

Remembering the Fair, page 8!

FREE



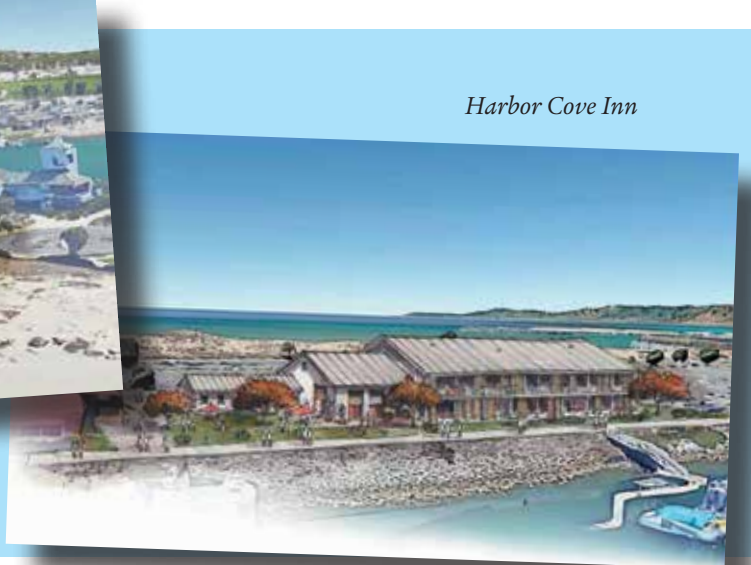
# VENTURA BREEZE

Your Hometown Paper

Vol. 10, No. 24 Published Every Other Wednesday Established 2007 August 30 - September 12, 2017



Adventure Lodge



Harbor Cove Inn



Congratulations to Officer Rebecca Kofman for being selected as the Ventura Police Department's Crime Fighter of the Month! Officer Kofman serves Ventura as a member of the Patrol Task Force. Her outstanding service to our community is appreciated!

## More excitement coming to the Harbor!

Two exciting new development projects are underway at Ventura Harbor that will offer Ventura visitors and residents additional opportunities to stay ocean side. The Board of Port Commissioners has approved a proposal from H. Parker Hospitality that will bring two new hotels to Ventura.

The "Harbor Cove Inn," was approved for the 2.07-acre site next to the Channel Islands National Park Visitor Center and Harbor Cove Beach, at the end of Spinnaker Drive. Plans call for an upscale 64-room hotel, complete with restaurants, rooftop pool, fitness center, casual patio dining, beach club program, dock which would serve as a launching spot for fun and excursions to the Channel Islands, whale watching, diving, sport fishing and other harbor activities such as a water taxi service.

Expanding on the seaside brand of Ventura Harbor as home of the Channel Islands National Park, the second hotel property will be located at the area between Ventura Harbor Village and Island Packers and is named "Adventure Lodge." The Parcel 5 property is about two-thirds of an acre, where H. Parker Hospitality proposes building the hybrid hostel-lodge inclusive of a public pocket park located within the large lawn area that is now the location of many outdoor events.

"We're thrilled to bring new lodging options to Ventura Harbor and are grateful for the community support we've received for these exciting projects," said Port District General Manager Oscar Peña, who noted that

over a dozen speakers supported the projects at the Port District meeting on May 24. H. Parker Hospitality owns and operates several other popular hotels in California including the Fess Parker Resort in Santa Barbara.

Port District commissioners say both sites are valuable but have been underused. Their proximity to Ventura Harbor Village, the Channel Islands National Park Visitor Center, Island

*Continued on page 6*



John Cressy with his dogs Baron, Dog and Whiddle near the mouth of "the raging Ventura River," as John joked on Facebook.

## In memoriam John Cressy

The Ventura Breeze would like to honor the memory of John Cressy, who died recently after a courageous battle with metastatic cancer of the esophagus.

Cressy was a longtime friend of the Breeze. He spent his last 17 years as

part of the team at Whisenhunt Communications. A consummate professional, Cressy insisted on continuing to work even as he grew weak from the disease and the battery of treatments

*Continued on page 19*



Wendy Di Rodio, a family therapist and author, was killed in 2009.

## Officer Aaron Drake may be called as a witness at her trial

From a previous Breeze issue: "After a three-year investigation, the Ventura Police Department arrested Gina Drake, 45, for the murder of her aunt Wendy

*Continued on page 18*

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September 25 • Last Day to Register for Youth and Government

September 29 – October 1 • Fall Family Campout

September 29 • The Ventura Y Turns 130!

October 7 • Parent's Night Out

October 14 • Parent's Day Out



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## Business



Sharon and Isiah carry on a legacy. Photo by Michael Gordon.

### Main Street Meats & Real Food Market a Ventura legacy

by Jennifer Tipton

Located at 3049 E. Main St., this landmark has long been known as Ventura's original and most loved butcher shop.

Opening in the 1920's it was originally known as "Triangle Park Market" referring to the nearby intersection of Thompson, Main, and Telegraph Rd. Briefly leased as a restaurant it opened again as a butcher shop known as "Bud's 101 Market", back then Main Street was Hwy 101!

Frank Rea took over in the 1950's and it became our beloved "Frank's Market", with son Mike as successor.

In 2012 Frank's Market suddenly closed and Ventura held its breath ... where we will get those amazing spencer steaks? Rumor was Frank became ill ... truth is Mike simply retired.

A local rancher with over 17 years of experience, Sharon Palmer bought the business and after extensive remodeling re-opened as "Main Street Meats" in 2013.

Three of her kids, Jazmin, Shannon and A.J. work for their mom. Other employees include Aldo, Alexa and Isiah with Future Farmers of America

*Continued on page 6*

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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

We encourage you to send your opinions to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please limit them to about 300 words

Sheldon:

Thank you again dear Sheldon & all of your crew that works so hard on our fabulous hometown paper, the Ventura Breeze!

For the second time this year you helped a lot of folks find our PD Support Group meeting including a wonderful lady from Sacramento who was visiting Ventura. She told us that she had picked up a Ventura Breeze, was so impressed to find our detailed article in print and decided to see how our support group worked as she coordinates one in Sacramento. We also had the second largest number of attendees this year with just over 60 folks. So thank you again for the

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

■ KPPQ CAPS Radio (KPPQLP, FM 104.1) is hosting an open house and community information discussion on Wednesday October 4th at 6pm at the CAPS Media Center at 65 Day

Road. Everyone interested in community radio is invited to tour the center and join the exchange of programming ideas and direction for the radio station. You may even end up with your own radio show.

My radio show, **Face of Ventura**, airs on Monday, Wednesday and Saturday at 10am and some other surprise times. The shows can also be listened to on our web site at [www.venturabreeze.com](http://www.venturabreeze.com) and clicking on "Face of Ventura" where you can also see a photo of my guests.

On my recent shows, we talked about the City Center and the Ventura Botanical Gardens. If you have suggestions of who I should interview, please let me know.

■ In our last issue, I explained why we weren't revealing the name of the **Ventura police officer** who attempted suicide. Because his name (Aaron Drake) has been in many papers and other media, we have an article in this issue regarding this terrible tragedy.

■ Our Person to Person article in this issue asks people what they think of the new design at the **Harbor Village** entrance. Would love to hear your opinions also.

■ Congratulations to Breeze contributing photographer Michael Gordon for making the cover of the NTSB book (National



Congratulations to photographer Michael Gordon for this photo.

Transportation Safety Board) with his photo of the grounding of the fishing boat Day Island in Ventura. Another one of his

photos is included with the article.

■ Another email you should never open is: "John (or some other name) Urgent Your Pending Payment". Hackers just trying to get into your computer.

■ The new wing at **Ventura County Medical Center** (VCMC) has opened. Hopefully the opening of the new CMH will be coming up soon.

The \$305 million north tower includes an emergency room, intensive care, outpatient laboratory, surgery, labor and delivery, pharmacy and other departments. It was first unveiled in June with a celebration ceremony.

■ A sold out crowd at the **Music Under the Stars** concert on August 12th heard the Motown tribute Blue Breeze Band. A great group, one of the very best to ever appear at these summer music concerts.



Glad to see Mayor Eric Nasarenko enjoying the concert at Music Under the Stars. He is the handsome one. Photo by Pam Baumgardner.

I assume it was sold out because concert-goer's thought that they were the Ventura Breeze Blues Band.

Only 2 concerts remain this summer: Fantastic Diamond and Lisa Haley. If not sold out, get your tickets and enjoy the wonderful music and venue. See Ventura Music Scene on page 20 for more information and other great music events.

■ The California State University system will no longer require intermediate algebra because "they might rarely use it in everyday life."

Using this logic, why should students be required to take history or any other classes that they rarely use in everyday life?

■ Per an article in this issue, things might be looking up at the **Museum of Ventura County** regarding funding and keeping the facility it open. But just keeping it open really doesn't mean much unless the

museum can attract many more visitors on a consistent basis.

■ The famous LA Fairfax area Canter's Deli just received a C grade from the health department. Some patrons are shocked thinking that this is a food rating. This is not a food review, it is a health rating (like bugs, etc.).

■ Ventura is in the process of exploring the cost of hooking up to state water and developing a water-reuse program (about time). Water officials are also recommending that the city remain in a Stage 3 Water Shortage Event, which requires households to cut water by 20%, or pay higher rates.

Part of that is driven by the **Lake Casitas' water level**, which is at 40.2% and dropping — the lake was at 48% when the rates were adopted and groundwater supplies remain very low.

The Water Commission (an advisory body to the council) approved staying at the Stage 3 level.

Resident Dan Cormode, a frequent speaker at city council meetings about our water concerns, thinks that the supply is overly optimistic and "fails to address the potential impact of several issues adversely impacting the availability of various resources." "All of the city's water resources are threatened," he said.

I certainly do not like the way some Venturan's are cutting their water usage by letting their front yards just get covered with weeds. I'd rather see dirt if they don't want to plant succulents. I just think some folks are using it as an excuse to just not care what the front of their homes look like.

■ Because there was so much information available to print in this issue, a few articles didn't make it in. You can read them at [www.venturabreeze.com](http://www.venturabreeze.com), plus lots of other things like weather and surfing reports.

For article on:

Library events

Harbor blotter

Audubon events

City programs

Chamber YPG

Go to

[www.venturabreeze.com](http://www.venturabreeze.com)

## Mailbox

generous space and support you give the Ventura Parkinson's Disease Support Group! :-)) We love the Ventura Breeze!!

Yours truly,

Patty Jenkins

Volunteer Coordinator

Ventura Parkinson's Disease

Support Group

Patty:

And we love you.

Dear Sheldon,

I'm not sure I formally thanked you for our Kids' Arts coverage in the Breeze. Soooo, thank you for the 4th of July & Surf Rodeo articles & pictures. We appreciate what you do to keep Ventura informed & in the know.

Lynne Thurston

In our last issue we had the article "Disaffected seniors are fighting for their mobile homes" by Jared Brewer. Some of the article got cut off. Computer's fault I'm sure. Here is the rest of the article.

It's not pretty for a bunch of seniors to be going down the street pushing shopping carts. But I've seen them out there. And government affordable

housing is closed for 10 years. We'll all be dead by then."

Many disgruntled residents have turned to political activism to voice their concerns. Hence, the foundation of the Ventura Manufactured-Home Residents Council (VMRC), which assembles delegates from nine of the dozen or so mobile homes in the city of Ventura to confront salient issues. The council coordinates with the Golden State Manufactured-Home Owners League (GSMOL), a statewide volunteer organization that promotes resident rights primarily through legislative advocacy. The VMRC convenes the third Wednesday of each month (barring August) at one of the nine mobile home parks. For more information, including the location of next month's meeting, contact President Craig Hull at 223-5635.

You must push yourself beyond your limits, all the time.

— Carlos Castaneda







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## Business

### Facility expands program for retired or disabled veterans

Treacy Villa Residential Care Facility is proud to announce the expansion of their Veterans Administration "Aid & Attendance Program" for retired or disabled veterans. Treacy Villa has dedicated additional single and double rooms for qualified veterans who can now apply for a monthly benefit payment that is made in addition to other pensions. This additional benefit can pay a significant portion towards full residential services at Treacy Villa.

Basic requirements for consideration by the VA are:

The veteran requires the aid of another person in order to perform personal functions required in everyday living such as bathing, feeding, dressing and other basic activities

The veteran is bedridden due to disability or disabilities that require the veteran to remain in bed

The veteran is diagnosed with mental disability including Dementia, or is physically incapacitated

The veteran is diagnosed with eyesight with limited visual acuity in both eyes or other visual disorders

Additional requirements may apply. Please view web site [www.VA.gov](http://www.VA.gov) for more information, or contact Treacy Villa to learn how to apply for the "Aid & Attendance Program" through the Veterans Administration.

Treacy Villa Residential Care Facility has been serving armed force's veterans and their families since 1987 when Patrick Treacy, a military veteran himself, first opened the doors to the 49-bed home. Treacy Villa offers memory care, respite care, transitional care, and hospice.

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### Women's Economic Ventures training

Are you ready to become an entrepreneur, or expand your existing small business? Afraid to "go it alone," or unsure how to proceed? WEV's training programs guide you in taking the next step. Attend a free 1-hour orientation, where you'll meet a WEV representative that will help you determine if Set, Explore, or another WEV program is right for you!

WEV's business training classes are offered in English and Spanish throughout Santa Barbara and Ventura Counties. Free orientations are held throughout the year and are required for enrollment in a training program.

Exact locations given at registration  
Free, but registration is required  
Ventura

Thursday 9/7/2017 12-1 pm  
Wednesday 9/13/2017 6-7 pm  
Wednesday 9/20/2017 12-1 pm

**Main Street Meats & Real Food Market**  
*Continued from page 2*  
learning the trade.

The meat all comes from local ranchers and is organic, no dyes, no artificial preservatives or hormones, never been packaged or frozen. Much of the meat is dry aged which is the natural way to care for fresh meat, just as the butchers of days past used to hang it. "The problem with local grocery stores," according to Sharon, "is the meat is cut and packed and never allowed to do what it's supposed to do."

Customers can order preferred cuts (like those spencer steaks), but the meat case has a variety of choices such as gorgeous steaks, chops, ribs and some incredible specialties – teriyaki beef short ribs, chicken artichoke feta sausage or sundried tomato, spinach and goat cheese stuffed chicken. There are a variety of custom burgers not found anywhere else such as the bacon burger with beef and bacon ground together. The ultimate burger is a combo of ground tri-tip, brisket and sirloin and all meat is ground fresh daily. Bulk Boxes are available ranging from 20-40 pounds with choices of beef, pork or the forager (combo) pack.

Sharon also does specialty side dishes for holidays, there was "Man Candy" for Father's Day.

There's also a full deli with assorted sandwiches etc.... and smoked tri tips, chickens, ribs and turkeys available to purchase. Selections change frequently.

Specials are offered every weekend. By entering your cell phone number, you'll receive text messages notifying you of the current deal. Deals include \$10 off a \$50 purchase or a free tri tip with purchase of a bulk box and additional 5% discount if you pay cash. Sharon says, "Fees for small merchants are high, I'd rather give my customers that discount." Checking in each visit earns future discounts of \$5 to \$10.

Main Street Meats also calls itself "a Real Food Market" and rightly so because there is local produce and products including Blue Ridge honey, Ventura's Coffee and Earls Gone Wild BBQ sauces and marmalades. Sharon says, "You've got to be part of the neighborhood and support small businesses."

She also shared, "To me, if you don't give to the community, how do you expect the community to give back to you?"

Sharon gives generously to the City Center, Future Farmers of America and the Ventura County SELPA project, which provides disabled kids a chance to work in the market every Wednesday. Main Street Meats & Real Food Market carries on the legacy of Frank and Mike Rea.

For more info check the website: [MainStreetMeatsVentura.com](http://MainStreetMeatsVentura.com).

**More excitement coming to the Harbor!**  
*Continued from page 1*

Packers and beautiful Harbor Cove Beach make the sites ideal for hotels, Peña said.

Before any construction can begin, the developer must win approval from the Ventura City Council and the California Coastal Commission, among other steps which means the project is many years away from starting construction.





# Community Events

Visit our web page for City Classes and Library events

## Ventura events

by Ana Baker

**Ventura Poinsettia Dance Club meets every Monday from 7:30 - 9:45 p.m. at the Poinsettia Pavilion.** Ballroom, swing, Latin, mixers and line dancing. Members \$10, non-members \$12. Call Rick 415-8842 for more information.

**DBSA Ventura, the local chapter of the Depression & Bipolar Support Alliance (DBSA) confidential, peer-led, self-help support groups.** Tuesday from 6:30 - 8 p.m. at Bible Fellowship Church at 6950 Ralston St. Email DBSA\_Ventura@yahoo.com, visit facebook.com/DBSA.Ventura or call 253-3289 for more information. 1-3p.m. at the New Visions Center on the first and third Saturdays of the month. At 1065 E. Main. Email DBSA\_Ventura@yahoo.com, visit facebook.com/DBSA.Ventura or 746-3106 for more information.

**There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m.** Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

**Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun.** There is a game every day of the week. Check out their website at www.vcbridge.org Life is Better with Bridge.

**The Ventura Retired Men's Group welcomes interested men to their semi-monthly Tuesday lunch (\$15) meetings at the Ventura Elks lodge.** This regular congenial social event is a welcome atmosphere to talk and joke, hear a speaker on a variety of relevant topics. Steve at 642-1359

**Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night.** Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

**Ventura County Philatelic Society meets the first and third Mondays each month. Do you collect stamps? Come spend the evening with us.** 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking free. Contact Bill Garner 320-1601

**Mended Hearts of Ventura meet the first Tuesday each month at the Community Memorial Hospital - 8th floor.** Excellent speakers - leading Cardiologists, Nutritionists, Dietitians, etc. Come share with us if you have had heart surgery or stent implant. Bill Garner 320-1601

**Assistance League of Ventura County creating "A Brighter Tomorrow for Today's Children" will hold its regular monthly meeting on the third Thursday of each month at the Chapter House, 913 East Santa Clara St.** Doors open at 9:30 a.m., meeting begins at 10 a.m., guests and new members welcome. Find more information assistanceleagueventuracounty.org or email alvconline@hotmail.com. Telephone Monday thru Friday 8 a.m. to 2 p.m. 643-2458

**Support group for depression and bipolar disorder 6:30-8 p.m.** DBSA Ventura County is a free weekly peer-led support group meeting on the Encounter Bible Fellowship Church campus, upstairs, 6950 Ralston St. 633-0736 for recorded information or visit www.DBSAAlliance.org.

**Sept. 2: The Ventura Tennis Club, in partnership with the Ventura Recreation and Community Services, is hosting a Ventura Tennis Day on Saturday, from 10- 3 p.m. at the Camino Real Tennis Park.** Events will include clinics for adults and kids from 10 - 11:30 a.m. along with racquet demos. After the clinics, food and refreshments for club members and their guests. Information: http://www.venturatennisclub.com

**Sept. 3: Poinsettia Pavilion 3451 Foothill Blvd, Sunday from 2- 4 p.m., "Old Country Grass Band."**

**Sept. 3: Citizens for Peaceful Resolutions monthly meeting Sunday 3 - 5 p.m.** Ron Whitehurst will discuss the Ventura Food Co-op which is seeking 1250 members in order to open a grocery store. The co-op's focus would be on good food for the value with the farmer, and employees getting a fair price or wage, stimulating the local economy and promoting resiliency vs cheap food. E.P. Foster Library, Topping Room. More information: https://www.facebook.com/search/top/?q=ventura%20food%20co-op

**Sept. 6: The Beach Cities Neighbors and Newcomers Club, (BCNN) is a group of active women of all ages who enjoy activities such as hiking, bridge, dining, wine outings, etc. Held at the Knights of Columbus from 9:30 - 11 a.m.** Enter the parking

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**Learn about these 2018 trips at the Travel Show Monday 9/18 - 11 am**

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lot from Santa Clara Street. No charge for meeting and no reservations are required. Fashion Show with clothes provided by Chicos.

**Sept. 8: The General George S. Patton, Jr. Chapter, Sons of the American Revolution September luncheon meeting will feature annual awards program to honor members of the chapter, with a special award**

**of the SAR War Service medal to Col. Martin Spann.** At 11:30 a.m., Garden Room, Marie Callender's Restaurant, 1295 S. Victoria Ave. All SAR & DAR Compatriots, friends and visitors are welcome to join. Lunch is \$20 per person. For additional information or for assistance in determining your possible Revolutionary War genealogical roots,

Continued on page 18

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# Community Events

## Ventura County Fair ends 12 days of fun

The Ventura County Fair is proud to report another successful Fair. Celebrating the diverse traditions of Ventura County, the 142nd edition, “Rooted in Tradition” closed with success in all categories. Visitors came from near and far to enjoy the 12-day run, August 2 through August 13.

The Ventura County Fair’s mission is to preserve, promote, and showcase agriculture and the traditions of Ventura County, this was accomplished with competitive livestock and horse shows, agricultural exhibits and baking contests.

Fairgoers were greeted with an abundance of attractions, which included Leroy and Lee’s Flea Circus, Star Child Stilt Circus, who delighted young and old as they strolled high above the Fair, and Slim and Curly, the wise cracking cowboys who made people laugh everywhere they went. Adding to the attraction were exciting new carnival rides, including the Olympic Bobsled Roller Coaster and the delightful Happy Swing. Tasty new food offerings like Deep Fried Pineapple and Belgian Waffles on a Stick pleased the taste for new summer treats while the mini donuts and turkey legs satisfied the cravings of Fairgoers.

Total Attendance for 2017 was 305,746; off from 2016’s record attendance of 332,262.

“We do everything we can to bring Ventura County a better Fair every year,”

said CEO Barbara Quaid, sharing the Fair’s winning formula; “For us the focus is not about the numbers of people coming through the gates, but about the quality of the experience our guests have at the Fair. We measure our success by the number of smiles on the faces of the Fairgoers. We are committed to offering a clean, safe and fun experience that people will remember forever.”

As is the case every year, overall success would not be possible without the tremendous support of the sponsors and the community. While the gates have closed on the 2017 Ventura County Fair, planning is already underway for the 2018 Fair.

The Ventura County Fairgrounds consists of a 62.5-acre parcel and operates as a multi-purpose, multi-functional, year-round facility accommodating a variety of events. Regarded as a premier rental facility, the Ventura County Fairgrounds and Event Center attracts some of the most popular shows and attractions in the county throughout the year, including livestock shows, dog shows, horse shows, home and recreation shows, concerts, dances, business expos, weddings, quinceañeras and receptions, motorcycle and automobile shows, camping groups, swap meets and much more.

The Ventura County Fair entertained thousands of guests and participants. It employs up to 700 seasonal staff during the annual 12-day event. With annual attendance of over 300,000 visitors to the Fair, the communities throughout Ventura County share in the economic vitality derived from the Ventura County Fair. The Fair

brings economic, social, educational, and cultural resources and provides lasting impressions on Fairgoers. While agriculture is the heart of the Fair, it’s the diverse entertainment that typically draws Fairgoers through the gates. Known for free top name concerts, we take pride in the overall dynamics and diversity of the entertainment, the esthetics and cleanliness of the grounds, as well as the vast educational and innovative exhibits that are showcased throughout the Fair each year.



Bilbo’s hobbit hole from the fantasy novel The Hobbit.

## Gardens of magic at the Fair

by Karen Helen Szatkowski

Often a favorite venue of fairgoers, the 2017 Ventura County Fair Floriculture Display met the challenge of prior years and has been an educational powerhouse as well. Propagating, growing and maintaining the huge variety of dec-

orative plants that we, here in paradise, can enjoy throughout most of the year.

I took special note of an award winner that brought to life the setting of Bilbo’s hobbit hole from the fantasy novel The Hobbit by J.R.R. Tolkien. This garden was put together by the congregants of the Calvary Chapel Ojai Valley Church. Pastor Nelson stated that this effort reproduced a setting the church had built for member children that is enjoyed by all.

It is difficult to choose between the gardens and assign the level of premiums for each division. Everyone is a winner. That is accomplished by the Floriculture Department of the Ventura County Fair Superintendent, Barbara Schneider and Assistant Superintendent, Sue Diller. These women have been on this mission and carried this responsibility for decades.

There are 61 divisions spread over such items as potted plants; arrangements; collections, roses and dish gardens. They range from school exhibitors to plant clubs. Commercial entities have their own divisions, and there is also an entire set of divisions for junior entries. One division is even assigned for individual amateurs and another for condo gardens.

Barbara and Sue stated, “For those Ventura County people that enjoy mucking around in potting soil, fertilizer, bug spray and the like in order to admire the beauty in nature, it is highly recommended that you should bring it to the Fair!”

For further information visit <https://www.venturacountyfair.org/floriculture/>



Remembering the Ventura County Fair and Parade by Richard Lieberman, Bernie Goldstein, Michael Gordon, Murray Robertson, Breezy Gledhill and maybe some others we forgot.





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## News & Notes

### Chorus begins rehearsals

Gold Coast Concert Chorus under the direction of Elizabeth Helms invites you to sing for the 2017-2018 30th Anniversary Season. Rehearsals for their holiday concert, Cheers! A Holiday Celebration, begin Monday September 11th at 7pm. Registration begins at 5:45 pm. Rehearsals will take place at Ventura Continuing Education Center, 5200 Valentine Road, in the Ron Halt Community Room (back parking lot). No audition is required to participate in GCCC. Interested singers may register September 11th, 18th or 25th and are financially responsible for registration

fee, music, attire and active participation in the rehearsals and performances. This concert will be performed December 8th & 9th, 2017. For more information [www.goldcoastchorus.org](http://www.goldcoastchorus.org).

### A Contest

How many students can one bus transport?

The first correct entry will receive two tickets to the Ronal Reagan Library (value \$58.00).

Send your answer to: [editor@venturabreeze.com](mailto:editor@venturabreeze.com).



Good Bye August  
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VenturaArtFestival.com

## News & Notes



Rick Jeffery and Brie Young completed the Swim Around the Pier event that took place Friday, August 18th at the pier. This well attended event was sponsored by the Junior Lifeguards of Ventura. Rick Jeffery, a member of the YMCA Board of Managers learned to swim just a year ago at the Y. This was the second year for Jeffery, and he swam with staff from the Ventura YMCA. Photos by Richard Lieberman.





# Senior Living

*Pull Out Section*



Teresa Valko and Lois Perry offer an afghan to a Greenfield Care Center resident.

## Knit-a-thon for Alzheimer's benefits memory care residents

by Lori Harasta

Eighty participants knitted and purled together to raise money for research on "The Longest Day", an Alzheimer's fundraising event that took place at Anacapa Fine Yarns in Ventura on June 21.

The event was the brainchild of a couple of women with two things in common: knitting and Alzheimer's. Teresa Valko has numerous family members who have suffered and succumbed to the disease; Lois Perry's husband has had increasing symptoms since just after he turned 50.

It began as bonding over the clicking and clacking of needles, and progressed to a deeper friendship as

they learned about the pain of each others' experiences with Alzheimer's.

These are not ladies that swoon at challenges. They used their ingenuity and balls of yarn to stage the first annual Ventura County "Knit-a-thon" to raise research funds to end Alzheimer's, a horrible disease that has touched virtually everyone's lives. It is the 6th leading cause of death in the United States; the 5th in California. They were hoping to raise \$10,000.00. They raised over \$17,000.00. It was such a success that Teresa looks forward to rolling it out across the state and the nation.

Last month, with assistance from

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Administrator Stacy Christianson and Facility Liaison Sandra Smith, Lois and Teresa had the pleasure of donating 40 afghans made on "The Longest Day" to Memory Care residents at Greenfield Care Center in Fillmore.

Needles to say, they received a warm response.

Epilogue: Even if you don't knit, there are many ways to be part of the solution. You can become an advocate, donate, or join a walk. The next local "Walk to End Alzheimer's" is Saturday, September 30, 2017 at The Collection at River Park, 2751 Park View Court, in Oxnard. For more information, call Fahim Farag at 494-5200 or email ffarag@alz.org.

Women are at the epicenter of the Alzheimer's epidemic. Nearly two-thirds of Americans living with Alzheimer's are women. The Alzheimer's Women's Initiative (AWI) is a volunteer-driven community group which aims to educate, honor, expand and advocate.

Join the movement today to wipe Alzheimer's off the face of the earth. Visit [alz.org/mybrain](http://alz.org/mybrain).

## Family Caregiver Resource Center- Catholic Charities

by Connie De La Rosa

Tips on helping elders and kids stay cool

During the fall season, hot windy weather can be miserable for Elders, or children.

Here are a few tips on how you can help

your elder or child stay cool:

Have your loved one remain on the first floor if living in a two story home.

Eat lightly, avoid caffeine, alcohol and drink plenty of fluids

Leave a hand held fan, battery operated fan in case air conditioner goes out during an outage or there is no air conditioner in the home.

If your elderly loved one is able to independently leave the house during the hottest part of the day, ask them to visit a library, go to the grocery store, or anywhere that is air conditioned which will save them money on their electric bill and do things they normally do or like doing.

For children, taking them to the library, movies or beach making it fun and staying cool at the same time.

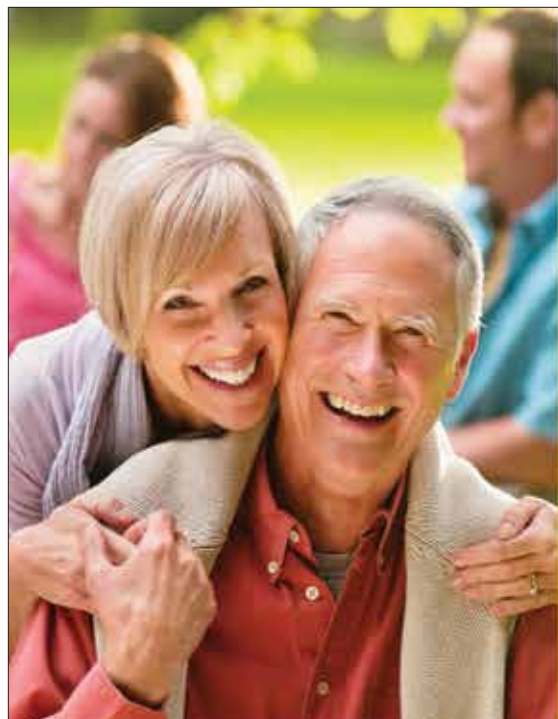
Do you need support, have questions regarding care for your elderly loved one or are you a grandparent raising grandchildren who live with you? We can help at no cost to you, resources/referrals and more. Call 420-9608.

## Senior's enjoying music

Sept. 12 (2nd Tues. of each month), 1:30 - 4 p.m., at SCAN Health and Wellness Center, 6633 Telephone Rd., led by Marty Capsuto. For those 55+ and guests, so Marty will guest sponsor all Songmakers under 55. Plenty of parking behind building. For more information, contact Marty at 658-0365 or [mcapsuto@scan-healthplan.com](mailto:mcapsuto@scan-healthplan.com).

Sept. 22 (4th Friday of each month), 7:00 - 10:00 p.m. Like to play acoustic music? Songmakers.org welcomes all lovers of acoustic music—instrumentalists, singers, and singer/songwriters of all levels—to join

*Continued on page 13*



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## Senior Living

### Keep living, laughing and moving with Parkinson's disease!

by **Patty Jenkins**

How do I do that, you ask?? Well, it's by employing the "dreaded E word", the magic medicine for everyone, but especially for people with Parkinson's Disease: it's "exercise!" Every Doctor, Movement Disorder Specialist, Neurologist, fitness professional and Parkinson's Disease web site emphasize how important it is for people with PD to keep moving. "No matter what symptoms are present and how significant they may be, some form of exercise likely can be done" (from Parkinson's 360 degrees, Michael J. Fox Foundation) "Group exercise can foster social interactions and a sense of community, too."

And it can also be fun! Come discover how with the Ventura Parkinson's Disease Support Group on Wednesday September 13 from 1 to 3PM at the Lexington Assisted, 5440 Ralston. We are having a very special and "interactive" presentation by two of our area's finest and most experienced professionals in their fields with Parkinson's Disease: Marc Broberg, PT, Director of the Neuro Division of Two Trees Physical Therapy and Wellness and Camille Torgesen, instructor for The Art of Movement and Tai Chi: Moving for Better Balance.

Marc is a Board Certified Clinical Specialist in Neurological Physical Therapy. Marc graduated with a Master of Science in Physical Therapy from University of California San Francisco / San Francisco State University in 2002. Prior to pursuing a graduate degree in PT, Marc earned a Master's degree in Kinesiology with an emphasis in Biomechanics from CSUN and participated in clinical research at the Center for Human Movement Studies at Georgia Tech in collaboration with Emory University. Marc will discuss and illustrate the most current evidence-based guidelines for therapy and exercise for individuals with Parkinson's Disease and also give demonstrations and information about a special class offered for people with Parkinson's Disease at Two Trees called "Neuro Boot Camp".

Camille Torgeson has been in the business of assisting in the health and fitness of our senior population since 1997. She earned her teachers credential in Older Adult Health and Physical Fitness. In addition, she is trained in The John Argue Art of Movement for people with Parkinson's Disease and Tai Chi: Moving for Better Balance from the Oregon Research Institute for those at risk of falling or repeated falls. The classes she teaches are "evidence based" and recognized by the CDC and NCOA or based on a combination of evidence based programs. Parkinson's Disease And The Art Of Moving is a program developed by John Argue in 1985 to help friends diagnosed with the disease. With input from doctors and others in the neurological field, he developed a program that addresses, movement, speech, and activities of daily living. She has been teaching the program there

and in Camarillo since her training.

Check in at the front desk for directions to the meeting room. Extra parking is available across the street from the Lexington in the Baptist Church parking lot.

Call Patty at 766-6070 for further information. Reservations are not required. The Ventura Parkinson's Disease Support Group is an independent and volunteer-organized group not affiliated with or a part of any other organization or group

## Community education classes and events

Livingston Memorial Visiting Nurse Association supports the total well-being of our community by hosting free monthly education classes throughout the county which include the following: All at Livingston Memorial Visiting Nurse Association office, 1996 Eastman Ave., Suite 109 unless noted. Call 642-0239 for more information or email [griefinfo@livingstonvna.org](mailto:griefinfo@livingstonvna.org).

**Social Services/Bereavement Groups**

**Ojai:** Caregiver Support Group Tuesday, September 5th and Monday, September 18th from 10:00 am – 11:30 am at Continuous Care Center, Fireside Room, 1306 Maricopa Hwy, Ojai (behind Ojai Valley Community Hospital). Find encouragement and hope during your time as a caregiver. Share, listen and explore thoughts and feelings about the struggles, losses and successes of caring for your loved one. For more information call (805) 633-9056.

**Ojai:** Adult Bereavement Support Group Tuesdays, September 12th and 26th (2nd & 4th Tuesdays) 10:30 am-noon at Help of Ojai, West Campus 370 Baldwin Rd., Ojai. These groups are open to individuals who have experienced loss and are free of charge. Call 642-0239 for more information or email [griefinfo@livingstonvna.org](mailto:griefinfo@livingstonvna.org).

**Ventura:** Adult Bereavement Support Group Wednesdays, September 6, 13, 20 and 27, from 6:30-8:00 pm These groups are open to individuals who have experienced loss and are free of charge.

**Ventura:** Newly Bereaved Support Group Thursday, September 14th from 6-7:30. This monthly group is designed for adults who have recently experienced the loss of a loved one. These groups meet every 2nd Thursday of each month. Diabetes Classes Ventura: Tuesday, September 5th from 1-2:30pm. These meetings are held on 1st Tuesday of each month. General information is provided about Type 2 Diabetes including prediabetes, with emphasis on meal planning, medication, exercise, blood sugar monitoring, and new developments in diabetes.

**Joint Replacement Classes Ventura:** Thursday, September 7th from 1:00-2:00pm. You will learn what to expect before, during and after knee or hip replacement surgery and how to be an active participant in your care. These meetings are 1st Thursday of each month.

Dinah Davis at 642-0239 ext. 739.

**Ventura:** Monday, September 11th for both English and Spanish speaking. English 4:00-5:00 pm and Spanish 5:30-6:30 pm. You will learn what to expect before, during and after knee or hip replacement surgery and how to be an active participant in your care.





# Senior Living



“Maybe I had better attend this forum before I do this!”

## Preventing falls

On Friday, September 22 the Elderly Fall Prevention Coalition (EFPC) of Ventura County, in association with Ventura County Area Agency on Aging (VCAAA) will host a prevention Forum: “United we Stand to Prevent Falls.”

The format will consist of speakers interspersed with balance enhancement activities and demonstrations. Also health assessments, including vision, hearing, and balance.

Dr. C. Shawn Skillern, founder of West Coast Vascular Clinic will be the keynote speaker. The Event will be informative and fun for the participants!

This year they expect more than

200 participants. The event will be held from 9 a.m. to 2 p.m. at the Simi Valley Senior Center located at 3900 Avenida Simi, Simi Valley. Registration starts at 8 a.m. Participants will be given plenty of time to visit exhibitors before, during and after the program.

The goal is to reduce the following startling statistics:

- In 24 months (2014-15), there were over 12,000 recorded falls in Ventura County residents ages 65+
- 99% of fall victims sustained injuries requiring treatment
- 65% of all falls occurred at home

## How Medicare helps people with diabetes

by Greg Dill

Greg Dill is Medicare’s regional administrator for Arizona, California, Hawaii, Nevada, and the Pacific Territories

At a recent meeting of my staff, the topic of diabetes came up.

When we went around the table, it turned out that 25 percent of them have problems with blood sugar. That figure exactly matches the percentage of Americans 65 years old and older who have diabetes or a condition called pre-diabetes.

I’m shocked that such a large number of Americans are affected by this disease, because it’s a nasty one. If left uncontrolled, diabetes can lead to some really bad outcomes, including kidney problems, glaucoma and other eye disorders, foot ulcers, amputation of feet or legs, stroke, diabetic coma, and even death.

The good news is that people with diabetes can avoid many of these negative outcomes if their disease is diagnosed, treated, and controlled. At Medicare, we’re committed to preventing diabetes as much as possible and treating those who are diagnosed with it.

If your doctor thinks you’re at risk for diabetes, Medicare covers screening tests for it. And if you develop the disease, Medicare covers a wide variety of medications, home testing equipment, supplies and self-management training to help you cope with it.

Screening tests are used to detect diabetes early. Conditions that may put you at risk for diabetes include:

- Obesity (with certain conditions)
- Impaired glucose (blood sugar) tolerance
- High fasting glucose
- A history of abnormal cholesterol and triglyceride levels (Dyslipidemia)

Medicare will pay for two diabetes screening tests in a 12-month period. After the initial screening, your doctor will determine when to do the second test.

You and your doctor can discuss diabetes and any other health concerns you have during a “Welcome to Medicare” visit. Medicare covers this one-time review of your health, including counseling on any screenings, shots, or other care you may need. (You must have this visit within the first 12 months you’re enrolled in Medicare Part B.)

In addition, Medicare covers an annual wellness visit with your doctor, during which you can develop or update a personalized prevention plan based on your current health and risk factors.

If you do develop diabetes, Medicare pays for self-management training to help you learn how to successfully manage the disease. Your doctor must prescribe this training for Medicare to cover it.

The training covers topics including the risks of poor blood-sugar control; nutrition and how to manage your diet; options to improve blood-sugar control; exercise and why it’s important to your health; and how to take your medications properly.

Medicare also covers medical nutrition therapy services to help you learn which foods to eat and how to follow an individualized diabetic meal plan.

Generally, Medicare Part B (medical insurance) covers services and supplies needed by people who have or are at risk for diabetes. Medicare Part D (the prescription drug program) helps pay for supplies for injecting or inhaling insulin.

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“Dang, I know I came into the kitchen for something!”

## Memory and thinking

Many older people worry about their memory and other thinking abilities. For example, they might be concerned about taking longer than before to learn new things, or they might sometimes forget to pay a bill. These changes are usually signs of mild forgetfulness—often a normal part of aging—not serious memory problems.

Talk with your doctor to determine if memory and other thinking problems are normal or not, and what is causing them.

### What’s Normal and What’s Not?

What’s the difference between normal, age-related forgetfulness and a serious memory problem? Serious memory problems make it hard to do everyday things like driving and shopping. Signs may include:

Asking the same questions over and over again

Getting lost in familiar places

Not being able to follow instructions

Becoming confused about time, people, and places

### Mild Cognitive Impairment

Some older adults have a condition called mild cognitive impairment, or MCI, in which they have more memory or other thinking problems than other people their age. People with MCI can take care of themselves and do their normal activities. MCI may be an early sign of Alzheimer’s, but not everyone with MCI will develop Alzheimer’s disease.

Signs of MCI include:

Losing things often

Forgetting to go to important events and appointments

Having more trouble coming up with desired words than other people of the same age

### Senior’s enjoying music

Continued from page 11

in a free song circle at the Bell Arts Factory Community Room, 432 N. Ventura Ave. Listeners welcome! Information Mike Wittlin, 750-8281.

Sept. 26 (4th Tues. of each month), 1:30 - 4 p.m., at SCAN. For those 55+ and guests, Marty will guest sponsor all Songmakers under 55.

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## News & Notes



*The ECTV crew is back in the studio.*

### Back to school – back to the CAPS Media Center

The new school year presents media opportunities for students of all ages to get engaged at the CAPS Media Center. ECTV is back for a third season. Every week El Camino High School students take over the CAPS Media Center to produce their own television series under the ECTV banner. Students in the CAPS Media/El Camino internship program master the skills and art of video production and digital storytelling. Principal Cheryl Burns expressed her excitement at the start of the new year. She feels strongly that ECTV provides her students with real world experience and has found this to be a life changing program for many. The ECTV productions are completely written, storyboarded, produced, staged, recorded, directed, hosted and edited by the El Camino team members. In the first two seasons ECTV has received

local and national awards including Best Informational Talk Show Series in the Student category at the National Alliance for Community Media conference. ECTV programs air on CAPS TV (Channel 15). All of the ECTV programs are available on the CAPS Media website at [capsmedia.org/videos](http://capsmedia.org/videos).

The City of Ventura and VUSD's popular Mayor For A Moment program also returns with a new season of stories on outstanding local students. Every month CAPS Media profiles an outstanding 5th grader recognized by the Ventura City Council and the VUSD School Board. The Mayor For A Moment videos premiere at City Council meetings as an introduction to the young mayor's big moment at City Hall, and a second, more complete video is shown later at a VUSD Board meeting. A compilation program of last school year's honorees is airing on CAPS Media and can be reviewed online at [capsmedia.org/videos](http://capsmedia.org/videos).

September is also a great time for community members to become CAPS Media Member/Producers. CAPS Media offers new member orientation meetings on the first Thursday of every month. HD videography/camera classes are held on the 2nd Thursday, and Final Cut postproduction editing classes are on the 3rd Thursday. CAPS Radio (KPPQ FM 104.1) holds training classes on the 4th week – Wednesday and Thursday evenings. Member/Producers receive hands-on instruction in videography, video editing, radio production and more. All classes begin at 6pm at the CAPS Media Center, 65 Day Road. Once trained member/producers may check out CAPS Media's video cameras,





# News & Notes

tripods, audio gear and other production equipment to record their story and then book postproduction editing suites to craft the story they want to tell.

CAPS Radio (KPPQ, FM 104.1) is hosting an open house and community information discussion on Wednesday October 4th at 6pm at the CAPS Media Center at 65 Day Road. Everyone interested in community radio is invited to tour the center and join the exchange of programming ideas and direction for the radio station.

Go to [capsmedia.org](http://capsmedia.org) to see a programming schedule, search the archives for past programs, get general info about membership and classes. CAPS Media's mission is to create an engaged and informed community through participation in electronic media. Anyone who lives, works or attends school in the city of Ventura is eligible to become a Member/Producer. Annual fees are only \$25 for an individual and \$75 for a non-profit organization. CAPS Radio DJs require an additional annual fee of \$50. For complete information go to [capsmedia.org](http://capsmedia.org).



## World renowned chalk artists to create sidewalk masterpieces at Ventura Art & Street Painting Festival

Seaside backdrop for Ventura Art & Street Painting Festival to benefit FOOD Share of Ventura County and Kids Arts Inc. At Ventura County's only chalk art event, more than 40 talented chalk artists will transform Ventura Harbor Village sidewalks into beautiful works of art during the family-friendly Festival, Sept. 9th and 10th from 10 a.m.-5 p.m. This festival is hosted by Ventura County Art Events, Inc.

Visitors to the seaside event will watch as street painters create spectacular chalk pastel murals along the promenade, and enjoy original artwork available for purchase including paintings, sculptures, woodwork and wearable items. Children visiting the festival can also create art on the sidewalk in the Children's Chalk Area, run by local group Kids' Arts, Inc. For \$10, children will receive a small box of their own chalk and a sidewalk square where they can create their own masterpiece.

This year, the festival welcomes two world-renowned chalk artists. Ventura resident Tracy Lee Stum, an internationally recognized American street painter and author of "The Art of Chalk", and Rod Tryon, a Santa Barbara resident who has been street painting for 30 years and has been featured in numerous events in the U.S. and abroad.

Stum, who was the official artist for the US House at the 2010 Winter Olympics, is also known for her chalk

artwork at the Super Bowl XLIX game.

"For me, street painting is absolutely the most joyful form of creative expression I have engaged in," says Stum. "An event like the Ventura Art and Street Painting Festival is so important because it keeps art alive in our community."

A veteran street painter, Tryon has been featured in numerous street painting events as well as a documentary film entitled "Life Beyond Earth" and a music video for iCarly's Miranda Cosgrove.

Complimentary rides to the festival are available on the Downtown-Harbor Trolley from California Street, Pierpont neighborhood, and hotels along the waterfront.

Event information: <http://www.venturaartfestival.com/> or [VenturaHarborVillage.com](http://VenturaHarborVillage.com).

## 3rd Annual Santa Barbara Sea Glass and Ocean Arts Festival

Save the dates!! September 9th and 10th from 10am-5pm.

It is the only festival of its kind in Southern California - and one of three on the west coast. With handmade sea glass jewelry and ocean-themed art, the Santa Barbara Sea Glass & Ocean Arts Festival features work created by dozens of talented artists from all across the country, bringing thousands of sea glass and beach enthusiasts to the renowned coastal jewel of Santa Barbara, California.

You can learn from three lecturers this year! These lectures are free with your SBSGOA Festival entry fee which is still only \$5.00 per day or \$9.00 for both days. Early bird shopping starts at 9am and is \$15.00 for entry. Make it a day. Come early to shop, stay for the education!!

Richard LaMotte, Mary McCarthy, and Josie Iselin are all lined up to give us lots of sea glass and ocean related information on both days.

Richard LaMotte is the author of the award-winning book, *Pure SEA GLASS* and a recent sequel titled *The Lure of Sea Glass*. Richard will lecture at the festival on the topic: "Sea Glass Identification and Dating".

Mary McCarthy is a bestselling author and founder of SeaCrate ocean-themed subscription-box service. As a lifelong journalist, she has written for Katie Couric and has appeared on *The Today Show*, *Huffington Post Live* and *ABC TV news*.

Mary McCarthy will be lecturing both days, and her topics are: "Beachcombing and History at Dead Horse Bay" This lecture explores ways to tell the differences between genuine sea, fake, and seeded sea glass, including an exhibit of sample fakes.

Josie Iselin is the photographer, author and designer of seven books on forms in nature and particularly what we find at the beach. These titles include *Beach: A Book of Treasure*, *Sea Glass Hearts* and *An Ocean Garden*.

Josie will be lecturing both days on: "Seaweed Sea Otters, Urchins and Kelp: The Interconnectedness of Life in Our California Coastal Waters".

To avoid the lines and get your tickets online <https://www.santabarbaraseaglassandoceanartsfestival.com/>

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# The Pet Page



**Dedicated  
to Scamp**

■ **Dog friendly downtown restaurants.** Between Ventura Avenue and Fir, and Poli and Thompson:  
Winchesters Grill & Saloon  
Fluid State

Ventiki Tiki Lounge  
SavoryThai Cuisine  
Rice  
Snapper Jacks Taco Shack  
Rumfish Y Vino  
Paradise Pantry- tables on sidewalk  
Taqueria Vallarta  
El Ray Cantina  
Capriccio-on sidewalk  
Coconut Crab  
Grapes & Hops  
Busy Bee- tables on sidewalk  
Cafe Fiore  
Pizza Man Dan  
The Tavern  
Tonys Pizzeria  
Banzai Marina  
Barrel House101  
The Habit  
Sandbox Coffee  
Steak & Hoagie  
Harvest Cafe  
Amigos Cantina  
Natures Grill- tables on sidewalk  
TAJ- on sidewalk  
Jimmy's Slice- tables on sidewalk

■ SPAN Thrift Store is providing \$10 spays and neuters for low income cat and dog friends.

In the SPAN Thrift Store parking lot 110 N. Olive St. (behind Vons on Main) Friday, September 15th. Please call to schedule an appointment 584-3823.

Also in the Albert Soliz Library parking lot on August 31.  
2820 Jourdan St. Oxnard

■ Sept. 25 until Oct.1-Bouvier des Flandres Dog Club show at the San Miguel Hall at Seaside Park. [www.SCBDFC.com](http://www.SCBDFC.com) for more information.

■ Well-trained guide dogs are important for visually impaired people who rely on them. But many puppies bred to be guide dogs flunk out of training programs.

A study published in the Proceedings of the National Academy of Sciences suggests the way a puppy's mother raises it may be the key to the dog's success, or failure. A research team at the University of Pennsylvania found that puppies destined for guide dog training are more likely to fail if they're coddled by their mothers.

"Surprisingly, there's not a lot of research about mothering behavior in dogs," says lead author Emily Bray.

Past studies on rodents and primates have found that, in general, active mothering is better than no mothering. "So, on one hand, we'd think 'Yes, you need your mother. Mothering should be a good thing.' But for guide dogs, the mothers are with their puppies in the pen 24/7.

So then the question becomes 'What exactly is beneficial?'

The answer, at least for guide dogs, appears to be what Bray describes as a hands-off style. (Or, paws-off style?)

They found that among the 98 puppies they studied, the actively-mothered ones were more likely to fail a guide dog training program later.

How mothers nurse their puppies also affected how puppies performed. The mothers will either lie down to nurse, or sit or stand up. If the mother dog is sitting or standing, "she's further from the puppy.

The training for guide dogs teaches and selects for a very specific set of skills. "You're looking for dogs that are very compliant, very, very relaxed, not at all thrown off by any kind of strange occurrences," says Clive Wynne, a professor of psychology at Arizona State.

The dogs also need to be "sufficiently driven to learn and tackle tasks," says Bray, and capable of limited disobedience in order to, for example, disobey a command that would put their handler in danger.

Bray thinks that one reason hands-off mothering is associated with more of these traits could be that the little challenges in puppyhood prepare them for the bigger challenges of being a guide dog.

Another possibility is that maternal stress could affect puppy development. Previous research has found higher levels of the stress-related hormone cortisol in dogs with more active parenting behaviors.

Still another possibility is that specific mothering behaviors may not be the primary cause of the observations. It may be more about genetics. The authors point out that high-performing guide dogs are chosen to breed.

Wynne, who was not involved with the research, thinks the findings shouldn't be applied broadly, even to other working dogs. "I think what we have here is a special effect of working with guide dog populations, and not necessarily true of all dogs or all animals," he says. Two previous studies on military working dogs and other dogs have found the opposite effect: that more anxious mothers produce more successful offspring in those contexts.

He thinks research like this might help increase the effectiveness and efficiency of training. "So, it's very powerful and useful," he says. Copyright 2017 NPR. To see more, visit <http://www.npr.org/>.

■ How can pet dogs exercise their sense of smell? "Take a smell walk with them." Dr. Horowitz said. "Let them lead the way and smell and linger. Let them sniff each other. There's a pleasure for owners in letting a dog be a dog, to acknowledge their dogness. They put up with a lot of our humanness."



## Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Hoie, a 30-year-old red iguana. I like to sleep, eat and take walks.

## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.



The Bouvier des Flandres is a herding dog.



Showing a dog at a Seaside Park dog event by Murray Robertson.

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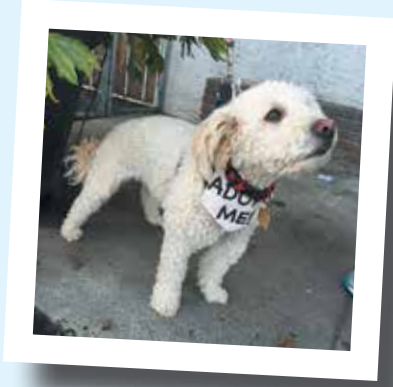


# The Pet Page

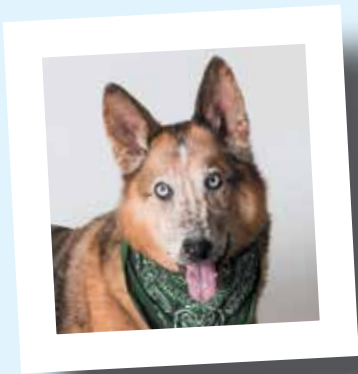
LostCatVentura.com and LostDogVentura.com are free resources for finding lost pets in Ventura County, and where you can post a notice to find your lost pet.

## Forever homes wanted

Hi: I'm Troy an 8-year-old Miniature Poodle according to VC Animal Services where I was rescued from. I'm currently in a foster home with other dogs and cats too. It takes a little bit of time for me to warm up to new people and I'm a bit unsure around children therefore I'd do best in an adult only home. I'm not completely house broken, but I will stand by the door to let you know I need to go outside and I'm sooooo cute. I hope my special someone comes for me soon. Canine Adoption and Rescue League C.A.R.L.



This is "Poncho"...He is a stunningly beautiful and striking looking, German Shepherd/Australian Shepherd Mix, who lost the only home he ever knew and he ended up at the shelter, sad and confused. Over time, Poncho has blossomed and his charming personality and good looks stole people's hearts. Poncho has moderate energy, loves to be with people and fussed over. He loves to be brushed and is happy to just "hang out" with you or have a fun game of fetch. He is well mannered, easy to handle and a joy to be around. If you are looking for a fabulous dog, with gorgeous blue eyes, look no further. Ventura County



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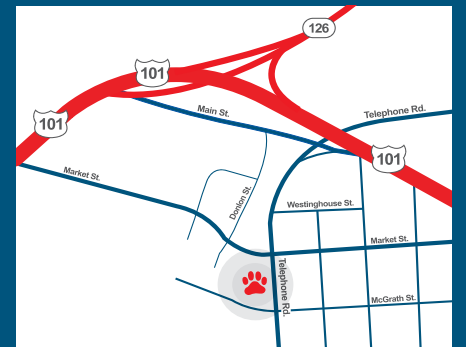


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6:00 am to midnight



## News & Notes



A team has begun to meet to work on all elements of the Museum reinvention plan.

## Confidence expressed for achieving Museum goals

by Paul Peterson

On August 7th, 2017 the City Council authorized \$125,000 in funding for the Museum of Ventura County. The county also approved another \$125,000 in funding as well. There were a number of contingencies that were attached to the funding, requiring hiring of key personnel to develop museum goals, fundraising and plans for better use of the museum's collections and archives over the next six months. The Breeze wanted to follow up on the progress. "City staff will be holding monthly meetings with the museum employees to get a report on milestones", according to city manager Mark Watkins, who adds "the public purpose of the appropriation is to protect city resources, support the arts and promote economic and cultural tourism." Watkins expressed confidence that all the goals would be met within the six months.

When the Breeze queried interim museum director Elena Brokaw, she also expressed her confidence that the goals would be met. "I am extremely confident that we will be able to meet the requirements. They are ambitious and will demand a great and concerted effort, but the community has already shown its support for the museum's reinvention through the formation of an Endowment Committee, new board members, funding and increased attendance."

A team has begun to meet to work on all elements of the Museum reinvention plan: collections, programs, governance, endowment, outreach, partnerships and Museum identity and vision. Of the 23 specific tasks to be completed in the first 6 months, we have already completed five, and have made significant progress on five more," Brokaw reports.

Council member Christy Weir is also confident that the museum will meet its goals. "They have an ambitious action plan, but with city and county funding and new leadership, this year we will see substantial changes. They have already made progress in board development and fundraising. We will soon see physical improvements to the interior and exterior, and continued emphasis on engaging exhibits and special events."

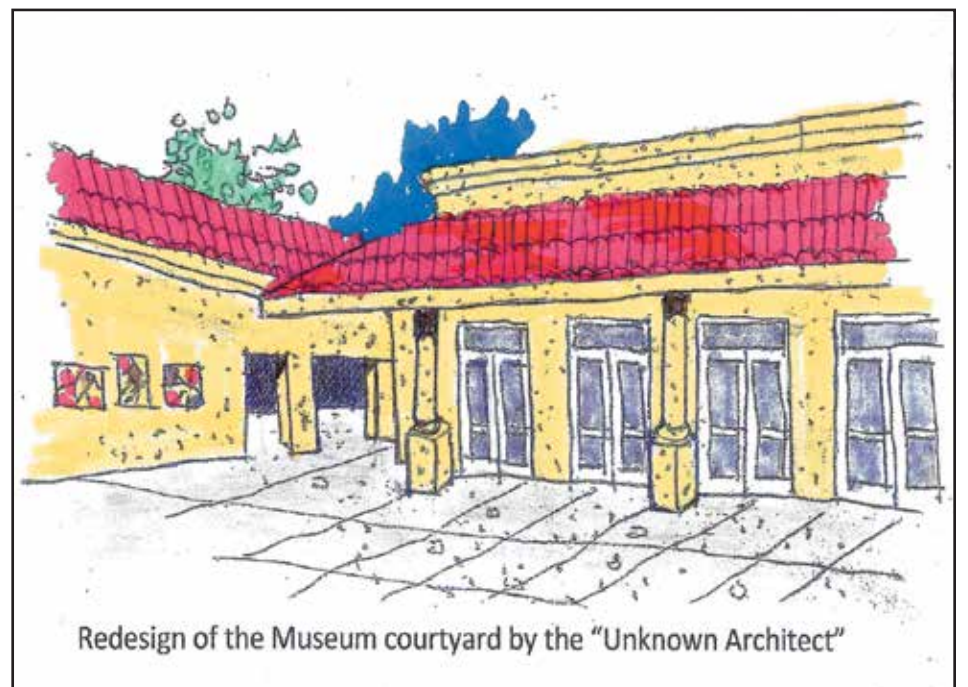
The plan first calls for hiring an endowment consultant by August 30. That person would be responsible for major fundraising. Brokaw states "We have selected a consultant. The board will approve the contract on

August 28." So far so good.

When asked if a much needed curator has been selected she replied, "There are a number of new positions identified (Ag Museum Manager for the Santa Paula Museum, Collections Manager, Events Coordinator, etc.) but a curator is not one of them. The recruitments are in development."

For Ventura citizens wondering when the public can expect to see results at the museum itself, "Six months" was Brokaw's quick response.

When asked what happens if some but not all the goals are met by this term's end, City Manager Watkins says, "We will have to assess that if the situation arises."



Redesign of the Museum courtyard by the "Unknown Architect"





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### Ventura events

Continued from page 7

call Bill Bays 650-3036 or Robert Taylor 216-7992. For information regarding SAR membership <http://pattonpatriots.org>

**Sept. 9: The workshop for the Beginners PC Users Group will be on Manipulating Images at 9:15 a.m. and the 11 a.m. main program on DNA for Genealogy by Teri Reynolds.** In the third floor lounge of Cypress Place Independent Living, 1220 Cypress Point. All beginning and intermediate computer users are welcome to attend. Call 648-1368 for future information.

**Sept. 9 & 10: Free Community Weekend Theatrical Acting Workshops.** The WAV, 175 S. Ventura Ave. Saturday & Sunday 7pm- 9pm. Be inspired to learn artistic spontaneous acting in our Theater Gallery. Instructor Kytriena Payseno teaches theatrical structure and acting elements to create, collaborate, and build community "For The Fun Of It". Props and scripts provided in a relaxing atmosphere. This amazing presentation is for kids and family. Everyone welcome, donations are welcomed to help our needy kid artists. WAVart.org

**Sept. 10: Demand for electric vehicles "has come forward much faster than we expected" according to an industry report, and the public can see why by talking to owners and dealers and even taking test drives during an interactive show.** The show runs from 9 a.m. to 3 p.m. on

Sunday, at Oxnard Channel Islands Harbor, 3610 South Harbor Blvd. Local owners who want to participate can still sign up for the show at: <http://tinyurl.com/ShowYourCar>.

**Sept. 13: Come discover how exercise can help you keep living, laughing and moving with the Ventura Parkinson's Disease Support Group on Wednesday from 1 – 3 p.m. at the Lexington Assisted.** For more details see article in Senior Section of this issue or call Patty at 766-6070.

**Sept. 14: The Ventura County Professional Women's Network (VCPWN), is hosting their monthly dinner meeting at 5:30 p.m. at Wedgewood Banquet Center 5880 Olivas Park Dr.** A wonderful way to network with local business owners, artisans & crafters, and the members of VCPWN. Register for dinner online at [www.vcpwn.org](http://www.vcpwn.org). Kimya Waddell, will be sharing with us the Power of Affirmations. For more information [www.vcpwn.org](http://www.vcpwn.org).

**Sept. 16: Laubach Literacy of Ventura County is offering a free workshop to help volunteers learn to become English as Second Language (ESL) tutors of adults.** The workshop will be held at Barrister Executive Suites in Ventura Saturday from 9 – 4 p.m. lunch will be provide. Directions will be given upon registration. Various methods and materials for teaching English to adults will be demonstrated and taught during the workshop. For more information call 385-9584 or [www.laubachventura.org](http://www.laubachventura.org).

## News & Notes

**Sept. 23: The Bookkeepers Association of Ventura County will present a seminar from 9 – 3 p.m. on Saturday, at the Ventura Adult Education Center, 5200 Valentine Road.** This seminar will consist of Preparing Quick books for Taxes, Quick books Online Set Up, and Transactions and Bank Fees. The seminar costs \$65 for members, \$85 for non-members, \$95 for the seminar and a 6-month membership, or \$95 at the door, space permitting. A continental breakfast and lunch will be provided. Visit <http://www.bavc-online.org> or call Donna Gordon at 218-1425 for more information.

**Sept. 30: Channel Islands Carvers CCG Chapter 15 "One Great Day of Carving". Wood Carving Show at the Ventura Masonic Lodge 482 E. Santa Clara St. from 10 – 4 p.m.** Free admission. Family friendly event. Mary 758-3156 or Mike (818)314-4134

**Oct. 14: CSU Channel Islands Foundation and Rabobank presents the President's Dinner & Concert featuring Big Bad Voodoo Daddy.** For their annual fundraising event that promotes the importance of higher education and raises funds to create opportunities for CSU Channel Islands' students. Saturday, at the Libbey Bowl, Ojai. Tickets: VIP- \$250, General Reserved- \$40. Purchase tickets at [GO.CSUCLEDU/PC17](http://GO.CSUCLEDU/PC17)

## Ojai news and events

**The Ojai Art Center will present a new exhibit, "Ojai Portraits," by Ojai artist Sandy Treadwell, from Sept. 2 through Sept. 27 in the Main Gallery.** An opening reception will be on Saturday, Sept. 2, from 5 to 7:30 p.m. The reception and exhibit are both free.

The solo exhibit will showcase Treadwell's portraits featuring a spectrum of local residents, including many familiar faces as well as children and pets.

Enjoy his web link: <http://www.sandy-treadwellportraits.com>

The Ojai Art Center is located at 113 S. Montgomery St. For further information call 646-0117.

**On Friday, September 15, 7 to 9 p.m., join the Ojai Valley Green Coalition for a SKYGLOW Project screening and book signing.** SKYGLOW explores the history and mythology of celestial observation, the proliferation of electrical outdoor lighting that spurred the rise of the phenomena known as "skyglow" and the Dark Sky Movement that's fighting to reclaim the night skies.

Held at the Thacher School Milligan Center for the Performing Arts, at 5025 Thacher Rd., suggested donation is \$10 (students are free). Information on the SkyGlow event can be found at [ojai.valleygreencoalition.org](http://ojai.valleygreencoalition.org). To learn more about the SkyGlow project go to [skyglowproject.com](http://skyglowproject.com).



Nationally, hundreds of similar rallies took place.

## We must stand, we dare not be silent

A vigil was held in Ventura's Mission Park Sunday evening, August 13th, in memory of three people who died and

the 19 others who were injured during recent White Supremacist protests in Charlottesville, Virginia. The vigil also condemned the violence and intolerance expressed by the "Unite The Right" activists.

John Golson, who swiftly organized the demonstration in Ventura, said "We must stand, we dare not be silent when hatred acts in bold disregard of decency and compassion."

Participants at the event agreed. They were highly motivated to stand together in condemnation of the reprehensible violence, displays of Nazi and Confederate flags, the shouts against Jews, blacks, and gay people, and the raised-arm Nazi salutes that had been featured days earlier at the "Unite the Right" demonstration in Charlottesville.

In Ventura, the "Stand with Charlottesville" rally attracted nearly two hundred people who held candles and signs calling for peace and equal justice in the wake of the Charlottesville tragedy. Many voiced disgust at the fact that Americans had not already completely abandoned the deplorable agenda of such hate-based groups.

Passers-by were very supportive, many honking their agreement and waving to the demonstrators. Musicians played and speakers called for peace and understanding among all Americans. Participants were invited to come up and share their thoughts or prayers about the recent events.

Nationally, hundreds of similar rallies took place. Locally, Ventura was not alone – Camarillo, Ojai, and Thousand Oaks also held vigils – all with the purpose of declaring that hate, racial and religious intolerance, and violence has no place in our county or in our nation.

### Officer Aaron Drake may be called

Continued from page 1

Di Rodio. Di Rodio, 61, was stabbed repeatedly in her room in her home in the Ventura Keys neighborhood on June 3, 2009."

"Gina Drake is the former wife of VPD veteran Police Officer Aaron Drake, The Drakes were married at the time of the homicide, but Officer Drake had filed for divorce in June, 2009 (about the time of the murder) and they have since been divorced."

Why is this important now?

In a suicide attempt, VPD patrol officer Aaron Drake, 47, shot himself around 1:30 p.m. on July 28 in the locker room of the Ventura Police Department headquarters located on Dowell Dr. (officer Dowell remains the only Ventura officer killed in the line of duty).

He was taken to Ventura County Medical Center and eventually to Kaiser Permanente hospital in Los Angeles where he is being treated.

Apparently Aaron Drake was very involved with the investigation in to his ex-wife's case, even wearing a wire in a meeting with her. The investigation is being conducted by the Ventura Police Department and the Ventura County District Attorney Office.

Defense attorneys for Gina Drake, as well as prosecutors, want to call the officer as a witness during pretrial motions and for her future trial.

Activities have been delayed pending the condition of Aaron Drake and his ability to be a witness in the case.

It has not been determined if his involvement with Gina Drake's pending trial predicated his attempted suicide.

#SBSGOAF17  
#SeaYouInSeptember

**Santa Barbara**  
**SEA GLASS & OCEAN ARTS**  
**FESTIVAL**

**September 9th & 10th**  
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From 9-10am • Tickets are \$15  
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Awesome Raffle Packages (with 100% of the proceeds going to Explore Ecology),  
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[SantaBarbaraSeaGlassAndOceanArtsFestival.com](http://SantaBarbaraSeaGlassAndOceanArtsFestival.com)





# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

## Robbery, Assault with a Deadly Weapon

On August 18, at approximately 4pm, the Ventura Police Department Command Center received a 911 call from a caller reporting a battery that just occurred and that Pacific View Mall security officers were following the suspect. Additional information was received from an employee of Trader Joe's that the suspect, later identified as 20 year old vagrant Araceli Aguilera-castillo, was also involved in a shoplifting of alcohol from the store.

When the first officer arrived on scene, mall security officers had Aguilera-castillo detained in the parking lot to the rear of the store. As the officer was speaking to her and waiting for additional officers to arrive, Aguilera-castillo tried fleeing from him on foot. The officer caught her, and as he was attempting to take her into custody, she grabbed the officer's firearm and began forcefully trying to remove the weapon from its holster.

After a further struggle on the ground, the officer was able to take Aguilera-castillo into custody with the assistance of the mall security officers.

During the investigation, officers learned that Aguilera-castillo was inside of Trader Joe's when she was observed by an employee concealing several large bottles of alcohol in her clothing. The employee confronted Aguilera-castillo, at which time she removed one of the bottles and attempted to hit the employee with it. Fearing for his safety, the employee allowed her to leave the store.

## Residential Burglary Arrest

On August 19 at 4:30pm, the Ventura Police Department Command Center received a 911 call from resident in the 100 block of N. Brent Street, reporting that a subject had just attempted to gain access into his apartment and had fled the area.

During the investigation, officers learned the victim had left his residence for a brief time. Upon returning, he noticed his front door was standing open and property had been removed from the interior and was left on the porch. The victim walked to the rear of his residence to further investigate and observed a male and female running from the yard.

Officers were provided a description of the suspects as they began to search the area. Officers located a male and female who matched the suspect description a short distance from the scene. The male suspect, 26 year old Ventura resident Cameron Marrufo was detained and a search revealed he had property concealed on his person which had been taken from inside the residence.

Marrufo was placed under arrest and booked into the Ventura County Jail for burglary and possession of stolen property. Officers determined the female contacted with Marrufo was not involved in the burglary.

## Stolen Vehicle Arrest

On August 18, Ventura Police officers contacted the victim of a stolen vehicle at State Beach Park located at 901 San Pedro Street.

During the investigation, officers learned the victim had left several pieces of property unattended while he exercised nearby. When he returned a short time later, he discovered a backpack containing his vehicle keys had been stolen. The victim soon realized his vehicle had also been

stolen. Officers searched the area at the time but were unable to locate the suspect or vehicle.

On August 19 at 11:45am, the Ventura Police Department Command Center received a call from the victim who reported he had just observed his stolen vehicle parked in the area of Monmouth Drive and Harbor Boulevard. As officers were responding, the suspect, 36 year old Ventura resident Jamaar Smith, left the area driving north on Harbor Boulevard as the victim followed.

Smith pulled into the public parking lot located at San Jon Road and Harbor Boulevard as officers arrived. Officers conducted a high risk stop and took Smith into custody without incident. Property taken from the backpack was located inside the vehicle along with evidence linking Smith to initial theft.

## Felon in Possession of a Concealed Firearm with High Capacity Magazine

On August 20 at 1:40pm, a patrol officer was patrolling the area of Thompson Boulevard and Figueroa Street, and made a traffic stop on a vehicle for a moving violation. The driver of the vehicle, 25 year old Ventura resident Nikolas Inglis was contacted and found to be on active probation with a prior felony conviction.

During a search of the vehicle, a loaded 9mm handgun was found concealed under the front passenger's seat. It was determined that Inglis had possessed the firearm prior to being pulled over by the officer.

Inglis was arrested and booked into the Ventura County Jail for possession of a concealed firearm, felon in possession of a firearm, felon in possession of ammunition and possession of a high capacity magazine.

## Stolen Vehicle Arrest

On August 22 at 9:25am, a Ventura Police officer noticed a suspicious vehicle in the Motel 6 parking lot that matched the description of vehicle which was recently reported stolen. While the officer was attempting to confirm the status of the vehicle, the suspect, 42 year old Ventura resident Brandon Small and two others entered the vehicle and drove away.

Officers conducted an enforcement stop as the vehicle exited the parking lot and took Small into custody without incident. Small was later booked into the Ventura County Jail for being in possession of a stolen vehicle and for an outstanding arrest warrant. A passenger, 37 year old Ventura resident Jesse Matt was also arrested and booked for outstanding arrest warrant. The third passenger was determined to not be involved and was released at the scene.

Visti our web page, [venturabreeze.com](http://venturabreeze.com), for the Harbor Blotter

## In memoriam John Cressy

Continued from page 1  
he underwent to fight it. He was still sending us press releases the week before he died, on Sunday, August 6.

"The last few years when he was battling cancer, John was simply amazing," said Stan Whisenhunt, owner of Ventura-based Whisenhunt Communications. "He wanted to keep working and he did that right up to the end."

Cressy was born June 16, 1953, in Hayward, California, the middle of nine children. He graduated high school in 1971 and in 1975 earned a bachelor's degree in history from Humboldt State University. After working a year at Alameda Glass and Paint, he returned to Humboldt and in 1978 earned a degree in journalism.

A lifelong sports enthusiast, Cressy spent the next 22 years in newspaper

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### September 2 • Fantastic Diamond

Neil Diamond tribute band  
Presented by Ventura Rental Party Center  
Ventura's biggest summer sing-a-long dance party captures forty years of such chart-topping hits as "Song Sung Blue," and "You Don't Send Me Flowers". [fantasticdiamond.com](http://fantasticdiamond.com)

### September 9 • Lisa Haley & the Zydekats

Zydeco  
Presented by Andria's Seafood Restaurant  
Our perennial series closer is a Mardi Gras party with a Grammy-nominated fiddler and her Cajun band playing get up and dance Cajun swamp-roots rock. [lisahaley.com](http://lisahaley.com)

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**OLIVAS ADOBE**  
4200 Olivas Park Drive, Ventura

journalism, primarily as a sports writer and editor, for the Arcata Union, the Santa Maria Times and the Ventura Star-Free Press. Starting as a sportswriter, Cressy went on to become a popular sports columnist at the Star-Free Press and in 1987, he was promoted to sports editor by then-managing editor Whisenhunt.

Cressy went on to work at the Ventura County Star and the Santa Barbara News-Press before leaving journalism in 2000, when he returned to work for Whisenhunt, who'd left journalism in the early '90s to create his public relations firm.

In addition to his work as a writer and photographer for Whisenhunt, Cressy also taught writing skills at workshops for Custom Training. His personal passions revolved around his family and his love of sports and sports trivia. He also loved photography, hiking, the beach, classic movies and classic rock.

He died peacefully on Aug. 6 at Community Memorial Hospital in Ventura, surrounded by loved ones.

He is survived by his wife, Kathleen; stepchildren Laura and Darren Mills; sisters Susan Verhees; Ann Zammattio (Duilio) of Italy; Peggy Figueira (Ray); brothers Danny, Steve, Bob and Brian Cressy (Rosalee); brothers-in-law Pat Williams and David Kimbrough; mother-in-law Suzanne Kimbrough and numerous cousins, nieces and nephews. Other survivors include his faithful maltipoo Whiddle, who was at his side when he died, and his catnapping companions Rascal and Oscar Eddie.

A rare man of honor, heart, humility and humor, Cressy was a truly good person with a remarkable work ethic whose passing has left a huge hole in the lives of those who knew him and worked with him. We're grateful to have had that privilege, and we're grateful for all his service to journalism, particularly to us these past 10 years.

Cressy will be remembered by his large and loving family and loyal friends in a private memorial service. Donations may be made in his honor to the Humane Society of Ventura County.

**Weekly SUDOKU**

Answer

3	9	2	1	6	8	5	4	7
1	5	7	4	3	9	2	6	8
8	6	4	2	7	5	9	1	3
2	4	9	5	1	3	8	7	6
5	1	6	8	4	7	3	2	9
7	8	3	9	2	6	1	5	4
9	7	5	6	8	1	4	3	2
4	3	8	7	5	2	6	9	1
6	2	1	3	9	4	7	8	5

**King Crossword**

Answers

Solution time: 25 mins.

C	A	N	A	R	A	P	F	L	A	P	
A	X	O	N	E	W	E	L	E	G	O	
B	E	L	I	E	V	E	R	O	V	E	
S	L	I	M	E	T	H	R	E	E	D	
		A	C	M	E	O	A	R			
G	U	T	S	O	V	A	L	A	B	C	
A	S	H	E	V	E	R	Y	G	O	O	
L	E	I	S	E	R	I	B	E	A	M	
	E	S	P	T	A	L	E				
C	O	V	E	Y	S	A	H	E	A	D	
A	R	E	A	C	L	E	V	E	R	L	Y
P	E	R	M	A	I	L	A	G	I	N	
T	O	Y	S	R	E	F	D	O	T	E	





by Pam Baumgardner  
[VenturaRocks.com](http://VenturaRocks.com)

So exactly where did the summer go? Oh wait! There's no need to panic, there's still a lot of music and fun to be had. Let's start with Bombay's 33rd Annual Beach Party which runs Friday through Sunday of Labor Day weekend. Diego always pulls out all the stops with three stages of music including a mechanical bull, and outdoor bar and beer garden. Friday night rock out to the Vonettes, Deep Pockets, Operation 90's and Mandex; Saturday features a return of Deep Pockets along with Brothers Fortune, Uproots, and Rey Fresco; then Sunday will have Channel, Goodnight Kiss and The Jelly. DJ Erok and DJ Cam will be in the house to help keep the party, plus I wouldn't be surprised if Diego slipped in another band or two to boot.

The Ventura Nationals return to Ventura over the Labor Day weekend as well on Saturday, September 2, so if you're wondering where all the cool hot rods and bikes came from, they came from all over to participate and to be seen. The event is held annually at the Ventura fairgrounds and this year's music features Deadbolt, The Hubcap Stealers and Poor Man's Change. There's also an after party at Discovery that evening with music from Three Bad Jacks and Moonlight Trio.

Another party to help wrap up the summer is Discovery's Backyard Bash on Sunday, September 3, featuring Reggae all day long from bands such as Herbal Rootz, Legalizer, Rital Movement, Dirty Rice, Tribal Theory, Hirie, Common Kings and more.

Music Under the Stars wraps up its summer concert series with their two final shows, Saturday, September 2 it's Fantastic Diamond, a Neil Diamond tribute show, then the grand finale features Lisa Haley & the Zedekates on Saturday, September 9. For ticket information on all remaining shows go to the City's website ([www.CityofVentura.ca.gov](http://www.CityofVentura.ca.gov)).

It's early notice, but you won't want to miss One's to Watch Productions' Topa Topa Folk Fest because this year the amazing Lucinda Williams headlines on Saturday, October 7. The event runs two days (Friday and Saturday) and also features great artists like Shooter Jennings, Lissie, Doug Pettibone, Bryan Titus, Tim Curran and many more. Get the lowdown on tickets at [TopaTopaFolkFest.com](http://TopaTopaFolkFest.com).

Quick Notes: The final free concert at the Collection is Thursday, August 31 with Queen Nation, music starts at 7 pm; Hi Hat Entertainment brings back Teresa James to the Hong Kong Inn on Friday, September 1, and Joe Louis Walker on Friday, September 8; Check out Balkan Jazz at Squashed Grapes with Plotz! On Saturday, September 9; Goodnight Kiss just released a new EP called Abandon Ship; Bowlful of Blues returns to Libby Bowl September 16 you can get ticket information at [BowlfulOfBlues.org](http://BowlfulOfBlues.org); and the Ventura Theater recently added Jimmy

Eat World for Thursday, September 21.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to [www.VenturaRocks.com](http://www.VenturaRocks.com).

## Music Calendar

For more events go to [VenturaRocks.com](http://VenturaRocks.com)

**Amigos Cafe & Cantina**  
**546 E. Main St.**  
**805-874-2232**

Mondays: Musician's Night Out  
 Tuesdays: Open Mic w/ Beer Bros.  
 Wed 8/30: Smokey & Friends  
 Thurs 8/31: The F-Stops  
 Fri 9/1: 5 pm Jerry Briener; 9 pm Sin Chonies  
 Sat 9/2: 5 pm The Swillys; 9 pm DJ Yeti  
 Sun 9/3: 5 pm The Tossers; 9 pm Karaoke  
 Wed 9/6: Trippin' Wild  
 Thurs 9/7: Mark Masson & Phriends  
 Fri 9/8: Wax Off  
 Sat 9/9: 5 pm Danielle Stacy; 9 pm Heathers on Fire  
 Sun 9/10: 5 pm Red Rhythm; 9 pm Karaoke

**Boatyard Pub**

**Ventura Harbor**

Tuesdays: Jason Ho  
 Wednesdays: Mark  
 Thursdays: Bluegrass Jam  
**Bombay Bar & Grill**  
**143 S. California Street**  
 Fridays: DJs; Karaoke  
 Saturdays DJs  
 33rd Annual Beach Party (three days)  
 Fri 9/1: The Vonettes, Deep Pockets, Operation 90s, Mandex  
 Sat 9/2: Deep Pockets, Brothers Fortune, Uproots, Rey Fresco  
 Sun 9/3: Channel, Goodnight Kiss, The Jelly

**Café Fiore**  
**66 S. California Street**

Wed 8/30: Big Adventure  
 Thurs 8/31: Amber & Smoke  
 Fri 9/1: Soul Infusion  
 Sat 9/2: Drunken Monkeys  
 Sun 9/3: Jangala Roots  
 Tues 9/5: Donna Greene  
 Wed 9/6: Bryan McCann  
 Thurs 9/7: Fabulous Hangovers  
 Fri 9/8: Red Muffs  
 Sat 9/9: Action Down  
 Tues 9/11: Bernie Meisinger

**Caraba Coffee**  
**Telephone & Petit**

Sundays: 12:30 pm Acoustic open mic  
**Casa Bella**

**391 E. Main Street**  
**(805) 340-1119**  
 Music starts 7 pm  
 Tuesdays: Adam Tunney  
 Fridays: Encore  
 Saturday: Ricky Williams  
**Cask Alexhouse**  
**5952 Telegraph Road**  
**(805) 765-4201**  
 Music 7-9 pm  
 Sat 9/2: Sarah Lightman  
 Sat 9/9: Doc Ventura

**The Cave**

**4435 McGrath Street**  
 Weds & Saturdays: 5:30 - 8:30 pm Varon Thomas  
 Thurs & Fridays: 5:30 - 8:30 pm Warren Takahashi

**Copa Cubana**

**Ventura Harbor Village**  
 Week nights 7 pm; Sundays 3 pm  
 Tuesdays: Down Home Trio  
 Fri 9/1: Havana Cinco  
 Sat 9/2: Havana Cinco  
 Sun 9/3: Soul Expression  
 Fri 9/8: Havana Cinco  
 Sat 9/9: Havana Cinco  
 Sun 9/10: Karen Eden

**Dargan's Irish Pub**

**593 E. Main Street**  
 Sun 9/3: 4 pm The Sunday Drivers

**Discovery**

**1888 Thompson Blvd**  
 Late Fridays 10 pm: Flashback Fridays  
 Late Saturdays 10 pm: Disco Bowl  
 Sat 9/2: Three Black Jacks, Moonlight Trio  
 Sun 9/3: Backyard Bash noon - 7 pm with The Common Kings, Hirie, Sammy J, Tribal Theory, Dirty Rice, Cornerstone, Rital Movement, Legalizer, Herbal Rootz  
 Fri 9/8: Leilani Wolfgramm  
 Sat 9/9: Generation Idol  
 Sun 9/10: Ana Popovic

**El Rey Cantina**

**294 E. Main Street**  
 Fridays: 4 pm Xoco Moraza and Friends  
 Saturdays: 9:30 DJ Erock

**Four Brix Winery**

**2290 Eastman Avenue**  
 Fri 9/8: 5:30 pm Midlife Crisis

**Garage**

**1091 Scandia**  
 Fri 9/8: Sweet Reaper, La Grimas, Maniac

**Gigi's Cocktails**

**2493 Grand Avenue**  
**(805) 642-2411**  
 Thurs, Fri & Sat: Karaoke  
 Sat 9/2: Chill Child, Drac & the Swamp Rats

**Golden China**

**760 S. Seaward**  
**(805) 652-0688**  
 Karaoke seven nights a week 9 pm  
 Tuesdays 7 pm: Open Mic

**Hong Kong Inn**

**435 E. Thompson Blvd**  
 Mondays: Karaoke  
 Thursdays: Gypsy Blues Band  
 Fri 9/1: Hi Hat Entertainment presents Teresa James & the Rhythm Tramps  
 Fri 8/25: Hi Hat Entertainment presents Joe Louis Walker  
 Sat 9/9: RJ Mischo Blues Band  
 Sun 9/10: Del Franklin and Friends

**Keynote Lounge**

**10245 Telephone Road**  
 Tuesday and Wednesday: Karaoke  
 Thursday: Open Mic  
 Sunday: Karaoke  
 Fri 9/1: Red Rhythm  
 Sat 9/2: CRV  
 Fri 9/8: Wired  
 Sat 9/9: What the Funk

**Made West Brewing**

**1744 Donlon Street**  
 Sun 9/3: Scott Hildebrand  
 Sat 9/9: Sea at Last  
 Sun 9/10: Will Breman

**Majestic Ventura Theater**

**26 S. Chestnut Street**  
 Thurs 9/7: Cody Jinks, Ward Davis

**Margarita Villa**

**Ventura Harbor Village**  
 Tuesdays: Dave Rea  
 Fri 9/1: Vanise & John  
 Sat 9/2: Awesome Sauce  
 Sun 9/3: Unkle Monkey  
 Fri 9/8: James Broz  
 Sat 9/9: Crosscut  
 Sun 9/10: Greasy Kids Stuff

**O'Leary's**

**6555 Telephone Road**

Tuesdays: Free Jukebox  
 Wednesdays: Karaoke  
**Olivas Adobe**  
**4200 Olivas Park Drive**  
 Sat 9/2: Music Under the Stars: Fantastic Diamond  
 Sat 9/9: Music Under the Stars: Lisa Haley & the Zdekats

**Paddy's**

**2 W. Main Street**  
 Wednesdays: Karaoke  
 Fri & Sat: DJs

**Prime**

**2209 E. Thompson Blvd**  
 Tuesdays: Danny D  
 Fridays: Mike Moody  
 Saturdays: Jessica Ash

**Red Cove**

**1809 E. Main Street**  
 Thursdays: Music Club Open Jam Night

**Sandbox Coffeehouse**

**204 E. Thompson Blvd**  
**805-641-1025**  
 Thurs 6 pm, Weekends noon  
 Thursdays Open Mic  
 Sat 9/2: Bruce Mancuso  
 Sat 9/9: Sympatico Music  
 Sun 9/10: Urban Desert Cabaret

**Sans Souci**

**21 S. Chestnut**  
 Sundays: DJ Darko  
 Mondays: Karaoke  
 Tuesdays: DJ Nick Dean  
 Wednesdays: Open mic  
 Thursdays: DJ Spinobi  
 Fri 9/1: All-a-blur  
 Sat 9/2: Blues Bullet  
 Fri 9/8: Jan Michael & the Vincents  
 Sat 9/9: Outlaw Inlaws

**Squashed Grapes**

**2351 E. Main Street**  
 Music 7-10 pm  
 Wed 8/30: The Mariel Bildsten Quartet  
 Fri 9/1: The Jazz Express  
 Sat 9/2: The Barrelhouse Wailers  
 Tues 9/5: Jazz Jam  
 Fri 9/8: Brad Rabuchin & Friends  
 Sat 9/9: Plotz

**Star Lounge**

**343 E. Main Street**  
 Tues: Karaoke  
 Thurs: DJ Trolbe  
 Fri 9/1: CRV  
 Sat 9/2: Dive Bar Messiahs  
 Sun 9/3: Bomba Fiya  
 Fri 9/8: Mini Driver Band  
 Sat 9/9: Pull the Trigger  
 Sun 9/10: Herbal Rootz

**The Tavern**

**211 E. Santa Clara Street**  
**(805) 643-3264**  
 Sundays: DJ Steezy Steve  
 Tuesdays: Karaoke  
 Metal Wednesdays  
 Get it Right Thursday DJs  
 Fri 9/1: DJ Ayccer  
 Sat 9/2: Red Muffs

**Ventura Fairgrounds**

**10 W. Harbor Blvd**  
 Sat 9/2: Ventura Nationals - Deadbolt, Hubcap Stealers, Poor Man's Change

**Vintura at the Wine Rack**

**14 S. California Street**  
**(805) 653-9463**  
 Thurs 8/31: Keith Cain  
 Fri 9/1: Paul Mars Black  
 Sat 9/2: Rich Sheldon  
 Sun 9/3: Kevin Longden & Friends  
 Mon 9/4: Jason Ho  
 Thurs 9/7: Guitarzan  
 Fri 9/8: Spectrum  
 Sat 9/9: Paul Mars Black  
 Sun 9/10: Jason Ho

**The 805 Bar**

**Ventura Harbor**  
 Music at noon Sat & Sun  
 with Kenny Devoe  
 Sat 9/2: Jason Ho





**Thomas Hardcastle**, a renowned painter based in Ojai, will debut a new set of large scale oil paintings at the Museum of Ventura County throughout the month of September. His latest collection of work, "Icons and Archetypes," is comprised of large scale oil paintings that present the artist's perspective of select popular cultural icons and exploitive archetypes. He will host an artist's reception on Friday, Sept. 1 from 6 to 9 p.m. at the museum.



Hardcastle will be on hand at Friday night's reception to share more about his artistic techniques, inspirations and intentions with attendees.

Learn more about the artist at <http://www.ojaistudioartists.org/tom-hardcastle>.

Vita Art Center presents *Autonomy and Cultural Identity: 20th Century Art of Latin America*  
 Curator: Ann H. Bittl  
 Opening reception Friday, September 1 from 6-9 p.m.  
 Exhibit Dates: September 1 thru September 29

Beginning in the modern era, the art of Latin America and Mexico is complex yet filled with optimism in the search for a cultural identity. The purpose of this exhibition is to explore the art of Latin America and Mexico during the 20th century.

432 N Ventura Ave. Hours: Open today · 10AM-4PM 644-9214



Husband and wife **Jim and Ella Wright** are an art family. Jim started metal sculpture in 1969 at a small store on Ventura Ave called the Magic Forest. He moved on to craft shows and street fairs and is now full time artist since retiring. Ellen Wright retired as a right away agent for So Cal Edison. She took a group of stain glass classes from Calico Art glass in Ventura. After completing two different sets of classes in stain glass and doing a few projects she was told of a fused glass class and completed that.

They decided that was where their hearts were and now work in both metal and glass.

They continue to learn and expand their work shop meeting new people at the craft shows that they are vendors at. They are always looking for new Ideas to form into projects, and enjoy doing custom work for customers

They sell at the First Fridays Art Walk at the Stone Works gallery and second Saturdays at the VC Art Market at Figueroa plaza and Main. Facebook [vvrjim@yahoo.com](mailto:vvrjim@yahoo.com) to learn more about them.



Exhibition of artworks by Buena Ventura Art Association members will be augmented by three individual shows: **Kathy Ikerd** of Santa Paula and **Lili Miura** of Port Hueneme in the Clophine Dooley Gallery, and **Darlene Roker** of Ventura on the main gallery's red wall.

Ikerd's show, titled "Excursions," Miura's "Femmes Japonaises" and Roker's "Black and White (With a Touch of Color)" will be on display Sept. 5-Oct. 8. Two receptions are planned, 5-7 p.m. Sept. 9 and from 5-8 p.m. the following Saturday, Sept. 16, Oct. 7-8 corresponds with the Ventura ArtWalk.

Throughout this run, smaller groupings by Carol Simson and Mary Kolada Scott, two Ventura artists whose works earned outstanding merit awards in the current BAA show, will be up in the gallery's central hallway.

Buena Ventura Gallery, 700 E. Santa Clara St. which is open 11 a.m.-5 p.m. Tuesdays through Sundays. For more information, visit the BAA website, [www.buenaventuragallery.org](http://www.buenaventuragallery.org), or call 648-1235 during gallery hours.

Art City Gallery presents First Friday on Sept. 1: Art History Series 1, 9-12 pm. 197 Dubbers St., Ventura  
**Cameron Leggett** and **Sophia Grace Kidd** present the first installment of the Art City History Series, part of a broader cultural-anthropological inquest archiving the city of Ventura's avant-garde history, from the mid-eighties to the present.

From 9:00-9:30 pm— **Paul Lindhard** will guide the audience through a historical slide-show incorporating early images taken by such eminent photographers as S. Dirk Shafer of early works by Paul Lindhard, Joanne DUBY, and Rudy Calderon, among others.

After 9:30 Cameron Leggett will continue the slide show with generative art utilizing images of Art City and other subjects run through Pure Data while Opal Gann performs accompanying soundscapes and electronic tonalities.

\$5 Suggested Donation

Also Art City Gallery presents *Was Ist Das?* on Sept. 8. A cabaret hosted by Jason Poston and Mathew Godfrey and curated by Kevin Carman from 8-11pm. A benefit for the Art City Mural Project. 197 Dubbers St. \$10 suggested donation.



Until Oct. 1 a group exhibition at H Gallery in Midtown Ventura.

Growth is the fundamental objective of all biotic components, every factor requiring energy and sustenance for proper evolution. The work featured in this group exhibition draws equally from environmental experience, mass media, and sub-cultural positions while seeking to convey the often overlooked or undervalued messages of organic development and human influence.

18 artists explore the subterfuge and effect of their individual mediums, juggling immediacy of expression, perfection of surface, and ambiguousness of meaning.

**Lili Miura** will have an exhibition of her fine art painting series, "Femmes Japonaises."

From Sept. 5th through Oct. 8th, at the Buena Ventura Gallery. Artist reception Saturday, Sept. 9.

Originally from Tokyo, Japan after immigrating to United States, she studied fine art and design. Miura went on to have a long and successful career as a lead designer, as well as becoming the head of an International design firm in Torrance.

Exhibition also includes BAA members' show, and Plein Air Art.

700 E. Santa Clara St. Gallery is open Tuesday - Sunday. 11 am - 5 pm  
[www.LiliMiura.com](http://www.LiliMiura.com)







# Lighter Breeze

## Mother Goose and Grimm



## Barney Google and Snuffy Smith



## Beetle Bailey



## Moose and Molly



## Crock



## Hagar the Horrible



Solutions on page 19

**(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))**

3		1						7
	5			9				6
		4		7		9		
	4		5			8		
		6		4			2	
7					6			4
9				8			3	
		8			2	6		
	2		3					5

**Weekly SUDOKU**  
by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

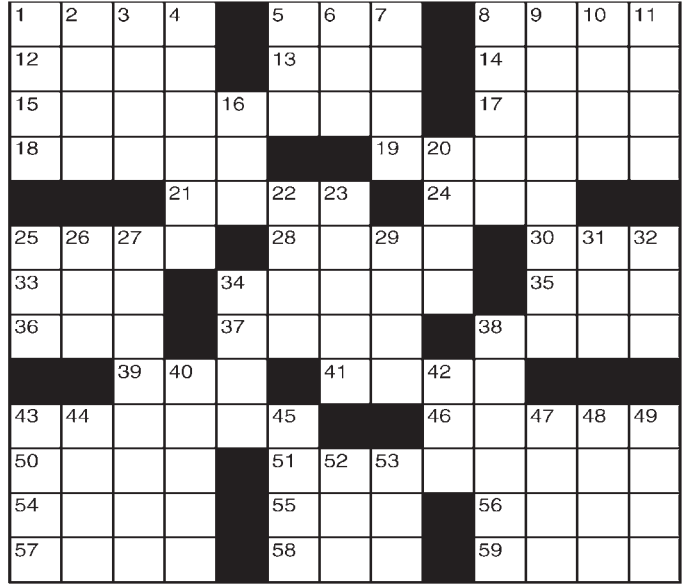
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Solutions on page 19

## King Crossword

### ACROSS

- 1 Where Jesus changed water to wine
- 5 Knock
- 8 Envelope part
- 12 Neural transmitter
- 13 Ram's mate
- 14 Toy block name
- 15 No skeptic
- 17 Microwave, e.g.
- 18 Nickelodeon-style gunk
- 19 Kind of movie glasses
- 21 Pinnacle
- 24 Rowing need
- 25 Courage
- 28 Elliptical
- 30 "Modern Family" network
- 33 Fire residue
- 34 — so often
- 35 Sticky stuff
- 36 Muumuu accessory
- 37 — Pak of the LPGA
- 38 Shaft of light
- 39 Kreskin's claim
- 41 Story
- 43 Small flocks
- 46 Winning
- 50 Vicinity
- 51 With adroitness
- 54 Hair salon request



- 9 Effectiveness
- 10 Screenwriter
- 11 Small lake
- 16 Common Mkt. inits., once
- 20 Sacred
- 22 Relocate
- 23 Chris of tennis fame
- 25 Cowboy's sweetie
- 26 Work with
- 27 Pickpocket's crime
- 29 Met melody
- 31 Feathery neckpiece
- 32 Web address ending
- 34 Catch sight of
- 38 Decapitate
- 40 Some stockings have them
- 42 Restroom, for short
- 43 Team leader (Abbr.)
- 44 Sandwich treat
- 45 Wound reminder
- 47 Therefore
- 48 Came down
- 49 Measure of force
- 52 Whopper
- 53 Keebler employee?

### DOWN

- 1 Urban fleet
- 2 Skating jump
- 3 — me tangere
- 4 Inner selves, to Jung
- 5 Gun the engine
- 6 Shock and —
- 7 Saucy
- 8 Plant life

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impact on your life. Think about it. **LIBRA** (September 23 to October 22) Resist making impulsive decisions. Stay on that steady course as you continue to work out workplace problems. Be patient. All will soon be back in balance.

**ARIES** (March 21 to April 19) A change that you'd hoped for is down the line. But you still need to be patient until more explanations are forthcoming. Continue to keep your enthusiasm in check.

**SCORPIO** (October 23 to November 21) You might feel confident about taking a promising offer, but continue to be alert for what you're not being told about it. Don't fret. Time is on your side.

**TAURUS** (April 20 to May 20) Your social life expands as new friends come into your life. But while you're having fun, your practical side also sees some positive business potential within your new circle.

**SAGITTARIUS** (November 22 to December 21) People dear to you might be planning a way to show appreciation for all you've done for them. Accept the honor graciously. Remember: You deserve it.

**GEMINI** (May 21 to June 20) Your workplace situation continues to improve. Look for advantages you might have missed while all the changes were going on around you. That trusted colleague can help.

**CAPRICORN** (December 22 to January 19) Congratulations. Your self-confidence is on the rise. This could be a good time to tackle those bothersome situations you've avoided both at home and at work.

**CANCER** (June 21 to July 22) Resist the urge to hunker down in your bunker until things ease up. Instead, get rid of that woe-is-me attitude by getting up and getting out to meet old friends and make new ones.

**AQUARIUS** (January 20 to February 18) You feel obligated to return a favor. (Of course, you do.) But heed advice from those close to you and do nothing until you know for sure what's being asked of you.

**LEO** (July 23 to August 22) Now that you're back enjoying the spotlight again, you should feel re-energized and ready to take on the challenge of bringing those big, bold plans of yours to completion.

**PISCES** (February 19 to March 20) Your loving reassurance helped revive a once-moribund relationship. But be wary of someone who might try to do something negative to reverse this positive turn of events.

**VIRGO** (August 23 to September 22) A former friend would like to repair a relationship you two once enjoyed. Your positive response could have an equally positive

**BORN THIS WEEK:** You are a wonderful matchmaker who can bring people together to form long-lasting relationships.

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# Show Time

## Girls Trip



Breeze rating from 1 to 4 palm trees, 4 being best.

by Manuel Reynoso

*Girls Trip* is a 2017 comedy film directed by Malcolm D. Lee and written by Kenya Barris and Tracy Oliver, from a story by Erica Rivinoja and the screenwriters. The film stars Regina Hall, Queen Latifah, Tiffany Haddish, and Jada Pinkett Smith.

After years apart, best friends Ryan, Sasha, Lisa, and Dina head to the essence festival and New Orleans. What started as a way to bring the Flossy Posse back together, the trip leads to a wild adventure beyond what they could have imagined.

*Girls Trip*, I felt, offers more than what the previews promised me. It's a whole lot funnier, a whole lot nastier, and a lot more sentimental than I would have thought. Sure, it rehashes plenty of tired tropes, and doesn't really add anything new or daring in regards to its comedy. However, to the films credit, it doubles down on every raunchy, dirty joke that it makes. Screenwriter's Kenya Barris and Tracy Olive go all in on their jokes, which either crash and burn spectacularly, or reach great heights. *Girls Trip* is definitely funny, and features a lot of gross out humor. So viewers with a weak disposition will probably want to skip out of this one.

My main gripe of *Girls Trip* is its strict following of the same tired Hollywood story beats that all films of this type follow. If you frequently watch movies, and have a good enough instincts, *Girls Trip* can be entirely too safe and predictable. In the grand scheme of things this isn't a huge problem but also means that you are not missing much if you don't watch this film.

Largely, most of this film's success can be attributed to the cast's stellar performances. The leading ladies all do a fabulous job bringing each of their respective characters to life on screen. Tiffany Haddish in particular is what steals the show. Haddish's wild performance starts at a 9 and just goes up from there. While *Girls Trip* might arguably be forgettable as the year goes on, Haddish's performance will be the last thing I forget.

*Girls Trip* accomplished exactly what I needed it to in order to have a good time. It was funny, it was raunchy, and was competently produced. If you find yourself needed a comedy fix at the movies, then *Girls Trip* can be exactly what you needed. However, outside of that I'm not very inclined to recommend the film. It's not exactly groundbreaking or all too deep. But sometimes, all we need is a good laugh. Rated R 2h 2m

A View from House Seats

## Becky's New Car offers delightful ride

by Shirley Lorraine

Ready for a theater experience that will make you laugh, touch you and possibly even involve you? It is waiting for you now at the Santa Paula Theater Center in the form of *Becky's New Car* by Steven Dietz. The engine is revving up and the lanes are clear.

Originally commissioned around 2007 by a Seattle realtor as a birthday gift for his theater-loving wife, this fresh offering is about real people, in real situations. The play is set in an unspecified city but is identi-

fied as "a town very much like Seattle". No wonder, since author Dietz was a part-time resident there.

The satirical, out-of-the-box comedy offers insights into the complexities of middle class life which is predictably full of routines, angst, potentially life-changing decisions, and familiar expectations. The clever staging involves four settings, all contained in one set. Threading the living room, office space, car and terrace together are roads that converge center stage, symbolizing how easily lives can veer off course if the wrong road is taken.

Becky Foster (Cynthia Killion) is a middle-class woman holding down a demanding yet mind-numbingly routine job who has a college age son (Andrew Garrett) living in the basement, a blue-collar husband (Scott Blanchard) who works as a roofer, and wanderlust in her heart. She is presented with an unexpected opportunity by wealthy widower Walter Flood (Ronald Rezac) which has the potential to completely upend her life. How she copes with the increasingly complex quagmire she has allowed to form is the crux of the story.

Along this stretch of the road we meet the widowers' daughter Kenni (Jennifer Skutley) as well as Ginger (Aileen-Marie Scott), an unskilled socialite who is in the process of going to the school of hard knocks. The play takes more turns than the Grand Prix in reaching a surprising climax.

The acting throughout is absorbing. The audience is immediately put at ease and the action continues as though a comfortable conversation is taking place. It just seems natural when Becky invites members of the audience to participate in small ways, adding to the feeling of just hanging out with the characters, particularly Becky. It also helps that actor Killion has experience in, and a knack for, improvisation and ad-libbing.

Ms. Killion is well matched by Rezac, a Ventura County theater veteran of deservable renown. Their scenes together are particularly authentic. Scott Blanchard as Becky's husband of 28 years brings forth a solid, quiet and commanding voice of reason. Son Chris (Garrett) is a walking psychology term textbook which he handles well. Skutley is given little to do yet makes the most of it she can. Scott shines in her secondary yet important role.

*Becky's New Car* drives off the lot smoothly and with a full tank of gas. Take a spin.

[www.santapaulatheatercenter.org/805-525-4625](http://www.santapaulatheatercenter.org/805-525-4625)

Friday & Saturday eves 8 PM, Sundays 2:30 PM through Oct. 1

Adults \$24, Students and Seniors \$22

## Enrollment for fall classes at Rubicon

Enrollment is now open for fall acting classes at Rubicon Theatre Company for adults and children ages 5 and older. Classes will be taught by Rubicon Associate Artistic Director Brian McDonald, an award-winning professional actor and director and graduate of Boston Conservatory, whose credits include national tours and work with prestigious regional theatre companies including Denver Center Theatre for the Performing Arts, McCoy-Rigby at La Mirada, Musical Theatre Guild at Thousand Oaks Performing Arts Center, and Rubicon. A previous recipient of the City of Ventura's Mayor's Arts Award for Emerging Artist, McDonald heads Rubicon's Education and Outreach programs and has directed numerous

**Trash & Recyclables & Green Waste Pick Up Delay Due to the Labor Day Holiday**

Due to the Labor Day holiday on Monday, September 4, trash and recyclables or green waste will be collected one day later than usual the week of September 3-9 in the City of Ventura. For the City of Ojai, trash and green waste will be collected one day later than usual, on Tuesday, Sept. 5.

**Thank you and Happy Holiday**  
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These process-oriented programs consist of vocal, physical and mental exercises; character analysis and development; scene study; theatre games, improvisation and audition technique. Classes provide opportunities for participants to think creatively and open themselves to new ideas and modes of expression. Each class culminates with a final presentation

of the students' work for family and friends.

Says McDonald, "We limit our class size in order to provide individual attention a nurturing environment where participants are able to participate and grow at their own pace."


Costs range from \$180-\$240. Class descriptions, dates and prices, with further details online under Education on the Rubicon website: [www.rubicontheatre.org](http://www.rubicontheatre.org).

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## This 'n' That

### Person to Person

by Jennifer Tipton

I asked 6 Ventura residents familiar with the old Harbor Village entrance what they think of the new design...



**Holly Hancock**  
age 61 retired manager at Target

"I don't like it! I loved the

stage and the grassy area, it was a good avenue to welcome people into the harbor. This just doesn't "pop" – they were supposed to spray wash the ground with a blue resin. If you see the pictorial of how it was supposed to be, this doesn't do it justice. At least plant King palms instead of these cheap ones!"



**Havana Snyder**  
age 20 works at "Lost in Socks" in the harbor

"I think it's really, really nice! It makes a big difference; all the improvements are bringing people in but it also helps that there's no more construction!"



**Chuck Russell**  
age 82 retired from television

"I think it looks really nice but I think they had to do it because of laws regarding the handicapped for entries and that type of thing. I think that's why they did concrete work."



**David Wheat**  
age 65 retired handy man

"I'm disappointed because they played it off as

some big beautification project and it's fallen far short. Both my wife and I think it was a waste of money ... and the amount of time it took!"



**Matthew Ficarelli**  
age 19 works at Copa Cubana in the harbor

"I think it brings

more people in and makes it more accessible to the restaurants and shops. I like the decorations in the flooring, it's more thematic for the area we're in."



**Cindy Cook**  
age 57 health program representative

"I really like the island

layout but I miss the grass and the bandstand! It was welcoming to see people gathered around the live music on a beautiful afternoon. I do think this stuff (the kelp) will look much nicer with Christmas ornaments hung on it!"



## Urgent Care Lice Removal



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## American Academy of Pediatricians updates head lice guidance

In 2015 the American Academy of Pediatrics (AAP) updated its guidance on head lice treatment as new products were introduced after the academy's 2010 report. The new report was published in the journal *Pediatrics*, and it highlights some exciting new developments in the battle against head lice.

"Head lice infestation is associated with limited morbidity but causes a high level of anxiety among parents of school-

aged children," the report says. "Since the 2010 clinical report on head lice was published by the American Academy of Pediatrics, newer medications have been approved for the treatment of head lice."

The AAP recognizes that head lice in the United States have developed resistance to the most popular over-the-counter lice products (pediculicides). As a by-product of this resistance, some parents have over-applied the medications, hoping that using more of the products would make them more successful. The AAP warns against this, saying, "the potential for misdiagnosis and the resulting improper use of pediculicides and the emergence of resistance to both available and newer products, many without proof of efficacy or safety, call for increased physician involvement in the diagnosis and treatment."

"The prevalence of resistance has not been systematically studied but seems

to be highly variable from community to community and country to country." In fact, the most recent study released shows 100 percent of lice in 42 states are resistant to the active ingredients in over-the-counter lice products.

"The ideal treatment of lice should be safe, free of toxic chemicals, readily available without a prescription, easy to use, effective, and inexpensive," the report says. For the first time, the AAP lists the AirAllé® medical device as an effective lice treatment device. The device is a custom-built machine that uses one 30-minute application of hot air in an attempt to desiccate the lice. One study showed that subjects had nearly 100% mortality of eggs and 80% mortality of hatched lice."

The AirAllé® device is the only treatment option listed in the AAP report that uses heated air. A clinical trial showed that the FDA-cleared medical

device killed live lice and 99.2 percent of eggs. It uses nothing but heated air, carefully controlled and applied, to dehydrate lice and eggs.

Lice treatment using the AirAllé® medical device is available exclusively at Lice Clinics of America treatment centers, where certified staff use the device to remove live lice and eggs. The process takes from 30-90 minutes, depending on the extent of the infestation and the length of the hair. Most clinics guarantee success as long as all household members are checked for head lice prior to treatment.

Lice Clinics of America has quickly become the largest network of professional lice treatment centers in the world. Some 150 clinics have opened in the United States to date with approximately 100 clinics in 20 additional countries.

To learn more or to find a clinic near you, visit [www.liceclinicsofamerica.com](http://www.liceclinicsofamerica.com).