

Happy Birthday to US!!



VENTURA BREEZE

Your Hometown Paper

Vol. 15, No. 1 Published Every Other Wednesday Established 2007 October 6 - October 19, 2021

The Supreme Court signaled it is prepared to dismantle women's reproductive rights when it refused to stop Texas' SB 8, which made abortion illegal after six weeks and instituted a bounty system on violators. On December 1st the Court is scheduled to hear *Dobbs v Jackson Women's Health Organization*, a Mississippi case which prohibits abortion after 15 weeks.

"Roe v Wade is under attack like never before in its 50-year history," said Miriam Mack, Justice For All Ventura County Board Member. "Our march, along with marches in over 600 communities across the country, is intended to show the Court that a woman's right to control her reproductive destiny is a human right that must be protected."

Hundreds of Ventura County women (and men) marched on Saturday, October 2, at noon at Ventura City Hall. Marching were Justice For All Ventura County, along with the Ventura County Reproductive Rights Network, Planned Parenthood, Indivisible Ventura, Women United for Change and others. They marched to the State Court of Appeals Building at Santa Clara



The event was spearheaded by the Women's March national organization. Photo by Patricia Schallert.

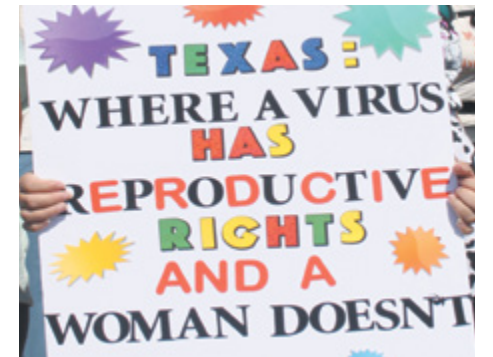
March for reproductive justice held in Ventura

Street and Figueroa Plaza.

The effort is spearheaded by the Women's March national organization and is intended to send a message to the Supreme Court that 77% of the country wants to preserve the protections of *Roe v Wade* and state legislative actions to limit that right cannot stand.

The march was disciplined and peaceful and the signs sent a clear message that the protections of *Roe v Wade* must be preserved.

For more information go to <https://justiceforallvc.org/>.



A vacant lot has been transformed into a beautiful garden

The large lot behind the Museum of Ventura County, on Santa Clara, is now a permanent and temporary garden of sculptures and metal tee-pees. It opened on September 22 and included live music and a food truck.

The project, "Echoes of a Recent Past" was created by Ventura artist Paul Lindhard from Art City Studios located off of Ventura Ave.

Many of the materials came from the buildings that were demolished across the street.

"Echos of a Recent Past" can easily be viewed from the street as folks drive by looking through the chain-link fence.

It will be open during special events and accessed from Santa Clara.

Elena Brokaw, The Museum Barbara Barnard Smith Executive Director told the Breeze, "We are very thankful to Paul Lindhard for his vision and hard work. He and his team transformed an ugly empty lot into a beautiful and sustaining art installation and place of peace and contemplation. The space is not only attractive - the artwork speaks to the transformation of space, and the temporal nature of our built environment."

Deputy Director of the Museum Denise Sindelar went on "The Museum of Ventura County had 237 attendees at the opening reception for Paul Lindhard's Echoes of a Recent Past art and garden installation. There were musical and aerial performances set to the backdrop of the setting sun on the evening of the Autumnal Equinox. The evening began with a ceremonial Chumash blessing offered by tribal leader Julie Tumamait-Stenslie.

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WITH THE CONTINUED SUPPORT OF OUR ADVERTISERS, DONORS AND READERS, WE CONTINUE TO BRING LOCAL NEWS AND INFORMATION TO VENTURA (NOW IN OUR 14TH YEAR). THE COVID PANDEMIC HAS AFFECTED ALL SMALL BUSINESSES, AND LOCAL NEWSPAPERS HAVE BEEN DEEPLY IMPACTED AS WELL AS THEY ARE SOLELY DEPENDENT ON ADVERTISING REVENUE. WE CONTINUE TO ASK OUR LOYAL READERS TO HELP SUPPORT THE BREEZE. WE LOOK FORWARD TO CONTINUING OUR MISSION OF BRINGING YOU THE INFORMATION IMPACTING VENTURA.

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THANK YOU FOR SUPPORTING THE VENTURA BREEZE!

City News



The Ventura Fire Department goes pink in October

For the 11th consecutive year, the Ventura Fire Department will partner with the Ventura City Firefighters Association and various Downtown Ventura businesses to support and promote Breast Cancer Awareness Month by selling pink, embossed department t-shirts.

Limited-edition t-shirts are available to the public during the month of October, while supplies last. Additionally, Ventura firefighters will wear pink t-shirts from October 1-15, to raise awareness about the importance of early detection and treatment in the battle against breast cancer.

This year, funds raised through t-shirt sales will be donated to Ribbons of Life Breast Cancer Foundation, a local non-profit and independent grassroots organization that helps women and families affected by breast cancer by providing education,

advocacy, and emotional and social support.

Residents can purchase pink shirts or donate to the Ribbons of Life Breast Cancer Foundation at the following participating local businesses:

- Anacapa Brewing Company
- Ventura Chamber of Commerce
- Crush Salon & Dry Bar
- Snapper Jack's Taco Shack, downtown location only
- Tiki Girl
- Ventura Visitors Center
- Very Ventura Gift Shop and Gallery

Due to the COVID-19 pandemic, t-shirts will not be available for sale at any Ventura Fire stations.

To learn more about the Ribbons of Life Breast Cancer Foundation, please visit www.RibbonsVentura.org.



Community Events

Ventura events

by Ana Baker

Livingston Memorial Visiting Nurse Association & Hospice offers ongoing Adult Bereavement Support Groups for anyone who has lost a loved one. The groups are free and open to the community. All classes held online through zoom:

Mondays 3 - 4:30 p.m.

Tuesdays 10:30 - Noon

Wednesdays 6:30 - 8 p.m.

Thursdays 6 -7:30 p.m.

Please call (805) 389-6870 or visit lmvna.org/grief for details or to register.

The Ventura Investment Group has reconvened and is meeting in the rear room of Denny's Restaurant at the corner of Telegraph and Ashwood each Monday at 10:30 a.m. All people interested in investment are welcome.

"Tiny Beautiful Things" runs at the Ojai Art Center Theater through Oct. 24, Friday and Saturdays at 7:30 p.m. and Sundays 2 p.m. The play follows Sugar, an online advice columnist who uses her personal experiences to help the real-life readers who pour their hearts out to her. Lynn Van Emmerik stars as Sugar. Ashley Osler, Elektra Cohen, and Isabel Roth play letter writers. Tickets are \$20 general admission, \$15 for seniors and Art Center members, available at <https://ojaiact.org/tbt>. In compliance with the Ojai Art Center, CDC and County of Ventura Masks and proof of vaccinations are required of all audience members.

October 12: Ventura County Writers Club is hosting renowned author Ken McAlpine at their next general meeting held at 1605 Burnley St. in Camarillo at 7p.m. Everyone has an untold story and McAlpine will be speaking about "Why to be a writer. How to be a writer." He will be sharing the wisdom, lessons learned during

his 30 years' long writing career and the valuable advice from writers. Ken McAlpine is the author of 10 books, both fiction and non-fiction. His three-book series (Juncture, Nexus, Departure), a tale part cerebral Jaws, part Twenty Thousand Leagues Under the Sea and part Warning, were recently optioned by Inspiration Media for either film or television development. Most important, he lives in Ventura with his lovely wife Kathy, who is far and away his better half.

Oct. 16: New West Symphony Presents Delights and Dances. Live, In-Person Performances Saturday, at 3pm at the Performing Arts Center at Ventura College. After a yearlong, around-the-world virtual tour, the New West Symphony (NWS), with Grammy-winning conductor Michael Christie as Artistic and Music Director, returns to the stage to experience the joy of live classical music performances once again. "Delights and Dances" is a 70-minute program with no intermission. Proof of vaccination and masks are required at all venues. General Admission Tickets (\$40) and Information www.newwestsymphony.org/delights-and-dances. The Channel Islands Chapter of Better Investing Model Club (a real working investment club that serves as an educational element for the Non-Profit national Better Investing® (501 c 3 organization) is again meeting in person in Ventura for a lunch meeting on the 3rd Wed of each month. New and prior members invited to enjoy "stock talk" and fellowship. To receive an invitation and directions to online or in person attendance, please contact our host: Arla at (805) 987-2000 or abjcrane@aol.com.

Oct. 23: The first ever Sespe Flyfishers rummage sale will be Saturday, 9am to 3pm at Church of the Foothills, Ventura. There will be a bit of fur and feather from every creature that walks or flies, along with dubbing, threads, tinsels, tools, hooks, fly lines,

Continued on page 6

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On Sunday, September 26, a fundraising event for Eric Nasarenko's campaign for Ventura County District Attorney was held at Café Ficelle in Ventura. A crowd of well wishers and Ventura officials gathered at the café to show their support for Nasarenko's current campaign for District Attorney. Among those attending were ex-Ventura police chief Mike Tracy, Darin Schindler current police chief, Ken Corney ex-police chief and former city council member Christy Weir who all enjoyed the wonderful finger food provided. Photos by Richard Lieberman.

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VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

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Opinion/Editorial



Sheldon Brown
Publisher-Editor

■ Wow, beginning of our **14th year**. Hard to believe. My thanks to our readers, advertisers and amazing staff. It's been a tough year for all of us but better times are coming.

■ The amount of time that **City Council** members can speak at the Council meetings has been limited by a council vote of 6-1. Councilmember Mike Johnson was the no vote. There will be a digital timer in future meetings, so discussions don't run too long.

I can see this being more of a nuisance, and adding confusion, than anything else. Right now, the mayor can advise a council member when their time is up which seems to work just fine in my opinion.

■ Ventura Unified **School District** has nearly \$21.5 million in federal COVID-19 funding to help students and teachers make up for lost instructional time as presented at the board's Sept. 21 meeting. The district is considering improvements in air conditioning and sanitation and providing students with more academic support.

The proposals are in a draft plan that all school systems need to consider in order to receive some of the billions of state and federal relief dollars that have been available since the pandemic shut down schools. A plan must be submitted for federal approval before the end of October.

■ In this issue we have an article about a fundraiser held for **Erik Nasarenko** to support his 2022 run for Ventura County District Attorney. Erik was selected to the position by a 5-0 vote of the Ventura County Board of Supervisors on January 26, 2021 but will have to run next year. A Venturan, Nasarenko served on the Ventura City Council from 2013 to 2021. I will support Erik for election to the post.

■ On this issue's cover, we report on a rally held in Ventura (and across the country) to ensure that woman can control their **reproductive rights** as guaranteed by Roe vs. Wade. I am a big supporter of Roe vs. Wade and women making their own very personal decisions. I certainly the Supreme Court doesn't reverse it.

■ Over three hundred people participated in this year's West Ventura County Walk to End **Alzheimer's** held at The Collection at Riverpark

on Saturday, Sept. 25. Others supported by walking in their neighborhoods. The event raised more than \$118,000 to fund research and local services throughout Ventura County, including support groups, education programs, and a 24/7 Helpline 800.272.3900.

■ The United States reached a pandemic milestone recently passing **700,000** deaths from COVID-19. It took 3 ½ months to go from 600,000 to 700,000 deaths.

■ Congresswoman Julia Brownley (D-CA) has introduced the **Gun Suicide** Prevention Act to address the prevalence of suicides by firearms. This bill would require firearm manufacturers and retailers to include labels that provide the number of the National Suicide Prevention Lifeline, 1-800-273-8255 (TALK).

"The epidemic of gun violence continues to plague communities throughout our country and forever changes the lives of families who have lost someone to gun deaths," said Congresswoman Julia Brownley. "In fact, two-thirds of gun deaths in the United States are from suicides."

"That is why I have introduced the Gun Suicide Prevention Act, which aims to combat the alarming suicide rate in our country," continued Brownley.

■ Ventura County Fair Board of directors voted to allow an October **gun show** at the Ventura Fairgrounds. They did vote to not allow "ghost gun" kits that make it possible for people to build firearms without serial numbers.

Lawyers for the California Department of Food and Agriculture (they own the fairgrounds not the city) advised fair leaders they would have to show a legal basis to not allow the Crossroads gun show (Oct. 23-24).

And, speaking of guns. A 16-year-old boy was killed and two other children were hurt in a shooting at a school bus stop in Louisville, Kentucky.

Thirteen people were shot and one person was killed in a shooting at a Kroger in Collierville, TN. The shooter is also dead from a self-inflicted gunshot wound.

If you've been reading my article, you know how I feel about guns so I support anything that might reduce gun deaths. People don't buy guns to kill themselves, but it sure is easier if they own a gun.

■ This is **too funny** to not report. A Turkish man who got drunk and

wandered into the forest unknowingly joined a search party to find himself. Beyhan Mutlu, 50, who lives in the northwestern Bursa province, was reported missing after he wandered away from his friends. A search operation was formed to find him. Mutlu joined a group of volunteers not realizing he was the person they were searching for. Maybe he got a reward for finding himself.

Speaking of things funny, some folks who are against getting COVID vaccines, are attempting to obtain over-the-counter **ivermectin** to prevent COVID, which is used to de-worm horses and cows. I think it is important that more humans will not get worms by taking it. Perhaps there are also drugs that prevent people from getting parvo.

■ Former President **Donald Trump** skipped anesthesia for a previously unreported 2019 colonoscopy at Walter Reed National Military Medical Center so he wouldn't have to temporarily relinquish his presidential powers, according to The New York Times.

And speaking about Trump, he could be charged with multiple crimes over election interference in Georgia. A report by the Brookings Institution studied publicly available evidence that shows that Trump and his allies attempted to pressure Georgia officials to "change the lawful outcome of the election."

A key piece of evidence is the call made by Trump on January 3 to Georgia's Republican Secretary of State, Brad Raffensperger. He told him to "find 11,780 votes" to overturn Biden's win. The report adds that Trump publicly pressured and personally contacted several other officials in Georgia to ask them to help him overturn his loss in the state.

Trump was correct, the results were false. The Arizona Republican election audit has found an even bigger lead for Biden in 2020 election. There is a rumor that Trump is now going to call for an audit of the audit. And if that fails, he will call for an audit of the audit of the audit.

■ You might think that I am upset that some Democrats are being critical of **Biden** (I agree with some of the criticisms). Actually, I am thrilled, as this is what a democracy is all about. Something that never happened with the previous president because of fear of repercussions from him.

■ Switzerland has voted by a wide margin to allow **same-sex couples** to marry in a referendum bringing them in line with many other countries in Europe. Official results showed the measure passed with 64.1% of voters in favor. Switzerland has authorized same-sex civil partnerships since 2007.

Supporters said passage would put same-sex partners on equal legal footing with heterosexual couples by allowing them to adopt children together and facilitating citizenship for same-sex spouses. Certainly, all people, regardless of their sexual preference, should have the same societal rights.

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

Mailbox

Editor:

Conserving water is not enough to fend off our impending crisis. You can empty a bucket with an eye-dropper or kick it over, either way, it will stay empty if there is no water to refill it and the County of Ventura is doing nothing to create a new supply of potable water. All they are doing is praying for rain.

As a boots-on-the-ground, lifelong, environmentalist, I never liked the idea of desalinating ocean water, but then, I never expected the Climate Crisis to grow as rapidly as it has, so I have changed my mind on the subject. Desalination needs to start now. I know it can be expensive and can have negative impacts on the environment if not controlled but what is the expense and environmental impact if we run out of water? If you

hated seeing people fighting over a roll of toilet paper, wait till you see what they will do over a bottle of water.

Ventura County could easily follow the lead of the plants in Carlsbad and soon-to-be Huntington Beach which are designed to produce over 50 million gallons of drinking water per day. Both projects were developed in partnership with Posiedon Water who are always looking for new projects to start. Posiedon works on a Public-Private Partnership model where they play a lead role in identifying and optimizing the allocation of risk among all parties, thus mitigating some of the county's need for research while lowering the upfront cost of such a project.

Respectfully,
John Darling -Ventura

Advice is given freely because so much of it is worthless.
—James Geary



News & Notes



Happy Birthday CAPS Media

I am the Executive Director of CAPS Media, or as we are officially known: Community Access Partners of San Buenaventura. 2021 marks the 21st anniversary of CAPS Media serving the city and public throughout Ventura. In honor of this momentous occasion I thought it would be appropriate and informative to share A Brief History of CAPS Media.

The CAPS Media saga starts in 2000 when a group of community minded citizens came together with a common goal: to create a media center for Ventura residents, to encourage civic engagement, provide access to information and a platform for expressing desires, ideas, and opinions. The collaboration evolved into the formation of a nonprofit corporation named Community Access Partners of San Buenaventura, more commonly known as CAPS Media.

The project utilized a Federal Communications Commission (FCC) ruling that required cable operators to set aside certain stations for public, educational, or government use. As outlined in the FCC regulations, these PEG Channels, as they are called, provide citizens a vehicle for public discourse and, as such, provide First Amendment protections for those speakers.

“Public access channels are often the video equivalent of the speaker’s soap box or the electronic parallel to the printed leaflet.

They provide groups and individuals who generally have not had access to the electronic media with the opportunity to become sources of information in the electronic marketplace of ideas. PEG channels also contribute to an informed citizenry by bringing local schools into the home, and by showing the public

local government at work.”

Establishing the nonprofit was only the first step. Fundamental to the effort was the goal to establish an independent broadcast homes for CAPS both in the community and on television. It took the determined founders more than five years to work out the agreements. In the end, a very innovative game plan was devised that combined resources from the City of Ventura, the Ventura County Community College District, and the two cable companies operating in Ventura: Avenue and Adelphia Cable (subsequently Charter, Time Warner, and Spectrum). The City provided partial funding, VCCCD contributed the land for the construction of a media center, and the cable companies added additional funding and most importantly, contributed two broadcast television channels on the lower band: Channel 6 and Channel 15. These low numbered channels were extremely valuable and coveted “electronic real estate” at the time.

In September 2005 the “partners” broke ground for a state-of-the-art media center at 65 Day Road on the east side of the Ventura College campus. Fifteen months later, after countless revisions, setbacks, compromises and adjustments the CAPS Media Center opened to the Ventura community on January 18, 2007.

As a membership-based organization, CAPS Media has grown dramatically since it was launched, continually responding to the ever-changing landscape of community interests, needs and technological innovations. CAPS Media Membership is open to anyone who lives, works or attends school in the city of Ventura. Membership is also available to any nonprofit within Ventura County

that serves the city of Ventura, as well as anyone who is a member of a nonprofit organization in Ventura County. To find out how to become a member, go to capsmedia.org.

In the past 15 years CAPS Media has had more than 2500 active Member/Producers. During that time they have created thousands of hours of locally produced, informative and engaging programming, thereby enriching the lives of everyone in Ventura.

In 2017 CAPS Media added online streaming to the distribution vehicles in order to expand the reach of Channel 6 and Channel 15 to those who do not have cable television. In 2018 CAPS Media built an in-house, state-of-the-art, radio studio, launching KPPQ at 104.1fm. The station provides the community with another vehicle for personal and creative expression, as well as information and entertainment. In less than three years, the CAPS/KPPQ team has trained more than 100 local Member/Producer DJs and produced more than 600 hours of original music shows in the KPPQ studio.

Fundamental to CAPS Media’s service to the community is assisting the City government in reaching the community. This includes multiple services including coverage and distribution of all City Council and other departmental meetings. As an example of the extent of these services, during the past year, in the midst of the COVID-19 shutdown, CAPS Media covered more than 100 separate City meetings, totally nearly 500 hours of live broadcast and streaming. At the same time, CAPS Media crews produced more than 220 separate informational and educational videos for the City.

Providing creative production services to other government agencies in the city and county is also a priority for CAPS Media. These include multiple departments at the County of Ventura and the Ventura Unified School District. In 2020 CAPS crews produced more than 300 separate projects for the County ranging from short public service announcements (PSAs) to long-form committee meetings, press conferences, and departmental productions.

CAPS Media broadcasts and streams 24x7, 365 days a year on Channel 6 and Channel 15 and streaming on capsmedia.org. KPPQ is also continuously on the air at 104.1FM and streaming at capsmedia.org and on the My Tuner app.

CAPS Media is guided and

governed by a dedicated board of directors comprised of community members, including various CAPS Media Member/Producers and representatives from the City, County, Community College and VUSD. All of the board members share a strong personal interest in public, education and government programming as well as a passion for community service and freedom of speech.

Funding for CAPS Media comes from multiple sources including cable franchise fees paid to the city with a portion allocated to CAPS Media, plus membership fees, donations and revenue from non-city productions. It may be important to note that CAPS Media does not receive any funding from local City or County tax revenues.

It is a tremendous pleasure to be part of the CAPS Media staff – which is small in size but mighty in its commitment to service. The full time staff members are Elizabeth Rodeno, Donald McConnell, Evan Carpenter, Gary Roll, Jamie Cawelti and myself, with a strong crew of supporting independents: Manny Reynosa, Alex Uvari, Jorge Godinez and Phil Taggart. On average the full time staff members have each worked at CAPS Media for more than 12 years, which reflects the tremendous dedication to our Member/Producers, our community and our mission.

Year in and year out, CAPS Media continues to evolve and flourish providing thousands of hours of creative community service to Ventura. Unfortunately, due to the COVID-19 pandemic the CAPS Media Center is closed to Member/Producers and the public until further notice. However, the CAPS Media staff and crews continue to provide vital services to the community. Despite closure, CAPS Member/Producers can submit programming via the online portal at capsmedia.org for broadcast and streaming on television and KPPQ.

I encourage and welcome everyone in Ventura to join the CAPS Media team as a Member/Producer, volunteer or donor. Help us fulfill our Vision to Engage, Educate and Entertain and to realize our Mission to create an engaged and informed community through participation in electronic media.

Happy 21st Anniversary CAPS Media! Here’s to at least two more decades of community service in beautiful Ventura.

Patrick Davidson

Executive Director CAPS Media

Credit union’s philanthropic organization offers financial support to local nonprofits

The Foundation of VCCU, a philanthropic nonprofit organization

established by Ventura County Credit Union (VCCU), gave a total of \$40,000 in grants to 10 local nonprofit organizations to support their efforts on behalf of the community.

“Each of these nonprofits is doing incredible work to support the Ventura County community,” said The Foundation’s board president, Alma Medina. “They are making a meaningful difference every day in so many vital causes, and we are honored to contribute to their efforts.”

Among the grant recipients were

the Ventura County Family Justice Center, Students for Eco-Education & Agriculture, Housing Trust Fund Ventura County, Mercy House Living Centers, Moorpark College Foundation, Health Care Foundation for Ventura County, No Limits Theatre Group, Teddy Bear Cancer Foundation, Turner Foundation, and Assistance League of Conejo Valley.

The Foundation honored the grant recipients at a virtual celebration held on Sept. 15. Representatives from all 10 nonprofits

were in attendance.

Since its founding in 2015, The Foundation has provided a total of more than \$200,000 in grants to support nonprofits serving the Ventura and Santa Barbara County communities. The Foundation’s giving focuses on the underserved, the beautification and preservation of the environment, and the health and well-being of the region.

For more information about VCCU and The Foundation, visit <http://www.vccuonline.net>.



News & Notes



Sherri Greif, Nurse Practitioner, Stroke Program Manager and Nicole Schumacher, Neuro Nurse Practitioner are proud of the recognition.

St. John's Regional Medical Center and St. John's Hospital Camarillo earn national recognition

Dignity Health—St. John's Regional Medical Center (SJRC) and St. John's Hospital Camarillo (SJHC) have received the American Heart Association's Gold Plus Get With The Guidelines®-Stroke Quality Achievement Award for their commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines.

Get With The Guidelines-Stroke was developed to assist health care professionals to provide the most up-to-date, research-based guidelines for treating stroke patients.

Each year program participants apply for the award recognition by demonstrating how their organization has committed to providing quality care for stroke patients. In addition to following treatment guidelines, participants also provide education to patients to help them manage their health and rehabilitation once at home.

"We are pleased to recognize St. John's Regional Medical Center and St. John's Hospital Camarillo for their commitment to stroke care," said Lee H. Schwamm, M.D., national chairperson of the Quality Oversight Committee

and Executive Vice Chair of Neurology, Director of Acute Stroke Services, Massachusetts General Hospital, Boston, Massachusetts.

"Research has shown that hospitals adhering to clinical measures through the Get With The Guidelines quality improvement initiatives can often see fewer readmissions and lower mortality rates."

SJRC and SJHC also received the Association's Target: StrokeSM Elite Plus award. To qualify for this recognition, hospitals must meet quality measures developed to reduce the time between the patient's arrival at the hospital and treatment with the clot-buster tissue plasminogen activator, or tPA, the only drug approved by the U.S. Food and Drug Administration to treat ischemic stroke.

Additionally, both SJRC and SJHC received the Association's Target: Type 2 Honor Roll award. To qualify for this recognition, hospitals must meet quality measures developed with more than 90% of compliance for 12 consecutive months for the "Overall Diabetes Cardiovascular Initiative Composite Score."

Education to facilitate changes for the better for people with mental illness

by Carol Leish, MA

"On September 8, 2021" according to Mary Haffner, an advocate for people with mental illness, "NAMI (National Alliance on Mental Illness) Advocacy Group held a countywide Town Hall to address the needs of people with mental illness."

During the Town Hall, it was discussed that: "Because of the gaps in services to people with mental illness, the Ventura County Behavioral Health Advisory Board recently passed a unanimous motion requesting that the Ventura County Board of Supervisors approve an independent assessment regarding the continuum of care for people with severe mental illness. Through this comprehensive assessment, it will become possible to reduce the number of people who continue to cycle through successive hospitalizations, incarcerations, and homelessness. Other counties in California have conducted similar assessments and the California State Auditor has recommended that all counties do so, too."

The NAMI Town Hall also focused on the fact that, "The gaps in Ventura County are significant, from crisis care to long-term care. As for crisis care, Ventura County has no psychiatric facility that can directly admit psychiatric emergencies. Someone in crisis with a psychiatric emergency must first wait in a general hospital emergency room. However, other California counties have facilities that allow them to pass hospital emergency rooms so that they can receive prompt treatment. In addition, Ventura County has only 8 chairs for crisis stabilization. For a county of 846,000, this is woefully deficient. As for long-term care, Ventura County has only one 43-bed locked facility, which is currently staffed for 36 patients (July, 14, 2021 'Ventura Breeze': 'Expansion of Hillmont Psychiatric Unit alleviates waits for patients in crisis.'). There are few Board and Cares, and not enough supportive housing to support long-term rehabilitation and care. As a

result, people who need a higher level of care may end up at a sober living home with inadequate supports, thus setting them up for relapse and getting caught up in the cycle again."

"Ventura County appears to have the second highest percentage of inmates classified as 'open mental health cases,' according to a review of the latest numbers from the Board of State and Community Corrections (BSCC)," according to the NAMI Town Hall. "With no needed intercept model diversion program, and a dire lack of crisis care, and very few options for long-term treatment and housing, people with severe mental illness cycle into either jail or homelessness."

Haffner believes that, "We don't do more to help those with severe mental health issues because I believe that discrimination and stigma play a big role in our society's failure to provide adequate treatment. We have normalized the jailing of people with mental illness and we have too many people who don't want any treatment facilities in their communities. This is why leadership is so important. We need leaders who understand the illness and who are willing to educate the public and work towards solutions."

Ventura events

Continued from page 3

ready tied flies, signature collector flies, and many rare and beautiful things. All at prices so low that you will want to bring your credit card! There will even be some things that are free! There may never be another event like this, don't miss it. There will be no early admission. For more information, visit website at Sespeflyfishers.org or Contact President@Sespeflyfishers.org.

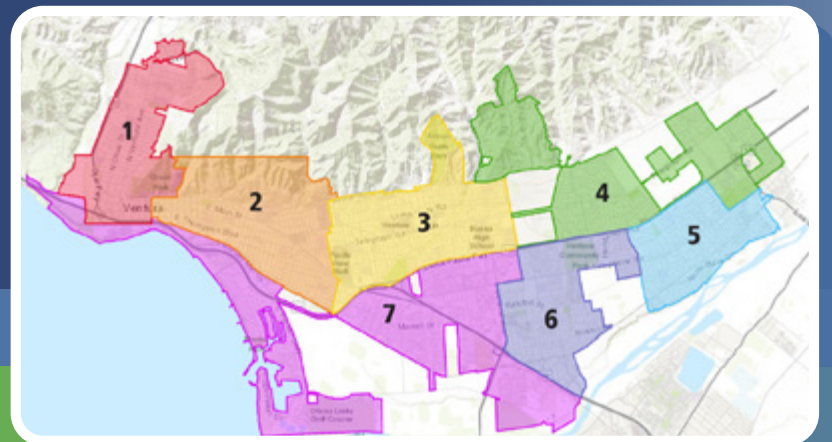
Oct. 23: The Kiwanis Club of Ventura Suburban is proud to announce a unique wine - tasting event on Saturday, at the Ventura Elks Club, 2126 Knoll Drive from 4:30 - 7:30 p.m. The event, called "Uncorked for Charity" features local home wine makers, a winemaking demonstration by Patrick Kelly, founder and owner of Cavaletti Vineyards, chances to win local and commercial wines, and a delicious spaghetti dinner. Tickets: \$35 a person. To purchase tickets or for more information go to www.uncorkedforcharity.com; email info@uncorkedforcharity.com; or call 608-338-8062. Proceeds will go to support Kiwanis Club of Ventura Suburban Youth and Community Projects and scholarships.

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News & Notes



County Supervisor Carmen Ramirez in CAPS Media studio

Recently CAPS Media produced a set of informative videos with Ventura County Supervisor Carmen Ramirez in the CAPS Media studio directed to renters throughout the county that have been impacted by COVID-19. Recorded in English and Spanish the informational videos provide renters facing eviction with clear direction on how to obtain assistance from the County and other resources. The videos and other information can be viewed at venturacountyrecovers.org

CAPS Media's local Radio station – KPPQ, 104.1FM is adding new programming every week. New episodes of In The Women's Room, Teen Centric and Ventura Vibe!, are being added to the scheduled. Plus new shows selected from outstanding programs throughout the country are added to the 24x7 mix on KPPQ.

The KPPQ team is also working Ventura's creative community to develop and distribute personalized podcasts on a variety of topics. Plus the continued expansion of KPPQ has fostered a search for a media intern to help with programming, social media and more. Anyone interested in working with the KPPQ crew should send a message to radio@capsmedia.org.

ECTV, the award-winning student internship collaboration between CAPS Media and El Camino High school is gearing up for the new school year. Mentored by CAPS Media staff and utilizing the resources at the CAPS Media Center, El Camino high school students write, produce, direct, host, and edit magazine-style video and podcast programs on topics of interest and concern to teenagers. Student topics range from drug abuse and discrimination to racial prejudice, the climate crisis and more in their self-titled ECTV series.

The innovative program teaches students how to use digital, computer-based tools and technology to create, develop and communicate their stories. The program includes hands-on training with HD video cameras, audio recording equipment, digital editing equipment and graphic software. In addition to developing hands-on media skills the students receive high school, college, and community service credits. This year the ECTV program expands into the KPPQ study for training in radio production and podcasting.

For more information on how to become a member/producer at CAPS Media and information on programming and more, go to capsmedia.org.

Due to the COVID-19 emergency the CAPS Media Center is closed to Members

and the public until further notice. CAPS Member/Producers can submit programming via the online portal at capsmedia.org for broadcast and streaming on CAPS public access television Channel 6 and on CAPS Radio KPPQ 104.1FM.

All of us at CAPS Media encourage everyone to get vaccinated. The sooner we are all vaccinated the sooner we can fully enjoy our beautiful community, and the sooner we can reopen the CAPS Media Center to our Members and the public. We hope you all Stay Safe and Stay Strong during these challenging times.



Betsy Chess presents captivating vignettes of her many relatives and their impact on Santa Paula.

October events are scheduled for Betsy Blanchard Chess and "Daughter of the Land."

Betsy Blanchard Chess will speak about the history of agriculture in Ventura County and her new book, "Daughter of the Land." Ms. Chess is fourth generation farming and ranching in the county. Her family started and still operates Limoneira, one of the leading distributors of lemons, avocados, and other produce throughout America and internationally. Ms. Chess is a longtime champion and friend of Ventura County agriculture.

The event will be at the Foster

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- 4) Purchase fresh food in the market with your market tokens.

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<p>MIDTOWN VENTURA WEDNESDAYS 9:00am-1:00pm PACIFIC VIEW MALL on Main Street</p>	<p>DOWNTOWN VENTURA SATURDAYS 8:30am – 12noon SANTA CLARA & PALM STREETS City Parking Lot</p>
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Library in on Sunday, October 24, and presented by the Friends of the Library. There will be a display of historical pictures and artifacts featured in the book. Ms. Chess begins speaking at 1:45 for twenty minutes, and then a Q&A will follow. Learn about the state of Foster Library during the Pandemic and how it continues to serve the community. This is a free event. Ms. Chess will have copies of the book for sale.

In "Daughter of the Land," Betsy Chess presents captivating vignettes of her many relatives and their impact on Santa Paula and the verdant Santa Clara Valley of Ventura County. She provides insight into marginalized communities that for 125 years have constituted the majority of the workforce for the citrus capital of the world. Daughter of the Land sweeps readers through almost 200 years of a family's history yet is grounded in hard work and delight of life on the ranch. It presents a unique view, in words and pictures, of a way of living that no longer exists.

For more information about the book, visit BetsyChess.com.

Workshops help students access funds for college

To help students overcome the challenge of paying for college, Moorpark College, Oxnard College, Ventura College and Ventura College East Campus are holding free Cash

4 College workshops. Workshops are scheduled for Oct. 9 and Oct. 23, and will be in-person or by Zoom, depending on the campus. Students can drop in anytime during the workshops and attend any campus workshop.

Bilingual financial aid staff will assist students in completing applications for the 2022-2023 school-year FAFSA (Free Application for Federal Student Aid) or the California Dream Act Application (CADAA). The workshops are free and open to the community; people may attend a workshop on either date and at any campus. Advance registration is preferred.

For more information, visit vcccd.edu/cash4college
 Ventura College Oct. 9 9 a.m. – noon
 In-person

Learning Resource Center
 4667 Telegraph Road, Ventura
 All attendees must wear a face mask and follow all COVID safety protocols.

For info: Ventura College and Ventura College East Campus Financial Aid Office
 Phone: (805) 289-6369
 Email: vccfinancialaid@vcccd.edu
 Ventura College East Campus Oct. 23 9 a.m. – noon
 In-person

Ventura College East Campus
 957 Faulkner Road, Unit 106, Santa Paula

All attendees must wear a face mask and follow all COVID safety protocols.

For info: Ventura College and Ventura College East Campus Financial Aid Office
 Phone: (805) 289-6369
 Email: vccfinancialaid@vcccd.edu



News & Notes



Trio tells stories through song and stomp, highlighting the musical traditions of American Folk Music.

Namba presents The Honey Whiskey Trio

"Prepare to be stunned by The Honey Whiskey Trio. They create moving vocal music but you will also see and hear elements of dance and theatre in their performance. They draw deeply from the well of American musical tradition. We are thrilled to have them as part of our series of Americana-themed shows this

Fall" said Namba Arts Musical Director Doc Ventura.

Courtney Gasque Politano, Ann Louise Jefferies Thaiss and Christina Wilson began singing together in each other's living rooms as an emotional and musical release. In 2013, after seeing the impact of their music on the contem-

porary A cappella community, these sisters in song solidified their style as American Folk and picked up instruments to further enhance their vocally driven sound.

Today their passion for music education, community outreach, and singing unapologetically continues to drive them. They create, arrange, and explore music from the front porches, music halls, and hymn books of early America, sharing it with students, adults, and life-long music lovers across the United States.

Tickets for this show are \$20 and may be purchased at the Namba Arts website <https://nambaarts.com>. Please note that proof of vaccination or Covid test must be presented to enter.

Other upcoming Americana music shows at Namba Arts this Fall are: The Carolyn Sills Combo Nov 13, The Healers ft. Henry Carjaval Nov 19, Phil Salazar and the Kinfolk Nov 20, Anna May December 4.

The Bookmark

About Libraries and Friends

by Jill Forman

Update from Dolly Knight, Ventura Senior City Librarian

As of the end of September, the majority of events are still virtual. Some are transitioning to outdoor venues at the libraries. The Foster Ukulele Jam is meeting out in front of the library, to the great joy of passers-by. Storytimes at Hill Road will be moving out to the patio.

Hill Road's book club will also meet on the patio.

Always, check with your branch as things change!

One County, One Book (from library press release)

The Ventura County Library is proud to announce its fourth annual One County, One Book community reading program in October. One County, One Book aims to unite the Ventura County community around a common narrative, spreading interest in and facilitating discussions about the selected book. This year's One County, One Book selection is *Your House Will Pay* by Steph Cha; per its official web site, the book is "A powerful and taut novel about racial tensions in L. A., following two families—one Korean-American, one African-American—grappling with the effects of a decades-old crime." It is also based on a real event.

I have read this book and found it mesmerizing.

Book Author talk and Q&A will take place virtually via Zoom at 2pm on October 30, 2021. A Faculty Panel Discussion presented by California Lutheran University, will be at 6pm on Wednesday, October 6, 2021. Be sure to register for these events (information below.)

To participate in One County, One Book, pick up a copy of *Your House Will Pay* from one of our 12 library branches or our Mobile Library. In addition to our regular holdings, beginning in September each library will have an Honor Book Shelf set up with additional copies. You can take one of these special copies to read and return it when you are done—or

Continued on page 12

You're a person first. A cancer patient second.

When dealing with a cancer diagnosis, we know how difficult it can be to coordinate the various aspects of your care. At Dignity Health – St. John's Regional Cancer Center, our accredited comprehensive cancer program features a full range of services—from treatment through supportive care and recovery—so you get the plan that best fits your needs.

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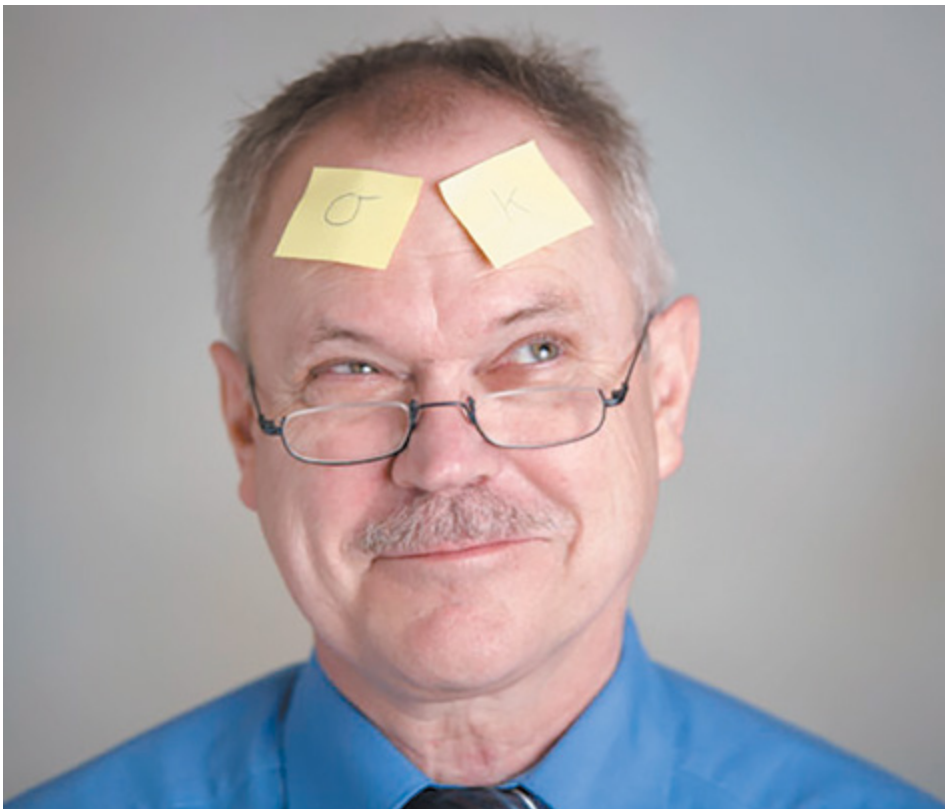


Dignity Health
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"I know I put a reminder note some where!"

What are the signs and symptoms of Alzheimer's?

Memory problems are often one of the first signs of Alzheimer's. Symptoms vary from person to person, and may include problems with:

Word-finding, or having more trouble coming up with words than other people the same age.

Vision and spatial issues, like awareness of the space around them.

Impaired reasoning or judgment, which can impact decisions.

Other symptoms may be changes in the person's behavior, including:

Taking longer to complete normal daily tasks.

Repeating questions.

Trouble handling money and paying bills.

Wandering and getting lost.

Losing things or misplacing them in odd places.

Mood and personality changes.

Increased anxiety and/or aggression.

How Is Alzheimer's Diagnosed and Treated?

Doctors may ask questions about health, conduct cognitive tests, and carry out standard medical tests to determine whether to diagnose a person with Alzheimer's disease. If a doctor thinks a person may have Alzheimer's, they may refer the person to a specialist, such as a neurologist, for further assessment. Specialists may conduct additional tests, such as brain scans or lab tests of spinal fluid, to help make a diagnosis. These tests measure signs of the disease, such as changes in brain size or levels of certain proteins.

There is currently no cure for Alzheimer's, though there are several medicines

approved by the U.S. Food and Drug Administration (FDA) that can help manage some symptoms of the disease along with coping strategies to manage behavioral symptoms. In 2021, FDA provided accelerated approval for a new medication, aducanumab, that targets the protein beta-amyloid, which accumulates abnormally in the brains of people with Alzheimer's. The new medication helps to reduce amyloid deposits, but has not yet been shown to affect clinical symptoms or outcomes, such as progression of cognitive decline or dementia.

Most medicines work best for people in the early or middle stages of Alzheimer's. Researchers are exploring other drug therapies and nondrug interventions to delay or prevent the disease as well as treat its symptoms.

What Are the Stages of Alzheimer's?

Alzheimer's disease slowly gets worse over time. People with this disease progress at different rates and in several stages. Symptoms may get worse and then improve, but until an effective treatment for the disease itself is found, the person's ability will continue to decline over the course of the disease.

Early-stage Alzheimer's is when a person begins to experience memory loss and other cognitive difficulties, though the symptoms appear gradual to the person and their family. Alzheimer's disease is often diagnosed at this stage.

During middle-stage Alzheimer's, damage occurs in areas of the brain that control language, reasoning, sensory processing, and conscious thought. People at this stage may have more confusion and trouble recognizing family and friends.

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In late-stage Alzheimer's, a person cannot communicate, is completely dependent on others for care, and may be in bed most or all the time as the body shuts down.

How long a person can live with Alzheimer's disease varies. A person may live as few as three or four years if he or she is older than 80 when diagnosed, to as long as 10 or more years if the person is younger. Older adults with Alzheimer's disease need to know their end-of-life care options and express their wishes to caregivers as early as possible after a diagnosis, before their thinking and speaking abilities fail.

The truth about aging and dementia

As we age, our brains change, but Alzheimer's disease and related dementias are not an inevitable part of aging. In fact, up to 40% of dementia cases may be prevented or delayed. It helps to understand what's normal and what's not when it comes to brain health.

Normal brain aging may mean slower processing speeds and more trouble multitasking, but routine memory, skills, and knowledge are stable and may even improve with age. It's normal to occasionally forget recent events such as where you put your keys or the name of the person you just met.

People with dementia have symptoms of cognitive decline that interfere with daily life—including disruptions in language, memory, attention, recognition, problem solving, and decision-making.

Studies show that healthy behaviors, which can prevent some kinds of cancer, type 2 diabetes, and heart disease may also reduce your risk for cognitive decline. Although age, genetics, and family history can't be changed, the Lancet Commission on dementia prevention, intervention, and care suggests that addressing risk factors may prevent or delay up to 40% of dementia cases.

Here's what you can do:

Quit smoking. Quitting smoking now may help maintain brain health and can reduce your risk of heart disease, cancer, lung disease, and other smoking-related illnesses. Free quitline: 1-800-QUIT-NOW (1-800-784-8669)

Maintain a healthy blood pressure level. Tens of millions of American adults have high blood pressure, and many do not have it under control. Learn the facts.

Be physically active.

Maintain a healthy weight. Healthy weight isn't about short-term dietary changes. Instead, it's about a lifestyle that includes healthy eating and regular physical activity.

Get enough sleep. A third of American adults report that they usually get less sleep than the recommended amount. How much sleep do you need? It depends on your age.

Stay engaged. There are many ways for older adults to get involved in their community.

Manage blood sugar. Learn how to manage your blood sugar especially if you have diabetes.

Some prescription and over-the-counter medicines can cause dementia-like symptoms. If you have these symptoms, it is important to talk to your health care provider to find out if there are any underlying causes for these

Continued on page 11





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Bennett's journey has not been an easy one.

Local veteran given experimental drug

by Sheli Ellsworth

In 1943, nine-year-old Maureen Bennett came down with meningitis—an inflammation of the fluid and membranes surrounding the brain and spinal cord. “They’d done lumbar punctures to diagnose, and I had terrible nosebleeds. Some people told us to use brown paper or a clean dime

under my upper lip to stop the bleeding—it rarely helped. I was miserable. I remember being in bed and seeing company walking outside past my bedroom window towards our front door. That was the last thing I can recall before going unconscious,” says Bennett. “I was told that I began convulsing and my parents, aunt and uncle put me in the car and raced to the hospital.” Bennett’s father tore up the road between the towns of Coleman and Saginaw, Michigan while her uncle prayed. “Dumb luck got us to the right hospital. Our family doctor had called ahead, but my dad just followed the signs that said ‘hospital’ and it turned out to be the right one.” Bennett’s temperature was 106° F.

Doctors at the Saginaw hospital told her parents that they had a new experimental medication that might save their daughter’s life. “They said, ‘We have this drug but it could leave her a vegetable; it could kill her, but it might let her live.’ My parents had no choice.” The doctors experimented with the dosage because not enough was known about the drug.

One afternoon, six weeks later, Bennett woke up from her coma. “My mom screamed and nurses came running. I couldn’t get out of the hospital fast enough. I soon went home, but I couldn’t walk. I scooted a chair around like a walker and I leaned on its back.” Maureen recovered and became her

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mother’s helper, caring for her five younger siblings.

The drug Bennett had been given was penicillin.

Two years later in 1945, Scottish scientist-physician Alexander Fleming, Australian pharmacologist-pathologist Howard Florey and German-British biochemist Ernst Chain shared the Nobel Prize in Physiology or Medicine for the discovery and development of penicillin. It is estimated that 80-200 million human lives have been saved by penicillin. Originally derived from the *Penicillium* mold on melons, the name penicillin was chosen “to avoid the repetition of the rather cumbersome phrase: mould broth filtrate,” according to Fleming.

Bennett’s journey has not been an easy one. She served in the U.S. Navy as a teletype operator for four years and was in the Army reserve for sixteen. Eventually, she married and had four boys. “Then my husband abandoned us and we lived in my Falcon car for a while. I eventually went to nursing school and worked as an LVN for ten years.” She also worked as a mail carrier. Bennett, who now goes by the last name Finlay, is unable to tolerate most medications which is a problem for someone her age. “The doctors think I can’t take medications because of the penicillin. I’m in pain most days, but I can’t take pain pills. They just put me out.” A resident at the Veterans Home-Ventura for the last seven years, she is now dependent on a mobility device at the assisted living facility. “But, I’m fortunate that I had someplace to go. Many are not so lucky.”

Note: Do you know (or are) a senior with an interesting story to tell let us know at editor@venturabreeze.com.



Uneven stairs can result in dangerous falls.

Learn how to reduce risk for falls

by Dr. Daman Jamarai

Chief Medical Officer,
UnitedHealthcare, Southern California

As we age, we begin to learn – sometimes firsthand – how devastating a fall can be. It isn’t quite as easy as it once was to hop back up and continue on our way.

Each year millions of older adults experience falls and fall-related injuries. California ranked 20th in a state-to-state comparison with 25.4 percent of adults age 65+ reporting a fall in the past 12 months, according to new local data from the 2021 America’s Health Rankings Senior Report.

About one in four people in the United States over age 65 reports falling each year. Among older adults, 1 out of 5 falls causes a serious injury, including 90% of hip fractures and 51% of traumatic brain injuries.

Contributing factors for falls include

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poor balance, poor vision, certain medications, alcohol consumption, physical inactivity, osteoporosis, physical disabilities and general frailty.

Being aware of the risk factors and following these tips can reduce your chances of serious injury, and help you maintain and improve the quality of your health and remain independent.

Medications: Any time you get a new prescription, ask your pharmacist or doctor about side effects like dizziness or drowsiness that can affect balance.

Review Your Health Benefits: As we approach the Medicare annual enrollment period in October, older adults should consider whether their current plan includes programs that can help reduce the chances of a fall. Many Medicare Advantage plans, for example, include benefits that Original Medicare does not cover that can help reduce the risk of falls like vision and hearing benefits; gym memberships; and disease management programs.

Stay Active – Do exercises that can strengthen your legs and improve balance. Many Medicare plans offers benefits to help seniors stay active like UnitedHealthcare’s fitness program RenewActive®, which includes access to balance classes.

Talk to Your Provider: A health care provider can help assess and reduce your fall risk. Medicare-eligible individuals can access care through an Annual Wellness Visit, which is free to anyone on Medicare. UnitedHealthcare Medicare Advantage members can take advantage of the HouseCalls program, which brings an annual health assessment to the convenience and privacy of home, at no additional cost.

Footwear – Make sure your shoes fit, have good traction, and are comfortable. See

a doctor if you are experiencing foot pain.

Check Your Home – Most falls happen at home. Remove clutter, fix steps that are uneven and make sure there is adequate lighting. Install grab bars and handrails in the bathroom and on stairways. Use a cane, walker, crutches or other support if needed.

Falls can present a more significant health threat than many may realize, but by understanding risk factors and how to reduce them, older adults can empower themselves to live healthier lives.

The truth about aging and dementia

Continued from page 9
symptoms.

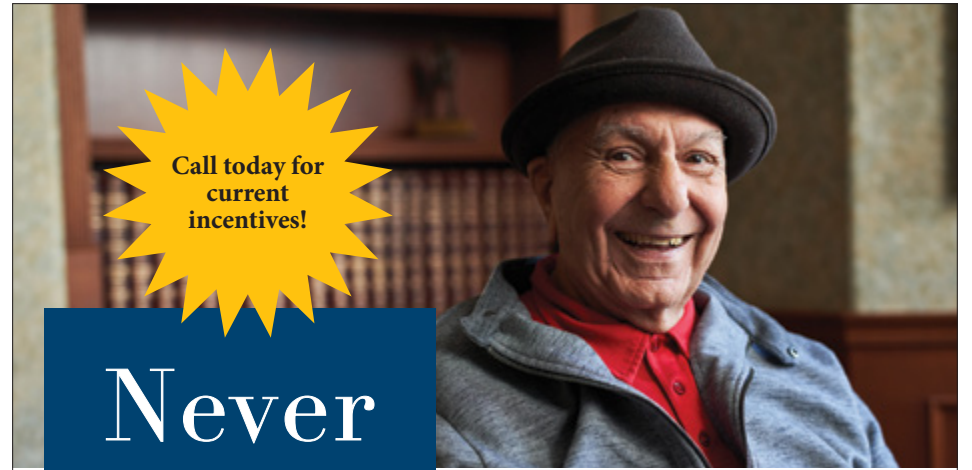
What To Do if a Loved One is Showing Symptoms

Talk with your loved one about seeing a health care provider if they are experiencing symptoms of Alzheimer’s dementia to get a brain health check up.

When the timing is right, talk about issues related to safety including driving and carrying identification. Symptoms of dementia include getting lost in familiar places, difficulty judging distance, determining color or contrast, and reading which can make driving especially difficult.

Help your loved one start gathering important documents such as their advanced health care directive or living will, durable power of attorney for health care, and financial or estate planning documents.

Schedule a family meeting. When caring for someone with Alzheimer’s disease or a related illness, family meetings are important to ensure information is shared, to put care plans in place, and to help divide tasks among family members.



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This 'n' That



Whale seen from Island Packers whale cruise. Photo by David Beeninga.

Shipping companies receive awards for slowing to protect blue whales

The Protecting Blue Whales and Blue Skies program recognized 16 global shipping companies for reducing speeds to 10 knots or less in the San Francisco Bay Area and the Southern California Region in 2020.

The voluntary program is an initiative to cut air pollution, protect endangered whales, and reduce underwater noise. The 2020 program ran from May 15, 2020 through November 15, 2020.

Three award tiers and financial incentives recognize participating companies, based on the percent of distance their fleet traveled through the Vessel Speed Reduction (VSR) zones at speeds of 10 knots or less. Credit was only given if the average speed of a transit through an entire VSR Zone did not exceed 12 knots.

"We are delighted to be able to set an industry example by voluntarily reducing vessel speeds in areas where endangered whale species regularly feed, helping us improve the way we do business, while continuing to deeply care for our environment," said Stanley Kwiaton, MSC General Manager of Port Operations - West Coast.

MSC, Hapag-Lloyd, Yang Ming, and MOL ACE notably achieved the Sapphire tier in the large company category (greater than 30 transits) by slowing down more than 800 transits, combined. Swire Shipping achieved the Sapphire tier in the small company category (less than 30

transits). For their outstanding commitment, all five of these companies earned the Protecting Blue Whales and Blue Skies Whale Tail award.

"Biodiversity is an integral part of our sustainability strategy," said Wolfram Guntermann, Director Regulatory Affairs & Sustainability at Hapag-Lloyd, calling the program a "remarkable initiative."

Seven companies - COSCO Shipping Lines, Evergreen, GALI, "K" Line, Maersk, Wallenius Wilhelmsen, and Swire Shipping - generously declined their financial incentive payment. Those funds will be reinvested in the 2021 program.

The 10-knot target follows the National Oceanic and Atmospheric Administration's (NOAA) and the United States Coast Guard's request for all vessels (300 gross tons or larger) to slow down during the months of peak blue, humpback, and fin whale abundance to protect these endangered whales from deadly ship strikes.

Ship strikes continue to be a global threat to all large whale populations. Reducing fatal ship strikes is a major priority of NOAA's, especially in NOAA's West Coast national marine sanctuaries.

"One of Yang Ming's priorities has been promoting the sustainability of the ocean and coastal environments," said Leo Chiang, Vice President of Marine Operations. "That is why we take immense pride

in being a volunteer in the Blue Whales and Blue Skies Program."

Ocean-going vessels transiting the California coast generate nitrogen oxides (NOx, a precursor to smog), sulfur oxides (SOx), particle pollution, and greenhouse gases. These vessels account for more than 200 tons of NOx per day emitted off the coast of California, which affects ozone levels onshore in many regions of the state.

The VSR incentive program has expanded in scope and environmental benefits each year, including 2020, which marked the sixth year. The 2021 program began on May 15, 2021, and runs through November 15, 2021. Eighteen companies are currently enrolled in the 2021 program.

The Protecting Blue Whales and Blue Skies program is a collaborative effort by Santa Barbara County Air Pollution Control District; Ventura County Air Pollution Control District; Bay Area Air Quality Management District; Channel Islands, Greater Farallones, and Cordell Bank national marine sanctuaries; The Volgenau Foundation; California Marine Sanctuary Foundation; Greater Farallones Association; National Marine Sanctuary Foundation; and Environmental Defense Center.

For more information about the program, visit www.bluewhales-blueskies.org or www.ourair.org/air-pollution-marine-shipping.

Note: To get a close up view of the local whales (and dolphins) check out the Island Packers Cruises at islandpackers.com

Ventura has had some strange holidays over the years

by Richard Senate

HUTASH. Perhaps the first holiday was celebrated by the Chumash people, perhaps well over a thousand years ago. The Chumash had a very accurate calendar, and this harvest festival was celebrated on the 29th of September. It was the most important holiday of the Native Chumash people. It was a time of feasting and special dances with each of the brotherhood performing important religious dances. They would decorate and set up special feather poles, decorated with multicolored birds' feathers. Between the two a line flew elaborate feather banger flow to the music and chanting. It was a time of games and song. The Spanish who came saw all of the Natives celebrating and, looking at their calendar's and they saw that September 29th happens to fall on San Miguel Day, September 29th. So, the Spanish held their own events on that day too.

SAN MIGUEL DAY, Celebrates St. Michael the archangel who defeated Satan. This holiday had processions that went from the old Mission church to the chapel of San Miguel that once stood on the corner of Palm and Thompson streets, in Ventura. It started with a high Mass and went into that sport beloved by European and

Chumash alike—horse racing (Many of the best jockeys were Chumash). They would line up along what is today Thompson and race in a straight away race. The betting was fast and furious and legends say whole ranchos could change ownership on the outcome of one race. It was also a time of feasting and, after sundown, large fandango was held. Later they added bullfighting to the day's afternoon activities. They would fence off Main Street and the matadors would face the bull as locals watched. These were not true bullfights for, because bulls were expensive, they were never killed. The Yankees came and saw all the Latino people having fun and they set the start of the County Fair at September 29—that was done was for many years.

JUDAS DAY Good Friday, evening. This is perhaps the strangest holiday celebrated at the old Missions. On Holy Week, a wicker statue of Judas Iscariot was hung on a gibbet in front of the church and members of the congregation were encouraged to beat the image with a stick. The statue was stuffed full of fireworks. That night it would be set on fire and when the flames hit the fireworks it would go out in an explosion of rockets and bombs. This started Judas night when the spirit of Judas was released from Hell to walk the land and cause people to do sinful things like drink, party, and have a good time. It was not your fault—Judas made me do it. People played tricks and did pranks, a bit like our April Fools Day. One of the things people did was steal things—embarrassing things like underwear and such. When morning came Judas was returned to the underworld. The revelers, now sober, would place all the items they took on the steps of the Old Mission where a crowd gathered to watch people collect their things to many rude comments and laughter. It was a bit of fun in the middle of Holy Week.

Maybe one of these holidays should be brought back and enjoyed today, well, maybe not Judas Day.

The Bookmark

Continued from page 8

pass it on to a friend. You can even donate a new copy for others!

Once you have read the book you will be ready for our October events. Visit our website at www.vencolibrary.org/library-events for more information as programs are scheduled.

All events associated with One County, One Book are free and open to the public.

Note from Online Bookstore Manager Leslie Bellmore

If you can't find what you are looking for at Ventura Friends of the Library's Foster Bookstore, try our Online Bookstore at venturafriendsofthelibrary.org! The Online Bookstore began during the closures as a way to get good books out to those of you who needed them, but now that things are open again volunteers are finding it is a great way to offer materials that don't fit at Foster Bookstore. You will now find Graphic Novels, Comic Books, and Vintage book selections online! Of course, you will still also find great quality reading selections in both fiction and non-fiction for youth and adults, puzzles and audiobooks as well. Just order and pick up at Foster in as little as two days.



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Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Terrorist Threats - Update with Arrest

On September 15, at 8:00 am, Ventura Police Officers responded to a report of a female suspect following and threatening a juvenile who was walking to school.

Patrol officers responded and contacted the victim. Their investigation revealed that the victim was walking to school when an unknown woman approached her from behind. As the victim continued to walk away, the woman started yelling threats at her. In fear for her life, the student ran from the suspect.

Patrol and School Resource Officers searched the area and were unable to locate the suspect. The victim, who was not injured, left with her parents.

The suspect is a white female with dark hair and dark clothing. She was last seen in the area of Thompson Blvd. and San Jon Rd. At the time of this press release, the suspect has not been identified.

The Ventura Police Department and the Ventura Unified School District continually work together to ensure our student's safety. This incident remains under investigation. Anyone with more information about this incident or any similar crimes in the area is asked to call the Ventura Police Department at 805-650-8010.

Update:

During this investigation, the suspect was identified as 63 year old Leticia Rojas. On September 29, at approximately 1:15 pm, an officer involved in the investigation located Rojas as she drove in the area of Main St. and Cabrillo Dr. The officer conducted a traffic stop on Rojas.

As a result of the investigation, Rojas was arrested and booked into Ventura County Jail for felony Criminal Threats and Felony Child Abuse.

Anyone looking for more information about safety resources for students can find various safety tips and videos on the Ventura Police Department website at www.cityofventura.ca.gov/SchoolResourceOfficers.

Stabbing

On October 3, at 3:45am, the Ventura Police Department Command Center received a call regarding a stabbing in the 6300 Block of Bristol Road. Ventura Police Patrol Officers responded and located the victim with stab wounds to the chest and arm.

Investigating officers learned that the victim, a 33-year-old male, and the suspect got into an altercation that resulted in the suspect stabbing the victim. After stabbing the victim, the suspect fled on foot eastbound on Bristol Road. Officers searched the area, but he was not located. The suspect was described as a Hispanic male, 20-30, 5-04/150, and wearing a gray tank top and blue jeans.

The victim was transported to a local hospital. His condition is unknown at this time.

Anyone with information about the incident is asked to call Ventura Police Major Crimes Detectives, (805) 339-4444.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

9/14 9:55pm, contacted by individuals who lost an iPhone on the beach near Surfers Knoll. Officers assisted with the search and were able to locate the lost phone.

9/15 11:00am, officers giving a tour of harbor and memorial to the family and grandchildren of Harbor Patrol Officer Paul Korber who died in the line of duty during a water rescue of a family in the South Jetty rip current in 1998.

9/16 10:56am, dispatched to a sick person at Le Petit Café in Harbor Village. Officers responded in Harb 1 with AMR/VFD to assist in treatment of the patient.

9/17 7:02am, dispatched to a fall victim in the Ventura Marina Community. Officers responded with VFD/AMR to treat an older male with a laceration to forehead and lip. First aid was rendered to the wounds and patient transported to hospital.

8:29am, received report of a hazardous condition in the Ventura Keys. Officers responded and found workers demolishing a cement dock and throwing the debris into the harbor. Officers halted the work, contacted Ventura code compliance to enforce pollution violation. Keys are the jurisdiction of Ventura.

9:50pm, dispatched to traumatic injury on a boat heading back to Harbor, District Longdock. Officers responded with AMR/VFD to extricate/treat a patient with broken leg/laceration from collision. The patient was transported.

9/19 12:05pm, received a request for assistance to capture an injured pelican at the S/C Rivermouth. Responded, captured bird and transported volunteer to vehicle.

9/20 9:47am, dispatched to a fall victim at Ventura Marina Community. Officers responded and lifted the patient, no medical occurred during the fall.

10:49am, observed a thick heavy fog bank rolling in, visibility less than 1/8 mile

9/23 6:23pm, received a request for impounded property, an electric bike from several months ago. Officers confirmed the property was still at the District. The individual recovered from a major medical, he will pick the bike up soon

9/25 6:00am, observed: National Scholastic Surfing Association putting on Southwest Open season surfing contest at South Beach near the Surfers Knoll Jetty. Hundreds of competitors competing from Mini Groms to Open Mens, boys and girls from all over the State of California. The contest continues tomorrow.

9:27pm, received request from a 70ft sailboat looking for accommodations. Officers were able to find a slip in Ventura Harbor Village for the vessel.

9/26 10:45am, received a report of nuisance sea lions on most of the demolished Ventura Isle Marina F-docks. Officers responded but were unable to mitigate the issue, just too many mammals. NOAA has a list online of reasonable methods for property and boat owners to remove sealions from their property.

9/27 7:50am, received a report of a suspicious vessel, possibly a panga near Little Rincon. Officers responded in Fireboat to investigate the report. When

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officers arrived on scene, they found a local commercial fishing vessel retrieving traps.

4:45pm, received 911 relay report from CHP of a large sailboat adrift in the

sand trap, in danger of colliding with the North jetty and Breakwall. Officers investigated and found the owner was moving from outside to inside breakwall.



On Saturday, October 2, the Lenny and Susan LaCroix Trio entertained visitors to the Ventura Harbor playing by the carousel building. Susan is the President of the Channel Cities Jazz Club that presents monthly concerts at The House of Dance, 3007 Bunsen Ave.

The next concert will be on Sunday, October 17th, from 1-4 pm, featuring The Barrelhouse Wailers.

Weekly SUDOKU

Answer

9	8	5	3	2	6	4	7	1
3	4	7	1	9	8	2	6	5
1	6	2	7	4	5	9	3	8
7	3	9	8	6	2	1	5	4
2	5	6	4	1	9	7	8	3
4	1	8	5	7	3	6	9	2
6	9	3	2	8	4	5	1	7
5	2	1	9	3	7	8	4	6
8	7	4	6	5	1	3	2	9

King Crossword

Answers

Solution time: 25 mins.

R	O	M	A	B	O	P	S	T	A	B
S	L	I	M	A	W	L	P	U	C	E
V	I	N	O	C	F	O	A	R	I	D
P	O	D	U	N	K	P	A	R	A	D
	N	O	R	S	S	N				
H	A	P	I	O	N	I	H	E	D	O
I	D	O	A	C	E	O	R	O		
G	A	L	G	A	D	O	T	S	T	A
	K	L	G	H	O	I				
C	H	A	L	E	T	E	X	I	L	E
A	I	D	A	H	A	R	F	F	T	F
S	P	O	I	R	Y	I	I	A	I	I
A	S	T	I	U	N	D	S	H	E	D



The Pet Page



Dedicated to Scamp

Since 1992, the Spay and Neuter Animal Network, otherwise known as SPAN, has made it their mission to reduce dog and cat overpopulation throughout Ventura County by raising public awareness about the direct consequence of irresponsible breeding.

Today more than ever, responsible dog and cat owners like you play the most significant role in the solution to overpopulation by spaying and neutering your pets. SPAN shares in that responsibility by providing financial assistance to pet owners who would otherwise be unable to pay for this procedure.

SPAN is a highly regarded nonprofit and recognized for commitment to their mission and overall success. Over the last 30 years, SPAN has provided financial assistance for the spay and neuter of over 35,000 thousand dogs and cats.

“SPAN receives hundreds of requests for financial assistance every year. Our ability to help pet owners is directly related to our Thrift Store sales, Legacy gifts, and unrestricted cash donations. Thanks to our all-volunteer staff at SPAN, we are proud to say that 100% of our income is used towards spay and neuter procedures.” -- SPAN Board of Directors

For more about SPAN, their mission, and opportunities to assist, please visit at www.spanonline.org.

Shop the SPAN Thrift Store, located at 110 N. Olive St. Suite A Ventura (Please visit website for store hours). SPAN Thrift Store Phone: 805-641-1170

Veterinary Viewpoint: Raising healthy puppies by Dr. Joanna Bronson

Lack of sleep is normal for new puppy owners. Puppies play hard, eat, and sleep. Potty training should rotate around any change in activity. Puppies will have to relieve themselves after playing, eating, and sleeping, and any other form of excitement, usually every hour for puppies a month old or younger.

Thankfully, the potty-training process usually goes smoothly when consistency is followed. There may still be occasional accidents, and during inclement weather, an indoor potty-training pad may come in handy. The important thing is not to punish the pup when an accident happens. He's doing what nature tells him to do. Praising him when he does go outside is a good thing.

If an accident is discovered, and he is close by, pick him up, take him outside and walk a bit. Do not rub his nose in it his accident.

Any new puppy should be closely chaperoned inside and outside. New puppies want to chew anything in sight. Rocks, twigs, leaves, etc., all taste and crunch satisfactorily. Watch and remove any objects before they get lodged or swallowed.

Until your puppy is fully vaccinated, it's best to avoid dog parks and contact with other dogs. If your puppy is small enough to carry, you may expose him to watching other animals, while keeping him safe from touch.

Puppies like to bite, you and everything in sight. Their teeth are horribly

sharp. Exchange your flesh for a toy and trying to keep him occupied with appropriate chew toys, but make sure that toys cannot be easily dismantled and parts swallowed or get stuck in his mouth.

Also, be aware of poisonous substances and plants. Keep the garbage and all human food out of reach. Medications should always be kept out-of-sight. Electrical cords are very tempting to chewers and can be deadly through electrocution.

Dr. Joanna Bronson of Bronson Veterinary Services

Whether you're a new dog owner or a seasoned pup parent, there's always something new to learn about taking care of your pet.

Keep your dog on heartworm medication

Add extra water bowls around the house to prevent dehydration in older dogs

It's best to make your older dog's trip to the water bowl as short and easy as possible.

Making sure your older dog has constant access to water can help prevent dangerous dehydration.

If your dog has difficulty climbing stairs, it's a good idea to keep their food and water bowls on the ground floor of the house.

Give your dog personal space if they need it. All dogs are different – some pets love to snuggle up, but others don't like to be closely cuddled or held.

Long play sessions, active games, praise, and treats are all ways to show your dog that you love them without invading their personal space.

If you're struggling to train your dog, miscommunication may be the problem.

Giving dogs inconsistent verbal cues can be confusing for them. For example, telling your dog to “go potty” one day and “go pee” the next can be confusing.

Instead, train your dog using the exact same word or phrase every time and try to keep those cues short, like saying “down” rather than “go lay down.”

Try to keep your dog's diet consistent

Suddenly changing your dog's food could upset their stomach or give them diarrhea.

Brush your dog's teeth every day

Just like those of humans, dog's teeth should be regularly brushed to avoid cavities and bad breath.

If you aren't able to brush your dog's teeth, talk to your vet about products that your dog can chew on to control tartar buildup.

Make and keep regular vet visits

Dogs can sometimes develop health problems that aren't obvious to the untrained eye, so it's important to schedule routine visits to the vet.

Regular checkups are also opportunities to monitor your dog's dental health and keep them up-to-date on vaccinations, which can help you avoid costly interventions in the future.

Resist the urge to bend the rules, even on special occasions. For example, allowing your dog on the furniture as a treat but then scolding them for jumping on the sofa the next day can be very confusing, so try to establish clear house rules and stick to them.

Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Apollo, a five-year-old a mixed bred... a little Australian Shepard, mostly a little border collie. I love squirrels, lizards and rabbits and a head, ear and butt scratch as long as you do it all day long. And car rides too, and I bark for joy every chance I get if I know am going to go somewhere.



Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

Praise your dog for good behavior instead of scolding them when they're naughty

Instead of scolding your dog for being afraid or nervous, try showering them with praise when they calm down or giving them a treat when they appropriately react to a stressful situation.

Just as humans may develop neurodegenerative conditions such as Alzheimer's disease as they grow older, our aging canine friends also can develop dementia, also referred to as canine cognitive dysfunction syndrome (CCDS), a complex of behavioral and neurological symptoms the prevalence of which increases with age.



“Hurry up I need to go!” – Savana



The Pet Page

Forever homes wanted

Hi, I'm Jezebel, a sweet Shih Tzu X in need of a new home as my owner can no longer care for me. I love attention and getting puppy massages. Although I'm supposedly 16 years old, everyone who meets me doesn't see it. I walk well and enjoy going for my strolls. The only health related issue is dry eye, but it's nothing some drops can't fix. I would do best in an adult only home. It's unknown how I would do with other animals, but I have not shown any dog aggression while with C.A.R.L. If you're looking to add a golden gal to your home, give me a chance. Canine Adoption and Rescue League C.A.R.L.



My name is Zorro, I was found running the streets. I am a 12-year-old Pit Bull Terrier Mix male. I lived for a while with someone who found me, and although I wasn't a fan of their cat, I did get along with their little pug! So, I may be happy living with a family who has dog! I love playing with stuffed toys, giving kisses, and getting petted by my favorite volunteers. Because I'm just a good

boy!! Please visit me and help me make my great escape into a forever home. Kennel: 050 Shelter: Camarillo Animal Shelter 600 Aviation Drive, Camarillo Animal ID: A774467

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This 'n' That



We asked City Council Member Jim Friedman (District 5) to comment on the proposed opening of the area behind the Ventura Auto Center:

After years of discussion, planning and deliberation going back to 2004, the Ventura City Council unanimously approved terms for a development agreement that would open up the area behind the Ventura Auto Center for future commercial development. This area, known as Focus Area One, has been confirmed and reconfirmed as an economic development priority by the city councils since 2005.

Slated for big-box retail and other compatible uses, Focus Area One is seen as an area for increased sales and property tax revenues. As city expenses increase, finding additional sources of revenue is critical if the city is to continue to provide the level of services that resident have come to expect.

The challenge with Focus Area One is that it is in a flood plain and in order to develop it, a levee along the Santa Clara River between Ventura and Oxnard must be built. Additionally, the long planned

for extension of Olivas Park Drive needs to be constructed. On the city's traffic circulation since the late '70s, the extension of Olivas Park Drive would improve traffic flow in the area and make retail investment in the area more attractive for retail developers.

This development agreement is a great example of a public private partnership. Essentially, the city will be responsible for the road construction and the land owners will be responsible for the construction of the levee. The estimated cost of the project is approximately \$35 million dollars with the city being responsible for approximately two-thirds of the cost. City traffic mitigation fees which have been collected on development projects since the 1980's will be used to fund the construction of the road extension. The landowners are dedicating land for the road extension at no cost to the city.

This agreement couldn't have come at a better time as the city continues to be challenged with rising costs and employee retention. The city currently has 81 vacancies which makes providing services difficult at times. The city of Ventura competes with other cities for employees, so when revenues are insufficient to provide competitive salaries and benefits, service levels decline and residents are negatively affected.

This project can be a huge shot in the arm for city revenues, but it is clearly not enough. I believe city leaders must work to make doing business with the city of Ventura easier, not harder as some prior councils have done. The city of Ventura is fast becoming a retirement community

TREE TOWN



Celebrate "Oaktober"!

On October 28, ten new oak trees will be planted along the bike path at the Ventura Community Park to shade five benches. This is the beginning of a project to add an oak grove of 50 trees to the west side of the park. There will be a fun volunteer opportunity to come help with planting and mulching, after the city crew digs the holes and places the trees.

Our fundraising goal is \$10,000 to purchase the trees and have them delivered to the park. We would appreciate the community's support to help beautify the park, and provide much-needed shade to this area.

We have other good news! The Ventura Tree Alliance has provided information and training to individuals who are interested in Ventura Water's recycled water program, so they can help water the city's drought-challenged young trees.

Please celebrate "Oaktober" with us by donating or volunteering, as we add to Ventura's tree canopy!

Please visit www.venturatreealliance.com to volunteer or donate!

that will ultimately not be able to provide adequate services to its residents.

The city must be more progressive when it comes to economic development. Short of raising taxes and fees, economic development is essential to helping the city deal with the challenges of losing its competitive edge with other cities

and providing essential city services. Providing strong public safety services, smooth streets and sidewalks, parks and recreational amenities all cost money. Failure to step up economic development efforts will surely have a negative effect on the quality of life in Ventura. Jim Friedman



by Pam Baumgardner
VenturaRocks.com

Randy Parsons has left the building? Randy packed up the prime space he had occupied upstairs since 2014 overlooking Main and Chestnut for Parsons Guitars (past clients include Jimmy Page, Jack White, Sammy Hagar and others), it was where he created state-of-the-art, one-of-a-kind guitars, and where he provided luthier workshops for those who wanted to learn how to build their own guitar which included students such as Ventura's own Gary Best.

I asked Randy for any final words and he told me, "I really loved Ventura, it's a special place, the people are all pretty damn cool, although I'm still convinced the whole city is some type of witness protection program."

I thought about it, and I can't disagree. Though totally talented and incredibly nice, I always admired his love for cats; there's just something about a man who adores the feline species. Randy and wife have landed in Kansas where they bought a castle looking church moving on to their next adventure.

And speaking of next adventures, Colin Bailey has also left the building, he passed away peacefully at his home in Port Hueneme at age 87. I met Colin when I saw him first perform at Squashed Grapes in 2015 with the Frank Potenza Trio. Adam and Josh from the Grape told me to look up Colin's background which I did and I was just floored. This man had not only worked with Frank Sinatra, Benny Goodman, Joe Pass and dozens more, he not only recorded on more than 100 jazz albums, he not only continued to give drum workshops including those at Pulse Drumming here in Ventura, but he was the drummer on the Charlie Brown Christmas special, a cartoon special that will always take me back to my childhood!

For some reason, there are so many special events falling on the same day, Saturday, October 9; I've listed them here along with websites to find out more:

Topa Mountain Music 2021 Benefit Concert headlining is The White Buffalo with sets from Lee Koch Band, Bryan Titus Trio, Will Breman Band and more at the Libbey Bowl. Go to TopaMountainMusic.org for more information and tickets.

Surf 'n' Suds at San Buenaventura State Beach, where it's more about the beer than music, but it's always a good time. Performing will be Jacob Marquez and the Good Vibes, Mestizo and DJ Hecktik. For tickets go to SurfBeerFest.com.

SteckleStock 2021 at Steckle Park in Santa Paula features a full day of live music from Premonition, Sisterook, Charles Law Band, No Biggie, Tommy Foytek Band and Whiskey Business. You can find more on this via Facebook on Premonition's page.

Surfers Point Live has a full day of Reggae, 2 - 10 pm at the Ventura Fairgrounds featuring Sublime with Rome, the Dirty Heads, Rey Fresco, Local Love Project and Hirie. Find out more at SurfersPointLive.com.

Quick Notes: Congratulations to

Suzanne & Ian McFayden (50 Sticks of Dynamite, Duncan and the Dragonslayers) for tying the knot; tickets are on sale for the Ventura Winter Wine Walk for December 11 sometimes called the event of the season if not the year for downtown Ventura (CB-FProductions.com); Cadillac Zack presents the Delgado Brothers at Cantara Cellars on Friday, October 8 and the legendary band Canned Heat plays Thursday, October 14 (call Zack at 323-377-5291 for tickets); Ojai Pops Orchestra has a free show at the Libbey Bowl on Sunday, October 10; Ventura Theater shows include Social Distortion October 6, Pennywise with Dead Kennedys on October 7, Pennywise with Strung Out on October 8, and Elefante, Inspector on October 15; Queen Nation plays a free show at the Collection at Riverpark in Oxnard on Wednesday, October 13 at 6:30 pm; and Phil Salazar & the Kin Folk play the Ojai Underground Exchange on Friday, October 15.

VenturaRocks.com is undergoing changes. I've invested in a new calendar app which doesn't seem to be saving me much time, but I can load items way in advance which should help in the long run. The look and feel is evolving and for the time being, I'm covering all of Ventura County.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more up-to-the-date listings go to VenturaRocks.com

Azars

2215 Michael Dr., Newbury Park

Tuesdays: Rockstar Karaoke

Sat 10/9: Mini Driver Band

Sat 10/16: The Replay

Boatyard Pub

Ventura Harbor

Thursdays: Jim Friery; then Bluegrass Jam

Sat 10/16: Teresa Russell & Stephen Geyer

Bombay Bar & Grill

143 S. California St., Ventura

DJs Friday - Sunday

Café Fiore

66 S. California St., Ventura

Wed 10/6: Bryan McCann

Fri 10/8: Self Righteous Brothers

Sun 10/10: Free Love Project

Wed 10/13: Edgar Thatcher Duo

Fri 10/15: Otis Hayes

Cantara Cellars

126 N. Wood Rd., Camarillo

Fri 10/18: Delgado Brothers

Sat 10/9: Ray Jarique & the Uptown Brothers

Thurs 10/14: Canned Heat

The Cave

4435 McGrath St., Ventura

Music 5:30 - 8:30

Thursdays: Bobby Apostol

Fridays & Saturdays: Warren Takahashi

The Collection at Riverpark

2751 Park View Court, Oxnard

Wed 10/13: Queen Nation (6:30 pm)

Copa Cubana

Ventura Harbor Village

Tuesdays: McWorter, Berghoff & Jones (7 pm)

Sat 10/9: Teresa Russell

Downtown Ventura

California & Main Stage

Wednesdays: Warren Takahashi (5:30 pm)

Fri 10/8: Christy P. Klotz (6 pm)

Sat 10/9: Michelle Meadow Love (11 am); Sepiatone & Peter Boles (5:30 pm)

Sat 10/16: Simi Rat Pack (11 am); VCMA 5:30 pm

Four Brix

2290 Eastman, Ventura

Music 6-8 pm on Fridays, Sat & Sun 1 - 3:30 pm

Sun 10/10: On Tap

Fri 10/15: Caught Red Handed

The Garage

1091 Scandia Ave., Ventura

Wednesdays: Blue Wednesday Blues Jam

Grapes and Hops with a Twist

454 E Main St., Ventura

Music 8 pm unless other noted

Thursdays: LA Jazz Experience (7 pm)

Fri 10/8: Tex Pistols

Sat 10/9: Salty Suites

Sun 10/10: Danny McGaw (2 pm)

Fri 10/15: Shawn Jones

Sat 10/16: Blue Motel Room (2 pm); Dive Bar Messiahs

Sun 10/17: Dave Parsonage (2 pm)

Keynote Lounge

10245 E Telephone Rd, Ventura

Fri 10/8: Pull the Trigger

Fri 10/15: Reign

Sat 10/16: Vinyl Gypsies

Leashless Brewing

585 E. Thompson Blvd, Ventura

Music 6:30 pm except Sundays at 3 pm

Thurs 10/7: Singular Nature

Fri 10/8: Illunis

Sat 10/9: Like the Morning

Sun 10/10: Ryan Dietz

Fri 10/15: TC King

Libbey Bowl

210 Signal St., Ojai

Sat 10/9: Topa Mountain Music Fest headlining The White Buffalo

Sun 10/19: Ojai Pops Orchestra

Lookout & Grill

2800 S. Harbor Blvd., Oxnard

Wednesdays: Tommy Foytek's Variety Show

Lucas Sellers Wine

330 Zachary Street, Moorpark

Sat 10/16: Katie Shorey (2 pm); Hannah Rose (6 pm)

Majestic Ventura Theater

26 S. Chestnut St., Ventura

Wed 10/6: Social Distortion

Thurs 10/7: Pennywise, Dead Kennedys

Fri 10/8: Pennywise, Strung Out

Fri 10/15: Elefante, Inspector

Margarita Villa

Ventura Harbor Village

Music Mon -Thurs 6-9, Fri & Sat 7-10; Sundays 5-8

Fri 10/8: Colette Lovejoy Band

Sat 10/9: Champagne Sunday

Sun 10/10: CRV

Fri 10/15: Whiskey Business

Sat 10/16: Corsican Brothers

Sun 10/17: Doc Rogers Band

Mrs. Olson's

2800 Harbor Blvd., Channel Islands Harbor

Sun 10/10: Teresa Russell & Stephen Geyer (Noon)

Namba

47 S. Oak St., Ventura

Sat 10/16: The Honey Whiskey Trio

Ocean Pavilion Performing Arts

575 E. Surfside Drive

Fri 10/8: Uptown Funk

Ojai Underground Exchange

616 Pearl St., Ojai

Fri 10/15: Phil Salazar & the Kin Folk

Oxnard Performing Arts Center

Canyon at Oxnard PACC

Sundays: The House Arrest Band (1-4 pm)

Fri 10/8: Sly slick & Wicked, Aalon, Miriah Avilah

Periano's on the Terrazzo

204 E. Main Street

Music 5 - 8:30 pm

Fri 10/8: Gator Souffle

Sat 10/9: Toni Jannotta Jazz Trio

Prime Restaurant

2209 E. Thompson Blvd., Ventura

Tuesdays: Danny D

The Raven Tavern

1651 S. Victoria Ave., Oxnard

Music at 8 - 11 pm

Fri 10/8: Brittney Burchett

Sat 10/9: HE

Fri 10/15: Jetdemons

Sat 10/16: All Access

Relm

2390 Las Posas Rd., Camarillo

Music at 5:30 pm

Fri 10/8: Daniela Cardillo

Sat 10/9: Nate Latta

Fri 10/15: Leeann Skoda

Sat 10/16: Gianna Bella

Ric's Restaurant

2500 Las Posas Road, Camarillo

Tuesdays: Tour Support with Kurt Griffey & Bob DeLellis

Sun 10/17: Teresa Russell (2:30 pm)

The Shores

1031 Harbor Blvd., Oxnard

Fri 10/8: Karen Eden & the Bad Apples (7 pm)

The Six Chow House

419 E. Main St., Ventura

Thurs 10/7: Shawn Jones (8:30 pm)

Surf 'n' Suds

San Buenaventura State Beach

Sat 10/9: Jacob Marquez and the Good Vibes

Star Lounge

343 E. Main Street, Ventura

Sat 10/9: Reign

Steckelstock

Steckel Park, Santa Paula

Sat 10/10: Sisterook, No Biggie, Tommy Foytek Band, Charles Law Band, Black Dragon, Whiskey Business

Surfers Point Live

Ventura Fairgrounds Parking Lot

10 W. Harbor Blvd

Sat 10/9: Sublime w/ Rome, dirty Heads, Rey Fresco, Free Love Project

Topa Mountain Winery

821 W. Ojai Ave., Ojai

Sun 10/10: the Salty Suites (Noon)

Vaquero y Mar

435 E. Thompson Blvd., Ventura

Thursdays: Delta by the Beach (5 pm)

Sundays: 805AllStarz (1 pm)

The Vine

308 E. Ojai Ave., Ojai

Sundays: Fire on the Mountain (2 pm)

Sat 10/16: Smitty and Julija and Friends (7 pm)

Waterside

3500 S. Channel Island Blvd., Oxnard

Wed 9/22: Teresa Russell

Winchesters

632 E. Main St., Ventura

Music Thurs 5:30; Fri 7 pm; Sun 3 pm

Thurs 10/7: Preston Smith

Fri 10/8: James Broz Band

Sun 10/10: The Tossers

Thurs 10/14: Will Breman

Fri 10/15: Jon Gindick Trio

Sun 10/17: Karen Eden & the Bad Apples

1901 Speakeasy

740 South B Street, Oxnard

Music 6:30 - 9:30 pm

Fri 10/8: Jen Staves & Bill Macpherson

Sat 10/9: The Swillys

Ventura Music Scene



Donna Granata interviewing Porfirio Gutierrez for his oral history which is preserved in the archives.

FOTM receives California Arts Council Grants!

Focus on the Masters (FOTM) is thrilled to announce that California Arts Council is supporting our work through two separate grants: their Impact Projects Award and Arts & Cultural Organizations General Operating Relief.

FOTM's Impact Projects Award partners Learning to See Outreach with Diversity Collective, Ocean View School District and Black Lives Matter to facilitate the design and exhibition of large-scale art installations that celebrate diversity and unity. As with all our Learning to See (LTS) endeavors, this program stems from the inspiration of the artwork and life stories of FOTM documented artists from our community. Four artists, who identify with the community participants, will lead the creative processes, providing present day role models who have excelled in pursuit of their passions.

The Arts & Cultural Organizations General Operating Relief will assist with FOTM's Arts Archive & Library's general support systems such as computers, software, and the preservation of our unique collection of primary source material.

The archive is the foundation of the organization and requires ongoing care and preservation regardless of the pandemic.

FOTM's public programming was suspended during the pandemic and adapted to on-line programming wherever possible. This greatly reduced earned and contributed income from monthly events, in-school classes/tuition, annual fundraising gala, and smaller fundraising activity normally held throughout the year. With the limited resources available, FOTM prioritized its LTS outreach to assist the schools with the challenges of a virtual classroom.

FOTM is a non-profit, 501(c)(3), art appreciation program that documents, preserves, and presents the works and lives of accomplished contemporary artists.



Local surfer and talented artist, Andrew Rodriguez (aka @fischerrman), recently brightened up Ventura Harbor Village with these two new sea-inspired murals.

Ventura Art Scene

This 'n' That



Dr. David White spoke at the October 2 event.

Ventura Land Trust Presents OAKtober

Through the month of October, Ventura Land Trust will celebrate its first annual OAKtober with a series of events that acknowledge and celebrate Ventura County's oak trees and ecosystems.

Oaks are the foundation of several major ecosystems in Ventura County. Each oak is central to home to a hundred interdependent plant and animal species. Trees work for us by cleaning air and water, sequestering atmospheric carbon, buffering climate extremes, and reducing energy usage. Oaks reduce flooding and support our native wildlife. Oaks, and trees in general, provide important benefits that provide the foundation for our individual and planetary health.

VLT and event partners will drive awareness of the value of oaks across California, while developing a community network to support these important oak ecosystems. Scheduled events include:

On October 2, OAKtober featured Once Upon a Watershed Program

Director Dr. David White and Melina Watts, Author of Tree.

Guests met at the Harmon Canyon Preserve trailhead and walked a short distance to an oak grove with trees that are over 300 years old. Dr. David White spoke about the central role of oaks in the ecosystem in Harmon Canyon Preserve and gave tips on how to grow an acorn into a sprout help the young tree to mature. Writer Melina Watts read from her 2017 novel Tree, the story of a California live oak from the point of view of the tree.

On October 30, from 9-10:30am, in partnership with Los Padres Forest-Watch, LPFW Conservation Director Bryant Baker, known on Instagram as @bryantheshrublander, will lead a presentation on Harmon Canyon Preserve's signature oak woodlands. This presentation will delve into the habitat, biology, and natural history of oak woodlands in Ventura County's hills and the Los Padres National Forest. Guests will meet at the Harmon Canyon Preserve trailhead and walk a short distance to a Harmon Canyon oak grove to see and learn about the trees up close. Location: 7511 Foothill Road, Ventura.

Other events will be announced as they are scheduled. Guests are encouraged to RSVP for OAKtober events at www.venturalandtrust.org/events. Space is limited. Find more OAKtober resources at www.venturalandtrust.org/oaktober.

The mission of Ventura Land Trust is to permanently protect the land, water, wildlife and scenic beauty of the Ventura region for current and future generations. Founded in 2003, Ventura Land Trust believes that preserving open space and providing public access enhances the economy, quality of life, and public well-being of Ventura and surrounding

communities.

The organization currently owns and manages land along the Ventura River and in the Ventura hillsides, including the 2,100-acre Harmon Canyon Preserve, opened in June 2020. Harmon Canyon Preserve is Ventura's first large-scale nature preserve. All preserves are open to the public daily from dawn to dusk for free. Ventura Land Trust received accreditation by the Land Trust Alliance in 2019. Learn more and become a member at www.venturalandtrust.org.



Ellyn Dembowski has been on the foundation board for 12 years.

New members announced by Ventura College Foundation

The new foundation board chair is Ellyn Dembowski, a Realtor at Berkshire Hathaway in Ventura. She has been on the foundation board for 12 years. "As we get closer to Ventura College's 100th anniversary in 2025, I'd like to see us take the opportunity to educate the

community about what the foundation does," says Dembowski. "We want to get the word out that students can attend Ventura College tuition-free. The foundation helps with a critical book lending program and provides scholarships to pay for other school and living expenses. We help students and their families build for the future."

Vice-chair is Nicole Kreutz, vice-president/credit officer at Citizens Business Bank. Born and raised in Ventura, she is a Ventura College alumni. Kreutz has served on the foundation's board for about five years, most recently as treasurer. "The foundation impacts students every day. We offer scholarships and other financial assistance that takes the financial burden off students' shoulders. It's one less thing they have to worry about. They can stay focused on their studies."

Joining the board are Dr. Robert "Bob" Beilin and Ed Summers. Beilin, a licensed marital family therapist in Ventura County, previously served on the board for five years. "I wanted to come back to continue my commitment to making higher education accessible to students who otherwise could not attend college, especially members of under-served populations," says Beilin. He hopes to create a diversity committee made up of students and community members of underrepresented groups to assist the board with becoming more diverse and developing inclusive programs.

Summers comes to the board with 30 years of experience in banking and community involvement. He served as a board member for such business organizations as the Ventura County Economic Development Association (VCEDA) and the Economic Development Collaborative-Ventura County (EDC-VC) and was

Continued on page 19



Lighter Breeze

Mother Goose and Grimm



Baby Blues



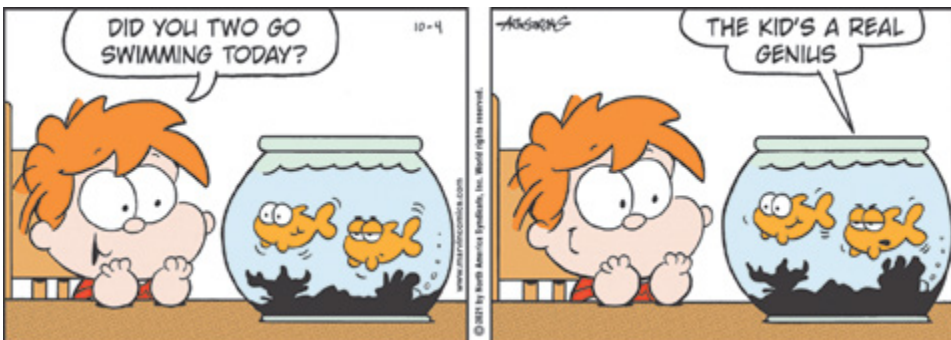
Dustin



Hagar the Horrible



Marvin



Crock



Solutions on page 13

(For a beginners guide to playing Sudoku go to venturabreeze.com)

9		3						1
		7			8	2		
	6			4	5		3	
		9		6			5	
2			4					3
	1	8			3	6		
		3		8		5		7
	2		9				4	
8					1			9

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9 box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

Solutions on page 13

King Crossword

ACROSS

- 1 'Arrivederci -"
- 5 Jazzy style
- 8 Wild guess
- 12 Slender
- 13 Piercing tool
- 14 Brownish purple
- 15 In - veritas
- 16 Corp. boss
- 17 Desertlike
- 18 Nowheresville
- 20 Saint Patrick's Day event
- 22 Hide-hair insert
- 23 Nine-digit ID
- 24 Engrossed
- 27 Promptly
- 32 Wedding words
- 33 Expert
- 34 Granada gold
- 35 'Wonder Woman' actress
- 38 Remain
- 39 Beer barrel
- 40 Stolen
- 42 Alpine home
- 45 Casts out
- 49 Opera set in Egypt
- 50 Guffaw syllable
- 52 Lavish party
- 53 Espy
- 54 Reuben bread

1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
15					16				17				
18					19			20	21				
				22					23				
24	25	26			27	28	29				30	31	
32					33						34		
35				36	37						38		
			39					40	41				
42	43				44		45				46	47	48
49					50	51				52			
53					54					55			
56					57					58			

- 55 Kismet
- 56 Sparkling Italian wine
- 57 German conjunction
- 58 Lean-to
- 59 Rejection
- 60 Bat wood
- 61 Predetermine
- 62 Oklahoma city
- 63 Bikini pattern
- 64 Sgt., for one
- 65 Tied down
- 66 Mouths (Lat.)
- 67 Playpen item
- 68 Trattoria desserts
- 69 chair
- 70 Meager
- 71 Puccini opera
- 72 Battery fluid
- 73 Eliot's 'Adam -"
- 74 Refuses to pay
- 75 Symbol of strength
- 76 Juanita's home
- 77 Swinging joints?
- 78 Drive- window
- 79 Wife of Jacob
- 80 Diminutive suffix
- 81 Burpee buy
- 82 Novelist Rand

DOWN

- 1 Answer an invite
- 2 Hodgepodge
- 3 Behave
- 4 Quantity
- 5 Scenic route, often
- 6 Have bills
- 7 Fall into a

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LIBRA (September 23 to October 22)
An ongoing problem with a co-worker might need to be sent to arbitration. Get all your facts together so that you have a solid base from which to make your argument.

SCORPIO (October 23 to November 21)
You are usually decisive about most matters. But you might want to defer your decision-making this week until you get more facts. Someone is holding out on you.

SAGITTARIUS (November 22 to December 21)
That quiet period is ending, and a new burst of activity creates some problems at the workplace. But things are soon resolved, and everything goes back to normal.

CAPRICORN (December 22 to January 19)
Relationships could be either helpful or hurtful as you pursue your career goals. You might have to make some difficult choices depending on what your priorities are.

AQUARIUS (January 20 to February 18)
You might still have some doubts about a career move that could involve a lot of travel. If so, continue to check things out until you feel secure about making a decision.

PISCES (February 19 to March 20)
Love rules, as Venus continues to exercise her cosmic influence on both single and attached Pisces. New developments might cause you to change your travel plans.

BORN THIS WEEK: You often think of others before you consider your own needs. You enjoy helping people and would make a fine teacher or caregiver.

ARIES (March 21 to April 19)
Cosmic changes create a potential for disruptions in your travel plans. In the meantime, you might want to consider shifting your focus to another area of your life that needs attention.

TAURUS (April 20 to May 20)
It's a good time for beauty-loving Bovines to enjoy something special for the senses. It will restore your spirit and return you to the workaday-world ready for the next challenge.

GEMINI (May 21 to June 20)
With your planetary ruler, Mercury, going retrograde, you might want to slow down the pace in pursuing some of your projects. Rushing things could be counterproductive.

CANCER (June 21 to July 22)
Tensions begin to ease in those once-testy relationships. This helps create a more positive aspect all around. Expect to hear news that could lead you to rethink a recent decision.

LEO (July 23 to August 22)
The pace of activity that had slowed last week now begins to pick up. This is good news for Leos and Leonas who have career-building plans that need to be put into operation.

VIRGO (August 23 to September 22)
Venus offers encouragement to romance-seeking Virgos who are ready to get up, get out and meet more people, one of whom could be that long-sought soul mate.

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Showtime

Streaming Spotlight by Cindy Summers

Y: The Last Man

– FX on Hulu



Breeze rating from 1 to 4 palm trees, 4 being best.

Y: The Last Man is based on DC Comics' acclaimed series by Brian K. Vaughan and Pia Guerra, a 60-issue science fiction comic book series published in 2002 in which a worldwide event kills every male mammal on the planet but for one cisgender man and his pet monkey. This plunges the entire planet into a post-apocalyptic world full of dystopian realities.

For some unknown reason, every man in the world died of some sort of plague all on the same day, leaving women to assume the roles previously held by men who were no longer alive. The many deaths in the chain of command for the United States government left Senator Jennifer Brown (Diane Lane) in charge. That very same day Agent 355 (Ashley Romans) was sent out on her first day to guard the president, and when the chain of command changed, she informed President Brown that she was at the service of whatever sitting president.

There was chaos everywhere caused by the instantaneous death of men such as planes falling from the sky and mass casualty car pileups, which also killed many women. All normal operations had gone offline, including power, and those left in the cities began to protest and riot in an effort to gain answers to what had happened thinking somehow the government was involved. President Brown gathered a team of dedicated women and setup to get some basic resources online

while also try to find the cause and deal with the outcome of this cataclysmic event.

President Brown had a daughter named Hero (Olivia Thirlby) who she had strained relations with and was a paramedic in New York. Hero was traveling on foot with her friend Sam (Elliot Fletcher), who was transgender and experiencing prejudice due to looking like a man. Hero refused to reach out to her mother for any assistance, and had not even contacted her since the event. President Brown sent Agent 355 to retrieve Hero and bring her back to the White House.

When Agent 355 returned she didn't have Hero, but did have Yorick (Ben Schnetzer), President Brown's son, which seemed impossible as it was believed that all mammals with a Y chromosome on the planet had died. Yorick also had his pet Capuchin monkey Ampersand with him, which also seemed miraculous as he was also male. Though President Brown was overjoyed to see her son, the situation presented a huge number of issues, including some believing it could be used as validation for the public's conspiracy theories regarding government involvement in the event.

Agent 355 convinced President Brown that it was too dangerous for her son to be discovered there, and agreed to secretly get him to a geneticist and cloning expert Dr. Allison Mann (Diana Bang) in Boston who they believed could shed some light on why Yorick and Ampersand were still alive. Unfortunately the only lab that had what Dr. Mann needed was in San Francisco.

While this was happening it was discovered that former cabinet secretary Regina Oliver was alive in Israel, having been injured and in a coma since the event. She of course was looking to return to run the country rightfully in the line of succession, and had very conservative views similar to those of the recently deceased president and in direct opposition to those of President Brown. Season 1: 9 – 50min episodes

Donor turnout sharply declines while patient needs remain high

The American Red Cross is experiencing an emergency blood and platelet shortage and must collect 10,000 additional blood products each week over the next month for the blood supply to recover and meet hospital and patient needs. Donors of all blood types – especially type O – and platelet donors are urged to make an appointment to give now and, in the weeks, ahead to overcome this current shortage.

Blood donor turnout has reached the lowest levels of the year as many delayed giving amid a return to the workplace and in-person learning, as well as a recent surge in COVID-19 cases across the country due to the delta variant. As cases spiked in August, blood donor participation decreased about 10%, but blood product distributions to hospitals have remained strong, significantly outpacing blood donations in recent weeks.

The national Red Cross blood inventory is the lowest it's been at this time of year since 2015, with less than a day's supply of certain

blood types in recent weeks. The supply of types O positive and O negative blood, the most needed blood types by hospitals, dropped to less than a half-day supply at times over the last month – well below the ideal five-day supply.

Don't wait. People across the country depend on the generosity of blood donors. Make an appointment to give blood or platelets as soon as possible by using the Red Cross Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

All those who come to donate in October will receive a link by email to claim a free Zaxby's® Signature Sandwich reward or get a \$5 e-gift card to a merchant of their choice.

Each Red Cross blood drive and donation center follows the highest standards of safety and infection control, and additional precautions – including face masks for donors and staff, regardless of vaccination status – have been implemented to help protect the health of all those in attendance. Donors are asked to schedule an appointment prior to arriving at the drive. 10/7/2021: 9 a.m. - 3 p.m., Ventura County Credit Union, 2575 Vista Del Mar Drive, #100

10/12/2021: 11:30 a.m. - 5:30 p.m., Ventura Center for Spiritual Living, 101 S Laurel St

Donors can also save up to 15 minutes at the blood drive by completing

**Moving In?
Moving Up?
Moving Out?**

I can help you with that!

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ADELA TRAINOR

DRE 01985025

805.701.7694

TEAMTRAINOR12@GMAIL.COM



Ventura County FEAR GROUND is being held at the fairgrounds. Three Open Air Horrifying Haunts on Oct. 7-10, 14-17 and 21-31. Ana Baker was sure scared.

a RapidPass®. With RapidPass®, donors complete the pre-donation reading and health history questionnaire online, on the day of donation, from a mobile device or computer. To complete a RapidPass®, follow the instructions at RedCrossBlood.org/RapidPass or use the Red Cross Blood Donor App.

Civil Grand Jury in session

The Ventura County Civil Grand Jury is a panel of 19 local citizen volunteers established to investigate complaints about government mismanagement, verify that public funds are properly accounted for and legally spent, and investigate the policies, practices and processes of county or city departments. Civil Grand Jury investigations can be generated from public complaints.

Complaint forms in English or Spanish may be downloaded from the Grand Jury website <http://grandjury.countyofventura.org> and submitted by fax to (805) 658-4523, or you can also mail your written complaint to:

Ventura County Grand Jury, 800 S. Victoria Ave. L#3751, Ventura, CA 93009
For more information about the Grand Jury and how it works for you <https://ventura.org/grand-jury/>

New members announced

Continued from page 17

a city council member for the City of Ventura. "I would like to help spearhead

stronger relationships between industry and the college," says Summers. "A study showed that 50 percent of the workforce is going to need an advanced technical education experience. Community colleges will play a vital role in offering the technical training that will prepare our future workforce."

Rob van Nieuwburg, the outgoing board chair, expects a bright future for the foundation and Ventura College. "I've seen firsthand how the foundation and its donors have been able to change lives of students as they pursue their education," says van Nieuwburg, who was board chair for five years. "It's what keeps us motivated."

Established in 1983, the Ventura College Foundation is a 501(c)(3) nonprofit organization and operates financially independent from Ventura College. It transforms students' lives through education by providing innovative and vital resources and financial support. The Foundation collaborates with Ventura College to enhance human potential, civic engagement, careers and academic success of students enabling their effective impact and legacy on the college, local workforce, and our community. The Foundation also hosts the Ventura College Foundation Marketplace; an outdoor shopping experience held every weekend on the Ventura College campus in the East Lot. For more information, contact Julie Harvey at (805) 289-6502 or jharvey@vcccd.edu or visit www.VenturaCollegeFoundation.org.



Medicare Advantage coverage for what matters most to you.

SCAN Health Plan® is for people with Medicare. And for 2022, you can save even more!



Call the SCAN representative listed below.

Michelle Michel

Phone: (805) 218-8220

License: #0102882

Calling this number will connect you to a licensed insurance agent/broker.



For people with Medicare

2022 SCAN Classic (HMO) Benefits for Ventura County include:¹

\$0 NEW Monthly plan premium

\$0 Copay for Tier 1 and Tier 2 drugs¹

\$25 Insulin copay (30-day supply)²

¹\$0 copay for Tier 1 Preferred Generic and Tier 2 Generic drugs at Preferred pharmacies and with mail order only. ²Humalog®, Humulin®, Lantus®, Lyumjev®, Toujeo® only. \$25 copayment through Preferred retail and mail-order only. ¹Benefits listed are for SCAN Classic (HMO) offered by SCAN Health Plan (HMO) in Ventura County only. Other SCAN plan options are available in this county and plan benefits may differ from those listed here. SCAN Classic (HMO) is an HMO Plan with a Medicare contract. Enrollment in SCAN Health Plan depends on contract renewal.

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S2051 9/21

This 'n' That



VCCAR members present check to Peter McClintock with the Boys & Girls Club of Greater Ventura.

Ventura Boys & Girls Club nearing teen center reopening

The Boys & Girls Club of Greater Ventura was forced to close its facility in West Ventura in June over a dispute with the Ventura Unified School District over state grant requirements. Since then, club officials have been scrambling to find an alternate facility where they can reopen their teen center as a first step in reopening the entire club – a fixture in the low-income neighborhood since 1968.

Those efforts took a giant leap forward this month when the Young Professionals Network (YPN) of the Ventura County Coastal Association of Realtors donated \$10,032.89 to the Boys & Girls Club – the proceeds of its wildly successful fundraising auction in August.

“We were so surprised at how much we received. It was a godsend,” said Peter McClintock, the club’s director of resource development. “The YPN group was so much fun to work with and they’re really focused on helping the community. We are so grateful.”

Patti Birmingham, the club’s CEO, said reopening the teen center is extremely important as it provides mentoring and support for teens who otherwise would have too little of either.

“Most of their parents are working two jobs at the least, and most of the parents can’t really help them with their homework,” she said. “The teens’ experiences are limited – lots of

kids in that end of town haven’t even been to the beach. And that can lead to a lot of bad choices in a dangerous environment. They need a safe space and mentoring to get through middle school and high school and into a job or a career.”

Birmingham added that they are close to closing a deal and have set an ambitious date of Nov. 1 to open. At worst, they are confident the center will be open by the end of the year and expect to have between 80 and 100 teen members. The donation will be applied to the start-up costs.

The group reached out to Jack Dyer, owner of Topa Topa Brewing, who has a long track record of helping with fundraisers, and he immediately agreed to host the auction and to contribute a portion of the proceeds to the club.

While the auction proceeds will greatly benefit the teen center opening, the club is still looking for additional support for ongoing operational costs and to reopen programs for younger children. For more information, contact Peter McClintock at (805) 641-5585.

VCCAR is a professional trade association of nearly 2,000 licensed real estate agents in western Ventura County, including the cities of Ventura, Oxnard, Camarillo, Santa Paula, Fillmore and Port Hueneme.



Just prior to maiden voyage at Harbor Cove Beach.

The finished canoe measures 28 1/2 feet in length and weighs 100 pounds

Ventura resident Jon Huber is no stranger to Hawaiian outrigger canoes. The seventy-four-year-old is a senior member and past president of the Ventura Outrigger Canoe Club (VOCC). Paddling the club’s outrigger canoes several days a week has been a routine part of his schedule for years.

The club maintains various sizes of outriggers, but the mainstay of its fleet is the full-sized version known as the OC-6 (Outrigger Canoe - six person). The club’s OC-6 canoes are approximately 40 feet long and weigh 400+ pounds. The forebears of these contemporary fiberglass canoes were made of indigenous wood such as Hawaiian Koa and were the centerpiece of Polynesian culture. Huber long dreamed of building a wooden outrigger by hand, but the time was never right for the intensive, multi-month endeavor. That is, until the pandemic forced many people, including Huber, to stay at home.

Huber embarked on the project in May, 2020. In preparation, He studied existing outriggers, materials, and construction techniques. Ultimately, he originated his own unique design that combined the superior characteristics of existing canoes with his own knowledge of the specific ocean conditions that it would be intended for. Once started, the construction project took six months to complete. The result was a four-seat (OC-4) outrigger canoe made of a repertoire of wood for various parts of the canoe, including Western red cedar, Douglas fir, white oak and cherry.

The finished canoe measures 28 1/2

feet in length and weighs 100 pounds. While a group of VOCC members actively assisted in the construction, Huber did the lion’s share of the work. Simply put, it was Huber’s vision, craftsmanship, and perseverance that brought the project to a successful conclusion.

Once built, a major challenge was transporting the canoe from the backyard construction site to the beach without causing structural damage. The canoe was strapped atop a truck and gingerly “motorcaded” to the beach. Once transferred, the canoe underwent a series of tests to validate its seaworthiness. First, it was floated inside the harbor to test its watertight integrity, flotation balance, and freeboard. Then the canoe was taken out on the ocean for sea trials, during which its maneuvering characteristics were evaluated in various wind and swell conditions. Observation focused on the canoe’s geometry, specifically how it pitched, rolled, and yawed. As a final evaluation, the canoe was deliberately capsized. This was done to verify that when, not if, the canoe flipped over, it could be recovered quickly and safely.

Generally Hawaiian outriggers are given Hawaiian names. And so it is with Huber’s canoe, which he named “Keoni” meaning “John” in Hawaiian. New canoes are frequently dedicated with a formal blessing ceremony performed in time-honored Polynesian tradition. The club plans to have a shore-side blessing soon. In the meantime, Keoni has taken its rightful place among the club’s larger canoes as they ply the picturesque waters of Pierpont Bay.