

Breeze Celebrates Its 9th Anniversary!

f FREE

# VENTURA BREEZE

Your Hometown Paper

Vol. 9, No. 1 Published Every Other Wednesday Established 2007 October 14 - October 27, 2015



"Where art and engineering collide." Photo by John Ferritto.

## Kinetic Sculpture Race returns to the Ventura Harbor

Turning Point Foundation's Annual Kinetic Sculpture Race will be held on October 17 in, and around the Ventura Harbor. This is a free family oriented thrilling, exciting and sometimes humorous event. Bring a picnic and enjoy the beautiful harbor or dine in one of the harbors many fabulous restaurants. Launch begins at 10:17am at the boat launch.

The Kinetic Sculpture Race in Ventura is the only Kinetic Race held in Southern California. In 1969, Hobart Brown started the Kinetic Sculpture Race, almost by accident when he modified his son's tricycle to a five-wheeled, decorated "Pentacycle" and another local artist and gallery owner, Jack Mays, challenged him to a race.

This unique event features people-powered works of art built to travel over an exciting all-terrain racecourse beginning with the launching of the vehicles into the water at the boat ramp on Spinnaker drive, continuing across the sand and around an oval track and ending with a drive through the Mud Pit at Ventura Seaside Village. These Kinetic Sculptures can have over 100 gears, ingenious treading, flotation and propulsion, athletic pilots and mechanically advanced pit crews. These uniquely engineered machines are transformed into moving artful sculptures.

For information on how you can get involved visit [www.kineticrace.com](http://www.kineticrace.com).

And how to build your own winner visit <http://kineticbaltimore.com/KSR/howto.asp>



Education Service Center named for retired VUSD superintendent. Photos by Michael Gordon.

## "Weave the cloth so tight that no child falls through"

On September 29 the Ventura Unified School District held a dedication ceremony for the naming of the Trudy Arriaga Education Service Center at the District's office located at 255. W. Stanley Avenue.

The longtime superintendent of the Ventura Unified School District Dr. Trudy Tuttle Arriaga retired after 14

years as superintendent and forty years working for the Ventura school district.

When Trudy was a small child attending Loma Vista Elementary School she would climb into an old oak tree. In later years the tree became sick and had to be cut down. The Facilities Services Department salvaged enough of

*Continued on page 4*



Breeze music writer Pam Baumgardner ([venturarocks.com](http://venturarocks.com)), Breeze co-founder Staci Brown and Diane who lives with the Breeze publisher (poor lady) enjoying Pier Under the Stars—the annual benefit for the historic Ventura Pier that was held on Saturday, October 3 under an absolutely beautiful Ventura evening.

Restaurants, cafes, wineries and breweries served their signature dishes and beverages from tented booths along the seaside Promenade. Guests enjoyed live music by Caliente while dancing and bidding on silent auction items, all to benefit the city's 139-year-old pier. The sell-out event hosted by Pier into the Future – a non-profit 501 c (3) – "is a much anticipated community gathering of friends that raises funds for our beloved Pier," said Pier Into the Future Executive Director Jenise Wagar.



Guests gathered in the Laby's living room after enjoying a wonderful dinner to listen to Artistic Director Nuvi Mehta and others.

## VMF introduces season 2016

On October 1, at the beautiful home of Sandra and Jordan Laby a Ventura Music Festival Donor Appreciation and 2016 festival preview was held before about 30 invited guests.

Betsy Chest, past Board President, Doug Wied, current Board President, and Artistic Director Nuvi Mehta welcomed the guests and spoke about the plans for next year's concert series.

Artistic Director Nuvi Mehta told the gathering that the Festival will start in July instead of the usual May and explained the reasons for this decision. He presented a multi-media of the "possible" acts that will be featured in next year's VMF but explained that not all contracts have been signed so names of the performers cannot be divulged yet.

For the first time the Festival will have a theme and it will be the piano, from jazz to classical. In keeping with this pianist Egle Januleviciute played magnificently for the event on the Laby's recently tuned grand piano.

A wonderful dinner was served that included salmon, chicken and lasagna prepared and served by Regina's Catering of Ventura. Wine and deserts were also available.

Jordan and Sandra Laby told the Breeze "We have been with the Ventura Music Festival from the very beginning of its inception with Sonia Towers, Elena Brokaw and our then city administration. We believe in the concept of this music festival of bringing world class entertainers to our intimate venues in our city. We value the collaboration of all the arts in this city such as the Ventura county Ballet Company, the Rubicon

*Continued on page 19*

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Photo by Linda Peters

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# ANNUAL MEETING



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**1:30 p.m. to 3:30 p.m.**

**Topping Room, E.P. Foster Library**  
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Community Memorial Health System

# 2015 FREE FLU SHOT CLINICS

**Community Memorial Health System's** Centers for Family Health, in conjunction with Ventura County Public Health, will provide free flu shots for people over 60 years old, people with chronic medical conditions, pregnant women, healthcare personnel that provide direct patient care, children 6 months to 5 years (need 2 visits) and caregivers of children less than 6 months. Vaccines will be available while supplies last.

## CLINICS HELD ON SELECTED SATURDAYS 9:00 AM TO 12:00 PM

### SATURDAY, OCTOBER 17

**OJAI** | 1202 Maricopa Hwy. #A

**OXNARD** | 3641 W. 5th St.

**VENTURA** | 120 N. Ashwood Ave.

### SATURDAY, OCTOBER 24

**FILLMORE** | 852 Ventura St.

**SANTA PAULA** | 242 E. Harvard Blvd. #C

### SATURDAY, NOVEMBER 7

**VENTURA** | 138 W. Main St. #E

### SATURDAY, NOVEMBER 14

**OXNARD** | 2361 E. Vineyard Ave.



## Centers for Family Health

Community Memorial Health System

Walk-ins are encouraged.  
Locations Throughout Ventura County

### QUESTIONS AND INFORMATION

805/652-6354

cmhshealth.org/cfh

## Business News



Ohana Pet Hospital welcomes two new vets.

### Dr. Tam and Dr. Asato will provide for more care for animal patients

Ohana Pet Hospital expands its veterinary professional team, to support the health and well-being of its growing family of patients, by welcoming Dr. Christina Tam and Dr. Kayla Asato to the Ohana family. Dr. Tam will join Dr. Jennifer Kelly to serve the urgent care needs of the hospital's existing patients while Dr. Asato will provide general practice services.

Dr. Christina Tam is a native southern Californian, originally from the San Gabriel Valley. In 2008, she graduated from the University of California-San Diego with a Bachelor's of Science degree in Biochemistry and Cell Biology and obtained her Doctorate in Veterinary Medicine at the University of California-Davis in 2014. Dr. Tam enjoys running, camping, biking, traveling, and any activity that takes her outdoors and around the world.

Dr. Kayla Asato was born and raised in Kaneohe, Hawai'i. In 2010, she earned her undergraduate degree in Biological Sciences from the University of California-Davis and continued her education at UC Davis Veterinary School where she earned her Doctorate in Veterinary Medicine in 2014.

"We feel blessed that this community has embraced Ohana Pet Hospital with such open arms, trusting us with their pets," said Dr. Janis Shinkawa, Medical Director of Ohana Pet Hospital. "It is our responsibility to ensure we provide the best care and that means expanding our professional veterinary staff to accommodate growing patient needs. I am pleased that Dr. Tam and Dr. Asato are bringing

their talents and compassionate care to our Ohana."

Ohana Pet Hospital is a full-service facility, established in Ventura, California in 2012 by four women veterinarians and leaders in our community - Drs. Janis Shinkawa, Jill Muraoka-Lim, Kate Byrne and Nicci Quinn. Ohana is also an industry and community leader in "green" ideas from construction to operations. Ohana Pet Hospital is located at 4547 Telephone Road and can be reached at 658-7387 (www.ohanapethospital.com).

### "Weave the cloth so tight..."

*Continued from page 1*

the tree to fabricate a Memorial Bench in her honor.

Her retirement was just the start of another job in academia as she joined the faculty in the California Lutheran University's Graduate School of Education where she will serve as the Distinguished Educator in Residence.

Arriaga began working for the Ventura Unified School District in 1975 as a paraeducator. Her journey toward the role of superintendent includes teaching grades three - adult in special education, migrant education, and adult education, as well as serving as an assistant principal, principal, and director of administrative support services. Arriaga is the first woman superintendent of the Ventura Unified School District, the third largest district in the county.

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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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We encourage you to send your opinions to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please limit them to about 300 words.

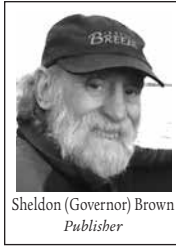
Sheldon:

Recently I saw smoke start coming up from a residential neighborhood south of me.

Thinking that someone may need help or may not be home to know, headed that direction and saw an RV on fire next to a house.

I pulled my van to the side and called 911 while running to the door. I banged on the door repeatedly "the RV is on fire get out of the house" while trying to explain to 911 where I was. An older

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher

■ We have an opinion piece in this issue from Lynne Hiller that, in part, states "Ventura needs to grow its tax base, and building higher-level or luxury homes adds people who pay higher taxes and spend more money. This helps underwrite all of Ventura's services to lower income people as well as supporting restaurants and stores, and neither of these projects, nor any of the ones cited at the beginning of this letter, take farmland out of production."

"The City of Ventura needs to move forward on some of these projects. I understand that water use will be an issue, but the technology exists to make new construction much more water and power efficient than the old homes, and either a city moves forward or it moves backward - it doesn't and can't stay the same."

I included her quote because I completely agree with her.

A city certainly needs a diverse population, and we also need "rich" and even "very rich" residents to bring companies here so that low and moderate income workers have jobs in Ventura. That is why we need "executive housing". Many of our residents need to leave Ventura each day to work because there are not enough jobs here.

In defending the concept that Ventura already has executive housing, I once heard one of our City Council Members state that "we have lots of million dollars homes here" suggesting that these represent executive housing, which they do not.

Of course we have million dollar houses - we are a beach community with homes on the ocean or views of it which is why they are worth a lot of money. **Executive homes are large**, sit on several acres of land and typically worth \$10,000,000 and up. They don't have 5 foot side yards and 20 foot front yards.

I've heard folks say what makes Ventura unique, and a great place to live, is that we have jobs for low and

moderate income wage earners. I live here because of the **usually great weather**, the arts and our laid back style, as do most people. Not because we have housing for low and moderate income workers (which by the way are always consistently being built). It is wonderful that these folks can live here as well, but we need the full spectrum of the population.

There is a group of people here that just doesn't want any changes made that seem to have a "we don't want no rich people here" mentality.

Without new money coming into Ventura we will continue to have a stagnant tax base, and people



This is a very early design rendering of the proposed apartment units to be built on the "Triangle" lot mentioned in our last issue.

will complain about a corroding infrastructure. This erosion will continue unless we can entice new, larger companies to relocate, or open branches, here.

In fact, several companies recently left Ventura and moved their employees to their new locations.

■ Which brings me to the proposed **55-unit Regency** project that would be located on our hillside. It's many years away but already has an organized group opposed to it.

I asked a neighbor with an opposition sign on their front lawn some questions about the project.

Have you seen the property?

"No I haven't."

Have you seen the proposed drawings?

"No I haven't."

Have you read the geology report?

"No, I haven't."

So you are against a project that you have no knowledge of?

"Yes, because the LA developer doesn't want to follow our HMP. I

don't know what the HMP, is but he should follow it."

This represents another group of Venturan's who don't want any change, so they oppose everything without really knowing enough to thoughtfully determine if it is good or bad for Ventura.

Future Ventura Breeze issues will include more facts regarding this project, so that readers can make more informed decisions about the positive and negative effects of the project.

I certainly haven't decided for or against it at this point. To be honest, I might be prejudiced in favor of it because of the new people/money it will bring to the city. Plus, the developer would be gifting more than 700 acres of the site to the **Hillside Conservancy**. I have been to the proposed property and it would be a wonderful addition to our being able to access and enjoy the hillsides. Fifteen minutes into this property and you are in a different world.

■ Bits and pieces:

The former Sams Rv Club building, located at the end of Vista Del Mar, is being remodeled and will be the future home of the Ventura County Credit Union.

Two downtown restaurants have closed for different reasons. The owners of **71 Palm** have called it quits after 20 years and will be closing this week. Just time to move on they said. Sorry to see them go.

And, after only 8-months, **Padrino's Ristorante** (on Santa Clara) closed because they just couldn't make it - not much of a surprise, really. Another Italian restaurant is waiting for approvals to move in.

■ The Ventura Unified School District will be looking at ways to provide temporary cooling to many of its class rooms. Probably too late for this crazy heat wave (and humidity) but it will certainly be needed if current conditions represent our new weather pattern.

Foster Library had to close for several few days because of the heat.

## Mailbox

woman finally came to the door on her cell phone and said she was on the phone with 911 who said someone else called. I told her it was me and asked what she wanted to get out of the house questioning if she had pets etc - she gave me several bags and said she needed to go get the baby.

Got them safely outside but she forgot diapers so I ran back into the house for them. Then went to the attached apt ringing the doorbell and yelling about the fire until their upstairs tenant came out.

I took the woman and the baby around the corner to an unknown neighbor's house to get them out of the toxic fumes, FD and VPD showed up knocked out the fire before it damaged the house. Cindy Summers

Cindy works for the Ventura Breeze and we wanted to share her story of heroism to inspire others to do the same when necessary.

Dear Sheldon,

I am writing in response to your recent reference to the LA times article that mentions that teens are more likely

to take up the habit of smoking after trying E Cigs or Vaping.

Those E Cig shops are really smart. Have you noticed how many there are within 2 blocks of Ventura High School? You can recognize them by the BIG bright pink, orange and neon green fluorescent window writing signs. - (this signage style reminds me of a 7-11 Big Gulp) Many teens turn 18 while still in the 12 grade. What a perfect opportunity to walk there after school.

I wish there could be a city or state ordinance that would not allow these shops to blatantly window advertise so close to the high school!

Thanks again for bringing the issue to light (no pun intended).

Cheri

And a lady was just awarded \$1.9mill because one of them blew up and caught her on fire.

Dear Mr. Brown,

I just came across two articles from The Breeze dated September 18, 2013 and October 2, 2013, titled "10 projects that will change the face of Ventura". As a Pierpont Beach resident I watch the projects closest to me, and have time and again been disappointed to see new housing and commercial improvements stall and fail, such as the townhouses that were proposed on the site where Social Tap now sits (like we needed another bar), the Anastazi project at Seaward and Harbor, where there is no sign whatsoever of activity, the proposed Marriott Residence Inn near China Palace, and the huge Sondermann-Ring proposed project in the Harbor, which also doesn't seem to be going anywhere.

There is a real need for new housing in Ventura, which is full of ageing, sub-

Continued on page 19

Art is the only way to run away without leaving home.

- Twyla Tharp



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## Community Events



Maybe you could dress your dog to win the contest.

### Halloween happenings seaside

Head to Ventura Harbor Village on Saturday, October 24th for Halloween happenings seaside. The fun begins at Noon with the Annual HOWL-O-Ween Dog Costume Contest at pet-friendly Ventura Harbor Village's Carousel Stage. Entry is free and prizes will be awarded for Spookiest, Cutest, Sea-Worthy, Creative/Original, and Best in Show! Every dog gets a treat from sponsor Ventura Pet Barn and owners can enjoy pet-friendly dining patios, a photo board just for pets, pet drinking fountain, walking promenade, new the PAWlor Menu (just for dogs) at The Parlor restaurant, and riding with your pooch with Ventura Boat Rentals on the water.

Calling all costumed kids and families to join in the new Safe Trick-Or-Treat in Ventura Harbor Village. Ventura Harbor Village welcomes little ones for treats from Harbor restaurants and retailers as you stroll seaside. Face painter and crafts with Harbor Village Gallery will be on site. Bring your favorite goody bag! Then grab lunch or an ice cream, coffee drink or smoothie, play at the Village Carousel & Arcade or take a pedal boat ride with the family. The Safe Trick-or-Treat ends with the Thrill the World Zombie Dance at 3pm to break the World Record – in a global performance to the classic Michael Jackson's "Thriller." Dressed zombies dance simultaneously on the Ventura Harbor Main Lawn. Sign up to participate as a dancer at [www.ThrilltheWorldVentura.com](http://www.ThrilltheWorldVentura.com) or come to the Harbor to watch zombies by the sea! Admission and Parking are free. For more information visit [www.VenturaHarborVillage.com](http://www.VenturaHarborVillage.com)

### East Ventura Community Council meeting

Commercial and residential development plans, as well as updates on other civic issues such as proposed library plans, proposed residential growth management, and water shortage concerns, are on the agenda for the next meeting of the East Ventura Community Council. The council represents those who live east of Victoria Avenue. Books in good condition are always accepted by San Buenaventura Friends of the Library, and are very much appreciated.

The October 15 meeting will start at 7 p.m. at the First Assembly of God Church, 346 N. Kimball Road. The

public is encouraged to attend and participate! Check the Facebook page for updated agenda items. For more information call 804-7558.

### Auxiliary raises money for CMH and seeking volunteers

CMH Auxiliary Gift shop will have a special sale October 14 & 15 "Books are Fun" in the CMH Lobby 147 N. Brent Street. All are welcome to shop this sale. Books make great holiday gifts. And mark your calendars for their Holiday Boutique November 5th and 6th. All proceeds from Auxiliary Gift shop are donated back to Community Memorial Hospital.

The Auxiliary continues to take applications for new volunteers. Many of their services have available openings on various days and times for volunteers. Bookcart is one of those services. This service provides donated magazines for visitors as well as patients. And, supports the gift shop by offering recycled books for sale there. Volunteering gives back to the community and provides much needed support to CMH, which is Ventura's only nonprofit hospital. Please stop by the Auxiliary front desk for more information and to pick up an application.

### Ventura events

by Ana Baker

**DBSA Ventura, the local chapter of the Depression & Bipolar Support Alliance (DBSA) hosts two regular, confidential, peer-led, self-help support groups in the County.** The evening meeting takes place every Tuesday from 6:30p.m. to 8p.m. at Bible Fellowship Church located at 6950 Ralston Street in Room 301 of Building 300. Email [DBSA\\_Ventura@yahoo.com](mailto:DBSA_Ventura@yahoo.com), visit [facebook.com/DBSA.Ventura](http://facebook.com/DBSA.Ventura) or call 253-3289 for more information.

The daytime meeting is held from 1p.m. to 3p.m. at the New Visions Center in Ventura on the first and third Saturdays of the month. Turning Point Foundation's New Vision Center is located at 1065 E. Main Street. Email [DBSA\\_Ventura@yahoo.com](mailto:DBSA_Ventura@yahoo.com), visit [facebook.com/DBSA.Ventura](http://facebook.com/DBSA.Ventura) or call 746-3106 for more information.

**Ventura Poinsettia Dance Club meets every Monday from 7:30 p.m. to 9:45p.m.** Located at the Poinsettia Pavilion, 3451 Foothill. Ballroom, swing, Latin, mixers and line dancing. Members \$9, non-members \$11. Call 407-9971 for more information.

**Oct. 13: Ventura Audubon Society presents "The Salmon Seekers, Coastal Bears of Alaska".** Ed

MacKerrow will take on a photographic journey with the bears and other wildlife of Coastal Alaska. Salmon are the lifeblood of Alaska. Ed MacKerrow, Ph.D. is a scientist who researches complex adaptive social systems, a professional nature photographer, and a wilderness explorer. He serves on the boards of scientific societies and the Bosque Del Apache NWR. Program will be held at the Poinsettia Pavilion beginning at 7:30p.m.

**Oct. 14: The Ventura County Camera Club will hold a critique meeting on Wednesday, at 7p.m. at the Poin-**

## City News

### Fall City of Ventura Classes & Camps

Check out hundreds more on our web-site. Call 658-4726 or 654-7552 to register, or if you already have an account online, visit [www.cityofventura.net](http://www.cityofventura.net). Classes/Events held the Barranca Vista Center, 7050 Ralston Street, unless otherwise noted.

**Fridays with Friends: Beach Hike Plein Air**

18 years-adult

10/16 F 9:30 am-12:30 pm

\$40+\$10 materials fee

Enjoy Friday mornings with a hike, an art project, camaraderie and a new perspective on our great beach community. Meet at Ventura City Hall Atrium, 501 Poli St. Please wear sturdy shoes that lace. Bring water and sunscreen. We may go into lunchtime (a self-paid meal) we are having so much fun. Facilitator Alison Mytych. On our hike from City Hall to Ventura Pier we stop to sketch ocean waves, the Channel Islands, and animals along the way! Course #42178.

**Mad Science Fall Break Camp: Eureka! The Inventors Camp**

6-11 Years

10/19-10/23 M-F 9 am-12 pm

Half Day \$220+\$35 materials fee

Course# 42249

10/19-10/23 M-F 9 am-3 pm

All Day \$370+\$40 materials fee

Course# 42250

Mad Science sparks every child's imagination and curiosity with fun

interactive and educational activities that instill a clearer understanding of how science affects the world around us. Our fall break camp is designed to inspire the inventor and scientist within! Each day campers will overcome challenges using basic materials. Send a non-perishable snack or lunch, water and sunscreen with your child daily. Select link for "\$35" or "\$40" to pay materials fee online at [register.madscience.org/losangeles](http://register.madscience.org/losangeles).

**Dynamic Singers Children's Choir**

5-12 years

10/26-12/7 M 4:30-5:30 pm

\$75+\$5 materials fee

Learn basic music warm-ups, fundamentals and theory through different genres of music, languages and dance moves for a concert on the last day of class. At BFC, 6950 E Ralston St. in Ventura. No class 11/23. Instructor Daniela Flores-Palomino. Course #42020.

**Tap and Jazz**

3-5 years

10/27-12/1 Tu 2:30-3:30 pm

\$70

Learn tap and jazz fundamentals, rhythm and small motor skills to fun music. Wear comfortable clothes to move and bring tap shoes. Instructor Marni King. Course #42288.

**Tap, Jazz and Hip Hop**

6-10 years

10/27-12/1 Tu 3:30-4:30 pm

\$70

Learn tap, jazz and age appropriate hiphop. Wear comfortable clothes to move in and bring tap shoes and clean sneakers. Instructor Marni King. Course #42289.



## Community Events

**settia Pavilion, 3451 Foothill Rd.** A professional photographer from the area will critique member's prints and digital images. Each month a special topic is chosen which features some interesting aspect of photography. The topic Movement/Motion Blur. Anyone with an interest in photography is welcome and admission is free. See the club's web site for more information about the club and examples of member's work or call 908-5663. WWW.VenturaCountyCameraClub.com

**Oct. 17: Veterans of Foreign Wars Auxiliary 1679 is sponsoring its Fall Parking Lot Sale on Saturday, from 10 a.m. to 4 p.m. at the Post Home, 3801 Market St.** Items for sale include household goods, arts and crafts, jewelry, tools, clothing and more. The Auxiliary will sell hamburgers and hot dogs from 11 a.m. to 1 p.m. A bake sale starts at 10 a.m. The event is open to the public. Admission is free. Proceeds benefit the VFW's programs assisting veterans and their families. For more information call 642-2674.

**Oct 17: Ventura Audubon Society's Field Trip starts at 8:30 a.m. Camino Real Park.** Leaders: Linda Easter 482-7537 and Neil Ziegler 208-3149. Camino Real Park can be a potential gold mine of warblers and other migrating species in the fall. If you're lucky, you might see a rarity such as a Blue-throated Gray Warbler, a Black-and-White Warbler, or perhaps even a Baltimore Oriole. Begin along Aurora Drive at the east end of the park and walk into the park.

**Oct. 17: The Ventura Emblem Club #157 will hold their 4th Annual Holiday Boutique on Saturday, at the Ventura Elks Lodge, 2126 Knoll Drive. 9a.m. to 3p.m.** Local and visiting artisans, jewelry designers and clothing designers, horticulturists and sculptress will be displaying their creations with other crafters. Tri Tip sandwiches and holiday delicacies will be available for sale. The Elks will be selling racks of ribs on a preordered only basis. Order requests and additional information is available at Elks Lodge at 642-1467 or 639-0303 or Lodge office. The proceeds from this annual boutique will be used for the charity and scholarship projects the Ventura Emblem Club.

**Oct. 18: The Ventura Sports & Race Car Club is pleased to present, The 8th Annual Ventura Motorsports Gathering 2015.** This year will feature, Jaguar and all "Timeless Classics." Gathering will be held on the main lawn at the Ventura Harbor Village. We will also feature Classic Wooden Boats at the assigned dock. Participants will be treated to a wine tasting as part of their entry fee. Cost for entry is \$50 for the driver and car and includes one guest. Participants are encouraged to dress in period costume from your car's era.

Online registration <https://ventura-motorsportsgathering.wordpress.com>

**Oct. 18: The Ventura and Santa Barbara County chapter of the National Association of Watch and Clock Collectors (NAWCC) will meet Sunday, in the Campus Student Center of Ventura College, 4667 Telegraph Road.** The regular meeting starts at noon and at 11a.m. There will be an informal workshop where a topic on clocks or watches will be demonstrated and discussed. This month's program will be a presentation by Rodney Baker on the Santa Barbara Courthouse Clock Tower. Anyone inter-

ested in watches and clocks is invited to visit and join chapter. There is a \$3 admission charge. Lunch is available for \$5 more. More information about Chapter 190 can be found at [www.nawcc-ch190.com](http://www.nawcc-ch190.com).

**Oct. 20: Ventura Retired Men's Group will meet from 11:30 a.m. to 1:30 p.m. at the Ventura Elks Lodge, 2126 Knoll Drive.** Jean Clark, General Manager of Ivy Lawn Memorial, will talk about Ivy Lawn services and associated planning. Meetings are held on the 1st and 3rd Tuesday of each month. For more information on VRMG & its future events, please visit <http://www.VenturaRetiredMen.org/fp.html>, call Gene Wink at 647-2513, or email [info@VenturaRetiredMen.org](mailto:info@VenturaRetiredMen.org)

**Oct 20: Ventura Audubon Society's Field Trip starts at 8:30 a.m. Canada Larga Road.** Leader: Adele Fergusson 415-4304. Drive and walk as we bird this beautiful canyon road and one of the best birding hotspots. Target birds will include: American Pipit, Red-breasted Sapsucker, Nuttall's Woodpecker, and Lark Sparrow, with a possibility of Mountain Bluebirds. Directions: From 101 N, take the 33 and exit Canada Larga Rd. and turn right. Meet at the beginning of the road.

**Oct. 21, 27: Spice-Topia will be hosting cooking classes by Chef Amy Tyrrell of Morsels as You Wish.** Each class fee is \$35 and includes a complete recipe book and sampling of all dishes on that evening's menu. Oct.21-Pumpkin Palooza features Pumpkin, Bacon & White Bean Roast plus lots of other good stuff. Oct.27: A Ghoul's Gotta Eat! Turkey, Pear & Brie Grilled Sandwiches plus lots of other good stuff.

6:30p.m. to 8:30p.m., 576 E. Main St. 628.3267 [spice-topia.com](http://spice-topia.com)

**Oct. 22: Portuguese Fraternal Society of America - The local chapter of PFSA (Council #128) will hold its monthly meeting on Thursday.** This meeting is open any person of Portuguese descent or interested in the Portuguese culture. This meeting will be a potluck luncheon of Portuguese regional food held at a private residence. For more information and reservation to attend, please call Cora Corella at 483-6285 or Yvonne Westervelt at 483-4168.

**Oct. 23: Bank of Books will be having an Evil Ghosts-Tour and Talk on Friday 7p.m. to 9p.m. at 748 East Main Street, 643-3154.** Lecture fee/donation is \$7 per person. Not all ghosts are Casper the Friendly Ghost. Some seem bent on mischief and some can only be called demonic. Richard Senate never believed such things could exist until he came face to face with one. In his 30 year career he has faced several of the negative creatures and he will talk about some of them in this unique talk.

**Oct. 23: Tender Life Maternity Home and Project Understanding will be having a birthday bingo bash to celebrate 30 years of building new lives.** \$30 Entry / 10 Games. Lots of great prizes. 6p.m. to 9p.m. at Ventura Elks Lodge #1403 2126 Knoll Dr. For more info or questions call 653-7474 or visit [projectunderstanding.org](http://projectunderstanding.org)

**Oct 24: Ventura Audubon Society's Field Trip starts at 8:30 a.m. Lake Casitas. Leader: Karl Krause 415-0188.** Lake Casitas is a great birding location every season of the year. Target birds will include: the resident Bald Eagles, Green Heron, Chipping and Lark

Sparrows, Golden-crowned Sparrows, Common Merganser and Spotted Sandpiper. We will meet outside the gate, and walk in. There will be lots of walking, so wear comfortable shoes and bring snacks and water.

## Ojai news and events

**On Friday, October 16, from 1 to 2 p.m., Songster Juan D. Mendoza will visit the Ojai Library to deliver a concert titled "A Bitter-Sweet Taste of Saudade: Songs of Pleasant Sorrow from Brazil and Portugal."** Saudade is a Portuguese word—lacking a specific English equivalent—that refers to a feeling of nostalgia, loneliness, melancholia, and sadness that is at the same time joyful and pleasant. Mr. Mendoza has performed his solo concert elsewhere in Ventura County and is excited to bring his art to Ojai. He has performed at festivals and fairs as well as in bistros and cafés in Mexico. Through his music he seeks to create a distinctive atmosphere and mood that encapsulates the concept of saudade. This event is free and open to the public. For additional information, contact Ron Solórzano, City Librarian, at 218-9146.

The Ojai Library is located at 111 East Ojai Ave. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday. The Ventura County Library is available 24/7 at [www.vencolibrary.org](http://www.vencolibrary.org).

**A Salon Series is taking place at the Ojai Valley Green Coalition Resource Center located at 206 N. Signal St.** The final Salon for 2015 is Friday, October 16, 7 to 9 p.m. In this salon, the role, seen or unseen, that dirt plays will be discussed. So come and share – what's the dirt on dirt?

A donation and beverage to share are appreciated, though not required. With limited seating, please arrive early. Full details available at [ojaivalleygreencoalition.org](http://ojaivalleygreencoalition.org).

**The Ojai Photo Club welcomes Ventura photographer and musician, Chris Jensen, as its guest presenter for the month of October.** His talk and slide show of images will take place on October 20, at 7:00 p.m. at Help of Ojai's Kent Hall, 111 Santa Ana St.

Jensen will be addressing portrait photography. His images range from creative and often quirky compositions to masterful studies that reveal the sitter's essence. He will discuss the primary and secondary elements of creating compelling portraits and he indicates, "First and foremost is lighting, lighting and lighting!"

Monthly presentations are part of the Ojai Photography Club's community service and education outreach. Visitors are welcome to attend.

The Ojai Photography Club, which is devoted to education, inspiration, and camaraderie, meets on the third Tuesday of each month, February – November. Only members may submit images for review. For additional information please visit: [www.ojaiphotoclub.com](http://www.ojaiphotoclub.com).

**On Saturday, October 24, from 1 to 2 p.m., local author Nick Marinoff will visit the Ojai Library to talk about his book "Take a**

**Loan off Your Shoulders: 14 Simple Tricks for Graduating Debt Free," and to offer advice to help all future students and their families avoid the monetary mistakes associated with college enrollment.**

The book details the steps Nick took to earn a bachelor's degree from an accredited university without owing a dime. With student loan debt having surpassed the trillion-dollar mark, Nick offers tips and advice to readers who wish to save on their educational endeavors and avoid the financial burdens of student loans.

This event is free and open to the public. For additional information, contact Ron Solórzano, City Librarian, at 218-9146.

**The Oak Grove School Annual Open House & All-School Showcase, at 220 West Lomita, will take place on Saturday, November 7, from 1:00 to 4:00 p.m.** Discover the art of living and learning at Oak Grove School. View student work, enjoy student performances, find out more about our progressive college-preparatory high school, boarding program, junior high, elementary and early childhood programs. This event is for prospective families, current families and friends of Oak Grove School. The event is free and open to the community and will feature campus tours and open classrooms, entertainment and award-winning vegetarian fair, and complimentary family photos. For more information, visit [www.oakgroveschool.org/openhouse](http://www.oakgroveschool.org/openhouse).

### GUEST COLUMNIST-AN OPINION

## The story behind downtown paid parking

by Debbie Fox

The City erroneously entered into competing contracts with the movie theater and Dan Frederickson (60 California Street, LLC owner of the California Street building). The theater was to have full access to the structure, but then the City leased the gated spaces to Frederickson.

In spring 2014 the parties threatened to sue the City. Without public knowledge, the City made an agreement with the property owners in February. This includes installing paid parking even though the City agrees that there is no current need for paid parking. Frederickson wants lower usage so there is more availability by his second floor bridge.

The City's proposal includes 90 minutes free, then \$1 per hour, with an undetermined amount of increased lighting and security. The City projects \$50,000 in annual revenue before maintenance costs, although they have not released usage and length of parking time assumptions. Any changes could significantly reduce the projected revenue.

In a Facebook survey of over 2,600 people, 98% opposed paid parking and 91% said they would reduce or eliminate downtown trips.

Many have worked hard for years to create our unique downtown experience.

*Continued on page 19*



## News & Notes

# Celebrating a successful summer for tourism in Ventura!

Ventura Visitors & Convention Bureau (VVCB) is proud to announce another successful summer for tourism in Ventura and more and more people discover our little piece of paradise on the Central Coast.

This summer, VVCB's Visitors Center staff and volunteers welcomed over 8,000 visitors from 35 different countries and five different continents -an exciting feat at a time when other visitor centers are decreasing in visitation and some even closing.

The Visitors Center also continues to enjoy record retail sales which have quadrupled since 2012. Tourists and locals alike come to the Visitors Center to find Ventura-inspired gifts, souvenirs, apparel and more featuring 35 local vendors.

This summer, VVCB continued its support of community events in Ventura. The Visitors Center served as a venue for the Artwalk and sold tickets for the Ventura County Fair which complimented by beautiful weather, brought over 318,000 through its gates. "The biggest party of the summer was a phenomenal success not just in terms of numbers but in terms of smiles and happy fair-goers" said Ventura County Fairgrounds CEO/Executive Director, Barbara Quaid.

VVCB also worked on partnerships for conferences and group events that potentially generated an estimated economic impact of over \$3 million this summer, and partnered with an array of travel writers from Dubai, Brazil and across the USA.

VVCB's following has grown by 11,000 people since last year for a total of 40,000 social media fans. VVCB's website has quickly become

its number one marketing asset with over 200,000 visitors to the site this summer with top visitors from the US, Canada, United Kingdom, Russia, and Brazil.

At our hotels, our summer occupancy rate averaged 90 percent on weekends, up 2.5 percent from the same time last year, and our year-to-date occupancy rate is still growing and currently up 1.7 percent from last year. "Great partnerships and terrific weather in Ventura led to best summer on record for the Ventura Beach Marriott!" said Ventura Beach Marriott General Manager, Shannon Hillygus.

Numbers also show that 2014 was a fantastic year for tourism in Ventura. In 2014, tourism expenditures on lodging, retail goods, meals and beverages and other taxable items brought an estimated \$261 million. Of special significance is the tourism industry's \$4.7 million contribution generated through the hotels' Transit Occupancy Tax (TOT). Without the funds collected through this tax, every Ventura resident would have to spend an additional \$2,400 in annual taxes to maintain the same level of services the City of Ventura currently provides.

"We are looking forward to collaborating with our local, regional and state partners to keep the momentum going and top our success next year. We have no doubt tourism will continue to grow in and benefit Ventura, especially given rekindled community pride through upcoming celebrations for Ventura's 150th anniversary." said VVCB Executive Director and Central Coast Tourism Council President, Marlyss Auster.

of those who have passed in many countries in Latin America. In Mexico, it is a joyous two days of displaying altars and offerings for deceased family members and in no way is a sad time! At Buena, the students and the Spanish teachers transform the place into a little mini-Mexico in order to give the students the opportunity to really experience this cultural day hands on. The students are in charge of making altars for a person of their choosing, making authentic desserts, performing, promoting the event, designing the t-shirts and decorating. During the event, the whole community comes out! It's a night filled with celebratory remembrance of those who have passed, performances, raffles, games, face-painting, delicious food and drinks, art work and gallery walks of the altar displays and more. Please join them in this celebration.

Ventura County is honored to be one of only 39 organizations nationally to receive this prestigious award.

COPD is an umbrella term that includes chronic lung diseases such as emphysema, chronic bronchitis and asthma. The CATCH program has implemented new, evidence-based guidelines throughout the County for prevention, diagnosis and treatment of COPD because it is the third leading cause of death in the nation and the fourth leading cause of death in Ventura County. There are more than 28,000 people that suffer from COPD in Ventura County and many are unaware that they have it. A simple test called a Pulmonary Function Test (PFT) can be performed to determine if someone has COPD. Identifying and treating COPD in its early stages can drastically change/slow the progression of the disease.

"CATCH is also reforming the way in which we pay for the treatment of COPD, reducing costs by an estimated 22% over all. During the first year of the project, CATCH has been able to reduce Emergency Room visits by 18% and the number of critical vaccinations for COPD patients has increased by 25%. CATCH is improving the quality of life for COPD patients while reducing the costs of treatment," says Dr. Renee Higgins, CATCH Principal Investigator.

The CATCH team of specialists, led by Susan White Wood, CATCH Program Director, can travel county-wide to provide services. The team includes a Project Director, two Registered Nurses, two Respiratory Therapists, two Community Health Outreach Workers, a Medical Office Assistant and contracts with numerous specialists throughout the community. CATCH can be reached at 677-5162 or catchgrant@ventura.org.

## CATCH project receives second year funding

The Ventura County Health Care Agency's Chronic Obstructive Pulmonary Disease (COPD) Access to Community Health (CATCH) project has been awarded a second year of funding through the Health Care Innovations Award (HCIA) program in the amount of \$1.3 million from the Centers for Medicaid and Medicare Services (CMS). The total grant award is \$4.1 million dollars over three years.

## Have you met the City Hall ghosts?

Ghostly reports in Ventura have dated back to the time of the Chumash Native Americans. If you want to learn about spectral sightings and brush up on your speaking skills, join Toastmasters X-L members on Tuesday, October 27 from noon to 1:00 p.m. at Ventura City Hall. Celebrated ghost hunter Richard Senate will join guests at a special Halloween-themed meeting.

Senate will address ghost tales about Ventura City Hall, the 100-year-old former County Courthouse, with stories of ghost sightings since the 1930s.

"We are pleased to have such a respected historian as Richard Senate join us for this special Toastmasters Open House," said Joe Buccino, Toastmasters X-L President. "Richard will share scary tales about City Hall and offer a timely speaker sampling."

The hour-long meeting will feature raffle prizes and a light lunch.

Costumed guests are welcome but optional. The meeting format also includes improvisational speaking by members, member mentorship opportunities and general information about the Toastmasters organization.

Toastmasters X-L meets Tuesdays at noon in downtown Ventura City Hall. The group offers a supportive, professional environment for members to develop communication and leadership skills. With a mix of experienced and novice speakers, Toastmasters X-L provides a proven path for speaker excellence. Guests are welcome to all club meetings.

## Día de los Muertos at Buena High

The third annual Día de los Muertos event is going to take place on Wednesday, October 28, from 6 - 8 p.m. in the hallways of Buena High School. Día de los Muertos is a holiday that celebrates the lives



The celebrity photo exhibit by Ivor Davis is on display at the Ventura College, Santa Paul campus, through Dec. 18. Ventura author journalist Ivor Davis, shares his photo collection of over half a century featuring some of the greats of showbiz and the world.

Santa Paula campus, 957 Faulkner Road, 106, Santa Paula, is open from 8 a.m. to 8:30 pm.

The photos "From Presidents to Pop Stars" chronicles movie stars and politicians and sports superstars, interviewed by Davis over half a century. Davis, a longtime resident of Ventura, is also the author of the prize winning memoir "The Beatles and Me on Tour."





## The Pierpont Racquet Club Celebrates 38 Years

Serving Our Community Through Health, Fitness, Sports and Family Fun!



### 38TH ANNIVERSARY SPECIAL!

Join anytime in October to get **38% OFF** the Membership Join Fee!

(Some restrictions apply. Must be 18 yrs. or older)

CALL 805-648-5161 ~ WWW.PIERPONTRC.COM

Here are a few reasons why our members stay a long time and have great memories for generations!



PRC Member Joey Briglio ~ "PRC is my home away from home. I'm here almost every day for work or play! I love everything about it—from the friendly staff that treat you like family to the latest equipment and pool facilities. I won't go anywhere else!" PRC member since 2010!

PRC Member and mom Tiffany says "Cousins Swim lessons were a **BIG** success and they all got medals last night from their swim coach "Trish the Fish" for making such great progress. Thank you Trish for encouraging them and making it so much fun!" The Hoffman Family ~ Three generations of PRC members... since 1976!



**SATURDAY, NOVEMBER 7, 2015**  
 Conejo Mountain Funeral Home, Memorial Park & Crematory along with the Inlakech Cultural Arts Center Presents the **8<sup>th</sup> Annual**

# DIA DE LOS MUERTOS

Day of the Dead  
 Comida, Altars, Prayer, Laughter and Tears

**FREE!**  
 11:00 am - 6:00 pm  
 SPECIAL PRIZE FOR BEST COSTUME!  
 FREE Drawing for PRIZES Every Hour!

**Mi Ultima Parranda**  
 (My Last Hurrah)

The Inlakech Cultural Arts Center Presents **FREE Saturday Workshops!**  
 Inlakech Cultural Arts Center  
 250 E 5th St., Oxnard • (805) 890-2193  
 Learn how to make papel picado, death masks and altars!  
 Sept. 26, Oct. 3, 10, 17 & 24  
 12 pm - 2 pm

**Activities for Everyone!**  
 Face Painting • Build your own altar • Muerto Art Exhibition  
 Local Food and Craft Vendors • Vintage Car Show • FREE Prizes!

**Memorial Cultural Celebration with Live Performances All Afternoon!**  
 5:00 pm: Everyone is invited to participate in a traditional ceremonial procession around the cemetery after the blessing.

Find "Dia De Los Muertos Ventura County" on Facebook

Hosted by...  
 Conejo Mountain Funeral Home, Memorial Park & Crematory  
 (805) 482-1959 • conejomountain.com  
 2052 Howard Road • Camarillo

## COPD ACCESS TO COMMUNITY HEALTH "CATCH"

# CATCH

**CATCH is a FREE program designed to improve health outcomes for people with respiratory complications.**

The project described is supported by Grant Number 1C1CMS331320 from the Department of Health and Human Services, Centers for Medicare & Medicaid Services. The contents of this publication are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services or any of its agencies.

**WHAT WE OFFER:**

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- ❖ PATIENT EDUCATION
- ❖ CASE MANAGEMENT
- ❖ MEDICATION MANAGEMENT
- ❖ SMOKING CESSATION
- ❖ PATIENT & CAREGIVER SUPPORT
- ❖ BASIC EDUCATION
- ❖ PULMONARY REHABILITATION
- ❖ NUTRITIONAL CONSULTATION
- ❖ COMMUNITY RESOURCES

**PARTICIPANTS MUST HAVE MEDICARE OR MEDICAL & BE A VENTURA COUNTY RESIDENT.**

**CONTACT US**  
 Phone: 805-677-5162  
 Email: [catchgrant@ventura.org](mailto:catchgrant@ventura.org)  
 Website: [www.vchca.org/copd/catch](http://www.vchca.org/copd/catch)



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## News & Notes



Foster VC Kids' Elisa Carreno, Angelina McCormick-Soll, Alison Young, Elizabeth Thasiah Foster, Cynthia Hutchison, and Victoria Gonzales attended the conference.

### Foster VC Kids of Ventura County hosted Statewide

Ventura County Hosted QPI Conference for its Utilization of Quality Foster Care Training for Families—The Quality Parenting Initiative (QPI) statewide conference in Ventura on Friday, Sept. 25, brought unique perspective concerning the development for high quality care, partnership and support for children in foster care and the caregivers, families and Child Welfare staff walking alongside them. Eighteen participating counties across California were in attendance. The event, which took place at the Crowne Plaza, entailed keynote addresses from Executive Director of Youth Law Center (YLC) and former foster youth – Jennifer Rodriguez. In addition, the conference featured foster youth/family panels and group discussions on topics relevant to quality care and partnership. Industry players included David Swanson Hollinger (Sr. Managers of Ventura County Human Services Agency), Elizabeth Thasiah (Foster VC Kids) and Transitional Age Youth (TAY).

critical point with children sleeping in conference rooms and moving in and out of homes in a 24 hour timeframe. With QPI, the department of Children & Families and Youth Law Center improved the practices supporting quality foster parenting.



Joanne is definitely committed to her game.

### Thirty-eight years of bringing great tennis and health to Ventura

Foster VC Kids, a division of Ventura County's Children & Family Services, launched in 2014, includes the Homes with Heart campaign which is working to recruit more loving homes for over 1,000 foster youth in the Ventura County foster care system. Foster VC Kids and its work with QPI has received statewide recognition as an outreach, recruitment and training model to follow.

The Pierpont Racquet Club is celebrating 38 years in the Racquet Sports & Fitness Industry this October. The Club has been a second home to so many in our community. Many of their current

QPI, born and implemented in 2009, strives on reunification of children with their birth families whenever possible, and clearly defines the responsibilities of caregivers and Child Welfare partners in their work together and helps them to align Child Welfare policies and practices with excellence in foster care. QPI was the unique solution initially sought in 2004 when Florida foster care was at a

*Continued on page 19*



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# Senior Living

Pull Out Section



Our ubiquitous Mayor Cheryl Heitmann was at the opening of the new Saticoy Library with grandson 4-year-old Gavin. You may speak with her at "Coffee with the Mayor."

## Join the Mayor for an informal chit-chat

You are invited to "Coffee with the Mayor" at the Ventura Townhouse who will be hosting Ventura's Mayor Cheryl Heitmann on October 22nd starting at 10am. It will be held in the Dining Room Lounge at the Ventura Townhouse, 4900 Telegraph Road, Thursday.

The hour-long event does not require an RSVP but seating might be limited.

"Coffee with the Mayor" is an informal gathering for residents to express their concerns, ask questions of the Mayor and provide ideas.

The Mayor will also speak about the

plans for the City of Ventura's 150th Anniversary Celebration.

Cheryl Heitmann was first elected to the Ventura City Council in November 2011. She was appointed to the role of Mayor by her colleagues in December 2013, and served as Deputy Mayor for the first two years of her four-year term. Among her many accomplishments Cheryl Heitmann served as the Executive Director of the Ventura Music Festival from 2006-2012. She is a licensed clinical social worker and had a private practice for 18 years.

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## Health Insurance Counseling And Advocacy Program

The County of Ventura Area Agency on Aging's Health Insurance Counseling and Advocacy Program (HICAP) will be giving a series of Medicare One Stops in November and December for Medicare

Plan year 2016. Medicare beneficiaries may attend any One Stop Shop for any of their Medicare needs during this time. To streamline your wait time call our office for a Part D Worksheet comparison list. Our counselors will compare your comparison ahead of your appointment time.

During the One Stop Shops HICAP is screening and completing Public Benefit Applications through their Benefit Enrollment Check Up program. Counselors will be looking to see if one qualifies for Medi-Cal, Cal Fresh, Extra Help with Medicare Part D Prescriptions, LIHEAP, and other programs.

Monday, November 2, 2015, Ventura County Area Agency on Aging, 646 County Square Dr. Suite 100, Ventura, 9:00 am to 3:00 pm, one on one counseling appointments, walk-ins and Spanish-Speaking counselors are available.



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## Senior Living

A Tender Touch Senior Placement

### Bringing mobile senior services to the community

by Connie De La Rosa

Many seniors today have difficulty with mobilizing to services they may require due to limited mobility, not feeling well or minor confusion due to early stages of dementia.

Bringing "Mobile Senior Support Services" to the residents of Ventura is the effort of a few businesses who have come together as a "network" in order to provide a free presentation, demonstration or consultation in a service they may need. Businesses involved include estate planning attorney/information and education, marriage, family therapist education and information, exercise coach, hand/arm massage therapist, medi-care representative/education and information, dental hygienist education and information, Alzheimer's/dementia education and information, County of Ventura veteran representative information and assistance, Skin Care along with many other businesses and new business.

If a senior chooses to use a particular service, businesses will give them a negotiated rate and maintain services in the comfort of their own community. The goal is to provide the information and services available to their communities making it more convenient and comfortable for our aging population. The Mobile Senior

Support Service will provide services in a community about three months or longer, depending on the needed education/information and will be rotating to the different Senior communities in Ventura.

Currently, the Mobile Senior Support Services is located at the Lexington Independent and Assisted Living in Ventura. Lexington welcomes the public to attend any of the in-service presentations being offered from October through December 2015. 200-7756 for dates and times on any of the informational services you are seeking.



Hans is a perfect fit for his job. Photo by Daniel Ingram.

### Hans Hormann, Director and Coordinator for Ventura Avenue Adult Center

by Es Cole

Some people in our amazing Ventura are outstanding at what they do. I have been fortunate to meet a few.

Recently I met Hans Hormann, Director and Coordinator for Ventura

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Avenue Adult Center(VAAC). Hans is a perfect fit for his job; he spent 13 years attending six universities until he found a specialty that suited him – recreation. He spent another five years seeking a job that would/could challenge his abilities and use his ideas. He traveled to Europe and other foreign places to broaden his experiences of exotic cultures and ethnicities.

Eighteen months ago, the City of Ventura grabbed that gold ring, Hans, and made him Director of VAAC.

Hans is a civil servant, employed by Ventura, and very civil he is. He directs and coordinates VAAC. He seeks out new programs and boldly goes where others were too timid to venture. He contracts with professionals to teach classes in their specialties. He not only feeds the curious minds of the Centers' active adults, but he also arranges to

feed their bodies at the daily lunch that is offered.

I don't know how Hans does all the things he does. I do know he is well-organized, physically fit, and nice to old people. I am an old people, and he was very nice to me.

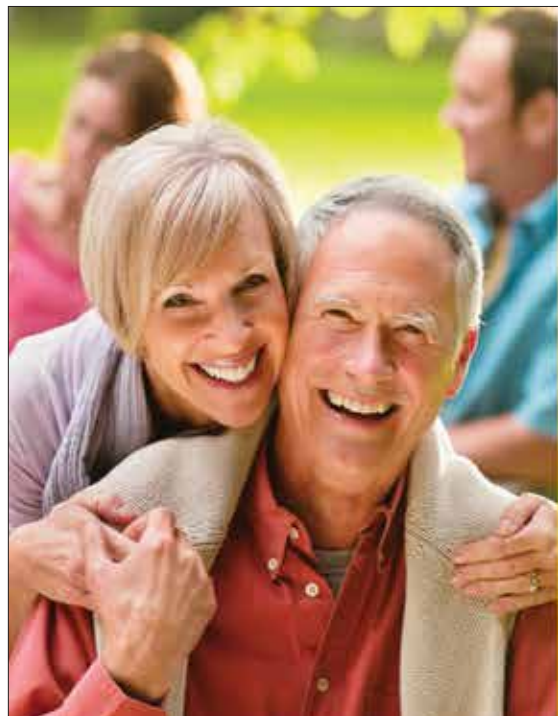
Hans' most recent professional teacher is Carin Wofford, co-founder of The Time Binders, and another of those outstanding people who are expert at what they do. Carin has 20 years' experience writing personal histories. Starting this Fall, she will conduct family history writing classes, documentation techniques, and ancestry research at the Ventura Avenue Adult Center.

Other auxiliary classes like hand bookbinding and graphic arts are also in the works. Imagine: you can write the

*Continued on page 14*



*The in-house produced production of "Follies", written, directed, produced, and choreographed by Marion Doane, a Cypress Place resident was recently presented at Cypress Place Senior Living. Cast members included residents and staff members of Cypress Place. It was a standing room only crowd, and the performers brought down the house. Photo by Michael Gordon.*



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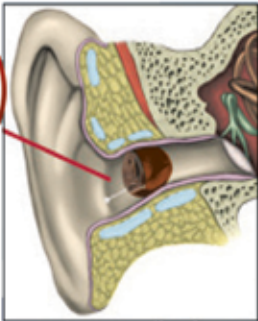
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\*Studies conducted at the University of Northern Colorado (2014) and Oldenburg Horzentrum (2013) showed that Speech Reception Thresholds (SRT) in cocktail-party situations improved to 2.9 dB for wearers with mild to moderate hearing loss using GENIUS with Directional Focus, compared to people with normal hearing. This corresponds to over 25% improvement in speech understanding.

# Getting the pain prescription right for America's seniors

by James Appleby

September was national Pain Awareness Month. And one of the major issues policymakers, healthcare providers, and average citizens alike need to focus on is how to improve pain management among older Americans.

Unsurprisingly, this population experiences more pain than younger Americans. Among active seniors, it's estimated that 25-50 percent experience persistent pain. For these Americans, finding ways to

manage pain without reducing quality of life is essential. Among seniors residing in nursing homes or receiving in-home hospice care, as many as 85 percent experience persistent pain.

Plus, older Americans account for an outsized share of American drug consumption. People 65 years and older make up just 13 percent of the U.S. population, yet they're responsible for a full third of all pharmaceutical purchases.

And seniors rely heavily on opioid-based treatments, which are extremely powerful but come with elevated risks of addiction and abuse. Since 2007, the number of opioid prescriptions for patients aged 60 years or older has jumped by nearly a third. That's double the rate of growth for middle-aged patients during that same period.

Of course, responsible prescription drug use – opioid-based based or otherwise – can be transformative for patients, alleviating chronic pain, speeding up post-operative recovery, boosting emotional well-being, and enhancing cognition.

However, opioid drugs can also

## Senior Living

cause huge, potentially fatal, problems for seniors. Elderly patients tend to be taking other drugs that can interact with opioids and cause adverse side effects. Their physical frailty exacerbates these problems. And opioid overuse can slow post-surgery recovery and speed up cognitive function decline.

Abuse also puts senior patients at much higher risk of falls, which can cause serious bone fractures and shorten life. In fact, a 2010 paper in the Archives of Internal Medicine found that Medicare patients using opioids were four times more likely to suffer a fracture than enrollees using non-opioid treatments.

These risks are a big reason that the Joint Commission, a national non-profit that certifies healthcare organizations, specifically warns that opioids may not be appropriate for all patients.

The Interagency Pain Research Coordinating Committee, which is run by the federal Department of Health and Human Services, recently published a comprehensive strategy for improving pain management that includes specific steps for helping seniors. Policymakers should heed its recommendations.

Avoiding addiction and overdose requires careful care management and regular dialogue between doctors and their senior patients.

Caregivers need to adopt treatment protocols that can help prevent addiction, such as using drugs with the fewest adverse effects first. Providing non-opioid pain medication before and after surgery can also help.

Likewise, caregivers should embrace proven non-opioid pain management alternatives, such as intravenous acetaminophen and over-the-counter painkillers like ibuprofen. These medications can be just as effective at reducing patient suffering without running the high risks of addiction. And even non-pharmaceutical pain management techniques such as yoga, stretching, massage, or acupuncture can help relieve senior suffering.

All courses of treatment should begin with an honest and open conversation between patients and their caregivers about how pain affects them, how they are prepared to deal with pain, and how their ideas can be woven into treatment.

James Appleby is the executive director and CEO of the Gerontological Society of America. This piece originally appeared in The Tampa Tribune.

recreation and Community Partnerships department offers a variety of programs citywide. You can choose art, computer tutoring, cooking, dance, exercise, gardening, music, photography, swimming, and other classes. And new this fall we'll have additional program space for adults to enjoy classes in partnership with the Housing Authority, located at the Buena Vida Apartments Community Room (9050 Telephone Road).

We have so many wonderful classes and programs that we created a monthly newsletter called the "Silver Tsunami" to keep you up-to-date about our offerings. One of our most popular new programs is a tutoring class for adults to learn basic computer functions. Whether you enjoy art and learning how to paint with acrylics or if you prefer gardening or cooking, we have a class for you.

We're able to provide a wide selection of programs because we have various facilities throughout the city to accommodate these activities. On the east side, we have a state-of-the-art aquatic facility at the beautiful Ventura Community Park (901 S. Kimball Road).

Many of our classes are held at the Barranca Vista Center (7050 E. Ralston Street).

If you're looking for gardening opportunities, consider growing your own food at our Cornucopia Community Garden (Telephone Road between Johnson and Ramelli Avenue).

On the Westside, we have the Ventura Avenue Adult Center (550 N. Ventura Avenue) and we recently restored the Bocce Courts and league at Harry A. Lyon Park (De Anza Drive at Cameron Street).

For folks who like being near the water, we offer Standup Paddle Boarding, Fly Fishing, and guided walking tours of the Santa Clara River Estuary.

We make every effort to offer dynamic programs that will be enjoyed by active adults and seniors throughout our community. To keep informed about classes and upcoming events, please sign up for our monthly Silver Tsunami newsletter at [www.cityofventura.net/enewsletters](http://www.cityofventura.net/enewsletters) or pick up a copy at any of the locations I listed above. Visit us online at [www.cityofventura.net/adult](http://www.cityofventura.net/adult) or call the Parks, Recreation and Community Partnership Office, 658-4726.

### Hans Hormann

Continued from page 13

stories of your personal history, design and hand construct your own book to personalize your stories, and you can learn to illustrate the stories you record.

We are so lucky to have Hans Hormann who has the energy, the imagination, and the contacts to put all these elements together in one convenient location. Please call VAAC for up-to-date schedules at 653-5592.

Hans says he loves his job. You can bet that all the adults and seniors at VAAC love him back.

The Ventura Avenue Adult Center is located at 550 N. Ventura Ave.



## Ask The Director

by Elena Brokaw

Director of the Parks, Recreation & Community

Q. What programs does the City provide for active adults and seniors?

A. The City of Ventura's Parks, Rec-

# News & Notes



Those in attendance at the presentation included John Williamson and his family.

## Ventura Commerce and Education Foundation honors teacher

The Ventura Commerce and Education Foundation (VCEF) named John Williamson, of the Academy of Technology and Leadership at Satcoy (ATLAS) in Ventura, September's Teacher of the Month. VCEF board member, Pattie Braga, along with elected representatives and members of the business community, presented Williamson with a plaque to commemorate the award on Sept. 30.

Williamson was recognized for his leadership abilities, dedication to his fourth and fifth grade students, and participation in numerous educational committees. As head of the ATLAS Light-house Leadership Team, Williamson

led the staff in developing the mission statement, goals and an implementation plan for the school's leadership magnet program. He also represents ATLAS on Ventura Unified School District's math benchmark committee and on its report card committee, as well.

"John is viewed as a mentor by his students and as a respected leader by his fellow staff members," said ATLAS' principal, Jennifer Duston. "He does whatever it takes to help his students be successful."

Williamson's seven years of teaching experience are supplemented by his regular attendance at classes and workshops on key instructional



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methods, including visual thinking strategies (VTS), developing mathematical ideas (DMI) and the Guided Language Acquisition Design (GLAD) instructional model.

Teacher of the Month nominees must be credentialed teachers and display certain qualities, such as outstanding commitment to students, service to school or district committees, involvement in projects on their own time and/or participation in youth-focused activities. For more information about the Teacher of the Month program, please contact Pattie Braga, chair of the VCEF Teacher Appreciation Committee, at PBraga@VCCUonline.net or 477-4052.

The Ventura Commerce and Education Foundation (VCEF), under the auspices of the Ventura Chamber of Commerce, works to provide a business link to the economic, educational,

cultural and environmental interests of the Ventura regional community. More information about the VCEF can be found at [venturachamber.com/ventura-commerce-education-foundation](http://venturachamber.com/ventura-commerce-education-foundation).



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<b>Laughlin/Aquarius Hotel: 11/8 - 11/11</b>	
<b>Greystone Mansion Design Show: 11/18</b>	

Please join us for a travel show highlighting this upcoming tour. Refreshments will be served. Special discounts offered for those that attend the travel show.

**Albuquerque Balloon Festival 2016: 10/7 - 10/12**

**Travel Show: Thursday, 10/29 at 11am**

Location: Barrister Suites  
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# Professor Scamp, Ph.D (Pretty Happy Dog)



Professor Scamp  
Ph.D

I recently told you about Archie the Therapy Dog going to doggy heaven. Casa Pacifica is holding a Celebration of Life for him on Thursday, October 15th, at 5:30 p.m. Casa Pacifica will be celebrating the life of its beloved, original, one-of-a-kind, unforgettable therapy dog, Archie, who passed away at the age of 10 in July. The celebration will take place at Casa Pacifica and will provide Casa Pacifica's children, its alumni, staff, volunteers, and friends the opportunity to remember a sweet, gentle giant, whose peaceful, calming presence brought comfort, love and healing to more than 4,000 children

who resided at or attended the nonpublic school on Casa Pacifica's campus over the last decade.

The event will include a video featuring Archie's several 'famous' appearances on television, the planting of a tree in remembrance of him, and the unveiling of a special plaque honoring Archie's life and contributions to Casa Pacifica.

For more information about the Celebration of Life event, please contact Morgan Tandy at 366-4022 or mtandy@casapacific.org. Casa Pacifica is located at 1722 S. Lewis Road in Camarillo.

Casa Pacifica Centers for Children and Families is a crisis-care and residential treatment facility for abused, neglected, or at-risk children in Ventura and Santa Barbara Counties. Hopefully Archie will

be replaced by another wonderful loving companion to these kids.

Every weekend in October from 1:00 pm to 3:00 pm, Ventura County Animal Services will be issuing free microchips for all pit bulls or bull mixes. Bring their pets to either the Camarillo location, 600 Aviation Drive, or the Simi Valley location, 670 W. Los Angeles Avenue. National Pit Bull Awareness Day (NPBAD), which is October 24th this year, is a day of appreciation and education designed to change perceptions and stereotypes about pit bulls and their responsible owners. NPBAD was established to educate and foster positive communications and experiences in the communities in which we and our dogs live, and it is an initiative dedicated to restoring the image of the American Pit

Bull Terrier. Ventura County Animal Services is proud to promote education for the pit bull breed and loves all of its animals.

For more information go to [www.vcas.us](http://www.vcas.us), or contact 388-4341.

Davey's Voice is a brand-new, Santa Barbara County nonprofit founded to honor Davey, a five-month-old puppy who was euthanized in 2014 after being tortured by his owner. Formed by Santa Barbara local Gretchen Lieff, Davey's Voice hopes to create awareness around animal abuse and empower the public to advocate for voiceless, abused, neglected and abandoned animals.

"Davey's Voice will support local projects and programs that promote *Continued on page 17*

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- Nancy Bohman, CVA, DVM
- Amy Pelayo, DVM
- Michael Martinez, DVM



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# Forever homes wanted



Hi: I'm Bullet, a cute 1 1/2-year-old Petit Basset Griffon Vendéen X, try saying that 10 times fast. I was rescued from VC Animal Services where I was turned in as a stray by my owner. Yes, you read that correctly. My owner turned me in and said he found me as a stray. Thankfully a C.A.R.L. volunteer knew of my situation and I was able to come into C.A.R.L.'s program because another C.A.R.L. volunteer (I call her my guardian angel) was willing to sponsor me. If you have a dog already in your family, please bring him/her along so we can do a meet and greet.

I love being around people and don't like to be left alone. I'd do best in a home where I'll rarely be left alone or can be taken along too when you go out.

If you're looking for an energetic, lovable little guy, look no further, I'm the one for you! C.A.R.L. Adoption Center, 644-PETS(7387).

Hi. My friends at the shelter named me Lucy. I love being around people. I have such good manners that the people here at the shelter picked me to be in a wedding (yes, that's right, I walked down the aisle in a wedding). I think they picked me because a get along with people and other dogs - big or small. I am a really good walker, but I would rather not run. My favorite thing to do is sit next to you and get petted. All I need is a warm bed to sleep in and a family or person to call my own. Is that you? Ventura County Animal Services - Camarillo location - 600 Aviation Drive - Lucy A624462



## Join Scamp Club

Animals of all sorts can join the Scamp Club. Email me your picture and a little about yourself, including your address, to [Scampclub@ventura-breeze.com](mailto:Scampclub@ventura-breeze.com). You will be in the Breeze and become world famous.



# FOUND LOST DOG

**Name: Willie**  
**Dog from loving home, if found please call**

Wonderful news Willie has been found. In a future issue we will tell the story of how people pitched in to try find him and how he was located.

# Police Reports

by Veronica Johnson

*Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.*

### Firearm Possession

On Sunday, September 27th, at 7:28 a.m., officers responded to a call of suspicious circumstances at a residence in the 1800 block of Topaz Avenue. The caller reported seeing an unknown subject, Dan Hulsey, sleeping on the doorstep of a neighbor's residence. Hulsey was said to be in a sleeping bag.

When the first officer contacted Hulsey, he found that he had a firearm on the ground next to him. Additional officers arrived and took Hulsey into custody.

The investigation revealed the firearm, along with several other items of property found in Hulsey's possession, was stolen out of an unreported burglary to a motorhome in Saticoy. All of the property was returned to the owner.

### Package Theft

On Friday, September 25th, at 1:50 p.m., an alert citizen saw Mary Dunham-Lopez and Victoria Sander-Robles attempt to steal a delivery package from the front porch of his house. After the suspects were confronted by the citizen, they dropped the package and fled from the porch. The citizen called the police to report the crime, and he briefly followed the suspects as they fled in their vehicle.

A responding patrol officer located the suspect vehicle and was able to conduct a traffic stop in the 2200 block of East Main Street. The subsequent investigation revealed additional stolen delivery packages from other residences in Ventura. The suspects were arrested and booked into VC Jail. The owners of the recovered stolen packages were contacted and the items were returned.

### Armed Robbery

On Tuesday, September 29th, at 11:05 p.m., the VPD received a call from one of the clerks at the Shell Gas Station on 2440 South Victoria Avenue who stated that they had been a victim of an armed robbery. The suspect, a Hispanic male in his 30's, entered the store and walked up to the counter displaying a handgun. The suspect demanded that the two clerks give him money. One of the clerks opened the cash register and handed the suspect an undisclosed amount of money. The suspect fled away from the gas station.

Several patrol officers responded to the area and attempted to locate the suspect, but he was not found.

### Armed Robbery

On Thursday, October 1st, at 4:09 a.m., the VPD received a call from a Three Star Book and News clerk, located at 359 East Main Street, reporting an armed robbery. The suspect entered the store posing as a customer and lured the clerk from around the counter. Then the suspect pointed a handgun at clerk and demanded the money from the register. Once the suspect received the money, he bound the victim's wrist and forced him to lie on the ground. The clerk was ordered not to move and he was unharmed during this incident. The suspect fled in an unknown direction.

VPD patrol officers responded to the area and attempted to locate the suspect, but he was not located.

### Felon in Possession of Firearm

On Thursday, October 1st, at 8:28 p.m., two officers assigned to a special enforcement detail were in the area of North Bank Drive and Johnson Drive when they

observed Jeffrey Savala riding a bicycle without a light. The officers stopped Savala, who was acting very nervous and reached for his waistband area. One of the officers conducted a patdown search of Savala and found a loaded handgun in his pants pocket. After further investigation, the officers learned that the serial number on the handgun had been obliterated and Savala is a convicted felon prohibited from possessing a firearm. Savala recently plead guilty to two counts of felony vandalism for his involvement in a series of tire slashes that occurred in the city of Ventura earlier this year and was released on his own recognizance pending sentencing.

### Burglary With Shooting

On Friday, October 9th, at 7:50pm, the Ventura Police Command Center received several calls regarding a shooting at a residence in the 8200 block of Denver Street. Patrol officers arrived on scene and found a victim at the residence who was suffering from non-life threatening gunshot wounds. The investigation revealed the victim had interrupted a residential burglary at the house and was shot by the suspect. The victim was transported to a local hospital for treatment.

### Professor Scamp

*Continued from page 16*

animal welfare, reduce suffering and save lives," says Lief, who learned about Davey's death and vowed to get involved. "We want to ensure something positive comes out of Davey's horrific fate and pledge to make Santa Barbara the most animal responsible county in California. After that, we will continue our mission throughout the United States and beyond."

Davey's case has drawn nationwide attention due to the severity of the abuse inflicted by his owner, Chinese student Duanying Chen, 19, who is serving a 12-month sentence in county jail. At the time Davey was relinquished to a local pet emergency clinic by Chen's girlfriend, he had multiple broken bones, significant infections and burns over 80 percent of his body, the District Attorney's Office said in a January 2014 statement. His life could not be saved.

I think that a 12-month sentence is not nearly enough. How many years would he have gotten if this was a human that he tortured? And a human might be able to fight back and this poor dog couldn't.

Lief stated "We're still working on the campaign details and will announce our plan in the next couple of weeks."

For more information please call 565.0001 or email [info@daveysvoice.org](mailto:info@daveysvoice.org), or visit [daveysvoice.org](http://daveysvoice.org).

■ On Saturday, October 24, from 6-11pm singer/songwriter Kelly Z and her band, Kelly's Lot is hosting the 3rd Annual Kelly's Lot and Friends Fundraiser for CarlDogs.org at The Patio at Player's Casino located at 6580 Auto Center Drive. 15% of restaurant totals goes to C.A.R.L. Reservations can be made at [OpenTable.com](http://OpenTable.com), put in 'Patio at Player's Casino.'

Kelly's Lot will be headlining alongside Tommy Marsh, Ray Jaurique, Jim Gustin, Truth Jones, Chuck Strong, and more. There will also be a silent auction and raffle throughout the evening. \$10.00 donation. For more information, please visit [www.kellyslot.com](http://www.kellyslot.com).

Kelly's Lot plays Americana and Blues with a roadhouse rockin' sound that is upbeat, heartfelt and fun. Canine Adoption and Rescue League is a 501(c)(3) Private Non-Profit No-Kill Organization that relies on donations and does not receive government, state, or city funding.

Weekly SUDOKU  
 Answer

9	4	8	7	3	1	5	6	2
2	1	5	4	9	6	7	3	8
7	3	6	2	8	5	9	1	4
1	8	4	5	7	2	3	9	6
6	2	7	9	4	3	8	5	1
3	5	9	6	1	8	2	4	7
5	9	1	8	2	4	6	7	3
4	6	2	3	5	7	1	8	9
8	7	3	1	6	9	4	2	5

King Crossword  
 Answers  
 Solution time: 24 mins.

H	A	Y	M	I	F	S	T	O	A			
I	R	E	O	D	O	R	C	R	A	B		
F	I	T	S	E	R	E	R	I	T	E		
I	D	I	O	T	S	D	E	L	I	G	H	T
			U	L	T	Z	I	P				
J	U	I	C	Y	D	E	N	Y	A	P		
I	T	C	H	C	U	R	F	O	C	I		
B	E	E	B	O	G	R	O	U	T	E		
			S	U	M	T	W	O				
F	O	O	L	S	P	A	R	A	D	I	S	E
A	L	D	A	L	O	A	N	F	U	R		
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L	O	S	T	X	E	N	A	Y	E	S		

# This 'n' That

Tech Today with Ken May

## What to look for when buying a computer – Part 1

Buying a computer is no easy task, and with the cost of many of the machines out on the market today, you want to make sure you're making the right purchase so you don't blow your money on something that stops meeting your demands within a year. Not all machines are created equal, and unless you're pretty familiar with computer hardware, you might have a hard time determining just how unequal they are.

This guide should help you get a better understanding of what all the components of the computer will mean for you and make it easier to decide what you want, need, and which elements to prioritize so you get the right computer for you and don't spend any more money than you must.

### 1. Desktop or Laptop?

This is probably one of the simplest choices to make and can have a big impact on the overall cost of your computer, including expenses that might not come right at the time of the purchase. In general, if a laptop and desktop are boasting all of the same performance specs, the desktop will be cheaper. It might not make sense, since it's a bigger piece of hardware, but the ability to cram a lot of components into a small space and the need for a battery is what ups the price of the laptop – notice the premium paid for Apple's thinner devices.

If you often need your computer on the go, the choice is simple: laptop. If it's only occasional and you don't need much more than a browser or word processor, you may be able to find a cheap tablet or

netbook to do the job, and could potentially afford it with the money you save by getting a desktop as your primary computer.

### 2. Know the processor and what it means

The simplest way to explain the processor is that it's the brain of the machine. If you want a fast computer that boots up programs in a flash, completes tasks as soon as you start them, and doesn't keep you waiting, then you want the strongest processor available – and who doesn't? You just have to know what you're looking at when you see a processor's details.

The short and simple of processors is in the number of cores and the speed (labeled in GHz or Gigahertz) of the processor. The speed of the chip will tell you how much data it can process in how much time, so the bigger the number, the better. The number of cores functions as a multiplier, as the processor is actually a stack of cores that each run at the listed speed (e.g. a single-core 2GHz processor is a lot slower than a four-core 2GHz processor). Multiple cores can also help with multi-tasking, as each can be working on different tasks.

Make sure to ask how many cores are on the chip and what the clock speed is. Two computers might both say they have an Intel i5 chip, but the number of models that go into the group are many and their speeds and core counts can be leagues apart.

Tune in next issue for Part 2!

## Paragon Academy Jiu-Jitsu wins big at 2015 World Masters

by Veronica Johnson

Paragon Academy Jiu-Jitsu registered to the 2015 World Masters Jiu-Jitsu championship with over 30 competitors, reaching full capacity more than a month before the deadline.

The World Masters is one of the biggest jiu-jitsu championships in the world and is held on September 25-26 in Las Vegas, Nevada, featuring over 2,300 athletes. They battle for the most prestigious medals in their age classes. This year, the World Masters was a non-stop parade of thrills that lasted almost 12 hours. Competitors gave their all on the mat in search of the gold medal, including the biggest jiu-jitsu legends.

Paragon had amazing results as a team, competitors from Santa Barbara,

Arizona, Santa Maria, and Ventura winning gold and silver medals. Paragon Academy founder and coach, Ricardo "Franjinha" Miller, won a World Master gold medal in honor of his team. Ricardo continually represents his school at what is the most recognized jiu-jitsu tournament in the world by the International Brazilian Jiu-Jitsu Federation.



Adrienne Stephens brings a strong background in fundraising, marketing and public relations to the job.

## VHC adds two

The Ventura Hillside Conservancy (VHC) recently added two new employees



Congresswoman Julia Brownley (CA-26) and Ventura Mayor Cheryl Heitmann will tour the VenturaWaterPure Demonstration Facility (located at 1400 Spinnaker Dr.-Ventura Water Reclamation Facility) on Thursday, October 15. Ventura Water, in partnership with the Water Research Foundation, is utilizing the demonstration facility to; generate essential research, better inform regulators on how to move from indirect potable reuse to potable reuse blending, and to help create a secure water future for the City of Ventura. Congresswoman Brownley says, "I look forward to visiting the VenturaWaterPure Potable Reuse Facility, and learning more about how this facility will meet the needs of local water users. As we look for solutions to the drought, California must embrace innovative ideas, like water reuse and recycling, which are playing an increasing role in meeting our unprecedented water challenges."

to its staff. They will assist the membership-based nonprofit with its work of permanently preserving and providing access to the open space resources in the Ventura region.

Adrienne Stephens joined the VHC in August as their development coordinator. Adrienne, a UCSB graduate and 25-year Ventura resident, oversees member and business relations, fundraising activities, special event planning and community, press and social media outreach.

Flemming Bertelsen joined VHC as their new preserve manager in September. Flemming, who recently returned to the area from Southern Utah, has extensive experience in land management, conservation, wildland fire management, and law enforcement. He graduated from Humboldt State University with a B.A. in Recreation Management, and has worked protecting and restoring public lands in many locations.

"We are very pleased to have Adrienne and Flemming join the VHC team," said David Comden, president of the VHC Board of Trustees.

The Ventura Hillside Conservancy has a full agenda moving into 2016 including Ventura hillside land negotiations, tree planting initiatives along the Ventura River Parkway and its popular annual Wild and Scenic Film Festival. For more information about VHC, visit [www.venturahillside.org](http://www.venturahillside.org).

## Local engineer writes book on our water crisis

Mohammed Hasan is the principal engineer and owner of Hasan Consultants, a civil and environmental engineering firm based in Ventura. He holds dual M.S. degrees from the University of Iowa. He's a licensed professional engineer in California and a fellow of the American Society of Civil Engineers. He's also a leadership fellow of the American Public Works Association and a distinguished life member of the American Water Works Association. He taught water



While visiting the Reagan Library you can purchase a Breeze cap for \$29.95 or you can order one at [advertising@venturabreeze.com](mailto:advertising@venturabreeze.com) for only \$12.00.

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<p><b>Monday thru Thursday – Extra Large Pizza, one topping, \$10.<sup>99</sup> or Spaghetti, \$5.<sup>49</sup></b></p>		

# This 'n' That

Science at Ventura college.

His new book "Drought Is Not A Four-Letter Word" explains that there is a water crisis in California, and with the current drought and the strong possibility of climate change impacting our weather patterns, it's time to reimagine solutions for solving this crisis. This book offers a brief synopsis of the problem and how humans have contributed greatly to our water shortages. But beyond doomsday thinking, there are technological solutions that can solve the water shortage and help people feel empowered to participate in these solutions. From crisis to action, citizens, engineers, scientists, water managers, planners, policy makers, politicians, everyone can participate by using some of these ideas to solve California's water shortage problem.

Available at Amazon.com, CreateSpace.com and other retailers.



Publisher Sheldon was one of the readers to the kids.

## StoryFest well attended in spite of the heat

On Saturday, October 10, the ninth annual StoryFest was held in the beautiful park area at Ventura Unified School District Education Service Center located on Stanley Ave. This free event featured story-telling, book giveaways, musical activities, Truckfest (an opportunity for children to get up close and touch trucks and a fire engine and blow horns), and plenty of fun.

Local "celebrity" readers and children's entertainment were all showcased in this Ventura Neighborhood for Learning

(VNfL) program where young children are invited to fill their StoryFest passports by visiting six story tents and booths featuring interactive art, music, science, and physical activities. Those attending heard community celebrities read books throughout the day in each of the tents some of the tents were "pets&animals, art&music and families&home." Every child who visited all of the story tents received a free book. And 2 for one books were on sale all day.

Ventura Breeze publisher Sheldon was one of the "celebrity" readers and was aided by Jasmine Casey, from Tri-County GLAD who signed for the kids and then taught them some signing.

### Downtown paid parking

*Continued from page 7*

Yet downtown business will decline with this change. Implementing paid parking is akin to the City requiring downtown merchants and employees to pay for the City's mistake. Some businesses will move and some will fail. Some employees will lose their jobs or have their hours cut, receive lower tips or commissions. It will be a different experience for patrons. Is it right that downtown shoulders the expense of the city's mistake?

Is it ethical that the City kept this a secret for months and released the information at the last minute? The City has repeatedly said that unless there is an overwhelming number of emails and people at their October 26th hearing, they are voting to install paid parking on January 1st. Do we trust that the City Council is serving the public?

The City Council wants a sales tax increase. For or against, the issue is do we trust them to be transparent? Will this affect your vote next November? They need to know!

The structure will only remain free if you tell them: council@cityofventura.net.

Please come to Fox Fine Jewelry's party on October 26th at 6pm with refreshments, live music and prizes! We will go up to City Hall as a group for public comments. 560 E. Main Street.

Learn more: [www.venturaparking.com](http://www.venturaparking.com). Questions? [parking@foxfinejewelry.com](mailto:parking@foxfinejewelry.com)

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To see more, visit our updated website: [jamesgray.com](http://jamesgray.com) for video trailers, info, booksignings!

### Thirty-eight years of great tennis

*Continued from page 10*

members who grew up here as little kids, are now raising families and making sure to share the same experience with their own kids that they had. With tennis, swimming, fitness and childcare, among many other amenities all under one roof, how could you not be a member at the Pierpont Racquet Club?

One member, Joanne Cunningham, has been a PRC member for a long time (30 years!) and has been playing tennis right from the start! Playing on Interclub Tennis League teams and taking lessons from Brad. Joanne stated "Brad is such a nice person and has really helped me with my game! I believe taking tennis lessons is a lot better option than going to the doctor. I really love coming here! Tennis is what keeps me fit and looking younger."

Zack is a cradle PRC member! He loves to stay fit at the Pierpont Racquet Club when he is at home in Ventura. Zack says "I grew up here at the PRC. I even worked here, built my resume and networked with members; which led me to my current awesome career, following professional sports around the country. Now Krystal, my girlfriend, and I enjoy the great facilities here together. This place has been my home for all of my 27 years."

You too can create your own personal PRC Member Story. Come down anytime during October as they celebrate 38 years in business, and get 38% off the Join Fee to become a member! Now is a great time! Call 648-5161 or visit [www.pierpontcr.com](http://www.pierpontcr.com) or facebook for more information.

### Mailbox

*Continued from page 5*

standard housing, but what seems to happen is that instead of infilling areas in the city where streets and sewers etc. already exist, the building is done on what is probably the most valuable and productive farmland in the world. And once it is taken out of farming, it is gone, never to be replaced, and there isn't going to be more made elsewhere. We can build housing on empty lots, or tear down old warehouses and buildings that have outlived their purpose, but we can't ever grow strawberries or lemons or avocados when the farms are built upon.

The proposed Hillside development (Regency 55-unit), if it passes all the geological testing, etc, at least will be built on non-productive land and will be a tremendous boost to downtown businesses, as will the proposed housing where Joe's Crab Shack was. That area (Sanjon and Thompson) is full of boarded-up stores. Ventura needs to grow its tax base and building higher-level or luxury homes adds people who pay higher taxes and

spend more money, which helps underwrite all of Ventura's services to lower income people as well as supporting restaurants and stores, and neither of these projects, nor any of the ones cited at the beginning of this letter, take farmland out of production.

The City of Ventura needs to move forward on some of these projects. I understand that water use will be an issue, but the technology exists to make new construction much more water and power efficient than the old homes, and either a city moves forward or it moves backward – it doesn't and can't stay the same.

How about an update on all the projects from your original list?

Sincerely,  
Lynne Hiller-Ventura

*Lynne: Your points are very well taken. We will work on updates of these and other projects.*

### VMF introduces season 2016

*Continued from page 1*

Theater, the New West Symphony and the many varied artists that have contributed to making our festival such a huge success for the last 21 years. With great joy we have opened our home each year for a celebration and introduction into the next years music festival season."

In 1994 the Ventura Music Festival was created calling for "creation of an artistically focused music festival Burns Taft was named its first Artistic Director. As far back as 1998 the Laby's received the first Festival Founders Award. Ventura is lucky to have them, and other wonderful supporters of the arts that help to enrich our lives.

"The Ventura Music Festival Board has recently concluded a productive year-long organizational assessment that resulted both in a renewed vision for going forward and, we believe, in a sustainable budget. The vision includes moving the Festival from May to July, which is viewed as a more optimum time for music Festivals and also provides for a pre-Festival series of more intimate concerts and events designed to bring our supporters closer to VMF, one another and the music. We're excited about the changes and feel ready to commence our search for a new full-time Executive Director," said Doug Wied.

"Susan Scott, our wonderful 'Consultant to the Festival,' has helped lead us through this important year of assessment, decision-making and renewal. While she continues to work hard on VMF plans for the coming Season, she is eager to move on to her next assignment and see VMF welcome a new ED. Please join us in thanking her and in supporting our search if you can."



The California Coast Classic Bike Tour is a scenic bike ride that takes place over 8 days and covers 525 miles along the coast on Highway 1. The Tour starts in the heart of San Francisco and ends on the iconic strand of Los Angeles with a stop in Ventura. The California Coast Classic benefits the Arthritis Foundation by raising vital funds needed to find a cure for arthritis. Money raised provides educational resources for adults and children, scholarships for our national Juvenile Arthritis Conference, kids' camps and much more. Photo by George Robertson.

# Show Time

## Sicario



by Eduardo Victoria  
 eduardovictory@yahoo.com

Denis Villeneuve's *Sicario* doesn't allow us to be a bystander – if you come at it thinking you can just sit back and enjoy, you're wrong – it'll chew you up and spit you out. At the very least, it's a compelling crime drama with unrelenting tension; what separates it from most films of its ilk however, is the way that Villeneuve and scriptwriter Taylor Sheridan deliver a nuanced take on the hopelessly twisty Mexican drug wars. Like real life, there's no easy solution to this rampant problem, nor does the film truly provide one.

After a botched raid involving rotting, mutilated corpses and a battering ram, FBI agent Kate Macer (Emily Blunt) comes into contact with a DOD consultant named Matt (Josh Brolin). If Kate will volunteer, he promises to give her a real shot at combatting the Mexican drug wars, which are spilling into her jurisdiction. After hesitantly accepting, Kate is thrust into an exceedingly complex web of deception and brutality, with no clear sign of understanding or even a way out. Clinging to her idealism and true desire to set things right, the by-the-book Kate must learn to survive in a land of wolves.

The view of the story's central conflict makes Villeneuve's film fascinating, presenting it as a breathtaking cinematic descent into hell. The deeper we go, the more nightmarish it gets, but never for the sake of shock, instead illustrating the war on drugs as a savage mobius strip that thrives on ordered chaos, supply and demand.

In the hands of any other writer or director, a film like this would go from one action set piece to another. Instead, there's a weight to everything, with humanity in the balance and poetic contrasts that are dark, yet too urgent to ignore.

In addition to the story's focused themes, the film still manages to deliver two of the most intense sequences of the year. Without spoiling things, one involves an extended excursion across the border and into Juarez, while another involves thermal photography against the pitch black darkness of night. Villeneuve's direction is as taught and tight as it gets, utilizing stunning photography from Roger Deakins to get both our minds and hearts racing as his characters face insurmountable odds psychologically as well as physically.

There are three incredible performances at its core. Emily Blunt as the idealistic Kate Macer plays a modern heroine who must confront her integrity and the impossible reality of her situation. She's in a tough spot, and Blunt allows the character to be more than just our audience surrogate, but also a relatable cipher that calls us out and makes us complicit in her journey.

She's far from a cartoony archetype thanks to Blunt's simultaneous strength and fragility, but also a fierce character clinging on to what

she believes is right. Benicio Del Toro gets the second most play in the film as the mysterious, shady Alejandro. This is one of his best performances ever, and he is the personification of what the entire film is about, challenging our allegiances through an ambiguous, primal mix of opposing character traits. Josh Brolin's Matt, provides a lot of the film's levity, but it comes with an undeniable dark side. There's a sinister slant that contrasts with his nonchalance about the entire ordeal that's a bit creepy and keeps things always on edge.

Simply put, *Sicario* isn't just one of the most intense experiences of the entire year, it's also of one the year's best, period. Villeneuve's thriller is on a league of its own, proving that action films can go deeper than empty thrills to explore the consequence and the ideas behind the chaos. My best advice to you: see this and don't forget to breathe; focused and fully formed on every level, it's an unforgettable revelation of the human darkness that lies at the fringe of everything we hold dear.

Playing Century Downtown Rated R

### Two on the Aisle

## Small Engine Repair works at Flying H

by Jim Spencer and Shirley Lorraine

On a New Hampshire evening three former high school buddies, now in their mid-30s, reunite for an evening of alcohol, testosterone, tall tales, pot and erotic braggadocio.

The three – Packie, Swaino and Frank – arrive separately at Frank's Small Engine Repair shop. Actually, Frank has invited each guy without revealing the other would be there. His ostensible goal is to smooth a rift between the others that started years ago. However, when a younger, fourth guest arrives it turns out there is a darker hidden purpose for the get-together.

This is the setting for *Small Engine Repair*, the dramady currently being presented by Ventura's Flying H Theatre Group.

Playwright John Pollono has given each character a history of underachievement. Packie is unemployed and lives in his grandmother's basement. Warehouse worker Swaino is obsessed with spreading his legend (in his own mind) as a super stud. Frank is a high school drop who started repairing small appliances when he became a father at age 17. Their back stories provide the comedy, raw dialogue, taunting and male rivalry on display in this 70-minute revenge comedy.

Enter Chad, played by Joshua Kahn. He is an entitlement-minded, over-privileged, college preppy who is a local supplier of ecstasy and pot. The social gap between the trio and the newcomer soon expands into a chasm that leads to a series of plot twists involving the internet and technology, as well as attitudes and hazards fostered by social networking.

The play features solid acting by Brian Robert Harris as Frank, Michael Wayne Beck as Packie and Eric Mello as Swaino, each of whom creates a well-defined character and gives a

# VFS 2015 Season 7

## Advanced Style

Please join the Ventura Film Society at 7:15pm on Wednesday November 11th at the Century 10 Downtown Ventura for *Advanced Style*. This 2014 documentary examines the lives of seven unique New York women, aged 62 to 95, whose eclectic personal style and vital spirit have guided and inspired their approach to aging. Based on Ari Seth Cohen's famed blog of the same name, this film paints intimate and colorful portraits of independent, stylish women who are challenging conventional ideas about beauty, aging, and Western's culture's in-

tightly balanced ensemble performance. Although, when they deliver dialogue in rapid fire fashion it is difficult to hear and catch it all.

The set of the fix-it shop designed by Flying H Theatre Group Artistic Director Taylor Kasch is superbly appointed with tools, stored detritus and things that will be needed someday. His personal garage has probably not been so empty in years because all his man cave stuff is on the set.

The direction by Kathleen Bosworth is equally artistic. The pacing, utilization of the actors, and other touches reflect a studied sophistication.

The script, first performed in 2011, is by a newer playwright. It has a few technical rough edges. For example, the playwright repeatedly uses the same

creasing obsession with youth. A loving, candid and self-searing look at women who refuse to dress or act their age. The VFS is proud to present *Advanced Style* as the 11th of 12 films in our 2015 season. Tickets are \$10 general, \$7 seniors & \$5 students and are available at the VFS Will Call table outside the theatre or in advance from [www.venturafilmsociety.com](http://www.venturafilmsociety.com). Visit our website for additional screening information and to see the film's trailer, or call the VFS Info Line at 628-2299. Special thanks to all of our donors, volunteers, and patrons, especially the Ventura Breeze, for supporting the Ventura Film Society, where we bring people together in the dark.

device for the same purpose. Three times a character abruptly announces, "I have to pee," and leaves the stage just so the action can continue as a two-person scene. Additionally, we found the ending to be less than equal to its build up. Nevertheless, the play is current, significant and for adults only.

*Small Engine Repair* plays Fridays/Saturdays/Sundays, October 9-18, and Thursdays/Fridays/Saturdays, October 22-31. Sunday matinees are at 2 p.m. All other performances are at 8 p.m. Flying H Group Theatre Company, 6368 Bristol Rd. (between Johnson Dr. and Victoria Ave.) in the Montalvo area of Ventura. All seats \$15. Cash or check only at the door. Reservations recommended 901-0005. Advance tickets on-line at <http://engine.brownpapertickets.com>.

## Feeding the Hungry at the Ventura Saturday Farmers Market

On Saturday, October 24, Food Forward will launch its 16th Farmers Market Recovery site, at the Ventura Downtown Farmers Market. One hour before the market closes, a team of volunteers, sporting Food Forward aprons and hats will fan out, collecting donations of unsold produce from the vendors for donation to those in need. Food Forward's Farmers Market Recovery Program has collected and donated 875,000 pounds of fresh produce in three years, and Ventura will be their first market in Ventura County.

On any given Saturday morning, shoppers at the Downtown Ventura Farmers Market stroll the rows of locally-grown vegetables, freshly baked breads and juicy fruit. Trucked in early that morning, vendors sell the majority of their food but, inevitably, at the end of the market some food remains unsold.

So, what happens to this unsold produce? By the time the vendor takes it to their next market day, it will likely have lost its freshness. Volunteers convene at the markets, distribute boxes to farmers wishing to donate and then collect and weigh the boxes of full produce at the end of the market. 100% of what is collected is donated to direct-service agencies within a 10-mile radius of the market.

Volunteers are needed for both the Farmers Market Recovery team, and for harvesting from farms, orchards and

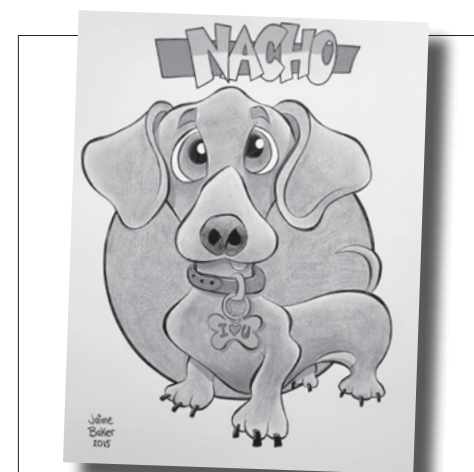
backyards. For more information on Ventura County volunteer opportunities, email [ally@foodforward.org](mailto:ally@foodforward.org), or call 805-630-2728.

Food Forward started in 2009 with the simple idea of connecting the abundance of fresh fruits and vegetables with food insecure people in our communities.

## Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**10-1** 10:15am, while on patrol in Boat 17 an officer observed a capsized kayak and the operator in the water. The kayaker and kayak were rescued and taken to Ventura Harbor Marina dock and released without injuries or damage.



Scamp: This is one of my dog buddies as painted by my friend Jaime Baker. If you would like a dog portrait let me know and I will tell him. He would probably give me a dog treat commission.

# Lighter Breeze

## Baby Blues



## Mother Goose and Grimm



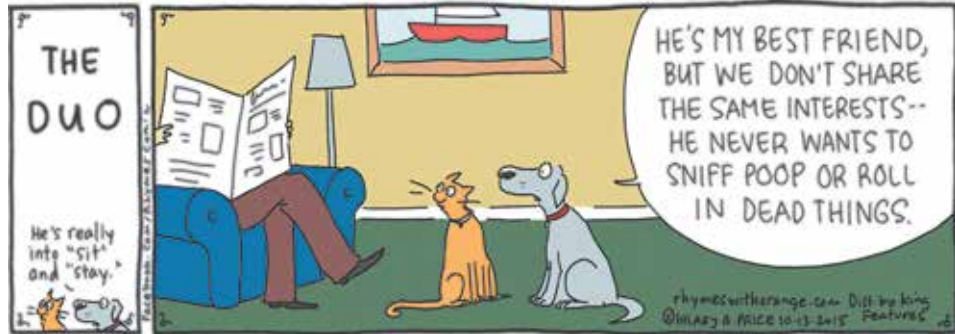
## Barney Google and Snuffy Smith



## Hi and Lois



## Rhymes With Orange



## Sam and Silo



Solutions on page 17

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://www.venturabreeze.com))

9			3		6
2	1			6	7
		6	2		4
	8		5		9
6			4		1
		9		8	2
5		8			3
	2			7	8
	7		6	4	

### Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★**

★ Moderate   ★★ Challenging  
★★★ HOO BOY!

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Solutions on page 17

## King Crossword

### ACROSS

- 1 Dinner for Dobbin
- 4 Anger
- 8 Old portico
- 12 Anger
- 13 Stench
- 14 Seafood selection
- 15 Healthy
- 16 Withered
- 17 Ceremony
- 18 1939 Shearer/Gable movie
- 21 Last (Abbr.)
- 22 Hurry along
- 23 Succulent
- 26 Lair
- 27 Shrill bark
- 30 Pruritic feeling
- 31 Mongrel
- 32 Points of concentration
- 33 Spelldown
- 34 Cranberry territory
- 35 GPS offering
- 36 Total
- 37 Pair
- 38 Delusory happiness
- 45 "M\*A\*S\*H" star
- 46 Bank transaction
- 47 Bear hair
- 48 Property claim

1	2	3	4	5	6	7	8	9	10	11
12			13				14			
15			16				17			
18			19				20			
			21			22				
23	24	25			26			27	28	29
30					31			32		
33				34			35			
			36			37				
38	39	40			41			42	43	44
45					46			47		
48					49			50		
51					52			53		

- 49 Oklahoma city
- 9 Advanced math
- 10 Solemn promise
- 11 Drive the getaway car, maybe
- 19 "That hurts!"
- 20 Jeremy of the NBA
- 23 Triangular sail
- 24 Multipurpose truck
- 25 Lemieux milieu
- 26 Shoveled
- 27 Second person
- 28 Performance
- 29 Slapstick missile
- 31 Intricate
- 32 Comestibles
- 34 Clear the tables
- 35 Kigali's land
- 36 Point of view
- 37 Teach by repetition
- 38 Plummet
- 39 A little of everything
- 40 Rhyming tributes
- 41 Top-notch
- 42 Uncertain
- 43 Certain
- 44 Cupid's alias

### DOWN

- 1 Stereo setup
- 2 Saharan
- 3 Bigfoot's cousin
- 4 Pretty much
- 5 That is (Lat.)
- 6 Han Solo portrayer
- 7 Refrigerator section
- 8 Temporary

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Go to [www.venturabreeze.com](http://www.venturabreeze.com) for your daily horoscope

**ARIES** (March 21 to April 19) Some flashes of Aries ire might erupt as you confront an unusually bewildering situation. But you should be able to keep your temper under control as you work through it.

**TAURUS** (April 20 to May 20) That marriage 'twixt the arts and practicality that Taureans excel at once again highlights your enjoyment of much of the week. However, you need to watch any sudden urge to splurge.

**GEMINI** (May 21 to June 20) Even with all the plusses apparently outweighing the minuses, you still might want to defer an important decision to make sure you have all the facts you need.

**CANCER** (June 21 to July 22) One or two problems might threaten to derail otherwise smoothly running situations at work or at home. But a few well-placed words should help get things back on track quickly.

**LEO** (July 23 to August 22) This could be a good time for all you Leos and Leonas in the spotlight to open your generous Lion's hearts and share the glory with those who helped you accomplish so much along the way.

**VIRGO** (August 23 to September 22) You might want to get advice from someone who's been there and knows these situations better than you do,

before investing time or money (or both) in a questionable matter.

**LIBRA** (September 23 to October 22) Be careful how you handle a workplace matter that seems out of place in the schedule you've prepared. Before you act, one way or another, find out who set it up and why.

**SCORPIO** (October 23 to November 21) Your entertainment aspect is strong this week. Besides providing a wonderful break from everyday obligations, sharing fun times brings you closer to those you care for.

**SAGITTARIUS** (November 22 to December 21) Having a weekend fun fest? Your friend or relative who's down in the emotional dumps could perk up if you find a way to include him or her in your plans.

**CAPRICORN** (December 22 to January 19) If you're in one of those "the Goat knows best" periods, you might want to ease up and try listening to what others have to say. You could learn something.

**AQUARIUS** (January 20 to February 18) That new challenge is getting closer, and you should be out there now showing facts and figures to potential allies to help persuade them to rally to your support. Good luck.

**PISCES** (February 19 to March 20) Getting a head start on holiday plans could help free up some time later to spend on other projects. Meanwhile, a colleague has some ideas that you might find worth discussing.

**BORN THIS WEEK:** You are always there for others, and sometimes you need to be reminded that you need to be there for yourself as well.

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## Art, a la Carte

On occasion we will be featuring the art work of Breeze staff. This drawing is by Ventura Breeze co-founder **Staci Brown** who is now a Ventura County Social Worker, but we still think of her as staff.



Ventura County Potters' Guild presents **Harry Poliak's Clay Journey** at the Ventura Avenue Adult Center, 550 N. Ventura Avenue, 648-3035

Monday, October 26, doors open at 7 pm, program begins at 7:30 pm.

Harry Poliak was born in 1952 and grew up in South Africa during the Apartheid regime. As a child, the need to travel into the inner recess of his mind and connect to creativity abounded. Influenced by his African roots, he spent many moments entering the realm of ancient art fed by Africa's multicultural identities. Poliak moved to Canada in 1977 where he began replanting forests and where he trained and worked as a cabinetmaker. In 1985 he married a potter. By 1990 he had shifted his focus primarily to clay and started the journey as a production potter making both functional and sculptural ware. Currently Poliak's work is sculptural. In 2000 he relocated to the USA where he pursued opportunities to work in community arts, education and youth development and continue his journey with clay. Poliak will be doing a hand building demonstration of his working process.



This painting, acrylic on canvas, by **Duane Simshauser** can be seen in the permanent Ventura's Municipal Art Collection in the corridors of the Ventura City Hall. The Municipal Art Acquisition Program was established in May, 1999. Simshauser has a Bachelor of Arts degree from Eastern Washington University. To him "Birds offer interesting shapes, patterns and attitudes."



Artist **Cassandra Tondro** hosts her first-ever Ventura Open Art Studio event on Saturday, October 17th from 4-6pm. Tondro moved to Ventura in 2014, and built a dream studio behind her home on the East End of the city.

Tondro is known for her bright and colorful abstract paintings created using leftover house paint that she rescues from recycling centers.

The Open Art Studio will feature a display of Tondro's latest paintings from her "Picture This" series as well as new work from her popular "Organic Series." Her artwork can be seen on her website at [www.tondro.com](http://www.tondro.com).

Studio located at 10446 Hewitt Street, Ventura, 918.7140.

Focus on the Masters kicks off its 2015-16 Artist Spotlight season on Nov. 7 in the Screening Room of Brooks Institute in Ventura. The Spotlight interview will feature the inkspots. Founder **Virginia Furmanski** will be joined by Bay Hallowell and Inés Monguió in a panel discussion led by Dr. Judy Larson. The inkspots were formed in 2007 by Virginia who explains that the group is greater than the sum of its parts. "We take classes together. We learn new techniques."

Four Ventura artists interested in printmaking formed the original inkspots group in 2007 by pooling their resources and creating a printmaking studio at the Sea Breeze Gallery in Ventura. The inkspots of San Buenaventura are a group of artists dedicated to creating original prints using a variety of techniques including etching, collagraph, linocut, monoprint, monotype, woodblock, and digital manipulation.

Spotlight interviews are free to FOTM Members, \$10 for general public, \$5 students and seniors.

Immediately following the interview guests will gather at 643 A Project Space for the AfterGLOW Fundraising Event. Paid reservations are required for the AfterGLOW: \$25 for FOTM members and \$35 for non-members. An exhibit of works by inkspots artists will run from November 6 through December 19 at 643 A Project Space.

Tickets for both the panel discussion and the AfterGLOW are available online at: [www.FocusOnTheMasters.com](http://www.FocusOnTheMasters.com) or by calling 653.2501.

Also during the First Friday ArtWalk on Nov.6 the inkspots will have an opening reception from 5:00-8:00 p.m. 643 A Project Space, 643 N. Ventura Ave.



# SEASIDE SPOOKTACULAR

## SATURDAY, OCTOBER 24



**Howl-O-Ween**  
DOG COSTUME CONTEST  
NOON | CAROUSEL STAGE  
FREE ENTRY! PRIZES FOR:  
MOST SEA-WORTHY, CUTEST,  
SCARIEST, CREATIVE/ORIGINAL  
& BEST IN SHOW

**Safe Trick-Or-Treat**  
1-3 PM | HARBOR VILLAGE  
GATHER FAMILY & COSTUMED  
LITTLE ONES TO SAFELY  
TRICK-OR-TREAT SEASIDE  
FROM SHOPS & RESTAURANTS.  
BRING A GOODY BAG!



**Thrill the World**  
3 PM | VILLAGE MAIN LAWN  
ZOMBIES, CREATURES &  
GHOULS GATHER TO DANCE TO  
MICHAEL JACKSON'S "THRILLER"  
TO BREAK THE WORLD RECORD



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\*Cash only price, must be rendered  
at the time of service.

**October is  
Breast Cancer  
Awareness Month**

Throughout the month low-cost early breast cancer detection is available for women who schedule a screening mammogram.

In addition, our Healthy Women's Program provides early breast cancer detection and surgical intervention for uninsured or underinsured women who qualify.

**For more information  
about The Breast Center call  
805/652-5093 or visit  
[cmhshealth.org/breastcenter](http://cmhshealth.org/breastcenter)**



**The Breast Center**  
Community Memorial Health System

**Digital Mammography  
Available in Ventura.**

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### Thursday, October 22, 4-7pm

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**Holiday entree's, sides, desserts, pastas,**  
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