

Vol. 11, No. 24 Published Every Other Wednesday Established 2007 August 29 – September 11, 2018



District develops brand promising rich and varied academic programs.

## Ventura Unified School District announces new brand

The Ventura Unified School District has announced its new brand and a district promise to maintain excellent schools and learning environments where all children can explore, grow, and thrive as students in a modern world and be well prepared for the future ahead of them.

“For the future of every student’ is our promise emphasizing our belief that every child has a brilliant future ahead of them,” said Superintendent David Creswell. “Our role is to help them find it, explore it, and prepare for it in safe, healthy, and supportive learning environments across the district. It also signifies a culture that embraces every child, meeting them where they are at, and promotes their growth academically, social-emotionally, and as citizens of the world.”

At the direction of the board, VUSD hired Zeste, a company with extensive experience working on school district brands, to conduct dozens of deep interviews with VUSD stakeholders about what defines the district.

“It was time for the district to re-examine who we are, what our mission is, and who our customers were. Public education is not the only education option for parents today. We want to be the preferred option, not by default but by choice. Branding is part of getting that message out,” said John Walker, president of VUSD Board of Trustees.

The pillars of the promise of the new brand are:

A safe, healthy, and positive learning environment in every school

Rigorous and relevant academics

*Continued on page 2*

Fireworks was limited to weekends this year. Some liked it some didn't.

## Thousands beat the heat at the Annual Ventura County Fair

The Ventura County Fair is proud and happy to report another successful Fair. Celebrating the diverse traditions of Ventura County, the 143rd edition, “A Country Fair with Ocean Air” closed with thousands having come out to enjoy the 12-day event, many returning for the first time since making the Fairgrounds their home during the December Thomas Fire evacuations.



The Ventura County Fair’s mission is to preserve, promote, and showcase agriculture and the traditions of Ventura County, this was accomplished with competitive livestock and horse shows, agricultural exhibits and baking contests.

Fairgoers were greeted with an

*Continued on page 22*



“Yes mother I’m always safe crossing the street. How many times do I need to tell you?”

## Working together to keep our students safe

As our students start the new school year it’s a good time to review traffic safety! The Ventura Police Department would like to remind motorists, students and parents to practice traffic safety skills when traveling to school. The start

of the new school year brings traffic congestion around schools as well as a rise in pedestrian and bicyclist traffic. We suggest car-pooling, using the school bus or using an alternate drop off and

*Continued on page 3*



What, no Jim Monahan?

## Ventura’s first unique elections

Why is this election different than the last 40-years? After over 4 decades Jim Monahan will not be seeking another term in the November 15 elections. Fifteen candidates will appear on the ballot to fill four city council seats plus candidates for the Ventura Unified School District board in Ventura’s first district elections.

The council and school board will have a new look with several new members guaranteed.

This election will be the first since Ventura moved to district-based elections. Ventura now has seven council districts. Each represents a different part of Ventura and replaces the at-large system of voting where voting was for every elected official.

City council candidates:

District 1: Irene Henry, Marcos Cuevas, Kevin Clerici and Sofia Rubalcava.

District 4: Incumbant Erik Nasarenko, Spencer Noren, Ed Alamillo, Mike Marostica, Alec Gasca and Wayne Morgan

District 5: Marie Lakin, Jim Friedman and Jack Selby.

District 6: Charles Kistner Jr. and Lorrie Brown. This was Monahan’s area.

Leaving the council will be council member Mike Tracy and Mayor Neal Andrews. Both lose their seats because they are in Districts 2 and 3, neither of which is on the ballot this year. Should they decide to run in the future they can

*Continued on page 3*

## VENTURA TOWNEHOUSE

CALIFORNIA'S CROWN JEWEL IN RETIREMENT LIVING

Ocean & Mountain Views • Over 12 Lushly Landscaped Acres • Spacious Standard & Remodeled Apartments and Villas  
Anytime Dining in our Sun-Drenched/Full Service Dining Room • Full Kitchens • Delicious Home Cooking by Pro. Chefs  
& 5-Star Pastry Chef • Live Music & Events • Weekly Excursions • All Day Transportation • Pets Welcomed

**Call Now for a Visit! 805.642.3263**

**www.venturatownehouse.com • 4900 Telegraph Road, Ventura, CA 93003**



I love it, love it, love it here!  
Staff is great! Residents are well cared for and happy. The grounds are beautiful! What a Chef! Great dining! Great food! Activities and entertainment galore! How great it is!

~Irene Olson, Resident

**Get More Fun & Amenities for your Money!**

License #565901810






**Good Bye Summer!**

**Ventura Executive Suites**

**Visit us or call us for our end of summer move in specials!**

701 E. Santa Clara St. Ventura Ca 93022  
(805)653-2381 / [www.venturaexecutivesuites.com](http://www.venturaexecutivesuites.com)  
[info@venturaexecutivesuites](mailto:info@venturaexecutivesuites)

**Ventura Executive Suites is ready to work with you to create your ideal office experience. Located in beautiful Downtown Ventura, we offer a wide range of services which can be selected to meet your individual needs.**

**Virtual Offices as low as \$50 a month!**



### School District has new brand

*Continued from page 1*  
that challenge each student

Engaging settings that stimulate curiosity and empower students to have a voice in their learning

Real world experiences and connections in and out of the classroom to cultivate creativity, critical thinking, and an appreciation for the world in which we live

Consistent, enthusiastic and unwavering encouragement of each and every child—so they can discover who they want to become and be academically, personally, and socially

“When it comes to delivering an education that prepares students for a future in the world today, a one-size-fits-all approach no longer suffices. Students must be able to think critically, approach problem-solving with agility and creativity, be open to exploration, and adapt to new ideas and pathways they will invariably encounter throughout their lives,” said Creswell.

As part of the brand process, the district developed a new logo, the open wave, that was inspired by VUSD’s connection to the California coast and the possibilities that lie ahead for our students. The ocean, and all that it represents, is a fitting metaphor for the optimism and energy embodied by our people, schools, and district. The logo unifies our schools and programs with a bold, abstract signature that connotes an open, cresting wave. The clean lines that comprise the open wave signify the opportunities students are offered by our district through its variety of programs and schools. The color blue leads our bold and varied color palette since it stands for confidence, wisdom, and intelligence.

“This is so much more than a logo,” said Creswell. “It is a symbol of the new direction we are taking. We are grateful to the board for the freedom to create this direction and now it is up to our administration, our teachers, our staff and our students to live up to the promise.”

## Business



*Heritage Honey has a unique collection of bee products, from honey to skin care products to beekeeping supplies.*

## The Buzz About Heritage Honey

by Mira Reverente

Quaint, inviting and unpretentious, walking into Heritage Honey along Thompson Blvd. is akin to walking into a friend’s or family member’s home. Jars of honey and curio items adorn the neatly-arranged shelves. A swinging glass door filled with bees stand out. It is after all a business that is bee-focused.

Co-owner Marcelino Zavala asks, “Can you spot the queen bee?” To the untrained eye, it takes awhile to spot her so Zavala had to point out her majesty. There she was, lording over her hive.

### A legacy of bees

Zavala’s bees have a long, interesting lineage, having inherited them from Wailen Bennett of Bennett’s Honey Farm in Piru Canyon. “He taught me everything about the beekeeping business,” says Zavala of his mentor and former employer.

Not everyone starts out like Zavala. “Usually, hobbyists start out with a hive or two then go from there,” says Suzanne Lamey, who is Zavala’s business partner.

Lamey’s expertise lies in honey production where she was a quality assurance manager for eight years. The two were employed by Bennett where they gained the knowledge about the honey industry in Ventura County.

### The bee kingdom

Aside from the honey varieties, skin care products, candies, honey products and beekeeping supplies, it’s a coop for local beekeepers and the only place that’s a retail and packing facility in one, says Lamey.

“The beekeepers bring their honey here and we package and sell them. The retail side of Heritage Honey is just a bonus but the bulk of the business is in packing,” she says, showing us around the pristine room where all the packing takes place.

Zavala also sells Nuc boxes, also known as a small colony of bees, and sometimes lends his expertise to beekeepers on swarms and other issues, for free. “I’ll answer any question on the phone and if I’m free, I’ll go out and check on their bee issues,” he says.

### Wasp are you talking about?

Good, ethical beekeeping practices are important. As an example, Zavala explains, “We don’t feed bees during a ‘honey flow.’ Doing so affects the integrity of the honey,” he says.

An all-terrain natural setting is also

preferred, so the bees are exposed to less pesticides and parasites. Says Zavala, “Good honey is usually judged on color, taste and moisture.”

### Looking bee-yond

Probably immune to bee stings at this point, but not to small business challenges. “A good rain year is key to a good honey production year,” says Lamey, citing a challenge that’s tough to control but not unusual.

Unknown to many in the area, honey is an agricultural product so just like everything else in this agricultural region, weather needs to be on the growers’ side. “Otherwise, we have great soil for pollination for crops like avocados,” says Lamey.

Springtime is “bee season” but October to December are usually considered peak months in the business. However, the Thomas Fire last December also brought an unexpected slump in sales.

The duo feels optimistic about growth and getting the word out about their good reputation. Lamey says, “We just want this to be a gathering place for hobbyists, beekeepers and locals alike from all over Ventura, Santa Barbara and LA counties.”

For more info: Heritage Honey is at 2031 E. Thompson Blvd.. Contact 805.641.0408, [www.heritagehoney.org](http://www.heritagehoney.org).

## Join Horizon Veterinary Specialists in Ventura for an Open House

On Wednesday, August 1st Ventura County gained a new, life-saving, 24/7 small animal specialty hospital. Horizon Veterinary Specialists, located at 5280 Valentine Road in Ventura, invites the public to their Open House on Sunday, September 9th, from 1pm to 4pm.

The specialty hospital is focused on caring for patients throughout Ventura, Santa Barbara and surrounding counties with 24/7 emergency and trauma services, critical care, internal medicine, ultrasound, digital radiography, endoscopy, surgery, and 24-hour ICU hospitalization



**Labor Day BBQ Headquarters!!**

- We feature all grass fed beef
- All natural pork and organic chicken
- Fresh ground chuck and sirloin
- Sausage made IN-HOUSE daily
- All meat cut to order

**Prime Tri Tips**  
**Extra Meaty Baby Back Ribs**  
**BBQ Chickens**  
**ALL Kinds Of Freshly Made Pork And Chicken Sausages**  
**Ultimate Burger Grind**  
(brisket, tri-tip, ribeye & chuck)  
**40/60 Bacon Burgers**  
**Call ahead and pre-order to pickup your delicious BBQ dinner or lunch!**

**3049 East Main Street**  
**(805) 643-0318**  
Sunday 10am - 5pm Monday - Closed  
Tuesday thru Saturday 9am - 6pm [mainstreetmeatsventura.com](http://mainstreetmeatsventura.com)





Immediate  
Move-ins Available!  
Ask about our Premium  
Island View Units today!

# Island View Apartments

Rooftop Decks, Cabana Lined Pool, Club Room, Fire Pits & BBQ's, Sports Lounge, Fitness Center, Yoga Studio, Access Control System

**Ocean Views | Island Views | Mountain Views | City Views**

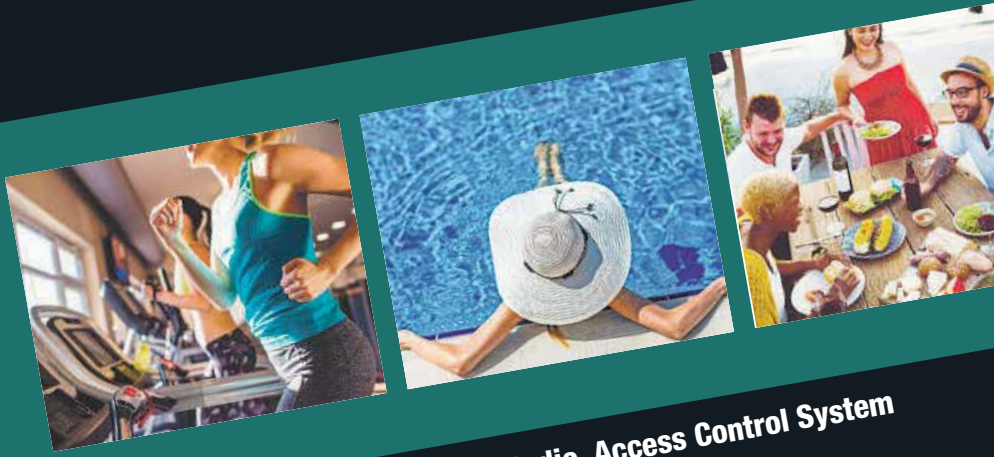
## LIVE ELEVATED.


**8 Unique Floor Plans**  
1 Bedrooms from \$1,890  
2 Bedrooms from \$2,199

**Office Hours:**  
Weekdays: 9:00 am - 6:00 pm  
Saturday: 10:00 am - 6:00pm  
Sunday: 11:00am - 6:00pm

Our spacious one and two bedroom apartments are centrally located in the City of Ventura, providing easy access to freeways, local shopping, dining, parks, employment centers, outdoor activities, and more.

**In the City of Ventura at 8th Street and Alameda Avenue | Just off Victoria Avenue, Behind Montalvo Square**  
**LiveIslandView.com | (805) 644-VIEW (8439)**





## Business

when needed.

Meet the founders - Dr. Nancy Scott and Dr. Sarah Gray, both board-certified by the American College of Veterinary Emergency and Critical Care, are joined by Dr. Amy Rhoades, Dr. Melissa Herrera and Dr. Theresa Ortega, all board-certified by

Tour new small animal specialty hospital in Ventura.

the American College of Veterinary Internal Medicine. The five well respected board-certified veterinarians bring a collective 75+ years of internal medicine, emergency and critical care experience, much of that time spent right here in Ventura County.

Get to know our team - Working alongside the founders is highly experienced emergency veterinarian, Dr. Mary Ellen McLoughlin who has practiced emergency medicine exclusively for the past 12 years. She and the founders are joined by an experienced team of dedicated veterinary technicians, assistants, client service representatives, caretakers, and practice managers who are all committed to excellence.

Enjoy great food and win prizes!  
Learn more at [www.HorizonVets.com](http://www.HorizonVets.com).

**Keep our students safe**  
*Continued from page 1*


pick up site away from schools. This will help relieve traffic delays.

The following tips are provided to ensure the safety of students and to serve as a reminder to be vigilant while traveling in a school zone. Parents, please discuss traffic safety with your children whether they are walking, riding a bicycle or being driven to school.

**Pedestrians:**  
When crossing the street, continue to scan both directions for approaching cars. Pay attention to all traffic signals and crossing guards. Use marked crosswalks and cross at controlled intersections when possible. Wear reflective clothing or bright colors so drivers can see you. Plan a safe walking route to and from the school or bus stop. When waiting for the school bus, stay out of the street and avoid horseplay.

**Bicyclists:**  
If riding a bike, always wear a helmet. They are required for all bicycle riders under the age of 18. Ride on the right side, in the same direction as traffic. Walk your bike when crossing the street. Review bicycle laws.

**Drivers:**  
Be watchful around schools and bus stops for children in the street. Do not double park. Pay attention to crossing guards and remain stopped until they are off the roadway. Watch your speed in school and residential zones (25MPH).




**{comfrey}**  
MASSAGE AND BODYWORK

## \$20 OFF Your First Session!

Are you a Massage  
Therapist looking to expand  
your horizons? I am a Certified  
Ashitsu DeepFeet Instructor  
and offer classes!

### 810.580.0549

1050 East Front St.  
Ventura, CA 93001  
[Comfreymb.com](http://Comfreymb.com)



Leave early and give yourselves ample time to arrive at your destination. Reduce any distractions inside your car so you can concentrate on the road. Do not use your cell phone while driving. Enter and exit driveways slowly and carefully, be observant in all directions. Do not allow your child to exit the vehicle into traffic lanes; safely drop them off at the curbside or where your school has directed you to drop off.

By adhering to these traffic related tips, the number of collisions in an around school zones can be reduced. Please drive safely.

The Ventura Police Department is committed to traffic safety through education and enforcement. From the first day of school and throughout the school year. Let's work together to make it a safe school year for all!

**Ventura's first unique elections**  
*Continued from page 1*  
in 2020.

Ventura Unified school board candidates:

Seven candidates have qualified to run for three Ventura Unified School District board seats. The school district has five areas, 2 less than the council.

Area 1, 4 and 5 each has a seat up for election.

Area 1: Velma Lomax is the incumbent and is seeking another term. Tomas Luna and Anthony Krzywicki.

Area 4: Incumbent John Walker will not be seeking another term. Jerry Dannenberg, Deborah Meyer-Morris and Madhu Bajaj.

Area 5: Has no incumbent and only one person has qualified Matthew Almaraz.

To find out what district you are in go to <https://map.cityofventura.net/java/ccvd/> and type in your address.

Your Hometown Paper

[www.venturabreeze.com](http://www.venturabreeze.com)

Ventura BREEZE





# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

## PUBLISHER-EDITOR

Sheldon (Governor) Brown  
publisher@venturabreeze.com

## PUBLISHER EMERITUS

Staci Brown

## Assistant to the PUBLISHER

Ana Baker

## CONTRIBUTING WRITERS

Rebecca Wicks · Richard Lieberman  
Sheli Ellsworth · Veronica Johnson  
Shirley Lorraine · Victoria Usher  
Jill Forman · Pam Baumgardner  
Elizabeth Rodeno · Mira Reverente  
James Francis Gray · Jennifer Tipton  
Karen Leslie · Maryann Ridini Spencer

## CONTRIBUTING PHOTOGRAPHERS

Bernie Goldstein  
Richard Lieberman · Michael Gordon

## DISTRIBUTION

Jaime Baker · Mary Thompson  
Alfred J. Lewis

## SENIOR ADVISORS

Lori Harasta

## ACCOUNT EXECUTIVES

Breezy Gledhill · Cindy Summers

## WEB/ONLINE ADVISOR

Cindy Summers

## PRINT PRODUCTION

Alfred J. Lewis/studioNothing

## PRINTING

CA Web Print, Inc. (626)281-8989

## CONTACT US:

EVENTS & HAPPENINGS  
events@venturabreeze.com

## OPINIONS

opinions@venturabreeze.com

## ARTICLES AND PHOTOS

editor@venturabreeze.com

## THE PET PAGE

scampclub@venturabreeze.com

## ADVERTISING

advertising@venturabreeze.com

## Ventura Breeze

1575 Spinnaker Drive, 105B, Box 393

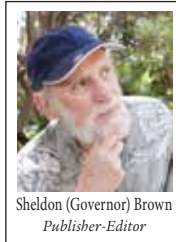
Ventura, CA 93001

Phone 805.653.0791 Fax 805.641.1824



The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

This is a first time I've have responded in my column to a letter to our Mailbox, but I feel that this is important enough to justify a longer response.

In our previous issue I made the following comment:

■ I am very concerned, and you should be also, about "any" president who tells his country to ignore the media because they are all wrong and to listen to only him. This is the beginning of **Dictatorship101**. An open exchange of ideas is what makes this country great.

Brian took umbrage with the preceding comment.

*Sheldon- picking up the latest edition of the Breeze is always the highlight of my week. It's the best local paper I've ever read. Sometimes your opinions leave me laughing and crying at the same time. Your comment about Trump imploring us to "ignore the media because they are all wrong" is one of those times. I cry because you let your bias affect your reporting - Trump has never made that statement, nor has he ever blasted the idea of a free press. His comments are directed to those publications and media celebrities who publish stories and on-line commentary that distort the truth, such as CNN, MSNBC and others. I laugh because your comment proves Trumps point about the media bias.*

Brian Randall

Randall:

I don't agree with your comments. Even though I do admit to bias (noun: prejudice in favor of or against one thing, person, or group compared with another, usually in a way considered to be unfair.). I don't feel my comments are based upon bias, but on reality.

One of the most important things of a true democracy is the **freedom of the press**, which is why this concerns me.

The following quotes were not written by me, but appeared, in some form in many many newspapers around the country. Apparently, my

bias is shared by others, and I am in good company.

"More than 300 U.S. newspapers are running editorials that promote press freedom to counter **Donald Trump's** attacks on the media, in a move coordinated by The Boston Globe."

"President Trump has often attacked some media reports as "fake news" and called journalists the "enemy of the people," and "very dangerous and sick," in a tweet earlier this month."

"In July, he blasted The New York Times and The Washington Post as "anti-Trump haters" who "do nothing but write bad stories even on very positive achievements — they will never change."

"The Globe's initiative aims to denounce **"the war against the free press"** and it suggested that editorial boards take a stand against Trump's words regardless of their politics."

"The president has referred to the media as the "opposition party" to his administration, and he has blamed news organizations for stymieing his agenda. But the language that Mr. Trump deployed on Friday is more typically used by leaders to refer to hostile foreign governments or subversive organizations. It also echoed the language of autocrats who seek to minimize dissent."

"Oh boy," **Carl Bernstein**, the journalist who helped to uncover the Watergate scandal, said on Friday, after a reporter read him Mr. Trump's tweet. Donald Trump is demonstrating an authoritarian attitude and inclination that shows no understanding of the role of the free press," he added.

"Historians pointed out similarities between Mr. Trump and Richard M. Nixon, who in 1972 told his national security adviser, Henry A. Kissinger, "The press is the enemy."

Mr. Bernstein said the president's language "may be more insidious and dangerous than Richard Nixon's attacks on the press." But there is a similarity in trying to divide the country, and make the conduct of the press the issue, instead of the

conduct of the president."

"Still, the notion of the news media as an enemy of the public — especially when voiced by a sitting president — went a step beyond Mr. Trump's usual rhetorical turns.

Mr. Trump's tactic of pitting the press against the public was mirrored in a survey distributed by the president's team on Thursday, which urged Trump supporters "to do your part to fight back against the media's attacks and deceptions."

Survey questions included, "Do you believe that the mainstream media has reported unfairly on our movement?" And, "On which issues does the mainstream media do the worst job of representing Republicans?"

I apologize for getting so political, but this is important to me and should be to all lovers of democracy and freedom.

■ I'm glad that **Jim Monahan** will not be seeking another term on the city council. He has served the city well, but I think 40 years is enough. Time for a change on the council to bring new ideas and new directions for the city. I'm sure that Jim will continue to serve the city in his council retirement as he always has..

■ I am sorry that Interim City Manager Daniel Paranick has resigned to accept employment with another agency. I think he would've made an excellent city manager. The City is in the process of completing recruitment for a permanent City Manager, and an Interim City Manager has been hired.

■ Amazing **Noah** was 640 years-old when he built a 3-story 400-foot boat. Some say he didn't look a day over 500.

■ There is a fear of everything and an associated word to describe it. For example, Triskaidekaphobia is fear or avoidance of the number 13. It is also a reason for the fear of Friday the 13th, called Paraskevidekatriphobia or Friggatriskaidekaphobia. The term was used as early as 1910 by Isador Coriat in Abnormal Psychology. I wonder if there is a word for the **fear of reading?**

## Mailbox

Dear Sheldon,

Our solution to the 12 days of Fair fireworks was to load our dog into the car at three minutes before the show and then drive towards the east end of town for 8 minutes. It got old quickly. Coming so soon after the loud bangs on July 4th and 5th and 6th....(you get the idea), our boy had PTSD. Any loud bangs terrified him. And, it's not just five minutes, it's 5 minutes times 12. So...here's one Venturan who is glad they were shortened.

Carol Spector

Breeze:

Figures posted at highwayrobbery (dot) net show that red light camera ticketing is way up in Ventura. When March - July 2018 figures are compared to those for 2016 and 2017, the ticketing from two of the eighteen cameras has more than tripled and at two others the ticketing has more than doubled. Only one camera is ticketing less than it was. The overall/citywide increase is 40%.

Regards,

Jim

*Jim: Maybe the cameras have a quota or they get fired.*

Dear Sheldon,

Isn't it a waste and a shame that the Foster Library has to CLOSE for the day when the temperature gets HOT?

Why can't air conditioning be installed? Wouldn't it be worth the cost, particularly for the children?

Suzanna Ballmer

Suzanna:

*We contacted city staff regarding this and received the following replies.*

*It has been priced but I don't remember the cost. The newer library branches may be air conditioned but I am not sure. I will ask, may make more sense to move more programming that is there during the summer.*

Councilmember Cheryl Heitmann

*Yes, it's been priced. It's on our library capital project list, but not funded. Councilmember Christy Weir*

*Every branch is air conditioned except Foster. And, it has been costed out, about 1.5 million. It is something I am actively working on with Nancy Schram, Director of the Ventura County Library System. We are trying to cobble funds together.*

Nancy O'Connor, Director Parks/Recreation and Community Partnerships.

Sheldon.

Great work on once again calling out the City of Ventura and its water manager Kevin Brown in the current publication.. As a victim of the Thomas Fire (Ondolando Area) it is sad to know that not one house has been started on our street of Colina Vista....One house is being framed on Via Ondolando.. and you know the lack of numbers in housing permits being issued. It is pretty evident that the city does not want the fire victims back I their homes.. they want us to sell and make a huge gain on the new buyers with their \$\$\$\$ million dollar plus homes... the permit process is long, complex and very very discouraging to those of us that once believed in those that promised us a seamless and easy rebuild process... Finally be sure to post/print: all of the local town meetings or dates for the debates amongst the City Council candi

*Continued on page 8*

We encourage you to send your opinions to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please limit them to about 300 words

I don't know  
why people  
expect art to  
make sense.  
They accept the  
fact that life  
doesn't make  
sense.  
— David Lynch



# City News



My Winter Holiday by Noah written by Sheli Ellsworth and Sheldon Brown.

## Club welcomes writers of all genres and abilities

The Ventura County Writers Club is celebrating its 85th anniversary. The club, founded in 1933 by authors in Ojai, has thrived while many clubs and organizations are folding. President Connie Mukherjee says, “The VCWC has survived because we welcome writers of all genres and abilities. We have also kept dues low. A new member pays only \$45 the first year and \$40 for annual renewals.”

The club hosts monthly speakers including agents, publishers, editors and others in the writing and publishing industry. “We host contests, critique groups and publish a bi-annual anthology. We are a not-for-profit run completely by volunteers.” The club’s membership

is usually between 100-200 people. “Our monthly attendance runs between 25-60 people depending on the speaker. Some speakers appeal to fiction writers and some draw poets.” The club supports writers who self-publish as well as authors writing personal memoirs just for their families.

On September 11, at 7:00 p.m., the club will host Mark Sarvas is a novelist, book reviewer, and blogger. He is the host of the literary blog The Elegant Variation and author of the novels Harry, Revised and Memento Park. A finalist for the Southern California Independent Booksellers Association’s 2008 Fiction Award and a Denver Post 2008 Good Read, Harry, Revised has been called “A remarkable debut” by Booker Prize winner John Banville, and was compared to John Updike and Philip Roth by the Chicago Tribune. He teaches advanced novel writing in the UCLA Extension Writers Program and is an MFA candidate at the Bennington Writing Seminars.

“Anyone who is interested is invited to join us,” says incoming president Rhonda Noda. “We will also have readings by club members who have recently published. There is no charge for non-members to drop in and join us for the celebration.” The group meets at 1605 Burnley Street in Camarillo at the Pleasant Valley Park and Recreation Center.

Ventura Breeze contributing writer, and member Sheli Ellsworth stated, “My first fiction won a

Continued on page 19



### VENTURA TOWNEHOUSE

CALIFORNIA’S CROWN JEWEL IN RETIREMENT LIVING

www.VenturaTownehouse.com 805.642.3263  
4900 Telegraph Rd., Ventura, CA 93003

CA Lic# 565801810



Spencer Makenzie’s 9th annual End of Summer Throw Down took place from Friday, August 24 through Sunday, August 26. The well attended event included fierce competition, music and food. The end of Summer Block Party and Throw Down took place on the closed street at the corner of Makenzie’s at 806 East Thompson.



## The best bank for you?

# The one that won't make you shudder when you see your car payment.

THE ONLY THING WORSE THAN BEING STUCK IN TRAFFIC is being stuck with a high interest rate auto loan. So now's the time to refinance to a great low rate. Check us out to see how much you can save over the life of your car loan when you open a Wescom account.

Anyone living in the seven Southern California counties can open an account online at [Wescom.org](http://Wescom.org), or any of our 22 branches, including:

**OXNARD**  
1861 E. Ventura Blvd.  
Oxnard, CA 93036

 @Liz\_Wescom

 /WescomCreditUnion

 @Liz\_Wescom

1-888-8WESCOM  
(1-888-893-7266)  
[wescom.org](http://wescom.org)

### WESCOM

The best bank for you may not be a bank at all.

Federally Insured by the NCUA.

Loan approval subject to credit and income evaluation. Account opening and Visa® Debit Card subject to verification by ChexSystems, a consumer reporting agency. Primary Payment System, an independent verification service, and Credit Union approval. A \$1 deposit in a Regular Savings Account is required. Certain conditions and restrictions apply.





## Dr. Jerry Dannenberg for Ventura Unified School District Board of Education Area 4

- Educational Leader
- Proactive School Safety Management
- Academic Rigor
- Competitive Employee Salaries
- Equitable Learning Opportunities for all students



www.geralddannenberg.com  
jerry.dannenberg53@gmail.com  
Tel. 805-901-0004 FPPC#1408033

## From recent retirement to the school board?

Early in his career, when Jerry Dannenberg presided as President of the Escondido Teacher's Association, he never imagined he would someday rise through the ranks to become a school district superintendent. He would like to take it a step further now by announcing his candidacy for the Ventura USD Board of Education, Area 4.

When asked why he would wish to jump from recent retirement to the school board, Dr. Dannenberg says "I

am thrilled at the opportunity to serve the community that my family has lived in since 1986. Not only did this district employ me in several senior management positions but educated my children and now my grandchildren. I want to give back to the community that has been such a big part of our lives."

He knows the distinct difference between being a superintendent and a board member and where the line is drawn. "I will not cross that line" he says. Jerry believes he has a lot to offer our local school board, most notably the experience gained in guiding the Hueneme School District nine years ago when the district went through a horrendous on-campus murder of a student at E.O. Green Middle School. Dr. Dannenberg recounts the shock and reality of what was to quickly become national news. "Within a day or two I felt it was

## Community Events

very important to call the community together, meeting in the Hueneme HS auditorium. Along with the press, there were parents, community leaders and



*Jerry Dannenberg stated "I am thrilled at the opportunity to serve the community that my family has lived in since 1986."*

staff. That day marked the beginning of a long healing process." Since then, Dr. Dannenberg has been a frequent speaker at community and education groups on lessons learned.

Because of the impact that event had on the district, a focus by Dr. Dannenberg on campus violence was launched. Last year Dr. Dannenberg was pleased to hear that E.O. Middle School received the 2017 GLSEN Respect Award in NYC for the school's efforts to eradicate campus hatred and violence. "With this experience comes a responsibility to share what we learned. Bullying and hatred have become too much a part of our society. We must do more," Jerry says.

In his quest for a seat on the school board, Dr. Dannenberg will focus on an aggressive approach to campus bullying, equitable learning opportunities, academic rigor, fully staffing school counselors and employee salaries to attract and retain the best.

the experience was a "wow!", the server was "Johnny on the spot", the food was unbelievably good!

On our second visit, the server was "Missing Maria" and the jalapeno burger (when it finally arrived) was missing the jalapeno...

However, the restaurant is always busy, and patrons sometimes line up outside the door even though they can seat well over 100. The interior can be a bit noisy, family friendly with two flat screen TVs showing news and baseball, customers can sit at the counter, a booth or one of many tables and there's an adjoining room with bistro tables and a traditional bar. There's also a couple small outside tables, so I guess it could be considered dog friendly and being in the Kimball Shopping Center, parking is plenty.

While wine is available, Two Trees also offers 28 beers on tap with different flights for tasting. On our second visit, there was a special that offered flights of 5 for \$15 and a selection of \$3 tacos to accompany them. All tortillas are homemade and there is no charge for chips and salsa – also homemade.

The menu is quite eclectic. Starters range from Mini Burgers to Jumbo Wings priced \$7 to \$13. Specialties such as a crusted Filet Mignon topped with Mushroom Brandy Sauce or Almond Crusted Mexican Seabass topped with lemon garlic sauce each come with the choice of two sides. Specialties are priced \$15 to \$30. Selections from the fryer include Black Tiger Shrimp and Chips or Fried Chicken. Prices \$14 to \$22.

There are seven different styles of burgers \$12 to \$15, nine different sandwiches \$10 to \$13 and fresh salads that offer salmon and poached pear with chicken breast \$12 to \$15.

What really makes Two Trees stand out are the traditional Mexican specialties, all homemade plates like the Molcajete with Carne Asada, Citrus Marinated Chicken, Shrimp, Nopal, Chorizo, Scallions and Jalapenos with fresh Mexican Cheese and Tomatillo Sauce served with those homemade tortillas and Rice and Beans, serves 2-3 people for \$37.

Other Mexican specialties include Seafood Enchiladas and Blackened Salmon Tacos amongst others. Prices \$10 to \$16.

All the Mexican plates come with a roasted jalapeno, I had the Sea bass Tacos and although it is a single serving plate, portions are generous, be prepared to share or take some home.



*The menu is quite eclectic. This is Two Trees Sea Bass Tacos.*

## Ventura's East End eateries

**Part I: Two Trees Restaurant and Taps**

by Jennifer Tipton

When we think of all the great places to eat in Ventura, the east end of town rarely comes to mind because there just isn't much out that way. There are however three independently owned and operated restaurants on the east end, each with a great reputation and as charming as a country café!

Two Trees is located at 7822 Telegraph Rd. and I'll admit, although I've lived on the east end of Ventura for years, I had never visited this modest little eatery before. On our first visit,

## Ventura events

by Ana Baker

**Ventura Poinsettia Dance Club**  
Monday nights 7:30 - 9:45p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Dance lessons 6:45 - 7:15 \$5 for couple \$3 for single. Call Rick 415-8842 for more information.

**There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m.** Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

**Ventura's ACBL Duplicate Bridge Club offers games for all levels of play.** Learn the game, play with your



**WELCOME CAL-FRESH/EBT SHOPPERS!**

**market match** program now available to double your food dollars with local, fresh fruits and vegetables!

**Here's How:**

- 1) At Market Information Booth use your Cal-Fresh Card to receive market tokens for purchases.
- 2) Get up to an extra \$10 per day, matched dollar for dollar with the **market match** program.
- 3) Spend your Market Match tokens on farm fresh fruits and vegetables at the market.

**Stop by the Information Booth to get the benefit at these markets:**

<b>MIDTOWN VENTURA</b> <b>WEDNESDAYS</b> <b>9:00am-1:00pm</b> <b>PACIFIC VIEW MALL</b> <b>on Main Street</b>	<b>DOWNTOWN VENTURA</b> <b>SATURDAYS</b> <b>8:30am - 12 noon</b> <b>SANTA CLARA &amp; PALM STREETS</b> <b>City Parking Lot</b>
--	--

**\$2.00 MARKET BUCKS**

*Must bring coupon to Market Info Booth for redemption. One coupon per family please. Expiration Date 9/10/18*

Supported by the Ventura County Certified Farmers' Market Association. Funding for the Market Match Program is provided by the USDA Food Insecurity Nutrition Incentive.

**www.vccfarmersmarkets.com | 805.529.6266**





# Community Events

peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at [www.vcbridge.org](http://www.vcbridge.org)

**Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night.** Located at the Moose lodge, 10269 Telephone Road. More information at [countrylovers.com](http://countrylovers.com).

**Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant.** Group meets the first Tuesday each month at noon at Lemon Wood Mobile Homes, 850 Johnson Dr. Excellent speakers leading Cardiologists, Nutritionists, and Dietitians etc. from our area. Contact Richard Hatcher at 644-2733.

**Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum.** Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

**The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events.** Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

**Retired men might enjoy a visit to a meeting of the Ventura Retired Men's Group at the Ventura Elks lodge at 11:30 a.m. on the first or third Tuesday of the month.** Stop in and introduce yourself for a complimentary lunch, interesting program, and a relaxing good time with your peers. Give Bob Likins a call at 805-587-1233 for details

**Musicians' Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 7-9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety.** Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed. [Ventura@gmail.com](mailto:Ventura@gmail.com).

**The Channel Islands Bike Club is Ventura County's largest recreational road cycling club.** They are working to make Ventura County a bicycling destination and to share the benefits of bicycling for health, recreation, sport, and transportation. Both beginners and experts are welcome. They provide free public programs on the second Wednesday of each month at the Museum of Ventura County at 100 East Main St. Doors open at 6:30pm with a no-host beer/wine bar. The program starts at 7:00pm with interesting speakers who share their knowledge and adventures. They also host group bike rides several days per week. Additional information about the bike club is online at [www.cibike.org](http://www.cibike.org) or Bill Faulkner, Grants Director at 648-1426.

**Are you a stamp collector? The Ventura County Philatelic Society meets on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd.** Admission and parking are free. Come for a great evening. Bill

Garner (805) 320-1601 or [sockonthenose@gmail.com](mailto:sockonthenose@gmail.com)

## Audubon Events

**Sept. 8: 8:30 a.m. Emma Wood State Beach, Adele Fergusson 805-415-4304.** Searching the scrub for sparrows and warblers on the Ventura River Estuary. The estuary is always an exciting place to bird.

**Sept. 11: 7:30 pm Poinsettia Pavilion, Raptor Pilot Study – Rodenticides By Karl Novak.** Raptor Pilot Study for Levee Protection is first to quantify the impact of raptors on ground squirrel damage at a levee. Karl Novak is a Civil Engineer and long-time resident of Ventura County

**Sept. 15: 8:30 a.m. Sana Clara River Estuary/Surfers Knoll, Raeann Koerner 805-701-1919.** Hope to see a variety of shorebirds including Western Snowy Plovers, Ruddy and Black Turnstones

**Sept. 16: 8:30 a.m. Camino Real Park, David Torfeh 805-794-5334** Camino Real is a grassy park surrounded by pines and eucalyptus and is an excellent fall migrant hotspot.

**Sept. 22: 8 a.m. Ventura Settling Ponds, Frank DeMartino 856-906-8733.** This will be a joint field trip with Conejo Valley Audubon. The Settling Ponds at the Ventura Harbor is a reliable place to find ducks, summer gulls and terns, as well as songbirds and raptors.

**Sept. 23: 8:30 a.m. Arroyo Verde Park, Linda Easter 818-519-2833.** Enjoy birding the oak woodland, grassy areas, and chaparral in this long, broad canyon.

**Sept. 1: Free gardening class: "Renovating Your Landscape."** Learn how to make your yard more drought-tolerant, low-maintenance, cost-effective and beautiful while also increasing your property value. It's easier than you think! Refreshments, raffle and shopping discount day of. A Smart Garden Nursery located at 33 South Palm St. in Downtown Ventura. 10:30 - 12 p.m. RSVP: (805)667-8585

**Sept. 1: Camino Real Tennis Day! Free! The Ventura Tennis Club, in partnership with the Ventura Recreation and Community Services, is hosting a Ventura Tennis Day on Saturday, from 10 - 3 p.m. The event will be held at the Camino Real Tennis Park.** Events will include clinics for adults and kids from 10 - 11:30 a.m. with a tennis pro and other staff. After the clinics, there will be food and refreshments. The Ventura Tennis Club is a non-profit community-based club bringing tennis enthusiasts of all abilities together since 1981. Information: <http://www.venturatennisclub.com>

**Sept. 2: Old-Time Country Bluegrass Gospel Music Assoc. Meeting Sunday from 2:30-4:30 p.m. Knights of Columbus Hall, 36 Figueroa.** Free admission, music on stage and jamming. Free parking in the rear, open to public. For more information call, 805-517-1131 or visit Facebook: OTCBGMA

**Sept. 2: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1 to 4 p.m. accompanied by period music.** Admission is free. The museum is located at the corner of Loma Vista and Ashwood. For information (805) 642-3345 or visit at [www.dudleyhouse.org](http://www.dudleyhouse.org).

**Sept. 9, 10, 18, 19: High Holiday services for Rosh Hashanah and Yom Kippur will be held at Pierpont**

**Inn, 550 Sanjon Road.** Rabbi Yakov Latowicz, the spiritual leader of Chabad of Ventura, will lead services to usher in the Jewish New Year. Rosh Hashanah evening services will be held on both Sunday the 9th and Monday the 10th at 7 p.m., followed by an elegant community holiday dinner. Morning services will be held Monday the 10th and Tuesday the 11th at 9:30 a.m. For more information please call 805 658 7441.

**Sept. 11: Life source Women's Bible Study from 9-11:15 a.m. Community Presbyterian Church located at 1555 Poli St.** Every Tuesday morning following the school calendar. James by Beth Moore and Hosea by Jennifer Rothschild. Cost for two books and registration is \$45.00. Scholarships and childcare available with prior notice. 805-648-2737 for more information or [cpcventura.org](http://cpcventura.org)

**Sept. 11: Sierra Club Venture Out Speaker Series 5:30-7p.m. at the EP Foster Library Topping room.** Success story from Steve Evans, California Wilderness Coalition (CalWild), as 2018 marks the 50th anniversary of the National Wild & Scenic Rivers Act. Hear what you can do to be advocates of rivers in our area and how to secure protection for new rivers and streams. No fee. Open to members and supporters. Questions email [sierraclubventura@gmail.com](mailto:sierraclubventura@gmail.com)

**Sept. 12: The Ventura Parkinson's Disease Support Group is pleased to welcome Jennifer Parkinson, owner and Co-Founder of the non-profit organization, NeuroBoxing, from 1- 3 p.m. at the Lexington Assisted Living.** NeuroBoxing is dedicated to aiding Parkinson's patients and their families fight back against Parkinson's Disease. For all details see full article in the Ventura Breeze Senior Section or call Patty at 805-766-6070.

**Sept. 27: Silent Auction for the Ventura County Bird Club. 7:30 pm at the Ventura Moose Lodge.** We believe that it is our responsibility to help the efforts to help maintain and preserve the survival of the many endangered avian species including our local birds. Ventura Moose Lodge 10267 Telephone Rd. For further information call (805)488-6244 [venturacountybirdclub.org](http://venturacountybirdclub.org)

**Sept. 30: The Herb Walks with Lanny Kaufer program will visit Reyes Peak on the scenic Pine Mountain ridge on Sunday, for the annual Fall Equinox Nature Hike.** Attendees will experience some of the most spectacular scenery and natural habitat that Ventura County has to offer. At 9 a.m. with a carpool caravan of about 35 miles up Highway 33 from the Maricopa Plaza, (1201 Maricopa Highway, Ojai to the Reyes Peak trailhead. The group will hike into the Sespe Wilderness from the trailhead at 7000 feet elevation, stop for lunch (not provided) among the Jeffrey Pines, and return to the trailhead by 3:30 p.m., arriving back at the Maricopa Plaza by 4 p.m.

This intermediate level hike is suitable for moderately experienced hikers or physically fit beginners. The total hiking distance will be about 3 miles. \$25 for adults or \$20 for seniors 62-up and students 13-18 years of age. Kids 5-12 can go free, one per adult, by prior arrangement. Participants under the age of 18 must be accompanied by a parent or guardian. No dogs or smoking, please. To register [HerbWalks.com](http://HerbWalks.com) or call 805-646-6281.

## Ojai news and events

**Man of La Mancha opens September 7 and runs for five weekends Friday and Saturday at 7:30 pm and Sunday matinee at 2 pm Ojai Art Center Theater 113 S. Montgomery Street.**

Tickets are \$30 for general admission, \$25 for seniors, and people 25 and under at \$15.

Tickets are available online at [www.OjaiACT.org](http://www.OjaiACT.org) or call to reserve at 805-640-8797.

Weekend passes for individuals are the most economical way to enjoy Ojai Storytelling Festival, Oct. 25-28 in downtown Ojai and are now on sale online at [www.ojaistoryfest.org](http://www.ojaistoryfest.org). The Ojai Storytelling Festival has become one of Ojai's most popular and entertaining festivals. An adult pass is \$125 until Aug. 31st, \$140 there after, Senior passes (age 60+) are \$115 until Aug. 31 and then \$130 there after. Tickets for individual performances are also available for purchase. Passes offer festival goers admission to all events except the workshops, and the Naughty Tales event. Over 17 events are included in the weekend package. Weekend passes are available online at [www.ojaistoryfest.org](http://www.ojaistoryfest.org).

**Join Ojai native plant guide Lanny Kaufer and special guests James Adams, PhD, of USC School of Pharmacy and plant educator Enrique Villaseñor for a Fall Medicinal Plant Workshop on Saturday, October 6, from 9 a.m. to 3 p.m.** The workshop will be based on Dr. Adams' ground-breaking pharmacological studies on local native plants as described in his book *Healing with Medicinal Plants of the West*, co-authored with the late Chumash healer Cecilia Garcia. For information and registration, visit [HerbWalks.com](http://HerbWalks.com) or call 805-646-6281.

Session will take place on the pathways of the Ojai Valley Land Conservancy's Cluff Vista Park and the Ojai Valley Museum's Chumash Garden,

The afternoon hands-on preparation session will be held at a community kitchen nearby. Dr. Adams, Kaufer, and Villaseñor will demonstrate how to prepare edible and medicinal products from seasonal native plant material.

The cost of the workshop is \$75 including all materials. Registrants will receive an email during the week prior with all necessary information including directions, what to bring, etc. After the workshop, participants will receive a complete list of all plants that are identified and utilized as well as recipes and other information.

Running parallel with his academic career, Dr. Adams has worked with the Chumash people since 1998 and studied Chumash healing with Cecilia Garcia for almost 15 years.

**Join Rev. Karen S. Wylie on Sunday, September 9, 11:00 a.m. – 2:00 p.m. at The Ojai Retreat, to "Tap into the eternal you." The gathering will be devoted to contemplation, inner reflection, quiet walks, wisdom talks, sacred songs, and sharing a vision for peace and love on the planet.** The Ojai Retreat is at 160 Besant Road. People of all faiths and traditions, or no tradition, are welcome to attend. Randee Vasilakos, RScP, will assist and anchor the morning in a consciousness of prayer and healing.

The retreat is by donation; \$20 is suggested. For more information, contact Rev. Karen at 310-968-8928, or register online at [www.karensywylie.com](http://www.karensywylie.com). Rev. Karen is the author of *Into Me See: A Book for Daily Inspiration*, available on Amazon and her website.





# This 'n' That

## What homeowners should know about air conditioning

As this summer's record-breaking heat wave sent many residents reaching for their thermostats, a new air conditioning unit may have felt like a smart buy. But before homeowners take the plunge, there are a number of items to consider that will help an A/C unit work even better, save energy and make their living spaces more comfortable year-round.

Operated by the County, emPower Ventura County has been working with homeowners to address common home energy efficiency troubles, such as wasteful air conditioners. Available for free home consultations, emPower Energy Coaches help identify these troubles, find solutions and connect homeowners with the right resources, such as qualified local contractors. Here are five items to discuss with an Energy Coach before pursuing an A/C upgrade.

For our climate, make sure the attic or crawlspace are properly air sealed and insulated to at least R44 levels or R19 for a crawlspace (the energy coach can help you understand the R-value and what insulation materials to consider). This will help ensure your treated air – heated and cooled -- stays where you want it.

A/C contractors should design

and size HVAC Systems according to Manual J, D, S standards. These high standards ensure that the System will perform according to the required cooling and heating load of the home, keeping you comfortable all year.

Investigate whether an already installed furnace can accommodate a cooling add-on. Dual systems provide the best efficiency.

Contractors should calculate the proper A/C unit size for a home. Otherwise, homeowners are stuck paying for larger systems than they need.

For more information, to schedule a free Energy Coach visit or to access a list of qualified contractors, call emPower at (805) 654-3834 or visit [www.empowersbc.org](http://www.empowersbc.org).

The emPower program offers voluntary incentives, financing and other services to help single-family homeowners in Santa Barbara, Ventura and San Luis Obispo Counties make home energy upgrades easier and more affordable. emPower was established by the County of Santa Barbara to help the community preserve the environment by helping to lower energy consumption and stimulate the economy by creating jobs through innovative, voluntary solutions to support a sustainable building performance market.

## Time to get your library card

September is Library Card Sign-up Month – and Ventura County Library is participating in this, the 30th anniversary of Library Card Sign-up Month.

In September, the Incredibles join libraries nationwide as Honorary Chairs to encourage the public to obtain a free library card for Library Card Sign-up Month. The Incredibles will use their superpowers to remind families, students, and people of all ages that signing up for a library card is a great step toward a truly super lifestyle.

Throughout the school year, Ventura County Librarians and staff assist parents and caregivers, saving hundreds of dollars on educational resources and services for students. From free access to STEAM events, homework help, and technology workshops, to the expertise of librarians, a library card is one of the most cost effective back to school supplies available.

Ventura County Library offers a variety of events to stimulate an interest in reading and learning. Early Literacy Classes expose young children to the joy of reading, while homework centers provide computers and assistance to older children after school.

Summer Reading keeps children reading during school vacation and have been shown to be the most important factor in avoiding the decrease in reading skills educators refer to as “summer learning loss.”

Today's public libraries are thriving technology hubs that millions rely on as their first or only choice for Internet access and digital content. Ventura County Library provides a diverse set of services: in addition to books, magazines, DVDs, computers, games, software, and other multimedia materials, the library

provides access to downloadable ebooks and eaudiobooks through their eLibrary and CloudLibrary.

Libraries are America's great information equalizers – the only place people of all ages and backgrounds can find and freely use such a diversity of resources, along with the expert guidance of librarians.

## This Labor Day, and Every Day: Drive Sober or Get Pulled Over

As we enter the final stretch of summer spending time with friends and family, the Ventura Police Department is driving home the importance of celebrating responsibly by not driving, or riding a motorcycle, impaired.

From now until September 3, The Ventura Police Department is participating in a high-visibility national enforcement campaign, Drive Sober or Get Pulled Over. During this period, Police and Sheriff's Departments statewide, along with the California Highway Patrol, will increase the number of officers on the road to stop suspected drunk or drug impaired drivers and motorcyclists. If you are caught driving or riding impaired, you will be pulled over and arrested.

The Ventura Police Department will have a special emphasis during this mobilization to enforce all traffic violations.

The deterrent effect of high visibility enforcement using both DUI checkpoints and DUI Saturation Patrols has proven to lower

the number of persons killed and injured in alcohol or drug impaired crashes. Research shows that crashes involving an impaired driver can be reduced by up to 20 percent when well-publicized proactive DUI operations are conducted routinely.

DUI Checkpoints are placed in locations based on collision statistics and frequency of DUI arrests, affording the greatest opportunity for achieving drunk and drugged driving deterrence. Locations are chosen with safety considerations for the officers and the public.

Officers will be looking for signs of alcohol and/or drug impairment, with officers checking drivers for proper licensing, delaying motorists only momentarily. When possible, specially trained officers will be available to evaluate those suspected of drug-impaired driving, which now accounts for a growing number of impaired driving crashes.

This enforcement campaign runs through the Labor Day holiday weekend, which is one of the deadliest times of year in terms of alcohol-involved traffic deaths. Sadly, one-third of all traffic deaths involve drunk drivers. According to the National Highway Traffic Safety Administration (NHTSA), 10,497 people were killed in alcohol-involved crashes or one person every 50 minutes.

“It's up to drivers to make the smart decision and drive sober not just for this enforcement period, but every day”, said Traffic Unit Sergeant Michael Brown. “This isn't about ticketing. This is a campaign to get the message out that driving impaired is illegal and takes lives.”

The Ventura Police Department will show zero tolerance for impaired driving or riding and joins efforts by the California Office of Traffic Safety (OTS) to educate drivers that “DUI Doesn't Just Mean Booze.” If you take prescription drugs, particularly those with a driving or operating machinery warning label, you may be impaired enough to get a DUI. Marijuana can also be impairing and result in a DUI, especially in combination with alcohol or other drugs.

In the ten years from 2005-2015, the percentage of drivers in fatal crashes with an impairing drug other than alcohol in their system has risen from 26.2 percent to 42.6 percent. As far back as 2012, a roadside survey in California showed more drivers tested positive for drugs that may impair driving (14 percent) than did for alcohol (7.3 percent).

During this national enforcement campaign, there will also be increased state and national messages about the dangers of riding impaired, which combined with enforcement, aims to drastically reduce drunk or drug impaired riding on our nation's roadways.

Motorcycles require specific training and skill. When a rider adds alcohol, marijuana or impairing prescription medication to the mix, it is not only illegal, but increases the risky nature of riding a motorcycle.

There are so many options out there to get home safely. There is no excuse for getting behind the wheel when you are impaired.

To avoid a DUI and putting others, and yourself, at risk, the Ventura Police Department has a few

tips to stay safe on the roads:

- Always designate a sober driver.
- Use public transportation or a ride sharing service to get home.
- Have a friend or family member who is about to drive buzzed or impaired? Take the keys away and make arrangements to get them home safely.
- Report drunk drivers - call 911.

Funding for this DUI operation is provided to the Ventura Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

## National Park Service releases final plans for pier replacement on Santa Cruz Island

The National Park Service (NPS) announces the signing of the Record of Decision for the Final Environmental Impact Statement (EIS) for the replacement of the pier at Scorpion Anchorage on East Santa Cruz Island.

The park plans to replace the existing pier in order to provide safe, accessible, efficient, and sustainable access for visitors at Scorpion Anchorage. The new pier will provide more reliable access during low tide conditions for concessionaire and NPS vessels.

The alternatives considered included taking no action, replacing the pier in its existing location, and replacing the pier at a location approximately 300 feet to the south of the existing location.

The selected alternative is to construct a longer, wider pier to the south of the existing pier that will include a gangway for improved and safer visitor access. Construction is expected to begin in late 2019.

“This is a great day for visitors to Channel Islands National Park, as this significant step in the planning process makes way for a major improvement to critical park infrastructure,” said Channel Islands National Park Acting Superintendent Ethan McKinley. “The new pier at Scorpion Anchorage will be the access point for most visitors to the park for years to come.”

Scorpion Anchorage is the most visited destination in the park, with about 65,000 people coming ashore each year to enjoy recreational activities such as hiking, picnicking, camping, kayaking, and swimming.

### Mail Box

*Continued from page 4*

dates.. I plan to attend everyone of them and let my voice be heard... thanks.. Chris.. Chris R. Dryden

*Chris:*

*Not sure if I agree with all that you said but all opinions are important (except “fake news” of course).*

*Sheldon*





## Primary care now in Ventura

The health care services of UCLA Health are expanding — with primary care now in Ventura. Experience UCLA’s renowned primary and specialty care, located conveniently nearby. We offer a variety of specialties, all with one focus — U.

6633 Telephone Road, Ventura, CA 93003

Suite 200

- Hematology/Oncology

Suite 212

- |                           |                   |                                      |
|---------------------------|-------------------|--------------------------------------|
| • Internal Medicine (New) | • Cardio-Oncology | • Gender Health                      |
| • Cardiology              | • Endocrinology   | • Pulmonary & Critical Care Medicine |
|                           |                   | • And more                           |



it begins with U

1-800-UCLA-MD1 (1-800-825-2631)  
uclahealth.org/ventura



uclahealth.org/getsocial

CV/VB



**PSYCHIC CONSULTANTS**

**Spiritual Readings**  
By Polla

**\$20**

**Palm Readings**  
Available for events

**(805) 628-3333**

**Specializes in all areas of life!**

psychicconsultants.net  
107 Figueroa St., Downtown Ventura

## Fundsraisedwill enable TBCF to serve all eligible families

Teddy Bear Cancer Foundation (TBCF) held its sixth annual Gold Ribbon Campaign in recognition of National Childhood Cancer Awareness Month in September with a private event for its Tri-County recipients, volunteers, sponsors and siblings on Aug. 21 at the Gordic Grove in Elings Park in Santa Barbara.

This uplifting event treated guests to a picnic dinner in an outdoor setting and featured a brief program honoring TBCF volunteers, highlighting the campaign

## Community Events

and introducing a family who has received support from TBCF. Throughout the month of September, the Gold Ribbon Campaign will promote ways to spread awareness and raise funds for the cause. The Campaign will culminate in a fundraiser luncheon on Oct. 4 at The Four Seasons Biltmore in Santa Barbara featuring silent and live auctions, an elegant lunch, live entertainment and



TBCF provided financial and emotional support to Mary and her family.

an inspirational program.

The Gold Ribbon Campaign is TBCF's flagship awareness and fundraising endeavor; funds raised from this Campaign will enable TBCF to serve all eligible families requesting assistance without turning anyone away. Last year, TBCF experienced a 34% increase in the number of families needing financial assistance. In response to this growing need, TBCF set this year's Gold Ribbon Campaign goal at \$370,000, its highest to date.

TBCF offers a wide range of programs to lessen the immediate financial,

emotional and educational challenges that arise when a child is diagnosed with cancer while providing ongoing opportunities for families to connect with each other in a safe space. TBCF's three core programs address the needs of the entire family, alleviating financial and emotional challenges so family members can be there for what's most important – their child's well-being during one of the most difficult times of his or her young life.

"Gold was selected for the color of the awareness ribbon because it represents a precious metal, and our children are precious," TBCF Executive Director Lindsey Leonard explains. "Please Go Gold in September and join us in supporting local families by increasing awareness for this cause and raising critical funds for our programs."

**Ways to Go Gold:**

Sponsorship: Gold Ribbon Campaign & Gold Ribbon Luncheon sponsorship opportunities range from \$1,000-\$50,000

Donate: Make a gift in support of a loved one, participate in the employee corporate giving program, arrange for planned giving, donate gifts of securities, host a benefit, donate a car or text "Teddy" to 91999.

Encouraging Youth Philanthropy Program: TBCF will mentor kids from elementary school to college aged and help them raise funds with goals starting at \$500:

- Volunteer
- Create Your Own Fundraiser
- Set up a fundraiser on Facebook
- Donate on Facebook

About Teddy Bear Cancer Foundation

Teddy Bear Cancer Foundation is a non-profit organization with a mission to empower families living in Santa Barbara, Ventura and San Luis Obispo counties who have a child with cancer by providing financial, educational and emotional support. Services are provided to families of children with cancer up to age 18 and continuing until the patient reaches 21 years of age. In 2017, Teddy Bear Cancer Foundation provided services to 839 individuals. In 2017, the Gold Ribbon Campaign raised \$515,644. Since its founding in 2002, TBCF has awarded \$1.85 million in financial assistance to 1,928 individuals. For more information, or to make a donation, visit [www.teddy-bearcancerfoundation.org](http://www.teddy-bearcancerfoundation.org).

she saw that she dedicated her life to setting up a nonprofit to help. School on Wheels has been providing one-on-one stable tutoring relationships ever since.

August marks the 25th anniversary of local nonprofit School on Wheels. School on Wheels began in Santa Monica with one tutor and now operates in six counties throughout Southern California. In 2010, it opened its flagship Skid Row Learning Center and since then has opened five Digital Learning Centers a in Compton, San Fernando Valley, Boyle Heights, Venice and Chino Hills. In 2017, 2,029 volunteers spent more than 100,000 hours tutoring 3,370 homeless kids. More than 5,000 backpacks, school supplies, uniforms and bus tokens have been distributed to children in need in the past year. Their Resource Center is located in Ventura.

"When I was 16 we were homeless in Los Angeles and we spent nights sleeping on buses and trains and finally moved into a shelter in Skid Row," said Josephine Bailey McLein. "That's when I found School on Wheels. Their center had internet and I could do my homework somewhere I felt safe. I worked hard to get all the requirements for college, but I never told anyone at my high school I was homeless. I am now a junior at USC majoring in human biology and my mom and sister finally have an apartment. School on Wheels encouraged me to keep up with my school work and to follow my dream of going to college."

As California's housing shortage intensifies, the number of homeless children continues to climb. Since 2014, the number of homeless youth in California has jumped 20 percent, to more than 202,329, and accounts for nearly four percent of the overall public school population, according to the California Homeless Youth Project.

"While childhood homelessness and poverty are daunting, I truly believe that when people come together around a shared belief, change is possible," says Catherine Meek, executive director of School on Wheels.

Today, hundreds of volunteers work one-on-one with children whose homelessness prevents them from receiving the academic stability and help they desperately need. The heart of the School on Wheels' program is the volunteer tutors who come from all backgrounds and professions, with a shared goal - to reach out to a child, to teach, to mentor and assist in his or her educational life. The mission of School on Wheels is to enhance educational opportunities for homeless children from kindergarten through twelfth grade. Tutoring in six counties in Southern California, including Los Angeles, Orange, Riverside, San Bernardino, Santa Barbara and Ventura counties.

Sinead Chilton, Director, Development & Marketing School on Wheels, Inc. told the Breeze. "I met Agnes Stevens, the founder of School on Wheels at a volunteer training in Ventura in 2003. I knew straight away that I would know her for a long time and that her mission was an important one. Up until then, I didn't realize that children were homeless in Ventura never mind the rest of America. School on Wheels has always had a presence in Ventura County and over the years has helped thousands of children in the county with backpacks, school supplies, one-on-one tutoring and mentoring. I still volunteer today and I think the mission is as important as ever."

To learn more about School on Wheels, visit [www.SchoolonWheels.org](http://www.SchoolonWheels.org).



Sinead Chilton with her proud student Victoria who graduated high school this June.

## 25 years of shrinking educational gaps

In 1993 a retired school teacher, Agnes Stevens, was so deeply moved by the number and plight of homeless students

**TASTE**

**Thursday, August 30, 2018**

**5:30 - 8pm Museum of Ventura County**

General Admission \$60  
Chamber Members \$40  
\$5 more at the door

**Food, drinks, live music by Sgt. Pepper and more!**

**Purchase tickets at [venturachamber.com/taste2018](http://venturachamber.com/taste2018)**

**VENTURA CHAMBER of COMMERCE**

FOUR POINTS BY SHERATON, VENTURA HARBOR patagonia BANK OF THE SIERRA. Ventura Rental PARTY & EVENTS WSPA Western States Petroleum Association

Ventura Auto Center MC MortgageCouch VENTURA RENTAL PARTY & EVENTS MUSEUM of VENTURA COUNTY WSPA

CAPS MEDIA GOLD COAST BROADCASTING Luners PACIFIC COAST BUSINESS TALK VCReporter VACE

[www.venturachamber.com](http://www.venturachamber.com) 805-643-7222 [events@ventura-chamber.org](mailto:events@ventura-chamber.org)





## News & Notes



Councilmember Christy Weir enjoying the CAPS and Ventura Breeze tiles on Michael O'Kelly's mural.

## Elections, Education and Art

by Elizabeth Rodeno

Over the next few weeks CAPS Media will work with city officials and election organizations throughout the community to encourage voter participation, provide voter information on ballot initiatives and help explain the district election process for electing City Council members and Ventura Unified School board members.

CAPS will offer candidates the chance to share their campaign platforms with the community via our Video Voter program. CAPS has been producing Video Voter for over 10 years and we continue to fulfill for mission to create an informed and educated community through electronic media.

The candidate statements for Ventura City Council and VUSD board will be recorded and broadcast on CAPS Channel 6 and streaming online at capsmedia.org. CAPS Media continues its coverage of various candidate forums held by the League of Women throughout the city. CAPS Media is also producing informative videos for the County of Ventura on election related issues. Look for us out in the community in our big white truck with CAPS Media on the side and our enthusiastic volunteers and students bringing all of this to the community. The programs will be found on Channel 6 in the City of Ventura and online at capsmedia.org.

For details on the City district elections go to the City of Ventura website for comprehensive information at cityofventura.gov. For information on the new school district areas go to VenturaUSD.org. Log in to the County of Ventura's website and go to the County Clerk's webpage for all the information on how the election process works and to register to vote.

The award winning ECTV program, the collaboration between CAPS Media and El Camino High School, returns for its 3rd year.

Former students have honed their skills with many off to college, pursuing their dreams. Returning and new students are looking forward to exploring new issues, meeting interesting people and using their skills to create thoughtful and engaging video journalism. Last year ECTV featured stories about The Thomas Fires, the Peace Corp, Chicano music, filmmakers and women's rights to name a few. We can't wait to see what topics they discuss this year.

CAPS is proud to be part of Michael O'Kelly's mural beautifully crafted with glazed tile. It's great to see all the folks, locations, businesses and organizations included in this work of love to the community of Ventura. Planning began

in 2015 and it was unveiled earlier this year. If you haven't seen it, it's worth a visit. It's just outside the mission on Main Street. What a great addition to city of Ventura and big thanks to the city and community members who made it happen.

View our ongoing series Thomas Fire Story projects every Friday at 6pm, get your election information on Channel 6 and get orientation and training class information on CAPSMedia.org. Get engaged, share your story on TV or Radio and become a member of CAPS Media Center.

## Aloha Beach Festival to benefit the Thomas Fire Families and the Surf Rider Foundation

The return of the Aloha Beach Festival is on Sept 1st and 2nd at Surfer's Point/Promenade Park. This year's benefit will be for the Thomas Fire Families and the Surf Rider Foundation. Title sponsor this year is Trade Desk and Patagonia Provisions.

"The purpose of the Aloha Beach festival is to support our local social and environmental nonprofits" say's "Chipper Bro" Bell founder of the festival. "Over the past 13 years the Aloha Beach Festival has supported many differ nonprofits here in Ventura."

The Festival will include Arts and Crafts vendors and much food.

The entertainment will include the Ka Hale Hula O Pili alohaalani o Hilo (Kumu Hula Pili aloha -Camarillo), Ka Mele Wai O Ke Anuenue (Kumu Hula June Rust - Newbury Park), Tina's Ports of Paradise of Ventura. Always a highlight of the festival is the Pro Frisbee K9 Dogs presented by Jaeleen Satleer and the world class K9's. The Aloha Stage will feature music and entertainment by After The Smoke, Rising Sun, The Question and Kyle Smith all presented by Lion City Management and Sundog Productions.

The Festival is free admission.

**Moving In?  
Moving Out?  
Moving Up?**

**I can help you with that.**

CalDRE 01985025



ADELA TRAINOR  
YOUR REALTOR

805.701.7694

TeamTrainor12@gmail.com

@TeamTrainor12



Ventura Land Trust's popular SYRCL Wild & Scenic® Film Festival had a new home this year at the Ventura County Credit Union. An evening of music, food and great movies. **See page 22 for the full story.**



**VENTURA**

Ventura Pier

Ventura Marriott,

Crowne Plaza

Four Points by Sheraton

**OXNARD**

Embassy Suites

Mandalay Beach Resort

Residence Inn

Oxnard River Ridge

**PORT HUENEME**

Holiday Inn Express

Products & hours vary by location.

**RENT SOME FUN!**

SURREYS, CRUISERS, TANDEM, KIDS BIKES & MORE.



**OPEN  
LABOR DAY  
WEEKEND!**

(805) 650-7770 • [wheelfunrentals.com](http://wheelfunrentals.com)





# Vagabond

COFFEE SHOP and RESTAURANT



## JOIN US LABOR DAY WEEKEND!


**DELICIOUS AND AFFORDABLE LUNCHES AND DINNERS! WE HAVE DAILY SPECIALS TOO!!**

One of Ventura County's most long-lasting privately owned restaurants!

**Established 1966!**

**760 E. Thompson Boulevard, Ventura, California**  
**(805) 643-1390**

**Open Daily 6am to 9pm    Breakfast Lunch Dinner**



Sponsor a meaningful and lasting gift at the Ventura Botanical Gardens. A Foot by Foot sponsorship is the perfect gift to celebrate the Gardens. Each Foot is \$50. They can be purchased as birthday, wedding and holiday gifts, in honor of friends and family, and in memory of loved ones. Make your donation today at [VenturaBotanicalGardens.com](http://VenturaBotanicalGardens.com).

## News & Notes



CLU students at a previous "You Got Served."

### New Cal Lutheran students will aid fire recovery in Grant Park

On Tuesday, August 28, approximately 650 incoming California Lutheran University students worked to help the hills above Ventura recover from the Thomas Fire as part of a partnership with the City of Ventura that began over 10 years ago. The incoming freshmen class will remove bottles and other trash exposed by the fire and spread mulch around surviving plants in the Ventura Botanical Gardens, Serra Cross Park and other areas of Grant Park. The benefits of mulching include reducing surface erosion, absorbing rainfall, reducing downstream runoff, protecting seed banks, providing favorable moisture and temperature for seed germination and suppression of non-native weeds.

The students are participating in "You Got Served" during New Student Orientation. It is the university's largest service-learning project in terms of student participants. Cal Lutheran's Community Service Center has worked with the City Volunteer Ventura office on the annual program since 2008. The partnership allows all the incoming students to work together on a single project that introduces them to Cal Lutheran's commitment to service and justice and connects them with the local community in a meaningful way. Cal Lutheran President Chris Kimball and other faculty and staff members worked alongside the students.

During the last nine years of the program, Cal Lutheran's students and city staff have assisted with the restoration efforts in the Ventura and Santa Clara Riverbeds, removing arundo and more than 64 cumulative tons of trash and debris and carefully removed invasive ice plant in the

Ventura Harbor Wetlands Ecological Reserve.

Grant Park is currently closed to the public to ensure safe conditions for park users and repair damage due to the Thomas Fire



Paul Hardy, Josh Damigo, and Dr. Ron Atanay attended the kickoff event and will be at the walk at Harbor Cove Beach.

### Making Strides Against Breast Cancer Of Ventura kicks off 2018 Campaign

An open house reception was held at the Four Points Sheraton Ventura on Thursday, August 9th for this year's Kickoff Celebration "Younited For a Cure". The evening's festivities included pink themed appetizers, raffle prizes, socializing, and informational speakers. Event Chair Brenda Dearborn opened with the event overview, followed by Kickoff Chair Kerri Berntsen with sponsor thank yous going out to the National Presenting Sponsor, Avon, 2018 Presenting Sponsor UCLA Health, the National Survivor Ambassador Zeta Tau Alpha, as well as to our Platinum Sponsors, \$2,500 Sponsors, and Media Sponsors. A very special thanks, along with an award of appreciation, was given to Tim and Kathy Mayeda with the U.S. Bowling Congress for 10 years of support in the fight against breast cancer.

Guest speakers included Camilla Conaway with Avon; Becky Fielder, Making Strides Survivor Tent Chair and 5 year Breast Cancer Survivor; and Bill Harris of Thousand Oaks, who spoke of his own battle with breast cancer and breast cancer survivorship.

Matthew Shrope spoke about where the money raised by Making Strides is used within Ventura County. He then introduced one of the highlights of the

*Continued on page 17*



805.667.8585



Fall is the BEST time to

## Renovate Your Landscape

make your yard more:

- Drought-Tolerant
- Low-Maintenance
- Cost-Effective

Attractive to Butterflies, Bees & Hummingbirds while increasing your Property Value!

**It's easier than you think!**

Call to Schedule your Consultation

- 25+ Yrs. Experience
- Competitive Pricing
- Thomas Discount
- Great References
  - "I am beyond happy! Love it!!!"
  - "I love my new yard. You listened to everything that I said to design my yard with plants that I like in a great design. Thanks!"
  - "We are very pleased with the whole process, beginning with the initial consultation. I loved sitting back and having you and your crew do such a professional job so quickly and completely. We are very happy with our new garden!"



Visit A Smart Garden      33 S. Palm St., Downtown Ventura      [www.aSmartGarden.com](http://www.aSmartGarden.com)





# Senior Living

*Pull Out Section*



The entry to the Eunice Stick Gathering Place.

## Building a place of gathering and connection

by Shannon Holsey

Within the Native American community there is an abiding tradition of respect for the importance of family and the honoring of elders. The Stockbridge-Munsee Band of Mohican Indians recently opened its new 7,200-square-foot, \$1.7 million Elder Center and dedicated it as the “Eunice Stick Gathering Place.”

Eunice, an enrolled tribal member, was born August 31, 1919 and passed away in July 2016 at the age of 96, just short of her 97th birthday. Community, education, and cooking were her passion. She completed her Associates Degree in Liberal Arts from the University of Wisconsin-Stevens Point in 1989 at the age of 70.

The new center offers more than 300 tribal and community elders and with vital services, including home-delivered meals, transporta-

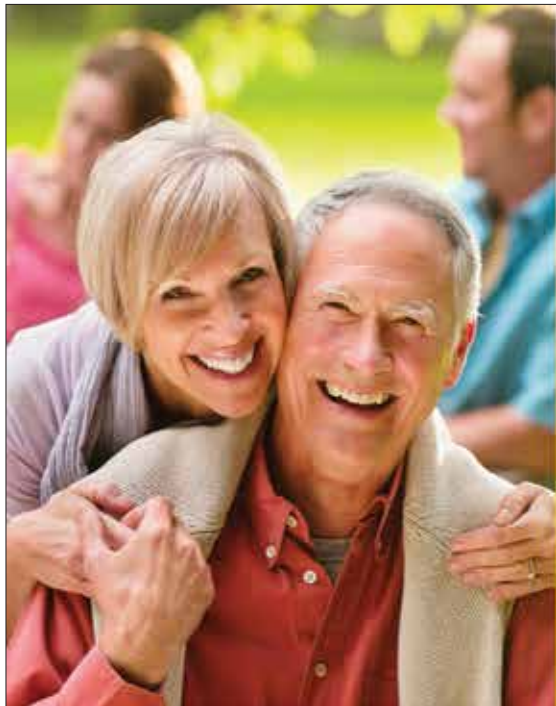
tion and recreational activities, chore assistance, and most importantly a place to gather and socially connect, which will only be enhanced more through this new facility that serves as an asset to the whole community.

The Stockbridge-Munsee Band of Mohican Indians are a federally recognized Native American tribe located in Bowler, Wisconsin and is the largest employer in Shawano County, with just under 1,500 tribal members, a third of the tribal members being 55 and older. The tribe’s goal is to continue to grow the elderly programs and services, expand the outreach, and participate in community development activities that are mindful of key intentions that:

- Promote wellness in the community
- Embrace an inclusive environment for all
- Foster and continue to build upon the Native American culture and traditions
- Tell and preserve our citizens and past ancestral stories

We have lived upon this land from days beyond history’s records, far past any living memory, deep into the time of legend. The story of my people and the story of this place is one single story. We are always joined together. —Pueblo elder

Building a new home for the elderly center has been a goal of our tribal community for many years. Our nation will succeed or fail to the degree that all our citizens and business alike are active participants in building strong, sustainable and enriching communities. Our Eunice Stick Gathering Place is a testament to that commitment. It came with much planning, saving, vision, and patience



### Livingston Memorial

Visiting Nurse Association & Hospice

est. 1947

Livingston Memorial Visiting Nurse Association & Hospice is the oldest and only non-profit home health and hospice care agency in Ventura County. We have been making house calls and serving residents of all ages since 1947, regardless of their ability to pay.

#### Free Community Education & Support Services

- Bereavement Support Classes
- Diabetes Education Classes
- Joint Replacement Classes
- Speakers Bureau
- Advanced Directives and POLST Education

- Skilled Nursing Care
- Rehabilitative Care
- Palliative Care
- Hospice Care
- Personal Care

Accredited by The Joint Commission

*Home is where the Heart is*

*When you need help at home, one call is all it takes.*

**(805) 642-0239**

## The qualities that make us different are the qualities that make us special

by Patty Jenkins

Those with Parkinson’s Disease and those who live with someone who has Parkinson’s Disease know that it is not “one size fits all”. The medication that works for Allen may not work the same for Robert or Rudy. Allen might have a regular exercise routine that works well for him but it may not work for Bonnie or Bill. The good news is that our Movement Disorder Specialists can

help determine what medications work best for us as we travel this road of ever changing symptoms of Parkinson’s. And just as important as medications, research has proven that exercise can increase the benefits of medications AND slow the progression of this disease. So finding the best exercise routine for us is equally important as finding the right medications! Now more than ever before we are seeing Parkinson’s Disease focused physical exercise programs that give us lots of choices. Non-contact boxing is one of the cutting edge exercise programs that is proving to be one of the most effective programs for slowing PD progression and actually improving motor and other neurological symptoms.

The Ventura Parkinson’s Disease Support Group is pleased to

*Continued on page 16*

### VICTORIA CARE

Blending time-honored therapies and innovative programs with an obsessive focus on excellent customer service and clinical outcomes

Thank you Ventura County for selecting Victoria Care Center as a FAVORITE in the recent Readers Choice survey.

When you need great physical, occupational and/or speech therapy following an illness, stroke or surgery, pick the PARC at Victoria

Skilled Nursing – Post Acute Rehab

[www.VictoriaCareCenter.com](http://www.VictoriaCareCenter.com)

[www.ThePARCatVictoria.com](http://www.ThePARCatVictoria.com)

[www.FriendsOfVictoria.org](http://www.FriendsOfVictoria.org)

805-642-1736

5445 Everglades Street • Ventura, CA 93003





Mom introduced you to a world of family, friendship, and home.



Now you can introduce her to the same ...

She took care of you when you were growing up, making sure all of your needs were met in a loving and caring way. So it's hard when you realize that she's not as young as she used to be. Now you may be wondering if she's eating right, getting around town okay, and having the social interaction we all need. **We understand.**

Call us today to arrange your complimentary chef-prepared meal and personal tour!

**805-647-0616**

**The Palms At Bonaventure**  
Assisted Living & Memory Care  
111 North Wells Road, Ventura, CA 93004  
RCFE#565801319



Ventura seniors, and senior living facilities were well represented in the arts at this year's Ventura County Fair garnering many awards.

## Senior Living



"Grandma I know you are saving money not having a car but do you need to bring the horse in the house?"

### Top 5 things you could spend less on in retirement

by Jayson Cohen  
American Legacy Solutions

In retirement it's not always about the money you have, it's about how much you are spending. As you prepare or revise your retirement plan, one of the most important steps that you can take is to ensure that your projected future budget is accurate. Any oversights or poor estimations can unfortunately lead to financial shortage in retirement. However, the flip side of this is that overestimating expenses may lead to unnecessary financial anxiety. It could cause you to scale back your lifestyle so dramatically now that you cannot maintain a comfortable lifestyle. In some cases, it could cause you to work for several additional years than you actually need to.

When you read retirement planning books and articles, you will commonly see advice that tells you estimate future financial needs at 80 percent of your current monthly expenses. However, the Bureau of Labor Statistics indicates that actual retirees spend approximately 25 percent less than they did in their working years. This five percent difference may not sound like much, but it can result in a significant reduction in the amount of money that you need to save for retirement. These are some of the major expenses that may decrease after you retire.

#### Transportation Expense

Your current transportation expense may include two car loan payments, auto insurance on two vehicles and gas. The Bureau of Labor Statistics indicates that fuel expense may decrease by more than 30 percent annually after you retire. In addition, many married couples are able to downsize from a two-car household to a one-car household. This eliminates a substantial amount of money on car loan payments and auto insurance premiums.

#### Food

Working adults may go out to eat more frequently than retired adults. For example, it may be convenient to drop by a fast food restaurant on your lunch break at work or to pick up a pre-made meal on your way home in the evening. When you are retired, you may have more time to make thoughtful grocery store purchases and to prepare affordable meals at home. In fact, you may expect to spend up to 25 percent less on food after you retire.

#### Housing

The primary housing expenses for older adults are a mortgage payment, property taxes and home insurance. The Bureau of Labor Statistics states that almost 62 percent of retirees have paid off their mortgage, and this number increases as seniors continue to get older. While property taxes and home insurance premiums remain, the elimi-

nation of a mortgage payment can result in significant savings in your budget.

#### Insurance

Insurance costs fluctuate in retirement. After all, as you get older, you may pay more on medications and related expenses regardless of the insurance plan that you have. However, you may qualify for auto and home insurance discounts. You also may no longer have the financial need to maintain life insurance, and you may be able to eliminate this premium from your budget.

#### Entertainment

As you prepare for retirement, you may believe that your entertainment expense would increase dramatically because you seemingly will have more time to spend golfing or watching movies at the theater. However, as you get older, your energy level for participating in these types of activities can decline, and you may feel more content to simply spend time at home or in the company of family and good friends. You may expect to spend a decreasing amount of money on entertainment as you continue to advance in age.

As you can see, you could actually spend considerably less in retirement in many areas than you currently do. This information can help you to create a more realistic budget based on your projected lifestyle. Remember to review your retirement budget periodically going forward so that it remains as realistic as possible. Yes, we are here to help create your budget and plan with you.

## The value of prescription drug benefits for Medicare enrollees

by Rick Beavin  
California Market President Humana

If you currently have Medicare, or if you will soon become eligible for Medicare, prescription drug benefits should be an important part of your decision-making when it comes to choosing among various Medicare coverage options.

It's important to know that Original Medicare provides very little prescription drug coverage. Therefore, if you are eligible for Medicare and want drug coverage, you will need to purchase it from a private insurer. You can either buy a stand-alone prescription drug plan—commonly referred to as a PDP—or obtain Part D prescription coverage through a Medicare Advantage plan that includes drug coverage.

Even if you're not currently taking prescription medications, it is still a good idea to look into getting prescription drug coverage as soon as possible. One reason is that you may need to start taking a prescription medication sooner than you expect, but you can't just sign up for coverage at any time. You can sign up for coverage only when you first become Medicare-eligible (typically at age 65) or during the Medicare Advantage and Prescription Drug Plan Annual Enrollment, which runs each year from Oct. 15 through Dec. 7, for coverage that starts on Jan. 1 of the



# Senior Living

following year. For example, if you are prescribed medication in July and don't have drug coverage, you could have six months of paying for that new prescription out of your own pocket before your coverage kicks in on Jan. 1.

A second reason to enroll in Part D coverage as soon as you are eligible is to avoid an enrollment penalty. If you wait to sign up, the Centers for Medicare & Medicaid Services (CMS) can charge you a penalty every month, in addition to the plan's monthly premiums. Penalties can range from a few dollars up to more than \$20 each month on top of your premium. This can be a significant cost if you're living on a fixed income. Once a penalty is assessed, it never goes away.

For these two reasons, it's a good idea to sign up for drug coverage. The good news is that there are low-cost drug plans available. For example, there are Medicare Advantage plans that include drug coverage and have either a very low monthly premium or no monthly premium at all.

Fortunately, there are plenty of resources available to help you choose the drug coverage that is right for you. It's always a good idea to find an insurance professional in your community who can help you look at the drugs you might want covered and how they match up with the prescription drug benefit of the various plans offered in your market. The government-run website Medicare.gov is also a great resource that allows you to compare all of the plans offered in your county and narrow down the options to the plan that will best meet your needs.

Even if you are already in a plan, the Medicare Advantage and Prescription Drug Plan Annual Enrollment Period (Oct. 15-Dec. 7) is the time to take a good look at all your plan options and find the coverage that is right for you.

Humana is a Medicare Advantage HMO, PPO and PFFS organization and a stand-alone prescription drug plan with a Medicare contract. Enrollment in any Humana plan depends on plan renewal.

## Free community education classes and events

Livingston Memorial Visiting Nurse Association supports the total well-being of our community. As part

of their services, they host free monthly education classes throughout the county, which include the following:

### Diabetes Class

Ventura: Tuesday, September 4th, from 1-2:30pm at Livingston Memorial Visiting Nurse Association, 1996 Eastman Ave, Suite 109. These meetings are held on the 1st Tuesday of each month. General information is provided about Type 2 Diabetes including prediabetes, with emphasis on meal planning, medication, exercise, blood sugar monitoring, and new developments in diabetes.

Call 642-0239 for more information.

### Joint Replacement Class

Ventura: Monday, September 10th for both English and Spanish speaking. English 4:00-5:00 pm and Spanish 5:30-6:30 pm at Livingston Memorial Visiting Nurse Association offices, in the Community Room at 1996 Eastman Avenue, Suite 109 in Ventura. You will learn what to expect before, during and after knee or hip replacement surgery and how to be an active participant in your care.

For information or to RSVP call Dinah Davis at (805) 642-0239 ext. 739.

### Social Services/Bereavement Groups

Ojai Caregiver Support Group: Mondays, September 3rd and 17th (1st & 3rd Mondays, unless it falls on a holiday) from 10:00 am – 11:30 am at Continuous Care Center, Fireside Room, 1306 Maricopa Hwy, Ojai (behind Ojai Valley Community Hospital). Find encouragement and hope during your time as a caregiver. Share, listen and explore thoughts and feelings about the struggles, losses and successes of caring for your loved one. For more information, call (805) 633-9056.

Ojai Adult Bereavement Support Group: Tuesdays, September 11th and 25th (2nd & 4th Tuesdays) 10:30 am-noon at Help of Ojai, West Campus 370 Baldwin Rd., Ojai. These groups are open to individuals who have experienced loss and are free of charge. Call 642-0239 for more information or email [griefinfo@livingstonvna.org](mailto:griefinfo@livingstonvna.org).

Oxnard Adult Bereavement Support Group: on Mondays, September 3, 10, 17 and 24 from 3:00-4:30 pm at First Presbyterian Church, 850 Ivywood Dr., Oxnard. These groups are open to individuals who have experienced loss and are free of charge. Call 642-0239 for more information or email [griefinfo@livingstonvna.org](mailto:griefinfo@livingstonvna.org). If you have any schedule questions, please check the website calendar (<http://lmvna.org/calendar/index.html>) or call us.



Your Local Insurance Resource Center Specializing in  
Medicare – Long Term Care – Investments  
Dental – Life Insurance – Estate Planning

5808 Telephone Rd. - Suite 200 Ventura, Ca 93003  
805-684-6480 [www.alegacys.com](http://www.alegacys.com)

Ventura Adult Bereavement Support Group: Wednesdays, September 5, 12, 19 and 26 from 6:30-8:00 pm at Livingston Memorial Visiting Nurse Association office, 1996 Eastman Ave., Suite 109. These groups are open to individuals who have experienced loss and are free of charge. Call 642-0239 for more information or email [griefinfo@livingstonvna.org](mailto:griefinfo@livingstonvna.org).

Newly Bereaved Support Group

in Ventura: Thursday, September 13th from 6-7:30 pm at Livingston Memorial Visiting Nurse Association office, 1996 Eastman Ave., Suite 109. This monthly group is designed for adults who have recently experienced the loss of a loved one and is free. Call 642-0239 for more information or email [griefinfo@livingstonvna.org](mailto:griefinfo@livingstonvna.org). These groups meet every 2nd Thursday of each month.



The Lexington Assisted Living celebrated their 27th anniversary on August 16th with an open house. In attendance were colleagues, residents, family and friends who all celebrated with the Lexington staff and enjoyed a nice array of hors d'oeuvres, beverages and fun. Executive Director, Eric Terrill said, "27 years of service to our wonderful community is something the entire Lexington team is very proud of."

Staff attending were Ronald Agulto, Marketing Director, Heherson Perry, Food Service Director, Eric Terrill, Executive Director, Omar Medina, Activity Director, Lidia Padilla, Wellness Director, Tony DeLaCruz, Maintenance Director and Anna Monzon, Housekeeping Supervisor.

Not shown was Robin Michael, Business Office Manager. Someone had to answer the phone.

Photo by Michael Gordon.



## KEEP LIVING YOUR GOOD LIFE.

Like the city it thrives in, Cypress Place has a naturally vibrant vibe. Feel the welcoming spirit of Ventura's most respected resort-style senior living community.  
Call 805-835-4072 to schedule a visit.



1200/1220 Cypress Point Lane • Ventura, CA 93003 • [CypressPlaceSeniorLiving.com](http://CypressPlaceSeniorLiving.com)





## Senior Living

### How do I know if an aging friend or relative needs help?

by National Institute on Aging

When caring for an aging friend or relative from afar, it can be hard to know when your help is needed. Sometimes, your relative will ask for help. Or, the sudden start of a severe illness will make it clear that assistance is needed. But, when you live far away, some detective work might be necessary to uncover possible signs that support or help is needed.

A phone call is not always the best way to tell whether or not an older person needs help handling daily activities. The person may not want to worry you or may be embarrassed to admit that he or she cannot handle certain daily activities.

With the person's permission, you could contact people who see the person regularly—neighbors, friends, doctors, or local relatives, for example—and ask them to call you with any concerns. You might also ask if you can check in with them periodically. When you visit, look around for possible trouble areas—it's easier to disguise problems during a short phone call than during a longer

visit. Make a list of trouble spots you want to check on—then, if you can't fix everything during your visit, see if you can arrange for someone else to finish up.

In addition to safety issues and the overall condition of the home, try to determine the older person's mood and general health status. Sometimes people confuse depression in older people with normal aging. A depressed older person might brighten up for a phone call or short visit, but it's harder to hide serious mood problems during an extended visit.

Read more about long-distance caregiving.

For More Information About Aging and Eldercare

Eldercare Locator: 1-800-677-1116

(toll-free)

<https://eldercare.acl.gov>

National Clearinghouse for Long Term Care Information: 1-202-619-0724

[aclinfo@acl.hhs.gov](mailto:aclinfo@acl.hhs.gov)

<https://longtermcare.acl.gov/>

#### The qualities that make us different

*Continued from page 13*

welcome Jennifer Parkinson, owner and Co-Founder of the non-profit organization, NeuroBoxing as our special guest on Wednesday, September 12, 2018 from 1:00 to 3:00 pm at The Lexington Assisted Living, 5440 Ralston

St, Ventura.

NeuroBoxing is dedicated to improving the lives of people with Parkinson's disease and their families. They use a complete wellness centered approach to help those living with Parkinson's stand a fighting chance. Through non-contact boxing, health & fitness coaching, education & support they can help people with PD and other neurological challenges fight back and live the best life possible! Come find out what makes them special on September 12th!

Jennifer Parkinson is co-founder of NeuroBoxing, a non-profit organization dedicated to aiding Parkinson's patients and their families in fighting back against Parkinson's Disease (PD) through non-contact boxing and other wellness therapies. Jennifer is a registered nurse of 16 years, a Michael J Fox foundation panelist, advocate for the Parkinson Disease Foundation's Women in Parkinson's Initiative, boxing coach, and loving mother of two. In 2005, Jennifer was diagnosed with early onset Parkinson's disease. She was 32 years old, a working registered nurse, and had just given birth to her second child. Jennifer refused to see her debilitating diagnosis as fixed and actively researched treatments that would lead her to non-contact, therapeutic boxing. In 2009, Jennifer took her first shot at boxing and in 2013, she connected with Rock Steady Boxing and became

a certified Rock Steady Boxing Coach. From 2014 thru early 2016 Jennifer coached at Title Boxing in Newbury Park. She and Josh Ripley went on in to found NeuroBoxing of Agoura Fitness in September 2016. They are actively training new coaches in several locations to help spread NeuroBoxing's programs throughout Southern California.

The Ventura Parkinson's Disease Support Group welcomes the public, our members and their care-partners, and new friends who find themselves navigating the challenges of ageing, Parkinson's Disease and other neurological conditions. Please join us Wednesday, September 12th from 1PM to 3PM at the Lexington Assisted Living, 5440 Ralston Street in Ventura. We are an independent and volunteer-organized group, not affiliated with or a part of any other organization or group. For more information, call Patty at 805-766-6070.

Thanks to the generosity of the Lexington Assisted Living, our meetings are held every second Wednesday of the month from 1 to 3PM. There is a drop-off/loading and unloading driveway in the front of the Lexington Assisted entrance. Extra parking is graciously available across the street in the Baptist Church parking lot. Reservations are not required. Attendees are invited to check in at the front desk for directions to the 3rd floor and sign-in at the meeting so we can keep in touch with you if you would like us to do so.

## News & Notes



VCCDC offers disaster recovery grants for Thomas Fire Victims.

### Disaster recovery assistance grant program.

Ventura County Community Development Corporation (VCCDC), a local non-profit community economic development organization, has created a disaster recovery assistance grant program for Ventura and Santa Barbara County residents who were affected by the Thomas Fire and/or Montecito Mudslides. The funds come from an \$800,000 commitment made by Wells Fargo to assist with economic recovery for those affected by the Thomas Fire and Montecito Mudslide. The initial \$300,000 in grant funds were awarded to five local non-profits, including VCCDC, Women's Economic Ventures (WEV), Ventura County Community Foundation (VCCF), Red Cross and Food Share, Inc. The remaining \$500,000 will be distributed to nonprofits in Ventura and Santa Barbara counties over the course of the year, as plans and programs are developed to address current and emerging community needs.

VCCDC plans to use the funds it was awarded through this grant to provide individual grants of up to \$1,000 for households affected by the disasters. Applicants must be residents of Ventura or Santa Barbara

County and must demonstrate a financial loss due to the fire and/or mudslides. The funds will be given directly to the applicant to be used for existing needs ranging anywhere from housing to living expense needs caused by loss of wages or business losses caused by disasters. There are no income or household size limits. One grant per eligible household or business will be awarded. Additional criteria and requirements apply.

"Although eight months have passed since the Thomas Fire began its destructive path in Ventura County and attention has shifted, the need for financial assistance for those affected is still very much present. We are grateful to our community partner, Wells Fargo, for stepping up to show their support for our community during the recovery period. Our hope is that through these small individual grants we can lessen the financial burden that the affected families are still feeling," says VCCDC Executive Director, Bertha Garcia.

Full application, document requirements, eligibility criteria, and submission details can be found at [www.vccdc.org/wfgrant](http://www.vccdc.org/wfgrant) starting on Monday, August 27th at 10am. Applications will be accepted until all qualified recipients have been identified.

Since it was founded in 2001 as a local non-profit organization, VCCDC has worked to increase homeownership and economic stability in underserved communities of Ventura and Santa Barbara Counties. VCCDC is dedicated to ensuring that homebuyers are prepared for homeownership with the support of certified professionals who provide education and guidance, assisting with planning and problem solving. All VCCDC staff is bilingual, proudly serving the community. VCCDC accomplishes its work in partnership with other community organizations, and is financially supported by private and public funds. Visit at [www.vccdc.org](http://www.vccdc.org) and [www.facebook.com/vccdc](http://www.facebook.com/vccdc)

For questions please contact Keily Victoria, Administration Support Manager

for VCCDC, at 805-273-7800 or [kvictoria@vccdc.org](mailto:kvictoria@vccdc.org).



Vintage Tractor Fair and Kids' Fun Zone at the fair at the Agriculture Museum.

### Upcoming events for the Museum of Ventura County

The Museum of Ventura County has multiple events coming up, including:

Opening Reception for "At Table: The Business of Food and Community" –Celebrate and explore Ventura County's rich history of cultural diversity, agricultural bounty and how the influx of immigrants has shaped our recipes, food traditions and eating experiences at the opening reception, 5:30 to 8 p.m., Aug. 30, for the Museum of Ventura County's newest exhibit, "At Table: The Business of Food and Community." Tickets for the opening reception are \$5

for members, \$10 for nonmembers with tickets available at the door. The opening is in conjunction with the Ventura Chamber's TASTE event which includes free admission to the Museum opening. TASTE tickets are available by calling 805-643-7222 or visiting [venturachamber.com/taste2018](http://venturachamber.com/taste2018). Museum members purchasing tickets for TASTE can use promo code Museum18 to receive the chamber member discount.

Museum's Free First Sunday Features Food as Paint – Focus on the Masters 'Learning to See' Outreach invites museum-goers to "play with their food" as part of a free art activity, noon to 2 p.m. on Free First Sunday, Sept. 2, at the Museum of Ventura County. Kids and adults learn about natural pigments by using a variety of fruits, vegetables, leaves and flowers as paint to create lively, colorful still-life artwork. While Free First Sunday offers free admission at both the Ventura and Santa Paula museum locations, the free art activities will take place only at the Ventura museum location. Free First Sunday is sponsored by museum donor Mimi Allin and the TOLD Corporation. For more information visit [venturamuseum.org](http://venturamuseum.org) or call 805-653-0323. Museum locations: The Agriculture Museum, 926 Railroad Avenue, Santa Paula. The Museum of Ventura County, 100 E. Main Street, Ventura.

The 6th annual Vintage Tractor Fair and Kids' Fun Zone – The fair at the Agriculture Museum immediately follows the Santa Paula's Labor Day Parade on Monday, Sept. 3, from 10:30 a.m. to 1:30 p.m. Get close-up and personal with the Topa Topa Flywheelers club members' rare and unique vintage tractors. Enjoy an afternoon of live music, food trucks, petting zoo, tractor and fair-themed activities and crafts for all ages. Admission is free for the Vintage Tractor Fair and to the museum, \$5 for Kids' Fun Zone (parents are free). The Agriculture Museum is located at 926 Railroad Avenue, Santa Paula.

"Speaking of" Water Resources with

*Continued on page 17*





# News & Notes



Vista Del Mar neighbors met with Commander Tom Higgins and Commander Darrick Brunk to discuss their neighborhood concerns.

## A great way to spend a Night Out

Ventura neighborhoods were invited to participate with many other neighborhoods across the country in celebration of National Night Out on Tuesday, August 14.

National Night Out is a crime and drug prevention event that is sponsored nationally by the National Association of Town Watch and co-sponsored locally by the Ventura Police Department. This is the 35th anniversary of National Night Out with over 38 million people across the country expected to participate.

National Night Out is designed to: 1) Heighten crime and drug awareness; 2)

Generate support for, and participation in, local anti-crime efforts; 3) Strengthen neighborhood spirit and police/community partnerships; and 4) Send a message to criminals letting them know neighborhoods are organized and watching out for one another.

From 5 pm to 9 pm, residents in neighborhoods throughout Ventura and across the nation were asked to lock their doors, turn on outside lights and spend an evening outside with neighbors and police. Neighborhoods hosted a variety of events ranging from small potlucks and BBQs to block parties.

### Upcoming Museum of VC events

*Continued from page 16*  
local author - Florencia Ramirez, author of Eat Less Water, will be the featured speaker for the next Speaking of Ventura County Speaker Series, 1 to 2:30 p.m., Tuesday, Sept.11, at the Museum of Ventura County's Agriculture Museum in Santa Paula. Ramirez will share stories of America's food producers who grow food with less water from her book Eat Less Water. Ramirez sheds light on the seldom-seen connection between dwindling water resources and the choices we make when shopping for groceries for our families and offers a solution that begins in the kitchen. Cost is free with general admission; members free. The Agriculture Museum of Ventura County is located at 926 Railroad Ave, Santa Paula. For more information call (805) 525-3100 or email agriculture@venturamuseum.org.



The new Board represents a broad spectrum of industries, leadership and business acumen.

## NAWBO Ventura County installs 2018-19 Board

The Ventura County chapter of the National Association of Women Business Owners (NAWBO VC) installed its new Board of Directors on July 17, 2018. Installed by Ken Ashford of longtime

NAWBO VC corporate partner, The Metropolitan Water District of Southern California.

2018-19 NAWBO Ventura County Board of Directors:  
President - Diane de Mailly, DDM Metering Systems, Inc.  
President-Elect - Lynnette Coverly, Coverly Professional Services  
Immediate Past President - Elaine Hollifield, Hollifield Creative  
Treasurer - Marta Alvarez, YCE, Inc.  
Education Director - Bozena Chorazewicz, Nereveno  
Public Policy/Advocacy Director - Dawn Dyer, Dyer Sheehan Group, Inc.  
Membership Director - Kamie Abraham, Sagemark Consulting  
Marketing/PR Director - Natalie Ruffing, Sirens Media  
Programs Director - Rose Hayden-Smith, Rose Hayden-Smith Consulting

"I am excited about this Board," stated Diane de Mailly, NAWBO-VC President. "They bring a breadth and depth of experience, leadership and energy that is going to take our already successful chapter to the next level." De Mailly was NAWBO VC's President in 2014-2015, is a current member of the NAWBO California Board of Directors serving as their Public Policy Director since 1996, and was the Ventura County Woman Business Owner of the Year in 2011.

Established in 1996, the local Ventura County chapter of NAWBO is committed to strengthening the wealth creating capacity of its members while promoting economic development within the entrepreneurial Ventura County community. NAWBO VC invites women sole proprietors, partners, entrepreneurs, and corporate owners, who are looking

**Voted #1 Best Pest & Termite Co.**



**O'Connor Pest Control**

"Family Owned and Operated Since 1952"

DID YOU KNOW Rodents bite more than 45,000 people each year, usually while they are asleep. According to the U.S. CDC, rodents transmit over 35 diseases such as hantavirus, rat bite fever, trichinosis, plague, murine typhus, infectious jaundice, and more.

**Free Limited Termite Inspection**

**FREE ESTIMATES**

**Same Day Service Monday-Saturday**

**ECO SMART PRODUCTS**

**644-5501**

**www.oconnorpest.com**



Kevin O'Connor  
President



Grandma Joan Dodge thinks her 6-year-old Granddaughter Reese Springhorn (on the left), who is visiting from Sacramento with friend Rowan Guzman is the cutest grandkid in the entire universe. Do you have one that you think is even cuter? If so send photo to editor@venturabreeze.com. This photo was taken at The Pierpont Racquet Club.

to make meaningful connections with successful local business women with a common goal of business growth, building strategic alliances, creating innovative and effective change in the business culture, and transforming public policy related to women in leadership and business, to learn more at [www.nawbovc.org](http://www.nawbovc.org).

### Making Strides Against Breast Cancer

*Continued from page 12*  
evening, the Three Pink Musketeers: Dr. Ronald Atanay, DDS, Josh Damigo and Paul Hardy. Dr. Atanay led the audience in a chant of "All for One, and One for All!" They were joined on stage by Dr. Shawn Steen and Oxnard Police Department Sargent Jeff McGreevy. These dedicated men have each

committed to wearing the color Pink every day in October and raise \$2,500+ for the Real Men Wear Pink campaign.

Bernie Glenn and Tammy Bauer spoke of their experiences with the American Cancer Society's Cancer Action NetworkSM (ACS CAN) and the importance of lobbying for critically needed funding for programs and cancer research. Ric Maddox, ACS Community Development Manager, closed out the presentation with information about signing up as a team leader, Social Media, the fundraising app, and event info.

The Making Strides Against Breast Cancer 5K walk will be held on Saturday, October 6, 2018 at Harbor Cove Beach, 1878 Spinnaker Dr. Registration begins at 7:30 am and the walk is at 9:00 am. Sign up your team at [makingstrideswalk.org/Ventura](http://makingstrideswalk.org/Ventura) and walk with us!

**Trash & Recyclables & Green Waste Pick Up**

**Delay Due to the Labor Day Holiday**

Due to the Labor Day holiday on Monday, September 3, trash and recyclables or green waste will be collected one day later than usual the week of September 2-8 in the City of Ventura. For the City of Ojai, trash and green waste will be collected one day later than usual, on Tuesday, Sept. 4.

**Thank you and Happy Holiday**

**E. J. Harrison & Sons**

For information & to pay bills online go to [www.ejharrison.com](http://www.ejharrison.com)



Since 1932 Service is everything!



**647-1414**



# The Pet Page



### Dedicated to Scamp

■ On September 16, 9:00 am to 12:00 pm Ventura Pet Wellness & Dog Training Center presents Have You Always Dreamed of Working with Animals as a Career? Ventura Pet Wellness & Dog Training Center will be hosting our 2nd Annual Animal Career Fair!

Located at 3521 Arundell Circle #B Ventura.

This event is free to the public. Everyone is welcome!

Please visit [www.venturapetwellness.com](http://www.venturapetwellness.com) for an updated list of some professions that will be represented. (Children 14 years and younger must be accompanied by an adult)

### ■ Paw's Corner

By Sam Mazzotta

#### Fat Cat Brought to Tears by Diet

*Dear Paw's Corner: Help! My 6-year-old cat, "Misti," has a serious weight problem, and the veterinarian said she needs to drop several pounds. The vet told me to feed her less, but Misti cries constantly around feeding time and won't let up until I put more food into her bowl. What else can I do? Are there weight-loss supplements for cats? -- Helen T.*

Dear Helen: Helping your cat lose weight can be a struggle, but we all know that getting Misti down to a healthier weight will improve her quality of life.

There are several supplements and cat foods formulated specifically for cats that say they help with weight control. One supplement, L-Carnitine, may be helpful, but consult Misti's vet first for the proper amount to give her.

A calorie-restricted diet is the most effective way for Misti to lose weight. However, according to veterinarian and clinical researcher Dr. Mark E. Peterson, reducing calories alone isn't effective. You must increase the amount of protein that Misti gets and reduce the amount of carbohydrates. The way to do this is to replace part of her dry food with real meat (plain

chicken, steamed and cooled, for example). A high-quality canned food also may help increase protein, but read the labels very carefully.

To make the diet easier on both of you, prepare Misti's food a few days ahead, separating each day's fresh and dry food into separate containers. Dole out her meals twice a day. Save a little each time and when she cries for more food, place that small amount into her bowl. That trick, plus the increased protein, will help satiate Misti as she adjusts to the new diet.

(c) 2018 King Features Synd., Inc.

### ■ By Dr. Jerry Klein, CVO

I have a local professional groomer that my dog and I both adore but costs prohibitive to take my dog as often as I would like, yet I'm intimidated to bathe, groom, and trim my dog's nails on my own. What are some ways I can manage my dog's hygiene and grooming on my own?

While good hygiene habits are essential for a healthy dog, unlike humans, most dogs do not require daily hygiene and grooming habits. What is required, and how often, depends on the breed. Hygiene such as teeth brushing, ear cleaning, nail trimming, and brushing are most certainly an essential aspect of regular dog care, regardless of the breed.

Professional dog groomers, professional dog handlers, and some veterinary technicians are well trained in grooming, so you can be assured that your pup is in good hands. However, it's certainly useful for owners to learn maintenance grooming to keep their dogs looking sharp in-between visits to the groomer.

One of the best sources of information for grooming can be your dog's breeder. An AKC responsible breeder will often have a wealth of knowledge.

Dog Grooming at Home: Obtain the right tools: the mentors listed above will help guide you in the purchase of the right nail trimmers, a styptic powder used to stop nail bleeding such as Kwik Stop, teeth cleaning tools,

## Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Gidget. I spent most of my life in Ventura, but now live in San Diego area.

I'm a Poodle-something, about 7-years-old.

I love to lie around and be pampered.



## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

brushes, wide and fine-tooth combs, shampoos, and even blow dryers if needed. They can also help you learn about proper tables used for grooming and even a grooming arm that will hold your pup in place.

Use a brush that is intended for the coat of your dog breed. For example, bristle brushes are preferred for short-haired breeds and sleeker types of brushes are preferred for long-haired breeds. Check with your professional groomer, breeder, or veterinarian to ensure you are using the best option before making your purchase.

With the appropriate brush for your dog's coat, brush your canine companion every other day (even short-haired breeds) to remove dirt and debris, prevent matting, control shedding, and create a shiny coat.

Keep your dog's nails trimmed. Your vet and/or groomer can show you how to safely trim nails. Before you start trimming nails, make sure you have easy access to a product that will stop the nail from bleeding if cut too short, such as a styptic pencil or a cauterizing powder.

Is your dog a breed that has hair covering his eyes? If so, clean with a damp cloth and keep the hair trimmed. Make sure the cut doesn't cause hair to fall into your dog's eyes and irritate them.

Daily brushing of your dog's teeth is best, but you should brush your dog's teeth at least a few times per week. Plaque starts to build up after 48 hours. You can also try wrapping your finger with gauze or a washcloth. Wipe the teeth and massage the gums. Dental problems in dogs can lead to other problems, including serious health issues such as heart disease, kidney disease, and more.

Do not use "human" beauty and hygiene products such as shampoo, conditioner, and toothpaste on your dog. Many human toothpastes contain xylitol, which is toxic to dogs.

■ A dog or puppy is a huge commitment of time, money, and energy, and you need to make sure that you're ready before you bring a pet home. You also have to consider a dog's potential needs in the future.

Adopting a puppy is different from adopting an adult dog, and adopting a senior dog has its own challenges, too. With puppies, you'll have to factor in the cost of vaccination, spaying and neutering, training and socialization classes, and new equipment like leashes, bowls, toys, and more. Puppies require a lot of stimulation and play, and also frequent naps. Their immune systems are not always fully developed, and they may have medical needs that adult dogs don't have. They may not be potty trained, so be prepared to clean up some accidents.

Adult dogs are usually up-to-date on vaccines and already spayed or neutered by their shelter. They tend to have a grasp on basic commands and may have started some sort of behavior training. Good shelters and rescue groups will often work with dogs in their care to teach them to be social and well-behaved, as it increases their chances of being adopted. This is something you should ask your local shelter about. Adult dogs have exercise needs and require mental stimulation. It is important that you can keep up with them. You may have to hire a dog walker if you're gone for most of the day or a pet sitter if you travel.

Senior dogs tend to be more relaxed. While their exercise needs may not be as extreme as puppies or adult dogs, they do sometimes come with health issues that must be addressed. You will also have to be prepared for end-of-life care. That said, senior dogs tend to be more used to living with humans and are able to become very attached easily. They make for great cuddle buddies, and they are often a dog of choice for senior owners who want a loving pet that has a manageable energy level.

Before you bring a dog home, you need to have a good, long talk with your family. Make sure everyone is on the same page, and that everyone's responsibilities are made clear. Who will be the primary caretaker? Who will do the feeding, the bathing, the walking, and so on? Once your human family is on board, you also need to make sure that your other furry family members, if you have any, are ready.

**SPAN Thrift Store**  
**SPAY/NEUTER ANIMAL NETWORK**  
We are an all volunteer, nonprofit organization  
More Spays - Less Strays  
Volunteers Needed!  
Donations Always Appreciated!  
Spay and Neuter for Low & No Income Families in Ventura County  
**805.641.1170 110 A & B N. Olive St., Ventura CA 93001 [www.spanonline.org](http://www.spanonline.org)**



**\$10 Low/No Income Spay & Neuter Friday, September 7th in SPAN parking lot. Must call for appointment (805) 584-3823**

**Ventura Veterinary Hospital**

**LOVING AN ANIMAL ... AWAKENS THE SOUL.**

**Looking for a Vet with heart?**

- ◆ One that understands your pet is *part of your family?*
- ◆ Need a 2nd opinion - flexible surgical/treatment options?
- ◆ Bring your dog or cat here for the care they deserve.



Ms. Cricket

**M/Tu/Th/Fr 8a-6p & Wed 8a-5p & Sat 9a-12p**  
**1784 E THOMPSON BLVD. — 805.648.2797**

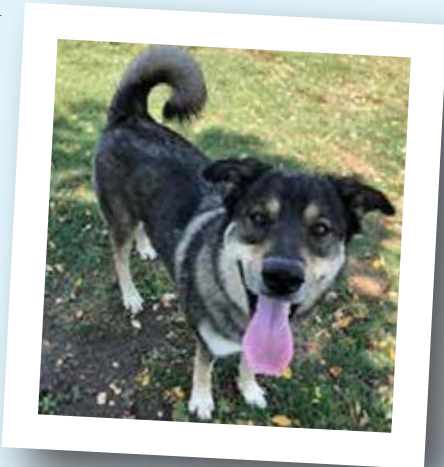


# The Pet Page

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.

## Forever homes wanted

Hi, I'm Ted, a handsome 5-year-old Siberian Husky / Shepherd X, who is in need of a new family and home as my owners moved and I couldn't go too. I'm good with big dogs, but it's unknown how I would do with smaller dogs. I'm very active and need a family that will give me not only love, but daily exercise and playtime too. I love the water and chasing the birds at the beach. I also love chasing balls, running and hugs too. I'm good with older children, but have not been around smaller ones. I might do best in an adult only home or with older children. I need a home with no cats and I don't like possums or raccoons. If I sound like the addition to your family that you've been looking for, please stop by and meet me. Although the C.A.R.L. staff and volunteers are great, I'd much rather be in an active loving home. Minimum 6' fence.



## This 'n' That

### Community Memorial Health System recognized for outstanding stroke care

Community Memorial Health System has once again been awarded the American Heart/American Stroke Association's "Gold Plus Achievement Award" as well as the association's "Target Stroke Honor Roll Elite Plus Achievement Award" which highlights the health system's dedication to the highest standards in stroke care. Both recognitions will be featured in US News & World Report.

Attending a recent awards presentation ceremony at Community Memorial Hospital in Ventura were members of health system administration, the CMHS Stroke Champions, members of the CMHS Stroke Multidisciplinary Team, and American Heart/American Stroke Association Regional Director Bliss Rayo-Taranto.

"Our stroke team works hard to help patients achieve the best outcomes possible when a patient has a stroke. We truly appreciate this

recognition for our excellent care and ongoing efforts," said CMHS Stroke Coordinator Stephanie Lara-Jenkins, RN.

In addition to these recognitions from the American Heart/American Stroke Association, Community Memorial Hospital has been awarded the Primary Stroke Center designation from DNV GL Healthcare and the Ventura County Emergency Medical Services Agency. Their certification programs incorporate elements from hospital accreditation standards as well as requirements from the Guidelines of the Brain Attack Coalition, and recommendations of the American Heart/American Stroke Association. The programs emphasize deploying a disciplined management system and using clinical best practices.

Community Memorial Health System is a not-for-profit health system, which is comprised of Community Memorial Hospital, Ojai Valley Community Hospital, along with the Centers for Family Health serving various communities within and located in Ventura County, California.

**Club welcomes writers**  
*Continued from page 5*


prize in the VCWC annual short story contest. Before then I'd never thought about writing fiction. Now, I have six books to my credit. One is a kid's book that I wrote with Breeze publisher Brown." Call Sheli at 805.300.1365 for more information.



THIS SPACE FOR WRITING MESSAGE


*Nancy and Spencer Garrett and Patti Channer catching up on their home town news with the Ventura Breeze while vacationing at Halong Bay, Vietnam.*

GOING ON VACATION? BE SURE TO TAKE THE VENTURA BREEZE WITH YOU AND SEND US A PHOTO WITH A LITTLE INFORMATION ABOUT YOUR TRIP AND EMAIL TO [EDITOR@VENTURABREEZE.COM](mailto:EDITOR@VENTURABREEZE.COM)

**24/7 SPECIALTY AND EMERGENCY VETERINARY HOSPITAL**



**NOW OPEN IN VENTURA**

Locally owned by Board-Certified veterinary specialists, Dr. Sarah Gray, Dr. Amy Rhoades, Dr. Nancy Scott, Dr. Melissa Herrera and Dr. Theresa Ortega



EMERGENCY & TRAUMA • CRITICAL CARE • INTERNAL MEDICINE • ULTRASOUND & DIGITAL RADIOGRAPHY • ENDOSCOPY • SURGERY • 24 HOUR ICU HOSPITALIZATION

JOIN US FOR AN OPEN HOUSE  
**Sunday, Sept. 9th, 1pm to 4pm**  
Tour our new hospital - Meet the founders – Enjoy food and prizes



**5280 Valentine Road, #120, Ventura, CA**  
**(805) 856-0290**  
[www.HorizonVets.com](http://www.HorizonVets.com)





Thank you Ventura.

## “...they could have taken a day painting it.”

In previous issues the Breeze has commented on the horrible workmanship performed on the pedestrian crossing bridge that runs over the freeway to the Promenade. We also commented on the horrible handrail.

“This is what the work consisted of per the Department of Transportation (DOT): ‘The department is working with the City of Ventura to provide for a safe and accessible pedestrian overcrossing that gives access to people shopping, recreating and living in the area. This polyester concrete overlay will improve the surface and the replaced handrail will provide comfort and safety for users.’”

“Even though painting was not in the contract for Guills, Inc. of Pasadena, I would think that for almost \$400,000

they could have taken a little pride in their work and spent a day painting it.”

“I have contacted the DOT suggesting that they do the painting. If they won’t, perhaps Ventura could paint it (it reflects upon us) or the Ventura Breeze could have a painting party and we can all paint it. Of course, we would need permission from the DOT and probably need to provide a million-dollar liability insurance policy.”

Very happy and proud of Ventura to take it upon themselves to do the painting. The handrail still looks as it was installed by someone very drunk buy certainly wouldn’t expect Ventura to correct this. And we never did get a response from the contractor. Hopefully they are no longer on the DOT’s bidding list.



Join the Native Daughters of the Golden West Poinsettia Parlor number 318 and The City of San Buenaventura Parks And Recreation for an Open house at the Ortega Adobe 215 w. Main St.

Sunday, September 9th - 2:00 p.m. - 4:00 p.m.

Hear a presentation on the history of the Adobe by Ernie Calvillo and have a tour conducted by Dolly Attaway.

Visit and learn about this historical landmark, including its colorful past. The Ortega Adobe is the original site of the famous Ortega Chili. No RSVP needed for this free community event. See you there!

Refreshments to follow. Parking is available.

## News & Notes



Pendleton has extensive economic development experience.

### Brian Pendleton promoted to Deputy GM of Port District

The Ventura Port District announces the promotion of Brian Pendleton to Deputy General Manager. Hired in June 2015 as Business Operations Manager for the District home to Ventura Harbor and Channel Islands National Park Pendleton has led the District’s economic development strategy and supervised various department managers. In his new position, Pendleton serves as second in command to oversee District operations.

Among his many accomplishments as Business Operations Manager, Pendleton helped create the process to bring two major new developments to vacant lots at Ventura Harbor: an “Adventure Lodge” proposed alongside Ventura Harbor Village and a boutique hotel proposed for the end of Spinnaker Drive near the Harbor entry. Ventura Port District officials are currently working with the developer of both projects, H. Parker Hospitality, which owns Fess Parker Winery.

Pendleton has also been instrumental in managing federal grant funds awarded to the District to advance the Ventura Shellfish Enterprise. The proposed VSE project seeks to permit offshore aquaculture operations for sustainable grown mussels near Ventura Harbor.

Pendleton has extensive economic development experience, a bachelor’s degree in public administration and a master’s degree in real estate development, both from the University of Southern California. He also is a licensed real estate professional in California and a member of the International Council of Shopping Centers, the Urban Land Institute and the California Association for Local Economic Development.

He and his wife, Arlene, and their three children are longtime Ventura County residents.

“Brian has brought a great deal of professionalism and dedication to the District,” said Oscar Peña, Ventura Port District General Manager. “We are fortunate to have such a creative and resourceful thinker as part of our executive staff. His promotion to Deputy General Manager will certainly benefit the District in the future.”

“This is an exciting time for the District,” said Pendleton. “We are working closely with current and proposed business partners to provide a truly vibrant harbor for this community.”

Ventura Port District’s mission is to provide a safe and navigable harbor and a seaside destination that benefits residents, visitors, fishermen and boaters seeking to enjoy Ventura Harbor’s exceptional facilities, events and services. For more information regarding Ventura Port District, visit [VenturaHarbor.com](http://VenturaHarbor.com).



The experience as an end of life doula started 10 years ago.

### End of Life Doula

by Jennifer Tipton

Just as birth doulas help mothers bring their newborns into the world, end of life doulas ease the transition of individuals leaving this world by bringing comfort and support to those that are dying.

Born in New Jersey, Dina Pielat is one of thirteen children. In 1973, Dina’s mother and father informed the household that they were selling everything and moving west because they had heard there were junior colleges there that were free, and they wanted their kiddos to have that opportunity. So, her father bought an old VW bus (that was missing the starter), took out all the seats, built a platform and “lined us up like burritos”, Dina laughed, “we push started that bus all the way across the continent and landed in Simi Valley”.

The experience as an end of life doula started 10 years ago when her father called and asked for her help, he was dying. Returning to Simi Valley to act as her father’s caregiver, Dina realized she was “really good at it” and after her father passed, she signed up with Livingston Memorial, training to be a hospice caregiver. Now taking cases independently, she also does celebration of life documentaries as Dina and her partner, Amy Jones owns a full-service marketing and multimedia company. They sometimes work together on the doula cases, “it’s not something we charge money for”, said Dina, “Amy’s on site if it’s more than a one-person job”.

There has been a total of “7 or 8” cases so far including the recent passing of local artist Joe Cordella, “we had known each other for eighteen years and when he became ill, he asked me to be his doula because he knew I wouldn’t leave his side”.

I asked Dina if there has ever been that one “stand out case” and she responded, “well, Joe’s of course, but also a woman that lived in Temecula with her 92 year old father, she had breast cancer that had moved to her brain, City of Hope released her as there was nothing more they could do and at 92, her father was unable to care for her. She wanted her dogs with her but, there wasn’t any place that she could go with them ... so, we rented a vacation condo where she could have her dogs and brought her here. It was eight days later when she passed in our arms with her dogs by her side. We were able to accommodate her end of life wish, and that’s very special to me.”



# This 'n' That

## Ventura Port District welcomes new commissioner

Ventura environmental attorney Jean Getchell has been appointed to complete the last year of Commissioner Nikos Valance's term on the Ventura Board of Port Commissioners. The five-member board governs the Ventura Port District.

A native of Ventura and an attorney since 1995, Getchell previously served on the Port District board from 1996 to 1999. She returns after being interviewed and selected by the Ventura City Council Appointments Committee. In her interview, she said, "I emphasized the importance of the commission, city, business community and citizens working together."

In her practice, Getchell specializes in environmental, land use, real property, employment, business and contracts, probate and public law. Prior to her legal career, Getchell held civic posts including supervising planner for the Monterey Bay Unified Air Pollution Control District and management analyst with the Monterey County Planning and Building Inspection Department.

Getchell earned her Bachelor of Arts degree in political science from the University of Southern California, her MBA from California Lutheran University in Thousand Oaks and her Juris Doctor from the Southwestern University School of Law in Los Angeles.

When she's not working or serving her community, Getchell said, "outdoors is where I like to be – gardening, sailing, hiking ..." and hanging out with Bennie, her 12-year-old English Springer spaniel rescue.

Getchell will serve on the Port

District board until Valance's term expires on June 30, 2019. Valance, an attorney, economist and environmentalist originally from New York, had served on the voluntary board since his appointment on July 27, 2015, and he recently resigned.

**In Other Board News ...**

Port District Commissioner and Chairman Everard Ashworth has been reappointed to serve another term. His new term runs through June 30, 2022.

Ashworth is a principal with Ashworth Leininger Group, a Camarillo-based consulting and engineering firm that provides expertise to business and government on air quality, environmental and coastal zone permitting issues. Ashworth and his wife, Brooke, have lived for over 25 years in Ventura, where they raised their two college-age children, Henry and Emma. In his spare time, Ashworth is an avid boater who's served in a number of capacities for the Ventura Sail and Power Squadron.

Port District board members are appointed by Ventura's mayor and confirmed by the City Council; they serve four-year terms without compensation.

Ventura Port District, home to the Channel Islands National Park, has a mission to provide a safe and navigable harbor and a seaside destination that benefits residents, visitors, fishermen and boaters seeking to enjoy Ventura Harbor's exceptional facilities, events and services.

For more information regarding Ventura Port District, visit [VenturaHarbor.com](http://VenturaHarbor.com).

# The celebration of Jewish New Year

Rosh Hashanah occurs on the first and second days of Tishri. Jewish Year 5777 this year at sunset on Sept.9. In Hebrew, Rosh Hashanah means, literally, "head of the year" or "first of the year." Rosh Hashanah is commonly known as the Jewish New Year. This name is somewhat deceptive, because there is little similarity between Rosh Hashanah, one of the holiest days of the year, and the American New Year.

There is, however, one important similarity between the Jewish New Year and the American one. Many Americans use the New Year as a time to plan a better life, making "resolutions." Likewise, the Jewish New Year is a time to begin introspection, looking back at the mistakes of the past year and planning the changes to make in the new year.

The shofar is a ram's horn which is blown somewhat like a trumpet. One of the most important observances of this holiday is hearing the sounding of the shofar in the synagogue.

No work is permitted on Rosh Hashanah. Much of the day is spent

in temple, where the regular daily liturgy is somewhat expanded. There is a special prayer book called the machzor used for Rosh Hashanah and Yom Kippur because of the extensive liturgical changes for these holidays.

The common greeting at this time is L'shanah tovah ("for a good year"). This is a shortening of "L'shanah tovah tikatev v'taihatem" which means "May you be inscribed and sealed for a good year."

On sunset on Sept.18, Yom Kippur also known as the Day of Atonement, is the holiest day of the year in Judaism. Its central themes are atonement and repentance. Some Jewish people traditionally observe this holy day with an approximate 25-hour period of fasting and intensive prayer, often spending most of the day in synagogue services.

Yom Kippur completes the annual period known in Judaism as the High Holy Days or Yamim Nora'im ("Days of Awe") that commences with Rosh Hashanah.

# TB exposure update

Ventura County Public Health has been following two related cases of active tuberculosis (TB) since June, and has investigated the two settings where possible exposures may have

May the year ahead be filled with the blessings of health, happiness and peace.



לשנה טובה L'shana Tova

Join us at **Temple Beth Torah** for the **High Holy Days** For ticket information please call 805-647-4181

7620 Foothill Road, Ventura, CA 93004  
[TempleBethTorah.com](http://TempleBethTorah.com)



occurred. One of these cases is associated with Rio Vista Middle School in Oxnard. The other subject visited 24 Hour Fitness at the Collection in Oxnard on a number of occasions.

To date, 142 students at the middle school have been re-tested. Eight of them were found to have positive tests. There are an additional 108 students that still need to be re-tested from the initial group of identified students. Public Health has decided that due to the number of positive tests, all children attending Rio Vista Middle School during the last term of 2017-18 school year will need to be tested. "We want to be certain that we identify all children who may have developed a positive tuberculosis test so that we can give them preventive therapy," said Dr. Robert Levin, Ventura County Public Health Officer. Of the staff members at the middle school who were tested, one has a positive TB test.

At 24 Hour Fitness, TB tests have been performed on 46 employees and five are positive. Of the 30 gym members who have been tested, two have been positive. There are 210 identified members of the gym that still need to be tested, some of which may have been tested by their personal

physicians, but Public Health doesn't have knowledge of that.

Tuberculosis infection is very common throughout most of the world. It is relatively uncommon to acquire TB in the United States. The State Tuberculosis Control Branch estimates that 16% of foreign-born people in the United States will have a positive blood test for tuberculosis.

Ventura County Public Health will hold a community meeting for students and parents at Rio Vista Middle School, 3050 Thames River Drive, Oxnard, at 6:00 p.m., Thursday, August 23rd, in the cafeteria.

There is a difference between TB infection and TB disease. People with TB disease are sick from the germs that are active in their body and they may cough a lot, feel weak, have a fever, lose weight, cough up blood, or sweat a lot at night. People with TB infection are capable of giving the infection to others.

People with TB infection (without disease) have the TB germ in their body, but they are not sick because the germ is inactive. They cannot spread the germ to others. About one out of ten people with TB infection become sick with TB disease at some time in their life. TB can be treated and cured.



Another Great Beach Read from James Francis Gray!

**AUDREY'S JOURNAL**

Dedicated Office Clerk Audrey Stiener stays on top of it all in her Working Journal...client appointments, high profile meetings, assignments, **and office secrets**...secrets that, if they were to be exposed, could cost her a lot more than her job.

Fortunately these secrets are kept safe in her locked desk drawer.

**Books make great gifts.**

Visit [www.jamesfgray.com](http://www.jamesfgray.com) See reviews on [amazon.com](http://amazon.com)  
<https://youtu.be/y6GcldQZHpl>





# This 'n' That

## Wild & Scenic® Film Festival gets a new home and new friends

by **Maryann Ridini Spencer**  
(@MaryannRidiniSpencer)

"This is the greatest venue no one's ever been to," said Gary Bednorz, chairman of the Ventura Land Trust's popular SYRCL Wild & Scenic® Film Festival now in its ninth year in Ventura.

The festival, which serves as a fundraiser for the Ventura Land Trust (formerly Ventura Hillside Conservancy), celebrated in a laid back, galvanizing fashion this year on the campus of the Ventura County Credit Union located at 2575 Vista Del Mar. On August 18, doors opened at 5:00 pm and VLT served up an evening that fostered community connection, rousing entertainment, and engaging films with sustainable themes.

"We outgrew our home at the Poinsettia Pavilion and felt that holding an outdoor festival under the stars would be a wonderful blend of our film festival, and the music festivals we held in previous years," continued Bednorz.

"The Wild & Scenic Film Festival started in Nevada City, California, and while the flagship event takes place there annually, communities like Ventura custom pick from a variety of films to showcase at their festivals," said Derek Poultney, Executive Director, Ventura Land Trust. "For the Land Trust, we select films in line with our mission to permanently protect the land, water, wildlife and scenic beauty of the Ventura region for current and future generations. We hope that the festival inspires the community to get and stay connected to the land and to the work of the Ventura Land Trust."

Surrounded by trees and perched on a hillside with peek-a-boo coastline views, the evening's family-friendly festival drew in the neighborhood of nearly 1000 attendees who enjoyed delicious eats from a variety of food trucks, libations from local beer and wine vendors, community partner information booths, outdoor games, and a raffle featuring such items as original artwork, outdoor gear, and dining-out certificates.

Cool breezes were a welcome respite from the hot summer temperatures as guests strolled by the vendor booths and food trucks and chatted with friends. Others laid out their blankets (and chairs), on the expansive green lawn and; listened and danced) to acoustic guitar music by Bill Jones and J. Peter Boles, and the rock cover band Mid Life Crisis until the screening of films commenced at 8:00 p.m.

"Our circle of friends expanded this year," added Adrienne Stephens, Development and Marketing Director, Ventura Land Trust. "The mix of being able to spread out and kick back with friends and family, while enjoying great music, food, and drink, followed by inspiring films was a great recipe for a relaxing, memorable evening."

The eleven films showcased at the event commenced with an 8-minute movie shown at the April 2018 Water: Take 1 Film Festival "Ventura Land Trust" highlighting the Land Trust's important community programs and endeavors.

Other films included were "Imagination: Tom Wallisch" where a young boy's skiing day dreams come magically to life; "Brothers of Climbing," a poignant short about a small group of black

climbers that create a new community. In "Blind Sushi" a blind travel writer meets the world's first sustainable sushi chef. Together, the two cook up experiences that enlighten them both. In "Dragging 235 lbs. Uphill Bothways," a mother of four decides to turn off her children's electronics in exchange for lessons in nature. "The Nature of Maps" roams some of the world's last remaining wildlands with two modern-day pioneers who map these distant places for all to enjoy. "Where Wild Things Play," a jaw-dropping ode to "badass" female athletes. "Lost in Light," is a mesmerizing view of how light pollution impacts the night sky. "Love of Place" delves into one park ranger's mission to rid a beautiful desert river of an invasive plant species. "Grandad" takes the viewer on a morning meditation row around a serene lake. "A Letter to Congress" features Wallace Stegner's 1960 letter to Congress about how our unified voice can help prevent the transfer of our most valuable heritage—our public lands—to private and corporate interests."

Visit [venturalandtrust.org](http://venturalandtrust.org) for more information.

## Dear Friends

**Eric Harrison**  
*President & CEO*  
*United Way of Ventura County*

On Sept.13, we'll be celebrating our 14th Annual Spirit Awards at the Serra Padre Center in Camarillo. This will be a special evening recognizing the community and foundation leaders who partnered with us throughout the year and when Ventura County needed us most.

Our honorees include the Annenberg Foundation, which will receive our President's Award for helping to establish the United Way Thomas Fire & Flood Fund with their lead gift; Bob Brunner, our longtime board member and Community Impact Chair, will be given the Milton M. Teague Award for outstanding volunteerism; Maggie Tougas will be recognized with the Douglas Shively Award for her service as a key member of our recovery group and for representing our local Voluntary Organization Active in Disaster; and Bank of America will be recognized for their top corporate citizenship with the Roy Pinkerton Award for their increased support and for helping us provide emergency debit cards to those affected by the Thomas Fire. Last, but certainly not least, William 'Bill' Kearney, who many of you know as one of our region's most recognized and outstanding philanthropists and volunteers will receive our Lifetime Achievement Award. Dr. Richard Rush, Past President of California State University Channel Islands, will be presenting Bill with the award.

Limited tickets are available. If you've attended our Spirit Awards Gala in the past few years, you know the evening is known for its live entertainment. We are proud to welcome Spencer Day, the unique #1 Billboard-charting pop/jazz performer. Spencer has performed everywhere from Lincoln Center to the Hollywood Bowl and will put on a show

you don't want to miss. The 14th Annual Spirit Awards Gala is certain to be an inspirational and unforgettable evening. Come join us!

United Way of Ventura County  
702 County Square Drive, Suite 100  
Ventura, CA 93003  
Hours: Monday-Friday  
8:00 am-5:00 pm  
Phone: (805) 485-6288  
Fax: (805) 485-4845  
Email: [info@vcunitedway.org](mailto:info@vcunitedway.org)

## Ventura Community Partners Foundation hosts golf tournament and dinner

The Ventura Community Partners Foundation announced it will host its inaugural "Fairways & Fiesta" event on Saturday, September 8. The event, which is expected to raise thousands for Ventura's youth, will begin with a golf tournament at 3:30 pm at the Olivas Links Golf Course, located at 3750 Olivas Park Dr. The tournament will be followed by a 5:30 pm dinner event at the historic Olivas Adobe, located at 4200 Olivas Park Dr. Ticket prices are \$65/ golf tournament, \$50/dinner or \$100/ golf and dinner. Proceeds will be used to support youth recreation scholarships, which provide scholarships to children from Ventura, whose families cannot afford activity fees. To purchase tickets visit <http://www.venturafoundation.org> or call 805-658-4775.

The event will feature a 9-hole scramble golf tournament at the naturally beautiful Olivas Links Golf Course, followed by dinner, live music by Sound Effect, and a silent auction at the Olivas Adobe. The Ventura Community Partners Foundation is an independent non-profit created to build community and enhance the livability of Ventura by developing and maintaining parks, recreation, and cultural opportunities through partnerships and sustainable, diverse funding.

Board President Kevin Clerici said, "This event provides a fun opportunity for our community to come together and better a child's life by providing them with scholarships for art and music classes, after-school programs, swim programs, summer camps, youth sports and so much more."

For more information visit <http://www.venturafoundation.org>, email [info@venturafoundation.org](mailto:info@venturafoundation.org) or call 805-658-4775.

### Thousands beat the heat

*Continued from page 1*

abundance of attractions, which included Fido 500 Dog Races, Star Child Stilt Circus, who delighted young and old as they strolled high above the Fair, and Gus Flamingo, the hilarious magician in the Youth Expo. Tasty new food offerings like Cajun Catfish and Lobster Mac & Cheese pleased the taste for new summer treats while the mini donuts and turkey legs satisfied the traditional cravings of Fairgoers.

Despite extremely hot and humid weather, attendance was strong at

299,011. By the virtues of comfort, variety, safety, cleanliness and value the Fair was a success.

"We are always working on ways to make the Fair a better experience for our visitors," said Fair CEO Barbara Quaid, who once again shared the Fair's winning formula: "For us the focus is not about the numbers of people coming through the gates, but about the quality of the experience our guests have at the Fair. We measure our success by the number of smiles on the faces of the Fairgoers. The Fair is committed to offering a clean, safe and fun experience that visitors will remember forever."

A new carnival layout welcomed thrill seekers lending a sense of rediscovery to the already exciting midway. The Star Tower was a new addition that took riders up 100 feet to swing high above the lights in the ocean air.

Nearly 16,000 County residents entered art, crafts, projects and other curiosities in the competitive exhibits, winning prizes and sharing their talents with Fair visitors.

Free entertainment was one of the features that drew so many to the Fair, not only the top name Concerts including Sublime with Rome, Frankie Valli and the Four Seasons, and Hunter Hayes but local bands were a huge favorite. Crowds came out to enjoy and lend their support for local entertainers including KNS Rockstar, 99 Mondays, Crooked Eye Tommy, Aaron Pax Taylor, Hard Six, The Rockin' Henrys, Dezmo's Blues, Revelry Country, Doc Rogers Band, and many others.

As is the case every year, overall success would not be possible without the tremendous support of the sponsors and the community. While the gates have closed on the 2018 Ventura County Fair, planning is already underway for the 2019 Fair.

The Ventura County Fair entertained thousands of guests and participants. It employs up to 700 seasonal staff during the annual 12-day event. With annual attendance of approximately 300,000 visitors to the Fair, the communities throughout Ventura County share in the economic vitality derived from the Ventura County Fair. The Fair brings economic, social, educational, and cultural resources and provides lasting impressions on Fairgoers. While agriculture is the heart of the Fair, it's the diverse entertainment that typically draws Fairgoers through the gates. Known for free top name concerts, the Fair takes pride in the overall dynamics and diversity of the entertainment, the esthetics and cleanliness of the grounds, as well as the vast educational and innovative exhibits that are showcased throughout the Fair each year.

Reflecting on the Fair Breeze contributing writer Jennifer Tipton stated.

"When I think about our Fair here in Ventura, I can almost feel the crisp ocean breeze and smell the corn dogs and cotton candy wafting alongside the scents of hay and livestock. I love the animals, from the 4h kids proudly showing the pig or lamb they've raised themselves and then bravely saying goodbye, to Uncle Leo's Little Red Barn with those baby pigs! Other favorite attractions are the agriculture and photography buildings, its fun to get landscaping ideas and to see our local artistic talent. And always a challenge is to time it just right, to be on top of the Ferris wheel when the fireworks start – best seat in the house!"



# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

## Residential Burglary, Identity Theft, and Possession of Stolen Property Arrest

On August 16, detectives with the Ventura Police Street Crimes Unit concluded a month-long investigation by arresting Vincente Quinonez for several charges that stemmed from a residential burglary. On July 18 at approximately 3pm, the Ventura Police Command Center received a report of a burglary that occurred within the 1000 block of Kingston Ln., in Ventura. The victim arrived home to find her residence ransacked and numerous belongings had been stolen. It was later determined the suspect made entry into the residence through an unlocked back door. Ventura Police patrol officers and Street Crimes Unit detectives responded to the scene and quickly learned the victim’s credit cards were used after the burglary. Detectives were able to identify 27 year old Oxnard resident Vincente Quinonez as the suspect who had used the victim’s credit cards at a nearby gas station.

On July 23, Ventura County Sheriff’s deputies arrested Quinonez after he was seen driving a vehicle that had been reported stolen out of Port Hueneme. Deputies located credit cards and other property in the vehicle which they believed could be stolen. Street Crimes Unit detectives took possession of the evidence located in the stolen vehicle and confirmed there was property taken from the residence on Kingston Ln. Additional stolen property in the vehicle was later determined to belong to victims of two separate thefts from unlocked vehicles in Ventura. Through further investigation, detectives discovered that Quinonez had used credit cards stolen from those thefts as well.

At the conclusion of the investigation, detectives arrested and booked Quinonez (who was still in custody at the Ventura County Jail for his previous arrest) for residential burglary (felony), six counts of identity theft (felony), two counts of petty theft (misdemeanor), and two counts of possession of stolen property (misdemeanor).

According to the Ventura County Superior Court Website, in 2017, Quinonez was convicted of burglary, driving a stolen vehicle, and possession of a controlled substance.

## Possession of a Loaded Firearm in a Vehicle

On August 22 at approximately 12:30pm, an officer was on patrol in the area Telegraph Rd. and Ashwood Ave., when he observed a vehicle with expired registration. Before the officer could initiate a traffic stop, the driver of the vehicle, later identified as 20 year old vagrant Lamont Hodgins, quickly pulled into the parking lot of a nearby liquor store and went inside.

The officer made contact with Hodgins, who was uncooperative and refused to cooperate with the officer’s orders to exit the store. When additional officers arrived on scene, Hodgins was detained without further incident.

It was determined that Hodgins was driving on a suspended license. During a search, Hodgins was found to have an illegal knife concealed on his person.

When officers were searching his vehicle, they found a loaded firearm.

Hodgins was booked into the Ventura County Jail for possession of a loaded firearm in a vehicle, possession of a dangerous weapon, resisting arrest and driving on a suspended license.

According to the Ventura County Superior Court website, Hodgins was convicted of driving under the influence in 2017.

## Fatal Hit and Run Investigation – UPDATE

On August 10 at approximately 8:30pm, the Ventura Police Command Center received a call of a Hit and Run collision that just occurred at Ventura Ave and Prospect. As officers arrived on scene, they learned from witnesses that the victim (Michael Pedigo), walked between two parked cars and into the northbound lane of traffic on N. Ventura Avenue. A white four-door vehicle driving northbound struck Mr. Pedigo and immediately pulled over to the side of the road. Without checking on the well being of Mr. Pedigo, the driver and car left the scene. Paramedics from Ventura City Fire and AMR who also responded administered first aid to Mr. Pedigo, and transported him to VCMC.

At 4am, Mr. Pedigo succumbed to his injuries and was pronounced dead at the hospital. This is an ongoing investigation, and anyone with information about this incident is asked to call the investigating officer Corporal Al Gomez at 805-339-4474.

On August 15, at 12:30pm, the Ventura Police Traffic Unit arrested 65 year old Ventura resident Juan Caudillo Cisneros for Felony Hit and Run and Destruction of Evidence related to the fatal collision that took place with Michael Pedigo on August 10 at approx 8:30pm at the intersection of Ventura Avenue and Prospect Street.

Through the investigation, Traffic Investigators located what they believed to be the white four-door vehicle involved in the collision. With the assistance of Ventura Police Patrol Officers, the suspected vehicle was located in Ventura. Juan Caudillo Cisneros was stopped by Investigators in the vehicle this morning and damage consistent with the collision was located. After seizing the vehicle for evidence, Traffic Investigators discovered the front windshield had recently been replaced and Juan Caudillo Cisneros was determined to be the driver of the vehicle and had the windshield repaired following the collision.

At this time, it does not appear that Juan Caudillo Cisneros was driving under the influence of drugs or alcohol at the time of the collision. He was booked at the Ventura County Jail.

## Vehicle Pursuit and Arrest of Wanted Person

On August 22 at approximately 7:30pm, Ventura Police Department Special Enforcement Team Detectives attempted to contact and arrest a wanted felon in the area of Ventura Avenue and Dakota Drive. The suspect, later identified as 23 year old Ventura resident Ivan Ruiz, was uncooperative and fled in a vehicle.

The detectives went in pursuit of the suspect and followed him into the area of the 500 block of West Ramona Street. The suspect stopped his car and fled on foot from the detectives into the surrounding neighborhood. Additional patrol officers and K9s arrived in the



Who is winning *this* match?

## VENTURA TOWNEHOUSE

CALIFORNIA’S CROWN JEWEL IN RETIREMENT LIVING

www.VenturaTownehouse.com 805.642.3263  
4900 Telegraph Rd., Ventura, CA 93003

CA Lic# 565801810

area and assisted with the search.

After approximately 2 hours of searching houses and yards, the suspect was located and arrested. The suspect sustained minor injuries during the arrest. He was treated at the Ventura County Medical Center and later booked on the charges of felony evading, resisting arrest and his outstanding felony warrant.

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**8-09** 1:35pm, while on patrol in Boat 17, officers observed smoke in the river bottom. Fire was notified and patrol along with VFD/VPD/State Parks rangers responded to investigate. A local transient was detained and later arrested for illegal camping and starting a fire.

**8-11** 4:26pm, received a dispatch to a missing 4 year old girl at a dockside house in the keys. Officers responded in the Fireboat to assist VPD/VFD/StateParks with the search for the girl. After searching the neighboring area including the water, the mother found the girl hiding underneath the bed.

**8-12** 11:20am, received a report of a disabled vessel 200 yards off the Ventura Pier. Officers responded in the Fireboat, found the 27ft motor vessel and took it en tow to the launch ramp where they were safely released without incident.

**8-13** 3:15pm, while on patrol in the truck, officers received a report of a disabled vessel in the surfline near Marina Park. Officers responded and towed the small vessel out of the surfline and safely to the launch ramp.

6:19pm, while manning the operations center, officers observed a large crew boat in violation of speed/wake laws. Multiple calls from concerned marina tenants were received. The captain was

issued a W/W for the violation.

**8-14** 4:50pm, received a report of a sailboat in the surf near San Pedro lane from multiple sources. Officers responded in Boat 19 and made contact with the captain. He was safely anchored outside, but advised of the violation, anchored within 1000 yards of any State Park. He moved on, North towards SB.

**8-15** 8:10pm, received multiple reports of an altercation in the village between some commercial fishermen and a bar employee. The Melee spilled into the courtyard and breezeway near 1583 Spinnaker Drive. For the next few hours VPD and patrol searched, interviewed witnesses and rendered first aid. Eventually, the victim was transported to hospital and the DP arrested.

**8-17** 9:30am, received a request for a safety boat for the State Parks pier swim. Officers responded, observed 300+ children and their parents swim the pier.

**8-18** 5:21pm, dispatched to an unknown medical at 3695 E Harbor Drive. Officers responded and assisted Ventura Fire Department with the call. 7:46pm, received a request to assist U.S. coast guard with searching for an overdue vessel and captain. After a brief search, the overdue boater was located safely at the launch ramp.

**8-19** 7:30pm, while on patrol officers were contacted by an individual who was a victim of an injury hit-and-run from a small motor cycle. He sustained minor injuries and self-transported to local hospital for further evaluation. The incident is under investigation.

**8-20** 5:30pm, while on patrol in the truck officers were alerted to a female transient trespassing at VHV G-dock. Officers responded and issued warning to the female who was acting suspiciously, she left the area without incident.

**8-21** 11:05am, contacted by an individual having difficulty starting their vehicle. Officers assessed the vehicle and utilized patrol jump starter to start the car.





by Pam Baumgardner  
VenturaRocks.com

School is back in session, summer is drawing to an end, and yet, Ventura continues to rock! It doesn't matter what time of year it is in our beachside community, you can always count on an abundance of live music to keep things lively!!

Much love to Discovery these days for the bands they've been pulling in. Yes, I love our local bands playing, but that being said, I also love seeing bands like The Original Wailers and Ozomatli (9/7), Blind Melon (9/8) and Gin Blossoms (9/11) play this smaller venue where you can not only get a great meal, but you can get up and close and see these amazing national artists play. I was personally thrilled to see Gin Blossoms on the bill. I caught up with the band's lead singer, Robin Wilson, who told me about their new album, Mixed Reality, and not only did he tell me it's been receiving fantastic and positive response both from critics and fans, he also said it's certainly the band's best work in the past twenty-five years. Now that's saying a lot! You can hear more from Robin on The Pam Baumgardner Music Hour which airs on KPPQ-LP 104.1 FM, and online at [www.CapsMedia.org/Radio](http://www.CapsMedia.org/Radio) Tuesdays and Fridays at 5 and Sunday at noon.

Rock on the Dock returns to the Ventura Harbor kicking off their unique way to stage concerts with the bands playing on a floating dock, Saturday, September 1 featuring The Bomb, and then it's Sean Wiggins and Lone Goat on Saturday, September 8. Concerts run 3-6 pm.

The Aloha Festival is back this year and falls over the Labor Day weekend at Promenade Park. No cover, so get out and enjoy the music with performances from Bombafiya, The Question, Rising Son, After the Smoke and Kyle Smith.

The Ventura Nationals cruise into town at the Ventura Fairgrounds on Saturday, September 1 with musical performances from Gamblers Mark, Blazing Haley, Lance Lipinski and the Lovers, Abby Girl and the Real Deal, and Hard Six.

Quick notes: The Rubicon Theater is running the musical, "I Dig Rock and Roll Music for the next couple of weeks; Hat Hat Entertainment at the Hong Kong Inn has Lenny Goldsmith and The New Old Band on Friday, August 31, and Chris Duarte on Friday, September 7; Music Under the Stars wraps up their season Saturday, September 1, with Janeen Puente and her Latin Orchestra; Labor of Love, big band dance, will be held at Poinsettia Pavilion on Friday, September 7, with the Ventura Jazz Orchestra featuring Donna Greene; and Camerata Pacifica will perform Beethoven, Haydn & Brahms at the Museum of Ventura county on Sunday September 9.

And just one final note, Bombay has their annual Beach party over Labor Day; however, no advance listing of bands was submitted for publication. My apologies.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to [Pam@VenturaRocks.com](mailto:Pam@VenturaRocks.com), and for updated music listings daily, go to [www.VenturaRocks.com](http://www.VenturaRocks.com).

## Music Calendar

For more events go to [VenturaRocks.com](http://VenturaRocks.com)

- Aloha Festival**  
**Promenade Park**  
North of Pier  
Sat 9/1: Bombafiya, The Question, Rising Son  
Sun 9/2: After the Smoke, Kyle Smith
- Boatyard Pub**  
**Ventura Harbor Village**  
Monday-Thursday 6 pm, Friday & Saturday 7 pm, Sundays 4 pm  
Mondays: Milo  
Tuesdays: Jason Ho  
Wednesday: Mark David McKinnis  
Thursdays: Bluegrass Jam  
Fri 8/31: Karen Eden & Park  
Sat 9/1: Tom & Milo  
Sun 9/2: Shore Break  
Fri 9/7: Karen Eden & Bill Macpherson  
Sun 9/9: Corsican Brothers
- Bombay Bar & Grill**  
**143 S. California Street**  
Sat 9/1: Yachtley Crew
- Café Fiore**  
**66 S. California Street**  
Wed 8/29: Edgar Thatcher Trio  
Thurs 8/30: Sonido Moreno  
Fri 8/31: The Collective
- Cask Alehouse**  
**5952 Telegraph Road**  
Sat 9/1: Leslie Bixler  
Sat 9/8: Milo Sledge
- Copa Cubana**  
**Ventura Harbor Village**  
Week nights 6 pm; Weekends 7 pm; Sundays 3 pm  
Mondays: Bill Macpherson  
Tuesdays: The Jerry McWorter Trio  
Wednesdays: Creative Open Mic Jazz Jam  
Thursday: Coda jazz  
Fri 8/31: Native Vibe  
Sat 9/1: Havana Cinco  
Sun 9/2: House Arrest  
Fri 8/7: Brandon Ragan  
Sat 8/8: Havana Cinco  
Sun 8/9: Jerry McWorter Trio
- Discovery**  
**1888 Thompson Blvd**  
Thurs 8/30: Pacific Dub, The Ries Brothers  
Fri 8/31: Herbal Rootz  
Sat 9/1: Collie Buddz  
Fri 9/7: The Original Wailers, Ozomatli, Chali 2na  
Sat 9/8: Blind Melon, Joshua James  
Tues 9/11: Gin Blossoms
- El Rey Cantina**  
**294 E. Main Street**  
Fridays: Xoco Moraza & Friends (6-8 pm), DJ  
Saturdays: DJ
- Four Brix Winery**  
**2290 Eastman Avenue #109**  
Music 5:30 - 7:30 pm  
Fri 8/31: Theresa Russell
- Garage**  
**1091 Scandia Avenue**  
Wed 8/29: Species Unknown, The Rays, The MFA, Theurgy
- Grapes and Hops**  
**454 E. Main Street**  
Wed 6 pm; Thurs 7 pm; Fri & Sat 8 pm, Sun 4 pm  
Fri 8/31: The Salty Suites  
Sun 9/2: The Tossers
- Harbor Cove Café**

- 1867 Spinnaker Drive**  
Music 4-8 pm  
Fri 8/31: Ding Dong Devils  
Sat 9/1: Glasgow Tiki Shakers
- Hong Kong Inn**  
**435 E. Thompson Blvd**  
Tuesdays: Open Mic  
Thursdays: Gypsy Blues Band  
Fri 8/31: Hi Hat Entertainment presents Lenny Goldsmith & the New Old Band  
Fri 9/7: Hi Hat Entertainment presents Chris Duarte
- Keynote Lounge**  
**10245 E. Telephone Road**  
Tues, Wed and Sun: Karaoke  
Thursdays: Open mic night  
Fri 8/31: CRV  
Sat 9/1: DJ Aaron Van Gundy  
Fri 9/7: Action Down  
Sat 9/8: Sean Wiggins
- Leashless Brewing**  
**585 E. Thompson Blvd.**  
Tuesdays: Galactic Jazz w/ John Bardi  
Thursdays: Mark Masson  
Wed 8/29: Leashless Trio  
Sat 9/1: Sam Kulchin  
Fri 9/7: The Inside Break  
Sat 9/8: Mark Masson & Phriends
- Limon y Sal**  
**598 E. Main Street**  
Fridays: DJ  
Saturdays: DJ  
Sundays: Instone (1-4 pm)
- Made West Brewing**  
**1744 Donlon Street**  
Thurs 6 pm; Sat 4 pm; Sun 3 pm  
Thurs 8/30: RJ Bloke  
Sat 9/1: Anchor & Bear  
Sun 9/2: Milo Sledge Trio  
Thurs 9/6: Matt Sayles  
Sun 9/9: The Rose Valley Thorns
- Majestic Ventura Theater**  
**26 S. Chestnut Street**  
Wed 8/29: J Boog  
Thurs 8/30: Café Tacvba, The Marias  
Fri 9/7: Neck Deep  
Sat 9/8: E-40, Nef the Pharoah, OMB Peezy
- Margarita Villa**  
**Ventura Harbor**  
Fri and Sat 6 pm; Sun 4 pm  
Tuesdays: Dave Rea  
Wednesdays: Karen Eden  
Thurs 8/30: Keith & Friends Open Jam  
Fri 8/31: the Tossers  
Sat 9/1: Reign  
Sun 9/2: The Right Amount of Wrong  
Mon 9/3: Sin Chonies  
Fri 9/7: James Broz  
Sat 9/8: Crosscut 805t  
Sun 9/9: Trippin' Wild
- Museum of Ventura County**  
**100 E. Main Street**  
Thurs 8/30: Rachel Sedacca (11:30 am)  
Sun 9/9: Camerata Pacifica
- Olivas Adobe**  
**4200 Olivas Park Drive**  
Music Under the Stars  
Sat 9/1: Janeen Puente and her Latin Orchestra
- Paddy's**  
**2 W. Main Street**  
Wednesdays: Karaoke  
Fri & Sat: DJs
- Plan B Wine Cellars**  
**3520 Arundell Circle**  
Sun 9/9: The U.K. Beat (4:30 pm)
- Poinsettia Pavilion**  
**3451 Foothill Road**  
Fri 9/7: Labor of Love Big Band Dance w/ Ventura Jazz Orchestra featuring Donna Greene
- Prime**  
**2209 E. Thompson Blvd**  
Tuesdays: Danny D  
Fridays: Mike Moody  
Saturdays: Jessica Ash
- Red Cove**  
**1809 E. Main Street**  
Thursdays: Music Club Open Jam Night

- Thurs 8/30: The Inside Break, Bad Leaf, Casual Business  
Fri 8/31: Soup Hat, Disrupted Euphoria
- Rookees Sports Bar & Grill**  
**419 E. Main Street**  
Fri and Sat: Rotating DJs
- Rubicon Theater**  
**1006 E. Main Street**  
Wed - Sun: I Dig Rock and Roll Music (Musical)
- Saloon BBQ**  
**456 E. Main Street**  
10 pm  
Fri 8/31: Last Resort Club DJ set  
Sat 9/1: Dante Elephante
- Sandbox Coffeehouse**  
**204 E. Thompson Blvd**  
**805-641-1025**  
Thurs 6 pm, Weekends noon  
Thursdays Open Mic  
Sat 9/1: Maggie's Drawers  
Sat 9/8: Bryan Chan & Jill Fenimore
- Sans Souci**  
**21 S. Chestnut**  
Sundays: DJ Darko  
Mondays: Karaoke  
Tuesdays: DJ Nick Dean  
Wednesdays: Open mic  
Thursdays: DJ Spinobi  
Fri 9/7: Spinz & the Dirt Farmers
- Star Lounge**  
**343 E. Main Street**  
Sunday music 3-6 pm  
Tues: Karaoke  
Thurs: DJ Trovlbe  
Fri 8/31: Mini Driver Band  
Sat 9/1: Shawn Jones Trio  
Fri 9/7: Power Syndicate  
Sat 9/8: Whiskey Stone
- The Tavern**  
**211 E. Santa Clara Street**  
**(805) 643-3264**  
Sundays: DJ Steezy Steve  
Tuesdays: Karaoke  
Thursdays: Get Right DJ  
Sat 9/1: Char-man, Sweet Reaper, Die Evil Die  
Sat 9/8: Cloudbrunners
- Ventura Harbor Village**  
**1583 Spinnaker Drive**  
Rock on the Dock 3-6 pm  
Sat 9/8: Sean Wiggins & Lone Goat
- Ventura Nationals**  
**Ventura Fairgrounds**  
**10 W. Harbor Blvd**  
Sat 9/1: Gamblers Mark, Glazing Haley, Lance Lipinski & the Lovers, Abby Girl & the Real Deal, Hard Six
- Vintura at the Wine Rack**  
**14 S. California Street**  
**(805) 653-9463**  
Sundays music at 3 pm  
Thurs 8/30: Mike Cregan  
Fri 8/31: Frank Barajas & the Corsican Brothers  
Sat 9/1: Kevin Longdon  
Sun 9/2: Paul McCallum Trio  
Thurs 9/6: Nick Justiniano  
Fri 9/7: Karyn 805  
Sat 9/8: Jason Ho  
Sun 9/9: Tommy Quayle Band
- Winchester's**  
**632 E. Main Street**  
**(805) 653-7446**  
Music at 8:30 pm; Sundays at 2:30 pm  
Fri 8/31: Mark Masson  
Sat 9/1: The Tossers  
Sun 9/2: Sam Kulchin  
Fri 9/7: Two's Company  
Sat 9/8: 805 Allstarz  
Sun 9/9: Sam Kulchin
- The 805 Bar**  
**Ventura Harbor**  
Fridays: Sing-a-long with Kenny Devoe (4-6); Troy Edwards (8-11)  
Saturdays: Al Macias (10 am - 1 pm); Kenny Devoe (1-7)  
Sundays: Al Macias (10 am - 1 pm); Kenny Devoe (1-4)





Stephanie Green and Becky Caron began a project to help those that lost their homes.

## Rock of Love Project

by Jennifer Tipton

Eight months after losing her home on Nob Hill to the Thomas Fire, Becky Caron and friend Stephanie Green began a project to help themselves and others heal by making heart shaped glass mosaics on rocks. "I don't want people to forget what happened in December, none of us have been able to rebuild our homes yet and we are broken", said Becky.

Stephanie's home on Montclair (just below Nob Hill) was not lost, but there was enough damage to the kitchen that she was relocated to a rental in Oxnard Shores where Becky and her husband had also found temporary housing. In February, the two met up one day while each walking their dogs on the beach.

About eight other gals have now joined Becky and Stephanie with their "art therapy", including Candy Polhemus after her son Gary was seeking some sort of support for his mother who not only lost her home to the Thomas Fire but had also just lost her mother and then her husband passed shortly after the fire struck.

Becky told me, "It's therapeutic to create things with your hands, it's like putting pieces of our hearts back together."

Creating the mosaics is a 2-day process, the first day is to cut and glue the glass and a couple days later (after the glue has had time to dry), the rocks can be grouted. Since February, the group has met twice weekly, every Saturday morning and usually on the following Thursday.

Much of the glass and costume jewelry displayed on the mosaics has been donated to them. In fact, donations have come from as far away as Nevada when a business called "Stained Glass Dreams" sent 3 boxes of glass after being "touched by our story".

On August 25th, with the help of David Gardner, the 60 mosaic rocks took part in the Art Walk @ The Shores, starting at Wooley and ending at Harbor Blvd. Opening her Oxnard Shores rental home, Becky displayed the pieces for anyone who might like to have one. She stated, "we're not selling anything, we want to heal people's hearts, we never thought in a million years our homes would be lost in the fire and most of us were not able to get anything out, so we're rebuilding our hearts from the fire-piece by piece".

For more information visit: BeckyCaron@mac.com .

An Exhibition at Acuna Art Collective Social Security Building, 425 South B Street, Oxnard

Clay Coming To Life featuring the sculptures of **Jacqueline Biaggi, Lynn Creighton and Janet Neuwalder.**

The clay itself is the messenger. Each artist in her own way has learned to interpret the results of the movement of the clay in her hands. Love and trust of the clay requires that each artist await the result of the interaction with the clay leading the way. Ventura artist Lynn Creighton's forms flow from the process.

Opening: September 21, 5-8 pm;  
Closing: November 2, 5-8 pm

Special Event October 12, 6-8 pm:  
Exploring and responding to the Exhibition

with the guidance of poets Marsha de la O and Phil Taggart

Galleries open Thursday through Sunday 12 to 5.

Exhibition sponsored and funded by City of Oxnard Cultural Arts Commission.



At a previous Mayor's Arts Awards ceremony Councilmember Cheryl Heitmann presented the winners with their awards.

## Mayor's Arts Awards nominations

The City of Ventura, on behalf of the Mayor, welcomes nominations for its annual Mayor's Arts Awards. This program is intended to highlight the contributions that the arts provide to our cultural community as well as recognize artistic achievement.

Nominations can be made in seven categories and are open to the public. The deadline to submit is Thursday, September 6, at 5 pm. Nomination forms are available on the Mayor's Arts Awards website or by contacting Kathryn Dippong Lawson at [kdippong@cityofventura.ca.gov](mailto:kdippong@cityofventura.ca.gov) or 805-658-4726.

In its 14th year, this program aims at honoring significant contributions by individuals, organizations, and businesses to the arts. It showcases the economic impact of Ventura's creative businesses and develops new leaders and patrons for the arts. The seven awards categories, of the Mayor's Arts Awards program, are Arts Patron, Artist in the

Community, Creative Entrepreneur, Arts Leader, Arts Educator, Emerging Artist and Student Artist. Nominees need not be residents of the City of Ventura but must have had a substantive impact on the City of Ventura's cultural life. While self-nominations are not accepted, nominees should be made aware that they have been nominated. Nominators need not be City of Ventura residents and may submit multiple nominations each year.

"The Mayor's Arts Awards program is the City's way of showing our gratitude to the leaders, artists, and emerging artists of our community. The program celebrates the way art is weaved into the fabric of our cultural community here in Ventura, and we are thrilled to honor them," stated Kathryn Dippong Lawson, Cultural Arts Supervisor.

For more information on these categories and the program, please visit the Mayor's Arts Awards website.



The inaugural show at the Buenaventura Art Association's new Ventura home will be a joint exhibition by a dozen BAA artists. The Collage Lab gets together monthly to experiment with the medium of collage, often throwing in mixed media and assemblage just for fun.

Opening Sept. 6 in Buenaventura Gallery at the Bell Arts Factory, 432 N. Ventura Ave., and run through Sept. 30. Collage Lab members will be on hand 6-9 p.m. Sept. 7 for a reception in conjunction with Ventura's First Friday gallery crawl. A closing reception is planned 2-4 p.m. Sept. 30. The musical duo Ruby Skye will perform.

More than two dozen works will be on display, including a collaborative piece assembled from 12 squares by the individual artists. That piece will be raffled off as a fundraiser to benefit BAA in a drawing at the Sept. 30 reception.

Initial hours for Buenaventura Gallery at Bell Arts Factory, 432 N. Ventura Ave., will be 11 a.m.-4 p.m. Thursday through Sunday. For more about BAA and its programs, visit [www.buenaventuragallery.org](http://www.buenaventuragallery.org) or call 648-1235 during gallery hours.



Lighter Breeze

Baby Blues



Shoe



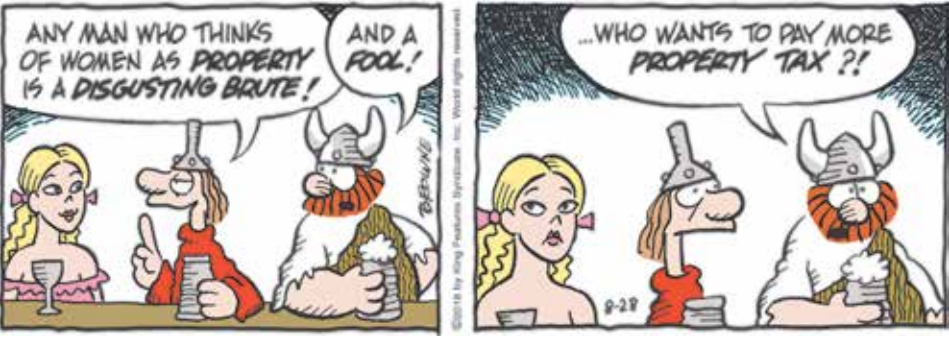
Rhymes With Orange



Beetle Bailey



Hagar the Horrible



Moose and Molly



Solutions on page 23

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

		6		7			9	
4			9					8
	2				3	1		
1			4		8		3	
	9			5				4
		5	2			6		
9				4			5	
	8		1					3
		7			9	4		

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

© 2018 King Features Synd., Inc.

Solutions on page 23

King Crossword

ACROSS

1 — -relief

4 "Conan" net-work

7 Easter flower

8 Baby's ail-ment

10 Traffic cone

11 Moon mission name

13 Shakes-peare's best-known query

16 "I'll take that as —"

17 Carolers' tunes

18 Vast expanse

19 Coloring agents

20 For fear that

21 Corporations

23 Paperhang-er's need

25 Scrawny

26 Dull sound of impact

27 Performance

28 Show smug satisfaction

30 Pi follower

33 TLC make-over series

36 Abrade

37 Film

38 Shocking weapon

39 State

40 High deg.

DOWN

1 "The Hobbit" hero

2 Lotion addi-tive

3 Thesaurus entry

4 "Fiddler on the Roof" star

5 Rorschach pictures

6 Riverbed deposit

7 Rhone city

8 Christmas

9 Storage area

10 Bake sale org.

12 Not just plump

14 Shad delica-cies

15 Chow down

19 Parched

20 "Acid"

21 Botanist for whom a reddish-pur-ple flower is named

22 Unbroken

23 Excellent, in

24 Self-service diner

25 Pussy foot?

26 Carrier

28 Grind the teeth

29 Ran easily

30 Make merry

31 Barber's con-cern

32 Raw rock

34 Snare

35 Worked on a loom

© 2018 King Features Synd., Inc.



**LIBRA** (September 23 to October 22) Get all the facts about that investment “opportunity” before you put even one dollar into it. There could be hidden problems that could prove to be costly.

**SCORPIO** (October 23 to November 21) Compromising on a matter you feel strongly about not only ends the impasse, but can be a win-win deal for all. Remember: Scorpions do well with change.

**SAGITTARIUS** (November 22 to December 21) With all the demands you currently have to deal with, accepting the help of family and friends could be the wisest course to take at this time.

**CAPRICORN** (December 22 to January 19) Recent upsetting incidents might have left you with a big gap in your self-assurance. Refill it by spending time with those who know how worthy you really are.

**AQUARIUS** (January 20 to February 18) A dispute about money needs to be resolved quickly, before it festers into something more serious. Consider asking an impartial colleague to mediate the matter.

**PISCES** (February 19 to March 20) A soft approach could be more effective than making a loud demand for the information you need. You might even find yourself with more data than you expected.

**BORN THIS WEEK:** You’re sought out for the wonderful advice you’re able to offer to others. And sometimes you even take it yourself.

(c) 2018 King Features Synd., Inc.



# Show Time

## Eighth Grade



Breeze rating from 1 to 4 palm trees,  
4 being best.

by Manuel Reynoso

*Eighth Grade* is a 2018 comedy drama, written and directed by Bo Burnham, marking his directorial debut. Starring Elsie Fisher, Josh Hamilton, and Emily Robinson. *Eighth Grade* follows Kayla Day, a soon to be high schooler, and her life as she navigates through a confusing time of transition.

Dizzily awkward, painfully honest, and nauseatingly cringey; pretty much exactly how I remember my last year in middle school. For us millennials and generation Zers, that’s precisely why this film is so appealing. It validates a time in every young person’s life that we fondly look back on and think, “What the hell was I thinking?” *Eighth Grade* was Bo Burnham’s first dive into narrative-driven film, and he killed it.

Bo Burnham’s use of unknown actors is something I’ve been itching to see more of in Hollywood. Elsie Fisher’s performance was great and as were many of her co-stars. Having new unknown actors is such an easy way to circumvent the problem of having experience adults play the role of children. This added authenticity really goes a long way to improve the experience and help the viewer’s immersion.

However, Bo Burnham’s screenplay was really the star of the show here. I haven’t seen other media really do justice to the youth culture of Gen Zers quite like *Eighth Grade*. Awkward parental dabbing, Fortnite dances, and vlogging, it’s all there and just as silly as it looks in our lives. In the middle of all that though, this is a story of encouragement. A story that we all persevere through this time and eventually hit our stride. Kayla Day is so easy to root for, so easy to care for, because she so perfectly encapsulates that vulnerable time in everyone’s life.

With all that said, the biggest obstacle to *Eighth Grade*’s success is really itself. It’s an awkward story, about awkward teenagers, in an awkward time in their life. I can’t help but ask myself who really is this film for? An R rated film targeted specifically for middle schoolers, that spends as much time poking fun at youth culture as it does celebrate it. That’s a hard sell. Really, I feel the film seems to be best suited for us young adults who just love to commiserate. Reminiscing about how terrible of a time middle school was is a fun ride, but not one that everyone wants to go on. It’s a great film, that much is clear, but it very much isn’t for everyone. Rated R 1h34m

A View from House Seats

## Classic comedy in Camarillo

by Shirley Lorraine

Now on stage at the Camarillo Skyway Playhouse through September 16 is Noël Cowards’ classic comedy *Private Lives*.

Sir Noël Coward a (knighted in 1970) dabbled in all parts of the theater

throughout his lengthy career, from acting to directing to writing and seemingly everything in between. The quite cheeky Englishman is most well-known for his “comedies of manners” – *Private Lives* being one of the most successful. The dialogue is clipped, succinct, delightful and humorous as it points out and highlights the human condition and many of its failings.

Newlyweds Elyot and Sibyl Chase have chosen a hotel in Deauville, France for their honeymoon. So have newlyweds Amanda and Victor Prynne who reside in the suite next door. All goes swimmingly until Elyot and Amanda, who were previously married to each other, realize that not only have they entered unions of dubious lasting power, they still have strong feelings for each other. They decide to run away together to rekindle their passion, leaving Sibyl and Victor in the lurch. Ultimately, the jilted parties confront the pair and comedic chaos ensues.

The sparkling dialogue exposes the clear double standard thinking of the 1930’s to hilarious response.

All the characterizations are strong and consistent. Alan Wasserman, playing Elyot, gives a solid performance that brings forth lots of laughs as he delivers sentiments of the times with a straight face. His new young bride, Sibyl, is suitably spirited in the person of Lauren Zika. She carries off the flighty role with vigor. Amanda, Elyot’s first wife and the center of the plays whirlwind action is portrayed by Genevieve Levin, who attacks the part with fervor. She is well matched to Bill Sweeney as her new husband Victor, a caricatured English gentleman.

Scenes between the two men are delightful as the characters battle each other with more wit than brawn. The English accents are carried off extremely well by all and it took a few minutes to acclimate my ears to its cadence. Because of that combined with musical background, the opening scene was a challenge for me. As soon as the music stopped I was able to focus on the verbal spars more closely and able to enjoy the wordplay.

Theresa Secor, a familiar face in Ventura County Theater, adds brief comic touches as Louise, the maid. Although her lines are spoken entirely in French, she certainly delivers a clear message through expressions and body language.

The 1930’s costuming credited to Erin Heulitt is simply dashing - flattering to each person and adds a special touch to the strong characterizations.

Set design by Director Dean Johnson gave most attention to the second half scenes, an interior suite in Paris, France. Just enough detail was given without overcrowding the set with period knick-knacks. The opening sequence on the hotel veranda was less polished, in my opinion, but did convey the appropriate tone.

*Private Lives* is a welcome look at classic (and clean) comedy of the highest quality.

*Private Lives* runs Fridays and Saturdays, 8 p.m., Sundays, 2 p.m. through September 16  
Camarillo Skyway Playhouse  
330 Skyway Drive, Camarillo  
Camarillo Airport  
(805) 388-5716  
or [boxoffice@skywayplayhouse.org](mailto:boxoffice@skywayplayhouse.org)  
Adults \$20, Students, seniors (60+) and military, \$15, Under 12, \$10

# Youth



Annika Fedde represented USA at Laser Radial Youth World Championships.

## From Foothill High to Germany

Annika Fedde, senior at Foothill Technology High School in Ventura, headed to Europe to train prior to competing in the Laser Radial Youth World Championships in Kiel, Germany held August 18-25.

Annika qualified for the 2018 Worlds through her 2017 results, ending the year ranked 3rd youth girl in North America.

“I am super excited to have the opportunity to be one of four American girls among the 101 competitors from 29 countries in the girls division”, Annika said. “I am really looking forward to getting to know and racing against the top girl single-handed sailors from all over the world”.

The Laser is a very physical boat with the sailor using their body to “hike out” in a plank position while sailing upwind to offset the wind’s pressure against the sail. To prepare for the athletic challenge of the long races on the Olympic style courses, Annika commenced a sailing specific workout program at Mavericks Gym after school under the guidance of 2008 Olympic Gold Medalist Anna Tunnicliffe.

Annika’s event schedule on the way to the World Championships began in January at the Atlantic Coast Championships in Florida and included the US Youth Championship in North Carolina, and Laser National Championships in Texas, Laser North Americans in California, and Pacific Coast Championships at the Columbia River Gorge in Oregon in early August.

Annika learned to sail at the Ventura Yacht Club summer sailing program where she first discovered her love for the water, wind and waves. She started competing in California events when she was 8 years old, then advanced to national and international events in the Optimist Dinghy, before moving into the Laser Radial class.

The Laser is the most popular sailing dinghy in the world with over 215,000 produced and has been the Olympic single-handed boat for men since 1996 and the Laser Radial for women since 2008. The Radial is also the top youth single-handed boat for boys and girls as they grow out of smaller entry level youth boats. Event information can be found at: <http://laserworlds2018.com/>

## Youth stamp fair

Thousands of free stamps, along with games, “swag bags,” door prizes and information people need to be stamp collectors, will be available at the 20th annual Youth Stamp Fair sponsored by the Ventura County Philatelic Society and the Anacapa Middle School Stamp Club on Oct. 6 at the Dudley House Museum, 197 N. Ashwood.

The free event will run from 10 a.m. to 3 p.m.

Visitors can attend 10 stations:

Registration, where those attending can also guess the number of stamps in a jar (the closest guess wins the jar and other material).

Removing stamps from paper: There are safe and unsafe ways to remove stamps from paper. People at this table will explain why to

remove stamps from paper and the safe ways to do it.

Perforations and watermarks: Perforations are the holes around the edge of most stamps. The perforations – or perfs, as collectors say -- can make big differences in the value of stamps that look alike. Watermarks are designs put into paper when it’s made. They can also make big differences in the value of stamps.

Mounting and storage: There are safe and unsafe ways to store stamps. Again, the people at this table will show the safe ones.

Topicals and covers: Topical collections are made up of stamps with specific designs, such as horses, cats, dogs, space and more. Covers are what collectors call envelopes.

World collecting and stamp identification. Obviously, the two subjects go together.

Bookmarks: Visitors can use stamps to create bookmarks for themselves or others.

Cachet design: Artistic visitors can draw pictures on envelopes they address to themselves and pick the stamps to be used on the cover. Winners in three age groups will win prizes.

Pick and choose: This is the most popular spot at the Youth Stamp Fair. Thousands of U.S. and foreign stamps will be available for the visitors to choose from.

Games, if there’s room.

Door prizes will be awarded at least once a room and possibly more often.

“The event is called the Youth Stamp Fair, but it’s for the young and young at heart,” said chairman John Weigle of Oxnard. “We welcome anyone interested in stamps and how to collect them.

More information about the Youth Stamp Fair may be obtained from Weigle at 805-485-7121 by phone or [jweigle@vcnet.com](mailto:jweigle@vcnet.com) by email.

CALL & BOOK YOUR PRIVATE EVENT!  
805-253-7163

Discovery  
VENTURA

LIVE MUSIC • BOWLING • FOOD & DRINK

8/30: PACIFIC DUBS W. THE RIES BROTHERS  
9/1: COLLIE BUDDZ  
9/7: THE ORIGINAL WAILERS, OZOMATLI,  
& CHALI 2NA  
9/8: UFC 228: WOODLEY VS. TILL  
9/8: BLIND MELON W. JOSHUA JAMES  
9/11: GIN BLOSSOMS  
9/13: TOMORROWS BAD SEEDS W.  
MIKE PINTO & KYLE SMITH  
9/14: CRACKER  
9/15: THE EXPENDABLES



Pacific  
Dubbs  
Guide You Home  
THE RIES BROTHERS  
THURSDAY, AUGUST 30TH  
ALL AGES  
DOORS 8:00 PM • SHOW 7:00 PM  
RSVP: 805-253-7163



COLLIE  
BUDDZ  
SATURDAY, SEPTEMBER 1ST



THE ORIGINAL  
WAILERS • OZOMATLI  
FRIDAY, SEPTEMBER 7TH  
DISCOVERYVENTURA.COM



BLIND MELON  
w. JOSHUA JAMES  
SATURDAY  
SEPTEMBER 8TH



gin blossoms  
TUESDAY, SEPTEMBER 11TH  
DISCOVERYVENTURA.COM



BACK TO YOU TOUR  
TOMORROWS BAD SEEDS  
MIKE PINTO & KYLE SMITH  
THURSDAY  
SEPTEMBER 13TH

FULL CALENDAR & INFO  
DISCOVERYVENTURA.COM  
1888 E. THOMPSON BLVD.





# VENTURA

## County Fairgrounds

# Swap MEET

Every Wednesday  
7am to 2pm

---

Free Parking

---

\$1.00 Admission

Antiques • Collectibles

Farmer's Market

Vendor Space Available  
For Information Call Sue Adams

818.590.5435



**We Are  
Back!**

10 West

# HARBOR

Boulevard

[www.snaauctions.com](http://www.snaauctions.com)