again" added Kerrie.

When asked about future plans, Spencer Garrett said, "Scott and I never gave much thought to what was in store 10 years after we opened let alone 45. We've been blessed with so many great employees and members that this has never felt like a job. It's been a privilege to see all that we have created and I know the future will be even brighter. I look forward to 2027 when we will host a party to celebrate our 50th year." Pierpont Racquet Club 500 SanJon Road, Ventura, CA 93001 (805) 648-5161 www.pierpontrc.com

## 45 years old and still going strong

When the PRC first opened its clubhouse doors 45 years ago this October 1st it was one of the first multi-purpose clubs in the United States. Tennis and swim clubs were common and racquetball was growing in popularity throughout the country. Yet the Garrett brothers were among the first to combine tennis, racquetball, swimming and a workout room to create a private membership club. Fourth generation Venturans, Scott and Spencer Garrett returned to Ventura in the summer of 1975 and started developing the Club on 5.5 acres leased from the Pierpont Inn. With the backing of their parents Betty & Joe Garrett they attracted a few investors and secured a loan from the Bank of A Levy. Over the years the Garretts have continued to make improvements to the Club to keep pace with the changing needs of its members.

There aren't many businesses that make it through 45 years. When

Elliot is a playful 5-year-old domestic shorthair cat. He is an indoor-only cat who plays like a kitten and loves to be petted. He arrived at our shelter with a microchip, but we were unable to contact his owner, so Elliot is looking for his forever home. If you'd like to meet Elliot, schedule an appointment at <https://www.vcas.us/adopt> or come down to the shelter during normal Adoption Hours of 1:00pm - 6:00pm Tuesday - Sunday. If you have questions, please contact us at (805) 388-4341 or [info@vcas.us](mailto:info@vcas.us). Animal ID: A804678



## This 'n' That Community at it's finest

by Ross Williams

After almost two years, the gates of Juanamaria Elementary are finally open to parents. I've had the pleasure of walking my children to the doors of their classrooms. I've seen the hooks lined with colorful backpacks in the halls and the happy children running to the playground as we parents all said our goodbyes. My wife and I were even able to sit at our daughter's desks during Back to School night and have a quick chat with their teachers. School is back to normal and it's fantastic.

The first few chaotic days of school are done and everyone has settled into the rhythm of the new school year. But there is a part of the school community that has been hard at work for months. The PTA/PTO Parent Teacher partnerships at our schools have been busy preparing all summer long. These hopeful parents are excited to be a part of their children's academic lives and happily volunteer their time, energy, resources and patience.

I didn't understand the amount of time and real focus that the parents who volunteer regularly put in. It truly is a "80-20 rule" relationship with a small percentage of the parents doing most of the heavy lifting. The PTA is run as an all-volunteer community program and these parents put in time and energy in exchange for their children to be able to participate in core memory, building fun activities and programs.

A field trip? A dance? A fun hula hoop assembly? All put together by the PTA and funded by programs such as the Sport A Thon, sales of T-shirts and candy, dining out collaborations with local restaurants and so much more. Each activity is made possible by the school children and their families. The work that they put in and the money that they collect make every single event possible.

With the PTA at the forefront, this is a community at its finest. All coming together for the good of

**"By redeveloping El Portal, we are ensuring that this area is safe and clean and that the residents can remain by keeping the rents affordable."**



Oscar, Property Manager  
Housing Authority of the City of San Buenaventura  
El Portal Mixed-Use Property, Ventura

When we all have a safe place to call home, our entire community thrives as a more inclusive, healthier, and prosperous environment. That's why we are dedicated to improving rental market affordability by lending to developments that result in equitable homes built in neighborhoods that foster harmonious communities and cultivate diversity.

**We are all worthy of safe and affordable housing.**

**HOUSING TRUST FUND**  The leading early-funding lender for developers creating affordable housing options in Ventura County.  
Everyone deserves a home

(805) 384-1144 | [www.HousingTrustFundVC.org](http://www.HousingTrustFundVC.org)





by Pam Baumgardner  
VenturaRocks.com

It's not that I hate being the bearer of bad news that summer is officially over as we usher in fall, that's because fall isn't so bad for us here in Ventura. The autumnal equinox is September 22 and as far as I'm concerned, the weather is perfect for taking in live music; but let's be honest, the weather is always perfect for taking in live music!

The Port of Hueneme hosts the 2022 Banana Festival on Saturday, September 24, with live music from Teka Penteriche (Brazilian Bossa), Justo Almarino and his Afro Colombian Jazz Ensemble, Teresa James and the Rhythm Tramps with her special brand of Texas blues rock, Richardo Lemvoy Makina Loca, with Victor Vega and the Bomb capping off the day. There is no admission and parking is free for this one at 105 E Port Hueneme Road from 10 am to 6 pm.

One of my favorite nights out is also a fundraiser for a great cause, Pier Under the Stars. This ticketed event raises money to help preserve our Ventura Pier providing emergency funds when big waves do their inevitable damage to the pilings. The non-profit is called Pier into the Future and the evening helps to keep their vision alive. From 5-8 pm on Saturday, October 1 on the beachfront promenade next to the north side of the pier, the outdoor event features food, wine, and other beverages from local merchants. The live musical entertainment this year will be from Mid Life Crisis, so plan to dance "under the stars" as well.

It's an early start to Oktoberfest over the weekend at September 24 at Lucas Sellers Wine in Moorpark features live music from Festmeister Hans und Die Sauerkrauts, Der Matterhorn Band, Hazelnuss Das Music and Sauer Sam and & Tablecloth Band. Along with the German live music, there will be a stein hoisting competition, axe throwing, vendors marketplace, petting zoo and more! Sounds like fun for all ages; I even spotted a mention of this one on KTLA weekend news.

Marty Van Loan and Jeff Evans are at it again with the release of their CD from the Mini Bar Project. They'll perform new songs and old favorites in a rare live performance at the Santa Paula Theater Center on October 1.

Congratulations to the one of the original dive-bars in the county, the Rudder Room, as they celebrate their 60th anniversary on Saturday, September 24, with Teresa Russell performing 1-5 pm.

Not quite a 60-year milestone, but it's a milestone none-the-less as Ojai Valley Brewery celebrates their 1-year anniversary with what they're calling Croptober Fest 2022, which also falls on Saturday, September 24. Reggae reigns from 5-10 from Cornerstone, Morie & the Heavy Hitters and Jacob & the Good Vibes. This one is a ticketed event and will help to benefit the Humane Society of Ventura County.

And my favorite jazz spot, the Grape,

will also celebrate their one-year anniversary on Saturday, October 1 with the return of Casey Abrams.

New shows at Ventura Music Hall Kabaka Pyramid with Jordant on Oct. 13 Tai Verdes on November 9 Thee Sinseers & the Altons with Rudy de Anda on November 12 Skeggs on March 6, 2023

Mark your calendar (more details next issue) for Surf n Suds (October 8), the Highland Seaside Highland Games (October 8-9) and Boots and Brews with Tim McGraw (October 14).

Quick Notes:

Billy Vera and the Beaters play the Grape on Thursday, September 22; teen band out of Camarillo, No Idea, play El Rey Cantina on Sunday, September 25; Wednesday, September 28, is the next free Rock the Collection concert with Eagles tribute band, the Long Run; Elvin Bishop and Charlie Musselwhite play the Libbey Bowl on Friday, September 30; Fido the band play Leashless Brewing on Saturday, October 1; and the Fatty Vegan hosts a Numbskull Productions show with Powerhouse and End Days on Sunday, October 2 (ticketweb.com).

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

## Music Calendar

For more listings, additional times and genres go to VenturaRocks.com

### Boatyard Pub

**1583 Spinnaker Dr., Ventura**  
Wednesdays: Frank Barajas  
Thursdays: Jim Friery; Bluegrass Jam  
Fri 9/23: Mack and D  
Sat 9/24: Epitome of Dreams  
Tues 9/27: Karen Eden & Bill Macpherson  
Fri 9/30: Andrew Longaker duo  
Sat 10/1: Karen Eden & the Bad Apples

### Cantara Cellars

**126 N. Wood Rd., Camarillo**  
Fri 9/23: Frank Barajas & the Corsican Brothers

Fri 9/30: Ignition unplugged  
Sat 10/1: Ray Jaurique and his big Band

### The Cave

**4435 McGrath St., Ventura**  
Wed & Thurs: Bobby Apostol  
Fri & Sat: Warren Takahashi

### Copa Cubana

**Ventura Harbor Village**  
Tuesdays: Blues Tuesdays  
Thursdays: Glenn Bennet

### The Collection

**2751 Park View Court, Oxnard**  
Rock the Collection  
Wed 9/28: The Long Run

### Copper Blues

**The Collection, Oxnard**  
Fri 9/23: Power Syndicate  
Fri 9/30: Vinyl Gypsies

### Deer Lodge

**2261 Maricopa Hwy, Ojai**  
Thurs 9/29: Cate Le Bon

### El Rey Cantina

**2302 Ventura Blvd., Camarillo**

Sun 9/25: No Idea

### Fatty Vegan

**325 S. Borchard Dr., Ventura**

Sun 10/2: Powerhouse, End Days

### Four Brix Winery

**2290 Eastman Ave., Ventura**

Sun 9/25: Epitome of Dreams  
Fri 9/30: Caught Red Handed  
Sun 10/2: Sloan & Josh (Raw Honey Band)

### The Grape

**2833 E. Main St., Ventura**

Tuesdays Jazz Jam  
Wed 9/21: Ladd McIntosh Big Band  
Thurs 9/22: Billy Vera and the Beaters

Fri 9/23: TriTone Asylum

Sat 9/24: RJ Root Guitar night featuring Ron Eschete

Thurs 9/29: Tribute to the Greats

Fri 9/30: Plotz

Sat 10/1: Casey Abrams

### Harbor Cove Café

**1867 Spinnaker Dr., Ventura**

Saturdays: The Cook Hand Ukles

### Keynote Lounge

**10245 E Telephone Rd, Ventura**

Thursdays: Open Mic

Fri 9/23: Red Rhythm

### Leashless Brewing

**585 E. Thompson Blvd., Ventura**

Fri 9/23: Heavy Rotation

Sat 9/24: Evan Joffred

Sun 9/25: Kim Moya

Thurs 9/29: Anna Vera

Fri 9/30: Mike Beers

Sat 10/1: Fido the Band

### Libbey Bowl

**210 Signal St., Ojai**

Sun 9/25: Ojai Pops

Fri 9/30: Elvin Bishop & Charlie Musselwhite

### Madewest Brewing

**1744 Donlon St., Ventura**

Sat 9/24: Milo Sledge Trio

Sun 10/2: RJ Mischo & His Red Hat Blues Band

### Majestic Ventura Theater

**26 S. Chestnut St., Ventura**

Fri 9/23: Ridin' the Storm Out, Aerorocks, Eclipsed by the Wall

Thurs 9/29: Max & Iggor Cavallera

Fri 9/30: Manchester Orchestra

Sun 10/2: Silversun Pickups

Tues 10/4: Marcus Mumford, Danielle Ponder

### Manhattan

**5800 Santa Rosa Road, Camarillo**

Wed 9/21: Richard Weiss

Fri 9/23: Mark and Jim duo

Sat 9/24: Jeanne Tatum Trio

Fri 9/30: Tour Support

### Margarita Villa

**Ventura Harbor**

Fri & Sat 7-10 pm; Sun 5-8 pm

Fri 9/23: Tossers

Sat 9/24: Operation 90s

Sun 9/25: CRV

Fri 9/30: Red Rhythm

Sat 10/1: TBP

Sun 10/2: Doc Rogers Band

### Namba Arts

**47 S. Oak Street, Ventura**

Fri 9/30: Mark Hummel & RJ Mischo

### Ojai Underground

**616 Pearl Street, Ojai**

Fri 9/23: The Salty Suites

Sat 9/24: The String Revolution

Sat 10/1: Sayed Sabrina

### Ojai Valley Brewing

**307 Bryant Street, Ojai**

Thurs 9/22: Teresa Russell

Fri 9/23: The Late Knights

Sat 9/24: Cornerstone, Morie & the Heavy

Hitters, Jacob & the Good Vibes

Fri 9/30: The Remedies

Sat 10/1: River Ripley

### Onyx Bistro

**2390 Las Posas Rd., Camarillo**

Fri 9/23: Tom Etchart & Friends

Sun 9/25: Raw Honey Band

Fri 9/30: Jake Needham

### Pier Under the Stars

**Promenade next to Ventura Pier**

Sat 10/1: Midlife Crisis

### The Raven Tavern

**1651 S. Victoria Ave., Oxnard**

Fri 9/23: Doc Rogers Band

Sat 9/24: Free Love Project

Sun 9/25: Shay Moulder

Fri 9/30: Acoustic DNA

Sun 10/2: Steve and Sally Williams

### Rudder Room

**2929 Ocean Dr., Oxnard**

Sat 9/24: Teresa Russell

### San Souci

**21 S. Chestnut St., Ventura**

Sat 10/1: Blackstar

### Santa Paula Theater

**125 S. 7th St., Santa Paula**

Sat 10/1: The Mini Bar Project

### The Shores

**1031 Harbor Blvd., Oxnard**

Fri 9/30: Whiskey Stone

### Strey Cellars

**951 Rice Ave., Oxnard**

Sun 9/25: The 805 Social Club

### The Twist on Main

**454 E. Main St., Ventura**

Wednesdays: Americana Night

Thursdays: LA Jazz Connection

Fri 9/23: Vinyl Gypsies

Sat 9/24: Dive Bar Steve (2 pm); Jesse Harris Band (8 pm)

Sun 9/25: Bella Lucarelli (12:30 pm); Hot

Roux (5 pm)

Fri 9/30: Jen Staves and the Bluzfish

### Vaquero y Mar

**435 E. Thompson Blvd., Ventura**

Sundays: Mariachi

Tuesdays: The Sea Hunter

Wednesdays: Tribal Me

### Ventura Harbor Village

**1559 Spinnaker Dr., Ventura**

Sun 9/25: Unkle Monkey

### Ventura Music Hall

**1888 E. Thompson Blvd., Ventura**

Fri 9/23: Natural Science, Black Sabbath

Sat 9/24: Sun Room

Thurs 9/29: Too Many Zooz

Sat 10/1: Protoje, Jesse Royal, Lila Ike

Tues 10/4: Tribal Seeds feat. Hector Roots

Lewis

### The Vine

**308 E. Ojai Ave., Ojai**

Saturdays: Smitty and Julia and Friends

Sundays: Austin Vallejo

Fri 9/23: Corey Highberg

### Winchesters

**632 E. Main St., Ventura**

Music Thurs 5:30; Fri 7 pm; Sat 2 pm;

Sun 3 pm

Thurs 9/22: Troy Edwards

Fri 9/23: Art of Funk

Sun 9/25: The Raw Honey Band

Thurs 9/29: James Bros.

Fri 9/30: Debbie Davies

Sat 10/1: Steve and Sally Williams

Sun 10/2: CRV

Tues 10/4: Open Mic w/ Jenna Rose

### 1901

**740 S. B Street, Oxnard**

Fri 9/23: Teresa Russell, Stephen Geyer &

Mama Pat

ventura Music Scene





At the Museum of Ventura County Melina Sempill Watts' first novel *Tree* is an exploration of 229 years through the point of view of a California oak. Artist **Jeff Sojka** painted his vision of the tree's reality. This cross-media exhibit, on-site and virtually, will expand your relationship to nature and its inherent consciousness.

Exhibit runs through October 2.



Image from Bonnie Quan's solo exhibit

BuenaventuraArtAssociation.org at Studio 99 @ The Bell Arts Factory  
Location is around the back of the building off of Wall St.  
Life Cycle A Trio of Solo Shows by

**Tamiko Jordan**  
**Michelle Nosco**  
**Bonnie Quan**

Now thru October 1, 2022  
Open Fridays and Saturdays, noon to 4pm



"Joyful Expressions" Art Reception November 12th, 5 - 7 pm  
Show dates November 10 - January 8

Fox Fine Jewelry presents Joyful Expressions, an art show with **Linda Kidd** and **Bonny Butler** from November 10th to January 8th, with an Art Reception on November 12th from 5 - 7 pm.

Linda Kidd grew up surrounded by artists. Linda Kidd still takes art classes to this day, having studied with Terry Masters, David Gallup, and Carolyn Smith, among others. Bonny Butler was a dog groomer since she was 16 - she even owned her own dog grooming business! One day, she decided she had enough of the noise - from the phones ringing, the blow dryers drying, the water running - and signed up for Watercolor 101.

# Ventura Art Scene

## This 'n' That Preventing Suicide: Connections & Community 7th Annual Forum

by Carol Leish, MA

"Look at how a single candle can both defy and define the darkness."— Anne Frank

Those who are struggling with suicidal thoughts, please call: 988 (The Suicide & Crisis Lifeline); or, call the Ventura County Behavioral Health Crisis Team at: 866-998-2243. It's important to get the help that you need in order to deal with a crisis in order to realize that you are not alone, and that your situation will improve. For further resources, visit: [www.WellnessEveryDay.Org](http://www.WellnessEveryDay.Org).

988, which was launched nationally on July 16, 2022, is an easy-to-remember number that is a direct connection to compassionate, easily accessible care and support for anyone experiencing a mental health-related distress-including thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. Residents can also dial 988 if they are concerned about a loved one who may need crisis support ([www.988lifeline.org](http://www.988lifeline.org)).

Preventing Suicide: Connections & Community 7th Annual Forum will be both In-Person and Virtually.

In-Person: Ventura College on Wednesday, September 21st from 9:30am-2pm, with lunch included. Virtually it will be online for Highlights and Discussion on Thursday, September 29th from 4pm-5:30pm.

"This year's Suicide Prevention forum, 'Preventing Suicide: Connections & Community' will feature inspirational stories, creative expression, and wellness activities," according to Dr. Jamie Rotnosfsky, PhD., Mental Health Service Act Senior Manager at Ventura County Behavioral Health and co-chair of the Ventura County Suicide Prevention Council. "Information about, as well as connections to, local resources will also be provided. The main stage will be held outdoors followed by breakout sessions. "Breakout sessions will provide opportunities for deeper discussion and addressing questions. The sessions will include LGBTQ+, older adults, youth and young adults, families, mental wellness, and a session held in Spanish."

According to Dr. Rotnosfsky, PhD., "Space is limited for both the in-person and virtual free events. Please register for either event. Please be sure to register for both events if you plan on attending the two Suicide Prevention events. All events are free and for the Ventura County Community.

"The event is sponsored by Ventura County Behavioral Health, Ventura County Suicide Prevention Council, Ventura College, Ventura County Office of Education and

BRITE (Building Resilience & Inclusion Through Engagement)."

Save the dates (September 21st & September 29th), and register now! Interpretation and childcare will be available upon request. Register at: [www.brite.link/forum2022](http://www.brite.link/forum2022).

## Lima beans adorn Ventura's City Hall

by Richard Senate

The beautiful Ventura City Hall sits like a grand dame over the downtown of our community. It was built over a century ago to serve as the Ventura Counties Courthouse. Few people notice that above the doorway is a strange ornament. They are pods of some sort of plant. An odd symbol for such an august building--but a fitting one. They are pods of Lima Beans! Their scientific name is *Phaseolus lunatus* but they are better known as lima beans or butter beans. Why are they there? Because Ventura was once the lima bean capital of the nation and taxes on the humble bean helped to pay for the construction of the courthouse in 1912.

They came to California from Peru (hence the name Lima after the capital of that South American nation). New evidence indicated they were really developed in Guatemala by the Native American peoples of that land. They found

that in the 19th Century the lima bean grew well in Ventura's soil. It is a dry crop with little need for irrigation and soon trainloads of the bean were shipped back east and Ventura became known for her butter beans.

In the 1897 World's Fair, Ventura Counties contribution to the California Pavilion was a 97-foot-tall Chinese pagoda made and covered with lima beans. The pagoda was only fitting, because most of the beans were harvested by Chinese Laborers.



Lima Beans can be found at the Ventura city hall if you look hard enough. Photo by Patricia Schallert.





# Community Events

**This issues horoscope, sudoku, crossword puzzle and harbor blotter can be found at [www.venturabreeze.com](http://www.venturabreeze.com)**

## Ventura events

by Ana Baker

**After a long hiatus due to the pandemic Ventura County Cribbage is resuming competitive cribbage, every Wednesday at 5p.m., at Pizzaman Dan's 444 East Santa Clara St. backroom.** For more details please call Kerry 805 6437683.

**The Ventura Senior Men's Group continues to meet for a social lunch and program at the Poinsettia Pavilion in Ventura on the first and third Tuesday each month.** Men of all descriptions are always welcomed to stop in to sample our shenanigans. Lyle Hotzler at 805-341-9820 or Rick Follenweider at 650-520-1098 can supply details.

**Wanna Play Bridge? Join us for ACBL sanctioned duplicate bridge games every Tuesday, Wednesday and Thursday at 12:30 p.m.** All levels of play and we will guarantee to have a partner for you if you need one. Lessons are available. Contact: Richard 805-850-8011 or Rose 805-659-9223 or buckleyrose357@gmail.com.

**Sept. 21: Young Teen Grief Support Group. Livingston's Grief and Bereavement Program is offering an 8-week support group for young teens ages 12-15, who have experienced the death of a loved one.** The group will meet in person on Wednesdays at 7 p.m. Registration is required. Call 805-389-6870 to enroll.

**Sept. 24: Walk to End Alzheimer's - West Ventura County Saturday at 9 a.m. located at the Collection at River Park in Oxnard.** Come together for an inspiring community event that celebrates our commitment to ending the disease, featuring a poignant Promise Garden ceremony and a walk around The Collection at Riverpark. Act. alz.org/westventuracounty

**Sept. 24: Saturday 8 - 2 p.m. plant & collectibles sale at the Dudley House Museum.** Bromeliads, orchids and succulents will be on sale along with a variety of collectibles. Vendors please call Charlie at 805/746-4317 for details. The museum is located at the corner of Loma Vista and Ashwood Streets (197 N. Ashwood Street). Free.

**Sept. 28: The Channel Islands Chapter of the Embroiderers' Guild of America (CICEGA) will meet at 9:30 a.m. at the United Methodist Church, 291 Anacapa Drive, Camarillo.** For more information, e-mail [president@channelislandsega.org](mailto:president@channelislandsega.org) or visit our website at <https://www.channelislandsega.org>.

**Sept. 28: The College Area Community Council will be holding a Zoom meeting on Wednesday, at 7 p.m.** This month's meeting will focus on the city of Ventura's long-range goals and plans. CACC represents citizens in the area bounded by Mills Road on the west, Hill Road on the east, city limits in the hillsides on the north, and the 126 Freeway on the south. Visit the College Area Community Council website <https://caccventura.com> for more information and to be added to the mailing list or to access a link to the Zoom meeting.

**Oct. 2: Old-Time Country Bluegrass Gospel Music Assoc.**

**Sunday, 2 :00-4:00 pm, Poinsettia Pavilion, 3451 Foothill Rd.** Ventura Live Music on stage. Jamming in the Canada Room. Free Admission. Free parking. Open to the Public. For more information call 805-517-1131 or visit Facebook: OTCBGMA

**Oct. 2: Open house tours of the 1892 Dudley Historic House Museum will take place on Sunday from 1 - 4 p.m.** With Halloween fast approaching, tour guides Richard Senate and Lynn Weitzel may add a few ghost stories if asked. Admission is free. For information, please call (805) 642-3345 or visit the website at [dudleyhouse.org](http://dudleyhouse.org).

**Oct. 5, 19: The Compassionate Friends (TCF) of West Ventura County provides free grief support for families after the death of a child.** Parents, grandparents and siblings over 16 are welcome to join on the first and third Wednesdays of every month from 7-8:30 p.m. via ZOOM. If interested, please contact (805) 835-9100. For more information, visit [TCFventura.org](http://TCFventura.org). TCF Chapter Leader in Ventura Laura Lindsay at (914) 610-8918.

**Oct. 22: Walk to End Alzheimer's - East Ventura County The Promenade at Westlake Village Saturday at 9 a.m.** Held annually in more than 600 communities nationwide, Walk to End Alzheimer's is the world's largest event to raise awareness and funds for dementia care, support and research. [act.alz.org/eastventuracounty](http://act.alz.org/eastventuracounty)

**Oct. 22: Group: Channel Islands PC User Group (CIPCUG) Saturday at 9:30 a.m. Online and now live at our temporary location Ventura County Computers 2175 Goodyear Avenue, Unit 117, Ventura (805) 289-3960.** All CIPCUG events can be attended online. Due to limited space, live attendance is reserved for members.

## WEV receives grant from the Federal Home Loan Bank

Women's Economic Ventures (WEV) is one of 55 entities to receive a 2022 AHEAD grant from the Federal Home Loan Bank of San Francisco for projects that will boost economic development activity and promote financial stability. Community West Bank partnered with FHLBank San Francisco to award a 2022 AHEAD grant totaling \$27,500 for the WEV Advancing Economic Empowerment through Entrepreneurship initiative.

AHEAD economic development grants enable FHLBank San Francisco member financial institutions including Community West Bank to fund economic development projects that target pressing community needs and bring greater opportunity to underserved populations. The 2022 AHEAD program awarded a total of \$1.5 million in communities throughout Arizona, California, and Nevada. A full list of 2022 AHEAD grants are available on the Bank's website.

WEV programs provide entrepreneurs

with targeted training, consulting, and capital to increase their business management skills, financial acumen, and confidence to create and sustain viable businesses, promote long-term business resiliency, and improve economic security for them and their families.

WEV CEO Kathy Odell says, "This grant Award helps fund our work supporting business growth and the financial health of disadvantaged entrepreneurs." Odell added that, "in the last two years, we have significantly expanded outreach to business owners of color - particularly Spanish-speakers - by adding bilingual staff and coaches, as well as developing new Spanish-language training programs and resources such as our free mentoring program."

Since 1991, WEV has provided business training and small business advisory services to more than 28,000 people throughout Santa Barbara and Ventura counties. WEV has made more than \$6.9 million in small business loans and helped nearly 5,300 local businesses start or expand, generating an estimated \$873 million in annual sales and creating over 12,400 local jobs. WEV is a U.S. Small Business Administration's Women's Business Center and Microlender, as well as a certified Community Development Financial Institution (CDFI).

To support WEV's work, please visit [www.wevonline.org/support](http://www.wevonline.org/support).

## The celebration of Jewish New Year

Rosh Hashanah occurs on the first and second days of Tishri. Jewish Year 5783 begins at sunset on Sept. 25. In Hebrew, Rosh Hashanah means, literally, "head of the year" or "first of the year." Rosh Hashanah is commonly known as the Jewish New Year. This name is somewhat deceptive, because there is little similarity between Rosh Hashanah, one of the holiest days of the year, and the American New Year.

There is, however, one important similarity between the Jewish New Year and the American one. Many Americans use the New Year as a time to plan a better life, making "resolutions." Likewise, the Jewish New Year is a time to begin introspection, looking back at the mistakes of the past year and planning the changes to make in the new year.

The shofar is a ram's horn which is blown somewhat like a trumpet. One of the most important observances of this holiday is hearing the sounding of the shofar in the synagogue.

No work is permitted on Rosh Hashanah. Much of the day is spent in temple, where the regular daily liturgy is somewhat expanded. There is a special prayer book called the machzor used for Rosh Hashanah and Yom Kippur because of the extensive liturgical changes for these holidays.

The common greeting at this time is L'shanah tovah ("for a good year"). This is a shortening of "L'shanah tovah tikatev v'taihatem" which means "May you be inscribed and sealed for a good year."

On Oct. 4, Yom Kippur also known as the Day of Atonement, is the holiest day of the year in Judaism. Its central themes are atonement and repentance. Some Jewish people traditionally observe

this holy day with an approximate 25-hour period of fasting and intensive prayer, often spending most of the day in synagogue services.

Yom Kippur completes the annual period known in Judaism as the High Holy Days or Yamim Nora'im ("Days of Awe") that commences with Rosh Hashanah.

### Ventura's Board of Education

Continued from page 1

more classes and shrink class sizes. This previously allotted time allowed for teachers to build, coordinate and facilitate programs that students and faculty alike had become so passionate about. Students declared their appreciation for the opportunities that they had been given at Foothill and stated that the prep periods were an absolute necessity for the teachers.

Foothill Tech's Principal Gibbs was present at the meeting and explained the need to make the painful balancing corrections in order to address classroom overflow stating that in some classes up to 10 students at a time could be found sitting on the floor.

However, Foothill Tech's instructor Mika Anderson stated in a passionate, moving and at times teary speech that she had worked for decades to build and provide programs and activities that were varied and vital to their students' futures. From job shadows and internships to networking and special projects. This adjustment was not taken as just a change in schedule, but a disregard for years of hard work as well as a lack of support for staff and a lack of understanding of the repercussions of these changes.

"What I can say is that as the Bio-science Academy advisor and teacher, I want to do more than just teach or deliver curriculum. It is my life's mission to provide students access to rich and relevant experiences so they can be inspired to break barriers and achieve beyond any limitations they or others might have set for themselves. I want to light their passion, sometimes in areas of study that they never heard of by providing them with rich, relevant and meaningful experiences. Finally, I love helping students grow their leadership and show compassion towards others through acts of service.

### House Boy wins Fiction Award

Continued from page 9

temporary depiction of the effects of the caste system and human trafficking." - Kirkus Reviews

"HOUSE BOY offers quite a different focus and insights than most as it traverses the human psyche and its ability to perform, accept, or defy grave injustices. ...rewards its audience with gripping moments and surprising revelations." - Midwest Book Review

Lorenzo thanks the Ventura Breeze and all his other friends in the Ventura community for their longtime support. He also thanks everyone at American Book Fest & Atmosphere Press for their belief in this novel, and to EMG, the young Indian man whose traumatic life experiences inspired this book.

"HOUSE BOY" is available as a Trade Paperback or eBook and can be ordered from your local bookstore, or from many online retailers.





# Showtime

Streaming Spotlight by Cindy Summers

## Inside the Mind of a Cat

– Netflix Documentary



Breeze rating from 1 to 4 palm trees, 4 being best.

“Inside the Mind of a Cat” solves some mysteries about cats, decodes their crazy antics and deciphers their hidden language. Experts from various fields related to cats share some interesting and incredible facts about cats including that they can over 30mph and jump up to 5-6 times their height, which would be like a human jumping over a giraffe. They also have more vertebrae than most mammals with special elastic cushions between them, making their spines incredibly flexible and helping them to be the fastest animal on land.

As one expert, Dr. Bruce Kornreich, Director Cornell Feline Health Center and “Cat Physiologist shared if one were asked to engineer the perfect land predator in terms of physical traits, behavior, and perception, it’s hard to imagine one better than the cat. The scientific name for the domestic cat is *Felis catus* derived from the African wildcat. Today they number approximately 400 millions *Felis catus* worldwide, making them one of the ten most successful mammals to ever walk the earth. In 10,000 their genetics have changed very little, so your basically living with a wild animal in your home.

Dr. Kristyn Vitale is an Associate Professor at Unity College and a “Cat Psychologist” who has done a tremendous amount of study around cat behaviors and the mysteries of the feline mind. She’s proven cats do know their names, their owners and understand the issue of non-permanence. Her research took her to Japan where in 2017 cats outnumbered dogs as pets and now 9 million cats live in Japan where top cat scientist Dr. Saho Takagi does cat research at Azabu University. Though some behavioral traits were identical, a few things were different between the cats in the US and those that lived in Japan due to the fact that the cats in Japan are primarily indoors and have limited exposure to the world outside.

A stand out group was the Savitsky Cats from Ukraine that did an amazing cat stunt show on America’s Got Talent and even made it to the finals. Jumping through hoops, scaling tightropes, rolling barrels, balancing on balls. Owners Maryna and her mother Svitlana shared that though cats have their attitudes, you can teach a cat to do anything. The main thing in their training is that they have to do what works for the cat, not what works for people, and to be very patient. The Savitsky’s don’t force their cats to do their amazing stunts, they let each cat’s potential reveal itself.

They have recently discovered archaeological remains of a cat with a human dating back to 8,000 B.C. which would indicate that humans and cats have been together for over 10,000 years. The streets of the city of Istanbul are home to more than 100,000 community cats that are perfectly suited to an urban lifestyle. The cats that live there belong to their neighborhoods, not owned by a specific person, and people provide for the infrastructure and their basic needs, though they do not belong to anyone specifically. In 2021 Istanbul introduced new laws protecting their cats with some of the most progressive legislation in the world.

Whether you are a cat lover with a cat, considering getting a cat as a pet or just curious to learn more about cats, this well-produced documentary can share all you would like to know and more about these furry feline friends.

Rated: TV-PG  
Runtime: 1h 7m

## Tatiana’s Coffee and Tea ranked number 9 by Yelp

We’ve all heard the saying, “I can’t function until I’ve had my coffee.” Whether or not that’s true for you, coffee is often one of the first things many of us think about in the morning. Some home-brewed beans will certainly do, but when you’re dealing with something as integral to your day as coffee, you want to make sure it’s done right.

Yelp searched all through the US and Canada to find the best spots to sip on a cup of coffee,

This is an all-time list of the Top Coffee Shops in the US, according to Yelp. They identified businesses in the coffee shop category, then ranked those spots using a number of factors including the total volume and ratings of reviews. Tatiana’s Coffee and Tea in Ventura came in as number 9.

This shop is owned by husband and wife duo Tatiana and Diego, who are both originally from Colombia. Menu favorites include the “Espresso Con Panna,” and the blended “Espresso Chunk.”

Tatiana stated “As you may be aware already, we have been named the 9th best coffee house in the country including Canada. Wow this was a great surprise to Diego my husband and to my self.”  
2470 E Main St (805) 901-7620



Kevin Ayala heard the cries of a frantic mother seeking help for her baby.

## Local traffic controller receives company award for bravery

Kevin Ayala, a traffic controller working near a recreation area by the beach in Carpinteria leapt into action as he heard the cries of a frantic mother seeking help for her baby. The traffic controller, from Traffic Management, Inc., responded to her pleas to get her baby out of a locked car in the parking lot.

“His dedication to keeping his community safe may have saved a life,” TMI Executive Management stated.

Though 911 was called, minutes were ticking by and the baby continued to cry. With the mother’s permission, he safely broke the front car window so that the doors could be opened, and the baby rescued. Mom and child were reunited.

TMI awarded this employee the TMI Hero Award in recognition of his quick thinking and service to the community.



## GRAND OPENING SALE



BUY - SELL - TRADE

ANTIQUÉ - VINTAGE - NEW - MODERN

RUGS CLEANING & REPAIR SERVICES



ABC RUGS KILIMS : 961 N. RICE AVE, UNIT# 4, OXNARD, CA, 93030

## TREE TOWN



Ventura Tree Alliance celebrates OAKtober! We’re planting 20 oak trees on Wednesday, October 5 @ 10am at Community Park on Kimball as a part of California Clean Air Day. Co-sponsored by the City of Ventura Urban Forestry Division, College Area Community Council and Ventura College. Come join us! Last October, lots of volunteers helped plant oak trees along the bike path, and they are already growing and providing shade.

[venturatreealliance.com](http://venturatreealliance.com)





## This 'n' That



The Granada will soon be full of opera lovers.

### TOSCA opens fall season at the Granada - Opera Santa Barbara kicks off season with beloved classic

Opera Santa Barbara will open its 2022-23 season with one of the world's favorite operas, Puccini's *Tosca*. There will be one performance only, on Saturday, October 1, 2022, at 6pm.

*Tosca* is an operatic thriller set in Rome during the Napoleonic wars. Floria Tosca, an opera star, is in love with the painter Mario Cavaradossi, who, unbek-

knownst to her, is a resistance organizer against the occupying Austrians. Baron Scarpia, head of the Austrian secret police, sets off a devilish plan to turn the lovers against each other as he plots to murder Cavaradossi and fulfill his lust for *Tosca*.

This story of love, mystery, and politics set in historical locations in

Rome has been a favorite of music theater lovers since its premiere in 1900. Opera Santa Barbara's production will star Greek soprano Eleni Calenos, in her pandemic-delayed return to the company after her triumphs as Mimi in *La Bohème* in 2018, and Cio-Cio-San in *Madama Butterfly* in 2019. Opera Santa Barbara's Artistic and General Director Kostis Protopapas will conduct the Opera Santa Barbara Orchestra and Chorus.

This new multi-media production will be directed by Layna Chianakas (*El amor brujo/Il tabarro*, 2021) and will incorporate video projections by Yuki Izumihara (*Semele*, 2022) and film sequences by Zach Mendez. The opera will be sung in Italian with the English translation projected above the stage, and has a running time of 2 hours and 15 minutes including a 20 minute intermission.

*Tosca* is the first of four operas in Opera Santa Barbara's 2022-23 season. True to its commitment to presenting classics and contemporary works side by side, the company will follow *Tosca* with three company premieres at the Lobero Theater: Rossini's comedy *La scala di*

For more information visit [www.operasb.org](http://www.operasb.org).

#### Author's luncheon

Continued from page 5  
each author and their books.

Betsy Blanchard Chess is the local non-fiction writer of *Daughter of the Land: Growing Up in the Citrus Capitol of the World*, which tells the story of a free-spirited child of privilege sheltered

amongst the lemon and orange groves of the Santa Clara Valley. This tale weaves both family legacy and how the author fits into the story of her pioneering ancestors.

Award-winning author Sheila Lowe writes stories of psychological suspense that puts ordinary people into extraordinary circumstances. Like her fictional character Claudia Rose in the award-winning *Forensic Handwriting* series, Sheila is a real-life forensic handwriting examiner who is recognized as an expert in the court system. She also writes the *Beyond the Veil* paranormal suspense series and nonfiction books about handwriting and personality.

Children's author Sarah Lynn Scheerger is a school-based counselor and the author of eight books, ranging from picture books to middle-grade novels to young adult novels. Her debut middle-grade novel, *Operation Frog Effect*, was nominated for four 2020-2021 regional lists (Sunshine State Young Readers List Selection, Maryland Black-Eyed Susan, Surrey Schools Book of the Year selection, VA READS) and nominated for three 2021-2022 lists (Young Hoosier Book Award, Land of Enchantment Book Award, Louisiana Young Reader's Choice Award).

Tickets to this event cost \$65, and can be purchased on their website noted below. The doors open at 9AM, with the event running to 10AM-1PM. For more information, please contact the organization at 805.643.2458 or [office@assistanceleagueventuracounty.org](mailto:office@assistanceleagueventuracounty.org). You can find them at [www.assistanceleagueventuracounty.org](http://www.assistanceleagueventuracounty.org) as well as on Facebook and Instagram.

## OPERA SANTA BARBARA

### BIG CITY ENTERTAINMENT WITHOUT THE TRAFFIC



TICKETS START AT

**\$35**

*Puccini's*

# TOSCA

GRANADA THEATRE  
SATURDAY, OCTOBER 1, 2022 | 6PM

[operasb.org](http://operasb.org) or (805) 899.2222