



Fire season is here and if you have not yet completed your brush clearance do it now.

### VFD enhances community safety by increasing wildfire defensible space inspections

During its regular meeting on May 24, 2021, the Ventura City Council approved the City's adopted fee schedule and authorized the Ventura Fire Department to begin billing for defensible space and other fire inspections.

Earlier this year Ventura Fire mailed 6,500 notices to city property owners reminding community members to perform fire hazard reduction clearance by May 18, 2021. Beginning August 23, 2021, defensible space inspections and associated activities will be billable according to the City's adopted fee schedule, effective July 23, 2021.

"Fire season is here and if you have not yet completed your brush clearance to create 100 feet of defensible space, act now for the safety of your community," said Ventura Fire Marshal Joe Morelli. "Properties with good defensible space stand a better chance of survival during a wildfire."

Defensible space is the area around a structure, free of flammable plants and objects, that creates a zone in which firefighters can operate safely in order to help protect a home during a wildfire. This space is wide enough to prevent Continued on page 5



Published Every Other Wednesday

Kayli Bates, Kylee Brown and Tiler de Long pitched in to help assemble and fill backpacks during

### Working Together to "Stuff the Bus"

by Amy Nielsen

A group of volunteers that included teens and family members from Aera Energy worked together recently with the United Way of Ventura County to assemble backpacks full of school supplies for homeless and underprivileged youth. The program, which began in 2010, is called Stuff the Bus, and received support in funding from Aera and community individuals for the purchase and donations of backpacks and supplies for K-12 students. The volunteers worked in shifts in assembly lines to put together hundreds of backpacks

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filled with pens, pencils, binders and other important school supplies for the coming fall session.

Kylee Brown, a local 18-year-old who is about to head to Cal Poly in San Luis Obispo for her freshman year, volunteered with her father, Kevin, and some of her friends. "Contributing to an effort that would help kids that either don't have a home, or don't have money for school supplies felt good. I was really shocked when I heard that there are 6,000 homeless children in Ventura County. Continued on page 15



Established 2007 August 11 - August 24, 2021

The 2021 film festival will feature two hours of films. Photo by Dan Holmes.

### Ventura Land Trust announces 12th Annual Wild & Scenic Film Festival

Ventura Land Trust is pleased to bring back a live experience for its 12th annual Wild & Scenic Film Festival On Tour on Saturday, August 28th on the campus of Ventura County Credit Union headquarters from 5:00 to 10:00 pm. This signature fundraising event raises \$50,000 each year to support Ventura Land Trust's mission to permanently protect the land, water, wildlife and scenic beauty of the Ventura region for current and future generations.

One of the largest environmental film festivals in North America, the Wild & Scenic Film Festival shares an urgent call to action, encouraging festival-goers to learn more about what they can do to save our threatened planet. For Ventura Land Trust, the festival fosters a deeper understanding of the connection we share with the planet and our role as stewards to keep it healthy.

The 2021 film festival will feature two hours of films, food from local food trucks, and a raffle. Beer from Topa Topa Brewing Company, Rincon Brewery, and Leashless Brewing will be available for sale, as well as wine from Riboli Family Wines. Live music will be

Continued on page 5



In our last issue we had this photo of the Westside Community Council but it was so small you couldn't see their lovely faces.





The Ventura Breeze is celebrating 14 years of publishing local news thanks to the support of the Ventura community and our advertisers. The time has come, however, for us to ask our dedicated readers to consider helping us continue publishing during this difficult time. Due to the lack of advertisers (which we understand) we really need your generous support to continue to bring local news to the community. In order to do this, we are starting the Ventura Breeze Honor Roll. The names of Honor Roll donors will be published in the paper unless donors don't want to be shown. As the publisher of this community's favorite newspaper, we appreciate the relationship we have with our readers and we pledge to keep bringing you all the local news and events.

There are a couple ways to contribute and be a 2021 Honor Roll Donor. You can go to our website (www. venturabreeze.com) where you fill find a DONATE link at the top of the page and use the PayPal button to make a donation, which allows you to pay by credit card or with your PayPal account. If you would rather pay by check or have the Breeze staff process your donation, you can use the form below and mail in your check or credit card information. You may also contribute by going to www.gofundme.com/f/supportthe-breeze.

We thank our latest donors **A&E Group Mechanical Engineers** and the ones that don't want to be mentioned.

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Thank you for supporting your local hometown newspaper!



While there is no sure way to prevent cancer, there are things you can do to help identify and decrease your risk. In some cases, evaluating your genetic makeup can provide valuable information to help estimate your chance of developing cancer within your lifetime.

If you have questions about your risk for developing cancer, or are worried about passing it along to your children, Community Memorial Health System is here for you. Join our team of experts as we review lifestyle changes that can be made to decrease your risk of cancer, and learn what genetic tests are available for cancer risk assessment.

### This Event Features a Live Q&A

To RSVP for this free, informative online seminar, hosted by Community Memorial Health System, VISIT: cmhshealth.org/rsvp



### **Community Events**

### Ventura events

by Ana Baker

August 15: CCJC presents, "The Phoenyx Big-Band," Sunday from 1-4 p.m. at the House of Dance, 3007 Bunsen Ave. Suite E. Swing/Pop/Blues/Dixie Jazz and continuous entertainment, great dance floor and free parking. Donations \$10 Members and \$15 Non-Members. Qualified musicians welcome for Open Jam Session before featured band. Join us the 3rd Sunday of the month. www. ChannelCitiesJazzClub.com

August 19: The East Ventura Community Council, former County Supervisor Kathy Long will talk about the "Rising from the Ashes Home Tour" benefitting the Ventura County Library Foundation, to take place in the **Fall.** The Council will have the opportunity to weigh in once again on the city of Ventura's General Plan revision. They will also hear from the Ventura Tree Alliance, a newly formed non-profit dedicated to making Ventura a more beautiful and greener place to live. Area crime statistics will be shared by Commander Weeks of the Ventura Police Department. The committee revising the group's By-Laws will present a brief report. Other topics may be added to the agenda, so be sure to check the group's Facebook page for updates. The Council represents those who live east of Victoria Avenue, and the public is encouraged to attend and participate. The meeting will be held on Thursday, at 7p.m. online via the Zoom application. Join Zoom Meeting: https://us02web.zoom. us/j/89105016185?pwd=S1JyZFoz-Z1owZUxqWnh0KzhQWUN3QT09

August 21, Saturday, 1-4 pm. The Ventura County Genealogical Society presents two Free Family History Presentations Online with Zoom 1:00 p.m. Presenter: Judy Janes "Discover Family History in Online Newspapers." Newspapers offer a broad range of information about our families. Digital newspaper collections have\ proliferated in recent years, and are searchable by name, keyword, or date. Learn how to use this powerful new tool to uncover fascinating stories about your families. Presenter: Debra Dudek "Discovering your UK/Irish Roots Online" Websites and Resources for English, Welsh, Irish and Scottish Ancestry There is no such thing as "one-stop genealogy shopping"! This program will lead you through the resources and search techniques. All our monthly lectures and workshops are free to our members and the public. Non-members should request a Zoom invitation here https://venturacogensoc.org/ request-invitation-to-lecture/. Visit our website at https://venturacogensoc.org/

August 25: The Ventura College Area Community Council will be holding a Zoom meeting on Wednesday at 7p.m. An invitation and link to the meeting will be sent to everyone on the CACC mailing list. Community Council

meetings include speakers and discussion on topics of neighborhood and community interest, including public safety and economic development. The meeting will focus on historic buildings and the preservation of community character through architecture. CACC represents citizens in Council District 3, currently neighborhoods north of Hwy. 126 between Dunning/ Lemon Grove/Agnus on the west and Hill Road on the east. Visit the College Area Community Council website @ https://caccventura.com to learn more, to be added to the mailing list and to access a link to the Zoom meeting.

### Ojai news and events

· Local Ojai resident and yoga practitioner Garo Malkhassian will visit the Ojai Library at 2pm on Friday, August 13, to facilitate a discussion of yoga and self-realization, and to introduce a new discourse

Malkhassian believes yoga and meditation to be useful means for restoring balance and equilibrium in order to lead a meaningful life. Following an introduction into awareness and health and finding the tools to seek tranquility through implementing this knowledge, he feels the Ojai environment has made it possible to create and follow his own personal interpretation, one that is compatible with the contemporary world. Malkhassian will discuss this interpretation during his initial presentation and encourage additional discourse as the series progresses.

These events are free and open to the public.

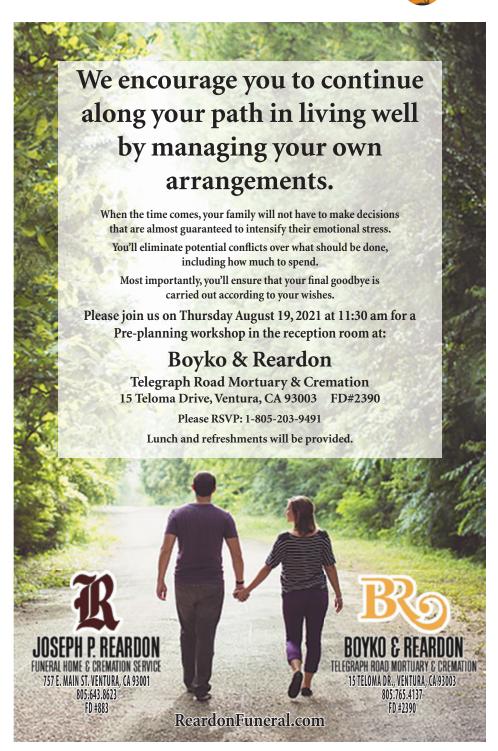
For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146.

The Ojai Library is located at 111 East Ojai Avenue in Ojai. Hours of service are 10am to 8pm Monday through Thursday and 12pm to 5pm Friday through Sunday.

Leaders of Ojai's Thacher School have decided to remove the name of the former head of the school from its dining hall after pressure to do this from a petition signed by more than 500 current and former students. parents and employees. Trustees voted unanimously to remove the names of former longtime Head of School Michael Mulligan and his wife, Joy Sawyer-Mulligan, who also worked at the school, from the dining hall and athletic field.

It was one of several actions Thacher's board of trustees announced as part of an ongoing response to an investigative report released in June detailing multiple allegations of sexual assault and abuse over nearly 40 years by Mulligan.

The Ojai City Council has voted unanimously to extend a ban on chain businesses with five or more locations. The ban would be for a year but could end sooner if a revised ordinance is approved by the council prior to the year.





### Are you, or anyone you know, interested in SCAN Health Plan?

### Do you have questions about Medicare Advantage?

I have more than 17 years of experience helping people understand their options for Medicare coverage. If you'd like to learn more about your options, and hear what SCAN has to offer, please give me a call.



Michelle Michel (805) 218-8220

Se habla español

Ventura County representative for SCAN Health Plan

scanhealthplan.com/michellemichel

Calling the number will connect you to a licensed insurance agent/broker.

Y0057\_SCAN\_12382\_2021\_C IA 03102021

\$1714 03/21



Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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Jaime Baker · Mary Thompson Alfred J. Lewis · Richard Lieberman James Gray · John Murchison

ACCOUNT EXECUTIVES Breezy Gledhill · Cindy Summers

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PRINT PRODUCTION Alfred J. Lewis/studioNothing

Printing CA Web Print, Inc. (626)281-8989

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### Ventura Breeze

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The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

Nothing can bring you peace but yourself.

– Ralph Waldo Emerson

### Opinion/Editorial



Publisher-Editor

Recently, I was at the city parking garage at the beach. It is disgraceful. Filthy, (cigarette butts everywhere) and is in dire need of much painting. Hardly an

introduction to Ventura that we want tourists to see.

■ There is as show on TV called Ancient Aliens that constantly asks "could (fill in anything ancient) this perhaps be the work of ancient aliens?" I have concluded that spinach might be the work of ancient aliens. No one on earth likes spinach so perhaps spinach is what aliens eat, and they have planted it here so that when they take over the earth they have something to eat. Take a close look at Popeye, does he look he came from earth?

Recently, a group of Venturan's appealed the 72-unit Haley townhouse project that has been approved by the city. Their appeal cited several decisions that they believe were made by the city, but, in reality the State is slowly taking away cities zoning and planning regulations and allowing developers to be given variances that those appealing thought the city had given.

California lawmakers have been pushing for legislation to override locally approved zoning rules in order to permit denser developments in residential neighborhoods by rewriting city land use rules in California. It would effectively eliminate single family zoning in California. A residential lot currently zoned for one single family residence could soon have four residences on the property. This is to expand the State's housing supply and increase the construction of badly needed housing.

There has, of course, been strong

opposition by many cities fearing that it would destroy quiet neighborhoods with large scale projects and many cars brought into the neighborhood. Very high current construction costs will probably prevent most homeowners from building more units on their properties, but some certainly will. From the LA Times.

"Only one private institution is mentioned in the Constitution. The

press. Our nations founders recognized that a press free to criticize those in power and spread information across society is essential in the democracy. The Constitution not only allows but requires the government to take steps to keep the press viable. In fact, the government has done this since the beginning of the Republic."

Regarding newspapers, it went on to say; "Especially notable is a loss of reporting in smaller towns, suburbs and real areas. Leaving thousands of American Communities with no local coverage."

A way that the government might help the failing news industry is by way of a bill that has bipartisan support in Congress. The Local Journalism Sustainability Act creates tax incentives to encourage readers to subscribe and even donate to local newspapers. It would also provide tax incentives to businesses that advertise in local newspapers. Long live the Ventura Breeze.

■ Guess which **ex-president** made this articulate statement?

"This country has, for whatever reason, also refused to produce the network routers. We want the routers, Sonny, Wendy, we got to get those routers, please. Those routers. Come on, Kelly, we can get those routers. Those routers. You know what? We're so beyond the routers, there's so many fraudulent without the routers. But if you got those routers, what that will show, and they don't want to give up

the routers. They don't want to give them. They are fighting like hell. Why are these commissioners fighting not to give up the routers?"

Arizona county election officials have found fewer than 200 cases of potential voter fraud in more than 3 million ballots cast in last year's election. It turns out that Biden really might be our President.

Former South Florida talk show host Dick Farrel, known and beloved by fans for his over-the-top rightwing opinions, has died from complications from COVID-19.

On Facebook, Farrel advocated against getting the coronavirus vaccine and was skeptical of Dr. Anthony Fauci, Chief of the U.S. National Institute of Allergy and Infectious Disease, and his recommendations concerning the coronavirus. Friends said after contracting the virus he changed his point of view.

Guns in the News.

Firefighters battling the wildfires in California say some residents have pulled guns on them because they don't want to evacuate.

Crews encountered the armed homeowners as the Dixie fire, which has been raging for three-weeks, tore towards the town of Greenville (which has been destroyed) in the state's North.

"We have firefighters that are getting guns pulled out on them because people don't want to evacuate," California Incident Management operations section chief Jake Cagle stated.

President Biden announced a slate of actions aimed at fulfilling his campaign promise to combat the proliferation of gun violence in this country. The action, while necessary, also shows how few options a president has for addressing this critical and deadly issue.

### Mailbox



Thank you for your photo and heading of an empty tree well on a Ventura city sidewalk in your last edition of the Breeze. I agree, the city needs many trees planted and I am concerned there is no future plan to get this organized and completed.

I hope someone can educate the public on a plan of action to include volunteers to water trees, what type of trees will be planted for specific locations and a map showing where the trees will be planted next.

Organizing, fund raising and volunteers are needed to get this plan of action going. Attached are photos of an empty sidewalk tree well and median divider on Telephone Road that has clearly become an eye sore of the City. Marsha Moreland

Opinions

Do we really need 6 day a week service? we get real mail maybe 3 times per week. 1 of those days are the ads. Maybe we could save

money and have 4 day a week delivery.

Keep cost of postage down. Ralph Trigo Lemonwood MPH

Working Physician turns 100

Here are a couple of comments on the June 15th Ventura Breeze article "Working physician turns 100 on June 9th "written by Mohammed Hasan: Lewis Walton

Marina del Rey

"Beautifully written, Mohammed, and a fine tribute to Dr. Canton. My wife, also a physician, devoted much of her life to community health education, trying to lessen the risk of heart disease. She had worked on the open heart surgery team in Bakersfield. I am glad you were able to honor Dr. Canton this way.

Dr. Tim Cannon

UCLA Health, Ventura

"Wonderful tribute to a living legend, thank you for writing it and forwarding it to me. Best."

Editor's note:

Dr. Canton is author's longtime friend and neighbor. Hasan offers free community classes on Longevity with good health. Dr. Canton has been a guest speaker at the longevity class a few times. You can reach Hasan at hasaneng@ dslextreme.com or (805) 218-5574.

Breeze:

I was awoken by a low-flying drone

over our backyard at about 2:20 am 7/21/2021. It flew slowly from north to south, then back to the north. This invasion of privacy was disturbing, not only because it woke me up. Could this have been a police drone? SCE?? We noticed a drone on the 4th of July hovering over our side yard, but it was quite high - too high to hear it. We assumed it was someone (police?) monitoring illegal fireworks.

Only public safety organizations authorized to fly drones beyond the 'visual line of sight' rule of the FAA, therefore, this 'pilot' was close by. After checking the California laws on the use of personal drones, I found Assembly Bill (AB) 856 (2015) which "prohibits entering the airspace of an individual in order to capture an image or recording of that individual engaging in a private, personal or familial activity without permission." Under California Civil Code (CC) 1708.8, "A person is liable for physical invasion of privacy when the person knowingly enters onto the land or into the airspace above the land of another person without per Continued on page 15

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

Ventura BREEZE www.venturabreeze.com Your Hometown Paper

### City News

### Help shape Ventura's future by getting involved in the general plan

by Alex D. McIntyre

Ventura City Manager

"The journey of a thousand miles begins with a single step." Lao Tzu, Chinese Philosopher

Right now, there's an incredibly important initiative going on in the City of Ventura that will guide our future for the next 25 years or more. The steps that we take right now truly matter.

The Ventura General Plan, themed "Our Vision, Our Future," is a long-range land use policy document that builds a framework for maintaining Ventura's unique charm and character. It also identifies opportunities to enhance the community's quality of life, economic vitality, and sustainability.

Cities are not static; they are constantly changing and evolving. The steps and actions we take through the General Plan will address important community needs like housing, transportation, economic development, climate change and environmental sustainability, public safety, arts, parks, and more.

Since its launch in 2020, the General Plan has collected thousands of ideas and suggestions from community workshops, public meetings, surveys, stakeholder interviews, and various activities. An additional way the City gathers public input is through the General Plan Advisory Committee (GPAC), which meets publicly on the third Tuesday of every month at 6 p.m. Chaired by Councilmembers Lorrie Brown and Doug Halter, the 22-member GPAC is comprised of residents, business owners, educators, students, and other Ventura community members.

As part of the General Plan, the City

In the Ventura Vibe VIP Lounge, small

bites from Himalaya Cuisine, Peirano's,

Aloha Steakhouse, and others will be

complemented by a custom cocktail by

ticket is \$35, with children's tickets

available for \$5. VIP tickets, which include special gift items and

admission to the Ventura Vibe VIP

spaces is more important than ever," says

Ventura Land Trust Executive Director Melissa Baffa. "We saw how important

they were to our wellbeing during the

past year's pandemic shutdowns. Place

like Harmon Canyon Preserve and Big

Rock Preserve have become part of the

fabric of Ventura, and they are part

of our story of resilience. The Wild &

Scenic Film Festival is an opportunity

to see how Ventura Land Trust fits into

the work individuals and organizations

around the world are doing to protect

preserves can explore and learn on

4,000 acres of permanently conserved

land in Ventura County. Preserves are

wsff2021 for tickets. Sponsorship

opportunities are available. Contact

Development Director Leslie Velez at

leslie@venturalandtrust.org for more

open to the public daily, for free.

Visitors to Ventura Land Trust's

Visit www.venturalandtrust.org/

"Protecting and preserving our open

A general admission film festival

**Ventura Land Trust announces** 

Ventura Spirits.

Lounge, are \$125.

the earth."

information.

is also actively working on updating other long-term planning efforts, including the:

Climate Action and Resiliency Plan: A Roadmap for how the community will reduce greenhouse gas emissions and prepare for climate change impacts, future natural hazards, and increase resiliency.

Active Transportation Plan: Focuses on bicycle and pedestrian mobility and transit use. This effort will develop detailed policies, actions and implementation programs that will support the General Plan effort.

Housing Element: This is a state mandated document that is part of the General Plan and provides an analysis of Ventura's housing needs and strategies to preserve, improve, and promote housing for all income levels in the community. In 2021, the City will update its Housing Element to meet the State's deadline and requirements. This element will then be revised in 2022 to be consistent with the remainder of the updated General Plan.

These policy documents are ambitious long-term undertakings that will help our community thrive while maintaining its charm.

Please don't miss the opportunity to help shape Ventura's future and what it means to live, work, play, and do business here. Your participation is critical to the process and highly encouraged.

To learn more, visit www.planventura.com to learn about pop-up events, activities, surveys, GPAC meetings, and registering for email updates.

### VFD enhances community safety

Continued from page 1 Continued from page 1 played by the band Nautical Thrust. direct flame impin

direct flame impingement and reduce the amount of radiant heat reaching the structure. The defensible space for each structure varies and depends on the type of vegetation and topography. Maintaining this defensible space is critical.

In 2021, Ventura Fire's goal is to inspect 6,500 properties in very high, high, and moderate fire hazard areas of the City of Ventura. This is a 900% increase from the 580 annual inspections previously performed.

The City of Ventura has contracted with Fire Recovery USA, LLC, a third party billing service, to administer billing on behalf of the Ventura Fire Department.

First inspections are billable at \$21.00 per inspection, plus associated fees totaling \$38.97, per the City's fee schedule. To avoid additional inspections and subsequent fees, residents can correct violations and email pictures showing compliance to fhrp@cityofventura.ca.gov before re-inspection.

To find out if a parcel has been approved, please call (805) 658-4709, or send an email to fhrp@cityofventura. ca.gov. For questions regarding a bill or the billing process, please call (888)-650-5320, or send an email to inspections@firerecoveryusa.com.

For additional information on the Fire Hazard Reduction Program, visit www.cityofventura.ca.gov/ FHRP.



### SHAPE THE FUTURE

The time you invest today will impact Ventura's future for the next 25+ years

- Housing
- Land use
- Transportation
- Economic development
- Environmental sustainability
- Climate change
- Public safety
- Parks and more!

Share Ideas
 www.PlanVentura.com/GetInvolved



### Answer in a Breeze



### Question:

I often see Coast Guard boats going into the Ventura Harbor. What are they doing in the Harbor?

Diane Brown

### Answer:

We asked Tim Burrows from the Ventura Harbor Patrol to answer this. The US coast guard serves many functions, one of which is boarding vessels for safety inspections and or suspicious activity. They will enter the Harbor and look for suspicious activity or for violations.

They also are part of Homeland Security, so they patrol all water ways (inland / international).

Also, it is easier to board vessels in calm waters, so they will sometimes bring vessels to our dock for inspections and investigations.

### Your Hometown Paper www.venturabreeze.com Ventura BREEZE



### **News & Notes**



The Ventura Friends of the Library had a sale at the Dudley House.

### About Libraries and Friends

by Jill Forman

#### Thanks for a successful book sale!

On July 31 and August 1, the Ventura Friends of the Library had a sale at the Dudley House. The weather was perfect, the local plant society was there with plants for sale, and the Lions had a barbecue. There were free tours of the Dudley House. Hundreds of Ventura folks came out to socialize, browse books and plants, eat hot dogs, and take a tour.

So many people to thank. First of all to the volunteers of the Friends of the Library, organized and directed by our Fearless Leader Sandy Greenberg, who worked for four days to transport, set up and take down, and sell our gently-used books. Special shout-out to Clyde Hofflund who was there every day with his trusty truck and strong back! Then to the Dudley House people, especially Lynn Weitzel and Jan Hunter, who helped coordinate as well as working with the Friends. And Charley "the plant man," whose good cheer and efforts for both the plant sale and the Dudley House made it fun. The Ventura Downtown Lions contributed delicious barbecue aromas and hot dog lunches. Boy Scout Troop 179 helped with unloading and moving boxes of books. Ventura East Rotary transported and also moved boxes.

And most of all, to the people of Ventura who came out and supported us. We made over \$1200, plus memberships. Every dollar goes to the libraries, for books and equipment and programs. And as one board member said, "The joy of seeing someone excited about their purchase, talking to buyers about books we love, is why we do this work."

#### Hill Road donation bin

Reminder to please only drop off one bag of donated books at a time. The bin (and the volunteers' backs!) are overwhelmed. If you have a large donation, please take it out to the warehouse. Information on hours and location can be found at the Friends of the Library web page, venturafriendsofthelibrary.org.

#### Volunteers wanted

If you saw how much we enjoyed the book sale, if you're a booklover with some spare time, if you want to give back to the community, we would love to have you join us! We have jobs in the bookstore, in the warehouse, behind the scenes at the bookstore, during our sales, whatever you prefer. Contact us at bookstore@venturafriendsofthelibrary.org.

#### Ventura County Library announces a new mobile app, MyVCLibrary (from press release)

The MyVCLibrary app helps library customers continue to access Ventura County Library collections and services in a user-friendly way. Users may access a digital library card, search for materials, place or cancel holds, manage their account, renew items, and even self-check, all from their mobile device.... "We're really excited that our new and improved app brings the library to life in the hands of our users. We're happy to be able to extend our reach into the community and provide customers convenient access to our collections and services, wherever they are, whenever they'd like," says Nancy Schram, Ventura County Library Director.

No appointment needed at County Public Health clinics.

### Coverly Professional Services, Inc. **CEO** Lynnette Coverly, is honored with three awards

Coverly Professional Services (CoverlyPro) CEO, Lynnette Coverly and her company are having a banner year. In the first six months of 2021 Coverly has been awarded the 2021 BRAVA Adaptability Award by the National Association of Women Business Owner Ventura County (NAWBO-VC), is the Women's Economic Venture's 2021 Media and Communications Spirit of Entrepreneurship award winner and was named as a state NAWBO finalist for the Women Business Owner of the Year. These honors come as CoverlyPro celebrates its 11th year in business as a full-service marketing project management firm bringing creative ideas to implementation that continually exceed client expectations.

Part of the firm's recent successes is a result of Coverly's leadership and ability to pivot and adapt during the effects of the Covid-19 pandemic. "During the pandemic, from a business standpoint, there was an opportunity to be flexible and adapt. The way we adapted at CoverlyPro was to begin offering virtual event productions. We literally became overnight Zoom and Live Stream experts and have produced 18 virtual events, including a 3-full day conference, in the last year and a half," commented Coverly. With this adaptation to the firm's service offerings, 2020 became a stellar year for Coverly Pro. She continued, "Now we're transitioning from virtual productions to producing hybrid events that include both virtual and in-person elements."

A result of the company's achievements, is its growth. CoverlyPro has expanded its team from two to six employees. With over 30 years of marketing leadership, project management and communications experience, Coverly is building her diverse team with advanced subject matter

experts who are creating and implementing branding, marketing, and communications strategies across a variety of business sectors for local, regional, and statewide clients.

Coverly credits her firm's favorable results from her established philosophy of giving back. "What I love most about being a woman business owner, is that I can support other women business owners. It's so important to me to provide services and help women business owners tell their stories," states Coverly. Translating her giving spirit directly into her business, Coverly has been an integral volunteer and board member of community projects and events including VEP's Summerfest, Women Economic Ventures, FOOD Share's Trick or Treat So Others Can Eat, Ventura County Medical Resource Foundation, Ventura County 4-H youth development program, and National Kidney Foundation. She is currently on the Executive Board for NAWBO California and is a past president for NAWBO Ventura County.

Learn more about Coverly Professional Services at www.CoverlyPro.com

### Covid-19 **Pandemic** Hurts Girl Scout Cookie Sales

It is a commonly accepted belief that Girl Scout Cookies are the most delicious cookies, but they also provide opportunities for millions of girls across the country to learn skills that are essential to leadership, success, and life. Unfortunately, this year 250,000 boxes of the coveted Girl Scout cookies have been left unsold in stores across California's Central Coast due to an inability to outreach during the Covid-19 pandemic. These cookies need to be sold by September 1 and are currently being sold in a buy one, get one free sale by the troops in the central coast.

The cookies can be found at the following location, Monday-Friday, 9 am-4:30 pm

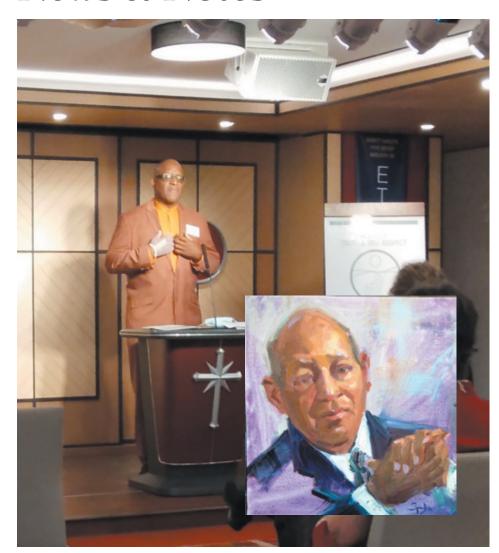
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Ventura Office 1500 Palma Drive, Suite 110





### **News & Notes**



The guest speaker was Pastor Michael McCurtis of the Total Life Christian Center of Ventura. (Insert) Rev. Luther McCurtis from Face Of Ventura by Johanna Spinks.

### International Day of Friendship

On August 7th, from 1pm - 3pm, the Church of Scientology Ventura held an open house special presentation to Commemorate the International Day of Friendship.

The International Day of Friendship was proclaimed by the United Nations in 2011 with the idea that friendship between peoples, countries, cultures and individuals can inspire peace efforts and build bridges between communities. It is a day about promoting and defending a shared spirit of human solidarity.

"Through friendship - by accu-

mulating bonds of camaraderie and developing strong ties of trust — we can contribute to the fundamental shifts that are urgently needed to achieve lasting stability, weave a safety net that will protect us all, and generate passion for a better world where all are united for the greater good." United Nations

The guest speaker was Pastor Michael McCurtis of the Total Life Christian Center of Ventura, who's father, Rev. Luther McCurtis founded the Center over 50 years ago when he saw a need for a ministry that extended beyond the four walls to help those in need.



On August 5, at 2am, a 911 call was received at the Fire Communication Center to report a structure fire at a commercial building located on Callens. Fire personnel arrived on scene within minutes of the initial call and found a large single story commercial occupancy with heavy smoke and flames coming from a front office. Fire personnel began an aggressive fire attack and found the seat of the fire in a front office. A quick and coordinated search for victims found the occupancy to be vacant. Fire personnel knocked down and extinguished the fire within 22 minutes of the initial 911 call and began salvage and overhaul operations.

The Incident Commander coordinated with Ventura Building and Safety to determine the final disposition of the building. The estimated damage to the structure was approximately \$150,000 and personal losses were estimated to be at \$0 because the building was vacant. The final cause of the fire remains under investigation and no injuries were reported at the time of the incident.







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### **News & Notes**



Saticoy Library is one of four Ventura libraries.

# Ventura County Library announces a new mobile app, MyVCLibrary, allowing users access to print and digital collections

The MyVCLibrary app helps library customers continue to access Ventura County Library collections and services in a user-friendly way. Users may access a digital library card, search for materials, place or cancel holds, manage their account, renew items, and even self-check, all from their mobile device. Other features include an ISBN search to see if the library has a specific book and the ability to manage several accounts on one device.

"We're really excited that our new and improved app brings the library to life in the hands of our users. We're happy to be able to extend our reach into the community and provide customers convenient access to our collections and services, wherever they are, whenever they'd like," says Nancy Schram, Ventura County Library Director.

The app allows users to explore the

library without entering a building. While in a library building, our app allows users to easily pull up their digital library card on their device and check out.

Download this new Ventura County Library app by going to the Android or Apple app Store and searching for "MyV-CLibrary" on your smart device today.

For additional information, contact Nancy Schram, Ventura County Library Director at (805) 256-8535.

See our hours of service at https://www.vencolibrary.org/locations

#### El Rio Branch:

Albert H. Soliz Library, 2820 Jourdan Street, Oxnard, CA 93036

#### Heritage Valley branches:

Fillmore Library,

502 2nd Street, Fillmore, CA 93015 Piru Library,

3811 Center Street, Piru, CA 93040 Mobile Library https://www.vencolibrary.org/locations/mobile-library

#### Oak Park branch:

Oak Park Library, 899 North Kanan Road, Oak Park, CA 91377

#### Ojai Valley region branches:

Meiners Oaks Library, at Meiners Oaks Elementary, Fall 2021 Oak View Library, 555 Mahoney Avenue, Oak View, CA 93022 Ojai Library,

111 East Ojai Avenue, Ojai, CA 93023

#### Port Hueneme branch:

Ray D. Prueter Library, 510 Park Avenue, Port Hueneme, CA 93041

### Ventura region branches:

Ventura, CA 93004

Avenue Library,
606 North Ventura Avenue,
Ventura, CA 93001
E.P. Foster Library,
651 East Main Street, Ventura, CA 93001
Hill Road Library,
1070 S. Hill Road, Ventura, CA 93003
Saticoy Library,
1292 Los Angeles Avenue,

### Tree Town



Jim Ackerman filling his water tank for landscape irrigation.

Ventura Water is offering a Recycled Water Mobile Reuse Program to our residents. Recycled water may be used for landscape irrigation and dust control. (The City currently uses it for watering young street trees and the municipal golf courses.) Ventura Water customers may take advantage of the program by completing an application, attending a training session and paying a \$75 permit fee. Once a permit is issued and the customer has purchased an approved 5- to 300-pound capacity container, water may be picked up free of charge at the city fill station on Spinnaker Drive. For information, call Jason at 805 677-4135 or sign up online at www.cityofventura. ca.gov/VenturaWater (mobile reuse program).

August 11 - August 24, 2021 Ventura BREEZE

# Senior T, iving



Drink water before, during, and after your workout session.

### Deciding when and how become physically active

Deciding to become physically active can be one of the best things you can do for your health. Exercise and physical activity are not only great for your mental and physical health, but they can help keep you independent as you age. Now, let's talk about getting started.

#### **How Much Activity Do Older** Adults Need?

According to the Physical Activity Guidelines for Americans (PDF, 14.5M) you should do at least 150 minutes (2 1/2 hours) a week of moderate-intensity aerobic exercise, like brisk walking or fast dancing. Being active at least 3 days a week is best, but doing anything is better than doing nothing at all. You should also do muscle-strengthening activities, like lifting weights or doing sit-ups, at least 2 days a week. The Physical Activity Guidelines also recommend that as part of your weekly physical activity you combine multiple components of exercises. For example, try balance training as well as aerobic and muscle-strengthening activities. If you prefer vigorous-intensity aerobic activity (like running), aim for at least 75 minutes a week.

#### **How Older Adults Can Get** Started with Exercise

Exercise and physical activity are great for your mental and physical health and help keep you independent as you age. Here are a few things you may want to keep in mind when beginning to exercise.

#### **Start Slowly When Beginning Exercise**

The key to being successful and safe when beginning a physical activity routine is to build slowly from your current fitness level. Over-exercising can cause injury, which may lead to quitting. A steady

rate of progress is the best approach.

To play it safe and reduce your risk of injury:

Begin your exercise program slowly with low-intensity exercises.

Warm up before exercising and cool down afterward.

Pay attention to your surroundings when exercising outdoors.

Drink water before, during, and after your workout session, even if you don't feel thirsty. Play catch, kickball, basketball, or soccer.

Wear appropriate fitness clothes and shoes for your activity.

If you have specific health conditions, discuss your exercise and physical activity plan with your health care provider.

Even the best intentions to exercise can fall by the wayside when obstacles and challenges get in the way. However, there are ways to get past them! Check out these tips for overcoming exercise barriers and fitting exercise into your routine.

Exercise first thing in the morning. You are more likely to exercise if it's a convenient part of your day. Try combining physical activity with a daily task you

Keep it fun and interesting. Do things you enjoy and try new activities to keep things exciting.

Fit physical activity into your budget using items you already have at home. Exercise doesn't have to be expensive. Wear comfortable, non-skid shoes for walking and use items you already have, like soup cans or water bottles, for strength

Give yourself a boost of energy. Regular, moderate physical activity can help manage stress, reduce fatigue, and increase your energy and



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> AUGUST 20 FROM 1-4PM

If you have questions, please reach out to Mary Sawyer, Marketing Director: mary.sawyer@aegisliving.com



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- Legacy One FinancialGentle Transitions
- Mission Home Health & Hospice
- · Nicoll Insurance & Financial Services
- Trusted HospiceVentura Post Acute
- · Victoria Care Center

### Gaining knowledge to deal with senior fraud

by Carol Leish

By gaining knowledge of what's available within Ventura County to according to Aldava, include: yourselves.

According to, Carey Aldava, Manager of Ventura County Adult Protective Services Program, "Reports received on fraud have not substantially increased in our county due to the pandemic. Perhaps this is because many agencies that serve seniors and adults with disabilities in the community have not fully reopened to offer services, creating less of an opportunity to encounter victims of scams and fraud.

"Regarding percentages countywide from 2015-2020, we (Adult Protective Services), confirmed 1,928 reports of financial abuse against elders (31% of all financial abuse cases). Of these cases, 57% were scams. So far, in 2021, we have confirmed 237 reports of financial abuse against elders (37% of all financial abuse cases), with 60% being related to scams."

"Tools to deal with others," deal with senior fraud, you will be more Shredding all receipts with your empowered to stop it. By using various credit card number on it; 2) Getting tools, you'll be better able to protect involved in the community and not isolating yourself; 3) Telling solicitors to provide their information in writing; 4) Obtaining a salesperson's name, business identity, telephone number, street address, mailing address, and business license number before transacting business; 5) Signing up for the 'Do Not Call Registry' at: 888-382-1222.; 6) Using direct deposit for benefit checks; and, 7) Never giving your credit card, banking, social security, Medicare, or other personal information over the phone unless you initiated the call."

Debbie Deem, a retired victim's specialist for the FBI, runs a monthly meeting (Financial Abuse Specialist Team: FAST), that deals with issues related to various topics, such as: elder abuse; financial exploitation; and, phone fraud. She said, "We have a wide variety of people, which includes, Continued on page 11



### Senior Living

## Choosing healthy meals as you get older

Making healthy food choices is a smart thing to do — no matter how old you are! Your body changes through your 60s, 70s, 80s, and beyond. Food provides nutrients you need as you age. Use these tips to choose foods and beverages for better health at each stage of life.

#### 1. Drink plenty of liquids

With age, you may lose some of your sense of thirst. Drink water often. Low-fat or fat-free milk or 100% juice also helps you stay hydrated. Limit beverages that have lots of added sugars or salt. Learn which liquids are healthier choices.

#### 2. Make eating a social event

Meals are more enjoyable when you eat with others. Invite a friend to join you or take part in a potluck at least twice a week. A senior center or place of worship may offer meals that are shared with others. There are many ways to make mealtimes pleasing.

#### 3. Plan healthy meals

Find trusted nutrition information from ChooseMyPlate.gov and the National Institute on Aging. Get advice on what to eat, how much to eat, and which foods to choose, all based on the Dietary Guidelines for Americans. Find sensible, flexible ways to choose and prepare tasty meals so you can eat foods you need.

#### 4. Know how much to eat

Learn to recognize how much to eat so you can control portion size. When eating out, pack part of your meal to eat later. One restaurant dish might be enough for two meals or more.

5. Include a variety of different colored, flavored, and textured vegetables. Most vegetables are a low-calorie source of nutrients. Vegetables are also a good source of fiber.

#### 6. Eat for your teeth and gums

Many people find that their teeth and gums change as they age. People with dental problems sometimes find it hard to chew fruits, vegetables, or meats. Don't miss out on needed nutrients! Eating softer foods can help. Try cooked or canned foods like unsweetened fruit, low-sodium soups, or canned tuna.

#### 7. Use herbs and spices

Foods may seem to lose their flavor as you age. If favorite dishes taste different, it may not be the cook! Maybe your sense of smell, sense of taste, or both have changed. Medicines may also change how foods taste. Add flavor to your meals with herbs and spices.

#### 8. Keep food safe

Don't take a chance with your health. A food-related illness can be life threatening for an older person. Throw out food that might not be safe. Avoid certain foods that are always risky for an older person, such as unpasteurized dairy foods. Other foods can be harmful to you when they are raw or undercooked, such as eggs, sprouts, fish, shellfish, meat, or poultry.

#### 9. Read the Nutrition Facts label

Make the right choices when buying food. Pay attention to important nutrients to know as well as calories, fats, sodium, and the rest of the Nutrition Facts label. Ask your doctor if there are ingredients and nutrients you might

need to limit or to increase.

10. Ask your doctor about vitamins or supplements

Food is the best way to get nutrients you need. Should you take vitamins or other pills or powders with herbs and minerals? These are called dietary supplements. Your doctor will know if you need them. More may not be better. Some can interfere with your medicines or affect your medical conditions.



Avoid napping in the late afternoon or evening, if you can.

### Sleep and Aging

Getting enough sleep helps you stay healthy and alert. But, many older people don't sleep well. If you're always sleepy or you find it hard to get enough sleep at night, it may be time to see a doctor. Waking up every day feeling tired is a sign that you are not getting the rest you need.

Older adults need about the same amount of sleep as all adults—7 to 9 hours each night. But, older people tend to go to sleep earlier and get up earlier than they did when they were younger.

There are many reasons why older people may not get enough sleep at night. Feeling

sick or being in pain can make it hard to sleep. Some medicines can keep you awake.

Being older doesn't mean you have to be tired all the time. You can do many things to help you get a good night's sleep. Here are some ideas:

Follow a regular sleep schedule. Go to sleep and get up at the same time each day, even on weekends or when you are traveling. Avoid napping in the late afternoon or evening, if you can. Naps may keep you awake at night.

Develop a bedtime routine. Take time to relax before bedtime each night. Some people read a book, listen to soothing music, or soak in a warm bath.

Try not to watch television or use your computer, cell phone, or tablet in the bedroom. The light from these devices may make it difficult for you to fall asleep. And alarming or unsettling shows or movies, like horror movies, may keep you awake. Keep your bedroom at a comfortable temperature, not too hot or too cold, and as quiet as possible.

Use low lighting in the evenings and as you prepare for bed.

Exercise at regular times each day but not within 3 hours of your bedtime.

Avoid eating large meals close to bedtime—

they can keep you awake. Stay away from caffeine late in the day. Caffeine (found in coffee, tea, soda, and

chocolate) can keep you awake. Remember—alcohol won't help you sleep. Even small amounts make it harder to stay asleep.

#### Insomnia Is Common in Older Adults

Some older adults who have trouble sleeping may use over-the-counter sleep aids. Others may use prescription medicines to



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### Senior Living

help them sleep. These medicines may help when used for a short time. But remember, medicines aren't a cure for insomnia.

People with restless legs syndrome, or RLS, feel like there is tingling, crawling, or pins and needles in one or both legs. This feeling is worse at night. See your doctor for more information about medicines to treat RLS.

Periodic limb movement disorder, or PLMD, causes people to jerk and kick their legs every 20 to 40 seconds during sleep. Medication, warm baths, exercise, and relaxation exercises can help.

Rapid eye movement, or REM, sleep behavior disorder is another condition that may make it harder to get a good night's sleep. During normal REM sleep, your muscles cannot move, so your body stays still. But, if you have REM sleep behavior disorder, your muscles can move and your sleep is disrupted.

Some people find that relaxing their bodies puts them to sleep. One way to do this is to imagine your toes are completely relaxed, then your feet, and then your ankles are completely relaxed. Work your way up the rest of your body, section by section. You may drift off to sleep before getting to the top of your head.

After turning off the light, give yourself about 20 minutes to fall asleep. If you're still awake and not drowsy, get out of bed. When you feel sleepy, go back to bed.

### Gaining knowledge to deal with senior fraud

Continued from page 9

bankers, lawyers, Ombudsman, and the Area Agency on Aging offering us resources and advice at our meetings.

"Ventura County Adult Protective Services," according to Dean, "has a 24 Hr. Abuse Hotline: (805) 654-3200. The Adult Protective Services agency helps elder adults (65 years and older) and dependent adults (18-64 who are disabled), when these adults are unable to meet their own needs, or are victims of abuse, neglect or exploitation. The County Adult Protective Services agency investigate reports of abuse of elder and dependent adults. Look at: https://www.cdss.ca.gov/."

In regards to the Federal Trade Commission's Do Not Call Registry, Dean said, "look at: https://www. donotcall.gov/ and go to, 'more information-answers basic questions. Or, call: 1-888-382-1222. The Federal Trade Commission (FTC) and AARP have great info on fraud crimes at: https:// www.consumer.ftc.gov/features/scamalerts/; also: https/www.consumrer-ftc. gov/blog2020/10/how-spot-avoid-andreport-imposter-scams."

"Regarding getting help, support and resources and help in where to report fraud," according to Dean, call the National Elde Fraud Hotline (age 60 or older) at: 1-833-372-8311. And, for more information, got to: https:// ovc.ojp.gov/program/stop-elder-fraud/ providing-help-restoring-hope.

"And, if you are concerned about being a victim, you can call the Ventura County Sheriff's Office Fraud Hotline in Ventura (Headquarters) at: (805) 654-2145; in Ojai at: (805) 477-7050; in Camarillo at: (805) 388-5175; or, in Fillmore at: (805) 477-7020."

Thus, with knowledge, you will gain power and restore your hope in being better able to cope with/avoid the possibilities of senior fraud.



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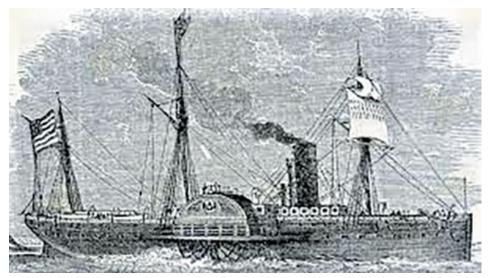
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August 11 - August 24, 2021

### This 'n' That



The ship was slowly sinking.

### The wreck of the SS Winfield Scott

by Richard Senate

An event happened on Anacapa Island that was the cause of the construction of a light house on the Island. It was a dark foggy night, December 4th, 1853, when the steamship "Winfield Scott" went into the rocks off Frenchies Cove, Anacapa Island. The three-year-old 1,291 ton paddle steamer was carrying 250 rich miners from San Francisco to Panama on the first leg home to their families in the United States. Each one carried gold, and the ship also held two million of gold bullion being sent east.

The master of the ship was Captain Blunt who had successfully sailed the ship around the horn from New York to California. He had heard that the Santa Barbara Channel would cut hours, even days, off his trip. Most sea captains at that time avoided this rout preferring to sail far off the coast. Knowing the stiff competition from other lines, he elected to sail though the channel. It was a mistake.

The Santa Barbara Channel can be treacherous, especial in the Winter months. When they were off Santa Barbara they were enveloped in a thick pea soup fog. Blinded in the days before radar Captain Blunt was forced to reduce speed and proceed using dead reckoning. As they progressed nervously on the bridge, the unknowing passengers partied, played cards and gambled. Somehow, perhaps it was only a small error, they strayed off course. At two a.m. when they were almost though the Channel, the big ship rammed into the rocks. Everyone was tossed from their beds and went on deck into the fog. Some panicked in fear, others steeled

by their time in the rough gold camps, remained calm. They knew they were not far from land, they could hear the sound of the surf.

The ship was slowly sinking, her twin 350 horsepower engines had wedged her between two rocks. A long boat was lowered and they found the beach not far away. The crew and passengers were taken to the beach with all their goods and valuables. They had time to take supplies and water as well as the gold bullion under armed guard. They wisely salvaged a small cannon. Tents were set up and when dawn came the ship was gone and Frenchies Cove was all they saw. A rocky island without fresh water.

The Captain order his sailors to take the longboat and try to row to Santa Barbara for help. They set off but it took days for them to make the trip. Eight days being stranded came to an end when the ship "Californian" drew near and they fired the cannon to signal for help. She was heading for Panama too and took the miners and bullion with her.

Now the wreck is under the protection of the National Parks Service and it is illegal to take artifacts from the sunken hull. She rests in 30 feet of water just 50 feel offshore. The ship, being made mostly of wood is badly deteriorated, only a few ribs and her iron boilers and paddlewheels are left. It is an ideal place for SCUBA diving and the National Parks encourage photography. To visit the site contact the Channel Islands National Monument at the Ventura Harbor or contact the Island Packers in the harbor that offers tours of Anacapa and the

### Ventura County Ventura County ontinues to be aligned with the California Department of Public Public Health issues health advisory urging vaccinations and masking indoors

Due to the current surge, Ventura County Public Health (VCPH) is urging all Ventura County residents that are eligible but have not yet been fully vaccinated to get vaccinated as soon as possible. In alignment with state and federal health authorities, VCPH officials also continue to strongly recommend mask wearing indoors in public places regardless of vaccination status. While

with the California Department of Public Health (CDPH) and the Center for Disease Control and Prevention (CDC) guidance on masking, which recommends that everyone regardless of vaccination status wear masks indoors, and that requires those that are not fully vaccinated to mask indoors, officials are closely monitoring the current surge in case additional mitigation measures are needed.

COVID-19 cases and hospitalizations are rising due to the increased circulation of the highly transmissible Delta variant. The latest local case rate has reached 15.5 cases per 100,000 residents and a positivity rate of 6%. With these metrics, Ventura County would be in the purple tier in the now retired color tiered framework.

Vaccines remain the most powerful tool against COVID-19 and its variants, including the Delta variant. Nonetheless, the Delta variant is infecting a small percentage of vaccinated people in Ventura County but such

vaccinated people remain strongly protected against severe illness, hospitalization, and death. State data reported on August 4, 2021 shows that there have been 688 total cases among fully vaccinated people, a "breakthrough" or infection rate of 0.14%.

Cases in the past month have trended younger with persons 18-29 years of age making up the majority of cases. It is important for all eligible people to get vaccinated especially as school resumes in person and youth under 12 years of age are not eligible to receive the vaccines.

Mask wearing prevents transmission of the virus especially to those most at risk and people who cannot get vaccinated yet for eligibility and other health reasons. People are strongly recommended to wear masks indoors in settings like grocery or retail stores, theaters, and family entertainment centers, even if they are fully vaccinated as an added layer of protection for both themselves and unvaccinated residents. Businesses are asked to expect masking for customers entering indoor areas of their businesses to provide better protection to their employees and customers. Workplaces must comply with Cal/OSHA requirements and fully vaccinated employees are encouraged to wear masks indoors even though no longer required for fully vaccinated employees by the Cal/ OSHA COVID-19 Emergency Temporary Standards. For masks to work properly, they need to completely cover your nose and mouth and fit snugly against the sides of your face and around your nose.

People with only one vaccine dose of Pfizer or Moderna are not fully protected. Completion of the vaccine series is necessary to provide full protection. People are considered fully vaccinated 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or 2 weeks after a single-dose vaccine, such as the Johnson & Johnson vaccine.

Public Health continues to monitor transmission rates, hospitalizations, deaths and increasing vaccination rates throughout the County and will reevaluate the recommendation as needed in the coming weeks. COVID-19 data can be monitored at www.

COVID-19 vaccines are free for all community members 12 or older.

Vaccination locations can be found at

www.vaccines.gov or by calling 800-232-0233. Appointments can be made at MyTurn.

Visit www.vcrecovers.org for more infor-

CA.gov or by calling 833-422-4255.

### Local SCORE Chapter receives Platinum Award

SCORE's Ventura County Chapter was awarded 2020 Platinum Status, SCORE's highest rating. The award recognizes the Ventura County Chapter for outstanding leadership, commitment and exemplary services in maintaining chapter standards of operation. This recognition is client centered and given to the top performing SCORE chapters out of 300 nationally.

SCORE Ventura County's mission is to foster vibrant small business communities through mentoring and education. Founded in 1972, the chapter will soon celebrate its 50th Anniversary. The chapter's volunteers provided confidential and free mentoring to 645 entrepreneurs during 2020. The chapter's 61 workshops & webinars during the year reached 1,968 small business owners and attendees.

The chapter's volunteers believe that building alliances and receiving support from the Small Business Administration, Ventura County's Chambers of Commerce, the Economic Development Collaborative, the Women's Economic Ventures and our many other community partners is making it possible for SCORE Ventura to grow and achieve its goal to give every person the support necessary to thrive as a small business owner.

SCORE was established in 1964 as a nationwide, non-profit 501(c)(3) organization to facilitate retired business owners and managers to mentor and assist small business owners. The organization's 11,000 volunteers operate out of over 320 chapters through the country. The SBA includes SCORE, along with the Small Business Development Centers and Women's Business Centers, in its triad of technical assistance partners offering mentoring and educational services.

For up to the minute information, visit facebook.com/SCOREVentura



Are you an amateur cartoonist? Send your cartoon to editor@venturabreeze.com.

### **Police Reports**

#### by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

#### **Stabbing with Arrest**

On July 26, at approximately 7:00 pm, the Ventura Police Command Center received a 911 call of a stabbing victim in the 7800 block of Telephone Rd.

Responding officers arrived on scene within one minute of the call and located the suspect, 19 year old Oxnard resident Edward Larios, standing near the victim who was suffering from several stab wounds.

The ensuing investigation revealed that that the victim had driven to the 600 block of Providence Av at the request of a female who indicated she was being physically abused by Larios.

Once the victim arrived, he broke up a domestic violence incident between the female and Larios. As the victim was leaving in his car Larios confronted the victim and stabbed him twice in the legs. The victim fled in his car.

The victim who was feeling the effects of being stabbed pulled over into the gas station at Telephone Rd and Kimball Rd. He called the female to come help him. She arrived along with the Larios and Larios stabbed the victim an additional time in the abdomen.

The victim was taken to the Ventura County Medical Center where he remains in stable condition.

Larios was arrested and booked for assault with a deadly weapon causing serious injury and domestic violence.

### **Shooting with Arrest**

During the investigation, the Ventura Police Department had processed the crime scene for evidence and had served numerous search warrants which led to the development of the suspect in this case. Brian Torres, 38 year old Ventura resident, was linked to the crime and a warrant was sought for his arrest.

On July 29, the Ventura Police Department was notified by the Laramie Police Department in Wyoming that they had apprehended Torres after they had received a call of a suspicious subject at a laundromat. He was subsequently booked into Laramie County Detention Center in Wyoming awaiting extradition back to California.

On July 21, at 3:30 am, the Ventura Police Command Center received a 911 call of a shooting victim at Simpson St and Ventura Av. Responding officers arrived on scene and located a 20-year-old male victim lying on the sidewalk suffering from a gunshot wound.

Ventura Fire and AMR ambulance arrived and transported the victim to the Ventura County Medical Center.

The ensuing investigation revealed that the victim was east of Ventura Ave on Simpson St when he was shot at numerous times and was struck once in the torso.

The victim is currently at the Ventura County Medical Center in critical condition. Anyone with information about this shooting is asked to call Detective Espinosa at 805-339-4497.

### **Harbor Patrol** Blotter

Just a few of the things the Harbor Patrol

12:00pm, received report of a stingray strike from State Parks at Harbor Cove. Officers responded with hot water to treat the puncture wound.

**7/21** 1:45pm, received report of a stingray strike at Harbor Cove, tower 3 from State Parks lifeguards. Officers responded with hot water to assist treating the injury.

**7/22** 7:11pm, dispatched to a fire alarm at Portside. Officers responded with Ventura Fire to the call. No fire discovered: Portside maintenance reset the

7/23 6:28pm, received report of an obscene bumper sticker on a vehicle in Ventura Harbor Village. Officers responded but were unable to locate the

**7/24** 7:10am, observed the National Scholastic Surfing Association conducting an Open Season event at Surfers Knoll Jetty. Observed a large group of surfers for the event. The competitors were enjoying good waves and condi-

11:03pm, while on patrol, observed an RV with persons camping at the launch ramp. Officers educated the travelers from Brazil where they can legally camp. **7/25** 5:15pm, received a report of a water rescue at South Beach with four swimmers caught in a rip current. Officers responded by land in Harbor 1 and on Rescue Watercraft (waverunner) to assist State Parks Lifeguards with rescue. All victims were returned to shore and no injuries suffered by the foursome. **7/28** 12:50pm, received a report of a water rescue, capsized kayak/person in the water. Officers responded in RB19 to pull the victim from the water and tow

7/29 2:10am, observed an 8.2 earthquake occurred in Alaska. Officers checked the Pacific Tsunami warning center for information, no advisory issued for Calif.

the kayak back to the rental dock in the

village.

3:30am, officers setting up measuring devices and cameras to monitor the predicted arrival of 4:45am of a 0.3ft surge. No anomalies observed.

10:47pm, while on patrol, received report of a fishing hook caught in cheek of fisherwoman. The patient refused medical assistance, officers stood by as she pushed the hook through her cheek and freed it from her face.

**7/30** 9:00am, officers assisting State Parks with junior lifeguard swim at the

1:24pm, dispatched to a fall victim in the Harbor Cove restrooms. Officers responded in Harb1 and were able to assist Oxnard Fire 66 with the patient.

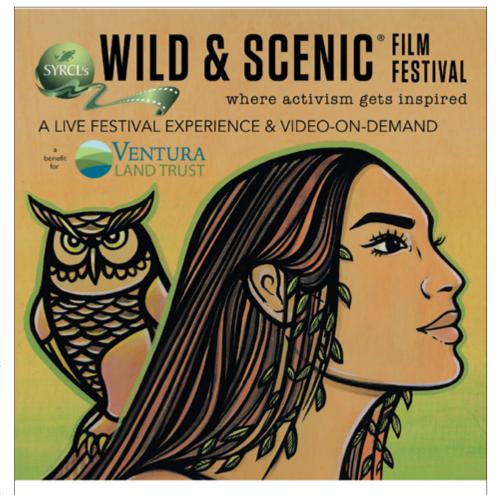
4:10pm, dispatched to a water rescue, kite surfer in distress. Officers responded in RB17 and assisted State Parks with the victim who refused assistance.

10:20pm, dispatched to a fall victim in the Ventura Marina Community. Officers responded and assisted Ventura fire with the patient who was lifted, no medical.

**7/31** 8:04am, received report of a dog and persons harassing a skunk at Harbor Cove. Officers responded and cleared the harassers. VC animal control unable to respond, Bird Rescue volunteer responded and captured the animal,

3:22pm, dispatched to a medical alarm in Ventura Marina Community. Officers responded and found a confused male claiming he was assaulted. Ventura PD was requested and took over the call, victim refused medical care.

11:01pm, dispatched to a fire at Portside apartments. Officers responded with VFD and found a fire alarm sounding in an apartment with the stove on. The



### **AUGUST 28TH**

@ VCCU HQ | 5-10 PM

**ENVIRONMENTAL &** ADVENTURE FILMS Food | Drinks | Music

### **INFO & TICKETS**

venturalandtrust.org/wsff2021



Mechanics Bank Relationships

incident is under investigation

**8/01** 8:59am, dispatched sick person in the Ventura Marina Community. Officers responded and assisted VFD/AMR with a male unable to move because of injury

10:18am, received report of an adrift kayak near the Surfers Knoll Jetty. Officers responded and found a black kayak that appeared to have been adrift for some time. It was towed, full of water back to patrol dock and entered into impound.

8/02 12:39pm, dispatched to fall victim near 1559 Spinnaker Dr. Officers responded and assisted VFD/AMR with an intoxicated male. AMR transported to

7:21pm, received report of sewage odor near Launch Ramp. Officers investigated and discovered a large pile of decomposing seaweed in the sandtrap

**8/03** 4:07pm, received report of transient locked in L/R restroom. Officers responded and removed transient with bike/bike trailer, 32in flat screen TV, large backpack.

### Harriet H. Samuelsson Foundation awards \$590,000 in grant funding

The trustees of the Harriet H. Samuelsson Foundation recently awarded grants totaling \$590,000 to 11 local non-profit organizations providing remote and in-person services to youth and adolescents during this ongoing COVID-19 pandemic. Grants ranged from \$10,000 to \$150,000, and were allocated to the following organizations:

\$40,000 to Big Brothers/Big Sisters of Ventura County for contactless food drop offs, plus virtual and in-person mentoring, support groups, and workshops to assist youth and families coping with toxic stress

\$150,000 to Boys & Girls Clubs of Continued on page 15



### **King** Crossword — Answers Solution time: 23 mins. G L A M T A L C S I P P E A U E M I L W O E S A M M Y S O S A E N I B C S S A E S C T E S L A F I S T DNAIFSIS II A K F 0 V I F O A M Y P I C 0 N O E B T A I O S B O N O I F O S O A I вцотв

August 11 - August 24, 2021

### The Pet Page



Dedicated to Scamp

SPAN Thrift Store is now open to the public and looking for donations of adult clothing, household items and tools if you've got items you no longer use. SPAN Thrift Store regularly

provides \$10 spays and neuters for low income households with cats and dogs.

Two upcoming clinics in August are: Tuesday, August 24th and Tuesday, August 31st, both at the Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard.

Please call to schedule an appointment (805) 584-3823.

Federal legislation reintroduced in June would require more stringent health screening for dogs entering the U.S.

Citing data from the Centers for Disease Control and Prevention, an AVMA announcement indicates less than 1% of the million-plus dogs entering the U.S. each year are inspected for rabies, influenza, hepatitis, and distemper.

"Diseases such as screwworm, canine distemper, rabies, canine influenza, leptospirosis, and canine melioidosis have been diagnosed in imported dogs, which were often distributed to homes and farms across the U.S.," the AVMA announcement states. "Although the Healthy Dog Importation Act will apply to all dogs imported into the U.S., its implementation will have a heavy focus on dogs being imported for transfer (donation, sale, adoption, etc.)."

On June 29, U.S. Rep. Kurt Schrader of Oregon reintroduced the bill, HR 4239, which would amend the Animal Health Protection Act's provisions on importing live dogs. Rep. Schrader is a veterinarian, and he co-chairs the Veterinary Medicine Caucus with one of the bill co-sponsors, Rep. Dusty Johnson of South Dakota, who is not a veterinarian.

"The Healthy Dog Importation Act would finally provide the proper oversight needed to make sure the dogs being brought into our country are healthy, and will not endanger our people, our pets, or our food supply chain," Rep. Schrader said in the AVMA announcement. "By having key safeguards in place, we can detect potential serious safety concerns and prevent these dangers from turning into a public health crisis."

The bill, first introduced in 2020, would add requirements that imported dogs arrive in good health and come with certification that a licensed veterinarian had inspected each dog and confirmed it has received all vaccinations and passed all tests required by the U.S. Department of Agriculture for importation. Dogs arriving in the U.S. also would need to be at least 6 months

old and accompanied by an import permit.

Those requirements would include exceptions for dogs imported for research purposes or veterinary treatment, as well as exceptions for dogs younger than 6 months old that are imported to Hawaii in compliance with state requirements.

The bill also would direct federal agencies to create an electronic database for documents and permits related to importing dogs. The AVMA announcement indicates that tool is intended to aid the screening process overseen by the USDA, CDC, and U.S. Customs and Border Protection.

Veterinarians are making strides in learning more and more about man's best friend, thanks to recent discoveries in the field of canine health, but a lot of questions still exist when it comes to mobility issues in our four-pawed friends.

A dog's mobility may be compromised because of age, injury, or birth defect, and animals suffering from these conditions may experience serious pain. As such, pet owners should know how to recognize when their canine companion is lacking a certain spring in their step.

Dr. Daniel Eckman, a staff veterinarian in rehabilitation at the Texas A&M College of Veterinary Medicine & Biomedical Sciences' Veterinary Medical Teaching Hospital, weighed in on the problems that can come from mobility issues in dogs.

"Many of the common signs include reduced walking distances, persistent lameness, not being able to perform a sport that they previously could, and being painful when touched," Eckman said. "Rehabilitation can be necessary at any point."

Mobility issues can be breed-specific—some larger breeds, including Labradors, Golden Retrievers, and German Shepherds, tend to have joint problems, while Dachshunds tend to be more susceptible to back complications.

One of the most powerful tools owners can use in identifying these kinds of issues is observation, Eckman said.

When dog owners notice some of the key symptoms associated with mobility issues, the exact location and cause of the pain can be identified by consulting your veterinarian. To determine if there are any infections or imbalances that could be contributing to the immobility, your veterinarian may order radiographs or clinical blood tests, such as a complete blood count, urinalysis, and a biochemistry profile.

Another way to support pets during this process is working with a certified animal rehabilitation practitioner to develop rehabilitation plans and/or home exercises, according to Eckman.

#### \$10 Low/No Income SPAN Thrift Store Spay & Neuter SPAY/NEUTER ANIMAL NETWORK Tues, Aug. 24th & Tues, Aug. 31st Albert H. Soliz Library . El Rio Requesting Donations of Clothing, Tools and Small Kitchen Appliances 2820 Jourdan St., **WE ARE OPEN!** Oxnard, CA 93036 10am - 4pm Tues, Thurs & Sat Call us today! 805.641.1170 110 A & B N. Olive St., Ventura CA 93001 www.spanonline.org

### Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Moose, AKA Puppy Cat, a three-year-old Rag Doll. Favorite things to do: Flash his bright blue eyes, meow super sweet, and work us for treats. He loves to bring me bluebelly lizards and alligator lizards. I put them back out in the garden and he brings them back in the house. He also loves to hang out and snuggle.



### Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com.

You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

"Physical exercises can be used to increase the range of motion of joints," he said. "They also can increase strength and limb awareness. Other techniques like joint mobilizations may increase the range of motion and decrease the pain of joints. Massage can reduce muscle fatigue and restrictions. Therapeutic ultrasound, laser therapy, and extracorporeal shockwave also can reduce pain and treat various conditions."

There are many exercises that can be done at home that offer a great workout for pets who need to be active while not adding insult to injury.

"Low-impact exercises may be walking on softer surfaces such as grass or dirt; you could also incorporate sand. Try to avoid concrete or asphalt when possible," Eckman said. "Animal rehabilitation facilities may use a water treadmill to allow lower impact but increase resistance."

As your dog ages, joint and cartilage problems can be difficult to treat; however, owners can work to ease or even delay the onset of these mobility diseases through

In addition, supplements such as glucosamine, chondroitin, and green lipped mussel—which have been proven to reduce inflammation and pain, improve function, and slow progression of joint damage and arthritis in both humans and animals—and diets that are protein rich and include omega-3 fatty acids, such as those derived from fish, can also support increased mobility.

"Good, quality nutrition, keeping pets lean, and avoiding high-impact and or dangerous sports are some of the best preventions for arthritis and mobility issues," Eckman said. "Finding and treating underlying conditions as soon as a problem is noted is also important, as is working with a veterinarian on best treatments and practices for their individual pet."

Although a dog's mobility naturally declines as they age, their quality of life doesn't have to. Managing your dog's weight and incorporating a flexible, low-impact exercise routine into a comprehensive support program can allow our furry friends to enjoy their golden years.

Pet Talk is a service of the College of Veterinary Medicine & Biomedical Sciences, Texas A&M University. Stories can be viewed on the web at vetmed.tamu.edu/news/pet-talk. Suggestions for future topics may be directed to editor@cvm.tamu.

Make sure your dog has good traction on stairs and floors.

Veterinarian Dani McVety, founder of veterinary hospice Lap of Love, told Insider that all dog owners should make sure their pets have good traction on smooth floors

"Tile or wood floors can be difficult for dogs to walk on," McVety said. "Use rug runners, bath mats, or yoga mats to give them a 'runway' to walk on."

Owners looking to add traction to slippery floors should use rugs or mats that won't slide around and are easy to clean.

Clip the hair between your dog's toes to improve their grip
Fluffy dogs with longer coats can develop thick tufts of hair between their toes, and McVety advised

keeping these strands short to help your pup correctly use their paws.

"By using a beard clipper for people you can clip all the hair

people, you can clip all the hair around their toes and help expose their pads," McVety said.

### The Pet Page

### Forever homes wanted

Handsome, almost 2-year-old Shepherd X, Rascal is looking for someone who will build trust and have patience with him. He is another Devore transfer and takes a while to warm up to strangers. Since he has been at C.A.R.L. he has begun trusting volunteers who spend time with him throughout the week. Interested parties are encouraged to visit him a few times in order to gain his trust. Currently we are unsure of how he would do with other animals or children, as we are



still helping him befriend humans. He is an all-star walker and also enjoys hanging out in our arena with his volunteer friends. Canine Adoption and Rescue League C.A.R.L.



Handsome Panther has fur as smooth as velvet, cheeks as big as chipmunks and a personality as sweet as honey. Two-year-old Panther is the whole package!

Ventura County Animal Services - Camarillo location 600 Aviation DrivePanther A777148

### Program helps COVID-19 impacted veterans become employed in high-demand industries

Veterans experiencing unemployment due to the COVID-19 pandemic are among the country's hardest-hit populations. To help veterans who have been impacted, Ventura College's Veterans Resource Center (VRC) is now offering the Veteran Rapid Retraining Assistance Program (VRRAP). Eligible veterans will receive up to one year of U.S. Department of Veteran Affairs-paid training for high-demand occupations and a monthly housing allowance.

To qualify for the Veteran Affairs (VA) program, veterans need to be between the ages of 22 and 66, unemployed due to COVID, not totally disabled and have no other VA benefits remaining.

The VRC will assist eligible veterans in applying for VRRAP and then getting enrolled at Ventura College for the fall 2021 semester with classes starting Aug. 16. Ventura College also offers classes beginning January 2022 to accommodate students' schedules.

The college's VRRAP students will have a choice of 23 certificate of achievement programs, including accounting, automotive technician, construction management and the

new veterinary assistant program.

VRRAP veteran students and all military-connected students—including active duty and dependents of veterans—are supported by the VRC. The Center helps students navigate the college's enrollment process, links them with educational benefits, and connects students with academic counselors and financial aid specialists. As an advocate for military students, the VRC provides information, holds special events and offers a location for students to work, study and mingle.

"It's rare that the VA introduces new educational funding programs. Having Ventura College be a VRRAP provider is important because it specifically addresses the needs of our veterans who have been so greatly impacted," said Jordana Ybarra-Telias, VRC program coordinator. "I hope to see more VA programs like VRRAP that provide a housing allowance to make it easier for veteran students to focus on school without worrying about how they will pay rent as they invest in their futures."

"Ventura College is honored to support our veterans, and this new program will help them gain knowledge and skills to increase their employability," added Ventura College President Kim Hoffmans. "Veterans and their families have made great sacrifices for our country, and this is one way for us to demonstrate our gratitude."

In March, the VA enacted VRRAP as part of the American Rescue Plan of 2021, a \$1.9 trillion economic stimulus package designed to help individuals and businesses recover from the effects of the pandemic.

"As a member of the California

### This 'n' That



Community Colleges Veterans Caucus, I appreciate how VRRAP will not only help Ventura College students, it will also help our community's economic recovery," said Chancellor Greg Gillespie.

Ventura College offers several VA programs and other educational funding resources from federal, state and local entities. Students can access the college's Zero Textbook Cost program and other resources to help with educational expenses.

For more information about VRRAP at Ventura College, contact Ybarra-Telias at (805) 289-6060 or vcvets@vcccd.edu, or visit venturacollege.edu/departments/student-services/veterans-resource-center

### Harriet H. Samuelsson Foundation

Continued from page 13

Greater Oxnard and Port Hueneme for club upgrades, expanded technology resources, STEAM (Science, Technology, English, Arts, and Math) centers, and sustaining current resources

\$40,000 to CAREGIVERS: Volunteers Assisting the Elderly for matching a teen volunteer with a senior to assist with indoor and outdoor home maintenance, including lawn mowing, window washing, vacuuming, laundry, and home organization

\$15,000 to Livingston Memorial Visiting Nurse Association for free virtual and in-person grief and bereavement counseling services for County youth

\$10,000 to Project Understanding for individualized tutoring at eight centers for 400 struggling, low-income students in grades K-5 throughout Ventura County

Grants are awarded in the spring and fall of each year. The deadline for letters of interest for Fall 2021 grants is September 30, 2021. For more information about the Harriet H. Samuelsson Foundation, including instructions on how to apply for a grant, please visit the Foundation's website at www.samuelssonfoundation.org

The Harriet H. Samuelsson Foundation was established in 2005 upon the death of Harriet H. Samuelsson, an Oxnard philanthropist, at age 96. The Foundation awards over \$1 million in grants each year to organizations providing services for the health, education, guidance, or welfare of children under the age of 18 residing in Ventura County, or to organizations conducting cancer research.

### **Working Together to "Stuff the Bus"** *Continued from page 1*

That's a big number, and it shocked everyone working in the room," she said. "You don't really think about children being homeless, you think about what you see every day, usually adults. It gave us all a better purpose of being there, and made the work even more inspirational."

The donated items are to be distributed from the Ventura County Office of Education to local school districts. More than 1,200 students are expected to receive these backpacks and supplies. "Every day I see what I have, versus what some others do, and it makes me more inclined to give back, because I know that not everyone has it as easy as some of us," said Brown.

Her father Kevin has been with Aera for 13 years and serves as a Process Specialist. He shared that it was especially meaningful to participate in this effort with his daughter and her friends. "The kids did a really great job, and it helped provide us all with a real sense of community, and a chance to help other people out that are less fortunate than they are. You never know if you or someone you love might be in the same situation," said Brown. "It's really cool, we provide a lot of support for the community, we're not a big company like Chevron or Shell, but Aera is a huge leader in supporting the area; we're always doing community events, like the Day of Caring, supporting schools, and homeless facilities, and food drives every year."

"It's always so great to have young people volunteer, and Aera's support has been phenomenal, and really made the entire project possible." said Susan Englund, Vice President, Community Impact for the United Way of Ventura County.

Kayli Bates is also heading off for her first year of college, to Cal State San Marcos. She had an even more personal connection to the volunteer work, as she'd been temporarily classified as a homeless youth when her family's home burned down in the Thomas Fire. "It felt good to be helping young people who were in that same kind of category," she said. "The community was definitely there to support our family back then, and it felt wonderful to give back and help others in the community with this. and especially with my friends." She said it was the first time she'd volunteered for anything like that. "It felt good in my soul to do this," said Bates.

### Mailbox

Continued from page 4

mission or otherwise commits a trespass in order to capture any type of visual image, sound recording, or other physical impression of the plaintiff engaging in a private, personal, or familial activity and the invasion occurs in a manner that is offensive to a reasonable person."

Because most (all?) drones have video capability (including visual and audio), flying over someone's backyard without their permission is against the law. Please respect the privacy of your neighbors.

J. Worden

August 11 - August 24, 2021 Ventura BREEZE



### by Pam Baumgardner

VenturaRocks.com

With more and more people getting out for live music coupled with the unpredictability of the Coronavirus mutating, I would not think less of you for wearing a mask or two whether you're vaccinated or not, indoors or out... just sayin'.

You might consider checking out Caffrodite Community Collective which has been holding a monthly dinner & music event on the third Friday of the month. This month the guest artist will be TD Lind, an Americana Blues musician and composer on August 20 from 5:30 to 8:30 pm. The price of admission is only \$10 but does not include meals and/or drinks, the organic menu will be by Chef Christine. Caffrodite Community Collective is a 501(c)(3) non-profit organization which celebrates the art of community and community arts. Their mission and vision are a sustainable, supporting and welcoming space for the community to meet, create, and collaborate. All proceeds go to supporting the space and the mission. Caffrodite is located at 1987 E. Main Street in Ventura.

It's very cool that Cadillac Zack has selected Ventura as one of four venues to host his shows weekly. For us here in Ventura County, shows are held at Cantara Cellars in Camarillo on Fridays (other venues include Malainey's Grill in Long Beach, Maui Sugar Mill Saloon in Tarzana and either Matt Denny's Alehouse in Arcadia or Der Wolf in Pasadena). As for Cantara, they do a great job with food catered in along with their wine selection held in their wine barrel "cellar" with decent acoustics. The prices aren't bad either, front row at a table runs \$50 but other tables are only \$20/\$25 per seat. Some Fri 8/20: Paule Cerra shows have higher ticket prices, but still, you get incredible value for your money. Do not contact Cantera for tickets, Cadillac Zack does it all via text at (323) 377-5291. Still to come this month, The Atomic 44's (formerly The 44's) on August 13, Paule Cerra on August 20 and Lionel Young on August 27. For more information and more details on obtaining tickets go to CadillacZackPresents.com.

Quick Notes: Tickets are now on sale for the Ojai Music Festival which runs September 16-19 this year; Nardcore Tuesday nights continue at Rock & Roll Pizza in Camarillo with Stalag 13 & the Bonedrivers on August 17 and the Hell Toupees with the Deveros on August 24; Tuesdays

Bluesdays continue at the Harbor with Jerry McWorter, Ed Berghoff and Shawn Jones at Copa Cubana; Will Breman from the Voice returns to Grapes and Hops on Saturday afternoon, August 14; Dr. Madd Vibe (Fishbone) & the Missing Links play Mrs. Olson's on Saturday, August 14 and Rock & Roll Pizza in Simi Valley on Sunday, August 15; The English Beat plays Oxnard Performing Arts Center on Friday, August 13; and two amazing Harmonica players, RJ MIscho & TJ Norton, play Namba on Saturday, August

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.

### Music Calendar

For more up-to-the-date listings go to VenturaRocks.com

### Anna's Cider 801 E. Main Street, Santa Paula

Sat 8/14: (1:pm) Jacob Marquez & the Good Vibes

#### **Beach House Tacos** Ventura Pier

Sat 8/14: (1 pm) 805 Allstarz

#### **Boatyard Pub** Ventura Harbor

Thursdays: Jim Friery; then Bluegrass Jam

#### **Caffrodite Community Collective** 1987 E. Main St. Ventura

Fri 8/20: TD Lind

### **Cantara Cellars**

126 N. Wood Road, Camarillo

Fri 8/13: The Atomic 44's Sat 8/14: The Brandon Ragan Project

Sat 8/21: Johnny & the Love Handles

#### The Cave 4435 McGrath Street, Ventura

Music 5:30 - 8:30 Thursdays: Bobby Apostol Fridays & Saturdays: Warren Takahashi

#### **Constitution Park** 601 Constitution Park, Camarillo

Sat 8/21: (5 pm) Smith the Band

### Copa Cubana

Ventura Harbor Village

Tuesdays: (7 pm) McWorter, Berghoff & Jones Fridays: (1 pm) Kenny Devoe Saturdays: (10 am & 4 pm) Kenny Devoe

Sundays: (10 am) Kenny Devoe

**Crown & Anchor** 2891 Thousand Oaks Blvd,

#### **Thousand Oaks**

Thursdays: (5 pm) Teresa Russell

2290 Eastman, Ventura

Music 6-8 pm on Fridays, Sat & Sun 1 - 3:30 pm

Fri 8/13: Heathers on Fire Sun 8/15: Brix Bros. & Frank

Fri 8/20: Charlie Baker & Friends Sun 8/22: Duncan & the Dragon-

#### **Grapes and Hops** 454 E Main St, Ventura

Music 8 pm unless other noted Thursdays: LA Jazz Experience (7

Fri 8/13: Bella Lucarelli Sat 8/14: (2 pm) Will Breman; (8 pm) Shaky Feelin' Sun 8/15: (2 pm) The Swillys

Fri 8/20: Shawn Jones Trio Sat 8/21: (2 pm) Dive Bar Steve; (8 pm) Mighty Cash Cats Sun 8/22: (2 pm) Collette Lovejoy

#### The Greek

Ventura Harbor Village Thursdays: Kenny Devoe (4-6 pm)

### **Keynote Lounge**

10245 E Telephone Rd, Ventura Fri 8/13: Heart and Soul

Fri 8/20: CRV

#### **Leashless Brewing** 585 E. Thompson Blvd, Ventura

Music 6:30 pm except Sundays at 3

Thurs 8/12: King Sol & the Vibes Fri 8/13: Johnny Irie Sat 8/14: Jacob Marquez & the Good Vibes

Sun 8/15: Kimo Live Thurs 8/19: Chris Hawley Fri 8/20: Tribe Devine Sat 8/21: Brion Shearer & the Super

Unreliable Villians Sun 8/22: The Slider

#### **Libbey Bowl** 210 Signal Street, Ojai

Sun 8/22: Amrosia, John Ford Coley, Peter Beckett (Player)

#### Made West Brewing 1744 Donlon Street, Ventura

Thurs 8/12: (6 pm) RJ Mischo Sat 8/14: (4 pm) Ben Schneid Sun 8/15: (3 pm) Gianna Bella Sat 8/21: (4 pm) Art of Funk Sun 8/22: (3 pm) Ben Schneid

#### Margarita Villa Ventura Harbor Village

Music Mon -Thurs 6-9, Fri & Sat 8-11; Sundays 5-8

Thurs 8/12: Fire on the Mountain Fri 8/13: Doc Rogers Band Sat 8/14: Freedom of Expression Sun 8/15: Corsican Brothers Mon 8/16: Bobby Campbell Fri 8/20: Whiskey Business Sat 8/21: Cross Cut Band Sun 8/22: Troy Edwards

### Mrs. Olson's

2800 Harbor Blvd., Oxnard Sat 8/14: Dr. Maddvibe & the

Mon 8/23: Bobby Campbell

#### Missing Links Namba

47 S. Oak Street, Ventura Sat 8/21: RJ Mischo & TJ Norton

#### Ojai Underground Exchange 616 Pearl Street, Ojai

Sat 8/21: Rich Ferguson, Butch

Norton, RJ Bloke & Mike Sobel

#### **Oxnard Performing Arts Center** Canyon at Oxnard PACC

Sundays: The House Arrest Band (1-4 pm)

Fri 8/13: The English Beat Sat 8/14: Bone Thugs-n-Harmony

#### The Raven Tavern 1651 S. Victoria Ave., Oxnard

Fri 8/13: Alex Nestor Sat 8/14: Foo Flannels Fri 8/20: Upful Sight

Sat 8/21: Vinyl Gypsies

#### Relm

#### 2390 Las Posas Rd., Camarillo

Fri 8/13: Jesse Davis Sat 8/14: Nate Latta Fri 8/20: Leeann Skoda Sat 8/21: George Krikes

#### Rock & Roll Pizza 305 Arneill Road, Camarillo

Tues 8/17: Stalag 13, the Bonedriv-

Tues 8/24: The Hell Toupees, the Deveros

#### Rock & Roll Pizza 5255 Cochran St., Simi Valley

Fri 8 pm; Sun 5 pm Fri 8/13: Justin Honsinger Sun 8/15: Dr. Maddvibe & the Missin' Links Sun 8/22: John Landry

### San Souci

#### 21 S. Chestnut, Ventura

Fri 8/20: Los Bonedrivers, iDecline, Beachside Strangers, All-a-Blur

#### Simi Civic Center Plaza On Tapo between 118 & Alamo,

Simi Valley Sat 8/14: (6 pm) Forever Rod

#### Simi Valley Town Center 1555 Simi Town Center Way

Fri 8/13: 805 Social Club Sat 8/14: Bad Habit, the Revolving

Fri 8/20: Honky Tonk Outlaws Sat 8/21: Black Dragon, Wired, Blue Motel Room, Studebaker Hawk

### Star Lounge

343 E. Main St., Ventura Sat 8/21: CRV

### Vaquero y Mar

### 435 E. Thompson Blvd., Ventura

Tuesdays: The Sea Hunters &

Thursdays: Delta by the Beach

#### Ventura Harbor Village 1583 Spinnaker Drive

Music 1 pm Saturdays: Steel Drums Sun 8/15: Unkle Monkey Sun 8/22: 805 Allstarz w/ James Alverson

### Winchesters

### 632 E. Main Street, Ventura

Music Thurs 5:30; Fri 7 pm; Sun 3 Thurs 8/12: Dean & Lisa

Fri 8/13: Vanise Terry Sun 8/15: Mid Life Crisis Thurs 8/19: Meg & Alex Fri 8/20: Mark Masson Trio Sun 8/22: What the Funk Band

### 1901

### 740 South B Street, Oxnard

Music 6:30 - 9:30 pm Fri 8/13: Blue Motel Sat 8/14: The Swillys Sat 8/21: Karen Eden

Ventura Music Scene





Bringing the joy of art & community to Ventura since 1985. **Art City Studios** in Ventura means different things to different people. For some it is a font of imagination and freedom of artistic expression. For others it is a haven and a refuge from the troubles in the world.

For others, the hundreds of international who have worked here in the 36 years since it moved to Ventura from Santa Barbara, Art City is a source of deep personal expression and their foremost way of staying connected with

their patrons and the community as a whole.

Art City has been through a lot in its over

three-decades of existence in Ventura.

It has weathered many a storm and always come out swinging for the Arts in our

always come out swinging for the Arts in our community. There simply is no other place like Art City in our increasingly mechanized and inhibited society. All the more essential that this proud resource not be allowed to be destroyed or altered beyond all recognition.

There is nothing that says Art City Studios uld not have to adapt and change with the tim

should not have to adapt and change with the times. But any wholesale assault on its independence, its right to exist, would bring shame on those whose misguided efforts in this regard fail to take into account the unique place Art City Studios has in Ventura.

Our major collaborators over the years, including the City of Ventura, the Museum of Ventura County, The Ventura Botanical Gardens, Cal State Channel Islands, Bell Arts Factory, and many more, all believe that there must be a way forward for Art City that assures it of remaining what it has always been, a place like no other here on earth. 197 Dubbers Street

Ventura, CA. 93002

www.artcitystudios.com / artcitygalleryandstudios@gmail.com / 805 653-6380

### Ventura Art Scene



**Dave Gardner** will be one of the featured artists.

The public is invited to visit with local artists showing their original works in the 5th annual ArtWalk at the Shores. This one-day event will be held on Saturday August 21st, 11am-4pm in Mandalay Shores.

There will be over 25 local artists showing sea glass art, jewelry, ceramics, sculpture, photography, watercolors, oil paintings, mixed media, printmaking and much more. Come and be surprised.

The ArtWalk begins at the corner of Wooley and Harbor Blvd. Maps will be available online at https://artwalkoxnardshores.com and at each artist's location.

The ArtWalk began as a volunteer collaboration to promote a strong sense of community through art awareness and inclusivity. As a result the event has continued to grow each year. Neighbors, friends, summertime visitors, art collectors or first-time buyers are all encouraged to take a stroll or bike through the beautiful beach side neighborhood of Mandalay Shores in Oxnard.

Come meet the artists and shop the unique treasures. Look for the colorful ArtWalk flags!

Visit us at https://artwalkoxnardshores.com
Or at https://www.facebook.com/artwalktheshores
https://www.instagram.com/artwalkattheshores/

### **Looking Back**

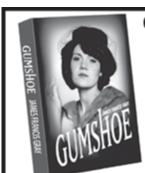


Two views of the Ventura County Courthouse, now City Hall.





Main St. in the old days. Do you recognize any of the buildngs?



### Gentlemen, I give you "Gumshoe."

Written in the first person, you are John L. Peterman III, Esquire.

Detective/ladies-man extraordinaire Set in 1948 Hollywood, film noir

Visit www.jamesfgray.com See reviews on amazon.com https://youtu.be/rqv5S8jghq4

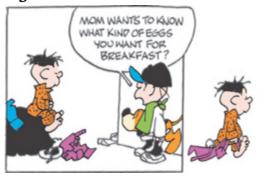
Books make great gifts!



Caissons being delivered to the Ventura Harbor for new docks being constructed.

August 11 - August 24, 2021

### Lighter Breeze





#### Mutts



I'LL BE ON CONSTANT ALERT. NOTHING WILL DISHTRACT ME! NOT THE HOT SUN, THE COOL BREEZE OR THE SOOTHING SOUND OF



#### **Baby Blues**





**Hagar the Horrible** 





**Barney Google and Snuffy Smith** 





Moose and Molly



Solutions on page 13

### (For a beginners guide to playing Sudoku go to venturabreeze.com)

5					8		4	
'	7		1			2		
6		9		4				3
4				3		5		2
	3		6					1
		8			9		6	
		3	7					4
2			9	1			7	
	5				4	6		

### Weekly **SUDOKU**

by Linda Thistle

Place a number in the empty boxes in such a way that each raw across leach callimn down and leach small 9-box separationary as all of the numbers from one to time.

### DIFFICULTY THIS WEEK: •

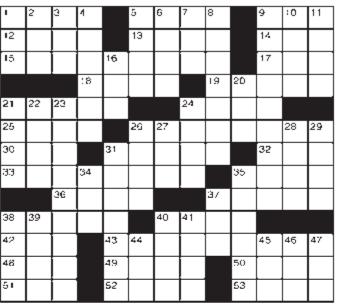


Solutions on page 13

### King Crossword

#### ACROSS

- 1 Glitz partner 5 Body powder
- 9 Use a straw
- 12 Andean land. 13 Jannings of
- old films 14 Travail
- 15 Former Cubs
- slugger 17 Tolkien crea-
- ture 18 Porgy's love
- 19 Witherspoon of 'Wild'
- 21 Inventor
- Nikola 24 Pugilist's
- weapon 25 Yard tool
- 26 "CSI" procedures
- 30 Egg (Pref.) 31 Topped with
- froth 32 Picnic dessert
- 33 Like ghost towns 35 Dog's trea-
- 36 Cambodia
- neighbor "What the Butter Saw\*
- playwright 38 Ink stains 40 Onetime "This
- Old House" host Bob 42 Back talk
- 43 "Georgia on My Mind," for



one

- 48 Mine material 49 Sunrise direction.
- 50 Counterfeit
- 51 Petrol 52 Obligation
- 53 Meditative practice

#### DOWN

- Family docs Grazing land 3 Branch
- Speak unclearly 5 Dick Tracy's
- love Hebrew
- prophet

7 Fleur-de- -

- et
  - 10 Charged bits
  - 11 Seeger or Sampras
  - 16 Verily 20 Jargon suffix
  - 21 Walked (on)
  - 22 Roof overhang
  - 23 Aspen attractions
  - 24 Notoricty
  - 26 " you're told!"
  - 27 Rebel Turner
- 28 Ex-Yankee % 2021 King Features Synd., Inc.

- Martinez
- 8 Gem's feature 29 Beheld Ideal place on 31 Heeded dena tennis racktal advice 34 Feedbag mor
  - sel 35 Obstreperous
  - 37 Flamenco cheer
  - 38 Online journal 39 Turkish
  - money 40 Expansive
  - 41 -bitty 44 Greek cross
  - 45 Discoverer's
  - call 46 Pester
  - "Today" rival, briefly

ARIES (March 21 to April 19) You still might have to deal with some lingering confusion that marked a recent workplace situation. But for the most part, you should now be well on your way to your next project.

TAURUS (April 20 to May 20) A new commitment might demand more time than you'd expected to have to give it. But rely on that special Bovine gift for patience, and stick with it. You'll be glad you did.

**GEMINI** (May 21 to June 20) You're yourself when your views are on the line. Even one or two of your detractors are being won over.

CANCER (June 21 to July 22) Taking your responsibilities seriously is what you do. But ease up on the pressure gauge and make time for much needed R & R. Start by making this weekend a "just for fun" time zone.

LEO (July 23 to August 22) Some recently uncovered information might make a change of plans inevitable. If so, deal with it as quickly as possible, and then find out what went wrong and why. What you learn might surprise you.

VIRGO (August 23 to September 22) Aspects favor moving carefully and deliberately when making any significant changes. Could be there are more facts you need to know, which you might overlook if you rush things.

**LIBRA** (September 23 to October 22) A problem neighbor might be looking to goad you into an action you don't want to take. Ask someone you both respect if he or she would act as an impartial arbitrator for both of you.

SCORPIO (October 23 to November 21) A recent workplace accomplishment hasn't been overlooked by those who watch these things. Meanwhile, start making travel plans for that much-too-long-deferred trip with someone special.

SAGITTARIUS (November 22 to December 21) Those money matters continue to move in your favor. Now would be a good time to start putting some money back into the house, both for esthetic as well as economic reasons.

CAPRICORN (December 22 to earning the admiration of a lot of January 19) A changing workplace people who like the way you handle environment can create job pressures. But, once again, follow the example of your birth sign and take things a step at a time, like the sure-footed Goat you

> **AQUARIUS** (January 20 to February 18) Cheer up. You could soon have the funds you need for your worthy project. Your generous gifts of time and effort are well known, and someone might decide it's time to join with you.

> **PISCES** (February 19 to March 20) Your inner scam-catcher is right on target, and you're absolutely right to reject that too-good-to-be-true offer. Meanwhile, something positive should be making its way to you.

> YOU BORN THIS WEEK: You are generous and also sympathetic to people who find they need the help of other people.

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### **Showtime**

A View from House Seats

### Camarillo Takes Off in Ernest

by Shirley Lorraine

Camarillo Skyway Playhouse opened its final production in the Camarillo Airport location last Friday, The Importance of Being Ernest by Oscar Wilde.

Ernest has been heralded by theatre afficionados as a "comic masterpiece" since its opening in 1895. Playwright Wilde's oft-quoted wit and wisdom has weathered well over these many decades. Wilde is at his best here, inventing two English gentlemen who value privilege, pleasure-seeking, and love of extravagance far above responsibility and truthfulness. Both have created elaborate deceptions to try to imbue their lives with a semblance of balance. The result is a joyous, passionate play filled with situational irony.

Director Kimberly Demmary has taken some chances with the direction of this production, many of which work to good advantage. She has kept the period in costuming and setting and cast competent, seasoned actors in the roles. In my opinion, however, the play has been staged almost Keystone Kops style - frantic, loud and with a loss of the subtle humor for which the play is well known. Reactions are melodramatically over the top and, although quite amusing in themselves, diminish the pure wit inherent in the words which were often buried. Blatant mugging in the background by all the actors frequently upstaged the dialogue.

Lead actors Brian Robert Harris as Jack/ Ernest, and Patrick T. Rogers as Algernon, speak at such a rapid pace in their British accents that many great lines are either tossed away or were not heard at all. Both terrific actors, I personally was disappointed to see them playing Ernest almost a la Stooges. I half expected a nyuck-nyuck and an eye jab at any moment, particularly during the argumentative scenes, the vocal levels of which echoed in the building. No subtle satire, this.

The ingenues, Maddie Boyd as Gwendolyn and Samantha Netzen Bingham as Cecily, fell into the same trap, covering many pithy lines with both verbal and physical histrionics. Often the next line was delivered before the previous one could be digested. On opening night, quite a few lines simply disappeared. It is hoped that the pacing will smooth out a bit during subsequent performances to allow the audience to fully enjoy Wilde's witty words.

Theresa Secor as Lady Augusta Bracknell acted with a bit more even pace and meaningful reactions. One scene in act I with her and Harris alone is worth the price of admission. This scene was beautifullyl done.

In smaller but no less important roles, Josh Rubenstein shines in a dual role as the harried butlers Merriman and Lane. Suzanne Tobin brings Miss Prism to life with flair. The reverend Dr. Chasuble is played by Larry Swartz, who makes the most out of his part, and the two together are charming.

It is a delight to see live theater again, even if it works needlessly hard to elicit laughs.

The play runs through August 29. Check www.skywayplayhouse.org for details and stay tuned for news of the company's new home.

**CSU Channel Islands University Chorus OPEN AUDITIONS for Community Membersl** 

**Channel Islands Choral Association** 

in partnership with



Outdoor/In-Person Workshops -Virtual Rehearsals - Combine the Two You Choose!

To Arrange an Audition, contact Dr. KuanFen Liu, Artistic Director downbeatplus@gmail.com

Virtual Rehearsals Begin August 23 Outdoor/In-Person Workshops Begin September 18

"Dedicated to Excellence in Choral Music Education and Performance for All" cicachoir.org

**Streaming Spotlight by Cindy Summers** 

### The Vault

– Netflix



Breeze rating from 1 to 4 palm trees, 4 being best.

Thom (Freddie Highmore) seemed to have the world on a string. He was an engineering student graduating from Cambridge University and due to the fact that he created an unusual and ingenious solution to deal with an oil spill in the Gulf of Mexico, he was courted with 6 figure salaries from all the largest oil companies. Thom's interests were not with high salaries, they were with providing unique engineering solutions that can help people, so he was very disinterested in following in his father's footsteps and working for a major oil company.

Walter Moreland (Liam Cunningham) was a treasure hunter and found his elusive "holy grail" when he finally located the sunken ship of Sir Francis Drake, which not only had a wealth of treasure but was known to have a box with 3 coins that were a treasure map to even more treasure beyond measure. Immediately after they found the box and brought it to the surface, Spanish Customs seized the treasure, including the box and the situation was referred to the International Court, at The Hague to make a ruling on whether the treasure belonged to the Spanish Crown or Walter. The Court ruled in favor of Spain and treasure was taken to a mysterious, impenetrable fortress hidden under The Bank of Spain

While at dinner with his father, Thom got a call from an unknown number with directions to follow a stranger, and when he grabbed his coat he found a treasure coin and an invitation to meet at a location to find out why. He ended up meeting Walter in a bar, who proposed to him "I want you to help me break into the vault under the most secure location in the world." Walter chose Thom because the vault was considered to be a miracle of engineering, and left him with a ticket from London to Madrid to meet the team if he was interested.

Thom met the team: Klaus was the computer wiz in the control booth., Simon was responsible for acquisitions, and Lorraine (Astrid Berges-Frisbey) was skilled at slight of hand and a master of disguise. James (Sam Riley) was Walter's friend who worked together for 10 years and was responsible for planning, entry, extraction and would be leading the team. They reviewed that Walter's plan to was to break in during the Soccer World Cup Finals, and though they had a plan to get to the vault, they had no idea how to access the vault which was known as The Enigma.

Thom's curiosity was peaked, to he agreed to join the team to see if he could solve the issue of accessing the vault. The team was already working on certain aspects of the plan, but needed Thom's genius brain to solve the most important part and Thom also turned out to be very skilled at looking at complex problems and finding simple and effective methods to solve them. Though the rest of the team was skeptical at first, they quickly embraced Thom as a lead member due to his quick thinking solutions.

The team began to carry out their plan, and whenever they came up against a hurdle Thom stepped in to do or resolve whatever was needed to complete the mission. Little did they know they would be betrayed by one of their own in their quest to recover when they felt they rightly owned. Rated: R (Language)

Runtime: 1h 58m

### CICA is pleased to announce the 2021 Fall **Choral Concert** Season

The Channel Islands Choral Association (CICA) in partnership with CSU Channel Islands, Pleasant Valley School District and Channel Islands Chamber Orchestra is pleased to announce our 2021 Fall Choral Concert Season. Excerpts from two joyful and uplifting choral works will help herald a much-needed celebratory tone as our community launches their holiday celebrations: Morten Laurdisen's Lux Aeterna and George Frideric Handel's Messiah will be a part of CICA's Holiday Choral Spectacular, Saturday, December 4 at 7 PM and Sunday, December 5 at 3 PM, Rancho Campana Performing Arts Center, Camarillo.

Members of the community, high school-aged and older, who wish to participate are cordially invited to audition and join. Alumni who have sung previously do not need to re-audition.

Understanding the need to offer flexibility during these unique times, CICA will be offering a slate of varying rehearsal formats designed to best fit

the community's needs and preferences. Community members can choose to participate in either in-person, outdoor Choral Workshops on Saturday mornings, attend virtual rehearsals on Monday evenings, or a combination of

Community members electing to just attend Saturday Choral Workshops will be able to participate in 4 in-person, outdoor sessions: September 18, October 9, October 23 and November 13, 9:30 AM - 12 Noon. These workshops are designed to prepare singers for the presentation of Handel's Messiah, and will be supported with safety protocols that have been established and regularly updated using federal, state and local requirements and guidelines. Please note, all 4 workshops must be attended in order to perform in the Holiday Choral Spectacular.

Should singers wish for more invement and even broader musical training, virtual rehearsals in our VCR (Virtual Choir Room) will be available on Mondays starting at 6:30 PM beginning August 23rd. These rehearsals will include preparations for both the Fall and Spring performances of Morten Lauridsen's Lux Aeterna and focused sectional work on Messiah. In addition, rehearsals in the VCR are designed to provide more in depth discussions on the works being performed, the composers being featured, as well as, provide members with guided access of online resources for practice at home.

For more information, please contact Dr. KuanFen Liu at downbeatplus@ gmail.com. Also, visit www.cicachoir.org for \*updates and the latest information. \*Please realize that due to the unique times, concert selections, rehearsal formats, times and dates are subject to





### County Agricultural Commissioner 2020 Crop & Livestock Report

The year 2020 brought several things into sharp focus about the importance of agriculture to the County of Ventura. The COVID 19 pandemic pointed out how vulnerable and extraordinarily essential the 40,000 hardworking people who faithfully kept coming to work are to not only the residents of Ventura, but to people throughout the world. They kept the food, clothing, landscaping, and agricultural systems moving despite many new challenges and changes in our society. They did all this while not only worrying about how to provide food and shelter for their families, but also keeping them safe through rapidly changing work and social conditions.

Our report this year features the diverse stories of women in Ventura County agriculture. Women who grow crops, manage a farm, connect farmworkers to resources, advocate for farmworker rights, distribute wholesale produce, manage farmers' markets, provide agricultural education, contract farm labor, provide farm labor housing, oversee food safety, provide legal counsel, provide pest control advice, conduct agricultural research, and protect the industry, the public and the environment by regulating agriculture.

With the closure of restaurants and restrictions at grocery stores during 2020 the farming community and distributors had to scramble to change marketing practices and for some the type of produce they grew. Some of these changes are reflected in some of the crop

### values and production numbers. **Strawberries are still number one**

The estimated gross value of Ventura County's agriculture for calendar year 2020 is \$1,985,365,000. This represents a 0.2% decrease in comparison to 2019. Strawberries were again the number one crop at \$575,373,000, increasing by 13.0%. Lemons moved back into second place with a value of \$216,190,000, increasing by 2.0%. Nursery Stock moved up into third place with a value of \$193,135,000, increasing by 3.0%. Tomatoes remained in seventh place with a value of \$54,387,000, incre by 17.0%. Peppers moved up into eighth place with a value of \$41,165,000, but decreased by 4.0%.

### Big changes in the top ten

Avocados moved up into fourth place with a value of \$179,727,000, increasing by 54.0%. Raspberries moved down to fifth place with a value of \$141,547,000, decreasing by 30.0%. Celery moved down to sixth place with a value of \$126,870,000, decreasing by 48.0%. Blueberries entered the top ten for the first time, landing in ninth place with a value of \$38,781,000, with a tremendous increase of 119.0 %!

### Crops that dropped out of the top ten

Cabbage replaced Hemp as the number ten crop at \$37,135,000, increasing by 8.0% from 2019. Sadly, for the first time since 1983, cut flowers has dropped out of the top ten with a total value of

### This 'n' That

\$33,917,000, a decrease of 27%.

#### Organic demand remains high

Although the number of acres farmed organically decreased, the value of crops grown organically increased by 1.8% from 2019 to 2020.

To learn more about support for Farmworkers please visit the County of Ventura's Farmworker Resource Program website at: https://www.ventura.org/human-services-agency/farmworker-resources/.

### Board of Supervisors approves new contract for County Executive Officer

On Tuesday, July 27, the County Board of Supervisors voted unanimously to extend the contract for County Executive Officer, Mike Powers, through July 2026. Each of the five Board members commented on the excellent work of Mike Powers, citing his leadership through some of the most difficult and challenging times.

"Mr. Powers has demonstrated tremendous leadership as our County Executive Officer, delivering on the goals set forth by our Board while guiding the County through the challenges and impacts of the pandemic," said Chair Linda Parks. "This pandemic response included significant support for our most vulnerable including seniors, farmworkers, and individuals experiencing homelessness, as well as strong financial support for pandemic impacted businesses through the provisioning of \$60 million in business assistance grants and more than \$7 million in business fee waivers. Additionally, Mr. Powers' leadership has guided vaccination efforts that have resulted in one of the highest vaccination rates among counties in the state and in the nation."

Mike Powers was first appointed to the position in December 2010 and this is the fourth renewal of his contract with the County. Board members noted Mike Powers' work ethic, responsiveness, support during recent emergencies and dedication to serving community members of Ventura County with professionalism and compassion.

"I deeply appreciate the support of the Board. We could not do what we do without the Board support. I am also very grateful to serve alongside our County leadership team and our County workforce. Seeing the work that they have done during this pandemic shows what can be done when we all work together towards a shared mission," said County Executive Officer Mike Powers. "There is a lot ahead of us, but the work across our 25 agencies and departments will allow the County to achieve the goals that have been set by the Board and to capitalize on the enhanced connections developed through our pandemic response between our departments as well as our local government and community partners to better serve our community."

In recognition of comparative salary

and benefit information with administrators of other comparable counties in California with hospital systems, an increase in compensation rate of 5% was also approved by the Board. The contract extension is based on the Board's performance assessment rating of Mike Powers as exceptional over the past 11 years.

"Over the course of the past eighteen months significant additional progress towards the goals and priorities set by our Board has also been made, among these being disaster resilience and recovery, health and safety transformations, including support for the clinic integration project, diversity, equity and inclusion, community engagement, mental and public health, sustainability, the prioritization of homeless, veterans and children's services, and increased emphasis on economic vitality," said Chair Linda Parks. "Strong financial performance has enabled the County to move forward on programs while also supporting pandemic recovery efforts. A highly successful complete count on the 2020 census was also supported amongst the difficult challenges of the pandemic."

With the 5% increase, Mike Powers' salary will be \$328,974.83.

# County of Ventura and City of Oxnard reach agreement for Channel Islands Harbor

The County Board of Supervisors and City of Oxnard Councilmembers have both unanimously approved a cooperation agreement for major improvements in the Channel Islands Harbor agreeing to areas of land use and shared cost of maintenance and infrastructure.

The County and City entered into a 50-year agreement in 1963. The agreement allowed for the City to annex the land portion of the Harbor into the City while committing to maintain sewer services, streets, and parks areas. The agreement came to an end in 2009 and since then the City and County have been working to come to a new agreement.

In the new agreement the City and County will work jointly together to facilitate key redevelopment efforts for the benefit of the public and address the water quality issues in the harbor. Also included in the agreement is the renewal of a 1983 master tax sharing agreement between the County and the City that expired in 2018.

"This is a great step forward. We look forward to working with the City and community on the visioning process to identify development goals for the Harbor," said Ventura County Harbor Department Director Mark Sandoval.

In the spirit of cooperation, the County and the City will share in the maintenance costs of the public areas of the Harbor with the City contributing 50% of the maintenance costs in a not to exceed amount of \$200,000 annually, for a three-year period starting on July 1, 2021.

Additionally, the City will share in the construction of specific one-time public projects within the Harbor that will benefit community members throughout the County and other visitors to the Harbor.