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Chief Building Official to receive prestigious recognition.

Yolanda helped to respond to the rebuilding after the Thomas Fire

Yolanda Bundy, Chief Building Official City of Ventura has been selected by the Structural Engineers Association of Southern California as the Safer City Building Official of the Year because of her dedication to supporting a safer community and leadership within the building official community.

In selecting Bundy they stated "You have exhibited strong support for advancing structural engineering, and this is especially true during 2018 as you helped respond to the rebuilding after the Thomas Fire. Moreover, your involvement of SEOASC and structural engineers in your work has strengthened the outcomes of your efforts."

She is head of the Ventura Building and Safety Division, the office that issues building permits for construction projects in Ventura, such as new housing developments, commercial structures, small residential remodeling projects, or the installation of solar panels on a commercial or residential structure.

She was appointed as the City's Chief

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Dispatcher Megann Williams is the Dispatcher of the Year.

National Public Safety Telecommunicators Week

The week of April 14-20, 2019 is recognized as "National Public Safety Telecommunicators Week" bringing recognition to public safety dispatchers who are a vital part of the public safety team. These very special people are the voices that assure rapid response during emergencies. They play a critical role in coordinating first responders and life-saving efforts.

During this week the Ventura Police Department formally acknowledge the dispatchers for their dedicated service. In 2018, public safety dispatchers and supervisors at the Ventura Police Department responded to more than 210,000 calls including 53,180 9-1-1 calls and every year that number grows. Public safety dispatchers are the lifeline that ensures the continued protection of police officers and the community members we serve. Day in, and day out, people depend on the skill, expertise and commitment of the dispatchers who work in public safety communications.

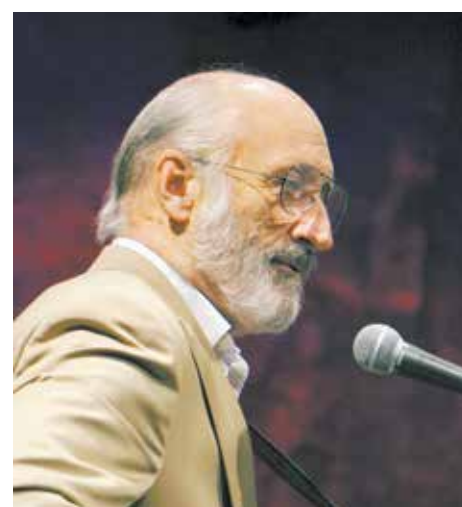
Dispatchers respond quickly and professionally, they play a crucial role in providing an invaluable connection between emergency services and the people who need them. We are very thankful for our team of Ventura

Police Public Safety Dispatchers. These essential personnel play a crucial role in our ability to assist community members in times of crisis.

"The Ventura Police Department celebrates the valuable contributions that our public safety dispatchers make in serving Ventura. We are fortunate to have such talented and dedicated professionals who work so hard to support our community during times of crisis," said Police Chief Darin Schindler. "This year we recognize Dispatcher Megann Williams as our Dispatcher of the Year. Her positive attitude and ability to adapt easily to change exemplifies the many skills and values worthy of this special award. She shows compassion and professionalism to callers during very difficult calls."

Public safety dispatchers undergo a rigorous testing and background process before being hired. Once hired, dispatchers attend a Commission on Peace Officer Standards and Training Dispatcher Course. Their training then includes 6-12 months of on the job training. Even then, approximately 50 % of the dispatchers hired are not able to successfully complete the training

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Stookey has played at the Rubicon many times. His new show is "In These Times."

Love with a Capital "L"

by Amy Brown

Noel Paul Stookey has been changing the world, one song and one key social concept at a time since his world-famous band Peter, Paul and Mary burst onto the folk music scene in the 1960s. The platinum-selling trio took the music world by storm, performing at the civil rights March on Washington in 1963 and at political rallies all over the world, with influential songs like 'Blowing in the Wind,' and 'If I had a Hammer.' Today, Stookey still performs with Peter Yarrow (Mary passed away in 2009), as well as doing solo shows, and will be gracing the stage of the Ojai Rubicon with his latest on April 28 and 29th.

Stookey has played at the Rubicon many times, including when he chaired the 2017 Music for Changing Times Festival there, produced in conjunction with Music2Life, the not-for-profit organization Stookey started with daughter Liz Stookey Sunde to amplify the voices of contemporary activist-artists and highlight the impact that music has in social justice movements around the world. "A large part of the credit for founding the organization goes to Liz, who, since at an early age, like six or seven, travelled with the trio on tour, saw us do benefits, and realized the impact

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City News Arbor Day 2019

by Christy Weir
City Council Member

I grew up in a house between two huge walnut trees. Those old trees fed, shaded and entertained us. Many evenings were spent cracking walnuts, our fingers turning black. Summer days we enjoyed climbing, creating rope swings and building forts in our tall, sturdy trees. Fortunately, the developer who built our neighborhood preserved some of the existing walnut orchard when he built the homes. I have vivid memories of the thick, rough trunks, the strong branches, the perfect perches and the smell of roasting walnuts.

As Arbor Day (April 26) approaches, we are reminded of the crucial role trees play in our city and in our world—they are nature’s remarkable gift to us.

Here are 12 ways that trees keep our environment beautiful and healthy:

Trees combat the greenhouse effect

Burning fossil fuels and destroying tropical rainforests have created excess greenhouse gases. Heat from the sun, reflected back from the earth, is trapped in this thickening layer of gases, causing global temperatures to rise. Carbon dioxide (CO2) is a major greenhouse gas. Trees absorb CO2 and release oxygen back into the air. In one year, an acre of mature trees absorbs the amount of CO2 produced when you drive your car 26,000 miles and can provide enough oxygen for 18 people.

Trees clean the air

Trees absorb odors and air pollution

and filter particulates out of the air by trapping them on their leaves and bark.

Trees cool streets and cities

Average temperatures in Los Angeles have risen 6°F in the last 50 years as tree coverage has declined and the number of heat-absorbing roads and buildings has increased.

Trees can cool cities by up to 10°F, by shading homes and streets, breaking up urban “heat islands” and releasing water vapor into the air through their leaves.

Trees save water

Shade from trees slows water evaporation from thirsty yards. Most newly planted trees need only fifteen gallons of water a week.

Trees help prevent water pollution

Trees reduce runoff by breaking rainfall, allowing water to flow down the trunk into the earth below the tree, and absorbing water through leaves. This prevents stormwater from carrying pollutants to the ocean and replenishes underground aquifers.

Trees help prevent soil erosion

On hillsides or stream slopes, trees slow runoff and hold soil in place.

Trees shield children from ultra-violet rays

Skin cancer is the most common form of cancer in the United States. Trees reduce UV-B exposure by about 50 percent, thus providing protection to children on school campuses and playgrounds - where children spend hours outdoors.

Trees provide food

Fruit trees can yield up to 15-20 bushels of fruit per year and can be planted on most urban lots. Aside from fruit for humans, trees provide food for





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City News

birds and wildlife.

Trees heal

Studies have shown that patients with views of trees out their windows heal faster and with less complications. Children with ADHD show fewer symptoms when they have access to nature.

Trees provide screening

Trees can mask concrete walls or parking lots, and unsightly views. They muffle sound from nearby streets and freeways. Trees absorb dust, block wind and reduce glare.

Trees increase property values

The beauty of a well-planted property and its surrounding street and neighborhood can raise property values by as much as 15 percent.

Trees increase business traffic

Studies show that the more trees and landscaping a business district has, the more business will flow in. A tree-lined street will slow traffic, so drivers have time to look at the storefronts.

The City of Ventura has been designated a Tree City USA, and we continually strive to improve the health of our urban forest—35,000 city trees in parks and along public streets. Last year, we planted 106 new street trees, and trimmed 7630 trees. You may have noticed one of our most recent additions, slow-release watering bags on newly-planted street trees. This gives thirsty young trees the water they need and saves time for our busy urban forestry staff. We are using

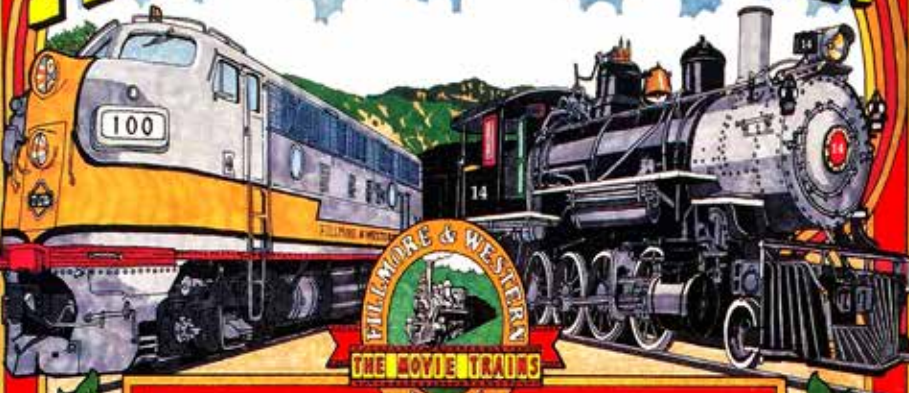
Continued on page 7



Holland Rugs recently held their ribbon cutting at 2343 E. Thompson. Holland Rugs is a family owned and operated local business. Owners Andrew and Wendi Holland have been in the rug business since 2004. Andrew has studied with rug repair and restoration experts to be able to provide expert rug care to Santa Barbara, Ventura, and LA counties. (805)-630-0302. Photo by Michael Gordon.

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The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ Now that we have city council districts (four have been elected by district for now - but all council members will eventually be based upon districts when

currents terms are up) - I think that these four should have quarterly **townhall meetings** to hear what the concerns (and likes) are from their constituents.

They are: Sofia Rubalcava, Deputy Mayor - District 1; Lorrie Brown, Councilmember - District 6; Jim Friedman, Councilmember - District 5; Erik Nasarenko, Councilmember - District 4.

These are their emails if you want to contact them:

enasarenko@cityofventura.ca.gov;srubalcava@cityofventura.ca.gov;jfriedman@cityofventura.ca.gov;lbrown@cityofventura.ca.gov.

Email addresses for all city employees contains the first initial of their first name and their last name @cityofventura.ca.gov.

If you don't know **what district you are in**, go to <https://map.cityofventura.net/java/ccvd/> for a district map and enter your address to find out.

■ At a recent city council meeting, Peter Lyons was selected to be our Interim Community Development Director. The reason that this is important is because Ventura (and the school district) keeps losing department heads and key employees. I don't know if they obtain better jobs/better pay, or something is problematic at City Hall, but this is detrimental to running our **local government**.

■ Congratulations to our Building Official, **Yolanda Bundy**, for being selected Safer City Building Official of the Year (see article on cover). She has done an outstanding job running her department during these difficult times after the Thomas Fire.

■ There is an ad in this issue for **Music Under the Stars**. Three of the concerts have already been sold out. If you haven't attended you should. A great way to spend an evening under the stars listening to great music. And you can bring your own

food and beverages.

■ World's smallest sports story (if you care). If the **Lakers** want to be great again, they should trade Jeanie Buss for Steve Ballmer.

■ Wow, amazing how this country is changing (all for the better in my opinion). Chicago has their first mayor who is:

A black female (she will be one of eight black women serving as mayor in a major city) and she is openly gay.

■ H. Parker Hospitality has decided not to continue negotiations with the Ventura Port District for the purchase of two parcels in the **Harbor** at the end of Spinnaker Dr. Their plans were to build a high-end hotel/spa and hybrid hostel.

The stated reason is that the District was not able to provide 'clean' title for land. There are probably other reasons, but this was their stated one.

These are great parcels and will certainly be considered by other developers (oh no, the dreaded word) as soon as the title situation is resolved. About 30-years ago, the District filed for bankruptcy which, apparently has caused some concerns about the ownership of the parcels and clear title.

The Ventura Harbor is operated by the Ventura Port District and a board of commissioners.

■ Things that I find humorous:

Two **gas stations** that I go to have notes on pumps saying, "We are lowering our gas prices for you." Gas prices went up over .50c in a week, maybe they don't look at the pumps!

People paying for a large drink cup at fast food restaurants when refills are free. Maybe getting up from the table and walking to the drink dispenser is just too much work.

■ A new study by the EPA says "that by the end of the century the manifold consequences of unchecked **climate change** will cause the US hundreds of billions of dollars per year. Those costs will come in multiple forms, including water shortages, crippled infrastructure and polluted air."

■ In a previous issue, I commented about the dysfunction of the Supreme Court. One of my concerns is the fact that there

are so many 5-4 decisions made. The latest one is regarding an execution to take place in Alabama. I just don't think major-major decisions should be made on 5-4 decisions.

■ Only a **skull** and a pair of trousers remained after a suspected rhino poacher was killed by an elephant and then eaten by lions in Kruger National Park in South Africa. The incident happened after the man entered the park Monday with four others to target rhinos, according to a parks service statement.

An elephant "suddenly" attacked the alleged poacher, killing him. Moral of the story - don't piss off an elephant.

■ A large study finds no evidence that the **vaccine** that protects against measles, mumps and rubella increases the risk of autism. The study of children born in Denmark is one of the largest ever of the MMR vaccine.

"The study strongly supports that MMR vaccination does not increase the risk for autism," stated the authors. "We believe our results offer reassurance and provide reliable data."

■ Another bit of America will be biting the dust soon. **Ford Motor Co.** has announced that it will phase out Ford Taurus, Fiesta and Fusion sedans within a few years. What could be next? The closing of Sears stores and letting Lowes sell Craftsman tools? Oh, wait that is already happening.

■ There have been signs for years about plummeting **insect populations** worldwide. The extent of this crisis had not been well documented until now.

The first global scientific review of insect population decline was published recently in the journal Biological Conservation and the findings are disturbing.

More than 40 percent of insect species are dwindling globally and a third of species are endangered. The study analyzed 73 historical reports on insect population declines.

The total mass of insects is falling by 2.5 percent annually, the review's authors said. If the decline continues at this rate, insects could be wiped off the face of the Earth within a century.

Of course, we all could be.

Mailbox

NOTE:

We received an email from Joseph Richardson, Production supervisor City of Ventura water 1985-1992 that starts out "I am writing this and sharing it as widely as I can. My hope is to inform as many people about the false claims and faulty planning by the City of Ventura Water Dept staff."

We are waiting to get a response from the Water Department to include with this. Will publish once we have their response.

Dear Editor,

Re: March 26th edition

I agree with your recent correspondent, XXXXX XXX. She does sound hyperbolic and hysterical. True. Her statements that Trump views Putin, Kim Jung Un and Xi Jinping as his heroes while happily desiring to destroy them with nuclear weapons defies any logic.

Trump clearly has no desire to wage nuclear war. So XXXXX can dream happily, under her bed, about that.

Trump has also not hampered the Mueller investigation. That is clearly evident by the fact that Mueller has spent two years and about 40 million dollars trying to figure out how to get

Trump indicted. He couldn't.

Now the Democrats will defy the Constitution by trying to force attorney general Barr to provide information that is prevented by established law.

Lastly, I am a Trump supporter. I don't feel greed-hungry. I'm just a working guy supporting my family. But I am happy that America is doing much better with Donald Trump as our president.

Robert Parham

Ojai

This is a typical letter that we get from Trump supporters that just criticize and ridicule those who oppose Trump and make statements like "America is doing much better with Donald Trump as our president" but never explain what he is doing that makes them make such a claim.

Dear Amy (Ventura writer),

We are so incredibly grateful for the beautiful article about Festival of Talent and VEPGrants. Thank you!

We are a small organization, often under the radar, so it feels so good to have you share our work with the Breeze's readers. We love our hometown paper and thank all of you for your efforts on our community's behalf.

Madhu Bajaj

President, Ventura Education Partnership

Breeze:

Why can't our elected representatives do their job and work together to amend our laws to find a proper balance with more judges, monitor and track visas and immigrants, walls or other surveillance in strategic locations... our law enforcement and court system, schools, medical providers, water and housing needs are already stretched beyond limits, yet we need willing and able workers if is done in a lawful way and people need to live in safety in their own country. Surely there are plenty of jobs to build a better world if we all work together in a positive way

Also, Sharon Troll is leaving our fair city after 25+ years of service to our community to join her family near Shaver Lake. Isn't there another

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We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

It is better
to fail in
originality
than to
succeed in
imitation.

— Herman
Melville



Community Events

Twice the Fun at Studio Channel Islands Arts Alive Festival

This year visitors will have two opportunities to enjoy fine art, live music, fun activities, food and craft beers at Studio Channel Islands Art Center's popular art festival, Arts Alive, presented May 4 and June 1, 10 a.m. to 5 p.m., on the SCIAM campus at 2222 Ventura Blvd., Camarillo. Now in its sixth year, the Arts Alive Festival celebrates Ventura County's vibrant arts and entertainment scene with inspiring showcases by professional artists and performing groups, children's activities, hands-on workshops with SCIAM artists, a full schedule of live musical performances, food trucks and beer garden, and opportunities to view and buy artworks directly from the artists who produce the work. Proceeds from the event go to support the professional arts education and artistic programs SCIAM presents throughout the year.

Hands-on activities for kids include an opportunity work with renowned street artist Ever Galvez to create a massive chalk solar system. Kids will work together to make giant cactus flowers in our interactive sculpture garden and have an opportunity to try ceramics, painting and fiber classes throughout the day. Additional family programs will be offered by kidSTREAM, Camarillo Ranch House and Camarillo Library.

Both dates will include live entertainment throughout the day, including music, performances and artist demonstrations. The music will culminate in a soulful jazz performance by Mahesh Balasooriya and Ebony Blaze with friends in the Blackboard Gallery.

SCIAC will also host an exciting exhibition of the subtly subversive work of Scott Froschauer throughout the site. His works resemble ordinary road signs but the messages they impart challenge the viewer to reconsider everything that we thought we

knew about where and who we are.

Visitors to the May 4 event can enjoy the gallery exhibition "The Illusionists" featuring works by world-famous representational artists. For the June 1 event, the gallery will host an opening reception for a new exhibition, "The NEXT Big Thing," showcasing the fine and bold art of various American artists from all around the country including video, film, performance, sound and installation art.

"Each year, the Arts Alive festival grows to include more and more talented visual artists, performers and crafts makers from across the tri-county region," said Peter Tyas, SCIAM executive director. "We are grateful to the City of Camarillo, TOLD Corporation and Institution Ale for their generous support of Arts Alive and of our mission to provide creative venues where artists and community can come together to share the many benefits of a thriving arts collaboration."

Admission to the festival is free both dates. Sponsorship opportunities are available for both dates. For more information, visit [HYPERLINK "http://www.studiochannelislands.org"](http://www.studiochannelislands.org) www.studiochannelislands.org or call 805-383-1368.

Studio Channel Islands Art Center is a 501(c)(3) nonprofit organization dedicated to bringing together artists and community for extraordinary artistic encounters that enrich, educate, and entertain. Ongoing programs include art classes for adults and children, providing studio space for professional artists, presenting diverse art shows in its Blackboard Gallery and providing community art and cultural events for individuals and families. Gallery hours are Tues.-Fri., 11 a.m.-5 p.m., Sat. 11 a.m.-3 p.m. Located at 2222 E. Ventura Blvd., Camarillo, CA 93010.

Ventura events

by Ana Baker

Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45 p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Free dance lessons 6:45 - 7:15p.m. Call Rick 805- 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a

stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. For more information: <https://www.facebook.com/groups/800215670039426/>

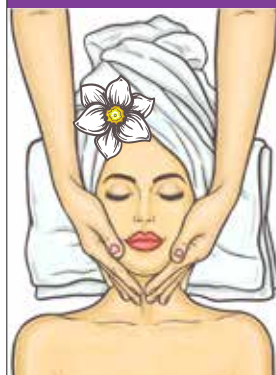
The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events. Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

Musicians' Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 7-9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety. Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed.Ventura@gmail.com.

The Ventura County Philatelic Society meet on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Come for a great evening. Contact:

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Bill Garner (805) 320-1601 or sockonthenose@gmail.com
Mended Hearts of Ventura.

Come share if you have had heart surgery or stent implant. Group meets the first Tuesday each month at Lemon Wood Mobile Park, 850 Johnson Dr. They have excellent speakers, leading cardiologists, nutritionists, dietitians from our area. Contact Richard Hatcher at 805-644-2733.

Ongoing, first Wednesday of each month, 6 - 9 p.m., Gold Coast Modular Railroad Club meets at the Murphy Auto Museum. Visitors and new members are welcome. Member initiation fee \$10, monthly dues \$20, \$10 for Juniors. Exhibiting Saturdays and Sundays, 10 - 4 p.m. Murphy Auto Museum, 2230 Statham Blvd., Oxnard.

Continued on page 6

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Community Events

Ventura events

Continued from page 5

For more information, www.gcmrc.com, or call 805-407-6717.

Co-Dependents Anonymous (CoDa) is a 12-step fellowship of men and women whose common purpose is recovery from codependence in the development and maintenance of healthy relationships. Every Friday at 6 p.m. at the Unitarian Universalist Church, 5654 Ralston (enter through side door off parking lot). Further information Deva 805-814-5650 or Maryann

We're looking for some good men to fill our chairs at Ventura Retired Men's Group, we've got programs and activities you might enjoy as you shoot the breeze or chew the fat. We meet on the first and third Tuesday each month at the Knoll Drive lodge of the Ventura Elks. Stop in to say hello, tell us who you are, and we'll treat you to one of the great Elks meals. Bob Likins is itching to answer your questions at 805-587-1233

The Ventura Rotary Club, Ventura Downtown Lions Club and the Salvation Army of Ventura have partnered to bring the community a free Eye Clinic. The goal and vision are to provide free eye glasses for those in need. Patients are seen each Tuesday from 9-11a.m., walk-ins only first come first served. The Eye Clinic is located inside the Salvation Army Hope Center. 155 S Oak St, Ventura.

April 24: "The College Area Community Council will meet on Wednesday, at 7 p.m. Representatives from Ventura College and the police department will give brief updates and answer questions and other issues of community interest

will be discussed. Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. Call (805) 644-8695 for more information.

April 27: Saturday, 9 am – 1 pm, Channel Islands Native Garden Plant Sale, 1901 Spinnaker Drive (at the end of the Ventura Harbor). "Bring the Islands Home" plant sale features many varieties of California native plants, including species from the Channel Islands. These plants have been grown from seed by gardeners (many are Master Gardeners) who work at the CI native garden. Sponsored by the Channel Islands Park Foundation and supported by Ventura County Master Gardeners (Both are non-profit).

May 1: BCNN is a women's social club open to ladies who reside in Ventura, Oxnard and Pt Hueneme. Coffee-Speaker meetings are held on the 1st Wednesday of each month from 9:30 – 11a.m. at the Knights of Columbus Hall, 36 Figueroa St. Parking is on Santa Clara Avenue. Guests are welcome to come a couple times before becoming a member; dues are \$30/year. Dr. Cathy Kim presents Integrative Body Medicine (IBM). In her practice, she gives insights and education to help patients learn how to heal themselves with clean nutrition and practical exercises. Learn more at <http://www.bcn-nwomensclub.org/>.

May 4: On the first Saturday of each month the Sespe Flyfishers of Ventura conduct an introductory class on Fly Fishing and Casting the Fly Rod. There is no charge, and all are welcome. Whether you an experienced fly fisher or a complete novice you can learn and enjoy this great sport. If you don't have a fly rod just come

and use one of their's. Chumash Park, Petit and Waco, 9 – 11a.m. For more information: Bob Smith at (805) 647-3522. www.sespeflyfishers.org

May 5: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1 - 4 p.m. along with a visit from "Kerosene Cal" who will entertain with tales of survival during the California Gold Rush. Admission is free. Located at the corner of Loma Vista and Ashwood streets (197 N. Ashwood) in Ventura. For information please call (805) 642-3345 or visit the website at www.dudleyhouse.org.

May 5: Old-Time Country Bluegrass Gospel Music Assoc. Sunday from 2 -4p.m. Poinsettia Pavilion, 3451 Foothill Rd. Music on stage. Jamming Area. Free Admission. Free parking Open to Public. For more information call, 805-517-1131 or visit Facebook: OTCBGMA

May 5: 23rd Annual Garden Tour 12 – 4 p.m. Put on by Livingston Memorial Visiting Nurse Association and Hospice, started in 1996, by a dedicated group of volunteers. The Garden Tour is now one of Camarillo's signature events. In addition to five amazing gardens, the tour features art exhibits and demonstrations, a delightful garden-themed boutique, enticing raffle, live music and delicious refreshments. Cost is \$25 and all proceeds from the event directly benefit the grief and bereavement programs at Camarillo Hospice, a program of Livingston Memorial Visiting Nurse Association and Hospice. For more information go to: www.lmvna.org/gardentour

May 8: The Ventura Parkinson's Disease Support Group is excited to

announce a "Field Trip" for members and supportive community friends to the Oxnard Family Circle Adult Day Health Care Center at 2100 Outlet Drive, Ste 380 in Oxnard from 2:30 - 4:30 p.m. Will also be joined by Brenda Birdwell, Ventura County Family Consultant with Coast Caregiver Resources Center and Betty Berry, Senior Advocate and guest columnist with Senior Concerns for the Ventura County Star. For details see the full article in the Breeze's Senior Section or call Patty at 805-766-6070.

May 8: The Ventura County Camera Club will hold a meeting on Wednesday, at 6:30 p.m. at the Poinsettia Pavilion, 3451 Foothill Rd. The first part of the meeting will be an instructional workshop. This will be followed by the showing of member images. A professional photographer from the area will critique member's prints and digital images. Anyone with an interest in photography is welcome and admission is free. Visit the club's web site for more information about the club and examples of member's work or call 908-5663. WWW.VenturaCountyCameraClub.com

May 11: City of Ventura Free Gardening Class. Learn the importance of trees in a water wise landscape. This class will cover the best varieties plus review tree planting, maintenance, and watering tips and more. 10 -11:30 a.m. City of Ventura Maintenance Yard 336 Sanjon Road. RSVP at www.venturawater.net

May 12: The Ventura Women's Center, better known as the Poinsettia Pavilion, invites one and all to a champagne brunch on Mother's Day. In addition to the delicious food, a professional photographer will be available to



Community Events

capture the memory of your Mother's Day celebration. Tickets are \$55 for adults, \$35 for children 3-10 and children 2 and under are free. Seatings are at 10:00 am and 12:30 pm. The proceeds from the brunch will go towards the continued renovation and updating of the pavilion. Please attend for a wonderful brunch and help keep this Ventura landmark going strong! For more information, reservation and tickets, please visit www.poinsettiaapavilion.org or contact 805-648-1143.

May 14: Understanding Southern California Coyotes a Ventura Sierra Club Educational Series. Featuring Justin Brown, Ecologist, National Park Service from 5:30 – 7p.m. Located at the EP Foster Library Topping Room 651 E. Main St. Admission is free. Find out what coyotes eat and how they travel on our roads. Discover where coyotes live locally and how to respond when you encounter one on a hike or in a neighborhood. More information at SierraClubVentura@gmail.com

May 21: BetterInvesting® Invites the Public to Educational Sessions on "Investing Education, 2019". The Model Investment Club of the Channel Islands meets on the 3rd Tues of the month, 2:30 p.m. May 21 and June 18. people interested in learning more about investment clubs can attend a model club meeting to observe a real stock investment. These events are free. Please contact Jeanette Casserly for directions to the Ventura location and reserve a spot. (805) 506-7997. For further information visit: www.betterinvesting.org/

Ojai news and events

MediCannaCon the Ojai Medical Cannabis Conference on May 4, 2019, will present current information to health professionals and the general public

Presented by the Ojai Herbal Symposium and Sespe Creek Collective, the conference is intended for health professionals as well as those of the general public who would like to be informed by the latest science on the subject of medical cannabis. The conference will be held from 9 a.m. to 5 p.m. at the Ojai Valley Woman's Club, 441 E. Ojai Avenue.

For information and registration, visit OjaiHerbal.org or call 805-646-6281.

Ojai chef and author Randy Graham has a new book, Ojai Valley Grill It Cookbook. It is available on Amazon for \$14.95. You will find recipes for a panko encrusted Portobello burger, a balsamic and garlic glazed mushroom kabobs and recipes that wet your whistle. All, except for the drinks, are for your gas or charcoal grill.

A pop-up art gallery featuring works by local artists Susan Griffin – artist, chef and teacher; Gretchen Greenberg – painter, sculptor and mask maker; Mariana Periano – award-winning figurative artist; and Tom Hardcastle – nationally renown pastel and oil painter; will be held at Delilah Salon in downtown Ojai only Saturday, June 29th. The opening reception is Friday night, June 28th, 7-9 p.m., light refreshments will be served. Come by to meet the artists and view their latest

works. Delilah Salon, 323 Matilija St.

At 3 p.m. on Saturday, April 27, the Women's International League for Peace and Freedom (WILPF) will visit the Ojai Library to host a screening of the 2006 documentary A World without Water. The screening will be accompanied by group discussion. Filmmaker Brian Woods asks the question, "Is water a human right, or a commodity to be bought and sold?" **Author Kimberly Davis Basso will visit the Ojai Library at 1 p.m. on Saturday, May 11, to present her inspirational book, I'm a Little Brain Dead. Basso's book is a thoughtful and humorous take on her experience as a stroke survivor.**

The Ojai Library is located at 111 East Ojai Ave. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday.

Chamber On The Mountain presents the Busch Trio on Sunday, May 5, at 3:00 pm. Named after the legendary violinist Adolf Busch, this young piano trio has emerged as one of the leading piano trios among the new generation.

Celebrating its Sixth Season, the chamber music series brings internationally recognized musicians to Happy Valley in Upper Ojai – home of the Besant Hill School, the Happy Valley Cultural Center, and the Beatrice Wood Center for the Arts. For more information visit www.ChamberOnTheMountain.com.

Villanova Preparatory School will host its annual Wildcat Classic golf tournament on Monday, May 6 to raise funds to support athletic programs.

The event will be held at the Ojai Valley Inn. It will include lunch, an 18-hole scramble, and dinner with an awards ceremony. Registration begins at 10:30 a.m., and tee-off is at 12 p.m.

Villanova's Wildcat Classic golf tournament is part of the annual campaign to raise funds to promote and support all athletic programs; to provide state-of-the-art equipment and facilities for student athletes.

"We are thrilled to bring the Wildcat Classic back to the Ojai Valley Inn," Head of School, Nancy O'Sullivan, said. "The golf tournament is a wonderful event to gather the community together for a great cause."

For more information on the golf tournament, please contact the Development Office at 805-646-1464 or visit: <http://villanovaprep.org/golf>

Arbor Day 2019

Continued from page 3

recycled water, trucked from the city's wastewater treatment plant. We are also requiring that the landscaping in parking lots include plenty of canopy trees, for purposes of shade, aesthetics and water and air quality.

The City will be observing Arbor Day this year by planting six trees in Arroyo Verde Park, to replace trees destroyed in the Thomas Fire. You can help us celebrate Arbor Day by planting a tree in your yard. Recommended species for Ventura are listed on our website, www.cityofventura.net, under Urban Forestry.

Join us for Mother's Day Brunch!

Chicken Fried Steak & Eggs, Fresh Atlantic Salmon & Eggs, Fruity Breakfast Club, Eggs Benedict, California Light Omelet & more!!

Entrees Include: Basket of Pastries (Croissants, Muffins, Bacon-Cheddar Biscuits)
Busy Bee Potatoes or Seasonal Fruit & Choice of Drink
Breakfast (Served all day) • Lunch • Dinner

7am -11pm Daily 805.643.4864 Downtown Ventura



The sixth annual Owl Festival, a free family event, was held on Sunday, April 14, at the historic Olivas Adobe. The Ojai Raptor Society brought live owls and hawks for visitors to see and learn about. Olivas Adobe Historic Interpreters, who present the Owl Festival, lead costumed docent-led tours during the event, as they do every weekend, between 11 am and 3 pm.

Mary Thompson, Vice President of the Board of Directors for the Olivas Adobe Historical Interpreters (And Breeze staff member) was the "chairperson" for the Festival. She contacted and enlisted all the vendors, the food truck, etc. Organized the docent participation. Mapped out the courtyard to coordinate the booth layout for vendors. Purchased all needed supplies tablecloths, children's craft items, etc. Coordinated and assisted in setting up the tables, canopies, signs, displays, and exhibits. Then just sat back and enjoyed the fruits of her labor.

Mary stated "It was a great event. Thanks to all the vendors showing their support. The children's mariachi group was absolutely fabulous! The raptor show was also fabulous as usual! Even though we are short on docents we all came together including my friends showing their support to help make the owl festival a success. Everyone seemed to have a great time. More people attended than ever before."

Evin Brown was proud of the pinecone owl that sister Viv made.

CAMP HAVERIM

Join us for a memorable summer full of arts and crafts, games, sports, water play, Jewish cultural and religious activities, Shabbat services on Fridays and teaching Hebrew blessings. Camp is for children ages 3-9 years old and Parent & Me class is offered for children ages 20 months- 30 months on Tuesdays and Thursdays. Camp Haverim will be offered for 6 weeks starting from June 17-July 26. Each week has a different theme including:

- Week 1: June 17 - June 21 - Spanish
- Week 2: June 24 - June 28 - Art
- Week 3: July 1-3 - My Gym
- Week 4: July 8-12 - Soccer
- Week 5: July 15 - July 19 - Pulse Drumming
- Week 6: July 22 - July 26 - Lego Creations w/Play-Well Workshops



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For more information about Camp Haverim and how you can receive a 10% discount, please stop by the preschool office to pick up a brochure or call 805-647-3798.





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News & Notes



The 2019 Allied Health scholarship recipients were all smiles.

Ventura College Foundation announces recipients of First Allied Health Scholarships

Ventura College students interested in careers in the medical and health fields received the first annual Allied Health Scholarship awards from the Ventura College Foundation at an April 13 ceremony at the college.

A total of \$93,300 in scholarships were awarded to 42 students who are currently taking or plan on taking courses in the college's Holistic Health Studies, Kinesiology Program, Paramedic Studies, Nursing Science, Certified Nursing Assistant or Emergency Medical Technology programs.

Now part of the Allied Health Scholarship umbrella, this is the 20th year that Paramedic Studies has been offered at Ventura College. Scholarships have been awarded to students in the program since its inception. Students who complete their course work receive a paramedic certification that meets state and national licensing requirements.

"Scholarship funds mean students don't have to work extra shifts to pay monthly bills while in the program. This allows them to focus on their studies," says Thomas O'Connor, Paramedic Studies Department Chair. "Having scholarships that cover the costs of the program and assist with living expenses has an immense impact on student success."

Clarissa Swallows from Oxnard is

one of this year's scholarship winners. In fact, she received scholarships from two different donors. "The experience made me want to jump right into school and become a nurse," says Swallow, now 38, "but I knew that I had to focus on emotional healing and building a stable life before I could manage going back to school."

Seventy percent of California nurses receive their education at a California community college. Students who complete their Ventura College Nursing courses and become licensed enjoy a 100 percent employment rate and 86 percent of students attain a regional living wage. In existence for 55 years, Ventura College's nursing program is the largest in the county, graduating the majority of the county's nursing students.

Headed for a career in nursing is scholarship recipient Edward Ramirez from Santa Paula. He is currently enrolled in the Ventura College Nursing program. "In high school, I had an epiphany that what I wanted to do with my life was to help people," says Ramirez. "I had been trying to work and go to school. These scholarships are the difference between being able to sleep at night before an exam and needing to use those late hours to study. Words can't convey how much this means to me and how much assistance it really is."

Mailbox

Continued from page 4

street we can name for her (like James Monahan Way to Jim Monahan after his many years of service or key to the city we can give her in appreciation as she leaves).

Sharon supported Police Activities League, Westside Community Council, largely responsible for formation of Westside Community Development Corporation, helped with tattoo removal for

kids who wanted out of gangs, to name a few that I know of. Thanks, Sharon for all you have done to make our city and especially the Westside even better

Mike Merewether

Hi everyone
I spoke with my colleagues and we want to present Sharon a certificate of recognition and a key to the City at a council meeting. She deserves it. I'll make sure we coordinate scheduling with Sharon.

Mayor Matt LaVere



Gilbert R. Sanchez
1934 - 2019

loving father, grandfather and friend...

for more memories go to gilbertrsanchez.com



News & Notes



Do you have a family treasure to share?

Family Treasures Video Workshop @ CAPS Media

Community members are invited to learn how to create their very own personalized and professional Family Treasures video – using family member stories, interviews, photos and memorabilia. Come to the FREE workshop on Thursday, May 30, 4pm at the CAPS Media Center, 65 Day Road in Ventura. Space is limited; reserve your spot today by emailing us at info@capsmedia.org or calling 805.658.0500.

During the 1-hour workshop, CAPS staff will help guide participants with step-by-step instructions on making their own video. Attendees will learn how to gather special family stories, get tips for interviewing relatives (parents, grandparents, aunts, uncles, siblings, children, etc.), scan precious photos, and include sentimental memorabilia to enhance the family video keepsake.

Once storytellers are ready to create their video, a \$25 annual CAPS Media producer/membership fee will allow them to use the CAPS cameras, editing facility, and production studio all year long to record their family story. Throughout the process CAPS staff will assist the family in combing all the elements into their own compelling Family Treasures video.

Interested but not able to join us on May 30th? Contact us to get on the Family Treasures Workshop interest list for upcoming events!

ECTV students win another national ACM Hometown Award. Students in the CAPS Media/El Camino High School media internship program won another national award for outstanding journalism. The ECTV episode entitled “Artists – Gayel, Shamsia & Jab” was selected from among hundreds of entries all across the country in the category of Entertainment & Arts. The Alliance for

Community Media Hometown Media Awards honors community media and local cable programs that are distributed on Public, Educational and Government (PEG) access channels. Entries are evaluated by a team of qualified judges and recognized at the Hometown Media Awards Celebration at the Annual Conference in July.

Community organizations – consider using CAPS Media to help you share your message. Organizations in Ventura are encouraged to join the CAPS Media family and have your events air on CAPS Media. It's easy to do. To learn more, drop by the CAPS Media Center or send us a note to info@capsmedia.org or give us a call at 805.658.0500.

The CAPS Media Center belongs to the community of Ventura. Our mission is to create an engaged and informed community through participation in electronic media. What does that mean to you? All of the training and resources at the CAPS Media Center are available to you, and if you have a story to tell or a message or information you want to share, we will help you share your story.

To find out more go to capsmedia.org/events, sign up for the next orientation class on the first Thursday of the month and discover that for a low annual membership fee of \$25 you can receive hands-on instruction in videography, video editing, radio production (additional fee required) and more. Then you will have access to CAPS Media's state-of-the-art facilities including video cameras, editing systems, the fully equipped television and radio studios. Don't miss out. All of the information is online at capsmedia.org, or you can call 805-658-0500 to get complete information.

Talk, read, and sing with young children

2019 marks First 5 Ventura County's 20th Anniversary of helping young children and families in our local community. On Friday, May 3 at 10 a.m., more than 55 celebrity readers will be reading to young children throughout Ventura County to kick off the fourth annual Take 5 and Read to Kids campaign, a partnership between the Ventura County Star and First 5 Ventura County to raise awareness about the importance of early childhood literacy.

“We know that the first five years of life lay the foundation for a lifetime of learning. For young children, early exposure to books – including being

read aloud to each day – is critical for long-term academic success,” said First 5 Ventura County Executive Director Petra Puls. “Reading aloud, telling stories, and singing actually build the pathways in the brain that will later be used to learn letters and to read and think critically,” Puls adds.

First 5 encourages parents and caregivers to talk, read, and sing with young children ages 0-5 to support their early language and literacy development. Studies have proven that when you talk, read and sing to children from birth on, you promote and support early language and literacy development. 90% of a child's brain is developed by age 5, and children are affected by experiences from early on, even before birth.

In Ventura it will be held at the Ventura Police Department, 1425 Dowell Drive.

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Monica White is FOOD Share President, and CEO.

Sustainability Now News

FOOD Share – Feeding Ventura County

by Maryann Ridini Spencer
(@MaryannRidiniSpencer)

“One in six people struggle with food insecurity in Ventura County,” said Monica White, FOOD Share President, and CEO. “Currently, our pantries feed approximately 75,000 people monthly. I wish I could say our number of clients was decreasing, but in these times, it's challenging for even two working parents to make ends meet. When there's rent or a mortgage to pay, utilities to run and a car to maintain and fuel, sometimes our food can provide that gap to provide fresh, nutritious food for the family.”

How FOOD Share Operates

Every month FOOD Share's rescue process (food obtained from local food drives by various organizations and over 100 different retail outlets) takes in approximately a million pounds of food. Some 500 volunteers from a combination of organizations, corporations, the military, as well as individual community members, work in 2-hour shifts sorting, weighing, labeling, and boxing food staples collected from a conveyor belt.

“We discard anything with an expiration date over one year,” said White. “Our boxes are then delivered to the area of our Oxnard facility where approximately 190 local non-profit agencies shop.”

FOOD Share's Community Market Distribution is a monthly mobile delivery program that provides a variety of fresh produce

delivered free of charge to over 7,000 low-income families. Their US-DA-funded Senior Kits (Commodity Supplemental Food Program), also provides monthly food assistance to low-income seniors aged 60 plus through county food banks.

“Once a month our seniors receive a 30-pound box filled with such items as pasta, cereal, peanut butter, canned food, cheese, and many other items. We also have a huge garden growing fresh produce that is tended to by volunteers, and that provides about 10,000 pounds fresh produce to homebound seniors.”

“Through a partnership with Port Hueneme and Wells Fargo,” continued White, “Our Mobile Pantry program travels around the county providing resources to individuals and families who may lack access to food pantries and other essentials. The program also connects community members to all types of housing and employment and income assistance programs.”

With a mission to teach local students about diet, FOOD Share's Kids' Farmer's Market Program, is taught by nutritionists visiting local schools that teach students about nutrition, how food is grown, and how to prepare healthy recipes with food provided by Food Share.

FOOD Share, part of Feeding America, a national hunger alleviation network, distributes 12 million pounds of food annually (10 million meals a year) and operates on an annual budget of three million dollars, a third of which comes from individual donations, 25% from government grants, and contributions from foundations, organizations, and corporations.

“If we had to purchase that amount of food, the cost would be somewhere in the neighborhood of 32 million dollars,” said White.

FOOD Share never turns anyone away. All a person is required to provide is their name, address, and how many are in the household; providing any household income information is optional. A local list of pantries, locations, and hours can be obtained by dialing 211 or visiting foodshare.com.

“All our staff and volunteers work so hard for the same reason – for our hungry neighbors,” said White. “While it's a constant battle to get the funding to fight hunger, it's our mission to make sure that we continue to feed everyone in need, because, if not us, then who?”

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News & Notes



The musicians play from memory.

NICO is coming to the U.S.A!

by Richard Newsham

Think music that takes classical masterpieces “off the beaten track” to reveal beauty with a new edge as the Lithuanian string ensemble known as NICO (for New Ideas Chamber Orchestra) turns 13 under the baton of its charismatic young composer Gediminas Gelgotas. The players—solo and group award winners of many international competitions—have appeared at the world’s leading venues while their albums and concert recordings ride the radio air waves of Europe.

And now NICO makes its U.S. debut in Ventura on Friday, May 10, at 8 p.m. as part of the Ventura Music Festival’s 25th season at the Ventura College Performing Arts Center. The musicians

play from memory, mixing classical with new music idioms and non-traditional techniques for a glorious and sublime fusion of sound that is captivating younger and new audiences for classical music wherever they go. Their concerts are a grooving postmodern jukebox featuring a newer generation of Baltic, British and German composers dedicated to reimagining the classics (Mozart, Vivaldi) to make them new and exploring myth and mystic visionaries (Hildegard von Bingen, St. Teresa of Avila, Goethe and Lithuania’s M.K. Ciurlionis) as pathways to compelling contemporary music full of color, dramatic melody and elemental peace.



The release of five coming U.S. stamps that show murals in post offices was celebrated on April 12 in the main Ventura post office, 675 E Santa Clara St. The stamps do not show the wonderful Ventura murals, by Gordon K. Grant but they are being issued to honor murals throughout the country.

The administration of President Franklin D. Roosevelt commissioned artwork in Post Offices across the nation to provide jobs to artists and illustrate the history and culture of local communities across America.

Ex-city council member Jim Monahan gave a welcoming address to the very large crowd in attendance. Photos by Bernie Goldstein.



John is working on a third book of short romance stories.

Ventura author featured at EP Foster Library

Local author, John Darling, had two books added recently to the shelves of the E.P. Foster Library in downtown Ventura.

The first book, entitled *In A Million Years*, is a science fiction novella told in three interweaving parts where each show the results of what can happen when man meddles with time.

The second book, entitled *Into the Dark Desolate Night: The Detective Anderson Mysteries*, is comprised of 11 short mysteries revolving around Detective Anderson and his assistants as they tackle a variety of tough cases. In the book, Anderson starts out as a low-paid 20-year homicide detective

in a small town in California to being the owner of the largest Private Eye firm in Miami.

He is working on a third book of short romance stories, which is almost complete, entitled *Anticipating Sunrise*.

He will also be giving some talks at local libraries on the subject of what inspires his creativity and why he is a multi-genre author. The first one is scheduled for Saturday, June 8, from 1 to 3 PM in the Ojai Library where the public will have a chance to win a prize by playing, “Stump The Author”.

All of his books are available on Amazon.com in electronic and paperback formats.

To find out more about Mr. Darling, visit his author website at: <http://johndarlingauthor.com/>



Ortega Adobe gets much-needed repairs and improvements

The Ortega Adobe recently received some much-needed repairs and improvements thanks to an anonymous donor

The recent enhancements included adobe wall and beam repairs, exterior painting, installation of safety lighting and electrical wiring, directional signs on Main Street, and drought tolerant native

Continued on page 15

Kali is Your Code Name

by James Francis Gray

One afternoon, Gloria Sanchez is approached by Madame Beverly Wiggins with the suggestion that Gloria, "Drop this dead-end job and hook up with me." After consideration and an envelope containing five one-hundred dollar bills, Gloria decides to join Madame Wiggins. Beverly changes Gloria's name to Kali. "Kali is Your Code Name" follows Kali on her sordid adventures, which send her to the top of her new profession, a high priced call-girl.

A great summer read!

www.jamesfgray.com

Senior Living

Pull Out Section



Ventura provides nutritious meals for older adults.

Senior Nutrition Lunch Program

The Senior Nutrition Lunch Program (SNP) is a partnership between the City of Ventura and the Ventura County Area Agency on Aging (VCAAA).

The City of Ventura provides nutritious meals for older adults in Ventura County through the Senior Nutrition Program (SNP), which includes Congregate and Home-Delivered Meal (HDM) services.

All SNP meals are approved by our Registered Dietitian to meet U.S. Dietary Guidelines for Americans and geared toward the Dietary Reference Intake (DRI) and Adequate Intake for vitamins and elements for older, frail adults. These meals provide a minimum of one-third of the DRI and

accommodate diabetic and low-sodium diets.

The SNP program provides a nutritious lunch that includes a hot entrée, salad bar and fresh fruit & vegetables.

When: Monday-Friday from 11:30am-12:30pm

Where: Ventura Avenue Adult Center (VAAC); 550 N. Ventura Ave

Additional Information: Seating is on a first come, first serve basis. A suggested donation of \$3 per meal for people 60 years and over and a fee of \$6.75 per meal for people under 60 years.

For more information about the Senior Nutrition Program, including Home Delivered Meals, please call 805-648-3035.

Price controls put Americans' health at stake

by Peter J. Pitts

Scientists searching for cures to cancer, diabetes, Alzheimer's, and other deadly illnesses may soon lose their funding, due to a misguided proposal from Secretary of Health and Human Services Alex Azar.

The proposal would gradually reduce Medicare's reimbursement rate for advanced drugs administered in hospitals and doctor's offices by 30 percent. Sec. Azar claims these price controls "will save \$17 billion in Medicare drug spending over the next five years."

Price controls would save the government money, at least initially. But the cuts to research funding would make it much harder for scientists to discover

the cures of tomorrow.

Drug research is ludicrously expensive and fraught with pitfalls. Most research projects fail in the lab. And roughly nine in ten experimental drugs that emerge from the lab and enter human trials fail to gain FDA approval. This high failure rate explains why it takes almost \$3 billion to develop just one drug.

Unlike most European nations, which impose strict price controls on medicines, the United States has a relatively free market for drugs. The ability to earn a sizeable return on successful drugs explains why a majority of world's new drugs are invented in America. America's researchers are currently developing more than 3,000 new medicines.

Price controls would halt this medical progress. They'd make it nearly impossible for research companies to earn a return on their initial investments. As a result, the investors who currently fund drug research would redirect their

Continued on page 14



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Tickets and Sponsorships also available online at lmvna.org/gardentour
All proceeds from the event directly benefit grief and bereavement programs throughout Ventura County.

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Senior Living



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Food for Thought at Cypress Place Senior Living

Are you thinking about an Independent Living lifestyle outside of your own home? One where you no longer need to cook, take care of the water heater, leaky roof, or overgrown yard? Or perhaps you are just looking for a retirement living environment that provides more social interaction, and the opportunity to develop new friendships.

On Thursday May 2, from 12 noon to 2pm, Cypress Place Independent Living in Ventura will be offering a free Lunch & Learn presentation to discuss the Independent Living lifestyle.

Come discover what retirement

living is all about - and when to know it is the right time to move. Experience a Cypress Place Senior Living chef prepared healthy buffet. Enjoy exploring the options available to active seniors not ready for assisted living, but ready to enjoy an enhanced, vibrant lifestyle outside of their own home.

Lunch is free, but space is limited, so please call 805-650-8000 to RSVP.

Cypress Place Independent Living is at 1220 Cypress Point Lane, Ventura. To learn more about Cypress Place Senior Living of Ventura, visit their web site at www.cypressplaceseniorliving.com.

Mother's Day

TEA PARTY



Sunday, May 12th • 3:00 pm - 4:00 pm

In honor of Mother's Day, please join us for a tea party as we appreciate all the wonderful mothers and grandmothers in our community. Enjoy a variety of delicious teas and friendly conversation with our wonderful residents and staff. While you're here, take a tour of our beautiful community so you can experience our gracious lifestyle!

For more information and to RSVP, please call
805-647-0616

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RCFE#565802467

Livingston receives award

Livingston Memorial Visiting Nurse Association has received the award for "Nonprofit of the Year" from the Oxnard Chamber of Commerce. The award selection committee consists of representatives from event sponsors, including Umpqua Bank, CSU: Channel Islands, DCH Auto Group, Kaiser Permanente, Procter & Gamble, SoCal Edison, Spherion and Dignity Health.

Since 1947, Livingston Memorial Visiting Nurse Association has been providing home health, palliative care, hospice, non-medical home care, and grief and bereavement services to Ventura County and the Oxnard community. They provide equitable and inclusive access to home health and hospice services regardless of a patient's ability to pay. In 2018, they provided home health and hospice services to 920 Oxnard residents, 170 of whom received care free-of-charge through our Subsidized Care program.

They have a four star rating on Medicare's Home Health Compare Website, which is above both the state and national average for home health services. Their Medical Director, Dr. Lanyard Dial, joined in 1986 and established Livingston as Ventura County's first Medicare Certified Hospice. He holds Certificates of Added Qualifications in both Geriatric Medicine and Hospice and Palliative Medicine. The Joint Commission accredits us for adhering to national standards of excellence in home health care.

The 69th annual Community & Business Awards will be held Thursday,

April 25 at 6:00 pm at Residence Inn by Marriott/River Ridge. Reservations are required in advance and are \$60 per person.

Livingston Memorial Visiting Nurse Association www.lmvna.org.

What is the Ventura Council for Seniors?

The Ventura Council for Seniors (VCS), formerly the Ventura Council on Aging, formed in 1975, is designated by the Ventura City Council as the representative organization of all seniors (50 and over) in the City of Ventura. The VCS board is comprised of senior volunteers who reside in the city, along with a non-voting City liaison appointed by the Parks, Recreation, and Community Partnerships Department. This group meets quarterly to consider and gather input on local issues important to seniors. The VCS is responsible for making recommendations on these issues to the Ventura City Council. Meetings

You are invited to participate in the Ventura Council for Seniors board meetings during the member/public communications segment of our agenda. Your concerns are our agenda!

Meetings are at the Ventura Avenue Adult Center, 550 N. Ventura Ave.

Contact 805-648-3035 or www.cityofventura.ca.gov/vcs for more information.

Or write to:
Ventura Council for Seniors
c/o City of Ventura
501 Poli St., Ventura, CA 93001



Senior Living



Donald Knapp with his wife of 77 years, Evelyn Knapp. Evelyn wrote to Donald every single day that he was in combat.

Local World War II veteran turns 100

by Maryssa Rillo

Donald Knapp, a Ventura local who served as a tank commander in World War II, celebrated his 100th birthday on Sunday, April 20th, 2019.

Knapp served in the military for three years and was in combat for 11 months during World War II. At first, Knapp tried to avoid combat, but was unable to do so and was called to be a gunner.

"I went on to Fort Knox and I was supposed to be the radio man back at headquarters, stay out of combat, but it turned out some of the gunners didn't physically make it," Knapp said. "They said, 'you are now the gunner in Montoya's tank.'"

Knapp then went overseas to fight in combat against the Germans. On July 11th, 1944, when trying to take Hill 122 from the enemy, Knapp barely escaped death.

"Our lieutenant decided he would go without the infantry, which you need to get out in front to see what's happening. Four of the five tanks I was in got knocked out, whoops. But we had a little mechanical trouble and missed the last part, so I survived," Knapp said.

Once Knapp returned to the states, he went back to being what they called a "shack rat." This meant he would go into town every night to see his wife. The army again had different plans for Knapp and assigned him as a tank commander. Without any previous experience, Knapp was forced to learn on the job.

"Well you know there's people shooting at ya. I determined that our tanks were not as good as the Germans.

They had better fire power and what not. By that time, I was 25 and I was considered a little bit old. I was getting younger kids for my tank and I thought first thing is to protect the kids," Knapp said.

Knapp was diagnosed with tonsillitis and was sent to the hospital. Though this seemed to be unfortunate, Knapp escaped death once again.

"They sent me back to the hospital to bring my temperature down and all that. Meanwhile, someone took over my tank. That tank got knocked off and the tank commander got killed. That should have been me," Knapp said. "Some of the guys said, 'Don Knapp got out of it again.'"

At one point, Knapp was an in area called Mairy, which was further into France. While on guard one night, the Germans shot up their headquarters. Knapp said they took evasive action and while on a hill the tank next to him was shot with an armor piercing from a German Panther. Knapp immediately got his crew out of there.

"We evaded action and we were waiting on the side of the road. Here came a Panther tank right on the side of us and our armor would not pierce the front of that tank, but we could catch it from the side. So, we all nailed them. It felt good that we got a superior tank out," Knapp said.

Knapp said that fighting in combat changed him and he returned from war not the man he used to be.

"You'd see all these malfunctions and you wish it could have been different because I saw a lot of people killed and it

Continued on page 14

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Senior Living



At the April 16, City Council meeting the council presented the Ventura County Parkinson's Disease Support Group a proclamation in support of April being "Parkinson's Disease Awareness Month."

In presenting the honor Mayor Matt LaVere stated "It is my honor to recognize April as National Parkinson's Awareness Month, as this is a way for communities to come together to bring awareness of the impacts of the disease and those who are living with it in their communities. I offer my sincere thanks to those members of the Ventura Parkinson's Disease Support Group who are so active in supporting those with Parkinson's in Ventura and who are here tonight to receive this proclamation."

The award was accepted by Aurora Soriano - Volunteer Advocate; Find a Cure for Parkinson's Disease, California Parkinson's Registry, Susan Kline, Founder of the Ventura PD Support Group 23 years ago and Patty Jenkins - Volunteer Coordinator for the Ventura Parkinson's Disease Support Group.

"Thank you so much, Mayor LaVere and City Council Members, it is an honor to be here and receive this proclamation on behalf of our Ventura County Parkinson's Disease Support Groups. "Every 9 minutes, someone is diagnosed with Parkinson's Disease" said Patty in accepting the proclamation.

She went on to say "The Ventura PD Support Group's goal is to provide a venue for Parkinson's patients, their caregivers and families to share unique and common challenges, and also bring in medical and community experts who offer information about innovative treatments and resources to better manage and improve our quality of life. We are 100% volunteer organized and without the help of community supporters like the Ventura Breeze, The Star, and the Lexington, it would be impossible to have our meetings and reach newly diagnosed people who, like us at the beginning, felt lost, confused and alone with this disease."

That's Patty and Aurora on the upper right side. We don't know who the guy with the beard is with Patty.

Adult Day Care includes Brain Max

by **Patty Jenkins**

Volunteer Coordinator for the Ventura Parkinson's Disease Support Group

The Ventura Parkinson's Disease Support Group is excited to announce a "Field Trip" on May 8th for our members and our supportive community friends to the Oxnard Family Circle Adult Day Health Care Center in Oxnard. Participate in one of their special programs, "Brain Max", learn about all of the activities and services included at the Oxnard Family Circle as they graciously host our Support Group meeting from 2:30PM to 4:30PM.

We will also be joined by Brenda Birdwell, Ventura County Family Consultant with Coast Caregiver Resources Center (CRCC) and Betty Berry, Senior Advocate and guest columnist with Senior Concerns for the Ventura County Star.

Oxnard Family Circle Adult Day Healthcare Center specializes in day time Adult Care, Senior Care, and provide a very special room set-aside just for Veteran's Care programs and support. Secure and safe environment with various activities and stimulation is a core of the Oxnard Family Circle services. Extended hours are added to provide a respite for caregivers. In 2018 an additional program "Brain Health and Independence for Life" was added for memory stimulation and brain fitness. Every 2nd Saturday of the even month Oxnard Family Circle offers Alzheimer's cafes called Garden of Memories Cafe. Caregiver Support Groups and Garden of Memories Cafe are open for the public.

The Ventura Parkinson's Disease Support Group welcomes the public along with our members, their care-partners and new friends who find themselves navigating the challenges of Parkinson's Disease and other neurological conditions. Join us at the Oxnard Family Circle Adult Day Health Care Center, 2100 Outlet Drive, Ste 380, in Oxnard.

Reservations are not required. For more information, call Patty at 805-766-6070. The Ventura Parkinson's Disease Support Group is an independent and volunteer-organized group, not affiliated with or a part of any other organization or group.

Six key areas to support independence

On March 5, 2019, the White House Office of Science and Technology Policy released a report designed to identify innovations with the potential to improve the lives of older adults and persons living with disabilities. The report, Emerging Technologies to Support an Aging Population, was drafted by experts convened by the National Science and Technology Council from across the Federal government—including NIA. The expert panel was co-chaired by NIA's Dr. Nina Silverberg and Dr. Michele Grimm of the National Science Foundation.

The report outlines six key areas in which technology can support continued independence for aging Americans. These are:

Key activities of independent living, including technologies to support good nutrition, hygiene, and medication management.

Cognitive skills, including technologies to help older adults monitor changes in their cognition and technology-based systems to help older adults maintain financial security.

Communication and social connectivity, including video calling and other technologies that connect older adults and far-away friends and relatives.

Personal mobility, including technologies to help people move safely and easily throughout their homes and communities.

Access to transportation, including vehicle modification and supports to help older adults more easily and safely access public transportation.

Access to healthcare, including technologies to align and coordinate care.

In addition to the six areas above, the report identifies cross-cutting themes that are critical to ensuring new technologies are widely adopted by the older adult population, including intuitive design, user-friendly interfaces, and strong privacy and security infrastructure.

The report is designed to serve as a guide to the public and private research and development sectors to ensure that older Americans benefit from technological advances we're making today and will continue to make in the future.

Price controls

Continued from page 11

capital to other business opportunities that offer better returns.

Consider how price controls have wrecked drug development in Europe. In the 1970s, more than 55 percent of all new drugs were developed in Europe. Just 31 percent were developed in America.

Now, those statistics have reversed, largely due to Europe's ever-stricter price controls, which have made America ever-more attractive for drug researchers. From 2001 to 2010, the United States generated more than half of all new medicines developed globally; Europe accounted for just one-third.

Medical breakthroughs could save patients, and the government, billions of dollars by preventing or curing chronic disease. Approximately 1,500 innovative treatments targeting Alzheimer's, cancer, diabetes, heart disease, and stroke are currently in development. If researchers produced one successful treatment that delayed the onset of Alzheimer's by five years, the government could save over \$200 billion annually by 2050.

American patients have some of the best health outcomes in the world precisely because we've avoided the pitfalls of socialist price controls.

Peter J. Pitts, a former FDA Associate Commissioner, is President of the Center for Medicine in the Public Interest and a Visiting Professor at the University of Paris Descartes Medical School.

Local WWII Veteran turns 100

Continued from page 13

always stays with you," Knapp said.

Knapp said that the secret to living such a long life is "the love of a beautiful woman."

Knapp said that Evelyn, his wife of 77 years, wrote to him every single day while he was in combat.

"I used to write to him every single day even if it was just a little. Who was doing what, and who I saw," said Evelyn Knapp.

Evelyn Knapp was able to stay with Donald while he was in Fort Knox but she said that it was hard when he was away.

"I would have to tell you that being together all these years, she made my life," Donald Knapp said.



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This 'n' That



Outstanding women in business honored.
Photo by Nicole Wise Photography.

NAWBO celebrates Women Elevated

On a beautiful Spring day in mid-April, The Ventura County chapter of the National Association of Women Business Owners (NAWBO VC) honored nine outstanding women in business and leadership at its 20th Annual BRAVO Awards luncheon. With Camarillo’s picturesque Serra Center serving as the backdrop, honorees were awarded for their achievements in industries that include solar energy storage, cybersecurity, health and fitness, retail, law, construction, and the nonprofit sectors.

A packed room of close to 200 business owners, community leaders and active members of the business community, celebrated this year’s theme, Women Elevated! Celebrating the fearless pursuit of success. Compelling videos told each honoree’s story of success which was followed with the presentation of beautifully artistic awards.

2019 BRAVO Honorees

Woman Business Owner of the Year – Catherine Von Burg, SimpliPhi Power, Oxnard

Innovator of the Year – Michelle Wilner, VIRTIS, Newbury Park

Rising Star of the Year – Breanne Cochran, The Vent Human Performance Center, Ventura

Community Advocate of the Year – Christina Shaffer, The Law Office of Christina Shaffer, Thousand Oaks

Education Advocate of the Year – Lisa Barreto, Ribbons of Life Breast Cancer Foundation, Ventura

Young Woman Entrepreneur of the Year – Alison Kenis, Sugar Lab Bake Shop, Ventura

NAWBO-VC Member of the Year – Brenda Terzian, Doug Terzian Construction, Camarillo

Leadership in Public Policy Award – Senator Hannah-Beth Jackson, 19th District and Betsy Berkhemer-Credaire, Berkhemer Clayton Inc.

BRAVO 2019 is the signature event of NAWBO Ventura County and would not be possible without the generous support of its sponsors and partners, including Metropolitan Water District of Southern California, Montecito Bank & Trust, Meyers, Widders, Gibson, Jones and Feingold, LLP, Southern California Edison, and BNY Mellon Wealth Management, among many other supporters. Learn more at www.nawbovc.org.

Free community cleanup, recycling and shredding

City of Ventura residents have an opportunity to discard and recycle unwanted items free of charge and shred paper documents (up to 4 banker size boxes)

on Saturday, May 4, 9am-12pm, at 765 S. Seaward Avenue as part of the City of Ventura Community Cleanup and Recycling Event.

The event is conveniently located at the corner of Seaward Avenue and Alessandro Avenue; residents can access the collection site via Alessandro. Items accepted include metal, wood, yard waste, furniture, appliances, computers and other electronics. Household hazardous waste such as motor oil, batteries and paint will not be accepted at this event.

“The City holds Community Cleanup events four times a year in partnership with E. J. Harrison & Sons,” said Joe Yahner, Environmental Services Manager. “This allows residents to maintain their property free of debris and clutter by disposing of bulky waste and other items that aren’t normally accepted with the weekly trash pick-up. Well-kept properties keep our city safe and enhance our neighborhoods.”

This event is for city of Ventura residents; please bring photo ID with proof of residency (current utility bill, or driver’s license with your current address).

Residents who want to dispose of hazardous waste such as paint, solvents, motor oil, etc. can call (805) 652-4525 to set up an appointment for the next household hazardous waste collection event held on the third Saturday of each month. For more information or to register for the next hazardous waste collection event online visit the City of Ventura website at <https://www.cityofventura.ca.gov/323/Hazardous-Waste-Toxics-Reduction>.

Have you always wanted to tip a cop?

The Ventura Police Department will be sponsoring the Special Olympics “Tip-A-Cop” event on Thursday, May 9, from 5:00 p.m. to 9:00 p.m., at California Pizza Kitchen at 3301 E. Main St. in Ventura (805) 477-9925. The restaurant is located at the Pacific View Mall.

Tip-A-Cop is a law enforcement fundraising event in which police officers assist with waiting tables at a local restaurant and collect “tip” donations for the Special Olympics. For over twenty years the Ventura Police Department has been involved in the Tip-A-Cop program.

Community members are encouraged to come and support the event by dining out and meeting local Special Olympics Athletes and Ventura Police Officers as they act as “celebrity servers” while assisting California Pizza Kitchen servers throughout the evening. While tips to restaurant servers are encouraged, envelopes will be provided to dining patrons to give to the cause. Officers will also be accompanied by Ventura County Special Olympics Athletes who help serve food and sell t-shirts. Athletes are excited to meet community members and share their Special Olympics experiences.

“We look forward to another successful year and to our continued partnership with the Special Olympics of Ventura County. We appreciate our partnership with California Pizza Kitchen in supporting these special athletes,” said Officer Bernadette Compean.

For over twenty years, Ventura County law enforcement agencies have been raising funds in support of the Special Olympics Ventura County. The fundraising events support year-round sports training and competition to over 700 individuals with intellectual disabilities, ages eight years and up, free of charge, in seventeen sports training sites throughout Ventura County.

“The Special Olympians’ courage,

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Adult & Medical Dispensary

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perseverance and positive attitude while facing challenges has been very inspiring over these years. They are the ones that make this event so great. The athletes teach us all to accept and include each other. My next-door neighbor is a Special Olympian and this is the highlight of his year. It makes him so happy to spend time with our officers and participate in the event. It’s his attitude that really makes it so special for our team,” stated Community Outreach Specialist Ashley Bautista.

Ortega Adobe get repairs
Continued from page 10
landscaping. The generous donation also supported the addition of the Ortega Adobe into the city’s Downtown Historic Walking Tour Guide.

Built by Emigdio Ortega and home to the Pioneer Ortega Chili Packing Company,

the Ortega Adobe is the only surviving adobe house representing adobes that dotted Main Street in the 1950s.

The Ortega Adobe House is open Mon.-Sun. from 9 am – 4 pm and is free to visitors.

National Public Safety
Continued from page 1
program due to the unique demands and stress of the job. The ones that make it through the training program are unique in their ability to multi-task under stressful conditions.

Telecommunicators Week began in California in 1981 at the Contra Costa County Sheriff’s Office and quickly grew to become a national week of recognition. In 1991, Congress officially designated the second week of April as a time to recognize the critical role that dispatchers play in keeping our communities safe.

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The Pet Page



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the general well-being of all the animals in the HSVC's care, making sure every animal at its shelter in Ojai is properly vaccinated and receiving necessary treatment. Sisk also will provide leadership for the clinic staff, ensure that quality medicine is delivered,

Christina Sisk, DVM, is the new director of veterinary services at the Humane Society of Ventura County (HSVC). Hired in March, Sisk joins the HSVC team to oversee its low-cost spay and neuter clinic and

strong spay and neuter programs, along with community support, have dramatically reduced shelter populations.

SPAN Thrift Store is providing \$10 spays and neuters for low income cat and dog friends.

First two clinics in May are: Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard, 93036 on Thursday, May 9th, and another one on Thursday, May 23rd at Shiells Park, in the parking lot, located at 649 C St., Fillmore, 93015. Please call to schedule an appointment (805) 584-3823.

May is National BARKE SALE Month! The Canines-N-Kids Foundation (CNK), a nonprofit working to put an end to the cancers kids and man's best friend both develop, is encouraging youth across the nation to host a BARKE SALE and is providing a tool kit with step-by-step instructions. Using the traditional bake sale model, a BARKE SALE enables anyone to raise awareness and funds for cancer and the development of better medicines and a cure for both by offering tasty pet and people treats.

The Foundation offers a free BARKE SALE kit containing flyers, postcards and a step-by-step instruction guide. Or, for a small fee, there is a new "BARKE SALE in a Box," a turnkey toolkit which includes everything from the online kit as well as cookie cutters, a poster, recipes, stickers and more. Groups interested in holding a BARKE SALE need to register on the Foundation's web site—www.CaninesNKids.org—to receive their supplies.

Funds raised through a BARKE SALE will support the Foundation's work to promote the promising science of comparative oncology – studying and treating spontaneously developing cancer in canine patients when they get sick.

The Canines-N-Kids Foundation is a recognized charitable nonprofit committed to finding a cure to the devastating cancers that canines and children face in common.



and make sure that regulatory compliance of veterinary medicine is practiced. A native of McHenry, Illinois, Sisk attended the University of Illinois, where she earned her bachelor's degree in animal sciences in 2000 and completed veterinary school in 2004.

The HSVC is focused this year on raising community awareness about its spay and neuter clinic as well as increasing capacity to perform low-cost surgeries. Research has continuously shown that areas with

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.

\$10 Low/No Income Spay & Neuter
Thursday, May 9th
Albert H. Soliz Library - El Rio
 2820 Jourdan St., Oxnard, CA 93036
 Must call for appointment
 (805) 584-3823

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Thursday, May 23rd
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Scamp Club

(Scampclub pets are not for adoption.)

Hi Scamp Club: I'm Bo and I'd like to be a member of your club. I'm a 5-year-old Havanese dog, originally from Cuba. I love to run at the beach and in the park. I'm not very well behaved when I see big dogs - I think I'm bigger than them. My Mom is taking me to doggie school so I'll learn to be more behaved. Wish her luck! I hate it when people stare at me when I'm trying to read the Breeze pet page.



Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.



Canine Adoption and Rescue League (C.A.R.L.) seeks participants, visitors, and of course, dog lovers of all ages for its 22nd Annual Pooch Parade! This event will be held from 10 a.m. to 4 p.m. on Sunday, May 5 at Ventura Beach Promenade Park.

In addition to the parade, there will be races, pet-related vendors and displays, food, live music, beer and wine, demos, a silent auction and fun contests. And the Ventura Breeze booth where you can pick up a tennis ball for your pet.

As the benefit's main fundraiser, the Pooch Parade is a scenic round-trip walk along the Ventura Beach Promenade, starting at 10 a.m. Entry fees are \$40 with pre-registration for individuals (ends May 1); \$45 the day of event (8:30-9 a.m.), or \$50 for dog teams (more than one walker in the group).

Registration forms are available online at poochparade.org. T-shirts will be given to the first 250 entrants.

A Silent Auction featuring hundreds of special items will be held on-site from 10 a.m. to 2:30 p.m. Proceeds will help pay for supplies and medical care for dogs and puppies in C.A.R.L.'s Second Chance Program.

C.A.R.L. is a non-profit, Ventura County-based organization almost entirely run by volunteers. Rescued dogs awaiting adoption are boarded at their large Pet Care Center in Santa Paula.

For more information, email info@carldogs.org or visit poochparade.org or carldogs.org.



The Best Friends Animal Society 2020 calendar cover cuties are Fly, Swim, and Hike! You can get your own calendar by making a membership gift of \$25 or more.

Your gift will bring it closer to the day when no cat or dog is killed simply because they don't have a safe place to call home. And closer to creating a no-kill country by 2025. Working together with shelters, other animal welfare organizations and you, we will save them all.

A leader in the no-kill movement, Best Friends runs the nation's largest no-kill sanctuary for companion animals, as well as lifesaving programs in collaboration with its nationwide network of members and partners working to Save Them All. For more information and to buy a calendar go to <https://support.bestfriends.org>.

The Pet Page

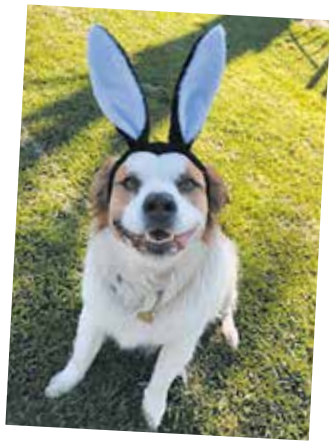
Forever homes wanted

Hi, I'm Justin an Australian Shepherd / Spaniel X who is in need of a new home.

I'm a great dog, but I bond with people and can become protective of them. I need an experienced owner who can give me the structure and consistency that I need so I can relax and enjoy life. I didn't react at all to the stray cats at C.A.R.L.'s Pet Care Center, so I might be ok with a cat.

I've been in playgroups at the kennel with dogs my size and I was tolerant of dogs who came up to me. I did not show any signs of aggression. I am more of an observer. I do not initiate play or join in playing. I seem to prefer women over men.

I'm ready for Easter and my new home. Could that home be yours? Canine Adoption and Rescue League C.A.R.L.



Adolfo is not just another handsome face; he is also 50 pounds of affection, energy and goofiness. He is 5 years old, but most folks assume is much younger because he is so puppy like. Adolfo loves, loves people and he wants one or more of them to call his own. He knows his commands of "sit", "down" and "roll over", which he usually does all at once! He is a very smart boy and anyone who adopts him will find it easy to train him. Come meet this silly dog in kennel # 40 at VCAS. Ventura County Animal Services - Camarillo location - 600 Aviation Drive



CARL

22nd Annual
POOCH PARADE
VENTURA BEACH PROMENADE PARK
SUNDAY **MAY 5**
10 AM - 4 PM
WWW.POCHPARADE.ORG

Live Music
Contests
Vendors
Silent Auction
Food
Beer & Wine



SPECIAL THANKS TO OUR SPONSORS


This 'n' That

Everyone is invited to Blanche Reynolds' biggest and most exciting Carnival yet! On May 10th in the Rainbow Bridge Park (located behind Blanche Reynolds School). From inflatable slides and obstacle course ,to free crafts, and more than 10 games at just \$1 each! Karaoke, Face Paint, Hair Chalk, Photo Booth, Cake Walk, Silent Auction, Raffle, Food Trucks, Music, Scouts, VPD & Fire Dept, Martial Arts Performances and more with free entry!! It is not only about the kids - there is plenty of fun for the adults too - buy some yummy food at SoCal Comfort Food or Big Joes Tacos, enter the silent auction and shake your bones to the beat of the karaoke music. All funds raised go back into supporting the students.



Ventura County Medical Center CEO Kim Milstein and Ventura County CEO Mike Powers joined 950 attendees from the Ventura community who supported critically ill children and their families at the first-ever Ventura Walk for Kids. Mike Powers was one of the speakers at the Ventura Walk for Kids.

The Walk took place at San Buenaventura State Beach and raised more than \$80,000 to support families who must travel outside their communities to access medical treatment for their critically ill children at local hospitals. 100% of the proceeds will support the future Ronald McDonald Family Room at Ventura County Medical Center (scheduled to open in 2020).

To learn more about Walk for Kids, visit www.walkforkids.org/ventura.

Photo by Troy Harvey.

Love with a Capital "L"
Continued from page 1

music has, and how it uniquely transcends the mosh pit," says Stookey. "She saw the power of the lyrics, and became a real fan of the fact that music can not only be inspiring, as it does move us, whether it's dance, folk or jazz, but she saw that it was informative as well as compelling."

There's a world of difference in the types and methods of social change now versus in the 1960s when his trio was changing the world with their message of social responsibility and hope, according to Stookey. He says that the concept of improving society through music, however, is still shared across other genres, from reggae, rap, and jazz, even metal—and that many of them are actively addressing inequities in our society. "There is no doubt that in the 60s, when folk music surprised the popular music world by being relevant, that musicians were focusing on causes like equality for blacks and whites, and addressing concerns about nuclear annihilation," says Stookey. "Those plain-spoken words were never thought of as pop music. There was authentic passion, and folk music had no glossy arrangements—and it was performed by people with a stake in the cause, with real skin in the game. So much of folk music's power was the articulation of commonly held values."

Stookey's Rubicon show is called "In These Times", and he has some specific feelings about both what is now relevant, and what some of the major issues are in these times. He says that there are two major problems, and that they intersect. "One is our inability to speak to each other with compassion, because we are encouraged through many media, as well as by some of our leaders, to be disparaging of another person's point of view. Two:

the issues themselves, compounded by our inability to talk, from climate change to immigration, as there are always two sides," he says. He references the well-known Chinese curse: May you live interesting times. "Well baby, we are there," he laughs. "We often communicate these days about those 'interesting times' in an immediacy (through social media), therefore, our compassion is really being tested."

Stookey, who has a home in Ojai where he and his wife reside part of the year, has written a new song for his upcoming Rubicon performances. It's called 'Love With a Capital L' which he says, given the chaos of the modern world, is about processing all the news and the difficulties we have as a society. He believes that, given the challenge of maintaining an even perspective, people have the potential to better understand if they process everything in Love. "It's been really fun to write, and reminds me that one of the most thankful aspects of learning folk music, both the ethics of it and its breadth, is that it co-opts a lot of musical styles, and so I have," says Stookey. "I'm not great at rapping, in fact, I'm very poor at it—more in the Woody Guthrie vernacular, and less of Snoop Dog."

Stookey, who shares that there is a book in development about his life, and who has written a number of short stories, believes that ultimately, the direction we're all being drawn to is that of overcoming the perceived differentiations of organized religion and concentrating on what is commonly shared. "What you begin to see is that we're all so much more alike than we are different, in the heart space in particular. That's why the big 'L' in Love becomes the synergistic magnet that I think is going to provide the answer. We will then be able to say 'Namaste' and when we can pass each other as complete strangers and smile, there is trust in the world again."



VENTURA BOTANICAL GARDENS

PLANT SALE

SATURDAY, MAY 4TH

Join us at the Merewether Welcome Center the for our Spring Plant Sale.

Hours
Members Only Early Access: 8 to 9am
Open to the Public: 9am to Noon



SUPPORT THE VENTURA BOTANICAL GARDENS,
BECOME A MEMBER TODAY!

567 S. Poli St. | 232.3113 | VenturaBotanicalGardens.com

This 'n' That

Ventura Libraries May events

Avenue Library
Children & Family Events
Bilingual Early Literacy Class
5/6, 13, & 20 Mondays @ 5:30-6:30pm
Join us for storytelling, nursery rhymes, flannel board fun and more!
Lego Play
5/2, 9, 16, 23, 23, & 30 Thursdays @ 3 –5pm
Bring your imagination and experiment with creative designs.
Adult Classes & Events
Pumarosa Drop-in ESL
5/1, 8, 15, 22, & 29 Wednesdays @ 9-11am & @ 5-7pm
5/4, 11, 18, & 25 Saturdays @ 5-7pm
Drop-in ESL class for language instruction, internet, forms, and more.
E.P. Foster Library
Adult Programs
Venture (a) Out In The County...a Sierra Club Educational Series
5/14 Tuesday @ 5:30-7pm
Please join us as we learn about hiking, camping and natural resources in and around Ventura County.
Road Scholar
5/17 Friday @ 1pm in the Topping Room

Do you love to travel, enjoy learning new things, exploring interesting people who share a love of adventure? Come learn about the Road Scholar programs of Elderhostel!

Children’s Events
Dance Party!
5/2 Thursday @10-11am
Enjoy non-stop music and movement for children ages 2-5 and their grownups.
Early Literacy Class
5/7, 14, 21, & 28 Tuesdays & 5/1, 8, 15, 22, & 29 Wednesdays @ 10:30am
Join us for stories, poems, music, movement, a simple craft, and fun!
Teen Happenings
Virtual Reality
5/7, 14, 21, & 28 Tuesdays @ 3:30-5:30pm
Explore the virtual world with different VR platforms. ALL VR

HEADSETS can only be used by those aged 13 and older, this event is for ages 13-17.

Hill Road Library
Family & Children’s Ongoing Events
Early Literacy Class
5/1, 8, 15, 22, & 29 Wednesdays @ 10:30am
Join us for stories, poems, music, movement, a simple craft, and fun! Aimed at ages 0-5.
Discover Science
5/14 Tuesday @ 4pm
Join us for this monthly exploration of science concepts through hands-on experiments with Rachel Chang. Dress to get messy! Ages 8+
Adult Events
Author Talk with Mark Fargo: The Art of Motorcycle Haiku
5/5 Sunday @ 12pm
Many can write about riding but I have never met someone who can put into poetry the love of riding and seeing all that is around us as we ride. Paul Nielsen - Motorcycle Coaching 101
Medicare 101
5/16 Thursday @ 2:30pm
Are you turning 65 in the next 6 months? Do you know how to avoid penalties? Join us for this educational presentation about getting started with Medicare.
Drive Away Happy: Car Buying Decisions
5/30 Thursday @ 6pm
Participants will learn tips and tricks to have the best car buying experience possible, while also making wise financial decisions.
Saticoy Library
Children & Family Events
Early Literacy Class
5/7, 14, 21, & 28 Tuesdays @ 10am
Join us every week for stories, poems, music, movement, a simple craft & fun!
Lego Play
5/7, 14, 21, & 28 Tuesdays @ 3-5pm
Come with your friends or make new ones while building wonderful structures with our Lego collection.
Adult Classes & Events
English Classes
5/6, 13, & 20 Mondays & 5/1, 8, 15, 22, & 29 Wednesdays @ 3- 5pm
One on one instruction in English hosted by Laubach Literacy of Ventura County
Closures in May
27th – Memorial Day
30th– Libraries open at @ 2pm

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Happy Administration Professional Day!



701 E. Santa Clara St. Ventura Ca. 93001
(805)653-2381
www.venturaexecutivesuites.com
info@venturaexecutivesuites.com

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Virtual Offices as low as \$50 a month!

Walk-In’s are welcomed!



Many of you know that the Ventura Jazz Orchestra has been the pride of Ventura County for many years, offering those swinging big band grooves we all enjoy. They are now playing in downtown Ventura in a new venue - the Historic Knights of Columbus Ballroom. Spring Swing Big Band Dance on Friday, May 10th, at 8:00 p.m. Come earlier, at 7:00 p.m. for free group dance lessons by Paul Sulzman. Historic Knights of Columbus Ballroom, 36 Figueroa Street (between Figueroa and Palm off Santa Clara Street).

Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Vehicle Pursuit and Arrest

On April 7, at approximately 5pm, the Ventura Police Department Command Center received a call of a subject that was possibly under the influence disturbing passersby on the Promenade near Paseo De Playa. As officers arrived on scene and attempted to make contact with the subject, later identified as 28 year old San Francisco resident Michael Dougherty, he ran from officers, got into a nearby parked vehicle and fled at a high rate of speed. A short time later, it was reported that the vehicle he was driving had possibly been stolen.

Officers attempted to initiate a traffic stop on Dougherty, who was acting erratically and stopped several times in the middle of the road to yell at the officers. As Dougherty entered the Downtown area of Ventura and continued driving on several different streets, officers did not initiate a vehicle pursue because of the danger he posed to the public.

Dougherty ultimately entered Highway 101 northbound from Oak St., at which time officers initiated a vehicle pursuit. With officers pursuing him, Dougherty continued on Highway 101 at speeds ranging between 50-85 MPH. The California Highway Patrol was contacted to assist with the vehicle pursuit. As he was entering Santa Barbara County, Dougherty exited at Casitas Pass Rd. and entered back onto Highway 101 southbound towards Ventura. When he exited at the Main St. off-ramp into Ventura, the pursuit was terminated due to the continued danger Dougherty's driving posed to the public. After terminating the vehicle pursuit, Dougherty entered back onto the Highway 101 northbound.

Approximately 10 minutes later, the California Highway Patrol started receiving 911 calls of a reckless driver on Highway 101 near Padre Juan Canyon Rd. overpass. One caller reported that Dougherty had stopped on the shoulder and fled on foot, across the highway. The California Highway Patrol and Ventura County Sheriff's Department responded and started searching for him. He was seen a short time later near the Faria Beach Park and fled from CHP officers and deputies on foot. Dougherty entered a residence in the 4000 block of Pacific Coast Highway and taken into custody after being tased.

Officers from the Ventura Police Department took custody of Dougherty. After he was medically cleared for minor injuries he sustained when running on foot, he was arrested for felony evading arrest in a vehicle, driving under the influence, and resisting arrest.

Stolen Vehicle Pursuit and Arrests

On April 15, at approximately 2pm, an officer was patrolling the area of Valentine Rd. and Sperry Ave., when he observed a suspicious vehicle and ran the license plate. The vehicle, which was occupied by several subjects, came back as a reported stolen vehicle out of Ventura. As the vehicle continued driving, the officer waited for additional officers to arrive before attempting to stop it. The driver, a 15-year-old male juvenile, failed to yield and a pursuit was initiated.

The pursuit continued traveling on various streets in the industrial area between Market St. and Valentine Rd. and Sperry Ave., during which time the driver drove at speeds between 40-50 mph, and ran a stop sign and red light. As the vehicle was going

northbound on Knoll Dr., officers deployed a spike strip in an attempt to disable the vehicle. The driver avoided hitting the spike strip and ran a stop sign. As the vehicle entered the intersection of Knoll Dr. and Valentine Rd., it collided into a vehicle that was traveling eastbound on Valentine Rd. The stolen vehicle sustained major damage from the collision and caught fire.

The 15-year-old driver and two juvenile passengers were detained at the vehicle, while two of the other passengers fled from the vehicle on foot and ran across both southbound and northbound lanes of Highway 101. Officers chased the two passengers, both 15-year-old male juveniles, and caught them on the other side of the highway after they jumped into a water culvert. The Ventura City Fire was called to help free them from the culvert.

The driver was arrested for felony evading arrest in a vehicle and driving a stolen vehicle. The two passengers who fled from the vehicle on foot were arrested for resisting arrest. The vehicle that was hit by the stolen vehicle sustained major damage. The two occupants of that vehicle were transported to VCMC with minor injuries.

Possession of an Illegal Weapon

On April 18, at approximately 3:15pm, members of the Ventura Police Department SET team were in the area of the Promenade looking for a wanted subject. While looking for the suspect, they observed a male and female, 32 year old Eric Wayne Forrest and 21 year old Ashley Barreto, subjects known to them as wanted as persons in a separate investigation. They exited their vehicle and attempted to stop them.

As the detectives approached Forrest and Barreto, Forrest saw them and started to run away. As Forrest was running away, he dropped a backpack that he was carrying. It was later discovered that the backpack contained a sawed-off shotgun and ammunition. One of the detectives chased Forrest and eventually caught up to him and after a short struggle was able to take Forrest into custody. During a search of Forrest after the arrest, he was also found to be in possession of burglary tools.

Barreto remained where she was contacted; however, she did not cooperate, and she was taken to the ground and arrested. During a search of Barreto's property, she was found to be in possession of burglary tools and drugs.

Forrest was arrested for felony possession of a sawed-off shotgun, carrying a concealed weapon, possession of burglary tools and a felon in possession of a weapon as well as misdemeanor resisting a police officer. A search of the Ventura County Superior Court shows that Forrest was arrested earlier this year for assault with a deadly weapon and felon in possession of a weapon.

Barreto was arrested for felony possession of burglary tools, identity theft and misdemeanor possession of drugs.

Robbery

On April 19, at 2:58pm, officers responded to the Vons on Telegraph to investigate a theft that had just occurred. The officers were told that Angela Brunson (11-2-1979) came into the store and began to stuff bottles of alcohol into her clothes. Loss prevention officers for the store observed Brunson stealing the alcohol and started to follow Brunson through the store. A short time later Brunson exited the store and loss prevention contacted her outside. During the contact, Brunson returned some of the items she took. However, she did not return all of the property and started to argue with the loss prevention officers.

While Brunson was arguing with the

VENTURA TOWNEHOUSE

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Complimentary Nurses Spa Day!
Come enjoy a martini, relax and rejuvenate!!
May 8th, 2019 @ 5:00pm *Just bring Nurse ID*
20-MINUTE CHAIR OR TABLE MASSAGE
PARAFFIN FOR HANDS & FEET
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loss prevention officers, Charles Lee (1-18-1968) exited a vehicle in the parking lot and joined Brunson. Lee told the loss prevention officers that Brunson returned all the property and then started to assault the loss prevention officers. Brunson also started fighting with the loss prevention officers who immediately disengaged and let the two leave. Brunson and Lee got into the vehicle Lee had exited earlier and left the parking lot.

A short time later a motor officer was looking for the vehicle when he saw it in the area of Harbor and Peninsula. The officer made a traffic stop on the vehicle that was occupied by Brunson, Lee and a third subject who later determined not be involved in the crime.

Brunson was taken into custody and arrested for felony robbery. Lee was arrested for misdemeanor battery. Both were transported to Ventura County Jail and booked for their charges. No one was injured during the robbery at the store or the vehicle stop on Harbor.

Domestic Violence/Felon in Possession of a Loaded Gun

On April 19, at 7:21pm, the Ventura Police Command Center received a 911 call of subjects arguing in the area of Antelope Ln. and Llama Ct. Officers arrived on scene and located Kendric Johnson (12-2-1985) sitting in a vehicle at that location. Officers learned that the argument was a domestic incident and that the victim had visible injuries she said were caused by Johnson. Officers arrested Johnson for domestic violence. Officers saw that there was a firearms magazine with live rounds of ammunition and a can of tear gas in plain sight in the vehicle.

Officers also arrested Johnson for being a felon in possession of a firearm and ammunition, possession of a loaded firearm in public, being a felon in possession of tear gas, and for misdemeanor vandalism stemming from the domestic violence incident.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

4-13 12:45am, received dispatch to medical, abdominal pain in RiverHaven community. Officers responded and assisted VFD/AMR with the call.

11:11am, received report of a medical at Harbor cove. Officers advised fire dispatch of an individual having trouble breathing. The patient was treated and transported by AMR to local hospital for further evaluation.

3:20pm, dispatched to a patient fainting and experiencing nausea in the Ventura Marina Community. Officers responded and assisted VFD/AMR with the elderly patient who was transported to local hospital for evaluation.

4-14 3:55pm, dispatched to an ill person in the Ventura Marina Community. Officers responded and assisted VFD/AMR with the call.

8:00pm, observed a heavy fog bank roll in, less than 1/2 mile visibility. Officers activated the South jetty fog signal, keying VHF 81 five times to do so.

4-15 1:25am, received a report of an audible alarm sounding somewhere in Ventura Isle Marina. Officers responded and after investigating found the source of the alarm. The vessel was in no danger, turned out to be a failing CO2 alarm.

4-16 8:27am, dispatched to a medical at the Ventura Marina Community. Officers responded and assisted VFD/AMR with a female who suffered a hip dislocation. The patient was transported to local hospital for further evaluation

4:45pm, received a request for a boat tow from a disabled motor vessel.

Weekly SUDOKU

Answer

9	5	8	3	4	7	6	1	2
1	7	6	5	9	2	4	3	8
3	2	4	6	8	1	7	9	5
2	3	1	9	6	5	8	4	7
4	8	9	2	7	3	5	6	1
7	6	5	8	1	4	9	2	3
5	4	3	7	2	6	1	8	9
8	1	2	4	5	9	3	7	6
6	9	7	1	3	8	2	5	4

King Crossword

Answers

Solution time: 21 mins.

L	I	P		D	I	A	L	S		C	A	B
A	D	E		E	G	R	E	T		A	L	E
C	A	R	P	E	N	T	E	R		R	O	E
			A	M	I		R	E	A	P	E	R
R	A	C	K	E	T		S	A	G	O		
A	G	A		D	E	W		M	O	O	N	S
C	U	R	B		R	A	J		G	L	E	E
K	E	P	I	S		G	U	M		E	A	R
		A	L	P	S		N	O	O	D	L	E
N	I	C	K	E	L		I	L	L			
A	B	C		C	A	R	P	E	D	I	E	M
V	I	I		K	N	E	E	S		C	O	O
E	D	O		S	T	A	R	T		E	N	D



by Pam Baumgardner
VenturaRocks.com

It’s always a treat when Noel Paul Stookey from the iconic folk trio, Peter, Paul & Mary, performs at the Rubicon Theatre. Stookey brings his dry wit and love of humankind in a show called “In These Times” on Sunday, April 28. His appearances always sell out, and this one did as well, so I’m happy to report there will be a second concert on Monday, April 29. I wonder what he’ll talk about. Hmmm.

The local crew from Army of Freshmen have new music available this month, it’s an EP called “At the End of the Day” featuring acoustic tunes. That one drops April 26; the next day, they’ll perform “unplugged” up in Goleta at The Imperial sharing the stage with Nerf Herder.

Eco Fest not only provides over 80 exhibitors, green education ideas with helpful tips, and children’s activities, but they also offer great music throughout the day. This year they’ll have two stages of music with D.on Darox and the Melody Joy Bakers, Ventucky String Band, Anchor & Bear, Shay Moulder, the Midtones and more. The annual event will be held at Plaza Park (Santa Clara and Chestnut) on April 27 from 10 am to 4 pm. Eco Fest is free to the public with a bike valet available for those doing their part to reduce their carbon footprint.

Gigi’s will be hosting a couple of shows featuring bands from out of the area. First on Monday, April 29, it’s Radio Active (Tokyo, Japan), The Wankys (Leicester, UK), Eel (Pittsburgh, PA) and No Divide (Santa Barbara); and then on Friday, May 3, they’ll have MOB 47 (Sweden), along with Phobia, Wichaven and Zoloa. I’m glad to see promoters taking advantage of this space again for live music.

Quick Notes: Amber Olive of Amber & Smoke has a new side gig with the band Mini Driver; Margarita Villa has live music every weekend now, Friday through Sunday; Ray Jaurique and friends play The Blue Room on Wednesdays in the Harbor; Show Me the Body from New York play with Enemy on Thursday, April 25, at the Tavern; Norman Baker out of Seattle plays Namba on Friday, April 26; playing the Sewer for the first time, it’s The Guitar & Whiskey Club on Saturday, April 27; The Popravinas perform Saturday, May 4, at Dargans; Club 805 hosts The Darkside (Cosplay) on May 4; and Robin Trower plays the Ventura Theater on Sunday, May 5.

Congratulations to Adam and Josh for getting the Planning Commissions unanimous approval during their public hearing April 10. It was a standing room only crowd with so many people speaking in support of opening The Grape Jazz Club. Now, a little construction upgrades and hopefully the next time I write about the Grape will be to give their opening date. Well done boys!

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com. For updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Black Angus
4718 Telephone Road
Music 5:30 – 8:30 pm
Thursdays: Mark David Undercover

Blue Agave
185 E. Santa Clara
Fridays: Mariachi Band; DJ
Saturdays: DJ

The Blue Room
Ventura Harbor Village
(Next to Comedy Club)
Wednesday: Ray Jaurique and Friends
Thursdays: Gypsy Blues Band

Boatyard Pub
Ventura Harbor Village
Monday-Thursday 6 pm, Friday & Saturday 7 pm
Mondays: Milo Sledge
Tuesdays: Jason Ho/Frank Barajas
Thursdays: Bluegrass Jam
Wed 4/24: Shore Break
Fri 4/26: Teresa Russell & Stephen Geyer
Sat 4/27: Karen Eden

Bombay Bar & Grill
143 S. California Street
Thursdays, Friday & Saturdays: DJs

Café Fiore
66 S. California Street
Wed 4/24: Big Adventure
Fri 4/26: Jason Bourne
Sat 4/27: Rick Whitfield

The Cave
4435 McGrath Street
5:30 – 8:30 pm
Weds & Saturdays: Varon Thomas
Thurs & Fridays: Warren Takahashi

Copa Cubana
Ventura Harbor Village
Music 7 pm; Sundays 4 pm
Mondays: Smokey & Friends
Tuesdays: The Jerry McWorter Trio
Wednesdays: Al Macias Open Mic
Saturdays: Ruben Estrada & the Martinez Brothers
Fri 4/26: Native Vibe
Sun 4/28: Karen Eden & the Bad Apples

Dargan’s Irish Rub & Restaurant
593 E. Main Street
Music at 4 pm
Sat 5/4: The Popravinas
Sun 5/5: The Sunday Drivers

Discovery
1888 Thompson Blvd
Fri 4/26: Dustland Fairytale
Sat 4/27: One More for the Road
Sun 4/28: Groove Session
Wed 5/1: Bumping Uglies, Kyle Smith
Thurs 5/2: Thunderstorm Artis, Jacob Marquez
Fri 5/3: Gungor, The Brilliance, Propaganda
Sat 5/4: Highway Starr
Sun 5/5: Herbal Rootz

Ecofest 2019
Plaza Park
(Chestnut and Santa Clara)
Sat 4/27: D.on Darox & the Melody Joy Bakers, Ventucky String Band, Anchor & Bear, Shay Moulder and more...

Four Brix Winery
2290 Eastman Avenue
Music 5:30 – 7:30 pm
Fri 4/26: Mark Masson & Phriends

Garage
1091 Scandia Avenue
Mondays: Karaoke
Sat 4/27: Go Betty Go, Infirmities, Fuse, Break the Tides
Fri 5/3: Agua Santa, Good Nothings, The Grownups
Sat 5/4: DJ Dance party

Gigi’s Cocktails
2493 Grand Avenue
(805) 642-2411
Thurs, Fri & Sat: Karaoke
Mon 4/29: Radio Active, The Wankys, Eel, No Divide
Fri 5/3: MOB 47, Phobia, Wichaven, Zoloa

Golden China
760 S. Seaward
(805) 652-0688
Karaoke seven nights a week 9 pm
Tuesdays 7 pm: Open Mic
Sat 5/4: Club805 the Darkside (DJs)

Grapes and Hops
454 E. Main Street
Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm
Fri 4/26: Robert Gray, Brandon Ragan Project
Sat 4/27: Gentleman’s Blues Club
Sun 4/28: Shawn Jones
Sun 5/5: The Tossers

Harbor Cove Café
Ventura Harbor
Music 5-8 pm
Fri 4/19: Jill Martini & the Shrunkheads
Sat 4/20: Gary Ballen

Hong Kong Inn
435 E. Thompson Blvd
Fri 5/3: Teresa Russell & Tom Buenger

Keynote Lounge
10245 E. Telephone Road
Tues, Wed and Sun: Karaoke
Thursdays: Open mic night
Fri 4/26: What the Funk
Sat 4/27: Action Down

Leashless Brewing
585 E. Thompson Blvd.
Sat 4/27: Boom Duo
Thurs 5/2: Vinyl Night
Fri 5/3: Shaky Feelin’ Jam Session
Sat 5/4: Shawn Jones

Limon y Sal
598 E. Main Street
Fridays: DJ
Saturdays: DJ
Sundays: Instone (1-4 pm)

Made West Brewing
1744 Donlon Street
Thurs 6 pm; Sat 4 pm; Sun 3 pm
Thurs 4/25: Mark Masson
Sat 4/27: Anchor & Bear
Sun 4/28: The Midtones
Thurs 5/2: Matt Sayles
Sat 5/4: Ted Lennon
Sun 5/5: Anna Vera

Majestic Ventura Theater
26 S. Chestnut Street
Tues 4/30: Knocked Loose, The Acacia Strain, Harms Way
Sun 5/5: Robin Trower

Margarita Villa
Ventura Harbor Village
Fri 4/26: Jon Francis & Vanise Terry
Sat 4/27: Crosscut 805
Sun 4/28: Doc Rogers Band
Wed 5/1: Karen Eden
Fri 5/3: Sin Chonies
Sat 5/4: CRV
Sun 5/5: Mark Masson & Friends

Museum of Ventura county
100 E. Main Street
Sun 4/14: Camarata Pacifica (3 pm)

Namba
47 S. Oak Street
Fri 4/26: Norman Baker & the Backroads
Sat 4/27: MARS Landing
Sun 4/28: Community Song Circle
Sat 5/4: Aki Kumar

Oak and Main
419 E. Main Street

Sundays: Sing Time Karoke
Tuesdays: Beers Brothers Open Mic
Thurs 4/25: Medicine Hat (Acoustic)
Fri 4/26: Crooked Eye Tommy
Sat 4/27: Black Star
Wed 5/1: Brandon Ragan (solo)
Thurs 5/2: The Swillys
Fri 5/3: Rick Hunter, Colette Lovejoy
Sat 5/4: Caliente 805
Sun 5/5: Johnny & the Love Handles

O’Leary’s
6555 Telephone Road
Wed: Karaoke

Plan B Winery
3520 Arundell Circle
Sun 4/28: Anchor & Bear

Red Cove
1809 E. Main Street
Sat 4/27: Hysteria, Form Rank, Species Unknown

Rubicon Theater
1006 E. Main Street
Sun 4/28: Noel Paul Stookey

Sandbox Coffeehouse
204 E. Thompson Blvd
805-641-1025
Thurs 6 pm, Weekends noon
Thursdays Open Mic
Sat 4/27: Darren Marc
Sun 4/28: Fort Vine

Sans Souci
21 S. Chestnut
Sundays: DJ Darko
Mondays: Karaoke
Tuesdays: DJ Nick Dean
Wednesdays: Open mic
Thursdays: DJ Spinobi
Fri 4/26: Medicine Hat, The Tulsa Two
Sat 4/27: The Guitar & Whiskey Club

The Shores Restaurant
1031 Harbor Blvd, Oxnard
Sundays 12:30 – 3:30 pm
Fri 4/26: Troy Edwards
Sat 4/27: Pull the Trigger
Sun 4/28: Unkle Monkey
Fri 5/3: Rey Rey and the Posse
Sat 5/4: Troy Edwards
Sun 5/5: Lauren Tannebaum

Star Lounge
343 E. Main Street
Fri 4/26: Shawn Jones
Sat 4/27: 805 Allstarz

The Tavern
211 E. Santa Clara Street
(805) 643-3264
Sundays: DJ Steezy Steve
Tuesdays: Karaoke
Thursdays: Get Right DJ
Thurs 4/25: Show me the Body, Enemy
Sat 4/27: The Black Stripes

Topa Mountain Winery
821 W. Ojai Avenue, Ojai
Music 3-5 pm
Sat 4/27: Mark Masson Duo
Sun 4/28: Bryan Titus Trio

Ventura Harbor Village
1583 Spinnaker Drive
Music 1-4 pm
Sun 4/28: Blown Over

Winchester’s
632 E. Main Street
(805) 653-7446
Music at 7:00 pm; Sundays at 5 pm
Fri 4/26: Two’s Company
Sat 4/27: Doc Ventura
Sun 4/28: Déjà vu Too
Fri 5/3: National Cat
Sat 5/4: The Tossers
Sun 5/5: The James Broz

1901 Speakeasy
740 South B Street, Oxnard
Fri 4/26: Danny McGaw
Sat 4/27: Brandan Ragan

The 805 Bar
Ventura Harbor
Saturdays & Sundays 11 am – 1 pm
Saturdays 4-7 pm
Saturdays: Kenny Devoe
Sundays: Kenny Devoe



Buenaventura Art Association will present the top entries in its ninth Watercolor Open Competition April 25-May 26 at the Buenaventura Gallery in Ventura.

Cash prizes and one-year BAA memberships will be awarded at a reception 6-9 p.m. May 3 during Ventura's First Friday gallery crawl. The Norman Kirk Best of Show Award is \$300, and first- through third-place winners will receive \$200, \$100 and \$75, respectively. Honorable mention also earns a one-year membership.

Juror for the exhibition is Frank Webb, a Dolphin Fellow of the American Watercolor Society who has conducted painting workshops internationally, written five books, and received more than 120 major awards. Webb also holds lifetime achievement awards from watercolor societies around the world and his works are in the permanent collections of 10 art museums.

This year's Open Competition is for original paintings using transparent watercolors only, excluding other aquamedia, which is a return to the category's original form.

Buenaventura Gallery, in Studio 30 at Bell Arts Factory, 432 N. Ventura Ave. is open 11 a.m.-4 p.m. Thursdays through Sundays. For more about the 65-year-old nonprofit cooperative and its programs, visit www.buenaventuraartassociation.org or call 805-648-1235 during gallery hours.



Ventura Unified School District (VUSD) has announced the 2nd Annual VUSD Art Show, highlighting its incredibly talented K-12 student artists. The exhibit opened on Thursday, April 18, and will be on display until May 5. A VUSD Artists Opening and Ventura Education Partnership (VEP) Reception took place on April 18, at the Museum of Ventura County. This event is open to the public with a suggested donation of \$10.00, with all proceeds supporting VUSD's Art programs.

"We are very proud of the long history Ventura Unified, and our community has of supporting the arts in our schools. Arts education is critical in helping all of our students be well-rounded citizens in the modern economy – one where creativity and technology interact in continually evolving ways," stated Sabrena Rodriguez, VUSD Board President, and longtime Ventura Arts Collaborative member.

During the course of the exhibit, the museum is offering a discounted family membership to all VUSD families. May 5, the show's closing day featuring "People's Choice Awards" and entertainment. This event will be free to the public from 11 am-5 pm.

The show is made possible through the efforts of the Ventura Arts Collaborative, a cooperative program of Ventura Unified School District, the City of Ventura, Ventura Education Partnership and the Museum of Ventura County. "The Museum of Ventura County is proud to collaborate

with and support VUSD and VEP in their ongoing efforts to elevate the arts in the lives of Ventura youth. These young artists deserve to have their work displayed for all to enjoy," stated Denise Sindelar, Museum Programs Director.

Student artwork is available for purchase at the Museum by CASH or CHECK only.



"Nectarine Blossoms" a pastel by **Julie Smith**

Visit the Ventura County Pastel Artists at their Annual Spring Show, "Spring into Pastels", a multi-Media event to be held at West Hills Gallery, 1545 Cuyama Road, Ojai. Pastel paintings along with other mediums will be showcased and offered for sale. Attend the reception on Saturday, May 4, 2019 where you will meet the artists and watch demonstrations on some of the techniques and materials used with pastels. The doors will open at 11am to 4pm on Saturday, May 4 and the Gallery will also be open on Sunday, May 5, from 11am to 4pm.

The public is invited to join Focus on the Masters Archive & Library (FOTM) at the Ojai Library for a celebration of the creative spirit from students at Topa Topa Elementary and residents from Providence Ojai. Artwork created in the Learning To See Outreach (LTS) will be exhibited from May 9 – June 10, with a reception on Tuesday, May 21 from 5:30 – 6:30. Awards will be presented, and all are welcome to create their own beautiful leafprint with us! 111 East Ojai Avenue.

FOTM documents the lives and works of extraordinary artists from our community, providing art programming for all ages.



The Vita Art Center is proud to present the work of four glass artist from southern California. The exhibition presents a diverse array of techniques and approaches to handmade glass including functional, sculptural, and wall mounted. The artists are: **Joe Cariati, Katherine Gray, Kazuki Takizawa and Susan Stinsmuehlen-Amend.**

Champagne Preview

Reception: Saturday

April 27 from 4-7 p.m.

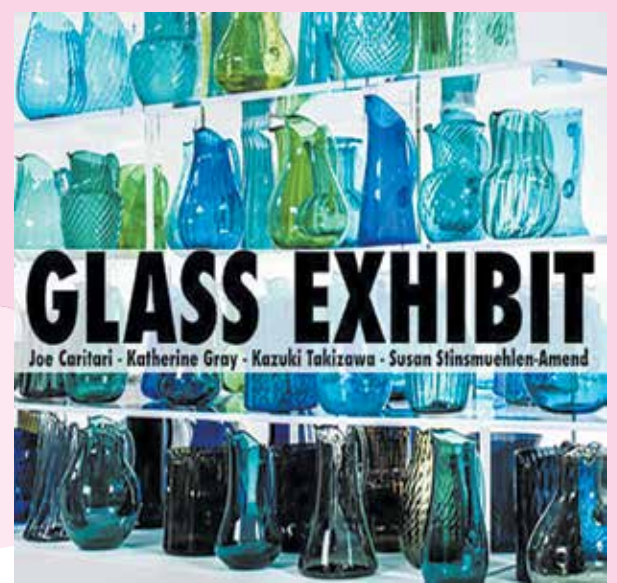
First Friday Community Opening: Friday, May 3 from 6-9 p.m.

Exhibit Dates: April 27 - May 24

Vita Art Center, 28 West Main St.

805-644-9214

www.VitaArtCenter.com



Marta Nelson (1922 - 2019)

Marta Nelson, one of Ojai's most beloved artists, passed away peacefully at age 96. Marta was a painter, a print-maker and a sculptor in papier mâché. She was a traditionalist who knew when to bend the rules, an optimist who felt compelled to paint something beautiful, a citizen of the world who strongly believed that artists have a mission: to use the arts as a vehicle for peace.

She dedicated her life to community, establishing art programs that continue to this day. Among her legacy, is the co-founding of the prestigious Ojai Studio Artist (OSA) Tour. Established in 1984, OSA is a highly respected group of artists that open their studios annually the second weekend in October, with mini tours throughout the year.

Marta was originally from the Los Angeles area, settling in Bakersfield, before she and Hank retired to Ojai in 1981. Her formal education includes studying illustration at the Chouinard Art Institute. Marta shared in her 2006 Focus on the Masters Oral History, "I chose illustration so I could earn a living." She worked as a newspaper illustrator at a time when a woman was credited under their husband's name. She added, "That always bothered me – being listed as Mrs. Henry Nelson. It was as though a woman had no identity of their own."

While in Bakersfield, Marta taught art classes at Bakersfield Community College and Spanish to elementary school students. Her love for teaching continued throughout her life with her most recent students among her fellow residents at The Gables of Ojai retirement community.

In Marta's early days, she worked in the animation department for Screen Gems Colombia Pictures painting backgrounds and mixing color for the animators.

As a college student, Marta majored in Spanish, an experience that opened her eyes to the beauty of culture throughout the world. She became a folk dancer in the 1950s - Spanish dancing being among her favorite – and traveled to festivals throughout the state. She took up belly dancing at age 40 to address her arthritis. Her love for travel and cultural experiences became an inspiration for many paintings and prints. She described herself as a perennial student, always experimenting and eager to learn something new.

To learn more about Marta visit: www.OjaiStudioArtists.org



Lighter Breeze

Tiger



Mutts



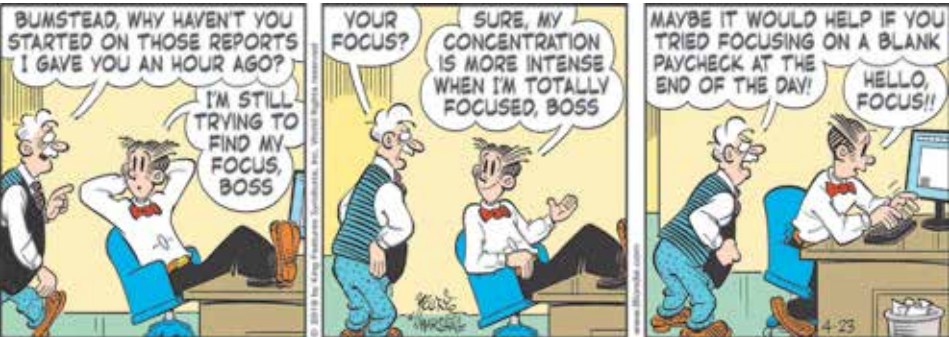
Baby Blues



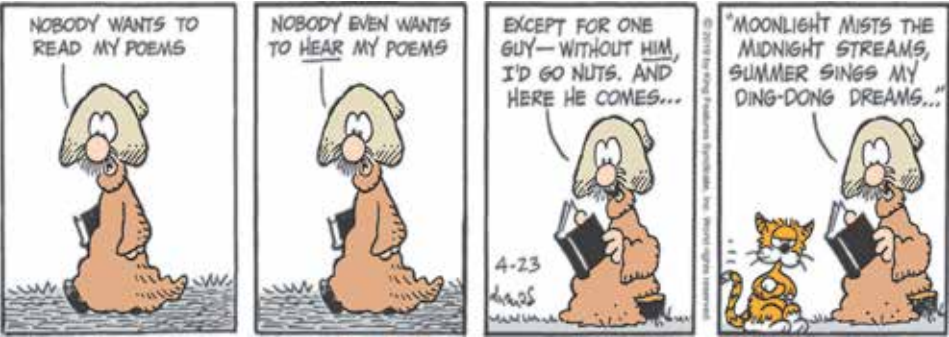
Hi and Lois



Blondie



Sam and Silo



Solutions on page 19

(For a beginners guide to playing Sudoku go to venturabreeze.com)

		8		4		6		
	7		5				3	
3					1			5
2				6		8		
		9			3			1
	6		8				2	
	4			2				9
8					9	3		
		7	1				5	

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 19

King Crossword

ACROSS

- Mouth part
- Uses an old phone
- Taxi
- Lemony drink
- "Snowy" bird
- 11-Down cousin
- Woodworker
- Fish eggs
- Parisian pal
- McCormick's invention
- Tennis need
- Palm starch
- Khan
- Morning moisture
- Phobos and Deimos, to Mars
- "— Your Enthusiasm"
- British rule of India
- Merriment
- Military caps
- Wrigley product
- Listener
- Heidi's range
- Piece of pasta
- Half a dime
- Ailing
- Jimmy Kimmel's network
- "Seize the day" in Latin
- Half of XIV

1	2	3		4	5	6	7	8		9	10	11
12				13						14		
15				16						17		
				18				19		20		
21	22	23					24					
25				26		27		28			29	30
31			32		33		34		35			
36				37		38		39		40		
		41			42		43		44			
45	46						47					
48					49		50			51	52	53
54					55					56		
57					58					59		

- Elbows' counterparts
- Dove's call
- Tokyo's old name
- Begin
- Conclusion
- Fond du —, Wis.
- Actress Lupino
- Apiace
- Considered
- Pilot light, e.g.
- Illustrations
- Lecherous looks
- 8 Rill
- 9 Used the HOV lane
- 10 Lotion additive
- 11 Brewery output
- 16 LPGA's Se Ri —
- 20 Quite enthusiastic
- 21 Poolroom item
- 22 Chills and fever
- 23 Thin-sliced raw meat
- 27 Witty one
- 29 Patricia of
- "Hud"
- 30 Withered
- 32 Defraud
- 34 Gin flavoring
- 37 Motes
- 39 Harass
- 42 Point of view
- 44 Antiquated
- 45 Church section
- 46 Footnote abbr.
- 50 Actor Stephen
- 51 Hockey surface
- 52 A billion years
- 53 Chic, in the '60s

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LIBRA (September 23 to October 22) Looking to blame someone for a workplace problem could backfire if it turns out you've got the wrong "culprit." Best to get more facts before acting on your assumptions.

SCORPIO (October 23 to November 21) Patience might still be called for until you're sure you finally have the full story that eluded you up till now. A trusted associate could offer valuable guidance.

SAGITTARIUS (November 22 to December 21) Look into your recent behavior to see if you could have caused the coolness you might now be sensing from a loved one. If so, apologize and set things straight.

CAPRICORN (December 22 to January 19) Easing up on your social activities allows you to focus more of your energies on a long-neglected personal matter. You can get back into party mode by the weekend.

AQUARIUS (January 20 to February 18) A dispute with a colleague can be resolved peacefully once you both agree to be more flexible about the positions you've taken and allow for more open-minded discussions.

PISCES (February 19 to March 20) Volunteering to take on added responsibilities could be a risky way to impress the powers-that-be. Do it only if you're sure you won't be swept away by the extra workload.

BORN THIS WEEK: Your sense of self-awareness allows you to make bold moves with confidence.

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Showtime

A View from House Seats

Coping and Compassion Help Heal

by Shirley Lorraine

Getting older is not for sissies. Unfortunately, aging happens, if we're lucky. When it does, often the entire family is pulled in to its sphere. Author Kate Hawley's "Complications from a Fall" now playing at the Santa Paula Theatre Center recognizes and celebrates the trials, challenges and efforts required for families to weather the aging of loved ones.

The catalyst is Elizabeth, an older woman who has some dementia and is currently recovering from a recent fall. Nothing was broken, but the body doesn't work as well as it used to. As a result, her daughter Helen has moved in to care for Elizabeth full time. Being a caregiver is hard work. Helen desperately needs a break.

She is slated to present a paper at a conference out of state, so she enlists the assistance of her brother Teddy. Teddy is not at all familiar with nor comfortable in taking on the role. It's complicated. It's uncomfortable. It's outside his circle of knowledge.

Elizabeth has been relying not only on Helen, but also on Lucy, a hired caregiver whom Helen has recently fired for allegedly stealing from Elizabeth. Teddy calls on Lucy to bail him out when he doesn't know how to cope with mother. Through these three tough days, Teddy learns a lot about realities of aging, dealing with dementia, and his own capabilities.

Helen checks in frequently with Teddy as she worries about his ability to cope with the situation while she gets a much-needed respite from it all.

Directed by Taylor Kasch, Jill Dolan as Elizabeth, Cynthia Killion as Helen,

Sean Love Mason as Teddy and Julie Fergus as Lucy form a tight family unit which highlights the difficulties of their tasks.

The play, like real life, has moments of hilarity and moments that tug at our heartstrings. No doubt the author pulled from her own experiences to capture the coping mechanisms and subtleties so well. Dealing with dementia requires more patience than many realize – until they are faced with a loved one's confusion, repetition and altered state of reality. The person is still there, they're simply on a different mental stratum where logic and reason do not reside.

As a caregiver myself, I found the subject matter all too familiar. I recognized the humor, the pathos and the underlying sadness in seeing a loved one decline. Others in the audience did too. It's a challenging subject to depict, one that many of my generation are learning to cope with and to accept.

If you aren't faced with this yet, the play will offer valuable insights you can use later. If you've already been there or are there now, you will find it validating. I do feel the ending was a bit abrupt as the loose ends in the story were tied up quickly and no epilogue was offered. I'd love to see the play again with an additional scene to soften the rapid wrap-up. And life continues.

Complications from a Fall continues through May 19. Friday and Saturday performances at 8 p.m., Sunday matinees at 2:30 p.m. Tickets are \$24, seniors and students \$22, children \$18. Subscription packages also available. www.santapaulatheatercenter.org, 805-525-4645.



Zilah Mendoza is one of the stars of Women Beyond Borders.

Women Beyond Borders

Rubicon Theatre Company continues the 2019 "Coming of Age" season with the World Premiere of Women Beyond Borders, a play inspired by and loosely based on the remarkable journey of Lorraine Serena and a dynamic group of California-based artists who founded the non-profit

Women Beyond Borders (WBB).

Determined to "make art as if the world matters," Serena and associates fell upon the idea of box as metaphor: hope chest, treasure chest, womb, coffin, etc. They replicated miniature wooden boxes no bigger than a human heart and sent them to curators and friends in other countries with the goal of encouraging dialogue, collaboration and community among women and honoring creativity. The founders of WBB were astonished at what came back to them – eloquent expressions of the enormous depth and variety, but also the universality, of women's experiences throughout the world. The boxes were accompanied by equally astonishing artists' statements, in the form of letters, poems and stories asking about transcending barriers: geographical, social, racial, economic, emotional, gender-related, spiritual, etc.

The play interweaves the journey of the organization and the artist's statements. Actors (including Tony, Obie and Emmy Award-Winners) will rotate weekly and the script will be read at music stands in the style of Love, Loss and What I Wore or The Vagina Monologues. Jenny Sullivan directs. Rubicon Theatre Company, Ventura's Downtown Cultural District 1006 E. Main St.

2019 SUMMER CONCERTS at the historic OLIVAS ADOBE

NEW THIS SEASON

FREE dance lessons offered at 6:30 pm for July 27 (line dancing) and August 31 (swing) concert ticket holders!

July 13	British Beat Legends of Rock	This Concert is SOLD OUT	Presented by Players Casino
July 20	Sound Effect R&B with a Dash of Soul, Pop & Funk		Presented by ATC Affordable Tables & Chairs
July 27	Rodeo Drive Country Classics to Country Rock		Presented by Burns Equipment Services, Inc.
August 3	4 Lads from Liverpool Beatles Tribute Band		Presented by V3 Printing
August 10	Identity Theft '80s Cover Band		Presented by Four Points by Sheraton
August 17	Blue Breeze Motown	This Concert is SOLD OUT	Presented by Our Series Sponsors
August 24	Savor Santana Tribute Band	This Concert is SOLD OUT	Presented by Bank of the Sierra
August 31	Swing Kings Swing		Presented by Andria's Seafood

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Prices above do not include a \$4 ticket service fee
Discounts Available for Groups of 10+
Discounts for Seniors 65 and over, Students, Teachers and active Military available
Box Office (for single and group tickets): 805.667.2900

Yoland helped to respond

Continued from page 1
Building Official in October, 2014 and has worked at the City of Ventura since February, 2008.

She will be presented her award at the Safer Cities Gala to be held on June 5th at the Biltmore Hotel in Downtown LA along with other honorees from the public and private sector as part of their Annual Excellence in Structural Engineering Awards celebration.

The Structural Engineers Association of Southern California (SEAOSC) is one of the oldest structural engineering association in the world and is one of four regional structural engineering associations of the Structural Engineers Association of California (SEAOC). The individual members are civil, structural, and geotechnical engineers regularly engaged in the practice of structural engineering. SEAOSC also draws membership from related fields involved in design and construction, contractors, architects, and representatives from industry and government.

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THE KILLERS W. SIN CHONIES

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LYNYRD SKYNYRD

4/28: GROOVE SESSION

5/1: BUMPIN UGLIES W. KYLE SMITH

5/2: THUNDERSTORM ARTIS W.
JACOB MARQUEZ

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FRIDAY, APRIL 26TH

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Youth



Kids playing jazz, how wonderful!

Cabrillo Jazz Band to perform near and far this Spring

The Cabrillo Middle School Jazz Band has a full performance calendar this Spring with appearances and competitions at a wide variety of events from auctions and carnivals to law firm mixers and graduations. Competitions will take them as far as San Francisco this month alone. The 19-piece jazz group is led by the school's music director, Mario Boccali. And, while he leads three wind ensemble groups and three string orchestras, there is clearly a special place in his heart for his jazz bands.

With nine jazz band performances scheduled in a three-month span – most outside school hours – Boccali's dedication to the students' success is evident to many. The choice to have the Jazz Band at an upcoming event was an easy one according to Mike Velthoen, managing partner of Ferguson Case Orr Paterson.

Most band members didn't play an instrument before entering

middle school in sixth grade, explained Boccali. The band, which features comprehensive rhythm and brass sections regularly takes home a number of awards both individually and as a group.

The event at the law firm is part of the organization's "Engage and Enlighten" series which has featured musicians, authors and other artists in the recent past. The event is open to the public, however an RSVP to the firm is requested.

In addition to the May 2nd performance at Ferguson Case Orr Paterson, the Jazz Band is scheduled to perform publicly at the Museum of Ventura County on May 5th, the Loma Vista Elementary School Carnival on May 10th, the Westlake Jazz Festival on May 11th and a benefit concert at Boccoli's in Ojai on May 18th.

RSVP for the May 2nd event at Ferguson Case Orr Paterson by calling (805) 659-6800.



Big Ross, John Fuller, John Williams and Bob Loaselle presented the Chasing Tail Fishing event which was held on April 14, on the Ventura Pier. Cassidy Weddle was excited at her great catch.

Every year they do a kid's day on the Ventura pier. Parents bring their children and they teach them how to fish and hopefully catch their first fish. They get donations and try and get enough fishing poles so every kid can take a fishing pole home. This will be their 5th year doing this event.

For more information please phone 805-258-2031 or email bigross-contreras@gmail.com.

Photos by Bernie Goldstein.

