

Happy Birthday to US! FREE

VENTURA

BREEZE

Your Hometown Paper

Vol. 4, No. 1

Published Every Other Wednesday

October 20 - November 3, 2010

Kinetic Sculpture Race returns to Ventura Harbor

On October 23 racers in Kinetic Vehicles will once again demonstrate their engineering ingenuity and nautical know-how at the thirteenth Annual Kinetic Sculpture Race & Adventure Race to be held at the Ventura Harbor.

A fund raiser for the Turning Point Foundation the event begins with the Water Launch at the Ventura Harbor Boat Ramp at 10:23am. At the conclusion of each challenge, each entry will receive a playing card. The team with the best poker hand will win \$500 sponsored by the Ventura Players Poker Club.

Council member Neal Andrews asks "Have you ever attended the Ventura Kinetic Sculpture Race? If not, you've missed a lot of fun. It's a whimsical, fanciful, and imaginative tribute to human ingenuity and creativity, where, as they say, art and engineering collide. Come on out and spend the day watching these artfully improbable human powered crafts, whether designed to appear as huge hobbyhorses or giant butterflies or Alice's tea cup, as they navigate the harbor waterways, land and climb through the beach sand dunes, compete in a fierce road race, and finally master the mud pit, a morass of muck and mire designed to suck any vehicle intrepid enough to enter into a sink hole the likes of which would make any self-respecting quicksand pit burp and burble."

"Admission is free, but you may want to bring a few dollars to vote for your favorite vehicle in the race, and this is one event in which 'Yours Truly' ironically is always happy to sell votes."

The race is sponsored by the Turning Point Foundation and all proceeds go to assist the Foundation in its work on be-



The standing room supporters were at the Crowne Plaza to show support for "H" including sisters Isabella and Lola Bobrow. Showing thier support for "H" at the Art Walk were Trudy Arriaga, Ed Weehan and friend.

Measure H to help education

by Sheli Ellsworth

"Help our children," is the Ventura Unified School District's plea to taxpayers. After reducing the school district's budget by \$20 million through furlough days, workforce reductions, and program elimination, the school district is asking the voters to help reduce the budget deficit by approving the Measure H parcel tax.

The \$4.5 million generated annually from the tax may only be used for specific educational purposes. None of it can be used for administrative salaries. The funds will be utilized for

half of the mentally ill in our community. It's a great cause, so plan to spend the day at the races with the family, have lunch at one of the fine restaurants in the harbor, hear a little good music and just have a great time.

Live entertainment on the Main Lawn with Malik Sow West African Drum circle and "Splatter Art" a public art project sponsored by Ventura Creates, using squirt guns and paint ball sponges make for an enjoyable day for the entire family.

Continued on page 5

maintaining quality teachers in the core academics; keeping the art, music and technology programs, and reducing class size.

If approved, the parcel tax will be levied for a limited four-year term. By law, the money cannot be accessed by the state and spent elsewhere. The money will stay within the school district.

According to the district's website, the amount of the parcel tax will be \$96 annually for each unit of land that receives a separate tax bill, except for

multifamily residential housing. Single family dwellings will be taxed \$96 each year or \$8 per month. Those parcels having two to four family units will be taxed as two parcels or \$192; five units and above will be taxed as five parcels or \$485. Seniors may apply for exemptions for their own residence.

An independent oversight committee will be appointed to insure the integrity of the expenditures and independent audits will be done annually.

The initial reaction to Measure H has been positive. Over 250 supporters gathered at the Crowne Plaza Hotel on October 7 to rally in support of the upcoming November 2nd ballot measure.

Attendee Ivor Davis said, "Supporters of Measure H packed the rooftop room of the Crowne Plaza in a standing room only crowd of teachers, students, local politicians, business people and just plain folk who cheered and yelled like they were at a football game." Superintendent Trudy Arriaga led the pep rally flanked by Supervisor Steve Bennett. Davis added, "I felt the rally had something of an evangelical fervor to it."

Voter registration deadline for the November election was October 18. A two-thirds voter majority is required for the measure to pass.

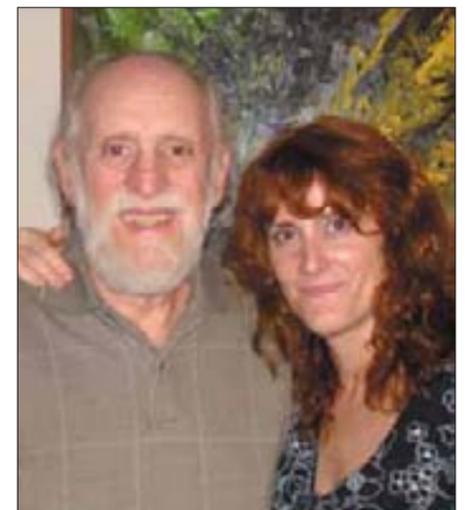
A previous bond measure was passed by voters in 1997. Measure M was an \$81 million bond program dedicated to buildings and grounds maintenance, upgrades and repairs. None of the Measure M funds were spent on education programs or services.

Congratulations on three years, Ventura Breeze!!!

Congratulations to my father who, at 75, is passionately publishing the Ventura Breeze every two weeks because he cares about the community and providing some cohesiveness and connection. I always knew he was a remarkable man, but enduring what it takes to launch and run this newspaper, and enduring the negativity from a community member who publicly wanted him to fail at this dream has made me respect and honor him even more.

He is just a nice man, wanting to do some good and to provide an asset to your community. For those of you who have embraced this endeavor with open arms I appreciate your support, your love, and your kindness. Positivity, encouragement and wanting others to succeed go a long way in this world. There should be more of it.

I have met some wonderful people while I worked on this project; some of you are still advertising, some of you are still working for the paper, some of you are still contributing and many of you are staunch supporters and read-



ers. I thank you and hope that the Ventura Breeze will see many more years to come. Please continue to advertise and support the Ventura Breeze. This is your local source for news and the goings-on in your community. This is your paper, Ventura!

With much gratitude
Staci Brown

PS-I am living in the beautiful state of Colorado, but you never know, I may be back some day. I am enjoying keeping connected to Ventura through online newspaper sources and Facebook connections!

Much Love to All!



"This is more work than I thought, are you sure that you are pedaling?"



KITCHEN DESIGN & REMODELING

See this Kitchen in the Tour of Kitchens October 24th. Visit www.nkbaccv.org.

For quality, value & personal service, come to Midtown Kitchens. We're a family owned & operated, full-service design firm that has been remodeling the hearts of homes since 1990.

CRYSTAL

MIDTOWN Kitchens INCORPORATED

VISIT OUR SHOWROOM 2122 E. Thompson Blvd. Ventura
Tues.-Sat. 11am-4pm or by appt. 805.643.3063 www.MidtownKitchens.net

PACIFIC COAST COIN AND CURRENCY

CASH FOR GOLD

BUY
Gold
Silver
Platinum
Diamonds

SELL
Coins
Jewelry
Watches

2555 EAST MAIN STREET
805.648.2556

b beautiful • b fabulous • b you

hair & make-up
massage therapy
nail care
skin care & waxing

When was the last time you changed your hair?

freddie b Visit us on

salon & spa
805.628.3535
1023 e thompson blvd, ventura

MovieTown Ventura, CA

1880 E. Main
Ventura CA, 93001
(805)643-3400

RENT 1 DVD GET ONE FREE

*Not Good with ANY other offer. One Per customer per week. Excludes Prime Titles. The least cost rental becomes the free one. GOOD TIL NOV 30, 2010

COME SEE THE GREAT PUMPKIN!
Oct 29th, 30th & 31st
Families Welcome
6:30 - 8:30pm

MOVIES - GAMES - ADULT

Holiday travel to and from LAX is *easy* as (pumpkin) pie...

the VENTURA county

Airporter shuttle

Depart Ventura
4:30am • 6:30am • 8:30am • 10:45am • 1pm • 3:15pm • 5:30pm • 7:30pm
• Oxnard departs 15 minutes later.
• No departures: 7:30pm Vta, 7:45pm Oxn, 9:30pm LAX-on Saturdays only.

Depart LAX
6:30am • 8:30am • 11am • 1pm • 3:15pm • 5:30pm • 7:30pm • 9:30pm

\$35 one way, \$65 round trip.
Discounts for groups and charters
805.650.6600
e-tickets online at www.venturashuttle.com

FREE Parking at the Holiday Inn parking lot 1080 Navigator Dr., Ventura PSC 6291

Did you know...

Ventura County Shuttle, Inc.
provides door-to-door service?

Holiday travel is just around the corner
Enjoy the comfort of personal chauffeured service
Dependability at reasonable rates

Call for special rates

- Non-Stop home to airports
- Night on the town
- Doctor appointments
- Shopping
- Corporate meetings and events
- Senior citizen travels
- Charters to accomodate large groups

Call 805.650.6600
www.venturashuttle.com

VENTURA BREEZE

Your Hometown Paper

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

PUBLISHER

Sheldon Brown
editor@venturabreeze.com

PET EDITOR

Professor Scamp
scampclub@venturabreeze.com

CONTRIBUTING WRITERS

Tim Pompey · Rebecca Wicks
Nanci Cone · Karlene Lang
Mira Reverente · Veronica Johnson
James Spencer · Shirley Lorraine
Sheli Ellsworth · Donna MacBride
Emily Thiroux · Michael Kohli

CONTRIBUTING PHOTOGRAPHER

John Ferritto

INTERNS

Brooke Demchuck – Ventura High School
Kathryne Duckwitz – Ventura High School
Danielle Peak – University of San Diego

SENIOR ADVISORS

Nanci Cone
Suz Montgomery

ADVERTISING ADVISORS

Leslie Ann Matthias
leslie10@sbcglobal.net
Adele Rosales
a.rosales99@gmail.com
805.236.8438
Diane Grabau
d_grabau@yahoo.com

PRODUCTION

Alfred J. Lewis/studioNothing
alfred@studioothing.com

PRINTING

Roger Wirsing
American Foothill Publishing Co.

REACHING US:

EVENTS & HAPPENINGS
events@venturabreeze.com

OPINIONS

opinions@venturabreeze.com

ARTICLES AND PHOTOS

editor@venturabreeze.com

ADVERTISING

advertising@venturabreeze.com

Ventura Breeze

1575 Spinnaker Drive, 105B, Box 393
Ventura, CA 93001
805.653.0791 · Fax 805.641.3158



The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

Dear Ventura Breeze:

I loved seeing you include a recipe article in the last edition of The Breeze. On a whim, I decided to try it though I ended up substituting rice for barley (I did have all the other ingredients on hand). It was one of the tastiest chicken dishes I've ever served my family! Okay - I admit it - I'm not a great cook but this was really easy to make and it was impossible to mess up the directions. My sister, daughter and

Opinion/Editorial



Sheldon Brown
Publisher

THE GOOD

Wow, another year of publishing the Ventura Breeze has passed, quite amazing and wonderful for the Breeze and for Ventura as we start our fourth year.

When daughter Staci and I decided to launch Ventura's only local community based newspaper three years ago we didn't know what to expect or how it would be accepted in the community.

The acceptance of the paper has been simply wonderful and overwhelming.

There are just so many people that I want to thank: my incredibly dedicated and extremely hard working staff, our wonderful writers, distribution folks, photographers, studioNothing, our printer and our advertising advisers (that is the correct spelling by the way).

And especially wife Diane for still putting up with me working seven days a week and going out so much to all of the wonderful events that are being presented in Ventura (they just keep growing).

Thanks to Professor Scamp for always being there for us, for his always interesting articles; he still doesn't know that he is famous so he still works for treats, dog food and being treated as if he owns the place (actually not bad pay).

Our readership just keeps growing

and our readers continue to tell us that they love reading the Breeze either by a wonderful phone call, or I am stopped in the street by strangers, or by receiving an email letting me know how much the paper is loved, read and appreciated and how wonderful it is that Ventura finally has a local newspaper just serving Ventura (with a little Ojai news thrown in). A very special thanks to all of you readers.

This is what I mostly hear:

"I love reading the Breeze."

"I look forward to every issue."

And, of course, the most important people of all our wonderful advertisers without whom this wouldn't be possible.

I'm still like a little kid when I see someone reading the paper in a restaurant (or anywhere else) and get very excited. We are now found in over 500 locations; what an amazing trip it has been, just amazing.

And I do appreciate the many, many new friends that I have made. I just wish that I could remember all of your names.

I am also very proud that we were the Turning Point Foundation's 2009 media Champions of Mental Health.

Looking at the credits in our very first issue there are five contributors that are still with the Breeze. I want to thank them for their three-year commitment to our cause. They are Professor Scamp, Rebecca Wicks, Karlene Lang, Suz Montgomery

and studioNothing (Alfred J. Lewis).

Our first issue (October 24, 2007) had the Stop Wal-Mart Coalition's attempt to stop Wal-Mart from moving to Victoria Avenue; well, that didn't work.

It also had various endorsements for city council, these were some of them. Chamber of Commerce

Halter and Cunningham
Police and Fire Associations

Weir, Fulton and Martin
Planned Parenthood

Halter and Morehouse

It is to be noted that all of these candidates, except Martin, are still very active in local activities or politics which I thank them for.

Two recent involvements for the Breeze are also very exciting and will help us grow even more. My appearances (with guests that I bring in) on 1400AMKKZZ with Coach Ron Tunick and Dr. Bunny Vreeland, and our website (www.venturabreeze.com) being hosted by Edhat, which means you can get current news 24-7 and become a roving reporter for the Breeze. Be sure to check out our new Breeze site as it evolves into getting even better.

Below is my initial article from our first issue for your reading pleasure. You will have to read it once every year I'm afraid for many years to come.

Continued on page 13

Why, oh why?

WHY DID WE decide to publish a local, community-based newspaper in San Buenaventura? Well, we did it for very personal reasons. We moved here from Los Angeles about seven years ago. We loved the unique, small-town atmosphere and sense of community, which was so very different from the urban sprawl of the cold, impersonal metropolis we'd left behind. We looked forward to becoming involved in community events and local activities, the kind of lifestyle you associate with smaller, coastal communities. This, however, has not been the case. Why? Because we don't have a community newspaper. We realize, of course, that there are two other papers that are distributed in Ventura, but feel that while they do a fine job of serving the entire population of 800,000 and 1,700 square miles of Ventura County we needed a newspaper that serves our 22 square miles and our population of 106,000. We often stroll past a local event and don't have a clue what it is. Shops open and close without us ever knowing about them. New restaurants and bars hold grand openings we would have attended—had we been aware of them. Local news just isn't easily accessible. Most small cities have a local community newspaper. It's about time that Ventura had one also. That is why we are launching the Ventura Breeze. With a few exceptions, we will only publish articles and information relevant to our city. Thank you for reading the first edition of the Ventura Breeze. We welcome your feedback and hope that you'll find it to be a very enjoyable and valuable resource for many years to come.

SHELDON BROWN, Publisher

Mailbox

husband all gave me a 5 star rating and this dish will now become part of my permanent repertoire. Thank you for deciding to include this. I only hope more chefs will step up to the plate so the Breeze can offer recipes in every edition.

Nanci W. Cone

Breeze:

We welcome recipes from all of Ventura residents. See recipe in this issue about where to send yours and a photo please

Breeze;

In Sheldon Brown's opinion article, on October 6, he wrote about a proposed project going through the city approval process. The following is part of that opinion.

"For 4 years a developer has been going through city approvals (design review and city planning) and had a 42,172 square foot senior living facility (located at 4010 Telegraph & Ivy Street) approved by these departments only to have their decisions appealed by neighbors and brought before the city council.

The city council upheld the appeal and sent the developer back to the "drawing board".

Linda Freeny was kind enough to clarify some of what was said. He should have said that the city council upheld the appeal "without prejudice" which means that they like the idea of the project but not all of the design as submitted.

Breeze:

Again, thanks for seeing into our ordeal with this project. It has been long, hard and nasty. Just to correct a couple of things in the article. City Council did not uphold the appeal, it has been continued with clear directions of the changes they want to see, which we are doing, so they did not turn it down, just cost us more time and money, but we are getting used to that.

Also, they never used the word overbuilt. I just watched The DVD of the meeting again this morning and that word was never used.. Again, I appreciate your concern for our long ar-

duous journey, but there has been so much mis-information on this project I wanted to make sure that you received my corrections.

Linda Freeny

Editor:

The Ventura City Council made several money-saving decisions recently which caused Ventura city residents to sacrifice. They closed the life and property saving fire station #4, and closed Wright Public Library so children and their families cannot access this service.

But now I see the council has plenty of money...the council voted to spend city taxpayer money to help enrich a private individual who does not even live in the city. Yes, council you are right. We don't need fire station #4, and what do we need Wright Public Library for. A big thanks to the four of you who voted to wisely spend our city tax dollars in helping the owner

Continued on page 5

When one is engaged in a favorite pursuit or a subject absorbingly interesting, the normal conception of labor or time and artificial social distinctions disappear from the mind.

—G. Koizumi



From our fans on our third anniversary

Breeze:

Congratulations to the Ventura Breeze as they celebrate their 3rd year! The community of Ventura is fortunate to have local and hometown news covered by the Breeze. Ventura Unified appreciates the support and advocacy of our children by the Breeze.

Dr. Trudy Tuttle Arriaga
VUSD Superintendent

Dear Sheldon,

Congratulations on your third year. Your coverage of the arts in Ventura is exceptional and greatly appreciated by us. I think your paper is providing an important component in the news coverage of Ventura. Thank you for making this possible.

With warm regards,
Cheryl Heitmann

Executive Director, Ventura Music Festival

Sheldon and The Breeze

KUDOS on your 3rd year anniversary. I love the Breeze and all the informative articles and tidbits. Your paper filled a void for us locals looking for stories and happenings relevant to their life. While so many other "local" papers just run Reuters or AP articles-The Breeze is 100% Ventura. Your coverage on city hall is great, Scamp is the best and the police blotter is very interesting. Buena Ventura and Olivas Links golfers also love reading your paper! We look forward to reading The Breeze for many more years to come. Keep up the good work!

Nadia Osborn-Chapman

Director of Sales & Marketing—Olivas Links and Buena Ventura Golf Courses

Dear Sheldon and Terrific Staff:

Congrats on your 3rd year anniversary! The VB is a wonderful paper and offers fresh perspectives and humor sorely needed for our present times. Keep up the great work.

Burriss DeBenning

Ventura Resident and City of Ventura Employee

Sheldon

The Ventura Film Society congratulates Sheldon Brown and the Ventura Breeze on their 3rd anniversary of bringing quality local reporting to Ventura. The VFS appreciates the Breeze's steady support and looks forward to working with you in the future.

Lorenzo DeStefano

Ventura Film Society

Dear Breeze,

Happy third birthday. And Congratulations! I can easily say that local press puts non-profits like mine, on the map. I hate to think of the silence that exists without dedicated local journalists showing up, pen, pad, and camera in hand. Thank you for bringing a voice to our story.

Rachel Morris

Executive Director, VCCool

Happy 3rd Anniversary!

Congratulations, Sheldon, on producing a fine addition to Ventura's information stream. The Breeze captures the spirit of our City in a concise style and keeps us up-to-date on issues and activities important to our citizens. I am especially appreciative of your support for our rich and diverse cultural community. Thank you for all of your hard work and dedication!

Donna Granata

Founder, Focus on the Masters

Breeze staff

So many congrats on your third year anniversary and thank you for supporting the arts the way you do. I always look forward to picking up my copy to see what's happening! Being somewhat new to the area, it has helped me get to know a bit more about what is going on in Ventura around the arts.

Johanna Spinks

Artist

Sheldon;

I cannot believe its three years. You have made an enormous impact on this community and I for one appreciate the Breeze enormously. Congratulations
Samuel Povar

Thank you Sheldon and all the VB staff for you continued neighborly newspaper! I always am pleased with the all important Arts Section and as the cultural Mecca we are turning into, Venturans need to know! I know I will see you around town soon, because I see you almost every event I go to. Sheldon! You have more hours in your day than I do!

Happy Anniversary Breeze!

Emily Thompson

Executive Director, Buena Ventura Gallery - Harbor Village Gallery

Hi Sheldon,

It's hard to believe it has already been 3 years since the Breeze burst onto the Ventura publishing scene. With its insightful editorials, local news, and unwavering focus as a true "hometown" paper, the Breeze has quickly become an integral part of the fabric of Ventura.

In this age of declining print publications, the success of the Breeze is no small feat and demonstrates that serving the needs of a local audience is no less relevant today than it was years ago.

Sheldon, our hats are off to you and your team. Congratulations on your three wonderful years. We look forward to many editions to come.

Your friends at Cypress Place Senior Living in Ventura.

Happy Birthday Ventura Breeze.

We knew you were going to grow and be the successful media hero in our special city of Ventura. We are so proud of you that you have stayed positive and ignored the hecklers. You are going into new levels of reaching Ventura and beyond. Your involvement with your website, radio, local access television (CAPS) and internet television (KADYTV.com) has clearly separated you from other forms of media.

Keep going and growing!

Peter Godinez

Xerox Ambassador & Social Media Sales Hero

Sheldon:

Congratulations on three years of publishing The Ventura Breeze, my favorite community newspaper. You are the go-to place for local news and happenings! All the best on your anniversary.

Dr. Bunny Vreeland

Board certified clinical hypnotherapist and KKZ-ZAM 1400 radio host, "The Dr. Bunny Show."

Congratulations on your anniversary celebration!

The 'Ventura Breeze' has become a community icon in its short time in the community. It is the voice of Ventura and we eagerly await each new issue to read the news about our community leaders, neighbors, businesses, events, arts & culture and non-profits. It is a great gift to each of us. Keep up the good work! You are appreciated!

Nancy Gregg-Keller

Director of Development & Marketing, Boys & Girls Club of Ventura

Congratulations on your 3rd anniversary.

The Breeze has been a wonderful addition to Ventura and to the many non-profits who have benefited by your coverage of important issues, and events. We are grateful for your contributions to the community and specifically to Turning Point Foundation. Thanks and Congratulations! May you be around for many years to come.

Jane Lax

Fund Development Director, Turning Point Foundation

Hi Sheldon,

Congratulations on the Ventura Breeze's third year of publication, and thanks for always featuring the Arts so prominently. Of course, we especially appreciate the coverage you give Museum of Ventura County's exhibitions and events!

Susan L. Gerrard

Director of Marketing, Museum of Ventura County

On behalf of the Ventura Chamber of Commerce, congratulations on celebrating your third year providing dedicated local news and events to the Ventura community. You have been a strong supporter of the Ventura Chamber and we wish you many more years of continued success to come.

Sandra M. Walker

President and CEO, Ventura Chamber of Commerce

As Sea Breeze Art Studios and Gallery 255 closes it's doors we wish to thank Sheldon Brown and the Ventura Breeze for the support throughout the three years it has been publishing in Ventura. The "Arts" section is so appreciated along with Emily Thiroux and her excellent writing on the arts and artists in Ventura. Best Wishes to you all.

Sandra McCullough

Sea Breeze Art Studios & Gallery 255

I love the Ventura Breeze, congratulations on your third year in publication. Keep up the great work on letting us know what is happening in our community (and I am not lying one little bit).

Star Soto

Children's Librarian, E.P. Foster Library

Happy third birthday to all the folks at the Breeze. We members of Ventura City Corps have enjoyed working with your friendly, caring staff and look forward to further contacts in the future. Congratulations

Kenneth Cozzens

Sheldon,

It's hard to believe it's been three years since The Breeze took flight! Speaking for myself and the students in my class in Adult Ed at The Venturan and The Ventura TowneHouse, we are sincerely grateful for the attention and the press that you have so generously contributed in sharing their life stories with our community.

My students are the generation that has laid the foundation, given us role modeling and values that have made this country great. Thanks to you, they have not been forgotten!

Thank you from them and myself, and heartfelt congratulations on your three year anniversary.

Suz Montgomery

VUSD Adult Ed Instructor

Sheldon,

I have found The Breeze to be a "good read", an accurate source of reliable information, and a useful resource when it is necessary to provide information to the public.

Congratulations on your third year.

G. Scott Miller,

Harbormaster, Ventura Port District

Sheldon

Over the past three years, the Breeze has become a valuable addition to our community. You can be counted on to bring humor, intelligence and timely commentary to current events in Ventura. Congratulations and here's to many more years of enjoyable and informative reading!

Christy Weir

Councilmember

Sayings from year number 3

The greatest achievement was at first and for a time a dream.

—James Allen

Thus to be independent of public opinion is the first formal condition of achieving anything great.

—G.W.F. Hegel

Joy is not in things; it is in us.

—Charles Wagner

Human beings can alter their lives by altering their attitudes of mind.

—William James

A man is about as happy as he makes up his mind to be.

—Abraham Lincoln

When people are bored it is primarily with their own selves that they are bored.

—Eric Hoffer

Most men make use of the first part of their life to render the last part miserable.

—Jean De La Bruyere

I never met a food I didn't like

—Scamp (with thanks to Will Rogers)

Human affairs are like a chess game: Only those who do not take it seriously can be called good players.

—Hung Tzu-Ch'Eng

One of the simplest things about all the facts of life is to get where you want to go, you must keep on keeping on.

—Norman Vincent Peale

It is preoccupation with possessions, more than anything else, that prevents us from living freely and nobly.

—Bertrand Russell

Thinking is the hardest work there is, which is the probable reason why so few people engage in it.

—Henry Ford

I hold to the doctrine that with ordinary talent, and extraordinary perseverance, all things are attainable.

—Thomas Buxton

There is nothing so easy but that it becomes difficult when you do it reluctantly.

—Terence

A foolish consistency is the hobgoblin of little minds...With consistency, a great soul has simply nothing to do.

—Ralph Waldo Emerson

Ask yourself if you are happy, and you cease to be so.

—John Stuart Mil

The importance and unimportance of the self cannot be exaggerated.

—R.H. Blyth

If you follow all the rules, you miss all the fun.

—Katherine Hepburn

Go confidently in the direction of your dreams. Act as though it were impossible to fail.

—Dorthea Brandt

The whole problem with the world is that fools and fanatics are always so certain of themselves, but wiser people so full of doubts.

— Bertrand Russell

I learned long ago, never to wrestle with a pig. You get dirty, and besides, the pig likes it.

—George Bernard Shaw

Whether you think you can or you can't—you are right.

—Henry Ford

City News

Breeze:

In spite of many speaking in opposition, the Ventura City Council recently voted 4 - 3 to include about 800 acres in the north Ventura Canada Larga area for possible annexation into the City of Ventura.

It was hoped that this area will become large equestrian type "executive" ranches.

Mayor Bill Fulton and council members Carl Morehouse and Brian Brennan were the 3 no votes.

This is Mayor Fulton's reason for voting no.

Back to the bad old days?

by Mayor Bill Fulton

After more than 3 hours of debate, last week the City Council voted 4-3 to add the floor of the Canada Larga Valley into the North Avenue Community Plan Area. I voted against this proposal, mostly because I think it will make it far more difficult to accomplish the many important community goals on the Westside and in the North Avenue that we all agree on. Frankly, I am afraid that this vote portends the return of the "bad old days" on land use and development in Ventura.

I was opposed to including Canada Larga not only because I think homes up there are a bad idea, but because I believe the Canada Larga issue will be divisive and a huge distraction over the next couple of years as we move forward with the North Avenue/Westside efforts. Here are a few things that will now happen as a result of the vote:

-- The environmental impact report for the North Avenue plan, which the City is paying for, will become far more time-consuming, complicated, and expensive than before. This will, at the very least, show things down.

-- The inevitable lawsuits from environmental groups will become much harder to defend. I think some environmental groups might sue anyway – they don't

like the tentative inclusion of agricultural land and some other parcels along Ventura Avenue – but those lawsuits would be much simpler and easier to resolve if we did not include Canada Larga in the discussion.

-- It will be difficult to get Ventura County to sign off on the inclusion, especially the redevelopment project area. The redevelopment component is important because redevelopment funds from the Brooks/Petrochem project could be used for improvements down on the Avenue. But the County may oppose redevelopment and could even sue us. With Canada Larga in, it's much more likely that the County will hold up the redevelopment effort.

-- The Local Agency Formation Commission (LAFCO), a county agency that approves boundary changes, could object to the annexation. And if LAFCO doesn't approve this, then we'll have to sue them to get it, and I can't see us winning that lawsuit.

-- It's likely that our local environmentalists will run a ballot measure to make development of Canada Larga subject to a vote.

There you go: All kinds of costs, delays, lawsuits, and maybe ballot measures that will make it much more difficult – maybe impossible – for us to move forward with all the things we unanimously agree on in revitalizing the Westside and the North Avenue. All those good things we all agree on are being held hostage in order to try to force through a Canada Larga development that we are deeply divided on and have never in the past allowed to move forward.

In recent years, the city council has worked hard to improve and stimulate growth. We passed our infill-first General Plan in 2005, we eliminated the dysfunctional Residential Growth Management Program, and we cleaned up the development review process. This is real progress. Do we really want to go back to the bad old days?

several years in this area, so the Commission members felt that his remains should stay where they are.

Much of the discussion focused on moving forward, noting that this Commission has spent the last six years discussing a significant upgrade to Cemetery Memorial Park including improvements to the Military Flag Pole area and a wall naming all who were buried in the Park. New landscape, wall repair and historical information would all have been included. This was all done before the Pvt. Sumner issue came to the Commission. Unfortunately, a major recession hit the city and country which caused city employees to be laid off and projects to be delayed or abandoned.

Cemetery Memorial Park contains the history of Ventura including the remains of many of the pioneer families that are buried here. In just over five years, the City of Ventura will celebrate its 150th birthday, a time of reflection on our history. Like the Olivas Adobe, Albinger Archaeological Museum or Ortega Adobe, Cemetery Memorial Park is a historical landmark that deserves recognition. The Parks and Recreation Commission recognizes this, and recommended to our City Council that there is very good reason to make Cemetery Memorial Park a beautiful historical landmark. The city has allocated \$250,000 to start this process and the Commission hopes that either with public or private support, much more will be done.

The Commission had the following recommendations:

1. That the City of Ventura thoughtfully consider a wide range of options in the on-going process to improve Cemetery Memorial Park.
2. That the City of Ventura consider improvement options that will rectify the mistakes of the past and re-establish a more serene and sacred environment more consistent with a cemetery.
3. That the City of Ventura consider improvement options that will appropriately acknowledge the historical significance of those interred on the site.
4. That the City of Ventura enforce the existing leash laws.

The Parks and Recreation Commission takes its responsibilities very seriously. These recommendations were based on input from the community and the Ventura County Grand Jury in its 2005 report on the park.

Breeze:

At their Nov.18 meeting the City Council voted 6-1 to uphold the decision by the Parks and Recreation Commission. Neal Andrews was the lone no vote.

Kinetic sculpture

Continued from page 1

For more information please contact Jane Lax at 652-0000 ext. 102 or jlax@turningpointfoundation.org.

Race schedule as follows:

- | | |
|-------------|---|
| 10:00 AM: | Break Test for Vehicles/
Photos with Vehicles |
| 10:23 AM: | Water Launch & Water
Challenge to Harbor
Cove Beach |
| 12:00 Noon: | Sand Challenge from
Harbor Cove to Surfer's
Knoll Beach |
| 1:00 PM: | Lunch / Meet & Greet
the Racers |
| 2:00 PM: | Road Challenge at Ven-
tura Harbor Village
Parking |
| 2:30 PM: | Mud Pit Challenge at
Ventura Harbor Village
Main Lawn |



Claudia Armann is the Executive Director of the McCune Foundation, located on the corner of Fir and Main in downtown Ventura.

McCune Foundation seeks to bring out community voices

by Tim Pompey

Most nonprofit community agencies work to provide services for some type of physical or emotional need. Food, shelter, legal services, etc. The McCune Foundation (www.mccunefoundation.org) takes a different angle.

Boiled down to basics, the Foundation wants to give a voice to and a chance for community engagement to those who generally don't have much say in their community: farm workers, bus riders, mobile home owners, minorities, young people, the homeless.

The Foundation's cofounder, Sara Miller McCune, grew up in New York City and founded SAGE Publications in 1965, when she was twenty-three. She met and married George McCune, and together they became the principal management team of SAGE Publications, located in Newbury Park. Today, SAGE Publications, which specializes in books and research about social science, is a worldwide corporation.

George and Sara established The McCune Foundation in 1990. "George and I decided to start the McCune Foundation in 1969 as part of our first estate plan," says Miller McCune. "It was a way of giving back to the communities in which we lived and worked. Also, as it developed, the Foundation helped us to demonstrate how social capital could be built based on the ideas and ideals of several of the academics with whom we worked closely over the decades."

For the last ten years, the Foundation's focus has been to provide grants for local initiatives in Ventura and Santa Barbara County that help encourage this type of social capital. As Claudia Armann, the Foundation's executive director, explains: "With the guidance of two Board members with social science backgrounds, the Board in 2001 decided to invest in the growth of social capital as a strategy to create change in a systemic way."

Armann believes that social capital grows when "people work together around issues that matter to them." As people work together, they develop trust in each other and in their abilities as a community to make their voices heard.

Here in Ventura, the Foundation has been quite active. It aided River Haven for several years as they sought to define their community and find a camp. Cur-

Continued on page xx



Historic Cemetery Memorial Park

by Ed Wehan

Parks and Recreation Commissioner

Retired Marine Sgt. Craig "Gunny" Donor who resides in Fontana, California, has requested the right to move Pvt. James Sumner, an 1870 Medal of Honor recipient, from Cemetery Memorial Park to Bakersfield citing lack of care for Pvt. Sumner's gravesite. Pvt. Sumner is one of approximately 50 veterans buried in this park. In addition, there are approximately

3,000 other graves, many of whom are early Ventura pioneers.

At its September 15 meeting, the Parks and Recreation Commission had the option to approve the request by Sgt. Donor, to deny it or to decline to make a recommendation. The results will go to our City Council for their review and action.

The Commission denied the request which will now require Sgt. Donor to proceed through the Superior Court as he is not a family member of Pvt. Sumner. The Commission also noted that if Sgt. Donor wanted to move Pvt. Sumner, why would Bakersfield be chosen? The reason apparently is the prestige of having a Medal of Honor recipient in your cemetery. Pvt. Sumner died in Ventura after spending



News and Notes

Three: it's the magic number

by Rebecca Wicks

The Ventura Breeze – the little newspaper that could – turns three this issue.

Three years may seem like a small number, but in today's economic climate a three-year business anniversary is something to celebrate. Add in the fact that according to the U.S. Small Business Association, only two-thirds of small business startups survive the first two years, and the Breeze's little anniversary starts to look that much larger.

At its onset, publisher Sheldon Brown stated the Breeze was founded to serve one purpose: to keep Venturans apprised of what was happening in Ventura.

"We often stroll past a local event and don't have a clue what it is...shops open and close without us ever knowing about them...new restaurants and bars hold grand openings we would have attended," said Brown in his very first publisher's message. "Most cities have a local community newspaper...it's about time Ventura had one too."

A lot has changed over the course of three years, and yet so much has remained the same. Looking back at the very first issue, the first and second anniversary issue and comparing where Ventura is today, major events covered by the Breeze seem to fall into, well three's.

Politics.

The very first issue of the Breeze focused on the election at hand. Proposition C7, a measure which proposed to update the city's method to calculate and collect the Utility User's Tax on telecommunications appeared on the ballot and was later passed. The economic recession "officially" began two months after the first issue of the Breeze in December 2007 and set the stage for the political scene for the next three years.

In 2008 we felt momentum build locally for the lesser known Democratic Presidential candidate Barack Obama. Eventually we saw him take that swell of support all the way to Washington D.C.

Locally, we experienced the economic pinch as city revenues fell and it became apparent major changes needed to be addressed in order to stay with the city's budget. In 2009, 17 candidates threw their hat in the ring for four spots on the city council. Ultimately Venturans voted to keep all but one of the incumbents adding former Police Chief Mike Tracy to the City Council. Incumbent Ed Summers came in fifth making his departure from the council. Measure A which asked for a temporary sales tax increase was shot down.

Then Mayor Christy Weir finished her term, and Bill Fulton stepped in to take her place after being nominated to the position by his fellow council members.

Marred by the still sinking economy and city revenues, a series of major slashes were made to city-funded programs. Casualties included the H.P. Wright Library which closed in December 2009, the roving

city fire engine, Fire Station 4 on Telephone Street which closed in June 2010 and a large chunk of city's park maintenance budget.

Some Venturans have been understanding of the many cuts, some have been less than happy. A small movement was made to recall Mayor Bill Fulton citing the closing of the Wright Library as an example of his incompetence. The issue became moot when the paperwork was never properly filed in order to begin the recall process.

Development.

The number two issue in Ventura over the past three years has focused around the development of our beachside community. In the end there are two camps that are of course, not delineated by black and white lines. There are those who believe Ventura should pave the way for business and residential growth. And, there are others who believe Ventura needs to be more careful about growth.

In 2009, Measure B which proposed to create a View Resources Board appeared on the ballot. The measure stemmed from a group of Venturans who believed building height maximums should be imposed in certain areas of the city in order to preserve smaller and older home and business' views of the hillsides. The measure was ultimately defeated.

Measure C also appeared on the same ballot. A measure seeking to limit the size of the development of specific types of big box stores, Measure C may or may have not stopped Walmart from putting roots down in Ventura. Since the measure's defeat, Walmart has slowly but surely moved along the city's approval path and is on track to gain final approval this year.

Downtown has seen a number of changes. The WAV project broke ground and completed construction last year. The four-story project brought together penthouse and subsidized living with a focus on art. Over a hundred artists petitioned to live in the building which has been showered with praise by city and other leaders. However, many of the penthouse suites remain vacant which managers attribute to the soft real estate market and slacking economy.

Like most Main Streets in America retail and restaurant businesses moved in and out. Downtown Ventura saw a notable exodus of antique stores over the past three years perhaps most significant the closing of Nicholby's and the opening of a Goodwill store in its place. Parking meters have also made an appearance in our downtown to disgruntlement of some.

Other new projects in the last three years include the new CMH Cancer Center which broke ground earlier this year and the construction and opening of a Fresh and Easy on Telephone Road.

Many projects have been seemingly stalled by the economy including the construction of a 152-room Hyatt Place off Seaward behind the Golden China Restaurant and the sizeable Parklands project a prominently residential neighborhood planned for the east end.

Recent hope was spread for the vast

vacant areas of Pacific View mall which announced their plans for the north end of the mall including a lease to Trader Joe's.

The People.

Ventura is after all, made up of people. The very first issue of the Breeze featured Mildred Thompson a special Ventura centurion. At the time, a quite lucid 106-year old Thompson was gearing up for her 107th birthday which was just around the corner in December. Unfortunately Thompson passed away the following April.

A number of artists and their projects from a range of organizations from the Buenaventura Art Association to the Bell Arts Factory have been featured in the Breeze over the course of three years. David Rivas, the featured ArtWalk artist was included in the first issue of the Breeze.

Sue Adams, the organizer of the Ventura Flea Market and Swap Meet was also highlighted in the first issue. At the time Adams' event, held every Wednesday at the Fairgrounds, was home to approximately 40 vendors. Today, the number has risen to well past 100.

The Breeze has also bore witness to a new police and fire chief in its short three year existence as well as a new California Highway Patrol office lead. In October 2009, it was announced Ken Corney would take the reins from then Police Chief Pat Miller. Two months later the city announced Kevin Rennie would step into the role of fire chief upon Mike Lavery's retirement. Most recently Captain Bob Ghiglieri assumed the lead role of Ventura's CHP office.

While booming economic climates tend to spawn more retail and restaurant openings, there have been a few confident individuals who have jumped into the Ventura market in a less-than-stellar economic environment. In August 2008, a big downtown gala surrounded the opening of the Watermark restaurant. The events included a red carpet affair featuring the once-Ventura resident Kevin Costner. Another notable restaurant opening was by Garner Gerson who brought us Candlelight Kitchen and Bar.

A huge number of Venturans have been recognized in the Breeze for various accomplishments from Jill Bath, an amputee who has proven to be a champion of fitness for the community to Karl Keller who was named the Ventura Chamber of Commerce Citizen of the Year in 2009. And even the Breeze which was selected by the Turning Point Foundation as their 2009 Champions of Mental Health.

Negative news stories about people in our community also shared the spotlight. Former Coach Greg Winslow's demise as the head of Ventura College's basketball program and pending trial for a number of felonies has put a shadow over local sports programs. In May 2009, the city was rocked by the murders of Brock Husted and his pregnant wife Davina in their Faria Beach home. Two weeks later Wendy DiRodio was found murdered in her Pierpont home. Almost a year later Joshua Packer, 20, was arrested for the murders of the Husteds. No arrests have been made in the DiRodio case.

Ventura has seen a great deal of change over three years. The city and its residents have done a lot of coping through a lingering weak economy. Many have been directly affected. Virtually all know someone who has been laid off, lost their home or worse. The Breeze has fought through, and we hope you will too so we can celebrate another three years in more positive times. Here's to seeing you in Ventura in a more prosperous 2013.



Photo by Tina Vervoorn

Sandra Laby: Woman extraordinaire

by Mira Reverente

Her love affair with Ventura started in the 1970s. Then a San Fernando Valley resident, Sandra Laby and her family would make periodic visits to the seaside town.

I found it to be a very friendly and wonderful town," she said of her first impressions. The family decided to take up residence in Ventura when their two sons were teen-agers.

Laby, an avid art lover, soon became aware of the absence of a theater, ballet company and art scene in her new town. The cultural dearth spurred Laby to action.

Tireless volunteer

Laby wasted no time and became a board member of the Ventura Music Festival since its inception in 1994. One of the county's signature events, the festival attracts over 6,000 people every May.

She also became a board member of the Ventura County Ballet Company (VCBC) and the Rubicon Theater soon after. Laby also helped formalize The Grandes Dames, Rubicon's volunteer auxiliary in 1999.

"The Rubicon Theater is my big love. It's especially challenging now because people have stopped giving so we have to work harder to raise funds," said Laby.

In 2004, she helped start the Bell Arts Factory, a community arts center on Ventura Avenue, by making the first private donation and giving input on the concept. Recently, someone from the Working Artists Ventura (WAV), the \$57 million living and working community for artists of all genres, approached her for assistance.

Completed in December 2009, a dance floor was needed, among others. Laby knew her limitations but still managed to foster some introductions and connect the right people. "It's all about collaboration. I can't do all the work but I can inspire, cajole and ask," she stated.

The Oxnard Salsa Festival organizers used the same strategy to get Laby on board for their charity fundraiser. Dubbed "Dancing with Our Community Stars," Laby accepted a dare to raise money for Ventura schools and won. Her husband, Jordan, was not amused that the dance fest would be on the same day as their 50th wedding anniversary. Laby explained, "He came around eventually. The biggest thrill was seeing not just him, but my son and grandkids in the audience."

Her own person

The doting grandma to four-month-old twins tries to make the drive to San



The future is now.

Get daily weather reports
and ongoing news.
Come visit us!

www.venturabreeze.com

News and Notes

Francisco to be with them as often as she can. She said, "You could call me a stage mom when my sons were in school. So maybe I'll be a stage grandma too."

Laby made sure her sons were exposed to the arts during their formative years, having been a young violin player herself. She was the mom in the sidelines cheering them on during rehearsals and performances. She enrolled them in dance, theater and writing programs. All this she juggled while teaching elementary school and learning the ropes of commercial real estate.

"I believe the cup is half full rather than half empty," stated Laby. Indefatigable at 72 years old, she credits exercise, a healthy diet and flamenco dance lessons for her balance and positive outlook in life.

Ventura lover

Recently, Laby was so impressed by the nationally recognized Harmony Project, an LA-based after-school program that provides free classical music training and free musical instruments to over 300 inner-city youths. She wants to bring the program to the schools in Ventura and Oxnard. "I want children to learn music so they're not in gangs," she said.

Part of Laby's legacy is to make sure that the arts remain in Ventura and that it stays strong in the county. She also wants to see a city council that sees the importance of culture in the community. She said, "I love Ventura and I have always wanted to make a difference."



Court Appointed Special Advocates (CASA), a program of Interface Children Family Services, held their sixth annual 5K walk/run to benefit Ventura County's court-dependent abused and neglected children at Ventura College on Oct. 9.

CASA volunteers help children who have been removed from their homes by the court system because of abuse, neglect or abandonment.

Shown is Casa volunteer "Susanne Munandi" giving 8 year old Gabriel Bacon and his sister their numbers for the race.

Photo by Bernie Goldstein

Bag Ban Brouhaha – Part 1

by Sheli Ellsworth

According to Wikipedia, The Great Pacific Garbage Patch now has a sibling in the Atlantic. The polluted Pacific area, the size of Texas located in the Horse Latitudes, has a counterpart estimated to be hundreds of kilometers across with a debris density of about 200,000 pieces per square kilometer. The pollutants are composed of pelagic plastics, chemical sludge and miscellaneous debris; 80% come from land-based pollutants. A recent study found there are six pounds of plastic for every one pound of plankton.

A major contributor to plastic pollu-

tion is plastic shopping bags, which do not biodegrade, and the problem isn't as far away as the Great Pacific Garbage Patch. "Single use plastic bags continue to be a major contributor to the litter problem in Ventura," according to Councilman Carl Morehouse.

Ray Olson, the city's Environmental Services Manager, says, "Plastic shopping bags discarded in trash cans are more easily carried out by wind or scavenging seagulls in comparison with other types of trash. Plastic shopping bags carried to the ocean can kill marine birds and marine mammals who become hopelessly entangled in them. Pacific sea turtles have been known to eat bags after mistaking them for jellyfish, one of their main food sources. When this happens, the turtles usually die."

The Coastal Commission has run California Coastal Cleanup Day for the past 26 years, during which volunteers have collected data on the debris found on our beaches and along our waterways. Eben Schwartz, Statewide Outreach Manager, claims, "Plastic shopping bags are always among the top ten, and most often among the top five, items found during that Cleanup."

"There has been an ongoing effort over the last 15 years to get people to understand that storm drains aren't wormholes that blast rainwater and runoff into another galaxy and take all your trash along with it! They lead to the rivers, creeks and waterways that we all recreate in, provide habitat for wildlife, and in some cases provide us with our drinking water," council member Brian Brennan states. "Why in the world would you want to trash such a precious resource, yet we continue to do so."

Morehouse and Brennan proposed that the City of Ventura consider a ban on single use plastic shopping bags during a September council meeting. The single use bags have been banned in South Africa, Taiwan and Bangladesh. Ireland imposes a plastic-bag tax. San Francisco passed the ban in 2007.

Mark Westlund, spokesman for San Francisco's Department of the Environment, reports that with 50 grocery stores and 80 drug stores the city has kept approximately 100 million plastic shopping bags out of the environment. As soon as the ordinance was drafted, even before it passed, the city achieved 100% compliance and has never penalized anyone for non-compliance and has spent nothing on enforcement. "It has turned out to be a good ordinance and the citizens have been very supportive," according to Westlund. "Re-use is up by 30% and several stores have reported using less paper also." It has also resulted in less down time in the city's other recycling programs because plastic bags clog the machinery.

Part 2 of Bag Ban Brouhaha will be in our next issue

Local groups takes a poke at Proposition 23

by Rachel Morris

VCCool Executive Director

"When 89% of the funding for California Prop 23 comes from out of state, it's hard not to poke fun at it," quips Kendra Gonzales, Board member of VCCool, a local climate change action group. So, VCCool decided to "ride the carpet baggers out of town!"

Much to the glee of the Board, the non-profit's director Rachel Morris was chosen to play the Texas oil man being hauled in a wheelbarrow. Chanting "Save California green jobs – No on 23!" the

procession of "green-collar workers" portrayed by Elzbet Diaz de Leon, Joe Connett, Kendra Gonzales, Kirsten Meeker and Rachel Pratt wheeled the oil tycoon up and down Ventura's Main Street – stopping to hand out flyers and entertain shoppers with the antics. The culmination of the performance was at a Valero station, one of the Texas based companies providing millions to the campaign for its passage. Proposition 23 (on the November ballot) that promises to stop key California requirements for renewable fuel, low emission cars, and clean air until unemployment drops to 5.5% for a year – a feat that has only happened three times in the past thirty years.

On a more serious note, Gonzales states "Our street theater is a comic demonstration of the tragedy of the profit-driven arguments that climate change is a myth and that California cannot afford to transition to a Green economy. We can't afford not to!" VCCool has also published 9,000 bilingual brochures about Proposition 23 that are being distributed throughout Ventura County.

No on proposition 19 - an opinion

The Ventura County Sheriff, District Attorney and all of the police chiefs in Ventura County are opposed to proposition 19.

Their position is the following:

Legalizing and taxing marijuana will not only fail to solve California's budget mess as its supporters would suggest, it will burden our state with additional problems, added costs and unintended consequences.

There is no evidence that legalizing and taxing a dangerous drug will make our communities safer. In fact law enforcement professionals in California believe the opposite will occur. The legalization of marijuana will increase demand and create new users. Those not wanting to pay the taxes on the drug will grow their own or look to the black market. The violent drug cartel will have an open and legal market in California to sell their marijuana. There will be no way to determine taxed legal marijuana from cartel marijuana. Drug dealers do not pay taxes now and they will not pay taxes if marijuana is labeled legal.

There is ample evidence that like alcohol and tobacco, the social costs will far outweigh the tax revenue raised. Currently for every \$1 collected in taxes on alcohol and tobacco, \$9 is spent in social costs. (University of Columbia CASA Study.) Do we really need additional drug users and additional social problems?

Marijuana is a harmful and addictive drug that has ostensibly been labeled medicine by some. Even though it requires a "legal" prescription, the abuses have been profound and it has brought violence to many neighborhoods. Los Angeles County Sheriff Lee Baca recently stated, "The medical marijuana program that voters authorized has been hijacked by underground drug dealing criminals who are resorting to violence to control their piece of the action." His comments were made in the wake of a triple homicide in L.A. tied to the medicinal marijuana industry.

We know that the legalization of a dangerous drug will increase impaired drivers on the roadway. Proving impairment by persons under the influence of marijuana is presently difficult and there is no roadside breath test which can provide

presumptive test to law enforcement. For that matter, there is no test which can be used for a heavy equipment operator, an airline pilot, or a school teacher. Do you really want marijuana legalized?

It is ironic that in a state that bans trans fats, soda machines in schools, and wants to ban smoking cigarettes in private residences that we would somehow have a ballot initiative to legalize a dangerous drug that has 50% to 70% more carcinogens than tobacco, harms the brains of the adolescent and chronic users, impairs the judgment of drivers and puts the public at risk.

Legalizing marijuana will put a tremendous burden on law enforcement, community safety and our health care system. Mental health officials who understand the problems of addiction and mind altering drugs agree that legalizing marijuana would have disastrous effects on public health.

There are obvious reasons why marijuana is illegal, and it should stay that way. We do not need more bad law in California. Vote no on Prop 19.

You needed us then - We need you now

by Leon Rousso

CFP-BGCV Board President

If you, a friend or relative was a member of any Boys & Girls Club in the country, regardless of how long ago, please keep reading.

The world is becoming more challenging for all of us every day; but especially for our children. So many just need a positive place to go after school, where they can learn, play, be safe, build character, be mentored while becoming caring and responsible adults.

A just-released report conducted by Cal Lutheran University outlines the tremendous benefits of the Boys & Girls Clubs in Ventura County. The report is available at www.bgcventura.com. The conclusions speak to how the Clubs save lives, hold families together and create productive community citizens like you!

The Boys & Girls Club of Ventura is launching an initiative to develop an alumni group to help us spread the word in our community about the amazing work done every day for our youth. If you were a member of any Boys & Girls Club, not just Ventura's, please contact us so that we can add you to our growing list of alumni. We envision many opportunities

Continued on page 8



On Friday, October 15, the Boys & Girls Club of Ventura presented the drawings for the proposed construction of an expanded clubhouse at Saticoy Park, located at 11321 Violeta St.

On hand were Ventura County Supervisors' Steve Bennett and Kathy Long and Sheriff Geoff Dean

Photo by John Ferritto



News and Notes

It's About Time!
No longer will you have to wonder what is going on in our beautiful, seaside town - just pick up your latest copy of the VENTURA BREEZE.

It's Election Time!
The City Council announces the elections of six council members every two years. This year, four seats will be contested in two years. The election is held in the month of November. Each member serves a four-year term. The year 2010 will have plenty of candidates to choose from.

Volume 1, Number 1. Remember, kids?

We need you
Continued from page 7
where alumni can share stories, fellowship, make new friends, connect with the children or maybe get involved mentoring a club kid.

Like a university alumni association, you can be an important asset in sharing the benefits of the club experience to people in our community who may not have that awareness. You know we are not just "babysitters", we are so much more. You can describe first-hand what we do daily and have been doing for over a century nationwide and specifically for 72 years in Ventura. We have a solid core of remarkable supporters, including our staff, our donors and our board members, for which we are so very grateful, but we need to widen our reach. We need to make a solid case to ask for everyone's help.

I am asking you, as the 2010 BGCV board president, to take the first step by contacting us so that you can become a founding member of the BGCV Alumni Association. We will invite you to our kickoff event sometime later this year, an informal gathering of you and other founding members to discuss what the alumni groups' goals and objectives will be.

Please call me personally at 676-1110 with any questions, comments or suggestions. To register for our kick-off event, please call Nancy Gregg-Keller at 641-5585 or email her at nancyg@bgclubventura.org to give us your contact information.

We need your energy, experience and voice, but more than anything, we need you now.

It takes a village: and what a wonderful village we have here in Ventura. Won't you please join with so many of our neighbors in this truly amazing American movement?



These are two of my six grandkids. Hanah, 16 and Patrick Roberg, who is 9.

This was taken after the Ventura Packers football game. I am so fortunate to live only a block away from them so that we can see each other often.

Paulette Gainor
Breeze:

We are sure that there must be other grandparents with absolutely adorable grandchildren so send their photos to editor@venturabreeze.com

Community Events

Fall happenings at the Museum

by Mira Reverente

A stimulating lecture and a lively community celebration will kick off the fall season at the newly reopened Museum of Ventura County.

On Sunday, October 24, listen to Charles Johnson discuss the legendary life of Jose De la Rosa, a musician and one of the first printers in early California. Johnson, who heads the museum's research library, will also tackle the political turmoil of the time plus the connections between the former Ventura resident and a long printing tradition in his hometown of Puebla, Mexico. De la Rosa has also been linked to two devotional books which are currently part of an ongoing exhibit: History's Unexpected: Surprises, Insights and Revelations from the MVC Research Library Collection.

The lecture will commence at 3:00 p.m. in the Museum of Ventura County's Pavilion. Tickets are \$5 for the general public and free for museum members.

The following weekend, take part in a free community celebration commemorating a popular Mexican and Latin American tradition. Stop by and enjoy the 10th Annual Day of the Dead (Dia de los Muertos) festivities on Saturday, October 30, between 11:00 am and 3:00 pm, at the new plaza and pavilion.

There will be free admission to the museum that day, which will stay open till 6:00 pm. A new exhibit, Altars & Art, featuring colorful Day of the Dead altars (ofrendas), will be open that day until November 5.

Finally, the deadline for the 2010 Bonita C. McFarland Scholarship program is fast approaching. Scholarships are open to full-time or part-time college students in the visual arts field who are also Ventura County residents.

A total of \$5,000 in scholarship money is at stake from McFarland's endowment, which is held and administered by the museum. Applications must be postmarked by October 25 and can be downloaded from www.venturamuseum.org or picked up from the lobby desk.

For more information: Museum of Ventura County, 100 E. Main St., Ventura, CA. For lecture reservations, please call 805.653.0323 x 315. www.venturamuseum.org

National Kitchen and Bath month

The Central Coast and Valleys chapter of the National Kitchen & Bath Association (NKBA) is hosting their 5th annual Tour of Kitchens on Sunday, October 24, from 10 am to 5 pm. This self-guided tour features a total of 17 homes.

This year's tour will occur along the 101 corridor, from Santa Barbara to Agoura Hills. Two of the homes are in Ventura.

"We realize that touring 17 homes in one day's time is next to impossible," says tour chairperson Kris Calahane, CKD, CBD, CID. "However, we believe people can pick and choose the homes that suit their style most or just choose the ones that are closest to their own neighborhoods. We definitely have something for everyone."

New this year will also be food and wine tasting. Chefs from the region's top restaurants will be at different homes with free samples of their food and beverages.

So how does one experience a home tour? Calahane advises, "I like to gather my friends into a carpool to make a day of it, stopping for a nice lunch in the middle. We like to vote at the end of the day for our

favorite home, which one we could move right into and which had the most innovative features."

The Tour of Kitchens' projects and restaurants may be reviewed on the NKBA-CCV website and tickets for the event may also be ordered online. Tickets are \$25 for advance purchase and \$30 on the day of the tour. For more information, please go to www.NKBACCV.org. A portion of the proceeds from the tour will benefit FOOD Share of Ventura County.

Ventura events

Oct. 22: Arnold's Diner is in trouble, and it'll take the whole "Happy Days" gang to save it, when Cabrillo Music Theatre's all-new production of Happy Days: A New Musical takes to the Kavli Theatre stage. Happy Days opens on Friday, October 22, and plays until Sunday, October 31, at the 1,800-seat Kavli Theatre at the Thousand Oaks Civic Arts Plaza, located at 2100 Thousand Oaks Boulevard in Thousand Oaks.

It brings the beloved television series to life as a stage musical. Happy Days: A New Musical is a Rock and Roll blast from the past!

October 23: Audubon's event. More information about Ventura Audubon is available at www.VenturaAudubon.org 8:30-10:30 a.m. **Beginners' Bird Walk**, Ventura Wildlife Ponds. Leader: Allen Bertke (640-9037). Herons, grebes, egrets, ducks and many more. Take Harbor Blvd. to Spinnaker and enter Ventura Harbor. The Water Treatment Plant is on Angler, a left turn before Spinnaker curves to the right. Turn and meet inside the gate and also view these wonderful ponds.

Oct 23: Homestretch Greyhound Rescue and Adoption (homestretchgreys.org) presents "Meet the Greyhounds" at The Body Shop in the Pacific View Mall from 11am to 3pm.

October 24: Vote Smart Forum on November Ballot Propositions
Two distinguished jurists will explain the November ballot propositions at a free presentation on Sunday, at 3 p.m., at the First United Methodist Church.

Justice Steven Z. Perren, Associate Justice of the Court of Appeal, and retired Superior Court Judge Melinda Johnson will provide an informed and unbiased explanation of each of the ballot propositions.

First United Methodist Church is located at 1338 E. Santa Clara St. The program is cosponsored by the Ventura County League of Women Voters.

October 25: On Monday all are invited to enjoy an EAPA benefit concert featuring Contemporary Gospel Recording Artist, Michael McCurtis and friends. Dinner will be served from 5-7pm, and the concert begins at 7 pm. Your generous \$25 donation will be your ticket to a fantastic evening at The Greek at the Harbor, 1583 Spinnaker Dr. You may secure your reservation at www.Donate2EAPA.bbnw.org, or by stopping by the EAPA office at 660 N. Ventura Ave. If you would like to participate in the choir, please send your contact information to tccc.concerts@gmail.com.

October 27: Gold Coast Recycling and Transfer Station has reached an important milestone. Gold Coast has reached its **20th anniversary** of sorting, processing and marketing recyclables.

Please join them for a short program to thank "our recycling partners" with a taco bar lunch and cake to follow.

Gold Coast Recycling & Transfer Station, 5275 Colt St., Ventura
RSVP to 647-1414 or email nanodrake@aol.com by Friday, October 22

New Music Outdoor Lounge Series at the Ventura Harbor Village - Sundays - Noon to 3 p.m. Enjoy the sounds of new up and coming bands. Perfect way to start a

Community Events

Sunday or unwind from Saturday night for coffee, lunch and live music at the Village stage. Admission is free.

October 28: Art Night in the Harbor 4-7 p.m. Live demonstrations, meet and greets with the artists, live music, culinary specials, public art projects and more! Join in an evening of celebrating local artists and Harbor Village galleries.

October 29: Concert & Cultural Arts Show: Friday 7pm & 9pm (2 shows) Saint Pierre (producer & MC) at Wav Theater/Gallery, 175 S. Ventura Ave, Downtown Ventura (free parking corner Ventura Ave & Thompson Blvd). Featuring Champagne Sunday (rock show for all ages) + 10 performers. Art exhibit by Bob DeBris plus "Arts In The Park" youth competition winners. Doors, dinner, and beverages open 6pm. Ticket donation to benefit WAV Theater Gallery projects. \$10 advance, \$12.50 at door or both shows \$15 advance, \$20 at the door. Call 479-4000 or go to WAVartists.com

October 31: Pirate Pumpkins at Ventura Harbor Village, Sunday at noon.

Arrgh matey! Bring ye own pumpkins to decorate as a pirate. First 100 kids will receive a pirate decorating kit. Ride the haunted Village Carousel and listen to live music with the Shoemaker Brothers. Admission is free.

October 31: The Ventura County Italian Club invites speakers and non speakers of Italian to its once a month gathering, at 2pm. You must reserve your space with Spasso Cucina Italiana, 1140 Seaward Ave. at 643-2777. The gatherings are a unique opportunity to socialize with other lovers of Italian language and culture in a convivial and tasty environment. No fees, just friendly exchanges.

For further information call Dr. Mari-carmen Ohara at 620-0449.

November 3: The Beach Cities Neighbors and Newcomers Club, (BCNN) is a group of active women of all ages who live in Ventura, Oxnard, or Port Hueneme and enjoy activities such as hiking, golf, dining, wine outings, reading, biking, etc.

For more information, please attend their monthly meeting at 9:30 at The Greek Restaurant. No charge for meetings. Coffee or tea is available at a nominal charge of \$1.00.

Guest Speaker: Doug Haines, Anti terrorism specialist

Ojai events

Full Moon Community Meditation in the Solar Month of Libra, **Fri. Oct 22**, at 6pm.

You are invited to participate in this joyous act of celebration and service at the time of the Full Moon in the solar month of Libra to invoke, anchor and distribute blessings to our world. Please join in this group meditation for humanity.

For reference, the exact time of the full moon is Friday, Oct. 22 @ 6:38pm PDT. Your generous donations are appreciated.

Meditation Mount, 10340 Reeves Rd, Ojai 646-5508 www.meditationmount.org

On **Sunday, Oct. 31**, the Ojai Film Society will screen the documentary, **Joan Rivers: A Piece of Work**, covering one year in the life of the busy and tireless comedian at age 75.

Joan Rivers: A Piece of Work
USA 2010 1 hr., 24 min. Rated R
Sunday, Oct. 31, 4:30 pm
Ojai Playhouse, 145 E Ojai Ave

Tickets: \$10 for general admission; \$7 for seniors (65 yrs. and older) and students (with full-time student ID); FREE for Ojai Film Society 2010 Subscribers.

Ventura Automotive Complete Repair and Service Gold Shield & Test Only Station



\$39.95

Smog Check, Certificate Extra (Most Vehicles) In & Out Quickly!
Change ownership, test only, out of state, gross polluters, bi-annual inspections. Must present Coupon Expires 11/30/10



Import and Domestic. We certify diesel trucks. Emergency Service 24/7
657.8341 866.304.2957

Specializing in:

- Alternator and starter
- Battery, wiring, lights and radio
- Body and hardware
- Body electrical
- Brakes and wheels
- Cooling
- Cruise control
- Drive shaft and axles
- Engine
- Flywheel, clutch and gearshift
- Front suspension
- Fuel and exhaust
- Heat and air conditioning
- Rear suspension
- Steering gear, linkage and pumps
- Transmission
- Tune-up and emissions
- Window motors and regulators only

Open Seven days 8am to 7pm and Sundays too!
500 N. Ventura Avenue, Ventura
648.5262/218.9846
vtaautorepair.com

Sponsored by Bail Bond Services of Ventura and Santa Barbara Counties 877.774.BAIL

Contemporary Gospel Artist

Michael McCurtis In Concert!

The Greek at the Harbor, 1583 Spinnaker Dr., Ste. 101, Ventura

Join us for dinner from 5:00-7:00 p.m., Concert begins at 7:00 p.m. Your generous \$25 donation supports E.A.P.A. (Employment Aptitude and Placement Association). Your canned food donations supporting Total Life Outreach & FOODShare recipients are appreciated. You may reserve your space online, <http://www.Donate2EAPA.bbnw.org> or stop by the EAPA office to obtain your ticket(s).

660 Ventura Ave., Ventura
For more information: 805.648.5868
tlcc.concerts@gmail.com
Or DaLoria @ 626.590.9368



We are also looking for Community Choir participants. Rehearsal will be Saturday, October 23 from 12noon -2:00p.m. at Total Life Christian Center, 660 Ventura Ave., Ventura. If you desire to be a sponsor, please contact us today.

Victorian Holiday Boutique At The Dudley House

Celebrate the spirit of holiday's past at Ventura's historic Dudley House. This unique event, held over three weekends, will feature:

- High-quality crafts
- Home decorating items
- Antiques and collectibles
- Home-made candies
- Tearoom with Silent auction, refreshments, bargain items & kids' crafts table

Place: Historic Dudley House, corner of Loma Vista and Ashwood Street in Ventura.

Dates: Nov. 26, 27, 28; Dec. 3, 4, 5; Dec. 10, 11, 12

Time: 10am to 6pm

Flea market on the grounds every Sunday during the Boutique, 9 - 4pm

Bring in this ad for a free cookie in our Tearoom. One per customer, please!



Kitchen Places Remodels Ventura



Showroom:
4125 Market Street, #1, Ventura
805-658-0440

Your place is our passion!
KitchenPlacesVentura.com
(805) 748-8881

FILMORE & WESTERN RAILROAD CO. HOME OF "THE MOVIE TRAINS"

PUMPKIN TRAINERS
Saturday & Sunday Departures 10am 12pm 2pm
Find "your" perfect pumpkin at "Ichabog", private pumpkin patch with Hayrides, a Carousel, face painting, BBQ & more
Adults: \$19 Youth 4-12: \$12 Child 2-3: \$10
HEADLESS HORSEMAN FAMILY DINNER TRAIN
October 27, 28 & 29 Depart 7:00pm Return 10:00pm
Enjoy a BBQ dinner on the ride to our private Pumpkin Patch, then search for the Headless Horseman.
Adults \$47 Youth 4-12 \$32 Children 2-3 \$24
MURDER MYSTERY DINNER TRAIN BRIGHT NIGHT
October 31 & 41 Depart 6:00pm Return 9:00pm
Meet your favorite Halloween monsters amidst murder and murder. Full bar available on board. Adults 18+ \$69.99 per person

Christmas Trains Begin November 27
CHRISTMAS TREE TRAINS
Saturday and Sunday 10am OR 2pm
NORTH POLE EXPRESS
Wed through Sun 8pm OR 7:30pm
DINNER WITH SANTA
Friday Dec 10 & 17 5:30pm

800-773-8724 www.fwry.com 805-524-2546

**Laura O'Connor:**

"I like that it's a family-oriented, local happening newspaper and SCAMP is adorable!"

Maria Finney:

"Congrats on three years - that's quite an accomplishment. I love the name Ventura BREEZE."

Leslie Carson:

"I'm a huge fan of the Boys & Girls Club and it's great to see The BREEZE support so many local, humanitarian organizations. Thank you."

**Abby:**

"Scamp, I look forward to seeing your photo in every issue - will you marry me? How about we meet at one of Ventura's dog parks. I'll be the Havanese panting in the corner."

Scamp: I'm sorry but I'm too famous to ever settle down, just too many woman chasing me

As the Breeze celebrates our third year what do you think of the paper?

by Karlene Lang

**Russell Barbetti:**

"Thank you for three years of covering local news. I read it at work ALL THE TIME."

**Penny Barnds:**

"I just LOVE the BREEZE; I pick it up every time I see it. Our store runs out of every issue - that's success."

**Suzette Privitelli:**

"LOVE THE BREEZE - it's quick and easy local news. Congrats on three years and keep it coming."

**Gerry Escallier:**

"Thanks Sheldon and staff for your efforts to cover local events with a down-home perspective."

**Diane Koranda**

(CEO - Boys & Girls Club of Ventura)

"We really, really appreciate you and the Breeze for covering so many community events. The Breeze has been so generous with publicity for the Boys & Girls Club of Ventura - thank you. It's been a GREAT experience and we at the club wish you and your staff many, many more years of success!"

**Shirley Smithro:**

"It's great to have such a POSITIVE, local newspaper highlighting groups like the Assistance League - thank you."

Gene Pitman:

"We're so glad the BREEZE is interested in Ventura's thrift stores, know the regulations, visit and support them - especially the Assistance League of Ventura County's Bargain Box - you've been great to us."

Betty Phillips:

"You're celebrating your third year and we're celebrating our 60th year - CONGRATULATIONS TO EVERYONE!"

**Darcia Garza:**

"I like the fact that all BREEZE reporters are local and genuinely write with care and concern about Ventura's growth and pursuit of community values."

Becky Caron:

"Heck, I'm excited about FINALLY having a true local paper - thank you."

Art Scene



The heart of the artist

Julie Merrill

by Emily Thiroux

Julie Merrill is a water color artist who loves to have fun! I had the opportunity to sit in on the final session of a beginning water color class, and I admit; I had fun. I couldn't help it. The class was held at Sea Breeze Studios on Laurel. To enter the classroom, I walked through Studio 255 at the front of the building. The gallery is a nice size and the shows change every month.

Julie loves her students and she told me how she keeps in touch with them by email to let them know about new paint colors she has discovered or about new opportunities to take classes. Her enthusiasm bubbles over as she describes the Travel Journal class that will be held on October 31 from 1 to 4 PM. Julie loves

to travel, and she takes small water color books with her so that she can record her trip with little paintings and notes about her experiences. I thumbed through her journal about Greece and it made me want to go. It also made me rethink how I journal on trips. I love the enhancement of the little painting of things she enjoyed from beautiful buildings to food. Julie spent much time as a colorist for Patagonia, and when she was finished with that job, she started studying painting with Cathy Quiel in Santa Barbara in their adult education program. Cathy became her mentor and muse. Cathy's work is stunning. Cathy appreciated Julie's passion for painting and encouraged her to teach.

Now Julie Teaches at Sea Breeze Studios and at Ventura Creates. I was so impressed with what her students did with only 4 weeks of classes. Debra Alderson is one of her students. While Debra is an accomplished artist, she was new to watercolor. While I was there, she completed two paintings: one of a nude woman and the other was a rural scene. The work was beautiful, and all this after only 4 weeks of class!

Neva Felino painted a lovely picture of geraniums by an outside window, Cheryl Peckham painted a scene of waterside buildings, and Charlotte Lucero painted a yellow car for her husband. The style of each student was reflected in her work, and had I not been told, I never would have guessed they were beginning students!

While I was there, they encouraged me to pick up a brush, so I learned how to paint textures with watercolors right along with them. I learned how to paint with instant coffee to make a shiny top-

ping for an ice cream sundae. I learned how to blow air through a straw onto a pool of paint to make interesting shapes. And my favorite was painting a flower by drawing an outline with a very fine water color pen and filling it in with blue paint. Julie is offering classes in November and December at Sea Breeze and Ventura Creates. One class is how to paint greeting

cards, a great idea for the holidays!

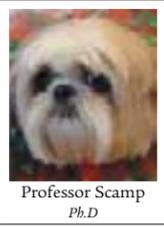
I hope you'll introduce me to artists you want to learn more about. Contact me through Facebook at The Heart of the Artist. Or email me at emily@theheartoftheartist. And I hope that you'll read my blog and support the artists I feature. <http://www.theheartoftheartist.com/category/Blog/>



Kathy Ikerd's solo exhibition "Garden Party" will be at the Buenaventura Gallery from October 12 to November 6 with an opening reception on Saturday, October 16 from 4-7pm. The Buenaventura Gallery is located at 700 E. Santa Clara St. Hours are Tues thru Friday from 12 - 5 pm and Saturday from 11 am to 5 pm.

Professor Scamp, Ph.D

(Pretty Happy Dog)

Professor Scamp
Ph.D

■ On our third anniversary I would like to again thank my many avid readers, hearing from you regarding my column has brought me much enjoyment (and treats).

I also want to thank my publisher for hiring an inexperienced writer like me 3 years ago confident that I would become a great writer. I knew that my degree from Furry State would come in handy one day. I know that he gets jealous sometimes when he goes to an event and the first question is "Where is Scamp."

But I still only get paid with dog treats. When does the money start rolling in, there I things that I want to buy?

Being world famous really embarrasses me sometimes.

Just the other day I was waking on the pier and a couple stopped to pet me and she said that I looked like the dog in the Breeze. When I told her that I was the dog in the Breeze she exclaimed "Oh my gosh, you're a celebrity. I wish that my dog was with me so that he could meet you."

You could meet me whenever you wish just email me scampclub@venturabreeze.com and we can get together for a sniff.

Imagine me a celebrity, go figure.

■ To continue with my questions to my friend Diana Edwards, APDT, professional dog trainer, I asked her the following:

Scamp: Diana, I love to ask (some think that it is begging) for people food at the kitchen table (I do it very politely and sit down) and pretty much get away with it too.

My buddies (especially him) just can't resist my big brown sad eyes staring at him while he's munching on granola in the morning or chewing on his seasoned pot roast at night. Although this seems all tasty and good for me, it doesn't always make me feel all that good. When friends come over they call it "bad behavior" from me. I don't understand that I'm just trying to get a few snacks.

Diana: Well, first of all it's not bad behavior on your part, it's trained behavior. It is behavior rewarded by your friend with food. Also many human foods can cause harm to dogs especially in the long term and some can cause health problems even in the short term. So Scamp in the next Breeze issue I will have a list of foods you must avoid. You will see that your break-

fast granola and homemade seasoned pot roast made the "avoid list".

Pet parents must remember that by giving in to a begging dog they are setting you up for years of repetitive behavior. It may be cute at first, but eventually it can become annoying.

The pack has its hierarchy and the human is the Alpha. So at dinner time it's important in the dog's mind that his rank is established in the pack. Dogs that beg, may not know their position or may be trying to move up in the rank, since the top dog always eats first, and the lowest member eats last. Sometimes this behavior if left unchecked can escalate quickly into crying, whimpering, barking and even growling or other attention seeking behaviors. If they never give in they should never have a problem.

Now for you pet parents if there are "leftovers", let's say unseasoned foods that are not on the "avoid list", and you wish to give it to your 4-legged friend, you may do so by "offering" it on your terms. However, after you have had your meal and cleared the table. Give him come-sit command (yes, he must work for food) and then reward him by placing the healthy table scraps in his food bowl where he normally eats. This way you will still be in charge, be top dog in the rank and have a healthy, well balanced and behaved dog. Please be advised never to substitute any type of human food with your dog's nutritional dog food which is specifically designed to meet your dogs needs. Always consult your veterinarian for which food is best for your particular dog.

Scamp: Thanks Diana but I know my position in the pack, I am KING.

If you have a "begging dog" at you kitchen table and need advice please call Diana or email her at diana@bestinpetcare.com. Diana Edwards lives in Ventura her phone number is 253-0323.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself, including your address, to Scampclub@venturabreeze.com. You will be in the Breeze and receive a Scampclub Card.

Dog to Adopt



Hi:

I'm Paisley an affectionate and playful 3 year old female Jack Russell Terrier/Pit Bull mix. I'm an active dog who needs a home with no cats and children in the home that are 6 years or older. I'm house and crate trained, know how to use a doggie door and I'll even let you know when I have to go out. If you already have a dog

in the home, bring him/her so we

can meet. I've been to obedience training and I know sit, stay, come when called and walk well on a leash. I love to play catch, hike, go walking, running and swimming.

I'm in need of a foster home as well as a permanent home. If you are interested in fostering call the Adoption Center at 644-PETS(7387).

The Canine Adoption & Rescue League, Sam's Place
3203 East Main St., Ventura, 644-PETS (7387)

www.carlvc.org

Scamp Club

Hi, Scamp:

As I was surfing the net this morning, I came across your blog on Breeze-Edhat. It was so rewarding to read of another literary soul out there. I am new to the area, having been adopted (rescued, as it were, but we won't talk about that) from a breeder north of Seattle who had to pull up stakes (oops, I mean stakes) and move to Virginia.

I'm a retired show dog, but I'm trying to get in touch with my girly wild side.

Regards, Jessie "the Howler" Barnett

Jessie:

If you surf the net and read you may indeed be as smart as me and you have a good sense of humor; I like that in a dog.

I could have been a show dog but it is just too much trouble to prepare Shih Tzu's for shows so I just stay in touch with my wild side so maybe we should get together.

Scamp



Police Reports

by Veronica Johnson

Residential Burglary

On Friday, October 1st, at 6:24 a.m., a resident in the 200 block of Agnus Drive was shocked to find a male subject had broken into his house and was sitting in his living room smoking a cigar and drinking a Ginger Ale from his refrigerator. The victim confronted the suspect, threatening to call the police. The suspect fled the residence.

Officers searched the neighborhood and located the suspect Paul Zubrod, 61 years old and from Oxnard. Zubrod was taken into custody without incident, identified and transported to Ventura County Jail where he was booked. Officers determined Zubrod was recently released from mental health and entered the residence through an open window by removing the screen.

Burglary Arrest

On Thursday, September 30th, at 4:44 p.m., the VPD received a call of a theft of cash from a tip jar that just occurred at Java Joes. A witness reported seeing the suspect enter the business, take the cash from the tip jar, and flee on foot through the parking lot of the Century 10 Theaters.

Officers responded to the area and

saw the suspect walking several blocks away on Bristol Road.

The suspect later identified as Razi-Chavez, 20 years old and from Ventura, was detained and was arrested and booked in VC Jail. The cash he took from the tip jar was found in his possession and returned to the clerk.

Carjacking Arrest

On Sunday, October 3rd, at 3:04 p.m., a VPD officer was in the area of Olive Street and Ramona Avenue and initiated a traffic stop on a vehicle driven by William Tenner, 45 years old, for a minor traffic violation. The vehicle had been reported stolen. Tenner and Richard Green, 50 years old, were detained.

Before the traffic stop was made, Tenner approached the victim, Heather Puckett, 40 years old, in the 100 block of East Ramona Avenue and asked to borrow her car. Tenner threatened to strike the victim with a rock. She turned over the car. Green was not involved in the incident, but he was found to be under the influence and in possession of a controlled substance.

Tenner was booked at VC Jail. Green was booked as well.

Burglary Arrest

On Monday, October 4th, at 12:04 a.m., an officer on patrol was hailed by

the victim. Two suspects, Jedidiah Dailey, 25 years old and from Ventura, and Quisha Edwards, 18 years old, entered the victim's open garage and removed stereo equipment from the victim's vehicle, in the 100 block of West Ramona. The suspects also removed a "pocket bike" motorcycle from the garage and fled on foot.

The officer located the suspects standing in a nearby driveway, conversing with friends. Both suspects denied involvement however a search of back yards revealed the motorcycle hidden behind the porch of a home.

The suspects were transported and booked at VC Jail.

Vehicle Pursuit

On Tuesday, October 5th, at 5:00 p.m., a VPD officer on patrol saw a white Honda sedan speeding in the area of

Crocker and Colton, and attempted to initiate a stop for the traffic violation. The driver refused to stop and was pursued south on Kimball. As the vehicle crossed over the 126 freeway bridge, several items in plastic bags were thrown from the driver's side window.

The driver ran red lights and a stop sign. When the pursuit turned onto Pettit, it was discontinued because of the suspect's reckless driving and a mechanical failure in the officer's vehicle.

Later, officers saw the suspect's vehicle abandoned in the area of Kennebec and San Gabriel.

The suspect has not been identified at this time.

Resisting a Police Officer

On Thursday, October 7th, at 12:13

Continued on page 13

BAIL BONDS

1-877-774-2245 (BAIL) • Toll Free / Gratis

IGNACIO GARCIA BAIL LIC# 1842481

SPONSORED BY VENTURA AUTOMOTIVE 805.648.5262



FREE DELIVERY
509 S. C Street
Oxnard
805.483.5000

FREE DELIVERY
1700 E. Thompson
Ventura
805.648.1070

Monday and Tuesday – Extra Large Pizza, one topping, \$10.99 or Spaghetti, \$4.95

<p style="font-size: 24px; font-weight: bold; color: #00a0e3;">\$18.99</p> <p style="font-size: 10px;">for 2 Medium Pizzas, 2 toppings!</p> <p style="font-size: 12px;">Large BBQ Chicken or Garlic Chicken Alfredo Pizza</p> <p style="font-size: 24px; font-weight: bold; color: #00a0e3;">\$13.99</p>	<p style="font-size: 24px; font-weight: bold; color: #00a0e3;">\$6.95</p> <p style="font-size: 10px;">Medium 1 topping, pick up only.</p> <p style="font-size: 18px; font-weight: bold; color: #00a0e3;">Family Deal</p> <p style="font-size: 10px;">1 Extra Large, 2 toppings & any large salad & 6 chicken wings,</p> <p style="font-size: 24px; font-weight: bold; color: #00a0e3;">\$25.95</p>
--	--

No one can put a price on what good hearing is worth. But in these difficult times, we know it has to be affordable.

“Listen up, California.”

We're all in this economic downturn together, and we'll all get through it together. That's why we're tightening our belts and doing what needs to be done to bring you exceptional hearing solutions that fit the times—and even the tightest budgets.

For instance, right now, we're offering SIEMENS Motion™ digital hearing aids starting from just \$1,421 each. Don't miss out on what life has to offer. Let us help you hear life happening around you, at a price you can live with.

25% OFF

Siemens Motion™ 100

You Pay \$1,421 Each
(everyday retail price \$1,895/each)

25% OFF

Siemens Motion™ 300

You Pay \$1,646 Each
(everyday retail price \$2,195/each)

Coupons not valid with other offers or discounts. Expires 11/30/10

Gold Coast Audiology, Inc.

“Yours for better hearing!” A HearUSA, Inc. Company

Call today to schedule a precision hearing screening:

<p style="font-weight: bold; margin: 0;">OJAI</p> <p style="font-size: 10px; margin: 0;">Ojai Valley Shopping Center 1211 Maricopa Hwy., Suite 109</p> <p style="font-size: 18px; font-weight: bold; margin: 0;">805.633.3023</p>	<p style="font-weight: bold; margin: 0;">VENTURA</p> <p style="font-size: 10px; margin: 0;">3003 Loma Vista Rd., Suite C</p> <p style="font-size: 18px; font-weight: bold; margin: 0;">805.626.3128</p>
---	---

Coast Cart now offers
E-Z-GO® 2Five™
Street-Legal Vehicle
Safe, Convenient, Eco-Inspired
Transportation for the On-the-Go Lifestyle

Come by for our
OPEN HOUSE
10/23 from 10 - 2

1450 East Thompson Blvd
Ventura, CA 93001
Phone: (805) 643-7059
Website: coastcarts.com

Senior Living

The Senior Cone-nection

Disaster preparedness - What seniors need to know - Part 1

by Nanci Cone

After four months of tireless searching, the American Red Cross, Ventura County Chapter has hired Ventura resident James McGee as the new Regional Chief Executive Officer of Ventura County. With a successful career in the health, consumer products, and technology industries, McGee brings a broad range of leadership and business development experience to the CEO position. “I’m excited to bring my talents and experiences to a tremendous organization like the American Red Cross,” said McGee. I’m honored to carry forward a great legacy of providing critical services and support to local families in times of need.”

To that end, Mr. McGee generously spent some time answering questions about what every senior needs to know in the event of a disaster. It’s really important for everyone to follow his recommendations.

NC: When it comes to preparing for disasters, are there special needs for seniors?

JM: Being prepared for disaster will lessen emotional distress during and after an emergency. Everyone can prepare by building a disaster plan with their families, practicing emergency evacuation plans twice a year, replacing smoke alarm batteries at least every year, being aware of how local authorities will notify the community in case of emergency, and planning two options for exiting every room in case of a fire.

Seniors should develop a list of local contacts. They can also connect with local neighborhood emergency response teams, such as Community Emergency Response Team (CERT), neighborhood watch, community block associations, faith-based groups, etc. If available, seniors, especially those with disabilities, should take advantage of advance registration systems for those who need assistance during emergencies in Ventura County.

NC: In the event of a disaster, what do you recommend seniors do - especially those who are disabled?

JM: In the case of a disaster, the most important thing seniors can do is stay calm. Additionally, they should keep support items in a designated place, so they can be found quickly. For those who have home-health caregivers, particularly for those who are bed-bound, it is essential to have an alternate plan if the home-health caregiver cannot make it to help them. In advance, seniors or their caregivers should provide their power company with a list of all power-dependent life support equipment required by family members. Additionally, they should develop a contingency plan that includes an alternate power source for the equipment or relocating the senior themselves.

Here are some helpful tips for seniors when they have to evacuate their homes:

- Wear appropriate clothing and sturdy shoes.
- Take your disaster supply kit including 7 day supply of medication and clear instructions on medical details.
- Lock your home before leaving.
- Use specified travel routes.
- Notify Red Cross shelter authorities of special needs upon your arrival.
- Let an out of town contact know when you’re leaving your home and your destination.

CYPRESS PLACE

SENIOR LIVING

Independent Living • Assisted Living • Memory Care

2011 EVENTS

JOIN CYPRESS PLACE FOR A YEAR FULL OF FUN!

<p style="font-weight: bold; margin: 0;">JANUARY 26</p> <p style="font-weight: bold; margin: 0;">Health & Wealth Expo.</p> <p style="font-size: 8px; margin: 0;">11:00am - 1:00pm</p>	<p style="font-weight: bold; margin: 0;">MARCH 23</p> <p style="font-weight: bold; margin: 0;">Seniors Gone Wired</p> <p style="font-size: 8px; margin: 0;">10:00am - 4:00pm</p>	<p style="font-weight: bold; margin: 0;">MAY 7</p> <p style="font-weight: bold; margin: 0;">Cinco de Mayo</p> <p style="font-size: 8px; margin: 0;">11:00am - 2:00pm</p>
<p style="font-weight: bold; margin: 0;">JUNE 30</p> <p style="font-weight: bold; margin: 0;">Salute to Our Veterans</p> <p style="font-size: 8px; margin: 0;">11:00am</p>	<p style="font-weight: bold; margin: 0;">AUGUST 24</p> <p style="font-weight: bold; margin: 0;">A Taste of Cypress Classic Car Show & 50's Party</p> <p style="font-size: 8px; margin: 0;">5:30 - 7:30pm</p>	<p style="font-weight: bold; margin: 0;">OCTOBER 15</p> <p style="font-weight: bold; margin: 0;">Country Hoe Down</p> <p style="font-size: 8px; margin: 0;">12:00 - 2:00pm</p>
<p style="font-weight: bold; margin: 0;">NOVEMBER</p> <p style="font-weight: bold; margin: 0;">Thanksgiving Celebration</p> <p style="font-size: 8px; margin: 0;">Exclusive to Cypress Place Residents</p>	<p style="font-weight: bold; margin: 0;">DECEMBER</p> <p style="font-weight: bold; margin: 0;">Holiday Dance & Dinner</p> <p style="font-size: 8px; margin: 0;">Exclusive to Cypress Place Residents</p>	

1200 & 1220 Cypress Point Lane, Ventura, CA 93003 (805) 650-8000
License# 565801008

Police reports

Continued from page 11

p.m., officers responded to a call of a disturbance on a Gold Coast Transit bus at the Bus Depot adjacent to the Pacific View Mall. The suspect, Kelvin Blair, 49 years old and from Port Hueneme, was reportedly armed with a metal bar. He also broke a rearview mirror.

Officers found Blair in the 2800 block of East Main Street. Blair was in possession of a metal pipe. He eventually dropped the pipe, but took a fighting stance. Officers forcibly took him to the ground. Blair grabbed two of the officer's firearms. A fourth officer deployed his taser on Blair, which had no affect. Officers placed Blair under arrest.

One officer was treated at VCMC. Blair was transported to VCMC for a medical clearance and was booked at VC Jail.

Power Lines Down

On Sunday, October 10th, at 10:00 a.m., VC Fire responded to reports of an explosion heard in the area of Estates and Telegraph Road near Ventura College. Ventura Fire units responded to discover live power lines down across Telegraph Road just west of Kimball Road. Firefighters worked with Edison to turn off the electricity and then extinguish a fire in an orchard.

Firefighters on the east end of Ventura responded to an elderly care facility that had been impacted by the power outage. Firefighters were alerted that an elderly female had fallen ill because her oxygen machine had stopped working due to the outage and another resident was complaining of symptoms related to a stroke.

The cause is still being investigated by Edison.

Residential Burglary

On Sunday, October 10th, at 8:48 a.m., VPD officers responded to the 5200 block of Lafayette Street for a report of a subject breaking into a residence. A VPD employee noticed a white male subject, in his twenties, emerge from the backyard of the home carrying property. The suspect was met by a green Ford sedan and put the property into the vehicle. A male look-out exited the vehicle and a female driver, with brown hair, stayed inside the car. The lookout noticed the reporting party. Both suspects ran back to the getaway vehicle and fled the area.

Officers checked the residence and surrounding area, but were unable to locate the suspects or vehicle. The suspect entered the residence by prying open the front door; the resident, Joseph Duprie, 65 years old, was not home during the incident.

Harbor Patrol Blotter

A little of what the Harbor Patrol tends to

9-13: 2:30 p.m. VIM reports a hit and run boating accident involving an inflatable. Patrol responded, intercepted the vessel at the Harbor Entrance and directed the

boat back to VIM.

9-17: 7:15 a.m. Beachcombers notified Patrol that there were a lot of dead fish and frogs on the beach. Patrol observed that the Santa Clara River has breached its berm, which explains the situation.

9-18: 3:30 a.m. The owner of the Village Market advised the Dockmaster that the Market was broken into a 2:34 a.m. PD had taken the report and looked at surveillance footage of the suspect. Ten cartons of cigarettes were stolen.

9-19: 1:32 p.m. A sailboat involved in the Ventura Cup reported a medical emergency on board. Patrol responded. Upon arrival, the patient was in full arrest. An ER doctor and a nurse were on board. Patrol requested AMR and Fire respond and transported them to the scene. The patient was transferred to the Patrol vessel, taken to land, and transported to the hospital by ambulance.

9-29: 6:00 a.m. Patrol observed that a vessel that had been at the Patrol dock for because its owner had not paid slip fees was submerged under suspicious circumstances.

-2:40 p.m. The sunk vessel was floated and removed from the water to Anchors Way Boatyard.

-3:15 p.m. Patrol responded to a report of domestic violence and a minor traffic accident at Harbor Cove. Upon arrival, several PD units were in the area. They arrested the suspect for prior warrants.

10-2: -8:03 a.m. Maintenance reports a suspicious vehicle at Harbor Village. Investigation determined that the vehicle had been stolen from Oxnard. Patrol notified PD, who handed the rest of the incident.

The good, bad and the ugly

Continued from page 3

THE BAD

Amazingly enough there really hasn't been much that would qualify as bad.

Working harder than I thought, perhaps, but the satisfaction of what the paper has become and my many new friends more than compensates for that.

My daughter, and co-founder, Staci moving to Denver.

A few funny things regarding our delivery people. One had her foot run over in a parking lot, nothing serious. It was a doctor that did it, so he drove her to CMH to get an x-ray, which was negative.

And another delivery person got a ticket for riding his skateboard downtown (our police department hard at work). Another serious criminal act by the Breeze.

A few events where I had to wear a tie.

And, maybe the worst is when it is raining on delivery day.

AND THE UGLY



DUI SAFE

Breath analysis is the most common method of testing for blood alcohol content in use today. Personal breathalyzers estimate the concentration of alcohol in the body by measuring the amount of alcohol exhaled from the lungs.

Breath alcohol tests are proven, reliable, efficient and helpful.

Having the correct information is so vitally important when making the dangerous and potentially expensive decision to drive after a few drinks.

BLOOD ALCOHOL LEVEL BREATHALYZER FEATURES:

- Backlit digital display with audible alert
- High accuracy
- Three convertible units: %BAC, %eBAC, mg/L
- Auto power off
- Uses 2 x AAA alkaline batteries (not included)

AVAILABLE FROM MRC INC.
(805) 382-0325
 120 Simi Ave., Oxnard, CA 93035
 Visit WWW.MRCFOODSERVICE.COM to order

The future is now.

Comment on articles, submit stories and photos, chat online, or just check it all out. Come visit us!

www.venturabreeze.com

Yolies Fresh Mexican Grill

Happy Hours Monday to Friday 4 to 7pm

Mon-Thur 11am to 9pm
 Fri-Sat 11am to 10pm
 Sunday 10am to 9pm

Live Music Friday Nights

Buy 1 entree & 2 soft drinks, get 2nd entree 50% off (same or lesser value) Expires 11/30/10

138 W. Main St., Ventura 805.652.0338 Across from Vons

SILHOUETTES SALON A Full Service Salon
 Ventura Harbor Village

1591 Spinnaker Dr., #117B, Ventura
 805.650.9014

Cuts For The Cure

Sun Oct. 24 • 10am-5pm

Book now for your appointments!

Free Refreshments

Haircuts (Women Or Men) \$15

Brow Or Lip Wax \$7

Nail Polish Change (Hands Or Feet) \$7

Chair Massage \$1/Min

100% OF THE PROCEEDS GO TO

MAKING STRIDES Against Breast Cancer

American Cancer Society

WIN! YOUR CHOICE OF A BRAND NEW CAR! FOR ONLY \$50

ONLY 1,000 TICKETS WILL BE SOLD!!!

2010 Honda Civic EX-L Sedan
 2011 Toyota Camry LE 4 Cylinder
 2010 Ford Mustang V6 Coupe
 2010 Chevy Malibu LT

CAR RAFFLE @ THE VENTURA CHAMBER'S TABLETOP EXPO
THURS., OCT. 28, 2010 | 4:30PM - 7:30PM | Car Raffle @ 6:30PM
 FOUR POINTS SHERATON | 1050 Schooner Drive, Ventura | (WINNERS NEED NOT BE PRESENT TO WIN)

BUY YOUR TICKETS NOW!!
(805) 676-7500
WWW.VENTURACHAMBER.COM



School



DeAnza Academy of Technology and the Arts (formerly DeAnza Middle School) will receive two and a half million dollars over the next three years as the recipient of a federal magnet grant.

Ventura USD receives magnet school grant

by Tim Pompey

The Ventura Unified School District will receive \$850,000 a year for three years for a total of \$2,550,000 as part of \$100 million in magnet school grants being awarded by U.S. Secretary of Education Arne Duncan to school districts in 15 states. The money will help fund an academy for technology and the arts at DeAnza Middle School. Ventura Unified is one of 36 School Districts in the United States to receive this Magnet Schools Assistance Program (MSAP) Grant.

While the District has other magnet schools established at Mound Elementary and Foothill High School, DeAnza is the first magnet school to be funded through a federal grant.

Federally funded magnet schools, which were born out of the civil rights movement, are designed around a common series of curriculum themes. Magnet grants are used to encourage an alternative form of voluntary desegregation.

According to Jeff Chancer, Assistant Superintendent for Educational Services, the District applied for the grant to bolster DeAnza's sinking attendance and to improve the schools' ethnic diversity. "Six years ago," Chancer says, "DeAnza had 800 students. Last year we were down to less than 500 and the school was 91% Hispanic, which didn't mirror the surrounding community."

Why the downturn in attendance? According to Chancer, parents believed that, by transferring their children to schools like Anacapa and Cabrillo, they would receive a better education. The District is using their magnet grant to do

extensive community outreach and overcome this misperception.

Chancer states that the District did surveys and research in the local community before applying for the grant: "We went out into the community and asked: What should we do? Through working with them, the feedback we received was that they wanted a school of technology."

Starting this school year, DeAnza Middle School is officially called DeAnza Academy of Technology and the Arts (DATA). All enrolled students receive a small Netbook (PC based). DeAnza's curriculum will focus on using technology in all areas of the curriculum, including the visual and performing arts and world languages.

Chancer believes this approach benefits students who might otherwise lack opportunity to learn new technologies: "I think having technology equalizes the playing field for a lot of children." Teachers have also received extensive training in new technologies. As an example, each teacher at DeAnza now has their own school site web page.

While students at other middle schools in the District are subject to boundary restrictions, DeAnza now has an open enrollment policy. Students from anywhere in the city are free to attend. To this end, Chancer and the District are actively recruiting potential sixth graders: "Our principal (Anne Roundy-Harter) is going out to schools to inform students and parents about what they get."

So far, according to Chancer, the

outcomes look positive. Enrollment at DeAnza increased this year by 80 students. Its ethnic distribution last year was 91% Latino. This year it is currently about 88%.

In addition, the District hopes that by 2013 the ethnic breakdown at DeAnza will be within 10% of the overall District distribution (40% Latino, 45% White). Chancer is also optimistic that within the next three years enrollment numbers for DeAnza, Anacapa, Balboa, and Cabrillo will be more evenly distributed.

For more information about DeAnza Academy, Chancer encourages parents to contact Principal Anne Roundy-Harter at 641-5165.

Youth Foothill Technology High School to rally to be heard

The voices being heard throughout America belong to far left Democrats or the far right conservatives. Who is listening to moderate America, the middle people, the 70% of people?

High school teenagers from Foothill Technology High School lead by Sukhpreet Bains will be rallying at the Ventura County Government Center by mocking The Daily Show's Rally To Restore Sanity.

High school senior, Sukhpreet Bains said, "We can't be in DC, so a friend and I thought why not make it happen here?" As midterm elections are coming up and the tension between Republicans and Democrats rises, moderate America's views, beliefs, and voices are being swallowed up. "We want to be heard and this is what the rally's purpose is," says Sukhpreet.

The Rally to Restore Sanity will be held on October 30 from 12 to 3pm and Sukhpreet encourages teens and families to participate and have their voices be heard. "You have your right to be heard, so join us on October 30," says Sukhpreet.

Religion Temple Beth Torah

Temple Beth Torah, Temple Ner Ami and the Jewish Federation of Ventura County will join together in sponsoring A Global Day of Jewish Learning, a day to study Talmud along with over 150 communities throughout the United States and world. This has been inspired by the completion of the English translation of Talmud (seminal work of Jewish thought) by Adin Steinsaltz. This extra special day will be held at Temple Beth Torah, 7620 Foothill Road, Ventura from 9:30-12 on Sunday, November 7. Registration begins

at 9:15.

The program will offer a great opportunity for study. It will begin with five local rabbis sharing their favorite Talmud stories. These include Rabbi Lisa Hochberg-Miller of Temple Beth Torah, Rabbi Michael Lotker of Temple Ner Ami, Rabbi Gershon Winkler, Rabbi John Sherwood and, Rabbi Alan Henkin, who will teach on five different topics: miracles, prayer, tzedakah, love and leadership. Each participant will have the opportunity to study with 2 of the rabbis.

There is no cost for this morning of learning and participants don't need to read Hebrew. Those interested need to register by November 1, so that there will be enough seats by calling 647-4181 x34. Donations for the "Lone Soldier" Fund, which helps provide supplies to Israeli soldiers, will be collected.

For those with young children, we will be offering a special program in collaboration with the PJ Library beginning at 10:00 a.m. Young families attending the program should bring a can of food for donation to Food Share.

The Breeze welcomes event information from all religions, please mail your event information to events@venturabreeze.com

Cooking



Donna's Dishes

by Donna Mac Bride

For all you foodies out there, I've started a new recipe column based on home cooking by local Ventura cooks. We'll emphasize entree's or side dishes, salads for now. Just send me your simple recipe ideas to Vtafoodie@yahoo.com include name, and picture if you like. Open to Ventura residents only. Share what works for your family and friends.

Broccoli Salad

submitted by Venturan Anne Hooper

This fresh chopped salad is just the crunch and taste to compliment any meal or as she offered it in a potluck.

3 sm. broccoli heads, chopped fine

(1/2 inch)

1 c. raisins

7 stalks green onions, chopped fine

1/2 c. Hormel bacon bits or your own chopped fine

Put all above ingredients in a bowl and stir. Add 1 cup of mayonnaise.

Separately, in a small saucepan add 2 T. vinegar and 1/4 c. sugar cooking only to dissolve sugar. Add to salad and refrigerate 2 hrs. or overnight.

Horseracing

Live via Satellite

The
DERBY CLUB
AT VENTURA COUNTY FAIRGROUNDS

Pari-Mutuel Wagering with
Instant Payoffs at Track Odds

10 W. Harbor Blvd., Ventura

(805) 653-2533

www.venturacountyfair.org/derby

·Free Admission and Parking
Wednesdays & Thursdays

·Full Service Bars and Restaurant

·Must be 18+ to enter

Bring a Friend to the Derby Club for free.

Buy one admission & present this ad, your friend gets in FREE!



The future is now.

Get the low down on the Ventura
Art Scene every day.
Come visit us!

www.venturabreeze.com

Health



On one of her recent shows Dr. Bunny was the host to mother-daughter Solange Daggett and Monique Daggett. Sheldon just had a good time hanging out with these 3 lovely ladies.

Take a deep breath and de-stress

by Dr. Bunny Vreeland

Deadlines. Irritating coworkers. Crying children. Sick parents. A grouchy spouse. Heavy traffic. Increasing food prices. Economic turmoil. A country at war.

There is no shortage of things that could cause you stress.

And, excessive stress is just plain bad for you. According to the Mayo Clinic, stress can cause a whole host of health issues, from back pain to forgetfulness... sleep problems to overeating... high blood pressure to heart disease... and much more. It can also decrease your immune system, making you more susceptible to illness.

It's not rocket science to understand that you should take specific action to limit the stress in your life. But since you can't eliminate every stressor, you should also take action to prevent stress from affecting your health.

Exercise is one of your primary weapons against stress. Most of us firsthand how many health benefits exercise can offer. Sure, exercise burns calories and builds muscle. But it can also help lower blood pressure... protect against serious diseases like heart disease and even cancer... and relieve stress. Studies also show that regular exercise can help keep your immune system strong.

The next total body health improvement technique you might consider is changing your diet. Eating healthy fats and lean proteins... cutting carbohydrates... and filling your plate with lots of fruits and veggies can help trim your waistline AND reduce your stress levels.

Health expert Craig Ballantyne reported that Australian researchers studied the effect of diet on stress. They concluded that subjects who changed their diets and lost weight were able to help control their blood pressure better during times of stress. "[The reduction in blood pressure] is likely to lower the risk of cardiovascular disease in the long term," writes Craig.

But besides diet and exercise, I'd like you to consider another technique that can help improve your total mind and body health.

You've heard of it before. It has been proven to help boost your immune system. But it doesn't cost a single penny. And it only takes a few minutes of your time each day. In fact, I personally use this method to help keep myself fit, happy, and healthy all year round.

I'm talking about meditation.

There is tons of research and information about how effective meditation is when it comes to improving your total health. Some research suggests that meditation can help improve binge eating, cancer, depression, fatigue, heart disease, and sleep problems, according to the Mayo Clinic.

But it is widely known for its ability to reduce stress.

"To adequately protect ourselves against stress," says Dr. Herbert Benson, president emeritus of the Benson-Henry Institute for Mind/Body Medicine at Massachusetts General Hospital. "We should use an approach and a technique that we believe evokes the relaxation response 20 minutes, once a day."

An other way to relax and distress is by putting yourself into a state of self hypnosis, that's when you add meditation and suggestion together. An easy way to handle stress. To get you started, go to my Website and download my free SRS. www.BunnyVreeland.com.

Dr. Bunny Vreeland – Board certified, clinical Hypnotherapist

Host – "The Dr. Bunny Show - Here's the Thing" KKZZ 1400 AM M-F, 3-4 PM

Host – "Lighten Up With Dr. Bunny" KADYTV.com

Bunny@bunnyvreeland.com

CMHS helping the community

Cardiovascular disease, the No. 1 cause of death in women, will be the focus of a free seminar the Community Memorial Health System is holding on Tuesday, Oct. 26.

Cardiologist Alon A. Steinberg, M.D., who has a special interest in preventive cardiology and cardiac imaging, will lead the "Women and Heart Disease" seminar that will be held from 6 to 8 p.m. in the eighth-floor Nichols Auditorium at Community Memorial Hospital, 147 Brent St. in Ventura.

Admission is free, but space is limited, so reservations are suggested. Call 652-5436, or visit www.cmhshealth.org.

Run/walk to benefit Ventura's mentally ill

On October 23, the Bob Benedetto Memorial Scholarship Fund will hold its Eighth Annual 5K Run/Walk. The race is a 3.1-mile loop starting at San Buenaventura State Beach. All ages and abilities are welcome! Water and refreshments will be provided. Registration begins at 8 a.m., and the race begins at 9 a.m. Cash prizes and gift certificates are awarded to the men and women overall winners.

This race supports causes for the mentally ill and professional social worker education.

The Fund was created in memory of Bob Benedetto, a Ventura County social worker who dedicated his professional and personal life to improving the lives of mentally ill persons. The Fund is operated under the auspices of the Ventura County Community Foundation (501C3), and donations are tax deductible. Proceeds are used to fund grants for agencies that work with mental health clients and for scholarships for social work students planning to work in the mental health field.

The registration fee is \$25. Youths 12 years and younger may participate free! Send applications and checks payable to Bob Benedetto Memorial Fund, (mail to same at) 260 Maple Court, #101, Ventura Ca. 93003-3512.

Registration is available on line at www.active.com or applications can be requested by calling 644-1831.

Business

ICI Paint Store now Glidden

by Sheli Ellsworth

The ICI Dulux Paint Store located at 4115 E. Main Street is now a Glidden Professional Center. The parent coatings company of both ICI and Glidden—Amsterdam based AkzoNobel—is launching a professional line of paint under its Glidden brand. According to the company's press release, the new paint was designed after extensive market research to meet the needs of the professional paint market. "We listened to customers from all segments of the commercial market—contractors, architects, specifiers, facility owners and managers—and have acted on what we have learned," said Harris Cloutier, vice president, Glidden.

The Professional Center is now under the management of Nancy Hrock, but the employees are alumni of the former ICI store. The store is still carrying the popular Devoe paint as well as the Glidden line. The company claims it will take into account regional—codes, conditions, materials and color trends—in its commitment to tailor products to a specific task.

AkzoNobel also produces Ralph Lauren and Martha Stewart Living paints. They introduced the first no VOC (volatile organic compounds) latex paint over 10 years ago. They recently introduced Ultra-Hide No VOC interior paint and the Glidden Professional Wash System that converts paint wash water into recyclable solid waste.

Even though the new store will be catering to professional contractors, they welcome homeowners. With over 3,000 colors to choose from, do-it-yourselfers are still welcome to come in and purchase the single quart of paint. Visit www.gliddenprofessional.com for more information.

Jobs for people, people for jobs

In 1968, Rev. Luther McCurtis founded Employment Aptitude and Placement Association (EAPA) on the Avenue to connect jobs for people, and people for jobs. Rev. McCurtis's belief is that "A job is much more than a paycheck: It is often the foundation from which an individual rebuilds his or her self-respect to become a valued, participating member of society."

EAPA is a grass roots organization funded by Ventura county businesses, industries and individuals. The main purpose of this organization is to assist the so-called "hard-core unemployed" by placing them in suitable job openings. EAPA has not accepted State or Federal funding; it gives back to the community by suggesting jobs to the qualified applicants, that otherwise may have been forced to use the welfare system, which in turn saves the taxpayers money. EAPA is a self-help employment center that places people in jobs at no cost to the employer, and no cost to the community in tax dollars. EAPA is a non-profit, non-sectarian organization that offers its services to all people, regardless of race, creed, or national origin.

On Monday, October 25th, all are invited to enjoy an EAPA benefit concert featuring Contemporary Gospel Recording Artist, Michael McCurtis and friends. Dinner will be served from 5-7pm, and the concert begins at 7 pm. Your generous \$25 donation will be your ticket to a fantastic evening at The Greek at the Harbor, 1583 Spinnaker Dr. You may secure your reservation at www.Donate2EAPA.bbnow.org, or by stopping by the EAPA office at 660 N. Ventura Ave. If you would like to participate in the choir, please send your contact information to tlcc.concerts@gmail.com.

For more information on employment services or sponsorship, please contact EAPA at 805-648-5868 or eapa_07@yahoo.com. All donations are tax exempt.



Appearing on the Ventura Breeze portion of the Coach Ron Tunick radio show on Ventura County radio station 1400AM-KZZ, was Antonio Sanchez, one of the owners of the Nopalito Native Plant Nursery, the Coach and Mark Brown who wanted to check out what radio biz is all about.

Antonio spoke about waterless landscaping and the wonderful classes that are given at the nursery which is located at 4107 E. Main. They can be reached at 844-7449.

Coach Ron is on daily from 4-6pm with many wonderful guests and Breeze publisher from 4-4:30 on Mondays.

— King Crossword — Answers

Solution time: 21 mins.

W	A	I	W	S	B	P	V	S	A	D
L	N	E	C	O	I	I	P	E	R	T
G	H	E	P	O	N	S	E	G	E	V
C	O	N	S	S	N	T	P	H		
F	A	N	L	I	S	T	I	I		
F	O	H	D	I	W	D	I	M	S	
A	P	E	S	V	A	H	O	R	O	P
O	G	I	T	I	B	A	V	O	N	A
G	E	A	M	E	T	C	O	G	S	
O	W	J	S	H	L	I	C	A	M	I
D	E	J	I	N	C	E	I	G	G	
M	E	S	I	N	A	E	I	W	E	

— Weekly SUDOKU —

Answer

5	1	8	9	7	2	6	3	4
2	9	3	4	8	6	7	1	5
6	4	7	5	1	3	2	9	8
3	7	6	8	5	9	4	2	1
8	5	4	2	3	1	9	6	7
9	2	1	6	4	7	8	5	3
4	3	9	7	6	5	1	8	2
7	6	5	1	2	8	3	4	9
1	8	2	3	9	4	5	7	6



The Music Connection

Where the music flows

Fun for the eyes and ears

by Michael Kohli

This weekend, Oct. 22-24 - a lot of great bands will be joining forces at the Ventura County Fairgrounds for the 2nd Annual INK FOR A CAUSE! Among the bands included, Whiskey Glass Eye, Luck Of The Draw, The Walking Toxins, Zombie Cartel, Happens Again and more. Over 30 bands will perform all weekend. Portions of the proceeds will be donated to The Coalition To End Family Violence. Ink For A Cause is a three-day body art event promoting generosity through adornment.

Expo hours: 4 to 10 on Friday October 22, 11am to 11pm on Saturday October 23, 11am to 7pm on Sunday October 24. Individual tickets \$10/day or \$25/3 days.

In addition to the festival at the Fairgrounds - The Dirty Art & Bar Gallery will be hosting the after parties. For full details: www.inkforacause.com.

Local band, Happens Again, have officially added Chris Jensen as their drummer! Testing the waters with a few gigs at Bombay, Ink For A Cause and more. The band is a regular feature at Zoey's Cafe. The full band features: Bill Bensen (Guitar/Vocals), Robert Ramirez (Guitar/Vocals), Ralph Votrian (Bass/Vocals), Chris Jensen (Drums).

Delaney Gibson recently performed a gig with Dennis Miller and Five For Fighting at a Ride To Recovery cycling event in Solvang. Delaney commented later, "I had



Dennis thinks Delaney is delightful

so much fun and it was an amazing opportunity for me!" After her performance, Dennis Miller said to her, "You got it, Sister!" Also, this month, Delaney premiered a new music video on her site for her, "Kill Me Now," song! Check it out on DelaneyGibson.com. Her next performance is scheduled at the Sephora store at the Pacific View Mall On Saturday, Oct. 23 at 12pm.

In music news: Alanis Morissette is involved in a new movie project to be released soon, "Radio Free Albemuth." The movie is based on the 1985 Sci-fi novel by Philip K. Dick. The movie will mark the first lead role in a film by Alanis Morissette playing the role of Sylvia. Alanis has made appearances in other notable films such as; De-

Lovely and Dogma. A new song by Alanis has been surfaced on the web, "Professional Torturer." The movie had a screening in New York earlier this month. For more info go to www.radiofreealbemuth.com.

KOHLI ROCKS ENTERTAINMENT
<http://www.kohlismusicpit.com>

Stay tuned to my KRE site for a special announcement for some upcoming gigs. Including KRE's 15 Year Anniversary Bash the week of October 27! For 15 years -- I have been booking bands, playing DJ, and writing music columns here in Ventura and now for the Ventura Breeze! It's been an amazing journey! The best part of it all are the stories that I have covered and people I have met within our local scene!

Preachers invade the Temple!

The world famous Preachers Blues Band (who have just returned from their Central California tour) are performing at Temple Beth Torah on Saturday, November 6 at 7 p.m. and you are invited to join in. The evening will be filled with Brian Batchley's harmonica and gut wrenching blues style songs along with David Reo, a blues guitarist songwriter, who entertains with tunes in the blues, pop blues, country hybrid and easy listening modes. The third member, Evan Grosswirth plays a mean Bass Guitar that complements the group. The fourth member of the band, Pete Gallagher, brings out the sounds that permeates the room with his soul wrenching drums.

The cost of the evening is \$18.00 per person. If you wish more information call 647-4181. Temple Beth Torah is located at 7620 Foothill Rd.

Black Beards Seaside BBQ Ventura Harbor

Thursday 10/21 Bottom Feeders 6:30-9:30pm
Friday 10/22 GTP & The Hot Steps 6-10pm
Saturday 10/23 Preachers 6-10pm
Sunday 10/24 Blue Stew 2-6pm
Thursday 10/28 Bottom Feeders 6:30-9:30pm
Friday 10/29 Jodi Farrel & The Front Street Prophets 6-10pm
Saturday 10/30 Bar Stool Pigeons 6-10pm
Sunday 10/31 Blue Stew/Ray Jay 2-6pm/6-10pm

Good Bar

Thurs. 10/21 Bruce, Rick & T.J 9:30pm
Fri. 10/22 Firekats 9:30pm
Sat. 10/23 The Situation 9:30pm
Sun. 10/24 Teresa Russell 3PM, 3 Man Weave 9:30pm
Mon. 10/25 Musician's Brew 9:30pm
Tues. 10/26 Skooter's Playhouse - Open Mic/Jam 9:30pm
Wed. 10/27 The Return of Brian Nicolet with Bruce Kimmel 9:30 pm

Show Time

Two on the Aisle

The Tempest tenders a tempting forecast

by Jim Spencer and Shirley Lorraine

"The Tempest" was penned by William Shakespeare in the later years of his life. It is believed by many to be perhaps the Bard's greatest work.

The principal character is Prospero who, 12 years before, was deposed as the Duke of Milan by his brother and set adrift in the Mediterranean. Prospero and his daughter landed on a magical island populated by fairies, sprites and monsters where he acquired a knowledge of sorcery. So, when his brother and other nobility later sailed by, Prospero conjured up a tempest to shipwreck them. How and why Prospero used his powers as he variously dealt with his brother and others aboard the ship form the bases for a colorful journey that addresses transgression, retribution, repentance, new love and redemption.

To open its 13th season Ventura's Rubicon Theatre Company is presenting an adaptation of the play though October 24, 2010. Titled "The Tempest: Phase I" for this run, the full story of the script is presented. The "Phase I" tag refers to the fact the show is a staged reading to test and showcase special effects and production concepts to be used in a future, full-scale presentation of the piece.

For the current offering the actors are clad in representative costumes and read from scripts as they move about the stage that features imaginatively sculpted set pieces invoking images of water, wind and nature. The action is moved along by a narrator who fills in necessary storylines and subplots to set up selected interactions between the characters.

As the actors recite Shakespeare's flowing prose, the audience also sees a variety of images projected on a canvas designed to look like the hoisted sail of a ship. Shown are scenes of a whirlpool, billowing thunderheads, clouds in flight and other examples of 3-D graphic imagery to be more fully incorporated in an anticipated Phase II production.

Rubicon Theatre's Artistic Director, and the director of the current piece, James O'Neil explains the ultimate, or future Phase II, production will be "a grand visual adventure set on a mystical island made up of translucent glass sea-forms, with mysterious bird-like creatures in brightly colored costumes whizzing through the air and monsters emerging from the depths. The production will take place in a custom-built tent on the Ventura County Fairgrounds, and will include use of 3-D computer graphics, hydraulics, magic and circus arts."

The current cast features professional actors with extensive backgrounds in performing Shakespeare's works. Linda Purl serves as the narrator through October 21. George Backman, whose credits include the Royal Shakespeare Company and The Old Globe, appears as Prospero. Ventura native daughter Alyson Lindsay (Schuster), who recently returned from the U.K after completing her Masters Degree in Fine Arts at the Royal Scottish Academy of Music and Drama, plays Prospero's daughter, Miranda. Joseph Fuqua, the first member of the Rubicon

Company, portrays Sebastian and Ventura resident Will Shupe is Trinculo, the jester.

Others in the cast include Robin Gammell, Ross Hellwig, William Langan, Louis Lotorto, Robert Machray, Carl Palmer, Joe Peracchio and Rudolph Willrich. "The Tempest: Phase I" plays Wednesday through Sunday until October 24. Wednesday, Saturday and Sunday matinees at 2 p.m. Evening performances: Wednesday-7 p.m., Thursday to Saturday-8 p.m. \$38-\$59. Rubicon Theatre Company, 1006 E. Main, Ventura. (805) 667-2900. www.rubicontheatre.org.

Mailbox

Continued from page 3

of Rancho Canada Larga develop his property.

Thank you for NOT looking out for the interests of Ventura residents.

Thank you,
Jim Hines
Ventura

Editor:

Some code enforcement thoughts:
1. Hire a code enforcement handyman(men) from another city dept. to help poor people and get govt. funds to cover cost.

2. Implement only policies that place Ventura on list of "cities easiest to deal with".

3. Passive Code enforcement - agree to certain items: grass heights, how to secure vacant bldgs., simplify all rules, shorten compliance times

4. Active code enforcement: "broken windows" policy (litter, graffiti, banners), windshield surveys (I drove for 1 hour and found 60 violations which all could have been handled by a form letter), neighborhood groups to "police" own areas, set performance measurements based on compliance rather than # cases - not based on # citations; "most wanted" list, require out of town owners to have local contact company, tip number to call, no spot eminent domain.

John Stewart
Ventura

McCune Foundation

Continued from page 5

rently, it supports organizations like Lift Up Your Voice, which brings folks from the homeless community together with other Venturans to create a better understanding of those impacted by homelessness, and Ventura-based CAUSE, which organized Ventura residents to pass living-wage ordinances in the City and other local municipalities.

Miller McCune still remains active in her community. In 2008, she helped launch Miller-McCune Magazine and web site (www.miller-mccune.com).

The award-winning national magazine publishes research-based articles to inform policymakers at the national and international level. As former Board Chair of the Granada Theatre, she worked to renovate the historic theater in Santa Barbara and still offers her support to arts and social service organizations.

Armann describes her outlook for the Foundation's future. "I would like to see more people who are civically engaged," she says, "who can work together to solve common problems." And for those who are typically excluded from the conversation, she would like nothing better than to help them speak up: "We want to develop the capacity of residents who haven't had a choice in decision making."



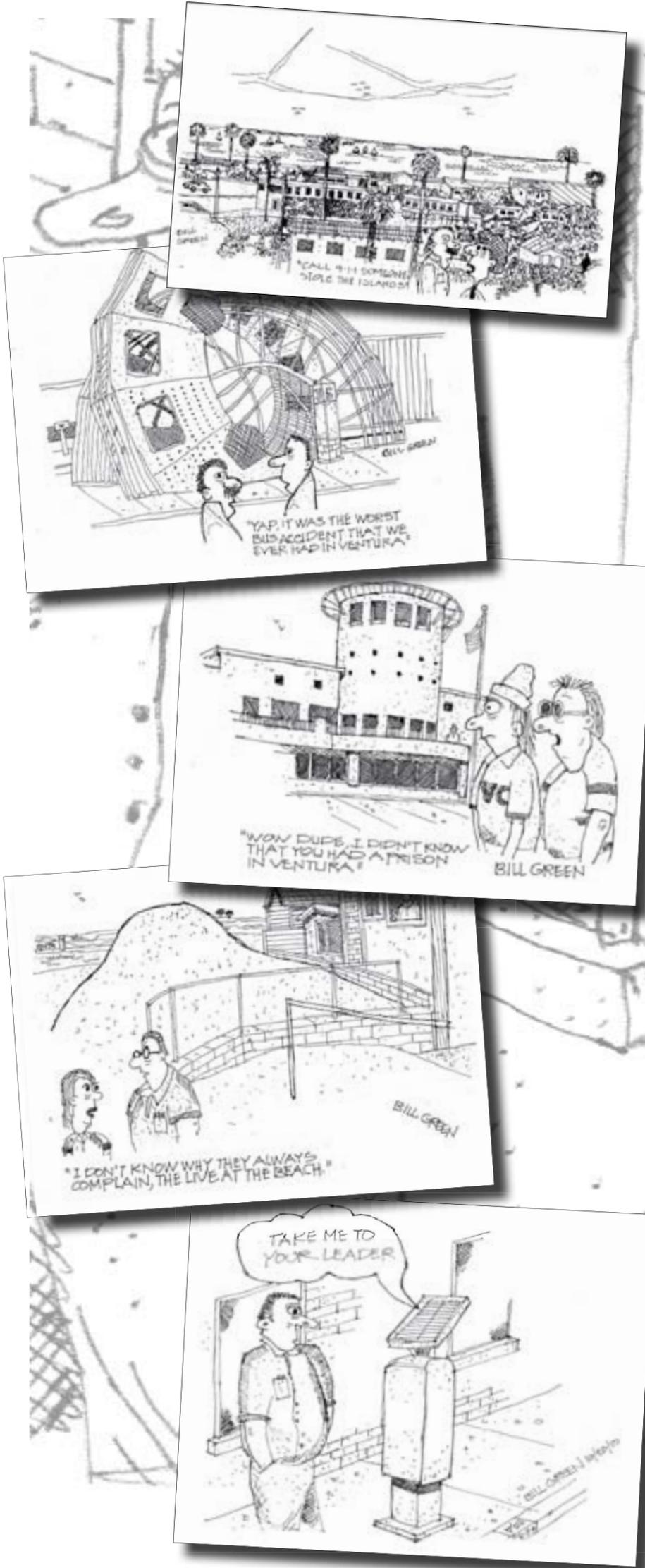
The future is now.

Don't miss a beat! Check out the music scene right now.

Come visit us!

www.venturabreeze.com

The Art of Bill Greene

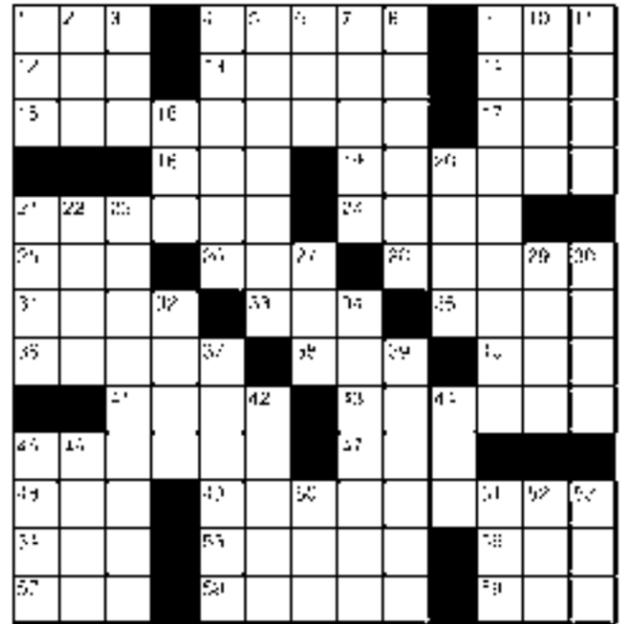


Solutions on page 15

King Crossword

ACROSS

- 1 Slugger's tool
- 4 Avocation
- 9 Despondent
- 12 Work with
- 13 'Swan Lake' role
- 14 Weeding device
- 15 Wisconsin city
- 17 Away from WSW
- 18 Approvals
- 19 Hidden marksman
- 21 Societal levels
- 24 Engineering sch.
- 25 'Wra'dja say?'
- 26 Morning moisture
- 28 Considers
- 31 War god
- 33 Thanksgiving veggie
- 35 Let fall
- 36 Old hat
- 38 Talk on and on
- 40 Modern-day evidence
- 41 Be on an angle
- 43 Arizona city
- 45 'Heavens!'
- 47 Jurist Lance
- 48 Possess
- 49 'Find the peac'



- 54 Scarlet
- 55 Wear down
- 56 Vision by fir
- 57 'Miniver'
- 58 Related to the moon
- 59 Pair
- 9 Creche figures
- 10 Top-rated
- 11 Antelope's playmate
- 15 Automaton for short
- 20 On the rocks
- 21 Punch-ballot bit
- 22 Emanation
- 23 Small stocky ponies
- 27 Witty one
- 29 Stereo alternative
- 30 Bridge
- 32 Crystal gazer
- 34 Waltzing girl of song
- 37 Maiden
- 38 Culprit in a trite whodunit
- 42 India's first prime minister
- 44 Gear tooth
- 45 Students' quarters
- 46 Basin accessory
- 50 A billion years
- 51 Toward the stern
- 52 Tend the lawn
- 53 Its counterpart

DOWN

- 1 Clear the tables
- 2 Blond shade
- 3 Golf prop
- 4 Addicted
- 5 Homeric work
- 6 Gigantic
- 7 Explosion
- 8 Had a longing (for)

© 2010 King Features Synd., Inc.

Solutions on page 15

1	8		2	6		
2		4		7	5	
4		5	1		9	
3	6		9	4		
8			3		6	7
	2	6	7	5		
	9		5	8	2	
7	5		2		3	
	8	3	9			6

Weekly SUDOKU

by Linca Thistle

Place a number in the empty boxes in such a way that each row across each column down and each 3x3 grid contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★



ARIES (March 21 to April 19) Deciding to work out that pesky problem (even though you might have been bored, bored, bored with it) should be paying off right about now. Expect to hear some very welcome news very soon.

TAURUS (April 20 to May 20) Unexpected news might cause you to rethink a previous conclusion. Don't be bullheaded and try to bluff it out. Make the needed change, and then take a bow for your objectivity.

GEMINI (May 21 to June 20) Money-matters should be considered as you continue to work out your holiday plans. This is a good time to scout out discounts before demand for them outstrips their availability.

CANCER (June 21 to July 22) A calm period early in the week helps you complete most, if not all, of your unfinished tasks. A new project appears by midweek, and this one could carry some big career potential.

LEO (July 23 to August 22) Positive results from recent ventures continue to pump up those self-esteem levels, making you Fabulous Felines feel you can tackle any challenge anyone wants to throw at you.

VIRGO (August 23 to September 22) Family and friends might feel neglected because of your almost total focus on a project. Try to rework your schedule so you can have time for both

your loved ones and your work.

LIBRA (September 23 to October 22) Don't be surprised if you suddenly hear from someone from your past who wants to contact you about the possibility of renewing a long-dormant (if not dead) relationship.

SCORPIO (October 23 to November 21) This is a good time to check over what went right and what went wrong with recent efforts. This can provide valuable lessons for projects that will be coming up soon.

SAGITTARIUS (November 22 to December 21) Dealing with people who feel they're always right about everything might be a problem for some. But the savvy Archer should be able to deflate their oversize egos.

CAPRICORN (December 22 to January 19) This week favors a balance between the demands of your work and your need for fun timeouts. Taking breaks helps restore and keep your energy levels high.

AQUARIUS (January 20 to February 18) There could be an occasional setback in what you're working on. But look at them as lessons on how to do better as you move along. More supporters turn up to cheer you on.

PISCES (February 19 to March 20) Although a more positive aspect influences this week's course, you still need to be sure that those who will work with you have no reason to work against you. Good luck.

BORN THIS WEEK: You believe in keeping your promises. It's not always easy to do, but somehow you do it.

© 2010 King Features Synd., Inc.

Then and Now

2007-2010



Palm and Poli, proposed



Palm and Poli, lot for sale



Foster House



Foster House



Top Hat



Top Hat



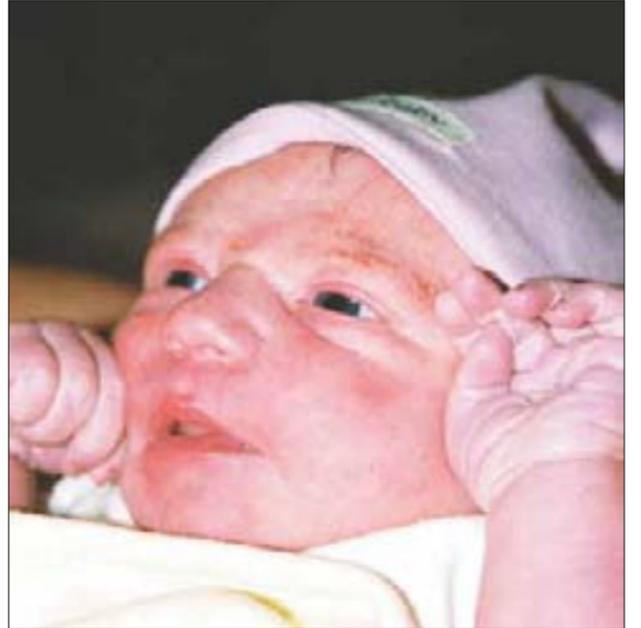
In 2007, Jolie and Evin couldn't read the Breeze 'cause they didn't know how to read. In 2010, now they can read the Breeze.

Then and Now

2007–2010



2007



2010



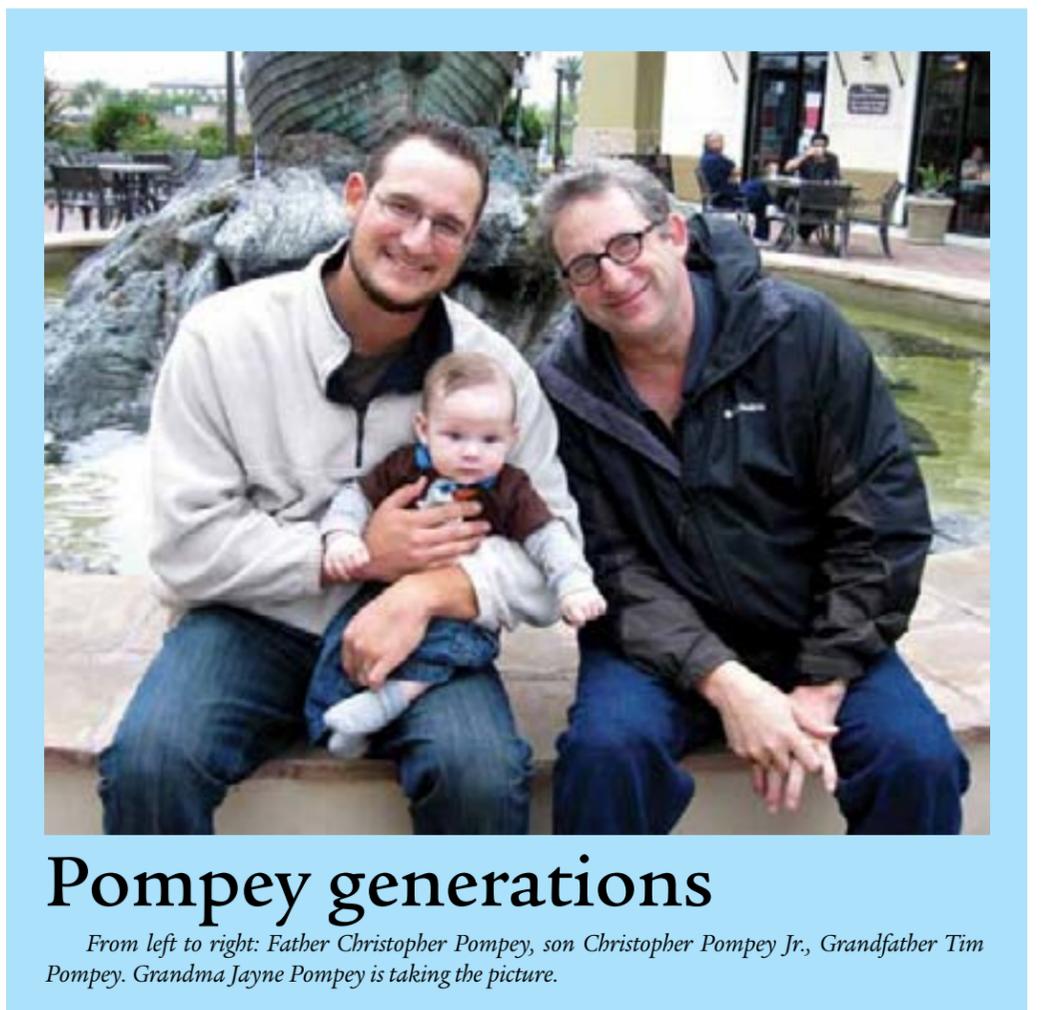
Then and now

Celebrating three with the Breeze
Name: Naomi Catherine Wronkiewicz
Birthday: October 13, 2007
Favorite food: Cherry tomatoes
Favorite color: Pink
Loves: Dinosaurs
Favorite thing to do in Ventura: Kindermusik class, playing with friends and going to Camino Real Park.



Stork report

New to the Breeze family is Vivienne Shea Brown, born September 11. A little early at 4 pounds 11 ounces. Mother Lynn, father Mark and brother Evin are all doing well with the addition to the family. Evin wonders why she won't play with him, but there will be lots of time for that. Grandma Sheldon can't wait for Vivienne to start USC when he is 101.



Pompey generations

From left to right: Father Christopher Pompey, son Christopher Pompey Jr., Grandfather Tim Pompey. Grandma Jayne Pompey is taking the picture.



CAPS-TV & Food Share present
2010 CAPPPIE AWARDS
 Honoring the best in community television



Watch
 October 23rd at 8pm
 October 24th at 8pm
 On CAPS-TV
 Channel 6 in Ventura
 go to www.capstv.org for additional programming information

Hosted by
 Todd Thayer
 Bonnie Weigel

appearing
 Ventura Mayor **Bill Fulton**
 Comedian **Andres Fernandez**
 KEYT Reporter/ Anchor **Tracy Lehr**
 Comedian **Randy Lubas**
 KVTA morning Host **Tom Spence**
 KADYTV.com Host **Maria Sanchez**
 KKZZ Radio Host **Bunny Vreeland**
 and many more



What's Your Story?
 We can help you tell it!
www.capstv.org
 805.658.0500

MI HACIENDA
 Antiques & Rustic Furniture



- One-of-a-Kind Furniture & Home Décor
- Good Quality (Each item is hand selected!)
- Affordable Prices
- Custom Made Furniture Tailored to Suit Your Home & Style
- Wood & Iron Pieces
- Finished/Unfinished Furniture
- Local Family Owned Business

2735 Main St., Ventura CA 93003 (Next to Yolanda's) 805.641.1627
www.mihaciendahomedecor.com

HALLOWEEN OCT 29-31
 at
Black Beards SEASIDE BBQ



LIVE MUSIC + PRIZES + DRINK SPECIALS
 WEAR YOUR COSTUME ON SUNDAY!
BLACKBEARDSBBQ.COM • VENTURA HARBOR • (805) 650-7773



Yolanda's
 Est. 1982

Award Winning
MEXICAN FOOD.
MARGARITAS.
HAPPY HOUR.
SALSA BAR.

OXNARD
 1601 S. VICTORIA AVE
 805.985.1340

CAMARILLO
 86 E DAILY DR
 805.389.9922

SIMI VALLEY
 590 E LOS ANGELES
 805.306.9933

VENTURA
 2753 E MAIN ST
 805.643.2700

www.yolandasmexicancafe.com

ExPress Service!! No appointment necessary!!

LIFETIME BRAKES

Labor to Install, Front Brake Masters
 Furnished, Lifetime Warranty disc pads **\$48⁰⁰**

Rear Disc, 4x4, SUV and Pressed Rotors Extra Labor
 Other Services May Be Required at an Extra Cost

Labor Most Cars Pads/Shoes Extra

Three Dimensional* Thrust Alignment
\$49⁹⁵

A Quantum leap in wheel alignment Technology! Most Accurate Alignment Available for cars and trucks!

*Must Cars and Light Trucks
 4WHL, 4WD & Kits Extra

Free Brake Lining Check

Now With Over 80 Stores!!!

Oil & Filter Change
\$18⁹⁵

Includes:
 -Up to 5 Qts. 10w30
 -New oil filter
 -Labor
 -Major Brand Oil

Most Cars Trucks & SUVs slightly higher
 **We do not charge for waste disposal fees!!!



BRAKE MASTERS

An Honest Brake® Since 1983

2307 East Thompson Blvd. (Corner of Seaward)
 Se Habla Espanol **805.653.0777**
 Expires 12/30/10