

Published Every Other Wednesday

September 8 - September 21, 2010

Community partnerships help Title I Schools

by Sheli Ellsworth

Back-to-school, for 275 local students, became much easier because of a partnership between local businesses and community organizations. Students were chosen by principals at local Title One Schools to receive new backpacks full of school supplies.

The recipients were students from E.P. Foster, Sheridan Way, and Lincoln Elementary Schools and De Anza Technology and Arts School. The Westpark Community Center hosted the August 22 event, which was sponsored by the City of Ventura's Community Partnership Division. The Westside Lions Club, the Downtown Rotary and the Downtown Lions Club donated the school supplies and five local hairstylists offered the students free haircuts.

Youth Programs Supervisor, Mario Robinson said, "We hope this program will prepare young students for academic success, build their confidence, motivate them and show that their community cares about their future."

Tattered American flags should not be displayed

On Saturday, September 11, at noon, a special "American Flag Retirement Ceremony" will be held at the new Veterans Home of California in Ventura, located at 10900 Telephone Road, Ventura, (at Wells Road) to properly dispose of worn and tattered American Flags—those that have served well and are deemed no longer ser-



DOWNTOWN INVADED!

"Oh my gosh, the Martians have landed. Take your kids inside and bolt the doors. Oh, wait that isn't a Martian, it's the new parking meters located downtown."

They won't take your kids, just your money.

viceable. "As part of this moving ceremony, we will be honoring the brave men and women who lost their lives on 9-11-2001 at the World Trade Center, and those brave men and women who continue to protect us daily will be honored," said Brenda Manke, Administrator, Veterans Home of California—Ventura.

Tracy Lehr, anchorwoman for KEYT Channel 3, will serve as Master of Ceremonies, and Ventura County Deputy Fire Chief Kevin Nester will be the guest speaker.

Kevin Nester will be the guest speaker. Continued on page 18 Chi Depthe The responsibility of the form of the

Ventura Elks Lodge #1430 served up over 1,400 pancakes to 700 walkers at the very first annual "Making Strides Against Breast Cancer" 5K Walk held at the Ventura Harbor on Saturday, August 21. The volunteers, who helped make this all possible, were Jr. Grace Vega, Tee Khamseng, Blake Merryman, Greg Schomaker, Kyla Schomaker, Aaron Dietz, and Sheryl Holloway.

Ventura may dodge paying for Bell chief's pension costs

The City of Ventura may get lucky and not have to pay for pension costs for Randy Adams, 59, the City of Bell's exchief of police and former Ventura Police Department employee. Legislation is in the works to free former employers of the responsibility to pay pension for the extremely highly paid Bell officials.

Adams who, along with other Bell officials, recently came under scrutiny for his \$457,000 salary a figure 50 percent larger than Los Angeles Police Chief Charlie Beck. Adams resigned at the end of August.

Adams served in the Ventura Police Department for more than 20 years making him eligible to receive pension from the City of Ventura.

The proposed legislation put forth by Assemblyman Mike Gatto, D-Glendale states if a public employee's salary is more than 15 percent higher than his or her previous salary, the new employer would be responsible for all the additional pension benefits prompted by the hi

Continued on page 18

Ventura College building center of lawsuit

by Rebecca Wicks

Last month the Ventura County Community College District filed a suit for \$9.3 million against the architect it hired to design a new advanced technology building at Ventura College.

Leo A. Daly Co. is the architectural and design firm the college is suing for what Sharon Suarez an attorney representing the college called "serious design errors."

Suarez described the issue as being a discrepancy between architectural and structural drawings.

"The structural drawings drawn by the engineer showed the building three feet higher than the drawings by the architect," said Suarez who also explained the engineer TMAD Taylor & Gaines who is also named in the suit was hired by and under contract with Leo A. Daly Co.

The suit also alleges issues with pile caps, which provide support for the building.

According to Suarez at the time of construction the builder was directed by the architect to use the structural drawings drawn by the engineer.

It wasn't until after the first story was completed that it was evident the steel columns were too tall. It was then the architect directed the group to take the steel columns down after which they were shipped back to Utah to be re-fabricated to the correct length.

The project which was originally supposed to be completed in spring 2011 was set back two months because of the



This building at VC almost ended up "too tall"

delay. The cost of the mistake totaled \$1.1 million which included steel work, legal and inspection costs and fees.

The \$9.3 million lawsuit is a sizeable number in respect to the total project cost which is \$46.5 million and includes a health sciences center and classroom wing.

The college district is asking for an additional \$8.2 million on top of the \$1.1 million in delay costs under California's False Claims Act, which allows public agencies to triple the amount when they have been defrauded.

"The amount is intended to be puni-Continued on page 14



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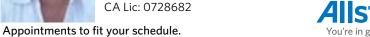
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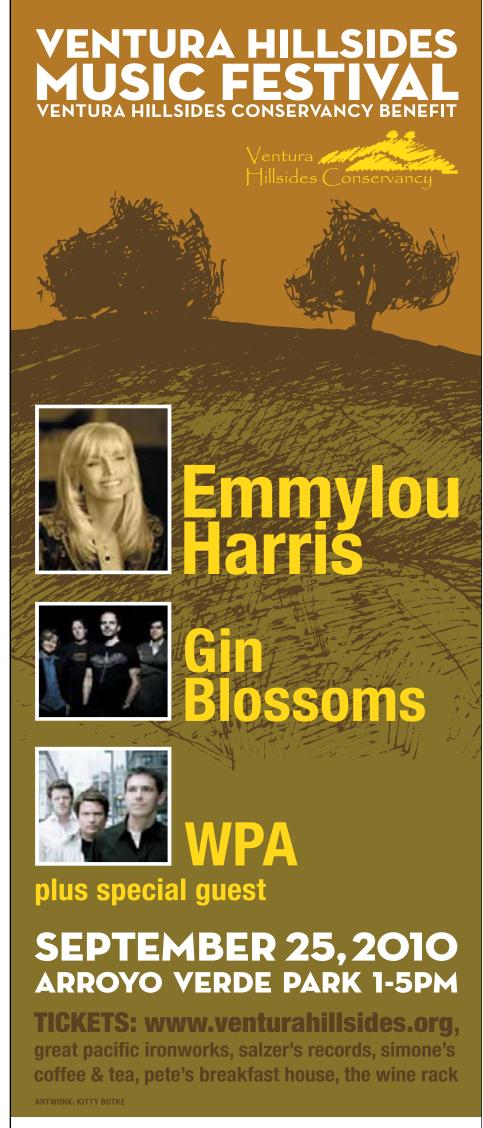
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WRIGHT FAMILY TRUST













The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

Dear garden lovers:

Ventura Botanical Gardens needs a dedicated volunteer (or 2 or 3) with recruiting and management experience to help us organize our volunteers into a cohesive, efficient team.

Interested? Do you know someone else who might be interested? Please contact either Midge Stork (642-4390), or Peg Dolan (630-5139 or email kappdolan@yahoo.com.

Opinion/Editorial



Sheldon Brown Publisher

■ The new downtown parking stations (see photo on page 1) are now installed. The actual program starts officially on September 14. There will be a charge on street spaces

on Main Street and some of the adjoining side streets. For the first month first-time vio-

lation warnings instead of fines will be issued

City Manager Rick Cole has stated in his blog "The revitalization of Downtown over the past twenty years has brought a good problem: full parking spaces on Main Street. In fact, during most of the week, visitors circle the block or hold up traffic waiting for a space to be open on the streets of the Downtown core."

He went on to say "Is it controversial? Sure. It's a tough economy. Most merchants are struggling - and many of their customers are not eager to shell out any additional cash. Yet every penny above expenses will go to enhance the safety and attractiveness of Downtown - a principal reason for the strong backing by the Downtown Ventura Partnership which represents merchants and property owners in the area."

"The goal of "parking management" is to use pricing to offer shortterm shoppers the convenience of close-in parking on Main Street, while offering free parking in the immediately adjacent public lots for those staying for movies or an evening on the town."

When he said "Yet every penny above

expenses will go to enhance the safety and attractiveness of Downtown" this should have started with the design of the stations. I have a real problem with their attractiveness. It is rather ironic that at the same time that the myriad of ugly newspaper racks (including ours) are being eliminated downtown and replaced with consistent racks for aesthetic reasons that these very unattractive parking stations are being installed.

I'm sure that there will be much opposition to this as there has been with



other downtown decisions that have worked out okay.

It will remain to be seen if the opposition is warranted, especially on the adjoining side streets. But we know to begin with that they are unattractive so we won't have to wait for that opposition.

The good thing about them is that they are Ventura Breeze blue (we hold great influence in city hall) so whenever you see one think of the Ventura Breeze. I know parking signs are blue,

but even if these were a neutral color it would have helped.

Perhaps I am too concerned about aesthetics (I know, I know, look at me) but one thing that makes a "downtown cultural district unique is the use of color".

Design review would certainly not except a bright blue building downtown, or on one of our many historical homes, why is this any different?

■ In our last issue we had an article about environmental groups that gathered at the Ventura Promenade on August 18 to show support for AB 1998, a bill that if passed would ban single-use plastic bags in California.

The bill has been defeated in the California senate garnering only 14

Some cites, including San Francisco have already banned the bags which will certainly confuse a lot of shoppers. Larry Dudley Yacht Sales, located in the Harbor has owed us advertising money for sometime so I went there to discus the matter and was shocked to see their entire building was gone. Didn't realize that it was a water vehicle so they just removed the entire business by sailing it somewhere else. If you see Larry Dudley Sales float by do let me know.

This might make it hard to serve them if we want to take them to court. ■ I have heard that there are "some" readers that don't agree with what I have to say on occasion. I think that this is wonderful, but I hate to hear this from a third party so if you have something to say please email me at editor@ venturabreeze.com.

Mailbox

Unless you have stressed about making a payroll you cannot with any true empathy understand just how truly difficult times are right now.

As a former Morgan Stanley stockbroker turned small business entrepreneur, I can assure you that I know from where I speak. When I began my journey into small business 5 years ago, I had an awareness of how good things were, and only a vague idea of how bad things could get.

I operate two small shipyards in Ventura County and employ a small crew of skilled and dedicated souls. Our facilities require massive amounts of capital to retain, operate and maintain. Through sheer will, improvisation and plain old gut instincts, we have managed to "stick it out" through an incredible business cycle with only our customers to thank.

Our bank contacts have not only changed, but have "run for the hills" in recent quarters. I am of the opinion that the only businesses banks will loan money to right now are the businesses who don't need money at all. It was my understanding of a bank that it was an institution that receives deposits and lends money period. How can a bank exist if it makes no loans? True, bad loans are worse than no loans, but somewhere between a bad loan and a good loan is where we are talking about. "Ceteris Paribus"*, there are no good loans based on current banking parameters.

I understand our "quick acting" congress is working on a law to assist local banks and small businesses. Excuse me for sounding jaded, but I would bet that the new legislation will

be ill equipped to help people on the frontlines like myself.

So here we are, three years into a nightmarish business cycle with no help, unless you are a Wall St. bank, a government employee with a strong union or a recent lottery winner.

To all the entrepreneurs out there, hang in there, make your own rules, love your vendors and love your customers more.

Andy Killion www.anchorswaymarine.com *Ceteris Paribus is a Latin phrase, literally translated as "with other things the same," or "all other things being equal or held constant" and is commonly rendered in English as "all other things being equal." Sheldon:

Thank you for printing my letter and Pastor Gallucci's reply. The exchange should clear up the story I've heard from a number of sources. I've already brought his comments to the attention of two individuals who passed on the story to me. The Breeze has performed a public service here.

Ted Hoople



Are you a budding Ventura cartoonist? If so, send us a cartoon about Ventura and maybe we will publish it. You won't get paid but will become world famous.

The heart has its reasons that the mind knows nothing of. -Blaise Pascal

**

City News

If we aren't Bell, we're swell

by Ventura County Taxpayers Association

With the City of Bell scandal exploding, politicians of every stripe are running to stay ahead of the wave of public ire. They talk about how different we are from Bell. The implication is that because we aren't Bell, we're fine.

The fact remains that every special district, city and county in our state has granted obscenely generous benefits that will have a dramatic effect on the economic landscape in our communities for a long time.

Although Bell's police chief's \$457,000 salary was absurd, last year, according to public records released to the Ventura County Taxpayers Association (VCTA), the average final year compensation for four of the City of Ventura's retiring public safety employees was \$324,000-each!

Each of these retiring employees will also receive an average pension of \$159,000 plus cost of living increases, for life

Don't be distracted by claims of union "concessions" or voter approval. Only in the Orwellian world of public union accounting could the promise to have employees pay a portion of their employee pension contribution be considered a "concession".

Although voter approval for increases is fine, the fact remains that the benefits are now so generous it will not result in any real change. To avert a crisis that will detour the much needed recovery in the private sector, real meaningful change is necessary to eliminate pension spiking, double dipping, and obscene buy backs of unused leave and sick time--essentially a back-end bonus.

Through successive public records requests, the Ventura County Taxpayers Association has learned that some employees are rehired within days of "retiring". As an example, Lt. Gerard Thurston of Ventura PD began receiving a \$140,000 pension after retiring in December 2009, and was immediately re-hired by the Ventura PD as a "Management Analyst II" with a salary of \$77,000 per year. The City now pays Mr. Thurston \$217,000 per year plus benefits

Or Assistant Police Chief Glen

Young, who retired in 2009. He received a pension of \$140,000 per year. Upon retirement, the City also paid Chief Young \$201,000 in unused vacation and sick time (back-end bonus).

Finally, Deputy Mayor Mike Tracy, the former Police Chief of the City of Ventura, earns a \$190,000 annual pension

In April 2010 four of the City Council (Tracy, Monahan, Fulton, and Brennan) cast votes increasing pensions and adding \$4 million of additional debt to the unfunded pension liability due Public Safety employees in Ventura. Their vote also obligated the City to \$548,000 in additional annual pension costs.

Christy Weir, Neal Andrews, and Carl Morehouse voted in opposition to the increase. With hundreds of millions of dollars in unfunded liabilities that will have to be paid for by county taxpayers, there will be an increasingly large transfer of funds from critical functions of policing, fire, roads, and social services to public employee retirees. These will be real changes felt by everyone.

A report in USA Today found that federal employees are now paid twice as much as their private sector counterparts when considering salary and benefits. The Ventura County Taxpayers Association notices a similar pattern in the City of Ventura, and it is time to stop this abuse

In the coming months, the Ventura County Taxpayers Association will be offering real solutions and will continue to obtain and publish--through litigation if necessary--detailed data so that the taxpayers of our community can remain informed

Ventura County Taxpayers Association. www.vcta.com

In a somewhat related item Don Facciano recently resigned as president and CEO of VCTA to devote full time to his campaign for county treasurer-tax collector. He has been the head of VCTA for the past 10 years.

He will be running against Steven Hintz for the position. They were the two top vote getters in the preliminary elections just edging out former Ventura council member Ed Summers.

News and Notes

Former NASA engineer questions official 9/11 reports

by Tim Pompey

We all saw the horrifying sight replayed on television as the Twin Towers crumbled like a large stack of Jenga blocks, throwing off billowing clouds of dust and smoke and creating a mountainous pile of rubble. After watching this disaster, everyone asked the same questions: How and why? When former NASA engineer and physicist Dwain Deets mulled over these questions, he found the standard explanations troubling.

First, Deets the aeronautical engineer wondered how such inexperienced pilots could have aimed their planes into such precise strikes: "I became suspicious because I felt like the maneuvers by such inexperienced pilots were too hard to believe. It's difficult to do this type of hand flying unless you have a lot of guidance displays."

Second, according to official government reports, fire was the real culprit in the buildings' collapse, the result of both jets crashing into the towers. Deets thinks the chances of flames leveling buildings that size are nearly impossible. "There's never been an instance of a reinforced highrise building collapsing due to fire," he says.

For Deets, however, the most troubling part of his inquiry was what happened when he requested in-depth information from the government. He had trouble getting it. According to Deets, it appeared high level officials didn't want him to investigate. "The fact that the public can't get this information means the government is hiding something. We're being stonewalled by Congress and other parts of the government."

From Deets' perspective, what else could have caused the towers to collapse? He suggests two possible alternatives: either specially planted explosives similar to what are used in Las Vegas to level old hotels, or a specific type of hydraulic actuator used to kick out a building's foundation. But according to Deets, official government reports never mention these possibilities. In fact he notes that they only devote a half page to the actual collapse of the Twin Towers.

For Deets, the real intrigue is not jets exploding into buildings. Rather, it's the destruction of the offices of several important government agencies involved in criminal investigations of companies like Enron. None of these agencies were in the Twin Towers. They were housed in a smaller 47-story building seldom mentioned in the attack: Building 7. After the towers collapsed, Building 7 was destroyed seven hours later and large amounts of investigative information went up in smoke.

So, Deets asks, were the Twin Towers the real targets or was there another intended result? That is the question he would like to pursue: "There seems to be some other involvement in 9/11 that would be incriminating to powerful people."

Deets is the former Director of the Dryden Flight Research Center's Aerospace Projects. He, along with more than 1,200 other accredited professionals, is a member of Architects & Engineers for 9/11 Truth founded by Richard Gage.

Deets will be presenting his theories at two lectures on Friday, September 10 at 6:30 p.m. and Saturday, September 11 at 2:00 p.m. Both presentations will be held in the Topping Room of the Foster Library located at 651 East Main Street. The lectures will include videos and models demonstrating his theories. Deets' appearance was arranged by local activist Cindy Piester, a member of 911 Truth, Ventura County. The event is free.

Thriller set in Ventura

by Sheli Ellsworth

Local businesswoman, Sheila Lowe, found that if she quit sleeping eight hours a night she could launch a second career and if she didn't sleep at all, she could become an award winning writer.

Sheila Lowe and Associates have been in Ventura for six years and specialize in handwriting analysis. The handwriting authentication side of her business involves identifying forgeries and court testimony. On the personality profiling side, she works with employers who are looking for the "right fit" in a perspective employee. She has also done personality profiling for matchmakers, couples, and business partners who want to know themselves or someone else better. She has written two books on the subject, The Complete Idiot's Guide to Handwriting Analysis (Penguin) and Handwriting of the Famous & Infamous (Thunder Bay).

Lowe began writing poetry as a girl. She started writing short stories (usually about The Beatles) as a young teen and eventually a novella. But it wasn't until she created the character Claudia Rose that her love of writing took off. Claudia Rose is a divorced forty-something handwriting expert who is involved with an LAPD detective. Rose has no children of her own, but she is drawn to children in need. She is also a little commitment-phobic, but Lowe is working on Rose's softer side. "I think by the third book she has started to come around."

The mystery series especially attracts readers who enjoy psychological suspense. The first Claudia Rose book, Poison Pen (Capital Crime Press) won the Southwest Writer's Conference and the USA Best Books mystery awards. The second book, Written in Blood (Obsidian) was an Independent Mystery Bookseller's Association top pick. Dead Write and Last Writes were also picked up by Penguin and published under the Obsidian imprint.

Currently, Lowe has a thriller in progress. The story is set in Ventura and while not part of the Claudia Rose series, shares many of the same characters. "It opens with a young woman waking on a train pulling into Ventura Station by Seaside Park. She realizes that she doesn't know where she came from, where she's going, or in fact, anything about who she is."

When asked what Lowe loves about Ventura, "The weather, the people, everything!" She is also the president of the Ventura County Professional Women's Network. "It's a super group of warm, welcoming women and a few brave men, and I've made some terrific friends there."

Welcome, H&M!

H&M, Hennes & Mauritz, the international fashion retailer has announced its continued expansion in Southern California by opening its first location in Ventura at Pacific View Mall on September 23 at noon.

In celebration of opening day, H&M Pacific View Mall will offer the first 200 shoppers in line an H&M T-shirt and Access to Fashion Pass, valued from \$10 to \$300 in Continued on page 19

Express your ideas on code enforcement and safe housing

by Ventura Safe Housing Collaborative

Did you know you can be cited and fined for past un-permitted improvements to your property? Did you know? Last year the City of Ventura's Code Enforcement Department started a pro-active doorto-door inspection program to identify ununpermitted improvements and hazardous conditions. One in five residential properties were cited for code violations and deemed sub-standard.

Are you afraid to ask your landlord for repairs? What do you think about converted garages? Are you concerned about additions that are not permitted or lack proof of permit? The Ventura Safe Housing Collab-

orative is a group of community volunteers appointed by the city to make recommendations on how to improve housing safety in Ventura. We need to save our housing inventory if it is safe. Please pass this on to your neighbors and community contacts. Your recommendations and concerns matter for Ventura's Future—please come!

When: Saturday, September 11-11:00 to

Where: Cabrillo Middle School Cafeteria, 1426 East Santa Clara St.

Refreshments and Childcare Provided Educate yourself and bring your recommendations and ideas!

Questions: Ventura Safe Housing Collaborative 701-1251 Sherry Cash City contact:658-4711

Granting Program applications due

Request for Proposal (RFP) packets are now available online to Ventura

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Your Hometown Paper www.venturabreeze.com Ventura BREEZE



News and Notes



The WPA features a rotating lineup of anywhere from four to eight musicians. Featured in this picture are Greg Leisz, Sean Watkins, Pete Thomas, Luke Bulla, Benmont Trench, Sara Watkins, and, sitting in front, band leader Glen Phillips.

WPA coming to Hillsides Concert

by Tim Pompey

Singer/songwriter Glen Phillips readily admits that WPA is both a songwriter's dream and a logistical nightmare to coordinate. Featuring anywhere from four to eight musicians, WPA formed spontaneously around common friendships and similar musical interests. In 2009, they gathered for five days in a studio to record, then disbursed again to all parts of the world.

It's a live act you'll want to catch at this year's Ventura Hillsides Conservancy Music Festival. They don't do extended road tours and the current album titled "WPA" (available at www.wpamusic.bandcamp.com/ album/wpa) is really a wonderful music anomaly. "Doing this more than once," Phillips say, "is really an issue - just the coordination of logistics and the expense of getting everyone where they need to go."

Logistics aside, let's focus for a moment on the album's great cast. They include the talents of brother/sister duo Sean and Sara Watkins (formerly of Nickel Creek), Luke Bulla (from the Lyle Lovett Band), Glen Phillips (from Toad the Wet Sprocket), and instrumentalists like steel-pedal player Greg Leisz, bassist Davey Faragher, drummer Pete Thomas, and pianist Benmont Trench from Tom Petty and the Heartbreakers.

Phillips is not the type of songwriter who likes to sit alone in a corner and compose. "When I sit down in a vacuum," he says, "I go blank. Collaborating helps me to write." That explains why he pops in and out of three different bands - Toad the Wet Sprocket, Remote Tree Children, and Plover - not to mention interesting side projects like WPA. As he explains, "I have a lot of interest in music and lots of people I love to play with. All these projects excite different parts of my brain."

With two fiddlers and a steel guitarist, WPA has a strong country and bluegrass connection. Asked about his interest in this style of music, Phillips says, "Obviously there's a connection, maybe more to what we call California country, but it's not a deliberate decision. It's more stepping back and doing what's appropriate for the song."

Phillips, who hails from Santa Barbara, remembers the musical river that flowed between Ventura and Santa Barbara. "When we first started, we were playing places like Charlie's Seaside Café in Ventura. And a lot of bands from Ventura came up to Santa

He admits he's had to adapt to the music business over the years. The business end has certainly changed: "My audience and sales have shrunk, so I have to ask myself how I'm going to make a living smaller. Sometimes it's hard to get out of my head and make art play. That's the real challenge - how to keep myself fresh."

Judging by his continued collaborations and concert appearances, Phillips is working hard and having fun. And when he and his friends take the stage, all that sunshine, pop, country, and bluegrass, plus a wildly cheering audience, should be just what the doctor ordered.

For more information on WPA, visit their website at www.wpamusic.com. The 8th Annual Ventura Hillsides Music Festival will be held on Saturday, September 25, at Arroyo Verde Park. The WPA lineup for this show includes Phillips, Sean and Sara Watkins, Greg Leisz, Sebastian Steinberg, and Jerry Roe. Ticket venues for the concert can be found at www.venturahillsides.org/festival.

DUI campaign results in local arrests

by Sheli Ellsworth

The Ventura Police Department is serious about discouraging impaired drivers. Their August 28th sobriety checkpoint resulted in 3 DUI arrests, 22 miscellaneous citations, and 7 vehicle impounds.

Summer months and holidays increase the risk of DUI injuries and fatalities. In 2008, 7,801 people were injured or killed in June, July, and August according to statewide reports. A dozen people were killed,

on California roads, during the last Labor Day weekend alone and the California Highway Patrol reported over 1,400 arrests. The "Avoid the 14-DUI Campaign," named for the fourteen different law enforcement agencies involved, puts additional officers at checkpoints and DUI saturation patrols during the 4thof July and Labor Day holidays.

The National Highway Traffic Safety Administration's campaign, "Drunk Driving, Over the Limit, Under Arrest," initiated the program to provide grants to local law enforcement agencies, like the county's Avoid DUI Task Force, through the California Office of Traffic Safety, to crackdown on impaired driving.

While alcohol involved fatalities rose

from 1,100 in 1997 to almost 1500 in 2007, drug involved fatalities increased from 253 in 1997 to 749 over the same 10-year period.

Law enforcement agencies encourage reporting suspected impaired drivers by calling 911. CHP or the local police may answer 911 calls from your cell phone, depending on your location. Sgt. Ryan Weeks, of the Ventura Police Department, says, "Be prepared to give the 911 operator the license number of the vehicle-if possible, a description of the vehicle, where you are, and the direction headed. And never follow a DUI suspect very closely."

According to the DMV website, a 150 pounf person will be legally drunk for at least two hours after consuming two 5-ounce glasses of wine, or two 12-ounce glasses of beer. For a first offense (21 yrs. or older) with a breathalyzer or blood test conviction of a BAC of .08 or more, expect a loss of driving privileges for four months. On the second conviction, expect a driving suspension for a year. If you refuse the breath or blood test expect a one year's suspension on your first offense.

Designating sober reliable transportation before the consumption of alcohol or drugs is also a component in taking impaired drivers off the road. Local taxi service, Cab 4 You, encourages people who should not be driving, to call them. They also offer discounts for those fares and have encouraged local businesses, who serve alcohol, to contact them to drive patrons that are overthe-limit.

Call for entries for 2010 **CAPPIEs**

Yes, it's that time of the year when CAPS-TV celebrates the fabulous programming by community and institutional partner producers by bestowing upon them the coveted CAPPIE Award. But to be a winner you must first enter.

2010 CAPPIE Award Nomination Forms are available online at www.capstv. org or in the CAPS Media Center lobby at 65 Day Road in Ventura. To be eligible, you must be a member in good standing with CAPS (one exception, see below) and your program or video must have premiered on CAPS Channel 6 between October 2009 and September 2010. The deadline for submissions is 5pm Friday, September 17. Trophies and prizes will be awarded to winners in the following categories:

-Arts, Culture & Music -Civic & Community -Informational & Educational -Inspirational & Spiritual -Variety & Other -Youth (Ages 17 and Under)

-Education & Government Programming (Channel 15 Only)

CAPS staff encourages all student participants in a CAPS4Kids youth program that occurred during the submission period to enter. Qualified students need not be a member to enter but must have created their submission during a CAPS4Kids class or as an official CAPS student intern and be 17 years of age or younger. Contact Rich Burlingham for details.

The winners will be announced at the CAPPIE Awards on Thursday, October 21, held at the Ventura Unified School District's Technology Development Center on Valentine Road. It is by invitation only but will be telecast on CAPS Channel 6.

If you have further questions please call us at 658-0500 or email them at cappies@ capstv.org. Submissions must be dropped off at CAPS Media Center.



Bob and Carolyn Harada regularly spend their Tuesday nights wood carving via the Channel Islands Carvers. Bob has been a member of CIC for more than twenty years.

Wood carvers cut their own niche

by Tim Pompey

There's nothing fancy about how they do it. It's man and woman (and sometimes child) versus wood. A sharp tool, a little skill, and a lot of patience. This is the approach encouraged by members of Club 15 of the California Carving Guild, known locally as the Channel Islands Carvers.

Tonight some of these folks are working on "presentation canes" for wounded soldiers. These are individualized wooden canes with a detailed eagle's head on the top and a soldier's name, unit, and military awards around the base. It's part of a national program called www.eaglecane.com. Another group is busy making relief carvings that will display each of the thirty-seven different unit logos for WWII veterans.

Then there's Gary Hensley, whose eyesight is so bad he is considered legally blind. His poor vision, however, doesn't stop him from making elaborate carvings of eagle heads and ancient castles. How does he do it? A powerful pair of magnified lenses for both his reading glasses and his visor. The rest is pure talent. Even more remarkable, carving is new to Gary within the last year and a half. Now he receives blue ribbons for his work. "It's just a matter of taking my time and figuring it out," he says.

Wood carving also includes families. Lee Marzahl comes with his wife Susan and their 3-year-old daughter Monica. They've been attending since November and now make the CIC a regular Tuesday night ritual. Lee is a carpenter by trade and has been carving since he was nine. Daughter Monica hangs around and occasionally carves little soap projects. "She loves it," Susan says.

Bob and Carolyn Harada also love to carve. Bob currently is the elder among club members in terms of time served: twenty plus years. He remembers some of the club's bigger projects. For instance, the giant carving of Father Junipero Serra in the City Hall atrium and the Great Horned Owl in the historical museum at Olivas Adobe.

CIC classes are held at Buena High School during the school year. They meet on Tuesday nights from 6-8 p.m. at the school's wood shop, located near the corner of Woodland and Victoria. There's no sign-up. Beginners can just drop in. Fees begin at \$10 for the first three classes. This includes instruction in basic safety and wood carving, plus two wood "blanks" to get you started. Beyond this, throw in the cost of some tools, a \$10 annual club fee, \$1 a night to cover rent, and the cost of your wood. Compare this to the average cost for link fees. Cheap by Continued on page 7



News and Notes

Wood carvers

Continued from page 6 comparison.

Since Buena is closed for the summer, members are meeting tonight in the Hensley garage. I watch closely as canes, logos, animals, and castles, are emerging. And it all starts with something as simple as a knife to wood. What results is natural art being created among a small group of friends and family. On a warm summer evening in the heart of Ventura, this is happily as American as it gets.



Dave Prichard, Bank of America market president for the Santa Barbara and Ventura regions, provides a \$5,000 grant check to Cheryl Heitmann, Ventura Music Festival executive director.

Ventura Music Festival receives grant

The Bank of America Charitable Foundation, Inc. recently presented a \$5,000 grant to the Ventura Music Festival (VMF) which will be used to support the festival's educational outreach "Music in the Schools" programs.

Each year, VMF artistic director, Nuvi Mehta, brings live performances, stories and interactive curriculum to nearly 4,000 Ventura County students through the Ventura Music Festival's educational outreach programs entitled "Music in the Schools."

"During these difficult economic times when funding for music in the schools has been either significantly cut back or eliminated altogether, our partnership with Bank of America and other corporate supporters means so much," said Cheryl Heitmann, VMF executive director.

"Bank of America recognizes the importance of arts and cultural education and is proud to support the educational outreach efforts of the VMF," said David Prichard, market president for the Santa Barbara and Ventura regions.

Attend bootcamp without pushups

On October 8,9 & 10 an intensive "Weekend Fiction Bootcamp" and handson experience for serious fiction (and narrative nonfiction) writers who want to move into the world of writing professionalism will be held in Oak View.

The Bootcamp features Toni Lopopolo, east-coast literary agent and former executive editor at Macmillan and St Martin's Press, and Shelly Lowenkopf, professor emeritus, masters in professional writing program, 34 years, USC and revered instructor, Santa Barbara Writers Conference.

Those attending must present their first chapter or equivalent by September 15.

Email for details to lopopolobooks@aol. com. The weekend is limited to 15 writers.

Ghiglieri new Ventura CHP captain

by Rebecca Wicks

The California Highway Patrol announced last month Capt. Bob Ghiglieri, 46, will take on the leadership role at the Ventura station in charge of a group of 57 officers and approximately 20 dispatchers.

Ghiglieri is replacing Capt. Andy James, who held the position for less than a year before retiring. Ghiglieri seemed more than eager to step into his new job.

"I've loved every minute of it," Ghiglieri stated referring to his 23-year career in law enforcement. "My favorite part is the camaraderie, knowing that everyone is there for the right reason...I mean that honestly."

He also described his move to Ventura as something more than just for his career.

"My wife traveled to Ventura for work and came home talking about how she really liked the beauty of the area," said Ghiglieri who's wife recently retired as a consultant for the state Department of Education.

Ghiglieri is the father of six. Four of his children are grown and live on their own. His youngest son who is an aspiring singer and actor was more than excited about the move which brings him closer to the Los Angeles entertainment Mecca.

Born and raised in Rancho Cordova a town near Sacramento, Ghiglieri committed himself to law enforcement early on in his life. He became a reserve deputy at the age of 19.

He became a sworn officer with the Contra Costa County Sheriff's Department on his 21st birthday. A couple of years later he made the move to join the

"I always had my eye on joining the CHP," said Ghiglieri who stated his dad also encouraged him to join as well.

Ghiglieri was a CHP patrolman for 13 years. He served the majority of that time as a motorcycle officer. He worked in San Jose, Oakland and then finally back near his hometown in Sacramento. Later he worked in a number of administrative positions in different parts of Northern

Notably Ghiglieri led the CHP's expanded bioterrorism/hazardous materials unit following 9/11. There he helped form a program to train state employees on how to identify and handle mail and suspicious packages in the wake of anthrax and other scares

For this program, he and his team won the governor's safety award.

Ghiglieri also headed up the Capitol Protection Section which worked to protect state buildings, visitors and more than 40,000 state employees. There he managed SWAT teams, bomb technicians as well as bike and mounted patrols.

On the job for less than a month Ghiglieri is admittedly still getting his feet wet.

"I'm working on talking to people to find out what's what, gathering information," said Ghiglieri. "My ultimate goal is to figure out how to provide the highest level of traffic safety possible for the area."

While a number of law enforcement groups across the nation have seen jobs eliminated, the Ventura CHP station has not seen notable cuts to the local budget.

"The CHP has approved additional positions and is still hiring," said Ghiglieri. However he was careful to note it could "change any time with the current state budget issues."



Spencer Makenzie's Fish Company gave back to the community with their "End of Summer Blast", a free, family friendly, two day, block party that took place on Saturday, August 28 and Sunday, August 29.

The event featured something for everyone including 20 musical artists, over 40 local vendors, a skate ramp, a beer garden, kids games and activities and Spencer Makenzie's full menu of food.



Freddie B's advice to budding entrepreneurs, "Believe that you can do anything."

Business Profile: Freddie B Salon & Spa

by Mira Reverente

"Creativity breeds creativity."

So says Freddie Berumen, hairstylist and owner of the newly opened Freddie B Salon and Spa on E. Thompson Blvd. Berumen, however, did not discover his inner artist until he was almost 30.

A promising banking career did not exactly ignite his creativity, but a routine haircut appointment and an unexpected mentor did.

Banking roots

A long-time bank officer with Citibank, Berumen always thought that his career path was a straight shot. Born and raised in Oxnard, he was overseeing 24 bank branches in the region. "I was quite content but craving more. I just didn't know what exactly," says Berumen.

It was Berumen's hairstylist, Augie Paniagua, who suggested he give hairstyling a try. Berumen recalls, "I was getting a haircut and I thought it was funny. It totally caught me by surprise."

Thinking there was nothing to lose, he juggled a basic cosmetology course at Santa Barbara City College, an apprenticeship with Paniagua and a part-time job at Citibank.

Berumen finally left banking for good after completing an advanced cosmetology course at the Vidal Sassoon Academy in Santa Monica. Affable and gracious by nature, he also discovered that he had a knack for connecting with people and making them happy. He says, "I can't believe it took me this long to find something more social, creative and rewarding."

Being beautiful and fabulous

In 2009, with several years' worth of business, hairstyling and people skills behind him, Berumen decided it was time to venture into his own and open a salon.

After a three-month search, he found a 2,100 square-foot vacant office building. Six months of remodeling ensued to and the salon opened in May 2010. "I wanted a look that was inviting to everyone," explains Berumen. With the help of Hector, his salon coordinator, they pored over magazines, visited other salons, watched HGTV and perused information online. The result: a mid-century modern, minimalist look.

Recessed lighting, dark wood flooring, white moldings and clean lines throughout the salon helped achieve Berumen's vision. The waiting area is uncluttered, displaying an array of hair and skin care products from Red Ken to Dermalogica. Eight stations form two neat rows near wide, bare windows giving the stylists an abundance of natural lighting to work with.

Eight full-time staff come to work everyday from Tuesday to Saturday. An aesthetician is on hand for facials and waxing services. A nail technician has her own alcove for manicures and pedicures while a licensed massage therapist is available for a variety of massages.

Berumen hopes that the salon will appeal to a broad cross-section of clients. He says, "We have stylists of various ages and expertise. We can easily match clients and stylists up, according to needs and preferences."

Business savvy

Berumen describes the best part of running his own business. "I really like building relationships and making people feel good, even if it's just for an hour or two," he says. Berumen wants the salon to be a haven for those who want to be "off-line" or distraction-free.

He stays on top of trends by attending the annual International Salon and Spa Expo in Long Beach. He gets the word out by advertising with local publications, giving back to the community, going to networking events and maintaining a presence on Facebook. A website is also under construction and will be launched soon.

Being himself

While the salon takes up about 50 hours of his time every week, Berumen still finds time to teach at Santa Barbara City College, where he first learned the tools of the trade.

He foresees hiring more stylists in the future, but wants to take his time building a solid client base. His advice to budding entrepreneurs, "Believe that you can do anything."

For more information: Freddie B Salon & Spa 1023 E. Thompson Blvd. Ventura, CA 93001 628.3535

www.freddiebsalon.com (launching soon) Business hours: Tuesdays to Saturdays, 10 am to 6 pm September 8 - September 21, 2010

Community Events



MB Hanrahan was the Artistic Director for Tortilla Flats

Tortilla Flats reunion

Everyone is invited to the annual Tortilla Flats Reunion Dance. The event is scheduled for 7pm Saturday, September 11 at the Derby Club at the Ventura Fairgrounds, 10 W. Harbor Blvd. Music will be provided by the Nuestro Band playing Latin, jazz, swing and dance favorites for your listening and dancing pleasures. Admission is \$25 and limited to the first 200 people who respond. Checks addressed and made out to the Tortilla Flats Committee can be mailed to P.O. Box 6064, Ventura, CA 93006 or call Info/Hotline numbers, Maggie Barron at 643-0315 or Toni "Punky" Palazuelos at 889-7414.

The Project Coordinator Moses Mora stated "We are grateful to all our friends and supporters who helped keep this project alive over all these years and send out a special invitation to you to help us celebrate our tradition of keeping the community together. This year we are taking our reunion celebration back to Tortilla Flats by having it at the Ventura County Fairgrounds. Our Tortilla Flats archives will be available for viewing. Hope to see you there!"

Ventura County Fairgrounds September events

9/9 POULTRY MEETING Barn 300 Dave Anderson

Seaside Feather Fanciers (805) 524-5588 Thurs. 5:30p-9p; Visitors welcome

9/11-12 GUN SHOW San Miguel Hall

Lori McMann McManns Roadrunner Anacapa Hall (602) 843-5303

Sat. 9a-5p; Sun 9a-4p; \$9 Adult; under 12 free San Nicolas Hall

9/11 VRA SPRINTS, SENIOR SPRINTS, DWARF Pacific Arena Jim Navlor

CARS, CA LIGHTNING SPRINTS, JR MIDGETS & MINI DWARFS (805) 985-

Sat. 5p; Gates 3p; \$14 Adult; \$11 Senior/ Military/Student; 12 & under free

9/12 ROSE MEETING The Greenhouse Barbara Schneider

Fair Friends of Roses (805) 648-3376 x

Sun.1p; Visitors welcome

9/15 SWAP MEET Lot A Sue Adams SNA Designs (818) 590-5435

Wed. 7a-2p
9/17-19 FALL HOME & GARDEN

SHOW San Miguel Hall Robert Pegos Capital Showcase, Inc. Anacapa Hall (805) 641-1126

Fri. 12p-6p; Sat. 10a-7p; Sun. 10a-6p; \$5 Adult; 12 & under free

9/18 VRA SPRINTS, PRO DWARF CARS, IMCA Pacific Arena Jim Naylor MODIFIEDS, SPORT COMACTS & GO

KARTS (805) 985-5433

Sat. 5p; Gates 3p; \$14 Adult; \$11 Senior/ Military/Student; 12 & under free

9/20-24 RHODESIAN RIDGEBACK DOG SHOW Santa Cruz Hall

Mon.-Fri. Grounds

9/22 SWAP MEET Lot A Sue Adams SNA Designs (818) 590-5435 Wed. 7a-2p

9/25 USAC/CRA SPRINTS, SENIOR SPRINTS Pacific Arena Jim Naylor

19th ANNUAL WAGDASH 2010 (805) 985-5433

Sat. 5p; Gates 3p; \$18 Adult; \$15 Senior/ Military/Student; 12 & under free **9/25 DANCE** Lot C

Valdivia Marketing Group (805) 487-6933

Sat. 7p-1a; Admission: \$35-\$40 presale **9/26 VENTURA FLEA MARKET** Full Grounds

R.G. Canning Enterprises, Inc. (323) 560-7469

Sun. 9a-2p; Admission \$5; Early bird \$10 9/29 SWAP MEET Lot A Sue Adams SNA Designs (818) 590-5435 Wed. 7a-2p

Write makes right?

Believing that "Words Can Right Wrongs", for the 20th year members of the Ventura County Group of Amnesty International will get out their pens and write as many letters as they can on behalf of people around the world whose human rights have been abused.

It is a Write-A-Thon to be held from 1 to 4 PM on Saturday, September 11 at College United Methodist Church, 4300 Telegraph Rd.

These urgent action letters are written on behalf of people who are the victims of death threats, fear of torture, incommunicado detention, the severe restricting of grants for political asylum. Over a nineteen year period, the group estimates 4,100 letters have been sent to authorities all over the globe.

Amnesty International, winner of the Nobel Peace Prize, is an independent worldwide movement that works for the release of political prisoners and an end to torture, executions, political killings and "disappearances". All are welcome to join Amnesty members as they write letters to help save lives.

For further information call Bob Gips at 643-4272, Nan Durantini at 650-7314 or Susan Bronn at 981-0837.

Ventura events

West African Dance Class with Live Drumming- All levels and ages.

Saturdays 4pm-5:30pm, Old Oxnard High School $\tilde{\ }$ 350 K Street, Rm. 108

Class is free but donations are gratefully accepted, please e-mail Jaimi for more information: africandncer@gmail.com

Sierra Club's hiking events September 9: Santa Cruz Island Hike-

Day Trip: The isthmus \$44.00.

September 13: Monday Morning Walk:

Meet 8:30am Mission Plaza to carpool Lake

Casitas for a four mile walk on trail. **September 20: Monday Morning Walk:**Meet 8:30am at Mission Plaza carpool to Miramonte then take 9am trolley to Ojai and

October 4: Monday Morning Walk: Meet 8:30am at Mission Plaza to carpool to Reeves Road in Ojai to walk to Meditation Mount.

walk back on trail.

Call Pat 643-0270 for more information.

September 9: The Ventura Unit of the League of Women Voters will meet on Thursday, at 2pm, Topping Room, E.P. Foster Library, parking in rear. They will be selecting topics for their meetings in the upcoming months. So come with ideas that might be of interest. Public invited. For information call Nell at 658-0587.

September 16: At 5:30pm interested health freedom fighters are invited to join the **Ventura County Chapter of the National Health Federation (NHF).** Each month they meet to view a thought-provoking documentary regarding the health of our nation.

At their next meeting the President of the NHF, Mr. Scott Tipps will be addressing the rights of the consumer and the purpose of the NHF.

The meeting will be held at Lassens Natural Foods & Vitamins located at 4071 E. Main St. Please RSVP to 648-7987 so that they may accommodate all interested guests.

September 18: The Ventura County Genealogical Society, Inc. will be holding its regular monthly meeting Saturday at 1pm. The meeting will be held at the Ventura LDS Family History Center, 3501 Loma Vista Rd. (at Mills Rd.). Before the meeting begins and during the breaks, genealogy books and supplies are available for purchase. Guests are always welcome to attend the free meeting. For more information call Gwenda at 485-7930

The guest speaker will be Judy Janes speaking on online newspaper research. Judy is Past President of Ventura County Genealogy Society and now serves as Chair of Ways and Means, managing our Sales Table. Judy is a third-generation Californian and has traced her family extensively through New York, Virginia, Mississippi and California.

September 18: Country Lovers Western Dance Club will be holding a country western dance at The House of Dance, 3007 Bunsen Ave., Suite E, in Ventura. Theme will be "Country Retro". Open dancing 7-10:30 p.m. A dance lesson begins at 7:30 p.m.

Musicwillbebydeejay"Jammin'Country". Cost is \$7.00 per guest; \$6.00 per club member. Kids under age 13 are free. All ages are welcome. Partners not necessary.

For more info contact Country Lovers Hotline 647-1893, or visit the club's website www.countrylovers.com.

September 19: The Ventura County Chapter of USA Dance, Inc., will be holding their **September Dance Party** on Sunday at the Poinsettia Pavilion, 3451 Foothill Rd. The event starts with a free dance lesson at 2pm, followed by open dancing from 3 to 5:15pm. Dance music is by big band CDs. Also featured are refreshments, Male Dance Hosts and a 50/50 raffle. Admissions are: \$10 General, \$9 Dance Buddies, \$7 USA

Dance members and \$5 Youth and Active Duty Military. Info: 646-6271

September 19: Bears Ventura and AIDS Project Ventura County will host an afternoon of bingo. This event will occur from 3:00 to 6:30pm at the Ventura Harbor Comedy Club located in the Ventura Harbor Village. This is a fundraiser to help raise needed funds for AIDS Project Ventura County's services, such as HIV Rapid Result testing, Mental Health & Counseling and the food pantry.

Event tickets are \$25.00 cash at the door and will include 10 games of bingo and a free evening of comedy immediately following bingo. Extra tickets and Early Bird games will also be available. The afternoon will also include raffles as well as a Silent Auction with items donated by

local Ventura County businesses. Snacks will also be available to purchase.

September 20: Liz Wong, of Westlake Village, will present a parliamentary lesson on **"Suspend the Rules"** at the Monday meeting of Zeta Chi. Zeta Chi is a local unit of the National Association of Parliamentarians (NAP.) The lesson covers two topics that are frequently confused by those who begin parliamentary study.

The unit meets at 7 p.m. in the Topping Room, E.P. Foster Library. Free parking is available behind the library.

Zeta Chi holds regular meetings to study parliamentary procedure at the library on the third Monday evening of each month except December; unit member dues are \$25 per year.

For more information, please contact the unit Vice-President Sandra Sanders at 643-5928 or sandy108@pacbell.net

Ojai events

A power point presentation, with commentary by Craig Walker, Tom Moore, and David Mason will be hosted by the Ojai Valley Museum on **September 12.** Craig Walker and Tom Moore are co-authors of the recently released book "Ojai", from Arcadia Publishing's Postcard History Series.

The slide show will feature full-color scans of many rare and beautiful vintage postcards covering the last 100 years of Ojai Valley history. The authors will provide descriptions, stories, and interesting facts relating to the places and events pictured on the cards.

Those wishing to have a signed copy of the book may bring their own copy or purchase one from the museum at the event.

The event will be held on Sunday, September 12, at 4 pm in the museum gallery at 130 W. Ojai Avenue. Contact the museum at 640-1390 for additional information.

All Male, all month, "The All Male Review" is the art exhibit at the Ojai Center for the Arts running Saturday September 4 through Thursday, September 30. This year's show is once again an invitational with artist's chosen by the Art Center's gallery committee.

The work presented will range from the landscapes of Norman Kirk to the inner landscape of Kirk Lowry. The Art Center invites you to be part of this all male celebration of art. The reception is Sunday, September 5, from 1-3:00 p.m. While you are there consider buying an original piece of art with 30 % of the sale going to support the oldest all volunteer nonprofit art center in California. The art Center is located at 113 S. Montgomery St . For more information go to ojaiart-center.org or call 646-0117

The 26th annual **Ojai Peddler's Fair** is being held from 9am - 4pm Saturday and Sunday, **September 18 & 19**.
Located inside the Chapparal Auditorium at 414 E. Ojai Ave. Parking is free in the adjacent municipal parking lot, and admission is always free.

Held rain or shine, the Peddler's Fair is chock-full of quality antiques, collectibles, handcrafts and international crafts. This is a benefit for the Mira Monte PTO.

Vendors are sought. For more information, please contact Pat at 964-8915 or Iodie at 640-4384 x2284.

Live music fans take note, the Ojai Center for the Arts is presenting another fabulous evening of music and song Saturday, **September 18** at 7pm. **The fundraiser for the Art Center's en-**

**

Community Events

dowment fund will feature Broadway and television star Sam Harris, and showcase the career of a very special guest, Kay Starr

Local talents Holly Ferguson, Candace Delbo, and Tracey Williams will be joining Harris in the evening's program.

Share the evening and a song or two with the gold album winning songstress at the Ojai Center for the Arts, 113 S. Montgomery St. For reservations please call 640-8797 or for further information go to ojaiartcenter.org.

Diabetes and its effect on vision will be the focus of a **free seminar** that Community Memorial Health System will hold on Saturday, **Sept. 11**, at the Ojai Valley Women's Club, 441 East Ojai Ave.

Optometrist Roger Phelps will lead the seminar that will run from 9 to 10:30 a.m. With 25 percent of the U.S. population affected by diabetes or pre-diabetes, Dr. Phelps will discuss its effects on vision as well as cover the newest treatment options available to prevent diabetes-related blindness. Other topics he will cover include recognizing the symptoms of diabetes and measures to take to prevent pre-diabetes from turning into diabetes.

The seminar is co-sponsored by KVTA Radio and the Rotary Club of Ojai. Admission is free, but space is limited, so reservations are suggested. Call 640-2355, or visit www.cmhshealth.org/rsvp.

Fresh Roasted Concerts presents Dala, the acclaimed singing duo from Canada on Friday, **September 24** @ 7:30

pm. at Matilija Auditorium, 703 El Paseo Rd. Tickets in advance are \$20 for adults and \$18 for seniors (65+) and students, tickets are \$3 more at the door. Tickets are available at the Ojai Coffee Roasting Company, online at www.ptgo.org and by phone at 646-8907. Dala is the first offering in the series of 5 eclectic music concerts scheduled throughout the year. Subscriptions for the entire series are also available by phone or online that features Bearfoot Bluegrass, Moscow Nights, John McCutcheon and Renaissance Do Wop.

Amanda Walther and Sheila Carabine of Dala (the duo's name was formed by combining the two last letters of each artist's name) have come a long way in a short time. This summer, Dala's PBS special "Girls From The North Country" will be broadcast across North America . Dala performs a concert to remember, with their own songs weaved around classics by Joni Mitchell, Neil Young, Bob Dylan and Gordon Lightfoot.

"Finding Strength and Inspiration while Living with Chronic Health Challenges"--a free discussion group, facilitated by Kathy Leary-Wilde, Marriage and Family Therapist will be held on Friday, **September 17** from 10:30 to noon at the Dr. Bernhoft's Center for Advanced Medicine, 1200 Maricopa Hwy, #A, Ojai.

There is not a charge, call 218-9798 for more information.



A car show, held on August 28 & 29 at the Harbor featured bands, a Native American in the back seat, classic cars and wild animals.













Art Scene



Julinya Vidigal De Vince stands among a variety of her paintings and painting styles. Pictured here (l. to r.): Woman and Cheetah, Il Magnifico, Moulin Rouge, Gothic, and Arctic River

WĀV Artist Interviews: Julinya Vidigal De Vince

Julinya Vidigal De Vince has literally traveled the world as a painter. Her long list of destinations either studying art or doing art exhibits include France, Italy, Mozambique, and Spain. It's provided her with a broad world view and an impressive knowledge of paint chemistry, techniques and styles.

Born in Sao Paulo, Brazil, her family lived in Chicago for several years. It was here that art made its first big impression: "I was 9-years-old when my family took me to the Chicago Art Institute. I was in total amazement and told my Dad, 'One day I will be an artist too."

De Vince has fine art degrees from Escola de Belas Artes in Sao Paulo, the Sorbonne in Paris, and UCLA. She did plein-aire painting around Paris and Tuscany and researched art and art restoration. For the sake of teaching she became an expert in classic art techniques. "I can reproduce most painters," she says.

De Vince likes to work with her son to combine their very distinct styles. "Often his paintings inspire me," she says, "and sometimes we work in collaboration." She loves to explore art in all its manifestations: "I have an artist's soul. If not a painter I would have been a dancer. I love everything that has to do with the soul being translated into an artist's language." She looks at her paintings as works in progress that always change and invite reinterpretation. For De Vince, "A painting should always have something that is never finished."

Those who follow her art marvel at what she has accomplished. For De Vince, however, her inquisitive nature means the artistic journey is just beginning. To find more information about De Vince's art, visit her website at www. julinya.com.

Watercolors at 71 Palm

71 Palm Restaurant will be hosting an artist's reception titled "The Art of Detail" featuring the watercolors of Gail Faulkner on Saturday, September 18 from 2:30 until 4:30 p.m. Please join in for an afternoon of art and hors d'oeuvres.

Many years after attending the Philadelphia College of Art, followed by careers in both the medical field and



Gail Faulkner's paintings capture every detail

advertising design, Gail Faulkner has returned to her love of painting. Her work captures the detail of the beautiful objects that surround her. Gail's work has received numerous awards in recent years, including first place in watercolor for the past three years in the Santa Paula Society of the Arts Show. Please visit www.gailfaulknerstudio.com.

71 Palm Restaurant is located at 71 N. Palm St., 653-7222.

Janet Black at the Buenaventura Gallery

Janet Black's solo exhibition "Synthesis: New Works in Collage" at the Buenaventura Galley will show from September 14 to October 9, with an opening reception on Saturday, September 18 from 4-7pm.

Look once and you see a composi-

tion of colors and textures harmoniously creating a figure. Look twice and notice the medium of numerous papers from a handful of origins, torn with grace and skill, and reconstructed into values of light and shadow.

The Buenaventura Gallery is located at 700 E. Santa Clara St. Hours are Tuesday thru Friday from 12 - 5 pm and Saturday from 11 am to 5 pm. For questions or an appointment during other hours, please call 648-1235 or visit www.buenaventuragallery.org.



Janet Black will be the featured artist for Harvest ArtWalk



Professor Scamp, Ph.D

(Pretty Happy Dog)



Make a difference: become a sponsor of the Mutt Mitt program

On September 15, Ventura will premiere an educational and en-

tertaining television show entitled "Doo the right thing!". This 30-minute program humorously showcases the importance to the environment of disposing of pet waste properly. It also highlights a new sponsorship program to fund discontinued

Mutt Mitt dispensing stations, which had previously dispensed 600,000 free pet waste pick up bags throughout Ventura annually (that's a lot of poop).

The special shows how not picking up after one's pet can negatively impact Ventura's watershed and public health.

For 10 years, up until this past November '09, Ventura had 80 Mutt Mitt stations throughout the City. However, due to budget cuts, this important program was canceled. Almost as bad as the closing of Fire Station 4.

Concerned Council Members and the Chamber of Commerce got together and agreed that something had to be done. Cleaning up pet waste is not only important in keeping out city clean and beautiful, it's important to our community's watershed health!

Ventura's new Mutt Mitt Program will help keep Ventura's beautiful parks, beaches and public areas clean and free of dog waste by providing biodegradable pet waste bags at 21 Mutt Mitt dispensing stations around the city. With over 7,000 dogs living in Ventura County, and over one million visitors visiting the area annually, there's definitely a need to "Doo the Right Thing" with regards to pet waste-by throwing it away properly and by having dispensing stations it is made much more convenient to do. Scooping poo after your pet is a dirty job, but not with the proper plastic bags. Do you ever wonder why our beaches are closed after a storm? The reason is partially due to the presence of bacteria ridden pet waste in stormwater runoff!

According to stormwatercenter.net

this bacteria can pose health risks to humans and other animals, and result in the spread of disease. Now do you want that?

You can make a difference by becom-

for only \$600.00 per year! "Green Hero" - \$600.00

1-year Mutt Mitt station sponsor Custom designed station sign with



ing a "Green Hero" Scamp Club Mutt Mitt dispensing station sponsor today, or by sponsoring a location of your own

your logo or message

Your logo on all promotional materials (1 year)

Recognition on the Ventura Mutt Mitt website (1 year)

So for only \$50.00 for a year (each of my signs will be limited to 12 sponsors) you can support this wonderful cause and show your support for the wonderful contribution that I make to the city through my column. You will also receive a "pawtographed" photo of me suitable for framing to put over your fireplace.

If I receive enough sponsors maybe we can have 2 locations. The photo shows what my sign will look like with your name listed as a sponsor.

Doo the right thing.

So remember: It's the law! Many urban and suburban areas require you to pick up after your pet. Even if there is no restriction, cleaning up after your pet is always the right thing to do.

Joining the growing number of responsible pet owners may encourage hotel managers to accept pets when you are traveling and help keep fees to a minimum.

No one likes to step in pet waste and spread it into homes, cars and businesses. Your neighbors will appreciate your good manners.

I won't bite you.

To become a sponsor of my Scamp Club Mutt Mitt dispensing station:

1. Write out a check in the amount of your contribution (minimum \$50.00).

Please make checks payable to Ventura Commerce and Education Founda-(Indicate "Mutt Mitt Program" contribution on check memo line).

2. Mail your check to: Ventura Breeze-1575 Spinnaker 105B-Ventura 93001.

All contributions are fully tax-deductible through a partnership with the Ventura Commerce & Education Foundation (Tax ID Number: 20-0391438)

Thank you for your support in keeping Ventura Beautiful and Safe! To sponsor your own station with your company logo, and for more details go to "venturamuttmitt.com". You will see some of what I have written there also, so I stole some of it, I'm only a dog.

Police Reports

by Veronica Johnson



Traffic accident

On August 27, at 2:38pm Ventura City Fire units responded to the report of a vehicle accident involving a rollover at the intersection of N Catalina St. and Hillcrest Dr. Units arrived to find a single passenger vehicle on its roof with major front-end damage. Ventura City Fire Department paramedics assessed and treated three occupants of the vehicle while securing other hazards such as the possibility of leaking flammable liquids. Two of the occupants were released into the custody of their parents, who had arrived on the scene after being contacted by witnesses, after they were medically evaluated for their injuries. The third occupant was treated at the scene for moderate injuries and transported by Gold Coast Ambulance to a local hospital for further evaluation and treatment.

Shoulder Tap Operation

On Saturday, August 14th, between 3:00 and 6:00 p.m., the VPD conducted a Decoy Shoulder Tap operation at the Ventura County Fairgrounds. During the operation, 3 Ventura County residents furnished alcohol to the decoy, including Felipe Vasquez, 64 years old and from Ventura, Richard Franco, 53 years old and from Fillmore, and Martin Curiel, 47 years old and from Santa Paula. All subjects were cited and released.

Armed Robberv

On Thursday, August 5th, at 8:30 p.m., the suspect, a Hispanic male between 20-30 years old, entered the 99Cent Store located at 2709 East Main Street and approached a store clerk. The suspect demanded money from the clerk while showing the clerk a gun in his waistband. As the suspect was speaking with the clerk, the store manager walked up and was informed by the clerk that the suspect had a gun. The store manager gave the suspect an undisclosed amount of currency and the suspect fled the store. He was last seen fleeing towards Loma Vista Road. VPD patrol Officers checked the area for the suspect however he was not located.

Structure Fire

On Monday, August 16th, at 4:46 p.m., VC Fire units responded to a reported structure fire this afternoon on the 1100 block of Hingham Lane. Initial callers stated to operators that smoke was coming from an upstairs window next to their residence and that they could hear smoke detectors sounding. There were no residents home at the time of the fire. Firefighters used forcible entry tools to gain access to the unit. Another team quickly deployed hose lines and made access to the unit. A small fire was located in the residence that was quickly extinguished, stopping further heat, smoke, and water damage. Combustibles left near a malfunctioning appliance appear to have caught fire and spread to a small area. There were no injuries reported.

Vehicle Pursuit

On Monday, August 16th, at 6:10 p.m., a VPD officer saw a Mercedes sedan speeding in the 1600 block of Spinnaker Drive and attempted to initiate a stop for the traffic violation. The driver motioned to the officer he was going to pullover in a parking lot, but he refused to stop and entered Spinnaker Drive the wrong way at a high rate of speed.

The pursuit continued through the Ventura Marina. The driver ran a red light and several stop signs. The pursuit was discontinued because of the danger the suspect's reckless driving posed.

Later, officers saw the suspect vehicle stopped in traffic at a stop sign at the corner of Pierpont Boulevard and Peninsula. The suspect was taken into custody.

The suspect was identified as Todd Helling, 41 years old and from Oxnard. Helling was arrested and booked at VCI.

During the pursuit, a female passenger riding with Helling got out of the vehicle and fled. She was later located, but was released without being arrested.

Failure to Yield

On Sunday, August 22nd, at 8:05 a.m., an officer noticed a vehicle near San Jon and Harbor Boulevard speed away as it ran a red light and continued to drive recklessly. The officer attempted to catch up to the vehicle, but lost sight of it.

Five minutes later, officers noticed Continued on page 19





Áegis of Ventura is proud to welcome back dementia expert, Teepa Snow, MS, OTR\L, FAOTA

"How to Communicate with Someone Who Has Dementia"

Reduce or minimize unproductive conversations and resistive behaviors by using effective verbal and non-verbal skills.

Monday, September 13th 9:00 a.m. - 11:30 a.m.

By the end of this session you will be able to:

- 1. Learn to use validation and empathetic communication techniques
- 2. Learn how to discriminate between redirection and distraction
- 3. Recognize the value of "knowing the person and their history" to support in effective communication

This is a FREE event. Open to the public.

Please RSVP to the Concierge at 805-290-1221.



Áegis of Ventura 4964 Telegraph Rd. Ventura, CA 93003

AegisofVentura.com

(805) 290-1221

We're the people who make life better.

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You may have noticed that Carrow's (named after David G. Nancarrow) Restaurant, located at 4095 Telegraph is now Coco's Restaurant & Bakery. Both of these restaurants are owned by the same company who wanted to introduce a Coco's to Ventura which they have now done.

Shown is Coco's (and former Carrow's) General Manager Lucia Bacon, one of their wonderful servers Daisy, and (inset) 7 year old Elmhurst Elementary student Katrianna Smith, as they try to decide which pie that Katrianna wants to eat, a very hard decision.

Senior Living

The Senior Cone-nection

Free health care service provides peace of mind

by Nanci Cone

Your doctor tells you to take your blood pressure, watch your weight, and take your medicine at the same time every day. Great advice, but for those of us being treated for chronic medical conditions, this is especially important. Even though you know it's crucial to follow this advice, as even a slight change in your numbers can spell trouble, it's not easy to be so compliant. In fact, 20% of cardiac patients recently discharged from hospitals, are rushed back to the emergency room in heart failure because they were not monitoring their vital signs. When you are short of breath, it becomes a frightening and life-threatening event; so what's the best way to prevent hospital admissions?

Sandy Morse of MediTech, says, "Telehealth is very interesting because it's a much-needed healthcare service and is a solution to people with chronic illnesses that need ongoing monitoring but don't have a nurse in their house everyday." She goes on to say, "I have an elderly parent and the peace of mind of knowing that your loved one is being monitored by healthcare professionals every day is very comforting and also gives reassurance to the patient. And because there's no charge for this service, more and more people are taking advantage of it."

How about a nurse in your home every day who reminds you to take your meds, then checks your vital signs and catches any warning signs, so you won't end up in that emergency room. That would sure solve the problem, but of course that's not reality; however, there is a solution to this dilemma - it's called TeleHealth.

This little machine takes your vitals at home, detects abnormalities and shows fluctuations that could signal a change in your condition. Then it communicates this information to nurses who in turn can intervene to prevent further problems and also sends relevant information to your physician. Think of the peace of mind in knowing that someone is watching over you and monitoring your health status on a daily basis.

So, here's the good news, MediTech Home Health, Inc., a Ventura based Medicare Certified and Accredited Home Health Agency, with over 20 years of community care, provides professionally trained staff to case manage your care, using the Tele-Health Monitoring Program. It's the next best thing to having your own private nurse in your home. Best of all, there's no cost to you to use this service. If you need more extensive help, the good news is that most of the services are covered my Medicare or your private health insurance.

It's easy to get help, just call Medi-Tech Home Health at 644-0800 and ask about their TeleHealth program and Home Health Care. They will discuss care options and arrange for a MediTech Registered Nurse to meet with you, in your own home, to devise a home care and TeleHealth plan just for you.

Country Hoe-Down

Join Cypress Place Senior Living for a Country Hoe-down and enjoy live country music, line dancing, pony rides for the

kids, and prizes. Free shuttle parking will be available at the event.

Be sure to come with a hearty appetite for western style fixins at their free BBQ buffet, including tri-tip & chicken, corn on the cob, baked beans, cornbread and much more.

This festive event takes place from noon to 2 p.m. on Saturday, September 11. Wear your favorite country western attire and come meet our residents and other local community members while enjoying great food and live entertainment.

Cypress Place Senior Living is located at 1200/1220 Cypress Point Lane in Ventura. For more information or to RSVP, please call 650-8000. To learn more about Cypress Place Senior Living of Ventura, visit their web site at www.cypress-placeseniorliving.com.



Harry Enderson, seen with Suz Montgomery, never considered himself to be a hero

WWII veteran honored

by Sheli Ellsworth

Usually, when a long narrow table seated with Majors, Lt. Commanders, and Corporals occupies a room, you expect to find either a movie set or a senate advisory committee. But at the Venturan Convalescent Center, you will find a gathering celebrating the life of veteran Harry Enderson. The Venturan is home to several decorated WWII veterans, none of which claim to be war heroes.

Born in Minnesota, Enderson and his high school friends were feeling the effects of The Great Depression. Jobs were scarce. Their futures bleak. On a lark, they decided to purchase an old training plane. "Did you have an instructor?" asked Suz Montgomery, a fellow pilot and instructor at the center. "Aw, it was just a simple trainer. Wasn't nothin' to it," Enderson said.

Enderson was drafted in 1941 and became a Naval Air Corps B-24 pilot. He flew reconnaissance missions in the Pacific Arena, returning with valuable photographic intelligence. The B-24s were also flown as one of the primary bombers in WWII and were outfitted with machine guns for defense against fighter planes. Enderson said his crew usually consisted of a couple of gunners, a first officer and a navigator.

Lieutenant Commander Enderson flew 64 missions before he was released, from active duty, in 1946 and was awarded the Distinguished Flying Cross. When asked if he ever panicked on a mission, Harry's response was, "We were too busy to be frightened."

After the war, Enderson finished college on the GI bill and went to work for Los Angeles County. He met his future wife in San Diego and was married for 47 years.

Tippin' Harry, as he's known at the center, for trying to tip the employees who serve his meals, never considered himself a hero. "We were just doin' our jobs, the real heroes didn't come home."

Senior Living



On August 26 the final concert in the Aegis of Ventura summer concert series featured Ted's Tropical Troubadours. A wonderful evening of music, dancing and food in their wonderful courtyard.

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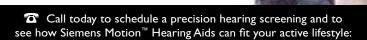
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users to cell phones, MP3 players and TV) when you purchase 2 Siemens Motion[™] 501s.

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Religion

Arrow Child & Family Ministries visits The River Community

Arrow Child & Family Ministries serves children rescued from abuse through Arrow Christian Foster Care by recruiting, training, licensing and supporting Ambassador Foster Families as they provide therapeutic services from a Christian worldview.

Make a difference in the life of a child by becoming a foster parent through Arrow Christian Foster Care. Children who have been removed from their family due to sexual, physical, or psychological abuse, as well as neglect, deserve to be part of a family where they can be loved and nurtured.

Sadly, there's a critical shortage of loving, secure homes that will unconditionally commit to making a difference in the lives of these hurting children. Ambassador Family Initiative, will equip you with the knowledge and skills to become a successful foster

Mett Rhonda David on September the 12 at The River Community Church located at 3100 Preble Ave. in Ventura. She will be available to answer questions at 4:30pm and will make a brief presentation at the 5:30pm during the weekly gathering. Rhonda will then be available again after service to share additional information.

Childcare will be provided and for more information, please call 815-5795 or visit their website at www. TheRiverCommunity.org.

Rosh Hashanah services

Temple Beth Torah will be offering a very spiritual and meaningful service to celebrate the High Holy Days. The services will begin with the evening of Rosh Hashanah today, September 8 at 8 p.m. The following day, Thursday, services will commence at 10 a.m. in their lovely sanctuary. For these two services you will need tickets which can be obtained from the temple office at 647-

As the adults pray in the sanctuary on Rosh Hashanah morning, religious

educator, Janis Knight, will offer children's programming, including services outside in the quad under a tent. The children's services will be from 10 a.m. to 12:30 p.m. From noon to 12:30 the children will rejoin their families in the sanctuary. Pre-registration is

At 4 p.m. please join in to celebrate the family service at Marina Park on the lawn by the Leo Robbins Community Sailing Center. The celebration will continue at the 5 p.m. Tashlich service at the water's edge. The 4 and 5 p.m. service is open to all.

Temple Beth Torah, which was founded in 1938, is located at 7620 Foothill. For more information please call the temple office at 647-4181 and also visit their website www.Temple-BethTorah.com

Shabbat services

Congregation Elohim Hu Ahavah holds Shabbat services every Friday night at 7 pm. The joyous song-filled services, includes Torah reading and prayer for miracles. They are a "bridge" stream of Judaism, connecting the community, to the G-d of Israel and His Word and as Yeshuim. Held at the Harbor Hall, 3100 Preble Ave., Ventura.

For More information call 298-

School

Communication from Kara

My name is Kara Miller and I'm the Tier 3 intervention teacher at Pacific High School in charge of running the Lagoon Program. This program is designed as a six-week timeout intervention for those students who need time to refocus and redirect their behavior, academics, and life choices. It is my hope to connect with these students through art, literature, and creative

I am exploring ways to facilitate a connection with these students to target their whole being, not only their academics but their psyche. These children have been through more than what some adults experience in an entire lifetime. I hope to instill values and life skills so that these young adults can make better choices for their future.

Frequently they have a large gap or missing piece in their academic development and it is oftentimes a teacher's job to help reduce that gap. I want my students to recognize the strength and courage that has not yet been found embedded within their inner self.

And, you can help us. My goal is to adorn our classroom with 1,000 origami paper cranes. Paper cranes symbolize strength and courage and are a sign of good luck. These cranes will be a sign that the students' community, city, state, and country are supportive and encouraging them to stand up against the odds, choose a positive life path, and tap into a part of themselves that they have yet to discover.

If you would like to be a part of our Crane Project please mail completed cranes to: Kara Miller, 501 College Drive, Ventura, CA 93003. Feel free to enclose a message to my special stu-

Thank you,

Prepping for a green career

Ventura College Community Education is now accepting registrations for the LEED® Green Associate Certification preparation class to be held on Monday, September 20, from 9 a.m. to 5 p.m. at 71 Day Road.

This intensive, one-day workshop will be conducted by CleanEdison, a nationwide provider of green professional accreditation training, and will prepare students to take the national certification offered through the Green Building Certification Institute.

This exam preparation class will include a complete review of the LEED® rating system and will go over proven strategies for taking and passing the exam. The price of this class is \$345.00.

CleanEdison will also provide Energy Auditor Training with BPI (Building Performance Institute) in November through Ventura College Community Education. This one-week program is schedule for the week of November 8, 2010, and will include classroom training, field experience, all course materials, BPI application fees, written exam, and field exam.

Individuals in the fields of construction, design, inspection, contracting, and utilities will be interested in taking this class to learn how to target, diagnose, and recommend procedures to remedy inefficient building performance. The cost of this class is

For more information or to register, go to www.communityed.venturacollege.edu or call Ventura College Community Education at 654-6459.

VC College lawsuit

Continued from page 1 tive," said Suarez.

According to Suarez no settlement discussions or offers have been made by Leo A. Daly Co. and the college is proceeding with the lawsuit action.

Calls to Leo A. Daly Co. were not returned.

The building is still currently under construction and while Leo A. Daly Co. has not been paid since September 2009 when the design flaw was discovered the architect remains on the job.

Sports

Tournament to benefit VHS basketball program

Ventura High School will host its 8th Annual Cougar Golf Classic to raise money for the boys and girls basketball

The proceeds from the fundraiser will give the teams the ability to purchase new uniforms, training equipment and allow for the program to pay for tournament and summer travel expenses for the play-

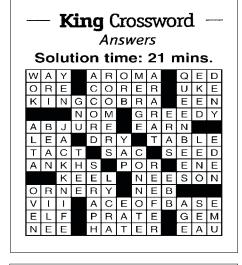
The 2010 Cougar Classic will be held on Saturday, October 2, at Elkins Ranch Golf Course in Fillmore. There will be a silent auction, raffle and dinner. Sponsorships are available at all levels of participation. Golf and dinner is \$135.00.

For more information, entry form and tournament details, visit: www.cougargolfclassic.net or contact Dan or Ann Larson at 641-5116, ext. 2114.

Good Waves, Good Spirit, **Good Times**

The 24th annual California Street Longboard Classic Surf Contest returns to Surfer's Point September 18-19, offering surfers fun competition in both longboard and shortboard divisions, and beach lovers of any kind a taste of the California magic and easygoing vibe that has made the C Street Classic one of the longest running and most popular amateur contests in Southern California.

Also on the classic docket, a Saturday night showing (show time dusk) of "Pacific Vibrations" outdoors in the parking lot of Foams, Fins & Fiberglass (291 East Thompson Boulevard, just back from Surfer's Point), skateboard demonstrations, a tandem surfing exhibition and



Weekly SUDOKU Answer 9 8 6 7 5 4 9 3 6 8 4 3 5 7 1 8 4 2 5 6 9 3 8 5 3 2 6 8 4 6 7 2 9 5 8 1 8 4 3 5 9



15

Sports

the Old Log Event (no leash, no wetsuit, and a longboard at least 35 years old). Proving that surfing means taking nothing too seriously, the C Street Classic also features the popular "Cosmic Stinkbug Expression Session"; costume-wearing surfers pursuing two aims – disdaining any rules, while trying to make the judges laugh (Stinkbug entry fees benefit St. Jude Children's Research Hospital). Vendors will also sell a fun variety of surfrelated items, and the Ventura Surf Club is raffling off surfboards, wetsuits and skateboards.

This year's contest will be held in conjunction with the Aloha Beach Festival, also held along Ventura's beachfront promenade. The Aloha Festival features dozens of local artisans, music and salt and sun fun, from paddle board races to Frisbee demonstrations.

For more information and to sign up online, visit the Ventura Surf Club website at www.venturasurfclub.org.

Frisbee and surfing at the same event

The Aloha Beach Festival will be on September 17, 18, 19, west of the Ventura Pier, presenting a surf contest, Frisbee competition, Polynesian entertainment and music.

The Frisbee disc freestyle event includes performing creative, artistic and trick moves with flying discs. Beach freestyle combines the aspects of gymnastics and dance with the basic game of throw and catch.

Contact the Muttley Crew to enter into the Aloha Beach Festival K9 Frisbee Championships ChampionshipsMuttleyCrewShow@yahoo.com, 800-689-6961 or www.muttleycrew.net

A portion of the proceeds from the Aloha Beach Festival will benefit Food Share Inc.

For more information contact aloha@alohabeachfestival.com or call 200-8674.

Health

19th Annual Ventura County AIDS Walk For Life

On Saturday, September 18, the Annual Ventura County AIDS Walk for Life will start at Plaza Park, Downtown Ventura and continue through the streets of Ventura

The registration begins at 9am and the walk at 10am

100% of funds collected from the Walk For Life are used for direct-client services including Mental Health Services, Food Pantry, Client Referral and Advocacy, and Legal Services. AIDS Project Ventura County offers the only free and anonymous HIV rapid-result testing site in the county. All services are administered through AIDS Project Ventura County, a program of the Ventura County Rainbow Alliance.

2009 and 2010 Ventura County funding cuts to HIV/AIDS programs include: an 80% reduction in funding for Education & Prevention, a 70% cut in HIV Counseling and Testing, a 50% cut for

Health

Early Intervention (that provides primary medical care), a 100% cut in Therapeutic Monitoring Program (the program that monitors the effectiveness of HIV/AIDS drugs administered through the state's AIDS Drug Assistance Program), a 20% cut in Housing and more than a 50% cut in funding for Home and Community-Based Care.

Information and pledge forms are at www.lgbtventura.org

Big Bad Voodoo Daddy to perform at Benefactors' Ball

The Community Memorial Health-care Foundation is saying goodbye this year to formal gowns and tuxedos for the 37th annual Benefactors' Ball and welcoming a more casual affair with swing music from Ventura's own Big Bad Voodoo Daddy.

The Benefactors' Ball this year is Saturday, September 25. Proceeds will be used to purchase a new ultrasound unit for Community Memorial Hospital's Intensive Care-Critical Care Department.

The ball retains its tradition of featuring fine wine and gourmet cuisine from around the world. Festivities begin with a reception at 4 p.m. under the "Big Tent" on the actual site of the new Community Memorial Hospital. Dinner is set for 5 p.m., with Big Bad Voodoo Daddy performing its unique brand of swing music starting at 6 p.m.

The Benefactors' Ball represents an opportunity for residents to support community-based healthcare. Every year hospital and community leaders from all over Ventura County gather for a night of dining, live music and dancing.

Tickets can be bought individually, or by table of eight. Sponsorships also are being accepted. For ticket or sponsorship information, visit www. bbvdcmhf.org or call the Community Memorial Healthcare Foundation at 667-2881.

Employees honored

Community Memorial Health System honored 268 employees, including one for 40 years of service and three others who celebrated their 35th anniversary with CMHS, at its annual Service Awards Banquet.

CMHS recognized scores of employees who together have worked caring for patients and supporting healthcare in a variety of jobs at Community Memorial Hospital and Ojai Valley Community Hospital as well as at CMHS's nine family-practice Centers for Family Health offices in Ventura County. This year's awards banquet was held on June 25 at the Ventura Beach Marriott Hotel.

Susan Billings, RN III at OVCH's Emergency Department was honored for 40 years of service, while Mary Howard, RN III at CMH's Ambulatory Services; Janice Koevenig, Outpatient Radiology Supervisor at CMH; and Gregory Pollock, Assistant Director of Pharmacy at CMH were recognized for being with CMHS for 35 years.

How to achieve anything that you want

by Dr. Bunny Vreeland

Let's talk about Finance Stress and how you can overcome your financial stress by systematically changing the way you relate to money.

The thing about stress is that it is psychological. Stress can be debilitating, but I can teach you how to move past the stress and focus on improving your finances.

Everyone wants to succeed and be the best that they can be, so what is holding most people back? For most, their goal consists of only the things that they desire, not true long lasting goals. Now you might say; what is the problem with that? Think about it - When your goals are only driven by immediate or short-term desires, you will be left feeling frustrated and disappointed when they are not achieved. The key is looking to personality changes and behavioral changes when looking to goals. If you change the way that you think about your goals, you will succeed.

Have you ever heard of the extraordinary power or strength of a mother whose child was in danger? Do you know why she was able to achieve that "goal" of protecting her child? Because; when people's goals are a necessity they're thinking changes. The excuses and procrastination become a pushing force to cause them to act toward their goal. When people are required to achieve their goals they stand up to the pressure and go the extra mile to ensure that the actions get completed. This is because there is a sense of urgency and need. This is an excellent quality in the human mind, because what it allows us to see is the fact that we can control our motivation and programming of functions.

It is all in your "self talk" and the words that you feed yourself every day. You set yourself up for success. Do you think if a person told you that if you didn't lose the weight, put down the cigarettes or booze that he was going to kill your loved one, that you wouldn't stop that behavior? You bet, because the stakes are raised and you are requiring more of yourself. You are also giving yourself positive feedback in the fact that you are telling yourself you must achieve,

Example - when it came time to file your taxes, did you get it done? The answer is yes, because you knew if you

didn't, that you would have to answer to the taxman.

Give up words such as "should", "would", "could" and "if". They can no longer be a part of your goal or dreams. Instead of "I wish", it becomes "I will". It may sound trivial or silly, but it truly works. Listen to individuals that have obtained great success in their lives. Do you hear their speech; is it "I wish I could have"? No! They speak as if everything is a work in progress, because it is. They continually reach for higher standards and dreams. They do not settle because they do not sell themselves short.

For a free stress reduction session, go to BunnyVreeland.com and click on the free session on the home page or the stress page.

Dr. Bunny Vreeland-Board certified, clinical Hypnotherapist

Host – "The Dr. Bunny Show - Here's the Thing"

KKZZ 1400 AM M-F, 3-4 PM Host – "Lighten Up With Dr. Bunny" KADYTV.com

Bunny@bunnyvreeland.com *Breeze:*

Dr. Bunny Vreeland is a new contributing writer for the Breeze.

She can be heard on local radio and seen on internet TV

Police reports

Continued from page 11

the same vehicle in the downtown Ventura area. They attempted to stop it, and the driver was later identified as Alejandro Zavalamedina, 26 years old and from Oxnard. He then suddenly stopped the car and fled on foot. He was apprehended and taken into custody. It was determined that Zavalamedina was driving under the influence of alcohol, and also had a DUI warrant. He was arrested and booked at the VC Jail.

Harbor Patrol blotter

A little of what the Harbor Patrol tends to

8-16: 1:59 pm. Patrol received a report that one of the restaurant owners had been assaulted by a transient. VPD was notified. Patrol located the transient on the beach. PD questioned him and the restaurant owner. No charges were filed. 6:20 p.m. Patrol monitored a high speed car chase through the Harbor. A female abandoned her car and ran on foot. Patrol assisted in searching for the woman *Continued on page 19*



The Music Connection



2Cents were a guest on a local radio show. Photo by Michael McGrath

Where The **Music Flows**

by Michael Kohli

September proves to be a busy month for Ana and Panos from We Govern We. The band has just released their new EP, "Come Atlantis." The artwork shows on their Facebook page. One of the best live local acts around right now. Also, current residents at WAV.

During the VC PRIDE 2010 show at WAV last week, Ana and Panos told me they are officially engaged! Ana showed me her lovely ring. The two looked so happy. Stay tuned for upcoming shows where you can buy the new EP from We Govern We.

2Cents-Metal band from Malibudrove down here to Ventura to guest on a local radio show, "The Dungeon Awaits." The members of 2Cents have toured with Avenged Sevenfold, Buckcherry, Chevelle and are waiting to kick off their September tour with Black Label Society. Our photographer, Michael McGrath of VC Sound, was on hand to take photos. The band has just released their new album, "Dress To Kill" (which is available on iTunes and all music stores). The album features the new rock/metal hit, "Now You Know," and other gems such as, "Choose Your Illusions" and "Wicked By Design." During the interview, the band was presented with a Shake Weight which they autographed. Check out the interview online at www.thedungeonawaits.com.

The Calamity are hard at work on their follow-up to their 2008 release, "Songs From The Gold Coast." The band features Owen Bucey (also of Army Of Freshmen) on lead vocals/ keyboard. Along with other members of Army Of Freshmen and No Motiv. The Calamity just recently gigged with Crippled Puppies at Billy O's. Keep an eye out for new shows and new music

Local band members, Jessi Reems-Terrell and Jared Fredeen of Champagne Sunday are currently being featured in a 4-part interview segment on youtube.com. Best way to find it is to type in Champagne Sunday and look for Part 1 - Part 4. Jessi and Jared speak about how they met at an Open Mic and they didn't like each other then. It's quite funny how they met and formed their band. They also perform with the full band on the song, "Love." Look for it!

Birdfeeder will be teaming up with Night Horse, The F***** Wrath, and Radio Moscow at ZanZilla on Wednesday, September 15 from 7-11:30 pm. The Yoga center is located on 2750 Main Street, facing Thompson. Should be a fun night! More info?: www.zanzillasyoga.com.

California Beer Festival 2010 will be held at Mission Park on September 18. Proceeds from the event will be donated to DARC (Dyslexia Awareness and Resource Center). For those that want to drink and not worry about driving, half-priced cab rides will be available!

In pop music news: Lady Gaga has revealed that she's already going to be releasing a new album in early 2011. What's your opinion of her? I personally love her dearly, but is her label pushing for a new album too soon? Now, if she's got a whole vision with this next new album, I'm all for it. Will people be burned out on Lady Gaga music by the time the new album arrives. What do you think? E-mail me and let me know.

Thank you for your time and I hope you enjoyed reading my column! Michael Kohli

VenturaLiveWire@gmail.co www.kohlismusicpit.com

Ventura Live Wire

by Michael Kohli

Here are a few venue listings for Ventura. If you would like your band or venue to be included - please e-mail me at VenturaLiveWire@gmail.com. Also, if you have a Myspace, Facebook, or online calendar - please update your information. I need at least 2 weeks advance notice! Thank you!

The Good Bar 533 E. Main St. Ventura, 641-9951

Sept. 9: Bruce, Rick & T.J @ 930PM Sept. 10: Matt Seltzer @ 4PM, INNA

RUDE MOOD @930PM

Sept. 11: Nick Ansara @ 2PM, @ IRIE SMILE @930PM

Sept. 12: 3 MAN WEAVE @ 930PM

Sept. 13: MUSICIAN'S BREW @ 930PM

Sept. 14: SKOOTER'S PLAYHOUSE -Open Mic/Jam @ 930PM

Sept. 15: KARAOKE with BECKY@ 930

Wine Lovers 1067 E. Thompson Blvd. Ventura, 652-1810

Sept. 9: Reggae Night

Sept. 10: Jon Francis

Sept. 11: Turn 9

Sept. 16: Reggae Night

Sept. 17: Tina and Graceland Exhiles

Sept. 18: Valley Road

Zanzillas

2750 E. Main St.

Ventura

Sept. 15: Night Horse, The F*cking Wrath, & Radio Moscow

Zoey's Cafe

185 E. Santa Clara St.

Ventura

Sept. 9: Lucy Schwartz & Chapman and

Sept. 10: The Sunshine Brothers, Owen Plant & Svd

Sept. 11: Shades Of Day

Sept. 14: Blue Grass Jam

Sept. 15: Ones To Watch Singer Songwriter Open Mic Jam

Sept. 16: Joey Ryan, Ari Herstand, & Kenneth Pattengale

Sept. 17: Laura Mihalka & Friends

Sept. 18: Tyrone Wells

Show Time

Two on the Aisle

Five Stars for Tea at Five

by Jim Spencer and Shirley Lorraine

Katharine Hepburn, star of stage and screen for 60+ years, was a woman ahead of her time - a feminist, fiercely independent and outspoken. In the Rubicon Theatre Company's presentation of segments of Hepburn's life, "Tea at Five," these traits and insights into her family are brought out with clarity.

A one-woman show, "Tea at Five" is given life by another well-known, veteran actress, Stephanie Zimbalist, and director Jenny Sullivan. Both strong women themselves, Zimbalist and Sullivan complete their mission with zeal.

"Tea at Five" is a tightly scripted piece culled from Hepburn's autobiography. Over tea served in the Hepburn family home in Connecticut, Hepburn shares with the audience snippets of personal information on a myriad of topics, including her long-term and quite public relationship with the married actor Spencer Tracy, why she chose some of her film roles, and how she dealt with career setbacks. It is an intriguing and interesting story of determination and grit.

The first act finds Hepburn recounting her early days on stage and in the land of film, as well as her childhood and upbringing. We are enticed by glimpses into the formidable Ms. Hepburn's growing desire for leading life her way. The second act fastforwards almost five decades, bringing us to the more familiar persona of Hepburn aging, opinionated and affected by a slight physical and vocal tremor that she insists is not Parkinson's Disease.

Zimbalist gives a powerful and polished performance. She has done the show before and this is her second collaboration with Sullivan as the play's director, factors that heighten the overall luster. She captures the many faceted Hepburn with trademark vocal and physical subtleties, inflections and mannerisms. She seems more at ease during the second act, portraying a period in Hepburn's life where resignation and resilience battle for top emotion.

The set design by Neil Prince is masterful. It is a single interior richly recreating the family home and shows us where Hepburn's priorities and desire for film famedom come to a grinding halt in favor of being a regular person who happens to be in some movies.

Once again, the Rubicon has hit a home run. The production brings smiles, occasional big laughs and a general feeling of comfortable familiarity to its audience. Theatergoers of every stripe, especially fans of Katharine Hepburn or Stephanie Zimbalist, will enjoy this insightful character

"Tea at Five" continues at the Rubicon Theatre Co., 1006 E. Main St., in downtown Ventura through September 29. Matinee performances are on Wednesday, Saturday and Sunday at 2 p.m. There is a talkback session following the 7 p.m. Wednesday evening show and curtain time on Thursday, Friday and Saturday evenings is at 8 p.m. Tickets range from \$39-\$59. Reservations: 667-2900 or www.rubicontheatre. org.

NOTE: "Tea at Five" is also playing at the Elite Theatre in Oxnard, featuring Vivian Latham. It is a rare opportunity to catch different presentations of the same work by two professional actors. The Elite's version runs through September 19, with curtain on Friday and Saturday at 8 p.m. and Sunday at 2 p.m.

Review of Machete

by Tim Pompey

Starring Danny Trejo, Jessica Alba, Michelle Rodriguez, Robert De Niro

* * *

Currently Playing at Century 10 and 16

Remember Robert Rodriguez' grindhouse film "Planet Terror?" You know, the one featuring the woman with the machine gun leg? Okay, now, remember the fake film trailer about the notorious blade wielding Machete? No? That's okay. Neither do I - the reason being, it was fake. Who would have guessed that Rodriguez and co-director Ethan Maniquis would choose this character for another notorious tongue-in-cheek flic about Mexican mobsters and the blood thirsty pistol-whipping vigilantes who kill them. Yes, we've come full circle here, revisiting themes from "El Mariachi," but this time, there's no gun in a suitcase. Nothing quite that subtle. Machete prefers his weapons sharp, long,

Of course, who better to play Machete than the guy in the film trailer, Danny Trejo, a man with a face that looks like it's been dragged through gravel? He's perfect as an ex-Mexican Federale who barely speaks and is harder than the Asian bird flu to stamp out. Outcast? You bet, but brother, he can fight, and after the notorious drug lord Torrez (Steven Seagal with hippie shades and a bad Mexican accent) murders Machete's family and leaves him for dead, Machete wants blood.

After his run-in with Torrez, Machete escapes death and sneaks across the border into Texas, where he's surrounded by a host of anti-immigration blowhards led by Texas State Senator McLaughlin (De Niro) who just happens to be running for reelection. Machete just wants to work and eat his tacos in peace, but, between Torrez and McLaughlin, there's a slew of bad guys in cahoots who just won't leave him alone. Some people nev-

Rodriguez and Maniquis invent all sorts of sharp objects and weaponry (the souped up weed whacker is the best) and provide a steady stream of wry mischief and witty social commentary about life for immigrants on both sides

They save their best stuff, however, for all those girls with guns and these ladies do not disappoint. What's not to like about ICE Agent Sartana (Alba) and Luz the taco lady (Rodriguez), a.k.a. the mysterious "She."? They cook. They cuchicoo. They shoot (even one-eyed). And then there's blond bombshell Lindsay Lohan. You may have heard revealing rumors about her in this movie. They're

As a last blast of summer fun, make plans to go out, eat Mexican food, then sit back and enjoy a couple hours of spraying blood, flying heads, and machine gun patter. No Academy Awards here, but a lot of gory fun and a few none too subtle messages about the current state of immigration politics in Los Estados Unidos. So, let this be a lesson, gringos. Better be respectful to your gardener, cook, and taco lady. You never know when they might show up at your door and request a donation: an arm, a leg, or a head. ¡Viva la revolución!

The Lighter Breeze

Plop Plop Fizz Fizz (Circa 1930)





Sam and Silo

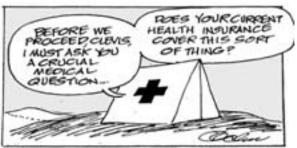






Crock





Arctic Circle

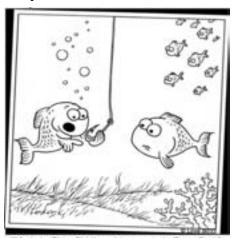








Snapshots



Made in China?! I thought we were in Cape Cod." Jason Love is a Ventura cartoonist and stand up comedian who routinely appears at the Ventura Harbor Comedy Club

Grin and Bear It



son? I thought he was YOUR son!"

Solutions on page 14

2			8	5			7	
		4	9					8
	3				6	9		
6				4			2	
		8	6			3		
	9				1		5	6
		5	1			4		
3	4			2				1
7					5		9	

Weekly **SUDOKU**

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging *** HOO BOY!

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Solutions on page 14

King Crossword

ACROSS

- 1 Method
- Scent 9 Proof letters
- 12 Raw mineral
- 13 Apple pie maker's device
- 14 Guitar's cousin
- 15 Huge Asian snake
- 17 Still, in verse
- 18 de plume 19 Avaricious
- 21 Renounce
- 24 Deserve
- 25 Meadow
- 26 Parched 28 Dining room need
- 31 Diplomacy
- 33 Pouch
- 35 Feeder filler 36 Egyptian crosses
- 38 "- favor, señor"
- 40 Compass dir.
- 41 Carina
- 43 Actor Liam 45 Cantan-
- kerous 47 Kans.
- neighbor 48 Evening hour
- "The Sign" band (1994)
- 54 Sprite

10 14 12 13 15 17 16 18 22 23 24 25 33 36 43 47 46 48 49 54 55 56 58 59

- 55 Chatter 9 Hive leaders 10 Supple-
- 56 Jewel 57 Born
- 58 No fan
- 59 H-deux-O

DOWN

- Stir-fry pan "Entourage" role
- Japanese money
- Agreement
- Tenants Sphere 6
- 7 Become one 8 Noah's land- 30 Paradise
- ing site

- "out" 11 Contradict
- 16 Wildebeest
- 20 History chapters
- 21 Sask. neighbor
- 22 Legume 23 Type of dive
- 27 Mouth,
- slangily 29 O'Brien's
- predecessor
- 32 You, old-

- style 34 Mean
- mented, with 37 Angelic figure
 - 39 Short coat 42 Wetsuit
 - material 44 Recede
 - 45 Microwave, e.g.
 - 46 Anger 50 Chow down
 - 51 Time of your life?
 - 52 The Red or the Black
 - 53 Ostrich's relative

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ARIES (March 21 to April 19) Careful, Lamb. Taking on too many tasks at one time can cause you to create more snarls each time you try to work your way through the tangled mass. Best to handle one job at a time.

TAURUS (April 20 to May 20) Making bold moves is what Bovines do. But the best moves are made with lots of data to provide backup just in case you charge into an unexpected complication. A new relationship shows promise.

GEMINI (May 21 to June 20) Sharing credit for a job well done is easy for you to do, but not necessarily for your partner. But fair is fair. Don't let yourself be denied the right to have your contributions recognized.

CANCER (June 21 to July 22) Communication is important to help bridge a gap that can lead to problems at home and/or at the workplace. Find a way to get your points across before the breach becomes a chasm.

LEO (July 23 to August 22) Relationships, whether business or personal, need to be watched carefully for signs of trouble. Any negative indications should be dealt with before they become too burdensome.

VIRGO (August 23 to September 22) Congratulations. A more positive aspect highlights much of the Virgo's week. You should find others more receptive to your suggestions, and also more likely to act on them.

LIBRA (September 23 to October 22) All work and little play could wear the Libra's usually positive attitude down. Take some much-needed time off. Perhaps a short jaunt with someone special is the way to go. SCORPIO (October 23 to Novem-

ber 21) This is a good time to expand your view from the known to the unfamiliar. Confronting new situations could be challenging, but ultimately also could be extremely satisfying.

SAGITTARIUS (November 22 to December 21) Giving advice to those who just want validation for what they're doing can be unsettling. So back off and save your counsel for those who really appreciate it.

CAPRICORN (December 22 to January 19) Cultivating a more positive attitude not only makes you feel better about yourself, but also has an upbeat effect on those around you, especially that certain someone.

AQUARIUS (January 20 to February 18) Keeping the lines of communication open and accessible is the key to establishing the right foundation on which to build an important and meaningful relationship. Stay with it.

PISCES (February 19 to March 20) Before agreeing to act on a request, consider using your perceptive Piscean talents to see what might lie hidden beneath its surface and could possibly cause problems later on.

BORN THIS WEEK: You're a friend who, if you err at all, does so on the side of concern for those you care about.

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Call or e-mail Tom Carroll to request additional information or to set an appointment for a portfolio review

Tom Carroll - LPL Financial Advisor, CRPC 21 S. California Street, Ventura 93001 (805) 652-0505 tom.carroll@lpl.com

SECURITIES OFFERED THROUGH LPL FINANCIAL - MEMBER FINRA/SIPC



Business

Business Profile:

Provident Financial Group

by Mira Reverente

"Someone's sitting in the shade today because someone planted a tree a long time ago." – Warren Buffett

Tom Carroll had foresight even at a young age. Working as a bank teller after high school, he pursued every opportunity for advancement and acquired every skill in the book. Investment banking was in his sights.

"I've always admired Warren Buffett for his practical, common sense approach to value investing and generous philanthropic ideals," says Carroll, who recently opened his own investment services firm in downtown Ventura.

Of numbers and risks

Becoming an independent financial advisor was a natural progression for Carroll who for 15 years learned the ropes of the financial markets at investment powerhouses like Wells Fargo and Merrill Lynch.

Carroll felt the timing was just right in November 2009, after riding out the recession and building an impressive roster of clients. Always a number-cruncher, he says, "These may be challenging times to make it on your own as a business owner, but I thought it was the best choice for my practice and clients."

Born and raised in the San Francisco area, Carroll has called Ventura his home since 1999 and is building his practice here. He describes his education as very "handson" learning and mastering his craft as he furthered his career.

Altruistic approach

As a chartered retirement planning counselor (CRPC), Carroll provides asset allocation and diversification expertise to retirees, business owners and corporations from Ventura, Camarillo, other nearby areas and some out-of-state. He has managed upwards of 100 million in assets choosing now to work with fewer clients that he can dedicate his services to.

"Generally, I provide guidance and advice to clients who want to preserve their wealth but want to also generate a competitive income stream," says Carroll, of his primary mission. He starts out by doing an in-depth evaluation of his client's financial profile.

He then asks his clients to state their investment objectives. After hearing these out, Carroll then provides his recommendations, from stocks to bonds to IRAs. Carroll explains his role, "Educating my clients to help them make informed investment decisions is a cornerstone of my practice."

As an advisor, Carroll has gotten adept at reading his clients' risk tolerance levels and decision-making styles. Whether his client is a conservative investor or a risk-taker, Carroll can help customize an investment portfolio. "I believe in managing clients expectations," he says.

Carroll describes his altruistic approach to investing, "I like to do what is right for the client. There is no one-size-fits-all in this business." He also provides a quarterly review process to every client, so they can stay on top of market trends and re-assess their investment strategies.

The real thing

He prefers to run a small, tight ship at the moment, foregoing a partner or an assistant. He shuns Separately Managed Accounts or hiring someone to pick investments in his clients' portfolios, preferring to do it himself.

Carroll recognizes that current econom-

ic trends and the proliferation of scams have made the public wary. He says, "There are so many online, do-it-yourself investment tools these days. But I believe collaboration and face-to-face time with a real advisor, who has your best interests at heart, provides a tremendous amount of value."

Grant applications due

Continued from page 5

County nonprofit organizations with 501(c) 3 status interested in applying for the 2010-2012 cycle of the City of Ventura Community Partnerships Granting Program (CPGP). 2010-2012 Community Partnerships Granting Program applications due by September 14

Applicants may access and print out the application through the city's website at http://www.cityofventura.net/cs/serving/ grants. Those without Internet capacity may contact Ventura City Hall, Parks, Recreation, and Community Partnerships Department

The purpose of the Community Partnership Granting Program is to financially support non-profit social service organizations that provide services to Ventura residents in the following categories: Health, Mental Health, Disability, Substance Abuse, and Domestic Violence.

The Program's total award funding is \$70,000 per fiscal year which will be awarded on a competitive basis. Each grant awarded may range from \$2,500 to \$10,000. Organizations that receive line item budgetary support from the City of San Buenaventura, independent of the Community Partnerships Granting Program, are not eligible to apply.

Pension costs

Continued from page 1 gher salary.

The city of Simi Valley which employed Adams for two years as the city's police chief estimated the new law would save its city approximately \$38,000 per year according to Mayor Paul Miller.

With Ventura having employed Adams for 18 years longer than Simi Valley, it would stand to save considerably more.

Ventura City Manager Rick Cole stated the city is "enthusiastically supporting this legislation" and estimated the city would save hundreds of thousands of dollars if the measures became law.

In July, a CalPERS official explained the pension for Adams' \$457,000 salary would trigger his pension to double to \$400,000 after having put in a year of service.

There is a chance the proposed legislation will be unnecessary as the Bell officials are currently under investigation by Attorney General Jerry Brown and Los Angeles District Attorney Steve Cooley. If Adams is found to have committed criminal offenses, his pension benefits may be annulled.

The scandal also triggered additional possible legislation including a bill making mandatory that all cities show on their websites the pay of council members and top officials. Also, it would grant a city controller authority to decide if council member salaries are excessive. There was also a bill introduced that would require for a city manager in excess of cost-of-living adjustments be voted on in an open session of a city council.

All proposed legislation saw bi-partisan support.

Tattered flags

Continued from page 1

In addition, the County of Ventura has placed Flag Collection Boxes at the County Government Center located at 800 South Victoria Ave. For more information, please call 659-7501.









TIND FOCUS FLEX FEEL 2498 East Main Street, Ventura Phone: (805) 653-9151

Harbor Patrol

Continued from page 15 and a metal object she threw from the car. VPD located the woman; the object was not found.

8-20: 6:50 a.m. Patrol received a report of a vessel aground at approximately the Edison plant. Vessel Assist requested that Patrol respond and search for the vessel. Patrol was able to confirm the location of the vessel through electronics, but could not see the vessel due to thick

fog. The information was passed to Vessel Assist so they could attempt to salvage the vessel.

7:27 p.m. County fire dispatched Patrol and other agencies to an overturned vehicle on Spinnaker Drive. The car had driven over the median and overturned; the female driver had fled the area. PD and Patrol located the driver, who was intoxicated and combative. AMR transported the patient to the hospital with PD following.

8-22: 5:50 a.m. The Dockmaster received a report that a "window smash" burglary had occurred at the Village Market. PD had been notified by alarm. The thief stole about 10 cartons of cigarettes.

8-24: 8:55 p.m. FCC dispatched Patrol and others to a Medical Assist at Ventura West Marina. AMR transported the patient to the hospital.

8-29: 2:32 p.m. Maintenance reports a transient passed out at Harbor Village. Patrol responded, woke the transient,

who was intoxicated, and had him dump out his beer and move on.

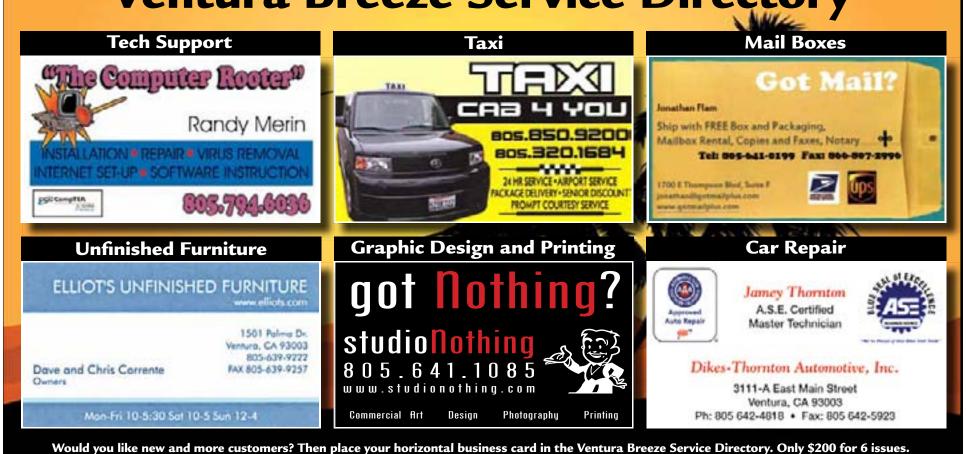
Welcome, H&M

Continued from page 5

addition to fantastic opening offers and giveaways!

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