

# VENTURA BREEZE

Your Hometown Paper

Vol. 13, No. 11 Published Every Other Wednesday Established 2007 February 26 – March 10, 2020



Ventura County Ag Week "Celebrating all that our farmers and ranchers do."

## Totally Local VC to host the 4th annual Ventura County Ag Week

Ventura County Ag Week is a time to reflect on the importance of Ventura County farmers and ranchers and the County's agriculture industry.

Ventura County farmers and ranchers are truly stewards of the land; they are raising more on fewer acres and competing in a challenging global marketplace. All, while also working to protect Ventura Counties precious soil and water resources. Ventura County Agriculture Week is also a reminder of the impact agriculture has on not only on Ventura County but also the world.

On average American farmers feed more than 144 people... a dramatic increase from 25 people in the 1960s. Simply put Ventura County agriculture is doing more - and doing it better.

The agriculture industry is essential to our economy and the way of life in Ventura County. Agriculture has been attracting farmers, ranchers and farm-related workers since the 1800s. Even with the oil boom in the 1920s, the construction of military bases in the 1940s, and the growth of freeways, subdivisions and technological industries, agriculture has continued to be the number one employer in our county. Many of our founding farm families still remain today with the current generations carrying on

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Jen Rodriguez, Nursery Manager and employee Laurie Cash were hard at work at the nursery.

## Growing Works...Growing partnerships as well as plants

by Jill Forman

Growing Works is a non-profit wholesale nursery in Camarillo, and much more. It is a training ground for Behavioral Health clients, a partnership with Turning Point Foundation, an opportunity for local businesses and

organizations to be involved, and a state-of-the-art facility with native and drought-tolerant plants.

And it is a dream come true for many. "There is a place for everybody," says

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The dedication crests an ambitious period of growth through the past decade.

## New Church of Scientology opens

Riding a never-ending swell of expansion for the religion, the Church of Scientology cut the ribbon on a new Ideal Organization (Org), Saturday, February 22, along this slice of surfing paradise. The first Ideal Org devoted to Ventura and Santa Barbara Counties opened before an exuberant audience of some 4,000 Scientologists, guests and federal, state and local dignitaries.

For the 100,000 daily commuters motoring on the 101, the glass-encased, new Church gleams as an unmistakable beacon of freedom just minutes from Downtown Ventura and Surfers Point, and but 500 yards from the San Buenaventura State Beach. At 66,000 square feet, the expansive and striking structure provides the capacity to immediately multiply many fold the Church's outreach and services to the hundreds of thousands who call this stretch of coastline home.

Leading the grand celebration was Mr. David Miscavige, the ecclesiastical leader of the Scientology religion. In recognition of Ventura and Santa Barbara's longstanding partnership with Church-sponsored social betterment and humanitarian programs, a series of luminaries from Port Hueneme to Montecito converged to lend a passionate welcome at the new Ideal Org's inauguration.

Joining the Scientology parishioners and Church officials were Councilman Steven Gama, from the City of Port Hueneme, Ventura County; Sharon Byrne, Advisor to the 4th District of Santa

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ECTV Crew Front row Ruby Intner, Jessica Llamas, and Sarah Enriquez. Back row - Hector Guerrero (El Camino Principal), Phil Taggart (ECTV Mentor), Lily Abbitt, Jacob Summer, Patrick Davidson (CAPS Media Executive Director), Olivia Roth, Matthew Bragulla, Anna Berezouskiy and Tera Shrum (El Camino Admin Assistant).

## CAPS Media crews win W.A.V.E. Awards at ACM

CAPS Media and ECTV crews were big winners at the recent Alliance for Community Media Western Conference in Monterey, CA with five W.A.V.E. Awards (Western Access Video Excel-

lence). CAPS Media won in the ACM professional category for productions of the Central Ventura County Fire Safe Council promotional video (community event

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## City News

### Ventura and other large water users continue working together on physical solution

The City of Ventura has requested a six-month extension for property owners to decide whether to file an answer in the Ventura River Watershed lawsuit. The City expects the court will make a decision on the City's request at a court hearing on February 27, 2020 at 1:45 p.m. in Los Angeles Superior Court. To date, the City is unaware of any parties that oppose the City's request for the extension. The City will share the court's decision as soon as possible after the hearing.

Stemming from a 2014 lawsuit filed by environmental nonprofit Santa Barbara Channelkeeper against the City of Ventura and the state of California, the City – who reached an interim settlement agreement with Santa Barbara Channelkeeper in 2019 – is in ongoing discussions with the large water users to develop a collaborative, local “physical solution” to protect the Steelhead population and maintain its least expensive and oldest water resource, the Ventura River. If a settlement is reached, the City's cross-complaint, an action taken to initiate the collaborative solution, would not be litigated.

In January of this year, notices and summons were sent to 10,472 and 1,701 property owners respectively, as a result of a court order requiring the noticing in order for the court to

recognize any settlement agreement. City officials acknowledged the inadequate messaging efforts prior to sending out the notices. The City has taken rapid strides in developing a new communications approach to reach those impacted and ensure the public has accurate information about the pending litigation and settlement talks, and more importantly, understands what's next and how it impacts water users.

The City has developed a website dedicated exclusively to providing information about this topic, which includes a comprehensive FAQ section, a resources page that includes links to the recordings of the public meetings the City has held on this topic, and a news section which will be regularly updated.

In the meantime, the City is asking the court for a six-month extension for property owners to file answers, to allow those who received Notices or Summons additional time to decide if they would like to join the lawsuit. The case is not being actively litigated during the mediation process. The City is optimistic that it will make sufficient progress toward a settlement agreement during that time.

To learn more about the proceedings, please visit <http://www.venturariver.com>.

## Community Events

### Ventura events

by Ana Baker

#### Free Adult Grief & Bereavement Support Groups

Every Wednesday, from 6:30 – 8 p.m. Free for anyone who has lost a loved one. Receive emotional and educational support.

#### Free Joint Replacement Classes

2nd Monday of the Month (March 9), held from 4 – 5 p.m. Free informational class that teaches you what to expect pre and post-surgery.

#### Living with Type 2 and Pre-Diabetes Classes

1st Tuesday of the Month (March 3), from 1 – 2:30 p.m. Free informational class that teaches you how to manage your life with diabetes.

Held at Livingston Memorial Visiting Nurse Association & Hospice, 1996 Eastman Ave., Ste. 109. Call (805) 642-0239 for more information.

**The Compassionate Friends of West Ventura County is a support group for those who have experienced the loss of a child.** Parents, grandparents, and siblings (over age 14) are all welcome. The group meets the first and third Wednesday of each month at 7p.m. at the Poinsettia Pavilion, Canada Larga room, 3451 Foothill Road. For more information, contact Laura Lindsay at (805) 836-9100.

**Ventura Poinsettia Dance Club meets first 2 Monday nights of the month 7:30 p.m.** Poinsettia Pavilion 3451 Foothill. Swing, line dance, waltz, Latin and more. First dance lessons are free 6:40 p.m. Call Rick (805) 415-8842

and [www.poinsettidadancers.org](http://www.poinsettidadancers.org) for more information.

**There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m.** Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

**Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun.** There is a game every day of the week. Check out their website at [www.vcbridge.org](http://www.vcbridge.org)

**Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road.** More information at [countrylovers.com](http://countrylovers.com).

**Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum.** Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information: <https://www.facebook.com/groups/800215670039426/>

**The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events.** Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and

**MATT LaVERE**  
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#### As Mayor I've:

- Helped raise \$1 million to benefit those who lost everything in the Thomas Fire
- Prioritized public safety, leading to decreasing crime rates year after year
- Worked to bring hundreds of high-paying jobs to Ventura
- Opened the county's first 24-hour emergency homeless shelter
- Fought for an aggressive climate action plan
- Brought Ventura into the Clean Power Alliance

**Now I am running for Supervisor for a simple reason: I want to continue to ensure that the Ventura County my young daughters inherit is even better than the one we know today.**

Paid for by Matt LaVere for Supervisor 2020 FPPC # 1418898 | [www.VoteLaVere.com](http://www.VoteLaVere.com)



# Community Events

potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

**Brain Injury Center of Ventura County.** [www.BrainInjuryCenter.org](http://www.BrainInjuryCenter.org). **Support Groups for brain injury/stroke survivors and their family/caregivers** Learn more about brain injury/stroke and available services. Meet others who are facing or have faced similar challenges. Meet new friends and connections, give and receive support. Encounter Church 6950 Ralston St., Bldg. #300 (805) 482-1312 2nd and 4th Wednesday of every month, 4-5:30 p.m.

**Men are you retired and routine-tired? Ventura Retired Men suggest you visit a Social Lunch Meeting on the first or third Tuesday each month at the Poinsettia Pavilion.** Stop in, say hello, have a sip at the bar if you like, they will buy you lunch, and you can sample the hospitality as they go through activities and hear the speaker of the day. Bob Likins can tell you more at 805-587-1233.

**Are you a stamp collector? The Ventura County Philatelic Society meet on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd.** Admission and parking are free. Come for a great evening. Contact: Bill Garner (805) 320-1601 or [sockonthenose@gmail.com](mailto:sockonthenose@gmail.com)

**The Channel Islands Bicycle Club (CIBike) is a non-profit recreational organization.** The club's purpose is to promote bicycling for recreation, health, sport and transportation. The meetings are free and open to the public and will be

held on the second Wednesday of March, April, May, September, October and November. Museum of Ventura County, Doors open at 6:30 p.m. for a refreshment social and the presentation begins at 7p.m. The March meeting will feature an informative heart health presentation by a professional from Community Memorial Hospital. For more information, please visit [www.cibike.org](http://www.cibike.org) or contact [publicrelationscibike@gmail.com](mailto:publicrelationscibike@gmail.com).

**Feb. 26: The College Area Community Council will meet on Wednesday, at 7 p.m.** A representative from the VC Area Agency on Aging will provide information on programs and services available. As always, representatives from Ventura College and the police department will give brief updates. The Council meets in the Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. CACC represents citizens in Council District 3, neighborhoods between Dunning/Lemon Grove and Hill Road, north of Hwy. 126. [collegearea-council.com/map](http://collegearea-council.com/map) Call (805) 644-8695 for more information."

**March 1: Old-Time Country Bluegrass Gospel Music Assoc. Sunday, 2-4 p.m. First Sunday of every month at the Poinsettia Pavilion, 3451 Foothill Rd.** Music on stage. Jamming room open. Free admission and free parking. Open to Public. For more information call 805-517-1131 or visit Facebook: OTCBGMA

**March 1: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1 to 4 p.m.** Admission is free. The museum is located at the corner of Loma Vista and Ashwood

*Continued on page 6*



**Dr. Robert J. Morgan**  
*Author, Teacher, Pastor*

*All About  
the Bible...  
One message,  
cover to cover*

*Dr. Robert J. Morgan*

is the teaching pastor of The Donelson Fellowship in Nashville, Tennessee, where he has served for 40 years. He is a best-selling, gold-illuminations and goldmedallion winning writer with more than 35 books in print and more than 4.5 million copies in circulation in multiple languages. He is a collaborative writer for Dr. David Jeremiah and Turning Points Magazine. He is also a contributor to the Huffington Post.

**MARCH 13-15, 2020**  
Ventura Jubilee Fellowship  
2226 Goodyear Avenue  
Ventura, CA 93003

Friday, March 13th – 6:00 PM – 7:30 PM  
Saturday, March 14th – 9:00 AM – Noon  
Sunday, March 15th – 11:30 AM Church Service  
Sunday, March 15th – 5:30 PM – 7:00 PM

[www.venturajubileefellowship.org](http://www.venturajubileefellowship.org)

THE VENTURA MUSIC FESTIVAL PRESENTS

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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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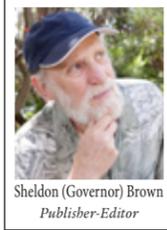


The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

The art of being happy lies in the power of extracting happiness from common things.

– Henry Ward Beecher

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

■ Watching the first of the Las Vegas **Democratic Townhall** presentations made me very proud to be an American. A Jew, a gay person and a woman were being interviewed as potential presidential candidates. This is what will make America great again, and me proud again.

■ The **Church of Scientology** has moved into their new facility located on Alessandro (right off the 101 freeway between Seaward and San Jon). Some folks have been expressing words like “anger” and “being scared” that they are located there. I think that is nonsense.

Revelations of the sexual abuse of children by priests continue to rock the Catholic Church in the United States more than 15 years after clerical abuse and its cover-up became a national scandal. The recent Boy Scouts of America’s bankruptcy filing puts it into similar company as almost two dozen US Catholic dioceses and USA Gymnastics.

Would neighbors be upset if the **Boy Scouts** or a Catholic Church opened there? I don’t think so.

People who don’t like Scientology say that they are science-fiction based. Isn’t the following from the bible science fiction?

Jonah was swallowed by a fish and yet remained alive in its belly for three days. A 640-year old man built a 400 ft. long 3-story boat and then had all animal species get onboard - lions standing next to animals that they typically eat for.

People who convert to Scientology aren’t hypnotized or have guns held to their heads. They study it and decide this is what they want to follow. Few people ever actually do that. Most are born into a religion and that determines their religious beliefs. They don’t study all available religions and decide which to follow (except in some rare occasions).

Of course, there are some things about Scientology that many people would disagree with, but these things exist in all religions so just relax and let them be. They are not hurting you or me.

Doesn’t your religion preach tolerance? Religious tolerance assumes that a person does not discriminate against another person’s

religious beliefs, even if they think that the person’s beliefs are wrong.

I was invited to the grand opening of the new church and was very impressed with the speakers. Five who spoke about things such as saving the environment, a drug free world and peace. Nothing about the super-natural. If a person just listened would not even know that it was the dedication of a church. The interior of the building was just as impressive (no, I’m not becoming a Scientology).

■ Sorry to see the passing of one of the greatest jazz fans there ever was, Ventura local, **Ken Winter** (Old Man Jazz). I considered him a friend, even though I only saw him at jazz events. Our love of jazz was enough to consider him to be a friend.

■ After months of uncertainty, the Oxnard City Council has approved a new contract which means the **Oxnard Performing Arts** and Convention Center is open for business.

Once scheduled to close due to budget cuts, the Center will now be operated by Sterling Venue Ventures. Sterling owns or operates eight concert venues in Southern California, including The Canyon in Agoura Hills and Libbey Bowl in Ojai. Under the agreement, the city will not subsidize the center.

Happy to say the new operator plans to book 52 events in the first year. Always fun to go there and enjoy the events.

■ (CNN) Among greenhouse gases, **carbon dioxide** is the most significant contributor to global warming and therefore, public enemy No. 1 when it comes to stopping the climate crisis. Methane is a close second. Scientists say that atmospheric methane is now responsible for about 25% of the human-caused warming. A new study finds that methane emissions from fossil fuels are between 25% and 40% larger than past research had estimated, revealing that oil and gas production is contributing far more to warming the planet than previously thought.

The study, published in the scientific journal Nature, sheds new light on just how much fossil fuel production and use is changing the atmosphere and is warming the planet. Of course, we all know it is a hoax, right?

■ Maybe folks who want to sneak into the U.S. are smarter than us. Smugglers in Juárez, **Mexico** have been using ladders made from

rebar to scale President Donald Trump’s border wall and enter the U.S. according to U.S. Customs and Border Protection.

Because their color scheme matches the wall, the ladders are difficult to detect. Border patrol agents have found a number of them in the El Paso, Texas portion of the border. Perhaps the walls could be painted pink so that the rebar stands out. \$50 worth of rebar to scale multimillion-dollar walls.

And U.S. authorities discovered the longest smuggling tunnel ever found along the southwest border. The tunnel originates in Tijuana and extends a total of 4,309 feet - more than three-quarters of a mile. The next longest tunnel in the U.S., discovered in San Diego in 2014, was 2,966 feet long.

■ Very unfortunate that another **Proposition 13** is going to be on the ballot, and it has nothing to do with the original Prop. 13 from 1978. This one is all about bond money for schools. Couldn’t they have named it something else?

■ NASA is planning a **Mars** landing, and research, that will cost billions of dollars. At its closest, Mars is 35 million miles away from Earth and would take nine months (time to have a baby) to get there, and then we can’t even breathe the air there. Hope when we finally settle, there will be apartments to rent and not just condos. Would children born there automatically be Mars’ citizens?

■ The public is invited to provide input for the **oil and gas industry** at a series of workshops around the state, including one in Oxnard, as the Department of Conservation develops new health and safety regulations. In November, California announced several oil and gas initiatives to safeguard public health and the environment, advance California’s goal to become carbon-neutral by 2045 and manage the decline of oil production and consumption in the state. Among those initiatives are new regulations to strengthen protections for public health and safety. The first step in this process is pre-rulemaking workshops to receive input from interested parties including residents, industry groups, environmental and public health advocates, and public health authorities.

The meeting will be held on March 18, from 6-8 p.m. in the Pacifica High School Cafeteria, 600 East Gonzales Road, Oxnard.

## Mailbox

Editor,

I support Mayor Matt LaVere for County Supervisor. He was elected to the Ventura City Council in 2016, and has served our community with energy and responsiveness. After the Thomas Fire, LaVere showed leadership and compassion as he worked with impacted residents and Ventura city staff to ensure communication and effective policies to assist fire victims. Working with Mayor LaVere, I have been impressed with his depth of knowledge and ability to bring consensus on complicated, sometimes controversial, issues. I admire his respect for Ventura’s heritage, our coast and rivers and hillsides, and his understanding of environmental sustainability factors in decision-making. Matt’s intelligence and enthusiasm and deep commitment to our community will have a positive impact on Ventura County government and our quality of life.

Christy Weir  
Ventura City Councilmember

Dear Sheldon,

In regards to your mention of the conversion therapy for minors, please know that this is not a choice as you say at the end. This is not a preference either. It is how we are born. It’s in our DNA. The only choice involved is whether we are going to

be open about being gay to our family and friends, or not.

Allen Chinn, Ventura  
Allen:

*I apologize for not making my thoughts more clearly. I absolutely agree with you. I didn’t make the decision one day to be heterosexual it was the way that I was born exactly the same as a gay (or any other) person is.*  
Sheldon

Dear Editor:

Trump never ran for President. He ran for Dictator. He has always envied and admired Putin.

Trump is not just trying to take over the Justice Dept. and all other Government functions. He wants to be anointed. He wants his own country, ala Putin.

He not only admired Putin, he envies Putin. He wants what Putin has. Trump wants to own the United States of America. And every day, in every way, he gets closer and closer.

And his flunkies and followers and enablers, day by day, gleefully give up hunks of our -- our -- Country. It still belongs to us, but we’d better be on the lookout, for sneaks, taking big hunks out of what we think we own.  
Es Cole, Ventura

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We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words



# News & Notes



## Ventura Music Festival starts soon!

by Shirley Lorraine

It's almost here! The 26th annual Ventura Music Festival has announced it's 2020 line-up. And, as always, it looks to be spectacular.

A free preview event was held Sunday, February 16 at the Ventura County Museum for the "unveiling." Susan Scott, Executive Director of the Festival, noted that this year promises "a wonderful mixed genre journey to take."

Artistic Director Nuvi Mehta skillfully guided the audience into musical heaven with a beautiful and complex Bach violin solo. He then introduced the first Festival concert which will take place at 3 p.m. on Sunday March 22.

Mnozil Brass (pronounced Naw-zil), a unique group of gifted musicians from Austria, will perform in Cirque style at Rancho Campana Performing Arts Center in Camarillo. Mnozil Brass is described as "European humor meets brass septet meets Monty Python" in a "concert with character." The troupe will bring a lively mixture of folk, jazz, pop, classical and whimsy along with "moments of sheer silliness & some of the finest brass playing imaginable." Tickets will go fast for this unique concert.

Then, for two weeks in July into August, the Festival will be in full swing. Leading the line-up will be Tea & Trumpets on Thursday, July 23 at 3 p.m. at the Pierpont Inn.

The weekend continues with concerts at the Ventura College Performing Arts Center. Friday evening at 8 p.m. audiences will delight in the stunning talents of Aubrey Logan, a trombonist and vocalist. She can frequently be seen playing with Post Modern Jukebox as well as presenting solo.

Saturday, July 25 at 8 features Time for Three, a contemporary string trio, who will present a blend of classical melody and pop culture.

Rounding out the first weekend, on Sunday, July 26 at 3 p.m. Andrea Roberto, classical guitarist, will dazzle audiences

with his finger work. An award-winning musician, Roberto started learning guitar at age 4.

This year's free concert in Mission Park will be held Thursday, July 30 at 5 p.m. An all-female group called Adaawe (ah-dah-way) brings music from Africa, Israel, Morocco, Kenya and more for an experience transcending barriers.

The final weekend will again be presented at Ventura College Performing Arts Center starting with Django Festival Allstars on Friday, July 31 at 8 p.m. Their unparalleled brand of gypsy jazz will be a delight.

Saturday, August 1 at 8 p.m. multiple Grammy award winning saxophonist Tom Scott and the L.A. Express will take the stage.

The season will close with a performance by classical pianist Sean Chen on Sunday, August 2 at 3 p.m. Chen is a multiple major competition winner. He will be presenting works of Beethoven as part of worldwide celebration of Beethoven's 250th birthday.

The season is not to be missed. Each year it features top talents in the entertainment world bringing world class music to Ventura County.

Tickets are available now at [www.VenturaMusicFestival.org](http://www.VenturaMusicFestival.org), (805) 648-3146, or at the Festival office at 472 E. Santa Clara St, downtown Ventura.

## Oops

In our last issue we stated that Steve Bennett was running for Ventura County Supervisor, a position he now holds. He is running for State Assembly in the 37th District. Other candidates are: Cathy Murillo, Charles Cole, Jason Dominguez, Jonathan Abboud, Elsa Granados and Stephen Blum.

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Ventura 93003

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HOMES with  
HEART  
— VENTURA COUNTY —

## SHARING our Gratitude

Foster VC Kids will be transitioning to its long time tag name Homes with Heart VC!

This change is due to the outpouring of support from the community who graciously open their homes to youth and children in care, and speaks more genuinely to the mission behind our recruitment to find loving homes with heart to mentor and support our children, youth and their families.

Visit [HomeswithHeartVC.org](http://HomeswithHeartVC.org) and follow us on Facebook [@HomeswithHeartVC](https://www.facebook.com/HomeswithHeartVC)



2019-2020 Season  
Gold Coast Concert Chorus  
accompanied by Ventura College Chorus  
Elizabeth Helms, Artistic Director

## THE BEST OF ALL POSSIBLE BERNSTEIN

**Saturday, March 14, 2020 at 2:00 pm**  
St. Columba's Episcopal Church • 1251 Las Posas Road, Camarillo

**\$18 - Adults | \$15 - Seniors/Students | \$5 - Children**  
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## Community Events

### Ventura events

Continued from page 3

streets (197 N. Ashwood). For information please call (805) 642-3345 or visit the website at [www.dudleyhouse.org](http://www.dudleyhouse.org).

**March 4: Beach Cities Neighbors and Newcomers (BCNN) -women's social organization serving Oxnard, Ventura, Port Hueneme.** 9:30-11:15 am. Coffee, socializing, program. Jerry Clifford will discuss Osher Lifelong Learning Program (OLLI), college level classes for adults over 50. Knights of Columbus, 36 Figueroa St. Parking via Santa Clara. Free for guests first time. See [www.bcnnwomensclub.org](http://www.bcnnwomensclub.org).

**March 7: Olivia Willhite live at 6 PM at Bombay Bar and Grill in Ventura.** The event is in celebration of Olivia's runaway hit song Runaway Man reaching 2 million streams on Spotify and to honor and celebrate 2 other young up and coming bands, Beckett McDowell and Somatic. The music ranges from classic rock to indie beach pop to retro 90's rock. Hoping to get a large turnout for this all ages celebration for young artists. The ticket price is just \$5 @oliviawillhite <https://m.bpt.me/event/4522792>

**March 7, 8: The 58th Annual Gem, Mineral, Fossil & Jewelry Show of the Ventura Gem & Mineral Society (VGMS) takes place March 7 and 8, (10 – 5 p.m., Saturday; 10 – 4 p.m., Sunday) at the Ventura County Fairgrounds 10 W. Harbor Blvd.** The show is open to the public and admission is free, although the Fairgrounds charges a parking fee if using the Fairgrounds lot. This is a great kid-friendly, family event.

**March 12: Annie Goyal will visit the Saticoy Library at 3:30 p.m. on Thursday, to deliver the talk "Autism Through the Eyes of a Parent."** Ms. Goyal has been working actively with kids on the Autism Spectrum and other disabilities since 2008. She holds a master's degree in social work and a graduate degree specializing in Child Development. She has gained experience working with several school districts such as VUSD, SVUSD LAUSD and Charter schools. She has provided home services with Star of CA in Ventura County and has worked with children in the age range of 3-17. This event is free and open to the public. For additional information, contact Mary Birch, Librarian, at (805) 671-5148.

**March 15: California Lutheran University Community Counseling Services presents a Mindfulness Workshop at the Hill Road Library on Sunday, at 10:30 a.m.** Life is a struggle at times. Everyone must manage difficult thoughts, emotions, and stressors. Sometimes we get so caught up in our difficulties that they consume our life. Life can also be magnificent. This workshop teaches participants the practice of mindfulness. The California Lutheran University Community Counseling Services clinics provide therapy to children, adolescents, individuals, couples, and families. All therapy sessions are provided by master's and Doctoral students who are supervised by licensed psychologists and marriage and family therapists. This event is free and open to the public. For additional information, contact Linda Cherry, Librarian, at (805) 677-7180. The Hill Road Library is located at 1070 South Hill Road. Hours of service are 10 – 6 p.m. Monday through Wednesday, 2 – 6 p.m. Thursday, and 10 – 2 p.m. Friday through Sunday.

**March 18: The Sespe Flyfishers of Ventura will be conducting their Annual Fund Raising Auction Event.** Hundreds of new, used, fresh and saltwater items, including rods, reels, wading gear, lines, books, flies, trips, and much, much more of everything needed for fly fishing. This event takes place on Wednesday evening at The Church of the Foothills, 6279 Foothill Road, starting at 6:00 PM. All are welcome.

## Ojai news and events

**On Sunday, March 15, at 2pm Moscow born pianist, Natasha Kislenco, returns as soloist to the Ojai Art Center to present an all Russian program.**

Featured composers are Rachmaninoff, Tchaikovsky and Alfred Schnittke. Come hear this Russian born pianist interpret the music of her native land! The Ojai Art Center is located at 113 S. Montgomery St., Ojai. Tickets sold only at the door: \$15 general admission, \$12 Art Center members and students. For further information, call (805) 640-1158. website: [www.ojaiartcenter.org](http://www.ojaiartcenter.org)

**On Saturday, February 29th, the Ojai Mardi Gras returns to the Ojai Woman's Club in downtown Ojai to celebrate their 30th Annual Masquerade Ball. The theme this year is "Naughty Gras...Leap into your Fantasy".**

Come dance to the sizzling music with R&B, Funk, Cajun & Zydeco rhythms performed by The Ojai Mardi Gras Band. Party goers will witness the Coronation of the King & Queen, Traditional Tossing of the Beads, and a Costume Contest. Take it all in as your eyes delight to the art installations and festive decorations by the Mardi Gras Art Fools directed by Lucy Roadarmel.

30 years ago, Lyle Matthews hosted the first public Mardi Gras party in Ojai. Lyle had moved to Ojai from New Orleans just two years earlier and she brought the joy of Mardi Gras with her. She knew she was sick from breast cancer and said, "I don't know how long I will be here with you, but please keep the spirit of this party alive". Sadly a week after that party, Lyle passed away, but every year since her friends have kept the party alive in her honor. This year The Ojai Mardi Gras will be collecting donations for OjaiCARES to help care for local Cancer Patients in Ojai. Sponsored by the Ojai Concert Series.

For \$25 advance tickets go to: [ojaiconcertseries.com](http://ojaiconcertseries.com) or pick them up at Studio Sauvageau or Cardinali Bros. Music. The door price will be \$30 Ojai Mardi Gras Hotline (805) 646-7843

**The Beatrice Wood Center for the Arts is pleased to present Sacred Deities of Ancient Egypt, an exhibition, lecture and book signing with Jacqueline Thurston, on Saturday, March 14, 2020.** The Opening Reception will begin at 2 pm, with the lecture presented at 4 pm.

Admission is free. For more information, visit [www.beatricewood.com](http://www.beatricewood.com), or call 805-646-3381. The Beatrice Wood Center for the Arts is located at 8585 Ojai-Santa Paula Road in Upper Ojai.

**California Lutheran University Community Counseling Services will visit the Ojai Library on Saturday, March 14, at 1pm to present a Mindfulness Workshop.**

The California Lutheran University Community Counseling Services clinics provide therapy to children, adolescents, individuals, couples, and families. They run the largest university-based, low-fee community counseling clinics in California, providing over 12,000 low-fee therapy sessions each year, primarily to Ventura County residents. All therapy sessions are provided by Master's and Doctoral students who are supervised by licensed psychologists and marriage and family therapists.

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146.

The Ojai Library is located at 111 East Ojai Ave. Hours of service are 10am to 8pm Monday through Thursday and 12pm to 5pm Friday through Sunday.



# News & Notes



Civil rights activist Lupe Anguiano and high school senior Hannah Yale will dialog. Photo by Marie The Photographer.

## First Ventura County Women's Day Festival

The first Ventura County Women's Day Festival will be held on International Women's Day (IWD), March 8 at the Museum of Ventura County from 1-4 pm. The free event is being organized by The Acorn Project and will feature hands-on community art, live music, dance, a film screening of the documentary Legalize Equality, census information, voter registration, pop up Pilates, food trucks and drinks to purchase. Information at Ventura County Women's Day Festival.

The highlight feature will be a moderated intergenerational dialog between 90-year-old veteran civil rights activist Lupe Anguiano and 17-year-old high school senior activist and emerging leader Hannah Yale. Power sessions on topics including 'How to Run for Office,' 'Speaking Up for Change,' 'Breaking Barriers,' and 'Self

Care' will also be offered.

"The goal of the event is to celebrate women's social, political and economic contributions to our county and beyond while also encouraging deeper civic and political engagement so that women's voices, votes, and contributions increasingly shape the future we envision," said Junemarie Justus, Founder of the Acorn Project. "Nationally and locally we have seen record numbers of women running for office and a groundswell of young activists emerging. We hope this festival will support and inspire more women to participate in the political process."

International Women's Day, established in 1911, is a global day of celebrating the social, economic, cultural, and political achievements of women. This year coincides with the centennial of the passage of the 19th amendment. The day marks a call to action for accelerating women's equality.

The Acorn Project is spearheading this local VC event in managing partnership with Alyson Warner and fiscally sponsored by 501(c)(3) non-profit, Arts Ventura. Major sponsors include the Museum of Ventura County, American Association of University Women (AAUW), Body Smart Medical Massage Solutions, CAPS Media, Downtown Ventura Partners (DVP), Girl Scouts California Central Coast (GSCCC), Renee Gomez, League of Women Voters of Ventura County (LWVVC), Ojai Chapter for the National Organization of Women (NOW), Ventura County Alumnae Chapter (VCAC) of Delta Sigma Theta Sorority, Ventura County Women's Political Council (VCWPC), Ventura Rental, and Women's Economic Ventures (WEV).

Founded in 2018, The Acorn Project seeks to breakdown silos, foster creative collaboration, and strategic partnerships to promote positive social change. Their current initiative, "The Reel Advocacy Series," supports community documentary film screenings to inform, engage, and inspire political and social action. [www.theacornproject.com](http://www.theacornproject.com)

FREE EVENT!

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FESTIVAL

March  
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1-4pm

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## Ken Winter

November 4, 1926 to February 17, 2020

His shirt is his epitaph!  
Thank you to the Ventura Y for their embracing of "The Whistler" to keep him healthy so long,  
Thank you to all our friends who took time to visit,  
Friends at The Winery for a wonderful time,  
Victoria Care for all their care and love,  
Carewise Hospice for their understanding.  
Jane and Camille

## "St. John's Saved My Life!"

Trust your heart to our experts.

Robert Brown knows a thing or two about catching fish. As a lifelong outdoors enthusiast, he has spent countless hours refining his skill in fishing. So it's no surprise that Robert chose the expertly skilled Transcatheter Aortic Valve Replacement (TAVR) team at St. John's for his heart care.

Robert was diagnosed with aortic stenosis, a narrowing of the heart's aortic valve. Previously his treatment would have been open heart surgery. However, now—the St. John's team of cardiac experts perform the much less invasive TAVR technique.

In August 2018, Robert underwent TAVR, a minimally invasive technique to replace his diseased aortic valve without the need for open-heart surgery. Robert went home two days later quickly resuming his normal activities... and was not so easy on the fish.

"It was certainly better than the old way they did it. This is much easier on you and on the doctor and everybody else," said Robert Brown, one of the first TAVR patients at St. John's.

Wonder if TAVR is right for you? Talk to your doctor to discuss your eligibility for TAVR. For more information about our TAVR program, visit [DignityHealth.org/TAVR](http://DignityHealth.org/TAVR) or call **805.216.0502**.

Dignity Health.

St. John's Regional Medical Center

1600 N. Rose Ave. | Oxnard



## News & Notes



Members of the Umpire Program introduced at opening day ceremonies were Danica Dykstra, Ashlyn Flores, Hallie Barlow, Tessa Denger, Olivia Bossoletti and Lily Bossoletti by Chris Denger manager.

### Opening day for Ventura Girls Fast Pitch Softball League

Photo and story by Richard Lieberman

Saturday, February 22nd, marked the opening day ceremonies of the Ventura Softball Rec League. Over 250 girls participated in the opening ceremony held at the Ventura Community Park and Aquatic Center.

Chris Denger, board member and coach became involved in the league when his daughter wanted to play softball about eight years ago. "I played a lot of baseball when I was younger, so it was a good fit" said Denger. "We have girls all the way from 5 and 6 years old to 13 and 14-year-old participants" he added. The season for the teams runs from February

to the end of May. "We play all our games right here at Ventura Community Park" Denger added.

The league has an "All Star" season that begins at the end of May and through the middle of June. After the All-Star season the players begin a "Districts season" that pits players against competing teams throughout Ventura County. "The girls are awesome they are learning teamwork; they are learning how to play the game they are having fun and I think it is an awesome experience for everyone who gets signed up" he added. The league accepts girls of any skill level, girls that are just

starting and girls that have been playing for several years. "We are the local softball rec league for Ventura" he said. "At the end of the season there is a draft and all the managers get together and decide who the all-star players will be."

They also have a local Ventura contest hosting about 100 teams from communities around Southern California. "After than we start what we call districts and if you qualify there the team will go on to state, if you qualify at state then you go to nationals" he stated.

The league also has a junior umpire program that gives some of the upper level girls a chance to train as umpires for the rest of the league. "They go through a lot of training they get to earn some money. It's a really unique program that the fast pitch girls have and it our eighth year doing it" said Denger.

President of the league Patty Haperfield began her career playing for the league when she was only eight years old, "I grew up in the league" she said. "I played in high school and got back involved in the league when my daughter was 6 and started coaching and just moved into the board because I wanted that to help make this program stronger" she added.

Currently this local league has about two hundred seventy-eight girls and is looking to add another one hundred to the roster.

The league recruits girls from our local schools by putting out banners and advertising in school publications. "We have a lot of backing from our city, we rent the fields from them, so they are very helpful, it is a really great relationship we have created with the city" she added.

"I grew up in the league and I hope that that every girl out there gets the same benefits I did where you can be a leader and be somebody that is involved in their community and be stronger, that is what softball taught me" Haperfield added.

### Audubon events

**Mar. 8, 8:00 a.m. Hedrick Ranch Nature Area - Work Day - Leader: Sandy Hedrick 805-340-0478**

Arrive at 8:00 for self-guided birding which usually yields some interesting birds. Work from 9am - noon. Long pants and boots or closed shoes are required. Bring water, gloves & sun protection.

**Mar. 10, 8:30 a.m. Ventura Water Treatment Plant Settling Ponds - Leader: Adele Fergusson 805-415-4304**

Enjoy a morning of mostly waterfowl birding. Spotting scopes are always welcome.

**Mar. 10, 7:30 p.m. Ventura Audubon Society Monthly Program at the Poinsettia Pavilion - 3451 Foothill Road, Ventura (Free to the Public): Santa Barbara Channelkeeper and the Ventura River, Speaker: Ben Pitterle - Science and Policy Director**

For 20 years, Santa Barbara Channelkeeper has been a watchdog and advocate for the protection, restoration and sustainable management of the Ventura River and its groundwater. The program will cover background information about the history of Channelkeeper's involvement in the Ventura River watershed including events that led to Channelkeeper's litigation against the State Water Board and City of Ventura to address over-pumping.

**Mar. 14, 8:30 a.m. Happy Camp**

**Regional Park - Leader: Cody Swanson 805-304-2505**

The walk begins alongside the rustic canyon golf course, and continues into open area. We will encounter coastal sage scrub, riparian wetland, open grassland, and oak woodlands along the trail. The diverse habitat allows for many different species of birds. We can expect to see: towhees, phoebes, red-tailed hawks, goldfinches, and a variety of sparrows. Target species include: roadrunners, California quails, California thrashers, western meadowlarks, loggerhead shrikes, a variety of raptors, and the possibility of owls.

**Mar. 21, 8:30 a.m. Canada Larga Road - Leader: Linda Easter 818-519-2833**

Meet near the beginning of the road off Hwy 33. We will carpool from that location as we walk and drive this long county road. Target species will include Barn Owl, Western Bluebirds, Lark Sparrow, Roadrunner, Phainopepla and various species of swallows.

**Mar. 28, 8:00 a.m. Carpinteria Salt Marsh - Leader Tevin Schmitt 661-904-1563**

The Salt Marsh Reserve is an excellent birding location due to the estuary, wetlands, and upland habitats. Special birds of concern can be found here, including Belding's Savannah Sparrow, and White-tailed Kite. Several species of heron are often seen at once.



Trudy Cook, Auxiliary President presented a \$100,000 check to the hospital from the Auxiliary. Gary Wilde, President and CEO, and David Glycer, VP of Finance accepted the check.

### CMH 2020 Auxiliary installation and awards luncheon

Community Memorial Health System held their Annual Meeting and Awards Luncheon at the Four Points Sheraton on February 7.

Awards for both Hours of Service and Years of Service were presented by Gary Wilde, Trudy Cook, Rosemary Icardo, and Angie Hall. 29 volunteers received 100 hour pins, 10 received 500 hour pins, 1,000 hour pins were received by 6, 2,000 pins by 3, 3 volunteers received 3,000, 2 received 4,000, 4 received 5,000, 2 volunteers received 6,000, 2 received 7,000, 1 received 12,000, 1 13,000 and 1 received a 14,000 pin.

Parliamentarian, Judy Miller received her 23,000 hour pin plus an award for 40 Years of Service to the hospital.

Volunteers and guests enjoyed a wonderful lunch and entertainment by the Orchard Quartet as "The Beach Boys".



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# News & Notes



This live musical performance celebrates the arts.

## Festival of Talent celebrates Ventura talent

The public is invited to join the Ventura Unified School District (VUSD) and the Kiwanis Club as they move “Full Steam Ahead” with this year’s Festival of Talent event. This live musical performance celebrates the arts and benefits, VUSD students. The event will take place in the auditorium at Ventura High School, located at 2 N. Catalina Dr., in Ventura on Saturday, March 14, 2020, at 7 pm.

“Festival of Talent supports the character of a well-rounded student, raising funds to increase the arts and to introduce students to community service through meaningful volunteer and leadership opportunities. Equally important, this fantastic show itself enhances these qualities by introducing the performers to professional directors, musicians, stage crew, sound managers, technical directors, and an audience of over 1,000. It is truly exciting,” stated Bart Bleuel, Festival of Talent Chairperson.

The show, professionally directed by Beverly and Kirby Ward and with musical director, Miriam Arichea, will feature a wide range of dynamic performances; including a big production opening,

singing, dancing, and specialty acts, including a nail-biting aerial trapeze performance last year. This signature event shines light on the talent of more than 150 performers, including students, staff, and teachers from Ventura. It attracts hundreds of Venturans looking for a professional level, live performance that has been touted as one of the best shows of the year. Behind the scenes are 50 volunteers, professional directors, sound and lighting experts, stage crew, and more. General admission tickets are available at <https://festivaloftalent.org/> for \$10 or \$25 for reserved seating. General admission tickets can also be purchased at the door for \$15.

“The talent on stage is always incredible, and the production flawless. This event highlights the amazing work our students and staff do in our schools to elevate the arts daily. The arts are not just an elective at Ventura Unified, we are dedicated to ensuring our students have a well-rounded education where every student can find their passion as they move towards their future goals,” stated Dr. Roger Rice, VUSD Superintendent.

## Applications available for Rodney Fernandez Leadership Scholarships

Applications are now available for the 2020 Rodney Fernandez Leadership Scholarships. The application deadline is Monday, April 13.

The Rodney Fernandez Leadership Scholarship Program, created in 2011, honors Rodney Fernandez, Cabrillo’s founder and Executive Director for 30 years (1981–2011). The Scholar-

ship continues Fernandez’s legacy of community building by cultivating the leadership of residents to attain their goals, empower themselves and to take action and improve the quality of life in their communities.

The Rodney Fernandez Leadership Scholarships are funded through a \$10,000 Edison International grant and individual donations. A scholarship review panel will determine award amounts. A portion of the funds has been designated for STEM majors, but students in all majors are encouraged to apply.

Eligibility Requirements:

You must be a Ventura County resident.

You must be a Science, Technology, Engineering or Math (STEM) major if applying for the \$10,000 in funds earmarked by Edison International for STEM scholarships.

Other applicants can be enrolled in

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any major, including but not limited to: Business, Liberal Arts, Fine Arts, Education, etc.

Your household income must be less than or equal to 80 percent of the Area Median Income (AMI) for Ventura County.

You must currently be enrolled in and/or continuing college education, in the process of applying to an accredited institution or enrolled in an undergraduate or graduate program.

Applications must be completed, signed, and submitted with all the required attachments on or before 5:30 p.m. on Monday, APRIL 13, 2020.

Applications are available on at [bit.ly/CEDCScholarship](http://bit.ly/CEDCScholarship). For more information, contact Cabrillo’s Resident and Community Services Department at [info@cabrilloedc.org](mailto:info@cabrilloedc.org) with the subject RFL Scholarship, or call 805-659-3791.

**Totally Local VC to host**

*Continued from page 1*

their families’ legacy and relationship with the soil.

Totally Local VC has brought together a diverse group of agricultural related organizations to guide this year’s Ventura County Ag Week. Students from Jr. high, High School and college will have an opportunity to hear first hand from local farmers, and chefs as we visit schools throughout the county during Ventura County Ag week. Activities will include: class talks, field trips to farms & industrial kitchens and Ag related industries. In partnership with some of the leading agricultural companies in the county we will host an Agriculture Career Fair. The career fair will showcase the diverse career opportunity’s available in the field of agriculture, food science and culinary arts.



## News & Notes



Nunez was hired as a Police Officer Trainee in 2012.

### Investigator of the Year Jesus Nunez

Congratulations to Detective Jesus Nunez for being selected as VPD's 2019 Investigator of the Year! He is being recognized for his professionalism and dedication to the department and as a member of the Special Victim's Unit. Detective Nunez was hired as a Police Officer Trainee in 2012, graduated from the Academy in 2013, and worked as a Patrol Officer for 3.5 years.

He was assigned to Major Crimes in 2017 and currently works for the Special Victims Unit. His assignment consists of investigating sex crimes, missing persons,

elder/child abuse, and human trafficking. He is also a negotiator with the Crisis Negotiations Team. "Being a Police Officer has been the most rewarding job I've ever had," said Det. Nunez. "My current assignment as a Detective for the Special Victims Unit is especially rewarding as it provides me the opportunity to work with a team of talented people who, like me, are passionate about solving cases and find reward in seeking justice for those that need it." Congrats Detective Nunez, we are lucky to have you as part of our Ventura Police Department.

## Celebrate innovative educators at LAUNCH

After a highly anticipated and successful inaugural LAUNCH last year, Ventura Education Partnership (VEP) is excited to announce details for the second annual LAUNCH and Aera Energy as the returning Trail Blazing Sponsor. Taking place on March 12, 2020 at 5:30 pm, Rubicon Theatre in Ventura, community members can attend this inspiring evening by sponsoring the event at [VenturaEducationPartnership.org](http://VenturaEducationPartnership.org).

Curated by Ventura Education Partnership, LAUNCH celebrates VUSD educators who share their passions in novel ways and create new learning opportunities for students. During this unique gathering of business, community and school leaders, Three featured Educators will present their ground breaking ideas that inspire classroom innovation. Driven to help students express themselves and their ideas, Cameron Crouch, Foothill High School, teaches art creation through a wide variety of mediums and media. Petra McCullough of ATLAS Elementary teaches with the hope that her love of learning is contagious. She has created an environment for students to enter where they can leave the stresses and worries of life at the door. Committed to providing opportunities that focus on equity, Kristie Steinlicht, teacher, Anacapa Middle School helped create the award-winning Anacapa STE(A)M program to serve Anacapa's socio-economically, culturally, and linguistically diverse populations.

In addition to being an inspiring evening and connecting with leaders who care about public education, LAUNCH raises funds for VEP Grants. VEP Grants give VUSD teachers the opportunity to apply for \$1,000 grants for a project that will engage students more deeply in their learning, something hands on and innovative.

Aera Energy's presenting sponsorship will support 10 classroom grants in the Fall. "Aera is committed to building stronger communities by focusing on education and creating opportunities for innovative learning," says Michele Newell, Aera public affairs. "Our work producing the fuel that California needs everyday requires that same innovation and creative thinking to do it safely and responsibly. We believe teachers and schools can do so much more if we come together as a community to support them in ways that helps get students excited about learning at an early age."

2019 Featured Educator, Alex Wulff says, "We all need a time to revel in the power of grassroots community support and its impact on our youth. Attending LAUNCH is like a tune-up for the soul. Seeing what community efforts can do to impact innovation in the classroom is positively therapeutic."

Additional LAUNCH sponsors include Mountains2Beach Marathon, Fastsigns of Ventura, Adela Trainor of Berkshire Hathaway and Mathnasium Ventura. For tickets visit the website [www.venturaeducationpartnership.org](http://www.venturaeducationpartnership.org) or contact Madhu Bajaj (805) 754-9861.

## Ventura County Grand Jury announces open house

Ventura County residents have an opportunity to meet the 2019-2020 Ventura County Grand Jurors and tour the Grand Jury Chambers on March 12, 2020. The public may meet the Grand Jurors between 1 PM and 3 PM, review Grand Jury reports and ask questions about Grand Jury service. The Grand Jury offices are located at 646 County Square Drive, 3rd Floor, Ventura.

The Grand Jury is a civil investigative panel of 19 volunteers. This oversight group investigates issues and citizen complaints and makes recommendations in a published final report to improve the operations of local government.

The Grand Jury may examine all aspects of Ventura County government and the 10 city governments in the county, as well as special districts.

Applications to serve on the Grand Jury will be available. Officials from Ventura County government and Ventura County Superior Court will also be in attendance. Light refreshments will be served.

To become a Grand Juror, you must be 18 years or older, a U.S. citizen and a Ventura County resident for at least a year. A complete list of requirements and the application form can be found at: <https://www.ventura.org/grand-jury/become-a-grand-juror>.

Applications may also be requested by calling Jury Services at (805) 289-8661. Applications will be accepted until April 17, 2020.

## Museum of Ventura County events

The opening reception to the Museum's upcoming exhibit, Huelga! Photographs from the Frontlines by Jorge Corralejo, takes place on March 14, 2-4PM. Jorge Corralejo, a longtime local activist and civic leader, displays his collection of photography and archives of work at both the Museum of Ventura County and the Agriculture Museum in Santa Paula for this special two-location exhibit. A photography exhibit from the 1970's labor strikes featured along with memorabilia from the collection of longtime local activist and civic leader, Jorge Corralejo. We learn about his time with United Farm Workers, working alongside Cesar Chavez and Dolores Huerta from the Boston A & P strikes to the streets of Oxnard.

March 19, 6:30-8PM, the Museum of Ventura County will host Civil Rights Activist Dolores Huerta for a talk about her years working with the UFW, her work building community and organizing for change, and so much more. Guests will have the opportunity to tour the Huelga! Photographs from the Frontlines by Jorge Corralejo exhibit both before and after the talk. Dolores Huerta is a civil rights activist and community organizer. She has worked for labor rights and social justice for over 50 years. In 1962, she and Cesar Chavez founded the United Farm Workers union. She served as Vice President and played a critical role in many of the union's accomplishments for four decades. Dolores has received numerous awards: among them The Eleanor Roosevelt Humans Rights Award from President Clinton in 1998. In 2012 President Obama bestowed Dolores with The Presidential Medal of Freedom, the highest civilian honor in the United States.

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### Featured Educators



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Teacher, ATLAS Elementary

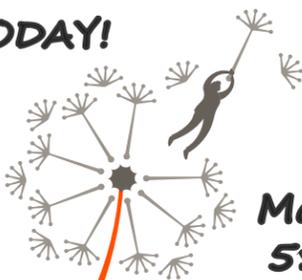


Kristie Steinlicht  
Teacher Anacapa MS



Cameron Crouch  
Teacher, Foothill High

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# LAUNCH

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# Senior Living

Pull Out Section



Do not give census takers your credit card info.

## Census Scams

from AARP

April 1, 2020 is Census Day – the due date for Americans to take part in the decennial national headcount. Until then, and possibly beyond, you’ll probably hear a lot about, and a lot from, the U.S. Census Bureau. But census activity isn’t limited to years ending in 0, and neither is census fraud.

Census scammers contact you by phone, email, regular mail or home visit, or direct you to phony websites, seeking personal and financial information. Like other government impostors, they adopt the mantle of officialdom in hopes of winning your trust – and they have the added advantage of pretending to represent an agency specifically tasked with asking questions. Along with its once-a-decade population count, the Census Bureau conducts more than 130 surveys each year.

The biggest, the American Community Survey (ACS), is sent annually to more than 3.5 million randomly selected homes to gather population, economic, housing and other data that helps determine how hundreds of billions of dollars in state and federal money is distributed. With its detailed questions about things like income, assets, job status, household amenities, even your commute, the ACS does set off scam suspicions – it’s a frequent subject of calls to AARP’s Fraud Watch Network Helpline – but it is legitimate, and relatively easy to verify (see below).

There are some things no genuine census survey or agent will ask – for example, for your Social Security, credit card or bank account number. They won’t ask for money. They won’t threaten jail time if you don’t answer their questions. Any of these is a sure sign that a supposed census taker is phishing for ways to steal your identity, money or possessions.

### Warning Signs

You get an unsolicited email purporting to be from the Census Bureau. For household surveys and the decennial Census, the agency almost always makes contact by mail.

A supposed census agent asks you for money or financial data, such as the number of and amount in your bank account.

A supposed census taker threatens you with arrest. Taking part in the Census is required by law, and you can be fined for not doing so, but you can’t be imprisoned.

Do verify that a census taker who comes to your home is legitimate. They should have a Census Bureau photo ID badge (with a Department of Commerce watermark and an expiration date) and a copy of the letter the bureau sent you. You can also search for an agent’s name in the Census Bureau’s online staff directory.

Do confirm that a questionnaire you’ve received is on the Census Bureau’s official list of household or business surveys.

Do contact the bureau’s National Processing Center or the regional office for your state to verify that an American Community Survey or other census communication is genuine.

Do check that a census mailing has a return address of Jeffersonville, Ind., the site of the National Processing Center. If it’s from somewhere else, it’s not from the Census Bureau.

Do check the URL of any supposed Census website. Make sure it has a census.gov domain and is encrypted – look for https:// or a lock symbol in the

Don’t give your Social Security number, mother’s maiden name, or bank or credit card numbers to someone claiming to be from the Census Bureau. Genuine Census representatives will not ask for this information.

Don’t reply, click links or open attachments in a suspicious census email. Forward the message to ois.fraud.reporting@census.gov.

Don’t trust caller ID – scammers can use “spoofing” tools to make it appear they’re calling from a real Census Bureau number. Call the National Processing Center at 800-523-3205, 800-642-0469 or 800-877-8339 (TDD/TTY) to verify that

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a phone survey is legitimate.

### More Resources

The Census Bureau website includes a page on fraud with more information on spotting census scams by mail, phone, email and home visit.

You can report suspected scams to the regional Census Bureau office serving your state and to the Federal Trade Commission (online or at 877-382-4357).

## 4 ways to protect your hearing

from In Health

Changes in hearing are a common part of aging. Almost half of adults over the age of 75 will have some degree of hearing loss. Changes in hearing can occur due to damage, illnesses, or even genetics.

Although many people will experience hearing loss in their lifetime, there are ways to protect your hearing. Taking care of your ears and preventing hearing loss can be as easy as following these four tips.

### Protect Your Ears

Loud noises can damage hearing

whether the noise exposure is brief or prolonged. Protect your hearing by wearing ear plugs or earmuffs when you are going to be around loud noises. Limit your exposure to loud sounds by moving away from the source and keeping volumes low in your home.

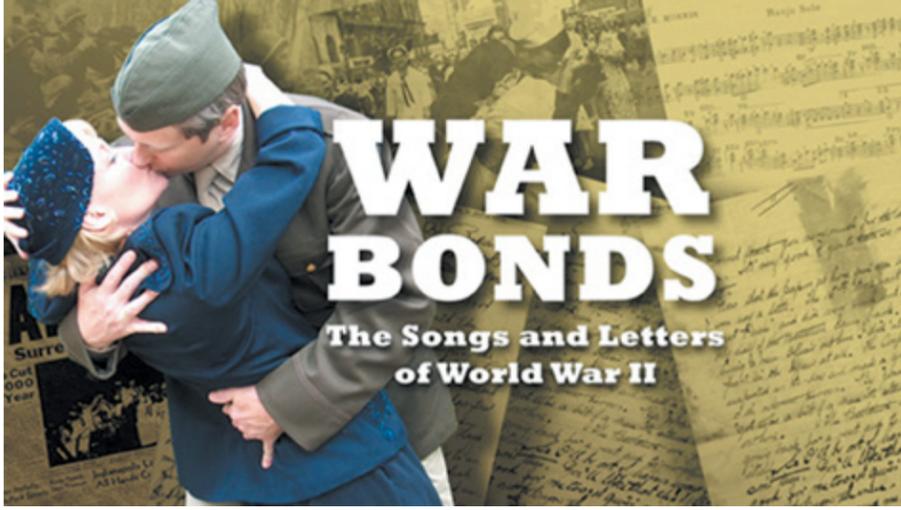
Spencer Eaton, executive director of Pinnacle Nursing and Rehabilitation Center, works with older individuals and has seen how common hearing loss is. “Exposure to loud noises is a common and preventable cause of hearing loss,” he says. “Use ear protection whenever possible around loud sounds.”

Contrary to popular belief, it is not necessary for most people to clean their ears frequently. Earwax is a natural production of the ears, and the ears are designed to clear the earwax out on their own. However, some people may find that their ears do not clean themselves as well as they should as they age. Hearing aids, extra ear hair, and the aging process may contribute to additional wax buildup that can obstruct hearing. If earwax does build up more than normal, over-the-counter cleaning products can help clear it out. A doctor can also use special tools to clean out the ears. Regardless of the amount of waxy buildup, foreign objects like cotton swabs should never be put into the ear canal.

Continued on page 13



## Senior Living



Remember “Any Bonds Today?”, the 1941 song presented in a Bugs Bunny cartoon?

### Senior News Line

## Less money despite social security increase

by Matilda Charles

I’ll be worse off financially this year, despite the Social Security increase we just received. I won’t be the only one.

For the average recipient who receives \$1,460 per month, that 1.6% equates to a gain of \$23.36 per month. Medicare went up \$9.10 to \$144.60, so that drops the extra cash to \$14.26.

Except my Medicare supplement went up \$42 and the drug plan went up as well. Rent went up \$20 per month, justified by management with the “big increase” in Social Security we all got.

With so many of us in the same situation, we need to think of ways to save money:

If you take a daily newspaper and pay for it by the month, calculate whether you’ll save money if you pay for it by the year. If you have a tablet, ask if they offer a digital subscription at a lower rate. Making yearly payments might also work for your car or homeowner insurance.

Call the local food bank about getting free food. Don’t worry about running into someone you know. Just make the call. Whatever you get from them you won’t have to buy at the store.

Check into “senior helper” groups in your area. These are people who volunteer to take care of home repairs for free, instead of paying a plumber \$150 per hour.

If you have a credit card, make

payments on time. Check AARP’s member discounts. Buy at Goodwill.

Ask for lower prices. Buy generic groceries. Get serious about clipping coupons. Ask about senior discount day.

Have you ever tried to remember all the words to a song from your childhood or teenage years, or something you heard your parents sing? If you can remember one or two lines of a verse or the title, you can find the whole song on the Internet.

Here’s an example. I put one line of a song in Google, and there it was! Not only did all the lyrics pop up but there were links to videos of groups singing the song. There were links, too, to more information. Imagine my surprise when I discovered that the song was written in 1911.

World War II was full of good music, and chances are you remember at least parts of some of the songs. Search online for World War II songs or any other era you’re interested in. Wikipedia even has categories such as “Songs of 1950s.” Or search Wikipedia by singer and click on their discography for all the songs they released.

Remember “Any Bonds Today?”, the 1941 song written for a war bond drive and presented in a Bugs Bunny cartoon? Or for younger seniors, how about “Blowin’ in the Wind,” Bob Dylan’s 1962 song. How many verses do you remember?

When the weather warms up, you

might consider haunting garage sales and antique marts for old sheet music. If you no longer have a keyboard, look on Amazon for compact 54-key electronic keyboards for less than \$100.

And what do you do once you’ve collected all the music from your youth? Consider sharing it. If you play well enough, ask about visiting a retirement facility and playing for the residents. Make copies of the lyrics and hand them out for a sing-along. For Alzheimer’s patients, hearing or singing music can animate silent patients, reduce stress and strengthen memory.

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## Partnership will benefit millions of older Latinos

The League of United Latin American Citizens (LULAC) have announced an unprecedented new partnership with the National Council on Aging (NCOA) to offer a wide range of life-changing benefits to the growing number of Latino seniors and adults with disabilities throughout the United States.

“LULAC is extremely pleased and excited to form this new relationship with such a respected and well-known organization because we share a similar vision of creating a just and caring society in America,” said Sindy Benavides, LULAC National Chief Executive Officer. “A partner such as NCOA enables LULAC to help ensure that millions more older adults, adultos mayores, in our community living with disabilities and those with limited economic means are made aware of vital benefits, which will help them remain healthy and enjoy a better quality of life,” she added.

“NCOA and LULAC have more than 160 years of combined experience and are two of the nation’s oldest and most respected organizations serving two of the fastest-growing demographics in America,” said Anna Maria Chávez, NCOA Executive Vice President and Chief Growth Officer. “This partnership leverages NCOA’s broad experience with LULAC’s deep roots in the Latino community and will help millions of Latinos to age well, with dignity and economic security.”

Through the partnership, LULAC and NCOA will offer information and

assistance in connecting Latinos who qualify for one or more of the following benefits programs: Medicare Part D Extra Help/Low-Income Subsidy, Medicare Savings Programs, Supplemental Nutrition Assistance Program (SNAP), Medicaid, Low-Income Home Energy Assistance Program (LIHEAP), State Pharmaceutical Assistance Programs, and Supplemental Security Income.

Recent research shows that older adults in the United States have experienced unprecedented growth in the past several decades, with Latinos representing the fastest-growing segment. In 2010, 2.9 million Latinos in the U.S. were aged 65 or older, a number projected to reach 17.5 million (19.8% of 65+ population) by 2050.

“LULAC’s mission includes serving Latino boomers who are now 60 years of age or more as well as other, younger adults facing the challenge of disabilities in their lives and feeling alone or uncertain about what to do or where to turn,” said Benavides.

The League of United Latin American Citizens (LULAC) is the nation’s largest and oldest Hispanic civil rights volunteer-based organization that empowers Hispanic Americans and builds strong Latino communities. Headquartered in Washington, DC, with 1,000 councils around the United States and Puerto Rico, LULAC’s programs, services and advocacy address the most important issues for Latinos, meeting critical needs of today and the future. For more information, visit [lulac.org](http://lulac.org).

The National Council on Aging (NCOA) is a trusted national leader working to ensure that every person can age well. Since 1950, our mission has not changed: Improve the lives of millions of older adults, especially those who are struggling. NCOA empowers people with the best solutions to improve their own health and economic security—and we strengthen government programs that we all depend on as we age. Every year, millions of people use our signature programs BenefitsCheck-Up®, My Medicare Matters®, and the Aging Mastery Program® to age well. By offering online tools and collaborating with a nationwide network of partners, NCOA is working to improve the lives of 40 million older adults by 2030. Learn more at [ncoa.org](http://ncoa.org) and @NCOAging.

## Where Mom Lives Matters

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# Senior Living



“Will this help my dementia? It’s fun!”

## Does providing PT in the home benefit people with dementia?

Dementia is the leading cause of disability for more than 5 million people aged 65 and older in this country. By 2050, that number is predicted to quadruple. Dementia can cause memory, language and decision-making problems, mood changes, increased irritability, depression, and anxiety.

Dementia also can cause poor coordination as well as balance problems and falls. These difficul-

ties can affect quality of life, reduce caregiver well-being, and increase healthcare costs.

Researchers designed a study to learn more about whether physical therapy (PT) rehabilitation services could improve dementia-associated declines. They published their findings in the *Journal of the American Geriatrics Society*.

The researchers noted that we understand that physical activity

and exercise programs provided by physical therapists can improve balance and reduce fall risk. However, we don’t know whether providing PT in the home could benefit people with dementia. The researchers wanted to learn whether home health PT could help older adults with dementia improve their ability to perform daily functions. These functions include activities like grooming, dressing, bathing, being able to get to and from the toilet (and being able to clean yourself properly after using the bathroom), getting from bed to a chair, walking, eating, being able to plan and prepare light meals, and being able to use the telephone. The researchers also wanted to learn what amount of home-based PT services resulted in the most improvement with these essential tasks.

The researchers examined information provided by the Centers for Medicare and Medicaid Services (CMS), which administers the Medicare program (the federal insurance program for older Americans). The people included in the study were older than 65, had been diagnosed with dementia, and received home health services.

Of the people included in the study, 62 percent received at least one home PT visit. Most people received four visits. Patients who received PT had a higher level of disability and were more likely to:

- Have started home health after hospitalization or rehabilitation care stays
- Have severe pain that interfered with movement on a daily basis
- Have a fall risk

They also were less likely to exhibit symptoms of disruptive behavior.

The researchers said that people who received PT were more likely to experience improvement in their daily functioning. They also said that the more PT people received, the more improvement they experienced, up to about 14 visits.

The researchers suggested that these results highlight the importance of receiving an evaluation by a physical therapist if you or someone you know has been diagnosed with dementia.

This summary is from “The Impact of Home Health Physical Therapy on Medicare Beneficiaries with a Primary Diagnosis of Dementia: A secondary analysis of Medicare data.” It appears online ahead of print in the *Journal of the American Geriatrics Society*. The study authors are Cherie V. LeDoux, PT, DPT; Richard C. Lindrooth, PhD; Katie J. Seidler, PT, DPT, MSCI; Jason R. Falvey, PT, DPT, PhD; and Jennifer E. Stevens-Lapsley, MPT, PhD.

### 4 ways to protect your hearing

*Continued from page 11*

Upper respiratory illnesses can contribute to hearing loss if they are not treated appropriately. Get treatment promptly for illnesses of the ears, nose, and throat in order to reduce the risk of an ear infection. Some illnesses or medications can cause hearing changes, so be sure to consult your doctor if any sudden changes in hearing occur.

Hearing aids do not restore hearing loss, but they can vastly improve quality of life and even help prevent other impairments. Hearing loss can be difficult for people who find themselves unable to participate in conversations and daily activities. It can also be dangerous if a person is unable to hear a fire alarm or a honking horn. Recent research even suggests hearing loss can speed up cognitive decline in older adults. If you have suffered some hearing loss, talk to your doctor about whether hearing aids can help.

When you are young, protecting your hearing may be low on your list of priorities. However, your ears may feel the effect of those concerts and motorcycle rides. Take the time to protect your ears, whether from sound or illness, and you may prevent some hearing loss. If you do suffer from hearing loss, be sure to seek medical help. Hearing aids may not reverse the damage, but they can dramatically improve a person’s life.



“We sure are having a good time.”

## The flu and you

The flu season is in full swing. As of now all 50 states have widespread levels of flu. And at this point far too many people still haven’t gotten their flu shot.

The senior version of the shot (for

those over age 65) has four times the amount of vaccine of three of the four types ... two A and one B. While this isn’t ideal (it’s still missing one B), it’s what we have. The high-dose vaccine was created to give our bodies a high immune response. Because of our age, we’re in the high-risk group for complications, even if we don’t have any medical concerns. Seniors had more hospitalizations from flu than any other age group.

There have been more than 6,000 deaths from the flu. How many of these could have been avoided by getting the flu shot?

One big concern is that it’s possible to be contagious and pass the flu to others days before someone starts to feel sick. Going to the grocery store,

attending church, reading to kids at the elementary school ... there are too many opportunities to give the flu to others (or have them give it to you) before anyone even suspects they have it.

But it’s not too late to get the shot. Even if it doesn’t keep you from getting the flu, it will keep you from getting as sick as you might have.

A delay can arise in areas where they’ve temporarily run out of the flu vaccine. Don’t let that stop you. To get your flu shot, call your doctor’s office, call the local pharmacies and call the closest senior center. You’ll find the vaccine somewhere.

No matter what, wash your hands frequently and keep them away from your face.



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## This 'n' That



2020 County Ventura St. Patrick's Day Parade set for March 14

### The parade theme is “Music Makes the World Go Round”

Parade entries are now being accepted for the Ventura Elks Club's 32nd annual County Ventura St. Patrick's Day Parade, which will commence at 10 a.m. Saturday, March 14, along Main Street in downtown Ventura.

Among the county's most popular annual community events, the parade draws thousands of folks young and old, who line the route along Main Street, starting near Mission San Buenaventura.

Entry to join in the parade is easy:

Prospective entrants can simply go to the parade website and follow the basic all-online steps to submit their forms and pay via PayPal. Entry deadline is Thursday, March 5; only the first 100 entries will be accepted.

Leading the parade as its grand marshal will be Nan Drake, longtime co-chair of the parade committee (along with Jim Monahan and Brian Brennan). Drake is the governmental affairs and public relations director for E.J. Harrison

and Sons, a 32-year sponsor of the parade. She's proud of her work, she said, “because every day at Harrison, we improve the environment by recycling with the help of all of the residents and businesses in their service areas.”

Drake is a former Ventura City Council member and a former chair of the Los Angeles Regional Water Quality Control Board. Equally avid about the environment and the economy, she is currently the board chair of the Economic Development Collaborative, where she works with the board to develop economic strategies to improve the economic climate in the region. She also has served as chair and on the boards of many local chambers of commerce. She has earned countless awards and accolades over the years and for the past 12 years has been named among the Top 50 Women in Business in the Tri-Counties; this annual honor is presented by the Pacific Coast Business Times, which is celebrating its 25th year serving the regional business community.

For more information on the parade and to enter, visit [venturastpatricksdaysparade.com](http://venturastpatricksdaysparade.com).

### “Tri-Anything Retreat” for women business owners

The first annual “Tri-Anything Retreat” is being held on Friday, March 27th from 10:30am to 4:00pm at the picturesque Brick Barn Wine Estate in Buellton, California. Tickets are just \$70 for a full day that includes lunch and wine. A post-retreat wine and cheese party is available for those attendees and their guests who are looking to extend their day and enjoy the beautiful sunset. Local discounted weekend and overnight accommodations are also available. Tickets are available now at [www.tinyurl.com/trianything2020](http://www.tinyurl.com/trianything2020).

Hosted by four local National Association of Women Business Owners (NAWBO) chapters – Bakersfield, California Central Coast, Santa Barbara, and Ventura County, with the support of NAWBO Los Angeles, the Tri-Anything Retreat promises to be filled with plenty of reenergizing, skills building, and making new connections. Made possible in part by Gold Sponsor Chase Bank, with additional support from Santana Wealth Management, and Thrive, Flourish and Grow, this retreat is open to all women business owners and leaders looking to connect with other successful women entrepreneurs from throughout the tri-counties and central valley.

NAWBO Ventura County is thrilled to be taking part in this impactful, first annual event convening 100+ women business owners.

### Ventura Water in annual Water: Take 1 Film Festival

Take 1 Film Festival will take place on March 12, 2020, at the Museum of Ventura County. The MERITO Foundation, a local environmental non-profit organization, is being recognized with

the Community Foundation Award for their efforts to build ocean stewardship and environmental literacy among 4th through 12th grade students. Through a partnership between the MERITO Foundation and Ventura Water, every year over 500 students visit the Ventura Water Reclamation Facility to learn the importance of conserving water in our region, how our water distribution system works, and how to reduce urban runoff pollution.

The partnership with Ventura Water began in 2017 and since then over 1,500 students from Ventura Unified School District have participated in school year programming that includes teachers' professional development, access to curricula, and students field studies. Studies focus on our watersheds, coast, and the Channel Islands and take place in their classroom and out in these natural environments. They also have the opportunity to address environmental issues such as water scarcity by authoring solutions for their school campuses through a challenge and can receive prizes. A highlight of this partnership for the students is when they visit Ventura Water Reclamation Facility to test the quality of the treated water, observe and identify migratory bird species that frequent the adjacent wetlands, and receive a tour of the facilities.

The MERITO Foundation is a 501 © 3 non-profit organization dedicated to protecting the ocean through education, conservation and citizen science. Their vision is to achieve a healthy ocean cared by diverse coastal communities who live in an environmentally responsible manner regardless of native language, economic status, cultural beliefs, or ethnic background because we all share one ocean. The Water: Take 1 Film Festival is a free, public event featuring short films that showcase critical water issues and community efforts in water conservation and resource management. For more information and to RSVP for the event, please visit: [watertake1.com](http://watertake1.com).

### Rotary Club to host Mardi Gras Fundraiser

The Rotary Club of Ventura South will host its 5th annual Mardi Gras fundraiser in support of Turning Point Foundation on Sunday, March 1. The gala event begins at 3:00 p.m. at the Tower Club, 300 E. Esplanade Drive in Oxnard, and will feature traditional New Orleans jazz and food, silent and live auctions of exciting items, and a view from the foothills to the Channel Islands that only the Tower Club can provide.

For over 30 years, Turning Point Foundation, a local Ventura County non-profit (Tax ID #0213467), has operated community-based mental health programs. Turning Point's programs address the full range of personal needs, including a homeless shelter to meet necessary physical and safety requirements, supported housing to provide decent, affordable housing for those permanently disabled by mental health issues, and rehabilitation and socialization centers to provide meaningful, productive activities, companionship and a sense of purpose.

Because of the myths and stigmas attached to mental illness, many people struggle with its effects alone and unaware that their symptoms can be

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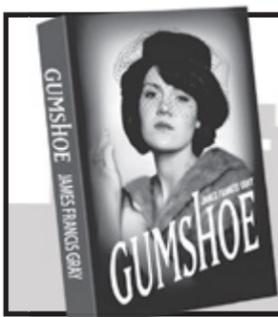
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## The Ventura Breeze Presents A Photo Contest

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Email up to 3 photos to [editor@venturabreeze.com](mailto:editor@venturabreeze.com). Include name, phone and address.



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## This 'n' That

controlled by medication and the functional problems they experience can be addressed through rehabilitation and support services. Turning Point works with clients to reverse the devastating effects of their illnesses, such as job loss, homelessness, isolation, addiction, incarceration, and even thoughts of suicide.

Tickets for the event are \$50, and there is also a variety of sponsorships available for businesses and individuals. Contact Suki Sir at Turning Point Foundation (ssir@tpf-vc.org / 805-947-5400). Proceeds from the event will go directly to Turning Point Foundation and other charitable causes supported by Ventura Rotary South. As they say in New Orleans, "Laissez Les bon Temps Roulez" (Let the Good Times Roll)!

The Rotary Club of Ventura South is one of more than 35,000 Rotary clubs with 1.2 million members around the world. Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Their clubs work together to promote peace; fight disease; provide clean water, sanitation, and hygiene; save mothers and children; support education; and grow local economies. Rotary Ventura South meets at noon every Monday at the Tower Club in Oxnard (300 E. Esplanade Drive, 22nd Floor). Visitors are always welcome. For more information, visit [venturasouthrotary.org](http://venturasouthrotary.org).

## E.P. Foster Library events

**Tuesday Mar 3**  
3:30 – 5:30 pm

Virtual Reality - Tuesdays @ 3:30-5:30 pm on the 2nd Floor. Explore the virtual world with these different gaming VR platforms: Gear VR, Oculus Go, Oculus Rift, and HTC Vive. All VR Platforms are for ages 13 and up.

**Thursday Mar 5**  
7:30 – 9:00 pm

Open Mic Night - Free and open to the public! Open Mic night hosted by Phil Taggart. Enjoy a featured poet, then share your own work with the group. All are welcome to just sit and listen as well.

**Monday Mar 9**  
7:00 – 10 pm

Ukulele Jam - Join folks of all ages and experience levels to jam out on your ukulele! Beginners welcome, every 2nd and 4th Monday.

**Tuesday Mar 10**  
3:30 – 5:30 pm

Virtual Reality - Tuesdays @ 3:30-5:30 pm on the 2nd Floor. Explore the virtual world with these different gaming VR platforms: Gear VR, Oculus Go, Oculus Rift, and HTC Vive. All VR Platforms are for ages 13 and up.

**Thursday Mar 12**  
7:30 – 9:00 pm

Open Mic Night - Free and open to the public! Open Mic night hosted by Phil Taggart. Enjoy a featured poet, then share your own work with the group. All are welcome to just sit and listen as well.

**Tuesday Mar 17**  
3:30 – 5:30 pm

Virtual Reality - Tuesdays @ 3:30-5:30 pm on the 2nd Floor. Explore the virtual world with these different gaming VR platforms: Gear VR, Oculus Go, Oculus Rift, and HTC Vive. All VR Platforms are for ages 13 and up.

**Thursday Mar 19**  
7:30 – 9:00 pm

Open Mic Night - Free and open to

the public! Open Mic night hosted by Phil Taggart. Enjoy a featured poet, then share your own work with the group. All are welcome to just sit and listen as well.

**Monday Mar 23**  
7:00 – 10 pm

Ukulele Jam - Join folks of all ages and experience levels to jam out on your ukulele! Beginners welcome, every 2nd and 4th Monday.

**Tuesday Mar 24**  
3:30 – 5:30 pm

Virtual Reality - Tuesdays @ 3:30-5:30 pm on the 2nd Floor. Explore the virtual world with these different gaming VR platforms: Gear VR, Oculus Go, Oculus Rift, and HTC Vive. All VR Platforms are for ages 13 and up.

**Thursday Mar 26**  
7:30 – 9:00 pm

Open Mic Night - Free and open to the public! Open Mic night hosted by Phil Taggart. Enjoy a featured poet, then share your own work with the group. All are welcome to just sit and listen as well.

**Thursday Mar 27**  
12:00 – 1:00 pm

Opera Santa Barbara - Come enjoy a free noontime concert presented by members of Opera Santa Barbara's Chrisman Studio Artist Program. One of our most popular events. See you in the Topping Room!

**Tuesday Mar 31**  
3:30 – 5:30 pm

Virtual Reality - Tuesdays @ 3:30-5:30 pm on the 2nd Floor. Explore the virtual world with these different gaming VR platforms: Gear VR, Oculus Go, Oculus Rift, and HTC Vive. All VR Platforms are for ages 13 and up.



After departing from Vista del Mar in 1985, he elected to work in underserved areas.

## Vista del Mar Hospital's first medical director returns

Dr. Richard Deamer, Vista del Mar Hospital's (VDMH) first medical director, has returned to the same position. He was first hired in 1985 and stayed in the position for approximately 13 years. He officially begins as medical director in January 2020.

"I am looking forward to another term as medical director," said Deamer. "I was very happy, and surprised to be offered the same position I had left about 20 years previous, and now as an older clinician who has kept up with the new developments in adult and child psychiatry, am looking forward to applying those developments in neuroscience in an inpatient setting."

Deamer studied pre-medicine at Purdue University and graduated from medical school at Ohio State College of Medicine. A rotating medical/surgical in-

# O'Connor

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**"Look for the ANT on the Door!"**

## Will robotics replace technicians?

by Kevin O'Connor

It seems lately that people everywhere are talking about robots. The Japanese are really into making them as lifelike as possible. They look very much like people. We have been on a robot craze for a long time in the movies, but don't ask me what the difference is between robots and cyborgs and androids and the Terminator! I just don't know. So why was that Terminator always mad at everybody? I guess people kept pushing his buttons. Har,har.

Now the year 2020 just sounds special. There's a certain ring to it. Who would have thought that so many of us would have finally seen this auspicious year. I wonder what 2020 will bring? Will it bring robots everywhere? Might it bring robots into the pest control industry? Perhaps there will be a pest control "transformer" called The Exterminator! By the way, what is a robot's favorite music? Heavy metal! But I digress . . .

Do you remember that college student in your family who brought home a brand-new computer only to find out that it is superseded by new, twice-as-fast models practically by the time you unwrap it. Information technology progresses at an exponential pace in this way because each new technology and advancement builds upon the ones that came before it.

So, much of the advancement in technology in 2020 and beyond may end up

in robotics. Getting back to my fantasy about a pest control robot named the Exterminator, who will drop rats dead at 20 paces, I do predict one very important concern. For me and my house, robots will never replace the good "old-fashioned" but truly futuristic pest control technician.

No, for sure, in my company at least—and I bet in many others—robots cannot do away with the great personal and caring service of one of our technicians who has undergone extensive pest control training, has developed years of experience and expertise, and has a heart for the families he or she serves.

I don't think you will find a robot who will genuinely care about the customer, who believes in his heart of hearts that this family's safety, security, good health and general well being are as important to him as the pest control service he so expertly renders.

That's why I value our men and women who provide the multitude of pest control services our customers enjoy year after year. Robots may be exciting in 2020, but my hat is off to those real people who serve others, people to people, family to family, as only good human beings do. Three cheers for the real human technicians we call family at O'Connor Pest Control.

O'Connor Pest Control. 1-800-284-7985. [oconnorpest.com](http://oconnorpest.com)

ternship followed at St. Joseph's Hospital and Maricopa County in Phoenix, Arizona. He continued with his residency training in psychiatry and fellowship in child psychiatry at UCLA Neuropsychiatric Institute, followed by two years in the Navy at Camp Pendleton. He retired from the Navy as a Lt. Commander in 1973.

After departing from Vista del Mar in 1985, he elected to work in underserved areas in Ridgecrest, Trona, Wasco and Taft, flying to these areas by taking advantage of flight training in general aviation obtained during his service in the Navy. For the last 10 years, he has been working for Kaiser Permanente as a child psychiatrist. He is a Distinguished Life Fellow with the American Psychiatric Association. He is board certified in both adult and child psychiatry.

He and his wife Ann and two daughters, Kelly and Julie, arrived in Ventura in 1974 when he established a private practice. Like VDMH's devastation from the Thomas Fire, the Deamer family lost their Ventura home. After two years of rebuilding, they are happy to be back in their home.

Dr. Deamer is looking forward to making a positive impact at VDMH. "We should see dramatic improvements in adult and teen mood disorders, and significant progress in outcomes of those suffering from severe mental ailments, including addictions," he said.

Vista del Mar Hospital, which holds The Joint Commission Gold Seal of Approval for Hospital Accreditation, offers inpatient and outpatient programs for both adolescents and adults. The hospital specializes in stabilization and dual diagnosis for patients with mental illness and chemical dependency. In addition, Vista del Mar offers comprehensive outpatient services, including the Adult Partial Hospitalization Program, Adolescent/Adult Intensive Outpatient Program and the Adolescent Vista Day Program (partial hospitalization) to treat adolescence while maintaining academic responsibilities. The hospital also serves the military community with evidence-based therapies for active-duty military, veterans and their families. Vista del Mar Hospital is located in Ventura on 16 acres with ocean views.



## This 'n' That



An increasing list of surgeons trained to use da Vinci robots.

### CMH Grows Robotic Surgery Program with more trained surgeons, top-of-the-line robots

Community Memorial Hospital continues to grow and enhance its robotic surgery program with two da Vinci XI robots – the most advanced medical robot in use today – and an increasing list of surgeons trained to use da Vinci robots on more patients than ever before.

Combined with the state-of-the-art technology in our surgical suites in the new Ocean Tower, CMH continues to be a forward-thinking leader in state-of-the-art medical care, including robotic surgery. CMH was the first community-based hospital between Los Angeles and San Francisco to acquire the da Vinci Surgical System and now has the most surgeons on staff trained to use the da Vinci robot – 21 total – of any hospital located

between Pasadena and Monterey.

CMH surgeons perform a wide range of procedures using the da Vinci robots, including OB/GYN surgeries, general surgery, chest and lung surgery, and urologic procedures. “Our program has been in existence since 2005. With 21 da Vinci trained surgeons, we have one of the most robust programs at any community hospital in California,” said Dr. Marc Beagler, Medical Director of Robotics at Community Memorial Hospital. “We’ve done over 3,000 surgeries since the program started and completed 512 surgeries in 2019. With two top-of-the-line da Vinci XI robots, we expect this exponential growth to continue,” Dr. Beagler said.

Robot-assisted surgery was pioneered about 20 years ago in an effort to make surgery less invasive and less traumatic. “More and more surgeons are adopting this technology because it yields better patient outcomes,” Dr. Beagler continued.

CMH’s da Vinci robotic surgery program is also helping to train the next generation of robotic surgeons in CMH’s Graduate Medical Education Program. CMH uses a special da Vinci training console to train resident physicians in the General Surgery residency program, giving them the exposure and experience required to pursue robotic surgery as a specialty. CMH is one of only two hospitals between Pasadena and Monterey with the da Vinci teaching console and a graduate medical education program.

Community Memorial Health System is a not-for-profit health system, which is comprised of

Community Memorial Hospital, Ojai Valley Community Hospital, the Centers for Family Health, and various outpatient centers serving communities located within Ventura County, California.

#### Growing Works

*Continued from page 1*

Nursery Manager Jen Rodriguez as she works swiftly, filling “...our biggest orders ever.” Employees and volunteers water, select and trim plants. These workers have experienced mental health challenges, and have been through classes on life and work skills as well as hours of volunteering at the nursery.

Jason Meek, Executive Director of Turning Point, emphasizes the benefits, “One can easily see that Growing Works provides individuals experiencing mental illness with an opportunity to attain employment in an environment rich in support, care, and free from stigmatization.” It is part of their journey, he says “... to wellness and self-empowerment.”

Supervisor Linda Parks was the driving force behind this project, from the concept to finding the site, pitching the project to organizations and government, obtaining funding, even getting down and dirty cleaning out the on-site structure. As she says, “It was a multi-year labor of love.”

Dennis Perry, the Nursery Director recruited by Parks, laughs as he tells how he got involved. “Come to a meeting, they said...” Perry is a volunteer active with NAMI (National Alliance for the Mentally Ill) and “...grew up in the nursery business.” So, he was a natural fit for this task.

Perry says there were a number of challenges on the site, from sick trees to a warehouse full of furniture. He set up workdays with local students, the Carpenters’ Union, employees from companies such as Home Depot, and citizens who wanted to help. Everybody donated their time.

Parks gave the County a list of essential repairs to make the location functional and safe, and they set up a budget. She also organized donations of materials such as gravel, fencing, concrete blocks, Growing Works opened in 2019. In the first three months, 30-40 Behavioral Health clients came through for training and work. Tom Hayduk, Production Manager, chats while rooting plant cuttings; he says half of his job is to work with employees and members (trainees from Behavioral Health who may become employees.)

“Sales are good,” Hayduk says. “We need to cover our own expenses.” He wants to grow 75% of the plants from their own cuttings. Growing Works’ goal is to be self-sustaining both financially and environmentally.

Production is currently limited by water quality, but there is a brand-new water treatment apparatus on site, proudly shown off by Perry, that will soon be installed and functional so the nursery can expand. It was obtained through a grant from the Santa Monica Mountains Conservancy.

Georgia, a NAMI activist who had a son with mental illness, talks about how important it was to him to have a job. “I am proud of Growing Works; it is a positive force. Employees are proud of themselves, are a part of society, have dignity, and find strengths. They get support on a hard day.” It is a success because of “...strong skills with

strong partners.”

Growing Works is not open to the public. For information, to donate or volunteer go to [www.GrowingWorks.org](http://www.GrowingWorks.org).

#### CAPS Media crews win WAVE Awards

*Continued from page 1*

category), a Thomas Fire Stories episode featuring Vista Del Mar and Hawaiian Village (community issues category) and a Thomas Fire Stories episode featuring Ventura Chiefs Scott Quirarte, Michael Weisenberg and Todd Leake (magazine show category).

Ventura Producer and CAPS Media member Lea Welles took home an award for “Travel Today with Lea”: Scotsfest Highland Games,” in the sports coverage/community producer category.

ECTV Crews, members of the El Camino High School/CAPS Media career pathways program, won awards for “Healing Through the Arts,” in the best arts and entertainment youth category, for a program featuring in-depth profiles with Ojai artist Gayel Childress, Afghanistan graffiti artist Shamsia Hassani and musician Jab Dlamini. The ECTV team won a second W.A.V.E award for a bi-lingual program focusing on Gracie Perkal’s socially aware art, and Michael O’Kelly’s historic mural at the Ventura Mission in the talk show youth category.

ECTV “grads” Eleana Newton, now attending UC Santa Cruz, and Josh Brooks, now attending Cal State Monterey Bay, along with ECTV mentor Phil Taggart attended the ceremony and accepted the awards for the ECTV Crew. This is the fourth year in a row that the ECTV crew has won W.A.V.E awards at the annual ACM West conference.

ACM – the Alliance for Community Media, is a network of more than 3000 community media centers throughout the country. The common mission is to promote free speech and greater civic engagement through community media. In order for democracy to flourish, people must be active participants in their government, educated to think critically and free to express themselves.

CAPS Media (Community Access Partners of San Buenaventura) has been a member of ACM since CAPS’ inception in 2001. CAPS is Ventura’s public access television and radio center that fulfills a fundamental right guaranteed by the First Amendment. As a free society, the public has the right to have personal opinions published in the newspaper and on the airwaves. CAPS Media provides Member/Producers the vehicles to express themselves on television, radio and online. Some people refer to CAPS Media as Ventura’s electronic soapbox.

The highly professional and extremely friendly CAPS Media staff train members how to master the use of video cameras, editing equipment, production studio and radio station to produce their own story. Video production and training services are provided for an annual membership fee of only \$40. Training and use of the CAPS Radio facility (KPPQ 104.1 FM) requires an additional annual DJ fee of \$50.

New member orientation meetings are held the first Thursday of every month at 6pm at the CAPS Media Center at 65 Day Road in Ventura. Video camera, editing and radio classes are held on Thursday’s throughout the month. Go to [capsmedia.org/events](http://capsmedia.org/events) or call 805-658-0500 to learn how to register for upcoming classes and become a CAPS Media Member/Producer.

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- Expanded critical care capabilities with increased heart catheterization labs and ICU beds
- A dedicated maternal child health floor with a larger Neonatal Intensive Care Unit and an eight-bed pediatric wing



**Community Memorial Health System**

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# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

## Prowling arrests

Location #1: 6450 Auto Center Dr. (Ocean Honda) Location #2: 5455 Walker St. (Cal Coast Motor Sports)  
02/16/20 @ 0160 Hours  
02/16/20 @ 0359 Hours  
Suspect #1: Keith Dalzell, DOB: 01/30/84 Vagrant  
Suspect #2: Arturo Panchi, DOB: 06/14/95

On the above dates and time, the Ventura Police Department Command Center received a call from an alarm company reporting a video alarm being activated at Ocean Honda in the 6400 block of Auto Center Dr. It was also reported there was a subject on the property and checking the door handles of vehicles.

Officers responded to the call and after an extensive search of the dealership found the suspect, later identified as Keith Dalzell, hiding on the property. He was taken into custody without incident and arrested for prowling.

On the same date, at approximately 0359 hours, the Command Center received a call from an employee of Cal Coast Motor Sports in the 5400 block of Walker St. reporting a subject seen on video inside a fenced area of the business.

When officers arrived on scene, a subject later identified as Arturo Panchi, was seen running from the business. After a brief foot pursuit with officers, Panchi was caught and taken into custody. The investigation showed that Panchi was attempting to steal gas from the business. He was arrested for prowling, resisting arrest, petty theft and a warrant.

A review of the Ventura County Superior Court website shows that Dalzell has prior convictions for prowling, unlawful tampering of a vehicle, resisting arrest, under the influence of a controlled substance, and possession of paraphernalia. It also showed that Panchi has convictions for petty theft, possession of a controlled substance and paraphernalia, destroying evidence, and evading arrest.

## Shooting

On February 22, at 2:30am, the Ventura Police Department Command Center Received several 911 calls of gunshots heard in the area of the 100 block of East Center Street in Ventura. While officers were investigating, physical evidence was found at the scene that indicated a shooting did in fact occur. Officers conducted a canvas of the area, but no victim(s) were located.

## Shooting again

On February 22, the Ventura Police Department Command Center received several 911 calls of a shooting in the 100 block of Forbes Ln. Patrol officers, along with Ventura City Fire and AMR personnel, responded and found a victim suffering from a non-life threatening gunshot wound to his leg. He was treated at the scene by Ventura City Fire personnel, and immediately transported to a local hospital. The suspect was last seen by witnesses fleeing the scene in a dark colored vehicle.

The motive for this shooting is not known.

Anyone with information about this crime is asked to contact the Ventura Police Department at 339-4416.

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**2-4** 5:25pm, received a report of an illegally moored vessel at VHV C-dock. Officers responded and towed the vessel; the owner was not onboard.

**2-5** 7:50am, while on patrol, officers were dispatched to a brush fire near Riverhaven. Assistance was offered with transporting personnel and resources to the fire to assist with firefighting, then mop-up. The fire was extinguished.

**2-6** 7:30am, observed the H.R. Morris, the Manson Construction Company dredge inbound to Ventura Harbor for maintenance dredging.

8:30am, received report of a large fishing seiner hit the breakwall while it was returning to Ventura Harbor. The vessel suffered significant damage and was hauled out for inspection and repairs. The incident is under investigation.

8:50pm, received a report of a homeless man who threatened a wife and husband in their vehicle at VIM. The man fled the scene, PD was unable to locate him.

**2-7** 2:30pm, officers conducted Launch Ramp parking enforcement. Several vehicles were found in violation and were issued written warnings.

**2-8** 7:00am, while opening Harbor Cove beach lot, officers observed a large RV parked on Spinnaker obstructing the bike lane, oversized vehicle and camping. After a lengthy debate the individual was issued warnings for the violations.

10:30am, received a report of a domestic disturbance occurring on a vessel via a phone call. Ventura PD was contacted, and officers assisted with searching for the vessel. When it was located, the disturbing party was gone.

4:15pm, received a report of a Hazard to Navigation near the Ventura Pier, a large log. Officers responded in Rescue Boat 19 and took the flotsam en tow.

**2-10** 10:30am, received a report of a possible missing person at the Ventura Pier from Ventura PD. After an investigation it was determined that the clothing and personal belongings were thrown off the pier and that the individual was located.

**2-12** 11:50pm, dispatched to an assault in a parking lot near 1500 Anchors Way. Officers responded, staged and assisted the victim after PD cleared the scene. The patient was transported to the fishing vessel he worked on after the incident.

**2-13** 7:45am, while on patrol, officers observed a transient asleep near the curb at 1691 Spinnaker dr. Officers contacted the individual, making sure he was ok.

**2-15** 7:08am, received a report of a transient who broke into the VWM laundry room and is refusing to leave. Officers responded and assisted Ventura PD with removing the individual who was wearing clothes being washed.

1:35pm, received a "Mayday" call on VHF 16 from a motor vessel with mechanical failure near the Mandalay powerplant. Officers responded in Rescue Boat 19 to assist the distressed vessel. The vessel was located near Oxnard Shores and taken en tow until TowBoat U.S. arrived and took over the tow.

11:55pm, while on patrol, officers were alerted to a large group of transients near VWM from security. Officers assisted

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with removing the group of 10 transients near VWM that were loitering/trespassing on private property.

**2-16** 10:10am, while manning the operations center, observed a fishing lightboat operating in violation of speed/wake ordinance in the main channel. Officers were able to contact the skipper via VHF 11 and gain compliance.

12:30pm, while on patrol, officers observed a solid Northwest swell running along all the harbor beaches. Many rip currents were observed, and the water was less than ideal "looking" from harbor maintenance dredging. But the conditions were excellent for the NSSA surfing contest at the "New Jetty."



Police Unity Tour riders Retired Captain Paul Kofman, Officer Tyler Bevan, Officer Rebecca Kofman, Corporal Casey Sutherland, and Officer Greg Knupp to participate.

## Five Ventura Police Officers set to participate in the 2020 Police Unity Tour

On May 10, 2020, Ventura Police Corporal Sutherland and Officers Bevan, Knupp, Kofman, and Reginato will join more than 2,500 law enforcement officers from throughout the country for the 24th Annual Police Unity Tour Memorial Ride. All participants will bicycle along

varying routes, each nearly 300 miles, to the National Law Enforcement Officers Memorial in Washington D.C. This year, the Police Unity Tour- Southern California Chapter will have over 400 police officers representing California Highway patrol, Los Angeles County Sheriff's Department, and police departments from Alhambra, Beverly Hills, Burbank, Los Angeles, Palos Verdes Estates, Pasadena, and Ventura.

On May 13, 2020, the team will join over 50,000 people at the National Law Enforcement Memorial Candlelight Vigil. During the ceremony, the names of every officer who died in the line of duty in 2019 will be read and his/her name officially added to the Memorial, which already contains the names of over 21,000 fallen heroes.

The primary purpose of the Police Unity Tour is to raise awareness about the police officers who have died in the line of duty. The Police Unity Tour's motto is, "We Ride For Those Who Died." The funds raised for this event will go towards the National Law Enforcement Officers Memorial Fund. Since its inception in 1997, the Police Unity Tour has raised over \$25 million to support the Memorial. It is because of the incredible level of support from various communities that officers are able to participate in the 2020 Police Unity Tour and ensure that the heroes who made the ultimate sacrifice are not forgotten.

Corporal Casey Sutherland has been leading VPD's team for the past six years. "I ride because many years ago, an L.A. County Deputy and high school friend of mine was killed in the line of duty. I have carried his memory with me my entire career," said Corporal Sutherland. "I learned about the Tour from a co-worker who had ridden previously and once I rode in my first tour, I was hooked. It's an amazing way to honor those officers and their surviving family members and I'm proud to be a small part of it."

For more information about the Police Unity Tour Southern California Chapter, please visit [www.socalput.com](http://www.socalput.com). All donations to the Police Unity Tour are tax deductible (Tax ID#22-353-541).

**Weekly SUDOKU**

Answer

4	5	2	7	9	1	8	3	6
9	8	1	3	6	2	5	7	4
3	6	7	4	5	8	1	2	9
8	1	3	9	4	6	2	5	7
7	2	9	5	1	3	4	6	8
6	4	5	2	8	7	9	1	3
5	7	6	8	2	4	3	9	1
2	3	4	1	7	9	6	8	5
1	9	8	6	3	5	7	4	2

**King Crossword**

Answers

Solution time: 25 mins.

B	A	G	L	O	S	T	K	E	P	I	
E	K	E	L	A	V	E	R	I	C	O	N
A	I	L	W	A	T	E	R	D	O	W	N
U	N	T	I	I	F	N	D				
	B	F	T	A	A	F	G	I	S		
D	O	W	N	S	I	D	E	R	O	D	F
A	S	H	S	C	A	D	S	B	E	T	
B	I	O	B	S	I	D	E	D	I	S	H
S	O	A	R	S	R	A	V	E			
	A	A	H	F	E	B	O	N	Y		
D	I	S	H	W	A	T	E	R	M	O	O
A	D	A	M	L	A	V	A	A	S	K	
M	O	P	S	F	U	E	L	N	E	E	



# The Pet Page



**Dedicated to Scamp**

SPAN Thrift Store is providing \$10 spays and neuters for low income households with cats and dogs.

Two upcoming clinics in March are:

Wednesday, March 4th at Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard, 93036 and a second one in the SPAN Thrift Store parking lot 110 N. Olive St. (behind Vons on Main), on Wednesday, March 18th. Please call to schedule an appointment (805) 584-3823.

**From Woman's Day**

If you've ever seen a Chow Chow, then you've probably noticed its unique blue-black tongue. Chow Chows, as well as Chinese Shar-Peis, actually require a blue-black tongue in its breed standard. And, believe it or not, these breeds aren't the only ones who may display a tongue color other than pink. There are more than 30 dogs with black-spotted tongues, but contrary to popular belief, this doesn't indicate Chow Chow or Shar-Pei bloodlines in their breeding.

Just like with Chow Chows, Chinese Shar-Peis, and a few other breeds, solid blue-black tongues are caused by the same thing as spotted tongues: heavy pigmentation, according to the American Kennel Club. Pigmented spots on your dog's tongue are usually nothing to worry about. These darker spots are likely the result of microscopic melanin granules, which present themselves as flat, pigmented areas found on your dog's tongue, just like a human may have freckles or birthmarks. Many breeds have been known to display spotted tongues, but there are six dog breeds known for their black tongues, making them extra unique.

Cesar's Five Natural Dog Laws is this: "Energy Is Everything." It's how dogs — and all animals — communicate with each other and how they read our intentions and respond to us.

If you have dogs, you probably already know intuitively what their general energy level is; whether your dog is a hyper pup that needs to play all the time, or more of a couch potato that's happy with a slow walk and then a nap. But how can you tell whether a new dog's energy would be right?

When people ask Cesar what breed of dog they should adopt, he always steers them away from picking a specific breed, telling them instead to look for a dog with the right energy level — the same as or lower than the lowest energy level among your existing pack, whether it's only humans or you already have dogs.

So how do you know what a dog's energy level is? If you were a dog, you could tell immediately. But, since you're probably human if you're reading this, it takes a little

more effort and a lot of observation. Here are five things to do to figure out a dog's natural energy level.

Dogs see themselves as animal, species, breed, and then name, so a dog's breed is not the most important thing about them. However, their breed or mix can give you an idea whether they might lean toward higher energy.

Every dog is different depending on where they are, who they're with, and whether they've just come back from a long walk or have been cooped up all day. If the dog is at a shelter, you may only be able to visit and not take her out for a "test drive," but try to come at least once when the shelter is very hectic and again when it's very quiet to get an idea.

The walk is the perfect way to judge a potential dog's energy. Again, at the shelter you may only be able to do this in a limited way, or only watch a volunteer walk the dog, but you can learn plenty. Is the dog a puller, trying to drag the human along? Or does the dog seem reluctant to go on the walk, turning back almost immediately? How long does it take to wear the dog out? This is one of the two most direct ways to judge a dog's energy. Find out what kind of games the dog likes to play. Some are into fetch, some are into playing with rope or squeaky toys, and others are only into playing with other dogs

Is your potential dog the one that tries to engage in play with every other dog, racing from group to group, or does she prefer to watch from the sidelines, engaging only a few dogs for a polite greeting and sniff, and not much more? When the dog does play with others, does it always turn into a game of chase, or is it more focused on play bows and wrestling that ends quickly?

Dogs that have a lot more energy than their humans often don't get enough exercise. This is why it's very important to know your own energy levels, then know how to figure out a dog's energy level in order to find exactly the right one for your pack.

Are you committing a furry faux-pas when it comes to walking your dog? Probably, says the leader of one animal rights organization. Are you walking your dog the wrong way? PETA says you might be. Here's how to walk your dog safely.

PETA president Ingrid Newkirk explains how.

Rule number one: Keep your pet safe.

"This is a human-dominated world. We have to look after our pets," Ingrid said when asked if dogs should wear leashes. "I would go with a harness."

She went on to explain that "collars can cause a lot of problems," and reminded dog owners to "never" use a choke or prong collar.

Rule number two: Don't rush the process.

"Let your dog sniff!" Ingrid said. "That's their way they read the news, that's their

## Scamp Club

(Scampclub pets are not for adoption.)



"I wish we could be members of the Scampclub but we live too far away."

## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.

internet. Don't drag them along."

It's important to understand that going for a walk is "more than a bathroom break" for your pet.

"It's an excursion," the animal rights activist explained. "That's a very special occasion for a dog, to be outside and to smell and to look. They don't want to be stuck in a room all day with their legs crossed, hoping to go outside."

**Don't Overlook Dry Eye in Dogs**  
By Beth Mueller

Tears have an important role in keeping the eye healthy. They cover the cornea and wash away debris and infectious agents. They even have germ-fighting properties! When the eye's tear film—the thin but complex layer of fluid coating the eye—does not contain enough tears, dogs (and people) are subject to a condition known as "dry eye."

Dr. Bianca Martins, a board-certified ophthalmologist at the University of Illinois Veterinary Teaching Hospital in Urbana, says dry eye is the most common ailment she sees in dogs.

"Dogs with this condition typically have red eyes from irritation as well as some thick mucoid discharge. They will squint frequently and may blink excessively or keep their eyes closed," Dr. Martins says. Dry eye can be painful, so the animal may paw at the eye more than normal or shy away from the area being touched. These signs often occur in both eyes.

Dry eye usually shows up in dogs that are between 4 and 6 years old, but can happen at any age. Flat-faced breeds, such as shih tzus, pugs, and Boston terriers, are more likely to develop it.

There is a qualitative form of the condition, related to underproduction of a specific type of high-quality tear, but most dogs have a quantitative form of dry eye, in which the eye simply doesn't produce enough tears.

"Most veterinary clinics are able to perform a Schirmer tear test to diagnose dry eye. The test is performed by placing a sterile paper strip on the surface of the eye to measure how much tear is present," Dr. Martins explains.

**Mother Goose and Grimm**



**Buckles**



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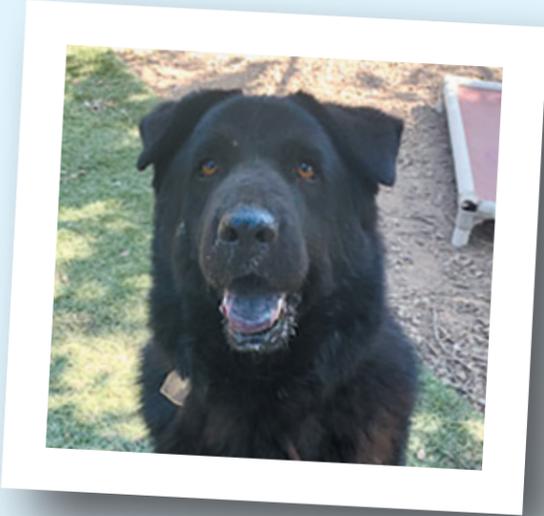
805.641.1170 110 A & B N. Olive St., Ventura CA 93001 [www.spanonline.org](http://www.spanonline.org)



# The Pet Page

## Forever homes wanted

Sweet soul Rocco is a 7 1/2-year-old Chow X awaiting his a new adventure. For a mellow guy he still enjoys playing outside and going for walks. Rocco likes to have all the love and attention at home so being an only child is what works for him. Canine Adoption and Rescue League C.A.R.L



Adoptable Elton is spreading the word that Ventura County Animals Services is offering an adoption special for the month of February. Any shelter bunny that is available for adoption and already spayed or neutered can be adopted for \$14. Elton is a sweet and handsome boy who is eager for a family of his own. To meet Elton and learn more about this month's adoption special, please visit VCAS at 600 Aviation Drive in Camarillo and ask for ID #A710924.



Presented by  VENTURA WATER.

**WATER TAKE 1**

The 8th Annual Water: Take 1 Film Festival presents water-themed short films that showcase critical water issues as well as community efforts in water conservation, resource management, and sustainability.

Join us **Thursday March 12, 2020**  
6:00 pm for **Drinks & Appetizers**  
**Ventura County Museum**  
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# This 'n' That

## Sustainability through soil health

The Thelma Hansen Fund along with University of California Agriculture and Natural Resources (UC ANR) will host a morning of research updates and speakers focusing on soil health and agricultural sustainability. The Symposium will take place on Thursday February 27 from 8 am until 12 noon at the Crowne Plaza Hotel at 450 E Harbor Boulevard in Ventura.

"Soil is the basis for plant growth and essentially a non-renewable resource. We need to understand what soil health means in the context of the local climate and soil type, and how agricultural practices can promote long-term health of the soil and the environment" said Dr. Annemiek Schilder, Director of UC Cooperative Extension (UCCE) Ventura County and the Hansen Agricultural Research and Extension Center (HAREC).

The local agricultural community and public is invited to hear presentations including: Sustainability Through Sound Fertilization and Irrigation Practices by Dr. Andre Biscaro, Irrigation and Water Resources Advisor at University of California Cooperative Extension (UCCE) Ventura County

Soil Health Assessment and Management: Lessons from the Arid and Semiarid Southwest by Dr. John Idowu, Extension Agronomist & Associate Professor at New Mexico State University

Research in the San Joaquin Valley by Dr. Jeffrey Mitchell, UC ANR Cropping Systems Specialist at Kearney Agricultural Research & Extension Center.

"The Research Symposium will highlight local research supported by the Thelma Hansen Fund and relevant research done in other regions" Schilder continued.

Advanced registration is requested, but there is no cost to attend this event. Register online at [ucanr.edu/vcsym](http://ucanr.edu/vcsym)

The Thelma Hansen Fund is a University of California (UC) endowment that supports and maintains University research and extension activities for the sustainability and benefit of agriculture and natural resources in Ventura County. Research opportunities are open to UC and non-UC researchers, educators, federal, state, and local public agencies, non-profit organizations, consultants, resource conservation districts, commodity research boards, growers and other interested parties.

UC ANR in Ventura County is comprised of the UCCE Ventura County and the UC Hansen Agricultural Research and Extension Center. For more information, please visit [ceventura.ucanr.edu](http://ceventura.ucanr.edu)

### New Church of Scientology opens

*Continued from page 1*

Barbara County; John Chavez, Voluntary Agency Liaison, Federal Emergency Management Agency (FEMA); and Barbara Gaughen-Muller, President of the Tri-County United Nations Association.

In highlighting the Church's work toward environmental responsibility,

Councilman Gama described L. Ron Hubbard's nonreligious moral guide, The Way to Happiness, as having "the power to get people into action." He went on to state: "Your Way to Happiness volunteers have already been out with us all along Ormond Beach at our cleanups. From early morning until we're done for the day, you are there taking care of our precious environment and helping it to thrive.... So not only will this new Church help preserve all that is good about our incredible home, it will be a beacon inspiring an even better environment, better neighbors and a better community for us all."

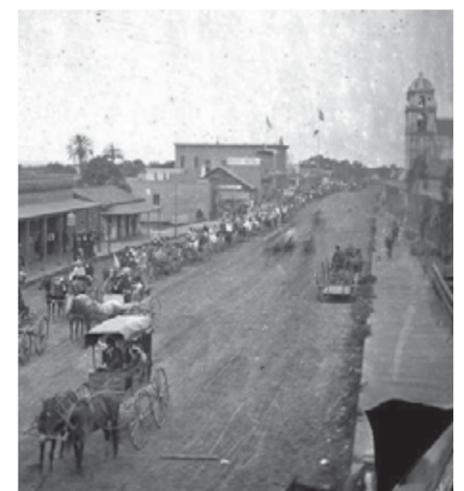
The striking new facility provides the region with an introduction to Dianetics and Scientology, beginning with the Public Information Center. Its displays, containing more than 500 films, present the beliefs and practices of the Scientology religion and the life and legacy of Founder L. Ron Hubbard.

The Information Center also offers a detailed overview of the many Church-sponsored humanitarian programs—including a worldwide human rights education initiative, far-reaching drug education, prevention and rehabilitation programs; a global network of literacy and learning centers; and the Scientology Volunteer Minister program, which has become one of the world's largest independent relief forces. The Center is open morning to night for visitors to tour at their leisure and return as often as they wish.

This past decade has seen the

opening of new Ideal Orgs across the US, including New York City, Harlem, Buffalo, Washington, DC, Atlanta, Tampa, Orlando, Miami, Nashville, Cincinnati, Columbus, Detroit, Twin Cities, Kansas City, Dallas, Denver, Salt Lake City, Phoenix, Las Vegas, Portland and Seattle. The opening of Ventura's new Ideal Org marks the 12th to open in the state of California—Los Angeles, Sacramento, San Francisco, Los Gatos, San Jose, Silicon Valley, San Fernando Valley, Pasadena, Inglewood, Orange County and San Diego.

To disseminate Scientology's message still further and answer the interest about the religion, the Church launched its own satellite TV channel, Scientology Network, on DIRECTV Channel 320, which also live streams at [scientology.tv](http://scientology.tv), as well as on multiple platforms in 17 languages across 24 time zones.



Looking west on Main Street, circa 1890.



by Pam Baumgardner  
VenturaRocks.com

The Ventura Music Festival announced their 2020 lineup recently. Most of the events will be held at the Ventura College Performing Arts Center (VCPAC); but the ever-popular Tea & Trumpets will once again be held at the Pierpont Inn on July 23, and their annual free event will be held at Mission park on July 30 featuring Adaawe, seven women of the voice and drum featuring music from West African roots with Gospel harmonies and American funk. The other performances at VCPAC including Aubrey Logan, an American pop and jazz singer and trombone soloist; Time for Three; Andrea Roberto, Django Festival Allstars, Tom Scott & LA Express and Sean Chen. Tickets go on sale April 13 at [www.VenturaMusicFestival.org](http://www.VenturaMusicFestival.org).

Meanwhile, the Ventura Music Festival has a special event on March 22 featuring seven gifted musicians from Austria called Mnozil Brass, noted as "the Monty Python of the musical world." This concert will be held at Rancho Campana Performing Arts Center in Camarillo.

Formerly known as Champagne on Main, the Spring Wine Walk & Street Fair will be here before you know it. The street fair is always open and free to the public, but to be a part of the wine walk you will need to buy tickets. The event falls on Saturday, March 28. Get your tickets at [www.Spring-WineWalk.com](http://www.Spring-WineWalk.com).

Quick Notes: enjoy some pub rock with Sock Monkey at Red Cove, on Thursday, February 27; Grady's Records has an in store performance on Friday, February 28, with Eugene Chadbourne and Daniel Masiel; the Vonettes with the Swizzlers play an early show (6 pm) at Bombay's on Friday, February 28; Solvang's La Grimmas plays a punk show with Up Your Gut and Defeating the Purpose at the Garage on Friday, February 28; Concrete Jungle Brewing is hosting an "Into the Wild" art show on Saturday, February 29, with Omega Nova playing; you can catch Cinnamon Whiskey at Duke's at the beach on Saturday, February 29; the Midtones play Peirano's on Saturday, February 29; Caffrodite Community Collective has a songwriter's showcase on Sunday, March 1 with Liz Nash, Kathy Kamath, Don Horn and others; check out Sunday Funday, March 1, at Four Brix Winery featuring Mark Masson; Rachel Flowers returns to Ventura for a jazz show at the Winery Ventura on Sunday afternoon, March 1; Los Cool Arrows plays the Ventura Theater on Saturday, March 7; and finally, Second Sunday Supper on March 8 has Shaky Feelin' at Plan B Winery.

The Jazz community lost a good one this past month when Ken Winter passed away. A former jazz writer and a World War II veteran, he was a gem and a gentleman and I always enjoyed hearing his tales of the many jazz shows he had seen over the years.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to [Pam@VenturaRocks.com](mailto:Pam@VenturaRocks.com). For updated music listings daily, go to [www.VenturaRocks.com](http://www.VenturaRocks.com).

## Music Calendar

For more events go to [VenturaRocks.com](http://VenturaRocks.com)  
All Venues Ventura, unless otherwise noted.

### Boatyard Pub

#### Ventura Harbor Village

Tuesday-Thursday 6 pm, Friday & Saturday 7 pm

Mondays: Milo Sledge  
Thursdays: Jim Friery, Bluegrass Jam  
Wed 2/26: Karen Eden  
Fri 2/28: Teresa Russell & Stephen Geyer  
Sun 3/1: Oleanderfalls  
Tues 3/3: Frank Barajas  
Wed 3/4: Finnhead Dave  
Fri 3/6: Two's Company  
Sat 3/7: Epitome of Dreams  
Sun 3/8: Jon Gindick  
Tues 3/10: Shoebreak

### Bombay Bar & Grill

#### 143 S. California Street

Thursdays, Friday & Saturdays: DJs  
Fri 2/28: The Vonettes, The Swizzlers (6 pm)  
Sat 2/29: Herbal Rootz, Lay Low, BombaFiya (6 pm)

### Café Fiore

#### 66 S. California Street

Wed 2/26: Big Adventure  
Fri 2/28: Instone  
Sat 2/29: Otis Hayes

### Caffrodite

#### 1987 E Main Street

Sun 3/1: Liz Nash, Kathy Kamath, Don Horn, Carlo Logan (11 - 1 pm)

### Camarillo Barrelworks

#### 126 Wood Road, Suite 104

#### Camarillo, CA

Music 7-10 pm

Sat 2/29: Vinyl Rendition

Sat 3/7: Sandy Haley

### Cantina 31

#### Limon y Sal

#### 598 E. Main Street

Saturdays: DJ

Sundays 1-4: Instone

### Casa Bella

#### 391 E. Main Street

Thursdays: Danny D.

### The Cave

#### 4435 McGrath Street

5:30 - 8:30 pm

Weds & Saturdays: Varon Thomas

Thurs & Fridays: Warren Takahashi

### Concrete Jungle Brewing

#### 4561 Market Street

Sat 2/29: Omega Nova (6 pm)

### Copa Cubana

#### Ventura Harbor Village

Music 7 pm; Sat 11 am; Sundays 3 - 6 pm

Tuesdays: The Jerry McWorter Trio

Thursdays: The Gypsy Blues Band

Sun 3/1: Brandon Ragan

Sun 3/8: House Arrest

### Dargan's Irish Pub

#### 593 E. Main Street

Music: 4pm

Sun 3/1: The Sunday Drivers

### Discovery

#### 1888 Thompson Blvd

Fri 2/28: Nearvana

Sat 2/29: Twisted Gypsy

Sat 3/7: Dr. Know, IDecline, Nothing Special

### Duke's Griddle n Grill

#### 1124 S. Seaward

Wednesdays: Karaoke

Sat 2/29: Cinnamon Whiskey (6:30 pm)

### El Rey Cantina

#### 294 E. Main Street

Fridays & Saturdays: DJ

Sat 2/29: Uproots

### Four Brix Winery

#### 2290 Eastman Avenue

Fridays 6 pm; Sundays 1 pm

Fri 2/28: Johnny & the Love Handles

Sun 3/1: Mark Masson

Fri 3/6: Doc Ventura

### The Garage

#### 1091 Scandia Avenue

Thursdays: Open Mic w/ Spencer

Fri 2/28: La Grimmas, Defeating the Purpose,

Up Your Guts

Fri 3/6: Disrupted Euphoria, Anti-Hero,

Deified, Pain of Ruin, CFTC

### Grady's Records

#### 2546 E. Main Street

Fri 2/28: Eugene Chadbourne, Daniel

Masiel

### Grapes and Hops

#### 454 E. Main Street

Wed 6-9, Fri & Sat 8 pm, Sun 4 pm

Tuesdays: Tango Tuesdays

Thursdays: Vinyl Night

Wed 2/26: Bluegrass Jam

Fri 2/28: Mark Masson & Friends

Sat 2/29: Morganfield Burnett & da Blues

Fri 3/6: The Tossers

Sat 3/7: Brian Faith Band

Sun 4/1: Bob Bishop

Fri 3/6: The Tossers

Sat 3/7: Brian Faith Band

Sun 3/8: Mood Swing

### The Hong Kong Inn

#### 435 E. Thompson Blvd

Tuesdays: Open mic (6-10 pm)

Wednesdays: The Get Down Jam

Fri 2/28: IDecline, The Hell Toupees,

Nothing Special

Sat 2/29: Change Today, Detoxi, The Wraith

### Keynote Lounge

#### 10245 E. Telephone Road

Tues, Wed and Sun: Karaoke

Thursdays: Open mic night

Fri 2/28: Whiskey Business

Sat 2/29: Sin Chonies

Fri 3/6: Crooked Eye Tommy

Sat 3/7: Red Rhythm

### Leashless Brewing

#### 585 E. Thompson Blvd.

Tues: Open Mic, The Listening Room

Fri 2/28: Kyle Smith

Sat 2/29: Jeff Joslin

Fri 3/6: Jacob Marquez

Sat 3/7: Same Mother, Same Father

### Made West Brewing

#### 1744 Donlon Street

Thurs 6 pm; Sat 11 am - 9 pm; Sun 1 - 7 pm

Thurs 2/27: RJ Bloke

Sun 3/1: Ben Schneid

Thurs 3/5: Lauren Hall

Sat 3/7: The Collective

Sun 3/8: Alec Ledbetter

### Majestic Ventura Theater

#### 26 S. Chestnut Street

Sat 3/7: Cool Arrows, Grupo Taxi, Los

Mixos, Alex Arriaga

### Margarita Villa

#### 1567 Spinnaker Drive

Fri 2/28: John Young

Sat 2/29: Freedom of Expression

Sun 3/1: Blue Motel Room

Sat 3/7: Vinyl Gypsies

### Orozco's de Ventura

#### 839 E. Front Street

Fri & Sat 5 pm: Victor and Artis

### Paddy's

#### 2 W. Main Street

Wednesdays: Karaoke

Fri & Sat: DJs

### Peirano's Delicatessen

#### 204 E. Main Street

Music: 6-8, Sundays Noon - 2

Sundays: The Swillys

Sat 2/29: The Midtones

### Plan B Winery

#### 3520 Arundell Circle

Sun 3/8: Shaky Feelin'

### Poinsettia Pavilion

#### 3451 Foothill Road

Mon 3/2: Dick Parent Band

### Prime

#### 2209 E. Thompson Blvd

Tuesdays: Danny D.

### Red Cove

#### 1809 E. Main Street

Thurs 2/27: Sock Monkey

Sat 3/7: When the Broken Burn, Legends

Shall Fall, Eyes Out, Senior Year, New Leaf

### Sandbox Coffeehouse

#### 204 E. Thompson Blvd

805-641-1025

Thurs 6 pm, Weekends noon

Thursdays Open Mic

Sat 2/29: Tyler

Sun 3/1: Eric & Friends

Sat 3/7: Andre Flores

### Sans Souci

#### 21 S. Chestnut

Sundays: DJ Darko

Mondays: Karaoke w/ Brian Parra

Tuesdays: DJ Nick Dean

Wednesdays: Open mic

Thursdays: DJ Spinobi

Fri 2/28: Seaside Band

Sat 2/29: Focke Wolves, The Overrides,

Transers

### The Shores Restaurant

#### 1031 Harbor Blvd, Oxnard

Thursdays: Karaoke

Fri 2/28: Bad Habits

Sat 2/29: A Shore Things

### The Star Lounge

#### 343 E. Main Street

Thursdays: DJ Terry

Fri 2/28: Reign

Sat 2/29: Vanise Terry Band

### The Sushi House

#### 1127 S Seaward Avenue

Music 1 - 3:30 pm

Saturdays: Gary Ballen

### The Tavern

#### 211 E. Santa Clara Street

Sundays: DJ

Thursdays: Get Right DJ

Sat 2/22: The Black Stripes

### Topa Mountain Winery

#### 821 W. Ojai Avenue, Ojai

Music: 3-5 pm

Sat 2/29: Brandon Ragan Project

Sun 3/1: Conner Cherland

Sat 3/7: Rich Sheldon

Sun 3/8: Karen Eden

### Ventura Harbor Comedy Club

#### 1559 Spinnaker Drive

(Music follows comedy show, around 9 pm)

Fri 3/6: Brian Faith Band

Sat 3/7: Johnny & the Love Handles

### Winchester's

#### 632 E. Main Street

(805) 653-7446

Music at 7:00 pm; Sundays at 5 pm

Fri 2/28: Sean Wiggins

Sat 2/29: James Broz

Sun 3/1: Acoustic DNA feat. Dave Rea

Fri 3/6: Mark Masson

Sat 3/7: The Tossers

Sun 3/8: Acoustic Crossroads w/ Tommy

Marsh

### The Winery Ventura

#### 4756 Market Street

Thurs - Sat 7-10; Sundays 1 pm

Wed 2/26: Beers Brothers Open Mic

Thurs 2/27: Molly Miller Trio

Fri 2/28: Barrelhouse Wailers

Sat 2/29: Bejamington (2 pm); Fred

Kaplan Band (7 pm)

Sun 3/1: Rachel Flowers & Friends

### 1901 Speakeasy

#### 740 South B Street, Oxnard

Tues - Thurs 6 pm; Fri & Sat 7:30 pm

Tuesdays and Thursdays: Mark McKinney

Wednesdays: Open mic

Fri 2/28: Isla Vista Jazz

Sat 2/29: Karen Eden



Ventura Master Artist **Tony Jankowski** painted his cat Mitzi to be exhibited at the Santa Paula Art Show from March 10 until April 18. Tony explains “Mitzi was my best friend and companion for the last 17-years and will be remembered for the rest of my life.”



“Cognoscere,” oil on canvas by Buenaventura Art Association member **Jacqueline Moore**.

Duane Eells, “Boundless”  
 Fox Fine Jewelry presents Boundless, an art show with **Duane Eells** and **James Perucci** from March 12 to May 10, with an Art Reception on March 14 from 6 – 8 pm.

Duane Eells started growing his passion for art at a young age when his mother enrolled him in an oil painting class at age 10. Now living in Ojai, Eells, an Ojai Studio Artist, enjoys painting the human form. His current work of dancers captures the motion of their movement in stillness.



James Petrucci works predominantly in oil, creating abstract landscapes that are incredibly evocative through his brushstrokes and use of color. Petrucci grew up in Santa Barbara and now lives in Ojai, where he is an Ojai Studio Artist.

Show information: <http://bit.ly/Eells-Petrucci>  
 Fox Fine Jewelry  
 560 East Main Street  
 (805) 652-1800



A Moment of Mentor, oil, Aliza Bejarano  
 Buenaventura Art Association will present “Connecting,” an exhibition of paintings by **Aliza J. Bejarano**, March 5-29 at its gallery in Studio 30 at Bell Arts Factory on Ventura Avenue.

The solo show will feature some small oil-on-canvas works by Bejarano, who joined Ventura’s creative community after earning a Bachelor of Fine Arts degree in drawing and painting from California State University, Long Beach, in 2018.

Also at the gallery during those March dates will be a members’ choice show, in which BAA artists will showcase their styles and subject matters. A reception for both shows will take place 6-9 p.m. March 6 during Ventura’s monthly First Fridays gallery open house.

In addition, Bejarano teaches a weekly class on Figure Drawing at Bell Arts Factory that meets 6-8 p.m. Wednesdays. She produces her own art in Studio 79.

Examples of both her artwork and artistic process can be found online at [alizabejarano.com](http://alizabejarano.com) and [@aliza\\_b\\_](https://www.instagram.com/aliza_b_) on Instagram.

Buenaventura Gallery at Bell Arts Factory, 432 N. Ventura Ave., Ventura, is

open 11 a.m. to 4 p.m. Thursdays through Sundays. For more about the 66-year-old nonprofit cooperative and its programs, visit [www.buenaventuraartassociation.org](http://www.buenaventuraartassociation.org) or call 805-648-1235 during gallery hours.



“Nishta” graphite and charcoal on paper by Buenaventura Art Association member **Siyooj Maroly**.



Dab Art is pleased to present ABSTRAKT, a group exhibition by new curator **Uta Culemann-Ritke** at H Gallery in Midtown Ventura. 1793 E Main St. Opening Reception | Friday, March 6, 6-10pm.

Germanically titled in honor of Uta’s home country, ABSTRAKT is simply indicative of the show’s genre. The selection of work featured in the exhibit is dramatically more contemplative than literal. Uta’s principal exhibition is indicative of her passion for abstract art and affinity for high design. Utilizing H Gallery’s vintage charm as a backdrop, the works selected for ABSTRAKT creates a winsome experience for the viewer. The opening of ABSTRAKT also marks H Gallery’s return to First Friday’s Ventura.



# Lighter Breeze

## Mother Goose and Grimm



## Baby Blues



## Crock



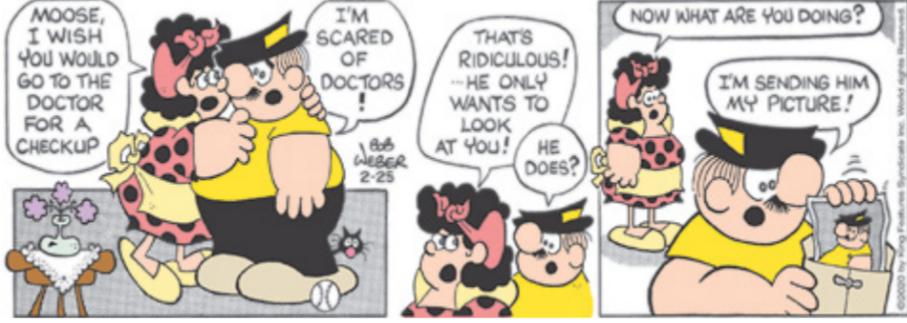
## Tiger



## Beetle Bailey



## Moose and Molly



Solutions on page 17

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

	5	7				6
		1		2		7
3			5	1		
8			4	6		5
	2		1			8
		5	2		9	
	7			4		9
2			1		6	
		8		3		2

**Weekly SUDOKU**  
by Linda Thistle

Place a number in the empty boxes in such a way that each row, column, diagonal, and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦♦♦**

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

Solutions on page 17

# King Crossword

### ACROSS

- 1 Satchel
- 4 Nowhere to be seen
- 8 Visored military cap
- 12 — out a living
- 13 State
- 14 Object of worship
- 15 Have a bug
- 16 Dilute
- 18 Up to
- 20 Finish
- 21 Second letter
- 24 Sponsorship
- 28 Negative aspect
- 32 Took the bus
- 33 Fire residue
- 34 Oodles
- 36 Wager
- 37 Amorphous lump
- 39 Onion rings, e.g.
- 41 Takes to the skies
- 43 Carry on
- 44 'That feels so good!'
- 46 Black board?
- 50 Exemplar of dullness
- 55 Cattle call
- 56 Leading man
- 57 Volcanic flow
- 58 Request
- 59 Floor cleaners
- 60 Gasoline, e.g.

1	2	3		4	5	6	7		8	9	10	11		
12				13					14					
15				16					17					
18				19				20						
				21	22	23		24		25	26	27		
28	29	30					31		32					
33				34				35		36				
37				38				39		40				
41				42				43						
				44				45		46		47	48	49
50	51	52						53	54			55		
56								57				58		
59								60						61

### DOWN

- 1 Suitor
- 2 Related
- 3 Moolah
- 4 Anarchic
- 5 Eggs
- 6 Prepared
- 7 Genealogy chart
- 8 Actress Margot
- 9 'Green' prefix
- 10 'Bam!'
- 11 Hostel
- 17 Genetic stuff
- 19 — Saud
- 22 Iwatches
- 23 Fire-fighting legend Red
- 25 Asian desert
- 26 Mid month date
- 27 Green or Rogen
- 28 Slight touches
- 29 Norway's capital
- 30 'Halt!'
- 31 Icelandic poetry
- 35 More than just a few
- 38 Lullaby composer
- 40 Society newbie
- 42 Tool with teeth
- 45 50 percent
- 47 Muscat's land
- 48 Small winning margin
- 49 Oxen's harness
- 50 Water barrier
- 51 Berlin's 'What'll —?'
- 52 Potential syrup
- 53 Greek cross
- 54 56-Across' partner

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**LIBRA** (September 23 to October 22)  
An idea that could be helpful to you comes from an unlikely source. Listen to it. Discuss it. If necessary, adjust it. If it looks as if it might work out quite well, go ahead and use it.

**SCORPIO** (October 23 to November 21)  
Be careful about allowing someone to share a very personal secret with you. This could cause problems down the line with others who are involved in that person's private life.

**ARIES** (March 21 to April 19)  
There could be some negative reaction to your tough stance when making a recent decision. But overall, your efforts result in well-earned recognition and all that can follow from that.

**TAURUS** (April 20 to May 20)  
Your financial situation seems confusing, even for the fiscally savvy Bovine. Maybe it's the conflicting advice you're getting. Check it out before things get too tangled to unknot.

**GEMINI** (May 21 to June 20)  
A relaxed attitude goes a long way in helping you deal with any of life's irritants that might be popping up this week. You're also a reassuring role model for others in the same situation.

**CANCER** (June 21 to July 22)  
Your aspect favors creativity, which should persuade you to work on your artistic projects. If time is a problem, prioritize your commitments so that your work isn't compromised.

**LEO** (July 23 to August 22)  
Scrutinize all the job offers that interest you. Most are honest and worth considering. But a few might not be completely forthcoming about what the job is and what the salary and benefits are.

**VIRGO** (August 23 to September 22)  
An unexpected snafu could delay the completion of a project you're eager to finish. Find out what's causing it, fix it, and if you need help, don't be shy about asking for it. Good luck.

**SAGITTARIUS** (November 22 to December 21)  
A cooling down of a relationship could be the result of neglect, unintended or not. To save it from icing over, you need to warm it up with a large dose of hot Sagittarius passion.

**CAPRICORN** (December 22 to January 19)  
This is a good time to get involved with a number of family matters that involve money and other issues that might jeopardize the closeness between and among family members.

**AQUARIUS** (January 20 to February 18)  
Cheer up. That difficult person who appears to be deliberately stalling your project might just need to be reassured of the value she or he brings to it.

**PISCES** (February 19 to March 20)  
Good news! Expect to feel re-energized now that you've gone through that stressful energy-depleting period involving a lot of changes. Now, go out there and show them what you can do.

**BORN THIS WEEK:** You have a warm, giving nature that inspires many to follow your example.

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## Showtime

A View from House Seats

### Viva La Femmes en Révolution!

by Shirley Lorraine

Santa Paula Theater Center opens its new season of thought-provoking staging with *The Revolutionists* by Lauren Gunderson. Now hailed as the current most produced living playwright, Gunderson's writings have garnered many awards. SPTC's season offerings all fall under the heading of "that's what she said" featuring works by outstanding female playwrights.

*The Revolutionists* is a generous mix of philosophy, history, equality entreaty and fantasy. The rapid-fire dialogue and energy of the characters, in addition to following the multi-layered action, kept me intensely focused. And sometimes confused.

Set during the French Revolution of 1793-1794, the play centers around activist and feminist playwright Olympe De Gouges. She is working on what she hopes is a definitive statement of feminist rights and encounters writers' block.

As she struggles with her creativity, she is joined by several other women who each desire that De Gouges write something to secure their specific standing in history. Each wants to be remembered in a positive light for their accomplishments.

De Gouges is visited by Marianne Angelle, a Caribbean rebel/activist/spy who is fighting to end slavery. Angelle, a composite character, voices concerns for her people, mounting logical arguments and desiring the writer devise a pamphlet for her cause.

They are interrupted by Charlotte Corday, famous for murdering French political leader Jean-Paul Marat, an act that she considers she is doing "for the women of France." She wishes a strong final statement written for her as she stands at the guillotine.

Joining them then is deposed Queen Marie Antoinette, portrayed in history in an indelicate light. She, recognizing that her historical legacy will be skewed, would like the writer to highlight her positive con-

tributions before she, too, is beheaded.

De Gouges works hard to accommodate each, all the while expounding her own statements about the importance of theater and its influences. She is fierce in her appeals for women's rights and is heartily booed at the National Convention for her convictions.

Each character is so different they are fascinating to watch as an ensemble. Sarah Broughton takes on the central role of Olympe De Gouges with panache. At times overly theatrical and pontificating, she maintains the focal point throughout.

Juliana Acosta plays Marianne. Her character appears the most level-headed of the four, stating her desires with purpose and logic. She presents an air of competent calm, giving a nice contrast to the flighty characterization of Marie Antoinette by Aileen-Marie Scott. Scott is resplendent in beautiful wig and gown, obviously having a ball with her outrageous depiction. She is a delight to watch.

The single-minded Charlotte Corday is embodied by Rosie Gordon, who gives a highly focused and chilling performance.

The actors are all outstanding. The piece itself is highly relevant at its core to today's society (history does tend to repeat itself), recognizing the underplaying of women's roles throughout history and the continual struggle for equality.

Direction by Jessi May Stevenson conveys the similarities in the characters' challenges, while amplifying their differences.

This is a complex piece that bears introspection and scrutiny.

*The Revolutionists* plays Fridays and Saturdays at 8 p.m., Sundays at 2:30 p.m. through March 15. Santa Paula Theater Center, 125 S. Seventh Street, Santa Paula. Tickets available at [www.santapaulatheatercenter.org](http://www.santapaulatheatercenter.org), [sptcboxoffice@gmail.com](mailto:sptcboxoffice@gmail.com) or 805-525-4645.

Movie Review by Cindy Summers

### Call of the Wild



Breeze rating from 1 to 4 palm trees, 4 being best.

Based on the book written by Jack London, "Call of the Wild" chronicles the wild adventures of a special St. Bernard/Scotch Collie named Buck, who's both big in size and in heart, and how he went from a cushy California life, to leading a sled dog team and later becoming leader of the pack and his own life as well. Released by 20th Century Fox, Directed Chris Sanders, written by Michael Green and Starring Harrison Ford as John Thornton.

Buck was a very large, rambunctious dog owned by the local judge in a small California town. He got into trouble and was sent to sleep out on the porch where he was dognapped due to a big bounty on big dogs used in the Yukon to haul gear for gold miners. It was a long confusing journey for Buck, first on a boat, then a long hike in snow, which he had never felt before, to reach a settlement in the Alaskan Yukon during the 1890s Gold Rush. The outpost was Buck's first interaction with John Thornton (Harrison Ford) when Thornton unknowing dropped his harmonica, which Buck saw and followed to return to him.

Buck's next owner, Perrault (Omar Sy), was kind and patient with Buck's transition to becoming part of a sled dog team that carried mail to remote outposts. Buck was a natural leader, but not leader of the sled dog team, though after a challenge took on that role. Buck was brave and caring for the other sled dogs and his caretakers, even saving Perrault's girlfriend when she fell through the ice and was trapped under a frozen lake. Due to the telegraph coming to the Yukon, Perrault lost the mail route and Buck's team was sold.

Unfortunately, a rich jerk, Hal, who brought a ton of stuff for convenience living to search for gold bought Buck's team to carry the heavy load. Hal ran the sled dogs to exhaustion, and abused them until they could go no further. This is when Buck crossed paths with John Thornton again, who took him back to his cabin where Buck slept for two days to recover.

Thornton had come to the Yukon because he has lost his son and just wanted to be away from people and experience the adventure of the outdoors, so they set off to find places not on the map. They came across an old miner's cabin and claimed it as their own, though after a while Buck became bored with human interaction and decided to go off into the woods to spend time with the wolves, spending more time away with each passing day.

One day, while Buck was away, Hal found their cabin and thinking he had been fooled ambushed and shot Thornton, also causing the cabin catch fire. Buck heard

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*Il Postino*  
(The Postman)  
DANIEL CATÁN

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lobero.org March 8, 2:30pm

Tickets & Round-Trip Bus Transportation for March 8 performance available with City of Ventura.  
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ZACH MENDEZ PHOTO

the gunshot and rushed to the cabin and attacked the bad guy, pushing him into the blazing cabin and killing him. Thornton succumb to his injury and passed away in Buck's arms, and though Buck was sad he now had a new family with the timber wolf pack and became a legend.

"Call of the Wild" is quite a thrilling adventure story about a special dog, however the CGI is seriously distracting, often unrealistic and a surprise to seemingly most movie goers hearing their comments leaving the theater. Given the fact that there have been several successful films with similar storylines using actual live animals such as "Eight Below" and "Snow Dogs", choosing CGI seems a disappointing, lazy waste.

PG (for some violence, peril, thematic elements and mild language)  
110 minutes

### Transportation offered to attend performance of Opera Santa Barbara

In a pilot program to make opera more accessible to Ventura County residents, Opera SB will be offering bus transportation through the Ventura County Parks & Recreation Department to the Sunday Matinee performance of its first opera sung in Spanish, *Il Postino* (The Postman) by Mexican-American composer, Daniel Catán, on Sunday, March 8, 2020 at 2:30pm at the Lobero Theatre, 33 E Canon Perdido St.

As part of Opera SB's ongoing commitment to civic practice and creating more opportunities for Santa Barbara and its surrounding communities to experience opera,

removing practical barriers like financial constraints and venue transportation has been a top priority this season.

"With a dedicated opera fan base in communities like Ventura and Oxnard for the company's ongoing series of Free Noontime Concerts, creating easier access to attend the live, mainstage productions was a natural next step for Opera SB," noted Kostis Protopapas, Artistic and General Director of Opera SB.

Tickets for the *Il Postino* performance with roundtrip busing included are being offered for \$95 per person. For information about this trip, please view the Spring 2020 Tour Brochure at: <https://www.cityofventura.ca.gov/DocumentCenter/View/19665/Travel-Brochure-SPRING-2020>

The opera bus leaves from the parking lot directly behind the Ventura City Hall, 501/505 Poli St., at 12pm and returns at 6pm.

Registration for the bus and performance can be made through the Ventura Parks and Recreation Department:

1. Online: [www.cityofventura.ca.gov/register](http://www.cityofventura.ca.gov/register)
2. Over-the-Phone: 805-658-4726
3. In-Person: City Hall, 501 Poli St., Room 226

For those who do not need bus transportation, tickets can be purchased through the Lobero Theatre at [lobero.org](http://lobero.org) or by phone at (805) 963-0761.

The sounds of the Mediterranean come alive in Daniel Catán's acclaimed opera sung in Spanish with English supertitles. Based on the Oscar-winning film, *Il Postino* (The Postman) chronicles the enduring friendship between exiled Chilean poet Pablo Neruda and Mario, the shy postman who brings him his fan mail. Mario becomes Neruda's student, learning the art of poetry to woo a local barmaid and to express the struggles of his fellow working-class villagers who live on a small Italian island in the 1950s.



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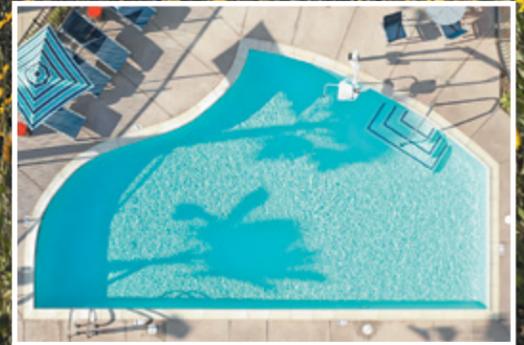
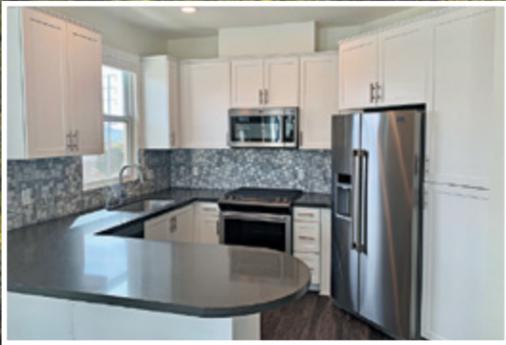
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On Feb.17, units responded to a reported overturned semi tractor/trailer with one person trapped and fuel leaking at the WB126 and Wells Rd interchange. The first unit on scene arrived to find one adult male trapped in the wreckage on the guard rail along the freeway on-ramp curve, fuel tanks intact. An extensive and complex extraction of the victim took approximately 45 minutes to complete, after which he was transported to a local hospital where he later died from his injuries. He was identified as Taylor Wright.



Trained volunteers came together to help individuals and families for Mega Tax Day at the Cal Lutheran University Oxnard Campus. United Way of Ventura County prepared just over 70 tax returns for free through their Volunteer Income Tax Assistance Program (VITA) for Mega Tax Day. With the new Young Child Tax Credit, eligible families can qualify to receive an extra \$1,000 in their pocket. VITA assistance will go on at nine locations until May 2, 2020. Appointments are available by calling 2-1-1.