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Jason Meek, Turning Point Executive Director, cutting the ribbon at Tuff Shed celebration. Photos by Michael Gordon.

## Tuff Sheds replace domes at River Haven

Twelve years ago, Turning Point Foundation took a group of people living along in the river bottom in tents and started them on the path to hope and the promise of better things to come: A new beginning at River Haven where they have been living in cleverly-designed Geodesic domes that have surpassed their lifespan of five years by many years.

On June 27, a ribbon cutting was held to celebrate the new small houses made by Tuff Sheds as a replacement for the domes. Tuff Sheds have a 30-year guarantee.

Funded by the community and Turning Point Foundation, River Haven has been helping homeless people turn their lives since 2006. Turning Point's case managers help residents with securing a source of income, job training, medical attention, drug, alcohol and mental health services. In 2017 River Haven served 29 residents, and Turning Point's case manager helped nine people to find permanent housing.

There are no obvious indications that such a community exists right near the entrance to the Ventura Harbor. The City of Ventura owns the over two-acre land while Turning Point Foundation, a non-profit mental health agency, runs the community.

At the cutting Nicholas Deitch, R.A. (Mainstreet Architects and Planners,

Inc.) Turning Point Board of Director stated "River Haven is a great example of how we as a community can take collective action together, to help offer people a way out of homelessness. Look at all

*Continued on page 22*



Monica White, FOODShare President & CEO accepting a large check from Stonefire Grill.

## \$26,250 donation set a Stonefire record

On June 12 Stonefire Grill Ventura presented a check for \$26,250 to FOODShare. A record amount from all of their opening donations.

Stonefire Grill collects money for all of their new restaurants partnering



James Lockwood Fair Public Relations and Marketing Director congratulating the winners.

## Ventura County Fair Poster Contest winners announced

Ventura County children in grades 5-12 competed in the ninth Ventura County Fair Poster Contest with entries that illustrated the Fair's 2018 Theme: "A Country Fair with Ocean Air." Of 59 entries, three were chosen by a panel of judges as the winners of the 2018

Ventura County Fair Poster Contest.

First Prize went to Carys Garvey (15). Carys attends El Camino High School in Ventura, where she will be entering 10th grade in the fall. Carys has varied interests, including photography, music, running, science and math. Carys is also a founding member of STEMbassadors, a Ventura nonprofit company dedicated to teaching STEM (science, technology, engineering, math) skills in K-12 education. She enjoys having the opportunity to learn STEM skills such as CAD and engineering. Carys has been doing art since she was very young. Although she plans to pursue a science degree in college, she hopes she can continue integrating art and creativity into her future career. Carys is honored to have her artwork used for the 2018 Ventura County Fair poster.

Second place was won by Madison J. Lonis (18) a two-year AP artist at Buena High School. She enjoys painting her depiction of the world around her, and taking any artistic opportunities that come her way. She has been doing art for most of her life, and continually pushes herself further with every piece. In her future she wishes share more of her art with others and become a high school art teacher.

Third place was awarded to Katherine Curtis (13) of Simi Valley. She just completed 8th grade at Hillside

*Continued on page 22*

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# VENTURA COUNTY FAIR

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**Pre Sale Prices are in Effect until July 31**

- WOW Pass Fair Admission Season Pass \$36
- Adult \$11.00 (age 13-64)
- Senior \$8.00 (age 65+)
- Child \$8.00 (age 6-12) Under 6 – Free

## Available at

- Ventura County Fairgrounds (no service fee)
- California Welcome Center (service fees)
- Ventura Visitors & Convention Bureau (service fees)
- on-line at [venturacountyfair.org](http://venturacountyfair.org) (service fees)

## SPECIAL ADMISSION DAYS

### Dollar Day

Wednesday August 1  
\$1 entry until 3pm

### Feed the Need Food Drive

Thursday August 2  
Purchase adult admission ticket donate 5  
cans of food get a free return fair ticket  
Free return ticket valid Mon-Thurs, Aug 6-9

### Youth Day

Friday August 3  
Kids 12 and under admitted free all day

### Seniors and Persons with Disabilities Day

Tuesday August 7  
Seniors 65+, Persons with Disabilities  
admitted free all day

### 3 before 3 Day

Wednesday August 8  
\$3 entry until 3pm

### Military Appreciation Day

Thursday August 9  
Military with current valid ID admitted free all day



*"A Country Fair  
with Ocean Air"*

August 1-12, 2018

## Concerts and Rodeos are FREE with Fair admission

UB40 ft. Ali, Astro & Mickey • 8/2

Plain White T's • 8/3

LeAnn Rimes • 8/4

Alfredo Olivas, Ulices Chaidez,

Lorenzo de Monteclaro • 8/5

Sublime with Rome • 8/6

The Fifth Dimension • 8/7

Frankie Valli & the Four Seasons • 8/7

Boyz II Men • 8/8

Hunter Hayes • 8/9

Creedence Clearwater Revisited • 8/10

Pro Cowboy Rodeo • 8/11 & 8/12

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[ciymca.org/ventura](http://ciymca.org/ventura) (click activities)



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## Business



Wallach earned her law degree at U.C. Berkeley's Boalt Hall School of Law.

## Joyce Wallach joins local law firm

Ferguson Case Orr Paterson LLP (FCOP) has welcomed Joyce Wallach to the firm as attorney of counsel. Wallach brings more than 30 years' experience specializing in business and corporate law. She will work out of the Ventura office location.

"We are excited to have Joyce join the FCOP family," said FCOP Managing Partner Mike Velthoen. "Her expertise in contract negotiations and business transactions will

add depth to our comprehensive business law practice areas."

Wallach graduated from the University of California, Berkeley with a bachelor's degree in history and went on to earn her law degree at U.C. Berkeley's Boalt Hall School of Law. An experienced corporate/securities/business attorney, she began her career as an associate at Sidley Austin, one of the largest law firms in the world. She later went in-house as general counsel to a Nasdaq-traded corporation. Wallach has also served as in-house counsel to the California State Legislature. Her experience includes an assembly fellowship and legislative aide position to then-Assemblyman Gray Davis.

For more information, visit [www.fcoplaw.com](http://www.fcoplaw.com).

## Vacancies on City of Ventura Measure O Citizens' Oversight Committee

The City of Ventura is seeking residents wishing to volunteer their time to serve on the Measure O Citizens' Oversight Committee. The Committee's responsibilities include review of the projected revenues and



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## City News

recommended expenditures for the funds generated by Measure O.

The members of the Committee are restricted to residents and registered voters of the City of Ventura at the time of their appointment and during their term of office. Members may not be an elected official or employee of the City of Ventura, or a dependent of either an elected official or employee.

There are 4 open positions, that will be appointed for terms of 4 years. In order to be considered, citizens must complete an application and have a brief interview with the City Council's Appointments Recommendation Committee. Committee members will be required to file a Statement of Economic Interests (Form 700) disclosing all reportable interests held at the time of appointment and are required to attend ethics training every two years.

Applications are available online at [www.cityofventura.ca.gov/935/Recruitments](http://www.cityofventura.ca.gov/935/Recruitments) or from the City Clerk's Office, Ventura City Hall, 501 Poli Street, Room 204. The application deadline is 5:30 p.m. on Tuesday, July 31, 2018, and may be submitted by e-mail to [cityclerk@cityofventura.ca.gov](mailto:cityclerk@cityofventura.ca.gov), mailed to the City Clerk's Office, 501 Poli, Room 204, Ventura, CA 93001, or hand-delivered to the City Clerk's Office, Room 204 at City Hall.

2686 Kitchen recently held their Ventura Chamber ribbon cutting. Located at 2686 Loma Vista Rd., it is a new place to sit and enjoy a meal, or make a quick stop to pick up lunch or dinner. Their menu features hearty salads, sandwiches, and appetizers. Park right in front to pick up your meal for yourself, the office, coworkers and more. 805-643-7444. Photo by Michael Gordon.






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Your Hometown Paper

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Ventura BREEZE





# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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40% recycled content.

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

### newspaper.

■ While attending the **Ventura Music Festival** at the Olivas Adobe, featuring the John Jorgenson Quintet, we couldn't figure out why there was a lady on the balcony with what appeared to be a hawk. Turns out it was a hawk. The VMF hired a "falconer" who brought a Harris Hawk to keep the trees free of birds who, in the past, have bombed some attendees at the summer concerts.

■ On our pet page is news about the new location for the **Canine Adoption and Rescue League (CARL)** Thrift Boutique at 2750 E Main St. I feel proud that I was able to provide their architectural drawings and help them through the city permit process. It's a great location, so be sure to support them and the dogs that need adoption.

■ Glad to see grading started on the large **"triangle lot"** development project. Even though it will increase traffic, it is an important part of the Downtown plan with a major public promenade along the bluff to be enjoyed by all.

■ I may be in the minority, but I don't like the fact that **Union Pacific** has had to remove a large amount of their fencing which makes it much easier to cross over their tracks - very dangerous. Legal crossings (an overpass or underpass) would be great but would cost millions of dollars.

■ The dozens of **Thomas Fire lawsuits** against Southern California Edison proceeded recently when Los Angeles Superior Court Judge Daniel J. Buckley approved some procedural conditions and ordered some evidence be shared in the litigation.

The lawsuits allege negligence by Edison, in maintaining and operating its equipment led to the fires and subsequent Montecito mudslides.

■ **Congratulations** go to new, or re-appointed, members of Ventura's

Cultural Affairs Commission, Public Art Commission, Parks and Recreation Commission, Downtown Parking Advisory Committee and Library Advisory Commissions.

They are Marie Lakin, Ken May, Alec Gasca, Todd Collart, Daniel Saltee, Maline Werness-Rude, James White, Kevin Clerici, Debbie Giles and Berta Steele.

■ The Ventura County Board of Supervisors voted 3-2 to ban **vacation rentals** that are not the primary residences of owners in the unincorporated areas of



*Union Pacific has removed their fences so now the ugly and graffiti filled buildings are more visible.*

the Ojai Valley (not city of). The vote affects homes that are rented for less than 30 days (short term).

Ventura has been struggling for some time with what some see as this problem, especially in the small Lanes in the Pierpont area.

■ **LeBron James** has signed a contract with the LA Lakers for 4 years for only \$37.5 mill per year. With his endorsements he might make less than \$90 mill for 6-months work, so I'm starting a go-fund campaign to raise money for his kids so that when they reach 16 they can buy their first Maserati's. My first car was a 1939 Chevy coupe, and I could even work on the engine.

■ As we all know, Ventura has had one very **tragic murder** this year and some locals and news outlets have made it sound as if we are the murder capital of the world. Oxnard has had 9 so far this year, so maybe we aren't so bad.

■ The November election will be the first time City Council members are chosen from the **districts** in which they live, a total of four seats are becoming

up for election. A good opportunity for Venturans who have never thought of running for office. There is not an incumbent in two of the districts which improves your chance of being elected.

The deadline to submit your ballot application is 5 p.m. on Aug. 10. To get listed on the ballot candidates need to collect only 20 signatures from registered voters who live in their district. To run, you must be at least 18 years old, registered to vote, and live in your district.

Four council seats - District 1, 4, 5 and 6 - are being voted on under the new districts. To find out what district you live in go to <https://bit.ly/2JB8fm0>.

Applications are available at the City Clerk's office at City Hall which is open Monday- Thursday from 7:30 a.m. to 5:30 p.m. and Fridays from 8 a.m. until 5 p.m. The office will be closed July 20 and Aug. 3.

For more information, go to [cityofventura.ca.gov/election](http://cityofventura.ca.gov/election). If you do run, be sure to send your photo and platform statement to [editor@venturabreeze.com](mailto:editor@venturabreeze.com) for all to see. We have included several candidate overview statements already.

■ Built by IBM and Nvidia for the US Department of Energy's Oak Ridge National Laboratory, Summit is a 200 petaflop machine. This means it can perform **20 quadrillion calculations** per second. As stated by MIT Technology Review, "Everyone on Earth would have to do a calculation every second of every day for 305 days to crunch what the new machine can do in the blink of an eye."

Before you consider buying one: The machine weighs 340 tons. The system is housed in a 9,250 square-foot room at Oak Ridge National Laboratory's facility in Tennessee. To keep this machine cool, 4,000 gallons of water are pumped through the system (it couldn't be in Ventura since we don't have that much water). The 13 megawatts of energy required to power this behemoth could light up over 8,000 US homes.

Summit is now the world's most powerful supercomputer, and it is 60% faster than the previous title holder, China's Sunway TaihuLight. It's the first time since 2013 that a US-built computer has held the title. And if you turn it over, it doesn't say **"Made in China"**.

## Mailbox

Dear Mr. Brown,

I noticed you printed a letter from a 3rd grader about our roads. I'll be interested in seeing any action in that regard.

I have complained through the email link about the scandalous state of Moon Drive at the foot of that gigantic apartment development overlooking Moon Drive. The response was that I would receive a phone call within 5 days. I did not receive a call. I called again and spoke to someone who told me they needed to wait for school to be closed. School is now closed.

Still no action.

How should I vote on the next council election, I wonder?

Best Wishes,  
Steve Hurst

Hi Sheldon,

I read an article in your paper last week about how the City of Ventura had streamlined the rebuilding process for people who lost their homes in the Thomas Fire. I live on Colina Vista where about 30 homes burned and not a single one has broken ground to rebuild. Since that is in stark contrast to your article, I

did some checking.

It appears that the city officials you spoke to did not give you the whole story. While the City has streamlined the plan check and approval process, they have added expensive and time consuming obstacles that are causing unnecessary delays and expenses for the homeowners.

While I don't have all the details, I believe they are requiring soil and seismic reports and there aren't enough professionals available to meet the City's requirements; hence the delays for homeowners who are eager to rebuild their homes.

I urge you to do a little more investigative reporting. And maybe you could do a service to your readers and put a spotlight on unnecessary delays caused by the City. Who knows, maybe you could start a pressure campaign to get the City to drop burdensome and expensive burdens created by bureaucrats.

Regards,  
Bill Bays  
Bill

*This is not true; we didn't add these requirements for fire rebuilds... they are code*

*requirements that will ensure solid and safe new homes...*

Jeffrey Lambert

Community Development Director

to opinions

Shame on you Bill (from July 4 Breeze), for your dehumanization of some of the most desperate people in the city. And shame on the Breeze for giving Bill a platform for his hatred.

Ian Gamble

Ian:

*The Breeze agrees with you but expression of opinion is still what this country is all about. Hope that it stays that way.*

Breeze:

I was a professional counselor for Planned Parenthood for many years.

We helped thousands of young, and not so young, people at almost zero cost

*Continued on page 22*

*We encourage you to send your opinions to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please limit them to about 300 words*

**There is no  
intensity of love  
or feeling that  
does not involve  
the risk of  
crippling hurt. It  
is a duty to take this  
risk, to love and  
feel without  
defense or reserve**

— William S. Burroughs



# City News



“May I come out of the closet now?”

## City of Ventura lifts temporary Leaf Blower Emergency Ordinance

The Ventura City Council terminated the temporary leaf blower emergency ordinance during its regular meeting on July 9, 2018. The repeal is effective immediately and the use of gas, electric, and battery powered leaf blowers in the City of Ventura is allowed.

The temporary leaf blower emergency ordinance was adopted by the Ventura City Council on December 18, 2017, shortly after the start of the Thomas Fire. During

this time, air quality in the City of Ventura deteriorated and became a potential health issue. The use of leaf blowers allows for debris such as fallen ash and soot to be airborne. The City Council declared both a state of local emergency and a local public health emergency due to the Thomas Fire.

For information on the Thomas Fire Rebuild, visit [www.cityofventura.ca.gov/thomasfirerebuild](http://www.cityofventura.ca.gov/thomasfirerebuild).



Does the location of the Hillmont Psychiatric Hospital bring some homeless into Ventura?

## City Council Meeting report

by Richard Lieberman

The City Council voted on July 9 to approve moving ahead with plans to open a year-round homeless shelter. The council voted 7-0 in favor of moving ahead with city and county officials in drafting terms of the proposal. The shelter will be located at 2323 Knoll Drive, a 4-story property owned by the county. The county would lease the space to the city for a possible \$1.00 per year.

Ventura County, City of Ventura, and Oxnard released a request for proposal looking for an operator to run shelters in both cities.



“MY toy!”  
My Daily Bark  
by Nyles - Resident Dog

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Plans for Ventura call for a 55-bed facility and flexibility to offer more in an emergency. The county has offered \$600,000 toward the property and has agreed to offer more in operating costs. Amounts to be determined later depending on the cost to run it.

Members Christy Weir and Mike Tracy raised the question of the possibility of the county providing a larger share. “The county has a bigger budget and gets state funding for mental health and related services,” said Weir.

Tracy added “much of the county’s homeless population gets sent to Ventura because the jail, psychiatric facility and county medical center are all located in the city. This is a regional problem. They’re not Ventura’s homeless, added

*Continued on page 8*



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## Competition: Events

## Your Hometown Paper



# Community Events

welcomes interested men to their semi-monthly Tuesday lunch (\$15) meetings at the Ventura Elks lodge. This regular congenial social event, besides a healthy, satisfying meal, supplies a welcome atmosphere to talk and joke, hear a speaker on a variety of relevant topics. Hear more from Steve at 642-1359

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

The Ventura County Philatelic Society meets on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Come for a great evening. Contact: Bill Garner / 320-1601 or vcpsforyou@lycos.com

Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant. Group meets the first Tuesday each month at noon at Lemon Wood Mobile Homes, 850 Johnson Dr. Excellent speakers leading Cardiologists, Nutritionists, and Dietitians etc. from our area. Contact Richard Hatcher at 644-2733.

Are you a stamp collector? The Ventura County Philatelic Society meet on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Come for a great evening. They are a fun group. Contact Bill Garner 320-1601 or vcpsforyou@lycos.com.

Cross Town Hikers on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events. Topics cover current events that affect stocks, funds, real estate, and interest bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

First Wednesday, of each month, 6-10 p.m., Gold Coast Modular Railroad Club meets at the Murphy Auto Museum, Oxnard. Now exhibiting Saturdays and Sundays, 10 - 4 p.m. Visitors and new members are welcome. Member initiation fee \$10, monthly dues \$20, \$10 for Juniors. Murphy Auto Museum, 2230 Statham Blvd., Oxnard. [www.gcmrc.com](http://www.gcmrc.com). For more information, call (805)229-7429.

July 19: Thursday, 6pm to 9pm. Open House for FIND (A Friend In Deed) Attend to learn about peer-led creative, supportive and educational opportunities for folks experiencing or who have experienced mental health or substance misuse challenges. Light refreshments served. Bell Arts 432 Ventura Ave., Studio 39 A.Friend.In.Deed.Ventura@gmail.com

July 19: The East Ventura Community Council will have a representative from Ashdon Development, will continue discussion with Council members, soliciting their views on the proposed retail establishments for the 4.7-acre parcel on the southeast corner of Wells Road and Darling. Ventura Police Department will present an update on area crime and safety. Some candidates for the November Ventura City Council election will make a

brief presentation about their qualifications and their objectives. The council represents those who live east of Victoria Avenue. 7 p.m. at the First Assembly of God Church, 346 N. Kimball Road.

July 21: On Saturday, from 10- 3 p.m. Ventura Friends of the Library will hold a Book Sale at the Vons 6040 Telegraph Road. Quality used books at bargain prices. All genres, including special interest, classics and vintage; fiction, including current hardcover and paperbacks, DVDs, books on cd and tape, puzzles, and more. Kathy Thomson, katbarcat@aol.com (805) 750-6630

July 24: Pierpont Community Council general membership meeting has been moved from the 3rd Tues this month to the 4th Tuesday July 24th.

July 25: The College Area Community Council will meet on Wednesday at 7 p.m. Council meetings include speakers and discussion on topics of neighborhood and community interest. CACC represents citizens in City Council District 3. Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. Call (805) 644-8695 for more information.

July 25: On Wednesday, from 10 – 1 p.m. Ventura Friends of the Library will hold a special Fairy and Folktales Book sale at Hill Road Library, 1070 S. Hill Road. For those who love to share stories with children. Some well-known illustrators. No book is over \$5. Many are like new or gently used.

Aug. 8: The Ventura County Camera Club will hold its monthly meeting on Wednesday at 6:30 p.m. at the Poinsettia Pavilion. Admission is free. An instructional workshop will be followed by professional photographer's critiquing of members images. [VenturaCountyCameraClub.com](http://VenturaCountyCameraClub.com)

## Ojai news and events

Joan Dewhirst will visit the Ojai Library at 1 p.m. on Saturday, July 21, 2018, to deliver a talk entitled "Color: More Than Meets the Eye." Ms.Dewhirst comes via the Santa Barbara Museum of Art's Community Speakers Program.

Color has been an important tool for artists since prehistoric times, used in recording nature, capturing reality, and creating beauty, all the while engaging the senses. This lecture will explore some of the hidden mysteries of color—its power to evoke emotion, to convey meaning, and even to produce sound.

Viewing paintings by Van Gogh, Francisco de Goya, Marc Chagall, and many others, we'll see how feelings of passion, fear, and love motivated artists to use certain colors.

At 3 p.m. on Saturday, July 28, 2018, the Women's International League for Peace and Freedom (WILPF) will visit the Ojai Library to host a screening of the documentary film Do the Math.

Written and directed by Kelly Nyks and Jared P. Scott, Do the Math follows environmentalist Bill McKibben as he confronts the fossil fuel industry in an attempt to alter the terrifying math of the climate crisis.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146.

The Ojai Library is located at 111 East Ojai Ave. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday.

The Ojai Playwrights Conference (OPC), one of the nation's most acclaimed new play development



Another Great Beach Read from James Francis Gray!

### AUDREY'S JOURNAL

Dedicated Office Clerk Audrey Stiener stays on top of it all in her Working Journal...client appointments, high profile meetings, assignments, **and office secrets**...secrets that, if they were to be exposed, could cost her a lot more than her job.

Fortunately these secrets are kept safe in her locked desk drawer.

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<https://youtu.be/y6GcldQZHpl>

programs, announces its 21st season with another inspirational and thought-provoking program featuring playwrights, new play workshop presentations, and special performance events from August 5 through 12.

The 2018 OPC New Works Festival, Breaking Light, will feature twelve public events over six days with both seasoned and up-and-coming playwrights, Actor Patrick J. Adams and other guest artists will be performing scenes from Bill Cain's newest play, Road to Glory, during the Intersection Event on August 9.

"The 2018 OPC season is titled BREAKING LIGHT because this year's playwrights are breaking through the darkness of division, despair and polarity, and lighting the way toward compassion, inclusion and hope." Seating is limited for the OPC New Works Festival; tickets (\$30) may be purchased online at [www.ojaiplays.org](http://www.ojaiplays.org).

Performances To Grow On is proud to present Jamaica Farewell, the award-winning play starring Debra Ehrhardt and directed by Joel Zwick, of My Big Fat Greek Wedding fame on Saturday, August 18 at 7:30 pm at the Ojai Art Center Theater. Tickets are \$35 in advance and are available at [www.ptgo.org](http://www.ptgo.org). Tickets are \$5 more at the door. Proceeds will benefit the Ojai Storytelling Festival. Following the play, famed director Joel Zwick will offer a Q&A following the performance.

On Sunday night, July 29th, Ojai Jazz Concerts presents The Carl Saunders Quartet at the Ojai Art Center 113 South Montgomery St. from 7-9:30pm.

Tickets are \$30 online and \$35 at the door

Doors open at 6:30 pm Rich Tell 805-746-0936

Tickets at Eventbrite: [www.ojaijazzconcerts.com](http://www.ojaijazzconcerts.com).

## A few Ventura County Fair 2018 entry days still open

Whether it's a hobby or your profession, showcase your talents by entering in the Ventura County Fair.

The online entry guide includes a complete list of departments, entry divisions & classes, and entry dates. The complete entry guide can be found at [www.venturacountyfair.org](http://www.venturacountyfair.org) under the "Entry Guide" tab.

From July 20-22, the Amateur Fine Arts, Gems & Minerals, Home Arts (excluding baked goods, table settings and cooking contests), and Youth Expo & 4-H/Grange will be accepting entries between 10 AM and 5 PM.

Hobbies, Models and Collections are to be entered July 27-29 between 10 AM and 5 PM.

Dates for entries in the Agriculture Department vary based upon classes. The Amateur Beer and Wine Contest as well

as the Olive Oil Contest will be accepting entries on July 27, 4 PM – 6 PM and July 28, 9 AM – 4 PM. Produce Day 1 entries are being accepted July 31 from 7 AM – 5 PM.

If you have any questions, please contact the Ventura County Fairgrounds at (805) 648-3376.

## Ventura Libraries event listing August

### Avenue library

#### Children & Family Events

##### Summer Reading Events

SR Show: Humane Society

8/7 Tuesday @ 2-3pm

SR Show: Kona Ice

8/7 Tuesday @ 3-4pm

All ages welcome!

##### Bilingual Early Literacy Class

8/6, 13, 20, & 27 Mondays @ 6–6:45pm

Join us every week for stories, poems, music, movement, a simple craft & fun!

##### Summer STEAM Boxes

###### Draw Bot

8/6 Monday @ 3-4pm

###### Bubbles

8/7 Tuesday @ 3-4pm

Create, design, and discover with our STEAM boxes aimed at kids 8+

##### Adult Classes & Events

###### Laubach Literacy English Classes

8/ 6, 13, 20, & 27 Mondays @ 10:30-11:30am & @ 12:45-1:45pm

8/7, 14, 21, & 28 Tuesdays @ 9-10am & @ 10-11am

8/1, 8, 15, 22 & 29 Wednesdays @ 11:30am -12:30pm

8/2, 9, 16, 23, & 30 Thursdays @ 10--11am

###### Pumarosa English Classes

8/1, 8, 15, 22 & 29 Wednesdays @ 9–10am & @ 6-7pm

Learn English in a fun environment that combines conversation, singing, and technology.

##### E.P. Foster Library

###### Adult Programs & Special Events

###### A California Native Plant Society Lecture

8/21 Tuesday @ 7-9pm in the Topping Room

Please join us for this lecture series presented by the California Native Plant Society, Channel Islands Chapter.

##### Adult STEAM Workshop

8/18 Saturday @2-3pm

##### 3rd Saturday of the month

Do you want to learn about what's new in STEAM? Each month a different themed program will be presented. See you in the Makerspace!

##### Children's Events

###### Summer Reading Shows

###### Humane Society of Ventura County

8/1 Wednesday @ 3pm

###### Kona Ice

8/2 Thursday @ 3pm

###### Early Literacy Class

8/1, 7, 8, 14, 15, 21, 22, 28, & 29

Tuesdays & Wednesdays @ 10:30am

Join us every week for stories, poems, music, movement, a simple craft,

*Continued on page 8*





# This 'n' That

## ThomasFireHelp expands to help survivors of fire

As the reports of the June 6th Holiday Fire surfaced, the ThomasFireHelp.org team was already hard at work to connect those in need to those who had help to give. Within hours of the fire's start, the ThomasFireHelp team had expanded the platform once designed to meet the needs for the Thomas Fire and Montecito Mudslide survivors to now serve the needs of our Goleta neighbors.

Since the Thomas Fire and Montecito Mudslide, ThomasFireHelp has continued to be a key leader in long term recovery efforts in the region. In an effort to expand their capacity to support and advocate for survivors, ThomasFireHelp has enriched their community partnerships and their recovery network now includes faith-based and service organizations. With these vital community collaborations in place, ThomasFireHelp was able to quickly deploy their innovative platform to assist residents affected by the Holiday Fire.

To date, ThomasFireHelp has had over 22,000 page views on ThomasFireHelp.org and saw posts on the ThomasFireHelp Facebook page reach 11,000 and nearly 13,000 people on critical days after the Thomas Fire and Montecito Slide, respectively. ThomasFireHelp with the use of their online platform, social media outreach and community partnerships works on the grassroots level to match help with need, solving problems on a one-on-one scale and picking up those who fell through the cracks.

"ThomasFireHelp was born out of the immediate and desperate needs of people in the Ventura and Santa Barbara communities facing disasters of unprecedented scale and destruction. No one knew where to go or what to do, and everyone wanted to help. That

was our simple beginning we became the 'Craigslist' of recovery, building a web-based platform connecting those in need with those who had resources to give", stated Emily Barany, co-founder of ThomasFireHelp.

The site offers everything from supplies and housing to services and volunteers. Following the closure of the 101 Highway after the Montecito Slide, ThomasFireHelp organized the Montecito Airlift, which deployed 64 volunteer pilots to transport doctors and medical patients, all of whom urgently needed to get across the mud when the 101 was closed for nearly two weeks. 117 passengers were transported as far north as Palo Alto and as far south as San Diego.

"The Thomas Fire and Montecito Mudslide disasters have devastated our community and more than 6 months later, survivors are still trying to find the support they need to get back on their feet" said Peter Zierhut, Vice President of Haas Automation, a local employer with a history of community support. He continued, "For that reason, the Gene Haas Foundation is announcing a challenge grant of \$25,000 to ThomasFireHelp, allowing them to continue their work of connecting those affected by the disasters with the services they need. We're proud to be a part of the good work being done by this hard working organization. As new disasters strike, innovative models like ThomasFireHelp will be integral to the recovery of the region. ThomasFireHelp is poised to be international leader in recovery assistance and The Gene Haas Foundation is proud to be part of the effort."

The grant ensures that, for every dollar raised from the community, the Gene Haas Foundation will match that amount, up to \$25,000.

the Medical Director of the Grossman Imaging Centers and an active member of the Community Memorial Hospital medical staff.

The July 18 seminar will begin at 6 p.m. in the eighth-floor Nichols Auditorium at Community Memorial Hospital, 147 N. Brent St. Registration is free but reservations are required. For reservations, visit [www.cmhshealth.org/rsvpor](http://www.cmhshealth.org/rsvpor) call Brown Paper Tickets at 800-838-3006.

### City Council Meeting report

*Continued from page 5*

Tracy. Many council members said they want Ventura residents to get priority and had some doubts about how much the facility would cost the city. "The city doesn't have millions of dollars to do this," Tracy said. City and county staff are working to meet an ambitious timeline to open the facility within months. Supervisors expect to see a report on the buildings condition on July 17th.

City Council adopted a resolution re-confirming the continuing existence of a local emergency and a local public health emergency. On December 4, 2017, the city experienced a devastating fire disaster in the city. The city's Emergency

Operations Center was activated at approximately 9:00 pm and a state of local emergency was declared by the City Manager as the Director of Disaster Services at 10.05 pm. On December 11, 2017 the city council adopted Resolution No. 2017-055 which confirmed the existence of a state of local emergency in the city. This action was required by the State Emergency Services Act for the emergency status to continue. It must be re-confirmed at least every thirty days thereafter until terminated.

The council reviewed an Update on Implementation of the Tertiary Treated Flows Consent decree, the Proposed Potable Reuse Project and State Water Interconnection. Kevin Brown, Ventura Water General Manager presented a report on provision of Ventura's water supply. This report covers water supply augmentation and reliability, beneficial reuse of effluent, improvement of water quality and explanation of why use direct potable reuse water supply. Brown said, "In a nutshell this is about diversifying the city's water supply."

Council adopted a resolution authorizing the Ventura Water General Manager, to apply for, receive funds, enter into a cooperative agreement, and administer a grant for up to \$9,868,544 for the 2018 Bureau of Reclamation WaterSMART Title XVI Water Reclamation and Reuse Projects. Reclamation project covers the reuse of potable water. Also authorizes the Ventura water General Manager, to act on behalf of the city to conduct all negotiations, execute and submit all documents including applications, agreements, amendments, and billing statements that may be necessary to accept these grants and complete the project under the grant.

### \$26,250 donation set a record

*Continued from page 1*

Fibrosis Foundation.

The amount is determined based upon all beer and wine sales(good thing Venturan's like to drink) along with all gratuities collected which are matched by Stonefire. For their Ventura pre-opening events, beer, wine and gratuities totaled \$13,125, so they matched that amount for a total donation contribution of \$26,250 to FOOD Share.

Stonefire stated "We believe that being of service to the greater community, not only through food, but through our daily action, is simply the right thing to do. It's at the core of who we are and it demonstrates to our own team how important it is to be a small but meaningful part of something much greater than one's self. We are happy to serve."

Monica White, FOODShare President & CEO told the Breeze "Stonefire Grill in Ventura, in partnership with FOOD Share recently invited friends and family to an invite only, pre-opening celebration weekend. Guests were treated to a complimentary meal at the new location in Ventura. While not required, guests were encouraged to tip generously. All tips and beverage proceeds were generously matched by Stonefire Grill and donated to FOOD Share of Ventura County.

"An appreciative group of board

members, staff and volunteers for FOOD Share attended the check presentation on July 12 and were thrilled to receive a check in the amount of \$26,,250. We cannot thank our new friends at Stonefire Grill enough. When they asked us to invite our friends and family, I think they were surprised, yet pleased, at the number of FOOD Share supporters that showed up." said Monica White,

Jennifer Caldwell, Director of Marketing did the calculations as the group posed for a photo in front of the restaurant. "With this donation, FOOD Share can provide 78,750 meals!"

As Ventura County's food bank, FOOD Share serves nearly 75,000 people each month through their 200 partner pantries and agencies. Celebrating their 40th anniversary this year, the FOOD Share team was grateful and appreciative of the donation from Stonefire Grill.

More information at <https://foodshare.com/>.

### Ventura Libraries event listing

*Continued from page 7*

and fun!

#### Hill Road library

#### Children's Events

#### Summer Reading Events

#### Humane Society 8/6 Monday @ 2pm

#### Kona Ice Party 8/6 Monday @ 3pm

Join us to wrap up our Summer Reading Takes You Everywhere Program. All ages.

#### Summer STEAM Boxes

#### Bubbles 8/6 Monday @ 3pm

#### Origami 8/7 Tuesday @ 3pm

Create, design, and discover with our STEAM boxes aimed at kids 8 and up. Aimed at ages 8+

#### Early Literacy Class

#### 8/1, 8, 15, 22, 29 Wednesdays @ 10:30am

Join us every week for stories, poems, music, movement, a simple craft, and fun! Aimed at ages 0-5.

#### Financial Wellness Series Teens & Money

#### 8/9 Thursday @ 6pm

Provide your teens with a solid foundation in financial planning with this free workshop in partnership with Ventura County Credit Union. Aimed at ages 16+

#### Saticoy library

#### Children & Family Events

#### Summer Reading Events

#### 8/2 Humane Society

#### 8/9 Kona Ice

#### Thursdays @ 3pm

All ages welcome!

#### Early Literacy Class

#### 8/7, 14, 21, & 28 Tuesdays @ 10am

Join us every week for stories, poems, music, movement, a simple craft & fun!

#### Summer STEAM Boxes

#### 8/1 Draw Bot Wednesday @ 3pm

#### 8/8 Origami Wednesday @ 3pm

#### 8/9 Bubbles Thursday @ 3pm

Create, design, and discover with our STEAM boxes aimed at kids 8 and up.

#### Adult Classes & Events

#### English Classes

#### 8/ 6, 13, 20, & 27 Mondays & 8/1, 8, 15, 22 & 29 Wednesdays @ 3- 5pm

ESL Conversation Groups hosted by Laubach Literacy of Ventura County

#### August Closures

#### 30th - all libraries will be opening at 2pm due to staff meeting





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55+ 



## News & Notes



Ashley Bautista, VPD Civic Engagement Specialist hosts CAPS show.

### Ventura Police updates produced at CAPS Media Center

Multiple times a month the Ventura Police Department creates community updates and informational videos in the CAPS Media Studio. Hosted by Ashley Bautista, VPD Civic Engagement Specialist, and VPD officers the segments provide the community with important facts, crime statistics and additional valuable information. The segments air and stream on CAPS Media and on multiple social media sites including the Ventura Police Facebook page and numerous Nextdoor sites.

CAPS Media's Thomas Fire Stories series of extraordinary first-person storytelling continues on July 20 when Clark Tulberg wraps up his emotional experience of defending Thomas Aquinas College and traveling throughout upper Ojai to help friends and family impacted by the fire. On July 27, Ventura County Deputy Fire Chief Vaughn Miller and Assistant Fire Chief Mike Milkovich share their experiences on the night of December 4th and the days and weeks that followed. And, on August 3 Debbie Brokaw Jackson and ranch manager

Jose Alcaez recount the remarkably inspiring story of Jose and his crew fighting to save the Brokaw avocado ranch throughout the Thomas Fire.

Each 20-30 minute Thomas Fire Story repeats throughout the week and can be viewed at any time online at capsmedia.org/videos. Thomas Fire Stories are produced by CAPS Media in collaboration with the Museum of Ventura County and are supported by photos and videos contributed by the public, firefighters and news agencies.

Recently CAPS Media recorded Thomas Fire public meetings held by the Ventura County Resource Management Agency for property owners, in upper Ojai on June 26, and for contractors and designers at the county government center on June 27. The meetings included representatives from Ventura County Building and Safety Department, other County agencies, and the California State Licensing Board. Videos of the meetings will be shown on county websites, contact held by the Ventura County Resource Management Agency for details.

Summer is a great time to join the CAPS Media creative community. No prior experience is required and everyone is invited to join. Anyone who lives, works or attends school in the city of Ventura is eligible to become a member as are members of non-profit organizations throughout the county. To learn more about CAPS Media's extensive television and radio resources and training attend an orientation tour held on the first Thursday of every month. HD videography/camera classes are held on the 2nd Thursday, Final Cut postproduction editing class are on the 3rd Thursday, and CAPS Radio (KPPQ, FM 104.1) two-part classes are on the 4th week. Member/Producers receive hands-on instruction in videography, video editing, radio production and more. All classes begin at 6pm at the CAPS Media Center, 65 Day Road.

CAPS Media's mission is to create an engaged and informed community through participation in electronic media. For more information, go to capsmedia.org or call 805.658.0500.



Ventura College hosted students from Oxnard's Santa Clara High School for the Amgen Foundation's "Biotech Summer Experience" workshop. Students, mostly seniors at Santa Clara High School, were exposed to skills of advanced biotechnology including working with DNA and bacteria. Andrea Ocampo, Alyna Zarate and Sabrina Ramirez are shown performing lab testing. The Amgen Biotech Experience is an innovative four-day science education program that provides research-grade equipment, supplies, curriculum, and professional development to middle and high schools. The program features a hands-on molecular biology curriculum designed to introduce students to the excitement of scientific discovery. Photo by Bernie Goldstein.



# News & Notes



Take a short drive for a great day of food, fun, classic cars and live music.

## Run to the PinesAuto Show in Pine Mountain Club

by Mark Bailey  
President PMCCPOA

From the coast to the mountains in just 90 scenic minutes. Come and visit us in the beautiful, picturesque village of Pine Mountain Club; an area surrounded with pine trees, unique shops, a general store, gas station, hotels and restaurants. The valley lies between two mountain ranges, with peaks soaring well above 8000 feet. Remember, this is the mountain; if you linger into the evening after the show is over it can cool off quickly once the sun goes down. But chances are, blue skies, a few clouds, and crisp, pine – scented air will make for a most enjoyable late summer day! This is our 20th annual Run to the Pines Car Show!

Saturday August 11th is the event. Registration starts at 7am, with the event beginning at 9 a.m. and the awards presentation taking place around 2:00 p.m. Admission and parking to attend the event are free! Trophies are awarded for classes such as, Merchants Choice, People’s Choice, Best Paint, Best Classic, Best Muscle Car, Best Hot Rod, Best Off Road, Best Truck, Best Motorcycle, and Best in Show. Weather in August is mild compared to 100+ in the valleys.

Take a short drive for a great day of food, fun, and live music while browsing beautiful vehicles! To participate in the event, download applications from [www.runtothepinesautoshow.com](http://www.runtothepinesautoshow.com) and mail in. Pre-registration is \$25 and \$35 at the gate the day of the event. Email questions to - [info@run-tothepinesauto-show.com](mailto:info@run-tothepinesauto-show.com). The event is located at 16200 Mil Potrero Hwy, Pine Mountain Club, 93222. Great for all car lovers! See You There!



## Ventura Aquatic Center Dive-In Movie Friday, July 20

It’s time to dive into summer! Join the staff at the Ventura Aquatic Center for a dive-in movie! Attendees are invited to order pizza or bring a picnic dinner and float the night away under the stars while watching Ice Age: Dawn of the Dinosaurs. For more information, visit the Aquatic Center website or call 805-654-7511.

Doors open at 7:30 pm, movie begins at 8 pm. \$5 per person, children 2 and under are free.



Bajaj devoted her early career to youth and education.

## Madhu Bajaj announces school board candidacy

Local business owner and nonprofit professional Madhu Bajaj announced that she is running for VUSD School Board, District 4 citing priorities in

Continued on page 21



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LIVE Entertainment From 11am-3pm in the Gazebo Rain or Shine!

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Best Motorcycle \* Best in Show \* Custom Trophy by **FTK**

Registration starts at 7:00am \* Awards Presentation @ 2:00pm

Save \$10 on registration! Sign up before the event for \$25  
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Need More Information? \* [info@run-tothepinesautoshow.com](mailto:info@run-tothepinesautoshow.com)

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# News & Notes



Open house and ribbon cutting held for United Way. Photo by Michael Gordon.

## Funds raised are used to sustain programs in three areas of focus

The United Way of Ventura County held an open house and ribbon cutting on June 19 to officially dedicate its new headquarters at 702 County Square Drive, Suite 100, in Ventura. The agency relocated in December from Camarillo.

“We’re very excited about our new headquarters, which is in shared space with one of our community partners, Cabrillo Economic Development Corp. And with this move, we are saving nearly \$100,000 per year, money that will be used to support various community needs,” said Eric Harrison, president and CEO of the United Way

of Ventura County.

Additionally, the agency will be kicking off its annual workplace employee campaign for 2018-19. Funds raised are used to sustain programs in three areas of focus: education, income and health. Top employers running campaigns this year include Wells Fargo, Bank of America, Procter and Gamble, Enterprise, the Ventura County government, UPS, Costco, Target, Our Promise (state employees), AT&T and Macy’s.

To learn more about the United Way of Ventura County, visit [www.vcunited-way.org](http://www.vcunited-way.org).



Olivia Roman was awarded a full scholarship to San Francisco Ballet School.

## Ballet Academy Ventura student walks away with top honors

Olivia Roman, a 12 year old student at the Ballet Academy Ventura (BAV) was awarded a full scholarship to San Francisco Ballet School at the recent California Classics ballet competition. She was selected by a panel of judges and given the award by Yoko Katsumi a member of the San Francisco Ballet School faculty member.

Olivia will attend in July for a three week program. Jasmine Duncan, another BAV student was awarded a partial scholarship to Harid Conservatory. Olivia Roman is a 7th grade student at Cabrillo Middle School where she also plays saxophone in the wind ensemble and jazz band.

San Francisco Ballet’s School is one

of the most prestigious professional ballet training centers in the U.S.A... Full scholarships are given rarely by the school and only to promising young dancers.

At the California Ballet Classics competition twelve other BAV students received gold and silver awards and the school received a gold trophy award for their National Character Ensemble.

Kathleen Noblin, Founder and Director of Ballet Academy Ventura stated, “Olivia’s work ethic and exceptional talent have brought her to this place. She is most deserving and needless to say I am very proud of her work. It is also a reflection of the excellent training that Ballet Academy Ventura (BAV) provides here in Ventura. She began ballet training at 2 years old at Ballet Academy Ventura.” Olivia was coached by Marina Fliagina, Brett Weidlich and Allison Crilly, all members of the BAV teaching staff.



Much of the mud and boulders from the Montecito mudslide disaster was taken to the Fairgrounds to be cleaned up and distributed. The State is in the process of repairing and paving the parking lot that was destroyed by this.

The Albinger Museum is located next to Mission San Buenaventura and was once the home to 5 different cultures spanning 3,500 years of history. Learn about the Chumash Indians, Chinese immigrants and others who resided on the site by viewing displays, and archaeological digs uncovered in 1974. During the summer, until Sept. 3 the Museum is open from 11am-4pm.

Named after Ventura Mayor (1969-1973) Albert R Albinger, the museum is built on the home site of saloon keeper and early mayor Angel Escondon, and displays artifacts spanning 3,500 years of Ventura history encompassing 5 different cultures.

Displays of stone bowls, shell beads, arrowheads, bone whistles, crucifixes, bottles, buttons and pottery inside the exhibit building are complimented outside by excavations of the foundations of the lost mission church, Native American barracks, a tomol (plank canoe reproduction), a well and the oldest standing structure in Ventura County - the mission water filtration building.

For more information [www.cityofventura.ca.gov/albinger](http://www.cityofventura.ca.gov/albinger).



# Senior Living

*Pull Out Section*

## Alzheimer’s disease is an irreversible, progressive brain disorder

Analysis of large data sets from post-mortem brain samples of people with and without Alzheimer’s disease has revealed new evidence that viral species, particularly herpesviruses, may have a role in Alzheimer’s disease biology. Researchers funded by the National Institute on Aging (NIA), part of the National Institutes of Health, made the discovery by harnessing data from brain banks and cohort studies participating in the Accelerating Medicines Partnership - Alzheimer’s Disease (AMP-AD) consortium. Reporting in the June 21 issue of the journal *Neuron*, the authors emphasize that their findings do not prove that the viruses cause the onset or progression of Alzheimer’s. Rather, the findings show viral DNA sequences and activation of biological networks—the interrelated systems of DNA, RNA, proteins and metabolites—may interact with molecular, genetic and clinical aspects of Alzheimer’s.

“The hypothesis that viruses play a part in brain disease is not new, but this is the first study to provide strong evidence based on unbiased approaches and large data sets that lends support to this line of inquiry,” said NIA Director Richard J. Hodes, M.D.

Alzheimer’s disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills and, eventually, the ability to carry out simple tasks.

More evidence is accumulating to indicate that this loss of cognitive functioning is a mix of many different disease processes in the brain, rather than just one, such as buildup of amyloid or tau proteins. Identifying links to viruses may help researchers learn more about the complicated biological interactions involved in Alzheimer’s, and potentially lead to new treatment strategies.

The research group, which included experts from Icahn School of Medicine at Mount Sinai, New York City, and Arizona State University, Phoenix, originally set out to find whether drugs used to treat other diseases can be repurposed for treating Alzheimer’s. They designed their study to map and compare biological networks underlying Alzheimer’s disease. What they found is that Alzheimer’s biology is likely impacted by a complex constellation of viral and host genetic factors, adding that they identified specific testable pathways and biological networks.

The researchers used multiple layers of genomic and proteomic data from several NIA-supported brain banks and cohort studies. They began their direct investigation of viral sequences using data from the Mount Sinai Brain Bank and were able to verify their initial observations using datasets from the Religious Orders Study, the Memory and Aging Project and

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the Mayo Clinic Brain Bank. They were then able to incorporate additional data from the Emory Alzheimer’s Disease Research Center to understand viral impacts on protein abundance. Through the application of sophisticated computational modeling the researchers made several key findings, including:

Human herpesvirus 6A and 7 were more abundant in Alzheimer’s disease samples than non-Alzheimer’s.

There are multiple points of overlap between virus-host interactions and genes associated with Alzheimer’s risk.

Multiple viruses impact the biology of Alzheimer’s disease across domains such as DNA, RNA and proteins.

Important roles for microbes and viruses in Alzheimer’s disease have been suggested and studied for decades, the authors noted. Since the 1980s, hundreds of reports have associated Alzheimer’s with bacteria and viruses. These studies combined suggest a viral contribution but have not explained how the connection works.

While the current findings are more specific, they do not provide evidence to change how risk and susceptibility are assessed, nor the diagnosis and treatment of Alzheimer’s, the authors said. Rather, the research gives scientists reason to revisit the old pathogen hypothesis and will be the basis for further work that will test whether herpes virus activity is one of the causes of Alzheimer’s.





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"I need to be very careful walking down stairs."

# Fall-proofing your home

by National Institute on Aging

Six out of every 10 falls happen at home, where we spend much of our time and tend to move around without thinking about our safety. There are many changes you can make to your home that will help you avoid falls and ensure your safety.

Fall hazards in the home, including a scatter rug, dog, and empty slippers.

## In Stairways, Hallways, and Pathways

Have handrails on both sides of the stairs, and make sure they are tightly fastened. Hold the handrails when you use the stairs, going up or down. If you must carry something while you're on the stairs, hold it in one hand and use the handrail with the other. Don't let what you're carrying block your view of the steps.

Make sure there is good lighting with light switches at the top and bottom of stairs and on each end of a long hall. Remember to use the lights!

Keep areas where you walk tidy. Don't leave books, papers, clothes, and shoes on the floor or stairs.

Check that all carpets are fixed firmly to

the floor so they won't slip. Put no-slip strips on tile and wooden floors. You can buy these strips at the hardware store. Don't use throw rugs or small area rugs.

## In Bathrooms and Powder Rooms

Mount grab bars near toilets and on both the inside and outside of your tub and shower.

Place non-skid mats, strips, or carpet on all surfaces that may get wet.

Remember to turn on night lights.

## In Your Bedroom

Put night lights and light switches close to your bed.

Keep a flashlight by your bed in case the power is out and you need to get up.

Keep your telephone near your bed.

## In Other Living Areas

Keep electric cords and telephone wires near walls and away from walking paths. Secure all carpets and large area rugs firmly to the floor.

Arrange your furniture (especially low coffee tables) and other objects so they are not in your way when you walk.

Make sure your sofas and chairs are the right height for you to get in and out of them easily.

Don't walk on newly washed floors—they are slippery.

Keep items you use often within easy reach.

Don't stand on a chair or table to reach something that's too high—use a "reach stick" instead or ask for help. Reach sticks are special grabbing tools that you can buy at many hardware or medical-supply stores. If you use a step stool, make sure it is steady and has a handrail on top. Have someone stand next to you. Don't let your cat or dog trip you. Know where your pet is whenever you're standing or walking.

Keep emergency numbers in large print near each telephone.

# Senior Living

If you have fallen, your doctor might suggest that an occupational therapist, physical therapist, or nurse visit your home. These healthcare providers can assess your home's safety and advise you about making changes to prevent falls.

## Your Own Medical Alarm

If you're concerned about falling, think about getting an emergency response system. If you fall or need emergency help, you push a button on a special necklace or bracelet to alert 911. There is a fee for this service, and it is not usually covered by insurance.



"Drinking and smoking hasn't affected me. I look pretty good for 40."

# Healthy habits can lengthen life

Physical activity is one of five healthy lifestyle factors that can lower your risk for several diseases and lengthen your life. Have you heard the advice to exercise, choose a healthy diet, keep a lean weight, never smoke, and limit alcohol?

Researchers wanted to find out whether people who follow this advice live longer than those who don't. So, they compared lifespan and other data from thousands of adults with all five of these healthy habits to those without.

People in the healthy habits group got at least 30 minutes of exercise each day. They ate the recommended amounts of fruits, vegetables, nuts, whole grains, and healthy fats. And they limited salt,

sugary drinks, trans fat, and red and processed meats. They also limited alcohol. Women had no more than one drink each day and men no more than two drinks. They also maintained a normal weight and didn't smoke.

The people in the other group didn't exercise, have a healthy diet, or limit drinking. They smoked and were overweight.

Based on the results, the researchers estimated that a 50-year-old woman who had all five habits would live, on average, to age 93. In contrast, if she didn't have any of these habits, she would live on average to age 79.

For a 50-year-old man, the average lifespan was about 88 years old with healthy behaviors and only 76 years without.

"This study underscores the importance of following healthy lifestyle habits for improving longevity in the U.S. population," says Dr. Frank B. Hu of Harvard T.H. Chan School of Public Health, senior author of the study.



Cherished memories bound together.

# Senior News Line

by Matilda Charles

I know what my project is going to be when it's too hot to go out this summer: I'm going to complete a Bio Binder Cherished Memories book.

The purpose of the 100-page Cherished Memories book is to leave for your family a record of all your memories. Better than that, however, is having the opportunity to think back over your



Golden Future Expos presented their 7th Annual Golden Future 50+ Senior Expo on Saturday, July 14, at the Ventura County Fairgrounds inside the San Miguel Expo Hall.

The event featured over 60 vendors with products, services, and resources tailored for Baby Boomers, Seniors, Caregivers, and Friends/Family.

The Golden Future 50+ Senior Expo connects local seniors, their families and caretakers with a variety of services and resources available to them.

Included were:

Free Health Screenings

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# Senior Living

own life, what your dreams were, how you got to where you are today, what you hope for your family, and more.

To see what the binder looks like, go to Amazon and search for “Cherished Memories.” You’ll see the option of using a Kindle version or the 3-ring binder. Click on Look Inside and scroll down the sample pages. It starts with an Introduction to show you how to use the book. Section 3 is about birth to age 12, where you write information about your childhood experiences and memories, what you did for fun, and school.

By Section 6, it gets into your personal values and the philosophies you want to pass on to others. Section 7 is My Favorites, and it’s my own personal favorite section. It gives a place to document favorite animals (maybe the pets you had as a child), books, television shows, foods and more. There’s also the option to add newspaper clippings, photos, letters and your family tree.

You don’t have to start at the beginning -- pick your favorite section and begin there.

Another way to approach this would be to create one of the binders with your parent. Just asking the questions themselves will open up lots of great discussions, especially if you include your own children in the project.

You can go directly to the seller at [biobinders.com/bb\\_purchase.htm](http://biobinders.com/bb_purchase.htm) to read more about the binder and check out other companies that sell memory binders.

Old scams don’t go away, and one of the scams that has come around again is the secret shopper scam. Most people like shopping, and if someone offers payment for it, many of us will try it. After all, it sounds like fun.

Secret shoppers often are hired by legitimate companies to visit one of their stores and make a purchase. Afterward you make a report on things like cleanliness, pricing, employee attitude and more. In response you might get either a free gift or a cash payment.

When it comes to scams, however, you’re given the payment first. You’ll be sent a check and will be told to cash it, and then go shopping immediately. You’ll likely be told to “test” the service at the Western Union desk, or whatever location will transfer money. You’ll be instructed to test the system by sending the money you’ve just received when you cashed the check. What you won’t find out for a long time is that the check you cashed is no good. You used your own money to send a wire transfer, and you’ll never get that money back.

Or you might be told to use the cash to buy a handful of gift cards. Again the check will bounce and you’ll end up out of pocket for all that money.

Warnings: If you’re ever asked to cash a check and send someone else the money, it’s a scam. Don’t ever pay to sign up as a secret shopper, even to buy a so-called directory. And don’t fall for the certification fraud -- you don’t need a certificate to do secret shopping.

If you’re interested in having a legitimate part-time job as a secret shopper, go online to [mysteryshop.org](http://mysteryshop.org) to search their database of legitimate companies. Read more at the [www.consumer.ftc.gov](http://www.consumer.ftc.gov) website about secret shopping scams. (c) 2018 King Features Synd., Inc.



Dr. Bell has 25 years of experience and is excited about returning to California.

## Damon Bell selected as interim president

Ventura County Community College District Chancellor Greg Gillespie is pleased to announce that Dr. Damon Bell has been selected as interim president for Ventura College, effective July 23, 2018. Bell has 25 years of experience that includes Washington and California college systems. He has held senior leadership positions at San Diego Mesa College; Long Beach City College; California State University San Marco; California State University Monterey Bay; and San Francisco State University. Most recently, Dr. Bell has served as Vice President for Student Services and Achievement at Olympic College in Bremerton, Washington.

Chancellor Gillespie stated, “We are fortunate to have Dr. Bell joining Ventura College and the District. He



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is an experienced leader with a proven track record of implementing innovative practices to increase student access and success.”

## Upcoming events for the Museum of Ventura County

MUNCH = Music + Lunch. Grab lunch and head over to the Museum, every Thursday between 11:30 a.m. and 1:30 p.m., for music by local musicians and free entry to the galleries. July 19 features music by Santa Barbara Trombone Society. Feel free to tip the musicians! The

museum is located at 100 E. Main Street, Ventura.

Opening Day – Vaquero Campfires at the Agriculture Museum in Santa Paula. Opening day activities for the Vaquero Campfires exhibit, Saturday, July 28 from noon to 3 p.m., will feature a junior calf roping station, rawhide riatas weaving stations, Buckaroo crafts table and chuck wagon style grub by Santa Paula’s famous Hill-grillies BBQ. The Vaquero Campfires exhibit is a nostalgic look back at the eye-catching displays of silver-studded saddles, hand-woven rawhide ropes and antique bits and spurs that were unique to the Vaquero lifestyle and traditions. The exhibit will be on display July 28 to November 25 at the Agriculture Museum, 926 Railroad Avenue, Santa Paula.



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## July 28-29 11am-7pm

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## News & Notes



Join us for Colorful Cocktails after our swim.

### Soak in summer fun with Waterfront Wednesdays

Escape the heat this summer from dawn to dusk for a midweek seaside sojourn to Ventura Harbor Village as it kicks off its annual Waterfront Wednesdays every Wednesday in July and August, 2018. Find fabulous seaside dining, one-of-a-kind boutique coastal shopping, and play by the sea! Sway to the sounds of the steel drum from Noon to 3 p.m. and live music into the evening, this unmatched enclave is the epitome of living the California summer lifestyle.

Waterfront Wednesdays offers Top 5 Deep Blue Deals on tap on the seashore at Ventura Harbor Village:

Seaside Cool – On the water fun from boat rentals, to toes in the sand at the Harbor beaches, and coastal wear & finds at boutique shops to keep cool this summer weather on the water or on the shore. Summertime finds at Ventura Harbor Village. (15-50% Boutique deals for Waterfront Wednesdays. Plus, local artisans offer art activities for Wednesdays- from painting to bracelets! )

Free Channel Islands live program at the Channel Islands National Park Visitor Center just a few minute walk from Ventura Harbor Village every Wednesday from 1:30 – 2:30 p.m. Explore the underworld beauty and wonder of the Channel Islands Marine Sanctuary or on the island shore with wildlife and flora in the Visitor Center theatre, where guests can listen, watch and interact with Rangers at the Channel Islands.

Colorful Cocktails & Delicious Cuisines – come try something new every Wednesday with lunch, dinner and Happy Hour menus perfect for sharing with friends & family. Unwind from the day with amazing wines, craft beer, refreshing cocktails and a variety of options featuring French, Cuban, Seafood, Greek and American cuisines for lunch or dinner with stunning views of the waterfront. (Waterfront Wednesday deals feature complimentary appetizers, \$10 entrees, Happy Hour menus, wine specials, and more!)

Engage the Family Seaside Off Screen- Waterfront Wednesdays offers kids a complimentary Scavenger Seaside Scavenger Hunt from Noon -3 PM for prizes, an Escape Room features Wednesday booking specials, and renting a kayak, pedal or electric boat, jet ski or stand up paddle board gets you extra time on the water on Wednesdays. Watch for free tours & tastes weekly.

Sounds of Summer Resonate on Waterfront Wednesdays overlooking the boats in the Harbor kicking off with a live Steel Drum Noon -3 PM reminiscent of a tropical vacation. Live bands entertain over cocktails and

delicious appetizers every Wednesday evening at multiple restaurants on the waterfront for classic summer nights.

For a listing and details of all the Top 5 Deep Blue Deals visit <https://www.venturaharborvillage.com/waterfrontwednesdays/>



The festival is a celebration of all things salsa.

### 25th Annual Oxnard Salsa Festival—A Weekend of Sizzling Music, Dance & Food

Hot Latin sounds, exotic dancing and spicy culinary flavors are all part of the 25th Annual Oxnard Salsa Festival. The festival, July 28 and 29, is a celebration of all things salsa-the food, music and dance. Festivities take place at Plaza Park, Fifth and “B” streets in historic downtown Oxnard from 11:00 a.m. to 7:00 p.m. both days.

Festivalgoers can dance to the beat of Latin bands including Janeen Puente, and her orchestra who are performing on Saturday at 4:45 p.m. Puente has a strong southern California following. Closing out Sunday's lineup is Orquesta Tabaco Y Ron. Performing at 4:45 p.m., this 12-piece “Big-Band” orchestra is composed of musicians from all over Latin America.

The festival's salsa-tasting tent is filled with dozens of samples of salsa and hot sauce from local restaurants and gourmet grocers. Admission to the tent is \$5 per person and includes a bag of fresh Mission tortilla chips and 10 tasting tickets.

The two days also feature a vendor marketplace, international cuisine, community stage, a kids' zone and the annual “Dancing With Our Community Stars” contest to raise money for local charities.

This year's Friday Night Kick Off Concert, July 27, features Poncho Sanchez and his fiery stew of infectious melodies and rhythms from a variety of Latin American and South American sources. The concert is also at Plaza Park. Gates open at 5:30 p.m. with the concert from 7:00 p.m. to 9:00 p.m. As part of the 25th festival celebration, general admission is free. Bring your own food. Beer and wine margaritas will be available.

The festival is presented by the Oxnard Downtowners and sponsored by Bud Light, Gold Coast Broadcasting, Mission Foods, Oxnard Convention & Visitors Bureau and other community partners. Festival proceeds go back into downtown Oxnard and to help pay for events



# News & Notes

including the Oxnard Farmers Market and Oxnard Christmas Parade.

About 40,000 people attend the festival each year. Festival admission and parking are free. Main stage seating is just \$5. For festival information, call 805.535.4060, email [info@oxnardsalsafestival.com](mailto:info@oxnardsalsafestival.com) or visit [www.oxnardsalsafestival.com](http://www.oxnardsalsafestival.com) or on Facebook.



Johnson has 15 years of experience in the mental and behavioral health fields.

## Sevet Johnson named to head County Behavioral Health Department

Sevet Johnson has been named as the Director of the County’s Behavioral Health Department. On the recommendations of the Health Care Agency Director and County Executive Officer, the Board of Supervisors unanimously approved her appointment. Johnson will also serve as the Local Mental Health Director. The appointment follows a nation-

wide recruitment that attracted more than 100 applicants.

Johnson, a licensed psychologist, has 15 years of experience in the mental and behavioral health fields. She has worked for the County’s Behavioral Health Department since 2009. She began her County career as a Senior Psychologist and was then promoted to Clinic Administrator and Senior Behavioral Health Manager.

“This position is critical to the health and safety of our communities”, said CEO Michael Powers. “Behavioral Health promotes recovery, hope and resiliency to Ventura County residents with mental health or substance abuse issues. Sevet’s combination of clinical and administrative experience, her calm, thoughtful and collaborative leadership approach and her passion for the mission and vision for the future of the department make her ideally suited for this important role. Sevet understands the importance of maintaining focus on the clients while staying connected to the families and the community.”

The Director of Behavioral Health reports to the Director of the Health Care Agency and is responsible for the administration of the County’s many Behavioral Health programs and services. These include programs for adults, youth, families and alcohol and drug abuse.

“Sevet will use all of her clinical and managerial skills as she develops, maintains and directs the department’s culturally responsive programs,” said Johnson Gill, Director of the Health Care Agency. “Her position requires broad skills in addition to her clinical expertise. The director needs financial expertise, significant leadership ability and the ability to achieve effective outcomes that are both client-centered and data driven.”

Johnson, 37, is a Moorpark resident and will begin her new duties during June at a salary of \$203,887.



After finally getting approval from the Coastal Commission to allow residential use (2008-10 and again 2012-14) and obtaining local permits, grading has started on the large “triangle lot” residential project. This development (off of Sanjon on the location of the former Crabshack Restaurant) will link Ventura to the beach and includes a new bluff-top public promenade with an overlook area fronting onto the Freeway.

The 231-unit multi-family residential apartment project is on approximately 11 acres. The project includes 137 one-bedroom units, 91 two-bedroom units, and 3 three-bedroom units.

Additionally, a 20,000 square foot publicly accessible park space is to be developed at the western edge of the project site adjacent to the Southern terminus of Ash Street. The project will have a new two-lane street with public parking available. Sidewalks are located on both sides of the street for pedestrian access.

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# The Pet Page



## Dedicated to Scamp

SPAN Thrift Store is providing \$10 spays and neuters for low income cat and dog friends. Two opportunities. New Location: Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard, on Friday, July 20th. Also in Ventura, in the SPAN Thrift Store parking lot 110 N. Olive St. (behind Vons on Main St.) Friday, July 27th. Please call to schedule an appointment 805-584-3823.

Canine Adoption And Rescue League (CARL) Thrift Boutique will be re locating shortly to their new location at 2750 E Main St. Ventura, next to Smart & Final Grocery store. This all volunteer store will continue to offer men's, women's, and children's clothing, household wares, and furniture.

All sales proceeds go toward maintaining rescue dogs in the best condition they are able to provide. Please come and support the dogs at this wonderful new location.

Search Dog Foundation-Koda was originally rescued from a shelter by Lab Rescue OK, Inc. before being homed with a fellow firefighter who recognized his Search Dog potential and contacted Jason Smith, a former Handler in Oklahoma City with Oklahoma Task Force 1. Jason evaluated Koda and he quickly noticed this Yellow Lab's high drive and potential for work.

Sure enough, Koda is already proving that he has what it takes to be a great search dog! Working in barrels during training, he is using his nose to pinpoint the "victims" locations and barking loudly. Even with food distractions, Koda is dedicated to his training, leaving delicious treats behind in favor of focusing on the search. This dedicated candidate has developed a nice, strong bark alert on the rubble that will serve he and his Handler well in the future!

The National Disaster Search Dog Foundation is honored to share that the Rachael Ray Foundation™ collaboration is at it again, actively supporting the recruitment of rescued dogs for their Class of 2018 training program and caring for them throughout their entire lives.

With a generous grant of \$200,000, The Rachael Ray Foundation™ is leading the charge once more to help SDF give rescued dogs across the country a home and a job that they love. The goal is to raise \$400,000 by August 31, and now we're already halfway there!

For almost a decade, Rachael Ray has been and continues to be one of SDF

most generous supporters. A portion of proceeds from each sale of Rachael's pet food, Nutrish®, is donated to help animals in need through The Rachael Ray Foundation.

SDF is grateful to be among the organizations supported by The Rachael Ray Foundation and for the significant role their grants play in their capacity to recruit rescued dogs for the training program.

The Rachael Ray Rescue Brigade gives everyone the opportunity to join the mission of turning shelter dogs into Search Dogs. To donate go to <https://searchdogfoundation.giv.sh/1170>.

Founded in 1996, the National Disaster Search Dog Foundation (SDF) is a 501(c)(3) non-profit, non-governmental organization based in Santa Paula (even though it seems like Ventura). Their mission is to strengthen disaster response in America by rescuing and recruiting dogs and partnering them with firefighters and other first responders to find people buried alive in the wreckage of disasters.

National Training Center  
6800 Wheeler Canyon Rd.  
Santa Paula, CA 93060  
888-4K9-HERO

## Dogs & Food Behavior by Victoria Usher

Researchers in Hungary completed a study that have helped them discover that normal and overweight dogs both behave differently when it comes to tasks involving food. The researchers put down two bowls in front of a series of dogs, one bowl contained a good meal and another bowl next to it contained a less attractive meal. The study found that canines of a normal weight continued to obey instructions to check the second bowl for food, but the obese ones refused after a couple of rounds.

"We expected the overweight dogs to do anything to get food, but in this test, we saw the opposite. The overweight dogs took a negative view," test leader Orsolya Torda said. The behavior had possible parallels with overweight people who see food as a reward," said the paper published in the Royal Society Open Science journal. According to the authors of Budapest's ELTE University paper, this study has suggested that dogs could be used as models for future research of the causes and psychological impacts of human obesity.

## How to handle a territorial dog, Establish yourself as the Pack Leader.

Dogs crave rules, boundaries and limitations. It is not a good idea to allow

# Scamp Club

(Scampclub pets are not for adoption.)

I'm Charlie. I'm a parking lot dog (I was found in a parking lot). I'm maybe 5ish. "Happiest dog ever, wags his tail all the time, loves everybody."



## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

your dog to roam all over the house, sit on furniture, eat from the table, or engage in any other type of disruptive behavior. Although your dog is your companion, it is a follower in your pack, not a leader. You can reduce this type of behavior by asserting yourself as the pack leader by using calm, assertive energy. Make your dog earn food, water, and affection through exercise and discipline — exercise via two or more daily walks to drain her energy, and discipline through setting those rules, boundaries and limitations.

These types of issues are often exacerbated by a lack of training and discipline for your pet. If this seems to be a big problem, then you may want to consider an obedience class for your dog or speak to your veterinarian for some other solutions.

## Paw's Corner by Sam Mazzotta

Dear Paw's Corner: I deliver packages on a long route around town every day. It seems that we've been inundated with warnings over the past few years about the dangers of leaving pets inside the car on a hot day while their owners go shopping or run errands. And yet, almost every day of the summer, I am calling emergency services or asking store

managers to page customers because I see pets panting behind rolled-up car windows.

Please, please remind pet owners to leave their pets at home when they're running errands! -- Concerned Delivery Driver

Dear Driver: I absolutely agree, and I thank you for insisting on this reminder! Even on a day that doesn't seem too hot -- say, 78 degrees -- the interior of a car can heat to well over 110 degrees within five minutes. Now that we're in the hottest part of the year, that interior temperature climbs faster and higher and can reach 120 degrees easily. No pet can withstand such suffocating heat for long.

For short trips to the store or to run errands, leave your pet at home. If they must come with you (such as during long road trips), they should be left with an adult, and the air conditioning needs to be turned on.

Of course, a planned outing with your dog is a lot of fun just about any time. But always be mindful of the heat. Bring water for your dog to drink. Head home if your dog is panting heavily and not very active. And do not leave your pet in the car.

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## Ventura Veterinary Hospital

LOVING AN ANIMAL ... AWAKENS THE SOUL.

**Looking for a Vet with heart?**

- One that understands your pet is *part of your family?*
- Need a 2nd opinion - flexible surgical/treatment options?
- Bring your dog or cat here for the care they deserve.

Ms. Cricket

M/Tu/Th/Fr 8a-6p & Wed 8a-5p & Sat 9a-12p

1784 E THOMPSON BLVD. — 805.648.2797



Koda is already proving that he has what it takes to be a great search dog!



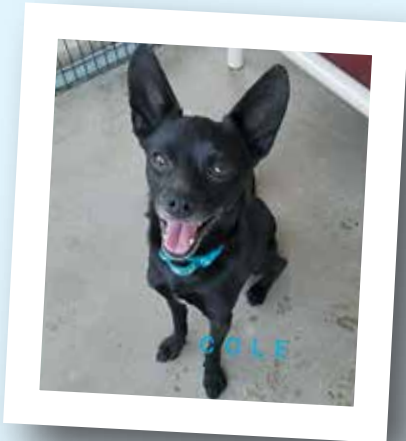


# The Pet Page

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.

## Forever homes wanted

Hi: I'm Cole 2, a cute 3-year-old Chihuahua X who was rescued from Animal Services. I'm grateful to be given a chance to find my forever home. I'm currently in a foster home with 2 other small dogs. I respond best to a calm structured environment. On walks when encountering bigger dogs I do show some anxiety and will bark and pull, but my foster mom is working with me on not doing that. I would do best in a quiet home where someone is home most of the time. At this time it is not recommended that I go to a home with children. While I love attention from the person that I trust, I am not a lap dog. If you're a patient, loving person who is willing to continue with my training, please stop by and meet me. Canine Adoption and Rescue League C.A.R.L.



Remy is just as wonderful as can be. If you ask to meet him, you'll see that he is sweet, gentle and loves to get head scratches from you. Look into his eyes and you'll see a heart of gold under his black fur. His story is a bit of a sad one: Someone dropped him off at a pet store and left him there. Ventura County Animal Services - Camarillo location - 600 Aviation Dr. Remy A650841

## This 'n' That



## One Stop does it all

Ventura County's hidden gem is the One Stop program for homeless people. It is a lifesaver for those most in need ... especially for the newly homeless who are often overwhelmed by the many agencies they must apply to for help.

One Stop, under the leadership of Health Care for the Homeless, provides comprehensive care under one roof - in five different cities each week. Tuesday's Ventura day at the County Public Health HIV Department is a prime example of compassion and efficiency. A dozen service providers gather for three hours to collaborate with each other so as to guide the many people seeking help through the system.

There are no prima donnas there ... just worker bees, collectively figuring out how to best help each person.

Some need photo I.D.s in order to register for services, some need medical care through Medicare or MediCal, others need mental help care. Some have pets and need veterinary care, food or licenses for them, some are disabled,

some are addicted; all need housing. The workers listen to their needs and figure out how to help. They compare notes with the other services to form as thorough a package of care as possible.

This is not your typical homeless agency: people are welcomed as soon as they come through the door. There is hot coffee to greet them, plus a bagged lunch and bottled water. As they form a line to sign in, they are offered candy and chit chat ... this is the best waiting line in town.

People have mail delivered here and so there is a group of people at the mail counter. Friends have a chance to visit in the waiting room or out on the front lawn. Tables with Obamaphones appear so that those who have nothing at least have phones, which are often their lifesavers.

It is a congenial place where very serious business is conducted by representatives from the Health Care for the Homeless Department, Buddy Nation, Independent Living Resource Center, the Health Care Agency, Behavioral Health, Project Understanding, The Salvation Army, Turning Point/River Haven, the Human Services Agency and Whole Person Care. All of this is guided by James Boyd, who knows everyone in the service agencies and everyone on the lines. He keeps things running smoothly and resolves any problems that arise and comes up with answers for complex situations.

When the last person has been helped, the workers exchange ideas and talk among themselves, getting their notes and files ready for the next day of One Stop, which will be in Oxnard.

**\$10 Low/No Income Spay & Neuter**  
Friday, July 27th  
in SPAN parking lot.  
Must call for appointment  
(805) 584-3823

**SPAN Thrift Store**  
**SPAY/NEUTER ANIMAL NETWORK**  
We are an all volunteer, nonprofit organization  
More Spays - Less Strays  
Volunteers Needed!  
Donations Always Appreciated!  
Spay and Neuter for Low & No Income Families in Ventura County  
**805.641.1170 110 A & B N. Olive St., Ventura CA 93001 [www.spanonline.org](http://www.spanonline.org)**

**ALSO**  
Friday, July 20th  
Albert H. Soliz  
Library - El Rio  
2820 Jourdan St.,  
Oxnard, CA 93036  
Must call for appointment  
(805) 584-3823

Volunteers are always welcome to help sort mail, make the coffee, greet people, and generally assist. Call James Boyd at 805-652-6694 and pitch in to help your fellow Venturans get through a rough spot.



Abundant local produce is readily available at local groceries and Farmers Markets.

### Sustainability Now News

## Clean Eating for sustainable health and community

by Maryann Ridini Spencer

Consuming an abundance of processed, preserved and refined foods loaded with sugar such as store-bought

cookies, cakes and candy or foods and soft drinks laden with chemicals names that can barely be pronounced may cause momentary bliss. However, indulging in excess over time can ultimately wreak havoc on a person's waistline and mood as well as contribute to serious health consequences. In fact, research shows that regular consumption of these types of foods can lead to elevated blood sugar levels (putting offenders at a higher risk for diabetes) and contribute to a myriad of adverse health effects like an impaired immune system and vulnerability to chronic disease.

### Clean Eating = Sustainable Health

"Clean Eating" is a popular term that means consuming "whole" or "real foods" (enjoyed in their natural form as found in nature) that are minimally processed and provide our bodies with the vitamins and nutrients they need.

In beautiful Ventura County, one of the agricultural hubs of the nation, abundant local produce is readily available at local groceries and Certified Farmers Markets.

There are tremendous health benefits to buying and consuming locally produced, in-season fresh fruits and vegetables, as well as sustainable meat and fish, and it's also good for the

*Continued on page 22*



VENTURA  
MUSIC  
FESTIVAL

12-22  
JULY



FINAL WEEKEND

FRIDAY



JULY 20

AKROPOLIS

SATURDAY



JULY 21

PERLA BATALLA

SUNDAY



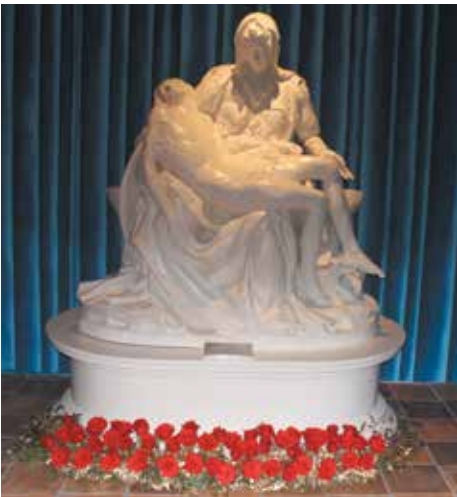
JULY 22

MALASHOCK DANCE

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 [www.VenturaMusicFestival.org](http://www.VenturaMusicFestival.org)

## News & Notes



The statue is so lifelike that a viewer can almost feel the curls of Christ's hair.

### Mission San Buenaventura dedicated Michelangelo Pieta Statue

A Vatican licensed copy of Michelangelo's masterpiece Pieta is gifted to Mission San Buenaventura. A dedication and unveiling service was held Sunday, July 8.

Forty-one years ago, May 21, 1972, the Renaissance statue was damaged at St. Peter's Basilica in Rome. The incident, and what subsequently became one of the most delicate and controversial art restorations in history, stunned the world. Forty-six years later Mr. and Mrs. Brad Hanson of Arizona gifted Mission San Buenaventura the financial means to acquire the Vatican licensed exact replica from a mold of Michelangelo's Pieta. Approximately 100 licensed replicas of the Pieta statue are being placed around the world.

Michelangelo was commissioned on August 27, 1498 and carved it out of a single block of Carrera marble he chose himself from a Tuscan quarry. The replica is composed of crushed Carrera marble from the same quarry Michelangelo chose. The crushed marble is mixed with resin and adhesives and then polished to resemble the original work

of art. The Pieta at St. Peter's Basilica is viewed by millions of people a year. Now visitors to the Mission will be able to view an exact replica of the sacred art in what is now the Shrine of the Blessed Virgin Mary, Mother of the Church, formerly the Baptistry.

The folds in the Madonna's veil seem made of muslin rather than marble. When art historian Giorgio Vasari saw the statue in 1550 he wrote in his book about the lives of artists. "It is a miracle that a rock, which before was without form, can take on such perfection that even nature sometimes struggles to create in the flesh".

Mission San Buenaventura was founded in 1782 by St. Junipero Serra and continues to be an active Catholic parish and is open daily to the public for pilgrimage and tour.

Mission San Buenaventura, 211 East Main St [www.sanbuenaventuramission.org](http://www.sanbuenaventuramission.org).



Vera loved to share stories about her granddaughters and great-grandsons with everyone she met.

### Vera (Castanon) Hirrel

Vera (Castanon) Hirrel, 62, passed away peacefully in her home in Oxnard, California on July 3, 2018 with loving family by her side. Born on September 30, 1955 in Riverdale, California to the late Nellie Castanon and Nick Castanon, Vera spent most of her adult life living in Ventura County. Vera was known for her generosity, vibrant personality, contagious laugh, and devoted love for her family. She had a close-knit group

*Continued on page 22*



General Contractor Fred Kummer, of HBE Corp. in St. Louis, has informed CMH that he will finish the 250-bed project in Ventura and turn it over in August, some 3 years after the promised completion date. After that, training on new state-of-the-art equipment and more approvals could take another four 4 months so the hospital could open at the end of this year, or the beginning of next year.

HBE has built over 1,000 hospitals (as designer-builder) and has been paying a \$10,000 daily delay penalty. Original estimates were \$200 million, but the final cost will be closer to \$280 million.



# This 'n' That

## Housing Authority receiving \$1 Million from Federal Home Loan Bank of San Francisco

The Housing Authority of the City of San Buenaventura (HACSB) has partnered with Montecito Bank & Trust to win over \$1 million in new funds from the Federal Home Loan Bank of San Francisco's (FHLBank San Francisco) Affordable Housing Program (AHP). These funds will support the financing of HACSB's future development sites at Willett Ranch and Rancho Verde in the City of Ventura. Since 1990, FHLBank San Francisco has provided over \$1 Billion in grants to support affordable rental and homeownership opportunities for lower-income households. FHLBank San Francisco announced the awards through its 2018 AHP program on June 26, 2018, funding more than 65.9 Million for seventy projects in seven states, including these two HACSB development projects.

HACSB is proud to continue receiving funds through this program, which prior to this year's award has already infused over \$2.4 million into other HACSB developments. This year's projects represent critical housing developments to support vulnerable Ventura households. Willett Ranch will create 50 new, affordable housing units for low- and very low-income seniors in Westside Ventura. Case management and financial literacy education will be available to residents to help them maintain housing stability. Part of a larger planned residential community, the complex offers three neighborhood parks, pedestrian friendly streets, and architecture styles that incorporate elements that promote social interac-

tion. Willett Ranch received an award of \$750,000 in this year's competition.

Rancho Verde Apartments will create 24 new affordable housing for low- and very low-income farmworkers and their families in East Ventura. A new 4-acre public park will be located across the street and residents will also benefit from onsite amenities such as a community building, garden, courtyard, barbeques, and picnic area. The project is designed to meet LEED for Homes Gold standards, with solar energy production and a greywater system designed to meet 100% of the property's irrigation needs. This project, which is also recipient of USDA Rural Development funds, received an award of \$276,000 from FHLBank San Francisco.

HACSB's Chief Executive Officer Denise Wise said, "This Housing Authority partnership with Montecito Bank & Trust contributes significantly to our efforts to provide affordable housing in an increasing costly Ventura rental market. These AHP funds will assist our community in housing agricultural workers and provide seniors a comfortable, affordable home for years to come."

The HACSB is the largest residential landlord in the City of Ventura, with 376 public housing units, more than 1,500 Section 8 vouchers, and over 450 non-profit affordable rental units. The agency is actively working to increase the supply of affordable housing and to improve the quality of life for hundreds more of the low-income residents throughout the City of Ventura.

## Ventura County Regional Energy Alliance launches kWh Countdown Program

The Ventura County Regional Energy Alliance, in partnership with the Community Environmental Council, are launching their newest pilot program, kWh Countdown, funded by the California Energy Commission.

kWh Countdown offers two services for businesses located in the cities of Thousand Oaks, Ventura, and Moorpark:

### Free energy benchmarking to all business that enroll

A limited number of comprehensive energy audits to businesses that demonstrate a willingness to invest in energy efficiency projects.

"kWh Countdown is designed to help businesses save money on utility bills and invest in energy efficiency projects with confidence," said Sue Hughes, VCREA's Executive Director. "Business owners often bypass cost-saving energy efficiency projects because of uncertain payback periods or lack of technical expertise. kWh Countdown aims to reduce the uncer-

tainty surrounding energy efficiency projects by clearly explaining the benefits of energy efficiency."

Selected companies will receive free American Society of Heating, Refrigerating and Air-Conditioning Engineers level II energy audits, valued at over \$5,000 each. These energy audits provide businesses with a detailed analysis of potential energy efficiency projects, including payback periods, funding sources, and packages of projects that best align with the individual company's goals and objectives. Due to the cost of providing such a high-level assessment, a limited number of these audits will be conducted. Auditing services will be completed by TRC, Inc. a Southern California-based energy company that was selected through a competitive Request for Proposal process.

Companies that are not selected to receive free high-level energy audits will still receive a benchmarking analysis. Benchmarking uses an online platform called ENERGY STAR Portfolio Manager® to compare a building's energy usage to that of similar buildings. This evaluation provides businesses insight to their energy usage and helps identify opportunities for energy conservation. Additionally, commercial buildings over 50,000 square feet with no residential accounts are mandated to be benchmarked by Assembly Bill 802. kWh Countdown helps buildings owners meet this benchmarking requirement.

If your business would like to participate in the program, visit [www.kwhcountdown.org](http://www.kwhcountdown.org) and fill out an online application or contact Heather Allen at [Heather.Allen@ventura.org](mailto:Heather.Allen@ventura.org).

## Do you know a hero?

The Ventura Police Community Foundation Executive Board of Directors is pleased to announce the first annual 2018 Heroes Among Us Gala which will be held on November 3, 2018 at the historic San Buenaventura Mission.

The event will recognize community members or groups, who through their personal or professional life, have displayed selflessness, dedication and compassion, making a positive impact in the City of Ventura.

Proceeds from the event will provide important support for the Ventura Police Community Foundation in fostering and funding programs and initiatives that strengthen community safety.

Nominations for community heroes accepted until July 31, 2018. Community members are invited to nominate a hero by submitting an online nomination form or downloading the form for submission by mail.

Individual guest tickets are \$100. Tickets may be reserved today by calling 805-339-4317, emailing [vtapolicecommunityfoundation@gmail.com](mailto:vtapolicecommunityfoundation@gmail.com) or online at [www.venturapolicefoundation.org](http://www.venturapolicefoundation.org).

The mission of the Ventura Police Community Foundation is to foster and support programs and initiatives that strengthen a safe community and enhance the quality of life in Ventura.

## NAWBO Ventura County launches program

The Ventura County chapter of the National Association of Women Business Owners has announced a new mentoring program for college seniors, graduate students, and young professionals who are in their first five years of business.

"This valuable program is designed to connect aspiring young women entrepreneurs with successful and inspiring women business owners throughout the county and is ideal for those looking to develop and grow their business skills," stated Kamie Abraham, NAWBO-VC mentor program coordinator and Certified Financial Planner® for Sagemark Consulting in Westlake Village.

Mentees are carefully selected and matched with appropriate NAWBO Ventura County mentors, ideally whose business is in the mentee's industry or major, to ensure mutual goals and satisfaction. Mentor-mentee relationships will last formally for a period of one year with

a minimum of four one-on-one meetings. At the end of a year, mentees can apply for different mentors, move on from the program, and/or continue the relationship informally.

NAWBO Ventura County is committed to strengthening the wealth creating capacity of its members while promoting economic development within the entrepreneurial Ventura County community. Additionally, the local chapter focuses on creating innovative and effective change in the business culture, building strategic alliances and transforming public policy for the benefit of its members. Membership is open to women sole proprietors, partners and corporate owners as well as those businesses that support women owned businesses.

To learn more about NAWBO Ventura County's mentor program and to find a mentor please visit, [www.nawbovc.org/mentor-program](http://www.nawbovc.org/mentor-program).

### Madhu Bajaj announces

*Continued from page 11*

community engagement, innovative learning and enhanced communication.

"As a mom of a VUSD student and a volunteer with Ventura Education Partnership I have had the great pleasure of working with many of our schools and seeing first-hand the amazing, forward thinking work happening daily," said Bajaj. "I want to serve as a school board member so we can continue strengthening schools for a more vibrant community where our kids thrive."

Retired VUSD School Board Member, Debbie Golden says of Bajaj, "I'm fortunate to have worked closely with Madhu over the last few years. Her fresh, thoughtful and devoted leadership will greatly benefit all children and our community."

Bajaj devoted her early career to youth and education working for Girls Scouts in San Diego; Camp Laurel, a camp for children living with HIV/AIDS; and a literacy organization that brought teens and preschoolers together to develop a love of reading.

Locally, in addition to owning Fastsigns of Ventura with her husband, she has worked in nonprofit management supporting boards, volunteers and collaborations. She is a skilled listener and communicator with strengths in needs assessment, evaluation, grant writing, building consensus and grassroots fundraising.

"Madhu is passionate about finding creative solutions to enrich our children's education. We would be lucky to have her serve our community and watch over our kids' education" says Ashley Pope, Business Owner, mother to a child with special needs.

Bajaj says, "We have a huge and exciting responsibility to make sure our kids are prepared for their future. I see schools as a source of inspiration where students find their success in life and become engaged members of our community. I will work hard on behalf of all kids."

For more information on her campaign visit [madhubajaj.com](http://madhubajaj.com).



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*Ask About Burn Area Discounts*





# This 'n' That

## Mailbox

*Continued from page 4*

for them. A small portion of that help, included terminating pregnancies for various reasons -- health of the pregnant patient; being expelled from pricey, religious college; no offer of marriage. I never witnessed an abortion decision that was made without tears, turmoil, and fear.

Being the protector and supplier of the continuation of the human race falls to the female. Yes, the male assists.

He does not need to make life and death decisions for any female.

Esther Cole  
Ventura

to opinions

Sunday night Camarillo displayed significant awareness of a national phenomenon. A march promenaded down our street protesting the separation of parents and their children when they sought refuge. The issue that caught my awareness was the protest of a bystander saying "Send them home! We need to support the veterans instead."

It seems to me that is a denial for all that our veterans were fighting for. The separation of those helpless children is an immense act of hatred. Inciting hatred seems to be the primary tool used to justify greed and intensify the division of the two parties.

My take can be summed up by the sentiment - "there is so much good in the worst of us and so much bad in the best of us that it little behooves any of us to talk about the rest of us". In other words, love is the answer what is the question?

Marilyn Dempsay

to Editor

Hello, Is there any way of getting the city to pay attention to the lack of public bathrooms? We are at the corner of Thompson and Hurst, and our business seems to be the favorite spot for taking a dump. People don't realize what a health hazard this can be for those of us who have to clean this up. The city will not help because it is private property. Hope some public spirited person will make a map of public access bathrooms.(It might be more popular than monuments

or other tourist attractions). My guess is they are very few and most businesses will only have the bathroom available for clients, if that.

Janet McNeil, DVM

Editor:

Brummm, Brummm, Brumm

If above reminds me of anything, its insanity!

While both coastal communities (Ventura & Santa Barbara) are busy finding ways to deter and outlaw (homeless folks), and while arresting people for camping on the streets, issue outrageous fines for parking RV's on the streets in both Ventura and Santa Barbara communities. But allow Brummm, Brummm, Brumm as the result of no mufflers on the motor cycles, trucks, and very noisy tail pipes of hot rods.

What happened to the law that says all vehicle driven in the state of CA must have adequate mufflers

California law requires that all vehicles must be equipped with an adequate muffler to prevent excessive noise from the exhaust system. ... The maximum decibel level applies only to those vehicles. Citations issued to other vehicles (motorcycles, trucks exceeding 5999 pounds GVWR) are not part of this program. California Vehicle Exhaust Noise Laws (2018) [www.californiacar-laws.com/exhaust-noise/](http://www.californiacar-laws.com/exhaust-noise/)

Adequate muffler required. 27150. (a) Every motor vehicle subject to registration shall at all times be equipped with an adequate muffler in constant operation and properly maintained to prevent any excessive or unusual noise, and no muffler or exhaust system shall be equipped with a cutout, bypass, or similar device.

This world is full of insanity and this is just one more example. When the white man arrived to this continents borders there was nothing but outdoor living, as things have progressed we are facing mass homelessness and continuation of lots of noise in our streets!

Arrests people that cannot afford housing, but ignore make believe "Hells Angels" even if they are breaking the law with outrageous noise.

Jay North  
Ojai

## Vera (Castanon) Hirrel

*Continued from page 20*

of friends and loved to spend time with them, especially at Santa Barbara Polo Club on Sundays. Vera was an amazing cook and she could often be found in the kitchen preparing the favorite dishes of her kids and grandkids. She was enamored by her grand-daughters and great-grandsons and loved to share stories about them to everyone she met.

Vera is survived by her daughter, Michelle (Shells Petals Florist) Liotta(Tani-no); son, Philip Hirrel (Laura); granddaughters, Haley French (Jordan) and Cassidy Hirrel-Hill; great-grandchildren, Colton French and Connor French; sister, Margaret Rodriguez, brothers, Nick Castanon, Jerry Castanon, Frank Castanon, Lawrence Castanon, and Abel Castanon.

A beautiful celebration of her life was held Sunday, July 15th at the Ventura Beach Club.

## Clean Eating

*Continued from page 19*

environment. Food that doesn't have to be transported over long distances translates into less travel time. Reduced travel time means fewer greenhouse gas emissions, which curbs air pollution and thus lessens the impact on climate change.

## Get to Know Our Local Farmers

A trip to one of the Ventura Certified Farmers' Markets is an excellent opportunity to meet and converse with local growers about their growing practices, whether or not they use chemicals in their food production, as well as their favorite recipe and storage tips. At the Certified Farmers' Market Midtown at Pacific View Mall (Wednesdays, 9:00 am - 1:00 pm) or Downtown Ventura (8:30 am-Noon at the corner of Santa Clara and Palm Streets), open rain or shine, all farmers and producers must raise, catch, gather, grow or otherwise produce the products they sell. That goes for baked products too.

## What's in season for summer?

Here's a partial list from Day-lightfoods.com's seasonal guide: Fruit: Summer Squash, Melons, Tomatoes, Stone Fruit (Peaches, Nectarines, Cherries, Apricots, Apriums, Plums, and Pluots), Persimmons, Pears, and Figs. Vegetables: Broccoli Rabe, Cabbage, Kale, Broccoli, Celery, and Chard.

## Farmers' Market Quick Shopping Tips

Peruse kitchen cabinets and make a grocery list before venturing to the market to help reduce food waste.

Bring reusable shopping bags to carry purchases.

Ask farmers about their growing practices, storage tip suggestions, and how to use an unfamiliar fruit or veggie in a recipe.

Current California State health regulations make it illegal to bring dogs to farmer's markets unless they're service animals. Make appropriate plans for furry friends before your visit.

Find out more about Ventura

County Certified Farmers' Markets: [vccfarmersmarkets.com](http://vccfarmersmarkets.com).

## VC Fair Poster Contest winners

*Continued from page 1*

Middle School, where she was a member of an award winning Mock Trial team and enjoyed the art classes offered there. These classes covered a variety of art mediums including drawing, painting, ceramics, and digital illustration. Her favorite mediums are pen and ink and her drawing tablet.

Katherine really enjoys spending her time drawing from life and coming up with her own (usually fantasy inspired) characters. In addition to drawing, she likes to spend her time reading and watching movies. She also has an interest in law, which she hopes to pursue along with art through future classes when she begins her Freshman year attending Santa Susana High School.

"Congratulations to the talented winners of this year's contest," said Barbara Quaid, Fair CEO, adding, "Every artist who entered can be very proud of your uniquely crafted contributions to our community. You have told us many personal Fair stories, each in your own talented way. We thank every child who participated and encourage all children to continue creating and making art to share with us at the annual Ventura County Fair."

Cash prizes were awarded to the 3 winners by James Lockwood and their artwork will be used to promote the 2018 Ventura County Fair. All contest entries will be displayed in the Youth Expo at the Ventura County Fair,

For more information about the Ventura County Fair, and to see the winning designs, please visit [www.venturacountyfair.org](http://www.venturacountyfair.org).

## Tuff Sheds replace domes

*Continued from page 1*

of the partners who have come together to help make this happen. Public, private, corporate and faith-based, all working together. We don't need to feel powerless. We can work together to cause real changes in people's lives."

Councilmember Cheryl Heitmann said of the new sheds "With many of the domes at River Haven failing, the city purchased a Tuff Shed to replace one of the domes and the community has stepped up to replace almost all the rest. One replacement was a cabin constructed by girls attending a summer camp hosted by the National Association of Women in Construction (reported in last Breeze). Many of these girls knew nothing about construction but found out they could develop new skills and construct a 120 square foot tiny home soon to be used by one of the residents at River Haven. One young woman told me she was now considering a career in construction."

"River Haven has proven to be a successful transitional living space for homeless individuals who need a safe place to start a path to more permanent housing. The city is committed to its success and is so appreciative of the partnership with many organizations and individuals in Ventura to help it continue with the new structures; providing its residents with a safer and more durable place to live."



In our June 20 issue we had a contest that we thought would be difficult but our readers are too smart (of course). This minor league baseball team played at Seaside Park (the fairgrounds).

Pro baseball in Ventura lasted from 1947 to 1955. The New York Yankees were the first sponsoring the Ventura Yankees from 1947 to 1949. The Braves from 1950 to 1952. The Ventura Oilers played as an unaffiliated club in the California League in 1953.



# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

### Shots Fired

On June 29, at approximately 9pm, the Ventura Police Command Center received a call of shots fired in the 1000 Block of Kimball Rd. Officers quickly arrived on scene and were able to locate several spent shell casings in the street. A canvas of the area was completed and no victims were located. A witness told officers that a sedan (unknown make or model) was seen in the roadway as the shots were fired and that 3 males were seen running away from the area. The witness was unable to give a description of the 3 males who ran from the scene. It is unknown if the shots came from the vehicle or the 3 unidentified subjects.

### Stolen Vehicle Arrest

On July 1 at 8:30am, the Ventura Police Department Command Center received a call of a suspicious vehicle parked to the rear of an apartment complex in the 3400 block of Rexford Street. A witness had observed two subjects inside who appeared to be under the influence.

Officers arrived on scene and located three occupants still inside the vehicle. As officer approached, they observed the suspects preparing to inject themselves with narcotics. Officers announced their presence and ordered the suspects to remain in the vehicle until additional officers arrived to assist in removing them. One of the suspects, 31 year old Camarillo vagrant Dani Cruz refused to comply with the officers commands and attempted to flee from the vehicle. A Ventura Police K9 arrived on scene a short time later and all three suspects were detained without incident. Officers later determined the vehicle had recently been reported stolen.

The driver, 24 year old Ventura vagrant Nicholas Gebber was placed under arrest for being in possession of stolen vehicle, possession of burglary tools and possession of a controlled substance. Cruz was placed under arrest for a parole violation and resisting arrest. The third suspect, 30 year old Ventura vagrant Dorothy Dobbin was arrested for possession of a controlled substance and two outstanding warrants.

### Stolen Vehicle and Felony

On July 4, at approximately 3am, officers were at the intersection of Utica Avenue and Telephone Road handling an unrelated call for service when an officer saw a stolen vehicle drive past. The officer followed after the stolen vehicle and initiated an enforcement stop. The driver, 25 year old Ventura resident Martinez, failed to stop and immediately began driving evasively. Officers initiated a vehicle pursuit and Martinez entered a nearby residential housing tract. Martinez drove at high speeds, failed to stop at numerous stop signs, and drove a circuitous route through the neighborhood for over six minutes with officers in pursuit. Martinez eventually yielded in the area of Nevin Avenue and Fairford Street and was taken into custody without

further incident.

### Officer Involved Traffic Collision

On July 4, at approximately 10:15pm, a Ventura Police Patrol officer was dispatched to a shooting call in the 6000 block of Whippoorwill. The officer responded to the shooting by driving “code 3”, lights and siren. As the officer was enroute, a vehicle failed to pull to the right and the officer had to take evasive action to avoid colliding with the vehicle. As a result the patrol vehicle collided with a street signal and Edison light pole. The officer received minor injuries and was taken to a local area hospital to be checked out.

The Ventura Police Department would like to remind drivers that according to California Vehicle Code 21806. Upon the immediate approach of an authorized emergency vehicle sounding a siren and at least one red light that is visible, the surrounding traffic shall do the following: the driver of every other vehicle shall yield the right-of-way and shall immediately drive to the right-hand edge or curb of the highway, clear any intersection, and shall stop and remain stopped until the authorized emergency vehicle has passed.

### Bank Robbery


On July 6, at approximately 1:15am, the Ventura Police Command Center received a 911 call from an employee of Chase Bank reporting that a bank robbery had just occurred at the Chase Bank branch at 2499 Harbor Blvd. Upon arrival of the officers, they determined the suspect had already fled the bank and was last seen leaving the area on foot.

During the investigation, officers learned the suspect (a Hispanic male, 25-30 years, shaved head, wearing a black hat, sunglasses, light blue button shirt, blue jeans, and tennis shoes) entered the bank and approached the counter. He handed the clerk a note stating was robbing the bank and demanded the clerk give him money. The note claimed he was armed with a gun, although no weapon was seen. The clerk gave the suspect an undisclosed amount of money, and he fled the bank.

### Residential Burglary

On July 4, at approximately 4:30am, the Ventura Police Command Center received a report of a burglary that occurred overnight at a residence located in the 9600 block of Telephone Rd. The victim discovered that his home had been ransacked and numerous belongings had been stolen. Officers responded to the home and determined the suspect made entry into the residence through an unlocked window.

Through further investigation, detectives with the Street Crimes Unit were able to identify 19 year old Ventura resident Alex Reyes as the suspect in the burglary. Detectives later served a search warrant at Reyes’ home located in the 10600 block of Veronica Lane in the city of Ventura. Detectives located numerous items in the residence that were stolen in the burglary. On 7/6/18 at approximately 1400 hours, detectives arrested Reyes and booked him at the Ventura County Jail for 459 PC- first degree residential burglary, a felony.



**“I’m a bingo winner!  
1000 pennies!”**

*My Greeting  
by Clara Alviani - Resident*

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# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**7-04** Fourth of July. 8:15am, while on patrol in the fireboat, officers observed a kayaker in distress in the main channel of the harbor. The kayaker was taken aboard and the kayak towed to the launch ramp and released.

1:36pm, received a report of a disabled PWC at the harbor entrance. Officers responded and took the vessel with 2 POB’s en tow to Harbor Cove Beach.

3:12pm, received a dispatch to a medical alarm in the Ventura Marina Community. Officers responded and assisted VFD/AMR with the call.

10:00pm, received a dispatch to a water rescue, a vessel in distress off Pierpont beach. Officers responded in the fireboat and found a 45ft vessel adrift in 15ft of water. The vessel was safely escorted back to the Harbor.

**7-05** 3:30pm, received a report of a PWC on the beach North of the Ventura Pier and unable to re-launch it. Officers coordinated with State Parks to assist with the re-launching of the vessel and safely escorted back to the harbor.

5:20pm, received a report of 3 overdue canoe paddlers from Hokolua club. Officers did a brief search and found the group near Marina Park.

**7-06** 9:40am, officers responded to the Ventura Pier to assist State Parks lifeguards with the Junior Lifeguard Pier swim.

5:10pm, received dispatch to a person complaining of chest pain near Surfers Knoll on the beach. The patient was treated and transported to local hospital.

8:25pm, received a dispatch to an un-

conscious person near the 805 restaurant. Officers responded and assisted VFD/AMR with the call.

**7-07** 3:50pm, received a dispatch to a water rescue at Marina Park, swimmer in a rip current. Officers responded and assisted State Parks with the call.

4:18pm, received a dispatch to a 9 year old with difficulty breathing at Harbor Cove. Officers responded and assisted State Parks, VFD/AMR with the call. The young patient was transported to local hospital with parents for evaluation.

7:31pm, received a dispatch to an unknown medical. Officers responded and found a 28 year old male who was intoxicated, not a medical. The individual was eventually arrested for public intoxication.

**7-08** 12:59pm, received a request for assistance from State Parks for a water rescue at the South Jetty. Officers responded, taking one victim on board and after assessment dropped the patient/victim at Harbor Cove beach with lifeguards.

1:32pm, received a dispatch to a male suffering from hypothermia at Harbor Cove. Officers responded and assisted the individual who was recently rescued.

3:10pm, received a report of a fuel spill near VWM C-dock. Officers responded and searched the area but were unable to locate a source.

9:15pm, received a dispatch to a 61 year old male complaining of chest pain in the Ventura Marina Community. Officers responded and assisted VFD/AMR with the patient who was transported to local hospital for further evaluation.

**7-09** 1:20pm, received a dispatch to a medical alarm in the Ventura Marina Community. Officers responded and assisted VFD/AMR with the call.

3:20pm, received a request for medical assist from a SUP paddler who fell.





by Pam Baumgardner  
VenturaRocks.com

So far this summer the weather’s been great and the music hot, once again reminding me, Ventura Rocks! Top of my “hits list” of course was this year’s Surf Rodeo. Our cowboy hats off to the one and only JD Drury for pulling off another successful event, especially when one of the headlining bands, The Untouchables had to pull out at the last moment, and JD saved the day with Bow Wow Wow!

Now we’re looking at Tequila and Tacos music festival where tequila is the starring attraction while enjoying music from DAX, Adelaide, Patron Latin Rhythms and Mariachi Reyes. This one will be held at Plaza Park (corner of Santa Clara and Chestnut) downtown Ventura over the weekend of July 21st and 22nd.

The Ventura Music Festival continues into its second and final week with Jarabe Mexicano performing a free concert at Mission Park on Wednesday, July 18, at 5 pm; you’ll want to bring blankets and chairs for this one. Then two performances will be hosted at the Ventura Performing Arts Center at Ventura College; first it’s Akropolis on Friday, July 20, and then Perla Batalla’s “Frida Kahlo Song Cycle” on Saturday, July 21. Oh! Just added, “All that Jazz” at Namba Performing Arts Space (Oak Street, Downtown) on Thursday, July 19th with seasoned pros, CODA opening with a set and to be joined by the 2018 Student Jazz Competition winners, Matthew Kuperberg, Henry Urschel and Finn Dunham. This one is free, but donations appreciated.

As a reminder, you’ll want to check in with the City of Ventura before venturing over for Music Under the Stars this year hoping to buy tickets at the door. This event gets more popular every year and as a result more and more shows are selling out such as Blue Breeze on Saturday, July 21st, but at press time, the 28th show with Bleeding Harp had not.

Beach House Tacos on the Ventura pier is offering live music on Saturdays outside with Kyle Smith on the 21st and Jason Ho on the 28th; they’ll also have live music indoors from time to time, so far they have a jazz trio, The Dynasties, on Friday, July 20th.

Discovery has a couple of interesting tribute bands lined up including Twisted Gypsy, a tribute to Fleetwood Mac, on Friday, July 20th; Hotel California, all about The Eagles, on Friday, July 27th and it’s Blink-180 True on Saturday, August 4th a tribute to, yeah you guessed it, Blink-182.

And finally, a big congratulations go out to the Ventura Theater as they celebrate their 90th anniversary on Saturday, July 28th, with a concert featuring Robot Nature, Plan Your Escape, The Inside Break, Herbal Rootz and The Velveteen Band.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

## Music Calendar

For more events go to VenturaRocks.com

### Beach House Tacos

#### Ventura Pier

Fri 7/20: The Dynasties (5:30 pm inside)  
Sat 7/21: Kyle Smith (3 pm outside)  
Wed 7/25: Devour the Day (6 pm inside)  
Sat 7/28: Jason Jo (3 pm outside)

#### Boatyard Pub

#### Ventura Harbor Village

Tuesdays: Jason Ho  
Wednesday: Mark David McKinnis  
Thursdays: Bluegrass Jam  
Sat 7/21: RJ Mischo  
Sun 7/22: DejaVu Too

#### Café Fiore

#### 66 S. California Street (805) 653-1266

Wed 7/18: Big Adventure  
Thurs 7/19: Self Righteous Bros.  
Fri 7/20: Instone  
Sat 7/21: Self Righteous Bros.  
Sun 7/22: Jangala Roots  
Tues 7/24: Edgar Thatcher Duo  
Wed 7/25: Big Adventure  
Thurs 7/26: Self Righteous Bros.  
Fri 7/27: Soul Infusion  
Sat 7/28: Action Down  
Sun 7/29: Casey Jones & the Reggae Train

#### Cask Alehouse

#### 5952 Telegraph Road

Sat 7/21: Mason Summit  
Sun 7/22: GLAM  
Sat 7/28: Cap Quirk

#### The Cave

#### 4435 McGrath Street

5:30 – 8:30 pm  
Weds & Saturdays: Varon Thomas  
Thurs & Fridays: Warren Takahashi

#### Copa Cubana

#### Ventura Harbor Village

Week nights 6 pm; Weekends 7 pm; Sundays 3 pm  
Mondays: Bill Macpherson presents Third Beat  
Tuesdays: The Jerry McWorter Trio  
Wednesdays: Creative Open Mic Jazz Jam  
Fri 7/20: Havana Cinco  
Sat 7/21: Havana Cinco  
Sun 7/22: Martinez Brothers  
Fri 7/27: Martinez Brothers  
Sat 7/28: Havana Cinco

#### Discovery

#### 1888 Thompson Blvd

Wed 7/18: Ballyhoo! w/ Bumpin Uglics & Tropicdelic  
Thurs 7/19: Legalizer  
Fri 7/20: Twisted Gypsy  
Sat 7/21: Leon Hendrix  
Sun 7/22: Roots of a Rebellion  
Fri 7/27: Hotel California  
Sat 7/28: Yachtley Crew  
Sun 7/29: Katastro

#### Downtown Ventura

#### Plaza Park (Santa Clara & Chestnut)

Tequila and Tacos Music Festival  
Sat 7/21: DJ Cue, Dax, Adelaide, Patron Latin Rhythms  
Sun 7/22: Dax, Adelaide, Mariachi Reyes

#### El Rey Cantina

#### 294 E. Main Street

Fridays: Xoco Moraza & Friends (5-7 pm)  
Saturdays: DJs

#### Four Brix Winery

#### 2290 Eastman Avenue #109

Music 5:30 – 7:30 pm  
Fri 7/20: 50 Sticks of Dynamite  
Fri 7/27: Midlife Crisis

#### Garage

#### 1091 Scandia Avenue

Sun 7/22: Fatty Cakes and the Puff Patries, Squid Ink

#### Golden China

#### 760 S. Seaward

#### (805) 652-0688

Karaoke seven nights a week 9 pm  
Tuesdays 7 pm: Open Mic  
Sat 7/28: Manufectura Electronica night

#### Grapes and Hops

#### 454 E. Main Street

Wed 6 pm; Thurs 7 pm; Fri & Sat 8 pm, Sun 4 pm

Fri 7/20: Jarrod Dickerson

Sat 7/21: Brandon Ragan Project

Sun 7/22: Tex Pistols

Wed 7/25: Bluegrass Jam

Fri 7/27: Shawn Jones

Sat 7/28: Salty Suites

Sun 7/29: Mandy & Johnny

#### Harbor Cove Café

#### 1867 Spinnaker Drive

Music 4-8 pm  
Thurs 7/19: Rock Cats Rock  
Fri 7/20: Jill Martini and the ShunkenHeads  
Sat 7/21: The Rockin’ Henrys

#### Hong Kong Inn

#### 435 E. Thompson Blvd

Wednesdays: Open Mic w/ the Beers Brothers  
Thursdays: Gypsy Blues Band  
Fri 7/20: Jerry’s Birthday Bash  
Sat 7/21: CD Release with Cloudrunns  
Sun 7/22: Del Franklin  
Fri 7/27: Hi Hat Ent. Presents Ball & Sultan

#### Leashless Brewing

#### 585 E. Thompson Blvd.

Tuesdays: Galactic Jazz  
Thurs 7/19: Mark Masson  
Fri 7/20: Rob Van Trio  
Sat 7/21: Cap Quirk  
Sun 7/22: The Swillys  
Wed 7/25: Patrick Gallagher  
Thurs 7/26: Mark Masson  
Fri 7/27: Doc Ventura  
Sat 7/28: Bood Duo

#### Limon y Sal

#### 598 E. Main Street

Friday and Saturdays: DJ  
Sundays 1-4: Instone

#### Made West Brewing

#### 1744 Donlon Street

Thurs 6 pm; Sat 4 pm; Sun 3 pm  
Thurs 7/19: Jade Hendrix  
Sat 7/21: The Inside Break  
Sun 7/22: The Midtones  
Thurs 7/26: Anna Vera  
Sat 7/28: Alice Austin  
Sun 7/29: 50 Sticks of Dynamite

#### Majestic Ventura Theater

#### 26 S. Chestnut Street

Sat 7/28: 90th Anniversary concert w/ Robot Nature, Plan Your Escape, The Velveteen Band, The Inside Break

#### Margarita Villa

#### Ventura Harbor

Fri and Sat 6 pm; Sun 4 pm  
Mondays: Bobby Campbell  
Tuesdays: Dave Rea  
Thursdays: Keith & Friends Open Jam

Fri 7/20: James Broz

Sat 7/21: Crosscut 805

Sun 7/22: Corsican Bros.

Fri 7/27: City Nights

Sat 7/28: Reign

Sun 7/29: Blown Over

#### Mission Park

#### Main Street Downtown

Wed 7/18: Jarabe Mexicano (5 pm Free)

#### Museum of Ventura County

#### 100 E. Main Street

MUNCH Thursdays 11:30 am – 1:30 pm  
Wed 7/18: Jarabe Mexicano (noon youth performance)

#### Namba

#### 47 S. Oak Street

Fri 7/20: Grupo Nematalin

#### O’Leary’s

#### 6555 Telephone Road

Wed: Karaoke

Fri 7/20: Karen Eden

Fri 7/27: Frank Barajas & the Corsican Bros.

Sat 7/28: Frank Barajas & the Corsican Bros.

#### Olivas Adobe

#### 4200 Olivas Park Dr

Sat 7/21: Music Under the Stars: Blue Breeze

Sat 7/28: Music Under the Stars presents

Bleeding Harp

#### Plan B Wine Cellars

#### 3520 Arundell Circle

3-5 pm

Sun 7/22: Dale Berrington Duo

#### Poinsettia Pavilion

#### 3451 Foothill Road

Mon 7/23: Ralph Mathis Band

#### Prime

#### 2209 E. Thompson Blvd

Tuesdays: Danny D

Fridays: Mike Moody

Saturdays: Jessica Ash

#### Red Cove

#### 1809 E. Main Street

Thursdays: Music Club Open Jam Night

Wed 7/18: Bucket Flush, PLOG, Goat

Rhythm, Cosmic Tide

Fri 7/20: 2Faced, Ashes of the Dead, Braced 4

Impact, Up an Atom

#### Sandbox Coffeeshouse

#### 204 E. Thompson Blvd

#### 805-641-1025

Thurs 6 pm, Weekends noon

Thursdays Open Mic

Sat 7/21: Mason Summit

Sun 7/22: Maggie’s Drawers

Sun 7/29: Cool House

#### Sans Souci

#### 21 S. Chestnut

Sundays: DJ Darko

Mondays: Karaoke

Tuesdays: DJ Nick Dean

Wednesdays: Open mic

Thursdays: DJ Spinobi

Fri 7/20: DJ Pistolero

Sat 7/21: Bombafiya

Fri 7/27: Frame by Frame

Sat 7/28: Molkahete

#### Star Lounge

#### 343 E. Main Street

Sunday music 3 -6 pm

Fri 7/20: Power Syndicate

Sat 7/21: The Bomb

Sun 7/22: The Question

Fri 7/27: Brandon Ragan Project

Sun 7/29: After the Smoke

#### Topa Mountain Winery

#### 821 W. Ojai Avenue, Ojai

#### (805) 640-1190

Saturdays 5-7; Sundays 4-6 pm

Sat 7/21: Davey Jones and the Midnights

Sun 7/22: Shylah Ray and the Sunshine Band

Sat 7/28: Danny McGaw Band

Sun 7/29: Shennie and Cata

#### Ventura College Performing Arts Center

#### 4700 Loma Vista Road

Fri 7/20: Ventura Music Festival presents:

Akropolis

Sun 7/21: Ventura Music Festival presents:

Perla Batalla

#### Winchester’s

#### 632 E. Main Street

#### (805) 653-7446

Music at 8:30 pm; Sundays at 2:30 pm

Fri 7/20: The Ventucky String Band

Sat 7/21: National Cat

Sun 7/22: RJ Mischo & Paris Slim

Fri 7/27: Tommy Marsh, C. Chalk & J. Owens

Sat 7/28: Braids & Dreads feat. Dan Grimm

Sun 7/29: Charlie Baker

#### The 805 Bar

#### Ventura Harbor

Fridays: Kenny Devoe (3 pm); Troy (8 pm)

Sundays: A. Macias (10 am); K. Devoe (1 pm)

Sat 7/21: A. Macias (10 am); K. Devoe (1 pm);

Frank Barajas (8 pm)

Sat 7/28: A. Macias (10 am); K. Devoe (1 pm)





A Conversation with **Merion Estes** Sunday, July 29, 3 to 4:30 p.m. by FOTM.  
Oxnard's Levity Live at The Collection, 591 Collection Blvd.

The tools of her trade have included fabric, glue, acrylic and spray paints, glitter, photo downloads and paper, gradually moving almost exclusively to the use of collaged fabrics and photos, with hand painting assuming much less importance. At first glance we are seduced by the beauty of her work. Closer inspection reveals a worrisome sense of man's depredation of the natural world.

Merion was a founding member of Double X, a women's art group, and a consistent champion of women's issues. In a recent exhibit at The Pasadena Museum of California Art, The Feminine Sublime, Merion's work was described as a counter-narrative that upends previous ideas of the sublime in painting with a unique feminist perspective.

Merion states "The beauty and fragility of life and the tragedy of man's intervention is my subject." To learn about Merion visit [www.MerionEstes.comCollateral](http://www.MerionEstes.comCollateral).

\$15 for general public; \$10 for seniors. Free to FOTM Members.

Visit [www.FocusOnTheMasters.com](http://www.FocusOnTheMasters.com) or call 805.653.2501 for tickets.

AfterGLOW Fundraising Event:

Join for a celebratory dinner at the Camarillo home of Edy & Sal Santangelo immediately following the Artist Spotlight Interview. Paid reservations are essential and required prior to July 24. We expect this AfterGLOW to sell out.

\$30 FOTM members,

\$40 Non-members.

Maps will be given to paid guests at the interview.



A memorial and celebration of Joe's life will be held Saturday July 21, next to Art City in the Avant Garden, 5:00 pm to 7:30 pm, 197 Dubbers Street, Ventura, off Olive Street up from West Main Street. Refreshments will be served. His friends and art associates are invited. (Park in nearby lots and take care walking across Olive.) Hosted by ARTLIFE, INC. a 501c3 organization.

**Joe Cardella** was born in 1945 in New Britain, Connecticut. An early stint in the U. S. Navy to Greece and Mykonos made a lasting impression. He eventually made the southern California coast his home to evoke that idyllic sun-lit ocean place of myth, art, and creative energy.

Settling in Ventura in 1988, he helped transform the local art scene into an innovative community, inspired local artists and encouraged others to make art, many for the first time. Works on paper, mail art, conceptual art, Fluxus art, sculpture, assemblage and graphic art were his own media. He helped form the Ventura Artist Union.

He also began publishing the international magazine ART-LIFE in 1981. He solicited artists here and around the world to submit 200 multiples of their single work that he bound in the Original Limited Edition Monthly magazine for 25 years—"A masterpiece in every issue," he boasted.

He died May 15, 2018 of esophageal cancer. His ashes will head back to Greece for dispersal. His legacy of promoting the creative arts here and elsewhere will continue through a trust he leaves behind.



Buena Ventura Art Association Executive Director Sharon Taylor accepts a grant from the Scripps Howard Foundation from BAA member-volunteer Don Scott.

## Grant will increase gallery display space

The Scripps Howard Foundation, the philanthropic arm of the media company E.W. Scripps, recently approved a volunteer grant in of \$1,250 for the Buena Ventura Art Association, Ventura's 64-year-old nonprofit artists' cooperative. BAA is relocating its downtown gallery to Bell Arts Factory, 432 N. Ventura Ave., and will use the funds toward constructing three moveable walls to increase the display space in its new home.

The grant will cover about a quarter of the cost of the 4-by-8-foot double-sided modules, which will add 192 square

feet of wall space to the gallery.

Retiree Don Scott, a longtime BAA member and former board director, applied for the foundation's help based on his 36-year career at the Ventura County Star and its predecessor, the Ventura Star-Free Press, both of which were Scripps newspapers. He and his wife, Mary Kolada Scott, also a BAA artist and former Scripps newsroom employee, have successfully applied for similar grants over the past several years for BAA projects. #SHFoundation

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Lighter Breeze

Mother Goose and Grimm



Baby Blues



Arctic Circle



Barney Google and Snuffy Smith



Crock



Local Talent



Are you an aspiring cartoonist? Send your cartoon to editor @venturabreeze.com and impress your friends. This one is by Rik Boscoe.

Solutions on page 23

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

1		7			3		8	
	4		7					2
	6			9		3		5
		8			2		4	
4				7		6		
	1		5					7
6	9			2			5	
		3	9				1	
5					6	2		8

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

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Solutions on page 23

King Crossword

ACROSS

1 Departed

5 "Gosh!"

8 Capri or Wight

12 Wheelbase terminus

13 Scepter

14 Mast

15 Punishing, in a way

17 Erstwhile acorns

18 Fares, at times

19 British P.M., 1945-51

21 "— the season ..."

22 Crucifix

23 Lived

26 AAA job

28 Grand tales

31 Rose fruit

33 Unruly bunch

35 Within (Pref.)

36 Give a speech

38 Kids' card game

40 Understand

41 Hear the alarm

43 Decay

45 Film festival city

47 Rock concert staffer

51 Low-pH

52 Sending unwanted

9 Big name in sporting goods

10 Victoria, for one

11 Gaelic

16 Make booties

20 Sock part

23 Personal question?

24 Atmosphere

25 Generating

27 "Holy mackerel!"

29 B-F link

30 Brunkard

32 Stunt double,

34 Rapid out-pouring

37 — out a living

39 Space

42 German city

44 Domesticates

45 Lot wares

46 Antioxidant berry

48 "Thank You" singer

49 Race place

50 Hollywood clashers

53 Opposite of "post-"

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**LIBRA** (September 23 to October 22) Uncertainty over workplace policy creates anxiety and confusion among your colleagues. Don't be surprised if you're asked, once again, to help work things out.

**SCORPIO** (October 23 to November 21) The workweek keeps you busy tying up loose ends and checking data that needs to be verified. The weekend offers a chance to relax and restore your spent energies.

**SAGITTARIUS** (November 22 to December 21) This is not the best time to go to extremes to prove a point. Better to set a sensible goal now and move forward. There'll be time later to take the bolder course.

**CAPRICORN** (December 22 to January 19) A step-by-step progression is the better way to move ahead. Taking shortcuts could be risky at this time. Important news arrives on the 1st.

**AQUARIUS** (January 20 to February 18) Avoid getting drawn into workplace disputes that should be handled by those directly involved. Instead, spend your energy developing those new ideas.

**PISCES** (February 19 to March 20) You still need to be prudent about money matters. But things start to ease by the end of the week. A weekend encounter with an old friend brings welcome news.

**BORN THIS WEEK:** You handle challenging situations with boldness when necessary and caution when called for.

**ARIES** (March 21 to April 19) Your zeal for challenges usually works well for you. But this week it's best to avoid jumping into new situations without more information. Vital news emerges by the weekend.

**TAURUS** (April 20 to May 20) Once again, the Bovine's patience pays off as that pesky problem works itself out without taking too much of your valuable time. A new task opens interesting possibilities.

**GEMINI** (May 21 to June 20) Those suggestions you want to share need to be set aside for a while so you can focus on the job at hand. There'll be time later to put your ideas into a workable format.

**CANCER** (June 21 to July 22) Be sure about your sources before you use the information in any decision you reach about your new project. Some of the data might be out of date or misinterpreted.

**LEO** (July 23 to August 22) A sudden challenge might rattle you at first. But pump up that strong Lion's heart with a full measure of courage, and face it with the continuing support of family and friends.

**VIRGO** (August 23 to September 22) Watch your expenses this week so you can have a financial cushion to fall back on should things tighten up later this month. Money matters ease by the 1st.

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# Show Time

## Ant-Man and the Wasp



Breeze rating from 1 to 4 palm trees,  
4 being best.

by Manuel Reynoso

*Ant-Man and the Wasp* is a 2018 superhero film based on the Ant-Man and the Wasp. The sequel to 2015’s Ant-Man, and the twentieth film in the Marvel Cinematic Universe. Directed by Peyton Reed and written by Chris McKenna, Erik Sommers, Paul Rudd, Andrew Barrer, and Gabriel Ferrari. Starring Paul Rudd and Evangeline Lilly.

Still riding high off the wild ride that *Avengers: Infinity War* was, I was actually looking forward to watching another Marvel movie, but perhaps going in expecting things like impactful themes, nuanced villains, and meaningful dialogue was unreasonable for an Ant-Man movie. It certainly was a fun watch with plenty of witty jokes and well done action scenes, but it felt like just more of the same Superhero movies we’ve been going to see for the last decade. Along with some questionable directing and massive overuse of sci fi techno babble, I walked away painfully underwhelmed.

Now that isn’t to say *Ant-Man and the Wasp* was a complete disappointment. The manipulation of size lead to some fun fight scenes and car chases. Paul Rudd continues to be his hilarious self and really has the only redeeming dialogue in this film. There is enough here for me to not completely write this film off. *Ant-Man and the Wasp* could be especially fun for families with small children, but that’s where my praise ends.

There were plenty of strange directing decisions that threw me off, but none more than the director’s strange over reliance of Chekhov’s gun. Chekhov’s gun is a pretty basic storytelling device: essentially you introduce an interesting item, and then the audience gets the payoff of seeing said item move the plot along. Usually used sparingly in a film, apparently *Ant-Man and the Wasp* find this this technique hilarious, because they do it over and over and over again. So many times our attention is put on a random item, like there is going to be some incredibly clever usage of it, with the resulting payoff being completely vapid.

I wish my complaints ended here, I really do. I should have enjoyed the film more, but so much of the dialogue is just a slog to get through. I just couldn’t get myself through all the sci fi mumbo-jumbo speak. Hearing whole conversations consist of random science terms with the word quantum slapped on is just not engaging at all. Usually I expect a film to lay it all out in the beginning and get it out of the way, but instead we have to hear about quantum this and quantum that. The amount I cared by the end was literally at the quantum level itself.

Don’t get me wrong if you can look past my gripes, you can still

have a good time. Perhaps I went into this with the wrong mindset; maybe I should have just enjoyed it for what it was, a light hearted action romp with some witty jokes, but it really wasn’t all that special of one.  
Rated PG-13 1h58m

A View from House Seats

## Santa Paula Stars Shine in Constellations

by Shirley Lorraine

It is not often that a completely fresh viewpoint comes to the stage. Santa Paula Theater Center’s current offering of Nick Payne’s *Constellations* takes its audience into rarely explored territories mixing art and science. The excursion takes the audience on a fascinating ride into mental space to explore what could happen in a parallel universe or universes, where endless strings of slight variation on a singular incident are possible.

*Constellations* soars through the sky with lightning speed as the two actors, Jessi May Stevenson and Ron Feltner as Marianne and Roland, continually rewrite their relationship from many different angles. The age-old question of how an incident could have concluded with a different outcome is given a great deal of thought. The variations are achieved through the application of the principles of string theory, relativity and quantum mechanics. It sounds heavy, but the situations are so relatable it is easy to see oneself in at least one of them.


It took me a few moments in the beginning to understand why the scenes were being repeated. Once I understood that new characters were emerging with slight tweaks to the scenario, I enjoyed the play with a different level of understanding. It is a deep piece that shimmers on the surface and simmers at the core.

A simple, unadorned setting allows the actors to transform themselves in attitude, demeanor and presence via light pools highlighting the subtlety of how one minor change can alter the outcome of a given situation. I found myself pondering the efficacy of taking the time to “what if” threads to gain some insight as to possible resolutions before proceeding. Could happen.


Directed by the very talented David Ralphe, Stevenson and Feltner appear seamless as they transcend time and space, each becoming a slight variation of themselves on a dime. Both delve deeply into their souls to pull out myriad nuances of emotions. The action is enhanced by the projection of distant stars and nebulae with gentle underlying music.

Presented with no intermission, the audience is given an unbroken glimpse into the ever-changing nature of relationships which is as vast as any universe. On another note: the night I attended was the inaugural evening utilizing SPTC’s new air conditioning! With the recent and continuing heatwaves in play and years of using the program as a fan, the AC is a very welcome addition. Be sure to visit the theater’s website often for updated news on concerts, specialty performances and noteworthy happenings. [www.santapaulatheatercenter.org](http://www.santapaulatheatercenter.org). There is always something interesting going on. One-time concerts especially tend to sell out quickly. Also take notice that Sunday perfor-

mances for this production are at 4:00 p.m. You won’t want to be late.  
Santa Paula Theatre Center  
125 W. S. Seventh St, Santa Paula  
Friday & Saturday eves 8 PM,  
Sundays 4:00 PM through July 29  
Adults \$24, Seniors/Students \$22.  
Not recommended for 17 and under.  
[www.santapaulatheatercenter.org](http://www.santapaulatheatercenter.org)  
805-525-4625




Jacquelyn Ruffin



James Perero

Jacquelyn Ruffin and James Perero, attorneys from the Ventura’s Myers, Widders, Gibson, Jones & Feingold law firm have been selected to the California Rising Stars list for the second year in a row. Each year, no more than 2.5 percent of the lawyers in the state are selected by Super Lawyers to receive this honor. Ms. Ruffin, a partner at the firm, was selected as a Top-Rated School’s and Education Attorney. Mr. Perero was selected as a Top Rated General Litigation Attorney. Ruffin is a graduate of the UCLA School of Law and Perero is a graduate of Southwestern Law School.



Railroad fences in midtown Ventura (this one along Vista Del Mar Drive) are being removed after Union Pacific dropped its application to legally install them. Nearly six years after first putting them up without a permit, Union Pacific Railroad has withdrawn its application to legally install the fences separating its trains from the midtown Ventura neighborhood.

Although illegal to cross the tracks, they are frequently used by midtown residents to access the beach. The California Coastal Commission and Ventura eventually cited Union Pacific because the railroad needed a permit for the installation and the height.

Please be careful if you cross - and be especially careful of the Amtrak trains that are extremely quiet.





7/20: TWISTED GYPSY  
7/21: LEON HENDRIX  
7/22: ROOTS OF A REBELLION  
7/27: HOTEL CALIFORNIA  
7/28: YACHTLY CREW  
7/29: KATASTRO  
8/2: LUPE FIASCO  
8/3: EASY STAR ALL STARS  
8/4: UFC227: DILLASHAW VS. GARBRANDT  
8/4: BLINK 180 TRUE

**LUPE FIASCO**  
AUGUST 2ND

**EASY STAR ALL STARS**  
AUGUST 3RD

**HOTEL CALIFORNIA**  
FRIDAY, JULY 27TH

**LEON HENDRIX**  
CELEBRATE JIMI HENDRIX'S 75TH BIRTHDAY BASH  
WITH LEON HENDRIX & SPECIAL GUESTS FROM PEARL JAM, FLEETWOOD MAC, MICK FREE & MORE!  
SATURDAY, JULY 21ST

FULL CALENDAR & INFO  
**DISCOVERYVENTURA.COM**  
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Come dance under the stars • Snacks & full beverage service on-site • Bring your own picnic

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Seating is limited; call today to purchase tickets! 805-658-4726

**Tickets are SELLING OUT fast!**

*The Best Summer Party in Ventura!*

**July 28 • Rockin' Blues**  
**Bleeding Harp**  
A unique sound of blues-based, rock-inspired and soul-influenced music combining covers from some of their favorite groups (The Allman Brothers, Robin Trower, & Stevie Ray Vaughan) with their own originals.  
Presented by Players Casino

**August 4 • Zydeco**  
**Lisa Haley & the Zydekats**  
See the world's most joyful Americana/Cajun/Zydeco band. It's always a Mardi Gras party when this Grammy-nominated fiddler and her Cajun band play!  
Presented by Andria's Seafood

**August 11 • Country Rock**  
**Rodeo Drive**  
This high-energy, premier country rock band blends the hottest hits with notable classics. Whether you are new to country or are a country music enthusiast, you are sure to love Rodeo Drive!  
Presented by Burns Equipment Services, Inc.

**September 1 • NYC-Style Salsa & Latin Music**  
**Janeen Puente and her Latin Orchestra!**  
Get your dancing shoes ready for the lively sounds of Janeen Puente, the granddaughter of legendary Tito Puente who brings NYC style Salsa and Latin music to the West Coast. This is the last concert of the summer!  
Presented by V3 Printing

**SATURDAYS 7:30-9:30 PM**  
DOORS OPEN 6:30 PM  
4200 OLIVAS PARK DR, VENTURA

View the full concert series at [www.cityofventura.ca.gov/mus](http://www.cityofventura.ca.gov/mus)

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Vendors have started to arrive for the Ventura County Fair which opens on august 1.



The Ventura Botanical Garden's held a fundraiser at Dexter's Camera on July 7. Guests such as Ginny Claborn, Maggie McKinney, Randy Encinas, Doug Halter, Mary Kay Doubek and Jeanne-Marie Olmo enjoyed tacos, wine, music and nature through the lenses of some of our most talented local photographers. Guests also learned how to help the VBG through plant and stone step sponsorship opportunities. The VBG remains closed because of the devastation caused by the Thomas Fire, so all the financial help they can get is great.

Featured photographers included Adam Bartoshesky, Steve Cattnach, Eric Eiser, Randy Encinas, David Gonzales, Dylan Gordon, Dan Holmes, Phil Ranger, Joey Ready, Trent Stevens, and Spencer Westbrook.



Even belly dancers slow down long enough to read the Ventura Breeze