



The new lights improve safety.

## New Lighting on California Street Bridge

New pedestrian safety light poles designed by artist Michael Davis are being installed on the west side of the California Street Bridge over Highway 101 to improve pedestrian and bicycle safety. The improvement project moves into the much-anticipated final stage of construction with the contractor scheduled to complete the installation of eight new pedestrian safety lights in one-week depending on weather conditions.

The new lights improve safety and welcome residents and visitors alike to Downtown Ventura,” said Mayor Matt LaVere. “Furthermore, connecting our beautiful beach promenade with our historic Downtown will provide enhanced benefits to the many small businesses in the area that are so important to our local economy.”

The California Street Bridge Pedestrian Enhancement Project includes demolition and replacement of the low-height pedestrian railing along the bridge with a six-foot high 250-foot long decorative railing, electrical installation, preparation and installation of eight new decorative pedestrian lighting fixtures, and resurfacing the sidewalk area to create a safer environment for pedestrians, bicyclists and motorists crossing the bridge.

The overhead pedestrian lighting fabrication was approved by the California Department of Transportation (Caltrans). The majority of the project is being funded using a federal transportation grant with matching funds paid from Gas Taxes and the City’s CIP fund.



Tejay van Garderen and Anna van der Breggen donned the yellow jerseys in Ventura, signifying current over-all race leadership. Photo by Amgen Tour of California.

## Community comes together for Amgen Tour of California

by Mira Reverente

Wicked headwinds and the previous night’s sporadic rainfall did little to dampen the festive mood at the start of the women’s race and the finish of the

men’s race at the Ventura County Fairgrounds.

Anna van der Breggen of Boels

Continued on page 17



Be sure to protect your jewels from these pirates.

## Ventura Harbor Village celebrates Pirates Day

Yo ho, yo ho all ye landlubbers and buccaneers! Ventura Harbor Village is ready to hoist the flag for the 14th annual Pirates Day on Saturday, June 1, from 11:00am – 4:00pm around the

theme Ahoy Me Hearties! Yo Ho! Pirates Day 2019 offers guests an unforgettable voyage around the Village featuring pirate characters, entertainment, activ

Continued on page 18



Kathy Odell is a well known Santa Barbara entrepreneur and business leader.

## WEV announces founder’s retirement and names successor

Women’s Economic Ventures (WEV) has announced that its founder and CEO, Marsha Bailey, will retire next year after 30 years at the helm. Her successor

Continued on page 3



Penny Barnds and Andy Contarino have got your number.

## Bingo Night at the Rubicon Theatre

Bingo Night at the Rubicon Theatre hosted by the Grandes Dames will take place on Jun. 11, 2019 at 7 pm in the Rubicon Theatre Rehearsal Hall 1006 E Main St, Ventura, CA 93001. BINGO

Continued on page 18

## VENTURA TOWNEHOUSE

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**MEMORIAL DAY**  
-REMEMBER THOSE WHO SERVED-  
To those who courageously gave their lives, and to those who bravely fight today... THANK YOU

## City News

### Studio C Band performs in Santa Paula

The Santa Paula Theater Center will present Studio C in concert June 1 at 7:30 p.m. on the Main Stage. Doors open at 7 p.m.

with the concert beginning at 7:30.  
All tickets are \$20 reserved seating and available on line at [www.santapaulatheater-center.org](http://www.santapaulatheater-center.org) or by calling 805-525-4645. Any unsold seats will be available the evening of the concert for walk up sales. Don't be left out of this Special Event! Reserve early, seating is limited.  
Studio C is a contemporary four horn, nine-piece band playing a lively mix of Jazz,



*Ventura Chamber ribbon cuttings were held at the following businesses: Photos by Michael Gordon.*

**BoHo Chick**  
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**European Wax Center**  
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**Salty Guava Aloha Shop**  
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## City News

Pop, Latin, Rock and Soul music. Studio C has developed a following from their many performances at dances, concerts, clubs, weddings and private parties. Whether you are a fan of music and sounds of the '40's, or through the '80's and '90's, you will find the Studio C music mix to your liking.

As Leader Larry Cossid has brought together a special mix of experienced professional and semi-professional musicians. Studio C musicians can be heard performing in the So Cal recording and live theater scene. All have honed their skills by performing with a variety of bands and orchestras playing nearly all music genres. That is what gives this group their unique sound. Studio C personnel include: Larry Cossid, Leader, Saxes and Flute; Bill Barrett, Trumpet; Joseph Alex Reyes, Trombone; Dave Brooks, Drums; Tom Hackney, Keyboards; George Cole, Guitar; Vance Beach, Bass; John Webb, Vocals, Saxes and Flute; and from England, Sophie Holt, Vocals.

### WEV announces

*Continued from page 1*

will be Kathy Odell, an accomplished entrepreneur and business leader in the region.

Launched under Bailey's leadership in 1991, WEV has provided business training and consulting to more than 14,000 women and men throughout Santa Barbara and Ventura counties. WEV has made more than \$5 million in business loans, and helped 4,500 local businesses start or expand. WEV-supported businesses generate over \$300 million in annual sales revenues and have created nearly 9,000 jobs.

"The idea that women's economic

status could be improved by helping them start their own businesses was both innovative and unproven," Bailey says, "But twenty-eight years later, WEV has proven not only that business ownership can provide a viable pathway to self-sufficiency, but that it can build family wealth and stability and contribute to the economic well-being of our communities."

"It's clear that women have more opportunities today than we did thirty years ago," Bailey says, "But while many things have changed, we still have a long way to go to achieve equal opportunity and economic parity."

As WEV's CEO, Bailey has served on many local, state and national boards and has been a consultant as well as mentor to emerging women leaders and women's organizations nationally and internationally. She is a former member of the National Women's Business Council, which provides policy guidance to the White House, Congress and the Small Business Administration on issues related to women's business ownership. She is the former Chair of the National Association of Women's Business Centers, the California Association for Micro Enterprise Opportunity (CAMEO), and Union Bank's Community Advisory Board.

Kathy Odell, well known Santa Barbara entrepreneur and business leader, has been chosen as Bailey's successor.

"Over the past 28 years, Marsha's leadership and steadfast commitment to the mission, has grown WEV into a major economic development engine for both Ventura and Santa Barbara Counties," says Melissa Livingston, WEV's Board Chair. "Kathy Odell is



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an effective leader and visionary who's been a key supporter and board member since 2010. We couldn't have found a better person to carry on Marsha's legacy and guide the organization as we create the next generation of WEV services."

Odell says, "Women are starting businesses at a higher rate than any time in our history and now run 40% of all small businesses. Under Marsha

Bailey's leadership WEV has become a key resource for women in business on the Central Coast. I am excited and proud to carry her legacy forward."

WEV provides training, consulting and loans to help entrepreneurs start, grow and thrive in business. While WEV targets its services toward women, it helps men as well. Services are provided in both English and Spanish. Visit WEV at [www.wevonline.org](http://www.wevonline.org).





# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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a spontaneous  
happening  
and therefore  
dangerous to a  
control system  
set-up by the  
non-dreamers.

– William S.  
Burroughs

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

■ Although the City saw increases in **arson and thefts** from vehicles, major crime decreased by 3.74% in 2018 in Ventura compared to 2017.

Last year, Ventura police responded to 98,652 calls for service and arrested 6,554 people. The most common arrests were non-aggressive crimes such as narcotics-related offenses, being drunk in public, misdemeanor bench warrants and drunken driving.

Among property crimes, the largest increase in Ventura was in arson, which doubled in number from 2017 to 2018. Must of this is attributed to fires started by the homeless in the river encampments.

Ventura police reported a sharp increase in **thefts from vehicles**, which were reported 230 times more in 2018. Much of this is attributed to doors being left unlocked or valuable property left in plain view. Amazes me when reading police reports that people leave very valuable things in their cars - laptops, credit cards and even money.

■ The state Bureau of Cannabis Control in January approved the **legal deliveries of marijuana** - medicinal and recreational - anywhere in the state.

Accepting that it could no longer prohibit such deliveries, the Thousand Oaks City Council introduced an amendment to modify the city's cannabis ordinance to start regulating them.

Under the amendment, marijuana dispensaries that want to deliver to Thousand Oaks will need to first get a business license permit from the City. The retailers will have to pay a business tax and provide the City access to their point of sale systems for audits. The City will conduct background checks of delivery drivers.

Under their amendment, TO will now have "a regulatory framework" in place to require a business license

and to require remittance of tax payment based on the voter-approved marijuana tax from last Fall.

Isn't it about time for our City Council to allow this here as well and gain large amounts of money we are losing from prohibiting what is now legal, including retail outlets? Why should Venturan's take their money to other cities, which they are constantly doing?

■ Concerned that some new **surveillance technologies** may be too intrusive, San Francisco has banned the use a facial recognition tools by its police and other municipal departments. Some retail stores are now using this technology to basically monitor customers buying habits in order to present them with specific ads. Hopefully states will ban this practice also.

■ Once again, the **Supreme Court** has voted 5-4 in making one of their decisions. This one is a broad ruling that shields states from private lawsuits filed in other states. The ruling doesn't bother me, but I'm still bothered by 5-4 decisions governing our country.

■ Taiwan has become the first country in Asia to let **same sex couples** marry with most of the same civil benefits that heterosexual couples receive. They joined 27 other countries worldwide that have legalized same sex marriage. I say it's about time for all countries to recognize and respect peoples wishes if they don't do harm to others.

■ Alabama Gov. Kay Ivey (a lady no less), has signed the state's controversial near-**total abortion** ban. The new law is the most restrictive anti-abortion measure passed in the United States since Roe v. Wade was decided in 1973. The legislation "Human Life Protection Act" bans all abortions in the state except when "abortion is necessary in order to prevent a serious health risk". It criminalizes the procedure, reclassifying abortion as a Class A felony, punishable by

up to 99 years in prison for doctors. The legislation makes no exceptions for victims or rape or incest.

These are the same people who complain when a young poor mother has a child and goes on welfare. It's about control of women's sexuality and lives.

Venturan Esther Cole stated, "What gives old, white men the right to mess with women's bodies?"

How about old white women telling men they had to have a vasectomy? If old, white men can mess with the rights of women, 'tis only fair, that old white women should have equal rights over the reproductive organs of old, white men."

If a 12-year daughter of an Alabaman who voted for this is raped and gets pregnant, would the parents secretly look to abort her? If so they would need to take the child to Mexico or to an underground facility (bringing back-alley abortions to America again)?

Why are **Christian conservatives** against abortion? Think about it.

■ I never understood why people **make their bed** every day to only mess it up at night. Now, there is a reason to not make it up. Your bed is probably home to more than 5,000,000 hungry dust mites feeding off your dead skin cells left on your sweat soaked sheets. It's easy to stop them, don't make your bed, exposure to sunlight kills them.

■ There are certainly mitigating conditions for our **very high gas prices**, but it is finally time for Sacramento to find out why. The California energy commission has concluded that "market manipulation" may be one factor as to why the states gas prices are so high compared to other states (sometimes up to \$1.50 per gallon more) and have ordered a study of why this is true. The study will take 5 to 6 months so won't help with our summer gas prices but might help in the future.

■ If a person dies **naked** will their ghost be naked also?

## Mailbox

Dear Editor,

Donald Trump wants to celebrate the 4th of July on the steps of the Abraham Lincoln Memorial Statue.

Abraham Lincoln, an outstanding president of the United States. His greatest achievement was helping to free the slaves. A terrible, dark, and cruel, part of our past. Free men and women had been abducted from parts of Africa, and brought to the United States and sold into slavery. The additional horror, was our Civil War, killing thousands of Americans.

Donald Trump has done nothing, to make him worthy, of, even, looking up at the carved face of Abraham Lincoln. Donald Trump is responsible for the deaths of children. He is responsible for dividing families seeking a peaceful home, in the United States.

Donald Trump, who was elected, illegally, with the help of a foreign power, is the least worthy president -- or, in my opinion, the least worthy human being, to stand, near a statue of Abraham Lincoln.

Appalled,  
Esther Cole, Ventura

Editor:

Hundreds of former federal

prosecutors are saying they believe President Trump would have been indicted in Special Counsel Robert Mueller's probe for obstruction of justice if he weren't president.

Their statement argues the Justice Department's policy of not indicting sitting presidents is the reason Trump avoided prosecution.

They stated "Each of us believes that the conduct of President Trump described in Special Counsel Robert Mueller's report would, in the case of any other person not covered by the Office of Legal Counsel policy against indicting a sitting President, result in multiple felony charges for obstruction of justice."

Charles Baker, Ventura

Breeze:

We should praise the three members of the Ventura County Board of Supervisors for approving the Habitat and Wildlife Ordinance (4537) that will protect 163,000 acres of county rural and suburban land from reckless mismanagement and over development (VC Star, May 12, 2019).

Mining interests, developers, and ranchers want to fence off, clear, and

also build on areas that are known corridors for wild animal passage between our remaining open space and riparian land that lead into the Los Padres Forest. These passages are ancient, known for ages by many species large and small. We need to carefully regulate these remaining wild zones within our urbanizing county.

The ordinance does not set permanent and fixed protections. Business and development interests (CoLab and CalCIMA) want existing policy to govern them, but that does not assure these sensitive and essential pathways will remain. The new Ordinance requires more detailed and elaborate permits in order to change them.

From mountain lions to condors to snowy plovers, from red-legged frogs to arroyo toads to dozens of plants even our semi-healthy habitats are constrain

*Continued on page 18*

We encourage you to send your opinions  
to [opinions@venturabreeze.com](mailto:opinions@venturabreeze.com). Please  
limit them to about 300 words





# Community Events

## Ventura events

by Ana Baker

**Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45 p.m. Poinsettia Pavilion.** Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Free dance lessons 6:45 - 7:15p.m. Call Rick 805- 415-8842 for more information.

**Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night.** Located at the Moose lodge, 10269 Telephone Road. More information at [countrylovers.com](http://countrylovers.com).

**The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events.** Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. There are no dues or requirements to participate, and all levels of experience are welcomed.

**The Ventura County Philatelic Society meet on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd.** Admission and parking are free. Contact: Bill Garner (805) 320-1601 or [sockonthenose@gmail.com](mailto:sockonthenose@gmail.com)

**The Ventura Retired Men's group meets on the first and third Tuesday each month at 11:30 a.m. at the Elks lodge on Knoll Dr.** Drop by to introduce yourself and we'll treat you to lunch so you can sample our activities and hear our program/speaker of the day. Call Bob Likins at 805-587-1233.

**Register now for Adult Summer Sports Leagues!** Looking for a new sport or hobby to pick up this summer? Registration is open for all City of Ventura Adult Sports Leagues. These are a great opportunity to stay fit and have fun over the summer! Grab some friends and join us at your favorite City of Ventura city parks. Leagues run from mid-June to mid-August.

Basketball – register by 5/30,  
Coed and Men's Softball – register by 5/30,  
Coed and Men's Soccer – register by 5/30,  
Coed Kickball – register by 6/21,  
Corn Hole – register by 7/2,  
Bocce Ball – register by 5/31

Find rosters, rules, and league information at [www.teamsideline.com/ventura](http://www.teamsideline.com/ventura), call 805-658-4743 or email [tnelson@cityofventura.ca.gov](mailto:tnelson@cityofventura.ca.gov).

**The Compassionate Friends of West Ventura County is a support group for those who have experienced the loss of a child.** Parents, grandparents, and siblings (over age 14) are all welcome. The group meets the first and third Wednesday of each month at 7:00 at the Poinsettia Pavilion, Canada Larga room, 3451 Foothill Road. For more information, contact Laura Lindsay at 805-836-9100.

**May 22: "The College Area Community Council will meet on Wednesday, at 7 p.m.** Representatives from Ventura College and the police department will give brief updates and answer questions and other issues of community interest will be discussed. Wright Event Center 57 Day Rd. Free parking is available adjacent to the Event Center.

**May 24: (4th Friday of each month), 7- 10 p.m. Like to play acoustic music?** Songmakers.org welcomes instrumentalists, singers, and singer/songwriters at all levels to join in a free song circle at the

Bell Arts Factory Community Room, 432 N. Ventura Ave. Listeners welcome! Mike Wittlin, (805) 750-8281.

**May 25: The Ventura Tennis Club (VTC), in partnership with Ventura Recreation and Community Services are hosting biannual Ventura Tennis Day on Saturday, from 9 – 3pm.** Camino Real Park tennis courts/center, 4298 Dean Dr. The event will include clinics for adults and kids from 9a – noon with the City Pro staff. After a break for refreshments, announcement and a raffle we will start the organized doubles play. No need to bring a partner – Just your racket and "A" game! For more information, [www.venturatenniscub.com](http://www.venturatenniscub.com).

**May 26: Town Hall: Green New Deal Sunday, 2-3:30 p.m. E.P. Foster Library (Topping Room) 651 E Main St.** Free to attend, free parking in rear of library. Speakers: RL Miller (co-founder of Climate Hawks Vote), Adam Vega (Californians for Pesticide Reform), Daniel Berchenko (Sunrise Movement). To learn how the Green New Deal is an investment in Ventura County's future!

**June 1: Step into Summer with the passionate strumming of the guitar and the thundering rhythms created by the dancers striking the stage.** Namba Performing Arts Space will be hosting this unique event at 7p.m. The show will open with the dance students of Wendy Castellanos and feature over 20 dancers from Camarillo, Oxnard and Ventura. The second half will feature Gabriel Osuna singing timeless gypsy melodies, Antonio Triana and Miguel Heredia on Flamenco Guitar, while Pamela Laurant, Vivian Bruckman, Jamie Padilla and Wendy Castellanos will set the stage on fire.. Spanish Wine will be available for purchase. For Tickets go to: [nambaarts.com/product/flamenco/](http://nambaarts.com/product/flamenco/)  
**June 1: On the "First Saturday" of each month the Sespe Flyfishers of Ventura conduct an introductory class on Fly Fishing and Casting the Fly Rod.** There is no charge, and all are welcome. Whether you an experienced fly fisher or a complete novice learn and enjoy this great sport. If you don't yet have your own fly rod just come and use one of ours. Chumash Park, Petit and Waco, 9- 11 a.m. [www.sespeflyfishers.org](http://www.sespeflyfishers.org) For more information: Bob Smith at (805) 647-3522.

**June 2: Old-Time Country Bluegrass Gospel Music Assoc. Sunday, 2-4 p.m.** Poinsettia Pavilion, 3451 Foothill Rd. Music on stage. Jamming Room Open. Free Admission. Free parking. Open to Public. For more information call, 805-517-1131 or visit Facebook: OTCBGMA

**June 2: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1-4 p.m.** along with a visit from historian Beth Miller who will share her collection of vintage toys from 1-3 p.m. Admission is free. The museum is located at the corner of Loma Vista and Ashwood streets (197 N. Ashwood). For information (805) 642-3345 or visit the website at [www.dudleyhouse.org](http://www.dudleyhouse.org).

**June 8: Laubach Literacy of Ventura County will hold a free training for new tutors on Saturday, from 8-4 p.m.** Laubach is an all-volunteer non-profit organization teaching English as a Second Language to adults 18 and over. Neither knowledge of a foreign language nor prior teaching experience is necessary. For more information and to register for the workshop please call 805-385-9584.

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**June 8: The Climate Reality Project: Ventura County Chapter. Learn about the Ventura County General Plan Update.** Cheryl Collart will share information about the General Plan, including the Climate and Energy Action Plans. Successful climate action will be discussed, as well as key citizen activity. 2 p.m. E.P. Foster Library, Topping Room 651 E Main St. For more information: [climateresalityventura@gmail.com](mailto:climateresalityventura@gmail.com)

**June 8: Saturday, 1-4 p.m., family fun at Mathnasium of Ventura!** Come join as they officially introduce themselves to the community and show off what they are all about. There will be plenty of family friendly fun and of course plenty of math. Don't miss out on games, food, music and prizes. Win some cool swag or even a free month of enrollment (a

\$300 value). At Mathnasium, they make math make sense. Mathnasium have been the math experts for over 15 years and are so excited to open their doors in Ventura. Check out [www.mathnasium.com/ventura/events](http://www.mathnasium.com/ventura/events) for more info. 1746-B S. Victoria Ave. 805-525-MATH (6284)

**June 12: Thursday, from 11:15-1p.m. Ventura Holistic Chamber of Commerce will be hosting their monthly Chapter Meeting.** This month's topic is "Back to Basics: Water is Life!". The Greek Mediterranean Restaurant, 1583 Spinnaker Dr. Please join us for lunch, networking, business development and fun. \$12 fee which includes lunch, beverage and gratuity. Please come early to network and bring plenty of business cards to share. Please RSVP Julie Ridenour, Chapter President, (805) 223-1207.



*On May 5, dogs (and people) of all colors, shapes and sizes attended the 22nd annual Pooch Parade held at the Ventura Beach Promenade Park. The event featured food trucks, dog adoptions, the dog parade, live music by Kelli's Lot, contests, many vendors (including the Ventura Breeze) and a silent auction was held to benefit Canine Adoption and Rescue League (C.A.R.L.)*

*For more information about the nonprofit visit <https://poochparade.org> or <https://carldogs.org>*

*Photos by Richard Lieberman and Bill Green.*





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See leasing representative for more details. Models do not reflect racial preference.



## Community Events

### Ojai news and events

**The Ojai Library is a planning a community-driven art project to create a puppet for the Fourth of July Parade!** All ages are welcome; little ones (age 7 and younger) require adult supervision.

This group will be meeting weekly on Sundays from 11 a.m. to 1 p.m., beginning on Sunday, May 19. Supplies and tools will be provided. This event is made possible through a grant from the City of Ojai Arts Commission.

Local author John Darling will visit the Ojai Library at 1 p.m. on Saturday, June 8, 2019, to present a special talk, *Inside the Mind of an Author*. Darling has been writing since the 1970s, and has published numerous short stories, poems, and magazine articles.

He has five books available on Amazon (including a cookbook). A complete list of these books and more information can be found on his author website: <http://johndarlingauthor.com/>.

Thirteen-year-old author Micaela Ellis will visit the Ojai Library at 1 p.m. on Saturday, June 1, 2019, to speak about her book, *Autism Over the Years: A Twelve Year Old's Memoir*. Micaela will share her perspectives on life as a kid with autism.

Micaela hopes to educate others on some of the challenges that people with autism might face and share the many opportunities that are available to children like her.

These events are free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146.

The Ojai Library is located at 111 East Ojai Avenue in Ojai, CA. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday.

**On Saturday, May 25, Kaufer will lead a private tour of the Taft Gardens & Nature Preserve, operated by the Conservation Endowment Fund (CEF), in the mountains above Lake Casitas west of Ojai.**

The group will meet at Maricopa Plaza in Ojai between 8:15 and 8:30 a.m. for a carpool to reduce the number of cars on the private road to the garden.

Participants are invited to stay and enjoy a beautiful setting after the tour. The plan calls for having some cars leave at 12:30 p.m. to arrive back at Maricopa Plaza by 1 p.m. for those not staying for lunch.

The cost is \$25 for adults, \$20 for seniors 62-up, and \$10 for students 13-17. Kids 5-12 can attend free, one per adult, pending request and approval.

To register for this Herb Walk, visit [HerbWalks.com](http://HerbWalks.com) or call 805-646-6281.

**Awakening the Artist Within, a six-week creativity course, will take place Tuesdays, June 18 to July 23, from 6:30-8:30 p.m. at Poppies Art and Gifts, 323 E. Matilija St., Ojai.**

Instructor Holly Woolson, M.A., is an Ojai professional artist and educator.

Cost is \$240 for six sessions, all materials provided. Space is limited. Reserve a spot at 805-798-0033, [poppiesartandgifts@yahoo.com](mailto:poppiesartandgifts@yahoo.com), or at Poppies from 10 a.m. to 6 p.m. daily except Tuesdays.

**Hans-Joachim Roedelius will be performing at the Beatrice Wood Center for the Arts Saturday, June**

**1st at 7:00 pm. He will take part in a panel discussion, sharing his processes and techniques, at 2 pm the same day.**

Tickets for the performance, which is being presented with support from the Federal Chancellery of the Republic of Austria, are \$25, with the panel discussion \$20. Those who sign up for both at \$40 will receive a one-year membership to the Center.

For more information, visit [www.beatricewood.com/roedelius\\_festival.html](http://www.beatricewood.com/roedelius_festival.html).

**The Humane Society of Ventura County's annual Open House & Birthday Bash will be held on Saturday, June 8, from 10 a.m. to 2 p.m. at the HSVC Shelter, located at 402 Bryant St. in Ojai.** For more information, call 805-646-6505 and our pet page.

## Ventura Libraries Event Listing

**Avenue Library  
Summer Reading Events  
Juggler David Cousins  
6/17 Monday @ 5-6pm**

David Cousin, holder of five juggling world records, will amaze you!

**Rockets  
6/25 Tuesday @ 3-4pm**

Learn about rockets and aerodynamics by launching paper rockets.

**Jim Cogan Storyteller  
6/26 Wednesday @ 3-4pm**

For 25 years Jim Cogan has been inspiring and motivating children to jump into the joy of reading through a wealth of oral tales.

**Children & Family Event  
Bilingual Early Literacy Class  
6/3, 10, 17, & 24 Mondays @ 5:30-6:30pm**

Join us every Monday for storytelling, nursery rhymes, flannel board fun and more!

**E.P. Foster Library  
Adult Programs & Special Events  
A California Native Plant Society  
Lecture**

**6/18 Tuesday @ 7-9pm**

Please join us for an interesting and enlightening lecture series presented by the California Native Plant Society, Channel Islands Chapter. See you in the Topping Room!

**Children's Events  
Summer Reading Shows  
Christopher T. Magician  
6/20 Thursday @ 11am  
Jim Cogan Storyteller  
6/27 Thursday @ 11am**

For 25 years Jim Cogan has been inspiring and motivating children to jump into the joy of reading through a wealth of oral tales.

**Sub Zero Science  
6/29 Saturday @ 3pm**

Sub Zero will be performing a delicious science show. One free ice cream ticket will be given out to the first **50 kids & teens.**

**Early Literacy Class  
6/4, 11, 18, & 25 Tuesdays &  
6/5, 12, 19, & 26 Wednesdays @  
10:30am**

Join us every week for stories, poems, music, movement, a simple craft, and fun!

**Makerspace Open Workshop**

*Continued on page 18*





**PIRATES DAY**  
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## News & Notes



In 2010 the Rigneys bought a boat.

# Ventura Family returns after four-year sailing adventure

by Richard Lieberman

On Saturday, May 19, the Kandu a forty-two-foot sailing vessel returned to the Ventura Yacht Club at Ventura Harbor after a four-year journey around the world. The trip for the Rigney family began at the Yacht Club and ended on Saturday at the place where it began just over four years ago.

Asked about what it is like to live on a boat for four years Eric Rigney said “It’s a very big adjustment, we actually moved onto the boat a year before we left” said Rigney.” We started learning lessons right away because you don’t quite know

what it is you own until you pack it away, we let a lot of things go and the cathartic thing that happened is that when you let possessions go there is a free feeling that happens that I didn’t expect.”

“The dream started for me when I was fourteen, I was sitting with my uncle and he started me on this journey when he built a boat in his backyard here in Ventura, once completed he put it in the water and that was in 1974 and he decided to sail it to Hawaii with me and on the way back I felt so much more mature and I felt I had grown up so

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much more with all the responsibility of navigation and the like.” He said.

“I met Leslie my wife in 1989 and in 1990 I sailed my uncle’s boat to Polynesia on the way back stopping in Hawaii I asked Leslie to join us and she sailed with my brother and a friend all the way to California and at the end of that I said if you are willing to do this and sail around the world then we can stay together if not then we need to go our separate ways. She said yes. It was sort of a pre-nuptial agreement that we sail around the world. All of our decisions were focused on making this happen.”

In 2010 the Rigneys bought a boat and began refitting and preparing it for their upcoming around the world adventure. “We weren’t escaping” added Rigney. “We were going to have an adventure together and so my sons grew up knowing this would happen their entire lives.” He said. “They never knew otherwise, they knew someday this would happen.”

His wife Leslie left a 12-year career as an opera singer and Eric left his job of more than 20 years as post-production executive with Sony Pictures. Their sons Trent and Bryce dropped out of school for the duration of the voyage. They were homeschooled during the voyage in subjects like science and math, Spanish, French, history geography, and more.

During the voyage, the family slept in shifts so someone was always manning the cockpit and watching out for any possible difficulties.

As far as provisioning the ship Leslie Rigney was in charge “As things go away I write a list of what we have consumed and I wherever we are going I know what generally is available and I wanted to get the local food and experience that and learn how to cook it” She said.

“We ended up spending two years in French Polynesia and another year in the Marquesas. We enrolled the boys in school there. We became certified residents and we became involved in the community, it was very rewarding,” said Eric.

“Our boys were the first Americans to attend school in Marquesas, and both have learned fluent French” he added. “We had so many wonderful experiences that were beyond our expectations.”

Now that they are home the Rigneys are going to re-boot their careers and get their boys back on the school track. “Were both super excited about what comes next?”

Bryce, the oldest at 17, was asked upon returning what he would have done differently and he contemplated the question for a minute and said: “I would not change a thing I loved every minute of it.”





## Moving In? Moving Out? Moving Up?

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Carrie and Betty were united though saliva test.

## Ventura local unites with family through 23andMe

by Maryssa Rillo

Ventura local, Carrie Adams and her family tried 23andme and were not only informed of their heritage, but they were united with family they never knew they had.

According to 23andMe.com, 23andMe is a company that gives people the opportunity to test their DNA at home with their saliva. The process is done in three steps which include ordering a saliva kit, spitting in a tube to register the saliva and logging onto the website after 3-5 weeks to see the results of the DNA testing.

Adams said she was introduced to the company by her sister-in-law who was curious about her ancestry.

Adams is a child of six and her mother passed away when she was 63. Her mother was born in 1923, but since her parents were unwed, she was given up for adoption. Because of this, she and her kids never knew where they came from.

In January 2019, Adams sent in her saliva kit and on February 14, 2019 her results were in. Her results informed her that she was 1/3-Portuguese, 1/3-French and 1/3-English. The results also revealed that she had an aunt on her mother's side that she never knew she had.

"Once we did that and the results came back, there she appeared, my aunt," Adams said. "As long as your

relatives do it, they pop up. Right there it said, '100% this is your aunt.'"

Once Adams found out about her aunt, she reached out to her via email.

"She's 96 years old. She lives up in Washington close to Seattle and has four children. I sent her an email and said I think you're my aunt. I went on to tell her about my mom and everything and so she wrote back, and she was so happy," Adams said.

Three weeks went by and her aunt, Betty Compton, flew into California with her daughter Melanie and Melanie's husband to meet the family.

"These all were just the happiest people, seriously," Adams said. "She's just lovely and she clung onto me and now she calls me her auntie mom. I can't explain, once we found them it was like we've always been looking for them secretly and we just wanted to know where we came from."

Compton registered her DNA with 23andMe when her birth certificate revealed her mother had another live birth that she did not know about. After asking her mother about the situation and receiving no answers she began 23andMe in hopes to find her brother/sister one day.

"It was always a big secret. She didn't even know if it was a sister. She said she looked everywhere at everybody thinking that could be my sister," Adams said.

While Compton and her daughter were in town, Adams and her siblings threw a big party of about 30 family members.

"We brought them into the family, and it was like they've been there forever," Adams said.

Adams said she and Compton still email each other every day.

"It's just amazing it turned out so pleasant and that I'm 70 and she's 96 and she's still alive so I can ask her things," Adams said. "We just have little things to say. She's like the mom I didn't have because mine left so early."

According to Adams, Compton is grateful for the experience and is happy she found out about her sister and family.

"She said when she finally found out about my mom, she said, 'you know what that's the coolest thing because when I die now, I'm going to go get to meet my sister,'" Adams said.

Adams recommends everyone to register their DNA with 23andMe.

"I would really recommend for people to do this, it's just amazing really. It was the nicest most wonderful thing," Adams said.

## News & Notes



## Answer in a Breeze

Breeze:

I would like yourself and your readers to urge the Ventura City Management to do something effective about the old Union Bank building at 250 S. Mills. It has become possibly the most shameful building in Ventura. Not because it is defaced, virtually all the windows broken and boarded up, covered with graffiti and surrounded by broken glass. Not because it has become a haven for vagrants and drug users. But because the people who originally bought it were stopped from fixing it up because someone in city hall got the idea to declare it a historical structure, or something like that, and because of that this "historical structure" has become a decaying tenement that, evidently, is untouchable. The city either needs to take care of this building, get it sold or demolished.

Dave Cintron, Ventura

Dave;

*When possible we ask the city to comment to this type of question. We asked Tim Rosenstein, Associate Planner, Ventura Community Development Department to help with this. Because they are short-handed and very busy some cases are being given to outside consultants. Barbara Burkhart at Rincon Consultants is handling this project. This is her explanation.*

Hi Sheldon:

Thanks for reaching out regarding the 250 S. Mills Road site. The City has been actively engaged with the property owner regarding an adaptive reuse of this building, which include updates to the landscaping and the addition of a mezzanine within the building, as well as other interior modifications to accommodate future tenants. We have recently received a resubmittal and both Planning and Building & Safety are ready to issue permits in the very near future.

The property has been subject to vandalism and the property owner has been regularly cleaning / boarding up the building. They've also hired a security company to monitor the building to help minimize the vandalism.

If you wish to read the history of the property, it is summarized in our Historic Preservation Committee (HPC) staff reports [https://www.cityofventura.ca.gov/DocumentCenter/View/15024/2018-12-17\\_Item-2](https://www.cityofventura.ca.gov/DocumentCenter/View/15024/2018-12-17_Item-2)

The HPC reviewed the project three times in 2018; April 25, May 23, and December 17. For your convenience, below is the motion made by the HPC on December 17.

Forward a recommendation to the Community Development Director with the following comments:

1. Project shall conform to the Secretary of the Interior's (SOI) Standards;
2. Have a historic architect participate in the schematic, design development phase and public hearing stages, and provide ongoing historic preservation input to help identify standards compliant treatments, approaches, and strategies for ensuring maximum retention of character defining features;
3. All modifications shall be reversible, meaning not damaging any of the original materials or that can be repaired with matching materials.
4. Mezzanine shall not touch any of the walls;
5. Terminate the ends of the mezzanine so that it aligns with the adjacent window bays;
6. Ideally the windows should be restored to original non-mullion glazing; otherwise the bottom of the finished mezzanine shall be in line with the window mullions;
7. The elevator shall be clear on three sides and if possible all four sides;
8. The restrooms shall be placed in an unobtrusive location(s);
9. The HPC prefers Option 1e, 3, and 4 in no particular order;
10. A Phase II Historic Resources Report to inform staff's analysis of the design;
11. The HPC STRONGLY recommends the following:
  - a. Apply for local landmark status and Mills Act
  - b. Consider locating the mezzanine in the center of the upper floor and maintain the two-story volume over the existing staircase;
  - c. Consider Option 3 in a manner that satisfies the structural engineer.



On May 16, at 8:45pm, Ventura fire units responded to a reported traffic collision on the 101 southbound at the 33.

While enroute, it was reported that an occupant was entrapped in one vehicle and increased resources were requested. Upon arrival of the first engine company crew, they discovered a two-vehicle collision with one vehicle sustaining major front-end damage resulting in entrapment of the driver. Crews immediately began medical treatment of two patients, simultaneously extrication of the entrapped victim was initiated utilizing hydraulic tools. Two patients were transported via ambulance to a local trauma center.

### Trash & Recyclables or Green Waste Pick Up Delay Due to the Memorial Day Holiday

Due to the Memorial Day holiday on Monday, May 27, trash and recyclables or green waste will be collected one day later than usual the entire week of May 26 - June 1 in the Cities of Ventura and Ojai.

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# News & Notes



Walk had twice as many walkers than last year.

## A Walk for Tender Life Maternity Home

Project Understanding of San Buenaventura in great partnership with The River Community Church held their annual Tender Life Maternity Walk on Saturday, April 13, 2019. Close to 160 participants enjoyed a brisk walk on a route around Ventura covering Thompson Blvd to Ventura Beach Promenade, up Figueroa Street, and a stroll down Main Street and back to home base – The River Community Church.

Participants included several community members, service groups, supporters from various faith-based communities, friends, families, and several of the residents of Tender Life Maternity Home.

“I was thrilled to see we had twice as many walkers than we did last year. The annual walk helps us tremendously with keeping our residents safe and with housing. We have had a full house for the past 20 months and the support is greatly appreciated. We are excited that Tender Life gives a home to new and unborn babies! I am so grateful Terry Hazen had a vision over 35 years ago and grateful we are still going strong today to serve our city and county”, Tender Life Maternity Home Executive Director Jim Duran said.

The event could not have been a success without the many volunteers and vital support of various community partners Allstate – Encounter, Grace Church, Missionary Church, Orchard Community Church, Mission Church, Advanced Tactical Training Institute,

Allstate – Olivares & Alexander Insurance Services, Searle Creative, Trader Joe’s, Agua Brillante, Charkey Graphix and The River Community.

Proceeds of the walk will be used to operate Tender Life Maternity Home. For over three decades, Tender Life Maternity Home has been devoted to serving abandoned pregnant women and children by providing food, shelter, and personal growth opportunities in a caring home where “courage meets compassion to build new lives.” Tender Life currently is a full house with nine mothers living on campus, who are receiving good prenatal care and life skills training to prepare them for independence.

For more information about Tender Life Maternity Home, please contact Lauren Stockton, TLMH House Manager at (805) 653-7474.

## Congratulations 2019 Grads!

Believe it or not, it’s graduation season and CAPS Media recorded and facilitated live-streaming of the Ventura College graduation ceremony on Friday, May 17. Next up are El Camino High School on Friday, June 7 and Foothill High School on Thursday, June 13. All of the graduation ceremonies will be recorded and broadcast on CAPS Channel 6 in the weeks following the events. Congratulations to all the Grads!

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State permit # M10-0000182-temp

Recently CAPS Media hosted a media workshop for Public Information Officers (PIOs) from throughout Ventura County at the CAPS Media Center. The group included PIOs from Ventura County, various cities, schools and other institutions and agencies



Ventura College Graduates featured on CAPS Media

in the region. The quarterly meeting provided the media professionals with suggestions for media production (video, radio

and online), an overview and tour of the CAPS Media Center to allow them to more fully appreciate the resources available, plus time to network with colleagues with similar objectives.

The CAPS Media Family Treasures Workshop is coming on Thursday, May 30 at 4pm at the CAPS Media Center. If you’ve thought about documenting your family history this is a great opportunity to learn how to using family stories, interviews, photos, keepsakes, memorabilia and more to create a personalized and professional Family Treasures video. Every family has wonderful stories and memories that should be recorded and then shared with family members and passed along to generations. CAPS can help you move your family history project from the “I wish I’d done that” column to the “I’m glad I did it” column. The Free Family Treasures workshop is the

Continued on page 14



On Wednesday, May 15, at the Robert Addison Clubhouse a celebration was held for the unveiling of the Boys & Girls Club new ten passenger van. Generously matched by Aera Energy, this van will provide a safe path from school to the Club.  
Robert Addison Boys & Girls Club, 1440 North Olive Street, Ventura.  
Photo by Bernie Goldstein.



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Laurie Ann Meyer knows how to 'Eat, Meet & Greet.'

## Happy 10 Year Anniversary to The Ladies Luncheon, Ventura!

by Carol Leish

How does ten years go by so quickly for The Ladies Luncheon, Ventura? The Ladies Luncheon, Ventura, was started in June, 2009 by, Laurie

Ann Meyer. She said, "I've always had a passion for mentoring and bringing women together because of the energy that's created, and the ability that the women have when they come together to give each other moral support." As the owner, Laurie also said, "I realize the importance of being open and conscientious of the needs of the women as they grow and change."

With a desire to be able to create a venue and opportunity for women to be able to join a club without paying dues or an annual membership, Laurie realized the importance of creating a group in which ladies could come when they were able to. She said, "There are multiple categories for businesses. Thus, there would be no limitation in how many realtors or insurance agents come to any meeting." And, according to her, "Instead of competing with each other, with having no limits of the number from many different categories, we're supporting each other."

When The Ladies Luncheon started in, June, 2009, the first group of six women met at the former, My Florist & Bakery, which was in downtown Ventura. "By

**Kali is Your Code Name**  
by James Francis Gray

One afternoon, Gloira Sanchez is approached by Madame Beverly Wiggins with the suggestion that Gloria, "Drop this dead-end job and hook up with me." After consideration and an envelope containing five one-hundred dollar bills, Gloria decides to join Madame Wiggins. Beverly changes Gloria's name to Kali. "Kali is Your Code name" follows Kali on her sordid adventures, which send her to the top of her new profession, a high priced call-girl.

**A great summer read!**  
[www.jamesfgray.com](http://www.jamesfgray.com)

## News & Notes



Who could not be happy accepting a \$100,000 check?

## Ventura County Library Foundation celebrates launch

On May 7, at the Ventura County Government Center, nonprofit Ventura County Library Foundation (VCLF), in partnership with the Ventura County Library launched their new mobile library at a ribbon-cutting.

The mobile library is a 26-foot vehicle stocked with many of the same services found in a traditional library, including popular materials in multiple formats. Professional library staff will share story time, schedule class visits, and provide computer and Wi-Fi access, printing, and more. The mobile library has been scheduled for many community events in the upcoming months, sure to gather attention with its bold graphic design and open doors.

VCLF raised more than \$100,000 from individuals in the Ventura County community, as well as \$50,000 from Premier America Credit Union and \$5,000 for each of the next five years from the Oxnard Harbor District, to sponsor the mobile library. The \$100,000 donation enabled the Ventura County Library System to receive a matching grant from the California State Library.

"We believe it's incredibly important to provide an extension of the library to the citizens of Ventura County, especially those who are not able to visit the library," said Sandy Berg, the

foundation's chair. "With this amazing resource, the library will be able to travel to underserved communities in our county, and will offer technology and print collections with materials for children, teens, adults and seniors in both English and Spanish. This is just the first of many literacy outreach programs that VCLF is supporting."

Following a brief presentation by VCLF board members and donors convened in the outside to tour the mobile library and enjoy STEM activities and demonstrations on the services, such as 3D printing.

To learn more about VCLF and its other funding initiatives, including STEM Innovation Labs, Operation READ and READ Adult Literacy, please visit <http://www.vclibraryfoundation.org>.

The Ventura County Library Foundation is a nonprofit organization that enhances countywide access to quality library services, materials, and programming for children and adults by securing funding and other resources from private and public donors. Its vision is to create a community where all people are engaged, literate and empowered to participate in society. To learn more about VCLF, please visit <http://www.vclibraryfoundation.org>.

the third luncheon," according to Laurie, "we had 25 women. Thus, for the fourth luncheon we needed a bigger venue." She said that, "Of the initial four that met in June, Jessica Maxwell, Martha Jaffe, and myself are still coming!"

Laurie said that the fourth luncheon was at the Pierpont Inn. "We were there for many years. Then, when they went through renovations, we were at the Le Petit Café, in the Ventura Harbor for about a year. Then, we went back to meeting at the Pierpont. Now, we've met/continue to meet at the Poinsettia Pavilion since 2017."

Laurie is very thankful that Elaine O'Malia helps out by doing marketing for the group which includes maintaining The Ladies Luncheon website: [www.theladiesluncheon.com](http://www.theladiesluncheon.com) for many years. "By coming to The Ladies Luncheon," according to the

website: [www.theladiesluncheon.com](http://www.theladiesluncheon.com), "the meeting will inspire and encourage your entrepreneurship." You'll be able to, 'Eat, Meet & Greet,' which is the motto. Besides eating delicious food, you'll be able to give a brief commercial of who you are/what you do. You'll also be able to shop with various vendors at the meeting, such as different jewelry, books, and makeup, along with others.

Come join the fun with us as we celebrate the 10-year anniversary of the group on June 6, 2019 between 11:00am-1:00pm at the Poinsettia Pavilion, which is at: 3451 Foothill Rd. Please register at: [www.theladiesluncheon.com](http://www.theladiesluncheon.com). See you all very soon for a time of celebration! Special thanks to, Laurie Ann Meyer, for making this 10-year+ journey a fun one which will continue on for many more years!



# Senior Living

*Pull Out Section*



“Perhaps yoga would not be quite so much work.”

## Yoga and older adults

Yoga is a mind and body practice that typically combines physical postures, breathing exercises, and relaxation. Researchers are studying how yoga may help improve health and to learn more about its safe use in older adults.

Recent studies in people in their late 40’s have found that yoga is helpful in reducing chronic low-back pain and improving function. However, evidence is not yet available on its effectiveness and safety for older adults.

If you’re thinking about practicing yoga, keep the following in mind:

Put safety first. Yoga is generally safe in healthy people. However, if you have special health considerations such as a joint replacement, arthritis, balance problems, high blood pressure, glaucoma, or other health issues, talk with your health care provider before starting yoga. Start with an appropriate yoga class—such as one called Gentle

Yoga or Seniors Yoga—in order to get individualized advice and learn correct form.

Look for a well-trained instructor who’s attentive to your needs. Ask about the teacher’s experience and training. Standards for teacher training and certification differ depending on the style of yoga. The International Association of Yoga Therapists has developed standards for yoga therapy requiring at least 800 hours of training.

Practice mindfully. Be sure to let your yoga teacher know about any medical issues you have and ask about the physical demands of yoga. Listen to your body. Yoga poses should be modified based on individual abilities. Be careful to avoid overstretching. Because older adults are at higher risk of developing strains and sprains when doing yoga, you may need to modify or avoid some poses to prevent injury.

## Benefits of hiring in-home care for an elderly parent

by Michele Teter

When a loved one is still living at home but struggling with the effects of getting older and losing their independence, hiring in-home care can be a great solution. Professional caregivers provide seniors with physical assistance, as well as help with the emotional and routine aspects of daily life.

In addition to the more tangible

benefits that home care can provide with activities of daily living (ADLs), such as bathing and dressing, seniors and their caregivers can enjoy invaluable personal benefits.

If there is one thing that becomes clear as someone ages, it’s the extensive benefits of friendship. “Far too many elderly individuals in the United States live alone, and when they have trouble getting around, lose their driving privileges, or do not have family and friends nearby, it can make them feel even more isolated,” says Kevin Watkins, co-owner of Caring Hearts of Rochester in New York. That is why companionship becomes a quintessential part of any home care services.

*Continued on page 14*

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## Senior Living



Bathrooms often become the most dangerous rooms in the house.

### Mom's Moving In: How to Adapt Your Home for an Elderly Parent

by AgingCare.com

Whether it's due to a stroke, Parkinson's disease, dementia, low vision or simply old age, eventually everyone reaches a point in their lives when they must rely on someone to help them with activities of daily living (ADLs). Depending on a person's specific situation, that could mean it is time to move into a senior living community or move in with a family member. Both options involve big changes for the senior, but when an aging parent moves in with you, it can be a stressful change for both parties.

#### Multi-Generational Living vs. Senior Housing

Most family caregivers care deeply for their aging loved ones. We want to make sure our elders are taken care of, and if that means that Mom and/or Dad must move in with us, then so be it. Many people don't consider assisted living or a skilled nursing home to be an option for an elder who can no longer live alone safely. In their minds, senior living communities are pricey and conjure up images of seniors watching daytime television and consuming Jell-O by the gallon. Yes, long-term care is costly, but these stereotypical notions about senior living communities are largely exaggerated and outdated.

Still, many adult children do not consider senior housing to be the best option for their elderly parents. This is when the idea of multi-generational living usually pops up. As long as you have a spare bedroom or adequate space you can repurpose for a loved one's quarters, it doesn't seem like such a big change at first glance, right? Not so fast. This is a decision that should be carefully thought through and discussed at length with everyone involved.

Of course, the extent of these changes depends on the nature of your relationship with your loved one and the level of care they require (which will increase). In addition to weighing the emotional implications of this decision, it's important to consider the logistical details of the transition as well. Most seniors do not want to be a burden on

their loved ones. They wish to adhere to their daily routines with as little assistance as possible. Furthermore, as a person with your own life outside of caregiving, it is unrealistic to assume you will be available 24/7 to provide a helping hand. For these reasons, adapting your home to maximize your loved one's safety and independence is paramount.

Fortunately, manufacturers of independent living products are constantly developing items and equipment that are beneficial to both seniors and their caregivers. Products that allow seniors to safely handle activities of daily living with little or no assistance are also being redesigned to look less clinical and function more efficiently without permanent installation. Using independent living products to adapt your home will allow your aging loved one to maintain an independent and safe lifestyle, helping you feel less burdened and enabling your house to retain its normal appearance.

#### Bathroom Modifications to Improve Senior Safety

As we get older and our strength and balance wane, bathrooms often become the most dangerous rooms in the house. This area of the home combines moisture and hard, slick surfaces—conditions that increase the risk of falls and provide no forgiving areas for a senior to land. Simple tasks like getting on and off the toilet or stepping in and out of the shower can be very risky for older adults.

Grab bars are an essential addition for helping a senior handle personal care tasks like bathing and toileting safely and independently.

### Helping a senior adjust after moving to independent living

by Anne-Marie Botek

Moving is a notorious source of stress, regardless of an individual's age or life situation. Disrupted routines, the challenge of finding a new home, and the hassle of packing and unpacking all of one's personal belongings are just a few factors that contribute to the overwhelming amount of work that goes into a major move.

For older adults who are vacating their long-time homes to take up residence in independent living (IL) communities, these normal stressors are often compounded by feelings of anger and sadness due to a perceived loss of freedom and vitality.

While it's common to feel nostalgic and a sense of loss when moving from a cherished home, there's far more powerful emotions at play for older adults who are moving to senior living. Leaving their home in the community is a symbolic end to the life they worked for years to create. Things will certainly be different in independent living, but it's important for a senior's family members and close friends to ease this transition by reminding them that they still have their independence and there are many new oppor-



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# Senior Living

tunities and friendships awaiting them at their new home if they are open to these things.

The move to independent living can seem like a slippery slope for seniors. Logically, the next steps are assisted living and possibly even a nursing home. Acknowledging and accepting this reality is challenging, but the emphasis should be placed on the present rather than the hypothetical future.

A move to independent living is not the tragic ordeal that many older adults believe it to be, argues Wallace. Unlike assisted living facilities and nursing homes, IL communities don't accept seniors who need skilled nursing care or assistance with activities of daily living. The men and women in independent living settings are still capable of maintaining a relatively active and autonomous lifestyle.

These communities are settings that offer enhanced independence for residents. The services available at IL are meant to support an elder's ability to remain self-sufficient and take mundane responsibilities like home maintenance, transportation, meal preparation and housework off their plates. Ideally, the additional free time these services create can be used to explore community amenities, pursue social opportunities and focus on enjoying a happy and healthy retirement.

While much of the success of this transition lies with the seniors themselves, there are things that family members can do to ease the adjustment before, during and after the big move. Here are a few tips for family caregivers to keep in mind:

Acknowledge your loved one's loss. Realize what your loved one has left behind by moving out of a home they've lived in for many years.

Be prepared for the move. Avoid unnecessary stress by packing well in advance of the move-out date so you're not rushing through this delicate process.

Help them get settled in their new home. Wallace encourages relatives to assist with the unpacking and decorating of an elderly loved one's new home.

Let them go. Knowing when to step back and let a loved one get on with their new life in independent living can be tricky—there's no one sign that will tell you it's time to let them figure things out on their own.



Participating in the community choir showed positive results

## The arts create paths to healthy aging

We all know to eat right, exercise, and get a good night's sleep to stay healthy. But can flexing our creative muscles help us thrive as we age? Ongoing research looking at singing group programs, theater training, and visual arts for older adults suggest that participating in the arts may improve the health, well-being, and independence of older adults.

"Researchers are highly interested in examining if and how participating in arts activities may be linked to improving cognitive function and memory and improving self-esteem and well-being. Scientists are also interested in studying how music can be used to reduce behavioral symptoms of dementia, such as stress, aggression, agitation, and apathy, as well as promoting social interaction, which has multiple psychosocial benefits," said Lisa Onken, Ph.D., of NIA's Division of Behavioral and Social Research.

Dr. Johnson tested this approach, leading Community of Voices, the largest randomized clinical trial to test the impact of participating in a community choir on the health and well-being of nearly 400 culturally diverse adults, age 60 and older, from 12 senior centers in San Francisco. The centers were randomly chosen to conduct the choir program immediately (six intervention groups) or 6 months later (six control groups). Outcome measures were collected at baseline (prior to starting the intervention), 6 months (end of randomization phase), and 12 months (1 year after enrollment). Each choir met once a week in 90-minute sessions for 44 weeks and performed in several informal concerts.

At weekly rehearsals, professional choral directors from the San Francisco Community Music Center trained in the intervention led activities to promote

*Continued on page 14*



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## Senior Living

# Some Seniors Qualify for Both Medicare and Medicaid

by Ralph S. Robbins, CFP

A great deal of confusion surrounds Medicare and Medicaid. They're often mistaken for one another, but they are two very different programs that provide health care benefits for Americans. While many people believe that participation in these programs is mutually exclusive, the truth is that some seniors do qualify to receive both Medicare and Medicaid coverage. When a Medicare beneficiary also qualifies for Medicaid, they are deemed a "dual-eligible beneficiary" and are entitled to enhanced benefits.

Medicare is a federal health insurance program for seniors age 65 and over and younger individuals who are disabled or have certain chronic illnesses. Americans pay into Medicare through payroll taxes.

Medicaid, on the other hand, is a joint federal and state means-based program that helps low-income individuals with limited resources afford health care. Unlike Medicare, Medicaid can differ widely from state to state. Both Medicare and Medicaid are administered by the Centers for Medicare and Medicaid Services (CMS).

### The arts create paths

*Continued from page 13*

health and well-being. Researchers assessed participants' cognition, physical function, and psychosocial function, as well as their use and cost of healthcare services, before they started the choir program and again after 6 and 12 months.

A unique aspect of the study was its use of community partners to engage, enroll, and retain a large group of racially and ethnically diverse and low-income older adults. Participants were recruited and completed all choir activities and assessments at the senior centers, which made it more convenient for them to join and continue in the study.

Participating in the community choir showed positive results within 6 months. In particular, it reduced feelings of loneliness and increased interest in life. However, cognitive and physical outcomes and healthcare costs did not change significantly. Dr. Johnson attributed the improvements to the choir providing a meaningful, regular opportunity to meet new people, build social support, and increase a sense of belonging.

"The study showed increased interest in life because singing in the choir provided a regular, structured activity for participants," she said. "Access to regular activities in diverse, low-income communities is vital for older adults to remain active and engaged in their community."

Dr. Onken noted, "By examining the mechanisms through which arts participation may provide benefits to health and well-being, and by studying arts par-

ticipation with scientific rigor, we hope to establish a firm basis on which to develop programs to improve the health and well-being of older people. As these studies continue, we expect the results to show us how we can implement cost-effective, community-based programs that benefit older people."

### Benefits of hiring in-home care

*Continued from page 11*

A professional caregiver can provide precious social interaction. This could be something as simple as conversing over coffee, going to the movies, or cooking or gardening together. In the process of doing their job, caregivers stave off loneliness and depression in older adults.

At some point, most aging adults are unable to drive safely. This blow to their independence also severely limits their ability to complete everyday tasks, such as buying groceries, going to church and visiting friends. A professional caregiver can provide safe transportation and accompany your loved one on errands, meetings, doctor's appointments, social events, etc. Such assistance can expand a senior's world outside of the home and help them remain active.

By providing ongoing personal care, professional caregivers are able to help aging individuals continue living safely, comfortably and socially at home. A little extra support can be all that is needed to extend an older adult's sense of independence. This goes a long way toward improving their outlook on life and boosting self-confidence. Most aging individuals are comforted by remaining in familiar surroundings where they

have spent much of their lives. In-home care can help them stay there longer than they would be able to on their own, forgoing placement in a long-term care facility.

A professional caregiver will keep an eye on your loved one and detect changes in their condition, such as refusal to eat, sudden weight loss, medication mismanagement, forgetting to turn the oven off, etc. This kind of accountability can make a significant difference in preventing accidents and avoidable health complications, particularly in situations where an older adult has a difficult time with communication and/or remembering things. These caregivers are specifically trained to read subtle cues that a senior's mental or physical condition has changed and act quickly to remedy the situation.

Whether you live 10 minutes away or on the other side of the country, it is hard not to worry about your loved one when you cannot be nearby. In-home care provides the one-on-one, personalized care that a sole caregiver is not able to offer full time, giving you priceless respite AND peace of mind. A professional caregiver is a valuable addition to your loved one's care team.

If you have concerns about a senior's ability to live independently or your responsibilities as their sole caregiver, then it is a good idea to begin exploring home care companies in your area. Consider both the tangible and intangible benefits that could come from hiring a professional caregiver for your aging loved one, and take advantage of this increasingly popular method of care.

## This 'n' That



*Coppélia is where brilliant classical dance meets a delightfully comic narrative. Photo by Todd Lechick.*

# Celebrating 15 Years of Footworks Youth Ballet Performances

This year marks the 15th year of full-scale, live ballet stage productions by Ventura's Footworks Youth Ballet, where students and audiences alike experience the utmost in classical ballet. Students fill lead roles whenever possible in productions like The Nutcracker every December, or other classics like Snow White, Swan Lake, or Peter and the Wolf every spring. And this spring, they bring the timeless and comedic Coppélia to the Ventura College Performing Arts Center on June 1st (2 pm and 7 pm) and June 2nd (2 pm).

"We are excited to be bringing Coppélia to Ventura this spring," says Artistic Director Kirsten Oakley. "One of the few comedic ballets in the classical

ballet repertoire, Coppélia is the perfect story ballet for all audiences."

Coppélia is where brilliant classical dance meets a delightfully comic narrative. The three-act ballet tells the lighthearted story of how Franz, a village boy engaged to Swanilda, becomes infatuated with a life-like doll created by the eccentric inventor, Dr. Coppélius. Hilarity ensues over love and mistaken identity.

Originally choreographed by Arthur Saint-Léon, Coppélia premiered in Paris in 1870. Saint-Léon's interest in folk dancing figures prominently in the ballet, and is also reflected in the lush symphonic music by French composer Léo Delibes. With its tuneful and romantic music, Coppélia stands alongside such classics as Swan Lake, Sleeping Beauty and The Nutcracker as the best-loved and most enduring ballets of all time.

Based on a story by E.T.A. Hoffman, Coppélia introduced automatons, dolls and marionettes to ballet productions. Because of its success with audiences, ballets like The Nutcracker followed suit with dolls and toys that come to life. Coincidentally, The Nutcracker is also based on a story by E.T.A. Hoffman.

A delightful performance of ballet fun for families and children of all ages, The New York Times calls Coppélia "one of the happiest ballets in existence."

Footworks Youth Ballet is a nonprofit ballet company located in Ventura, California, whose purpose is to provide educational opportunities to young people and the community through the art of ballet. Oakley Ballet Center is the official school of Footworks Youth Ballet.

Ventura College Performing Arts Center - Coppélia

June 1st: 2 pm and 7 pm

June 2nd: 2 pm

Tickets: \$22

For info/tickets:

[www.footworksyouthballet.org](http://www.footworksyouthballet.org)

### Congratulations 2019 Grads!

*Continued from page 9*

place to share ideas on what to gather and learn about resources available to create your family treasure. The workshop will be held at the CAPS Media Center, 65 Day Road in Ventura. Space is limited, so reserve your spot today by emailing us at [info@capsmedia.org](mailto:info@capsmedia.org) or calling 805.658.0500.

CAPS Media is collaborating with Community Council organizations throughout Ventura to record, broadcast and stream their neighborhood meetings. CAPS covered the East Ventura Community Council meeting on May 16 and is scheduled

to record, broadcast and stream the Westside Community Council meeting on Wednesday evening, June 5th. If other community council groups want CAPS Media to record their meeting they should contact CAPS at [info@capsmedia.org](mailto:info@capsmedia.org) or call 805-658-0500.

All the resources and training at the CAPS Media Center are available to the entire Ventura community. To find out more go to [capsmedia.org/events](http://capsmedia.org/events), sign up for the next orientation class on the first Thursday of the month and discover that for a low annual membership fee of \$25 you can receive hands-on instruction in videography, video editing, radio production (additional fee required) and more. Member/Producers have access to CAPS Media's state-of-the-art facilities including video cameras, editing systems, the fully equipped television and radio studios. Don't miss out. Go to [capsmedia.org](http://capsmedia.org), or call 805-658-0500 for information.



*Bonnie Wiley, owner of Primrose Excursions, celebrated the company's five-year anniversary on May 15th. Current travelers and interested community members gathered to celebrate where they've been and where they will be going. Primrose Excursions and reps from their travel partners put on a presentation highlighting upcoming group travel options from single day trips to extended tours. For more information visit [www.PrimroseExcursions.com](http://www.PrimroseExcursions.com) or call Bonnie at (805) 535-5170*





# This 'n' That



EECCOA Awards winners from 2017.

## Sustainability Now News

# MERITO Foundation's EECCOA Challenge Awards

by Maryann Ridini Spencer

The MERITO Foundation and partners host the 4th Annual 2018-2019 EECCOA Challenge & Awards Ceremony from 4:00 pm to 7:30 pm at the Museum of Ventura County May 31, 2019. The event, open to the public, is the culmination of a 9-month climate, energy, and ocean science education program for 6th-12th-grade students which starts in September each year and concludes with the EECCOA Challenge Awards.

"The Challenge came about after we realized education by itself is not always sufficient to change behaviors," said MERITO Foundation's Executive Director Rocio Lozano-Knowlton. "Students receive a lot of pessimistic information regarding environmental future through many sources, and they can become apathetic. About six years ago while I was presenting to a class, a young student mentioned he felt it was 'okay to trash and pollute the ocean, because we humans will go to planet B anyway.' This type of thinking made us realize we needed to not only provide information but instill positive action."

MERITO Foundation's mission is to provide vital environmental information as well as empower action through its project-based learning programs.

"Students spend most of their time at school and at home," continued Lozano-Knowlton. "By giving students the tools (through their teachers), and incentives, they become problem solvers of local issues with a global perspective. By learning environmentally conscious behaviors such as reusing, reducing, recycling, composting, conserving water and energy, and understanding the science behind the environmental problems we face, and how these problems threaten our health as well as the economy, the information becomes engraved in their subconscious."

### How the EECCOA Program works

The EECCOA Program accepts 8-10 teachers a year who commit to attend MERITO's teachers' training. Every fall, these teachers then present MERITO lesson plans that teach concepts such as the carbon cycle, greenhouse effect, and types of energy. Students also get involved in environmental-based field studies that address ocean and climate environmental issues. For the project design, students learn how to conduct a waste or energy audit, and how to read utility bills, etc. Partner organizations also provide guidance and resources to the students to assist with their studies and proposals.

In the spring, students, in teams of 2-5 students, follow the EECCOA Challenge

guidelines to develop their proposals to design methods and budgets to save our environment. A panel of judges comprised of scientists, engineers, entrepreneurs, and educators, reviews the submissions in four tiers (energy efficiency, water conservation, waste reduction, and outreach campaigns that inform about ocean acidification), and 15 proposals are selected.

Cash prizes are: 1st place: \$850, 2nd place: \$600, and 3rd place: \$350. Additionally, three teams receive Honorable mention prize (a trip to the Channel Islands sponsored by Island Packers). The judging panel also selects one or two projects to be implemented within the school district with \$2500 awarded to each winning school.

The 2018-2019 EECCOA program sponsors include NOAA B-WET Grant Program, Ventura Water, and Sea Forward. Additional event sponsors include Island Packers, Rubio's, Trader Joes, MC Don Wood, and BeGreen-Packaging. MERITO is still seeking donations for prizes, food, and other items for this event. Donate through directly at <https://tinyurl.com/y5c9gsob> or contact [rocio.lozano@meritofoundation.org](mailto:rocio.lozano@meritofoundation.org) for in-kind or cash sponsorships. For tickets, visit: [eventbrite.com](http://eventbrite.com) and search "MERITO Foundation."



Dancing it up at last year's prom.

# A Night to Remember, a free prom for students with special needs

Over 450 students with special needs, 700 students from local high schools and over 1,000 volunteers are expected to celebrate together on this special night the eighth annual Night to Remember. A free prom for students with special needs (ages 12-25) at Ventura County Fairgrounds

The night includes dresses and tuxedos, hairstyling, makeup and corsages or boutonnieres, limo rides and a walk down a red carpet cheered on by paparazzi. Each guest is accompanied by a student host from the community, given a formal photo, special food and treats and a night of dancing with a professional DJ.

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# The Pet Page



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Please call to schedule an appointment (805) 584-3823.

■ Humane Society Open House Celebrating 87 Years of Service to Ventura County

Stop by the Humane Society of Ventura County on June 8 and help celebrate its 87 years of nonprofit service to the animals of Ventura County.

The HSVC's Open House & Birthday Bash will run from 10 a.m. to 2 p.m. on Saturday, June 8, at its Ojai shelter facility, at 402 Bryant St.

Get a behind-the-scenes peek at its facility, participate in the barking or meowing contest, tour the kennels, meet the staff, and learn about different volunteer opportunities. Visitors also will have the opportunity to meet Dr. Christina Sisk, the HSVC's new director of veterinarian services, and tour the state-of-the-art spay and neuter clinic.

The HSVC's Humane Officers will be on hand to give a look at the responsibilities and duties involved in protecting animals throughout the county. And Firefly Ceramics will be back with their Tiles for Tails program, where participants paint tiles to be perma-

nently displayed at the shelter, for a \$25 donation.

Of course, a visit to the shelter would not be complete without the main attraction – the animals.

■ The Iowa State Veterinarian confirmed “multiple” cases of canine brucellosis, a disease that can be transmitted from infected dogs to humans and other animals.

The disease originated at a small dog commercial breeding facility in Marion County, the Iowa Department of Agriculture & Land Stewardship said in a statement.

The animals and the facility are quarantined as dogs undergo testing, the department said.

While the threat to pet owners is low, “dog breeders, veterinary staff and anyone who comes in contact with blood, tissues and fluids during the birthing process may be at higher risk and should consult their primary physician,” the department said.

Human infection from the disease is rare. It requires close contact with infected dogs. Infections cause flu-like symptoms -- including fever and back pain -- as well as joint pain. Rarely, the university said, cases can involve the nervous system, eyes or heart.

This is just one more reason to adopt and not shop.

■ Red Cross has Online Course and App for Cat and Dog Owners and dog walkers to take to help provide emergency care until veterinary help is available.

“Pet lovers will learn what to do if their cat or dog is choking, has a wound or needs CPR,” said Russ Huge, Interim

Executive Director of the Central Valley chapter. “They will also learn how to include their pet in their family’s emergency preparedness plans.”

People can access the course on their desktop or tablet at [redcross.org/catdog-firstaid](http://redcross.org/catdog-firstaid) and go through the content at their own pace. It takes approximately 30 minutes to complete the course. The interactive course includes:

How to determine a pet’s normal vital signs so that owners can notice if there are any irregularities;

Step-by-step instructions and visual aids for what to do if a pet is bleeding, having a seizure or is suffering from heatstroke; and information on preventative care, health and tips for a pet’s well-being.

The app helps owners learn what emergency supplies to have, when they should contact their veterinarian, and where to find a pet care facility or pet-friendly hotel. Users learn how to assemble a pet first aid kit and an emergency kit. Step-by-step instructions, videos and images for more than 25 common first aid and emergency situations.

The Pet First Aid App can be downloaded by texting ‘GETPET’ to 90999, by going to [redcross.org/apps](http://redcross.org/apps), or by searching for ‘American Red Cross’ in app stores.

■ National Police Dog Foundation (right around the corner) is pleased to announce that Peter Fehler is now the Executive Director of the Foundation.

Peter has been helping the Foundation for the last two years with marketing and fundraising. He has been instrumental in the recent growth of

the Foundation and in the Foundation’s ability to improve the lives of law enforcement K-9s across the nation.

Peter has over 20 years of consulting and nonprofit growth experience. He will focus on expanding existing services and introducing new services to be offered by the Foundation.

■ The Marion County Sheriff’s Office K-9 Unit is happy to have a member of their team back home after what they called a ‘senseless shooting.’

K-9 Kilo was discharged from the North Carolina State Veterinary Hospital Monday afternoon after he was shot. Authorities said the shooting happened after Kilo escaped his enclosure.

He was rushed to the North Carolina State Veterinary Hospital where he underwent surgery to his leg.

During the three-hour surgery, lead surgeon Andrea Tomas, placed a permanent stainless-steel plate and pin in Kilo’s femur and removed bullet pieces, according to the NC State Veterinary Hospital. Thomas said it appears the bullet hit the bone directly and shattered, leading to extensive soft tissue damage.

Tomas said that Kilo did well after the surgery and was awake, alert and aware of his surroundings on Friday morning.

He will head back to NC State in eight weeks for a check-up and if all is well, Kilo’s handler can start slowly re-introducing him back to work, Tomas said.

Authorities are still searching for the person or person responsible for the shooting. There is a \$2,000 reward leading to an arrest in the case.

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## Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Serria, a white shepherd. I was born in Ventura and you may see my parents and siblings around town. We love it here and I'm getting my service dog vest so I can help out my owner daily. I just completed training.

## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.





# The Pet Page

## Forever homes wanted

Hi, I'm Justin an Australian Shepherd / Spaniel X who is in need of a new home.

I'm a great dog, but I bond with people and can become protective of them. I need an experienced owner who can give me the structure and consistency that I need so I can relax and enjoy life. I didn't react at all to the stray cats at C.A.R.L.'s Pet Care Center, so I might be ok with a cat.

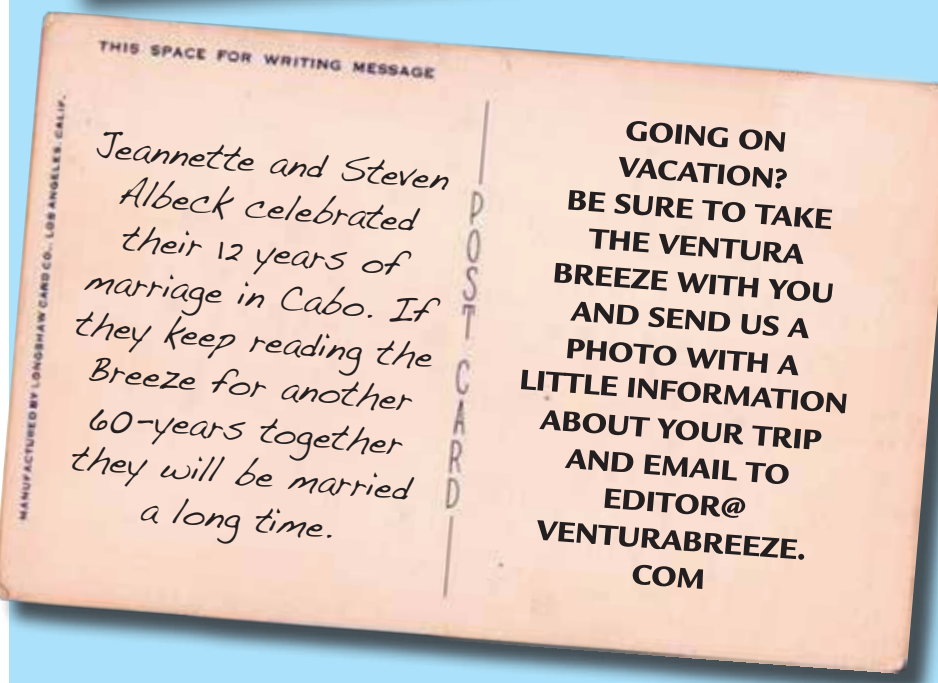
I've been in playgroups at the kennel with dogs my size and I was tolerant of dogs who came up to me. I did not show any signs of aggression. I am more of an observer. I do not initiate play or join in playing. I seem to prefer women over men.

I'm ready for Easter and my new home. Could that home be yours? Canine Adoption and Rescue League C.A.R.L.



Adolfo is not just another handsome face; he is also 50 pounds of affection,

energy and goofiness. He is 5 years old, but most folks assume is much younger because he is so puppy like. Adolfo loves, loves people and he wants one or more of them to call his own. Come meet this silly dog in kennel # 40 at VCAS. Ventura County Animal Services - Camarillo location - 600 Aviation Drive



## This 'n' That

### Community comes together for Amgen

Continued from page 1

Dolmans Cycling Team won stage 1 of the women's race with a time of 2 hours 36 minutes and 4 seconds and donned the much-coveted yellow jersey and the sprint leader's green jersey. The 2017 returning champion broke away from the pack and grabbed a solo victory during the final ascent to the finish.

Ventura sisters Alexis and Kendall Ryan finished 67th and 73rd respectively. At the women's team presentation the night before the women's race, Kendall talked about her home court advantage and comforting familiarity with the steep hills and sharp turns of her hometown's roads.

"No pressure really," she said as the crowd erupted in laughter, when asked about her stage 1 prospects, the same stage she won last year.

Ventura resident Jeff Tillquist, is not just a big fan of the Ryan sisters, but of American cyclists in general. "I just love watching our American cyclists do so well here even if it's really a predominantly European sport," he said.

Wearing a chicken costume, Tillquist was also aptly toting an American flag while waiting at the finish line for his

favorite teams including Rally UHC Cycling. It was his third time being a spectator.

In 2016, cyclists breezed through Ventura. Last year, stage 2 of the men's race started next to the Ventura Pier. This year, the women's 60-mile stage 1 started and finished next to the Ventura County Fairgrounds. The men's 136-mile stage 5 started in Pismo Beach and ended in Ventura, a few minutes after the women.

It's definitely bigger and better every year. "In 2016, we captured everyone's attention when Cabrillo Middle School spelled out 'Ventura' in the fields," said Marlyss Auster, president and CEO of the Ventura Visitors and Convention Bureau. "That got everyone's attention and the engagement we received was tremendous."

For Geerike Schreurs, a massage therapist who tours with the Trek-Segafredo team, it's the abundant sunshine and the surfing prospects that got her attention. "I love how it's so laidback here and the beach is right there," she said, pointing for emphasis. "And all the locals seem to be excited about the tour. We feel so welcome."

Yellow cow bells were in abundance and spectators rang them continuously as the riders started coming in. "I love

coming to watch the Amgen Tour," said Jerri Rousseau of Manhattan Beach. Rousseau and her husband have been following the tour around in their trailer from NorCal to SoCal and everywhere in between since 2006.

"There was that one year where they re-routed the course due to some snow and we were there," she said. "Then one year we dressed up our puppies in yellow, green and polka dot jerseys."

On the podium, Astana's Blanca Liliana Moreno Canchon donned the polka dot jersey establishing her early dominance of the mountains. In the men's race, Education First's Tejay van Garderen retained the yellow jersey while Astana Pro Team's Davide Ballerini showed everyone who was king of the mountains, donning the polka dot jersey. Bahrain-Merida's Ivan Garcia Cortina won stage 5 of the men's race.

Volunteers in bright orange shirts were posted at street intersections providing directional support and assisting local law enforcement with riders and spectator safety. Two-time volunteer Diane M. of Santa Barbara was one of about 220+ volunteers.

She got a front-row seat in her course

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marshal post along Ferro Drive, by Grant Memorial Park. "It was so worth it to take the day off and volunteer," she said. "I just love being part of the cycling community."

And in the end, it's all about that. Said Auster, "It takes a committed and caring community to stage an event of this magnitude where Ventura is front and center."



"I might be small but I can still read the Ventura Breeze."

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KEVIN O'CONNOR, President

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#### Ventura Libraries events

*Continued from page 6*

**6/18 & 25 Tuesdays &**

**6/19 & 26 Wednesdays @ 3-6pm**

For All Ages, kids, teen, adult. Free, drop-ins welcome, no prior experience needed. Try out the New Maker Menu!

**Hill Road Library**

**Family & Children's Ongoing Events**

**Early Literacy Class**

**6/5, 12, 19, & 26 Wednesdays @ 10:30am**

Join us every week for stories, poems, music, movement, a simple craft, and fun! Aimed at ages 0-5.

**Juggler David Cousin**

**6/3 Monday @ 5pm**

David Cousin, holder of five juggling world records, will amaze you!

**Musician Craig Newton**

**6/18 Tuesday @ 4pm**

Get ready for foot stomping, toe

tapping, hand clapping, sing-along fun with performer and singer-songwriter, Craig Newton.

**Storyteller Jim Cogan**

**6/25 Tuesday @ 4pm**

For 25 years Jim Cogan has been inspiring and motivating children to jump into the joy of reading through a wealth of oral tales.

**Contraption Lab**

**6/27 Thursday @ 4pm**

Kids can dream up crazy courses, then build and test them using this easy-to-construct hook and loop-like system.

**Saticoy Library**

**Summer Reading Events**

**Nathalia, Bilingual Children's**

**Musician**

**6/17 Monday @ 3-4pm**

**Juggler David Cousins**

**6/22 Monday @ 11:30am-12:30pm**

David Cousin, holder of five juggling

## This 'n' That

world records, will amaze you!

**Early Literacy Class**

**6/4, 11, 18, & 25 Tuesdays @ 10am**

Join us every week for stories, poems, music, movement, a simple craft & fun!

**Adult Classes & Events**

**English Classes**

**6/3, 10, 17, & 24 Mondays &**

**6/5, 12, 19, & 26 Wednesdays @**

**3- 5pm**

One on one instruction in English hosted by Laubach Literacy of Ventura County

No Closures in June.

**Bingo Night at the Rubicon**

*Continued from page 1*

numbers will be called out by two local celebrities. Guests will be surprised. A total of four games will be played and multiple cards may be played at one time. Each BINGO card will cost \$5 with a minimum of 2 cards played during the night. Cash prizes will be awarded. Snacks and beverages will be complimentary. Donations will be accepted. Please RSVP by leaving a message with Seryozha La Porte at 805-667-2912 x 232 or email nscurrah@rubicontheatre.org or visit the Rubicon Theatre Grandes Dames Facebook page to learn more.

The first quarterly Grandes Dames BINGO event took place on Mar. 26, 2019 with the talented Actor/Director Joseph Fuqua and handsome former Old Spice Model John Bennett Perry calling out the numbers. Cash prizes were awarded and proceeds of the event benefitted the Rubicon Theatre.

The Rubicon Theatre Grandes Dames organization was initiated by Nancy Gregory, Sandra Laby, Rosa Lee Measures, Barbara Meister and Dottie Novatt on Nov. 28, 1998. The women were in attendance at the Rubicon Theatre production of Jesus Christ Superstar. Barbara turned to her dear friend Dottie and remarked, "Don't we all look grand?" The women were already active members of the Casa Pacifica Angels volunteer organization and they thought it might be nice to start another charity and model it after the Angels. Having heard the word "grand", Dottie suggested they name themselves the Grandes Dames and Dottie was unanimously elected its first president.

Over the last two decades, the Grandes Dames have supported the Rubicon Theatre through fundraising, quarterly luncheons with live entertainment, an Anniversary Calendar, a cookbook, and a Murder Mystery Party. Being a member of the Grandes Dames is a fun way to socialize and support the Rubicon Theatre. Annual membership is \$48.

This summer, the Grandes Dames will be expanding the organization to include young professionals to the group and will host a networking event at Ventura Spirits 3891 N Ventura Ave. Guest speakers will include representatives from Economic Development Collaborative Ventura County and Nick Norris Owner and Consultant at ID Marketing & Design, Adjunct Marketing Professor at Ventura College. The event date is to be determined. If you or your business would like to participate in this fun and informative event, please contact Nicole Scurrah at nscurrah@rubicontheatre.org.

#### Mailbox

*Continued from page 4*

ing them. This can draw them closer to our shopping malls and highways and housing tracts, which should not "step out" into open space. These increase the threat to all animals needing undisturbed habitats and unblocked or narrowed paths when they are on the move. New "roads in the woods" only intensify threats to their healthy survival.

I wrote in the national magazine, American Scientist (September-October 2017, "Suburban Stalkers") about my reservations for building big new expensive causeways over freeways. They might avoid traffic deaths of animals following their instincts but they also bring new animals from the hinterland into suburbia, give reckless people a chance to use them however prohibited--and they cost millions.

By regulating existing open space in the form of corridors, pathways and land around streams and rivers, we provide for the health of local animals at the reasonable cost of requiring development to take it easy. They would have to provide more elaborate plans and studies of their proposed impacts so we can decide how much more of the county we want to give over to our own species. Our near-insatiable grab of natural resources does need stiffer regulation—our own survival depends on it.

Robert Chianese, Ph. D.

Ventura City Council:

The correct way to challenge the "Status Quo" is to address the inconsistency of "private sector vs. public sector" employee benefits.

Defined Benefit Plans (DBP) are practically non-existent in private industry. Businesses began eliminating them in the late 1980's. Private sector employees are unlikely to have DBPs again. Businesses do not want the risks associated with DBPs. So Private sector employees use 401k plans to fund their own retirement.

For the most part DBPs are only found in the case of government employees. Thus, we have the very unfair situation of private sector employees having to pay taxes to support public employees. Private sector employees cannot afford to pay for a benefit that they do not have.

Elected politicians have lacked courage to terminate DBPs in the public sector. Why? Public Employee Unions have waged campaigns against politicians who have tried to remove or weaken their DBPs.

Since Councilmembers are unlikely to remove the DBP, Councilmembers might consider putting this before the people. The Citizens of Ventura would like the opportunity to vote on a full array of DBP options (including termination, funding, etc., etc.).

Kindest regards,  
Charles Spraggins, M.B.A.

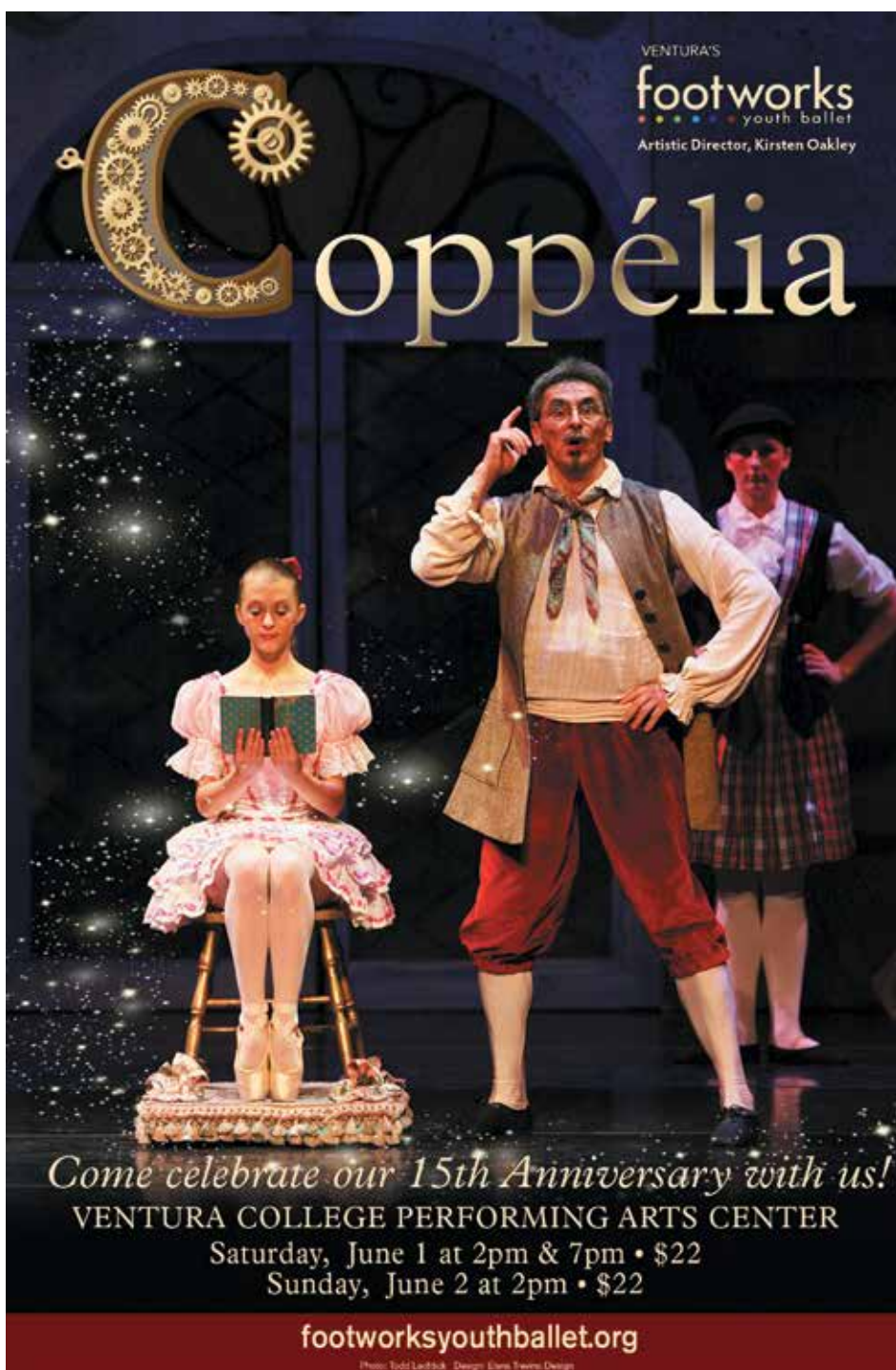
**Ventura Harbor Village Pirates Day**

*Continued from page 1*

ities, and photo opportunities around every corner.

Admission for Pirates Day is free. It's best to arrive early to find free parking in the Village or jump on the complimentary shuttle service from the overflow lot on Harbor Blvd and Schooner Drive, running from 11am to 6pm!

*Continued on page 23*



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Photo: Todd Laubach Design: Elena Swartz Design



# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

### Recovered Stolen Vehicle Arrests

On May 4, at approximately 6:30am, the Ventura Police Department Command Center received a call of a suspicious vehicle in the parking lot of the Poinsettia Pavilion in the 3400 block of Foothill Rd. The caller reported seeing 3 males loitering near a vehicle and one of them was removing a license plate.

While officers were still responding to the call, a resident in the 6900 Swan St. called dispatch and reported that she just discovered her vehicle had been stolen sometime during the night. The vehicle in the suspicious vehicle call matched that of the stolen vehicle. When officers arrived on scene at the Poinsettia Pavilion, the vehicle was no longer in the parking lot.

Officers contacted the victim and learned she had the ability to track her vehicle, which was last shown to be in the area of Telephone Rd. and Ramelli Ave. Officers responded to that area and saw the vehicle pulling into an apartment complex in the 6500 Telephone Rd.

Before officers were able to initiate a traffic stop, the 17-year-old male driver stopped the vehicle and fled on foot. After a brief foot pursuit, the juvenile was taken into custody. He was arrested for possession of a stolen vehicle, possession of stolen property, resisting arrest and conspiracy.

The passenger, 19-year-old Oxnard resident Samuel Carranza, was quickly taken into custody. He was arrested for possession of a stolen vehicle, contributing to the delinquency of a minor and conspiracy.

On the same date, at approximately 4am, home surveillance video from residences in the area of Swan St., showed several subjects casing unlocked vehicles at the time the victim's vehicle was stolen. The male juvenile was found to be in possession of property taken from one of those vehicles.

### Threats and Brandishing a Knife in a Threatening Manner

On May 13, at approximately 9pm, the Ventura Police Department Command Center received a 911 call of a brandishing that just occurred outside of Starbucks in the 1900 block of S. Victoria Ave. The victim was stopped in his vehicle waiting to exit the Starbucks parking lot, when the suspect approached his driver's window, which was closed.

The suspect, later identified as 38-year-old vagrant Kent Carter, walked up to the victim's vehicle and stated he was going to harm the victim. The victim did not hear him at first, so he rolled down the window to see if Carter needed something. It was at that time Carter pulled a knife out of his pocket and while making a cutting motion across his neck, he again made a threat that he was going to harm the victim. The victim sped away and immediately called 911.

Several officers responded to the call and located Carter a short distance away inside of Trader Joe's on Victoria Ave. Officers waited for Carter to exit the store, at which time he was taken into custody without incident. After being positively identified, Carter was arrested for making threats and brandishing a knife in a threatening manner.

### Assault with a Firearm, Shooting at an Occupied Vehicle, Child Endangerment

On May 16, at approximately 8am, Ventura Police patrol officers responded to a call of a shooting that had occurred in the area of the 1200 block of Nilgai Pl.

Officers located the victims who described the incident. According to the victims, the suspect, 29-year-old Ventura resident Seeb Hurtado, knocked at their residence's front door inquiring about a vehicle. The occupants did not have any information on the vehicle and the suspect left.

The victims entered their vehicle to leave for the morning and saw the suspect in the area again. The adult female was concerned about the male's continued presence in the area around her home. In response she drove around the area several times. When the suspect saw her and her juvenile daughter, he seemed fixated on them and their vehicle.

When the mother was driving away from the area, the suspect produced a handgun and fired it at their vehicle from a short distance away. The mother fled while calling 911. Neither victim nor the vehicle was struck by the gunfire.

Responding officers observed a subject matching the suspect's description. When the officer went to contact the subject, he fled into a nearby barranca. The officer caught up to the suspect and detained him at gunpoint. Additional officers arrived and took the suspect into custody without incident.

Officers canvassing for a crime scene located evidence of a shooting right where the victims indicated. The suspect was identified by the victims as the shooter and he was arrested.

Detectives obtained a search warrant and the nearby residence of the suspect was searched. Further evidence of the crime and the suspect's involvement was located.

The suspect was booked into Ventura County Jail for Assault with a firearm, Shooting at an Occupied Vehicle, and Felony Child Endangerment.

### Serious Injury Hit and Run Investigation

On May 16, at approximately 11pm, the Ventura Police Command Center received a call of a hit and run collision that had occurred on Thompson Bl west of Kalorama St. Officers arrived on scene and located an unresponsive female in the roadway being tended to by citizens.

The investigation revealed that the female pedestrian was crossing the roadway northbound on Thompson Bl midblock. A vehicle traveling westbound struck the pedestrian in the roadway and fled the scene without checking on the condition of the pedestrian. Identifiable parts of the vehicle that struck the pedestrian were located at the location of the collision.

The pedestrian was treated by the Ventura City Fire Department and transported to Ventura County Medical Center where she remains in critical condition and is not expected to survive. This is an ongoing investigation and anyone who has information about this collision is asked to contact Officer Bevan at 805- 339-4447.

### Fatal Traffic Collision

On May 17, at approximately 1:30am, the Ventura Police Command Center received a call of an injury traffic collision that just occurred on Telegraph Rd at Claremont Way. Officers arrived on scene and located a vehicle that collided into a traffic signal

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pole with five occupants.

The investigation revealed that the driver was travelling eastbound on Telegraph Rd at a high rate of speed before leaving the roadway and colliding into the traffic signal pole. No other vehicles were involved in the collision. Alcohol was a contributing factor in the collision.

The five occupants, all from Fillmore, were treated on scene by the Ventura City Fire Department. The front passenger (15 year old male) had succumbed to his injuries on scene. The other four occupants were transported to the Ventura County Medical Center. The driver was in critical condition (21 year old male) and the three additional passengers (15 year old males) were in serious condition.

This is an ongoing investigation and anyone with information about this collision is asked to call Corporal Gomez at 805-339-4474

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**5-02** 5:40pm, received a report of a transient casing cars near the National Park Service. Officers responded and found the subject on the beach at Harbor Cove. Nothing suspicious was observed and the individual moved on.

**5-04** 11:30am, received a dispatch to a vehicle into a building at 1559 Spinnaker Drive. Officers responded and determined there were no injuries involved with the incident. VFD responded shored up the entrance and City building inspectors "red-tagged" the building until it can be repaired.

**5-05** 7:15am, received a report of an injured seabird, grebe at the Santa Clara Rivermouth. A good Samaritan caught and placed the bird in the estuary. Officers

found the bird and captured it because it appears sick/injured. Bird Rescue volunteers were contacted and arranged for a pick up at the Port Dist.

**5-10** 11:00am, Harbor Patrol and Marine Safety Officers training with Oxnard Fire water rescue class at Surfers Knoll beach. Rescue Boat 19 was used in class.

9:52pm, received a report of a fall victim in the Harbor Village. Officers responded and assisted a subject who stepped in dog droppings and slipped and fell. The patient was uninjured and the dog/owner were not located.

**5-11** 8:32am, dispatched to a medical, ill person in a vehicle at 1860 Spinnaker dr. Officers responded and assisted VFD/AMR with treatment of severe leg pain from the patient. The patient was self-transported to local hospital.

9:06pm, received a dispatch to a medical, unconscious person at 1550 Spinnaker. Officers responded and assisted VFD/AMR with assessment and treatment of a 60 year old male who was transported by AMR to hospital.

**5-12** 6:43am, dispatched to a fall victim in the Ventura Marina Community, officers responded and assisted VFD/AMR with a female complaining of back pain. The patient was transported to local hospital by AMR for further evaluation.

7:11am, while on patrol, officers observed an injured bird, a grebe. They caught it and contacted sea bird rescue for pick up and treatment.

**5-13** 7:33am, dispatched to a medical, fall victim in the Ventura Marina Community. Officers responded but were unable to locate the patient. All responding units were cancelled and placed back in service.

**5-14** 5:05pm, while on patrol, officers observed hazardous ocean conditions from South Jetty to the Santa Clara Rivermouth. 4-6ft South swell with strong rip currents in several places. Officers monitored the conditions ensuring no inexperienced swimmers or surfers were heading out.





by Pam Baumgardner  
VenturaRocks.com

SurfRodeo has finally announced their headliners for each day! First, it's The Expendables (reggae) for Saturday, July 13, and then it's Hepcat (ska and reggae) for Sunday, July 14. Don't forget that the two-day surf and music festival lands in a new spot this year at the Ventura Pier. JD Drury has always been a strong supporter of local music, case in point, you can catch loads of local bands including Hy Brasil, Stoneflies, Honey Owl and Kings Revenge along with JD's Raging Arb and the Redheads. There will be 30+ bands along with surf and cornhole competitions, and cowgirl & cowboy bikini contest...hey wait! A cowboy bikini contest? How did I miss this before??? Get tickets and more information at SurfRodeo.org.

The 4th Annual Ojai Blues Fest at Ojai Art Center will be held on Saturday, June 1, with another amazing lineup of blues artists. The doors open at 1 pm with music from Kelly's Lot, Orphan Jon and the Abandoned, Crooked Eye Tommy, Rae Gordon, Laurie Morvan Band, then a grand finale set featuring an all-star jam. Acoustic sets will be played in between to keep the day moving; tickets available online at OjaiBluesFest.com

Tickets for the Music Under the Stars concert series this summer are available only through Ventura City Hall. Several shows have already sold out, but you can still get tickets for Sound Effect on July 20, Rodeo Drive on July 27, Four Lads from Liverpool on August 3 and Identity Theft on August 10. I'm happy to see people are scooping up tickets, but it's a little baffling why the City doesn't set up an online page to purchase tickets; you still have to call to get yours during their regular business hours.

Quick Notes: the May 23 Good Charlotte show has been cancelled at the Ventura Theater; Jon over at Leashless will be hosting the Listening Room Open Mic weekly on Tuesday nights until further notice; Big Adventure has landed a Wednesday night residency at Oak and Main; you can find out what psychedelic jazz funk sounds like when Los Retros and Evolution Burger play Concrete Jungle on Friday, May 24; Ventura College Performing Arts Center hosts El Bracero, a Mariachi opera on Friday May 24; River Ripley, RyMi and the Martians along with Tattered Angels play Namba downtown on Saturday May 25; and Topa Mountain Winery will have live music with Bryan Titus Trio on Memorial Day, Monday, May 24.

The Pam Baumgardner Music Hour returns to KPPQ-LP at 104.1 FM after a short hiatus following the passing of my father Gilbert Sanchez. Airdates are Tuesdays and Fridays at 5 pm and Sundays at noon. You can also listen with the MyTuner app for your phone or online at CapsMedia.org.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com. For updated music listings daily, go to www.VenturaRocks.com.

## Music Calendar

For more events go to VenturaRocks.com

- Black Angus**  
4718 Telephone Road  
Music 5:30 – 8:30 pm  
Thursdays: Mark David Undercover
- Blue Agave**  
185 E. Santa Clara  
Fridays: Mariachi Band; DJ  
Saturdays: DJ
- The Blue Room**  
Ventura Harbor Village  
(Next to Comedy Club)  
Thursdays: Gypsy Blues Band w/ Shawn Jones
- Boatyard Pub**  
Ventura Harbor Village  
Monday-Thursdays 6 pm, Friday & Saturday 7 pm  
Mondays: Milo Sledge  
Tuesdays: Jason Ho/Frank Barajas  
Thursdays: Bluegrass Jam  
Sun 5/26: Big Adventure Duo  
Sun 6/2: Jon Gindick
- Bombay Bar & Grill**  
143 S. California Street  
Thursdays, Friday & Saturdays: DJs
- Café Fiore**  
66 S. California Street  
Fri 5/24: The Collectives  
Sat 5/25: Little Alice  
Sun 5/26: Jangala Roots  
Tues 5/28: Jason Bourne  
Wed 5/29: Kylie
- The Cave**  
4435 McGrath Street  
5:30 – 8:30 pm  
Weds & Saturdays: Varon Thomas  
Thurs & Fridays: Warren Takahashi  
Concrete Jungle Brewing  
4561 Market Street  
Fri 5/24: Los Retros, Evolution Burger
- Copa Cubana**  
Ventura Harbor Village  
Music 7 pm; Sundays 4 pm  
Mondays: Smokey & Friends  
Tuesdays: The Jerry McWorter Trio  
Wed 5/22: Al Macias Open Mic  
Fri 5/24: Native Vibe  
Sat 5/25: Ruben Estrada & The Martinez Brothers  
Sat 6/1: Ruben Estrada & The Martinez Brothers
- Dargan's Irish Rub & Restaurant**  
593 E. Main Street  
Sun 6/2: The Sunday Drivers (4 pm)
- Discovery**  
1888 Thompson Blvd  
Thurs 5/23: Sammy J, The Hooliganz  
Fri 5/24: One Drop Redemption  
Sat 5/25: Twisted Gypsy  
Sun 5/26: Sgt. Pepper (brunch); Groove Session (5 pm)  
Wed 5/29: Alborosie & the Shengen Clan, Herbal Rootz  
Thurs 5/30: Heavy Petty  
Fri 6/1: Cubensis
- El Rey Cantina**  
294 E. Main Street  
Fridays: DJ  
Saturdays: DJ
- Four Brix Winery**  
2290 Eastman Avenue  
Music 6 – 8:30 pm  
Fri 5/24: Jodi Farrell and Jim Rankin

- Fri 5/31: Karen Eden & Bill Macpherson
- Garage**  
1091 Scandia Avenue  
Wed 5/22: Del Toros, The Young Barons  
Fri 5/24: Ward, Four Day Beard  
Sat 5/25: The Robot Uprising, Hymen Blasters, 900 Pound Gorilla, QMD  
Wed 5/29: Dead Boys, Die Group
- Grapes and Hops**  
454 E. Main Street  
Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm  
Thurs 5/23: Ray Jaurique  
Fri 5/24: Shawn Jones  
Sat 5/25: Maria Calerie  
Sun 5/26: Tex Pistols  
Fri 5/31: Brandon Ragan Project
- Hong Kong Inn**  
435 E. Thompson Blvd  
Wed 5/22: Gemini B-Day Jam  
Sat 5/25: Civil Conflict, Bootleg Brigade, Slum Brigade, Mulholland, Bare Minimum, Operation Oxnard  
Sun 5/26: Del Franklin (4-7 pm)  
Sun 6/2: Satin
- Keynote Lounge**  
10245 E. Telephone Road  
Tues, Wed and Sun: Karaoke  
Thursdays: Open mic night  
Fri 5/24: Red Rhythm  
Sat 5/25: What the Funk  
Fri 5/31: DJ AVG  
Sat 6/1: Crosscut 805
- Leashless Brewing**  
585 E. Thompson Blvd.  
Tues: Open Mic, The Listening Room  
Sat 5/25: Teresa Russell & Tom Buenger  
Thurs 5/30: DJ Rockingchair  
Sat 6/1: Shawn Jones
- Limon y Sal**  
598 E. Main Street  
Fridays: DJ  
Saturdays: DJ  
Sundays: Instone (1-4 pm)
- Made West Brewing**  
1744 Donlon Street  
Thurs 6 pm; Sat 4 pm; Sun 3 pm  
Thurs 5/23: Hannah Jobus  
Sat 5/25: Jeff Uzzel  
Thurs 5/30: Ted Lennon
- Margarita Villa**  
Ventura Harbor Village  
Wed 5/22: Mark Masso  
Fri 5/24: Corsican Brothers  
Sat 5/25: Matt Clark  
Sun 5/26: Doc Rogers Band  
Mon 5/27: Misunderstood  
Tues 5/28: Bob Bishop  
Wed 5/29: Karen Eden  
Fri 5/31: Whiskey Business  
Sat 6/1: Sin Chonies  
Sun 6/2: CRV
- Namba**  
47 S. Oak Street  
Sat 5/25: River Ripley, RyMi and the Martians, Tattered Angels  
Sat 6/1: Flamenco  
Sun 6/2: Hands On Ensemble
- Oak and Main**  
419 E. Main Street  
Sundays: Sing Time Karoke  
Tuesdays: Beers Brothers Open Mic  
Wednesdays: Big Adventure  
Thurs 5/23: Total Recluse  
Fri 5/24: Seaside Band  
Sat 5/25: Ric Ash (4 pm); Colette Lovejoy Band  
Sun 5/26: Medicine Hat (11:30 am); The References (2 pm); Heart & Soul (6:30 pm)  
Thurs 5/30: Beers Brothers Showcase  
Fri 5/31: Dave Bowery  
Sat 6/1: Ric Ash, The Might Cash Cats  
Sun 6/2: Andrew Dr. Suico
- Ojai Art Center**  
113 S. Montgomery Street  
Ojai, CA  
Sat 6/1: Ojai Blues Fest w/ Crooked Eye Tommy feat. Rae Gordon, Orphan Jon & the Abandoned, Kelly's Lot, Laurie

- Morvan Band
- O'Leary's**  
6555 Telephone Road  
Wed: Karaoke
- Paddy's**  
2 W. Main Street  
Wednesdays: Karaoke  
Fri & Sat: DJs
- Plan B Winery**  
3520 Arundell Circle  
Sun 5/26: Yesterday & Today
- Red Cove**  
1809 E. Main Street  
Wed 5/22: Vicious Cycle, The Meat Beaters
- Sandbox Coffeehouse**  
204 E. Thompson Blvd  
805-641-1025  
Thurs 6 pm, Weekends noon  
Thursdays Open Mic  
Sat 6/1: No class  
Sun 6/2: Nate Music
- Sans Souci**  
21 S. Chestnut  
Sundays: DJ Darko  
Mondays: Karaoke w/ Brian Parra  
Tuesdays: DJ Nick Dean  
Wednesdays: Open mic  
Thursdays: DJ Spinobi  
Fri 5/24: Stevie Char  
Sat 5/25: Raised on Vinyl  
Fri 5/31: DJ Pistolero  
Sat 6/1: DJ Pistolero
- The Shores Restaurant**  
1031 Harbor Blvd, Oxnard  
Fri 5/24: Jose Valdez Jazz Trio  
Sat 5/25: 805 Allstarz  
Sun 5/26: Ray Ray and the Rustlers  
Fri 5/31: Dave Parsonage  
Sat 6/1: Brandon Ragan Project
- The Star Lounge**  
343 E. Main Street  
Fri 5/24: CRV  
Sat 5/25: Masters of the Past  
Fri 5/31: Mini Driver Band
- The Tavern**  
211 E. Santa Clara Street  
(805) 643-3264  
Sundays: DJ Steezy Steve  
Tuesdays: Karaoke  
Thursdays: Get Right DJ  
Fri 5/24: The Intelligence, The Spires, Vnlvx  
Sat 5/25: The Black Stripes
- Topa Mountain Winery**  
821 W. Ojai Avenue, Ojai  
Music 3-5 pm  
Sat 5/25: Hunter & the Dirty Jacks  
Sun 5/26: Joystix  
Mon 5/27: Bryan Titus Trio
- Ventura College Performing Arts Center**  
4700 Loma Vista Road  
Fri 5/24: El Bracero, a Mariachi Opera
- Ventura County Fairgrounds**  
10 W. Harbor Blvd.  
Fri 5/24: Liberacion, Industria del Amor, Bryndis y Mas
- Winchester's**  
632 E. Main Street  
(805) 653-7446  
Music at 7:00 pm; Sundays at 5 pm  
Fri 5/24: Carlo Fontaine  
Sat 5/25: Jon Gindick  
Sun 5/26: CRV  
Fri 5/31: Frank Barajas  
Sat 6/1: The Swillys  
Sun 6/2: Hot Cuppa Three
- 1901 Speakeasy**  
649 South B Street, Oxnard  
Fri 5/24: Rich Sheldon  
Sat 5/25: Carlo Fontaine  
Fri 5/31: Bobby Campbell
- The 805 Bar**  
Ventura Harbor  
Music at 11 am – 1 pm Fri & Saturday  
4-7 pm Saturday  
Saturdays: Kenny Devoe  
Sundays: Kenny Devoe





An exhibition of artworks by Buenaventura Art Association (BAA) members at Harbor Village Gallery & Gifts, the group's beachfront location, will run until July 14.

On May 18, awards were given at the BAA Juried Members Exhibit by **Sharon Taylor**, Executive Director BAA before a very large enthusiastic crowd of art lovers. The first Outstanding Merit Award was presented to **Lisa Ann Mahony** for her work "Sailing at Sunset."

Buenaventura Art Association also operates Buenaventura Gallery in Studio 30 at Bell Arts Factory, 432 N. Ventura Ave. For more about BAA and its programs, visit [www.buenaventuragallery.org](http://www.buenaventuragallery.org) or call 805-648-1235.

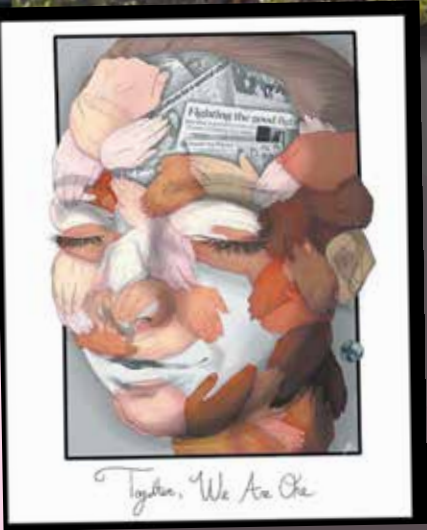
Harbor Village Gallery & Gifts is at 1559 Spinnaker Drive, Suite 106, and is open 11 a.m. to 6 p.m. daily.



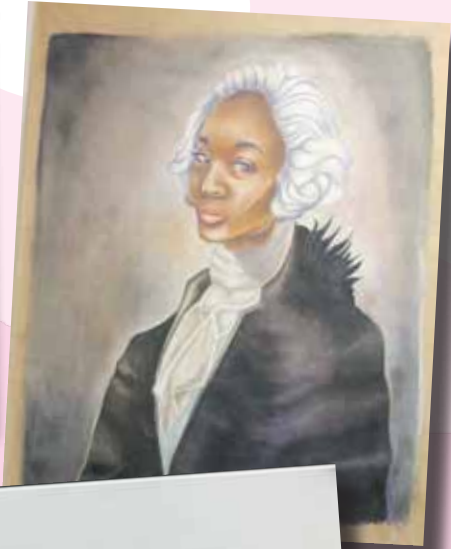
Zaid



Chang



Lonis



Hanna



Pollock



**Jordan Pollock, Madison Lonis, Shira Zaid, Kamar Hanna and Rachel Chang** were honored for their art. Photo by Michael Gordon.

The Rotary Club of Ventura has announced the winners of a new Perspectives on Peace Scholarship program. Five high school seniors are being awarded a total of \$9,000 in scholarships, based on their outstanding original art. They were honored at Ventura Rotary Club on May 15th, and their artwork is on display at the Museum of Ventura Country until June 2nd.

"We did some research on the types of scholarships available to Ventura-area high schoolers and found that, while there are several competitive essay-based and merit-based scholarships available, there was not an artistic-based scholarship," said Doug Halter, current Ventura Rotary Club president.

The Perspectives on Peace Scholarship received 20 entries of artwork from high school seniors. Ten judges reviewed each applicant's artistic rendering of their personal perspective on peace and their recommendations from teachers, guidance counselors, or mentors.

The winners of the Ventura Rotary Club 2019 Perspectives on Peace Scholarship are: 1st prize \$5,000 Shira Zaid (Ventura High School), 2nd prize \$2,000 Madison Lonis (Buena High School), 3rd prize \$1,000 Kamar Hanna (Buena High School), Honorary mention \$500 Jordan Pollock (Ventura High School) and Honorary mention \$500 Rachel Chang (Foothill Tech High School).



# Lighter Breeze

Mother Goose and Grimm



Arctic Circle



Between Friends



Beetle Bailey



Crock



Hagar the Horrible



Solutions on page 19

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

	8			3	1		
		7		9			6
1			2				9
	5			1			9
		2	9		6		3
7			8			4	
	4			3	1		7
		3	4				8
6				8		5	

## Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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Solutions on page 19

## King Crossword

### ACROSS

- Snapshot
- America's uncle
- Go back
- Dawn
- Pirouette pivot
- "7 Faces of Dr. —"
- Foolish
- Current
- Use mouth-wash
- Stirred
- Service charge
- Exist
- Nervous
- Screws up
- Point of view
- Horseradish cousin
- Medal earners
- Mottled mount
- Break suddenly
- Went on all fours
- Kreskin's claim
- Have a go at
- In the pink
- Daughter of Muhammad
- Oppressive
- Danger
- [Uncorrected]
- Work with
- Skip a sound
- Superlative ending
- Roulette bet
- Rose

1	2	3	4	5		6	7	8		9	10	11
12						13				14		
15						16				17		
			18			19				20		
21	22			23				24				
25				26		27		28				
29				30			31			32	33	34
				35			36			37		
38	39	40				41		42		43		
44					45				46			
47				48				49			50	51
52				53				54				
55				56				57				

### DOWN

- Tire pressure stat
- Barbarian
- Asian wild asses
- With
- 46-Down, cheese-topped sandwich
- Phantom's bailiwick
- "Hot"
- Top-rated
- "Family Guy" daughter
- "Cats" inspirer
- Money lenders
- One over par
- Deed holders
- Wheat or rye
- A handful
- Geological period
- Brewery product
- Demolitions specialist
- Specter
- Morsel
- Easternmost
- Great Lake
- Corn spike
- Agent
- Ribbed
- Opted for
- Indian royals
- Vote in
- They're calling Danny Boy
- Blend together
- See 4-Down
- "— American Cousin"
- Altar affirmative
- Started

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**ARIES** (March 21 to April 19) An unexpected development could change the Arian's perspective on a potential investment. Keep an open mind. Ignore the double talk and act only on the facts.

**TAURUS** (April 20 to May 20) A surge of support helps you keep your long-standing commitment to colleagues who rely on you for guidance. Ignore any attempts to get you to ease up on your efforts.

**GEMINI** (May 21 to June 20) Family continues to be the dominant factor, but career matters also take on new importance. You might even be able to combine elements of the two in some surprising, productive way.

**CANCER** (June 21 to July 22) A realistic view of a workplace or personal situation helps you deal with it more constructively once you know where the truth lies. Reserve the weekend for someone special.

**LEO** (July 23 to August 22) As much as you Leos or Leonas might be intrigued by the "sunny" prospects touted for a potential investment, be careful that you don't allow the glare to blind you to its essential details.

**VIRGO** (August 23 to September 22) A friend's problem brings out the Virgo's nurturing nature in full force. However, don't go it alone. Allow others to pitch in and help share the responsibilities you've assumed.

**LIBRA** (September 23 to October 22)

A business decision might need to be put off until a colleague's personal matter is resolved. Use this time to work on another business matter that you've been anxious to get to.

**SCORPIO** (October 23 to November 21) Relationships (personal or professional) might appear to be stalled because of details that keep cropping up and that need tending to. Be patient. A path begins to clear soon.

**SAGITTARIUS** (November 22 to December 21) A promotion could cause resentment among envious colleagues. But others recognize how hard you worked to earn it, and will be there to support you if you need them.

**CAPRICORN** (December 22 to January 19) Handling a delicate personal matter needs both your wisdom and your warmth. Expect some setbacks, but stay with it. The outcome will more than justify your efforts.

**AQUARIUS** (January 20 to February 18) Resist the temptation to cut corners just because time is short. Best to move ahead step by step so you don't overlook anything that might later create time-wasting complications.

**PISCES** (February 19 to March 20) Use the good will you recently earned with that well-received project to pitch your ideas for a new project. Expect some tough competition, though, from an unlikely source.

**BORN THIS WEEK:** Your love of family extends beyond your personal life to include others to whom you generously extend your care and affection.

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# Showtime

A View from House Seats

## Past and present converge in Camarillo

by Shirley Lorraine

“There is fear in this century” relates one of the characters in Camarillo Skyway Playhouse’s production of the classic play *The Crucible*. Penned in 1953 by playwright Arthur Miller, the partially fictionalized account is set in 1692 in Salem, Massachusetts at the height of the Salem Witch Trials.

This powerful piece shows how crowd mentality and unwavering prejudice without benefit of facts can literally ruin lives.

A group of young girls are witnessed dancing and cavorting in the forest in the dead of night by a local priest. This leads to suspicions that they are conducting witching spells. As the suspicions grow, so does the fear, in both the townsfolk and the girls involved. Rumors and untruths act as kindling to fan the fires of accusation.

The leader of the group, Abigail, engaged in an affair with John Proctor, a local farmer, while employed by the family. Proctor’s wife Elizabeth fired Abigail and is quick to label her as a witch, convincing others to do so as well.

Tensions and emotions run high as the girls first attempt to explain their actions before ultimately bending to the prejudicial browbeating by the local judge, priests and townsfolk.

After one of the girls has a “fit” and is seemingly unconscious, a confession is forced out of Tituba, a slave who was part of the group. Succumbing to pressure, she names each of the girls as witches.

Proctor is exposed as an adulterer and is made to suffer along with the girls. Along the way, greed, untruths, secrets and political misdeeds are revealed. Everyone bears the mantle of suspicion.

No one really knows the innocence or guilt of the group, nor seems willing

to ferret the truth. The girls are intimidated and verbally beaten until finally they give in, and in a show of solidarity and desperation, declare themselves to be witches despite their earlier protestations.

Any similarities to the current political climate may seem to mirror those of Miller’s original writing, which took place during the era of McCarthyism. Ah, history does repeat itself. Clearly demonstrated is the pervasive lemming mentality, with many blindly grasping at suggestions like smoke rings. Even as the smoke evaporates, the desire to blame someone, anyone, continues without reason.

The large cast assembled by director Brian Robert Harris features a cadre of seasoned actors seen on many county stages. Among them are Adam Womack as John Proctor, Ron Rezac as Deputy Governor Thomas Danforth, and Andy Brasted as Judge Hathorne. The familiar names of Scott Blanchard, Jim Seerden, Jim Diderrich, Theresa Secor and Bill Walthall also pepper the action.

The setting is appropriately sparse, costuming is simple and effective. Background music accentuates the mood in many places as the emotions reach fever pitch.

*The Crucible* has always been an important play, which seems especially appropriate now given the divisive unrest across the nation. It shows that, despite progress, little has changed since the 1600s. Are we destined to repeat the same or similar actions every century? It does seem possible.

Catch the next production there of *Peter & The Starcatchers* in June. Contact (805) 388-5716 or [www.skyway-playhouse.org](http://www.skyway-playhouse.org).

### Movie Review by Cindy Summers

## The Hustle



Breeze rating from 1 to 4 palm trees, 4 being best.

The Hustle is the 2019 remake of *Dirty Rotten Scoundrels* (1988), which was a remake of *Bedtime Story* (1964). Released by United Artists, Produced by Metro-Goldwyn-Mayer, Directed by Chris Addison, and Written by Stanley Shapiro, Paul Henning, Dale Launer, and Jac Schaeffer. Starring Anne Hathaway as Josephine Chatterfield, Rebel Wilson as Penny Rust, Alex Sharp as Thomas Westenburg, and Nicholas Woodeson as Albert.

Josephine and Penny are two con artists who swindle gullible, rich men in Beaumont-sur-Mer on the French Riviera. Josephine is a British woman who is glamorous and cultured, while Penny is a very erratic and fun-loving Australian, and after they meet they start to compete but eventually join forces. Josephine puts Penny through the paces in a quasi con training school in her nice French villa to get Penny’s con skills more refined so that they can jointly target

men for luxurious jewelry and eventually work together to steal the riches of an internet billionaire.

I would be the first to admit I’m a huge Rebel Wilson fan, from her breakout role in *Bridesmaids*, to all 3 *Pitch Perfect* movies to her TV series *Super Fun Night* which she created, had the lead role and ran for 17 episodes ~ all filled me with bellyaching laughter from her comedic timing and physicality.

In *The Hustle*, in which Wilson also is as Producer, she unfortunately misses the mark as the gags are childish in nature, the cons are insultingly obvious, and the comedic timing seems off most of the movie. Wilson does shine with outrageous physical comedy throughout, which lessens the disappointment of what looks to be an outrageous comedy from the trailers.

Anne Hathaway is no stranger to comedy, and is cast well as the aristocratic opposite to Wilson’s less experienced and impulsive style. Hathaway’s physical comedy is surprisingly quite good throughout the movie and her dry wit plays well off Wilson’s seemingly oblivious nature.

Nicholas Woodeson (Albert the butler) is a stand-out in this comedy lineup for his perfect comedic timing, dry humor and his hilarious physicality.

Though there are a few shining moments of comedy, most of *The Hustle* falls flat leaving the audience feeling hustled by the



GOLD COAST CONCERT CHORUS

# Gold Coast Concert Chorus

Elizabeth Helms, Artistic Director

## Hot Days & Cool Nights

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Saturday, June 8, 2019 at 2:00pm

St. John's Lutheran Church  
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For concert descriptions, tickets and locations, visit us at [www.goldcoastchorus.org](http://www.goldcoastchorus.org)



promise of such a comedic pairing where the chemistry doesn’t ever seem to quite gel.  
Rated PG - 93m

### Ventura Harbor Village Pirates Day

Continued from page 18

For one day only, venture along the waterfront to find pirates in sword fights by professional Pirates for Hire, mermaids, treasure, exotic birds, live music, rum drinks, and pirate eats. Keep an eye out for Reece Ryan’s on-land Kids Pirate Ship, Captain Jack, Hook, Shmee, & Tink (look-a-likes), and strolling pirate musicians. Games are back and better than ever - take a ride on the bucking shark, jump on the inflatable kracken, kids can enjoy the new Rockin’ Pirate Ship, and more. Visit Port Royal Privateers’ historical encampment and shop at the vendor booths for pirate ware and nautical-themed loot. Hold tropical birds, snap a photo at themed selfie-stations, and stop for face painting or henna body art.

Everyone is encouraged to come dressed in their best pirate garb! Strut in the Pirates Day costume contests held throughout the day for different age brackets. Pirates up to 12 years old partake in the Kids Treasure Hunt (\$5) leading to a magical treasure trove and free pirate craft activities.

For grog and grub, Village restaurants offer a variety of cuisine for hungry crews; including roasted turkey legs and rum specials. Live entertainment will range from Steel Drummers to the Sword Coast Medieval Fighters Club. Ventura Harbor Pirates Day gives you a chance to get in your best piratical gear and wander by the sea to interact with pirates and gypsies of all ages.

Admission and parking for Pirates Day 2019 are free. Ventura Harbor Village is located 1583 Spinnaker Drive off of Harbor Blvd. Do not miss this treasure-trove of excitement by the sea.

CALL & BOOK YOUR PRIVATE EVENT!  
**805-253-7163**

# Discovery VENTURA

LIVE MUSIC • BOWLING • FOOD & DRINK

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5/24: ONE DROP REDEMPTION - TRIBUTE TO BOB MARLEY  
5/25: TWISTED GYPSY - TRIBUTE TO FLEETWOOD MAC  
5/26: BRUNCH W. THE BEATLES  
5/26: GROOVE SESSION  
5/29: ALBOROSIE W. THE SHENGEN  
5/30: HEAVY PETTY - TRIBUTE TO TOM PETTY  
5/31: SONORA EXPLOSIVA



FULL CALENDAR & INFO  
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HARD HAT TOUR  
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# Grand Opening



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**Family Fun!** Games, prizes, music and more on June 8th!

**Join us for our grand opening summer kickoff!**  
Ribbon cutting – Friday, June 7, 1–2:30 PM  
Open house – Saturday, June 8, 1–4 PM

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DR. ORNA DURSALIM



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