



VENTURA BREEZE

Your Hometown Paper

Vol. 11, No. 20

Published Every Other Wednesday

Established 2007

July 4– July 17, 2018



Carol Ramirez, Jenifer Nyhuis, Jetta Zellner and Debbie English are all smiles at the opening of the outpatient facility.

Vista del Mar where every day matters

by Jennifer Tipton

Before that fateful night when the Thomas Fire destroyed most of the Behavioral Health Hospital located at the top of the hill on Seneca Street, Vista del Mar provided ¾ of the total psychiatric inpatient beds in Ventura County and was the only facility to provide adolescent beds in San Luis Obispo, Santa Barbara and Ventura County.

After the fire, reports of adolescent suicides were trending upward, “this is what was driving us, so twelve of us stayed together”, said Carol Ramirez Business Office Director for Vista del Mar. She added, “that AND our leadership - she fought for us!” referring to Chief Executive Officer Jenifer Nyhuis. CEO Nyhuis acknowledged, “because every day matters”.

The very afternoon the Thomas Fire struck, Carol Ramirez was able to secure a location for them to meet. “The Residence Inn by Marriott in Oxnard opened up a room and gave it to us for the entire month of December for free, we met there a couple times a week”, she said. Fact is, since the Thomas Fire, they never stopped meeting, after Residence Inn, they moved to the home of Jetta Zellner Director of Clinical Services.

And on the evening of June 19th, Vista Del Mar held an open house for their new outpatient services facility located at 801 South Victoria Avenue, Suite 301. “The outpatient services here will include adolescents, the services are for

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Be prepared for long meetings when dealing with controversial agenda items.

Interested in running for Ventura City Council?

The Ventura City Council election is months away, but potential candidates who reside in Districts 1, 4, 5 and 6 can start getting ready for the seats up for grabs in the November election by attending a Candidate Orientation Meeting. The meetings will kick-off the Nomination Period of July 16

through August 10, 2018 and will be hosted by the City Clerk's Office. Two meetings will be held on Monday, July 16, 2018 at City Hall, the first will be at 8:30 am in Council Chambers and the second meeting will be at 4pm in the Community Meeting Room. Candidates

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Ventura Police Officers are investing in local youth as Detective Marchetti, Officer Rodriguez, Officer Lopez, Detective Quiorz and Detective Henderson took 20 local youth to the Dodger game on June 15. The effort, funded by the Ventura Police Community Foundation, is part of the Ventura Police Department's efforts at crime prevention through mentorship of at risk youth.

The next trip will be a surfing day on July 23, 2018. Those interested in supporting this effort through financial support or donations of lunch or experiences please contact the Ventura Police Department's Community Outreach Specialist Ashley Bautista at 805-339-4317.

The Ventura Police Community Foundation aims to foster and support programs and initiatives that strengthen a safe community and enhance quality of life in Ventura.

Council to receive overview of City's 2021 General Plan Update

On Monday, July 16th, City Council will receive an overview of the initial steps of the City's 2021 General Plan Update from the Community Development Department covering state legislative mandates, background data collection, and the identification of opportunities and constraints.

The general plan is the city's comprehensive development framework guiding policies on land use, housing, roads, recreation, historical and natural resources, balance of adequate water supply infrastructure, safety and noise and serves as a basis for decisions that affect all aspects of our everyday lives from where we live and work to how we move about. It is implemented by decisions that direct the allocation of public resources and that shape private development. In short, the general plan is the embodiment of the community's vision for the future of Ventura. Iain Holt, Principal Planner, will be managing the General Plan Update which was last revised in 2005.

Under California State Planning Law, each city and county in the state is required to update their general plan every 10 years which consists of an interrelated public process of informing the community, development of the plan and environmental review. It must address both existing conditions of the community and State legal requirements associated with general plan preparation.

As part of the initial stages of the civic engagement process, staff would solicit input on the current community vision and General Plan format which will either reaffirm or further develop the Community Vision, Goals, Policies and Actions for the next 20 years and lay out how the city may meet its growth demand and future needs sustainably with adequate water supply and infrastructure while responding to state

Continued on page 5

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Presentation by Brent A Caplan DC & Tiffany N Caplan DC, Board Certified in Integrative Medicine by the American Association of Integrative Medicine, Certified Functional Medicine Practitioners and Active Members of the Institute for Functional Medicine

Business



The award is bestowed annually upon one outstanding woman-owned, California-based business.

Dawn Dyer named 2018 California Woman Business Owner of the Year

This past April, in Sacramento the National Association of Women Business Owners, California (NAWBO-CA) named Dawn Dyer of Dyer Sheehan Group as its 2018 California Woman Business Owner of the Year. Just a few days prior, Dyer received NAWBO Ventura County's (NAWBO VC) local Woman Business Owner of the Year award during the organization's annual BRAVO luncheon.

The California award is bestowed

annually upon one outstanding woman-owned, California-based business in recognition of excellent leadership and business acumen, which makes the honoree an inspirational role model to other women business owners throughout the state. The California Woman Business Owner of the Year award is quite an honor considering that NAWBO-CA represents the issues and interests of more than 1.3 million women business owners in California.

"Dawn believes in building strong relationships with women business owners that are based on mutual respect, mentoring and professional support," said Elaine Hollifield, NAWBO VC President. "She is a wonderful role model for our chapter and our state." Dyer is in the running for the 2018 NAWBO National Women Business Owner of the Year award being presented in September in Spokane, Washington.

Dawn Dyer has over 30 years' experience as a land use expert, market analyst, and real estate consultant to public agencies, major corporations and private investors throughout Southern California. Dyer is the founder of the Ventura County Housing Trust Fund, a 501c3 multi-million dollar revolving loan fund that addresses affordable housing needs of the Homeless, Veterans, Farmworkers and Emancipated Foster Youth. As a California Delegate to Drexel University's Vision 2020, Dawn is excited about working on the Centennial celebration of the 19th Amendment, which gave women the right to vote.

"I believe in the inherent value of real estate, and the importance of good land

Continued on page 8



Community Memorial Health System

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Specializing in Radiology

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City News

Ventura City Council adopts Fireworks Social Host Ordinance

The Ventura City Council adopted a Fireworks Social Host Ordinance during its regular meeting on June 18, 2018. Under the new ordinance, any homeowner, renter, or person in charge of a residence or other private property who knows or should know of the sale, use, and/or possession of any fireworks on private property are subject to a civil penalty levied by the City of Ventura.

The Social Host is responsible for the

sale, use, and/or possession of fireworks on their property by anyone on their property. The ordinance pertains to any person who hosts, organizes, supervises, officiates, conducts, or accepts responsibility for a gathering on private property.

Violators in the city of Ventura can be reported online, by emailing video of the alleged use of fireworks to the Ventura Police Department. The Ventura Police will be sending out more information on the reporting process in the next week.

“Illegal fireworks are a safety issue,” said Police Chief Ken Corney. “The new ordinance provides another disincentive to use illegal fireworks.” Ventura police and fire departments will be patrolling neighborhoods throughout the city of


Continued on page 8

This is an irreverent and irrereligious novel about what might be considered the most unlikely of couples—thrown together by fate, chance, or perhaps, but not likely, a higher power.

When Miriam Jaffe, a 16-year old girl from Beverly Hills is struck by lightning, she ends up in a coma but awakens in the small village of Magdala, near the Sea of Galilee, with nothing but her new iPhone and her wits. She's immediately befriended by Yeshua (Hebrew for Jesus) of Nazareth, a failed prophet with a big heart for anyone in need. Yeshua falls under the spell of the playfully devious and precocious Miriam, who is mistaken for an angel sent by God due to her "magic talisman" (iPhone) and allowed to "help" Yeshua with his ministry.


The story weaves back and forth between the comatose Miriam in Beverly Hills, and her life in ancient times with a man who's about to become one of the most controversial figures in the history of the world.

This is their story.



Mary Magdalene's iPhone

Thomas Mathews Jr.



Thomas Mathews Jr. has followed a career in fine arts museums and currently is known as "Tom da Wine Guy," at Trader Joe's, in Ventura, CA. He's now a prize-winning author residing in Ventura, CA with his wife Jacque.

THE WAIT IS OVER!

Mary Magdalene's iPhone is now available at Amazon.com in both softback and Kindle editions



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The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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The Ventura Breeze is printed with
soy based ink on paper with minimum
40% recycled content.

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ Santa Clarita has approved new rules that bans individuals from **sitting on sidewalks** and sleeping in cars on public streets. The rules are intended to block homeless people from living in public spaces. At the same time, they also approved spending \$1 million to help build a homeless shelter and create a long-term plan to combat the issue.

I'm not sure if it is legal to ban people from sitting on the sidewalk, but taking the next step and providing shelter makes it worth taking the chance. Officials from Anaheim, Huntington Beach and Santa Ana have proposed new shelter sites to help solve their growing homeless situation.

Providing shelters is what is needed - it seems to me. Complaining about (and counting) the homeless does nothing to correct the **homeless problem** in any city. Pursuant to this, the Ventura City Council has approved spending \$600,000 in the new \$306.5 million operating budget (roughly a 10% increase over last year) to help pay for the acquisition of a year-round transitional shelter and \$250,000 for operating expenses including agencies that work with the homeless community and provide social services and other necessary programs, especially for the approximate 30% of the mentally ill homeless. The funds are expected to be matched by Ventura County which has agreed to provide matching funding to cities opening their own shelters.

The council also directed staff to return with gap funding to continue extra **police patrols** (and extra security cameras) put into place after the April homicide on the Promenade. The city has been paying police overtime for the additional enforcement and will likely continue that until new full time officers are hired.

Many citizens are still confused, saying, "How come we still have vagrants on the Promenade if there are additional police present." The police are there to diffuse any illegal activity that might take place (being homeless on the Promenade is not illegal), and to deal with unruly people, such as a mentally ill homeless person who might be yelling at people. They might also try to get the mentally ill and homeless some help, but there is very little of that currently available.

■ In a previous issue, I reported that the temporary ban on **leaf blowers** had been lifted. Not true - the City Council has not made a final decision. It's the dreaded "**fake news**".

■ Ventura resident, **Sadiki Shakur**, 24, has pleaded guilty to voluntary manslaughter and assault with a firearm for his role in the 2016 shooting that killed one man and injured another. He entered the plea in Superior Court as part of an



These signs would be good to have in Ventura.

agreement with the Ventura County District Attorney's Office. Shakur was initially charged with murder and attempted murder. If convicted of these crimes, he could have received a sentence of 84 years to life in prison. As part of his plea agreement Shakur is expected to be sentenced to only 16 years.

■ Speaking about the North Korean leader, **Trump** stated; "He speaks, and his people sit up at attention. I want my people to do the same."

■ News item - "North Korean leader Kim Jong Un reportedly ordered a high-ranking army officer to be executed after he was accused of giving extra food and fuel rations to troops and their families."

His people had better sit up at attention.

■ The City of Ventura owns a very large **property portfolio**, which they have done a terrible job managing. Ventura owns over 250 properties.

The Brooks Institute situation, where

they walked away from space that was being remodeled on the fourth and fifth floors of 505 Poli St. is a good example of things gone wrong. Unqualified staff failed to require the school to pay a security deposit. The space, with unfinished construction, still remains empty.

When Brooks signed their lease, several non-profits (like Focus on the Masters) had to move to another floor or location, all of which turned out to not be necessary.

To solve the problem, the city has hired an in-house property management specialist, Charlotte Modugno, and consolidated all of the city properties and agreements to the public works department.

Other city leased properties include patios used by several restaurants that are located on city property.

City Councilmember Christy Weir asked for more information on 505 Poli St., which has 12 leases and much empty space. The building includes nonprofits, start-up companies and the Ventura Chamber of Commerce. I certainly hope that Charlotte does a good job so that city properties are professionally managed and proper rents are charged.

■ A new study validates **Einstein's** theory of general relativity in a distant galaxy for the first time.

This study supports my current understanding of gravity (which is non-existent) and provides more evidence for the existence of dark matter and dark energy — two mysterious concepts that scientists know about only indirectly by observing their effects on cosmic objects. Seems simple to me - if there is no proof who could argue?

Einstein's theory of general relativity, published in 1916, explains how gravity is the result of a concept known as the fabric of space-time. Simply put, the theory predicts how much the mass of an object — in this case, a galaxy — curves space-time. Just look in the sky and you can see gravity bending.

■ I'm glad to see that the **Pierpont Inn** has secured some permits to continue with the remodel of the main building. Construction was stopped about 3 years ago because the owners hadn't secured the required permits. Hard to believe that a major hotel chain could be stupid enough to build without them. Hopefully the new construction will bring this iconic building back to its original beautiful interior. The rooms at the hotel have remained open.

Mailbox

To opinions:

Prince Charles has been roundly mocked (especially by establishment architectural poobahs) for his views concerning ugly "modern" architecture and planning efforts of the day. His signature project, the village of Poundbury in Dorchester, has been a resounding success as a livable town. Designed by architect and urban planner Leon Krier, who has incorporated traditional architectural shapes city plans and schemes throughout Italy, the US and England, Poundbury has captured the interest and enthusiasm of folks everywhere. Interestingly he has been a visiting professor at Notre Dame, Yale, Cornell, Chicago et cetera. This is the future.

By contrast there is no apparent vernacular architectural plan for our city (aka "Ventucky" or "Bakersfield by the Sea"). The fire marshal refuses to enforce

visual signage ordinances, allowing unpermitted weird banners and signs anywhere and everywhere, the design review committee approves architectural junk (such as Kaiser Permanente and a puke green clinic next to the freeway), the local Caltrans chief refuses to allow Boston Ivy on the concrete downtown freeway walls and overpasses (extra work for him). Who is in charge here?

John Stewart - Ventura

Hello City Council,

As a long time city resident, I wanted to share something I find frustrating. My wife & I received our newest bill yesterday from E.J. Harrison & sons yesterday. At the bottom of the statement, they state starting in July, they are increasing residential trash/recycling/brown waste bin pickup rates by a total of 5%. The way

they word it, to be frank, is BS. And with only a couple weeks' notice too. I am a businessman, this would not fly with my customers, I would diligently give them much more notice, with a simpler explanation of why I am looking at increasing my fees for my products & services. Not a bunch of jargon.

I urge you, our city council, to review the contract you have with E.J. Harrison, as they seemingly have a monopoly here, and can say, do, and bump up rates, simply because they can. We, as residents, have no other alternative. Have we, as a

Continued on page 22

We encourage you to send your opinions
to opinions@venturabreeze.com. Please
limit them to about 300 words

I'm tired of
hearing it said that
democracy doesn't
work. Of course it
doesn't work. We
are supposed to
work it.

— Alexander
Woollcott

Happenings



The speakers gave inspiring and motivational talks. Photo by Richard Lieberman.

“Think Big” was theme at Chamber breakfast

On June 28, the Ventura Chamber of Commerce presented their Economic Outlook Breakfast “Think Big” at the Four Points Sheraton hotel. After eating a buffet breakfast the packed room was welcomed by Stephanie Caldwell, CEO & President of the Chamber. Opening remarks were made by Joey Zumaya, Manager, Public Sector Sales, LinkedIn.

The featured speakers were John Silva, President & Senior Creative Director Du Puis. Ray D. Bowman, Director of the Small Business Development Center and Erick Went, Chief Technology Officer and Co-founder, Matter Labs.

The speakers presented inspiring and motivational direction to the enthusiastic business professionals in attendance. At the conclusion of their speeches they

answered questions from the audience and invited them to contact them for further business assistance. In conclusion brief presentations were made by selected members of the audience regarding the status of business and development in Ventura.

2021 General Plan Update

Continued from page 1
mandates regarding housing, Climate Action Planning and Environmental Justice as well as our rapidly changing local market for housing and jobs. An interested parties list is being established by city staff, please contact the main planning line at (805) 654-7893 or 7894 to be included.



“Life is like a piano – what you get out of it is how you play it!”
My Daily Greeting
by Barbara Swanson - Pianist & Resident

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The Ventura Police Department hosted Coffee with a Cop at Coffee Bean and Tea Leaf at 4360 E. Main St. on June 26 in a friendly, informal environment to discuss community issues and build relationships. Engaging the community in public safety efforts is a top priority of the Ventura Police Department. Coffee with a Cop is an additional opportunity for residents to get to know the officers who serve Ventura.

The Coffee with a Cop effort is a national initiative supported by the United States Department of Justice, Office of Community Oriented Policing Services. Similar events were held across the country as police departments strive to make lasting connections with the communities they serve. Coffee with a Cop provides an opportunity for community members to ask questions and learn more about the department's service. There is no formal agenda, just a casual opportunity to voice concerns and share ideas.

Photo by Bernie Goldstein.

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Community Events



Orientation sessions are held on the first Thursday of every month.

CAPS Media members create original TV and radio programs

Summer is a great time to join the CAPS Media creative community. Aspiring (or experienced) videographers, journalists, photographers, radio DJs, and storytellers are encouraged to get involved at the CAPS Media Center. The highly skilled and experienced CAPS Media staff helps members master the tools they need to craft the stories they want to tell in video and radio productions in all forms of communication genres including documentary, talk, music, drama, comedy, politics and more.

CAPS Media Member/Producers include all ages, all interests and are from all facets of the community. No prior experience is required, everyone is invited to join and share their unique voices. Anyone who lives, works or attends school in the city of Ventura is eligible to become a member for an annual fee of only \$25. Non-profit organizations throughout the county can join for \$75 per year, if at least one representative lives or works in Ventura.

Orientation sessions are held on the first Thursday of every month and explain how to become a member of CAPS. HD videography/camera classes are held on the 2nd Thursday, Final Cut postproduction editing class are on the 3rd Thursday, and CAPS Radio (KPPQ, FM 104.1) two-part classes are on the 4th week. In every training session Member/Producers receive hands-on instruction in videography, video editing, radio production and more. All classes begin at 6pm at the CAPS Media Center, 65 Day Road.

CAPS Media's Thomas Fire Stories series continues every Friday night with firefighters, first responders and members of the public sharing inspirational first-person experiences. Each 20-30 minute story premieres on CAPS TV Channel 6 and CAPS Radio 104.1FM on Friday at 6pm. On July 6th Clark Tulberg recounts his extraordinary battle to evacuate and defend Thomas Aquinas College from the fire that started in Steckel Park, two miles from the college. Clark and his small and courageous crew spent 5 days, fighting non-stop to save the college.

On Friday, July 13th Ventura County Fire Assistant Chief Mike Milkovich shares his experience and perspective on the night of December 4th and the days and weeks that follow. On July 20, Clark Tulberg continues his Thomas Fire Story with his emotional tour of upper Ojai following the fire. And on Friday, July 27, Ventura County Deputy Fire Chief Vaughn Miller adds his personal story to the archive.

The Thomas Fire Stories are

produced by CAPS Media in collaboration with the Museum of Ventura County and are supported by photos and videos contributed by the public, firefighters and news agencies. The remarkable and inspirational personal accounts repeat throughout the week and can be viewed at any time online at capsmedia.org/videos.

CAPS Media's mission is to create an engaged and informed community through participation in electronic media. For more information, go to capsmedia.org or call 805.658.0500.



Members of the Seaside Kid's Club will enjoy their summer at the Harbor.

Kids ages 4 -10 years old to immerse themselves in new sea themed activities

Leading the pack in what's hot for kids summertime fun in Ventura, Ventura Harbor Village is a sure bet for children with the announcement of the return of its 3rd Annual seasonal Seaside Kids Club to be held Thursdays from July 5 – August 9, from 11 a.m. – noon on the waterfront. Keep children busy all summer long with a seaside sojourn where they can explore beyond the classroom.

Ventura Harbor Village allows kids ages 4 -10 years old to immerse themselves in new sea themed activities, entertainment and crafts. Cost is \$3 per child. Sign-in begins at 10:30 AM at the Kelp Corridor directly across from Coffee Dock & Post and outside the Village Carousel & Arcade.

For those kids who want to keep busy all summer long, they can become a Seaside Kids Club member, where for just \$12, they receive a Club stamp card good for a complimentary stuffed animal after three visits, a wooden nickel discount for the entire family at Coastal Cone, special goodies each week, and a guaranteed spot on the Seaside Kids Club list (space is limited weekly).

All participants receive a Seaside Kids Club sticker and experience a different theme each week including "Red, White Sand & Blue Ocean," "Piratey Fun & Puppets Too," "Fit & Fun in the Sun," "Jellyfish Jam - All Things Squishy" and more.

Here's a glimpse of the Seaside Kids Club schedule, complete with free parking, bubbles and endless summer fun. www.VenturaHarborVillage.com



Community Events

July 5, 2018: Red, White Sand & Blue Ocean

Take to the ocean and get kids to make their own ocean in a bottle, learn to put on a life vest with Captain Cooper from Ventura Boat Rentals, visit with Ventura Harbor Patrol, and receive a booklet on Water Safety.

July 12, 2018: Seals & Sea Lions Are Pinnipeds— Oh Wow!

Get up close and learn all about our pinnipeds in the Harbor and at the Islands from a Channel Islands National Park Ranger. As part of this summertime afternoon of fun, decorate a sea horse to take home (craft sponsored by Lakeshore Learning).

July 19, 2018: Jellyfish Jam - All Things Squishy!

Search for sea creatures in squishy sensory ocean water beads, attend a show and tell with Ventura Harbor's Squid experts, and create your own jelly fish craft!

July 26, 2018 - Yo Ho! Piratey Fun & Puppets Too!

Witness a professional marionette pirate puppet show, visit with a mermaid and pirate, play in a pirate ship, walk the plank, and create a Mermaid or Pirate Puppet!

August 2, 2018 - Fit & Fun in the Sun!

Strike a pose at sea with themed yoga led by yoga guru Pam Griffin. As part of this fun filled afternoon, partake in an obstacle course & relay races, and make a shell mobile to hang in the sun.

For visitor information, contact Ventura Harbor Village at 805-477-0470, online at www.VenturaHarborVillage.com. Ventura Harbor Village is located at 1583 Spinnaker Dr. Post, share, and like #VenturaHarbor

Ventura events

by Ana Baker

Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Dance lessons 6:45 - 7:15 \$5 for couple \$3 for single. Call Rick 805-415-8842 for more information.

Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

The Ventura Retired Men's Group welcomes interested men to their semi-monthly Tuesday lunch (\$15) meetings at the Ventura Elks lodge. This regular congenial social event, besides a healthy, satisfying meal, supplies a welcome atmosphere to talk and joke, hear a speaker on a variety of relevant topics. Hear more from Steve at 805-642-1359

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

The Ventura County Philatelic Society meets on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Come for a great evening. Bill Garner 805- 320-1601 or vcpsforyou@lycos.com

Mended Hearts of Ventura. Come share if you have had heart surgery

or stent implant. Group meets the first Tuesday each month at noon at Lemon Wood Mobile Homes, 850 Johnson Dr. Excellent speakers leading Cardiologists, Nutritionists, and Dietitians etc. from our area. Contact Richard Hatcher at 805-644-2733.

First Wednesday, of each month, 6-10 p.m., Gold Coast Modular Railroad Club meets at the Murphy Auto Museum. Now exhibiting Fridays, Saturdays and Sundays, 10-4 p.m. Visitors and new members are welcome. 2230 Statham Blvd., Oxnard. www.gemre.com or 805-229- 74294 for more information

Join the Cross Town Hikers on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

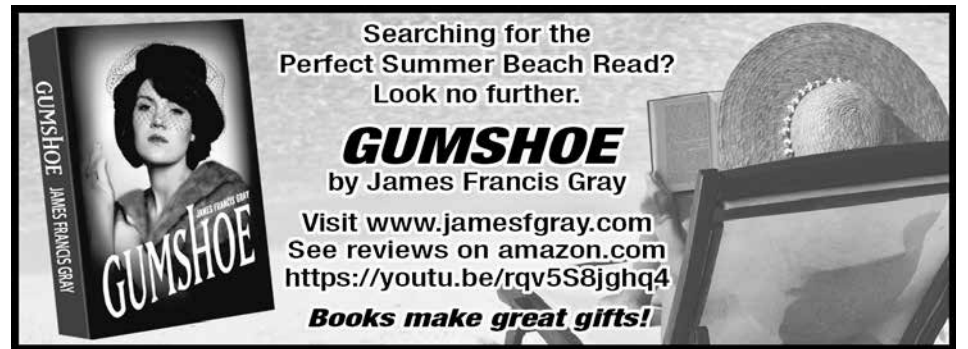
July 6: Ormond beach Nature walk and Beach cleanup. 9-11am. The Nature Conservancy is hosting a nature walk and beach cleanup. Come visit Ormond beach with a naturalist and discover the flora and fauna of the wetland and beach habitat. Focus will also be to collect trash from fireworks from July 4th. Clean up supplies will be provided. The walk is 1 1/2 to 2 miles. Wear durable walking shoes. Bring binoculars, if you like. 301 McWane Blvd. Oxnard. Please contact Amy Davis guideamy@gmail.com or 770-853-4715 regarding questions.

July 11: The Ventura Parkinson's Disease Support Group is pleased to present their meeting from 1 -3p.m. at the Lexington Assisted Living, 5440 Ralston Street. They are focusing on "making exercise fun" like it used to be when the bell rang for recess. Lisa Oliver, Manager of Title Boxing, will inform and demonstrate Rock Steady Boxing, a non-contact boxing program specifically created for people with Parkinson's Disease. Amber Stevens, Associate Executive Director at the Ventura Family YMCA will share her thoughts. For more information call Patty at 805-766-6070 and see the Breeze senior section.

July 11: There will be a Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

July 12: Oceanview Toastmasters announces their new home at Lexington, 5440 Ralston St. Located in the Bijou room 2nd floor. The meeting starts at 6:45 p.m. on 2nd and 4th Thursday of each month. Guests are most welcome. If you've ever considered attending a Toastmasters Meeting, please come and meet the friendly members. You're welcome to sit and enjoy the speeches, and if you want to improve your speaking skills, here is an opportunity. There is no charge for guests. For more information Ed Blumenstock at 805-746-5732.

July 13: The General George S. Patton, Jr. Chapter, Sons of the American Revolution July luncheon meeting will feature a special program "Second Amendment in California: A Brief History and Future



Trends," presented by Mr. Robert Arabian. The luncheon will take place at 11:30 a.m. in the Garden Room, Marie Callender's Restaurant, 1295 S. Victoria Ave. All SAR and DAR Compatriots, friends, and visitors are welcome to join us. If you choose to have lunch, cost is \$20. For additional information or for assistance in determining your possible Revolutionary War genealogical roots, please call Bill Bays 805- 650-3036 or Robert Taylor 805-216-7992. For information regarding SAR membership and chapter activities, please visit the chapter website at <http://pattonpatriots.org>.

July 15: The Ventura and Santa Barbara County chapter of the National Association of Watch and Clock Collectors (NAWCC) will meet Sunday in the Campus Student Center of Ventura College, 4667 Telegraph Road. The regular meeting starts at noon and at 11:00 there will be an informal workshop where a topic on clocks or watches will be demonstrated and discussed. There will be a mart where items will be for sale followed by lunch and an informational meeting and a program at 1:00 pm. The program this month will be a presentation by David Walter on "Watchmaking". Anyone interested in watches and clocks, (modern & antique) is invited to visit and join. There is a \$3 admission charge. Lunch is available for \$5 more. Watches, clocks and tools will be on display and for sale. Monthly meetings are held on the 3rd Sunday of each month at the Ventura College. More information about chapter 190 can be found at www.nawcc-ch190.com.

July 17: Discover the Santa Clara River watershed. 8-10 am. Meet at the gate at the south end of Hallock Dr. Santa Paula. Start your day off right by exploring land along the Santa Clara River that the Nature Conservancy has restored. Be prepared for an adventure! There is not really an established trail. It is a little rugged so please wear durable hiking shoes. There are no facilities at this location. Please contact Amy Davis guideamy@gmail.com or 770-853-4715 regarding questions.

Aug. 10: Mixteco/Indígena Community Organizing Project in Oxnard "Night in Oaxaca." Night in Oaxaca is their largest annual event, and benefits all MICOP's 19+ programs. The night will feature a menu of Oaxacan cuisine, traditional dance performances, and a celebration of the extraordinary group of indigenous youth scholarship winners. Friday, at the Olivas Adobe in Ventura, 4200 Olivas Park Dr. from 5-7:30 p.m. Tickets and more information can be found at <https://NIO2018.bpt.me>.

Ojai news and events

The newest original exhibition at the Ojai Valley Museum highlights the local work of some of those architects. "StARCHITECTURE: Ojai by Design" included are outstanding buildings. Museum director Wendy Barker encourages the community to

visit the museum to "explore the valley's rich, rarely seen, architectural history."

Free Opening Reception on Saturday, July 7 from 5-7pm. The exhibition will be open through October 28. The Ojai Valley Museum is located at 130 W. Ojai Ave.

Agora Foundation Four-Day Great Books Summer Intensive. These four days, July 31st to August 3rd, will include readings from Lucretius, Bacon, Emerson, Thoreau, Jonas, and Oliver. Plus lectures, nature walks, astronomy, panels, and more. Tuition is \$800 and includes all meals, texts, seminars, lectures, and nature walks. Lodging is not included. Book discounted rooms directly with The Ojai Retreat by calling (805) 646-2536. More information, visit www.greatbooksojai.com/humanity's-place.html or (805) 231-5974.

On Friday, July 6th, Topa Mountain Winery will host Safety Harbor Kids 11th Annual Concert Fundraiser featuring the world renowned Paul Barrere and Fred Tackett, of Little Feat, bassist Kenny Gradney, Grammy winning drummer, Tony Braunagel and the Texicali Horns with Darrell Leonard and Joe Sublet. The event, held to raise funds for parentless youth, will also include music by Shakey Feelin' and Miles Tackett & The Three Times.

There will be door prizes, special entertainment and silent auction including a Gibson SG signed by songwriter/artist Robby Krieger of the Doors, an SHK supporter. Doors open at 6:00.

Safety Harbor Kids is a nonprofit with the mission to enrich the lives of orphans, foster and homeless children through education in the areas of College, Career, Music, the Arts and Personal Growth. Visit www.safetyharborkids.org.

The Beatrice Wood Center for the Arts will present Ken Emerson & Jim Kimo West in concert on Saturday, July 7th at 7 pm. They are living legends in the world of Hawaiian slack key and acoustic steel guitar, and this is a rare opportunity to see both master players perform together up-close and personal. As recognized masters of Hawaiian slack and steel guitar, Emerson & West will delight the audience with their masterful performances, blazing improvisation and spontaneity.

Played from the heart and soul through the fingers, and flowing with vivid tropical images, Hawaiian slack key is truly one of the great acoustic guitar traditions in the world. In slack key, some of the strings are slacked from the standard tuning, with the thumb playing the bass while the other fingers play the melody and improvise in a finger-picked style.

Kumu Rona Koe will be dancing solo Hawaiian hula to accompany their performance. Tickets are \$25.

Emerson and West will present a slack key guitar workshop at the Center at 2 pm, the day of the concert. The cost of the workshop is \$40.

For more information, or to purchase tickets online, visit beatricewood.com, or call 805-646-3381.



This 'n' That

H.O.P.E. after the Thomas Fire

by Jennifer Tipton

Ventura County Behavioral Health has collaborated with a long-term community mental health team called California HOPE of Ventura County, a federally funded and trained community-based counseling program created to support the community after the Thomas Fire.

H.O.P.E. is an acronym for: Helping – Outreach – Possibilities – Empowerment.

The long-term effects of a disaster on mental health come in many stages, the difficult reactions one may experience can occur months after the initial disaster. Individuals that may initially appear unaffected, might later become overwhelmed and unable to effectively cope.

Reactions to a disaster such as the Thomas Fire are emotional, behavioral, cognitive and psychological and do not manifest in any certain order at any specific time.

Family and friends can help to identify these individuals and implement active listening and validation as effective ways to help survivors cope with their loss.

California HOPE services are free and confidential with the goal of imple-

menting effective coping skills.

Services include:

Individual and group counseling for survivors, family and friends / Assessment and referrals /

Distribution of educational materials.

Counseling goals include:

Helping disaster survivors understand their current situation and reactions / Reducing stress and providing emotional support / Assisting survivors in creating a wellness and recovery plan / Promoting the use or development of coping strategies and personal resilience / Providing friends and family members with education to support those affected / Connecting survivors to other resources.

Several support groups began mid-June in Ventura, Ojai, Santa Paula and Fillmore with more anticipated. The program is long term, just as the recovery process is long term.

We at the Ventura Breeze encourage those affected by the Thomas Fire to reach out to these services as needed.

If you or someone you know needs support, please contact HOPE of Ventura County at (805) 833-9495 or hopeventuracounty@gmail.com.

between the City of Ventura and the Casitas Municipal Water District executed by the City Council in May 2017. The new contract obligates Ventura to reach Water Balance by 2020 to maintain its current water rights.

The new Casitas Water contract does not specify the amount of water Ventura's entitled to receive. The new agreement does not allow any use for the East End of Ventura.

A major problem with Direct Potable Reuse (DPR), or Ventura WaterPure as it has been named, is that Ventura would be the first city to use recycled wastewater as drinkable. Only Windhoek, Namibia and a small town in Texas are attempting to drink their filtered toilet water. Neither place had other water options.

In Ventura's quest to make wastewater drinkable, an August 2016 report by a state-appointed panel of experts concluded it was "technically" feasible to use DPR, but there are serious health risks. Here are some fundamental problems outlined:

1. Guidance and regulations currently do not exist for DPR
2. Of specific concern are chemicals adversely affecting the development of fetuses and children, plus any as-yet-undiscovered compounds.
3. There are no standards to guard against Cryptosporidium, and Giardia to maintain a risk of infection equal to one in 10,000.
4. Reverse osmosis is unable to detect and remove low molecular weight compounds such as halogenated solvents, formaldehyde, and 1,4-dioxane.
5. The inability to identify solvents on the Proposition 65 list that reverse osmosis membranes cannot remove.

The cost of DPR wastewater is high. According to the Capital Improvement Plan (CIP), the wastewater and water costs will total approximately \$368 million. Then it will need to be pumped north to the desalination/Reverse Osmosis plant that will cost another

\$170 million.

By comparison, the pipeline for State Water is estimated by the Ventura Water Department to cost \$27 million. State water can be injected directly into the Ventura water system. The water is reliable and used throughout Southern California.

We only hope that the City Council has the leadership and strength to change course and not feel bound by this misguided concept of past water leaders. Protecting public health is paramount. We don't need to build a desalination plant/RO facility now or in the next five years.

Interested in running for City Council?

Continued from page 1

only need to attend one meeting, the same information being presented at both meetings.

Eligible candidates running for Ventura City Council must be at least 18 years of age, a registered voter and a resident of their respective District.

One of the first steps for potential candidates is paperwork. Citizens wanting to run for office must pull nominations papers and then return them to the City Clerk's Office for verification and signature during the nomination period, or by August 10th. Pulling nomination papers can be completed during the Candidates Orientation Meeting. Other required forms include Conflict of Interest Disclosure Statement, and Campaign Finance Disclosure Statements (to track campaign contributions, or your own funds, spent for your campaign as established by the Fair Political Practices Commission).

As a reminder, the City of Ventura transitioned to district-based elections in January 2018 after broad outreach and citizen input. Changing to district-based elections resulted in the City being divided into seven geographic districts. Each District will have one City Councilmember who resides in the district and is chosen only by the voters residing in that district. Residents in Districts 1, 4, 5, and 6 will be voting for a Councilmember in their district in the November 6, 2018 election; and residents in Districts 2, 3, and 7 will be voting for a Councilmember in their district in the November 2020 election. All registered voters will vote on all local, state and federal ballot measures and candidates for county, state, federal and special districts.

Serving as a Councilmember provides the opportunity to make a real difference in our community. Individuals interested in becoming a candidate are highly encouraged to attend the Orientation Meeting or schedule a one-hour appointment with the City Clerk's Office by calling 805-658-4787.

Several candidates have already announced that they are running.

Vista Del Mar

Continued from page 1

someone needing help greater than what traditional therapy provides," informed Jetta.

The 5days/week program is called the Adult Partial Hospitalization Program (PHP) focusing on active treatment for individuals with acute mental illness and/or addiction issues. Attendance is Monday through Friday 9:00am – 3:00pm for one to two weeks with opportunity for step-down and continued care with the Intensive Outpatient Program (IOP). Patients participate in group therapy as well as educational and family group sessions. Treatment team includes psychiatrist, psychiatric nurses

and licensed therapists. Transportation is provided at no cost within Ventura County and there's a contract with Hill Street Café to provide lunch!

The 3days/week program (IOP) meets 3hours/day and provides extensive short treatment with flexible scheduling with program completion within two to four weeks. Groups focus on tools for symptom management and sustained recovery.

Both programs include medication consultation and management, and aftercare referrals.

In the past, our ladies each had their own office, now there are 4 desks squeezed into one small room. Carol showed me her "filing cabinet", it was a box with her name on it. There is talk of expanding into the space next door and once the inpatient hospital is open, administrative offices will return there.

While at the open house, Debbie English RN Chief Nursing Officer teased, "don't ever put a nurse at the switchboard!", but as she took a crisis call, she did not hang up until the problem was resolved. "We just really want to get back into the community – there's such a need", she told me. Debbie has been with Vista del Mar for 11 years.

While the outpatient facility is currently open, the inpatient facility (back on Seneca), is under its final construction phase to correct the damage caused by the fire. Utilities are being restored which includes the pump house that was destroyed and extensive electrical work. It is expected to re-open in August. The ladies give special thanks to Assemblywoman Monique Limon who co-sponsored the bill allowing them to open the outpatient facility while the inpatient facility was still closed.

To learn more, or refer a patient Please call: (805) 653-6434 Or visit: www.vistadelmarhospital.com

Dawn Dyer

Continued from page 2

use planning. I am passionate about the critical role of housing stability to the health of communities, and I love helping create quality homes for families, our workforce, and those in need."

The local Ventura County chapter of NAWBO is committed to strengthening the wealth creating capacity of its members while promoting economic development within the entrepreneurial Ventura County community. Additionally the local chapter focuses on creating innovative and effective change in the business culture, building strategic alliances and transforming public policy for the benefit of its members. Membership is open to women sole proprietors, partners and corporate owners as well as those businesses that support women owned businesses. Learn more: www.nawbovc.org.

Fireworks Social Host Ordinance

Continued from page 3

Ventura on July 4th to keep citizens and their property safe and enforce the City's ordinances.

"Put the community first," said Fire Chief David Endaya. "Extreme drought conditions and tinder-dry brush are dangerous. I am asking every resident and visitor in Ventura to keep our city safe and be considerate of your neighbors. Do not use fireworks."

For more information visit <https://www.cityofventura.ca.gov/1345/Celebrate-July-4th-Safely>.

State water preferred to filtered toilet water to drink

by (VREG) Venturans for Responsible and Efficient Government

The City Council will make a monumental decision on water July 9, 2018. They will set Ventura's water priorities for decades to come.

They will be asked to decide between State Water and Direct Potable Reuse as the first supplement to our existing water supply. Should Ventura be first with an untested, unproven, unregulated water system with DPR or be safe with State Water? We will also learn whether they will listen to the Water Commission or ignore their recommendations.

The Ventura Water Commission rejected the Direct Potable Reuse (DPR) idea as Ventura's primary resource. They made it clear that the city should look to State Water as a primary to supplement our existing water supply.

Two legal agreements jeopardize Ventura's water supply. The first was a Consent Decree requiring Ventura to cease putting 100% of its treated wastewater into the Santa Clara River estuary. The Consent Decree doesn't specify where to place treated water or how to use it. It only states it cannot go into the estuary.

One exception is if a scientific panel were to decide the environmental health of the fish and wildlife in the estuary need that water, Ventura might release 50% into the inlet. In February 2018, Stillwater Sciences issued a final report on discharging treated water into the Santa Clara River estuary. It recommended diverting 40%-60% of the wastewater, not 100% as initially presented to the City Council.

The second was a new contract



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55+ 🐾



News & Notes



Island Packers is expanding its Summer Whale Watching excursions.

Island Packers summer schedule

With summer upon us, Island Packers is proud to announce the addition of specialty trips on selective dates to their already full schedule of summer excursions. Visitors to Ventura and locals alike can now explore select, seldom-visited destinations. In addition to these landing excursions, Island Packers is also expanding its Summer Whale Watching excursions for the viewing of some extraordinary summer-time visitors.

Summer Whale Watching - Passengers aboard non-landing whale watch trips can view several seasonal species currently being sighted in the Santa Barbara Channel. Summer species include Blue Whales, Fin Whales and Humpbacks, as well as year-round residents such as Common Dolphin, seals and sea lions.

Historically, over 28 species of whales and dolphins have been identi-

fied within the waters of the Channel Islands National Marine Sanctuary. A day spent on the ocean in the company of these creatures can be awe-inspiring and truly memorable.

While whale watching trips do not offer time ashore, they include a brief, narrated cruise along the shoreline of one of the Channel Islands. The boat departs at 10:00 a.m. and returns approximately 4 p.m. This trip provides further opportunities to view and photograph sea birds, seals and sea lions along with other characteristics unique to the islands.

Specialty Trips - On designated trips this summer, visitors to Prisoner's Harbor will have an option to take advantage of direct service to this popular destination. On designated days, visitors may disembark for a naturalist-led hike and maximum time ashore or, for a nominal fee, remain on the boat for a coastal tour of the island culminating with an "in the island experience" at Painted Cave. Following their visit to Painted Cave, passengers will go ashore at Prisoner's for a brief opportunity to picnic, hike, snorkel or lounge.



On the Pelagic Birding trips, visitors will spend several hours offshore, well beyond the reach of most day trips. Routes and destinations are determined after reviewing oceanographic conditions at the time of the trip, offering a chance to search for sought after species like Red-billed Tropicbird, Least Storm Petrel, Leach's Storm-Petrel, Townsend Storm-Petrel, Guadalupe Murrelet and Craveri's Murrelet.

As the official concessionaire to

Continued on page 27

Saturday Night Dinner Cruises

7:00 to 9:00 p.m.



Cruise the Marinas and the Ventura Keys

\$ 58 adult \$ 54 senior (age 55+) \$ 45 child (age 12& under)

Includes:
One beverage, dinner and live music

July 14 Zyedeco, Pop, R& B with Teresa Russell and Steve Geyer
Dinner catered by Margarita Villa

July 28 Classic rock with Bob Bishop & Jon Woodhead
Dinner catered by Anacapa Brewing Company

Book online at ISLANDPACKERS.COM
or call 805.642.1393

Photo: Linda Peters



Come tour our new state-of-the-art medical office and join in the fun!

COMMUNITY OPEN HOUSE

Saturday, July 21, 2018 ● 10 a.m. - 1 p.m.
4949 Market St., Ventura 93003

Family-friendly, all are welcome!

- 1K “Thrive” Walk
- Group Yoga Class - all levels
- Guided Tours of the Building
- Helpful Gardening Tips
- Face Painting
- Blood Pressure and BMI Screenings

VENTURA COUNTY FAIR

Save Money on Admission Tickets and Carnival Rides

Pre Sale Prices are in Effect until July 31

- WOW Pass Fair Admission Season Pass \$36
- Adult \$11.00 (age 13-64)
- Senior \$8.00 (age 65+)
- Child \$8.00 (age 6-12) Under 6 – Free

Available at

- Ventura County Fairgrounds (no service fee)
*Pre Sale tickets will be sold in the Derby Club at the Fairgrounds on 4th of July
- California Welcome Center (service fees)
- Ventura Visitors & Convention Bureau (service fees)
- on-line at venturacountyfair.org (service fees)

Happy 4th of July
Ventura County Fairgrounds
always Stands Proudly,
With You and For You.

Thanks to the Official Sponsors of the 2018 Ventura County Fair

Prices go up at Fair time!

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August 1-12, 2018

Concerts and Rodeos are FREE with Fair admission

UB40 ft. Ali, Astro & Mickey • 8/2
Plain White T's • 8/3
LeAnn Rimes • 8/4
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Sublime with Rome • 8/6
The Fifth Dimension • 8/7
Frankie Valli & the Four Seasons • 8/7
Boyz II Men • 8/8
Hunter Hayes • 8/9
Creedence Clearwater Revisited • 8/10
Pro Cowboy Rodeo • 8/11 & 8/12



Mural dedicated to Devin on July 1. Photo on the right is Jennifer Tipton with Michael.

Michael O'Kelly the man behind the mural / part 2

by Jennifer Tipton

Michael O'Kelly's artistic vision turned to ceramics sometime around the year 2000 when he became interested in architectural design. "That's the oldest archeological art you can dig up, you're gonna find bones and you're gonna find clay!", he laughed. Starting with "a little mural here and a little fountain there," it went well until the year 2008 when he lost everything due to the recession.

Michael's work can be seen at the Camarillo library, the Santa Barbara Zoo and 65% of the ceramic tile on the front of Watermark (now Limon y Sal), along with "stuff all over town and throughout California." He did the facade of the Star Lounge for Mark Hartley and the work at Café du Suro on Main Street, "people

think it's been there since 1903, but we did it in 2006."

In 2016 when Ventura celebrated its 150th anniversary, it was Christy Weir that encouraged Michael O'Kelly to design a mural that would represent the history of Ventura. "It began with an idea that produced a work of art that would bring the community together, a consensus was then formed to trust an artist to perform those goals," he told me. Once they decided to go through with the project, they had to go after funding and Michael proudly stated, "the beauty of it is, 99.9% of the mural was paid for by people in the community and those that donated materials and time, I think it's quite extraordinary to

have this all put together by the public." It was Cynthia Thompson, "a very sophisticated historian in town" that put together the spread sheet and created the chronology, "I couldn't have done it without her," he said.

"Since I started the mural 3 years ago, five sponsors and people depicted in the mural have passed away, including my son, Devin." It was Devin's shared passion for the arts that inspired Michael to keep going. "There were a lot of delays, holding me up as an artist, and now I'm grateful", he said.

I asked, "because now you are able to dedicate it to your son?" With tears he whispered, "yes."

"If the mural had been done on time, I would have walked past it every day and wished my son was in there, now he's in there 5 times," he smiled. This includes Devin with his mother, Gisele looking back across the entire mural.

"It's almost like the mural itself is a publication, as it was being done, things were happening in the city and as they were happening, they found their way into the mural, including the Thomas Fire."

In the mural, a Norman Rockwell paperboy can be seen holding the Star, "why not the Breeze?" I asked.

"I don't think the Breeze was around in 1930-1940," he grinned.

After the completion of the mural, Michael O'Kelly has plans to do film, he's already done a documentary on Ray Bradbury and plans another on the history of Ventura. He's started a company called "Dirt and Fire" (website up soon) and confided, "I've got another community project, a monumental bronze sculpture to be done here in Ventura, but can't give details".



Plastic items littering Ventura beaches must go.

Sustainability Now News

Surfrider's strawless challenge: no single use plastic straws

by Maryann Ridini Spencer

This year on Earth Day (April 22), Surfrider launched Ventura's Plastic Free Beaches campaign as a proactive response to the increasing amounts of plastic straws, expanded polystyrene foam (aka Styrofoam), and other plastic items littering Ventura beaches.

With that ongoing mission to reduce plastics in mind, in June Surfrider announced "The Strawless Challenge," targeted at reducing the amount of single-use plastic in the ocean. The challenge, which runs through Labor Day, requires that local restaurants abstain from providing drinking straws unless customers specifically request

Continued on page 22

Senior Living

Pull Out Section



The First Memorial Honors Detail is followed by Pipe Major Bill Boetticher during the Salute Our Veterans celebration. Photo by Michael Gordon.

Cypress Place honored our veterans

The Salute Our Veterans celebration was held at Cypress Place Senior Living in Ventura on June 27. The ceremony not only honored veterans living at Cypress Place, but also all veterans in attendance, along with widows, widowers and parents of veterans.

The occasion also featured a free BBQ lunch, guest speakers and a Veteran's Memorabilia Display and a retired bullet-riddled Bell UH-1 "Huey" medevac Army helicopter used in the Vietnam War, and "Touching History," a private

war memorabilia collection by Tom Weaver.

"The Salute Our Veterans event is one of our community's most cherished traditions," said Steve Spira, Cypress Place executive director. "The freedoms and opportunities we enjoy as citizens wouldn't be possible without the bravery of the men and women who have served our country. It's been an honor to share this small token of our appreciation for the past 10 years and counting."

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Event will feature 60 vendors

Golden Future Expos is pleased to announce the 7th Annual Golden Future 50+ Senior Expo to be held on Saturday, July 14, at the Ventura County Fairgrounds inside the San Miguel Expo Hall from 10:00am – 3pm.

The event will feature 60 vendors with products, services, and resources tailored for Baby Boomers, Seniors, Caregivers, and Friends/Family.

Highlights Include:

- Free Admission & Free Parking at the Fairgrounds!
- Free Health Screenings (Blood Pressure, Carotid Artery/Stroke, Blood Glucose, Vein Ultrasound Screening & More)
- Free Medicare and/or Financial

Planning Advice

- Free Makeovers
- Live Entertainment
- Great Speakers & Workshops
- Hourly Door Prize Drawings & Giveaways
- Mini Job & Volunteer Fair
- Food For Purchase
- Bingo with Cash Prizes
- Arts & Crafts
- Fitness Class
- and more!

The Golden Future 50+ Senior Expo connects local seniors, their families and caretakers with a variety of services and resources available to them.

"This expo has become an important annual event for Ventura County," states Toyia Moore Borrelli, Event Director. Visit www.golden-futureseniorexpo for a complete schedule.



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Senior Living



Grand opening featured 3 ribbon cuttings. Photo by Michael Gordon.

Pacifica Senior Living Oxnard provides luxury Assisted Living

On Thursday, June 28 Pacifica Senior Living Oxnard held their grand opening featuring ribbon cuttings by the Ventura, Oxnard and Camarillo Chambers of Commerce. The hundreds of people attending the event enjoyed live music, great food and drinks and tours of the facility.

Pacifica Senior Living Oxnard provides luxury Assisted Living and specialized Memory Care in their new senior living community conveniently located in Oxnard.

Ken Mahler, Executive Director stated “We are proud of the outstanding reputation we have earned. It is a reputation built on strong values, a solid

work ethic, and the best care and outside medical services available. At Pacifica Senior Living Oxnard, you will enjoy retirement lifestyle provided in a stunning setting; a lifestyle rich with services, amenities, and endless possibilities. Our goal is to help you will enjoy all that life has to offer.”

Complimentary transportation is provided to medical centers, shopping, and local dining areas. Enjoy the various cultural and educational opportunities, religious centers and more.

Pacifica Senior Living Oxnard
2211 E Gonzales Rd
Oxnard, CA 93036 805-960-5874
www.pacificaoxnard.com



Legal and financial assistance is available for those dealing with Alzheimer's.

The Alzheimer's Association Confident Caregiver Series

The diagnosis of Alzheimer's disease makes planning for the future more

important than ever. Concerns about care provision and programs that can help offset costs mean that families need accurate information about legal and financial planning specific to the disease.

This program will cover information for families and individuals dealing with Alzheimer's disease or a related dementia.

- Topics covered will include:
- Making legal plans that fit your needs
 - Legal documents you'll need and what they mean for all of you
 - How to find legal and financial assistance
 - Practical strategies for making a long-term plan of care
 - Tax deductions and credits



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Senior Living

Government programs that can help pay for care

Legal and Financial Issues will be held in the East and West parts of Ventura County. On Tuesday, August 15th from 10 a.m. to noon the class will be held at St. John's Regional Medical Center Room 2 & 4 located at 1600 N. Rose Ave. in Oxnard. On Thursday, August 21st from 10 a.m. to noon the class will be held at the Simi Valley Senior Center located at 3900 Avenida Simi, Simi Valley. Attorney Craig Ploss will be the guest speaker. Call 800.272.3900 to register.



"Recess is over already?"

Remember when you couldn't wait for the bell to ring for recess?

by Patty Jenkins

Remember how disappointed you felt when the bell rang signaling recess was over? Being active was fun back then and we couldn't get enough of running, jumping, playing on swing sets and playing all kinds of ball games! So maybe it is time to make "exercise" fun again, especially if you are experiencing "motivation issues" to exercise or have "mobility challenges" like Parkinson's Disease and other neurological challenges.

Come find out how to get excited about exercise (recess) again! The Ventura Parkinson's Disease Support Group is pleased to welcome Lisa Oliver, Manager of Title Boxing Club in Newbury Park and Amber Stevens, Associate Executive Director of the Ventura Family YMCA as our special guests on Wednesday, July 11.

Lisa Oliver is the Director of their Rock Steady Boxing program. Lisa's lifelong obsession with the sport of Boxing and commitment to health and fitness led to her dream job in 2013. In March 2014 Lisa and Yvette Israel, both Rock Steady Certified Coaches, helped create and now direct this nationally acclaimed Rock Steady Boxing program created in 2006 in Indiana and tailored specifically for people with Parkinson's Disease. These non-contact boxing classes help Parkinson's Disease sufferers

fight back, take control of their lives, and have hope for the future by improving their balance, agility, endurance, mental focus, hand-eye coordination and overall strength

Amber Stevens is the Associate Executive Director at the Ventura Family YMCA which has been serving the Ventura community since 1887. In her 17 years at the organization, she has an extensive background in aquatics and programming. Amber will share all things YMCA when she visits us at our meeting on July 11th. Are you interested in decreasing pain, improving mobility, flexibility and balance? The Y has something for everyone.

The Ventura Parkinson's Disease Support Group welcomes the public, our members and their care-partners, and new friends who find themselves navigating the challenges of ageing, Parkinson's Disease and other neurological conditions. Please feel free to join us Wednesday, July 11th from 1PM to 3PM at the Lexington Assisted Living, 5440 Ralston Street in Ventura. We are an independent and volunteer-organized group, not affiliated with or a part of any other organization or group. For more information, call me at 805-766-6070.

Thanks to the generosity of the Lexington Assisted Living, our meetings are held monthly. There is a drop-off/loading and unloading driveway in the front of the Lexington Assisted entrance. Extra parking is graciously available across the street in the Baptist Church parking lot. Reservations are not required. Attendees are invited to check in at the front desk for directions to the 3rd floor and sign-in at the meeting so we can keep in touch with you if you would like us to do so.



"Grandpa, I think you are getting it."

Social Security Column

Social Security online

by Jacqueline Zaragoza
Social Security Public Affairs Specialist in
Sierra West Area

Chances are good that you use the internet or a cell phone app every day. Social Security has you covered. We've

Continued on page 16



DEMENTIA SEMINAR

WEDNESDAY, JULY 18TH • 5:00 PM - 7:00 PM

Dr. William Rajala from Assisted Home Hospice will discuss the signs of dementia and what families can do to manage it while ensuring the safety of residents and loved ones. Light refreshments will be provided. Don't miss this informational presentation of services and support available to families.

For more information and to RSVP, please call

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Senior Living

Social Security online

Continued from page 15
created online tools to make the lives of millions of people easier. We've put together a top ten list of easy-to-use resources for you.

Want access to our latest news, retirement planning tips, and helpful information? Social Security Matters is our blog at blog.socialsecurity.gov. There, you can also connect with us on Facebook, Twitter, LinkedIn, and YouTube, where you can watch our popular videos.

Our online calculators, such as the Retirement Estimator, the Life Expectancy Calculator, and the Early or Late Retirement Calculator, can be found at www.socialsecurity.gov/planners/calculators.

Apply for Social Security benefits online. This is the fastest, most convenient way to apply for retirement, spouses, disability, or Medicare benefits without visiting a local office or calling to speak to a representative; we can be found online at www.socialsecurity.gov/benefits.

Lost or missing your Social Security card? Find out how to get a new, replacement, or corrected card at www.socialsecurity.gov/ssnumber. In fact, you may be able to quickly request a replacement card online with a my Social Security account, if you meet certain qualifications, at www.socialsecurity.gov/myaccount.

Verify your annual earnings and review estimates of your future Social Security benefits when you access your Social Security Statement, one

of the many services available with a my Social Security account at www.socialsecurity.gov/myaccount.

Do you have to pay taxes on Social Security benefits? How do you apply for Social Security retirement benefits? What is your full retirement age? Discover the answers to your Social Security related questions at our Frequently Asked Questions page at www.socialsecurity.gov/faq.

Do you own a business? The Business Services Online Suite of Services allows organizations, businesses, individuals, employers, attorneys, non-attorneys representing Social Security claimants, and third-parties to exchange information with Social Security securely over the internet. Find it at www.socialsecurity.gov/bso/services.htm.

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News & Notes



On June 21, the YMCA hosted the World's Largest Swimming Lesson, an event that seeks to break the record for largest Swim Lesson Worldwide. Photos by Michael Gordon.

Ventura Family YMCA gearing up for the best summer ever

At the end of the summer, families want to hear their child had "the best summer ever." To help make that happen, the Ventura Family YMCA is offering Sports camps, Specialty camps, and Day camps for campers of all ages.


This summer there will be a variety of sports camps including Splash camp, Hoops camp, Junior Sluggers camp, Soccer camp, and Sports of All Sorts camp. Sports camp will keep campers in grades 2-5 physically active and engaged, and also foster character development in the form of teamwork and sportsmanship. Sports camps are offered through August 17 at rates of \$170 to

\$175 depending on facility member or program member status.

Specialty camps at Ventura Family YMCA will feature topics including Arts & Crafts, Cooking, and Dance. No matter each child's interest, there is something for everyone. Specialty camps for campers in grades 2-5 will run from July 9 through July 27 at rates of \$170 to \$175 depending on facility member or program member status.


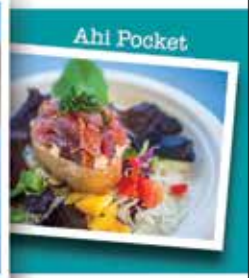


Day camp is also available for campers in Kindergarten through Eighth grade. Day camp will include Rainbow Camp, Voyager Camp, and Adventure

Continued on page 22



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News & Notes

Person to Person

by Jennifer Tipton

What’s your fondest 4th of July memory in Ventura?



Dan Weidler
age 68 /
retired
Navy /
works at
the base
in Port
Hueneme

“We moved here in 1978 and we like going to the fireworks at Ventura College. My wife, Debbie likes to go to the street fair too, but I usually have to work in the morning even on the 4th.”



Karson Fish
age 18 /
works at
The Wharf
“Probably when I was little, going to the college and watching

fireworks with my family. We picnicked and barbequed, and I especially liked the barbequed burgers because burgers always taste better on the 4th of July!”



Savannah Benton
age 23 / works
at
Iron and Resin

“Just being on the beach with my friends and my dog Buddy, surfing and hanging out.”

I asked, “Do you do any fireworks?” “Aren’t fireworks illegal?” she whispered. “Well, we do, but don’t say we do...it’s pretty simple to get them in Fillmore. I like the ones that look like weeping willows, or sparklers – I love sparklers! Wait! Roman Candles – those are my favorite!”



Victoria Beelik
age 50 /
presents
seminars
for large
animal
evacuation
planning
and author

“My fondest memory is sitting on Hollywood Beach, in front of the Rudder Room watching the Quad Police (police that ride quad motorcycles on the beach) busting people that had “over celebrated”. We did that for years, it was hysterical!”



Louise Bailey
age 80 /
worked
as a
waitress at
Vagabond

“Going to my son, Kenny’s when he lived on a ranch off Casitas Vista Road and we’d set off fireworks there. And of course, all those years going to the Pier to see the fireworks. It’s a shame they’re taking away fireworks but it’s not the fireworks that are the problem, it’s the people that are not responsible. But it’s ok cause I’ve got faith, the future generation’s gonna get it right!”



John Christie
age 65 (but
looks 50)/
retired
Sheriff /
works as a
Park
Officer at
Lake Casitas

“In the late 70’s, I took my girlfriend and several of my friends with their girlfriends in my dad’s boat and anchored about 500 yards off the end of the Pier, we could see all of Ventura and the fireworks from there, to see it all – that was my favorite! Now, I get to drive a patrol truck around Lake Casitas and many of the campers barbequing offer me food, they’ll ask, “hey John – want a burger? or hey John – wanna try these ribs?” I love my job!”

Writer’s note: living in Ventura for over 50 years, and I have many fond memories of July 4ths past ... in my teens when I didn’t let go of a cherry bomb soon enough and my ears rang for days! In my mid-twenties when the City did the firework show off the Pier and we’d all pack up the kids and go to the beach. But it wasn’t enough for some folks to just watch, they began to bring their own arsenal and Pierpont beach became Armageddon. My fondest memories are in my forties with the block parties we used to have, neighbors came together, we pulled the Webers to the street, everyone brought side dishes and the kids would decorate their bikes and wagons and have a parade. At dusk, although we could see the fireworks from the college, we had our own, smaller show (thanks to Fillmore). Those kids are all grown now, some have kids of their own and I hope they are creating memories. For me now, it’s all about that street fair!

Happy 4th of July Venturans and stay safe out there!

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Kevin O'Connor
President

News & Notes



The Women of Jewelia presented a check to Turning Point. Photo by Bill Green.

This donation is a result of a group of women from Sandusky, Ohio

At the ribbon-cutting for the new metal shed/homes, that replaced the original domes at River Haven some of The Women of Jewelia (WOJ) Jone Pence, Dale Muegenburg, Tina Osborne, Roz Warner, and Patti Channer presented a check to Jason Meeks from Turning Point for money that was donated by Jenny & Bruce Zembra from Sandusky, Ohio. They also recognized Island Packers for donating trips to the Islands for the Sandusky 6.

The Women of Jewelia were first on board over 10 years ago to donate a dome when River Haven was created. As one of the original sponsors of a dome

they chose to contribute to the new Tuff Sheds because “What we do matters, What we share grows.”

This donation is a result of a group of women from Sandusky, Ohio the Best Cellars Book Club, who in 2015 replicated the Women of Jewelia’s NY Times best-selling book, The Necklace: Thirteen Women and the Experiment that Transformed their Lives.

A chain of events in Sandusky followed when last September (2017) two of the Women of Jewelia, Jone Pence and Dale Muegenburg were invited to represent all of the WOJ at a gala fund

Continued on page 22

GOLDEN FUTURE 50+ SENIOR EXPO

SATURDAY, JULY 14TH 2018

10am – 3pm

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- Networking and Meet & Greet!
- Giveaways / Door Prizes and MORE!

Pre-Register Online at GoldenFutureSeniorExpo.com

Info Line: 424-772-6039 - Also register for free at the door!

The Pet Page



Dedicated to Scamp

The local Valley To Sea Chapter is spon-

Canine Companions for Independence is a national non-profit organization that provides highly trained assistance dogs, free of charge, to people with physical and developmental challenges.

soring an evening fundraiser of Canines & Comedy on July 12th at Levity Live in the Collection in Oxnard. Come laugh, pet some dogs, win some gifts, and get to know this wonderful organization that improves the lives of those with special challenges in our local communities. Contact CCIV2C@gmail.com or call Alan Howell at 206-954-9433 for more information.



On June 30, a summer benefit concert Paws for the Cause was held at the Poinsettia Pavilion to salute and honor the Ventura K9 Police Officers. Besides the K9's it featured live performances by Alex Nester, Mark Masson and COSO Live and games for kids, food and vendors. The event was presented by the Herman Bennett Foundation "Making A Difference". Save-A-Life Thrift Store, Camarillo. www.hermanbennettfoundation.org. Officers Ortega and Miles and Officers Rodriguez and Rover were there (with other K9 officers) to greet the guests and Miles and Rover let people pet them.

Scamp Club

(Scampclub pets are not for adoption.)



I picked his name (Champ) myself and I love him so much. I love all animals including my ole girl Shorty who is not doing well these days. I love Finn, the horse I ride and Coco, my great grandma, Gigi's cat.
My name is Lily, I am 8 years old and entering 3rd grade at Our Lady of Assumption school.
Champ and I both like to shop, especially at Target.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

SPAN Thrift Store

\$10 Low/No Income Spay & Neuter Friday, July 27th in SPAN parking lot. Must call for appointment (805) 584-3823

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ALSO Friday, July 20th Albert H. Soliz Library - El Rio 2820 Jourdan St., Oxnard, CA 93036 Must call for appointment (805) 584-3823

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Kathleen & Stanley



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Will & Dash



Krystallin & Evey



Leticia & Luna



David & Oso

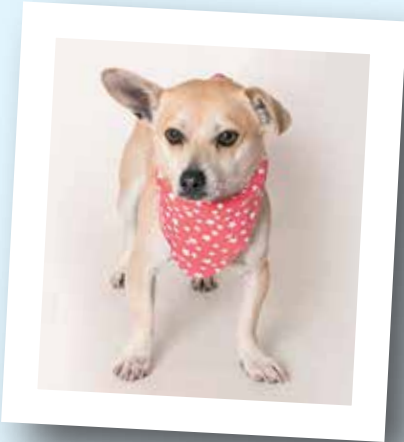
Friday, June 22, marked the 20th annual celebration of Take Your Dog To Work Day®. The annual event, created by Pet Sitters International (PSI) and first celebrated in 1999, was established to celebrate the great companions dogs make and to promote their adoptions from local shelters, rescue groups and humane societies.
Locally the Housing Authority of the City of San Buenaventura celebrated with their dogs at work and lunch of hot dogs of course. The dogs were very well behaved and waited their turn for a hot dog. Photos by Richard Lieberman.

The Pet Page

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

Forever homes wanted

Hi! I'm Kenny a very sweet 2-year-old Chihuahua mix rescued from Animal Services where I came in from a hoarder case with multiple other dogs. I love attention, being carried and being on laps. I enjoy walks, treats and people. While at Animal Services, I was in a run with other dogs and seemed to get along. Once I settle in I'll be able to participate in playgroups at the kennel. I know the C.A.R.L. staff and volunteers will shower me with lots of love and attention, but what I really want is to be a cherished member of a loving family. Canine Adoption and Rescue League C.A.R.L.



Tyson is a big, beautiful Labrador Retriever mix. He is sweet, friendly boy who loves to be petted and give kisses. He just wants a friend who will give him walks (hikes would work too) and attention. Are you looking for your next best friend? Ventura County Animal Services - Simi location - 570 W. Los Angeles Ave. Tyson 633278

THIS SPACE FOR WRITING MESSAGE

While vacationing in Solvang Ventura Breeze Account Executive Breezy Gledhill made sure that the horses knew the latest Ventura news.

GOING ON VACATION? BE SURE TO TAKE THE VENTURA BREEZE WITH YOU AND SEND US A PHOTO WITH A LITTLE INFORMATION ABOUT YOUR TRIP AND EMAIL TO EDITOR@VENTURABREEZE.COM

This 'n' That



Proudly standing in front of the shed that they built is the gang from the NAWIC. Photo by Michael Gordon.

The shed from River Haven

The shed that is now at River Haven was built at the Career Education Center (CEC) at the Camarillo Airport by the National Association of Women in Construction (NAWIC) Ventura County Chapter. It was loaded and hauled to River Haven by McCarty and Sons Towing, who generously donated their time.

Even though some material was donated and privately funded NAWIC is hoping to continue to receive monetary donations to the Ventura NAWIC chapter to help reimburse for the cost of the materials. The entire camp costs, including tool kits, safety supplies, and camp t-shirts (all for the girls keep) as

well as materials and equipment was around \$7,000.

The Ventura County Chapter organizes and sponsors a girl's construction camp one week during the summer each year to teach young ladies the basics of construction, including safety, material handling, hand and power tool operation and heavy equipment operation. They learn other important life lessons along the way such as responsibility, team work and self confidence among others.

The past three camps have included middle school aged girls, while the original camps were for high school ages

Continued on page 21

We are passionate about . . .

SUPPORTING RESCUES

Thomas Fire survivors now in their forever home after weeks of recovery

Since 2015, **Surfcat Rescue & Adoptions** has rescued 135 cats, providing compassionate care, food, shelter and medical services while working to place each cat into their forever home. Your gift supports these efforts and Surfcat's vision of opening a cat lounge, adoption and education center – the “purrfect” place to play with and snuggle adoptable cats. Learn more at www.surfcatcafe.org.

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The fire was like an unpredictable assailant

by **Pilar Sumalpong**
Ph.D., Licensed Psychologist CA PSY 27891, NRHSP #55927

Anyone exposed to the Thomas Fire could have strong and lasting emotional reactions. We all experience fear, danger, loss and grief at some point in our lives but residents of Ventura and Santa Barbara counties are describing classic symptoms of traumatic stress and many are not sure how to cope or don't understand why they feel the way they

do. Some have said "I feel like things are unreal," or describe distortions in time, problems with memory or emotional detachment and numbness. Some want to hide out in their homes and don't feel the same sense of safety when going about their day. Others describe feeling drawn to use substances or alcohol to achieve a greater sense of calm or "normalcy."

Judith Lewis Herman wrote "After a traumatic experience, the human system of self-preservation seems to go onto permanent alert, as if the danger might return at any moment" (1997). For those who lost their homes or property the dust has still not settled. While one part of a person's mind may rationally understand that the danger has passed, the emotional, irrational part of the mind still feels the tension and chaos like a lasting stamp on the nervous system.

When we reflect on the behavior of

News & Notes

the fire itself, it was like an unpredictable assailant, attacking at random. Its behavior was totally unpredictable and there was no negotiating with it. Anyone in close proximity to the blaze was aware on some level that anything could happen. That knowledge or that kind of brush with one's own mortality is a jolt to the psyche that can have a ripple effect lasting months to years.

The key to overcoming traumatic stress reactions may seem somewhat counterintuitive: Confronting the traumatic memory and all the emotions that come with it are the most direct way



Dr. Sumalpong is helping fire victims to achieve a greater sense of calm.

to put the past in the past. Avoidance or suppression of thoughts or feelings delays the natural healing processes of the mind. Recovery is all about delving in and accepting one's emotions as natural and part of moving on.

Confronting and processing emotions can be as simple as talking about everything you went through with trusted friends or family members. Writing about what happened and how you felt and rereading your narrative several times over the span of a few weeks can help you gain different perspectives on your experience.

More structured ways of processing emotions can be achieved by doing some reading or completing a workbook on trauma recovery, attending group or individual therapy. Therapy does not have to be long-term and can be focused on addressing the effects of the Thomas Fire or it can be a lengthier process depending on a person's needs and preferences. As a consumer of therapy a person has the right to ask for the kind of treatment they want.

The most critical piece is to remember not to isolate and withdraw. This is a time for leaning on one another for support and staying connected. Freud wrote "One day, in retrospect, the years of struggle will strike you as the most beautiful" (1960). Trusting that there are things you can do to help yourself and others is what makes this possible.

Dr. Sumalpong may be reached at drpilarsumalpong@gmail.com.

This is not a restaurant review

by **Sheldon Brown**

This is not a restaurant review, because I don't write those. But this is a restaurant comment.

What was once Romano's Macaroni Grill in the Ventura Gateway shopping center (4880 Telephone Road) is now StoneFire Grill. If you were blindfolded

and shown the outside - or inside - of the restaurant, you would have no idea where you were. The interior was taken down to the bare studs and completely remodeled.

The restaurant recently held a pre-opening by invitation only dinner (I, obviously snuck in) showcasing the



Casual fine dining.

restaurant and the food. I was very impressed with both. It is what I would call casual fine dining. Food is served family style but you grab your own place settings, and get your own drinks.

The menu has something for everyone. Pizza for the kids, pastas, sandwiches, great salads, ribs, tri-tip, chicken, fish, you name it, plus beer and wine. It will be necessary to eat there a few times to figure out how to best order, as most dishes come in four different sizes, for one person to enough for many people.

The food was excellent, and we were also served a sampling of their desserts. The carrot cake was spectacular.

I had better not write anymore more, as it's now sounding like a restaurant review. Go check it out - I think you will be impressed.



Dr. Bunny Vreeland has developed Life Enhancement Therapy. Photo by Isabel Lawrence.

Life Coaching – is it for you?

by **Dr. Bunny Vreeland**

Do you know what a Life Coach is? Who uses a Life Coach? How can Life Coaching be beneficial? You might consider Life Coaching if:

You are Stuck – If you have a big decision to make, for example, whether to get married, leave your unsatisfying relationship, change careers, move to a new geographical location, or go after a big dream of yours... Anything. You may be confused with the "voices" in your head, one says its too risky, one says go for it.

You are Lost – if you lack direction or feel guilty, a life coach will help you

Continued on page 22

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This 'n' That

Ventura Botanical Gardens announces Capital Campaign

The Ventura Botanical Gardens (VBG) announced, at its recent Perennial Society event, the launch of their first-ever Capital Campaign. The goals of the campaign include revitalization of the Gardens after the devastating Thomas Fire; plant acquisition for the expansion of the Chilean, California Native and South African Gardens; creation and maintenance for a new nursery and water conservation infrastructure (both naming opportunities for donors), and as the gardens expand in Phase 1, adding additional knowledgeable staff for implementation.

Doug Halter, Co-Chair of the Honorary Campaign committee says: "The Gardens are already one of Ventura's best-loved attractions, but this is only a preface to the story. With this campaign, we'll be better able to deliver value that demonstrates our conviction in realizing our vision. This is a call to action for the Ventura County community to invest generously. It is a singular opportunity for individuals and organizations to become a significant part of an international destination that will unfold in phases over the next 40 years and be enjoyed for generations to come."

"The Capital Campaign fundraising goal is \$4.5M in gifts, of which \$3.5M has already been raised through the silent phase of the campaign," states Barbara Brown, President. "The silent portion was very successful, providing funding for the construction of the Merewether Welcome Center, through the generous support of Mike and Loretta Merewether, and the Schwab Entrance Plaza, a legacy gift given by Miriam Schwab. With that funding we were also able to plant over 1,000 plants, create view sites,

and walkways throughout the gardens."

"The public phase objective is to reach \$500,000 in Community Gift contributions and the remainder through major gifts." Mary Kay Doubek, Community Gifts Chair.

Plant sponsorship donations range from \$500 to \$10,000. Donors can give at VenturaBotanicalGardens.com or by contacting Joe Cahill at (805) 232-3113, ext. 0.

Joe Cahill, Executive Director, continues; "The best botanical gardens adapt to changing times. Because our focus is on sustainability and conservation, the Gardens are and will be relevant for generations. The wisdom in planting species from the Mediterranean climate zones has already proved fruitful, with over 90% of the badly burned plants from the Thomas Fire beginning to show signs of renewal."

Currently, the Gardens are closed due to the Thomas Fire and will remain closed for rehabilitation and construction. The grand opening of the Merewether Welcome Center and the Schwab Entrance Plaza is slated for late summer/early fall. The Gardens themselves will open sometime after that.

Located at Grant Park the Ventura Botanical Gardens' goals include encouraging visitors to strengthen their connection to nature. To find out more, visit www.VenturaBotanicalGardens.com and join on Facebook.

The nonprofit organization is dedicated to creating a botanical garden for the twenty-first century celebrating the Mediterranean climate regions. The setting is a world-class site with spectacular 180-degree views of the California coast and the Channel Islands.

Cabrillo helping the community

The Cabrillo Economic Development Corporation is accepting applications for its Board of Directors.

Cabrillo is seeking candidates who believe in and will actively support the core values, vision and mission of Cabrillo to provide comprehensive housing services that facilitate self-sufficiency for individuals and families who are most lacking in opportunity in Ventura and Santa Barbara counties.

"In 2017, Cabrillo completed its Strategic Plan and identified its key priorities for 2017-2019. One of the five priorities is to build strong, engaged board leadership," said Cabrillo Board President, Dave Sabedra.

Cabrillo is seeking to ensure the board is diverse and representative of the communities it serves and that candidates have a wide range of experience and knowledge.

The Board will review applications on a rolling basis. Self-nominations and third-party nominations will be accepted for both officers and board members, including low-income representatives. Cabrillo requests a three-year commitment of service from successful board candidates.

Applications are available online at cabrilloedc.org/board-directors/. For additional information or to submit an

application, call Cabrillo at 805-659-3791 or email advancement@cabrilloedc.org.

Cabrillo Economic Development Corporation has received a \$330,000 Affordable Housing Program grant for its Snapdragon Place Apartments Phase II project, which broke ground in March.

"The award will allow CEDC to build 22 units of much needed affordable housing, and to provide essential services for the residents. The project is currently under construction so the award will help with the construction costs of the development," said Eduardo Espinosa, Cabrillo's Director of Real Estate Development.

Affordable Housing Program grants are awarded through a competitive application process to Federal Home Loan Bank of San Francisco members working with housing developers or community organizations to create rental or homeownership opportunities for lower-income households.

Cabrillo collaborated with FHLBSF Bank member City National Bank on the grant application.

Cabrillo is developing Snapdragon Place Apartments Phase II in partnership with the Housing Authority of San Buenaventura, which will serve as the property management company.

Snapdragon Place Apartments is a new construction development located at Snapdragon Street and Los Angeles Avenue in East Ventura. Cabrillo

completed Phase I of the project, which included 28 units for farmworkers, in 2015. Phase II will provide another 22 homes.

Phase II will consist of five two-story buildings enclosing a landscaped interior courtyard. The unit mix includes four one-bedroom homes (640 square feet), 10 two-bedroom homes (958 square feet), and eight three-bedroom homes (1,177 square feet).

The development will include 11 special needs units, with four one-bedroom units reserved for homeless veterans through the Veterans Affairs Supportive Housing program and seven non-VASH units. All units, except for the manager's unit, will have Section 8 vouchers for families and individuals with incomes between 30 to 60 percent of the area median income.

Non-profit offers boys and girls fun, safe, supervised environment for volleyball

The United States Youth Volleyball League (USYVL) today announced that registration for the 2018 fall program in Ventura is open. The instructional volleyball league will provide boys and girls ages 7-15 the opportunity to learn and play volleyball in a fun, safe, and supervised environment.

The eight-week developmental league provides participants instruction twice per week that is designed to teach basic volleyball skills in a positive environment. The program is structured around the principles of participation, teamwork, skill development, sportsmanship, and fun. Practices and games operate in a coed format and offer participants the opportunity to develop self-esteem and confidence.

USYVL's Ventura league will begin September 12th and run through November 3rd at Arroyo Verde Park. Practices for the league will be held on Wednesdays 5:30 PM – 6:30 PM and games on Saturdays 10:00 AM – 11:00 AM. Registration for participants is currently available online at www.usyvl.org. The registration price includes a volleyball, t-shirt, and end of season participation award.

USYVL is a volunteer organization that is built around community involvement. Under the direction of the USYVL National

Office, Site Director, Clinician (Volleyball Instructor), parents, and volunteers assist with coaching, equipment set-up, and administrative duties. The league offers multiple opportunities for parents to be actively involved in the success of the program. Individuals interested in volunteering with USYVL can click on the "Get Involved" section of our website.

For information on registration, programs, locations, schedules or volunteer opportunities visit www.usyvl.org or contact 888-988-7985 or info@usyvl.org.

Founded in 1997, the United States Youth Volleyball League is a non-profit youth sports organization that hosts more than 15,000 participants annually, nationwide. USYVL's mission is to provide every child between the ages of 7 and 15 a chance to learn and play volleyball in a fun, safe, and supervised environment. One of the main tenets of the program is to encourage children to do their best with their abilities. With an emphasis on positive reinforcement, the program seeks to build confidence and self-esteem in each child.

The shed from River Haven

Continued from page 19

only. This year 21 girls participated, 8 of them being 12 year old middle schoolers, about 6 being of high school ages and the balance being 13 and 14 year olds. They were mentored by five full time adult instructors and three camp administrators.

The lead instructor, Daniel Bell, is the Construction Technology teacher at Thousand Oaks High School and is also a general building contractor. They were fortunate enough to have Yvan Jose of Oxnard, who just graduated from ACE Charter High School this year, be a mentor for most of the week. He was leaving to compete in the national competition of Skills USA in Louisville, KY, as the California state Skills USA champ. This young man, right here in our own backyard, was representing not just Ventura County but all of California in this prestigious construction skills competition.

NAWIC Ventura has been running the camps since 2010. Each year the curriculum or project has been different. This is their second tiny home, the first being a fancy custom trailer mounted unit that ended up being a tiny home movement teaching model that travels the US.

NAWIC, established in 1955 by a group of women in the Fort Worth, TX area, is a non-profit organization whose core purpose is to enhance the success of women in the construction industry.



On June 29, at 12:52pm the Ventura City Fire Department was dispatched to multiple reports of a fire burning in the Santa Clara river bed near the Ventura water treatment plant. First arriving firefighters reported a well-established fire burning in vegetation around several homeless encampments. Firefighters used three - 20 person hand crews, a water dropping helicopter and 6 engine companies to eventually contain the blaze at 7 acres after 6 hours.

Harbor Blvd. was closed and River Haven was evacuated as a precaution during the course of firefighting operations. Ventura PD and CHP controlled traffic in support of the fire suppression efforts. The cause of the fire is suspected to be from an escaped cooking fire in one of many homeless encampments in the area.

This 'n' That

Life Coaching, is it for you?

Continued from page 20

sort out what your true personal values are and help you get clear on what is important to you as you choose your direction.

You are Unhappy – Simply put, if you're unhappy, you need a change, or... you need to change, or you're under stress and need to sort things out.

You are Happy – This is the best time for a life coach because you're more likely to be open to growth. As a side effect, being happy is a great motivator as well.

You just got out of a relationship – You're starting over, broken-hearted. Working with a Life Coach will help clarify what you want, why it's important to you, and how to get what you want.

You are comfortable – If you have a routine, a comfort zone. A Life Coach can help you step out of your comfort zone and bring back some excitement to your life by realistically challenging you with attainable steps.

You are Scared – We're all scared. A Life Coach will help you name your fears, give you tools to take action, and help you feel differently about your fears.

I'm Dr. Bunny Vreeland. Being a Board Certified Clinical Hypnotherapist and a Life Coach, I have developed something I call Life Enhancement Therapy – accessing the power of the conscious and the sub-conscious mind. I work with a mature clientele, to help them reach their full potential and desired lifestyle. You're a mature adult, you want a mature coach.

With over 30 years of experience, I use a combination of Hypnotherapy, recently developed Motivational Coaching, Image Consulting, Counseling, and a whole lot of real-time life experience.

I'd love to help you break through the roadblocks, identify and smash those barriers that are holding you back, and attain your goals.

My approach is sensitive, thoughtful and creative, but determined. I assist each client in recognizing what makes them special and unique. Real tools. Real skills. Real results.

Call me today at (805) 482-8111 and let's start your journey!

Dr. Bunny Vreeland has been a professional model, an award-winning Color and Image Consultant, Radio & TV Show host, and, for the past 20+ years, a Board Certified, Clinical Hypnotherapist, Life Coach, Ordained Minister and the Founder of the Vreeland College of the Healing Arts, in Camarillo, CA, where she sees clients for Hypnotherapy issues, and teaches accredited Basic and Advanced Hypnotherapy classes on a regular basis.

Ventura Family YMCA gearing up

Continued from page 16

Camp. In each camp, participants will have the opportunity to engage in learning experiences, and take day trips to destinations such as the MOXI Wolf Museum of Exploration and Mothers Beach. Prices for Day camp range from \$160-\$175 depending on facility member or program member status. Dates for Day camp are offered through August 17. For more information about Ventura Family YMCA summer camps please visit ciymca.org/camp.

Summer is the ideal time for kids to

get up, get out and explore. But for some kids, summer means no access to recreational and educational activities to help them learn, grow and thrive during out-of-school time. As a result, some kids can experience learning loss and gain weight twice as fast than during the school year. Attending Ventura Family YMCA summer camp is a wonderful opportunity for kids to keep their minds and bodies active.

"It's imperative that kids stay engaged socially, physically and academically throughout the summer. Summer camp is a wonderful way to ensure that," says Julie O'Brien, Youth Programs Director for the Ventura Family YMCA.

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility. The Channel Islands YMCA serves over 46,000 individuals and provides over \$1.3 million in financial assistance to families in need for child care, YMCA memberships, away and day camps, youth sports, and teen after-school programs. For more information about the Ventura YMCA, visit <https://www.ciymca.org/ventura> or call 805.642.2131.

This donation is a result of a group

Continued from page 17

raiser "Diamonds for Hope" benefiting the Firelands Regional Medical Center-Seidman Cancer Research. The WOJ donated an auction item to the fund raiser, 5 nights at an ocean front house, golfing at the Saticoy Country Club, day trip to Anacapa Island by Island Packers and dinner at home served by them.

Surfrider's strawless challenge

Continued from page 12

them.

The timing of the challenge comes on the heels of AB-1884, a proposed straws upon request law for restaurants that is aimed at plastic pollution prevention, which was approved by the Assembly in May, and is now being considered by the state Senate.

"The Strawless Challenge is a great opportunity to raise awareness about single-use plastic and its impact on marine life," said Bill Hickman, Southern California Regional Manager, Surfrider. "Scientists estimate that by 2050 there will be more plastic than fish in the ocean unless we start to act now. The current amount of plastics in our waterways is a serious matter. In 2017, Ventura Surfrider found over 2550 plastic straws on the Downtown Promenade area alone."

"The major problem with plastics is that they're not biodegradable in our lifetime," continued Hickman. "So, when they break up into smaller pieces, marine and wildlife can mistake them for food. After these toxins are ingested, they wind up working their way up the food chain, and that's harmful not only to other marine life but you and me."

"The statistics for plastics in the ocean is staggering," said Hickman. "The 1980s were a time when scientists first identified a global plastic crisis after discovering that marine life was ingesting and getting entangled in this plastic."

"Then, in the late 1990's, Captain Charles Moore brought to light a huge garbage patch in an area of the Pacific Ocean strewn with plastic debris that was claimed to be twice the size of Texas. This finding led to more research and discoveries that all five ocean gyres (Indian

Ocean, North Atlantic, North Pacific, South Atlantic, and South Pacific) are collecting massive amounts of plastic pollution."

An avid surfer, Hickman began to volunteer for Surfrider after he read a 2003 National Geographic article about the discovery of 200 plastic pieces in an albatross' stomach.

"That article hit home for me," said Hickman who eventually took a full-time position with the non-profit. "I realized marine life doesn't have a voice, and they need our help."

To get restaurants on board, Surfrider has volunteers making the rounds to local restaurants to share more details about the program. As an alternative to plastic straws, Surfrider is advocating offering such options as glass, straw, stainless steel, and bamboo. Participating restaurants are promoted and listed in a special section on Surfrider's website.

"Another main goal with the challenge is to gather information that Surfrider will be able to include in a case study to present to the Ventura City Council," continued Hickman. Many cities have bans on plastic, and we're hoping the information we can provide will help support Ventura's plastic reduction ordinance."

Visit: ventura.surfrider.org/plasticfreebeaches.

Mailbox

Continued from page 4

city, looked into other providers, such as Waste Management that other municipalities across the country utilize? They are a much larger company, are publicly traded, thus having more transparency in contracts with municipalities, in my opinion than a privately held company such as E.J. Harrison, that can seemingly gouge us whenever they feel necessary to make more of the bottom line, \$\$\$\$. Lastly, in this situation, we as residents, homeowners, renters, business owners, strive & can do our best to reduce our consumption with our other utilities we pay. Edison, SoCal Gas, Ventura water etc.. We use less, we pay less. Not the case in this situation. Only goes up.

Thank you,
Jared Verhoeven - Ventura County

Hi Jared:

I want to reply to your inquiry.

On July 1, 2018, residential trash rates will increase approximately 3.5% due to a 1% increase in the Franchise Fee and the annual Consumer Price Index (CPI) adjustment allowed by the Franchise Agreement with the City of Ventura. The new monthly rates are: 34-gallon-\$27.87, 64-gallon-\$30.69, 101-gallon-\$35.35. Depending on your trash cart size, you can reduce the size to meet your home's needs. In addition, Ventura offers the lowest rates for its residents of all of the areas served by Harrison. I understand the frustration of increased pricing, but unfortunately, sorting/processing, labor, and transportation costs keep going up, thus affecting the rates to residents.

Please let me know if you have any other questions, happy to help.

Courtney Lindberg
Environmental Sustainability Supervisor City of Ventura

To opinions

I'm glad to see that someone else is concerned about the work or more specifically the lack of work on the pedestrian overpass bridge. I use that bridge regularly and can't see anything that was done. At most it only needed a little paint and that wasn't done. There are still large chips in the

concrete. What was done?

With regard to the fire dept. response to the fire, the local fire trucks have no mechanism ie. pumps to replenish their trucks with water other than to fill the trucks from fire hydrants. Multiple trucks left the fire when their water tanks were empty, driving by multiple swimming pools that they could have used to fill the trucks if they had had proper pumps to fill the trucks. Apparently the County fire trucks have this capability. This should certainly be corrected before the next fire.

John Edison

John:

Couldn't agree more about the overpass. City told me they will be painting it. If they do they should send a bill to the DOT (Department of Transportation). This is the letter that I sent to the contractor. As expected never heard back from him. Will try to get answer regarding our fire trucks.

Sheldon

Guills, Inc.
313 E. Orange Grove Blvd., #290
Pasadena 91104
Att: Juan Munoz President
Re: Contract 07-290404 Ash St.
Pedestrian Crossing
Dear Mr. Munoz:

I publish the Ventura Breeze newspaper in Ventura. This is from my article in our last issue. I have written about this previously and am sharing with you for your comments and concerns. A copy of this has been sent to DOT Jill Sewell and Shira Rajendra and members of the Ventura City Council.

"In the past, I have commented on the horrible workmanship performed on the pedestrian crossing bridge that runs over the freeway to the promenade."

This is what the work consisted of per the Department of Transportation(DOT): "The department is working with the City of Ventura to provide for a safe and accessible pedestrian overcrossing that gives access to people shopping, recreating and living in the area. This polyester concrete overlay will improve the surface and the replaced handrail will provide comfort and safety for users."

Even though painting was not in the contract for Guills, Inc. of Pasadena, I would think that for almost \$400,000 they could have taken a little pride in their work and spent a day painting it.

I have contacted the DOT suggesting that they do the painting. If they won't, perhaps Ventura could paint it (it reflects upon us) or the Ventura Breeze could have a painting party and we can all paint it. Of course, we would need permission from the DOT and probably need to provide a million-dollar liability insurance policy.

This is, in part from one of our readers. Hi Sheldon,

Thanks for again mentioning that incredible fiasco of a construction project. Hard to imagine that even \$50000, let alone \$400000 was spent on what appears to be poor design, substandard materials, supervision and labor.

Rust now leaks from cracked concrete posts throughout the structure. The uneven hand railing is almost laughable. How the company that built this, Guills, ever received final payment for this makes one wonder about how these officials do business. I don't see coated plastic truly fixing anything.

We deserve better.

Thanks as always!

Name withheld

Yours truly

Sheldon Brown

Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Domestic Disturbance and Discharge of a Firearm into an Inhabited Building

On June 16, at approximately 8pm, patrol officers responded to multiple reports of a domestic disturbance with a gun shot heard inside of a room at a motel in the 800 block of East Thompson Blvd. When officers arrived they spoke with the victim. The suspect, 25 year old David Posey, had fled the location prior to officers’ arrival. While the initial officers investigated the incident, additional officers searched the surrounding area for the suspect and found him hiding nearby.

The investigation revealed that there was a physical altercation that occurred in the room. At one point during the altercation, the suspect fired one round from a handgun into the ceiling of the room. There was an occupied room directly above the ceiling.

At the conclusion of the investigation, the suspect was booked into Ventura County Jail on the misdemeanor charge of domestic battery and felony discharge of a firearm into an inhabited building.

Felon in Possession of a Firearm

On June 16 at 6:60am, the Ventura Police Command Center received a 911 call of a possible kidnapping in progress involving a Blue Chevy Malibu vehicle.

When officers arrived on scene they contacted two 16 year old female victims. During the course of the investigation officers were able to determine that the suspect had been involved in an argument with the two victims and threatened to harm them. The suspect, 18 year old Bakersfield resident Tyequez Baker, demanded the victims get out of the vehicle or he would harm them and brandished a hand gun. The victims got out of the vehicle and one of the victims reached into the vehicle to get her cell phone, which was still inside the vehicle. As she reached through the open window the suspect rolled up the window, trapping the victim’s arm. The suspect then drove out of the parking lot into the street and through an intersection dragging the victim, whose arm was still trapped in the window. The suspect pulled into another parking lot and the victim was able to free her arm from the window. The suspect drove the vehicle from the scene and was last seen entering the 101 north bound at Johnson.

A few minutes later a member of the Ventura Police Department Patrol Taskforce that was working in the downtown area noticed a vehicle matching the description of the suspect vehicle traveling on the northbound 101 freeway at a high rate of speed and attempted to make an enforcement stop to investigate. The vehicle sped up and refused to yield. The officer along with another Ventura Police Department Patrol officer pursued the vehicle on the freeway for approximately 18 miles. During the pursuit the suspect threw several items from the vehicle including a loaded handgun. The suspect was finally stopped just north of La Conchita and taken into custody without incident. All of the items that were thrown from the vehicle were recovered, and the firearm was found to be stolen out of Bakersfield.

Vandalism to Church

On June 24, at approximately 7am, officers responded to a possible in progress burglary to the residence at the Ventura Mission. The residents were inside when they heard a loud noise at the front door. When they checked, they found the front door had been forced/ broken open and the suspect was inside. When officers arrived, the suspect, 33 year old Ventura resident Daniel Gutierrez, was uncooperative and refused to exit the residence. After numerous attempts to get the suspect to come outside, the officers deployed the K9 and the suspect immediately surrendered. At the conclusion of the investigation, the suspect was booked for vandalism to a church (felony), unlawful entry into a residence (misdemeanor), possession of methamphetamine (misdemeanor) and possession of narcotics paraphernalia (misdemeanor). No one was injured during this incident.

Why Wasn’t he in Jail?

On June 25, at approximately 10:45pm, the Ventura Police Department Command Center received a call of a subject on a bicycle casing vehicles near the WAV in the 100 block of S. Ventura Ave. The caller reported that the same subject, later identified as 28 year old vagrant David Kocalis, had possibly broken into his vehicle earlier in the month and returned. Officers responded to the call and detained Kocalis.

During the investigation, officers viewed a surveillance video from the previously reported burglary and positively identified Kocalis as the same suspect. He was arrested and later booked into the Ventura County Jail for burglary.

According to the Ventura County Superior Court website, Kocalis was convicted of five separate offenses in 2016: resisting arrest, petty theft, possession of controlled substance and possession of stolen property. In 2017, he was convicted of resisting arrest and petty theft. In 2018, he was convicted of resisting arrest.

Why Wasn’t he in Jail?

On June 25, at approximately 6:45pm, officers responded to a call regarding a suspicious occupied vehicle in the 600 block of Moses Lane. The vehicle was reported stolen. When officers arrived, they ordered the suspect out of the vehicle, but he did not cooperate. The suspect, 24 year old Ventura resident James Deckers, started the vehicle, rammed a nearby parked vehicle and fled from officers. Officers briefly pursued after the suspect, but they discontinued the pursuit when the suspect began driving on the wrong side of the roadway on both Johnson Drive and Telephone Road. The suspect continued to flee the area until he ultimately parked the vehicle near an apartment complex in the 8000 block of Telephone Road and fled into the nearby neighborhood. The Ventura Police Command Center then began receiving additional calls from concerned residents reporting that the suspect was running through their yards. Officers began searching for the suspect in the neighborhood, and while the suspect was fleeing from them, he forced his way into an occupied home in the 8000 block of Emerald Street and hid from officers. After a lengthy search, the suspect was located and taken into custody inside of the house where he was hiding.

According to the Ventura County



“How are your cats, Carol?”
“They are wonderful!”
My Daily Greeting
by Carol Joliff - Resident

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Superior Court website, in 2018 Deckers was convicted of driving under the influence and possession of narcotics paraphernalia. Additionally, he was also arrested for theft, resisting arrest and possession of stolen property.

Grand Theft, Identity Theft, Check Forgery - Arrest

In March of 2017, the victim, a private business owner from Ventura, had an audit conducted on his finances and learned that his financial assistant, 42 year old Thousand Oaks resident Sarah Coleen Peet, had stolen in excess of \$100,000 from him over the course of approximately 3 years. The victim fired Peet and later called the Ventura Police Department to file a report.

Over the next several months, Major Crimes Detectives authored search warrants for bank records that revealed Peet had in fact been fraudulently transferring money from the victim’s account into her own personal account for the past several years. Furthermore, it appeared she was currently doing the same with her new employer, a business in Ventura, where she was working as an accountant. Detectives contacted her new employer, and after an audit was done, they learned Peet had stolen over \$60,000 from them.

On June 27, at approximately 7am, Detectives contacted Peet near her residence in the 1700 Block of Orinda Ct., in Thousand Oaks. Peet was taken into custody without incident, and detectives executed a search warrant at her residence. Peet was later booked at the Ventura County Jail for grand theft, identity theft and check forgery, all felonies.

According to Ventura County court records, in 2003 Peet was convicted of grand theft and theft by computer access. If you have had any business interactions with Sarah Peet, and believe you may have been a victim, please call Det. Ed McCain at (805) 339-4478.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

6-14 2:15pm, contacted by an individual reporting his vehicle is stuck in the sand in the secured lot at the end of Spinnaker Drive. Officers responded and towed the vehicle out of the sand and issued warning for driving off designated road.

6-17 3:03pm, officers received a report of a missing person at Harbor Village near the Carousel. After a brief search the child was reunited with the parents. 11:05pm, received a report of a female screaming on the beach at Harbor Cove from VWM security. Officers responded and found a young couple was horsing around on the beach. They were issued a warning for beach curfew.

6-19 9:50pm, while on patrol, officers observed an individual slumped over a steering wheel parked caddy-whompus. Contact was made and the individual was just waiting for her boyfriend to let her into VWM parking lot.

6-21 2:55pm, received dispatch to a water rescue, kite surfer in distress. Officers responded and assisted VFD, State Parks with the victim. No injuries were sustained and harbor patrol transported all of the gear to the harbor.

6-23 1:00pm, while on patrol officers observed SUP paddlers beset by the strong south winds (25kts). They were taken aboard the vessel back to the rental dock in the South Basin of the Harbor.

6-24 10:20am, received a request for safe harbor from a transient sailboat heading South to Marina Del Ray. The vessel was granted an emergency mooring at the launch ramp due to the weather/Small craft advisory.

10:07pm, received a dispatch to an assault victim on the promenade near Marina park. Officers responded and were unable to assist due to the location.

Weekly SUDOKU

Answer

7	8	3	9	1	5	2	6	4
6	2	5	4	3	7	9	1	8
1	9	4	2	6	8	7	5	3
5	7	6	1	8	2	4	3	9
3	4	2	6	5	9	1	8	7
8	1	9	7	4	3	6	2	5
9	3	1	5	2	4	8	7	6
4	6	8	3	7	1	5	9	2
2	5	7	8	9	6	3	4	1

King Crossword

Answers

Solution time: 21 mins.

C	G	I		A	T	M		J	O	W	L
H	A	D	J		W	H	Y		A	W	E
O	L	L	A		N	O	R		N	E	E
W	A	Y	N	E		U	R	D	U		
			U	R	N		H	E	A	R	T
B	E	L	A	R	U	S		C	R	O	A
A	C	E	R		T	O	T		Y	U	L
T	R	A	Y	S		S	U	B	J	E	C
H	U	F	F	E	D		B	O			
			I	T	E	M		A	N	T	I
S	T	A	R		B	U	D		E	A	R
E	E	L	S		I	C	Y		S	T	O
W	E	L	T		T	H	E			E	N



by Pam Baumgardner
VenturaRocks.com

There's no denying it's Summer what with the Fourth of July at hand and Surf Rodeo just around the corner, and what better to celebrate than with live music? The City's 4th of July Downtown Street Fair, which runs 10 am – 5 pm, will not only have tons of vendors, and food, but there will be plenty of live music from The Mighty Cash Cats, Raised on Vinyl and 805 Rhythm. To avoid looking for parking, why not ride your bike? The City is providing a free bike valet on California near Main Street.

Along with their Saturday and Sunday afternoon music lineup, Topa Mountain Winery will host a fundraiser for Safety Harbor Kids on Friday, July 6 featuring Paul Barrere, Fred Tackette and friends of Little Feat; Shaky Feelin' will open.

The Ventura Music Festival runs July 12th through the 22 at a handful of venues throughout the City. Just a couple highlights include the John Jorgenson Quintet at Olivas Adobe on Thursday, July 12; double Latin Grammy winner, Diego Garcia at the Ventura College Performing Arts Center on Friday, July 13; there will be a free concert with Jarabe Mexicano on Wednesday, July 18 at Mission Park. For the complete line up and ticket information, go to www.VenturaMusicFestival.org.

Dust off the cowboy hat and get your sunscreen ready for this year's Surf Rodeo over the weekend of July 14th and 15th at Pierpont Beach at Seaward. There's plenty to do between the vendors along Seaward, the surf competition, bikini cowgirl contest and the Cornhole tournament, but of course my favorite reason for going would be all the great music. Along with a bunch of amazing local bands, JD Drury is bringing Fishbone, the Long Beach Dub Allstars, Shwayze, and the Untouchables to town. Confidence is high this one will be for the books!

Quick notes: The Garage is kicking it up a notch with Hard Six and Stock Shot on Friday, July 6, it's a full line up starting at 5 pm on Saturday, July 7 with Char-Man, Slow Season, Sweet Reaper, Glam Skanks, The Pullmen and The Birth Defects, and then the following week on Friday the 13th it's Negative Approach, Stalag 13, Take Offense and Skullcrack; Shawn Jones returns from his most recent European tour with a show at Grapes and Hops on Saturday, July 7, and again on Saturday, July 14, at The Star Lounge; on Saturday, July 7, Art City Gallery and Studios is hosting a Summer Jam with Herbal Rootz, Bomba Fiya, Crying 4 Kafka and more, they're asking for a \$10 donation at the door; the Second Sunday Supper at Plan B Winery will feature reggae with Soltree on Sunday, July 8; and finally, it's "Latin meets Jazz" with Justo Almario, internationally renowned jazz saxman at the Hong Kong Inn on Tuesday, July 10.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

- Art City Gallery and Studios**
197 Dubbers Street
Sat 7/7: Herbal Rootz, Bombafiya, Crying 4 Kafka, Spinz
Blue Agave
185 E. Santa Clara
Fridays: Live Mariachi Band
Sat 7/7: MisUnderstood
Boatyard Pub
Ventura Harbor Village
Mondays: Milo
Tuesdays: Jason Ho
Wednesday: Mark David McKinnis
Thursdays: Bluegrass Jam
Café Fiore
66 S. California Street
(805) 653-1266
Thurs 7/5: Rick Whitfield
Fri 7/6: Otis Hayes
Sat 7/7: Babylon Rockers
Sun 7/8: Babylon Rockers
Tues 7/10: Bernie Meisinger
Wed 7/11: Donna Butler
Thurs 7/12: Coso Live
Fri 7/13: The Collective
Sat 7/14: Party Crashers
Sun 7/15: Casey Jones & the Reggae Train
Tues 7/17: Donna Greene
Cask Alehouse
5952 Telegraph Road
Sat 7/7: Sarah Lightman
Sun 7/8: Will Breman
Sat 7/14: Leslie Bixter
Sun 7/15: Eric Knierim
The Cave
4435 McGrath Street
5:30 – 8:30 pm
Weds & Saturdays: Varon Thomas
Thurs & Fridays: Warren Takahashi
Copa Cubana
Ventura Harbor Village
Week nights 6 pm; Weekends 7 pm;
Sundays 3 pm
Mondays: Bill Macpherson
Tuesdays: The Jerry McWorter Trio
Wednesdays: Creative Open Mic Jazz Jam
Fri 7/6: Brandon Ragan Project
Sat 7/7: Havana Cino
Sun 7/8: Kenny's House Troubadours
Fri 7/13: Lorenzo Martinez Brothers
Sat 7/14: Havana Cino
Sun 7/15: Brandon Ragan Project
Discovery
1888 Thompson Blvd
Sat 7/7: Master of Puppets
Sun 7/8: Shaky Feelin'
Thurs 7/12: Marlon Asher
Fri 7/13: The Spazmatics
Sat 7/14: Corazon de Mana
Downtown Ventura
4th of July Street Fair
10-5 pm
Wed 7/4: Might Cash Cats, Raised on Vinyl, 805 Rhythm
El Rey Cantina
294 E. Main Street
Fridays: Xoco Moraza & Friends (5-7 pm)
Saturdays: DJs
Sat 7/7: Jan Michael and the Vincents
Four Brix Winery
2290 Eastman Avenue #109
Music 5:30 – 7:30 pm
Fri 7/6: Collette Lovejoy Band

- Fri 7/13: Crooked Eye Tommy
Garage
1091 Scandia Avenue
Fri 7/6: Hard Six, Stock Shot
Sat 7/7: Char-Man, Slow Season, Sweet Reaper, Glam Skanks, The Pullmen, The Birth Defects
Fri 7/13: Negative Approach, Stalag 13, Take Offense, Skullcrack
Golden China
760 S. Seaward
(805) 652-0688
Karaoke seven nights a week 9 pm
Tuesdays 7 pm: Open Mic
Fri 7/13: Dark Synth Night
Grapes and Hops
454 E. Main Street
Wed 6 pm; Thurs 7 pm; Fri & Sat 8 pm, Sun 4 pm
Fri 7/6: Hunter & the Dirty Jacks
Sat 7/7: Shawn Jones
Sun 7/8: Morganfield Burnett
Wed 7/11: Bluegrass Jam
Fri 7/13: Jodi Farrell
Sat 7/14: Ray Jaurique
Sun 7/15: Dive Bar Messiahs
Harbor Cove Café
1867 Spinnaker Drive
Music 4-8 pm
Fri 7/6: Jill Martini & Shrunkn Heads
Sat 7/7: Warren Takahashi Trio
Sat 7/14: Rachel Sedacca's Scarlet Fire
Hong Kong Inn
435 E. Thompson Blvd
Wednesdays: Open Mic w/ the Beers Bros
Thursdays: Gypsy Blues Band
Fri 7/6: Hi Hat Ent. presents Albert Lee
Sun 7/8: Del Franklin
Tues 7/10: Justo Almario
Fri 7/13: Grant Langston & the Supermodels
Leashless Brewing
585 E. Thompson Blvd.
Tuesdays: Galactic Jazz
Thurs 7/5: Alec of Bad Leaf
Fri 7/6: The Inside Break
Wed 7/11: Mark Masson
Fri 7/13: Tom & Milo
Limon y Sal
598 E. Main Street
Friday and Saturdays: DJ
Sundays 1-4: Instone
Made West Brewing
1744 Donlon Street
Thurs 6 pm; Sat 4 pm; Sun 3 pm
Sat 7/7: Jeff Uzzel
Sun 7/8: Sea at Last
Thurs 7/12: RJ Bloke
Sat 7/14: Cap Quirk
Sun 7/15: Kyle Swan
Margarita Villa
Ventura Harbor
Fri and Sat 6 pm; Sun 4 pm
Mondays: Bobby Campbell
Tuesdays: Dave Rea
Thursdays: Keith & Friends Open Jam
Fri 7/6: James Broz
Sat 7/7: Crosscut 805
Sun 7/8: Colette Lovejoy Band
Wed 7/11: Karen Eden
Fri 7/13: Operation 70s
Sat 7/14: Rayray and the Posse
Sun 7/15: Doc Rogers Band
Namba
47 S. Oak Street
Sat 7/14: Duo Subito
Native Eye
On Pier 668 Harbor Blvd
Sat 7/14: Malaena Cadiz, Lake Mary, Paul DeHaven (7 pm)
O'Leary's
6555 Telephone Road
Wed: Karaoke
Fri 7/6: The Swillys
Fri 7/13: Live Band Karaoke
Olivas Adobe
4200 Olivas Park Dr
Thurs 7/12: Ventura Music Festival presents John Jorgenson Quintet
Sat 7/14: Music Under the Stars presents British Beat
Pierpont Beach

- End of Seaward**
10 am – 9 pm
Sat 7/13: Surf Rodeo presents Fishbone, Long Beach Dub Allstars, Beebes and her Money Makers...
Sun 7/14: Surf Rodeo presents Shwayze, Joyce Manor, Yachtley Crew, The Untouchables, Highway Starr...
Pierpont Inn
550 San Jon Road
Fri 7/13: Ventura Music Festival presents Tea & Trumpets with Festival Brass Quin.
Plan B Wine Cellars
3520 Arundell Circle
Fri 6pm; Sun 4:30 pm
Fri 7/6: Teresa Russell & Stephen Geyer
Sun 7/8: Soltree
Sun 7/15: Rob Van & Cougar Estrada
Sandbox Coffeehouse
204 E. Thompson Blvd
805-641-1025
Thurs 6 pm, Weekends noon
Thursdays Open Mic
Sat 7/7: Redwing
Sun 7/8: Addison Street Trio
Sat 7/14: Steve Bedau
Sun 7/15: Eaton Young
Sans Souci
21 S. Chestnut
Sundays: DJ Darko
Mondays: Karaoke
Tuesdays: DJ Nick Dean
Wednesdays: Open mic
Thursdays: DJ Spinobi
Fri 7/6: DJ Pistolero
Sat 7/7: The Brutalists
Fri 7/13: King's Revenge
Sat 7/14: Royal Lush
Star Lounge
343 E. Main Street
Sunday music 3 -6 pm
Wed 7/4: The Bomb (4-7 pm)
Thurs: DJ Trovlbe
Fri 7/6: CRV
Sat 7/7: Los Locos
Sun 7/8: Bomba Fiya
Fri 7/13: Vanise Terry Band
Sat 7/14: Shawn Jones
Sun 7/15: True Zion
The Tavern
211 E. Santa Clara Street
(805) 643-3264
Sundays: DJ Steezy Steve
Tuesdays: Karaoke
Thursdays: Get Right DJ
Sat 7/7: The Guitar & Whiskey Club; King's Revenge
Sat 7/14: CloudRunners
Topa Mountain Winery
821 W. Ojai Avenue, Ojai
(805) 640-1190
Saturdays 5-7; Sundays 4-6 pm
Fri 7/6: Paul Barrere, Fred Tackett & Friends of Little Feat (6 pm)
Sat 7/7: Brandon Ragan Project
Sun 7/8: Amber & Smoke
Sat 7/14: The Dales
Sun 7/15: The Rose Valley Thorns
Ventura College Performing Arts Center
4700 Loma Vista Road
Fri 7/13: Diego Garcia El Twanguero
Sun 7/15: Trio Celeste
Winchester's
632 E. Main Street
(805) 653-7446
Music at 8:30 pm; Sundays at 2:30 pm
Fri 7/6: Ashun
Sat 7/7: Medicine Hat
Sun 7/8: Tommy Marsh with Guy Martin
Fri 7/13: Dos Dudes
Sat 7/14: The Swillys
Sun 7/15: Karen Eden
The 805 Bar
Ventura Harbor
Music at Sat & Sun
10 am Al Macias; 1 pm Kenny Devoe
Fridays 5-7: Sing-a-long w/ Kenny Devoe
Fridays 8 pm: Troy



Madison Lonis, age 18, will be a senior class member at Buena High School this Fall. A great emerging artist she is in the advanced art class with art teacher Mrs. Rappatoni. Madison has been painting since early childhood and has done several commissioned works. Recently, Madison was part of the All Ventura Unified School Dist. Art show at the Ventura County Museum. At the show she sold two of her very large art pieces.

As part of their on-going community efforts, the Harbor Village Gallery is offering a space, for free, to high school art students for one month. They intend to do this 4 times a year. They will give each student a full gallery operational program of hanging art, greeting the visitors, and making sales. And also include a year's membership in the Buena Ventura Art Association. Madison's show began on Sunday, July 1 and will run for the entire month. You might be lucky enough to meet her on some Sunday in July. If you do you won't believe that she is only 18.

The Harbor Village Gallery & Gifts is part of the Buena Ventura Art Association. Local artists share this space and their love of art. All pieces are locally made by members. Featured artists are showcased monthly. Visit their website to find out more about the non-profit Buena Ventura Art Association. www.buenaventuragallery.org



Arts & Eats will be held in downtown Ventura on Saturday, July 21 from 6 – 8pm. Fifteen galleries, restaurants and shops open their doors for art receptions and complimentary tastes. The event is free to the public.

Richard Franklin and Susan Seaberry will display their artwork at Fox Fine Jewelry from July 12, – September 9, with an Art Reception on July 21 from 6 – 8 pm. Musician George Spike will sing and play guitar during the reception.

Richard Franklin was born in Berkeley, CA and has studied art across the country and Italy. He has studied fine arts including drawing, pottery, and ceramics.

Susan Seaberry, blends romanticism and classicism, has created art her whole life. She says, "It's always been art. It's always been my main focus."



If you can get to Bell Arts Factory before school starts you might meet **Gabriela Molina**, a young artist who has been given a studio there until school starts. Gabriela has been attending Bell Arts kid's program since she was five. She stated "as I reflect on my years spent at Bell Arts it is evident that it's played a key role to my artistic growth and my desire to pursue a career as an art educator. I will dedicate my remaining months at Bell Arts as a guest artist." This wonderful artist will be attending UC Riverside in pursuit of a Bachelors in Fine Arts degree.



Portrait of Elisse Pogofsky-Harris by Donna Granata, Focus on the Masters Portrait Series 2004.

Elisse Pogofsky-Harris (1941 - 2018)

Local acclaimed artist Elisse Pogofsky-Harris passed away on June 23 from Parkinson's disease. Elisse was born in Chicago and received her degree in art from the University of Michigan. Her art career was rich in experiences as diverse as her work. Elisse was community minded, serving as the past president of the Ventura County Arts Council and board member of Women Beyond Borders of which she was a founding member. She remained an active member of both Ojai Studio Artists and Santa Barbara Printmakers.

Her work has been exhibited in the United States and abroad and can be found in the collections of museums, corporations, universities and libraries and in public and

private collections. To learn more about Elisse Pogofsky-Harris visit: www.Pogofsky-Harris.com.



Some of the wonderful water colors by Beverly Cunningham can be viewed in the lobby at the Poinsettia Pavilion. Others at beverlycunningham.com. (805) 659-1489.

Lighter Breeze

Mother Goose and Grimm



Tiger



Arctic Circle



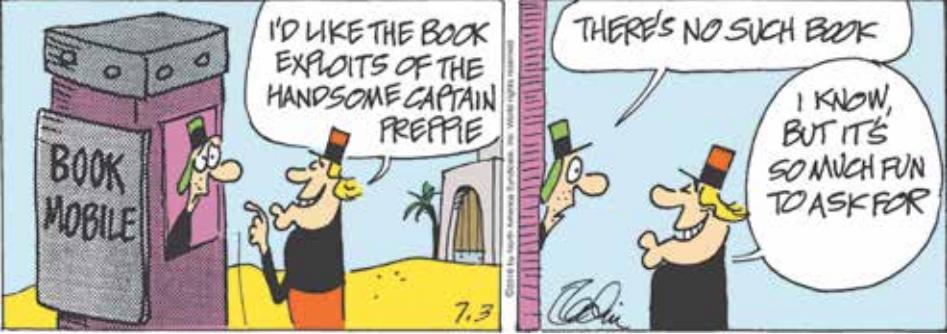
Beetle Bailey



The Brilliant Mind of Edison Lee



Crock



Solutions on page 23

(For a beginners guide to playing Sudoku go to venturabreeze.com)

		3		1		2		
6			4					8
	9				8		5	
5				8		4		
		2	6					7
	1				3		2	
9			5					6
4		8		7			9	
	5				6	3		

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 23

King Crossword

ACROSS

- 1 Hollywood's Photoshop-ing? (Abbr.)
4 \$ dispenser
7 Cheek by —
11 Pilgrimage to Mecca
13 "How come?"
14 Overwhelms
15 Earthenware pot
16 Neither partner
17 Require
18 Westerns star John
20 Language of Pakistan
22 Grecian ves-sel
24 Red suit
28 Former Soviet republic
32 Zagreb resi-dent
33 Computer brand
34 Youngster
36 Christmas
37 Salvors
39 Topic
41 Blew hard
43 Greet the vil-lain
44 Thing
46 Prank
50 Celebrity
53 Unopened flower
55 Noble title
56 Congers, e.g.

1	2	3		4	5	6		7	8	9	10
11			12					13			
15					16				17		
18				19		20		21			
			22		23		24			25	26
28	29	30				31		32			
33					34		35		36		
37				38		39		40			
41					42		43				
			44			45		46		47	48
50	51	52			53		54		55		
56					57				58		
59					60					61	

DOWN

- 1 Food, slangily
2 Festive
3 Without doing anything
4 Plant bristle
5 Command-ment starter
6 Gift from the wise men

- 7 She's Betty in "Mad Men"
8 Have bills
9 Tiny
10 "Acid"
12 New Year's Day
19 Mess up
21 Calendar abbr.
23 Almond or pecan
25 Libertine
26 Body powder
27 Proofreading directive
28 Dog owner's chore
29 Beige
30 Symbol on
31 "Help!"
35 Place for 28-Down
38 Prepared
40 Feathery neckpiece
42 Subtraction from an account
45 Lots
47 Actor Donovan
48 Press
49 Dressed
50 Stitch
51 Golf prop
52 Everybody
54 Coloring agent

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Think carefully before reacting. **LIBRA** (September 23 to October 22) Your loving attention comforts a family member who is feeling a bit out of sorts. But be careful to prioritize your time so you don't neglect your work duties.

ARIES (March 21 to April 19) Don't be Sheepish about asking questions and demanding answers. You not only gain needed information, but also respect for your steadfast search for the truth.

TAURUS (April 20 to May 20) A money problem that shows up early in the week is expeditiously resolved by savvy Bovines who know how to turn a momentary financial lapse into a monetary gain.

GEMINI (May 21 to June 20) It's a good time to shed negative energy-draining forces and develop a positive approach to handling current, as well as upcoming, personal and/or professional situations.

CANCER (June 21 to July 22) Your urge to do your best on a current task is commendable. But don't let it become all-consuming. Spend some spiritually restorative time with those who love you.

LEO (July 23 to August 22) This could be a good time for all you Leos and Leonas to take your bows for your recent achievements and then go off to enjoy some fun times with your prides and joys.

VIRGO (August 23 to September 22) A negative response to a well-intentioned suggestion could communicate a sense of distrust you might later find hard to refute.

SCORPIO (October 23 to November 21) Your curiosity might be resented by some. But those who know you will support your penchant for never settling for less than the truth. So stay with it.

SAGITTARIUS (November 22 to December 21) A pesky situation from the past recurs, albeit in an altered form. Deal with it promptly before it can go from merely irksome to decidedly troublesome.

CAPRICORN (December 22 to January 19) Don't wait too long to submit your proposals after giving them a last look-over. If necessary, you should be able to defend any portion called into question.

AQUARIUS (January 20 to February 18) A bid to use your workplace dispute-settling skills in another situation is tempting. But be careful: You might not have all the facts you'll need if you agree to do it.

PISCES (February 19 to March 20) That sense of self-doubt is so untypical of you, you should have no qualms in shaking it off. Remind yourself of all you've done and can do, and then do it again.

BORN THIS WEEK: Your ability to charm others without sacrificing sincerity is what makes people want to follow your leadership.

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Show Time

Won't You Be My Neighbor?



Breeze rating from 1 to 4 palm trees, 4 being best.

by Manuel Reynoso

Won't You Be My Neighbor? is a 2018 documentary film directed by Morgan Neville and edited by Jeff Malmberg and Aaron Wickenden. The film about the life of Fred Rogers and the themes of his television show.

A documentary on the life of a truly wholesome individual. Every minute of it is a bombardment of one man's sentimentality and passion for children. I've haven't seen so much hope and so much inspiration emitting from a single person. While he was fallible and with his own moments of weakness, he set his course in life to be the best person he could be for the sake of children everywhere. With this much positivity, I have to ask, where are all these tears coming from?

Now maybe I'm overly sensitive, but that can't explain the sniffles I heard all throughout the theater. No, this documentary was something special. So much of it was spent talking about feelings, whether those of Mr. Fred Rogers or the feelings of children. It really is special to see so much respect for something that isn't taken seriously so much of the time. It touches people, and it left both me and my girlfriend a quivering mess. That's where the power in this documentary lies, in its ability to reach others and remind ourselves of the vulnerability of childhood.

All this wouldn't have been possible without some really impressive technical know-how. Editing tends to be what carries a documentary, and Won't You Be My Neighbor has some really impressive editing from beginning to end. It's carries the familiar fast pace editing style of a documentary while also having a patient and methodical rhythm to it. While these two styles feel like they should be at odds with each other, it ends up delivering the soft and patient feel we associate with Mr. Rogers. It's that success that makes this documentary so pleasant and easy to watch.

As for the documentary itself, it's absolutely interesting. Whether you grew up with Mr. Rogers in your household or not, the man really leaves a colossal impression on you. All of his triumphs, his losses, and his insecurities are all laid out for you in a deeply personal story, that at times may come off a tad bit aggrandizing. It's also very safe with the content it shares. Lots of what the film goes over has already been highlighted before. So previous fans of Mr. Rogers may see a lot of what they have already known.

Won't You Be My Neighbor really boils down to a feel good documentary. To the point where it might even leave you in tears. It's not groundbreaking, but it is still an exceptional piece of work. There is so much to love about Fred Rogers, and whether you already fell in love with his quirky, quiet demeanor, or you are learning about him for the first time, there is something for everyone to love in this film. Rated PG-13 1h34m

A View from House Seats

Beautiful music and intriguing story onstage in Ojai

by Shirley Lorraine

An exploration of Ludwig van Beethoven's laborious journey in penning variations to an otherwise mediocre waltz by Anton Diabelli is now on stage in 33 Variations at the Ojai Theatre Center Playhouse.

The commission of variations to his work by more well-known composers was in hopes of elevating Diabelli's own work to greatness. Things didn't quite work out that way as Beethoven, who originally turned down the commission, became enamored by the work and ultimately devoted a great deal of his own life to it.

Ablly directed by Richard Camp, the audience is guided through a fascinating trip through time, motivation and determination as well as learning how Beethoven struggled with his own muses and ultimately his loss of hearing while still composing great works.

The play by Moises Kaufman highlights the focused research by musicologist Dr. Katherine Brandt (Tracey Williams Sutton) whose life ambition is to unravel the mysteries behind the genius' work. To delve deeply into the writings, she must spend time in Bonn, Germany pouring through archives of Beethoven's notations.

Archivist Dr. Gertrude Ladenburger (Lynn Van Emmerik) slowly warms to Dr. Brandt, ultimately providing assistance, friendship and emotional support for the project and for the researcher. Dr. Ladenburger is at first disapproving of the "intruder" into her beloved archives, but gradually warms to a fully likeable character as their bond grows.

Adding to the Doctor's plight is her declining health due to ALS (Lou Gehrig's Disease) as well as a strained relationship with her daughter Clara (Andra Belknap). Clara reluctantly falls for her mother's nurse (Devin D. Dornbos) and together they learn to cope with the many difficulties that arise.

Brandt's journey takes place in the present, while explanatory actions are also staged in the 1800's to show interactions between Beethoven (Cecil Sutton) and Diabelli (Sean Love Mason) that may have taken place. Beethoven's loyal henchman Anton Schindler (R. Shayne Bourbon) provides additional insights into the creative mastermind behind the music.

Underscored throughout with Beethoven's compositions played by highly talented pianist Aaron Embry, the result is simply mesmerizing. The evening would have been exemplary with just the concert. However, the play fills in the blanks we didn't know were there and adds depth on many levels to make the music even more enjoyable.

Ms. Williams Sutton's portrayal of the obsessed and brilliant Dr. Brandt is stellar. She easily brings forth the singlemindedness of Dr. Brandt as well as her inner strength in the face of myriad challenges.

As the musical genius Beethoven, felt to be the greatest composer of all time (quite a role to fill!), Cecil Sutton brings forth the eccentricities of creativity with passion.

FREE CONCERT

VENTURA MUSIC FESTIVAL

Presents

Wednesday, July 18 | 5:00 pm | Mission Park, Ventura

JARABE MEXICANO

The electrifying Jarabe Mexicano quintet combines traditional mariachi instruments with lively percussion and a Spanish and English songbook that includes cumbias, revamped DooWop and other American classics.

Bring low chairs, picnics, and expect to have a great time!

Co-sponsored by Downtown Ventura Organization

Full July concert lineup at www.VenturaMusicFestival.org

In the role of Anton Diabelli, a composer of lesser renown, Sean Love Mason gives a glance into the type of man he may have been.

A simple yet highly effective set designed by Steve Mitchell as well as well thought out period costuming by Mary Crane and Tracey Sutton adds just the right shell for the action.

Ojai Art Center Theater
113 S. Montgomery Street
(805) 640-8797
www.OjaiACT.org
General admission \$20, Seniors & Art Center Members \$18. Everyone 25 and under (must show I.D.) gets in for only \$10. Friday and Saturday shows begin at 7:30 p.m., Sundays 2:00 p.m. through July 15.

Island Packers

Continued from page 10
Channel Islands National Park, Island Packers has been providing island transportation and wildlife viewing in the Santa Barbara Channel for over 50 years. Captains and crews aboard all trips have many years of experience finding and viewing wildlife. Their thoughtful narration informs guests about the history, human impact, and unique characteristics of the channel and wildlife encountered.

Summer Whale Watching: Adults: \$68.00, senior \$ 62 and children age 3-12 \$55.00.

Day Trip to Prisoner's Harbor and the Painted Cave: Adults \$ 72.00, senior \$66.00 and children age 3-12 \$ 52.00.

For more information and a complete schedule of these excursions, interested persons can contact Island Packers online www.islandpackers.com or (805) 642-1393.

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7/18: BALLYHOO
7/20: TWISTED GYPSY
7/21: LEON HENDRIX
7/22: ROOTS OF A REBELLION
7/27: HOTEL CALIFORNIA
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7/29: KATASTRO

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