



VENTURA BREEZE

Your Hometown Paper

Vol. 15, No. 21 Published Every Other Wednesday Established 2007 July 13- July 26, 2022



Dr. Castro brings 25 years of educational service to his new office.

VUSD appoints new superintendent

Following an internal search and selection process, the Ventura Unified School District (VUSD) Board of Education has appointed Dr. Antonio Castro as the new VUSD Superintendent. Dr. Castro will begin his new role on August 1, 2022, as Dr. Roger Rice transitions into his previously announced retirement.

“We are so fortunate that Dr. Castro will be leading the VUSD team. His unique, well-rounded perspective provides him with the ability to see everyone and truly understand what it takes to make our District a success. He is not one to take anything for granted, especially not the people who make up our community,” stated

Sabrena Rodriguez, Board President. “We are thrilled to have such a special leader who we believe will inspire our students, support our team, and work collaboratively with our families and community.”

A dedicated public servant, Dr. Castro brings 25 years of educational service with him to his new office. Dr. Castro has served in many roles throughout his career. Those roles include a general and special education teacher, assistant principal, principal, director of special education and student support services, associate superintendent of educational services at the Ventura County Office of Education, and most recently has

been serving as the VUSD Assistant Superintendent, Educational Services since April of 2021.

During his tenure with VUSD, Dr. Castro has contributed significantly, including being responsible for implementing the Local Control Accountability Plan.

“As we progress through this next COVID stage, it is essential that we reestablish a sense of belonging. I am dedicated to cultivating and investing in practices that promote trusting relationships throughout the District. It is my goal that through a shared vision for students, families, and staff, we will become a stronger community. I am humbled by the opportunity to lead this incredible District in its next phase of success,” stated Dr. Castro.

Dr. Castro leads a purpose-driven life in every aspect of his personal and professional identity. Beyond his work

Continued on page 3



Ventura's annual 4th of July Street Fair and Pushem-Pulleem Parade returned to the Downtown District on Monday, July 4. This year's event theme "2022: Red, White & Blue!" The Pushem-Pulleem Parade is presented by the Rotary Club of East Ventura. Bikes, scooters, strollers, and wagons participated in the parade.

The street fair featured arts and crafts booths, live entertainment, a car exhibit, and family-friendly activities.

The Downtown Ventura Partners Organization presented live entertainment stages with local bands and community group performances.

Photos by Yana Khyod, Michael Gordon and Jackie Ringhof.

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City News

Nomination filing period open for Ventura City Council candidates

Registered voters in the City of Ventura will have the opportunity to elect City Councilmembers from Districts 1, 4, 5, and 6 during the 2022 General Municipal Election on November 8, 2022. The election is consolidated with the Ventura County Statewide General Election.

On July 18, the City Clerk's Office will hold an informational session to discuss the necessary steps for running for City Council at 5:00 p.m. in Room 205 at City Hall, located at 501 Poli Street. The nomination filing period for council candidates opens July 18 - August 12, 2022. Elected City Councilmembers will each serve a four-year term in Districts 1, 4, 5, and 6.

To apply, candidates must be 18 years or older as well as reside and be a registered voter in the district in which he or she seeks election at the time nomination papers are issued, pursuant to Elections Code 10227.

Interested individuals must pull and receive nomination papers in advance from the City Clerk's Office during office

hours, which is open Monday - Sunday, 7:30 a.m. - 5:30 p.m. and Friday 8:00 a.m. - 5:00 p.m. An appointment is required. City Hall is closed to the public on alternating Fridays.

Termination of residency in a district by a member of City Council shall create an immediate vacancy for that Council district unless a substitute residence within the same elected district is established within 30 days after the termination of residency.

To schedule an appointment, contact City Clerk Michael MacDonald in the City Clerk's Office during the nomination period by calling (805) 658-4787 or sending an email to cityclerk@cityofventura.ca.gov. For information on the 2022 General Municipal Election, visit www.cityofventura.ca.gov/Elections.

Community members invited to a public meeting for cannabis businesses

The City of Ventura will host a public meeting to hear from finalists applying for commercial cannabis business permits on Monday, July 18, 2022, at City Hall in the Community Meeting Room.

The community met will share

comments or questions on proposed locations and applicants by joining the in-person meeting or sharing feedback online.

Brief presentations will be provided by each of the nine cannabis business permit finalists, which include one industrial and eight retail applicants. Each applicant will have ten minutes to present and address the online submitted questions or community concerns related to the location or application. Applicants are seeking to obtain one of the allotted three retail and 10 industrial permits.

"The City has embarked on an extensive evaluation to allow for responsible commercial business operations in our community," said Community Development Director Peter Gilli. "We hope the public will continue to be part of this next phase in the approval process and bring us one step closer to bringing a new and viable industry to our City."

The applicants presenting during the public meeting are the nine remaining finalists after receiving evaluations on combined criteria related to the business owners, neighborhood compatibility, community benefits, investment plans, and proposed locations.

In November 2020, voters approved a ballot measure for the taxation of cannabis in the City of Ventura. City Council approved a regulatory ordinance on February 24, 2021, allowing certain types of commercial cannabis businesses to operate in the City of Ventura with a

cannabis business permit. The final selection of the business permit applicants will be completed by City Manager Alex D. McIntyre and is expected in the months following the public meeting.

To learn more about the application process, applicant rankings, locations map, or to submit public comments or concerns in advance of the public meeting, visit www.CityofVentura.ca.gov/Cannabis.

Upcoming public workshop for Climate Action and Resiliency Plan

Ventura Calif. - Community members are invited to take part in the City of Ventura's Climate Action and Resiliency Plan (CARP). There are two opportunities to get involved on Wednesday, July 20, and Thursday, July 21. Both workshops start at 6PM and will be held in the City Hall Atrium located at 501 Poli Street and will include live Spanish interpretation.

The City of Ventura's Climate Action and Resiliency Plan (CARP) is a roadmap aimed at reducing greenhouse gas (GHG) emissions and preparing the community for potential impacts of climate change. Community members

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City News

are encouraged to share ideas for improving energy and water efficiency, reducing pollution, and adapting to a changing climate. The CARP will also address state requirements of reducing GHG emissions to below 40% by Senate Bill (SB) 32.

This summer the City will host two public workshops to solicit feedback on proposed strategies. The CARP will incorporate information from stakeholder meetings, public workshops, and surveys to develop a plan that reflects the values and vision of the community. The Ventura City Council has demonstrated the importance of this policy by identifying a comprehensive integration of the CARP into the City's General Plan in the council's goals for fiscal year 2022-2023.

The City of Ventura currently has robust programs dedicated to energy efficiency and emissions reductions. Recently, the City established its Food Waste Recycling Program, in compliance with Senate Bill (SB) 1383, with the goal of diverting organic waste from landfills and reducing GHG emissions. Additionally, the City of Ventura works directly with local businesses and schools to improve resource efficiency and implement waste reduction practices.

The City of Ventura joined 29 other cities in offering clean, renewable energy by the Clean Power Alliance (CPA) in February 2018 to its residents. The City of Ventura also embarked on its Energy Action Plan to establish energy reduction targets, lowering GHG, and increasing energy

efficiency.

Learn more about the CARP, explore education materials, and ways you can get involved with the General Plan Update at www.PlanVentura.com.

VUSD appoints new superintendent

Continued from page 1

in education, Dr. Castro has given back extensively to the Ventura County community serving organizations such as AYSO, Moorpark City Council, Moorpark College Foundation, Ventura County United Way, and as a mentor to many inside and outside of education. He received his Bachelor's Degree from Arizona State University and his Master's and Doctorate from California Lutheran University.

"I am honored to be a part of the Ventura Unified School District and look forward to leading the VUSD's dynamic staff with the support of our extended community. Ventura is a beautiful area with a rich history, and these deep roots serve as a strong foundation for our future growth," stated Dr. Castro.

The Board of Trustees would like to thank District staff, students, parents/guardians, and community members for providing valuable input through surveys and interview panels that provided us with a clear understanding of the leadership characteristics and skills desired in the next Superintendent. In addition to the Board reviewing applications and conducting extensive interviews, the VUSD Board made its decision based on the input gathered from all key stakeholder groups.

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Get involved with climate action in our community!

Join us for two community workshops

The City of Ventura's Climate Action and Resilience Plan (CARP) is a roadmap for how we reduce greenhouse gas emissions and prepare for the potential impacts of climate change. It has an impact on every aspect of our community, including public health, transportation, natural systems, and our economy.

The community is invited to join one of two in-person meetings (or both) to share your ideas for improving energy and water efficiency, reducing pollution, adapting to a changing climate, and lowering our emissions. Spanish interpretation will be available at both meetings.



www.PlanVentura.com

Stay in Touch!

- Visit the General Plan website to stay updated on upcoming events
- Share questions and comments with us at:
PlanVentura@cityofventura.ca.gov

When & Where

Wednesday, July 20
6-8 PM

City Hall Atrium
501 Poli Street,
Ventura, CA, 93001

OR

Thursday, July 21
6-8 PM

City Hall Atrium
501 Poli Street,
Ventura, CA, 93001



VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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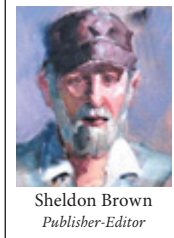
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Opinion/Editorial



Sheldon Brown
Publisher-Editor

■ In this issue, we have included a new **Real Estate/Development** column on page 12. This is to inform our readers about trends, new and proposed projects, and other related items impacting Ventura. I hope you find it informative.

■ **Spencer Noren**, a Ventura parks and recreation commissioner, was removed by the City Council following an investigation into alleged harassment of city employees. The City Council unanimously voted to oust the commissioner for acting in an intimidating and threatening manner.

The city hired Fresno-based law firm Lozano Smith to conduct a six-month investigation into Noren's actions. The probe, which included more than 10 interviews and a review of 30 documents, cost the city about \$50,000, said Ventura City Attorney Andy Heglund. I'm not sure why the city needs to hire outside attorneys when we have our own legal department.

Perhaps this explains it: "It was important to the city that we retain an independent third party who would have experience in being able to conduct a fair process," Heglund said Tuesday. "It was an expensive process but one well worth it given the circumstances."

In November, the city received a formal employee complaint alleging that Noren acted in an intimidating and threatening manner toward city employees, according to a city staff report.

■ The **Ventura Land Trust** has been awarded \$7.2 million by the State of California to complete the acquisition and conservation of 1,645 acres of Ventura's iconic hillsides, now called Mariano Rancho Preserve.

Mariano Rancho Preserve is situated in the hills north of Ventura. The eastern edge of the preserve includes the famous "Two Trees," the preserve extends west to Ventura's Grant Park and the Ventura Botanical Gardens. It provides views of the ocean and Channel Islands National Park, the mountains of Ojai and the Los Padres National Forest.

If you haven't walked (hiked) the Harmon Canyon, also part of our treasured hillsides, you certainly should. Two minutes off of Foothill and you are in another beautiful world.

■ The **Supreme Court** has agreed

with a former high school football coach who prays at the 50-yard line after games ruling that his public prayers is free speech and free exercise of religion. Is this the beginning of the Supreme Court allowing a larger role for prayer and religion in public schools? I certainly hope not. This is happening even though the constitution mandates a strict separation of church and state.

The thought is that even if a coach has a team praying it is not mandated but a choice the athletes can independently make, as athletes do not have to kneel and pray. This is nonsense, as it would take a very brave high school, or even college or professional athlete to stand while the whole team prays, so I consider this to be mandatory and not arbitrary.

I know a constitution is important but also certainly needs an occasional re-writing or amending. It was written by only men over 200 years ago.

For instance, the Seventh Amendment from the Bill of Rights reads;

"In Suits at common law, where the value in controversy shall exceed twenty dollars, the right of trial by jury shall be preserved, and no fact tried by a jury shall be otherwise re-examined in any Court of the United States, than according to the rules of common law."

■ Congresswoman **Julia Brownley** recently wrote:

"The Supreme Court has ruled in an irrational, unprecedented, and dangerous manner. The Supreme Court made yet another alarming and harmful ruling for our health, our communities, our planet, and our future.

This ruling undermines the **Clean Air Act** and restricts the Environmental Protection Agency's ability to regulate carbon dioxide emissions – a known threat to our planet and a primary driver of the climate crisis. As a member of the Select Committee on the Climate Crisis, I have worked to reduce carbon dioxide pollution, create clean energy jobs to grow our economy, tackle systemic environmental injustices, and protect our planet from the catastrophic consequences of human-caused climate change. Today's ruling not only jeopardizes our nation's goals and our international goals to combat the climate crisis, but it puts the health of every American at risk. It will also compound the devastating economic consequences

of the greenhouse gas-induced climate crisis, which has already led to increasingly common wildfires, floods, coastal erosion, and other weather-related disasters. Something we've been impacted by, repeatedly, in my district.

After years of trying and failing to get the Clean Air Act, Republicans – and the polluting industries that bankroll them – have convinced the Supreme Court's radical majority to gut the law for them. This decision undermines a bedrock environmental law that has significantly reduced harmful pollutants in the air we breathe for over half a century. The conservative majority of the Supreme Court is pandering to Republicans who prioritize large, polluting corporations and their profits over the health and well-being of the American people and the long-term sustainability of our planet – which is appalling and shameful.

The climate crisis is real, and our planet is in immediate danger, and I will continue to fight in Congress for the health and safety of our people and our planet."

■ And regarding the Supreme Court, President **Joe Biden** delivered impassioned remarks condemning the "extreme" Supreme Court majority that ended a constitutional right to abortion and pleading with Americans upset by the decision to "vote, vote, vote, vote" in November. He signed an executive order to try to protect access to the procedure under mounting pressure from fellow Democrats to be even more forceful in response to the ruling.

■ **Inflation** in Turkey has reached 78.6% annually in June – the highest in almost 25 years, according to official data provided by the Turkish Statistics Institute. But many Turks no longer trust official figures and believe inflation to be much higher. Independent experts say the real inflation rate could be more than 175%. So, we can't just blame Biden for our inflation – we live in a connected one-world economy.

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We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

When you don't know what you're talking about, it's hard to know when you're finished.
–Tommy Smothers

Mailbox

Dear Janet Friedman and Susanne David

I tried to figure out how to track you down so that I could formally thank you for your donation to my go fund me. I imagine you saw it in the Breeze and I just want to thank you both so much for acting on it!

You have now become part of my healing journey and I thank you both again! Have a wonderful summer! Much love,
Breezy Deena Gledhill

Editor;

"Some anti-abortion organizations say they're unprepared to provide services for those who need them as Texas braces for a surge of births following the overturning of Roe v. Wade." – AP headline.

So tell me again how this is all about the "sanctity of life" and not a blatant attempt to rein in sexual freedom, and female sexual freedom in particular? Absolutely anything to force that pregnancy to full term and absolutely nothing for the kid after it's born.

Pro Life isn't even Pro Birth at the root, it's Anti Sex and the baby's nothing more than a bawling Scarlet Letter on the mother's chest.

The naked hypocrisy is almost comical. Almost.

Alfred J. Lewis
Ventura

Editor:

So, the city of Ventura is asking us
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Community Events

Ventura events

by Ana Baker

United State Navy Seabee Museum every Wednesday until August 17th, 10 -12 p.m. Fun, free programming for the whole family!

Full S.T.E.A.M. Ahead will focus on art, science, and other hands-on learning activities related to the Seabee ratings. The schedule is July 20th, Construction Mechanic; July 27th, Engineering Aide; August 3rd, Utilities man; August 10th, Builder. Story Time with a Seabee, every Thursday at 10:30 a.m. Join us weekly for a book reading by a U.S. Navy Seabee. Perfect for Pre-K to 3rd Graders. Museum admission and programs are free. No registration is needed, and walk-ins are welcome. The public is welcome, and no need for base access. Stay tuned to the museum's social media channels for more information. Facebook @Seabeemuseum or Instagram @usnavyseabeemuseum

July 16: Ventura Friends of the Library will hold a book sale at the Vons at Telegraph and Victoria (6040 Telegraph Rd.) from 10- 3 p.m. Quality used books at bargain prices!

July 21: The East Ventura Community Council monthly virtual meeting at 7 p.m. on Thursday. The Ventura County Agricultural Commissioner Ed Williams will have a presentation on his office's Pesticide Use Enforcement Program. County Parks Manager Jeri Cooper will present an update on Saticoy projects. Commander Weeks of the Ventura Police Department will share area crime statistics. East Ventura City Council members are invited to weigh in with timely

updates. The Zoom link can also be accessed at the website www.eastventura.org. Passcode: 051431 By phone: +1 669 900 6833. For more information, contact EVCC Chairperson John McNally at eastventuracc@gmail.com.

July 23: Plant & Collectibles Sale at the Dudley House Museum, Saturday, 8 - 2 p.m. Our monthly plant and collectibles sale will have Bromeliads, orchids, succulents, and a variety of collectibles. Vendors, please call Charlie at 805-746-4317 for details. The museum is located at the corner of Loma Vista and Ashwood streets (197 N. Ashwood). Free. August 27: Channel Islands PC User Group (CIPCUG)

Online and now live at our temporary location Ventura County Computers 2175 Goodyear Avenue, Unit 117 Ventura (805) 289-3960. Discussion, Tutorial, and Q&A sessions centered around Computers, email and the Internet, social media brokers such as Facebook, LinkedIn, Google, and Yahoo. Events begin at 9:30AM. To receive connection instructions, please sign up on our website at: <http://www.cipcug.org> >cipcug club website.

Ojai news and events

Treat yourself to a day in beautiful Ojai. Saturday, Jul 23, 1:30 PM.

Enjoy browsing the shop, soak up the tranquil vibes, and grab a bite at one of the many dining establishments featuring locally sourced food,

wine and beer. For your entertainment pleasure plan to spend 1:30-4 pm at the Ojai Art Center with the magnificent Amanda McBroom.

Amanda McBroom is one of the greatest night club performers of all time. Her profound lyrics express human emotions in glorious poetry. Her humor is so smart and she sings and acts it all brilliantly.

Tickets: online \$30 general admission or \$40 VIP (first two rows), at the door \$35 or \$45 VIP.

The Ojai Valley Museum offers July 29 from 5 to 7 pm a free exhibition opening reception. Perception and Persistence features a wide range of artwork by members of the Ojai Studio Artists. Using a variety of styles, techniques, and mediums, the artists explore the push/pull of thinking and making for this exhibition.

The Ojai Valley Museum is located at 130 W. Ojai Ave; 805 640-1390; Ojai-ValleyMuseum.org.

Bert Collins and Jannene Behl will be the featured artists at the Ojai Art Center until August 30. The art center is open Tuesdays through Fridays from 10 am to 4 pm and Saturdays and Sundays from 12 pm to 4 pm.

113 S. Montgomery.

Mailbox

Continued from page 4

to voluntarily reduce our water use by 20%? Let's practice what we preach fellas. Olivas Adobe Park, which is

run through the City Parks Dept. uses reclaimed water for irrigation, which isn't "free". A very high-powered sprinkler there has been on for 48 hours, nonstop July 2-4th, 2022.

J. Grimont

Dear Editor,

I was excited to see that cannabis dispensaries will soon become reality in Ventura after a long wait. There is a public hearing on the subject July 18 at City Hall. I was further excited to see that an LA based operation called The Artist Tree is contending for a license in Ventura. I have recently been researching The Artist Tree (TAT Ventura LLC) and their partners for a magazine story. They offer several things of great interest to Ventura. They have five successful dispensaries already open in the LA area and several more around California in the planning stage.

The first unique quality is that they are a functioning art gallery. Hence the name. Local artists are showing and selling their work at all their locations. They are already reaching out to the local art community here. They project \$150,000 a year to local projects according to local partner Robert Mulder, longtime Ventura businessman and a former police officer. There are several projects in line to be helped like the Ventura Pier project, "Pier into The Future" and "Mission Fish." This is what we need in Ventura, a caring, professional, community-oriented establishment.

Paul Peterson



News & Notes



Home of the finest entertainment, concerts, arts, music and more.

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Oceanview Pavilion is a multi-faceted venue located steps from Hueneme Beach located at 575 E. Surfside Drive Port Hueneme.

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This Internationally acclaimed multi-Media company also offers over 20,000 square feet of filming space, which

include a fully equipped television and streaming production facility, an editing suite, professional crew, and other amenities which make it truly, one of a kind.

In addition to the above, we offer a professional state of the art filming and live broadcasting studio. Our mission is to provide a complete all-inclusive livestreaming solution so that you can focus on your project while we manage the technical, creative, and logistical operations. We are capable of streaming worldwide to multi destinations simultaneously including Facebook, YouTube, Vimeo and more.

Whether it is your engagement party, wedding anniversary, Quinceanera or wedding we are the finest venue in the county to serve all your special needs. We

offer tiered seating, an expansive stage for you or your entertainment, stunning terrace for pictures and mingling, plus a beautiful white Gazebo all onsite.

Our flexibility and amenities are beyond your expectations and Beach ceremonies are available to make your day unforgettable.

For additional information on upcoming events, videos and pictures please visit our websites: www.oceanview-pavilion.com or www.oceanviewproductionstudios.com



Congratulations to these outstanding young volunteers.

CMH Auxiliary scholarship awards

Three CMH Auxiliary Junior Volunteers were this year's scholarship award winners. Each of these graduating high school seniors received \$1000 toward their future education.

Troy Braun received the Maria Cavallo Scholarship awarded to those pursuing a career in the medical field. Troy accumulated 243 hours of volunteer work while also maintaining a 4.42 unweighted GPA. In addition, he served as a worship team leader for his youth group and was a Tae Kwon Do studio volunteer. He won the Renaissance Award for Academic Achieve-

ment and a National Honor Society Award. He worked as a supervisor at Chick-fil-A and was named a Chick-fil-A scholar.

Troy will be attending Pepperdine University and will major in Psychology/PreMed in preparation for a career in Pediatric Oncology.

Zachary Leppaluoto and Hannah Miller were both recipients of the Audrey Woodburn Scholarship for students pursuing a career in nursing.

Zachary served 263 volunteer hours and earned a 3.74 unweighted GPA. He was involved in Boy Scouts and received his Eagle Scout Award in 2019. He also ran cross country and track and was an Academic Decathlon member. He is an AP Scholar with Honors, a Renaissance Academic Achievement recipient for 3 years, and accomplished all of this while also working as a Starbucks barista for the last year. He will be attending the University of Portland, majoring in nursing with a goal of becoming a registered nurse.

Hannah Miller volunteered for 234 hours and achieved an unweighted GPA of 4.09. She was team captain for Buena's girls' softball, a Dia De Los Muertos filmmaker, and assisted with Relay for Life and the Salvation Army's Adopt a Family program. In addition to achieving the Highest Batting Award for softball, she was awarded the Renaissance Academic Achievement for all 4 years of high school, and the Integrity Award. She also worked as a snack bar cashier, and at Two Trees Escape as well as being a sought-after babysitter. She will attend Loyola Marymount University, pursuing her goal of a Doctorate in Nursing Practice.

The Bookmark

About Libraries and Friends

by Mary Olson

The Ventura County Library's **Summer Reading Program, "Read Beyond the Beaten Path"**, continues through August 14. There's still time to log your summer reading at <https://vencolibrary.beanstack.org> and pick up Grab and Go STEAM kits at any library branch.



The Ventura County Arts Council (VCAC) and Haven Ventura unveiled a new community partnership on June 23 that could result in a new arts center for the arts community in Ventura. Haven Ventura has committed to donating an adjoining suite to its proposed retail cannabis establishment, in addition to paying for all renovations to the proposed arts center at 1981 S. Victoria Ave.

The Ventura County Arts Council (VCAC) advances the arts in Ventura County by providing arts education and opportunities in schools and other creative settings, by advocating for local artists and arts organizations.

Editor note: Haven Ventura has not been selected to run a cannabis establishment in Ventura. A meeting will be held on July 18 to make final selections.

Photo by Michael Gordon.

A Photo Contest

Send your favorite photos of a recognizable Ventura scene to editor@venturabreeze.com.

Winners will have their photos published in the Breeze and make their friends jealous.

Two categories: color and black and white. Email up to three photos.



News & Notes

Visit **E.P. Foster Library** (805 648-2716) for the **Maker Lab** on Tuesdays, July 19 & 26, 4 to 6 pm. **Lego Play** is back every other Friday (July 15 & 29 & August 12), 2 to 4 pm. On alternate Fridays (July 22 & August 5, 2 to 4 pm) kids and teens can drop in for **Game Days** with Nintendo Switch, Wii U and board games.

On Wednesday, July 20, 3 to 4 pm, learn what we know and what we imagine about Dinosaurs at **Paul's Prehistoric Park Presentation** at E.P. Foster. See how drawing simple shapes can lead to creating these fantastic beasts from millions of years ago.

E.P. Foster will host **Bilingual Musician/Singer Nathalia** on Monday, July 25, 11 am to noon with songs in both Spanish and English for children of all ages! This event will be held outside on Main Street.

On Tuesday, August 9, 3 to 5 pm, make and launch a **Paper Model Rocket** outdoors on Main Street in front of the library.

Enjoy a FREE Kona Ice to celebrate the end of summer reading at E. P. Foster on Monday, August 15, 4 to 5 pm.

At **Hill Road Library** (805 677-7180), **Maker Camp** continues Thursdays, July 14, 21 & 28, and August 4, 3:30 to 5 pm offering STEAM projects designed for children 7-18. On Tuesdays, July 19 & 26, 3:30 to 5 pm, drop in for **Art Camp**. Children 3 to 7 are invited to explore STEAM through play with their caregivers at **Little Lab** at Hill Road Library Tuesdays, July 19 & 26 and August 2 & 9, 10:30 am to noon.

On Tuesday, August 9, 3 to 5 pm, celebrate the end of Summer Reading at Hill Road Library with a **Summer Snow Day with Kona Ice!**

Don't forget - **Ventura Friends of the Library Book Sale at the Vons at Telegraph & Victoria Saturday, July 16, 10 am to 3 pm**

Pick up some quality used books at bargain prices. Your purchases help support the Summer Reading Program and other library activities and add books to the library's collection!

Please stop by to shop and learn about the Friends of the Library. We are always looking for new volunteers - right now we especially need volunteers to help sort and categorize our incoming book donations. Please email friends@venturafriendsofthelibrary.org if you'd like to help.



Is this tall black figure one of the mysterious "Black Watchers"? Photo by Patricia Schallert.

The Dark Watchers

by Richard Senate

In passing through Ventura's City Hall the other day, I paused to look at the decorative mural in the atrium. It

was inspired by the sacred cave paintings of the Chumash People found in the Ventura County back country.

I saw that one of the images depicted was a tall black figure and that reminded me of stories I heard of the mysterious "Black Watchers" seen in San Luis Obispo County and Avila Beach. They are reported in the Big Sur area and along the Santa Lucia Mountains. They have been seen and reported for well over two hundred years.

The Spanish called them, "Los Vigilantes Oscuros" (The Dark Watchers) and they traced them back to the Chumash People. They are described as tall, perhaps ten feet in height, wearing capes or robes, featureless forms, more silhouettes than figures. All black and motionless. They simply watch hikers and when approached, they vanish. Some believe they are negative spirit forms and can only bring bad luck. They have been seen for decades and even found their way into John Steinbeck's short story "Flight" that appeared in his collection of short tales titled "The Long Valley."

Steinbeck's son Thomas Steinbeck told that he encountered one of them while hiking long ago. The images seem to only appear at dawn and dusk, when the sun is low in the high mountains, leading some to speculate that such sightings are similar to the Broecker Specter seen in the German Alps. A trick of the shadows or reflections in the mists?

Skeptics discount the recent sightings in the Big Sur of the Dark Watchers to drug induced hallucinogenic manifestations. But such accounts remind me of stories of Shadow People, or the mysterious Hat Man seen by some. I recall one story of a hiker near Topa-topa in Ojai who saw such an apparition. I wonder if any others have seen this figure here in Ventura County?

SEEAG reaches over 15,000 students and community members

Students for Eco-Education and Agriculture (SEEAG), a nonprofit organization that aims to help young students



NOMINATION FILING PERIOD OPEN for the Election on November 8, 2022



The nomination period for council candidates is July 18 – August 12.
Elected City Councilmembers will each serve a four-year term in Districts 1, 4, 5, and 6.

ATTEND THE CANDIDATE WORKSHOP
Meeting hosted in-person & virtually

Monday, July 18, at 5:00 p.m.
City Hall, located at 501 Poli Street

www.cityofventura.ca.gov/Elections

Contact the City Clerk's Office for more information or to file candidacy documents:

Phone: 805-658-4787
Email: cityclerk@cityofventura.ca.gov



and the community understand the farm origins of their food and the importance of local agriculture, spread its message to more than 15,000 students and community members in 2021.

"One of SEEAG's goals is for the public to better appreciate our local farmers, ranchers and farmworkers who grow the food we eat," says Mary Maranville, SEEAG founder and CEO. "The food supply chain from farms to our tables is a journey we don't often think about, but we should."

SEEAG's Farm Lab at Petty Ranch

in Saticoy welcomed over 1,600 second graders, including low-income, Title 1 students, for a hands-on farm experience. "In addition to the wonderful experiential education benefits that Farm Lab gives students," says Maranville, "it also gets kids outside off their devices and tech, which improves their mental health and wellbeing."

Another 1,300 students in Ventura and Santa Barbara counties took part in SEEAG's Child Wellness Initiative designed to educate and inspire children

Continued on page 20



"HAVING MY OWN HOME MAKES ME FEEL MORE CONFIDENT."

Rosa, resident
Mountain View Apartments, Fillmore

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News & Notes



Voices and strings rule the 2022 Ventura Music Festival

by Richard Newsham
VMF consultant

The Ventura Music Festival's "Onward" 27th season will toast the communing of music's two kissing cousins—voices and strings—in seven acts over two weekends from July 27 to August 7.

Three groups—the septet Adaawe, chanteuse Veronica Swift and choir The Crossing—explore Nina Simone's declaration that "the human voice is the only pure instrument." And three ensembles—We Banjo 3, Django Festival Allstars and The Moanin' Frogs—plus pianist Sean Chen salute strings and instruments "that sing," including the saxophone that Stan Getz claims is the instrument kingdom's closest relative to the human voice.

The VMF Free Concert in the Park season opener—the all-female band Adaawe—springs from West African roots and brings gospel harmonies and American funk to their world-fusion mix on Wednesday, July 27, at 5:30 pm at Mission Park in downtown Ventura.

"The hottest group in Irish music"—We Banjo 3—will "open the road" to weekend one on Friday, July 29, at 7:30 pm, with their self-described Billboard chart topping "Celtgrass" blend of traditional Irish, old time Americana and wide blue(grass) yonder music. Two sets

of Galway brothers vocalize with "musical intimacy" and play banjos, mandolins, (tenor) guitars, a fiddle and the goat-skinned bodhrán drum with a "freshness and finesse bordering on the magical," says The Wall Street Journal, citing their Washington, DC, performance for President Obama.

Why hunt Paris' Clignancourt flea market for his cabaret bar La Chope de Puce when the Django Festival Allstars will bring the music of the legendary 1930-40's gypsy jazz guitarist Django Reinhardt to Ventura and fully into the 21st century on Saturday, July 30, at 7:30 pm? A quintet of jazz virtuosos—button-accordionist Ludovic Beier, violinist Pierre Blanchard, lead guitarist Samson Schmitt, rhythm guitarist DouDou Cuillerier and bassist Antonio Lucusati—capture the fierce, soulful and swirling intensity of Reinhardt's "le jazz hot" style.

Globetrotting pianist, composer, arranger and in-demand master-class teacher Sean Chen is a Steinway Artist, Juilliard and Yale School of Music alumnus and pupil of beloved leader of Ventura County's classical music community Edward Francis. He returns to Ventura on Sunday, July 31, at 3 pm for a program of piano power and magic featuring

what the Republic calls "alluring, colorfully shaded renditions" of Mozart (Marriage of Figaro), Debussy (Images), Liszt (Deux légendes), Chopin (Barcarolle), Rachmaninoff (Symphony No 2 Adagio) and Mendelssohn (Octet).

"Music festivals are a place for freedom, discovery and excitement," says VMF Executive Director Susan Scott. "Find yours this summer at the Ventura Music Festival."

Ventura College Performing Arts Center, 4700 Loma Vista Road, is the festival concert venue for all indoor performances.

Featured in the next Breeze issue: Sax septet The Moanin' Frogs (Fri, 8/5), singer Veronica Swift (Sat, 8/6) and Grammy® Best Choral Group winner, The Crossing (Sun, 8/7).

Tickets: \$15-65 at www.venturamusicfestival.org and 805.648.3146.

bank and was a great way to put the fun in fundraising! Food Share's President & CEO, Monica White; Jennifer Caldwell, Chief Development Officer; Pam Castro, Agency Relations Manager, and Ed Skains, Facilities Coordinator, headed down to a studio in Burbank, and the "Food Share Squad" went head to head against "The Inlaws" in a fierce competition.

After a nerve-wrackingly slow start the Food Share squad pulled ahead of their competitors and made it to the one minute buzzer round, walking away with the full prize money of \$15,000!

"We had an absolute blast," commented Monica White. "It was completely terrifying but after a losing streak we managed to pull through. What a fun way to be able to bring in funds to help serve our community!"

All proceeds are being dedicated to Food Share.

Local nonprofit wins big on America Says!

Four staff members from Food Share, Ventura County's largest hunger-relief organization, just won big on The Game Show Networks' season five of America Says! Comedian, John Michael Higgins, is the host of this popular fill-in-the-blank guessing game.

The invitation to compete came via a fellow Feeding America food



The Food Share Squad pulled ahead of their competitors.



The Ventura Chamber held a ribbon cutting at Surfer's Point Café located at the corner of Thompson and Figueroa St.
Photo by Michael Gordon.



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August 3, Station 6
10797 Darling Rd, 93004



Escanee aquí para ver la información en español.





Amursana is happy because he is healthy and independent.

Let's meet Amursana Khiyod

by Patricia Schallert

There are many seniors among us who have lived and continue to live lives that can be considered "successful" stories.... Let's meet Amursana Khiyod and see how he sees it.

Amur is a 68 years young retired man, born and raised in Taiwan where he grew up with his parents and three older sisters. His parents and grandparents are Mongolian and have settled in Thousand Oaks, California after leaving Taiwan in 1981.

Amur reflected on his retirement. As an educated engineer, he knew when it was time to retire. His work was intense and he was instrumental in setting up the 911 system that all of us use in emergencies. As his company was reorganizing and implementing new and faster systems, Amur felt it was time for the younger generation of engineers to take the reins. Upon the advice of his financial planner, he was happy to let go of the day to day work, that was actually 7am to 10pm almost every day, and finally, after years, retire.

So, Amur has been retired since August 2017 and is now able to practice, he says "NIKSEN" which is a life style of purposely "doing nothing". He believes it is great for those who are "burned out from their work". There is less stress but one has to be financially okay to be able to practice "NIKSEN".

Like many people, Amur wasn't sure what to expect when his wife retired and they decided to move to California from Chicago. He figured he could still work remotely and believed that "happy wife, means happy life". So off they went and discovered the peace and quiet of Ventura life.

Originally Amur thought he would be working till he dropped. He developed a good financial plan, which changed that

for him. His new mantra was "You don't plan to fail... you fail if you don't plan"... This thinking was very helpful, so he made the leap to retired and is grateful to be now living in a good place that offers friendly neighbors and cultural opportunities along with great weather.

Amur keeps himself busy and has enjoyed cooking with his wife, taking care of his dog and focusing on the recovery from "work burn out". He believes in self care, reading books when he gets to them and he studies the Mongolian language. There is always something to do besides dead lines and work projects which were difficult to let go of in the beginning of his retirement.

Like many retirees, Amur had life changing turning points that affected him as he grew up in Taiwan. School wasn't easy but logic was and so engineering became a focus.

He values principles and does not judge others. His father told him when he was a young boy of 12 "that if he is an honest man, he will always be provided for and to never avoid his responsibilities".

Amur said that stuck with him and he continues to take responsibilities for his work, and own his mistakes and his values, gifts he learned from his father.

Amur enjoys riding his bike, walking his dog and has learned his own self care. He believes he is happy because he is healthy, independent and believes in staying positive. His mantra is "My very existence is being sustained. I surrender myself to the flow of nature. Yielding to Divine Will. Letting be all that is around me"

Editor: If you are a senior or know of one who would like to share their retirement or job with us let us know at editor@venturabreeze.com.

Senior Living

Abnormal structures may be an important biomarker for future frailty risk

Physical frailty is associated with abnormal structures in white matter of the brain, according to a study funded in part by NIA. The research, led by an NIA scientist and published in the Journal of Gerontology, Series A: Biological Sciences

and Medical Sciences, suggests that these abnormal structures may be an important biomarker for future frailty risk.

Frailty is common in older adults and is characterized by susceptibility to poor health, a loss of physical or psychological function, and an elevated risk of disease and death. Physical frailty is associated with an increased risk of developing dementia and other neurologic disorders, but few studies have examined the neurobiological changes that underlie frailty and frailty risk. The research team studied the association of cerebral white matter structure with current and future frailty.

The researchers engaged participants in the Atherosclerosis Risk in Communi-

Continued on page 11

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Senior Living



Helen dancing at Songs Across America with a lucky guy.

Patriotic Event Held at Cypress Place Senior Living

The 4th of July holiday got off to an early start at Cypress Place Senior Living in Ventura when the senior living community hosted their "Songs Across America" patriotic event on Wednesday June 29, 2022.

In true old fashioned Americana style, Cypress Place celebrated the 4th of July with live patriotic music performed by Sam's Mardi Gras Band. Desserts and specialty coffees were served to residents, their family members, and friends of the community, by Cypress Place staff during the festive event.

Ron Perkovich and Rick Peterson, from the Monday Night Poinsettia Dance Club, were also in attendance, adding to the lively environment while dancing with residents and attendees looking to celebrate life, liberty and the pursuit of happiness.

"This was just such a wonderful, wonderful evening," enthused Helen

Brant, a resident at Cypress Place, who was seen frequently on the dance floor. "It was the best party ever."

American classics such as Yankee Doodle Dandy, This Land Is Your Land, and American military branch of service songs, amongst many others, were performed by the five-piece band.

"We try to bring as much joy as possible to our residents," said Gina Salman, executive director of Cypress Place. "It makes our hearts swell with happiness and pride to see everyone enjoy themselves with events like these here at our community."

The evening wound down with everyone joining in on a rousing yet touching rendition of God Bless America, flags waving gently in the evening breeze.

Cypress Place Senior Living is a premiere independent living, assisted living, and memory care community

in the city of Ventura. For more information about Cypress Place Senior Living located at 1200/1220 Cypress Point Ln Ventura, CA 93003, visit www.cypressplaceseniorliving.com or call 805-650-8000.

Everyone needs social connections to survive and thrive

As people age, they often find themselves spending more time alone. Being alone may leave older adults more vulnerable to loneliness and social isolation, which can affect their health and well-being. Studies show that loneliness and social isolation are associated with higher risks for health problems such as heart disease, depression, and cognitive decline.

If you are in poor health, you may be more likely to be socially isolated or lonely. If you are socially isolated or feeling lonely, it can put your physical and mental health at risk. Adults who are lonely or socially isolated are less healthy, have longer hospital stays, are readmitted to the hospital more often, and are more likely to die earlier than those with meaningful and supportive social connections.

The number of older adults age 65 and older is growing, and many are socially isolated and regularly feel lonely. The coronavirus outbreak in 2020 brought even more challenges due to health considerations and the need to practice physical distancing.

Loneliness and social isolation are different, but related. Loneliness is the distressing feeling of being alone or separated. Social isolation is the lack of social contacts and having few people to interact with regularly. You can live alone and not feel lonely or socially isolated, and you can feel lonely while being with other people.

Older adults are at higher risk for social isolation and loneliness due to changes in health and social connections that can come with growing older, hearing, vision, and memory loss, disability, trouble getting around, and/or the loss of family and friends.

People who are socially isolated or lonely are more likely to be admitted to the emergency room or to a nursing home. Social isolation and loneliness also are associated with higher risks for:

People who are lonely or socially isolated may get too little exercise, drink too much alcohol, smoke, and often don't sleep well, which can further increase the risk of serious health conditions.

People who are lonely experience emotional pain. Losing a sense of connection and community can change the way a person sees the world. Someone experiencing chronic loneliness may feel threatened and mistrustful of others.

Emotional pain can activate the same stress responses in the body as physical pain. When this goes on for a long time, it can lead to chronic inflammation (overactive or prolonged release of factors that can damage tissues) and reduced immunity (ability to fight off disease). This raises your risk of chronic diseases and can leave a person more vulnerable to

some infectious diseases.

Social isolation and loneliness may also be bad for brain health. Loneliness and social isolation have been linked to poorer cognitive function and higher risk for dementia, including and especially for Alzheimer's disease. Also, little social activity and being alone most of the time may contribute to a decline in the ability to perform everyday tasks such as driving, paying bills, taking medicine, and cooking.

The Eldercare Locator connects the public to services for older adults and their families. This resource seeks to provide assistance for a wide range of issues affecting older Americans, including social isolation and loneliness.

Call the Eldercare Locator at 800-677-1116 or visit <https://eldercare.acl.gov/> to get connected today.

For additional resources on older adults and social isolation and loneliness visit, Expand Your Circles: Prevent Isolation and Loneliness As You Age (PDF, 4.75M).

Decline in sense of smell as an early warning sign for Alzheimer's

Decline in sense of smell is connected to faster buildup of Alzheimer's disease-related pathology seen in brain scans, according to new research focused on older adults who live outside of nursing homes. The findings provide additional evidence that loss of smell (known as anosmia) is a key early sign of Alzheimer's-related cognitive impairment and the accumulation of associated harmful proteins, such as amyloid-beta and tau. The research, led by NIA scientists, was published in the *Journal of Alzheimer's Disease*.

Decline in sense of smell had previously been confirmed as an early warning sign for Alzheimer's in both human and animal studies, but its connection to the uptick of dementia-related brain imaging biomarkers over time had not been as closely studied in larger populations of older adults. For this study, the team tracked 364 participants from the Baltimore Longitudinal Study of Aging (BLSA) over an average period of about 2.5 years. The NIA-led BLSA is the longest running study of healthy aging in America.

The participants were initially cognitively normal and given baseline cognitive and odor identification tests and PET scans, a type of brain imaging that can detect amyloid-beta and tau deposits associated with Alzheimer's and related dementias. Over the study period, 17 participants, or 5% of the total tracked, were diagnosed with mild cognitive impairment (MCI), of which 11 cases were associated with Alzheimer's, three with vascular dementia, and one with frontotemporal dementia. Two were unspecified based on clinical characteristics.

The research team found that each point of lower odor identification test performance was associated with a 22% higher chance of developing MCI. This relation remained similar even after the investigators adjusted for age, sex, race, education, olfactory test version, apolipoprotein E gene (APOE 4) carrier status, smoking, elevated depressive symptoms, and vascular disease. The PET brain scans of this subset of participants showed that

**1 in 4 adults
age 65 and older are
socially isolated.**

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Senior Living

lower olfactory scores were associated with higher levels of Alzheimer's pathology in the brain, particularly in regions associated with the sense of smell, including parts of the orbital frontal cortex, and regions important to memory and learning, such as the temporal lobe. Further, participants with greater olfactory decline over time had higher levels of amyloid and tau in some regions related to both smell and memory function.

These results indicate that loss of olfactory function is closely tied to both the level and progression of neuropathological damage seen in Alzheimer's. The study provides new evidence that may explain why poorer sense of smell is an early warning sign for Alzheimer's-related MCI. The researchers hope to follow up on this work to look deeper into whether olfaction can predict other types of dementia-related neurodegenerative changes.

This research was supported by the Intramural Research Program grant Z01-AG000015-57 and NIA grant P30AG066507.

These activities relate to NIA's AD+ADRD Research Implementation Milestone 9.M, "Develop diagnostics/biomarkers in asymptomatic individuals."

disease. Advances in brain imaging techniques allow researchers to see the development and spread of abnormal amyloid and tau proteins in the living brain, as well as changes in brain structure and function. Scientists are also exploring the very earliest steps in the disease process by studying changes in the brain and body fluids that can be detected years before Alzheimer's symptoms appear.

One of the great mysteries of Alzheimer's disease is why it largely affects older adults. Research on normal brain aging is exploring this question. For example, scientists are learning how age-related changes in the brain may harm neurons and affect other types of brain cells to contribute to Alzheimer's damage. These age-related changes include atrophy (shrinking) of certain parts of the brain, inflammation, blood vessel damage, production of unstable molecules called free radicals, and mitochondrial dysfunction (a breakdown of energy production within a cell).

Most people with Alzheimer's have the late-onset form of the disease in which symptoms become apparent in their mid-60s or later. Researchers have not found a specific gene that directly causes late-onset Alzheimer's, but having a form of the apolipoprotein E (APOE) gene increases a person's risk. This gene has several forms, and one of those, APOE 4, increases a person's risk of developing Alzheimer's and is also associated with an earlier age of disease onset. However, carrying the APOE 4 form of the gene does not mean that a person will definitely develop the disease, and some people

with no APOE 4 may also develop Alzheimer's.

This content is provided by the NIH National Institute on Aging (NIA). NIA scientists and other experts review this content to ensure it is accurate and up to date.

Abnormal structures may be an important

Continued from page 9
ties Study (ARIC) Neurocognitive Study, an ongoing, community-based study that recruited 15,792 volunteers aged 45-65 years from Washington County, Maryland; Forsyth County, North Carolina; northwestern suburbs of Minneapolis; and Jackson, Mississippi.

Using brain MRI data from 1,754 participants in the ARIC Neurocognitive Study, the researchers found that frail individuals had more abnormal white matter structures in their brains, known as white matter hyperintensities (WMH), than non-frail participants. WMH are brain lesions that indicate injury or disease and show up as bright areas during MRI scans.

Non-frail participants with a high volume of WMH had an increased risk

of developing frailty during a seven-year follow-up period, suggesting that WMH may be an important biomarker for future frailty risk. The findings held true for Black and white participants, men and women, and those without a history of dementia or stroke. Though frailty is unlikely to cause these brain changes, it is possible that structural damage to cerebral white matter promotes the development of frailty.

The research suggests physical frailty may serve as a clinical indicator of cerebral small vessel disease and perhaps a sign that a person has an increased risk for future dementia or cognitive deterioration. The team noted that implementing a frailty assessment in a health care setting may help identify individuals at risk for cognitive and functional decline. Additionally, they acknowledged that other biomarkers of brain health, such as brain volume, may also relate to frailty risk.

Further studies are needed to determine whether neurological factors play a causal role in frailty development.

This research was supported in part by NIA grants ZIAAG000348 and P30AG021334.

The basics of Alzheimer's disease

Scientists are conducting studies to learn more about plaques, tangles, and other biological features of Alzheimer's

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VENTURA COUNTY PARKINSON'S SUPPORT GROUP
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Real Estate/Development



The HACSB is the largest residential landlord in the City of Ventura.

Ventura celebrates groundbreaking of Westview Village Phase II

The Housing Authority of the City of San Buenaventura (HACSB) and nonprofit BRIDGE Housing are pleased to announce the construction of Westview Village Phase II, a 50-unit affordable rental development, broke ground on April 18, 2022. Westview Village Phase II will replace 10 public housing units with 50 modern one- and two-bedroom apartments. The property is located on a 2-acre site at 247 W. Warner Street, on the Westside of Ventura. The development includes forty-four (44) one-bedroom and six (6) two-bedroom apartments. Five of the units will be reserved for persons who are experiencing homelessness. Westview Village II will also include a state-of-the-art community center, a commercial kitchen, two early childhood development classrooms, multipurpose rooms, and a public park. "This will complete the vision for the Westview Village redevelopment. There will be 285 new affordable rentals and this phase of development will be the hub for this new housing campus. It will include a state-of-the-art accessible playground for all children to be able to play and enjoy the outdoors. The redevelopment is not only for this generation, but it was also planned for the next generation of families", said Denise Wise, Chief Executive Officer of the HACSB

The Housing Authority of the City of San Buenaventura and BRIDGE Housing partnered to redevelop Westview Village, the HACSB's oldest public housing development, over four phases of development. A total of 180 public housing units will be transformed into 320 new affordable apartments and for-sale homes. The first phase of construction was completed in 2019 and replaced 72 public housing units with 131 modern affordable one- to four-bedroom multi-family apartments. Phase III is anticipated to be complete

in August 2022 and will replace 69 public housing units with 105 modern affordable one- to four-bedroom multi-family apartments. There will be a set-aside of 20 units for previously homeless families.

Financing for the \$35 million Westview Village II development is being provided by US Bank, N.A.: US Bancorp Community Development Corporation, Housing Trust Fund Ventura County, City of Ventura, County of Ventura, CA Department of Housing and Community Development, the Housing Authority of the City of San Buenaventura, and the California Tax Credit Allocation Committee. Westview Village II LP is the owner, and the Housing Authority of the City of San Buenaventura will be the property manager and service coordinator. RRM Design Group (fka Mainstreet Architects + Planners Inc.) is the Executive Architect, and Cannon Constructors South is the General Contractor.

To learn more about the Housing Authority of the City of San Buenaventura, visit hacityventura.org. For more information about BRIDGE, visit bridgehousing.com.

The HACSB is the largest residential landlord in the City of Ventura, with 219 public housing units, more than 1,480 Housing Choice Vouchers, and 821 nonprofit affordable rental units. The agency is actively working to increase the supply of affordable housing and improve the quality of life and help its residents achieve self-sufficiency and or age in place.

BRIDGE Housing Corporation, a leading nonprofit developer of affordable housing, creates and manages a range of high-quality, affordable homes for working families and seniors. Since it was founded in 1983, BRIDGE has participated in the development of over 16,000 homes in California and the Pacific Northwest.

Some of the new developments being proposed, approved or under construction in Ventura

Mission Apartments - Interior and exterior improvements. Corner of Oak and Santa Clara Streets. Under review at Historic Preservation Committee on July 20. Staff report with specific details to be published in the Agenda Center (cityofventura.ca.gov/agendacenter) on July 15.

HPC Purpose - Report to the Planning Commission, advise and recommend concerning the designation of historic districts, landmark sites, natural configurations, buildings, structures, and points of interest significant to the heritage and development of the City.



Anacapa Courts- 4 story mixed use development 24 condominiums, 3850 sq ft commercial space approved and recently sold to a new developer located at 299 East Main.



Willow/ Ravello- 2-4 story buildings (13 separate buildings) with 306 apartments and 5000 sq ft of commercial space under construction at Northbank and Johnson Drives



For more information, go to www.LivableVentura.com or access the city development map at www.cityofventura.ca.gov Permit Services "button" or Development Map Permit Services | Ventura, CA for projects Under Review, Scheduled for Hearing or Entitled (Approved) and Under Construction.



Real Investments has announced the sale of a property in Midtown Ventura. 3850 E. Main is approximately 2.45 acres of land. The property was sold for \$5,400,000 to a local company, Island View Properties LLC.

What does the DRC do?

The purpose of the city Design Review Committee is to review, consider approve or deny applications for approval of design of architectural, landscaping, aesthetics for public and private projects, applications for sign variances, and proposed design elements or components of specific plans, historic districts, or other special areas.

The Committee Members are (there are 2 vacant seats):

- Albert Antelman, Chair
- William Growdon, Vice Chair
- Anthony Tomasello

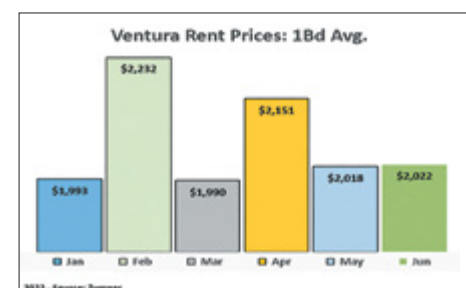
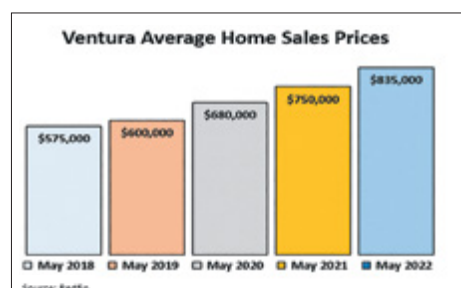
**Moving In?
Moving Up?
Moving Out?**

I can help you with that!

ADELA TRAINOR
DRE 01985025
805.701.7694
TEAMTRAINER12@GMAIL.COM

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Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Assault with a Deadly Weapon

On July 7, at 3:30 pm, the Ventura Police Command Center received a call regarding a hold-up alarm at Mechanics Bank, 1171 South Victoria Ave. As patrol officers responded, a witness followed the suspect and provided a description and updates on his location. Officers arrived in the area within four minutes and located 23-year-old Ventura resident Damian Cuellar in the 5700 block of Ralston Ave. Cuellar was taken into custody without incident.

During the investigation, officers learned Cuellar entered the bank and handed a clerk a note demanding money. The clerk gave Cuellar an undisclosed amount of money, and Cuellar fled the bank. A weapon was not used during the robbery, and the money was recovered.

Cuellar was arrested for robbery and booked at the Ventura County Jail

“soft” aground and towed by TowBoat US.

6/26 10:39am, received report of a disabled PWC outside the surf at Mandalay powerplant. Officers responded in Rescue Boat 19, found the vessel was no longer disabled, escorted the PWC back to the launch ramp.

11:20am, received report of a fuel sheen at VWM A-dock. Officers responded, found a sheen and the person responsible. Made sure the source was secured.

1:05pm, took possession of an injured pelican that a boater found near Santa Cruz Island. Placed the sea bird in a cage for Rescue Volunteers.

5:40pm, dispatched to a foilboarder in distress at Ventura Pier. Officers responded in Fireboat with multiple agencies. The individual was uninjured, taken aboard Fireboat and transported to the beach at Seaward Ave.



Monday 6/27, 4:16pm, dispatched to capsized kayak near Portside. Officers responded and were able to pull two persons from the water and return the kayak.

6/29 2:00pm, dispatched to a stingray strike at Harbor Cove. Officers were unable to respond because they were offshore on patrol in the Fireboat.

6/30 2:10am, dispatched to a traumatic injury at 1080 Navigator Dr. Officers responded with AMR to a 56 y/o female who crashed her bike. She was treated for a broken leg, facial injuries. AMR transported to hospital for further care.

2:49am, observed substantial fireworks display at Marina Park, receiving calls that reporting parties believe someone is shooting guns. Monitored VPD responding to shots fire, officers contacted VPD and advised of the fireworks.

7/02 10:02am, received report of a deceased sealion adrift near Harbor Cove. Officers responded, towed the mammal out of the area with the Fireboat.

7/04 11:03pm, after weeks of complaints about fireworks throughout the area, it seems that the responsible parties have finally ran out of pyrotechnics, because the explosions, flashes and extremely loud bangs have slowly settled down.



For a good laugh ask your 10-year-old grandkid what this is!

GRAND OPENING SALE

BUY - SELL - TRADE

ANTIQUÉ - VINTAGE - NEW - MODERN

RUGS CLEANING & REPAIR SERVICES

ABC RUGS KILIMS : 961 N. RICE AVE, UNIT# 4, OXNARD, CA, 93030

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

6/22 9:45am, assisted Army Corp of Engineers with a ride on Fireboat 1 out to the breakwall for inspection and survey of it.

11:55pm, retrieved an abandoned inflatable and kayak at the launch ramp. Eventually the owner contacted and arranged for pick up in daylight hours.

6/23 1:30pm, officers giving Rescue Boat 19 a sea trial after repairs from tsunami damage. New rudders and cleats were added to the vessel.

6:14pm, received report of a deceased sea lion adrift near Derektor boat yard. Officers responded in Fireboat and removed the animal.

7:00pm, observed two children on kayaks beset by 17kts of westwind, hanging on to patrol dock. Officers took the pair aboard FB1, delivered to Marina Park.

6/24 6:50am, dispatched to a ruptured pipe under gangway at VIM. Officers responded in vehicle Harb1 and were able to secure the pipe.

10:03am, dispatched to a stingray strike at Harbor Cove. Officers responded with hot water and assisted State Parks lifeguards with patient.

11:45am, dispatched to ill persons in Ventura Marina Community. Officers responded with AMR/VFD to a husband and wife in a neglectful situation. Eventually both patients were transported for multiple ailments.

3:22pm, received report of disabled PWC just outside the breakwall. After arriving on scene, observed TowBoat US had the vessel en tow.

6:33pm, received request for and jump-started an Island Packers customer car.

6/25 9:18am, received report of a dispute between two tenants in Ventura Isle Marina. Officers investigated, warned one of the individuals for tampering with vessel.

3:53pm, dispatched with multiple agencies to a 34ft sailboat aground at McGrath State Beach. Officers responded in vehicle after it was surmised 5 POB's were safe and uninjured. The vessel was

A Ventura Chamber ribbon cutting was held at the previous Traacy Villa which has been purchased and is now the Ventura Villa. It has been modernized for assisted living and memory care residents. It is located at 3482 Loma Vista.
Photo by Michael Gordon.

Weekly SUDOKU

Answer

9	5	2	6	8	4	3	7	1
3	6	4	7	9	1	5	2	8
7	1	8	2	5	3	6	9	4
1	2	9	5	4	7	8	6	3
6	4	3	8	2	9	1	5	7
5	8	7	1	3	6	2	4	9
4	3	6	9	1	2	7	8	5
8	7	1	4	6	5	9	3	2
2	9	5	3	7	8	4	1	6

King Crossword

Answers

Solution time: 24 mins.

C	A	M	F	I	N	C	R	I	N	G	
A	I	E	I	D	E	A	U	S	I	R	
T	E	I	G	O	D	F	A	T	H	E	H
E	X	A	L	T	T	A	T				
			I	R	S	I	H	O	M	I	R
S	T	A	G	E	M	O	M	N	G	N	E
E	R	S	E	U	R	O	S	L	Y	E	
W	A	T	I	R	A	N	D	A	D		
S	P	I	E	S	E	T	E	S			
			E	A	U	E	T	H	A	N	
D	E	N	M	O	T	H	L	F	L	N	O
O	S	E	E	E	A	V	E	M	A	R	
G	O	O	S	I	A	D	P	G	A		



The Pet Page



Dedicated to Scamp

■ SPAN Thrift Store is now open to the public and looking for donations of adult clothing, household items and tools. SPAN Thrift Store regularly provides \$10 spays and neuters for low income households with cats and dogs.

Upcoming clinics: Free spay and neuter cat clinic: Monday, July 18th at the Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard, 93036, and dog and cats on Tuesday, July 27th at Shiells Park in the parking lot at 649 C St., Fillmore, 93015.

■ Research confirms what dog lovers know – every pup is truly an individual. Many of the popular stereotypes about the behavior of golden retrievers, poodles or schnauzers, for example, aren't supported by science, according to a new study. "There is a huge amount of behavioral variation in every breed, and at the end of the day, every dog really is an individual," said study co-author and University of Massachusetts geneticist Elinor Karlsson.

She said pet owners love to talk about their dog's personality, as illustrated by some owners at a New York dog park. Elizabeth Kelly said her English springer spaniel was "friendly, but she's also kind of the queen bee." Suly Ortiz described her yellow Lab as "really calm, lazy and shy."

And Rachel Kim's mixed-breed dog is "a lot of different dogs, personality wise – super independent, really affectionate with me and my husband, but pretty, pretty suspicious of other people, other dogs."

That kind of enthusiasm from pet owners inspired Karlsson's latest scientific inquiry. She wanted to know to what extent are behavioral patterns inherited – and how much are dog breeds associated with distinctive and predictable behaviors?

The answer: While physical traits such as a greyhound's long legs or a Dalmatian's spots are clearly inherited, breed is not a strong predictor of any individual dog's personality.

The researchers' work, published in the journal *Science*, marshals a massive dataset to reach these conclusions – the most ever compiled, said Adam Boyko, a geneticist at Cornell University, who was not involved in the study.

■ HealthDay News- Dogs may be famous meat lovers, but canines who follow a vegan diet might be a bit healthier, a new survey suggests.

British and Australian researchers found that dogs on vegan diets (one without animal products or byproducts) tended to have fewer health problems, based on their guardians' reports, than those who ate "conventional" meat-based products. Owners in the vegan group reported lower rates of obesity, digestive troubles, arthritis and issues with eye and ear health.

Overall, 70% rated their vegan canine companion as "healthy," versus 55% of owners whose dogs ate conventional dog food.

Those numbers, however, do not prove vegan diets are healthier for dogs, according to veterinary nutritionists who reviewed the findings. "This is really a study of owners' perceptions," said Dr. Julie Churchill, a professor of veterinary nutrition at the University of Minnesota College of Veterinary Medicine.

It's very likely, Churchill noted, that "pet parents" who give their dogs a vegan diet are themselves vegan. That complicates the survey results for a number of reasons.

Because those individuals believe veganism is the healthiest diet choice, they may see their dogs as healthier. Beyond that, Churchill said, vegan humans probably have generally healthier lifestyles -- including more physical activity for themselves and their dogs.

In general, evidence is lacking that vegan dog foods actually help dogs live longer, healthier lives, said Dr. Joseph Wakshlag, a professor at Cornell University College of Veterinary Medicine.

Like Churchill, he said the current findings may reflect the perceptions and lifestyles of the humans surveyed, rather than effects of their dogs' diets.

Overall, half of respondents in the conventional-diet group said their dog had some type of health issue, versus 43% of those who used raw meat, and 36% in the vegan group.

Dogs eating raw meat made fewer visits to the vet. But that does not necessarily mean they were healthier, all three veterinarians stressed. Vets generally warn against giving dogs raw meat, because of the risk of contamination with pathogens. So people in that raw-meat group may have tended to shun veterinarians' advice, the experts said.

■ Officials with the FDA Center for Veterinary Medicine said in response to questions that they have been reviewing scientific literature regarding the role and amount of copper in dog foods for the past year.

Anne Norris, spokesperson for the CVM, said the FDA has received some reports of dogs that developed liver disease with suspected links to excess dietary copper. Those complaints have been uncommon, and evidence suggests some dog breeds have genetic predispositions for diseases that affect their ability to metabolize copper.

"The FDA has been reviewing the relevant facts and current scientific literature to assess whether regulatory intervention is appropriate," she said. "As part of its assessment, FDA scientists are looking at the level of copper in the food, the physiology of the particular animal the food is intended for, how much of the food the animal is likely to eat over the course of a lifetime, and other potential exposures that might add to the animal's overall dose."

"We are aware of some papers on the topic of copper toxicosis in dogs and will continue to track this issue as the veterinary community advances its understanding."

Norris said CVM and AAFCO officials have discussed establishing a maximum amount of copper in dog food. In the absence of such a limit, manufacturers remain subject to a regulatory principle

Scamp Club

(Scampclub pets are not for adoption.)



This is Ziggy. A three-year-old Austrian Shepard. She's a good guard dog and is also very playful. She likes to jump on and over big rocks. She is very devoted to her owner and enjoys walks and finding balls.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

that no more of an ingredient should be used than is necessary to provide the intended effect.

"For copper-containing ingredients, this would be no more than is needed to meet the animals' nutritional requirements," she said.

Dr. Valerie J. Parker is a professor of small animal internal medicine and nutrition at The Ohio State University. She is an internal medicine specialist and nutritionist and is not connected with the work by Dr. Center and Dr. Wakshlag. She thinks the February 2021 JAVMA commentary made a valid point that it's worth considering how much copper is in pet foods, whether that amount is justified, and whether it should be lowered.

Dr. Parker said it's unclear whether dog food generally contains too much copper, though, since the amount can vary by tenfold or sometimes even thirtyfold between two products. She said the low-copper diets available today tend to be general formulations for dogs with liver diseases, including liver failure or hepatic encephalopathy.

"The lowest-copper commercially available diets are not necessarily diets that you would want to feed a 2-year-old otherwise healthy dog because they are lower in protein," Dr. Parker said. (HealthDay News) -- Chasing light shimmers reflected onto a wall. Obsessive licking or chewing. Compulsive barking and whining. Pacing or tail chasing.

Mother Goose and Grimm



The American Kennel Club announced that the ancient dog breed, the Bracco Italiano, has received full recognition as the AKC's 200th breed. The Bracco Italiano is a strong, active and sturdy breed of dog that would make a great companion for active families.

SPAN Thrift Store
SPAY/NEUTER ANIMAL NETWORK

Seeking donations of Clothing, Tools and Small Electric Kitchen appliances.

10am - 4pm Tues, Thurs & Sat
Wed./Fri 10-12

\$10 Low/No Income Spay & Neuter
Tuesday, July 27th
Shiells Park
in the parking lot
649 C St., Fillmore
Must call for appointment
(805) 584-3823

CATS ONLY
FREE Low/No Income
Spay & Neuter
Monday, July 18th
Albert H. Soliz Library - El Rio
2820 Jourdan St., Oxnard
Must call for appointment
(805) 584-3823

805.641.1170 110 A & B N. Olive St., Ventura CA 93001 www.spanonline.org



The Pet Page

Forever homes wanted

Hi: I'm Hanzi (Hans for short), a very high-energy and happy almost 2 year old Parson Russell Terrier / Pomeranian X who is in need of a new home as my mom broke her hip and can no longer care for me. When I came to C.A.R.L. I was very dog reactive and if given the chance I would sometimes redirect on my handler. Thankfully funds were raised to help me work on this. I have learned a lot during my time with my trainer and I'm ready for my new home. My trainer recommends a home with plenty of structure. If you can give me the structured environment and exercise I need to thrive, please fill out an online application to meet me.



Canine Adoption and Rescue League C.A.R.L.

Meet Rudy, a cute 2.5-year-old shorthaired rabbit. He was surrendered due to housing issues. Rudy is an absolute lovebug. He loves cuddling, watching TV, and simply spending time with the family as he will be a member of your family, too! If you're interested in Rudy, please email VCASbunnybrigade@gmail.com. Animal ID: A797635 Kennel: 639 City Found: OXNARD Shelter: Camarillo Animal Shelter



This 'n' That



Captain Smith was injured doing what he loved. Photos by Michael Gordon.

Support held for Captain Myles "Danny" Smith

The Ventura community gathered on July 10 to support injured firefighter Myles "Danny" Smith with a fundraiser and raffle. Captain Smith was severely injured while fighting a brush fire in 2015, and forced to retire. Since then, he's continued to battle his injuries and most recently had a leg amputated as a result of his injuries due to a lack of blood flow.

On April 12, 2015, Smith was responding to a brush fire near Highway 33 when he fell backwards 15' into a concrete drainage ditch. The fall shattered his arm and fractured his hip. Smith has undergone many many surgeries since the accident.

Friends, family, and colleagues were all there to help with his medical costs and the costs to make his home more accessible. It was held at the MadeWest

Brewery at 1744 Donlan St.

"Danny pushed me to become a firefighter and helped me along the way," stated fundraiser organizer and Ventura County Fed Fire engineer Chris Botelho. "His family has always stepped up to support the community and help others...now it's our turn to return the favor to them."

"Our mission is to serve Ventura firefighters and their families," said Joe Booth, executive director of the Foundation. "Community support for the event has been amazing - so many businesses have donated raffle prizes - we're excited to have a fun time on Sunday and help raise money for a great family." The Ventura Fire Foundation is acting as fiscal sponsor for the event.

More information is available at www.venturafirefoundation.org



Hide your gold and women, the pirates have landed.

Pirates never had it this good

The Devil's Gauntlet, a replica of a 1767 dispatch carrier dubbed the Brigantine Sultana, is now docked in the Ventura Harbor.

Daniel Blevins Catalano (Pirate Dan), a Fresno native, purchased the ship from Denis Boulankine and Tatiana Boulankina for \$1. He has since made extensive (and expensive) improvements to the ship.

"The boat was in such bad shape that she was ready to be hauled, crushed or sunk. ... They ended up releasing the boat to me for \$1 just to get rid of the headache basically," said dynamic Daniel Blevins Catalano.

A Craigslist ad ensnared Catalano's interest in the ship. After a Florida hurricane destroyed the Queen Anne's Revenge, his 120-foot gaff rigged schooner, Catalano required a new vessel to marry two longtime passions: pirates and helping veterans and first responders. A veteran himself, Catalano envisioned creating a reality television show about these modern-day heroes as they cope with post-traumatic stress disorders and injuries and with drug and alcohol abuse by masquerading as pirates.

Outside, she resembles an 18th-century pirate ship with custom woodwork, skeleton figureheads and 5,000 feet of rigging. Inside, she swaggers with modern conveniences like LED lights, many flat screen TVs, a full bar, modern kitchen and sleeping for up to 24 if necessary and the latest navigational equipment.

Dan has purchased pirate outfits, swords, black powder guns and even cannons to compliment the ship. The ship's future in Ventura Harbor is still to be determined. A future article will deal with that.



by Pam Baumgardner
VenturaRocks.com

This is it! After a pandemic time-out, Surf Rodeo returns to Ventura over the weekend of July 15 - July 17 at the Ventura pier with music on the southside and surf competitions on the northside at Surfer's Point. The festivities not only include a surfing contest featuring pros and locals, the bikini cowgirl and cowboy competition and cornhole tournament, but if you ask me (which is why you're most likely reading my column), it's all about the live music. It will be live bands galore over three days on several stages; it's practically non-stop, start to finish with over 40 bands scheduled! The headliners for each day are The Green, Hirie and Rob Leines on Friday, Ozomatli, Badfish, The Aggrolites & Bob Log III on Saturday, and Yachtley Crew and Highway Starr on Sunday. For a more complete music listing and to secure your tickets, go to SurfRodeo.org.

Meanwhile for something a little tamer, Camarillo Old Town Heritage Days Midsummer Block Party also runs the same weekend July 14 - 17. Though you'll need to purchase carnival ride tickets, there is no admission to the event which means the music is free!

Friday, July 15
6-10 pm - Acoustic DNA
Saturday, July 16
Noon - 2 - Mariachi
2-4 pm - Full Clip
4-5 pm Rising Elijah
5-6 pm Bobby Hart & Old Town Boys
6-7:30 pm Mini Driver
8 - 10 pm Foster Campbell & Friends
Sunday, July 17
Noon - 2 pm The Martinez Bros with Ruben Estrada
2-4 pm Shaky Feelin'
4-6 pm Free Love Project

Poseidon Brewing has their Summer Saturday Music Series from 4-7 pm (unless otherwise listed):

July 16 - Zeke Berkley
July 23 - Steve and Sally Williams
July 30 - Mitch Bradford
August 6 - Muleskinner Revival
August 13 - The Dynasties (1-3 pm)
August 13 - Morrison Drive (4:30 - 7 pm)
August 20 - Cary Park
August 27 - Chris Murphy
September 3 - Dean & Lisa

The 2022 Heritage Square Summer Concert Season is underway in Oxnard on Friday evenings 6 - 8:30 pm. Individual seats are available for purchase day of show for \$10 on a first come basis, or you can take your own blanket or low back lawn chairs seats for free unreserved seating. Upcoming concerts:

7/15: The Impulse Band
7/22: Los Cool Arrows
7/29: Myst
8/5: Soul Machine
8/12: The British Beat
8/19: Caliente 805

Pedals & Pints Brewing Company and Tarantula Hill Brewing Company in Thousand Oaks are presenting the

inaugural Down the Rabbit Hole Festival of Music and Beer on Saturday, July 30 from 11 am to 11 pm and it will feature 10 bands between the two breweries. Tickets are \$60 for both venues, which includes your first beer at both locations, and a free shuttle between the two. Bands on the bill are Robert Jon & the Wreck, Beaux Gris Gris & the Apocalypse, Shaky Feelin', Jacob Marquez & the Good Vibes, a Dustland Fairytail, OPM, Weekend Celebrity, Garrett Lee Robinson, Those Animals and Better off Blonde.

New shows added for the Majestic Ventura Theater include Concerts 4 Causes - Metal Help for Mental Help featuring Bone Maggot, Disrupted Euphoria, Sinsation and more on Saturday, July 23; Panteon Rococo on September 20; Lagwagon, Strung Out and SACK on October 6; and the Front Bottoms on October 9.

I was looking over the Boots & Brews Country Music Festival webpage and it shows Ventura is listed for August 20 with Cole Swindell, Eddie Montgomery of Montgomery Gentry, and Raelynn. But then they list Tim McGraw on October 14 and when you take a look, it's a second Boots & Brews for Ventura which also features Michael Ray and Bailey Zimmerman. Hmmm, interesting; I hope it's not a mistake. I hadn't heard back on my inquiry for clarification as of press time. Quick Notes:

All Music Under the Stars summer concerts at Olivas Adobe are sold out; the Ojai Band plays a free concert at Libbey Bowl on Wednesday, July 13; jazz musician, Luis Munoz, will have his final show at Namba on Saturday, 7/16, before he moves out of state; there's a Numbskull show with Subhumans, Generacion Suicida, and Head cut at Gigi's on Saturday, July 23; Katie Shorey does ladies of the 80s at Cantara on Saturday, July 23; and don't forget that the Ventura Music Festival runs July 29-31 & August 5-7.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily for all of Ventura county, go to www.VenturaRocks.com.

Music Calendar

For more listings, additional times and genres go to VenturaRocks.com

Boatyard Pub
1583 Spinnaker Dr., Ventura
Wednesdays: Frank Barajas
Thursdays: Jim Friery; Bluegrass Jam
Fri 7/15: Teresa Russell
Tues 7/19: Karen Eden & Bill Macpherson
Café Fiore
66 California Street, Ventura
Sundays 5-9 pm
Sun 7/17: Forbidden Fruit
Sun 4/24: JanGala Roots
Cantara Cellars
126 N. Wood Rd., Camarillo
Fri 7/15: Midlife Crisis
Sat 7/16: Ignition

Fri 7/22: The Jukes
Sat 7/23: Katie Shorey
Copa Cubana
Ventura Harbor Village
Tuesdays: Blues Tuesdays
Thursdays: Glenn Bennet
Sun 7/17: House Arrest
Four Brix Winery
2290 Eastman Ave., Ventura
Sat 7/16: Epitome of Dreams
Fri 7/22: The Brix Brothers
Sun 7/24: Teresa Russell & Stephen Geyer
The Garage
1091 Scandia Ave., Ventura
Thurs 7/14: Evan Joffred unplugged
Sat 7/16: 805 Social Club
Thurs 7/21: Andrew Hart unplugged
Fri 7/22: the Slider
Sat 7/23: How to Live with Robots
GiGi's Cocktails
2493 Grand Ave., Ventura
Sat 7/23: Subhumans, Generacion Suicida, Head Cut
The Grape
2833 E. Main St., Ventura
Tuesdays Jazz Jam
Most Saturday afternoons: Fausto Cuevas y La Moderna
Wed 7/13: Adam Clark ensemble featuring Rachel Flowers
Thurs 7/14: 6 Beats Apart
Fri 7/15: Smith/Fierabracci Ensemble
Sat 7/16: Gregg Karukas
Wed 7/20: Brad Rabuchin & Cats have Edge
Thurs 7/21: Jazz Hates Johnny
Fri 7/22: Tony Ybarra
Sat 7/23: Doug Webb and Friends
Keynote Lounge
10245 E Telephone Rd, Ventura
Thursdays: Open Mic
Fri 7/15: CRV
Sat 7/16: Vinyl Gypsies
Sat 7/23: Sin Chonies
Leashless Brewing
585 E. Thompson Blvd., Ventura
Thurs 7/14: Irie Nature
Fri 7/15: Vinny Berry
Sat 7/16: Second Round
Sun 7/17: Daniela Cardillo
Thurs 7/21: Danielle Stacy
Sat 7/23: JC Balsarak
Sun 7/24: Brother Kim Moya
Libbey Bowl
210 Signal St., Ojai
Wed 7/13: Ojai Band
Sat 7/16: Oingo Boingo former members
Sun 7/17: ABC
Fri 7/22: The Zombies with Rooney
Lucas Sellers Wine
330 Zachary St., Moorpark
Sat 7/23: Jayden Secor
Sat 7/30: Jon Ranger
Majestic Ventura Theater
26 S. Chestnut Street, Ventura
Sat 7/23: Bone Maggot, Disrupted Euphoria, more...
Margarita Villa
Ventura Harbor
Fri & Sat 8-11 pm; Sun 5-8 pm
Fri 7/15: Jetlemons
Sat 7/16: Crosscut 805
Sun 7/17: Red Rhythm
Fri 7/22: Urban Dread
Sat 7/23: Operation 90s
Sun 7/24: On Tap
Namba Arts
47 S. Oak Street, Ventura
Sat 7/16: Luis Munoz
Sat 7/23: The Listening Room Redux 7

Poseidon Brewing
5777 Olivas Park Drive, Ventura
Sat 7/16: Zeke Berkley
Sat 7/23: Steve and Sally Williams
Sans Souci
21 S. Chestnut Street, Ventura
Fri 7/15: Three on a Match
The Raven Tavern
1651 S. Victoria Ave., Oxnard
Fri 7/15: Brittney Burchett
Sat 7/16: Sean Wiggins
Fri 7/22: Dean Clark 5
Sat 7/23: Holgers Heroes
Surf Rodeo
Southside Ventura Pier
Fri 7/15: The Green, Hirie, Rob Leines, Rey Fresco, The Pitts, Katie Skene Band, Casual Business, Rising Son
Sat 7/16: Ozomatli, Badfish, The Aggrolites, Bob Log III, Sitting on Stacy, The Aquadolls, Raging Arb and the Redheads, Guy Martin, Fido, Zepp Heads, more...
Sun 7/17: Yachtley Crew, Highway Starr, Beebes & Her Money Makers, Brion Shearer, Brian Mikasa, Dudley, Ashes to Amber, Sik Sik Sicks, Jayden Secor, The Remedies, more...
The Twist on Main
454 E. Main St., Ventura
Wednesdays: Americana Night
Thursdays: LA Jazz Connection
Fri 7/15: Jen Staves & the Bluzfish
Sat 7/16: Steve & Sally Williams; Dive Bar Messiahs
Sun 7/17: Bobby, Fin & Dave; Masters of the Past
Fri 7/22: Vinyl Gypsies
Sat 7/23: Dive Bar Steve; Shakey Feelin'
Sun 7/24: Bob Bishop Band; George & Michael
Ventura College Performing Arts Center
4700 Loma Vista Road, Ventura
Fri 7/15: Schwabb Academy Chamber Music
Sat 7/16: Schwab Academy Symphony Orchestra
Ventura Music Hall
1888 E. Thompson Blvd., Ventura
Thurs 7/14: Iya Tierra, Cydeways
Fri 7/15: Noche de Verano Sin Ti
Sun 7/17: The Cadillac Three
Tues 7/19: Memphis May Fire
Thurs 7/21: Wavves
Fri 7/22: Tiny Moving Parts
Sat 7/23: Soja, The Elovaters, Kyle Smith
Sun 7/24: Billy Howerdel
The Vine
308 E. Ojai Ave., Ojai
Saturdays: Smitty and Julia and Friends
Sundays: Austin Vallejo
Fri 7/15: Duncan and the Dragonslayers
Fri 7/22: Ray Jaurique & the Uptown Brothers
Sun 7/24: Steve and Sally Williams
Water's Edge
1510 Anchors Way Dr., Ventura
Brunch 10:30 am - 1:30 pm
Saturdays: Teresa Russell
Winchesters
632 E. Main St., Ventura
Music Thurs 5:30; Fri 7 pm; Sat 2 pm; Sun 3 pm
Thurs 7/14: Brandon Ragan
Fri 7/15: Miss Bix & the Nervous Tics
Sat 7/16: Jodi Farrell & Jim Rankin
Sun 7/17: Heart & Soul
Tues 7/19: Open mic w/ Jenna Rose
Thurs 7/21: Blown Over
Fri 7/22: Midlife Crisis

Ventura Music Scene



Plein Air painting workshop at Harmon Canyon Preserve

On Saturday, July 9th, 2022, The Ventura Land Trust sponsored its first artist-led Plein Air painting workshop at Harmon Canyon Preserve. The event began with an introduction to Harmon Canyon Preserve by Outreach director, Leslie Velez and three professional Plein-Air artists. It concluded with artist participants showing their final projects.

Painting en plein air, the French expression for “in the open air,” is the act of leaving the walls of a studio and painting in the outdoors. Artists explore how to paint form and light, with its changing, ephemeral qualities, with portable paints and easel.

The presentation included Harmon Canyon Preserves’ cultural and natural history. Led by professional artists, participants used acrylic, water colors or oil paint to capture the beauty of Harmon Canyon Preserve. Public programs like this one enable participants to connect with nature and with community.

If you have any questions regarding this program or others like it, please contact Leslie Velez Outreach Director for Ventura land trust. 805 6438044



Kim Smith and Billie Bowmon



Helle Urban



Debra Holladay

Ventura Art Scene



The first call was to Michael O'Kelly.

Rubicon Theatre Company partners with Michael O'Kelly on Gallery Space

More exciting news from Rubicon Theatre Company as the organization officially opens a show of fine art by internationally renowned artist Michael O'Kelly.

During the pandemic, leadership at Rubicon sought to reimagine underutilized spaces at the Main and Laurel location. Board President Doug Halter shares, “For 24 years, Rubicon has been key to Ventura’s cultural vitality, but we want to invite new people into this wonderful space.” After assessing every inch of the building, Sandra and Jordan Laby Hall was re-envisioned as a gallery, allowing the company to fold visual arts into its programming.

With the idea in place, the first call was to Michael O'Kelly, who makes Ventura his home. The artist advised on how to best present and hang fine art, and then promised to provide 24 stunning works for the premier show in the Sandra and Jordan Laby Hall gallery.

Both Halter, a City Council member, and Rubicon Co-founder and Producing Artistic Director Karyl Lynn Burns are big O'Kelly fans. “What a treasure Michael is!” says Burns, citing his work worldwide as well as his local projects: the Miriam Schwab bronze at Ventura College, the facade designs for Limon Y Sol and Star Lounge, and of course, his monumental ceramic mural at the Mission. “Collaborating with Michael has been an utter joy. We anticipate many future ventures with him, but those plans are under wraps.” this last said with a smile.

O'Kelly has a long and storied history in the art world. A prodigy, Michael sold his first work of art at the age of nine. By 13, he was studying with the infamous British forger Thomas Keating. Much later, in Mexico City, O'Kelly worked under the great Maestro Rufino Tamayo. Michael has exhibited in over forty-nine art galleries and museums on three continents, including the Commonwealth Institute, the Centro Iberoamericano in Madrid, and the Santa Barbara Museum.

He’s curated significant collections of ethnographic art for the Museum of Mankind (British Museum), the Binche Museum in Belgium, and the Brighton Museum in England and co-produced major international exhibitions at the Plastic Arts Museum in Moscow, the Hermitage in Russia, and the Edvard Munch Museum in Oslo. Additionally, O'Kelly has illustrated several history reference books. His exquisite handmade ceramic murals adorn the walls of Disneyland/World, along with many public buildings in Vegas, Nevada, and California.

This partnership between one of the largest arts organizations in Ventura and a freelance artist shows how the creative sector might evolve post-pandemic. “There’s enormous undeveloped potential in Ventura.” Burns bubbles, “We must think big and find innovative ways to grow our creative economy. The status quo won’t do.” If left to Rubicon and O'Kelly, the future will be rich with partnerships such as theirs.

The official opening of O'Kelly’s show is at 6:30 p.m. on July 21. O'Kelly will be on hand to chat about his process, with music, wine, and light snacks provided for attendees.

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Ventura Executive Suites

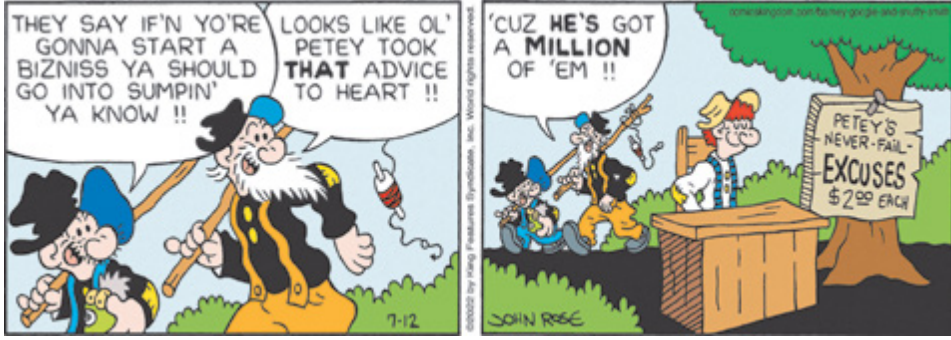


Ventura Executive Suites



Lighter Breeze

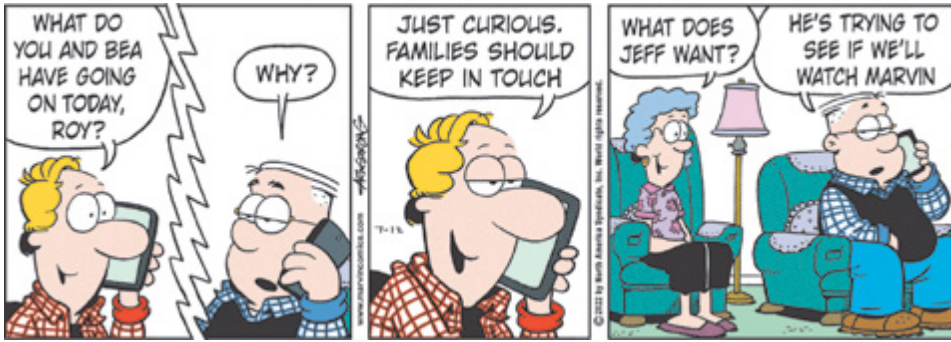
Barney Google and Snuffy Smith



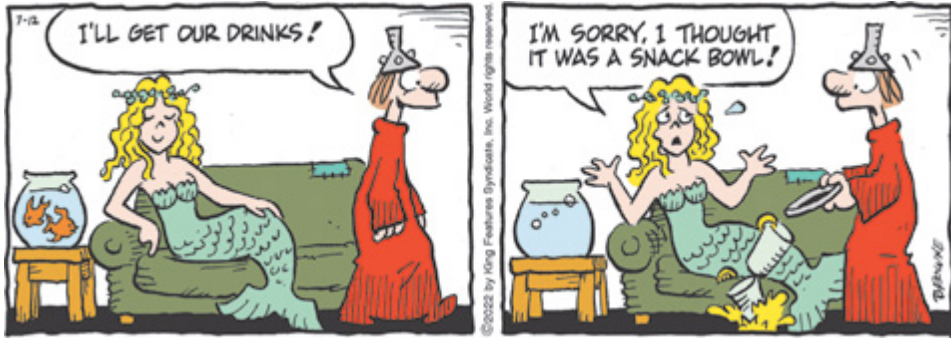
Rhymes With Orange



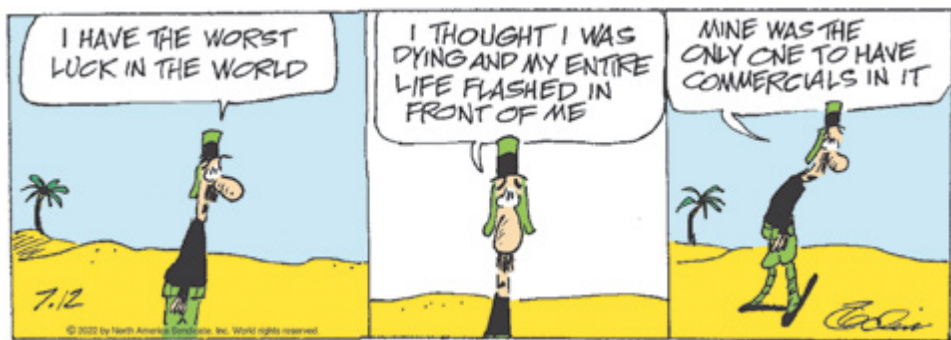
Marvin



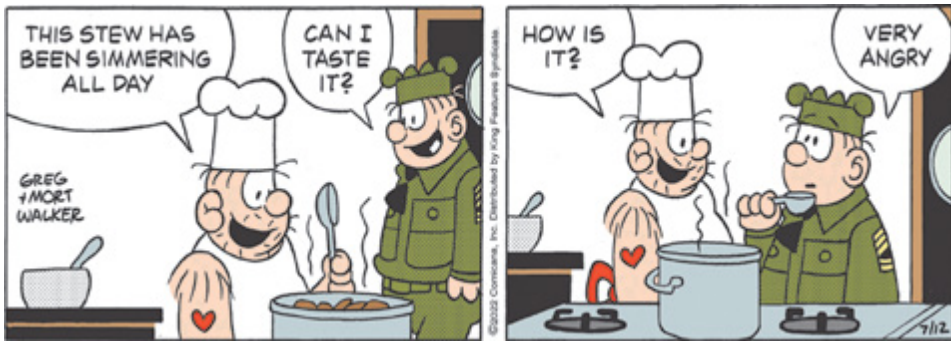
Hagar the Horrible



Crock



Beetle Bailey



Solutions on page 13

(For a beginners guide to playing Sudoku go to venturabreeze.com)

	5		8					1
		4	7	9				2
7				3	6			
		9			7	8		3
6			2					7
5	8		1					4
	3		9					5
		1	4		5	9		
2				7				1

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 3x3 box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

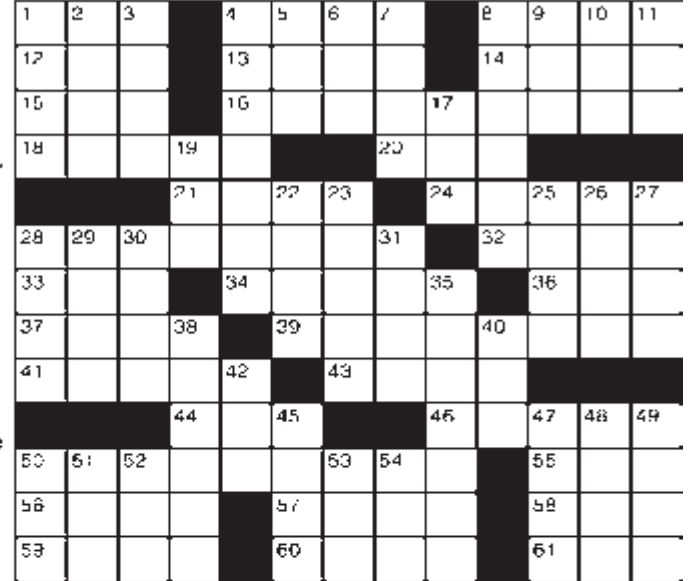
◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

Solutions on page 13

King Crossword

ACROSS

- 1 River blocker
- 4 Locate
- 8 Cherry type
- 12 Hearty quaff
- 13 Notion
- 14 Manual reader
- 15 Asian holiday
- 16 Brando role
- 18 Glorify
- 20 Make lace
- 21 Formerly, once
- 24 Ballpark winner
- 28 Child star's parent, maybe
- 32 Zilch
- 33 Hosp. sections
- 34 Continental cash
- 36 Caustic solution
- 37 Bulb measure
- 39 Pop's pop
- 41 Covert agents
- 43 Summers in Paris
- 44 Vichy water
- 46 Patriot Allen
- 50 Cub Scout leader
- 55 Rock's Brian
- 56 Curved molding
- 57 Roof overhang
- 58 Scratch the surface
- 59 Suitable
- 60 Roe provider



DOWN

- 1 Social appointment
- 2 "Roots" author Haley
- 3 Transcending (Pref.)
- 4 Greek orchard planting
- 5 Wedding words
- 6 Homer's neighbor
- 7 Loony
- 8 Frosty's nose
- 9 Somewhat (Suff.)
- 10 Born abroad?
- 11 Dog's warning
- 17 Foot rub response
- 19 Race segment
- 22 Overconfident
- 23 Baseball's Joe
- 25 Asp. form
- 26 "May It Be" singer
- 27 Oboe insert
- 28 Gives a darn?
- 29 Snare
- 30 Wine region
- 31 Castle defense
- 35 Showed scorn
- 38 Overflowed
- 40 "Spring ahead" hrs.
- 42 - Paulo, Brazil
- 45 Western tribe
- 47 Hope fiber
- 48 Scrambled wd.
- 49 Asta's mistress
- 50 Pooch
- 51 Swelled head
- 52 Opposite of paleo-
- 53 Taunting laugh
- 54 Actress Mendes

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with grace.
LIBRA (September 23 to October 22) Some hazy issues still need to be cleared up before you can move on with your new plans. A friend from the past reaches out to re-establish old ties.

ARIES (March 21 to April 19) You dislike waiting for promises to be fulfilled and for commitments to be kept, but resist your headstrong tendency to push things along. Your patience will be rewarded.

TAURUS (April 20 to May 20) Expect continuing opposition to your plans from die-hard detractors. However, your determination to see things through will carry the day. A Pisces has romantic ideas.

GEMINI (May 21 to June 20) You might be too close to a troublesome workplace situation to deal with it successfully. Step away in order to get a better perspective. A solution soon becomes obvious.

CANCER (June 21 to July 22) You might suspect that someone you trust has misled you on an important matter, but a more balanced view of things reveals a misunderstanding to be the culprit.

LEO (July 23 to August 22) The Big Cat's animal magnetism has rarely been stronger. You can either just bask in all that admiration or use it to your advantage, especially in the workplace.

VIRGO (August 23 to September 22) Someone who previously balked at cooperating with you on a project suddenly has a change of heart. Accept both help and advice

Continued positive fall-out follows that risky workplace decision you made some time ago. Your payoff will soon prove to be more substantial than you expected.

SAGITTARIUS (November 22 to December 21) A personal relationship continues to be affected by a recent unexpected turn of events. Things need to work themselves out without finger-pointing.

CAPRICORN (December 22 to January 19) It's a wonderful week for all you capricious Goats to kick up your heels with friends or family members in some well-earned fun and frivolity.

AQUARIUS (January 20 to February 18) Caution is advised before making a financial commitment to someone you don't really know. There are better ways to build friendships than with risky fiscal dealings.

PISCES (February 19 to March 20) Travel plans continue to be favored. A change of scenery brings new opportunities, both personally and professionally. Be open to the possibilities.

BORN THIS WEEK: You have a strong sense of loyalty that shows itself best in your relationships with family and friends.

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Showtime

A View from House Seats

Spellers Put to the T.E.S.T.

by Shirley Lorraine

Even though school is out county-wide, the Spelling Bee must go on. That is, the 25th Annual Putnam County Spelling Bee now being held on the Conejo Players stage in Thousand Oaks through July 17.

Competition is never easy, but for six middle school age students in Putnam County facing their fears as they work to overcome their insecurities, their myriad family issues and peer pressure to attempt to triumph in the Bee, it is especially challenging. The six quite disparate students each have their own singular ways of coping and recall, providing the audience with a great deal of laughter and empathy.

The students are played by Paige Pensivy as the confident, several-time winner; Jack Cleary the eccentric, homeschooled Leaf Coneybear; Hannah Saltman portrays a shy and insecure Olive Ostrovsky. Aaron Ellis is the Boy Scout Chip Tolentino (who ultimately suffers an embarrassing attack of inopportune puberty), Jacob Coners is William Barfee (pronounced Bar-Fay), and Jenna Lay is Logainne SchwarztandGrubenierre. Each one gave distinct and delightful characterizations, tackling their individual shining moments with verve and enthusiasm.

Three “adult” characters, the Bee organizer and town realtor (Rona Lisa Peretti), Vice-Principal Douglas Panch, (played wonderfully androgynously by Leilani Toone), and Mitch (Jeremy Matticks, a man serving community service hours, hold the students to the task at hand.

One tricky element of this play is the opportunity for the actors to improvise,

adding often hilarious lines and actions to the play. Audience members are encouraged to “sign up” to be in the Bee as they enter the theater. Several are then chosen to participate in the Bee on stage, offering additional unknowns and opportunities. The audience immediately becomes a part of the Bee itself, rooting for everyone. Lots of fun.

To the cast and director’s credit, these elements were all handled seamlessly. Word definitions provided by Vice Principal Panch become a highlight of the action. Because of the unknown elements that can affect timing, the song order is not announced as it can change. Lots for the actors to keep track of! When a speller is eliminated, the character renders a “goodbye” song, is given a juice box and ushered off the stage.

Several of the “kids” and Mitch reappear as additional characters to add flavor and substance to the spellers’ backstories. The musical numbers are lively and feature some outstanding voices among the cast. The songs themselves are not particularly memorable but are appropriate to the action.

The ubiquitous school gymnasium setting, complete with climbing rope, posters and bleachers, is just right. The single microphone center stage is almost a character into itself. The production is tight and worthy of attendance. Go. It’s a fun show.

The 25th Annual Putnam County Spelling Bee plays Friday and Saturday evenings at 8 p.m. and Sundays at 2:00 p.m. only through July 17. A full program can be accessed on the CPT website, www.ConejoPlayers.org. Make reservations via the website or 805-495-3715.

Streaming Spotlight by Cindy Summers

Snowflake Mountain



Breeze rating from 1 to 4 palm trees, 4 being best.

In Snowflake Mountain, ten overly emotional, easily offended young adults are sent by their parents to what they believe is a resort vacation, only to discover they’ve actually been sent to a wilderness survival retreat to help them to live their own adult lives with all the responsibilities that entails. Their parents are tired of them not meeting their potential so they tricked their giant babies into going far far away and “grow the hell up” under the guidance of Survival Experts Matt Tate (army combat engineer for almost 10 years) and Joel Graves (former navy ordinance disposal, bomb squad), along with Cat Bigney (primitive skills expert and survival educator).

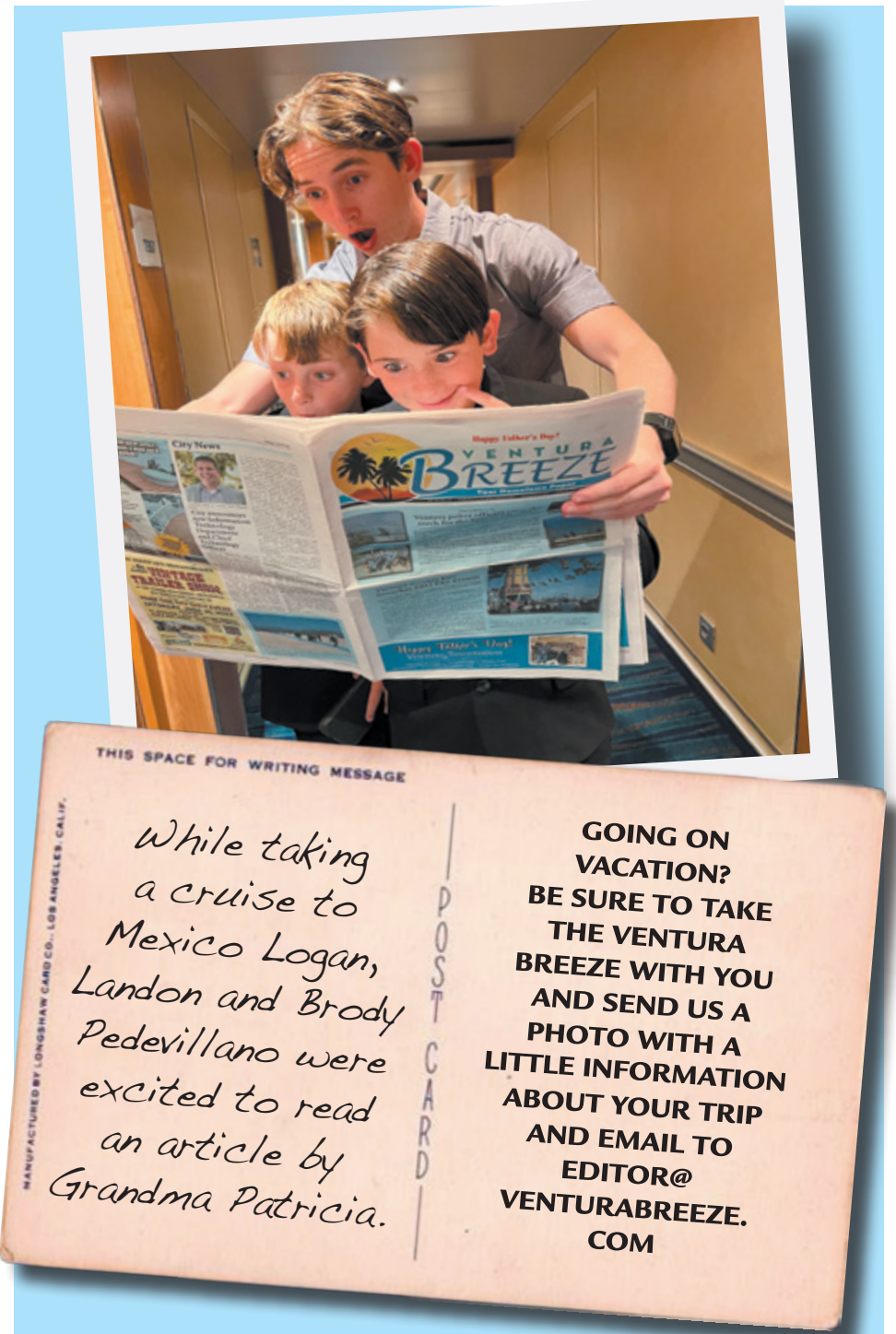
The camp is completely offgrid and the group, which includes 5 men and 5 women from across the globe, must learn to adapt and change their snowflake ways of being lazy and feeling entitled or suffer consequences, which is a very new concept to this eclectic group of young adults. The women

include: Rae, 25 Kent, UK; Deandra, 24 New York; Derriea, 25 New York; Devon, 20 New York; Olivia, 25 Ohio (who quit day 1); and Francesca, 21 New York who came to camp half way through the series to replace Olivia’s spot. The men included: Liam, 21 Warwickshire, UK; Carl, 23 California; Sunny, 26 Pennsylvania; Randy, 23 Florida; Solomon, 26 Virginia.

The first day they were all in complete shock when they were driven into the mountains and dropped off with their luggage on a dirt road. Matt and Joel arrived in ATVs and told them to put their essential items in the dry bags supplied and hike back to camp. Matt and Joel gathered their luggage and met at camp for their first lesson in being flexible and adaptable. They then blew up all the luggage as a lesson in overcoming setbacks, making them stronger because sometimes in life there’s unexpected loss, and also sometimes material things weigh people down. Their motivation to stay was a \$50,000 prize that would be awarded to one of them at the end, but the catch was that for every person that decided to quit, \$5,000 would be taken from the prize money.

Matt and Joel started with simple things to help them begin to take care of themselves such as finding food caches in the woods or chopping down a tree for firewood. They were guided to be self-sufficient by doing things many of them had never done their entire lives such as cooking and cleaning, but also had to

Continued on page 20



VENTURA COUNTY FAIR

"A Country Fair with Ocean Air"

DOLLAR DAY:
WEDNESDAY, AUG 3
\$1 admission until 5p.m.

FEED THE NEED, FOOD SHARE DAY:
THURSDAY, AUG 4
Buy adult ticket, donate 5 cans of food for free Fair return ticket. valid Aug 8-11

YOUTH DAY:
FRIDAY, AUGUST 5
All Fair visitors age 12 and under admitted free all day.

SENIORS & PERSONS WITH DISABILITIES DAY:
TUESDAY, AUGUST 9
Age 65 and over admitted free all day. Disabled persons and their companion admitted free.

MILITARY APPRECIATION DAY:
THURS, AUG 11
Free admission with current, valid military i.d.

CARNIVAL WRISTBAND DAYS:
Thurs, Aug 4, Mon, Aug 8
Tues, Aug 9, Thurs, Aug 11
Sold for \$40 'til 6pm,
Ride 'til 7 p.m.

FREE CONCERTS with Fair admission

- ★ **Martina McBride**
August 3 @ 7:30PM
- ★ **KC & the Sunshine Band**
Thurs., Aug. 4 @ 7:30PM
- ★ **The All-American Rejects**
Friday, Aug. 5 @ 7:30PM
- ★ **Blue Oyster Cult**
Sat., Aug. 6 @ 7:30 PM
- ★ **Dia de la Familia Concert**
Sun., Aug. 7 @ 3:00 PM
- ★ **The Beach Boys**
Mon., Aug. 8 @ 7:30PM
- ★ **Clay Walker**
Tues., Aug. 9 @ 7:30 PM
- ★ **Cheap Trick**
Wed., Aug. 10 @ 7:30 PM
- ★ **PRCA Rodeo**
Friday, Aug. 10 @ 7 PM,
Saturday, August 11
Sunday, August 12
@ 2:00 and 7:00 PM

SCAN TO PURCHASE TICKETS

venturacountyfair.org



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Tree Town



Santa Clara Street in downtown Ventura has had several empty tree wells which have recently been planted with Santa Cruz Island Ironwood trees. This is a native evergreen tree that has low water requirement and grows well in the Channel Islands region. It flowers in the spring and summer, and its size will be up to 50 feet tall and 24 feet wide. Look forward to seeing these unique trees provide more shade and beauty in our downtown!

venturatreealliance.com

This 'n' That



On June 29th, Women's Economic Ventures (WEV) hosted an Award Ceremony at the Oxnard Performing Arts Center to distribute \$225,000 to entrepreneurial Hispanic and Indigenous Ventura County community members. Forty-five Emprendedores program participants, thirty-one women and 14 men, successfully completed WEV's free, 6-week business training program and applied for grant funding; each received a \$5,000 grant award for their small business needs. For more program information, including the upcoming Santa Barbara County cohort enrollment, visit www.wevonline.org/emprendimiento.

Daily lifeguard service will be provided

As the summer season approaches, daily lifeguard service will be provided at Ventura Harbor beaches along Spinnaker Drive.

In a unanimous vote the Board of Port Commissioners authorized Brian Pendleton, General Manager of Ventura Harbor, to contract with State Parks to provide the lifeguard service from May through September 2022 at Harbor Cove, South Beach, and Surfers Knoll beaches. The approved 2022 lifeguard contract of \$140,131.07 will provide adequate coverage to each of the three Ventura Harbor beach areas over a five-month period.

"The Port District has taken great pride in supporting enhanced beach safety by way of seasonal lifeguards on the Harbors beaches," said Pendleton.

For over 60 years, State Parks has provided professional lifeguarding services along California's coastline. The Ventura Port District took the lead in securing summer lifeguards at the Harbor in 2011.

For questions on lifeguard times, call the State Lifeguards Dispatch at 805-648-3321 and for Ventura Harbor beach details visit VenuraHarborVillage.com.

SEEAG reaches over 15,000

Continued from page 7

to eat healthy by adding locally-grown fruits and vegetables to their diet. Each student received a bag of fresh produce, recipes and other educational material. Another 200 middle and high school students attended SEEAG's STEM Career Pathways in Agriculture presentations to learn about technical careers in the industry.

"SEEAG wants to cultivate the next generation of agricultural ambassadors and farmland stewards," says Maranville. "We're hoping that learning about the importance of eating fresh fruits and vegetables will create life-long healthy eating habits. We did much of our instruction remotely during the first part of 2021. We were able to return to in-classroom instruction in October."

After a year off because of the pandemic,

SEEAG held its Ventura County Farm Day and Santa Barbara County Farm Day in 2021. More than 12,000 people attended, visiting growers and other agricultural sites to see firsthand how food is grown, harvested and transported to local markets. Visitors experienced a day of agricultural activities, farm tours, tastings, and fruit and produce giveaways.

"SEEAG was able to engage with a large number of kids and adults even during a challenging year," says Maranville. "We are currently expanding our STEM Career Pathways in Ag outreach to middle and high school students throughout Ventura and Santa Barbara counties and our Ventura and Santa Barbara County Child Wellness elementary school presentations."

All SEEAG programs are free to schools and participants. It provides free bus transportation for students attending SEEAG's Farm Lab.

Major 2021 donors included Haas Automotive Foundation, Gill's Onions, Sprout's, Ed and Jeanne Woods Family Foundation and Wood-Claeysens Foundation.

For more about SEEAG, go to www.SEEAG.org.

Snowflake Mountain

Continued from page 19

embrace using outhouses and showering outdoors. There were wilderness lessons like using a compass and skinning a deer, along with confidence building exercises like climbing a tall tree with climbing gear and breaking a board with their hands.

Those who needed extra help in being a part of the experience ended up at Last Chance Lake, where they had the choice of sleeping in the woods in a primitive shelter, or seeking shelter in a warm RV which would also mean they had quit and would be sent home. The end goal that all their experiences in discipline and teamwork was preparing them for was a 22 mile, 2 day hike to the top of a high mountain peak - the first day to basecamp being very physically challenging and the hike to the top the second day actually being perilous for skilled climbers.

To make it to the summit and for someone to win \$50,000, they'll have to challenge themselves, grow as individuals and work together as a team, concepts completely foreign to all of them.

Runtime: 8 - 40m Episodes