



VENTURA BREEZE

Your Hometown Paper

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"I am very passionate about protecting the environment."

Spotlight on Ventura's Environmental Services Specialist Arriana Rabago

What do you do for your job?

As an Environmental Services Specialist for the City's Environmental Sustainability Section, I help manage our environmental outreach programs and our solid waste environmental compliance programs, and I also oversee the day-to-day responsibilities associated with managing our contracts with E.J. Harrison & Sons and Gold Coast Recycling & Transfer Station. One of the projects I manage that you may recognize is the quarterly Community Cleanup & Recycling Event.

What do you like about your job?

I am very passionate about protecting the environment and I also love the City of Ventura. Mixing the two keeps me fulfilled each day at work. I love that I have the opportunity to preserve and protect the beauty of both Ventura and the planet through my work. I've found that the people in Ventura are passionate about these same things, which makes me so thrilled to serve the community.

What types of services does your division
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Kids at Mound Elementary participated with enthusiasm in learning about many of the foods grown in the community. Photos by Bernie Goldstein.

"Farm Fresh Mobile Classroom," is visiting schools

As part of its new Ventura County Child Wellness Initiative, Students for Eco-Education & Agriculture (SEEAG) is hitting the road in its new "Farm Fresh

Mobile Classroom," visiting schools throughout Ventura County this school year and bringing its message of healthy

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Dean Hartman with wife, Carolyn Hartman Martz with the "hero."

2019 ALS Walk Hero

The ALS Association Golden West Chapter is proud to announce that Dean "Dino" Hartman will be the recipient of the 2019 Walk Hero Award at the 17th annual Ventura-Santa Barbara County Walk to Defeat ALS. The award is presented to an individual who is making courageous and inspirational efforts in the areas of advocacy, fundraising, and public awareness while living with ALS.

The walk will be held on Sunday, October 6 at Plaza Park, 651 E. Thompson Blvd. Registration starts at 9:30 a.m. with opening ceremonies beginning at 10:15 a.m. The event will feature speakers, the presentation of the 2019 Walk Hero Award and 2019 Community Champion Award to Superior Mobility. At 11:00 a.m., the 2 mile Walk will head towards Downtown Ventura, proceed along the Promenade and return to Plaza Park.

The event is free and open to the public, and all funds raised support the mission-critical priorities of The ALS Association Golden West Chapter in Care Services, Public Policy, and Research. This year's goal is to raise \$105,000 to advance the search for effective treatments and cures for ALS and to serve the diverse, urgent needs of the ALS community in Ventura and Santa Barbara Counties. The mission

Continued on page 8



Leslie Snipes, Michele Foster, Marlyss Auster, Mike Laan and Michele Gilmour are proud of Ventura.

California Travel Association kindly recognizes Visit Ventura

Visit Ventura was kindly honored once again as a great place to work, this time by the California Travel Association (CalTravel). The California Travel Association is the united voice of the

travel and tourism industry in California, advocating on issues and legislation that affect the tourism industry.

Visit Ventura was presented with
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Business



Andrew H. Killion has joined the firm

Bankers Investment Counseling is pleased to announce that Andrew H. Killion (that's him on the left with Philip Caruso) of Ventura has joined the firm as Vice President.

Mr. Killion started his career in financial securities as an account executive with Dean Witter in 1992 and will be working alongside Philip Caruso, President of Bankers Investment Counseling (BICC) who has been with the firm since its earliest days in Ventura County.

Andy and his wife Tina are native to this beautiful town we all call home. He enjoys sailing, golf, reading and is the founder of the VC Caregivers Sailathon. This unique boating event has raised tens of thousands of dollars for Caregivers, Volunteers Assisting the Elderly. In 2011 Andy wrote a book about his personal experiences owning

and operating a business during the great recession. In 2013 he and his son Jack walked the northern route of the Camino De Santiago in Spain.

Spotlight on Arriana Rabago

*Continued from page 1
provide the City of Ventura?*

The Environmental Sustainability Section offers many services to the community. We host several special events throughout the year with opportunities to safely and properly dispose of waste and become educated about environmental issues. We provide a Green Business Certification program that walks all types of businesses through the process of implementing sustainable practices. We also have a Green Schools program offering free educational presentations to all local K-12 schools, preschools, environmental clubs, summer camps, colleges and after-school programs. In 2018, our Green Schools program reached nearly 7000 City of Ventura students! Our stormwater program ensures the health of our watersheds by implementing outreach and compliance programs across the City.

What are some things you'd really like the community to know about your efforts?

I'd love for you to understand that, while the division has many programs that strive to improve the health and beauty of our community, these programs can only be so effective without your individual interest, engagement, and action. Whether it be reducing the amount of food you waste or installing LED light bulbs, each of our individual actions can have a powerful impact

on our environment. In the wise words of Margaret Mead, "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has."

How does your division make a difference in Ventura?

The Environmental Sustainability Section makes a difference in Ventura by implementing programs that aim to prevent litter, reduce our community's impact on the environment, and enhance the quality of life for all who live, work, and play here.

Do you have any events or activities coming that you'd like to share/highlight?

We always have several events coming up!

Saturday, October 12th we have a Westside Household Hazardous Waste Dropoff Event from 9am-12pm at the Avenue Adult Center at 550 N. Ventura Ave. No appointment required.

Saturday, October 19th we are co-hosting a Laundry-to-Landscape workshop with Ventura Water educating the public on installation and maintenance of a simple laundry-to-landscape



Vonazon Inc is a full-service digital marketing agency with a focus on using today's technology to drive top line revenue for our clients, they have recently held their official ribbon cutting with the Chamber. They specialize in marketing automation, video production, trade show marketing, email marketing, SEO & SEM, graphic & web design, and much more! Located at 410 E. Main St. Photo by Michael Gordon.

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City News

graywater irrigation system. This event will be held at the Avenue Adult Center.

Saturday, November 16th we are hosting the last quarterly Community Cleanup & Recycling Event of the year at 765 S. Seaward. This drop off style event is an opportunity for residents to properly dispose of unwanted junk and safely shred old documents.

How can Ventura residents' partner with you to help make a difference in our community?

Ventura residents can partner with us by utilizing our programs and implementing the recommendations we offer. Whether you decide to turn your business into a Green Certified Business or learn how to recycle better, everyone has an opportunity to work alongside us in making a difference in Ventura. Be sure to follow us on social media @ SustainableVentura to stay up to date on environmental tips and events and the ways in which you can get involved!

“Farm Fresh Mobile Classroom”

Continued from page 1

eating, proper nutrition and daily exercise.

The 30-foot-long cargo van made its debut on Friday, September 13 at Mound Elementary School in Ventura. Third graders learned about locally grown fresh fruits and vegetables through hands-on activities. They prepared healthy snacks and received recipes that they can make at home as well as nutritional information to share with family members. The van will visit 120 schools and reach 10,000 Ventura County students by 2021.

As part of the van's debut, five

students created dishes from locally grown produce for judging.

“We want kids to get excited whenever they see our brightly colored van pull up at their school,” says Mary Maranville, SEEAG founder and CEO. “Our goal is to cultivate a deeper appreciation for our local agriculture, and healthy eating and wellness practices that will stay with these young students throughout their life.”

Mobile Classroom Sponsors are Sprouts Community Foundation, Gills Onions, AGQ Lab, YCE Engineering, Pyramid Flowers, Wells Fargo, Montecito Bank & Trust and Crimson Pipeline.

For more about SEEAG's Farm Fresh Mobile Classroom, visit www.SEEAG.org

Founded in 2008, Students for Eco-Education and Agriculture (SEEAG) is a nonprofit organization that aims to help young students understand the origins of their food by bridging the gap between agriculture and consumption through its agricultural education programming. SEEAG's “The Farm Lab” program based in Ventura County teaches schoolchildren about the origins of their food and the importance of local farmland by providing schools with classroom agricultural education and free field trips to farms. Through this program, over 25,000 elementary school students in Southern California have increased their understanding of the food journey. SEEAG also hosts annual Farm Days—Santa Barbara County Farm Day, September 28, 2019 and Ventura County Farm Day, November 9, 2019. For more information, visit www.seeag.org.

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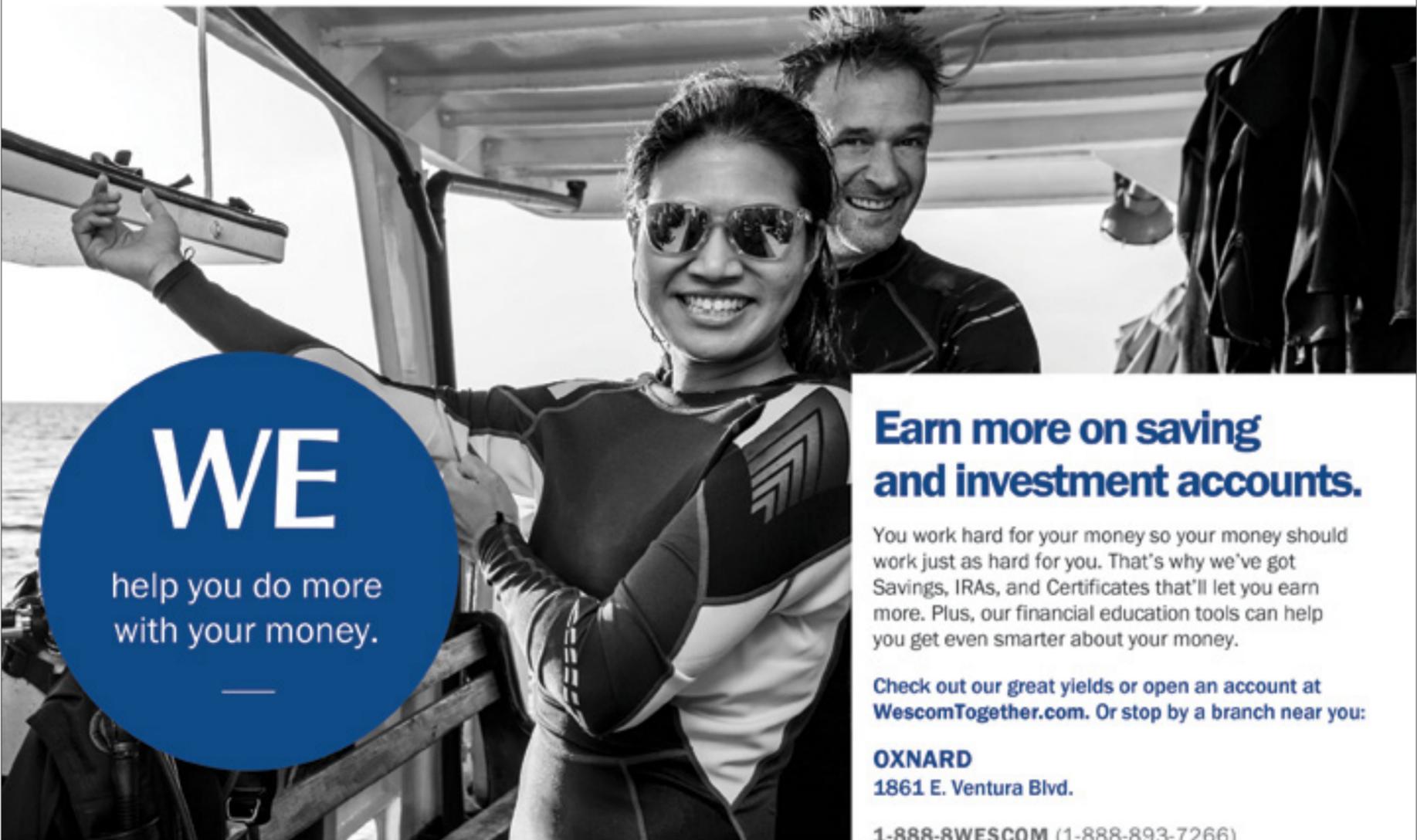
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VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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Design creates culture.
Culture shapes values. Values determine the future.
— Robert L. Peters

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ Wow, another fiscal year ending for the **Ventura Breeze**. Our next issue will be Vol.13 No. 1. Who would have thought that we would still be publishing after all this time in the age of digital news? A tribute to our wonderful readers and advertisers. More about this in our next issue.

■ Reader Zila Hawkins sent me the following request. "I have been hearing cats get taken almost every night by **coyotes**. I was hoping you would post a notice to make sure that people bring their beloved pets inside every evening and make sure that they are watched if they have to go out at night."

Happy to do that, a good reminder even though it's difficult keeping some cats inside. Our cat Savana is an indoor cat and seems to be okay with just looking out the window but some cats are just not happy inside and they'll spend all day and night meowing and even scratching the door go out so they probably have to be let out and hope that the coyotes don't get them.

■ First time ever that we have two **art pages**. Wonderful that Ventura has so many great artists and art events and venues.

■ Scientists have finally identified the genetic differences associated with **left-handedness**, a trait found in 10% of the human population.

What's more, those genetic variants result in differences in brain structure, which might mean that left-handed people have better verbal skills than the right-handed majority.

While previous research into twins has indicated that genes are at least partially responsible for controlling handedness, the new study, conducted by scientists from the University of Oxford and published in the journal *Brain*, is the first to identify which genetic variants separate the lefties from the righties.

The research could suggest a potential correlation between left-handedness and superior verbal skills, said

Akira Wiberg, a Medical Research Council fellow at the University of Oxford who worked on the study.

I think that means that us lefties have a big mouth.

■ The Thousand Oaks City Council has voted unanimously to allow a second medical **marijuana** dispensary to open in T.O. It will be operated by Leaf Dispensary, if it secures the needed permits. In



Do you recognize this first edition of the *Ventura Breeze*?

July, 2018 the council selected Thousand Oaks based Legendary Organics to open the first such dispensary located in an industrial park.

When, oh when, will our City Council get on board with this and leave the money here? We are losing many many dollars.

■ Sorry to say that **Ralphs** on Victoria has removed the multi newspaper rack so you can't pick up the Breeze at that location but there are still over 500 places that you can. So enjoy

■ On the final day of California's legislative session, the state's newspaper industry won a temporary reprieve in a fight regarding payment for carriers.

The Assembly voted 62-4 to send AB170

to the governor's desk. AB170 gives publishers a one-year extension to comply with a new landmark labor measure, AB5, that would reclassify many workers now considered independent contractors, including newspaper delivery people as employees.

Temporary work or temporary employment (also called odd jobs or **gigs**) refers to an employment situation where the working arrangement is limited to a certain period of time based on the needs of the employing organization. Temporary employees are sometimes called "contractual", "seasonal", "interim", "casual staff", "outsourcing", "freelance"; or the word may be shortened to "temps".

This new gig law is opposed by many who feel that its purpose is to get more employees to become dues paying union members. There are many independent contractors don't feel exploited by their employers. The law is also so interpretive, and unclear that it could be years and end up in the courts for clarification before being implemented. Many small businesses are really going to struggle with this and could go out of business.

■ "Wow! Yet another big storm heading to Puerto Rico. Will it ever end? Congress approved 92 Billion Dollars for Puerto Rico last year, an all-time record of its kind for "anywhere" stated **Trump**.

As he has frequently, Trump dramatically overstated how much money Congress has allocated for recovery because of Hurricane Maria in 2017. Congress had allocated \$42.7 billion, with less than \$14 billion reaching the island. This large figure cited by Trump is an estimate of potential storm-related liabilities over the next 20 years (but he is close for him).

■ It is about time that America's **gun debate** is finally happening at the corporate level. Something needs to be done. The chief executives of 145 companies have sent a letter to the US Senate seeking expanded background checks and "red flag" laws which would let courts remove guns from people who might threaten themselves or others. Amazing how many guns that are purchased for security are used to kill a family member(s) or for suicide.

Mailbox

Dear Sheldon,

Your heartfelt honesty is much needed, you are truly one of Ventura's gems.

Sincerely

Jay Berkowitz (*no relationship to Avi)
Downtown Ventura

Thanks Jay but some readers don't think I'm a gem but a clump of coal.

**Avraham Berkowitz is an American attorney and political adviser, who currently serves as the Deputy Assistant to the President and Advisor to the Senior Advisor in President Donald Trump's White House.*

Dear Editor:

Listen to all the voices. Hundreds of voices squealing about impeachment. Everyone on TV news is parsing that word.

Do we or don't we? Do we call it impeach? Do we call it an investigation? Does what we call this matter?

Every commentator has advice for the Democrats. Enough already!

Every commentator is so boring. Every commentator makes my fingers itch to change channels. Every channel has a talking head about the wishy, washy Democrats, and the obedient Republicans. Every commentator is

irritated that the politicians are not listening to the commentator's advice.

TV has never been so boring. I used to play games in the street when I was young. I miss those days. I think I'll go play in the street. If I'm limber enough to avoid being hit by a car, that will be way more exciting than listening to dull, carping news commentators.

Your Scamp column is far more informative, and interesting, and entertaining, than those boring talking heads on TV.

I'm going outside; gonna play tag with moving cars.

E. D. Coleski

E.D.

Woof woof

Editor,

Today I rode my bike down to Mission Park for the Climate Strike event that was happening there. I wore my March for Science t-shirt, took some pictures, and talked to a lot of people before I realized something: I am sick of all of this.

I was involved in what we hippies in Phoenix thought was the first Earth Day. There was no internet (or PC's or Smart

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The Ventura Breeze is looking for account executives to sell advertising space to businesses and professionals in Ventura. Part or full time. Contact editor@venturabreeze.com for more details.



We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words



Community Events

Ventura events

by Ana Baker

Free Adult Grief & Bereavement Support Groups

Every Wednesday, from 6:30 – 8 p.m. Free for anyone who has lost someone within the last 2 years. Receive emotional and educational support.

Living with Type 2 and Pre-Diabetes Classes

1st Tuesday of the Month (October 1), from 1– 2:30 p.m. Free informational class that teaches you how to manage your life with diabetes.

Held at Livingston Memorial Visiting Nurse Association & Hospice, 1996 Eastman Ave., Ste. 109. Call (805) 642-0239 for more information.

The Compassionate Friends of West Ventura County is a support group for those who have experienced the loss of a child. Parents, grandparents, and siblings (over age 14) are all welcome. The group meets the first and third Wednesday of each month at 7:00 at the Poinsettia Pavilion, Canada Larga room, 3451 Foothill Road. For more information, contact Laura Lindsay at (805) 836-9100.

Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45 p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Free dance lessons 6:45 - 7:15 p.m. Call Rick (805) 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events. Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed.

There are no dues or requirements to participate, and all levels of experience are welcomed.

First Wednesday, of each month, 6 - 10 p.m., Gold Coast Modular Railroad Club meets at the Murphy Auto Museum, Oxnard. Now exhibiting Saturdays and Sundays, 10 - 4 p.m. Visitors and new members are welcome. Member initiation fee \$10, monthly dues \$20, \$10 for Juniors. Murphy Auto Museum, 2230 Statham Blvd., Oxnard. www.gcmrc.com. For more information, call (805) 229-7429 or (805) 407-6717

Musicians' Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 7 - 9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety. Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed.Ventura@gmail.com.

Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant. Group meets the first Tuesday each month at Lemon Wood Mobile Park, 850 Johnson Dr. They have excellent speakers, leading cardiologists, nutritionists, dietitians from our area. Contact Richard Hatcher at (805) 644-2733.

Co-Dependents Anonymous (CoDa) is a 12-step fellowship of men and women whose common purpose is recovery from codependence in the development and maintenance of healthy relationships. Every Friday at 6 p.m. at the Unitarian Universalist Church, 5654 Ralston (enter through side door off parking lot). Further information Deva 805-814-5650 or Maryann

The Ventura County Philatelic Society meets the first and third Mondays each month 7:30-9:30 p.m. at the Church of the Foothills, 6279 Foothill Road. Admission and parking are free. Stamp trading and camaraderie. For more information sockonthenose@gmail.com or (805) 320-1601.

Ventura County Cribbage Association Grass Roots Local Club meets weekly. Located at Pizzaman Dan's 444 E. Santa Clara on Wednesdays at 5 p.m. More information at Kerry 805-643-7683

Ventura Retired Men's Group meets for social interaction, a buffet lunch and an interesting program on the first and third Tuesday each month. If you'd like to sample our free introductory meal at Poinsettia Pavilion, stop by and introduce yourself in the pavilion Santa Paula room at about 11:30 a.m. on any meeting day.

Sept. 25: The College Area Community Council will meet on Wednesday, at 7 p.m. Representatives from the Ventura Unified School District, the Ventura Water Department, and the Ventura Community Development Department will all be there to speak. The Council meets in the Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. CACC represents citizens in Council District 3, neighborhoods between Dunning/Lemon Grove and Hill Road, north of Hwy. 126. collegeareacouncil.com/map. (805) 644-8695 for more information. Sept. 27: (4th Friday of each

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month), 7- 10 p.m.

Like to play acoustic music? Song-makers.org welcomes instrumentalists, singers, and singer/songwriters at all levels to join in a free song circle at the Bell Arts Factory Community Room, 432 N. Ventura Ave. Listeners welcome. Info: Mike Wittlin, (805) 750-8281.

Oct. 6: Old-Time Country Bluegrass Gospel Music Assoc. Sun. 2 - 4p.m. Poinsettia Pavilion. Music on stage. Jamming Room Open. Free admission and Free parking. Open to Public. For more information call 805-517-1131 or visit Facebook: OTCBGMA

Oct. 6: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1 - 4 p.m. Admission is free. The museum is located at the corner of Loma

Vista and Ashwood streets (197 N. Ashwood) in Ventura. For information please call (805) 642-3345 or visit the website at www.dudleyhouse.org.

Oct. 8: Women's Bible Study from 9 - 11:15 a.m. Community Presbyterian Church 1555 Poli St. Every Tuesday morning following the school calendar. Study of Genesis 1-11 for women of all ages and beliefs. examine deep questions. Registration will start at 8:15 a.m. on the first day, and the cost is \$35 for the entire study. Childcare and scholarships are available. Please call the Church office at 805-648-2737 if you have any questions or are going to bring a child so we can be prepared. cpcventura.org

Oct. 13: Channel Islands Chamber

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Everyone deserves a home.



Help us raise \$5 million by December 2019 to increase affordable housing options in Ventura County

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Ventura events

Continued from page 5

Orchestra's conductor KuanFen Liu believes her role as a musician in the 21st century lies beyond playing familiar, popular works. As a complimentary pre-event attraction, biologist William Hoyer, a National Resources Conservationist Manager, will lecture on climate and habitats in surrounding districts. Sunday at 3 p.m. at First United Methodist Church, 1338 East Santa Clara St. William Hoyer's pre-event lecture will commence one hour ahead of the concert. Donation of \$20 is appreciated. Youth 18 and under free. Information/tickets 805 246 7316. Website www.CHICOVC.org

Oct. 15: The Ventura County Library is partnering with the Museum of Ventura County and the Calabasas Library to present two special film screenings as part of One County, One Book program. On Tuesday, from 5-7

p.m. at the Museum of Ventura County 100 East Main Street. One County, One Book aims to unite the Ventura County community around a common narrative, spreading interest in and facilitating discussions about the selected book. This year's selection, The Library Book by Susan Orlean, chronicles the 1986 Los Angeles Public Library fire and its aftermath to showcase the larger, crucial role that libraries play in our lives. The film was written and directed by Emilio Estevez, who also stars in the film. Visit the Museum online at venturamuseum.org.

Ojai news and events

Opera Santa Barbara will return to the Ojai Library to present a Free Noontime Opera Concert on Tuesday, October 8, 2019. The concert

Community Events

will begin at 12 pm in the main room of the library.

The Opera Santa Barbara Studio Artists will perform a selection of popular opera arias and duets as well as some musical theatre pieces, all accompanied by piano.

Local Ventura author Tony Baker will visit the Ojai Library at 1 pm on Saturday, October 5, 2019, to talk about his book, Southern California Road Racing.

Southern California Road Racing goes back to when the best cars Europe had to offer competed with homebuilt specials over world-famous road courses like Laguna Seca, Willow, Glen Helen, and Riverside International. Whether discovering the profile of a historic racing personality or viewing dramatic images of racing action, Tony Baker's newest book is sure to take readers back to the glory days of road racing.

Baker is a historian and researcher who has authored numerous magazine articles and books about regional motor sports history, including five previous titles for Arcadia Publishing's Images of America series. He lives and works in Ventura County, California.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146.

The Ojai Library is located at 111 East Ojai Avenue in Ojai, CA. Hours of service are 10am to 8pm Monday through Thursday and 12pm to 5pm Friday through Sunday.

Dr. James Adams of USC School of Pharmacy and plant educator Enrique Villaseñor will join Ojai herbalist Lanny Kaufer on Saturday, September 28, from 9 a.m. to 3 p.m. for a Fall Medicinal Plant Workshop focused on Dr. Adams' groundbreaking pharmacological studies on medicinal uses of California's native plants.

The plant identification session will take place at two native plant gardens where Kaufer and Dr. Adams will identify a wide variety of useful plants. The afternoon hands-on preparation session will be held at a community kitchen in Ojai.

The cost of the workshop is \$75 which includes all materials. For more information or to register visit HerbWalks.com, email register@herbwalks.com, or call 805-646-6281. Registrants will receive an email during the week prior with all necessary information including directions, what to bring, etc.

Ojai Raptor Center, (ORC) a

non-profit 501(c) (3) organization is dedicated to the rehabilitation and release of injured, sick and orphaned wildlife and to educating the community on how to be more responsible stewards for our shared environment.

On Sunday November 3rd, 2019, from 12pm to 4 pm, ORC will open its doors to the public for a rare opportunity to meet the non-releasable Ambassador raptors, and tour the Center which is home to the largest flight aviary in CA. The Center is otherwise closed to the public year-round due to the sensitive nature of wildlife in rehabilitation.

Hawks, falcons, and owls will be on hand to greet guests along with stage presentations the entire afternoon. As always there will be a variety of fun activities for children, a silent auction, and a chance to release a raptor with ORC staff. Drinks and snacks will be available for purchase as well as items from the Raptor Store.

Ojai Raptor Center Fall 2019 Open House tickets will only be available for pre-sale, by visiting the Events page on the ORC website at: <https://www.ojairaptorcenter.org/new-events/2019/11/3/fall-open-house>. Tickets will be available starting on September 23rd, 2019.

ORC Open House is a dog-free event. Handicapped parking will be available. Additional parking will be located 1 mile from the Center with shuttles running every 10 minutes. Visit www.ojairaptorcenter.org for more info.

30th Annual Day of Caring

Each year for the past 29 years, United Way of Ventura County's (UWVC) Day of Caring (DOC) has connected hundreds of volunteers to community organizations throughout Ventura County. By engaging people in volunteerism, UWVC works to create positive change in our community. In 2018, over 550 individuals, families, and teams volunteered at 29 project sites.

The 30th Annual Day of Caring will be held on Saturday, September 28, from 9 a.m. to Noon. There will be two 7:30 a.m. kick-off celebrations held at California Lutheran University in Thousand Oaks and FOOD Share in Oxnard.

Volunteers are welcome to sign up as teams, families or as individuals. Project registration is found at <http://www.volunteerventuracounty.org/>

Continued on page 15

Don't miss the PUMPKIN PATCH & KIDZONE

HARVEST FESTIVAL
ORIGINAL ART & CRAFT SHOW

October 4 - 6
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GENERAL ADMISSION FROM 9AM TO CLOSE IS \$3.00

PARKING IS \$8.00

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StoryFest to celebrate kids and books

Young children and their families are invited to celebrate the joy of reading at the 13th annual StoryFest, planned for Saturday, October 12, from 9 am to 2 pm. This free event features storytelling, book giveaways, hands-on activities, Truckfest (opportunity for children to get up close and touch trucks and a fire engine), food for purchase, buy-one-get-one-free book fair and plenty of fun.

This special event is at the Ventura Unified School District Education Service Center, 255 W. Stanley Ave. The event is presented by Ventura Education Partnership and Ventura Unified School

District. Major sponsors include Elks Lodge 1430 and First 5 Ventura County.

Community members from all walks of life will be reading books throughout the day in each of the six story tents. Books will be read in English and Spanish, and every child attending the event will receive a free book. Children and families will also be able to sign-up for library cards at the event by presenting a photo identification plus proof of residential address. Special activities will be offered by local organizations serving children.

The event celebrates the importance of reading to children. Sharing books and stories with children, including infants and toddlers, is an important way of helping children prepare to read. According to experts, families that encourage songs, stories, and books at a young age help their children be better

News & Notes

students when they enter school years later. StoryFest will showcase many local programs and services available for families with young children.

VEP connects community resources to support and sustain innovation in education to benefit VUSD students.

Ventura Education Partnership (VEP) is an all-volunteer group which fosters community recognition of the work of VUSD district teachers and staff and enlists the participation of parents, businesses, and community members in the education of our district's children. For more information contact Kay Giles at 805-701-8984 or kay@newandbeyond.com.



John McGonigle, editor of the Ventura Democrat, 1885 to 1915. Museum of Ventura County Library & Archives collection.

Stage is Set for a Feud Between Bowers and McGonigle

by Andy Ludlum

Museum of Ventura County Volunteer
Read more Ventura County History in the Museum of Ventura County Blog at www.venturamuseum.org/research-library-blog.

McGonigle was editor of the Democrat for 32 years and his feud with Bowers was legendary. McGonigle, a party-line Democrat, could not stand Bowers who he said, "swells and struts about like a pugnacious turkey gobbler, a man who would umpire a dog fight for notoriety and preside over a hen roost if he thought the chickens could appreciate his greatness."

McGonigle took delight in supporting almost everything Bowers opposed and called Bowers "the biggest hypocrite and greediest human hog that ever walked the streets of Ventura" adding it was "just as natural for Parson Bowers to lie as it is for him to eat." "Parson Bowers

(says) we have called him a thief, liar, mountebank, disreputable, dishonest, ready to sell out to the highest bidder, etc. He seems to know himself better even than we do, for we have never called him a thief."

An outspoken prohibitionist, Bowers did not shy away from the big political controversy of the day, alcohol use. Bowers had asked the Ventura Town Council to close saloons at 11 p.m. The hard-drinking McGonigle never passed up an opportunity to mock the Methodist minister, "Bro. Bowers of the Free Press returned from his camping trip on the Conejo Saturday night. He struck a colder climate than anticipated and shortened his stay in consequence. The nights were chilly, and he didn't have his jug along." Not to be outdone. Bowers wrote in 1887, "The Democrat intimates that our description of the business of this town was not sufficiently full in-so-much as we omitted the billiard tables and saloons. Well we didn't want to appropriate the whole ground, so we left this to the Democrat where it properly belongs."

2019 ALS Walk Hero

Continued from page 1
of The ALS Association is to discover treatments and cures for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest.

Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's Disease, is a fatal, neurodegenerative disease that attacks nerve cells in the brain and spinal cord. ALS does not discriminate - women and men of all ages and backgrounds are at risk, though for unknown reasons veterans are diagnosed with ALS twice as often as civilians. People with ALS lose their ability to move, speak, swallow, and eventually the ability to breathe, while all five senses continue to function normally. At this time, there is no known cure.

Dean, along with his family and friends, has participated in the Ventura-Santa Barbara County Walk to Defeat ALS as team "Dino's Angels" since 2016 and have raised over \$30,000 in support of the mission of The ALS Association Golden West Chapter. "The 2019 Walk Hero Award means so much to me, and I am humbled by the honor. I have met many friends afflicted with the same disease and we support one another and encourage ourselves to live life to the fullest," said Dean.

Online registration is free. For more information, to register for the event, or make a gift in support, visit <http://www.alsa.org>.

TO PURCHASE TICKETS CALL 800.838.3006 -OR- WWW.BROWNPAPERTICKETS.COM

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News & Notes



Public Safety Dispatcher Erin Burden, shares her story with the CAPS crew.

CAPS Media Produces City Police & Fire Dispatch Stories

As part of the continuing expanded services for the City, CAPS Media produced a set of behind-the-scenes productions exploring the extensive and fascinating emergency response systems utilized by Ventura City Police and Ventura City Fire departments. The videos are added to CAPS' ongoing video informational updates directed by the City Manager's community service division. We have also been working with the Ventura Unified School District and Ventura County Health in reporting on important issues such as vaping.

The Perfect Firestorm, the documentary film chronicling the extraordinary personal stories of survival and healing during and following the devastating Thomas Fire, was featured at the Sight + Sound Film Festival in Oxnard and

will be screened twice at the Ojai Film Festival on Sunday November 3rd at 1pm and on Friday November 8th at 1pm at the Sane Living Center at 316 E Matilija St in Ojai. The entire CAPS Media production and postproduction team is honored to have The Perfect Firestorm selected for the film festivals.

The documentary was produced by CAPS MEDIA in collaboration with the Museum of Ventura County, Ventura City Fire and Police, Ventura County Fire, Sheriff's, Office of Emergency Services and other agencies. The year-long project is based on dozens of first-person interviews with fire fighters, first responders, residents and others impacted by the tragedy. In addition to sharing their heartfelt, inspiring and at times tragic stories, the citizens



Multiple 911 calls were received at the Fire Communication Center to report a large vehicle on fire in the 2600 block of N. Ventura Ave. Fire personnel arrived on scene within minutes of the initial call and found a large RV and multiple passenger vehicles on fire in a storage facility. Fire personnel performed a primary search to ensure that there were no occupants in the RV or the vehicles and began an aggressive fire attack. The fire was contained to the RV and 4 passenger vehicles and firefighters knocked down and extinguished the main body of the fire within 23 minutes of initial 911 call.

The Ventura City Fire Department would like to remind the public to ensure that all residences and businesses have working smoke and carbon monoxide detectors and have an evacuation plan.

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throughout Ventura County provided CAPS Media with hundreds of personal photos and videos to help tell the story.

The Perfect Firestorm is a companion production to CAPS Media's half-hour series Thomas Fire Stories Project featuring first-person stories that air every Friday night on CAPS Media.

CAPS Media continues to record, broadcast and stream local community council meetings throughout the city. In the coming weeks CAPS will cover East Ventura, MidTown, College, Westside, and Montalvo community councils. All programs air on CAPS Media Channel 6 and stream on capsmedia.org. Go to the schedule tab on the CAPSMedia.org website for dates and times.

Join us! Become a CAPS Media Member/Producer. If you have an interest in community television or radio production, or are just curious, drop by the CAPSMedia Center on the first Thursday of the month @ 6pm to discover how to join the CAPS community of enthusiastic and engaged Member/Producers. A CAPS Media staff member directs the tour of the television studio and radio station, demonstrates the video equipment, explains the resources that are available, and answers questions about the benefits of becoming a CAPS Media member.

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Member training includes HD videography/camera classes held on the 2nd Thursday, Final Cut post-production editing classes on the 3rd Thursday, and CAPS Radio (KPPQ, FM 104.1) two-part classes on the 4th week. All classes begin at 6pm at the CAPS Media Center, 65 Day Road. For more information, go to capsmedia.org or call 805-658-0500.

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Pumpkin Liner

Weekends starting October 5TH

Pumpkins From \$1.00

Saturday and Sunday 10:30 a.m. and 2:00 p.m.

Pumpkin Patch, Jolly Jumpers (\$3), Antique Carousel Rides (\$3), Hay Maze, Haunted House (\$3), Hay Rides (\$3), Upside-down Trees, Face Painting, Tri-Tip Sandwiches, Hot Dogs, Roasted Corn & more at "The Patch" (Loose Caboose). Book the "PumpkinLiner" for your round-trip train ride to all the family fun!

SUGAR PLUM EXPRESS HOLIDAY VILLAGE & TREE TRAIN
Weekends: NOV 30TH - DEC 22ND OUT OF SANTA PAULA DEPOT

Reserve NOW!

Take a short train ride to our Holiday Village! Select a pre-cut Christmas Tree, take photos w/ Santa, purchase unique gifts & goodies, enjoy the Winter Wonderland walk-thru, Carousel rides (\$3), hop on the Holiday Jolly Jumper, see Santa's Workshop & crafts.

Murder Mystery Dinner Train
Fright Night Saturday, October 26
Depart 6:30 p.m.
Murder & Monsters while you dine. 18+

THE ZOMBIES ARE BACK!!
Take an antique train ride to the battleground of the *Zombie Apocalypse!* The train is haunted, so you'll have to keep your wits about you.
SELECT DATES: OCTOBER 5TH - 27TH
Reservation Required. TICKETS ARE LIMITED!!!

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News & Notes



Holiday Train Adventures on a train

Ventura County's Fillmore & Western Railway is running several exciting Holiday Train Adventures this year! Beginning Oct 5th are weekend departures on the PumpkinLiner & Zombie Hunter Trains. Then on Oct 26th a one time "Fright Night" Murder Mystery Dinner Train. During November & December the railroad will offer the Sugar Plum Express Holiday Village & Tree Train + the all new Polar Express™ train ride!

What is the Zombie Hunter Train?

A unique interactive experience. Ride on open-air flat cars through the battlegrounds of the *Zombie Apocalypse*. Armed with a mounted paintball gun help take down the attacking zombie hordes and save humanity! Hunt zombies from the train. Zombies do not shoot back. Departs from Fillmore.

What is the PumkinLiner?

Enjoy a family train trip to the "The Patch". Visit the haunted house (\$3), ride the antique carousel (\$3), buy a pumpkin, take a hayride (\$3) and try a home-cooked BBQ Tri-Tip sandwich. Vendors, a hay maze, face painting and more are also on-site. Departs from Fillmore.

What is the Sugar Plum Express Holiday Village & Tree Train?

Departing from Santa Paula Depot on Nov 30th & during weekends in December, take a short train ride to a Holiday Village. Once there you can select a pre-cut Christmas Tree, take photos with Santa, purchase unique gifts & goodies, enjoy the Winter Wonderland walk-thru, Carousel rides (\$3), hop on the Holiday Jolly Jumper, see Santa's Workshop and create a Winter craft. Also view the Koi fish, goats & birds while exploring.

What is The Polar Express™ train ride?

Similar to *The Polar Express™* movie, there will be a full cast of characters from the Conductor to the Chefs serving hot chocolate and cookies. And who can forget Santa! Experience this 1 hour live-action spectacular while riding in vintage passenger cars out of the historic City of Fillmore.

Call 805-524-2546 or visit FWRY.com for more information and to purchase tickets. Josh Carsman, Marketing Director has mentioned that tickets are already selling fast so don't wait!



These ladies will be running in the Haunted Housing Run/Walk.

Cocina Sin Fronteras hosts annual haunted housing run/walk

Cocina Sin Fronteras, a nonprofit affiliate of the Housing Authority of the City of San Buenaventura (HACSB), will host its fourth annual Haunted Housing Run/Walk, Saturday, Oct. 26, at San Buenaventura State Beach, 901 San Pedro St. The Haunted Housing Run/Walk offers both a 5K and 10K with chip timing on a fast, flat oceanfront course along the Ventura Promenade. Races begin promptly at 8 a.m., followed by the free Kids Dash at 9 a.m. All proceeds from the event support the Housing Authority's Scholarship Program that assists Housing Authority residents and Housing Choice Voucher program participants to pursue higher education.

Early registration is \$35 for the 5K and \$40 for the 10K. Kids dash is free. Prizes will be awarded for the top three overall male and female finishers in both the 5K and 10K. All 5K/10K race participants receive an event t-shirt, bib and specially designed participation medal; breakfast burritos and donut holes will be served after the race. The family-friendly event will have free face painting, a jolly jump and a photo booth for all to enjoy. Costumes are encouraged with prizes awarded for best adult and best children's costume.

The HACSB Scholarship Program awards six scholarships a year: three at \$2,000 for a four-year college/universi-

ty and three at \$1,000 for community college/technical school. Since its inception in 2015, a total of 20 scholarships have been awarded.

"We believe that education provides opportunity, access and choices and is the key to breaking the cycle of poverty," said HACSB CEO Denise Wise. "100 percent of the proceeds benefit the scholarship program. Most of our previous scholarship recipients were the first in their family to attend college. It is our vision to provide a resource that will allow our youth the chance to maximize their potential and life contribution."

Registration for the Haunted Housing Run/Walk is available online at <https://runsignup.com/Race/CA/Ventura/HauntedHousingRun>. Early registration discount is in effect through Sept. 26. For more information, call HACSB at 805-648-5008 or email hauntedhousingrun@hacityventura.org.

Cocina Sin Fronteras is a 501(c)(3) nonprofit affiliated with the Housing Authority of the City of San Buenaventura HACSB.

The Housing Authority of the City Of San Buenaventura (HACSB) is the largest residential landlord in the City of Ventura, currently managing 295

public housing units, 705 nonprofit affordable rental units, and more than 1,500 Section 8 vouchers. The agency is actively working to increase the supply of affordable housing and to improve the quality of life for hundreds more of the low-income residents of the City of Ventura. <http://www.hacityventura.org/>.

Advocating to eradicate stereotyping and stigma

by Carol Leish

The Diversity Collective of Ventura County's (www.diversitycollective.org) mission statement, according to program manager, Joseph Fummers, is: "To advocate and celebrate those in the LGBT community and those affected by AIDS." The Diversity Collective is the organization of these annual

Continued on page 17



Senior Living

Pull Out Section



"Great fun even if it doesn't lower our risk of getting dementia."

Lower risk of dementia

Following a healthy lifestyle is associated with a lower risk of dementia in cognitively healthy older adults at varying levels of genetic risk for Alzheimer's disease and related dementias, according to a study published online July 14 in JAMA. Funded in part by NIA, the study is the first to examine the relationship between multiple genetic risk factors for dementia and multiple lifestyle factors.

Researchers led by the University of Exeter Medical School, UK, analyzed data from 196,383 participants, age 60 and older, who did not have cognitive impairment or dementia when they joined the UK Biobank study between 2006 and 2010. Using polygenic risk scores based on previously published Alzheimer's disease genome-wide association studies, researchers sorted participants into levels of genetic risk for dementia (low, intermediate, and high). Participants were also assigned a healthy lifestyle score (favorable, intermediate, and unfavorable) based on self-reports of their current smoking status, regular physical activity, healthy diet, and moderate alcohol consumption.

Over a median 8 years of follow-up, 1,769 participants developed dementia. The researchers found that in participants at high genetic risk for dementia, a favorable lifestyle was associated with lower dementia risk than in those with an unfavorable lifestyle. However, scores for genetic risk and healthy lifestyle were independently associated with dementia risk—that is, following a healthy lifestyle was associated with lower dementia risk for participants at all levels of genetic risk, but higher levels of genetic risk were still associated with increased risk of incident dementia at every level of

lifestyle.

The authors noted that additional research is necessary given some of the study's limitations. The participants studied were limited to those of European ancestry, and they volunteered rather than being randomly selected from a sampling frame, making it difficult to generalize to other populations. Also, the average age of the participants at the end of the follow-up period was 72, so the incident dementia cases were relatively low despite the large number of participants tracked. Finally, the crucial lifestyle variables were self-reported by participants rather than being objectively observed.

This research was funded in part by NIA grants R01AG055654, P30AG024824, and P30AG053760.

Sharing and caregiving with the Ventura Parkinson's Disease Support Group

by **Patty Jenkins**

On Wednesday, October 9, from 12:30-2:30PM, the Ventura Parkinson's Disease Support Group is getting the jump on November's National Caregiver Month by joining the National Alliance for Caregiving in "recognizing that the nearly 44 million family caregivers in the U.S. – nearly 20% of the U.S. adult population – provide important societal

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and financial contributions toward maintaining the well-being of those they care for." In the first half of our meeting we will be sharing information for all types of Caregivers and their partners which will then be followed with a "half-round table" for members to share unique experiences, challenges and hopefully some solutions that can help us all on our daily journeys of navigating Parkinson's Disease.

Our meeting will begin with a brief presentation from Brenda Birdwell, Ventura County Family Consultant with Coast Caregiver Resources Center (CRCC) to inform us of the various short-term respite services and counseling services available to all Caregivers. Brenda will be followed by Blair Barker MPH, Care Services Director of the Camarillo Health Care District, Wellness and Caregiving. Blair's presentation will cover the many services available for all Ventura County Caregivers and their partners at the Wellness and Caregiving Center in Camarillo, along with information about respite grants to help take care of you/the Caregiver and your care-partner at home. Blair hopes to help raise awareness of the challenges family caregivers of all types face, help find solutions, support, and also celebrate the efforts of all "family caregiver superheroes!"

During the second half of our meeting, we encourage all of our Parkinson's Support Group members and their care-partners to join in our "half-round" discussion about how we all cope with the many and seemingly ever-changing aspects of Parkinson's Disease.

Join us Wednesday at Ventura City Hall's Community Meeting Room # 202; 501 Poli Street. The Ventura Parkinson's Disease Support Group welcomes the

public along with those who find themselves navigating the challenges of Parkinson's Disease and other neurological conditions. We are an independent and volunteer-organized group not affiliated with any other organization or group. For more information and important detailed directions to our meetings, please call Patty at 805-766-6070.

City Council approves Senior Strategic Planning Committee

by **Richard Lieberman**

In a recent City Council meeting the council approved a new ad-hoc committee designed to develop a senior strategic plan. The new committee will be managed by the Parks, Recreation and Community Partnerships staff.

The strategic Planning Committee will consider where the organization is currently on senior issues, and what the committee wants to see happen in the next three to five years. This new committee's goal is to establish a plan for how to achieve the goals they establish for the current and future of Ventura seniors. The committee will also identify the strengths, weaknesses, opportunities and any potential threat to the strategic plan as it affects seniors in the city.

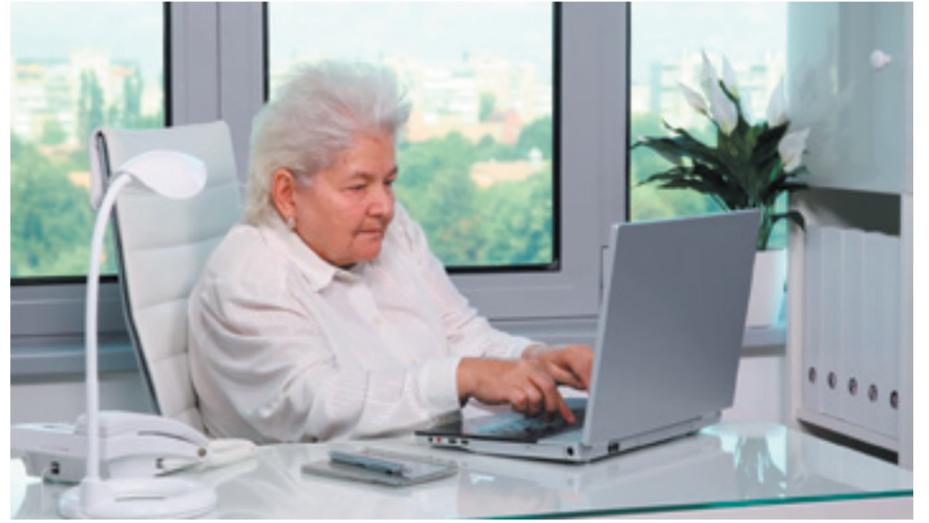
The council approved the appointment of six individuals to the Senior Strategic Planning Committee. The individuals approved by the council are

Continued on page 13



On Sept. 13, The Lexington Assisted Living held a BBQ lunch to honor Ventura's first responders. Enjoying the event were Ventura Chief of Police Ken Courney (on the right), fellow officers, residents of Lexington and Lexington Executive Director Eric Terrill. 5440 Ralston Street, Ventura, CA 93003. (805) 644-6710. contact-lexington@lexingtonliving.net.

Senior Living



"Good thing that I have good computer skills if I need to keep working!"

The Pay Gap is an Aging Issue

by Lauren Popham, PhD

We weren't surprised when more than half of women responding to a survey we conducted with Ipsos said they are worried about outliving their savings. Income is tied to lots of aspects of aging, but the way that plays out once you turn 60 is very different for men and women. One major reason: the gender pay gap.

Women are more likely to experience financial insecurity than men, and this discrepancy becomes even more pronounced later in life. Making less than their male coworkers means women have less money saved when they retired, and will draw less money from Social Security once they're eligible. We're left with sobering statistics like this from the Health and Retirement Study: half of women age 60 or older have household incomes below \$39,600, yet the median income for men in the same age range is \$55,000.

Despite entering retirement age at a disadvantage, women tend to live longer and face more out-of-pocket costs for things like medication each year. This longevity means that women's limited income and assets have to be stretched even further than men's. Older adults of color fare even worse. Around one in five older Black/African American and American Indian/Alaskan Native women is in poverty, with an annual household income of just \$12,490 for a one-person home.

So much of our work is focused on public benefits programs because they play a critical role in helping low-income older adults stay economically secure. Many eligible older

adults miss out on these benefits because they are not aware of the programs or they do not know how to apply. Since 2010, the Center for Benefits Access at NCOA has helped over 368,000 older women through community-based organizations enroll in benefits to pay for basic expenses to meet their health needs.

Among these benefits are Medicaid, the Supplemental Nutrition Assistance Program (SNAP) to pay for food, Medicare Savings Programs to afford premiums, Part D Extra Help/Low Income Subsidy to afford prescription drug costs, and the Low Income Home Energy Assistance Program to pay heating and cooling bills. In addition, our online screening tool BenefitsCheckUp® (BCU) has connected an estimated 2.9 million women with benefits after they completed a screening. We know based on a recent evaluation that many eligible older adults who complete a screening on BCU go on to apply for and enroll in benefits.

Despite these concerns, the story of aging in America is hardly all doom and gloom. 61% of the seniors we surveyed are satisfied with their lives, and 59% expect to feel similarly in three years. That's an important thing for everyone concerned about aging issues to remember. By working with today's seniors and encouraging younger generations that the pay gap is an issue that affects us all, we can build a stronger movement to make aging well a reality for everyone.



Your Medicare card

When you're enrolled in Medicare, you'll get your red, white, and blue Medicare card in the mail. If you're automatically enrolled, you'll get your red, white, and blue Medicare card in the mail 3 months before your 65th birthday or your 25th month of getting disability benefits. Your Medicare card shows that you have Medicare health insurance. It shows whether you have Part A (Hospital Insurance), Part B (Medical Insurance) or both, and it shows the date your coverage starts.

Be sure to carry your card with you when you're away from home. Let your doctor, hospital, or other health care provider see your card when you need hospital, medical or other health services.

5 things to know about your Medicare card

Your card has a Medicare Number that's unique to you, instead of your Social Security Number. This helps to protect your identity.

Your card is paper, which is easier for

many providers to use and copy.

If you're in a Medicare Advantage Plan (like an HMO or PPO), your Medicare Advantage Plan ID card is your main card for Medicare—you should still keep and use it whenever you need care. And, if you have a Medicare drug plan, be sure to keep that card as well. Even if you use one of these other cards, you also may be asked to show your Medicare card, so keep it with you.

Only give your Medicare Number to doctors, pharmacists, other health care providers, your insurers, or people you trust to work with Medicare on your behalf.

If you forget your card, you, your doctor or other health care provider may be able to look up your Medicare Number online.

Watch out for scams

Medicare will never call you uninvited and ask you to give us personal or private information.

Scam artists may try to get personal information, like your Medicare Number. If someone asks you for your information, for money, or threatens to cancel your health benefits if you don't share your personal information, hang up and call us at 1-800-MEDICARE (1-800-633-4227). Learn more about the limited situations in which Medicare can call you.

How can I replace my Medicare card?

If you need to replace your card because it's damaged or lost, sign in to your MyMedicare.gov account to print an official copy of your Medicare card. If you don't have an account, visit MyMedi

Continued on page 13

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Senior Living



“These public forums really help us with senior issues.”

Measure O funding to develop a Senior Strategic Plan

The City of Ventura needs your input. City Council allocated Measure O funding to develop a Senior Strategic Plan. To start the process, two public forums will be held on Tuesday, October 1st to gather community input on senior services and needs in the City of Ventura. Public Forum #1, Tuesday, October 1, 2019 11 am -12:30 pm at City Hall in the Community Meeting Room
Public Forum #2, Tuesday, October 1, 2019 6:30 pm - 8 pm at City Hall in the Community Meeting Room

City Hall is located at 501 Poli Street. The Community Meeting Room is located on the 2nd floor of the building in Room 202. Parking is in the rear of the building.

GreenPlay, LLC, a nationally known parks and recreation management consulting firm has been hired by the City

of Ventura to develop a Senior Strategic Plan. During the week of September 30th GreenPlay will be hosting public forums, focus groups, and stakeholder meetings to gather valuable community input. GreenPlay will also be conducting a senior needs assessment survey throughout the month of October.

The Senior Strategic Plan will allow the City of Ventura to identify current and emerging senior needs, potential gaps in services, and partnership opportunities. In addition, the plan will develop a set of realistic goals for meeting senior needs with strategies and actionable steps for accomplishment.

If you have any questions regarding the Senior Strategic Plan, please contact Community Partnerships Manager, Emily Fox at efox@cityofventura.ca.gov.

City Council approves Senior Strategic

Continued from page 11

Gregory Bourdreaux, Stanlee Cox, John Darling, Lynn Kipp, Suz Montgomery and William Nelson. The appointments will be based on an approximate term of six months or until the Senior Strategic Plan is developed. Once the plan is complete the committee will terminate.

Parks, Recreation and Community Partnerships Director Nancy O'Connor welcomed the Committee and is ready to begin its work. A consultant will be selected to assist with the development of the senior strategic plans.

Parks, Recreation and Community Partnerships staff will present to the City Council the proposed Senior Strategic Plan developed by the new committee for presentation and adoption before summer 2020.

Your Medicare card

Continued from page 12

care.gov to create one.

If you need to replace your card because you think that someone else is using your number, call us at 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

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This 'n' That



You won't get to see the Breeze banner at Olivas until next year.

Music Under the Stars, is over for this year

"The last concert of the 32nd summer concert series, Music Under the Stars, is over. Held at the Olivas Adobe, all of the 2019 concerts sold out quickly. Next year promises to be another great season, so when tickets become available, be sure to buy them early, www.cityofventura.ca.gov/957/Music-Under-the-Stars.

Next up, the Olivas Adobe's Historical Interpreters (OAH), the Adobe's volunteer docents, are hosting Rancho Days on Sunday, September 29, from 11 am - 3 pm. Enjoy this event with interactive activities for kids including

kids Outreach roping and gold panning, candle making, woodcarving, a cactus walk, informational tours and more.

Featured entertainment includes Richard Senate Storytelling (ghost stories), Mariachi, Folkloric las Islas, California State Old Time Fiddler Association and the Frontier Gunfighters walking around maintaining order on the old Rancho Olivas. This is a donation requested event - \$5 Family or \$3 per Adult and \$1 per Child. The Olivas Adobe is located at 4200 Olivas Park Dr in Ventura, next to the golf course.

Rotary Club Of Ventura South to host Trivia Challenge

The Rotary Club of Ventura South will host its 31st annual Trivia Challenge fundraiser in support of the Ventura County Library's Adult Literacy Program on Wednesday, November 6.

The event begins at 6:00 p.m. at the Tower Club, 300 E. Esplanade Drive in Oxnard.

The popular event features a "Jeopardy-like" game in which teams of three people compete for trophies by answering a variety of questions on topics ranging from history to entertainment to sports and general trivia. Teams fall into four categories: Youth (under 25), Service Club (e.g., Rotary, Kiwanis, etc.), Business, and Community. Entry fees are \$375 per team (\$300 if paid by October 23) and \$125 for individuals (\$100 if paid by October 23). Businesses and individuals are also encouraged to sponsor teams (in whole or in part) and will be recognized in the evening's program. Spectators are welcome for \$10. Hors d'oeuvre will be served, and cocktails and soft drinks will be available for purchase.

All proceeds from the event will support the Ventura County Library's READ Program, which provides free one-on-one tutoring for adults who want to learn to read. The program also provides free books, special programs for dyslexic adults, computer-assisted instruction, second language reading instruction, and

family literacy activities. Since 1984, the program has helped thousands of Ventura County adults achieve personal literacy goals such as passing GED tests, achieving U.S. citizenship, and gaining employment. READ has been recognized as one of the top community-based literacy programs in California.

Additional details and sign-up forms are available on the Rotary Club of Ventura South's website: venturasouthrotary.org, or by calling 805-677-7160 or 805-217-9012. Information on the Library's READ program is available online at vencolibrary.org.

The Rotary Club of Ventura South is one of more than 35,000 Rotary clubs with 1.2 million members around the world. Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Our clubs work together to promote peace; fight disease; provide clean water, sanitation, and hygiene; save mothers and children; support education; and grow local economies. Rotary Ventura South meets at noon every Monday at the Tower Club in Oxnard (300 E. Esplanade Drive, 22nd Floor). Visitors are always welcome. For more information, visit venturasouthrotary.org.

County to host Job and Career Fair

The County of Ventura Human Resources Department will be hosting a job and career fair on Thursday,



On Sept. 20, at 9am, three people were transported to Ventura County Medical Center after a two-vehicle head on collision on Harbor Blvd. near Schooner Drive. Police and firefighters arrived on scene to find one victim trapped in a passenger van surrounded with gasoline leaking from the vehicle. The occupants of the second vehicle had self-extricated. Firefighters extricated the trapped victim, provided fire suppression to control the gasoline hazard, triaged and treated the accident victims.

September 26. The event is open to the public and there is no charge for entrance or parking.

The career fair will be held in the main courtyard of the Ventura County Government Center, between the Hall of Administration and the Hall of Justice. The fair will run from 10 a.m. until 1 p.m.

"The County hires talented people for a wide range of exciting and mission-driven occupations; from public safety and social services to Public Works," said Shawn Atin, Human Resources Director. "We have opportu-

nities for accountants, analysts, health professionals and many other careers. All of our County agencies and departments will be represented at the fair, so it's a great opportunity to find a perfect career fit."

Attendees can learn about careers in administration and support; engineering; environmental protection; planning; agriculture; health care; law enforcement; public safety; public works; recreational services; technology and much more.

More information on County jobs can be found at hr.ventura.org.



The Ventura Breeze crew slaving away to get the next copy of the Breeze out in time.



This 'n' That

The celebration of Jewish New Year

Rosh Hashanah occurs on the first and second days of Tishri. Jewish Year 5780 at sunset on Sept. 29 (The Jewish calendar date begins at sundown of the night beforehand. Thus all holiday observances begin at sundown on the secular dates listed, with the following day being the first full day of the holiday.) In Hebrew, Rosh Hashanah means, literally, “head of the year” or “first of the year.” Rosh Hashanah is commonly known as the Jewish New Year. This name is somewhat deceptive, because there is little similarity between Rosh Hashanah, one of the holiest days of the year, and the American New Year.

There is, however, one important similarity between the Jewish New Year and the American one. Many Americans use the New Year as a time to plan a better life, making “resolutions.” Likewise, the Jewish New Year is a time to begin introspection, looking back at the mistakes of the past year and planning the changes to make in the new year.

The shofar is a ram’s horn which is blown somewhat like a trumpet. One of the most important observances of this holiday is hearing the sounding of the shofar in the synagogue.

No work is permitted on Rosh Hashanah. Much of the day is spent in temple, where the regular daily liturgy is somewhat expanded. There is a special

prayer book called the machzor used for Rosh Hashanah and Yom Kippur because of the extensive liturgical changes for these holidays.

The common greeting at this time is L’shanah tovah (“for a good year”). This is a shortening of “L’shanah tovah tikatev v’taihatem” which means “May you be inscribed and sealed for a good year.”

Yom Kippur on Oct. 9, also known as the Day of Atonement, is the holiest day of the year in Judaism. Its central themes are atonement and repentance. Some Jewish people traditionally observe this holy day with an approximate 25-hour period of fasting and intensive prayer, often spending most of the day in synagogue services.

Yom Kippur completes the annual period known in Judaism as the High Holy Days or Yamim Nora’im (“Days of Awe”) that commences with Rosh Hashanah.

Happy New Year to a few famous Jews:

Albert Einstein, Sigmund Freud, Karl Marx, Leon Trotsky, Harry Houdini, Marx brothers, Steven Spielberg, Sandy Koufax, Irving Berlin (Ironically, his compositions included “White Christmas” and “Easter Parade”), Mel Brooks, Dustin Hoffman and Peter Sellers.

City Manager Alex McIntyre seeks approval for outreach services

by Richard Lieberman

At the September 9th City Council meeting Alex D. McIntyre, City Manager presented a proposal to authorize the City manager to hire a full time Outreach Homeless Services Worker to be assigned to the city for a period of 19-months.

McIntyre explained, “When consistent outreach and engagement with the homeless population occurs, unsheltered individuals are much more likely to be receptive to available services and start their journey into shelters and permanent housing.”

Currently there is no outreach worker for anyone in the homeless population to connect with making it less likely for a homeless individual to seek available services. When anyone in the homeless population reaches out to city staff, the Ventura Police Patrol Task Force or the Downtown Ambassadors there is currently no dedicated outreach worker to contact. “This outreach worker funded in partnership with the County, will be responsive to the various aid groups and will be able to refer directly to our year-round shelter,” he added.

He also stated, “Proactive outreach is a necessary tool to support the efforts of our upcoming shelter and build relationships with homeless individuals in our community. The City relies

heavily on local social service groups to provide outreach; however due to funding trends there is not a strong base of outreach workers who are not tied to heavy caseloads. Currently there are only nine social workers for the entire county of Ventura, all who work reactively rather than proactively due to the large homeless population and lack of adequate grant funding.”

The new position will be an employee of the County Human Services Agency. The goal of this new position is to keep the outreach worker on the streets five days a week, connecting with new and current homeless individuals. The new outreach worker will help with setting up appointments, registering the homeless in programs and reducing barriers towards permanent housing.

City Attorney Gregory G. Diaz requested the City to extend a legal services agreement with the law firm of Best, Best and Krieger LLP in the amount of \$1,300,000 to continue representation.

The lawsuit filed by the Santa Barbara Channelkeeper against the State Water Resources Control Board and the City of Ventura is to seek immediate relief relating to the City’s use of water from the Ventura River. The City has been litigating this case since it was filed on September 23, 2014 and continues to this date.

It is important to recognize that Ventura River water is an essential part of the city’s water supply. The City has maintained water rights on the Ventura River for more than a century. The city filed a cross-complaint in September 2018 seeking to bring into the law suit all other cities that use water from the Ventura River. The court agreed with the city that it could bring in other users of the river water supply.

May the year ahead be filled with the blessings of health, happiness and peace.

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TempleBethTorah.com

The costs of this lawsuit most significantly occur in the area of the scientists and experts needed to appropriately evaluate the watershed, and the sensitive species and habitat and develop a judicial solution to the matter. The city’s attorneys have requested a more accurate and detailed report on the Ventura River Basin to show the effects of ground water pumping on River flows, and the impact of dams and other diversions upon the river flows and habitat.

At this crucial time in the lawsuit the city attorney is recommending the city counsel authorize an additional \$1,300,000. The council approved the recommendation. The City Attorney added, “We recognize that this is going to continue to be a complicated, complex and expensive litigation matter; however it is one that is important to the City in order to protect its water rights to ensure and adequate water supply is available for city users, while also addressing the needs of the environment.”

30th Annual Day of Caring

Continued from page 6
need/?s=1&need_init_id=1708 or by going to www.volunteerventura-county.org, clicking on needs and searching for 2019 Day of Caring.

For 2019, 24 projects are being hosted by 20 agency partners, including:

- StepUpVentura Ventura
- Turning Point Foundation Ventura
- Ventura County Library - E.P. Foster Library Ventura

Presenting sponsors include Anthem, Enterprise, CBC Federal Credit Union, and California Lutheran University.

To sign up and for more information online at <https://vcunitedway.org/day-of-caring/>.

Since 1945, United Way of Ventura County has advanced the common good by creating opportunities for a better life for all. Our focus is on education, income and health, because these are the building blocks for a good quality of life. We support local services and programs that are more than just ‘stop gap’ measures, but rather solutions that help create lasting change. We invite everyone to be part of the change by giving, advocating and volunteering. When we work together in common purpose, we Live United. For more information about United Way of Ventura County, visit www.vcunitedway.org.

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Ginny’s bad, she’s bold and can be deadly!
Another great read by James Francis Gray



The Pet Page



Dedicated to Scamp

Canine Adoption and Rescue League (C.A.R.L.) presents a blues and roots music festival from noon to 6p.m. Oct. 12 at Promenade Park on Figueroa Street in Ventura. There will be live bands, food, beer, wine and a raffle. Entry is \$25. Live entertainment acts scheduled include the bands Kelly's Lot, Crooked Eye Tommy, Jim Gustin & Truth Jones, plus special guests.

Proceeds from CARL Fest will support the nonprofit's efforts to save, care for and find 'forever families' for dogs who have been abused, abandoned or neglected. Many are pulled from Camarillo Shelter or Simi Valley shelter. Currently, the no-kill organization has more than 70 canines available for adoptions. Foster homes are always needed and welcome as well.

You can see some of the rescue's dogs at regular adoption events at a location near you from 12-3pm; Pet Barn in Ventura, every Saturday; or Pet Food Express in Thousand Oaks, 2nd Saturday each month. Other places are Petropolis in Camarillo (4th Sat. monthly (Except



Leo is able to make an immediate connection with homeless military veterans.

Sept) 10am-2pm); Petsmart in Camarillo (third Sat., 12-3pm), Petco in Westlake (1st. Sat. monthly, 12-3); as well as places in Oxnard, Ventura and Port Hueneme.

While awaiting their forever homes, the dogs are housed by generous volunteer foster families or at our boarding/kennel facility in Santa Paula. We have dedicated volunteers who walk, visit, play with or bathe the dogs there, but could always use more volunteers. Let's find homes for these precious pooches!

While the dogs are in Project Second Chance, C.A.R.L. provides necessary veterinary treatment, vaccinations, etc. Choose from canines of all sizes, ages, different looks and varied personalities. Dogs in their adoption program are placed in pre-screened, loving and secure homes. CARL makes a lifetime commitment to all their dogs.

CARL's mission is to advocate for animal welfare, seeking to end the

needless deaths of companion animals through its adoption, education, and outreach programs. They rely entirely on donations and do not receive government, state or city funding.

The rescue's new thrift store helps their mission to help animals. All proceeds go directly to help the animals. The new store location is at 2750 E Main St, Suite B, next to Smart & Final.

For more information, call 805-644-7387 or go to carldogs.org and you can always find dogs to adopt in the Ventura Breeze.

■ A service dog with a specialized skill that can help save the lives of a homeless military veterans is getting a much-needed surgery, thanks to Gold Coast Veterans Foundation (GCVF). The 165-pound, white Samoyed mix named Leo ventures into homeless encampments throughout Ventura County and is able to make an immediate connection with homeless military veterans, who are often resistant to being contacted and engaged in social services.

Rafael Stoneman, Leo's companion, is the director of GCVF's Mobile Veteran Outreach program that provides care and services to homebound and homeless veterans. Stoneman, once a homeless veteran himself, has a degree in psychology and addiction counseling.

"Leo is our secret weapon in the battle to end veteran homelessness in Ventura County," Stoneman said. "Homeless veterans immediately clam up or disappear when law enforcement, county mental health professionals, or social service workers try to engage them. But Leo breaks down all the barriers and gets the conversation started faster than any person could. They immediately sense they can trust him."

On Thursday, Sept. 12, a group of influential foundation leaders and government agency representatives came together to formally recognize how important Leo and Rafael's work is. GCVF Chairman Dennis Murphy recounted how their efforts recently saved the lives of veterans and their families, including one newborn infant. A recognition plaque from Assemblymember Jacqui Irwin was presented.

But in order for Leo and Rafael to continue their work, help was needed. The enormous animal suffers from hip dysplasia, which makes it difficult for him to walk the streets and alleyways where he works his magic. Surgery is his best chance to get his mobility back.

With this in mind, the highlight of the evening was a check from the GCVF board for \$5,000 to cover the cost of the surgery.

"When we make a connection and have a real talk, the veterans become interested in their VA healthcare, PTSD counseling, getting sober and coming back to the world," Stoneman said. "Leo's a big part of saving these veterans' lives."

Mobile Veteran Outreach brings

Scamp Club

(Scampclub pets are not for adoption.)



Winnie and Livi providing comfort (and laughs) for patients and staff at Ventura County Medical Center.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

comprehensive help, services and support directly to homeless military veterans. All services are free of charge. For more information, visit <http://www.gcvf.org> or call 805-482-6550.

Gold Coast Veterans Foundation, a nonprofit uniquely focused on disrupting the root causes of veteran homelessness in Ventura County, California, offers comprehensive services for low-income, at-risk, homeless and disabled veterans. For more information, visit <http://www.gcvf.org>.

■ Dog owners, if you've been waiting to give up your pet's pig ears, the US Centers for Disease Control and Prevention advises that now is the time. A warning about a multistate salmonella outbreak tied to the treats has been updated to include all pig ear products.

"A total of 127 people infected with the outbreak strains of Salmonella have been reported from 33 states," the CDC stated.

FDA, CDC warn dog owners not to buy pig ear treats or feed them to pets. Animals and their humans can get sick from simply handling these treats or caring for a dog who has eaten one.

The CDC recommends that adults and children wash their hands after playing with or feeding their pet. Owners should discourage their pets from licking humans' faces after they eat or from licking open wounds. Pet food should also be stored away from human food to avoid any contamination.

The CDC and the US Food and Drug Administration are also advising retailers not to sell pig ear treats.



Mitzi (2002-2019)

She was such a beautiful little lady, she will be missed by Tony who said "She was the best faithful friend I ever had. The memories of Mitzi will last forever for the rest of my life."

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\$10 Low/No Income Spay & Neuter Thurs., Oct 3rd

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Must call for appointment (805) 584-3823

\$10 Low/No Income Spay & Neuter Thurs., Oct 24th

Shiells Park parking lot, 649 C Street

Fillmore, CA 93015

Must call for appointment (805) 584-3823

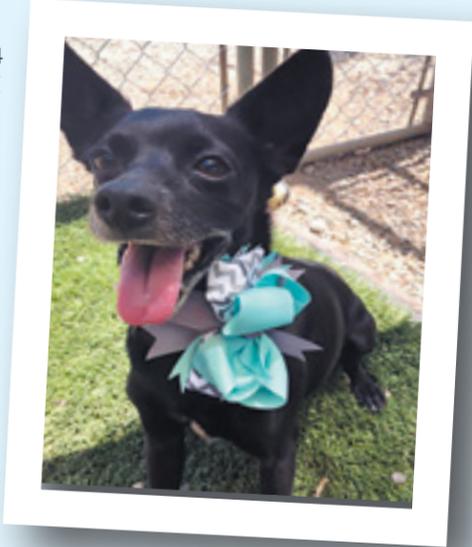
805.641.1170



The Pet Page

Forever homes wanted

Hi! I'm Cole a very active 4 1/2- year-old Chihuahua X who is still waiting for my forever home. I enjoy having structure and need someone who will continue training with me. I'm a smart guy who gets overstimulated easily, so young kids are not for me. I need time to get to know you, but once I do I'm a love. I hope my special someone comes for me soon. Canine Adoption and Rescue League C.A.R.L.



Adoptable Brûlée is the total package. This petite and beautiful bunny is very sweet and loves people. She hopes to find a loving, indoor home of her home in time for International Rabbit day, which is celebrated annually on the 4th Saturday of September. facebook.com/vcasbunnybrigade. Ventura County Animal Services - Camarillo location - 600 Aviation Drive. A711802 Brûlée

26th Annual Artwalk Ventura 2019

FREE Art Festival

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20 Locations

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This 'n' That



Pictured are Keith Barnard, VP of Sourcing at Mission Produce & Ventura College Foundation Board Member; Dr. Kim Hoffmans, President of Ventura College & Ventura College Foundation Board Member; Matt LaVere, Mayor of Ventura & Ventura College Foundation Board Member; Dorothy Farias, Faculty & Program Director, Ventura College Agriculture; Anne Paul King, Executive Director, Ventura College Foundation and Felicia Dueñas, Dean of Ventura College Career Education II. Photo by Bernie Goldstein.

Ventura College unveils new two-year agricultural business program

Mission Produce, the leading global supplier of high-quality retail and food-service avocados, has installed a new one-acre commercial avocado orchard at Ventura College. The unveiling was held Wednesday, September 18. The company is providing a \$15,000 in-kind donation to reinvigorate the orchard.

Because of the Mission's generosity, Ventura College was able to enhance its agricultural programs and upgrade

its orchard for a hands-on student experience. Students in the school's new two-year agriculture business program will now be able to learn how a commercial orchard is maintained, avocados harvested, prepared for market and then sold. The Ag program will receive a portion of the avocado sales proceeds.

Students participating in the Agriculture program will apply knowledge of plants, animals, soils, and climates

to environmental settings with understanding of basic principles of soil fertility and water quality. Students will predict plant growth outcomes by applying basic principles of botany, and be able to recommend management strategies in the use of Earth's natural resources, including the ability to recognize, interpret, and recommend control strategies for common plant pests and diseases, and understand the implications of the use of herbicides, pesticides, fertilizers, and integrated pest management principles used in Agriculture, Landscape Management, and Natural Resources Management.

Because agriculture is one of the top employers in the County, bringing in over two billion dollars, the goal is to introduce additional programs at Ventura College that get young people excited about potential careers in the industry. Keith Barnard, vice president of sourcing at Mission Produce and a member of the board of directors of the Ventura College Foundation, was instrumental in creating the Ventura College-Mission Produce partnership and reinvigorating the Ag program at the college. "One of the reasons I became involved with the Ventura College Foundation is because I believe in its mission to support students. Reestablishing the orchard was one of my goals as a board member," said Barnard.

Advocating to eradicate

Continued from page 10
events: Ventura County Pride; AIDS Walk Ventura; and, The Diversity Gala.

According to, Joseph, "At our recent Ventura Count Pride: 2,500 people attended; 100 vendors participated; and, we raised \$80,000."

"In 2014, the Diversity Collective, Ventura County, became a nonprofit 501c3," according to, Joseph. "We give cultural proficiency trainings, and talks about HIV; AIDS; and, about the LGBT community in order to educate and advocate, since there is too much stigma and misinformation within the community." He also emphasized that, 'Besides their being males and females, there are also those who are intersex, who are 1.7% of the population, which is as common as those who are redheads.'

These programs include: The Rainbow Umbrella Program, which is for youth between the ages of 13-23, that meets Friday evenings from 5:30-7:30; HIV & AIDS free testing every third Monday of the month; LGBT AL-ANON that meets Sunday mornings at 11:00; and, free counseling: Call Nathan, of the Coalition for Family Harmony at: (712) 624-4447 in order to set up a free counseling session.

Thus, in order to eradicate stereotyping and stigma towards those who are either: LGBT; physically and/or mentally disabled; and/or because of sexism or racism, let's all realize that becoming more aware makes us all realize that we are all more similar than different.

Diversity Collective, which is located at 2471 Portola Ste. 100, in Ventura, offers various programs. Their phone is (805) 644-LGBT (5428).



by Pam Baumgardner
VenturaRocks.com

Back in the day as Program Director of KXBS the Bus here in Ventura in the 90s, one of our local bands that did pretty well for themselves was No Motiv. Well they are getting back together to celebrate the 20th anniversary of their release *And the Sadness Prevails*. They'll be playing a handful of shows including one at Discovery on Friday, November 1. Tickets are only \$13 (in advance, \$15 day of). Out of Trust, Slowtrip and Omega Point will also play.

Speaking of Discovery, along with giving local bands a stage to play and bringing amazing tribute and Reggae bands to town, they'll have Good Riddance (supporting new album, *Thoughts and Prayers*) on Saturday, October 5 and English punk rock band, Subhumans on Monday, October 21.

You'll want to hold a spot for these events coming up, so mark down on your calendar now so you don't miss them, both fall over the same weekend too. First there's CARLFest Blues & Roots Music Festival at Promenade Park on Saturday, October 12 with Kelly's Lot, Crooked Eye Tommy, Jim Gustin & Truth Jones plus some special guests; and then there's the Seaside Highland Games at the Fairgrounds over the entire weekend, October 12 and 13 with Sligo Rags, Cockswain, Seven Nations and Nerea playing on a number of stages.

Quick Notes: Limon y Sal hosts live bands on Saturday afternoons 1-4 pm; Dallas Hodge (worked with Canned Heat & Steve Marriott) returns to Grapes and Hops on Friday, September 27; The Garage hosts The Pretty Uglys, Amo Corps, Rising Elijah and Electric Children on Friday, September 27; Caught Red Handed plays Cantara Cellars on Saturday, September 28; Hip Hop, R&B artist Mo Stylez has a show at Knights of Columbus on Saturday, September 28; there will be a free Chamber concert with woodwind quintet at the Ventura College Performing Arts Center on Saturday, September 28; The Rubicon Theater's run of "I Dig Rock and Roll" will come to an end on Sunday, September 29; The Dead Kennedys play with The Living End at the Ventura Theater on Friday, October 4; The Native Howl is on tour and will make a stop at Oak and Main on Saturday, October 5; The Colette Lovejoy Band plays Pier under the Stars on Saturday, October 5; and finally, Four Brix Winery is launching a SunDay FunDay the first Sunday of the month with Charlie Baker playing October 6.

Congratulations to Polly and Steve Hoganson for pulling off another wonderful Topa Mountain Music Fest at Libbey Bowl. I was so grateful to have been asked to emcee; it was truly a remarkable day with extraordinary talent all day long and for such a great cause. Net proceeds go to Stand Up to Cancer and the Glioblastoma Foundation.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com. For updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Blue Agave

185 E. Santa Clara
Fridays: Mariachi Band; DJ
Saturdays: DJ

The Blue Room

Ventura Harbor Village
(Next to Comedy Club)
Thursdays: Gypsy Blues Band

Boatyard Pub

Ventura Harbor Village
Tuesday-Thursday 6 pm, Friday & Saturday 7 pm

Tuesdays: Jason Ho/Frank Barajas
Thursdays: Bluegrass Jam

Wed 9/25: Karen Eden

Fri 9/27: Teresa Russell

Sat 9/28: Karen Eden

Bombay Bar & Grill

143 S. California Street
Thursdays, Friday & Saturdays: DJs
Sunday 2-7: DJs

Café Fiore

66 S. California Street

Wed 9/25: Big Adventure

Fri 9/27: Vinyl Gypsies

Sat 9/28: Jason Bourne

Cantara Cellars

126 Wood Road, Suite 104

Camarillo, CA

Thursdays: Karaoke

Sat 9/28: Caught Red Handed

Casa Bella

391 E. Main Street

Thursdays: Danny D.

Fri 9/28: Doc Rogers

The Cave

4435 McGrath Street

5:30 - 8:30 pm

Weds & Saturdays: Varon Thomas

Thurs & Fridays: Warren Takahashi

Copa Cubana

Ventura Harbor Village

Music 7 pm; Sundays 4 pm

Tuesdays: The Jerry McWorter Trio

Wednesdays: Al Macias Jazz Open Mic

Fri 9/27: Tony Ybarra

Sat 9/28: DJ Chuy

Sun 9/29: House Arrest

Dargan's Irish Pub & Restaurant

593 E. Main Street

Sun 10/6: Sunday Drivers (4 pm)

Discovery

1888 Thompson Blvd

Thurs 9/26: Eureka, Th3rd Coast

Roots

Fri 9/27: Erotic City

Sat 9/28: High Voltage

Fri 10/4: Shaky Feelin'

Sat 10/5: Good Riddance, 88 Fingers

Louie, Skullcrack

Duke's Griddle n Grill

1124 S. Seaward

Wednesdays: Karaoke

El Rey Cantina

294 E. Main Street

Fridays: DJ

Saturdays: DJ

Four Brix Winery

2290 Eastman Avenue

Music 6 - 8:30 pm Friday; 12 - 4

Sunday

Fri 9/27: Mark Masson & Phriends

Fri 10/4: Ignition

Sun 10/6: Charlie Baker

Garage

1091 Scandia Avenue

Fri 9/27: Amo Corps, Rising Elijah, Electric Children, Pretty Uglys

Gigi's Cocktails

2493 Grand Avenue

(805) 642-2411

Thurs, Fri & Sat: Karaoke

Golden China

760 S. Seaward

(805) 652-0688

Karaoke seven nights a week 9 pm

Tuesdays 7 pm: Open Mic

Grapes and Hops

454 E. Main Street

Wed & Thurs 6 pm; Fri & Sat 8 pm,

Sun 4 pm

Fri 9/27: Dallas Hodge

Thurs 10/3: The Session w/ Jim

Altman

Hong Kong Inn

435 E. Thompson Blvd

Fri 9/27: Fuse, No Class, Lasso the

Moon, Drought

Sun 9/9: Urbane Groove

Keynote Lounge

10245 E. Telephone Road

Tues, Wed and Sun: Karaoke

Thursdays: Open mic night

Fri 9/27: Heathers on Fire

Sat 9/28: Sin Chonies

Knights of Columbus

36 Figueroa Street

Sat 9/28: Mo Stylez Live at S.N.S.T.

Leashless Brewing

585 E. Thompson Blvd.

Tues: Open Mic, The Listening Room

Wed 9/25: Mark Masson

Fri 9/27: Shawn Jones

Sat 10/5: DJ Poetic Electric

Limon y Sal

598 E. Main Street

Fridays: DJ

Saturdays: DJ

Sundays: Instone (1-4 pm)

Sat 9/28: 805 Allstarz (1-4 pm)

Sat 10/5: Vinyl Gypsies (1-4 pm)

Made West Brewing

1744 Donlon Street

Thurs 6 pm; Sat 4 pm; Sun 3 pm

Thurs 9/26: Tom Collins

Sun 9/29: Jeremy Ferrara Band

Thurs 10/3: Medicine Hat

Sat 10/5: Left Hand Lions

Sun 10/6: 50 Sticks of Dynamite

Majestic Ventura Theater

26 S. Chestnut Street

Fri 10/4: Dead Kennedys, The Living End

Margarita Villa

Ventura Harbor Village

Fri & Sat 7 pm; Sun 4-7 pm

Fri 9/27: Freedom of Expression

Sat 9/28: Bejammington

Sun 9/29: Doc Rogers Band

Fri 10/4: Corsican Brothers

Sat 10/5: Sin Chonies

Sun 10/6: Mark Masson & Phriends

Namba

47 S. Oak Street

Sat 10/5: Atmasandhi

Sun 10/6: Totally Welcome Song

Circle

Oak and Main

419 E. Main Street

Tuesdays: Beer Bros. Open Mic

Wed 9/25: Frank Barajas

Fri 9/27: Kyle Swan & the Honebrews

Sat 10/5: The Native Howl

O'Leary's

6555 Telephone Road

Wed: Karaoke

Paddy's

2 W. Main Street

Wednesdays: Karaoke

Fri & Sat: DJs

Pier Under the Stars

North side of Pier

Sat 10/5: Colette Lovejoy Band

Pizza Man Dan

1413 S. Victoria Avenue

Tues 10/8: Celtic Music

Prime

2209 E. Thompson Blvd

Tuesdays: Danny D.

Rubicon Theater

1006 E. Main Street

9/11 - 9/29: I Dig Rock and Roll

Music

Sandbox Coffeehouse

204 E. Thompson Blvd

805-641-1025

Thurs 6 pm, Weekends noon

Thursdays Open Mic

Sat 9/28: Eaton Young

Sat 10/5: Steve the Singer

Sans Souci

21 S. Chestnut

Sundays: DJ Darko

Mondays: Karaoke w/ Brian Parra

Tuesdays: DJ Nick Dean

Wednesdays: Open mic

Thursdays: DJ Spinobi

Fri 9/27: IDecline

Sat 9/28: Stevie Char

The Shores Restaurant

1031 Harbor Blvd, Oxnard

Thursdays: Karaoke

Fri 9/27: Blues Bullet Duo

Sat 9/28: Rebel Rose

Fri 10/4: Ray Ray and the Posse

Sat 10/5: Harpecore

The Star Lounge

343 E. Main Street

Thursdays: DJ Terry

9/27: Reign

The Tavern

211 E. Santa Clara Street

(805) 643-3264

Wed 9/25: Tung, O Zorn, The

Frequency Within, Easy Death

Sat 9/28: The Black Stripes

Fri 10/4: I Want my 80s

Topa Mountain Winery

821 W. Ojai Avenue, Ojai

Music Saturdays: 5-7; Sundays 4-6

Sat 9/28: Danny McGaw

Sun 9/29: Patricia Avis Trio

Ventura College Performing Arts Center

4700 Loma Vista Road

Sat 9/28: Chamber Music Concert w/

Woodwind Quintet

Ventura Harbor Village

1583 Spinnaker Drive

Music 1-4 pm

Sat 9/28: Castillo Trio

Sun 9/29: The CocoKnuts

Winchester's

632 E. Main Street

(805) 653-7446

Music at 7:00 pm; Sundays at 5 pm

Fri 9/27: Carlos Fontaine

Sat 9/28: Max Kasch

Sun 9/29: Miss Bix & the Nervous Tics

Fri 10/4: Jon Gindick

Sat 10/5: Frank and Andy

Sun 10/6: CRV Acoustic Trio

The Winery Ventura

4756 Market Street

Sat 9/28: Equinox

1901 Speakeasy

740 South B Street, Oxnard

Fri 9/27: Tex Pistols

Sat 9/28: Brandon Ragan

Sat 10/5: Shawn Jones

Sun 10/6: Rat Pack Ricky

The 805 Bar

Ventura Harbor

Music at 11 am - 1 pm Fri &

Saturday

4-7 pm Saturday

Saturdays: Kenny Devoe

Sundays: Kenny Devoe



Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Attempted Commercial Burglary and Trespassing Arrests

On September 8, at approximately 3pm, the Ventura Police Department Command Center received a 911 call of a possible commercial burglary in progress at a business in the 2800 block of Loma Vista Rd. It was reported the suspect, later identified as 46-year-old vagrant David Vance, was attempting to break into a medical office through a rear window. Officers arrived on scene, and detained Vance as he was attempting to leave the area. Evidence was found that showed Vance tried using force to gain entry into the business. He was identified by a witness and arrested for attempted commercial burglary.

While on scene, officers found an unsecured window in another section of the building that is vacant and conducted a search with the assistance of a K-9. During the search a second subject, later identified as 39-year-old vagrant Juan Reyna, was found inside. It was determined Reyna was illegally trespassing and in possession of a large amount of stored property. He was arrested for trespassing.

A review of the Ventura County Superior Court website shows that Vance has prior convictions for trespassing, petty theft, and currently has three open cases for charges of prowling and trespassing. It also showed Reyna has prior convictions for possession of a control substance, possession of drug paraphernalia, and illegal lodging.

Assault with a Deadly Weapon, Brandishing, Possession of a Dangerous Weapon, Vandalism, Possession of a Controlled Substance and Drug Paraphernalia

On September 10, at approximately 9:30am, the Ventura Police Department Command Center received a 911 call of several subjects in a physical fight near the intersection of Porter Ln. and Empire Ave. It was also reported the subjects were throwing rocks. Prior to the officers arriving on scene, additional callers said one of the subjects, later identified as 27-year-old vagrant Andrew Martinez, was fleeing the area on foot and running towards the Pacific View Mall. Martinez then ran towards Lowe's, where it was reported he armed himself with an axe. Officers located Martinez near the intersection of Maple St. and Maple Ct., where he was taken into custody.

During the investigation officers learned Martinez was confronted about being in possession of stolen property, which is when the physical altercation occurred with the victims. Martinez started throwing rocks and brandished a knife at the victims, before fleeing the area on foot. One of the victims called 911 and followed Martinez on a skateboard will updating the dispatcher of his location. Martinez then ran to the parking lot of Lowe's and stole an axe from another victim. He broke several vehicle windows using the axe, before officers located him and took him into custody.

Martinez was arrested for assault with a deadly weapon, brandishing, possession of a dangerous weapon, vandalism, possession of a controlled substance and drug paraphernalia.

No one was injured as a result of this incident. There are possibly other vehicles that were vandalized by Martinez, but the owners left prior to being contacted by officers. If your vehicle was damaged and parked in the area at the time, please contact the Ventura Police Department at 339-4416.

A review of the Ventura County Superior Court website shows that Martinez has multiple prior convictions for brandishing, possession of drug paraphernalia, trespassing, and possession of burglary tools.

Vehicle Pursuit and Arrest

On September 13, at approximately 3:30pm, the Ventura Police Command Center received a call of a driver driving recklessly in the area Citrus Dr. and Pajaro Av. The vehicle was described as a newer Chevy pickup black in color. Approximately 15 minutes later a Ventura Police patrol officer saw the pickup at the intersection of Partridge Dr. and Telephone Rd.

The officer observed the pickup driven by 31 year old Deanthony Catron driving erratically and attempted to stop the vehicle. Catron failed to pull over, and a vehicle pursuit was begun. Catron committed several vehicle code violations before and during the pursuit. The pursuit eventually ended back at the 11100 block of Citrus Dr. where Catron stopped his vehicle. A high-risk stop was conducted and Catron exited the vehicle and was arrested for felony evading. No one was injured during this incident, and Catron was booked at the Ventura County Jail.

Residential Burglary, Identity Theft, Resisting Arrest, Possession of Stolen Property, Possession of Methamphetamine and a Methamphetamine Pipe Arrest

On September 16, at approximately 3am, the victim heard someone in their home and awoke to see an unknown subject walking out of the front door. The victim then called 911. Officers searched the area but were unable to locate the suspect. It was determined that the subject had entered the home by removing a screen and entering through an open window.

At approximately 2pm, Ventura Police Dispatch received a call from Red Barn and Market of a suspicious male attempting to cash a fraudulent check. When officers arrived on scene and attempted to detain the suspect he resisted arrest and was taken into custody. The suspect, identified as Angel Apolonio Luna Reyes, was found to be in possession of property, including the checks, from the victim of the residential burglary.

Reyes was transported to the Ventura County Jail and booked for Residential Burglary, Identity Theft, Resisting Arrest, Possession of Stolen Property, Possession of Methamphetamine and a Methamphetamine Pipe Arrest

Attempt Homicide

On September 18, at approximately 9:45pm, the Ventura Police Command Center received an open line 911 call. Over the line, the dispatcher could hear an unidentified person yelling in the background that someone had been stabbed. Approximately 15 minutes later a local hospital called the Command Center and informed them that two stabbing victims had just arrived at the hospital.

Officers went to both locations, and during the investigation, officers learned that the two victims were at an

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apartment in the 800 block of Empire visiting a friend. Sometime during their stay the suspect, 33-year-old Randal Roberts who is the resident of the house, got into a fight with the two victims stabbing each of them multiple times. Both victims suffered non-life-threatening stab wounds to their torsos.

As the victims were receiving medical treatment officers at the residence tried to contact Roberts who had locked himself inside. After an extended negotiation with Roberts he finally exited the residence and surrendered to the officers. Roberts was unhurt during the incident and was arrested for felony attempt homicide.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

9-8 5:06pm, received a report of a stingray strike at Harbor Cove. Officers responded and assisted State Parks with the patient.

5:40pm, received a report of a male fainting in the parking lot near Island Packers building. Officers attempting to assist the patient, but he refused any medical attention.

9-10 10:45pm, while on patrol, officers observed/contacted three vehicles parked in the district lot for illegal camping. The three individuals were issued warnings and their vehicles removed from the parking lot.

9-11 8:31pm, dispatched to a traffic collision at 1510 Anchors Way dr. Officers responded and assisted a female who reported suffering a reaction to medication and was involved in an accident with several vehicles.

1:57pm, received a dispatch to a fall victim at 1583 Spinnaker Dr. Officers responded and assisted an elderly male

with a head injury. The patient was transported to local hospital for further evaluation by AMR medics.

3:05pm, observing the US coast guard buoy tender "George Cobb" conducting routine maintenance of navigation buoy #4 outside the harbor entrance.

9-12 2:56pm, while on patrol in H-1, dispatched to a traumatic injury near Riverhaven encampment. Officers responded and assisted VFD/AMR with a transient male who sustained a major head injury, but unable to remember how it happened. The patient was transported to Harbor Blvd by fellow transients in a makeshift gurney, treated there then transported by AMR to hospital.

7:25pm, dispatched to a person not breathing at VWM. Officers responded with VFD/AMR and found the patient deceased. VPD took over the incident.

9-13 7:15pm, observing a full moon rising.

7:40pm, while on patrol outside the harbor in Boat 17, officers engaged a drone flying from Harbor Cove, had to take evasive action to avoid a collision. The drone disappeared and officers were unable to locate the operator. It is illegal to operate drones in and around the harbor without a permit.

9-14 6:30am, monitored radio traffic of an abandoned panga aground at Deer Creek beach near the Ventura County Line.

8:45am, dispatched to a sick 90-year-old female in the Ventura Marina Community. Officers responded and assisted VFD/AMR with patient complaining of right foot pain from gout. Patient self-transported to hospital.

1:15pm, received a dispatch to a fall victim in the Ventura Marina community. Officers responded, assisted VFD/AMR; the patient suffered major injuries.

Sunday 9-15
5:20pm, officers assisted State Parks in detaining a large vessel reported operating in violation of speeding near swimmers and no registration aboard.

Weekly SUDOKU

Answer

5	4	6	3	1	9	2	7	8
1	7	9	2	8	6	3	4	5
2	3	8	7	5	4	6	9	1
6	2	7	1	9	3	5	8	4
3	9	5	4	6	8	7	1	2
8	1	4	5	7	2	9	3	6
7	6	2	8	3	1	4	5	9
9	5	1	6	4	7	8	2	3
4	8	3	9	2	5	1	6	7

King Crossword

Answers

Solution time: 27 mins.

PAY	DOH	EI	UDF
IIF	ARE	IAS	FR
UR	NAB	AG	IE
MGT	STAG		
DRAG	INC	OKLW	
	UO	DAMOL	
TEFO		GUIDE	
CAM	SIL	RIAN	
SWA		ODE	IOAI
		BJENO	FFD
OMNA		TON	TIB
ORON		EMIT	FRB
MADRF		NEIO	WAY



Big Red by **Jessica Hemmy**

On Saturday, October 5th, The Space VTA will host an art show and silent auction to raise money for Kids in Need of Defense (KIND). Feeling the need to act in the face of constant news on the refugee crisis, a group of Ventura based artists are fundraising to help vulnerable children at the border.

All money raised will be donated to KIND (SupportKind.org), an organization aligned with UNICEF. KIND works to ensure that no refugee child faces asylum proceedings alone. KIND promotes protection of children in countries of origin, works to address the root causes of child migration, and advocates for policies to improve the protection of unaccompanied children in the United States.

The Ventura fundraising event, named *Care, Not Cages*, includes artwork generously donated from **Jessica Hemmy, Claudia Pardo, Mychal Arata, Maribel Hernandez** and other local talents. *Care, Not Cages* will also feature live acoustic music, and video testimony and animations from children that KIND has helped.

Free Art Show, Silent Auction, Video media, Music, Refreshments
The Space VTA, 1779 E Main St.
<https://www.facebook.com/events/878724372485222/>

Fox Fine Jewelry presents Synergy by Mary-Gail King and Gerald Zwiers

A dynamic and spirited artist, Mary-Gail's energy shows through in her work. Her intuition has led her creative process when turning a blank canvas into a work of art. And it has led her to new opportunities in life, growing personally and professionally.

From a young age, Gerald Zwiers has been passionate about art and learning. Throughout school, he enjoyed drawing during class. He nearly got kicked out of his math class

for drawing all the time! But it was actually a tool he used to aid learning. It helped him forge connections with new knowledge and information.

Despite his artistic skills, he decided to pursue an education outside of the arts. He studied many subjects like psychology, marketing and engineering. Worked his way through school as a machinist, he later went on to own several businesses. In his free time, Gerald picked

up new art skills by seeking out the masters to learn directly from them.

Known to regularly produce over 100 pieces per year (his record is over 1000!), Gerald is a prolific artist with no plans to slow down. One of his biggest driving forces as an artist is to mindfully create work that will spread goodness and joy.

Shows runs until November 11.
560 East Main Street (805) 652-1800



ArtWalk Ventura 2019 returns!

ArtWalk Ventura 2019 is back again with a full day of new Artists, Great New Art Venues, improved ArtWalk Shuttle and Fun After Party at the WAV. Join in for the 26th annual ArtWalk Ventura, Sept. 28th 11-7pm where you can ride on the ArtWalk shuttle through the WestSide and Downtown Ventura to become a part of a whole day art experience. The cultural district of Ventura will be alive with a wide variety of Artist venues interactive public art exhibits, live music, artist demonstrations, kids' activities, performances by Rubicon actors and much more.

With 20 Arts Venues and over 100 artists participating this year's

ArtWalk will not disappoint. Come spend the day shopping and experiencing Ventura's thriving art scene. Don't miss the fun afterparty in the WAV amphitheater featuring classic rock dance music by Fish Fry.

New and improved this year is the 3 ArtWalk shuttles that will be continuously rotating between the several stops along the ArtWalk route from Downtown Ventura to the Westside. With 3 shuttles circulating all visitors will have an easy access to visit all of ArtWalk in one day.

Some of the exciting art stops along the ArtWalk route this year include The Museum of Ventura County, The WAV, Bell Arts, Art City

Studios, John White Studio, Red Brick Art and Pacific Wonderland Inc.

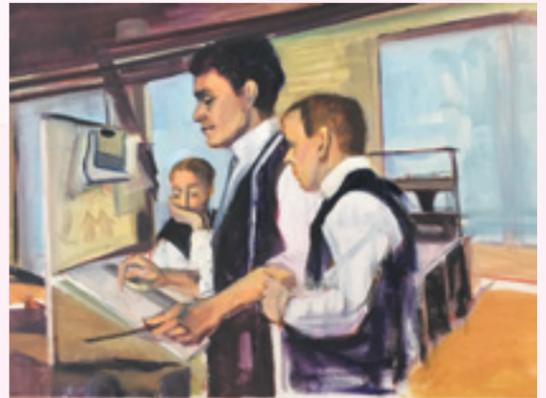
ArtWalk's 2019 Artist of Distinction is Sarah Jenks Flesher, who has donated her time in creating several ArtWalk interactive pieces welcoming the visitors to the world of art featuring representations of famous artists and their paintings. Her giant canvases are not to be

missed and will be landmarks along the shuttle route throughout the ArtWalk.

ArtWalk is a free family friendly activity where you can be emerged into the local art world, we hope you join for another year of creativity. For more information and details about what is to come please visit www.artwalkventura.org.

Sequels to two popular exhibitions will open soon at the Buenaventura Gallery. "Troubles II," a solo show by **Veronica Walmsley Lambert**, and a Buenaventura Art Association members' show titled "Stories II" will run Sept. 26-Oct. 20. Lambert will be at the gallery for a "meet the artist" event from 2-5 p.m. Sept. 28 during ArtWalk Ventura 2019, and she and other BAA artists will attend a First Friday reception 6-9 p.m. Oct. 4.

In paintings, assemblage and collage works, Lambert expresses her fascination with the human face and the symbolism in human culture. Though fun and whimsical at first look, her assemblages also bear satirical undertones that



reference social, cultural and political events.

In "Stories II," BAA members will continue exploring the correlation between artworks and the inspiration for them.

Normal operating hours at Buenaventura Gallery, in Studio 30 at Bell Arts Factory, 432 N. Ventura Ave. are 11 a.m.-4 p.m. Thursdays through Sundays. For more about the 65-year-old nonprofit artists cooperative and its programs, visit www.buenaventuraartassociation.org or call 805-648-1235 during gallery hours.



This mural, located in the Wellington Room at the Lexington Assisted Living is by **Leslie Cardiel**.

Leslie is 26 years old and has lived in Ventura her entire life. This was the inspiration for the mural; she wanted to add prominent landmarks that personally remind her of home, as well as anyone else native to the city.

She majored in Fine Arts in California State University of Channel Islands and received her bachelor's with honors in Cum Laude in 2017.

Her inspiration stems from fantasy roleplaying games and anime, as well as classical painters such as Peter Paul Rubens for his use of vibrant, contrasting colors.

<http://victorianfox.wixsite.com/lesliecardiel>

<https://www.instagram.com/meullime/>



The Harvest Festival® Original Art & Craft Show

For the real deal in handmade handiworks, don't miss the Harvest Festival® Original Art & Craft Show at the Ventura County Fairgrounds October 4-6, featuring more than 24,000 original creations from hundreds of trend-setting artisans and crafters.

Festivities will be in high gear for the 30th anniversary celebration of the Ventura showcase, a treasured tradition recognized as the west coast's largest and most prestigious indoor showcase.

"As a family-run business we take pride in creating the ultimate shopping experience that brings people together and gives back," says Nancy Glenn, owner of the Harvest Festival.

The Harvest Festival is a juried showcase to ensure quality and diversity. Emerging artists whose passions spark new trends provide a limitless array of perfect somethings.

Stunning jewelry, clothing, photography, hand-turned wood, ceramics, eclectic art pieces, seasonal décor, Halloween accessories, ornaments, and blown glass, are among the masterpieces on display.

Live entertainment adds to the festivities with entertainer Captain Jack Spareribs and the Hyjinx Band, joined by the Jack Kalvan Jugglers and other strolling performers.

The Festival collaborates with local non-profits to pay it forward. Anyone who brings non-perishables for donation to Project Understanding receives \$2 off admission. The annual Grand Prize Giveaway is a \$200 Amazon gift card (register to win on site at the event).

General admission tickets are \$9, Seniors (62+) and military are \$7, Youths ages 13-17 are \$4, and kids 12 and under are FREE. Tickets are good for the entire weekend. Hours are Friday 10am to 5pm; Saturday 10am to 6pm; and Sunday 10am to 5pm.



Kaleidoscope Kandeo by **Deniz Nicole** is on display at the Museum of Ventura County from Saturday, September 28—October 6, 2019. Join in at the Museum of Ventura County on Saturday, September 28, 2019 from 11—7 p.m. for Artwalk Ventura. Come view and play Kaleidoscope Kandeo, and explore the Museum's other latest exhibit, California Cool: Mid-century Modernism on the Central Coast.

Kaleidoscope Kandeo by Deniz Nicole debuted at Burning Man in 2019 and is a 20-foot-tall faceted teardrop-shaped tower made from bent steel tubing. Clad in iridescent laser-cut paneling, the installation will be a shimmering tear when illuminated at night. Without communal effort the kaleidoscope's image will remain static. Reflections of the colors and complexity of motion will create a fantastic kinetic kaleidoscopic image. At dusk, the laser cut paneling will reveal backlit patterns of light that make the kaleidoscope a waypoint in darkness.

Free for Museum members, \$5 for nonmembers



A Conversation with **Mick Reinman**
Sunday, September 29, 2019 3 to 4:30 p.m.
Museum of Ventura County, 100 E. Main St.

Mick Reinman has been described as a painter's painter - whether powerfully colored compositions that build on the human figure, landscape in its most basic architectonic form, explorations of the Nine Square grid or images of Spaghetti Western icons - the scope of his subject matter and style is broad. Reinman attended Chouinard Art Institute on a full scholarship and holds degrees from Cal State University Northridge and Art Center College of Design.

As an educator, the artist has been sharing his expertise by teaching at Otis College of Art & Design and Cal State University Channel Islands. Mick's paintings are widely collected and housed in prestigious public and private collections.

To learn more about Mick, visit www.MickReinman.com

Free to FOTM members, \$15 for public; \$10 for seniors.

Special invitation to educators and students: The Artist Spotlight is open to students attending as a class assignment free of charge. FOTM is happy to assist with tracking attendance and sign-in sheets. Reservations required. To RSVP visit www.FocusOnTheMasters.com or call 805.653.2501.

Co-sponsored by Jordan Laby & Ojai Studio Artists.



Lighter Breeze

Tiger



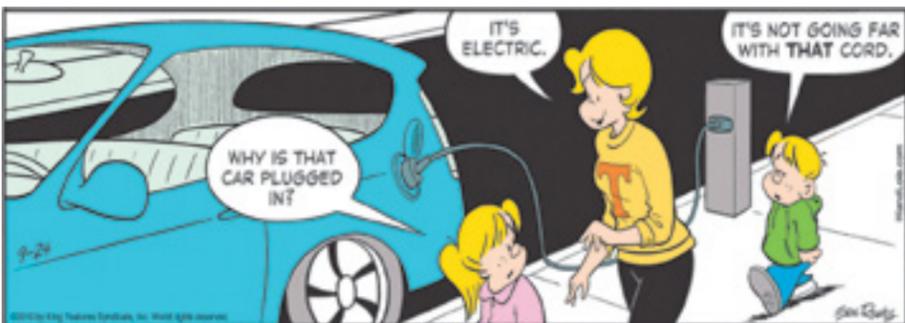
Dustin



Arctic Circle



Hi and Lois



Crock



Blondie



Solutions on page 19

(For a beginners guide to playing Sudoku go to venturabreeze.com)

		6		9				8
1			2					4
	3			5		6		
6			1			5		
	9				8			2
		4		7				3
7				3				9
		1	6					2
	8				5	1		

Weekly SUDOKU
by Linda Thistle

DIFFICULTY THIS WEEK: ♦♦

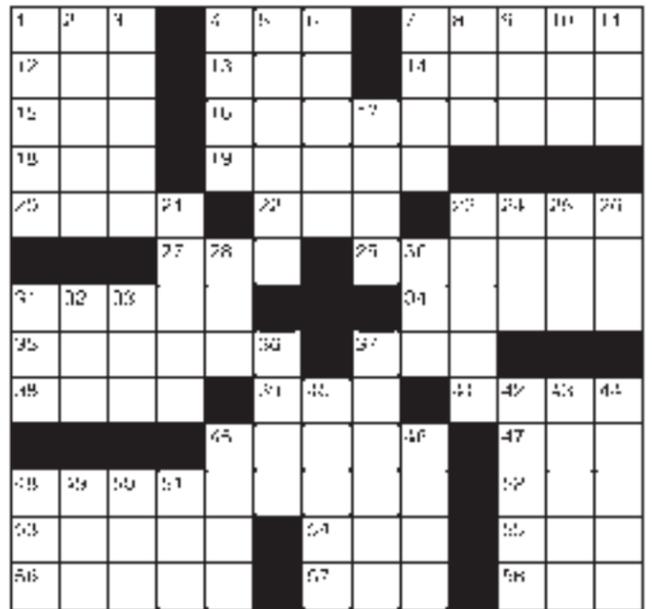
♦ Moderate ♦♦ Challenging
♦♦♦ HOX BOY

Solutions on page 19

King Crossword

ACROSS

- 1 Salary
- 4 Homer's outcry
- 7 Duck
- 12 Position
- 13 Lxis
- 14 Eye surgery device
- 15 Grecian vessel
- 16 Syrian capitalist?
- 18 Encountered
- 19 Step
- 20 Boast
- 22 Compass pt.
- 23 Distort
- 27 Paul Newman movie
- 29 Crooner Vic
- 31 Dope
- 34 Steer
- 35 Maiden
- 37 Needlefish
- 38 Bat a great
- 39 Praise n verse
- 41 Young horse
- 45 Good in Guadalajara
- 47 To and —
- 48 Sinner's fate
- 52 Vat
- 53 Hunter in the sky
- 54 Prime mond an hrs.
- 55 Recede
- 56 Max'd mother



DOWN

- 1 Downright
- 2 Drying rack
- 3 Busybody
- 4 Root beer brand
- 5 Gave a talk
- 6 Macho type
- 7 Otherwise
- 8 Fond du —
- 9 Work with
- 10 Lair
- 11 Preceding
- 17 On in years
- 21 Specter
- 23 Blue cartoon character
- 24 Japanese pond carp
- 25 Conclude
- 26 Teensy
- 28 Multi purpose truck
- 30 Khan title
- 31 Egos' counterpart
- 32 Margery of rhyme
- 33 " Little Teapot"
- 36 Lumina
- 37 Human — Project
- 40 Condescend
- 42 Frequently
- 43 Caribbean resort island
- 44 Theater vestibule
- 45 Poison
- 46 Aware of
- 48 Comical DeLuise
- 49 Coach Parseghian
- 50 Central
- 51 Neither mate

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You might be tempted to employ the same tactics as your adversary, but that could backfire. Better to use the same balanced approach that has worked for you before and could again.

ARIES (March 21 to April 19) Travel plans could be interrupted by the re-emergence of a workplace problem that was never quite fully resolved. Deal with it at once, and then take off on that well-deserved trip.

TAURUS (April 20 to May 20) Aspects favor cultural activities for sensuous Bovines. Attend a concert or an art show. Better yet, create something yourself (a poem, perhaps?), and dedicate it to someone special.

GEMINI (May 21 to June 20) Respect any doubts you might now be feeling about a new situation. They could be reflecting your inner awareness that some essential information might be missing. Check it out.

CANCER (June 21 to July 22) It's important to start the new month with as clean a slate as possible. Either complete all those unfinished tasks or pass them on to others who would be more than happy to take them on.

LEO (July 23 to August 22) This is a good time to cut down on expenses and tame that urge to splurge. Applying some financial discipline now could help the Big Cat ride out a possible monetary crunch later on.

VIRGO (August 23 to September 22) Money matters are dominant this week. Recheck your accounts and make sure they're up-to-date. Also, pay more attention to personal issues before they become major problems.

LIBRA (September 23 to October 22)

SCORPIO (October 23 to November 21) A changing workplace environment could stir up confusion as well as apprehension. Best to ignore the rumors and get the facts. You could find that the changes bring positive elements.

SAGITTARIUS (November 22 to December 21) Communication is easier this week with people ready and eager to hear what you have to say. Also, check for possible technical problems before you start your new project.

CAPRICORN (December 22 to January 19) Aspects favor change for the usually traditional Goat. Opening your mind to possibilities you had ignored could lead you to make decisions you once considered improbable.

AQUARIUS (January 20 to February 18) Making personal as well as professional adjustments to changing conditions might be easier with more information explaining the "hows" and "whys" of the situations in question.

PISCES (February 19 to March 20) With a growing tide of positive reactions to buoy your confidence, this could be the right time to put the finishing touches to your new project and get it well and truly launched.

BORN THIS WEEK: You have a gift for setting an example of quiet, calm reasoning in the midst of chaotic conditions.

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Showtime

Science and religion take the stage

by Sheli Ellsworth

The Ojai Art Center Theater is performing the original play Bless Your Heart through September 29 with Friday and Saturday night performances at 7:30 PM and Sunday matinees at 2 PM.

The play Ojai Art Center's own artistic director, Emmy winner Richard Camp wrote Bless Your Heart which explores the impact of religion, education and science in modern culture. Camp describes it as "a play about evolution and faith with a juicy dollop of Elvis Presley fandom..."

Set in 1998 North Carolina, a deeply religious family prepares for the wedding of 17 year old John David played by Chance Kelejian to the ditzy 18 year old preacher's daughter played by KiSea Katikka. The festivities are dampened when John David's stubborn mother, Martha—played by Susan Kelejian—refuses to be involved in the nuptials. After John David's brother, Thomas—portrayed by David Nelson Taylor—arrives, the family's dynamic goes into

further free fall. The educated Thomas brings his liberal, science-based ideas into the already turbulent situation and when John David's estranged preacher father—JD played by veteran actor Michael Holden—arrives, things go from bad to worse.

Fortunately, Martha's sister—brilliantly portrayed by true southern belle Julie Denny Hamann— keeps the laughs on track throughout the whole debacle.

Camp took on a controversial topic and made it fun and watchable. The acting is spirited and engaging; for anyone interested in Darwinism, God, or the matrimony of the two.

The Ojai Art Center is located at 113 S. Montgomery Street in Ojai. It opens 45 minutes before each show. Go to www.ojaiact.org for tickets. Prices are \$25 for general admission, \$20 for seniors and Art Center members, and \$10 for those under 25. If you have questions, please call (805) 640-8797.

Movie Review by Cindy Summers

Ad Astra



Breeze rating from 1 to 4 palm trees, 4 being best.

When the government discovers earth's solar system is on the verge of being destroyed, they call on astronaut Major Roy McBride (Brad Pitt) to save the world. Though proud to serve his country, Roy learns that the surges threatening to end humanity are due to the actions of an astronaut believed to be lost in space while on a quest to discover non-human intelligent life, who is also Roy's father astronaut Clifford McBride. Released by 20th Century Fox, Directed by James Gray, Written by James Gray and Ethan Gross, and starring Brad Pitt as Major Roy McBride and Tommy Lee Jones as H. Clifford McBride.

After being briefed on the sordid details of his new mission, astronaut Roy McBride begins his ever long journey by taking a "commercial" flight to the moon where he encounters moon pirates on moon rovers who attempt to thwart his mission, but Roy's rover survives the battle. Trouble continues on his shuttle to Mars when they receive a distress call and after boarding have to battle man eating baboons in space, but with many dead and his mission partner severely injured, Roy remains unharmed.

On Mars, Roy records a message to his father and is immediately taken off the mission, his emotional attachment now being believed to be a psychological risk to himself and the mission. While there he meets SpaceCom base facility Director Helen Lantos, a Martian native who secretly shares more bad news about his father. Lantos' parents were on the Lima mission with Roy's father and were among those Roy's father murdered when they tried to abandon the mission and return to earth.

Roy sneaks onto the ship sent to destroy his father's ship, and ends up killing the entire crew to protect himself and continue the mission. Roy finds the Lima Project ship near Neptune and sets out to destroy it as it's unstable malfunctioning anti-matter power source is causing problems throughout the solar system. He sets up the nuclear payload to destroy Lima and returns in spacesuits to his ship with his father, but Clifford breaks away in the transit and intentionally drifts off into space despite Roy's efforts to save him.

Roy recovered the data from Lima and returns to his ship in his spacesuit using a panel from Lima to block asteroids as he flew through the rings of Neptune. Roy's ship did not have enough fuel to return, so he used the nuclear blast from Lima to jettison him back to earth where he reconnects with his wife and himself.

Brad Pitt's talents were underutilized in "Ad Astra" speaking in a monotone voice and acting robotic and emotionless the entire movie. The movie also drags on through scenes with long, uneventful periods spent traveling around, and seems unbelievable the amount of time spent flying around in space in only a spacesuit using unbolted panels to deflect asteroids.

I think the \$88 million budget spent on this family drama in space could have been better spent if just donated to the space program, and if you're interested in what's happening in space, your time would be better spent enjoying an evening outside under the stars.

Rated: PG-13
124 minutes

California Travel Association

Continued from page 1

CalTravel's Great Workplace Award for 2019 at a gala awards dinner September 12th at the JW Marriott at L.A. Live in Los Angeles. Some 350 tourism leaders throughout California attended the awards dinner.

The CalTravel award continues

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an ongoing string of awards for Visit Ventura, among them back to back (2018 and 2019) awards as one of the best places to work on California's Central Coast, and Adrian golds, three years running, from Hospitality Sales & Marketing Association International (HSMIAI). The Adrian award is one of the most prestigious awards in the tourism industry.

CalTravel's Great Workplace Award for 2019, while an honor, was no surprise to those who work in an office that has fun (recognizing the fine work of our colleagues with SpongeBob memes) while getting things done. Through creative thinking and various award-winning campaigns, Visit Ventura helps spearhead a tourism effort that generates close to \$300 million in annual visitor spending and, equally important, creates roughly 2,600 jobs in Ventura.

Work can be play, and both can be elevated to an art.

"Success is about working hard, but life is also about having fun," said Marlyss Auster, Visit Ventura President & CEO. "Our team has mastered the art of blending work and fun. So much great work gets done here. But there's so much laughter too. I look forward to coming to work every day."

Find out how Visit Ventura contributes to driving Ventura's economy through tourism and meet the team.

Mailbox

Continued from page 4

Phones, etc.) so the word was spread by people calling people then people telling people about the day. We called

it word-of-mouth communication. There was no formal organization, no central authority. We just showed up one morning at Encanto Park and started picking up trash and putting it in the proper receptacles.

In the past fifty years, I have been a member of the Sierra Club, the Nature Conservancy, Defenders of Wildlife, Green Peace, and VLT. Fifty years and nothing has changed except that the planet has gotten hotter and more polluted. That is why I am sick of all of this.

I tried to tell a few people that things will continue as they are now if we don't have the right politicians in place to make changes, politicians who care more about the Earth than Big Energy's cash, but it was like shouting into the wind. They had their t-shirts, their clever signs, and their righteous indignation and they were sure that this would "save" the planet. I was tempted to clue them in on the fact that man will never destroy the Earth, it will go on no matter what we do; only mankind will be destroyed and, sadly, some of the beautiful animals who share this planet with us.

But maybe that is what is needed, maybe a species reset should happen so maybe a new class of man will arise that will respect our natural resources and work to protect them.

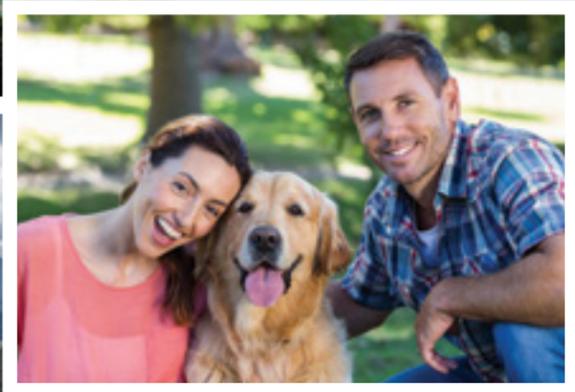
I know that I won't live to see this or any other end of mankind however it happens, but I still care enough to do the thing now that will help the most: I will vote for candidates who have PROVEN that they give a damn about the planet.

Regards,
John Darling



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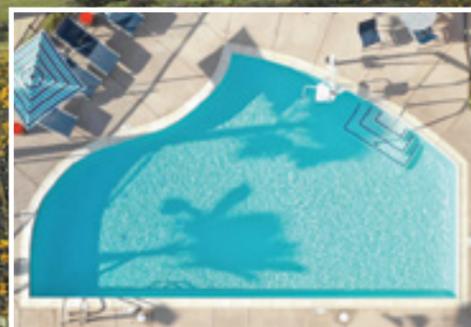
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Retirement pension funds are underfunded

by Venturans for Responsible & Efficient Gov't (VREG)

America's significant retirement pension funds are underfunded by an unfathomable \$4.2 Trillion. Ventura mirrors this phenomenon. Ventura workers participate in the state pension fund, CalPERS. CalPERS is only 71% funded as of June 30, 2018, despite a 10-year bull market and a growing economy.

Because of the chronic funding shortfall, CalPERS demands increases of at least \$2 million per year for five to six consecutive years, and then remain at those levels. Ventura's pensions are underfunded by \$215.1 million.

We respect the work city employees do. Our concern is about the structure by which their retirement is accumulated and paid after retirement.

Most government pension benefits are considered to carry a virtually iron-clad guarantee to the civil workers. Even the smallest attempts to alter future benefits have been met with furious opposition. Governments at all levels are hamstrung between their duties to provide on-going services to their citizens and their ever-increasing financial obligations to pension funds.

A typical city employee would receive a pension almost the same as his or her working salary if they participated for their whole career. The years in retirement can still equal or exceed those worked.

Discussions about pensions get emotional because we're talking about

people's future and security. What gets lost in the arguments is this. The law and politics guarantee retirement pension benefits, but not the actual returns on investments. The myth is that pensions are safe. They are not. The difference is that taxpayers pick up the difference between reality and what politicians promised.

Politicians have made many attempts to improve the current system, but none have addressed the problem in a meaningful way.

League of California Cities and Government Finance Officers Association recommended actions to confront unsustainable pensions.

Reduce the unfunded liability by making annual catch-up payment even more than CalPERS instructs you to pay—if you can afford to pay more.

Raise taxes.
Reduce services.

Require voter approval of any pension obligation bond, or POB.

These are terrible choices for the public.

There are two other choices for our City Council to consider if they have the political will to do anything about this crisis that will cripple the City of Ventura.

Make beneficiaries pay more. Capping the employer contribution at a fixed percentage of salary would cut pension costs for the city. As pension costs increase over the years, the employees will pay all the costs associated with the growth.

Change when retired city employees may begin collecting pensions. This alternative solution applies to new employees only. Why would that help? The reason is that even if the city makes no further contributions, the fund will have ten more years to grow. Also, the retirement payment period would be ten years

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Think about it. Today, public employees can get generous pensions by age 50 or 55. Private sector employees don't get their full social security until 65 or even 67, depending the year they were born. Moreover, Social Security is only going to be one quarter to one-half of your working earnings.

Even with an unprecedented bull market, Ventura's unfunded pension liability grew over the past ten years faster than market returns can ever expect to make up. CalPERS annual demand will now permanently increase by about \$2 million per year for the five to six years and then stay there. Something has to change. Otherwise, the city will either cut back needed services, raise taxes, or both.

Changing the system is the only way these promised benefits can be truly

sustainable and dependable for retirees. It's also the only way that taxpayers can afford to pay for them.



Recently a Breeze staff member saw this in a local building. It's not known what it is but the rumor is that it is a device for contacting aliens.