

See page 2 for Looking Back at 2019!



# VENTURA BREEZE

Your Hometown Paper

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Colorado event was held simultaneously by the founders Ashley Tindall (the blonde in the red sweater) and Clint McBride (in the green hooded Grinch outfit).



The Ventura event was a huge success, creating individual care packages for the homeless.



Livingston comes from a family of builders.

## City of Ventura Selects Chief Building Official

City of Ventura is pleased to announce the promotion of Building Inspection Supervisor, Ian Livingston to the position of Chief Building Official for the Community Development Department. Currently serving as the City's Interim Building Official, Ian has worked for over 20 years in the construction industry. "Ian Livingston's leadership will help guide

*Continued on page 3*

## Helping Hands for Humans engages and inspires

by Amy Brown

A little kindness can go a long way in changing someone's life, and the holidays are a perfect time for gratitude for what one has, and for giving back to those who aren't as fortunate. A wonderful example of both was found in the annual Helping Hands for Humans event, an organization that now operates in both Colorado and Ventura, inviting local community members to gather to assemble care packages with hygiene products, snacks, and medical supplies for the less fortunate. Each person who attended created their own Ziploc bags with items from a long assembly line of donated products to then take with them and give to those in need. According to the event organizers, this is about much more than creating a care package. "We think that a sense of camaraderie, community, and love instilled in your heart will be what you take away from this experience. Everyone who comes is encouraged to bring their smile, and any extra items they may have for care packages."

Ashley Tindall and her husband Clint McBride saw a need and wanted to make a difference, starting Helping Hands in Denver, Colorado in 2012 before they moved to Ventura the following year and

continued the event here. "The Denver winters were unbearably cold. I saw so many homeless people passed out on the streets, freezing and hungry," said Tindall. "It seemed like they were everywhere, and it hurt my soul at a deep level. It especially hurt me to see the way some people treated the homeless population--like they weren't humans. The people that made packages and handed them out would always come back and tell me how amazing their experience was and how grateful the homeless person was. It forever changed them, so the event became as much about the people coming to the events as it was about the homeless," said Tindall.

Sasha Collins joined in to collaborate with the event soon after it began in Ventura and has been co-hosting it with Tindall and McBride every year since. "I was thrilled. I thought it would be a great opportunity to get friends and family together for an event where we could take the focus off of all the mass consumerism that is associated with the holiday season, and instead focus on giving back to our community," said Collins. The event was held simultaneously in Ventura and Fort Collins Colorado this year, with the

*Continued on page 14*



Bautista will be responsible for developing a countywide communications strategy.

## County selects new public information officer

The County of Ventura has selected Ashley Bautista as their new Public Information Officer following the retirement of Bill Nash. The position reports to County Executive Officer Mike Powers.

"Engaging with our communities and keeping the public well informed is essential in our service to the public," said Powers. "We believe Ashley is the

*Continued on page 14*

## VENTURA TOWNEHOUSE

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# Looking back at 2019

Ed and Sandy Fuller celebrated the completion of their home rebuild (first of two) after the Thomas fire devastated their neighborhood and reduced their beloved home to ashes. A ribbon-cutting ceremony by Ventura city officials was held in front of the new home and another across the street at the newly completed residence of Michael and Sandra Gustafson who also lost their home to the Thomas Fire. Newly appointed Mayor Matt LaVere spoke during the event, recalled watching the devastation and wondering how the city could ever recover from the catastrophic event that leveled over 500 homes in Ventura.

The Ventura College Foundation has received a \$2 million donation from the Helen Yunker estate.

Honoring Yunker's request, the donation will establish endowments for the Ventura College Music Department and the Opera and Musical Theatre program. The gift will be split evenly between the two.

Yunker, who died in July at age 96, served on the Ventura College Foundation Board for 18 years.

Jeff Lambert, Community Development Manager for the past ten years is leaving Ventura to take a similar post with the City of Oxnard. As Community Development Director Lambert has managed current and future advanced planning for the city. His responsibilities for the City of Ventura included running Building and Safety, Code Enforcement, planning and economic development.

The Ventura Police Department now has a full-time mental health technician embedded within the Ventura Police Patrol Task Force. The technician will be responsible for case management and outreach for the homeless population suffering from mental health issues. The effort is a partnership with Ventura County Behavioral Health and is funded through a Triage Grant.

Former Ventura Mayor and City Councilman Jim Monahan may no longer serve on the City Council, but his legacy will now live on forever. A newly named street, James Monahan Way is at Poli Street and the City Hall parking lot as well as the gateway to the Ventura Botanical Gardens.

The Board of Education is pleased to announce their unanimous vote to appoint Dr Roger Rice as the new Superintendent of Ventura Unified School District (VUSD). Dr Rice, who currently serves as the Deputy Superintendent of Student Services for the Ventura County Office of Education (VCOE), comes to the district with a wealth of knowledge and skills he will use to further VUSD's commitment "For the Future of Every Student."

Dr Roger Rice, who has a distinguished career of more than 20 years of service to Ventura County youth, has worked to develop and support innovative programs for Alternative Education, Career and Technical Education (CTE), Special Education, and other programs to meet the needs of At-Risk Youth.

Yolanda Bundy, Chief Building

Official City of Ventura has been selected by the Structural Engineers Association of Southern California as the Safer City Building Official of the Year because of her dedication to supporting a safer community and leadership within the building official community.

She is head of the Ventura Building and Safety Division, the office that issues building permits for construction projects in Ventura (Note: She has left Ventura for a position in Malibu).

After serving a distinguished career with the Ventura Port District General Manager Oscar F. Peña officially retired on April 30, 2019. Peña has been at the helm of Ventura Harbor for 20 years. The Ventura Port District employs 35 full-time employees and generates \$8 million in annual revenue.

A Ventura resident for 27 years, Peña cites several key accomplishments during his 20-year employment. With Peña at the helm, the commercial

Venturan Chuck Cecil, whose radio show "The Swinging Years" had run for more than 50 years, has died at age 97. He died on April 30th still broadcasting his syndicated radio show. In 1942 he briefly hosted his first radio show for a small radio station. At the same time, Cecil hosted the "Big Band Countdown" for Armed Forces Radio which spread his love for jazz around the world.

New pedestrian safety light poles designed by artist Michael Davis are being installed on the west side of the California Street Bridge over Highway 101 to improve pedestrian and bicycle safety. The improvement project moves into the much-anticipated final stage of construction with the contractor scheduled to complete the installation of eight new pedestrian safety lights in one-week depending on weather conditions.

Congratulations to Detective Michael Acquarelli for being selected as the Office of the Year for the Ventura Police Department. He has served Ventura for 13 years. During that time, he has received the Medal of Valor for his heroic life saving actions during a critical incident and he was selected as the SWAT Team Operator of the Year in 2015 and 2018. As an officer, he has worked patrol, served as a field training officer and served as a detective in the street crimes unit.

The Ventura Police Officers' Association (VPOA) is pleased to announce the winners of the 16th annual Dee Dowell Memorial Scholarship. The scholarships are to honor Sergeant Darlon "Dee" Dowell, who was shot and killed on August 7, 1978. Sergeant Dowell is the only officer in Ventura's history to die in the line of duty. In selecting scholarship recipients, the VPOA considered academic achievement, school and community service, financial needs, and the following requirements:

1st Place \$5,000.00 Annika Kinnaman  
2nd Place \$3,500.00 Bryce Weinell  
3rd Place \$2,000.00 Labiba Sardar

Ventura Mayor Matt LaVere has publicly announced his candidacy for the Ventura County Board of Supervisors, District 1. With deep roots in both

Ventura and the Ojai Valley, an impressive record of leadership on Ventura's City Council and a lengthy, diverse group of endorsements, Mayor LaVere is excited to kick-off his campaign for County Supervisor.

Neal Andrews long term Ventura councilman and past mayor has died. Neal died on Sunday, August 4, 2019 following a protracted illness. He served his last year on the council as mayor a position he coveted.

Andrews ran and won a seat on the city council in 2001. His election changed the dynamics of the council at that time. His election and subsequent actions led to the changing of city managers in 2004. Neal was a conservative and used his conservative voice for what he believed to be a fiscally conservative approach to city government.

On Wednesday, July 10th, the Ventura Botanical Gardens dedicated the Schwab Entrance Plaza to honor the memory of the late Miriam Schwab and her longstanding support and philanthropy for the Garden and the Arts in Ventura.

On Saturday, July 27th, NBA superstar and Ventura local, James Ennis III, returned to his old stomping grounds and organized a basketball camp for the westside Ventura youth at the Westpark Community Center. Before Ennis was drafted to the NBA, he played for Ventura High School, Ventura College.

The Ventura County Fair closed after another successful Fair. Celebrating the best of the best from throughout Ventura County, the 144th year closed with success. Visitors came from near and far to enjoy the 12-day Fair, July 31 through August 11.

The Ventura County Fair's mission is to preserve, promote, and showcase agriculture and the traditions of Ventura County.

California Travel Association kindly recognizes what Visit Ventura knows: we're a special place to work.

Visit Ventura was kindly honored once again as a great place to work, this time by the California Travel Association (CalTravel). The California Travel Association is the united voice of the travel and tourism industry in California, advocating on issues and legislation that affect the tourism industry.

The Perfect Firestorm - The Thomas Fire Story will be screened at the Ojai Film Festival on Sunday November 3rd at 1pm and Friday November 8th at 1pm at the Sane Living Center at 316 E Matilija St, Ojai, CA 93023. CAPS Media's documentary chronicles the extraordinary personal stories of survival and healing during and following the devastating Thomas Fire.

"The Perfect Firestorm is an amazing achievement that has had a tremendous impact on so many people in and around this community. Being recognized by the Ojai Film Festival is well-deserved. Thank you to CAPS Media for capturing this historic event in such a meaningful way." David Endaya, Ventura City Fire Chief

The Board of Directors of the Ventura Police Community Foundation is pleased to announce the

2019 Heroes Among Us Award Recipients: Ken Sharp, Art Pillado, Jackie Pearce, Jim Duran, Alex Wulff and Sal Flores. These community heroes have displayed selflessness, dedication and compassion, making a positive impact in Ventura and beyond.

Five new City of Ventura Police Officers took the oath of office on October 3. Welcome Officer Monica Danskin, Officer Ash'lee Gray, Officer George Orozco, Officer Mariano Robles and Officer Heather Straup. Their commitment to serve and protect our community is appreciated.

At a recent meeting of the Ventura City Council a plan to make sewage plant output to bring wastewater to drinking level standards was approved. The council approved a \$200 million plan to obtain more drinking water for the city and reduce the amount of sewage water released into the Santa Clara River estuary. The \$200 million plus plan will be used to build a new plant that will take wastewater once slated to be emptied into the estuary and treat it to drinking water standards.

The Ventura High School Cougars took on the Buena High School Bulldogs on Friday, October 25th at Larrabee Stadium in their annual rivalry football game. The cougars have consistently defeated the bulldogs the past nine years. After Friday night's win with a 49-28 score, Ventura High accumulated a decade worth of winning streaks against Buena.

The City of Ventura announces an \$8 million settlement with Southern California Edison Company to resolve wildfire claims resulting from the 2017 Thomas Fire. The City of Ventura's \$8 million settlement is part of a larger settlement for a group of six public entities, including the 2017 Thomas Fire and 2018 Montecito Debris Flow, but it does not affect the claims of residents, individuals and businesses affected by the fire against Southern California Edison.

After more than 33 years of service with the City of Ventura, Police Chief Ken Corney has announced his retirement effective Dec. 31, 2019. In reflecting on his career, Chief Corney said that "it has been a tremendous honor to work alongside the dedicated men and women of the Ventura Police Department, and to serve our community."

"For more than three decades, Chief Corney has served our community with honor and distinction. He is a model of integrity and professionalism and it has been an honor to work with him," stated City Manager Alex McIntyre. "He epitomizes the values of teamwork, leadership and public service. He has dedicated his career to improving the quality of life in our community and responding to the significant public safety issues faced by cities throughout our state. The City of Ventura is a safer community thanks to the work of Chief Corney. He has led the Ventura Police Department with heart and humility transforming the service of the agency."

Chief Ken Corney joined the Ventura Police Department in 1986. He was promoted to Sergeant in 1995, Commander in January 2000, Assistant Chief in December 2003, and appointed as Police Chief in December 2009.



# City News



This year's event had more than 200 participants, from little to big.

## Cocina Sin Fronteras Annual Run/Walk raises funds for scholarships

Cocina Sin Fronteras, a nonprofit affiliate of the Housing Authority of the City of San Buenaventura (HACSB), released results from the 2019 Haunted Housing Run/Walk, held Oct. 26, at San Buenaventura State Beach, Ventura. An annual favorite, this year's event had more than 200 participants and raised more than \$18,000 from registrations, donations and sponsorships. One hundred percent of the proceeds benefit the Housing Authority Scholarship Program that assists Housing Authority residents and Housing Choice Voucher program participants to pursue higher education.

"We are excited to see the enthusiastic community support for the Haunted Housing Run/Walk and we're grateful to Cocina Sin Fronteras and the sponsors and participants for the amazing effort that went into making this year's event such an enormous success," said HACSB CEO Denise Wise. "Most of our scholarship recipients are the first in their family to attend college. The Housing Authority strongly believes that education is key to helping people prosper and advance their lives."

The Housing Authority holds its scholarship awards ceremony each year in September. The 2019 ceremony awarded a total of \$9,000; four scholarships at \$2,000 each for students attending a

four-year college/university and one scholarship at \$1,000 for a student attending community college. This year's scholarship recipients are planning to major in psychology, engineering and biology and will be attending California State University, Channel Islands; Ottawa University, Arizona; University of Southern California; and Ventura College. Since its inception, the Housing Authority Scholarship Program has provided a total of \$36,000 in scholarships to 25 recipients.

Applications for the Housing Authority open in January and are limited to Housing Authority residents and Housing Choice Voucher program participants pursuing higher education.

Cocina Sin Fronteras is a 501(c)(3) nonprofit affiliated with the Housing Authority of the City of San Buenaventura HACSB.

The Housing Authority of the City Of San Buenaventura (HACSB) is the largest residential landlord in the City of Ventura, currently managing 295 public housing units, 705 nonprofit affordable rental units, and more than 1,500 Section 8 vouchers. The agency is actively working to increase the supply of affordable housing and to improve the quality of life for hundreds more of the low-income residents of the City of Ventura. <http://www.hacityventura.org/>.



When Venturan's heard "tornado warning" on their phones they assumed it was meant for another town, but it was for Ventura and occurred mostly in the Ventura Harbor area. The tornado was about 30 feet wide. A National Weather Service investigator confirmed that we had a brief tornado that originated near the Santa Clara River. Perhaps we will have snow next that hasn't fallen in Ventura since January, 1949. Photos by Deena Gledhill.

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**City selects Chief Building Official**  
*Continued from page 1*

the Building and Safety Division's integration of technology and process efficiencies to reinforce the City's customer service focus," said Community Development Director Peter Gilli.

Ian comes from a family of builders; both his father and grandfather were carpenters and contractors in New England and California. Following in those footsteps, he began his career as a finish carpenter, and superintendent, working on residential and commercial projects including historical renovations and seismic retrofits, restaurants and custom homes. Ian's resume includes over ten residential and commercial inspection certifications.

In 2014, Ian became a Building Inspector with the City of Ventura,

and eventually, the Building Inspection Supervisor. In addition to his hands-on inspection expertise, helping Ventura residents complete their projects safely and according to State Building codes, Ian teaches at Ventura College's Construction Technology department, helping the next generation of builders and contractors learn about accessibility and building codes and methods.

Following the Thomas Fire, Ian led a group of 20 volunteer professionals to evaluate the burn area. Together they evaluated and posted over 2000 sites and provided data to expedite the rebuild and repair process.

"I am thrilled and humbled for this opportunity. I look forward to helping Ventura build and rebuild in a timely, reasonable manner, while ensuring the safety of our residents," said Ian.



# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

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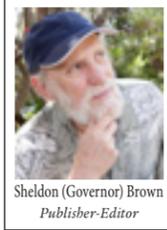
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## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

■ Per our cover article, the County of Ventura has selected **Ashley Bautista** as their new Public Information Officer following the retirement of Bill Nash. She will report to County Executive Officer Mike Powers. I'm happy for her, but sad at the same time. Ashley was great at keeping the media informed about news and events in Ventura - will miss her, but it's wonderful that she has this new position.

■ Hope that you all had a wonderful Christmas, Hanukkah, Kwanzaa and anything else that you might celebrate.

A different Happy Hanukkah came from astronaut Jessica Meir. The daughter of an Israeli doctor who moved to Sweden and later to the US, she joined the International Space Station crew in September. Two weeks later, she participated in the first all-female spacewalk.

■ Reader Clyde questioned me calling some famous artists **lefties**. Even though some of the artists I mentioned (Michelangelo for instance) sometimes painted with their right hands, they were left-handed. In those days, some lefties did some things right-handed (maybe the nuns wacked their left hands with a ruler). One reason was the amount of time that it took for oil paint to dry which would be smeared when painting with just one hand. Us old lefties had this problem with ink pens.

By the way, if a person does some things right-handed and some left-handed that is not being ambidextrous. Ambidextrous means doing everything equally well with both hands and is very rare. A person who does some things with one hand and the other is called "mixed-handed" or "cross-dominant".

A few more famous lefties: Vincent Van Gogh, Julius Caesar, Babe Ruth, Mozart, Oprah, Bonaparte, Bill Gates, Joan of Arc and Bart Simpson (maybe the most important one).

■ Venturans for Responsible and Efficient Government (**VREG**) has excellent (and sometimes controversial) opinions regarding Ventura politics and city council. Always worth reading and deciding for yourself. [www.vregventura.org](http://www.vregventura.org) click on "READ MORE".

■ Ventura County's first permanent,

year-round **homeless shelter** opening has been delayed and is scheduled now to open in late January instead of late December, as originally hoped. They had some construction and inspection delays.

Still only a 55-bed facility but at least some homeless will have a warm place to go to during winter (and other times). Too bad not open during this very cold and wet winter we are having so far.

Regarding the homeless, the Supreme Court has refused to consider whether state and local governments can make it a crime for homeless people to sleep outside. The justices won't hear a case from Boise, Idaho which basically says homeless people can live on the street if they have nowhere else to live.

The question was whether the homeless can be prosecuted using laws designed to regulate public camping and sleeping. The court's refusal to take up the issue is a setback to states and cities with a growing homeless population (about 40,000 in LA). Boise wanted a federal appeals court ruling overturned allowing them to prosecute people who sleep on streets when they claim shelter beds are unavailable.

This means that our police department must allow people to sleep on city property, so don't blame them for this situation. Obviously, if they are committing crimes the same rules apply to them but being homeless and sleeping on the sidewalk are not crimes. We are, I hope, still a country of laws and this is now one of them.

■ Regarding wind turbines, **Trump** had this to say. "I'm sure it makes sense to some but not to me. But they're manufactured tremendous - if you're into this - tremendous fumes. Gases are spewing into the atmosphere. You know we have a world, right? So the world is tiny compared to the universe. So tremendous, tremendous amount of fumes and everything. You talk about the carbon footprint - fumes are spewing into the air. Right? Spewing. Whether it's in China, Germany, it's going into the air. It's our air, their air, everything - right?"

Can't argue with that, or understand it.

The president also claimed in April that noise from turbines causes cancer, a claim that has no scientific

research behind it. Republican Sen. Charles E. Grassley called Trump's statement "idiotic."

■ It was a **violent year** in the United States. In total, there were 41 mass killings, which are defined as instances when four or more people are killed, excluding the perpetrator. More than 210 people were left dead in the mass killings, 33 of which were mass shootings, according to a database compiled by the Associated Press, USA Today, and Northeastern University.

The highest profile shootings usually involve a gunman opening fire in a crowded place, but that is not a reflection of mass **killings** as a whole. The majority of the killings involved people who knew each other.

For instance, a 66-year-old man living at an apartment complex in Westerly, Rhode Island shot two employees and another resident before apparently killing himself. Hardly the reason why he purchased a gun, I would assume. Babcock Village apartments is an affordable housing complex for elderly and disabled people in the beachside town.

■ At a meeting in December, the City Council agreed to extend **CAPS'** contract for one month, until the end of January. I thank the council members for the extensive discussion and decision that they had and for not closing CAPS' doors on December 31. But, obviously the future of CAPS is still in question. So please let your council members know of your support for CAPS and for any of your city concerns. They are there to represent you. A few members are still "at large" but eventually all members will represent specific districts.

Erik Nasarenko, Councilmember-District 4 -

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There's no  
cure for birth  
and death save  
to enjoy the  
interval.

— George  
Santayana





# Community Events

## Ventura events

by Ana Baker

**Hospice Volunteer Training Course begins Tuesday, January 14th, for 8 consecutive weeks from 9-12p.m. at Livingston Memorial Visiting Nurse Association & Hospice, Ventura.** Learn new communication, explore issues of grief and loss, learn to share view of spirituality, understand concepts of symptom management and end of life care. For more information, contact Maddy Hazard, Manager of Volunteer and Bereavement Services at Livingston Memorial Visiting Nurse Association. (805) 642-0239 x 775 or visit lmvna.org.

**Free Adult Grief & Bereavement Support Groups**

Every Wednesday, from 6:30 - 8 p.m. Free for anyone who has lost a loved one.

Receive emotional and educational support. Meetings held at Livingston Memorial Visiting Nurse Association. Contact griefinfo@lmvna.org or call (805) 642-0239 for more information.

**Free Joint Replacement Classes**

2nd Monday of the Month (January 13), held from 4- 5 p.m. Free informational class that teaches you what to expect pre and post-surgery.

**Living with Type 2 and Pre-Diabetes Classes**

1st Tuesday of the Month (January 7), from 1- 2:30 p.m. Free informational class that teaches you how to manage your life with diabetes.

**Classes held at Livingston Memorial Visiting Nurse Associ-**

**ation & Hospice, 1996 Eastman Ave., Ste. 109.** Call (805) 642-0239 for more information.

**The Compassionate Friends of West Ventura County is a support group for those who have experienced the loss of a child.** Parents, grandparents, and siblings (over age 14) are all welcome. The group meets the first and third Wednesday of each month at 7p.m. at the Poinsettia Pavilion, Canada Larga room, 3451 Foothill Road. For more information, contact Laura Lindsay at (805) 836-9100.

**Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45 p.m. Poinsettia Pavilion.** Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Free dance lessons 6:45 - 7:15 p.m. Call Rick (805) 415-8842 for more information.

**Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun.** There is a game every day of the week. Check out their website at www.vcbridge.org

**Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night.** Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

**Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back**

**VENTURA TOWNEHOUSE**

CALIFORNIA'S CROWN JEWEL IN RETIREMENT LIVING



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**The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events.** Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

**Brain Injury Center of Ventura County.** [www.BrainInjuryCenter.org](http://www.BrainInjuryCenter.org)

**org. Support Groups for brain injury/ stroke survivors and their family/caregivers.** Learn more about brain injury/stroke and available services. Meet others who are facing or have faced similar challenges. Meet new friends and connections, give and receive support. Encounter Church 6950 Ralston St., Bldg. #300 (805) 482-1312 2nd and 4th Wednesday of every month, 4-5:30 p.m.

**Men are you retired and routine-tired? Ventura Retired Men suggest you visit a Social Lunch Meeting on the first or third Tuesday each month at the Poinsettia Pavilion.** Stop in, say hello, have a sip at the bar if you like, they will buy you lunch, and you can sample the hospitality as they go through activities and hear

*Continued on page 6*





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# Community Events

## Ventura events

Continued from page 5

the speaker of the day. Bob Likins can tell you more at 805-587-1233.

**Jan. 8: The Ventura Parkinson's Disease Support Group welcomes the public along with those who find themselves navigating the challenges of Parkinson's Disease and other neurological conditions.** Wayne Pickerell of SC3 Research Group – Neurosearch, will help us start the New Year with an educational overview of Parkinson's Disease and answer questions. Hand-out resources available at every meeting. We are an independent and volunteer-organized group not affiliated with any other organization or group. Parkinson's Disease Overview with

Q&A 12:30 -2:30 p.m., Ventura City Hall 501 Poli Street, Community Meeting Room #202. For more information and important detailed directions to meetings, please call Patty at 805-766-6070.

**Jan. 11: Jazz drumming giant Joe La Barbera headlines a benefit concert for Parkinson's Disease research on Saturday, at The Winery Ventura. Music starts at 7 p.m.** Tickets are \$15 each. Cash only at the door. The winery is at 4746 Market St. All ticket sales go to Team Fox, the fundraising arm of the Michael J. Fox Foundation for Parkinson's Research. La Barbera, of Woodland Hills, has played with a Who's Who of jazz luminaries, including Phil Woods, Gary Burton, Chuck Mangione,

Tony Bennet and Woody Herman. He's best known as the last drummer to play with piano icon Bill Evans. La Barbera has been a mainstay on the Los Angeles jazz scene; toured with numerous artists in Europe, Asia and New Zealand; and taught at CalArts in Valencia for more than 25 years. La Barbera will be joined by members of Coda, the longtime jazz group led by local drummer Charles Levin. Musicians performing include Steve Marsh, tenor saxophone; Bevan Manson, piano; Hans Ottsen and Brad Rabuchin, guitars; and Tom Etchart and Domenic Genova, bass.

**Jan. 25: Ghosts of the California Missions. Richard Senate will talk on the ghosts of the Missions and the investigation of La Purisima and tour of the Mission San Buenaventura.** Saturday 7 - 9 p.m. Fee: \$6/person. Bank of Books 748 E. Main St. (805) 643-3154

and Leonard Grigoryan are regarded as Australia's finest guitar duo. Hailed by the Adelaide Review, "The Grigoryan Brothers' name is shorthand for a mastery of the guitar."

The performance will take place at Logan House (at the Beatrice Wood Center for the Arts) in Upper Ojai. Audience members are invited to stay and meet the artists at a reception following the performance.

Tickets are \$25. For more information, visit [www.ChamberOnTheMountain.com](http://www.ChamberOnTheMountain.com).

**Poppies Art and Gifts will hold its monthly book club meeting Jan. 14 from 6-8 p.m.** The first selection for 2020 will be "Oil and Marble: A Novel of Leonardo and Michelangelo" by Stephanie Storey.

The art history thriller focuses on the rivalry between the two artists – the established master Leonardo and emerging artist Michelangelo -- in early 16th-century Florence, Italy.

All adults are welcome to the free event. Light refreshments will be served.

Poppies is at 323 E. Matilija St., Ojai, next to Java & Joe Specialty Coffee, Tea and Gifts. For more information, visit [poppiesartandgifts.com](http://poppiesartandgifts.com).



A memorial dedication was made in Dave's honor.

## Ojai news and events

**Paul Jenkin, Ventura Campaign Coordinator for the Surfrider Foundation, will visit the Ojai Library at 6pm on Wednesday, January 15, to present a special lecture titled "Community Resilience in the Face of a Changing Climate."** The Surfrider Foundation is an international environmental organization dedicated to the protection and enjoyment of the world's waves and beaches through a powerful activist network.

Join Paul as he describes the ongoing efforts to restore the beach at Surfers' Point in Ventura and remove Matilija Dam from the Ventura River. Since 1994, Paul has worked to restore the coast and watershed in Ventura, California, where he lives.

**Author Rick Tuber will visit the Ojai Library at 1 pm on Saturday, January 18, to deliver a talk on Film Editing, Writing, and "Noirmedy."** Tuber will be discussing and answering questions about his three books and will also talk about his long career in film editing and what made him become a writer at the age of 60—it turns out that both professions are all about story telling!

Rick Tuber is an American author and film editor. He attended California State University, Northridge, and has been working in film since the 1980s, earning a Primetime Emmy award and an ACE (American Cinema Editors) award for best editing for a drama.

These events are free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146.

The Ojai Library is located at 111 East Ojai Ave. Hours of service are 10am to 8pm Monday through Thursday and 12pm to 5pm Friday through Sunday.

**On February 8, the Lola Haag Jazz Quartet will return to the Ojai Underground Exchange.** Featured in the quartet are Jimmy Calire, Danny Young, and David Hunt. They will perform "A Salute to Tony Bennett," a combination of classic jazz standards and favorites. The concert will start at 7:30 p.m. For more information, call 805-340-7893. The Ojai Underground Exchange is located at 1016 West Ojai Avenue.

**Chamber On The Mountain will present the Grigoryan Brothers, Guitar Duo, on Sunday, January 19, 2020 at 3:00 pm.** Guitarists Slava

## Attendees enjoyed music, food, friends and family

It was cold and it was wet, but Saturday, Dec. 7, was a perfect day to be reminded how wonderful David Stork was and how much he meant to all of those associated with the Brain Injury Center.

When their 17-year old daughter Su Stork was involved in a near fatal auto accident in 1985, Dave and Midge Stork along with three other families co-founded the Brain Injury Center.

Dave was Su's tireless champion up until the day he passed in March, 2019. He was a visionary leader and supporter for brain injury survivors throughout Ventura County and a state advocate for TBI Survivors.

Amidst music, food, friends and family a memorial dedication made in the front garden of the BIC Brain Injury Home at Banner Ave (a 6-bed Adult Living Home for Brain Injury Survivors) in Dave's honor. One of his favorite sayings was to "Do what you, with what you can, where you can". This inspirational reminder that we all have the ability to make a difference no matter our challenges or situation was engraved on one of the garden chairs.

The Brain Injury Center (805-482-1312) also provides Care Transitions (hospital to home) and county-wide support groups. [www.braininjurycenter.org](http://www.braininjurycenter.org)

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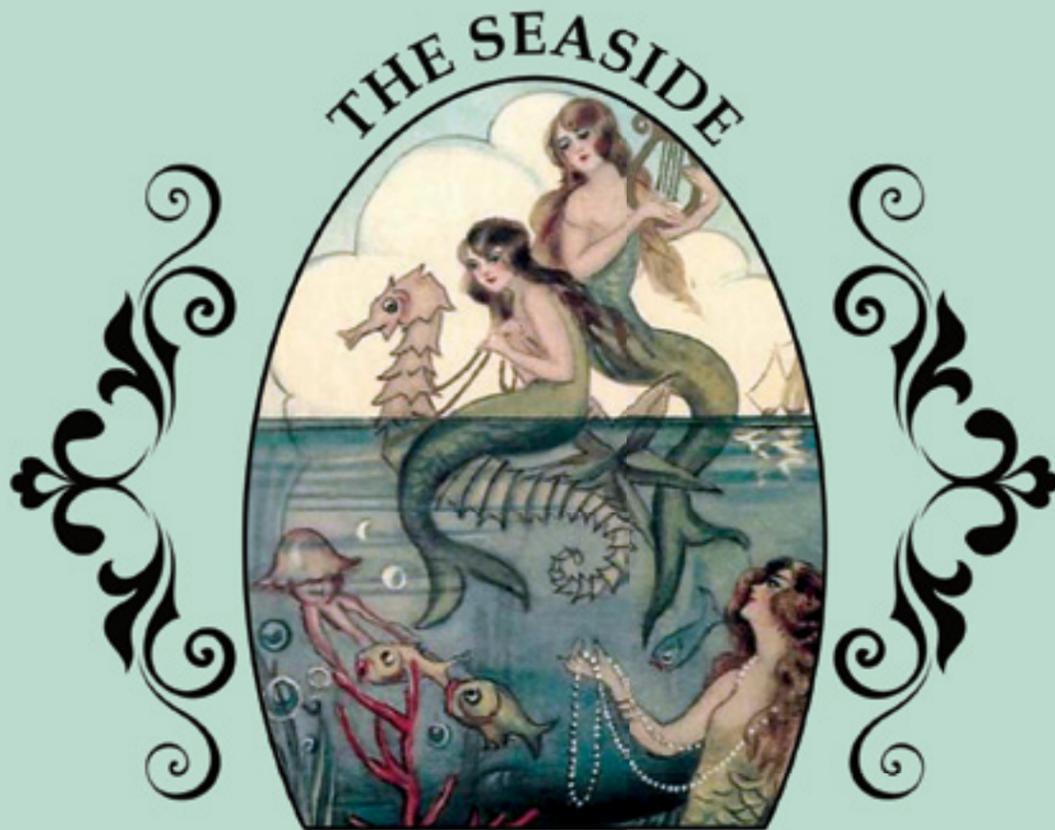
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# Vintage Market

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**January 11th  
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## News & Notes



The home provides everything from a library, a dining room a computer room and Bocce ball.

## The Ventura Veterans Home history Part 1 of 2

by Carol Leish

The Ventura Veteran's Home celebrated its 10-year anniversary in Ventura. Former Governor Pete Wilson (1991-1999), was looking into building three veteran's homes within California. Lancaster, West Los Angeles, and Ventura were all in the plan for building homes for the veterans. Former Governor Arnold Schwarzenegger (2003-2011) was also important in the process of these three homes being built.

According to, Julian Bond, Administrator of the veteran's home, who was appointed by, Governor Newsom, "All military services are represented here: Army, Navy, Airforce, Marines, and the Coast Guard. Former and current residents here have served in: WWII; the Korean War, the Vietnam War; Operation Just Cause (in Central America); and, Dessert Storm." He also said that, "We admit residence who are 55 years old and older. We don't have residents yet; but, will be getting residents soon, from Operation Iraqi Freedom & Operation Enduring Freedom (Afghanistan), as they get older."

Bond said, "We receive funding from Federal VA & the State of California. Residents pay a portion of it based on their income. We are pleased that we can provide the value of care to our veterans."

"The Ventura Veterans Home is a long-term Residential Care Facility for the elderly which is caring for veterans," according to, Bond. "We offer quality care and support services that enhance the quality of life. Our highly trained and dedicated staff strive to meet the unique needs of veterans by providing compassionate care built on the foundation of integrity, honor, and respect, with

a smile."

Bond continued to say, "Spanning across 10 acres of the richest, with the most picturesque scenery, with exceptional weather, the Ventura home is a gem like no other one. The beauty of Ventura, with its beaches, accommodating weather, offer peace and tranquility for those who bore the battle."

Assembly Member Jacqui Irwin (CA State Assembly), who represents the 44th Assembly District, which encompasses portions of Ventura County and the city of Westlake Village, said on December 5th 2019: "In my role as Chair of the Assembly Committee on Veterans Affairs, I have seen how a strong support system and quality care can make a positive difference in the lives of our veterans. I'm happy to have joined the residents and staff of the Veterans Home of California-Ventura, to mark the home's first decade with a Founder's Day Celebration. I applaud the efforts of all who passionately work, care, and create to make it the amazing place it is for our community's veterans. Congratulations on this milestone anniversary and thank you for your service."

Ventura City Council member Jim Friedman stated "I am honored that Ventura's only Veteran's home is located in the district that I represent (District 5)." It's a beautiful facility providing a wonderful array of amenities for the veterans that live there. I am so thankful for the service that these men and women have provided to our country."

10900 Telephone Rd., Ventura 93004  
805-659-7500

Part 2 will feature 3 residents of the home.



## Happy New Year from everyone at CAPS Media

Welcome to a New Decade. All of us at CAPS Media want to express our sincere thanks for the tremendous support demonstrated by Friends of CAPS who created videos, sent letters, emails and made calls to City Council Members and City staff expressing your appreciation for CAPS. Your continuous support has been extremely helpful in giving our city officials a better understanding of the depth of services provided by CAPS throughout the community.

This remarkable and effective

CAPS' member based, grass roots campaign is what democracy is all about and exactly what CAPS and public access television is all about. The First Amendment guarantees every citizen freedom of speech, and thanks to all of you, the public has spoken loud and clear.

Everyone at CAPS is looking forward to 2020 and working with Member/Producers, colleagues and partners to expand our services throughout the community. All year long the CAPS staff trains new members and

mentors existing members in the use of media and storytelling tools to help them create their own programs and projects to air on television and radio and stream online. CAPS provides a place for Member/Producers to share local news and regional history, in-depth interviews, faith-based programming, community messages, educational information and more. CAPS Radio - KPPQ, 104.1FM, continues to grow with new local voices and programs developed and broadcast on the airwaves.

For the city, CAPS Media crews record, broadcast and live stream City Council meetings, City Planning, Design Review and other city public meetings as well as create informative and educational segments for the public with the Ventura Police and numerous other departments. These services are expected to expand in 2020.

CAPS' community support includes collaboration with the Ventura Unified School District to record, broadcast and stream VUSD Board meetings throughout the year. In 2019 CAPS' coverage of Community Council meetings increased to include East Ventura, Ventura College area, MidTown and Westside Community Councils. The local Community Council meetings are a great way for Ventura citizens to interact with and receive first-hand reports on City services and

plans from City Councilmembers, Ventura Police Department officers, and other officials and leaders in the community. In addition, numerous faith-based and community organizations recorded and broadcast services and informative programs for the community on Channel 6.

Every month CAPS crews produce Mayor for a Moment profiles featuring outstanding 5th grade students throughout VUSD for recognition at City Council and school board meetings. And ECTV, the outstanding media education/mentorship program at El Camino High School at Ventura College, continues to produce award winning programs in the CAPS Media studio and in the community.

The start of the New Decade is a great time to become a Member/Producer at CAPS Media. If you have an interest in community television or radio production, or are just curious, drop by the CAPS Media Center and learn how to become a member of CAPS and join our community of enthusiastic and engaged community of videographers, editors, radio DJs, storytellers and more. Go to capsmedia.org for more information.

2019 has been a very productive year at CAPS Media. The entire staff eagerly looks forward to a New Year of community Engagement, Education and Entertainment in 2020.



# Senior Living

*Pull Out Section*

## Alzheimer's Association® to host community forum on Alzheimer's research

With such an exciting year for dementia research behind us – and with 2020 promising to be even more thrilling – the Alzheimer's Association is hosting a Community Research Forum for residents of the City of Ventura. The forum will be held at the NAMBA Performing Arts Space in Downtown Ventura on January 31st at 1PM. The Alzheimer's Association is offering this free forum as a way to wrap-up all the advances that have been made in the last year, including:

A healthy lifestyle may counteract genetic risk for dementia.

An Alzheimer's blood test may be on

the horizon.

Alzheimer's risk and progression differs by sex.

Vision and hearing loss might increase dementia risk - especially when combined.

New possible treatments and drug targets for Alzheimer's disease.

The Alzheimer's Association California Central Coast Chapter Research Champion, Donna Beal, will discuss the landscape of Alzheimer's and dementia science; the latest advances in clinical trials, treatments, and lifestyle interventions; and updates on the work being done locally, including new education and support group opportunities.

The Alzheimer's Association is the premier source of information and support for the five million Americans with Alzheimer's disease. Through its national network of chapters, it offers a broad range of programs and services for people with the disease, their families and caregivers and represents their interests on Alzheimer's-related issues before federal, state and local government and with health and long-term care providers.

Call 800.272.3900 or visit [alz.org/CA-CentralCoast](http://alz.org/CA-CentralCoast) to learn more and to register.

If you or a loved one has a complex or life-threatening illness, **we can help.**

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# Senior Living



Enjoy our beautiful sunsets while improving your balance.

## New Tai Chi Balance Classes in Ventura

Free classes improve balance, increase strength & flexibility

It's the new year! Let's improve our balance together and kick off a year of wellness by enrolling in one of five free senior Tai Chi classes starting in January or February.

Tai Chi: Moving for Better Balance is a 12-week program offered by Oxnard RSVP focusing on improved mobility and balance among older adults. Classes are free, designed for those age 50 and older, and taught by certified senior volunteers. The evidence-based program consists of a simplified eight-form routine of Yang-style Tai Chi. Intended for beginners who can walk easily with or without assistive devices, it teaches participants balance skills and good body alignment by using coordinated and flowing movements. Studies have shown the classes reduce repeated falls by 55% among those who attend at least 75% of a session.

New classes are offered at the following locations:  
The Bonaventure,

10949 Telegraph Road,  
T/Th late mornings  
Coastal Communities Cancer Center  
2900 Loma Vista Road, #105,  
T/Th mornings  
Emerging Spirits Center,  
4601 Telephone Road, #113,  
T/Th mornings  
Our Lady of the Assumption,  
3175 Telegraph Road,  
M/W mornings  
Ventura Avenue Adult Center,  
550 N. Ventura Avenue,  
T/Th afternoons

New participants are accepted only until the third class of each session, and pre-registration is required. Call 805-385-8019 to learn more or to register.

For those interested in being trained to teach classes, new volunteer instructors will be held in mid-2020. You must be 55 and older to volunteer. Training is free and new volunteers are asked to commit to teaching at least two full sessions following certification.  
RSVP is a volunteer recruitment and

placement program, helping people 55 and older find volunteer positions that match their interests, talent and available time. The Oxnard RSVP has almost 575 members and is sponsored by the City of Oxnard. To learn more about being an RSVP member or to discuss other volunteer opportunities, call 805-385-8023.



Wayne Pickerell will present an educational overview of Parkinson's Disease.

## Parkinson's overview with Q&A session

by Patty Jenkins

The Ventura Parkinson's Disease Support Group is pleased to invite our members, friends and the public to attend our first meeting of the New Year. Wayne Pickerell of SC3 Research Group - Neurosearch, will help us start the New Year with an educational overview of Parkinson's Disease followed by a question and answer period where we will have the opportunity to ask Wayne questions about Parkinson's Disease and share some of our own experiences of how we cope with the challenges of Parkinson's Disease.

Wayne Pickerell has been involved in Parkinson's Disease for over 19 years and has managed Clinical Research for Neurosearch for more than 15 years. Wayne will give us an overview of Parkinson's Disease and current treatment options. He will also update us on new treatment options and discuss clinical trials and the

progress being made in the search for a cure for Parkinson's Disease.

SC3 Research Group - Neurosearch conducts clinical research at clinics in Southern California with a team of board-certified neurologists, psychiatrists, neuropsychologists, and researchers. Their team is currently investigating new treatments for Parkinson's Disease, Alzheimer's, Huntington's, Multiple Sclerosis, and other neurologic conditions. They are all committed to improving the lives of their patients and participants by advancing medical science through research and quality clinical care.

Please join us on January 8, from 12:30PM -2:30PM at Ventura City Hall; 501 Poli Street, Community Meeting Room #202. The Ventura Parkinson's Disease Support Group welcomes the public along with those who find themselves navigating the challenges of Parkinson's Disease and other neurological conditions. Hand-out resources available at every meeting. We are an independent and volunteer-organized group not affiliated with any other organization or group. For more information and important detailed directions to our meetings, please call Patty at 805-766-6070. <http://www.neurosearch-usa.com/about.html>



"We haven't fallen even once since taking the Fall Prevention Program."

## VCAAA offers free fall prevention classes for Ventura County residents

The Ventura County Area Agency on Aging's award-winning Fall Prevention Program is offering several classes that focus on increased



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## Senior Living



*"I didn't know riding a bike could be so much fun while staying active?"*

### Activities for All Seasons: Fun Ideas for Being Active All Year

by the National Institute on Aging

Being creative about your physical activity plans and trying new forms of exercise can keep you motivated by preventing boredom. A change in seasons is an excellent time to be creative about your exercise routine and try something new. There are many ways to be active throughout the year.

If you have holiday shopping to do, walk the entire mall each time you're there.

Cold outdoor temperatures are an excellent reason to join a mall-walking group.

Start the new year by trying out a fitness center—many offer New Year's Resolution specials.

As the weather begins to cool, join an indoor sports league, such as basketball, handball, or bowling.

Give your heart a Valentine's Day gift with dance lessons, such as salsa, tango, or belly dancing.

As the temperatures start to get warm, get your garden ready for spring and summer. The lifting and bending you do when gardening are great for strength and flexibility.

A bike ride is a great way to enjoy the warmer temperatures.

Build your endurance and strength with a bike ride during National Bike Month (May). Remember your helmet.

Swim laps or take a water aerobics class. These are both refreshing once the weather gets steamy.

Walking in the mall is a cool way to beat the heat.

If you've heard about the benefits of yoga but haven't tried it yet find special events and trial classes for beginners.

Fall provides great opportunities for physical activity. You can take long walks to see the beautiful fall colors. Once the leaves have fallen, raking is good exercise.

mobility and balance. New classes are currently scheduled to begin in January in Ventura, Ojai, and Simi Valley. All classes are free and open to the public.

Classes currently being offered

include Tai Chi: Moving for Better Balance, Walk with Ease, and A Matter of Balance. Each class emphasizes practical strategies to manage and prevent falls. Participants will learn methods to enhance and increase



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activity levels and mobility, making the changes necessary to reduce fall risks.

Individuals concerned about falls or those who have recently experienced a fall, as well as those who are interested in improving balance, flexibility, and strength, are encouraged to participate.

Nationally recognized research shows that one in four adults over the age of 65, and half of the population over the age of 75, fall each year. Of those individuals, half will die within a year from complications and injuries sustained from the fall.

Current class locations include the Ventura County Area Agency on Aging, Ventura Adult & Continuing Education, E.P. Foster Library, HELP of Ojai, and the Simi Valley Senior Center. To learn more about the

Fall Prevention Program or classes offered, or to register for a class, please contact the VCAAA at (805) 477-7300 and select option 6. More information can also be found by visiting [www.vcaaa.org](http://www.vcaaa.org).

The Ventura County Area Agency on Aging, an agency of the County of Ventura, is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals, caregivers, and individuals with disabilities, to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

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## The Pet Page



### Dedicated to Scamp

■ SPAN Thrift Store is providing \$10 spays and neuters for low income households with cats and dogs.

Two upcoming clinics in January are: Wednesday, January 15th at the Albert H.

Soliz Library - El Rio, 2820 Jourdan St., Oxnard, 93036; and a second one is on Wednesday, January 22nd at Shiells Park, in the parking lot, located at 649 C St., Fillmore, 93015.

Please call to schedule an appointment (805) 584-3823.

■ A University of Illinois study finds that dog foods formulated with human-grade ingredients are highly digestible. Pet owners are increasingly treating their “fur-babies” like members of the family. In response, some pet food companies are developing diets that more closely resemble human food, incorporating human-grade meat and vegetable ingredients that pass USDA quality inspections. Until now, little research had been done on these foods. A new study from the University of Illinois shows these diets are not only highly palatable, they are more digestible than originally estimated.

The researchers tested six commercial dog foods from JustFoodForDogs, a company that claims to exclusively use USDA-certified ingredients in its diets. Their products, similar to a handful of other niche companies and subsidiaries, are formulated using minimally processed human-edible ingredients, such as rice, carrots, broccoli, chicken, lamb, and others, in a kind of casserole. Each diet is also supplemented with human-quality vitamins and minerals to ensure they qualify as complete and balanced for pets.

The researchers determined the chemical composition of the six diets, as well as their nutrient and amino acid digestibility and energy content. In order to avoid the confounding effects of gut microbial activity, they fed each diet to surgically altered roosters lacking ceca, or microbial pouches. Ultimately, all the diets were highly digestible.

### Traveling With Pets: Know the Rules

By Beth Mueller

“Most people consider pets as family members and often bring their pets with them when traveling,” says Dr. Adriana Roman-Muniz, a veterinary medical officer for the U.S. Department of Agriculture (USDA) Animal and Plant Health Inspection Service (APHIS) Veterinary Services. Recently Dr. Roman-Muniz spoke with students at the University of Illinois College of Veterinary Medicine about regulations governing pet travel.

“Pets travel with their owners by car, train, air, or sea,” notes Dr. Roman-Muniz. “These travel methods have requirements established to protect people, animals, and ecosystems from the spread of diseases, pests, and invasive or injurious animals.”

The advice offered here is also provided in more detail on a USDA pet travel website: <https://www.aphis.usda.gov/aphis/pet-travel>. The regulations vary depending on whether the pet will travel within a state, between states, or internationally. For the purposes of interstate and international travel, horses are regulated differently from pets such as cats and dogs.

When traveling between states with a pet, owners should contact the state veterinarian’s office in the state of destination to learn what documentation is needed, according to Dr. Roman-Muniz.

In most cases of interstate travel, the animal must be accompanied by a certificate of veterinary inspection issued by a veterinarian. This documentation requires the animal to have a full physical examination by their primary care veterinarian shortly before the trip. The animal should have no health concerns.

Certain species are not allowed in some states. For example, ferrets and hedgehogs are not allowed in California. Owners need to research state regulations before traveling to avoid legal ramifications.

Most species traditionally kept as pets in the U.S. can travel internationally when accompanied by an international health certificate. Restrictions are determined by the country of destination.

In many cases, a country-specific health certificate is required. If a country does not have its own certificate, the APHIS pet travel website provides a standard form that may be used.

To make travel documentation easier, the Veterinary Export Health Certification System allows veterinarians accredited by the USDA to issue international health certificates electronically. In some cases, the certificate can also be endorsed electronically by APHIS Veterinary Services. Using this system can potentially save the traveler time and money.

Veterinarians play a vital role in pet travel. They assist with interstate and international movement by advising owners of requirements, completing the proper certificates, and performing required examinations, tests vaccinations, and treatments.

“Veterinarians are a resource for client education and have a responsibility for making sure animals are healthy and fit to travel and meet all travel requirements,” Dr. Roman-Muniz says. APHIS Veterinary Services is here to help owners, and the organization’s pet travel website is another great resource.

If you have any questions about traveling with your pet, contact your local veterinarian.

■ Ohio State’s web page on CDS cites a 2010 study suggesting that 28 percent of felines ages 11 to 14 and 50 percent of felines ages 15 and older exhibit at least one sign of cognitive dysfunction.

The disease also manifests itself in dogs in similar ways as Alzheimer’s does in humans, Herron said. Dogs and cats with CDS show signs of confusion, memory impairment and incontinence.

## Scamp Club

(Scampclub pets are not for adoption.)



My name is Motley and I’d like to join the Scamp Club please. I started out as a puppy in Taft. Then the recession hit and lots of animals were abandoned. I made my way to the Humane Society in Ojai where my mommy rescued me nine years ago. My left ear flops down - it’s one of the many things that makes me special, but it doesn’t keep me from reading the Breeze.

## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you’ve lost or found a cat or dog.

Dogs might forget tricks, such as how to shake; stop greeting their owners; or walk to a closet door, instead of the back door, when they want to go outside.

Diagnosis of CDS often requires veterinarians to first rule out other possible diseases, said JoAnn Morrison, senior manager of veterinary relations at Banfield Pet Hospital in Portland, Oregon. Such a process, she said, includes extensive testing — blood work and brain imaging, for instance.

■ With their small size, stubby faces and wide-set eyes, bulldogs, French bulldogs and Boston terriers are among the most popular of domestic dog breeds. Now researchers at the University of California, Davis, School of Veterinary Medicine have found the genetic basis for these dogs’ appearance, and linked it to a rare inherited syndrome in humans.

Bulldogs, French bulldogs and Boston terriers aren’t the only dogs with short, wide heads, but they do share another feature not found in other

breeds: a short, kinked tail or “screw-tail.”

The researchers sequenced the whole genome — the entire DNA sequence — of 100 dogs, including 10 from screw-tail breeds. Graduate students Tamer Mansour and Katherine Lucot, with C. Titus Brown, associate professor at the School of Veterinary Medicine and Genome Center, searched through the DNA sequences to find changes associated with screw-tail breeds.

From more than 12 million individual differences they were able to identify one mutation, in a gene called DISHEVELLED 2 or DVL2. This variant was found in 100 percent of the bulldogs and French bulldogs sampled, and was very common in Boston terriers.

This kind of whole genome comparison is relatively new, Bannasch said.

“Normally, we would have first had to identify a region DNA and work from there,” she said. “We could look at breed-specific traits, but not as well as we can now.”



Happy Holidays from service dogs Winnie, Clementine, Livi, and Justice. “We make sick people feel better.”

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**SPAY/NEUTER ANIMAL NETWORK**  
 We are an all volunteer, nonprofit organization  
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 More Spays - Less Strays  
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 Spay and Neuter for Low & No Income Families in Ventura County  
**805.641.1170** 110 A & B N. Olive St., Ventura CA 93001 [www.spanonline.org](http://www.spanonline.org)

\$10 Low/No Income Spay & Neuter Wed., January 15th Albert H. Soliz Library - El Rio 2820 Jourdan St., Oxnard, CA 93036 Must call for appointment (805) 584-3823

\$10 Low/No Income Spay & Neuter Wed., January 22nd Shiells Park parking lot, 649 C Street Fillmore, CA 93015 Must call for appointment (805) 584-3823



# The Pet Page

## Forever homes wanted

Hi: I'm Momo, a sweet 2-year-old Terrier X found as a stray. I'm in a foster home for the holidays and the foster thinks I may have been around cats before. Although I'm very curious, I know when to leave the cat alone. There are also two dogs in the foster home.

I'm full of puppy energy and can't wait to be a cherished member of a loving family. Stop by and meet me! Canine Adoption and Rescue League C.A.R.L.



Boots came to us when his owner lost his home. He lived with other cats and is reported to be friendly with adults, children as well as other cats. He is a social butterfly in our kitty cottage. He is always the first one to come up to greet you. Boots is doing well with the other kitties and is mellow with a playful side once he is comfortable. You can meet him in our kitty cottage along with some of our other social kitties. Ventura County Animal Services - Camarillo location - 600 Aviation Drive



THIS SPACE FOR WRITING MESSAGE

*Breeze contributing writer Sheli Ellsworth was surprised when she discovered this statue of her in downtown Minneapolis until she found out it pays tribute to Mary Tyler Moore. This bronze statue depicts Moore throwing her hat up in the air as she famously does in the show's opening credits.*

**GOING ON VACATION? BE SURE TO TAKE THE VENTURA BREEZE WITH YOU AND SEND US A PHOTO WITH A LITTLE INFORMATION ABOUT YOUR TRIP AND EMAIL TO EDITOR@VENTURABREEZE.COM**

# This 'n' That

## California Distinguished Schools includes two in Ventura

Nine Ventura County elementary schools are being honored as 2020 California Distinguished Schools by the California Department of Education. Schools are awarded for their work toward closing the achievement gap

and for achieving exceptional student performance. Schools that applied were eligible based on their performance and progress on the state indicators as described on the California School Dashboard.

The Ventura schools being honored are:

- Ventura Unified Academy of Technology & Leadership at Saticoy
- Ventura Unified Junipero Serra Elementary

The 323 California Distinguished Schools will be honored on February 10, 2020, during an awards ceremony at the Disneyland Resort in Anaheim.



*Under King, the success of Ventura College Foundation's VC Promise grew.*

## Anne Paul King "Professional Fundraiser of the Year"

The Santa Barbara/Ventura Counties Chapter of the Association of Fundraising Professionals named Ventura College Foundation Executive Director Anne Paul King as its 2019 Professional Fundraiser of the Year. The award was announced at the association's National Philanthropy Day luncheon on November 12.

Each year, the award honors an outstanding fundraising professional who works for a nonprofit, charitable organization.

King's duties as executive director of the Ventura College Foundation are to oversee the foundation's \$2.4 million annual budget, with a focus on building a solid donor base to increase support for student scholarships, academic program enhancements, equipment, and other needs that

build student achievement.

Under King, the success of Ventura College Foundation's VC Promise grew, enabling more students to attend their first year full-time at Ventura College tuition-free. The program gained attention by California state legislators, prompting passage of two state bills that now cover full-time students' tuition costs for the first two years at all 115 California community colleges. With 60 percent of Ventura College's 13,000 students living under the poverty line, the VC Promise opened educational opportunities that before didn't exist. Currently, over 2,000 students graduate annually with over 4,000 degrees and certificates, and over 800 students successfully transfer to Cal State and University of California schools.

"The Ventura College Foundation is extremely fortunate to have Anne spearheading our efforts," says Dr. Kimberly Hoffmans, Ventura College president and Ventura College Foundation board member. "Anne came to Ventura College five years ago. Since then, she has championed the VC Promise first year, tuition-free program, the college's textbook lending programs, scholarships and has greatly increased the foundation's endowment funding."

King, a Thousand Oaks resident, has 25 years of development experience in the nonprofit industry including local work to help found the Conejo Schools Foundation for the Conejo Valley Unified School District, and national experience as the director of affiliate advancement for Volunteers of America in the Washington D.C. area. King has raised over \$34 million for both national and local organizations over the course of her career. Ventura College is the third institution of higher education that King has supported professionally.



*The Ventura Police Department held the 10th Annual Castro Family & Ventura Police Community Foundation Toy Drive. The community donated unwrapped toys or gift cards for the patients and siblings of the Children's Center for Cancer and Blood Diseases at the Ventura County Medical Center.*

*In 2008, Corey Castro was seven years old and was treated for Gorham's Disease, a rare bone disease. As a patient, he was asked*

*if he wanted to pick out a toy from the center's toy box. Corey discovered the toy box needed more toys and asked his family if they could help fill the box for other children receiving treatment at the center. The Castro Family in partnership with the Ventura Police Community Foundation worked to make that dream a reality and has since provided toys and gifts to more than 1,500 patients and their siblings.*

*They were able to provide over 2,600 children with Christmas presents!*



## INFORMATION NIGHT

THURS. JAN. 16, 2020, 5:30-8 PM  
HOSTED AT BUENA HIGH SCHOOL  
5670 TELEGRAPH RD., VENTURA

Visit with representatives from all VUSD schools and many service departments. Information on enrollment, School of Choice lottery, and interdistrict transfer options provided.

[www.venturausd.org/infonight.aspx](http://www.venturausd.org/infonight.aspx)



The avocado orchard will be incorporated into the college's agriculture program.

## Ventura College Agriculture Program unveils new avocado orchard

Ventura College unveiled its new avocado orchard with a ribbon-cutting ceremony on December 10. About 90 students, staff, government dignitaries and college supporters were on hand for the ceremony.

The size of the orchard is a little over an acre and holds an estimated 100, 1-year-old Haas avocado trees. The first crop is expected in 1 1/2 to 2 years.

The avocado orchard will be incorporated into the college's agriculture program. The program returned to Ventura College in the fall of 2017. Under the leadership of faculty and program coordinator, Dr. Dorothy Farias, the two-year program currently serves 20 agriculture students. The goal is to increase class offerings and boost enrollment.

The orchard was made possible by funding and donations from the local agriculture industry including Mission Produce, Quality Ag, Inc., Brokaw Nursery, Halter-Encinas Enterprises, and Coast Water Solutions. Orchard funding was also

received from donors through the Ventura College Foundation.

Student interns will help maintain the avocado orchard in partnership with Mission Produce agriculture workers. Students will have a hands-on experience learning how a commercial avocado orchard is maintained, harvested, prepared for market and then sold. Avocados will be the property of Mission Produce. The avocados will be picked by Mission staff and will go through the company's processes to get them ready for sale. The Ventura College agriculture program will receive a portion of the avocado sales proceeds.

"Agriculture is one of the top employers in Ventura County so it's Ventura College's goal to introduce additional programs at the school so young people will get excited about agriculture and are prepared for well-paying careers in the industry," says Farias. "The orchard and the real-world education it will bring to our students is invaluable."

Those attending the grand opening included: Dr. Kim Hoffmans, president, Ventura College, Anne Paul King, executive director, Ventura College Foundation, Matt LaVere, Ventura mayor and Ventura College Foundation board member, Cheryl Heitmann, Ventura City Council member, Stephanie Caldwell, president and CEO, Ventura Chamber of Commerce and John Marquez, executive director, Santa Paula Chamber of Commerce.

"The farming community has been very supportive of our efforts," says Hoffmans. "Some of our students took part in summer harvesting with Reiter Affiliated Companies, Driscoll's and Hollandia Produce to supplement their learning. We're in the process of creating additional internships with a number of local growers."

For more information about the Ventura College Agriculture Program, go to <https://www.venturacollege.edu>.

## This 'n' That



### County selects new public info officer

*Continued from page 1*

right person for the job and we are excited about the energy and capabilities she brings in helping to share information about County programs and services with our residents."

Ashley will be responsible for reporting a broad spectrum of information about the services available to the public from over twenty-five different agencies, departments and special districts of the County. The communications work will include raising awareness of the strategic initiatives the County is working on, including the County's efforts to remain fiscally strong and continue its support of the health, safety, natural beauty and prosperity of our communities.

Bautista spent the last five years serving as the communications manager for the City of Ventura and the Ventura Police Department where she won several state and national awards for her leadership in the communications field. Prior to the City of Ventura, Bautista worked for 5 years in the private sector as a partner in a private firm specializing in communications and public relations where she was recognized by the Pacific Coast Business Times as one of the Top 50 Women in Business.

Bautista will be responsible for developing a countywide communications strategy and managing communications with the media, the public, County employees and other agencies within the county and state. Bautista's bilingual skills will also add further resource to the County's communications strength.

"I am thrilled for the opportunity to highlight the dynamic and vital services of the County of Ventura," said Ashley. "Community engagement is my passion. Keeping residents informed and engaged will be my top priority. It will be so exciting to tell the story of the people serving our County and to connect with those we serve. From the mountains to the beach this is a spectacular region. It's an honor to represent this great place I call home. I am so grateful."

Bautista will work out of the County Executive Office at the Government Center in Ventura. She can be reached at (805) 654-2640 or through email at [ashley.bautista@ventura.org](mailto:ashley.bautista@ventura.org).



Bessie O'Connor (mother of Skyla shown sorting cans) also volunteered. Skyla is a 4th grader at Pierpont Elementary. Photos by Bernie Goldstein.

## VUSD embracing its families this holiday season

The Cheers for Children campaign, which is entering its 67th year, is designed to help children and families of the Ventura Unified School District (VUSD). Cheers for Children began in 1952 when teachers and an administrator identified a student and his family in need of food over the holidays. Cheers for Children has grown to a community campaign to assist over 350 families over the holidays and assist with additional needs, as they are identified throughout the year.

The community was there to help with sorting and boxing the food drive items for distribution on Friday, December 20, at Balboa Middle School.

Photographer Bernie Goldstein stated "Upon entering the cafeteria at Balboa Middle School, I was impressed with the huge quantity and uniform size of the boxes lining the two walls of the cafeteria, each box will be filled to the brim with mostly canned food items for needy families within the Ventura School district. Over 350 boxes were filled by days end and will be delivered to the needy families who were identified during the year in time for the holidays. It's estimated that over 200 students and adult volunteers were actively sorting and filling the boxes."

All VUSD schools collected canned and dry goods for the holiday food boxes. The District also accepted monetary donations, which will assist in the purchase of holiday hams and will go towards additional family needs throughout the year. There is a tremendous amount of work that goes on "behind the scenes" to make this event a reality.

"It is our hope that through the Cheers for Children campaign we can bring joy, through a warm meal, to our students most in need" stated Dr. Roger Rice, Superintendent.

### Helping Hands for Humans

*Continued from page 1*

two groups engaging and cheering each other on via FaceTime, as Tindall and her husband moved back to Colorado.

Helping others is a family affair. Stephanie Reilly and her 16-year-old daughter Roux, who have participated in helping the homeless in other local organizations, participated this year for the first time. Reilly shared that she felt it was important to show children that many people don't have the basic necessities. "Homelessness in Ventura is becoming a larger problem. It's heartbreaking when you see so many at stop signs, and this is just another way we can help," said Reilly.

When asked what the hoped for takeaways were for the participants, in addition to the care packages, Collins replied, "I am hoping that it gives people a chance to focus on the needs of other people, but I also hope that it inspires people to contribute to their community in a greater way throughout the year as well."

The events ran simultaneously both in Ventura and Colorado, with organization founders Ashley Tindall and Clint McBride.

"This event is really about igniting the spark of giving to others, to the homeless and in life in general as fellow human beings," said Tindall.

# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

## Grand Theft Arrest

On July 15, the owner of Hat's Unlimited contacted the Ventura Police Department reference their bookkeeper, 40 year old Ventura residen Andrea Galindo, who had been fraudulently cashing company checks for the past year. Her primary duties for the company was to manage the company's finances and bills. During a company audit, they noticed significant discrepancies in their billing process and realized that Galindo was cashing checks without their permission.

The Ventura Police Street Crimes Unit began a financial investigation, and it was discovered that Galindo had embezzled over \$50,000 from Hat's Unlimited and had also fraudulently paid herself for vacation time.

On December 16, Galindo was arrested and booked at the Ventura County Jail for grand theft.

## Residential Burglary and Stolen Vehicle Arrest

On November 4, at approximately 11am, the victim reported a residential burglary and a theft of two of their vehicles, a pickup truck and a motorcycle. Ventura Police Patrol officers located the stolen motorcycle and contacted the Ventura Police Street Crimes Unit VenCATT liaison to begin an investigation. On November 5, KernCATT found the stolen pickup truck outside the city of Bakersfield.

During the investigation, detectives identified the suspect, 47 year old Bakersfield resident Aaron McIntosh, as the person who entered the residence and stole the vehicles. On December 17, detectives from SCU, VenCATT and KernCATT located McIntosh in Bakersfield. They requested the assistance of a CHP K9 unit to help take McIntosh into custody.

McIntosh was arrested and transported to the Ventura County Jail where he was booked for residential burglary and possession of a stolen vehicle. A review of the Ventura County Superior Court website shows that McIntosh has been convicted of possession of a stolen vehicle and participation in a criminal street gang.

## Robbery Arrest

On December 5 at 9:45pm, VPD Patrol units responded to De Anza Middle School in reference to an armed robbery that had just occurred. Upon arrival, officers spoke with (2) victims who told them they were sitting on a bench in the quad area of the school when the suspect approached them, brandished a firearm and demanded their property. The suspect then fled the area with the victim's property. Officers canvassed the area but were unable to locate the suspect.

VPD Detectives later identified the suspect as 19 year old Ventura resident Adrian Riggs. On December 18 at 10:15am, Riggs was taken into custody in the area of Seaward Ave and Harbor Blvd. Detectives executed search warrants in the 100 block of James Dr. and the 70 block of Franklin Ln. Detectives recovered evidence related to the robbery.

Riggs was booked at Ventura County Jail for Robbery. This investigation is on-going; anyone with information is asked to call Det. Reginato at 805-339-4466.

## Felony Animal Abuse

On December 24, at approximately 12:30pm, the Ventura Police Department Command Center received a 911 call from a Gold Coast Transit bus driver reporting a male subject beating a dog with a lock near the Bus Depot in the 3300 block of Telegraph

Rd. It was also reported several passersby confronted the subject, later identified as 26 year old vagrant Ezekiel Heterwegscheider, who then left the area on foot. Officers responded and located Heterwegscheider at a gas station near the intersection of Telegraph Rd. and Mills Rd.

During the investigation officers found several witnesses who saw Heterwegscheider attacking and hitting his dog, a mixed breed puppy, with a large master lock that was attached to a rope. He left with the dog when confronted by others waiting at the bus depot.

Heterwegscheider was arrested for felony animal cruelty. Officers with Ventura County Animal Services responded and took custody of the dog. The dog will be evaluated for injuries.

## Train vs Vehicle Traffic Collision

On December 27, at approximately 7pm, the Ventura Police Command Center received multiple 911 calls of a train versus a vehicle collision. As officers arrived at the scene and started to investigate, they learned that the 79-year-old driver of the vehicle was driving south on California and had stopped on the railroad tracks when he became confused as the railroad crossing lights came on, and the crossing arms came down.

The Union Pacific freight train was traveling east on the tracks. The engineer attempted to stop the train, however, he was unable to stop it in time, and it collided with the vehicle on the passenger side front corner panel. There were four occupants inside the car during the collision. All four were taken to local hospitals to be checked out. One of the four occupants, a 37-year-old male, suffered major injuries during the collision. His status is unknown at this time. No one on the train was injured.

It does not appear as if drugs or alcohol were involved in the incident. This is an ongoing investigation and anyone who may have witnessed the collision is asked to call the Ventura Police Traffic Investigation Unit at 805-339-4451.

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**12-11** 9:00pm, received a report of an overdue boater out hoop netting. Officers responded by land and water and were able to locate the kayaker safe at the L/R.

**12-12** 9:50pm, received a report of blinding lights from a fishing vessel at the fish off loading pier. Officers responded and found the light source and secured it.

**12-13** 6:30pm, the 2019 Parade of Lights begins with Tow Boat US leading. 8:00pm, fireworks launched from Harbor Cove beach for the parade.

**12-14** 7:00am, Beach Hazard Assessment: very large surf with rough conditions causing a heavy surge throughout the harbor. Waves are breaking across the entrance. Gale Warning was predicted/issued at 12:00 by NWS.

6:30pm, 2019 Parade of Lights beginning. Firework display occurred at 8:00pm as the winds finally calmed to levels safe for launching pyrotechnics.

**12-16** 10:20am, received a report of vessel accident that occurred last night. Several persons watching the parade observed a vessel collide with a moored vessel in Ventura Isle Marina.

10:45am, received report of commercial lobster traps in the entrance to the harbor. Officers responded and towed the pots out of the entrance and back to the lobster fishing grounds.

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4900 Telegraph Road, Ventura, CA 93003

CA LIC# 565801810

2:05pm, received a report of a hazard to navigation from a resident in the Ventura Keys. Officers explained the jurisdictional limitations of responses in the keys because it is the city of Ventura to the caller but advised they would investigate and assist if possible. They were able to safely remove the hazard.

10:30pm, observing strong gusty Santa Ana winds to 30kts.

**12-20** 12:15pm, dispatched to a commercial fire alarm at Ventura Storage Yard. Officers responded and assisted Ventura Fire with the call.

7:42pm, received a dispatch to a Traffic Collision, heavy rescue at Spinnaker/Harbor intersection. Officers responded and assisted Ventura Fire and Police with the call. Fortunately, no injuries were sustained in the incident.

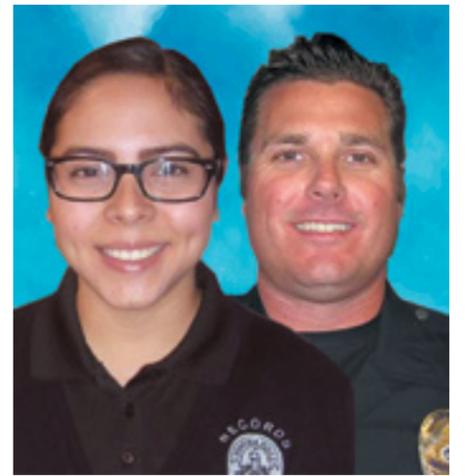
**12-21** 11:20am, received a request for escort of the Santa Claus Standup paddle parade. Officers assisted with the paddle and detoured several who attempted to paddle outside the harbor due to the strong winds.

9:05pm, while on patrol in Rescue Boat 19, officers contacted a fisherman hoop netting in an illegal area near the breakwall of the harbor. A safety inspection was conducted, and the illegally placed hoop nets were moved to a legal area.

**12-22** 10:30am, received report of a large Fishing Seiner leaving the Harbor in a hurry causing a significant wake. Officers contacted the captain on VHF 16 and issued a stern warning. The captain has been reminded of his habitual offender status of local ordinance and received his final warning.

11:55am, received a report of a small sailboat in distress off Greenock Lane in Pierpont. Officers responded to the small sailboat in trouble. The three persons were taken onboard Rescue Boat 19 and the rudder-less vessel taken en tow. Strong southeast winds and the lack of a rudder kept the vessel from returning to the harbor.

3:51pm, dispatched to a fall victim at the Ventura Marina Community. Officers responded and assisted an 81-year-old male who fell and injured his hip. He was assisted and transported by AMR medics to local hospital for further evaluation.



Paulette Torres and Matt Cain.

## VPD honors their own

Sergeant Matt Cain was selected as the Ventura Police Department Supervisor of the Year for diligence in his work and dedication to serving our department and community. Matt came to VPD in 2000 as a Lateral from LAPD, where he served for five years. Matt was promoted to Corporal in 2006 and to Sergeant in 2012. He has worked a variety of assignments including Patrol, Motors, and Street Crimes Unit; he is currently the Major Crimes Sergeant. Matt and his wife Jamie are happily married and have raised three boys; Dylan (19), Lucas (11), and Logan (5).

Support Employee of the Year Records Specialist Paulette Torres was born in Garden Grove and raised in Orange County. She graduated from Fullerton High School and earned her bachelor's degree from CSU Fullerton. She joined the VPD family in October 2018 and was nominated as Crime Fighter of the Month in July of 2019.

Paulette was selected as Support Employee of the Year for her devotion and hard work; additionally, she was a core member of the Versaterm implementation where she assisted in system configuration and coordinated training for Records. Paulette is married to Motor Officer Kyle Halverson and in her spare time, Paulette enjoys baking, photography, and reading.

**Weekly SUDOKU**

Answer

5	2	7	1	9	8	4	6	3
6	4	9	3	5	2	1	8	7
3	8	1	7	6	4	5	2	9
9	7	6	8	2	1	3	5	4
4	5	8	9	3	7	6	1	2
1	3	2	5	4	6	9	7	8
7	6	4	2	1	9	8	3	5
2	9	5	6	8	3	7	4	1
8	1	3	4	7	5	2	9	6

**King Crossword**

Answers

Solution time: 21 mins.

B	I	B	A	A	A	M	O	S
A	I	O	M	I	N	I	J	E
D	I	T	O	R	T	O	G	O
B	A	T	T	E	R	S	W	N
S	T	I	W	G	A	T		
O	H	I	R	E	L	A	I	N
D	I	N	S	T	R	I	D	O
D	O	V	O	R	N	A	N	I
C	A	N	I	L	I			
O	A	G	A	N	I	Z	A	C
A	I	S	M	O	N	C	O	M
F	I	L	D	O	T	E	N	O



by Pam Baumgardner  
VenturaRocks.com

Happy New Year my friend! We are back to business as usual and as always already looking forward to a year filled with music which science has proven increases happiness and reduces stress as well as depression. Now the type of music that soothes the average soul is totally subjective. As for me? I love punk to jazz and "most" points in between.

That being said, I'll admit, I'm a sucker for musicals from Broadway plays to small-town theater. Here in Ventura we are so lucky to have the Rubicon which always offers stellar productions. This month and for three days only, the Rubicon will play host for a special event, "Forever Motown" with favorite hit songs from Motown Legends. The production not only features nine singers and a five-piece band, but includes special guests Glenn Leonard from the Temptations and G.C. Cameron, original lead singer of the Spinners. While the production is in town for only three days, there will be two shows on Friday, January 10 (2 and 8 pm), three shows on Saturday, January 11 (2, 5:30 and 8 pm), and two final shows on Sunday, January 12 (2 and 7 pm). Find out more at RubiconTheatre.org.

Discovery Ventura has a number of shows lined up later in the month including Dave Wakeling and the English Beat on Friday, January 17, Ozomatli's 25th year celebration on Saturday, January 18 (Ozomatli presents Ozokids earlier that afternoon), Agent Orange on Saturday, January 25 and the Spazmatics on Friday, January 31. It's always more affordable to get your tickets in advance at DiscoveryVentura.com.

Surf Rodeo tickets are already on sale with big news that they've expanded to three days! Dates run July 17, 18 and 19 with prices going up as you get nearer the event. Find out more at SurfRodeo.org.

Quick Notes: the 12th Night Masquerade Ball at 1901 Speakeasy with Teresa Russell, Stephen Geyer and Mama Pat Russell on Saturday, January 4; brand new at the Saloon, it's DJ Cid Hernandez and the Disco Soul Club every Friday at 9 pm; Pennywise and the Adolescents play the Ventura Theater on Saturday, January 11 and the Winery of Ventura plays host for a Michael J. Fox Foundation for Parkinson's Research benefit on Saturday, January 11, featuring Joe La Barbera and Coda.

Along with reading my music scene article here in the Ventura Breeze, I'd like to invite you to check out a few of my other projects I either produce myself or give a platform to such as the VenturaRockSpot which highlights a band or artist every month, you can find that on my main outlet for supporting our music scene which is VenturaRocks.com and you can listen in for original music from artists out of the 805 on the Pam Baumgardner Music Hour on KPPQ out of CAPS Media at 104.1 FM.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com. For updated music listings daily, go to www.VenturaRocks.com.

## Music Calendar

For more events go to [VenturaRocks.com](http://VenturaRocks.com)  
All Venues Ventura, unless otherwise noted.

### Blue Agave

**185 E. Santa Clara**  
Fridays: Mariachi Band; DJ  
Saturdays: DJ

### Boatyard Pub

**Ventura Harbor Village**  
Tuesday-Thursday 6 pm, Friday & Saturday 7 pm  
Thursdays: Jim Friery, Bluegrass Jam

### Bombay Bar & Grill

**143 S. California Street**  
Thursdays, Friday & Saturdays: DJs

### Camarillo Barrelworks

**126 Wood Road, Suite 104**  
**Camarillo, CA**

Music 6-9 pm  
Sat 1/4: Kyle Swan  
Sat 1/11: Vinyl Rendition

### Cantina 31

**Limon y Sal**  
598 E. Main Street  
Saturdays: DJ  
Sundays 1-4: Instone

### Casa Bella

**391 E. Main Street**  
Thursdays: Danny D.

### The Cave

**4435 McGrath Street**  
5:30 - 8:30 pm  
Weds & Saturdays: Varon Thomas  
Thurs & Fridays: Warren Takahashi

### Copa Cubana

**Ventura Harbor Village**  
Music 7 pm; Sat 11 am; Sundays 4 pm  
Saturdays: & Sundays: Kenny Devoe (11 am - 1 pm)

Tuesdays: The Jerry McWorter Trio

### Dargan's Irish Pub

**593 E. Main Street**  
Music: 4pm  
Sun 1/5: The Sunday Drivers

### Discovery

**1888 Thompson Blvd**  
Fri 1/3: Sgt. Pepper  
Sat 1/4: Shaky Feelin'  
Sat 1/11: Which One's Pink

### Duke's Griddle n Grill

**1124 S. Seaward**  
Wednesdays: Karaoke

### El Rey Cantina

**294 E. Main Street**  
Fridays & Saturdays: DJ

### Gigi's Cocktails

**2493 Grand Avenue**  
**(805) 642-2411**  
Thurs, Fri & Sat: Karaoke

### Grapes and Hops

**454 E. Main Street**  
Wed 6-9, Fri & Sat 8 pm, Sun 4 pm  
Fri 1/3: The Tossers

### The Greek Restaurant

**Ventura Harbor Village**  
Music: 5:30 - 7:30 pm  
Mon, Thur & Fri: Kenny Devoe

### Keynote Lounge

**10245 E. Telephone Road**  
Tues, Wed and Sun: Karaoke  
Thursdays: Open mic night

**La Cosecha Modern Concina**  
**Crown Plaza Hotel**

Music 11 am - 2 pm

Sun 1/12: Benjamin Buttner

### Leashless Brewing

**585 E. Thompson Blvd.**

Tues: Open Mic, The Listening Room

Sat 1/4: Jacob Marquez

Fri 1/10: Boom Duo

### Made West Brewing

**1744 Donlon Street**

Thurs 6 pm; Sat 4 pm; Sun 3 pm

Thurs 1/2: Lauren Hall

Sun 1/5: Peter Blackwelder

Thurs 1/9: Mark Masson

Sat 1/11: Luc Germann

Sun 1/12: Kirby Ai

### Majestic Ventura Theater

**26 S. Chestnut Street**

Sat 1/4: The Purple Madness

Fri 1/10: Motionless in White, Beartooth

Sat 1/11: Pennywise, Adolescents, Slaughterhouse

### Oak and Main

**419 E. Main Street**

Tuesdays: Beer Bros. Open Mic

### O'Leary's

**6555 Telephone Road**

Wed: Karaoke

Fri 1/10: Live Band Karaoke

### Orozco's de Ventura

**839 E. Front Street**

Fri & Sat 5 pm: Victor and Artis

### Paddy's

**2 W. Main Street**

Wednesdays: Karaoke

Fri & Sat: DJs

### Special Event

### Paradise Pantry

**222 E. Main Street, Ventura**

Cabaret Series

Sunday, January 19

Chris Pierce

OnesToWatchProductions.com

### Peirano's Delicatessen

**204 E. Main Street**

Music: 6-8, Sundays Noon - 2

Sat 1/4: Doc Ventura

Sun 1/5: Brent Franklin

Sat 1/11: The Reserve Band

Sun 1/12: The Swillys

### Prime

**2209 E. Thompson Blvd**

Tuesdays: Danny D.

### Rubicon Theater

**1006 E. Main Street**

Fri 2 pm & 8 pm; Sat 2 pm, 5:30 & 8 pm

Sun 2 pm & 7 pm

Fri 1/10: Forever Motown

Sat 1/11: Forever Motown

Sun 1/12: Forever Motown

### Sandbox Coffeehouse

**204 E. Thompson Blvd**

**805-641-1025**

Thurs 6 pm, Weekends noon

Thursdays Open Mic

Sat 1/11: Hava the Band

### Sans Souci

**21 S. Chestnut**

Sundays: DJ Darko

Mondays: Karaoke w/ Brian Parra

Tuesdays: DJ Nick Dean

Wednesdays: Open mic

Thursdays: DJ Spinobi

### The Shores Restaurant

**1031 Harbor Blvd, Oxnard**

Thursdays: Karaoke

### The Star Lounge

**343 E. Main Street**

Thursdays: DJ Terry

Fri 1/3: CRV

Sat 1/4: The Seaside Band

Fri 1/10: DJ Troy

Sat 1/11: Mini Driver Band

### The Sushi House

**1127 S Seaward Avenue**

Music 1 - 3:30 pm

Saturdays: Gary Ballen

### The Tavern

**211 E. Santa Clara Street**

Thursdays: Get Right College Night w/ DJ Nick Dean

### Topa Mountain Winery

**821 W. Ojai Avenue, Ojai**

Music: 3-5 pm, unless otherwise noted

Sat 1/4: Will Breman

Sun 1/5: Brandon Ragan

Sat 1/11: Hunter & the Dirty Jacks

Sun 1/12: Conner Cherland

### Winchester's

**632 E. Main Street**

**(805) 653-7446**

Music at 7:00 pm; Sundays at 5 pm

Fri 1/3: Mis Bix & the Nervous Ticks

Sat 1/4: The Tossers

Sun 1/5: Andy D. & Ray J.

Fri 1/10: Karen 805

Sat 1/11: Sean Wiggins

Sun 1/12: Crooked Eye Tommy & guest

### The Winery Ventura

**4756 Market Street**

Thurs - Sat 7-10; Sundays 5-8

Sat 1/4: The Art Farmers

Sat 1/11: Joe La Barbera and Coda

### 1901 Speakeasy

**740 South B Street, Oxnard**

Tuesdays and Thursdays: Mark McKinney

Fri 1/3: Jim Seargeant

Sat 1/4: Teresa Russell & Stephen Geyer

Fri 1/10: Bobby Campbell

Sat 1/11: Luck Break





## Selected art from 2019 Ventura Breeze



### Call To Artists: Big Love, Valentine's Day Exhibit, Vita Art Center's Pop Up Gallery

- Entry Fee: \$40., includes 4, 6" x 8" canvas panels
  - Deadline: All art must be delivered to Vita Art Center by January 25, 2020
  - Exhibit Dates: February 1 thru February 22, 2019
  - Champagne Preview Reception: Saturday, February 1 from 4-7pm
  - First Friday Community Opening: February 7 from 6-9pm
- Guidelines: Artists will receive 4 canvas panels each 6" x 8". All mediums are welcome but the pieces must be made to hang on the wall.  
Sales: Artists receive 100% of all of their sales. Artwork that doesn't sell must be picked up by the artist by February 24.  
Prices: All artwork will be priced to sell at \$40.

Artists will be invited to attend the preview champagne reception as our guest.

Visit: [www.VitaArtCenter.com](http://www.VitaArtCenter.com) for more information.



"Catching a Buzz" Paste 1st Place, Open Competition 2019

### Veronica Walmsley Lambert Buenaventura Art Association competitions

Call for Entries: Open to Members and Non-Members at the Museum of Ventura County

34th Annual Open Competition  
January 25 - February 22, 2020

Entry Deadline: Midnight, Saturday, January 11, 2020

Juror: Aaron Westerberg is a classically trained oil painter who explores the world of poetry through the use of color, shadow, contrast and tone.

Call for Entries: Open to Members and Non-Members at Community Memorial Hospital

Ships Ahoy! January 26 - April 26, 2020  
Entry Deadline: Midnight, Saturday, January 18, 2020

Images featuring water-going vessels of all kinds; boats, ships, canoes, dinghies... even surfboards, and their bodies of water.  
[BuenaventuraArtAssociation.org](http://BuenaventuraArtAssociation.org)  
432 N. Ventura Ave., #30, at the Bell Arts Factory





# Showtime

Movie Review by Cindy Summers

## Bombshell



Breeze rating from 1 to 4 palm trees, 4 being best.

Based on actual events, Bombshell recounts the brave women who brought down Fox News creator and CEO Roger Ailes for sexual harassment, a scandal that exposed the longtime offenses that happened to over 20 women working for the man that created the most powerful media empire of its time. Released by Lionsgate, Directed by Ray Roach, Written by Charles Randolph and Starring Charlize Theron as Megyn Kelly, Nicole Kidman as Gretchen Carlson, Margot Robbie as Kayla Pospisil, and John Lithgow as Roger Ailes.

Fox News CEO Roger Ailes (John Lithgow) was very controlling with the operations of Fox News, he would watch the network 24/7 and had a direct line phone into the production room where he barked out orders regarding how he wanted things to operate, one such example being that he wanted the camera to be wide shots to primarily include the female anchors legs. He also commented on the female anchors attire, saying that some dresses were too long, even though they were mid thigh which is generally not appropriate for executive offices.

Behind closed doors, Ailes would counsel female anchors on how to excel at their job and seek advancement, but would do it conditionally stating that he would need something in return for assisting them in their careers. His indiscretions were not only verbal, but physical and always done under the pretense that it was what was required to create a mutually beneficial situation.



Gretchen Carlson (Nicole Kidman) was the first to take action against Ailes, seeking legal advise to determine the best course of action to win her case. It was decided that it would be difficult to go after Fox News itself, but that they could go after Ailes individu-

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ally for his actions. Carlson continued her employment for approximately one year, then quit and publicly outed Ailes for sexual harassment.

This created a media frenzy, and Fox News supporters actively attacked and threatened Carlson in public, as well as sending hate mail and using social media. Carlson was hoping that going public would help more women victimized by Ailes to come forward and aid in the legal case against him. It was at this time that Kayla Pospisil (Margot Robbie) a new news producer at Fox who was looking to get into the anchor seat, became Ailes next interest.

Megyn Kelly (Charlize Theron) had been a long time anchor at Fox News and covertly began to seek out other victims, having had been harassed by Ailes herself a number of years prior. Kelly finally joined Carlson in the suit

against Ailes, which uncovered over 20 more women who would finally come forward during the investigation.

This all star cast does such an excellent job at bringing the viewer into the emotion of the situation, some of which can be difficult to stomach, though feel this movie can be very insightful and supportive to those going through similar situations. Hopefully it inspires those affected to take action against harassment in the workplace however daunting, as these women were publicly attacked, shamed and threatened but they were also the first to take down such high level, well-known execs (Roger Ailes and Bill O'Reilly) for their disgusting behavior toward women in the workplace.

R (for sexual material and language throughout)  
 118 minutes

# This 'n' That

## Spreading holiday cheer one bike at a time

by Mira Reverente

Some families started showing up early, eager and excited for what lays ahead, undeterred by the heavy downpour and gloom on that last Sunday before Christmas.

Hot cider and cookies greeted all the families who came in for the first annual bike give-away for kids at Bike Hub, a one-of-its-kind community bike shop along Ventura Avenue. Raffle tickets were given out to all the kids upon arrival.

Michelle Gerardi of Ojai brought her daughters. The youngest of the three, two-year-old Brighton, immediately had her sights set on a pink Minnie Mouse bike with training wheels, which she won.

It will be the first bike for Brighton, but not for nine-year-old Nani, who has always shared a bike with her 10-year-old sister. "Now we each have a bike and don't have to wait for our turns," she says.

Volunteers were on hand to assist and help contain the excitement during the give-away. Ventura resident and avid cyclist Mike Steinbaum was one of them. "It's nice to help people who need bikes or depend on bikes as their primary mode of transportation," says Steinbaum, a long-time volunteer.

For \$5 an hour, anyone can come in and use the equipment and tools at the shop. Volunteers can get credit for pitching in at the shop, from sweeping the floor to assisting customers. Steinbaum explains, "It's a collaborative effort vs. a drop-off type of repair shop. There's always something that we could use help with even for those who are not gandy with bikes."

Bike Ventura is the parent organization of Bike Hub, a non-profit and grass-

roots group that actively promotes and advocates for bike safety and education all throughout Ventura County.

"We help fix bikes and provide instruction to people who bring in their bikes for repairs," says Joey Juhasz-Lukomski, executive director of Bike Ventura. The Bike Hub is open most afternoons except Mondays, from 3:00 to 7:00 pm, with longer hours on Sundays. Says Juhasz-Lukomski, "There's always someone available to help, whether it's one of our staff or the countless volunteers we have."

Deputy Mayor Sofia Rubalcava, donning a Santa hat, also graced the event and mingled with the families.

Leading up to the event, volunteers put in countless hours working on used and donated bikes and ensuring all are safe and road-worthy. Through word-of-mouth, social media and community partnerships, families learned of the local holiday event.

Girardi found out about the event through Facebook but managed to keep it a secret from her daughters until the day of. "I really wanted it to be a surprise," she says.

Brighton's big sisters Christabella, 12 and Jazzlyn, 10, also got their first picks. Says Christabella, "We can't wait till it's not cold anymore so we can ride our bikes to school."

Over 30 bikes were up for grabs for the almost 20 kids that were in attendance. Everyone went home with bikes and big smiles.

**VENTURA BIKE HUB**  
 490 N. Ventura Avenue  
 (805) 641-2665.

For more information, go to [bikeventura.org](http://bikeventura.org).



Kassandra Ramirez



Adan Avila



Brighton Gerardi

Photos by Bernie Goldstein



# PARKLANDS APARTMENTS

## RESORT LIVING IN VENTURA'S BRAND NEW LUXURY COMMUNITY

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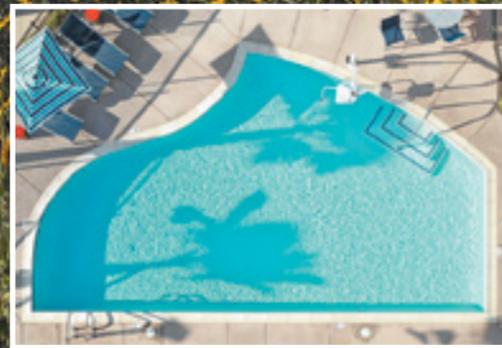
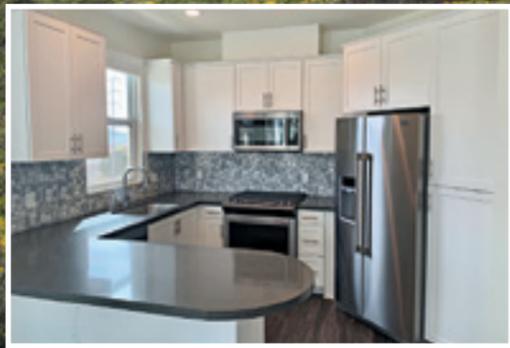
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## This 'n' That



5-year-old Emmanuel Sandoval with 10-month-old brother Sammy after receiving a Christmas tree through Teddy Bear.

## Foundation pairs families in the Tri-County area who have a child with cancer

Each year, Teddy Bear Cancer Foundation (TBCF) pairs families in the Tri-County area who have a child with cancer with supporters to help make their Christmas dreams come true through their holiday program Project Christmas.

Through the Project Christmas program, TBCF staff collect each child's specific wish lists and shop for the items they want and need. Then, TBCF staff finds supporters to "adopt" a family for the holidays. Adopting a family entails purchasing a gift for not only the child undergoing cancer treatment, but also their brothers and sisters. The value of each gift is \$100. Additionally, each family that is adopted is provided a Christmas tree, Christmas lights, a \$50 grocery gift card for a holiday meal, stockings, hot chocolate and candy canes. Lastly, the trees and gifts are delivered by TBCF to the family's home in time for Christmas!

The goal of Project Holiday is to alleviate the financial stress of shopping as well as the time and energy associated to it. Often, it is simply not possible for parents to go shopping due to the fact that they are under financial duress or can't leave their sick child.

"The holidays can be a difficult time for these families whose sole focus is on the health of their sick child," said Lindsey Leonard, Teddy Bear Cancer Foundation Executive Director. "Through Project Christmas, our hope is to provide some joy to these children and families while bringing some needed relief for the parents/caregivers. Being able to help families and see children's faces light up is what the holiday season is really all about," said Leonard.

To make these efforts happen, Teddy Bear Cancer Foundation has relied heavily on the support of our generous community in the Tri-County area.

"Getting to deliver Project Christmas gifts and trees has been such a highlight of our holiday season for the past six years.

Teddy Bear Cancer Foundation treats each family they serve as if they are their own family. It is such a blessing to work with them." stated Susie Perry, a long-time supporter and volunteer with TBCF.

"This has been an eye-opening experience being able to help these families, while they are going through so much. I hold these families near to my heart, even though I don't know them personally. Teddy Bear Cancer Foundation is such a wonderful organization with the most amazing people that are so dedicated to these families. I feel truly lucky to be able to be involved in the efforts," exclaimed Summaer Cole.

"We really appreciate everything you (TBCF) have done for us since the very beginning. You are always so attentive and always thinking about us said the Sandoval Family.

The Sandoval family received Project Christmas as well as a Project Turkey delivery of Thanksgiving food last month through the Project Holiday Program.

This year, Teddy Bear Cancer Foundation projects they will help 190 families in the Tri-Counties.

Teddy Bear Cancer Foundation is a non-profit organization providing financial and emotional support to families of children with cancer living in Santa Barbara, Ventura, and San Luis Obispo counties. Services are providing to families that have a child diagnosed with cancer up to age 18 and continue until they reach 21 years of age. To learn more about Teddy Bear Cancer Foundation and how you can support families that have a child with cancer please visit [www.teddybearcancerfoundation.org](http://www.teddybearcancerfoundation.org), 805-962-7466 or [www.teddybearcancerfoundation.org](http://www.teddybearcancerfoundation.org).



"I feel extremely humbled and honored."

## Jenifer Nyhuis receives award

Jenifer Nyhuis, CEO of Vista del Mar Hospital in Ventura, has received the 2019 Šimanek Distinguished Service Award from the California Hospital Association Center for Behavioral Health. The award, named after its first recipient attorney Joe Šimanek, recognizes outstanding leadership and achievements in the behavioral health setting.

Nyhuis was just six months into her tenure as CEO in December 2017 when the Thomas Fire destroyed Vista del Mar's Administration and Patient Care buildings.

Seventy patients and 25 staff members were evacuated with no injuries, within just a few hours of the fire overtaking the campus.

"I feel extremely humbled and honored," said Nyhuis. "I am truly appreciative of the solid team and my incredible family that has surrounded me."