



# VENTURA BREEZE

Your Hometown Paper

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The Ventura Breeze is publishing a series of interviews in the coming weeks with non-incumbent candidates who are campaigning this year for four open seats on the Ventura City Council. This is an effort to provide information to voters throughout the city who may be less familiar with candidates who are not currently sitting on the council. The Breeze also encourages city residents to attend at least one of the many community debates that will be held throughout the city this fall.



Lorrie believes that her background in community development will serve her well on the City Council.

## Lorrie Brown

by Tim Pompey

Lorrie Brown is a Ventura native and a graduate of Buena High School and Ventura College. She has a B.A. in communications and a Masters in public policy and administration from California Lutheran University. She currently works for the city of Oxnard as an administrator in community development.

In addition, she has been involved in a variety of community activities. She sat on the supervisory committee for the Pacific Oaks Federal Credit Union. She served on the board of CAUSE for three years. She was a founding member of the United Women's Leadership Council through United Way. She has also sat on the Ventura advisory parking committee and served as a community coordinator for the NAACP.

Brown believes that her run for office is a calling. "I've known that I wanted to run for office ever since I was a child," she said.

As an African-American woman, she knows that part of that calling means representing people from different



These are amongst several new construction projects happening now or soon in Ventura.

## 10 projects that will change the face of Ventura - Part 1

by Rebecca Wicks

Signs of life are beginning to be seen again in Ventura's construction and development sector after developers had put the brakes on the majority of projects in the city due to years of sluggish economy. Across Ventura, residential and commercial projects are starting to gain momentum again, many of them bound to have significant impact on the

city - some single projects alone adding hundreds of residential units.

City of Ventura Planning Manager Dave Ward was quick to point out many of these projects are not new and have been in the works for years.

"Ventura is not rapidly changing, a lot of projects while heating up now, have been cooking so to speak for more

than ten years," said Ward who stressed the city's growth rate is still relatively low. "With the changing economy, many older projects that hadn't moved forward have come back recently with new sources of financing, or retooled as slightly different projects."

According to Ward, a number of projects have been reworked - changing for-sale units into rental units, or at least the option to do either.

The Cannery Row project on Ventura Avenue just north of Main Street, which is nearing completion is such an example. Originally submitted in 2006 as 78 for-sale condominiums, the developer received approval for the option to make them into apartments in 2012. Ultimately, the project ended up as for-sale condominiums. Mayor Mike Tracy believes this project in particular can be a catalyst for the area.

"I think The Cannery project really shows the potential for that kind of property which is available on the west side," said Tracy. "It's at the gateway to Ventura Avenue as well as on the edge of downtown, which means it's bringing more residents to that area which it needs, and it's really nicely done."

With nearly 50 new construction projects on its list, the City's planning groupsaw noteworthy movement forward

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cultural backgrounds. As she explained: "I just want all communities to know that they have a voice, and that means women and people of color."

She believes that her background in community development will serve her well on the council. "I understand how private business works with the city," she stated. "The background that I'm coming from and the fact that I've worked within a city agency is important."

Her vision of city government is one in which the city becomes more effective in raising and administering tax dollars. "I have a mind for Ventura business," she said, "and I would like to continue to develop sustainable economic development strategies."

Part of that strategy would be to diversify the city's economic portfolio. For example, she suggests raising the transitional occupancy tax, taking greater advantage of state and federal grants and funding, and redeveloping the city's industrial areas.

She also believes that the city is going to have to improve its relationship with private developers. "The city is going to have to work directly with developers in terms of redevelopment," she said. "They're going to have to find creative ways to fund projects."

She suggests that city residents could work to develop special districts such as a hillside district to help mediate property runoff or a Thompson Boulevard district to provide more business development.

For Brown, the key to all of this

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Meehan is concerned for the well-being of local families in the city.

## Paul Meehan

by Tim Pompey

Paul Meehan, who has a B.A. in environmental studies from UCSB, began his career in the early 1990s as an intern for the Channel Islands National Park Service. He fell in love with the islands and when the owners of Island Packers offered him a job, he took it. Over the next dozen years, he worked for Island Packers as a deck hand, a naturalist, and a boat captain.

He then moved on to become a park ranger—first at Anacapa Island, then Lassen, and finally at the Virgin Islands National Park.

Three years ago, after he moved back to Ventura with his family, he was offered a temp job at FedEx as a software installer. Eventually they hired him on

as a permanent employee.

This is Meehan's first attempt to run for any kind of elected office. His role as a father and his own life transition (he just turned 50) have heavily influenced his decision. "It made me realize that you can't expect Ventura to be at its best from the sidelines," he said, "so I wanted to be more active in the decisions that would affect the place where my kids would grow up."

His concern for the well-being of local families in the city has shaped his campaign. "I don't feel I'm represented as a father of a young family," he stated. "I don't feel there's that voice on the City Council currently."

One of his biggest family concerns is the rising crime rate in Ventura, something which he knows from personal experience. "I've been affected by crime at my house," he noted. "My neighbor's house has been ransacked. Some friends of my wife, their house was broken into. I'm really concerned about public safety."

When it comes to budgeting and finance, Meehan thinks that the city needs to provide more common sense education to its citizens. "I'd like to help translate the budget for more people," he explained. "And if I can make that a more readable document for people, then I think we can address some of our financial issues."

Then there's the issue of city management: "I'd like to uncover places where we're wasting money and time. I feel like

Continued on page 13

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<sup>2</sup> Introductory APR for six months, based on your creditworthiness. After that, your APR will be 7.25% to 16.25% your based on your creditworthiness. This APR will vary with the market based on the Prime Rates. For complete details, visit [cbfcu.org/home/cards](http://cbfcu.org/home/cards). Rates shown are effective August 20, 2013 and subject to change without notice.

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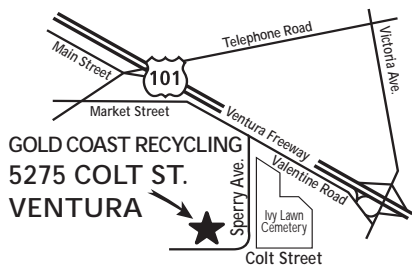


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## City News



Be sure to place recyclables in the right container.

## New trash and recycling bins

This past August, The City of Ventura Environmental Sustainability Division, in partnership with the Downtown Ventura Partners (DVP), installed 30 Big Belly trash and recycling bins. These containers are state-of-the-art, using solar power to self-compact trash, which reduces the amount of necessary pick-ups, saving money. These bins provide easy recycling at each trash container too. This will help Ventura to divert even more recyclables from the landfill, encourage public recycling, and eliminate unsightly scavenging of recyclables.

There are also now 4 sets of new City trashcans on lower Seaward. They are locked so that the transients can't get into them and steal the recyclables.

Each Big Belly Bins hold about 150 gallons of trash – five times the volume of an ordinary trashcan. Recyclables go in one receptacle and trash goes into the other. Each bin clearly indicates what goes where in case you forget.

"The solar panels located on top of the Big Bellies, absorb the sun's energy and then trickle charge a battery located inside the machine," states Joe Albrecht, Sales Director, Big Belly Solar, Inc., "The trash compacter has two photo eyes which produce a beam. When the trash inside the unit breaks that beam, it sends a signal to the machine that it needs to run a compaction. When the bin is full, it has built in software that alerts service crew as to which bin is full and needs to be emptied."

"Ventura is currently at a 74% diversion rate," added City of Environmental Specialist Courtney Lindberg. "The new state mandate AB341 introduces an increased diversion rate from the previous goal of 50% to a

more aggressive 75% by 2020. We'll definitely be able to reach our target. By using non-general fund AB939 money to purchase the Big Bellies, we are directly saving the City money to our general fund by significantly reducing the trash service levels."

"The past several years, the City of Ventura has been working on a number of beautification efforts," said City Councilmember Christy Weir. "We've partnered with Downtown Ventura Partners on these new Big Bellies, because not only do they help us save on trash collection, they allow for advertisement panels to be used for public services messages. It's a win-win-win all the way around."

Hopefully the advertising on them will be much more monitored and approved (maybe by the design review committee) before being placed on them so that they are more attractive than the ones on the current trash bins. By the way these were supposed to be just beautiful pictures of Ventura with subtle advertising. Ventura doesn't want to look like one big advertisement as we do now with "used car" type banners waving in front of many businesses. Which are illegal without very limited time permits. Plastering the city with ads might not be helping our "beatification efforts".

## Business

### Are you in pain?

Ventura Pain & Spine Physicians, Inc., a medical practice specializing in advanced non-surgical treatments for pain, has announced its grand opening in Ventura. Heading the new practice is Dr. Leo Lombardo, a board-certified anesthesiologist and fellowship-trained pain management specialist. As the practice's founder and medical director, Lombardo will be offering new and advanced interventions using X-ray, radiofrequency ablation, ultrasound-guided injections, and spinal cord stimulation, to treat back pain, neck pain, sciatica, as well as many other painful conditions.

Lombardo completed his pain management training at the University of California, San Diego (UCSD) Center

*Continued on page 20*

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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

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PUBLISHER

Sheldon (Governor) Brown  
publisher@venturabreeze.com

Assistant to the PUBLISHER  
Ana Baker

PET EDITOR  
Professor Scamp  
scampclub@venturabreeze.com

CONTRIBUTING WRITERS  
Tim Pompey • Rebecca Wicks  
Nanci Cone • Karlene Lang  
Veronica Johnson • James Spencer  
Shirley Lorraine • Sheli Ellsworth  
Emily Thiroux • Michael Kohli  
Eric Garnier • Danielle Peak  
Elizabeth Rodeno  
Bianca Rose Martinez  
Richard Lieberman • Es Cole  
Jeannie Collins • Angela Rosales

CONTRIBUTING PHOTOGRAPHERS  
John Ferritto • Bernie Goldstein  
Jon Osumi • Richard Lieberman

INTERNS  
Gina Randazzo—Ventura High School

SOCIAL MEDIA  
Justin Shelton

DISTRIBUTION  
Jaime Baker • Fred Kastel  
Lance Cole • Briana Gutter  
Mary Thompson • Sandra Cox

SENIOR ADVISORS  
Nanci Cone • Suz Montgomery

ADVERTISING ADVISORS  
Staci Brown • Breezy Gledhill  
Tim Sebek

PRODUCTION  
Alfred J. Lewis/studioNothing  
alfred@studioanything.com

PROOFREADING  
Nola Grunden

PRINTING  
American Foothill Publishing Co.

REACHING US:

EVENTS & HAPPENINGS  
events@venturabreeze.com

OPINIONS  
opinions@venturabreeze.com

ARTICLES AND PHOTOS  
editor@venturabreeze.com

ADVERTISING  
advertising@venturabreeze.com

## Ventura Breeze

1575 Spinnaker Drive, 105B, Box 393

Ventura, CA 93001

Phone/Fax 805.653.0791



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We encourage you to send your opinions to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please limit them to about 300 words.

### Breeze Mailbox,

The homeless need to be recognized as individuals with unique needs. Taking these individuals out of river-camps and placing them in motels has done nothing but place the burden on the neighborhoods. I live on the beach and

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher

■ I know that city council elections are a little ways off but I would like you to know my thinking at the moment. These are not recommendations but who I will be voting for. My opinion

doesn't mean much more than yours so vote for who think will be the best for Ventura.

Mike Tracy will be the only incumbent that I will be voting for.

The reason being is that I believe in terms limits (I'm still debating whether it should be 8 years or 12 years). When mike has served that long (assuming he does) I will not vote for him.

I also think that he has served us well and brought something that has surprised me to the council, a refreshing sense of humor. Who would have thought that for the ex-chief of police?

I think that the other 2 incumbents have served the city admirably and always in the best interest of the city but that it is time for them to move on.

I will also be voting for Deputy District Attorney Erik Nasarenko. I think that he would bring a lot to the council. He is young, very dynamic, intelligent and likable. A very up personality that will be refreshing on the council.

I might just vote for the 2 of them, I know last election I voted for 4 and that just dilutes what each gets totally and means that they might not get elected.

I would also like to see the council look at some other revisions to our city charter (other than term limits) after the elections.

Perhaps have an elected mayor, council districts, fewer council members and I think that it is time for them to get a raise.

■ The Music Under the Stars summer concert series, at the historic Olivas Adobe was a full house for the final event to see Lisa Haley & the Zydekats. If you haven't seen these outdoor concerts you must attend next year. A wonderful concert series to attend and enjoy our summer.

■ The Fall Harbor View Newsletter is

inserted in this issue. Nice that they feel that the best way to get them to the most Venturans is through the Ventura Breeze.

■ Former Hells Angels leader George Christie Jr. has been sentenced to 10 ½ months in prison in connection with the bombing of two Ventura tattoo shops in 2007.

Christie, 66, will begin serving his sentence in about two months. Christie and three others were arrested in 2011 on suspicion of taking part in bombing Scratch the Surface and Twisted Ink, two Main Street tattoo shops.

He has been jailed before but his attorney was happy with this short sentencing, as he should be.

■ Property owners will still have time to apply for Ventura's amnesty program for unpermitted second dwelling units, but things just got a little more stringent.

The amnesty program was started in mid-2011. It allows owners of "illegally" converted second dwelling units, often called "granny flats", to bring them into code compliance at what would have been the city costs when the work was first done. In some cases, that's thousands of dollars in savings and it isn't always easy to determine when they were even built.

Last fall, the city directed the staff to look into expanding the program to other residential and commercial building projects. The council ultimately rejected such an expansion, but, at that time staff members learned they should have been requiring energy upgrades mandated by the California Energy Commission.

So they added a 6-page energy checklist to ensure the units have proper windows, insulation, lights and water heaters, among other things.

The energy requirements will not apply to people who have received their final permits.

I will share my thoughts on this "amnesty program" in a future issue.

■ In the never ending Joshue Parker fiasco (you can call it a trial) for now Ventura County Deputy District Attorney Michael Frawley will remain as prosecutor in the state's case against Packer, who is accused of

killing a couple and their unborn child in their Faria Beach home in May 2009.

Packer's defense lawyers have been trying this year to have Frawley removed from the case. They say his presence is a conflict of interest in part because his children spent time in a Christian youth group with Packer in high school.

This guy could die of old age before this goes to trial.

■ Six-hundred CLU (Cal Lutheran University) students partnered with City of Ventura to clean up the Santa Clara Riverbed on Sept. 3 on city-owned property between the Olivas Links Golf Course and Harbor Blvd. City staff and students removed an unbelievable amount of debris as a result of unauthorized homeless encampments in the riverbed. Some actually being small "homes".

This is the 6th year the Volunteer Ventura Program has partnered with CLU as part of the university's "You Got Served" service learning project. From 2008-2011, this partnership effort removed more than 36 tons of trash and debris from the Ventura Riverbed. And in 2012, city staff and students removed invasive ice plant from the Ventura Harbor Wetlands Ecological Reserve.

This removal was even more difficult (if possible) because of the amount of debris and landscaping.

Rob Orth, Social Director, Salvation Army, was there and stated:

"Deep breath..."

"Just as an update for this week's Santa Clara effort, 19 people took us up on case management and housing, we shall see how many follow through. Probably another 40 that 'moved on' not wanting assistance. Amazing amount of debris, last count as of today was 39 tons. CLU students will be back on Sept 3rd for general rubbish removal...which there is a lot of.

"We now have our housing specialist on board, she just started and we are hoping that will get us some housing prospects we didn't have previously..."

"Thanks for all you do in getting the word out."

## Mailbox

have, or tried, to speak to several of these individuals and find the reason for their plight uniquely different. "Homeless" is a misnomer. Developing individual solutions is urgent.

With the great minds of Ventura, our charitable people and the many organizations available, we need to come up with a method of dealing with the "homeless" other than simple relocation. For example, entry job application. Nia Kedward

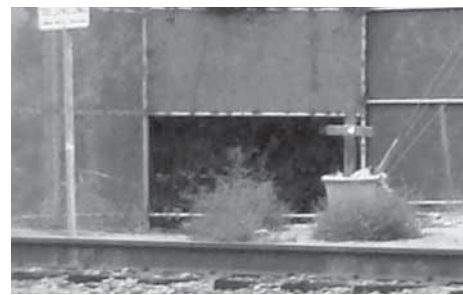


Breeze:

I live at River Haven. We have pets that were left behind after they cleaned the people and trash up. They didn't take/remove the pets. We have had a total of 9 cats come to us and one dog. The dog was taken by animal control. The cats are still around. I have sent along with this e mail pictures of two of three kittens. There mom and dad are still around.

We don't have money to care for

them.  
Craig Shaw/El Moreaux



Editor:

I see that the security fence install around the "pedestrian" crossing of

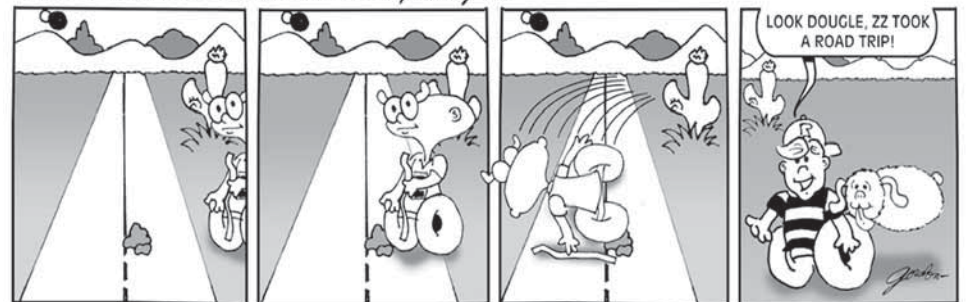
Union Pacific, from mid-town to Vista Del Mar has been cut once again.

I understand that it is an inconvenience being there but I'm not sure why some people think that they can do this. Union Pacific, just as you would around your property have the right put a fence up and the person cutting is breaking the law, as they would be cutting through your fence.

Perhaps the residents in mid-town should start working with city, and Union Pacific regarding the installation of a pedestrian ramp over the tracks.

Diane Louise

### THE WHEEL WORLD by Steve Gordon



The Wheel World is created by local cartoonist Stephen Gordon. If you are an amateur artist who wants to be published send us a few of your cartoons for consideration. [editor@venturabreeze.com](mailto:editor@venturabreeze.com).

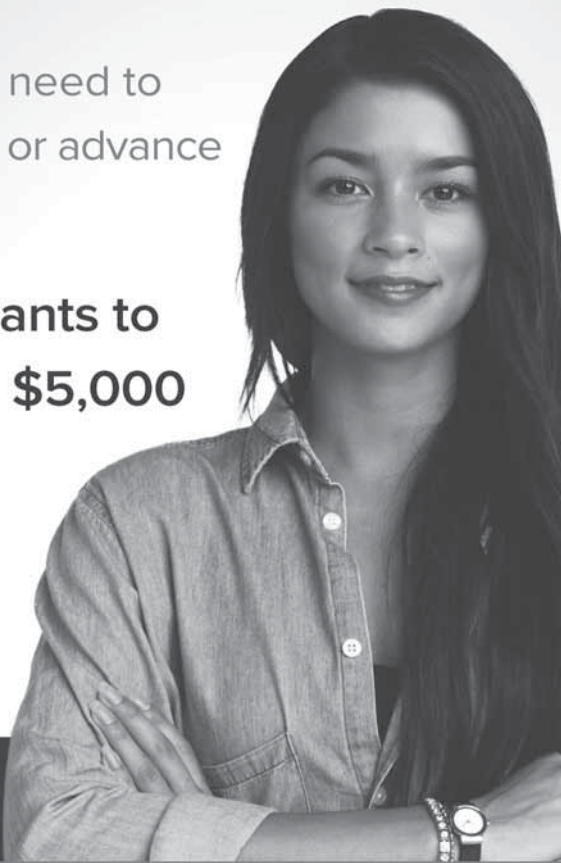
Youth is a quality, and if you have it, you never lose it.  
— Frank L. Wright



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#### Compassionate Eating

## Vending toxins at VC

Opinion by Bianca Rose Martinez

Eating healthy food is a key element in our body's ability to absorb nutrients, function properly and prevent ourselves from getting diseases right? So why are our students at Ventura College reduced to eating harmful, processed carcinogenic "food-like substances?" It has come to my attention that due to "budget cuts" the College cafeteria has been closed and now only offers, sodas, candy and other items that have questionable ingredients. Is this the kind of fuel that is supposed to be shaping the young minds of the future? I think

not. Outraged by the lack of healthy choices, student and president of the holistic health club, Stephanie Bucklin has decided to speak up and take action about the decisions being made that are affecting her and fellow students.

"These vending machines have turned our student lounges and former cafeterias into toxic food environments, encouraging students and faculty alike to create poor eating habits," says Bucklin.

At the beginning of the Fall 2012 semester, First Class Vending began offering the Ventura Community College a tremendous quantity of unhealthy snack and meal choices. The concern regarding these "unhealthy" foods is primarily due to their high content of potentially toxic food additives, and secondly due to their high levels of sugar, salt and fats. The most common

## Community Events

food additives used in processed foods that may cause allergic reactions include aspartame, nitrites/nitrates, sulfites, monosodium glutamate (MSG), food colorings Red No. 3 and Yellow No. 5, BHA or BHT, parabens, and benzoates.

Fortunately thanks to the efforts of people like Stephanie more of us are becoming aware of these harmful ingredients now lurking in our food. It takes a lot of caring, dedicated people to get the word out about how we can take charge of our health and not succumb to obesity, cancer, heart disease or diabetes. Many of these illnesses are preventable and even reversible with a whole-food diet.

Next month is vegetarian awareness month at VC, which will include speakers, films, demos and other activities. Since county and district regulations have made it almost impossible to offer healthy food samples to students (even in the form of fresh fruit like organic apples) it's up to us as individuals to commit to taking better care of ourselves and demand better quality nutrition in our schools.

There will also be "A Taste of" event in downtown Ventura on Sept. 27th that will offer delicious vegan and vegetarian nibbles from local restaurants and vendors along with several short films and talks on how our food choices affect our health and our planet. Location will be at SRC Social Hall, 420 E. Santa Clara St., starts at 6pm (\$10 dollar suggested donation). For more information on the dangers of food additives and solution based alternatives for our college cafeterias search "Vending Toxins to the VCCD Masses" at [love-warrior-consulting.net](http://love-warrior-consulting.net).

of PFSA (Council #124) meets on the **fourth Thursday of every month**. The council encourages anyone of Portuguese descent or interested in the Portuguese culture to join the group. For information on becoming a member of the local PFSA or attending any of the regular meetings, please contact either Helen Rolls at 988-0964, or, Cora Corella at 483-6285.

Would you like to meet new friends? Do you need more than tweeting or blogging to express what's on your mind? Whatever the reason, **Ventura's Conversation Group** is the right outlet for you. This eclectic group meets **Wednesdays from 4 to 6pm** at the Adult Recreation Center, 420 E. Santa Clara Street. People of all ethnicities, education, incomes, personalities, and interests are welcome. No topic is off limits.

For anyone thinking classical music in the 21st Century US, send them to **Camerata Pacifica's opening program** of its 24th season. Of 4 composers, 3 are American and 1, the Chinese-born Huang Ruo, has lived and worked in the US for all of his professional life.

Camerata Pacifica's musicians are drawn from around the world, brought together to celebrate this great music. This is a time in which classical music is being forced to make many adjustments, some of them very painful for sure. Camerata Pacifica is proud to be a part of that movement.

Tickets for the concerts, as well as additional information on Camerata Pacifica can be found at [www.camerata-pacifica.org](http://www.camerata-pacifica.org) or by calling 884-8410.

**Sept. 19: Channel Islands Maritime Museum** speaker series proudly presents an evening with Marla Daily, **A step back in time**. Find out about the fascinating history of the eight Channel Islands, the oldest human remains found in the US, ranchers, fisherman, foxes, eagles, early explorers and more.

Entry is free for members, non members \$5, seniors \$3, children free. Limited seating is available.

Event will be held on Thursday starting 6:30pm for social hour and refreshments. Location is at 3900 Bluefin Circle Oxnard, CA 93035 984-6260 [www.cimmvc.org](http://www.cimmvc.org)

**Sept. 21: David Snow of Garden Designs** will offer a **free monarch butterfly seminar and workshop** from 9:30 to 11 am on Saturday at the Dudley House located at the corner of Ashwood and Loma Vista Roads. Topics will include creating a monarch butterfly way station using nectar and host plants to attract monarchs. The seminar will also discuss germinating, growing and transplanting milkweeds as well as education, conservation and preservation of habitat. Milkweed plants and seeds will be available for purchase. Light refreshments will be offered. Contact David Snow at [dsnowdesign@earthlink.net](mailto:dsnowdesign@earthlink.net) or 390-7227 for more information.

**Sept. 21: Ventura Voices for Peace** invites you to a **celebration of Peace Day 2013**. Event will be held on Saturday from 3 to 7 p.m. at the Topping Room of the EP Foster Library, 651 E Main Street. Screenings of *The Day after Peace* by Peace One Day founder Jeremy Gilley. Live global broadcast of Peace Day Celebration 2013 and PeaceBeats 2013. Complimentary DVDs featuring Peace for People, Words of Peace and music will

## The River Community Church presents mind-boggling magic

Danny Ray, a world-renowned illusionist, presents an evening of magic, laughter, and inspiration taking place at The River Community Church on Sunday, October 6 at 5:30 P.M., located at 889 E. Santa Clara St.

The River Community Church is proud to welcome Danny Ray for his fifth appearance. This one-night only event will be a presentation of Danny Ray's new show with seven all new illusions that were just introduced to the public for the very first time this past February. Danny will be sharing God's powerful message while captivating the audience with his incredible sleight of hand.

There is no entrance fee and all are welcome. For more information about the event, please call 648-7955.

Danny Ray's passion is to empower people to "run a better race" in life. He does this through making people laugh, and blowing their minds with unique illusions. Danny Ray has had the privilege of captivating millions of people around the world.

## Ventura events

by Ana Baker

The **Portuguese Fraternal Society of America** will be gathering for a **potluck luncheon** of traditional Portuguese food. The local chapter

## Dr. Ron Magnusson is back in Ventura!



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Light continental breakfast at 7:30 a.m. Program begins at 8:00 a.m.

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SEMINAR SERIES

## Community Events

be distributed.

**Sept. 21: Join An-Lac Temple, Citizens for Peaceful Resolutions (CPR), and Insight Meditation of Ventura** in celebrating the **United Nations Day of Peace**. The event will take place at Plaza Park, on Santa Clara, across from the post office. Meditation led by Bhante Sutadhara at 6p.m., Peace presentation led by Dr. Bob Dodge, CPR, 6:30 p.m. Peace Circle, chanting, and Candle Lighting Ceremony, followed by singing by Brid Simon, 6:45 p.m., and more.

**Sept. 26: The Ventura Chamber** invites you to join them for **The Mix! – and evening networking mixer** hosted by Ventura Community Bank, 3130 Telephone Road. on Thursday from 5:30pm – 7pm. Come and network with Chamber members and local businesses. Bring your business cards and door prizes (optional) for more exposure. Light appetizers will be served. This event is open to the public.

**Sept. 27: The Ventura Poinsettia Dance Club and the Ventura Jazz Orchestra** invite you to a special event, the **September Swing Big Band Dance**. They will be featuring the vocal styling of Donna Greene to an 18 piece traditional Big Band. Event will be held on Friday from 8p.m. to 10:30p.m. at the Poinsettia Pavilion Ballroom, 3451 Foothill Road. Admission is \$15 at the door. Free refreshments and parking will be provided. For more information call 648-1143.

**Sept. 28: The 2nd Annual Banana Festival** held at the Port of Hueneme on Saturday, announces its exciting entertainment line-up. The musical

entertainment will play continuously throughout the day with a variety of music to suit all musical preferences. The line-up is as follows:

11a.m. to Noon, Colin Gilmore, Americana/Country, 12p.m. to 1:15 p.m. Hard-Times Band, Blues, Country, Americana & Rock.

1:45p.m. to 3p.m. Acadiana, Cajun/Zydeco.

3p.m. to 5p.m. Myst, Rock En Espanol.

Event highlights include live entertainment, waterside port tours, vendor marketplace, arts & crafts, auto pavilion, music & dance, an active kids area, recipe contests, plus delectable banana desserts galore! In addition, festival goers can tour thorough the "Port Pavilion" showcasing the history and inner workings of the Port.

For festival information, call 253-2282 or visit the website at [www.BananaPortFest.com](http://www.BananaPortFest.com)

**Oct. 1: Mended Hearts of Ventura** group meets the first Tuesday from 7p.m. to 9p.m. each month. Meetings are held at the Community Memorial Hospital on the 8th floor. Excellent speakers, leading cardiologists, nutritionists, dietitians, etc., from our area, who give excellent information. Come share if you have had heart surgery or stent implant. Contact: Richard Hatcher 644-2733

**Oct. 1: Surfrider Foundation Ventura County Chapter meetings** are held the **first Tuesday of each month** from 6p.m. to 8p.m. Keep up with the current environmental issues in Ventura. All are welcome.

**Oct. 2: The Beach Cities Neighbors and Newcomers Club, (BCNN)** is a group of active women of all ages

who live in Ventura, Oxnard, or Port Hueneme and enjoy activities such as hiking, bridge, dining, wine outings, reading, mah jong, cooking etc. Their next meeting is at 9:30am at The Greek Restaurant located in the Ventura Harbor. No charge for meeting and no reservation is required. Coffee or Tea is available at a nominal charge of \$1.00. Guest speaker will be Diane Mautne Docent at Heritage Square and author of educational books and articles.

**Oct. 5:** In June 1916, it was decided to change the name of the dance club from El Tecolote to La Estrella, as the members, at that time, objected to be called, "Night Owls". Approximately 75 members meet once a month at the Poinsettia Pavilion on the first Saturday, or on occasion first Friday. Our special **100th Birthday Celebration Dance**, which is to be held on Saturday, at the Poinsettia Pavilion. A champagne and hors d'oeuvres reception will open the evening festivities at 6:15 p.m., and a sit-down dinner will be served at 6:45p.m. The ballroom dancing will start at 7:45p.m. Music will be provided by the Moonlight Orchestra, conducted by Ed Nani. A special historical dance routine, by Filipe, will be a special attraction, and will begin at 8:30p.m. For more information call George Short 642-7080, or [georghshort@sbcglobal.net](mailto:georghshort@sbcglobal.net).

### Ojai events

On **Saturday, September 28**, beginning at 5 pm, the **Ojai Film Society** will celebrate 25 years of screening

quality independent and foreign films with a gala event at the Ojai Libbey Bowl. The event will feature the screening of *20 Feet From Stardom*, the triumphant new documentary that takes us behind the scenes with some of the greatest back-up singers in music today.

The event features a Q & A with director Morgan Neville, a guest appearance by the renowned backup singer Merry Clayton, plus a DJ and dancing. A complete dinner and popcorn are included in the \$35 ticket price. For information visit [ojaifilmsociety.org](http://ojaifilmsociety.org) or call 646-8946.

The **3rd annual Ojai World Music Festival on Sat., Oct. 12** at Libbey Bowl will present R. Carlos Nakai as one of the featured performers. Tickets in advance are \$30 for adults and \$28 for seniors, \$5 more at the door. They are available at Ojai Coffee Roasting, at 646-8907 or online at [www.ojaiworldmusic.org](http://www.ojaiworldmusic.org). For information on workshops at the festival and special events, visit [www.ojaiworldmusic.org](http://www.ojaiworldmusic.org).

R. Carlos has received two gold records for *Canyon Trilogy* and *Earth Spirit* and he has received nine Grammy Nominations.

**Fr. Gregory Boyle**, Jesuit priest and founder of Homeboy Industries, who is considered a gang intervention expert, will be speaking at Villanova Preparatory School on **Thursday, September 26**. Boyle will preside at an all-school Mass at 9:00 a.m. at Clark Gymnasium on campus. Following Mass, Fr. Boyle will be discussing his book, *Tattoos on the Heart: The Power of Boundless Compassion*. This New York Times bestseller.

*Continued on page 13*



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7,000,000 pounds of structural steel is beginning to arrive in Ventura from its manufacturing origin in Houston, Texas. That's the amount of steel that will soon be erected creating the skeleton of the new Community Memorial Hospital. The steel is currently being held in an offsite "holding yard", and will start to arrive onsite within the next few weeks.

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## News and Notes



Mary McGrath's focus has been to provide an educational aspect through her harvest talks and school field trips. Portrait by Johanna Spinks from *The Face Of Ventura* as featured in the *Ventura Breeze*.

### Eat Local - Hug a Farmer

The focal point of the series is to highlight the importance and relationship that agriculture has within our community. This innovative series will feature some of the area's leading sustainable farmers, ranchers, chefs and food advocates.

Carve them, cook them or dry them out. These are just a few of the things you can do with pumpkins and squash. Join 5th generation local farmer Mary McGrath and Chef Tim Kilcoyne as Totally Local VC brings us the second in their Eat Local - Hug a Farmer series. The Squash Talk. Oct 5th at 5:00 pm at the EP Foster Library.

Make sure to stop by Scratch Food Truck for a fresh from the farm treat before the event. The truck will be parked at the library from 4:30 - 7:00.

Great Pacific Pumpkin Patch has been in business for over 26 years offering the community a wide range of squash and pumpkin varieties each October.

### E.P. Foster Library to host good stuff

Foster Library presents a writers and performance workshop for young adults on the first and third Monday of each month. This workshop focuses on using informal, playful, expressive writing as a way to strengthen skills of language and

thinking. The first workshop took place on September 16.

Out of these informal writing activities, using techniques of peer response and performance, writers develop more polished pieces, ranging from personal narratives to stories, poems, and exploratory essays.

The workshop is led by Phil Taggart. Phil has been an editor for over 15 years. He has taught poetry in the schools and is a coach for Poetry Out Loud! Phil also hosts the Thursday night poetry readings at the Foster. He's received the Ventura Mayor's Arts Award, the Ventura County Art Star Award and was named "Champion of Mental Health" by the Turning Point Foundation.

It runs from 4 to 6pm at the E.P. Foster Library at 651 E. Main Street. Call 648-2716 for more information.

The mission of the Ventura County Library is to meet the general reading, life-long learning and informational needs of the people of Ventura County, with special focus on children, youth and families. E.P. Foster Library provides books, DVDs, music, programs and more to people of all ages.

Other classes:

**9/19** Open Mic Night, 7:30-9 - Featured Reader Michael C Ford.

**9/20** Foster's Friday night flicks, 7-9. Join for a free movie screening in the Topping Room. Doors open at 6:45 and the movie starts at 7:00.

**9/21** Teens Teaching Tech, 10-noon - bring in your device for free help from local teens.

**9/23** Q&A 11-11:45 - A drop in session where you can ask for help with your technology questions. Computer classes at Foster Library. Level: Any

**9/28** Rock 'n' Roll made in Mexico. From Evolution to Revolution: A Documentary Film 5-7 The film tells the untold story of Rock and Roll in Mexico through those who lived it, including Mexican rock icons and legends. Special appearance by Fito de la Parra of the music group Canned Heat to talk and answer questions about the film. Free Screening! To reserve a seat call 643-1960. Sponsored by Ventura County Library and the Bell Arts Factory

**9/29** The Tortilla Flats Mural Project, 3-5, Moses Mora and MB Hanrahan discuss their Tortilla Flats Mural Project, which explores and documents the stories and lives of the people who lived in the westside, Ventura area known as "Tortilla Flats."



VCCool is proud to announce their 7th Annual Youth Bike Safety Rodeo on Saturday, Sept 28th, 10am to 2pm at 211 Main St. -Mission Plaza, downtown Ventura.

Many fun features including helmet fitting, basic repairs, driver's test, Know Your Rights and Rules of the Road, arm-signals, fashion show, bling my bike, skill course, and win a bike!

Free event. Spanish interpreters on site. Bring your bikes and helmets!

For more information visit [www.vccool.org](http://www.vccool.org) and Facebook VCCool Youth Bike Safety Rodeo.

They always need volunteers (and will feed you as well) contact Jenna at [jennachaney@aol.com](mailto:jennachaney@aol.com) or 760-8679. They need community sponsors too! Contact Kendra Gonzales, 628-3198 or [earthworks\\_works@yahoo.com](mailto:earthworks_works@yahoo.com). "Every mile on a bike is 1 less Lb. of CO2."





# Senior Living

*Pull Out Section*



Howard Boroughs was a Face Of Ventura portrait by Johanna Spinks as featured in the Ventura Breeze, he is the younger brother at 100.

## Cypress Place Senior Living resident turns 100

Howard Boroughs was born in rural Brooklyn, NY, on August 21, 1913. He and his sister, Eunice, grew up taking local street cars to famous Coney Island for amusement. (Eunice is now 105 years old and lives in Van Nuys). He remembers his father's first car, a Chevrolet, being the first automobile on their street. His dad hired a young man from the neighborhood to be his driver.

The family moved to Los Angeles in 1920-21 where Howard graduated from high school and joined the Navy during WWII. In 1934, at 21, he married Evelyn and became a house-husband while she worked at Sears & Roebuck Department Store. When she died in 2000, they had been married for 66 years.

After the war, at age 33, Howard went to USC on the GI Bill and ultimately earned his PhD in Biochemistry from Cal Tech in 1952. His career in plant biochemical research ranged from a National Cancer Institute fellowship at UCLA, a research fellowship at the Paris-Sorbonne in France, a four-year stint researching the after-effects of radiation from the hydrogen bomb at the University of Hawaii, and four years in Costa Rica as head of President Eisenhower's Federal "Atoms for Peace" program.

Howard worked several years as the program director for the National Science Foundation in Washington, DC; as the Bureau of Higher Education's review of colleges during the Civil Rights era; the Academic VP of Portland State University, and as Director of Academic Affairs at California Polytechnical University before retiring in 1975.

After moving to Ventura in 1979, Howard became an active philanthropist, donating time, effort and significant funding for local entities. Ventura

College has the Evelyn and Howard Boroughs Library. The Museum of Ventura County's recent renovation has the Evelyn and Howard Boroughs Gallery with the new Children's Garden named after them as well.

Howard's love of dogs prompted him to donate funding for fencing at a local dog park in Ventura and to providing funds for a new neutering surgery bay for the Humane Society. There is a brass plate with his name at the Rubicon Theater. He also supports the "Rising Stars" Music Festival in Ventura financially, and he has been on the board of directors for the Ventura County Caregivers Association, which meets at Cypress Place Senior Living in Ventura every month.

Howard also hangs his hat at Cypress Place. He has been a resident in the active senior living community since 2009.

"Howard is unbelievable," said Yvonne Knepper, one of the marketing directors at Cypress Place. "I hope I have even half the energy at 100 that Howard has."

Howard had two birthday celebrations, one at The Museum of Ventura County for family and friends, and one at Cypress Place Senior Living for residents and staff.

When asked how it felt to be 100, Howard replied, "I guess I just have to accept it... I'm working on the next 100 years."

## Free resources for World Alzheimer's Month

As one of the most feared diseases, an Alzheimer's diagnosis presents many challenges for families living with this disease. Because an estimated 70 percent of people with Alzheimer's live at home, the responsibility of caring for them usually falls on their families, who frequently face – and dread – the unexpected and unknown. While it may be impossible to predict behaviors exhibited by a person struggling with Alzheimer's, there are free resources available to help area families cope with whatever situation may arise.

In recognition of World Alzheimer's Month (September 2013), the Home Instead Senior Care network is offering a number of free resources to help local families who are living with Alzheimer's, including workshops where family members will receive a version of the same in-depth Alzheimer's CARE: Changing Aging Through Research and Education® training program training that was developed for the network's pro-

*Continued on page 11*



### Live Entertainment!

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## Senior Living

Senior Connection

### Fourth Annual Grandparents Day Contest

by Nanci Cone

The contest, presented by AARP and Consumer Cellular, which ran in August, asked participants nationally to submit their favorite grandparent-related stories online in the form of a 500-word essay or a three-minute video. This year, 653 entries were received and more than 10,000 votes were cast. The grand prize winner and 6 category winners were selected by a combination of public votes and Consumer Cellular judging, with the public selecting the finalists and Consumer Cellular choosing the final winners.

As a Consumer Cellular customer, when Eleanora Gobuyan of Ventura saw the flyer with the category called, "Best Piece of Grandparent Advice" she knew she had to enter the contest. Her essay was entitled, "My 10 Millions." As Eleanora, age 77 notes, "My husband, Rudolfo, and I have 10 grandchildren, eight girls two boys, and we wanted an opportunity to travel and spend time with our loved ones." In her essay, she has this to say about her grandchildren, "During every visit, either to us or to them, Rod and I tried to instill in them not only our love but our advice: Always be grateful for what you have, especially your family; respect and love them; words are powerful so use them wisely; you may say something that you cannot take back; remember

where you came from and your family's culture; our great-grandchildren are our future and your future; it is up to you to change your life; when you fall, pick yourself up and analyze what made you fall; learn from your mistakes; criticism is constructive until you chose to make it negative; and most of all, love God above all."

She goes on to add, "I have lived in Ventura for 35 years now. We first immigrated to the United States in 1972 where we lived in Hawaii. I used to be a real estate agent before retiring. My husband, Rudolfo, to whom I've been married for 53 years, was a senior building inspector for 28 years in Ventura before retiring.

When I asked her what winning the award of \$200 hotel voucher redeemable through AARP meant to her, she responded with, "It's very meaningful and we are very happy and for the love of our grandchildren that we consider our millions for and 11 - 10 grandchild and one grandchild in law. We try to travel with our grandchildren as often as we can when we have the time and they are off from school, we want to be together."

She ended her essay with these words, "A friend of mine asked me how much money I would want if I were to win the lotto. I replied, "If God will let me win, I am grateful no matter how much the cost. Rod and I are already millionaires. Each of our ten grandchildren is a million and our winnings will expand as their families grow. I thank God for that every day." It's easy to see why she won in her category. Congratulations Eleanora!

To view the essays and videos submitted, visit [consumercellular.com/grandparents](http://consumercellular.com/grandparents) and click on "view entries."

### When You Have a Choice, There is No Choice. Pick the PARC

The newly-designed Post-Acute Rehab Center helps people recover from surgery, illness or injury and return home as quickly and safely as possible. Blending time-honored therapies with innovative programs, the PARC's team of nurses and therapists create an individualized rehabilitation plan tailored to each patient's unique needs.

The newly-designed Post-Acute Rehab Center helps people recover from surgery, illness or injury and return home as quickly and safely as possible. Blending time-honored therapies with innovative programs, the PARC's team of nurses and therapists create an individualized rehabilitation plan tailored to each patient's unique needs.



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If you see this fish immediately call Andy.

### "Ugly Fish" search launched in the Harbor

Local skipper Andy Killion is hitting the water early these days in search of the "Ugly Fish."

This rare, unidentified species tends to rear its head in Ventura County's local waters in the fall, about the same time as the 12th annual Sailathon to benefit CAREGIVERS: Volunteers Assisting the Elderly on Oct. 13.

"Last year, I was out for an early morning on my boat, just off Santa Cruz Island when I noticed a trail of bubbles on the ocean surface," Killion said, eager to assure that this is no fish tale. He said the pungent odor associated with the "Ugly Fish" gave way for caution.

California mushroom farm owner Jack Reitnauer said tales of the fish date back to the early 60's when the mushroom farm started.

At times, the "Ugly Fish" has been

mistaken for the blue whale, which also has been spotted off the Channel Islands, but the distinct colors of the "Ugly Fish" give reason to believe that it is not part of the musculus species.

While the origins of the "Ugly Fish" remain a mystery, local fisherman can attest that this is no folklore.

"I hear its good eatin'" said Capt. Stephen Taylor of the tall ship, Bill of Rights, who is also participating in this year's Sailathon. "Just take the eyeballs out and you'll have the key ingredient for an excellent ceviche."

Multihull, monohull, paddleboats, power boats and canoes will assemble off the Ventura Pier on Sunday, Oct. 13 for the 12th Annual Sailathon vying for a glimpse of the "Ugly Fish."

Since 1984, CAREGIVERS: Volunteers Assisting the Elderly has been serving Ventura County, California, which has one of the nation's largest concentrations of seniors in the nation. Today, the non-profit boasts close to 300 volunteers helping 500 homebound seniors in six cities throughout the county.

For more information, call 658-8530 or visit [www.vcCAREGIVERS.org](http://www.vcCAREGIVERS.org).

### "I'm sorry"

by Nanci Cone

I'd like to apologize for some mistakes I made when I submitted the discounts for my last seniors column.

With Motel 6, I accidentally transposed a line and it should have read Motel 6 10% off for seniors 60+ and if they have AAA or

## Senior Living

AARP card, they can check out later and get free wifi.

With Comfort Inn 10% discount for seniors with AARP card.

Best Western – 10% discount to seniors or 15% off if they mention The Ventura Breeze.

Big Lots no discounts at this time. I found out afterwards that unfortunately, due to the economic downturn, Big Lots was forced to reluctantly retire its senior discount.

I'm sorry if it caused any problems and I hope you will continue to take advantage of these very fine businesses!

## City council forum at Coastal View Healthcare Center

Sifting through the nine candidates running for four seats on the Ventura City Council is not easy, but an Oct. 2 forum promises to provide education, insight and entertainment.

It is sponsored by the Ventura Unified School District's Adult and Continuing Education division through Suz Montgomery's Extended Learning Academy classes. Open and free to the public from 10 a.m. to noon on Wednesday, Oct. 2 at the Coastal View Healthcare Center, 4904 Telegraph Road, the location is across the street from Ventura Community College. CAPS TV will cover it live and rebroadcast at later dates.

"The seniors develop very probing and pointedly focused questions and additionally, my entire class of students all vote," Montgomery said, adding that people over 55 comprise the largest constituency in the city.

Incumbents running are Neal Andrews, Jim Monahan and Mike Tracy, while the challengers are Lorrie Brown, Richard Francis, Paul Meehan, Erik Nazarenko, Brian Lee Rencher and David Swaffar.

## Learn how to fire your ceramics at the Senior Center

Harry Berman of Berman Ceramic Arts will visit Ventura Potters' Guild members and local ceramists to answer questions pertaining to firing both gas and electric kilns at 7pm on Sept. 23 at the Ventura Senior Center, 420 Santa

Clara. Program begins at 8pm. Harry founded Berman Ceramic Arts, also known as the Cahuenga School of Pottery, almost 40 years ago. It is the most highly recognized school for pottery instruction in the Los Angeles area. Berman will discuss various kiln and firing problems that pottery artists often encounter and discuss solutions that can save time and money.

## Ventura's Senior Lunch Program

Join in on weekdays from 11:30 am to 1 pm. for the friendliest lunch hour in Ventura with a meal that includes a nutritious hot entrée with fresh fruit and vegetables. Westside Café Days are seasonal celebrations often with special surprises, live entertainment and health information. Senior Lunch Program information, a schedule, to RSVP and Home Delivered Meals options call 648-3035. 550 N. Ventura.

Suggested donation: \$3 per meal for those 60 and over. Meal price: \$5 for those under 60. At VAAC.

Special Westside Café Days:

- M 10/28 Harvest Day Lunch
- Tu 11/5 Election Day Celebration
- W 11/20 Thanksgiving Luncheon
- M 12/13 Holiday Soup Kitchen

### Local company offers free resources

*Continued from page 9*  
 fessional CAREGivers. The workshops will offer specific solutions for the many common issues that arise when caring for someone with Alzheimer's. The workshops will be offered on Monday, September 23 from 6:30- 8 p.m. at Home Instead Senior Care Offices, 6593 Collins Drive, Suite D-10 in Moorpark and Monday, October 28 from 6:30- 8 p.m. at the same location.

Also available is a free Confidence to Care at Home kit, an at-a-glance collection of information, tips and resources to help handle difficult situations, avoid household accidents, encourage engagement, and prevent caregiver stress, that is designed for any member of the household to reference, anytime they need it.

In addition, Home Instead Senior Care has developed Alzheimer's and Other Dementias Daily Helper, a free smartphone app that families can use to search behaviors and help find solutions when they have to react quickly to a situation. The app, which will be available Sept. 16, is designed to help families manage issues as they arise, whether at home or in public.

To help families face Alzheimer's with confidence rather than fear, the local Home Instead Senior Care office is making available free resources, including:

For more information about the Home Instead Senior Care network or its free Alzheimer's resources, please visit [www.helpforalzheimersfamilies.com](http://www.helpforalzheimersfamilies.com) or call the local Home Instead Senior Care office at 577-0926.

# Memory Care



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## Sports



*Holding hands is the best way to finish together.*

### Inaugural Ventura Marathon: brimming with connections

by Mira Reverente

It was a weekend rife with connections – family and friends; flat and fast; energy and entertainment; the Ventura Pier and the Port Hueneme Pier.

All describe the inaugural Ventura Marathon, which took place the weekend of September 7 and 8.

The brainchild of local runner and sports entrepreneur Josh Spiker, the marathon capped off an entire weekend of events including a half-marathon, a 5K, a kids' run, a bike ride and a beach party.

Ventura resident Laura Diamond wanted to run and support a local event and so did her friend Catherine Chien. New runner Melissa Turner signed up to

give herself a 50th birthday "present" and to run with her son Ryan, also a marathon newbie. Turner also persuaded her friend Sierra Kaval, to train with her.

Spiker is pleased with the weekend's turnout. "We hit our numbers and the community really came out to support runners along the course. For the beach party, we had amazing local bands, vendors and food trucks participating," he said.

The first-time event drew close to 3,000 participants from 28 states and five countries, according to Spiker.

A pair of 34-year-olds, Fern Blanco and Tracy Bowling, dominated the marathon with finish times of 2:37:14 and 3:01:53 respectively. Aaron Sharp, 33, the half-



marathon winner in the men's division, broke the tape at 1:08:38, while female counterpart Paula Morrison did the same in 1:20:10.

Close to 400 volunteers from nearby middle and high schools, as well as local businesses, came out in full force to man aid stations, hand out finisher medals, distribute shirts and direct traffic, among many volunteer tasks that weekend.

Irais Armenta, an employee at the New Balance Factory Store in Camarillo, did not know any of the runners. "Volunteer-

ing just seemed like a really cool thing to do," said Armenta, who was assigned to the finish line area, along with two of her co-workers.

Ventura resident Andrea Ramirez had just lost her husband and wanted something worthwhile to do. "So I heard about this new event and signed up to help everyday. I had a great time meeting so many new, energetic people," said Ramirez who helped check in participants from Friday to Sunday.

And the positive energy was very much evident along the course and at the finish. "The crowd cheering for me at the end brings me close to tears every time," said Caroline Connolly who ran the 5K with her son, brother and co-workers.

Spiker foresees holding the events on the same weekend each year. He said, "I would like to see a better connection

between the beach party and the run next time. I want runners to finish and relax to some live music."

### Ladies, it's time to get out your cleats

The Ventura Black Widows women's tackle football team will host tryouts on Saturday, September 21st at Fritz Huntington Park in Ventura on the corner of Saticoy and Telephone between the hours of 10am-1pm. Please provide a current copy of your health insurance card, \$55 fee, sports drink or water, wear workout clothes and either tennis shoes or cleats.



*Jill Forman thinks that her grandson Skyler Young (in one of his pensive moods) is as cute as they get.*

*Do you have a grandkid that you think is even cuter? If so send their photo to editor@venturabreeze.com*

## News and Notes

### City of Ventura Classes

Call 658-4726 or 654-7552 to register, or if you already have an account online, visit [www.cityofventura.net](http://www.cityofventura.net).

Classes held at the Barranca Vista Center, 7050 Ralston Street, in Ventura unless noted.

**Slippers & Masks 7-17 years**  
9/20-12/6 Friday 6:15-9:15 pm \$90  
\$5 sibling discount

Dancers of all abilities prepare selected dances for a performance of Help! I need somebody...to dance! The show will focus on music from the Beatles, all eras. Mandatory dress rehearsal on 12/7 performances on 12/13 & 12/14 Parents must attend first class. No class 10/25 & 11/29.

**Swing and Nightclub Dancing 16 years-Adult**  
9/21-10/26 Saturday 6:30-7:30 pm \$45

Meet new friends as you swing the night a way, East and West Coast style. No partner needed.

**Cooking with Chef Amy: Kitchen Basics 18years-Adults**  
9/24 Tuesday 7:00-8:30 pm \$35 per person

Knife skills, basic kitchen knowledge, how to cut up a chicken and make broth, three recipes.

**Let's Paint 3-6 years**  
9/25-11/6 Wednesday 9:15-10:00 am \$50

Discover paint magic with new techniques and projects every week.

**First Time Sewing for Youth & Adults 12 years-Adult**  
9/25-11/6 Wednesday 6:00-7:30 pm \$50

Learn hand-stitch and machine sewing basics including knots, zigzag and buttons. First project is a large stylish bag (pattern provided). Returning students have their choice of projects. Students under 12 must be pre-approved. Students supply fabric, thread and other supplies (discussed at first class) but sewing tools are provided.

**Afternoon Delight Ballroom classes 50 years+**  
9/26-10/17 Thursday 1:00-2:00 pm \$46

Don't like to drive at night? Retired and always wanted to learn to ballroom dance? This is the class for you. Couples and singles welcome. We will explore two new dances every 4 weeks. No class 11/28. Classes held at House of Dance, 3007 Bunsen Ave., Suite E & F.

### African drumming taught Mondays

Malik Sow, an African master drummer from Senegal, and Solo Soro from The Ivory Coast lead a weekly class in West African drumming. It's an all-levels class with beginners welcome.

The sessions are 7:30 p.m. - 9 p.m. every Monday night at Lightning Ridge Screen Printing, 4435 McGrath Street, on the corner of Telephone Road.

The cost is \$20 per class and a drum can be rented for \$5. Call ahead to Lightning Ridge, 650-7455, to arrange a drum rental or for more information.

Read and see more about the class at [www.vcstar.com/news/2013/apr/02/ventura-shop-hosts-weekly-west-afri-can-drumming/](http://www.vcstar.com/news/2013/apr/02/ventura-shop-hosts-weekly-west-afri-can-drumming/)

#### Ojai events

*Continued from page 7*

ing book was selected for this year's One Book, One School program at Villanova.

The event is free and open to the public. RSVPs are not necessary.

On **September 22**, herbalist-naturalist **Lanny Kaufer and his wife Rondia** will guide you through some of the most beautiful backcountry that Ventura County has to offer as they **celebrate the Fall Equinox with a Nature Hike on Pine Mountain**, elevation 6650 feet.

The outing will start at 9:00 a.m. The last 5.5 miles are on a narrow, winding road and the last ½ mile is dirt. Trucks or SUV's are preferred but most passenger cars can also make the drive.

This intermediate level hike is suitable for moderately experienced hikers or physically fit beginners. Pre-register at [www.HerbWalks.com](http://www.HerbWalks.com) or 646-6281. The cost is \$25 for adults, \$20 for seniors 62 and older, and \$20 for full-time students. Kids 5-12 can go free. Participants under the age of 18 must be accompanied by a parent or guardian. No dogs or toddlers, please.

**SENGA's** much anticipated *The Importance of Being Earnest* opens at the Ojai Valley Grange in September. Directed by Francisca Beach it runs until Oct. 6th. Fri. & Sat. 8 pm & Sun. 2 pm (except Sat. Oct 5. at 2 pm only).

All Tickets: \$15. The Ojai Valley Grange, 381 Cruzero Street.

Reservations 646-4885 or go to [www.sengaclassicstagecompany.com](http://www.sengaclassicstagecompany.com)

The **Happy Valley Cultural Center** is pleased to announce a performance by violinist **Paul Huang** as part of the chamber music series Chamber On The Mountain. Pianist Jessica Osborne will accompany Huang at this performance, presented at the Beatrice Wood Center for the Arts in Upper Ojai. Performance on **Saturday, September 28**, at 7:30 pm.

Paul Huang has been hailed by The Washington Post as "an artist with the goods for a significant career."

The Happy Valley Cultural Center is honored to have Heidi Lehwalder bring world-renowned chamber music artists to Ojai as Artistic Director of Chamber On The Mountain at the Beatrice Wood Center for the Arts, 8560 Ojai-Santa Paula Road.

The latest film from **Deborah Koons Garcia**, *Symphony Of The Soil*, will screen **Saturday, Sept. 21**, at the Ojai Playhouse at 4pm. Tickets are \$10. For additional event information please visit: [www.transition-to-organics.org](http://www.transition-to-organics.org). The director, Deborah Koons Garcia will be introducing the film and for Q&A afterwards. She will also be speaking at the Garden to Glass Cocktail Party/Reception and Fundraiser Auction Event directly following the film!

Please join in for an amazing evening at the **Ojai Retreat's Shangri-La Garden! Special performance by Asunta Fleming!** Sip a Garden to Glass Sangria while tasting sweet and savory hors d'oeuvres, from local organic farms. Proceeds to benefit Transition to Organics' projects, including: School Gardens and Agricultural Educational Center in collaboration with the Chumash.

Cocktail Party/Reception: \$100. Please call to reserve your spot 646-4294. Space is limited. Reservations required. To purchase tickets online [www.transition-to-organics.org](http://www.transition-to-organics.org).

Earlier that same day will be a **Biodynamic Workshop** at Oak Grove School, **8:00am-3:15pm**. California biodynamic farmer and educator Gena Nonini, along with landscape contractor Severo Lara, and landscape designer Basia Kenton, will speak about how to implement biody-



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namic practices in gardens, and all facets of landscaping.

Workshop Price: \$85 (includes movie). For more information, please call 646-4294.

To purchase tickets online, please visit: [www.transition-to-organics.org](http://www.transition-to-organics.org). Class ends with a screening of the film *Symphony of the Soil* at the Ojai Playhouse, 4pm. Donation for the All Day Event (Workshop, Movie & Party): \$175.

The **Fresh Roasted Concert series** will present **The Bills** on **Sunday, Sept. 29** @7 pm at the Matilija Auditorium, 703 El Paseo Rd. Tickets are \$25 for adults and \$22 for seniors in advance and \$5 more at the door. A special VIP ticket in the first 5 rows \$30. Tickets are available at Ojai Coffee Roasting, online at [www.ptgo.org](http://www.ptgo.org) and by phone at 646-8907.

From the beautiful West Coast of Canada comes this extraordinary quintet, renowned among folk music fans of all ages for their instrumental virtuosity and refreshingly innovative interpretations of traditional tunes from around the globe. The Fresh Roasted Concert series features 7 other amazing performances:

Subscriptions are available for the entire series as well as individual tickets for each performance. For more information, visit [www.ptgo.org](http://www.ptgo.org) and click on Fresh Roasted.

#### Loirie Brown

*Continued from page 1*

is to encourage the city to be creative and proactive in its business practices. "There are a lot of things that they can do to help themselves," she said.

She also feels it's important to work with youth and to promote a better infrastructure for health and public safety. "I will support safe ways to lend a hand to those with basic unmet needs,"

she said, "and I would like to encourage youth leadership opportunities through organizations like Ventura City Corps."

Brown feels that she is a prime example of someone who never thought of themselves as a viable candidate for public office. She credits mentors such as Carl Morehouse with encouraging her to consider that possibility. Now she feels it's her opportunity to be a role model for others in similar situations. "I would like to show people what I went through," she said, "and that this is how it's done and you can do it, too."

#### Paul Meehan

*Continued from page 1*

we have enough money. We're just not using it efficiently."

Meehan also believes that the city could improve the way it treats local business. "I would like to address the view of Ventura as business unfriendly," he said. "I'd like to reduce the amount of red tape and hoops that businesses have to jump through to come here."

In addition, he would push for what he terms "infill development" to encourage sustainable growth. "Some of these infill areas have already been used historically for business," he said, "and those are the areas where I would focus development."

Despite the fact that he has never held a political office, he asserts that his professional experience, influenced by his concerns for the environment, has prepared him to take a bigger leadership role in the city. "I've always had a desire to make the world a better place," he said. "I feel like I've done that in a lot of small ways. I would like to make a much more substantial contribution. I would like to help Ventura be the best city it can be."

# Professor Scamp, Ph.D (Pretty Happy Dog)



Professor Scamp Ph.D

■ I need to thank two wonderful ladies for all of the help and energy that they give to my friends that need adoption.

Mindy Benezra, whose mantra is “Be A Hero Adopt A Shelter Dog Today” and Cheryl Ann Gooss.

Mindy, and staff and husband David have been in the business of taking loving care of peoples’ dogs for over twelve years. Many from Cabo San Lucas. Their rescue group CABODOGZ is also dedicated to rescuing local homeless dogs.

While vacationing in Cabo she noticed how many skinny stray dogs there were, and it made her sad to see all the cute homeless dogs at the shelter. She brings a few home every trip!

She also donates kennel space and care until loving homes are found at her kennels on Ventura Avenue. Luxury Boarding for Dogs, 4692 Ventura Avenue ([www.venturahwyluxuryboarding4dogs.com](http://www.venturahwyluxuryboarding4dogs.com)).

Locally she can be found at almost every charity event at her booth with several dogs to be adopted. Some shows she will find a forever home for many dogs but is happy if she saves the life of just one dog.

Cheryl Ann Gooss has been presenting *Captured on Canvas – The Rescue Collection* – featuring portraits in the Ventura Breeze of the faces and stories of beautiful dogs that are unfortunate enough to find themselves homeless. Many of these have been adopted. Stop by or call 643-3647 to give them a hug and fall in love with them.

■ Los Angeles County’s supervisors have voted unanimously to strengthen the county’s regulations on vicious dogs in the wake of a dog attack that killed a woman in the Antelope Valley.

The new rules expand the definition of a “potentially dangerous dog” to include those that have attacked livestock.

Previously, the law covered only dogs that had attacked people or pets. Attacks on livestock “are often a precursor of attacks on pets or people,” county animal control Director Marcia Mayeda wrote in a report to the board. Personally you won’t find me attacking anything over 2 lbs (like a cheeseburger).

■ In an effort to raise money to equip a new medical unit for homeless animals housed at Ventura County Animal

Services (VCAS) adoption centers, VCAS has entered the online “Shelter Challenge.”

Sponsored by GreaterGood.org, the Shelter Challenge allows supporters to vote online for the animal welfare organization of their choice. The organization receiving the most votes between now and Oct. 13 will be awarded \$10,000.

VCAS supporters are encouraged to visit [www.shelterchallenge.com](http://www.shelterchallenge.com), choose Ventura County Animal Services, (shelter name) Camarillo (city) and 93010 (zip code), from the list of registered organizations and then vote each day for VCAS. In addition, supporters are encouraged to log-in and recruit additional support by sharing the site and voting process with friends and family.

■ Personally I wouldn’t have a guinea pig for a pet (would eat all of my food if I wasn’t careful).

But because I am an equal opportunity writer I am presenting this from an online site.

Dear Paw’s Corner: My male guinea pig, “Dale,” was always healthy. He was fat and not losing weight. One day, we cleaned his cage and noticed that he was sticking his head out repeatedly and opening his mouth – like yawning.

The vet said to come in right away, and within five minutes of hanging up, Dale was dead. The vet looked at him and said he looked healthy and that maybe he had a heart attack or stroke, but I didn’t see any symptoms. Any help would be great because we have two others. Julie G.

Dear Julie: Sadly, it often can be difficult to tell when a guinea pig is getting ill. They’re very good at hiding signs of illness, and often they are acutely ill before their owners can tell what’s wrong. It’s clear that you pay close attention to your guinea pigs, as you were aware of Dale’s weight and normal behavior.

However, guinea pigs can become ill very quickly. You were right to contact the veterinarian immediately after noticing Dale’s strange behavior, which I agree, could have been a sign of a stroke or heart attack.

I’ll refer again to the late Peter Gurney’s brilliant Guinea Pig Health Guide. One suggestion, which you may be able to apply to your surviving guinea pigs, is to have the vet listen to their heartbeat. A heart murmur can indicate valve problems. Another possibility is an undetected fungal or bacterial infection that got into Dale’s system, eventually causing a heart attack. But as you pointed out, he showed no external signs of illness.

## Forever homes wanted

Hi: I’m Kiele, which means “fragrant blossom” in Hawaiian, a sweet 2 year old Pit Bull mix. The volunteers and my foster family have been calling me Lilly, which I respond to. My mom was found pregnant running around in the desert by a good Samaritan. Unfortunately she ended up at Animal Regulation. Thankfully she was rescued by C.A.R.L. and gave birth to us in a foster home. I don’t understand why, but I’m the only one left from the litter. I’m an active dog who is good with other dogs and children. I’m house and crate trained, come when called, sit on command and walk well on a leash. I know my breed gets a bad rap, but I think you’ll fall in love with me if you give me a chance. Stop by and meet me, I’ll be waiting.

The Canine Adoption & Rescue League, Sam’s Place, 3203 E. Main Street, 644-7387. [www.carlvc.org](http://www.carlvc.org).



Hi: my name is Zorro, and I’m a Chihuahua/ Jack Russell mix. I am about 2-3 years old. I was rescued by Cabodogz from the Ventura County Animal Shelter back in July. I am very playful and love squeaky toys and tennis balls. I will amuse you with my antics. I am good with other dogs, kids, even cats. I love to go for power walks and running on the beach. I’m good in the car, on leash and even house and crate trained!

Stop by to see me at Ventura Highway Luxury Boarding for Dogs, 4692 Ventura Avenue, or call 643-3647. Be A Hero...Adopt A Dog.



## Scamp Club

Hi: I’m Milo an 11 year old half ragdoll and half tabby. The main thing that I like to do is really annoy people by being super friendly. Like sitting on their laptop computers and on their real laptops. And bothering them at dinner, but I know that they love me because I am super friendly and cute.



## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself, including your address, to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.



Cheryl Ann Gooss and Mindy Benezra are two of my heroes.



I was really sad when I heard this until I was explained that hot dogs aren’t really made from dogs (but we do love eating them).



The best part of camping is that they let me drive. – Savana.

# Police Reports

by Veronica Johnson

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law

## Assault with Deadly Weapon

On Tuesday, September 3rd, at 9:30 a.m., the VPD began to receive a series of calls from the suspect, Ronald Dockery. These phone calls continued for approximately two hours and inundated the command center's telephone lines. Officers checked the area where the calls had originated but were unable to locate Dockery at that time.

Several hours later, the VPD began receiving calls from citizens who were reporting having had their vehicles vandalized in the surrounding area. Dockery had also thrown rocks at their residence. Officers determined Dockery was responsible for these crimes but were again unable to locate him.

At 8:15 p.m., a victim had parked near the intersection of Alameda Avenue and Eighth Street when she heard a rock strike her vehicle. The victim observed Dockery, who threw a second large rock which almost struck her.

Officers responded to the area and contacted Dockery, but he resisted the officer's effort. Dockery was eventually taken into custody and placed under arrest. Dockery was transported to the VCMC where he was treated for moderate injuries.

## City Climber Arrest

On Thursday, September 5th, at 9:40 a.m., the VPD received a call about a suspicious subject climbing City Hall, located on the 500 block of Poli Street. The subject was last seen climbing the ladder on the west side of the building.

Officers located David Garcia on the roof of City Hall. Garcia was listed as a missing person out of Oxnard and was setting up a vagrant camp on the top of the government building. Officers escorted Garcia down safely where he was taken into custody for an outstanding arrest warrant. It is suspected that he was making sure that the city council was doing their job.

## Stolen Vehicle Arrest

On Friday, September 6th, at 5:50 p.m., an officer was driving in the area of Ralston Street and Victoria Avenue when he observed a stolen vehicle driven by Luis Gonzalez.

Additional patrol units located the stolen vehicle as it was pulling into the drive-thru of Taco Bell on Johnson Drive. Gonzalez and one other occupant were detained. It was determined that the vehicle was reported stolen from Santa Barbara.

The passenger was released at the scene with no charges. Gonzalez was booked at VC Jail for driving a stolen vehicle.

## Robbery Arrests

On Sunday, September 8th, at 1:28 a.m., the VPD received a call from a clerk at the 7-11 on Bristol Road stating that the store had just been robbed. The suspects had just left the area. An officer stopped a vehicle matching the description given by the clerk. The driver of the vehicle was Joshua Lawrence and Miguel Reynoso was in the front passenger seat.

Reynoso had entered 7-11 and selected an 18-pack of beer and then walked out. The clerk followed Reynoso outside and demanded the beer back. Reynoso refused and then got into a vehicle. The clerk tried to take the beer

away from Reynoso. Reynoso then yelled at the clerk that he had a gun. The clerk went back inside the store to dial 9-1-1 and the vehicle left the area at a high rate of speed.

Lawrence and Reynoso were booked at the VC Jail. No one was hurt during this incident and no gun was located.

## Possession of Handgun

On Saturday, September 7th, at 5:50 p.m., an employee of Trader Joe's, located at 103 South Mills Road, called the VPD to report a theft of alcohol. The caller said that the suspects had left the store and gone towards the Pacific View Mall parking structure.

One of the suspects, Juan Macias, was contacted on Main Street. Macias was carrying a backpack and inside the backpack, officers located the alcohol that was stolen from Trader Joe's along with a loaded handgun. The other two suspects were not located.

## Assault with a Deadly Weapon

On Monday, September 9th, at 3:38 p.m., the VPD received a call from a citizen reporting a subject punching cars in the parking lot of Target on Main Street.

Seth Dees began punching the reporting party's car. A concerned citizen came to the victim's aid, confronting Dees. Dees battered the Good Samaritan, punching him in the face and knocking him to the ground. Dees attempted to take the man's truck, but the man was able to grab Dees. As Dees was pulled out of the truck he grabbed a screwdriver from his pocket, attempting to stab the man with it. The man was able to tackle Dees and disarm him until officers arrived.

Dees was taken into custody and placed under arrest. Dees was transported to VCMC where he was treated for moderate injuries. Dees was later booked into VC Jail.

## Felon in Possession of Firearm

On Tuesday, September 10th, at 5:04 p.m., officers responded to a call reporting subjects involved in drug activity near a parked vehicle in the 1600 block of Tapir Circle. Upon the arrival of the first officer, Jorge Garcia fled. The patrol officer chased Garcia into a nearby ravine. The officer caught Garcia as he was climbing the embankment on the other side of the ravine and took him into custody without further incident.

During a search of Garcia's vehicle, a loaded handgun was found inside and narcotics were located on the ground near the vehicle. Garcia was booked into VC Jail.

While the officer was pursuing Garcia, he lost his footing on the rocky floor of the ravine and fell, striking his head on a rock. The patrol officer was treated for his injuries at VCMC.

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**8-31** 8:05 p.m. FCC dispatched Patrol to a medical assist at the Ventura Marina Mobile Home Park. Patrol responded. AMR transported the patient to the hospital.

**9-1** 12:35 p.m. Patrol observed a vessel disabled near the Launch Ramp, took it into tow, and released it at the fuel dock.

2:17 p.m. Patrol observed two people having difficulty in the water south of

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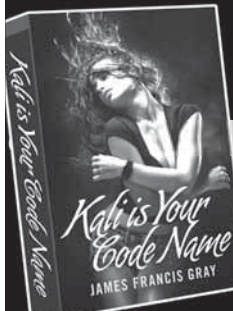

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the South Beach Groin. Patrol deployed a swimmer, who brought the people to the boat, and then transported the people to Harbor Cove. 3:04 p.m. Patrol observed multiple people having difficulty in the water on the South Beach. Patrol deployed a swimmer, who

brought the people to the boat, and then transported the people to Harbor Cove. 3:40 p.m. Patrol observed five people having difficulty in the water on the South Beach. Patrol deployed a swimmer, who made contact with the people and directed them to safer water.

Weekly SUDOKU

Answer

6	8	2	5	9	7	1	3	4
5	9	3	1	4	2	6	7	8
1	7	4	8	3	6	5	9	2
8	3	5	9	7	4	2	6	1
2	6	1	3	5	8	9	4	7
7	4	9	2	6	1	3	8	5
3	1	7	6	8	5	4	2	9
4	5	6	7	2	9	8	1	3
9	2	8	4	1	3	7	5	6

King Crossword

Answers

Solution time: 25 mins.

A	B	E	D	C	G	I	E	C	H	O
R	O	M	E	L	A	D	S	L	A	B
I	A	M	B	U	S	E	C	U	R	E
D	R	Y	A	D	S	S	C	A	N	T
			R	O	T	I	R	K		
D	O	C	K	E	S	C	A	P	E	E
U	R	L	R	E	L	R	N	A		
C	R	E	V	A	S	S	E	P	S	S
		A	I	L	A	G	O			
C	O	N	R	A	D	V	E	L	V	E
A	R	E	A	O	W	E	I	O	W	A
B	E	R	G	O	A	R	S	T	E	P
S	O	S	O	M	R	S	H	E	S	S

# Go Green

## Unique local groups unite to promote National Plug In Day

The Ventura County Air Pollution Control District (APCD), in partnership with the Ventura County Electric Vehicle Association (VEVA), the Sierra Club of Ventura County, Plug In America, the Sustainable Transport Club and the Ventura County Reporter are proud to host the first National Plug In Day celebration in Ventura County on Saturday, September 28th from noon to 4 pm at the fabulous Collection mall in Oxnard. This first-of-its-kind free to the public electric vehicle, sustainable transportation and "do it yourself" gathering will be bringing the public together with dynamic civic leaders, environmental clubs, transportation organizations, government representatives and the very latest in electric vehicles from Chevy, Fiat, Ford, Nissan, Smart, Tesla, and Toyota. This premier event is designed to help educate the general public to the exciting developments in electric and hybrid transportation.

This unique nonprofit event is part of the third annual National Plug In Day taking place in almost 100 cities nationwide and is designed to be a "hands on" opportunity to experience the joys and benefits of electric vehicles... from "brand new" to "home built"! Live music will be performed by a great local classic rock band, The Art Rockers.

Interesting electric vehicle facts...

- Over one hundred thousand new plug-in EVs have been sold in the United States and almost 40% of EV owners now also get solar panels for their homes.
- Ingenious Americans have already "converted" on their own thousands of gas-burning cars to all-electric.
- Electric vehicles achieve the equivalent of over 100 MPG while producing zero tailpipe emissions.
- EVs charged in California reduce greenhouse gas emissions by 75 percent.
- Purchasing gasoline over 25 years could total over \$50,000 in today's dollars.



New for 1912: the Detroit Electric.

# Show Time

## Two on the Aisle Play explores time continuum

by Jim Spencer & Shirley Lorraine

It's an interesting concept. Modern day scholars and occupants of Arcadia, an ancient English manor house, try to solve a puzzle about events that may or may not have taken place on the premises two centuries earlier and might have involved the renowned poet Lord Byron.

Santa Paula Theater Center's current play, *Arcadia*, is complicated, complex and, at times, confusing. The action transports the audience back and forth between 1809 to the present all in the same setting, as groundwork for tales of sexual conquests, mystery and supposition in both periods. The play suggests that what is lost is eventually rediscovered, and shows how clues left in the past are interpreted by scholars in the future.

The action starts in 1809 with Thomasina Coverly, a precocious teen with ideas about mathematics well ahead of her time, and her tutor, Septimus Hodge, reputed to be a friend of Lord Byron who, although unseen, is a pivotal character in the play. Hodge is suspected by the 21st Century academics of later becoming a hermit, perhaps after the early death of Thomasina, or possibly as a consequence of a reputed duel. The history of the Arcadia's earlier inhabitants is unrelentingly scrutinized in a quest to find out the truth. To what purpose we never know.

The script by Tom Stoppard garnered Tony and Drama Desk awards for its exploration of age-old questions concerning relationships between past and present, chaos and order, and the disruptive influence of sex upon our lives.

Touted as "a most ravishing comedy," we expected to be thrilled to be on an emotional roller coaster. While the play is rich in language, theory and intellect, the comedy did not come forward the night we attended. Possibly due to the rapid-fire dialogue that bounced like ping-pong balls off the stark, bare walls and floor of the set, as well as the combined pitch of the capable actors' voices, most of the subtle humor was lost before it could be digested and rewarded.

Director Eric Stein fortunately has a talented group of performers to give life to the leading characters. Each is definably distinct in mannerisms as they, as well as the supporting characters, prance with pomp and posture.

Cravats off to costume designer Randy Pool who has proven over and over she is an asset to any period piece. Set designer Mike Carnahan provided just enough authenticity to be useful in both eras, although we felt a rug might have helped with the acoustics.

We applaud the SPTC's effort to bring deep works to theater-goers. But, with a running time of some three hours, we feel judicious cutting can still be made without damage to the premise or the story.

*Arcadia* continues to October 13 at the Santa Paula Theater Center, 125 So. 7th St. Santa Paula. Shows at 8 p.m. Fridays and Saturdays, and 2:30 p.m. Sundays. Tickets: Adult \$18, seniors/students \$15, Children \$12. (805) 525-4645. [www.santapaulatheatercenter.org](http://www.santapaulatheatercenter.org)

# VFS @ 420 East 2013

## The Sapphires

It's 1968 and four vivacious and talented Aboriginal girls, Cynthia, Gail, Julie, and Kay, learn a lot about love, friendship and war. Inspired by a true story, *The Sapphires* (Tuesday, October 1, at 7:15pm) is charming and highly musical sage of this all-girl group. With the help of Dave, a hungry talent scout with very little rhythm but a great knowledge of American soul & DooWop music, they get a gig entertaining U.S. troops in Vietnam, giving them and Dave their first and fleeting taste of stardom. Gives us another angle on the Vietnam era, through the eyes of four star-struck young women for whom succeeding in Southeast Asia might mean a ticket to a better future back at home.

The Ventura Film Society is proud to present *The Sapphires*, sponsored by Ken & Dee Finning of Virgin Moon Video Productions, as part of our 5th season. The VFS thanks all of its patrons, donors, volunteers and sponsors for supporting our mission of bringing quality alternative films and filmmakers to Ventura. Advance Tickets to any VFS film, as well as VFS Memberships, can be purchased securely at [www.venturafilmsociety.com/tickets.html](http://www.venturafilmsociety.com/tickets.html). Screening information is available at [www.venturafilmsociety.com](http://www.venturafilmsociety.com). For information call (805) 628-2299 or write [info@venturafilmsociety.com](mailto:info@venturafilmsociety.com) for further information. The VFS Screening Room is located at 420 E. Santa Clara (@ Oak) in Downtown Ventura. The Ventura Film Society - We Bring People Together In The Dark.

# Music Calendar 9/18 to 10/1

For more events go to [Fun-in-Ventura.com](http://Fun-in-Ventura.com)

- Amigos Cafe & Cantina**  
546 E. Main St., 805-874-2232  
Live Bands and Musicians every Tue thru Sun
- Blackbeard's Seaside BBQ**  
1591 Spinnaker Dr. #115, 805-650-7773  
Live Bands every Thur thru Sun  
Open Mic/Jam Night with "Shure Thing" every Mon 6-9pm  
Blue Grass Jam featuring: The Bottom Feeders every Thur 6-9pm  
Acoustic Jams with "Ken Kong" every Fri, Sat & Sun 12pm  
Fri 9/20 - Backtrack 7-11pm  
Sat 9/21 - 4XL 6-10pm  
Sun 9/22 - Blue Stew 2-6pm  
Sat 9/28 - Loose Canons 6-10pm  
Sun 9/29 - Blue Stew 2-6pm
- Bombay Bar & Grill**  
143 S. California St., 805-643-4404  
Local Live Music every Thur thru Sun  
Wed 9/18 - Blue Jam Session Hosted by Tommy Marsh 8pm  
Wed 9/25 - Blue Jam Session Hosted by Tommy Marsh 8pm
- GiGi's Cocktail Lounge**  
2493 Grand Ave., 805-642-2411  
Karaoke with Steve Luke every Sun & Wed 7pm-12am  
Live Bands every Fri & Sat 9pm
- It's All Good Bar & Grill**  
533 E. Main St., 805-641-9951  
Open Mike Night every Wed
- Majestic Theater**  
26 S. Chestnut St., 805-653-0721  
Fri 9/20 - Julieta Venegas, Los Despiertos, Audiovita 8pm  
Sun 9/22 - All Time Low, The Wonder Years 7:30pm
- Sandbox Coffeehouse**  
204 E. Thompson Blvd., 805-641-1025  
Live Music Performances every Thur, Sat & Sun

- Squashed Grapes**  
2351 E. Main St., 805-643-7300  
Vocal Jazz Night every Tue 6:30-10pm  
House Jazz Band every Fri 6:30-10pm
- The Tavern**  
211 Santa Clara St., 805-643-3264  
Live Bands every Tue thru Sat  
Ventura County Blues Society Jam session hosted by Tommy Marsh every Wed 8pm  
Wed 9/18 - The Caverns 9pm  
Fri 9/20 - I Want My 80's 10pm  
Sat 9/21 - Magnificent Bastards 10pm  
Tue 9/10 - Open Mic Night 9pm  
Wed 9/25 - The Caverns 9pm  
Fri 9/27 - Bullet Made Statues 10pm  
Sat 9/28 - Jahmon Soul 10pm  
Tue 10/1 - Open Mic Night 9pm
- W2O Rooftop Lounge**  
598 E. Main St. (above Watermark) 805-643-6800  
Live Bands every Wed thru Sun  
Friday Dance Party every Fri 9pm  
Thur 9/19 - Ventura Social Club  
Fri 9/20 - Sound Effect  
Thur 9/26 - Ventura Social Club
- Yolies/Hi Hat Entertainment**  
138 W. Main St., 805-816-9663  
Top Notch Musicians and Bands every Fri 8pm  
Fri 9/20 - Rod Piazza and the Mighty Flyers (Harmonica Blues) 8pm  
Fri 9/27 - Kal David and The Real Deal (Famous Blues Guitarist) 8pm
- Zoey's Cafe**  
185 E. Santa Clara St., 805-652-1137  
Live Musicians & Bands almost every night  
Thur 9/19 - Joe Firstman, Jenny Albert, Ian Tepper 8pm  
Fri 9/20 - Army, Wormbag and more 9:30pm  
Tue 9/24 - Bluegrass Jam 6pm, 4th Annual "Ones to Watch" Competition 7pm  
Thur 9/26 - Garrison Starr & Omar Velasco 7:30pm  
Sat 9/27 - Butch Hancock (Flatliners) 7:30m, The Generators & More 9:30pm  
Tue 10/1 - Acoustic Open Mic Night 7:30pm

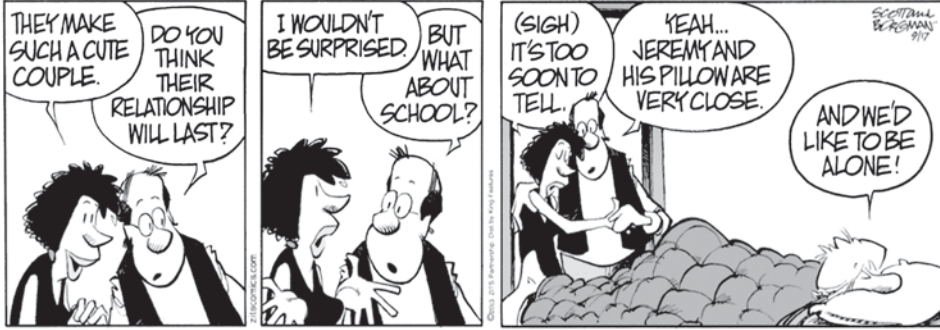


**Would you like to review movies for the Ventura Breeze? You wouldn't get paid but would become world famous! Contact [editor@venturabreeze.com](mailto:editor@venturabreeze.com)**



# Lighter Breeze

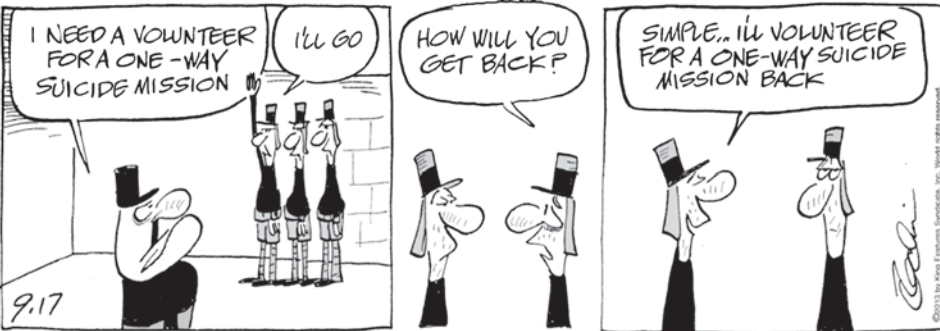
Zits



Tiger



Crock



Mother Goose and Grimm



Blondie



Gil



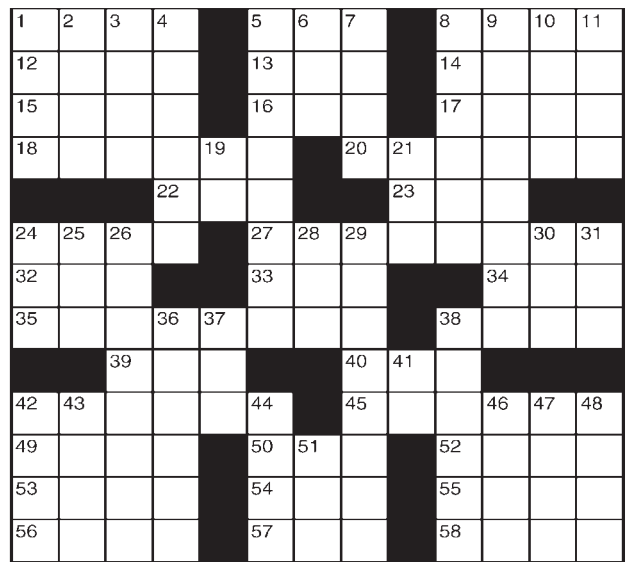
Solutions on page 15

Solutions on page 15

## King Crossword

ACROSS

- 1 Sleeping
- 5 "Avatar" technology (Abbr.)
- 8 Reverberate
- 12 Georgia city
- 13 Young fellow
- 14 Thick chunk
- 15 Poetic foot
- 16 Work with
- 17 Remedy
- 18 Wood nymphs
- 20 Meager
- 22 Deterioration
- 23 Annoy
- 24 Harbor structure
- 27 "The Defiant Ones" duo
- 32 Web address
- 33 Prot. or Cath.
- 34 Genetic letters
- 35 Breach in a levee
- 38 "Hey, you!"
- 39 Have a bug when
- 42 "Lord Jim" author
- 45 Soft fabric
- 49 Neighborhood
- 50 Haven't paid yet



- 6 Petrol
- 7 Mid-month date
- 8 Steep slope
- 9 Some old cars
- 10 Rodgers collaborator
- 11 Follow instructions
- 19 "— as I say ..."
- 21 Spy novel org.
- 24 French nobleman
- 25 Hockey great Bobby
- 26 Laundromat alternative
- 28 French possessive
- 29 Butchers' tools
- 30 Type measures
- 31 Perched
- 36 Shrew
- 37 — carte
- 38 Shine
- 41 "We Bring Good Things to Life" co.
- 42 Urban fleet
- 43 Sandwich cookie
- 44 Armageddon
- 46 November responsibility
- 47 Rams fans?
- 48 Spigots
- 51 Doves' aversion

DOWN

- 1 Desertlike
- 2 Wild hog
- 3 TV trophy
- 4 Come ashore
- 5 Groups of grapes

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**LIBRA** (September 23 to October 22) That new workplace problem should be dealt with as soon as possible. Leaving it unresolved for too long could lead to an even more unsettling and time-consuming situation.

**SCORPIO** (October 23 to November 21) You might have to do some fancy juggling to keep both your work responsibilities and personal obligations on track. But ultimately, you'll work it all out, as you always do.

**SAGITTARIUS** (November 22 to December 21) You might hear some upsetting things about a situation in your life. But don't be swayed by talk. Demand proof before making any decisions on the matter.

**CAPRICORN** (December 22 to January 19) Don't risk depleting those precious energy levels by taking on more tasks than you can realistically handle. Also, remember to ask for help when you need it.

**AQUARIUS** (January 20 to February 18) It might be difficult for the Aquarian who is used to giving advice to take counsel when offered. But it's a good idea to listen to what trusted friends feel you should know.

**PISCES** (February 19 to March 20) Things might be a little unsettled as you move through a period of reassessment. But once you get your priorities sorted out, you should be ready to tackle an important decision.

**BORN THIS WEEK:** You're able to achieve a happy balance in your productive life by never feeling overwhelmed or underappreciated.

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**ARIES** (March 21 to April 19) The changing season brings new experiences as well as challenges for the ever-adventurous Aries. Your social life expands, as do the opportunities at your workplace.

**TAURUS** (April 20 to May 20) That recent period of uncertainty has passed. You can now feel more confident about making decisions, especially those that relate to an important personal relationship.

**GEMINI** (May 21 to June 20) Although you might be faced with a number of tasks on your to-do list, try to take time out to enjoy the arts. Music, especially, can be soothing to the sensitive soul of a Gemini.

**CANCER** (June 21 to July 22) A disagreement with a colleague or friend is best resolved with open and frank discussion. Trying to force the other party to see things your way is bound to backfire.

**LEO** (July 23 to August 22) That Leonine pride might be ruffled by a colleague's challenge to one of your pet ideas. But stop growling and listen. You could learn something that will work to your advantage.

**VIRGO** (August 23 to September 22) Someone in authority might decide to select you as a candidate for a project that carries more responsibilities. Be prepared to show why you're the right choice for the job.

	8	2		9				4
5			1					7
		4			6	5		
	3			7				1
		1			8	9		
7			2				8	5
3			6				2	
		6			9			3
	2		4	1		7		

## Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging  
★★★ HOO BOY!



**"Just a Taste"**  
**Preview Reception**  
 Friday September 27th  
 6:00pm - 10:00pm  
 420 E Santa Clara Street  
 Auditorium - Downtown Ventura  
 Underground Documentary - Silent  
 Auction - Veggie Food Samples -  
 Open to the Community - Tickets at  
 the Door \$10 - Donations Welcome

**Coming to Ventura College in October...**  
**2013 Food & Film Festival for Vegetarian Awareness**  
 Kickoff in the Ventura College Quad ~ Tuesday October 1st ~ 10:00 am - 6:30 pm  
 Keynote Speaker Dr. Robin Bernhoft "The Dangers of GMOs" 5:30pm ~ Room MCW-110  
**Festival ~ Monday October 7th ~ 10:00 am - 8:00 pm**  
**Ventura College Performing Arts Center ~ Keynote Speakers**  
 Films & Discussions ~ Veggie Food Samples ~ Holistic Vendor Booths ~ Raffle

Free events ~ Open to the community ~ Details on Facebook:  
[HolisticHealthandWellnessClub](http://HolisticHealthandWellnessClub) ~ Event Calendar Available Online by Oct 1st  
 Contact: Stephanie Bucklin (805) 263-8414 or [love\\_warrior\\_consulting@gmail.com](mailto:love_warrior_consulting@gmail.com)

## Kids



Sweet N Low to perform for fundraiser

Farmer's Market, at a cancer fundraiser at State Beach and at the Surf Rodeo, among other venues.

Most recently, they hosted a Back-2School Bash at Bombay's; and they are now returning to play with the intention of helping to raise money for Best Day Foundation. Best Day is a non-profit organization whose mission is to help kids with special needs build confidence and self-esteem through safe, fun, adventure activities like surfing and kayaking. Bombay's Restaurant will be donating 15% of their sales from 5-8pm on Friday, Sept. 27th to the Best Day Foundation. There will be raffles and prizes, music and dancing and a variety of gourmet burgers and more by Chef Andy Brooks (formerly of Brooks Restaurant). Please come to eat, dance, win prizes and have fun....all for a good cause!

## School

### St. Bonaventure to host golf tournament

Saint Bonaventure High School will host its 23rd annual golf tournament on Monday, September 23 at Spanish Hills Country Club in Camarillo as part of the school's 50th Anniversary Celebration.

All proceeds from the event will support efforts to renovate and upgrade classrooms and educational facilities.

Check in will begin at 10 a.m. with a Texas Scramble shotgun start at 11 a.m. Dinner and awards at 4:30 p.m.

Individual entry fee is \$195 which includes green fees and golf cart, breakfast, lunch, dinner, and a goody bag including a commemorative 50th anniversary golf shirt. In recognition of the school's 50th anniversary an individual alumni entry will be offered for \$150.

Sponsorship packages are available ranging from \$100 to \$5,000. Individuals or businesses interested in being a sponsor, donating or playing in the tournament may contact golf Co-Chairs Nancy Gill at 437-8456 or Pat McDonald at 805-988-1066.

For additional information and to register for the tournament visit: <http://www.saintbonaventure50.org/golf-tournament/index.html>

### The Best Day Foundation will receive 15% of sales

Torin Hill (bass player), Elle Gaston (singer), Kenny (KJ) Kuhnhofer (drummer) and Jack Combs (guitarist) are the band named Sweet N Low. They are all 14 year old freshmen in high school (3 attend Ventura High and 1 attends Foothill). They've been playing together for less than a year, having performed at The Festival of Talent, at the Channel Islands

### Spotlight on City Council candidates

The Ventura Chamber of Commerce Political Action Committee hosted a candidate's forum for the nine people running for four seats on the Ventura City Council. The forum was held on Sept. 10 at the Ventura Beach Marriott Hotel.

Community Access Partners of San Buenaventura TV (CAPS) taped the event, so look at their site to see when it will be on.

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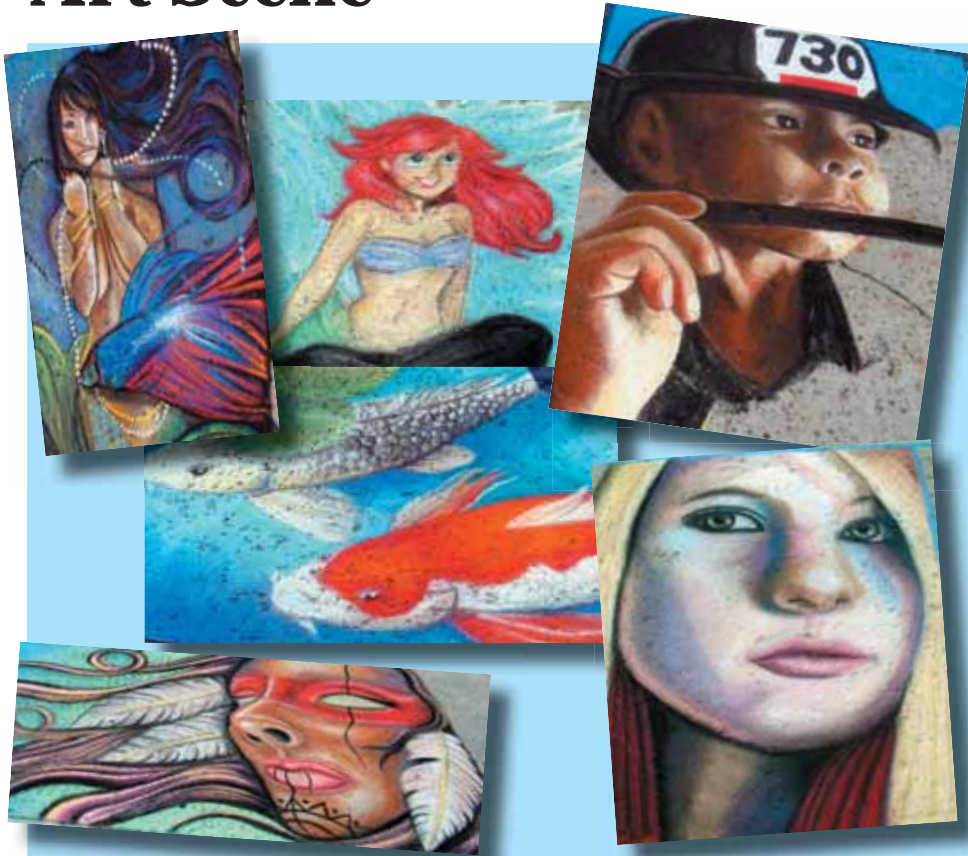
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# Art Scene



The fifth annual Arts in the Park was held on August 17 – 18, at the Ventura Harbor Village. Barbara Hinton, Founder and Executive Director of the festival was pleased that there were so many more chalk artists this year. "We hosted 31 chalk artists, with some coming from as far as Corona. The artists love coming to Ventura to chalk next to the water and many said they would be back next year. I am hopeful that next year's event will be even bigger and better."

The free outdoor event was hosted by Ventura County's FOOD Share and featured fine arts and crafts, street chalk art and live music throughout both days.

# Rhyme time

The Ventura County Arts Council & Groundswell Committee invites you to celebrate the first Laureate Lollapalooza! Poet Laureates from around California will read their work and

discuss all things laureate.

On September 28th from 3 to 5pm at Art City, 187 Dubbers Street, with book signings to follow.

Contact Lin Rolens for further information. 643-1003 or lrolens@aol.com



Join the Museum of Ventura County on Sunday, September 29th from 1:30 – 4:00pm for an exciting new series, An Afternoon of Arts and Letters. Historian Cherie Brant will be lecturing on By Land and Sea; Ventura County's Historic Travel and Trade Routes, while photographer Stephen Schafer will be discussing Then and Now: Architectural Photography. Each talk will be 40 minutes and followed with a Q&A session.

From 1:30 – 2:30pm Brant will

discuss how early travel along Chumash trails, dusty roads, coastlines, and railroad routes helped determine how Ventura County was settled. After her 40 minute presentation there will be a signing of her book Shifting Sands: The Early Years of Channel Islands Harbor 1960 – 1985. At 3pm, photographer Stephen Schafer will give an illustrated presentation on historic architecture in Ventura, and compares how the buildings appeared then as opposed to now.

# Art, a la Carte



Continuing the Museum's Centennial Celebration, Wear to Party! explores the fashionable ways people have socialized with family, friends and others in the community. The exhibit will focus on fashionistas of the past century and display vintage clothing from the Museum's extensive collection, from wool bathing suits to an elegant ball gown.

The Museum of Ventura County is located at 100 East Main Street in downtown Ventura. Hours are 11 a.m.–5 p.m. Tuesday through Sunday. Admission to the exhibitions is \$4 adults, \$3 seniors, \$1 children 6-17, members and children under 6 are free. Paid events include free admission to the galleries, and the first Sundays of every month are free general admission for the public. For more museum

information go to [www.venturamuseum.org](http://www.venturamuseum.org) or call 653-0323.



For a limited Theater Gallery engagement on Saturday, Sept. 21, from 10am until noon Kid's Art will find inspiration among the working artists of Ventura at the WAV. Their free, comprehensive arts program continues for children ages 5-14. Just drop on by. The WAV is located at 175 S. Ventura Avenue.

Join them from September 21st – October 26th; each Saturday morning from 10am-noon for a wonderful art experience.

After calling the Art Barn (On Thompson) home for more than a decade Kids' Arts is moving out into the community in search of new inspiration! They are looking to their many partnerships in the community for the right place to call a new permanent home!



Hannah Lee French will be exhibiting her newest fanciful ceramic sculptures as the featured artist of the Ventura County Potters' Guild Gallery through September 30.

French, a Southern California native, creates very detailed sculptures of dragons and mermaids. French's work is glazed in many bright colors and a treat for the eyes.

Hannah will greet guests on Saturday, September 28th, from 11 am - 7 pm. The gallery is open 11- 6 pm every day.



Portrait of Carlisle Cooper by Donna Granata, Focus on the Masters Series, 2011.

# Carlisle Cooper, 1919-2013

Carlisle Cooper, esteemed artist and educator, died Wednesday, September 11, in Ventura. Mr. Cooper was 94 years old.

Mr. Cooper was a figurative painter who explored the human condition as it concerns man's relationship to truth. His work examined how a human being

strives to maintain harmony and balance in a rapidly changing technology-driven world. Humanity, with all of the wonders of life, is the essence of his art and was his endless well of inspiration. His work was notable for its intoxicating use of color and distinctive transference of shadow.

Cooper was a long-time member of the Buenaventura Art Association. He also taught at Ventura College for over 40 years, mentoring many of the current and past members. Known for his endless patience, his brilliant use of color, his admonition to "squint and compare" and as the quintessential "Southern Gentleman", he will be lovingly remembered and missed by many.

Share your stories about this wonderful artist and teacher on Friday, September 20, 11 am at the Ventura College Painting Studio.

Please bring food or beverages to share (no alcohol, please). Plates, cups and napkins also welcome.

See more about Mr. Cooper at Focus on the Masters: <http://www.focusonthe masters.com/cooper.html>.

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**10 Projects – Part 1**

*Continued from page 1*

on a number of them this summer. I've ranked the 10 biggest new construction projects – those with sizeable potential for impacting Ventura – that could break ground or finish construction within a year. Here are numbers 10 through six.

**Number 10. Marriott – Residence Inn:** Slated for 770 S. Seaward Ave. behind where Golden China currently

resides, the project which includes a 128-room four-story hotel was approved by the City when the developer filed for an extension earlier this year. The hotel represents outside confidence in Ventura's push to be a bigger tourist destination. More recently, architects for the project submitted significant enough changes to warrant the need to go back for design review, a step back for the project. According to Ward, if the developer stays

## This 'n' That

on track, design plans could be finalized by the end of this year with construction beginning next year depending on the economy.

**Number 9. La Barranca:** While not the largest project in the works within the city, the 10 "executive-style" homes planned on Foothill Road near Day Road represent something city officials such as City Councilmember Christy Weir have advocated for – housing of all types, for all levels of income. "Lately we have been concentrating on affordable housing, which is important, but equally important is high-end housing," said Weir. "We want to retain and attract businesses to provide jobs, and provide places to live that are attractive to business owners and other executives."

The homes, which received initial approval back in 2008 recently came back to the City's Design Review Committee in August with updates where they were met with some criticism in regards to how large the buildings were in relation to the lot size. According to city officials the project is expected to move into construction in the first part of 2014.

**Number 8. Island View Apartments:** This 155-unit complex behind Montalvo Square represents the last piece of a neighborhood that has been built – virtually from scratch – in recent years complete with its commercial component Montalvo Square, single-family homes and a park. With the recent annexation of the greater Montalvo area, the region will now be essentially a complete Ventura community. The apartment project received final approval this summer and expects to break ground as early as this fall.

**Number 7. All thing citrus:** Together the Citrus Apartments and Citrus Place/ Orchard Collection Projects makes it to number seven on the list mostly due to the fact that the projects, unlike many others on the City's list, are moving forward at a good pace. The projects are one block from each other in East Ventura near Wells Road and Citrus Road. The 54-unit Citrus Apartments project has recently broken ground and is moving toward completion in 2014. The

Citrus Place project which has already-completed their phase one construction of 60 apartments, is looking to begin construction on phase two and three of its plan which includes 59 single-family and 60 condominiums which, according to Ward, will start before the end of the year.

**Number 6. JenVen Village/Ventura East Village:** Another combination of projects makes the list by virtue of its potential impact on the greater East Ventura area. The JenVen Village project located at Wells Road and Darling Road consists of 83 residential units and has been approved. It is anticipated it will break ground by the end of the year. The commercial component of the project, called Ventura East Village, plans to bring a 14,000 sq. ft. market, 15,500 sq. ft. drugstore and a drive-thru restaurant. While city officials are more than ready to support the prospect of a supermarket and drugstore to support the burgeoning East Ventura area, the developer has not been able to secure tenants beyond a drive-thru restaurant for its project.

See the next issue of TheBreeze to read Part 2 of 10 Projects That Will Change the Face of Ventura where you can read about the top five new construction projects bound to impact the city.

**Are you in pain?**

*Continued from page 4*

for Pain and Palliative Medicine, dubbed a "Center of Excellence" by the American Pain Society. His specialties include advanced interventional pain management, multidisciplinary approaches for chronic pain, and the diagnosis of rare pain conditions. His philosophy is to couple modern medical technology with old-fashioned care, taking the time to carefully listen to concerns, perform a thorough physical examination, and tailor an individualized plan for treatment.

Lombardo's new practice is located at 1730 South Victoria Ave. For general information about the new practice, please call 650-5650 or visit [www.venturapain.com](http://www.venturapain.com).

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**Music & Entertainment**

9/18	Lady Sings the...Janelle Sandler, 7pm
9/19	The Gypsy Blues Room, 7:30
9/20	URBAN SOUL DANCE PARTY, 9pm
9/21	Guy Martin Guitar Players Party, 9pm
9/22	THE Mighty Cash Cats, Johnny Cash Tribute Band, 5pm
9/23	Karen & Joe 6pm
9/24	Catfish & Doug Blues Swing Jam Open Mic, 8pm
9/25	Lady Sings The...Leigh Vance, 7pm
9/26	Hamid Cooper and friends Latin Jazz, 7pm
9/27	The Pier 101 Band, Soul dance 9pm
9/28	Flat Top Tom and The Jump Cats, swing dance 9pm
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