

FREE

# VENTURA BREEZE

Your Hometown Paper

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May 18 - May 31, 2011



The E.J. Harrison family has donated greatly toward the construction of the Boys & Girls Club Saticoy clubhouse

## Boys & Girls Club site to be named after E.J. Harrison family

The future Boys & Girls Club of Ventura's Saticoy clubhouse will be named after the E.J. Harrison family, which has donated \$400,000 toward its construction.

Ground-breaking for the E.J. Harrison Family Youth Center is set for September and it is expected to open sometime in the summer of 2012. The 4,000-square-foot clubhouse will replace the current 1,500-square-foot clubhouse in Saticoy Park. The new building was designed by Main Street Architects of Ventura.

Harrison's donation matches the contribution the Ventura County Board of Supervisors made in 2010 to launch the \$1.3 million project.

"This absolutely is the most appropriate name for the center because of the Harrison family's deep roots in Saticoy," said BGCV Chief Executive Officer Diane Koranda, noting that the company's headquarters is located nearby.

Harrison Industries President Ralph Harrison and his brothers Jim and Myron, vice presidents of the local trash-hauling company, said that by making the donation they are following the example set by their parents.

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Just when we think that Ventura can't get any prettier this photo taken by Breeze reader Tim Ball on April 22 from the end of Seaward shows us that we are wrong.

## City budget woes: a light at the end of the tunnel?

by Rebecca Wicks

City Manager Rick Cole and City Chief Financial Officer Jay Panzica delivered some possibly positive news earlier this month when they announced a \$6.4 million increase in his city budget proposal for the next fiscal year. The increased dollar amount from \$80.4 million to \$86.8 million was delivered with a level of trepidation, as Panzica and the city were careful to label the budget a "tentative," one.

"While many believe the national economy is slowly recovering, municipal governments have yet to experience meaningful improvements in their revenue sources," said Panzica in his report to the city council. "We are still a long way from returning to our previous levels of revenue."

His report did state it appears as if the negative trend of city revenues has been reversed. And, while there are a number of factors that threaten economic recovery including rising oil and gas prices, continued softness in the housing market and potential public sector job losses, Panzica seemed somewhat confident a "double dip" recession is unlikely. The projected increase in revenues for the city will come from an \$800,000 increase in sales tax revenue, \$1.4 million in cost shifts and one-time expenditures and \$4.2 million in capital projects underwritten by grants and other funds. The plan for FY2011-2012 was approved by the City Council. A final budget will not be voted on until June. There were no celebratory words at the meeting by councilmembers who all remained cautious in their comments. A number of council members made comments about what a budget increase could mean for Ventura. Councilman Neal Andrews asked whether the city should reopen a conversation with city employees regarding their pension contributions. Councilman Jim Monahan questioned if \$80 million should be considered a "new normal" budget level. Answers were not readily evident, or offered by Cole or Panzica. The only congratulatory words were from Mayor Bill Fulton pertaining to how responsible the city has been. "The important story is that we made difficult financial decisions in 2009 and 2010 that have left us in much better financial shape than many of our neighboring cities," said Fulton. "We're not talking about bankruptcy; in fact,

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What evil exists behind these walls? Only the Shadow knows!

## Hell's Angels drama resembles Reality TV

by Sheli Ellsworth

If only the Kardashians were this exciting.

Weeks after the reformed, charismatic ex-Hell's Angel leader George Christi hired a PR firm to promote his consulting business, "Felony Prison Consultants", his son—George Christi III was arrested on suspicion of being under the influence of methamphetamines. Four other gang members were also arrested after Ventura County Sheriff's Deputies served a search warrant at the Hell's Angels Club House on Fix Way.

While the photogenic, motivated senior Christi now advises people, who are going to prison on how to survive prison life and make legal choices, the Hell's Angels allegedly continues to dabble in occasional burglary, drugs, and illegal weapons. The only thing that seems to be missing is the camera footage and commercial breaks.

The May 6 arrests were made following a burglary investigation stemming from the theft of guns, ammunition, and cash from an Ojai residential safe. The gun safe was allegedly removed from the home and then breached at a Ventura welding shop.

A search warrant was served on the clubhouse after one of the burglary suspects was linked to the local gang. Deputies found methamphetamines, marijuana, and a loaded handgun during the raid. In addition to Christi, David Olivares of Santa Barbara, Jacob Holder and Robert Smith, both of Ventura, were

Continued on page 8



More than 500 teachers, students, parents, and workers gathered on May 11 at Buena High School, marched east on Telegraph Rd crossing Victoria down Woodland and back to the school grounds in the "We Are One" rally. Dressed mostly in red to demonstrate the sea of red ink facing schools, the group called for more education funding. "Something is wrong when 30,000 teachers were laid off across California and companies like G.E. made \$14 billion last year worldwide while paying nothing in U.S. taxes," said Colleen Briner-Schmidt, speaker for a new group called the Middle Class Defense Coalition. The march was part of a large statewide effort to draw attention to the cuts facing public education.

Photo by Bernie Goldstein

For this issue's **Face of Ventura** by Johanna Spinks see page 10



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# VENTURA BREEZE

Your Hometown Paper

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## Opinion/Editorial



Sheldon Brown  
Publisher

■ Helen Yunker has told the Ventura City Council many times that “I know that this council truly believes that it has done a great job in trying to end this tragic twelve-year debacle. But it has definitely not ended for me until the stabilization of the slope is a reality.”

As you probably know she has appeared before the City Council over 1,200 (well maybe 80 but feels like a lot more to her) times to discuss the problems with the slope erosion on the lot next to her home. Well it appears that this might actually be finally happening as grading, retaining walls and caissons are now being constructed next to her house and the “slippery slope”.

I certainly hope that shortly Helen will be able to relax in her home. Also I like the new stucco finish that has been applied over the wood siding on her house.

■ The Ventura City Council has finally voted to revoke the liquor license of a Circle K store that has a history of selling alcohol to minors and other unlawful activities.

This is for only one specific location but certainly sends a message out to other stores that sell liquor to minors that “we” consider this to be of a serious nature.

■ The City of Ventura’s Library Strategic Plan Steering Committee has announced the launch of the Ventura Library Survey to gather community input about current library services and plans for the future (see the notice in this issue). All community members, whether they have visited a library or not, are encouraged to participate

in the short, 11-question survey, available online at [www.cityofventura.net/libraries](http://www.cityofventura.net/libraries).

Many of you are unhappy with what has been going on with our libraries, this is your chance to be heard, so do it.

■ I know that it is very childish of me but sometimes I get jealous of Professor Scamp. Recently at an Earth Day event (held by the charter school), a gentleman that I didn’t know came up to me and



Helen Yunker must think that she is dreaming when she stands on her deck and sees this work being done

instead of saying “I’m happy to meet you” he said “Where is Professor Scamp”? So I had Diane bring Scamp over and he played with him for a while and left.

■ So the compound where Bin Laden has been “hiding” must have had a cave underneath it because every time we saw him he was in a cave. Maybe it was a movie set.

■ After the recent hold up at the Pacific Western Bank on Chestnut by a lady “living” in the park across the street the bank now has a full time security guard stationed inside.

This was not just prompted by the hold up but is because of the nuisance that

the “residents” of the park cause around the bank.

It’s a shame that a more civil solution to this problem can’t be thought of and implemented. I certainly don’t know what it is, do you?

■ I haven’t eaten at the Eastside Café for sometime so thought that I would do that. If you didn’t know the Ventura Senior Nutrition Program has two locations where wonderful luncheons are served, the Westside and Eastside Cafés.

\$3.00 for those over 60 and \$5.00 for others and it is the honor system (money into a container) so those that can’t afford to pay really don’t need to and need not be embarrassed.

On the day I was there lunch was beef sirloin tip with mushrooms and mashed potatoes and vegetables and includes a nice salad, whole grain bread, fresh fruit and drinks and they serve it to you.

And the meal is different every day of the month. If you don’t know where they are contact me and I will give you directions. (editor@venturabreeze.com)

■ I don’t know if it is because I read every issue of the Breeze and now know what is going on in Ventura or there are just more things going on but there has been a huge amount of great things to do here. Art, concerts, downtown, the mall, events at the Fairgrounds. etc., etc., etc. and our wonderful Harbor Village and Channel Islands.

I certainly hope that you are taking advantage of living in this wonderful city of ours and enjoying all that it has to offer (a lot of it free). I’m amazed when people tell me that they haven’t been to the Harbor in years, hard to imagine that.

## Mailbox

munity safety by making full use of local land use powers.

Teens know where to get alcohol in Ventura. Local students say it’s not a problem to get booze. The California Healthy Kids survey for Ventura County students shows that 77 percent of eleventh graders said it was “easy” for youth to obtain alcohol. In a recent undercover sting, 18 percent—or 3 out of 17 businesses—in the City of Ventura sold alcohol to a minor decoy—a youth who cannot lie, or use fake ID.

Believe it or not, this is an improvement over a few years ago, when fully 33% of businesses made the illegal sale. Is it surprising that retailers – local markets and gas stations –sometimes sell booze to teens? The profits are high, and the penalties are low. While local cops can arrest the clerk who makes the sale, very few if any consequences are doled out to the manager or business owner. Until now.... The new sign on Circle K, posted this week by Ventura Police states “NO ALCOHOL SALES PERMITTED” a clear message to other operators. I am one of hundreds of residents who applaud the Council’s ultimate decision. Finally, the City is no longer powerless when retailers flaunt the law, attract vagrants and pan-handlers, and sell alcohol to our kids.

Think it’s no big deal? Alcohol kills 6.5 times more teens than all illegal drugs combined. Nationally about 5,000 youth die each year from traffic crashes, unintentional injuries, homicides and suicides all linked to alcohol. And sadly, Ventura has had its share—including fatal alcohol poisonings and traffic fatalities. Modest estimates show underage drinkers account for 16 percent of alcohol sales in our country, or about

\$18 billion in revenue each year. That’s a lot of money, especially considering that the honest retailer’s lost profits go to a competitor down the street who’s less concerned about underage drinking than making a fast buck.

Ventura’s alcohol enforcement has come a long way in the last few years. And on this Circle K problem location, the City got it right. I urge all Ventura residents to express their views by contacting the City Council or Police Department. More than ever before, we need to support local powers to deal with local problems. When there’s no room in the marketplace for irresponsible retailers, the incentive to sell alcohol to kids in Ventura will evaporate.

Suz Montgomery  
Ventura

Dear Sheldon:

Thank you for running the story by Nanci Cone, “2.5 million serving Alzheimer’s patients are unpaid”. We appreciate your recognition of the threat of Alzheimers.

Barbara Lanz-Mateo  
Communications Manager, Alzheimers Association

Dear Mr. Brown,

Thank you so much for your sponsorship. The Wild & Scenic Environmental Film Festival was a big success! We screened a dozen specially selected films from the national tour to over 600 people for two sold out

evenings at the Poinsettia Pavilion. We gained 64 new memberships as part of the festival, exceeding our projected goal of 50.

Your support is critical to our success and directly assists the Conservancy’s dedicated efforts to permanently preserve the hillsides, canyons, and open space that contribute to the natural environment and unique character of the City of San Buenaventura and the surrounding region.

Thank you again for your support and commitment to the Ventura Hillsides Conservancy.

Lee Sherman  
Development & Volunteer Coordinator

Dear Mr. Brown:

Thank you for your willingness to support Caregivers (Volunteers assisting the elderly) March 17th “Wearin’ o’ the Green” Golf Tournament fundraiser. Your support helped to guarantee that more than 1,500 of our communities’ most at-risk elderly are assisted with quality of life services. All of our services to our home-bound elderly are free and we are only able to provide these services because of businesses and individuals like you.

Thank you again for supporting our efforts to provide a better quality of living for our elders who need assistance in their homes.

Sincerely,  
Brad Berens  
Executive Director

**It is characteristic of the ego that it takes all that is unimportant as important and all that is important as unimportant.**

–Meher Baba



## City News



A series of short films about homelessness was sponsored by the City of Ventura's MIMBY program at Jonathan's Restaurant on April 26. It was followed by a panel discussion featuring River Haven resident Donnie Holmes, Ventura Police Officer Mark Stadler, Ventura's Community Services Director Peter Brown, Salvation Army Captain Bill Finley and Peter Brown in the back.

## City of Ventura film series seeks to encourage dialogue

by Tim Pompey

You've heard the phrase NIMBY (not in my back yard), usually referring to an unpopular housing or retail development that people do not want in their community. Now meet MIMBY (Movies in My Back Yard), a film series coordinated by Lilly Okamura, an Associate Planner with Ventura's Community Development Department.

"It started as a way to engage people who wouldn't normally go to mixers," said Okamura. "I wanted to think of a way to engage planners, architects, and community builders, and people interested in improving their communities, to come and talk about these issues."

Tonight's films were made by students from the Brooks Institute. Over the last several years, Cole Smothers and Brian Kaufman have photographed and interviewed both homeless individuals and community members who deal di-

rectly with homelessness.

Smothers' short films included Wasteland, Drifting, Where Will We Go? (documenting the cleanup of the Santa Clara River Bottom last March) and The Art Shelter Trailer.

Kaufman's half-hour film, River Haven, was shot seven years ago during the 2004 evacuation of homeless residents from the Ventura River Bottom. It tracked the early beginnings of the River Haven Camp, which now resides at the Santa Clara River Bottom just south of Olivas Drive and Harbor Boulevard.

The films were featured at Jonathan's Restaurant and viewed by a packed house. Their showings were followed by a panel discussion that included River Haven resident Donnie Holmes, Ventura Police Officer Mark Stadler, Ventura's Community Services Director Peter Brown, and Salvation Army Captain Bill

Finley. The panel discussion was moderated by Ventura's Community Planning Director Jeff Lambert.

Many in the audience had questions about the River Haven Transitional Living Center. Peter Brown referred to River Haven as a "non-traditional transitional living facility." Operated by Turning Point Foundation, it was formed as a result of the evacuation documented by Kaufman and now maintains space for up to 25 camp residents.

As for the Ventura Police Department's response to the homeless, Officer Mark Stadler emphasized that more police presence cannot solve the homeless problem. "All we really do is push the problem around," he stated. In his view, the real solution is to "find housing to get people off the streets."

Captain Finley took some time to explain the purpose of the proposed Gateway project, which is intended to serve as a "multi-service multi-provider community" for homeless individuals and the agencies who serve them.

He views Gateway as one means to address the most pressing problem dogging homeless services in Ventura—a lack of adequate shelter, particularly for those who are newly homeless. "It's more affordable to provide immediate housing than to wait," he said. "It really gets more costly to help the homeless the longer they're on the streets."

Asked about the connection of the homeless to art, Filmmaker Cole Smothers referred back to his short film The Art Shelter Trailer. Smothers lives in West Ventura and deals daily with homelessness. "I see art, I see homelessness," he said. "I would like to be able to do something and get them into an art center."

Smothers views art as an important service for the homeless. Case in point was panel member Donnie Holmes, a River Haven resident, who brought some of his paintings to display and sell.

Smothers has been one of the early supporters of The Art Shelter ([www.theartshelter.com](http://www.theartshelter.com)), which provides an artistic center for homeless individuals who are interested in art.

If dialogue was MIMBY's purpose, it certainly succeeded on this night. In a casual dining environment, business cards were exchanged, conversations shared, and an important social issue was discussed. For Jeff Lambert, this is the purpose of the film series. "We're attempting to take the message and bring it to the people," he said.

For more information about the MIMBY film series, contact Lilly Okamura at [lillyrika@gmail.com](mailto:lillyrika@gmail.com).

## Community councils make neighborhoods better

by Mayor Bill Fulton

Back in the early '90s, a group of citizens in the neighborhood then known simply as "The Avenue" got together and decided that their neighborhood had not gotten enough attention over the years. So they formed a neighborhood organization to advocate for their community. They even gave their neighborhood a new name – the Westside – because they believed "The Avenue" had developed too many negative connotations over the years.

Almost 20 years later, the Westside Community Council is still going strong in advocating for the Westside – and over the years City Hall has responded. Most recently, we have been working on a Community Plan for the Westside area that will – after some 15 years of uncertainty – make the rules clear for new development and also identify the priorities for public investment on the Westside (if and when we have the money to make those investments).

And there are six other community councils in Ventura as well – representing Downtown, Midtown, Pierpont, the Harbor, the College District, and East Ventura. These are truly grassroots organizations.

We have great neighborhoods in Ventura, but they've taken a beating, as we have had to reduce services in the last few years. The Community Councils help to foster neighborhood pride and engage in grassroots activity to make these neighborhoods better. I'm proud to do whatever I can to support our Community Councils and make our neighborhoods better. I meet every couple of months with the chairs of these Councils, and we are planning Ventura's first-ever Neighborhood Summit this summer.

With the exception of the Downtown Ventura Organization (DVO) – created with the City's help – these groups were formed by the people who live and work in their neighborhoods and they have crafted their own role.

For example, the Midtown Ventura Community Council often reviews and comments on pending development projects in Midtown, and it was partly because of the Community Council that Community Memorial Hospital's large expansion project is so neighborhood-oriented and passed with so much neighborhood support.

The Pierpont Community Council has been at the forefront of the thorny sand removal issues that affect the Pierpont, and the College District Community Council was formed in response to many changes in the neighborhood, including spreading homeless issues and the loss of Wright Library. The College District organization has become an important venue for dialogue between Ventura College and surrounding neighborhoods.

None of these organizations receive a penny from the City. We do try to help them as much as possible. For example, Police Department staff often attends Community Council meetings – a vital information exchange about crime and safety issues in the neighborhood that helps neighbors know how to stay safe and helps the police learn what problems are occurring. Our transportation engineers, parks staff, and other folks often attend the meetings as well to provide information and also stay on top of neighborhood issues.

And our Community Partnerships staff is working with the Community Councils to find private, philanthropic support for what we are calling a Neighborhood Improvements Matching Grant program. This program would allow for the City's various Community Councils to apply for matching grants to fund improvement projects in their districts. This would be a huge step forward in helping our neighborhoods help themselves to become better – and protect the neighborhoods that everyone in town loves.

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## City News

### Upcoming trips and tour offered by the Ventura Travel Program

#### Evening Tour of the Dudley House

A special tour of Ventura's 1892 historical landmark farmhouse led by "Mrs. Benjamin Dudley" and her sister-in-law "Mary". The Dudley ladies will tell all about the life and times and family secrets of this prominent pioneer farming family who lived there from 1892 to 1976. Tea and light refreshments following. Friday, June 3, 7:30-9:00 pm. Trip # 29243 \$13 teen-adult

#### Ventura River Exploration

Join the Discover Ventura Program for a rare tour of the Ojai Valley Land Conservancy's Ventura River Preserve in the western Ojai Valley. This 1,600-acre preserve, along three miles of the Ventura River, is a biologically rich and diverse area with over 300 plant and animal species. You will be amazed at this unique and beautiful area. This docent-led, two-hour walk is along mostly level ground, but be prepared for dirt trails over uneven terrain. Saturday, June 4, 8 am - 12 noon. Trip # 29244 \$20 Ages 6-adult

#### Spas of Ojai

Ojai is known for relaxing spas and holistic treatments. Join the tour to several spas and learn about the rejuvenating treatments and healthy lifestyle lessons offered. A lunch stop is included in tour price. Sunday, June 5, 10 am - 3 pm. Trip # 29452 \$35 teen-adult.

Call 658-4726 or 648-5606 to register for all tours.

### City of Ventura Classes

Call 658-4726 or 644-6542 to register, if you already have an account online, visit [www.cityofventura.net](http://www.cityofventura.net)

#### Try Me - NIA One Day Workshop

For ages 18 years-Adult \$10  
Body-Mind-Emotion-Spirit. Come ready to move in bare feet and wear loose comfortable clothing for this intro to NIA moving body-mind-emotion-spirit and receive \$10 off registration for Beginning NIA class #29550. At 2343-A Thompson Blvd. Class # 29503 Saturday May 28 1:30-3:30 pm

#### How to Tell Your Story

For adults \$115  
Author David Wilk will show you step-by-step how to write your autobiography, family history or bio of a loved one from organizing your ideas into chapters, interviewing techniques, integrating photos and art, to completing and printing a handsome, hard or soft bound book. At Barranca Vista Center - 7050 Ralston St. Class # 28625 Wednesday May 25-June 8 2-4 pm  
Class # 28624 Wednesday May 25-June 8 6-8 pm

#### Yoga for Life

For ages 16 years-Adult \$50  
A non-intimidating class of poses and breathing will reduce stress, strengthen the back, improve balance and leave you feeling great. Bring towel, mat, and dress comfortably. At Barranca Vista Center - 7050 Ralston St. Class # 29554 Tuesday May 24-June 28 5:10-6:10 pm  
Class # 29555 Thursday May 26-June 30 5:10-6:10 pm

### Crowell, Weedon & Co. Ventura Welcomes John Distad, John Clay & Marcy McTernan



Crowell, Weedon & Co. Ventura is pleased to welcome John Distad, Senior Vice President & Financial Advisor, John Clay, Senior Vice President & Financial Advisor, and Marcy McTernan, Registered Sales Assistant, to their firm. They come to Crowell Weedon from

the Oxnard branch of UBS where they worked together as a team offering comprehensive financial planning services to their clients.

Distad, Clay and McTernan join the growing team of financial professionals at Crowell, Weedon & Co. and they look forward to serving the personal financial needs of their clients, helping to build secure financial futures through long-term, balanced investments.

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## News and Notes

### Downtown merchants support the parking meters!

by Kathleen Eriksen

Executive Director Downtown Ventura Partners

The overwhelming consensus downtown is that the meters are working! Downtown business owners were interviewed and business surveys were conducted over the past two weeks along Main Street in downtown Ventura. The downtown merchants gave the managed parking system a thumbs up with 83% surveyed in support of the meters, 13% neutral, and 4% not in support of the meters.

"Ask most downtown owners and they support the meters because they channel those dollars directly into maintaining a secure and clean downtown. Unfortunately, a select few are creating a lot of negative noise against what is really a good thing for downtown. We do ask our customers and I would say 99% are positive about the meters and the overall downtown." stated Chuck Menzel, Owner of Wet-sand, 446 East Main Street.

Restaurateurs support the meters too. "I like the meters; they're good for

downtown and the customers love it! I never have any complaints. People like to park close to the restaurant. The meters have also brought additional security downtown. All great cities have parking meters. This is a good indication that Ventura's downtown is growing in the right direction," stated Ubaldo Foschoi, Sicily Pizzeria & Trattoria, 563 East Main Street.

The meters provide a managed approach to parking downtown. Employees and merchants are no longer parking in prime spaces, thereby freeing up these spaces for customers. Now, shoppers, diners and visitors can quickly find a place to park that's close to their destination.

Only 318 of the total 2,915 public parking spaces downtown are metered. There are 48 free green parking stalls conveniently located for quick errands under 24-minutes and 34 free yellow loading zone spaces to be used for deliveries and pickup of materials and goods (20 minute limit).

In addition, the revenue generated from the meters is being reinvested into the downtown. The funds help pay for a dedicated police officer and nine police cadets. This has resulted in an overall decrease in crime by 40% and a 15% decrease in calls for service. Funds are also used for new improvements like additional lighting for parking lots, new planters and plant materials, and a cross-the-street banner planned for installation this summer.

Free Wi-Fi is yet another benefit made possible by the meters. Residents and visitors can stay "con-

nected" through the outdoor network provided by the Downtown Parking Management program.

The Downtown Parking Management Plan and the Downtown Specific Plan were adopted in 2007 after extensive outreach with the support of the Downtown Ventura Partners/Organization DVP/DVO, the elected body that represents property owners and merchants.

The DVO/DVP board, made up of 21 downtown business owners and property owners, voted unanimously at their recent board meeting in support of the meters because of their positive effect on managing the parking problems as well as funding much-needed improvements.

Breeze

Kathleen Eriksen can be reached at 641-1090 or [kathleen@downtownventura.com](mailto:kathleen@downtownventura.com) to hear what you have to say about the parking meters or write to editor@[venturabreeze.com](http://venturabreeze.com) and let our readers know.

### Local businessman fights accusations

by Sheli Ellsworth

Robert Bell can't seem to catch a break. In January 2011, he was notified

he had to close the Top Hat Burger Palace, a business on Main St. that had been in his family since 1966. The site is now undergoing archeological excavation in preparation for eventual construction that has yet to be determined.

On April 3, 2011, Bell was accused of killing Ryan Tremearn, a 24-year-old Channel Islands University student from South Africa. After a car struck Tremearn, he was dragged about 60 feet down the alleyway behind Foster Library. Bell was also accused of being intoxicated at the time of the incident and leaving the scene of an accident.

The police received a phone call about 2:40 a.m. about the incident, but never located Tremearn. The body was not discovered until 6:45 a.m. when a passer-by called it in. The police traced the initial call back to a friend of Bell.

Manslaughter charges were never filed against Bell, but felony hit and run charges were. Bell faces up to four years in prison, and has pleaded not guilty to all of the charges.

Bell's attorney, Ron Bamieh, says there is evidence that someone else hit and killed Tremearn. There are reportedly video tapes of the alley taken by E. P. Foster Library on that night. Bamieh says evidence on the tapes should clear his client.

Ryan Weeks, a Ventura Police Sergeant, claims that the police have seen the tapes and have significant evidence that Bell struck the victim.

An early disposition conference is scheduled on May 19.



## News and Notes



CAPS CHAT

### Our Community and CAPS

by Ed Wehan

I was speaking with a friend the other day when he mentioned that the only reason that he has cable is to be able to watch CAPS' TV channels. It's important to him to watch City Council when issues that affect him may be on the agenda. Another friend, a parent of a VUSD student loves to watch the replays of Buena/Ventura High School basketball games. For some, it's the St. Patrick's Day parade, Festival of Talent, an environmental show produced by the City or a live broadcast of our school board meeting.

We all have our reasons. The important thing to remember here is that the City of Ventura had the foresight 10 years ago to create CAPS which kept public access television and Education and Government programming avail-

able to all its citizens. Many cities failed to do something like this and lost the ability to communicate, educate or inform people like you and me. For this we should feel unique and thankful.

There is a lot to watch on channels 6 and 15. Sure, City Council, Planning Commission or School Board are the easy ones but sometimes just to watch a local school talent show, a local sporting event or an informative environmental program becomes really interesting and local. On the other hand, I was watching Hoppalong Cassidy the other day which we older citizens will remember as an important part of our days with early television. Want to know what's happening for the next couple of months in our City? Just tune into CAPS Community Bulletin Boards.

If you have an event, let CAPS know so that your event can be publicized on the Boards. Do you have a story to tell that you feel is important? Join CAPS to get access to cameras, editing equipment and training classes. It's never too late to learn and it can be lots of fun, especially while you watch your program on Channel 6.

So, for me, local television is important and the only way that I get it is on cable. Whenever I have to talk to Charter (you may have Time Warner), I always tell them that one of the only reasons I have cable is because of CAPS-TV. I want to know about my community and I want to know what your story is. For more information, visit CAPS at 65 Day Road in Ventura or call 658-0500. Don't forget to "like" our facebook page, [www.facebook.com/capstvventura](http://www.facebook.com/capstvventura), and follow us on Twitter, [www.twitter.com/CAPSTVtweets](http://www.twitter.com/CAPSTVtweets).

## Be prepared for earthquakes

by Kris McDonald  
Captain Ventura City Fire Department

The recent earthquakes in Japan have reminded us of the potential for similar disaster in our own area. A little preparation can make all the difference to you and your loved ones in the event of a major earthquake. Normal everyday services such as electricity, gas, water, and telephones may not be available. The tremendous volume of emergency responses will likely overwhelm public safety services. Being self sufficient is key to survival.

A disaster kit, containing essential items, should be kept in your home and at your work. Kits should have non-perishable food, such as canned goods or freeze dried items, and pet food if needed. Have enough water to provide one gallon per person per day, and replace it every 6 months. Chlorine bleach can be used in an emergency to purify water, at a dosage of 8 drops per gallon. Maintain a first aid kit with bandages and anti-septics, as well as any essential medications or baby items. Have flashlights and a portable AM/FM radio, with plenty of fresh batteries. A fire extinguisher, and tools for turning off water, gas, and electrical sources are needed in case of leaks. An alternate cooking source, such as a BBQ or camping stove is needed, but should be used with extreme caution. Always ensure that no gas leaks exist before using any open flame device, and never use candles. Also have extra blankets, clothing, shoes, and money on hand.

Before an earthquake familiarize yourself with areas of safety, and danger, within your home. Ensure that heavy appliances and furniture are secured to the walls with straps. Decide how and where your family will reunite if separated, choose a far away friend or relative whom family members can report to.

During an earthquake, duck, cover, and hold-on under sturdy furniture such as tables and desks. Avoid windows, mirrors, hanging objects, fireplaces, and any heavy, unsecured items. If outdoors during an earthquake, avoid trees, walls, and power lines. If driving, pull over safely and stop, avoid overpasses, and remain in your vehicle until shaking ceases.

After an earthquake stay calm. Immediately check for gas and water leaks, and shut off these utilities if necessary. If electrical problems exist shut down the main panel and never "back feed" portable generators into the building.

Evaluate the damage to your home or business and whether or not there is a potential for collapse. Keep streets clear for emergency vehicles by avoiding unnecessary driving. Turn on your portable radio for instructions and reports. If you evacuate, leave a message at your home telling family and friends where you can be found. Be prepared for aftershocks and assist your neighbors if needed.

A major earthquake is not a question of if, but rather when. Don't be caught off guard. Preparation can mean the difference between life and death in a major disaster.

Visit us online at [www.facebook.com/venturacityfire](http://www.facebook.com/venturacityfire), [www.youtube.com/user/VenturaCityFD](http://www.youtube.com/user/VenturaCityFD), and [www.cityofventura.net/emergencyprep](http://www.cityofventura.net/emergencyprep).

## Mother's who are MADD

The Ventura County Chapter of Mothers Against Drunk Driving (MADD) hosted its 3rd annual award ceremony to recognize the efforts of individual officers in Ventura County who had contributed significantly by making multiple drunk driving arrests during 2010. The award ceremony was held during a breakfast on April 27, at the Ventura Beach Marriott Hotel. To receive recognition, officers had to make at least 15 DUI arrests during 2010.

In attendance were 83 police officers from 14 different law enforcement agencies within Ventura County. This includes the California Highway Patrol, Ventura County Sheriff's Department and local Police Departments. Guest speakers from the Office of Traffic Safety, the National Highway Traffic Safety Administration, and the Ventura County Behavioral Health Department were also in attendance. Representatives from the District Attorney's office were acknowledged for their efforts as well.

The theme "Working together to save lives" was the focus of the meeting. By taking a drunk driver off the road, the agencies hope to save lives, both of innocent victims and the drunk drivers themselves.



Lester Goldberg passing is a huge loss for Ventura and the world

## Ventura community activist Lester Goldberg dies

Camille Harris had this to say about Lester passing: "Another huge loss for Ventura." Les Goldberg (92) truly lived his life only to help others. He received the Jefferson Award in Washington, DC for his work as "The Hero of the Homeless."

He is the only Venturan who has actually donated a home (946 E Thompson Blvd) for the homeless and believed in turning the homeless into volunteers to help others. All who knew him loved him. I shall miss him terribly. He was our own Father Theresa. He truly "Walked His Talk."

The home which became known as the "Goldberg house" houses a nonprofit group that helps low-income and at-risk families and individuals become self-sufficient.

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- **Two Stages of Live Entertainment** and demonstrations to get you movin'
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- **Special Performance** – Santa Barbara Supersonic Flyball Racing Team – a fast paced dog relay race – **12 noon**
- **Healthy Food Court**
- **5K Community Walk/Run** for all ages and Gary Tuttle 1 mile kids fun run. Walkers are encouraged to enter the 5K. All proceeds benefit VUSD schools! Register at [www.insidetrackventura.com](http://www.insidetrackventura.com).

Ventura County Public Health will be offering free and low-cost immunizations for children and families, including the Tdap booster required for school entry for all students in grades 7-12 in 2011-12.

For more info visit [www.vcp4vUSD.org](http://www.vcp4vUSD.org) or call 641-5000 x1550 or email [info@vcp4vUSD.org](mailto:info@vcp4vUSD.org)

Ad courtesy of VENTURA BREEZE



## News and Notes

### Fleeing suspect killed by RV on 101 Freeway

Recently Ventura Police Officers responded to call of a stolen GMC Yukon that had just been stolen in the 1300 block of Arundell Avenue. Officers were near-by and observed the suspect, Derek Harrison, 29, of Ventura driving the stolen vehicle away from the scene. When Harrison noticed the police vehicle he fled southbound on Arundell Avenue and lost control of the vehicle colliding with another vehicle near Arundell Avenue under the 101 Fwy bridge. Officers were never in a vehicle pursuit but immediately arrived on the scene after the collision, and observed Harrison exiting the stolen vehicle. Officers ordered Harrison to stop, but he fled on-foot northbound on the dirt road along the south side of the 101 Fwy.

Harrison then jumped a freeway perimeter fence and ran up the steep incline of the 101 Fwy eastbound towards southbound traffic. As he reached the top of the incline he immediately ran into the number 3 lane of southbound traffic and was struck by a large motor-home.

Two officers immediately began CPR on the suspect as Gold Coast Ambulance personnel arrived. After repeated attempts to revive the suspect he succumbed to his injuries and was pronounced dead at the scene.

Highway 101 was closed in both directions after the incident.

Harrison was determined to have a long criminal history with many criminal convictions in Ventura County and there was a warrant out for his arrest at this time.

### Suspected drunken driver pleads “not guilty” to all charges

A suspected drunken driver Satnam Singh, a 49 year old Ventura resident, was driving westbound on Telegraph Road on May 11 in a full size Hummer vehicle with two bicyclists, a mother and 13-year-old daughter, in front of him when he struck them and kept driving.

The 34 year old mother, Corina Topete and 13 year old daughter both sustained injuries including broken bones. The suspect continued westbound on Telegraph Road. He approached Petit Avenue, and then struck the rear of a pickup truck that was stopped for a red light in the left turn lane and again continued driving westbound from the area. The occupants of the truck were not injured.

Singh kept driving westbound on Telegraph Rd. and near the intersection of Telegraph and Mara he hit Nick Haverland, 20-year-old Ventura College student and graduate of Foothill High School as he was riding his bike in the bike lane with friends. Haverland was pronounced dead at the scene.

A witness saw this incident and called 911. The very alert witness followed the suspect and gave 911 directions to his location. The suspect drove to 146 Kennedy and parked in his driveway. Officers were on scene within 30 seconds of him arriving

and he was still seated in the vehicle when officers arrived. He was uncooperative and would not exit the car.

Officers were on the scene for about 20 minutes attempting to get the suspect to comply with commands to get out of the vehicle. Eventually officers were able to open the rear hatch and used a police K9 to distract the suspect while officers were able to get into the car from the back doors where he was taken into custody and was transported to Ventura County Medical Center for treatment of minor injuries from the traffic collision.

In court Satnam Singh has pleaded not guilty to all the charges which include gross vehicle manslaughter while intoxicated and being involved in a hit and run.

Satnam Singh can be sentenced to 18 years if he is convicted of all the charges. His bail remained at \$500,000 and the judge sent an early disposition conference for June 14 and a preliminary hearing for June 27.

### VPD reports a substantial increase of residential burglaries

During the first three months of 2011 the Ventura Police Department (VPD) has seen a substantial increase in the number of reported residential burglaries committed throughout the City of Ventura. From January 1 through March 31 the VPD has responded to 106 Calls For Service (CFS) involving residential burglaries. This represents a 47% increase during the same time period last year.

Of most significance is that more than 72% (76 incidents) occurred during the daytime hours, and 61% (65 incidents) were the result of doors, windows, or garage doors, being left open or unlocked.

As far as the individuals committing the crimes it varies from re-offending parolees, juveniles, drug offenders, or even individuals who live in other cities that come into Ventura to commit these types of crimes. In some cases there may only be one suspect responsible for the commission of the crime however, our department believes the majority of individual(s) committing these types of burglaries work in groups of two to four people. The suspect(s) typically look for easy items to grab and walk away with, e.g., money, small electronics, laptop computers, jewelry, personal documents, guns, etc.

VPD patrol officers, detectives, and the crime analysis unit are working diligently and have made multiple individual arrests over the last few months. Detectives, primarily the Street Crimes Unit (SCU) which focuses on these types of crimes, continue to target known and repeat property crime offenders and identify the individuals responsible.

Nobody is immune to crime but there are steps you can take to help make a substantial difference. Here are some of the VPD suggestions.

First and foremost, we urge everyone to be vigilant and responsible neighbors and community members. Please immediately report any and all suspicious activity to us at 805-650-8010 (24 hr. non-emergency number) or 911 in the event of an emergency.

Please report suspicious subjects

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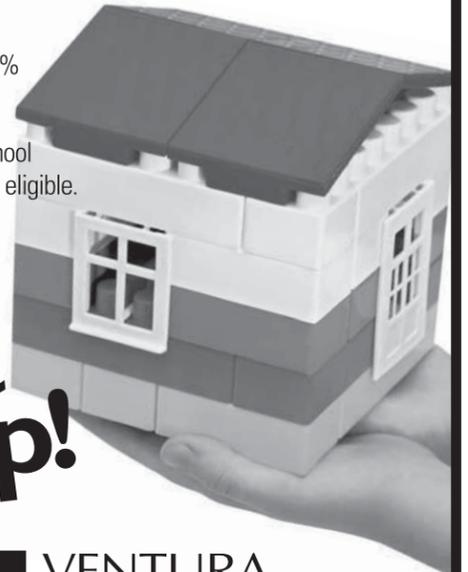
Anyone who lives, works or attends school in Ventura or Santa Barbara Counties is eligible.

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knocking at your front door and all solicitors that appear to be suspicious or unlicensed. (Please note: Door-to-door sales people in the City of Ventura must have a business license issued by the City and to have registered in person with our department. The following link provides information on door-to-door permits, licenses, and the process. <http://www.cityofventura.net/businesslicense#door>)

Connect and keep up with our department as we issue crime alerts, press releases, crime maps, and other valuable crime and safety information by following us on Facebook at: [www.facebook.com/venturapd](http://www.facebook.com/venturapd), via Nixle at: <http://local.nixle.com/city-of-ventura--police-department/> or visit our website at: [www.venturapd.org](http://www.venturapd.org).

## Photo Contest



For \$30 where was this photo taken?

The first reader who can tell us where this photo was taken will win a \$30 gift certificate from any advertiser in this issue.

Just email your answer to [editor@venturabreeze.com](mailto:editor@venturabreeze.com) (this is a tough one, we think).

Regarding our last photo contest, this is just one of the responses that we received from one of our wonderful readers.

Dear Breeze;

The picture featured in The Breeze photo contest appears to be a shot looking up at the solar panels in the Patagonia parking lot.

My husband recognized the picture as he was one of a few electricians who had the pleasure of assembling the panels by hand-twisting several thousands of 1/8th inch fender washers over several weeks. We framed one of the washers to commemorate the end of that job!

Hope we are the first with the correct answer!

Sincerely,

Lauren Biane

Well, Lauren wasn't the first but our readers are the best and always have informative information to send to us.



## News and Notes



### DEAR MISS BETTY, advice for those who need to be slapped.

Dear Miss Betty,

I have a co-worker who dresses like a homeless person. I think she might actually be very attractive, but she wears no make-up and her hair is a limp, dull dishwater blond. My other co-workers and I think she has great potential. She is tall and thin with ample chest padding. We want to do a makeover on her, but it hardly seems appropriate. What do you think?

Stacy London Fans

Dear Fans,

From what I have seen of Stacy London (*What Not To Wear*), you wouldn't want her looking in your closet—no matter how haute you consider yourselves. And those Stacy London-type heels aren't going to get you any brownie points with your homeless looking friend. She may dress like she does on purpose. Maybe it keeps certain "shallow types" at bay. Perhaps you can enter the Breeze photo contest and if you win with your \$30 gift certificate buy her some nice clothes from one of our advertisers and convince her to wear them.

#### Hell's Angels

Continued from page 1

also arrested on suspicion of being under the influence. Jason Novak was arrested on suspicion of weapon possession.

Ojai father and son duo, Brian and Nikolas Teasdale were arrested on suspicion of burglary in the theft case. They have pleaded not guilty. Anthony Lindsey, also of Ojai was also charged with burglary and has pleaded not guilty.

Can't wait for the Father's Day episode.

#### Boys & Girls Club

Continued from page 1

E.J. and Myra Harrison, who founded the company in 1932.

Koranda said BGCV so far has raised about \$1 million for the project, with most of the money coming through building room naming opportunities.

BGCV remains about \$300,000 short of its campaign goal and is seeking donors for the following remaining rooms: technology center, teen center, games room and program office. For more information, call Koranda at 641-5585 or visit [www.bgclubventura.org](http://www.bgclubventura.org).

#### Budget woes

Continued from page 1

quite the opposite, our bond rating just went up."

Where additional monies are to be added back into the budget are unclear. A detailed line-item budget was outlined, but a year-to-year comparison chart was not available at the time of publication.

Questions around how long the city can operate safely with a closed fire station and 114 police officers is unclear. Cole did stress he did not think the way the city was currently operating was ideal.

"I can't recommend we stay at this status quo indefinitely," Cole stated.

Another factor that could affect the city's budget is a pending law suit against the city by Wishtoyo/Ventura

Dear Miss Betty,

I have been dating someone for about six months. He is very successful, dresses well, and has very good manners. The problem is that I am just not into him. I don't really know why, but he just doesn't make my blood pump. How do I break up with him? He hasn't done anything wrong. Should I just wait and see if I grow to love him?

Looking Out for Love

Dear LOL,

You may grow to love someone, however, you don't grow to "be in love" with someone. You may have to decide what you really want. Do you want that heart-rushing, blood-pumping infatuation, or do you want someone you can respect, trust, and build a friendship with?

Just in case you need to break up with him—there are two ways to get rid of a man: Always take his calls and insist he accompany you to art exhibits. Ventura has many wonderful art galleries and if he goes with you, maybe he is Mr. Right. Look at our "art events" to help you decide where to go.

Coastkeeper environmental group. The group is suing the city under the Clean Water Act, claiming treated wastewater it dumps into the Santa Clara River estuary is illegal. A loss of this suit could mean sizeable additional costs to the city.

## Stick out your can...

In observance of the Memorial Day holiday, employees of Harrison Industries will be taking the day off on Monday, May 25. As a result, Harrison will collect trash and recycling or green waste one day later than usual during the week of May 25-31.

The regular schedule will resume the following week.



A fire in an attached wooden patio cover of a single story residence located in the 2500 block of Ocean Ave. was quickly extinguished by the Ventura Fire Department.

Investigators narrowed the fire's origin to a sofa located in the patio area.

## Community Events

### Community and Economic Development meeting

The spring CED Steering Committee meeting will be hosted by CED Vice-Chair Neal Andrews in Ventura on May 19th to the 21st. The meeting will take place at the Crowne Plaza Ventura Beach Hotel, 450 East Harbor Blvd.

The fall CED Steering Committee meeting will be a joint meeting with the National League of Cities Energy, Environment and Natural Resources Committee, the Transportation Infrastructure and Services Committee, the Finance, Administration and Intergovernmental Relations Committee, and others.

### The 18th Annual Boys & Girls Club Garden Party

The Boys & Girls Club of Ventura in partnership with the Rotary Club of Ventura South will hold their 18th Annual Garden Party presented by The Flue Doctor Professional Chimney Sweeps on May 22nd from 2:00 to 5:00 pm at the Four Points by Sheraton, 1050 Schooner Dr.

This celebrated yearly event showcases many of the area's finest restaurants, caterers and wineries who share sips and tastes of their signature dishes and wines.

The mellow jazz sounds of Karl Keller's "Sax and the City" group will be featured live along with a Silent Auction featuring over 70 unique and interesting gift items including baskets, gift cards, art from local artists and by our Club kids.

The Boys & Girls Club of Ventura operates five sites in Ventura, Oak View and Saticoy that serve over 3500 youth (6-18 years of age) and families year round with after-school and summer-time nationally acclaimed programs.

Garden Party ticket prices are \$50 in advance and \$60 at the door. To purchase tickets, donate to the auction or for additional information call Leilani at 641-5585 or visit their website at [www.bgclubventura.org](http://www.bgclubventura.org)

### SummerFest 2011 provides an environment for children

A day-long celebration of healthy living is scheduled for Saturday, May 21, from 9:00 am to 2:00 pm, at Ventura Unified School District's Educational Services Center at 255 W. Stanley Avenue in Ventura. SummerFest 2011 marks the 6th anniversary of the popular community event, designed to provide a hands-on, engaging environment for children and families to learn how to become more fit and active. SummerFest was designated the "Best Event of the Year" in California by the Governor's Council on Physical Fitness & Sports in 2010.

The festivities of the day begin with a 5K Run/Walk at 8:00 am. The 5K is

designed for runners and walkers of all abilities. The 5K is a perfect way for walkers to enjoy a great walk in support of physical fitness in Ventura schools. Following the 5K Run/Walk is the popular Gary Tuttle mile for children of all ages at 9:00 am. Participants are encouraged to pre-register. Early registration for the 5K is \$25 for adults and youth 18 & under is \$10. The Gary Tuttle mile is free for children, but registration is still required. Registration can be done at [www.active.com](http://www.active.com) or at Inside Track, 2437 Harbor Blvd. Race day registration will begin on-site on Saturday, May 21 at 7:00 am.

SummerFest 2011 will feature a full day of interactive games, sports competitions, healthy food, an environmental showcase, a bike rodeo coordinated by VCCool, live entertainment on 2 stages, a fun zone for the entire family, education in gardening and farming, health screenings and more. Ventura County Public Health will be offering free and low-cost immunizations for children and families, including the Tdap booster required for school entry for all students in grades 7-12 in 2011/12 school year.

Janise Wagar, Summerfest Director, stated that "Building on the success of last year's event, SummerFest 2011 is gearing up to be our biggest and best ever. With the recent designation of Best Event in California by the Governor's Council on Physical Fitness & Sports SummerFest 2011 is the place to be! The community is coming together to promote health and fitness to our children and their families. Organizations, sports teams and local businesses are encouraged to join in Ventura's movement to create a healthy and active community".

All proceeds from the Summerfest 5K Run/Walk support VUSD's Healthy Schools Projects, part of a nationally recognized program promoting healthy eating habits and increased physical exercise in an effort to reduce childhood obesity. To learn how you can become involved in SummerFest 2011 please visit [www.vep4vusd.org](http://www.vep4vusd.org) or call 641-5000 x1550.

The Ventura Breeze will have a booth (number 42) at SummerFest, so when you are there be sure to drop by and say hello and from noon to 2 you will even get to meet Professor Scamp. And all day we will have FREE face painting by wonderful Ana Baker. Hope to see you there.

### Gentle Outdoor Yoga – Summer Saturdays

Memorial Day, May 28 through Labor Day, September 3, 2011 – 11 a.m.

Experience Gentle Yoga along the water's edge every Saturday starting May 28 through September 3, 2011 on the Ventura Harbor Village Main Lawn from 11:00 a.m. to 11:30 a.m. Gentle Yoga replenishes the body and soul while improving muscle tone, flexibility, strength, stamina and helps to reduce stress and tension. The cost is \$5 per person and mats are provided upon request. For more information visit [www.VenturaHarborVillage.com](http://www.VenturaHarborVillage.com).

### Doga – Yoga for Dogs – Last Saturday of the Month

Memorial Day, May 28 through October 29, 2011 – 10:30 a.m.

# Community Events

Man's best friend is joined with their owners for Doga held every month on the Ventura Harbor Village Main Lawn. A popular craze taught in Los Angeles and New York, the classes function similar to a regular yoga class and focus on gentle stretches, breathing and massage. The cost is \$5 per class. For more information visit [www.VenturaHarborVillage.com](http://www.VenturaHarborVillage.com).

## Art Night in the Harbor

Thursday, May 19 from 5 - 8 p.m. at the Ventura Harbor Village. Featuring:

Carousel Stage entertainment with ASHUN Classical Guitarist Beach Break Surf Shop - Artist Jennifer Livia, Painter

Ventura County Potters' Guild - Artist Yvette Franklin Demonstrates on the Potter's Wheel

Treasure Cove - Artist Debbie Sutton Demonstrates Her Unique Style of Jewelry Design

Hats Unlimited - Artist Gerald Zwiers Demonstrating Plein Air Style Painting

Village Carousel and Arcade - Artists Chemayne Faulconer, Photographer,

Christine & Sara Watte Gourd & Ceramic Demos, Fudge Sale

Davey Miller Gallery - Artist Davey Miller & \$20 Hand-Signed Lithographs Corey Tile Art - Free Gift with \$10 Purchase

Andres Wine and Tapas Bar - Artist Lorna Amundson & \$1 Tapas and \$5 Wine Tasting

Le Petit Cafe Bakery - Artist Jackie Urband, Painter

Harbor Village Gallery - Special Exhibits: Amundson, Zatin:

Artists/Artisans: Debi Nowak-Hawkes, Jewelry / Mary Proia / Linda Cowell, Pet Portraits

Blackbeard's Seaside BBQ - Artist Karl Stoll, Painter & 1/2 Price Appetizers Studio 5 (Steve Munch Gallery) - Artist Steve Munch & Wine and Cheese

Island Packers - Artist Tina O'Brien, Painter

Custom Embroidery - Artist Doug Mangum, Channel Islands Landscapes & Wildlife

Ventura Swimwear - Shopping Spree: 50% Off 2010 Swimwear

Cruzin' Unique Boutique - Shopping Spree: 50% Off The Rack Sale

Admission to the event and parking are free. More information at [www.VenturaHarborVillage.com](http://www.VenturaHarborVillage.com)

Coming Art Night in the Harbor will be Thursday, June 16, July 21, August 18, September 15 and October 20.

## Ventura Art Scene

**Arts in the Park** will take place on **August 27** from 10am-6pm and **August 28** from 10am-5pm in Plaza Park in downtown Ventura.

Artists of all fine arts and fine crafts are encouraged to apply to this juried show. Digital images of artwork are required for jurying. The fee for a 10 foot x10 foot artist space is only \$125, but the festival also offers a "half booth" option for \$75.

This outdoor event will feature fine art, food by local restaurants, wine and refreshments and music throughout the day.

This year, Arts in the Park will in-

clude a chalk art event as part of the festivities. "Chalk Art for Charity" will raise funds for FOOD Share to help support their mission to alleviate hunger in Ventura County. Arts in the Park is also seeking artists who would like to participate in the chalk art event. There is no charge to the artist.

For more information or an application, [www.venturachamber.com](http://www.venturachamber.com) or email [barbara@venturaartfestival.com](mailto:barbara@venturaartfestival.com).

Duane Dammeyer's solo exhibition, **Eclectic Stone**, at the **Buenaventura Art Gallery** will show from May 24 to June 18. Opening reception is Saturday, May 28 from 4:00 - 7:00 pm.

Eclectic Stone is a celebration of the diverse nature of Dammeyer's stone sculptures and of the many sources that inspire his work. Expect to see multiple types and colors of stone, each revealing the artist's vision of the image within. Dammeyer's work also includes geometric shapes such as spheres, triangles and cubes played against organic forms and constructions integrating combinations of different stones into a single piece.

With each sculpture that Duane creates, he attempts to generate, in the viewer, an emotional connection with the work. The Buenaventura Art Gallery is located at 700 E. Santa Clara St. Hours are Tuesday-Friday from noon - 5 pm and Saturday from 11 am to 5 pm. Please call 648-1235 or visit [www.buenaventuragallery.org](http://www.buenaventuragallery.org) for further information.

An **Evening with Colin Fraser Gray** on Saturday, **May 21**, from 5 to 6:30 p.m. at the Brooks Institute Motion Picture Screening Room, 5301 N. Ventura Ave., Ventura.

Colin Fraser Gray's eye on world events, ear for social nuance, and wry sense of humor have shaped his artistic path. His drawings, sculpture and public art are quirky, sometimes controversial, and always authentic, provoking strong reactions.

Raised in England and now living at the WAV, Gray earned his BA in England and MFA at UCSB. \$10 General Admission - \$5 Students and Seniors.

Free to FOTM members, Brooks Students, faculty & students under 18. Please RSVP at 653-2501 or by emailing [Mary.Galbraith@FocusOnTheMasters.com](mailto:Mary.Galbraith@FocusOnTheMasters.com).

The AfterGLOW Special Event hosted by Mary and Jim Galbraith, will be held immediately following the interview at the WAV. This is a separate, fund raising event and requires pre-paid reservations. AfterGLOW sells out each month! Early reservations a must! FOTM Members \$20, non-members \$30. Purchase tickets online at [www.FocusOnTheMasters.com](http://www.FocusOnTheMasters.com) or call 653-2501 for reservations or more information.

**Gallery At The Crowne** - "Summer '11" fine art exhibition from **May 28** to September 10. This beach side gallery features 14 artists represented in over 60 pieces of artwork.

The "Summer '11" show is bright, colorful and reflective of the feelings of summer. Hand picked original paintings, large photographs and mixed media wall art are all executed in realism, impressionistic or abstracted techniques.

Gallery At The Crowne Crowne Plaza Ventura Beach hotel. 450 E. Harbor Blvd.

Art Contact: Curator, Terry Bray 795-6076 [www.terry@tbrayart.com](http://www.terry@tbrayart.com)

# HOUSEHOLD HAZARDOUS WASTE COLLECTION EVENTS

May 21

June 18

July 16

9 am - 2 pm  
For Ventura Residents  
RESERVATION  
REQUIRED

*Free!*

CALL  
**652-4525**

Monday thru Thursday  
8 am-5 pm for  
Appointment

## MATERIALS ACCEPTED

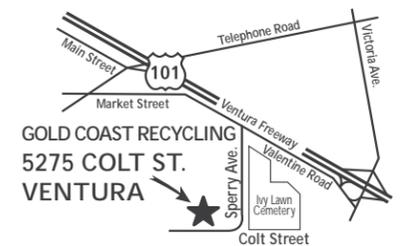
- Aerosol cans
- Auto & Household Batteries
- Fluorescent Light Tubes & CFLs
- Gasoline
- Household Cleaners
- Motor Oil/Filters Other Auto Fluids
- Paint, Polishes & Varnishes
- Pesticides



Limit of 15 gallons or 125 pounds per visit.

## MATERIALS NOT ACCEPTED

- 55 Gallon Drums of Material
- Commercial/Industrial Waste
- Compressed Gas Cylinders
- Electronic Waste
- Explosives, Ammunition, Fireworks
- Radioactive Material
- Smoke Detectors



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[www.cityofventura.net/HHW](http://www.cityofventura.net/HHW)

## Ventura events

**May 19th: Ventura Executive Suites** is hosting their monthly **Networking Event**. This is an opportunity to meet other local business people and new clients. Complimentary beverages and hors d'oeuvres will be provided. This night of networking is open to anyone who would like to join in, so please invite a friend. The Event is scheduled from 5 - 7 p.m. For more information and to RSVP please call 653-2381 or go to [info@venturaexecutivesuites.com](mailto:info@venturaexecutivesuites.com)

**May 19:** First United Methodist Church of Ventura is hosting a Lunch and Learn on the topic of **Current Issues Affecting Persons with Developmental Disabilities** from 11-12:30 p.m. Fred Robinson, CEO of The ARC of Ventura County will be presenting. Question and Answer session to follow. A Salad Bar is offered for a free will donation along with a complementary dessert and beverage bar. Those wishing to bring a Brown Bag lunch are welcomed. The event will be held in Trotter Hall. Call 643-8621 for salad bar reservations only.

**May 20: Channel Islands Yacht Club,** Fun begins with Tall Ship Tours at 4 p.m. and continues with Buffet Dining 5 - 7 p.m. then music, dancing and auctions till 10 p.m. All proceeds benefit the continuing mission of the American Tall Ship Institute operating the Bill of Rights dedicated to youth & community development. Visit us at [americantallship.org](http://americantallship.org) for tickets in advance or at the door for \$20. For more information call 901-0585 or contact MJ Taylor at [mj@americantallship.org](mailto:mj@americantallship.org).

**May 21: The San Buenaventura Friends of the Library (SBFOL)** invites the public to a used book sale in honor of Armed Forces Day. The book

sale offers affordable quality used books featuring non-fiction, large print, and children's books covering sports, fitness, art, classics and history plus hard cover and paperback fiction, music, movies, puzzles and books on tape. There will also be a selection of books on war and services in observance of Armed Forces Day. The sale will be from 9:30 - 3 p.m. at the Ventura Community Park, 901 S. Kimball Road. For more information contact San Buenaventura Friends of the Library Periodic Book Sales Manager Chuck Carlson, at 642-6084 or [chucknsherrie@att.net](mailto:chucknsherrie@att.net).

**May 21: The Ventura County Genealogical Society, Inc. (VCGS)** will be holding its regular monthly meeting at 1 p.m. The guest speaker will be Dr. Ernst F. Tonsing speaking on the topic of "The 'J' of Lydia Challiss Stories of Two Countries." People who would like to attend are encouraged to look over the genealogy books and supplies which are available for purchase. Guests are always welcome to attend our free meeting. For more information call Gwenda at 485-7930.

**May 22:** A free reception for **Dr. William Hart** author of a recently published History of Community Memorial Hospital in Ventura will be held at the Museum of Ventura County's event pavilion. Signed copies of "The Hospital of Choice: Community Memorial Hospital: A History," will be available in the museum bookstore, in both hard and soft cover. The reception will start at 3 p.m. Hart will donate all proceeds from sales of the book to the museum.

**May 24:** You can learn about **magnetic field therapy**. Guest speakers and experts in their field will include Alex Marmolejo, President of Quantum Wave

*Continued on page 16*

# The Ventura Breeze Presents The Face Of Ventura



## Olivia Simonson

Portrait by Johanna Spinks

Hello, I'm Olivia Simonson. I'm fifteen years old. I currently attend Ventura High School but I am planning on attending the Thacher School, in Ojai this fall, for my sophomore year. I have lived in Ventura all my life and I love it here. I play tennis for the school team, horse-back ride and go to the beach whenever I can.

When I was twelve, my mother passed away from ovarian cancer. She also grew up in Ventura, and as a kid she, my brother and I spent countless hours together at the beach. Soon after she died my father, uncle, grandpa and I began a foundation in her name. It is called the Andrea Grace Soter Simonson Memorial Foundation. Our mission is to help local families who are challenged by cancer by providing financial assistance, support and connection to resources.

A few years ago my father climbed Mt. Kilimanjaro. A few months ago, while looking through the pictures of his trip, I was inspired. I decided, rather irrationally, that I too wanted to climb Kili. My dad told me that if I wanted to climb Kilimanjaro I



It was amazing to see the painting transform from a sketch to a portrait within a couple hours.

would have to do it for something greater than myself. We decided to tie the climb to the foundation as a fundraiser, so here we are. Since then we have been training hard to accomplish this goal.

As we train, and as the climbing date comes closer and closer, the more and more nervous I become. But I know that through the early mornings and hard hikes I am making a difference for something bigger than myself and that is all that matters.

Ventura has been a place of bonding, memories and love for myself and my family. I love the beaches, the weather, and the fact that I can go to the mountains for a few hours and end up at the shoreline within a few minutes after.

Johanna is wonderful. I really loved having her paint me. She was so nice. We listened to music, talked about her art and bonded over burritos while talking about the climb. It was amazing to see the painting transform from a sketch, to a portrait within a couple hours. When I was in her studio all I could do is look around at all the different pieces she had painted, she is truly talented.



Captain Bill Finley



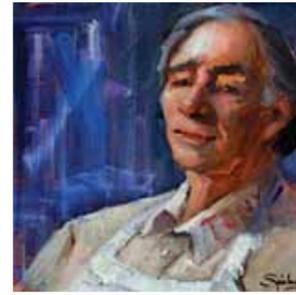
Howard Boroughs



Rachel Morris



Jolene McBee



Tony Barrios



Jerry English



Bonnie Weigel



Manuel A. Valenzuela



MB Hanrahan



Emily Olszowy

Portrait artist Johanna Spinks teamed up with the Breeze to take on a new challenge "The Face of Ventura". Aiming to paint 52 worthy Venturans, each in a single sitting painted directly from life at her Bell Arts Factory studio in around two hours. No photos are used, the direct interaction with the sitter is the purpose of the challenge. This feature will run in the Breeze over the next two years.

Face of Ventura Images Copyright Johanna Spinks

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Audition for Level 4/Advanced Intensive on Tuesday, May 17, 6:30 p.m.

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City of Ventura residents,  
bring your used motor oil to  
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643-0963

**Auto Zone**  
2610 E. Main St.  
648-3592

**Auto Zone**  
9459 Telephone Rd.  
659-9662

**Dave's Marine  
Fuel Service**  
1404 Anchors Way Dr.  
644-6776

**Firestone Tire & Service**  
200 S. California St.  
643-6101

**Gold Coast Recycling**  
5275 Colt St.  
642-9236

**Jiffy Lube**  
1098 E. Thompson Blvd.  
652-0173

**O'Reilly Auto Parts**  
4225 E. Main St.  
289-9250

**O'Reilly Auto Parts**  
147 E. Main St.  
653-0774

**Pep Boys**  
4001 E. Main St.  
658-7333

**Pep Boys**  
2705 E. Thompson Blvd.  
652-0653

**Texaco Xpress Lube**  
4624 Telephone Rd.  
639-0144



City of Ventura  
**Household Hazardous Waste  
Collection Event**

**Next Event, May 21**

*FREE, and open to all City of Ventura residents*

**Bring your oil, filters, coolant and batteries.**

Collections accepted the third Saturday of each month except December.

*Call 652-4525 M-Th 8 am-5 pm for appointment.*

5275 Colt Street • 9 am-2 pm

**Remember:**

- Dumping oil into the stormdrain, down the gutter or on the ground pollutes our oceans and waterways
- Spilled oil from just one oil change can pollute one million gallons of water – a year's supply for 50 people
- Don't mix ANYTHING with the oil you collect
- Allow your filter to drain overnight and place in a ziptop bag



This ad paid for by a grant from Department of Resources Recycling and Recovery (CalRecycle).

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## Art Scene



The house of Linda and David is full of amazing sculptures including some you can see from the 101 freeway

The Heart of the Artist

### The sculpture of Linda Elder: Art Heals

by Emily Thiroux

When Linda Elder was walking one day, the impact of the vehicle that hit her sent her flying into the next block. Her odyssey of recovery and discovery started at that point. With medical bills piling up, Linda and David, her husband, decided to start fresh by selling their house to pay the medical bills, then they used the money that was left to buy a piece of property where they would build their new home. Linda didn't real-

ize, however, that David really meant to build their home. They hammered each nail themselves which turned out to be the best rehabilitation from her accident Linda could ever have imagined.

The property Linda literally fell onto while walking on her crutches to help gain her strength back was a lot on Vista Del Mar Drive which was a Chumash Indian meeting ground which overlooks the ocean. Being sensitive to the heritage of the land, they named their house Crystal Hawk because of the healing energy of crystals and the hawks that sit on the Monterey Pine tree on their property. Because power tools and pain pills don't mix, Linda learned to deal with her pain while learning leverage to lift heavy wooden beams. She was able to concentrate on the beautiful Bas relief sculpting she did around the doors and windows. The interior design program at the University of California at Santa Barbara was so impressed with her work that they hired her to teach Bas relief for them for nine years.

The house is full of Linda and David's amazing sculptures including some you can see from the 101 freeway close to San Jon Road. Look up on the cliffs to see a Native American warrior overlooking the freeway/ocean. Their home contains two big art studios. At the front of the home stands a giant totem reflecting the story of the home from the Chumash petroglyphs at the bottom, to the flowers grown on the property, to the cornucopia of fruits and vegetables which can be found there to the dolphin of Chumash legends, to the Chumash woman giving thanks, to the hawk on the top. Spectacular!

Linda spends her time now teach-

ing 1,000 children how to do sculpture through the Boys and Girls Clubs. She goes into the schools to teach children how to sculpt their own pieces using materials they can easily find. She wants the children to be independent with their art not needing anyone but themselves to explore their creativity. Concerned about the mounting cuts to arts in education, this is Linda's way of giving back. She also teaches sculpture to anyone interested from beginners to advanced at the studio at her home on Fridays. Read more at their web site: <http://www.crystalhawkstudio.com/>

I hope you'll introduce me to artists you want to learn more about. Contact me through Facebook at The Heart of the Artist. Or email me at [emily@theheartoftheartist.com](mailto:emily@theheartoftheartist.com). And I hope that you'll read my blog and support the artists I feature. <http://www.theheartoftheartist.com/category/Blog/>



Through June 12 the Artists' Union Gallery is presenting an exhibit about getting real in a conceptual way. There is always a strong undercurrent of contemporary artists focusing on the figure as their primary subject vehicle of expression. This open show adds a post-modern twist and subverts technique, often to ironic ends. This exhibit includes media ranging from painting and hanging work to sculpture and assemblage.

Gallery Hours: Fri. & Sat. 12-8 p.m. and Sun. 12-6 p.m. 330 S. California Street Plaza 643-3012.



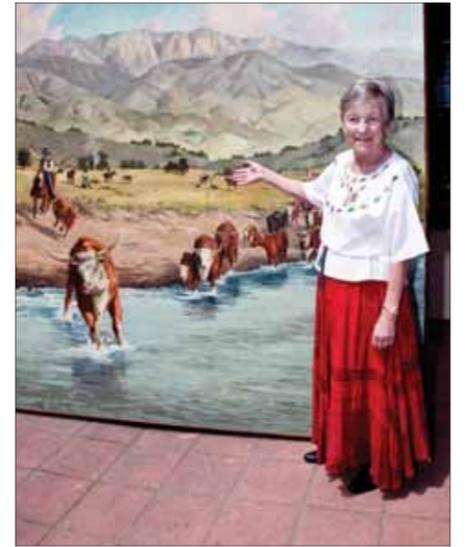
At the recent 74th annual Santa Paula Art and Photography Exhibit artists from throughout the western states presented their works.

Ventura artist Tony Jankowski received several awards for his two submitted paintings "Fruit Bowl With Figs" and "Morning Light" winning several first place awards in the People's Choice and the Jury of Your Peers categories.



Artists Paulo Ruvalcaba and Erwin Quzen explore and interact with more than 50 artists as they create works of art and teach free workshops throughout Downtown Ventura during the city's first ever all-media "en plein air" event called "Paint Ventura" held on Saturday, April 30. Artists displayed their works in downtown parks, along the sidewalks and in front of stores on Main and

California Streets and in Grant Park. For more information on "Paint Ventura" visit [www.PaintVentura.com](http://www.PaintVentura.com).



Docent Ilsa Lang enjoying the mural "The cows are coming" that was painted by Marguerite Hardeman in the 1960s that were on display on Mother's Day at The Olivas Adobe at the "Murals and Roses" event.

The 15 murals, each measuring 4x8 feet up to 8x8 feet are brought out for display around the park grounds and the rose garden in celebration of spring. Photo by John Ferritto.

### Arts in the Park features "Chalk Art for Charity"

The Ventura Chamber of Commerce is pleased to announce their third annual art festival will be held on August 27th and 28th this year. Arts in the Park will again be held in Plaza Park in downtown Ventura. Many of the artists who participated in the event the past two years indicated that they felt a summer event would have the benefit of nice weather and visits from people living out of the area, so the Chamber decided to hold the event earlier this year.

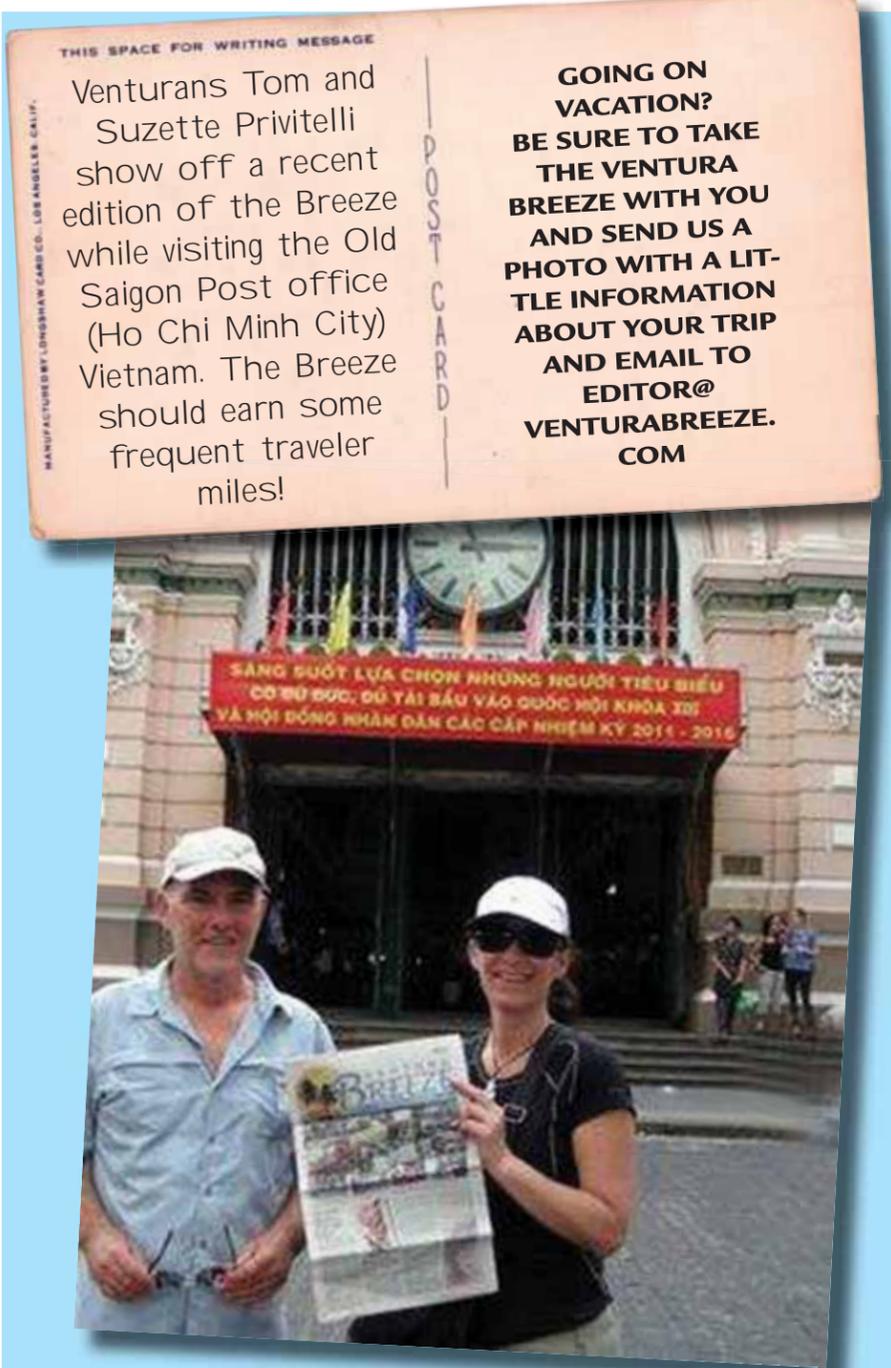
All artists of fine arts and fine crafts are invited to apply. The show will be juried so applicants will be asked to submit digital images that are representative of their work. For more information and an application visit the Chamber's website [www.venturachamber.com](http://www.venturachamber.com).

This year, Arts in the Park will be adding a new element to the event. Barbara Hinton, Chairperson of Arts in the Park, has christened this new element "Chalk Art for Charity". Hinton says, "I was thinking it would be great to raise funds for a local non-profit and I came up with this idea because it would complement the existing event." When Hinton presented the idea to FOOD Share CEO Bonnie Weigel, she embraced the idea and a new partnership was born.

The concept is to sell approximately twenty-five 4' x 6' sidewalk squares to local Chamber businesses and individuals for \$100. The business or individual will have their name displayed at the top of the square for the duration of the weekend long event. Sponsors may choose their own artist, or the Chamber will match them with an artist. Most of the proceeds from the sales of the squares will benefit FOOD Share.

Local artist Dawn Reily, who showed her work at Arts in the Park last year, plans to create a chalk square at the event. She has participated in numerous chalk art events, even traveling to Italy to be part of an event there. Dawn said doing the event in Italy had been on her "bucket list". When asked what she loves

Continued on page 16



# Professor Scamp, Ph.D (Pretty Happy Dog)



On Saturday, May 21, from 9:00 am to 2:00 pm, the Ventura Unified School District (located at 255 W. Stanley Avenue in Ventura) will be presenting SummerFest 2011. I will be there from noon-2 so please come say hello (a treat isn't required but it couldn't hurt).

The California Pet Lover's License Plate Fund has announced that the Canine Adoption & Rescue League (CARL) has been selected as the first recipient of a \$300 donation as part of the new "1 in 100" promotion currently being offered by the Fund.

The California Pet Lover's License Plate created the "1 in 100" promotion to encourage pre-orders, offering a \$300 donation to the shelter or animal-related non-profit chosen by each of the winners selected in the drawing.

CARL is a Ventura County non-profit dog rescue organization operated almost entirely by volunteers. And many of their dogs to adopt are featured in my column.

Founded in 2010, the California Spay and Neuter Specialty License Plate Program will provide funding for free and low-cost spay and neuter surgery programs across California.

"We feel honored that Ms. Kerkhoff has chosen us as the recipient of the donation," said Mary Saputo, President of CARL. "The funding will be essential in helping us in our mission to place homeless dogs."

Those interested in participating in the promotion or learning more about the plate can visit <http://www.petloversplate.org> or can send an e-mail to [info@caspayplate.com](mailto:info@caspayplate.com).

I like pet license plates, they give me something to look at when I put my head outside of the car window.

Moscow's thousands of stray dogs have been saved from being rounded up and shipped to a camp far outside of town as the city has dropped a plan to round the dogs up and ship them out.

Animal rights activists and celebrities had been pressuring the city to

abandon the plan, which they said would endanger the dogs by placing them in an environment where diseases would run rampant. Some had compared the planned facility to a concentration camp for dogs.

The controversial plan would have gotten rid of the dogs by sending them to a camp in the Yaroslavl region, some 150 miles northeast of the city. But activists staged a campaign to oppose the deportation, collecting nearly 2,000 signatures of prominent artists and musicians against the plan.

Moscow has spent some 1.3 billion rubles (\$45 million) on dog shelters, sterilization, and other programs to deal with the city's stray population between 2008 and 2009, but critics say much of the money has gone unaccounted for.

I wonder if the law applies to French poodles also?



Adam is one of my heroes. He is a retired K-9 Unit Westfalen Terrier that liked it here so much that he moved from Germany. He was a drug detection K-9 for the Santa Barbara County Sheriff's Department who worked inside the jail. If they ever need a dog to find food in the jail I'm their man.

## Forever home wanted



Hi,

I'm Oscar a sweet 8 month old male Chihuahua mix. I'm marked special needs because I was recently diagnosed with hemophilia. I like to think of myself as just special. It'll take a special family to come and take me home, but I know they are out there. I'm still a puppy, so children in the home must be 6 years or older. Puppy classes are a great way for us to socialize and learn right from wrong. We can bond as we learn new things together. I hope I don't have to wait long for someone to fall in love with me and make me a cherished member of their family.



My friend Phyllis Gubins paints watercolor custom pet portraits as well as paintings inspired from the world. You can see more of her work on her web-site [www.redbrickart.com](http://www.redbrickart.com) or visit the Red Brick Gallery located in Downtown Ventura at 315 E. Main and be sure to tell her that I sent you in.



Lost kitty:

Male American Short Hair: 9 months old: 4 or 5 lbs : Collar with stars and moons and a red heart tag: Color Black and White, tuxedo look with Greenish Yellow Eyes

Owner's Name: Matthew  
Phone: Daytime 805-284-8497;  
Evening 805-671-9369  
E-mail: [Mr. Mattlopez@yahoo.com](mailto:Mr.Mattlopez@yahoo.com)

When you've lost or found a cat in Ventura County go to [LostCat-Ventura.com](http://LostCat-Ventura.com)

## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself, including your address, to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

## Police Reports

by Veronica Johnson

### Stolen Vehicle Arrest

On Friday, April 29th, at 7:37 p.m., The VPD received a call from Angela Wesoloski stating that her car had just been stolen. Wesoloski left her vehicle running and unlocked as she removed items. Ryan Cortez, 23 years old, entered the vehicle and drove away. Officer Ricky Payne responded to the call and located the vehicle driving south on Ventura Avenue. Cortez crashed the vehicle into another vehicle that was stopped at the traffic light at Stanley Avenue.

Cortez fled and was taken into custody after a brief pursuit. A search of the suspect revealed that he was in possession of property belonging to the victim, and a records check revealed that Cortez also had two outstanding felony warrants.

### Robbery Arrest

On Monday, May 2, at 1:42 p.m., VPD responded to the bike path near the Ventura County Fairgrounds to attempt to locate a battery victim. Officers located Mark Sandoval in the area, suffering from wounds to his face. Witnesses on

scene were able to provide officers a detailed description of the suspects, who were located near Surfers Point.

The three suspects, Jeffrey Puga, Scott Munoz, and Frank Duarte, approached Sandoval and began battering him with their fists. Sandoval was knocked to the ground and the suspects continued assaulting him. Sandoval's property was located in Duarte's possession.

### Stolen Vehicle

On Tuesday, April 26th, Victim Lino Hernandez reported his vehicle stolen from the 1100 block of Riverside Street. On Monday, May 2nd, VPD located Hernandez's stolen vehicle, returning it to him with the suspect still outstanding.

His vehicle was stolen a second time and on Wednesday, May 4th, at 4:10 p.m., Cpl. Delgado was patrolling in the area of the Pacific View Mall when he spotted Hernandez's stolen vehicle driving near Sears department store. Cpl. Delgado initiated a high-risk traffic stop on the stolen vehicle.

A Hispanic male juvenile passenger

fled from the vehicle through the parking lot out of the mall property. Several VPD officers assisted in arresting the driver, Alyssa Robledo, 20 years old, and detaining 2 juvenile passengers.

Officers approached the subject who ran onto St. Bonaventure's High School campus where he was eventually detained. The 12-year-old male had an

*Continued on page 16*

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## Cypress Place Senior Living



Cypress Place is designed for resident comfort and convenience. Two communities, Active Senior Living and Assisted Living & Memory Care, are located on one senior living campus. Come see why Cypress Place is the place Ventura area seniors call home. It's time for you to enjoy the life you deserve. Call to schedule a complimentary lunch and tour.

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[www.cypressplaceseniorliving.com](http://www.cypressplaceseniorliving.com)



## Senior Living

Senior Cone-nection

### Eating right – Part I

by Nanci Cone

Registered Dietitian Patti Jaeger from the Area Agency on Aging Senior Nutrition program took time out to discuss the importance of eating right for seniors. According to Patti, "It's really important that we take control of our diets if we want to live longer and feel healthy. By doing this, it also helps us stay a lot more active!" To learn more, visit the website at [www.aaa.countyofventura.org](http://www.aaa.countyofventura.org).

Why is senior nutrition so important for seniors? The Senior Nutrition Program provides seniors 60+ with 1/3 of the Dietary Reference Intake (DRIs) through a hot meal daily, 5 days a week. The low to moderate sodium meal is nutritionally balanced and appropriate for those following a diabetic meal plan.

Is there a difference between what someone over 60 should eat versus someone younger? The nutritional needs do not change much throughout our life cycle; however, many nutrients become more important as our aging bodies become less efficient and less able to absorb some nutrients.

What are the benefits of eating right? Good Nutrition is important throughout your life! It can help you feel your best and stay strong. It can help reduce the risk of some diseases that are common among older adults. And, if you already have certain health issues, good nutrition can help you manage the symptoms.

Is it important to eat three meals a day? It is important to eat multiple meals each

day to provide adequate nutrients and sufficient energy for your body.

What do you say to junk food aficionados? You are missing out on a lot of necessary and important nutrients for your body and filling up on unhealthy fats, sodium, and calories.

Is there any benefit to drinking alcohol? Although research has found some health benefits of drinking alcohol in moderation, there is an increased risk associated with aging. Many medications have contraindications with alcohol, so be sure to check with your doctor to see if you are currently taking some of these prescriptions drugs. As we age, our balance becomes increasingly a challenge. Alcohol combined with an unsteady gait, could result in falls, broken bones, and possible lifetime injuries.

What about cooked vs. raw? Although there are some benefits to eating raw foods, it can become quite a challenge to follow a complete raw diet and get adequate nutrients for your body. Cooking food reduces some nutrients due to heat. Depending on the amount and kind of cooking you use determines how much nutrients are lost. Using the least amount of preparation is recommended. Eat raw fruits and vegetables when possible and consume them as soon after purchasing as possible. Keep in mind, nutrients are lost during storage as well.

How have things changed regarding diet recommendations since you first started doing this? Nutrition is a relatively new field and the science is exploding even from one year to the next. Research has provided us with so much knowledge with regards to the nutrients our bodies need to stay healthy and what can cause problems long term. Interesting though, the core or basic recommendations have remained the same or similar.

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## Spring Into Action Food & Fund Drive

by Nanci Cone

Donate canned goods for the Brown Bag Program benefiting seniors through May 27th. This program provides supplemental food for over 2,000 seniors on a weekly basis throughout Ventura County. Food items needed are chicken, tuna, beef stew, soups, fruits, and vegetables. Please -- can and plastic containers only -- no glass please!

If you cannot donate food, please

consider making a monetary donation. For every dollar donated, FOOD Share is able to provide \$7.15 worth of food to low-income seniors. Donate on-line or mail a check payable to FOOD Share with Brown Bag Program in Memo of check.

Some Ventura Drop Off Locations:  
Community Health Division, 2125 Knoll Drive, Suite 200 (654-7606)  
Inpatient Unit – Ventura County Medical Center, 200 Hillmont (652-3359)  
Ventura County Agency on Aging, 646 County Square Drive (477-7311)  
Ventura Children & Family Services, 4245 Market Street, Suite 204 (654-3447)  
Ventura County Public Health, 3147 Loma Vista Road (652-5925)  
Ventura County Roads Maintenance, 11251 #A Riverbank Drive (672-2131)  
Ventura Senior Center, 420 E. Santa Clara (648-2829)  
Ventura Avenue Adult Center, 550 N. Ventura Avenue (648-3035)

For more information about other drop off points in Ventura or nearby cities, please contact FOOD Share at 983-7100, Ext. 133.

## Senior events

On Friday, May 20th the Ventura High School Key Club will partner with the City of Ventura's Senior Services Division for the fourth annual "Senior" Prom. Local residents over 50 years of age are invited for an evening of music, dancing and refreshments. This is a free event to be held at the Senior Recreation Center, 420 E. Santa Clara St. To RSVP or for more information call 648-2829.

The City of Ventura Senior Services Division invites adults 50+ years

# Senior Living

of age to join in recognition of Older Americans Month on Thursday, May 26th from 9am-11am at the Eastside Cafe - 650 Petit Avenue. Start with a complimentary continental breakfast provided by AccentCare followed by a talk on food alternatives for healthy aging by Patti Jaeger, Registered Dietician with the Ventura County Agency on Aging. Also a walk around Chumash Park or a chance to demo a variety of Wii Fitness games. Afterward, stay for the Eastside Cafe lunch program at 11:30. To RSVP or for more information call 648-2829.

On Wednesday, June 1 lunch at the Westside Cafe will include a special treat. The 4th grade class from Holy Cross School will perform Romeo and Juliet. The class has prepared this short version of the Shakespeare play as a community service project and will perform at 12:30 at the conclusion of the usual lunch program. The Westside Cafe is located at the Ventura Avenue Adult Center, 550 N. Ventura Avenue. Lunch is a \$3 suggested donation for those over 60 and a set price of \$5 for all others.

## YMCA to celebrate National Senior Health & Fitness Day

The Ventura Family YMCA will join an estimated 1,000 organizations across the country to celebrate the 18th Annual National Senior Health & Fitness Day (NSHFD). Instead of celebrating on a single day though, the Y is extending the celebration all week from May 23rd to May 27th! As an official host site, the Y will hold seminars, wellness expos, classes, socials and most importantly the events will all be free!

The scheduled activities for the week include:

Monday, May 23, Cypress Place Senior Living center will host "Senior Games" 12 p.m. to 2 p.m.

Tuesday, May 24, A variety of Wellness Seminars. Free lunch will be served at noon.



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# Community Events

## Ventura events

*Continued from page 9*

International, Inc. along with Dr. Richard Wright and Dr. Dagmar Neuberger. The event will begin at 7 p.m. at the Vreeland College of The Healing Arts, 473 Post Street on the corner of Willis in the Camarillo airport and business park. Admission is free and for more information call 482-8111.

**June 1: The Beach Cities Neighbors and Newcomers Club (BCNN)** is a group of active women of all ages who live in Ventura, Oxnard or Port Hueneme that enjoy activities such as hiking, golf, dining, wine outings, reading, cooking etc. This month's guest speaker will be Barbara Locsi, Event and Planning Director at K & M Enterprises. For more information on attending club meetings please come to the monthly meeting at 9:30 a.m. Meetings are held at The Greek Restaurant located at 1583 Spinnaker Drive, Ventura Harbor. There will be no charge for meeting however coffee or tea is available at a nominal charge of \$1.00. For additional information please call 382-2935 or 659-4542 or go to [bcnn.community.officelive.com](http://bcnn.community.officelive.com)

**June 1: Foster Parent and Open House with Aspiranet.** Please attend open house to see how other foster kids feel about the system and how they are supported. The open house will be held from 4 - 7 p.m. at 1838 Eastman #100. Current foster parents will be there for Q&A plus a light buffet dinner. For more information call 289-0120.

**June 1: Community Memorial Hospital Gift Shop 2011 Events calendar.** June 1st & 2nd **Scrub Sale in Auditorium.** June 15th & 16th there will be a book sale.

## Ojai events

The **Ojai Valley Museum** welcomes back Ojai author Elise DePuydt for a Sunday Gathering on **May 22** at 2 pm. Her presentation, "A Fascinating Look at the Public Art, Historic Places & Architecture of Ojai," is based on her book, "A Photo Guide to Fountains and Sculpture of Ojai: Art, History & Architecture," and will conclude with a book signing.

This gathering is being held in conjunction with the Ojai Studio Artists exhibit, "Made in Ojai IX - Know Hope," on display at the museum through June 12. Three members of the Ojai Studio Artists (OSA) whose works appear in her book and in the current exhibition will join DePuydt: Marta Nelson, sculptor Ted Gall and assemblage artist Sylvia Raz.

The Ojai Valley Museum is located at 130 W. Ojai Avenue and is open Thursday and Friday from 1 to 4 p.m., Saturdays from 10 a.m. to 4 p.m. and Sundays from Noon to 4 p.m. Special tours can be arranged for Wednesdays. Adult admission is \$4.00. Students are admitted free to this particular exhibit.

For more information call the museum at 640-1390 or visit the museum website <http://www.ojavalleymuseum.org>

"Do Not Go Gentle" launches Ojai ACT's "theater of the mind and imagination" on every 5th Monday starting at 7 p.m. Monday, May 30. An active reading of the play has a family shocked at what was left behind by the matriarch in closing her estate. No reservations required at the theater, 113 S. Montgomery St. and only \$5 for a gripping, sometimes humorous event. Details at [www.Ojai-ACT.org](http://www.Ojai-ACT.org)

## The Ojai Film Society

Sunday, May 22 at 4:30 pm will screen the dark romantic thriller from Argentina, "Carancho," the story of an unlikely relationship between an ambulance-chasing lawyer and an emergency doctor who meet on the deadly streets of Buenos Aires. Andrew O'Hehir of Salon.com writes, "...in Carancho you can see the influence of 1950s film noir, the ballsy renegades of 1970s American cinema (especially early Martin Scorsese) and a little touch of the Coen brothers."

On Sunday, May 29 at 4:30 pm OJS will screen "Waste Land," a documentary by Lucy Walker about Brazilian-born artist Vik Muniz and his work with the "catadores" who collect and sell recyclables from Jardim Gramacho, the world's largest landfill on the outskirts of Rio de Janeiro.

General Admission \$10, Seniors & Students \$7 and 2011 Subscribers free. Ojai Playhouse, 145 E Ojai Ave. For more information call 646-8946 or view the screening schedule at [www.ojaifilmsociety.org](http://www.ojaifilmsociety.org).

Launching their 2011 Filmmakers Series with the screening of Finding Joe, a feature-length documentary about the teachings of Joseph Campbell. The film is an exploration of what Campbell calls "the hero's journey."

Joseph Campbell advised others to "follow your bliss." Do that thing that brings you the most joy and everything else will fall into place.

The film screens Saturday, May 21 at 4 pm. Tickets will be sold at the door for \$10. There will be a reception to meet Solomon at 6 p.m. at the Osteria Monte Grappa Restaurant (in the Bocce Court) at 205 N. Signal Street. The cost for the film and reception are \$25 in advance. Tickets may be purchased by calling the Ojai Film Society at 646-8946 or through PayPal at [www.ojaifilmsociety.org](http://www.ojaifilmsociety.org).

**Ojai Valley Library Friends and Foundation's Seventeenth Annual Used-Book Sale** will be on Saturday and Sunday, **May 28 and 29**, from 10 a.m. to 5 p.m. at the Ojai Library Parking Lot, 111 E. Ojai Avenue. Hundreds of gently-used books available for purchase at moderate prices: paperbacks @ 50 cents each, large paperbacks @ \$1.50 each, and hardcover books @ 2.00 each (unless specially priced). Buy three books and get a same-priced fourth book free!

All proceeds benefit the Meiners Oak, Oak View, and Ojai Libraries

The **World Famous Magic Castle** will be in Ojai on Sunday, **May 22**, at 7:00 p.m. at the Matilija Auditorium, 703 El Paseo Rd.

Hollywood's world famous magic emporium will present an exclusive one-night only. Don't miss this once-in-a-lifetime opportunity to enjoy illusions, conjuring, and sleight of hand performed by magicians from around the world.

Event supports the theater, music and dance programs of the Ojai Unified School District. For tickets (800) 838-3006.

Join the **Ojai Community Chorus** as it explores America's rich history of music in its Spring Concert, "An American Patchwork." Refreshments will be served following the concert and a bake sale and boutique will also be held. Performances will be held on Saturday, **May 21** at 3:00 and 7:00 at the Ojai Presbyterian Church, 304 Foothill Rd. Tickets are available from Angela's Flowers, chorus members, and at the door. The suggested donation is: general

admission, \$15; students and seniors 65 and better, \$10; children 6 through 11, \$5. Children under 5 are admitted free. For more information 640-0468.

**Performances To Grow On** will present the Oregon Shadow Theatre in their award winning rendition of Puss In Boots at the Matilija Auditorium, 703 El Paseo Rd. , on Sat., **May 21** @ 7:00 p.m.. Set in New Orleans , this play showcases gorgeous shadow puppets in a wild adventure set to live Cajun music.

Deb Chase manipulates the delightful shadow puppets to the sounds of Mick Doherty's "one man band" of accordion, percussion, kazoo, whistles and sound effects.

Tickets are \$15 for adults and \$12 for children and are available at the Ojai Coffee Roasting Company, by phone at 646-8907 or online at [www.ptgo.org](http://www.ptgo.org).

"Sylvia" is an Outstanding Comic Play award winner exploring what happens when a man brings home a stray dog (played by a fetching young woman) to his wife, causing a riotous rivalry. The play may be unsuitable for youth due to some language and situations. It runs at Ojai ACT, 113 S. Montgomery St. May 20 to June 19 (except no show Saturday June 11); 8 p.m. Fridays and Saturdays, 7 p.m. Sundays. Tickets are \$18 general, \$15 students, seniors and Art Center members. Box office 640-8797 or [www.OjaiACT.org](http://www.OjaiACT.org)

## Arts in the Park

*Continued from page 12*

about creating chalk art, she said that she loves the process. She also commented that she appreciates the reaction of the public and doesn't mind that the work is temporary; rather, she likes that "it's there and then it's gone."

Arts in the Park will once again showcase the winners of a student art contest sponsored by Service Master by TA Russell. According to Arts in the Park Chairperson Barbara Hinton, "The student art contest is a great fit for this event. It gives young artists exposure and encouragement. Last year when the mayor presented awards to the professional artists, the students were recognized at the ceremony as well. We are happy to have the student event within Arts in the Park."

Arts in the Park will take place August 27th from 10 am-6 pm and August 28th from 10 am-5 pm in Plaza Park in Downtown Ventura. Admission is free. For more details, please contact the Ventura Chamber of Commerce office at 643-7222.

## Police reports

*Continued from page 13*

outstanding juvenile warrant.

### Stabbing

On Saturday, May 7th, at 12:28 a.m., VPD received numerous 911 calls referencing a large fight and shots fired in the area of the 2900 block of Sherwin Avenue. Numerous people were fleeing the scene and they located Ryan Hotchkiss, lying on the ground, bleeding from wounds to his back and his upper torso.

Investigating officers learned that there was a large party in the area that got out of control. The party host was shutting down the party and moving everyone outside when a large fight broke out. During the fight, Hotchkiss was stabbed several times and Terrell Lee also received several stab wounds. Kenston Redfearn, was hit in the head

with an unknown object.

Hotchkiss was transported to the VCMC where he was taken into surgery and was in critical condition. Redfearn and Lee were treated for their non-life threatening injuries and released.

### Dumpster Fires

On Saturday, May 7th, Ventura firefighters responded to 3 different rubbish fires in a 2 block area in the 2600-2700 block of East Main Street. Two of the fires were located adjacent to commercial structures and flames did impinge on the exterior of one building causing exterior damage. Firefighters were able to stop the spread of fire prior to extension into the interior of the commercial buildings. Natural causes were ruled out and fires were determined to be intentionally set.

### Foot Pursuit

At 2:40 a.m., Officer Karl Reyes was on patrol when he spotted a suspicious subject riding a bicycle. The subject refused to stop for Reyes, instead, fleeing on his bike through a neighborhood. Reyes continued chasing the subject toward Cabrillo Middle School. The subject dumped his bike and hopped onto the campus.

After 10 minutes, officers saw the subject on the roof of a house in the 200 block of Chrisman Avenue. The subject fled, running through yards and hopping fences. The subject was eventually taken into custody.

Officers found a backpack the subject had been carrying on top of the roof of the cafeteria. Inside the backpack was stolen property from recent thefts. The subject was identified as Jason Stine.

# Harbor Patrol Blotter

*Some of the things the Harbor Patrol takes care of.*

### April 11

12:27 p.m. Patrol observed a person skateboarding along the Promenade and issued the violator a citation for that violation.

6:10 p.m. Patrol observed a vessel low in the water in the Keys. They discovered about three feet of rainwater in the vessel. They pumped the water out of the vessel.

### April 15

2:40 p.m. Patrol responded to a water rescue by Martha's Vineyard with other agencies. The victims were able to rescue themselves and did not need medical assistance.

### April 16

11:55 a.m. Marketing reported that one of the inflatable bounce houses at the Village had blown over with a child inside. There were no injuries, but the parent wanted the incident documented. Patrol completed a report.

### May 8

9:45 a.m. FCC dispatched Patrol to a medical assist at the Sheridan. Upon arrival, a 3-year-old had momentarily gone unconscious. AMR transported the patient to the hospital.

7:40 p.m. FCC dispatched Patrol and others to a kite surfer in distress off the Ventura Pier. Upon arrival, the kite surfer was on the beach with FD; the kite was 50 yards off the pier. Patrol recovered the kite. 7:47 p.m. While responding to the kite surfer, PD reported a naked swimmer resisting contact by the Pier. PD was able to handle that situation without Patrol assistance.

# Sports



Rob focused on his dream of traveling and seeing the world

## Into the Woods

by Kenton Rivas

I'll pick up where I left off last time; with Rob Woods. While growing up and moving to different places I never had the chance nor wanted to conform to a click or identity via clothing style or otherwise. My friends have always been an eclectic mix of people that do their own thing. I am an observer of the boxes people put themselves in. Those that stray from the norm fascinate me. If you are living in Kentucky and are curious to find someone not keeping up with the Joneses look no further than Rob Woods.

I first met Rob Woods at the Point parking lot where he pulled up behind me, let out a loud belch and jumped out of his surf stickered van to check the waves all the while getting and giving shout outs to almost everyone in ear shot. I'm standing there thinking "Who is this guy!?" I was packing up my vehicle with a friend of mine when Rob made his way over to us and introduced himself. Barefooted and shirtless I couldn't help but wonder what planet this man had arrived from with Tahitian tap tattoos and a voice that should be on a self help tape for relaxation. After chit chatting for a few minutes Rob gave my friend who can't even swim a wetsuit and told me to hit him up when I'm in town. I was definitely curious to get to know Rob Woods and impressed with the generosity he showed to absolute strangers.

Although Rob is much older than me, I started to get to know him and now consider him one of my best friends in Ventura. Rob is one of the most considerate and generous people I have ever met sharing the stoke of surfing and embodying the spirit of aloha. Rob's van is always one of the first at the Point parking lot in the morning well before the sun rises when he is in town. Rob has done a lot of cool things and traveled to places in ways that are mere fantasy to most. Rob told me that ever since he saw the movie "Hawaii" as a kid he was fascinated with the island lifestyle. At the age of 40 Rob sailed to the Marquesas Islands and fell in love with the French Polynesian way of life; so much so he considers it one of his homes.

While many people focus on the American dream of a house and kids Rob focused on his dream of traveling and seeing the world. The path in liv-

ing it has not always been glamorous for Rob Woods, having lived in his vehicle "dirtbag style" for twenty plus years. Rob told me "Hard work and thrift will get you where you want to go in life; if you focus". The things we do in this life matter the most to us. Knowing Rob Woods has enriched my life and motivated me to continue on my own path. Rob lives and loves planet Rob. Do you love your planet?

## Golfing for a cause

On Friday, June 3 Ventura Police Activities league (PAL) will be holding their 14th Annual Golf Tournament proudly presented by Aera Energy at the Olivas Links Golf Course. Last year, the event raised over \$33,000 in support of our local youth and after school activities and programs.

This event is their main fundraiser of the year and their goal for 2011 is to beat their total from last year.

The day promises to be a fun filled day of golf, prizes, great food (lunch will be provided by Scooter's BBQ), and camaraderie. The best part is all money raised stays local and helps support our youth with positive after school activities to counteract the risk factors often present in their daily lives.

Players will have an opportunity to win cars, awards, and cash prizes ranging from \$500 to over \$250,000, through various Hole In One, putting contest, and other specialty holes.

If you have any questions about the golf tournament or the PAL program, please call PAL President, Sergeant Sam Arroyo at 339-4441, or PAL Secretary Kevin Jeffries at 339-4443. You can also reach Sam or Kevin via e-mail at sarroyo@venturapd.org or kjeffries@venturapd.org.

For more information and entry form visit [www.venturaPAL.org](http://www.venturaPAL.org) or call 654-7801. Sign up now! Entry deadline is May 27.

Also the Kingdom Center will host their first annual Kingdom Center Classic on Monday, May 23 at Buenaventura Golf Course in Ventura.

Cost is \$125 per person or \$425 donation per foursome.

Proceeds will benefit the Kingdom Center and its efforts to end homelessness in Ventura County. To register please call Jeff Argend at 647-2455.

## School Ventura High school students question incessant testing

by Brooke Demchuk

As the 2010/2011 school year begins to come to a close, homework and projects are being packed on teens more than ever. Final projects are being assigned, and extra CST reviews are being implemented before the annual exams take place. And while teachers begin to panic over these tests, us high school students are merely annoyed by

the fact that we must take them in the first place.

There are multiple reasons why both students and teachers greatly object to constant district testing. And by constant, I mean unavoidable, perpetual, unrelenting exams assigned every year. Between quarterly Bench Marks, the CAHSEE exit exam, and CSTs given at the end of every school year, it's no wonder why students become exasperated over the endless testing.

One of the main objections which people have towards these common exams are the message that they send students state wide. When the majority of time spent within the classroom is used to prepare students for district tests, the message is conveyed to teens that they will only need this knowledge to pass the exam, and that it is not useful otherwise.

Additionally, state testing puts extreme limits on what can be taught within the classroom. Many teachers do not have time to teach things that are not one of the necessary 'standards', oftentimes causing classes to miss out on both fun and useful lessons. The numerous standards with which high schoolers must be familiar with in order to do well on these exams also cause classes to be rushed. In order to teach all of these standards, teachers have to go over them quickly, whether all the students understand the concepts being taught or not. Thus, very little time and extra attention can then be given to students who are struggling with a certain idea or standard, causing many teens to then be left behind.

Another of the main reasons that both students and teachers object to testing is incredibly simple: it is not in a teenager's nature to comfortably sit in silence for a minimum of two hours while taking a tedious test. A majority of teens feed off of socialization, interaction, and movement. During testing days, none of these three things are possible. In addition, important tests such as CSTs and the CAHSEE are given all day. The fact that we must be testing for approximately four hours a day not only makes teens exasper-

ated, but also distracted. Non-stop testing does not allow us to perform at our best.

Unfortunately, California's amount of district-provided exams only seems to be multiplying. As my high school career progresses, I hope to find that the testing situation begins to take a different path. But, for now, students must muscle through the exams, and hope that there isn't another one we will be forced to take next year.

## Ventura County Job & Career Centers to offer employer services

Ventura County businesses can take advantage of the expertise offered by Ventura County Job & Career Centers (JCC) at two upcoming business expos. On Wednesday, May 25, JCC representatives will be at the SCORE "40th Anniversary Expo" at the Oxnard Performing Arts Center (800 Hobson Way). Hours are from noon to 9 p.m. On Saturday, June 18, from 9 a.m. to 4 p.m., JCC staff will be at "Experience Camarillo Local Business Fair" (Constitution Park, 601 Carmen Drive). Admission is free to both events, but registration is required for the SCORE expo.

JCC representatives will be on hand to discuss free center services that can help employers seeking qualified workers or assist businesses facing workforce reduction. The centers, located throughout Ventura County, also provide access to business consulting services and help businesses develop customized training programs for new and current employees. For more information about JCC services, call 800-500-7705, email [HSA-Employer-Services@ventura.org](mailto:HSA-Employer-Services@ventura.org) or visit [www.venturaountyjcc.org](http://www.venturaountyjcc.org) and [www.wib.ventura.org](http://www.wib.ventura.org).



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| O | R | S | O |   |   | E | U | R | O |   | N | I | L |   |   |
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— Weekly SUDOKU —

Answer

|   |   |   |   |   |   |   |   |   |
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| 2 | 6 | 8 | 5 | 9 | 4 | 1 | 7 | 3 |
| 3 | 4 | 9 | 1 | 7 | 6 | 8 | 2 | 5 |
| 6 | 7 | 4 | 3 | 5 | 1 | 2 | 9 | 8 |
| 9 | 8 | 1 | 6 | 4 | 2 | 5 | 3 | 7 |
| 5 | 2 | 3 | 7 | 8 | 9 | 6 | 1 | 4 |
| 8 | 3 | 6 | 4 | 1 | 7 | 9 | 5 | 2 |
| 4 | 1 | 5 | 9 | 2 | 3 | 7 | 8 | 6 |
| 7 | 9 | 2 | 8 | 6 | 5 | 3 | 4 | 1 |



## Business



Diana Trinh, Sandra Burkhart, Nancy Maxwell, Dan Holmes, Charleen Morla and Sulin Rubalcava enjoyed the recent "A Taste of the Chamber"

### A Taste of the Chamber

by Annie-Gabriel, CHt.

Ventura Chamber's Young Professionals Group (YPG) presented "A Taste of the Chamber" on Friday evening, April 8th at the Ventura County Fairgrounds. This amazing event featured 8 chefs from Chamber member restaurants who displayed a wide array of their specialties and savory sensations! Most chefs included locally-grown produce in their culinary concoctions.

This was a night of scrumptious and delectable cuisine, a no-host bar provided by Ovations, live music, and the cornerstone of the evening...live cooking demonstrations! Each chef took their turns, cooking live, to a packed house, while their creations

were captured on a large-screen simulcast. Everyone was given a ballot to vote for their favorite chef.

Sandra Burkhart, President & CEO of the Chamber beamed, "This is a first-time event for us. It reminds the community of the importance of shopping locally, and supporting the community we serve."

Attendee City Councilman Jim Monahan said, "Everything is great, a really wonderful event put on by the Chamber!"

When I asked Steve Toby, who represented two Chamber food businesses, what his take on the evening was, his smile said it all, "I'm very happy to be involved in the first Taste

of the Chamber event. It was a great turnout. I can predict that next year's will be even better!"

Charleen Morla, Ventura Chamber Member Services Coordinator happily added, "It was such a great turnout! Our chefs did an amazing job for the Chamber. The member's restaurants did a magnificent rendition of savory sensations!"

### BBM&D honored with "Maggie" awards

The BBM&D creative team has won two top honors at the Western Publication Association's annual "Maggie" Awards, presented Friday, April 29 at the Sheraton Gateway in Los Angeles. BBM&D garnered Maggie trophies in both the Health & Fitness and Cover Design categories.

The Maggies are awarded by the Western Publications Association to acknowledge excellence in magazine, periodical, and publication design. BBM&D has previously won a Maggie for a comprehensive redesign of "American Fitness" in 2006, and every year since then, BBM&D has been a Maggie finalist for work on both "American Fitness" and the "Gifted Education Communicator," a research journal for educators and parents.

"This is an intensely competitive contest," said Barbara Brown, President of BBM&D. "We are thrilled to be recognized for our work. Our ultimate goal is enhancement of the reader experience, through both intelligent information architecture and strong, compelling imagery."

"Winning one award is an exciting honor in itself," agreed Arrate Garcia, Designer and Project Manager at BBM&D. "Bringing home two is a gratifying reminder that our hard work is worth it."

For nearly twenty years, Ventura based BBM&D has worked with such diverse clients as Saturn, Brown Jordan Outdoor Furniture, Santa Barbara City College, and the Ronald Reagan Presidential Foundation. Their award-winning designs can be viewed at [bbmdstrategicbranding.com](http://bbmdstrategicbranding.com)

### City employees honored

On April 13, the City of Ventura held an awards ceremony at City Hall to recognize nine employees who were nominated for 2010 Employee of the Year and six employees who were nominated for 2010 Supervisor of the Year. These awards recognize city employees who most exemplify the People Strategy attributes of New Ideas, Collaboration, Passion, Risk Taking, Empowerment, Family Friendly and Fun.

City Manager Rick Cole announced that Anita Diaz was 2010 Employee of the Year and Carl Valdez the 2010 Supervisor of the Year.



Recent guests on the Ventura Breeze portion of the Coach Ron Tunick radio show on Ventura County radio station 1400AMKKZZ were, Marie Lakin, Ken Cozzens and Leon Rousso. Coach Ron is on daily from 4-6pm with many wonderful guests including publisher Sheldon on Monday's from 4-4:30.



#### Two on the Aisle

Continued from page 20

beautifully. Talented fiddler Ray Dean Mize and his 12 year-old daughter Mimi lend music and lilting voice in just the right places to accent the action and emotions.

The script is penned by the legendary, award-winning Irish playwright Brian Friel, whose 50-year career includes the work "Dancing at Lughnasa."

The show captured the New York Drama Critic's Circle Award as best foreign play when it debuted on Broadway. The Transport Theatre has succeeded in bringing high value theater to Ventura and we think "Molly" will capture your heart, too.

"Molly Sweeney" plays through May 28 at the Clocktower Inn, 181 E. Santa Clara Street, downtown Ventura. Curtain rises at 8 p.m. There will be one 4:00 matinee on Saturday, May 21 in addition to the evening show. Seating is limited, so reservations are recommended. Email [transporttheatre1@gmail.com](mailto:transporttheatre1@gmail.com) or purchase through [www.brownpapertickets.com](http://www.brownpapertickets.com). A link can also be found on the website [www.transporttheatre.com](http://www.transporttheatre.com). Tickets are \$20 general, \$15 student & senior (65+).



Sonny Shah (on the left), of Four Seasons Cleaners in Ventura recently returned from an international conference of gown care specialists held in Albuquerque, New Mexico.

Shah said, "Traveling to Albuquerque to meet with the leaders in our industry was well worth the time." Among Shah's most recent projects were Coats For Kids and Prom Dress Relief for local girls, who can't afford to buy new ones.

## Youth



Danessa Gonzalez, age 5 gathers an Easter egg at Cottontail Day at the Ventura Harbor as City Corps volunteer Eileen Marie Arbizu watches on. Photo by: John Ferritto

## Eileen Marie Arbizu is indeed a team leader

Eileen Marie Arbizu, age 23 is a student of Global Studies and has just returned to California after taking a year from college to travel abroad where she backpacked throughout Western Europe, then lived and volunteered for a nonprofit in New York City, and most recently ended her travels in the Islands of Hawaii.

She stated that "I travel to seek a greater understanding of people and places throughout the world and help where and when I can. I use these experiences to motivate others, especially our youth, to greater possibilities. I have even been giving motivational presentations (which I hope to continue doing) at DeAnza Middle School where my younger sisters attend."

Eileen told us "I am very happy with

the success of Cottontail Day at the Harbor. I have just started as a team leader volunteering for Ventura City Corps. I hope to be a positive role model for our youth and to help them develop a greater understanding of how their efforts could make a positive difference in their own life as well as our community. I have a passion for helping others and have been inspired by the volunteers at City Corps. I believe in the strong capability of this program and look forward to our future accomplishments together."

She is very excited to be back in her hometown of Ventura and is very eager to help within our community. We are sure that you will see her involved in many more city events working with the staff at City Corps helping to lead our youth on a path to success.

## Free swimming lessons at the YMCA

The Ventura Family YMCA has completed another session of Operation Splash where 25 children, from Project Understanding and the Salvation Army Transitional Living Center, went to the Y to participate in free swimming lessons. While their lessons may have ended, the goal was to teach each child the life-long swimming skills and water safety that is necessary in our beach-side community.

Operation Splash provides free swim lessons to children living in homeless shelters and transitional homes. With grant funding from the Ventura East Rotary Club, the Y has been able to teach over 250 local kids how to swim since May of 2010. Thanks to donors every participant also received his or her own swim suit, towel, and pair of goggles.

During the most recent session of Operation Splash, the Y was able to add another service to the program. "We noticed that many families were dissuaded from signing up for Operation Splash because they didn't have access to transportation," stated Aquatics Director Amber Stevens. In order to enable those families to participate the Y partnered with Pegasus Transit, Inc. and was able to provide transportation to and from their lessons.

The Y is excited to continue Operation Splash this summer, with a new session of classes beginning Monday, June 27. In preparation for the new session, the Y is holding another swim suit drive, beginning Monday, May 23. You can help a child in need by donating a new or gently used bathing suit, towel, or goggles to Operation Splash. Items can be dropped off at the Ventura Family YMCA.

For more information about Operation Splash, please contact Amber Stevens at 642 2131 ext. 19 or visit [ciymca.org/ventura](http://ciymca.org/ventura).



On Sunday May 1 the omnipresent Ventura City Corps members assisted with set up, parking and break down at the Ventura Music Festival Concert featuring Chris Botti. The concert was its usual huge success. Ventura City Corps is a 501 (C) (3) non profit affiliate of City Corps of the Central Coast, an approved agency for community service hours for 12-18 year old students. Located at 77 N. California St. City Corps is privately funded by grants and donations and can always use your donations and assistance. [VenturaCityCorps.com](http://VenturaCityCorps.com) or call 653-2351 for more information.



## Auto-mobubbling at the Harbor

*Come away with me, Lucille  
In my merry Oldsmobile  
Down the road of life we'll fly  
Automobubbling, you and I*

*To the church we'll swiftly steal  
Then our wedding bells will peal  
You can go as far as you like with me  
In my merry Oldsmobile.*

*(Popular song, 1905)*

Jim Diener, a member of the Horseless Carriage Club of America, is the owner of a 1913 Model 69 Woody Overland Touring vehicle. The club members began the days travels starting in Santa Paula at the 1911 Glenn Tavern Inn. They planned a 50 to 60 mile ride for the day stopping here at the Ventura Harbor for lunch. Photo by John Ferritto

# Show Time

Where The Music Flows

## Listen to this

by DJ Kohli Rocks!

As of this writing, local music celebrity, Jeff Hershey is gearing up for his big night at Bombay Bar & Grill. It's his CD Release show from his band, Jeff Hershey & The Heartbeats! An amazing band that people scream to dance for. Jeff Hershey, is probably one of the hardest working members of our scene. He's always got multiple band projects going on. And whatever band you see him perform in, when this guy takes the stage -he owns it! One of those rare "meant to be a rocker on stage! Whether he's wearing Misfits make-up, or wearing one of his Heartbeat suits, when he takes the mic, people's eyes are fixed on him. Let's applaud him for all of his efforts. Jeff, congrats on your new release!

Motley Crue/Poison/New York Dolls gear up for summer tour:

As hinted in late 2010, just when Bret Michaels had won *Celebrity Apprentice*, Poison is gearing up to tour with Motley Crue and New York Dolls. All 3 bands are celebrating milestone anniversaries. The tour kicks off on May 29th in Pryor, Oklahoma, and will make a stop here at the Hollywood Bowl on June 14. Poison is also getting ready to release a double-hits album to celebrate their 25 years!

We Govern We news:

We Govern We released a full-length album titled, "Rezor's Orchid," and features their many fan favorites: "Come Atlantis", "Annabel Lee", "Universal Collective", "Fields" and more! Check out We Govern We's music on Amazon, iTunes, and more! Stay tuned!

Thank you!

--DJ Kohli Rocks

Kohli Rocks Entertainment  
www.kohlismusicpit.com

Update on my K.R.E. world: May had been a very busy month so far! Thanks to the success of my music blog, "TheRoadtoLadyGaga.com. I decided to host a Lady Gaga Party & Dance off at Paddy's Ventura. In addition, I'm teaming up with Saint Pierre @ WAV to bring Ventura Music & Art Expo. This will be an "interactive" live music experience! Go-ers, can enjoy the live concert outside, buy some food from our sponsor, Yolie's, and walk into our Band Expo Room and go booth to booth talking full of bands! Among the bands are: Tonight's Bag, Brainspoon, Pretty Wife, Brooke Station, Happens Again..., 8Stops7 and more! More info; Kohlismusicpit.com. May 28, at WAV. Be there!

## Music Calendar May 18-May 31

For more events go to [Fun-in-Ventura.com](http://Fun-in-Ventura.com)

### Andre's Wine Bar

1575 Spinnaker Dr. 805-642-9463  
Live Music every Tues, Thur & Fri

### Blackbeard's Seaside BBQ

1591 Spinnaker Dr. #115 805- 650-7773  
Karaoke every Wed 6-9pm  
Thur 5/19 - Bottom Feeders 6:30-

9:30pm  
Sun 5/22 - Blue Stew 2-6pm  
Thur 5/26 - Bottom Feeders 6:30-9:30pm  
Sun 5/29 - Blue Stew 2-6pm

### Bombay's Bar & Grill

143 S. California St. 805-643-4404  
All Star Blues Night every Wed 8pm  
Afternoon Concerts every Sun 4pm  
Thur 5/19 - Chop Tops, Radio Threat & Special Guests  
Fri 5/20 - Bad Reputation (Thin Lizzy tribute featuring Rick Hunter)  
Sat 5/21 - National Cat 5:30pm, Reall Deall Band 9:30pm  
Sun 5/22 - R&B Bombers

### Cafe Fiore

66 California St. 805-653-1266  
DJ in the TreeHouse Lounge every Fri & Sat  
Wed 5/18 - Big Adventure  
Thur 5/19 - Coso Live  
Fri 5/20 - Little Alice  
Sat 5/21 - Urban Dread  
Wed 5/25 - TBA  
Thur 5/26 - Bongo Town  
Fri 5/27 - Copy Cats  
Sat 5/28 - Copy Cats

### It's All Good Bar & Grill

533 E. Main St. 805-641-9951  
Open Mike Night every Wed

### Majestic Theater

26 S. Chestnut St. 805-653-0118  
Sat 5/21 - Rey Fresco, Samson and the Veragroove, Softsilence  
Wed 5/25 - Rob Zombie, Fireball Ministry  
Sat 5/28 - Euphoria

### Watermark On Main

598 E. Main St. 805-643-6800  
Intimate Acoustic with Dano every Tue  
Jazz at the Mark with Lois Mahalia every Wed  
Thur 5/19 - Tillford Jackson  
Fri 5/20 - Dano  
Sat 5/21 - Granville Young  
Thur 5/26 - Beach City Sounds  
Fri 5/27 - Otis Hayes  
Sat 5/28 - Granville Young

### W20 Rooftop Lounge

598 E. Main St. (above Watermark) 805-643-6800  
Friday Dance Party every Fri 9pm  
Thur 5/19 - Shawn Jones  
Fri 5/20 - The Legalizers  
Sat 5/21 - Blue Barron Blues  
Sun 5/22 - Dr. M  
Thur 5/26 - Shawn Jones  
Fri 5/27 - Mini Driver  
Sat 5/28 - 4 on the Floor  
Sun 5/29 - Shomaker Bros

### Zoey's Café

185 E. Santa Clara St. 805-652-1137  
Songwriter's Round every Wed 8pm  
Wed 5/18 - Lonesome Heroes 8pm  
Thur 5/19 - Joel Eckels & The Wreckards 8pm  
Fri 5/20 - 50 Sticks of Dynamite, Lee Koch, Tommy and the High Pilots 8pm  
Sat 5/21 - Joe Brooks and Ocean Grove Band 7pm, Reckless Ones 9:30pm  
Sun 5/22 - Jeffertitti's Nile 8pm  
Tue 5/24 - Blue Grass Jam 6pm  
Wed 5/25 - Rebecca Pidgeon 8pm  
Thur 5/26 - Michael On Fire 7:30pm  
Fri 5/27 - Lee's Garage, Hunter Emery Memorial Concert with Northbound, Suspect Six, Soulvang 8pm  
Sat 5/28 - B. Willings James, Justine Bennett 8pm

Entertainment Report & movie review

## Look at this

by Linde Carlson

### The Conspirator



In this stunning film, well cast amidst a host of confederate characters, is shot in sepia tone and gauzy lens. The *Conspirator* focuses subjectively on one alleged confederate sympathizer Mary Surratt, (Robin Wright) manager of a boarding house, who insists she was not aware of a private meeting taking place in her boarding house. She turns a blind eye to what became the plot to assassinate the President. After John Wilkes Booth shoots Lincoln, Mary Surratt is suspected as being a co-conspirator, along with a group of men, which ultimately leads to her arrest.

The accusations are seemingly unjust in this pre 20th century historical civil war drama directed by Robert Redford, leading us through the chaotic ill fated event of one of history's most beloved presidents.

Finding justice toys with the mind and heart, ex-confederate union soldier Frederick Aiken (James McAvoy) turned lawyer, is assigned to defend Mary Surratt. Condescendingly pursuing the truth like a prosecutor, he is doubtful at first about her innocence. Secretive and reluctant to admit anything, finds herself suffering in solitary confinement.

Relentlessly she assumes an adamant position to save her son from trial and a brutal courtroom battle ensues to find the truth. But her plight is less than positive when the jury is led by military commissioners who manipulate the court proceedings. The vote on Mary's sentence is taken and Aiken races to get the Writ of Habeas Corpus. He thinks the writ has been signed in stone by Judge Wiley, but at the last minute it is overturned by the President and Mary's fate is sealed with no recourse. UGH!

The *Conspirator* is a compelling story and worth the money especially to see this all star cast. So enjoy and have a reel-y great week.

Rated PG13 Running time 2 hours

### Water for Elephants



Based on the acclaimed historical novel by Sara Gruen, *Water for Elephants* presents as an unexpected romance, set in a bygone era. Robert Pattinson (*Twilight*) plays Jacob, a veterinary student who falls short of graduating after learning his parents are killed in a car accident. He jumps a train only to find himself amidst the Benini Brothers circus.

Curious, he stumbles into a circus tent, and discovers a vision of beauty, Marlena, (Reese Witherspoon) the star performer. He is immediately captivated and his lust begins. The only problem he faces now is contending with her husband, the ruthless and controlling ringmaster August (Christoph Waltz-*Inglorious Bastards*) who he soon finds out is possessive and mad. The love triangle between Jacob, Marlena, and August keeps you lifted out of your chair with anticipation.

While Jacob is tending to Marlena's horse, they all meet. August, gives Jacob a job as an animal care giver, and soon

after a secret lust ignites under the big top..

Rosie the elephant becomes the featured animal act who draws the pair closer to each other, which soon becomes apparent their love is hard to hide. Rosie the elephant is an amazing sight to watch, in and of itself. One soon becomes attached to her antics as well.

Emotional and visually appealing, this beautifully adapted screenplay is moving and intense in parts. The acting by all the characters are in sync, bringing you closer and closer into their world.

Jacob's character is dually played by Hal Holbrook, the aged Jacob who flashes back in time, sharing his experience and adoration for his wife.

Rated Pg 13, running time 121 minutes

Two on the Aisle

## Molly Sweeney focuses on insight

by Jim Spencer and Shirley Lorraine

The Transport Theatre is on the move - alighting back in Ventura for a three week run of its current play "Molly Sweeney," a tale about a blind woman whose sight is surgically restored.

Molly has been blind since infancy. At mid-life her husband encourages her to seek eye surgery. Her doctor is not convinced it will be of value to her. She goes along with the plan, later lamenting the loss of her comfortable, non-sighted world. Neither husband Frank nor Dr. Rice seem to appreciate that she was quite adjusted to her interior visions and had little real need or desire to change. After her successful surgeries she becomes disturbed as the men try to push and pull her into a world that fits their perception of what she should enjoy.

The focus of the play is on the characters, rather than theatrical trappings. As a result, "Molly" can be performed nearly anywhere. Currently a conference room in the Clocktower Inn in Ventura is being transformed into an intimate venue for an evening of thought-provoking theater. For this play, the setting works extremely well.

The staging is minimal. There are no set changes, no costume changes and little movement. There is, however, an outpouring of emotion, strong personalities and quiet introspection. The three characters, Molly (Linda Livingston), her husband Frank (John Reinhart) and her ophthalmologist, Dr. Rice (Ronald Rezac), are each confined to a wooden chair in a small amount of playing space. Separate pools of light focused on a character fade in and out as each adds pieces to the story in a series of monologues. The principals never interact and never acknowledge each other.

All three actors are impeccable in their timing, their inflections and their characters. This is theater of the highest quality, proving once again that it is the actors, not the accoutrements, that count - although sets and costumes often add a lot to a production or serve to distract from a less than stellar performance.

Director Jeff Rack has added a creative element that, in our minds, cemented the production and atmosphere

*Continued on page 18*

# The Lighter Breeze

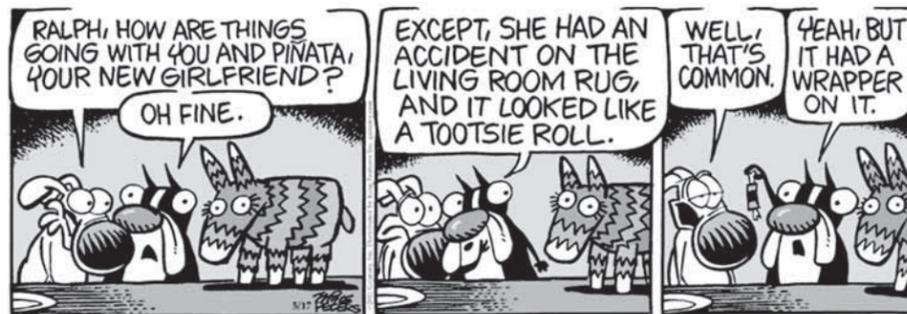
## Zits



## Crock



## Mother Goose and Grimm



## Hagar the Horrible



## Arctic Circle



## Moose and Molly



Solutions on page 17

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|   |   | 3 |   | 9 | 1 |
| 8 |   | 4 | 7 |   | 2 |
|   |   | 5 |   | 3 | 7 |
|   | 9 |   | 6 |   | 4 |

## Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★★**

★ Moderate   ★★ Challenging  
★★★ HOO BOY!

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Solutions on page 17

## King Crossword

### ACROSS

- 1 Every last bit
- 4 Marine of old TV
- 8 Instances of word-play
- 12 Shelter
- 13 Picnic spoiler
- 14 On
- 15 TSA checks
- 17 Eastern princess
- 18 Poorly lit
- 19 Action-movie sound
- 21 Boutique, perhaps
- 24 Quite some time
- 25 In what way?
- 26 Bill
- 28 Marionette
- 32 "— It Romantic?"
- 34 Mojito ingredient
- 36 Green stroke
- 37 Man of morals?
- 39 America's uncle
- 41 Chesapeake, e.g.
- 42 Actor Stephen
- 44 Tease
- 46 Bring charges against

|    |    |    |    |    |    |    |    |    |    |    |    |
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| 32 |    |    | 33 |    | 34 |    | 35 |    | 36 |    |    |
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| 46 | 47 | 48 |    |    | 49 |    | 50 |    |    |    |    |
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| 56 |    |    |    |    | 57 |    |    |    | 58 |    |    |
| 59 |    |    |    |    | 60 |    |    |    |    | 61 |    |

- 5 Deviate off abbr.
- 6 "The View" alumna Lisa
- 7 Follow
- 8 Carrot cousin
- 9 Hexagonal state
- 10 Admonition to Nanette
- 11 Skewer
- 16 Party bowlful
- 20 Present
- 21 Actor LaBoeuf
- 22 Stockings
- 23 Listener
- 27 Clear the tables
- 29 Massages
- 30 List-ending
- 31 Eyelid woe
- 33 Bullring VIPs
- 35 Fellow
- 38 Shooter ammo
- 40 Jamie-Lynn's "Sopranos" role
- 43 Was sore
- 45 Id counterpart
- 46 Press
- 47 Simple
- 48 Go by
- 49 Session with a shrink
- 53 Historic period
- 54 Pinch
- 55 Crafty

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**LIBRA** (September 23 to October 22) Some difficult family decisions have to be faced, but be sure to get more facts before you act. Be careful not to neglect your health during this trying time.

**ARIES** (March 21 to April 19) Home conditions still demand attention. Also, keep an open mind about a sudden question of trust involving a close friend. All the facts are not yet in.

**SCORPIO** (October 23 to November 21) You still need to support a loved one through a difficult time. Meanwhile, things continue to work out to your benefit in the workplace.

**TAURUS** (April 20 to May 20) With summer just around the corner, travel begins to dominate your sign. Make plans carefully to avoid potential problems in the first half of June.

**SAGITTARIUS** (November 22 to December 21) Aspects continue to favor expanding social opportunities. A **Gemini** reaches out to offer a chance for re-establishing a once-close relationship.

**GEMINI** (May 21 to June 20) A romantic **Libra** sets a challenge that your "sensible" side might question, but your idealistic self finds the prospect too intriguing to resist. The choice is yours.

**CAPRICORN** (December 22 to January 19) There's a potential for misunderstanding in both your job and your personal life. A full explanation of your intentions helps smooth things over.

**CANCER** (June 21 to July 22) Those tense times in your personal life are just about over. Concentrate on reaffirming relationships. Your love of travel opens a surprising new opportunity.

**AQUARIUS** (January 20 to February 18) You might be feeling restless on the job, but delay making any major moves until all the facts are in. A **Scorpio** has a surprising revelation.

**LEO** (July 23 to August 22) The Big Cat usually loves to be in the center of things. But this week it might be wiser to watch and learn from the sidelines. A **Pisces** wants to make you purr.

**PISCES** (February 19 to March 20) Your business sense works to your advantage as you sort through the possibilities that are opening up. A **Libra** is Cupid's best bet for your romantic prospects.

**VIRGO** (August 23 to September 22) "New" is your watchword this week. Be open to new ideas, both on the job and in your personal life. A romantic **Aries** or **Sagittarian** beckons.

**BORN THIS WEEK:** You have a gift for being open-minded about people. This helps you make friends easily. You do very well in public service.

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- Judy Collins
- Mike Farrell
- Shirley Jones
- Marlo Thomas
- Dan Rather

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9:00 'til 11:00



<http://brainstorminonline.com>

# Grey Matters

because aging is not black and white

Saturdays at noon  
1520 AM KVTA  
Live stream at [www.kvta.com](http://www.kvta.com)

Cheri Kurman & Jim Duran  
Podcasts at iTunes or  
[greymatters.podomatic.com](http://greymatters.podomatic.com)



[www.greymattersradio.com](http://www.greymattersradio.com)



# Ventura Breeze Service Directory

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**Edward Jones**  
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# Business Expo and Free Seminars

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## Exhibitors

On site to help educate small business owners and provide services including Government Agencies; The Navy (representing over 100 retail stores); The Board Of Equalization; The IRS; Local Agencies (to help with the latest rules, regulations and licenses) and all of these organizations focused on helping small to medium businesses succeed.

SBA    Montecito bank    River Park Executive Suites    Paychex  
 Launch America    Compassion Fashion    EDC / SBDC    Maverick Angels    Spirit Marketing  
 Ventura County Veterans Employment Committee    DDM Metering Systems    California Solar  
 National Federation of Independent Businesses    US Navy    Rotary Club of Oxnard  
 Oxnard, Ventura, Malibu and Simi Valley Chambers of Commerce  
 Franchise Tax Board    Board of Equalization    IRS    Latino Business EXPO  
 Oxnard Downtown Management District    Women's Economic Ventures    Pacific Coast Business Journal  
 National Association of Women Business Owners    BNI    CFO-IT Group    One Source Alliance  
 GoSmallBiz.com    Fran Net    Chase Bank    JCC    Andy Crittenden    RMS Direct

**When:** May 25<sup>th</sup>, Wednesday, 12 noon to 9 pm

**Where:** Performing Arts Center, 800 Hobson Way, Oxnard, CA. 93030

**Cost:** FREE (registration required)

**How to Register:** On-line at [www.scoreventura.org](http://www.scoreventura.org), click on seminar,

*For more information....online, or email to [info@scoreventura.org](mailto:info@scoreventura.org) or call (805) 204-6022*

### FREE 45 Minute Seminars:

12:30 to 1:15 - Marketing: Effective Tools and Techniques - No matter what business you're in!

2:00 to 2:45 - Social Media Marketing Made Simple - Constant Contact

3:30 to 4:15 - Taking Your Website from Okay to Outstanding - Design Techniques and traffic to sales conversion hints

5:00 to 5:45- Money Sources Now Available to Entrepreneurs - Help Start or Expand Your Business (Our expert panel will discuss everything from SBA and bank sources to lending from relatives, Angel Investors and more, including hidden sources many people often overlook.)

6:30 -7:45 - Do you have what it takes to succeed in your own business? - Learn what it takes to be a (more) successful entrepreneur