Happy Mother's Day!

Your Hometown Paper Vol. 15, No. 1<u>6</u>



On Saturday, April 30, under a beautiful Ventura evening "La Dolce Vita, Silent Auction Dinner Dancing" was held celebrating and benefiting the families and children at the City Center. The fundraiser event was held in the beautiful back yard at a magnificent home located on Barnard Way in Ventura.

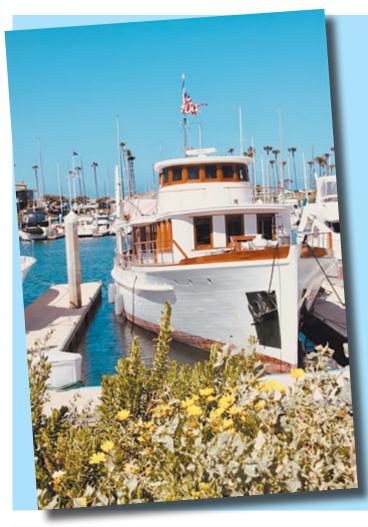
The evening featured a cocktail party, snacks, great food, live music, dancing and fundraising auctions. It was attended by several hundred enthusiastic caring people.

Pastor Jim Duran, Executive Director of the center was the MC for the event. He stated " Not one of our "graduates" have gone back to being homeless. All of our residents start out being homeless. The City Center is the only transitional housing center that does not receive government funding."

He went on "Thank you for being at tonight's event and for all your support! It is because of your donations we are Continued on page 2



Fundraiser held to benefit the City Center



The Romance and Charm of "Sobre Las Olas"

by Patricia Schallert

"Sobre Las Olas", a charming, antique motor yacht has berthed in the Ventura Harbor (At the Portside Ventura Harbor docks) since November, 2021. "Sobre Las Olas", translates to "Over the Waves", was built in the 1920's and its craftsmanship reflects an era long past. Once owned by JP Getty, this vessel reflects exceptional attention to detail and continues to be a source of joy and historical appeal for the current owners and now the Ventura community.

The yacht was built around the same time Black Tuesday overwhelmed the country in the 1920's. The original owners were forced to sell it and JP Getty was an eager buyer. He held on to it until 1932 where it began to change hands several times before being purchased Continued on page 2



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City News



Organizers of the event hope to raise an additional \$1 million dollars.

Ventura Land Trust holds ribbon cutting ceremony at Harmon Canyon Preserve

by Richard Lieberman

In an effort to raise an additional \$1 million for the Harmon Canyon Preserve the Ventura Land Trust held a ribbon cutting ceremony at the Harmon Canyon Preserve, located off Kimball and Foothill roads on Earth Day, April 22. The preserve covers an area of 2,100 acres of Ventura hillsides.

Recently the final phase of fundraising for the Harmon Canyon Preserve was conducted by the non-profit Ventura Land Trust. The trust held a kickoff for the campaign with the ribbon cutting ceremony featuring local officials.

Organizers of the event hope to raise an additional \$1 million dollars. The funding will go toward maintaining plant life, establishment of new oak trees, and the creation and maintenance of new trails.

The anticipated funds will also be used to remove invasive species like the wild mustard that has invaded the habitat and is growing throughout the canyon. The funds will also be used to clear out downed branches.

The Ventura Land Trust's goals are to keep the trails open, operating, and available to the public permanently.

"We recognize that is a big promise but it's something we are committed to for the people of our community and the wildlife," said Mellissa Baffa Ventura Land Trust executive director. She added "\$10.6 million has been raised for the preserve so far. The money comes from a mix of government and foundation grants as well as private doners."

Harmon Canyon Preserve was opened to the public in June 2020 said Leslie Velez, outreach director for the Ventura Land Trust. From the 1800's through June 2020, the property had been privately owned, she said.

"The canyon preserve designated for habitat conservation and public access, has been attracting 65,000, people a year since its opening for biking, hiking, and recreation," Baffa said. "It's our hope and anticipation that some of those tens of thousands of people that have fallen in love with this space will join the campaign and help to support it".

Harmon Canyon Preserve is a living laboratory, teaching participants how to identify plants and animals and facilitating hands-on fieldwork projects. Hundreds of volunteers work hand in hand with Ventura Land Trust in the stewardship of Harmon Canyon Preserve each year building trails, removing invasive plant species, and ensuring a safe and enjoyable experience for visitors.

The history of the canyon dates back to its original habitants, the Chumash. A Chumash speaker, elder Julie Tumamait-Stenslie, tribal chair of the Barbareno/Ventureno Band of Mission Indians said, "opening the

space was important. We lost a lot through colonization of our people. So, we are coming back to that. We are reconnecting that relationship that Indigenous peoples have to this earth and to this land," Tumamait-Stenslie said.

Ventura Mayor Sofia Rubalcava remarked" the preserve offers Spanish-language signs that help make it accessible and inviting for all communities."

"I know that Harmon Canyon also offers Spanish language tours so that people who maybe never thought of themselves as hikers or mountain bikers or preservationists can have access to this place and see how beautiful it is and want to come back," said Rubalcava.



Fundraiser help to benefit City Center *Continued from page 1*

able shelter homeless children in a safe place they can call home. While providing their parents the life skills they need to graduate our program and to be self-sufficient. This program exists because of the caring people in our community and the desire of giving a hand up not just a handout."

He stated "Residents must find work and put a portion of their salaries into an account." He spoke of a resident that left the facility with \$19,000 and another with \$25,000. Of the approximately 80 residents living there now, 50 are children.

Besides the income from the auctions when Jim Duran asked for donations from the crowd the first one was for \$10,000.00.

The City Center and its staff, case managers, therapists, and mentors are dedicated to helping homeless, often single parent families with child transitioning from homelessness to independence. They do this over the course of many months.

The residents and their care team put in a lot of hard work, and it is all worth it. Though the housing is

temporary it is a safe place to call their own during that time, a place they can find some needed stability in their life. The City Center is a place where they can concentrate on getting their life under control.

Residents are given more than just spiritual and life skills as mentioned by Jim, residents are empowered to become financially stable through a savings program and employment requirement. With this help and structure, they find themselves back on their feet and on their own. All it takes is a willing heart, and a determined spirit.

The Center is located at 837 E. Thompson in Ventura.

The Romance and Charm

Continued from page 1

by the current owners. At present time, "Sobre Las Olas" is one of the largest antique classic yachts on the West Coast.

Strolling the decks of this rare beauty, one is left in awe and a special feeling of charm and wonder. The interior is stunning and there is ample indoor and outdoor space to enjoy with guests and one's imagination. It feels adventure ready and her elegance is apparent.

The decks and railings are teak and the beautiful Honduras mahogany is all original in the dining salon. Smaller touches, like the dining salon's lighting fixtures, are also all original.

The interior is gracious, clean and smooth with a superstructure over the back deck. A new galley was constructed and the lounge area has been renovated, with cabinets, windows and lighting refurbished to keep the living area comfortable for guests.

She comfortably sleeps 12, with a master stateroom, 3 bathrooms, a crew's quarter for 5, a guest cabin for 2, a master cabin, a pilot cabin, and an additional cabin in the back of the hull. The owners are committed to keep the yacht's original design intact even as they modernize various areas throughout yacht.

Her engines are original 1929 Atlas Imperial diesel engines and two of four are left in existence. A similarly constructed engine from the same era currently sits in the Smithsonian Institute.

Her appeal is timeless throughout the meticulously handcrafted workmanship. Her classic lines and vintage charm have been only enhanced by her



 Ventura BREEZE
 May 4 – May 17, 2022
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City News

extensive updates over the years, making her the perfect blend of old and new. Since it has been in Ventura, the community has embraced it as heads are turned when strolling by on the promenade or sailing by on more modernized vessels.

The waltz "Sobre Las Olas" (or "Over the Waves") is the best-known work of Mexican composer Juventino Rosas (1868–1894). It "remains one

of the most famous Latin American pieces worldwide", according to the "Latin America" article in The Oxford Companion to Music.

Editor's note: This is the second article in the Breeze featuring an historically important yacht berthed in Ventura. If you know of a local yacht that might also be historical to be featured in the Breeze let us know at editor@venturabreeze.com.

Community Events

Ventura Events

by Ana Baker

May 8: 11am-3 pm Murals & Roses -Olivas Adobe 4200 Olivas Park Drive-Ventura. Join us on Mother's Day for a stroll through the rose garden and historic grounds of the Olivas Adobe where the famous Margarite Hardeman mural paintings will be on display. Free corsages for visiting mothers, tours of the rancho home, gift shop, art exhibit by artists Laura J Jespersen & Lisa Mahony in the small adobe and new this year displays of women's fashion through the ages. www.cityofventura.ca.gov/OlivasAdobe.

May 9: Free Dance Lesson 6:30 p.m. Dance Poinsettia Pavillon,3451 Foothill Rd. 7p.m \$10, refreshments, Tropic Star Ban.

May 10: Ventura County Writers Club invites aspiring writers to join their bi-annual "Join a Writing Workshop Group" meeting at 1605 Burnley St. in Camarillo at 7 p.m. "Anyone interested in writing needs to learn

the power of a writing workshop," says VCWC Vice President Pat Caloia. VCWC is a non-profit volunteer society driven by writers for writers. All club activities are intended to expand writers' creativity and business skills. For more information, please call Pat Caloia at 805-643-8959.

May 21-27: National Safe Boating Week is an excellent time to refresh on safe and responsible boating and ensure you have all safety measures before heading out. On Saturday, boaters and their families are invited to attend the Safe Boating Open House at U.S. Coast Guard Station Channel Islands. Local organizations and public safety agencies will be onsite to provide information on the latest boating safety. You can also visit the website HTTPS:// www.safeboating.us which includes safety and demonstration videos, including how to use life jackets, fire extinguishers, flares, and more. The Safe Boating Open House at U.S. Coast Guard Station Channel Islands will take place Saturday from 10-2 p.m. at 4201 S. Victoria Ave. in Oxnard.

Continued on page 8



THANK YOU FOR SUPPORTING THE VENTURA BREEZE!

WITH THE CONTINUED SUPPORT OF OUR ADVERTISERS, DONORS AND READERS, WE CONTINUE TO BRING LOCAL NEWS AND INFORMATION TO VENTURA (NOW IN OUR 14TH YEAR). THE COVID PANDEMIC HAS AFFECTED ALL SMALL BUSINESSES, AND LOCAL NEWSPAPERS HAVE BEEN DEEPLY IMPACTED AS WELL AS THEY ARE SOLELY DEPENDENT ON ADVERTISING REVENUE. WE CONTINUE TO ASK OUR LOYAL READERS TO HELP SUPPORT THE BREEZE. WE LOOK FORWARD TO CONTINUING OUR MISSION OF BRINGING YOU THE INFORMATION IMPACTING VENTURA.

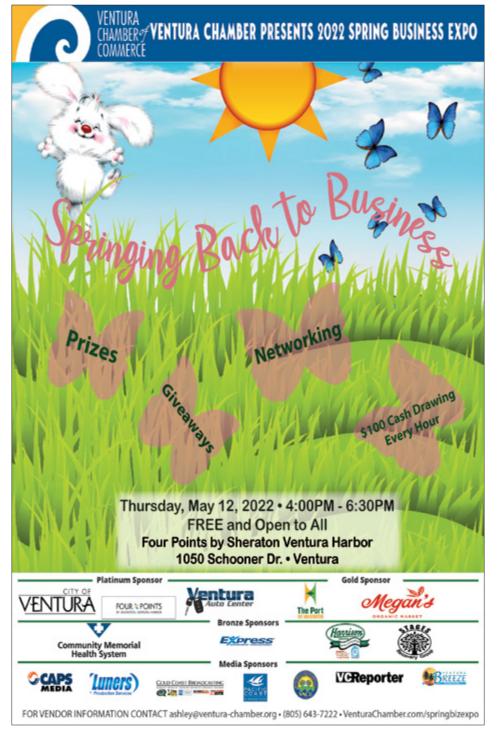
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The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

Sometimes I think the surest sign that intelligent life exists elsewhere in the universe is that none of it has tried to contact us. – Bill Watterson

Opinion/Editorial

On May 6 there



Publisher-Editor

will be a celebration at the Art City Studios (see ad in this issue). If you haven't been to Art City, it is an amazing experience where you can spend

hours walking around looking at the wonderful art and sculptures. The property has been sold, so if you haven't been there this would a great time to visit. Hope to see you there.

- I want to thank Councilmember Mike **Johnson** who is personally helping to clean up Ventura by inviting the community to come to clean up events with him. See page 5 for how to participate.
- I have heard some Venturans say that there is a new water-usage mandate, stating that they can only water their lawns one day a week. This mandate, from the MWD, applies to communities dependent on the state water project, and does not apply to Ventura. Our water comes from local resources. In a future issue we will have an article explaining our water sources and what condition they are in.
- Recently Naomi Judd passed away. I normally wouldn't mention passing celebrities except for her daughter's statement saying, "We lost our beautiful mother to the disease of mental illness." People do not die from mental illness. They might die by suicide brought on by their mental illness. I hoped there could be a clarification to the cause of her death so that people don't think mental illness is a killer. The clarification has been made. "Naomi Judd, iconic country star and one-half of the mother-daughter duo took her own life on Saturday following a longtime battle with mental illness at 76 years old, multiple sources confirm."
- A fundraising concert, where 100% of donations benefit UNICEF's coordinated response to the crisis in Ukraine, will feature a diverse selection of classical music, spanning works by the Great Masters to Ukrainian folk songs.

All donations support UNICEF's response humanitarian towards children families in Ukraine and neighboring countries offering a safe haven to those displaced. Tickets are free to the public and donations are encouraged. The event is Sunday, May 15, 6:00pm at St. Paul's Episcopal Church, 3290 Loma Vista Road, Ventura.

To donate or learn more about the organization, visit www.unicefusa.org. The Ventura County Environmental Health Division (Division), in coordination with the California Department of Public Health (CDPH), is issuing a warning about the annual quarantine of mussels taken by recreational shellfish harvesters. This quarantine is due to hazardous levels of toxin causing paralytic shellfish poisoning.

The quarantine applies to all species of mussels taken by the public anywhere on the California coast including all bays, harbors, and estuaries. Commercially harvested shellfish are not included in the quarantine. In addition, consumers are advised not to eat recreationally harvested bivalve shellfish (such as mussels, clams or whole scallops) from Ventura County. Dangerous levels of domoic acid have been detected in mussels sampled from Ventura County, making them unsafe to eat.

- A report by the European Union's Copernicus Climate Change Service found that while spring 2021 was cooler than average, the summer months were marked by "severe and long-lasting heatwaves" that saw numerous new temperature records, including an unprecedented 119.8 degrees Fahrenheit measured in Sicily last August. Maybe if we call this climate change and not globing warming all people will start believing it.
- A New York judge is holding **Donald Trump** in civil contempt after the state's attorney general's office said he did not comply with a subpoena for documents as part of its investigation into the former President's companies.

Judge Arthur Engoron said Trump failed to abide by his order to comply with the subpoena, and that his attorneys failed to show how a search of materials held by Trump was conducted. Engoron said Trump would be fined \$10,000 a day until he complies.

The judge stated, "Mr. Trump, I know you take your business seriously and I take mine seriously. I hereby hold you in civil contempt and fine you \$10,000 per day until you purge that contempt."

Guns In the News

Gunfire erupted at the Mississippi Mudbug Festival in Jackson. One person died and five others were hurt. The person who died may have been shot by an officer after "there was an exchange of gunfire between at least 2 to 3 individuals in and around a vehicle."

The possible suspect in the fatal

shooting of the owner and two employees of a Mississippi Gulf Coast motel and subsequent death of a person shot during a carjacking was found dead after a standoff with police.

A man arrested following a South Carolina mall shooting in which nine people were wounded had opened fire in self-defense in a confrontation with other shooters, his lawyer said. Investigators believe a fight between people who knew one another led to the gunfire, and that "at least three suspects displayed firearms inside the mall."

At least four major shootings broke out across the United States over the Easter weekend, including one at a party in Pittsburgh that left two teenagers dead and several others injured early Sunday.

Two teens were killed, and several other people were injured in a shooting that stemmed from a large party in Pittsburgh according to police. Investigators are searching for multiple suspects in the shooting, which occurred early Sunday in the city's East Allegheny neighborhood at a property that was rented through short-term rental company Airbnb. The teens who were killed were both 17-year-old males.

Authorities received multiple calls reporting gunshots heard inside the Mall of Victor Valley with a reported juvenile gunshot victim. Police identified that the suspect was the co-owner of Sole Addicts store. Cockrell was reportedly chasing two shoplifters out of his store during the incident. According to police, Cockrell fired multiple shots at the shoplifters, but the shots missed the individuals and instead hit a 9-year-old female victim, luckily it did not kill her.

Gunfire took the life of a 16-year-old girl outside a Bronx high school when she and two other teens were hit by bullets fired in a dispute between "brazen criminals."

Police in Sacramento say six people are dead and 10 injured after a shooting in the city's downtown area.

Two people were killed and two injured in a shooting that occurred in broad daylight near a children's playground in San Francisco's Crocker Amazon neighborhood.

From a Ventura police report about those who continue to commit crimes; "Lindsay has an extensive criminal history and has prior arrests including Burglary, Possession of Burglary Tools, Possession of Stolen Property, Identity Theft, Possession for Sales of Narcotics, Drug and Paraphernalia Possession, Felony Evading, Violence, Conspiracy, Domestic Vandalism, Carrying a Concealed Firearm, Felon in Possession of a Firearm, Driving Under the Influence and Providing False Information to a Police Officer. Hartin has prior arrests including Burglary, Conspiracy, Robbery, Criminal Threats, Theft, Forgery, Identity Theft, Domestic Battery, Child Endangerment and Drug Possession. Both suspects were out on bail at the time of their arrest."

What were these two horrible people doing out on bail so that they could commit more crimes? We hope to get an answer to this in a future issue.

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

Mailbox

Editor:

Show Big Oil they cannot spend millions to buy elections in Ventura

In 2020, in the interest of public health and safety, our duly elected Board of Supervisors voted to require antiquated oil leaseholders to review the environmental impacts new drilling or fracking could cause to surrounding communities and our resources.

Not taking "NO" for an answer, Big Oil has spent millions on fancy signature collectors, fancy mailers, and fancy yard signs to convince VC voters that oil companies need not consider the damage that new drilling or fracking on these old leases (3000 in the county) would cause.

Let's show Big Oil what their obscene profits cannot buy here. Let's show them

some VC grassroots determination. Grab your kids or grandkids, grab some poster board and crayons, and let's show them some not-so-fancy "YES on A & B - FOR OUR KIDS" car-window and yard signs.

You can't drink oil - protect our water, protect our environment, and protect our kids.

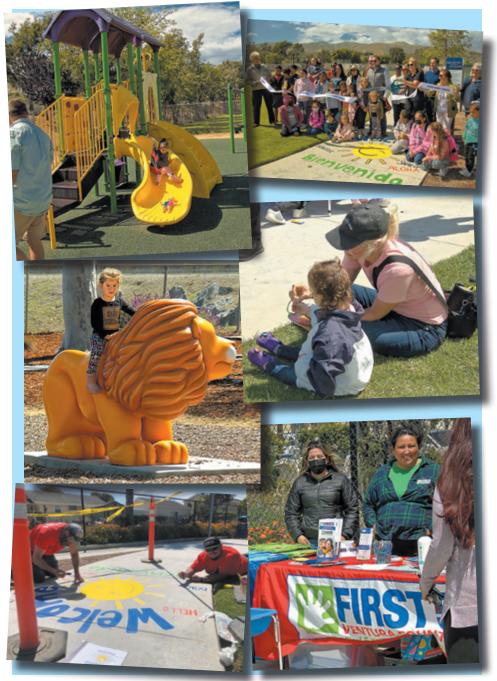
Big Oil might not know it, but YES WE CAN defeat them.

On June 7, vote YES on Measures A & B - for our kids. Diane Underhill

Hi there!,

I read the article about the owls and just to inform you about the return of them. They "were" there last year and Olivia the owl actually had a broad of Continued on page 8

Ventura BREEZE Your Hometown Paper www.venturabreeze.com



Born Learning Trails were developed to support language, literacy and social skills. Photos by

Westside Born Learning Trail gets revitalized on Earth Day

by Amy Brown

Earth Day often includes collaborations of individual and community groups to celebrate the world in which we live, and learn to improve sustainability to preserve it. In that spirit, local community members, the city of Ventura, volunteers from the United Way and Aera Energy gathered recently to celebrate Earth Day and invest in early childhood development and education by renovating the interactive Born Learning Trail at Westpark Community Center. This colorful, educational trail features ten stations for kids and families to get out, get moving and have fun while learning in different languages and through unique activities.

The original trail was put in ten years ago, and it received a comprehensive upgrade at the event from approximately 30 volunteers, whose hands-on efforts included creating new signs, adding new paint, activities, decorations and structures. "What happens in a child's early years matters," said Mitchel Sloan, interim president and CEO of United Way of Ventura County. "The Born Learning Trail is just an excellent way to really utilize our amazing parks, while helping generate conversations between parents, caregivers and child. It can have an amazing impact early childhood learning, really increasing the chance of a child entering school ready to learn."

According to Aera Energy-which has helped sponsor 12 such trails with the United Way throughout California, including in Oxnard—the trails are designed to spark a love of learning at an age that sets the foundation for lifelong learning, behavior and health.

"A parent is really a child's first teacher, and this trail gives them activities to teach kids numbers, shapes, counting along with how to get themselves moving," said Michele Newell, Corporate Community Relations representative for Aera. "These trails fit in with our focus on education and trying to give families opportunities to learn things differently, all while getting them out and moving together."

Born Learning Trails were developed to support language, literacy and social skills development throughout local communities, with displays offering engagement with numbers and shapes, while integrating information about exploring nature. John Thomas, a mechanic with Aera and with the company for 15 years, was among the volunteers jumping in to refurbish the trail. A father of two, and grandfather of a two-year-old, he recognized the value of these projects for young learners. "It was cool to participate in this, especially once you learned the reasoning behind it," said Thomas. "Aera really puts effort into maintaining relationships with the community and being good stewards, and it's a big reason why I decided to go out there."

Sloan was enthusiastic about how the newly refurbished trail is already being received by the Westside community, where a rededication ribbon cutting ceremony was held with attendees including local families, the mayor, and representatives from First 5 Ventura County, the chamber of commerce, and the board of supervisors. "This collaboration was a true testament to the idea that it takes a village, with everyone coming together to bring this to fruition," he said.

THE HEART OF VENTURA

Second Saturday Community Events May 14, 2022

District 3 Cleanup with Mike Johnson

10am - Noon. Picking up litter, scraping stickers, and cleaning graffiti. If you have buckets/gloves/pickeruppers, bring them, but we'll have extras. Meet in front of Peets Coffee, 1171 S. Victoria Ave.

Contact mike.johnson@cityofventura.ca.gov

Westside Avenue Cleanup

Meet at 9am at Kellogg Park. Burritos afterward at Two Trees Church.

For information, or to arrange having a cleaning cart, call 805.628.3869

Share your love for the community!





Official County Ballot Drop Box located at CAPS

Time to vote!

The June Primary Election is closing fast, and CAPS Media is honored to have an official County Ballot Drop Box installed in our parking lot to convenience voters in Ventura. For this year's election Ventura County will fully implement the California Voter's Choice Act (VCA) which allows voters to choose how, when, and where to cast their ballot.

To start, every registered voter in Ventura County will be sent a vote-by-mail ballot by mid-May. Ballots can be completed and mailed back to the County registrar at no cost to the voter. Or, completed ballots can be dropped off at any of the 38 official ballot boxes throughout the county or delivered to one of the county's 51 Vote Centers. A

list of ballot box drop boxes and Vote Centers can be found at VenturaVote.org.

For those who want to exercise their right to vote in person, the county has you covered. As outlined by Mark Lunn, County-Clerk, Registrar of Voters, "For those who want to vote in person, they can visit one of ten Vote Centers that will open beginning May 28, or one of the 41 additional Vote Centers that will open beginning June 4." Mr. Lunn added, "Plus no matter how they send in their ballot, voters will be able to track it by registering at WheresMyBallot.sos. ca.gov."

In addition to providing the official ballot dropbox location, CAPS Media is also assisting the county by producing a series of instructional videos designed to facilitate training of Vote Center workers. In the past the training was conducted in person in large group settings. The new video series will allow Vote Center workers to learn, review and reference all of the important tasks and responsibilities online. The videos include step-bystep instructions and demonstrations on how to set up and operate a Vote Center, as well as explanations of the rules, regulations and procedures required of the vital Vote Center worker.

Out of caution the CAPS Media Center has been closed throughout the pandemic and will remain closed until the staff and board of directors deems it safe to reopen. Despite the closer of the center, the CAPS Media staff has stayed extremely busy throughout the crisis managing, scheduling, broadcasting and streaming programming on CAPS Media Channel 6 and 15, and CAPS Media Radio KPPQ on 104.1fm, capsmedia.org

and on myTunerRadio.

CAPS Media productions services have continued nonstop to the City with CAPS facilitating meetings at City Hall, and by producing informative videos for Mayor Sofia Rubalcava, City Police, City Fire and other agencies.

For VUSD and other school districts in the county, CAPS is producing an honoring ceremony for the Ventura County Indian Consortium. In a few weeks CAPS crews will record and live-stream graduation ceremonies for Ventura College on May 19, Ventura High on June 15, Buena High on June 16 and Foothill, Pacific, El Camino and VACE (Ventura Adult and Continuing Education) on June 17.

As mentioned, as a precaution, the CAPS Media Center remains closed to the public. During this time the CAPS Media staff and board of directors are using the break to undertake an internal evaluation to determine the most effective services to provide to the public once we reopen the center and are in full operational mode. The CAPS Media mission remains: To create an engaged and informed community through participation in electronic media.

The Bookmark

About Libraries and Friends

by Jill Forman

Library Events

Several exciting happenings going on in May!

An Afternoon with George

Christie – at the E.P. Foster Library (press release from the Library)

Ex-Hells Angels president George Christie will visit Ventura's E.P. Foster Library to deliver a lecture, slide show, and Q&A at 2:00 pm on Saturday, May 14, in the library's Topping Room. Christie is the longest serving president in club history and one-time international spokesperson for the club, as well as a rare peacemaker in a brutally violent culture.

George Christie, Jr. was born in 1947 in Ventura to a family of Greek immigrants. He grew up as an only child and from an early age was fascinated by motorcycles and outlaw culture. He became a full-patch Hells Angel in the Los Angeles charter in 1976 and, six months later, became president of that charter before founding the Ventura charter in 1978.

In 2011, he resigned his presidency of the Ventura charter and left the club. He spent a year in a Texas Federal prison as part of a plea deal, and in August of 2014 he was released from custody. Since his release, Christie has starred in the History Channel TV show, Outlaw Chronicles: Hells Angels, and written his memoirs, Exile on Front Street. Christie currently serves as a consultant for defense attorneys and news outlets, and works with firsttime offenders helping them navigate the judicial process. He has been in Spain for the last two-and-a-half years working on TV and writing projects, and has returned to Ventura to produce his stage play Outlaw.

A book signing will follow this presentation, with books available for purchase on site.

The E.P. Foster Library is located at

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Your brain is incredible—keeping your body running all day every day. So, when it comes to your brain health, don't hesitate to access the region's top minds in neurology. Dignity Health – St. John's Regional Medical Center and St. John's Hospital Camarillo treat a variety of complex neurological conditions. Which means you have the support you need close to home. Learn more at **DignityHealth.org/StJohnsNeuroCare**.

Hello humankindness®





651 East Main Street in Ventura.

Local Author Talk at Hill Road Library on the subject of Alzheimer's Disease by someone who knows it on a scientific, legal and personal level

Michele Artiz Smith, J.D. will visit the Hill Road Library on Sunday, May 15th, 2022 at 11:30 a.m. to discuss her book My Husband's Keeper: A Memoir.

Smith takes the reader through the early, middle, and late stages of Alzheimer's disease. After her husband's diagnosis, she vowed to learn as much as possible about the condition, becoming a State-Certified Ombudsman and gaining a window into the world of dementia and Alzheimer's through visiting long-term care facilities and meeting with other families that experience this illness.

More information can be found on her website: myhusbandskeeper.com

The Hill Road Library is located at 1070 South Hill Road in Ventura.

Rescheduled Music Event

In previous columns we learned about the music presentation "Lyrical Literature, The Songs and Theatre Music of Ross Care," a concert of original musical settings of well-known poets and excerpts from theater scores performed by an ensemble of singers and instrumentalists.

Originally scheduled for Saturday March 26 at Foster Library it unfortunately had to be cancelled due to a water leak. It has been rescheduled for Saturday May 21 at 2:00 - 4:00 p.m. in the E.P. Foster Library Topping Room.

All events are free and open to the public.



Under Construction

At Johnson and Northbank Dr. a 306 unit apartment complex with 5,000 square feet of commercial on an 8-acre site. It is called The Willows/Ravello.

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Calling this number will connect you to a licensed insurance agent/broker.



For people with Medicare

2022 SCAN Classic (HMO) Benefits for Ventura County include:

NEW Monthly plan premium

\$ Copay for Tier 1 and Tier 2 drugs¹

\$25 Insulin copay (30-day supply)²

1\$0 copay for Tier 1 Preferred Generic and Tier 2 Generic drugs at Preferred pharmacies and with mail order only. 2Humalog®, Humulin®, Lantus®, Lyumjev®, Toujeo® only. \$25 copayment through Preferred retail and mail-order only. †Benefits listed are for SCAN Classic (HMO) offered by SCAN Health Plan (HMO) in Ventura County only. Other SCAN plan options are available in this county and plan benefits may differ from those listed here. SCAN Classic (HMO) is an HMO Plan with a Medicare contract. Enrollment in SCAN Health Plan depends on contract renewal. Y0057 SCAN 12647 2021F M 08102021

S2051 9/21



Ventura events

Continued from page 3

May 25: The College Area Community Council in Ventura will be holding a Zoom meeting on Wednesday at 7 p.m. An invitation and link to the meeting will be sent to everyone on the CACC mailing list. CACC represents citizens in the area bounded by Mills Road on the west, Hill Road on the east, city limits in the hillsides on the north, and the 126 Freeway on the south. Visit the College Area Community Council website @ https://caccventura.com to learn more, add to the mailing list, and access a link to the Zoom meeting."

May 28: Saturday, the Ventura County Handweavers and Spinners Guild will hold a hybrid in-person / zoom meeting at the Studio Channel Islands Art Center (SCIART) - 2222 Ventura **Blvd., Old Town Camarillo, from 9 - Noon.** General Meeting will be from 9

- 10:30 a.m. in the Community Room, and the Program will be from 10:30 - Noon. For more information on Programs and Workshops, please visit www.vchsg.org.

Ojai news and events

On May 10, at 8:00 pm, Flamenco dancer Savannah Fuentes and singer/multi-instrumentalist, Diego Amador Jr., direct from Seville, will present Eterno, el Flamenco vive, at the Ojai Valley Woman's Club. Savannah and Diego have forged a unique artistic partnership after a successful summer tour as a duo. Eterno promises to be a dynamic and emotionally charged

presentation of authentic Spanish Flamenco music and dance. Tickets: general admission \$27, VIP seating \$40 student \$18, child \$12 available at www.eventbrite.com www.eventbrite.com/e/273917383267

Local author Elizabeth Kraus will visit the Ojai Library at 2pm on Saturday, May 21, to discuss her book, 3 Sisters, 3 Weeks, 3 Countries (Still Talking). This presentation will be followed by a brief Q&A session.

A late bloomer, Elizabeth "Liz" Moore Kraus enrolled in Ventura College at age fortytwo, earning her MA in English Literature six years later. After a much-loved teaching career of twenty years, she retired from Ventura College in 2019. To see more from Elizabeth, visit elizabethmoorekraus.weebly.com.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146 or ron.solorzano@ventura.org.

Join Ojai author and naturalist Lanny Kaufer for a potential once-in-a-lifetime event: a Full Moon Sunset Nature Hike and Total Lunar Eclipse with complete visibility on Sunday evening, May 15, from 7:00 to 9:30 p.m. The next time a total lunar eclipse will be visible in Ventura County before 1 a.m. or later at night is August 6, 2036.

On the way up in the daylight, they'll stop along the trail to meet some valuable edible and medicinal plants including Blue Elderberry, Coastal Sagebrush, Prickly-Pear Cactus, Horehound, Black Sage, Purple Sage, and Chia Sage. Kaufer will have copies of his new book, Medicinal Herbs of California, with him for sale and signing before and after the hike.

No dogs or smoking, please. Light rain will not cancel. Heavy rain will.

The cost for the hike is \$35/person. Senior, student and child discounts are available by request. Paid registrants will receive a confirmation email a few days prior to the event with all necessary info, including what to bring, weather forecast, and directions to the trailhead. Afterwards, they will receive a follow-up email with a list of all plants and wildlife seen. Register now at HerbWalks.com or by calling 805-646-6281.



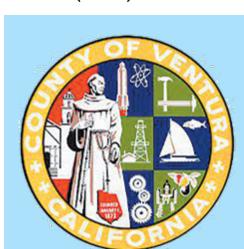
Mailbox

Continued from page 4

three! I was fortunate enough to take pics of them over a three month period.

Above is my screen saver in my phone. Anyway, hope you enjoy! If you would like anymore pics or know someone else that does, just let me know!

Kori Ventura





Because Priest Junípero Serra was discredited the Ventura County Board of Supervisors approved moving forward with an update of Ventura County's seal that does not include his image. Many Venturan's think that this new proposed seal should certainly be the one approved by the supervisors.

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Cataract removal linked to a reduction in dementia risk.

Dementia affects nearly 50 million people worldwide

by National Institute on Aging

Undergoing cataract removal was associated with a lower risk of developing dementia among older adults, according to a new study, supported in part by NIA. Published in JAMA Internal Medicine on Dec. 6, 2021, the study suggests that the improvement in the quality of life for the affected individual and family is likely considerable given the substantial association and its lasting effect beyond 10 years.

Dementia affects nearly 50 million people worldwide. With no cure currently, efforts to reduce the risk or delay dementia onset are increasingly important. Several studies suggest

A **MERIDIAN SENIOR LIVING** COMMUNITY

sensory loss may be a potentially modifiable risk factor for dementia later in life. The prevalence of hearing (1 out of 3) and vision impairment (1 out of 5) in adults age 70 or older in the United States is high. Because sensory impairment and dementia are both strongly associated with aging, more knowledge about the association may have important implications for adults as they age, particularly if interventions to improve sensory function reduce dementia risk.

For this prospective, longitudinal cohort study, researchers analyzed data from a subset of participants from the Adult Changes in Thought (ACT) study

Senior Living

- an ongoing population-based cohort of randomly selected members of Kaiser Permanente Washington. Participants were 65 years or older, were dementia-free at the start of the study, and were diagnosed with cataracts before the onset of dementia. Of the 3,038 participants, 59% were women, 41% were men and 91% were self-reported white race. Data used in the analyses was collected from 1994 through September 2018.

Researchers found that participants who underwent cataract removal surgery had nearly 30% lower risk of developing dementia compared with participants without surgery, even after controlling for numerous additional demographic and health risks. In comparison, glaucoma surgery, which doesn't restore vision, did not have a significant association with dementia risk. One of the major strengths of this study is that it was based

on a large prospective, community-based, observational cohort that allowed for years of follow-up starting before participants developed dementia. However, researchers noted that because the study population was predominately white, the findings may not be representative of other groups. Recent enrollment efforts for the ACT study include new strategies to recruit a more diverse population.

Some of the limitations of this study were that participants were primarily white individuals, and researchers evaluated only the participant's first cataract surgery and it's unknown whether subsequent surgery in the other eye impacted dementia risk. If validated in future studies, cataract surgery may have clinical relevance in older adults at risk of developing dementia.

According to the researchers, partic-Continued on page 11



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Senior Living



Could exposure to wildfires affect seniors?

Studying the impact of climate change on older adult health and well-being

by Emerald Nguyen

Social and Behavioral Science Administrator, Division of Behavioral and Social Research (DBSR)

NIA recognizes that far too many people continue to struggle due to climate change and related weather conditions. Now more than ever, it's crucial to better understand the science of changing climates and their impact on the health and well-being of older adults. The 2020 report of The Lancet Countdown on health and climate change identified older adults as a vul-

nerable population experiencing excess morbidity and mortality associated with extreme weather, such as alarming heatwaves, widespread wildfires, and violent hurricanes. NIA behavioral and social research program priorities (PDF, 433K) include supporting research to investigate older adults' health outcomes and their preparedness, adaptation, and resilience to climate change and extreme

weather conditions.

Research on older adult health and well-being affected by climate change builds on NIA's established interest in disaster preparedness, our support for research institutions affected by disasters, and our partnerships with other federal agencies to support older adults in emergencies. NIA recently awarded six grants for projects in response to the Environmental Influences on Aging: Effects of Extreme Weather and Disaster Events on Aging Processes funding opportunity. NIA's expanding interests in this area of research include but are not limited to:

Impacts of exposure to air pollution, heat, and wildfires, and other extreme weather events on health and well-being in midlife and later life.

The impact of age-related change in affective, social, and cognitive factors on individual responses to extreme weather events

How individuals initiate and maintain the behavior changes needed for preparedness and adaptation to extreme weather events.

The contribution of extreme weather events and related natural disasters to social structure and social adversity, and their effects on aging processes across the life course in studies of animals in their natural habitats.

Impacts of extreme weather events on individuals with functional limitations or disabilities, persons living with Alzheimer's disease and related dementias, as well as caregivers/care partners.

What is Alzheimer's disease?

Alzheimer's disease is a brain disorder that slowly destroys memory and thinking skills, and, eventually, the ability to carry out the simplest tasks. In most people with Alzheimer's, symptoms first appear later in life. Estimates vary, but experts suggest that more than 6 million Americans, most of them age 65 or older, may have dementia caused by Alzheimer's.

Alzheimer's disease is currently ranked as the seventh leading cause of death in the United States and is the most common cause of dementia among older adults.

Dementia is the loss of cognitive functioning — thinking, remembering, and reasoning — and behavioral abilities to such an extent that it interferes with a person's daily life and activities. Dementia ranges in severity from the mildest stage, when it is just beginning to affect a person's functioning, to the most severe stage, when the person must depend completely on others for help with basic activities of daily living.

The causes of dementia can vary, depending on the types of brain changes that may be taking place. Other dementias include Lewy body dementia, frontotemporal disorders, and vascular dementia. It is common for people to have mixed dementia — a combination of two or more types of dementia. For example, some people have both Alzheimer's disease and vascular dementia.

Alzheimer's disease is named after Dr. Alois Alzheimer. In 1906, Dr. Alzheimer noticed changes in the brain tissue of a woman who had died of an unusual mental illness. Her symptoms included

memory loss, language problems, and unpredictable behavior. After she died, he examined her brain and found many abnormal clumps (now called amyloid plaques) and tangled bundles of fibers (now called neurofibrillary, or tau, tangles).

Ventura BREEZE

Scientists continue to unravel the complex brain changes involved in Alzheimer's disease. Changes in the brain may begin a decade or more before symptoms appear. During this very early stage of Alzheimer's, toxic changes are taking place in the brain, including abnormal buildups of proteins that form amyloid plaques and tau tangles. Previously healthy neurons stop functioning, lose connections with other neurons, and die. Many other complex brain changes are thought to play a role in Alzheimer's as well.

The damage initially appears to take place in the hippocampus and the entorhinal cortex, which are parts of the brain that are essential in forming memories. As more neurons die, additional parts of the brain are affected and begin to shrink. By the final stage of Alzheimer's, damage is widespread and brain tissue has shrunk significantly.

Memory problems are typically one of the first signs of cognitive impairment related to Alzheimer's. Some people with memory problems have a condition called mild cognitive impairment (MCI). With MCI, people have more memory problems than normal for their age, but their symptoms do not interfere with their everyday lives. Movement difficulties and problems with the sense of smell have also been linked to MCI. Older people with MCI are at greater risk for developing Alzheimer's, but not all of them do so. Some may even revert to normal cognition.

The first symptoms of Alzheimer's vary from person to person. For many, decline in nonmemory aspects of cognition, such as word-finding, vision/ spatial issues, and impaired reasoning or judgment may signal the very early stages of the disease. Researchers are studying biomarkers (biological signs of disease found in brain images, cerebrospinal fluid, and blood) to detect early changes in the brains of people with MCI and in cognitively normal people who may be at greater risk for Alzheimer's. More research is needed before these techniques can be used broadly and routinely to diagnose Alzheimer's in a health care provider's office.

Three studies assess Medicare Advantage quality incentives and spending

by DiversityEconomicsHealth Care Research

Three recent studies, funded in part by NIA, analyzed aspects of the Medicare Advantage program, including quality incentives and the use of hospitalization services and spending. According to a study published in JAMA Health Forum, the Medicare Advantage program reduces the use of hospitalization services and spending for beneficiaries as compared to traditional Medicare. Two other



Senior Living

studies published in Health Affairs found that the Medicare Advantage quality bonus program has not improved plan quality or enrollment. Moreover, one of the studies found that the Medicare Advantage double bonus payments create a racial disparity in the distribution of Medicare funds, largely affecting Black Medicare beneficiaries.

Medicare Advantage is a federally funded health insurance program in the United States that provides Medicare benefits through private insurance company plans. Different Medicare Advantage plans, sometimes called "Part C" or "MA Plans," have their own health care networks, including doctors and care facilities.

In 2012, Medicare introduced the quality bonus program to award financial incentives to Medicare Advantage plans that achieve high-quality ratings. The plans are rated from one to five stars based on more than 40 factors that evaluate how well the plan delivers care, such as preventive services, chronic disease management, and customer service. For highly rated Medicare Advantage plans, Medicare pays a bonus equal to 5% of the amount the plan receives for benefits administration. This bonus doubles to 10% for plans in counties that have a history of high enrollment and low fee-for-service Medicare spending – when the doctor or clinic is paid separately for each service provided to a patient.

To compare the effects of enrolling in a Medicare Advantage plan versus traditional Medicare, a research team from Harvard University and the University of Pennsylvania analyzed insurance claims data from a single private insurance company. This allowed researchers to evaluate health care use and spending by older adults as they moved from group or individual health insurance plans to Medicare.

During the first year of Medicare coverage, Medicare Advantage beneficiaries had lower hospital use and spending estimated at \$95 per beneficiary per month, relative to traditional Medicare. This resulted in 63 fewer stays in the hospital or a nursing facility per 1,000 beneficiaries per year. No significant changes in the use or spending for professional services, such as doctor visits, were found. In comparison to traditional Medicare, Medicare Advantage was associated with a 36% overall reduction in total health care spending in the first year of coverage. These findings were published in JAMA Health Forum.

A national study led by a team from the University of Michigan used health insurance claims data to evaluate the effectiveness of the Medicare Advantage quality bonus program on improving plan performance. Claims information from 2009 to 2018 was collected for adults, age 50 to 74 years, enrolled in either a Medicare Advantage plan or a commercial health insurance plan without a quality bonus incentive. The researchers evaluated the data for changes in nine indicators of Medicare health care plan quality in both groups, before and after the start of the bonus program.

Although the bonus program was associated with significant quality improvement for Medicare Advantage beneficiaries on four measures, there were significant declines on four other measures and no significant change

in the overall quality performance of the Medicare Advantage plans. These findings, published in Health Affairs, suggest that in contrast to the program's goal, the quality bonus did not improve the overall quality of the Medicare Advantage plans.

The findings from these studies provide important insights for policymakers to consider when making decisions about future Medicare payment policies. Additional research is needed to help understand quality differences for beneficiaries in Medicare Advantage plans and the potential impact of the double bonus payments on racial health disparities in Black beneficiaries.

This research was supported in part by NIA grants P01AG032952 and 2P01AG032952-11.

End-of-Life Care for people with Dementia

People often live for years with dementia. While it can be difficult to think of these diseases as terminal, they do eventually lead to death. Caregivers often experience special challenges surrounding the end of life of someone with dementia in part because the disease progression is so unpredictable. Below are some considerations for end-of-life care for people with dementia.

With dementia, a person's body may continue to be physically healthy. However, dementia causes the gradual loss of thinking, remembering, and reasoning abilities, which means that people with dementia at the end of life may no longer be able to make or communicate choices about their health care. If there are no advance care planning documents in place and the family does not know the person's wishes, caregivers may need to make difficult decisions on behalf of their loved one about care and treatment approaches.

making health care decisions for someone with dementia, it's important to consider the person's quality of life. For example, medications are available that may delay or keep symptoms from getting worse for a limited time. Medications also may help control some behavioral symptoms in people with mild-to-moderate Alzheimer's or a related dementia. However, some caregivers might not want drugs prescribed for people in the later stages of these diseases if the side effects outweigh the benefits.

It is important to consider the goals of care and weigh the benefits, risks, and side effects of any treatment. You may need to make a treatment decision based on the person's comfort rather than trying to extend their life or maintain their abilities for longer.

As a caregiver, you will want to understand how the available medical options presented by the health care team fit with the needs of both the family and the person with dementia. You might ask the health care team questions such as:

Who can help me with end-of-life care for my loved one living with dementia?

How will your suggested approaches affect their quality of life?

What are my options if I can no longer manage the care of my loved one at home?

How can I best decide when a visit to the doctor or hospital is necessary?

Should I consider hospice at home, and if so, does the hospice team have experience working with people living with dementia?

Sensory connections — targeting someone's senses, including hearing, touch, or sight — may also bring comfort. Being touched or massaged can be soothing. Listening to music, white noise, or sounds from nature seem to relax some people and lessen agitation. Just being present can be calming to the person.

Palliative or hospice care teams may be helpful in suggesting ways for people with dementia and their families to connect at the end of life. They also may be able to help identify when someone with dementia is in the last days or weeks of life.

If your loved one with dementia is in a long-term care facility or hospital, it may be difficult to see them due to safety precautions related to COVID-19. Check with the facility before you visit to understand the type of restrictions that may be in place. Visit the Centers for Disease Control and Prevention (CDC) for more information about COVID-19.

Caring for people with Alzheimer's or another dementia at the end of life can be demanding and stressful for the family caregiver. Depression and fatigue are common problems for caregivers because many feel they are always on call. Family caregivers may have to cut back on work hours or leave work altogether because of their caregiving responsibilities.

Dementia affects nearly 50 million

Continued from page 9

ipants who underwent cataract removal surgery had a lower risk of developing dementia compared with participants without surgery. However, they note that additional studies are needed to determine how cataract removal impacts dementia risk.

This research was supported by NIA grants R01AG060942, P50AG005136, and U01AG006781.

Reference: Lee CS, et al. Association between cataract extraction and development of dementia. JAMA Internal Medicine. 2021; doi:10.1001/jamaint-ernmed.2021.6990

FREE VENTURA COUNTY PARKINSON'S SUPPORT GROUP NEXT MEETING: Tuesday, May 17 (10-11:00am)

Meetings are held at Crosspointe Church in Ventura (5415 Ralston Ave.) on the THIRD Tuesday of each month from 10-11am

For more information, go to <u>vcneurofitness.com</u> OR contact Dr. Vanessa White: 805.300.7749—<u>vcneurofitness@hotmail.com</u>



seniors are near and dear to my heart



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This 'n' That



Joe Cahill, Chris Grant, Kevin McDermott, Barbara Brown and Christy Weir were all smiles as Chris Grant and Kevin McDermott planted the Coquito Palm.

Memorial Tree for Midge Stork

The Ventura Tree Alliance, in partnership with the Ventura Botanical Gardens, planted a tree to honor founder Midge Stork - her philanthropic life and her profound contributions to our community and to the development of the Gardens. Midge Stork was one of the five founders and continued as a major force behind the creation, funding and initial development of the Gardens.

The tree chosen to plant in her honor is a Chilean Wine Palm, also known as the Coquito Palm for its small coconuts that first fruit when the tree is thirty to sixty years old. It is arguably one of the world's most magnificent palms and is often depicted in Chilean historic paintings. The indigenous people of Chile also used its image as a pictograph for the word "huge". The tree can grow to 80 feet in height and live to be 1500 years old.

This spectacular tree is considered a vulnerable, threatened species, due to the destruction of the tree in its native environment from over-harvesting of its palm honey for wine. Harvesting Chilean Wine Palms for the honey kills the tree. The Ventura Botanical Gardens is part of a global conservation program for this species.

The tree was planted on Earth Day, April 22, 2022. The Ventura Botanical Gardens and the Ventura Tree Alliance hope that visitors will stop by on their walks through the Gardens to pay homage to this tree as a remembrance of Midge Stork, an illustrious tour-de-force

to enhance Ventura's urban canopy, to beautify Ventura and contribute to counteracting climate change. The goals are to inspire, engage and support Venturans in planting and caring for trees through education, advocacy, volunteerism, and

To find out more, visit VenturaTree-Alliance.com or VenturaBotanicalGardens.com and join us on Facebook.

Ventura County Continuum of Care Alliance Meetings

by Carol Leish, MA

"The Ventura County Continuum of Care (VC CoC) Alliance meetings are held quarterly to update our community about new programs, initiatives and/or grant funding opportunities focused on preventing and ending homelessness in Ventura County," according to Jennifer Harkey, MPA, Program Management Analyst for the Ventura County Executive Office. "The April 21, 2022 meeting was held remotely on Zoom. All of our meeting dates/times/ locations/links are posted on the VC CoC website calendar at: www.venturacoc.org."

"The focus of the April 21, 2022 The Ventura Tree Alliance works meeting was on three areas: 1) Rising rent costs in Ventura County; 2) New State grant funding through the Homeless Housing Assistance and Prevention (HHAP) Programs; and, 3) A New State initiative with the Housing & Homelessness Incentive Program (HHIP)."

Maria Navarro, VC Policy Advocate, CAUSE(Central Coast Alliance United for A Sustainable Economy): maria@ causenow.org discussed, "There is the need for community advocacy in order to put caps on the rising rents within the local jurisdictions by Ventura passing a tenant protection ordinance." She also recommended that, "Stronger relocation assistance is important. And, having it be permanent is important, too. With the City of Ventura adopting a simple shortterm interim ordinance, it would give tenants relief while the City Council has time to deliberate on how best to design long-term protections."

Alicia Morales-McKinney, LCSW, Management Analyst at the Ventura County Executive Office: Alicia.Morales-McKinney@ventura.org focused on the Homeless Housing, Assistance and Prevention (HHAP) Program Round 3. "The Eligible Activities included: 1) Rapid Rehousing; 2) Operating subsidies; 3) Street outreach; and 4) Services coordination. The remainder of the Eligible Activities included: 4) Delivery of permanent housing; 5) Prevention and shelter diversion; 6) Interim sheltering (new and existing); and, 7) Shelter improvements to lower barriers and increase privacy." She also asked for public attendees to complete the surveys included in her presentation in order to identify HHAP Round 3 funding priorities and outcome goals.

The Housing and Homeless Incentive Program was the focus of the talk by David Tovar, Senior Policy Analyst at Gold Coast Health Plan (GCHP): dtovar@goldchp. org. He requested partnerships with local service providers in supportive housing, recuperative care programs and street medicine staff to improve health care service to those who are unsheltered. He said that this is possible by "Improving health outcomes and access to whole person care services by addressing housing insecurity & instability as a social determinant of health for the Med-Cal populations. Also, by ensuring that GCHP has the necessary capacity and partnerships to connect members to needed housing services. And, by reducing and preventing homelessness."

approach emphasizes, according to Tovar, "Providing rapid rehousing for Medi-Cal families and youth, and interim housing for aging and disabled populations. Improving access to coordinated housing, health and other social services is also important. This will reduce avoidable use of costly health care services. It will improve whole person health for Medi-Cal enrollees, including behavioral health treatment and resources. This will enable implementing solutions that manage information to better identify populations of focus and member needs."

Harkey summarized by saying, "The VC CoC is working with each of these programs and initiative to improve affordable housing options, increase supportive service, provide emergency shelter, as well as prevent and end homelessness in Ventura County. An April 27th meeting determined the Round 3 funding priority recommendations before reviewing and approving it on May 11, 2022 occurs. Gold Coast Health Plan is working with the State on Implementing the Incentive program in Ventura County this year."

AIDS walk on May 14, starting at Plaza Park in Ventura

Diversity Collective Ventura County is in the trenches fighting to make a positive impact on the ways HIV and AIDS affect us locally. After 2 years of shut down due to COVID19, we will once again walk the walk on May 14, starting at Plaza Park in Ventura.

As you know, there is still no cure for HIV and AIDS, and the incidents of infections is on the rise. Twice as many people tested positive in 2020 than did in 2019, and many of them are youth. Diversity Collective is dedicated to helping our County agencies fill in the gaps of services with our HIV/AIDS Education and Prevention program, funded by our

We invite everyone to help us raise awareness and funds for this much needed program! We can only do this work with the generous support of our sponsors, community partners, and those dedicated to making Ventura County a safe and healthy place to live.

For information on participating as a walker or a sponsor, please visit: https://aidswalkventuracounty2022. funraise.org/

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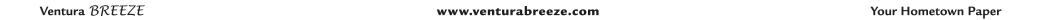
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Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Commercial Burglary

On April 17, at approximately 6:00 am, the Ventura Police Department received a 911 call from security at the Pacific View Mall regarding two suspects using sledgehammers to break into an ATM inside of the mall. Patrol officers arrived on scene a short time later and located the two suspects, 35-year-old Oxnard resident George Lindsay and 34year-old Oxnard resident Sarah Hartin, still attempting to break into the ATM. Both suspects were taken into custody without incident. Surveillance footage from the mall showed both suspects enter the closed mall at approximately 5:30 am and case the location before leaving and returning a few minutes later with the burglary tools used to commit the crime.

Hartin and Lindsay were arrested for Burglary, Conspiracy, Vandalism over \$400 and Possession of Burglary Tools and taken to the Ventura County Jail where they were booked. Lindsay has an extensive criminal history and has prior arrests including Burglary, Possession Of Burglary Tools, Possession of Stolen Property, Identity Theft, Possession for Sales of Narcotics, Drug and Paraphernalia Possession, Felony Evading, Conspiracy, Domestic Violence, Vandalism, Carrying a Concealed Firearm, Felon in Possession of a Firearm, Driving Under the Influence and Providing False Information to a Police Officer. Hartin has prior arrests including Burglary, Conspiracy, Robbery, Criminal Threats, Theft, Forgery, Identity Theft, Domestic Battery, Child Endangerment and Drug Possession. Both suspects were out on bail at the time of their arrest.

Prowling and Theft Arrest

On April 23, at approximately 2:15 pm, a resident saw 31-year-old Ventura resident Eulises Perez enter his backyard and steal some yard tools. The resident confronted Perez and was able to retrieve his property. Perez fled on foot and was contacted by officers a couple of blocks away. Perez was found to be in possession of a controlled substance and drug paraphernalia. Officers confirmed that Perez was the suspect and he was taken into custody. Perez was transported and booked into the Ventura County Jail for prowling, petty theft, possession of a controlled substance and possession of drug paraphernalia.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

2:03pm, dispatched to ocean rescue at Surfers Knoll. Officers responded in the Fireboat to the call. The victim was assisted out of the water, no injuries.

4/13 9:00am, officers preparing Patrol lifeguard unit for State Parks. Lifeguarding at Harbor beaches is provided by State Parks. Harbor Patrol assists with boats.

11:55pm, observed a female transient pulling a small dinghy down Spinnaker near Surfers Knoll. Officers inquired, she was given the vessel and planned

on heading to the Santa Clara River to launch it.

1:57am, dispatched to a dumpster fire at the Holiday Inn. Officers responded with VPD/VFD. It was started by a transient found by PD. \

5:08pm, officers familiarizing themselves with City of Oxnard patrol boat that is on loan until patrol boats damaged in the recent tsunami are repaired or replaced

11:58pm, observed two coyotes hunt down a cat near the Ventura Boat Yard. All animals ran off before officers could intervene.

4/15 3:39pm, received report of a large dog off leash near Harbor Cove. Officers responded and contacted the owner, issued warning. The dog was put on leash.

4/16 9:30am, officers conducting traffic control for Manson Construction. They towed dredge pipe and the crane "Freya" out of the harbor to Long Beach.

4:40pm, received report of a peddle boat beset by wind. Assisted to

8:15pm, dispatched to a water rescue, person in the water at VWM H-dock. Officers responded, found the victim swam back to his boat, no medical.

4/18 8:15pm, received report of a 130ft Socal Ship Services vessel is inbound disabled and will be operating in reverse. Observed the vessel operating from outside into the Harbor and safely to the boatyard haul-out.

4/19 6:49pm, dispatched to an Ocean Rescue, 3 kite surfers in distress near Ventura Pier. Officers responded in the Fireboat, assisted State Parks/ Fire with the victims. All victims were safely brought to shore, no injuries occurred.

4/20 6:03am, while on patrol, observed an injured mama duck in the median on Spinnaker, officers captured the bird for rescue volun-

8:05pm, while on patrol, contacted operator of small vessel with no navigation lights. Terminated voyage and escorted vessel back to their slip.

4/21 8:35am, received complaint about sealions barking on VIM docks. Advised that the marina was working on the problem, moving vessels into empty slips and using all legal mitigation strategies to remove the

5:15pm, received report of two gray whales at the harbor entrance from Island Packers. The vessel Islander was able to guide the whales out to sea.

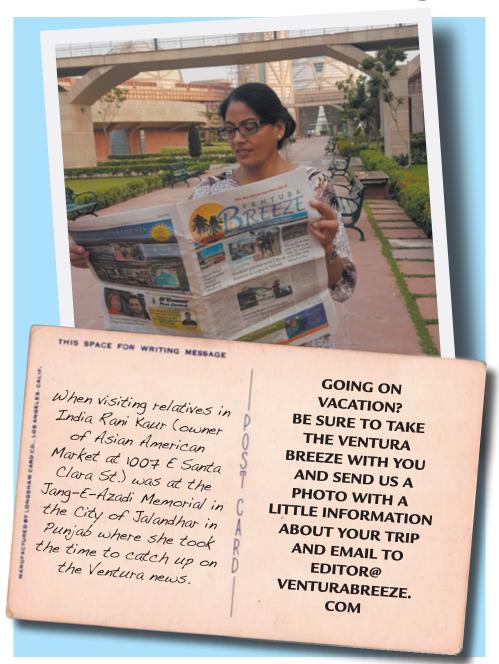
4/22 6:04pm, dispatched medical, headache at Holiday Inn. Officers responded and assisted Fire/ AMR with the patient. AMR transported to local hospital.

10:00pm, received complaint of loud music on a vessel and children harassing a coyote on the dock at VIM. Officers responded, gained compliance with the loud music and rescued the "fake" sealion deterrent coyote from the A-Basin.

4/24 11-1pm, dispatched to two separate stingray strikes at Harbor

1:25pm, dispatched to fall victim in Ventura Marina Community, gave lift

6:12pm, dispatched to fall victim at Ventura Sports Fishing. Officers responded assisted VFD/AMR with the patient with left arm fracture. Patient transported.







To celebrate Earth Day, the Ventura High School PTSA sponsored a volunteer beautification day. They planted three trees (Arbutus Marina and Western Redbud), many drought-tolerant shrubs, and added mulch to the campus quad area. Students will appreciate the attractive new landscaping. Project leaders were Cherie Egbert, Liz Rose, Kerry Weisel, Sheryl Miller and Mayra Benitez Tadillo.

venturatreealliance.com

Weekly SUDOKU -

Answer

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King Crossword —

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14 May 4 - May 17, 2022 Ventura BREEZE

The Pet Page



Dedicated to Scamp

SPAN Thrift Store is open to the public and looking for donations of adult clothing, household items and tools if you have any of these items you no longer use. SPAN Thrift Store

regularly provides \$10 spay and neuter clinics for low-income households for cats and dogs. Three upcoming clinics are Thursday, May 5th at 2820 Jourdan St., Oxnard; Tuesday, May 10th in the parking lot of Shiells Park, 649 C St., Fillmore and Tuesday, May 24th, also in the parking lot of Shiells Park. Please call to schedule an appointment (805) 584-3823.

The Ventura Police Department adopted a therapy comfort dog to improve the physical, social, and emotional well-being of officers, staff, and community members in crisis and after having experienced trauma.

Asher, a 1-year-old Cavalier King Charles Spaniel and Poodle mix, or Cavadoodle, was donated to the department by VIP Dog Teams, a local non-profit dedicated to improving people's health through promoting the human-animal bond that leads to healing.

"When first responders are equipped to deal with adverse reactions to stress, they are better prepared to handle situations fairly, calmly, respectfully, and empathetically," said Police Chief Darin Schindler. "I am excited to add Asher to our dedicated team of public servants to help enhance the health and wellness of our employees and residents."

As a therapy comfort dog, Asher's functions include easing tension and lowering post incident stress and anxiety levels for employees, soothing victims and witnesses of crimes, providing support to those impacted by traumatic events, and visiting other City departments and various community events for educational purposes.

After an internal interview and selection process, Business Services Officer, Roger Wang, was selected to serve in a collateral assignment as Asher's handler. Asher has completed American Kennel Club Canine Good Citizen certification. Prior to being ready for service, Asher and his handler will complete Canine Good Citizen Testing and a Public Access Test.

When Asher is not on the job, he will be on-call 24/7, but will go home with his handler and serve as a family dog.

Asher joins a robust wellness program consisting of time dedicated to physical fitness, a peer support team, critical incident stress management debriefings, and mandated annual mental health check-ins with a certified clinician. Learn more about the Ventura Police Wellness

Program at www.CityofVentura.ca.gov/Wellness.

Continued veterinary expenses, food, and grooming for Asher will be covered by the Ventura Police Community Foundation. Learn more about the Ventura Police Community Foundation at www.VenturaPoliceFoundation.

Join us at Ventura Bark and Meow for a fun-filled dog-friendly day at Mission Park in Ventura. It's a party for your dog, but you can come tool

We are Homes Fur All, a 501©3 Non-profit organization dedicated to saving rescue pets. Our mission is to bring fun dog friendly community festivals and pet adoption to communities in and around Los Angeles and raise awareness that "Fostering Saves Shelter Pets".

Ventura Bark and Meow will take place on Saturday, June 25, 2022 from 12 Noon to 5pm. There's free admission and will be filled with activities, contests, freebies, along with a rescue pet adoption! Come check out the Dog-o-sphere and the Furball Express Rescue Train where kids and doggies can take a ride. We will also have live entertainment, food trucks, and raffles!

If you are interested in becoming a sponsor, please contact us – www.barkfest.org

Free tickets can be found on Eventbrite: https://www.eventbrite.com/e/ventura-bark-me-ow-tickets-66485093705

Homes Fur All: www.HomesFurAll.org

The National Training Center is once again filled with visiting search teams!

Over the last few months, we've welcomed visiting teams to our campus with increasing frequency, providing them with the unique training opportunities needed to keep them ready to deploy. Canine disaster search teams from California, Utah, and Nebraska task forces came to our National Training Center to sharpen their skills and practice their search technique on various disaster simulations that mimic real-world scenarios.

We have had several visits from the handlers enrolled in our Handler Training Program, which combines classroom learning with real-life disaster scenarios designed to teach canine handlers new skills and sharpen their competencies in preparation for pairing with a canine partner.

Lending valuable authenticity to these scenes were our very own SDF volunteers who participated as victims during the searches. Even though we had one day of uncharacteristically rainy weather for Southern California, our volunteer victims were eager to help and didn't let muddy conditions on campus dampen their enthusiasm!

Everyone had a blast gaining first-hand experience, and the visiting teams appreciated

Scamp Club

(Scampclub pets are not for adoption.)

Pogi (A Filipino word meaning handsome) is a 21/2-year-old sheep-adoodle, a mix of an old English sheepdog and a standard poodle. Pogi's favorite past times include lying in his balcony watching Charles play tennis with Breeze publisher Sheldon and visiting dogs and people during his daily walks on the promenade at Portside Ventura Harbor.



Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com.

You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

SDF's support in exposing their canines to new human scents and increasing the number of searches they could perform. We expect many of these teams, along with those who could not travel due to COVID, to be back for follow-up training in the coming months!

Your gift to Search Dog Foundation could have double the impact. Many employers offer

matching gift programs that double, or even triple, charitable contributions made by their employees. Ask your employer today if they will match your donation!

National Disaster Search Dog Foundation 6800 Wheeler Canyon Road Santa Paula, CA 93060

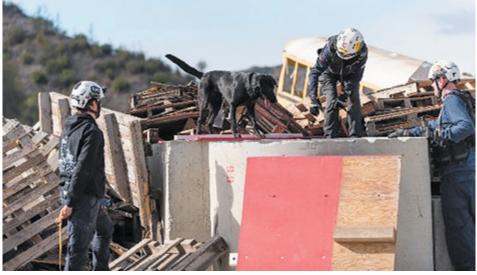


Asher was donated to the Ventura Police Department.



Livi is very excited to visit patients at VCMC again beginning on Doctors' Day May 19.





The National Training Center is Once Again Filled with Visiting Search Teams!

The Pet Page

Forever homes wanted

Hi: I'm Oakley, a playful 6 year old Golden Retriever / Chow mix who is in need of a new home. My original owner passed away and then I was rescued by my current owners. I dart out open doors and windows and the elderly person in

the home can't close the door fast enough. I also nip and/or show my teeth when I've had enough pets and/or attention. I don't care to be left alone and I'm afraid of loud noises and take CBD for anxiety. I enjoy walks and playing outside. I'd do best in a quiet adult only home or a home with respectful teenagers. I get along with other dogs, but it's unknown how I'd do with cats, although I did chase one once. If you're interested in meeting me, please fill out an online application to meet me.Canine Adoption and Rescue League C.A.R.L.





Cap'N Crunch 2 years old Domestic Shorthair. This sweet boy has spent most of his time outdoors. He loves being cuddled and held and would love nothing more than to go home with someone who will love him forever! If you're interested in adopting Cap'N Crunch, or any other the other animals at VCAS, please visit www.vcas.us/adopt to learn about our adoption process. Adoption Process: www.vcas.us/adopt Animal ID: A791839 Kennel: 262

This 'n' That

They were Californios, Yaqui Tribesmen, Mission Indians, Chumash, Mexican Nationals, and a handful of Europeans

by Richard Senate

Many watched as a small parade went down dusty El Camino Real soon to be renamed Main St. in 1863. They were mounted cavalry, in blue, riding south from Santa Barbara to Fort Drum, in Wilmington for training. They were armed with 11-foot lances, each one with a little pennant attached to the steel points. They were all local men, Company C of the First Native Cavalry Battalion of the Union Army riding south to join in the American Civil War that had raged for three years. As the name of the Unit implies, It was made up of Latinos born in California.

The Yankees didn't know it, but it was a diverse group with only Spanish language and Roman Catholic faith uniting them. They were Californios, Yaqui Tribesmen, Mission Indians, Chumash, Mexican Nationals, and a handful of Europeans (Spanish and French) all together in the first bi-lingual unit in the US Army. Two factors lead to the formation of this Battalion, A) a drought had caused many vaqueros to lose their jobs as cowboys as the great ranches turned to Sheep raising, and B) the need for more troops to help the Union cause in the Southwest. So, they signed up for a two year enlistment leaving wives and family in what is today Ventura and Santa Barbara.

Their lances were taken away and replaced with a sharps carbines. Each trooper got a colt revolver, a sword, and the carbine. They trained, learning to ride in formation, and charge on command before being sent to Fort Yuma, then across the Arizona deserts to Fort Mason, near the Mexican Border.

The Confederacy had long been driven out of Arizona Territory, but there was still an Apache uprising to quell and as internal problems in Mexico spilled over the border. France had occupied Mexico and installed the puppet Emperor Maximillian Hapsburg, deposing the legally elected President, Benito Juarez (His wife and ten children had fled to New York City and Juarez had met with Abraham Lincoln). Many in Mexico supported Juarez and fighting broke out between the two factions.

When the Civil War ended, they marched to Baja where a steamer took them to San Francisco to be mustered out and given back pay. When they returned to Santa Barbara they were given a parade on State St. and a fiesta with fireworks and a bull fight.

It isn't known what celebrations were given to the boys from San Buenaventura, but many returned home to their wives and children. Many of these Latinos who served in this unit rest at Ventura's Cemetery Memorial Park.



Their lances were taken away and replaced with carbines.

Ventura Executive Suites

One Month FREE!!

Ventura Executive Suites offers fully furnished office spaces in a prime location located in Downtown Ventura. We offer mail services, conference rooms, 24/7 access, tenant parking, printer/fax room, private gym, fully stocked kitchen, & full time receptionist.

SPRINGTIME SPECIAL:

FREE phone and internet on a one year lease!



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Virtual Offices starting at \$50 a month!!

Email: info@venturaexecutivesuites
Website: venturaexecutivesuites







On April 28, the Museum of Ventura County presented an interview "Ivor Davis: Up Close and Personal with Bob Eubanks." The large crowd enjoyed hearing about his life and illustrious career and asked him many interesting questions. He also signed copies of "Bob Eubanks It's In The Book Bob!" Eubanks is best known for hosting the popular TV show, "The Newlywed Game."

Photos by Yana Khiyod and Patricia Schallert.

May 4 – May 17, 2022



by Pam Baumgardner VenturaRocks.com

There are a number of special events lined up as the weather gets warmer and most of these events will be held outdoors including KHAY Fest on Sunday, May 22, at Surfer's Point Live (Ventura Fairgrounds) with Josh Turner, Dylan Scott and Tenille Arts. You can find all the ticket information at on the CBFProductions. com website.

Winchesters Grill on Main Street in downtown Ventura is celebrating their 25th anniversary with an outdoor party featuring live music from CRV, Brandon Ragan Project and Ray Jaurique & the Uptown Brothers. The fun starts at 1 pm and goes all day Saturday, May 21.

Ozomatli has been added to the Surf Rodeo music lineup along with Bob Log III, the Aquadolls, Sitting on Stacy, Hirie, Sik Sik Sicks, Death Lens, Badfish, Yachtley Crew, and more. It will be great to hit the sand once again for a weekend of great music, surf competitions, the cornhole tournament, and some serious people watching. Tickets are on sale for July 15 - 17 at SurfRodeo.org.

The Simi Valley Cajun & Blues Festival has been rebranded as the Happy Face Music Festival and it still falls over the Memorial Day weekend on May 28. Headlining will be Mike Campbell the Dirty Knobs along with performances from Sam Morrow, Hardcastle and Kelly's Lot. Get ticket information at Happy-FaceMusicFest.com.

Tickets went on sale May 1st for the 27th season of the Ventura Music Festival which will run July 29 - 31 and August 5 -7. All the performances will be held at the Ventura College Performing Arts Center except for the popular free concert at Mission Park on Wednesday, July 27. This year it will feature Adaawe, an all -female acoustic, vocal and drumming band performing a contemporary world-fusion mix which will be fun for the whole family. Be sure to bring blanket or low-chair for comfortable seating. You can find more information on all performances at VenturaMusicFestival.org.

Quick Notes: A Bar Called Country has cancelled all live bands and opting once again for DJs; the Ventura Harbor Comedy Club's 1st annual Harmonica Festival for May 15 has already sold out; Tony's Pizzaria is firing up their Sunday Funday Beach Parties live music 3-6 and their reggae Thursdays start on Cinco de Mayo with Forbidden Fruit; Don Randi and Quest (Wrecking Crew) is back for repeat performance at the Grape, Saturday, May 7; Caffrodite monthly dinner & music features Déjà vu Too on Friday, May 13; X plays the Ventura Music Hall on May 11; and 311 plays

the Majestic Ventura Theater on Thursday, May 12.

Finally, it is with a heavy heart that I send out my sincerest condolences to the Ventura jazz community as we mourn the passing of local artist, Hans Ottsen. His grace, talent, and sweet soul will be forever missed.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@ VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more up-to-the-date listings, additional times and genres go to VenturaRocks.com

Angry Ferret 11990 Hertz Street, Moorpark

Thurs 5/5: Los Amigos band Sat 5/7: Melinda Gibson Sat 5/14: Milo Sledge

Boatyard Pub Ventura Harbor

Wednesdays: Frank Barajas Thursdays: Jim Friery; then Bluegrass

Fri 5/6: Teresa Russell w/ Stephen Geyer

Caffrodite

1987 E. Main Street, Ventura

Fri 5/13: Déjà vu Too

Cantara Cellars 126 N. Wood Road, Camarillo

Fri 5/6: Caliente Band 805 Sat 5/7: the Dirty Lowdown Fri 5/13: Cadillac Zack presents Tad Robinson & Alex Schultz Sat 5/14: What the Funk

Casa Agria Special Ales 701 N. Del Norte Blvd., Oxnard

Sat 5/7: Commando, Romper, Form Rank, Anonymous Tip

Copa Cubana

Ventura Harbor Village

Tuesdays: Blues Tuesdays Sun 5/8: 805 Cali Tejanos

Downtown Ventura Main Street Stage

California & Main

Sat 5/7: Tribal Me: Iim Friery Fri 5/13: Brandon Ragan Sat 5/14: Flashback; How to Live with

Sun 5/15: Cabrillo Middle School Music Groups

Four Brix Winery 2290 Eastman Ave., Ventura

Music Fridays 6-8 pm; Saturday

1 - 3:30 pm Fri 5/6: Bad Habit Sun 5/8: Big Adventure Fri 5/13: Ignition Sun 5/15: Brandon Ragan & Al

The Grape

2833 E. Main Street, Ventura

Tuesdays Jazz Jam Wed 5/4: David Gorospe and Tyler Hammond

Thurs 5/5: Brad Rubuchin's Far West Quartet

Fri 5/6: OHHH4tet feat. Karl Hunter

Sat 5/7: Don Randi and Quest

Greater Goods 145 W. El Robar, Ojai

Fri 5/6: Late for the Train; Corey Highberg

Keynote Lounge 10245 E Telephone Rd, Ventura

Thursdays: Open mic jam Fri 5/6: Heart & Soul Sat 5/7: DJ Steve Sharp Fri 5/13: CRV Sat 5/14: DJ-AVG

Leashless Brewing 585 E. Thompson Blvd., Ventura

Music 6:30 - 8:30; Sundays 3-5 Thurs 5/5: Lacie Mae Fri 5/6: Mark Pigman Sat 5/7: John Espinoza Sun 5/8: Jayden Secor Thurs 5/12: Blown Over Fri 5/13: Vinny Berry Sat 5/14: Mike Beers Sun 5/15: Kimo Moya

Lookout & Grill 2800 S. Harbor Blvd., Oxnard

Wednesdays: Tommy Foytek's Variety

Thursdays: Acoustic Open Mic

Made West Brewing 1744 Donlon Street, Ventura

Sun 5/8: Milo Sledge Trio Sun 5/15: Linsey Marie

Majestic Ventura Theater 26 S. Chestnut Street, Ventura

Wed 5/4: May the 4th be with You Thurs 5/5: the Como la Flor Band Sat 5/7: Snow Tha Product Thurs 5/12: 311, Teenage Wrist Fri 5/13: Yactley Crew

Manhattan Restaurant 5800 Santa Rosa Road, Camarillo

Music 6:30 – 9:30 pm Thurs 5/5: CRV

Margarita Villa Ventura Harbor

Fri & Sat 8-11 pm; Sun 5-8 pm Thurs 5/5: DJ Mike Fri 5/6: Whiskey Business Sat 5/7: Divebar Messiahs Sun 5/8: The Corsican Brothers Fri 5/13: Vinyl Gypsies Sat 5/14: Operation 90s Sun 5/15: Karen Eden & the Bad Apples

Namba Arts 47 S. Oak Street, Ventura

Sat 5/7: Chucumite Sun 5/8: Bevan Manson Sat 5/14: F.A.T. Trio & Tyler Hammond

Sun 5/15: Gerry O'Connor with Richard Mandel

Oceanview Pavilion Performing Arts Theater by the Beach

575 E. Surfside Drive, Port Hueneme Sat 5/7: Los Charros of Rock

Ojai Underground Exchange 616 Pearl Street, Ojai

Fri 5/6: The Black Feathers Fri 5/13: Kelly's Lot

Ojai Valley Brewing 307 Bryant Street, Ojai

Thurs 5/5: Ted Lennon

Oxnard Performing Arts Center 800 Hobson Way, Oxnard

Sat 5/7: Latin Divas Show Sat 5/14: Dreaming of You Sat 5/14: (Ventura Room) Brujeria, Goatwhore, Unidad Trauma

The Raven Tavern 1651 S. Victoria Ave., Oxnard

Music at 8-11 pm Fri 5/6: Jetlemons Sat 5/7: Jayden Secor Fri 5/13: Brittney Burchett Sat 5/14: Vinyl Gypsies

Ric's Restaurant

2500 Las Posas Road, Camarillo

Tuesdays: Tour Support Fri 5/6: Reign

The Shores

1031 Harbor Blvd., Oxnard

Sat 5/14: No Biggee

Tony's Pizzeria

186 E. Thompson Blvd., Ventura

Thurs 5/5: Forbidden Fruit Sun 5/15: Heart & Soul

Topa Topa Brewing 4880 Colt Street, Ventura (headquarters)

Tues 5/10: Ventura Bluegrass jam Sat 5/14: Nautical Thrust

The Twist on Main 454 E. Main Street, Ventura

Wednesdays: Vintage Boots Collabo-

Thursdays: LA Jazz Connection Fri 5/6: Tossers

Sat 5/7: Dianne Miller; Tex Pistols Sun 5/8: Dave Parsonage; TD Lind Fri 5/13: Do No Harm

Sat 5/14: Mark Masson; Out of the

Sun 5/15: Bob Bishop; Bella Lucarelli

Ventura Harbor Comedy Club 1559 Spinnaker Dr., Ventura

Sun 5/15: 1st Annual Harmonica

Ventura Music Hall 1888 E. Thompson Blvd., Ventura

Wed 5/4: Royal Blood, Cleopatrick Fri 5/6: Stand Atlantic, With Confidence

Sat 5/7: Citizen Cope Sun 5/8: Dave Mason Wed 5/11: X

Thurs 5/12: Lee Fields, Jeremy Sole Fri 5/13: Twisted Gypsy; Los Amigos Invisibles

Sat 5/14: TV Girl Sun 5/15: TV Girl

The Vine

308 E. Ojai Ave., Ojai Saturdays: Smitty and Julija and

Sundays: Austin Vallejo Fri 5/6: Ray Jaurique & the Uptown

Brothers Fri 5/13: Drea and Kellen van Allen

Waterside Restaurant & Wine Bar 3500 S. Harbor Blvd., Oxnard Music 11:30 am - 2:30 pm

Sun 5/8: the CocoKnots Sat 5/14: Goletasound Sun 5/15: Teresa Russell

Winchesters 632 E. Main St., Ventura

Music Thurs 5:30; Fri 7 pm; Sun 3 pm Thurs 5/5: Déjà vu Too Fri 5/6: National Cat Sun 5/8: Karen Eden & the Bad Apples

Fri 5/13: Medicine Hat Sun 5/15: Midlife Crisis

Thurs 5/12: Brandon Ragan

Tues 5/17: Open mic with Jenna Rose 1901, Speakeasy

740 South B Street, Oxnard Fri 5/6: Three on a Match

Ventura Music Scene



Ventura Art Scene



Studio Channel Islands Art Center (SCIART) presents Echoes of Nature, a contemporary Chinese art exhibition opening on Saturday, June 4, beginning at noon with a full schedule of activities throughout the day. Events will take place at Studio Channel Islands Art Center located at 2222 E. Ventura Blvd, Camarillo. The day will also include performances by the Westlake Village Symphony and the Pleasant Valley Dance Group. For more information visit https://studiochannelislands.org/ or call 805-383-1368.



Hollywood Beach Sunset - oil on canvas -Tony Smith at Studio 99 @ The Bell Arts Factory

A Trio of Solo Artists Featuring, Michael Corrigan Mishou, Tony Smith and Kathy Bodycombe

Now thru May 21, 2022
Open Fridays and Saturdays, noon to

First Friday reception on May 6, 5 -

Michael Corrigan Mishou's show, The Eye of the Beholder, features photography, both color and black-and-white. Tony J. Smith of Oxnard, who elevates everyday scenes with vivid colors, is calling his show A Tribute to Beauty and Inspiration. Ojai painter Kathy Bodycombe usually works in oils and acrylics but instead presents Leaving a Stamp, a dozen collage pieces that incorporate postage.



The Santa Paula Art Museum presents "Geomorphic: The Living Earth," an exhibition of 42 abstract paintings inspired by nature by Ventura artist **Kay Zetlmaier**. The artist will be on hand on Saturday, May 14, from 4:00 p.m. to 6:00 p.m. Admission to the reception is \$5.00 for SPAM members, and \$10.00 for non-members. "Geomorphic: A Living Earth" will be on view May 14, 2022, to September 11, 2022.

Kay Zetlmaier has been making art her entire life. Some of Zetlmaier's paintings contain over a dozen layers of paint.

She was a high school art teacher for 30 years, at St. Bonaventure High School and then Ventura High School. She is a member of Buenaventura Art Association.

This 'n' That

Applications opening for vacant Ventura Unified School District Board Seat

Sabrena Rodriguez is once again president of the Ventura Unified School District board of trustees, replacing Matt Almaraz, who resigned April 13.

Almaraz, who had been a board member for three years and was elected president in December 2021, said he had taken a job that could pose a conflict of interest because the company does business with the city of Ventura.

Jerry Dannenberg, a former school administrator and district board member since 2018, was chosen to replace Rodriguez as vice president on a 3-0 vote.

To avoid a special election, the board decided it would have an appointee serve the remainder of Almaraz's term, which expires Dec. 12. The trustees approved a timeline for selecting a replacement by May 18.

Almaraz's seat representing Area 5 is up for election in November as are Area 1 and Area 4 seats currently held by Velma Lomax and Dannenberg, respectively.

The Ventura Unified School

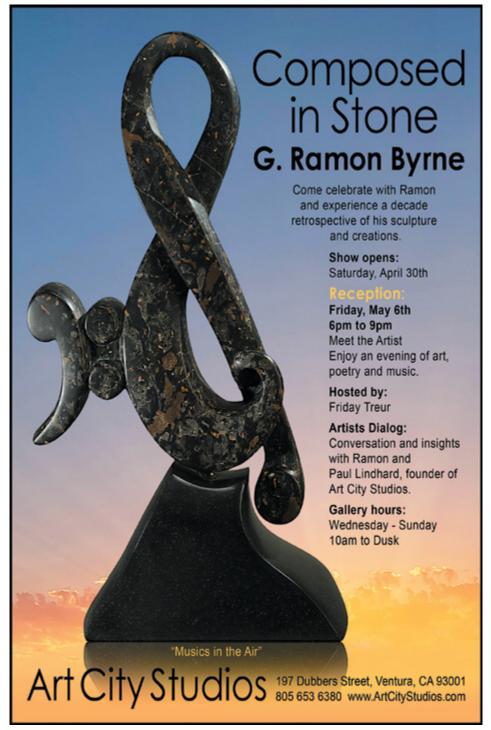
District (VUSD) has announced that applications are now open to fill a vacancy in Trustee Area 5 on the Board of Education for the next seven months. The deadline to apply is Tuesday, May 10 at 4 pm.

At the Board meeting of April 21, 2022, the Board announced the process to fill the vacancy by a provisional appointment from among qualified applicants. The appointee will hold office through the next regularly scheduled election on November 8, 2022. This provisional appointment shall expire on December 12, 2022. While not required, the appointed person will have the opportunity to run in the November 2022 election if they so choose.

The District requests all those interested in serving on the school board to apply. Once open, the applications will be available on the District https://www.venturausd. org/about/board-of-education and at the District Office, located at 255 West Stanley Avenue, Suite 100, Ventura, CA 93001. To be eligible to apply for appointment to the Board of Trustees, an individual must be at least 18 years old, be a resident of the Ventura Unified School District in Trustee Area #5, be a registered voter in the State of California, and not be disqualified from holding civil office by the constitution or any law of the State of California.

The Board position vacated by former President Matthew Almaraz, represents Trustee Area 5. Trustee Area 5 is located on the east end of

Continued on page 19



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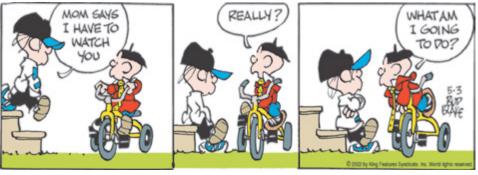
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May 4 – May 17, 2022

Lighter Breeze



Baby Blues



Zits







Shoe





Rhymes With Orange



Dustin



Solutions on page 13

(For a beginners guide to playing Sudoku go to venturabreeze.com)

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Weekly **SUDOKU**

by Linda Thistle

Place a number to the empty boxes in such a way that each row across, each column down and leach smail 9-box equate some as all of fee numbers from one to nais.

DIFFICULTY THIS WEEK: •



Solutions on page 13

King Crossword

ACROSS

 Karate level 5 Caprice

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- 5 Methods 6 Shade
- 29 Bar bill 30 List-ending

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- ies
- 11 To-do list item shares
 - 39 Kentucky
 - Derby prize
- 20 Understand-40 Bit of butter
- 41 Houston 22 Hosiery shade acronym
 - 42 Actor Epps
- 23 Funny folks
- 24 Pans summer 43 Anger 25 Piercing tool
 - 44 Marathoner's stat
 - mer or winter 45 Killer whale
 - 46 500 sheets 49 Eggs
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ARIES (March 21 to April 19) The often-skeptical Aries might find that an answer to a question is hard to believe. But check it out before you chuck it out. You might well be surprised at what you could

TAURUS (April 20 to May 20) Your resolute determination to stick by a position might make some people uncomfortable. But if you're proved right (as I expect you to be), a lot of changes will tilt in your favor.

GEMINI (May 21 to June 20) You what you want to do and what you should do. Best advice: Honor your obligations first. Then go ahead and enjoy your well-earned

CANCER (June 21 to July 22) That financial matter still needs to be sorted out before you can consider any major monetary moves. Pressures ease midweek, with news about a potential career change.

LEO (July 23 to August 22) A workplace problem threatens to derail your well-planned project. But your quick mind should lead you to a solution and get you back on track without too much delay. VIRGO (August 23 to September 22) An opportunity opens up but could quickly close down if

you allow pessimism to override

enthusiasm. A trusted friend can offer the encouragement you need. LIBRA (September 23 to October 22) You've come through a difficult period of helping others deal with their problems. Now you can concentrate on putting your energy to work on your own projects.

SCORPIO (October November 21) Forget about who's to blame and, instead, make the first move toward patching up a misunderstanding before it creates a rift that you'll never be able to

SAGITTARIUS (November 22 to December 21) Good news for the travel-loving Sagittarian who enjoys galloping off to new places: That trip you had to put off will soon be back on your schedule.

CAPRICORN (December 22 to January 19) A mood change could might feel conflicted between make the gregarious Goat seek the company of just a few friends. But you charge back into the crowd for weekend fun and games.

> **AQUARIUS** (January February 18) A decision you made in good faith could come under fire. Best advice: Open your mind to other possibilities by listening to your challenger's point of view. **PISCES** (February 19 to March 20) You can avoid being swamped by all those tasks dangling from your line this week by tackling them one by one, according to priority.

> The weekend brings good news. **BORN THIS WEEK:** You have a fine business sense and a love of the arts. You enjoy living life to its

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Ventura *BREEZE*May 4 – May 17, 2022

Showtime

A View from House Seats

'night, Mother at the Elite

by Shirley Lorraine

The Elite Theatre in Oxnard has tackled some sensitive subjects in the past. On stage now is perhaps the most touchy of all – suicide and depression. Not a topic easily offered, nor one to be taken lightly. In the Tony-award and Pulitzer-prize winning drama, 'night, Mother, the Elite stages a powerful work that is heart-rending, introspective and served with just enough moments of humor to keep the audience absorbed.

Directed by Brian Robert Harris, the two-person cast delivers with force. Thelma Cates (Kimberly Demmary) is a middle-class, middle-aged widow who has settled into a functional existence purposly devoid of excitement and change. Her daughter Jessie (Emily Asher Kellis) now lives with her mother following upsets in her own life. She suffers from severe depression and now has decided that enough is enough. She plans to kill herself tonight. The act is no longer debatable.

What follows is n uninterrupted exchange between mother and daughter in which understanding is attempted without much success. Jessie does her best to prepare her mother for her absence, while mother is actively denying acceptance of the situation.

Depression is an incidious malady. It can creep up on you, build slowly or attack maliciously. For Jessie, the build-up has been constant, with years and layers of missteps, misunderstandings and misinformation. The burden is now too great to endure. Still, she feels it is critical that her mother gain a glimmer

of understanding and takes great pains to prepare her for the inevitable.

Demmary gives a solid, masterful performance of a woman filled with pain, denial and hope. While the character does have a grasp of her daughter's despair, she also cannot imagine life without her and simply refuses to do so. She herself is no picture of mental health and fights to maintain what little equilibrium she has.

Emily Asher Kellis is an enigma in the role of the emotionally tortured daughter. She is at times bouncy, smiling and patient, and at other times angry, discouraged and pragmatic. She obsessively makes lists, rearranges items in the cupboard, and futilely attempts to give her mother one last touching gift that is repeatedly rejected—a manicure. She loves her mother and knows her action will cause great pain. At the same time, her mind is simply ready to blow. She is on overload.

While it is true that in most cases, those who intend to commit suicide do so without fanfare and lengthy discussion, the play's content analyzes the thought processes in both mother and daughter, giving the audience insights into how the situation came to this point. Even though the end is announced early on, when it does take place, the reality still hits like a hammer.

A Pultizer play powerfully portrayed. 'night, Mother continues through May 22. Performances are Friday and Satursday at 8 p.m., Sundays at 2 p.m. Ont Thursday performance closing weekend. Covid cautions still in place. (805) 483-5118, www.theElite.org

concerns about him being schizophrenic so he had to stop his previous research though help counsel Alma with her time travel abilities.

Season 2 also reveals that Becca has special abilities as well allowing her to move through time into memories, and also discovered she could bring others with her. Her grandmother Geraldine (Holley Fain), who was in a mental care facility, also had similar abilities and they seemed to be inherited genetically. Alma and Becca realized that they could repair issues that they found in the past and teamed up to find family secrets that had damaging results in their futures.

Undone uses rotoscoping animation where animators trace over real images of actors, which creates a show that looks like a hybrid of animation and live action that feels both realistic and contrived. The animators did line drawings of each of the characters frame by frame, then the footage went to their studio in Amsterdam and those performances were hand-painted onto oil-painting backgrounds. Each episode contains 150-200 oil paintings that provide backdrops. Seasons 1&2: 8 episodes – 25min

CMH Auxiliary Volunteer Opportunity

Remember a few months ago when you made those New Year resolutions?

You had such good intentions! You were going to find something worthwhile to do to get you involved with the community after being isolated because of Covid restrictions. So now time has passed and you still haven't honored those resolutions.

It's not too late! The Auxiliary at Community Memorial Hospital needs your help. There are volunteer opportunities in most areas of the hospital, and your assistance is appreciated by both patients and staff. Applications are available at the front desk at the hospital, or call us at 805-948-4299, leave a message, and we'll get back to you with information and an application. Come join us!

Applications opening for VUSD seat

Continued from page 17

Ventura, in the Montalvo area. The area borders Highway 101, Telephone Rd., the railroad, and Petit Ave. To view an interactive county map that includes the streets in this area, go to https://www.venturausd.org/about/board-of-education for a link to the map and directions on using the map.

"Board members are our elected representatives and a vital link between the school district and the community," said VUSD Superintendent Dr. Roger Rice. "The Board sets the foundation and vision for the District, directs resources where they are most needed, and ensures accountability to the community by monitoring progress toward goals. Their end goal, of course, is to support and elevate student achievement."

More information, including a link to the application, is available on the District website, https://www.venturausd.org/about/board-of-education.

Streaming Spotlight by Cindy Summers

Undone (Seasons 1 & 2)

– Amazon Originals



Breeze rating from 1 to 4 palm trees, 4 being best.

In Undone, Alma Winograd (Rosa Salazar) was bored with the repeating patterns of her everyday life as a preschool teacher in a comfortable relationship with her boyfriend who was obviously more committed to a future life together. Her sister Becca (Angelique Cabral) was soon to be married, and while hanging out at a bar they had a fight and Alma left crying. Strangely, as she was driving home she saw her father Jacob (Bob Odenkirk), who had passed away, standing on the corner which caused a serious car accident that had her in a coma for two weeks.

Alma woke and saw her dad Jacob in the room, though no one else could see him. Jacob told Alma he caused the accident to trigger her special abilities and help solve issues around his death. Jacob was persistent, and Alma eventually became aware through her father's help that she had the ability to time travel. Her new found abilities became disruptive to her everyday life, finding herself frequently popping back and forth in time. Alma, like her grandmother, had been diagnosed with schizophrenia but

Jacob believed many like this mom and daughter actually had special gifts to bend the rules of space and time.

At the end of Season 1, Alma travels back to the night her father died to try to change the past only to discover her father's actions were intentional and that her mother was at her father's lab that night though she had always denied it. Unfortunately in real time, Alma ran into a mirror on the wall at the preschool she worked at in front of all the children and was kindly let go from her job. This compelled Alma to go to Mexico to connect with her dad, but her boyfriend Sam called her mom Camila thinking her actions were due to her not taking her schizophrenia meds.

Becca went to Mexico to find Alma, sharing she had told Reed on their honeymoon about her indiscretion and that his family was moving to annul the marriage. Alma was convinced her dad would emerge from the cave and that Becca would be fine because their timeline would be adjusted. They stayed all night and as the sun rose in Season 2, Alma went into the cave after Becca went back to the car hoping that she had changed time and would find her father.

When Alma emerged from the cave, Becca was gone and when calling her learned she was on her honeymoon with Reed in Bora Bora and that her father was alive. Alma could also now play the piano and speak Spanish in her new timeline, but there was no Sam or preschool from the past. Jacob said his abilities were more limited now that he was in a physical body again, and shared that his wife had





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- ONLINE: www.vchsa.org/apply
- **PHONE:** 888-472-4463
- **FAX:** 805-658-4530
- MAIL or drop-off services
- ▶ IN PERSON: Monday–Friday from 8 a.m.-5 p.m.
- You can also submit documents and send email messages via vchsa.org/submit

HAVE MEDI-CAL QUESTIONS?

Call a health navigator for assistance completing any Medi-Cal forms.

INTERFACE

Call 833-607-2650 to speak with a Medi-Cal Navigator or text "medical"

MICOP

For support in Mixtec, Spanish or English, call 805-215-0730 or visit 135 Magnolia Ave, Oxnard

















Opening night at the Rubicon included many local dignitaries.

Rubicon Season opens with "Twilight Los Angeles"

by Richard Lieberman

The Rubicon Theatre Company of Ventura opened it's 2022/2023 season with a play by Anna Deavere Smith "Twilight Los Angeles, 1992" a production that depicts the events of the 1992 L.A. riots. The production premiered on the 30th anniversary of the Rodney King verdict and the L.A. riots. April 29, 1992, the day the verdict in the Rodney King trial, triggered one of the most explosive events of the 20th century.

The one man play chronicles the events leading up to and during the tumultuous L.A. riots. Starring Chris Butler and written by Anna Deavere Smith. Based on interviews conducted by Anna Deavere Smith all words spoken were by the real people involved.

Butler portrayed over fifty people involved in some way with the events leading up to, during and after the riots. His energy and accuracy in describing the events is unappareled in a real-life production.

Opening night at the Rubicon included many local dignitaries and politicians including Steve Bennett California State Assembly member, Doug Halter City of Ventura Councilmember, Erik Nasarenko Ventura County District Attorney, former state senator Hannah Beth Jackson, Regina K. Crawford, President of NAACP Ventura County, Joe Spano award winning actor and many

Steve Bennett California State Assembly when asked about the season premiere and how the new season will unfold said "I am very optimistic because I think people are desperate to get back out to these types of things where you can be together with people and watch live theatre" he said. Bennett added "Live theatre just touches you in a way that no other medium does. I am very hopeful

and optimistic about the Rubicon theatre." He also added "I think it is good for us to be reminded and I think it is a real compliment to the Rubicon that they are the ones that get to have this opening here with such an incredible actor."

Doug Halter City of Ventura Councilmember was instrumental in the creation of the theatre and had this to say about his role and the upcoming season, "In 1998 I heard that the Ventura Pentecostal Church was for sale. I was surprised and impressed, the church had some 10,000 square feet of space with three stories and a great ocean view. I recognized that the church would be a perfect building to house a community theatre in its ground floor sanctuary,"

"I mentioned this to Karyl Lynn Burns, and she said "it has been my dream to create a local theatre here in Ventura" he added.

"I am very optimistic and looking forward to the upcoming season, all the credit goes to the wonderful artists and volunteers that make the Rubicon successful and fill a need for the arts and theatre in Ventura," he said.

Karyl Lynn Burns Producing Artistic Director stated "We have created an environment where commitment and risk are encouraged, and where artists are nurtured and respected, "she said. She added "As a result the company has gained a reputation for invigorating interpretations of the classics and for supporting the developments of new work. Rubicon presents at least one World Premiere each season, as well as readings of works-in-progress,"

"The upcoming season will continue to honor the legacy and the traditions of our local community theatre" she added.

"Twilight Los Angeles" runs at the Rubicon until May 15.