



VENTURA BREEZE

Your Hometown Paper

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The Fair picked up where it left off three years ago

The Ventura County Fair's Board of Directors, management, and staff are proud to report that the 2022 Fair was a success. Celebrating the finest from throughout Ventura County, the 147th year picked up where it left off three years ago when the pandemic hit. "Bringing the County's only legacy event back and ensuring that it will continue to serve the community for generations to come was the goal of our staff as we endured three years of difficult uncertainty," said CEO Barbara Quaid, "dedicated staff stepped to the plate creatively and with passion to keep the doors open and make sure the Fair gates opened this year." Visitors came from near and far to enjoy "A Country Fair with Ocean Air" during the 12-day run, August 3 through August 14.

The Ventura County Fair's mission is to preserve, promote, and showcase agriculture and the traditions of Ventura County, this was accomplished with competitive livestock and horse shows, agricultural exhibits and baking contests. The Junior Livestock Auction, held on Friday, August 12 was the culmination of yearlong livestock production projects for Ventura County Youth. Proceeds from the Auction are used to further their educations and the agriculture industry in Ventura County. At this year's auction 291 lots were sold for a total of \$1,500,000.

Total Attendance for 2022 was strong at 270, 486; a difference of -10.67% from 2019's attendance of 302,783.

Continued on page 3

Ventura Police and Fire Departments hold a community block party

by Richard Lieberman



The Ventura Police and fire department held a community block party on Saturday, August 20, at the police and fire headquarters located on Dowell Drive in Ventura. The event was free to all Ventura residents. The block party gave Ventura residents an opportunity to engage with both officers and fire-fighters in a fun and family-oriented event. Included in the event were several activities for both adults and children including K-9 demonstrations, CSI experience, SWAT rescue vehicle, police motorcycles, child fingerprinting, police station tours, coloring contest, face painting and a visit from the Ventura County Sheriff's Office helicopter.

The Ventura Fire Department showcased events such as Jaws of Life
Continued on page 11



Aloha!

Luau at the Townehouse this month.

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News & Notes



The Taste of Local is Back!

What better way to learn about local food than to experience it first hand?

Totally Local VC the Farm to Fork experts invites you to join them at this year's 4th Annual Taste of Local event on Sunday, Sept 11, at the beautiful lawns of Ventura County Credit Unions Corporate office in Ventura. All food and samples are included in the admission price.

The Taste of Local is about bringing together farmers, chefs and community to celebrate our local harvest and the diversity of great food we have right here in Ventura County. It's sure to be the epicurean event of the year! Over 60 area chefs, wineries, brewers, farmers and purveyors are expected

to showcase their expertise during the 4th annual Taste of Local event.

Ventura County agriculture helps to feed our community and the world.

Ventura County is one of the top agricultural producers in the world and that translates into one of the best cuisine scenes that Californian has to offer. Locally grown, locally produced and locally owned are some of the key ingredients at the Taste of Local Festival. Guests have an opportunity to meet and chat with chefs, farmers and purveyors as they taste and learn about the bounty that is Ventura County.

Stop in to booths like the locally grown build your own strawberry short cake bar. Sponsored by the California Strawberry commission, Limoneira lemonade stand and our locally sourced grazing stations.

Taste, sample and sit back and enjoy the sounds of the Rose Valley Thorns and Spencer the Gardener.

The Taste of Local showcases local brewers at its "Home Brew Challenge". Guests sample and vote for their favorites as local brewers compete for top awards for the best home brews in the county.

Competing Ventura County bartenders will craft drinks from local grown ingredients. Attendees will sip (sample size) cocktails made from local farm-fresh ingredients and vote for their favorite. The winning cocktail will be crowned Ventura Counties signature cocktail and be featured at local restaurants throughout Ventura County.

Edible Ojai, Ventura County magazine hosts the Farm to Fork Education Tent!

Don't miss the workshops hosted by some of very own local experts!

We always offer a diverse selection of workshops at the event such as Brewing 101, Coffee Bean to Cup and cooking demos by Sweet Arleen's.

Ventura County is known as one of the top agricultural producers in the world and that translates into one of the best cuisine scenes that California has to offer. Locally grown, locally produced and locally owned are some of the key ingredients in this year's Taste of Local event.

More information on the Taste of Local: <https://totallylocalvc.com/taste-of-local-festival> About Totally Local VC's Agricultural Education Foundation.

ular! "I have chosen music for this performance with the young student voice in mind," says Dr. Liu. "Highschoolers will be able to have their own chance to sing a prepared piece, a combined piece, and then a grand finale piece with the added excitement of a full symphonic orchestra." Dates for the Choral Spectacular! are April 22 & 23, 2023. A full performance of Dan Forrest's "Jubilate Deo" will be featured at the concert.

For non-registered CSUCI students, auditions are now underway. We especially encourage area high school students and CSUCI faculty, staff, alumni and community members to join us. For more information or to schedule an audition, please contact Dr. KuanFen Liu at downbeatplus@gmail.com or visit cicachoir.org.



What is the mystery at the Albinger?

Mystery at the Albinger Museum

by Richard Senate

I enjoy the Travel Channel program "Mysteries at the Museum" where displayed artifact are used to tell stories of the past. While watching the show I speculated on if such things can be found in Ventura Counties' Museums and it came to me that we house a really weird mystery at the Albinger Archaeological Museum on Main Street, Ventura.

Its a big rock with marks on it. The artifact is listed as a mystery stone. It was found by archaeologists near the old Mission in 1972. The marks seem to be made with some really hard stone or metal tool. It is a bunch of lines cut into the rock. The question is--what was it? The team suggested it may have been used to make shell beads, or perhaps to teach the use of a chisel to Native Converts. Some even speculated it might be a treasure map (there is a big "X" on the stone).

In the 1980s a couple visited the museum and came to the conclusion it was really "Ogam," a sort of writing developed in Ireland in the Middle Ages. Stones with such markings are found in Ireland and even the east coast of the United States, leading some to believe that Irish Monks may have discovered America before Columbus!

Records do say that an Irish Saint named Brendan did make a voyage west to the new world in the 6th Century (maybe he visited Oak Island?). They copied the lines on the stone and later informed the city they could translate the message as saying "This is the western boundary." Ogam was used on boundary stones in the Old World but what could it mean?

Was Ventura the farthest west the sons of Ireland claimed? A unique piece and one that may well need to be studied further. When your downtown one weekend, visit the Albinger Museum and see if you can interpret the mysterious stone. If the Irish got here first it may well re-write the history of the Golden State and the story of the west!

Channel Islands Choral Association Plans a Year of 'Turning the Lights Back On'

Channel Islands Choral Association (CICA) Is inviting CSUCI students, faculty/staff, alumni, community members, and, in a project called, Project: Lights On, area highschoolers to audition and participate in their 2022-23 concert season.

"Walk onto many area high school campuses and ask to see their choir room. I think you will get some strange looks," says CICA President, Dean Butler. CICA is hoping that Project: Lights On will reenergize high school choral singing by giving highschoolers the opportunity to perform with the university and a professional orchestra.

Dr. KuanFen Liu, Associate Professor of Music at CSUCI, currently serves as CICA's Artistic Director. "It was encouraging to see so many highschoolers sharing the stage with us at our Carnegie Hall performance" says Dr. Liu. "I believe that this was an extraordinary, positive experience for them."

CICA has planned an multigenerational concert season. "De Colores, A Choral Celebration of Colors & Cultures," a concert highlighting multicultural choral compositions, will be performed on December 2 and 4.

In April, CICA along with the Channel Islands Chamber Orchestra, will present their annual Choral Spectac-

Direct from the stage of Carnegie Hall in New York!
Join us for an incredible year of choral singing in Ventura County!



AUDITION NOW

for our December Holiday Spectacular and Spring Choral Spectacular

Featuring in the Spring a full performance with the Channel Islands Chamber Orchestra of Dan Forrest's "Jubilate Deo" with the CSU Channel Islands University Chorus and High School Choruses from across our county!

Community Members OF ALL AGES, high school and up, are welcome to audition with flexible rehearsal options available

To Arrange an Audition, contact Dr. KuanFen Liu, Artistic Director downbeatplus@gmail.com

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City News



Neighborhood Watch Program

The Ventura Police Department unveils cold cases homicide details online

With over 25 cold cases including homicide, missing persons, and unidentified deceased individuals stemming from 1970 to 2018, the Ventura Police Department has released a webpage with the basics of each case hoping the public can assist in filling information gaps. The webpage can be found at www.City-ofVentura.ca.gov/ColdCases.

“We have a commitment to the victims of these crimes; their families have waited a long time for answers and by sharing information, this brings a little hope,” said Major Crimes Detective Sergeant Bill Dolan. “Every tip that is shared, no matter how small, has the potential of being the missing piece of information.”

The webpage provides short summaries of unsolved cases that occurred within the Ventura Police Department’s jurisdiction. The webpage will be updated routinely with other cold case information as more details

become available.

The Ventura Police Department has created this webpage with the hope new information will be received to further the investigations into these cases and bring closure to families and loved ones. The webpage also serves as a tribute to those who have lost their lives but have not been forgotten.

The Ventura Police Department remains steadfast in bringing justice to the victims and their families, no matter how much time has passed.

Any new information can be provided via email at coldcase@venturapd.org. You can also make an anonymous call to Crime Stoppers at 1-800-222-TIPS. If your information leads to an arrest you could receive up to \$1000.

The Fair picked up where it left off

Continued from page 1

“For us the focus is never about the numbers of people coming into the gates, but about the quality of the experience our guests have and about the number of smiles we see as Fair visitors head home,” said CEO Barbara Quaid, adding “We are grateful to have finally been able to bring the Fair back to our deserving community. We are committed to offering a clean, safe and fun experience that will create cherished memories that will last forever.”

Besides being a fun time, the Fair benefits the community in many ways. This year at our “Feed the Need” food drive for Food Share, we collected a total of 2,810 pounds of food and some cash donations, which will be used to purchase meals. Through these donations they will be able to provide a total of 2,401 (1.2lbs = 1 meal / \$1 = 3 meals) meals to those experiencing food insecurity in Ventura County.

As is the case every year, overall success would not be possible without the tremendous support of the sponsors and the community. While the gates have closed on the 2022 Ventura County Fair, planning is already underway for the 2023 Fair.



Enjoying Music Under The Stars at the Olivas Adobe were Joanne and Jim Abing, Royce Hill, John Perram, Monica Stanley and docent president (and Breeze staff member) Mary Thompson. Some acted as hostess, assisted fans with seating, sold goods at the docent cantina, gave tours during half-time, and dressed up to represent and educate patrons about the Olivas family, their historical Adobe, and the rancho period of California history.

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VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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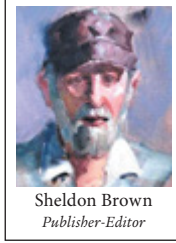
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The power of
man's virtue
should not be
measured by his
special efforts,
but by his
ordinary doings.
— Blaise Pascal

Opinion/Editorial



Sheldon Brown
Publisher-Editor

■ I am so very sorry to report that the most wonderful person, Breezy (Deena) Gledhill, has passed away from cancer at only 45 years old. Last summer, Breezy told us she was cancer free, which was incredible news. But, cancer does what it wants and returned with a vengeance. Her spirit through all of this was unbelievable and an inspiration to all who knew her.

Breezy first approached me over 10 years ago to become an account executive for the Breeze. With that name, I immediately hired her. Without her, the paper would not exist as her ability to positively interact and engage people was a rare talent.

I considered her to be my adopted daughter and will miss her always.

■ The 2022 Fall Chamber Business Expo is on Thursday, August 25, 4-6:30pm at Four Points by Sheraton, Ventura Harbor. The Breeze will have a booth there right by the finger food buffet (and several restaurants will offer food). Come say hello, have some food, meet local merchants and enter a chance to win a free ad in the Breeze.

■ The Ventura City Council has approved raises for City Manager Alex McIntyre and City Attorney Alex Heglund.

Each will receive a 5% cost-of-living increase and a one-time lump sum worth 1.75% of their salary. Councilmembers approved the increases at their August 1 regular meeting.

Councilmember Mike Johnson voted against the raise, noting that the council already approved a 2% merit increase for McIntyre in March.

McIntyre's annual salary will increase from about \$280,000 to more than \$294,000. Heglund's annual salary will rise from \$237,000 to more than \$248,800.

These are in keeping with what other cities pay for these services. Think of McIntyre as the head of a very large corporation.

■ A new location is coming to the

Downtown Farmer's Market very soon.

The community is invited to the grand re-opening of the Downtown Ventura Certified Farmer's Market on Saturday, August 27, at its new location on Main St. starting at Palm St. continuing west to the San Buenaventura Mission. A ribbon cutting ceremony hosted by the Chamber of Commerce will take place at 8:00am.

The Downtown Ventura Farmers' Market is hosted every Saturday from 8:30am to 12:30pm and operated by the Ventura County Certified Farmers' Market Association (VCCFM). I like the existing layout that can be meandered through as compared to the lineal one that will be on Main but will hold my final opinion after shopping there.

■ The total attendance for the 2022 Fair was 270,486. A little less than the last one in 2019 of 302,783. I think this is still a good turnout, as some people are still concerned



Staci Brown and her "sister" Breezy enjoying a day out.

about COVID (and maybe Monkeypox). Plus, many people have become accustomed to not going out.

■ Jim Duran has announced that he will be running for the Ventura City Council in the upcoming November elections in District 6. He stated, "I do not take this decision lightly and I believe this is the time for me to serve." Based on my experience "I see an opportunity to make some very positive changes in our city." More about him and other candidates in future issues.

■ Ventura attorney Maureen Houska, 57, has been selected to serve as judge with the Ventura County Superior Court. The appointment was announced by Gov. Gavin Newsom. Houska is a founding partner of

Woo Houska LLP, a firm in Ventura that specializes in representing public entities, business, law enforcement, school districts and public transit.

■ Gold Coast Transit District (GCTD) announced it has been selected as a recipient of a grant award from the U.S. Department of Transportation's Federal Transit Administration (FTA) in the amount of \$12,117,144 to purchase hydrogen fuel cell electric buses, install a new hydrogen fueling station, and implement a robust workforce development and training program.

The grant award, made under FTA's Buses and Bus Facilities and Low and No-Emission Vehicle programs, is part of the FTA's announcement to invest \$1.66 billion into 150 transit agencies across the nation, in efforts to meet President Biden's goal of net-zero emissions by 2050. The funding will be used to replace thousands of older bus models, with new zero-emission transit buses across the country.

■ Shortly before having their opening ribbon-cutting (as reported in the Breeze), Ventura city officials have ordered the Crown Classics and Hot Rods dealership to stop construction after it was determined that the building unsafe and that the business failed to obtain required building permits. The decision came days before their grand opening on July 30.

Building inspector Tim Fiske said he knew Crown Classics was renovating the exterior of the former Toys R Us building on Johnson Ave. but was not aware major construction had taken place inside.

Also, a city fire inspector noticed the overhead sprinklers were painted over and the fire alarm wasn't operational. After red-tagging the building, the city gave Crown Classics permission to move forward with the grand opening event on the condition the public not enter the building.

Boy, you need to get the right permits to avoid major issues. I can only imagine how much this delay will cost them. Reminds me of several years ago when the Pierpont Inn stated making major structural changes without permits to part of a building and was red tagged and still has not re-started construction.

■ With great sadness, Oxnard Mayor John C. Zaragoza and the City Council joined the community in mourning the loss of Supervisor Carmen Ramirez, who passed away recently following injuries she sustained as a pedestrian involved in a vehicle collision.

Supervisor Ramirez served on the Oxnard City Council for ten years prior to being elected Ventura County's District 5 Supervisor in 2020. She worked as a longtime legal aid attorney serving low-income communities in Ventura County.

Said Mayor Zaragoza, "I offer my sincere condolences to her husband, Roy Prince, and her family. We will miss Carmen tremendously. We worked together often, while I was serving as Supervisor and she was Oxnard's Mayor Pro Tem, and this camaraderie continued when she was elected Supervisor and I served as Mayor. She was passionate about environmental justice and creating a better future for our City. Her kindness, love and deep compassion for the community was felt by everyone. She will be dearly missed."

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

Mailbox

Dear Editor:

I was delighted to read the Breeze's excellent front page coverage of the USL League two final which unfolded with great excitement following a thrilling come from behind victory by our local soccer heroes, Ventura County Fusion. I was there and it was a thriller-- and a wonderful boost for local soccer. Well done Fusion.

As a longtime player, and sport reporter, who has covered several World Cups for CBS radio I however, would like to slightly nitpick over just one line in an otherwise perfect report. The unnamed reporter writes: "Marley Edwards doubled the Fusion lead in the 83rd minute."

Those of us who seek perfection in soccer reportage, would realize that the Fusion wasn't actually "leading" at that moment: They were tied 1-1. So, when Marley scored the crucial winning goal--he didn't actually "double their lead"---because, well: The Fusion only led when his rocket shot bulged in the back of the net! The goal that gave them the trophy.

Otherwise Ventura Breeze, thanks for such great coverage.

Ivor Davis, Soccer nitpicker in chief
Ivor:

Picky, picky. By the way the Fusion wrote this so blame them. The only time I ever saw a soccer match was in the 1984 Olympics in LA. Maybe I'll go again in a few years when the Olympics return.
Sheldon

Editor:

Imagine my surprise when a notice appeared in my mailbox informing me of a proposed 350-unit apartment complex, 5-6 stories in height, right across the street in my midtown Ventura neighborhood! Known right now as Maple Court Mixed Use (PROJ-22-0121), it is located on Maple Street just east of Mills Road, a site currently consisting of 4 office buildings.

It is insane to even think of such a large project for this neighborhood. The only site access is from Maple Street, which is a busy feeder street during commute hours. The increased traffic from 350 units would have to spill over onto Mills Road, already a congested nightmare, and where emergency vehicles have difficulty navigating a

Continued on page 19



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Person To Person

We asked Breeze staff what they liked best about the Fair.



Patricia Schallert

I really enjoyed being at the fair when the gates opened. The anticipation and the looks on the attendee's faces was priceless. I then spotted the big ice cream cone with no line. I don't eat ice cream very often but the big giant cone called my name and I had to have it. The combination of vanilla and chocolate soft ice cream made my day at the fair.



Amy Brown

My favorite part of the County Fair was attending my first fair concert! I can't believe I've lived here all these years and had not experienced that before, I'll definitely do more next year. It is such a great venue for live music, plenty of room, seats and a great stage. I was at the Cheap Trick concert (another first—strangely, since I've always been a big fan.) It was so much fun, and getting to interview their diehard fans was wonderful, as well. I also loved seeing so many happy faces in general—people were clearly thrilled to have the fair back in full swing.



Shirley Lorraine

This year was a treat for me. I attended on three separate days, primarily to volunteer in the San Buenaventura Women's Club information booth. We interacted with an extraordinary mix of people and enjoyed people-watching. Each day has its own special atmosphere. I loved taking my time looking at exhibits and wandering through the halls to see the varied creativity of entry, from youth to super seniors. That is my favorite thing - to see the marvelous things people do with their time. It was a pleasure to see some friends who work the fair circuit, as well as meeting new friends. I've been coming to the VC Fair for over 50 years and just love it. So glad it's back.



Real Estate/Development

The DRC

The purpose of the Design Review Committee (DRC) is to review, consider approve or deny applications for approval of design of architectural, landscaping, aesthetics for public and private projects, applications for sign variances, and proposed design elements or components of specific plans, historic districts, or other special areas.

DRC is now a recommending body only, meaning they only provide comments and a recommendation to Planning Commission which is the final decision making body for larger projects requiring design review. DRC members do not need to agree on all recommendations, but they try to organize their comments and recommendations based on whether a majority of the board agrees. Ultimately, they pass motions which include comments and/or requests for revisions that are passed along to Planning Commission to deliberate and act on. Many minor projects are reviewed and receive design approval at the Director's level.

They serve 4-year terms.

Committee Members:

Albert Antelman, Chair
William Growdon, Vice Chair
Anthony Tomasello
Jack Kiesel, Member
Curtis Cormane, Member

William A. Growdon is a licensed architect with more than 30 years of experience in architecture, design, and building (with hands-on experience in every construction trade).

William has designed and directed hundreds of projects from conception to fruition -- from new homes and remodels to mixed-use and commercial buildings (offices, retail shops, studios, and restaurants) to city planning and architectonic designs and fabrication.

Having served as a member of the local Planning Commission, William has an in-depth understanding of policies and processes and knows how to successfully navigate related challenges and create new opportunities. During his time serving with the City of San Buenaventura Planning Commission, William participated in creating and writing the City General Plan, the downtown-specific plan form-based code adopted by the city.

A California native, William was born in San Diego, raised in Manhattan Beach, and has spent most of his life in the beach towns along the Southern California coast. When he's not working or traveling, William enjoys a simple beach town life with his family - surfing, camping, hiking and coaching his daughters' soccer teams.

Anthony C. Tomasello received a Bachelors in Environmental science and economics from UC Santa Cruz, and a Masters in Urban Planning and

New developments being proposed, approved or under construction in Ventura

Maple Court Mixed Use (PROJ-22-0121) 290 Maple Court

Request for Conceptual Review for a 350-unit multifamily apartment complex with 4,900 square feet of commercial space on a 6.48-acre site in the Intermediate Commercial (C-1A) zoning district with a land use designation of Commerce.

Design Review Committee: August 17, 2022.

City Contact: Levi Hill lhill@cityofventura.ca.gov

Note: there is an opinion regarding this project in Mailbox on page 4.



Haley Point (PROJ 14778) 2400 Channel Drive (District 2)

15 buildings 2-3 stories with a total of 72 townhomes on a 4.3-acre site.

Under Construction

City Contact: Jamie Peltier, Principal Planner jpeltier@cityofventura.ca.gov



Shell Gas Station and Car Wash (PROJ 22-0103)

New two-story convenience store with eight gas pumps, an automatic carwash, and to sell beer and wine for off-site consumption (ABC Type 20 License) on a 27,612 square foot site.

11004 Telegraph Road (District 4)

Status: Under Review

Design Review Committee: TBD Director's Hearing: TBD

City Contact: Erica Hong, Associate Planner ehong@cityofventura.ca.gov



Real Estate Development from USC. His professional background is in land development and entitlements, urban design, and construction management. The New School of Architecture Bachelor of Architecture Degree (1989) Registered California Architect Member American Institute of Architects (AIA) City of Ventura

Planning Commission (2003-2005) Public Art Commission (2015-2020)

Albert Antelman, RA has spent 46 years as an architect, facility management researcher, business executive, government official and private consultant. Since 2010, he has been a Senior Fellow with the Institute of Responsible Infrastructure Stewardship, Fairfax Station, VA. The Institute is a not-for-profit "think tank" that conducts research and promotes responsible stewardship of existing infrastructure assets as a way to safeguard public safety and limit service impairment caused by failure of aging infrastructure.

Prior to retiring from the Naval Facilities Engineering Command in 2010, he was the principal investigator for facilities management and sustainment issues at the Naval Facilities Engineering Service Center, Port Hueneme, California. He is a Registered Architect in the

State of California, and holds both a bachelor's and master's of science in architecture from California Polytechnic State University, San Luis Obispo, CA.

Jack Kiesel is an award winning landscape architect who has over 25 years of experience in landscape architecture, native plant restoration & enhancement, urban renewal, art and planning. His project list is extensive and includes many successful collaborations involving master planning of parks and civic spaces, plazas, open space enhancement, campus master planning, resorts and residential design.

Jack Kiesel's work has been featured in Dwell, Green Magazine, Apartment Therapy, Central Coast Magazine and other publications.

Curtis Cormane has a B Arch from the University of Notre Dame.

He has been an instructor of architecture at Ventura College since 1996.

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News & Notes



Wings Over Camarillo was much more than airplanes. Photos by Yana Khiyod and Patricia Schallert.

A “Notable Women in Aviation” exhibit will remain permanently on display

The premier air show on the central coast of California, Wings Over Camarillo, returned for its 41st year on Saturday, August 20, and Sunday, August 21. This aviation-themed, highly entertaining, and educational event featured aerobatic performances, parachute teams, military aircraft, helicopter rides, classic car show, STEM pavilion and food and drink. Held at the Camarillo Airport it celebrated Women in Aviation. It was presented by the Oxnard Auto Center.

A “Notable Women in Aviation” exhibit, that will remain permanently on display in the Commemorative Air Force Hangar, was introduced this year. The display includes a timeline of women’s firsts in aviation history, beginning with Jeanne Labrosse of France, the first woman to pilot any aircraft solo—a balloon—in 1798, and ending with Jessica Watkins, the first African American female astronaut at the International Space Station 2022.

Wings Over Camarillo is presented by Camarillo Wings Association(CWA) that promotes aviation and its heritage, while inspiring youth with aviation related programs, education and leadership opportunities.

CWA has donated over \$521,000 in the past 11 years to local non-profits, promoting youth in science and aviation. “I want everybody to have fun,” said Bill Thomas, Wings Over Camarillo air boss. Two distinguished local aviators lead the event as grand marshals: CDR Colette Lazenka and Martha Phillips.

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News & Notes



The fire consumed over 1,000 structures.

What it means to be a FireWise Community

by Jill Sarick Santos

This December marks five years since the Thomas Fire stormed through Ventura County at record speed and, at the time, resulted in record devastation. The fire consumed over 1,000 structures and burned nearly 300,000 acres. While our community has worked hard these last five years to be better prepared, there still is much more work to do. Fire Safe Councils (FSCs) are grassroots, community-led organizations that mobilize residents to protect their homes, communities, and environments from catastrophic wildfire. In Ventura County, there are several established and some emerging FSCs, all with a common goal: to help ensure our communities are fire safe.

Council and CalFire. Since then, the VRFSC has grown to a staff of eight who report to nine board of directors. The mission of the Ventura Regional Fire Safe Council is to reduce the threat of wildfire to our community, through action, education and collaboration. We achieve this through our three main programs which include, home hardening, coordinating Community Wildfire Protection Planning (CWPP) efforts, and organizing fuel reduction and mitigation activities.

The Ventura Regional Fire Safe Council (VRFSC) was established by concerned property and business owners in 2009, incorporating as a 501c3 in 2010. The Council remained relatively small until 2020 when they received funding from California Fire Safe

Our Home Hardening Program offers free home hardening assessments that guide homeowners in a range of actions they can take to mitigate their risk. These actions range from zero to low cost with minimal effort, all the way to more expensive and elaborate retrofits. According to the Institute for Business and Home Safety (IBHS), home hardening actions can reduce a property's risk for ignition by almost 90%. The
Continued on page 13



Recently, Supervisor Matt LaVere (ex Ventura city council member) led a group of County staff to clean up graffiti in Moon Ditch near the Ventura Auto Center. LaVere and his crew spent the day cleaning up the graffiti that has covered Moon Ditch. It was a hands-on effort to remove the graffiti which was an eyesore and visible along the 101 heading south, and directly impacted the Ventura Auto Center.

The City of Ventura is committed to promptly removing graffiti from public areas. Please report graffiti to the graffiti hotline at 805-654-7805. The line is open 24 hours per day, 7 days a week.

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A festive Tiki Party complete with Hawaiian music and dancers.

Life In Paradise at Cypress Place Senior Living

Cypress Place Senior Living in Ventura served up a taste of paradise on Wednesday August 17, 2022 when the senior community hosted a festive Tiki Party complete with Hawaiian music and dancers, Tiki bar, and appetizers. Residents, families, and friends of the community were in attendance at this free event that was open to the public.

“I love the events that we have here at Cypress Place,” gushed resident Pat Eichenhofer. “This one had music and performers, and they even had dance lessons for anyone who wanted to try it.” When asked if she took part in the dance lesson, Eichenhofer said no, but that she enjoyed watching those who did.

Festivities took place from 2:00 p.m. to 3:00 p.m. in the courtyard turned tropical paradise at Cypress Place. Attendees came decked out in festive

tropical shirts and dresses and were provided with complimentary leis.

One of those who did take part in the dance lesson was Cypress Place executive director Gina Salman. “That was so much fun,” she exuded. “I love seeing our residents and members of the community enjoy themselves at these events. Everyone is having a ball.”

Glancing over to the dance floor, she smiled as several gentlemen participated in the dance lesson, shaking their hips along with the performers in grass skirts. The crowd loved it. Paradise indeed.

Cypress Place Senior Living is located at 1200/1220 Cypress Point Lane in Ventura. For more information or to RSVP, please call 805-650-8000.

To learn more about Cypress Place Senior Living of Ventura, visit www.cypressplaceseniorliving.com.



“I can hardly smell these flowers.”

Loss of smell linked to Alzheimer’s cognitive impairment and biomarkers

Decline in sense of smell is connected to faster buildup of Alzheimer’s disease-related pathology seen in brain scans, according to new research focused on older adults who live outside of nursing homes. The findings provide additional evidence that loss of smell (known as anosmia) is a key early sign of Alzheimer’s-related cognitive impairment and the accumulation of associated harmful proteins, such as amyloid-beta and tau. The research, led by NIA scientists, was published in the *Journal of Alzheimer’s Disease*.

Decline in sense of smell had previously been confirmed as an early

warning sign for Alzheimer’s in both human and animal studies, but its connection to the uptick of dementia-related brain imaging biomarkers over time had not been as closely studied in larger populations of older adults. For this study, the team tracked 364 participants from the Baltimore Longitudinal Study of Aging (BLSA) over an average period of about 2.5 years. The NIA-led BLSA is the longest running study of healthy aging in America.

The participants were initially cognitively normal and given baseline cognitive and odor identification tests and PET scans, a type of brain imaging that can detect amyloid-beta and tau deposits associated with Alzheimer’s and related dementias. Over the study period, 17 participants, or 5% of the total tracked, were diagnosed with mild cognitive impairment (MCI), of which 11 cases were associated with Alzheimer’s, three with vascular dementia, and one with frontotemporal dementia. Two were unspecified based on clinical characteristics.

The research team found that each point of lower odor identification test performance was associated with a 22% higher chance of developing MCI. This relation remained similar even after the investigators adjusted for age, sex, race, education, olfactory test version, apolipoprotein E gene (APOE 4) carrier status, smoking, elevated depressive symptoms, and vascular disease. The PET brain scans of this subset of participants showed that lower olfactory scores

Senior Living

were associated with higher levels of Alzheimer’s pathology in the brain, particularly in regions associated with the sense of smell, including parts of the orbital frontal cortex, and regions important to memory and learning, such as the temporal lobe. Further, participants with greater olfactory decline over time had higher levels of amyloid and tau in some regions related to both smell and memory function.

These results indicate that loss of olfactory function is closely tied to both the level and progression of neuropathological damage seen in Alzheimer’s. The study provides new evidence that may

explain why poorer sense of smell is an early warning sign for Alzheimer’s-related MCI. The researchers hope to follow up on this work to look deeper into whether olfaction can predict other types of dementia-related neurodegenerative changes.

This research was supported by the Intramural Research Program grant Z01-AG000015-57 and NIA grant P30AG066507.

These activities relate to NIA’s AD+ADRD Research Implementation Milestone 9.M, “Develop diagnostics/biomarkers in asymptomatic individuals.”

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Senior Living

Seminar on Brain Health & Wellness: Caregiver Resources

by Carol Leish, MA

On August 18, 2022, Ventura County's Area Agency on Aging hosted one of their monthly seminars through Zoom reflecting upon Brain Health & Wellness. Today's seminar, Caregiver Resources, focused on what is offered within Ventura County to assist caregivers.

Moderator, Maureen Hodge, LCSW, High Risk Program Manager for Care Connections (Community Memorial Health System), said that, "Caregivers are the backbone of our community."

Blair Barker, Care Services Director at the Camarillo Health Care District said that, "Over 20% of the population here in Ventura County are caregivers. Most are women. And, many are caregivers for older adults. 36% of caregivers within the county say that being a caregiver is at least slightly stressful for them."

"Senior Concerns in Thousand Oaks offers many services for caregivers," according to Martha Shapiro, Director of Programs. "Our caregiver support groups help caregivers to get rid of their feeling of being alone. With others they realize that tears are permitted and humor is encouraged.

"Besides offering support groups," Shapiro said, "we also offer legal and financial aid for free. We have an Adult Day Care Center on site. We mainly serve the east county: Thousand Oaks, Simi Valley, and Westlake. We are here to help people throughout Ventura County." For further information from Senior Concerns, contact Martha Shapiro at: (805) 497-0189 or, mshapiro@seniorconcerns.org.

"The Camarillo Health Care District serves Camarillo, unincorporated Camarillo, and Somis, along with other cities within Ventura County that request help," according to, Barker. "We also offer support groups for caregivers. We have a resource library to help out people. The legal and financial aid that we offer helps caregivers with assistance of doing a Durable Power of Attorney; Advanced Health Care Directive, and Estate Planning. We also offer screening of caregivers for depression & caregivers well-being." For further information from the Camarillo Health Care District, contact Blair Barker at: (805) 388-1952 or, blairb@camhealth.com.

"The Ventura County Area Agency on Aging (VC AAA) offers, TCARE (Tailored Caregiver Assistance & Referral)," according to, Haleh Hashemzadeh, Clinical Program Operations Manager. "We also offer a variety of support for caregivers who are helping people who are older or who are disabled. Assessing the caregivers' needs enables us to better assist them" For more information from the VC AAA, contact Haleh Hashemzadeh at: (805) 477-7300 or, Haleh.Hashemzadeh@ventura.org.

Dementia Friendly Ventura County will be presenting: 'Living Well, Caring Well' on September 7th, 2022 from 10am-12pm at the Camarillo Health-care District which is located at 3639 E. Las Posas Rd. in Camarillo. The event, which will be a one-stop shop for people living with dementia-related disease and their caregivers will be in back of building F. Important local resources will be displayed, along with the opportunity to speak to industry professionals in person. You'll be able to learn about services provided at various places: Adult Day Centers; Adult Protective Services; Alzheimer's Association; Financial Resources; Health Insurance Counseling & Advocacy; Legal/Advanced Planning; Long Term Care Ombudsman; and, Public Benefit Programs (Medi-CAL & Cal Fresh).

For more information about the upcoming Living Well, Caring Well event, call: (800) 272-3900 or look at the Dementia Friendly Ventura County website at: vcaaa.org/dfvc.



Taking a statin was associated with a decreased parkinsonian sign in older adults.

Statins may reduce the risk of Parkinson's-like symptoms in older adults

Older adults who take a cholesterol-lowering drug known as a statin may have a lower risk of developing Parkinson's-like movement symptoms, according to an NIA-funded observational study published in *Neurology*. Fatty plaques in brain blood vessels have been linked to parkinsonism, an umbrella term for conditions that cause movement symptoms associated with Parkinson's disease. The researchers found that taking a statin was associated with improved brain blood vessel health and decreased parkinsonian signs in older adults.

Parkinson's is a serious nervous system disorder that affects less than 5% of the population; however, ap-

proximately 30% of adults over age 65 have parkinsonism. People with parkinsonism experience movement symptoms seen in Parkinson's, including characteristic changes in gait, slowness of movement, tremor, and muscle stiffness. These undesirable symptoms can also increase the risk of falls, disability, and dementia.

People with evidence of cardiovascular disease in their brains are more likely to develop parkinsonism. In these cases, fatty plaques build up on the walls of brain blood vessels, making them stiff. Statins — drugs used to lower cholesterol and other fats — can help eliminate the plaques and keep brain blood vessels healthy. The study researchers at the NIA-supported Alzheimer's Disease Research Center at Rush University Medical Center in Chicago sought to explore whether statins could be a sound therapeutic strategy to treat or prevent parkinsonism.

The research team followed 2,841 older adults enrolled in studies at the Rush Alzheimer's Disease Center for an average of six years. They noted whether each participant took a statin and continually tested for signs of parkinsonism. The team also later measured fatty plaques in the brain blood vessels of the 1,044 deceased participants. Results showed that older adults who took a statin had better brain blood vessel health and a lower risk of developing parkinsonism. The researchers also performed statistical analyses that suggest the ability of statins to reduce brain blood vessel stiffness is at least partly responsible for the decrease in parkinsonism risk.

Currently, there are limited options for treating movement problems that occur later in life, and these findings demonstrate the potential of using statins to treat parkinsonism. Still, the authors note several limitations to their study. Because the study was observational, randomized controlled trials are needed to determine if statins can prevent or treat parkinsonism. In addition, the participants in the study were primarily White, highly educated older adults. Future studies should examine the association between statin use and parkinsonism in a set of participants that more accurately reflects the diversity of the population.

Aging Biology Alzheimer's Disease Research Centers Chronic Conditions-Gerontology Translational Research

This research was supported in part by NIA grants .

Five ways to get the most out of your doctor's visit

Have you ever left your doctor's office realizing you forgot to ask an important question? Or were you frustrated because you didn't fully understand the doctor's instructions? These tips may help.

1. Decide what questions are most important to ask the doctor

Before your appointment, pick three or four questions or concerns that you most want to talk about with

the doctor. You can tell him or her what they are at the beginning of the appointment, and then discuss each in turn. If you have time, you can then go on to other questions.

2. Stay focused on why you are there

Although your doctor might like to talk with you at length, each patient is given a limited amount of time. To make the best use of your time, stick to the point. For instance, give the doctor a brief description of the symptom, when it started, how often it happens, and if it is getting worse or better.

3. Be honest with your doctor

It is tempting to say what you think the doctor wants to hear, for example, that you smoke less or eat a more balanced diet than you really do. While this is natural, it's not in your best interest. If you are lesbian, gay, bisexual, or transgender, it's important to come out to your doctor, as people who are LGBT have unique health needs. Your doctor can suggest the best treatment only if you say what is really going on. For instance, you might say: "I have been trying to quit smoking, as you recommended, but I am not making much headway."

4. Share your point of view about the visit with your doctor

Tell the doctor if you feel rushed, worried, or uncomfortable. If necessary, you can offer to return for a second visit to discuss your concerns. Try to voice your feelings in a positive way. For example, you could say something like: "I know you have many patients to see, but I'm really worried about this. I'd feel much better if we could talk about it a little more."

5. Remember, the doctor may not be able to answer all your questions

Even the best doctor may be unable to answer some questions. Most doctors will tell you when they don't have answers. They also may help you find the information you need or refer you to a specialist. If a doctor regularly brushes off your questions or symptoms as simply a part of aging, think about looking for another doctor.

Senior classes offered

OLLI at CSU Channel Islands Fall I Zoom classes began on August 22 but you can still register. Choose from 10 courses, some on Zoom and some both on Zoom and in person, including:

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Aimed at adults 50 and over, OLLI offers intellectually stimulating six-week college-level courses on a variety of topics without the burden of homework, tests or grades. Classes are \$60 each, with a great price on unlimited classes.

For more information, contact the OLLI team at <https://ext.csuci.edu/programs/professional-community-ed/osher-lifelong-learning-institute/> or much easier at (805) 437-2748, Option "2".



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This 'n' That

Channel Islands National Park receives funding to restore well site

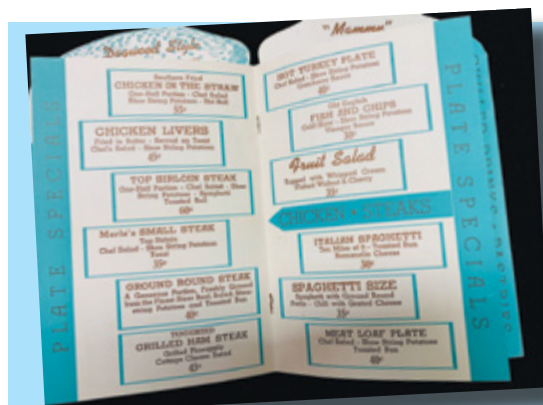
Channel Islands National Park has received \$1.43 million to remove and remediate a derelict well site near Scorpion Ranch on Santa Cruz Island. The funding includes removing the dilapidated infrastructure and associated debris, as well as sealing and restoring the site.

This funding is a portion of the approximately \$9.8 million The National Park Service received from the Bipartisan Infrastructure Law to plug, remediate,

and reclaim abandoned oil and gas well sites in seven national parks. Overall, bureaus within the Departments of the Interior and Agriculture will address 277 high-priority wells that pose threats to human health and safety, the climate, wildlife, and natural resources.

“Funding from the Bipartisan Infrastructure Law enables us to tackle legacy pollution issues caused by past extraction activities in national parks,” said NPS Director Chuck Sams. “Closing and reclaiming abandoned oil and gas wells will alleviate these environmental hazards that jeopardize health and safety by contaminating groundwater, emitting noxious gases, and littering the landscape.”

Additional information on other NPS projects funded through this legislation can be found at <https://www.nps.gov/orgs/1207/bil-wells-2022.htm>



Menu from the Royace Maddox that was located on Main. Can you imagine the year? Photographed at the Museum Research Library by Patricia Schallert.



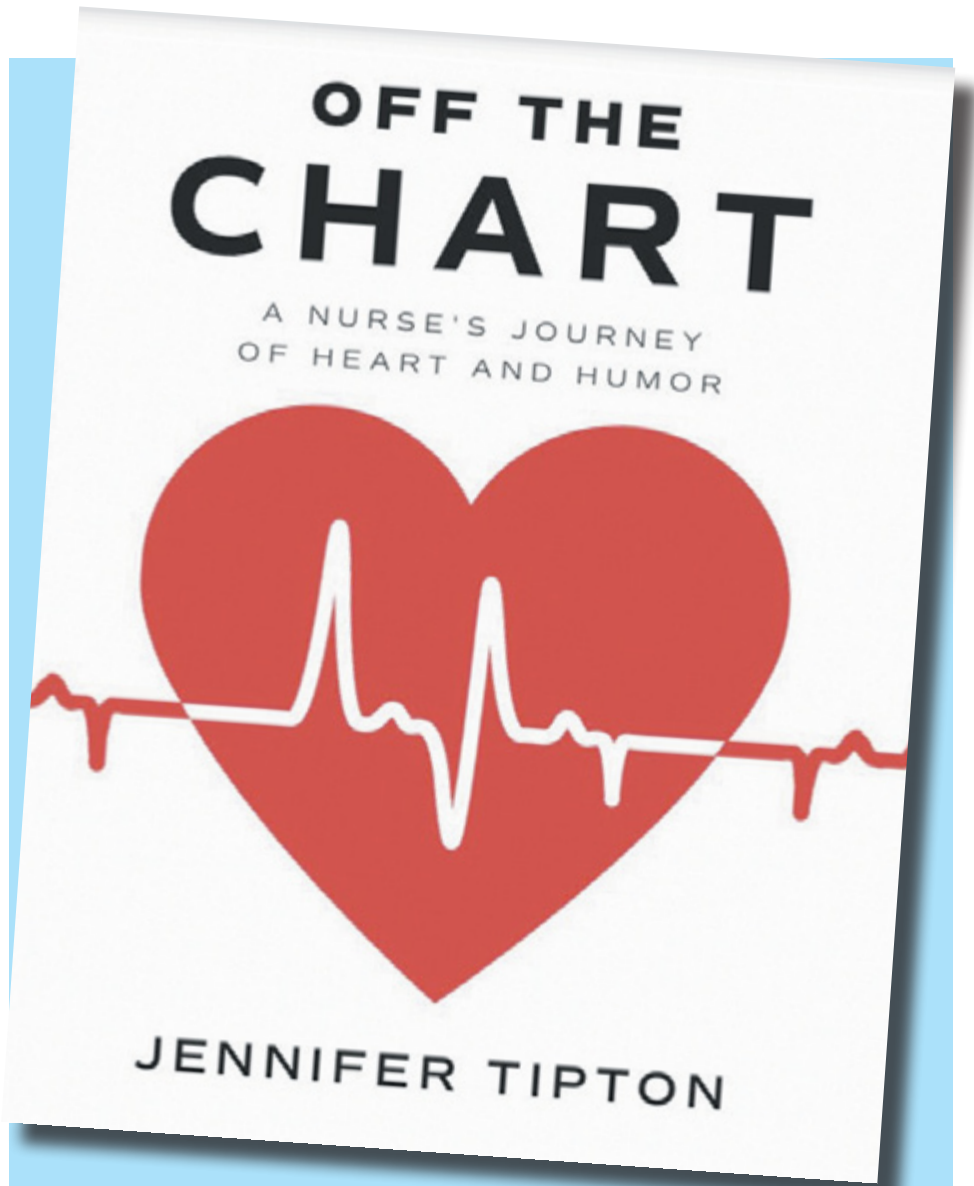
Ventura Police and Fire Departments

Continued from page 1
vehicle extraction demonstration, Kid's firefighter challenge course, fire prevention information, fire sprinkler demonstration, fire engines, hazardous materials vehicle and an ocean rescue vehicle.

Several Ventura dignitaries attended the event including Ventura Chief of Police Darin Schindler, City Manager Alex McIntyre, and Ventura Council Member Doug Halter.

“I got here a little early and people were already showing up before the official start time and interacting with the police officers and the employees everyone just seems excited to be here” said Schindler. The event was a great place for citizens to interact with their local police and fire personnel. It was a great way for residents and kids to meet police and fire personnel in a fun, family-oriented venue.

“This is great community policing, exactly what I was hoping for, and I knew it would be great because we have a great community and I have a great staff.” He added.



Jennifer Tipton has written “Off The Chart A Nurse’s Journey Of Heart And Humor” based upon her 30-year nursing career. Jennifer was a journalist for the Ventura Breeze prior to moving out of California. We are sure that she misses us as much as we miss her.

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Community Events

Ventura events

by Ana Baker

If you have experienced the loss of a loved one due to suicide, do not hesitate to join the Survivors of Suicide Loss grief support group. Livingston's Grief and Bereavement Program are committed to maintaining an open, accepting, confidential atmosphere. All free of charge.

Survivors of Suicide Loss meets on the 1st and 3rd Wednesday of every month from 6:30 – 8 p.m. If you would like to register for a support group, please get in touch with Stacia Sickel at 805-389-6870 x452 or ssickel@lmvna.org.

All support groups are conducted through Zoom at this time. Visit www.lmvna.org for more information.

Spanish Conversation Group: Meets 2nd and 4th Tuesday of the month from 3-4 p.m. at the Ventura Yacht Club. Intermediate level group. The conversation only, not just lessons or grammar—no fee, just genuine interest in practicing the language. Native speakers appreciated. To enter the club, press the blue button on the keypad at the gate and tell them “Spanish group.” Coastalpatty@yahoo.com for more information.

The Ventura Senior Men's Group continues to meet for a social lunch and program at the Poinsettia Pavilion in Ventura on the first and third Tuesday of each month. Men of all descriptions are always welcomed to stop in to sample our shenanigans. Bob Likins at 805-587-1233 or Rick Follenweider at 650-520-1098 can supply details.

Wanna Play Bridge? Join us for ACBL-sanctioned duplicate bridge games every Tuesday, Wednesday, and Thursday at 12:30. All levels of play, and we will guarantee to have a partner for you if you need one. Lessons are available. Contact: Richard 805-850-8011 or Rose 805-659-9223 or buckleyrose357@gmail.com. All Welcome.

August 24: The College Area Community Council in Ventura will be holding a Zoom meeting on Wednesday at 7 p.m. Council meetings include speakers and discussions on the neighborhood and community interest topics, including public safety and economic development. CACC represents citizens in the area bounded by Mills Road on the west, Hill Road on the east, city limits in the hillsides on the north, and the 126 Freeway on the south. Visit the College Area Community Council website @ <https://caccventura.com> to learn more, to be added to the mailing list, or access a link to the Zoom meeting.

Sept. 3 & 4: MERITO Foundation is honored to be the recipient of proceeds for the Aloha Beach Festival 2022. The Aloha Beach Festival will be held in conjunction with the 38th annual C-St. Long Board Classic. The festival is hosted at Promenade Park and Surfer's point. MERITO Foundation is a 501(c) 3 nonprofit organization dedicated to protecting the ocean by providing education, conservation and

scientific research opportunities to multicultural youth and their communities. The Aloha Beach Festival entertainment will start at 10am with Hawaiian dancers and pro Frisbee dogs. The entrance is free.

Sept. 3: Sespe Fly Fishers of Ventura will conduct our monthly “First Saturday” introductory Fly Rod Casting and Intro to Fly Fishing clinic. In September, the “First Saturday” is on September 3. There is no charge, and all are welcome.

Please join us at Chumash Park, on Petit and Waco, off Telephone Rd. 9 – 11 a.m. For everyone's safety, we ask all attending to comply with any current Ventura County Health Department recommendations. For more information: Casting Program Coordinator Thomas Hall (805) 377-5249 www.sespeflyfishers.org

Sept. 4: Open house tours of the 1892 Dudley Historic House Museum will take place on Sunday, from 1- 4 p.m. Admission is free. The museum is located at the corner of Loma Vista and Ashwood Streets, 197 N. Ashwood. Please call (805) 642-3345 or visit the website at dudleyhouse.org.

Sept. 4: Old-Time Country Bluegrass Gospel Music Assoc. Sunday 2 – 4 p.m. Located at the Poinsettia Pavilion 3451 Foothill Rd. Live Music on stage. Jamming in the Canada Room. Free Admission and free parking. Open to the Public. For more information, call 805-517-1131 or visit Facebook: OTCBGMA.

Sept. 7: Coastal Counties Parliamentarians meet to study and discuss parliamentary procedure on Wednesday, 9:30-11:30 a.m. (805) 647-5110, 7924 Emerald Street. Open to all.

Sept. 7: BCNN (Beach Cities Neighbors and Newcomers), a social organization for women from Ventura, Oxnard, and Port Hueneme, will have its monthly coffee meeting on Wednesday at 9:30 a.m. at the Ventura Yacht Club. The speaker will be a representative from County Animal Services. Non-members are welcome to attend free of charge to see if they would like to join this group, which has dozens of small activity groups from theater going, wine tasting, various games, and sports to day trips and whatever is of interest to members.

Sept. 7, 21: Parent grief support group. The Compassionate Friends (TCF) of West Ventura County provides free grief support for families after the death of a child. Parents, grandparents, and siblings over 16 are welcome to join us on the first and third Wednesday of every month from 7-8:30 p.m. via ZOOM. First-time attendees join the call at 6:45 pm. We provide peer-led support where you can openly grieve without being judged. If interested, please contact (805) 835-9100 and leave your email address so we can forward the ZOOM link via email a few days before the scheduled call. For more information, visit TCFventura.org. To speak with the TCF Chapter Leader in Ventura, contact Laura Lindsay at (914) 610-8918.

Sept. 13: San Buenaventura Women's Club Lunch (\$20), program, and meeting. Poinsettia Pavilion, 3451 Foothill Road. Program: Betsy Blanchard Chess, author & Santa Paula historian.

(805) 654-8370. Reservation required. Meets 2nd Tuesday each month Sept-May at noon. Everyone welcome.

Sept. 17: The Totally RAD Foundation's Touch a Truck event will be held on Saturday, from 9am – 1pm at Trinity Lutheran Church (196 N Ashwood Avenue). Touch a Truck is a fun family event that offers hands-on opportunities for children (and children-at-heart) to explore, climb and touch trucks, emergency response vehicles, heavy machinery, classic cars and other equipment. Kids have the opportunity to get behind the wheel and rub elbows with their hometown heroes, while exploring their favorite vehicles including big rigs, fire engines and much more. So put your imagination in gear and go! Tickets are \$5 per family at the event.

Sept. 24: The Ventura County Handweavers and Spinners Guild will hold a hybrid in-person zoom meeting at the Studio Channel Islands Art Center (SCIART) - 2222 Ventura Blvd., Old Town Camarillo, from 9 – 2 p.m. General Meeting will be on Saturday from 9:30 – 11 a.m. in the Community Room and the Program from 11- 2 p.m. For more information on Programs and Workshops, please visit us at www.vchsg.org.

Sept. 24: Channel Islands PC User Group (CIPCUG) Online and now live at our temporary location in Ventura County. Computers 2175 Goodyear Avenue, Unit 117 (805) 289-3960. Discussion, Tutorial, and Q&A sessions centered around Computers, email, the Internet, social media brokers such as Facebook, LinkedIn, Google, and Yahoo. Events begin at 9:30 a.m. All CIPCUG events may be attended online. Due to limited space, live attendance is reserved for members. Details for connecting online events are emailed prior to the event. To receive connection instructions, please sign up on our website at: <http://www.cipcug.org> cipcug club website

Ojai news and events

Looking for warm-hearted comedy relief during the dog days of summer? Ojai ACT has Just the Ticket for you. From the pen of prolific playwright Peter Quilter, Just the Ticket is a joyful and ingenious one-woman show starring Ojai

actress Lynn Van Emmerik, directed by Tom Eubanks.

Just the Ticket runs through Sunday, September 4. Performance times are Friday and Saturday at 7:30 p.m., and Sunday matinees at 2 p.m. General admission is \$20, \$18 for students, seniors, and Art Center members. For more information and group sales call 805-640-8797.

Local author Tamara Davis will visit the Ojai Library at 2pm on Saturday, September 10, to speak about her book, Despite the Buzz. Despite the Buzz is a colorful cautionary tale concerning tech's toll upon learning, relationships, safety, and wellbeing. The paperback was locally designed and published in Ojai.

The artful story is educational and exciting! A new high school teacher raises awareness about screen use inside her Reflective Writing classroom, but she doesn't realize the danger lurking. The realistic and romantic fiction is recommended for readers over 14 years of age. For more info, please refer to despitethebuzz.com.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146 or ron.solorzano@ventura.org.

The Ojai Library is located at 111 East Ojai Avenue in Ojai, CA. Hours of service are 10am to 8pm Monday through Thursday and 12pm to 5pm Friday through Sunday.

Forget fighting the beach crowds. Come to serene Ojai for a relaxing afternoon of smooth jazz with Grammy-winning performers on Saturday, August 27, 2 p.m. at the Ojai Art Center. Don't miss this chance to experience the unique musical blend of Gregg Karukas, Thom Rotella, and Tyler Hammond. Doors open at 1 p.m. Tickets cost \$25 online and \$25 at the door. No refunds. Questions? Call: 805-746-0936

Ojai Performing Arts Theater Holds Audition For A Grand Night

“We're looking for strong singers who can respect and deliver on the incredible songs in a revue we're calling 'A Grand Night for Ojai: the Songs of Rodgers and Hammerstein.'”

Auditions will be held on Saturday, September 10 from 1 p.m. to 4 p.m. in the Sunshine Room of the Ojai Presbyterian Church, 304 N. Foothill Rd.

Actors are asked to bring sheet music for a song that will demonstrate range and comfort with musical material. Call Stuart Crouner for an audition appointment at (805) 646-9277.



Patty Paumier



Emma Grossman

St. John's Regional Medical Center employees to be honored

Two of Dignity Health St John's Regional Medical Center employees will be recognized by the West Ventura County Business Alliance as part of their annual Oxnard Community & Business Awards. The awards will be presented at a luncheon next week.

Distinguished Citizen of the Year - Patty Paumier

For decades, Patty Paumier has played a significant role in Oxnard, particularly at St. John's Regional Medical Center. She is the manager of the gift shop at St. John's Regional Medical Center and a longtime hospital and community volunteer. Her passion for helping others and her dedication and

Continued on page 20

Trash, Recyclables and Yard/Organic Waste Pick Up Delay Due to the Labor Day Holiday

Due to the Labor Day holiday on Monday, Sept. 5, trash, recyclables and yard/organic waste will be collected one day later than usual the entire week of Sept. 4-10 in the Cities of Ventura, Ojai and the surrounding areas.

Thank you and Happy Holiday

E. J. Harrison & Sons

To order services & pay bills online go to www.ejharrison.com

Connect with us! @ejharrisoninc



805-647-1414

Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Stabbing with Arrest

On August 17, at 7:00 am, the Ventura Police Command Center received a 911 call of a stabbing victim in the 200 block of Poli St. Responding officers arrived on scene within three minutes of the call and located the victim suffering from a stab wound to the lower extremities.

The ensuing investigation revealed that the victim and suspect, 46-year-old Ventura resident Billy Fields, were acquaintances and attended a party at the suspects residence. The suspect woke up in the morning and accused the victim of stealing his property. He began to punch and kick the victim and threatened him with a knife.

The two were involved in physical confrontation when the victim was stabbed in the lower extremities.

The victim was transported to the Ventura County Medical Center for non-life-threatening injuries.

The suspect was located inside his residence after a brief stand off and was arrested without further incident. The suspect was taken to the Ventura County Jail on charges of assault with a deadly weapon and making threats.

Lewd Acts with a Minor/Furnishing Marijuana to Minor Arrest

In March of 2022, The Ventura Police SVU (Special Victims Unit) began investigating a report of 33-year-old Fillmore resident Matthew Stanwood performing a lewd act on a minor. Throughout the investigation, SVU learned that Stanwood had also provided the minor with marijuana.

On August 17, SVU learned Stanwood would be back in Ventura after working out of state. On August 18, at approximately 4:00 pm, Detectives conducted an operation to locate and arrest Stanwood. Stanwood was located at Marina Park in The City of Ventura. He was arrested and taken into custody without incident. Stanwood was booked at Ventura County Jail for Lewd Acts With a Minor and Furnishing Marijuana to a Minor both are felonies.

SVU has information that there may be additional victims. Anyone who believes they are a victim should contact Detective Hume at (805) 339-4472.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

8/3 12:43pm, dispatched to a fall victim in Mobile home park. Officers responded with VFD/AMR to assist a female with lift assist, no injuries sustained from fall.

8/4 12:22pm, received report of a stolen vehicle at Village. Officers responded with VPD, searched the lot and were able to locate the vehicle in the lot.

8/6 11:55am, observed a disabled dinghy in the main channel. Officers aboard Rescue B19 were able to tow the vessel to its slip in the Portside marina.

8/7 2:00pm, dispatched to

stingray strike at Harbor Cove, tower #3. Officers responded with hot water to treat the puncture wound. Patient treated than released on scene by State Parks Lifeguards.

8/8 12:50-2:05pm, dispatched to seven stingray strikes at Harbor Cove. Officers responded to each call with hot water to treat the injuries. All patients were treated on scene and released after the painful injury.

8/9 5:00am, received report of a transient screaming at employee of the fuel dock. Officers responded, removed the individual from the area.

8/10 6:31pm, received mayday call from the skipper of a 24ft vessel that lost its rudder approximately 1 mile west of harbor. Officers responded, towed the vessel at low speed back to their slip at Ventura Yacht Club guest dock.

8/11 8:50pm, while on patrol in the vehicle, observed two RV's parked in the launch ramp parking lot. Officers educated the owners, and they removed the vehicles.

8/12 11:30am, received request for a tow from disabled vessel. Officers responded and towed the vessel to the harbor; Tow Boat US took over in the harbor.

1:57pm, dispatched to a stingray strike at Harbor Cove. Officers responded with hot water to assist State Parks. The patient was treated and released.

8/13 4:07pm, dispatched to stingray strike at Harbor Cove. Officers responded with hot water to assist State Parks with the injury. Patient treated and released.

5:05pm, received report of individuals from the "pirate ship" at VHV D-dock harassing workers at the Boat Yard pub. Officers responded, contacted the individuals and they agreed not to return to the Pub.

6:30pm, received report of an individual trespassing on a vessel in VIM. Officers responded and after a brief investigation determined both parties were intoxicated and the trespass was accidental. Both have the same sailboat.

8/14 4:45pm, dispatched to an Ocean Rescue near the South Jetty, capsized kayaks and 2 persons in the water. Officers responded, launched rescue swimmer to save the two persons, pulled them aboard Fireboat, uninjured. The kayaks dewatered and everything/everyone was delivered to the launch ramp.

8/15 3:19pm, dispatched to fall at Navigator/Spinnaker. Officers responded with VFD/AMR, found a female skateboarder down with a shoulder injury. She was treated on scene and transported by AMR to local hospital.

8/16 2:03am, dispatched to an overdose at VWM. Officers responded with VFD/AMR. Responders found two young females that took too many magic mushrooms and had called 911. The pair were released to parents, uninjured.

4:17pm, dispatched to multiple stingray strikes at Harbor Cove. Responded with hot water to assist State Parks with two patients. Transported one to vehicle.

The Bookmark

About Libraries and Friends

by Mary Olson

The Ventura County Library's **Summer Reading Program, "Read Beyond the Beaten Path"**, concluded in August with well-attended wrap parties. After visiting over the summer, patrons, young and older, are all eager for more library programs to come in the Fall.

Storytime will continue at E.P. Foster Library, indoors on the 2nd Floor, on Mondays at 10:30 am and at Hill Road Library, indoors in the Children's area, on Wednesdays at 10:30 am. For storytimes at the other branches, and to check for updates, visit Ventura County Library website's Storytime page: <https://vencolib.org/storytime>

Paws for Reading continues at E.P. Foster (Thursdays, 4:00 - 6:00), Hill Road (Wednesdays, 3:30 to 5:00), and Ojai Library (Wednesdays, 1:30 - 2:30).

Paws for Reading is a reading program designed to help improve a child's reading skills through reading aloud to a registered therapy dog. Join PAWS dogs for one-on-one reading sessions. Arrive at the library early to choose a book and get in line to read to a special pooch. Children of all ages are welcome!

An in-person **Minecraft** program will be offered at the E.P. Foster, Hill Road, and Ray D. Prueter Libraries simultaneously on the same server. Computer availability is first come, first served. Arrive at the library early to get signed up. This program is limited to participants ages 5-17 years old.

Have Minecraft JAVA edition (for PC/MAC) and want to play from home? If so, please contact vencolib.minecraft@gmail.com.

Email or visit the library's Minecraft page for scheduling and more information: <https://vencolib.org/minecraft>

Ventura County Library is seeking volunteers! Please visit the teen volunteers page for more information: <https://vencolib.org/teen-volunteers> and contact vcl.volunteer@ventura.org with your interest.

Ventura Friends of the Library is also seeking volunteers!

Currently, we could really use volunteers who would be interested in researching both the value and potential market for the large collection of Civil War books we recently received, as well as Cd's and vinyl records.

We can always use more volunteers

to sort and price donated books, work in the bookstore in E.P. Foster and work at our quarterly book sales.

You can see what we're up to at our website: <https://venturafriendsofthelibrary.org> and find there, in the right sidebar, links to shop at our online store and to subscribe to our monthly email newsletter.

You can always contact us at friends@venturafriendsofthelibrary.org or stop by our bookstore in E.P. Foster Library, open 11 am to 4 pm Tuesday through Saturday.

What it means to be FireWise

Continued from page 8

assessments are currently being studied by the insurance industry in hopes that actions taken could translate into more equitable homeowner insurance premium affordability.

Building upon the education and awareness that the Home Hardening program inspires, the Council also coordinates fuels mitigation work, including curbside chipper events for residents. Additionally, the Council is actively identifying strategies that would offer incentives to a homeowner when retrofitting their property to "harden it" from wildfire.

Finally, FSCs work collaboratively across a variety of stakeholder and decision-making forums to update and/or create Community Wildfire Protection Plans (CWPP), which help identify risks and priority mitigation projects.

Once the evacuation orders are issued, it is the goal of the VRFSC that we've done our due diligence to ensure that residents are confidently prepared to leave their homes calmly and trust that their structure will survive. This will free up emergency response personnel to focus on their critical work of saving lives and infrastructure. Together, we all can learn to adapt to and live as a FireWise Community.

To learn more, visit the Ventura County Fire Department's Ready-Set-Go page. Homeowners located in the cities of Ventura, Camarillo, Thousand Oaks, Simi Valley, Moorpark and Oxnard/Port Hueneme can register online for a free home hardening assessment.

Jill Sarick Santos has led community-based environmental outreach efforts for nearly 30 years and is the Executive Director of the Ventura Regional Fire Safe Council.

Weekly SUDOKU Answer

2	4	9	7	6	5	3	1	8
8	5	7	2	3	1	9	6	4
1	3	6	8	4	9	5	7	2
4	8	2	1	5	7	6	3	9
9	1	3	6	2	8	4	5	7
7	6	5	4	9	3	2	8	1
5	2	1	9	7	6	8	4	3
3	7	4	5	8	2	1	9	6
6	9	8	3	1	4	7	2	5

King Crossword Answers

Solution time: 24 mins.

C	A	T	S		O	H	O		O	A	S	T	
H	C	O	T		R	U	B		K	V	E	E	
A	N	T	I		H	E	R	O		A	T	A	
P	E	S	T	O				E	M	P	I	R	E
					C	E	N	T		A	I	D	
S	H	A	H		Y	A	R	N		O	R	G	
P	U	N			D	E	T	O	X		T	A	I
Y	E	T			I	T	A	L		S	E	W	N
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A	B	L	A	Z	E				C	A	R	O	N
S	O	L	I		A	N	T	I	G	O	N	E	
T	U	E	S		V	I	I		E	M	I	T	
	I	S	Y		E	P	A		D	O	I	S	



The Pet Page



Dedicated to Scamp

SPAN Thrift Store is open to the public and looking for donations of adult clothing, household items and tools. SPAN Thrift Store regularly provides \$10 spay and neuter clinics for low-income households for cats and dogs. Upcoming clinics include: Tuesday, September 21st, parking lot of Shiells Park, 649 C St, Fillmore; September 13th, parking lot of SPARC, 705 E. Santa Barbara St., Santa Paula. Please call to schedule an appointment (805) 584-3823.

Since 1992, the Spay and Neuter Animal Network, otherwise known as SPAN, has made it their mission to reduce dog and cat overpopulation throughout Ventura County by raising public awareness about the direct consequence of irresponsible breeding.

Today more than ever, responsible dog & cat owners play the most significant role in the solution to overpopulation by spaying and neutering. SPAN shares in that responsibility by providing financial assistance to pet owners who would otherwise be unable to pay for this procedure.

As a result of their dedication and focused commitment, SPAN proudly releases their 2021 / 2022 fiscal year stats that support over 1300 spay and neuter procedures. These numbers bring SPAN's 30-year total to over 36,680 spay/neuter procedures. Incredible.

"Our ability to help pet owners is related to our Thrift Store sales, Legacy gifts, and unrestricted cash donations. Thanks to our all-volunteer staff at SPAN, we are proud to say that 100% of our income supports spay and neuter procedures." -- SPAN Board of Directors For more about SPAN, their mission, and opportunities to assist, please visit website at: www.spanonline.org.

You can shop the SPAN Thrift Store located at 110 N. Olive St. Suite A Ventura

SPAN Thrift Store Phone: 805-641-1170 for hours.

■ Saturday, August 27, 11am-6pm, Clear The Shelters is back after a 2-year break during COVID. Fee-waived adoptions for all animals at the Camarillo and Simi Valley Shelters! Doors open at 11:00am for the adoption of dogs, puppies, cats, kittens, bunnies, reptiles, farm-type animals and more. Animals go home spayed or neutered, vaccinated, microchipped, flea-treated, and come with a voucher for a free first vet visit!

Online adoption sign-ups will be suspended this day only due to the event, so all adoptions are on a first-come, first-served basis. Animals can be previewed online at www.vcas.us/pets.

#ClearTheShelters is a nationwide pet adoption event organized by NBC4 and Telemundo52. Promotions do not guarantee the adoption of a shelter pet. All interested parties must participate

in the full adoption process to ensure the best possible matches are made. Promotions do not include the cost of a pet license if applicable.

Questions? Please contact us at (805) 388-4341 or info@vcas.us.

■ On August 10, at 7:06pm, fire units were dispatched to a reported animal in distress at Victoria Ave at Thille St. Units arrived to find a young dog entangled by its leash in brush and trapped in a storm drain. Fire crews were able to make access to the dog and disentangle it from the brush and remove it safely from the storm drain. The dog was assessed and determined to have some injuries to a hind leg and mouth. It is unknown how long the dog was trapped and no owner was able to be identified. Firefighters gave the dog some water and it was taken by Ventura County Animal Services to the shelter in Camarillo. If you recognize the dog or know the owner, please contact Ventura County Animal Services at (805) 388-4341.

■ **Veterinary Viewpoint: How fat is my cat?**

Dr. Joanna Bronson

Fat cats are not healthy cats. A healthy cat should have no more fat along his rib cage than the padding on the back of your hand. "Fluffy" is not an excuse for fat. If you can't even feel his ribs, he's fat.

As cats age, their metabolism shows down. According to the Association for Pet Obesity Prevention, nearly 60% of all domestic cats in the U.S. are overweight. Just as with humans, carrying extra weight can lead to numerous health problems.

Using a scale of 1-5 (5 being high) to measure body condition, stand over your cat while he is standing. If he is not fat, you should be able to see a slight indentation over his hips (looks like a waist in humans). Long-haired pets might be difficult to judge this way.

If his sides bulge out, then he's chubby. You can also weigh your cat at home. An ideal weight for most cats (dependent on breed, age, and bone structure) is around 10 pounds. If your smallish cat tips the scales at 15 or more, he's too fat.

Symptoms of obesity can include:

Difficulty jumping or climbing stairs

Sitting or lying down more and an unwillingness to move around

Loss of a visible waistline

Owner's inability to feel rib or hip bones

Dirty, messy, unkempt hair

Less frequent bowel movements and/or passing more gas

Overweight cats are more prone to diseases, such as diabetes, arthritis, and joint pain. Excess weight can also trigger inflammation that can lead to multiple acute and chronic conditions that can become life-threatening.

As cats age, so do their nutritional needs. Free choice feeding is not recommended for older or obese cats. However, drastically reducing or changing your

Scamp Club

(Scampclub pets are not for adoption.)



Roxanne and Gizmo enjoy parks and daily strolls down Main Street in search of that perfect morning cup of coffee. Always ready to make a new friend on the walk to the beach.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

cat's regular diet is not recommended just as crash diets do not succeed in humans.

Changing diets too quickly can actually be harmful to your cat. For a fat cat, not eating for a couple of days whether from stress, starvation, or refusal to try a new food can lead to a form of liver disease. Therefore, any food transitions should always be made gradually.

Age: Middle-aged cats (8-12) years old are more likely to be overweight;

Neutered: Neutered or spayed cats tend to have a larger appetite;

Environment: Indoor cats are generally heavier than outdoor cats;

Underlying Health Conditions: Food allergies, joint discomfort, arthritis.

and keep him healthy.

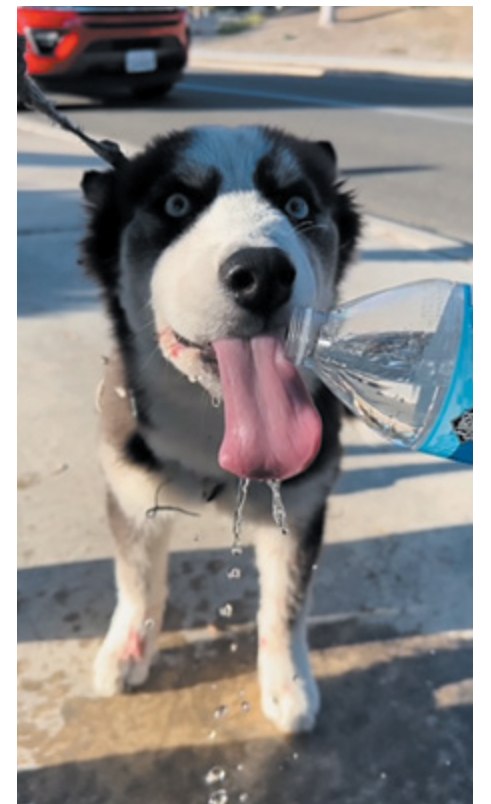
Calorie-restricted foods promote weight loss but help maintain lean muscle mass. These diets combine low fat with higher protein and insoluble fiber to help him feel full.

Dry vs. canned diet. Switching from dry to canned food can help achieve weight loss. Careful washing of food dishes between feedings is important.

Prescription veterinary diets. These metabolic-controlled diets aim to induce ketosis (the body burns fat for energy instead of glucose from

carbohydrates) without a reduction in calories fed.

Once a cat has started and his weight loss program, it's essential to continue the plan to keep him from regressing.



Ventura fire units were dispatched to a reported animal in distress.



America's four newest search teams, officially paired July 2, now join Search Dog Foundation's national roster.

SPAN Thrift Store
SPAY/NEUTER ANIMAL NETWORK

Seeking donations of Clothing, Tools and Small Electric Kitchen appliances.

10am - 4pm Tues, Thurs & Sat
Wed./Fri 10-12

\$10 Low/No Income Spay & Neuter
September 13th
SPARC parking lot,
705 E Santa Barbara St., Santa Paula
Must call for appointment
(805) 584-3823

\$10 Low/No Income Spay & Neuter
September 21st
Shiells Park parking lot,
649 C Street, Fillmore, CA 93015
Must call for appointment
(805) 584-3823

805.641.1170 110 A & B N. Olive St., Ventura CA 93001 www.spanonline.org



The Pet Page

Forever homes wanted

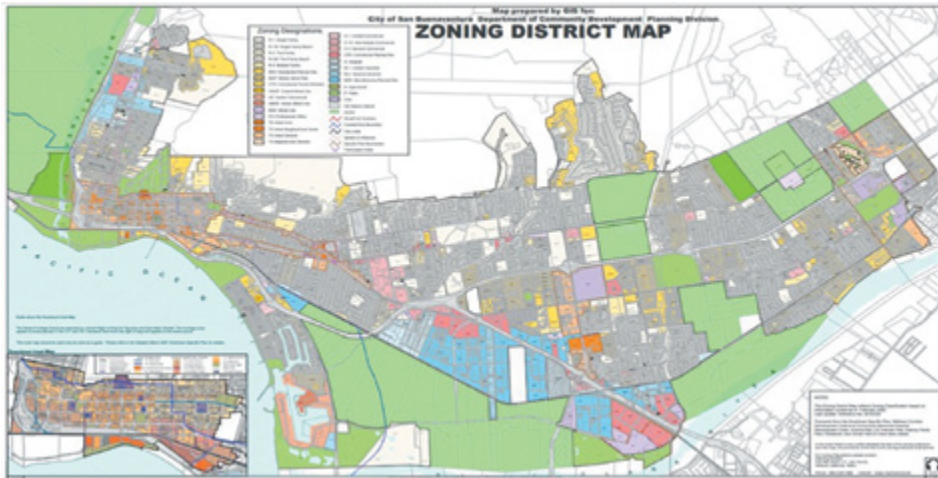
Hi! I'm Thumper, a shy 7-year-old Miniature Poodle X that was found on a trail in Simi Valley. I was adopted from Animal Services by someone who unfortunately discovered he was allergic to me. I'm super sweet and just want to cuddle all the time with my people. I will stick to you like glue, especially on walks. I'm house-trained and seem to know a few commands like sit, stay and come here. I am very shy around other dogs and cats, but not aggressive. I was found with a stray Pug who was my best bud--so I'll warm up to furry friends if I can get to know them gradually. People call me Thumper because my tail shakes very vigorously, thumping loudly against any walls, floors and surfaces nearby. If you're interested in meeting me, please fill out an online application. Canine Adoption and Rescue League C.A.R.L.



Meet Lobo. He's a cuddly and happy 9-year-old Husky mix. He's a staff and volunteer favorite! He loves people and has lived in a home with other dogs. He's house-trained and loves to cuddle. He'll follow you around the house to see what you're doing, then take a nap in his bed. He loves to play ball and going for walks around the neighborhood. If you'd like to



meet Lobo, schedule an appointment at <https://www.vcas.us/adopt> or come down to the Camarillo Shelter during normal Adoption Hours of 1:00pm - 6:00pm Tuesday - Sunday. If you have questions, please contact us at (805) 388-4341 or info@vcas.us. Kennel: 001



The General Plan is a high-level guiding document that sets the vision for the City.

Upcoming General Plan community workshops

Community members are encouraged to take part in the City of Ventura's next critical phase of its General Plan Update related to land use alternatives. The series of participation opportunities kicks off with an in-person workshop at 6:00 p.m. on Tuesday, August 30, at the Museum of Ventura County, located at 100 East Main Street. Additionally, the City will host a virtual workshop at 6:00 p.m. on Thursday, September 1.

The General Plan is a high-level guiding document that sets the vision for the City and the goals and policies of how and where the City should grow and change over the next 20-30 years. A part of the General Plan is a land use map that shows the type of uses desired in the City, where they should go, and intensity of those uses. This includes housing, retail, parks, schools, industrial, and many other uses.

This next phase of the General Plan Update process will include a series of maps that will lay out areas where land uses could be adjusted to meet the needs and desires of the community for the next 20 years. These land use alternatives will examine different ways to achieve the outcomes identified in the

draft vision statement. The feedback received to date from the visioning work, online surveys, workshops, and events shape the basis for these maps.

"For the last two years, the City's General Plan team has hosted dozens of workshops and outreach events as well as heard from thousands of residents about their vision for the future of Ventura," shared Mayor Sofia Rubalcava. "This next phase of the General Plan Update process combines all the shared input and ideas to offer alternative options related to how we use our land."

Community members will have the opportunity to review the different land use maps for distinct subareas of the City, to ensure specific considerations and input is captured throughout the City, and provide feedback.

Additional participation opportunities that will be coming up include online surveys, neighborhood community council meeting presentations, and in-person and virtual office hours.

For a complete schedule of General Plan workshops, events, and updates, visit www.PlanVentura.com.

Help Plan Ventura's Future



Attend an Event to Review Land Use Alternatives

The City of Ventura is hosting a series of events as part of its General Plan Update. Your input at this critical part of the process will help define the future land uses in Ventura.

- 
Attend a citywide workshop to explore land use across the entire city. (Spanish interpretation will be available at both workshops).
 - Tuesday, August 30, 6:00–8:30 PM (In-Person) Museum of Ventura County, 100 E Main Street.
 - Thursday, September 1, 6:00–8:30 PM (Virtual)
- 
Join us during office hours to ask questions about the alternatives.
 - Tuesday, September 13, 6:00–8:30 PM (Virtual)
 - Monday, September 19, 6:00–8:30 PM (In-Person) City Hall Community Room, 501 Poli Street.
 - Tuesday, September 27, 6:00–8:30 PM (Virtual)
- 
Join a Community Council meeting to discuss specific areas of the city in more detail. Visit planventura.com or each Community Council's website for additional information.
- 
Complete an online survey to provide feedback on your ideas for future land uses.



Scan for Survey

For information about the events and to get links to the virtual meetings visit planventura.com or email us at PlanVentura@cityofventura.ca.gov



by Pam Baumgardner
VenturaRocks.com

The Ojai Pops Concert Series co-sponsored by the City of Ojai kicked off Sunday, August 21, and if you missed it, no worries, there will be four more chances to catch another one of their community concerts at Libbey Bowl. All concerts are free and start at 3:30 pm: August 28: Tuxedo Junction Jazz Band September 25: 805 Brass and Los Padres Sound Horn Quartet October 23: Ojai Pops Orchestra w/ vocalists Miriam Dance & Sophie Holt November 6: Larktown & Friends, featuring Lark Cobb (vocals) and Todd Temanson (banjo)

The Hueneme Beach Festival falls over the weekend of August 27 and 28 (1 - 6 pm) and is absolutely free to attend with live music both days:

Saturday, August 27: New Orleans Suspects, Twisted Gypsy, Taylor Sackson, CRV, Morie & the Heavy Hitters, Olivia Willhite Sunday, August 28: Nth Power, Phantom Blues Band, Beebs & her Money Makers, the Cousins, Sade, Juano & Friends, Hand Me Down Band.

Spencer Mackenzie's is once again uniting two events into one with the world's largest cornhole tournament called The Throwdown during the day and then once the sun (starts) to go down, it's live music with A.D.D. on Friday; Sunny Lefurd, and Mandex on Saturday; then starting at 2 pm on Sunday, it's Morie & the Heavy Hitters followed up with a set by Rey Fresco. Tickets can be found at TheThrowDownCornholeTournament.com.

The 34th Anniversary show for Chick Singer Night will be held on Saturday, September 10 with Martha V, Diana Bacon, Olivia Mucha, Kerri Climer and Vanise Terry. Chick Singer Night is held at Studio B in Oxnard. Tickets are \$25 through EventBrite.com.

There are several shows coming up at the Namba Performing Arts Space on Oak, downtown Ventura:

Esteban Ramirez on September 3
Dirty Cello on September 10
Iona Fyfe on September 11
Tommy McManus on September 18

Along with Hawaiian hula dancers, frisbee dog demonstrations, food trucks and more, the Aloha Beach Festival will offer up some live musical entertainment from Warren Takahashi and Friends, Free Love Project 805, Jacob Marquez and the Good Vibes, Morie & the Heavy Hitters, Jill Martini and the Shrunken Heads, Keyth & the Universouls, Heavy Rotation, the Question and Rising Son. This free family friendly event will be held at promenade park along Surfer's Point here in Ventura on Saturday and Sunday, September 3 and 4. This year's beneficiary will be the Merito Foundation.

New shows added at the Ventura Theater:
Max & Iggor Cavalera - September 29

Alkaline Trio - October 21

New shows added at Ventura Music Hall

Protoje, Jesse Royal, Lila Ike - Oct 1
Bad Suns - Oct 5

Dirty Honey, Dorothy, Mac Saturn - Oct 6

Knuckle Puck - Oct 22

Dave Alvin & Jimmie Dale Gilmore with the guilty Ones - November 15
The Rare Occasions, Hot Freaks - December 4

High Street Arts Center (HighStreetArtsCenter.com) in Moorpark has a number of tribute shows lined up called the 2022 Legends Series:

Chicago Tribute Experience (Chicago) - August 26

Raymond Michael tribute to King of Rock and Roll (Elvis) - August 27

The Heart of Rock & Roll (Huey Lewis & the News) - September 2

Fortunate Son (Credence Clearwater Revival) - September 3

Quick Notes: just added to the music stage for Taste of Local on Sunday, September 11 is Spencer the Gardener; Billy Idol plays the Ventura Theater Thursday, August 25; the next Singer/songwriter showcase dinner event at Pierano's is set for Thursday, August 25 with Dylan Brehm, Lainey Brown, Olivia Mucha, Jodi Farrell and Aaron Burch; Colbie Caillat is at the Thousand Oaks Civic Auditorium, Friday, August 26; Fantastic Diamond plays Cantara on Saturday, August 27; the final Music Under the Stars is Saturday, August 27 with Lisa Haley & the Zydekats (sold out); Elvis Costello plays the Thousand Oaks Civic Auditorium on Sunday, August 28; Switchfoot is at the Ventura Music Hall on Sunday, August 28; Nathan McEuen plays the Ojai Underground on Friday, September 2; and Starship, featuring Mickey Thomas, is at the Libbey Bowl on Sunday, September 4.

The latest episode of VenturaRockSpot (www.VenturaRockSpot.com) is live featuring Looking West. The young trio out of Ventura have been making their mark on the music scene playing such venues as, Topa Topa Brewing in Ventura, Rock & Roll Pizza in Camarillo, even Surf Rodeo last month. You can catch them live when they play MadeWest Brewing on Saturday, August 27.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more listings, additional times and genres go to VenturaRocks.com

Aloha Beach Festival Promenade Park, Ventura

Sat 9/3: Warren Takahashi, Free Love Project, Jacob Marquez & the Good Vibes, Morie & the Heavy Hitters

Sun 9/4: Warren Takahashi, Jill Martini & the Shrunken Heads, Keyth & the Universouls, The Question, Rising Son

Boatyard Pub

1583 Spinnaker Dr., Ventura

Wednesdays: Frank Barajas

Thursdays: Jim Friery; Bluegrass Jam

Café Fiore

66 California Street, Ventura

Wed 8/24: Donna Butler

Fri 8/26: Rick Whitfield

Sat 8/27: Otis Hayes

Sun 8/28: Urban Dread

Wed 8/31: David Patt

Sun 9/4: Free Love Project

Channel Islands Harbor

3600 Harbor Blvd., Oxnard

Free concert - 4-6 pm

8/27: Ray Jaurique & the Uptown

Brothers

9/3: Ignition

Cantara Cellars

126 N. Wood Rd., Camarillo

Fri 8/26: Johnny and the Love

Handles

Sat 8/27: Fantastic Diamond

Sun 8/28: Moxey Raven Band

Fri 9/2: Oleander Falls

Sat 9/3: Katie Shorey

Copa Cubana

Ventura Harbor Village

Tuesdays: Blues Tuesdays

Thursdays: Glenn Bennet

Copper Blues

The Collection, Oxnard

Fri 8/26: Raw Honey

Sat 8/27: Fallen Saints

Deer Lodge

2261 Maricopa Hwy, Ojai

Fri 9/2: The Late Knights

Sat 9/3: Devon Thompson

El Rey Cantina

2302 Ventura Blvd., Camarillo

Sat 9/3: The Robot Uprising, Out of Trust, RAW

Four Brix Winery

2290 Eastman Ave., Ventura

Fri 8/26: Inna Rude Mood

Sun 8/28: Déjà vu Three

Fri 9/2: Ray Jaurique & the Uptown Brothers

The Garage

1091 Scandia Ave., Ventura

Sat 8/27: Emily Coupe with full band

The Grape

2833 E. Main St., Ventura

Tuesdays Jazz Jam

Wed 8/24: Nick Gomez Trio with Teryn Re

Thurs 8/25: Water Seed

Fri 8/26: Barrehouse Wailers

Sat 8/27: Doug Webb and Friends

Mon 8/29: Derek Sherinian - Simon Phillips (two shows)

Wed 8/31: Jazz Quartet

Fri 9/2: the Guil Juliao Quartet

Sat 9/3: Doug Webb Group feat. Danny Carey of Tool

Keynote Lounge

10245 E Telephone Rd, Ventura

Thursdays: Open Mic

Sat 8/27: Breaking Bored

Leashless Brewing

585 E. Thompson Blvd., Ventura

Thurs 8/25: Andrew Hart

Fri 8/26: Jayden Secor

Sat 8/27: Animo Cruz

Sun 8/28: Spring Loaded

Libbey Bowl

210 Signal St., Ojai

Sat 8/24: Michael Feinstein

Sun 8/28: Tuxedo Junction Jazz Band

Sun 9/4: Starship feat. Mickey

Thomas

Margarita Villa

Ventura Harbor

Fri & Sat 8-11 pm; Sun 5-8 pm

Fri 8/26: Colette Lovejoy Band

Sat 8/27: Vinyl Gypsies

Sun 8/28: CRV

Fri 9/2: Whiskey Business

Sat 9/3: Dive Bar Messiahs

Sun 9/4: DRB - Doc Rogers Band

Namba Arts

47 S. Oak Street, Ventura

Sat 9/3: Esteban Ramirez

Ojai Underground

616 Pearl Street, Ojai

Fri 9/2: Nathan McEuen

Sat 9/3: Little Days

Poseidon Brewing

5777 Olivas Park Drive, Ventura

Sat 8/27: Zeke Berkley

Sat 9/3: Dean & Lisa

The Raven Tavern

1651 S. Victoria Ave., Oxnard

Fri 8/26: Operation 90s

Sat 8/27: Rewind (5 pm); Free Love Project (8 pm)

Sun 8/28: Karen Eden

Fri 9/2: Jayden Secor

Sat 9/3: Brandon Ragan Project

Sun 9/4: Mack & D

Spencer Mackenzie's Music Festival

Ventura Fairgrounds Parking Lot

Fri 8/26: A.D.D.

Sat 8/27: Mandex, Sunny Lefurd

Sun 8/28: Morie & the Heavy Hitters, Rey Fresco

The Twist on Main

454 E. Main St., Ventura

Wednesdays: Americana Night

Thursdays: LA Jazz Connection

Fri 8/26: Littlefish

Sat 8/27: Dive Bar Steve (2 pm); Guy Martin Band (8 pm)

Sun 8/28: 80R2D (12:30 pm); Aaron Burch (5 pm)

Ventura Music Hall

1888 E. Thompson Blvd., Ventura

Thurs 8/25: Aaron Lewis and the Stateliners (sold out)

Sat 8/27: She Wants Revenge

Sun 8/28: Switchfoot

Tues 8/30: Jerry paper,

Fri 9/2: Jesse Daniel

Sat 9/3: Cubensis

The Vine

308 E. Ojai Ave., Ojai

Saturdays: Smitty and Julia and Friends

Sundays: Austin Vallejo

Water's Edge

1510 Anchor's Way Dr., Ventura

Sun 8/28: Dean & Lisa

Waterside Restaurant and Wine Bar

3500 Harbor Blvd., Oxnard

Sun 8/28: Sean & Colin

Winchesters

632 E. Main St., Ventura

Music Thurs 5:30; Fri 7 pm; Sat 2 pm; Sun 3 pm

Thurs 8/25: Blown Over

Fri 8/26: Steve and Sally Williams

Sun 8/28: Jayden Secor

Fri 9/2: Cinnamon Whiskey

Sat 9/3: McGuire/Moffet Band

Sun 9/4: Brandon Ragan Project

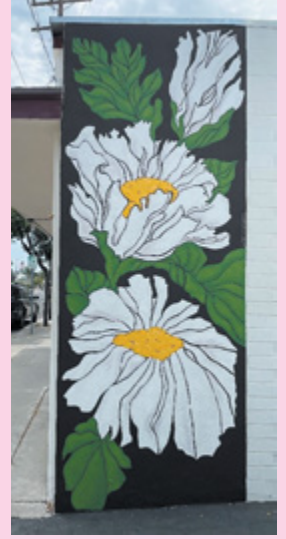
Tues 9/6: Open Mic w/ Jenna Rose

ventura Music Scene



The Museum invites guests to a reception showcasing the work of author **Melina Sempill Watts** and plein air painter **Jeff Sojka** in their exhibit *Going Wild*, on August 27, from 3:00 p.m. – 5:00 p.m.

When in midtown, keep your eyes open for the newly painted public art mural “Matilija Poppies” by local artist **MB Hanrahan**. A new addition to Ventura’s impressive public art collection, “Matilija Poppies” is just one of over 200 remarkable public art pieces you can find throughout the city. Take a moment to appreciate the mural’s glamor at 1548 E. Main Street. For a full list of Ventura’s public art mural locations visit www.cityofventura.ca.gov/1778/Public-Art-Murals



Third Annual Marvelous Mug Marketplace Ventura Pottery Gallery

Please join us for the third annual Marvelous Mug Marketplace featuring mugs from over 40 local artists at the Ventura Pottery Gallery in Ventura Harbor. The Marketplace will take place during the Harbor’s popular Chalk and Art Festival on September 10 and 11.

Not only will you be able to choose from a vast array of mugs at our outdoor display, gallery artists will provide clay demonstrations throughout the weekend.

Come and meet the makers as you mingle with the mugs. The Pottery Gallery is located at 1567 Spinnaker Drive, Suite 105 in Ventura Harbor and is open daily from 11-6. For more information visit venturapotterygallery.com. Can’t make it to the gallery? Visit our online store at www.venturapotteryonline.com

Tamiko Jordan taps into the cyclical flow of life.

Under the umbrella, “Life Cycle,” three artists’ solo exhibits tap into the cyclical flow of life, whether it’s the changing nature of an artist’s style and interests over time or the rhythms of nature itself.

These BAA artists are **Bonnie Quan** of Ojai, with “Tiny Paintings: A Mini-retrospective”; **Tamiko Jordan** of Ventura, who titled her show “Ebb and Flow”; and **Michelle Nosco** of Ventura, who chose the theme, “Portals: Sacred Sites and the Circle of Life.”

At Studio 99 @ The Bell Arts Factory Location is around the back of the building off of Wall St. Now thru October 1, 2022. Open Fridays and Saturdays, noon to 4pm View or purchase all of these artworks and more on our website at BuenaventuraArtAssociation.org



Ventura Art Scene

Ribbon Cuttings



A Ventura Chamber Ribbon cutting ceremony was held on August 11th at Annie’s Portside Boutique, located in a Live/Work space in the Portside Ventura Harbor community at 864 Schooner Ave. # 107 Ventura, 93001. Annie’s love for fashion and design, along with a desire to be part of the Ventura Community, led her to open “Annie’s Portside”. “Annie’s Portside” has a boutique atmosphere where you can enjoy personal shopping with friends while trying on comfy/cozy clothes, jewelry and items for your home along with unique gifts. The Original Pizza Chief, located on Main Street in Ventura provided food and refreshments for the ribbon cutting event. Photos by Patricia Schallert

Ventura Executive Suites

701 E. Santa Clara Street

Ventura CA., 93001

(805) 653-2381



Ventura Executive Suites Email: info@venturaexecutivesuites.com

Ventura Executive Suites Website: venturaexecutivesuites.com

One Month FREE*!!

**on select units*

On behalf of the tenants at Ventura Executive Suites, we would like to welcome you to stop by and come on it to our **Networking Mixer!**

When: Thursday, August 25th @ 4:00 PM

Where: 701 E. Santa Clara St., Ventura CA., 93001

Don't forget to bring your business card and marketing tools!

Ventura Executive offers fully furnished office spaces in a prime location located in Downtown Ventura. We offer FREE phone & Internet on a one year lease, mail services, conference rooms, 24/7 access, tenant parking PLUS MORE!!

Move In Special: \$499 a Month*



Lighter Breeze

Tiger



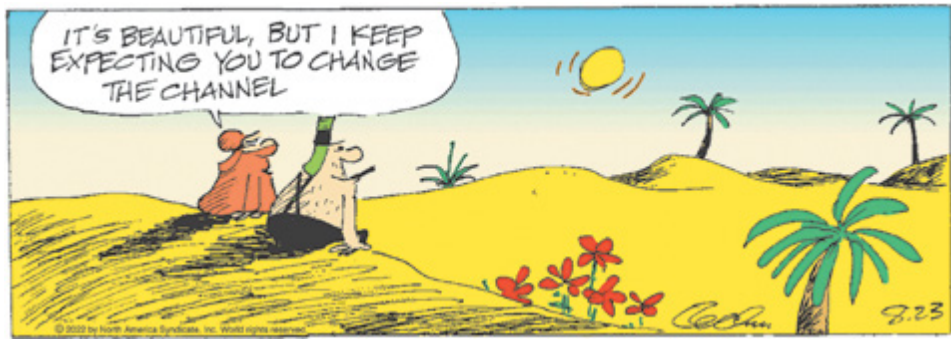
Shoe



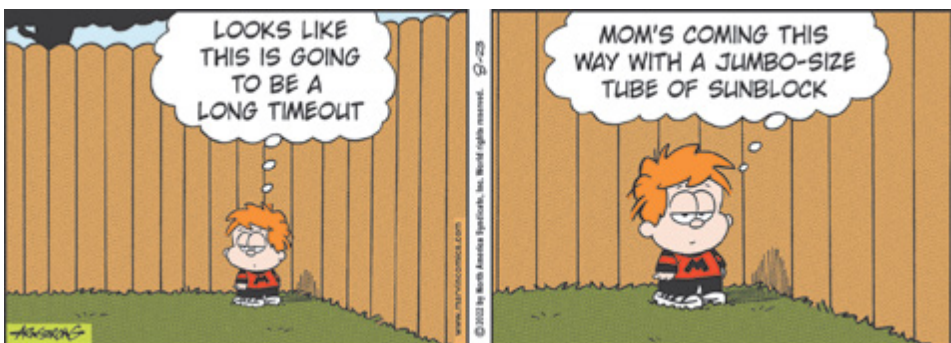
Mother Goose and Grimm



Crock



Marvin



Moose and Molly



Solutions on page 13

(For a beginners guide to playing Sudoku go to venturabreeze.com)

	4		6			8
8		2			9	
	6			9	5	7
	8	2	1			3
9			2		4	
	5			3		1
5			7			3
	7		5	8	1	
		8		4		2

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 3x3-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO ROY!

Solutions on page 13

King Crossword

ACROSS

- 1 Felines
- 5 Discoverer's call
- 8 Brewer's kiln
- 12 Owl call
- 13 Massage
- 14 Leg joint
- 15 Not-so-noble protagonist
- 17 Rat- —
- 18 Green sauce
- 19 Realm
- 21 Penny
- 24 Help
- 25 Persian leader
- 28 Knitter's need
- 30 Assoc.
- 33 Bit of wit
- 34 Rehab process
- 35 — chi
- 36 Even so
- 37 Slanted type (Abbr.)
- 38 Darned
- 39 Hollywood's Lupino
- 41 Take five
- 43 Burning
- 46 Leslie of "Gigi"
- 50 Songs for one
- 51 Daughter of Oedipus
- 54 Mon. follower
- 55 Half of XIV
- 56 Send forth

1	2	3	4	5	6	7	8	9	10	11		
12				13				14				
15				16				17				
18						19	20					
			21		22	23		24				
25	26	27			28	29			30	31	32	
33				34					35			
36				37					38			
		39	40			41		42				
43	44				45			46		47	48	49
50					51	52	53					
54									55			
56										57		

- 10 Char
- 11 Head, to Henri
- 16 Weeding tool
- 20 Tailless cat
- 22 Russian refusal
- 23 Early Mongolian
- 25 Covert agent
- 26 Coloration
- 27 Cuba, Jamaica, etc.
- 29 Actor's quest
- 31 Cold and damp
- 32 Tonic's mixer
- 34 Actress
- 38 Put on, as a play
- 40 Dagwood's dog
- 42 High school subj.
- 43 Wine region
- 44 Boxing match
- 45 Roof overhang
- 47 Former Dallas QB Tony
- 48 Taking action
- 49 Tennis barriers
- 52 Wee bite
- 53 Spanish aunt

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relationships also improve. **LIBRA** (September 23 to October 22) Money matters remain a bit unsettled, but soon will ease into the kind of stability you appreciate. Meanwhile, an expanding social life offers a chance to make new friends.

ARIES (March 21 to April 19) A turn in a relationship upsets the amorous Arian, who is puzzled by Cupid's romantic antics. Be patient and considerate. The confusion will soon sort itself out.

SCORPIO (October 23 to November 21) Use an unexpected roadblock in your monetary dealings to reassess your financial plans and make changes, if necessary. It soon will be smooth sailing again.

TAURUS (April 20 to May 20) It's a good time for travel-loving Taureans to take off for fun-filled jaunts to new places. And don't be surprised if Cupid tags along for what could be a very eventful trip.

SAGITTARIUS (November 22 to December 21) Aspects of love are strong for both single and paired Sagittarians. Professional dealings also thrive under the Sag's clever handling of difficult situations.

GEMINI (May 21 to June 20) You appear to be of two minds about continuing a relationship that seems to be riding roughshod over your emotions. A frank talk could help you decide one way or the other.

CAPRICORN (December 22 to January 19) Set a realistic goal and follow it through to completion. Remember, you're more likely to impress the right people with one well-done job than with lots of jobs left undone.

CANCER (June 21 to July 22) Stepping back from a relationship problem provides a fresh perspective on how to deal with it. Meanwhile, watch your words. Something said in anger now could backfire later.

AQUARIUS (January 20 to February 18) You like to plan ahead. That's fine. But, be prepared to make some changes because of an unsettled period that influences your aspects throughout the next week.

LEO (July 23 to August 22) A changing situation makes the Big Cat uneasy. But hold on until things settle down in about a week. Meanwhile, continue your good work on that still-unfinished project.

PISCES (February 19 to March 20) A brief phase of instability affects your usual work cycle. Use the time to catch up on chores around the house or office. Things will settle down soon after this week.

VIRGO (August 23 to September 22) A decided improvement in a workplace situation results in an unexpected, but very welcome, added benefit for everyone. Personal

BORN THIS WEEK: You love being the center of attention and probably would be a big success in show business.

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Showtime

A View from House Seats

Fractured Actors Take on Space and Time

by Shirley Lorraine

Looking for something a little different to do? You might want to experience the current Speakeasy Project: Area 22 that Fractured Actors Theater Company has devised.

This year's annual speakeasy production is the brainchild of organizers Jeff and Shannon McNally Ham, who also wrote and directed the pieces. The evening consists of four original one-act offerings, some out-of-this-world live music by The Conspiracies, and a healthy dose of tongue-in-cheek by-play by all involved. The atmosphere is very X-Files meets Ziggy Stardust meets Ripley's. Quite quirky and fun. I had a blast.

The company operates out of Suite J of Liminal Church of Ventura at 1956 Palma Drive in an industrial park. Their productions are tagged as #NotA-ChurchPlay, and they are certainly not.

Park in the back. The entertainment begins the minute you approach the door. Be prepared to be asked for credentials and verification of human existence. Just to ease your mind, all life forms are welcome. Guests are seated at tables and chairs facing the black-box stage. All seats are up close and personal. Libations and light snacks are available. The ambiance is mysterious, dark, casual and comfortable.

The Conspiracies, under the musical direction of James Dorward (who also plays drums) features Rachael Lynde on lead guitar and vocals, Chris Gwaltney on guitar and vocals, Ashley Gwaltney on keyboard and vocals and Lauren Sexton on bass guitar and vocals. Each has assumed a delightfully otherworldly persona A dynamic band with outstand-

ing chemistry and audience appeal, they play before, between and after the acts, keeping the audience (at least me!) bobbing and moving.

The large cast manages the works well. Cast members range in age from 7 to well above 80. All are enthusiastic, willing to go along with the set-up and clearly having fun. What a terrific setting for actors of all levels, techs and audience open to trying something new and different. The company advertises "inspiring and thought-provoking theatrical experiences for a non-traditional theater audience." The one-acts presented, for the most part, did do just that.

Of note to me were performances by Erica Connell, Anthony Contreras, Bryan White, Benjamin Wilson and Hudson Ham.

I enjoyed perusing Sweet Jay's Museum of Oddities, a collection of fascinating objects scattered throughout the location. A lot of work went into placement and display and are worthy of discovery. As one who has lent personal furniture and props to many a theatrical production over the years, I had to wonder - were these decidedly strange things just hanging around the Hams' house? Did the items spark the theme or were they gathered to fit? I wonder about odd things.

There is only one more weekend to enjoy this unique theatrical experience. I highly recommend it. Performances are Friday & Saturday, August 26, 27 at 8 p.m. and Sunday the 28th at 5 p.m. Tickets are available at fracturedactors.com. Check out the website for more information.

Streaming Spotlight by Cindy Summers

Look Both Ways

- Netflix Originals



Breeze rating from 1 to 4 palm trees, 4 being best.

In Look Both Ways, Natalie (Lili Reinhart) and Gabe (Danny Ramirez) had been the best of friends while attending college together at the University of Texas. Natalie was working toward her goal of becoming an animated film producer, while Gabe was pursuing a music career as a drummer with his band. Just before graduation, they decided to have a friendly sexual encounter, both agreeing to not make a big deal out of the situation. On the eve of her graduation, Natalie found herself feeling unwell, and though they used protection, there seemed to be the possibility that she might have gotten pregnant.

Natalie's best friend Cara (Aisha Dee) went to the store and purchased crackers to help if it was some bad 7-11 sushi they had eaten, and also

bought several home pregnancy tests. It's at this point that Natalie's life split into two parallel realities, one where she's not pregnant and moves to Los Angeles with her best friend Cara to pursue a career in animation and the other where she is pregnant and after talking with Gabe decides to keep the baby and stay in her hometown and move back in with her parents.

Initially upon hearing the news that Natalie was pregnant, her parents Rick (Luke Wilson) and Tina (Andrea Savage) were upset feeling that she would be giving up her dream of an animation career and also concerned for Gabe ability to support her in any way. Natalie stressed that she was not giving up her dream, merely putting it on hold for a bit, and Gabe assured them her would do his part in supporting their child. Natalie and Gabe decided against marriage, as they just considered themselves good friend, so when the baby was born, Gabe moved into the guest bedroom in the house and helped Natalie with parenting.

Meanwhile, in Natalie's LA life, she and Cara moved into an apartment together as Cara had already secured a job and Natalie began her search to find any work in animation. As luck would have it, the animator she idolized was looking for an assistant, which she was able

to land due to some clever efforts on her part. Unfortunately, her job was clerical and it seemed that her boss had no interest in her animation skills. Natalie was patient and waited for the right moment to share her portfolio with her boss, but she was shot down saying her work was very representative of other known styles and lacked originality.

Back in Texas as their daughter Rosie grew to a preschooler, Natalie and Gabe pursued their separate lives while raising her together. Gabe got his own apartment and started dating at Natalie's urging, and Natalie began drawing again and came up with an animated short inspired by raising her daughter. At the same time in LA, Natalie had a new love interest she worked with and was planning to move in together as she pursued creating her own animated film after basically being fired after reviewing her portfolio with her boss.

In the end it would appear that there was no wrong choice for Natalie, and although both version of her reality had their own unique challenges, ultimately she would fulfill her dream of becoming an animated film producer through the trials and tribulations that each path presented. It's a great example of the convergence of destiny and free will, where her life was destined to have her meet specific people and accomplish specific things, both which were found true with either path she chose.

Rated: PG-13

Runtime: 1h 50m

Mailbox

Continued from page 4 path to the hospitals.

This project will do nothing to address the housing affordability crisis, as 90% of the units will be market-rate, meaning they are unaffordable to all but the affluent.

And where does the water come from?? Aren't we in a severe drought?

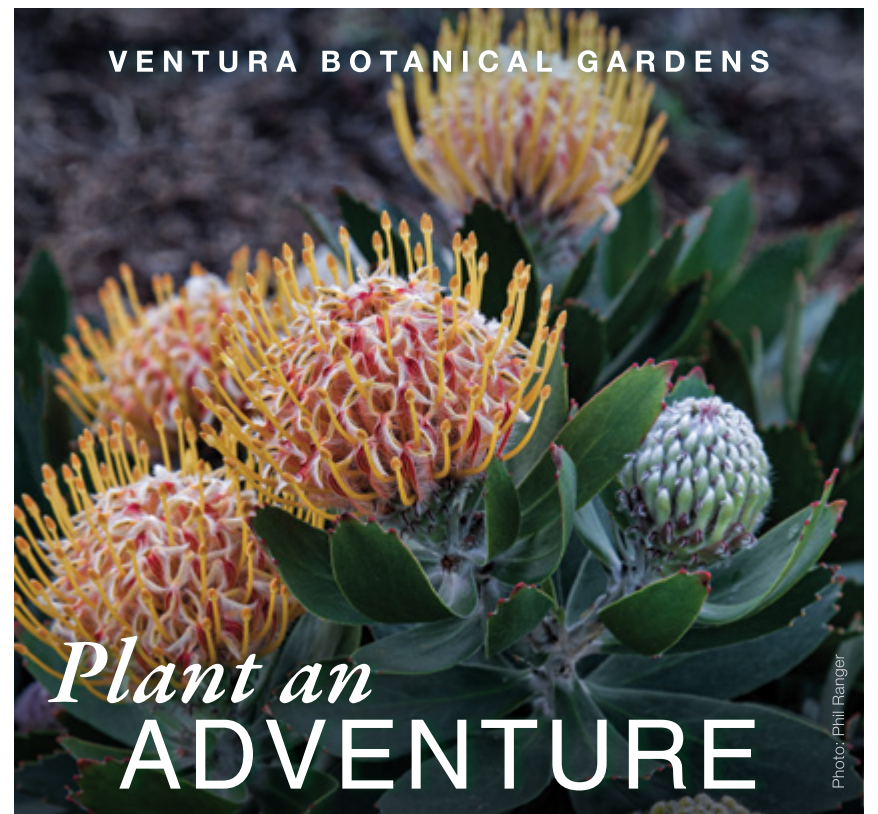
The project has zero aesthetic value. It looks cheap and generic, no style whatsoever. Nothing about it evokes Ventura. It could be anywhere. It is too tall and too massive for the neighborhood; it looms menacingly over Maple Street and the backyards of Wesley Avenue. It is a bully.

The Los Angeles developer, Skya Ventures, has a track record so far of 1) inflicting a 92-unit 7-story apartment building on a residential side street in East Hollywood; and 2) renovating a 60-unit lower income apartment building in Highland Park and then evicting 57 of the 60 tenants.

We don't need any more of this garbage-type development in Ventura. If you agree, let the City Council know your concerns (council@cityofventura.ca.gov), and remember you can vote them out in Districts 1, 4, 5, 6 this November.

Ursula Britton

Editor note: See page 6 for a rendering of this project



Plant an ADVENTURE

Free Admission on Labor Day

Bring your family and friends to enjoy the Gardens. Leashed dogs are welcome.

Be sure to stop into our courtyard garden shop, browse our plants and pottery, and ask about our plant sponsorships.

JOIN US Monday, Sept. 5

HOURS 9am-5pm

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Kara Smith presents funds to Louise Oseguera, VCGC President, Jan and Bruce Hunter, Kara Smith and Christine Gallagher, VCGC Secretary.

Garden Club donates beautification project funds to Dudley House

Ventura's Dudley Historic House Museum was happy to receive a generous check from Kara Smith of the Ventura County Garden Club. "The Ventura County Garden Club awards funds for a beautification project each year to one of the communities represented by its membership," said Smith during the presentation on June 5th to Dudley House garden committee members Jan and Bruce Hunter.

This money will be used specifically for the "Miriam's Garden" area of the grounds, named for the last

Dudley House resident who, along with daughter Johanna, donated the historic 1892 residence to the City of Ventura in 1977 to function as a museum. Plans for the charming picket-fence-enclosed garden are the addition of plants and flowers as well as paver paths and benches.

Says Smith, "The Ventura County Garden Club is pleased to join the Dudley House in making our community beautiful together."

The museum's grounds are always open to the public who are invited to visit and watch the progress. It is located at the corner of Loma Vista and Ashwood streets (197 N. Ashwood). Museum tours are given every first Sunday 1-4 and for groups by appointment. For more information and a virtual tour visit www.dudleyhouse.org.

St. John's Regional Medical Center

Continued from page 12

service to St. John's hospitals are evident in the more than 40 years of service she has contributed to St. John's. Thanks to her leadership, the SJRMC gift shop donates a portion of its funds to support the purchase of lifesaving equipment at SJRMC.

Patty's contributions to St. John's hospitals are immeasurable. She is loved and appreciated by all hospital staff and the community alike. If Patty sees a hungry person, she will buy them a meal. If she sees someone feeling blue, she hears them out. If someone is celebrating a win, she cheers them on. Patty has truly dedicated herself to serving others, which has helped promote a healing environment at St. John's and has

This 'n' That



The generous gift will fund the purchase of an advanced C-arm.

Mechanics Bank commits \$100,000 to Community Memorial Healthcare Foundation

Community Memorial Health System is proud to announce that Mechanics Bank has committed \$100,000 in funding to the Community Memorial Healthcare Foundation, a non-profit organization dedicated to supporting the programs and services of Community Memorial Hospital in Ventura.

The generous gift will fund the purchase of an advanced C-arm - a mobile imaging unit used during procedures to capture, store, and transmit images - for Community Memorial Hospital's Gastrointestinal (GI) Lab and Ambulatory Surgery Center. The addition of this new, dedicated unit will enhance care, efficiencies, and overall patient experience for those undergoing GI procedures or same-day surgeries.

"We are incredibly grateful to Mechanics Bank for their generosity in funding the purchase of a new, mobile C-arm unit at Community Memorial Hospital," said Adam Thunell, Community Memorial Health System's Senior Vice President of Operations. "As patient numbers continue to rise, the versatility, speed, and ease-of-use of the new C-arm will allow us to treat more people in our community while maintaining the exceptional

level of patient care Community Memorial is known for."

Mechanics Bank has a rich history of supporting organizations that improve the quality of life in the communities it serves. Through employee volunteerism, affordable housing projects, financial literacy programs, career development efforts and philanthropic gifts, the California-based bank strives to understand and address the needs of its communities across the state.

"As patient demand grows, so too does the need for expanding upon a quality healthcare system with robust capabilities," said Tony Kallingal, Chief Banking Officer of Mechanics Bank. "We could not be happier or more proud to support Community Memorial Hospital and their incredible focus on the well-being and vitality of residents throughout Ventura County."

In early 2022, Mechanics Bank was named one of "America's Best Banks" by Forbes, securing its spot on the highly-regarded list for the second consecutive year. With six branches in west Ventura County, the growing financial institution looks forward to continuing its support of Community Memorial Health System in its mission to heal, comfort, and promote health in the communities it serves.

had a remarkable impact in our community.

Young Professional of the Year - Emma Grossman

Emma Grossman's work at St. John's Regional Medical Center and St. John's Hospital Camarillo goes far beyond her role as Chief Financial Officer. As a Ventura County native, Emma approaches every project and initiative with one common goal-caring for the community.

Emma is thoughtful, diligent, and a natural-born leader. She joined St. John's at the height of the COVID-19 pandemic. While the pandemic has presented some of the most significant challenges for health care and society, Emma has handled it gracefully. From day one, she rolled up her sleeves to lead the hospital's financial efforts while

also being essential to resource management. At a time when resources were not abundant, she and her team consistently went above and beyond to ensure the hospital and community were more than equipped to navigate a surge in patients. Whether lending a hand in other departments or offering advice, Emma leads with kindness.

Emma began her public accounting career working in audit and taxation for national Certified Public Accounting (CPA) firms. She has held positions of increasing responsibility ranging from financial analyst to Controller. Emma holds a Masters in Accounting from the University of Southern California Leventhal School Of Accounting and a Bachelor of Arts in Business Studies from Drew University. She is a licensed Certified Public Accountant in California.