

Support our veterans on November 11!

FREE



VENTURA BREEZE

Your Hometown Paper

Vol. 10, No. 3 Published Every Other Wednesday Established 2007 November 9 - November 22, 2016



Public Works Director Tully Clifford answers our questions.

Public Works Director Tully Clifford, City of Ventura

What challenges does the City face in protecting Ventura's rivers, beaches and coastline? Maintaining Ventura's beautiful coastline is critical to our economy and quality of life. Our beaches are precious, yet vulnerable, resources that we must protect.

The City of Ventura faces many expensive and complex challenges in keeping our beaches clean and our ocean free of pollution.

As a city that relies 100% on local water resources, water quality is a top priority and as a coastal community we share the cost of cleaning up litter dumped in riverbeds or washed downstream from neighboring inland communities. One of the biggest threats to our water quality is urban runoff that carries bacteria, metal, cigarette butts, motor oil residue, pesticides and pet waste into storm drains that flow into our oceans, rivers and local groundwater without any treatment.

Shoring up our aging storm drain systems is expensive and challenging as there is no utility revenue stream dedicated to this critical infrastructure. That work must be paid for with general fund dollars—dollars also needed to fund police, fire, parks, programs for seniors and youth and other critical services.

Our beachfront Promenade is a
Continued on page 2



The winners of the First Annual Ventura Breeze Photo Contest (in conjunction with The Ventura County Camera Club) have been announced. Above is first place: James Hart's "Eye on Ventura."

The winners of the First Annual Ventura Breeze Photo Contest

Amateur non-professional photographers of all ages were invited to enter their best images celebrating our life in Ventura County. The Ventura County

Camera Club judged the entries. Images were judged on artistic merit, originality, composition and technical excellence.
Continued on page 4



This year marks the 30th anniversary of the release of Michael Jackson's iconic "Thriller" album and video. On Oct. 26, thousands of dancing zombies across the globe took to the streets in unison in an attempt to break simultaneous worldwide Thriller dance records and gather donations for charity. In Ventura, scores of dancing un-dead performed at the Ventura Harbor Village as part of this worldwide record attempt. Photo by Richard Lieberman.



The dog might need to wait outside if not a dog friendly restaurant. Photo by George Robertson.

Hear from a woman who taught school before becoming homeless

Take a hungry person to lunch at a participating downtown Ventura restaurant Thursday, Nov 17 10:30 am - 2 pm in recognition of National Hunger and Homelessness Awareness Week: November 12-20.

Meet Thursday, Nov. 17, at 10:30 a.m. at the Unitarian Universalist Church of Ventura, 5654 Ralston.

Hear from a woman who taught school before becoming homeless and lived in the river bottom and the couple who took her to lunch. Hear how their meeting helped lead to her being housed once more. Hear about the many things people who are homeless hunger for besides food - a look in the eye, a friendly smile, a hot shower and clean clothes, a chance to feel normal, the treat of dining out. Learn about homelessness and its root causes.

Then meet the individual you (and a friend, if you like) will get to know over lunch in a comfortable environment at a local restaurant. Many of those who have participated in past years say it was a life-changing experience. National Hunger & Homelessness Awareness Week comes at a time we are all thinking about what we are thankful for. It is a perfect time to share our compassion with our neighbors who are experiencing homelessness, and work toward a world where no one has to experience Hunger and Homelessness.

To eradicate homelessness, we must
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I have lived in two other senior communities in Ventura with my wife over the years. When I moved to the Ventura Townehouse I found nothing can compare to the camaraderie here. No other communities that I have seen can compare. I give it an A+! I feel like the Ventura Townehouse is home.
Ed Schultz,
Ventura Townehouse Resident

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Thanksgiving



Current November Special

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Business

Local bug business wins honor

by Sheli Ellsworth

On October 18, Rincon-Vitova Insectaries won the international 2016 Regenerative Business Prize at the Regenerative Business Summit in Seattle Washington. Founded in 1959 by entomologist Everett Dietrick who passed away in 2008, the company is located at 108 Orchard Drive, just outside the Ventura city limits. RVI pioneered the commercial production of biological controls in pest management and produces, imports and distributes natural enemies for the control of pests like houseflies, beetles, mites, whitefly, grubs, moths, snails, and many others. pests. They also supply beneficial organisms like nematodes (to control pests that live in the soil) and microbials to kickstart soil biology. They are very active promoting living soil, because an acre of healthy living soil has six tons of microbes digesting wastes, protecting roots, sequestering carbon dioxide, opening up soil structure and conserving water. They also sell botanicals like orange oil and hot pepper extract to control pests. RVI offers technical support for the use of their products as well as educational materials about composting, organic gardening, and protecting pollinators.

RVI serves thousands of large and small farms, home gardens, nurseries, green houses, landscape and interior plantscapers, livestock and composting operations, stables, hotels and resorts, zoos, botanical gardens, government agencies, many research institutions, and private residences.

Everett taught that the key to pest

management is understanding the behavior and life cycle of pests and of the beneficials that attack them. "Often the most effective strategy does not require the purchase of products. It requires knowledge of how to integrate features of crop rotation, variety, fertility, tillage, irrigation, insect attractant, and habitat management that can make a big difference in the ratio of good bugs to bad." Integrated Pest Management (IPM) is not just one thing; it is a series of activities, which fosters natural enemies to keep pests within tolerable limits. IPM uses pesticides only as a last resort.

The company, operated by a dozen employees, occupies one acre of land, has \$1.3 million in gross sales and ships millions of bugs all over the continental US. The biggest obstacle to their business is the competition from the marketing of chemical pesticides. Since insects cannot be patented and have relatively short life cycles, "success depends on expert guidance for the customer to set up a program." RVI's licensed pest control advisor, Ron Whitehurst, says that as farmers move from chemical toward biological farming they need a broader ecological regenerative mindset Trends related to global warming and the potential of biological agriculture to pull carbon dioxide out of the atmosphere has increased the company's sales. At present, about half the company's business is concentrated on fly control and the remainder on field crops, orchards, zoos, botanical gardens and conservatories.

Rincon-Vitova also supports training projects of the Dietrick Institute for Applied Insect Ecology and a subsidiary company produces the D-Vac Vacuum Insect Net used for monitoring the insect ecology on farmscapes and landscapes. Go to <http://www.rinconvitova.com> for information and newsletters.

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Public Works Director Tully Clifford

Continued from page 1

major attraction and an integral part of our city. It serves as a popular pedestrian corridor along the coast and has protected property along the beachfront from erosion. Built more than 40 years ago, the Promenade requires ongoing repair and investment to maintain it for future generations.

The coastline is also home to the historic Ventura Pier. Originally constructed in 1872, the Pier is the hallmark of our city and a symbol of the region's rich history and natural resources. Like the rest of our City's aging infrastructure, the Pier presents expensive challenges. Last winter, 20-foot high surf, caused damages costing \$1.5 million to repair. High surf also erodes the shoreline and Promenade.

Last winter severe wave erosion caused the loss of sand and beach threatening the trees, bike path and promenade. To balance the protection of public improvements with impact to the beach in a way that's least harmful to the beach, the city provided shoreline protection through an emergency revetment repair project costing \$400,000.

The first phase of the Surfers' Point managed retreat project, completed in 2011, has provided a natural "barrier"

from shoreline erosion, in addition to an improved storm drain system, new bike path and parking area. Future phases of the project will be built when additional funding becomes available.

We are a community that treasures our beaches and coastline. We must decide if we also are a community that will rise to the challenge of protecting this beautiful natural resource and all of the pride it brings to our city.

Learn more at www.cityofventura.net/water/stormwater.

Hear from a woman who taught school

Continued from page 1

take action that has an impact on its causes. Come meet someone who is experiencing homelessness. Learn what you can do to improve policy, help service providers, and be an important part of the solution.

Come back to the UU Church for a follow-up session on Tuesday, Nov. 22, at 9:30. It's a chance to reflect on your experience, share with others who participated, and learn more about what you can do to be part of the solution.

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UPCOMING EVENTS

Fr. Nov 11th - Through The Roots

Sat. Nov 12th - **UFC205: Alvarez vs. McGregor Fight**

Sat. Nov 12th - Inspector & Los Caligaris

Thu. Nov 17th - Mike Pinto (Acoustic)

Fri. Nov 18th - Future Disco

Sat. Nov 19th - Disc-o-Town Hoedown ft. Moonridge

Wed. Nov 23rd - The Holdup

Fri. Nov 25th - Young Yizzo, King Harris & More

Sun. Nov 26th - The Jive Aces

Sat. Dec 3rd - **HELMET**

Thu. Dec 29th - Rital Movement

Sat. Dec 31st - **NYE2016 ft. One More Time**

Sat. Jan 14th - Master of Puppets

Sat. Jan 7th - Cash'd Out

Sat. Jan 14th - Ozokidz & Ozomatli

Fri. Jan 20th - Young Dubliners

Sat. Jan 21st - Metalachi

Fri. Jan 27th - Shaky Feelin

11.12.16

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mike pinto

THURSDAY, NOVEMBER 17TH

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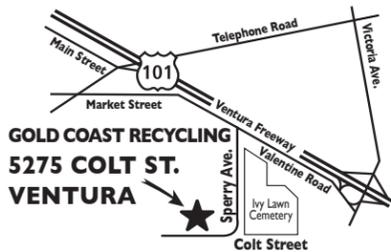


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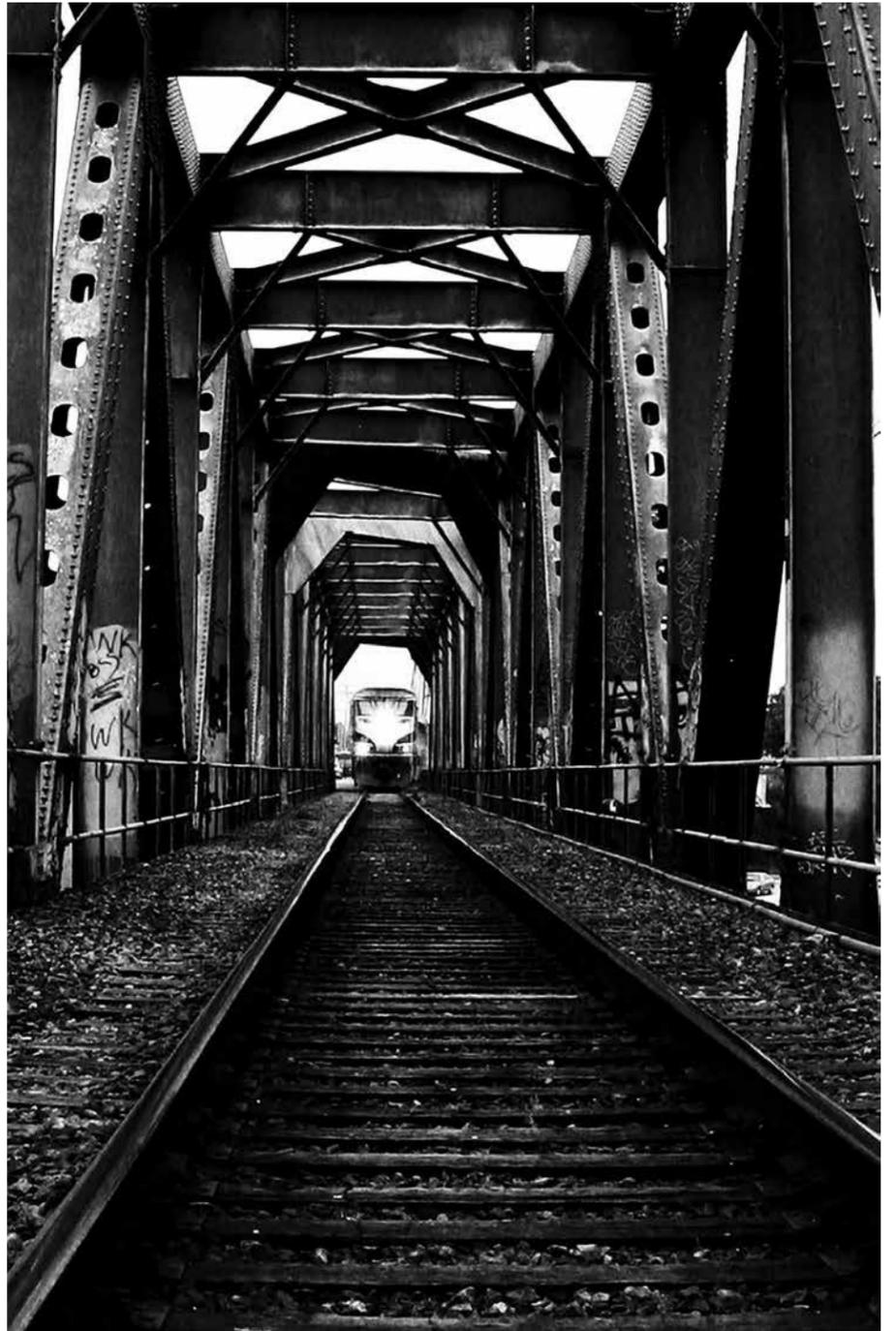
City News

Photo contest

Continued from page 1

Winners received a one-year free membership in VCCC, their photos

printed free at the Image Source in Ventura and a gift-certificate from The Greek Mediterranean Steak and Seafood Restaurant in the Harbor.



Second place: Mike Abbrusco "Train Bridge"



Third place: Sean Green "Busy Bee Cafe"



Where was this photo taken?

The first correct answer wins a \$25 gift certificate to any advertiser in this issue.

Send your answer to editor@venturabreeze.com.



VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

The election results were too late for this issue but can be found at www.venturabreeze.com

Dear Sheldon:

Among the pearls making up the substance of your editorial in the October 26 to November 8 edition of the Breeze was your outline of what is going on in the Ventura County Museum. Your mention of the Museum reminds me of my recent visit to the WWII Museum in New Orleans.

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ I want to thank all of the **candidates** that ran for the Ventura City Council and Ventura School Board. Wanting to serve in these positions is based upon making a contribution to Ventura and certainly not motivated by the small “salaries” that they receive. The election results were too late for this issue but can be seen at www.venturabreeze.com.

Thank goodness the elections are over, hopefully the country can get back to “normal”.

■ Based upon a recent survey taken in Los Angeles County this is the breakdown of their **homeless population**.

Mentally ill 30%
Substance abuse 23%
Experienced domestic violence 18%
Physically disabled 17%
Unknown 12%

For those of you who think that the homeless are just a bunch of bums that don't want to work consider the situations that have led to them to homelessness.

I certainly agree that Ventura has a homeless problem but complaining about it really won't solve the problem. What is needed is some type of housing even if as basic as a well maintained tent city with portable toilets. Refugee camps in Europe are providing this for the immigrant displaced. We should be able to at least provide this.

I am especially concerned about the **mentally ill homeless** population. Many of them are too ill to understand what help is available for them or are too paranoid to accept any help at all.

I'm also concerned about the number of the mentally ill people who are being killed by police officers. Mentally ill lives matter also and perhaps even more so than other populations. Because they don't always understand their situations and have little control over it.

Police departments and policymakers around the country are grappling with

how to bolster training for police officers on mental health issues. This is because of a string of high-profile fatal incidents involving suspects believed to be in the throes of mental breakdowns.

■ It's absurd how long it is taking to complete the California Street Bridge Pedestrian Project.

“The **California Street Bridge** enhancement project includes replacing the existing low-height pedestrian railing along the bridge with a six-foot high 250-foot long decorative railing, adding eight decorative pedestrian lighting fixtures, and resurfacing the sidewalk area to create a safer environment for pedestrians, bicyclists and motorists crossing the bridge and will help visually distinguish the California Street off-ramp as the entry to our historic downtown.”

■ On September 12, 1949, the Ventura City Council passed Resolution No. 3191 creating the **Housing Authority** of the City of San Buenaventura. On December 1, 1949, the first regular meeting of the Housing Authority was held. The City of Ventura provided desk space, and clerical help with the City Clerk acting as treasurer of the Authority. On July 1, 1950 a secretary was employed and the Housing Authority had its first full-time paid employee.

Recently, the City Council adopted a Resolution approving issuance by the Housing Authority of the City of San Buenaventura of tax-exempt obligations not to exceed \$15,000,000. This is to assist Cabrillo Economic Development Corporation (CEDC) in the new construction of 22 apartments located at 1031, 1019, 1007, 995 and 1013 Los Angeles Avenue.

A yet-to-be-formed California limited partnership will be the owner of the development, with the general partner including a CEDC affiliate and a tax credit investor limited partner.

I'm really not sure whose money this is and don't completely understand the process, but doing the simple math that amounts to \$681,000 per unit. For that kind of money (2) 3-bedroom homes could be purchased in that area which would

provide 6 bedrooms. Living in private homes would also provide privacy (a backyard), the pride of living in a home (which some of the residents will never get to do) and interaction with neighbors and their families.

What am I missing?

■ Could millions of connected devices like cameras, thermostats, DVDs, home surveillance cameras, kids' toys and the increasing amount of internet household devices and appliances (13 in the average home already) bring the Internet (and the world) to its knees. **Is cyberwar coming?**

Recently huge cyberattacks crippled a major internet firm that sends information to many popular websites across the United States (did you lose your Netflix connection and have nothing to do)? The hacker group that is claiming responsibility for this has stated that this was just practice and that their eventual target is Russia in retaliation for what appears to be Russian hacking in the United States.

■ Word of the day (or this year actually): **Gentrification** - The buying and renovation of houses and stores in deteriorated urban neighborhoods by upper-or middle-income families or individuals, thus improving property values but often displacing low-income families and small businesses.

■ Nice to see what was called the **Sonderman-Ring** project by the Harbor moving along (and only after about 10-years and the death of one of the partners).

Development is in their 3rd plan-check review submittal with Building and Safety, and is nearing a final building permit approval. It will include 300 residential units, 21,000 square feet of commercial space, 107 boating slips, a 2.44 acre waterfront park and a public promenade extending 1,650 linear feet. The project will include 2, 2-story parking garages.

It will be nice if the commercial space includes a mini-mart so that the residents of the mobile home park across the street could just walk to get some of their groceries and staples.

Mailbox

Aside from the comprehensive portrayals of the battles which led to our victory in WWII, what really got my attention was the emphasis throughout on the prodigious and unified effort of the entire United States, once it became clear that we were in grave danger, to win the war. I should point out that such an effort was badly needed, as in 1940 our Army consisted of a relatively small number of men mounted on horseback with not a tank in sight.

By mid-WWII nearly everyone, men and women of all descriptions, was either fighting or supporting the road to victory in some way, a display of unity not seen since and quite in contrast to our present condition. World War Two, as made clear in the WWII Museum, was a cataclysm which brought the entire country together, probably never to be experienced again. I think of this current state of paralysis nearly every day since my visit.

Sincerely,
Art Spaulding
Ojai

Meet up to clean it up

Just in case you have not noticed our highways and country roads are a mess. So, how about a meet up to clean it up every Saturday? In just the past few days

I have removed over 100 lbs. of trash each day for a week. I simply cannot do this myself. This needs to be a committed effort of folks just like you that want to see Earth Day happen every day, and our home kept pristine. This should not be looked as a party but as a celebration to our home-planet earth.

Or, just work it on your own and make it a family outing.

Bring a trash picker to avoid too much bending and watch your step if you plan to clean the streams-wear good walking or hiking shoes. Best to wear bright colors so that you are easily visible on the highways and twisty roads. Since we have been in a drought for a long time, wild life such as Bears and Mountain Lions have been spotted in the low country, carry a whistle and pepper spray. And beware of poison oak.

Now is a good time for all environmentalists and wanna be trash collectors to get out, get some exercise and sunshine and most importantly clean up our home. This is a free activity no fees no sign ups and no bosses. If you need to contact me I welcome hearing from you.

Jay North at jaysbookshere@gmail.com. See ya on the road-hopefully-weekly. Peace for now,
Jay

Breeze:

When I finished reading the article on Farber-Tauber MD Awards in your Oct.12 issue I was left wondering who the honorees were for 2016.

Sincerely
Yvonne Elizondo

Very good point Yvonne, here they are:
Hospital Physician - Gail Simpson, MD
Community Physician - John Walters, MD
Hospital Nurse - Diana Jaquez, RN, MSN, OCN, ACHPN
Community Nurse - Rosemary Libman, RN
Oral Health Specialist - Scott Packham, DDS
Vision Care Specialist - Paul J. Dougherty, MD
Behavioral/Mental Health Professional - Deborah Thurber, MD
Allied Health Professional - Camarillo Health Care District
Trailblazer Award - Assisted Home Health & Hospice - Elaine Donley

The only difference between a tax man and a taxidermist is that the taxidermist leaves the skin.

— Mark Twain



MEDICARE Informational Meeting on “How Medicare Works”

presenting special guest, *Judy Daniels, Regional Director at Berwick Insurance Group*

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Wednesday, November 30, 2016

Oxnard - 10:00am - 11:00am

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Wednesday, October 19, 2016

Ventura - 10:00am - 11:00am

Marie Callender's
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Wednesday, October 12, 2016
Wednesday, November 9, 2016
Wednesday, November 16, 2016

Santa Paula - 10:00am - 11:00am

Santa Paula Hospital
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Wednesday, December 7, 2016

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Community Events



The Ventura Police Department has four K9 Teams assigned to Patrol. This is Officer Hrynyk and Jag.

Reception to honor K9

Land Rover Jaguar Ventura will host a law enforcement appreciation reception honoring K9 Jag, the Ventura Police K9 Unit and law enforcement county-wide. The event will be held November 15 from 6:00 p.m. to 8:00 p.m.

In March of 2016 Officer Hrynyk was selected as the Ventura Police Department's next K9 handler. He was paired with K9 Jag. Jag was brought directly from Germany to Ventura at 18 months old. Jag was purchased through a generous donation from Land Rover Jaguar Ventura.

“Most folks do not realize that our police dogs are purchased through public

and private donations, and without support of the public and companies like Land Rover Jaguar Ventura, we wouldn't have these wonderful animals out on the streets keeping our community safe,” said Sergeant Kenny Welch, supervisor of the K9 Unit.

The Ventura Police Department has four K9 Teams assigned to Patrol. The K9 Teams are available for deployment seven days a week, providing protection to our community twenty-four hours a day. The Ventura Police K9 Unit and the National Police Dog Foundation (NPDF) work together to raise funds for the K9 Unit. The funds raised by the K9 Unit, and the NPDF, help pay for the canines, their training, and medical bills. All Ventura Police canines, past and present, were paid for through the generosity of the NPDF and from local businesses and individuals. No taxpayer dollars were used in the purchase or training our canines. The cost of a canine can range from \$6,000 – \$7,000, not including training and certification, which can be upwards of an additional \$8,000 – \$9,000.

Veterans Day ceremony

Everyone is invited to attend the Veterans Day ceremony Friday November 11 at the Ivy Lawn Memorial Park located at 5400 Valentine Rd. The event begins sharp at 10am. Do get there early for the best free parking.

It is a beautiful event complete with



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Shahram Fatemi, MD
Hany Fouad, MD

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Logan Bundy, MD
Raymond Menchaca, MD

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Naser Jamal, DO
David Mescher, MD
Megan Mescher-Cox, DO
Jocelyn Napod, MD
Mark Stokols, MD

Oxnard
Gary Deutsch, MD
David Mescher, MD
Megan Mescher-Cox, DO

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Jeffrey Miller, MD
Anna Mikhailovsky, MD

Fillmore
Amelia Breckenridge, MD

Moorpark
Erik Bezema, MD
John Ippolito, MD
Amy Jones, MD
Christina Mueller, MD

Santa Paula
Connell Davis, MD
Jake Donaldson, MD
Ramon Gomez, MD
Nicole Kehoe, MD
Natalie Ladine, MD
Jerold Noah, MD
Lisa Solinas, MD

Tipu Khan, MD
Cheryl Lambing, MD
Kristi Schoeld, MD
Catherine Sever, MD
Sunita Sujanani, MD
Bryan Wong, MD
Zachary Zwolak, DO

Vincent Pinedo, MD
Sonia Pinzon-Arellano, MD
Shirley Underwood, DO

Santa Paula
Ana Alpern, MD
Janelle Bohl, MD
Stephanie Daugustine, MD
Sarah Hemmer, MD

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Morgan Lyons, DO
John Sheppard, MD

Ventura
Riffat Muzaffer, MD
Ramsey Ulrich, MD

Simi Valley
Smita Mandal, MD

Thousand Oaks
Seema Raheel, MD

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Amy Galin, MD

Oxnard
Maria Arizmendi, MD
Darren Bray, MD
Sonya Garcia, MD
Margalit Kochav, MD
Michelle Laba, MD
Daniel Lu, MD

Simi Valley
Joni Bhutra, MD
Rehka Krishnakutty, MD
Teresa Sheahan, DO

Thousand Oaks
Jodie Reisbord, MD

Ventura
Sonya Garcia, MD
Sarah Hemmer, MD
Sun Moon Lee, MD
Suhad Niazi, MD

Oxnard
Micah Dickey, DO

Ventura
Angelika Deloa, MD
Robert Dodge, MD
Geoffrey Loman, MD
Robert Moffatt, MD
Charles Murphy, MD

Santa Paula
Micah Dickey, DO
Evelyn Dowell, MD
Christina Hofer, MD
Alan Lyne, MD
Alexander Meyer, MD
Jon Schrock, MD
Jeffrey Tubbs, MD
Michael Tushla, MD
Gary Wikholm, MD

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Andrew Sledd, MD

Newbury Park
Robert Dekkers, MD

Oxnard
Imelda Deforest, MD

Santa Paula
Janelle Bohl, MD
Robert Dekkers, MD

Oxnard
Alejandro Andrade, MD
Preston Arndt, MD
Allison Blaze, MD
Lisabeth Carlisle, MD
Miguel Cervantes, MD
Darin Chambers, MD
Andrew Cheng, MD
Gillian Dörner, MD
Kenneth Finger, MD
Carlos Frias, MD
Michelle Munoz, MD
Shilpa Pakala, MD
Kenneth Parola, DO
Stanley Patterson, MD
Lynn Rockney, MD
Catherine Sever, MD

Lisa Solinas, MD
Anthony Walls, MD

Simi Valley
Suneeta Choudhary, MD
Sheila Flom, MD
Ashmeeta Kapadia, MD
Amy Lin, MD
Joseph Meshriky, MD
Stanley Patterson, MD
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Community Events

a military fly-over, the white homing dove release and laying of the wreaths. Keynote speakers will be Congresswoman Julia Brownley, Assembly representative Jackie Irwin and Captain Jay Galazin of the United States Coast Guard. All levels of young scouts, enlisted and military veterans, friends and family will attend. There is no charge to attend except your time to honor all of those who have served our country. No pets are allowed.

Ventura events

by Ana Baker

Free admission stage show, 2 p.m. to 4 p.m. First Sunday of every month. Old Time Country Bluegrass Gospel Music Assoc. Poinsettia Pavilion, 3451 Foothill Rd. For more information call 517-1131.

Ventura Poinsettia Dance Club meets every Monday from 7:30 p.m. to 9:45 p.m. at the Poinsettia Pavilion, 3451 Foothill. Ballroom, swing, Latin, mixers and line dancing. Members \$10, non-members \$12, first time dancers are free. Call Rick at 415-8842 for more information.

DBSA Ventura, the local chapter of the Depression & Bipolar Support Alliance (DBSA) hosts two regular, confidential, peer-led, self-help support groups in the County. Tuesday from 6:30 p.m. to 8 p.m. at Bible Fellowship Church at 6950 Ralston Street in Room 301 of Building 300. Email DBSA_Ventura@yahoo.com, visit facebook.com/DBSA.Ventura or call 253-3289 for more information. 1p.m. to

3p.m. at the New Visions Center on the first and third Saturdays of the month. At 1065 E. Main. Email DBSA_Ventura@yahoo.com, visit facebook.com/DBSA.Ventura or 746-3106 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 p.m. to 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Nov. 10, 11: Community Memorial Hospital's Auxiliary Gift Shop is presenting a Masquerade Sale from 7 a.m. to 7 p.m. 147 Brent Street, hospital lobby. Lots of scarves, jewelry, bags, watches and novelty items priced at \$6 for many items. A great source for stocking stuffers, and all those on your holiday gift list. All proceeds from this sale will be for CMH. Please shop for unique, great value gifts. While you are visiting this sale, pick up an application to volunteer with the Auxiliary.

Nov. 11: The General George S. Patton, Jr. Chapter, Sons of the American Revolution November luncheon meeting will feature the program "Kentucky" presented by Barrie Walters. The luncheon event will take place on Veterans Day, Friday, at 11:30 a.m., in the Garden Room, Marie Callender's Restaurant. All SAR & DAR Compatriots, friends, and visitors are welcome to join us. Lunch is \$20 per person. For additional information or for assistance in determining your possible Revolutionary War genealogical roots, please call Bill Bays 650-3036 or *Continued on page 9*

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Tue, 11/22, 10:00 a.m.

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Community Events

Ventura events

Continued from page 7

Robert Taylor 216-7992. For information regarding SAR membership and chapter activities <http://pattonpatriots.org>.

Nov. 12: In conjunction with Veterans Day, Veterans of Foreign Wars Post 1679 in Ventura will host a family-friendly special event on Saturday. All military veterans, active service members, their families and the general public are invited to attend. Admission is free. The Canteen opens at 10 a.m. The popular band Action Down entertains from noon to 4 p.m. Food will be available beginning at 1 p.m. and charitable drawings will be conducted throughout the afternoon. Proceeds benefit programs of the VFW and Auxiliary which assist veterans and their families. VFW Post 1679 is at 3801 Market St. Call 642-2674 for more information.

Nov. 12: Ventura Audubon Society 8:30 a.m. Ormond Beach Leader: David Torfeh 794-5334. Look for a variety of waterfowl such as willets, whimbrels, Black-necked Stilts, and Black-bellied Plovers. Meet at the Arnold Road entrance.

Nov. 12: Field Trip, Geologic Overview of Ventura & Ojai, Saturday, from 9:30 a.m. to 12 p.m. For information please call 746-5826. Lead by K. Mason Redding CA Registered Geologist (RG 5785)

Nov. 12: Ventura Singles Roundtable Discussion, Saturday from 3 p.m. to 5 p.m. Join us to talk about life, love, family, friends, work, fun, spirituality, whatever is on your mind,

whatever is in your heart. By Dr. Vondie Lozano, Licensed Marriage & Family Therapist. Group guided imagery/hypnosis included. Cost: free. V E.P. Foster Library, Topping Room. For more information go to <https://www.meetup.com/Ventura-Singles-Roundtable-Discussions/events/>

Nov. 15: Ventura Audubon Society 8:30 a.m. Lake Casitas. Adele Fergusson 415-4304. There will be lots of walking, so wear comfortable shoes and bring snacks and water. Target birds will include the resident Bald Eagles, Green-Backed Heron, Chipping and Lark Sparrows, Common Merganser and Spotted Sandpiper. Park in front of the entrance to the Lake and walk in from there.

Nov. 17: The regular monthly meeting of Assistance League of Ventura County will be at the Chapter House, 913 East Santa Clara St. At 9:30am, with new members welcome. Assistance League is creating "A Brighter Tomorrow for Today's Children" through several philanthropic programs: B.U.F.F.Y. Bear, Operation School Bell®, Girls Club/Teen Club, and Assistance League School for young children with learning disabilities. The Bargain Box Thrift Shop helps fund these programs. Find more information assistancelagueventura.org.

Nov. 19: Ventura Audubon Society 8:30a.m. Carpinteria Salt Marsh, Rocky Ludes 208-9648. The Salt Marsh Reserve is an excellent birding location due to the estuary, wetlands, and upland habitats. Special birds including Belding's Savannah Sparrow,

Continued on page 23

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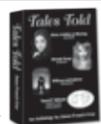
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Author's Note: I said to my wife while penning this ditty, "I have to put myself into the mindset of a boy, 15." And she said, "You are a boy, 15."



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JAMES FRANCIS GRAY

AUTHOR OF

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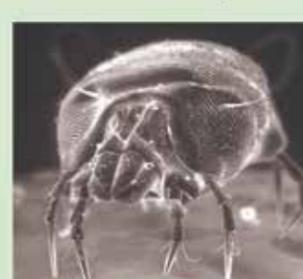


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Well guess what: Looks aren't everything! Clean 1st for your family's health and then for appearance. In the average home over two million dust mites feed on dead skin scales and other debris. They hide in your carpet, upholstery, drapes, mattress, and pillows. Mites can double their numbers in ten hours, and produce ten to twenty pieces of feces per day. You get 100,000 dead bodies and thirty million pieces of feces added to your home every day. Microscopic mite feces and corpses are so small that they blow up into the air as you walk around your house, and they get into your lungs. Eighty percent of Americans who suffer from allergies are allergic to airborne mite refuse. To help limit their effect on your health, you need to clean your carpets and furniture more often.

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- 5 Done Rite Carpet Care is an IICRC Certified Firm.**

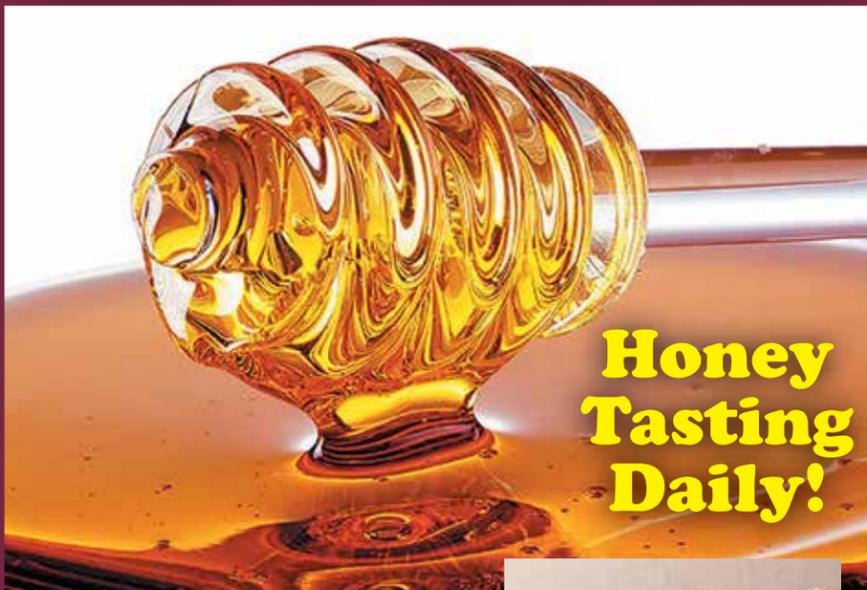
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News & Notes



Robert Fisher, Congresswoman Julia Brownley and John Baffa.

Grammy in my district

by Pam Baumgardner

One of the highest musical accomplishments one can earn is the Grammy awarded by the Recording Academy to recognize outstanding achievement in the music industry. And though most people think of the Grammys as just an annual televised event featuring their favorite artists, but the organization actually goes above and beyond with advocacy and helping to effect public policy. One of those advocacy groups is "Grammys in my District" launched in 2014 and is now held throughout the United States in order to bring music creators to the local offices of elected officials in their own districts. The purpose is to let lawmakers know that music creators are an important part of their voting constituency and to discuss the important issues in their industry.

On October 26, music professionals from our area including Bevan Manson,

Toni Jannotta and Grammy winner John Baffa (TV Tray Recording Studio) met with Congresswoman Julia Brownley who represents the 26th District of California at her office in Thousand Oaks.

The Fair Pay Fair Play Act (H.R. 1733) – The Fair Play Fair Pay Act is bipartisan legislation that will reform music licensing for sound recordings. The bill modernizes music licensing in a logical, comprehensive way. It will ensure that all music services play by the same rules, while protecting small broadcasters, so that music creators receive fair market value for their work.

The Allocation for Music Producers Act (H.R. 1457) – Music producers are an integral part of the creative process for a sound recording, yet they have never been mentioned in copyright law. The AMP Act would allow producers and engineers to get direct payment of their digital royalties through SoundExchange. This bipartisan bill has no opposition and is non-controversial.

And Reforming the Consent Decrees for Songwriters & the Songwriter Equity Act (H.R. 1283) – Songwriters are subjected to decades-old consent decrees that restrict how ASCAP and BMI, the two largest performing rights organizations, license their work. This summer, the DOJ issued a harmful decision making the consent decrees even worse. Congress should ensure that songwriters ultimately get the reforms they need to receive fair compensation. H.R. 1283 is step toward reform that modernizes the

Continued on page 17

NEW Bookstore Hours:

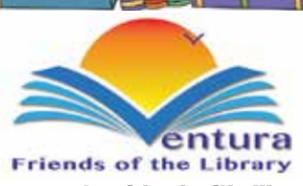
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Guests were having fun with photo props and champagne while waiting for their spa treatments at the 2nd Annual Breast Cancer Spa Night on October 26th. The event was held at Jessica's Nail and Spa in Ventura.

Over 60 women who are breast cancer survivors and current fighters came out to receive a free manicure or pedicure, champagne, finger food and free goody bag. The entire event was paid for by Assisted Home Health and Hospice.

The community Liaisons who put on the event were Whitney LaBrie and Deanna Leslie. Photo by Randy LaBrie at Swellsdays.com.

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Friday, Dec 9: 7 pm Saturday, Dec 10: 2 pm & 7 pm, Sunday, Dec 11: 2 pm

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Senior Living

Pull Out Section



"I want to make sure that you understand your POLST."

Choosing healthcare for the end of your life

by Cate Kortzeborn

Medicare's acting regional administrator for Arizona, California, Hawaii, Nevada, and the Pacific Territories

My mom, 88 stubborn years old, still lives on her own in a big house with a cat that loves to get underfoot. Because I work in healthcare, I have an all-too-vivid recognition of the perils that can befall someone in her situation.

POLST stands for Physician Order for Life-Sustaining Treatment. It's a document that makes your treatment wishes known to doctors, nurses, emergency medical technicians, and other healthcare providers. Too often, people near the end of their lives get treatment they don't want. These treatments may not help them live longer or better, and sometimes can cause pain.

Also, family members sometimes have their own ideas about what types of treatment their loved ones would want. POLST makes sure your family members and caregivers know exactly what life-saving treatments you do and do not want.

POLST is different from an advance healthcare directive. An advance directive allows you to choose the advocate you want to speak for you if you're incapacitated, and provides a general guide to what treatment you want. POLST is different because:

- POLST is a signed medical order that your healthcare team can act upon, whether your advocate is there or not;
- POLST indicates your exact wishes about certain medical treatments.

Although it's a good idea for all seriously-ill people to have both an advance directive and a POLST, any adult, especially if she or he is unmarried, should

have one or both.

You can find the POLST form online or at your primary care provider's office. Your provider can explain the different options on the form to you. The POLST must be signed by a licensed healthcare provider and by you.

Once signed, the POLST becomes part of your medical record. It stays with you all the time. If you're at home, put it near your bed or on your refrigerator. If you're in a hospital, nursing home, or assisted living facility, it'll be in your chart or file. If you're moved between locations, your POLST goes with you.

POLST forms vary by state and focus on three types of interventions. For each, you can choose whether or not to have something done or choose a level of intervention.

- Resuscitation (person has no pulse and is not breathing):.
- Medical intervention (person has pulse and/or is breathing):
- Artificially administered fluids and nutrition: This is a way of feeding a person through a tube either in his/her nose or through the skin into his/her stomach.

To find the POLST website in your state, where you can get more information and download forms, go to www.polst.org.

More information on advance directives can be found at: <https://medlineplus.gov/advancedirectives.html>.

- You can always get answers to your Medicare questions by calling 1-800-MEDICARE (1-800-633-4227).

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Hospice helped Howard make more meaningful moments

by Lori Harasta

Howard was only 41 years old and was suffering from the advanced stages of esophageal cancer when he was admitted into Livingston's compassionate hospice care. Within days his pain

was under control and he was comfortable enough to leave the house, be with friends and even enjoy a beer. Although he was on hospice care, he was living what appeared to be an ordinary life again. When the end finally came, his passing was pain free.

Many people think that being on hospice means lying in a bed, barely conscious. Howard's story proves that is not the case. Many of his final moments were anything but ordinary, and they would not have been possible without the help of hospice.

Howard's experience is not unique. The mission of hospice is to provide specialized care for end-of-life patients and their families. Hospice care supports living one's life to the fullest with dignity regardless of how much time remains. November is National Hospice and Palliative Care Month. Here are some of the

Senior Living

common myths of hospice that need to be put to rest:

MYTH: Hospice care means leaving home.

FACT: Hospice is not a place. In fact, hospice services can be provided to a terminally ill patient and his or her family wherever they are most comfortable, or wherever they consider "home."

MYTH: Hospice means forgoing all medical treatment.

FACT: With hospice, the focus changes from cure to comfort. The hospice provider will assess the needs of the patient, deciding which medications and equipment are needed for maximum comfort.

MYTH: Hospice means strangers care for you.

FACT: Livingston Memorial Visiting Nurse Association strives to educate and support family members to serve as the primary caregivers for an end-of-life patient. The hospice team comes alongside the family and consists of doctors, nurses, aides, social workers, therapists, volunteers and chaplains, and are available 24/7.

MYTH: Hospice care ends when someone dies.

FACT: Bereavement support services that deal specifically with grief and coping after the loss of a loved one are available at no cost for up to a year after someone dies. In addition, Livingston has bereavement support groups for the general public in various parts of Ventura County. For more information, visit the website at <http://lmvna.org/calendar/index.html>

MYTH: People on hospice are in bed, waiting to die.

FACT: Hospice enables special moments and memories at the end of a life that would otherwise not happen. Howard called hospice because he wanted to live his life to the fullest with dignity, restoring a quality of life that he may have otherwise lost to invasive treatments and surgeries.

Hospice makes more meaningful moments possible.

Get free help with your Medicare

by Cate Kortzborn

Medicare's acting regional administrator for Arizona, California, Hawaii, Nevada, and the Pacific Territories

Note: On Thursday, Nov. 10 at 10am at Foster Library there will be a free Medicare 101 Q & A with our local

Medicare expert, Samuel Schwartz. The program will get you the answers you need to make an educated decision about Medicare. Bring any and all questions!

When someone with Medicare finds his or her way to my office phone, it's often because of a complicated and snarly issue that's going to take time to fix.

However, it's sometimes a Medicare beneficiary who found my number somewhere and called for some basic help in understanding their coverage. I love those calls because I have a quick and easy answer for folks like that.

I refer them to the State Health Insurance Assistance Program, or SHIP. There's a SHIP in every state in the country.

SHIPs are nonprofit organizations that help people with Medicare understand their benefits better. The counseling is personalized and it's absolutely free. SHIPs aren't connected to any insurance company or health plan, so they're not trying to sell you any kind of product. If you're eligible for Medicare, you're eligible for assistance from your local SHIP.

The quality of the counseling is terrific. Many SHIP counselors have Medicare themselves and they're well-trained to answer your questions. They know all the ins and outs of the program, whether you have Original Medicare (where you choose the doctor or hospital you want and the government pays your providers directly) or Medicare Advantage (in which private insurers offer health care services through a specific network of doctors, hospitals, and other providers). SHIPs also can help with Part D prescription drug insurance.

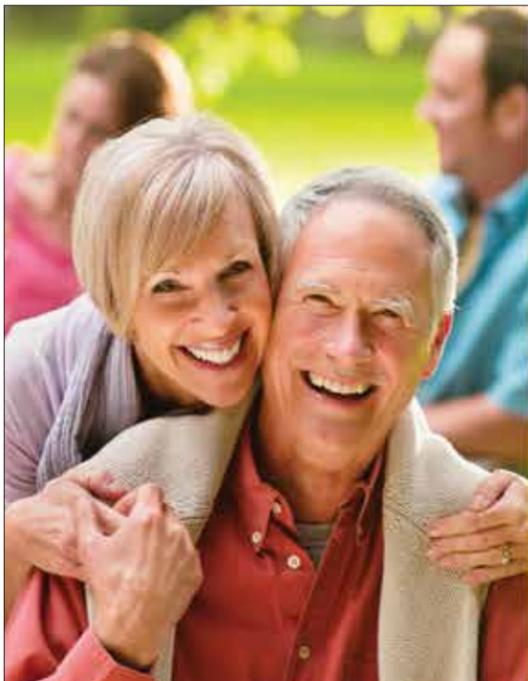
How do you get in touch with SHIP? Call 800-434-0222.

Of course, there are other ways besides SHIP to get information about Medicare. One excellent resource is the "Medicare & You" handbook, which is mailed to Medicare beneficiaries every fall.

"Medicare & You" is a gold mine of easy-to-understand information about how Medicare works, how to enroll, what services are covered, and many other topics. The handbook also lists all Medicare Advantage and Part D plans available in your area, their costs, and contact information for each one.

You can find the latest edition of "Medicare & You" online at: <http://www.medicare.gov/Pubs/pdf/10050.pdf>

Help is also available through the Medicare customer service center, at 1-800-MEDICARE (1-800-633-4227; TTY users call 1-877-486-2048). The call center is open 24 hours a day, including weekends.



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Senior Living



Sarah Perez, Memory Care Program Manager received the prestigious Outstanding Department Director award.

usually talking about his WWII experience. Perez worked with his wife to create a slide show of his military life and hold a celebration of his service. Her philosophy of care is, "When residents are laughing and engaged, they're not experiencing fear or trepidation."

"This is a well-deserved award for Sarah, and we are thankful she is part of the Cypress Place team assisting our residents in such a loving and dignified manner," said Spira.

Senior News Line

by Matilda Charles

Should Medicare Age be raised to 67?

There's a movement afoot that, if it gains traction and becomes law, could affect many of us. Researchers have once again studied the ramifications of increasing the age of Medicare eligibility to 67. The purpose, of course, would be to save the government money.

Here are a few of the things the study discovered from the records of more than 200,000 seniors:

Overall medical spending dropped by a third when seniors switched to Medicare because the government pays providers less than private insurers.

While the government will save money, actual health-care spending will go up. A previous 2011 study concluded that while the government would save \$5.7 billion (in 2014), seniors age 65 and 66 would have increased costs out of pocket of \$4.5 billion. The current study agrees.

A Congressional Budget Office looked at the potential government savings in 2013, and concluded that the government could save \$19 billion between 2016 and 2023.

Seniors generally would stay with the same health-care providers, who will get less money for the same services, probably 30 percent less. Those providers will continue to see existing patients because they'll be dealing with volume in the number of patients.

So what does this mean to us? Seniors would need to spend two more years on private insurance. To keep employer-provided insurance, we'd need to stay employed for two more years.

If we were planning to retire and have Social Security as all (or at least part) of our income, we're not likely to be able to afford the high cost of medical insurance, as it seems to go up each year as we get older.

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Cypress Place employee receives excellence in service award

The California Assisted Living Association (CALA) has announced that Sarah Perez, Memory Care Program Manager with Cypress Place Senior Living in Ventura, has received the organization's prestigious Outstanding Department Director award at their Fall Conference & Trade Show in Rancho Mirage. CALA chooses recipients of these awards based on their commitment to providing outstanding, quality care and service to residents in the Assisted Living communities where they work. Perez received her award on October 24, 2016.

According to executive director Steve Spira, "Sarah may think no one is watching, but we at Cypress Place can see that excellence and superlatives are simply silent badges she wears every day."

Perez began working at the community 13 years ago as a caregiver, and is currently in charge of the memory care Vibrant Life program.

Co-workers and family members say that Perez's greatest talent lies in the fact that she really "knows" residents and takes cues from them to create personalized, engaging activities. She noticed on a recent outing that residents were expressing concern for homeless individuals, so she organized a group to craft blankets for them. She also organized the "Yahtzee Girls Club" after many residents told her they like to play dice games.

This creativity extends to individual residents as well. One resident was contin-

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News & Notes



The legacy of Sam Povar lives on through his family and the community. Photo by George Robertson.

The San Salvador has a new paint job (and flags to come)

Sam Povar was a man who loved Ventura and who spent his time and resources in creating, preserving and protecting the beauty of the city that he loved. Sam passed away in 2015, but he sparked a commitment to continue beautifying the city for residents and visitors alike.

Michael Povar Sam's son and daughter, Michael and Paulette, are continuing this legacy of giving back to the city. "Our father wanted to recognize the beauty of this place and to make a mark that lasts," says Paulette. "We are celebrating Ventura as a place where residents and visitors can come to talk, walk their dogs, and enjoy the beauty of the Pacific Ocean."

Sam's dream of refurbishing the San Salvador, that sits on the sand in Marina Park is now happening. "Almost every day you can see children playing on the replica of a Spanish galleon in Marina Park," says Michael. "The large boat represents Juan Cabrillo's flagship, the San Salvador. Our latest project includes refurbishing the big ship with new paint, aluminum flagpoles and flags celebrating the 150 years of Ventura's cityhood."

The Povars are happy that homeowners are contributing to the efforts in Marina Park. Michael explains, "We think this is the most beautiful park, with close to a 360 degree view of water, including the harbor, the inlet and the Pacific itself. It's a historical place and a very beautiful one. We want residents to have a stake in continuing to make this area a more beautiful place and keeping it that way."

"I want to thank our neighbors for their donations. Please tell your friends and neighbors to donate. This is our community, our park and our ship. There is nothing better than donating to the ship and to see the results of your donation on happy faces (kids and adults)."

Sam Povar's vision was to inspire others to use private capital along with public cooperation and support

to envision something beautiful then make it happen. "This is something we are passionate about," says Paulette. "We hope members of the community will join us not only in beautifying the park, but also in continuing to contribute to Ventura's future."

Donations are accepted for continuing projects at the Ventura Community Partners Foundation for the Sam Povar Memorial Fund. For further information, call Michael Povar at 818-705-7600



"We Serve."

Ventura Downtown Lions Club serves Ventura County veterans

Lions Clubs International's motto "We Serve" was definitely exemplified by members of the Ventura Downtown Lions Club. Following a full day of deep-sea fishing sponsored by Anglers Anonymous Ventura Coast, Ventura Downtown Lions Club members Kathy Shurtleff, Ken Cozzens, Adam Casillas, Rick Robinett, Tim Brown, Mike Vaseth, Ed Rogoff, Joel Crawley, Charlie Burnham and Robin Westmiller served more than 150 veterans from every branch of military service.

Lions Bar-B-Que Chair Don



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No Delay in Trash & Recycling or Green Waste Pick Up Due to the Veterans Day Holiday

The Veterans Day holiday falls on Friday, November 11. The collection of trash and recyclables or green waste will not be affected in the cities of Ventura and Ojai during the week of Veterans Day, Nov. 7-11.

Thank you and Happy Holiday
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Trash & Recycling or Green Waste Pick Up Delay Due to the Thanksgiving Day Holiday

Trash & recyclables or green waste will be collected one day later than usual in the city of Ventura for customers who have their refuse collected on Thursdays and Fridays the week of Thanksgiving, Nov. 21-25. The holiday will not affect Monday, Tuesday or Wednesday pickup schedules. The collection of trash and recyclables will not be affected in the City of Ojai.

Monday, Nov. 21 will remain the regular collection day that week in Ojai. Thank you and Happy Holiday

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News & Notes

Fromberg arrived early to organize the team who prepared and grilled several pounds of chicken, tri-tip and garlic bread. The Lions also served baked beans, coleslaw and pumpkin pie.

The Ventura Downtown Lions Club meets the first three Thursdays of every month for lunch at Noon at The Derby Club, Ventura County Fairgrounds. For more information, visit www.venturalions.org or phone 655-5595. For information on Anglers Anonymous Ventura Coast, visit their website anglersanonymousvc.weebly.com.

Ventura Port District public meeting invitation

The Ventura Port District has an opportunity to consider a thoughtful and synergistic economic development strategy for two undeveloped sites in the Southwest harbor area. Wednesday, November 9, at 7:00pm. Four Points Sheraton Ballroom 1050 Schooner Dr.

The Board of Port Commissioners approved a Request for Proposals (RFP) to Lease Ventura Port District Property for Development of Visitor Serving Uses which was released on May 2, 2016. Proposals were due August 12, 2016. On Wednesday, November 9, the District will hold an informational meeting at which time, three development teams who responded to the RFP will present their concepts for the two sites. This is the first public meeting, with additional meetings planned for 1st quarter 2017. No action will be taken on November 9 with respect to the proposals. However, the goal of the RFP is to ultimately select one or more development teams to enter lease negotiations with the District.

The District is focused on increasing the visitor serving uses throughout the harbor. The proposed in-fill projects provide the opportunity to do something special along the waterfront of Ventura Harbor.

The District is taking the first step in a lengthy entitlement and permitting process that involves the City of Ventura, the California Coastal Commission and

community stakeholders.

They invite you to attend the first public meeting to learn more about the proposals being made by three different development teams. Your input is a valuable part of the process. <https://venturaharbor.com/>

Rare mammoth fossil excavated on Santa Rosa Island

A team of scientists recently unearthed an exceptionally well preserved fossil of a complete mammoth skull from an eroding stream bank on Santa Rosa Island.

The team, consisted of retired National Park Service archaeologist Don Morris, Mammoth Site paleontologist Justin Wilkins and Monica Bugbee.

“This mammoth find is extremely rare and of high scientific importance. It appears to have been on the Channel Islands at the nearly same time as humans,” Wilkins said.

Geologists at the U.S. Geological Survey (USGS) have dated charcoal samples adjacent to the specimen to approximately 13,000 years old. The dating is significant since this time period coincides with the age of Arlington Man, the oldest human skeletal remains in North America, also found on Santa Rosa Island.

It is believed that the Columbian mammoths migrated to the Channel Islands during the past two ice ages when sea levels were lower and the island land mass was closer to the mainland coast.

Channel Islands National Park Superintendent Russel Galipeau said, “One of the purposes of the park is to provide scientific value. This project is a great example of a multidisciplinary collaboration to learn about the prehistory of the park.”

The mammoth specimen was first discovered in September 2014 by National Park Service biologist Peter Larramendy, who noticed an ivory tusk protruding from gravel sediment in the canyon wall while he was conducting a stream study.

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Channel Islands YMCA Association has announced Mike Evans as their new Facilities and Risk Manager. Evans has been certified as a YMCA Team Leader, and was recognized as the Channel Islands YMCA Rookie Director of the Year in 2013.

In 2011, he joined the Channel Islands YMCA as the Director of Facilities at the Ventura Family YMCA. Evans lives in Ventura with his wife, Denise. Evans attended Ventura College, Oxnard College and Allan Hancock College and studied Fire Science. He is California Firefighter 1 Certified.

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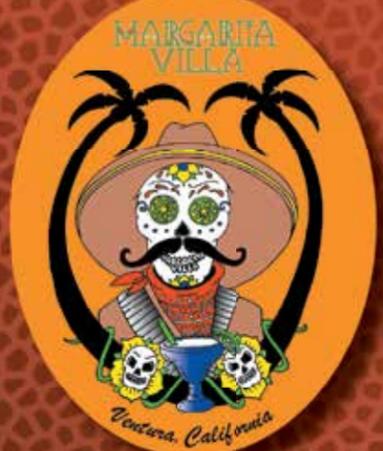
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Professor Scamp Ph.D

The Humane Society of Ventura County will hold its annual "Santa Paws" fund-raisers on Nov. 20 in Ventura and at the HSVC's shelter in Ojai on Dec. 4, where pets – along with their families – can have their pictures taken with Santa.

The Ventura shoot will be held from 10 a.m. to 3 p.m. at the Ventura Beach



Thanks to all of you who supported me in my run for president. Especially my brother Evin and sister Viv. Too bad that they are too young to vote because I only lost by one vote.

Marriott. The event in Ojai on Dec. 4 from 10 a.m. to 3 p.m. The Ojai HSCV shelter is located at 405 Bryant St.

For a \$25 donation, pet owners

receive several professional photos on a compact disc that will be ready to take home the day of the event. Greg Cooper, a professional photographer, will shoot the pictures and Chuck Bowman will be Santa. Those who do not have a pet can still bring their children to avoid long lines at the mall to see Santa.

The Ojai event will feature a Holiday Craft Fair where local artists and crafts people will have one-of-a kind gifts.

The Humane Society of Ventura County does not receive federal, state or local tax dollars to operate and relies solely on private donations.

Today (recently) may have been just a normal day for you, but at Ventura County Animal Services we hit a major milestone. Today we celebrated 1,000 days of No-Kill. But after implementing so many innovative programs and projects to help keep our numbers at bay, we're only at 91.5% Live Release Rate!

We need your help to sustain no kill. So far we've saved 217 animals through Social Media alone. You can help save lives by following, liking, commenting and sharing our stories on www.facebook.com/VCAAnimalServices, <https://twitter.com/VCAAnimalService>, <https://www.instagram.com/VCAAnimalServices/>.

VCAS would like to show its appreciation to the Ventura County community by offering \$20.00 (does not include a possible \$20 license fee) Pet Adoption fees for all Dogs and Cats until the end of November!

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LostCatVentura.com and LostDogVentura.com are free resources for finding lost pets in Ventura County, and where you can post a notice to find your lost pet.

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Hi: I'm Jazzy, a very sweet 6-month-old Shepherd X. I'm mostly black with a few white markings on my chest and toes. Looking for a WiFi booster?! C.A.R.L.'s Kennel Manager Alison thinks with my ears I'm sure to pick up some signals.

I was in a foster home with two other dogs - a Labrador and a Pomeranian. I loved to wrestle and snuggle with them. I'm crate trained, but not quite house trained. My foster mom created a Facebook page for me that has lots of photos and videos so you can see what I had been doing with my foster family. www.facebook.com/adoptJazzy

Children in the home must be 6 years or older. Canine Adoption and Rescue League C.A.R.L. Please call CARL adoption center at 644-7387.



Hi: I'm Misty and they say I am a staff and volunteer favorite and one of the shelter's best ambassadors. Why? I think it might be because I have so many talents. I know my commands, I walk well on a leash and I am very polite when I am taken out to lunch. I visit patients at our local medical facility and charm them with my gentle way and lots of kisses. I have very good house manners too and enjoy lying by your feet just being close. I have been waiting so patiently for my new forever family. Wouldn't you love to have a loyal kissy girl to hang out with? Ventura County Animal Services - Camarillo location - 600 Aviation Drive-Misty A591719

Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Friday and I'm about 10-years- old. I love going on walks, hiking, and making friends with dogs over twice my size.



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Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Vehicle Tampering Arrest

On October 28, at approximately 2:30pm, a citizen in the 7400 block of Tyler Ct observed a male subject rummaging through a vehicle that was parked on the street. When confronted this male ran to a grey colored van and sped away.

The citizen began following the van in his own vehicle while relaying this information to the Ventura Police Department Command Center.

The suspect van drove to the shopping center at Telegraph Rd and Kimball Rd where a female exited and walked away. The van again drove off southbound Kimball Rd and entered the eastbound 126 freeway and accelerated at a high rate of speed as the responding officers caught up to it.

The officers were able to stop this vehicle on the 126 Freeway just west of the Wells Rd off-ramp where they took the driver, 37 year old Ventura vagrant Michael Barnett, into custody without incident.

The investigation determined that Barnett, who was wearing a uniform shirt from a delivery company, had been on Tyler Ct and entered an unlocked vehicle possibly looking for items to steal when confronted by the citizen.

Barnett was transported to the Ventura County Main Jail where he was booked on a misdemeanor charge of vehicle tampering. His van was impounded.

The female that Barnett dropped off was not located and her identity is unknown. She was described as a Hispanic female, 25 years old with bleach blonde hair. She was wearing a brown leather jacket, grey shirt, and black pants.

Train vs. Pedestrian

On October 30, at approximately 2:30pm, the Ventura Police Command Center was notified by Amtrak dispatch regarding a pedestrian being struck by an Amtrak train on the railroad tracks near the railroad trestle west of the Amtrak Station at 39 Harbor Blvd. Officers arrived on scene and found the victim, a 35-40 years old male lying adjacent to the railroad tracks. Ventura Fire and AMR personnel also responded and pronounced the victim dead at the scene.

According to the train conductor the northbound train had just left the Amtrak Station and was travelling at approximately 25 mph, when he saw the victim intentionally walk onto the tracks in front of the train. All emergency attempts were made to stop the train, but the train did not stop in time and struck the victim.

Ventura County Medical Examiner responded to the scene. The name of the victim was not immediately determined. Once the victim's identity has been confirmed, the coroner's office will notify the next of kin.

The train was delayed at the scene for approximately two hours while the investigation was being completed.

Commercial Burglary with Arrest

On November 2, at approximately 4:15am, the Ventura Police Department Command Center received a call of an audible burglary alarm at Batteries Plus located at 1725 S. Victoria Avenue. When officers arrived, they found that a window had been broken out and it appeared the store had been burglarized. The interior of the business was searched, but no suspects were found inside. Officers contacted a representative from the store and were able to

view security video footage of the incident. The video showed a male subject break the window, enter the store, take a flashlight, and then flee the business. Officers immediately recognized the suspect as 44 year old Ventura vagrant Casey Ryan from an earlier call the previous evening. Within approximately 15 minutes of viewing the video, officers located Ryan at the CVS store at Telegraph and Victoria. Officers detained Ryan and found him to be in possession of the stolen property from the Batteries Plus burglary.

Ryan was already on probation for being under the influence of a controlled substance and for petty theft with a prior conviction. Ryan was placed under arrest for commercial burglary and transported to the Ventura County Jail.

Stolen Vehicle Arrests

On November 3, at approximately 8:45am, an alert citizen called to report suspicious circumstances. Two people were seen unloading a large amount of property from a parked vehicle in the 200 block of South Garden Street and then walked away into the surrounding neighborhood. A records check revealed the vehicle was reported stolen.

As officers arrived, they checked the surrounding area and located the two suspects, 22 year old Ventura resident Nicholas Gebber and 26 year old Maria Vela in an adjacent residential complex. The subsequent investigation revealed Gebber was responsible for the stolen vehicle and Vela was found to be in possession of a controlled substance. Gebber, who is a Post Release Offender for prior possession of stolen vehicle, narcotics and shoplifting, was arrested and booked into Ventura County Jail for possession of a stolen vehicle. Vela, who is on local probation for previous drug and property crime charges, was arrested and booked at Ventura County Jail for possession of a controlled substance.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

10-22 8:39pm, while officers were on patrol, they found an elderly male complaining of chest pain. Officers assisted Ventura Fire, AMR with the male who was eventually transported to local hospital.

10-23 1:40pm, received a report of a found electric boat in the keys. Officers responded and took possession of the vessel. The owner was later identified and retrieved the vessel.

10-26 10:00am, received a request for a tow from a disabled vessel near the detached breakwall. Officers responded and towed the vessel to Ventura boatyard.

10-27 1:00am, received a report of an intoxicated female who is acting strange and attempting to gain access to a vessel in VHV. Officers responded and contacted the reporting party. He advised she jumped into the water to gain access to private docks in a marina. After a brief investigation, officers discovered wet footprints and followed them to the vessel the disturbing party was on. The incident is under investigation.

10-28 7:45pm, received a report of a diesel sheen VHV I-dock. Officers responded and search the marina but were unable to locate the source.

11:55am, received a request to backup Ventura PD who were chasing a subject who jumped in to the ocean near the Ventura Pier. Officers responded and observed the suspect swim upcoast towards Surfers



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point in the surfline. The suspect eventually surrendered and was detained by Ventura PD on the beach near the Crown Plaza hotel.

Grammy in my district

Continued from page 10

rate setting process for songwriters.

The meeting went extremely well. Baffa felt that the Congresswoman was very receptive to the concerns brought to the meeting. He said, "I feel like she is already a champion of the arts, but it was good to meet with her and to confirm that."

As far as the bottom line goes, Baffa explained, "Ultimately, we need to ensure consistency and fair pay for musicians and music creators, especially in this digital age. These laws will better protect us and provide a more modern structure for the business of music."

Baffa won his Grammy a couple of years ago for "Plectra and Percussion Dances," by Parchy in the Best Classical Compendium category. He said, "It's an amazing alternative avant-garde classical album, performed on hand-built instruments constructed specifically for this music."



No parking allowed anytime except when it is allowed? Have you seen a funny sign that you would like to share? This one is from Breezy Gledhill. Send yours to editor@venturabreeze.com.

Weekly SUDOKU

Answer

9	6	7	8	2	1	5	4	3
2	4	8	6	3	5	7	9	1
5	1	3	9	7	4	6	2	8
6	3	2	1	4	7	8	5	9
1	8	4	5	6	9	3	7	2
7	9	5	3	8	2	4	1	6
3	5	9	4	1	6	2	8	7
8	2	1	7	5	3	9	6	4
4	7	6	2	9	8	1	3	5

King Crossword

Answers

Solution time: 21 mins.

A	C	M	E	C	H	A	S	T	U	N		
S	O	A	R	L	A	C	E	R	N	E		
A	M	Y	G	R	A	N	T	A	I	D	S	
P	A	S	A	S	K	S	N	O	O	T		
			H	I	P	N	A	H				
F	E	T	E	D	J	A	M	A	I	C	A	
A	M	E	N	G	A	P	Y	O	U	R		
Q	U	A	R	T	E	R	T	E	N	E	T	
		Y	A	M	D	O	S					
S	H	I	F	T	L	E	O	C	H	E		
T	Y	R	O	L	I	V	I	T	Y	L	E	R
O	D	O	R	A	N	I	E	U	R	O		
P	E	N	D	G	E	L	W	E	D	S		



It don't mean a thing if it ain't got that swing!

by Pam Baumgardner
VenturaRocks.com

You won't want to miss Fortunate Youth when they open for Slightly Stoopid at the Ventura Theater, Friday, November 11. They're the creators of one of the biggest and most successful reggae compilations in the world, with all proceeds donated to different charities that the band tries to support from Cancer Awareness to helping Children who have lost music programs due to underfunding. Also at the theater will be the local favorites Dirty Rice opening for Tribal Theory on Saturday, November 12 and then the following week it's Pennywise with Strung Out and Unwritten Law on Friday, November 18, and of course Suicidal Tendencies with Good Riddance on Saturday, November 19.

Congratulations to Rachel Flowers who was interviewed for the November issue of Keyboard Magazine (the one with Norah Jones on the cover). Her film "Hearing is Believing" by Lorenzo DeStefano was just featured at the 17th Annual Ojai Film Festival.

I'm all about good causes especially when good causes are in conjunction with great music, and so it goes with the fundraiser on Saturday, November 12, at the Ventura Beach Club for The Canine Adoption and Rescue League (C.A.R.L.) in Ventura. The event will run 6-10 pm and will feature Deb Ryder, Ray Jaurique & The Uptown Brothers and Kelly's Lot. You can always count on Kelly Zirbes for going above and beyond the call of duty when it comes to taking care of abandoned cats and dogs. Admission is only \$10 and all proceeds will go to C.A.R.L. As a side note, Kelly and husband Perry just opened for the iconic Don Mclean at the Rose in Pasadena.

I'll be honest, I'm really looking forward to "The Pretty Things," a David Bowie tribute band at O'Leary's November 12. I've said it before, and I'll say it again, "My teenage years would not have been the same without Bowie."

The Barrelhouse Wailers will be hosting another Speakeasy swing dance night on November 19 at the Ventura Beach Club. The evening will start with lessons at 8 pm with Kim Clever and David Frutos, then live music from 9 to midnight. Of course, costumes are encouraged but not required.

Goodnight Kiss are currently in the studio recording their first EP; Medicine Hat will be going back into the studio soon; Hard Six just finished a video soundtrack recorded at Megasound Studios; the Rubberneck Lions just released new music via social media with their first single, "Head Case by Case"; Ashford Gordon's CD release party has been postponed until after the New Year; Smitty and Julia's new CD, "Made in Ojai" is now available on CD Baby; and congratulations to all of the Mayor's Arts Awards recipients with a big shout out to local musician/teacher, Jodi Farrell. It's well deserved my friend!

Do you have any music related news or upcoming shows you want help publicizing? Send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Amigos Cafe & Cantina 546 E. Main St. 805-874-2232

Mondays: Open mic
Tuesdays: Musicians Night Out
Wed 11/9: Coso Live - Musicians Brew
Thurs 11/10: Smokey & Friends
Fri 11/11: Heavy Medicine
Sat 11/12: Sin Chonies
Sun 11/13: 5 pm Jade Hendrix: 9 pm Karaoke
Wed 11/16: Live Band Karaoke
Thurs 11/17: Dylan Schmitt & the Rhythm Souls
Fri 11/18: Street Lights Cadence
Sat 11/19: 6 pm Karen Eden & Bill Macpherson; 9 pm Dive Bar Messiahs
Sun 11/20: 5 pm Corsican Brothers; 9 pm Karaoke

Bombay Bar & Grill 143 S. California Street Fridays: DJs - College Night Café Fiore

66 S. California Street
(805) 653-1266
Wed 11/9: Big Adventure
Thurs 11/10: Rick Whitfield
Fri 11/11: Otis Hayes
Sat 11/12: Babylon Rockers
Tues 11/15: Fabulous Hang Overs
Wed 11/16: Donna Butler
Thurs 11/17: Whesli
Fri 11/18: Deborah Jenssen
Sat 11/19: Little Alice & the Cats
Tues 11/22: Kimberly Ford

The Cave 4435 McGrath Street Weds & Saturdays: 5:30 - 8:30 pm Varon Thomas Thurs & Fridays: 5:30 - 8:30 pm Warren Takahashi

Copa Cubana Ventura Harbor Village Tuesdays: The Down Home Trio Fri 11/11: Avery Dalton Sat 11/12: Live Band Karaoke Sun 11/13: 4 pm Hot Roux Fri 11/18: On Tap Sat 11/19: Lorenzo Martinez Sun 11/20: 4 pm Lorenzo Martinez

Dargan's Irish Pub & Restaurant 593 E. Main Street (805) 648-3001

Sun 11/20: 4 pm The Sunday Drivers
Discovery
1888 Thompson Blvd
Wed 11/9: Starlight Swing Night w/ DJ Lance
Thurs 11/10: Firestick
Fri 11/11: Through the Roots
Sat 11/12: Inspector & Los Caligaris
Wed 11/16: Starlight Swing Night w/ DJ Lance
Thurs 11/17: Mike Pinto
Fri 11/18: Future Disco
Sat 11/19: Moonridge

El Rey Cantina 294 E. Main Street Fridays: 4 pm Xoco Moraza and Friends; 9:30 DJ/Karaoke by DJ

Gold Dust Saturdays: DJ Erock The Garage 1091 Scandie Avenue Thurs 11/10: Harmar, Superstar and Sweet Spirit Fri 11/11: Soft Lions Sat 11/12: Off!, Plague Vendor Gigi's Cocktails 2493 Grand Avenue (805) 642-2411

Thurs, Fri & Sat: Karaoke
Sun 11/13: 2 pm Pull the Trigger
Golden China
760 S. Seaward
(805) 652-0688

Karaoke seven nights a week 9 pm
Tuesdays 7 pm: Open Mic

Gone West Cellars 5963 Olivas Park Drive Fri 11/11: 6-8 pm Karen Eden Trio Grapes and Hops 454 E. Main Street

Wednesdays: The Swillys
Fri 11/11: The Salty Suites
Sat 11/12: Mandii Gomez
Sun 11/13: 3 pm Shawn Jones
Fri 11/18: Jade Hendrix
Sat 11/19: Mr. O
Sun 11/20: James Broz

The Greek Restaurant Ventura Harbor Sat & Sun 7:30 pm Belly Dancing, Greek music and show

Hong Kong Inn 435 E. Thompson Blvd

Mondays: Karaoke
Thursdays: Gypsy Blues Band swing night
Fri 11/11: Hi Hat Entertainment presents Rob Stone & RJ Misco

Keynote Lounge 10245 Telephone Road Tuesday and Wednesday: Karaoke Thursday: Open Mic Sunday: Karaoke

Fri 11/11: Action Down
Sat 11/12: Vital Itch
Fri 11/18: Sean Wiggins
Sat 11/19: Black Canyon Band

Made West Brewing 1744 Donlon Street

Music at 6:30
Fri 11/11: Corey Harper
Majestic Ventura Theater
26 S. Chestnut Street

Thurs 11/10: Belanova
Fri 11/11: Slightly Stoopid, Fortunate Youth, Perro Bravo
Sat 11/12: Tribal Theory, Dirty Rice

Fri 11/18: Pennywise, Strung Out, Unwritten Law
Sat 11/19: Suicidal Tendencies, Good Riddance

O'Leary's 6555 Telephone Road

Tuesdays: Free Jukebox
Wednesdays: Karaoke
Fri 11/11: Live Band Karaoke
Sat 11/12: The Pretty Things

Pacific View Mall 3301 E Main Street

In front of Trader Joe's
Fri 11/18: Rock Cats Rock
Paddy's

2 W. Main Street Wednesdays: Karaoke Fri & Sat: DJs

Plan B Winery
3520 Arundell Circle
Sun 11/13: 4:30 pm Midlife Crisis

Poinsettia Pavilion 3451 Foothill Road (805) 648-1143

Mon 11/14: Monday Night Dance

Club with Wyatt Haupt Band
Halloween Party
Mon 11/21: Monday Night Dance
Club with Dick Parent Band

Prime

2209 E. Thompson Blvd
Tuesdays: Danny D
Fridays: Mike Moody
Saturdays: Jessica Ash

Red Cove 1809 E. Main Street

Thursdays: Music Club Open Jam Night
Fri 11/11: Kane Gang, Crying 4 Kafka

Sat 11/12: Big Rig Dollhouse, Tattered Angels, We the Underclass
Tues 11/15: Mad Doctors

Rookees Sports Bar & Grill 419 E. Main Street (805) 648-6862

Fri and Sat: Rotating DJs
Sandbox Coffeehouse
204 E. Thompson Blvd
805-641-1025

Thurs 6 pm, Weekends noon
Thursdays Open Mic
Sat 11/12: Lumnesse
Sun 11/13: Milo Sledge
Sat 11/19: Daniel Stamatelaky
Sun 11/20: Dennis Russell

Sans Souci 21 S. Chestnut

Sundays: DJ Darko
Mondays: Karaoke
Tuesdays: Twisted Tuesday w/ DJ
Wednesdays: Open mic
Thursdays: DJ Spinobi
Fri 11/11: Unkle Monkey
Sat 11/12: Phantom Poms
Fri 11/18: Awesome Sauce
Sat 11/19: Crying 4 Kafka

Squashed Grapes 2351 E. Main St. 805-643-7300

Live jazz music 7-10 pm
Wed 11/9: Coda
Thurs 11/10: Meridian Trio
Fri 11/11: Hans Ottsen Quartet
Sat 11/12: The Barrelhouse Wailers
Tues 11/15: Jazz Jam
Wed 11/16: Colin Bailey Trio
Thurs 11/17: Cougar Estrada's Lounge Trio
Fri 11/18: L.J. and the Boyz
Sat 11/19: Mike Garson Trio

Surf Brewery 4561 Market Street

Music 6-8 pm
Sat 11/12: Southside Richie
Sat 11/19: Sugar Still Duo

The Tavern

211 E. Santa Clara Street
(805) 643-3264

Metal Wednesdays
Get it Right Thursday DJs

Fri 11/11: Sick Boy
Sat 11/12: Rich Sheldon
Sun 11/13: Steezy Steve

Traveler Café 1070 E Front Street

Fridays 5-7 pm: Bernie Larsen
Sundays 11-1 pm: Bernie Larsen

Ventura Beach Club 281 W. Main Street

Sat 11/12: Deb Ryder, Ray Jaurique & the Uptown Brothers, Kelly's Lot
Sat 11/19: The Barrelhouse Wailers

The 805 Bar Ventura Harbor

Sat & Sun: Noon Kenny DeVoe
Fri 11/11: 4 pm Kenny DeVoe; 8 pm Frank Barajas

Fri 11/18: 4 pm Kenny DeVoe; 8 pm Shoemaker Brothers
Sat 11/19: 8 pm Jason Ho



“Art Speaks Volumes” artworks, and jewelry created by **Lee Hodges** will be available during a silent auction from noon to 4:00 p.m. Saturday, November 19 at Grace Church, 65 S. MacMillan Ave. Auctioned items raise funds for up-graded sound equipment at Grace. Lee Hodges will demonstrate her mixed media techniques and invites children and adults to enjoy a hands-on art activity. Live music provided by Lou Meble. Light refreshments, family-friendly, free admission. Call Lee Hodges 302-3167 for more information.



Arts & Eats will be held in downtown Ventura on Saturday, November 19 from 6 – 8pm. Four galleries will hold art receptions, while restaurants and shops will offer complimentary tastes. The event is free to the public.

“Arts and Eats invites families and friends to a free and fun community event. Guests will enjoy local art, complimentary bites and live music,” says Debbie Fox, owner of Fox Fine Jewelry, one of the event galleries.

Arts & Eats Venues

- Art Galleries
- Buenaventura Art Association
- Fox Fine Jewelry
- Very Ventura Gift Shop and Gallery
- Latitudes Fine Art Gallery

Restaurants and Shops

- Jimmy’s Slice
- SpiceTopia
- Vom Fass
- Saloon BBQ

Lynn Creighton’s new work *Love, What’s It To Ya* exhibited in the Ventura County’s New Work Exhibit Atrium Gallery, Hall of Administration, County Government Center 800 S. Victoria Ave. Main Plaza and 3rd Floor Levels



For 22 years they’ve shared a home; now **Mary Kolada Scott** and **Don Scott** are sharing a wall. Her paintings and his photographs will be exhibited until Nov. 26 on the red wall at the Buenaventura Gallery in downtown Ventura.

The show is “His & Hers: He Shoots, She Paints.” It will feature acrylic and mixed-media paintings by Mary and digital prints from Don.

The Scotts plan to be present Nov. 19 for a reception in conjunction with the opening of Buenaventura Art Association’s Holiday Boutique and the second Arts & Eats mini artwalk between four downtown Ventura galleries. Participating galleries include Buenaventura Gallery, Fox Fine Jewelry, Very Ventura Gift Shop & Gallery and Latitudes. Select restaurants and shops will be offering small bites as art lovers and holiday shoppers stroll between galleries.



Buenaventura Gallery, at 700 E. Santa Clara St., Ventura, is open 11 a.m. to 5 p.m. Tuesdays through Sundays.

Dabster Arts is hosting a Beginning Figure Drawing Workshop on Saturday, November 19th. The Workshop runs from 10:00am to 3:00pm at the H Gallery + Studios. Located at 1793 Main.

This is a one day figure drawing workshop for beginning artists. In this life drawing class, students will learn a simple and effective approach for drawing the human figure. Following the academic approach, students will begin with an exploration of volumetric drawing and light theory and the various techniques used for rendering the three dimensional form. Register for this workshop at <http://dabsterarts.org>

Dabster Arts is art education organization offering classes and workshops that cover technical, metaphysical and practical applications to art.



Focus on the Masters (FOTM)

Volunteers announce their annual Holiday Gift Shop to be held at 105 S. Oak St. (the former Rocket Fizz location) from Nov. 18-20 (10 - 5 Saturday, 12 – 4 Sunday). The Holiday Gift Shop always carries unique, hand-made and lovingly crafted gifts by local artists. A Wine, Gifts and Wish Lists Private Reception will be held on Friday,

Nov. 18th from 5:00 – 8:00. Please call 653.2501 to make your reservation. Come wind down from the work week, meet with artists and friends, and shop for those special people on your list.

Shoppers can select from a variety of one-of-a-kind items including gourd art, jewelry, unique clothing, meticulously crafted wood pens, handmade paper lanterns, charming felted wool creatures, ceramics, photography and much more. A portion of the proceeds benefits FOTM acclaimed Learning To See art education outreach programs.

To learn more about Focus on the Masters, visit www.FocusOnTheMasters.com or call 653.2501.

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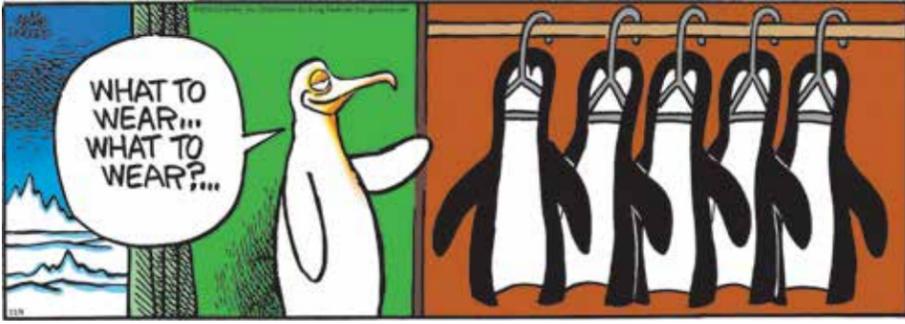
3451 FOOTHILL ROAD, ROOM 203, VENTURA, CA 93003

BEVERLY CUNNINGHAM FINE ART STUDIO



Lighter Breeze

Mother Goose and Grimm



Baby Blues



Shoe



Crock



Carpe Diem



Pros and Cons



Solutions on page 17

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://www.venturabreeze.com))

	6		8					4
2					5			1
		3		7		6		
	3			4				9
		4	5		9	3		
7					2		1	
	5			1				8
8					3	9		4
		6	2					3

Weekly SUDOKU
by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 17

King Crossword

ACROSS

- 1 High point
- 5 Dance syllable
- 8 Flabbergast
- 12 Fly high
- 13 Fond du —
- 14 Sea eagle
- 15 Multi-Grammy-winning gospel singer
- 17 Helps
- 18 Faux —
- 19 Inquire
- 20 Snob
- 21 With it
- 22 "Unh-unh"
- 23 Threw a party for
- 26 Kingston's island
- 30 Prayer ending
- 31 Space
- 32 Thy
- 33 Commemorative coin, maybe
- 35 Doctrine
- 36 Thanksgiving veggie
- 37 Two, in Tijuana
- 38 Capital letter key
- 41 Zodiac cat
- 42 Ernesto Guevara
- 45 Novice
- 46 "Lord of the Rings" cast member
- 48 Smell

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18					19				20			
				21				22				
23	24	25				26				27	28	29
30						31				32		
33					34				35			
				36				37				
38	39	40				41				42	43	44
45						46				47		
48						49				50		
51						52				53		

DOWN

- 7 Performance
- 8 "Will & Grace" actor
- 9 Small combo
- 10 Loosen
- 11 Egg container?
- 16 Incursion
- 20 Muppet eagle
- 21 Founder of a major auto company
- 22 Siesta
- 23 Online help page
- 24 Ostrich's cousin
- 25 Afternoon social
- 26 Cookie holder
- 27 Charged bit
- 28 Pool stick
- 29 Illustrations
- 31 Jewel
- 34 Tit for —
- 35 Hit the horn
- 37 Beelzebub
- 38 Put an end to
- 39 Stevenson villain
- 40 Decrease?
- 41 Queue
- 42 Hint
- 43 Group of cattle
- 44 Cupid's alias
- 46 Trail the pack
- 47 Evergreen type

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Go to www.venturabreeze.com for your daily horoscope

ARIES (March 21 to April 19) Some changes might seem confusing at first, especially to an Aries whose impatience levels are pretty shaky this week. Take it one step at a time, Lamb, and soon all will be made clear.

TAURUS (April 20 to May 20) That difficult situation you've been dealing with continues to call for careful handling. Avoid quickly made choices that might not stand up when they're finally put to the test.

GEMINI (May 21 to June 20) You still have lots of evaluating to do before you can consider making a commitment. It's better to move cautiously than to risk stumbling into a major misunderstanding.

CANCER (June 21 to July 22) A previously peevish partner offers to be more helpful with your problems. But remember: The final choice is yours. Be guided by what you feel is the right thing to do.

LEO (July 23 to August 22) As the Big Cat, you sometimes can be pretty rough on those you suspect of betrayal. The best advice is to pull in those claws and listen to the explanation. It might surprise you.

VIRGO (August 23 to September 22) Your inner voice usually guides you well. But a note of caution: This is a period of mixed signals for you, so be

careful that you don't misunderstand the messages you're getting.

LIBRA (September 23 to October 22) Cupid's call beckons both single Librans looking for a new love, as well as couples hoping to strengthen their relationships. A workplace problem is quickly resolved.

SCORPIO (October 23 to November 21) It's been a hectic time for you, and you might want to take a break to restore both body and soul. You'll then be set to face new challenges later this month.

SAGITTARIUS (November 22 to December 21) It's a good idea to take a more conservative approach to your financial situation right now. Some plans made earlier this year might need readjusting.

CAPRICORN (December 22 to January 19) This is a fine time to move boldly into those new opportunities I promised would open up for you. Check them over, and then choose the best one for you.

AQUARIUS (January 20 to February 18) Congratulations. Your self-assurance is growing stronger, and you should now feel more confident about making that long-deferred decision about a possible commitment.

PISCES (February 19 to March 20) You're very close to reaching your goal. But be wary of distractions that can lure you off-course and leave you stranded far away from where you really want to be.

BORN THIS WEEK: You have an inner sight that helps you see into people's hearts. You would be an excellent psychologist or social worker.

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Show Time

Arrival



by Eduardo Victoria
 eduardovictory@yahoo.com

Our very existence is built around the need to communicate, and more importantly, understand one another. *Arrival* deconstructs this idea from the ground up, exploring language as a measure of intent, an art form, and depending on how you look at it, a weapon. It's a stunning landmark of a film, one that tackles the age-old idea of first contact with ideas and social sensitivity, rather than explosions or noisy, meaningless gunfights.

The story picks up on the day they arrive: 12 gigantic, alien ships hover strategically across the globe. The world is plunged into chaos while its leaders attempt to figure out the basic questions: Why are they here? Where did they come from? What do they want? Without any answers forthcoming, Colonel Weber (Forest Whitaker) of the U.S. Army enlists the help of linguist expert, Dr. Louise Brooks (Amy Adams), and theoretical physicist, Ian Donnelly (Jeremy Renner). As the 12 nations involved grow progressively weary and hostile towards the visitors and each other, Brooks and Donnelly scramble to find answers which could either unite or destroy the human race.

The most noticeable thing about it is the tone – there's a layer of unease and uncertainty, but right from the get, Villeneuve's direction and Eric Heisserer's script is all about wonder and exploration, rather than violence or physical threat. Like the best sci-fi, the film's extraordinary elements (the aliens) are more a catalyst than anything else, with the true struggle occurring within the mind of its characters, as they grapple with issues of paranoia, distrust and a fear of the unknown. Without spoiling too many things, the film finds a way to completely pull the rug out from underneath us, constantly shifting whenever we think we've got it figured out, without ever losing sight of humanity as its focal point.

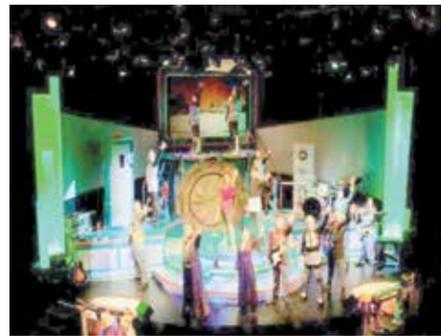
If there's another thing to love about Villeneuve's approach, it would have to be the level of realism that grounds his aliens and their language, both in written and verbal form. In fact, there isn't a single aspect about the extraterrestrial visitors that doesn't feel well thought out. From the designs of their ship to the creatures themselves, everything is simple and timeless, allowing their symbolism to speak louder than their presence. In this way, they make a huge impression, texturally weaving into the film's themes without clouding them.

The ensemble is strong as well, with great turns from Whitaker, Renner and even Stuhlbarg, but Amy Adams is the film's guiding light. Everything is built around her character, Louise, and Adams is perfect at embodying the story's themes conviction. The emotional ground which the story covers is pretty vast but she gives it both the

grand scale and intimacy it requires, really helping to sell the film's complexity, especially during its final act.

Though its a film that's all too familiar with our self-destructive ways, it's one that chooses to uphold a piercing sense of hope, depicting its characters as intelligent people who truly want to avoid violence at all cost – a rare thing indeed. The ending also happens to be one of the smartest, most rewarding conclusions of the year, a mindtrip and that appeals to both the brain and heart. Villeneuve's latest finds the director in peak form, armed with a message that's as important now, as it's ever been.

PG-13. 116 minutes. Opens November 11 at Cinemark Downtown 10.



A View from house Seats

Sci-Fi Musical Rocks the Bard

by Shirley Lorraine

In a decidedly out-of-this-world variation to their usual fare of dramas, comedies and introspective works, the Rubicon Theatre has brought together a stellar cast to take the audience on an unforgettable journey through time and space.

From the moment one enters the theater, the scene is set. Blue-haired, pointy-eared members of the Starship Rubicon flight crew welcome everyone aboard. The stage is buzzing with beeping equipment and lights. The audience is ready to blast off into space with *Return to the Forbidden Planet*, a high-quality send-up mixing Shakespeare's *The Tempest* and other works with classic rock and roll music and a generous helping of stereotypical science fiction.

Played with conviction and a dash of irony, the crew of the SS Rubicon delivers slightly altered versions of the Bard's words, once again proving the timeless omniscience of his writings. The themes of love, madness and the desire for power know no planetary boundaries.

Pounding out a galaxy of familiar foot-tapping tunes from the 1950's and 1960's, many of the actors' double as the musicians, staying perfectly in character as they rock out. You won't want to miss Rubicon co-founder, Artistic Director Emeritus and star of the recent drama *Darrow*, James O'Neil, belting out "Don't Let Me Be Misunderstood" as he gives life to the villainous Dr. Prospero.

Directed and choreographed to perfection by Kirby Ward, each member of the starship's crew embodies their chosen character with gusto. Many have adopted characteristics of familiar sci-fi

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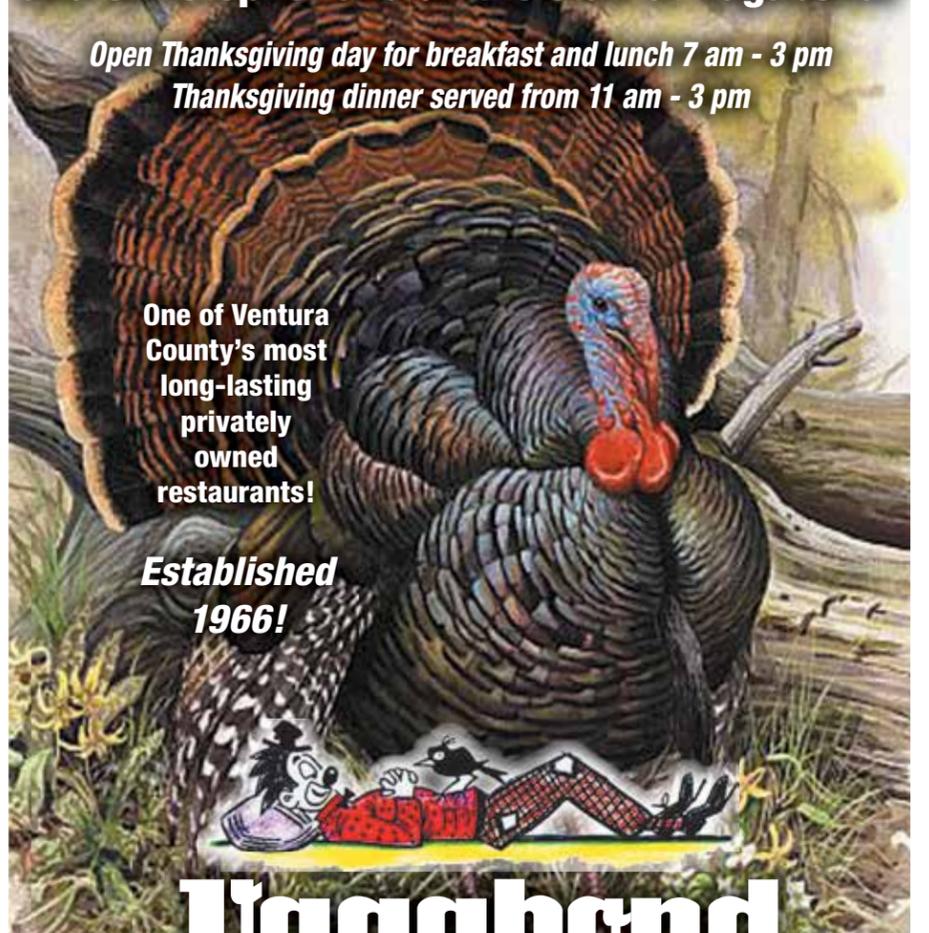
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characters from television and film just enough to be reminiscent.

The star-studded cast includes Jason Graae as the robot Ariel, Caleb Horst as the ingénue Cookie, Harley Jay as Captain Tempest, Craig McEl-downey as Bosun and Martin Landry as the Navigation Officer. Rebecca Ann Johnson as Gloria, the Science Officer, and Kimberly Hessler as Dr. Prospero's daughter Miranda, lend the female vocal power to the mix.

Music Director Trevor Wheatman on synthesizer, Omar D. Brancato on bass, and Matt Tucci on drums are occasionally accompanied by Jay on electric guitar, Graae on clarinet and others. Although the live music sometimes drowned out the lyrics, the familiarity of the songs made that a forgivable and minor faux pas. The four flight crew members perform multiple-duty as back-up

singers and dancers, adding additional dimension to the festivities.

Return to the Forbidden Planet is pure toe-tapping fun, especially for those of us who grew up jiving to the tunes of Eric Burdon, James Brown, The Beach Boys and Roy Orbison while tuning in to *Lost in Space*, *Star Trek* and *Twilight Zone*. Bend time and space with an evening of hilarity, fun and poetry. Catch this one quickly before it leaves Ventura's orbit.

Performances conclude Sunday November 13. Thursday and Fridays blast off at 8 p.m., 2 and 8 p.m. Saturdays, 2 p.m. Sundays. \$34-\$64 – discounts available for seniors, students, active military and teachers. 667-2900, rubicontheatre.org. 1006 E. Main Street, downtown Ventura. Reservations highly recommended. Call for availability.



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USCIS to Present Citizenship Certificates to 60 Young People

U.S. Citizenship and Immigration Services (USCIS) will celebrate the 100th anniversary of the National Park Service (NPS) on Nov. 10 by presenting 60 local kids their citizenship certificates at Channel Islands National Park. This ceremony is representational of the partnership between USCIS and the NPS, and is a step towards our goal of holding at least 100 naturalization ceremonies in national parks throughout this centennial year.

This ceremony is in recognition of children and youth who obtained citizenship through their parents. Some were adopted by U.S. citizen parents; others derived citizenship when their immigrant parents became naturalized citizens.

USCIS Supervisory Immigration Officer Mike Gorman will provide introductory remarks to youth and guests while Section Manager John Holland will deliver the keynote address and administer the Oath of Allegiance. Families and guests will also enjoy a welcome message from a NPS Ranger scuba diver from 14 miles off the coast of California. Immigration Service Officer Leon Jackson, will lead the Pledge of Allegiance along with local youths.

The 60 children hail from 23 different countries, including: Canada, Mexico, Egypt, Eritrea, Philippines,

This 'n' That

Colombia, Vietnam, Israel, Armenia, S. Korea, Iran, Guatemala, Nigeria, Saudi Arabia, Venezuela, Thailand, Sierra Leone, Cambodia, China, Romania, Yemen, Ethiopia and El Salvador.

The NPS has partnered with USCIS on promoting awareness and understanding of citizenship since 2006. Since the launch of the partnership, the NPS has hosted naturalization ceremonies for thousands of new Americans at sites across the country including on the rim of the Grand Canyon, on the Civil War battlefield at Vicksburg National Military Park, the base of Mount Rushmore, Ellis Island, and at the foot of the Lincoln Memorial Reflecting Pool.

To view a complete list of naturalization ceremonies held in units of the National Park Service today, please visit uscis.gov/news.

We encourage new citizens, their families and friends to share their experiences and photos from naturalization ceremonies held at National Park Sites on social media using the hashtags #newUSCitizen and #FindYourPark.

Thursday, Nov. 10, 2016, at 10:30 a.m. & 2:00 p.m.

NOTE: Please arrive 15 minutes before the ceremony begins to allow yourself enough time to check-in with the Public Affairs Officer.

The Robert J. Lagomarsino Visitor Center at Channel Islands National Park 1901 Spinnaker Drive, Ventura

Submit your film now

Attention film enthusiasts and filmmakers: If you haven't started working on your short film yet for the Water: Take 1 Online Short Film Festival, it's not too late!

Awards include the Audience Choice Award, voted on by the general public with the winner receiving a brand new iPad; the award for Best Student Short Film, chosen by a jury of entertainment and water industry experts with a GoPro camera for a prize; and the Grand Prize of \$1,500 cash presented by Ventura Water.

Film submissions are now being accepted through Dec. 14, so don't miss the deadline! Winners will be announced at a celebration event to be held in Ventura in the spring of 2017. Last year, 48 films were entered from around the globe. The 5th annual contest kicked off with a party held on September 21 in Ventura.

Water: Take 1 aims to create a greater awareness of water as a valuable resource by inviting filmmakers locally and worldwide to submit short films of five minutes or less in any genre - drama, documentary, comedy, animation, sci-fi or experimental - that address the topic of water.

A new partner in the festival this year, the Palmdale Water District, is also sponsoring the Palmdale Vision Award, recognizing films that best represent its mission and objectives, also for a \$500 cash prize.

If you're not sure what your short film should look like, get inspired by watching the Palmdale Water District's hilarious minute-long film, The Conservation Enforcer, which won the 2015 grand prize. View The Conservation Enforcer here.

For more contest details, visit www.watertake1.com.



Veterans may simply show veterans ID upon boarding. Photo by Gold Coast Transit District.

Gold Coast Transit District provides free bus rides to veterans

Gold Coast Transit District is participating in the countywide "Veteran's Ride free on Veteran's Day" promotion offering free bus rides to U.S. military veterans on Friday, November 11. In appreciation for the contributions of the 40,000+ men and women currently living in Ventura County who have served in our Nation's armed forces, Gold Coast Transit District is also proud to announce that all Veterans will now be eligible to ride at a reduced fare (1/2 price) all year with valid identification.

"While many of our local veterans may already qualify for a reduced fare due to age or disability, we recognize that many veterans who are not seniors or disabled still find it difficult to meet their transportation needs," said Steve Brown, Gold Coast Transit District General Manager. "It is our honor and frankly, our responsibility, to help our veterans where we can."

To qualify for the Veteran's Day free bus ride and half price fare year round, veterans may simply show veterans ID upon boarding any Gold Coast Transit District fixed-route bus. Valid ID's include those issued by the U.S. Departments of Defense or Veterans Affairs, current California Drivers License with a veteran's designation, or other official government issued veterans ID accompanied by a current photo.

The District: Gold Coast Transit District provides safe, responsive, convenient, efficient, and environmentally responsible fixed-route bus and paratransit public transportation that serves the diverse needs of the cities of Ojai, Oxnard, Port Hueneme and Ventura, and in the unincorporated County areas between the cities.

Grand Jury Speakers Bureau

The County of Ventura Grand Jury is an all-volunteer group serving as an independent agent of the public to investigate complaints from the public pertaining to government agencies in our community. Is your organization interested in hearing about these investigative duties and procedures? The Grand Jury Speakers Bureau is available to educate the public in its endeavors as the "public watchdog" for Ventura County. To learn more or schedule a date for a presentation, please call the Grand Jury at 477-1600 or <http://www.ventura.org/grand-jury>.

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This 'n' That

Ventura events

Continued from page 9

Clapper Rail, Green Heron and California Thrasher. Take HWY 101 North to Carpinteria, exit Casitas Pass Road., right on Carpinteria Ave, left on Linden and right on Sandylane Road to Ash. Park along Ash.

Nov. 19, 20: International ballet sensation, Aaron Smyth, will reprise his role as the Prince in Ventura County Ballet Company's annual holiday production. Every performance are dedicated to the memory of long time cast member, supporter and community pillar, Sandra Laby. Maestro Robert Lawson will lead the 52-piece Ventura College Symphony Orchestra in playing Tchaikovsky's classic score. Nov. 19 at 2 p.m. and 7 p.m. Nov. 20 at 2 p.m. Dec. 9 at 7 p.m., Dec. 10 at 2 p.m. and 7 p.m. and Dec. 11 at 2 p.m. at the Ventura College Performing Arts Center, 4700 Loma Vista.

Nov. 19: Christian Edition, a widely traveled and acclaimed men's chorus, will be in concert on Saturday, beginning at 11 a.m. at the Ventura Seventh-day Adventist Church. This internationally known men's chorus will present a program of classic Christian hymns and selected contemporary sacred music. Bring your friends to this outstanding event. 6300 Telephone Road. For more information call Polly at 642-5387.

Nov. 20: Channel Islands Chamber Orchestra with Kuanfen Liu, Artistic Director presents A Jazzy Holiday with Miriam Arichea and The Rubicon Harmonix. Featuring Piano Concerto No. 2 Op. 14 by Nikolai Kapustin with piano soloist Miriam Arichea. Angel's Carol & What Sweeter Music By John Rutter and other holiday favorites. Sunday at 3 p.m. First United Methodist Church, 1338 E. Santa Clara St. Donation of \$20 appreciated. Youth 18 and under free. Information is available at 643-8621 or www.CHICOVC.org.

Nov. 20: Live Your Best Life Hypnosis Meetup, Sunday at 5p.m. to 6:30 p.m. Join Dr. Vondie Lozano, Licensed Marriage and Family Therapist and Certified Hypnotherapist for, "What Would You Like to Attract into Your Life?" Group Guided Imagery/Hypnosis included. Ventura E.P. Foster Library, Topping Room. For more information go to www.meetup.com/live-your-best-life-hypnosis/events/

Nov. 21: CA Zeta Chi parliamentarians will meet at 7 p.m. and will feature a lesson by Jill Martinez entitled "More Meetings." Main Street Restaurant and Steakhouse, 3159 E. Main St. Those wishing to eat should arrive at 6 p.m. Non-members are welcome. Membership is \$25 per year. For information, Sharon Hillbrant, 479-6738, or zetachi.webstarts.com.

Ojai news and events

Musicians in Monochrome, an exhibition featuring photographs by David Baker, will run until December 31, 2016, at the Coffee Connection #1, 311 El Roblar Street, Meiners Oaks. Gallery hours are Monday-Friday, 5:00 a.m. to 5:00 p.m. and Saturday and Sunday 6:00 a.m. to 1:00 p.m.

Baker describes his exhibition as, "a series of black and white photographs showing the personality of Ojai's talented local musicians and songwriters." Baker has been photographing Ojai's musicians for the last four years. He has captured the feeling, emotion, and character of each performer and his images show the heart and soul of his subjects.

An Ojai resident since 1998, Baker was always involved in Ojai activities but in 2011, after returning from a five-year assignment in the Midwest, he was asked to chair the Photography Branch of the Ojai Art Center. For a full biography and gallery of images go to: <http://www.ojai-images.com/>

The Ojai Women's Fund (OWF) is thrilled to announce selection of its first-year grant recipients. Originally slated to award five grants (one in each category of Arts, Education, Environment, Healthcare, and Social Services), a surprise ballot tie in the Social Services category increased total grants to six! The Ojai Women's Fund will award \$10,000 to each of the following non-profits to help fund specific programs that assist Ojai lives and improve the Ojai community: Arts: Ojai Youth Opera Company; Education: Girls Empowerment Workshop; Environment: Once Upon A Watershed; Healthcare: Livingston Memorial Visiting Nurse Association; Social Services: Nan Tolbert Nurturing Center and Reins of H.O.P.E.

OWF will present the financial awards December 1st at a public celebration at St. Thomas Aquinas Center, 183



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St. Thomas Dr. at 5:00 p.m. A \$20 per person donation is requested. Please call to RSVP at (805) 746-3096, or order tickets online by November 25 at www.ojaiwomensfund.org

The Ojai Holiday Home Tour & Marketplace kicks off the season with festive inspirations on November 12 and 13, 2016. Presented by the Ojai Festivals Women's Committee, this annual event entering its twentieth year invites guests to tour four distinctive Ojai Valley homes uniquely decorated by local designers and each with historical significance in the valley.

Also taking place is the companion event that same weekend - the Holiday Marketplace held at the Matilija Junior High School Gymnasium (703 El Paseo Road) featuring a collection of curated lifestyle and fashion items from more than 40 vendors. Admission to the Marketplace is free.

The Home Tour and Marketplace benefit the Ojai Music Festival and its BRAVO education and community program, which offers free music workshops and concerts to the Ojai Valley public schools and the community.

The tour price is \$40 per person

advance and \$45 day of the event. Single tickets are available by calling 805-646-2053 or online at OjaiFestival.org.

On Saturday, November 12, the Water-Saving Landscapes: Rainwater Harvesting and Turf Reduction Workshop will be held at the OVGC Resource Center (206 N Signal Street #5) from 9 a.m. to 12:30 p.m. Registration will be at 8:45 a.m.

Want a drought-appropriate garden but not sure where to begin? In this workshop learn the basics of turf removal, ways to capture and store rainwater, native plant selection and care, plus the importance of mulch. Participants will receive a workbook that helps explain what is appropriate for their landscape, plant list resources, and a tour of a front yard redesigned to capture rainwater.

The cost is \$10 for OVGC members, city residents & if you pledge to ride your bicycle to the class; \$20 for everyone else.

The workshop is hosted by the Ojai Valley Green Coalition and sponsored by the City of Ojai and SoCal Gas Company. For further details and to register visit oiaivalleygreencoalition.com/Save_Our_Water.html or call 669-8445.

Answer in a Breeze



Breeze

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