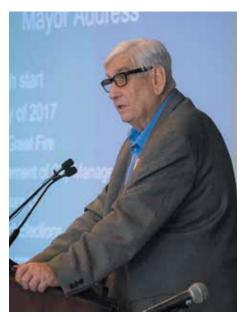
# **Your Hometown Paper**

Published Every Other Wednesday Vol. 11, No. 14

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Mayor Andrew's at the Ventura Chamber's State of the City breakfast. Photo by Dan

# Mayor Neal Andrew's State of the City

At both the State of the City presentation made during a City Council meeting and the Ventura Chamber State of the City breakfast on March 29, at the Crowne Plaza, Mayor Neal Andrews delivered a powerful and up-lifting outlook for Ventura.

This are highlights of his presentation.

"Now, as you all are aware, a fateful event occurred on the evening of December 4, 2017. As much as I might have wished, it was not my election as Mayor of our terrific city. Having been elected Mayor, I was in the process of making a few remarks, mostly thanking my colleagues for their confidence when I looked up to see virtually everyone in the room walking out. As you might imagine, I guess my mouth may have dropped open a bit, but I quickly finished the few necessary remarks and invited those few remaining to join us for some cookies and lemonade."

"Someone mentioned then that there was a fire out in a small canyon in Santa Paula and that our executives and other key staff had gone to open the EOC as a precaution. There didn't seem like there was much reason at that point to hang



Fair fireworks to be on weekends only. Photo by Bernie Goldstein.

# Fair eliminating Parade, reducing the number of fireworks shows

"A Country Fair with Ocean Air," the Ventura County Fairgrounds is well known as a great place for 12 days of fun every August, it is known for the host of events throughout the year from

dog shows and car shows to swap meets and private events like weddings and quinceaneras. The Fairgrounds stands ready for another very important role all Continued on page 22



Smoke from the fire could be seen from the mainland.

# Santa Cruz Island suffers fire and slight earthquake

A fire that broke out on March 27, at about 2:30 pm on Santa Cruz Island is now fully contained. The fire, driven by moderately strong winds, grew from just 20 to 100 acres in the first three hours.

The fire escaped from a prescribed small burn pile fire that had been set Continued on page 8 earlier this week. It started near the main ranch on The Nature Conservancy property.

The Los Padres National Forest dispatched four air tankers that arrived at the island shortly after 4:30 pm the first day. They were aided on the ground by 11 National Park Service hot shot fire Continued on page 21



Charlotte, Hannah and Audrey are outstanding young ladies serving the community.

# Local youths stand up and speak out

by Jennifer Tipton

Hannah Yale, age 15, Charlotte Steiger, age 16, and Audrey Feist, age 15, attended the City Council meeting March 26th with the invitation of Councilmember Cheryl Heitmann.

Heitmann along with Mayor Erik Nasarenko and Councilmember Matt LaVere planned to propose a policy to support stronger federal gun control legislation and to provide the Centers for Disease Control (C.D.C.) with freedom and funds to research gun violence.

Hannah, Charlotte and Audrey, all students at Foothill Technology High spoke at the City Council meeting that evening and after interviewing them it was apparent that these sophomores really did their homework!

Hannah tells me the C.D.C is currently prohibited from researching anything that could promote gun control since 1996 because of the "Dickey Amendment". She goes on to describe the policy they proposed, "it will oppose legislation that weakens California's ability to propose and enforce gun legislation separate from the federal level". And not originally on the policy, but added after Hannah's presentation at City Hall, it will raise the minimum age of gun ownership to 21 instead of 18 and yes, Hannah agrees she will consider a career in politics.

Councilmembers approved policy unanimously, now the City Manager will communicate to state and Continued on page 22

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go to lunch and sometimes don't return to my apartment until three hours later from all the talks I have with my friends! And the staff here really show they care.

Mary Honore, Resident

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# **Business**



Dr. Cathy Chien remembers having a great pediatric dentist growing up and aims to give the same memorable experience to her young patients.



Dr. Betsy Kaplan, has been in practice for 19 years, recently seeing more second generation patients.

# Oxnard Childrens Dental Group: Continuing a legacy of smiles

by Mira Reverente

Remember those childhood trips to the dentist? It was make or break, smile or cry for most people. They either left a positive impression or went the complete opposite way.

### Blast from the Past

For these two pediatric dentists of Oxnard Childrens Dental Group (OCDG) otherwise known as the "spaceship dentists," positive childhood influences and experiences definitely played a significant role in their choice of career.

She always knew that the healthcare profession was for her but the decision-making was shaped by a positive childhood experience. "I had a great pediatric dentist growing up," says Dr. Cathy Chien, a native of Thousand Oaks.

For Dr. Betsy Kaplan, it was an unusual fascination with dental visits in her hometown of Waterford, Connecticut. "I always liked going with relatives to see the dentist," says Dr. Betsy, who has been in practice for 19 years.

### **Second Generation Patients**

"We have a big family environment here," says Dr. Betsy of their practice comprised mostly by women and moms of varied ages and backgrounds like her and Dr. Cathy.

The family environment has also

attracted a second generation of patients whose parents used to see Dr. Betsy and the other staff who have been with the practice for two or three decades. "One year they're in elementary school and suddenly they're in college or married, and we're seeing their kids," she says.

"It doesn't feel like work," says Dr. Cathy, a mom of three boys, who also serves on the board of the Boys & Girls Club of Greater Oxnard and the Santa Barbara-Ventura County Dental Foundation.

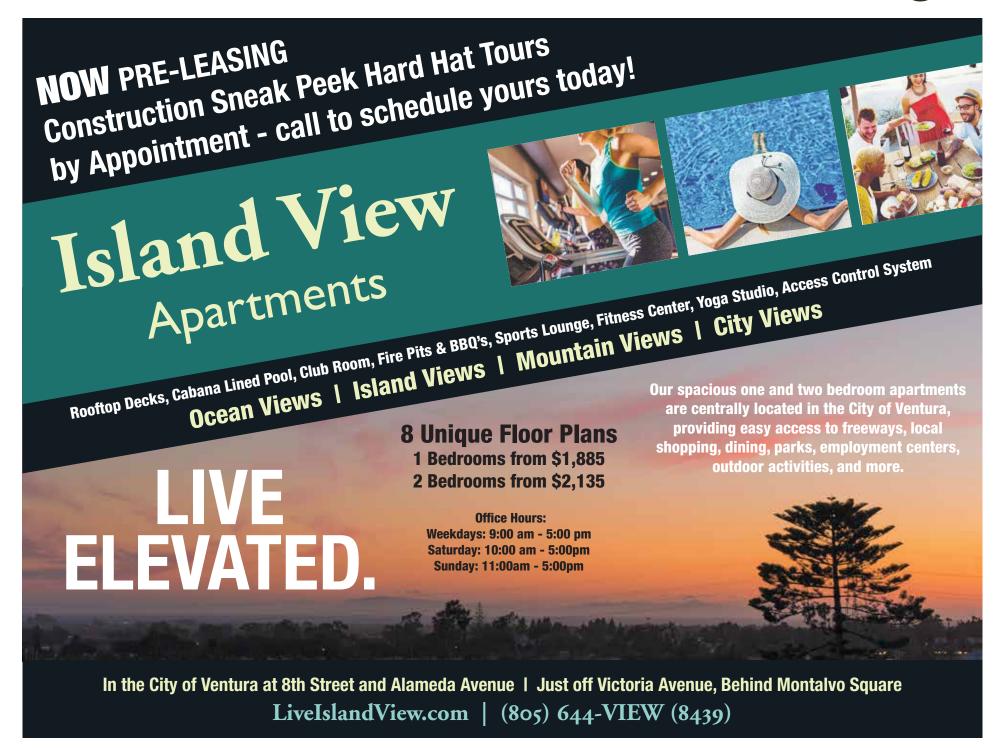
### The Tooth Fairy Reaches Out

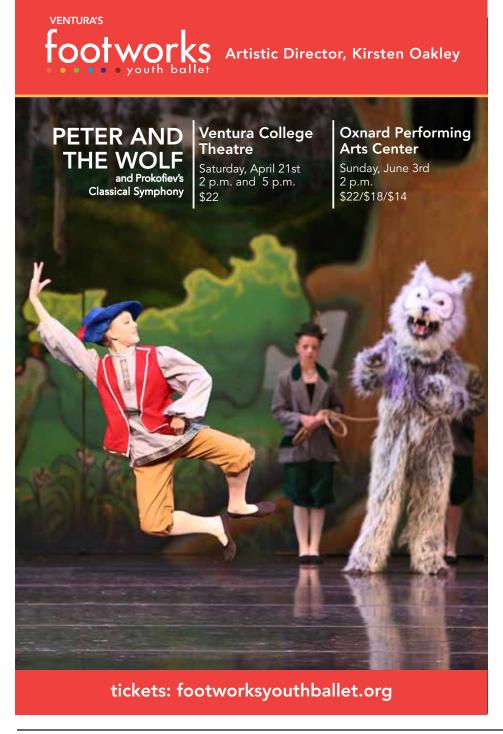
If the popular legend was to be believed, the tooth fairy would be in several places at the same time, 365 days out of the year. Not quite to that extreme but OCDG's very own tooth fairy does make the rounds.

According to Dr. Cathy, the tooth fairy does oral hygiene education talks at local schools, health fairs and even at the local Barnes & Noble bookstore. "Dr. Betsy and I, along with the other dentists, also do free, year-round dental screenings in our offices, for kindergartners," she says.

Without the tooth fairy this time, the staff has also embarked on a number of *Continued on page 5* 







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Please RSVP code B0411 to (805) 507-5184

Limited Seating - Reservations Required. May bring 1 guest. Adults only.

Presentation by Brent A Caplan DC & Tiffany N Caplan DC, Board Certified in Integrative Medicine by the American Association of Integrative Medicine, Certified Functional Medicine Practitioners and Active Members of the Institute for Functional Medicine



### Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

Publisher-Editor Sheldon (Governor) Brown publisher@venturabreeze.com

> Publisher Emeritus Staci Brown

Assistant to the Publisher

Ana Baker CONTRIBUTING WRITERS

Rebecca Wicks · Richard Lieberman

Gail Field · Sheli Ellsworth Veronica Johnson · Shirley Lorraine Victoria Usher · Jill Forman Pam Baumgardner · Elizabeth Rodeno Mira Reverente · Amber Hanson Jennifer Tipton · James Francis Gray Paul Peterson · Karen Leslie

Contributing Photographers Bernie Goldstein Richard Lieberman · Michael Gordon

DISTRIBUTION Jaime Baker · Mary Thompson Gilbert DeLeon · Karen Helen Szatkowski

> Senior Advisors Lori Harasta

ACCOUNT EXECUTIVES Breezy Gledhill · Cindy Summers

> Web/Online Advisor Cindy Summers

PRINT PRODUCTION Alfred J. Lewis/studioNothing

Printing CA Web Print, Inc. (626)281-8989

CONTACT US:

EVENTS & HAPPENINGS events@venturabreeze.com **OPINIONS** 

opinions@venturabreeze.com Articles and Photos editor@venturabreeze.com

THE PET PAGE scampclub@venturabreeze.com

Advertising advertising@venturabreeze.com

### Ventura Breeze

1575 Spinnaker Drive, 105B, Box 393 Ventura, CA 93001 Phone 805.653.0791 Fax 805.641.1824

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Many of us spend half of our time wishing for things we could have if we didn't spend half our time wishing. - Alexander

Woollcott

# **Opinion/Editorial**



Andrews, who has been struggling with health problems, seems to be doing much better. He recently presented his State of the City

message and looked good. Poor guy finally becomes mayor and then he has to deal with the aftermath of the

■ I know that some people are not happy with FEMA, but consider this. If not for FEMA. Ventura would have a serious financial crisis on its hands (even with Measure O).

### **Thomas Fire** costs:

Estimated cost to Ventura:

\$67 million

FEMA reimbursement: \$46 million

CDAA reimbursement: \$4 million Insurance reimbursement:

\$12 million

Estimated to be paid out of pocket by city: \$5 million

We had a 5.3 earthquake off of our coast last Thursday and I didn't even feel it. Savana the cat sure did she went bonkers running around the house. The quake was the strongest in Southern California in many years, but caused no major damage and was not strong enough to create a tsunami. It did cause some minor slides on Santa Cruz Island.

After the retirement of Mark Watkins, the city is looking to hire a new city manager. Assistant City Manager Dan Paranick is serving the role currently. I don't know the inner workings of our government but as an outsider he seems to be doing an excellent job. I hope that he is being considered for the permanent position.

Our new Ventura Water General Manager Kevin Brown assumed his position just weeks prior to the Thomas Fire. He has had to deal with the many questions of why there was not sufficient water to fight the fires. I stood with firefighters watching homes burn down to the ground (still in my mind).

The Breeze has been trying to find out why there was not adequate water but we haven't been able to obtain answers yet. I also would like to find

■ Mayor Neal out what is being done so we have adequate water during the next fire.

> Like all of you, I look forward to seeing if our new system of voting for city council members by **district** serves us well. I'm not convinced it will but will save my final judgement until after the next council election (and even before, perhaps, after seeing who runs).

> A sharp spike in vaping and the use of e-cigarettes by students has grabbed the attention of the US Food and Drug Administration. It cited a 900% increase in e-cigarette use by high school students from 2011 to 2015, and the 2016 National Youth Tobacco Survey noted that 1.7 million high school students said they had used e-cigarettes in the previous 30 days. A gateway drug, I think so?

> I saw on the news that a U.S. general explained that we have ISIS on the one-yard line and will soon push them into the end zone. If you don't know football, that is called a "safety" and is good for 2 points. So when that happens will be leading 2-0, well on our way to victory.

> Ventura School Superintendent David Creswell has mandated that the Ventura Unified School District provides ethnic studies classes for all students in the coming years (with some being offered very soon). This was partially based upon Balboa Middle School (and the district) coming under attack after much bullying at the school which appeared to be racially motivated. The principal of the school was replaced.

> A steering committee for ethnic and social justice studies was formed earlier this year. Members of the committee recently gave a presentation to the school board explaining their goals, and what they have accomplished so far. I think this a very good idea. Bullying of any sort remains a problem in our schools.

A sustainable shellfish farming operation could be coming to Ventura. The Ventura Shellfish Enterprise has been in the works since 2015 to farm mussels in the federal waters off our coast. It would provide fresh, locally caught mussels and create hundreds of local jobs. The project could start within two to three years. I don't know

anything about shellfish farming, but if it brings new jobs to Ventura it sounds good to me.

■ The City Council has weighed in on the national discussion on gun ownership and legislation.

City Council members Cheryl Heitmann, Matt La-Vere and Erik Nasarenko asked the council to consider a policy request designed to make it harder to own a gun. The council approved calling for stronger gun legislation. Even though this action does not have a legal ramification, it's nice that they took a stand.

Roughly two-thirds of gun deaths are suicides and they have been increasing each year. I doubt people buy a guns with the idea that one day they will kill themselves, or a family

I know that "people kill people" and not guns, but it sure is easier to kill a whole bunch of people with an AK-15 Assault Rifle as compared to a knife.

■ Days after Delta Air Lines announced it would stop offering discounted fares to National Rifle **Association** members, a top Georgia Republican retaliated, vowing to kill legislation that would hand the airline a lucrative tax break.

Lt. Gov. Casey Cagle (R) demanded that Atlanta-based Delta, one of the state's largest employers, make a choice: Stop punishing the NRA, watch Republican lawmakers strike down a \$50 million sales tax exemption on jet fuel, of which Delta would be the primary beneficiary.

This really bothers me. Not because it is the NRA, but because states should not get involved in this type of activity. If Delta Air Lines announced it would stop offering discounted fares to employees of Mc-Donald's would Georgia Republicans retaliate and stop eating them?

And, last but not least, it's been one year since my beloved canine friend, **Scamp**, went to doggie heaven. If dogs don't go to people heaven, then I'm not going. Actually, I don't believe in heaven anyway so don't need to worry about it. I miss the little guy every day. It's little things such as dropping crumbs while eating. The little guy loved to "clean up." Now I need to.

# **Mailbox**

I have just one question that perhaps vou have already answered in the paper What happened to Ventura Hardware? I hope you have an answer. They were there one day and gone the next. Bill Garner

Bill:

They just decided after many years there that it was time to retire and close down. Was a great store because they had one of everything.

To opinions

I made the rally and march Saturday and have to say, Venturans' are the most polite and carefully lead community I have meant in a long time. We stayed off the street and waited for every street crossing light and stop sign. By the time we got back to the park, we were essentially spread out single file. I can't believe that would get anyone's attention. I would never advocate for any violence, of any kind. However, making cars stop and staying in a powerful group makes



Oooops, in our last issue we incorrectly captioned this photo. It should have read "Chef Jason Collis of Plated Events."

a statement. I was told we didn't have a permit. Well, we can't all be arrested. We need to understand civil disobedience and march to be heard. Chris Rae Ventura

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

# Business

### **Oxnard Childrens Dental Group**

Continued from page 2

dental missions to Guatemala. Initiated by founding partner Dr. Mark Lisagor, the team takes basic dental hygiene supplies to an underserved community in Rio Dulce, Guatemala and also offers routine dental treatment to children in a rural clinic setting.

For the past five years, a \$500 college scholarship has been awarded to a graduating high school senior. For this year, the requirements are: the applicants must be graduating from high school in 2018, must be current patients who are

are planning to attend a post-secondary institution and the application must be turned in by August 17. "We choose one winner every year," says Dr. Betsy.

### On to Ventura

The Ventura Children's Dental Group is slated for a mid-April opening, bringing a touch of its family atmosphere and community involvement to the Ventura College area. Look for the same team of warm, smiling faces!

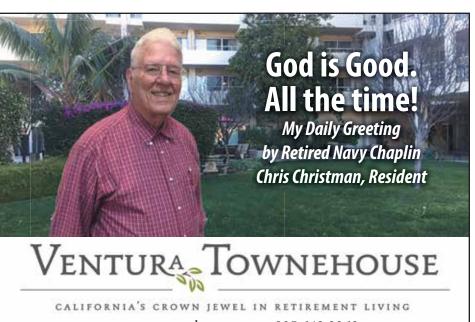
For more info, visit oxnardchildrensdentalgroup.com or like them on https://www.facebook.com/oxnardchildrensdental



On March 15 a Ventura ribbon cutting was held for CryoWorks, located at 3004 Telegraph, 676-0856.

They provide a holistic whole body cold immersion modality called cryotherapy which significantly reduces inflammation in the body, eases joint pain, improves sleep, and many more health benefits.

Photo by Michael Gordon.



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Speaking at the Chamber State of the City (from top to bottom) were Jeff Lambert Community Development Director, Nancy O'Connor Recreation & Community Partnership Director, Tulson Clifford Public Works Director, Kevin Brown Ventura Water General Manager, Fire Chief David Endaya and Police Chief Ken Corney. Photos by Dan Holmes.

# **Community Events**

### Ventura events

by Ana Baker

Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Dance lessons 6:45 - 7:15 \$5 for couple \$3 for single. Call Rick 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

The Ventura Retired Men's Group welcomes interested men to their semi-monthly Tuesday lunch (\$15) meetings at the Ventura Elks lodge. This regular congenial social event, besides a healthy, satisfying meal, supplies a welcome atmosphere to talk and joke, hear a speaker on a variety of relevant topics. Steve at 642-1359

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

The Ventura County Philatelic Society meets on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Come for a great evening. Contact: Bill Garner / 320-1601 or vcpsforyou@lycos.com

Mended Hearts of Ventura. Share if you have had heart surgery or stent implant. Group meets the first Tuesday each month at noon at Lemon Wood Mobile Homes, 850 Johnson Dr. Excellent speakers leading Cardiologists, Nutritionists, and Dietitians etc. from our area. Richard Hatcher at 644-2733.

Join in on Wednesday nights with the Cross Town Hikers for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. at the fountain across the street from the Mission. Facebook page for more information: https://www.facebook. com/groups/800215670039426/

Ongoing, First Wednesday, of each month, 6-10 pm, Gold Coast Modular Railroad Club meets at the Murphy Auto Museum, Oxnard. Now exhibiting Saturdays and Sundays, 10 a.m. - 4 p.m.; in April, will have exhibit on Fridays, 10 a.m. - 4 p.m. Visitors and new members are welcome. Member initiation fee \$10, monthly dues \$20, \$10 for Juniors. Murphy Auto Museum, 2230 Statham Blvd. www. gcmrc.com. For more information, call 229-7429.

Apr. 13: The General George S. Patton, Jr. Chapter, Sons of the American Revolution April luncheon meeting will feature a special program "Revolutionary War Veterans Buried at Arlington National Cemetery," presented by Compatriot Martin Spann. Starts at 11:30 a.m., Garden Room, Marie Callender's Restaurant, 1295 S. Victoria Ave. All SAR & DAR Compatriots, friends, and visitors are welcome. If you choose lunch, cost is \$20 per person. For additional information please call Bill Bays 650-3036 or Robert Taylor 216-7992. For information regarding SAR membership and chapter activities http://pattonpatriots.org.

Apr. 14: Ventura Classic Car Club is launching a brand new Car Cruise Night on the second Saturday of each month through December. It is sponsored by Harley's Camarillo Bowl and Rock & Roll Pizza. All special interest vehicles are welcome. There will be food, bowling, live music, full bar and lots of parking. These cruise nights will take place at 305 Arneil Road, in Camarillo from 4 - 8 p.m.

Apr. 14: Saturday, 7am to 1pm: Yard sale to raise funds for immigrants who lost homes, employment, and wages in the Thomas Fire and its aftermath. 100% of the proceeds will be donated to 805 Undocufund, a collective effort of Ventura and Santa Barbara County grassroots organizations to assist local undocumented immigrants who have been economically impacted by the Thomas Fire and are excluded from Federal Emergency Assistance programs. Affected immigrants include our friends, neighbors, coworkers, many of whom care for our children and parents, clean our homes, cook our meals, maintain our lawns and harvest the fruits and vegetables that are the backbone of our regional economy. They need and deserve our help! Come to this SURJ-VC hosted yard sale, take home something for yourself, and contribute something to your immigrant neighbors. 84 Coronado St, Ventura.

Apr. 15: Owl Festival at the Olivas Adobe will celebrate our great horned owls who call the Olivas Adobe their home. Vendor booths with "owl" crafts and items will be available for sale. Raptor Rehab will also be on-site for demonstrations. A free family event of crafts, demos, music, tours and a live show by the OJAI Raptor Society. 11-3 p.m. 4200 Olivas Park Drive. For more information call 658-4728. Apr. 15: The Ventura and Santa

Barbara County chapter of the National Association of Watch and Clock Collectors (NAWCC) will meet Sunday, in the Campus Student Center of Ventura College, 4667 Telegraph Road. The meeting starts at noon and at 11 a.m. there is an informal workshop where a topic on clocks or watches will be demonstrated and discussed. There will be a mart where items will be for sale followed by lunch and an informational meeting and a program at 1 p.m. The program this month will be a presentation by Ernie Jenson on "Modern Time." There is a \$3 admission charge. Lunch is available for \$5 more. More information at www.nawcc-

Apr. 17: The current estimate of this year's Ventura County tax bill for nuclear weapons will be close to \$200 million. On Tuesday, join Citizens for Peaceful Resolutions on the corner of Telephone and Victoria from 5:30 - 6:30 p.m. to peacefully protest the outrageous waste of resources spent on our deadliest weapons of mass destruction, nuclear weapons. Dr. Robert Dodge will report this year's hall of shame, our tax dollars, bestowed upon the nuclear weapons industry.

Apr. 19: East Ventura Community Council .A representative of the Ventura Police Department will give an update on crime and safety. Additional speakers are still being confirmed. Books in good condition are always accepted on behalf of Ventura Friends of the Library. The meeting starts Thursday at 7 p.m. at the First Assembly of God Church, 346 N. Kimball Road. The public is encouraged to

attend and participate. For more information, contact John McNally, Chairperson,

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Apr. 21: A Smart Garden is offering a free class entitled, All about Trees. Class time is 10 - 12 p.m. Learn how to select the best tree for your yard, how to plant it and how to care for it just in time for Arbor Day. There will be a raffle, refreshments and discount shopping. Space is limited. RSVP to 667-8585. A Smart Garden is located in Downtown Ventura,

Apr. 21: Join a family friendly and free community bike ride from Ventura Harbor to the Earth day Eco fest at **Ventura's Plaza Park.** The ride is approximately 5 miles on flat, city streets with bike lanes and on the coast bike path. The ride is organized by the Channel Island Bike Club. Check in time is 8:30 a.m. at the Channel Islands National Park Headquarters, 1901 Spinnaker Drive. Introductions and the ride starts at 9 a.m. All bikes should be "ride ready" and riders wearing a helmet. Channel Island Bike Club members can pump tires if you arrive early.

Apr. 28: Ventura Friends of the Library will hold a Bag of Books Book Sale. At the Vons at Telegraph and Victoria 10 - 3 p.m. Members of Ventura Friends of the Library can take home a bag of books for \$1. For non-members, the price is \$3 a bag.

### Ojai news and events



Guyon Perez, Hannah Cunningham and Emma Randolph (all 18) during rehearsal at

Villanova's immensely creative talent manifests each year in the form of its spring musical. This year, students' hard work comes to life on stage as they present Beauty and the Beast. The musical will run from Thursday, April 19th to Sunday, April 22nd. Performances are at 7:00 pm each night. Tickets are \$10.

Villanova's annual spring musical would not be possible without the extreme dedication of the students who work both on and off stage. Beauty and the Beast will be held in Villanova's outside amphitheater. Be sure to bring your own lawn chairs and prepare for the weather. 12096 N. Ventura Ave. 646-1464 x126

The Ojai Community Chorus will feature a delightful musical

tour of the United States and around the world, featuring such favorites as "I Left My Heart in San Francisco," "Georgia on My Mind," and "Cabaret." The chorus will be joined by a children's ensemble and accompanied by a fabulous local band. Sat., May 5 at 7 p.m. and Sun., May 6, at 3 p.m. at the Ojai United Methodist Church, 120 Church Rd., 640-0468 for additional information. Tickets are available at ojaichorus.brownpapertickets.com. They will be available at the door for an additional \$5. ojaichorus.wordpress.com.

Andrew Morris will visit the Ojai Library at 1 p.m. on Saturday, April 14, to deliver a presentation titled "A Spirituality of Imperfection at Work." Morris comes from CSU Channel Islands, and is the third speaker in this season's CI Library Lecture Series.

CSU Channel Islands hosts dozens of free public lectures at libraries throughout Ventura County as part of this program. The lecturers are experts from numerous departments.

Author Elizabeth Gould will visit the Ojai Library at 1 p.m. on Saturday, April 21, to deliver a presentation on her book Your Best Health by Friday. Learn how childhood trauma can kill us as adults, why our left-brain dominant society is facing so much illness, and action steps to develop the right hemisphere to heal.

Gould began writing for one reason: she was too sick to return to her career as an import operations manager for a large women's clothing manufacturer. When she started she had no idea how to write professionally and had not written at all since college. Six years later she had not only gotten the hang of writing, she was also a lot

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian 218-9146.

The Ojai Photo Club will feature photographer and documentary cinematographer Sarah Bourscheid as its guest presenter for April. The free event, "Quiet Compassion," will be held on Tuesday, April 17, at 7 p.m. in Help of Ojai's Kent Hall, 111 W. Santa

For Bourscheid, her photography is a journey of growth, deepening her own empathy. "In this tumultuous and divided world," she writes, "it's important to understand that our differences can bring us closer." For more information about Bourscheid's work http://scheidmedia.com/

Monthly free presentations are part of the Ojai Photography Club's community service and education outreach. The general public is always welcome to attend.

The club, which is devoted to education, inspiration, and camaraderie, meets on the third Tuesday of each month, February - November. Only members may submit images for critique. More information is available at: www.ojaiphotoclub.com/



# Ventura Police Department and Ventura Unified School District partnering in Hi-Tech Presentations

by Ashley Bautista

Community Outreach Specialist

The Ventura Police Department and the Ventura Unified School District have partnered with Motivational Multimedia Assemblies (MMA) for inspirational presentations for local students at local elementary, middle and high schools during the month of April. MMA aims to both challenge and inspire young people to develop strategies to help them reach their true potential so that their life choices will not be diminished through avoidable, reckless and harmful behaviors.

Using music videos, movie and TV program clips, MMA creates a powerful impression viewed on 11 foot by 43 foot screens, conveying age-appropriate messages that encourage positive life choices. The program aims to educate students on the prevention of destructive decisions and behaviors such as drinking and driving and texting and driving. The themes include positive decision making, conflict resolution, drug abuse prevention, traffic safety and personal excellence.

Funding for this program is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. According to the National Center for Injury Prevention and Control, motor vehicle collisions are the leading cause of death for U.S. teens. Fortunately, teen motor vehicle crashes are preventable, and proven strategies can improve the safety of young drivers on the road. Presentations like MMA promotes awareness and encourages good choices.

There are many facts that show how dangerous distracted driving can be:

In 2016, a survey showed that more than 44% of Californians said that texting while driving is the most serious distraction for drivers.

In 2016, more than 54% of California drivers surveyed said they had been hit or nearly hit by a driver who was talking or texting on cell phone.

In 2016, nearly 40% of drivers admitted to making a mistake while talking on a cell phone.

Nationally, 3,154 people were killed and an estimated 424,000 were injured in motor vehicle crashes involving distracted drivers in 2013.

10 percent of drivers of all ages under the age of 20 involved in fatal crashes were reported as distracted at the time of crash.

Engaging in visual-manual subtasks, such as reaching for a phone, dialing and texting, increases the risk of getting into a crash by three times.

5 seconds is the average time your eyes are off the road while texting. When traveling at 55 mph, that's enough time

to cover the length of a football field blindfolded.

Despite the alarming facts, fatal crashes involving distracted driving can be prevented. Eliminating the distractions while driving can help keep everyone safe on the road:

Never text and drive.

Turn off your phone before you get behind the wheel.

Don't text or call someone when you know they are likely to be driving.

Do not eat or drink while driving.

Do not program your GPS, MP3 player or other devices while driving.

If a phone call is necessary or you need reroute your map, pull over to a safe parking spot.

Do not groom.

Do not read.

Do not watch videos.

Try not to get too involved with passengers in your car.

Finally, if something falls to the floor, pull over to a safe parking spot before trying to reach it.

For more information about safe driving please visit www.ots.ca.gov.

# State of the City summary

by Marie Lakin

The Thomas Fire hangs heavy over city events these days. And while green is returning to our hills, we are still healing. So it went with Ventura's State of the City Address March 26.

In a change from previous years, staff gave the department reports, ever cognizant that our budget will need to cover fire-related expenses. Props go to Mayor Neal Andrews for delivering opening and closing remarks while recovering from double pneumonia.

Fire Chief David Endaya and his staff are our heroes, but they are also working under a challenging situation. While Measure O funding now keeps our East End Fire Station 4 open permanently, our first responders are only meeting their goal of arriving at an emergency in five minutes or less 56 percent of the time because of an ever-increasing call load.

Still, he is grateful that 27,000 citizens, mindful of the tragedy in Santa Rosa, evacuated from the hills in 90 minutes. "We survived this with zero loss of civilian life and this is something I will hold onto for the rest of my career," Endaya said.

Whitewashing our city's recent crime statistics did not seem to be

part of Police Chief Ken Corney's playbook. He noted that serious violent crime is up by 25 percent, the highest totals since 1992. Sixty eight percent of those crimes resulted in arrests. Property crimes decreased slightly and business crime decreased due to focused patrols.

More officers are being added through Measure O funding, Corney

Our homelessness team has strengthened partnerships with County Behavioral Health to address key issues. The reconnect program has reunited 145 homeless people with their families.

As we are currently in a Stage 3 drought situation, water is on everyone's mind despite the recent deluges. Ventura Water General Manager Kevin Brown explained that the city is working with other districts on tapping into the state water pipeline and that project is due to be completed in 2021-22. A potable reuse program should be in place by 2025 that will produce 2,000 extra acre feet of water a year.

Public Works has been paving streets, including a big resurfacing project on Loma Vista, and working on storm drains, bridges, alleys and the pier. A parking lot at Palm and Santa Clara will become a parking structure. Kellogg Park on the Avenue is due for a grand opening April 14.

Arroyo Verde Park is open again but lost trees and structures in the fire. Grant Park is still closed, but both the Ventura Botanical Gardens and the Serra Cross Conservancy, which manages Serra Cross Park, are making repairs.

Community Development Dirrector Jeff Lambert reported that Community Memorial Hospital is getting ready to open its new wing, the county hospital has opened theirs, and Kaiser has a new, highly visible presence on the 101. The auto center is expanding and the city is looking for other commercial entities to fill the area behind it. A Marriott Residence Inn will be built by the Golden China Restaurant near Seaward and the Elks Lodge downtown is being turned into a boutique hotel.

Housing development has been rapid on the west and east sides with infill projects, including affordable housing, appearing after a recession-era lull.

In his conclusion, Andrews called for the city to pull together. "I hope you appreciate how strong we are and how strong we will continue to be."

For his complete comments see page 1.

## **Mayor Neal Andrew's State of the City** *Continued from page 1*

around City Hall, so I wandered out to the parking lot. As I did so, I saw every light in the city go out, and the generators at City Hall powered up. In that instant I knew that we faced some sort of a crisis. We were about to experience the terrible wrath of the Thomas Fire."

"There were three other seminal events that occurred in 2017. In addition to the fire, the voters had approved Measure O, they had adopted a fundamental change to election of the City Council by districts, and the City Manager had

announced his retirement."

"Each of these events had a major meaning for 2018."

"However, despite the challenges these implied, the City had had a pretty good year in 2017 and was set to begin 2018 with strength and optimism."

"Now let me turn the presentation over to the executive staff to fill you in on some of the details of what they had achieved until then and some of their efforts since. I hope you will appreciate how strong we are and how strong we will continue to be."

"We've talked about the challenges that were the legacy of 2017 - the Thomas Fire of course, the hope that new revenue from Measure O will help meet long pressing needs, the impact on our traditional electoral system of the change to district elections, and the vital task of finding a new city manager will meet the needs and expectations of our citizens."

"There is one over-riding implication in all of these that I want to emphasize. They will demand time and attention from our Council and city leadership and they will draw heavily on the time, talent and resources of the city as a whole."

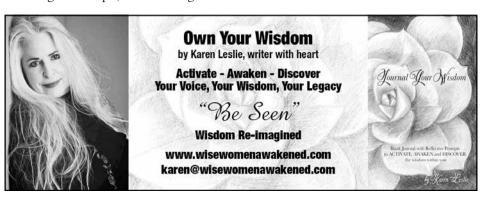
"Finally every new mayor has goals and aspirations, and I want to share some of mine with you. The first of mine is to try to strengthen and build upon our sense of community. I'm going to be doing my very best to reach out to build bonds among our friends. We have for years suffered strains across our community. It's time to pull together, to show one another the mutual care and concern that is the characteristic of a healthy society."

"We also need to focus on building prosperity within our community. Our restaurants and retail stores are beset on all sides by big chain operations with much larger marketing budgets and immense buying power. While it's helpful to encourage folks to buy local goods and services, we need to join together in support of our business community. We need to find ways to help them compete, to bring more traffic to their stores, and to supplement their marketing investments. Over the longer term we need to radically increase our local investment in supportive technology and broad band. "

"Lastly, we need to open our eyes to opportunities inherent in the long-term future our community. We are no longer a quaint little beach town. We haven't been for decades. We are a city of over 100,000 people. We are among the 10% of the largest cities in California."

"To realize the promise that we are being offered as we progress into the future, we need to take steps now to restore the vital connection between the bulk of the city and the oceanfront. That single step, while it will take decades to achieve, is the single greatest contribution this generation can make to the future of our city and the benefit of our children and grandchildren. Please join me as I try to lead us in these new directions. Thank you and may God help us take the first few steps. It is as much as I can hope to do realistically in my brief time as your Mayor. "

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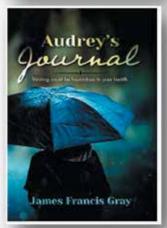
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Hear from a dedicated panel of parents, caregivers and former foster youth who will share their amazing stories of what home means to them.

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### **News & Notes**



Kathy Good interviewing a guest on her radio show on KPPQLP.

# Attend the CAPS Media Open House

CAPS Media is hosting an Open House on Thursday, May 3 from 5-7pm. Everyone is invited to tour the television studio, KPPQ radio station and mobile production truck, celebrate member/producer awards, preview Thomas Fire Stories, enjoy refreshments, and learn more about membership, programs and future plans for CAPS Media. The center is located at 65 Day Road directly across the street from Foothill Technology High School.

The Thomas Fire Stories Project continues to discover fascinating first-person stories from members of the public, fire fighters, first responders, officials and others at recording sessions throughout the county. Selected stories will air and stream on CAPS radio (KPPQ 104.1 FM) and on CAPS Media television, stream on capsmedia.org, and may be included in the comprehensive Thomas Fire documentary. All of the recordings will be included in the historic archival project at the Museum of Ventura County.

During the past few weeks Thomas Fire audio recording sessions took place at the Ojai Valley Museum, Ojai Library, CAPS Media Center and EP Foster Library. The next recordings will take place at the Avenue Library at 606 N Ventura Avenue on Saturday April 14th from 10am-2pm, at the Ventura County Agriculture Museum at 926 Railroad Avenue in Santa Paula on Sunday April 22nd from 11am-3pm, and at the Museum of Ventura County at 100 East Main on May 20th from 11am-3pm.

Everyone with a story to tell is encouraged to participate. The informal audio sessions typically last 10-15 minutes. CAPS

Media staff and volunteers help the storytellers share their experience in their own words. The result is unscripted, unrehearsed, engaging and compelling first person stories. If you have a Thomas Fire Story to share or know someone who has a great story to tell, drop by and record the experience. Visit capsmedia.org to find a convenient day and time to record your story and add it to the museum's historic archive.

The Thomas Fire Stories Project is a collaboration with Ventura City Fire and Police, Ventura County Fire, Sheriff, and Office of Emergency Response and the Museum of Ventura County. If you have photos or video to contribute to the archive, go to capsmedia.org for instructions on how to contribute photos, video and other media. If you have a story to share, email thomasfirestories@capsmedia.org or call the CAPS Media Center at 658.0500.

CAPS Media's mission is to create an engaged and informed community through participation in electronic media. CAPS Media manages two television channels (6 & 15) and an FM Radio channel (KPPQ 104.1FM). Membership fees are \$25 per year for television and \$50 per year for radio. Membership includes training and access to video and audio production and postproduction equipment. General orientation sessions are on the first Thursday of every month, videography classes are on the 2nd Thursday, video editing classes are on the 3rd Thursday and radio classes are typically on Wednesday and Thursday of the 4th week of the month. All classes begin at 6pm. For more information, go to capsmedia.org or call 658-0500.



On April 3 at 7:30pm, three vehicles collided in the intersection of Victoria Avenue and Telegraph Road. The collision involved two pick-up trucks and an SUV. All three vehicles had a single driver in the car and all vehicles had moderate to significant damage.

First on scene fire paramedics secured both vehicles and provided medical care. Medic Truck 5 used the Jaws-of-Life to cut and pry through the vehicle and gently removed the passenger who was transported to Ventura County Medical Center in stable condition. A second patient who suffered moderate injuries was also treated and transported, with the third victim being assessed and released on scene.





## **News & Notes**



FOTM's collection of artist biographies is a living time capsule, they need a new home.

# Focus on the Masters needs your help

Focus on the Masters (FOTM) Archive & Library is about to embark on one of the most challenging chapters in their 24-year history and needs the community's support. FOTM is looking for a new home. They are asking for your help in their search for a donated building or location to lease to own that can not only accommodate the extensive FOTM Archive & Library, but includes a space for exhibitions and a gathering place where they can increase their community outreach.

The ideal location would be in a high-profile area with lots of foot traffic to increase their interaction with the public. The Archive & Library needs about 3,000 square feet to accommodate the historic collection, the staff and volunteer offices, research facility and community gathering space. Ideally, the new FOTM Archive & Library will be a hub of activity celebrating the arts through exhibitions, arts education and scholarship. The goal is to have a facility that will allow FOTM to showcase their unique cultural assets and enrich our thriving art community. The vision is a new age Archive & Library with a focus on the arts.

FOTM is one of the most unique non-profit organizations in California. Its collection of artist biographies, oral histories, digital library of artists work, publications, video recordings and ephemera is a living time capsule that continues to document our shared humanity daily. Its extensive community outreach stems from the artists in the archive including their popular Artist Spotlight monthly meet-the-artist interview series and their Learning to See Outreach - an 8-week cross curricular in-school, hands-on art program teaching about the artists who live and work in our community. FOTM mounts student exhibitions throughout the year in the communities in which the students live. Class locations include Ventura County school districts, Turning Point Foundation (serving adults with mental illness), community centers and youth organizations.

The fall of the economy in 2008/09 hit FOTM very hard. All income streams were reduced and expenses were cut in every capacity. To stabilize and restructure, FOTM moved into a vacant building in 2010, located at 505 Poli St., behind Ventura City Hall. FOTM leased a 2,000-square foot facility in the City of Ventura's newly established Non-Profit Sustainability Center (NPSC). The stability of the

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NPSC has allowed FOTM (and many other non-profits) the opportunity to stabilize and continue to serve our community. As a result of their restructuring, FOTM hired a new Education Director, Aimee French, and three Learning to See instructors to teach in the Ventura County schools.

In 2016, when the City of Ventura allowed Brooks Institute to displace the NPSC, FOTM moved the collec-

tion to two small offices suites on third floor of the 505 Poli building. With city plans to develop the 505 Poli building soon, FOTM needs the stability of a permanent home. Please contact Donna Granata at Donna@ FocusOnTheMasters.com 653.2501 with any leads you may have. Thank you. To learn more about FOTM please visit www.FocusOnThe Masters.com.



cultural and religious activities, Shabbat services on Fridays and teaching Hebrew blessings. Camp is for children ages 3-9 years old and Parent & Me class is offered for children ages 20 months- 30 months on Tuesdays and Thursdays. Camp Haverim will be offered for 6 weeks starting from June 18-July 27. Each week has a different theme including:

• Week 1: June 18-June 22 - Tikkun Olam





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### **News & Notes**



District Attorney Totten working on Family Justice Center.

# Family Justice Center coming to Ventura

by Jennifer Tipton

The Family Justice Center is a program of Alliance for Hope International that serves more than 150,000 survivors of domestic violence and sexual assault in the United States each year. Hope International was contracted by Ventura County in 2016 to assist in the development process for the creation of a Family Justice Center, a collaborative effort which will bring all services together in one location for the victims of trauma and abuse and their children.

According to Ken Corney, Chief of Police for the City of Ventura, "it's long overdue." In 2012, Ventura County law enforcement agencies received 7,478 domestic violence calls.

After many years of working in partnerships and multi-disciplinary approaches in addressing child abuse, sexual assault, domestic violence, elder abuse, and human trafficking, Ventura County, under the leadership of District Attorney Greg Totten, decided to pursue the creation of a Family Justice Center model.

District Attorney Totten tells us, "victims are traumatized and then thrown into a system that is spread out and difficult to navigate, the Family Justice Center will pull all of our existing services together under one roof."

And because the system is so hard to navigate, many victims become frustrated and return to their abuser. Between 2009 and 2013, Ventura County experienced 24 deaths resulting from family violence.

The Alliance team met with survivors in Ventura who had experienced the criminal justice system and it became apparent that victims were fearful because they didn't understand the process and needed help navigating it. While they appreciated brochures, they needed more personal assistance, but they said the courthouse was the scariest place to seek help and all the continuances made the process even more difficult. Some described having to go to 15-20 different places for services and it was traumatic to repeatedly tell their story. They unanimously endorsed the Family Justice Center model.

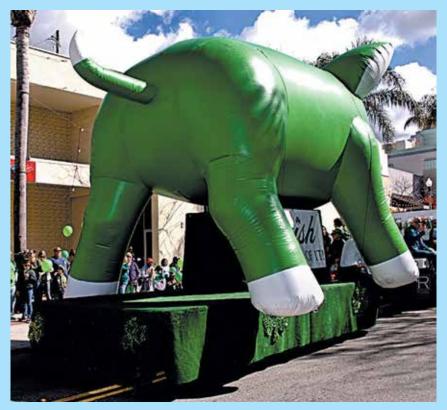
The plan is to partner with K-12 school districts, law enforcement and victim advocates amongst others. Agencies will include provision for legal assistance, transportation, medical and financial services.

Currently, the estimated costs of family violence in Ventura County are between \$2.6 million and \$10.4 million per year. The Ventura County Family Justice Center Prospectus, April 2016 makes the business case for the Center, current plans for funding include creating a justice center foundation and grant writing.

The primary objective is to provide a safe place to go but the 24-hour facilities also proposes to offer transportation, job training, a dance studio, a community garden and an ice cream parlor.

For more information visit www. familyjusticecenter.com.

# A contest



The Ventura Breeze is holding an "un-official" Name The Green Pig Contest for the pig that was back in the St. Pats Parade. Send your suggestions to editor@ven turabreeze.com. They will be submitted to the pig committee for consideration. The Breeze will select our winner and the lucky person will win ham and eggs at their favorite restaurant.

 $\label{thm:contest} \textit{Patty Jenkins sent her suggestions even before the contest started. ``ShamHock" or HamSchock.}$ 

Photo by Michael Gordon.

# Senior Pull Out Section



For this test, sit toward the front of a sturdy chair.

# Make sure you are exercising safely

Don't derail your exercise progress you'll soon be able to tell when it's time to with a preventable injury! Here are some things you can do to make sure you are exercising safely:

Start slowly, especially if you haven't been active for a long time. Little by little, build up your activities and how hard you work at them.

Don't hold your breath during strength exercises. That could cause changes in your blood pressure.

Use safety equipment. For example, wear a helmet for bike riding or the right shoes for walking or jogging.

Unless your doctor has asked you to limit fluids, be sure to drink plenty of fluids when you are doing activities. Many older adults don't feel thirsty even if their body needs fluids.

Always bend forward from the hips, not the waist. If you keep your back straight, you're probably bending the right way. If your back "humps," that's probably not proper form.

Warm up your muscles before you stretch. Try walking and light arm pumping first.

Visit Go4Life to learn more about exercising safely.

### **Measuring Your Fitness Progress**

If you've been exercising regularly,

move ahead in your activities.

These simple monthly tests are good ways to see if you are continuing to progress and need to update your goals. Each month, you will likely see an im-

**Endurance.** Pick a fixed course and see how long it takes to walk that distance. As your endurance improves, it should take less time.

**Upper-body Strength.** Count the number of arm curls you can do safely in 2 minutes.

**Lower-body Strength.** Count the number of chair stands you can do safely in 2 minutes.

**Balance.** Time yourself as you stand on one foot, without support, for as long as possible. Stand near something sturdy to hold on to, in case you lose your balance. Repeat on the other foot.

**Flexibility.** For this test, sit toward the front of a sturdy chair, and stretch one leg straight out in front of you with your heel on the floor and your toes pointing up. Bend the other leg and place your foot flat on the floor. Slowly bend from your hips and reach as far as you can toward the toes of your outstretched foot. How far can you reach before you feel a stretch?



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# Senior Living



Using a motorized cart at the market might be helpful.

# Shopping for food that's good for you

If you have a choice of where to get your groceries, pick a store that is clean and well supplied. If it is also busy, the stock is probably more likely to turn over quickly and items won't be near their sell-by or use-by date. But don't depend on that—always check the dates.

Many people say a successful trip to the grocery store starts with a shopping list. Throughout the week, try to keep a list of food and supplies you need. Keeping to a list helps you follow a budget because you will be less likely to buy on impulse. A prepared grocery list will help you choose healthy types of foods.

When making your shopping list, check your staples. Staples are nice to have around if you can't go grocery shopping. These include items like the following:

Cereal

Flour

Sugar

Cans of low-sodium soup, fruit, and tuna fish

Bags of frozen vegetables or fruit

A trip to the grocery store can be a chore for anyone, but as you get older, you might have some new reasons for not going. For example, getting around a big food store might be difficult. What can you do?

Some stores have motorized carts, which you can use.

Ask if there is an employee who can help you reach things or push your cart.

If your store has a pharmacy department, you might find a seat there if you get tired.

Plan to shop at a time of day when you are rested.

Check with your local Area Agency on Aging to see if there are volunteers in your area who can help.

Shopping for healthy foods, especially fresh fruits and vegetables, might be hard where you live. People who live in rural areas or some city neighborhoods often have trouble finding larger supermarkets. Instead, they have to shop at convenience stores and small neighborhood markets. Sometimes smaller stores have limited selections of fresh foods.

You might also be able to get some help from the federal government to pay for vegetables and fruits from farmers' markets through the Seniors Farmers' Market Nutrition Program. They provide coupons you can use at farmers' markets and roadside stands.

For More Information on Shopping for Healthy Foods:

Local Harvest www.localharvest.org Academy of Nutrition and Dietetics 1-800-877-1600, www.eatright.org National Association of Area Agencies on Aging 1-202-872-0888, info@n4a.org, www.n4a.org National Association of Nutrition and Aging Services Programs 1-202-682-6899 www.nanasp.org Eldercare Locator 1-800-677-1116 www.eldercare.gov



"Maybe it is time for me to stop smoking!"

# Yes, you can stop smoking

I've smoked two packs of cigarettes a day for 40 years—what's the use of quitting now? Will I even be able to quit after all this time?

No matter your age, quitting smoking improves your health. If you quit smoking, you are likely to add years to your life, breathe more easily, have more energy, and save money. You will also:

Improve your sense of taste and smell

Stop smelling like smoke
Set a healthy example for your
children and grandchildren
Smoking shortens your life. It causes
about 1 of every 5 deaths in the
United States each year.

Smoking makes millions of





# Senior Living

Americans sick by causing:

**Lung disease.** Smoking damages your lungs and airways, sometimes causing chronic bronchitis. It can also cause emphysema, which destroys your lungs, making it very hard for you to breathe.

Heart disease. Smoking increases your risk of heart attack and stroke. Cancer. Smoking can lead to cancer of the lung, mouth, larynx (voice box), esophagus, stomach, liver, pancreas, kidney, bladder, and cervix. Respiratory problems. If you smoke, you are more likely than a nonsmoker to get the flu, pneumonia, or other infections that can interfere with your breathing.

**Osteoporosis.** If you smoke, your chance of developing osteoporosis (weak bones) is greater.

**Eye diseases.** Smoking increases the risk of eye diseases that can lead to vision loss and blindness, including cataracts and age-related macular degeneration (AMD).

Nicotine is the drug in tobacco that makes cigarettes so addictive. It's one reason why the first few weeks after quitting are the hardest. Although some people who give up smoking have no withdrawal symptoms, many people continue to have strong cravings for cigarettes. They also may feel grumpy, hungry, or tired. Some people have headaches, feel depressed, or have problems sleeping or concentrating. These symptoms fade over time.

Many people say the first step to quitting smoking successfully is to make a firm decision to quit and pick a definite date to stop. Then, you'll need to make a clear plan for how you will stick to it. You may need to try many approaches to find what works best for you. For example, you might: Talk with your doctor.

Make a plan for dealing with urges to smoke.

Read self-help information. Go to individual or group counseling. Try the online mobile tools from Smokefree60+ at www.60plus. smokefree.gov.

Ask a friend for help.

Take medicine to help with symptoms of nicotine withdrawal.

If at first you don't succeed, you are not a failure. You can try again and be successful. If you were able to quit smoking for just 24 hours in the past few months or weeks, you have doubled your chances of quitting for good in the coming year!

# Fly research (really) could help neuro-degenerative disorders

To understand the link between aging and neurodegenerative disorders such as Alzheimer's disease, scientists from the National Institutes of Health compared the genetic clocks that tick during the lives of normal and mutant flies. They found that altering the activity of a gene called Cdk5 appeared to make the clocks run faster than normal, and the flies older than their chronological age. This caused the flies to have problems walking or flying later in life, to show signs of neurodegeneration, and to die earlier.

"We tried to untangle the large role aging appears to play in some of the most devastating neurological disorders," said Edward Giniger, Ph.D., senior investigator at the NIH's National Institute of Neurological Disorders and Stroke and the senior author of the study published in Disease Models & Mechanisms. "Our results suggest that neurodegenerative disorders may accelerate the aging process."

On average, the normal flies in this study lived for 47 days. To create a genetic clock, Dr. Giniger's team measured the levels of every gene encoded in messenger RNA molecules from cells from the heads and bodies of flies at 3, 10, 30, and 45 days after birth. This allowed the researchers to use advanced analysis techniques to search for the genes that seemed to be sensitive to aging, and create a standard curve, or timeline, that described the way they changed.

When they performed the same experiments on 10-day-old mutant flies and compared the results with the standard curve, they found that the flies were "older" than their chronological age. Altering Cdk5 activity made the brains of the flies appear genetically to be about 15 days old and their bodies to be about 20 days old.

Preclinical studies suggest that Cdk5 is a gene that is important for the normal wiring of the brain during early development and may be involved in some neurodegenerative disorders, including ALS,

Continued on page 16



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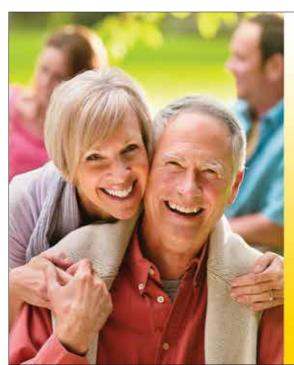
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# Senior Living

# Forum highlights life-saving techniques

The Ventura County Elderly Fall Prevention Coalition will be hosting a bilingual Fall Prevention Forum that will focus on life-saving strategies and offer a variety of other services, including health assessments, pneumonia and flu vaccinations. The event will be held at Oxnard Family Circle on Saturday, April 28th, from 8 a.m.- 2 p.m. This event is free and open to the public.

With the tagline, "Stronger Together," the bilingual forum will provide a variety of methods and informational sessions in both English and Spanish that are designed to arm adults and caregivers with the tools necessary to prevent falls and increase mobility. Nationally recognized research shows that one in four adults over the age of 65, and half of the population over the age of 75, fall each year. Of those individuals, half will die within a year from complications and injuries sustained from the fall.

The forum will feature health assessments, free pneumonia and flu vaccinations, as well as glucose, blood pressure, and vision screenings. Individuals will also have the opportunity to take part in exercise demonstrations for Zumba, Tai Chi: Moving for Better Balance, Stepping On, and A Matter of Balance. Lunch and refreshments will be provided to those in attendance.

Speakers will include Vladimir Serrano, MD, Family Physician with Magnolia West Clinic, and Dr. Thomas Duncan DO, Trauma Medical Director, Ventura County Medical Center and Santa Paula Hospital.

Oxnard Family Circle is located at 2100 Outlet Center Drive in Oxnard. To register for the event, or for more information, please contact the Ventura County Area Agency on Aging's Fall Prevention Program at 477-7343.



All council members are not required to dress like this!

# Area Agency on Aging seeks six advisory council members-Apply by April 15

The Ventura County Area Agency on Aging (VCAAA) is seeking applications from individuals interested in serving on its Advisory Council. The purpose of the Advisory Council is to recommend the direction of senior services and programs in Ventura County. New appointments are now being considered for two-year terms beginning July 1, 2018.

There are currently six seats available, one of which is a supervisorial appointment to represent unincorporated areas of Ventura County. Persons that live in unincorporated areas of Ventura County are

encouraged to apply. The second vacancy is for a service provider to represent the interest of all senior service providers on the Advisory Council. The service provider brings the interests of service providers and the professional knowledge of unmet needs in the community and possible solutions. The third vacancy is for an individual to present the interests of veterans. Staff of organizations that provide services to or are affiliated with veterans are eligible to apply, but preference will be given to people over the age of 60 in the event that there are multiple applicants for the seat.

The remaining three seats are to serve as members of the California Senior Legislature. The California Senior Legislature is a statewide body that represents the interests of older adults in Sacramento.

By law the Advisory Council is required to have a majority of its membership be 60 years of age or older and reflect the economic, geographic, and ethnic composition of the County. Older adults and minority representatives are strongly encouraged to apply. The Advisory Council meets six times a year.

For more information or to apply for any of the six seats, please visit http://vcaaa. org/advisory-council/become-a-member/. The deadline for the three California State Legislature seats is April 9, 2018.

Those interested in applying for all other seats must submit all application materials to the VCAAA by April 15, 2018. For questions, please call the VCAAA at 477-7306 or e-mail Jannette. Jauregui@ventura.org.

The Ventura County Area Agency on Aging, an agency of the County of Ventura, is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals and their caregivers to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

# Zumba is gold

Zumba Gold at the Barranca Vista Center (7050 East Ralston Street) from 10:30 to 11:30 on Tuesday and Thursday mornings. Zumba Gold is a Latin-inspired modified dance-fitness program for people over 55 or just in search of a modified workout. The current class goes until May 3 and are taught by Alison Oatman. Registration number 10641. Then another full session 5/8-5/31 (registration number 11102) and finally a short session from 6/5-6/14 (registration number 11105).

Please call to register at 658-4726 or visit www.cityofventura.ca.gov/register.

### Fly research (really)

Continued from page 16

Parkinson's and Alzheimer's disease. In this study, Dr. Giniger's team found that eliminating or increasing Cdk5 activity beyond normal levels shortened the lives of the flies to about 30 days. After 10 days of age, the manipulations reduced the distance flies could climb up tubes and the alterations caused older flies to have signs of neurodegeneration, including higher than normal levels of brain cell death and degradation.

More analysis showed that altering Cdk5 activity changed the level of several groups of genes that were also affected by aging, including those that control immunity, energy, and antioxidant activity.

His team plans to continue investigating the role of aging in the process of neuro-degeneration.



### **News & Notes**



Be sure to visit the Ventura Breeze at Earth Day and get a free copy of the Breeze.

## The 11th Annual Ventura Earth Day Eco Fest

This free event is the perfect way to spend a day with the whole family. The festival is the largest Earth Day celebration in Ventura County, attracting thousands of visitors and featuring 100+ exhibitors. This community driven event will take place in Plaza Park off Thompson St. in the heart of Downtown Ventura on April 21 from 10am-4pm.

Each year over 200 volunteers work hard to make the event a success. For 2018 expect to enjoy all-day entertainment on two stages, a children's zone full of fun activities, free yoga classes throughout the day, scavenger hunt, raffle, silent auction, reading to adoptable dogs, food trucks, Green Car Expo and much more.

This year join the Earth Day Family Bike Ride organized by Channel Island Bicycle Club departing from Channel Islands National Park Headquarters on Spinnaker. Check in at 8:30am, arrive at the Ventura Earth Day Eco Fest at 10:15am. For more information go to: http://www.cibike.org/activities--events.html.

Organized by Ventura Charter School of Arts and Global Education in cooperation with the City of Ventura. All proceeds from the day-long event go toward funding enrichment programs for Kindergarten through eighthgrade students at the tuition-free public school. Your support builds a conscious community that shapes our future generations.

Entertainment lineup including Jade Hendrix and Sea at Last along with other local talent . To learn more go to www. venturaearthday.org.



This time McGrath will close to serve the Boy Scouts.

# McGrath State Beach to host Annual Boy Scouts Camporee

McGrath State Beach will host the Ventura County Council Boy Scouts of America, Sespe and Channel Islands District Annual Camporee, from April 20 to 22. The park will close to the public on these dates and will reopen on April 23.

Approximately 500 scouts and scout leaders from Camarillo, Oxnard, Port Hueneme, Ventura, Ojai, Santa Paula and Fillmore will come together for the Camporee to test their scout skills with over 15 events set up on site. Camporee

events include a variety of competitions such as knot tying, first aid, and emergency preparedness activities. The annual event is typically hosted at Camp Willett in Ojai, but due to the damage caused by the Thomas Fire, McGrath State Beach will fill in as the alternate location.

The event will occupy all available campsites at McGrath State Beach and no campsites will be available from the morning of April 20 until April 23.



A large throng gathered to enjoy, and participate in Mermaid Month in the Ventura Harbor held from March 1-31. From décor to artwork, to mermaid fashions, pottery and gifts, Mermaid Month was packed with the joys of being a mermaid at heart! Visitors enjoyed the mermaids, mermaid crafts and a Mermaid Parade.



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Remembering Professor Scamp 2002-2017

# The Pet Page



Dedicated to Scamp

SPAN Thrift Store is providing \$10 spays and neuters for low income cat and dog friends.

Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard, 93036, on Friday, April

20th. Please call to schedule an appointment 584-3823. For the homeless April 27 at 110 N. Olive, Ventura.

# Favorite dog breeds in America by Victoria Usher

Labradors continue to be America's most popular purebred dog for the twenty-seventh year in a row. German Shepherds come in second place, Golden Retrievers come in third place, and Frenchies come in fourth place according to the American Kennel Club (AKC) rankings.

After that the Bulldog is fifth, the Beagle is sixth, the Poodle is seventh, the Rottweiler is eighth, the Yorkshire Terrier is ninth, and the German Shorthaired Pointer is tenth.

The versatile, sociable Labrador has had the longest-ever reign as the top dog. The French Bulldog went from being in the seventy-sixth spot to being in the fourth spot in just twenty years and the downsized Bulldogs with the pointed ears have become a favorite among city dwellers who value compact, relatively quiet dogs. Both the Siberian Husky and the Australian Shepherd have also jumped into the top twenty in the last decade.

The American Veterinary Medical Association (AVMA) have estimated that there are about seventy million pet dogs nationwide and that there are over seventy-four million pet cats nationwide. Animal-rights

activists say that purebred fads drive puppy mills, consign other dogs that are not purebred to shelters, and prioritize looks over health. The AKC argue that breeding preserves specific traits that can actually be helpful to police when picking K-9s or helpful to households when choosing suitable pets. But whether purebred or mixed breed, "the most important thing is that you love the dog that is yours and that you responsibly own it and care for it," says AKC spokeswoman Gina DiNardo.

### Cesar's dog training advice: "My dog is eating feces" JoAnn

Dear JoAnn,

Eating feces is normal with many different animal species. In dogs, it is not part of the digestive process, but it is a normal cleaning behavior in mother dogs with pups. Some dogs eat stool even without puppies in a misguided attempt to clean either the yard or their kennel. This can easily turn into a habit.

Malnourished dogs who lack nutrients in their diet or are unable to digest the nutrients in their food may resort to eating partially digested food in poop in order to meet their nutritional needs. Consult your vet about the best diet for your dog, and also to rule out any existing medical problem associated with coprophagia, the scientific name.

After addressing dietetic needs, and ruling our medical conditions, you'll have to break the habit. There are two approaches to stopping the behavior. The most common approach is to use either Adolph's meat tenderizer or a product called "Forbid". These products are supposed to give the stool a bitter flavor when eaten. In my experience, these products are only successful some of the time. Another approach

that may work better is to find the stool in the yard and cover it with a hot sauce, such as Habanero sauce, that will be uncomfortable to eat but cause no real damage.

Dr. Sherry Weaver

Let's face it, dogs are territorial animals by nature. They like to protect their territory, their family, and their belongings. Territorial marking is different from urination because it is only a small amount to make other dogs aware that this is their territory. When people notice that their dog has been

marking around the house, it is not usually done out of spite, but out of insecurity.

For a dog, this insecurity may be a sense that their area is under siege by another person or animal inside the house, or even outside in some cases. Territoriality is not always a bad thing, but it is definitely bad for your home, because it involves urination around things or places that "belong" to the dog; exposure to the scent later can also trigger re-marking. What you can do about it in the next issue.

# Scamp Club

(Scampclub pets are not for adoption.)



Hi: My name is Herby. I am a Chihuahua/ Schipperke mix. I am turning 18-years-old this month! My family rescued me from the pound just in time when I was young. I was not in good shape back then. These days I am the life of the party! My family is the best thing that could've ever happened to me. I enjoy taking walks in my neighborhood, camping and cuddling on the couch.

# Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture anda little about yourself to Scampclub@venturabreeze.com.

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# The Pet Page

LostCatVentura.com and LostDogVentura.com are free resources for finding lost pets in Ventura County, and where you can post a notice to find your lost pet.

# **Forever homes wanted**

Hi: I'm Desi, a beautiful Catahoula/ Am. Staff. Terrier mix. Although I don't look like it or act like it, I'm 8 -years-old. I'm good with dogs with proper introductions, but prefer to be the only dog in the home. I do not care for cats at all(they never listen to me). I do great on a leash and would make a great walking or jogging partner. I also enjoy the water. I'm available to foster or adopt! Canine Adoption and





Bertha was left behind at a hotel and her previous owners never came back for her (I hope they at least paid for her room). She was scared and confused but never lost her sweet disposition. All she wants is to be loved and feel safe. She spent time in a foster home and her foster family can't stop

more every day, and with a patient, loving new owner, we know she will blossom and be the happy dog she deserves to be. Can you be the one to give her the chance at a new life? Bertha A682393



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The Mitz-Khan-A-Khan Chapter of the National Society Daughters of the American Revolution (DAR) unveiled a bronze marker of California Historical Landmark No. 310 that was placed on the front of Mission San Buenaventura on March 31. Present were the Daughters of the American Revolution Ventura Chapter Mitz-Khan-A-Khan, along with other statewide California DAR chapter members and Fr. Tom Elewaut, Pastor, at San Buenaventura Mission.

The Mitz-Khan-A-Khan Chapter of the NSDAR was organized February 20, 1931, and is named for the Chumash Native American village of Mitsquanaga'n,

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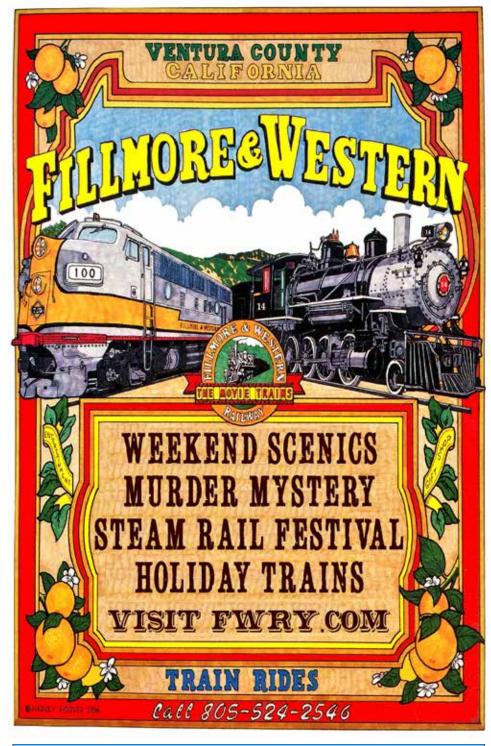
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# This 'n' That



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The Santa Clara River Valley Railroad Historical Society non-profit organization is hosting this one-of-akind event. Established in 1993, the Santa Clara River Valley Railroad Historical Society's mission is to assist in the preservation and restoration of the railroad corridor between Montalvo and Saugus, California. This railroad corridor, commonly referred to as the Southern Pacific's Santa Paula Branch, is a unique and historic asset to the residents of the Santa Clara River Valley and surrounding areas. To maximize the economic, educational and recreational value of this asset, the organization will acquire, preserve, exhibit and operate historic railroad equipment; in addition, it will collect and display artifacts, photographs and operational documents unique to the region.

Continued on page 22



The HACSB is the largest residential landlord in the City of Ventura. Photo by Michael

# Ground broken on the Rancho Verde Apartments

On Wednesday, Mar. 28, ground was broken on the Rancho Verde Apartments, the first USDA Section 514 rental housing property to be developed by the Housing Authority of the City of San Buenaventura (HACSB). It will be the first net zero energy multifamily residential property in the City of Ventura.

Continued on page 22



Jim Danza will lead discussion on protecting Ventura County's rivers, creeks and streams.

# Ventura Land Trust to host environmental lecture

On the evening of Thurs., April 19, Ventura Land Trust (VLT) will host a community environmental lecture entitled "A River Runs Through It - the Beauty, Benefits and Importance of Ventura County's Waterways," at the Poinsettia Pavilion, 3451 Foothill Rd.

Continued on page 22

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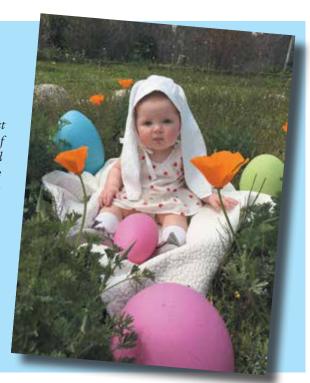
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Louvelle enjoying her first Easter amongst fields of poppies at her gramma and grampa's home. Although she can't hunt for Easter eggs yet she managed to find a few eggs that were almost as big as she is!





# This 'n' That

# Southern Californians should stay in touch with FEMA

Southern California homeowners and renters who have registered for disaster assistance with FEMA following the December wildfires and January mudslides and flooding, are encouraged to stay in touch as their applications are processed.

Financial help for home repair, temporary rental assistance, personal property loss and other losses or damage not covered by insurance may be available to applicants in Los Angeles, San Diego, Santa Barbara and Ventura counties.

Applicants can track their application and should notify FEMA of changes to their mailing address, phone number, email address or if they receive an insurance settlement. Any necessary documents can also be uploaded directly by going online to DisasterAssistance. gov. Applicants can also call the helpline at 800-621-3362; TTY 800-462-7585. Those who use 711 or Video Relay Service may call 800-621-3362. The toll-free numbers are open 7 a.m. to 10 p.m. local time seven days a week.

As of close of business March 27, 691 households have received more than \$4.2 million in assistance from FEMA. The U.S. Small Business Administration has approved 381 loans for businesses, homeowners and renters for more than \$40.4 million.

Significant efforts have been made with the removal of debris from basins and creeks in Santa Barbara County. The U.S. Army Corps of Engineers removed 326,908 cubic yards of debris from 11 basins that provide protection to downstream neighborhoods and properties in Santa Barbara County. USACE is also assisting Santa Barbara County clear debris from nine creeks. Work is complete in eight of nine creeks, for a total of 47,306 cubic yards removed.

CalRecyle has been working in Ventura County to remove debris from private property and conduct soil sampling. So far CalRecyle is 71 percent complete with private property debris removal in Ventura County and expect to be complete by mid-April.

Debris removal is critical to reopening roadways and facilitating further recovery, but is also essential to helping communities prepare for increased flood risks that follow major fires for several years. All residents of Southern California who live near burned areas should be carefully monitor the weather and follow local emergency recommendations. Residents can increase their financial protection by buying insurance now. Click here for information on flood risks after fire, go to or visit California Department of Water Resources for more information.

For more additional updates on California recovery, visit the disaster web page at www.fema.gov/disaster/4353, Twitter at https://www.twitter.com/ femaregion9 and WildfireRecovery.org.

The fact remains that Ventura faces significant challenges. The recovery from the devastating Thomas Fire has brought out the best in people but also exposed failures in systems and processes.

### 2018 Challenges **Rebuilding After The Thomas Fire**

Post-fire reconstruction is overwhelming the Building & Safety Depart-

### City Manager

There is currently no City Manager. Assistant City Manager Dan Paranick stepped up to lead the city's recovery efforts. Nonetheless, the search goes on for a permanent replacement.

### Water Department's New General Manager

New Ventura Water General Manager, Kevin Brown faces the double task of improving performance while he defends the city against lawsuits filed in the aftermath of the Thomas Fire.

### **Elections By District**

The 2019 City Councilmembers will represent specific voting districts. Before 2018, voters elected Councilmembers "at large" to serve the entire city. New faces representing the Ventura Avenue and East Saticoy Districts will occupy their seats on the Council.

### The Deafening Silence

In the closest thing to providing a vision of Ventura's future, Mayor Andrews laid out his commitment to "focus on building prosperity." He plans to support the business community, but he shared no specific policies or initiatives.

Another of Mayor Andrews's commitments was to "radically increase the city's technology." He plans to do this through an improved broadband strategy. He revealed no further details or costs or how to pay for this plan.

### **Pragmatically Looking Ahead**

What we know is Ventura faces specific, severe financial and budgetary challenges, even with the Measure O revenue.

Other issues not commented on

- Ventura will receive less property tax revenue from the 535 houses ravaged by the Thomas Fire.
- Ventura can expect lower gasoline sales tax revenue because of trends towards less driving.
- Unfunded pension costs will increase another 10%-20% next year.
- The recent rains increased road damage on unrepaired streets. Telegraph, Victoria, Wells, and Thompson all show the effect of the storms.
- Ventura Water needs \$500-\$600 million over the next decade for water and wastewater infrastructure. Recent rate increases over the past four years will not cover this shortfall. Water rates will increase again.
- Legal costs to defend the city against lawsuits filed in the aftermath of the Thomas Fire will come from the General Fund. The unbudgeted expense could result in higher fees.

### Where Is The Vision?

There was one tiny glimmer of vision in Neal Andrews's address. He said, "We [Ventura] are no longer a quaint little beach town. However, Mayor Andrews and the city staff have not shared a future vision.

The two new members of the City Council may have a vision but no ex-

If Ventura is to move forward, it's up to us to provide that vision.

The government does not create jobs or develop business, nor do we want them to. Government (the City) is the last entity you want to create jobs. The government does better to stay out of the way so businesses may

What Government can do is create an environment that is favorable for business. They can do so by:

- 1. Issuing permits faster
- 2. Charging competitive (compared to other cities in the county)
- 3. Creating acceptable zoning that encourages desirable companies to relocate to Ventura
- 4. Identifying desirable industries with high paying jobs
- 5. Bringing qualifying business owners to Ventura on a personalized tour of the city

http://www.vregventura.org

### Santa Cruz Island suffers fire

Continued from page 1

fighters. Santa Barbara County and Los Padres National Forest also sent out two crews of firefighters.

The ground crew effort was increased with additional firefighters, including a hotshot crew from Tonto National Forest in Arizona and teams from Sequoia and Sierra National Forests in California.

"There has been an impressive interagency effort to fight this fire: U.S. National Forest Service and National Park Service sites; Vandenberg Air Force Station; Santa Barbara County Fire; Santa Barbara City Fire; and Montecito Fire," said Channel Islands National Park Service Superintendent Russel Galipeau. "Together, they are managing the logistical challenges of fighting fires on our remote islands and are making incredible headway. The fire appears to have not impacted any historic or cultural resources or native wildlife such as the island fox, bald eagle, or island scrub jay. We are very grateful for impressive work of all the firefighting and incident teams who worked on the Santa Cruz Fire."

"Fire is not new to Santa Cruz Island," said The Nature Conservancy's California Islands Program Director Eamon O'Byrne. "We have learned over time that the island ecosystem is resilient and we are so appreciative of the hard work of the fire crews in protecting it."

The fire burned approximately 71% nonnative species and 26% native species within its perimeter. The nonnative species included fennel, grasses, and eucalyptus logs.

"The fire appears to have not impacted any historic or cultural resources or native wildlife such as the island fox, bald eagle, or island scrub jay," said Channel Islands National Park Service Superintendent Russel Galipeau. "We are thankful for the swift and impressive actions of our firefighting teams."

The recent 5.3 earthquake, 57 miles south west of Channel Islands caused a slight earth slide on the island but caused no significant damage. It did scare the Bald Eagle and her new 3 chicks.

Santa Cruz Island, at 96 square miles is the largest in the chain of eight California Channel Islands. The Nature Conservancy owns 76 % of Santa Cruz Island and the National Park Service owns 24 %. Together, they cooperatively manage this island as one ecological unit.

### **Tech Today with Ken May**

# Stingrays in

The federal government has formally acknowledged for the first time that it has located suspected and unauthorized cell-site simulators in various parts of Washington, DC.

The revelation, which was reported for the first time by the Associated Press, was described in a letter recently released from the Department of Homeland Security to the offices of Sen. Ron Wyden (D-Oregon).

"Overall, [DHS' National Protection and Programs Directorate] believes the malicious use of IMSI catchers is a real and growing risk," wrote Christopher Krebs, DHS' acting undersecretary, in a March 26, 2018 letter to Wyden.

The letter and attached questionnaire say that DHS had not determined who is operating the simulators, how many it found, or where they were located.

DHS also said that its NPPD is "not aware of any current DHS technical capability to detect IMSI catchers." The agency did not explain precisely how it was able to observe "anomalous activity" that "appears to be consistent" with cell-site simulators.

The devices, which are also known as 'stingrays' or IMSI catchers, are commonly used by domestic law enforcement nationwide to locate a particular phone. Sometimes, they can also be used to intercept text messages and phone calls. Stingrays act as a fake cell tower and effectively trick a cell phone into transmitting to it, which gives up the phone's location.

Given that cell-site simulators have been used for years at home, it would be naive to think that malevolent actors, including criminals and foreign governments, would not attempt to set up stingrays in major American cities, particularly the capital.

DHS' answers also say that the agency is "aware" of the use of stingrays in other US cities, although it did not name them.

"NPPD is aware of anomalous activity outside the [National Capital Region] that appears to be consistent with IMSI catchers," Krebs also wrote. "NPPD has not validated or attributed this activity to specific entities or devices. However, NPPD has shared this information with Federal partners."

In 2015, various federal law enforcement agencies, including the FBI, said that, in most circumstances, they will require a warrant when they use a stingray. Some states also impose similar requirements. In 2014, the Federal Communications Commission began a task force into the

"illicit" use of stingrays in America, but the investigation doesn't appear to have produced any public reports or taken any meaningful actions. There is currently no way for regular cellphone users to tell if their calls are being

Guest column - An opinion

intercepted by one of these stingrays.

# State-of-the-City address

by Venturans For A Responsible & **Efficient Government (VREG)** 

Mayor Neal Andrews's State-ofthe-City address was noteworthy more for what he didn't say. What this year's address lacked was a vision for Ventura's future. Neither Mr. Andrews nor the city's department heads mentioned job creation, new sources of revenue or business development.

# This 'n' That

### Fair eliminating Parade

Continued from page 1

year long - a safe haven during emergencies and at times of natural

The Ventura County Fairgrounds receives no tax dollars or any other State funding. The Fair and maintenance of the Fairgrounds is made possible by self-generating funds.

To best serve the public in all of these capacities the Fairgrounds is making some hard decisions on how to responsibly use the funds generated through the year. Properly maintaining the Fairgrounds is most important to ensure its safety and readiness in good times and in times of crisis. To that end the Fairgrounds has regretfully announced it will reduce spending by eliminating the Fair Parade and reducing the number of Fireworks shows.

The decision to discontinue the Parade came after many years of declining attendance and rising costs of producing the parade. "The parade was always one of our favorite traditions and we have always been proud of the spirit and talent that was shared with the community."

Fireworks shows have also been a favorite highlight of the Fair. Many looked forward to seeing the colorful displays in the summer sky. At the same time concerned citizens have requested the shows be modified for various reasons including environmental considerations. With the rising costs of producing 12 shows and in response to community sentiment the number of shows has been limited to weekends.

Our recent memories of the Thomas Fire are a good example of how the Fairgrounds quickly assumes the emergency support role with serious attention. Residents of the evacuation areas came to the Fairgrounds and were provided with compassionate direction. More than 8,500 First Responders, Red Cross, and Ventura County Animal Services were supported in their efforts by the quick and attentive Fairgrounds staff. Clean buildings, electricity, showers and living spaces were furnished promptly without question or pause, providing accommodation to the thousands of evacuees and responders.

The Ventura County Fairgrounds immediately became the safe place where mothers, fathers, grandparents and children took refuge as they were forced to evacuate their homes. With no time to hesitate, "Go to the Fairgrounds" was the imperative message on everybody's lips.

It is because of the funds raised by the annual Ventura County Fair, the Derby Club (simulcast horse racing and betting) and the events we all enjoy throughout the year that the fairgrounds is able to provide the prompt emergency services that are necessary during wildfires, floods, mudslides, extreme heat and other natural disasters.

"We take our role of supporting the community very seriously," says Fairgrounds CEO Barbara Quaid, adding "We are here for the people of Ventura County in times of need, we are going to drop everything and focus on that. "

"We are grateful to the residents of Ventura County for generous

patronage of the Fairgrounds throughout the year. Every corn dog and every carnival ride enjoyed at the Fair is another monetary contribution to Ventura County Fair. Because of that continued support we are able to provide necessary services in good times and in times of need."

Everybody is invited to continue the tradition by participating in the Fair as an exhibitor, a volunteer or visit www.venturacountyfair.org to learn of the many ways you can support the Fair.

The 2018 Ventura County Fair, "A Country Fair with Ocean Air," opens Wednesday, August 1 for 12 days until Sunday, August 12. For information please visit www.venturacountyfair. org or call 648-3376.

### Local youth stand up and speak out

Continued from page 1

federal representatives and from there it goes to California lawmakers.

Audrey said, "it's very empowering to finally get a chance to speak out! I'm interested in gun control because I see these videos of kids and adults affected by gun violence and it personally resonates with me". She describes how scary it was when students at Foothill heard of a shooter at the Starbucks just around

The girls said they used to do earthquake drills at school and practice getting under their desks, but now they are having gun lockdown drills where they are taught to hide and find a shield.

Charlotte tells me, "I'm interested in gun control because I'm from Chicago where there are a lot of gangs, shootings and police brutality, I don't want to see my second hometown (Ventura) destroyed by guns".

I asked the girls what their solution is to gun violence and Hannah quickly spoke, "it's not taking away guns or to repeal the second amendment, that's a big misconception! We don't want to take the guns away, just regulate them."

Charlotte added, "The first step is bigger restrictions, the second step is background checks and healthcare issues, especially mental health, it's been very neglected in this country."

Lastly, I asked them why they think gun violence has become much more rampant despite lesser restrictions from years past - what has changed?

Charlotte responded without hesitation, "society has changed!" Audrey added, "and guns have evolved!"

The three have coordinated a walkout on April 20th, students from Foothill High will leave their classrooms at 10 am and walk to City Hall, there they will thank council members and the community for their support. "We want to raise awareness and encourage people to be active in making a change," said Hannah. Plans are for microphones and bullhorns. Free pizza will be provided by Pizza Saves and Senator Hannah-Beth Jackson will be one of the speakers.

How do the teachers feel about them leaving school?

There is a lot of division they said, one teacher said she'd walk out with them (if she wouldn't get fired) and another is assigning an essay, so her students can't go.

### Renaissance of Railroading

Continued from page 20

Sponsoring the event is Fillmore & Western Railway. This legendary railroad is home to vintage passenger and dining cars that date back as far as 1914. It's also home to a 1913 fully restored and operating #14 Baldwin Steam Engine. Fillmore & Western is known as the "Home of the Movie Trains" that have been used in film productions such as Disney's Lone Ranger, Water for Elephants, Sea Biscuit, Get Smart, Bedtime Stories, Race to Which Mountain, Tall Tail, Inception, Anger Management, Fear Factor, X-Files, Bones, Westworld, American Horror Story, Criminal Minds, CSI and many more. They welcome all production companies to visit and contract with them to film either on-site or on location throughout the United States. Additionally, they have a wide variety of train related props for use on sets.

Another amazing part of this railroad is the opportunity to ride the movie trains! All year long they offer train tours such as Weekend Scenic adventures, Murder Mystery Comedy Lunch & Dinner trains, Holiday trains, Special Event trains, Steam train rides, School trains & privately chartered Group trains. Visit fwry.com or call 524-2546 for more details.

### Ground broken on Ranco Verde

Continued from page 20

In this new development, 24 USDA Rural Housing units will be constructed as a multi-family site for farmworker households. Rancho Verde Ventura LP, a limited partnership affiliated with the Housing Authority of the City of San Buenaventura, is the owner and the Housing Authority of the City of San Buenaventura will be property manager. It is located at S. Saticoy Avenue and Blackburn Rd.

The project has been designed to achieve the U.S. Green Building Council's LEED for Homes Platinum Certification. The landscaping will be irrigated by an onsite greywater facility. The architect is Mainstreet Architects + Planners, Inc., and the general contractor is Ashwood Construction, Inc.

Helping with the first shovel full Officer HACSB, Jim White, Vice Chair, HACSB Board of Commissioners, Bret Helgren, Multi-Family Housing Coordinator, United States Department of Agriculture, John Polanskey, Chair, HACSB Board of Commissioners, Veronica Garcia, Deputy Director of Real Estate Development, HACSB and Christian M. von Merkatz, Vice President - Relationship Manager, Community Lending & Investment, Wells Fargo.

The HACSB is the largest residential landlord in the City of Ventura, with over 300 public housing units, more than 1,500 Section 8 vouchers, and over 500 non-profit affordable rental units. The agency is actively working to increase the supply of affordable housing and to improve the quality of life for hundreds more of the low-income residents throughout the City of Ventura.

### **Ventura Land Trust**

Continued from page 20

Beginning at 7 p.m., this second in VLT's 2018 Environmental Speaker Series, will he led by Jim Danza, Asst. Professor of Geography at Oxnard College.

Jim Danza will highlight the importance of understanding, appreciating and protecting Ventura County's rivers, creeks and streams and will discuss river water conservation, the importance of flood plains, the need for urban planning along watersheds, wildlife/urban interface and VLT's ongoing restoration work along the Ventura River.

"I have spent the past 35 year advocating for the protection of rivers and watersheds," said Danza. "To imagine Ventura County without it's rivers, is to imagine our county without its agriculture or human settlement. Whether through the rivers' flows or its interaction with groundwater or soil, rivers are a source of life."

According to Danza, numerous rivers, creeks and streams that run through Ventura County provide water for drinking, growing crops, manufacturing, energy and transport. They also help to prevent erosion, dispose of waste and provide natural protection from flooding.

Now in its third year, the Ventura Land Trust's Environmental Speaker Series is one of many ways VLT works to educate the public about important environmental topics. The non-profit land trust's Big Rock Preserve, where they lead free outdoor environmental field trips for local students and community groups, suffered significant damage in the Thomas Fire.

A suggested donation of \$10 per person will be collected at the door to go toward fire restoration work at Big Rock Preserve. Space is limited and reservations are highly encouraged. RSVP at: http://www. venturalandtrust.org/environmental\_lecture\_20180419

James "Jim" Danza is an Assistant Professor of Geography at Oxnard College and President of the Friends of the Santa Clara River Board of Directors. Danza has 25 years of experience as a professional planner (urban, environmental, and water resources), adjunct professor, environmental leader, and wilderness skills educator. He has degrees in Geography and Environmental Studies and is a certified planner under the American were Denise Wise, Chief Executive Institute of Certified Planners (AICP). His professional experience includes water resources and environmental planning, including lead civil planner at Naval Base Ventura County for 21

The Ventura Land Trust (formerly the Ventura Hillsides Conservancy) is dedicated to permanently preserving and protecting the land, water, wildlife and scenic beauty of the Ventura region for current and future generations. Founded in 2003, the 501(C)(3) non-profit organization is supported by over 600 members, local businesses and government partners. The land trust manages 90 acres of land along the Ventura River and is negotiating the purchase of its first hillside property. The Ventura Land Trust's offices are located in the Poinsettia Pavilion. For more information, visit www.venturalandtrust.

# **Police Reports**

### by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

### **Sexual Battery Arrest**

On March 26, at approximately 3pm, the female victim was walking in the area of the 3500 block of East Main Street. The suspect, 23 year old Ventura vagrant Dylan McTaggart, approached her, yelled lewd comments and sexually battered her. The suspect fled prior to officers arriving; however he was located by officers. The investigation revealed he committed the sexual battery and that he is a registered sex offender. He was booked into Ventura County Jail for misdemeanor sexual battery.

### **Recovered Stolen Vehicle Arrest**

On March 30 at 1am, while patrolling in the area, patrol officers saw a reported stolen vehicle drive past them. The officers followed the suspect vehicle to where it pulled into the 7-11 parking lot on Bristol Rd. The officers contacted the driver of the vehicle, 42 year old Ventura vagrant Manuel Alamillo, and took him into custody without incident.

Alamillo was arrested and booked into the Ventura County Jail for possession of a stolen vehicle.

### Hit and Run, Driving Under the Influence, Assault with a Deadly Weapon, and Felony Resisting Arrest

On April 2, at approximately 7am, the Ventura Police Department Command Center received a call of a hit and run traffic accident that just occurred in the 900 block of Woodstock Ln. The caller reported the suspect vehicle, a black Ford pickup, struck a fence and pole before fleeing the scene.

As officers were responding to that location, additional callers reported a second hit and run accident that just occurred in the area of Harbor Blvd. and Seaward Ave., describing that a similar vehicle hit another motorist and fled. The driver of that victim vehicle followed the suspect, later identified as 36 year old Ventura resident Caden Everett, and caught up to him at the intersection of Seaward Ave. and Thompson Blvd. The victim tried to stop Everett by pulling in front of him and using his vehicle to block him from driving a way. At that point, Everett used his vehicle and starting forcefully pushing the victim's vehicle out of the way. He then continued, being chased again by the victim and a witness. At the intersection of San Nicholas St. and Evergreen Dr., the victim and witness used both their vehicles to block Everett in until officers arrived.

When the first officer arrived and contacted Everett, he was uncooperative and refused to exit his vehicle. Everett started fighting with the officer as he tried to remove him from the vehicle. He was taken to the ground and arrest.

After being medically cleared from VCMC for an injury he sustained during the arrest, Everett was booked into the Ventura County Jail for Hit and Run, Driving Under the Influence, Assault with a Deadly Weapon, and Felony Resisting Arrest.

# Arrest for: Attempt Theft from unlocked vehicle, Resisting Arrest, Active Warrants

On April 6, at approximately 1am, a resident in the 3000 block of Foothill Rd. observed two subjects on Foothill Rd outside of his parked vehicle. Concerned about theft, the resident watched from inside his home. While observing the two, one of the subjects, later identified as 48 year old Ventura vagrant Richard Hunt,

entered the victim's unlocked vehicle and began rummaging around in it. The other subject was described as a white male in his 20's stood outside of the vehicle. The resident shouted at the subjects and the unknown white male entered into a gray 2000 Volvo parked nearby and fled the area. Hunt, left behind by his accomplice, fled on foot. The victim followed Hunt while calling the Ventura Police Department Command Center 911 emergency line.

With the description given by the caller, officers arrived on scene and saw Hunt running south on Dos Caminos Ave. When Hunt saw officers, he began to flee through yards and crossed over onto Estrella St as officers gave chase. Hunt attempted to hide in several backyards and continued to flee from officers, but was ultimately detained as he attempted to flee through an alleyway off of Dos Caminos Ave.

Hunt was positively identified as the subject who had entered the victim's unlocked vehicle. Hunt also had 4 outstanding warrants. Hunt was transported to the Ventura County Jail and booked for an attempt theft, resisting arrest, and his warrants.

The second subject was not located.

The Ventura Police Department would like to remind citizens to remove all valuables from inside of your vehicles and keep the doors locked.

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**3-22** 11:25am, received a report of a hazard to navigation near Ventura West Marina G-dock. Officers responded, removed the log and towed it to the L/R.

**3-24** 10:50pm, received a report of an overdue boater from the girlfriend. She was concerned about the Small Craft Advisory, he wasn't back yet and that he was 5 hours overdue. Officers searched for the vessel in its slip in Ventura Isle Marina. The vessel was found then the missing boater returned home.

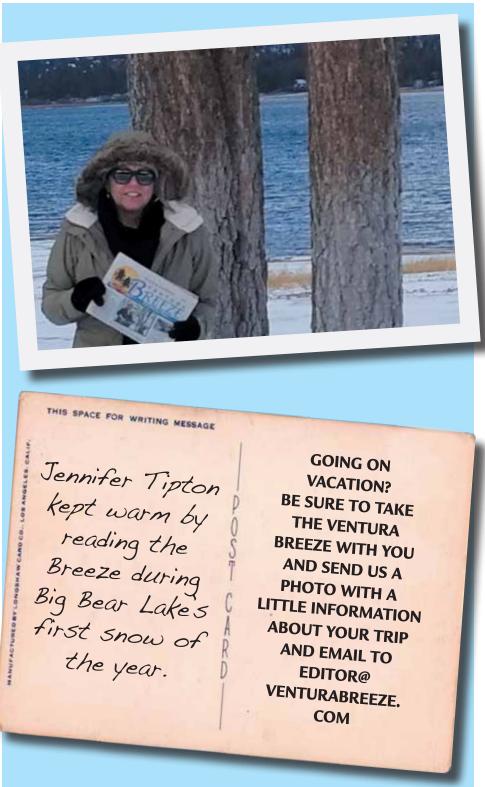
**3-25** 12:11pm, received a dispatch to person not breathing at Ventura Isle Marina A-dock. Officers responded and assisted Ventura Fire/AMR/PD with an individual who unfortunately was deceased when responders arrived.

**3-26** 5:25pm, received report of a transient sleeping on the floor of the 1583 restrooms in the village. Officers responded and contacted the young male laying on the floor and issued warning for sleeping in the restroom.

4:05pm, received a report of what appears to be a brush fire on Santa Cruz Island from the reporting party at Pierpont/Seaward. Advised the caller that the National Park Service fire department was conducting a controlled burn.

- **4-1** 6:00am, observed Easter Sunday morning service being held at Harbor Cove beach while on vehicle patrol.
- **4-2** 7:05am, while on patrol in the vehicle, officers observed a transient asleep on the curb in front of the launch ramp restrooms. Officers made contact to ensure she was ok no medical, they then advised of the no camping ordinance.
- **4-3** 5:33pm, received report of a sick/injured sea lion near Surfers Knoll. Officers responded and assisted CIMWI (channel islands marine wildlife institute) with an elephant seal pup that was stranded on the beach. An area around the pup was blocked off to keep the public away from the pup.





### Weekly SUDOKU -

Answer

7	6	3	1	2	5	4	9	8
9	8	1	4	6	7	3	5	2
2	4	5	8	3	9	1	6	7
6	1	7	3	5	2	8	4	9
8	2	9	6	1	4	5	7	3
3	5	4	9	7	8	6	2	1
4	7	2	5	8	1	9	3	6
1	9	6	7	4	3	2	8	5
5	3	8	2	9	6	7	1	4

— <b>King</b> Crossword — <i>Answers</i>												
Solution time: 21 mins.												
М	Α	Т	Т		Ε	Т	Α		Р	Τ	L	E
1	С	Е	W	Α	Т	Е	R		0	D	0	R
D	Ε	Ν	0	U	Ν	С	Е		L	E	Т	S
			Р	T	Α		Α	S	L	Α	N	Т
G	Α	L	L	0		Α	С	I	Е			
0	В	Ε	Υ		F	L	0	С	Ν	С	E	
D	Τ	Е		G	U	ı	D	Е		Ι	R	Α
	Т	R	0	U	Ν	С	E		Т	Α	П	L
			C	R	Е	Е		Р	ĸ	0	N	Е
V	0	Υ	Е	U	R		Α	L	Α			
Α	W	0	L		Α	Ν	Ν	0	٦	Ν	С	E
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E	D	П	T		S	Р	Α		Α	G	U	E

# Ventura-Music-Scene



### by Pam Baumgardner

VenturaRocks.com

This time of year, we all wait with bated breath for the musical line up for the summer concert season. While the Ventura County Fair has not yet released their roster, tickets for Music Under the Stars at the Historic Olivas Adobe, are now on sale. The series kicks off on July 14 with British Beat, a British invasion tribute band, and winds down on September 1 with Janeen Puente and her Latin Orchestra. Go to VenturaRocks.com for bands and dates.

Ventura's Earth Day Eco Fest will be held at a new location this year at Plaza Park on Saturday, April 21, from 10 am - 4pm. This free community Earth Day Celebration features all day live music and entertainment, over 100 green vendors, a kid's zone with recycled crafts & face paint, food trucks, all day free YOGA, green cars and more!!! Music provided by Jade Hendrix, Sea at Last, Anchor and Bear, Grace Fellows, Shelby Figueroa and Pacific Sound. Oh! And of course, there will be a full-time bike valet on site.

If you dig the sounds of true blue authentic Country women, then don't miss Nashville Gal and her tribute to the women of Nashville at the Rubicon featuring Melissa Hammans on Saturday, April 14, with a Sunday matinee on April 15. Hammans will cover tunes from Dolly Parton, Tammy Wynette, Patsy Cline and Loretta Lynn.

Hi Hat Entertainment continues to bring the talent to town on Friday nights at the Hong Kong Inn. On April 13, they have the multi-award winning Andy T Band featuring Alabama Mike with Anson Funderburgh; on April 20th, it's Chicago's finest blues harmonica with Morry Sochat and the Memphis Kings; on April 27th it local favorite roadhouse rock & blues with Kelly's Lot; and you won't want to miss the return of Billy Vera & the Beaters performing their #1 hit song, "At this Moment" on May 11. Get your advance tickets at HiHatEntertainment.com.

Quick Notes: Ventura College Performing Arts will perform Gilbert & Sullivan's musical, The Mikado April 13-April 15; Medicine Hat's CD release party is Sunday April 15 (2:30 pm) at the Hong Kong Inn; The Hymen Blasters play The Garage on Saturday April 21 with Publik Enema. The Curse is Written (out of Portland) and Rugburn; Rey Fresco's 10-year anniversary bash will be at El Rey Cantina on Saturday, April 21; and Cranberry Sauce featuring nothing but The Beatles, will return to Grapes and Hops Sunday, April 22.

And as a final note, don't forget we have a vital free service for our musically inclined youth. Notes for Notes, in partnership with the Boys & Girls Clubs, produces tomorrow's musicians by providing a fully stocked recording studio where blossoming artists can explore, create and record music absolutely free. Find out more online at NotesForNotes.org/Ventura.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www. VenturaRocks.com.

### Music Calendar

For more events go to VenturaRocks.com

### **Boatyard Pub** Ventura Harbor Village

Tuesdays: Jason Ho

Wednesdays: Mark David McKinnis Thursdays: Blue Grass Jam

### Café Fiore 66 S. California Street (805) 653-1266

Wed 4/11: Big Adventure Thurs 4/12: Coso Live Fri 4/13: Action Down Sat 4/14: Rick Whitfield Tues 4/17: Jazz Expressions Wed 4/18: Donna Butler Thurs 4/19: Self Righteous Bros. Fri 4/20: Young Dempsey Sat 4/21: Otis Hayes

### **Cask Alehouse** 5952 Telegraph Road

Sat 7 pm; Sun 3 pm Sun 4/15: Eric Knierim

### The Cave

### 4435 McGrath Street

5:30 - 8:30 pm

Weds & Saturdays: Varon Thomas Thurs & Fridays: Warren Takahashi

### Copa Cubana

### Ventura Harbor Village

Week nights 6 pm; Weekends 7 pm; Sundays 3 pm Tuesdays: The Jerry McWorter Trio

Wednesdays: Creative Open Mic Jazz Jam Saturdays: Havana 5 Fri 4/13: Lorenzo Brothers Sun 4/15: Brandon Ragan Project

Sun 4/22: Karen Eden Dargan's Irish Pub

### 593 E. Main Street

Sun 4/15: 4 pm Sunday Drivers

### **Discovery**

### **1888 Thompson Blvd**

Wed 4/11: John 5 & the Creatures; Hero Jr. & Stomprocket

Thurs 4/12: Ital Vibes w/ Eureka Sound Fri 4/13: The Velveteen Band, AHTCK, Soup Hat

### Wed 4/18: Alborosie

Thurs 4/19: Sensamotion

Sat 4/21: The Band that Fell to Earth

### **El Rey Cantina**

### 294 E. Main Street

Fridays: Xoco Moraza & Friends; DJ Rouge Sat 4/14: DCMOFO Sat 4/21: Rey Fresco

### **Four Brix**

### 2290 Eastman Avenue

Music 5:30 - 7:30 pm Fri 4/13: Mandii Gomez Fri 4/20: Midlife Crisis

### Garage

### 1091 Scandia

Thurs 4/12: Wimpy Rutherford & the Cryptics Fri 4/13: The Lower Echelon, Guilty by Association, Jerk!

Sat 4/14: Astraeus, Molkahete, Malice Thoughts, No Biggee, Phoenixokk Fri 4/20: The F'ing Wrath, Pink Mist, Brilliant Machine, False Claims Sat 4/21: Publik Enema, Hymen Blasters, The Curse is Written, Rugburn

### **Grapes and Hops**

### 454 E. Main Street

Wed 6 pm; Thurs 7 pm; Fri & Sat 8 pm,

Sat 4/14: Alastair Greene Fri 4/20: Brandon Ragan Project Sat 4/21: Hunter & the Dirty Jacks

### **Hong Kong Inn** 435 E. Thompson Blvd

Sun 4/22: Cranberry Sauce

Mondays: Karaoke Thursdays: Gypsy Blues Band Fri 4/13: Hi Hat Entertainment presents Andy T Band featuring Alabama Mike Sat 4/14: Brad Stewart & the Hellhounds Sun /15: (2:30 pm) Medicine Hat CD release party; Honey Owl, Brothers Fortune, Matt Sayles

Fri 4/20: Hi Hat Entertainment presents Morry Sochat & the Memphis Kings Sat 4/21: MisUnderstood

### **Keynote Lounge** 10245 E. Telephone Road

Tues & Wed: Karaoke Thursdays: Open mic night Fri 4/13: Coz Bros. Sat 4/14: Action Down Fri 4/20: Rick Miller Band

### Sat 4/21: Sean Wiggins **Leashless Brewing** 585 E. Thompson Blvd.

Tuesdays: Galactic Jazz Thurs 4/12: Robert Quindaro Sat 4/14: Jason Ho Sun 4/15: Kirby Ai Fri 4/20: The Inside Break

Sat 4/21: Jacob (After the Smoke)

### **Made West Brewing** 1744 Donlon Street

Thurs 6 pm; Sat 4 pm; Sun 3 pm Thurs 4/12: Sam Kulchin Sat 4/14: Corey Leiter Sun 4/15: The Inside Break Thurs 4/19: Big Tweed Sat 4/21: Tom Buenger Sun 4/22: Will Breman

### Majestic Ventura Theater

26 S. Chestnut Street Thurs 4/12: Nightwish

Thurs 4/19: The Expendables

### Margarita Villa Ventura Harbor

Fri and Sat 6 pm; Sun 4 pm Fri 4/13: Broad Street Band Sat 4/14: Operation 90s

Sun 4/15: Doc Rogers Band Sat 4/21: Dive Bar Messiahs Sun 4/22: CRV

### **Patio at Players Casino Auto Center Drive**

Thursdays: Hermano's Herrera Trio Sat 4/21: Mighty Cash Cats

### **Poinsettia Pavilion**

3451 Foothill Road

Mon 4/16: Tropic Star Mon 4/23: Dick Parent Trio

### **Prime**

### 2209 E. Thompson Blvd

Tuesdays: Danny D Fridays: Mike Moody Saturdays: Jessica Ash

### **Red Cove** 1809 E. Main Street

Thursdays: Music Club Open Jam Night Fri 4/13: Hey Satan, Pink Droid, Underlings, Town Troubles Sat 4/14: The Barn Burners, The Tenderloin Sat 4/21: (6:15 pm) Malice Thoughts, Upper/Downer, 3 Day Holocaust, Fun Abuse, Hiding Inside Victims, The Antidonts, Escape from the Zoo

### Saloon BBQ Co. 456 E. Main Street

Music at 10 pm Wed 4/11: DJ Steezy Steve Fri 4/13: Wild Coast Sat 4/14: Noble Grizwald Fri 4/20: DJs Corey Perez and Eric Lee Anderson Sat 4/21: The Shorelines Sandbox Coffeehouse

204 E. Thompson Blvd

Thurs 6 pm, Weekends noon Thursdays Open Mic Sat 4/14: The Furious Seasons Sun 4/15: Ruby Skye Sat 4/21: Total Recluse Sun 4/22: Thadeus Gonzalez

### Sans Souci

805-641-1025

21 S. Chestnut Sundays: DJ Darko Mondays: Karaoke Tuesdays: DJ Nick Dean Wednesdays: Open mic Thursdays: DJ Spinobi Fri 4/13: Kings Revenge Sat 4/14: DJ Pistolero Fri 4/20: Stevie Char Sat 4/21: We Govern We

### **Squashed Grapes** 2351 E. Main Street

Thurs 4/12: Sabine Trio Fri 4/13: Mike & Al Velasquez Sat 4/14: The Barrelhouse Wailers Thurs 4/19: L.J. and the Boyz Fri 4/20: The White Blinds

### Star Lounge 343 E. Main Street

Sunday music 3-6 pm Tues: Karaoke Thurs: DJ Trovlbe Fri 4/13: Los Dudes Sat 4/14: Jan Michael & the Vincents Sun 4/15: After the Smoke Fri 4/20: Mini Driver Band Sat 4/21: Automatics

### The Tavern 211 E. Santa Clara Street (805) 643-3264

Sundays: DJ Steezy Steve Tuesdays: Karaoke Metal Wednesdays Get it Right Thursday DJs Fri 4/13: Rich Sheldon Sat 4/14: I Want my 80s Fri 4/20: Soul Infusion Sat 4/21: Operation 90s

### Topa Mountain Winery 821 W. Ojai Avenue, Ojai (805) 640-1190

Sat 4/14: (4-6 pm) Love Musket Sun 4/15: (3-5 pm) Karen Eden Sat 4/21: (4-6 pm) The Harlequins Sun 4/22: (1-3 pm) Natalie Gelman

### Vintura at the Wine Rack 14 S. California Street (805) 653-9463

Sundays music at 2 pm Thurs 4/12: Dogfish Fri 4/13: Mark Masson Sat 4/14: Kevin Langdon & Friends Sun 4/15: Epitome of Dreams Thurs 4/19: Andy D Fri 4/20: Tommy Quayle Sat 4/21: Rich Sheldon Sun 4/22: Toni Jannotta

### Wicked's Brew 4561 Market Street

Wed 4/11: (6 pm) Vivien Mason & Jimmy Calire Sat 4/14: (5:30 pm) Steve Ormond

Fri 4/20: (5:30 pm) The Ragtime Brothers Sat 4/21: (10:30 am) Ashun; (5:30 pm) Jodi Farrell & Jim Rankin Sun 4/22: (10:30 am) Karen Parkhouse &

Hot Cuppa Three Winchester's

### 632 E. Main Street (805) 653-7446

Music at 8:30 pm Fri 4/13: Jodi Farrell & Jim Rankin Sat 4/14: Vanise Terry Fri 4/20: Braids & Dreads feat. Dan Grimm

### Sat 4/21: The Swillys The 805 Bar Ventura Harbor

Music at noon Sat & Sun with Kenny

Fridays 5-7: Sing-a-long with Kenny Devoe



This wonderful and whimsical bird is just a small sampling of the exciting art of Jaime **Baker**. To see much more of his work go to Way Outta Line Caricatures on Instagram and Facebook.



Staying "young" at Ventura Townehouse's paint sessions. The Lion and the Lady with Pink Hat are by outstanding artist Janet Freman. "Every child is an artist. The problem is how to remain an artist once he grows up." – Pablo Picasso



Sophia Munoz, a Ventura High School freshman, is another talented artist whose artwork is featured on the district poster. Sophia looks forward to a lifelong career as

# 1st Annual Ventura Unified School All-District Art Show

The first annual VUSD student art show will be held at the Museum

of Ventura County, through the efforts of the Ventura Arts Collaborative, a cooperative program of Ventura Unified School District, the City of Ventura and the Ventura Education Partnership. The juried show will highlight incredibly talented high school, middle school and elementary school student artists. In total, over 50 works have been selected from hundreds of submitted pieces including watercolors, photography, acrylic paintings, mixed media and pencil drawings.

According to Elena Brokaw, Executive Director of the Museum of Ventura County, "This partnership between the school district and the museum is a direct result of our community's commitment to the Arts. Ventura is a city where art and artists are celebrated and welcome. We are proud to be a part of this new annual tradition."

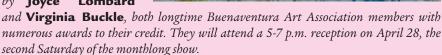
On Thursday, April 19 from 5:00-6:30 pm there will be a VIP Reception. This event will be followed by a \$25.00 ticketed fundraising event (6:30-8pm) and student awards will be presented at 7:00 pm. All proceeds from this event support VUSD's art programs. The art show is open to the public on Saturday, April 21st from 11:00 am-5:00pm. Admission is free. In addition to viewing artwork, student musicians will be performing throughout the day and local food trucks will be

Museum of Ventura County, 100 East Main St.

Lombard's specialty is encaustic paintings and paper sculpture

Two Ventura women are joining forces to exhibit their artistic visions and range in an April 18-May 19 show at the Buenaventura Gallery in downtown Ventura.

"Encaustic & Stone" will feature two- and three-dimensional pieces by Joyce Lombard



Lombard, who will give a demonstration and discuss at 2 p.m. May 6.

Buckle plans to exhibit 11 sculptures and six paintings and collage pieces; Lombard will have about 25 encaustic and mixed media works on display. Concurrent with their show will be a juried exhibition of artworks by BAA members.

Buenaventura Gallery, 700 E. Santa Clara St., is open 11 a.m.-5 p.m. Wednesdays through Sundays. For more information, visit the nonprofit cooperative's website, www. buenaventuragallery.org, or call 648-1235 during gallery hours.

Also on Exhibit at the Buenaventura Gallery is Stories A Mini Open Competition now through April 14

Come see the award winners and read the stories behind

Amanda & Vinny: An Isla Vista Night, First Place by Julie English

"I opened a Snapchat from a friend and said immediate-

Come view the rest of the story.



Artists Lynne Okun and Michelle Foster will host two Saturday morning workshops and a "First Friday" interactive event featuring the "Li'l Circus that Could" at Bell Arts Factory. Living Dream Arts (https://www.livingdreamarts.org/) of SF Bay Area is sponsoring.

The Li'l Circus that could will bring Circus Arts & interactive Fun to kids of all ages! You don't have to run away to join the circus, we are the circus!

Saturday mornings April 21 and 28th from 10am-12 noon and First Friday, May 4th from 5-8pm Li'l Circus premier interactive performance at Bell Arts Factory, 432 N.

In the spirit of keeping Ventura Strong we invite the community to participate in the innovative art of Circus, a fun and open-hearted inter-activity that builds community and ignites the spirit of play in people of all ages. No previous circus arts experience is

Be a part of the greatest show on earth! Stretch yourself silly, learn the art of juggling, hula hoop, human mandalas, pyramids, and more! Circus arts inspires self-confidence, inner strength, concentration, creativity, and collaboration!

The innovative art of Circus is a fun and open-hearted inter-activity that builds community and ignites the spirit of play in people of all ages.

A Conversation with Tim Hauf Sunday, April 29 - 3 to 4:30 p.m.

Oxnard's Levity Live at The Collection, 591 Collection Blvd. To learn about Tim visit www.TimHaufPhotography.com

We can explore the world's most interesting places without leaving home. Pick up Sunset, Smithsonian Magazine or a National Geographic publication



and chances are you'll be in touch with the photography of Tim Hauf. Tim Hauf has been a professional photographer since the early 1990s. Although he grew up in North Dakota, spent 30 years in Ventura County and now lives in Washington State, Tim is very much a citizen of the world. His deep connection to the land – whether nearby in the Channel Islands, Patagonia or the Himalayas - informs his work and allows us to vicariously admire and revel in Nature's infinite variety.

Admission is \$15 for general public; \$10 for seniors. Free to Focus on the Masters Members. RSVP required at www.Focu sOnTheMasters.com or 653.2501.

Special invitation to Educators & Students:

The Artist Spotlight and panel discussion is open to students attending as a class assignment free of charge. FOTM is happy to assist with tracking attendance and sign-in sheets. Reservations required.

Join for AfterGLOW, a celebratory supper at Ventura home of Dennis Mitchell and Richard Sanders immediately following the program. Please bring a warm wrap as you may wish to enjoy the hosts' magical garden. Paid reservations are essential and required prior to April 24. We expect this AfterGLOW to sell out.

\$30 FOTM members, \$40 Non-members.

Maps will be given to paid guests at the interview.

April 11 - April 24, 2018

# Lighter Breeze

### **Mother Goose and Grimm**



### **Baby Blues**



**Pros and Cons** 



Hagar the Horrible





**Barney Google and Snuffy Smith** 





Crock



Solutions on page 23

### (For a beginners guide to playing Sudoku go to venturabreeze.com)

		3	1	2				8
9				6			5	
	4				9	1		7
	1	7		5			4	
	2				4		7	3
3			9		8	6		
		2		8		9	3	
1	9		7					5
5					6		1	

# Weekly **SUDOKU**

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

### **DIFFICULTY THIS WEEK: ◆**

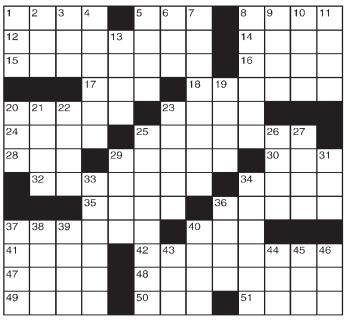
◆ Moderate ◆◆ Challenging ♦♦♦ HOO BOY! © 2018 King Features Synd., Inc.

Solutions on page 23

### **ACROSS**

- 1 Dillon or Damon
- 5 Greek vowel 8 Heap
- 12 Cooling drink
- 14 Smell
- 15 Execrate
- 16 Island garlands
- 17 Sch. org. 18 Not quite
- upright 20 Big name in California wines
- 23 Soreness
- 24 Do as you're told
- 25 Wide ruffle 28 Conk out
- 29 Lead the way
- 30 Playwright Levin
- 32 Beat decisive-
- 35 Manitoba native
- 36 Tending (to) 37 Lecherous observer
- 40 carte 41 Off the base.
- for short 42 Proclaim
- 47 Toy block name
- 48 Washington Monument,

# **King** Crossword



- e.g. 49 Rewrite, 9 Concept maybe 10 Pork cut
- 50 Hot tub 34 Follow closely 51 Chills and merly fever 13 Car
  - 19 Actress **DOWN** Elisabeth
  - 1 Central 20 Deity 2 High card 21 Somewhat 3 Roman X 22 Sly look

ine

sions 26 "Arrivederci"

- 4 Doubly thick 23 Carroll hero-5 Sicilian volca-
- no 6 Sleuth, briefly
- 7 212 or 718, e.g.
- 27 Ireland 8 Allergy suffer- 29 Mentor © 2018 King Features Synd., Inc.

- 31 Beer cousin 33 Spotted wild-
- cat 11 Formerly, for- 34 Emotional upset
  - 36 Trudge on
  - 37 Crooner Jerry 38 As yet unpaid
  - 39 Boo-Boo's companion 40 "- Karenina"
  - 43 Siesta 44 Run-down
- 25 Solemn occahorse 45 French vine
  - yard
  - out a living

ARIES (March 21 to April 19) A little woolgathering is OK. But don't let that dreamy state linger beyond midweek, when you'll want to be ready to take on new workplace responsibilities.

TAURUS (April 20 to May 20) Love rules the week for single Bovines seeking romance. Attached pairs also find new joy in their relationships. Friday should bring news about a business opportunity.

**GEMINI** (May 21 to June 20) Home whirl, as vou show vour talent for hosting great parties. You can expect to impress a lot of people who've never seen this side of you. CANCER (June 21 to July 22) The Moon Child might have to raise those powers of persuasion a notch to get a still-wary colleague to agree to go along. Finding more facts to back up your position

LEO (July 23 to August 22) Hold off trying to fix the blame for an apparent mishandling of a work situation. A full investigation could reveal surprising facts on how and why it really happened.

VIRGO (August 23 to September 22) Your ability to find details others might overlook gives you an advantage in assessing a possibly too-good-to-be-true offer. trusted colleague has advice.

LIBRA (September 23 to October 22) Expect to be called on once again to act as peacemaker in a long-simmering dispute that suddenly flares up. Offer advice, but be careful to stay out of the fray. SCORPIO (October November 21) Your organizational skills help you line up your priorities so that you get things done without added pressure. The weekend could hold a special surprise.

SAGITTARIUS (November 22 to December 21) New ventures are favored. But don't launch yours before rechecking all facts and sources. Also, be sure you can rely on support from certain people.

CAPRICORN (December 22 to January 19) Don't be pushed becomes the center of a new social into renegotiating an agreement, even though it might help avoid a potential impasse. Get legal advice before you sign or agree to anything.

AQUARIUS (January 20 to February 18) Helping others is what Aquarians do so well. But this time, someone wants to help you. Expect to hear some news that will both surprise and delight you. PISCES (February 19 to March 20) Things go so swimmingly that you're tempted to take on more tasks. Best advice: Finish what you have now, then enjoy a well-earned relaxing weekend.

BORN THIS WEEK: Your understanding of human nature helps you make wise decisions that are appreciated by all. You would make a fine judge.

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## **Show Time**

# Love, Simon



Breeze rating from 1 to 4 palm trees, 4 being best.

### by Manuel Reynoso

Love, Simon is a 2018 American romantic comedy-drama film directed by Greg Berlanti, written by Isaac Aptaker and Elizabeth Berger, and based on the novel Simon vs. the Homo Sapiens Agenda by Becky Albertalli. The film stars Nick Robinson, Katherine Langford, Logan Miller, and Alexandra Shipp.

Threatened to be outed as gay by a blackmailer, Simon attempts to keep his sexual identity a secret as he attempts to learn the identity of the anonymous classmate he has fallen for over the internet.

I won't fall into the trap of speaking as if I shared the same or similar experience growing up as an LGBTQ youth. So while I couldn't tell you how effectively *Love*, *Simon* tells the age old story of a youth's coming out process, It speaks volumes on the struggles one has with self-identity and love. While at times conflict can feel a bit contrived, Love, Simon was thoroughly heartwarming from start to finish. It will likely not make waves, but it's just strong enough to give a good tug on your heartstrings.

I'm not one to ding a film for simplicity, but I can't say *Love*, *Simon* did anything very revolutionary. It was a sweet and very charming movie, but still hit many of the same beats as other teen drama films. It has the usual themes of unrequited love, self-Identity, and acceptance one expects to find in a film of this sort. While these are important themes for all youth for sure, some felt a little underdeveloped.

The writing is where I felt a bit of a range in quality. There were some very novel moments written in the dialogue itself. It's difficult to discuss without reducing the impact of the scene, but there was some clever wordplay throughout the film, culminating in a powerful scene thanks to said wordplay. So while this was a definite high point for me in the film, there were other moments of cliché that bring it down a bit. That along with the overall quality of the production really hurts the film.

I'm always conflicted when the cast of the film does great, but feels out of place. I am never going to get over seeing clear adults casted to play what are supposed to be children. I'm sorry if your acting chops are great, but seeing 5 o'clock shadow on a "child" takes me right out of it. I hate to sound nitpicky, but there has to be some level of realism or else my suspension of disbelief goes right out the window. Typically I go a bit more in depth on things such as camera work and other technical aspects, but I just found them to be par for the course. Not bad, but definitely not great.

I did hope that Love, Simon offered more than what I got, but there was enough there for me to recommend the film. Any gripes aside, it's a simple story about finding love for an LGBTQ youth and every bit of that was heartwarming. Love, Simon may not be destined to become part of teen pop culture, but it's strong enough to be memorable. Rated Pg-13 1h49m



Foster daughter Betty and foster mom Liz will share their story at the Foster VC Kids Town Hall in Ventura.

## Panel to share their personal stories at Town Hall

Foster VC Kids, a program of Ventura County's Children and Family Services, will host a free, informational Town Hall on Saturday, April 21 from 10am to 11:30am at Children and Family Services building ,855 Partridge Drive in Ventura. Residents interested in helping local children and teens are encouraged to attend and learn more about the urgent need for Ventura County homes to support youth in care. Panelists will include former foster youth, current foster parents and birth parents who will share their perspectives and answer questions about foster care in Ventura County.

"You loved every single piece of me even if it was horribly broken and I truly believe that your love was the first step in putting me back together again," 18-year old foster youth Betty wrote in a holiday letter to her foster mom, Liz Thiele. Thiele, who has fostered nearly 40 children and teens in Ventura County, and her foster daughter Betty, will be among the Town Hall panelists who share their personal stories.

Those interested in fostering, adopting or mentoring can learn more by viewing the 26-minute online information session at www.fostervckids.org, calling 654-3220 or attending the April 21 Town Hall meeting.

Additional panelists include local foster parent Natalie Torres who has provided a home to nearly 70 youth, as well as foster alumni Lucy who will share her perspective about being separated from her siblings while in care.

Angelina McCormick-Soll, Program Coordinator for Foster VC Kids explains, "More homes are urgently needed, especially in the cities of Ventura and Oxnard. We've had a rise in the number of children over 16 years of age who are in care, from 17% last January to 21% this year. These teens are in jeopardy of aging out without ever having had a permanent home life. Children who age out of foster care are at much higher risk for homelessness, teen pregnancy, and incarceration. And, a heartbreaking 47% of our youth have been separated from some or all their siblings."

Foster VC Kids works to protect these children by ensuring they are placed with fostering and kinship families who have the support and resources to provide safety, permanency and quality care. Extensive training and support services are available to ensure caregivers have the resources to nurture, protect and care for local youth in need.

Learn how Foster VC Kids is making a difference throughout Ventura County, www.fostervckids.org.

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Cabrillo Middle School Music earned top ratings.

# Music alive and well at schools

The String Orchestra and Wind Ensemble Cabrillo Middle School students earned gold ratings from the Forum Music Festival held on Saturday, March 24th. The festival took place at Whitney High School in Orange County, and was adjudicated by music professors Bob Feller of Biola University and Jeff Jarvis of CSU Long Beach based on the national standards of music in education.

Under the direction of Mario J. Boccali, Music Teacher at Cabrillo Middle School they received the highest overall ratings of all the schools in attendance:

String Orchestra - Average score of 96.5 Wind Ensemble - Average score of 97

The Ventura High School Honors Wind Ensemble also had an outstanding festival experience while in Boston.

The Wind Ensemble Honors Wind Ensemble has returned from a very engaging and exciting trip to Boston. They performed with Collegiate/Professional level music with a great degree of musicality. Their overall score was 97% while under pressure and the adjudicators were blown away that high school students could play such challenging music.

There were many encouraging comments made from the directors, one from Berkley, another of Boston Conservatory, Dartmouth and New England Conservatory. The director of Dartmouth promised every member of the ensemble to have their application expedited through admissions, regardless of their major.





Before sunrise on a cold Easter Sunday, good Samaritans Roy Foster and Kathy Powell, along with a few other dedicated volunteers, handed out donated sleeping bags to the homeless at the Armory in Ventura. These bags have been donated by neighbors and friends and collected by Roy and Kathy. The Armory, which is used as a winter shelter for homeless people, was being closed for the season. Roy stated "What a blessing and an honor and privilege it was to help this year at the Winter Warming Shelter. I wanted to do something that ensured they stayed warm so I started a sleeping bag drive about a month before their doors closed. I just want to thank everyone who had a helping hand in this." Photos by Bernie Goldstein (our hero for being there at 5:30am).

# VENTURA County Fairgrounds



# Swap MET

Every Wednesday 7am to 2pm

# Free Parking

\$1.00 Admission

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