



# VENTURA BREEZE

Your Hometown Paper

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## CAPS Media Mural Project, Elections & An Educational Event

Tuesday, November 5 is Election Day and CAPS crews are actively engaged in the democratic process. Recently CAPS recorded, broadcast, and streamed the League of Women Voters forum for candidates vying for positions on the Ventura City Council and the Ventura Unified School District Board of Education, and the CAPS crew recorded individual statements with the candidates in the CAPS studio for Video Voter 2024.

The Ventura County Registrar mailed ballots to registered voters throughout the County and has opened an early voting site at the county government center. October 21 is the last day to register to receive a ballot in the mail and in-person voting begins on October 26. One of the many drop boxes throughout the county is at the CAPS Media Center at 65 Day Road. For complete voter information go to the Ventura County Clerk website at <https://recorder.county-ofventura.org/elections/>

In addition to directing, broadcasting and streaming city council and other public meetings at City Hall, CAPS crews continue to produce informative videos in collaboration with city communications team on topics including Ventura Voices discussions with Gina Dorrington at Ventura Water, the Ventura Police

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## CITY OF VENTURA



## Eight Candidates Compete for Three City Council Seats

On November 5, 2024, voters in Ventura's Districts 2, 3, and 7 will cast their ballots to elect three City Council members for four-year terms. This important election coincides with the Ventura County Presidential General Election, making it a significant day for both our community and the nation. The candidates for District 2 are Doug Halter and Naz Madaen. For District 3, candidates are Heather May Ellinger, Clint Garman, Maricela Reyes, and Rynn Schumacher. In District 7, the candidates are Mario "Alex" Mangone, and Brian Brennan.

Be sure to visit the candidates' websites for more information and watch the candidate forum sponsored by the League of Women Voters, Midtown Ventura Community Council, and the College Area Community Council: [www.capsmedia.org](http://www.capsmedia.org).

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## Explore Ventura's Agricultural Roots at the 12th Annual Ventura County Farm Day



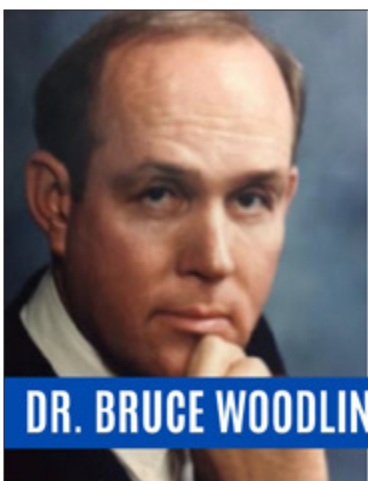
A vibrant assortment of fresh vegetables showcased at McGrath Family Farms.

Over 15 farms, ranches and agricultural organizations will open their doors to the public for the 12th Annual Ventura County Farm Day, Saturday, November 2 from 10 a.m. to 3 p.m. Attendees will experience a day of free agricultural activities and tours and learn about the origins of their food.

"We often don't think about what it takes to grow, harvest and deliver produce to the market," says Caitlin Paulus-Case, Students for Eco-Education and Agriculture (SEEAG) executive director. SEEAG is the nonprofit that hosts Ventura County Farm Day each year. "Hundreds of dedicated farm workers are behind every piece of fruit or vegetable we buy at the store."

On Farm Day, the public can select the

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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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“I always cook with wine. Sometimes I even add it to the food.”

– W.C. Fields

## City News

# Eight Candidates Compete for Three City Council Seats

### District 2 Candidates:

## Doug Halter

[www.DougHalter.com](http://www.DougHalter.com)



I'm Doug Halter and those of you who know me know that my greatest passion throughout the last 38 years has always been the city of Ventura; overcoming challenges and adding to our quality of life, taking ideas and dreams and using hard work to make many of them a reality including,

The 5 businesses, Randy Encinas I started in Ventura, not the least of which is HE Landscape which today has over 60 employees.

In turn, I restored several historic buildings for adaptive reuse and went on to build my own home which we share with the community for many functions and events.

I have also worked with other passionate citizens of Ventura to bring needed services and ideas to reality that made our community even better:

Created AIDS Care and AIDS Partnership to help provide services to our community.

Helped Resurrect the Historic Preservation Alliance to save our historic downtown and then followed up by forming the Downtown Community Council to bring back our historic core.

My commitment to the Cultural Arts has been more about community building and bringing people together not just enjoyment and entertainment. This led me to help create the Ventura Music Festival, Rubicon Theater, and then actively promoting our downtown core as our Cultural Center Soon thereafter, with a few good friends we started the Ventura Botanical Gardens.

In addition to this partial list of accomplishments, I also was on boards for the Ventura Visioning effort in 1999, CAPS formation, Social Justice Fund for Ventura County, creating the Shaw Historic block in downtown and served on Parks and Recreation during the term we planned and brought forward our Community Park.

I am so humbled and honored to have participated in many ways over the years to build community and add quality of life for the community I love.

Forming relationships, collaborating, building bridges and visualizing a better future is what I excel at. Which is why I'm honored to have the respect and endorsements from a wide range of organizations throughout our community as well as many leaders including Ventura Police Officers Association, Ventura Firefighters Association, Central Coast Labor Council, Service Employees International Union #721, Ventura Chamber

of Commerce and many of the Ventura County Democratic Clubs.

Leaders partial list:

Julia Brownley, Congressional member for District 26; Steve Bennett State Assembly Member District 38; Monique Limon State Senator for District 19; Jacqui Irwin, State Assembly member District 42; Matt Lavere, Ventura County Supervisor District 1; Veaney Lopez, Ventura County Supervisor District 2; Joe Schroeder, Mayor of Ventura; Dr. Jeanette Sanchez Palacios, Ventura Deputy Mayor; Carl Morehouse, Past Ventura Council member; Brian Brennan, Past Ventura Council member; Hannah-Beth Jackson, Past State Assembly and Senate member; Dan Long, Ventura County Fair Board President; Betsy Chair, Ventura County Fair Board Member.

I have seen the effects of years of cutting services and deferring maintenance to balance our budget. We need to change that paradigm to one that creates a more prosperous future that enhances what we love about our community and doesn't sacrifice it.

My top 3 priorities are Affordable housing and design standards; Bringing jobs back to Ventura for the 73% of our workforce that leaves Ventura each day can work here at home; Raising our standards for our infrastructure

By working together and rebuilding trust and respect throughout our community we will find the solutions for a better tomorrow. I look forward to working together to make our community the model for many others to follow.

### Naz Madaen

[www.NazforVentura.com](http://www.NazforVentura.com)



I am Naz Madaen, and for 21 years, Ventura has been my home. As a former business owner, school administrator, volunteer, and dedicated mother of three, I've witnessed firsthand the changes affecting our city. The Ventura we cherish is at risk.

Our voices must guide the policies shaping our future. Ventura deserves a City Council that prioritizes residents' needs over political agendas. Strengthening neighbor-to-neighbor relationships, engaging our youth to have a voice in their future here and increasing involvement in city decision-making are essential to preserving our culture so the Ventura we know does not slip away.

Our district faces the challenges of wildfire risks and preparedness, a new proposed trail system on our

hillside whose impact on wildlife, traffic, and safety have not been evaluated, city development that is not in line with the spirit of Ventura, and the fate of an open or closed Main Street. All of these require thoughtful and holistic considerations, because while these issues start in District 2, how we address them will affect all of Ventura.

Vote Naz Madaen for City Council District 2. Together, we can make a meaningful difference in

Ventura. Let's focus on real issues, effective solutions, and prioritize community benefit over politics.

### District 3 Candidates:

## Heather May Ellinger

[www.heathermayforventura.com](http://www.heathermayforventura.com)



As residents of Ventura, we are so fortunate to be surrounded by beautiful beaches and sprawling hillsides. Our eclectic city is full of historic landmarks that add to its unique and charming character.

I have lived here for over 30 years and have amazing memories of raising my children in what I used to call Mayberry by the sea. In that time our town has seen tremendous growth and change.

Unfortunately, Ventura has been in decline for years. Our city is inundated with issues, from our pothole-ridden roads, aging infrastructure, high crime rates, and high homeless rates, to the high costs of

## Mailbox

Breeze:

Mexico has elected Claudia Sheinbaum's as their president. This marks two milestones. She is the first female president in Mexico's history and also the first with Jewish heritage (Jews are less than 1% of the Mexican population). If Mexico can do this America is certainly ready to elect our first female president. Sheldon Brown

Ventura Breeze

So happy that you continue to print positive local news and the calendar of events. How fortunate we Venturans are to have the Ventura Breeze.

Joanne Kaplan

We encourage you to send your opinions to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please limit them to about 300 words



living and the over-development of our beautiful town.

Our city needs balanced, sensible leadership. From day one, I will efficiently work to bring positive results on critical quality-of-life issues and local concerns.

I am grateful to have the support of residents and businesses throughout Ventura. I am also endorsed by current and former elected officials throughout Ventura County.

Your support means the world to me! I am available to discuss all matters related to Ventura. Thank you for your consideration. I look forward to hearing from you!

**Clint Garman**

[www.electclintgarmanventura.com](http://www.electclintgarmanventura.com)



I am honored to announce my candidacy for Ventura City Council, driven by a profound dedication to our community as a fifth-generation Venturan. With a pragmatic, centrist approach to city governance, I aim to guide Ventura through crucial decisions that will shape our future.

My background spans pivotal roles at the County of Ventura & as a former Mayor of Santa Paula, providing me with a deep understanding of city management and infrastructure. Additionally, owning Garman's Irish Pub for over a decade has afforded me invaluable insights into the challenges facing small businesses.

As a co-vocational pastor, I am committed to serving both God & our community, underscoring my commitment to the well-being of Ventura's residents. Having grown up on Ashwood Avenue and graduated from Anacapa Middle School, Buena High School, and Ventura Community College, I have a personal stake in our city's evolution. My children attended local schools, reinforcing my connection to our educational system and community life.

I pledge to pursue smart growth initiatives that preserve Ventura's unique character while enhancing its livability. Guided by a vision of prosperity for future generations, I humbly ask for your support in this endeavor to nurture Ventura—a place we proudly call home.

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**Maricela Reyes**

[www.MaricelaReyesForVentura.com](http://www.MaricelaReyesForVentura.com)



I am running for the Ventura City Council to represent District 3 because I believe in keeping our community safe, clean, and affordable for all residents. Born and raised in Ventura County, I have deep roots in our community and a strong commitment to public service.

As a Sustainability Program Administrator for the County of Ventura, I work every day to support initiatives that enhance our quality of life, protect our environment, and promote economic growth. With a Master of Business Administration (MBA) from California Lutheran University and a Bachelor of Arts in Sociology from the University of California, Los Angeles (UCLA), I bring a well-rounded perspective and the skills needed to navigate the complex challenges our city faces.

Throughout my career, I have dedicated myself to serving others, beginning with my work supporting foster youth and continuing through my current role in the public sector. I understand the importance of creating opportunities and ensuring equity for all members of our community.

At 34, I am proud to bring a youthful and enthusiastic perspective to the City Council, along with the experience and knowledge gained from years of public service. As a mother, I am deeply invested in creating a better future for our children and ensuring that Ventura remains a place where families can thrive.

I am committed to working tirelessly on behalf of District 3, and I humbly ask for your support in this election. Together, we can build a stronger, more vibrant Ventura for generations to come.

Continued on page 5

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Comedian, songwriter, and activist Bruce Vilanch and Director Marc Saltarelli were among the celebrity attendees of the Festival's Inaugural Fundraiser.

# A Quarter Century of Film: Ojai Film Festival Marks 25th Anniversary

The year 2024 marks the 25th anniversary of the Ojai Film Festival (OFF). In 1998, artist and filmmaker Steve Grumette received an invitation to judge at the Canyonlands Film Festival in Moab, Utah. With a similar population and boasting both a vibrant arts

community and a spectacular natural environment, Moab reminded him of Ojai. Upon returning from Utah, Steve realized that if Moab could support a thriving film festival, why not Ojai? From that idea came the inception of the

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Guests enjoy a lively tractor ride at Prancers Farm during Farm Day 2023.

### Explor Ventura's Agricultural Continued from page 1

locations they want to visit by going to the Farm Day Trail Map (<https://venturacountyfarmday.com/map>) and then travel at their own pace from site to site. Descriptions of what to expect at each site are included on the map. The day consists of behind-the-scenes tours, tastings, giveaways and kid-friendly activities. Some sites require pre-registration. "Pick three or four locations and plan your day," says Paulus-Case.

Widespread farming in Ventura County dates back to the 1780s and agriculture is still one of the largest industries in the county with crop values in 2023 totaling over \$2.1 billion. "Nothing else in Ventura County has more history than agriculture," says Phil McGrath, owner of McGrath Family Farm in Camarillo and Farm Day participant. "Farm Day provides the opportunity to understand how agriculture in the county evolved, what growers are doing now and what the future will bring."

Participating in Farm Day this year include the Agriculture Museum of Ventura County, Agromin (organic compost, mulch), Alpacas At Windy Hills (Alpaca fleece), Duda Farm Fresh Foods (celery and lettuce), Eden Forest Collective (agroforestry), Good Farms (berries), Growing Works (fresh flowers), McGrath Family Farm (organic farming), Ojai Olive Oil (olives), Oxnard Historic Farm Park, Petty Ranch (fruits and vegetables), Prancer's Farm (strawberries, tomatoes, avocados), Ranchos Camulos National Historic Landmark Museum, UC Hansen Agricultural Research and Extension Center, VCAA Senior Nutrition Farm and Ventura County

Agriculture/Weights and Measures. Petty Ranch will serve as the Farm Day Hub with booths, displays, kids' activities and free fresh produce.

Two school farms are participating - Rio School District Farm and Sa'Aliyas Ranch. Both farms teach students about agriculture including career opportunities--all while growing and harvesting fruits and vegetables for market.

Ventura County Farm Day sponsors include The Wood-Claeysens Foundation, Gene Hass Foundation, Driscoll's, Church Brothers Farms, Mission Produce, and County of Ventura Agriculture/Weights and Measures.

Visitors are encouraged to register in advance at My805Tix (<https://www.my805tix.com/e/venturafarmday>). Once registered, guests show their 805Tix QR code at each location to enter without signing in.

Several hotels are offering special room rates over the Farm Day weekend. For more information about Ventura County Farm Day including a list of local hotels, visit [www.VenturaCountyFarmDay.com](http://www.VenturaCountyFarmDay.com) or call 805-892-8155. The Trail Map is updated daily. No pets allowed.



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**Eight Candidates Compete**  
Continued from page 3

**District 7 Candidates:**

**Brian Brennan**  
[www.brennan4ventura.com](http://www.brennan4ventura.com)



When I served as your mayor and city council member several years ago, I was confident that our accomplishments, in collaboration with staff, business and environmental communities, and social services, would prepare our city for a sustainable future. We worked with over 5,000 citizens on a vision that reflected our values and priorities and provided a road map for a thriving economy and well-maintained infrastructure. We recognized that we needed to pay close attention to resource management, affordable housing and coastal protection while addressing drought and climate change.

Unfortunately, after the pandemic and unprecedented turnover in staff and management, the policies we left in place have eroded and our city council has been hard-pressed keeping up with the challenges we face, particularly housing costs, street and sidewalk maintenance, water rate increases, and economic development. We can do better.

I am running for City Council because I firmly believe experience and leadership matter. In addition to my years on council, I am a 38-year resident and have worked with two Ventura County supervisors, served as Casitas Municipal Water District Director, Coastal Commissioner, Port District Commissioner and have significant experience in private sector business development and environmental protection. Let's work together for our future.

**Mario "Alex" Mangone**  
[www.alexforventuracouncil.com](http://www.alexforventuracouncil.com)



I feel compelled to run for Ventura city council and represent the town I love. I look forward to being connected to the community in city hall, not only for my neighbors in District 7 but also for all city-wide residents.

I am a regular face at City Council meetings, where I have spent countless hours and late nights learning our processes and staying informed over the years. My

desire to gain knowledge about our city government has led me to attend many committee and commission meetings, including Design Review, Planning Commission, and Water Commission meetings, to name a few.

As a Ventura native, I feel connected to this land. I have spent my life surfing our beaches. I attended our public schools, including Buena High School. I come from a family of working-class small business owners and tradesmen. My natural path was to attend Ventura College, where I participated in their machinist program and worked towards an AA degree. I have been in the trade for 25 years, and I pride myself on being a business owner along with over 11,000 other business license holders in the city. I have lived all over Ventura, from downtown to the east end, throughout my lifetime. For almost 10 years, my Wife and I, along with our two children, have made Midtown our forever home.

Ventura is one of the last unique coastal California beach communities. We are proud and protective of our hillsides and agricultural resources, and we see the potential for growth that benefits our community. As one of only 125 charter cities in California, we have the power as a community to create our own path into the future. I am committed to preserving our unique identity while fostering responsible growth that meets our community's needs.

There's a lot happening in Ventura, and I'm excited to be a part of it. Starting this summer, I will be hosting a series of events and meet-and-greets to continue building connections with my community. Until then, I encourage you to reach out and contact me. Your voice and your concerns are important to me.

## Community Council Meetings

The East Ventura Community Council (EVCC):

Virtual Meeting on Oct. 17 at 7 PM. Visit the EVCC website at <https://eastventura.org/> for the Zoom meeting link. The agenda includes the East Ventura police report, followed by a guest speaker. The purpose of the EVCC is to encourage residents to understand East Ventura problems, needs and expectations, and to recommend, initiate and/or participate in the development and implementation of programs or solutions. The EVCC facilitates communications between the community and government or other service agencies.

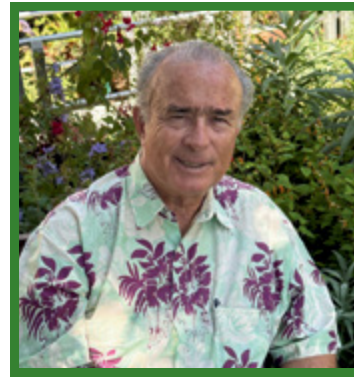
The College Area Community Council

In-person & Zoom meeting on Wednesday, Oct. 23rd at 7pm. Community council meetings include speakers and discussion on topics of neighborhood and community interest, including public safety and economic development. Erik Nasarenko, County DA, will speak at the meeting on crime and justice in Vt. County. The meeting will occur in-person at CAPS Media, 65 Day Rd. and by Zoom. CACC represents citizens in the area bounded by Mills Road on the west, Hill Road on the east, city limits in the hillsides on the north, and the 126 Freeway on the south. Visit the CACC website <https://caccventura.com> for more information, a Zoom link to the meeting or to be added to the mailing list.

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# Elect **Brian BRENNAN**

for  
**VENTURA CITY COUNCIL**  
District 7



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**RESPECT THE INDIVIDUAL NEEDS OF OUR NEIGHBORHOODS**



*"For decades, Brian Brennan has been dedicated to advocating for quality of life issues and the environment.*

*Over and over I have seen his values and breadth of experience lead him to promoting common sense good government policies that will guide Ventura to a healthy, sustainable future. We will all benefit having him back on the city council!"*

— California State Assemblymember  
**Steve Bennett**



**DISTRICT 7:  
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[www.brennan4ventura.com](http://www.brennan4ventura.com)

Paid for by Brian Brennan for Ventura City Council 2024 FPPC #1474263



**Ryyn Schumacher**  
www.alexforventuracouncil.com



When my family and I moved to Ventura, I instantly fell in love with this city. Not only was I struck by the beauty and recreational opportunities we have, but most importantly, I love the community of people who care.

I'm running for city council because I recognize that our city is facing significant challenges ahead. We've had uncertainty in our city government with numerous staff transitions, our streets have potholes we can't avoid, and many of us are worried about those suffering from homelessness.

Now, more than ever, we need a city council that will provide bold leadership and creative solutions.

My 20 years of experience in public health, social services, and business leadership will inform my decisions at city hall. I have a proven track record of collaborating with community organizations and government agencies (like the CDC, FDA, and CDPH) to address

complex issues, like homelessness. I'm more motivated to tackle this issue than any other candidate because when I was teenager, my family and I were homeless for 4 years. Not only will I help our unhoused community, but I will also work to prevent homelessness by working on solutions for renters and housing affordability.

As a husband, homeowner, and product of a working-class, immigrant family, I know what it means to work hard and remain resilient. With my MBA from Pepperdine University and experience as the National Executive Director for the Federation of the Philippine American Chambers of Commerce, overseeing 41 chambers throughout the country, I know how to build communities. By leveraging the industries we already have and investing in women-owned and minority-owned businesses, we can enhance the diversity we offer in Ventura. Because diversity is our strength, and inclusivity is our responsibility. That's why I'm dedicated to fostering an inclusive community of people where everyone feels welcome, valued for their contributions, and empowered to thrive in our city.

I'm the only candidate in District 3 endorsed by the Democratic Party... AND I pledge to work with all Venturans because the issues challenging our families do not have a party preference. Every pothole affects us all. Every senior

displaced by high rents is a neighbor that we don't want to suffer. We are a great city because we value each other as one community.

I love Ventura and when you love something you protect it and care for it. So when you vote this fall, vote for the candidate that will stand for you and not abandon our city when things get hard. As a public health official, I am the only candidate that has direct emergency management experience in working with public safety (law enforcement and fire departments) during fires, floods, and health emergencies to protect and care for communities. Our full-service city needs a council member that has deep knowledge of and an even deeper commitment to leadership.

Join US Congressman Salud Carbajal, CA Assemblymember Steve Bennet, our current District 3 Councilmember Mike Johnson along with an increasing list of your friends and neighbors, including the Ventura Unified teachers, nurses and healthcare workers, law enforcement, and labor unions across this city, in supporting me as your next city council member representing District 3.

For the health of our environment, to protect our unique quality of life, and to ensure equity for all of our neighbors, Vote Ryyn Schumacher for Ventura City Council, District 3. Let's build the strong, vibrant Ventura we all deserve. I hope you will join me.

**Ojai Film Festival Marks 25th**  
**Continued from page 4**

Ojai Film Festival.

On Nov. 15, 2000, nearly two years of intensive effort by more than 100 volunteers culminated in the opening of the first Ojai Film Festival to an overwhelmingly enthusiastic response from filmmakers and filmgoers alike. The festival launched with two goals in mind: to provide audiences with opportunities to see groundbreaking work otherwise inaccessible and to give filmmakers access to an enthusiastic audience, including industry professionals.

In early 2002, the festival established itself as an independent nonprofit foundation, dedicated to expanding the traditions created during the first two years. Now in its 22nd year, the festival continues its commitment to enriching the human spirit by seeking out important films that uplift, help audiences feel good about being part of the human race, or inspire them to live meaningful lives. Over the past few years, the Ojai Film Festival has expanded with Focus Earth, a mini-festival featuring films and panels on environmental issues presented by local filmmakers and experts, as well as a screenwriting competition. The festival also developed a full-day education program for regional high school students, regularly attracting more than 200 students for seminars and film screenings.

The festival offers audiences a diverse lineup of films from around the world, with past entries representing over 43 countries. It also provides filmmakers with access to a highly appreciative audience of savvy film fans.

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VENTURA CITY COUNCIL | DISTRICT 3

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- ✔ Address the breakdown of our city's infrastructure due to funding deficits.
- ✔ Promote policies that help our local businesses thrive.
- ✔ Protect our quality of life and plan for a sustainable future.
- ✔ Make a difference in people's lives through advocacy for seniors, workers, LGBTQ+ community and other historically marginalized populations.

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- **Ventura Education Support Professionals Assoc. (VESPA):** Classified Personnel
- **SEIU Local 121RN:** Nurses
- **National Union of Healthcare Workers (NUHW):** Healthcare, Hospital, & Nurses
- **Central Coast Labor Council, AFL-CIO**
- **SEIU Local 721, Service Employees Intl.**
- **LiUNA Local 585, Laborers Intl**
- **UFCW Local 770, Food & Commercial Workers**
- **National Latino Peace Officers Assoc. Advocacy**
- **Ventura County Democratic Party**

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— Steve Bennett, CA Assemblymember- District 38

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Steve Grumette, program director of the Ojai Film Society, continues to receive invitations to serve as a juror at other festivals, reflecting the growing importance of Ojai's festival. Legendary Hollywood producer Peter Guber once told an audience at the Toronto International Film Festival, "Ojai is the next Telluride."

The Ojai Film Festival's 2024 edition will run from Oct. 31 to Nov. 4, 2024, featuring a diverse selection of films, workshops, panels, and events that promise to captivate, educate, and entertain attendees. "This year's Ojai Film Festival is set to be a vibrant exploration of diverse stories and global perspectives," said festival president Katie Guernsey. "Our schedule includes an exciting range of films that challenge, inspire, and entertain. We can't

wait for audiences to experience the magic of cinema at OFF."

**Schedule Overview:**

**Friday, Nov. 1:** Screenings begin with The Gray, The Black and Water for Life, followed by the evening feature Los Frikis at 7 p.m., and ending with a Mingle and Mix at 9 p.m.

**Saturday, Nov. 2:** Highlights include the documentary 999 - The Forgotten Girls, The Italians by Michelle Danner, and a panel on "Navigating Film Distribution." The day ends with the Festival Reception at 9 p.m., where filmmakers and attendees can connect.

**Sunday, Nov. 3:** The day kicks off with the Awards Brunch, celebrating this year's winners. Highlights include the CineFemme Slate and NFMLA Diversity screening blocks, as well as a live reading of the Screenplay

Competition winner's script, one of the most anticipated events.

**Monday, Nov. 4:** The final day features Death Pays Flora a Visit, The Cigarette Surfboard, Otter Space, and the revered Gold Coast track, showcasing local films such as The Last Rhino, Wingwalker, and 172 Pushups.

**Festival Highlights:**

**Special Screenings:** The highly anticipated documentary Los Frikis and the narrative feature The Last Birthday.

**Industry Panels:** Discussions on "The Business of Filmmaking" and "Navigating the Complex Landscape of Film and TV Distribution" offer valuable insights for filmmakers.

**Student & International Films:** Highlights include A Swim Lesson, Tennis, Oranges, and Rising Above, along with curated films from around

the world showcasing different cultures and perspectives.

Filmmaker Q&As and opportunities for audience engagement will take place throughout the festival.

**Get Your Tickets:** Tickets are available now at OjaiFilmFestival.com. Don't miss this opportunity to celebrate the art of filmmaking in the beautiful town of Ojai.



Filmmakers share insights with audience after screening at the 2023 OFF.

# let's get Spooky

Ventura Harbor Village



**Witches Paddle**  
Dress Up & Join In  
**October 25**  
Fri. 4pm - 5:30pm  
Arrive early for group photo!



**HOWL-o-ween**  
Dog Costume Contest  
**October 26**  
Sat. Noon - 2pm  
Pre-register your pup!



**Trick or Treat**  
20+ Sweet Stops  
**October 27**  
Sun. Noon - 2pm  
Bring your own bag!



**Plus! Thriller Zombies**  
Take Over the Lawn Oct. 27 @ 2:15pm



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## CAPS Media to Commission New Mural at Headquarters in Ventura

CAPS, serving Ventura County residents, is seeking artists and artist teams based in Ventura County to submit proposals for a mural project to be located at their headquarters at 65 Day Rd. Ventura, CA. This public art project is an investment in the local arts community and in support of CAPS Media's mission is to create an engaged and informed community through participation in electronic media. CAPS are specifically looking to provide an opportunity for emerging and experienced artists working in the medium of aerosol paint.

"Community media, be it video, audio, performance or visual, is our mission and we look to one of the many talented local visual artists to help tell our story." Patrick Davidson, Executive Director.

CAPS Media is a center that produces radio, video, and television programs designed to educate and inform the local community. The center provides training and equipment to community members to allow for expanded community engagement opportunities. The artwork design should consider the site specificity of the project location, the environment and focus of the center and the community it serves. Suggested considerations are, but are not limited to, the center's proximity to Ventura College, El Camino and Foothill Technology High Schools.

The request for proposals (RFP), application guidelines, budget, and project timeline may be found on the CAPS Media website at [www.capsmedia.org](http://www.capsmedia.org). The deadline to apply is November 15, 2024 at 5 pm. The application must be submitted via email to [sindelarartconsulting@gmail.com](mailto:sindelarartconsulting@gmail.com) and to [mural-project@capsmedia.org](mailto:mural-project@capsmedia.org)

### CAPS Media Mural Project Continued from page 1

Patrol Task Force, community meetings for the Santa Paula Branch Line Trail, and updates on the Pierpont gas leak.

On Friday, November 15, CAPS is hosting a special presentation "How About Something Positive" by Rafe Esquith, one of the most celebrated teachers in America. Recognized by the Washington Post, Los Angeles Times, and Time magazine as, "The finest classroom teacher in the country," Rafe's honors including Disney's "Teacher of the Year", Oprah Winfrey's "Use Your Life Award" and the President's "National Medal of the Arts" - the only teacher to ever receive the award. Rafe dedicated thirty-two years teaching 5th graders in inner city Los Angeles, 90 percent were living below the poverty level, and none spoke English as a first language, yet, his students consistently scored in the top 10 percent of the country in standardized tests and went on to graduate from major colleges and universities nationwide. Rafe's lecture explores the challenges, hardships, and rewards of teaching. "How About something Positive" will be held in the Ventura College Applied Science Center 6-8pm. It's free to the public, seating is limited, and reservations are required. Go to <https://Rafe-Esquith-Ventura-College.eventbrite.com>

To learn more about what CAPS Media and CAPS Radio have to offer, drop by the CAPS Media Center for one of the monthly orientations on the first Monday of each month at 6pm. Everyone is encouraged to discover what CAPS has to offer.

### The Bookmark

## About Libraries and Friends

by Mary Olson

Ventura Friends of the Library will hold their Annual Membership Meeting on Sunday, October 20, 1:00 to 3:00 pm in the Topping Room at E.P. Foster Library.

Our annual meetings are always open to guests who are interested in our organization or our guest speakers!

Our featured speaker will be Elizabeth Moore Kraus who will discuss her book 3 Sisters, 3 Weeks, 3 Countries (Still Talking). This memoir explores the past and present family dynamics that have shaped the lives of three sisters during their three week trip. The sisters decided to travel together to Ireland, England, and Scotland. Family is not always easy, and then adding to that challenge is daily togetherness and the stress of traveling.

Elizabeth "Liz" Moore Kraus has lived in Ventura County for over 30 years with her spouse, Dave, and son Brent-Stig. At the age of 42, Liz returned to school to earn an M.A. in English Literature. She is currently teaching at Ventura College and working on two more books. Her book will be available for purchase and signing at the event.

Ventura Friends of the Library supports the libraries of Ventura by selling donated books to raise funds for library programs and materials. The Friends operate a bookstore, 2nd Look Books, in E.P. Foster Library. Open Monday through Saturday, 11:00 am to 4:00 pm and Sunday, 1:00 to 4:00 pm. The Friends also sell books on Amazon and eBay: <https://www.ebay.com/str/venturafriendsofthelibrary>

Local author Vivian Chinelli will visit the Ojai Library at 2:00 pm on Saturday, October 26, to talk about her book, I'm Not Vegan, but My Cousin Is: Rhymes, Raps and Other Good Stuff About Respecting and Protecting Animals, Our Health and Our Planet. Come and listen to Ms. Chinelli's clever and riveting rhymes and raps as she delivers her vegan and plant-based message with a snappy beat.

Vivian Chinelli is a retired Kindergarten teacher, author, poet, vegan, plant-based eater, and activist. Ms. Chinelli's rhymes, and the powerful quotes that accompany them, explore the vegan philosophy of compassion for animals and the positive impacts of plant-based eating on our health and the health of our planet and all its inhabitants. Ojai Mayor Betsy Stix will join Ms. Chinelli to field questions about veganism and plant-based eating.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146 or [ron.solorzano@ventura.org](mailto:ron.solorzano@ventura.org).

### Spooky happenings at the Library:

Science Spook-tacular Dry Ice Show with Science Heroes! Hill Road Library, Thursday October 17, 3:30 - 4:30 pm. Science and stories collide in this fun, interactive S.T.E.M. program featuring the 'coolest' thing in science - DRY ICE!

Come enjoy some Fall fun at the Avenue Library with spooky movies, crafts, and treats! Boo Movie Matinees Saturdays at 12:00 to 3:00 pm: October 19 - Hocus Pocus (PG) October 26 - Hocus Pocus 2 (PG) Crafts and treats are available while supplies last.

Maker Lab at Hill Road Library, Thursday, October 24, 3:30 to 4:30: Create Squishy Circuit Monsters Squishy Circuits uses conductive and insulating play dough to teach the basics of electrical circuits, a perfect blend of play and learning! Come to the Hill Road Library for a ghoulishly good time creating your own little monster with clay and squishy circuits.

The Discover Science Team from the Foothill School of Technology returns to Hill Road Library Saturday, October 19, 11:00 am to noon. Learn how to create a Wind Catcher and harness the power of the wind.

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# Senior Living



Keynote speakers Dr. Thomas Duncan, Trauma Medical Director at Ventura County Medical Center, and Dr. James Hornstein, Family Medicine Doctor, shared insights on fall prevention at the 2024 Ventura County Fall Prevention Forum.

## Ventura County Forum Educates Seniors on Fall Prevention

by Carol Leish, MA

The 2024 Annual Fall Prevention Forum for Ventura County was held on Friday, September 27, at California Lutheran University in Thousand Oaks. Organized by the Ventura County Elderly Fall Preven-

tion Coalition, the forum aimed to educate seniors on preventing both initial and subsequent falls.

“People who experience a first fall are more likely to fall again, so our

**Continued on page 10**

## Falls are a significant concern for seniors in the U.S.

### Prevalence of Falls

Approximately 36 million falls are reported among older adults each year in the U.S. (adults aged 65 and older).

Out of these, about 8 million result in injury.

Falls are the leading cause of injury-related deaths among seniors. In 2021, there were around 36,000 deaths attributed to falls in older adults.

### Injuries from Falls

Every year, about 3 million seniors are treated in emergency departments for fall-related injuries.

More than 800,000 hospitalizations occur due to falls, often involving serious injuries like hip fractures or head trauma.

### Fractures

Falls cause over 95% of hip fractures among older adults.

Many fall-related fractures involve the spine, forearm, leg, ankle, pelvis, upper arm, and hand.

### Impact on Quality of Life

Falls can lead to a loss of independence, with many older adults unable to return to living independently after a fall.

Fear of falling can also lead to a decrease in physical activity, contributing to further decline in balance, strength, and overall health.

Information and statistics sourced from the Centers for Disease Control and Prevention (CDC), National Council on Aging (NCOA) National Institute on Aging (NIA) and the Journal of the American Medical Association (JAMA).



## EXCITING THINGS ARE COMING THIS FALL!

Designed with our residents top of mind, we are thrilled to announce that The Palms at Bonaventure is receiving a makeover.

With amenities and services catered to unique interests and well-being, you can truly focus on the things you love. Our innovative Vibrant Life® program inspires residents to create personalized schedules. Leave the cooking to us and enjoy a selection of home-style meals prepared fresh daily by our culinary team with Elevate® dining. Our top-rated Assisted Living and Memory Care offers customized care to help you live an enriching life on your terms.

**Call (805) 491-9687 or visit [ThePalmsBonaventureSeniorLiving.com](https://ThePalmsBonaventureSeniorLiving.com) today to schedule a tour and get a sneak peek of our renovations.**



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# Senior Living



Image by Freepik



Image by Freepik

## Smart Organic Choices: A Guide for Seniors

Eating organic can offer health benefits, especially for seniors looking to reduce exposure to pesticides and harmful chemicals. However, organic produce often comes at a higher cost. To help prioritize spending, the Environmental Working Group (EWG) has identified certain foods to avoid unless

organic and others that are safer to eat conventionally. Known as EWG's 'Dirty Dozen' and 'Clean Fifteen,' these handy lists are a great resource for making healthier, budget-friendly choices at the grocery store.

Visit [www.ewg.org](http://www.ewg.org) for more information

### Dirty Dozen

- Strawberries
- Spinach
- Kale, Collard, and Mustard Greens
- Grapes
- Peaches
- Pears
- Nectarines
- Apples
- Bell and Hot Peppers
- Cherries
- Blueberries

### Clean Fifteen

- Sweetcorn
- Avocado
- Pineapple
- Onions
- Papaya
- Sweet Peas
- Asparagus
- Honeydew Melon
- Kiwi
- Cabbage
- Watermelon
- Mushrooms
- Mango
- Sweet potatoes
- Carrots

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## A Positive Outlook on Aging

by Leslie Sokol

What is your outlook on aging? Do you welcome it with open arms, or do you worry that you may not be able to continue the activities you currently enjoy? Many people have mixed feelings about aging, and it's human nature to doubt yourself and lose confidence in your abilities. However, by cultivating a positive mindset and embracing change, you can learn to see the aging process as a valuable rite of passage. In doing so, you harness the power of positive aging.

Aging is a healthy, normal part of life. Maintaining a positive mindset as you grow older is essential, especially if you want to keep doing the things that bring you joy and meaning. I truly believe that a positive outlook can help you live a longer, healthier, and happier life.

### Positive Aspects of Aging:

- A greater sense of self-acceptance
- Improved emotional control
- Increased resilience
- Enhanced happiness
- Less stress over minor issues
- Greater kindness toward oneself
- Plenty of good stories to tell

You can foster positive emotions by practicing mindfulness and embracing self-talk that builds your confidence. It's also helpful to recognize how your attitude and lifestyle choices affect your physical and emotional well-being. By staying active, eating well, being social, exercising your brain, setting goals, embracing change, and minimizing stress, you can enrich and enhance your golden years.

### The Power of Positive Thinking

Positive thinking can significantly influence your overall well-being and quality of life. I always encourage my students to maintain a positive outlook. A great way to cultivate this is through daily affirmations or gratitude practices, which help you appreciate the present moment. Getting involved in your community and engaging in activities that bring you joy can also support a positive mindset.

It's equally important to maintain a sense of purpose by finding projects that align with your values. Reject negative stereotypes about aging, such as the belief that poor physical health is inevitable. Stay socially active by joining a club or community organization and participate in activities that keep you physically and mentally engaged.

### Embracing Change

Aging gracefully means being able to embrace change. Your body and lifestyle will inevitably evolve as you age, but staying open to these changes allows you to navigate the process with resilience and grace. Everyone's aging journey is unique—what works for one person may not work for another. By maintaining a positive outlook, you can age gracefully and enjoy a higher quality of life. Remember, age is just a number. Be healthy

and happy!

For more information, contact Leslie at [leslie@lesliesokolsdance.com](mailto:leslie@lesliesokolsdance.com), by calling 805-312-8089, or by visiting her website: [www.LeslieSokolsDance.com](http://www.LeslieSokolsDance.com).

### Ventura County Forum Continued from page 9

goal was to provide education on how to avoid future falls," said Julianna Eusanio, MSW, Fall Prevention Coordinator at the Ventura County Area Agency on Aging (VCAAA).

Over 400 people attended the event, which featured two keynote speakers: Dr. Thomas Duncan, Trauma Medical Director at Ventura County Medical Center (VCMC), and Dr. James Hornstein, a family medicine doctor also affiliated with VCMC.

Registered dietitian Aurora Meadows led a healthy recipe demonstration, showing attendees how to prepare a smoky black bean, butternut squash, and kale salad. The event also included an interactive Zumba demonstration, which participants enthusiastically joined, as well as a Tai Chi demonstration led by instructor Fred Case. Physical therapists provided balance assessments, blood pressure screenings were available, and attendees had the opportunity to receive their annual flu vaccinations.

"Staying active is key to reducing the risk of falls," said Eusanio.

The forum, free and open to all Ventura County residents, attracted many seniors, some accompanied by family members. "It was important to raise awareness about fall prevention in a fun and engaging way, which is why this year's theme was 'All Aboard the Fall Prevention Train,'" Eusanio added.

A free lunch, catered by Caribbean Haven, was provided. The event also featured a variety of vendors, including government agencies, home health organizations, and adult day health care providers. Los Robles Hospital and Tri-County GLAD (Greater Los Angeles Agency on Deafness) were present, with ASL interpretation available for those who needed it.

The day concluded with a raffle of donated gift baskets.

This year's forum was held in Thousand Oaks to serve the eastern part of Ventura County, while last year's event took place in Oxnard to accommodate residents in the western region. Next year's forum will return to the western part of the county, continuing the annual effort to help older adults prevent falls.

For more information on free fall prevention classes for those over 60, contact Julianna Eusanio at [julianna.eusanio@ventura.org](mailto:julianna.eusanio@ventura.org) or 805-477-7300. You can also view available classes at [www.vcaaa.org](http://www.vcaaa.org).



Bee Magno, Luz Mitchell, and Dotty Pringle outside Heavenly Cakes Bakery in Oxnard, where their grassroots fundraising efforts began.

## Local Heroes: How a Tribe of Women and a Community United to Support Local Causes

In 2018, a small but determined group of women met for coffee in front of Heavenly Cakes Bakery in Oxnard Shores. What began as a casual gathering quickly transformed into a powerful community movement. Nancy Klein and Dotty Pringle, who first connected at the Shores ArtWalk, sparked an initiative that would soon touch the lives of countless businesses and individuals across Oxnard. Natascha Saavedra, Yvonne LaMendola, and Bee Magno soon joined the effort, helping the group gain momentum.

Their first project was a grassroots fundraiser to support the strip mall where Heavenly Cakes Bakery is located. Inspired by their success, the group expanded their efforts to include fundraisers for Fisherman's Wharf businesses and later the Elite Theatre. As their mission grew, so did their team.

Yvonne LaMendola, a graphic artist, brought in her husband, RJ LaMendola, a world-renowned photographer, whose contributions added strength to the cause. In recognition of their achievements, particularly during the COVID-19 pandemic when small businesses needed support the most, the County of Ventura honored the group with an award for their Fisherman's Wharf Fundraiser under the Channel Islands Gulls.

Over the years, they have raised funds for a diverse range of causes, including Friends of Fieldworkers, the Lahaina Fires, local animal welfare organizations like CARL and SPARC, the Hueneme

Veterinary Center, Toys for Tots, and national health groups like City of Hope. Their efforts have also supported cultural events such as the RedBird Powwow, local services like VC Caregivers, and unique initiatives like the Occu-puppy Project, along with supporting bomb-sniffing dogs and local spay/neuter programs.

In addition to their work with larger organizations, the group remains committed to helping local artists in need, ensuring that Oxnard's creative community continues to flourish.

What started as a simple fundraiser outside a bakery has grown into a movement that uplifts local businesses, artists, and causes. These women and their dedicated supporters have proven how much a small group with passion and heart can achieve, making a lasting impact on their Ventura County community.

"We came together to help when it was needed the most, and we haven't stopped since." Special thanks go to Luz Mitchell for consistently helping with set up and break down at fundraisers, and to Susan Bollinger for her support with graphics and advertising.

Their next event is a Caregivers.org Fundraiser - Spooky Boutique on Sun., Oct 27, 9 - 3 pm. At Hollywood Beach, 112 Los Altos St. Join artists and vendors for a SPOOKtacular arts and crafts show. Pet costume contest, facepainting, photo booth, raffle prizes.



The Tesla Cybertruck drew a crowd at the Ventura Electric Car Show, showcasing the future of rugged, sustainable transportation.

## Ventura Hosts Dynamic Electric Car Show, Highlighting the Future of Sustainable Mobility

by Patricia Schallert

Electric car shows are vibrant events that spotlight the latest advancements in electric vehicle (EV) technology. On October 6th, Harbor Village in Ventura welcomed hundreds of enthusiasts, industry professionals, and potential buyers at an engaging electric car show sponsored by the Electric

Vehicle Advocates of Ventura County. Attendees explored a diverse array of electric models, from sleek sedans and rugged SUVs to electric school buses.

Major manufacturers such as Tesla, Volkswagen, Kia, and Hyundai showcased their latest models, along with various vehicles from Ventura Fleet. The Ventura County Air Pollution Control District also participated, promoting incentives and funding options for residents trading in gas-powered lawn and garden equipment for electric alternatives. This initiative encourages both residents and commercial landscapers to invest in zero-emission equipment, contributing to a cleaner environment. For more details about this lawn and garden equipment exchange program, residents can reach out to Heidy Yupe at heidy@vcapcd.org.

Visitors engaged in meaningful conversations with current EV owners, who eagerly shared their exhilarating test drive experiences. Knowledgeable experts provided valuable insights into sustainable driving practices and the future of electric mobility.

The event featured interactive displays, hands-on demonstrations, and an abundance of brochures highlighting green initiatives and eco-friendly practices. It emphasized the critical importance of transitioning to clean transportation and showcased the significant benefits of electric vehicles. Overall, the electric car show offered an exciting and informative experience, inspiring attendees to consider electric vehicles as viable, sustainable options for the future. As the automotive landscape continues to evolve, events like this play a crucial role in promoting awareness and acceptance of electric mobility solutions for all.

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# Events

## VENTURA: Award-winning Documentary, Elemental, Reimagine Wildfire: Wed, Oct 16th, 6:30 pm, Cinemark Century 10.

Critically acclaimed, award-winning documentary. In the wake of deadly fires across the West, ELEMENTAL, REIMAGINE WILDFIRE provides us all with a deeper understanding of the events around us while offering real solutions to live with fire in a hotter, drier world. The film will be followed by a Q&A with Executive Producer Ralph Bloemers, Former Ventura County Fire Assistant Chief John McNeil; Director of Conservation and Research Bryant Baker from Los Padres ForestWatch; Head of Wildfire Safety Max Young from the Ventura Regional Fire Safe Council. Advance tickets available here: <https://bit.ly/3N5DdRr>

## Music History - 101: Fri, Oct 18 and Sat, Oct 19, 7 pm. Footlight- ers Theater Company, Ventura Marina Mobile Home Park, 1215 Anchors Way.

The play, written, directed, and produced by Cheryl Immel. This heartfelt production aims to celebrate the transformative power of music education and the impact caring educators have on young lives, including those often labeled as “troublemakers.” The audience will witness actors portraying music professors from the McIntosh University of Music, and college students engaging with vibrant music history lessons brought to life. By immersing viewers in the dynamic world of music education, the performance aims to inspire a greater appreciation for the art form and the educators who make it meaningful, leaving everyone with a renewed sense of joy and connection to music. \$10.00 HOA members of VMMHP community. \$15.00 Non-HOA and Guests. Tickets will be sold at the door.

## The Channel Islands Park Foundation Native Plant Sale: Sat, Oct 26, 9 am – 1 pm., Visitor Center, 1901 Spinnaker Dr., Ventura Harbor.

Ventura County Master Gardeners will be conducting a native plant sale featuring species endemic to the Channel Islands. The sale will be next to the Channel Islands National Park Visitor Center. This is at the end of the Ventura Harbor. [www.cipark-foundation.org](http://www.cipark-foundation.org).



Docent Yvonne Cherbak, Olivas Adobe's Victorian Halloween.

## Olivas Adobe House Tours: Sun, Oct. 20, 27, Nov. 3, 10, 17, 24, 11 - 3pm. 4200 Olivas Park Drive.

The Olivas Adobe historic site features the original two-story adobe home of Don Raymundo Olivas built in 1847. Celebrating Ventura's Rancho and Latino heritage. Located at, Ventura. House tours are \$5 for Adults and \$3 for children and Seniors. More Information is available at [www.cityofventura.ca.gov/648/Olivas-Adobe-Historical-Park](http://www.cityofventura.ca.gov/648/Olivas-Adobe-Historical-Park).

## Namba Performing Arts Space: Fri, Oct 18, Sun Oct 20. Namba Per- forming Arts Space, 47 S. Oak St.

4th Annual Playwrights' SPLASH Festival Weekend #3. Mental Health Awareness/Poetry Weekend with “The Funny Thing About A Panic Attack” by Ben Kassoy, “Resilient AF” by Kamakshi Hart, and “Mictlan” by Cristina Glezoro and Martin Arreola, with shows in Spanish and English. The 2024 Playwrights' Splash Festival brings new playwrights to Ventura and provides a platform for emerging artists to share their stories. Support for the festival is provided by the City of Ventura Cultural Funding Grant Program and Ventura County Behavioral Health. Tickets for each show are \$20 online or \$25 at the door. Or purchase a “SPLASH Pass” and see all three shows for \$60! Includes a complimentary drink for each show and waives ticket fees. Join us at the SPLASH Festival and support the flourishing performing arts scene in Ventura. Learn more at [NambaArts.com](http://NambaArts.com).

## The Museum of Ventura County: The Curse of The Vampire. Tales from the Book of Nosferatu. Sep. 19 – Nov 17.

The artists have created a spine-tingling, comic-like experience that will thrill anyone fascinated by Dracula and occult storytelling. You'll be scared, amazed, and completely immersed in a world where imagination meets the supernatural! The Curse of The Vampire: Tales from The Book of Nosferatu is a collaborative exhibition that features seventeen George Stuart Historical Figures enhanced by blown up retro comic book style illustrations created by artists, Paula Pugh and Weshoyot Alvitre. The exhibition brings a fictional story to life, chronicling the rise and fall of a vampire dynasty from Vlad the Impaler (the first alleged vampire) to Dracula to Alexander Cepesi (one of the last vampires). The story unfolds through illustrations created by Pugh and Alvitre in a retro comic book style. [www.venturamuseum.org/upcoming-exhibitions](http://www.venturamuseum.org/upcoming-exhibitions).

## 2024 Ventura Women's Confer- ence: Sat, Oct 19, 8:00 - 4:00 pm. Poinsettia Pavilion.

The theme is “Wellness Warriors... embrace, empower, energize. Giving you the tools to gently warrior through life with compassion and grace.” Twelve women will speak on their wellness expertise, and over 20 health and wellness vendors will share products and services. Tickets are

available at Eventbrite and all proceeds benefit Food Share Ventura. [www.venturawomensconference.com](http://www.venturawomensconference.com)

## National Association of Watch and Clock Collectors: Sun, Oct 20, 11 am. Campus Student Center of Ventura College, 4667 Telegraph Rd.

Anyone interested in timepieces, both antique and modern, can attend the Ventura County chapter of the National Association of Watch and Clock Collectors meeting for a watch/clock marketplace, lunch, and a presentation on a horological topic. Bring a watch or clock for a free evaluation. [www.nawcc-ch190.com](http://www.nawcc-ch190.com).

## The Museum of Ventura County – Play Date in the Children's Garden with Pinaysphere: Fri, Oct 25, 2:00 - 4:00 pm.

Kids can learn about Filipino culture by crafting their own báhay kúbo, which is a traditional Filipino house built on stilts, made from natural materials like bamboo and coconut fibers, showcasing Filipino ingenuity, sustainability, and community spirit. Adult supervision required. Free registration advised.

Special Announcement – The Agriculture Museum is thrilled to be one of the locations for Santa Paula Theater Center's GhostWalk 2024! This event begins Oct 11 and runs Fri., Sat., and Sun. through Oct 27. For tickets to this beloved community event, visit [www.ghostwalk.com](http://www.ghostwalk.com)

## Adventure Van Expo: Sat, Oct. 26 from 10 – 5 pm and Sun, Oct 27, 10 – 3 pm. Ventura County Fairgrounds.

The Adventure Van Expo event series offers a space for van builders and connoisseurs to explore van builds, rental companies, accessory vendors, sell their rigs and connect with the van life community. Saturday will be a full day of live music and food and drinks from on-site concessions. Van builders looking to display their work are encouraged to participate in the Adventure Van Expo DIY Contest, which will be viewed by hundreds of eventgoers and rated by van-build experts. Sunday's Expo continues with the same packed list of vendors, open house vans, live music, food trucks, and local brews. Entry is \$5 and camping is for a fee, and you can also sell your van there for a fee (see website for pricing). For more information and to purchase camping tickets visit [www.adventurevanexpo.com](http://www.adventurevanexpo.com).

## Patchwork Show: Nov 3, 2024, 11 - 5pm, Downtown Ventura.

Over the past 16 years, Patchwork has grown from a small parking lot craft fair into multiple locations including street festivals and large indoor marketplaces. Each location is as unique as the venue and showcases different makers and collaborations that reflect the local environment and community. [www.dearhandmadelife.com/patchwork-show/](http://www.dearhandmadelife.com/patchwork-show/)

**10th Annual Candlelight Remem-  
brance Service: Thurs, Nov 7,  
6 – 8 pm. Joseph Reardon Funeral  
Home, 757 E. Main St.**

Words of comfort and inspirational music. Candlelighting for those that have experienced a loss and wish to remember their loved one in a sacred space. Harpist, Ted Nicholson, 6 – 7 pm. Ceremony 7 – 8 pm. To rsvp, contact 805-653-8623. [www.reardonfuneral.com](http://www.reardonfuneral.com).

## Holiday Craft & Gift Festival: Fri., Nov 22-24, 10 – 5 pm, Fri and Sat, and 10 – 4 pm Sun. Ventura County Fairgrounds.

Admission is free with ticket registration at <https://venturacraftfestival.com>

## ONGOING: Social Golf Club

Actively recruiting new members Men's golf club. Set Tee times a year in advance for every Tuesday and Thursday at 9 different courses in Ventura County. <https://challengersgolfclub.com>

## Ventura Senior Men's Group: First and Third Tues each month: 11:30 am - 1:30 pm at Poinsettia Pavilion.

Any man who considers himself in the “senior” category (and many who don't) might benefit from a visit to the Ventura Senior Men's Group. Buffet luncheon with interesting speakers and good friends. Your first lunch is free. We talk about everything except religion and politics. Eligible to all men 50 plus. Call Tom at 805-657-1071 for more information or visit VSMG.net to find out who our speakers will be.

## Play Bridge: Every Tues, Wed and Thurs at 12:30 pm.

ACBL-sanctioned duplicate bridge games. All levels of play, and we will guarantee to have a partner for you if you need one. Lessons are available. Tuesday, Wed and Thursday games are held at Temple Beth Torah, Foothill & Kimball Rd, Ventura. Every Saturday at the Ventura Townhouse. For additional info visit our website at [www.vcbridge.org](http://www.vcbridge.org). Contact Rose at [buckley-rose357@gmail.com](mailto:buckley-rose357@gmail.com).

## Ventura County Philatelic Society: First and third Mon each month 7:30 pm.

Church of the Foothills, Ventura. For more information, visit <https://venturacountyphilatelicsoc.org>.

## Beach Cleanup: First Sat of every month - 8:30-10:30 am.

Meet your neighbors and help keep our beach looking fresh. Hosted by Pierpont Beach Community Council in partnership with Surfrider. Meet up at the end of Seward near the beach. (1140 S Seward St). Arrive any time during the timeframe. Fun for the whole family! Supplies provided - BYO water.

## OJAI: I'm Not Vegan, but My Cousin Is: Sat, Oct 26, 2 pm. Ojai Library, 111 East Ojai Ave.

Local author Vivian Chinelli will talk about her book, I'm Not Vegan, but My Cousin Is: Rhymes, Raps and Other Good Stuff About Respecting and Protecting Animals, Our Health and Our Planet. Ojai Mayor Betsy Stix will join Ms. Chinelli to field questions about veganism and plant-based eating.. This little book with a big message contains 81 original pieces that are passionate and provocative, sometimes light-hearted, but always informative and inspirational. Free. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146 or [ron.solorzano@ventura.org](mailto:ron.solorzano@ventura.org).

## OXNARD: Fireball Tim's Wheels & Waves: Channel Islands Maritime Museum. Sundays, 8 – 10 am. 3900 Bluefin Circle.

Lively, free event, held on the first in front of the Museum. Meet Fireball

**Moving In?  
Moving Up?  
Moving Out?**

**I can help you with that!**

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**Adela Trainor**  
REALTOR®  
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✉ TeamTrainor12@gmail.com





## Events

Tim as well as Channel Island Maritime Museum's Executive Director, Doug Riffenburgh and see both the car show and the museum. [www.cimmvc.org](http://www.cimmvc.org).

**OPAC debuts ¡ÁNDALE!: Wellness + Creativity for Everyone: Sat, Oct 19, 1- 3 pm, Community Center Park East, 800 Hobson Way, (located behind the Oxnard Performing Arts Center).**

A Free Monthly Series for Mental Health and Well-being. Take a break, rejuvenate, and get creative. A new monthly series presented by the Oxnard Performing Arts Center Corporation, focused on supporting mental health and wellness through artistic expression and self-care. The event is offered bilingually, free and open to all, creating space where relaxation, creativity, and community connection come together. This month yoga, sound baths and art-making will be offered. Attendees will spend 30 minutes at each activity, for a total of two hours of immersive wellness. In addition to offering a restorative experience, ¡ÁNDALE! makes it easy for parents to attend by providing free childcare for children ages 5 to 11. This event series is made possible through generous funding from Ventura County Behavioral Health, Mental Health Services Act. For more information visit [TheOPAC.org/andale](http://TheOPAC.org/andale).

**Caregivers.org Fundraiser - Spooky Boutique: Sun., Oct 27, 9-3 pm, Hollywood Beach, 112 Los Altos St.**

Join artists and vendors for a SPOOKtacular arts and crafts show! Pet costume contest, facepainting,

photo booth, raffle prizes.

**Día de los Muertos Celebration: Sat, Nov 2, 4-9 pm Oxnard Performing Arts Center, 800 Hobson Way.**

OPAC's Dia de los Muertos expands in 2024 with month-long Community Altar in partnership with The Collection. This year, the celebration extends with a month-long Día de los Muertos Community Altar at The Collection at RiverPark in Oxnard, running from Oct 1 - Nov 2. This vibrant display titled "Recuérdame" (Remember Me) is hosted in partnership with The Collection and will be located between Lazy Dog and the Cheesecake Factory. The community is invited to honor their loved ones by participating in a heartfelt tribute to those who have passed. Admission is free and open to the public. We invite the public to contribute to the Community Altar by sharing photos of loved ones they wish to honor. [www.theopac.org](http://www.theopac.org).

**CAMARILLO:**

**Channel Islands PC User Group (CIPCUG): Sat, Nov 16., 9:30 am. Online and Live at our temporary location Ventura County Computers, 2175 Goodyear Ave., Unit 117.**

Discussion, Tutorial, and Q&A sessions centered around Computers, email, the Internet, AI, and social media brokers such as X, Facebook, and Google (due to limited space live attendance is reserved for members). Details for connecting to online events are emailed prior to the event. To receive connection instructions, sign at [www.cipcug.org](http://www.cipcug.org).

**SANTA BARBARA:**

**Boo at the Zoo: Oct. 18 – 27, 5 - 8 pm. Santa Barbara Zoo.**

Get ready for a fun and festive Halloween spell-ebraction. While visiting the animals, discover frightfully fun décor, photo ops and trick-or-treating. The ticket for this event includes a Zoo Train ride, mad science experiments, scare zone, dance party, creepy-crawly animal encounters and bounce houses. Additionally, no costume head or face masks will be permitted. Since this is a kid and family-friendly event, please keep costumes child-friendly and do not include gore or realistic weapons. \$25 per adult, \$18 per child. <https://santabarbaraca.com/events/boo-at-the-zoo/>

**About Dracula: A Comedy of Terrors: Through Oct 27. Ensemble Theatre, 33 West Victoria St.**

Ever wondered what would happen if you took Bram Stoker's legendary vampire tale and put in into a blender with the comedic influences of Mel Brooks, Monty Python and The 39 Steps? That's just what happens in this lightning-fast, laugh-out-loud 90-minute gender-bending, quick-change magical romp. Famed female vampire hunter Jean Van Helsing and her motley company chase Count Dracula from the English countryside to Transylvania to "other frightening places." Their antics brim with enough tongue-in-cheek mayhem to fill your cup of giggles. 90 minutes with no intermission. Rating: PG-13. <https://etcbsb.org/production/dracula-a-comedy-of-terrors>.

**35th Annual Día de los Muertos Celebration at SBMA and MCASB: Sun, Oct 20, 11 – 4 pm. Santa Barbara Museum of Art, 1130 State St.**

The Santa Barbara Museum of Art (SBMA) presents a free family day in celebration of Día de los Muertos in the Museum's Front Terrace, Family Resource Center, and galleries. For the 35th year, the Museum honors the Mexican tradition of remembering the dead with a variety of family festivities include altar displays, art activities, live music, and dance performances. For the second year, a Day of the Dead Calenda, or procession, will travel from SBMA to the Museum of Contemporary Art Santa Barbara (MCASB). [www.sbma.net](http://www.sbma.net).

**SANTA PAULA:**

**Santa Paula Theater Center is proud to announce the 30th anniversary production of GhostWalk 2024: The Spirits of The Old Sycamore Tree.**

This year's production will begin at the Santa Paula Train Depot and will follow a walking tour of six ghost stories that circumvent the block between North 10th and 9th Street and East Santa Barbara Street and Railroad Ave. Phone # 805-525-4645 (messages only). Tickets for Ghostwalk are \$15 for Adults, \$10 for Children 12 & Under. Additional details are available at [www.ghostwalk.com](http://www.ghostwalk.com). GhostWalk 2024 will run for three weekends from October 11 through October 27, 2024, with tours running every 15 minutes beginning at 6:30 PM and the final tour at 9:00 PM (the final tour on Sunday is 8:30).

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# The Pet Page



Image by Freepik

## Stay Spooky, Stay Safe: Tips for Keeping Pets Safe This Halloween

From the Humane Society of Ventura County

Halloween is just around the corner, and while it's a fun holiday for humans, it can be a stressful and even dangerous time for pets. Follow these tips to keep your furry friends safe this Halloween:

**Candy:** Trick-or-treat is for humans, not pets. Keep all candy out of reach and educate children in the home about the dangers of feeding candy to animals. Symptoms of chocolate poisoning include vomiting, diarrhea, rapid breathing, increased heart rate, and seizures. If your pet consumes candy, contact your veterinarian immediately.

**Costumes:** Don't force your pet to wear a costume unless you're sure they're comfortable. What may seem cute to you could be overwhelming for them. Ensure costumes don't block their vision or breathing and avoid constricting movement. Check for any small parts, like buttons or tassels, which could be irritating or pose a choking hazard.

**Keep pets indoors:** Don't leave pets in the yard on Halloween. Pranksters may tease or harm animals, leading to injury or worse. Before festivities begin, place your pets in a quiet, secure room away from the door. This helps reduce anxiety and prevents pets from

escaping when trick-or-treaters arrive.

**Black cats:** Black cats are particularly at risk of harm around Halloween. As a precaution, bring black cats indoors several days before and after the holiday.

**Candles, wires, and cords:** Keep pets away from candles to prevent burns or accidental fires. Wires and electrical cords can also pose serious risks. If chewed on, pets can suffer life-threatening electrical shocks.

**ID tags:** Ensure your pets are wearing current ID tags and verify their microchip information is up to date. Proper identification is crucial to reuniting lost pets with their owners. The Humane Society of Ventura County offers free ID tags through Halloween, and microchipping is available for \$25, including registration. Call 805-646-6505 to schedule this service.

By following these tips, you can help your pets enjoy a safe and stress-free Halloween!



Image by Freepik

## C.A.R.L. Halloween Fest!

Topa Topa Brewery,  
4880 Colt St., Ventura  
Sunday, Oct. 27, 12-4 p.m.

Join the Canine Adoption and Rescue League (CARL) for Halloween Fest on Sunday, Oct. 27, at Topa Topa Brewery! Enjoy food trucks, live music from Kelly's Lot, a silent auction, and the chance to meet some of the amazing CARL dogs available for adoption. Kids are welcome, and costumes are encouraged! A \$10 donation is suggested, with all proceeds benefiting the CARL dogs.

for pet lovers to capture memories while supporting a good cause.

Participants can opt for portraits with or without their pets. To ensure the safety of all attendees, pets must be on a leash or in carriers, in good health, and comfortable around other animals. A suggested donation of \$30 will help support the shelter's ongoing efforts.

This event operates on a first-come, first-served basis, and VCAS may not be able to accommodate participants arriving after 12 p.m. Photos will be available for download at [www.vcas.us/Halloween](http://www.vcas.us/Halloween) following the event.

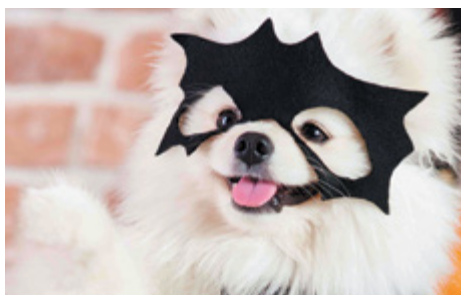


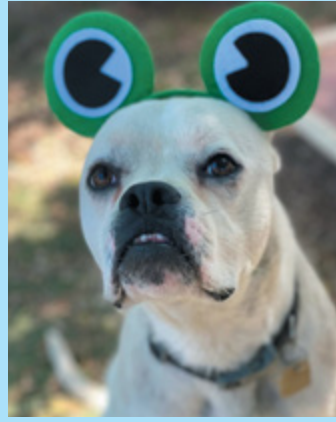
Photo by Freepik

## VCAS Hosts Halloween Photoshoot Fundraiser for Pets and Families

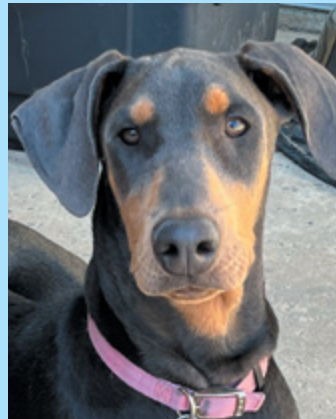
Ventura County Animal Services (VCAS) has announced its first annual Halloween Photoshoot Fundraiser. Join VCAS staff and volunteers for a pet-friendly professional portrait session on Saturday, Oct. 19, 2024, from 10 a.m. to 12 p.m. at the Camarillo Animal Shelter, located at 600 Aviation Drive. The event promises a fun opportunity

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.

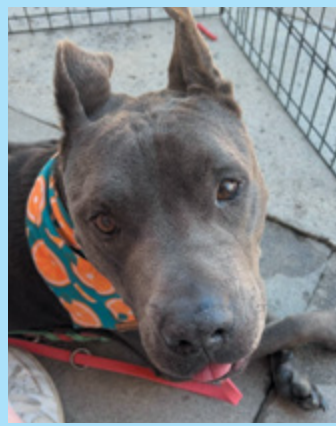
## Forever homes wanted



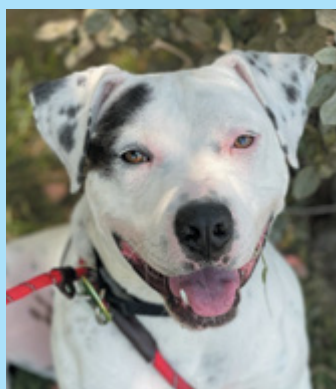
Hi, I'm Santi, an active 1-year, 4-month-old Boxer mix in need of a new home. The other dog in my current home wasn't too happy with me staying. I'm affectionate, playful, and outgoing. I get along with other dogs, but no cats, please. I respond when called and can sit on command, but I still need some work on leash training. I love being around people and don't enjoy being left alone. Tennis balls are my favorite! I'm energetic and sometimes bark or jump when I'm excited. I can't wait to become a cherished member of a loving family.



Hi, I'm Farrah, a beautiful 2-year-old American/European Doberman Pinscher. I'm looking for a new home because my former family could no longer give me the care I need. I love running, playing, and I get along with other dogs and cats. While I'm good with older children, I'd do best in an adult-only home. I need an experienced, active owner and a house with a big backyard. I can be hyper, stubborn, and jumpy (I can clear baby gates!), but most of all, I'm lovable. I'll need a patient person who can help me work on my digging, barking, and play-nipping habits.



Hi, I'm Rudy, an outgoing 6-year-old Pit Bull mix in search of a forever home. I was found on the freeway, and since no one came to claim me, I'm now available for adoption. I'm active and super friendly! I do need some leash training because I get a little too excited when I'm out and about. Come meet me and see what a great guy I am! Forever Hones Wanted



Hi, I'm Mustard, an active 2-year-old Pit Bull mix looking for a forever home. I was rescued from a shelter, and I'm so grateful for the chance to find my new family. I'm selective with other dogs, so if you already have a fur baby, please bring them along for a meet-and-greet. It's unknown how I would do with children or cats. I know my breed sometimes gets a bad rap, but I hope you'll meet me and see for yourself!

All of these amazing pets are being cared for by the Canine Adoption and Rescue League (CARL). Could you provide a forever home for one of these wonderful animals? To read full pet bios and submit an application, visit [www.CARLDogs.org](http://www.CARLDogs.org) or call 805-644-7387.

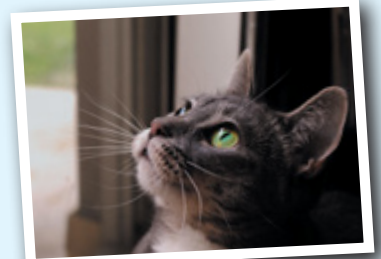
Dedicated to Scamp



## Scamp Club

(Scamp Club pets are not for adoption.)

Meet Spirit and Mittens, two stunning sibling cats adopted by the Meyers family in 2017 from the Valley Oak SPCA ([vospc.org](http://vospc.org)). When they're not sleeping or cuddling, Spirit and Mittens can often be found posing for photo shoots with award-winning local photographer Alanna Meyers. You can view their modeling portfolio, along with Alanna's other work, at [AlannaBreePhotography.com](http://AlannaBreePhotography.com) or on Instagram @alannabreephotography.



## Join Scamp Club

Pets of all sorts can join the Scamp Club! Email your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You'll be in the Breeze and become world famous.



Ventura Police to Address E-Bike Safety and Laws in Second Public Workshop

## Community Invited to E-Bike Safety Workshop Hosted by Ventura Police Department

The Ventura Police Department will host a free community workshop on Tuesday, October 22, from 6:00 - 7:30 p.m. in the Community Meeting Room at City Hall, located at 501 Poli Street. This event is part of the department's ongoing efforts to address the growing concerns about illegal electric bicycle use in Ventura.

"E-bike safety, reckless riding, and enforcement have become significant concerns in Ventura, and we are committed to addressing these issues head-on through education and enforcement," said Chief Darin Schindler. "This workshop is an opportunity for residents to learn about safe and legal e-bike use and to engage directly with our officers. Our goal is to ensure the safety of all road users and foster a culture of responsible e-bike use in our community."

Electric bikes with pedals propelled by human power and an electric motor are classified as class I, II, or III e-bikes. Vehicles without pedals, driven solely by an electric motor, are classified as electric motorcycles and must meet the same requirements as traditional motorcycles, including proper state licensing,

registration, and insurance.

The workshop will cover e-bike classifications, regulations for electric motorcycles, and state and local laws. Key points include:

- E-bikes must have a class identification sticker permanently affixed to the device.
- Modifying an e-bike to increase speed, reckless riding, and fleeing law enforcement are illegal.
- Riders under 18 years old are required to wear a properly fitted and secured helmet at all times.
- All cyclists, including e-bike riders, must follow the rules of the road.

To address community concerns, the department is taking a proactive approach to education and previously hosted a workshop in July, distributed informational mailers to residents, participated in radio interviews, published an editorial in the Ventura County Star, attended Ventura Unified School District events, and increased social media messaging.

A video recording of the workshop will be posted to the City's YouTube channel at [YouTube.com/CityofVentura](https://www.youtube.com/CityofVentura)

## Harbor Patrol Blotter

Thursday 10/3

12:00pm, officers training and preparing for EMT testing.

1:50pm, while on patrol in the truck, officers monitoring 3 children boogie boarding near the South Jetty. Contacted and moved to safer water.

8:05pm, contacting several small vessels engaged in hoop netting outside the breakwall within the 250ft buffer zone. Issued warnings and moved traps.

Friday 10/4

10:30am, officers conducting dock line maintenance on the patrol dock. Training new Marine Safety Officers with splicing/whipping etcetera.

3:00pm, dispatched to a stingray strike at Harbor Cove beach. Officers responded with VFD/AMR to assist the patient with treatment/transport prep.

6:03pm, while on patrol in the Fireboat, officers conducting hoop net ordinance enforcement. Contacted 6 fisherman for illegal placement of hoop nets, issued warnings and educated legal areas for fishing for lobster.

Saturday 10/5

12:40pm, officers training new Marine Safety Officers with Fireboat operations: monitor, induction line, electronics, specifically radar and audio direction finder.

5:35pm, dispatched to an unconscious person at Brophy Brothers. Officers responded with VFD/AMR to assist the patient with treatment and transport prep

6:42pm, received an inquiry from a Ventura Marina Community tenant concerned that the fog signal hasn't been activated when the fog has come in lately. Officers advised signal is turned on by keying mic on VHF 81a 5 times.

11:10pm, officers training new Marine Safety Officers on nighttime operations onboard the Fireboat, radar & navigating to the harbor in restricted visibility.

Sunday 10/6

10:01am, officers training Marine Safety Officers with Fireboat 1 and Rescue Boat 19 operations and electronics operations, also coastal navigation.

4:20pm, received report of illegal fishing near the Harbor Cove Café. Officers responded in

the truck and educated 10 young adults of legal areas to fish. The crew left the scene on their electric bikes.

5:03pm, observed a heavy thick fog bank roll in, visibility less than 100ft. Officers activated the fog signal on the South Jetty by keying mic on VHF 81a.

Monday 10/7

10:00am, received report of an RV on Spinnaker Drive dumping black water onto the street. Officers responded with VPD, owner was cited for the pollution.

12:03pm, received report of a Hazard-to-Navigation at the Harbor Entrance. Officers responded in Rescue B19, removed a large log, deposited at the L/R.

7:20pm, received request for an escort from the #2 navigation buoy from a large sailboat with malfunctioning radar. Officers responded in Fireboat to assist.

Tuesday 10/8

8:50pm, received a Mayday call on VHF 16, large sailboat with a fouled prop just outside the harbor. Officers responded in Fireboat, found the vessel anchored just outside the surfline near the Surfers Knoll groin. Towed to harbor.

## Boys & Girls Club of Ventura Silent Auction

Support the Boys & Girls Club of Ventura by participating in their 2024 Great Futures Auction, happening on Saturday, November 9, from 4:30 p.m. to 8:00 p.m. at the Poinsettia Pavilion. This event helps raise vital funds for the club's programs and services.

The silent auction is already live on their dedicated auction website, where you can browse and bid on a wide range of items. It's the perfect time to register and start bidding! Visit [www.bgclubventura.org](http://www.bgclubventura.org) for details.

Event tickets are \$110 per person or \$800 for a table of 8, which includes dinner and an evening supporting a wonderful cause. For sponsorship opportunities, contact Ashley Hofer at 805-641-5585 or [Ashleyh@bgclubventura.org](mailto:Ashleyh@bgclubventura.org).

## Ventura Harbor Village Unveils an Exciting Fall Lineup of Events & Entertainment

Embrace the autumn magic at Ventura Harbor Village with its dazzling lineup of October events. From Hispanic Heritage Month celebrations to spirited Halloween festivities, the Village promises a spook-tacular season of sun-kissed fun by the sea. [venturaharborvillage.com/events](http://venturaharborvillage.com/events)

### Witches Paddle

Friday, October 25, 2024, 4 - 5:30 PM:

Don your witch hats and grab a paddle! This whimsical Halloween paddle invites witches and warlocks to glide along Ventura Harbor by paddleboard or kayak. Now in its sixth year, this magical tradition (initiated by two local ladies Christie Moorehouse and Susan Stuart) has grown into a highly anticipated community event. Rentals

are available at Ventura Boat Rentals, or you can bring your own.

### HOWL-O-WEEN Dog Costume Contest

Saturday, October 26, 2024, Noon - 2 pm:

Paws up for Ventura Harbor's beloved dog costume contest! From spooky pups to sea-worthy pooches, contestants



Image by Ventura Harbor Village

Pups strut their stuff at the HOWL-O-WEEN Dog Costume Contest!

will vie for top prizes including Best in Show and Most Creative. Sponsored by Ventura Pet Barn, with treats provided by Coastal Cone. Space is limited to the first 75 dogs. Pre-register your pup at [www.venturaharborvillage.com/event/howl-2024](http://www.venturaharborvillage.com/event/howl-2024).

### Seaside Trick-or-Treat

Sunday, October 27, 2024, Noon - 2 pm:

Bring the little ones for a festive trick-or-treat adventure throughout the Village. With 20+ treat stops, face painting, professional pumpkin carving, and plenty of sweets, it's a family-friend-

ly event not to be missed. Costumes are encouraged for everyone (last minute accessories are available for purchase from both Hats Unlimited or Lost in Socks). Don't forget to bring a bag.

### Thriller Zombie Dance

Sunday, October 27, 2024, 2:15 pm:

Zombies take over Ventura Harbor Village with a live performance of the iconic Thriller dance on Ventura Harbor Village's Main Lawn. Sponsored by Fitzone Ventura, this Halloween favorite is sure to delight die-hard Halloween fans. Want to learn the dance? All ages are welcome.

### Weekly SUDOKU

Answer

2	1	7	8	3	4	9	5	6
9	3	4	6	7	5	1	2	8
6	5	8	2	1	9	4	7	3
8	4	3	9	5	7	6	1	2
5	6	1	3	8	2	7	9	4
7	2	9	1	4	6	3	8	5
3	8	6	5	9	1	2	4	7
4	9	2	7	6	8	5	3	1
1	7	5	4	2	3	8	6	9

### King Crossword

Answers

Solution time: 22 mins.

R	A	P	L	A	L	A	C	B	S		
F	V	F	O	I	T	R	R	I	O		
F	A	C	E	G	R	A	M	E	N	C	
D	I	S	D	U	B	C	I	C	A	D	A
D	I	S	U	S	L	H	L	M			
O	I	G	T	O	S	S	E	P	T	A	
R	O	U	T	S	A	O	F	U	E	.	
A	P	R	O	N	T	I	L	F	I	O	
C	R	A	T	C	O	F	F	F			
P	H	R	A	S	E	T	O	O			
R	L	E	C	R	E	A	M	P	I	E	S
A	L	A	A	R	L	I	L	S	L	O	
Y	A	N	R	A	K	I	O	P	I	Y	







Suzanne Rigan, Fabric Artist.

## Bell Arts Factory Welcomes Art Lovers at Monthly Open House

by Patricia Schallert

On Friday, October 4th, Bell Arts Factory in Ventura hosted its monthly open house as part of the city's First Friday art events when many local galleries open their doors to the public. A vibrant hub for creativity and artistic expression, Bell Arts Factory showcases the diverse talents of local artists and craftspeople. Housed in a historic building that was once a mattress factory, this unique space has transformed into a thriving community center for art, offering galleries, workshops, and events that foster a strong sense

of connection.

Visitors had the opportunity to explore a variety of artistic mediums, including painting, sculpture, and photography, all while supporting local artisans. The center also regularly features exhibitions, open studio events, and art classes for both adults and children, making it a destination for art lovers of all ages.

With its welcoming atmosphere, Bell Arts Factory encourages collaboration and dialogue between artists and visitors, enriching Ventura's cultural landscape. Whether you're looking to appreciate art or tap into your own creative potential, Bell Arts offers an inspiring experience that highlights the power of community and the arts. More than just a gallery, it serves as a creative sanctuary where inspiration and collaboration flourish.

The next open house will be held on November 1st at 6:00 p.m. Bell Arts Factory is located at 432 N. Ventura Ave. [www.bellartsfactory.org](http://www.bellartsfactory.org).



Artist, Alfredo Gonzalez.



Shimmering Surf - Encaustic, shellac, pigment stick.

## Fantastical Blues: Solo show by Deborah Paulsen

Running through October 26

Visit Studio 99 @ The Bell Arts Factory where Deborah Paulsen's "Fantastical Blues" remains on exhibit. One of their best-selling shows this year, Deborah uses hot beeswax and damar resin with added shellac, oil paints and pigment sticks, to create encaustic paintings of ocean and landscapes.

"Layers of the encaustic medium are fused together with a torch so that the colors mix and marble on the panels to create fantastical effects," Paulsen said. "Although they are based on land and seascapes, the methods used with the encaustic paint create spaces, colors, and textures that are luminescent and sensual as the paint is turned molten, layers are added and subtracted, and patterns are revealed."

Studio 99's regular hours are Fridays and Saturdays, noon - 4pm. Entrance to Studio 99 is around the back of the Bell Arts Factory off of Wall St. [www.bellartsfactory.org](http://www.bellartsfactory.org).



## "Visual Dialogue" – by the inkspots of San Buenaventura

A Collection of New Works by Ventura County's Only Printmaking Group

Established in 2007, the inkspots of San Buenaventura are a group of artists dedicated to creating original prints using a variety of techniques, including etching, collagraph, linocut, monoprint, monotype, woodblock, and digital manipulation. This year, for the first time, the group is unveiling a unique fusion of

fabric art and printmaking at their 16th annual exhibition, held at 643 Project Space—an alternative gallery designed to give early-career artists opportunities to exhibit their work.

The "Visual Dialogue" exhibit will feature the works of Christina Altfeld, Margarita Cantú, Beverly Decker, Sarah Fuller, Virginia Furmanski, Bay Hallowell, Melissa Knapp, Sandra McCullough, Inés Monguió, Danelle Moon, Nathanael Read, Leslie Plimpton, and Yasemin Zografos. The artists' styles are as unique as they are, with members hailing from Ventura, Ojai, Summerland, and Santa Barbara. Some are also members of organizations like the Los Angeles Printmaking Society, the California Society of Printmakers, and the Santa Barbara Printmakers.

The artist opening reception will take place on Nov. 1, from 5–8 p.m. at 643 Project Space, located at 643 Ventura Ave., Ventura, CA 93001.

Gallery hours are Saturdays, Nov. 2, 9, 16, 23, and 30 from 1–4 p.m., and by appointment. For appointments, email [inkspotsventura@hotmail.com](mailto:inkspotsventura@hotmail.com).

A different printmaking demonstration will be held each Saturday in November, showcasing techniques such as collagraph, woodcut, monotype, drypoint, and photopolymer printing.



## 3rd Annual Ventura Pottery Market & Bowl of Thanks

Join the Ventura Pottery Guild for its Third Annual Pottery Market and Bowl of Thanks on November 9 and 10 from 11 AM to 6 PM at Ventura Harbor Village. The Guild is thrilled to bring this beloved event back to its roots.

Proceeds from the Bowl of Thanks

will support Food Share Ventura, which provides meals to 267,000 hungry residents in Ventura County each year. Beautiful bowls, donated by Guild members and local schools, can be purchased for a \$25 donation at the Ventura Pottery Gallery. Each purchase includes a punch card for complimentary food samples at participating Harbor Village restaurants. It's a win-win for everyone involved.

As the gift-giving season approaches, don't miss the Third Annual Ventura Pottery Market, conveniently located next to the Gallery's year-round store. Featuring over 40 talented potters, you'll find a diverse selection of traditional, sculptural, holiday-themed, and whimsical pottery—something for every taste.

The Ventura County Potters' Guild, a non-profit founded in 1957, is dedicated to promoting ceramic arts through the Gallery, workshops, and monthly meetings. Our meetings are open to the public and often feature live demonstrations and presentations. For more information, visit [www.vcp.org](http://www.vcp.org). If you can't make it to the Gallery, check out our Online Store at [www.venturapotteryonline.com](http://www.venturapotteryonline.com).

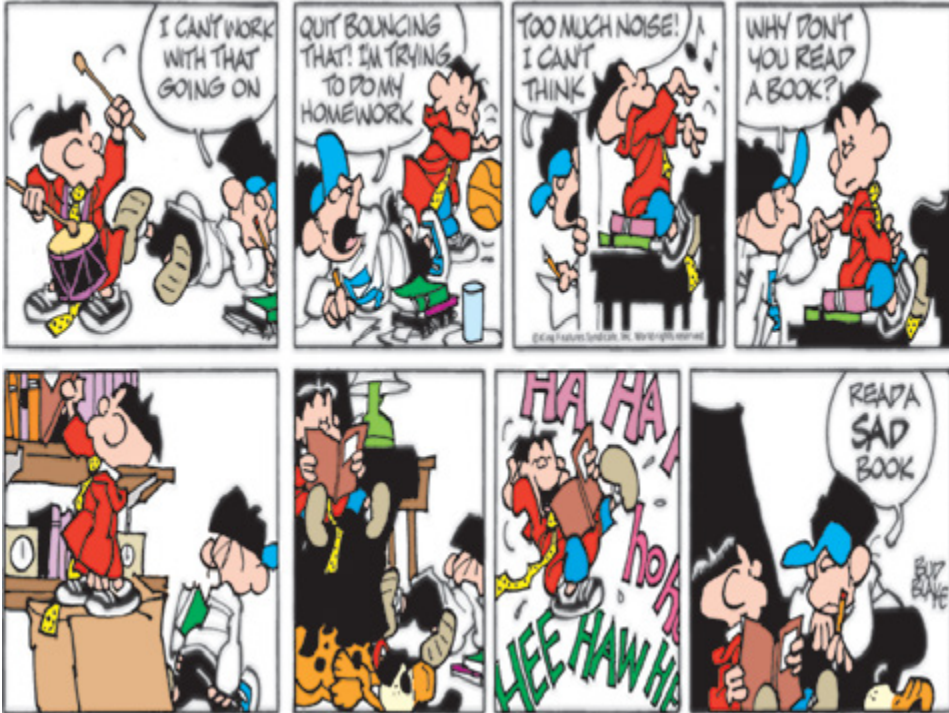
The Ventura Pottery Gallery is located at 1567 Spinnaker Drive, Suite 105, in Ventura Harbor and is open daily from 11 AM to 6 PM. The Pottery Market will be held outdoors near the Gallery.



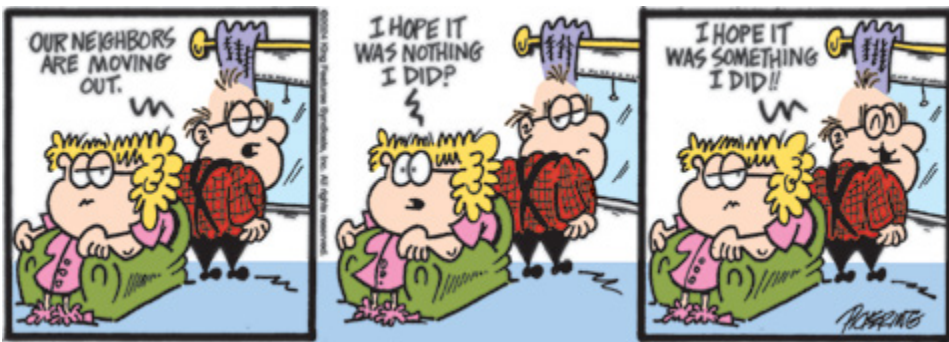


# Lighter Breeze

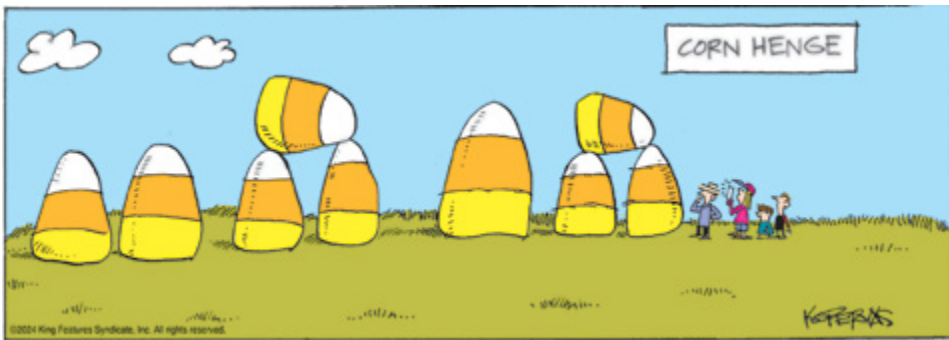
## Tiger



## The Spats



## Out on a Limb



## Amber Waves



## Play Better Golf with JACK NICKLAUS



Solutions on page 15

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

	1	7	8				6
	3			5			2
6			1		4		
8			9				1
	2	1		4	2	7	
	8			9			5
			9				7
4			7	6			3
		5		3	8		

## Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 3x3 square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging  
◆◆◆ HOO BOY!

Solutions on page 15

## King Crossword

### ACROSS

- 1 Knock
- 4 Boxer Ali
- 9 "60 Minutes" ailer
- 12 Leading lady?
- 13 Edmonton player
- 14 2016 Olympics city
- 15 Moisturizer
- 17 Finale
- 18 Name
- 19 Buzzing insect
- 21 Neglect
- 24 Steerer's place
- 25 "So that's it!"
- 26 QB's goals
- 28 Nasal partitions
- 31 Lopsided win
- 33 Feeling down
- 35 Tank filler
- 36 Chef's garb
- 38 Up to
- 40 "Alice" waitress
- 41 Suffix with "techno"
- 43 Break fluid?
- 45 Sentence fragment
- 47 Overly
- 48 Wish otherwise
- 49 Famed Boston deserts

1	2	3		4	5	6	7	8		9	10	11
12				13						14		
15			15							17		
				18			19		20			
21	22	23				24						
25				26		27		28			29	30
31			32		33		34		35			
36				37		38		39		40		
			41			42		43		44		
45	46						47					
48					49	50				51	52	53
54					55					56		
57					58					59		

- 54 Carte lead-in
- 55 Mountain crest
- 56 --mo
- 57 Orange tuber
- 58 Did yard work
- 59 Layer
- 7 Extract via percolation
- 8 Fighting forces
- 9 Ineffectual type
- 10 Predicament
- 11 Pop ender
- 16 Sch. URL
- 20 Staff symbol
- 21 TV explorer
- 22 Denny's rival
- 23 Baked potato topping
- 27 Used a chair
- 29 Conference leader?
- 30 Body lotion ingredient
- 32 -- Bora (Afghan region)
- 34 Give orders
- 37 Daytona 500 acronym
- 39 Was foreboding
- 42 -- tirma
- 44 Dandy guy
- 45 Use a rosary
- 46 Luau dance
- 50 "A mouse!"
- 51 WWW access enabler
- 52 Right angle
- 53 Tofu source

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Photo by Diane Edmonds

## Anacapa Island

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Photos by Doug Mangum

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# Show Time

Streaming Spotlight by Cindy Summers

## The Last of the Sea Women

- Apple TV+



Breeze rating from 1 to 4 palm trees, 4 being best.

The Last of the Sea Women” is an incredible documentary detailing the lives of the stellar senior sea women of South Korea that live on Jeju Island and are known as Haenyeos, which free dive in the ocean harvesting marine life as their primary source of food and income. They say it’s a calling to be a haenyeo, serving as guardians of the sea and sharing a very symbiotic relationship with the ocean fulfilling their duty to protect it for hundreds of years. Jeju is known as the home of the haenyeos and the island is famous for three things: rocks, wind and women.

The 1960s was the heyday for the haenyeos with the number of haenyeos peaking at 30,000 when the population of Jeju was 200,000, but the number has steadily declined and now there are about 4,000 haenyeos left mostly in their 60s, 70s and 80s. They serve their duty with all their hearts and the traditions are passed down from their mothers and grandmothers. Even when it’s cold or they don’t feel like diving, they still dive as it’s in their bones.

Being a haenyeos is a very dangerous job and haenyeos are not covered by health insurance because the job is considered too dangerous. The currently older generation of haenyeos doesn’t think that the younger generation has the tenacity to live like they do and no one seems to want to become haenyeos anymore, which may cause the haenyeos way of life to become extinct. The sea itself has also changed and the haenyeos are disappearing, seeming like the haenyeos culture is melting away.

They sing traditional songs boating out to sea and spend hours free diving filling large floating baskets. The singing actually began when they had to row boats out to sea. Culturally, when they were young people used to look down on haenyeos, especially those married to influential people in the village. That was a long time ago and now even UNESCO (United Nations Educational, Scientific and Cultural Organization) recognizes the haenyeos giving them the courage to stand tall against those that would judge them.

During the Joseon Dynasty being a haenyeo was a tough job and primarily done by men. After they found out it was hard, men just quit doing the job because they could handle it and women had no choice but to do this job to provide income for the family. Young women start training to be haenyeos at ages 7-10 years old, learning how to swim, dive and the necessary breathing techniques to free dive. They are also taught where to find and how to harvest the food, and then once they reach 15-17 years old they would officially become a haenyeo.

In August 2024, Japan began releasing radioactive wastewater into the ocean causing a future where haenyeos would lose their homes and livelihoods. In Geneva Switzerland, the UN Human Rights Council met to work on the Fukushima issue. Haenyeos were invited to the meeting to speak about the impacts of Japan’s decision. Soon Deok Jang was 72 years old and learned to be a

haenyeos when she was 16. She represented the haenyeos and back on Jeju Island the elders teased she was a national hero, now known everywhere for working to save their island.

The Jeju Haenyeo Festival is for when they leave this world so future generations can remember them by the festival and learn the history of the haenyeos culture and to not be forgotten. This documentary is inspiring insightful look at senior women taking on global issues to guard the seas and inspire younger generations to continue the haenyeo traditions and preserve their culture.

Runtime: 1h 27m



Reel Guppy founder, Kevin Brannon.

## Port Hueneme Celebrates Kevin Brannon as Hero of the Year for His Work with Youth and Conservation

On Tuesday, September 3rd, Kevin Brannon was honored with the Port Hueneme Hero of the Year award at a city hall meeting. The event celebrated individuals who have made a meaningful, positive impact on the community. This year, the city recognized two exceptional community members, with Kevin Brannon, founder of Reel Guppy Outdoors, being one of the awardees for his significant contributions.

Over the past 13 years, Kevin’s Reel Guppy Outdoors program has reached more than 7,000 children in Port Hueneme, offering them unique opportunities to learn about wildlife, the environment, and the importance of conservation. His program emphasizes hands-on learning, exposing kids to topics not typically covered in school, while encouraging them to appreciate and protect the natural world.

In addition to his work with Reel Guppy Outdoors, Kevin also leads the Reel Anglers Network, a TV show that educates viewers about outdoor activities and local events. His latest episodes are set to air next month, further expanding his reach and impact.

Kevin’s dedication to inspiring and empowering young people has made him a hero to many, and he continues to strive to make a difference not only in his community but worldwide. As Kevin often says, “With the help of our community, we can achieve anything.” [www.reelguppyoutdoors.com](http://www.reelguppyoutdoors.com).

# DRACULA: A COMEDY OF TERRORS



By Gordon Greenberg and Steve Rosen  
Directed by Jamie Torcellini

**OCT 10-27**

Regina Fernandez and Adam Hagenbuch  
Photo: Zach Mendez

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Photo: Phil Flanger

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OCTOBER 31  
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Join the Mystic Whaler for a family-friendly Halloween celebration featuring trick-or-treating and an exclusive viewing party of the Parade of Frights!

## Join the Mystic Whaler for a Spooktacular Halloween Celebration and Parade of Frights!

Celebrate Halloween aboard the 110-foot schooner Mystic Whaler on Saturday, October 26, as it hosts the Channel Islands Harbor Parade of Frights. Families are invited to bring their little ghosts, goblins, and witches to trick-or-treat at Mystic Whaler's dock from 4:00 p.m. to 5:30 p.m.

At 6:30 p.m., the Mystic Whaler will begin boarding for the exclusive Viewing Party of the Parade of Frights. This ticketed event offers guests a unique opportunity to enjoy the parade from the deck of the schooner while savoring hors d'oeuvres and non-alcoholic beverages. Tickets are available at Central Coast Ocean Adventures, with all proceeds benefiting Mystic Whaler's educational

programs for local youth.

### About Central Coast Ocean Adventures Foundation (CCOAF)

Founded in 2021, the Central Coast Ocean Adventures Foundation (CCOAF) aims to harness the power of sailing and the sea to enhance STEAM (Science, Technology, Engineering, Arts, and Mathematics) comprehension, promote environmental stewardship, and build teamwork, self-confidence, and nautical skills among the communities of Santa Barbara and Ventura counties, especially youth. Mystic Whaler offers year-round experiential educational programming to schools, community organizations, and the public. For more information, visit CCOAF's website.

Breast Cancer Awareness Month

# & Protection & Detection

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National guidelines suggest that all women 40 and older get an annual mammogram. It's a powerful tool that has made a significant impact on cancer outcomes, because early detection is your best protection. Breast cancer deaths are down 30% since yearly screening mammograms became a routine part of wellness care for women 40 and older. The difference is due to a combination of testing frequency and advanced technology. At Community Memorial, we use the latest 3D digital tomosynthesis for all screening mammograms. This sophisticated imaging system shows fine detail for greater diagnostic confidence. It has been proven to detect 20 to 65% more incidences of invasive cancer than 2D mammography alone. What's more, it provides a faster experience for all patients, including women with dense breasts.

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Community Memorial Breast Center  
805-948-5093

Community Memorial Hospital – Ojai  
805-948-1401



Camarillo ~ Fillmore ~ Oak View ~ Ojai ~ Oxnard ~ Port Hueneme ~ Santa Paula ~ Ventura

