

Are you a nature photographer? See page 17!



VENTURA BREEZE

Your Hometown Paper

Vol. 12, No. 19 Published Every Other Wednesday Established 2007 June 19 - July 2, 2019



The aim of the program is to teach children how to become water-safe.

Operation Splash celebrated completion of 11th year

The Ventura Aquatic Center hosted a fun event on Friday, May 31, to celebrate the completion of another successful year of Kaiser Permanente's Operation Splash program which provides free swimming lessons for underserved youth in our community. For the past 11 years, through the Operation Splash grant, more than 400 elementary school children each year receive free swim lessons at the Kimball Aquatic Center in Ventura through the City's PEAK after-school program.

As the school year comes to an end, to celebrate the culmination of this year's program, the Ventura Aquatic Center held a special private Float Night for all of the Operation Splash kids and their families. This free event provided open swim time in the main pool and activity pool for the children and their families from 6:30 to 8:30 p.m., and despite the chilly evening the pools were filled with laughing children - fulfilling the Operation Splash goal of making sure children are safe in the water.

The aim of the program is to teach children how to become water-safe in a fun and healthy environment and teach them that healthy activities like swimming can positively impact their health. The Operation Splash program has been a huge success here in Ventura and to help celebrate, Kaiser Perma

Continued on page 3



There's a great deal of respect and tough love between head coach Kory Anderson and his protege Derek Pekar.

Derek Pekar: A Born Competitor

by Mira Reverente

High school senior Derek Pekar had some memorable parting gifts for his alma mater, Ventura High School - two impressive finishes at the recent CIF State Championship Finals.

The 18-year-old finished 8th in long

jump and 9th in the 110m hurdles at the finals held over Memorial Day weekend in Clovis. It was Pekar's second appearance at the state finals, with his junior year being the first.

Continued on page 5



Detective Acquarelli is a crime fighter in every sense of the word.

Ventura Police Officer of the Year

Congratulations to Detective Michael Acquarelli for being selected as the Officer of the Year for the Ventura Police Department. He has served Ventura for 13 years. During that time, he has received the Medal of Valor for his heroic life saving actions during a critical incident and he was selected as the SWAT Team Operator of the Year in 2015 and 2018. As an officer, he has worked patrol, served as a field training officer and served as a detective in the street crimes unit.

He was promoted to Corporal in 2017. During his service as a Patrol Team Corporal and Field Training Officer (FTO), he set the tone for the team. He serves as a role model in the FTO program. He motivates and works with his fellow team members to help everyone achieve their full potential.

He was selected and currently serves as the Corporal in the Special Enforcement Team assigned to Gang Investigations. He is an instructor at the Police Academy. The learning domains he instructs are Criminal Law and Search and Seizure.

He leads the Ventura Police Department's active shooter and gun violence

Continued on page 5



Left: Fire Chief Endaya with essay winner Cyrik Bodel and his parents. Right: Dad Ryan Bernardi reading Brandon's essay to the assembly at Sunset school. Photos by Bernie Goldstein.

Essay awards presented at Sunset Elementary

On Tuesday, June 4, Ventura City Fire Chief David Endaya visited Sunset School to present a fire safety essay award to the winning students at an assembly at the school. He brought with him fire-fighting gear and a fire truck was brought there.

More than 800 students submitted

their essays and one winner, and two runner ups were chosen.

This is a portion of Brandon Bernardi's runner up essay:

In this informative essay I will write about what I learned at the Ventura County Fire Academy. Three things

Continued on page 5

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City News

4th of July community events and public safety

Ventura's 4th of July Street Fair continues its proud 44-year tradition on Thursday, July 4, from 10 am to 5 pm in Ventura's Downtown Cultural District. "We Have Liftoff!" is this year's theme, in honor of the 50th anniversary of NASA's Apollo Program.

The Independence Day event regularly draws more than 50,000 residents and visitors. The showcase of handmade arts and crafts by more than 200 artisans, multiple food booths and live music stretches along five blocks of Main Street from Chestnut Street to Mission Park. This year's event will also feature a children's fun zone at Mission Park where children can enjoy rides, bounce houses and a visit with Ventura City Firefighters.

The day kicks off with the annual Pushem Pullem parade sponsored by the Ventura East Rotary Club. The parade assembles at Cemetery Park at Main Street and Crimea Street at 9 am and begins to parade down Main Street at 9:30 am with a Ventura Police Motorcycle escort. Participants decorate bicycles, strollers, scooters and wagons and dress up in festive Fourth of July attire for the parade while also incorporating the Street Fair NASA Theme of "We Have Liftoff!". Participants receive a free commemorative button while supplies last.

There is no application or RSVP required to participate in the parade it is a fun community tradition of celebrating the holiday and our community.

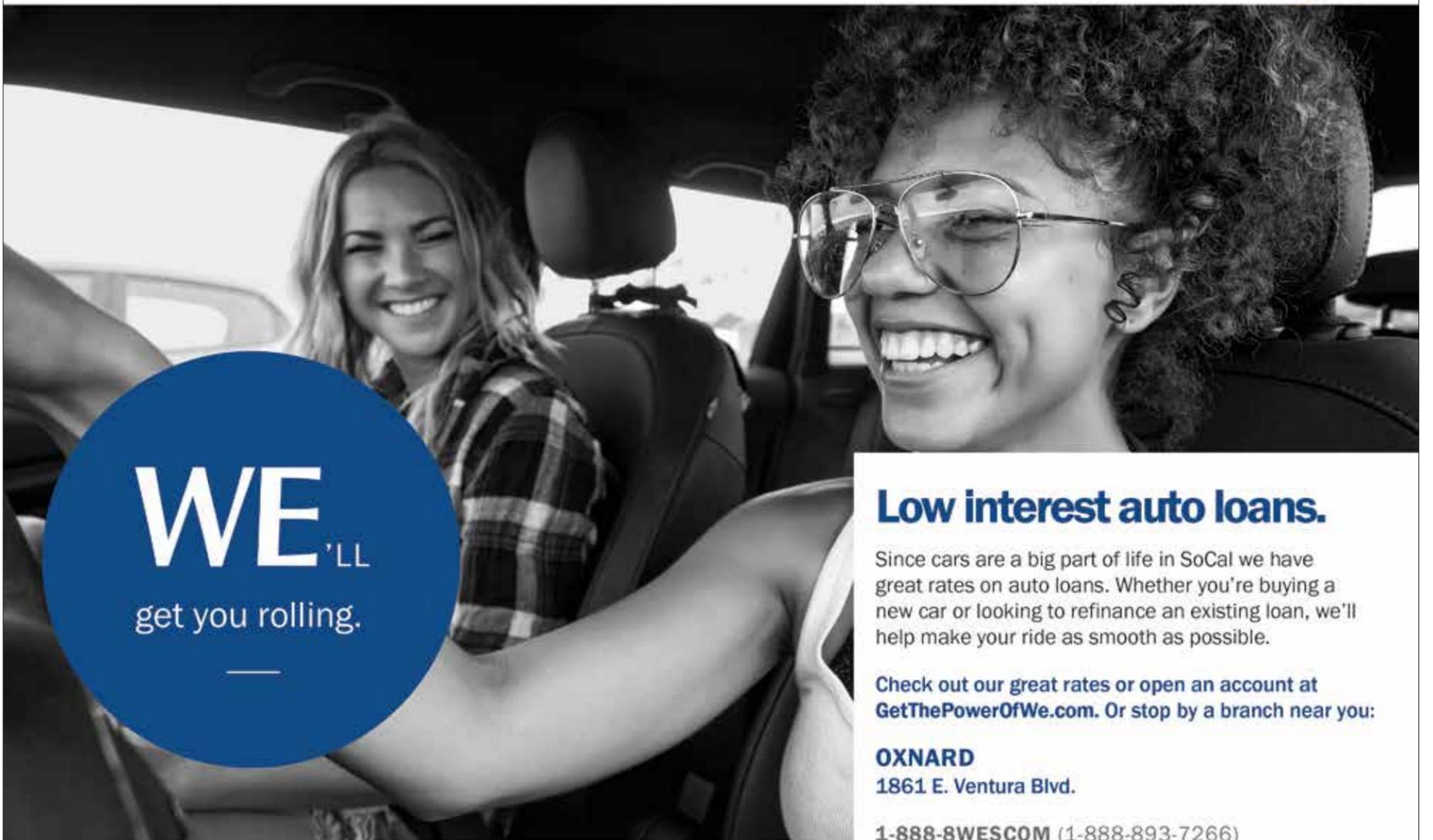
Community members are encouraged to enjoy the approved and legal firework displays that are offered throughout Ventura County. The Rotary Club of Ventura's Fireworks Show and Family Picnic will be offered at Ventura College from 5 pm to 9 pm. Tickets can be purchased online, at local Vons stores, at the 4th of July Street Fair Information Booth from 11 am- 2 pm on July 4 or at the gates of the event.

Fireworks are illegal in the City of Ventura. Please report firework disturbances to the Ventura Police Department's 24/7 non-emergency number at 805-650-8010. Please be prepared to provide detailed information of the firework activity including the address and suspect being reported. For emergencies please call 911.

The beach areas in the Pierpont and Keys neighborhoods of Ventura will have controlled traffic patterns for public safety on July 4. Visitors and residents will be able to access the State Beaches Parking Lot via San Pedro Street but will not be able to access Pierpont Blvd from San Pedro Street. Pierpont and Keys area beaches, homes and businesses will be accessible via Seaward Ave. Other road entrances including Monmouth Way, Peninsula Street and Oyster Street will be closed for entering and rerouted to Seaward Ave. for entering the area. All roads will be open for exiting the area. Those wishing to enjoy fireworks by the beach should consider attending the public fireworks display offered by



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City News

Channel Islands Harbor in Oxnard at 9 pm. Those attempting to use fireworks on Ventura beaches or anywhere in the City of Ventura are subject to fine. Let's work together to make it a safe and fun holiday for all!

Operation Splash

Continued from page 1

...nente was on hand at the event, passing out healthy eating information and KP-branded beach balls which quickly filled the pool with a rainbow of color. Balls were bouncing back and forth as children who might not have even ventured into the pool at the beginning of the school year confidently swam back and forth tossing them to each other.

Since its inception in Ventura, Operation Splash has helped thousands

of local children learn to swim. Many of the children who started in the program during the early years have gone on to become excellent swimmers, participate in competitive swimming and water polo and become junior lifeguards.

Operation Splash is part of Kaiser Permanente's Healthy Eating, Active Living, (HEAL) efforts to reduce obesity in the community by increasing opportunities for safe physical activity and access to healthy and affordable foods. Kaiser Permanente has granted nearly \$7 million for Operation Splash since the program's inception more than 12 years ago.

For more information about Kaiser Permanente's participation in Operation Splash, please visit the web site at <https://community.kp.org/about/program/operation-splash>.



A Ribbon Cutting at The Collision Clinic was held on May 28 by the Ventura Chamber of Commerce. The Collision Clinic is located at 1649 Palma Drive Units A&B, Ventura. Photo by Michael Gordon.

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Mathnasium of Ventura recently held their official ribbon cutting and on Saturday, June 8, they officially introduced themselves to the community and showed off what they are all about. There was plenty of family friendly fun including games, food, music and prizes and of course plenty of math. At Mathnasium, they make math make sense. Mathnasium have been the math experts for over 15 years and are so excited to open their doors in Ventura. www.mathnasium.com/ventura/events for more information. Located at 1746-B S. Victoria Ave. 805-525-MATH (6284).





VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

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can.

– Elsa
Maxwell

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ I want to thank the **Ventura Port District** for inserting the Harbor Views Newsletter in this issue. Nice to know that they feel the Breeze is the best way

to contact Venturans.

■ Commenting on gun violence, **Gov. Gavin Newsom** stated, “From San Bernardino to Ventura to Poway, too many Californians have already died from gun violence.” Strange that we got mentioned. Normally that would be good but maybe not in this case. Makes it sound as if we have lots of gun shootings here.

■ The Ventura City Council accepted a recommendation from Ventura’s water sources General Manager Susan Rungren to remain in a Stage 3 **Water Shortage** Event.

This means rate payers will continue to be divided into four cost tiers.

Apparently, rates won’t increase, but rates will remain the same through fiscal year 2019-20.

The fact that the City remains in Stage 3 seems strange to me, even the State has declared that we no longer have a water shortage.

■ In 2011, Ventura, and some homeowners in the Pierpont area, came to an agreement on who would clean sand from the beach in front of their proper-



ties that was blocking their ocean views. Per this agreement, the City would remove tons of dirt and haul it away. Of course, the sand just comes back and now the City is being sued once again by

a few owners.

The City claims that this is a natural occurring condition, and even if the City is held responsible it should not be the only one to pay for the removal costs.

What really confuses the issue (and others) is that the City owns 40 feet of the beach in front of the homes and the State owns the beach to the ocean, so the question becomes just whose sand is this and who should pay?

Never have understood why the State still owns part of our beaches. Can’t they just give it to us?

■ **Cannabis** in the news:

Businesses that focus on manufacturing, testing and distributing cannabis can apply to operate in Oxnard starting next month because the Oxnard City Council has voted to relax the current ban.

With a unanimous vote, Council gave preliminary approval for cannabis distributors and manufacturers and a testing lab to open in the city. Oxnard is considering allowing up to eight manufacturers, three distributors and one testing lab.

Port Hueneme cannabis dispensaries are contributing \$30,000 in order to continue presenting the City’s Fourth of July fireworks show.

When, oh when, will our City Council get it?

■ I went online to make a **DMV reservation**. The next available appointment is in August which isn’t too bad considering that is about how long you would sit there without a reservation.

■ How to make foreign friends - An American airstrike accidentally killed at least eight Afghan police officers in southern **Afghanistan**.

■ The FBI released documents on the bureau’s short-lived investigation into **Bigfoot** which was done in 1977.

The 22 documents show that the bureau’s Scientific and Technical Services Division examined 15 hairs sent by Peter Byrne, who was head of the now-defunct Bigfoot Information Center and Exhibition in Oregon, and determined they were from a newspaper

publisher and not bigfoot.

■ I like to keep our readers informed. Researchers say they have observed parity-time symmetry breaking for the first time in an experiment. The result was obtained using a “dilation” technique on a **single-spin system** - a nitrogen-vacancy centre in diamond. The system could be used as a platform for studying new and exotic physics, such as new topological variants, quantum thermodynamics and quantum criticality, in non-Hermitian quantum systems.

According to current physics theories, the universe is governed by certain fundamental symmetries. One of these looks at the relation between parity (P) or “handedness” and time (T) and describes the oddness or evenness of a quantum particle and whether it is moving forwards or backwards in time. When a PT transformation is applied to a quantum system it appears the same as the original.

I hope that clarifies it for you. I’m sure no other explanation is necessary.

■ Perhaps **athlete’s salaries** are getting out of hand. The LA Lakers (they play basketball) feel that they need one more star on the team, but they only have about \$25M a year to offer. Unfortunately, that isn’t enough money to obtain a marquee player.

■ **Ocean levels** are rising due to climate change. Some scientists say that sea levels could rise nearly three feet by the year 2100. However, others claim that is incorrect and feel sea levels could rise more than double that amount if global temperatures increase more than expected.

If sea levels were to rise by more than 6 feet, which the study’s authors believe is possible - an event they said, “lies within the 90% uncertainty bounds,” - the devastation could be catastrophic. A rise in temperatures by 5 degrees Celsius would cause significant declines in ice levels in Greenland, as well as Antarctica.

I know that the cause of climate change is debatable, but the fact that it exists is certainly not.

Mailbox



Dear Editor:

I am writing to commend a teacher, Sheila Bartsch, who has passionately taken up the torch to teach tolerance and the benefits of diversity to her 2nd grade students. Ms. Bartsch teaches at Pierpont Elementary. She has been an educator in the district for 25 years. It began when Sheila happened upon a book titled, “My Totally Intolerable Blocks.” She was impressed with the book not only because of its message, but also because it was written by sixteen-year-old, first time author, Emily Ford, who was abandoned at birth in a remote village in China because of her sex. This young author wrote the book specifically to teach tolerance and the benefits of diversity to young children using the personification of a child’s block set. (go

to www.raisingtolerance.com for more info)

Sheila Bartsch read Emily’s book and immediately recognized utility in the author’s story. Consequently, she decided to use the book as a springboard to discuss bullying behavior and the importance of tolerance to her young students. Ms. Bartsch’s passion for teaching these social values summoned her creative side which was natural given that she also holds a degree in Art History. Since reading the book, Sheila has developed novel methods of how the author’s book can inspire children to appreciate their differences and work together as a team for the common good of everyone.

Sheila Bartsch should be recognized for her efforts, for her passionate teaching, and immense creativity. As a result of Sheila’s enthusiasm, the author donated thirty books to Pierpont Elementary School. By example, Sheila Bartsch has not only encouraged this young author to continue to proclaim her passion for diversity, she also reminds adults that it is the responsibility of every one of us to teach tolerance to our youth. Thank you Sheila Bartsch

Continued on page 14

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We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words



City News



The \$60 million first phase replaces 72 deteriorated public housing units.

Residents moving into newly built Westview Village

Residents have begun moving into the newly constructed Westview Village apartments as the Housing Authority of the City of San Buenaventura (HACSB), a public housing authority dedicated to promoting quality of life through affordable, healthy housing and community-based development, completes phase one of a four-phase redevelopment effort.

The \$60 million first phase of construction broke ground in 2017 and replaces 72 deteriorated public housing units with 131 modern affordable one- to four-bedroom apartments. When all four phases of development are complete, the community will provide 320 LEED-certified new construction homes, including 50 homes for seniors and 34 for-sale homes. The HACSB anticipates that the redeveloped Westview Village community will be the first LEED-Neighborhood Development certified community in Ventura County.

The HACSB is working in partnership with San Francisco-based nonprofit developer BRIDGE Housing Corp., to redevelop the Westview Village site through the U.S. Department of Housing and Urban Development's Rental Assistance Demonstration program. Driven by 10 years of planning and community outreach, the redevelopment effort aims to revitalize and expand housing opportunities for Ventura residents by delivering affordability and improved infrastructure and amenities while achieving modern, current design and construction standards that better meet the needs of families and seniors.

"Our mission goes beyond building

housing. We're working to build healthy communities that connect resources with needs and create partnerships to enhance the quality of life for our residents," said HACSB Chief Executive Officer Denise M. Wise.

Beyond the physical attributes of the project, the HACSB Community Services Department works to help residents achieve personal goals related to literacy and education, health and wellness, job training and employment. "Our housing authority is more than shade and shelter. We work to support residents' personal growth and economic self-sufficiency," said Wise.

The Housing Authority of the City of San Buenaventura is the developer, services coordinator and property manager. Mainstreet Architects + Planners Inc. is the Executive Architect and Cannon Constructors South is the General Contractor for the Phase I project.

Westview Village is the city of Ventura's oldest and largest public housing complex.

The Housing Authority of the City Of San Buenaventura (HACSB) is the largest residential landlord in the City of Ventura, currently managing 295 public housing units, 705 nonprofit affordable rental units, and more than 1,500 Section 8 vouchers. The agency is actively working to increase the supply of affordable housing and to improve the quality of life for hundreds more of the low-income residents of the City of Ventura.

Derek Pekar

Continued from page 1

"I'm comfortable competing," he says, when asked if he ever gets the jitters. "I visualize a lot and watch videos of my races."

He attributes a lot of his mental tenacity to track and field head coach Kory Anderson. "He pushes me. I wouldn't have gotten into decathlon if not for him," says Pekar who started running with the Ventura Tigres at age 6.

"There's a lot of tough love definitely," says Anderson. "But over the years, our relationship has evolved from coach-athlete to friends where there's a great deal of respect and trust."

Anderson was one proud coach after hearing that his star athlete earned admission to the University of Virginia this fall. "I have no doubt he'll do really well there," he says of his protege.

The coach describes Pekar's work ethic and success. "He's successful because of concentrated effort. He has done everything

I've ever asked him to do," says Anderson who is on his 14th year of coaching.

"He's never anxious or stressed," he adds. "He's just a born competitor."

Anderson also talked about the incredible support system the coaching staff has. "We are blessed with good athletes, parents and coaches. We are really fortunate."

Pekar's parents have showed nothing but all-out support for their second-born. His older brother, a Marine, also ran for Ventura High School. "Between the two of them, they've probably missed two meets in four years of competing in high school," says Pekar.

Other notable showings from Ventura High School: Carlos Aviles placed 9th in shot put. Aviles is headed to Ohio State this fall. Junior Madeleine Locher came in 10th in the 3200m.

The Ventura Tigres is a youth track and field club for boys and girls between the ages of 7-16. The season runs from Mid-February through late May/early June.

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KEVIN O'CONNOR, President

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Ventura Police Officer of the Year

Continued from page 1

response training for the department and the community. He often gives active shooter presentations to businesses and church groups.

Corporal Michael Acquarelli is a crime fighter in every sense of the word. He is a problem solver, mentor, teacher, team player and trainer. He works hard and gives his very best to everything he does. He has devoted his life to serving and protecting our community.

We congratulate him for a job well done!

Essay awards presented

Continued from page 1

that I learned and will tell you about are how to keep you and your family safer, the gear that the firemen need, and cool things I was told about being a firefighter.

First I will tell you about how to keep you and your family safer. One way is to sleep with your door closed. The reason why you do this is because if there was a fire in your house it will reduce smoke from going into your room. The next thing is to check and have a smoke alarm. The last thing is to have a spot where your family would meet if there was a fire.

I will tell you about the gear that the

firemen need. One piece is their helmet.

The helmets are cool because if they are red that means the person that wears that helmet is a boss or a chief. If the helmet is yellow they are not the boss. Another thing are the suits that they wear are fireproof even the ones that they wear when they are not fighting fires. The last thing that I will tell you about is the piece of equipment that they have on their shoulder. What the device does is if you're in trouble is there is a button you can push and it will give an alert to the other firefighters and they can help them as soon as possible.

This was the part that I was looking forward to. I get to tell you about cool things when you're a firefighter. I know I'm not a firefighter, but these are all things that I was told. One you get to help people. Another thing is you get to drive a firetruck with a bunch of cool stuff. You also are able to spray a firehose that has quite a bit of power. And the last thing that I will tell you about in this paragraph is a ladder that will go 100 feet in the air, which I think is pretty cool.

In conclusion, you have learned about how to keep you and your family safer, the gear the firemen need to do what they do, and cool things about being a firefighter. I hope you liked my essay, and I hope I have a chance at winning this contest.

Happy Fourth of July!



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Community Events

Ventura events

by Ana Baker

Livingston Memorial Visiting Nurse Association & Hospice offers free classes. First Tuesday of the month from 1- 2:30 p.m. managing life with Type 2 and Pre-Diabetes. Second Monday of the month from 4- 5 p.m. a free joint replacement classes and learn what to expect pre and post-surgery. Learn about home safety, rehabilitation, medication and recovery. Wednesdays evenings from 6:30-8 p.m. adult bereavement support groups to individuals who have experienced a loss within the last 2 ½ years. The support groups help improve understanding of the grief process, decrease emotional pain, provides emotional and educational support, and rediscover a sense of hope. Classes take place at 1996 Eastman Ave., Ste 109.

The Compassionate Friends of West Ventura County is a support group for those who have experienced the loss of a child. Parents, grandparents, and siblings (over age 14) are all welcome. The first and third Wednesday of each month at 7:00 at the Pointsettia Pavilion, Canada Larga room, 3451 Foothill Road. For more information, contact Laura Lindsay at 805-836-9100.

Ventura Pointsettia Dance Club Monday nights 7:30 - 9:45 p.m. Pointsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Free dance lessons 6:45 - 7:15p.m. Call Rick 805- 415-8842 for more information.

There are regular Ventura Dis-

cussion Group meetings at Main Street Restaurant 3159 Main St., Wednesdays from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. 7 p.m. sharp at the fountain across the street from the Mission. <https://www.facebook.com/groups/800215670039426/>

The Ventura Investment Group meets on Mondays for an informal discussion of recent economic events from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

Musicians' Sober Support Meetup @ FIND (A Friend in Deed)

Continued on page 8



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Photo by Dan Harding

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For Information or Reservations
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Ventura events

Continued from page 6

every Monday night 7-9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety. Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed. Ventura@gmail.com.

Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant. The first Tuesday each month at Lemon Wood Mobile Park, 850 Johnson Dr. Excellent speakers, leading cardiologists, nutritionists, dietitians. Contact Richard Hatcher at 805-644-2733.

Co-Dependents Anonymous (CoDa) is a 12-step fellowship of men and women whose common purpose is recovery from codependence in the development and maintenance of healthy relationships. Every Friday at 6 p.m. at the Unitarian Universalist Church, 5654 Ralston (enter through side door off parking lot). Further information Deva 805-814-5650 or Maryann

The Ventura Retired Men's group meets on the first and third Tuesday each month at 11:30 a.m. at the Elks lodge on Knoll Dr. Drop by to introduce yourself and we'll treat you to lunch. Got a question? Call Bob Likins at 805-587-1233. We have programs and activities you might enjoy.

The Ventura Rotary Club, Ventura Downtown Lions Club and the Salvation Army of Ventura have partnered to bring the community a free Eye Clinic. The goal and vision are to provide free eyeglasses for those in need. Patients are seen each Tuesday from 9-11a.m., walk-ins only first come first served. The Eye Clinic is located inside the Salvation Army Hope Center. 155 S Oak St.

The Ventura County Philatelic Society meets the first and third Mondays each month 7:30-9:30 p.m. at the Church of the Foothills, 6279 Foothill Road. Admission and parking are free. Stamp trading and camaraderie. For more information sockthenose@gmail.com or 805-320-1601.

June 20: The regular monthly meeting of Assistance League of Ventura County is on Thursday, at the Chapter House, 913 East Santa Clara St. at 10 a.m. men and women are welcome, and there is no age requirement. Assistance League is "Transforming Lives, Strengthening Community" through several philanthropic programs: B.U.F.F.Y.

June 20: East Ventura Community Council, a panel discussion will take place on the topic of Homelessness in our Community. Those scheduled to participate are Judy Alexandre, Ventura Social Services Task Force; Tara Carruth, Program Manager, Ventura County Continuum of Care; Meredith Hart, Safe and Clean Program Manager, City of Ventura; Corporal Mark Knackstedt, Patrol Task Force, Ventura Police Department. Questions will be taken from the audience, and are also welcomed ahead of time via email at eastventuracc@gmail.com The meeting starts at 7 p.m. at the Connect Church, 346 N. Kimball Road. The public is encouraged to attend and participate. For more information, contact Marie Lakin, Chairperson, eastventuracc@gmail.com

June 26: "The College Area Community Council will meet on Wednesday, at 7 p.m. Julie Marciel, from the Surfrider Foundation, will discuss the goal of a plastic free Ventura. Representatives from Ventura College and the police department will

Community Events

give brief updates. Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. collegearea-council.com/map Call (805) 644-8695 for more information."

July 2: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1- 4 p.m. along with a visit from ghost hunter/author Richard Senate who will be signing books and sharing ghost stories of America's past beginning at 2 p.m. Admission is free. Corner of Loma Vista and Ashwood streets 197 N. Ashwood. For information please call (805) 642-3345 or visit the website at www.dudleyhouse.org.

July 6: On the "First Saturday" of each month the Sespe Flyfishers of Ventura conduct an introductory class on Fly Fishing and Casting the Fly Rod. There is no charge, and all are welcome. Whether you an experienced fly fisher or a complete novice we want to help you learn and enjoy this great sport. If you don't yet have your own fly rod, don't worry, just come and use one of ours. Please join us at Chumash Park, Petit and Waco, 9-11 a.m. For more information Bob Smith (805) 647-3522 or www.sespeflyfishers.org

July 10: The Ventura County Camera Club will hold a meeting on Wednesday, at 6:30 p.m. at the Poinsettia Pavilion, 3451 Foothill Rd. The first part of the meeting will be an instructional workshop. This will be followed by the showing of member images. A professional photographer from the area will critique member's prints and digital images. 805-908-5663. WWW.VenturaCountyCameraClub.com

July 13: "Growing Up in Colonia: Boomer Memories from Oxnard's Barrio" by Margo Porras and Sandra Porras. La Colonia is half a square mile of land separated from the rest of Oxnard by the railroad tracks and home to the people who keep an agricultural empire running. Through the voices of the people, the authors share the challenges and triumphs of growing up in this treasured place. Bank of Books 748 E. Main St. from 11 - 1 p.m. More info call (805) 643-3154

July 13: Ventura Friends of the Library will hold a Book Sale from 10-3 p.m. at the Vons at Telegraph and Victoria (6040 Telegraph Rd.) Quality used books at bargain prices.

July 18: Ventura Friends of the Library continue the celebration of their 50th anniversary in conjunction with the Summer Reading Program at E.P. Foster Library. Thursday, from 11- 1 p.m. meet Alane Adams, author of the Legends of Orkney series for middle grade readers. Her talk will be followed by book give-away and book signing, music with Craig Newton and a taste of high-tech ice cream at Subzero Ice Cream.

July 27: Join the 14th annual Heels and Wheels Motorcycle Ride sponsored by Ventura HOG Chapter Ladies of Harley. All Motorcycles are welcome to participate. Make a Difference! Ride with a Purpose! Your registration fee includes a t-shirt, ride, lunch and a great time for a good cause. Register early and save at https://HeelsandWheels2019.eventbrite.com. Space is limited to the first 200 attendees who register. Registration July 14th to July 27th \$40 per participant. Ventura HOG Chapter #0366 heels.wheels.ride@gmail.com, 805-844-6043.

Ventura libraries events

Avenue Library Summer Reading Events Christopher T. Magician 7/3 Wednesday @ 3-4pm

Children love him! His audiences are as much a part of the show as he is, shouting, helping, and participating.

Joe Gandelman - Ventriloquist 7/10 Wednesday @ 3-4pm

Each show features a variety of puppets in comedic skits that children and family audiences have laugh out loud fun.

Ojai Raptor Center 7/17 Wednesday @ 3-4pm

They will educate children about the work that they do to rehabilitate and take care of wild animals in our community.

Inlakech Cultural Arts 7/24 Wednesday @ 3-4pm

For nearly five decades, Inlakech has worked to empower at-risk youth through the cultural arts. Show will feature artists, musicians, singers and dancers!

Jessica Vang 7/31 Wednesday @ 3-4pm

Miss Jessica is a local early literacy and youth guitar/singer who sings a variety of fun and engaging songs.

E.P. Foster Library Children's Summer Reading Shows 7/5 Humane Society Thursday @ 11am

The Humane Society will bring in one of their furry friends and teach children about pet etiquette, resources for animals, and more.

7/12 - David Cousin Friday @ 11am

David Cousin is a holder of 5 world records in juggling and has performed professional family-oriented comedy juggling shows throughout the world.

7/18 Alane Adams Author Thursday @ 11am

Alane Adams is a social entrepreneur, philanthropist, professor, award-winning author and an avid literacy advocate.

7/18 Craig Newton Thursday @ 12pm

Get ready for foot stomping, hand clapping, sing-along fun as musician Craig Newton brings TEN different instruments to your library. Entertaining and educational!

7/25 Ojai Raptor Center Thursday @11am

The Ojai Raptor Center will educate children about the work that they do to rehabilitate and take care of wild animals in our community.

Hill Road Library Summer Reading Events Humane Society 7/2 Tuesday @ 5pm

The Humane Society will bring in one of their furry friends and teach children about pet etiquette, resources for animals, and more.

Ojai Raptor Center 7/16 Tuesday @ 4pm

They will educate children about the work that they do to rehabilitate and take care of wild animals in our community.

Abbit the Average, Magician 7/23 Tuesday @ 4pm

Comedic magician Abbit the Average will be here entertaining children of all ages.

Bilingual Musician/Singer Nathalia

Continued on page 19



News & Notes



Event included a large career day booth for youth and the public.

Over 1,000 attended Ventura County Public Work Agency's Public Works Day

5th Annual educational event adds themed stations, kinesthetic learning, and careers benefitting the environment

Over 60 years ago, John F. Kennedy started National Public Works Day to educate the public on the departments that run the water, sewer, building, watershed, transportation, recycling and refuse industries in the U.S. today.

In what is becoming a favorite educational experience- more than 1,000 Ventura County school children, teachers, parents and guests were in attendance at this year's enhanced event that featured more than 23 heavy equipment demonstrations and 35 interactive booths, including a large career day booth for youth and the public.

This free event was located in Ventura County's Government Center Parking Lot G where attendees had the opportunity to learn about the most recent in-

novations in safety, science and environmental sustainability. The newly created thematic zoned stations featured booths on Native Drought Resistant Plants, the County's Raptor Program, building and safety, engineering STEM, and technology in public transportation to the always-popular live demonstrations of heavy equipment in action that highlighted the five departments of VCPWA.

In addition to careers in public works, General Services Agency (GSA) and County Human Resources arranged an expanded career booth where employees provided information to students as well as attendees looking to explore county and public works career paths.

VCPWA's National Public Works Week (NPWW) event has grown tremendously since launching in 2012 with more than 700 students in attendance of last year's event.



Westside Community Council meeting is seen on CAPS.

CAPS Media Records Community Council Meetings

CAPS Media's ever-expanding community wide services include ongoing collaborations with Community Councils throughout Ventura. CAPS records, broadcasts and streams the local meetings, and provides the councils with the recorded event for their use. CAPS recorded the East Ventura Community Council meetings in April and May and will cover the EVCC meeting in June. CAPS also recorded the Westside Community Council meeting in

June and will cover the Midtown Community Council meeting in July. Every meeting is broadcast on CAPS Channel 6 and streamed on capsmedia.org the week following the meeting and the councils post the events on their websites and social media. Other community councils interested in having CAPS Media record their meeting should contact CAPS at info@capsmedia.org or call 805-658-0500.

A CAPS Congratulations to all the college, high school, middle school and elementary school graduates in Ventura. And congratulations to this year's Mayor for a Moment honorees who are all headed to middle school in the fall. The Mayor for a Moment student recognition program is a collaboration with the City of Ventura, the Ventura Unified School District and CAPS Media. Each month an outstanding 5th grader is selected by the individual elementary schools. CAPS Media produces video profiles on the young mayors and their schools which are shown when the outstanding students are recognized at City Council meetings and VUSD School Board Meetings. The Mayor for a Moment Class of 2018-2019 are Tyleigh Matheson (Loma Vista), Jazzmn Vior-Preciado (ATLAS), Alexa Swanson (E.P. Foster), Darby Mussehl (Blanche Reynolds), Ammar Atiah (Elmhurst), Joey Becerra (Junipero Serra), Ella Dritz (Mound) and Lily Sheldon (Pierpont).

CAPS is always eager to provide the public with tours of the CAPS Media Center.

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Ionic deli celebrating 25-years

On July 1, 2019, Ventura County's iconic Danny's Deli & Grill located in mid-town Ventura will be celebrating 20 years of serving our community. Owners' Wendy Collings and son Alex Everhart will be hosting a celebration at the restaurant on Sunday, June 30th and Monday, July 1st, 2019.

To both commemorate this wonderful milestone and to honor our beautiful city, award winning local artist, MB Hanrahan, will have completed her 85 foot mural on the exterior wall of the restaurant. The mural will feature images representing Ventura's rich history and beautiful surroundings. Danny's Deli is proud to support this public art project as a gift to our community.

With a large selection of traditional homemade deli options and an expanding menu that includes many new vegetarian/vegan entrees, Danny's is sure to have something delightful for everyone.

Danny's Deli & Grill is a family owned and operated restaurant with a dedicated staff, many of who have been with the restaurant since its opening day. Many customers are long time regulars who have become part of Danny's Deli's extended families. With a friendly and comfortable atmosphere, Danny's has always been a location for singles, friends, families, businesses and groups to meet, as well as a place you can go to feel completely welcome.

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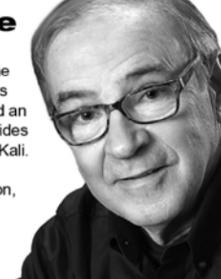




Kali is Your Code Name
by James Francis Gray

One afternoon, Gloira Sanchez is approached by Madame Beverly Wiggins with the suggestion that Gloria, "Drop this dead-end job and hook up with me." After consideration and an envelope containing five one-hundred dollar bills, Gloria decides to join Madame Wiggins. Beverly changes Gloria's name to Kali. "Kali is Your Code name" follows Kali on her sordid adventures, which send her to the top of her new profession, a high priced call-girl.

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News & Notes



Ventura 805HELP chosen as Nonprofit of the Year

805HELP has been selected as a 2019 California Nonprofit of the Year by Senator Hannah-Beth Jackson. 805HELP Founder Emily Barany traveled to Sacramento, joining 100 other California-based nonprofits also receiving this prestigious recognition, as part of California Nonprofits Day on June 5th.

Now in its fourth year, California Nonprofits Day was formally recognized by Assembly Concurrent Resolution 62, authored by the chair of the Assembly Select Committee on the Nonprofit Sector, Assemblywoman Monique Limón. The day is organized each year by Assemblymember Limón and CalNonprofits. "Nonprofits are often hidden in plain sight," explains Jan Masaoka, CEO of the California Association of Nonprofits (CalNonprofits). "California Nonprofits Day is an opportunity for our elected officials to celebrate the good work they see nonprofits doing in their districts, and for everyone to appreciate the collective impact of nonprofits in our communities."

"If you had asked me 18 months ago what I'd be doing today, I could not have guessed it would be starting a nonprofit," commented Emily Barany, 805HELP founder and owner of VISIONALITY, a consulting firm helping nonprofits transform vision into reality. "Who could've imagined back then the rapid succession of the tragedies our communities would be facing? What keeps me going are the stories. Like Wiley, a Thomas Fire survivor who lost everything and simply needed a pair of shoes. Or, an eight-year-old girl with brain cancer who we flew on our all-volunteer airline over highway 101, closed due to mudslides, for a critical appointment with her cardiologist at Children's Hospital in Los Angeles."

Barany continued, "Being recognized as Nonprofit of the Year by Senator Jackson is an honor and lets me know that what are on the right track. I really feel like what we've built here in our community is needed globally and I'm inspired to scale our support for the recovery of communities around the world."

805HELP began as ThomasFireHelp in December 2017 rising from of the immediate and desperate needs of local citizens in the Ventura and Santa Barbara communities who were facing disasters of unprecedented scale and destruction. Within six months of the Thomas Fire and resulting Montecito

Debris Flow, the community suffered another catastrophic blow from the Holiday Fire that broke out in Goleta in July 2018. Six months later in November 2018, the Woolsey Fire began in eastern Ventura County only one day after the tragic and senseless Thousand Oaks Borderline Mass Shooting where 12 lives were lost and countless others devastated. It became clear that ThomasFireHelp needed to expand its service of connecting resources and help with need and 805HELP was born.



String Quartet has won the decade's most prestigious honors for chamber music.

Calidore brings the "California Gold" standard of chamber music to Ventura!

by Richard Newsham

Find out for yourself why the young Calidore String Quartet, from L.A.'s Colburn School of Music, has won the decade's most prestigious honors for chamber music as it's traversed the globe's top venues, delighting audiences at Lincoln Center, Carnegie Hall, BBC Proms, Berlin Konzerthaus—and now the Ventura College Performing Arts Center on Sunday, July 14, at 3 p.m., as the ensemble concludes the first weekend of the Ventura Music Festival's 25th season.

The two violinists, violist and cellist will engage listeners with Beethoven's inward spiraling Opus 127, as the composer moved from struggle to a Hindu-inspired inner peace, complete with playful "leapfrog" games among the strings. Next comes the Pulitzer Prize-winning American Gen X-er composer Caroline Shaw whose Three Essays are inspired by Marilynne Robinson's essential essays, The Givenness of Things, the "echo" chamber of today's social media, and the elegant Japanese programming language Ruby. Calidore concludes with Mendelssohn's final work, Opus 80, a poignant cry for and celebration of his beloved and recently-deceased sister Fanny.

The string quartet with its intimate, complex, interwoven fabric of sound "is an amazing way to converse musically with others," says Shaw—a kind of music "that will be contemporary forever," added Stravinsky—"a strange composite being" of four individuals who share communal decisions yet do things spontaneously, requiring the other players to respond in real time. It's "a zone of magic" for every audience to witness--don't miss "the Calidore experience!"

Richard Newsham is a Ventura Music Festival consultant



Senior Living

Pull Out Section



Pilot Matt Norklun is an active member of the Commemorative Air Force Southern California Wing in Camarillo.

Former supermodel to help honor local veterans with military flyover

Matt Norklun wasn't looking to become a supermodel - his dream was always to be a stuntman. He got his start in the movie "So Fine" starring Ryan O'Neal. But after a chance encounter with renowned fashion photographer, Bruce Weber, Matt was swept up in the fashion world and became an international supermodel, best known as the face of Perry Ellis menswear.

Today, the bicoastal actor, model and director, is as busy as ever, but he still reserves time for his philanthropic work. When in Southern California, Norklun volunteers his time with the Commemorative Air Force Museum, Southern California Wing (CAF SoCal).

On June 26, Norklun, on behalf of CAF SoCal, will be piloting a WW II Warbird flyover as part of the "Salute Our Veterans" celebration at Cypress Place Senior Living. The senior living community is hosting their 11th annual celebration of Veterans with a ceremony recognizing residents of Cypress Place, as well as members of the public, who served their country. The event is free and open to the public. The flyover is new to the event this year.

In addition to the flyover, a real Huey Army MEDEVAC helicopter will be on display from 11am to 1pm during the event. The helicopter on display has bullet holes from its time in Vietnam.

No less emotional will be the

ceremony recognizing residents of Cypress Place, as well as members of the public, who served their country.

Leading the tribute will be a bagpipe procession and military Color Guard presentation followed by a special Veteran recognition, along with recognition of widows and widowers of Veterans. Keynote speaker will be Captain Michael France, from Naval Base Ventura County.

Special words of thanks will be also be offered during the ceremony by local dignitaries. There will be live musical entertainment, a flag folding ceremony, and TAPS will also be played at this touching tribute.

A free BBQ lunch will follow the powerful program. Military memorabilia from residents of the senior community will be on display.

CAF So Cal will also have a display of memorabilia curated from their extensive aviation museum, along with an Army jeep available for attendees to sit in or pose next to for photographs. There will also be information available about Veteran's benefits from representatives of the Veteran Services Office from the County of Ventura.

After the flyover and ceremony portion of the event, Norklun will be at the event to greet those in attendance and answer questions about the WWII aircraft used in the flyover.

Continued on page 14

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Senior Living

Activities for elderly men at senior living facilities

by June Fletcher

According to the 2015-2016 National Study of Long-Term Care Providers (NSLTCP), more than twice as many women live in residential care communities compared to men. Often, the activities, décor and social events at assisted living facilities and nursing homes seem to appeal overwhelmingly to female residents. However, the baby boomer generation is aging rapidly and facilities will soon be forced to take more notice of their male residents' preferences.

In fact, plenty of senior living communities are expanding activities and amenities geared towards elderly men. For example, The Arbors Assisted Living in Westfield, Massachusetts, hosts a regular men's night at its onsite pub, while Canyon Creek in Cottonwood, Utah, offers weekly Wii Sports events in simulated bowling, baseball and tennis. The Cottages, an assisted living and memory care community in Weiser, Idaho, frequently takes residents on field trips to practice putting and play a few holes at a local golf course.

Kim Blocher, social programming manager at Brandon Woods at Alvarado in Lawrence, Kansas, explains that the stereotype surrounding senior living facilities and their lack of masculine appeal, "Just isn't true." While male residents typically aren't interested in more feminine activities like sewing and afternoon tea, they flock to Blocher's regular blackjack and Texas hold 'em events. In fact, outings to a Kansas City Royals baseball game and a Father's Day car show and brunch were both hits with the elderly men at Brandon Woods. "They tend to like activities that are competitive," Blocher notes, even if the prizes are sundries like paper towels.

Many facilities have run with this

concept and created permanent events and amenities oriented to men, too. New Horizons in Marlborough, Massachusetts, has installed a putting green, a horseshoe pit, and a devoted space for residents to play lawn games like croquet and bocce ball. Features and events at Cypress Palms in Largo, Florida, include a veteran's club, a computer club, men-only chats over coffee and even an intergenerational drum circle.

Granted, getting a group of men together isn't always easy. Debi Trammell, an activity director in Texas, points out that men tend to enjoy talking with other men, but they are not likely to seek each other out. In fact, men sometimes need multiple reminders, encouragement from peers and reassurance that their friends are also attending before they'll agree to participate in an event or activity. When they finally do show up, however, "They enjoy sharing stories and accomplishments," Trammell admits.

Finding activities that appeal to senior men can certainly be tricky. Of course, some male residents do enjoy playing bingo or honing their artistic skills, but many would rather discuss politics or watch sports. Still, a number of games, activities and social opportunities can spark their interest, including chess, cards, trivia, building and painting model cars, trains, planes, and ships, current events clubs, karaoke, woodworking, and fly fishing. Outings to comedy clubs, sporting events, musical performances, rodeos and restaurants can provide an exciting change of scenery for elderly men, too.

The easiest way to find a pastime that an aging loved one will enjoy is to get to know their personality and individual interests. A senior living community's activity director should devote time to getting to know their residents and curate events and opportunities to meet those needs and interests. Most seniors require some gentle encouragement to get involved at first, but once they make some friends and find a few activities they like, it will help them settle into their new home and greatly improve their quality of life.



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Curb to Curb is a door-to-door service provided by the City of Ventura, that takes seniors to a different place for lunch or dinner every month. Curb to Curb is reserved for people who no longer drive, but want to have a fun day out with friends. They are picked up at their homes. This lunch was at the Black Angus Steakhouse on Telephone Rd.

Attending were Sylvia, Hazel, Ann Marie, Ventura Breeze's own Breezy Gledhill (tour leader), Andrea, Ginny, Betty and Kenna (bus driver and tour leader) standing.



Senior Living

Tips for safe, easy travel with a senior

by Renata Gelman

RN, B.S.N., assistant director of clinical services at Partners in Care

Traveling can be an extra source of stress for caregivers and seniors alike. The idea of handling a loved one's limited mobility, chronic illness, depression or other health conditions while away from home can lead to anxiety rather than anticipation. To ensure everyone feels prepared, discuss the hypothetical itinerary before booking and acknowledge any concerns your loved one may have. Addressing the unknowns in your travel plans will help everyone feel more confident and replace apprehension with excitement.

Attention to detail is crucial when planning a vacation with a senior, whether it's a short road trip, a cruise or a cross-country flight. Think about accessibility features you will need, how much luggage and medical equipment you'll be traveling with, and special needs that must be met throughout the trip. The easiest way to anticipate your loved one's needs is to take detailed notes while going through their daily routine at home and while on outings. Take these factors into account when booking flights, rental cars, hotel rooms and scheduling activities. Be sure to request the accommodations you know you will need and inquire about additional accessibility features that the airline, hotel or other businesses offer that may come in handy. For example, you may want to book hotel rooms that are located on the first floor and/or are adjoining, arrange for specialty meals that meet your loved one's dietary restrictions, or reserve aisle seats near the lavatories on the airplane for easier toileting.

Always bring extra doses of medication and copies of your loved one's prescriptions when traveling. If you will be flying, ensure each prescription is in its original container and double-check with your loved one's doctor to see if you will need any special documentation for traveling with certain medications.

Replicating your loved one's routine and surroundings as closely as possible will help them feel more relaxed while in an unfamiliar environment, especially if they have Alzheimer's disease or another type of dementia. Bring a few of their favorite objects and comforts from home, such as photographs, a cherished blanket or a few books. These items will make your loved one feel more at ease in their new surroundings.

Remember, it's your vacation, too. Make sure to set a schedule for your family members to pitch in with caregiving. Alternate planning activities as a family with time for each of you to get a break from providing care. For example, if your loved one tends to nap in the af-

ternoons or retire early in the evenings, trade off caregiving duties with other family members so that each of you has some time to explore or relax.

Bring a comprehensive emergency checklist in case your loved one experiences a medical setback while traveling. This should include a complete prescriptions list, physician contact information, pertinent medical history, and any contact info for family and friends.

With careful planning and some minor accommodations, many seniors can still participate in family vacations. However, travel—especially demanding, long-distance trips—is typically inadvisable for seniors who are in poor health or the end stages of dementia. Families, particularly those with young children, should make the most of their limited opportunities for vacations and precious bonding time. If an aging or ill loved one cannot feasibly participate, there are several kinds of respite care that can enable you to get away and feel confident that they're receiving quality care in your absence.

Free Women's Symposium explores women's health issues and 'Aging Gracefully'

A range of health issues that women face as they age, from hormonal imbalances to cognitive issues to good nutrition, will be the focus of a free half-day symposium on Saturday, June 22, at the Ventura Beach Marriott.

Community Memorial Health System is hosting the Women's Symposium as part of its 2019 Speaker Series. The June 22 symposium will begin at 7:30 a.m. with a light continental breakfast and exhibit tables before the moderator, Dr. Ali Shuman, presents the opening remarks at 8 a.m. The event, with the theme "Aging Gracefully," runs until noon.

Participating expert physicians will discuss health issues important to women as they age with a focus on aging gracefully. Issues to be discussed include hormonal havoc, good nutrition, varicose veins, sports injuries and exercising for your age, how to stay focused, Botox and fillers, and looking younger with a mini facelift. The event also will include a panel discussion as well as information about the latest research, procedures, treatments and support available.

Registration is free but reservations are required. For reservations, visit www.cmhshealth.org/rsvp or call Brown Paper Tickets at 800-838-3006.



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Local tattoo artist preps Nichole Franklin for a tattoo for the SNAFI fundraiser.

Tattooing For Change

by Amy Brown

It's 9:30am on a Sunday and there's already a long line out the door at Roses and Rivets Gallery and Body Art studio in Santa Paula. Folks had been queued up for some time, waiting to be tattooed by Steph Sparrow at her second annual fundraising event for Still Not Asking For It (SNAFI), a tattoo flash fundraiser event for sexual assault and rape survivors. All proceeds go to organizations which aid in prevention, healing and justice of survivors. Ventura resident Sparrow was selected as the only tattoo artist in Ventura and Santa Barbara Counties to participate in the national event, and she chose the Coalition for Family Harmony's rape crisis center in Oxnard as the organization to receive the money raised from her efforts in the event.

Sparrow tattooed participants from morning into the night, and raised \$2,200 for the Coalition, twice what she raised in the event last year. Flash events

have pre-drawn tattoo designs relevant to the cause, and available at a reduced price. Customers are tattooed on a first come, first served basis. "Word definitely gets around that I'm doing it, and it's kind of intense, with hardly any time for bathroom breaks or to eat, it's crazy!" said Sparrow.

She shared that she was expecting the crowds, but wasn't expecting the number of people who also shared their own stories of rape or incest during the event. "The tattoo chair is always kind of a confessional, and I've had people tell me about their childhood abuse; it's a really powerful thing," said Sparrow. "Tattooing itself gives people the sacred space to own their own bodies; it's such a powerful ritual. Tattooing did that for me. I'm honored that so many people came out to support the event, and to see so much money being donated to the Coalition."

Nichole Franklin, a native of Ventura and currently residing in Santa Paula, was one of the first in line for the event. "Steph is a phenomenal artist, plus, she's a pilot, has been a teacher and a musician—she's basically my spirit animal," said Franklin. "This is a great cause—all the events she does are great—but this one is a little more personal for me," said Franklin, who chose a whimsical Stegosaurus tattoo design with the words "Don't Touch" below it, in homage to the SNAFI cause.

"We've basically been waiting our whole lives for a woman-owned tattoo shop in this area," said Morgan Williamson, as she waited patiently to get a cute baby porcupine design with "Don't Touch" under it on her left forearm. When asked why she chose that design, she said "It's an adorable way to get a little bit of closure, now I'll be able to look down at

Senior Living

something pretty."

Sparrow who has been tattooing for 12 years, is essentially a modern Renaissance woman; with a PhD in Music Composition, she was also a former college professor, and currently holds a private pilot's license, and is an avid long-distance runner on the Ventura trailheads. Opposing stereotypes comes with her territory and her brand. "Every single day is an exercise in combatting stereotypes," she says of her shop, and being a woman-owned business, not to mention tattoos in general. "Tattooing is an outlet of self-ownership, and self-expression, and to be able to empower other people in that way in a safe space is a real honor."

Come join Genesis Programs in support of our community

On Friday, June 21, Genesis Programs invites you to stop by from 1 to 4pm at their Ventura office at 1732 Palma Dr Ste 208. You'll receive a no cost Health and Safety Goodie Bag. Bags will include such things, as a "How to Dispose of Prescription Drugs" – By Addiction Policy Forum. Prescription Drug removal is a very important, know how to dispose of properly knowledge to have. With overdose on the rise in our senior community and 156 accidental of youth and seniors' deaths alone in Ventura County last year, be sure to get the knowledge you need. Ensure your family is safe from accidents and the environment is not affected by improper disposal of prescription drugs.

Summer Survival Kits from Diversity Collective is another must have for all LGBTQ+ family's this summer.

This 'n' That

Mailbox

Continued from page 4

for going the extra mile. You are to be commended!

April Marano

Sheldon:

Thank you for your great local paper. You asked a question, "Why are Christian conservatives against abortion?"

The answer is that we Christians/Catholics/Episcopalians believe that life begins at conception and the Mother is carrying her baby boy or baby girl, a son or a daughter, and we do not believe in murder of the innocent children.

A good local pro-life group that saves babies is Life Choices Pregnancy Clinic of the Ojai Valley. Check out their website.

The movie "Unplanned" at Collection theater was excellent, a true story about a former Planned Parenthood Clinic Director.

Betsey and John Stewart IV.
Ventura Keys

Dear Sheldon,

I disagree with your opinion that gun show should be allowed at the County Fairgrounds. To do so soon after the recent shootings in Thousand Oaks shows a desensitization and insensitivity

You'll also enjoy healthy treats by Food Forward, a local nonprofit, helping fresh local produce find low income families in need and keeping produce from going to waste.

Door prize treats and raffles will be part of the event.

Just another way Genesis Programs Inc. is supporting the future of Ventura County!

Support group has new location

The Ventura Parkinson's Disease Support Group is excited to announce that starting with their meeting on July 10th, they will be meeting at the Ventura City Hall's Community Meeting room on the second floor from 12:30pm to 2:30 the second Wednesday of each month (except December). Please watch for more details in the July 3rd edition of the Ventura Breeze. To be put on their email list please call Patty at 805-766-6070.

Former supermodel

Continued from page 11

"I understand there is a resident at Cypress Place who actually flew this type of aircraft in World War II. I can't wait to meet him, and the other vets, and hear about their experiences", said Norklun.

All Veterans are encouraged to attend, as well as families, friends and neighbors.

Free shuttle parking will be available at Unitarian Universalist Church of Ventura (corner of Ralston Street and Cypress Point Lane).

To learn more about Cypress Place Senior Living of Ventura, visit their web site at www.cypressplaceseniorliving.com.

to this critical issue of contemporary Society.

Regarding Beay letter to Breeze on June 18, 2019. Excellent and concise. Why are government and religious entities involved in our personal health care decisions?

Lou Vigorita, Ventura

Dear Editor:

What a waste of time, energy, and insults. Trump hears nothing he doesn't want to hear. He loves street fights. He loves slinging mud, and other matter, just for the sake of making noise.

The, only, way to make Trump uneasy, is to ignore him. He doesn't exist. He isn't worth an iota of attention, or awareness. Trump is a nothing.

One treats nothing by doing nothing, saying nothing.

S. Douglas

S: Wait a minute didn't you just write about not writing about him by writing about him?





This 'n' That



The festival draws thousands annually to Ojai.

The Ojai Valley Lavender Festival to burst forth in bloom

Lavender magic returns for the 16th year as Ojai festoons herself in fragrant, purple glory to celebrate an especially bountiful and breathtakingly beautiful season of local lavender. While drought and fire affected last year's crop, Mother Nature has been most tender with temps and generous with rain in 2019 to produce a banner year for the versatile herb.

Always held the last Saturday in June to coincide with Ojai's peak lavender bloom Festival will be Saturday, June 29th, 10am-5pm at Libbey Park. The festival draws thousands annually to Ojai for a family-friendly day of art, music, food, games, speakers, prizes and over 100 vendors offering a wide array of lavender and lavender-inspired products, including oils, vinegars, honey, aromatherapy and beauty products, culinary items, candles and of course plenty of freshly cut, dried and potted lavender. Local shops, restaurants, wineries, breweries, java cafes and overnight accommodations love to participate in the lavender celebration, too, and many feature unique lavender items and sales specials.

The sober side to this exciting event is that 2019 will be the final festival, at least as of the moment of this writing. The Ojai Valley Lavender Festival (OVLV) committee – tiny but fierce – has produced this incredible event for 16 years. The all-volunteer team lead by Executive Director Neil Friedrichsen, President Cindy Mullins and Vice President Joy Brown, is ready to retire. Yes, it's a lot of work but it brings so much joy to so many. Hopefully another group or organization will step up and assume the lavender mantle to carry the festival into the future. Interested? Please contact Cindy Mullins at www.ojavalleylavenderfestival.org to learn more.

Start with a 10:00 am performance by musician Richard Kaller on Libbey Park's front patio. The all-day music lineup at the gazebo will feature the Old Time Fiddlers, District 8 at 10:00 am; Hal Waite and the Gaddis Boys at 11:15 pm; Lynn Mullins and Coyote Creek at 12:30 pm; Smitty and Julija at 1:45 pm, Cindy Kalmenson and the Lucky Ducks at 2:45 pm; and Jon Gindick at 3:45 p.m.

The festival speakers' tent will present Renee Roth at 12:00 pm with "Greywater Reclamation," and Amanda Mullins at 2:00 pm with "Make Your Favorite Foods Nutritious and Delicious."

Art, including entries in the 2019 Ojai Valley Lavender Festival Art Contest, will be on display and for sale in the festival's art pavilion.

OVLV's popular Passport Game will

offer fun, adventure and plenty of chances to win great prizes donated by festival vendors.

Another favorite, local Frog Creek Lavender Farm will again join the festivities, offering farm visits with U-pick lavender at its Upper Ojai farm 10:00 am- 5:00 pm on festival day, June 29th, and 10:00 am-3:00 pm weekends through July. www.frogcreekfarmojai.com for directions and details.

As a nonprofit organization, the Ojai Valley Lavender Festival has long supported the community through scholarship awards and community grants. This year's \$2,500 OLVF David Mason Scholarship Award goes to Claire Hankins. Additional \$2,000 OVLV Scholarship recipients are Karen Romero Sanchez, Angela Zirpolo, Aliyah Zweig and Giovanni Torres.

The free event offers free parking managed by Chief Peak 4-H, with complimentary parking shuttles run by HELP of Ojai. OVLV warmly thanks these organizations, as well as Ojai/Ventura Teen Challenge, Von's, Ojai City Council, and OVLV's many new and returning volunteers, vendors and festival guests, for helping to make the Ojai Valley Lavender Festival a joyful, memorable, and successful community event year after year. It's been a really great romp through the lavender. Learn more at www.ojavalleylavenderfestival.org



Legs are run in conjunction with various members of law enforcement.

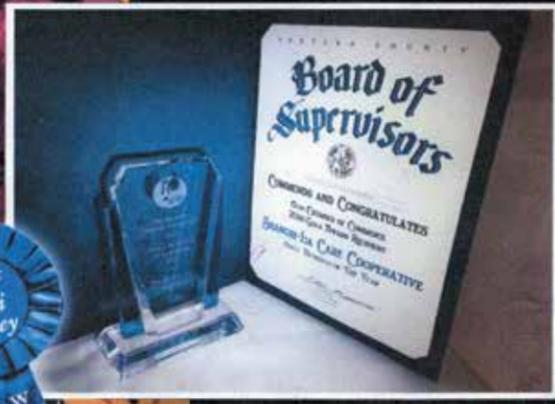
Special Olympics Flame of Hope carried through Ventura

The Special Olympics Flame of Hope was carried through Ventura on June 6! The Special Olympics Southern

Continued on page 23

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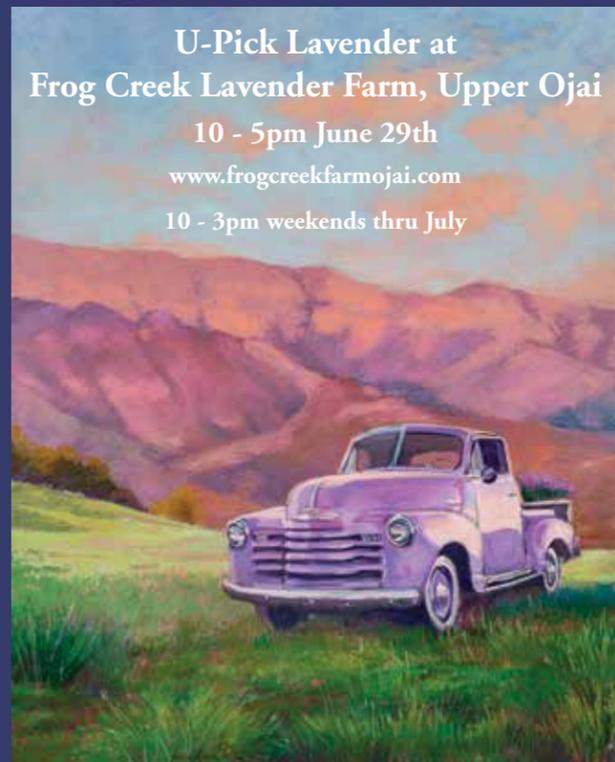
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Ojai Valley Lavender Festival

U-Pick Lavender at
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www.frogcreekfarmojai.com
10 - 3pm weekends thru July



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ojavalleylavenderfestival.org

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Poster by Richard Kaller



The Pet Page



Dedicated to Scamp

■ SPAN Thrift Store is providing \$10 spays and neuters for low income cat and dog friends.

The clinic will take place in the SPAN Thrift Store parking lot 110 N. Olive St.

(behind Vons on Main) on Thursday, June 27th. Please call to schedule an appointment (805) 584-3823.

■ Dog Days Of Summer. Walk your furry friends at Buena Ventura Golf Course every Sunday through Sept. 1, 5pm to sunset. Drink and food specials available on the patio. www.buena Ventura Golf.com/dog. 5882 Olivas Park Dr.

■ Ventura resident Pam Williams has a new helper by her side. Pam recently graduated from two weeks of training and received her third service dog from Canine Companions for Independence, a non-profit organization that breeds, raises and trains assistance dogs for people with disabilities.

Pam has a spinal cord injury and was matched with Hibiscus, a two-year-old yellow Labrador/Golden Retriever cross, who has been professionally trained in over 40 commands. Hibiscus assists Pam by picking up dropped items, turning on and off lights, opening and closing doors and drawers and other tasks that will enable her to live a more independent life.

During Team Training, students are strategically matched with assistance dogs and learn how to work with them safely and effectively. Though costs to breed, raise, train and assistance dog and provide ongoing support to the team are estimated at \$50,000, Canine Companions assistance dogs are provided free of charge to recipients.

Pam says, "Hibiscus will help me be more confident with a best friend by my side."

Canine Companions for Independence provides expertly-trained assistance dogs to children and adults with disabilities. For more information, call 1-800-572-BARK or visit www.cci.org.

■ On Thursday, June 27, the Housing Authority of the City of San Buenaventura will join companies around the globe in opening their doors to employees' furry, four-legged best friends for PSI's 21st annual Take Your Dog To Work Day (TYDTWDay®).

TYDTWDay was established by Pet Sitters International (PSI) in 1999. This annual event urges businesses around the globe to experience the joys of dogs in the

workplace for just one day to celebrate the great companions' dogs make.

The 2019 celebration marks the Housing Authority of the City of San Buenaventura's fifth year of TYDTWDay participation.

"The Housing Authority of the City of San Buenaventura is excited to go to the dogs for a good cause! We see this event as a way to recognize the important role dogs play in our employees' lives and an opportunity to make a positive impact on our local community," says Cheryl Tabbi, Human Resources Manager.

The Housing Authority has a variety of activities planned, including photo sessions and doggie "wag bags."

For more information visit www.takeyourdog.com or PSI at (336) 983-9222, ext. 23230 or takeyourdog@petsit.com. To learn more about the Housing Authority of the City of San Buenaventura or its TYDTWDay celebration, visit www.hacityventura.org or e-mail CBeck@hacityventura.org. The 2019 celebration marks the Housing Authority of the City of San Buenaventura's fifth year of TYDTWDay participation.

"The Housing Authority of the City of San Buenaventura is excited to go to the dogs for a good cause!" says Cheryl Tabbi, Human Resources Manager.

■ The National Police Dog Foundation, FOP DC Lodge #1, and United for Blue co-hosted the 2nd Annual Police K-9 Memorial Service at the National Law Enforcement Officers Memorial in Washington, DC.

The memorial service included a rose and wreath-laying ceremony to honor the memory of fallen police K-9s who have given their lives in the line of duty.

The Foundation has established the K-9 Memorial Fund to honor these fallen K-9 heroes, and help fund the replacement of these K-9s.

Please consider donating to the K-9 Memorial Fund to ensure the continuation of this well-deserving event and keep our K-9 units strong. Please help us honor those who gave their lives for our safety.

Donations help offset: Replacement and training of fallen K-9s – approximately \$25,000.00 per K-9 to be street ready Annual Police K-9 Memorial Service during Police Week in Washington, DC

To donate, please go to www.nationalpolicedogfoundation.org/donate/k-9-memorial-fund.



K-9 Teams laid a rose for each of the K-9s who died the line of duty in 2018.

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Scamp Club

(Scampclub pets are not for adoption.)



Hi: I'm Tigger. I'm about 12 (I lost my birth certificate). I love drinking from the kitchen faucet and sleeping.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.



Pam Williams has a new helper at her side.



The Pet Page

Forever homes wanted

Hi: I'm Adolfo a handsome and smart 5-year-old American Staffordshire Terrier X who was rescued from Animal Services. I know my breed gets a bad rap, but I hope you'll stop by to meet me as you're sure to fall in love and want to take me home.

I love playing fetch and know many commands - sit, stay, roll over to name a few. I'm playful, focused and treat motivated.

I need a home with no small dogs and possibly no cats too. Since I can jump pretty high, I may do best in a home with no small children as I may accidentally knock them over.

While at VCAS, I was able to participate in the Dog Genie's Nose Work class and in Mutts Manners and I was doing well in both classes. I was well liked by their staff and volunteers too.

Canine Adoption and Rescue League C.A.R.L.



Adoptable Meadow is one of 59 bunnies who came to Ventura County Animal Services from the same household. VCAS officers, staff, and Bunny Brigade volunteers sprang into action when the owners sought help, setting up cages for the adult rabbits and finding foster homes for over 30 babies. The adult rabbits like Meadow are now spayed



or neutered and available for adoption. facebook.com/VCASBunnyBrigade. Ventura County Animal Services - Camarillo location - 600 Aviation Drive Meadow A710029



THIS SPACE FOR WRITING MESSAGE

On a recent trip to Peru, Stephen and Lynda Joyce visited Lake Titicaca, the highest navigable lake in the world. The people live on floating islands and have solar power, a soccer pitch and a volleyball court (and even the Breeze). No basketball, though as the straw of the island does not allow the ball to bounce!

GOING ON VACATION? BE SURE TO TAKE THE VENTURA BREEZE WITH YOU AND SEND US A PHOTO WITH A LITTLE INFORMATION ABOUT YOUR TRIP AND EMAIL TO EDITOR@VENTURABREEZE.COM

This 'n' That



A solitary Giant Lupine stands over the southern end of California's Carrizo Plain National Monument. Photo by Dan Holmes.

Sustainability Now News

Ventura Land Trust Nature Photography Contest and Exhibit

by Maryann Ridini Spencer (@MaryannRidiniSpencer)

Ventura Land Trust is inviting all amateur and professional photographers to submit original nature photographs for consideration in the 2019 Ventura Land Trust Nature Photography Contest and Exhibit. The contest, which began in May, will run through July 13, 2019.

"Ventura is home to spectacular seascapes, stunning wide-open spaces, and unique wildlife," said Ventura Land Trust Development and Marketing Director, Adrienne Stephens. "We decided to hold a contest because we felt capturing nature's

beauty through the work of local photographers is a creative and fun way to highlight Ventura Land Trust's mission to permanently protect the land, water, wildlife, and scenic beauty of the Ventura region for current and future generations."

The contest, the first of its kind for the Land Trust, encourages individuals to explore Ventura's natural beauty with their camera, whether it's in their backyard or a public space. Entrants can submit up to three original nature photographs of wildlife, landscapes or scenic beauty by July 13. There is a \$20 per person entry fee.

The esteemed panel of judges for the contest include Dan Holmes of Ventura, a professional freelance photographer, California Master photographer, and PPC Certified Image Competition Judge; George (Hutch) Hutchinson of Westlake Village, an accomplished amateur photographer and longstanding member of Photographic Society of America; Sherron Shepard of Ventura, an accomplished photographic artist, PPA Master Photographer, and PPC Certified Image Competition Judge; and Luisa Hyatt of Santa Barbara, art curator for Rincon Brewery.

Final judging for the contest will occur between July 14 and 16, and all finalists will be informed by email. Submissions will be judged on subject, composition, framing, lighting, and overall "wow" factor. All Finalist and Winner photos will then be publicly announced at an Opening Reception on September 5 to be held at Rincon Brewery, 4100, Telegraph Road, where the images will be exhibited (and available for sale) from September 5 through November 30, 2019.

"Ever since my childhood, when I would pour over the beautiful photos in National Geographic, I've loved nature photography.

I'm so excited that the walls of Rincon Brewery will soon be covered with the Land Trust's contest winners. It will be a beautiful sight!" said Stephens.

For complete contest information, and to download the application, go to venturlandtrust.org and click on the Photography Contest tab. For more information, contact Adrienne Stephens, adrienne@venturlandtrust.org or (805) 643-8044.



A short restaurant review (my first)

by Sheldon Brown

Recently I had lunch with Breezy Gledhill at the Mad Rose Italian Mediterranean Restaurant located in Downtown.

We were served by owner Kelly Tyburski who was very pleasant and accommodating.

It has a very nicely designed interior with an enclosed patio facing Main and a small sit down bar.

We were first served excellent warm rolls.

Breezy had a salad that she added

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shrimp to. I thought that it was a little small but Breezy said that it was excellent.

I had Milano (salmon in lemon cream sauce with cherry tomatoes and maui). It was also excellent with large chunks of salmon. I drank water because I am determined to start drinking water which I very seldom do.

The Mad Rose offers a globe-trotting mix of dishes representing such Mediterranean countries as Spain, France, Argentina, Greece and, of course, Italy! They serve all of the usual Italian dishes, salads, hot antipasti, choice of 11 pastas dishes, house specialties, entrees (Cioppino-Lasagna) all moderately priced for the good food and ambience.

I will certainly eat there again.
www.themadrose.com 543 E. Main. 805-628-3985

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RANKY TANKY

SUNDAY

JULY 21

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CELLO QUARTET

Tickets on Sale Now! www.VenturaMusicFestival.org 805-648-3146

This 'n' That



Former Ventura City Manager Mark Watkins is a new member of the board of trustees.

Ventura Land Trust welcomes three new members to Board of Trustees

The Ventura Land Trust recently announced the induction of three new members to their board of trustees Jane Montague, Sunjay Moorthy and Mark Watkins.

Jane Montague, a Ventura native and graduate of Loyola Marymount University, is a registered California Professional Engineer and a Certified Floodplain Manager who specializes in land, earth and water. For 30+ years she has owned and operated Ventura-based Lewis Engineering, the first engineering consulting firm to receive the City of

Ventura's Green Business Certification.

In addition to serving on the Ventura Land Trust Board, Montague also volunteers with Surfrider Ventura, Ventura Botanical Gardens, Ojai Valley Land Conservancy and the Sierra Club where she has participated in and helps coordinate the Wilderness Basics Course program. She lives in Ventura with her husband Curt and their two adult children.

Sunjay Moorthy was born in India and lived in England and in several U.S. states while growing up. For the past 30 years he has worked at NASA's Jet Propulsion Laboratory (JPL). He currently serves as JPL's Deputy Manager for Institutional Communications. In 2000, he received the NASA Exceptional Service Medal for his leadership role in communications and technical documentation.

In addition to serving as Treasurer of Ventura Land Trust Board, he is on the Spanish Hills Country Club Board of Governors and serves as their Men's Golf Chair. In addition, he is a certified umpire for District 63 Little League and Channel Coast Umpires. When not working, Sunjay enjoys golf, baseball and exploring nature. He and his wife Elizabeth live in Ventura.

Mark Watkins, a registered California Civil Engineer, received his undergraduate Civil Engineering degree from California State University Chico and a Masters in Public Administration from California State University Northridge. He has enjoyed a long career of public service working for the County of Kern, as the Public Works Director for the City of Thousand Oaks and most recently as City Manager for the City of Ventura. Mark retired from the City of Ventura in 2017.

Mark has been an active hiker and backpacker since his youth and is also a sailor,

diver, kayaker, and surfer. He and his wife Amy have lived in Ventura for more than 30 years and his three daughters were born and raised there.

Ventura Land Trust (formerly the Ventura Hillside Conservancy) is dedicated to permanently preserving and protecting the land, water, wildlife and scenic beauty of the Ventura region for current and future generations. Founded in 2003, the 501(C)(3) non-profit organization is supported by over 600 members, local businesses and government partners. The land trust manages 90 acres of land along the Ventura River and is negotiating the purchase of its first hillside property. The Ventura Land Trust's offices are located in the Poinsettia Pavilion, 3451 Foothill Rd, Ventura, CA 93003. For more information, visit www.venturlandtrust.org. Adrienne Stephens

What started as only one poem became the 1st place winner

Isabella Kress is a recent Culinary Arts and English Education graduate from Cerritos College. She will be continuing her educational journey as an English Education major with emphasis in Creative Writing at California State University, Long Beach Fall 2019. She recently placed as the 1st place winner of Cerritos College's 15th Annual "Falcons Out Loud" Poetry Competition in 2018. When not writing poetry, Isabella enjoys cooking, traveling, singing, salsa dancing, and visiting family and friends in

her hometown, Ventura. What started as only one poem for a creative writing class inspired her to create a collection of real, raw poetry that is Moonlight Reflections.

With one's darkness, also comes light. Moonlight Reflections is a series of short poems split into two sections (Engulfed in the Darkness and Embracing the Light) that discuss the often dark struggles of poisonous relationships, loneliness and self-acceptance, and illuminate the triumph of overcoming hardships, finding inner peace, and learning to love again. Moonlight Reflections is for those who have loved and have lost, who have faced hardship, but are still moving forward, and those who are broken, but ready to begin healing. May this short, yet powerful collection bring you comfort and a sense of peace as you find your light within life's darkness.

Moonlight is now available for purchase on Amazon.com.

Isabella is the daughter of Ventura Breeze Assistant to the Publisher Ana Baker



Before he went to doggy heaven Isabella would read poetry to Scamp.

Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Theft of a Boat and Prowling Arrest

On June 9, at approximately 8pm, the Ventura Police Department Command Center received a 911 call from a resident in the 3000 block of Bayshore Ave., reporting a suspicious subject on the dock behind his residence. The resident said he caught the subject, later identified as 28 year old Valencia resident Ayrton Sieja, attempting to sail away in his boat and when the resident confronted him, Sieja jumped in the water fully clothed and began swimming across the channel.

As officers arrived on scene, additional officers responded to the 1300 block of Beachmont St., where Sieja had climbed out of the water and was found on the side yard of a residence. Sieja was taken into custody without incident.

Sieja was later arrested for theft of a boat and prowling. No one was injured as a result of this incident.

Armed Robbery

On June 8, at approximately 4:15am, an officer was patrolling the area of Moon Dr. and Victoria Ave., when he was contacted by a 22-year-old male who reported that he had just been robbed at gunpoint by two black males, 25-30 years, one wearing a black shirt. The victim said he and a friend were walking near the apartment complex in the 1300 block of Saratoga Ave. and were approached by the suspects, one of them who hit him in the back of the head. The victim fell and while he was on the ground, he was kicked several times. He then saw that one of the suspects was armed with a black handgun. The suspect with the gun pointed it at him and demanded all his property. The victim complied and gave the suspect his jewelry and watch. After taking his property, the suspects fled the area on foot.

Officers checked the area and were unable to locate the suspects.

The victim sustained minor injuries to his head as a result of the incident. He was transported to VCMC for treatment of non-life threatening injuries and later released.

Stolen Vehicle Arrest and Arrest of Wanted Subject

On June 11, the victim reported their vehicle stolen to the Ventura Police Department. On June 12 at 11:45am, a patrol officer located the stolen vehicle in a motel parking lot on Thompson Blvd and contacted the Ventura Police Street Crimes Unit. SCU along with VenCATT observed 34-year-old Jeffery Gonzales exit a room, enter the stolen vehicle and begin to drive it from the parking lot. Before Gonzales could exit the parking lot, he was stopped and arrested for possession of the stolen vehicle. Gonzales was later transported and booked into the Ventura County Jail.

While investigating Gonzales, detectives located a wanted subject, 32-year-old Jacqueline Randall, who had 5 local warrants. She was arrested and booked at the Ventura County Jail.

The Ventura Police Department would like to remind everyone to lock their vehicles, do not keep anything valuable in their vehicles, especially overnight, and do not keep a spare key inside the vehicle.

Sexual Battery Arrest

On June 8, at approximately 10:15pm, the victim contacted the Ventura Police Department after receiving a massage at Massage Envy (103 S. Mills Rd. Ventura). The victim told officers towards the end of her 90-minute massage, she was sexually assaulted.

Major Crimes Detectives began investigating and identified the suspect as 29-year-old Ventura resident Anthony Wearing. Over the next few days, detectives gathered evidence that corroborated the victim's statement. On June 11, at approximately 4:45pm, detectives contacted Wearing in the parking lot of 24hr Fitness on Telegraph Rd. Wearing was arrested for sexual battery and digital penetration, both felonies.

During the investigation, Massage Envy cooperated with the Ventura Police Department. Wearing had only been employed by Massage Envy for less than two weeks. He has been a licensed massage therapist for the last two years.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

5-30 9:03am, received a report of a Hazmat situation, oil pipeline rupture near VHV H-dock. Officers were dispatched and responded with multiple agencies. Rescue Boat 19 and vehicle Harbor 1 were utilized and stocked with absorbent booms and pads. The flow of oil was eventually stopped by environmental services and limited damage was caused from the spill.

6-1 12:54am, dispatched to a medical, sick person in the Harbor Village. Officers responded and assisted AMR with a 54-year-old male suffering from a reaction to his medication and alcohol.

6-2 9:55am, received a report of an overdue boater from the concerned family member. The vessel was a sailboat and was not back yet. Officers investigated with US coast guard and the vessel was eventually safely located.

6-3 10:22pm, received a report of suspicious activity near the lake at the Ventura Marina Community. Officers responded and found two individuals fishing the lake. They were removed from the private community, advised that fishing the artificial lake is prohibited and that they were trespassing.

6-6 12:24pm, dispatched to a medical at Harbor Cove beach. Officers responded and assisted state parks lifeguards with a 5-year-old who was struck with a sting ray strike. Hot water was applied to the wound and the child released to his parents on scene.

6-7 10:24am, State Parks lifeguard advising that an inflatable is disabled near the #4 buoy just outside the harbor. Officers responded and found the inflatable was towed by a good Samaritan to Harbor Cove where they will trouble-shoot the issue.

3:35pm, received several reports of a sick/injured sea lion on the riprap near the National Park Service. Officers responded, found the sick sea lion and contacted CI marine mammal rescue because the mammal appeared to be suffering from Demoic Acid poisoning.

5:15pm, received a request to check the wellness of an intoxicated individual on

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CA LIC# 565801810

a vessel in VIM. Officers responded and contacted the subject who was intoxicated. They were advised to stay aboard their vessel and keep the peace.

6-8 8:45am, officers were conducting traffic control for the annual Hokuloa Canoe Club outrigger race at Harbor Cove with Rescue Boats 17 & 19. One thousand paddlers from around the state competed in a 10-mile race starting and ending at Harbor Cove also known as Mothers' Beach.

11:24am, dispatched to a medical at Harbor Cove. Officers responded in the truck H-1, assisted AMR/State Parks with a patient suffering from sea sickness. 9:20pm, received dispatch to a fall victim at the Ventura Harbor Village. Officers responded and found an intoxicated individual who sustained a laceration over right eye. Gold Coast ambulance handled the call and transport.

6-9 4:32pm, received a mayday call, vessel disabled near the outside breakwall. Officers responded in Rescue Boat 19 and assisted TowBoat US with the call. The vessel was safely anchored in calm conditions with 9 souls aboard.

8:10pm, dispatched to a water rescue, person in the water in the turning basin of the keys. Officers responded in Rescue Boat 19 and assisted VPD with the incident. The individual was taken into custody for attempted vessel theft.

6-10 3:43pm, dispatched to a medical, back pain in the Ventura Marina Community. Officers responded in H-1 and assisted VFD/AMR with the call. The patient was transported to local hospital for further evaluation.

5:52pm, received a dispatch to a water rescue, kite surfer in distress west of the Ventura Pier. Officers responded in Rescue Boat 19 and found the kite surfer conducting a self-rescue. He refused any assistance and officers stood by until he was safely around the pier and headed towards shore.

6-11 12:46pm, dispatched to a sheered Fire Hydrant at Harbor and

Schooner. Officers responded and found an open hydrant releasing water for the construction along Harbor Blvd. It was open to release pressure along the road.

Ventura libraries events

Continued from page 8

7/30 Tuesday @ 4pm

Nathalia is a wonderful performer who will sing in both Spanish and English for children of all ages.

Saticoy Library

Summer Reading Events

Humane Society

7/1 Monday @ 3pm

The Humane Society will bring in one of their furry friends and teach children about pet etiquette, resources for animals, and more.

Ojai Raptor Center

7/8 Tuesday @ 3pm

They will educate children about the work that they do to rehabilitate and take care of wild animals in our community.

Christopher T. Magician

7/15 Monday @ 3-4pm

Children love him! His audiences are as much a part of the show as he is, shouting, helping, and participating.

Craig Newton Musician

7/22 Monday @ 3pm

Get ready for foot stomping, hand clapping, sing-along fun as musician Craig Newton brings TEN different instruments to your library. Entertaining and educational!

Inlakech Cultural Arts

7/29 Monday @ 3-4pm

For nearly five decades, Inlakech has worked to empower at-risk youth through the cultural arts. Show will feature artists, musicians, singers and dancers!

Kona Ice

7/25 Thursdays @ 1pm

Come enjoy a sweet treat from Kona Ice truck!

Closures this Month

July 4th—Independence Day

Weekly SUDOKU

Answer

6	7	4	8	2	1	3	9	5
8	5	3	4	6	9	1	2	7
2	9	1	3	5	7	4	8	6
7	2	9	5	1	4	8	6	3
3	1	6	2	7	8	9	5	4
4	8	5	9	3	6	2	7	1
1	3	7	6	8	2	5	4	9
9	6	2	1	4	5	7	3	8
5	4	8	7	9	3	6	1	2

King Crossword

Answers

Solution time: 25 mins.

S	C	A	M	J	A	B	O	V	A	L
U	L	N	A	O	R	O	C	A	M	E
B	U	O	Y	A	N	C	Y	E	G	A
S	E	N	A	T	E	L	E	A	R	N
N	O	S	E	T	N	A				
R	E	D	P	E	P	H	I	N	G	E
P	R	O	P	S	I	B	A	C	N	E
M	E	R	L	E	G	E	M	Y	U	K
M	I	S	C	Z	E	D				
L	E	A	N	T	O	I	N	R	O	A
I	S	N	T	P	I	Q	U	A	N	C
M	A	C	H	S	O	U	P	E	E	N
B	U	Y	S	E	N	E	E	S	S	E



by Pam Baumgardner
VenturaRocks.com

Gearing up for the 2019 Ventura Music Festival (VMF) season, Artistic Director, Nuvi Mehta, will hold a free reception at the Museum of Ventura County on Sunday, June 30. Equipped with violin and video clips, Nuvi will highlight the past 25 years of VMF; donations will be accepted. The official program for this year runs July 11 through July 21. For a full listing of concerts go to VenturaMusicFestival.org.

When last I checked, there were only tickets available for two shows for the Music Under the Stars series this summer: Sound Effect (R&B, soul, pop, funk) for July 20 and Rodeo Drive (country rock) for July 27. All other concerts are sold out; secure your tickets for one or both of the remaining shows by calling the City of Ventura during regular business hours at (805) 658-4728.

There's a double hitter at Oak and Main on Saturday night, June 22, with Goodnight Kiss and Brothers Fortune; then on Sunday afternoon (noon to 5), June 23, don't miss the Americana showcase hosted by Medicine Hat, featuring RJ Bloke (Patrolled by Radar), Farm Truck, and Lasers Lasers Birmingham.

Discovery is giving you a chance to be up close and personal with actor and singer/songwriter, Jeff Bridges, when he plays the venue on Wednesday, July 24. Bridges has released a handful of albums over the years and will be performing acoustically as a duo. I can only imagine the backstory on many of his original tunes and the antidotes he'll share with the audience. Get ticket at DiscoveryVentura.com.

Quick Notes: Congratulations to Jodi Farrell who is celebrating her 25th anniversary since opening the Jodi Farrell Music Studio; reggae returns to Café Fiore on Sunday afternoons in the Tree House Lounge for the summer; Jon Gindick returns with full band to Grapes and Hops for a show on Thursday, June 20; MUNCH returns to the Museum of Ventura County with The Ventura Artists Union Jam Band on Thursday, June 20 (11:30 am - 1:30 pm); the Red Cove has live music on Saturday, June 22, with Zig Zags, Char-Man, Vnlvx and Tung; and Gigi's has reggae on Tuesday night, June 25, with Herbal Rootz and Ghetto Lions.

And finally, have I mentioned that I've been asked to emcee the Topa Mountain Music Fest at Libbey Bowl on Saturday, September 21 this year? Yessiree Bob! Performing this year will be Brett Dennen, Marc Broussard Band, The Mother Hips, Reverend Tall Tree, Bryan Titus Trio with the Brambles, Timmy Curran Band with Lee Koch, Tom Freund, and Quincy Coleman with Shane Alexander. Dude, that is a load of talent performing on one stage. Two charities will benefit this year: Stand for Cancer and the Glioblastoma Foundation. For more information and to get your tickets, go to TopaMountainMusicFest.org.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com. For updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Blue Agave

185 E. Santa Clara
Fridays: Mariachi Band; DJ
Saturdays: DJ

The Blue Room

Ventura Harbor Village
(Next to Comedy Club)
Thursdays: Gypsy Blues Band

Boatyard Pub

Ventura Harbor Village
Monday-Thursday 6 pm, Friday & Saturday 7 pm

Mondays: Milo Sledge
Tuesdays: Jason Ho/Frank Barajas

Thursdays: Bluegrass Jam
Wed 6/19: Finnhead Dave

Fri 6/21: Karen Eden w/ The Bad Apples
Sat 6/22: Goleta Sound

Sun 6/23: Big Adventure Duo
Wed 6/26: Karen Eden w/ The Bad Apples

Fri 6/28: Teresa Russell & Stephen Geyer
Sat 6/29: Epitome of Dreams

Sun 6/30: CRV

Bombay Bar & Grill

143 S. California Street
Thursdays, Friday & Saturdays: DJs
Sunday 2-7: DJs

Café Fiore

66 S. California Street

Wed 6/19: David Patt

Fri 6/21: Instone

Sat 6/22: Action Down

Sun 6/23: After the Smoke

Tues 6/25: David Patt

Wed 6/26: Kylie

Fri 6/28: Kylie Butler

Sat 6/29: Self Righteous Bros.

Sun 6/30: Casey Jones

Casa Bella

391 E. Main Street

Thursdays: Danny D.

The Cave

4435 McGrath Street

5:30 - 8:30 pm

Weds & Saturdays: Varon Thomas

Thurs & Fridays: Warren Takahashi

Copa Cubana

Ventura Harbor Village

Music 7 pm; Sundays 4 pm

Tuesdays: The Jerry McWorter Trio

Wed 5/22: Al Macias Open Mic

Fri 6/21: Nuestro Band

Sat 6/22: Ruben Estrada & The Martinez Brothers

Sun 6/23: Karen Eden

Fri 6/28: Nuestro Band

Sat 6/29: Brandon Ragan Project

Sun 6/30: Hot Roux

Discovery

1888 Thompson Blvd

Thurs 6/20: Long Beach Dub All Stars

Fri 6/21: Dog n Butterfly

Sat 6/22: Led Zepplica

Sun 6/23: Groove Session

Thurs 6/27: Through the Roots, Roots of

Rebellion, Strange Brew

Fri 6/28: Jerry's Middle Finger

Sat 6/29: Yachtley Crew

Sun 6/30: The Expanders, The Oles

Duke's Griddle n Grill

1124 S. Seaward

Wednesdays: Karaoke

El Rey Cantina

294 E. Main Street

Fridays: DJ

Saturdays: DJ

Four Brix Winery

2290 Eastman Avenue

Music 6 - 8:30 pm

Fri 6/21: Ignition

Fri 6/28: Inna Rude Mood

Garage

1091 Scandia Avenue

Sat 6/29: Beowulf, Pink Mist, Bootleg

Brigade, Hysteria, Dead Heat

Gigi's Cocktails

2493 Grand Avenue

(805) 642-2411

Thurs, Fri & Sat: Karaoke

Tues 6/25: Herbal Rootz, Ghetto Lions

Golden China

760 S. Seaward

(805) 652-0688

Karaoke seven nights a week 9 pm

Tuesdays 7 pm: Open Mic

Thursdays 7 pm: Open Jazz Jam

Sat 6/22: Emo Night

Sun 6/23: Heretic A.D., Legions

Grapes and Hops

454 E. Main Street

Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm

Thurs 6/20: Jon Gindick

Sun 6/23: The Salty Suites

Tues 6/25: Foliass Duo

Hong Kong Inn

435 E. Thompson Blvd

Fri 6/21: Doc Ventura

Sat 6/22: The Allegations

Sun 6/23: Del Franklin

Sat 6/29: Tracy Quinn O'Brien

Keynote Lounge

10245 E. Telephone Road

Tues, Wed and Sun: Karaoke

Thursdays: Open mic night

Fri 6/21: Reign

Sat 6/22: Ditto

Fri 6/28: Magnificent Bastards

Sat 6/29: DJ-AVG

Leashless Brewing

585 E. Thompson Blvd.

Tues: Open Mic, The Listening Room

Fri 6/21: Joe Henry Band

Sat 6/22: Same Mother, Same Father

Sun 6/23: The Swillys

Fri 6/28: Chyenney Sky Band

Limon y Sal

598 E. Main Street

Fridays: DJ

Saturdays: DJ

Sundays: Instone (1-4 pm)

Made West Brewing

1744 Donlon Street

Thurs 6 pm; Sat 4 pm; Sun 3 pm

Sun 6/30: RJ Mischo

Majestic Ventura Theater

26 S. Chestnut Street

Sat 6/22: Gasolina, 2Deep

Margarita Villa

Ventura Harbor Village

Tues 6/18: Dave Rea

Wed 6/19: Karen Eden w/ The Bad Apples

Fri 6/21: Matt Clark

Sat 6/22: Crosscut 805

Sun 6/23: Doc Rogers Band

Fri 6/28: Vanise Terry Band

Sat 6/29: Freedom of Expression

Sun 6/30: Doc Rogers Band

Museum of Ventura County

100 E. Main Street

Thurs 6/20: The Ventura Artis Union

(11:30 - 1:30 pm)

Oak and Main

419 E. Main Street

Tuesdays: Beers Brothers Open Mic

Thurs 6/20: Mark Masson & Friends

Fri 6/21: Colette Lovejoy Band

Sat 6/22: Goodnight Kiss, Brothers Fortune

Sun 6/23: Medicine Hat, RJ Boke, Lasers

Lasers Birmingham, Farm Truck

Thurs 6/27: Beers Brothers Showcase

Fri 6/28: Johnny & the Love Handles

Sat 6/29: Elements

Sun 6/30: Teresa Russell & Tom Buenger

O'Leary's

6555 Telephone Road

Wed: Karaoke

Paddy's

2 W. Main Street

Wednesdays: Karaoke

Fri & Sat: DJs

Plan B Winery

3520 Arundell Circle

Sun 6/9: Johnny and the Love Handles

Prime

2209 E. Thompson Blvd

Tuesdays: Danny D.

Red Cove

1809 E. Main Street

Sat 6/22: Zig Zags, Char-Man, Vnlvx, Tung

Fri 6/28: O'Craven, Disrupted Euphoria,

Bone Maggot, IckyBaby

Sandbox Coffeehouse

204 E. Thompson Blvd

805-641-1025

Thurs 6 pm, Weekends noon

Thursdays Open Mic

Sat 6/22: Old Dolores & Messy

Sun 6/23: Steve the singer

Sat 6/29: EJ Mathew

Sans Souci

21 S. Chestnut

Sundays: DJ Darko

Mondays: Karaoke w/ Brian Parra

Tuesdays: DJ Nick Dean

Wednesdays: Open mic

Thursdays: DJ Spinobi

Fri 6/21: Fallen Saints

Sat 6/22: Brutalist

Fri 6/28: Johnny Hellhole

Sat 6/29: Stevie Char

The Shores Restaurant

1031 Harbor Blvd, Oxnard

Thursdays: Karaoke

Fri 6/21: Scott Spindell

Sat 6/22: Pull the Trigger

Sun 6/23: Brandon Ragan Project

Fri 6/28: Dave Parsonage

Sat 6/29: A Shore Thing

Sun 6/30: Alphabet Astronauts

The Star Lounge

343 E. Main Street

Fri 6/21: CRV

Sat 6/22: Brandon Ragan Project

Fri 6/28: Mini Driver Band

Sat 6/29: The Seaside Band

The Tavern

211 E. Santa Clara Street

(805) 643-3264

Sundays: DJ Steezy Steve

Tuesdays: Karaoke

Thursdays: Get Right DJ

Wed 6/19: Dying to be Dead

Sat 6/22: The Black Stripes

Topa Mountain Winery

821 W. Ojai Avenue, Ojai

Music Saturdays: 5-7; Sundays 4-6

Sat 6/22: Bad Leaf

Sun 6/23: Brandon Romero

Sat 6/29: Shylah Ray

Sun 6/30: Shawn Jones

Winchester's

632 E. Main Street

(805) 653-7446

Music at 7:00 pm; Sundays at 5 pm

Fri 6/21: Sean Wiggins

Sat 6/22: Déjà vu Too

Sun 6/23: Two's Company

Fri 6/28: Frank Barajas

Sat 6/29: Simple

Sun 6/30: Meg & Alex

1901 Speakeasy

649 South B Street, Oxnard

Fri 6/21: Frank Barajas

Sat 6/22: Chris Murphy

6/28: Shawn Jones



On June 8th, students from De Anza Academy of Technology and Arts (DATA) installed their first temporary public art mural, *Eyes on the Westside*, at 481 N. Ventura Ave. The temporary mural showcases the Westside's diversity and community through portraits of children from the Westside. Five eighth grade students; Ruby, Lukas, Cash, Carina, and Naia, worked on the project. They developed the why, photographed and edited the portraits, participated in the Public Art Commission's design review process, and supported its installation.

DATA's mural is part of a larger project by artist JR, titled *Inside Out*, which is a global platform for people to share their untold stories and transform messages of personal identity into works of public art. *Eyes on the Westside*, which measures 70 ft. by 30 ft., will be up for approximately six months.

DATA's project is a community collaboration between the Ventura Unified School District, City of Ventura, Westside Community Development Corporation, and Local 805 Southwest Regional Council of Carpenters. Each INSIDE OUT group action is documented, archived, and exhibited online. The INSIDE OUT project has traveled from Ecuador to Nepal, from Mexico to Palestine, inspiring group actions on varied themes such as hope, diversity, and climate change.

Channel Islands Harbor will host its Fine Art Festival featuring fine arts and crafts 10 a.m. - 5 p.m., July 13-14, at the Harbor Landing, located at 2810 Harbor Blvd., at the corner of Channel Islands Blvd.

The event features accomplished artists presenting their original work in all mediums of two- and three-dimensional fine art, including paintings in acrylics, oils, watercolors, photography, and sculpture in glass, metal, and wood. Each artist will be present to meet with the public and discuss their work. All work is available for purchase.

This event is produced by West Coast Artists, which has presented fine art shows throughout Southern California, Arizona and Nevada since 1983. For more information about the Fine Art Festival, visit the Channel Islands Harbor's website, www.channelislandsharbor.org.



"All These Amazing People" have been profiled by FOTM.

Focus on the Masters celebrate 25 years

by Jill Forman

Donna Granata believes that artists' stories can inspire. Her nonprofit, Focus on the Masters, endeavors to share those stories along with their works, demonstrating the importance of the arts to a healthy community. "Art can save lives, my own personal journey is proof of that."

FOTM literally started in Donna's kitchen. Disabled from an accident, in pain and battling depression, the recent Brooks Photography graduate was trying to focus on what she could do instead of her limitations, driven by "a need to find what was nurturing to my soul." She was on the verge of losing her home, had no income, and took a brave step: she started a nonprofit. Her own story is as inspiring as those the FOTM artists tell.

As a photographer, she was already submerged in the art community; a graduate project she had done for Art City became the basis for what organically grew into a bona fide art archive and library. At her offices in Ventura, there are fireproof cabinets with art, documents, sketch books, show reviews, video tapes and so on from many area artists. And of course, all the research is digitized and safely stored. "It's a treasure trove of humanity," Granata rejoices. Archives contain hours of interviews and extensive research on each subject.

In the beginning, she started going through old photos and found images of well-known local artists which she would share. Her first Artist Spotlight presentation was a lecture on Beatrice Wood, then a friend suggested she interview some of these artists as part of future productions. As she says, "the penny dropped" for her future mission of sharing art with the community. "Art is a mirror of society; it's common humanity." As an example, she tells

about one artist from an abusive home whose art tells the story of pain and fear. "It takes courage to allow yourself to be vulnerable." People hear these stories and don't feel alone; they see what the artist has done with their experience, turned it into art.

Learning To See is FOTM's art education program offered through the schools, "...empowering your child with the gift of creative and critical thinking." This outreach is ideal for 7th and 8th grade, but appropriate for any age. Every lesson is based on the life and work of one of the artists. Cross-curricular it can include geography or science as relates to the artists' life. The students love that they are utilizing the work of living artists in their community. The pieces the students make is always exhibited throughout the community; kids get to see their work up in libraries, coffeehouses, etc. There is also a partnership with turning Point, teaching art to those with mental illness and exhibiting their work. A flyer from a recent show says, "A celebration of the creative spirit!"

FOTM's archives are used by books, magazines, museum and gallery support staffs. Students use her resources for master's theses. The highest profile exhibition utilizing her information was at the Getty, of Horace Bristol and Dorothea Lange. Getty staff came to FOTM to do the research on Horace Bristol, including two full filing cabinets of his memoirs.

FOTM presents the Artist Spotlight series monthly at the Museum of Ventura County. A gala celebrating their 25-year anniversary will be September 14. A cultural excursion to Oaxaca celebrating Dia de Los Muertos happens October 29-November 5. Details, tickets or reservations for all these events can be found at focusonthemasters.com



Rallies protesting bans and restrictions on abortion in Alabama and other states were held recently at the Ventura County Government Center. The event was organized by the Planned Parenthood Central Coast Action Fund.



Lighter Breeze

Barney Google and Snuffy Smith



Mother Goose and Grimm



Sam and Silo



Blondie



Crock



Arctic Circle



Solutions on page 19

(For a beginners guide to playing Sudoku go to venturabreeze.com)

		4			1			9
8				6				7
	9		3	5		4		
		9		1				3
3			2					5
	8				6	2		1
1	3			8				9
		2			5	7		
5			7					1

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 19

King Crossword

ACROSS

- 1 Swindle
- 5 Poke
- 8 Elliptical
- 12 Arm bone
- 13 Acapulco gold
- 14 Arrived
- 15 Resilience
- 17 Former New York archbishop
- 18 Legislative group
- 19 Memorizes
- 21 Ph. bk. data
- 22 Sicilian spouter
- 23 Scarlet
- 26 Vigor
- 28 Depend (on)
- 31 Item on stage
- 33 Bro or sis
- 35 Teen's woe
- 36 Haggard or Travis
- 38 Prized possession
- 40 "Eeeww!"
- 41 Uncategorized (Abbr.)
- 43 Last letter in London
- 45 Shed
- 47 Advance
- 51 "Money — everything"
- 52 Zest
- 54 Air speed measure
- 55 Old French

1	2	3	4	5	6	7	8	9	10	11	
12				13			14				
15				16			17				
18						19	20				
			21			22					
23	24	25		26		27	28		29	30	
31			32		33	34		35			
36				37		38		39		40	
			41			42		43		44	
45	46					47			48	49	50
51						52	53				
54						55				56	
57						58				59	

- coin
- Talent" phenom Susan
- 8 Micro-, Mela-, and Polynesia
- 9 Charge against a squatter
- 10 "— for All Seasons"
- 11 Camera part
- 16 On
- 20 Biblical verb suffix
- 23 Spinning stat
- 24 Before
- 25 Sleeping state
- 27 Glutton
- 29 Wildebeest
- 30 "A mouse!"
- 32 Columns' bases
- 34 Game akin to pinochle
- 37 Superlative ending
- 39 Carte
- 42 Thicket
- 44 Curtain
- 45 Branch
- 46 Birthright barterer
- 48 Change for a five
- 49 Dogfight participants
- 50 Unit of force
- 53 Charged bit

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LIBRA (September 23 to October 22) This is a good week to balance your responsibilities to your work-a-day world with your obligations to the people in your private life. Expect news that could lead to a change in plans.

ARIES (March 21 to April 19) A change of season reinvigorates the Lamb, helping to overcome the effects of a recent slower-paced period. This is a good time to restate your feelings for that certain someone.

SCORPIO (October 23 to November 21) A changing attitude on the part of a once determined adversary could cause changes down the line. Be prepared to take advantage of an unexpected new opportunity.

TAURUS (April 20 to May 20) You might not like using your authority to correct a workplace situation, but that's what being placed in charge is all about. Besides, you have people ready to lend support if need be.

SAGITTARIUS (November 22 to December 21) You'd be a truly wise Sagittarius to be skeptical about an offer that doesn't answer all your questions. Even a colleague's testimonial doesn't replace facts that aren't there.

GEMINI (May 21 to June 20) Your creativity continues to run high and helps guide you to make some fine choices in the work you're doing. Keep the weekend free for those special people in your life.

CAPRICORN (December 22 to January 19) It's a good idea to avoid spending on unnecessary purchases this week in order to keep a money reserve against a possible upcoming (but, fortunately, temporary) shortfall.

CANCER (June 21 to July 22) Don't be surprised if you experience a sudden spurt of energy strong enough to pull you out of that recent period of indecision and put you back in charge of your own goals.

AQUARIUS (January 20 to February 18) More information is what you should demand regarding that workplace situation that recently came to light. Don't be surprised at who might turn up as one of your supporters.

LEO (July 23 to August 22) This is a good time for Leos and Leonas to set new goals regarding health, educational choices and possible career moves. The plans you make now could be a blueprint for your future.

PISCES (February 19 to March 20) You might still be in a "treading water" mode, but by midweek, a shift in your aspect favors taking a more active role in pushing for the changes you feel are necessary. Good luck.

VIRGO (August 23 to September 22) You might have much to offer a potential employer, but it can all be overwhelmed by too many details. Let the facts about you speak for themselves without any embellishments.

BORN THIS WEEK: You exude a warm, caring attitude that comforts everyone who comes into your life.

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Showtime

A View from House Seats

Murder, mayhem & music take stage in Simi

by Shirley Lorraine

The year span is 1907-09. The tale, told in retrospect as a jail-house memoir, is one of deception, death and dastardly deeds. Set to music. The audience is warned that what they are about to see may be disturbing and, if they are easily offended, they are free to leave the theater now.

And so, presented by the Actor's Repertory Theatre of Simi, A Gentleman's Guide to Love & Murder, the Tony-award winning musical penned by Robert L. Freedman and Steven Lutyak, begins at the Simi Valley Cultural Arts Center.

The vocal range of the cast is simply superior. Operatic in places, often reminiscent of Gilbert & Sullivan in its rapid-fire delivery, the lyrics are delivered with impertinence and impunity throughout. What a treat.

Montague "Monty" Navarro (Vincent Perez), upon mourning his mother's recent demise, is visited by a mysterious stranger, Miss Shingle (Sydney Bowers) who informs him that he, in fact, is a distant heir to the earldom of Highhurst Castle. There are a few minor problems, however. His presence is not recognized by Highhurst residents the D'Ysquith family as his mother was disconnected from the line years ago, and there are eight heirs ahead of him for the title. No matter.

Young Monty is in love with Sibella Hallward (Deborah Robin) although she desires to marry for money over heart. Monty accepts the challenge and vows to make his way to the top of the heir-chain by seeing that each heir meets an untimely death. Along the way he intrigues and is pursued by Phoebe D'Ysquith (Siena Avila), a distant cousin. The entire D'Ysquith line (nine

characters) is played by Adam Womak, each character distinct although with uncanny resemblances. Womak is clearly reveling in the chance to play such varied roles and does so in fine fashion, pulling out all the stops.

Six additional seasoned actors fill in as servants, portraits (yes, portraits) and lesser characters to great effect. Adding to their inclusion are highly stylized movements, a wide range of vocal talents and full immersion in their roles. Each of them brings with them a long list of theatrical credits.

Director Will Shupe and musical director Gary Poirot must be especially proud of the abundance of talent this cast displays. There are no weak voices among them. In addition to their sheer strength, the actors are also using microphones to overcome the right-in-front live orchestra. At times the volume overrides the lyrics, but the voices are so fine it is still easy to be impressed.

Period costuming by Joshua Stapel is on point and beautifully styled. The lush fabrics and detailed designs are visually appealing works of art.

A Gentleman's Guide to Love & Murder presents a decidedly light-hearted foray in time. The high energy performance keeps the actors on their toes and the audience on the edge of their seats with anticipation of the next twist. Performances are crisp, vocals are superb, and the evening is highly satisfying.

A Gentleman's Guide to Love & Murder runs through July 14. Performances are Friday and Saturday at 8 p.m., Sundays at 2 p.m. Tickets are \$28 adults, \$24 seniors/students, \$20 12 and under. (805) 583-7900 or www.simi-arts.org

times completely inappropriate actions of her new boss Katherine.

Katherine and Molly form an unexpected bond, as it's believed that Katherine doesn't like women working for her, and Molly gets the opportunity to shine, though is challenged with Katherine harsh and reactionary demeanor.

Emma Thompson is perfectly cast in the role of Katherine, who is a pretentious British woman with too much money and no boundaries as far as the appropriate way to treat people. She does so blatantly and unapologetically, even refusing to learn the names of her writing staff, alternately decide to just assign them numbers and refer to them only that way during staff meetings.

Molly is sweet, conscientious, and initially completely overwhelmed by Katherine's persona, though finds clever ways to navigate Katherine's bad nature and help her to reveal a more true and successful self, that ultimate becomes the solution to keeping the show. There is also a great chemistry in the polarity of personalities between Molly and Katherine, and the portrayed relationships have a very genuine feel.

John Lithgow is great in the supporting role as Katherine's husband, Walter Lovell, who champions her challenges throughout the movie, and shows insightful compassion toward his wife in learning of her infidelity.

This funny movie does a great job at

Late Night



Breeze rating from 1 to 4 palm trees, 4 being best.

Movie Review by Cindy Summers

Late Night is a comedy about a late night host who's on the verge of losing her show due to it's dated and pretentious material that is rescued by a clever young female comic with basically no formal experience who happened to stumble into a new future as a comedy writer on the show. Released by Amazon Studios, Directed by Nisha Ganatra, and Written and Produced by Mindy Kaling, who also stars in the lead role of Molly Patel opposite Emma Thompson as Katherine Newbury.

Katherine Newbury is a late night host that has won dozens of Emmy's throughout her career, and finds herself put on notice due to a decade of declining ratings when a new studio executive joins the company. She is rude and completely horrible to her writing staff, which are all men, and a complete tyrant around the office and the set as well.

Molly joins the team much to the dislike and disappointment of the male writers club, and finds herself also challenged at dealing with the brash and often

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tackling some very sensitive issues, such as sex scandals in the press and sexism in the workplace, but does it through humor and appropriate, somewhat surprising outcomes due to the initial introductions of the characters and complex scenarios.

This is more of a feel good, not laugh out loud movie, though there are plenty of witty, perfectly timed lines to keep you laughing and have a very enjoyable movie experience.
Rated R - 102m

Special Olympics Flame of Hope

Continued from page 15
California Law Enforcement Torch Run (LETR) is comprised of nine different "legs" ranging from San Luis Obispo to the California-Mexico border. Legs are run in conjunction with various members of law enforcement agencies from throughout the region and Special Olympic Athletes. The Flame of Hope was carried by various agencies all the way to Cal State Long Beach to light the cauldron for the 2019 Special Olympics Summer Games!

The LETR is an international fundraising and public awareness campaign for the Special Olympics and is comprised of the Torch Run, Tip-A-Cop, and other fundraising events. For over twenty-five years, Ventura County law enforcement agencies have been raising tens of thousands of dollars annually to benefit Special Olympics of Ventura County. The money helps Ventura County Special Olympics to offer free, year-round, sports training and competition to over 600 individuals with intellectual disabilities ages eight years and up, who participate in seventeen sports at forty-five training sites throughout Ventura County.

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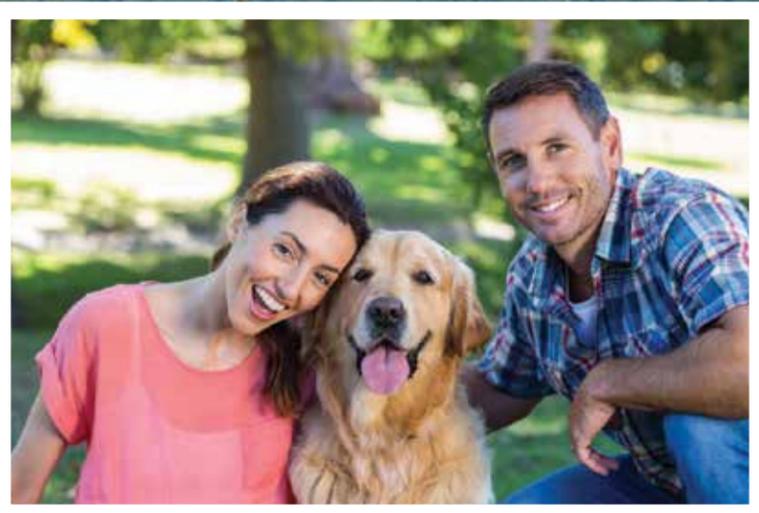
6/20: LONG BEACH DUB ALL-STAR X THE AGGROLITES X TOMORROWS BAD SEEDS
6/21: DOG N BUTTERFLY - TRIBUTE TO HEART
6/22: LED ZEPPLICA - TRIBUTE TO LED ZEPPELIN
6/23: GROOVE SESSION
6/27: THROUGH THE ROOTS X TRIBAL THEORY X ROOTS OF A REBELLION X STRANGE BREW
6/28: JERRY'S MIDDLE FINGER - TRIBUTE TO JERRY GARCIA
6/29: YACHTLEY CREW
6/30: THE EXPANDERS X THE OLES

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The five siblings from Foothill have graduated.

Siblings are heading out on their college adventures

On Thursday, June 13, at Foothill Technology High School Principal Joe Bova graduated its senior class including his quintuplets. Abby (Abigail), Emiline, Katie (Kathryn), Nate (Nathaniel) and Sam (Samuel)

Ventura residents first learned of the "Bova Clan" when a kindergarten teacher at Junipero Serra Elementary, Lynn Bova, gave birth to quintuplets in March of 2001 at Community Memorial Hospital. Joe Bova, who works at the Ventura Unified School District (VUSD), stated "We're not going to figure out how to handle it, we are just going to do it."

The siblings credit their incredible teachers and the opportunities that have been offered to them and their classmates at VUSD with being ready for the

next steps in their educational careers. All five played basketball for Foothill and all credit the excellent coaching they received on and off the court for their successful high school experiences.



New law restricts plastic straws

Surfrider Ventura's "Plastic Free Ventura" campaign launched on Earth Day in 2018 as a response to the amount of EPS and single-use plastic and bioplastic foodware litter found at local beach cleanups. The most common items collected include expanded polystyrene foam ("EPS", TM "Styrofoam"), and plastic and bioplastic straws, lids, cups, plates, condiment cups and utensils.

Plastics and bioplastics are not marine biodegradable. Instead, they photo degrade into tiny pieces of plastic causing pollution that is virtually impossible to remediate. When plastic enters our waterways, it adsorbs toxic chemicals such as DDT, PCBs, PAHs, and flame-retardants found in our waterways, polluting our ocean, waves and beaches and harming marine and wildlife. Alarmingly, scientists estimate that by 2050 there will be more plastic than fish in the ocean by volume - unless we act now!

California AB 1884, which took effect on January 1, 2019, requires that plastic

straws at full service dine-in restaurants be provided only upon request. While this is a step in the right direction, most EPS, plastic and bioplastic debris we find at beach cleanups come from take-out and other food establishments.

There are 120 cities in California that have local legislation aimed at reducing EPS and single use plastic and bioplastic foodware litter. Surfrider will soon be asking Ventura City Council to pass a comprehensive Ordinance to ban EPS, plastic and bioplastic single use foodware. A copy of our proposed Ordinance will be made available on Surfrider Ventura's Plastic Free Ventura webpage later in the year (<https://ventura.surfrider.org/programs-and-campaigns/plastic-free-ventura/>).

If you would like to help us with this Campaign, please visit the Plastic Free Ventura webpage.



Diplomas were given to a diverse group of fifty-eight graduates.

Villanova graduates are moved to create change

Villanova Preparatory School held its ninety-second commencement on June 1, 2019 at the campus grotto. The ceremony hosted parents, alumni, and other special guests, and was live streamed on the school website.

Head of School Nancy O'Sullivan, along with Very Reverend Gary E. Sanders, O.S.A., Prior Provincial, Province of St. Augustine in California, conferred diplomas to a diverse group of fifty-eight graduates. The class of 2019 featured day and resident students from Argentina, China, the Philippines, Turkey, Vietnam, and the United States. Seventeen students graduated as International Baccalaureate (IB) Diploma Programme candidates, the largest cohort at Villanova to date. Villanova became an IB World School in 2015 and continues to see steady growth in both the certificate and full diploma programs.

Villanova Assistant Head of School for Academics, Brian Grisin, served as Master of Ceremonies, introducing several key speakers and musical performances.

Keynote Speaker and Villanova alum, Wyatt Oroke '09, returned to his alma mater from Baltimore, MD, where he serves as an inner-city educator and advocate of social justice and literacy. Oroke delivered a powerful and emotive speech.

Speaking directly to the graduates, Oroke said, "We have been given an incredible gift today but also an incredible power. So my question to you is this: What are you going to do with that power? How will you use the lessons you have learned here to open doors for others, lift others up, and challenge the structures and systems of oppression that hold people back?"

Since its founding by the Augustinian Order in 1924, Villanova has flourished into one of the finest Catholic college preparatory day and boarding schools in the nation. The school seeks to instill the Augustinian values of Truth, Unity and Love into all aspects of student life. Villanova is the only boarding school in California that offers the International Baccalaureate Diploma Programme, part of the strong foundation that provides acceptance to selective colleges and universities, contributing to each student's future success.