



For city council candidates, see page 2

FREE

VENTURA BREEZE

Your Hometown Paper

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City council candidates

In our last issue we listed city council candidates but managed to leave out half of them (no, not fake news). The list on page 2 shows the new council districts that will be voting and the candidates in each district.

These are some candidate forums coming up to learn more about the candidates.

On Oct. 3, the League of Women Voters will host a forum for Districts 4, 5 and 6 at Citrus Glen Elementary at 9655 Darling Road. The forum goes from 7:05-8:45 p.m.

They'll be preceded by Ventura Unified School Board's District 3, where three candidates are running. That happens from 6:30-7 p.m.

On Oct. 3, the Westside Community Council will hold a forum for District 1. The candidates will get three waves of questions: from the public, board and then from fellow candidates, said James Forsythe, WCC's vice chair.

The event will start at 6:30 p.m. at E.P. Foster Elementary.

On Oct. 4, the Ventura Social Services Task Force and Homes for All will put on a forum from 7-9 p.m. at the Temple Beth Torah, at 7620 Foothill

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Elizabeth Kimball, Board Member and past Board President presenting a proclamation from the Ventura County Board of Supervisors to David and Faith Friedlander.

Nurturing adoption, kinship and foster/resource families

by Jennifer Tipton

Kids&FamiliesTogether is one of the county's leading contractors providing services to children and families within Ventura County's child welfare system. The not-for-profit organization was

founded in January 2000 by David and Faith Friedlander, along with other passionate community members with the purpose of providing services to families

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An Enchanted Night at the Rubicon

On Sept. 22, more than 200 supporters of Rubicon Theatre celebrated the company's 20th anniversary with "A Night of Enchantment," a sold-out gala event at the theatre and in a magical tent on Laurel Street.

Presented in association with Visionary Sponsors Janet and Mark L. Goldenson and Barbara Meister guests were welcomed by forest fairies and woodland sprites (young people from Rubicon's education programs in costumes and make-up by Sheryl Jo Bedal) and living vines (a professional stilt-walker costumed in greenery).

Main Course California provided the catering, which began with champagne and medieval themed hors d'oeuvres, beautifully displayed in fall colors with a cornucopia of fruits, vegetables, nuts, artisanal cheeses, fresh-baked breads and meats.

While guests visited during the cocktail hour, miniature models of many of the Rubicon sets were on display in the lobby and at the edge of the stage in the theatre. The models were created by Set Designer Thomas S. Giamario, one of the honorees during the evening.

Once guests were seated, Emmy Award-winner Joe Spano was introduced as emcee for the evening by announcer Jack Clarke. The onstage program then opened with Tony Honoree Ben Davis (Baz Luhrmann's La Boheme) singing an exquisite rendition of, appropriately, "Some Enchanted Evening" from Rodgers and Hammerstein's South Pacific, the show that closes Rubicon's 20th Season later this year. (It was later announced that Davis has signed on as Frenchman Emile De Becque in Rubicon's production. Davis' other Broadway credits include Les Misérables (Enjolras and then Javert in the revival), Violet and A Little Night Music.

A 20-year video retrospective was then presented to attendees, narrated by basso profundo George Ball, who assayed the role of Lear earlier in the company's season.

More music was presented with the

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Mary Galbraith, a 15-year volunteer with Focus On The Masters, retires

by Maryann Ridini Spencer
(@MaryannRidiniSpencer)

"Volunteering allows me to do meaningful work that feeds my soul as well as helps the community," said Mary Galbraith, a 15-year volunteer with Focus on the Masters (FOTM), a Ventura based non-profit that documents, preserves and showcases the works and lives of contemporary local artists emphasizing the value of arts in a sustainable society.

Galbraith, who considers herself a 'career volunteer,' also believes that volunteering is a 'calling.' In addition to FOTM, over the years she's worked in fundraising for such non-profits as San Fernando Valley Child Guidance Clinic (20 years) where she worked in fund-



It will take at least 3 people to replace Mary. Photo by Donna Granata, FOTM.

raising, managed the volunteer corps, and served two terms as board chair. A Spanish major in college, and bi-lingual, she worked six years for MEND, a social services organization whose mission is

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City News

City Council meeting addresses Thomas Fire rebuilding issues, and three new proposals

by **Richard Lieberman**

The Ventura City Council after returning from a brief summer break, held a five-hour meeting to address proposed new development changes to rules regulating Thomas Fire rebuilding efforts, and a contract to extend outside legal services with two city employee unions.

Community Development Director Jeff Lambert discussed three new project proposals that came in between May and July, part of his quarterly status reports on major developments.

One proposal involves demolition of a two-story house at 1010 Cachuma Ave. on the city's east end. Proposed is a 30-unit multi-family housing unit with 76 parking spaces.

Project two would require a general plan amendment to change land just outside the city, but within Ventura City sphere of influence from agricultural to industrial. This change would bring the city's zoning consistent with the county's zoning on the property. Proposal is for a recreational vehicle storage facility.

Third project is a proposal to demolish part of an existing Jaguar and Land Rover dealership showroom at the Ventura Auto Center. Proposal calls for adding to the existing building, remodeling and landscaping.

All three proposals are in the planning process.

The council also is considering modifications to building rules that were adopted to help people who lost homes in the Thomas fire.

In April the council adopted and approved an ordinance that was designed to give people additional options to aid the

rebuilding process. The passed ordinance was designed to give flexibility to homeowners in the process of rebuilding. Some perceived deficiencies were addressed by 15 homeowners addressing the council. One major issue is the allowance to rebuild a two-story house on what was before the Thomas Fire single story homes. The new process would not require homeowners to obtain a variance and Ventura Planning Commission review. Many of the 15 homeowners addressing the council were concerned about this ordinance. The homeowner's concerns were largely based on possible loss of view, and some addressed the issue of privacy when an additional 15 feet of height on a stepped lot above theirs could potentially invade their privacy.

The council has proposed that any homeowners wishing to rebuild a one-story home into two stories will require 100% of neighbors to approve. "If the rebuilt property is determined to have no impact on views from an immediately adjacent property or the rebuild owner collects 100 percent support from adjacent property owners", the proposed ordinance states.

Grade increase was another issue addressed by the council. The modified ordinance will allow for some flexibility in grade increase, based on director approval and without requiring a full variance.

Currently the city has issued 311 repair permits and 22 permits to rebuild. An additional 116 homes were in plan check, a step before building permits are issued according to the city.

The council voted to spend \$70,000 total to help stalled negotiations between the city and the Service Employees International Union and the rank-and-file and management fire unions. Last April the city hired an outside legal firm for \$45,000 but since negotiations have not concluded, the council voted to extend the contract for \$25,000.

The city did reach agreement on the terms of a two-year contract with members of the city's maintenance union. The contract gives raises just over 5 percent, the same raises police rank-and-file and management unions received.

The two-year cost of the raises for the three labor groups is just over \$2.5 million, based on city staff reports.

**City of San Buenaventura (Ventura)
Council Candidates with Ballot Designations**

Candidates are listed in the random alphabet drawing order as identified by the Secretary of State drawing on August 16, 2018.

DISTRICT 1	
Candidate Name	Ballot Designation
Marco Cuevas	Student
Kevin Clerici	Nonprofit Executive Director
Sofia Rubalcava	Translator
Irene V. Henry	Business Owner

DISTRICT 4	
Candidate Name	Ballot Designation
Ed Alamillo	Environmental Vector Technician
Erik Nasarenko	Councilmember/Senior Prosecutor
Spencer Noren	Small Business Owner
Mike Marostica	Senior Police Officer
Wayne Morgan	Retired Engineer
Alec Gasca	Student/Pharmacy Clerk

DISTRICT 5	
Candidate Name	Ballot Designation
Marie Lakin	Nonprofit President
Jim Friedman	Small Business Owner
Jack Lloyd Selby	Student

DISTRICT 6	
Candidate Name	Ballot Designation
Charles Kistner Jr.	Campaign Manager
Lorrie Brown	Management Assistant/Educator

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City News

City of Ventura files amended cross-complaint in Ventura River Litigation

The City of San Buenaventura (City) filed its amended cross-complaint in the Ventura River litigation brought by Santa Barbara Channelkeeper (Channelkeeper) against the City and the State Water Resources Control Board. The City did not start this case but it has no choice but to defend itself. The City's filing brings into the litigation all water users in the Ventura River Watershed.

In the litigation, Channelkeeper singled out the City's use of the Ventura River, even though there are many other water users in the Watershed. The California Court of Appeal agreed with the City in a ruling earlier this year that it could bring in other users given that Channelkeeper's claims could impact the City's long-held rights to Ventura River water.

The City is bringing in all water users in order to protect its water rights and to ensure that everyone is part of the solution in the event that cutbacks are needed for sensitive species and habitat. Legally, in order to determine water users' respective rights, all users must be parties to the same lawsuit. For this reason, the City named many cross-defendants. This is not a step that was taken lightly and only because it is to protect the City's

ability to serve its community.

The City is committed to environmental sustainability and will continue being a good steward of its local water resources. The City believes that all water interests, City residents, other water users, and environmental needs, must cooperate and compromise in using and preserving this precious resource. The City wants to be pro-active and is working to develop solutions to the competing interests in the Ventura River Watershed. The City would prefer to resolve these issues without litigation, and recognizes that only by all interests working together can we resolve these critical challenges.

Background on the City of Ventura's Ventura River water supply

One of Ventura's key water supplies is provided from the Ventura River at Foster Park. Water from the Ventura River is diverted through the City's Foster Park facilities and treated at the City's Avenue Water Treatment Plant. The extraction facilities include a subsurface intake and three shallow wells within the Ventura River riparian corridor. The City has maintained water rights on the Ventura River for more than a century.

City council candidates

Continued from page 1
Road.

The two groups focus primarily on homelessness and housing. Every candidate has been invited.

For more information on the election, or to find your council district, go to cityofventura.ca.gov/election.



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On Sept.19,with the help of the Ventura Chamber of Commerce Southbey's International Realty had their official Ribbon Cutting. They are located at 554 E. Main St. Photo by Michael Gordon.



VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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We must
bring our own
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darkness.

– Charles
Bukowski

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ Based upon recent research that he was responsible for decimating Native American communities and other atrocities against the Native Americans. Stanford

University plans to strip out some prominent campus references to **Junipero Serra**. Many people now see him as more of an oppressor than a saint.

■ Recently, a paddle-out to honor **Kirra Drury** drew hundreds to Silver Strand Beach. Drury was one of the boaters killed when two vessels collided Sept. 1 on the Colorado River. Ventura resident Raegan Heitzig, is presumed to have also been killed. Her body has not been recovered. Sad days for Ventura.

■ I suggest that you sign-up for **VC Alert** (www.vcalert.org), Ventura County's Emergency Notification System. In the event an emergency incident requires residents to be notified about public safety, officials will use this system to notify residents. It is a little cumbersome to sign-up but worth the effort.

■ To put hurricane **Florence** in proper perspective, there have been areas there receiving over 30" of rain, some up to 40". In Ventura, our total combined rain seasons from 2012-2013, 2014, 2015 and 2017 (2016 was a big rain) totaled about 35".

■ Beginning October 1, Ventura Water will start upgrading the manually read water billing system. The project will replace water meters for approximately 32,000 Ventura Water customers over a 3-year period.

The upgraded meters will allow customers to view and track daily water usage, detect leaks faster, and provide consistent billing dates. HomeConnect will identify water saving opportunities with customizable options for tracking and receiving notifications and alerts. This capability eliminates the need for vehicular travel needed to read water meters (will put some people out of work I assume).

Perhaps an even more important water upgrade would be to ensure that there is water available during our **next large fire**.

■ How do TV ads that say you must call in the next 10 minutes know if you actually met that requirement? What if you call within 15 minutes will they not sell you the product?

■ In our last issue, I made a joke about **women's brains** but didn't receive any nasty

letters from you ladies (how disappointing). I do apologize and to show you that I understand how intelligent women are, these are just a very few of the women CEO's running major corporations; Mary Barra - General Motors, Gail Koziara Boudreaux - Anthem Inc., Ginni Rometty - IBM, Indra Nooyi - PepsiCo, Marillyn Hewson - Lockheed Martin, Safra A. Catz - Oracle Corporation, Phebe Novakovic - General Dynamics, Michelle Gass - Kohl's, Geisha Williams - Pacific Gas and Electric Company, Barbara Rentler - Ross Stores and Vicki Hollub - Occidental Petroleum.

■ The weekly newspaper Missoula Independent in Montana has shut down - another newspaper closing. These are tough times for the newspaper industry to survive. So, it is very important that you support the



Might the statue of Junipero Serra be replaced with this sea monster?

Ventura Breeze by frequenting our advertisers, or becoming one of our advertisers if you have a business, so that the Breeze can continue to bring you the best local news.

On a positive note, the U.S. International Trade Commission has ruled that imports of Canadian newsprint does not threaten or materially harm US industry. This decision reverses tariffs put in place by

the Trump administration.

■ People who repeatedly disrupt public meetings (gadflies they are called) in Los Angeles City meetings could be barred from attending under a proposed regulation in Los Angeles.

Extreme disruptions have prompted this action. The Ventura City Council really hasn't had any extremely disruptive gadflies at City Council meetings recently but has had a few in the past.

I agree that at times this is appropriate, but such an action of barring some speakers at city meetings must be done very cautiously to protect our civil liberties.

■ In what has become their usual 5-4 vote, the Supreme Court ruled - citing the 4th amendment - that the **Constitution** protects tracking data from a cell phone. The ruling requires police to have a search warrant to obtain cell tower records. I'm sure that the writers of the Constitution anticipated cell phone use when creating this amendment.

■ Reservations will be required for popular Ventura County campsites along the **Rincon**. This is to keep people in Facebook groups from trading the sites among themselves and monopolizing the beachfront property. Campers in 200 spots on the Rincon Parkway, including Faria and Hobson beach parks must make reservations starting Nov. 1.

■ In our last issue was the final movie review by writer **Manuel Reynoso**. Manuel has too many projects on his plate to continue his wonderful reviews for the Breeze. I thank him for the great writing he has done for us but have no fear exclusive movie reviews will continue soon from a new Breeze writer.

■ The new **parking meters** designed to provide a better experience seem to be working well. They're meant to be easier and faster and soon will have the option to be refilled remotely.

The city claims that the downtown meters have been successful in helping manage parking issues, such as dissuading employees from leaving their vehicles in prime spots all day long. Plus, the income from them has helped pay for police, security cameras and keeping downtown clean.

The old meters had to be replaced with machines that were compliant with new credit card security standards.

Personally speaking, when I go downtown I tend to park on Poli. Then, I get to walk back up the hill to get some exercise.

Mailbox

Breeze:

Just wanted to say thank you for running the press release about our free Tai Chi classes for seniors. With your help, they have filled up which always makes the volunteers teaching them feel accomplished, appreciated and like they are making a difference. They truly do. We couldn't do it without your help.

Thank you.

Marisue

Publisher:

Just wanted to drop you a thank you note regarding some comments you made about homelessness and a recent 9th Circuit Court ruling.

You comments were, in my opinion, completely spot on and I appreciate your understanding (particularly on the role and constraints on our Police Department).

Thanks again and keep up the great work...I look forward to your paper every new edition.

Regards,

Quinn Fenwick

Breeze:

The current administrations acceptance of Neo-Nazi, Fascist, and White Supremacist ideals will never make America great again.

Critical thinking, an informed citizenry, fair and just implementation of law, is what is required to overcome what ails our country. A good start would be to undo Citizens United, including changing the Electoral College to a popular vote system, free access to healthcare and education for all, raising taxes on corporations and wealthy individuals in order to support socially responsible programs and maintain the infrastructure is what will make the country a better place for all.

JB

Readers: The Breeze accepts all opinions as long as they use acceptable language and are not inflammatory. Let's hear from those who agree or disagree with JB. We don't usually put in letters with only initials but JB requested that so we did.

Hi

I enjoyed your 9/12-9/25 edition

including the article on rainwater & greywater harvesting, an important topic for our drought-prone area.

A minor correction needed on Page 8 however:

The URL for more info is misspelled; it should read "greywateraction.org", not "grewateraction.org"

Thanks!

Gary B.

Oh y did we leave out y?

Does one life matter?

A hungry child or senior that happens to be poor did not choose poverty or going without. All lives do matter and with the aid of a few good people, lives could be enhanced greatly-and yes with charity.

We (those of us) that live in Ventura and Santa Barbara counties can do good

Continued on next page

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

Ventura BREEZE



Community Events

Ventura Art & Street Painting Festival

The Ventura Art & Street Painting Festival took place Sept. 8th and 9th at the Ventura Harbor Village this year. The skies were gray, but the sidewalks became a quilt of color as forty street painters got busy applying layers of chalk pastel to the ground. Many of the street painters traveled from various cities in Southern California to participate and many know one another from other festivals. These talented individuals donate their time to help support local festivals. Some of them are professional artists, but others have jobs and indulge their passion for their art on the weekends.

As the chalk artists began creating vibrant chalk murals Saturday morning on the harbor sidewalks, thirty-five artists were setting up their booths in preparation for the visitors' arrival. Original artwork was available for purchase in the artists' area, including paintings, sculptures, woodwork and pottery.

Ventura County's original street painting event celebrated its 10th anniversary this year. Started in 2009, with twenty artists and some music in a downtown park, the festival added street painting in 2011 with just a few artists. Founder Barbara Hinton had the idea to add chalk art, but didn't know anyone who practiced the art form. It was a chance conversation with another



friend who ran a local festival that led to her meeting some chalk artists. An artist had contacted Hinton's friend about doing a commissioned chalk mural. The friend then referred the individual to Hinton. The rest as they say is history. Hinton says that they had about 11 chalk artists the first year.

The festival also hosts a children's chalk area so that kids visiting the festival were also able to create art on the sidewalk in the Children's Chalk Area, run by local non-profit group Kids' Arts, Inc.

For the second year in a row, the festival welcomed two world-renowned chalk artists. Ventura resident Tracy Lee Stum, an internationally recognized American street painter and author of "The Art of Chalk", and Rod Tryon, a Santa Barbara resident who has been street painting for 30 years and has been featured in numerous events in the U.S. and abroad.

Stum, who was the official artist for the US House at the 2010 Winter Olympics, is also known for her chalk artwork at the Super Bowl XLIX game. She recently created an original street painting for Katy Perry's Witness World Wide 2017 livestream.

"For me, street painting is absolutely the most joyful form of creative expression I have engaged in," says Stum. "An event like the Ventura Art and Street Painting Festival is so important because it keeps art alive in our community."

This festival is hosted by Ventura County Art Events, Inc. and is a fundraiser for FOOD Share of Ventura County and Kids Arts Inc.

Photos by Michael Gordon, Richard Lieberman and Bill Green



On Saturday, Sept. 15 over 270 volunteers picked up over 60 pounds of recyclables and over 230 pounds of trash across 1 mile of beach in the Ventura Harbor during Coastal Cleanup Day. These volunteers included organized groups from Amgen, WorkCompCentral, Derma-E, REI, Girl Scout Troop #61105, Ojai Valley School, Coca Cola, CSUCI and Pacifica High School. Coastal Cleanup Day is an organized day of service for the community to collect trash from local beaches, dunes and shorelines.

Ventura events

by Ana Baker

Ventura Poinsettia Dance Club
Monday nights 7:30 - 9:45p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Dance lessons 6:45 - 7:15 \$5 for couple \$3 for single. Call Rick 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss.

Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org.

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out

to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events. Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

Musicians' Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 6-9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety. Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed.Ventura@gmail.com.

The Ventura County Philatelic Society meets on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills. Admission and parking are free. Come for a great



Community Events

evening. They are a fun group. Contact: Bill Garner (805) 320-1601 or sockonthenose@gmail.com

Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant. Group meets the first Tuesday each month at Lemon Wood Mobile Park, 850 Johnson Dr. Excellent speakers leading Cardiologists, Nutritionists, Dietitians etc. from our area. Contact Richard Hatcher at (805) 644-2733

When a child dies, The Compassionate Friends (TCF) can help a family move forward through the grief journey. The Compassionate Friends provides a safe and supportive place where grieving parents, grandparents and siblings over age 16 can come speak openly about their child, express feelings about loss and celebrate milestones. Meeting twice a month, on the first and third Wednesday from 7-9 pm at the Poinsettia Pavilion, in the Canada Larga room. Sept 19, Oct 3, Oct 17, Nov 6, Nov 21, Dec 5, 19. For more information, contact Laura Lindsay, tcfventura@gmail.com

Sept. 26: “The College Area Community Council will meet on Wednesday at 7 p.m. Representatives from Ventura College and the police department will give brief updates and answer questions. The Ventura Water Dept. will make a presentation on “smart” meters and the Surfrider Foundation will discuss the Ocean Friendly Gardens program. Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. collegearea-council.com/map or (805) 644-8695 for more information.

Sept. 27: The Friendship Connection, a group of retired women, will have their monthly luncheon at Marie Callendar’s Restaurant on Thursday at 11:30 a.m. Dorothea Phelan will portray Ysabel del Valle who lived at Rancho Camulos in the 1850s. Prospective members are welcome to attend. For more information, call 805-654-8388.

Sept. 27: Portuguese Fraternal Society of America - The local chapter of PFSA (Council #128) will hold its monthly meeting on Thursday. This meeting is open to any person of Portuguese descent, or, interested in the Portuguese culture. Marie Callendar’s Restaurant, 1295 South Victoria at 11:30 a.m. for a 12 p.m. no host luncheon/meeting. For more information, and a reservation, call Cora Corella at (805) 483-6285 or Yvonne Westervelt at (805) 483-4168.

Sept. 27: The Arc of Ventura County is pleased to present, “An Evening with Rachel Simon,” featuring the award-winning author and nationally-recognized public speaker on issues related to diversity and disability. Rachel Simon will present, “Riding through Life with Cool Beth: My Sister’s Journey to Independence, My Journey to Embracing My Sister.” 6 – 8 p.m. (doors open at 5:30 p.m.) The Arc of Ventura County, 5103 Walker Street, Ventura. Event is free. RSVP on Eventbrite, Facebook or call The Arc at (805) 650-8611

Oct. 2, 16: October 2 and 16 are the dates for the next twice-monthly Ventura Retired Men’s Group 11:30 a.m. meetings at the Ventura Elks lodge. For anyone interested, there’s a time of social interaction and a speaker on a topic of interest over a lunch provided with our compliments if you’ll drop in and introduce yourself. Call Bob Likins

at 805-587-1233 if you have a question.

Oct. 2: LifeSource Women’s Bible Study from 9 - 11:15 a.m. Community Presbyterian Church, 1555 Poli St. Study James by Beth Moore and Hosea by Jennifer Rothschild. Cost for two books and registration is \$45. Scholarships and childcare available with prior notice. 805-648-2737 for more information or cpcventura.org

Oct. 4: The Ventura County Chapter of the Military Officers Association of America will meet at 11:30am on Thursday at the Bard Mansion on the NBVC Port Hueneme. This includes Lunch and a presentation by Mr. Rick Schoeder, President of Many Mansions. Tickets cost \$15 per person paid at the door. Call Jon at 805-642-6748 for more information.

Oct. 4: The Autism Society of Ventura County will recognize twelve individuals and organizations from our community who have demonstrated dedication and initiative in making a difference in the Autism Community at the Awesome in Autism Awards Event. Celebrate their efforts and dedication Awesome in Autism Awards Dinner. 5:30 - 8:30 PM at the Wyndham Garden Ventura Pierpont Inn. General Admission: \$40.00 / Children Admission: \$20.00 Event includes: Dinner of your choice. Photo Booth, No-Host Bar, Silent Auction. Registration: <https://bit.ly/2Q6945K>. ASVC is an affiliate chapter of the national Autism Society, a 501c3 not-for-profit organization whose mission is to improve the lives of all affected by Autism.

Oct. 7: Old-Time Country Bluegrass Gospel Music Assoc. Meeting Sunday from 2:30-4:30 p.m. Located at the Knights of Columbus Hall, 36 Figueroa. Free admission, music on stage and jamming. Free parking in the rear. Open to Public. For more information call 805-517-1131 or visit Facebook: OTCBGMA

Oct. 7: In addition to docent-led tours of the Dudley Historic House Museum from 1 to 4 p.m., Freddie the American Mini Horse will be in attendance for photos and buggy rides from 1:30 to 3p.m. Museum admission is free, but a \$5 donation will be asked from riders for Freddie’s expenses. Well known local historian/ghost hunter Richard Senate will lead tours and sign copies of his latest books. The museum is located at the corner of Loma Vista and Ashwood streets. For information please call (805) 642-3345 or visit the website at www.dudleyhouse.org.

Oct. 10: The Ventura Parkinson’s Disease Support Group is having a special “Meds, Mobility and Magic” meeting from 1-3p.m. at the Lexington Assisted Living. Several Pharmaceutical Representatives will give a brief introduction about medications and other medical devices for treating Parkinson’s. For more details see full article in the Ventura Breeze Senior Section or call Patty at 805-766-6070.

Oct. 10: All are invited to a free informational event on Wednesday, at 7p.m. Justice Steven Perren and retired judge Melinda Johnson will present an unbiased analysis of the November ballot propositions. First United Methodist Church, 1338 E. Santa Clara Avenue. Steven Z. Perren is an Associate Justice of the State Court of Appeal and Melinda Johnson is a retired Superior Court Judge. The program is co-sponsored by the Ventura County League of Women Voters. For more information, contact the church at 805-643-8621.



Another Great Beach Read from James Francis Gray!

AUDREY’S JOURNAL

Dedicated Office Clerk Audrey Stiener stays on top of it all in her Working Journal...client appointments, high profile meetings, assignments, **and office secrets**...secrets that, if they were to be exposed, could cost her a lot more than her job.

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Books make great gifts.

Visit www.jamesfgray.com See reviews on amazon.com
<https://youtu.be/y6GcldQZHpl>

Ojai news and events

Opera Santa Barbara will return to the Ojai Library to present a Free Noontime Opera Concert on Thursday, October 11. The concert will begin at 12 p.m. in the main room of the library and will last approximately 45 minutes.

Professor of Mathematics Jason Miller will visit the Ojai Library at 1 p.m. on Saturday, October 13, to deliver a presentation titled “Bats of the Channel Islands: Using Mathematics to Protect our Elusive Nocturnal Neighbor.” Miller comes from CSU Channel Islands (CI) as part of this season’s CI Library Lecture Series.

Friends of the Ojai Libraries invite you to their Annual Ojai Day Weekend book sale to be held in the parking lot of the Ojai Library on Saturday and Sunday, October 20 and 21 from 10 a.m. to 4 p.m. Hundreds of books featuring an assortment of hardback and paperback fiction and non-fiction will be on sale. All proceeds from the sale go directly to the Ojai Valley Library Friends and Foundation For further information visit the website www.ovlff.com.

The Ojai Library is located at 111 East Ojai Ave. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday.

Choosing Gentleness: Opening Our Hearts to All the Ways We Feel and Are in Every Moment. Reading, book signing, Q & A and discussion with local author, psychologist and women’s gatherings host, Robyn L. Posin, Ph.D. Monday evening October 8th from 7:00 to 9:00 at the Ojai Art Center Gallery, 113 S. Montgomery St. Contact robyn@compassionateink.com with any questions or for more information.

Robyn’s book questions and reframes current ideas about forgiveness, gratitude, anger, procrastination, selfishness and how growth actually unfolds. forthelittleoneinside.com and compassionateink.com.

Villanova Preparatory School is honored to host Father Gregory Boyle, Jesuit priest, best-selling author, and founder of Homeboy Industries on Tuesday, October 2. Fr. Boyle’s transformational work in building the world’s largest and most successful gang intervention, rehabilitation and re-entry program continues to serve as a social model of hope and healing.

California Coastal Horse Rescue (CCHR) in Ojai, will host its Annual Octoberfest Saturday, October 13, 12 noon to 4:00 p.m. at the Ranch at 600 West Lomita Ave.

The community is invited to this event, which includes a beer and wine garden, live music, SoCal Comfort Food Truck, games and activities for children, and, of course, the stars of the day – the CCHR horses.

An all-volunteer, non-profit organization, CCHR’s mission is to rescue abandoned, abused, neglected and slaughter-bound horses and provide them with a second chance at living healthy, happy and productive lives. The cost for this event is \$10 per person. Kids under 6 are free

On Monday, October 29, the Ojai Art

Center Literary Branch welcomes David Mellon who will talk about his transition from painting to writing, how he got his novel published, as well as doing a reading from that novel. The Literary Salon begins at 7:00 PM in the Ojai Art Center Gallery and will be followed by a reception and book signing.

It was when he discovered the UCLA Extension Writers’ Program that his literary aspirations were ignited. His first book, *Silent*, was nominated for the 2016 Allegra Johnson Prize

The public is welcomed on October 29, 7:00 p.m. in the Ojai Art Center Gallery for David Mellon’s talk followed by a reception and book signing. \$5 donation at the door.

California’s coast is full of important resources

Assistant Professor of Environmental Science and Resource Management Dan Reineman will visit the Ojai Library at 1 p.m. on Saturday, October 6, and the E.P. Foster Library at 6 p.m. on Wednesday, October 10, to deliver a presentation “Managing (the Waves on) Our Coasts.” Reineman comes from CSU Channel Islands (CI) and is presenting as part of the Ventura County Library’s One County, One Book program.

California’s coast is full of important resources, from fisheries and oil to tourism destinations like the Channel Islands. To manage any resource well, we need information—data—about it. Waves for surfing are among the most important resources in coastal California. They support the recreation of millions and shape the economies and cultures of many coastal communities; surfing is now our official state sport.

But where will we get the data we need to ensure that waves and surfing can continue on our coasts? In this talk, Reineman will expand on some of the key themes William Finnegan develops in *Barbarian Days* and connect them directly to contemporary coastal management challenges in California and right here in Ventura. Surfers might be at the heart of the issue, but they share that space with anyone else who enjoys visiting the coast in California.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146, or Irma Morales, Senior City Librarian, at (805) 648-2716.

The Ojai Library is located at 111 East Ojai Avenue in Ojai. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday.

The E.P. Foster Library is located at 651 East Main St. Hours of service are 10 a.m. to 7 p.m. Monday through Thursday, 10 a.m. to 5 p.m. Friday and Saturday, and 1 p.m. to 5 p.m. on Sunday.

The Ventura County Library is available 24/7 at www.vencolibrary.org.



Community Events

Ventura City Fire Department offering Community Emergency Response Training (CERT)

by Joe Morelli
Ventura City Fire Marshal

As residents, you serve a critical role in emergency response operations whether it is preserving lives, protecting property, or providing other essential services to the community. The Ventura City Fire Department would like to invite you join our Community Emergency Response Training Program (CERT)beginning Wednesday, October 3. The training sessions provide an excellent opportunity to meet and work with other city staff and members of the community. With the use of available funds, we were fortunate to hire an experienced outside trainer who makes the classes fun and informative. The topics covered include:

- Disaster/emergency preparedness
- Fire safety and suppression
- Disaster medical (treatment and triage evaluation)

- Light search and rescue
- Organizing/managing a CERT team
- Disaster psychology
- Terrorism and CERT

Training is limited to 60 people and will be held on 6 consecutive Wednesdays (*) from 6:00 to 9:00 p.m., beginning October 3, 2018, at Police/Fire Headquarters, located at 1425 Dowell Drive, (* no class 10/31). A final exercise will be held on Saturday, November 10, providing students the opportunity to work in multiple groups on common disaster problems. Please visit cityofventura.ca.gov/fire to submit an application. City of Ventura residents will receive priority seating, and as space allows, we will then accept and enroll out of area applicants. Please contact Kris Edwards at 805-658-4717 or cert@cityofventura.ca.gov with any questions.

Donation doubles support for Thomas Fire survivors

ThomasFireHelp has been devoted to assisting community members rebuild their lives after the devastating Thomas Fire, Montecito Mudslide and Holiday Fire. To further support the ongoing recovery, the Ventura County Community Foundation (VCCF) has awarded ThomasFireHelp with a \$12,500 grant, which will be doubled, thanks to a matching grant from the Gene Haas Foundation. “The ThomasFireHelp team has played such an important role in supporting survivors and continues to be a leader in long-term recovery efforts. We are proud to support their vision to connect help with a need in the Ventura community,” said Vanessa Bechtel, President & CEO of VCCF.

Earlier this summer, the Gene Haas Foundation issued a challenge grant to support the continuing operations of ThomasFireHelp. “We are excited that philanthropic leaders like the Ventura County Community Foundation are supporting the work of ThomasFireHelp. Together with our matching grant, their \$12,500 becomes \$25,000,” said Peter Zierhut, Vice President of Haas Automation, a local employer with a history of community support. “ThomasFireHelp continues to do an exceptional job assisting survivors and their families, as the community reestablishes itself. This grant and other donations allow ThomasFireHelp to continue their work as the safety net under the safety net – helping our most vulnerable community members.” Emily Barany, co-founder of ThomasFireHelp said, “It has almost been a year since the fire, and our neighbors still need support. We are continually evolving our work to meet the changing needs in our community, which is only possible with the support of our partners – individual donors offering

a couple dollars a month, and large contributors like the Ventura County Community Foundation and the Gene Haas Foundation.” “Fire and slide survivors have no idea how much their community wants to step up and support them – we bridge this gap every day,” Barany said of the ThomasFireHelp platform, which connects one person who needs help with another person in the community who has that help to give. “It’s like online dating, but for disaster recovery.” To support the work of ThomasFireHelp, visit: <https://www.thomasfirehelp.org/financial-donations>. If you are a survivor of the Thomas Fire, Montecito Slide or Holiday Fire and need assistance or would like to offer help, visit: www.ThomasFireHelp.org.

Ventura Audubon

October 2, 7:30 pm. Poinsettia Pavilion, 3451 Foothill Road, The Birds and People of Cuba with Dennis Ringer. Dennis Ringer shares the experience of a group birding trip to Cuba in March of 2017. While in Cuba, they saw 24 of the 26 Cuban endemics (not all were photographed) plus a number of West Indian endemics. Along the way they also picked up quite a few migrants heading to North America. There will be plenty of bird pictures, but he will also look at selected aspects of Cuban culture to give a more holistic view of the trip. Dennis is an Emeritus Professor of Anthropology and Native American Studies at Santa Barbara City College. He retired from SBCC in 2006 after 36 years of teaching. He started birding in 2007 by taking a Joan Lentz’ birding class in Santa Barbara. In 2008 a good friend gave him a camera and 400 mm lens and his world of birding changed. Dennis tells us he is always a birder first and a photographer second. **October 3, 8:30 a.m. Laguna Tams** Leader: Adele Fergusson 805-415-

4304. The tamarisk trees at Laguna Rd are a migrant hot spot. Migrating birds mostly warblers are attracted to the insects in the trees and a number of uncommon to rare birds often show up at this location. Call for directions if unfamiliar with this location. **October 6, 8:00 a.m. Work Day Hedrick Ranch Nature Area** Leader: Sandy Hedrick 805-340-0478. Arrive at 8:00 for self-guided birding which usually yields some interesting birds. Work from 9am – noon. Long pants and boots or closed shoes are required. Bring water, gloves & sun protection. **October 13, 8:30 a.m. Canada Larga** Leader : Raeann Koerner 805-701-1919. We will walk and drive the canyon. Always a great walk! Some birds we may see are Western Bluebirds, Road-runners, sparrows, swallows, Red-tailed Hawks & perhaps a barn owl. **October 20, 8:30 a.m. Ventura Settling Ponds** Leader: Rick Vogel 805-388-8047. Enjoy a morning of mostly waterfowl birding. Spotting scopes are always welcome. **October 21, 8:00 a.m. Matilija Riparian Area and Lake** Leader: Kay Register 805-258-1025. This walk is limited to 8 people due to limited parking and rough hiking. People should be sturdy on their feet and comfortable with rough terrain. Possibly followed by trip to Ojai Preserve (by high school). Please contact Kay Register at kaybirder@aol.com if you are interested in participating. She will let you know if there is room on the walk and will provide you with more details. **October 28, 8:00 a.m. Carpinteria Salt Marsh Reserve** Leader: Rob Denholtz will be our guide with Linda Easter 818-519-2833 the assistant and trip coordinator. There will be a limit of 25 people. Call Linda or email her lindita517@yahoo.com to reserve a spot. This is a joint CVAS/VAS field trip to the restricted part of the Carpinteria Salt Marsh. It is a unique opportunity to have a guided tour of the private part of the salt marsh that is used by UCSB and affiliates to study the ecology of one of the last coastal salt marshes in Southern California. We will meet at the Estero Road gate to the Marsh. This is not the public entrance. **From a broken family to a solid foundation** Being from homes fueled by drugs, alcohol and abuse makes it easy to believe that’s how people live normally. Juan and Harley both come from broken families filled with many types of abuse. They both fell down those dark roads that their families made them think were normal. They always knew they wanted better but had a hard time being the better people in such a crazy lifestyle. They were constantly reminded that all this lifestyle brought them was chaos, destruction, abuse, and even death. Through it all they stuck by each other and tried their best to face life together. But life always had a funny way of testing them. They kept trying to make it so they

could always live together but it didn’t always work out that way. In October 2017, Harley found out she was pregnant. After telling the landlord that she was pregnant, they were given a 30- day notice to leave. That’s when Harley learned about Tender Life Maternity Home – managed by the River Community Church but there was not an opening there. They were able to stay with Juan’s aunt and uncle in the meantime. A few weeks go by and then they got the news! His aunt and uncle had been given an eviction notice. Needless to say their high hopes quickly plummeted. At that moment Harley gets a call from Tender life! It couldn’t have been better timing. She called back and was able to set an interview for the following day. Her interview went well and they were able to move in. Finally Harley had a safe place to stay at. Since being at Tender Life, Juan has started to come to church, which was never something he would have done. They recently got married and all they needed was to work on being reunited as a family. A unit at The City Center Transitional Living opened and they moved there. They are so thankful to be given such a blessing. They welcomed their daughter Gemma into the family. “None of this would be possible without Tender Life, The River Community Church, The City Center and of course for God who led us to such an amazing support team,” said Harley. Please support The City Center Transitional Living Center by attending their celebration event, featuring the surf theme “Catch the Wave” on Saturday, September 29, 6:00 - 10:00 pm. The evening features a silent auction, followed by a gourmet buffet dinner and dancing to the live band, Soul Infusion. This will take place at a lovely private venue in Ventura and is sure to be a night to remember! There are presently 73 people living at The City Center and 42 of them are children - all of them were homeless. TCC gave them temporary housing, where they can feel safe, find stability, obtain employment and develop the life skills necessary to successfully move out into their own living situations. Thank you for helping to change lives for children and families in our community! For more information www.TheCityCentetr.org. **Learn how to maintain a healthy microbiome in your body** Not all bacteria are bad. In fact, the human body is home to a variety of microbes that help keep people healthy. The types, quantity and balance of microbes in an individual’s unique microbiome can affect a person’s susceptibility or resistance to a variety of health issues, including acne, allergies, autoimmune diseases, intestinal conditions and cancer. How these microbes influence disease and what a person can do to maintain a *Continued on the next page*



News & Notes



A presentation was given on the true history of the adobe. Photo by Michael Gordon.

Ortega Adobe

On Sunday, September 9th, the Native Daughters of the Golden West, Poinsettia Parlor, 318 Ventura, held an open house at the Ortega Adobe, 215 W. Main St. A presentation was given on the true history of the adobe by Mr. Ernie Cabrillo. Mr. Cabrillo gave a live presentation and covered much of the historical facts surrounding the Ortega family and the adobe.

The large crowd of mostly local citizens were very much impressed on the local history, and many did not know Ventura had such a historical adobe on Main Street.

In 1857, Emigdio Ortega purchased the land that would become home to the Ortega family for more than for-

ty-years. Emigdio died in 1896; in the following year his son, Emilio used the home to start his “pioneer “Ortega Chili” business. This is believed to be the first commercial food operation of its kind in California.

Emilio Ortega, the eleventh grandchild developed the fire roasting process for chilies. He originated canned chilies, salsa, and the Snap-E-Tom vegetable drink.

During the depression the Ortega family – who made a great contribution to the area – decided to keep its workers on the payroll despite the hard times. In doing so they lost their Ortega chili business.

The city of Ventura acquired the building in 1921.

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Learn how to maintain a healthy...

Continued from the previous page

healthy microbiome will be the focus of a free seminar at 6 p.m. Wednesday, Oct. 10. Titled "The Microbiome and Disease: The Power of Bacteria in the Gut," the seminar is hosted by Community Memorial Health System as part of its 2018 Speaker Series.

The guest speaker will be Dr. Sabine Hazan-Steinberg. She received her

medical degree from Dalhousie University Faculty of Medicine in Halifax, Nova Scotia, and completed residency training at the University of Florida College of Medicine. Dr. Hazan-Steinberg is an active member of the Community Memorial Hospital medical staff.

The Oct. 10 seminar will begin at 6 p.m. in the eighth-floor Nichols Auditorium at Community Memorial Hospital, 147 N. Brent St. Registration is free but reservations are required. For reservations, visit www.cmhshealth.org/rsvp or call Brown Paper Tickets at 800-838-3006.

Community Memorial Health System is a not-for-profit health system, which is comprised of Community Memorial Hospital, Ojai Valley Community Hospital, the Centers for Family Health, and various outpatient centers serving communities located within Ventura County, California.



ECTV kids share their knowledge.

Knowledge is power

by Elizabeth Rodeno

Local election coverage is in full swing with the first of the election forums featuring candidates for Ventura City Council, Ventura Unified School District and the Ventura County Community College District. The League of Women Voters is hosting two comprehensive forums with CAPS Media providing media coverage. The most recent forum was held at DeAnza Middle School. The next one will be held at Citrus Glen Elementary on October 3rd. These programs as well as the deep dive into the California Propositions on the ballot in November are broadcasting on Channel 6 and available as video on demand on www.capsmedia.org.

Candidate statements will begin airing on Channel 6 in mid-October. These three-minute statements allow the candidates to share their views and ideas on the key issues to voters. Go the Schedules tab on the CAPSMedia.org website for dates and times of all our

election programs.

A new group of El Camino students are already recording interviews, producing both video and radio shows and the school year has just begun. The experienced students are mentoring the first timers. It's great to see how enthusiastic and proud these students are of their ECTV programs. The team has lined-up some fascinating and influential guests for this season as well as outlined additional episodes of their series of bi-lingual talk show. Several new ECTV programs have been completed and are airing on Channel 15.

KPPQ-LP or CAPS Radio's venue has brought together a passionate group of deejays, personalities and producers. The latest shows include Spotlight on Special Education, Ventura Sports and Beyond, Dylan's Deep Cuts, and The Shiver Show, sharing spooky stories perfect for Halloween. With more eclectic music programming on the air, you can sing along Mondays through Fridays at 5 and 7pm. Great music is featured throughout the weekends. The program schedule is available on the radio page of capsmedia.org. Training classes continue the fourth Wednesday and Thursday of each month. We will be adding podcasting to the curriculum as well.

We are community radio and are here to become an essential part of the fabric of Ventura. Let's get KPPQ into the community. Volunteers are needed to help get the message out to the community to share your stories. You can listen to KPPQ throughout the county @ 104.1FM, on the myTuner app or streaming on capsmedia.org. Share

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The menu lists "Comfort Breakfast Favorites."

Ventura's East End Eateries Part 3: Cafe 126

by Jennifer Tipton

Located at 11033 Citrus Drive, Cafe 126 has been family owned and operated since 1965. Like the other "East End Eateries", it has that small diner vibe, but several things set them apart, like having an undeniable sense of family. Surrounding photos show family members and one of Saticoy Grammar School dated 1932. The staff can tell you family member's names and the history. Another difference is they serve only breakfast and lunch. Monday – Friday 6:00am to 2:00pm Saturday 6:00am to 2:00pm & Sunday 7:00am to 2:00pm

We were there on a Sunday morning

and there was a 15-minute wait to be seated. I asked our very nice server, Summer, if they were always this busy and she said, "actually this is slow!"

A large back room was added in the 1980's and there on the back wall, hangs an old American flag. Summer tells us the flag is pre-Hawaii / pre-Alaska and was a gift to the cafe, but further history is unknown.

There's an outside patio with several tables and a large sign reading "No Pets". Usually it's just a question of being dog friendly, but Summer said someone once brought their cat to lunch...

Also unique about Cafe 126, the patrons are a diverse bunch, we saw families along with motorcycle enthusiasts. Parking is plenty for vehicles with two or four wheels.

The menu lists "Comfort Breakfast Favorites", and the selections are as diverse as the patrons with choices ranging from simple to a 14oz Ham Bone & Eggs –

"So big it's served on 3 plates"! Prices \$9.25 - \$13.95

Simpler egg dishes are available, and each comes with your choice of hash browns or country potatoes, choice of toast, English muffin or biscuit. Prices \$6.95 - \$9.95

The "Highway Grill" offers Pancake or French Toast Combos served with homemade whipped cream, or the classic "Pigs in a Blanket" (sausage links rolled in buttermilk pancakes). Prices \$5.95 - \$9.95

There are nine omelets including a California omelet with avocado, fresh salsa and jack cheese, all come with the same side choices as above. \$10.25 - \$11.25

More sides are available like biscuits & gravy, or you can skip the biscuit and

News & Notes

simply order a Cup of 126 Gravy \$1.95.

The "Café Dinner Favorites" include a Turkey Dinner, "roasted daily and served with all the fixin's" or Roast Beef, "right off mom's table" and of course the classic, Country Fried Steak with "fresh USDA beef dipped in our handmade batter". All selections come with vegetables, garlic bread, mashed potatoes and-gravy! \$11.95 - \$13.95

There are eight deli sandwiches, each comes with a choice of homemade potato salad, macaroni salad, coleslaw, French fries, fresh or grilled tomatoes. \$8.95 - \$9.95

Burgers are made with fresh Angus beef and patrons can choose from a 1/3 lb or 1/2 lb burger \$8.95 - \$10.95, same sides but add \$1.00 for sweet potato fries or onion rings.

There are twenty specialty sandwiches and dishes to choose from at \$7.25 - \$10.95 and a full page of soups, salads, chilies and chowders. Cafe 126 does not offer alcoholic beverages. Desserts are homemade daily.

I had the Spinach Mushroom Benedict with country potatoes, perfectly poached eggs on a crisp English muffin, with loads of spinach and mushrooms topped with a rich and creamy hollandaise and the potatoes were seasoned well. The only problem was there was way too much of it and I took enough home for breakfast the next day!

By the way, Cafe 126 has a sister restaurant, Flight 126 located at the Santa Paula Airport.



But always I can't wait to come back to Ventura.

Ken McAlpine, Ventura author

by Jill Forman

Thirty-five years ago, Ken McAlpine came to Ventura for the surf; he stayed for life. During that time he created a home and became an author. "As a travel writer, I've been to some of the most

beautiful places in the world, but always I can't wait to come back to Ventura. I couldn't have picked a better place." He blogs weekly for the Facebook page of Visit Ventura about "the joys of travel and life".

Settling in one place was not his experience. His father was in the Foreign Service; Ken was born in Hong Kong, and lived in the U.S., Laos and Singapore with his family. "A fun experience; I got the travel bug early, as a kid." Always a beach-lover, he majored in Environmental Science/Coastal Zone Management, studying the Outer Banks of North Carolina.

After college, he took off for Australia and traveled up that coast, surfing and keeping a diary. "I was incredibly naive" he says; he just typed up the diary and sent it off to Surfer Magazine. "It was unpublishable," but an editor there sent him an encouraging letter. Then he wrote a piece for them, after looking up the guidelines for submissions, on winter surfing in New Jersey, which the magazine bought. "It was so exciting!"

Back in New Jersey, he had fallen in love with Kathy, an elementary school teacher and "the woman of my dreams." He also dreamed about California's beaches and she, obviously wise, told him to come here and check it out or he'd always wonder. Once he saw our sunshine, surf and beaches, he was in love yet again. Kathy joined him, and our traveler was home for good. Soon a house and two boys completed the picture.

He has sold shoes and been a lifeguard, but wanted to write so got a job at the VC Reporter writing "...anything and everything...It was a great grooming ground for a writer." Meanwhile, he sent pieces out to magazines. His break was selling a piece on trail running in Ventura County to Sports Illustrated. "A big deal," it looked good on his resume. He started getting assignments; "...they used me for quirky stuff, you know, one legged climbers, human interest stories."

As a free-lancer, he wrote articles, blogs and stories that were published in Sunset, National Geographic Traveler, Auto Club, Men's Journal, Outside and so on. In 2004, he published his first book, OffSeason: Discovering American on Winter's Shore; which was a Barnes and Noble Great New Writers selection, and led to appearances on NPR.

Islands Apart: A Year on the Edge of Civilization is set partially on the Channel Islands, as a counterpoint to our fast-paced times. Fog is very different, a dark fiction account of

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News & Notes

the Surf Lifesavers on Cape Cod in the 1880's, "a modern day Moby Dick."

Many readers' favorite McAlpine book is Together We Jump, the story of an 85 year old named Pogue, who goes on a cross-country odyssey to face the ghosts of his troubled life and figure out how to live well in the time he has left.

He also has a trilogy about the ocean with an environmental subtext. And other books, "I am shopping them around." He doesn't hide the hard work of being a writer and the discouragement. "It can be soul-crushing"

Why does he write? "It gives me joy, and I hope in some small fashion it will give the readers joy. Life is a gift, I'd like to make them think...I don't have any answers." You can read about him at kenmc Alpine.com.



VUSD Board Member John Walker has seen many changes in 29 years.

Things left undone

Having been the longest serving Ventura Unified School District (VUSD) Board Member has been a privilege for John Walker. During those 29 years he has seen many changes to the district. For the most part, he says, "I think I have met my mother's admonition to leave things better than when you found them." During his tenure he has seen two new schools built, school modernizations, moving and consolidation of the district office, a focus on the arts, hiring four superintendents and well documented student academic growth among other things. However, as he nears his exit time in November, there are things that he says he worked to accomplish, but never quite made it due to budget constraints, political climate or simply lack of board consensus. Having served on the Board of Directors for the California School Boards Association for eight years, he was fortunate to be at the state forefront, seeing new education reforms, legislation and the ever-changing budget climate. Those meetings inspired him to want the best for the children of VUSD. John is now hopeful that the new VUSD board will at least visit some of those things the board has previously discussed that he felt were important to the district and the community.

One of John's highest priorities was the nationally touted International Baccalaureate program. It is a rigorous, high achieving program embraced by the county's largest school districts, but not yet in VUSD. This academic

program offers a wide range of options for students to succeed, while developing students who want to create a better and more peaceful world. The board and district studied the program about five years ago but funding waned.

Secondly, Walker believes that "employee salaries are important to attracting and retaining the best." His experience in human resources taught him the importance of employee retention. "Districts often promote and train their best employees only to lose them to neighboring districts who can pay more. This is particularly true now with the recently implemented state-wide school funding formula which provides significantly more money to districts with higher at-risk populations" he says. Our salary norm over the years has been to be in the 40 to 60 percentile county-wide. "I believe we need to be continuously in the top third to retain our best teachers and support employees. We were never quite there over my tenure, in spite of how hard we tried. This is going to take prioritization of resources and some creativity."

Lastly and most importantly, equal learning opportunities for all VUSD students should be a high district priority. Most pointedly, one of the district's high schools Foothill can offer a student seven periods per semester or 56 courses in a typical four-year high school career. Conversely, the remaining two traditional high schools offer less with six periods per semester for most students, or 48 courses in a typical four-year span. That means some district students have more options than others for courses such as additional academic electives, leadership and the arts. Walker believes it gives those students a competitive advantage in applying for college. "As a district we need to bring all our high schools to the same standard as Foothill Technology HS. All students deserve the same opportunity."

John wishes the board well in its future endeavors but vowed to remain active and involved in the district whenever opportunities arise.



We must lead by example.

Anthony Krzywicki, Candidate for VUSD Area 1

I have noticed a lack of respect for our environment while attending schools in the VUSD. What I have seen is an overabundance of single use plastics on campuses, as well as a

lackadaisical recycling program.

Now I have not visited every school, but the ones that I have visited have courtyards or quads littered with single use plastics. Now not all of them are originating from the school themselves but many of them are.

I have witnessed plastic service ware, straws, disposable containers and bottles. In addition, a disturbing realization there is a lack of recycling containers. Recycling containers can not be found near where the students take their nutrition breaks. This is just one of many environmental reason I am running for VUSD area 1. I want to see our campuses have a set of procedures that must be followed to improve sustainability.

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Make sure your children ride as safely as possible

The Ventura Police Department is supporting efforts by the California Office of Traffic Safety and the National Highway Traffic Safety Administration (NHTSA) to help parents and caregivers make sure their children ride as safely as possible every time they get in the car.

"Using car seats properly that are age and size-appropriate is the best way to keep your children safe," said Commander Rick Murray. "Car seats matter. They save lives when used the right way."

In passenger cars, car seats reduce the risk of an infant being killed in a crash by 71 percent, and toddlers by 54 percent. While many children are buckled in properly in the correct car seats for their age and size, more than half (59 percent) are not.

Sadly, car crashes are the leading cause of death for children. In 2016, 35 percent of children under 13 killed in crashes were not restrained in car seats, booster seats or with seat belts. NHTSA data also shows that as children get older they are less likely to want to buckle up. Over the past 5 years, 1, 552 kids between the ages of 8 and 14 died in a car, SUV and van crashes – of those who died, almost half were not buckled up.

Parents and caregivers are encour-

aged to review important safety tips to assure that every child is safely secured:

Get the right car seat: Rear-facing, forward-facing or booster seat depending on your child's age, weight and height, and the manufacturer's recommendations on the seat.

Know the Law: California law requires specific child restraint system based on child's age, weight and height.

Read the manufacturer's instructions and vehicle owner's manual: Pay attention to how you adjust the car seat's harness for a proper fit.

Register your seat right away: Mail in the registration card that came with the seat or register online to receive important safety recall updates.

Rear-facing as long as possible: Keep a child in a rear-facing seat up to the top height or weight allowed by the car seat's manufacturer. Research shows that children are safest when rear-facing.

Forward-facing car seats: Once your child outgrows a rear-facing seat, keep your child in a forward-facing seat with a harness and tether as long as possible before transitioning to a booster seat. Tethers should always be used for forward-facing car seats.

Back Seat Safety: Children under 13 should always ride in the back seat and always be buckled up.

Car seat safety checks are available at every California Highway Patrol Office. The Ventura CHP Office offers installation on Tuesdays by appointment. Parents and caregivers can call 805-662-2640 to schedule.

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News & Notes



Hopefully as many quail show up as volunteers did.

A guzzler installed at Botanical Gardens

On Friday, September 21, the Ventura chapter of the national organization Quail Forever installed a wildlife water source, commonly called a guzzler, at the Ventura Botanical Gardens.

Guzzlers are devices that capture and store rainwater underground so that wildlife has water available throughout the year. In our dry Southern California climate, water is usually the thing that limits the survival of wildlife. The guzzler will provide water for all of the wildlife found in the Ventura Botanical Gardens area; helping it to thrive

throughout the year.

The installation was done by volunteer members of the chapter.

Ventura Quail Forever is installing the guzzler to improve habitat conditions for wildlife in the area. This is consistent with its objectives and the mission of Quail Forever nationwide; namely to develop, maintain and conserve wildlife habitat. The chapter also hopes that the presence of the guzzler at the gardens will raise awareness of its existence and purposes in habitat conservation.



The grading for the 231-unit apartment project on the "triangle lot" (off Sanjon) is proceeding and palm trees have already been planted.



Schwab was a local philanthropist and long-time Ventura College supporter.

Miriam Schwab Estate donates to Ventura College Foundation

Ventura College Foundation, which provides financial support to students and programs of Ventura College, received \$12 million from the estate of Miriam Schwab. It is the largest gift ever to a community college in Southern California according to The Chronicle of Philanthropy Gift Database.

Schwab, who passed away December 24, 2017 at age 89, was a local philanthropist and long-time Ventura College supporter. She was also a music lover. She played the violin with the Ventura College Symphony Orchestra for over a decade and started the Henry Schwab Violin Competition, named after her late husband, 11 years ago.

"We are grateful for Miriam for her

long-time support of Ventura College and her generous donation," says Anne Paul King, Ventura College Foundation executive director. "Miriam understood the power of education and the arts. The Ventura College Foundation receives most of its donations from individuals who see their gift as a way to help students achieve their educational goals that will set them on a path to be successful in life. Her legacy will continue at the college for decades to come."

Eighty-five percent of Schwab's gift will go to the Ventura College Instrumental Music Program including funding for a permanent violin and viola competition, a sustainable year-round symphony orchestra and the creation of a Summer Music Institute of Instrumental Music.

While schools are cutting music from their curriculum, Ventura College, through Schwab's donation, will be enhancing its program, making it one of the premiere community colleges for music education in all of California.

"Miriam was a very determined, sweet person with a vision," says Robert Lawson, Ventura College music chair and symphony conductor. Lawson knew Schwab for more than 25 years, but their working relationship grew once the violin and viola competition was created. "Her passion was for students to learn instrumental music, particularly string instruments. The creation of the Summer Institute of Instrumental Music will ensure high performance levels are maintained during the summer that will carry forward throughout the fall and spring academic year. Her gift will enable us to provide better instruction and more opportunities for beginning, intermediate and advanced training."

Continued on page 22

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Senior Living

Pull Out Section



The troupe brings laughter and excitement to frightening and frustrating topics.

Senior troupe to put on show about avoiding senior scams

In collaboration with the Ventura County Adult Abuse Prevention Council (VCAAPC), please join Cypress Place Senior Living in Ventura for a fun, free and educational program on avoiding senior scams.

The Stop Senior Scams (SM) Acting Program uses theater to dramatize senior scams. Members of the troupe, ranging in age from 60 – 97 years-old, write and perform skits based on their own personal experiences. It is a memorable way to equip those who are vulnerable with the knowledge they need to protect themselves.

Using popular songs like the Rolling Stones “You Can’t Always Get What You Want”, “Getting to Know You”, from the Rogers and Hammerstein musical “The King and I”, Abba’s “Money, Money, Money”, and the Supremes “Stop in the Name of Love”, the troupe brings theatricality, laughter and excitement to a commonly frightening and frustrating topic.

The program was founded in 1997 by director Adrienne Omansky who was a teacher of older adults and adults with disabilities. The Stop Senior Scams (SM) Acting Program has been recognized by the U.S. House of Representatives and the California State Assembly, according to Nancy Cole, an eldercare manager and board member of VCAAPC.

Also on hand during the event will be vendors who provide a variety of services to the senior population. Attendees will be able to ask questions and receive materials from these corporate sponsors.

This not-to-be-missed program takes place on October 11, 2018 from 1:30p.m. to 3:30p.m. at Cypress Place Senior Living in Ventura. Seating is limited so please call to reserve a seat. Cypress Place Senior Living is located at 1200 Cypress Point Lane. For more information or to RSVP, please call 805-650-8000.

Cypress Place Senior Living is a premiere senior community in Ventura County. The beautiful senior living campus features an Active Senior Living community and adjacent Assisted Living and Alzheimer’s/Dementia Care community connected by a lushly landscaped courtyard.

To learn more about Cypress Place Senior Living of Ventura, visit their web site at www.cypressplaceseniorliving.com.

The Ventura County Adult Abuse Prevention Council is a not-for-profit service organization dedicated to the prevention of elder and dependent adult abuse. To learn more about VCAAPC please visit their web site at vcaapc.org.

A cure for Alzheimer’s will be developed in their lifetime

Most Americans believe a cure for Alzheimer’s will be developed in their lifetime

A new Harris survey finds a majority are willing to take part in

medical research .

A new survey released by Banner Alzheimer’s Institute (BAI), Novartis, and Amgen, in association with Alzheimer’s Disease International, finds that most U.S. adults (54%) are worried that they may develop Alzheimer’s, and a majority believe it is likely a cure will be developed in their lifetime (55%). The survey aims to raise awareness about how volunteers can take part in clinical studies to benefit Alzheimer’s research during World Alzheimer’s Month.

Alzheimer’s is the leading cause of dementia and affects 5.7 million Americans. This number is projected to increase to nearly 14 million by 2050i. The survey, conducted online by Harris Poll among more than 1,000 U.S. adults, revealed that 89% believe the solution to tackling diseases lies in medical research and 77% are willing to participate.

However, many (67%) have no idea how to get involved in medical research.

September 2018 marks the 7th World Alzheimer’s Month and represents a chance for people to raise awareness, fundraise and find out more about how they can participate in research.

“We believe that a focus on prevention is vital to safeguard future generations,” said John Tsai, M.D., Global Head Drug Development and Chief Medical Officer for Novartis. “This survey highlights that greater awareness and support is needed to ensure people have the knowledge about clinical research studies to make a well-informed choice about getting involved.”

BAI, Novartis, and Amgen are sponsors of the API’s Generation Program, which is evaluating investigational treatments to help prevent or delay

Continued on page 16



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Senior Living



The Lexington Assisted Living was honored to host its 5th Annual First Responder BBQ luncheon.

Several participants from the Ventura Police Department, Ventura City Fire Department and Ambulance Services enjoyed a delicious BBQ lunch in The Lexington courtyard. Including Ventura Chief of Police Ken Courney.

"This is a time we can show our appreciation towards the great men and women that serve our community, our residents, staff and families are all very grateful for their sacrifices". Said, Ronald Agulto, Marketing Director.

The Lexington Assisted Living, 5440 Ralston Street, Ventura.

(805) 644-6710 lexington@BridgestoneLiving.net.

Photos by Bernie Goldstein.

Genesis Programs helps seniors overcome an invisible epidemic in Ventura County

Genesis Programs will be launching its outpatient substance misuse, specialty program, for those over the age of 60 in the near future. The Ventura Office is located at 1732 Palma Dr.

It's common for a health care provider or a loved one to overlook the

possibility of substance abuse in seniors. The difficulties with diagnosis (as well as social stigma) are instrumental in the staggering increase of substance abuse for adults aged 60 and older, particularly with the misuse of alcohol and prescription drugs.

Genesis is an intensive outpatient treatment provider, with a strong dedication to the community. With over two decades of experiences and a keen eye for those in need, Genesis takes the lead in providing treatment for substance misuse in older adults.

Genesis stated "Genesis Programs is a for profit, however we offer a huge sliding scale to fit all budgets, we help all who walk through our doors regardless of how much they make. Our goal with the new program "Genesis Over 60

Track) is to focus on helping seniors who are going un-treated and to bring more awareness to this growing epidemic in the US. We also partner with many non profits with the same vision, such as APF (Addiction Policy Forum)."



Help might not always be there for you, so be prepared.

Are seniors prepared for natural disasters?

From the wildfires raging across our state to the Hurricanes on the East Coast, there is no shortage of recent news about natural disasters, but are seniors prepared? Studies have found that older adults are especially vulnerable, often from being socially isolated and facing chronic conditions that hamper their ability to prepare and respond to a disaster.

September is National Preparedness Month, designed to encourage and remind Americans to be prepared for disasters or emergencies. SCAN, a not-for-profit organization dedicated to keeping seniors healthy and independent, has provided tips for Southern California's seniors, caregivers and their family members to ensure they're prepared for the unexpected.

Dangerous weather conditions create unique hazards for senior citizens—especially those with chronic conditions such as arthritis, diabetes or hypertension. Seniors and caregivers should keep extra medication on hand and stock extra batteries for necessary medical support equipment. SCAN also recommends creating an emergency preparedness pack that includes water bottles, non-perishable food, a whistle, blankets, and flashlight with extra batteries.

Medical emergencies can happen at any time, so it's important to have a

list of emergency numbers for family members, local police, firefighters and doctors in one place. Those with a cell phone should update their contact list to include "ICE" with their family members' names and phone numbers so first responders know whom to contact "in case of emergency".

Speak to your healthcare provider about where to obtain an emergency-ready tool:

Containers such as Vile of Life are free and can be placed on the refrigerator door, wallet or glove compartment to hold important health-related information such as one's name, address, doctor and medication list for emergency personnel to quickly access.

Bracelets and necklaces from organizations like MedicAlert hold information on a person's medical history in case they fall or are otherwise incapacitated. This ensures first responders are aware of any important medical conditions such as a history of stroke, heart problems, chronic conditions or allergies

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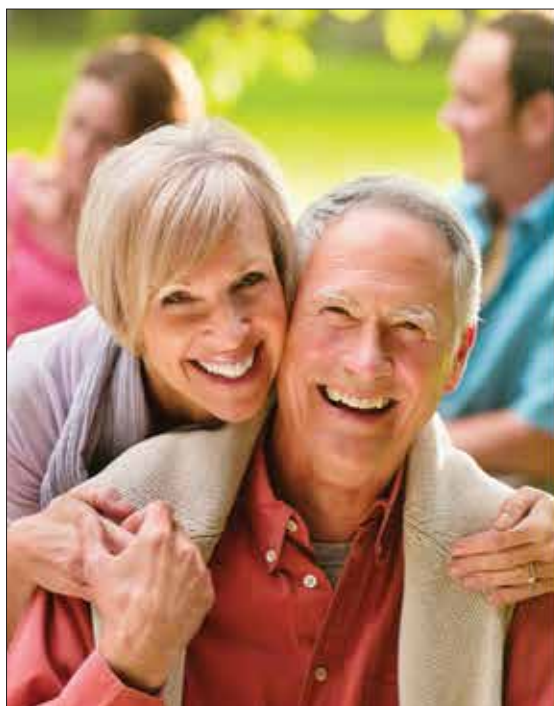
by Patty Jenkins

Come to the Ventura Parkinson's Disease Support Group on Wednesday, October 10th, from 1:00 to 3:00 pm at The Lexington Assisted Living, 5440 Ralston St, Ventura to find out about the latest and greatest medications and devices for treating Parkinson's and also the latest and greatest mobility aids to help you navigate your world! And if that isn't enough to peak your interest, how about a little bit of a magic show also? This special meeting will be both informative and entertaining!

The Ventura Parkinson's Disease Support Group is pleased to welcome several Pharmaceutical Representatives who will give us a brief introduction and handout materials about the Parkinson's medication and other medical devices they represent.

We are also very pleased to have Paul Dwork, of Merlin Medical Supply in Camarillo, as our special guest. Paul is not only a pharmacist, but also an inventor and magician. Paul will be speaking to us about specialty products for Parkinson's, as well as entertaining us with some of his magical skills!

Paul is an inventor of many products



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Senior Living

that help improve quality of life, which includes the GeeWhiz Condom Catheter for male incontinence.

Merlin Medical Supply is a great source for durable medical goods, specialty equipment for the physically challenged, which would include Parkinson's, diabetic, incontinence and wound management supplies and other medical aids.

The Ventura Parkinson's Disease Support Group welcomes the public, our members and their care-partners, and new friends who find themselves navigating the challenges of Parkinson's Disease and other neurological conditions. We are an independent and volunteer-organized group, not affiliated with or a part of any other organization or group. For more information, call Patty at 805-766-6070.

Thanks to the generosity of the Lexington Assisted Living, our meetings are held every second Wednesday of the month. There is a drop-off/loading and unloading driveway in the front of the Lexington Assisted entrance. Extra parking is graciously available across the street in the Baptist Church parking lot. Reservations are not required. Attendees are invited to check in at the front desk for directions to the 3rd floor and sign-in at the meeting so we can keep in touch with you.



"I hope my fall prevention class helps if I fall!"

VCAAA announces fall line-up of free community classes

The Ventura County Area Agency on Aging's Fall Prevention Program is now registering individuals 60 and older for a variety of evidence-based classes scheduled throughout Ventura County. All classes are free of charge and range in focus from strengthening mobility and balance to empowering information for individuals with pre-diabetes and

diabetes.

Classes offered include Tai Chi: Moving for Better Balance, Walk with Ease, Stepping On, and A Matter of Balance. Each class emphasizes practical strategies to manage and prevent falls. Participants will learn methods to enhance and increase activity levels and mobility, making the changes necessary to reduce fall risks. Individuals concerned about falls or those who have recently experienced a fall, as well as those who are interested in improving balance, flexibility, and strength, are encouraged to participate.

Nationally recognized research shows that one in four adults over the age of 65, and half of the population over the age of 75, fall each year. Of those individuals, half will die within a year from complications and injuries sustained from the fall.

Additional classes include DEEP, a diabetes educational and empowerment course.

Classes are available in English and Spanish. To learn more about the Fall Prevention Program or classes offered, or to sign-up for a class, please contact the VCAAA at (805) 477-7300. More information can also be found by visiting www.vcaaa.org.

The Ventura County Area Agency on Aging, an agency of the County of Ventura, is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals and their caregivers to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

A thriving social life will do wonders for your body and mind

As people get older and circumstances change, their social lives can suffer. From the death of a spouse to family and friends moving on to new endeavors, a person may find him or herself suddenly socially isolated.



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Eight percent of American seniors live in social isolation, and the situation can have a big impact on physical and mental health. Here are four things to know about the benefits of having an active social life and how to improve socialization.

Social Isolation Can Lead to Depression

Loneliness can lead to depression in older adults. People who are divorced or whose spouses have died may feel lonely and disconnected from other family members as well. Depression and loneliness can contribute to a lower quality of life. However, socializing with others and building new friendships can improve feelings of well-being and improve mood.

Socializing Can Benefit Physical Health

While socialization can improve

mental health, it also has an effect on physical health. People who socialize with others and have a strong support system have been shown to live longer.



Playing poker is a good social event as long as you play for quarters.

Elderly people with a strong social network of friends and family may have

Continued on page 16



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Senior Living

A cure for Alzheimer's

Continued from page 13

the onset of Alzheimer's. The program is enrolling volunteers aged 60-75 who are at higher risk of developing Alzheimer's but do not currently have or show signs of the disease. Information can be found at www.generationprogram.com.

The API Generation Program is the first to incorporate both genetic testing and counseling into the study screening process. Prospective participants referred to the program will be required to learn their APOE test results. Only those who learn they have one or two copies may be eligible to participate in the study.

Information about clinical trials is widely available online and from local patient advocacy groups. Details of Alzheimer's clinical studies can be found on the Alzheimer's Prevention Registry www.endALZnow.org/.

The U.S. survey was a part of the

larger global survey about Alzheimer's disease, including 10,000 people across 10 countries. The U.S. findings were consistent with global results.

The survey was conducted online by The Harris Poll on behalf of Banner Alzheimer's Institute, Novartis and Amgen, among 1,010 adults 18+ living in the U.S. The survey was conducted between July 25 and August 21, 2018. Figures for age by gender, income, education, race/ethnicity, region, size of household, marital status, and employment status were weighted where necessary to bring them into line with their actual proportions in the population.

A thriving social life does wonders

Continued from page 15

a stronger immune system. This can help people fight off infections and improve overall health.

Cognitive Health Can Be Improved with Socialization

Social connections may help fight dementia and improve cognitive function. Researchers believe interacting with others can help people avoid dementia and Alzheimer's disease. People with large social networks of people to rely on and socialize with keep their brains active and focused, which helps cognitive function.

Look for New Ways to Socialize with Others

While socializing improves physical, mental, and cognitive health, it may be difficult to find new ways to spend time with other people. Look for opportunities to meet other people, such as visiting a senior center or volunteering with a group. If you are retired, get a part-time job that will offer opportunities to interact with new people. If you live far from family, consider moving closer. Moving into a retirement home may

provide an avenue to form new friendships.

"Building new friendships can be difficult at any age, but some seniors who feel socially isolated may have an even harder time," says KC Ellis, executive director of Copper Ridge Health Care. "Visit your local senior center to find programs designed for older adults. A senior center program can help you connect with people with similar interests and life circumstances."

It can be easy for people to become socially isolated in old age as family dynamics change and friends move away. Staying socially connected with other people can have a positive impact on a person's well-being. Make an effort to step outside of your comfort zone to meet new people and have an active, thriving social life. Whether you beef up old relationships or form new ones, your life will benefit from spending time with others.

Youth



At 6'-3" he might need to show his birth certificate.

Ventura teen chosen to compete on 'Top Chef Junior'

Thirteen year old 8th grade Cabrillo Middle School student Carson Peterson has been chosen from thousands of kids to compete on 'Top Chef Junior' airing on Universal Kids for their second season. Top Chef Junior, the cooking competition spun off from the popular Top Chef

last year.

He is 1 of 11 contestants competing for \$50,000 and the title of Top Chef. Peterson applied to be on the show in January and made it through two rounds of eliminations.

Said Peterson. "It was a lot of hard work and more hard work to

come, but I was really happy." Carson credits his grandmother for teaching him how to cook when he was younger. "She is a really big inspiration for my cooking and she's taught me a lot."

Top Chef Junior, Season 2, airs on Saturday, at 6 p.m. on Universal Kids. For more information, visit www.universalkids.com/shows/top-chef-junior. Follow Carson Peterson on Instagram at @topchefcarson.

Meet Carson! He's a 6'3 gentle giant with a heart of gold and a passion for cooking. He fell in love with it while watching his Italian grandmother in the kitchen. He has great respect for tradition and the importance of passing down recipes. When he's not in the kitchen you can find him getting straight A's, shooting hoops, or playing one of five instruments!

Division contacted high schools throughout the county to provide information and recommendations to recognize High School Voter Education Weeks. Schools can hold a mock election, nominate students for the County's Student Poll Worker Program, or coordinate a voter registration drive on campus.

In recent years, Ventura County Elections has implemented several programs to encourage civic engagement including creating a mobile app, launching a texting program, and offering pre-registration to 16 and 17-year olds, making them automatically eligible to vote on their 18th birthday.

For more information on programs, High School Voter Education Weeks, or to partner with local elections officials, visit <http://www.venturavote.org> or call the Elections Division at (805) 654-2664.

Local schools encouraged to participate in High School Voter Education Weeks

Ventura County Clerk-Recorder, Registrar of Voters Mark Lunn encourages local schools to participate in High School Voter Education Weeks. Lunn stated, "High School Voter Education Weeks provides an opportunity for educators to highlight the electoral process and build excitement among future voters."

The California Education Code designates the last two full weeks in April and September to be High School Voter Education Weeks. This provides an opportunity for high schools and their students to partner with county elections officials to promote civic education and foster an environment that cultivates lifelong voters and active citizens. This year, High School Voter Education Weeks began September 17 and continues through September 28.

The Ventura County Elections

Free workshop for ESL volunteer tutors

Laubach Literacy of Ventura County is offering a free workshop to help volunteers learn to become English as Second Language (ESL) tutors of adults.

The next workshop will be held Saturday, October 13 (from 9:00 AM to 4:00 PM); lunch will be provided. The workshop will be held at Barrister Executive Suites in Ventura; directions will be given upon registration.

Various methods and materials for teaching English to adults will be demonstrated and taught during the workshop, enabling the new tutor to begin ESL tutoring right away. Neither teaching experience nor the ability to speak a foreign language is necessary. Open a world to an adult non-fluent English speaker with the gift of learning how to skillfully read, write, and speak English.

To register, get more information and directions, please call (805) 385-9584, and please take some time to check out www.laubachventura.org.

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News & Notes



It took a team of 15 researchers and students to free up the two sea cow specimens.

Ancient sea cow fossil returns to the mainland from the Channel Islands

The fossil of an extinct species of sea cow discovered on Santa Rosa Island in 2017 returned to the mainland this week, millions of years after its journey to the island.

The sea cow fossil is conceivably one of the oldest of its kind on the west coast of North America, with an estimated age of 20-25 million years ago.

The sea cow came to rest in shallow seas somewhere near present day San Diego, CA. Over the course of millions of years, it moved when the Pacific Plate, the crust on which the land rests, migrated north and rotated, eventually uplifting the ancient sea floor to a location nearly 1,400 feet above sea level on the remote island.

The fossil specimens will be transferred to the custody and care of Dr. Jonathan Hoffman, a paleontologist with the Santa Barbara Museum of Natural History for collaborative research.

“This sea cow came from a distant place and from an entirely different time period,” said Hoffman. “We hope through our research to learn more about the sea cow’s food sources and the environment in which they lived.”

It took Hoffman and a team of 15 researchers and students from seven different institutions nearly a month to free up the two sea cow specimens. They used chisels, picks, and rock hammers to chip away and detach the head and rib sections from the cement-like rock base.

National Park Service staff crated the specimens, weighing about 500 pounds, for a helicopter air lift to the Bechers Bay pier on Santa Rosa Island for boat transport to Channel Islands National Park headquarters in Ventura Harbor.

Hoffman expects it will take over six months to expose the skull that is encased in rock. Fossil preparators will use dental picks and pneumatic hand drills to carefully expose the fossil for study.

He will enlist Dr. Jorge Velez-Juarbe, a marine mammal taxonomic expert at the Natural History Museum of Los Angeles County, to analyze the sea cow skull for taxonomic identification. Scientists expect the sea cow to be identified as a new species.

United States Geologic Survey scientists will date the sea cow remains using marine microfauna fossils (e.g., snails, clam shells, and crabs) that were collected within the surrounding rock strata.

Scientists will analyze teeth from fossil specimens found nearby to learn more

about the sea cow’s diet and environment. Sea cows are known to eat seagrass and their teeth tend to be heavily worn due to the sand they ingest when feeding.

Sea cows, or sirenians (which includes modern manatees and dugongs), are torpedo-shaped aquatic mammals that live in shallow waters and grow to be massive in size, up to 13 feet in length. In some parts of the world, their fossil records date back to 50 million years ago.

At one time, there were over a dozen different genera of sirenians, a name derived from the mermaids of Greek mythology. The cause of their decline is unclear, but may be linked to changes in food availability and environmental and oceanographic conditions.

Their modern relatives include three manatee species in the western hemisphere and the dugong, found in the warm waters of the Pacific Ocean and the east coast of Africa. The dugong is the closest living relative to the sea cow from Santa Rosa Island. The last remaining dugong on the west coast of North America, the Stellar’s sea cow, was hunted to extinction in the 1760s.

Authors announced for 2018 authors luncheon celebration

Assistance League of Ventura County is delighted to announce the authors that will be featured at the 2018 Authors Luncheon Celebration, which will be held on October 20, at the Residence Inn Oxnard River Ridge. This annual fundraiser, now in its 24th year, is held to raise money for the philanthropic programs B.U.F.F.Y. Bear, Operation School Bell®, Girls Club/Teen Club, and the Assistance League School.

Three notable authors from different genres will be speaking and sharing stories about their lives and their craft. This year, the featured authors are Anne Cleeland, Wade Bradford, and Jamaal Wilkes.

Fiction author Anne Cleeland writes a contemporary Scotland Yard mystery series that is featured on the Amazon top

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100 bestseller list. She is a member of the Mystery Writers of America and the Historical Novel Society.

Children’s author Wade Bradford teaches literature and composition classes at Moorpark College. Two of his children’s books are Around the World in a Bathtub and There’s a Dinosaur on the 13th Floor. In addition to picture books, he has written over 25 plays.

Non-fiction author Jamaal Wilkes won 4 NBA championships with the Golden State Warriors and the L.A. Lakers. He grew up in Ventura, where he was an all-CIF basketball player while at Ventura High School. At UCLA, playing under John Wooden, he was inducted into the Basketball Hall of Fame. His jersey, 52, was retired by both the Bruins and the Lakers.

For more information or to buy tickets to the event please visit www.assistance-leagueventuracounty.org or call 805-643-2458. With your support, Assistance League is working to create “A Brighter Tomorrow for Today’s Children.”

Heroes Among Us

The Board of Directors of the Ventura Police Community Foundation announces the first annual Heroes Among Us Gala presented by the Players Casino. The event will take place on November 3, from 5:00 p.m. to 11:00 p.m. at the San Buenaventura Mission. The Foundation will recognize community members or groups, who through

their personal or professional life, have displayed selflessness, dedication and compassion, making a positive impact in Ventura and beyond. The evening will include a silent auction, cocktails and hors d’oeuvres reception followed by dinner, ceremony and dancing. Tickets for the event can be purchased online at eventbrite or by calling 805-339-4317.

Heroes were selected through a nomination process. Heroes are community members who have done extraordinary things to make Ventura a better place! Join us as we recognize those who are making a lasting impact in our community.

The mission of the Ventura Police Community Foundation is to foster and support programs and initiatives that strengthen a safe community and enhance the quality of life in Ventura.

Foundation programs include:
Youth Programs: Positive and proactive opportunities such as the Ventura Police Activities League which supports after school programs and youth mentoring designed to reduce crime-related risk and help disadvantaged youth.

Community Partnerships: Projects that enhance the relationship between the community and the Ventura Police Department.

Public Safety: Initiatives that address specific public safety needs, improve police effectiveness and officer safety through specialized equipment, technology and other innovations. Ventura Police Community Foundation p.o. Box 3262 Ventura, ca 93006 www.venturapolicefoundation.org



Can’t remember which trash cans to put out? A good way to remember which trash cans go out on trash day is to simply always move the next two that go out either on the left or right.



The Pet Page



Dedicated to Scamp

■ SDF-trained Search Teams are currently deployed across the United States. Five SDF Search Teams have responded to help local authorities prepare for any rescues needed in the aftermath of Hurricanes Florence and Olivia.

Founded in 1996, the local National Disaster Search Dog Foundation (SDF) is a 501(c)(3) non-profit, non-governmental organization based in Santa Paula (but it seems like Ventura). Their mission is to strengthen disaster response in America by rescuing and recruiting dogs and partnering them with firefighters and other first responders to find people buried alive in the wreckage of disasters.

National Training Center, 6800 Wheeler Canyon Rd., Santa Paula.

■ Even though no human or animal illnesses have been reported to date Bravo Packing of Carneys Point, N.J., is recalling all Performance Dog products, a frozen raw pet food. The products may be contaminated with Salmonella.

The recalled products come frozen in 2-pound and 5-pound plastic sleeves with the manufacture date code 071418 printed on the boxes that contain the plastic sleeves, but not on the individual plastic sleeves. Therefore, if the cardboard box has been discarded, there are no unique identification numbers on the individual sleeves that allow customers to determine that they possess the recalled products.

What to do

If customers purchased these products since July 14, 2018, and cannot determine whether it is affected by the recall, they should discard the product.

Consumers with questions may contact Bravo Packing at (856) 299-1044 Monday – Friday from 6:00AM-2:00PM, and on Saturday from 4:00AM-9:00AM EST) or online

at www.bravopacking.com.

By Beth Mueller

Senior cats are at a greater risk for developing hyperthyroidism than any other age group of cats. In fact, 95% of cats with hyperthyroid disease are 10 years old or older. Dr. Gary Brummet, the small animal primary care veterinarian at the University of Illinois Veterinary Teaching Hospital in Urbana, sees several of these cases each year.

Hyperthyroidism is a disease in which there is an overproduction of thyroid hormone in the body. Thyroid hormone regulates the body's metabolism, heart rate, and digestive function. When the hormone level becomes excessive, some life-threatening symptoms may occur.

Hyperthyroidism Signs

"Typical signs of hyperthyroidism in cats include rapid weight loss, rapid heart rate, and increased hunger," Dr. Brummet says.

It is typical for older cats to lose weight as they age, making it hard to distinguish hyperthyroidism from normal aging. If left undiagnosed, hyperthyroidism may cause eye problems. Dr. Brummet takes into account the cat's history and other symptoms for a proper diagnosis. Some less common symptoms he sees are an increase in meowing and behavioral changes.

It is common for a veterinarian to perform a blood work panel on senior cats during their clinic visit. The thyroid hormone levels are tested in this panel to detect any abnormalities. Abnormal thyroid hormone levels cause an increase in blood pressure.

"Most cases of hyperthyroidism are caught in the early stage because the owners notice the changes in their cat and seek the help of their veterinarian right away," Dr. Brummet says. A treatment plan is tailored to the needs of the patient.

Speaking of cats they have a reputation for being low-maintenance, independent creatures, especially in comparison with dogs. But the truth is that providing a healthy, happy life for

Scamp Club

(Scampclub pets are not for adoption.)

Hi: We are Fitzwilliam "Fitz"; yellow lab, 2-1/2-years-old; loves to swim and people. And Tobey; brown tabby; 1-year-old; loves to pick fights with Fitz and sleep in the sun.



Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

your cat involves a lot more than just a daily meal and clean litter box.

The American Association of Feline Practitioners and International Society of Feline Medicine have identified five pillars of a healthy feline environment.

Provide your cat with a safe space.

Provide your cat with multiple and separated key resources.

Provide your cat with the opportunity for play and predatory behavior.

Provide your cat with positive, consistent and predictable social interactions.

Provide your cat with an environment that respects the importance of his sense of smell.

Once your cat's basic needs have been met think about enrichment for your cat; in other words, provide ways to add variety and interest to your cat's daily existence.

■ A Missouri man who brought

his puppy to a dog show at the state fairgrounds in Des Moines wound up taking the dog to the veterinarian instead after it was exposed to methamphetamine.

Matthew Palmer said he believes his dog was exposed to meth at his hotel room.

Palmer planned to show 5-month-old Kingsley at his very first dog show but the pup was acting strangely and was taken to the 24-hour Iowa Veterinary Specialties.

Kingsley's head was bobbing and had tremoring agitation, symptoms that are "not mentally appropriate for a healthy puppy," said Dr. Leah Brass, with Iowa Veterinary Specialties.

Brass did not examine Kingsley but said the veterinarian on call concluded that Kingsley was probably exposed to amphetamine.

Kingsley was doing much better by Friday afternoon.

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Search team Marshia Hall & Lilah stand ready to help in the aftermath of Hurricane Florence and other disasters.



The Pet Page

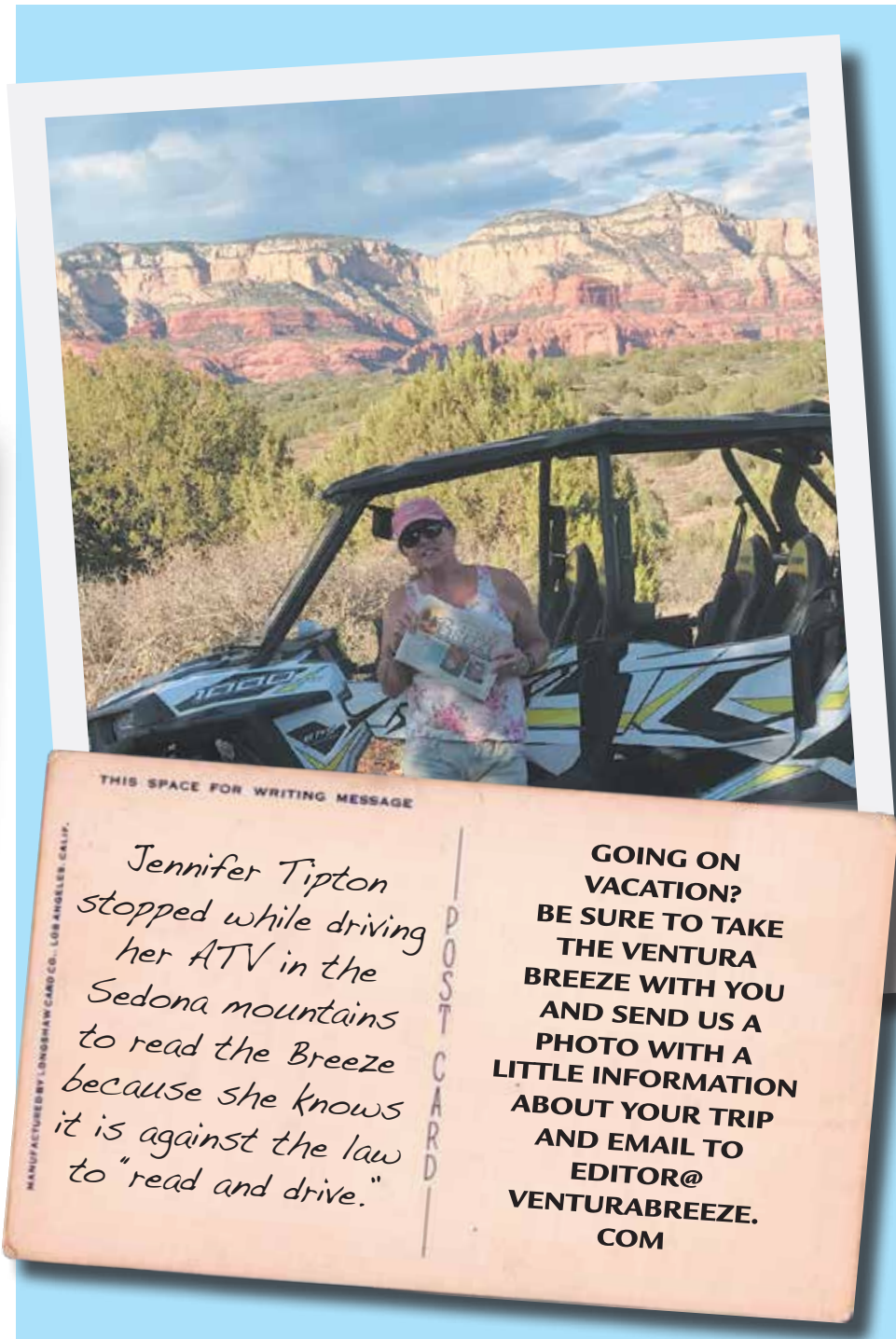
Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

Forever homes wanted

Hi; I'm Bentley, a gentle, very friendly, 12-year-young senior boy who has been a C.A.R.L. resident for three years. I'm a happy, mellow, mild-mannered guy who just wants to chill beside his human pals. I have arthritis and don't need or require a lot of activity - short walks or meandering around the backyard. I'm becoming kennel stressed and need a foster home or even better my forever home! I would love to be curled up on your couch, being loved and cherished as the very special pup that I am...won't you consider making me yours?



Meet Theodore, who is not just any beautiful Angora cat. Theodore has been learning kitty agility. That's right, just watch his video at Ventura County Animal Services web site. He is a beautiful one year old black-smoke, medium hair kitty who can be found in our fun Kitty Cottage. Ventura County Animal Services - Camarillo location - 600 Aviation Drive
Theodore A672818



This 'n' That

Ventura Shellfish Enterprise site selection

by **Oscar Peña**
General Manager

On September 26, 2018 at 7pm the Ventura Port District Board of Port Commissioners will convene in Open Session

at the Four Point Sheraton Ballroom, 1050 Schooner Drive, for its Regular Meeting.
The Board of Port Commissioners will authorize the General Manager to:
Prepare and submit a permit application to the U.S. Army Corps of Engineers (USACE) for use of 2,000 acres of sea water bottom in federal waters near Ventura Harbor in Block 664 and 665, the area generally depicted and described as CASS Report Alternative 1 for the Ventura Shellfish Enterprise (VSE) project:
Prepare and submit all other applications to local, state and federal agencies as required for the VSE project including the

California Coastal Commission;
Prepare all necessary surveys, studies, reports and federal environmental review documents as directed by local, state and federal agencies as required for the VSE project;
Return to the Board if there are any material changes to the proposed locations for federal permits for the VSE project resulting from the permitting and/or environmental review processes.
The proposed site for the Ventura Shellfish Enterprise project is in federal waters approximately 3.53 miles from shore, northwest of the Ventura Harbor in the Santa Barbara Channel.
This agenda item will be on the District's website for your review at www.venturaharbor.com.
Objectives of the proposed project are:
To increase the supply of safe, sustainably produced, and locally grown shellfish;
To enhance and sustain Ventura Harbor as a major west coast fishing port and support

the local economy;
To provide economies of scale, pre-approved growing areas, and technical support to include small local producers who would not otherwise be able to participate in shellfish aquaculture;
To provide an entitlement and permitting template for aquaculture projects state-wide;
To enhance public knowledge and understanding of sustainable shellfish farming practices and promote community collaboration;
To advance scientific knowledge and state of the art aquaculture practices through research and innovation. VSE Organization and Governance
Ventura Port District proposes to make mussel growing areas available to a variety of grower/producers, anticipated to include existing commercial fishermen, existing commercial shellfish businesses, and startups that otherwise would be disinclined to embark on the lengthy and expensive mandatory regulatory pathway.



I'm Charles a cuddly 115 pound certified therapy dog. My job is to bring comfort and joy to folks at Kids & Families Together. There is an article about them in this issue so be sure to read it.



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Here 'n' There

Brownley announces \$8 Million in Federal Grants

On Sept. 24, Congresswoman Julia Brownley (D-Westlake Village) announced more than \$8 million in federal grant funding for community development, homelessness, and affordable housing programs throughout Ventura County.

“Ensuring Ventura County remains an accessible place to live is essential to keeping our community vibrant and diverse,” said Congresswoman Brownley.

As part of the Community Development Block Grants (CDBG) program, the U.S. Department of Housing and Urban Development (HUD) has awarded \$765,504 to the City of Ventura.

As part of the HOME Affordable Housing program, HUD awarded \$418,436 to the City of Ventura.

“These funds are essential to improving the quality of life for some

of our most vulnerable residents; they allow us to preserve and expand affordable housing opportunities and provide services to our at-risk youth, elderly, low-income and homeless residents. We are grateful to Congresswoman Brownley's commitment and ongoing work to ensure that these funds are awarded to our area," said Mike Powers, County Executive Officer of Ventura County.

“We are very grateful to receive this grant. The CDBG programs provide a range of supportive services that benefit low-to-moderate income residents in Ventura and make a visible difference in our efforts to improve public infrastructure,” said Matt LaVere, City of Ventura Deputy Mayor. “The funds serve the cities’ most vulnerable residents by creating housing for the homeless and housing rehabilitation to help seniors age in place. These funds also support the City’s economic development efforts by supporting small business loans and services. Thank you to all the nonprofit organizations partnering with us to improve the quality of life for Ventura residents. We thank Congresswoman Brownley for her hard work and help in securing the grants.”



Rossi Lyn Buchanan, 8 Will Rogers Elementary School, Leif Rasmussen, 4 South Coast Montessori pre-school, Charlotte Coates, 7 Will Rogers Elementary School and Breeze staff and docent Mary Thompson enjoying the day at Olivas.

The Olivas Adobe's Historical Interpreters presented a Day on the Rancho, on Sunday, September 23 from 11 am- 3 pm. The free event included hands-on activities, food, mariachi music, Ballet Folklórico Bell Arts dancers, storytelling, and crafts. Tours of the beautiful historic Olivas Adobe were also available. Located at 4200 Olivas Park Dr. Don Raymundo Olivas (who was present) began building the adobe on his 4,700-acre Rancho San Miguel in 1847 where he raised his 20 children.

This 'n' That

Tech support scam alert

The Ventura Police Department has received reports of residents becoming victims of a tech support scam. Residents are urged to review scam prevention measures to avoid becoming a victim of this scam.

Scammers use scare tactics to trick you into paying for unnecessary technical support services that supposedly fix your device, platform, or software problems.

Scammers may call you directly on your phone and pretend to be representatives of a software company. They might even spoof the caller ID so that it displays a legitimate support phone number from a trusted company. They then ask you to install applications that give them remote access to your device. Using remote access, these scammers can misrepresent normal system output as signs of problems.

Scammers might also initiate contact by displaying fake error messages on websites you visit, displaying support numbers and enticing you to call. They can also put your browser on full screen and display pop-up messages that won't go away, essentially locking your browser. These fake error messages aim to trick you into calling an indicated technical support hotline.

When you engage with the scammers, they can offer fake solutions for your "problems" and ask for

payment in the form of a one-time fee or subscription to a purported support service.

How to protect yourself from tech support scams:

If you receive an unsolicited email message or phone call from a software company asking you to send personal information or click links, ignore or report the email, or hang up the phone.

Do not share personal information, click links, or install applications when requested.

Do not trust unsolicited calls. Do not provide any personal information.

Download software only from official vendor websites. Be wary of downloading software from third-party sites, as some of them might have been modified to bundle support scam malware and other threats.

If you are victim of this scam:

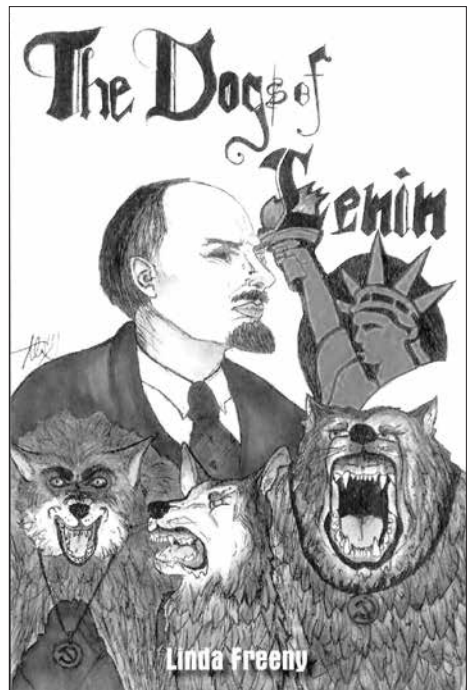
Consult a computer professional.

Update or download legitimate security software and scan your computer.

Change any passwords that you shared with someone. Change the passwords on every account that uses passwords you shared.

If you paid for fraudulent services with a credit card, call your credit card company and ask to reverse the charges.

Report it to the Federal Trade Commission.



The story of a doomed love affair.

The Dogs Of Lenin

Ventura resident Linda Freeny, who has two very well reviewed crime mysteries, changes course in this story of a third unnamed arm of the political system, too blind or biased, to recognize a plot to take over the USA from within by Russians planted here a long time ago. She researched the material to make the story believable for two years before putting a word on paper. She still likes her crime/mystery stories with another coming out later this year, but this one just begged to be written.

The Dogs Of Lenin involves the story of the doomed love affair of Lisa Danton and Grant Chandler. From the moment they met they knew that each would follow a different path but tried to keep it together because their love

was real and obsessive. They spoiled themselves to ever love anyone again. Lisa wanted to be a journalist, net work TV her goal. Grant, an activist, hated the media and its biases and the fact that they were unwittingly helping the Russians take America without a shot or a missile.

It takes place in the sixties and ends in the nineties, for this is where media bias truly began, not recently as so many believe. While Lisa climbs in her chosen field, Grant joins an underground group whose ideals and beliefs are the same as his own. Through them he meets a secret government organization of patriots, left over from the last administrations that were never disbanded.

He helps a Russian escape from East Berlin, the key to all the Russians planted here ever after WW2 ended. He has the names of all the Russian plants, most of them in very important positions including Lisa's own network. With all the information in hand now, and ready to reveal it to the American public, the organization needs a conduit to expose it. This is where Lisa comes in because of her past association with Grant. But will she help them and can she be trusted, because she is now one of them.

The Dogs Of Lenin can be bought online at Amazon or Barnes and Noble. Linda will sign books upon request.

Linda Freeny lindajfreeny@gmail.com

Ribbon cutting at free eye clinic

The Ventura Rotary Club, Ventura Downtown Lions Club and the Salvation Army of Ventura have partnered to bring the community a free Eye Clinic. Their goal and vision is to provide free eye

glasses for those in need (no questions asked).

The clinic was finally launched on July 12. The Ventura Chamber of Commerce official Ribbon Cutting for the eye clinic will be on September 28 from 4-5 pm. All are welcome to attend.

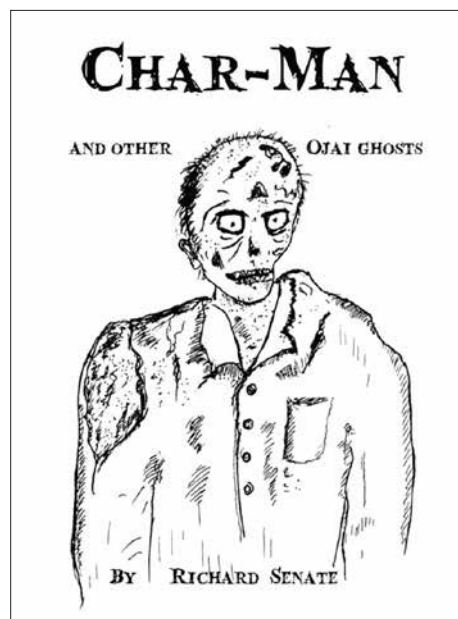
Silvia Benetti Simoes, Lieutenant Ventura Corps Officer stated "It has been a privilege to be part of this great organization where we can provide services that are needed for the community. The eye clinic is a new opportunity to show what the Salvation Army is all about, giving back."

Free Eye Exams Salvation Army Eye Clinic

Salvation Army Hope Center, 155 S Oak St, Ventura.

7:30am-9:30am Thursday. Venturatararyeye.com or 805-648-4977 for more information.

To donate eye glasses visit Venturalions.org for a list of donation sites



Char-Man is the best known ghost in the Ojai Valley.

New book about Ojai Valley Ghosts by Local Ghost Hunter

Mr. Richard Senate Ventura Counties premiere ghost hunter for forty years has released a new book about ghosts in the Ojai Valley. Titled; "Char-Man and other ghosts of the Ojai Valley" it give a clear description of the many legends of the Char-Man phantom.

"Char-Man is the best known ghost in the Ojai Valley,"recalls Mr. Senate in a recent interview. "People have reported seeing the apparition of the burned man since the great forest fire of 1948. Originally it was thought it was the restless ghost of a firefighter who lost his life in that terrible fire. The only problem with the theory is that no lives were lost in the 1948 blaze. The first real report of the ghost appeared in the Star-Free Press in 1951 when the newspaper had a story of the reported ghost attracting dozens of hot rodders on Creek Road seeking the specter." It seems that Char-Man isn't the only persistent phantom in the Valley. He is joined by a headless horseman, a ghostly bride, and a mysterious vanishing car. Even one of the bridges that cross San Antonio Creek is reputed to be haunted by spectral children who lost their lives when the bridge failed in a terrible rain storm.

Mr. Senates new work list these and other tales of haunted treasures and a few bizarre monsters like the huge fish

in Lake Casitas and the accounts of the mysterious water horses that race on the bottom of the lake!

The book will be available at the gift shop of the Ojai Valley museum and at some of the Fall events hosted by Mr. Senate, such as the Dudley House tours on October 7 (Sunday) from 1 to 4.

For more information contact Richard Senate at 805-200-8658 or at hainthunter@aol.com or at his Facebook page "Richard Senate Ghost Hunter" or Richard Senate.com

Harriet H. Samuelsson Foundation awards \$560,000

The trustees of the Harriet H. Samuelsson Foundation recently awarded a total of \$560,000 in grants to 13 local non-profit organizations providing services to youth and adolescents. Grants ranged from \$10,000 to \$135,000 and were allocated to fund children's services in the coming year, including homework, art, music, sports, educational, and game supplies for PEAK and Westpark After School Programs by Ventura Police Activities League, Inc.

Grants are awarded in the spring and fall of each year. The spring 2019 grant application deadline is December 17, 2018. For more information about the Harriet H. Samuelsson Foundation, including instructions on how to apply for a grant, please visit the Foundation's website at www.samuelssonfoundation.org.

The Harriet H. Samuelsson Foundation was established in 2005 upon the death of Harriet H. Samuelsson, an Oxnard philanthropist, at age 96. The Foundation awards over \$1 million in grants each year to organizations providing services for the health, education, guidance, or welfare of children under the age of 18 residing in Ventura County, or to organizations conducting cancer research.

Finney's Crafthouse and Kitchen coming to Ventura

OFI Management has just signed a lease with Finney's Crafthouse and Kitchen opening in the summer of 2019. The restaurant will be taking over the first floor of the Stanley Gardner Building located at the corner of California and Main Street. Jim DeArkland, a local developer and owner of the Stanley Gardner building, purchased the building in 2015 and conducted extensive research on both the interior and exterior character defining elements and employed a preservation company who meticulously restored the original terra cotta exterior. He wanted to revitalize the rich history of the building on such an iconic corner of Ventura. Locally called "The Gardner Building" after the

Continued on page 22



This 'n' That

HCD will discuss proposed recovery programs and the timeline for funding

The California Department of Housing and Community Development (HCD) is holding a public meeting to provide an overview of the Community Development Block Grant-Disaster Recovery (CDBG-DR) Program for residents of Santa Barbara and Ventura Counties who were impacted by wildfires, flooding, mudflows and debris flows in 2017-2018, as a result of FEMA disasters DR-4344 and DR-4353.

HCD is the grantee of CDBG-DR funds allocated by the U.S. Department of Housing and Urban Development (HUD) and works with local governments and organizations to fund programs that provide long-term recovery assistance for housing, infrastructure, and economic revitalization. At this meeting, HCD will discuss proposed recovery programs, program eligibility, and the timeline for funding.

The meeting will take place on October 11, at the Hall of Administration's Lower Plaza Assembly Room at the Ventura County Government Center, 800 South Victoria Ave. Ventura, from 6pm-8pm.

This is a public meeting and all interested parties are welcome.

To request translation services or for hearing or visual assistance, please contact Susan. Naramore@hcd.ca.gov.

To submit public comment, email DisasterRecovery@hcd.ca.gov.

Honoring the Honor/Color Guard

Here is your chance to thank and show your appreciation of the Honor/Color Guard.

On Friday, October 21, the Honor Guard/Color Guard will be recognized at the Poinsettia Pavilion, at 10am.

Many of us have had a chance to be a part of a military burial conducted by the Honor Guard, or have seen the presentation of colors by the Color Guard at various military ceremonies and events, but few have had the chance to thank these great men and women for what they do. Rain or shine, in cold weather or high heat, these men and women are dressed in uniform ready to pay their last respects and deliver a memorable military burial for those who have sacrificed for our country.

The Honor Guard are responsible for providing a military burial consisting of the folding of the flag, a presentation of the flag, a gun salute and the playing of "Taps," while the Color Guard sets the tone of a military ceremonial event.

"It is time to give back and say thank you to these great men and women who serve our community with the Honor Guard/Color Guard," said Dinah Davis, Ventura, Ojai and Camarillo Hospice Business Manager of Livingston VNA, who makes it a priority to recognize the Veterans

and Military Families who have fought for our freedom.

For more information and to RSVP, contact Dinah at (805) 642-0239 ext. 739 or 451. (www.lmvna.org) and for more information about Veteran benefits, contact Mike McManus from the Veteran Services Office at (805) 477-5155. (<https://www.ventura.org/human-services-agency/veteran-services/>)

Nurturing adoption

Continued from page 1

that have come together through adoption, kinship care (most often grandparents raising grandchildren) and/or foster (now called resource) care.

In Ventura County, close to 3% of all children have grandparents as their primary caregivers, that's greater than 5000 children and does not include informal guardian households.

In recognition of Kinship Awareness Month, on Thursday, September 13th, Kids and Families Together held a Community Leaders Luncheon at their new 864 East Santa Clara Street location, here in Ventura. The event was an informal "get to know each other better" afternoon and a notable attendance filled the relaxed surroundings (with Charles the therapy dog taking up any space leftover – see Scamp page for his photo).

Along with several highly regarded guest speakers, the County of Ventura presented a proclamation for Kinship Awareness Month recognizing Kids & Families Together and the work they do with families in the community. Much of this work is to provide information, education and services to the caregivers who have been asked to care for some of the county's most vulnerable children by collaborating with others such as Ventura County Public Health, Ventura YMCA and Ventura County Office of Education (amongst others). Many of these children have witnessed or been victims of family violence and/or abuse, were prenatally exposed to drugs and/or other harmful substances and have experienced trauma, loss and grief.

Sharing her story, it was 1996 when Barbara Morris Jensen, a professional woman and single mother with children of her own had stepped in to take custody of her 3-year-old niece after the child lost her mother (Barbara's sister succumbed to mental illness). Without any help from an organization like Kids & Families Together, the tangled paperwork and bureaucratic pitfalls she encountered could have easily caused anyone else to concede. But, after a long battle, she was able to adopt, and they bonded as mother and daughter. Years later, when Barbara was asked if she would take her 5-day-old grandson by her biological daughter who struggled with addiction, she was overwhelmed. If not for the support of Kids & Families, Barbara may have said no, but "David and Faith were tremendously helpful" and despite the difficult challenges, her now nearly 7-year-old grandson remains safely in her care.

Often, children in these and similar situations are shuffled from group home to foster home despite a family members interest to adopt them. Kids & Families Together recognizes that if a child can't be with their birth parents, the best alternative is to be placed with a family member and the organization advocates on their behalf, knowing how the system works and guiding the process. They have served more than 1500 children living with

relatives in Ventura County. As Executive Director and co-founder, David Friedlander listened to Barbara and others share their stories, his face expressed deep compassion, but he praised his wife, "Faith is the true founder and the heart of Kids & Families Together".

Although some funding comes from the County of Ventura, there are also fundraisers, such as the Harvest Fest coming up October 13th providing kids with costumes, pumpkins and coats. Christmas brings cozy Christmas pajamas and toys. Donations and participation always welcome!

David and Faith, together with the organization's leaders have modified the African proverb, "it takes a village to raise a child" to "it takes a loving village to raise a child", they invite you to join their village.

To learn more about Kids & Families Together and support their efforts contact them at (805) 643-1446 or connect@kidsandfamilies.org and www.kidsandfamilies.org.

Mary Galbraith retires

Continued from page 1

to "meet each need with dignity" and helped provide information and aid and impart self-reliance to immigrant families. She also served as a trustee of her alma mater, Wilson College.

"Mary has such a wonderful personality," said Donna Granata, FOTM's Founder and Executive Director. "She's got an amazing sense of humor, she's a formidable writer, and she's the best office manager and executive assistant anyone could have."

"I started working with FOTM after watching Donna interview the late painter Seco," said Galbraith. "At the time, as an owner of one of Seco's works, I was so impressed with Donna, and the mission 'to capture history,' that I felt compelled to volunteer."

Galbraith began part-time with FOTM as a receptionist and volunteer coordinator. However, it wasn't long, that those few hours a week work turned into a full-time position where she took on a myriad of office duties.

"Volunteering is a great way to expand your mind," said Galbraith. "You learn about other peoples, cultures, and viewpoints. Because there's no monetary return, however, it's important to choose a mission that feeds your soul. The wonderful thing is, that when you open yourself up to new experiences, you quickly learn that anything can happen."

Galbraith, soon to turn 80, is a mother to three sons, and grandmother to nine grandchildren ages 4-26. She's been happily married for 56 years to her husband James, a former journalist who then became a senior executive with Hilton Hotels Corporation.

"Volunteering was convenient for my life," continued Galbraith. "As a mother, and because my husband traveled a lot in his career, it provided me with flexibility, which made it easier to travel with him and to work around the children as needed. The only time I've ever taken a break from volunteering is when we've traveled."

The Galbraiths, long-time residents of Ventura, recently moved to Thousand Oaks. The extra time the move added to Galbraith's commute, made her realize it was time to bid farewell to FOTM.

"I will miss FOTM so much. However, I tell my adult children, getting old doesn't mean you have to sit

around," continued Galbraith who has no plans of slowing down. "My first week of retirement, I'll probably read a book. The second week, I'll probably make a quilt, the third week, I know I'll be back working in the community."

Travel is also on Galbraith's list of things to do. She and her husband often enjoy extended stays abroad in such European countries as France and Spain.

"We'll miss her tremendously," said Granata. "She's been such an enormous asset. Mary comes from a generation where people volunteer because they take great pride in their communities. Her legacy will have a lasting impact."

"I've been fortunate that in working with FOTM, I've been able to meet and work with so many talented and interesting artists over the years," said Galbraith. "I'm grateful for all the lasting friendships I've made; these are my people."

"No one ever really leaves us," said Granata. "Mary will always be part of our family."

Miriam Schwab

Continued from page 12

Fifteen percent of Schwab's gift will go to support the Ventura College Aquatics Program. "This gift will go a long way to build and enhance aquatics opportunities for Ventura College students," says Dr. Damon Bell, president of Ventura College. "It is a wonderful surprise to receive this additional support. We're honored that Miriam chose Ventura College."

Over the coming months, the Ventura College leadership team will implement a specific plan for the use of the gift that will honor Schwab's wishes to support the college's Aquatic Programs and students.

To celebrate further Schwab's life and commitment to the college, the Ventura College Symphony Orchestra will kick off its season Saturday, October 13 at 7:30 p.m. with a memorial concert. Tickets are free on a first come, first served reservation basis and are available at www.VCgiving.org. The entire concert season will be held in her honor with additional celebrations throughout the year.

For more about the Ventura College Foundation, go to www.VCgiving.org, or call 805-289-6461.

The Foundation also hosts the Ventura College Foundation Marketplace, an outdoor shopping experience held every weekend on the Ventura College campus east parking lot.

Finney's Crafthouse and Kitchen

Continued from page 21

late Erle Stanley Gardner, a local lawyer who in his spare time became one of Ventura's most well-known authors; his office was located on the 3rd floor of the building where he wrote his first Perry Mason Series, bits of Ventura found their way into his books and stories.

Finney's Crafthouse & Kitchen is a locally owned and operated restaurant and bar that is committed to supporting local businesses by offering 30 local craft beers on tap, a local wine list, and hand-crafted cocktails using local spirits. Finney's is thrilled to be opening in the iconic Earl Stanley Gardner building in Downtown Ventura.

"We couldn't be happier to have Finney's coming to downtown Ventura. We think they are going to be a great addition to the downtown Ventura beach vibe and local business economy," said Mr. DeArkland



by Pam Baumgardner
VenturaRocks.com

After closing their popular music venue Zoey's in 2014, Steve and Polly Hoganson have found other ways of supporting indie artists mostly of the Americana genre with their Ones to Watch Productions. They sponsor shows throughout Ventura and Santa Barbara counties and the next one will feature Tim Curran with full band, The Brambles and Max Kasch on Thursday, September 27th, in the backroom at Bombay's Bar and Grill. The backroom allows intimate listening room style concerts; tickets will be available at the door.

The Rubicon Theatre Company will be offering the following two concerts in the next few weeks. First David Burnham (Broadway's Wicked) and Tami Tappan for two nights, Saturday and Sunday, September 29 and 30; this one is a part of The Goldenson Broadway Concert Series. Then it's "The Folk Legends" with George Grove, Rick Dougherty and Jerry Siggins (The Kingston Trio, The Limelites) on Monday and Tuesday, October 1 and 2. Ticket information can be found at RubiconTheatre.org.

Grapes and Hops starts a new monthly show on the first Thursday of the month called The Session Reboot with Tommy Marsh and his first guest on Thursday, October 4, will be Guy Martin. I for one am very happy Tommy has new venue supporting these Blues jams.

Frost and Fire 2018 will fall over three days at the Ventura Theater. Cirith Ungol returns after reuniting a couple of years ago and will headline Thursday night's show along with Gygax and Sloughfeg; Friday has Midnight, Warbringer and Night Demon; and Saturday's concert features Satan, Ashbury and Visigoth. To get a complete list of all bands (just a handful mentioned here) go to VenturaTheater.net. By the way, just announced at the Ventura Theater, an evening with Edie Brickell & the New Bohemians, Mazzy Star and Morrissey.

Quick notes: Tony Ybarra will be at Café Fiore Thursday, September 27; Hail the Sun has an in-store performance at Saltzer's on Friday, September 28 at 6 pm; Rock on the Dock wraps up September shows with Decadent Decades on Saturday the 29th; Vitamin X out of Amsterdam plays a punk show at the Garage on Thursday, October 4; the Colette Lovejoy Band plays Pier Under the Stars on Saturday, October 6; and the Army of Freshmen 20th anniversary show at Discovery October 13, more on that next issue.

I continue to produce radio shows bi-monthly for CAPS Media's KPPQ-LP at 104.1 FM in and around Ventura, and if you didn't know, they also stream their radio station on the internet at CAPSMedia.org/Radio. The Pam Baumgardner Music Hour features mostly local artists out of the 805 and airs Tuesdays at 5 with rebroadcasts on Friday at 5 and Sundays at noon. Please help spread the word and support our local musicians!

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Boatyard Pub

Ventura Harbor Village

Monday-Thursday 6 pm, Friday & Saturday 7 pm, Sundays 4 pm

Mondays: Milo

Tuesdays: Jason Ho

Wednesday: Mark David McKinnis

Thursdays: Bluegrass Jam

Fri 9/28: Teresa Russell & Stephen

Sat 9/29: Blue Motel Room

Sun 9/30: Kenny Devoe

Fri 10/5: Blue Motel Room

Sat 10/6: Tom & Milo

Sun 10/7: Shore Break

Bombay Bar & Grill

143 S. California Street

Friday & Saturdays: DJs

Thurs 9/27: Tim Curran Band, The

Brambles, Max Kasch

Wed 10/3: Lucky Devils Showcase

Café Fiore

66 S. California Street

Wed 9/26: Donna Greene

Thurs 9/27: Tony Ybarra

Fri 9/28: Red Muffs

Sat 9/29: Soul Infusion

The Cave

4435 McGrath Street

5:30 – 8:30 pm

Weds & Saturdays: Varon Thomas

Thurs & Fridays: Warren Takahashi

Concrete Jungle Brewing

4561 Market Street

Sat 10/6: Proyecto Cultura (6 pm)

Copa Cubana

Ventura Harbor Village

Week nights 6 pm; Weekends 7 pm;

Sundays 3 pm

Sat 9/29: Havana Cinco

Dargan's Irish Pub & Restaurant

593 E. Main Street

Sun 10/7: Sunday Drivers (4 pm)

Discovery

1888 Thompson Blvd

Thurs 9/27: For Peace Band

Fri 9/28: Yachtley Crew

Sat 9/29: Heavy Petty

Sun 9/30: MayDay!

Thurs 10/4: Fayuca!,

Fri 10/5: Erotic City

Sat 10/6: Green Today

Sun 10/7: E.N. Young

Duke's Griddle n Grill

1124 S. Seaward

Wednesdays: Karaoke

El Rey Cantina

294 E. Main Street

Fridays: Xoco Moraza & Friends (6-8

pm), DJ

Saturdays: DJ

Four Brix Winery

2290 Eastman Avenue

Music 5:30 – 7:30 pm

Fri 9/28: Karen Eden & Bill Macpherson

Fri 10/5: 50 Sticks of Dynamite

Garage

1091 Scandia Avenue

Sat 9/29: The Rays, .XOM, Sound

Curfew, How Scandinavian

Thurs 10/4: Vitamin X, Slow Down,

Malice Thoughts

Fri 10/5: Guitar & Whiskey Show

Gigi's Cocktails

2493 Grand Avenue

(805) 642-2411

Thurs, Fri & Sat: Karaoke

Golden China

760 S. Seaward

(805) 652-0688

Karaoke seven nights a week 9 pm

Tuesdays 7 pm: Open Mic

Grapes and Hops

454 E. Main Street

Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm

Wed 9/26: Bluegrass

Thurs 9/27: Kelly's Lot

Fri 9/28: Salty Suites

Sat 9/29: Rose Valley Thorns

Sun 9/30: Jade and Friends

Wed 10/3: Stephanie Franco

Thurs 10/4: The Session Reboot

featuring Guy Martin

Fri 10/5: Otis Hayes

Sat 10/6: TD Lind

Sun 10/7: The Tossers

Hong Kong Inn

435 E. Thompson Blvd

Thursdays: Gypsy Blues Band

Fri 9/28: Hi Hat Entertainment presents

Deb Ryder Band

Fri 10/5: Hi Hat Entertainment presents

Rob Rio

Keynote Lounge

10245 E. Telephone Road

Tues, Wed and Sun: Karaoke

Thursdays: Open mic night

Fri 9/28: What the Funk

Sat 9/29: Old School Band

Knights of Columbus

36 Figueroa Street

Sun 10/7: Old Time Country Bluegrass

Leashless Brewing

585 E. Thompson Blvd.

Fri 9/28: BeJaminmington

Tues 10/2: Beers Brothers Open Mic

Limon y Sal

598 E. Main Street

Fridays: DJ

Saturdays: DJ

Sundays: Instone (1-4 pm)

Made West Brewing

1744 Donlon Street

Thurs 6 pm; Sat 4 pm; Sun 3 pm

Thurs 9/27: Anna Vera

Sat 9/29: Ben Wylan

Thurs 10/4: Dan Grimm

Sat 10/6: Shay Moulder

Majestic Ventura Theater

26 S. Chestnut Street

Wed 9/26: A Bowie Celebration

Thurs 9/27: Houndmouth

Thurs 10/4: Frost & Fire w/ Cirith Ungol,

Gygax and more

Fri 10/5: Frost & Fire w/ Midnight,

Warbinger, Night Demon and more

Sat 10/6: Frost & Fire w/ Satan, Ashbury,

Visigoth and more

Margarita Villa

Ventura Harbor

Fri and Sat 6 pm; Sundays 4 pm

Fri 9/28: Corsican Brothers

Sat 9/29: Bohica

Sun 9/30: CRV

Fri 10/5: The Tossers

Sun 10/7: Right Amount of Wrong

Museum of Ventura County

100 E. Main Street

Munch Thursdays 11:30 am

Thurs 9/27: Greg Gohde

Sun 9/30: Eliot Fisk (3 pm)

Namba

47 S. Oak Street

Sat 10/6: Medicine Hat (3 pm)

Pier Under the Stars

Next to Ventura Pier

Sat 10/6: Colette Lovejoy Band

Plan B Wine Cellars

3520 Arundell Circle

Sun 9/30: Mark Masson & Guil Juliao

(3 pm)

Prime

2209 E. Thompson Blvd

Tuesdays: Danny D

Fridays: Mike Moody

Saturdays: Jessica Ash

Red Cove

1809 E. Main Street

Thursdays: Music Club Open Jam Night

Fri 9/28: Z Zorn!, Severed Vitals,

Disrupted Euphoria, Sacred Sword,

Democide

Rubicon Theater

1006 E. Main Street

Sat 8 pm, sun 2 pm

Sat 9/29: Broadway & Beyond

Sun 9/30: Broadway & Beyond

Mon 10/1: The Folk Legends, George

Grove, Rick Dougherty & Jerry Siggins

Tues 10/2: The Folk Legends, George

Grove, Rick Dougherty & Jerry Siggins

Saloon BBQ

456 E. Main Street

10 pm

Fri 9/28: Last Resort Club

Sat 9/29: Balto

Salzers Records

5777 Valentine Road

Fri 9/28: Hail the Sun

Sandbox Coffeehouse

204 E. Thompson Blvd

805-641-1025

Thurs 6 pm, Weekends noon

Thursdays Open Mic

Sat 9/29: Henry Stewart & Friends

Sans Souci

21 S. Chestnut

Sundays: DJ Darko

Mondays: Karaoke

Tuesdays: DJ Nick Dean

Wednesdays: Open mic

Thursdays: DJ Spinobi

Fri & Sat: Frost & Fire parties

Star Lounge

343 E. Main Street

Sunday music 3 -6 pm

Tues: Karaoke

Thurs: DJ Trolvbe

Fri 9/28: Mini Driver Band

Sat 9/29: Los Locos

Sun 9/30: After the Smoke featuring

Jacob Marquez

The Tavern

211 E. Santa Clara Street

(805) 643-3264

Sundays: DJ Steezy Steve

Tuesdays: Karaoke

Thursdays: Get Right DJ

Sat 9/29: Killer Kaya

Topa Mountain Winery

821 W. Ojai Avenue

Saturdays 5 pm; Sundays 3 pm

Sat 9/29: Cindy Kalmenson

Sun 9/30: Rose Valley Thorns

Ventura Harbor Village

1583 Spinnaker Drive

Rock on the Dock 3-6 pm

Sat 9/29: Decadent Decades

Vintura at the Wine Rack

14 S. California Street

(805) 653-9463

Sundays music at 3 pm

Thurs 9/27: Andrew Gonzalez

Fri 9/28: Paul Mars Black

Sat 9/29: Frank Barajas & the Corsican

Brothers

Sun 9/30: Jazz Brothers

Winchester's

632 E. Main Street

(805) 653-7446

Music at 8:30 pm; Sundays at 2:30 pm

Fri 9/28: Mark Masson

Sat 9/29: Karen 805]

Sun 9/30: Dos Dudes

The 805 Bar

Ventura Harbor

Fridays: Sing-a-long with Kenny Devoe

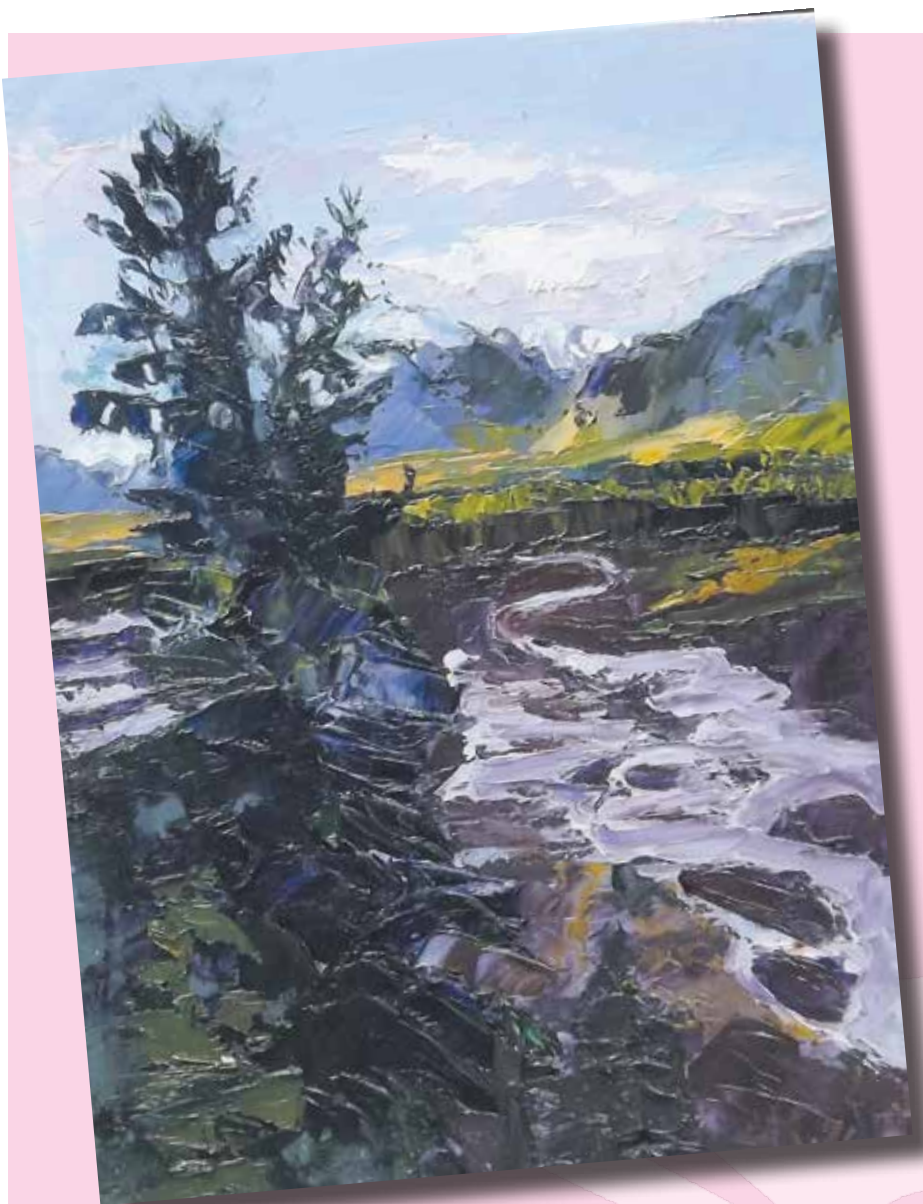
(4-6); Troy Edwards (8-11)

Saturdays: Al Macias (10 am – 1 pm);

Kenny Devoe (1-7)

Sundays: Al Macias (10 am – 1 pm:

Kenny Devoe (1-4)



Buenaventura Art Association will feature a special ArtWalk show by Christine Apostolina Beirne, a longtime artist and its former executive director, in its new gallery at Bell Arts Factory in Ventura.

"90 Paintings in 90 Days" will be on display Oct. 4 through Nov. 11, which includes the Oct. 6-7 ArtWalk dates. There will be a private preview Wednesday, Oct. 3 – RSVP required, \$5 donation to BAA. For tickets: <https://www.eventbrite.com/e/90-paintings-in-90-days-private-preview-event-tickets-49079591379>.

For more about BAA and its programs, visit www.buenaventuragallery.org or call 648-1235 during gallery hours.



"Red Succulents" by **Leslee Adams** featured at the Oaks Art Walk.

One hundred amazing artists will converge at The Oaks Mall on September 29 – 30, for the Oaks Art Walk.

The Oaks Art Walk will feature artists presenting their own original work in all mediums of fine art, including paintings in acrylic, oils, watercolor, photography, etchings, sculpture in clay, glass, metal, stone and wood. Each artist will be present to meet with the public and discuss their work. All work is available for purchase.

The Featured artist is Leslee Adams, based out of Palm Springs. Leslee began watercolor painting as a relaxing hobby and soon developed a passion for the art. Her paintings are vibrant and dance with color. She first became known for her colorful, distinctive painting of foods. She has branched out to paint local desert and

European landscapes, still lifes, and florals all with her dramatic style.

Leslee can be found at art shows across the Pacific West Coast, and enjoys meeting, and making friends and clients wherever her travels take her.

In addition to fine art, fine crafts will also be presented. Festival patrons will find blown glass, turned wood, semi-precious jewelry, pottery, stained glass, and an array of high-quality crafts.

The event will be held in the East parking lot of The Oaks Mall, 350 W. Hillcrest, Thousand Oaks. The hours of the event are from 10:00 am - 5:00 pm on Saturday and Sunday. Admission and parking are free. The event is handicap accessible.

The Oaks Art Walk is presented by West Coast Artists. For additional information visit our website at www.westcoast-artists.com or call 818-813-4478.



The winning entries from this year's California Coastal Art & Poetry Contest will be on display at the Channel Islands National Park Robert

Bowl Hop and pottery demonstrations Saturday, October 6 & Sunday, October 7 corner of Main Street and California in conjunction with downtown Ventura's Artwalk.

100% of money collected will go to Downtown Ventura's Family Reconnection Program. <https://downtownventura.org/reconnection/>

Saturday only demonstrations

11 - 1:30 pm **Ellen Wohlstadter** hand-building demonstration

1:30 - 4 pm Firestick Pottery owner and potter **Robin Nahin** will do a potter's wheel demonstration

Founded in 1957, Ventura County Potters' Guild and friends are again donating 200 + gorgeous handmade ceramic bowls!

For \$25 you will receive a bowl of your choice and a punch card that will lead to a variety of downtown Ventura Restaurants and a sampling of many yummy delights. For more information <http://www.artwalkventura.org/bowl-hop.html>

Ventura County Potters' Guild

1567 Spinnaker Drive Suite 105 (805) 644-6800



Ventura Harbor Village Art Gallery new student artist of the month is **Kyeli Robinson**. Kyeli is currently a senior at Buena High School and is in the advanced art class. Kyeli will be at the Ventura Harbor Village Art Gallery from October 1 to 31. She will have originals, prints and cards of her work for sale in the gallery. She is now a member of the Buenaventura Art Association. Kyeli has plans to attend art school after graduation in 2019.



Vita Art Center presents **Song Byeok**, North Korean dissident artist honored as the Global Artist of Distinction For Artwalk Ventura, 2018. A free city wide event Oct. 6-7, 11 am-6 pm Saturday & noon-5 pm Sunday.

Champagne Reception Wednesday, October 3, 6:00 - 9:00 pm, VIP tickets: \$75. tickets: <http://vitaartcenter.com/index.php?name=song>

Join in honoring visiting artist Song Byeok for his work promoting freedom. Vita will be serving Koji BBQ and there will be an open bar. Have a special preview of Mr. Song's art on exhibit. tickets: <http://vitaartcenter.com/index.php?name=song>

Entering its 25th year, Artwalk Ventura is a super fun, virtually free, self-guided tour of dozens of galleries, studios, pop-up venues and transformed pods containers in Ventura's Westside Cultural District and downtown. One of Ventura's signature events, drawing thousands of visitors every year.

His work will be exhibited for the first time in Ventura.

Vita Art Center, 28 W. Main St., www.vitaartcenter.com



J. Lagomarsino Visitor Center until November 18. The art and poetry display includes 47 winning pieces from over 2,500 entries. A special unveiling of the artwork occurred on Sept. 15 during Coastal Cleanup Day.

The annual contest is designed to encourage youth to reflect on the beauty and spirit of California's coasts and ocean. Through this effort, the California Coastal Commission hopes to inspire a greater sense of appreciation and stewardship for these natural places.

Enjoying the unveiling were Channel Islands Park Foundation members Ken McAlpine, Vahagn Nahabedian, Ranger Lauren Boross, art winner Ventura kindergartener, Serenity Rayne Holmes, art winner Lompoc High senior Marina Zellers and Tigran Nahabedian.

The winning contest entries can all be viewed and are available for purchase at

<https://www.coastal.ca.gov/published/poster/poster.html>

Lighter Breeze

Mother Goose and Grimm



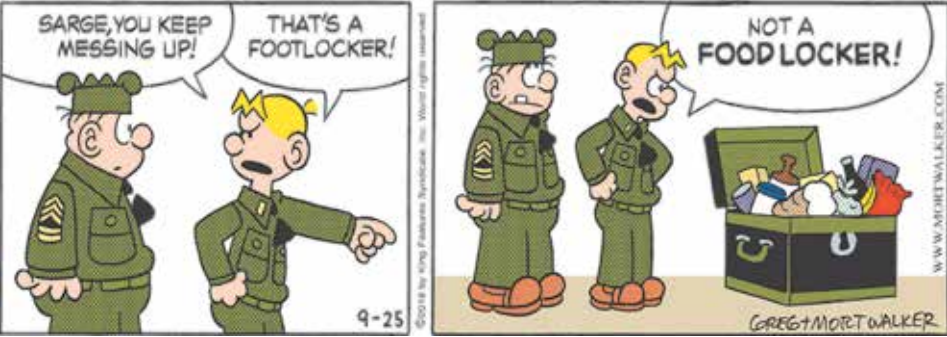
Baby Blues



Rhymes with Orange



Beetle Bailey



Blondie



Crock



Solutions on page 23

(For a beginners guide to playing Sudoku go to venturabreeze.com)

4			8		7		
		7			4		8
	9			1			5
		2			7		9
	8		9	6		3	
3			2				1
		3			2	5	
	6		4				1
1				5			3

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 23

King Crossword

ACROSS

- 1 — up (invigorates)
5 Alphabet start
8 "Pygmalion" writer
12 Spine component
14 Unadulterated
15 Language of Zagreb
16 Rod's partner
17 Cudgel
18 Wedding-related
20 Pirate flag symbol
23 Tempo
24 Grow weary
25 AT&T competitor
28 Coatrack piece
29 Oyster's gift
30 Mediterranean, for one
32 Porch
34 Blueprint
35 "Sad to say ..."
36 Combination of tones
37 Desert fox
40 — carte
41 Out of control
42 Exact
47 Streamlet
48 Taboo
49 A Great Lake

1	2	3	4	5	6	7	8	9	10	11
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41					42	43			44	45
47					48					
49					50			51		

- 50 Beer cousin
51 Start a garden
10 Neighbor-hood
11 Healthy
13 And others (Lat.)
19 Bar
20 Fuel additive brand
21 Capital of Ukraine
22 Incite
23 Rosary components
25 Large blood vessel
26 Capital of Norway
27 Approach
29 Wan
31 Additionally
33 Irritate
34 Lighthouse of Alexandria
36 Organization
37 Passenger's payment
38 Eastern potentate
39 — me tangere
40 Farm measure
43 Animation frame
44 Consumed
45 Golf gadget
46 Conclusion

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ARIES (March 21 to April 19) You might need to get more facts to help you work out those problems with your new project. As always, a friendly approach shows the charming Arian at his or her persuasive best.

TAURUS (April 20 to May 20) Information is what energizes ambition, and this is a good time for the ambitious Bovine to expand his or her range of knowledge and to be ready for the challenges that lie ahead.

GEMINI (May 21 to June 20) This is a good time to consider making some long-overdue decorating changes at home or in your workplace. A splash of color can help raise spirits, even on the grayest day.

CANCER (June 21 to July 22) Learn more. Earn more. That's the formula for Moon Children looking to expand their career horizons. Investigate the best places to get those training courses you'll need.

LEO (July 23 to August 22) Your creative side helps gain attention for many of your ideas. But don't neglect the practical aspects involved in implementing their move from paper to production. Good luck.

VIRGO (August 23 to September 22) A health problem should not be ignored. The sooner you check it out, the sooner you can deal with it

and then move on. Some job advice comes from an unlikely source.

LIBRA (September 23 to October 22) A relationship takes an unexpected shift that could leave you puzzled and hurt. Asking for an explanation could help uncover the reason for this sudden turn of events.

SCORPIO (October 23 to November 21) Your busy schedule has drawn down much of your energy levels. Restore them by spending a well-earned time out enjoying the arts -- perhaps with that special someone.

SAGITTARIUS (November 22 to December 21) Make that presentation with confidence. Remember: When you show you believe in yourself, it helps persuade others that you truly know what you're doing.

CAPRICORN (December 22 to January 19) Although you usually prefer doing things on your own, a group effort might be advisable at this time. Try to keep an open mind about suggestions from colleagues.

AQUARIUS (January 20 to February 18) This could be a good time to reassess some of your recent decisions and see if any adjustments should be made based on facts that you might have just uncovered.

PISCES (February 19 to March 20) An emotionally charged situation creates uncertainty about the future of your relationship. Best advice: Talk things out while there's still time to reach a new understanding.

BORN THIS WEEK: You tend to act on matters of principle despite what others might advise.

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Show Time

A View from House Seats

Conejo cooks up Comedy Cacophony

by Shirley Lorraine

For a high-spirited evening of fast-paced shenanigans, *Is He Dead?* now playing at Conejo Players Theater in Thousand Oaks, fills the bill.

America's well-loved master storyteller, Mark Twain, offers the basis for this long-hidden work. Twain's acumen as a playwright was the lesser of his talents, to his documented great disappointment. The work presented is minimally lifted by later adaptation by David Ives.

Written in 1898, the play is set in France 1846. The complicated and twisted plot mirrors some of the fun of its successful predecessor, "Charlie's Aunt", written in 1892. A popular style at the time was high farce employing many surprises, disguises and exaggerated characters. *Is He Dead?* uses these standard gimmicks and more.

The play is a classic melodrama typical of the time. A French artist, Jean-François Millet (Nicholas D. Johnson), finds himself unable to sell enough paintings to live comfortably. Following a visit from a prospective buyer, his friends Agamemnon "Chicago" Buckner (Nick Bemrose), Hans "Dutchy" Von Bismarck (Ezra Ells) and Phelim O'Shaughnessy (Robert Chambers) hatch a plot to declare the artist dead to elevate the value of his works. He wouldn't be dead of course – he would pretend to be his sister, a widow, who would then reap the benefits of his new-found fame.

Chicago's sweetheart, Cecile, played by Dawn Michelle and Jean-Francois' paramour Marie, (Lauren Rachel), are appropriately devastated by the ruse that is kept secret from them. They befriend the "widow" causing much consternation throughout.

In the meantime, Bastien André (Kyle Johnson), in attempting to recoup a loan he made to the artist, falls hopelessly in love with the widow, as does the two girls' father, Papa Leroux (Jim Seerden). Jean-Francois, now as the widow Daisy Tilou, must fend off both suitors.

Several of the actors fill several roles, adding to the frenetic action. Thomas Carbone embraces three quite different roles, for instance, all to exaggerated comic effect.

Erin Fagundes and Judy Diderrich portray Madames Bathilde and Caron, who hover sweetly and offer period atmosphere. Jeremy Zeller makes a brief appearance as the King of France. Of course, all is resolved in the end and the happy couples reunited.

The costumes are a highlight of this production. Obviously, much care went into their design and creation to carry the flavor of the piece. The setting produced awkward challenges for the lively foot action. I was confused by the "paintings" that appeared to be photographs on canvas. The second act with myriad doors for entrances and quick exits allowed more opportunity for freedom of movement.

Perhaps it reads better than it plays. The relentless overplay and shouting made it difficult for me to ferret the dialogue out of the din, thus losing some of what little of Twain's signature humor is embedded in the piece. Several characters are written to use accents to help define their roles, adding to the listening challenge. Oddly, although set in France and featuring a French artist, that verbal touch seemed to be missing except as

used lightly by Kyle Johnson as Mr. André.

Is He Dead? Continues through October 6. Performances are Thursday, Friday and Saturday at 8 p.m. and Sunday at 2 p.m. www.conejoplayers.org or 805-495-3715 for tickets. Adults \$18, Students, Seniors and Military \$16.



The debut concert of *The Folk Legends* at the Rubicon.

New added special event one-night-only!

Rubicon Theatre Company is honored to host the premiere performance of *The Folk Legends* – a new trio made up of legendary performers: Lifetime Grammy Award-winners George Grove and Rick Dougherty, and Jerry Siggins.

The Folk Legends will take audiences on a remarkable musical journey singing the songs they helped make famous when they were a part of groups such as The Kingston Trio and The Limeliters, or singing songs sung by friends of their such as Peter, Paul & Mary, The Chad Mitchell Trio, the New Christy Minstrels, Jimmie Rodgers, Ian & Sylvia, John Denver and Simon & Garfunkel.

Folk Legends may sound a bit pretentious, but it may be the only name appropriate for the collective talents of George Grove, Rick Dougherty and Jerry Siggins. These three men have been involved with music from the great Folk Era since the actual days of the great Folk Era. George, Rick and Jerry have been involved in performance at the highest levels of the national and international stage.

Monday, October 1 at 7:00 pm.
Rubicon Theatre 1006 East Main Street
Tickets: \$45/\$35 for Rubicon Subscribers (price includes one complimentary beverage - wine, beer, soda or coffee) . \$45/\$35 805.667.2900 rubicontheatre.org

Celebrity Extra

by Dana Jackson

Q: Is Hollywood seriously remaking the classic film "Mary Poppins"? Why must they remake everything? Leave well enough alone. -- Aimee G., via email

A: You have about three months to prepare for the premiere of "Mary Poppins Returns," starring Emily Blunt, but based on the trailer, it looks surprisingly good! This film is actually a sequel, not a remake, of the original "Mary Poppins," which came out back in 1964.

Directed by Rob Marshall, the screenplay for the sequel was written by David Magee based on the original "Mary Poppins Stories" by P.L. Travers. You may remember that Emma Thompson played Travers in the biographical movie "Saving Mr. Banks" alongside Tom Hanks as Walt Disney. Travers reportedly was not happy with Disney's interpretation of her literary character; even though it went on to win five Oscars.

The Disney film will premiere in theaters Dec. 19 with a star-studded cast. In addition to Blunt, Meryl Streep, Lin-Manuel Miranda and Colin Firth all have lent their talents to the musical production.

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An Enchanted Night

Continued from page 1

following wonderful performers:

New York City Opera and Metropolitan Opera star Lauren Flanigan

Joan Almedilla, whose Broadway credits include *Fantine* in *Les Misérables* and *Kim* in *Miss Saigon*. She just completed the National Tour of *The King at I as Lady Thiang*.

Golden Globe Award-Winner Amanda McBroom, best known for her song "The Rose" and her performances in *Other Desert Cities*, *A Delicate Balance* and other Rubicon shows.

Broadway star and Helen Haynes Award-Winner Tami Tappan Damiano (Ellen in *Miss Saigon*).

David Burnham (the original Fiyero in the workshop of *Wicked*, and Helen Hayes Award-winner for *The Light in the Piazza*).

Tony Nominee Lucas Steele (Anatole in *Natasha, Pierre, and the Great Comet of 1812* on Broadway).

Singer/Songwriter and Producer David Bowick, son-in-law of John Bennett Perry, one of the honorees.

The dignitaries and celebrities who made presentations included Gregory Harrison, Jeff Kober, Linda Purl, Tom Astor, Russell Pyle, Jonathan Prince, Sen. Hannah-Beth Jackson, Ted Neeley and Rubicon co-founder James O'Neil.

Special awards were presented to the following:

Innovation Award to Michael Jackowitz for co-producing *World Premieres* at Rubicon and creating new and unique partnerships between Rubicon and other non-profit and

for-profit partners.

Artistic Achievement Award to Jenny Sullivan for Direction.

Artistic Achievement Award Presentation to John Bennett Perry for acting.

Artistic Achievement Award to Thomas S. Giamario for set design.

Visionary Award to Randy Encinas and Doug Halter, Stephanie and Joe Murray for having the foresight to purchase and renovate the building and giving Rubicon Theatre Company a launching place and a home.

Doug Halter then spoke about his vision for the future of Rubicon.

A fantasy auction was hosted by Art Curator Hunter O'Hanian and Rubicon's new Executive Director Jeffry George. Packages included Golfing With The Stars at Spanish Hills Country Club and Las Posas Country Club, and Enchanted Forest Retreat Villa Gatos Musical, and a Broadway packages called "Six Degrees of Separation With Harry Potter" including tickets to to Harry Potter, the new Daniel Radcliffe show on Broadway, and a stay at the Paramount Times Square. Guests donated and pledged \$30,000+ during that portion of the evening.

Event Chair Kathie Hira was thanked and presented with roses for the work done by Kathie and the amazing committee. Guests then adjourned to the tent, which looked like an ancient enchanted forest wonderland in deep green, midnight blue and aborigine colors. The tent was draped with flowing materials and grapevine lights illuminated the tables, lounge areas and velvet seating. The rentals were by Ventura Rental Center and lighting by The Mix. Many comments were made about the unique and delicious food by Main Course California Catering. A Golden Spatula Cake Competition was held and after voting for their favorite theatrical cake guest were able to eat the cakes.

Rubicon Theatre Company
1006 E. Main St. 805-667-2900
rubicontheatre.org



Rubicon Theatre celebrates with an Enchanted Night. Photos by Dina Pielat.








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Ashley Latini
age 29
manager at
**American
Flags &
Cutlery**

"That's a really tough question and

here's why, I heard they're trying to put in a new development and Top Hat (that hasn't been open for years) is holding up the project, so it remains a vacant lot when it could be bringing in so much more revenue for the city!"



Heather Peckfelder
age 33 and
John Lyon
age 39
Both work
at **El Rey**
across the
street from
Top Hat

Heather remembers the day the Top Hat closed, "there was a line down the street and people were so sad! Now they want to put in a development with store fronts on the bottom and apartments on top, when it used to be a parking lot and that was perfect for downtown! But yes, it should remain there and be declared a historical landmark ... did you know there was once a murder there and it was the first case where they used DNA evidence!"

Person to Person

by Jennifer Tipton

But first, a little history ... "Top Hat Palace" is a little burger joint located at 2050 East Main Street that closed its doors in 2010 after 63 years of peddling hamburgers and hotdogs to our fair city. It has remained there, boarded up ever since...

Do you think Top Hat should be declared a historical building and should it remain there as part of the planned new development?



Vincent Mujica
age 70 retired
IT special-
ist

"I think it could probably use a little upgrading,

but it's been there for so long! People walk by and just know it's always been there and the food was good. My favorite was the burgers, I ate one every time I got a chance. I'd sneak over and grab one and my wife didn't even know!"

And after 50 years of marriage, now Sally knows...



Debbie Fox
age 58 owner
**Fox Fine
Jewelry**
downtown
Ventura

"Our historic buildings are important,

with wonderful memories. The Top Hat has a special place in the hearts of many. The option to move the Top Hat was opposed by Ventura's Historic Preservation Committee. The public was invited to comment, but none was made. Building proposals have been through years of design and redesign for the long vacant corner. The



latest design still struggles to carve out the Top Hat. It's simply a fact: a large, corner property of shops and apartments can't do justice to the memory. You get one or the other. Is the decision that the Top Hat stay in the same exact location the view of the majority of Venturans? Or are we the silent majority who would be fine seeing the Top Hat in another location? No it should not stay there."

Writer's note: Please, if you have an opinion about Top Hat, take a moment and email your council members at council@cityofventura.net or write to us at opinions@venturabreeze.com. We'd love to hear your opinion!



Kori Moriwaki
age 22
works at
We Olive

"I do believe that it should be made a historical

landmark, as it was one of the first post offices in Ventura. It should absolutely remain there as part of the new development. The building has been there as long as I can remember – as long as my parents can remember! Maybe they could make it into an information booth for downtown?"
Writer's note-can't find any information on Top Hat once being a post office ... anyone out there know?