



Always a lady of class and distinction.

Sad passing of local icon, Helen Yunker

Helen had a simple philosophy: "In helping and sharing with others, you multiply your own blessings many times." Her blessings were multiplied over and over again.

One of Ventura's premier philanthropists, arts supporters and political activists, Helen died at age 97 peacefully on July 28.

Born in Chicago in 1921, Helen came to California in 1948 at the age of 27. After 10 years in direct sales, Helen fulfilled her dream of living at the seashore when she moved to Ventura's Pierpont Bay area in 1958. A realtor since 1971, she ultimately founded Helen Yunker Realty which still bears her name.

Her almost 60 years in Ventura is a virtual history of ongoing community engagement. She has been recognized over the years for her many contributions, by numerous service organizations in the areas of educational, medical, civic, youth, theater, arts, property rights and senior concerns. Ventura would not be the same without her enormous contributions.

Love of music played a major role in Helen's life. She sang in the Our Lady of Assumption church choir until the very end. She has entertained solo and with singing groups throughout her life at hospitals, jails, churches, ballets, etc. Her cameo appearances in the Nutcracker, by just walking on stage brought the house down.

Because her highlights and accomplishments would fill an entire page, we've listed just a few of them:

She sat on the Board of Ventura County Ballet Company (VCBC) and on the Ventura College Foundation Board. 1966: She co-produced "The First 100 Years in Ventura", a centennial magazine celebrating and documenting the city's

Continued on page 22



More than 400 attended the reunion.

VACE has 50-year celebration

On Saturday, August 11th, Ventura Adult and Continuing Education (VACE) celebrated its 50th Anniversary of providing Lifelong Learning to the community at the main campus on Valentine Road. In the past fifty years, VACE has offered adult education and training in over 150



Officers, staff, friends and family honored officer Dowell.

Ventura Police honor 40th anniversary of officer's death

On Monday, August 7, 1978, Sergeant Darlon "Dee" Dowell became the only Ventura Police Officer killed in the line of duty.

On August 6, four men tried to rob a

businessman making a night deposit at the Bank of America on Victoria Avenue. The robbery was interrupted, and the four suspects fled; two were apprehended immediately but two men, 20 and 22-years-old, escaped.

The next day a team of seven Ventura police officers served arrest and search warrants on the two outstanding suspects. Sergeant Dowell, Detective Don Bales, Detective Carl Handy, and Officer Gary McCaskill approached the front door of the suspects' house on Olive while Sergeant Art "A. J." Farrar, Detective John Leach, and Officer Don Arth set up a perimeter around the residence. Officers entered the home and were detaining a suspect in the living room when a 22-year-old man fired a shotgun from a darkened hallway, fatally wounding Sergeant Dowell. The shooter then ran through the house, crashed through a rear window, and was shot and killed by pursuing officers.

At the time of his death, Sergeant Dowell, 32, was a nine-year veteran of the Ventura Police Department. He is remembered as a dedicated police officer, devoted husband, and loving father to his two young children.

The City of San Buenaventura named Dowell Drive, the location of police headquarters, in Sergeant Dowell's honor in 1979.

On August 7, 2018 Sergeant Dowell's

Continued on page 8

Continued on page 8

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Business



Fillmore & Western’s mission is to preserve and offer a unique part of American heritage. Photo by Nicholas Martinez.

Visit Fillmore and Santa Paula while riding on vintage “movie trains!”

Fillmore & Western Railway has announced two new train excursions this summer. Enjoy the “Hot August Nights – Beer, Wine & Blues Train” departing from Fillmore’s Train Depot. Then on Labor Day weekend enjoy Fillmore & Western’s “Return to Santa Paula” with 1-hour antique steam engine train rides, for the first time, out of Santa Paula’s historic train depot.

Hot August Nights is an exciting new train that offers beer tasting from Santa Clarita’s Wolf Creek Brewery and wine + hard cider tasting from Reyes Winery. Appetizers are available for pairing and can be purchased while onboard. Passengers also have the opportunity to dance & mingle on beautifully lit outdoor flatcars while a live band performs into the night. The last chance to try this popular new excursion is on Aug 24th & 25th.

Return to Santa Paula is a celebration of Fillmore & Western’s arrival back at Santa Paula’s historic 1887 Southern Pacific Railroad Depot after over a year. Thanks to the Santa Paula Chamber of

Commerce the railroad will be open for business at the Santa Paula Depot and are running one hour train rides with their 1913 2-8-0 Consolidation steam engine built by Baldwin Locomotive Works. 1-hour rides will be offered 3 times a day on Sept 1st & 2nd from the Santa Paula Depot. On Sept 3rd a special vintage diesel train ride will depart from Fillmore at 8:30 am and head to Santa Paula for passengers to see their traditional Labor Day Parade or visit the Ventura County Agricultural Museum Tractor Festival.

Marketing Director & Webmaster, Josh Carsman shared that “Fillmore & Western’s mission is to preserve and offer a unique part of American heritage for all generations to enjoy. So many train adventures to choose from all year long. Its step back in time riding on vintage passenger and dining cars through the scenic Santa Clara River Valley (aka Heritage Valley). Not more then 30 - 40 minutes from Ventura on Hwy 126.”

Visit fwry.com for information or call 805-524-2546

Locally owned Horizon Veterinary Specialists now open in Ventura

Five local board-certified veterinary specialists have opened Horizon Veterinary Specialists, a newly established, 24 hour-a-day, 7 day-a-week small animal specialty and emergency veterinary hospital serving Ventura, Santa Barbara, and surrounding counties. The new veterinary hospital is located at 5280 Valentine Road in Ventura on the corner of Valentine Road and Sperry Avenue with easy on and off 101 freeway access at Victoria Avenue.

Dr. Nancy Scott and Dr. Sarah Gray, both board-certified by the American College of Veterinary Emergency and Critical Care, have transitioned their Emergency Veterinary Care practice to Horizon Veterinary Specialists and are joined by Dr. Amy Rhoades, Dr. Melissa Herrera and Dr. Theresa Ortega, all board-certified by the American College of Veterinary Internal Medicine. The five well respected board-certified vet-

erinarians have been seeing patients in the Ventura community for many years and bring over 50 years of combined internal medicine, emergency and critical care experience.

“We have built a strong team of caring and experienced veterinary professionals and are dedicated to serving our community with progressive, collaborative, ethical, and compassionate care,” said Dr. Theresa Ortega. “We are passionate about the pets and their families in our community and look forward to working with our local primary veterinarians to provide an extension of specialty and emergency care for their patients,” added Dr. Nancy Scott.

Working alongside the owners is highly experienced emergency veterinarian, Dr. Mary Ellen McLoughlin who has practiced emergency medicine exclusively for the past 12 years. She and the founders are joined by a team of dedicated veterinary technicians, assistants, client service representatives, caretakers, and practice managers who are all committed to excellence.

Horizon Veterinary Specialists provides services including 24/7 emergency and trauma care, internal medicine, critical care, ultrasound, digital radiography and endoscopy, surgery and 24-hour ICU hospitalization. Learn more at www.HorizonVets.com.



VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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the truth.
— Carl Sagan

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ I really miss the **fireworks** every night of the Fair. Hopefully next year they will run every night. I know some hate them because of the affect it has on their dogs. You know that I love dogs but for 5-minutes, I think the dogs can take it.

Speaking of the Fair, it amazes me that folks start lining up for the evening music concerts as early as 11:30am - for a concert that starts at 7:30pm.

■ In this issue we have obits for **Helen Yunker** and Chingchai “**Chang**” Liampetchakul. Some media have treated these two as being equally important to Ventura. All deaths are sad, but Chang was a restaurant owner and Helen was one of the major benefactors to the arts and culture movement in Ventura. Ventura would not have been the same city if she hadn’t have lived here.

I loved her attending the City Council meetings (over 100 times) always beautifully dressed to complain about her mistreatment regarding her lot. And, she always starting out be introducing herself.

A few years ago we lost Sandra Laby - both great losses for the community.

■ The folks that live on Vista Del Mar have a very loose committee that meets to discuss problems unique to the street. Even though it was a Sunday, and she had other plans, Councilmember **Cheryl Heitmann** attended the last meeting to hear about their concerns. And, she has acted on many of them.

This is new Council District (7), and she will be up (if she chooses) for re-election in 2020. November is our first district elections, so be sure to vote.

■ It’s tough to lose our number one ranking and even tougher for the new fire victims in Northern California as the **Thomas Fire** is no longer the biggest in California history.

Climate change (heat and no rain) is producing a huge amount of fires - 20 at this writing - raging in California. It’s rather irrelevant if climate change is man-made or not. The fact is it is here, and we must deal with this new reality.

The City has confirmed that Ventura remains in a Stage 3 water shortage. To be in Stage 3, which the City has been since in September 2014, the water supply must be 20% to 29 % below the “normal year supply projection”. This year’s supply is projected at 15,321 acre-feet, about 22% below normal.

In future years, the city is looking at two major projects to diversify its water supply. One is a connection to state water, an effort Ventura is exploring with Calleguas Municipal Water District, United Water Conservation District, Casitas Municipal Water District and Oxnard. Far from helping give the city an abundance of water though, the project is mostly to ensure Ventura has an emergency backup supply. Ventura has been paying into this for many many years.

Ventura Water General Manager **Kevin Brown** said he hopes to be connected to state water by 2021-22. So, don’t hold your breath and expect our water bills to drop any time soon.

Speaking of Kevin, we have never been able to get a good answer as to why we didn’t have water to put our fires out. As I’ve mentioned, I stood with firefighters watching houses burn to the ground.

The reason given is that we are in litigation.

■ From a previous Breeze; “The story of the **Lone Woman of San Nicolas** Island has fascinated people for generations and formed the basis for the popular children’s book, Island of the Blue Dolphins. In 1835, the Nicoleños were removed from their island home, except for one woman, who remained on the island for 18 years. In 1853, she sailed to Santa Barbara with George Nidever. Efforts were made to find people who could communicate with her, but the

she died seven weeks later, unable to fully share her story of being alone.”

Oh, please say it isn’t so. There is mounting proof that Nicoleño didn’t survive alone on San Nicolas Island for 18 years. Now researchers are finding new details in the “Lone Woman’s” story. They have uncovered evidence that ships landed at or anchored nearby San Nicolas Island during those 18 years. If so, some sailors certainly went to visit her and could have brought her back. And maybe she had a son that lived with her.

■ I am very concerned, and you should be also, about “any” president who tells his country to **ignore the media** because they are all wrong and to listen to only him. This is the beginning of Dictatorship101. An open exchange of ideas is what makes this country great.

Speaking of that, I have had folks stop to tell me that they disagree with something I’ve written. If you feel that way, please email me so that other readers can read of your concerns and can also read my responses.

■ In our last issue I was wrong (fake news?) and said that the **Pierpont Inn** had secured permits to continue with their remodeling, which they have not. Since first being cited for doing unauthorized work in January, 2016, the owners of the historic Pierpont Inn Wyndham Garden have been fined over \$150,000.

The restaurant and lobby are closed, and they are using a guest room as the front desk. The excellent restaurant is open at a different location on the site.

Ana Almada, the corporate parent’s Vice President of Operations, wrote in an email to the VCStar that progress had been “impacted by the large volume of construction/renovation projects currently underway in the area due to the recent natural disasters, leading to a backlog of available resources.” This is nonsense as they had plenty of time to secure permits in time to correct their mistakes prior to the Thomas fire.

Mailbox

By email

I just finished reading your article in last week’s Breeze (Paul Hunt Memorial) and was very disappointed to see that you did not include a picture of the actual cross along with the other photos you took that day it seems that somebody cut the cross off right at the bottom and didn’t show the whole picture of it it would have been nice to have included it since it’s a piece of history of Ventura

By snail mail

Why??? Lieberman, Goldstein, etc. left out the cross? The cross is of great historic significance.

JT

JT: To be blunt this was a memorial for Paul Hunt and not Jesus. Also there has always been debate if a 50-year old cross in indeed historical and don’t blame Lieberman, Goldstein they didn’t take the photos.

To Sheldon

I think this is a great idea. I use the Valdez Ally/Eastwood Park steps just about every day and would love to see that open area. We just need to protect our history, as you suggest. And by the

way, I’ve lived here about nine months and I don’t think I’ve ever seen that museum open.

Ed Terpening

This is what Ed is referring to from a previous issue. “Because it is very seldom used, it seems to me that the large outdoor area at the Albinger Archaeological Museum is a waste of space. It’s basically grass, dirt and river rock that were foundations for the old buildings that were located there. Really not much to see outside after you enjoy the exhibits inside the Museum.”

Until Sept. 3 the Museum is open from 11am-4pm on weekends.

Good Venturan returned wallet today

This morning my husband drove over to the east end to care for a friend’s dogs while they are away, and he unknowingly dropped his wallet while walking the neighborhood. A couple hours later he noticed it was missing, drove all around retracing steps but no luck. A few minutes ago a young man wearing a #VenturaStrong shirt rang the doorbell with the wallet and all credit cards, etc... intact, thus saving us the huge hassle

of canceling them and getting new ID, insurance cards, etc...

I tried to give this young man a reward but he politely declined. His name is Eddie. With all the bad news in the world lately, I want people to know that we have honest young people in our city, who will drive all the way across town to help a stranger. Ventura Strong, indeed!

Melissa Wantz
Old Town

Dear Sheldon,

Isn’t it a waste and a shame that the Foster Library has to close for the day when the temperature gets hot?

Why can’t air conditioning be installed? Wouldn’t it be worth the cost, particularly for the children?

Suzanna Ballmer
Ventura

We encourage you to send your opinions
to opinions@venturabreeze.com. Please
limit them to about 300 words

City News



Fire Chief David Endaya, Fire Captain Lou Manzano, Firefighter/ Paramedic Hermès Carbajal, Fire Engineer Logan Hughes(peeking out) and Assistant Fire Chief Matt Brock at the launch of ME7.

On Tuesday August 7, at Fire Station 1, located at 717 N. Ventura Ave. the Ventura City Fire Department presented the official launch of Medic Engine 7 (ME7), the Department’s new 40-hour per week Roving All-Hazards Fire Engine Company.

ME7 is designed provide additional resources during peak incident hours and will be available to respond to all types of emergencies, provide station coverage, improve departmental training opportunities, and provide additional community risk reduction to the citizens of Ventura.

Photo by Michael Gordon.



Honoring resident volunteers & Community Memorial Hospital volunteers at the “House!”

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Community Events



Kat Merrick with the Quilters Guild at the Local Love Project.

Kat Merrick, John McNeil and Trevor Quirk share Thomas Fire stories

CAPS Media’s Thomas Fire Stories project continues to record captivating first-person personal accounts with the public and first responders. This month Kat Merrick, Captain John McNeil and Trevor Quirk add their experiences to the series. On Friday, August 17 Kat Merrick shares a remarkably moving story of her fight to save her Wicked Wire Ranch, which is her personal home and the center of her Totally Local VC grassroots agriculture, art and music support organization. Equally engaging is Kat’s story of virtually overnight launching a massive community outreach program connecting hundreds of Thomas Fire victims with agencies and individuals who wanted to help. The following Friday, August 24, Ventura County Fire Chief John McNeil add his unique perspective to the archive. And on August 31, Trevor Quirk tells his fascinating story of fighting the fire on his ranch, rescuing neighbors all night long and then helping create the Upper Ojai Relief Organization to bring resources and help to victims throughout the isolated community.

A new Thomas Fire Story premieres every Friday evening at 6pm on CAPS


Media Channel 6 and streams online at capsmedia.org and on CAPS Radio 104.1PM. Following the premiere every Thomas Fire Story repeats throughout the week and is posted online at capsmedia.org/videos.

The Museum of Ventura County is archiving all of the Thomas Fire Stories interviews along with additional historical artifacts. Selected material will be included in a special exhibit at the end of the year. Portions of the Thomas Fire Story interviews will be included in a comprehensive documentary film also slated to premiere in December.

The start of the new school year is a great time to take a tour of the CAPS Media Center and consider joining the CAPS Media creative community. No prior experience is required and everyone is invited to join. Anyone who lives, works or attends school in the city of Ventura is eligible to become a member as are members of non-profit organizations throughout the county. To learn more about CAPS Media’s extensive television and radio resources and training attend an orientation tour held on the first Thursday of every month. HD videography/camera classes are held on the 2nd Thursday, Final Cut postproduction editing class is on the 3rd Thursday, and CAPS Radio (KPPQ, FM 104.1) two-part classes are on the 4th week. Member/Producers receive hands-on instruction in videography, video editing, radio production and more. All classes begin at 6pm at the CAPS Media Center, 65 Day Road.

November elections are only a few months away and CAPS Media will help provide information and resources for voters. This year, for the first time, ballots will include district elections for members of the Ventura City Council and Ventura Unified School Board. For details on the City district elections go to the City of Ventura website for comprehensive information at <https://www.cityofventura.ca.gov/1222/District-Based-Elections>

CAPS Media’s mission is to create an engaged and informed community through participation in electronic media. For more information, go to capsmedia.org or call 805.658.0500.



On Aug. 3, at 1:09pm the Ventura Fire and Police Departments were dispatched to a vehicle into a structure in the 6300 block on Ralston. Upon arrival, crews discovered a sedan into the side of a garage with the solo occupant still in the vehicle. Firefighters removed the victim from the vehicle, searched for residents in the structure and assessed the structural integrity of the building. This incident was due to a vehicle collision. The driver of the other vehicle was assessed on scene and transported to a local emergency department.



Community Events

Ventura events

by Ana Baker

Ventura Poinsettia Dance Club
Monday nights 7:30 - 9:45p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Dance lessons 6:45 - 7:15 \$5 for couple \$3 for single. Call Rick 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

The Ventura Retired Men's Group welcomes interested men to their semi-monthly Tuesday lunch (\$15) meetings at the Ventura Elks lodge. This regular congenial social event, besides a healthy, satisfying meal, supplies a welcome atmosphere to talk and joke, hear a speaker on a variety of relevant topics. Hear more from Steve at 642-1359

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

Cross Town Hikers on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events. Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

Are you a stamp collector? The Ventura County Philatelic Society meets on the first and third Mondays each month at 7:30pm at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Contact Bill Garner / (805) 320-1601 or sockonthenose@gmail.com

Mended Hearts of Ventura Come share if you have had heart surgery or stent implant. The first Tuesday each month at Lemon Wood Mobile Park, 850 Johnson Dr. Excellent speakers leading Cardiologists, Nutritionists, Dietitians etc..Contact Richard Hatcher at (805) 644-2733.

August 16: East Ventura Community Council. Mark Toohey, Southern California representative for the California Earthquake Authority (CEA) will speak on "Preparing for California's Next Big Earthquake." His presentation will include information

on the likelihood of a major earthquake occurring. Former Ventura City Councilmember Jim Friedman and current Councilmember Erik Nasarenko will be introduced as candidates running to represent new City Council Districts in November. In addition, a member of the Ventura Police Department will report on crime and safety. The council represents those who live east of Victoria Avenue. The meeting starts at 7:00 pm at the First Assembly of God Church, 346 N. Kimball Road. For more information, contact John McNally, Chairperson, EVCC: 805-804-7558

August 16, 17, 18 and August 23, 24, 25: Fractured Actors proudly presents The Speakeasy Project, a comedic and provocative evening of world premiere theater and live music, directed by Shannon McNally Ham. Step into Sweet Jay's, a Prohibition-era lounge, for bold new one-acts by Los Angeles playwright and theater critic Jason Rohrer. A ragtag crew of witty mobsters, government officials, talking animals and the first all-female voyage into space are accompanied by a world class band of Ventura County musicians, including Shelby Figueroa and James Dorward, performing modern pop songs with a cool jazzy twist. All shows start at 8:00 PM. Ventura Vineyard, 1956 Palma Dr. Tickets (\$15) and Speakeasy password are available at venturavineyard.churchcenter.com/registrations/events/135023 Call (805) 650-2510 for more information.

August 17, 9-11am. Birds and Beach nature walk at Ormond Beach hosted by The Nature Conservancy. Come and join in for this free nature walk. Will be exploring the area around the seasonal wetland to the beach looking for treasures along the way. The walk is fairly level (except walking in the sand) and roughly 1 1/2 miles. Please wear durable walking shoes. Bring Binoculars if you have them. Meet at Ormond Beach at the end of Arnold Rd. Questions contact Amy Davis at 770-853-4715 or guideamy@gmail.com.

August 19: The Ventura and Santa Barbara County chapter of the National Association of Watch and Clock Collectors (NAWCC) will meet Sunday, in the Campus Student Center of Ventura College, 4667 Telegraph Road. The regular meeting starts at noon and at 11:00 there will be an informal workshop where a topic on clocks or watches will be demonstrated and discussed. There will be a mart where items will be for sale followed by lunch and an informational meeting and a program at 1:00 pm. The program this month will be a presentation by Dave Coatsworth on "Collecting American Pocket Watches". Dave is a nationally recognized collector of American pocket watches and is the moderator of the American Pocket Watch section of the NAWCC Message Board. Anyone interested in watches and clocks, (modern & antique) is invited to visit and join the chapter. There is a \$3 admission charge. Lunch is available for \$5 more. Watches, clocks & tools will be on display and for sale. More information about chapter 190 can be found at www.nawcc-ch190.com.

August 22: "The College Area Community Council will meet on Wednesday, at 7 p.m. Representatives from Ventura College, including the new interim president, will make a presentation. In addition, Jennifer Harkey, Program Administrator with

CSU CHANNEL ISLANDS FOUNDATION & RABOBANK PRESENT

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the Continuum of Care Alliance, will describe the many nonprofits devoted to reducing homelessness. She will also explain how we can support these efforts and become a part of the solution. Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. Call (805) 644-8695 for more information.

August 28, 8:30-10:30am. Adaptations and survival along the Santa Clara River hosted by The Nature Conservancy. A free hike along the Santa Clara River Will discover how the plants and animals adapt or die in this dynamic, harsh landscape. The walk is 1 1/2 - 2 miles over varying terrain. Please wear durable hiking shoes. Be aware there are no facilities at this location so please bring water or whatever you need. 1368 Mission Rock Rd, Santa Paula (meet at the end of the road). Questions contact Amy Davis at 770-853-4715 or guideamy@gmail.com.

August 29: Beyond the Extra Mile, by Dennis Fitzgerald local investigator of Port Hueneme Police and Ventura's DA office, Dennis Fitzgerald brings over 40 plus true, fast paced and riveting crime stories to life. Come hear directly from Fitzgerald of his personal experience of the protests on the streets in the 60's to drug busts, amazing detective work and more. Book Signing and Q&A . Wednesday, , 6:30 pm. Bank of Books, 748 E. Main St. Ventura. Contact: (805) 643-3154 or bankofbooksmgr@gmail.com.

Sept. 11: Lifesource Women's Bible Study from 9-11:15 a.m. Community Presbyterian Church, 1555 Poli St. Every Tuesday morning following the school calendar. James by Beth Moore and Hosea by Jennifer Rothschild. Cost for two books and registration is \$45.00. Scholarships and Childcare available with prior notice. 805-648-2737 for more information or cpcventura.org

Oct.13: CSU Channel Islands Foundation and Rabobank present the President's Dinner & Concert featuring Chri Botti. An annual fundraising event that promotes higher education and raises funds to create opportunities for students at CSUCI. Saturday at the Commemorative Air Force Museum in Camarillo. Tickets: VIP- \$175, General Admission- \$60. Purchase tickets at: GO.CSUCI.EDU/PC18.

Ojai news and events

The Ojai Photo Club will feature photographer and educator Tim Meyer as its presenter for August.

The free event, "A Brief History of Portraiture," will be held on August 21 at 7 p.m. in Help of Ojai's Kent Hall, 111 W. Santa Ana St..

Meyer will offer a fast-paced journey through the history of portraiture, spanning more than two millennia and including a wide variety of art media. With a lifetime of experience in photographic portraiture, he will discuss different artistic approaches to creating portraits, from 600 BC to the present. He will illustrate how these styles have influenced human portrayal and how they continue to have an impact on contemporary photography.

For more information and to view Meyer's portfolio images go to <https://tmeyer.myportfolio.com>

Monthly free presentations are part of the Ojai Photography Club's community service and education outreach. The general public is always welcome to attend.

The club, which is devoted to education, inspiration, and camaraderie, meets on the third Tuesday of each month, February – November. Only members may submit images for review. More information is available at www.ojaiphotoclub.com/

The co-owner of popular Ojai eatery, Azu Restaurant & Bar, located in downtown Ojai, has been awarded the California State Legislature's Small Business Award for District 37 at an awards ceremony held in Sacramento. Nominated by Assemblywoman Monique Limon, the restaurant's co-owner, Elizabeth Haffner, was honored for her leadership in connecting the Ojai business community with the Economic Development Collaborative's Small Business Development Center to access disaster funds and relief services immediately after the Thomas Fire, and for long-term recovery assistance. Attending the event with Assemblywoman Limon and Haffner were Azu restaurant co-owner Laurel Moore, EDC's Clare Briglio, SBDC's Ray Bowman and Alondra Gayton.

Join Rev. Karen S. Wylie on Sunday, August 19, 10:30 a.m. – 1:00 p.m. at The Ojai Retreat to center on evolving a consciousness of peace and love for the planet. The morning will be devoted to contemplation, inner reflection, quiet walks, wisdom talks, sharing and sacred songs. The Ojai Retreat is at 160 Besant Road. People of all faiths and traditions, or no tradition, are welcome to attend.

Randee Vasilakos, RScP, will assist and anchor the morning in a consciousness of prayer and healing.

The retreat is by donation; \$20

Continued on page 20



This 'n' That

New Recycle Coach App Helps Ventura Residents Maximize Waste Diversion

Ventura residents can now easily reduce their household waste and become even better recyclers with Recycle Coach, an easy-to-use mobile app designed to take the guesswork out of recycling. Citizens can quickly access local disposal information for thousands of household items by downloading the free app at the iTunes App Store and Google Play.

The City of Ventura offers a variety of convenient ways to recycle, such as curbside collection in the blue bin, free monthly Household Hazardous Waste events, authorized drop-off locations, quarterly community cleanup events for bulky items and shredding, and certified collection centers. Recycle Coach makes these waste reduction resources and other important information, right at users’ fingertips to improve recycling and diversion.

“Outreach and education are key to improve recycling,” said Deputy Mayor Matt LaVere. “This is another

tool that will help our residents and businesses become greater stewards of the environment.”

Recycle Coach helps residents:

- Know when to put out recyclables and solid waste for curbside collection
- Receive collection reminders and real-time updates on potential service disruptions such as during holidays and emergencies
- Access useful recycling tips, tricks and tools to become recycling experts with local disposal information and collection requirements for common and uncommon items
- Use the problem-reporting tool, equipped with geolocation, to notify municipal customer services about issues like missed collections

Residents can access Recycle Coach from their desktop computers, mobile devices, or through digital assistants like Amazon Alexa and Google Home.

Homelessness in Ventura

Educational workshop on homelessness in Ventura on Thursday, September 6, 5:30-8:30 PM at the Poinsettia Pavilion- 3451 Foothill Rd. Hear an overview of homelessness in Ventura from those on the front line of this issue. Law Enforcement...Mental and Physical Health..., Housing and Shelter Substance Abuse/Addiction...Employment/Income...Current and Former Homeless Residents

RSVP to partnersforchangeventura@gmail.com. Include your main concern about homelessness in the city. Sponsored by the Faith Subcommittee of the Ventura Social Services Task Force. All are welcome.

Libraries September events

Avenue Library
Children & Family Events
Bilingual Early Literacy Class
9/10, 17, & 24 Mondays @ 6– 6:45pm
Join us every week for stories, poems, music, movement, a simple craft & fun! Lego Play
9/6, 13, 20, & 27 Thursdays @ 3 –5pm
Build, Learn, and Play! Bring your imagination and experiment with creative designs.

Adult Classes & Events
Laubach Literacy English Classes in the Meeting Room
9/10, 17, & 24 Mondays @ 10:30-11:30am & @ 12:45-1:45pm
9/4, 11, 18, & 25 Tuesdays @ 9-10am & @ 10-11am
9/ 5, 12, 19 & 26 Wednesdays @ 11:30am -12:30pm
9/ 6, 13, 20, & 27 Thursdays @ 10--11am
Introductory English classes offered through Laubach Literacy at Avenue Library. Make an appointment today; call 805-643-6393.

E.P. Foster Library
Adult Programs & Special Events
Introduction to Mindfulness
9/5 Wednesday @ 6:30-7:45pm
Find out how Mindfulness Meditation helps you reduce stress, be calmer, and more focused. (And you don’t have to sit on the floor to do it!) Discover the fundamentals of Mindfulness with Audrey Walzer.
Venture (a) Out in the County... a Sierra Club Educational Series
9/11 Tuesday @ 5:30-7pm
Learn about great places to hike, camp, and scenic spots around Ventura County. See you in the Topping Room!

Children’s Events
Early Literacy Class
9/4, 5, 11, 12, 18, 19, 25, & 26
Tuesdays & Wednesdays @ 10:30am
A great way to introduce your child to early literacy. Join us weekly for stories, poems, music, movement, a simple craft, and fun!

Teen Happenings
Steam Monthly
9/12 Wednesday @ 4-6pm
STEAM Monthly will explore concepts related to science, technology, engineering, art, & math in a structured setting. 2nd Wednesdays of the month. This month we will be exploring coding.
Hill Road Library
Discover Science
9/11 Tuesday @ 4pm
Join us for this monthly exploration of science concepts through hands-on experiments. Kids 10+
Computers for Beginners – Part I
9/18 Tuesday @ 11am
Get to know computers. Learn to use a computer, including the mouse and keyboard. No experience needed! RSVP at the library. For adults only.
Early Literacy Class
9/5, 12, 19 & 26 Wednesdays @ 10:30am
A great way to introduce your child to early literacy. Join us weekly for stories, poems, music, movement, a simple craft, and fun! Aimed at ages 0-5.

Saticoy Library
Children & Family Events
Early Literacy Class
9/4, 11, 18, & 25 Tuesdays @ 10am
Join us every week for stories, poems,

music, movement, a simple craft & fun!
Lego Play
9/10, 17, & 24 Tuesdays @ 3-5pm
Build, Learn, and Play! Bring your imagination and experiment with creative designs. Children of all ages welcome!

Adult Classes & Events
English Classes
9/10, 17, & 24 Mondays &
9/ 5, 12, 19 & 26 Wednesdays @ 3- 5pm
Introductory English classes offered through Laubach Literacy at Saticoy Library. Make an appointment today, call 805-671-5748.

September Closures
3rd - all libraries will be closed in observance of Labor Day.

VP honor 40th anniversary
Continued from page 1
Family, retired Ventura Police Personnel, Ventura Police Officers and Civilian Staff held a ceremony at Ivy Lawn in honor of Sergeant Dowell’s life.

A scholarship set up in honor of Sergeant Dowell by the Ventura Police Officers Association has awarded over \$100,000 to local students.

Former Ventura Chief of Police and current Councilmember Mike Tracy told the large gathering “today we take time to remember Ventura police sergeant Darlon Dowell. Dee was my first sergeant after I graduated from the academy. He was a new sergeant, loved being a cop and was truly dedicated to the Ventura Police Department. He was good to work with and for—respected for his work ethic and sense of fairness. “

“When I walk into city hall I always glance at the photo of Dee that hangs on the wall near the human resources department—a tribute to his service and sacrifice. And every time I’m reminded how young he was—32. He had his whole life and career in front of him.”

“For his wife Miki and their family the tragedy of august 7, 1978, changed their lives forever. That day also significantly impacted those who were with Sergeant Dowell, and all who worked to investigate the crime and deal with the aftermath.”

“I believe Dee would want us to take this moment to honor and respect the men and women of the VPD who today serve this community just as he did—out of a sincere desire to make a difference in the lives of other people.”

“So today we remember Dee Dowell—a husband, father, friend and fellow police officer—and remind all who serve and protect to be vigilant, safe, and prepared.”

Quote from a Ventura Police Officer’s Association t-shirt:

It’s the line between order and anarchy, normalcy and horror, life and death, that street cops cruise every day. Each time you enter a strange house or approach a suspicious vehicle or walk up to a potential suspect, you risk crossing over into a place where no one is paid enough to be.

To learn more about scholarship opportunities visit www.venturapd.org.

VC Leadership Academy
Continued from page 3
ment officials. Other session topics include education, public safety, health care, housing, transportation, economic development, arts, environment, infrastructure and agriculture. Cohort members also complete an immersion activity in the community;

examples of past immersion activities reflect the diversity of the cohort members’ interests, such as a police ride along, shadowing an elected official, volunteering at a non-profit organization, and others.

VCLA infuses personal leadership development throughout the curriculum with the goal of ensuring that its graduates recognize that leadership is a relational process and that leading at any level within any organization is a choice one must intentionally make.

The members of this year’s cohort include:
Ashley Bautista, Community Outreach Specialist, City of Ventura Police Department
Carol Ramirez, Business Office Director, Vista Del Mar Hospital
Kat Selm, Stewardship Coordinator, The Nature Conservancy
Monica White, President/CEO, FOOD Share

For more information about the Ventura County Leadership Academy please contact: Melissa Baffa (805) 665-3504 or info@vcleadership.org.

VACE has 50 year celebration
Continued from page 1
VACE Family together again,” exclaimed Director/Principal Carolyn Vang-Walker who welcomed the happy crowd. “Today, we are celebrating five decades of history together!”

Highlights of the special event included a chronological retrospective from 1968-2018 featuring numerous awards, archival photo albums, historical facts, course catalogs, and a very entertaining PowerPoint presentation of 2000+ Faces of VACE. Over the years, beloved VACE historian Barbara Dunmire had carefully compiled and archived thousands of artifacts that were on display. Attendees enjoyed reconnecting with former colleagues, teachers celebrated their students’ successes, and alumni reminisced about individuals who had made a positive impact on their lives. They posted favorite VACE memories on a Memory Wall.

Visitors strolled through the innovative 3D printer lab in the AutoCAD classroom, and then explored film projects currently in production at TDC Studios. Students enrolled in the Medical Assistant program were available during the day to conduct free blood pressure readings and health screenings. Attendees also toured through the career technical education (CTE) classrooms. An award-winning school, VACE boasts a 90% job placement rate for its graduates who have completed training and been awarded certification in the following career pathways: 3D Design and Drafting, Business Administration, Computerized Accounting, Front and Back Office Medical Assisting, Pharmacy Technician, Computer Network Support and Security, Graphics and Web Design, and Digital Multimedia/Studio Production.

Everyone enjoyed a delicious lunch of barbecued chicken and tri-tip catered by the new StoneFire Grill.

The next event scheduled to commemorate VACE’s 50th Anniversary will be a Fall Open House. If you are interested in learning more about VACE, or would like to schedule a tour, please call (805) 289-1744.



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CV/VB



Continued on page 22

Your Hometown Paper



News & Notes

We asked a few of our writers and staff to tell us their favorite thing at the Fair



Breezy Gledhill, Kiley White and Ashley Pope enjoying the Fair.

Breezy Gledhill

One of my favorite things at the fair this year was the Autism Society Ventura County booth. Besides the amazing people that I met at the booth this year – I’m talking about you Ashley Pope!, this nonprofit organization is mostly made up of individuals with Autism and their families. One in fifty-nine children have Autism, and early intervention can make a huge difference. It’s important to have patience with people that you meet because you do not know their reasons for staying quiet or not making eye contact, for example. Autism Society Ventura County aims to educate our community, so we can then educate others. Just remember to always be kind and exude love first.

I also found out that the Autism Society of VC puts on an annual fund-raising event every April called the Aut2Run - a fun 5K and resource fair!

What a super fun way to bring the community together, get in shape and support a wonderful group of people.



I’m already looking forward to next year.

Evin Brown-13

Every kid knows, the summer holidays aren’t complete without a visit to the Ventura County Fair. And the fair didn’t disappoint this year! There were so many awesome rides and attractions – there was something for everyone. From farm animals, agricultural exhibits and fine art, to awesome rides, carnival games, and a huge selection of foods and drinks, there was plenty to do for the whole family.

Uncle Leo’s Barn had so many wonderful animals! There were chickens, pigs, cows, goats, and more. Some of my favorites were the pig and its babies, the chickens, and the cows. The art pieces made by the children

and seniors were so cool to look at! I really enjoyed how one of the kids drew a picture that looked just like Sponge Bob and Mr. Krabs. I loved looking at the paintings that professional artists had made, too.

Out of all the roller coasters there, I would recommend the Olympic Bobsled as a great ride to start with. It was a lot of fun to speed up and down and jolt around the corners at a breathtaking speed and immediately feel energized and exhilarated. When you get off you just want to get back on again and again. I also really enjoyed going on the Ferris wheel - you could see the whole city from up there! At the end of the fair, I went on the Fast Trax ride and then visited the Gems and Minerals exhibit, which was very interesting to look at. I was also very happy and surprised to see an old diving suit helmet at the Agriculture Hall! Overall, I really enjoyed my experience at the fair this year and I’m already looking forward to the next. I hope that you enjoyed it as much as I did!

Jill Forman

The county of Ventura wants to do the best for the environment. So says the knowledgeable and enthusiastic young woman at the Public Works booth, in the Ag building.

Earth levees, important for channeling water, are easily undermined by rodents. Traditionally, they have been controlled by rodenticides, also known as poisons. The problem is, the dead animals can be eaten by other critters who then ingest the poison; this includes hawks, coyotes, owls, foxes, pretty much any carnivore you can think of.

The county is doing a pilot program on one creek using raptors (hawks and owls) instead to control the rodents. They are installing perches and putting up owl boxes, to encourage these birds to live and hunt in the area of the levees. This has been effective, equal to or better than using rodenticides. They will be expanding to other areas.

Bernie Goldstein

What I love about the Ventura County Fair is watching interaction of people, big or small in a variety of sizes, shapes and dress, hungry people waiting patiently by the food vendors, Kids having their faces painted while proud parents are watching close by; the bubble blowing machines filling bubbles into the crowds, the circus barkers, the pig race contests, the colorful rides and the hobby contests. I enjoy the wonderful display of photos and spend time and love the hobby contests. I have a special fascination with the 4 H animal auction and marvel at the talents of the auctioneers. I enjoy watching the facial expressions & excitement of the kids & others enjoying the attention grabbing rides & games, the people with huge oversized stuffed animal prizes won at the dart throwing or bean bag concession. I’m thrilled and enjoy too, the golden hour when the sun hides behind the edge of the sea, and the sky produces awesome colors. This is when the glittering & vivid colorful lights at the fairgrounds really come to life.

I enjoy photographing what I see at the fair

You’re Invited to a Free Gourmet Dinner & Workshop

Stunning Research now suggests that **TYPE II Diabetes** can begin to be **REVERSED** in as little as **1 WEEK**.



Wednesday, August 22nd, 6PM

We will share Natural & Simple Take Home Techniques and an Emerging Clinical Approach that’s utilized to help patients facilitate the Reversal of Type II Diabetes.

Learn how to:

- LOWER and STABILIZE Blood Sugar
- LOSE WEIGHT without exercise or fad diets
- DECREASE RISK FACTORS for diabetic complications and an early death

Location for Type II Diabetes:
Mimi’s Cafe
3375 E. Main St., Ventura

AUTOIMMUNE CONDITIONS
(MS, RA, Psoriasis, Hashimoto’s, Celiac, IBD)



Tuesday, August 28th, 6PM

These Autoimmune Conditions are all on the rise and can lead to a dramatic change in quality of life both physically and emotionally.

- Discover 8 overlooked causes of Autoimmune Disease.
- Learn a Strategic Action Plan to Apply Immediately.
- Learn about a Drug-Free, Evidence-Based approach that has helped thousands of people feel themselves again.

Location for Autoimmune Conditions:
Mimi’s Cafe
3375 E. Main St., Ventura



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CENTER FOR INTEGRATIVE HEALTH

Please RSVP code B0801 to (805) 232-3591

Limited Seating - Reservations Required. May bring 1 guest. Adults only.

Presentation by Tiffany N. Caplan DC, Board Certified in Integrative Medicine by the American Association of Integrative Medicine, Certified Functional Medicine Practitioner and Active Member of the Institute for Functional Medicine



A nice memorial has been set-up outside the site of the restaurant.

Well-known restaurant owner dies

Chingchai “Chang” Liampetchakul, former owner of Tipps Thai Cuisine has passed on at age 60.

Chang’s life has taken a turn for the

worse the last several years.

In Feb., 2017 Chang Liampetchakul suffered a stroke while at the restaurant. He was cooking up some ribs for Super Bowl, when some friends came to pick him up. When they arrived he crawled to the front door to unlock it. Tipps was one of Ventura County’s first Thai restaurants when it opened at 512 E. Main St.

After his stroke Tipps restaurant closed its doors after serving Thai food to Ventura locals and visitors since 1983. The lovable Chang was a kind and generous person, often providing trays of food to families in need and always ready with a great yarn.

In April, 2017 a fire erupted in the two story portion of the building on Main St. which housed Tipps on the ground floor and the Odd Fellows on the top floor.

Ventura Fire and Ventura Police investigated and found evidence that pointed to Liampetchakul as having started the fire. On May 10, 2017, Liampetchakul was arrested on suspicion of arson in connection with the fire. A motive was never determined. His case was still pending.

Funeral services will take place at 1 p.m. Aug. 18 at Hollywood Forever Cemetery in Los Angeles.

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The city paid church officials \$2,300,000 to buy this property.

Keep Ventura’s City Council out of the real estate business

by Venturans for Efficient & Responsible Government (VREG)

When it comes to real estate, Ventura’s City Council is, at best, inconsistent. At worst, they are reckless with our money. Their latest decision costs taxpayers over \$1,000,000.

On June 16th, the Council accepted the city staff’s recommendations for the Harbor Church. Like some other real estate recommendations, it loses money.

Nothing About This Deal Adds Up

The city paid church officials \$2,300,000 to buy the Harbor Church property in 2016. City Hall and Harbor Church agreed the value of both the land and the church building was \$1.6 million. The actual sales price included an additional \$700,000 to pay the Church to move. By any measure, Ventura overpaid for the property. City staff proposes to demolish the church, subdivide the property and sell the lots. Total cost to the taxpayers to clear the lot will be \$2,670,000.

Purchase Harbor Church Building	\$1,600,000
Moving Expense	\$700,000
Demolish Church Building	\$350,000
Remove Hazardous Material	\$20,000
Total	\$2,670,000

The city staff enthusiastically reported the value of the property on which the Harbor Church sits increased by 66% since 2016. They believe we can get four lots on the existing site. They estimate each lot will sell for between \$250,000 and \$375,000.

The arithmetic didn’t add up from the beginning. A staff report lists the property and building appraisal at \$1,350,000 in July 2017. A year earlier, the city paid \$1,600,000 for the church and the lot—\$250,000 more

	Average	Median	Avg SF	\$/SF	# Sales
2016	\$ 628,321	\$ 595,000	1619	388	184
2017	\$ 633,269	\$ 599,000	1700	372	322
2018	\$ 593,415	\$ 594,000	1747	340	179



On Aug. 8, at 7:07pm Ventura Fire responded to a reported vehicle accident into a tree with an entrapped passenger on Harbor near San Pedro. Upon first unit arrival, crews discovered a single vehicle collision with major damage and a front seat passenger entrapped. Advanced emergency medical care was initiated for the passenger while additional crews controlled hazards and began extricating the trapped victim using hydraulic and electric tools. The driver was assessed on scene. Both occupants were transported to a local trauma center.

News & Notes

than the appraised value. This transaction lost money from the very start and doesn’t begin to realize the gains from the purported 66% increase in land value.

Something Else Doesn’t Add Up Either

The city staff used an optimistically over-valued selling price for the lots.

We pulled data from a local title company for homes sold in zip code 93003 for the past two years. What we discovered was shocking (see the chart below).

According to the data, lots on Harbor Church’s corner should sell for between \$215,000 and \$233,000. The market values the lots are well below the \$250,000 to \$375,000 the city staff believes they’re worth.

A More Realistic Calculation Of The Transaction

Using this realistic data from the title company and giving the city the higher anticipated value, the sale of the property would actually look something like this:

Sell Four Lots (\$233,000 each)	\$932,000
Lease Payments From Harbor Church For 12 months	\$36,000
Realtor’s Fee (6%)	(\$55,920)
Total Revenue	\$912,080
Total Costs (from above)	(\$2,670,000)

Total Loss on Transaction (\$1,757,920)

Is The City Looking Out For Your Money In These Real Estate Transactions?

The City Council’s inconsistent real estate decisions should concern citizens. It causes taxpayers to doubt their financial acumen. The Council trusted the city staff again, with the same disastrous, money-losing results. One wonders whether they are good custodians of our tax money.

VREG’s Conclusions

We believe the city should get out of the real estate business. The litany of poor decisions grows—the WAV Building, Brooks Institute lease, 505 Poli and the Harbor Church property.

At the very least, the city should seek advice from licensed realtors and experts whenever making a real estate decision.

Large financial decisions deserve scrutiny. It’s best to proceed with caution and with thought. It’s too easy for city staff to recommend spending taxpayer money on losing projects. We urge the City Council to approach each real estate transaction with skepticism. Treat the money as if it was coming out of their own pockets.



The Aikira Family “At Table” sharing a love of food.

Cultural diversity of food in Ventura County

How history, culture and immigration shape our dining habits, menus and food traditions

The Museum of Ventura County will host an opening reception, 5:30 to 8 p.m., Aug. 30, for “At Table: The Business of Food and Community,” an exhibit that explores and celebrates the cultural impact of immigration through a shared love of food.

Each wave of immigration brings with it recipes passed down through generations, methods of preparation and styles of presentation that add a rich ethnic diversity to Ventura County’s local food traditions and eating experiences. “At Table: The Business of Food and Community” takes a look at how the influx of immigrants into the region has influenced local recipes, menus and dining habits, as well as food-related businesses and restaurants.

“Not only did immigrants bring their long-standing family recipes with them and share them, but as they arrived they learned to adapt their recipes to use whatever meat, fruit and vegetables were available to them. This exhibit explores adaptation on both sides of the immigration experience,” said Anna Bermudez, Museum of Ventura County curator.

From the museum’s archives, “At Table” pays homage to iconic local

restaurants that no longer exist such as The Colonial House and The Lobster Trap in Oxnard, and The King and I and Merle’s in Ventura and examines locally-sourced foods and food movements currently taking place throughout the region.

Tickets for the August 30 opening reception are \$5 for members, \$10 for nonmembers with tickets available at the door. The opening is in conjunction with the Ventura Chamber’s TASTE event which includes free admission to the Museum opening. TASTE tickets are available by calling 805-643-7222 or visiting venturachamber.com/taste2018. Museum members purchasing tickets for TASTE can use promo code Museum18 to receive the chamber member discount.

“At Table: The Business of Food and Community” will be on display through Nov. 25 with special events occurring throughout the months, including a panel discussion featuring notable food writers, a farm-to-table dinner event and a book talk by a noted local food author. Dates and details will be made available at venturamuseum.org.

Located at 100 East Main Street, the Museum of Ventura County is open Tuesday - Sunday 11:00 a.m. - 5:00 p.m. For more information, visit venturamuseum.org or call 805-653-0323.



Senior Living

Pull Out Section



Tony Jankowski, Dick Zizic and Harold Kennedy keep in shape playing tennis at the Pierpont Racket Club hoping that some day they can beat Publisher Sheldon.

Sports are a great way to be active!

by National Institute on Aging

Competition and teamwork can inspire you to work harder and keep up your commitment to exercise. Try one of these sports:

- Tennis
- Golf
- Seated volleyball
- Wheelchair basketball

For more sports ideas, visit the Go4Life website!

Exercising in hot weather? Stay safe with these tips!

Don't let hot weather stop you from being active. Follow these simple precautions to prevent heat-related health problems. Wear light-colored, loose-fitting clothes in natural fabrics. Drink plenty of liquids.

Check the weather forecast. If it's very hot or humid, try an indoor exercise.

For more safety tips, check out Exercising Safely in Hot Weather from Go4Life.

Yoga is a great flexibility exercise for older adults!

Yoga is a mind and body practice that typically combines physical postures, breathing exercises, and relaxation. When practicing yoga, keep the following in mind:

Put safety first. Look for a well-trained instructor. Practice mindfully. Find more information about yoga and older adults from Go4Life.

This exercise will help strengthen your grip!



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The hand grip exercise is a simple strength exercise that can help if you have trouble picking things up or holding onto them. It also will help you open jars more easily. You can do this exercise while reading or watching TV – all you need is a tennis ball!

When you're out and about on your bike, it's important to know how to be safe!

Riding a bicycle is a great way to exercise. Follow these tips to help you ride more safely:

- Always wear a helmet that fits correctly.
- Yield to pedestrians.
- Signal when you make turns.
- Avoid riding your bicycle at night.

Find more information on biking safely from Go4Life.

tellectual, vocational and environmental. Individuals worldwide participate in various ways to experience wellness activities for older adults while creating a supportive environment.

"The Wellness Festival is intended to inspire our residents and the greater community," said Britt Martin, lifestyle director of Clearwater at Riverpark. "I'm excited about Active Aging Week. There are many ways to live a healthy, vibrant lifestyle and offering a community wellness festival where the older active adults can explore on their own, puts the power in their hands to choose what is best for them."

The event is open to the public and there is no charge to attend. Guests will appreciate the beneficial and healthful choices at Clearwater at Riverpark's Wellness Festival, such as:

- A mindful market of local, homemade, and wellness focused product
- Community vendors
- Dogs to adopt from C.A.R.L, organization
- Healthy food trucks
- Wellness speakers
- Giveaways

In addition, throughout the week residents of Clearwater at Riverpark can engage in on-site activities aligned with Active Aging Week by dedicating each day to a dimension of wellness from their Empowered Living program. The exclusive schedule offers a beach clean-up, meditation journey nutritional class, tai chi session and more.

Space is limited. To reserve your space or learn more, please call 805.366.3446 or email RiverparkMarketing@ClearwaterLiving.com Clearwater at Riverpark is located at 750

Continued on page 14

Clearwater at Riverpark

Clearwater at Riverpark invites local community to Honor Active Aging Week with Wellness Festival

Clearwater at Riverpark is hosting a community event on Saturday, September 29th from 11 to 3 pm to advocate for Active Aging Week. Festivities will embody Clearwater at Riverpark's Empowered Living philosophy that encourages residents to pursue their passions through a wellness lifestyle.

Active Aging Week influences millions of people every year during the last week of September to spread awareness for the International Council on Active Aging® (ICAA). Highlighting the benefits of active living in adults over 50 years old; this weeklong campaign puts a spotlight on all areas of life – physical, social, spiritual, emotional, in-



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Chaplain Harold Christmann signing his book for Sandy Mathews and Jane Brown. Photo by Michael Gordon.

The book is written as a 31 day devotional

Chaplain Harold Christmann presented his newly published book of devotionals at a book signing event held at the Ventura Townehouse Active Senior Living Community located at 4900 Telegraph.

Chaplain Christmann is a retired Navy Chaplain . The book, Moments of Divine Intimacy has been released by Christian Faith Publishing and is available on Amazon and Barnes and Noble on line for \$12.95.

The book is written as a 31 day devotional. Each day of the month, Christmann describes a special moment when God touched his life through a new insight of truth or a demonstration of

God’s supernatural power of healing.

Chaplain Christmann has suggested that these experiences will be helpful to those seeking a more intimate relationship with God or who are looking for some tangible evidence of God’s reality.

The theme of the book is that everything God has done through Jesus Christ, death and resurrection has one purpose, to make intimacy with God possible.

Chaplain Christmann has a Bachelor of Arts degree and two Masters degrees. He has been certified as a clinical prison, hospital and hospice chaplain. Chaplain Christmann retired with the rank of Commander in the Navy Reserve and is

Senior Living

a Vietnam Veteran.

Chaplain Christmann is available for speaking engagements. He can be contacted by email gg.godsgift10@gmail.com.

What is Mesothelioma?

Mesothelioma is a rare cancer caused from asbestos exposure, a mineral that was used extensively in practically anything for its heat-resistant properties. After the dangers of asbestos were known, its use has been strictly regulated. Unfortunately, plenty of damage has already done and mesothelioma has a latency period of 20-50 years, making seniors the primary demographic diagnosed.

How is Mesothelioma Diagnosed?

Doctors use several methods to test for mesothelioma, however a biopsy is the only true way to confirm a diagnosis. This usually comes after a series of other tests and scans once symptoms arise. Since mesothelioma is a rare disease it is not uncommon for it to be misdiagnosed as the flu or pneumonia.

Anyone who believes to be or knows they were exposed to asbestos at some point in time, should immediately notify their primary care doctor about their exposure history. This will ensure mesothelioma and other asbestos-related diseases are not ruled out as the cause of the symptoms.

Imaging Scans

Most people initially undergo a basic chest X-ray. If an abnormal growth is detected, doctors will recommend a more detailed imaging scan such as a PET scan, CT scan or MRI.

Blood Tests

Blood tests are also available, but they do not confirm the presence of mesothelioma. Research is underway to determine if blood tests can aid in early diagnosis for at-risk former asbestos workers.

Biopsies

If cancer is suspected, doctors will recommend taking a biopsy or a sample of tissue. Biopsies can confirm mesothelioma cancer cells.

What Are Your Treatment Options?

The leading treatment options for mesothelioma include surgery, chemotherapy and radiation therapy. Many specialists prefer to combine two or more of these treatments, which is an approach known as multimodal therapy. Numerous studies show this approach improves survival rates.

Surgery

Surgery can be used for diagnostic or aggressive and potentially curative purposes. It offers the best chance of long-term survival for pleural and peritoneal mesothelioma patients eligible for surgery.

Chemotherapy

Chemotherapy can alleviate symptoms, improve quality of life and extend survival, but it can carry unpleasant side effects.

Radiation

With fewer side effects than chemotherapy, radiation can help shrink tumors and relieve pain. It can be performed at all stages.

Multimodal Treatment

A combination of two or more traditional treatments, including chemotherapy, surgery and radiation. Studies show multimodal therapy can improve survival.

HIPEC

Heated or Hyperthermic Intraperitoneal Chemotherapy (HIPEC) is a multimodal treatment that involves heating chemotherapy drugs and delivering them to the abdomen after surgery.

For more information visit The Mesothelioma Center. They are a 100% free resource center for those suffering from mesothelioma and their families. They have the most up-to-date information on asbestos and mesothelioma as well as offer 1-1 consultation with their Patient Advocates who will help find local treatment centers, doctors, and support groups.

Become a one-on-one Reading Tutor for adults!

Ventura County Library Adult Literacy READ Program is looking for Adult volunteer tutors who would like to help other adults improve their reading and writing skills. No teaching experience is required and the training is free. The five-week tutor training series will be offered in Ventura in August through September, and in Simi Valley in September through October.

The READ program trains adult volunteers to provide free one-to-one reading instruction for adults in need of basic literacy skills. Instruction in basic literacy includes the development of phonetic reading skills combined with communication skills. Ventura County Library is encouraging residents to take this opportunity to volunteer as a tutor or encourage someone you know to take advantage of the free program.

After completion of the five-week training, tutors will meet with their adult learners at locations throughout the county. Tutoring is scheduled by the availability of the tutors and the learners.

Illiteracy is an issue that can be debilitating in so many ways for adults who never received the proper instruction. Adults who are unable to read have a much more difficult time with many daily activities that others may take for granted, along with a clear disadvantage in today’s competitive job market.

For more information about how you can support literacy and make a difference in someone’s life, call (805) 677-7160.

Clearwater at Riverpark

Continued from page 13

Clyde River Place in Oxnard, California.

Clearwater Living® is committed to providing the most superior customer service and living experiences that celebrates individual relevance, from our residents and their families to our family of associates. Clearwater is growing through strategic acquisitions, development and operational management of senior living communities throughout the western United States. Every Clearwater Living community includes cutting-edge technologies and care practices that improve the daily lives of residents. To learn more about Clearwater Living, visit ClearwaterLiving.com.

Also Baby’s Badass Burgers Food truck will be there on September 14th and October 12th from 11:30am-2:30pm.

Senior Living



As of August 4th, Richard Crummie had received 131 cards.

90 for 90!

by Jennifer Tipton

When Susie Curtis first reached out to social media on July 16th to surprise her dad, Richard Crummie with 90 cards for his 90th birthday on August 2nd, she had no idea of the terrific response she would get! Cards came in from Georgia, Florida, Arizona and Canada, to name a few and some well-wishers sent gifts along with their card.

Mr. Crummie lives alone but has some problems with his eyesight, “it limits what I can do by myself, but I have friends that help me”, he said.

When her dad returned after going out to get a haircut, Susie placed the mail on his lap, “it was about six inches thick and he was shocked, asking me what it was”, Susie laughed. She told him it was his mail and he said, “all of it?”.

Mr. Crummie told me that at first, he was overwhelmed with how much mail he had received and when he learned it was all birthday cards, he was “really taken back by it all!”

When I spoke with Susie and her (very surprised) dad on the afternoon of his birthday, he told me, “she’ll have to read them to me of course, but definitely the best birthday ever!”

I asked what he’s going to do now, he responded, “I think I’ll try to be kind to everybody I come into contact with”.

Susie said,” but dad, I thought you were going to learn to jet ski?” He denied it saying he did all his exciting playing around in his youth, and added, “I think I’m gonna start all over – I’m going for 100!”

As of August 4th, Richard Crummie had received 131 cards and they were still coming in!

Do coffee drinkers live longer?

by Matilda Charles

A new study looked at data to determine whether consuming coffee lowered the risk of premature death.

This was not a small, short-term study. The data was collected for over a decade on a half-million people who’d been part of the U.K.



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Biobank study. It looked at all manner of health information and daily living, such as health history, smoking, drinking, exercise and coffee consumption, as well as exams and tests. Researchers then looked at all their information in terms of longevity in coffee drinkers.

Here’s what they found:

Risk reduction rose depending on the amount of coffee consumed. One cup a day gave an 8 percent lower risk of early death, compared to those who didn’t drink coffee. That rose to a 16 percent lower risk for those having six or seven cups. At eight cups or more per day, however, the rate fell to 14 percent.

It didn’t matter what kind of coffee was consumed. It could be ground coffee, instant or filtered.

It didn’t matter whether the coffee was regular or decaffeinated.

Since both regular and decaf coffee had the same results, it’s not the caffeine that helps reduce the risk of death. Bottom line is that, with all the many chemicals in coffee, they just don’t know what part of coffee is helping.

A word of warning: Just because a study says coffee helps reduce risk of death, it doesn’t mean we should double or triple the amount we drink. That’s an individual thing and should be discussed with your doctor. If, for example, you already are on medication for high blood pressure, even the small amount of caffeine in decaf coffee could have an impact on how effective your medication is.

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News & Notes



If you love music, you will love the Oxnard Jazz Festival.

Jazz Festival to be held at Oxnard Beach Park

On September 8th, the 3rd Annual Oxnard Jazz Festival (OJF) will take place at Oxnard Beach Park. The OJF is a cultural music celebration offering a diverse mix of Jazz, Latin, Soul, Blues and R&B.

The 2018 star studded lineup includes: Mindi Abair and The Bone-shakers, Pete Escovedo and his Latin Big Band, Greg Adam's & East Bay Soul, Paul Brown, Rick Parma, Con Funk Shun, Tierra, and Kelly's Lot.

This premier experience includes VIP seating and lawn seating in an incredible outdoor setting; complemented by scenic beaches, vendor booth shopping, cultural foods, and many other inviting attractions which make the festival a top

event and destination to close out the summer festival season.

Ventura County is home to some of the most respected jazz musicians in the country. The city of Oxnard offers fertile ground to cultivate a unique jazz experience and exciting celebration of music.

With a mild and mellow climate, the Oxnard Beach Park feels like you're in some splendid resort. If you love music, you will love the Oxnard Jazz Festival. Feel the Groove.

To buy tickets for the 3rd Annual Oxnard Jazz Festival go to www.oxnard-jazzfestival.com. <https://www.facebook.com/Oxnard-JazzFestival/>



Lucy Thoms-Harrington is an independent business consultant assisting businesses.

Channel Islands YMCA welcomes two to the Board of Directors

The Channel Islands YMCA is proud to announce the election of Lucy Thoms-Harrington and Daxter Gulje to its Board of Directors.

Mrs. Thoms-Harrington has been on the Board of Managers for the Lompoc Family YMCA for over 15 years where she has served as past Board Chair, Campaign Chair and Board Development Chair.

Thoms-Harrington is an independent business consultant assisting businesses expand their markets and product portfolios. Prior to this position she was the Product Line Director for Raytheon Vision Systems in Santa Barbara.

Thoms-Harrington earned her Master in Business Administration from Pepperdine University and her Bachelor of Science from Cal Poly in San Luis Obispo where she met her husband, Tim.

She has a daughter, Hope, who attends Stanford University.

Mr. Gulje is the Director of Enterprise Sales and Strategy for RightScale, which is a SaaS-based cloud management platform.

Gulje attended UC Santa Cruz for his undergraduate degree, discovering a knack for computer engineering at the dawn of the modern Information Age. Parlaying those skills into a career as an IT Director for UC Santa Barbara, changing career direction from engineering to sales. He has spent the last 15 years leading sales teams of local tech companies like Curvatore and RightScale.

Gulje occasionally appears on KEYT 3 & KKFX 11, to help explain breaking technology stories and their impact.

Ventura County Reproductive Rights Network

The Ventura County Reproductive Rights Network (VCRRN) is hosting its signature Write For Your Rights event

to bring together our community's collective voice during a time when threats to reproductive rights are at an all time high. Attempts to block Planned Parenthood's funding on the federal level continue in Congress, while women's health still remains at risk at the state level. Write For Your Rights gives Ventura County the opportunity to tell our local and national legislators that we stand in support of women's rights and believe reproductive rights are human rights.

The event will be from 12:30–2:30pm on Sunday, August 26th at the Unitarian Universalist Church of Ventura (5654 Ralston Street). VCRRN will have letters on a range of reproductive health care topics prepared for the public to sign. In past years, they have collected as many as 1,500 letters during a WFYR event. By bundling the letters, they are sending a strong message from our community to our elected representatives.

The event is free of charge and open to the public. Refreshments will be served. Ample parking is provided in the lot in the rear of the building.

The Ventura County Reproductive Rights Network is a countywide umbrella of organizations and individuals committed to educating the community about reproductive health issues and mobilizing its members in support of reproductive freedom, rights and access. In addition to the annual Write for Your Rights event, every January the VCRRN gathers signatures for its annual Roe v. Wade signature advertisement and event to raise social awareness about the ongoing assault on reproductive freedom.



Students learning at the farm.

VEP announces availability of \$100,000 in grants for VUSD classrooms

Over the past 10 years, Ventura Education Partnership (VEP) has given over one million dollars to provide small grants to Ventura Unified School District teachers that make a big impact on learning. VEPGrants have touched every child in VUSD, and have a long-lasting impact on learning by incentivizing innovation in the classroom and incubating new programs district-wide.

Madhu Bajaj, President of the all-volunteer Ventura Education Partnership believes "VEPGrants is a powerful way for the community to support teachers

and students because of the impact on increased student engagement and learning. Our teachers are amazingly resourceful. They bring innovation to their classroom on very limited budgets."

"It is an honor and privilege for Ventura Education Partnership to serve the Ventura Unified School District community by offering VEPGrants. And, it's exciting to share that this fall we will give over \$100,000 in grants for the 2018/19 school year thanks to generous community members and businesses who support our youth, teachers and schools," Bajaj said. Mountains 2 Beach Marathon, Aera Energy, Community Memorial Healthy System, MJP Technologies, Rotary Club of Ventura and many others make VEPGrants possible.

Recent Grant Recipient and VUSD Farm to School Operations Specialist, Chris Massa said of his grant, "The grant I received was literally the 'seed' money that allowed me to grow my program. It allowed me to buy tools, fruit trees, and seeds for my school farm."

Cabrillo Middle School Principal, Lorelle Dawes shared that "my VEPGrant allowed me to work with our students and renowned artist M.B. Hanrahan to create a mural that will enhance our entire school. It's been a beautiful process, and I am incredibly grateful to VEP for their support!"

Monica Lukins, Teacher at De Anza Middle School said "VEPGrants equipped me with necessary supplies that allow me to make history come alive in my classroom—from reenacting the Renaissance, traveling the trans-Saharan trade routes, and replicating Chinese inventions."

David Creswell, Superintendent, Ventura Unified School District said "Ventura Education Partnership (VEP) does so much to support education, encourage innovation and enrich the lives of literally all of our students. They are a catalyst for pulling us all together. VEP continues to make a huge impact on our schools and community, and I believe that this impact cannot be underestimated."

For application information or to support VEPGrants with a donation visit www.venturaeducationpartnership.org or contact Madhu Bajaj (805) 754-9861.

Prepare for sticker shock on your water bills

by Venturans for Efficient & Responsible Government (VREG)

The Ventura City Council stated building a pipeline for state water was Ventura Water's number one priority. We're pleased with the result. VREG promoted and encouraged state water over Direct Potable Reuse (DPR).

Water is a regional problem. Ventura should be a leader in working with all surrounding water agencies and cities to solve the problem.

Even with the Council's decision, though, Ventura Water projects will cost Ventura's 32,000 water customers \$538 Million. Spread the costs over ten years, and Ventura Water will charge each customer \$140 extra per month. Spread over five years, it will cost customers \$280 per month extra. Moreover, those costs don't include the State Water delivery costs we pay for the water we use.

There's no way around it. Plan on skyrocketing water costs in the coming years.



News & Notes



Vietnam vet Bruce Lockhart points out the names of 3 of his friends.

Vietnam Memorial Hosted at Ventura County Government Center

by Richard Lieberman

A half-size replica of the Vietnam Veterans Memorial in Washington D.C. was setup next to the Ventura County Government Center at the corner of Victoria Avenue and Telephone Road in Ventura. The replica wall was illuminated at night and the wall was available to all visitors around the clock.

The replica wall has visited Ventura County seven times in the past 33 years. This past July marked the third time it has been hosted at the Ventura County Government Center.

Joseph Richardson, a founding member of the Vietnam Vets of Ventura

County invited the public to “Come, Honor, Remember and Respect” he said. Richardson started his work with the replica monument in 1985 during its first visit to Ventura. “One of the things we really tried this year we took the Department of Defense listing of 111 casualties from Ventura, we created a brochure with their names on it, by city, alphabetical and by town, so there are 72 panels that have Ventura County casualties and their name and line number right there on the wall” added Richardson. Drafted into the Marine Corps in 1966 Richardson served 18 months in Vietnam.



Matty Park, Pat Butler, and Betsy Patterson are members of the League.

The League of Women Voters of Ventura County returns from National Convention

League of Women Voters of Ventura County (LWVVC), a nonpartisan political organization, was represented by Betsy Patterson, President, Pat Butler, Membership Director, and Matty Park, Director at Large,

at the League of Women Voters of the United States (LWVUS) 53rd National Convention held June 28 – July 1 in Chicago, IL. More than 1,000 League leaders from 49 states and the District of Columbia attended leadership workshops and heard from guest speakers about League priorities.

Founded in Chicago in 1920, the League of Women Voters is active in all 50 states with more than 750 chapters across the country.

“Convention was an incredible opportunity to connect with and learn from League leaders who are actively working in their communities to empower voters and defend democracy,” said Betsy Patterson.

The Convention kicked off with A Conversation on Redistricting where attendees heard from Ruth Greenwood and Nick Stephanopoulos. Greenwood served on the legal team for the plaintiffs in the United States Supreme Court case Gill v. Whitford which the Court remanded back to the lower courts.

Over the four-day Convention, delegates voted on the priorities that the national organization should focus on for the next biennium. The Campaign for Making Democracy Work® includes ensuring a free, fair, and accessible electoral system for all eligible voters by focusing on Voting

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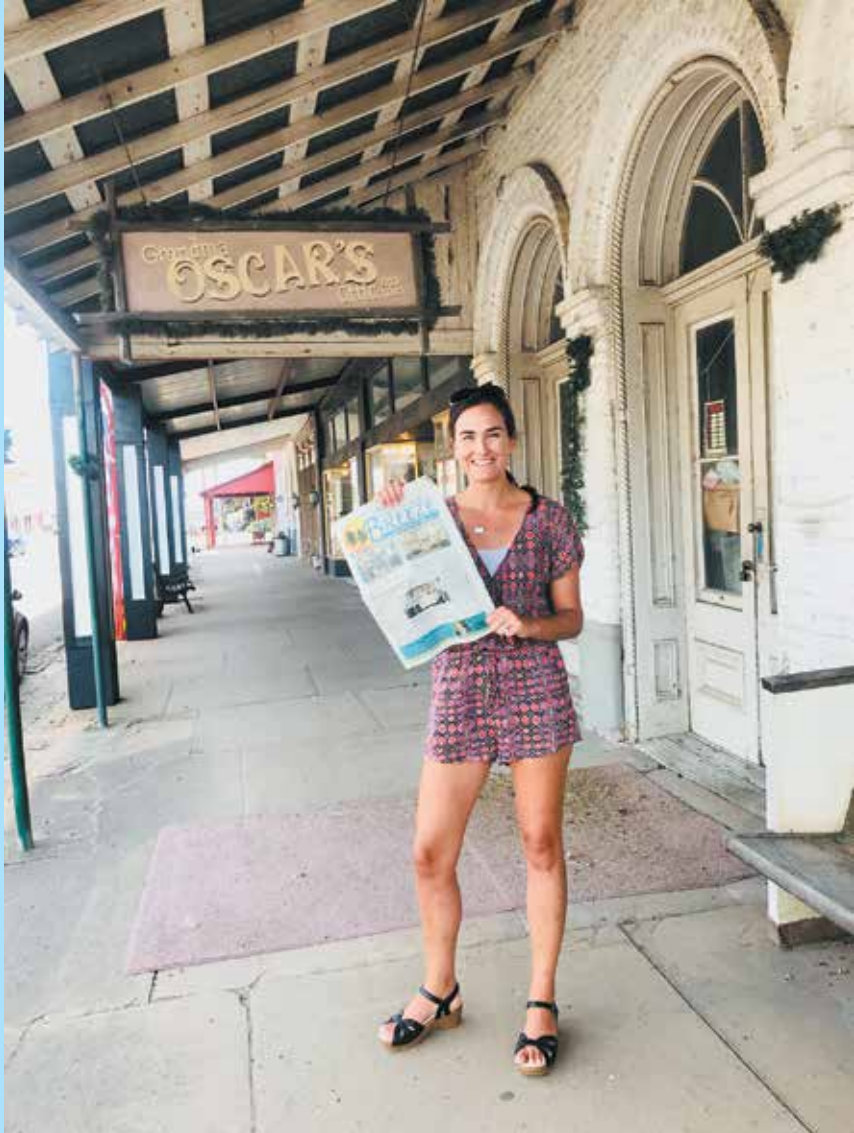
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Kevin O'Connor
President



Ashley Bautista of the Ventura Police Department made sure to take the Breeze on a vacation to Texas! “It was great to catch up on Ventura happenings on the plane,” said Ashley. “Texas was so sweet. I love traveling but always appreciate making my way home to Ventura where the weather is so beautiful and the people are so special. Thanks Breeze for keeping me company on my trip,” said Ashley.

Have questions about crime and safety in Ventura? Ashley is your gal for public safety information. Call or email her anytime 805-339-4317 or abautista@venturapd.org.

Rights, Improving Elections, and advocacy for the National Popular Vote Compact, Campaign Finance/ Money in Politics, and Redistricting.

The final night of Convention, attendees heard from Elaine Weiss, author of the Women’s Hour at a banquet where Leagues were recognized with awards for their work on Strengthening Democracy.

“Hearing Elaine Weiss recount the final push for women’s suffrage in this country reminded me how important the League of Women Voters is to this day,” said Pat Butler. “The number of women in elected offices does not reflect the demographic makeup of women in our communities. This is an important midterm election year and the League is committed to making sure the

voters in California continue to have the resources they need to participate in November.”

About League of Women Voters

The League of Women Voters, a nonpartisan political organization, encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy. Membership in the League is open to men and women of all ages. With more than 93 years of experience and almost 800 local and state affiliates, the League is one of America’s most trusted grassroots organizations.

Contact: Betsy Patterson
Tel: 805-798-4685
Email: bpatter123@gmail.com



The Pet Page



"You know a real friend? Someone you know will look after your cat after you are gone."

William S. Burroughs

Dedicated to Scamp

SPAN Thrift Store is providing \$10 spays and neuters for low income cat and dog friends.

New Location: Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard, on Friday, August 24th.

Please call to schedule an appointment 805-584-3823.

Canine Adoption and Rescue League, (CARL) is announcing it will be launching a fundraising campaign to help with staggering medical costs. CARL is a non-profit, all breed, no-kill animal shelter with its kennels in Santa Paula and adoption center in Ventura has been in operation since 1996. Since opening its doors, CARL has assisted dogs who have been relinquished, abandoned and often abused. Many are acquired from the Ventura County Animal Shelter (VCAS). Supporting VCAS helps them maintain their "NO KILL" designation.

CARL relies completely on donations and does not receive any government, state or city funding and operates almost entirely through volunteers. This means the community support is crucial to their success and to help more dogs.

CARL's veterinary costs in the past year exceeded \$105,500 and is their largest ongoing expense.

They are also a strong advocate for spay and neuter of the dogs prior to them being adopted. Surgeries, test and vaccinations consume a large portion of the medical costs as well.

They make a lifetime commitment to all the dogs in their care.

CARL is committed to saving as many dogs as possible, and without community support additional rescues don't happen. All donations are tax deductible and may be made:

To find out more about CARL and to donate, please visit www.carldogs.org.

Also on Facebook www.facebook.com/CARLdogs

Clear the Shelters is the pet adoption event of the year! Taking place on Saturday, August 18, at both animal shelters in Camarillo (600 Aviation Drive) and Simi Valley, (670 W. Los Angeles Avenue), from 10:00am to 6:00pm. All pet adoption fees will be waived; all that is required is a small pet license fee.

Dog and cat adoptions include vaccinations, microchip implant spay/neuter surgery, flea treatment, a free vet visit and much more. Trained VCAS Adoption Counselors will be on-site to answer questions and help with the adoption process.

"This event couldn't happen at a better time," says Tara Diller, Director of Ventura County Animal Services. "VCAS is bursting at the seams with hundreds of amazing pets, waiting to join your families. As the largest open-admission shelter in Ventura County, with 34 new arrivals daily, our shelters fill up quickly. This is the purrfect opportunity to stop by your local shelter to save-a-life."

VCAS will have food trucks and dog enrichment demos to share with pet lovers. This event coincides with the Camarillo Air Show so lucky shelter-goers will get a free air show from the shelter campus! Adopters will receive gifts and services valued at over \$1,000.

Choose from over 500 companion pets including, dogs, cats, rabbits, reptiles, livestock and much more. Preview shelter pets online at www.vcas.us/pets or download the smart phone app at www.ventura.org/mobile-apps-gallery.

Can't adopt? Choose to foster a shelter pet on a temporary basis. Learn more at www.vcas.us/foster. VCAS also has a non-profit foundation, "Animal Services Foundation of Ventura County," and accepts tax-deductible donations year-round via www.vcas.us/donate.

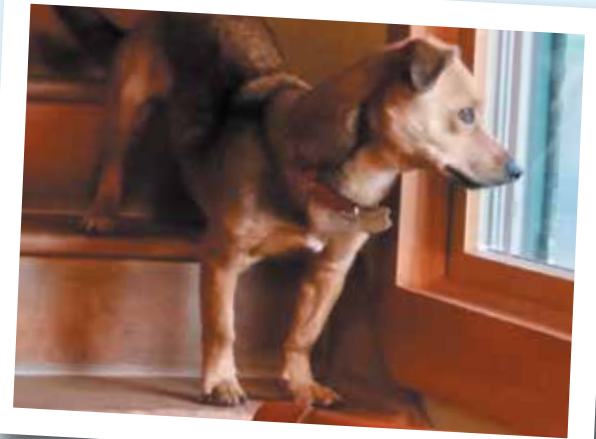
We are experiencing the hottest weather on record. The Humane Society of Ventura County reminds pet owners about precautions to protect pets during

Scamp Club

(Scampclub pets are not for adoption.)

My name is Jennae. I'm half Corgi, half crazy (is that a dog breed?).

I'm 5 plus or minus. She likes to attack Charlie and piss him off so he'll chase her. She is the fastest dog you ever saw, even with those short legs.



Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

the excessive heat.

"Veterinarians are inundated with cases of heat-related issues, and most are preventable," said Greg Cooper, Director of Community Outreach with the Humane Society of Ventura County.

In times of extreme heat, Cooper said, "All dogs at our Shelter have the option of staying inside their kennels, where it is climate-controlled, and the kennels are hosed down with cool water at least twice a day."

Here are useful tips from the HSVC to keep pets safe during the hot weather:

If you plan to go for a walk, it is important to first check the sidewalk to make sure it's not too hot. Place your palm on the sidewalk, and if you're unable to hold your hand there for at least seven seconds, then it is too hot for your dog's paws. Consider going on walks early in the morning or later in the day to avoid extreme heat, or go to a shady dog-friendly area instead.

Do not leave dogs in any vehicle or in the bed of a truck for any amount of time. A closed vehicle can heat up well above 100 degrees and be lethal to your pet. The best way to reduce the risk of heat stroke in your pets is to leave them

at home whenever possible. And make sure to always have fresh water available to them.

Remember, our brachycephalic (short-muzzled) pets have a hard time breathing at any time, and breathing in the heat can be even more challenging for them. Obese and elderly dogs and cats, as well as animals that have health issues or are on medication, may have additional troubles as well.

If you think your pet is suffering from the heat, you will need to contact your veterinarian immediately. Signs of heat stroke in your pets include restlessness, excessive panting, vomiting, diarrhea, fatigue and immobility. As the situation progresses, the animal's gums may turn brick red or even purple or blue. Suffering from heat-related illness is not only painful; it can be deadly.

If you see an animal in distress inside a parked car, call your local police and report it immediately.

HSVC Board Member Dr. Lee Baker, a licensed veterinarian with over 40 year's experience, narrated a public service announcement about hot weather exposure to pets. The video can be found at http://www.hsvc.org/hot_weather_safety.

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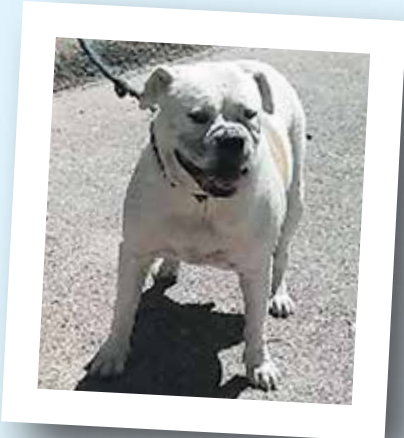
Venturan's still supporting our first responders.

The Pet Page

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

Forever homes wanted

Hi: I'm Muneca, a 2-year-old American Bulldog, in need of a new home as one of the dogs I used to live with did not want me around. I'm friendly with other dogs, but under socialized with people. I'm very shy, but will accept pets if you move slowly. It's unknown how I'd do with kids or cats. If you're looking for a great gal, stop by and meet me. Canine Adoption and Rescue League C.A.R.L.



Nala will melt your heart with her big brown eyes!! She is a very smart sensitive dog. Nala knows sit, down, high five and is extremely treat motivated. She loves to take short walks but also would love to be your perfect couch companion. While she appears to be shy from her kennel she comes to life once outside. Come and meet your new best friend Nala!! Ventura County Animal Services - Simi location -670 W. Los Angeles Ave. Nala A685009




THIS SPACE FOR WRITING MESSAGE

Dori Herrick and Cheryl Dunlap took the Breeze to the Grand Prismatic Spring at Yellowstone. They were careful not to drop it into the hot stuff.

GOING ON VACATION?
BE SURE TO TAKE THE VENTURA BREEZE WITH YOU AND SEND US A PHOTO WITH A LITTLE INFORMATION ABOUT YOUR TRIP AND EMAIL TO EDITOR@VENTURABREEZE.COM




Art at the Fair

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Over two million eagle enthusiasts watched the bald eagles up close. Photo by Dr. Peter Sharpe.

Bald Eagle population expands on the Channel Islands

The bald eagle breeding season this year has been the most productive since the restoration efforts began in 1980. A record 20 breeding pairs successfully reared 19 bald eagle chicks across five Channel Islands.

"This has been the best breeding season since I began working on the bald eagle restoration project over 21 years ago. The number of breeding pairs has increased from only three in 1997 to 20 this year," said Dr. Peter Sharpe with the Institute for Wildlife Studies. "On Santa Cruz Island we had two nests that each produced three chicks, something that is not commonly seen on the Channel Islands."

The overall tally of fledged chicks includes 11 from six nests on Santa Cruz Island, two from one nest on Santa Rosa Island, five from four nests on Santa Catalina Island, and one on San Clemente Island. New nest sites were discovered on Santa Rosa Island at East Point and on Santa Cruz Island at Yellowbanks.

Recent sightings of bald eagles from the Channel Islands have increased throughout California with birds seen in Orange, Santa Barbara, Ventura, and San Bernardino Counties and were spotted as far north as Washington and British Columbia.

Over two million eagle enthusiasts

News & Notes

watched the bald eagles up close via live webcams provided by Explore Annenberg and the Institute for Wildlife Studies on Santa Catalina and Santa Cruz Island this year. To view the bald eagle webcams visit explore.org or iws.org.

Bald eagles disappeared from the Channel Islands in the 1960's due to the effects of DDT and human disturbance. Today, there are about 60 resident bald eagles on the Channel Islands.

The Institute for Wildlife Studies (IWS), a nonprofit organization dedicated to the conservation of wildlife species, is involved in conservation projects around the world. IWS has conducted bald eagle restoration on Catalina Island for nearly 40 years. iws.org

The Explore Annenberg LLC is a charitable, nonprofit organization with a mission to champion the selfless acts of others, create a portal for the education of humanity and inspire lifelong learning. Explore uses the power of the internet, images, music, dialogue and the written word to fulfill its mission. Explore offers a portal for public viewing of live video and live webcams at explore.org.

Land owners that support restoration efforts include the National Park Service (NPS) as the manager on five of the eight California Channel Islands, The Nature Conservancy who jointly owns and manages Santa Cruz Island with the NPS, the Catalina Island Conservancy for Catalina Island, and the U.S. Navy on San Clemente Island.

Montrose Settlements Restoration Program (MSRP), a multi-agency program dedicated to restoring natural resources harmed by DDTs and PCBs released into the environment in southern California, funded bald eagle restoration efforts. MSRP is overseen by representatives from the National Oceanic and Atmospheric Administration, U.S. Fish and Wildlife Service, National Park Service, California Department of Fish and Wildlife, California State Lands Commission, and California Department of Parks and Recreation. montroserestoration.noaa.gov



Luz Soto returns to Cabrillo.

Cabrillo hires Soto as Director of Property Management & Resident Services

Cabrillo Economic Development Corporation announces the addition of Luz Soto as its Director of Property Management and Resident Services.

Soto returns to Cabrillo, where she previously served as Director of Property and Asset Management from 2005 to 2013.

Soto oversees Cabrillo's residential portfolio, which includes 26 affordable communities that serve nearly 1,200 low-income families.

"With more than 20 years of property management experience, Luz' strong leadership skills ensure the successful operations and management of Cabrillo's rental portfolio," said Cabrillo Chief Executive Officer, Margarita H. de Escontrias.

Overall, Soto is responsible for the oversight of property budgets; the timely turnover of vacancies and delinquencies; and all legal matters related to tenant-landlord laws and fair housing issues. She will also manage Cabrillo's Resident Services program, which provides ongoing resources as well as social and educational programs to provide a ladder of opportunity for residents.

Most recently, Soto served as Senior Vice President of Property Management and Resident Services with Abode Communities, where she managed 35 affordable housing developments with 2,319 homes that served 6,300 low-income people.

Prior to 2005, Soto worked as the District Property Manager for the Brackenhoff Management Group, where she managed a 1,300-unit tax-credit portfolio throughout California. She also worked with Goldrich & Kest Management, Inc., where she oversaw a residential portfolio consisting of 8,000 units, including HUD Project-Based Section 8, Tenant-Based Section 8, and Sections 202, 811, and 236.

Cabrillo Economic Development Corporation's mission is to provide comprehensive housing services and community economic development activities through a community-building approach that facilitates self-sufficiency for individuals and families who are most lacking in opportunity in Ventura and Santa Barbara counties. Incorporated in 1981, Cabrillo's early roots were in response to a farmworker community's demand for secure housing. Although this continues to be important, today there is a more widespread need for affordable housing in this region. As such, Cabrillo now provides housing for low- to moderate-income residents and families, including farmworkers, seniors, veterans and individuals with special needs.

Ojai news and events

Continued from page 7

is suggested. For more information, contact Rev. Karen at 310-968-8928, or register online at www.karenswyllie.com. Rev. Karen is the author of *Into Me See: A Book for Daily Inspiration*, available on Amazon and her website.

On Sunday night, August 26th, 2018 Ojai Jazz Concerts presents The Nick Mancini Trio at the Ojai Art Center 113 South Montgomery St.

The concert starts at 7 pm ends at 9:30 pm. Tickets are \$35 online and \$40 at the door. Doors open at 6:30 pm. If you have any questions, contact Rich Tell at 805-746-0936. For the tickets at Eventbrite, visit www.ojai-jazzconcerts.com.

This 'n' That

Red Cross urgently needs blood donations before summer ends

As summer winds down, the American Red Cross urges individuals to give blood and platelets now and help end an emergency summer blood shortage that began last month.

A critical need remains as many regular donors delay giving to take final summer vacations and prepare for school to start. To ensure lifesaving treatments remain available for patients in the coming weeks, donations are needed now, especially type O.

In thanks for helping at this urgent time, all those who come to donate blood or platelets through Aug. 30, 2018, will receive a \$5 Amazon.com Gift Card via email. (Restrictions apply; see amazon.com/gc-legal. More information and details are available at RedCrossBlood.org/Together.)

Make an appointment to donate blood by downloading the free American Red Cross Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767). Those who donated blood earlier this summer may be eligible to give again. Blood can be safely given every 56 days, and Power Red donations can be given every 16 weeks.

Upcoming blood donation opportunities in Ventura.
8/21/2018: 11:30 a.m. - 5:30 p.m.,

Knights of Columbus, 36 S. Figueroa St.
8/27/2018: 8 a.m. - 8 p.m., Ventura College, 4667 Telegraph Road

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

Another way to support the lifesaving mission of the American Red Cross is to become a volunteer transportation specialist and deliver lifesaving blood products to local area hospitals. Volunteer transportation specialists play a very important role in ensuring an ample blood supply for patients in need by transporting blood and blood products. For more information and to apply for a volunteer transportation specialist position, visit rdcrs.org/driver.

For more information, please visit RedCross.org or CruzRojaAmerica-na.org, or visit Twitter at @RedCross.

Mosquito, tick, and flea bite illnesses increasing

by Kevin O'Connor

Illnesses from mosquito, tick and flea bites have actually tripled in the U.S. over the last 13 years, according to a new report by the Center for Disease Control and Prevention (CDC). There were more than 640,000 cases reported between 2004 and 2016. In addition, nine new germs spread by mosquitoes and ticks were discovered during this time in the U.S.

It is the female mosquitoes bite humans. The females need the nutrients in our blood to produce eggs. After a female mosquito bites you she will go off to lay eggs and eventually will be back for more.

An interesting study showed that consuming just 12 ounces of beer makes a person more likely to be bitten by a mosquito.

According to research, mosquitoes are attracted to carbon dioxide from breath, heat from our bodies and the lactic acid that humans secrete. That's why exercising makes you more attractive to mosquitoes.

Because citronella masks the chemicals that humans secrete that are attractive to mosquitoes, many people burn citronella candles. However, mosquitoes can sense those chemicals in your skin whether or not citronella candles are burning.

The bug sprays proven to be most effective against mosquitoes are those that use diethyltoluamide (DEET), a pesticide geared towards protecting you from all sorts of bugs; use one that

contains 50 percent of DEET or less.

Researchers have declared that mosquitoes are most attracted to dark colors, like the large, dark-colored mammals mosquitoes prey upon. So wear light colors, plus loose-fitting clothing to make it more difficult for biting females to reach your skin through the fabric.

"Zika, West Nile, Lyme, and chikungunya—a growing list of diseases caused by the bite of an infected mosquito, tick, or flea—have confronted the U.S. in recent years, making a lot of people sick...," said CDC Director Robert R. Redfield, M.D.

"The data show that we're seeing a steady increase and spread of tickborne diseases, and an accelerating trend of mosquito-borne diseases introduced from other parts of the world," said Lyle Petersen, M.D., M.P.H., director of the Division of Vector-Borne Diseases in the CDC's National Center for Emerging and Zoonotic Infectious Diseases.

To protect your family from mosquito, tick, and flea bites, obtain a solid service contract with a quality pest control company, such as O'Connor Pest Control with their professional expertise.

Thomas Fire evacuation focus groups

Researchers from the University of California, Berkeley are conducting two focus groups in the Ventura/Santa Barbara area on the 2017 Thomas wildfire evacuations.

Focus Group 1: Low Income
Saturday, August 25th - 10:30 a.m. to 12:30 p.m. - E.P. Foster Library in Ventura



Another Great Beach Read from James Francis Gray!

AUDREY'S JOURNAL

Dedicated Office Clerk Audrey Stiener stays on top of it all in her Working Journal...client appointments, high profile meetings, assignments, **and office secrets**...secrets that, if they were to be exposed, could cost her a lot more than her job.

Fortunately these secrets are kept safe in her locked desk drawer.

Books make great gifts.

Visit www.jamesfgray.com See reviews on amazon.com
<https://youtu.be/y6GcldQZHpl>

Eligibility

1) Evacuated or received an evacuation order for the 2017 Thomas Fire

2) Have a household income under \$40,000

Focus Group 2: Spanish Speaking
Sunday, August 26th - 1:30 p.m. to 3:30 p.m. - E.P. Foster Library in Ventura

Eligibility

1) Evacuated or received an evacuation order for the 2017 Thomas Fire

2) Speak Spanish as the primary language at home

For those chosen to participate, each person will receive a \$100 Amazon Gift Card. Participants will be selected on a first-come-first-serve basis.

If you are interested, please go to https://berkeley.qualtrics.com/jfe/form/SV_5hCjzwSwSY28tKZ
And fill out the form.

Help collect school supplies for kids with cancer

The NALA hosts inaugural back-to-school donation drive to benefit the Teddy Bear Cancer Foundation and to help families that have children battling cancer.

The NALA, a national marketing agency headquartered in Ventura, is spearheading a back-to-school donation drive for the Teddy Bear Cancer Foundation (TBCF), a nonprofit 501(C)(3) organization providing financial and emotional support to families of children with cancer living in Santa Barbara, Ventura and San Luis Obispo counties.

"We love helping the children and families through our partnership with Teddy Bear Cancer Foundation and welcome the community to join in with us. So many of us are buying supplies for our children right now and if you can just pick up that extra pack of glue sticks or another box of crayons", said Tiffani Tendell, Vice President - Communications and Business Development at the NALA.

Donated items can be dropped off at the NALA's headquarters, 1891 Goodyear Ave., Suite 620, Ventura, , now until Monday, August 27. Needed items include school supplies such as backpacks, erasers, notebooks, binders, crayons, pencils, pens, colored pencils and glue.

"We are so appreciative for the NALA's community support. Their school supply collection for our families battling cancer will be instrumental in aiding their transition back to school after treatment. We cannot thank them enough," stated Lindsey Leonard, Executive Director of Teddy Bear Cancer Foundation.

In addition to helping families during the holidays or at special times during the year with items such as holiday presents, canned food at Thanksgiving or Easter baskets, TBCF also helps defray costs that are often overlooked. These include monthly bills (rent/mortgage, utilities, etc.), automobile and related transportation costs, and other similar expenses, as parents usually have to take time off work or quit their jobs

to spend quality time caring for their child in the hospital during their treatment.

Teddy Bear Cancer Foundation provides emotional, educational and financial assistance to families living in the Tri-County Region that have a child with cancer. The vision of Teddy Bear Cancer Foundation is to be the lead agency to instill resilience in families experiencing pediatric cancer. It provides programs that allow parents to be supported and to know they are not alone. For more information, please call (805) 962-7466, or visit <http://www.teddybearcancerfoundation.org/www.teddybearcancerfoundation.org>.

United Way amplifies recovery assistance for those Impacted by Thomas Fire

Relief in the form of \$1,500 from the United Way Thomas Fire and Flood Fund is on its way to the primary residents of households whose homes were destroyed or majorly damaged in the December blaze, United Way of Ventura County has announced.

In the latest round of funding, The American Red Cross of the Central Coast has identified more than 600 households whose homes were destroyed or majorly damaged, as classified by FEMA and CAL FIRE. United Way is distributing the funds to victims with the assistance of the Red Cross and 2-1-1 Ventura County. Similar to Phase I distribution, there are no income restrictions associated with this financial assistance.

"Rebuilding and recovering from the Thomas Fire will take years, and many victims may just be finding out they are in more difficult situations than they had thought," said Eric Harrison, CEO, United Way of Ventura County. "Recovery has been a community effort, and we know residents will find these funds useful as they continue through the long-term process."

Recipients of this latest round of funding will also be assessed for inclusion in Long-Term Recovery, the next phase in the United Way's recovery efforts.

Identified households will be receiving a phone call from 2-1-1 Ventura County to assist with accessing services available from a variety of long-term recovery agencies and, in some cases, verify addresses if they have not been provided. Call 2-1-1 or text your zip code to 898-211 to inquire about United Way's amplified assistance and services from long-term recovery agencies.

To date, the United Way Thomas & Fire Flood Fund has raised more than \$4.5 million.

Applications will remain open through August.

Since 1945, United Way of Ventura County has advanced the common good by creating opportunities for a better life for all. For more information about United Way of Ventura County, visit www.vcunit-edway.org.



This 'n' That

Sustainability Now News

How to keep safe and green at home

By Maryann Ridini Spencer

“Caution,” “Toxic,” “Danger,” “Keep out of reach of children,” are common words found on traditional cleaning product labels sitting on store shelves waiting for purchase. However, exposure to harsh chemicals can not only potentially irritate our skin and burn our eyes, but research now indicates that the long-term exposure may also result in significant adverse health consequences.

Aerosol sprays, cleansers, disinfectants, air fresheners, and a host of other common household products are also known to release volatile organic compounds (VOCs) into the air. When these types of products are used, the air quality inside our homes can be up to 1,000 times more polluted than the air outside our homes.

Leaving the harmful chemicals behind for safer, non-toxic choices is wise in the best of circumstances, but especially if you or a family member has a health condition such as asthma or allergies, or if you have small children or pets, where contaminants can hang low in the air, or on the carpet or floor where babies and pets play.

The extent and nature of health effects depend on many factors, however, why risk exposure to harmful chemicals that can cause such potential ailments as “eye, nose, and throat irritation, headaches, loss of coordination, nausea, damage to liver, kidney, and central nervous systems,” if exposed?

When a product is legitimately labeled “safe” and “green” it will be certified by one of the nationally recognized independent standards and certifiers. Look for the UL logo (industries.ul.com), the Green Seal (greenseal.org), and Safer Choice imprint (epa.gov/saferchoice).

To help consumers navigate what

products are eco-friendly, and which are not, there are also extremely helpful sites like ewg.com, which delves into product ingredients and rates household items in addition to offering healthy alternatives for everything from cleaning products to dishwashing liquids and detergents, to furniture and floor care, as well as other products. For personal products such as makeup, hair, nail, and other care, Ewg.org/skindeep also describes and rates items.

Some of the best, safest choices to opt for consist of DIY mixes created at home using such items as baking soda (deodorizes, cleans, scours), lemon juice and white vinegar (cuts grease, removes mildew, odors, even stains), olive or coconut oil (for polishing wood), hydrogen peroxide (a disinfectant and stain remover), and the list goes on. Google homemade DIY eco-friendly cleaners and a host of informative websites pop up.

Here are just a few DIY recipes you may want to try:

- Air Freshener – small bowls of fragrant dried herbs or your favorite blends of essential oil
- Wood Polish– olive or coconut oil make excellent polishing agents
- Dish cleaner – castile soap, Dr. Bronner’s Sal Suds
- Window cleaner – 2 tsp. white vinegar with one quart of water in a spray bottle (use a cotton cloth to wipe)
- Title and Tub Cleaner – baking soda on a damp sponge (for tougher jobs, wipe surfaces with vinegar first using vinegar sparingly around tile grout as it will cause the grout to break down)

Keep it safe. Keep it green.

Ventura Land Trust invites public comment

Ventura Land Trust (VLT) is pleased to announce that it is currently applying for accreditation and invites the public to comment as part of the application process. The land trust accreditation program recognizes land conservation organizations that meet national quality standards for protecting important natural places and working lands forever.

The Land Trust Accreditation Commission, an independent program of the Land Trust Alliance, conducts an extensive review of each applicant’s policies and programs. “The accreditation program is one way to show that Ventura Land Trust strives to meet the highest possible standards and operates in highly professional way,” said Derek Poultney, VLT Executive Director. “Accreditation is important because it ensures that VLT will always utilize the policies, procedures and practices to protect our conservation lands in perpetuity.”

The Commission invites public input and accepts signed, written comments on pending applications. Comments must relate to how Ventura Land

Trust complies with national quality standards. These standards address the ethical and technical operation of a land trust. For the full list of standards see <http://www.landtrustaccreditation.org/help-and-resources/indicator-practices>.

To learn more about the accreditation program and to submit a comment, visit www.landtrustaccreditation.org, or email your comment to info@landtrustaccreditation.org. Comments may also be faxed or mailed to the Land Trust Accreditation Commission, Attn: Public Comments: (fax) 518-587-3183; (mail) 36 Phila Street, Suite 2, Saratoga Springs, NY 12866.

A public comment period is now open and comments on Ventura Land Trust’s application will be most useful if received by Friday, August 24.

The Ventura Land Trust (formerly the Ventura Hillsides Conservancy) is dedicated to permanently preserving and protecting the land, water, wildlife and scenic beauty of the Ventura region for current and future generations. Founded in 2003, the 501(C)(3) non-profit organization is supported by over 600 members, local businesses and government partners. The land trust manages 90 acres of land along the Ventura River and is negotiating the purchase of its first hillside property. The Ventura Land Trust’s offices are located in the Poinsettia Pavilion, 3451 Foothill Rd, Ventura, CA 93003. For more information, visit www.venturalandtrust.org.

Property tax relief available for those impacted by fires

If your property has been damaged by the recent fires, you may be eligible for property tax relief. In many cases, the damaged property can be reappraised in its current condition, with some taxes refunded to the property owner. Once rebuilt, the property’s pre-damaged value will be restored.

To qualify for property tax relief, you must file a claim with your county assessors’ office within 12 months from the date of damage or destruction. The loss estimate must be at least \$10,000 of current market value to qualify.

Owners of eligible property may also apply for deferral of the next property tax installment on the regular secured roll or tax payments on the supplemental roll, without penalties or interest. The disaster must be the result of a Governor-proclaimed state of emergency. When a timely claim for deferral is filed, the next property tax installment payment is deferred without penalty or interest until the county assessor has reassessed the property and a corrected tax bill has been sent to the property owner.

For further information on property tax disaster relief, please see go to <http://www.boe.ca.gov/proptaxes/disaster-relief.htm>.

The Ladder of Life

Continued from page 10

“To get to school I walked, took a horse and buggy or rode a horse. There were no sports or special classes only three basic academic fields; Reading, Writing and Arithmetic. Grades 9-11, I drove a \$10.00 model-T and in 12th grade drove a 6 cylinder rumble seat Chevrolet Roaster and tractor gasoline was .05/gal.”

A world away, a half Cherokee Indian girl, born on a reservation in Oklahoma, Elaine’s life path was of a different nature. She shares, “As a child I would lie on my back in the grass and watch the clouds change, the birds soar and dive in an ethereal ballet. We lived totally off the land, hung out in the wild and medicine was made up of berries, roots and leaves. My mother and grandmother made clothes out of beautifully patterned sugar and flour sacks. I had a wonderful childhood!” While Elaine made her first solo flight in a Piper Cub at 17, companion to Jane Russell, member US Power and Sail Squadron’s and first female Squadron and District Commander, fearlessly skydiving on her 70th birthday, little did she know her adventures and achievements would lead to Richard, “Her Miracle Man!”

In 1938 Richard migrated from Oklahoma on a Harley Davidson down route 66 to San Jacinto. Richard shares, “At the California border I needed to prove a destination and sufficient money to obtain a card permitting me to be in California. 1939 I was employed at Lockheed as design engineer when hourly wage was \$.45. A USAAF-2nd L.T. B-25 pilot, I trained for the proposed invasion of Japan then attended Chounard Art Institute.”

The next rung on the ladder of Richard’s life was in 1953 at William R. Whitaker Corp, Hollywood, California where he designed 24 volt actuators to operate aircraft valves on the Apollo. After 45 years widowed from first wife Lupe Peinado, Richard met Elaine and love graced his path again.

Richard retired in 1982 from ABEX Corps, Oxnard. Years later Richard and Elaine married in 1995 in Sedona, Arizona.

Residing in Ventura in their 23rd year of marriage, these love birds continue to look to the future! Elaine shares, “I look forward to zip lining the Grand Canyon on my 100th birthday!”

Richard, humanitarian quotes, “On the ladder of life, I have climbed a number of feet up, by having successful accomplishments, beautiful memories of my contacts with human beings, fortunate to find love again and my many years of employment that was enjoyable, motivating and most important creative.” Longevity be your!

Helen Yunker

Continued from page 1

founding in 1866.

1968: The Ventura County Board of Supervisors awarded her for leadership, as President of the Pierpont Bay Association, for leading the adoption of the Pierpont Improvement District.

1970: Helen led the first grandfathering program in Ventura, for the Pierpont area. Adopted by the City in 1977.

2003: The Ventura County Board of Realtors awarded Helen a special Inspiration Award for her dedicated efforts to protect Individual property rights.

2007: The Girl Scouts named Helen “Woman of Distinction”.

2008: The Ventura County American Red Cross awarded Helen the Clara Barton Award for her work dating back to the 60’s when, she played an active part in support services for our troops.

2008: The National Assn. of Community Colleges awarded Helen the “Benefactor of the Year Award” in Washington, D.C for raising \$600,000 to equip the new math/science building at Ventura Community College.

In 2010 The City of Ventura awarded Helen the Mayor’s Arts Patron Award.

The Rubicon Theater’s performance hall displays her name in recognition of her donations and support of the theater. As is the Ventura College auditorium.

On her 95th birthday, a celebration was held for her at the Museum of Ventura County. At the celebration, the Helen Yunker Lobby was dedicated to her.

At the celebration she stated, “An institution of this importance and magnitude needs financial giving from the entire community that it serves. I hope you will step up and join me and know you are helping to preserve our past and ensure the future of our museum.”

When her portrait was painted by Johanna Spinks as part of The Face of Ventura portrait series in the Ventura Breeze Helen stated, “Having grown up in Chicago, Ventura, with its 25,000 population in 1958, its climate, location and overall ambiance, was a true panacea and fertile ground for my life’s goals. Today, after 54 years of service, my greatest blessing is the thanks and recognition I receive, also fully aware of my intense struggles, as well as accomplishments. Where else, but in Ventura, can one be embraced like a family member, and be gifted a feeling of belonging?”

She appeared before the City Council over 100 times to “discuss” the problems with the slope erosion on city property next to her home, and always began by introducing herself. Eventually, the city paid to have the slope repaired.

A Mass of Christian Burial was celebrated on August 10 at Our Lady of the Assumption Church followed by interment at Ivy Lawn Memorial Park.

She’ll be missed.

Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.



Do you know this crook?

Robbery, Theft

On August 4, at approximately 3:15pm, the Ventura Police Command Center received a 911 call of a Robbery that had just occurred at the Lowe's shopping center. As officers arrived, they were informed that as the suspect was leaving the store he activated the store security system. A store employee went to contact the suspect and when he did the suspect brandished a knife to the employee. The employee smartly allowed the suspect to leave the store and called the police department.

During a search of the area, witnesses told officers that the suspect was last seen in the parking lot of Pacific View Mall. Officers searched the parking lot however they were unable to locate the suspect. The officers contacted Mall security to see if their security cameras had recorded the suspect in the area. Mall security officers informed the officers that the suspect had committed a theft from Target . They said the suspect was last seen running from Target.

At approximately 5:30pm, the Ventura Police Command Center received a 911 call of the same suspect attempting to enter occupied vehicles in the intersection of Mills and Maple. The driver of one of the vehicles pulled over while calling 911 and the suspect began to approach him. The driver asked the suspect what was going on and the suspect threw one of the items stolen from Lowes at the driver and then brandished a knife. The suspect then ran away. A search of the area including the use of a K9 was unsuccessful.

Arson Arrest

On July 18, at approximately 10:30am, the Ventura Fire Department responded to a structure fire at a residence in the 7000 block of Brannan Street. Their investigation determined the cause of the fire was arson. Ventura Police Major Crime's detectives assisted with the investigation and determined 60 year old Ventura resident Katherine Britigan was responsible for starting the fire. On July 26, at 5pm, patrol officers located Britigan and she was taken into custody. At the conclusion of the investigation, she was booked into Ventura County Jail on the felony charge of arson.

Indecent Exposure and Parole Violation Arrest

On July 27, at approximately 5:45pm, officers responded to a call regarding a male committing lewd conduct adjacent to the businesses in the 1100 block of South Victoria Avenue. The suspect had fled prior to officers arrival, and after a searching the area, the officers were unable to locate the suspect.

At approximately 7:45pm, the Ventura Police Communications Center received information that a parolee, 51 year old vagrant Steven Perry, had just cut off his ankle monitor in the 1400 block of South Victoria Avenue. Officers checked the area and located Perry and took him into custody for the parole violation of removing the ankle monitor. Perry, who is on parole for Indecent Exposure, matched the description of the suspect from the earlier lewd conduct call in the 1100 block of South Victoria Avenue. At the conclusion of the investigation, officers determined he was the suspect from the earlier incident. He was booked into Ventura County Jail on the charges of Indecent Exposure and a Parole Violation.

Brandishing an Imitation Firearm, Violently Resisting Officers, Battery on a Police K9 and Possession of Methamphetamine Arrest

On August 8, at approximately 11:45pm, a witness called and reported a disturbance in the 2100 block of Harbor Blvd. The suspect was yelling at passing vehicles and people in the area. When the first officer arrived, they found the suspect, 35 year old Ventura resident Guadalupe Juarez Lopez, and discovered she was holding a handgun. She was waiving and brandishing the gun and was uncooperative with the officers verbal instructions. Additional officers arrived on scene and contained the suspect in a parking lot.

The suspect retreated from officers and hid near a large propane tank in the parking lot and remained uncooperative with officers as they attempted to get her to drop the handgun. After 20 minutes of talking with the suspect, she still refused to disarm, and she threatened to shoot the nearby propane tank. At that point, officers used a less lethal projectile in an attempt to disarm the suspect and prevent her from shooting the propane tank. The K9 was also deployed. The less lethal rounds were effective, causing the suspect to fall to the ground. The K9 then apprehended the suspect, and she began battering the K9. After briefly fighting and resisting the K9, the suspect was taken into custody. As officers were approaching the suspect during the K9 apprehension, they discovered the handgun she was holding was a BB gun.

The suspect sustained minor injuries during the incident. After she was medically cleared at the Ventura County Medical Center, she was booked into Ventura County Jail on the charges of Brandishing an Imitation Firearm, Violently Resisting Officers, Battery on a Police K9 and Possession of Methamphetamine.

Fatal Hit and Run Investigation

On August 10, at 8:37 pm, the Ventura Police Command Center received a call of a hit and run collision that just occurred at Ventura Ave and Prospect. As officers arrived on scene, they learned from witnesses that the victim Michael Pedigo, walked between two parked cars and into the

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northbound lane of traffic on Ventura Avenue. A white four-door vehicle driving northbound struck Pedigo and immediately pulled over to the side of the road. Without checking on the well being of Pedigo, the driver and car left the scene. Paramedics from Ventura City Fire and AMR who also responded administered first aid to Mr. Pedigo, and transported him to VCMC.

Pedigo succumbed to his injuries and was pronounced dead at the hospital. This is an ongoing investigation, and anyone with information about this incident is asked to call the investigating officer Corporal Al Gomez at 805-339-4474.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

7-27 11:50am, received a request to assist Ventura PD with two individuals fighting in the entry feature at Spinnaker/Harbor. Officers responded and found the two fighting because one large transient asked the man in his vehicle for money and he told him to get a job, the transient punched him in his face and the fight continued into the street. The transient was arrested for assault.

7-28 10:40am, received a request for traffic control for TowBoat U.S. They are towing a large sailboat out of the harbor. Officers responded and blocked traffic for the tow. The vessel was safely towed out of the harbor.

7-29 11:25am, while on patrol, officers contacted a small vessel with 8 persons onboard and no lifejackets on the boat. The vessels voyage was

terminated and the boat was escorted back to the Ventura Keys.

7-30 8:45am, received request to lower flags to half-mast due to the passing of local fire captain.

1:16pm, received a request for the beach wheel chair for a 92 year old female. Officers delivered the chair to the individual at Surfers Knoll.

3:21pm, received a report of two Personal Water Craft operating in violation of 302(b) VHO – speeding in the keys area of the Harbor. Officers responded, contacted the operators of the two vessels issuing warnings for the violation.

3:40pm, picked up a found baby bird at the fuel dock. Bird rescue was contacted and they retrieved the bird for further care and rehabilitation.

8-05 9:59am, dispatched to a fall victim at the Holiday Inn Express. Officers responded and assisted VFD/AMR with a 71 year old female experiencing extreme back pain. The patient was treated and transported to local hospital.

8-06 12:38pm, dispatched to a sick person in the Ventura Marina Community. Officers responded with Ventura FD and assisted an elderly male.

6:55pm, received a report of a large fuel spill in the mid area of the Harbor from a tenant in Ventura Isle Marina. Officers responded and found small patches of a light sheen. With assistance from Tow Boat US and Patriot services who were in the area with another operation, officers were able to retrieve some of the sheen with an absorbent boom.

8-07 7:10am, while on patrol in the vehicle, officers issued a written warning to a couple who have been camping on the beach near Surfers Knoll. They were encouraged to take down the tent and to not camp in the Harbor.



by Pam Baumgardner
VenturaRocks.com

And the summer music keeps warming up with several more events this month. First let's take a look at Beachside Pride 2018 on Saturday, August 18, at Promenade Park. There will be special events from Friday to Saturday but the main event will be held Saturday with music from Lauren Ruth Ward and Echo V and entertainment from drag legends Jackie Beat and Sherry Vine. General admission is \$5-\$10. By the way, Paddy's will be hosting a post Pride party that evening.

Spencer Mackenzie's Throw Down tournament continues to grow with the pot increasing every year. One of the highlights over the weekend is their End of Summer Block Party with a free live concert 6-10 pm on Saturday, August 18. This year they'll have Johnny and the Love Handles, A.D.D. and Mandex.

The 2018 Wild & Scenic Film Festival is being held outdoors at the Ventura County Credit Union at 2575 Vista Del Mar where you're invited to bring low-back chairs for the outdoor screening along with performances from Bill Jones & J.Peter Boles, and Midlife Crisis. This one benefits Ventura Land Trust. Get information at www.VenturaLandTrust.org.

Don't miss the Spazmatics when they perform at the 38th annual Wings Over Camarillo Air and Car Festival on Saturday, August 18th (5-7 pm). This ultimate 80's cover band will be family friendly and is included in the price of admission. www.WingsOverCamarillo.com.

I have a couple of upcoming events to mark on the calendar; first it's the California Beer Festival which will be celebrating their ten-year anniversary with two days of suds and music September 15 and 16 at Plaza Park. Just announced for Saturday's Boots and Brews Country Music Festival are Montgomery Gentry, Deana Carter, Sundance Head (Winner of NBC's The Voice), Arnie Newman Band and Alexandria Corn. Then on Sunday you won't want to miss Tone Loc and Sir Mix-a-Lot. Get ticket information at www.CaliforniaBeerFestival.com/Ventura.

And then it's the 25th Anniversary of Bowlful of Blues which returns to Ojai on Saturday, September 22, with The Selwyn Birchwood Band, Teresa James & the Rhythm Tramps, James Harman, Carl Sonny Leyland and Hot Roux. Tickets on sale at www.Bowlfulofblues.org

Quick notes: Grady Records Refuge has an in store performance on Wednesday, August 15 with The Sheen from Bellingham, WA, Uranium Orchard, Rob Magill and Daniel Masiel; Toy Shop Ghost will perform "art plunk" at Namba on Friday, August 17; Samonky sings Sinatra at the Rubicon on Sunday, August 19; in the house at the Ventura Theater will be Otep on Saturday, August 18, Gavin DeGraw and Phillip Phillips on Sunday, August 19, Ski Mask the Slump God on the 22nd, and Bone Thugs N Harmony on the 25th; Hickoids play Red Cove on Thursday, August 23; and Alan Thornhill and Martin Young play Topa Mountain Winery on Sunday August 19 (3 pm).

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Beach House Fish Ventura Pier
Fri 8/17: Anna Vera
Fri 8/24: Jason Ho
Beach House Tacos Ventura Pier
Sat 8/18: Jan Michael & the Vincents (3 pm)
Boatyard Pub Ventura Harbor Village
Monday-Thursday 6 pm, Friday & Saturday 7 pm, Sundays 4 pm
Mondays: Milo
Tuesdays: Jason Ho
Wednesday: Mark David McKinnis
Thursdays: Bluegrass Jam
Fri 8/17: Karen Eden & Bill Macpherson
Sat 8/18: Bobby & Steve
Sun 8/19: Déjà vu Too
Fri 8/24: T-Russ & Stephen
Sat 8/25: Blue Motel Room
Sun 8/26: Two's Company
Café Fiore 66 S. California Street
Wed 8/15: Donna Butler
Thurs 8/16: Self Righteous Bros.
Fri 8/17: Instone
Sat 8/18: Action Down
Sun 8/19: Casey Jones & the Reggae Train
Tues 8/21: Donna Greene
Wed 8/22: Big Adventure
Thurs 8/23: Self Righteous Bros.
Fri 8/24: Soul Infusion
Sat 8/25: Little Alice
Sun 8/26: After the Smoke
Tues 8/28: Fabulous Hangovers
Copa Cubana Ventura Harbor Village
Week nights 6 pm; Weekends 7 pm; Sundays 3 pm
Mondays: Bill Macpherson
Tuesdays: The Jerry McWorter Trio
Wednesdays: Creative Open Mic Jazz Jam
Thursday: Coda jazz
Fri 8/17: Havana Cinco
Sat 8/18: Havana Cinco
Sun 8/19: Brandon Ragan Project
Fri 8/24: Martinez Brothers
Sat 8/25: Havana Cinco
Sun 8/26: Martinez Brothers
Discovery 1888 Thompson Blvd
Thurs 8/16: One Drop
Fri 8/17: Diego's Umbrella, The Velveteen Band
Sat 8/18: Waddy Wachtel Band
Tues 8/21: Josh Heinrichs w/ Skillinjah
Thurs 8/23: Pato Banton
Fri 8/24: She Wants Revenge, Captions, Detoxi
Sat 8/25: Hollywood Stones
Sun 8/26: Mighty Cash Cats
El Rey Cantina 294 E. Main Street
Fridays: Xoco Moraza & Friends (5-7 pm)
Saturdays: DJ
Four Brix Winery 2290 Eastman Avenue #109
Music 5:30 – 7:30 pm
Fri 8/17: Curtis James
Fri 8/24: Johnny & the Love Handles
Garage 1091 Scandia Avenue
Mondays: Karaoke
Sat 8/18: Fallen Fury, Astraeus, No Biggee, Sisterook
Fri 8/24: Secret Sword, Railgun, 2 Faced, Dark Vital Flames
Grady's Record Refuge 1546 E. Main Street

Wed 8/15: The Sheen, Uranium Orchard, Rob Magill, Daniel Masiel
Grapes and Hops 454 E. Main Street
Wed 6 pm; Thurs 7 pm; Fri & Sat 8 pm, Sun 4 pm
Wed 8/15: The Swillys
Fri 8/17: Tex Pistols
Sat 8/18: Brandon Ragan Project
Sun 8/19: Alastair Greene
Fri 8/24: Tommy Marsh
Sat 8/25: Shawn Jones
Harbor Cove Café 1867 Spinnaker Drive
Music 4-8 pm
Thurs 8/16: 805 Allstarz
Fri 8/17: Jill Martini and the Shrunknheads
Sat 8/18: The Rockin' Henrys
Thurs 8/23: 805 Allstarz
Fri 8/24: Annalie & Malia Ilagan
Hong Kong Inn 435 E. Thompson Blvd
Tuesdays: Open Mic
Thursdays: Gypsy Blues Band
Fri 8/17: Hi Hat Entertainment presents Mike Eldred Trio
Sat 8/18: Camilo
Fri 8/24: Hi Hat Entertainment presents Alastair Greene Band
Sun 8/26: Del Franklin
Keynote Lounge 10245 E. Telephone Road
Tues, Wed and Sun: Karaoke
Thursdays: Open mic night
Fri 8/17: Heathers on Fire
Sat 8/18: Crosscut 805
Fri 8/24: DJ AVG
Sat 8/25: Wired
Leashless Brewing 585 E. Thompson Blvd.
Tuesdays: Galactic Jazz
Thursdays: Mark Masson
Fri 8/17: Tom & Milo
Fri 8/24: Sam Kulchin
Sat 8/25: Boom Duo
Sun 8/26: The Swillys
Limon y Sal 598 E. Main Street
Fridays: DJ
Saturdays: DJ
Sundays: Instone (1-4 pm)
Made West Brewing 1744 Donlon Street
Thurs 6 pm; Sat 4 pm; Sun 3 pm
Thurs 8/16: Sam Kulchin
Sat 8/18: Danielle Stacy
Sun 8/19: The Inside Break
Thurs 8/23: Anna Vera
Fri 8/24: Landon Mcleod & Dakota Spencer
Sat 8/25: Foxtraxx
Sun 8/26: Cheyenne Skye
Majestic Ventura Theater 26 S. Chestnut Street
Sat 8/18: Otep
Sun 8/19: Gavin DeGraw & Phillip Phillips
Wed 8/22: Ski Mask the Slump God
Sat 8/25: Bone Thugs N Harmony
Margarita Villa Ventura Harbor
Fri and Sat 6 pm; Sun 4 pm
Mondays: Bobby Campbell
Tuesdays: Dave Rea
Thursdays: Keith & Friends Open Jam
Wed 8/15: Mark Masson
Thurs 8/16: Keith & Friends
Fri 8/17: Jan Michael & the Vincents
Sat 8/18: Studebaker Hawk
Sun 8/19: Doc Rogers Band
Wed 8/22: Karen Eden
Fri 8/24: The Slider
Sat 8/25: Crosscut 805
Sun 8/26: Mark Masson
Namba 47 S. Oak Street
Fri 8/17: Toy Shop Ghost
Sat 8/25: Che Apalache
Olivas Adobe 4200 Olivas Park Drive
Music Under the Stars
Sat 8/18: Rodeo Drive
Sat 8/25: Britain's Finest
Plan B Wine Cellars 3520 Arundell Circle #107
Sun 8/19: Karen Eden & Bill Macpherson

Sun 8/26: Steve Sunnarborg & Hekar Rivera duo
Red Cove 1809 E. Main Street
Thursdays: Music Club Open Jam Night
Thurs 8/23: Hickoids
Rubicon Theater 1006 E. Main Street
Sun 8/19: Samonky Sings Sinatra
Saloon BBQ 456 E. Main Street
10 pm
Fri 8/17: Lady Freq DJ
Sat 8/18: Noble Grizwald
Sat 8/25: DJ Set
Sandbox Coffeehouse 204 E. Thompson Blvd 805-641-1025
Thurs 6 pm, Weekends noon
Thursdays Open Mic
Sat 8/18: Maggie's Drawers
Sun 8/19: The Great Smoking Mirror
Sat 8/25: Redwing
Sun 8/26: Gene Butler Band
Sans Souci 21 S. Chestnut
Sundays: DJ Darko
Mondays: Karaoke
Tuesdays: DJ Nick Dean
Wednesdays: Open mic
Thursdays: DJ Spinobi
Fri 8/17: Corpse I Stole
Sat 8/18: Black Star
Fri 8/24: Johnny Hellhole
Sat 8/25: Raised on Vinyl
Spencer Mackenzie's End of Summer Block Party 806 E. Thompson Blvd.
6-10 pm
Sat 8/25: Johnny & the Love Handles, A.D.D., Mandex
Star Lounge 343 E. Main Street
Sunday music 3 -6 pm
Tues: Karaoke
Thurs: DJ Trovlbe
Fri 8/17: Power Syndicate
Sat 8/18: The Automatics
Fri 8/24: CRV
Sat 8/25: Time Bomb
Sun 8/26: Kyle Smith
Topa Mountain Winery 821 W. Ojai Avenue
Sat 8/18: National Cat (5 pm)
Sun 8/19: Alan Thornhill & Martin Young (3 pm)
Sat 8/25: Crooked Eye Tommy (5 pm)
Sun 8/26: Conner Cherland (4 pm)
Ventura Promenade Park (North of Pier)
Beachside Pride 2018
11 am – 6 pm
Sat 8/18: Echo V, Lauren Ruth Ward, Sherry Vine & Jackie Beat
Vintura at the Wine Rack 14 S. California Street (805) 653-9463
Sundays music at 3 pm
Thurs 8/16: Karyn 805
Fri 8/17: Charlie Baker
Sat 8/18: Ventura Jazz Collective
Sun 8/19: Epitome of Dreams Duo
Thurs 8/23: Patrella
Fri 8/24: Paul Mars Black
Sat 8/25: Silva
Sun 8/26: Rick Steel Drums
Winchester's 632 E. Main Street (805) 653-7446
Music at 8:30 pm; Sundays at 2:30 pm
Fri 8/17: Andy D
Sat 8/18: Frank Barajas
Sun 8/19: Medicine Hat
Fri 8/24: Dave Rea
Sat 8/25: Mandi & Johnnyboy
Sun 8/26: Tom & Milo
The 805 Bar Ventura Harbor
Fridays: Sing-a-long with Kenny Devoe (4-6); Troy Edwards (8-11)
Saturdays: Al Macias (10 am – 1 pm); Kenny Devoe (1-7)
Sundays: Al Macias (10 am – 1 pm; Kenny Devoe (1-4)



Izabelle is proudly sharing one of her art pieces with St. Pierre.

Local art student wins scholarship to prestigious art school

Ventura Unified School District employee Maricela Valencia is the very proud mother of daughter Izabelle De-Paz who was just awarded an art scholarship to attend Otis College of Art & Design.

18-year old Izabelle, born and raised in Ventura is a recent graduate from Buena High. The forth of 5 children she has been painting since she was 5. She now paints mostly with markers and acrylics and will be majoring in computer animation and hopes to earn a BFA degree.

Besides spending a great amount of time with school and her art she still manages to hold down 2 jobs (one at our Westpark) and still volunteers for non-profits when she has the time.

Established in 1918, Otis College of Art and Design is a non-profit institution and national leader in art and design education. Otis has less than 1,100 undergraduate students. The five-acre main campus is located on L.A.'s Westside near LAX and the Graduate Studios are in the Creative Corridor in nearby Culver City.

Her scholarship was awarded to her by Music And Art For Youth "Helping Young Artists To Create Their Vision" under the leadership of Ventura's St. Pierre.

Izabelle told the Breeze "I gained interest in becoming an artist when I was really little. My mom took me to this drawing class in the animation building at California Adventure, and ever since that day I have continued to draw. I was never the best at making art when I was little, but something inside me drove me to continue drawing. My family noticed my raw talent and began to give me tools to get better at my craft, my biggest supporter being my mom. She found every possible way to help me grow as an artist."

"My mom helped me get connected with Music and Art for the Youth (MAAFY) through a work friend. They knew about the program and decided to nominate me for the scholarship. MAAFY has given me some opportunities that would have taken me years to accomplish. The program has pushed me as an artist to make more work, talk to more people, practice new skills, and promote myself as an artist. This scholarship has given me my first art show as a featured artist and has done everything possible to give me more and more opportunities to be a known artist."

A recent fundraiser was held for her at Winchester's Grille where she sold 10 of her 16 paintings. They were mounted, framed and hung by her under the guidance of St. Pierre.

"Izabelle De Paz was awarded in our arts education program. She has excelled in high honors. Our Board of Directors has recognized her potential and bright future in the visual arts. Her career dream job is Disney Animation. She won a 4 year grant to Otis College Of The Arts & Design. She leaves for college August 18th." MusicAndArtForYouth.org recently applied for a grant for Izabelle to obtain a new VW Beetle automobile to help her transportation needs, and her busy upcoming college schedule. She has a positive attitude toward her own success. Her life is a good life. Izabelle is a great investment for the future in the arts" stated St. Pierre.



The art of Gus Moran.



John Robertson painted a group of his family members. He is pointing to his daughter Ashley and grand daughter Charlotte. Photos by Bernie Goldstein.

John Robertson, Ventura Artist

by Jill Forman

John Robertson didn't pick up a paintbrush until he was in his late forties. Today he has super sized sports paintings in 40 major sporting venues all over the country.

How did a middle-aged businessman with a middle-class lifestyle recreate himself so radically? Robertson is willing to tell the tale.

Growing up in L.A., he had "...no interest in art." He dropped out of high school at 17 and joined the Navy. "I wasn't going to graduate anyway." After the Navy, he "...bummed around." Back in L.A., he drove trucks, married and started CSUN; got his degree in English while working full-time. He wanted to be a novelist and took graduate classes in writing. "I wrote four really bad novels."

His company was impressed by his industry and work ethic. Over 23 years, he worked his way into senior management. So there we have the businessman, family man, homeowner...

To restate, he had never been interested in art; "I didn't know a thing about it." What did interest him was why the Getty Trust paid \$50 million for a painting called "Irises" by some guy named Van Gogh. He lived near the Getty Museum in Malibu, so went on over to check it out.

His life changed. He saw the painting, "...burst into tears" and understood. He drove to the paint store to buy house paint - that's what you paint with, right? They told him, "That's not the right way" and sent him home with canvases and oils and turpentine. He stopped writing that day and has painted almost every day since, close to 30 years. This "obsession" (his word) cost him his job and marriage.

When that particular dust settled, he was living in a room on the Speedway in Venice (parallel to the Boardwalk,) selling paintings along the beachfront, having shows, promoting himself, "...able to survive." He got a space in a frame store as a studio. The store faced a busy street in the Palisades and drivers couldn't see his work so he made his paintings large for passers-by to appreciate. The frame store got a percent of the sales plus the framing. For 3 1/2 years, five days a week, he made a living there as an artist.

He painted local musicians and writers; one of them was doing a bookstore poetry reading, and asked to borrow the painting of himself to put in the bookstore window for publicity. Other writers and bookstores followed with orders; at one point five stores displayed his paintings.

About 15 years ago, paintings of musicians in the windows of a nightclub on Wilshire Boulevard in Santa Monica caught the eye of a guy from Fox Sports, who wanted paintings for an NBA commercial. Today his works hang in the 49ers stadium, the Packers', the Vikings', the Bucks' and many others. You can see them at johnrobertsonsportsart.com.

These days John paints at a studio on Front Street, and lives in a guest house in Ventura with his wife, fellow artist Lynn Hanson. His daughter Ashley lives close by and his granddaughter Charlotte is a constant joy in their lives.

His current show, at the Ag Museum in Santa Paula, runs until September 9. He has a Gallery Talk there on August 23.

See spectacular and 3-dimensional chalk murals come to life on the Ventura Harbor Village

More than 40 talented chalk artists from Southern California will spend two days creating colorful, awe-inspiring chalk murals as spectators watch the images emerge on the Ventura Harbor Village promenade, September 8 and 9, from 10am to 5pm. The free, family-friendly Ventura Art & Street Painting Festival is also a benefit for local non-profits FOOD Share of Ventura County and Kids Arts Inc.

Children who attend the event may participate and create their own colorful work of art; for a \$10 donation, kids will receive a box of chalk and a sidewalk square in the Children's Chalk Area hosted by Kids Arts, Inc. of Ventura. Visitors are also encouraged to browse the original artwork by a variety of vendors, including handmade wooden toys, jewelry and textiles, ceramics, photography, mosaics and other one-of-a-kind crafts available for purchase.

Featured artist this year, Gus Moran, who has been street painting for fourteen years, says that some of the most enjoyable things about street painting are the interaction with the crowds and the appreciation people have for the artists' work. This year marks Moran's 5th appearance at the Ventura event and he adds, "the beautiful

Continued on page 28

Lighter Breeze

Baby Blues



Shoe



Arctic Circle



Mutts



Crock



Moose and Molly



Solutions on page 23

(For a beginners guide to playing Sudoku go to venturabreeze.com)

1	8			6			2
		3		5			6
	7		8	4		3	
		4		3			2
2			5			4	
	5				4	1	6
		1			3		5
4		8	7			6	
	9			8			3
						7	

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 23

King Crossword

ACROSS

- 1 Pooch's tormentor
- 5 Listener
- 8 Stocking feature
- 12 Fat
- 13 "Born in the —"
- 14 Big brass instrument
- 15 Surrounded by
- 16 Place to get a slice
- 18 Exile
- 20 Round numbers
- 21 LummoX
- 23 Type measures
- 24 Germs
- 28 Pierce
- 31 Lubricant
- 32 Old phones have them
- 34 "I — Camera"
- 35 Fall heavily
- 37 Standards
- 39 Caribbean, e.g.
- 41 Calendar quota
- 42 From what place
- 45 Naiads and dryads
- 49 Panic
- 51 Pelvis bones

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
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42	43				44		45			46	47	48
49						50			51			
52					53				54			
55					56				57			

- 7 Bronx cheer
- 8 Backs of boats
- 9 Chunnel crosser
- 10 Irish Rose's beau
- 11 "Serpico" author Peter
- 17 Last letter
- 19 Coaster
- 22 Journal with a lock
- 24 Jazz style
- 25 Have a bug
- 26 Not widely spaced
- 27 Estrange
- 29 French friend
- 30 Sheep's call
- 33 Remain
- 36 Group of five
- 38 Winter weasel
- 40 High card
- 42 Sound of spinning
- 43 Jekyll's bad side
- 44 Therefore
- 46 Entreaty
- 47 Snake's sound
- 48 Fully fill
- 50 Charged bit

DOWN

- 1 Dieter's target
- 2 Dalai —
- 3 Ireland
- 4 One who is hooked
- 5 Elated
- 6 "— was going to St. Ives"

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LIBRA (September 23 to October 22) Disruptive family disputes need to be settled so that everyone can move on. Avoid assuming this burden alone, though. Ask for -- no, demand -- help with this problem.

SCORPIO (October 23 to November 21) Patience is called for as you await word on an important workplace situation. A personal circumstance, however, could benefit by your taking immediate action.

SAGITTARIUS (November 22 to December 21) Don't lose confidence in yourself. Those doubters are likely to back off if you demand they show solid proof why they think your ideas won't work.

CAPRICORN (December 22 to January 19) A temporary setback might cause the usually sure-footed Goat some unsettling moments. But keep going. The path ahead gets easier as you move forward.

AQUARIUS (January 20 to February 18) There's welcome news from the workplace. There also could be good news involving a relationship that has long held a special meaning for you.

PISCES (February 19 to March 20) You might still need to cut some lingering ties to a situation that no longer has the appeal it once held. In the meantime, you can start to explore other opportunities.

BORN THIS WEEK: Your sense of what's right can inspire others if you remember not to push too hard to make your case. Moderation works best for you.

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Show Time

A View from House Seats

Old standard still thrills

by Shirley Lorraine

Actor’s Repertory Theatre of Simi blasts it out of the park with their revival of Rodgers and Hammerstein’s lively musical, *Oklahoma!* The long-running, high-stepping production retains the same charm and appeal it originally brought to the stage in 1943. Still one of the most popular musicals ever, *Oklahoma!* has the audience singing along, tapping their feet, and cheering for the heroes.

Based on the book *Green Grow the Lilacs* by Lynn Riggs, the story is set in 1906 in what was then Oklahoma Territory. The action centers on a small western town and the colorful characters who call it home. The main story portrays the courtship of young Curly and Laurey as they dance around their mutual attraction. Secondly, a romance between smitten Will Parker and flirty Ado Annie takes a rocky path. Underlying the frivolity is a dark side provided by rough-hewn ranch-hand Jud, who pines for Laurie.

Directed by the multi-talented Will Shupe, the production features a range of actors who two-step their way through with style and energy. Choreography by Becky Castells is tight and impressive, given the number of people on stage and the high energy and intricacy of the reels. The cowboys and the farmers of all ages kick up their heels while the cadre of young girls flounce and preen flirtatiously.

A large live orchestra directed by Matt Park provides all the right notes as the familiar music fills the theater.

The voices of leads Joe Hebel and Sara Owinyo give Curly and Laurey solid tones that do more than justice to Oh, What a Beautiful Mornin’ and Many a New Day, among other favorites, in fine fashion. Owinyo has a clear and beautiful

voice reminiscent of the original Laurey, Shirley Jones. Hebel is strong and clear as well, although at times vocally overpowering in volume. The combination of strong voices, microphones and a full orchestra could be dialed down a few notches and still be more than adequate, in my opinion.

Ado Annie is playfully portrayed by Alissa Horner, who is matched with Conner Stevens as Will Parker. They complement each other well as they sing out All Er’ Nothin’ and I Cain’t Say No. Traveling peddler Ali Hakim is larger than life in the person of Ceron Jones and David White channels his dark side as the brooding Jud Fry. The role of feisty Aunt Eller as personified by Kathleen Silverman is a hoot and a force of nature.

Director Shupe has opted to retain all the original script, including a few songs and dance sequences that are frequently cut. Kudos for giving the audience the full experience. Dancers Michael Dumas and Ashley Maimes executed a lovely dream dance sequence that added depth to the story.

Also delivering notable performances are Ted Elrick as Ado’s father, Mr. Carnes, and Ciara D’Anella as Gertie Cummings. A large ensemble fills in all the spaces left with gusto.

For a superior touch of nostalgia coupled with outstanding performances, *Oklahoma!* is one to catch before it’s gone.

Oklahoma! runs through September 2 at the Simi Valley Cultural Arts Center, 3050 Los Angeles Ave. Simi Valley. Friday and Saturday performances are at 8:00 p.m., Sunday matinees begin at 2:15 p.m. Tickets are \$25 Adults, \$22 Students/Seniors 60 & Above, and \$18 Children 12 & Under. (805)583-7900, www.simi-arts.org.



Karyl Lynn Burns was all smiles introducing new Rubicon Executive Director.

Jeffrey George hired as Rubicon’s Executive Director

Jeffrey George recently served as Executive Director of the Wellfleet Harbor Actors Theatre (WHAT), on Cape Cod, a post he held for six years, guiding the organization through significant financial and organizational realignment. Reporting to the Board of Trustees, Jeffrey was responsible for administration, development, marketing,

education, and community outreach.

He managed a seasonal staff of 45 and a volunteer program of 120. Jeffrey also implemented an intern program for professional artists, with weekly seminars, career workshops and hands-on training through rotations in various departments.

While at Wellfleet, Jeffrey led strategic planning efforts and provided leadership in consultation with the Harvard Business School CAP program. He secured \$2.25 million in new donor funds.

Jeffrey had primary individual responsibility for overseeing the construction of a new state-of-the-art, \$6 million, 200-seat theatre completed in June of 2007, including serving as client representative to builder and architect and resident inspector for USDA-Rural Development (primary lender). Jeffrey’s influence and guidance on capital projects will provide healthy returns for the future of the organization; it will also be of enormous help to Rubicon as the company begins to address building and infrastructure needs.

Says Jeffrey, “I have admired Rubicon’s incredible artistic reputation for many years, and know many artists who speak of the company with reverence and respect. I am especially excited by Rubicon’s commitment to developing new works.”

“Throughout the interview process,”



Jenna Selvey is getting married to Max Rooney on August 18. She chose the *Music Under The Stars* concert on August 11, at the Olivas Adobe to hold her bachelorette party. Celebrating with her were her great friends who whooped it up and listened to and danced to the music of the high-energy, premier country rock band Rodeo Drive.

Celebrating with her were Ashley Selvey, Madi Peterson, Shay Feith, Hannah Magaña, Erinn Beattie, Nikki Harasta, Nicole Jepsen, Hannah Wood, Constance Leong, Alanta Joselowsky and Hannah Standerfer.

he continues, “I have felt drawn to the company and to the community of Ventura. I look forward to working with Artistic Directors and Founders Karyl Lynn Burns and James O’neil, Board President Doug Halter, Board Vice-President Walt Wood who helmed the search process, and others in the organization to lead Rubicon Theatre Company into a new era of sustainability and strength.”

He will also be working closely with Mary Jarvis and Development Director Amber Landis-Stover to reach out to the broader business community to invite new attendees and potential contributors to become a part of the Rubicon family.

Prior to his work at Wellfleet, Jeffrey also served as Executive Director of Cantata Singers in Boston for nearly three years, a 60-member classical choral organization with an endowment of \$2.5 million. As Managing Director of Theatre Aspen, he managed a four-show summer season, an education program for students ages 6 through 11, and was responsible for evaluating and implementing all administrative and financial policies.

During his long and successful career, Jeffrey also served as General Manager of the 300-seat LORT/LOA Caldwell Theatre in Boca Raton Florida. He has an in-depth understanding of the artistic and production process, having been both a Production Manager and Production Stage Manager at Starlight Theatre in Kansas City, Paper Mill Playhouse in Millburn, NJ, and North Shore Music Theatre in Beverly, MA.

Jeffrey is an advocate for the importance of theatre in society and in people’s lives. He enjoys working collaboratively with various constituent groups to ensure that professional, quality theatre is accessible to the community he serves.

In his first 90 days, Jeffrey will be focusing on building a Blue Ribbon Nominating Committee to advise the organization as we expand the Boards

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8/19: WWE SUMMER SLAM
8/21: JOSH HEINRICHS W. SKILLINJAH
8/23: PATO BANTON
8/24: SHE WANTS REVENGE W. CAPTIONS & DETOXI
8/25: HOLLYWOOD STONES - TRIBUTE TO THE ROLLING STONES



ONE DROP
SUMMER VIBES
THURSDAY, AUGUST 16TH



WADDY WACHTEL BAND
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September 1 • NYC-Style Salsa & Latin Music

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Dab Art is pleased to present Drink Me at H Gallery in midtown Ventura

Drink Me is a clear departure from the painterly experience of archetypal art exhibits. This collection of artworks challenges the primary concept of representational realism. Showing until Sept. 23.

In 1929, Belgian surrealist painter René Magritte famously demonstrated the philosophical position that our conscious experience is not of the real world itself, but simply an internal representation. His work, THIS IS NOT A PIPE was a clever way to protest the conventional art ideals at the time.

The painting is a pipe and below it, Magritte painted, “Ceci n’est pas une pipe.”, French for “This is not a pipe.” Highly criticized by the oppressive rationalists of the time Magritte memorably wrote about his piece;

The famous pipe. How people re-

proached me for it! And yet, could you stuff my pipe? No, it’s just a representation, is it not? So if I had written on my picture ‘This is a pipe’, I’d have been lying!
-René Magritte

Similar to René Magritte, the artists featured in DRINK ME explore the notion of indirect or representational realism through their selected mediums. Their tangible interpretations of sensory input are fulfilled in works of installation, ceramic, photography, assemblage, oil paintings and mixed media. ideals or art at the time.

Dab Art 1793 East Main Street | Midtown Ventura 805 626 8876 www.DabArt.me

Panhandling Alternatives

Catholic Charities
805-643-4784
www.catholiccharitiesla.org
Homeless One Stop Center
Every Tuesday 10am-1pm
3147 Loma Vista
Project Understanding
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www.projectunderstanding.org
Salvation Army
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www.salvationarmy-ventura.org
Turning Point foundation
805-652-0596
www.turningpointfoundation.org
Ventura Social Services
Task Force
Homeless Prevention Fund
805-654-7701
www.vhpf.net

Person to (Little) Person

by Jennifer Tipton

I asked several of our younger Venturans, ages 3–9, “What is your favorite thing at the fair?”



Annabelle Eckert
age 5
“I like the carnival games, especially the Balloon Water Race and I like

every ride! My favorite fair food is a hotdog!”



Tom Eckert
age 9
“I like the Tilt-A-Whirl, it doesn’t even make me dizzy, and my second favorite is

The Storm, it goes round and round really fast! I like cotton candy and caramel apples with peanuts!”



Henry Kantor
age 9
“My favorite thing to do at the fair is probably go on rides and play carnival games, but if

I had one choice, I would probably pick go on rides. My favorite ride would probably be Wacky Worm, it’s also known as The Caterpillar, it’s pretty much a ride that goes up, there’s bumps and you tilt sideways, it goes around 3 times but sometimes they forget to stop it, like happened to me today, I went around 6 times! I also can’t wait to get an Icee!”



Ariella Coady
age 6
“I like everything! I like to be way up high on top of the Ferris wheel and all the

games. I mostly like the corn dogs and lemonade!”

Riley Coady **age 4**
“I like the dinosaur T Rex when you first come in, it’s huge! It’s not scary cause I like dinosaurs, I watch all the Jurassic movies! I am scared of the Ferris wheel cause it’ll make me dizzy! I like the fish tacos!” (kid after my own heart)



Bianca Topliss
age 3
“I like to go on rides, especially the Carousel and the Pirate.” (a play area)

“My brother who’s 6 can help me but I can go across the rope bridge all by myself! I also like the chicken nuggets and ice cream.”



Elijah Morales
age 3
“I like to win fish, today I had 5 tries – that’s a lot! I like the roller coaster and

my favorite fair food is yogurt.” I had to ask, “yogurt at the fair?” Elijah’s mom smiled, “lemonade and corn dogs” and Elijah jumped up in agreement.



Ayleen Morales
age 8
“I like to play games like The Kiddie Summer Boats and ride The

Tornado, it’s not scary but do I like scary rides! My favorite fair food is pepperoni pizza!”

Chalk art murals come to life

Continued from page 25

waterfront location in Ventura is especially fabulous -- for us as artists and for people who appreciate art created in a scenic and vibrant venue.”

World renowned chalk artist and Ventura resident Tracy Stum will also return to the VASPF for a second year, along with accomplished artist

Rod Tryon who brings his 30 years of street painting experience to the event.

This festival is hosted by Ventura County Art Events, Inc. and since 2011 has donated more than \$50,000 to FOOD Share of Ventura County.

Event information: www.venturaartfestival.com/ or www.facebook.com/vtaartandstreetpainting/