Small Business of the Year; 2012 FREE

Rick Cole returning to public service

In appointing Rick Cole LA Mayor Eric Garcetti stated "I'm excited to appoint Rick Cole as Deputy Mayor for Budget and Innovation. He's someone with a proven ability to both conceive of innovative solutions and deliver results. He will be a critical asset to my agenda of balancing the budget and making City Hall work better."

Cole most recently served as Parish administrator at the San Buenaventura Mission where he and his family have been active at the Mission since they moved here. His children have attended their school and he served on the school board, and he and his son have both been lectors during mass.

And, of course before that as our city manager. Cole recently resigned as city manager because he felt he no longer had support from a majority of city council members. His years of experience both as a city councilman and a city manager lead him to conclude that, with council support wavering, he would have an uphill battle doing his job. At the time he said "I have an enormous amount of respect for the council's responsibilities. They're the ones accountable for the leadership. Therefore, when four out of seven express their concern, I take that seriously."

And at the time Mayor Tracy commented "The Council recognizes Mr. Cole's vision and dedication during his time as our City Manager and the many accomplishments during the past eight and a half years, notably the adoption and implementation of our General Plan and making the hard choices that have ensured Ventura has lived within our means during tough economic times. We appreciate his service to our community and wish him well in his future endeavors."

In a statement to the Breeze Cole commented "My family and I fell in love with Ventura and made it our home. While public service calls me to Los Angeles, I will be forever grateful for the opportunities I had to serve our City and the Mission. We won't be strangers because the roots we put down here are Continued on page 4

Wherever you and your best friend are enjoying the dog days of summer, you can always catch up with the Breeze at venturabreeze.com



Published Every Other Wednesday

Jessica Han and Amanda Vassaur are proud to be winners in the Ventura County Fair Poster Contest. Photo by John Ferritto.

Posters illustrate the Fair's 2013 Theme *Boots, Barns & Banjos*

5 through 12 competed in the third Ventura County Fair Poster Contest with entries that illustrated the Fair's 2013 Theme: "Boots, Barns & Banjos". Of 57 entries, 3 were chosen by a panel of judges as the winners of the 2013 Ventura County Fair Poster Contest.

The Ventura County Fair unveiled the winners of the fair's annual youth poster contest on Tuesday, July 9 at the

"Congratulations to the talented winners of this year's contest", said Barbara Quaid, Fair CEO, adding "Every artist who entered can be very proud of your uniquely crafted contributions to our community."

Cash prizes were awarded to the 3 winners and their artwork will be used to promote the 2013 Ventura County Fair. All contest entries will be displayed in the Youth Expo at the

The winners were: 1st place, Jessica

Ventura County children in grades Han (15) from Thousand Oaks (Newbury Park High School), 2nd place, Amanda Vassaur (18) from Fillmore (Fillmore High School) and 3rd place, Megan Kane (13) from Ventura (Foothill Tech High School in the fall).

Your Hometown Paper

www.venturabreeze.com

Jessica Han has been drawing since she can remember and art is a huge part of her life.

She stated that "My sister inspired me to first start taking art lessons and still inspires me today. I have always loved to sketch, but recently through my art class at high school I have also discovered the beauty in charcoal, chalk pastel,

"I am the founder and president of the Newbury Park Speech and Debate Team. I compete in math competitions every year. I'm also on the golf team for Newbury Park. In my free time I enjoy running, swimming, kayaking, and watching TV." (In her free time?)

winner Continued on page 4



Street chalk art is just one of the many wonderful arts to be featured at Arts in the Park held at the Ventura Harbor.

FOOD Share to host Arts in the Park

The fifth annual "Arts in the Park" will be held on Aug. 17 - 18, from 10 a.m. to 5 p.m. at the Ventura Harbor Village Main Lawn. The free outdoor event is hosted by Ventura County's FOOD Share and will feature fine arts and crafts, street chalk art and live music throughout both days. The art exhibitors will offer a wide display of sculpture, photography, jewelry, and paintings.

Los Angeles artist JD Shultz has been selected as this year's Featured Artist. JD's art captures the mind, soul and inner spirit through a body of work best described as "complexity at its most whimsical".

While fine arts and crafts are displayed on the lawn, the sidewalks provide a canvas for approximately 25 street chalk artists. Chalk artists at the event started in 2011 when Executive Continued on page 18

Criminal investigation closed

Ventura City Attorney Ariel Calonne has announced that his office will not be pursuing criminal charges against Iralex Corporation or local attorney Peter Goldenring. Calonne's office had opened a criminal investigation on February 28, 2013 following grading activities in the Ventura hillsides above Mint Lane.

Calonne said, "We have uncovered no evidence whatsoever that would prove Mr. Goldenring acted with any criminal intent. In fact, his actions were approved by several key City staff members. Moreover, Mr. Goldenring has agreed to undertake substantial erosion control actions that will provide assurance that the surrounding areas are protected."

Part of the job of the City Attorney is to investigate matters from time to time. The fact that an investigation was opened is not reflective of there having been any illegal conduct. The evidence makes clear there was none by Mr. Goldenring in this circumstance.



The annual Pushem-Pullem parade, held on Main Street attracted a huge amount of participants and viewers which led them to the 38th annual Ventura Street Fair featuring many-many food, organizations and merchandise vendor booths. All celebrating the Fourth of July. The day also featured 6 bandstands providing fine music and dance performances.



July 24 -August 6, 2013



Buy Fair Tickets On-Line!

(805) 648-3376 www.venturacountyfair.org

Enjoy an Old Fashioned "Country Fair with Ocean Air" Free Concerts! Exciting Carnival Rides! Farm Animals! Acres of Fun!

★ DOLLAR DAY Presented by Pepsi Wednesday, July 31

Entry to the Fair is \$1 'til 3PM

☆"FEED THE NEED" FAIR CARES FOOD DRIVE

Presented by FOODShare with Farmer's

Thursday, August 1

Purchase your adult admission ticket and bring 5 cans of food for FOOD SHARE before 5pm and get a FREE return fair ticket. Return ticket valid Mon-Thurs., Aug 5-8

YOUTH DAY Presented by Santa Ynez Band of Chumash

July 31-August 11, 2013

Friday, August 2 All Fair visitors 12 years of age and younger will be admitted free all day

★ SENIORS / Presented by Sleep Number

PERSONS WITH DISABILITIES DAY

Tuesday, August 6 *Open at 10AM* All senior citizens age 65 and older and all persons with disabilities admitted free.

★ \$3 BEFORE 3 DAY Presented by Pepsi

Wednesday, August 7

Admission to the Fair is \$3 before 3 PM

★ MILITARY APPRECIATION DAY

Thursday, August 8

All military personnel holding a current, valid military i.d. will be admitted free.

Free Concerts

Presented by Chumash Casino Resort

Billu Currington

Friday, August 2 @7:30 PM

Stux

Saturday, August 3 @7:30 PM

Ramon Ayala

Sunday, August 4 @3:00 PM

Monday, August 5 @7:30 PM

Hunter Hayes

Air Supply Tuesday, August 6 @1:00 PM

Darul Hall and John Oates

Tuesday, August 6 @7:30 PM

3 Doors Down

Wednesday, August 7 @7:30 PM



Plain White T's

Thursday, August 8 @7:30 PM



Kool & the Gang

Friday, August 9 @7:30 PM





Motor Sports Presented by Toyota

Wed & Thurs 7/31 & 8/1 @ 6:00 PM

(requires additional ticket)



P.R.C.A. Rodeo Presented by Toyota

Sat & Sun, Aug 10 & 11 @ 2:00 & 7:00 PM

Free Parking, Free Shuttles at these locations:

* The Collection at Riverpark

- Oxnard Performing Arts Ctr Ventura High School
- ☆ County Government Ctr ☆ Vta Unified School District
- * Pacific View Mall Schooner Dr.@ Harbor Blvd.



\$35 one way, \$65 round trip. Fuel surcharge will apply.

> **Discounts for groups** and charters. Cash only on the day of travel.



Depart Ventura

- 4:30am 6:30am 8:30am 10:45am
- 1:00pm 3:15pm 5:30pm 7:30pm
- Oxnard departs 15 minutes later.
- No departures: 7:30pm Vta, 7:45pm Oxn, on Saturdays only.

Depart LAX

6:30am • 8:30am • 11:00am • 1:00pm • 3:15pm • 5:30pm • 7:30pm

• No departures 9:30pm Saturdays only.

Holiday Inn is charging \$5 a day for parking. No charge if dropping off only.

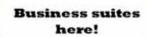
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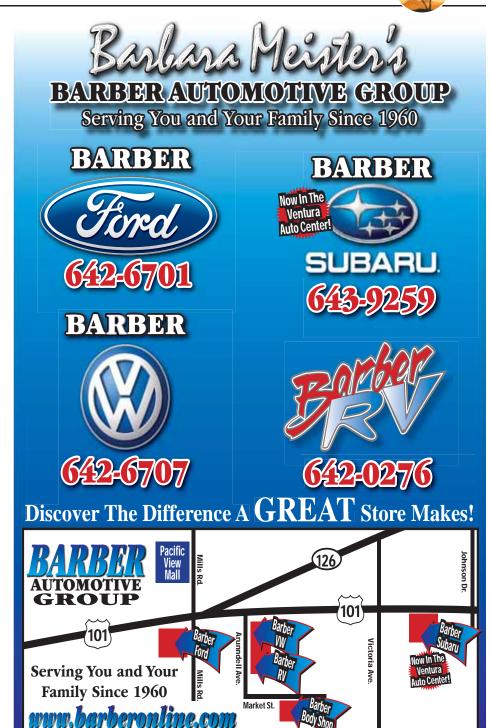


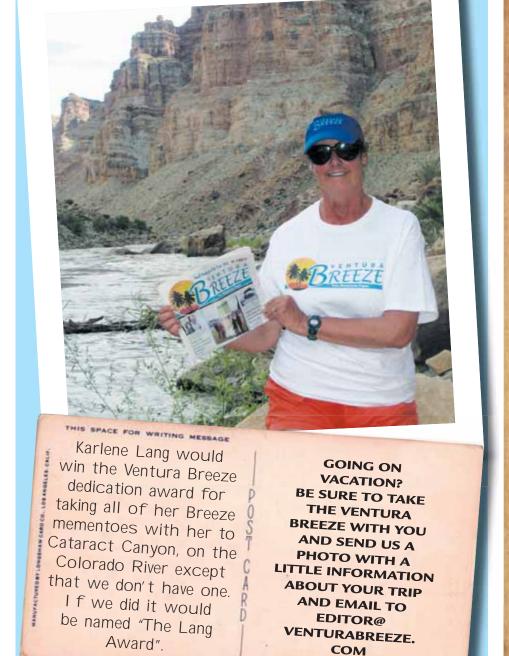


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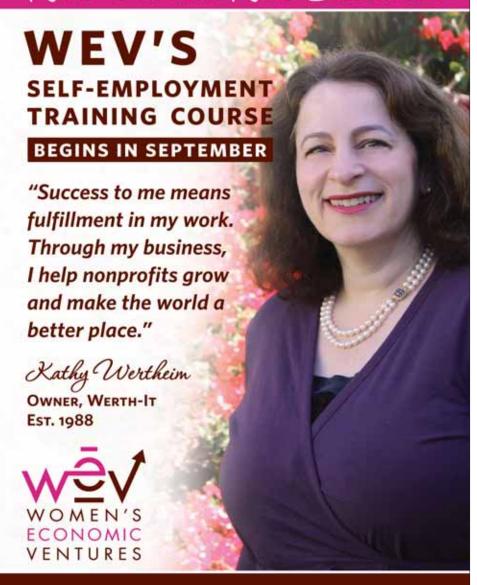






July 24 -August 6, 2013 Ventura BREEZE

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Ventura's water and wastewater rate increases

Beginning on July 1, Ventura's water and wastewater bills reflected the second year of the two-year rate increase plan approved in May 2012. This rate increase, like the first one on July 3, 2012, will fund the capital renewal program for Ventura's aging infrastructure and increases in electricity, supplies and water charges from other agencies.

A typical residential household using approximately 7,800 gallons monthly can expect an additional \$9 per month and commercial office accounts using around 26,000 gallons during the same period may cost \$30 more per month. These increases include higher Estuary Protection charges, which are funding the planning costs for a new program to reuse the water currently cleaned by the Ventura Water Reclamation Facility and released into the Santa Clara River

For more information, visit www. cityofventura.net/water/rates or contact Customer Care at 667-6500 or mvvtawater@cityofventura.net. Since 40-60% of water consumption is used for landscape irrigation, customers are encouraged to access online tools and register for free. upcoming landscape-focused classes to reduce their usage atwww.cityofventura. net/water/landscape.

The current rate program is based on a formal Cost of Service Study completed last year with input from a volunteer citizen Advisory Committee

and customers who participated in a series of public meetings. Ventura Water customers will be invited to attend public meetings this fall when a new Rate Advisory Committee reviews future financial plans and rates to support Ventura's community-owned and wastewater utilities.

Some of the City of Ventura Classes

Classes are held at the Barranca Vista Center, 7050 Ralston Street, in Ventura unless otherwise stated. To register call 658-4726 or if you already have an account online, visit www.cityofventura.net.

Basic Guitar 9 years-Adult 7/30-9/3 Tuesday 7:00-8:30 pm \$55

Learn folk and pop strums, patterns and chord progressions. Students provide own acoustic or electric guitars. Instructor Randy Covington. Classes held at Dudley House, 197 N. Ashwood St. Course #34753. **Polynesian Dance for Youth & Adults**

7/30-9/17 Tuesday 4:00-5:00 pm \$60 6-11 years Course #34720.

7/31-9/18 Wednesday 7:20-8:45 pm \$60 12 years-Adult Course #34801.

Learn the dances of Hawaii and Tahiti, and the use of Maori poi balls. Please bring a skirt and/or sarong to class. Poi balls (\$10), and ii hand tassels (\$15) are for purchase at class. Instructor Elaine Tavares. **Processing Your Digital Images**

14 years-Adult

8/3 Saturday 3:00-7:00 pm \$65

Learn processing techniques step-bystep for Photoshop Elements 9/10 and Photoshop CS5; for portrait retouching, sizing images for e-mail and the web; and converting snapshots to awesome images.

City News

Instructor Brent Russell Paull. Course# 34576.

Dance & Date Night at House of Dance 18 years-Adult 8/4-8/25 Sunday 7:00-8:00 pm \$46 per person

Make a date to learn a new dance style every 4 weeks. Wear leather or suede shoes. Instructor Patricia Monico. At House of Dance, 3007 Bunsen Ave., Suite E & F. Course #34765.

Zumba for Beginners 15 years-Adult 8/5-9/16 Monday 5:15-6:00 pm \$50/\$90 for both M & Th Course #34680.

8/8-9/12 Thursday 5:15-6:15 pm \$50/\$90 for both M & Th Course

Basics in salsa, cumbia and other dances are great calorie burners. Instructor Norma Lyons. No class 9/2.

Evening Body Hoops in the Park 14 years- Adult

8/6-8/27 Tuesday 6:15-7:15 pm \$48

Hoop for fun while you flex and strengthen the core, burn calories and tone the entire body. Hoops available to use and for sale at the class. Wear comfortable attire to move in, bring water. Instructor Lori Eckberg. Course# 34492.

Special Event Grants applications due

Applications are due July 31 for the City of Ventura "Special Event Permit Fund," a grant program open to event organizers staging festivals and events in Ventura that activate public space and increase visitor spending.

The grants are to be used to cover all or a portion of special event permit fees levied by the City of Ventura for special events occurring on public property.

The maximum amount of an award is \$2,000. Applicants must be a Ventura based nonprofit or an agency partnering with a Ventura based nonprofit. The funding period is available bi-annually. Events occurring September 2013-February 2014 are eligible for this grant cycle.

Online applications are available at http://www.cityofventura.net/permits or by contacting Office of Cultural Affairs Supervisor Georgeanne Lees at 658.4720 or glees@cityofventura.net.

Mission, but truly for what he has done to contribute to our community. His labor of love has raised the level of civic discourse and deepened mutual understanding throughout the city." Ventura County Supervisor Steve Bennett said "Los Angeles is fortunate to have Rick Cole's vision as part of their leadership team. They were smart to tap his

ting how government works to meet the

publisher Brown. Not only for all the

personal thoughtfulness toward me

in both my roles at the City and the

"And I also want to thank Breeze

needs and realities of the 21st Century."

As Deputy Mayor of Budget and Innovation, Cole will attempt to balance the city budget and develop and implement new tools and solutions to make government more cost-efficient, faster, and more responsive. He will oversee Mayor Garcetti's Chief Technology Officer, Chief Sustainability Officer, and Performance Management Unit. He will also oversee departments including the City Administrative Officer, the Office of Finance, the Information Technology Agency, Personnel, Employee Relations, the Los Angeles City Employees' Retirement System, and the Los Angeles Fire and Police Pensions.

2013 Fair posters

Continued from page 1

Vassaur's interests include running cross-country for her high school, drawing, painting and hanging out with her friends, and cooking.

"I plan to study fashion design and would like to attend the Fashion Institute of Design and Merchandising (FIDM) in Los Angeles. I have been taking art in school since the 6th grade."

Her art interests include painting, drawing, as well as learning about techniques and styles of past artists.

Megan Kane's favorite sports are rock climbing and swimming. And for fun she hangs out with family and friends, and does arts and crafts.

She said, "I have done art ever since I could hold a pencil. I prefer to do pencil drawings the most, but I also like water color and acrylic paints. I've had great art teachers from elementary school to middle school."

"When I'm older I want to be a scientist, but I will always be doing art, and maybe someday I can sell some.'



Los Angeles new mayor Garcetti selects Rick Cole as his Deputy Mayor for Budget and Innovation.

Rick Cole

Continued from page 1

deep, especially our ties to some very special people who've been such supportive friends and co-workers."

"I particularly extend my best wishes to the people I worked with at the City of Ventura because the challenges of local government continue to mount. That's my primary motivation in taking on this new role -- to join a team committed to recrea-



Alex Unruh-Nichols wasn't afraid of this kindly pirate who he met at the Ventura Harbor Village on Saturday, July 13 at the Ventura Harbor Pirate Days invoking the lure of the sea and adventurous pirates as the popular festival. This is one of Ventura's most popular events and attracted "pirates" of all ages and 2 days of very large crowds who were captivated by such famous pirate re-enactors as Captain Jack Sparrow and Captain Hook. Photo by John Ferritto.



Member, Ventura Chamber of Commerce and Oxnard Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located

in Oxnard. Publisher

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Advertising advertising@venturabreeze.com

Ventura Breeze

1575 Spinnaker Drive, 105B, Box 393 Ventura, CA 93001

Phone/Fax 805.653.0791

The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words.

Dear City Council

I'm somewhat perplexed by the ability of the city to conduct the Pushem Pullem Parade along with a downtown fair for the 4th of July but the inability to conduct the city's fireworks show. I imagine the parade and the

Opinion/Editorial

parking fee at San Bue-

An over cast

and the \$10



naventura State Beach kept some away from the Pooch Parade held on Sunday but still a wonderful crowd and

day

great event to help dogs get adopted instead of euthanized. It does seem to be a never ending problem.

It would seem to me that for this wonderful event (and other non-profits) that the state could provide free parking in order to have even more people attend these events.

It's stupid enough to need to pay \$10 to park there. Some brilliant state employees decided that raising the fee to \$10 would bring in more money not realizing that parking attendance would be much-much less then it was when it was \$5.00.

■ Even though it is still several months away this should be a very interesting city council election coming up. Four incumbents that might re-run and 2 new candidates have declared so far.

Might there be some changing of the guard?

Ventura County has started one of their largest construction projects with the start of demolition to kick off the construction of a \$305 million hospital wing at the Ventura County Medical Center. The proposed 3-story addition is hoped to be completed by 2017 and the demolition started at almost the same time that Community Memorial hospital is about ready to start the steel framing on their new facility.

Really amazing that there will be two major hospitals in Ventura.

Now all we need is a major performing art center, and I know right where it should be.

■ At a recent City Council meeting Ventura Chief Financial Officer Jay Pinzica stated that for the first time in a long time that the approved budget will not use savings to balance spending and income.

He told the council "That is a major change in the last 5 years and is really encouraging."

The council approved the new budget 5-1 with Neal Andrews voting against it and member Brian Brennan was not in attendance.

New (fairly) City Manager Mark Watkins said "We have balanced our budget so that feels good."

■ Looking to bolster protections for mobile-home residents, the Ventura City Council supported proposed legislation to give the residents more say about conversion of spaces from rental to ownership.

Mobile-home park residents typically own their homes but not the land that they sit on. Laws require an owner seeking to subdivide to poll residents on whether they support a conversion. The survey results and a map of the proposed subdivided property are forwarded to local governing bodies to be considered as part of the conversion.

Legislation clarifies that if most residents oppose the changes, the plans could be denied.

■ Residents of Ventura can sign-up now to receive "Green Tips" text messages that provide easy, actionable information for sustainable living by texting the word



A slight improvement at McGrath State Park is taking place and it is now possible to wade to the benches to have a picnic and help is on the way with a new pumping system.

VENTURA to 39798 (message and data rates may apply). The tips provide simple changes to lessen your impact on the environment and improve the environment.

- I was very saddened to hear of the recent death of National Park Service volunteer 65-year old Joe Wysocki who recently died after falling from a boat at Anacapa Island and hitting his head. He had been a volunteer for the last several years.
- Due to increased state funding, and because Ventura voters in November approved Measure Q, a property tax expected to raise about \$2.5 million for the district's schools for the first time in four years, Ventura schools will have smaller class sizes and no furlough days starting in the next academic year. The Ventura Unified School Board has unanimously approved

a \$138 million general fund budget for the 2013-14 school year.

The budget calls for hiring more teachers and using \$3.5 million to add back the seven furlough days the district had last year.

"It's a pleasure to be looking at restoration versus what we've been doing for the last four or five years, which was reductions, reductions, reductions," Superintendent Trudy Arriaga said after the meeting. "This is what our kids deserve."

I have a really hard time understanding why there is a short fall of school money to begin with.

I thought that the lottery and monies added to building fees were going to bring in zillions of dollars for our schools? Where, oh where does it go?

■ You can have an opportunity to assist struggling individuals in our community with the Santa Clara River Levee Illegal Homeless Camper Assistance Operation. The program will help homeless individuals (whom have received three months advance notice) remove and store their personal possessions from their camps being removed.

The work involved is gritty and dirty, however it is supervised by police and fire safety officers to ensure optimum security. Twenty five volunteers are hoped to be avaiable for this operation.

The operation will take place on Monday, August 19th, from 7:30am-2:00pm (any time in between, minimum 2 hour shift) in the area behind the River Haven camp (Off of Harbor), adjacent to Olivas Links Golf Course and the Santa Clara River. There will be a mandatory volunteer training on Wednesday, August 14th at the Ventura City Hall Community Meeting Room.

Please RSVP no later than Thursday, August 8th to Annett Ewing at aewing@ cityofventura.net or at 654-7724.

■ Even though they are legal the City Council has asked the city attorney's office to draft an ordinance banning marijuana cooperatives and collectives in Ventura by a 5-1 vote. They also want the growing of marijuana for commercial use to be illegal.

The California Supreme Court has given cities the right to ban such uses.

I really struggle with this issue because many sick people are greatly helped with the medical use of cannabis and it is legal to have cooperatives and collectives in California.

Mailbox

fair are partially conducted to attract visitors and tourists to our city (as well as to entertain the local inhabitants.) However did the city also plan a mass exodus from Ventura as people scramble to try to find a local fireworks show? I only see negative outcomes coming from this plan...

1. People will be drinking and driving 2. People will buy more illegal fireworks (than ever before) to entertain themselves locally

3. Traffic down Harbor and Victoria will be at an all time high since Oxnard is the closest legal fireworks show

I understand the fireworks show cost money but I think the loss of tax revenues the city will incur as people leave the city to find entertainment elsewhere would have offset the cost. I also believe there will be increased costs placed on the local police and fire stations due to the increase in illegal fireworks. I find this to be a huge disappointment with the Council; I also find it unpatriotic to say the least. Sincerely,

Kim Castro



This is in response to a comment made by publisher Sheldon in last issue: Sheldon:

I hate to take you to task, but saying that our music festival was cancelled this year because of a lack of volunteers couldn't be further from the truth. We had over 500 new volunteers help us out during our habitat restoration and river clean-up events this year alone! There were a number of factors involved in this

Last year we celebrated 10 years of Ventura Hillsides Music Festivals. As VHC enters its 11th year, we are working on transitioning and expanding our goals for land conservation. This is an exciting opportunity and this effort is essential preparation for our ultimate success. We are also embarking on active restoration and stewardship of newly donated land we have received and we are committed to continued progress in our current projects in both river and land preservation. The VHC Board is working to outline our goals, our work and our strategy for 2013 and beyond. We have a lot on the horizon. For this reason, we are postponing the Ventura Hillsides Music Festival for this year and will keep you posted as our strategy develops and plans for the next big event unfold.

Continued on page 15

A crank is a man with a new idea—until it catches on. - Mark Twain







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Community Events

Ventura events

by Ana Baker

Would you like to meet new friends? Do you need more than tweeting or blogging to express what's on your mind? Whatever the reason, **Ventura's Conversation Group** is the right outlet for you. This eclectic group meets **Wednesdays** from 4p.m. to 6p.m. at the Adult Recreation Center, 420 E. Santa Clara Street. People of all ethnicities, education, incomes, personalities, and interests are welcome. No topic is off limits.

Approximately one in every 4 adults in Ventura County struggles to read. **The READ Literacy program** helps Ventura County adults learn to read or to improve their reading skills.

READ is holding presentations for community members interested in learning more about the program. These presentations are in Ventura on the **third Tuesday of the month** (801 S. Victoria Avenue, second floor) from 6:30 p.m. to 7:30 p.m. For more information, call 677-7160 or visit www.vencolibrary.org.

The READ program trains volunteers who then work with the same individual each week by providing one-to-one coaching.

Exhibits will come alive at the Museum of Ventura County during the new docent-led gallery talks. Each week knowledgeable Museum docents will highlight current exhibits and share their stories and research on a variety of topics including the Chumash Indians, Mission era and pioneer stories, and the history of Ventura County filmmaking to name just a few. Talks will be held in the Huntsinger Gallery at 2 pm. These special talks will be held on the first, second and fourth Wednesday of the month. Admission for the Wednesday Gallery Talks is included with general admission. \$4 adults, \$3 seniors, \$1 children 6-17, members and children under 6 are free.

For more museum information go to www.venturamuseum.org or call 653-0323.

July 25: The Friendship Connection, a group of retired women, will hold its monthly luncheon at The Lure Fishhouse, 60 S. California St., on Thursday, at 11:30 a.m. The guest speaker will be Sara Roberts, Senior Librarian at E.P. Foster Library. She will discuss plans for the library for the upcoming year. The meeting is open to potential members of the

group. Please call Donna at 659-3460 for further information.

July 27: Servants of the Father of Mercy "Fiesta!" for free at their 5th annual youth and family, kids, mom and dad summer event! It's Saturday, from 9 a.m. until 5 p.m. at Manny's Auto Shop. 1055 East Main Street, Santa Paula. A big garage and rummage sale, handmade jewelry by Sebastian of Ventura, handmade rosaries, tacos, snow cones, funnel cakes, strawberry crepes by Mai Pham of Ventura's Mai's Cafe, lemonade, iced tea, handmade crafts, home baked goodies, clowns, temporary tattoos, live Mexican music and much more! All donations from the event will help the homeless in the area to receive more deliveries of food, water and clothing from the Servants of the Father of Mercy.

July 27: You are cordially invited to any one of the following **Eco-Buyers** Ventura Mixers: Sunday July 28th at 4p.m., Monday July 29th at 7p.m., Tuesday July 30th at 7p.m., Wednesday, July 31st at 6p.m., and Thursday August 1st at 7p.m. Refreshments and brainstorm for "local, eco-friendly, worker-equitable" basic monthly products, review the concept of a "Cooperative" and how empowering will be for all of us economically, while it also serves the environment in support of local and eco-friendly companies that treat their workers fairly! Location is 33 Hurst Avenue, just off Main St. Space #8. For more information and to RSVP 628-3198 or 628-0322.

Aug. 4: Citizens for Peaceful Resolutions will hold its monthly **meeting** in the Topping Room of E.P. Foster Library from 3p.m. to 5p.m. The Current State of the International Campaign to Abolish Nuclear Weapons: An Update. Dr. Robert Dodge will provide an update on the efforts of a variety of organizations to mobilize people in all countries to advocate for the abolition of nuclear weapons. Admission is free. Thought-provoking, challenging, and deeply moving, the Symposium is a dynamic multimedia presentation drawing on some of the most respected social and scientific experts of our time, interwoven with wisdom and inspiration from our indigenous partners.

Aug. 4: A May 2, 1948 broadcast of *Sherlock Holmes* and 1907 to 1930 recordings of Charles Peguri will be featured in the Dudley House historic recording series during the **Dudley House open house**. The house will be

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Community Events

open from 1p.m. to 4p.m. The Dudley Docents will give tours of the history of the house with its Dudley family furniture. Admission to the house and the refurbished lavender garden with over 70 varieties of lavender is free. The Dudley House is located at 197 N. Ashwood. Anyone interested in working on the docent tours of the house, the lavender garden, or the program, lavender call Steve Cummings at 644-3286.

Aug. 5 & 19: The Ventura County Philatelic Society will meet at the Church of the Foothills, 6279 Foothill Road for stamp trading and camaraderie. Mondays from 7:30 p.m. to 9:30 p.m. and admission and parking are free. Come for a great evening. They are a fun group. Contact: vcpsfo ryou@lycos.com or 320-1601

Aug. 6: Mended Hearts of **Ventura** meet on the first Tuesday each month. Meeting will be held at the Community Memorial Hospital on the 8th floor from 7p.m to 9p.m. Come share if you have had heart surgery or stent implant. Excellent speakers - leading Cardiologists, Nutritionists, Dietitians, etc. from our area, who give excellent information. Contact: Richard Hatcher, 644-2733

Aug. 7: The Beach Cities Neighbors and Newcomers Club, (BCNN) is a group of active women of all ages who live in Ventura, Oxnard, or Port Hueneme and enjoy activities such as hiking, bridge, dining, wine outings, reading, mahjong, cooking etc. For more information, please come to our monthly meeting at the Greek Restaurant located in Ventura Harbor at 9:30 a.m. No charge for meeting and no reservations are required. Coffee or Tea is available at a nominal charge of \$1.00. Guest Speaker: Ed Lynch, Board Officer, Laubach Literacy of Ventura County, It's about the Original American Dream.

Aug.14: The Yacht Club at Channel Islands Harbor, (TYC) invites you to experience the beauty, ambiance and camaraderie of the newest Yacht Club in Channel Islands Harbor. For more information attend the open house to be held on Sunday, between the hours of 12 p.m. to 3 p.m. where you can enjoy a taste, tour the club and meet some fun people. The Yacht Club of Channel Islands Harbor is located at 4308 Tradewinds Dr. at Westport Marina/Whitesails Condos off Wooley Road in Oxnard. For more information please visit Membership@theyachtclub.us or call 825-5974.

Aug. 17: The Bargain Box Resale **Shop**, sponsored by Assistance League of Ventura County, will be having a Fall Home and Garden Event Saturday, from noon to 4 p.m. The day will feature indoor and outdoor plants, birdhouses, garden art, home decor and much more. Bargain Box is located at 1975 E. Main Street. All proceeds will benefit the philanthropic programs of Assistance League of Ventura County. For more information call 643-5593.

Ojai events

A staged reading of Marion Scherer's newest work To Do Something Good will be performed on August 10 at 8pm at the **OYES Theatre** at 316 E.Matilija, 646-4300

This is the third in a series of modern day morality plays addressing social consciousness issues.

To Do Something Good is a surrealistic play about the impact of future technology on spirituality and is appropriate for all faith based groups or none. The audience will become the second act and be encouraged to comment on what the play provokes in them. Admission is free, all donations go to support the OYES theatre and its dedication to the arts.

In conjunction with the Ojai Valley Museum's current exhibition, Ojai Collects: Selections from Eight Ojai Private Collections. the museum will host a PowerPoint lecture by world renowned. Santa Barbara based, painting conservator Scott Haskins. His soft cover book, Save Your Stuff From a Disaster, is a down to earth handbook about protecting and preserving a large array of treasures. If you have "things" you collect and "things" you cherish, you should be in the audience on July 26 to learn from an expert on the buying and preserving of "all things collectible." Seating is limited and reservations are suggested. OVM members are free of charge; Non-members are \$7 at the

The museum is located at 130 W. Ojai Avenue. For additional information, call the museum at 640-1390, ext. 203, e-mail ojaimuseum@ sbcglobal.net or visit the museum website at: Ojai Valley Museum.org.

Are you interested in making coffee mugs or bowls or bottles or teapots and having these functional pieces viewed as art? Be inspired and challenged this summer by attending the Function + Art Fusion workshop taught by master potter Frank Massarella.

This six-day class will run from August 5 through August 10, at the Ojai Pottery and Clay School, 212 Fox St. This is a hands-on workshop to hone your throwing and altering skills. Massarella will demonstrate surface embellishing and glazing techniques, reworking of functional pieces, and how to vary your approach to ceramics. The fee for this class is \$600, and those interested in registering should email classes@ojaipottery.com or call 798-3990.

On Sat. & Sun., July 27 & 28, the Ojai Film Society will screen The Sapphires, a charming, realityinspired story about a vivacious and talented Australian Aboriginal girl group who entertains U.S. troops in Vietnam in 1968. And on Sun., Aug. 4, the Ojai Film Society will screen Greenwich Village: Music That Defined a Generation, a documentary about the Greenwich Village music scene in the 1960s and early '70s and how it sparked lasting political, social and cultural changes. Ojai Playhouse, 4:30 pm.

The City of Ojai is pleased to announce the hiring of Heather Waldstein as Assistant Planner for the City of Ojai. Ms. Waldstein will be responsible for assisting with the processing of planning applications, in addition to helping with longrange planning initiatives.

Ms. Waldstein comes to Ojai with an extensive background in city planning and environmental consulting, having worked for numerous cities in southern California, both as a staff employee and as a consultant. She holds a bachelor's degree in urban planning from California Polytechnic University, Pomona and

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has completed coursework towards a government, Livingston staff and master's degree in Public Administra- Livingston supporters. This new Ojai

Northridge.

Dancing Oak Ranch returns with its second wonderful outdoor **show** of the season on Sunday **August 4** with the world-renowned 5-piece band, John Reischman and the Jaybirds who hail from Canada and bring to the states their own creative blend of playful folk and energetic bluegrass, perfect for a lazy Sunday afternoon under the oaks picnicking with family and friends. This show is on a Sunday, rather than their usual Saturday. So mark your calendars that the gates will open at 3pm and the surprise opening act will start at 4pm.

North American tours, five critically acclaimed albums, two Juno nominations and two Canadian Folk Music Award nominations...little wonder, the buzz around John Reischman and the Jaybirds continues to grow.

Livingston Memorial Visiting Nurse Association and Hospice celebrated the opening of their Ojai office at 202 Canada Street with a ribbon cutting ceremony on July **10**. Over 70 people attended with representation from the medical community, Ojai chamber, local coordinator@ojaiday.com.

tion from California State University, office joins Livingston's corporate office in Ventura and their branch office in Thousand Oaks. In addition to home health and hospice, Livingston also provides a vast array of community benefits including a full spectrum of free health classes plus several bereavement support groups. Livingston is honored and proud to be part of the beautiful Ojai Valley and invites you to stop by their new office, from Tuesday through Saturday, 10:00 am to 4:00 pm. Or call Livingston at 642-0239 or 272-8593 anytime.

> Ojai Day is now accepting submissions for the 2013 Ojai Day poster contest.

The Ojai Day poster has been After years of European and an important part of the Ojai Day tradition for over 20 years. Each year, storefront windows along Ojai Avenue are filled with the Ojai Day poster. The deadline for submission is Friday, August 23. Entries can be mailed or hand delivered to the Recreation Department Office located in Sarzotti Park at 510 Park Road, Ojai, CA, 93023. All rights of the winning design will become the property of Ojai Day/City of Ojai. For more information, please contact the Ojai Day coordinator at 646-5581 ext. 304 or at



Rhonda Valerie, Breezy Gledhill, bike builder Shepherd Ginzburg, Patricia Short and Craig Scott had a blast recently on electric bikes that can reach speeds of 25-30mph! These bikes are hand built by Shepherd Ginzburg and riders can pedal as much or as little as they like if they get tired. These amazing bikes are available to rent for the day so you can do your own thing or you can go on a tour that starts at Grant Park and ends at the Rustic Deer Lodge in Ojai, as this one did.

Breezy Gledhill stated "On the guided tour we saw awesome sites, views and places of historic interest that seem to be everywhere here in Ventura. At the end of the tour the ebike adventure van picks you up at the Deer Lodge and takes you back to your cars or hotel. Everyone should jump on an electric bike – it was a great experience!"

To find out more about the fun of the eBike Adventure check out ebikeadventure. com or call 991-6653.

News and Notes



Have the name of a loved one engraved on the beautiful granite panels at the entrance to the pier.

Dear friends of the Ventura Pier

by Mel Sheeler

President, Pier into the Future Board of Directors

It is hard to believe Pier into the Future is celebrating their 20 year anniversary. It seems like just yesterday a group of community leaders joined in a conversation with the City of Ventura staff to figure out how the Ventura Pier could be saved! And since then, over \$460,000 has been given to the City for Pier maintenance.....and the community came together to raise over \$1 million.

At the heart of our fundraising efforts 20 years ago was the ability to have your name or the name of a loved one engraved on the beautiful granite panels at the entrance to the pier. We are happy to report that due to the popularity of the engravings we have purchased two new granite panels so more names can be engraved. Still today, 20 years later, the granite engravings serve as the heart of our fundraising. Now is the perfect time to have your name engraved! This past year we expanded the "adopt a bench program" and are happy to report that 3 new pier benches now grace the Pier. If you are interested in "adopting" a bench for \$2,000 please let us know.

Pier Under the Stars continues to be Ventura's best party in town and our 20th annual event will be held October 5th. We are thrilled to welcome Bustamante/Willis Allstate Insurance Agency as our presenting sponsor. We hope you will plan to join us along Ventura's Promenade as we taste fabulous food, sample wonderful wine and beer and gather to celebrate the historic Ventura Pier.

It is my pleasure to serve as President of Pier into the Future. It is only with the dedication of our committed board of directors, community volunteers and the hundreds of community members who attend Pier Under the Stars that we can continue to ensure the Ventura Pier remains a vital and thriving historic place in our town. Thank you for your role in that!



CMHS CEO Gary Wilde with Bonita Altman, who was honored for 45 years of service.

Community Memorial Health System in the news

Community Memorial Health System honored 326 employees at its annual Employee Recognition Dinner, including one employee with 45 years of service, one with 40 years and three others who celebrated their 35th anniversary with CMHS.

CMHS recognized scores of employees at the event who together have cared for patients and supported healthcare in a variety of jobs at Community Memorial Hospital and Ojai Valley Community Hospital, as well as at CMHS's eleven Centers for Family Health offices in Ventura County. This year's awards banquet was held June 14 at the Ventura Beach Marriott.

Bonita Altman, Laundry Worker II in the Laundry Department, was especially honored for her 45 years of service, while Carmen Chacon, Medical Support Clerk III in Physical Therapy, was honored for 40 Years.

Leora Chrestman, Assistant Director Medical Records in Health Information; Judy Drew, RN Case Manager in Utilization Review; and Sally Molenhouse, Clinical Lab Scientist in Pathology, were honored for 35 years of service.

Community Memorial Health System's Healthy Women's Program is hosting a Community Outreach Day which offers free mammograms and healthcare education to the first 35 women who qualify. This event will take place at the Center for Family Health in Ventura on Saturday, July 27.

Arrive early at the CFH office at 120 N. Ashwood Avenue and be transported to The Breast Center at Community Memorial Hospital, and then back to the center's office.

In 2011, an estimated 230,480 new cases of breast cancer occurred in the United States, and early detection and awareness is the key to fighting this life-threatening disease. The Healthy Women's Program provided through CMHS benefits women in the community who are uninsured, under-insured or lack funds to pay for mammograms and follow-up treatment, if necessary.

For eligibility requirements, call 651-2661. For more information on the Healthy Women's Program visit www.cmhshealth.org/healthywomen.



A new pier will replace this one at Santa Cruz Island. Photo by Doug Mangum.

Replacement planned for Scorpion Pier on Santa Cruz Island

Channel Islands National Park Superintendent Russell Galipeau has announced the beginning of a planning process to replace and potentially relocate the pier at Scorpion Anchorage on eastern Santa Cruz Island.

Scorpion Pier is the primary access for visitors landing at Santa Cruz Island. Over 55,000 people come ashore each year to enjoy recreational activities including hiking, picnicking, camping, kayaking, and swimming.

The existing Scorpion Pier is a flatbed railcar that was installed as a temporary facility in 2000 and is deteriorating due to wave action and saltwater.

The National Park Service (NPS) is planning to prepare an Environmental Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 11. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 12. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 12. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 12. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 12. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 12. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 12. For the National Environmental Policy Act Wednesday, July 31 and Sunday, August 12. For the National Environmental Policy Act Wednesday, August 12. For the National Environmental Policy Act Wednesday, August 12. For the National Environmental Policy Act Wednesday, August 13. For the National Environmental Policy Act Wednesday, August 13. For the National Environmental Policy Act Wednesday, August 13. For the National Environmental Policy Act Wednesday, August 13. For the National Environmental Policy Act Wednesday, August 14. For the National Environmental Policy Act Wednesday, August 14. For the National Environmental Policy Act Wednesday, August 14. For the National Environmental Poli

(NEPA), to evaluate the pier replacement.

The goals of the proposed pier replacement project include improving access for boats, passengers, and cargo; protecting marine and terrestrial resources; and preserving the historic character of Scorpion Valley.

Your comments can be mailed to: Scorpion Pier Project Channel Islands National Park 1901 Spinnaker Drive, Ventura, CA 93001

VC Fair 2013 grandstand entertainment lineup

The Ventura County Fair means many things to many people. From the exhibits to the animals and the rides on the carnival midway, everybody has a favorite. What most Fair visitors have in common is that everybody loves the Grandstand Entertainment Series where they can see their favorite musical acts and rodeos free with paid admission to the Fair.

The Grandstand Entertainment will start off on Wednesday, July 31 and Thursday, August 1 with Motor Sports and Demolition Derby, a real crowd pleaser and a cool way to "rev up" the fans for when the concerts begin.

This year's list of entertainers includes some of the best popular musical entertainers from many different genres: **Friday, August 2:** Billy Currington

Saturday, August 3: Styx

Sunday, August 4: Dia de la Familia Concert

Monday, August 5: Hunter Hayes Tuesday, August 6: Air Supply (matinee only)

Tuesday, August 6: Daryl Hall and John Oates

Wednesday, August 7: 3 Doors Down Thursday, August 8: Plain White T's Friday, August 9: Kool and the Gang Saturday, August 10 and Sunday, August 11 will round out the Fair with good old Western style rodeos, free with paid Fair admission and guaranteed to satisfy your taste for action and adventure!

The 137th Ventura County Fair, "Boots, Barns and Banjos", begins Wednesday, July 31 and runs through Sunday, August 11. For more information please call 648-3376 or visit www. venturacountyfair.org.





Lyn Fairly and Friends, Saturday 12-1pm
I am pleased to be the hostess of the "Lyn Fairly and Friends" show. Listen for

opportunities this summer to win tickets to lots of amazing events, parties, art exhibits, films and lectures. Every other week on the "Legal Clarity" segment we tell you about all the hot topics the Supreme Court is debating. We remind you of your constitutional rights and take calls to hear your side of the debates. Every show we thanks a veteran and their families for the sacrifices they have made for those freedoms. Find me on Facebook/Lyn Fairly and message me on any topic you please.



Horsepower For An Hour, Saturday 1-2pm
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The Kim Pagano Show, Saturday 2-4pm
The Kim Pagano Show-The brighter side in the 805. Tune into the entertaining Kim

The KIM Pagano Show-The brighter side in the 805. Tune into the entertaining KIM Pagano Show every Saturday morning at 6-7am and again at 2-3pm. Your Media Mom talks with guests from the 805 and all over the world about the brighter side of just about everything. Kim's husband Lou now joins the 6 am show to give a man's perspective. Together they are passionate, positive and powerful. Join them, as you never know what they're going to talk about.



The wonderful Music Under the Stars concert series, held at the Olivas Adobe opened on July 13 on a beautiful Saturday night to a full-house with the Fantastic Diamond's Neil Diamond Tribute Band. Fronted by Kevin Hogan they recreated 40 years of his chart-topping hits. Kevin lives in Camarillo with his wife Kimberly and 2 children. Photo by Aysen Tan.



Senior Enior IVINS Pull Out Section



Tai Chi (T'ai chi ch'uan) can help seniors improve their balance and prevent falls. Instructor Todd Putnam, who holds Tai Chi classes at the Pierpont Racquet Club is shown here with some of his students.

SCAN offering helpful classes for seniors

According to the National Council on Aging, every 15 seconds an older adult is seen in an emergency room for a fall-related injury. To help reduce preventable falls, the SCAN Senior Resource Center is offering free balance screenings to seniors age 65 and over on Wednesday, Aug. 21, from 8:30 a.m. to 12:30 p.m. The screenings are available by appointment only at 658-0365.

"The chances of falling and being seriously injured increase with age," said Steve Lehman, MBA, MPH, manager of the SCAN Senior Resource Center. "Having a strong sense of balance can be important in preventing falls."

The screenings will be conducted by Amy M. Griffin, MS, PT, president and lead physical therapist for the Equilibrium Balance Performance Center in Ventura. Participants must be able to stand independently or with an assistive device (not wheelchair-bound).

Exercise can reduce the risk of falls by improving strength, balance, coordination and flexibility. The SCAN Senior Resource Center offers Tai Chi classes year-round to help seniors improve their balance and prevent falls. Beginning and advanced classes are offered.

The SCAN Senior Resource Center is located at 6633 Telephone Road, Suite 100.

Heat taking a toll on seniors

Nobody likes extreme and prolonged heat, but such conditions can be deadly for seniors.

According to the National Oceanic and Atmospheric Administration (NOAA) heat is the number one weather-related killer in the United States. On average, excessive heat claims more lives each year than tornadoes, hurricanes, floods and lightning combined.

"The elderly are often the most vulnerable to severe heat," said Jeff Huber, president of Home Instead, Inc., franchisor of the Home Instead Senior Care® network. "Their bodies do not adjust as well as young people to sudden changes in temperature."

If you are a senior or caring for an

elderly individual, the following tips will help combat the heat:

- Keep a glass of water in every room to quickly and easily access fluids. Drink plenty of fluids, even if you don't feel thirsty.
- Go through the closet and remove all heavy materials, long sleeves and dark colors. Store them until fall.
- Set fashion trends. If you're in need of new clothes, check out the latest fashion magazines. Look for short sleeves, lightweight rayons or cottons, and light-colored clothing that reflect the heat.
- Stay out of the sun during the hottest times of the day. Fill up your bird feeder in the morning and water the lawn at night. Sunburn makes the job of heat dissipation that much more difficult.
- Put down that broom! Save household chores, particularly washing and drying clothes and operating the dishwasher, for evenings, when the

Continued on page 12



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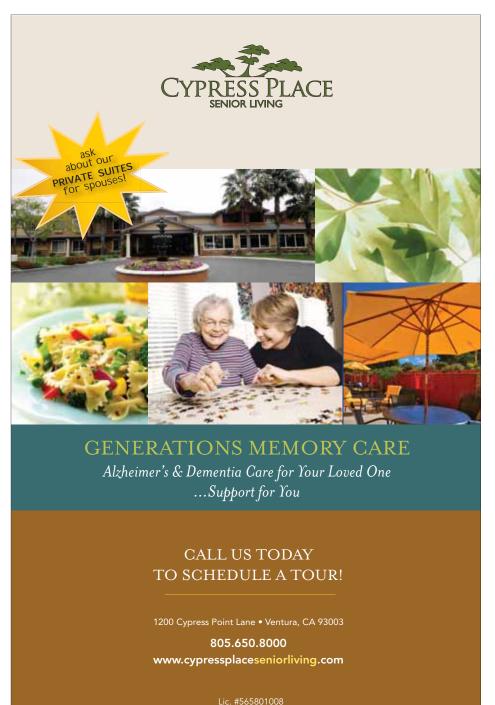
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40 Feeting

Senior Living

Senior Cone-nection

Caption phones for hearing impaired

by Nanci Cone

Captel representative Betsy Randle wants all individuals with hearing loss to know what her company can do for them. "Captel offers caption phones for people who struggle to hear on the phone. They can hear an amplified hand-set up to four times the volume as a regular phone, and can also read, wordfor-word, through a captioning service, what is being said. The captioning service is free through the federal government due to the Americans with Disabilities Act. Anyone that has difficulty hearing, with or without hearing aids, is qualified to use the phone," she notes.

Captel makes a number of caption phones including the 840 and the 840i. The 840 (provided free by CTAP without all the capabilities of the 840i) requires you to call a separate number to contact the captioning service where the 840i does not. The 840i requires access to the internet in order to automatically connect with the captioning service and it also comes with a built-in answering machine some choose to use.

The 840I caption phone requires a land line and access to the internet, often provided by the same company. Betsy, as the representative, installs the phone and walks the client through all the steps so they understand how to use the phone easily.

For example, when the phone rings the customer picks up the phone and immediately presses the caption button

which lights up in red, automatically accessing the captioning service, so that they can read what the voice on the line is saying. When they want to make a call themselves they do the same thing. Pick up handset and press the caption button, then dial. The volume and tone can be adjusted on the phone if needed. Simple steps and large keys make it all user-friendly.

The built-in answering machine captions the messages so they can be read when played back. The answering machine can be a real boon because individuals often can't quite hear what people are saying when they leave a message. If the message is spoken too quickly or mumbled, hearing loss can exacerbate the problem.

Betsy adds, "When someone wants the phone, we will come to their house and install it, free of charge. There are no monthly fees, only a one-time price for the 840I of \$99 which includes free installation and captioning service. The customer owns the phone, not rents it. Of course this applies too for those who qualify for a FREE phone with a third party authorization provided by their audiologist as well."

As she notes, "I must tell you that my experience with the customers, mostly the over 50s club, has been nothing less than wonderful for me. I cherish the time spent setting up the phone, getting to know them, knowing that this will help them communicate with their loved ones and friends again. And, they don't have to be afraid to use the phone. They can have a voice while they hear AND read what is being said."

For more information about this service, call Betsy Randle at (818) 237-8149 or visit their website at www. outreachexpertsinc.com.



"I'm only 52 in dog years so perhaps I should be driving".

AARP driving courses being offered in Ventura

The nation's first and largest refresher course for drivers age 50 and older is being offered at the SCAN Senior Resource Center in Ventura. The Mature Drivers' Course "55 Alive" is taught in two four-hour sessions and will be held from 8:30 a.m. to 12:30 p.m. on August

This AARP driver-safety program has helped millions of drivers remain safe on today's roads. Through the program participants tune up their driving skills and update their knowledge of the rules of the road. They also learn about normal age-related physical changes and how to adjust driving to allow for these changes. This kind of training can help reduce traffic violations, crashes, and the chance of injury.

The cost of the program is \$12 for

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AARP members and \$14 for non-members. To register call the SCAN Senior Resource Center at 658-0365.

The Community Memorial Healthcare Foundation will also sponsor the AARP Driver Safety course on Saturday, August 17th and August 24th from 9 a.m. until 1 p.m. in the CMH 8th floor boardroom. This eight-hour course is designed to help seniors evaluate their driving skills. CMHF's sponsoring of this course includes all the fees, therefore reservations are absolutely required. To save a space, please call 652-5385.

Grand Jury reports on senior transportation needs

The 2012-2013 Ventura County Grand Jury opened an inquiry into the transportation needs of senior citizens in the County of Ventura. Research into Senior Transportation developed after an interesting protocol meeting early in 2012. The Grand Jury chose to look into the issue for further clarification. The organization of public transportation services for the County is a vital service for senior citizens. The Transportation Development Act requires that funds be spent for public transit as well as road repairs. The Ventura County Transportation Commission (VCTC) contracts with private companies for that purpose.

Senior Living

Considerable effort by the VCTC and the Ventura County Area Agency on Aging (VCAAA) is being made to ensure that transportation options meet the needs of seniors. One of the most critical turning points in the lives of seniors is when they are no longer able to travel on their own to meet their needs. Although many seniors continue to drive their own cars well into their eighties and beyond, there are many who are no longer able to do so because of financial, physical and/ or cognitive limitations.

After a study of the issues surrounding senior transportation, the Grand Jury found that senior transportation providers, planners and funding organizations have failed to work together to provide an integrated county-wide transportation network for the entire County. With the residents of the County living longer, the need for senior transportation continues to increase. This inquiry identified and evaluated various senior transportation programs to determine if they are meeting the current needs of the seniors of the County.

The Grand Jury recommends that the VCTC and the VCAAA improve transportation options and their availability to the seniors of the County. In addition, the Grand Jury recommends that provision for senior transportation needs be given a top priority within the County. The Grand Jury recommends assigning an independent, non-elected County administrator to oversee and manage the collaborative efforts of all senior transportation modalities. They also need to produce strategies to simplify senior transportation. This administrator would gain cooperation by and with all transportation entities with

a goal of consistency in the areas of the "5 A's" (Availability, Acceptability, Accessibility, Adaptability, and Affordability as seniors' needs for transportation) as put forth by the Beverly Foundation. [Ref-02]

Transportation is one of the most important concerns in today's society. Aging is a major life transition that typically means leaving the workforce and living on a fixed income that either does not vary over time or rises modestly to cover a portion of annual inflation.

This is not a problem limited to lower income citizens. Many seniors may not be able to walk to the bus stop, or even to the curb, to avail themselves of a ride. Getting to the store to buy groceries, making it to a doctor's appointment or simply meeting with friends can be very difficult. In many cases the senior feels isolated and no longer a part of the community.

Calcium, Vitamin D-3 benefits in dispute

Researchers now conclude that taking calcium and vitamin D-3 supplements are ineffective for preventing fractures. It was only recently that they were claiming just the opposite.

This research came from the U.S. Preventive Services Task Force. It now says there is "insufficient evidence" to keep supporting calcium and vitamin Continued on page 12



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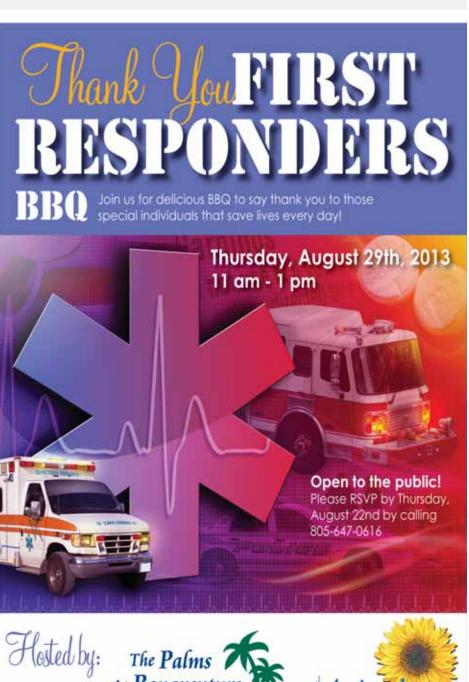


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Senior Living

Heat taking a toll on seniors

Continued from page 9 weather is cooler.

- Take a nap during high heat times between 3 and 5 p.m. in the afternoon, for instance or find a good television program or movie to watch.
- While you're napping or enjoying a movie, keep shades down and blinds pulled. Keeping a house tightly closed is more energy efficient.
- Invite your friends over for an iced tea break. Replace coffee breaks with iced tea or lemonade breaks in an air-conditioned spot not the patio. Staying in an air-conditioned dwelling during hot days is safer.
- Put away that meat loaf recipe for the summer and track down new recipes for fruit and vegetable salads. Foods like proteins that increase metabolic heat production also increase water loss.
- If increased use of a central air conditioning system causes higher utility bills that are a problem for your budget, consider purchasing a fan or small window unit that can cool down a home at a lower cost. In fact, window fans provide an effective way to exhaust the day's hot air during the night.

For more information about the heat, visit the National Weather Service Web site at http://www.noaa.gov and the Federal Emergency Management Agency Web site at www.fema.gov.

Calcium, Vitamin D-3

Continued from page 11

D-3 supplements as a way to avoid fractures in pre-and post-menopausal women and in men. The same goes for using supplements greater than 400 IU of vitamin D-3 and greater than 1,000 mg of calcium.

While the task force says the supplements don't prevent fractures, it does think doctors should start screening for vitamin D deficiency. It also concedes that there appears to be "minimal harm" in taking calcium and vitamin D in low doses, and that they are necessary for good bone health.

The National Institutes of Health webpage for vitamin D, for example, says that it helps the body absorb calcium, carries messages between the brain and the rest of the body, and helps the immune system fight off bacteria and viruses. Calcium works hand in hand with vitamin D, and additionally helps the body manage hormones and enzymes.

Where does that leave us when it comes to deciding about vitamin D and calcium supplements? Right back at square one, as far as I can tell. We need to get these nutrients from our food before we rely on supplements, and we need to consult our doctor before increasing the amount we already take. We need to get out in the sunlight. And to keep our bones strong, we need weight-bearing exercise. Matilda Charles

© 2013 King Features Synd., Inc.



Susan Ferro thinks that her granddaughter Molly is as cute as they get. And stated "Had to share this photo of her first time in the pool. She is a regular little water baby. We have been a regular reader of the Ventura Breeze from day one. My father-in-law used to get the paper "hot off the presses" when we lived on your street. Love to know what's going on in my hometown. Keep up the great work!"

Do you have a grandkid that you think is even cuter? If so send their photo to editor@venturabreeze.com.



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****** 13

News and Notes

CAPS Chat

Upcoming board elections

by Elizabeth Rodeno

Summer is always busy here at CAPS. We are prepping for the upcoming board elections in the fall. Applications are due Friday, July 26th by 5pm at the CAPS Media Center. We have 2 open seats. We encourage members of the community to become involved with what many say is one of Ventura's treasures. We had the opportunity to film the State Races at the Ventura BMX facility at Kimball Park. They had a great turnout and we all had a great time with kid racers. It is nice to have such a great facility in Ventura. CAPS was also proud to share a little bit about the fantastic Ventura Police Department K9 program at their fundraiser, Bark Out Loud, at the Ventura Theatre Saturday the 20th of July. Did you know the K9s are purchased through the Police Dog Foundation and not with taxpayer dollars? On average a dog costs six thousand dollars and training for the dog and officer runs between eight and ten thousand dollars. Currently the Ventura Police Department has 4 K9 teams.

Our Digital Storytelling classes are about to begin. The kids are raring to go. They get the opportunity to use their creativity and work with professional gear and facilities by trained pros. We are confident that they will have fun, learn a lot and produce videos to air on CAPS Channel 6 and submit to film festivals, including Ventura Water's Water Take1 festival. We have a few spots available so call us at 805-658-0500. Classes start July 29th.

On Thursday the 25th at the Ventura City Hall the Centennial sculpture will be unveiled. There will be tours of the building and the time capsule will be sealed, to be opened in 100 years.

I wonder what they will think of the artifacts when they open the capsule. We hope they will have access to a DVD player or computer to view CAPS' contribution. Be sure to catch the documentary about the birth and history of the Ventura City Hall at the event and on Channel's 6 & 15.

Let us not forget the annual Ventura County Fair Parade Saturday, August 3rd. We will be broadcasting live from Main Street with our always entertaining hosts, Jerry Breiner and Tim O'Neil.

Don't forget to go to visit www.capstv. org, Vimeo channel, www.vimeo.com/capstv and friend us on Facebook at CAPS-TV Ventura and keep up to date on the latest news and videos.

Walkers and bicyclers comprise 25% of all traffic fatalities

by VCCool Executive Director Rachel Morris and volunteer Jenna Cheney

VCCool's Ventura Bike Union (VBU) is spearheading an effort to address an important public safety issue.

Active Transportation (walkers and bicyclers) in California comprise 11% of the injuries, and a disturbing 25% of all traffic fatalities on our roads and sidewalks; more than double the national average. In Ventura, the numbers are worse. In 2010, a three-year SWITRS and FHWA study revealed Ventura's active transportation

injury rate to be 14%. Even more shocking, the Active Transportation injury rate on Ventura's Westside was 41%.

Inalliance with a number of community partners, VCCool's Ventura Bike Union (VBU) is spearheading an effort to address this important public safety issue. VBU has recently received crucial financial support to further our effort to make the streets of Ventura safe, convenient, and attractive for bicycle transportation.

This spring, the McCune Foundation, an organization that helps to empower disenfranchised populations, awarded VCCool \$20,000.00. Patagonia, a company known for its powerful business model that emphasizes protecting natural ecosystems, contributed over \$4,000.00. In addition, Patagonia will be donating one dollar per mile that each employee logs during their bike to work week. Hiepler and Hiepler, an Oxnard law firm known nationwide for defending bicyclists hit by motorists, added to their significant role in bicycle safety by generously investing in VCCool's work. The Ventura Avenue Heal Zone coalition, funded by Kaiser Permanente, included VBU as a funded partner during the three-year project to promote a healthier community. Local businesses and organizations, including the Ventura Bike Depot and Bike-4-A-Cause, have also stepped up in support of VBU.

This strong community backing has significant impact on the VBU and the staff hours they can focus on bicycle advocacy. Exciting work has already begun on a county-wide bicycle coalition to support safer bicycling throughout Ventura County and bring more funds in for Active Transportation.

An innovative Share-the-Road ad campaign is being put together to improve relations between cyclists and motorists and educate people in a fun and inspirational way. VBU is working with community members to improve the Cedar/Poli area connecting the Ventura Avenue neighborhood to three parks, Downtown, and other locations that are currently difficult to access by bicycle and on foot.

VCCool is a local grass-roots organization that promotes sustainable city life in an effort to stem the global climate crisis. A main objective of VCCool has been to reduce carbon emissions by promoting alternatives to driving automobiles. Some of VCCool's program areas include city design that encourages walking and biking, convenient public transportation, and safe, comprehensive bicycle facilities.

Public Contact Information:VCCool/ Ventura Bicycle Union www.vccool.org, action@vccool.org, 641-2665.



Tortilla Flats exhibit

The Museum of Ventura County has announced an upcoming exhibit high-lighting and featuring the lost Westside Ventura neighborhood of Tortilla Flats. This greatly pleases Tortilla Flats mural artists, M.B. Hanrahan and Moses Mora, the ex-residents of the old neighborhood, and the Tortilla Flats Committee who are

Youth



Alexis and Wes Golemon hope to run even faster this year.

Fun and Fitness 5K at the YMCA

The Ventura Family YMCA will host their 13th Annual Fun and Fitness 5K on July 27th at the Ventura Family YMCA starting at 8:00 a.m. Event proceeds will help to fund the Ventura Family YMCA Open Doors Programs which ensures that no one is ever turned away from the YMCA due to their inability to pay.

The event includes a 5K run or walk around the city of Ventura followed by a pancake breakfast for all who participate. Awards will be handed out to the top three places in each division along with amazing raffle prizes throughout the day! Most importantly this is a wonderful opportunity to have fun with

family and friends while supporting the Ventura Family YMCA. All pre-registered participants will receive a 5K T-shirt and the first 100 people will receive a YMCA goodie bag. Also, participants will be able to use the Ventura Family YMCA facility before and after the race.

Pre-registration is \$30 for individuals and \$65 for families and can be taken at the Ventura Family YMCA or online. Race day registrations will be \$35 for an individual and \$80 for a family.

To register for the Ventura Family YMCA Fun and Fitness 5K visit ciymca. org/ventura or for more information contact Patrick Lynch at 642-2131 ext. 22 or email Patrick.lynch@ciymca.org.

School supplies needed

Ventura THRIVES School Supply Drive needs school supply donations from you, our generous community! Please consider donating a bag of new, much-needed school supplies. Everyone wins with THRIVES – teachers, parents and especially the kids.

Collection boxes can be found at participating businesses throughout Ventura. View a list of these businesses and the master supply list at venturacity corps.com. All items donated will directly benefit our Ventura Unified classrooms!

THRIVES is a project of Ventura City Corps, in conjunction with Ventura Unified Principals and Teachers. For more info visit venturacitycorps.com.

charged with preserving the legacy of this once vibrant neighborhood. In preparation for the opening event starting September 13, the Committee is calling on the public for artifacts that can be used as part of the exhibit.

The artifacts would be on loan and returned after the exhibit. Of special interest are pictures of the Green Mill Ballroom. Any old items that were used back in the 20's-50's are of interest; clothes, household items, photos of Seaside Park, Tortilla Flats, businesses in the area at that time, tools since gardening was a norm back then and the schools like May Henning, Cabrillo (which was a high school in those days.)

Please contact: Moses Mora at 509-7309 email: tortillaflats10@gmail. com or Toni Palazuelos at 889-7414 email proudnana@sbcglobal.net to set up an appointment. The opening event will be a celebration dinner dance and tickets will be \$25.00 per person. If interested mail your check to P.O. Box 6064, Ventura, CA 93006.



Photo of Bloody Mary Morning by Pam Baumgardner (VenturaRocks.com)

Thanks, Ventura

SRO means Standing Room Only. For an artist or performer it means success. It means you have achieved your ultimate goal.

To our friends who joined us at the SRO BENEFIT 2013... You heard the music, you helped us achieve our goal for recovery but most importantly we know

you felt the love.

The SRO Team

The positive energy and overall enthusiasm for the cause and the meaning behind it is what makes SRO Benefit such a unique and amazing event! The music was incredible this year... Overwhelming Thank you to our bands, artists, volunteers and you! Through your love and support we were able to raise nearly \$17,000 at this year's event! Genesis Treatment Program matches all money raised dollar for dollar which means this year \$34,000 will go to sponsor Recovery in the name of The James Paul Hoover Scholarship Fund.

For questions or 2014 Sponsorship Opportunities, please email us at sro benefit@yahoo.com
Much Love,

Where was this picture taken?



Where is this and who is Reed? The first correct answer to editor@ven turabreeze.com wins something, but we haven't figured out what yet and it won't be worth much.

Professor Scamp, Ph.D

(Pretty Happy Dog)



The 4th of July is one of the busiest days of the year at animal shelters due to the fact that household pets become frightened by fireworks and escape from their homes and

yards (maybe their human parents should be the ones put in the shelters for being so stupid?).

According to Donna Gillesby, Ventura County Animal Services (VCAS) interim director, VCAS operations are being pushed to the limit due to the fact that more than 150 stray dogs have been taken in at the Camarillo and Simi Valley animal shelters since July 3. Unfortunately, many of the animals were not properly collared, licensed or microchipped making owner identification challenging or impossible.

"Although it is typical to have an influx of strays after the 4th of July holiday, this year it was like someone opened the floodgates," said Gillesby. "We currently have hundreds of animals in our care and more continue to arrive each day. Each year, we welcome the public to the shelter during the adopt-a-thon and introduce them to the hundreds of animals that wait patiently for a loving family to call their own. Our goal is to empty the shelter of every adoptable animal. Many currently housed with us ran away from home on the 4th of July and have not been reclaimed by their owners."

So at 10 a.m. on Saturday, July 27th, 10 Navy volunteers will hit the road in Camarillo with 10 homeless dogs in tow in an effort to help find them new adoptive homes.

Their run from the Camarillo animal shelter to the Camarillo Premium Outlets is at the heart of the new VCAS "Jogs for Dogs" program - an innovative way to provide added exposure to homeless animals looking to be adopted by loving families.

This event is the perfect introduction to the biggest VCAS event of the year happening the following day, their Dog-Gone Cat-a-strophic Pet Adopt-a-thon.

On Sunday, July 28, Ventura County Animal Services, in partnership with Rescue Me, Inc., will host the 9th Annual Dog-Gone Cat-a-Strophic Hugs, Slurps and Slobbers Pet Adopt-a-Thon.

This free family-friendly event will take place from 9 a.m.-4 p.m. at the Camarillo Animal Shelter, 600 Aviation Way, and will feature fun, food, live music, entertainment, vendors and the chance to adopt a furry or feathered best friend at 50% off the regular adoption rate.

Sponsored by Rescue Me, Inc., an organization dedicated to rescuing, rehabilitating and finding homes for orphaned

animals, the adopt-a-thon is a fun way for the public to visit the Ventura County animal shelter, meet the caring staff and volunteers and be introduced to the wide array of cats, dogs, rabbits and reptiles available for adoption.

And on the Saturday before the adopt-a-thon, Warren Eckstein, host of the nationally syndicated radio talk show. The Pet Show, will broadcast live from the Camarillo animal shelter from 11 a.m.-3 p.m. Eckstein will preview many of the animals that will be available for adoption on the following day.

For more information, call VCAS at 1-888-223-PETS (7387), 388-4341 or go to www.vcas.us.

In China some downtown-dwelling owners have shelled out nearly \$700 to keep their pooches boarded at a veterinarian's office for a month, hoping that a crackdown on what Beijing police describe as "large and vicious dogs" will be eased.

"Large and vicious dogs" are those that stand more than 13.8" tall (I'm almost that) at the shoulder, and includes greyhounds, chow chows and Dalmatians. By some estimates, there are about 2 million dogs in the city of 20 million even though man's best friend was banned there in the 1980's, along with ducks, pigs and several other animal species that must be considered large and vicious.



I don't know the names of these 2 dogs but aren't they the cutest dogs that you have ever seen?



Can't we ever have a Wall Street Journal to read in this house?

Forever homes wanted

Hi: I'm Echo a playful 7 month old Husky. I'm good with other dogs and love to be around people. Since I'm just a puppy, children in the home must be 6 years or older. I'm looking for a new home because my owners can no longer take care of me. I hope I don't have to wait too long before I'm a cherished member of a loving family. Could that family be yours? Stop by and meet me, I'll be waiting. The Canine Adoption & Rescue League, Sam's Place, 3203 E. Main Street, 644-7387. www.carlvc.org.



Hi: My name is Bebe. I am Yorkie-Poo, about 6 years old. I am very sweet and love to curl up with people. I also like other little dogs. I'm good walking on a leash and in the car. I am house trained and crate trained and I love sofas! I've been on a long journey and I am still looking for my forever home. I don't shed, or eat that much. If you adopt me I will make you a great companion. Come and see me at Ventura Highway Luxury Boarding for Dogs, 4692 Ventura Av. Or call 643-3647...Be A Hero...Adopt a Dog Today!

Hi, I'm Audrey, a 3 1/2-year-old smoothcoated Chihuahua plays well with other little doggies and is the first to go up to any potential mom or dad. Audrey has large perky ears and a cute white belly that is just waiting to be rubbed by your fingers. She would love to go for walks around the neighborhood with you or just spend time relaxing with you at home. Whatever your cup of tea is, it will be Audrey's cup too! Visit her at the Ventura County Animal



Services Simi Valley animal shelter, 670 W. Los Angeles Ave. in Simi Valley. She is in kennel 901, and her Animal ID is A573813.

Scamp Club



Hi: I'm Brooklyn Fitzpatrick and I just turned 9. And I am a lucky little girl because my new friend is Trixie a 2 year old Chihuahua that was adopted for me from Cabo Dogz. You probably know my grandma Suz Montgomery.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself, including your address, to Scampclub@ventura **breeze.com**. You will be in the Breeze and become world famous.



This is Chica, from Cabo San Lucas, Mexico. She immigrated to this country, courtesy of Alaska Airlines on May

Professor Scamp, the Ventura Breeze, Cheryl Ann Gooss and CABODOGZ present Captured on Canvas...The Rescue Collection, featuring the faces and stories of beautiful rescues.

CAPTURED ON CANVAS...THE RESCUE COLLECTION

11, 2013. She is an amazing dog. Not only is she sweet and playful, she seems to have an intuitive appreciation of how lucky she is. She is a young terrier mix, with beautiful non shedding hair that you will love to pet and brush. She puts her paws around you when you pick her up! So if you have room in your heart and in your home, she will not disappoint you. She is house trained, good with dogs of all sizes, and even learning to tolerate the gatos (those are kitty cats), if they don't run.

Be part of the solution not the problem...spay and neuter your pets...adopt! You can visit the CABODogz rescues awaiting their forever homes at Ventura Highway Luxury Boarding for Dogs, 4692 Ventura Ave. Stop by or call 643-3647 to give them a hug and fall in love with them.





Police Reports

by Veronica Johnson

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law

Assault with a Deadly Weapon

On Tuesday, July 16th, at 10:02 a.m., a citizen called the VPD to report a fight that was happening near the east exit of Target at 4200 East Main Street. The citizen advised that one of the subjects had a hammer and was hitting another subject with it.

Officers determined that all of the subjects were involved in a verbal argument. During the argument, Brandon Smith retrieved a hammer from his property and began hitting the victim, William Melvin, with it. Melvin was able to get away from Smith, but then Erica Ronchetti attempted to hit Melvin with the hammer. At some point during the altercation, Ronchetti's dog attacked Melvin by biting him on the arm. Melvin sustained non-life threatening injuries and was transported by ambulance to

Both suspects were transported to the VC Jail and booked. Ventura County Animal Control responded and took custody of the dog.

Prowler Arrest

On Wednesday, July 17th, at 9:45 p.m., the VPD received a call from a frantic resident reporting a prowler on the 2nd story roof of her residence, in the 6400 block of Ralston Street. Her 8-year-old child saw the suspect peering into their bathroom window at her. The child described the suspect as a Hispanic male wearing a blue and white striped shirt.

Officers responded to the home within a minute searching the residence surrounding neighborhood. Officers located Steven Briones near the residence, loitering to the front of a neighbor's house. Briones matched the description given by the child victim and was identified as the suspect who was looking into the residence.

Briones was taken into custody without incident and booked into VC Jail. No one was injured as a result of this

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

7-10 10:35 a.m. A boater reported a huge oil spill at Ventura West Marina. Patrol responded by vehicle and boat. There was a light sheen that extended to various areas of both Ventura Isle and VWM. After searching for 45 minutes, Patrol was unable to locate a source.

12:01 p.m. Patrol observed a disabled vessel in the entrance, took it into tow and released it at Harbor Village Boatyard.

7-13 10:28 a.m. Patrol observed a tire with a metal pole welded to it in the water. They removed the items from the water.

2:00 p.m. FCC dispatched Patrol and others to a medical assist at Harbor Village. Upon arrival, the patient refused medical assistance. No action taken.

3:35 p.m. State Lifeguards report a PWC disabled by the pier. Patrol responded, took the PWC in tow, and

released it at the launch ramp.

7:32 p.m. FCC dispatched Patrol and others to a medical assist at the Ventura Marina Mobile Home Park. Patrol responded. AMR transported the patient to the hospital.

Mailbox

Continued from page 5 Thank you for ten great years! Ventura Hillsides Conservancy

I do apologize. I thought that was what I was told by someone from the Conversancy. Certainly very happy to hear the concerts might be back, one of our most wonderful events.

Ventura Breeze

Accessory housing is fine.

"Low income housing' as recently exhibited in Ventura is rapidly becoming an abhorrent form of cancer on the overall community - as has already occurred in Santa Paula.

To wit:

The WAV (financial joke of the century -27 parking spaces - no retail unit rented to date (one under construction finally) - no landscaping - a noise pit nobody would ever invest in - not one condo sold - I predicted all of this when I was on DRC - but the local architecture/planning establishment wanted to hear nothing about that)

1400 N. Ventura Ave. (developer's dream/ financial nightmare)

the building next to the former Greyhound Station (another developer's dream/ financial nightmare)

the proposed project next to the Sidecar. (reinvented 5 times so far)

These buildings are built on the backs of the taxpayers, will never be paid off and are a convenient method for getting projects which otherwise do not pencil out - built. They also become a financially cancerous infestation on the housing supply in the city.

'Live/work' has become a national joke. Is there one 'live/work' project in the City of Ventura which has done anything to 'activate' the street? I think not. Allow the 'accessory housing' concept to evolve.

Santa Paula is rapidly becoming a collection of these 'low income' projects which do little for the community and much for the developer.

Suggestion: Merging the Planning people with the DRC was a device to allow Planning to run over any and all meaningful discussion of aesthetic issues within the city. There is no meaningful code enforcement of illegal signage and they continue to proliferate.

The City of Santa Barbara did not always look 'good'. It was a process. If Bakersfield-By-The Sea is what the City Council is after, well, you are certainly on

Regards, John Stewart

Ventura:

Recently I stopped at Andria's Seafood for lunch and my order was passed silently from the order taker to the register and the kitchen. I will miss the clear crisp voices shouting each order across the room, nobody did it better than Randy. The restaurant seems awkwardly quiet as "an institution" has passed as they changed the way they take orders.

THE OLD WAY: Customer gives the order, the order-taker writes it down, then yells, "Two Fish and Chips" (or whatever the order was) It was part of the ambience in the restaurant

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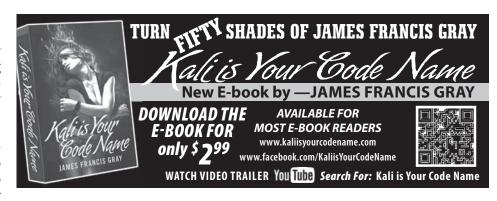
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THE NEW WAY: Customer gives the order, the order-taker punches a little notepad type device. No yelling. I will miss it.

G. Scott Miller Harbormaster

Our friends in Ventura

For all of us who have been watching this building project from the first day, I cannot express to you how excited we are to see the very first floor of the new Community Memorial Hospital.

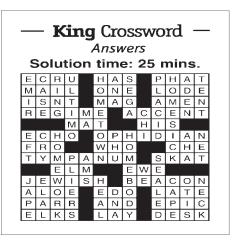
fing the basement walls, then backfilling dirt around the exterior. As they complete this process, we look forward to the initial shipments of steel that will signal the beginning of the installation

of the steel skeleton of the hospital. Community Memorial Health System

Regarding the proposed concert series (now on hold) homeowners near the Santa Barbara Bowl knew what they were getting into when they purchased their properties. Evening concerts above Ventura's City Hall are a wonderful idea, but only if the goal is to provide low-key unobtrusive local entertainment. If the goal is to merely exploit an entertain Crews will now focus on waterproo- ment-industry opportunity then you can count me out. I'd love to see some non-profit performances in the early evening, provided that the artists match the mellow mood of the environment. Koert DuBois

Weekly SUDOKU Answer

9	3	5	2	7	8	1	6	4
7	4	8	3	1	6	2	9	5
2	1	6	4	9	5	3	8	7
3	9	1	8	2	4	7	5	6
6	2	4	9	5	7	8	3	1
8	5	7	1	6	3	9	4	2
5	6	2	7	3	9	4	1	8
1	8	3	6	4	2	5	7	9
4	7	9	5	8	1	6	2	3



Show Time

Where The Music Flows

All's (VC) Fair

by Michael Kohli VenturaLiveWire@gmail.com #djkohlirocks Currently listening to: Peacekeeper by Fleetwood Mac

Greetings, fellow music freaks. It's time for the Ventura County Fair and, quite the music line-up this year! On the main stage the likes of bands such as: 3 Doors Down, Plain White T's, Styx, Kool And The Gang, Darryl Hall and John Oates, Air Supply, Billy Currington, and more. Local bands performing include: Dirty Rice, Unusual Suspects, 50 Sticks of Dynamite, Big Tweed Band, Lucy Fur & Her Bad Habits, The Sheiks, Dry County, It's Hard Times Band, and more. Check venturacountyfair.org and local band webpages/facebook pages for dates and times.

Gabby Sol will grace the music hearts of Ventura at Zoeys Cafe on August 1. She is a real unique talent. Watched her perform in January earlier this year when she opened for Delaney Gibson. A real live music treat.

Recently became friends with a singer/songwriter Gabe Lopez. Recently wrote dance hits for Belinda Carlisle and New Kids on the Block. Gabe Lopez recently released his own single, "Red Light" online along with a few dance remixes. Check out his recent album, "Shine Like the Sun." His music captures a fresh blend of dance, rock and pop. Definitely worth a listen!

Two on the Aisle

Tradition continues in Ojai's *Fiddler*

by Jim Spencer & Shirley Lorraine

The classic musical *Fiddler on the Roof* is playing now through August 11 at the Ojai Art Center Theater.

Beloved by millions, the show's central story revolves around Tevye, a poor Jewish peasant in pre-revolutionary Russia who is struggling to remain true to his faith and traditions in the face of persecution, poverty, social change and three daughters who challenge the custom of arranged marriages.

Fiddler debuted on Broadway in 1964. With its iconic melodies, characters and message it became an instant hit. It is now a classic, said to be among the most popular and often performed musicals worldwide as it resonates in every culture and translation.

Since the show and its music are so well known, and many audience members have fixed expectations about how it should look, sound and feel, a weak production can disappoint patrons and adversely affect a theater company's later efforts. Such a result will not be a worry for the Ojai group because its version of Fiddler is outstanding.

The pivotal role of Tevye is filled by Ventura's own John Medeiros. Too often the part becomes driven by the personality of the actor, rather than the character of Tevye. Not so in the capable trained and experienced hands of Medeiros. He is the embodiment of the character throughout. He is alternatively bombastic, insecure, gentle, humorous and subtle. He supplies just the right reactions through skilled nuances. In short, Medeiros' portrayal is genuine and a joy to watch.

Another joy is found in superb voices and acting of Kytriena Payseno, Audrey Pennington and Haley Yanez as Tevye's strong-willed daughters, Tzeitel, Hodel and Chava. Also remarkable for vocal talent is Kieran Culliton as Hodel's suitor, Perchik, along with Alex Sattler, who appears as one of the Russian soldiers.

Michelle Wagner plays Tevye's long suffering wife, Golde, with a style that is a good counterbalance to Medeiros' Tevye.

Exceptional direction by Tracey Williams Sutton utilizes the various skills of the gigantic 38 member cast to fine advantage, squeezing quite a bit of action onto the small stage without it seeming crowded. Quite a feat. Choreography credited to several actors who are also in the ensemble suits the varying skills well. Even the difficult bottle dance is executed admirably.

An all-purpose set designed by Neva Williams is used effectively and to good advantage. Williams also serves as the actual fiddler. She is incorporated into the action at key points and joins the other musicians, Greg Spaulding, John Boyd and Dan Willard, in the excellent ensemble that provides the musical foundation for the piece.

Fiddler on the Roof continues Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. until August 11 at the Ojai Art Center Theater, 113 S. Montgomery St., Ojai. Tickets: \$25-general. \$20-seniors, students and Art Center members. Reservations: 640-8797 or www.OjaiACT. org.

The Entertainment Report

Silver Screen

by Linde Carlson

Hello Ventura, these are my picks of the week



Grown Ups 2

In this comedic sequel, if you remember the first one, five childhood friends reunite after thirty years to mourn the loss of their old basketball coach. Meeting after a long absence, for the first time on the 4th of July, their families meet each other and the pals forget how old they really are.

After moving his family back to his hometown to be with his friends and their kids, Lenny (Adam Sandler) a Hollywood Talent Agent, learns his own lessons on the last day of school, finding himself fighting off old bullies, new bullies, schizo friends, irresponsible cops, and frat boys on his case. He contemplates, maybe moving back to his old home town wasn't the best idea after all.

Kevin James, Chris Rock, David Spade, Salma Hayek all return for more hilarity in this ridiculous romp and roll. Everyone seems to have gone nuts in the time that Lenny was gone from his home town. The cast from Saturday Night Live alumni is ridiculously surprising, which makes this film so funny and entertaining. Other unexpected stars show up to add to the nonsense. Quips, fast as lightening dialogue, coupled with crafty one liners and antics makes this film a real fun night out. There is nothing analyti-

VFS @ 420 East 2013

The Host

Reviewed by Lorenzo DeStefano Ventura Film Society

On Tuesday August 6th at 7:15pm, The Host will descend on Downtown Ventura, when the Ventura Film Society presents this visually stunning masterpiece from South Korean director Joon Ho Bong.

In the gargantuan tradition of Godzilla and 1950s Armageddon movies inspired by atomic fears, chemicals dumped into Seoul's Han River after the Korean War create a huge mutant creature. Upon reaching maturity, this bastard product of mankind's ignorance begins wreaking havoc on the capital. When the daughter of the Park family is

captured by the beast, her brother and father, owners of a modest food truck business, mount an against-all-odds rescue mission to save her. As intense as it is deeply human, *The Host* delivers on so many levels that to see it is to witness firsthand its place in the history of this exciting genre.

The Ventura Film Society is proud to present *The Host* as the 13th of 21 feature films of our 5th season. The VFS thanks all of its patrons, donors, volunteers and sponsors for supporting our mission of bringing quality alternative films and filmmakers to Ventura. Screening, Membership and advance ticket information on our 2013 season is available at www.venturafilmsociety.com. For information call 628-2299 or write info@venturafilmsociety.com for further information.

cal or intelligent about it, it is just fun! Rated PG- 13 Running time 101 minutes



Man of Steel

In this fantasy, action adventure revival, Henry Cavill plays the legendary Superman also known as Clark Kent. Clark must keep his alien origins and powers hidden from the world, but when Kryptonian General Zod plans to destroy the earth, Superman springs into heroic action and saves the day.

The film presented with a warm hearted back story of Clark Kent's birth and youth, full of historic interest, evolving into his present day life. The script was well written, easy to understand and follow. Sequences made sense as if you were reading the novel. Very detailed and descriptive. Impressive. Fluid and interesting, the cast had great chemistry albeit, Amy Adams as his greatest supporter, and later his love interest. The action was supercharged, and edge-of-your seat intense. The cast was amazing, with Michael Shannon as General Zod incredible and very believable, captivating and creepy at the same time. A must see!

Rated PG-13 Running time 143 Minutes

Music Calendar 7/24 to 8/6

For more events go to Fun-in-Ventura.com

Amigos Cafe & Cantina 546 E. Main St., 805-874-2232 Live Bands and Musicians every Tue thru Sun

Blackbeard's Seaside BBQ 1591 Spinnaker Dr. #115, 805-650-7773

Live Bands every Thur thru Sun Open Mic/Jam Night with "Shure Thing" every Mon 6-9pm Blue Grass Jam featuring: The Bottom Feeders every Thur 6-9pm Acoustic Jams with "Ken Kong" every Fri. Sat & Sun 12pm

Fri 7/26 - Gypsies, Tramps & Thieves 7-11pm Sat 7 /27 - Loose Canons 6-10pm

Sun 7/28 - Blue Stew 2-6pm Sun 8/4 - Blue Stew 2-6pm GiGi's Coctail Lounge 2493 Grand Ave., 805-642-2411

Karaoke with Steve Luke every Sun & Wed 7pm- 12am

Live Bands every Fri & Sat 9pm It's All Good Bar & Grill

It's All Good Bar & Grill 533 E. Main St., 805-641-9951

Open Mike Night every Wed Majestic Theater

26 S. Chestnut St., 805-653-0721

Wed 7/24 - Black Flag 8pm Thur 7/25 - Sette Canzoni d'Amore performed by Loanne Wullaert 8pm Fri 7/26 - Burlesque Jambor Tease 8pm, Rocky Horror Picture Show 11:59am Sun 7/28 - Raging Arb, The Ska Daddyz, Radio Threat 8pm

Tue 8/6 - Fitz and The Tantrums 8pm

Panaro Brothers Winery 4517 Market St, #7, 805-654-1577

Sat 7/27 - Barry O, Dean Strut (Rythm & Blues) 2 & 5pm

Sun 7/28 - Barry O, Dean Strut (Rythm & Blues) 2 & 5pm

Sun 8/4 - Saint Pierre, Jeff Morgulis, Jimmy Mac 2 & 5pm

Sandbox Coffeehouse

204 E. Thompson Blvd.,805-641-1025

Thur 7/25 - Open Mic Night Hosted by Jammin' Joe 7:30pm - 9:30pm Sat 7/27 - Buce Goldish 12 - 2pm Sun 7/28 - Walt Dunlap 12-2pm Thur 8/1 - Open Mic Night Hosted by

Jammin' Joe 7:30pm - 9:30pm **Squashed Grapes**

2351 E. Main St., 805-643-7300 Vocal Jazz Night every Tue 6:30-10pm House Jazz Band every Fri 6:30-10pm

The Tavern

211 Santa Clara St., 805-643-3264

Live Bands every Tue thru Sat "Honky Tonk Tuesdays" Country Night, Live Country Band every Tue 8pm Ventura County Blues Society Jam session hosted by Tommy Marsh every Wed 8pm

Wed 7/24 - Dan Grim 10pm Fri 7/26 - The Roosters 10pm

Sat 7/13 - Big Juggs 10pm Wed 7/31 - Dan Grim 10pm

Fri 8/2 - Hey You 10pm Sat 8/3 - We Funk 10pm

W2O Rooftop Lounge 598 E. Main St. (above Watermark) 805-643-6800

Live Bands every Wed thru Sun Friday Dance Party every Fri 9pm Thur 7/25 - Ventura Social Club (Ventura County's Best Musicians)

Fri 7/26 - Pure Joy Sat 7/27 - Trainstoppers

Yolies/Hi Hat Entertainment 138 W. Main St., 805-816-9663

Top Notch Musicians and Bands every Fri 8pm

Fri 7/26 - I See Hawks In L.A. (Folk/Country)

Sat 7/27 - Andy T. Nixon Band (Blues)

Fri 8/2 - Laurie Morvan Blues Band

Zoey's Café 185 E. Santa Clara St., 805-652-1137

Live Musicians & Bands almost every Continued on page 20

Lighter Breeze

Zits

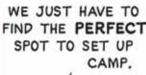






Mutts









Hagar the Horrible



Baby Blues





Grin and Bear It



We expect to be self-sufficient in two years if we get a big enough farm subsidy!"

The Better Half



'You know you're eating too much fast food when you can taste the difference between ketchup and catsup!"

Solutions on page 15

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		8			6			5
2			4			3		
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Weekly **SUDOKU**

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging *** HOO BOY!

Solutions on page 15

King Crossword

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55

- 30 "Eureka!" 31 Trawler need
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- Mornings (Abbr.)
- 38 Unopened You and I
- Scoff 43 Israeli airline
- 44 Get better 46 Garb for
- Superman 47 Elevator
- name 48 Choker
- location 51 "CSI"
- evidence companion



ARIES (March 21 to April 19) With new facts to work with, you should feel more confident in moving ahead. But continue to do so at an unhurried pace so you can spot details you might otherwise miss.

TAURUS (April 20 to May 20) Taking on that new workplace project could be one of your smarter career moves. Expect a surprising show of support from someone who had always been a critic.

GEMINI (May 21 to June 20) You might feel you're too busy to undertake a new responsibility. But check it out before making any decisions. What you learn could persuade you to change your mind.

CANCER (June 21 to July 22) You feel quite content enjoying all the comforts of home right now. But the urge to travel grows stronger, and by week's end, you could begin packing your bags.

LEO (July 23 to August 22) A hectic period begins to ease up, but that doesn't mean the Fine Feline can do much catnapping these days. You need to finish those old tasks and prepare for new ones.

VIRGO (August 23 to September 22) Expect to get some good news about your financial situation by week's end. But it could still be too early to rush out with a long shopping list of things to buy.

LIBRA (September 23 to October 22) Your management skills make an impression on some workplace VIPs who might be looking for someone like you to take on an upcoming project. Good luck.

SCORPIO (October 23 to November 21) Meeting a former adversary might be unsettling at first. But time has softened hard feelings, and you could be on the brink of starting a new relationship.

SAGITTARIUS (November 22 to December 21) A troubling situation close to home might cause you to change your travel plans. But getting all the facts before you act might cause you to reconsider.

CAPRICORN (December 22 to January 19) You might be quite alone right now in deciding to support a major workplace shift. But others will join you as new information supports your bold move.

AQUARIUS (January 20 to February 18) A former co-worker returns with news that could persuade you to reassess recently made plans. Be sure to consult with a trusted colleague before you act.

PISCES (February 19 to March 20) Your motives behind a recent decision could be called into question by a rival. But once you present the facts, all doubts will be resolved. Enjoy an arts-rich weekend.

BORN THIS WEEK: While you love being the center of attention, your generous heart allows you to share the attention with others.

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On Wednesdays, at 8:00 a.m. "Contacts N Coffee" a networking business group meets in downtown Ventura at the Improv Theater. Meeting coordinator, James Francis Gray, always makes sure that they start the meeting with a reading from the Ventura Breeze. The first meeting is free for new attendees. For further information call

Business



Councilman Brian Brennan hamming it up at the recent grand opening of GP Real Estate Co. located at 554 Main in downtown. They can be reached at 641-0125.

FOOD Share to host Arts in the Park

Continued from page 1

Director Barbara Hinton decided to add chalk art to the festival. Arts in the Park is in a fantastic location and the view, live music and art create a wonderful atmosphere and outing.

A limited number of chalk art squares are still available for sponsorship by companies or individuals and will feature the sponsor's name. All proceeds from sponsorships will also benefit FOOD Share, Ventura County's regional food bank that serves more than 74,500 individuals per month. In addition to local chalk artists, many experienced street chalk artists from around Southern California will be participating.

Sponsorships can be purchased through FOOD Share. For questions or sponsorship information, please contact Jordan Brown at FOOD Share at 983-7100 ext. 129.

FOOD Share collects and receives food year-round, distributing through more

than 162 pantry partner agencies throughout Ventura County, including Camarillo, Fillmore, Moorpark, Oak View, Ojai, Oxnard, Santa Paula, Simi Valley, Somis, Thousand Oaks and Ventura.

FOOD Share provides food to more than 74,500 people each month county-wide through its partner agencies and multiple programs. Programs include the Senior Brown Bag that provides supplemental nutrition to nearly 2,000 low income seniors, home delivered meals and supplemental groceries through the Oxnard and Ventura Senior Nutrition Programs and, the Kids' Farmers' Markets, offering nutrition education, healthy recipe preparation and taste testing and a farmers' market free fresh produce "shopping experience."

For more information: call 983-7100 or go to http://www.foodshare.com.

Event entry and parking are free. And while at the festival be sure to visit Ventura Harbor Village's boutiques, art galleries and restaurants. And now you can just "jump on" our new trolley which will take you right to the Harbor.



Would you like new and more customers? Then place your horizontal business card in the Ventura Breeze Service Directory. Only \$200 for 6 issues.

Just contact advertising@venturabreeze.com or call 653-0791 for further information and to place your ad.

Art Scene



Ventura Mayor Mike Tracy congratulating artist Helle Scharling-Todd for city's newest public art. Photo by Laura D. Luongo.

Wall Play at the Ventura Avenue Adult Center

Community members were gathered on July 11 at the Ventura Avenue Adult Center for the mural dedication of our city's newest public art work, *Wall Play* by local artist Helle Scharling-Todd who also recently completed two other new mosaic murals, *Seashells* and *Seaweed* on the Beachfront Promenade on the parking structure off of California Plaza.

For Wall Play the artist worked with the Westside Community Council, Ventura County Arts Council and City's Public Art Commission to generate support and funding to realize her proposal to enhance the VAAC. "The Public Art Commission was enthusiastic to support this artist initiated proposal and utilized Community Response funding to match the artist's grassroots fundraising efforts," said Commission Chair Barbara Brown.

For two decades Scharling-Todd has created beautiful mosaics that grace several city facilities including the Barranca Vista Center, Olivas Adobe, and 420 East Santa Clara Street (Urban Encore, formerly a city senior center), in addition to her public art commission Westside Stories on Ventura and Stanley Avenues.

Instead of exhibiting her art in galleries and museums, Helle Scharling-Todd has strived to ensure most of her creations are permanently installed in public places throughout Europe and the United States, and, because of that, will be viewed and enjoyed by thousands of people. She says, "Public art is a duet with architecture and an inspiration for the public. I want to add a spiritual dimension to a functional place."

Since its inception in 1991, the City of Ventura's Public Art Program has sought to enhance the community through innovative public art projects that provide visitors and residents alike with a new understanding of the unique history and breadth of cultural resources in Ventura. Recognizing the economic benefits gained by a successful public art program, the City established an ordinance allocating 2% of eligible capital improvement project costs for commissioning artworks and artist design services for the aesthetic enhancement of public spaces. For more information regarding the Public Art Program, visit www.cityofventura.net/ publicart.



Marie Antoinette, George Stuart Historical Figures®, MVC Collection, Photo by Peter D'Aprix.

Go figure

How much can we learn about history from the movies and television? How much of their cinematographic splendor is based on fact and how much is embellished make-believe? Continuing his summer exhibition Fact or Fiction? Stuart Critiques Hollywood, artist George Stuart will feature historical personalities who

have become the focus of films.

In the second half of his monologue series, Stuart will critique Hollywood's attempts to portray history and share how he avoids the risks of historical inaccuracy when creating his one-quarter life-size Historical Figures[®]. Known for his theatrical energy and irreverent humor, Stuart will lend commentary to the movie classic Marie Antoinette (1938) starring Norma Shearer and more recent productions such as Sofia Coppola's *Marie Antoinette* (2006) and Bernando Bertolucci's *The Last Emperor* (1987).

Part II, focusing on Marie Antoinette and the Xauantong Emperor PuYi will be held in the Museum's Martin V. and Martha K. Smith Event Pavilion on Tuesday, August 14, 2 p.m – 4 p.m. (doors open at 1:30 p.m.). Admission to the monologues is \$15 for the general public and \$10 for museum members, and includes access to all galleries as well as light refreshments during intermission. For reservations call 653-0323 (x 7).

Stuart's Historical Figures® have gained recognition for their exquisite detail and historical accuracy. The Museum of Ventura County presents rotating exhibits of more than 200 George Stuart Historical Figures® in their permanent collection.

Art, ala Carte



Audrey Bernstein Hear No Evil Photography and Painting, *Sylvia White Gallery's 6th Annual Summer Juried Show Part I: Photography*

Come for the opening Saturday, August 3! This year's submissions totaled over 2,100 works, and with so many superb pieces to choose from we've decided to do 2 shows! The first will be dedicated solely to photography, giving viewers the chance to observe a unique collection of 30 talented photographers from around the country.

The first show will run from August 1-September 7. Sylvia White Gallery is located at 1783 E Main Street, open Wed.-Sat., 11am-5pm.

Kim Clarke's teapot can be admired at the Ventura County Potters' Guild Gallery, located in the Ventura Harbor Village, Suite 105 from 11 - 7 pm Sunday - Thursday 11 - 8 pm Friday & Saturday. Sumptuous Summertime Sculptures, a group exhibit will be there thru July 31.

This collection shows a wide range of diverse styles of ceramic sculpture that the gallery's 21 artists create. Gallery artists are from Ventura and Santa Barbara County including Ojai Valley.





Artist Bob Privitt will be giving a special presentation titled Why I Put What I Put Where I Put It, or "Bob! What Were You Thinkin'?" on Friday, August 2nd, 6:30pm, at the Buenaventura Gallery in a new series of artist talks presented by the Buenaventura Art Association this year. The talk will take place during First Fridays Ventura Gallery Crawl.

Privitt, whose solo show The Birds of Bob Privitt: Dreaming of Flying, will be on exhibit at the downtown Ventura

gallery at the time of the talk, is a Professor Emeritus from Pepperdine University in Malibu. He taught art at colleges and universities for 40 years before retiring from Pepperdine in 2004, where he capped 25 years with a two-year stint as artist-in-residence.

Privitt's ever-present sense of humor is evident in the title of his talk. He acknowledges that people are often mystified by the style of art he often works in, assemblage, which is a form of sculpture using "found" objects.

"I'm interested in the juxtaposition of disparate elements to create new meaning," he said of his intricate and thought-provoking works. "I have long been intrigued by images and shapes which seem to have simple and obvious meanings, but upon further examination prove to have multiple and even contradictory meanings."

Admission to the talk is free. The Buenaventura Gallery is located at 700 E. Santa Clara St. Hours are 11 a.m. to 5 p.m. Tuesdays through Saturdays. For more information about the show or the nonprofit artists' cooperative Buenaventura Art Association, contact the gallery at 648-1235 or visit www.buenaventura gallery.org.

Community members are invited to the unveiling of a new commemorative public art sculpture by Matthew Furmanski at Ventura City Hall on Thursday, July 25, 2013 at 4pm – outdoors on the front patio of the City Hall Atrium, 501 Poli Street. The sculpture unveiling caps a month-long centennial celebration of this historic building. Mayor Mike Tracy and Public Art commission Chair Barbara Brown will provide opening comments. The formal dedication marks the one hundred year anniversary of the official opening of the former courthouse.

For his winning concept called Spolia Furmanski proposed a five-foot assembled sculpture he calls "a contemporary representation of a pillar, or a column, made partially from (3) recycled terracotta tiles" and "a sculptural framework, like a setting for a gemstone, and the terracotta being like the gems set in it."



This 'n' That

Helping those most in need

From July 26 until August 4, 22 local Ventura and Oxnard restaurants will participate in the first "Fundraising Week" to raise money for homeless people struggling with mental illness by supporting the Turning Point Foundation.

By eating out at the participating restaurants you will be donating to Turning Point when the restaurants donate a portion of what you spend to Turning Point. Some restaurants will donate for the entire week and some for a few days during the event week.

The Turning Point Foundation was established in 1988 and is governed by a board of directors drawn from the Ventura County community. Serving more than 900 clients last year through its shelter, supported housing and rehabilitation programs, Turning Point is the only non-profit agency in Ventura County that addresses the critical community support needs of mentally ill adults.

Turning Point improves our communities by helping those facing mental illness remain or become functioning, integral community members. They are a critical support organization for families dealing with the devastation of mental illness. Their social, vocational, and residential programs focus on the development of practical skills needed to live and work successfully in our community. People diagnosed with mental illness can and do recover; by making positive choices and assuming responsibility for their own lives they can fulfill a meaningful role in

the community.

Their mission is "To provide shelter, housing, rehabilitation and support to assist persons with mental illness reach their highest potential as contributing members of the community."

Turning Point's Executive Director Clyde Reynolds stated "We are pleased to be the beneficiary of the Restaurant Fundraising Week. Funds raised from this event will be used to support our homeless services to persons who are mentally ill. These services include our Multi-Agency Homeless 2 Home Street Outreach program where staff engage, house and support 56 of the most hard to reach homeless persons, the Our Place Shelter and Drop-In Center which provides 10 shelter beds year-round and basic needs services to over 480 unsheltered persons; River Haven, a UDome Community serving 45 homeless persons and our Supported Transitional and Permanent Housing in Ventura and Oxnard for 34 formerly homeless persons. Last year these programs served 615 homeless persons and they were able to house 94 persons who have been living on the streets.

Also prizes will be awarded for participants including gift certificates and a weekend vacation.

And be sure to tell the restaurant that you are there to help support "Fundraising Week".

The next "Fundraising Week" will be held in November at even more locations.

For further information please visit www.fundraiserrestaurants.com and Turning Point at www.turningpointfoundation.org.

The Ventura Breeze is one of the proud sponsors of this fundraiser.



AIDS/LifeCycle is held the first week of June every year. This year's ride was June 2-8. AIDS/Life Cycle is a 7-day, 545 mile bike ride from San Francisco to Los Angeles that raises money and awareness for the HIV and AIDS services of the L.A. Gay & Lesbian Center and the San Francisco AIDS Foundation. This marks the 12th year for the AIDS/Life Cycle and the 20th for the event overall. Twenty-two hundred cyclists and 550 volunteer roadies came together at the San Buenaventura State Beach. The final day of the ride was from Ventura to Los Angeles. The event raised \$14.2 million dollars. Photo by George Robertson.

Music calendar

Continued from page 16 night

Thur 7/25 - Milkdrive 7:30pm

Fri 7/26 - Chelsea Williams with Chuck & Elaine Hailes 8:30pm

Sat 7/27 - Sonny & The Sunsets, Massenger 7pm

Tue 7/30 - Songwriter's Competition

7pm

Thur 8/1 - Gabby Sol - CD Release, Kenzy Peach 7:30pm

Fri 8/2 - George Krikes, NikKi Lang 7:30pm

Sat 8/3 - Musical Celebration for Filmmaker Angela Izzo 7pm

Tue 8/6 - Songwriter's Competition 7:30pm

SPAY AND NEUTER YOUR PET: SAVE A LIFE

MILLIONS OF TAX DOLLARS ARE SPENT ANNUALLY TO CARE FOR UNWANTED PETS, AND MILLIONS MORE TO

DESTROY THOSE THAT FIND



NO HOMES.

BE A HERO...ADOPT A PET

cabodogz.com

