



VENTURA BREEZE

Your Hometown Paper

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On July 23, the statue was removed and taken to a temporary location.

The Ventura City Council voted unanimously 6-0 (with Mayor LaVere recusing himself) to remove the Father Serra statue in front of City Hall and temporarily have it stored. It most likely will eventually be moved to the courtyard at the Mission San Buenaventura. The City Council also approved the removal of the wooden statue of Father Serra from inside City Hall and asked that it be moved into storage until an appropriate site for it is selected.

Some historians blame Father Serra for what they say were his efforts to do away with Native American culture in California and for the deaths of thousands of indigenous people.

Mission San Buenaventura, founded by Serra in 1782 as the last of his nine missions, has been named a minor basilica by Pope Francis. It becomes the first church in the Catholic archdiocese to claim that distinction and the seventh in California.

Councilmember Jim Friedman told the Breeze "Rather than look at it emotionally, I looked at it pragmatically. In the last month, California had three Serra statues ripped off their podiums and destroyed. It was clear to me that it wasn't a matter of if, but when ours

Serra on the move

would be destroyed as well. Unless we were willing to spend hundreds of thousands of tax-payer dollars a year to protect the statue, a good compromise was to relocate it to the mission. That way, people who appreciate the statue can enjoy it for many years to come. Those who do not, would now have it out of

prominent public view. This isn't giving in to threats. We are simply getting ahead of the situation in an effort to secure the safety of our statue. It's not a perfect solution, but one that provides a sensible compromise."

Councilmember Christy Weir went on "As a City Council member repre-

senting this community, my goals in supporting the relocation of the Father Serra statue to the Mission Basilica San Buenaventura are to:"

"Honor the Chumash, whose home this has been for over 12,000 years, by determining a more fitting place for the statue."

"Honor the Catholics and others who revere Serra by caring for his statue in a safe location where his significance will be 100% celebrated."

"Honor the craftspeople and artists who created the work of art, by acknowledging their talents and contributions."

"Each community has times when it's important to consider the symbols and monuments we celebrate. These changes need to be made through collaboration and deliberation, not resorting to vandalism, to ensure that the decision is thoughtful and durable. Even if we don't find a statue objectionable, respect for our original inhabitants should inspire us to consider those who do. We received thousands of heartfelt communications about this decision, sharing their opinions and personal connections to Ventura, as well as diverse historical perspectives. My understand-

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All students will learn remotely until January 2021

The Ventura Unified School District (VUSD) Board of Education voted unanimously on Friday, July 17, to move to a full distance learning model for the entire Fall 2020 semester citing stability and safety as their main reasons. The Board considered input from staff, parents, and local and state officials when making this decision. This week it was announced that many Ventura County Districts were moving to distance learning for the start of the Fall 2020 semester and Governor

Newsom announced that schools must stay on a distance learning model until the county they are in has remained off of the state monitoring list for at least 14 days. VUSD will begin online on August 18, 2020. The District has also moved to a 1-1 technology environment ensuring that every student will receive a District device.

"We have learned from past experiences that providing stability to our

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The Ventura Breeze is celebrating 13 years of publishing local news thanks to the support of the Ventura community and our advertisers. The time has come, however, for us to ask our dedicated readers to consider helping us continue publishing during this difficult time. Due to the lack of advertisers (which we understand), we really need your generous support to continue to bring local news to the community. In order to do this, we are starting the Ventura Breeze Honor Roll. The names of Honor Roll donors will be published in the paper unless donors don't want to be shown. As the publisher of this community's favorite newspaper, we appreciate the relationship we have with our readers and we pledge to keep bringing you all the local news and events.

There are a couple of ways to contribute and be a 2020 Honor Roll Donor. You can go to our website www.venturabreeze.com, where you will find a **Donate** link at the top of the page and use the PayPal button to make a donation, which allows you to pay by credit card or with your PayPal account. If you would rather pay by check or have the Breeze staff process your donation, you can use the form below and mail in your check or credit card information. You may also contribute by going to www.gofundme.com/f/support-the-ventura-breeze.

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City News

Funding will help Ventura mitigate natural disasters

The City of Ventura, a participant in the Institute for Local Government and Strategic Growth Council’s BOOST pilot program, has been selected to receive a Proposition 84 Wildfire Resiliency and Recovery Planning Grant for nearly \$200,000. The city recently experienced a wildfire threat from the Thomas Fire, which caused more than \$2.2 billion in damage. The Prop 84 grant will ensure the city is better equipped to prepare for, respond to, and recover from natural disasters and be able to address the increasing wildfire threats brought on by climate change.

The BOOST pilot program was jointly developed by the Institute for Local Government (ILG) and the California Strategic Growth Council (SGC) to help local governments address California’s climate change and equity goals. As part of the program, ILG has been able to support participating cities and regions with capacity building and technical assistance support with a number of activities related to climate action and sustainability. Funding from the Prop 84 grant will allow Ventura to create a Climate Action and Resilience Plan (CARP) that the city will develop in conjunction with its General Plan Update.

“This grant will help our local government leaders build on lessons learned from the Thomas Fire and engage our community in a meaningful way,” said Joe Yahner. “We are thankful to our partners, CAUSE, the Housing Authority for the City of San Buenaventura, and the Institute for Local Government, for helping support our small, dedicated team navigate the grant application process. Without their support we would not have been able to compete for these critical funds.”

The CARP will build on lessons learned from the Thomas Fire and focus on innovative and comprehensive planning and preparation efforts to enable the city to better protect its residents, infrastructure, and economy.

“The Institute for Local Government

is proud of the BOOST program and is so excited to see our technical assistance and capacity building partnership deliver results for the City of Ventura,” said Erica L. Manuel, CEO and Executive Director of ILG. “We have seen firsthand the devastating effects wildfire and other climate events can have on California’s communities and we commend Ventura’s efforts to become a more resilient community. This funding will help ensure that the City of Ventura is more prepared and able to recover from future wildfire events.”

The Institute for Local Government (ILG) is the non-profit training and education affiliate of the League of California Cities, California State Association of Counties and the California Special Districts Association, which represent 1000s of local agencies across the state. ILG helps local government leaders navigate the constantly changing landscape of their jobs by offering training, technical assistance, written resources and facilitation services specifically designed for local agencies. From leadership to public engagement to housing and workforce, ILG helps local leaders address a wide range of complex issues. Visit www.ca-ilg.org to find out more.

The BOOST pilot program is a partnership between the Institute for Local Government and the California Strategic Growth Council (SCG) to help local governments across the state address climate change and equity goals. The BOOST Pilot Program helps communities: Build awareness of funding opportunities to address climate action; Organize projects to be best positioned to meet its goals; Optimize existing resources and build more capacity; Strengthen relationships with key stakeholders and identify new opportunities for regional engagement and collaboration; and Transform their approach to addressing climate action. SGC supports BOOST with funds from California Climate Investments – Cap-and-Trade dollars at work. Find out more at www.ca-ilg.org/BOOST.



On Thursday, July 16th, I attended the John Jorgenson Bluegrass Band with my girlfriend Sue Maxfield at the Ventura County Fairgrounds. This was the first time I had ever been to a concert in my truck. We made sure we had enough snacks and batteries for our radio. It was easy to enter and park. The Bluegrass Band put on a great show. It was great to see how everyone in their cars got to interact with flashing lights and honking horns. The only irritating part was security walking around with their dogs and screaming at us to put our masks on when we were trying to enjoy our snacks. Otherwise it was a great night.

Devin Kress

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UPDATE FROM THE CITY OF VENTURA

We remain committed to communicating with you on important updates related to the Ventura River Watershed Adjudication Lawsuit. The City will be resuming the noticing process — which was delayed as a result of COVID-19 — over the next few weeks. Property owners in the Ventura River Watershed overlying one of the four groundwater basins, who did not already receive a legal Notice earlier this year, can expect a letter followed by the legal Notice in the next few weeks.

As a reminder, the City is not pursuing active litigation in this matter, but we do need a response from impacted parties in order to move forward with the collaborative settlement process.

Thank you for helping us protect our local natural resources.

Please visit our website dedicated exclusively to this issue:

venturariver.com

for the latest information and updates.



VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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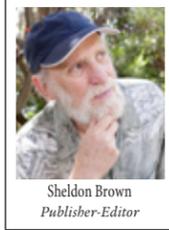
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Is not life a
thousand
times too short
for us to bore
ourselves?
– Friedrich
Nietzsche

Opinion/Editorial



Sheldon Brown
Publisher-Editor

■ I didn't think that the downtown **closing of Main St.** would be successful, but it is working very well. Outdoor dining is a great idea because it allows many restaurants to remain open that would be otherwise closed, many permanently. This is especially true because the Coronavirus will be with us for a long time.

Many restaurants have always had space to expand outside so are doing this now. With our wonderful weather all restaurants that can serve outside should.

It is sad, however, to see so many businesses now closed forever.

■ Once again, I want to thank the Breeze **donors** that are helping to keep the paper running.

■ Hedge-fund manager Chatham Asset Management LLC emerged as the winner in a bankruptcy auction for McClatchy Co., ending 163 years of family ownership for the **newspaper chain** and increasing financial investors' control of the American publishing industry.

The sale, announced by McClatchy on Sunday, must be approved by the judge overseeing its bankruptcy. McClatchy publishes 30 daily papers, including the Miami Herald, the Sacramento Bee and the Kansas City Star.

This is good news so that the newspaper industry can, hopefully, survive.

■ Now that **Father Serra** has been removed from the pedestal at City Hall the question is what should replace him? A simple solution would be to just remove the pedestal. If a new statue is placed there perhaps it should be a Chumash elder. Do any Breeze readers have suggestions of what should be put in that location?

■ Ventura County District Attorney Gregory D. Totten announced that state and local officials have reached a settlement with Crimson Pipeline and its contractor CD Lyon Construction, Inc. and CD Lyon, Inc. These are the companies responsible for the June, 2016 **crude oil spill** in Hall Canyon, Ventura. The spill occurred from a crude oil pipeline owned by Crimson following

a valve replacement operation and restart of the pipeline. New valve flanges were not properly tightened which caused the release of more than 44,000 gallons of crude oil.

In total, Crimson has agreed to pay \$1,307,700 in civil penalties, costs, and natural resources damages. Additionally, CD Lyon has agreed to pay civil penalties and a portion of the outstanding costs totaling \$300,000.

■ From the LA Times. This is what **police defunding** means to many including me.

"Several Los Angeles City Council members are calling for a new emergency-response model that uses trained specialists, rather than LAPD officers to render aid to homeless people and those suffering from mental health and substance abuse issues. The city of Berkeley, California, moved forward Wednesday with a proposal to eliminate police from conducting traffic stops and instead use unarmed civilian city workers as part of a broad overhaul of law enforcement. The City Council also set a goal of cutting the police budget by 50%."

"The vote calls on the city manager to convene a "community engagement process" to pursue the creation of a separate department to handle transportation projects as well as enforcement of parking and traffic."

Someone asked me if you are being robbed, are you supposed to call a social worker? Of course not, this is why we have a police department to deal with crimes and criminals.

■ Speaking of police, Ventura Police Commander **Tom Higgins** has retired after 28 years of outstanding service to our community. He will be missed, especially by the press who he provided police information to. I have also met him personally so hope to still see him someday when life goes back to normal.

■ The Church of the **Flying Spaghetti Monster** started in 2005 when Bobby Henderson, a physics graduate from Oregon State wrote "The Open Letter to the Kansas School Board." This letter was published online as a response to a newly elected conservative-majority school board's decision to teach creationism alongside evolution as equivalent scientific theories in science

classes statewide.

In the letter, Mr. Henderson argued that if this were to be the case, then it would then only be fair to teach other creation beliefs in science classes as well. Specifically, his belief, that a Flying Spaghetti Monster created the universe a few thousand years ago. What started out as a clever attempt to expose false equivalency quickly went viral online, and over the next 15 years would evolve into a vast religious community with millions of followers worldwide. Fittingly, these followers call themselves "Pastafarians."

■ The official portraits of former Presidents **Bill Clinton** and George W. Bush have been removed from the Grand Foyer of the White House and replaced by those of two Republican presidents who served more than a century ago.

White House tradition calls for portraits of the most recent American presidents to be given the most prominent placement in the entrance of the executive mansion, visible to guests during official events.

■ The Republican speaker of Ohio's House of Representatives was arrested by federal officials recently on charges connected to a \$60 million bribery scheme. **Larry Householder** and four other political operatives were charged with racketeering in what US Attorney David DeVillers described as "likely the largest bribery money laundering scheme ever perpetrated against the people of the state of Ohio."

■ **Polar bears** have long been the poster child of the consequences of climate change (yes it does exist, even if people aren't causing it). A new study suggests the Arctic bears are at risk of being starved into extinction by the end of the century. It really doesn't matter what is causing their decline, the important thing is to find a way to stop it.

■ A U.S. Navy veteran, **Chris David**, said he thought he would be able to talk plainly with federal agents in Portland and ask them why they were using unmarked cars to snatch people off the street during recent protests in the Oregon city.

When he tried to speak with them outside the federal courthouse, he said a federal officer beat him with a baton, breaking his hand in two places. A second officer sprayed him with chemical irritant, David said.

"I wanted to ask them, 'Why are you guys not following the Constitution?' But we never got there, and they whaled on me like a punching bag."

■ Robert Redfield, director of the Centers for Disease Control and Prevention, said he believes the pandemic could be brought under control over the next four to eight weeks if "we could get everybody to **wear a mask** right now."

■ Trump on "Fox News Sunday" repeated his assertion that the virus will eventually disappear. "I'll be right eventually," he said. "It's going to disappear, and I'll be right." Of course, it will go away eventually, and he can say that he was right. That is like saying that a **forest fire** will eventually stop burning and claiming you knew it was going to happen.

■ U.S. Sen. **Ted Cruz** said calls for a boycott of Goya Foods because its CEO praised President Donald Trump were an attempt to "silence free speech." But one year ago, the Texas Republican encouraged people to boycott Nike after the company halted plans to sell shoes featuring the Betsy Ross flag that some say glorifies slavery and racism.

Mailbox

Mr. Brown:

I appreciate your column and look forward to your comments and insights. I just wanted to mention to you, however, that I believe your comment that "as a non-native American, I don't have really strong feelings about this" (regarding the statue of Father Serra) is unacceptable if we are to work towards social justice in our county and our country. If the only people who respond to injustice are those that have suffered from it, minority causes would never receive the support they deserve from all of us. It would seem more in keeping with your opinions that we all share the responsibility to stand up for injustice, whether it has affected us or our ancestors, or not.

Thank you.

Kathy Waters

Kathy:

Thanks for this so I can clear this up. I am very concerned, and supportive for all peoples who have been, and will continue to be subjected to injustices and prejudices. I just meant that folks directly affected probably have stronger feelings but all have my empathy
Sheldon

Editor

In the April 8-21 edition of the

Ventura Breeze, your challenge to readers regarding making positive statement(s) about President Trump only generated one response that I noticed. It was disappointing that more readers did not make an effort to respond. Here is my contribution.

Did you enjoy the stimulus check you received? Was the reduction in your Federal Taxes something you appreciated? Do you think the economy and lowest unemployment ever, prior to Covid-19, benefited America? Have you researched how many pieces of legislation President Trump has signed into law?

It is easy to criticize, find fault and believe what we hear or read. But haven't we been taught to question everything? To question indicates a need to research and find the most accurate information, which is not as easy as it seems in today's world of the internet and 24/7 media news that usually does not provide accurate or complete information. It is interesting to me that when I hear the major media spin what President Trump has said and when I see or hear the actual footage of his comment that I find the media's spin was not what he actually said.

Continued on page 9

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words



Social Justice

by M. Scott

Racism: Defined by Mirriam-Webster:

1: a belief that race is the primary determinant of human traits and capacities and that racial differences produce an inherent superiority of a particular race

2a: a doctrine or political program based on the assumption of racism and designed to execute its principles

b: a political or social system founded on racism

3: racial prejudice or discrimination

The History and Dictionary Meaning of Racism

Racism appears to be a word of recent origin, with no citations currently known that would suggest the word was in use prior to the early 20th century. But the fact that the word is fairly new does not prove that the concept of racism did not exist in the distant past. Things may have words to describe them before they exist (spaceship, for instance, has been in use since the 19th century, well before the rocket-fired vessels were invented), and things may exist for a considerable time before they are given names (t-shirt does not appear in print until the 20th century, although the article of clothing existed prior to 1900).

Race/Ethnicity/Humility (ESPN):

“...In a nutshell, what’s happened to Newton and his contract is unprecedented in recent NFL history. And there’s no explanation for such a small contract for a once transcendent talent other than a league of mostly white executives viewing Newton as not worth the headache, a reputation Newton has not earned.

Regardless, since his breakout season at Auburn in 2010, Newton has been viewed as a problem in need of humility. He is too arrogant, his celebrations are too ... celebratory, he pouts when he loses. Never mind that those same characteristics could describe any white quarterback, particularly the one Newton is replacing in New England.

But in the history of American sports, most notably football, Black athletes are expected to be absent of charisma or anger or hubris. Black wide receivers of the previous decade were “divas.” Every season there’s a new boisterous cornerback who elicits media attention and scrutiny: Richard Sherman to Norman to Jalen Ramsey. For Black quarterbacks, if they aren’t viewed as docile or bashful in the vein of Russell Wilson or Patrick Mahomes, they’re problematic. Michael Vick rubbed white America the wrong way long before Bad Newz Kennels.

Sociologists found a link between race/ethnicity and humility, which included the personality traits of “conscientiousness, agreeableness, emotional awareness, the absence of narcissism, low self-esteem.” African Americans (and Arab Americans) showed more characteristics that lined up with humility than white Americans. In short, there’s an expectation for Black people to be humble, but not for white Americans.

NFL’s Redskins renamed as Washington Football Team for 2020 season

The NFL team formerly known as the Redskins will go by the Washington Football Team for at least the 2020 season, giving the organization time to choose a new, full-time name. The team has been known as the Redskins since 1933. Gone are the head logo and the name Native American advocates have called a dictionary-defined racial slur. Is Black Lives Matter a Marxist movement?

From Tom Kertscher (PolitiFact)

Backlash against Black Lives Matter includes branding it as Marxist. The attack has been made in recent weeks by Rudy Giuliani, President Donald Trump’s personal lawyer; Ben Carson, Trump’s secretary of Housing and Urban Development; conservative talk show host Mark Levin; and PragerU, which has more than 4 million Facebook followers.

Marxism was developed by 19th century German philosopher Karl Marx and is the basis for the theory of communism and socialism. “Marxism envisioned the revolutionary overthrow of capitalism by the proletariat (working class people) and eventually a classless communist society,” Encyclopedia Britannica and Oxford Reference say.

These days, Marxism usually means analyzing social change through an economic lens, with the assumption that the rich and the poor should become more equal.

In a recently surfaced 2015 interview, one of the three Black Lives Matter co-founders declared that she and another co-founder “are trained Marxists.”

But the movement has grown and broadened dramatically. Many Americans, few of whom would identify as Marxists, support Black Lives Matter, drawn to its message of anti-racism.

“Regardless of whatever the professed politics of people may be who are prominent in the movement, they don’t represent its breadth,” said Keeanga-Yamahatta Taylor, Princeton University African American Studies professor and author of “From #BlackLivesMatter to Black Liberation.”

“There are definitely socialists within the movement, as there have been in every single social movement in 20th century American history and today. But that does not make those socialist movements, it makes them mass movements,” she said. NY Times (Roger Cohen)

“...no people has found the American lurch toward authoritarianism under President Trump more alarming than the Germans. For postwar Germany, the United States was savior, protector and liberal democratic model. Now, Germans, in shock, speak of the American catastrophe.

Michael Steinberg, a professor of history at Brown University and the former president of the American Academy in Berlin, wrote to me this week:

“...the events in Portland have particularly alarmed me as a kind of strategic experiment for fascism. The playbook from the German fall of democracy in 1933 seems well in place including rogue military factions, the destabilization of cities, etc. The basic comparison involves racism as a political strategy; a racist imaginary of a pure homeland, with cities demonized as places of decadence.

The Honorable John Robert Lewis (February 21, 1940 – July 17, 2020)

John Robert Lewis was an American politician and civil-rights leader who served in the United States House of Representatives for Georgia’s 5th congressional district from 1987 until his death in 2020.

Lewis was one of the “Big Six” leaders of groups who organized the 1963 March on Washington. He fulfilled many key roles in the civil rights movement and its actions to end legalized racial segregation in the United States. In 1965, Lewis led the Selma to Montgomery marches across the Edmund Pettus Bridge. In an incident which became known as Bloody Sunday, armed Alabama police attacked unarmed civil rights demonstrators, including Lewis, Hosea Williams, and Amelia Boynton.

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- Delores Vigil

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Juan Mancera, George Alger, Michelle Hoover and May Christine Ballestero have helped pass one million.

Our Ventura TV surpasses 1,000,000 views

Our Ventura TV recently surpassed a million online views, all in addition to multiple millions of television views on Ventura cable channel 6 TV.

Our Ventura TV is an award-winning weekly talk-show television series broadcast on Ventura cable channel 6 TV and also published on OurVentura.com as well as on social media networks. The programs are primarily about individuals, nonprofits, community advocates, leaders, artists and organizations who contribute

in some way to the Ventura County community.

Since the series began in 2008, the theme for the TV series has been “People doing good things in Ventura County” and the surrounding area. The majority of programs are talk shows featuring guests who are interviewed about their community activities. Additionally, there are music and other creative productions.

The series is produced by George Alger and directed by Michelle Hoover. Several of the most active hosts include Sandra Siepak, MB Hanrahan and Monique Nowlin, as well as George Alger. Some of the key crew include Mary Christine Ballestero and Juan Mancera.

As a result of the pandemic the series expanded to integrate video conferencing so that guests can get their message out from their own home or office.

Producer George Alger said: “We’ve been honored to broadcast many individuals and organizations over the years and we wish to include your message, as well.”

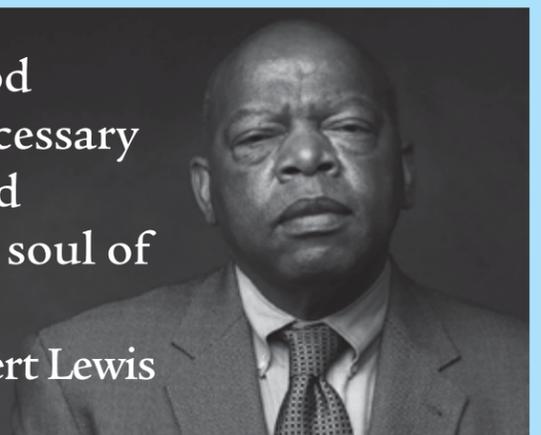
If you’d like to be a guest on Our Ventura TV, just visit OurVentura.com and click “Contact” to get scheduled. There’s no cost for non-commercial messages.

Note: Breeze publisher Sheldon Brown and Staci Brown have been featured on the show.

Black Voices in History

“Get in good trouble, necessary trouble, and redeem the soul of America.”

– John Robert Lewis





News & Notes



CAPS Media crews producing coronavirus updates

CAPS Media crews are working closely with Ventura City and County officials to provide accurate and updated information on the coronavirus emergency. For the City, CAPS produces weekly videos with City officials in the CAPS studio and out in the community. Recent videos include an update with Estelle Bussa, the city's economic development manager in which Estelle shared important information for Ventura businesses regarding current safety protocols for dining, shopping and social distancing in Ventura.

For the County, CAPS Crews are covering all of the weekly COVID-19 County updates at the government center and in the community including the most recent location productions at Limoneira and at the Ventura County Public Health Department in Oxnard. CAPS facilitates the live streaming of the press conferences by the County and posts the media, including Spanish language translations of the

messages at vcemergency.com/videos and vcemergency.com/covid19-sp/videos-sp.

All of the City and County informational videos are being distributed on multiple platforms including City and County websites, CAPS Media, Facebook, Instagram and other social media sites. Rest assured, CAPS Crew members are taking every precaution to stay safe during these productions.

At the same time, the COVID-19 crisis has not deterred the talented DJs and producers at CAPS Radio at 104.1fm from continuing to produce programs. CAPS Media Radio Station Director Elizabeth Rodeno is also directing a campaign to have listeners, DJs and producers record brief audio diaries about what their lives are like during this extremely unique and challenging time. Broadcasters from Australia to Ventura submitted audio shorts about local community organizations and activities. Kat Merrick, Pam Baumgardner, Kathy Good, Nadine Piche and other KPPQ DJs are providing personal insights, public service information, fitness and health tips and more.

If you have a message to share on KPPQ, Ventura's public access radio station, record your 30 to 60 second daily entry and email it to radio@capsmedia.org. Tune into 104.1fm to hear the latest updates from the city and county. Special thanks to everyone who submitted videos for CAPS.

CAPS Media is also producing a brief History of the Ventura Pier video for Pier Into The Future, the nonprofit organization that supports the landmark with fund raising events throughout the year. The local nonprofit is a long-standing supporter and organizational member of CAPS Media. The history of the pier video will premiere on Friday, July 31, in support of the Pier Sunset Dinner which is modified from the annual

sit-down event to a drive-by, pick-up meal at the pier with food provided by local restaurants and caterers. For more information go to pierintothefuture.org. The video will be streamed and aired on all CAPS media outlets.

Due to the Coronavirus emergency the CAPS Media Center is closed to Members and the public until further notice. CAPS Member/Producers can submit programming via the online portal at capsmedia.org for broadcast and streaming on CAPS public access television Channel 6 and on CAPS Radio KPPQ 104.1FM. All of us at CAPS Media hope everyone is Staying Safe and Healthy during this challenging time.



A replica of the Tomol, might grace the front of our City Hall.

A New Sculpture for Ventura City Hall

Text and photo ©Robert Chianese
RLChianese@gmail.com

Native Chumash representatives, the City of San Buenaventura, and the Ventura Mission Church have reached agreement to move the large statue of Father Junipero Serra that fronts the

Ventura City Hall to the nearby Mission grounds. This may end the fight over where to site the statue of this iconic figure, a saint to some, to others an enslaver and cruel master to Native Californians up and down the state.

People's heightened awareness of America's real history enables its shameful legacy of enslavement, dominance of indigenous peoples, and oppression of minorities to take center stage. That grows out of the Black Lives Matter protests against police brutality this spring, and makes Serra's central public place in Ventura's community untenable for many. He should exit his pedestal, a santo obscando. The chain link cage around him protects him from being defaced or torn down before he can be moved, with bouquets and votive offerings signaling support of others.

Who or what to put in his place?

I propose that we Venturans commemorate the original founders of Buenaventura-- the Chumash who established a village here called Shishalop. (Earlier residents, the Oak Grove Peoples, are obscured in the veils of pre-history.)

Specifically, a bronze replica of their fantastic ocean-going canoe, the Tomol, might grace the front of our City Hall. As a city monument, the Tomol would honor the Chumash's look to the ocean and mastery of seagoing life and wise selection of a magnificent site to settle in, as we have done today. Placed on top the Padre pedestal, it would look out to the sea with ancient longing, but also with the heroic energy and ingenuity that these native peoples put to the complex engineering task of building these

Continued on page 12



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Senior Living



You may sleep better at night if you have made the effort to secure your estate properly.

Estate Planning in a Pandemic

by Jayson Cohen
American Legacy Solutions

The ongoing COVID-19 global pandemic has disrupted life in countless ways. The health crisis has led many people to examine their own mortality and realize that they are not prepared for the end of life situations. As the crisis continues to rage on, it is more important than ever to make sure that your will and other important estate planning directives are in place.

According to Caring.com, 52% of people over the age of 55 do not have a will or other vital estate planning documents in place. While it can be a bit more challenging to get these directives signed and notarized during a pandemic, it is still possible to get it done. Here five things that you need to include in your estate planning document.

Will: The backbone of any estate planning document is the will. This legal document governs the distribution of assets and wealth after your death. This document can also be used to appoint guardians for minor children.

Advanced Care Directive: In today's uncertain times, an advanced care directive is an essential piece of your estate planning process. Also called a living will, this document lays out what type of medical care you wish to receive should you become terminally ill. In this document, you can outline plans for life-support directives and organ donation wishes. Having a living will in place will take a substantial amount of pressure off of your loved ones if you are unable to make your own medical care decisions.

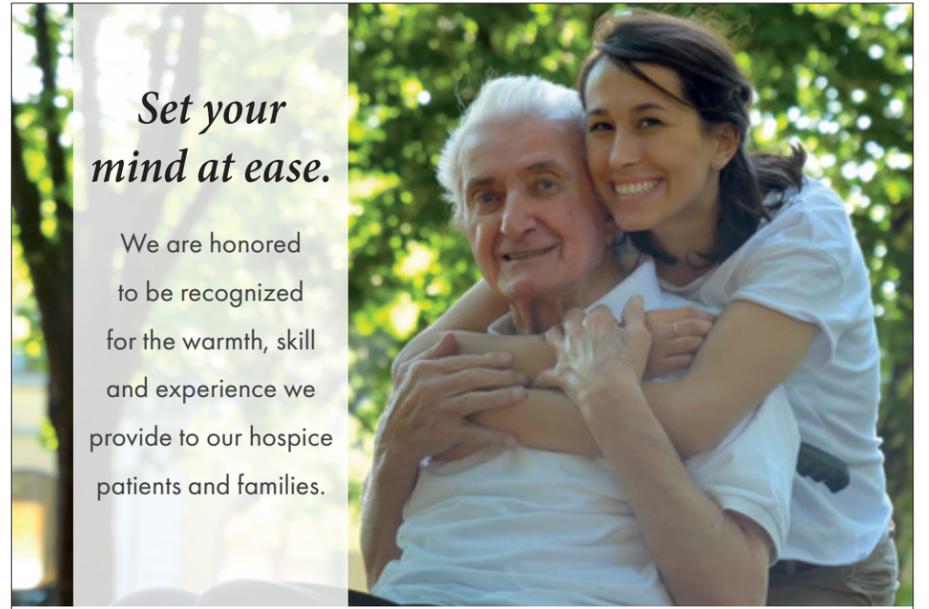
HIPPA Authorization: While combing through all of your healthcare directives, be sure to devote time to declaring a HIPPA authorization. The federal Health Insurance Affordability and Accountabil-

ity Act (HIPPA) legislates privacy rules for medical records. A HIPPA authorization allows you to release your medical records to designated individuals. Most people give this authority to their spouse, children, and other close family members. This allows others to effectively communicate with healthcare providers about your condition if you are hospitalized.

Health Care Power of Attorney: In addition to an advanced care directive, a health care power of attorney will ensure that your medical care future is secured. This legally binding power of attorney will allow you to name a trusted individual to make health care decisions on your behalf if you are not able to do so yourself.

Financial Power of Attorney: Lastly, it is important to give a specified person the authority to direct your financial transactions if you are not able to do so. Depending on your state's rules, you may need witnesses to sign this power of attorney to make it legally binding.

Considerations to Make in Light of COVID-19: With many states still in various stages of closure, it can be challenging to procure the necessary witnesses and notarizations of signatures needed to legalize your estate planning documents. Be sure to talk with your estate planner about possible options for you to finalize these papers. Before the pandemic, there had already been 23 states that had passed legislation that enabled remote online notarization using two-way audiovisual communication. Because of the crisis, Arizona, Iowa, and Pennsylvania have also permitted online polarization. In addition, other states have passed legislation or issued executive orders that allows for remote witnessing.



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What is Alzheimer's Disease?

The most common type of dementia.

A progressive disease beginning with mild memory loss possibly leading to loss of the ability to carry on a conversation and respond to the environment. Involves parts of the brain that control thought, memory, and language. Can seriously affect a person's ability to carry out daily activities.

The symptoms of the disease can first appear after age 60 and the risk increases with age.

Younger people may get Alzheimer's disease, but it is less common.

The number of people living with the disease doubles every 5 years beyond age 65.

This number is projected to nearly triple to 14 million people by 2060.1

What is known about Alzheimer's Disease?

Scientists do not yet fully understand what causes Alzheimer's disease. There probably is not one single cause, but several factors that affect each person differently.

Family history—researchers believe that genetics may play a role in developing Alzheimer's disease.

Changes in the brain can begin years before the first symptoms appear.

Researchers are studying whether education, diet, and environment play a role in developing Alzheimer's disease.

Scientists are finding more evidence that some of the risk factors for heart disease and stroke, such as high blood pressure and high cholesterol may also

increase the risk of Alzheimer's disease. A man and a woman standing. The middle-aged man is in the foreground, looking into camera. The woman is standing behind him with her hands on his shoulder, smiling and also looking into the camera.

There is growing evidence that physical, mental, and social activities may reduce the risk of Alzheimer's disease.

According to the National Institute on Aging, in addition to memory problems, someone with Alzheimer's disease may experience one or more of the following signs:

Memory loss that disrupts daily life, such as getting lost in a familiar place or repeating questions.

Trouble handling money and paying bills.

Difficulty completing familiar tasks at home, at work or at leisure.

Decreased or poor judgment. Misplaces things and being unable to retrace steps to find them.

Changes in mood, personality, or behavioral.

Some causes for symptoms, such as depression and drug interactions, are reversible. However, they can be serious and should be identified and treated by a health care provider as soon as possible.

Early and accurate diagnosis provides opportunities for you and your family to consider or review financial planning, develop advance directives, enroll in clinical trials, and anticipate care needs.

How is Alzheimer's disease treated?

A middle-aged man and woman sitting. Both are smiling into the camera. The woman is leaning onto the man with her head on his shoulder.

Medical management can improve the quality of life for individuals living

Continued on page 9



Senior Living



"I'm sure it's safe to give my Medicare information to you!"

Help fight Medicare fraud

Stay alert for fraud during the coronavirus national emergency. Con artists like to take advantage of people when they're distracted.

Con artists may try to get your Medicare Number or personal information so they can steal your identity and commit Medicare fraud. Medicare fraud results in higher health care costs and taxes for everyone.

Protect yourself from Medicare fraud. Guard your Medicare card like it's a credit card. Remember:

Medicare will never contact you for your Medicare Number or other personal information unless you've given them permission in advance.

Medicare will never call you to sell you anything.

You may get calls from people promising you things if you give them a Medicare Number. Don't do it.

Medicare will never visit you at your home.

Medicare can't enroll you over the phone unless you called first.

Review your Medicare Summary Notices for errors and report anything suspicious to Medicare.

Compare the dates and services on your calendar with the statements you get from Medicare to make sure you got each service listed and that all the details are correct.

These include the "Medicare Summary Notice" (MSN) if you have Original Medicare, or similar statements from your plan if you're in a Medicare Advantage Plan. They list the services you got or prescriptions you filled.

Check your claims early—the sooner you see and report errors, the sooner you can help stop fraud. Log into MyMedicare.gov to view your Original Medicare claims as soon as they're processed, or call us at 1-800-MEDICARE (1-800-633-4227).

Check the receipts and statements you get from providers for mistakes.

If you think a charge is incorrect and you know the provider, you may want

to call their office to ask about it. The person you speak to may help you better understand the services or supplies you got, or they may realize a billing error was made.

If you've contacted the provider and you suspect that Medicare is being charged for health care you didn't get, or you don't know the provider on the claim, find out how to report fraud.

Check regularly for Medicare billing fraud. Review your Medicare claims and Medicare Summary Notices for any services billed to your Medicare Number you don't recognize.

Learn more about how to spot fraud.

Report anything suspicious to Medicare.

How to report Medicare fraud

Calling us at 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

If you're in a Medicare Advantage Plan, call the Medicare Drug Integrity Contractor (MEDIC) at 1-877-7SAFERX (1-877-772-3379).

Have this information before you report fraud:

Your name and Medicare Number.

The provider's name and any identifying information you may have.

The service or item you're questioning and when it was supposedly given or delivered.

The payment amount approved and paid by Medicare.

The date on your Medicare Summary Notice or claim.

Build exercise into your daily routine

There are lots of fun and simple ways to build exercise into your daily routine. Find ideas for activities to do with your family and ways to stay active in all four seasons.

Being physically active with your family is a great way to stay healthy and make exercise fun. Whether you play team sports with the entire family or take brisk walks with your spouse, child, or grandchild, you'll be rewarded with improved health and time spent together.

Here are a few activity ideas for you to do with your grandchildren:

Infants and Toddlers

Take them for walks in the stroller and rides on your bike. Don't forget your helmets.

Sign up for baby yoga or exercise classes.

Try baby-friendly swimming classes.

School-Aged Children

Walk to the park and push their swing.
Jump rope together.
Build a fort—indoors or out.
Play catch, kickball, basketball, or soccer.
Go swimming or biking together.
Play a video fitness game together and see who wins!

Teens and Young Adults

Participate in activities that interest them. Try hiking, skating, or tennis.

Go golfing or swimming. Invite them to join you in physical activities that require two people, such as tennis or ping pong.

Ask them to help you in the garden or with heavy-duty household chores.

Search for Move Your Way: Tips for Getting Active as a Family on YouTube for more tips on getting active with your family.

Be Physically Active Without Spending a Dime!

You don't need to spend a fortune to be physically active. In fact, you can be active in many ways without spending any money. You don't need special exercise equipment other than comfortable walking shoes. Here are a few ideas to help get you moving for free:

Make your own weights from household items such as soup cans or bottles of water.

Try out free demonstration exercises classes at your local senior center or fitness center.

Go for a hike in a park.

Participate in community-sponsored fun runs or walks.

Yard work such as raking, digging, and planting can keep you active.

Make sure to drink water or juice after exercise.

Share this infographic and help spread the word about how to get fit for free.

Being creative about your physical activity plans and trying new forms of exercise can keep you motivated by preventing boredom. A change in seasons is an excellent time to be creative about your exercise routine and try something new. There are many ways to be active throughout the year.

As the temperatures start to get warm, get your garden ready for spring and summer. The lifting and bending you do when gardening are great for strength and flexibility.

A bike ride is a great way to enjoy the warmer temperatures.

Anything can be fun with upbeat music, including spring cleaning!

Summer

Swim laps or take a water aerobics class. These are both refreshing once the weather gets steamy.

Walking in the mall is a cool way to beat the heat.

Now that the grandchildren are out of school for the summer, ask them to teach you their favorite sport or physical activity.



"On your mark, get set, go."

Being physically active can be one of the best things you can do

by the National Institute of Health (NIH)

Deciding to become physically active can be one of the best things you can do for your health. Exercise and physical activity are not only great for your mental and physical health, but they can help keep you independent as you age. Now, let's talk about getting started.

How Much Activity Do Older Adults Need?

According to the Physical Activity Guidelines for Americans (PDF, 14.5M) you should do at least 150 minutes (2 ½ hours) a week of moderate-intensity aerobic exercise, like brisk walking or fast dancing. Being active at least 3 days a week is best, but doing anything is better than doing nothing at all. You should also do muscle-strengthening activities, like lifting weights or doing sit-ups, at least 2 days a week. The Physical Activity Guidelines also recommend that as part of your weekly physical activity you combine multiple components of exercises. For example, try balance training as well as aerobic and muscle-strengthening activities. If you prefer vigorous-intensity aerobic activity (like running), aim for at least 75 minutes a week.

How Older Adults Can Get Started with Exercise

Exercise and physical activity are great for your mental and physical health and help keep you independent as you age. Here are a few things you may want to keep in mind when beginning to exercise.

Start Slowly When Beginning Exercise

The key to being successful and safe when beginning a physical activity routine is to build slowly from your current fitness level. Over-exercising can



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cause injury, which may lead to quitting. A steady rate of progress is the best approach.

To play it safe and reduce your risk of injury:

Begin your exercise program slowly with low-intensity exercises.

Warm up before exercising and cool down afterward.

Pay attention to your surroundings when exercising outdoors.

Drink water before, during, and after your workout session, even if you don't feel thirsty. Play catch, kickball, basketball, or soccer.

Wear appropriate fitness clothes and shoes for your activity.

If you have specific health conditions, discuss your exercise and physical activity plan with your health care provider.

Download and fill out the Find Your Starting Point Activity Log to document your starting point. You'll find space to track your normal activity levels for a few days—try and choose a few weekdays and one weekend day.

Don't forget to test your current fitness level for all 4 types of exercise—endurance, balance, flexibility, and strength. You may be in shape for running, but if you're not stretching, you're not getting the maximum benefit from your exercise. Write down your results so you can track your progress as you continue to exercise.

Make notes about how these test

exercises feel. If the exercises were hard, do what's comfortable and slowly build up. If they were easy, you know your level of fitness is higher. You can be more ambitious and challenge yourself.

Once you start exercising, use the Monthly Progress Test to check in and see how you are improving, and celebrate your successes!

What is Alzheimer's Disease?

Continued from page 7

with Alzheimer's disease and their caregivers.

There is currently no known cure for Alzheimer's disease.

Caregiving can have positive aspects for the caregiver as well as the person being cared for. It may bring personal fulfillment to the caregiver, such as satisfaction from helping a family member or friend, and lead to the development of new skills and improved family relationships.

Although most people willingly provide care to their loved ones and friends, caring for a person with Alzheimer's disease at home can be a difficult task and might become overwhelming at times. Each day brings new challenges as the caregiver copes with changing levels of ability and new patterns of behavior. As the disease gets worse, people living with Alzheimer's disease often need more intensive care.

This 'n' That

Serra on the move

Continued from page 1

ing of the Chumash and Mission periods has grown, and I am grateful to live in a community that cares so deeply about our heritage."

Regarding the move Ventura City Manager, Alex D. McIntyre stated "In recent weeks, the City of Ventura received thousands of emails, phone calls, and public comments (equally divided) about the Father Junipero Serra statue. Last night, the

City Council reached a peaceful resolution to remove and relocate two Serra statues."

"When a group of people has suffered trauma, we all need to step up and do something to heal that. The actions the Council took are a step forward as we stand in solidarity with our Chumash community. As we relocate the statues, we hope to provide healing time for our City and find a more suitable place for the Father Serra statues to be protected and preserved,"



The wood statue of Father Serra, on display in the City Hall atrium will also be relocated.

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Continued from page 4

While it may be easy and popular to dislike President Trump's often reported behavior, we should ask ourselves if we feel he really has the welfare of America's future at heart?

Is the nomination of Federal Judges that believe in and respect the American Constitution a good thing for the preservation of America, as we have known it, something we appreciate? Isn't the support of existing Federal Laws what elected officials are supposed to do?

In my opinion, the real issue voters need to address each time we vote is to pick the least of the evils. No candidate is

perfect so it is each voter's responsibility to exercise "due diligence" and vote for the person that hopefully will do the least amount of damage to our nation or community. We have been conditioned to the polite behavior of professional politicians. Perhaps we need more people in elected office that do not act like lifelong professional politicians, some of which have never had real jobs. We do not have to like someone to vote for them. We should try to determine which candidate is committed to do what is best for America and or our community.

Respectfully submitted from a registered Independent voter.
Ken Ogle

NBA BASKETBALL SEASON TO START ON JULY 30



The Pet Page



Dedicated to Scamp

Just before 8 p.m. on June 18, 2020, Handler Eric Darling received a call from the Ventura County Fire Department to assist in confirming no one was left behind after a fire in a drainage pipe in Santa Paula, CA. The tube is a space known to be used as a shelter by the homeless in the area, so it needed to be thoroughly checked.

Both of Eric's search dogs -- Mazie, a human remains detection canine, and Ben, a 12-year-old SDF-trained live find canine -- searched well and made quick work of their mission. Eric shared that this may well be Ben's last deployment as he recently completed his fourth FEMA Certification in February and is already past the age when most search dogs retire.

In June, SDF celebrated the completion of the latest training area on the campus -- the new Paws For Play Agility Yard! Generously provided by longtime SDF friend and supporter, Marie Morrisroe, the welcoming new space is fully enclosed, allowing for more off-leash work with dogs who may not be as far along in their training, and new pieces of agility equipment, including a sway bridge and raised platforms.

Judging by all the happy tail wags, it seems canines-in-training are loving the new area to run and play, while also learning valuable skills needed for disaster search. Coupled with our other existing agility equipment under our covered training arena, the new agility area enables the SDF Training Team to work with multiple canine recruits simultaneously, providing more repetitions on the obstacles and more training interactions every day. The agility exercises foster better footing stability for our canines when they eventually search the rubble pile, giving them confidence and helping to minimize the risk of injuries -- all while having fun while they are at it!

What to consider as dog adoptions surge during pandemic: Four Tips from Susan Marie, Host of The Doggy Diva Show

As word grew that people were going to have to shelter-in-place for an unspecified length of time, animal shelters began to empty. Thousands of people realized that they may be lonely during this time of social-distancing from family and friends. In some situations, parents came to the conclusion that their children needed a happy diversion and agreed to add a furkid to their family. Whatever the reason, shelters began to empty and animal lovers, like myself, were thrilled. However, families are seeking guidance on what dog might be right for them. Those who have already added a dog to their family are concerned with how to keep their new pet happy. Below are some points to consider, as you ponder which animal to bring home and what to do once they

step their excited paws through your threshold.

1. The coronavirus pandemic will not last forever, but adopting your "forever friend" is a lifetime commitment of unconditional love. The first thing to consider is your family's lifestyle. Are you looking for a dog that is high energy that will join the kids in playful romps in the yard and long runs? Or are you looking for a less active dog who enjoys binge watching TV while you are on Zoom meetings and the kids are in online classes? Do you want your dog to be happy with a leisurely walk after dinner and easy, quiet fun in the home or yard? A senior citizen might consider a smaller senior pup who enjoys cuddling on the sofa and healthy snacks. It is important to keep in mind your pup's breed, size and temperament when considering what your home and lifestyle can reasonably accommodate. Though the adoption process itself may differ slightly during COVID-19, please feel free to contact your local shelter and rescue organization and they will gladly help you choose the "forever friend" that is best for your home and family.

2. Consider preparing for the pandemic as you would to prepare for a disaster, like hurricane season. Compile a first aid kit and an emergency kit and for your pet that includes at least two weeks of food and treats, medications, medical records, veterinarian(s) contact information. Also be sure to have all necessary everyday supplies, such as collars, leashes, harnesses and disposable bags. Make sure your dog has ID tags and is microchipped with your current contact information as well as that of an emergency contact outside the area.

3. How much time will you be able to spend with your dog during and after the pandemic? More time spent at home together while you work from home is a great opportunity to bond with your furkid and also increases your availability to train. For some behavioral concerns, including separation anxiety, please contact a professional trainer who may offer online classes. When you return to work, keep in mind who will look after your pup during the day. You may decide to take your pup to doggy day care or hire a professional pet sitter to visit your home in the morning and afternoon for bathroom breaks and exercise.

4. If adopting is something that you may not be able to commit to at this time, please consider fostering a dog. Contact your local shelter or rescue organization to see if they have a foster plan that better suits your family's lifestyle. Keep in mind adopting a pet into your family is a lifetime commitment that will change both of your lives "forever."

For over fifteen years, Susan Marie has been spreading the word about puppy love through her national weekly radio show, The Doggy Diva Show. Susan is also the author of the award-winning Miss Olive children's book trilogy The Doggy Diva Diaries.

Scamp Club

(Scampclub pets are not for adoption.)



I'm Sirius (like the Dog Star) a 3-year old mutt (maybe a little terrier). Favorite things to do is walk around Community Park, try to chase the rabbits and ground squirrels at Community Park, nap, and yoga (favorite position is downward dog).

Join Scamp Club

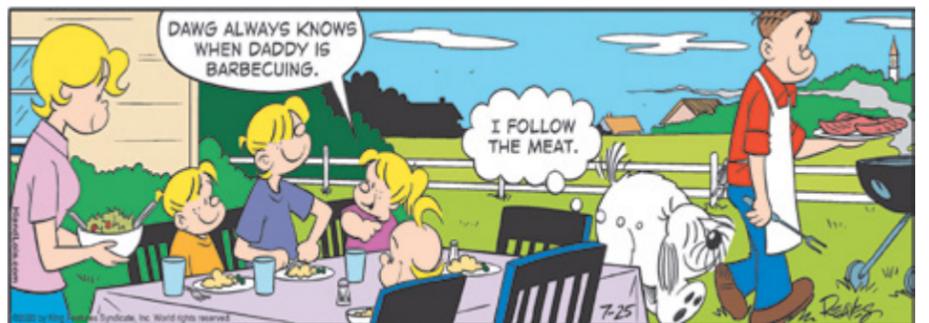
Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

Beetle Bailey



Hi and Lois



Search dogs in training at the Search Dog Foundation (SDF) are climbing to new heights.

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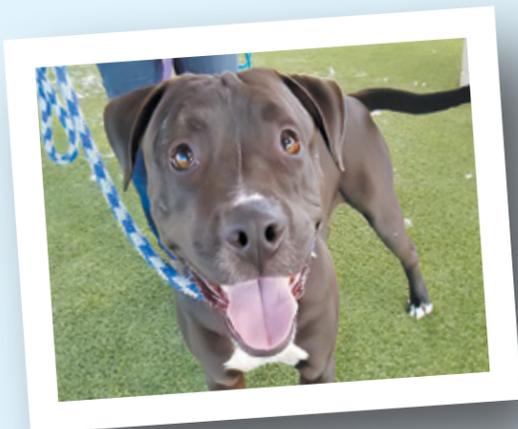




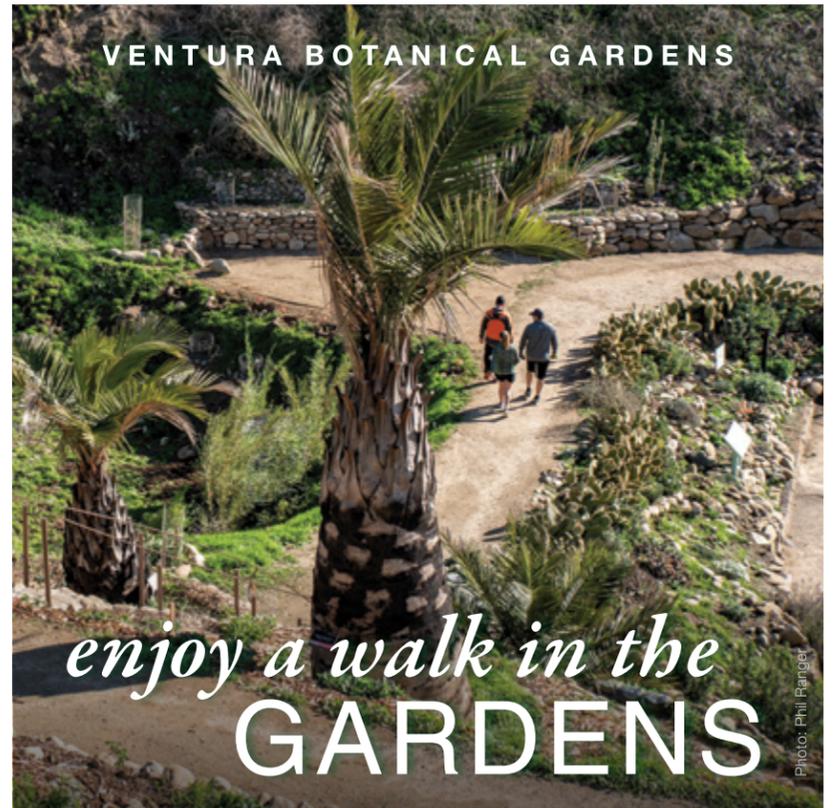
The Pet Page

Forever homes wanted

Look who is ready to find their new home together. Poppy (brown - 2 years old) and Myrtle (tri-colored- 3 or 4 years old). They are two Chihuahuas from the "Sweet 16" that C.A.R.L. rescued from South Central LA from a severe neglect situation. These two need to be adopted together. We believe that Myrtle is actually Poppy's mom! They groom one another, play nonstop and sleep on top of one another. Since they came to their foster family feral, they still have a long road to recovery and are still learning to trust people. They are great with kids and other dogs. If you would like more information, or are interested in adopting these two, please submit an adoption application or email their foster mom at lyniferlou@gmail.com.
Canine Adoption and Rescue League C.A.R.L.



Do yourself a favor and meet this 62-pound lap dog. We have found him to be fun loving and dog friendly, though he does prefer mellow dogs. Joe Black loves people and he is already good on the leash and knows sit and loves getting his face rubbed. VCAS Joe Black A755704



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COVID-19 RESOURCES

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- Ventura County Behavioral Health Crisis line: **1-866-998-2243**
- Logrando Bienestar – Mental Health Wellness Checkup: **805-973-5220**

Housing

- Area Housing Authority of Ventura County: **805-480-9991** or www.ahacv.org (Unincorporated areas of Ventura County and the cities of Camarillo, Fillmore, Moorpark, El Rio, Somis, Piru, Ojai, Simi Valley, and Thousand Oaks)
- San Buenaventura Housing Authority: **805-648-5008**
- Santa Paula Housing Authority: **805-525-3339**
- Oxnard Housing Authority: **805-385-8041**

Health Care

- Health Care for All (Medi-Cal, Covered California and other low cost insurance programs): **805-981-5212**
- WIC (Women, Infants & Children): **805-981-5251**

Food

- Medi-Cal, CalFresh & CalWORKs Programs: **1-888-472-4463** or www.mybenefitscalwin.org
- Food Share: **805-983-7100** or www.foodshare.com
- School meals: www.vcoe.org/meals
- Food for seniors: **805-477-7300** or www.vcaaa.org

Homeless Services

- Call **2-1-1**

Business

- Business Assistance, Economic Development Collaborative: **805-409-9159** or edcollaborative.com

Unemployment

- Unemployment Benefits Insurance: **1-866-333-4606** or www.edd.ca.gov

Transportation

- VCTC: **1-800-438-1112** or www.goventura.org
- Gold Coast Transit: **805-487-4222** or www.goldcoasttransit.org

Utilities

- Southern California Edison: **1-800-950-2356** or www.sce.com
- Southern California Gas Company: **1-877-238-0092** or www.socalgas.com



Please stay informed at www.vcemergency.com
Call **2-1-1** to speak to an operator 24/7 about resources





Concerts in Your Car

I made it to my first Concert in Your Car (but to be clear, it was in my car), last week when I saw Third Eye Blind. The main problem with being a single person and trying to abide by the social distancing rules is that I have to go to a concert in my car by myself. There is no six feet of distancing in my car. I also can't go out with friends to dinner as the tables are not six feet in length, but that's different story for another time. But honestly, I really didn't mind the concert by myself, I've been attending shows solo for years taking photos and milling around while enjoying the music. In any case, I packed a dinner with beverage and headed over to the fairgrounds early enough to get a good spot.

Well it turns out, if you have excellent eyesight, there really isn't a bad spot since they have large screens facing out on each side of the stage which is set up in the middle of the parking lot. And as for sound, you're not listening to the concert via oversized speakers damaging your eardrums, instead you're listening at a level you control in your car via personal devices. I used my car's radio which actually has a nice speaker system. I minimized my eardrum damage by opting to turn up the speakers much later in the show. The band put on a great performance; I would wager it was even better than the last time they played in Ventura at the fair two years ago. Lead singer Stephen Jenkins quipped that they hadn't played together since March 9 and didn't even have a rehearsal or soundcheck; they clearly enjoyed performing again.

The crew from Concerts in Your Car have your safety in mind. It's not a minimal crew either, from the front entrance all the way to the security personnel (some with large scary looking dogs) who patrol the grounds and gently remind those who have placed their face masks around their necks, to put them back up on their face when they were outside their cars. But the best feature is the stage itself with a huge screen on each side and professional lighting and camera work. It was top-notch. The one attraction I did not participate in was the Zoom link where the large video screens featured people waiting for the show to start. I opted out of that feature because...well let's be honest, it is a little sad sitting in your car by yourself waiting for a concert to start.

One more thing, if you do actually sit in your car and not outside in a chair or in the back of your truck, then you might want to bring something to wash your windows with as you will be driving through a dirt field in line to enter the fairgrounds. It's not that you're driving through the dirt field that's the issue, but rather everyone else is too, and it's the dirt from their tires that land on your front windshield. Lesson learned, pass it along.

There are still a number of shows lined up, and if the rumor mill is correct,

a few more dates could be added. Still to come, Sublime with Rome for two shows on Friday, August 7 (5:30 and 9:30 pm), Rodney Atkins and Ross Ellis on Saturday, August 8 and Fitz and the Tantrums on Saturday, August 29. And don't forget about Theater in your Car brought to you by the good folks at the Rubicon Theater with three nights for each performance of Forever Plaid, the 30th Reunion Concert from August 3 through the 5; Jimmy Messina and Friends August 17 through the 19 (the 18th features Tomothy B. Schmit and the 19th has Kenny Loggins); and Music of the Knights will run September 7 through 9 with special guest star Ted Neeley of "Jesus Christ Superstar." All ticket information, and additional shows and movies can be found on their website, www.ConcertsInYourCar.com.

New Music and Projects

Alastair Greene's email newsletter just revealed that Greene recently worked with former Dishwalla vocalist, J.R. Richards on a previously unreleased track from the Dishwalla 5 record. The track is called "Winter Sun (Piano Version)" and is on the maxi-disc version of the album now available via Bandcamp and all the usual digital and physical means of getting your music these days.

Crooked Eye Tommy with their brand of deep seeded blues and smokey southern rock will have their official CD release party down at the Oxnard Performing Arts Center where they're having their own version of drive-in style concerts. The party is scheduled for Friday, August 21 with sets from Jim Gustin and Truth Jones, Guy Martin and Jon English before the band takes the stage. Ticket details have not been revealed at press time, but you'll want to secure that date on your calendar.

What was going to be a live event is now an online live streaming concert of "Delta by the Beach" from the Namba Performing Arts Space. This promises to be more than your average livestream with a screening of the film "True Delta," an award-winning short documentary by Lee Quinby and Daniel Cowen that explores the Clarksdale, Mississippi roots of blues music. The live music will be from Doc Ventura, Milo Sledge and Eddie Layman.

The livestreaming event costs \$10 and benefits Namba & the musical artists. First out more at www.NambaArts.com/delta-by-the-beach/. The live performance on Saturday, August 8, will be streamed via Crowdcast and then it will be available for viewing for one month after.

The Ventura Music Festival continues to share a video weekly highlighting artist in a series they call VMF's Music Connects digital festival. They are accepting submissions and all genres are accepted from classical, to pop to roots, to jazz and everything in between. The most recent video featured an amazing cover from MC15 - Time for Three. All previous videos are available for viewing

as well and all absolutely free at www.VenturaMusicFestival.org.

There are a number of venues that are offering livestream concerts on a consistent basis including The Winery Ventura every Thursday evening, the Ojai Underground Exchange every Friday and Saturday, as well as the Grammy winning studio, Carbonite Studios, out of Ojai. They all promote their shows either via Facebook, on their respective websites or via an email blast. VenturaRocks.com does its best to list them as well.

VenturaRockSpot

The latest installment of the VenturaRockSpot is up and live with an interview with my good friend Tommy Marsh of Crooked Eye Tommy. What is normally a fifteen-minute show turned out to be thirty as we had much ground to cover with the aforementioned new release, Coffee and Pain. I also get to play the new video of the title track in its entirety. You can find the video on the homepage of VenturaRocks.com.

The Pam Baumgardner Music Hour

I continue to produce my radio show from my home studio and I'm getting pretty good at it, you can hardly tell it's all done remotely except for the occasional barking dog in the background. I share music from local artists in and around Ventura, as well as expanding to include the 805, but I also share music from bands who come to the 805 which covers a lot. The field has talent, there's no doubt about that, and a lot of artists are continuing to produce from home as well. And while production on their music may not sound studio produced, it still communicates during this COVID-19 time of social distancing.

I'm always looking for more music to share, new or old, and if you have something you'd like to have played on FM radio (and world wide as we're on the internet), just drop me at line at Pam@VenturaRocks.com. The Pam Baumgardner Music Hour airs at 104.1 FM in Ventura with a new show every two weeks debuting on a Tuesday at 5 pm, with rebroadcasts on Friday at 5 and Sundays at noon.

I'm certainly looking forward to getting out and seeing our local artists

A New Sculpture for Ventura City Hall

Continued from page 6

ocean-going watercraft that enabled strong, kneeling paddlers to cross to the Channel Islands.

A tomol at the Ventura Albinger Archaeological Museum, made by modern Chumash, clearly shows the deep-V curvilinear shape for speed and breaking through waves and planing on top of the water with a high bow and stern. The planking, binding and decorative details show the attention to their engineering artistry. A replica could proudly front our Ventura City Hall.

We already have a sculptural replica of the tomol. It graces the side of the downtown parking structure, vertically aligned with the building, its paddles forming an abstract pattern when the shadows are right. However, it's more artistry than history and somewhat hidden from view.

A separate tomol sculpture in front of City Hall would bring to civic consciousness Native history and artistry, the painful ravages of racism, and the city's modern commitment

being able to play once again in a safe environment and hopefully while the weather is still great. I think it's safe enough if an artist, duo or small ensemble is playing outdoors, with social distancing in place and where everyone who is not eating, drinking or singing on stage is wearing a mask. Maybe they have to add no dancing allowed. But let's get serious, it's no riskier, than just dining out; you've just added a little entertainment and given these guys some much deserved work!

Do you have any music-related news or upcoming shows (online or live) you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more up-to-the-date listings go to VenturaRocks.com

All Venues Ventura, unless otherwise noted.

The Canyon at Oxnard PACC Oxnard Performing Arts Center Parking Lot

Drive in style concerts

Sundays: Reggae Knights (5 pm)

Fri 8/7: Corazan Demana

Sat 8/15: Lose Your Illusion

Fri 8/21: Crooked Eye Tommy

Sat 8/22: Selena tribute band

Concerts in Your Car

Ventura County Fairgrounds 10 W. Harbor Blvd.

Fri 8/7: Sublime with Rome (5:30 & 9:30)

Sat 8/8: Rodney Atkins, Ross Ellis

Thurs 8/13: Adelaide

Sat 8/29: Fitz and the Tantrums

RUBICON Stage Productions

8/3 - 8/5: Forever Plaid the 30th

reunion concert

8/17-8/19: Jimmy Messina & Friends

9/7 - 9/9: Music of the Knights

LIVE STREAM EVENTS

Namba Performing Arts Space

Sat 8/8: Delta by the Beach

NambaArts.com/delta-by-the-beach

The Winery Ventura

Every Thursday at 6:30

Thurs 7/30: Soul Candy

Facebook.com/thewineryventura

to the accurate portrayal of the past through an object worthy of public excitement and even veneration.

All students will learn remotely

Continued from page 1

families for long term planning rather than switching between models each time a surge happens in our County was important to us," stated Board President Sabrena Rodriguez. "The Board does reserve the right to make a change to this decision if there is a dramatic turn of events that would allow students to physically return to our campuses safely and according to state and local guidelines."

"We understand the hardship this may cause some of our families. We will do everything we can to assist our families in providing connections and resources to help our VUSD community's various needs. We have worked diligently over the last few months, redefining our distance learning plan based on feedback from staff and families, training our teachers on our new platforms, and allowing them time to build courses to prepare for this scenario. We are ready," stated Dr. Roger Rice.



This 'n' That

(This issues police reports and harbor blotter can be found at www.venturabreeze.com)

Four-sided stage brings fun and excellent viewing

In a summer unlike any in recent memory, Southern Californians and their families are hungry for safe entertainment options – and CBF Productions is here to help. After a wildly successful June and July run with live concerts and movie nights, the founders of crowd-pleasing “Concerts in Your Car™” are ready to ring in August on their unique theatre-in-the-round stage at the Ventura County Fairgrounds to host the one and only Zoppé Circus.

Zoppé Circus, who have been delighting families with their colorful spectacle for 175 years, will be taking over the stage for Concerts in Your Car™ from July 31st to August 2nd. There are evening shows on Friday, Saturday and Sunday starting at 7:30 PM, as well as matinee shows on Saturday and Sunday, starting at 3:30 PM. The circus is fun for the whole family, “Whether you’re three years old or ninety-nine” – so bring the little ones along and enjoy a summertime evening out.

“Even with social distancing guidelines in place, we wanted to give families a way to get out, celebrate and have some fun!” said Vincenzo Giammanco, owner of CBF Productions. “We know it’s tough right now staying inside, especially for the little ones. That is why our team put our heads together and decided to develop a new type of experience that will bring excitement to the summer of 2020 despite the pandemic. And who doesn’t love a good circus?”

The events will offer room for 600 cars per show and are designed to comply with all official restrictions. The combination of an extra high, four-sided stage and five oversized screens will ensure that every seat is the best seat in the house. Sound will be distributed via FM radio. Tickets are sold in advance and online only and are priced starting at \$39 per car with up to 5 people per vehicle. A portion of the proceeds will benefit Food Share, Ventura County’s largest food bank.

While no food is available for purchase at the show, attendees will be provided with a comprehensive list of downtown Ventura restaurants that feature curbside pickup. With the fairgrounds just three blocks from the Ventura downtown district where many beloved local restaurants are located, the concert will provide a much-needed boost to local eateries. Images and video are available upon request.

This circus is just one facet of this summer’s schedule with CBF Productions. Other evenings presented at the fairgrounds include both live and recorded concerts, movie nights, and other themes to keep greater L.A.’s families safely entertained this year.

One of California’s largest traveling festival production companies CBF has been producing a variety of adult and family-friendly events for over 12 years. From their legendary Boots & Brews Country Music Festivals to Tequila & Taco Festivals, Winter Wine Walks and more, CBF showcases the best craft breweries, wineries, and tequilas in the state, combined with mouthwatering BBQ and local cuisine, alongside amazing entertainment.

For more information about CBF Productions or to purchase tickets, please visit <http://www.concertsinyourcar.com/>.

Ventura’s Own wounded in WWI

by Richard Senate

Philip de la Riva was born in 1892 at the Olivas Adobe. His mother was Rebecca Olivas de la Riva, the youngest of the twenty-one children of Raymundo and Teodora Olivas. The builders of the Olivas Adobe, now a museum.

When the United States declared war on Imperial Germany in 1917, Philip answered his nation’s call and enlisted. He was part of the American Expeditionary Forces that sailed to France to fight in what was called “The War to end all wars.” Many of those from Ventura County were Latinos and they were known for their bravery and the fact that many came home with the Purple Heart, given to those who were wounded in action, proves their bravery in action. Sadly, Philip de la Riva was one of them. He survived the horrors of trench warfare and the perils of shell barrages, machine gun fire and poison gas only to be wounded as his unit was pulled from the front. As his unit was pulled back for some well earned rest and relaxation, they were marching along a French highway when the column was sighted by a lone German Fokker fighter plane.

The biplane dove down on them to strafe the American dough-boys. They scattered, and went flat on the dirt road. But Philip was hit by a 30-millimeter bullet in the hind quarters. He was taken to a field hospital and his family given the dreaded telegram that he had been wounded in action. They didn’t tell the family the extent of his injuries and they suspected the worst. It was only later they learned of his wound and recovery. He came home, missing a piece of his buttocks, but none the worst for his trauma in the great war.

He went home to Ventura when his father had a Lima bean farm in Montalvo. Philip had a family member take a snapshot of himself in his uniform, holding his hat. Then, he dug a hole in his back yard, took off his uniform and tossed the clothing into the hole, tossed in the hat and poured gasoline over the garments and set them on fire! When it was burned, he buried the ashes. From that day on he never spoke of the things he saw and did in France. It is an action soldiers have done through out history. As General Sherman said at the burning of Atlanta, “War is Hell.”

Livingston Memorial earns award

Livingston Memorial Visiting Nurse Association & Hospice has been recognized by Strategic Healthcare Programs (SHP) as a “Superior Performer” for achieving an overall caregiver and family satisfaction score that ranked in the top 20% of all eligible SHP clients for the 2019 calendar year. Livingston was the only hospice in Ventura County to receive this prestigious recognition.

The annual SHPBest™ award program was created to acknowledge hospice providers that consistently provide high quality service to families and caregivers of patients receiving hospice care. The 2019 award recipients were determined by reviewing and ranking the overall CAHPS Hospice survey satisfaction score for more than 1,400 hospice providers.

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READING BUSTS STRESS!

With one of the largest CAHPS Hospice benchmarks in the nation, SHP is in a unique position to identify and recognize organizations that have made family and caregiver satisfaction a priority and have been rewarded for their efforts with high marks on the CAHPS Hospice survey. “SHP is proud to present the SHPBest awards to our top-performing customers. We commend these organizations for their continuous focus on delivering the highest quality of care to their patients”, said Rob Paulsson, President of SHP.

For more than 73 years, Livingston has cared for those in the community who are experiencing a serious or end-of-life illness. On any given day – hundreds of patients and family members are cared for by our team that includes physicians, nurses, physical therapists, caregivers and more. Livingston is honored to receive the SHPBest award. It is a rewarding reminder of our commitment to Ventura County. Amidst the COVID-19 pandemic, we continue to provide the warmth, skill, and experience of our teams to ensure that your needs are at the forefront of our care.

Strategic Healthcare Programs (SHP) is a leader in data analytics and benchmarking that drive daily clinical and operational decisions. Their solutions bring real-time data to post-acute providers, hospitals, physician groups and ACOs to better coordinate quality care and improve patient outcomes. In business since 1996, SHP has built deep expertise and a strong reputation to help organizations nationwide raise the bar for patient care.

What’s happening at Ventura County Library this summer?

Ventura County Library invites everyone to join the Summer Reading Challenge. Residents of all ages and from all across the county have the opportunity to read, participate in live streaming programs, win prizes, collect badges, and have fun! Sign up at: <http://vclreads.readsquare.com>. Remaining programs:

A variety of virtual programs have been added to our website. See our web calendar for more including bilingual story times, poetry, and ukulele online at <https://www.venturacountylibrary.org/calendar>:

All Ventura County Library branches now offer walkup pickup of holds and accept returned items. Customers may place items on hold in the online catalog and pick them up at the library.

No fines or late fees will be assessed on checked out items during the closure of our physical library branches due to COVID-19. These items may be returned to exterior bookdrops 24/7.

Library materials returned to the library will be “quarantined” for a minimum of 4 days before they are taken off your account.

Loan Periods have been extended from 3 weeks to 6 weeks.

Weekly SUDOKU

Answer

5	6	3	7	9	8	4	2	1
4	9	2	6	1	3	5	7	8
8	1	7	4	5	2	9	6	3
6	2	5	3	7	4	8	1	9
7	4	1	9	8	6	3	5	2
9	3	8	5	2	1	7	4	6
1	7	4	8	6	9	2	3	5
3	8	6	2	4	5	1	9	7
2	5	9	1	3	7	6	8	4

King Crossword

Answers

Solution time: 21 mins.

U	F	O	S	I	T	S	E	S	P	Y
M	A	R	I	N	F	I	M	O	U	F
P	A	R	A	B	O	L	A	B	O	N
T	I	N	T	H	A	N	K	S		
A	P	S	I	S	D	U	E	L		
B	L	O	C	P	A	R	A	M	U	S
C	O	Y	M	L	I	L	H	V	I	P
P	A	R	A	T	U	S	L	E	G	O
I	T	E	M	S	L	A	N	T		
U	N	D	O	F	R	P	F	A		
S	O	O	T	P	A	R	A	N	O	I
L	D	G	L	A	N	L	H	O	I	D
D	E	E	D	N	A	P	S	L	O	P



Lighter Breeze

Ventura Art Scene



Gerd Franz Hermann Koch (1929-2020)

Gerd Koch, renowned American Abstract Expressionist and educator, passed away peacefully June 26, at age 91.

During his youth, Gerd embraced exploration and traveled extensively, including a 3,000-mile Canadian bicycle trip, staying in youth hostels along the way. Organizing travel tours of the art centers of the world became one of Gerd's most influential lifelong activities enriching the lives of everyone who joined him.

Gerd received a Bachelor of Fine Art degree in 1951 from Wayne State University and in 1967 a Master of Fine Art at the

University of California, Santa Barbara.

Gerd celebrated his love for the beauty of the Ojai landscape in much of his work. He once wrote of Ojai "...the cycles of the seasons and the times of day, paintings of the browns and yellows of California summers and falls, winter with storm clouds over the mountains... These were paintings of inward vision, abstractions that began with these objects influenced by the all-powerful force: time."

Gerd's greatest legacy, aside from his body of work, are his students.

Gerd's devotion to the arts included his involvement in the founding and support of two important arts organizations in Ventura County, Studio Channel Islands Art Center (SCIART) and Focus on the Masters (FOTM). Gerd had been a member of the National Watercolor Society since 1955 and is listed in Who's Who in American Art.

Gerd Koch is survived by his life partner of 40 years, the accomplished artist Carole Milton and by his son, Kear Koch, and his family and the thousands of students and friends.

FocusOnTheMasters.com. Sponsored by Cumulus Media and Jordan Laby



Patchwork by **Christine Morla**

Steampunk Dada Electric Carnival Saturday, August 22, 6:00 – 7:00 p.m. An Online Gala Streamed Free on Zoom! Online Auction August 8 – 23

The Focus on the Masters Arts Archive & Library (FOTM) together with Cumulus Media is pleased to announce Steampunk Dada Electric Carnival.

Joining is free. You can support arts education by bidding on our auction, purchasing a Celebration Bag and Opportunity tickets and 'raising your paddle' for Fund-a-Need. For only \$20, you can make it extra special with a curated Steampunk Dada Passport delivered to your home before the event!

The highlight of our online auction is "Marking Time", a collection of one-of-a-kind clocks created by FOTM documented artists to mark these historic times. Gift certificates, art from local artists and experiences will also be available for bidding. All purchases will be available for a socially distanced pickup August 24 - 28 at the FOTM offices in Ventura.

Learn more and register for free on www.venturabreeze.com.

Good News!! Buenaventura Gallery is open!!

Fridays & Saturdays: Noon-4 pm
Current Exhibit thru July 25
New exhibit begins JULY 31

For the time being, open hours will be Fridays and Saturdays only, noon to 4 pm, and by appointment. As we figure out what is needed for staffing (and with more volunteer help!) open days and hours could increase.

Harbor Village Gallery & Gifts is also open Friday thru Monday, 11am to 6pm.

Here's another selection from a member artist of what is occupying their thoughts and hands during these troubled times.

Nancy Raymond: I have been printing note cards. I slip my card in with BAA info on the back, address and phone number. Then I hand out a card to all the nurses and doctors I visit, which is quite a few. Last year I sold \$110 worth of cards from the Ventura Visitors' Bureau.



Solutions on page 13

King Crossword

ACROSS

- 1 Fleet from faraway?
- 5 "— Impossible"
- 8 Get a look at
- 12 Strict disciplinarian
- 14 Small grimace
- 15 Geometric curve
- 16 Former European capital
- 17 Can metal
- 18 "Gracias"
- 20 Orbital point
- 23 Affair of honor
- 24 Coalition
- 25 New Jersey borough
- 28 Coquettish
- 29 Parking lot structure
- 30 Bigwig, for short
- 32 "Semper —" (Coast Guard motto)
- 34 Toy block name
- 35 Thing
- 36 Angle
- 37 Destroyer
- 40 Pod occupant
- 41 Chimney grime
- 42 Irrational fear
- 47 Lip

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
15								16			
			17			18	19				
20	21	22			23						
24					25			26	27		
28				29				30		31	
	32		33					34			
			35				36				
37	38	39				40					
41					42	43			44	45	46
47					48						
49					50				51		

- 48 Fluidless barometers
- 49 Act
- 50 Siesta
- 51 Feed the hogs
- 9 Any time now
- 10 Play a prank on (Sl.)
- 11 Longings
- 13 Sacred wading bird
- 19 Listen to
- 20 Kimmel's net work
- 21 Fall into a beanbag chair
- 22 Sauce source
- 23 Piece of information
- 25 Jif rival
- 26 Eye layer
- 27 Portent
- 29 Partner
- 31 Cauldron
- 33 Disturbed the peace
- 34 Argentine grasslands
- 36 Burn something
- 37 Secondhand
- 38 Profuberance
- 39 Venetian magistrate
- 40 Get ready, for short
- 43 Literary collection
- 44 Lubricate
- 45 Wedding utterance
- 46 Venomous viper

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Solutions on page 13

(For a beginners guide to playing Sudoku go to venturabreeze.com)

	6			8		2	
4			6				8
		7		5		9	
6	2			7	4		1
		1	9			3	
	3			2			6
1				6			5
	8		2			1	
		9			7		8

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!



ARIES (March 21 to April 19) A bit of Arian contrariness could be keeping you from getting all the facts. Turn it off, and tune in to what you need to hear. It could make all the difference this week.

TAURUS (April 20 to May 20) Getting an answer to a vital question involving financial matters might take longer than you'd expected. A new factor might have to be dealt with before anything can move forward. Be patient.

GEMINI (May 21 to June 20) Use your good sense to see what might really be driving a colleague's workplace agenda. What you learn could lead to a new way of handling some old problems.

CANCER (June 21 to July 22) A change of mind might once again turn out to be a good thing. True, most of your co-workers might not like the delay, but as before, they might appreciate what follows from it.

LEO (July 23 to August 22) You revel in golden opportunities this week. One cautionary note, though: Be careful to separate the gold from the glitter before you make a choice. Someone you trust can help.

VIRGO (August 23 to September 22) Marriage is important this week, as are other partnerships. Don't let yourself be overwhelmed by sentiment. Instead, try to steer a

path between emotion and common sense.

LIBRA (September 23 to October 22) Dealing with someone who has let you down is never easy. But the sooner you're able to clear up this problem, the sooner other problems can be successfully handled.

SCORPIO (October 23 to November 21) A "friend" who is willing to bend the rules to gain an advantage for both of you is no friend. Reject the offer and stay on your usual straight and narrow path.

SAGITTARIUS (November 22 to December 21) After all the effort you've been putting in both on the job and for friends and family, it's a good time to indulge your own needs. The weekend could bring a pleasant surprise.

CAPRICORN (December 22 to January 19) You might want to do something new this weekend. Close your eyes and imagine what it could be, and then do it, or come up with the closest practical alternative.

AQUARIUS (January 20 to February 18) Your good deeds bring you the appreciation you so well deserve. But, once again, be careful of those who might want to exploit your generous nature for their own purposes.

PISCES (February 19 to March 20) Trolling for compliments isn't necessary. You earned them, and you'll get them. Concentrate this week on moving ahead into the next phase of your program.

BORN THIS WEEK: Meeting new people usually means you're making new friends. People want to be reflected in your shining light.

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Showtime

Streaming Spotlight
by Cindy Summers

Palm Springs



Breeze rating from 1 to 4 palm trees,
4 being best.

Putting a new spin on the well-known concept of the movie Groundhog Day, Palm Springs finds carefree Nyles reliving a crazy wedding day over and over again and manages to also suck in the sister of the bride Sarah, who both find themselves unable to escape waking up to the same day no matter what they do.

Nyles (Adam Sanberg) woke up in a Palm Springs motel to attend the wedding of his girlfriend Misty's best friend Tala. After the wedding, Nyles crashed the reception with a moving, yet at times questionable toast wearing casual beach wear with disheveled hair. Nyles was mimicking and mocking reception guests with a strange synchronicity to catch the attention of the maid of honor Sarah (Cristin Milioti), whom he rescued with his unusual toast.

Nyles asked Sarah to leave the party, so they headed out to the desert where Nyles got shot with an arrow in the back by a camo-wearing bow hunter with a nightlight who seemed to be hunting Nyles and who Nyles called "Roy" (J.K. Simmons). Nyles fled and was hit with a second arrow in the leg by Roy, who then disappeared into a cave.

Nyles crawled his way into the same cave, and Sarah came in behind him. He shouted out "don't come in here" to warn her as he disappeared into the light and woke up to the same day. Sarah didn't

listen and found herself also waking up to the same day. She chased down Nyles demanding an explanation, as apparently he had been through this before.

Nyles explained "This is today, today is yesterday, and tomorrow is also today. It's one of those infinite time loop situations you might have heard about." Sarah didn't want to believe it so she went out to the desert to look for answers against Nyles' advice and her day got reset again.

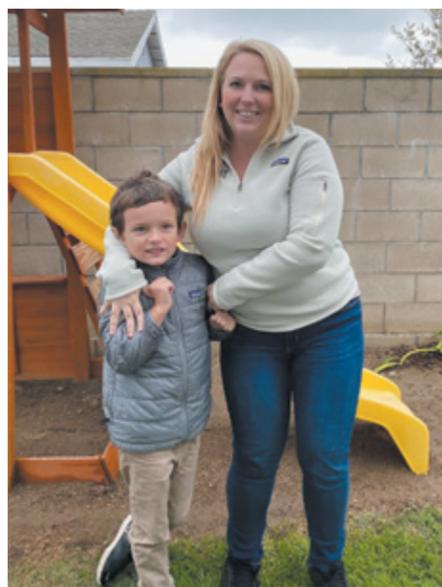
Despite their individual repeated attempts to change things, Nyles and Sarah always reset to the morning of the wedding, so decided to just embrace the belief that nothing matters and experience anything and everything without fear. They became fast friends in fun, until Sarah discovered Nyles had lied to her about never hooking up with her before she went in the cave.

The next day, Sarah didn't wake up Nyles as usual and wasn't seen by him for months, even though they both were waking up to the same day. Unknown to Nyles, while he was wasting time just wasting time, Sarah was studying Quantum Physics to get out of the day.

Unfortunately, Sarah's solution involved blowing themselves up at a specific time in the cave. Nyles was too afraid, but realized he'd rather die in an explosion with Sarah than live in the loop without her, so went and found her in the cave in the desert. Sarah's plan worked and they found themselves being kicked out of their refuge pool by the vacationing family that finally returned.

Palm Spring is filled with clever, witty dialog and sharp comedic timing. It also shows the same day from both Nyles' and Sarah's perspectives (similar to Gus Van Sant's movie Elephant), and viewers who enjoy this movie would appreciate the beginning so much more by re-watching at least the first 15 minutes.

Rated: R
87 minutes



(Left) Ashley and Gavin enjoying staying at home. (Right) Marlin and Dylan enjoy the outdoors.



How local parents and students will cope with remote learning in the fall

by Carol Leish

Ventura County Superintendent of Schools Stan Mantooh, with the approval of Ventura County Public Health Officer Dr. Robert Leven, decided on July 16, 2020, "That nearly all public and charter schools will not reopen for the 2020-21 school year due to the concerns of coronavirus cases in California. Even though we want nothing more than to bring all students back to class where their educational, social and developmental needs

can be met, we can't do that, in good conscience, now at a time when the coronavirus is surging in our state and in our region."

Ashley Pope and Carlos Hernandez's son, Gavin, will be starting the second grade in the fall. "Since he's an only child," according to Pope, "I worry about the long-term consequences of keeping him away from his peers for all this time. He's very social and doesn't understand why he can't see his friends or go

anywhere that is fun."

Pope says that she worries how long school will be out. "Gavin's in a moderate/severe class for most of the day, and is integrated into a typical class for some subjects with an aide to help him. Since he usually gets speech and occupational therapy at school, he's missing access to those services now." She also says, "There are a lot of kids in which distance learning simply does not work for them, and that there are parents and teachers who are willing to take calculated risks so that they can continue to progress socially, emotionally, and academically. By speaking for the majority of special education students and parents, I feel that students desperately need to return to school as soon as it is safe to do so."

Julia and Omar Dominguez have two sons Marlin and Dylan. One will be going into seventh grade. The other one will be going into fifth grade. Julia said that she didn't like the online platform since March for either of her sons. She said that, "The program for middle school (Edgeunity); and, the program for grade school (Canvas) were both too generalized and not personalized. Also, subjects at the middle school level were covered too quickly for my middle-schooler. And, subjects at the elementary school level were not that interesting for my grade-schooler."

Julia said that, "We have decided that I will be homeschooling for both, Marlin and Dylan, through a program through Ojai, which is the Oak Charter School Curriculum. With this program, parents, like me, get to choose how online versus book learning is best for our children. Also, I'll be able to individualize the lessons." She said that she's glad that, "The charter school curriculum that I'll be using does have educational standards to adhere to. I'm also glad that I'll be able to teach my sons piano and Spanish, and to have flexibility in ways of teaching them."

Thus, through remote learning or home-schooling for the foreseeable future, with no date being set for when students and teachers will return to the classroom, Ventura is going through a new reality now.

Would you (and your kids) like to tell Carol your thoughts about schools reopening? If you do contact her at carol@callmecapable.net.

Family dynamics and your estate

The Community Memorial Healthcare Foundation is proud to invite you to a free online seminar for those looking to navigate the challenges of family interests when organizing an estate plan.

CMHF Board member Roy Schneider, of Schneider & Associates, LLP, will present this virtual seminar entitled Family Dynamics and Your Estate: When Planned Giving Doesn't Go as Planned. He will share his expertise in estate planning, and offer illustrations on how to limit or eliminate potential family friction.

This online event will take place on Wednesday, August 5, 2020 at 11:00 a.m. All are welcome to join.

Please go to cmhfventura.org/estateplanning to RSVP for this free, informative online seminar, hosted by Community Memorial Healthcare Foundation.

Community Memorial Healthcare Foundation is a charitable, nonprofit organization that helps elevate the quality of healthcare in our community by fundraising for Community Memorial Hospital and its greatest needs. (This is not a fundraising event).

To support Community Memorial Healthcare Foundation and its efforts to aid Community Memorial Hospital during this health crisis, please visit www.cmhfventura.org/donate/.

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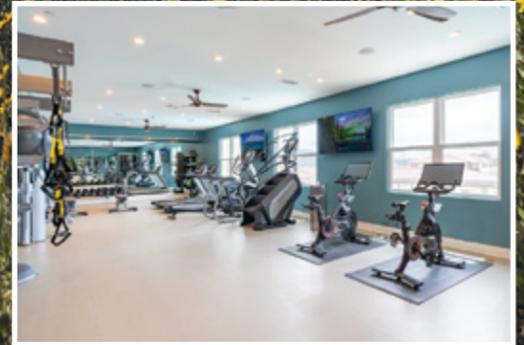
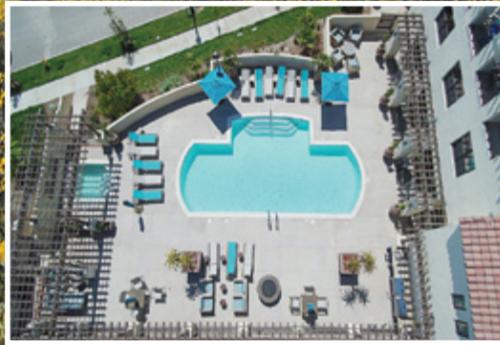
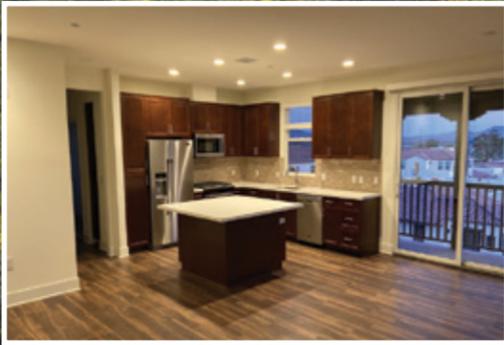
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Congratulations to Commander Tom Higgins

Commander Tom Higgins has retired after 28 years of outstanding service to our Ventura community.

Commander Higgins began his career with VPD as a cadet in 1992 until December 1994 when he became a sworn Officer.

Tom was promoted to Corporal in 2003, Sergeant in 2010, and Commander in 2015.

During his time with our Department, Tom was involved with the Special Olympics Torch Run, PAL basketball camp and boxing program, Youth Services Beach Camp, as well as Kids & Cops and the Crisis Intervention Team. Tom became a KOGA instructor, FTO, Bicycle Patrol Technique Instructor, Honor Guard and Academy Instructor. He was recognized as Employee of the Month in March 2002.

Here's his last broadcast over the radio as a Ventura Police Officer:

"After 26 years as a Police Officer and 28 years working for the Ventura Police Department, it's been my privilege to have served alongside all of you as an Officer protecting the City of Ventura, but it's time that my watch comes to an end. I ask all of you now to continue to serve in the most honorable of professions with honor, integrity, respect of others, and most of all, with your utmost safety in mind. Be well.

Congratulations, Commander Higgins and enjoy your well-deserved retirement!