



"I like seeing results and I like to make people happy whenever possible."

Jim Friedman's new perspective on serving the Ventura people

by Maryssa Rillo

Jim Friedman served as a member of the Ventura City Council from 1995-2002. He also served as mayor in 1998 and 1999. Now, 15 years later, Friedman is back and was reelected in 2018 to represent District 5.

According to Friedman, money is a bigger issue today than it was the first time he served. The break he had from serving on the Ventura City Council gave him the opportunity to gain a new perspective of the city and see what was going on from the outside in. Friedman said that with this new perspective he has been given the "opportunity to hit the ground coming." I spoke with Friedman about his reelection and how he plans to execute the goals he has in place to serve the Ventura people.

Q: What are your major goals while serving District 5?

A: I ran on enhancing our basic core services which is: public safety (police and fire), fixing our streets, sidewalks and trimming our trees and/or replacing them. I spoke to hundreds of people, so I feel like I have a pretty good pulse at what the community, at least in District

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Madhu Bajaj and Dr. Rice enjoyed the talents of Serena Ropersmith, Kelsa Ropersmith and Kamille Kada.

18th Annual Festival of Talent

by Amy Brown

Talent is one of the Ventura Unified School District's natural resources, as evidenced by this year's much anticipated Festival of Talent event, "We Got The

Beat", on March 23rd. The show featured a range of dynamic performances, from a big production opening act featuring

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Ventura Police officers and K-9's brought smiles to the young children.

VPD helping children battling cancer

The Ventura Police Department partnered with the Teddy Bear Cancer Foundation and community members for an Easter Basket Drive for children battling cancer. More than 150 baskets

were donated!

Baskets were delivered to children and their siblings at the Ventura County Medical Center and also delivered to the

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Dennis Cam Kelsch received medal for gallantry against an armed enemy.

Local Venturan awarded third highest DOD Medal

Ventura native, and 2008 graduate of Ventura High School was presented a Silver Star Medal during a ceremony at the Mighty Eighth Air Force Museum, Pooler, Georgia on April 9.

U.S. Air Force Tech. Sgt. Dennis Cam Kelsch, a Special Tactics operator assigned to the 17th Special Tactics Squadron, 24th Special Operations Wing, Air Force Special Operations Command, was awarded the nation's third highest medal for gallantry against an armed enemy of the U.S. in combat.

In addition to the SSM presentation, U.S. Air Force Maj. Gen. Vincent Becklund, deputy commander of Air Force Special Operations Command, also awarded Kelsch with a Bronze Star Medal with Valor.

Kelsch was honored for his role in securing the safety of his joint and

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City News

A sustainable solution to preserve our water supply

by Mayor Matt LaVere

Before we can begin to address our water supply issues in the Ventura River watershed, we must first recognize the problem, and realize we need to work together to solve it. Accordingly, I am pleased to report that the watershed’s water leaders have

agreed to come together to collaborate on developing a new sustainable approach to managing the watershed for the future.

The key to creating a lasting and viable solution to protect the Ventura River watershed is collaboration between all its diverse water users. We all understand the obstacles facing the watershed, and we’re all at the table and ready to roll up our sleeves to establish a plan that secures our water supply. To that end, the parties to the litigation initiated by Santa Barbara Channelkeeper against the City of Ventura and the State Water Resources Control Board have started the settlement process by agreeing to a

mediation meeting beginning in April where we will exchange ideas, raise tough questions and work together to find common ground.

Many of the region’s diverse water users are in agreement that a locally-driven, physical solution achieved through a collective process is the ideal path forward. The City’s objective, during this mediation and beyond, is to establish an adaptive and lasting framework that clearly recognizes the needs and rights of each water user, makes the most of the watershed’s resources and shares the responsibility of preserving finite water supplies amongst all users. The City’s desired outcome will not have any “winners” or “losers,” but rather a shared commitment by all to protect the watershed. Collaboration is vital to this effort because, as you may know, the City of Ventura is just one of more than 100 users that pump and divert water from the watershed.

Mediation provides the opportunity to create a proactive resolution that provides procedures and protections to ensure all of the parties are part of the decision-making. The court process also provides a standardized process for all parties to provide the information necessary to assess everyone’s future water use and needs. That’s why it’s the most efficient and effective approach to preserving our water supply.

The varied interests in the watershed and the current lack of collaboration and accountability have made it difficult to assess availability in our water system and effectively manage our limited water resources

for the future. We are eager to leave these challenges in the past and charge forward with a strategy that considers all of the watershed’s users and looks at the entire interconnected water system holistically.

The dialogue that will establish this framework for the future has already begun. Solving the obstacles facing our region’s water resources – including the impacts of climate change, prolonged periods of drought and increased users – will take an investment of time and work, but I’m confident we can address them through a collective effort. The next steps of this effort includes the first mediation next month, further, regular mediation sessions between all of the watershed’s parties, careful analysis, technical and legal research to inform all of our proposed solutions and, ultimately, a fair and lasting settlement approved by the court to protect the Ventura River watershed.

The City remains committed to positive momentum and ensuring that these critical challenges are resolved in a fair and proactive method that safeguards our water supplies now and moving forward.

Jim Friedman’s new perspective
Continued from page 1
5 want and they want what I was running on: enhanced essential core services.
My other goal is to help streamline our economic development process. Whether that means new businesses coming into town or businesses wanting to expand. I think



Seaward Sushi has held their official ribbon-cutting.
Seaward Sushi is open from 11 a.m. to 9 p.m. Mondays through Saturdays and noon to 8 p.m. Sundays. 34 S. Seaward Ave., 805-628-9070. Photo by Michael Gordon.





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City News

there are way too many bureaucracies in our city and the city is at times too involved. There are simpler ways of doing things that the council can initiate if there is a will of the council to do that.

Q: Why do you think it is an important issue to help businesses in Ventura?

A: My biggest concern is that Ventura is becoming a retirement community that ultimately will not be able to afford itself. There are many young people who are born and raised here that will not be able to live here because there aren't houses in a price range for them to afford.

How do you solve this issue? It's simple, more money. We won't be able to tax and fee ourselves into prosperity. The way I see it, it's only going to come from economic development. That's why I hope we have at least four members of the city council that believe that way, so we can start doing things to make it easier for people who are trying to do business in our city. We will all ultimately benefit from this through the increased revenues that we will get from them.

Q: How do you plan on making it easier for new businesses and current businesses wanting to expand in Ventura?

A: Businesses don't know what the city's expectations are of them. It seems like a never ending cycle and I know for a fact Ventura has gained a reputation of a city you want to stay away from because they'll drive you crazy with these additional requirements, opposed from having a system set up where you know what you need to do from the very beginning

and that can be changed. That will be the will of the council saying 'city manager we need this streamlined. We have to change our reputation in the regent. We need to be known as being business friendly opposed to at times being very difficult to deal with.'

Q: What are your plans on executing your goal of enhanced public safety?

A: As far as I am concerned the number one priority is public safety. If you don't feel safe in your community then you don't have quality of life in your community. The only way we can deal with that is prioritizing the budget so that there are resources available to keep the community safe. We won't be able to generate any real income by raising fees. That's why I think economic development is going to be the absolute key to getting just about anything done in our city that we want to get done.

Q: What do you enjoy most about serving Ventura City?

A: To be in a position to really be able to make a difference to the community. Whether that be a resident in District 5 or a resident/business owner anywhere throughout the city.

My task is to help solve a problem for a constituent or a resident and I really enjoy doing that. I like seeing results and I like to make people happy whenever possible.

Note: The Breeze also asked new council members Sofia Rubalcava and Lorrie Brown to contribute an article, but we have not heard back from them. Hopefully we will.



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— J.K. Rowling

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

the next day.

Attorney Monica Cummins, of the Ventura County Public Defender's Office, who is defending Jamal Jackson, be seeking to take the case out of Ventura County.

I think that a change of venue is appropriate in this case. I think a fair trial here might be difficult and probably best for Venturans if it is not held here.

■ A state judge has ruled against a New York county's effort to stem a massive **measles outbreak**, arguing that the county cannot ban unvaccinated minors from public places.

Judge Rolf Thorsen issued an injunction on Rockland County's attempted month-long ban after only ten days, ruling that the unvaccinated children were "permitted to return to their respective schools forthwith and otherwise to assemble in public places" immediately.

I think that this is an appalling decision. This is a medical decision not a judicial one.

■ Global energy experts have released disturbing findings saying that not only are planet-warming carbon dioxide emissions still increasing but, also, the world's growing demand for energy has led to higher emissions from coal-fired power plants more than ever before.

As a result, **greenhouse** gas emissions from the increase in energy use surged in 2018 reaching a record high. What do experts know anyway?

■ If you made \$60 million (or more) playing **basketball** you could make comments like this one and still be a great role model for kids: "Once I saw that story, I just seen a kid turning into a man. This is my career and I'm taking this. I done had enough." Currently, (might change), before being able to play in the NBA, basketball players at least need to show up in a college for a year where they

must learn something.

■ The U.S. government is reportedly compiling dossiers on **journalists** and others covering the caravan of migrants moving toward the U.S. border. Regardless of how one feels about the migrant situation, this is very disturbing.

Even worse, some have been detained for questioning with one photojournalist being held for 13 hours. These people are simply doing their jobs. When a free democracy loses its coverage of events affecting this country, it is very bad.

■ In two recent studies, **tennis players** were shown to live longer lives than people who played any other sport. After factoring in for education, wealth and age, tennis players still lived an average of 9.7 years longer than those competing in other sports, including joggers. There are tournaments for tennis players who are in their 80s and 90s (look at me still playing at 99). Besides the physical aspect, the social component is thought to be another reason for these findings.

■ Could **goats** play a role in preventing the next round of California's deadly wildfires?

Goats are being used to eat their way through "garden salads" of fresh new green hillsides because of the recent rains.

Brush-clearing goat services in California are available for brush control.

Before you buy some goats to put in your back yard, you'd better check with Ventura to see what the laws are.

■ There were 1,669 adults and children who were **homeless** during the point-in-time count according to the Ventura County 2019 Homeless Count and Survey (and certainly many more are missed). This number represents an increase of 370 persons or 28.5% when compared to the number of homeless persons who were counted in 2018.

The cities of Oxnard and Ventura account for nearly two thirds (66%) of the homeless population. Oxnard representing 32.8% and Ventura representing 33.2%.

■ The fact that the **Supreme Court** makes major decisions based upon which president appoints them really bothers

me. It means that major laws change based on the make-up of the court and the president. The fact that so many decisions are decided on a 5-4 vote is just not fair. Even local courts won't accept decisions based upon that kind of vote, so why should the Supreme Court?

For instance, "A closely divided Supreme Court ruled Monday that a death-row inmate with a rare medical condition, is not entitled to an alternative method of execution just because the one the state uses could cause him several minutes of great pain and suffering. In a 5-to-4 decision, the Supreme Court ruled against the Missouri death-row inmate, Russell Bucklew."

If the Constitution makes sense why do decisions based on it depend on who is on the court? I think all presidents abuse this power.

I also do not think that justices should be appointed for life. I understand the thinking behind this but perhaps even a brilliant 90-year old shouldn't be making major decisions. I think that the court's legitimacy is being greatly questioned.

Perhaps there should be more justices. I don't know the answer, but I hope to hear from our brilliant readers about this.

■ A new study found that all those **vitamins** we take might not be doing much for our bodies.

The study was led by researchers from St. Michael's Hospital in Canada and the University of Toronto. They reviewed data on four different vitamins: multivitamins, Vitamin D, Calcium and Vitamin C.

Researchers found those four vitamins showed no benefit in preventing cardiovascular disease, heart attack, stroke or premature death.

"We were surprised to find so few positive effects of the most common supplements that people consume," said Dr. David Jenkins, the study's lead author. "Our review found that if you want to use multivitamins, vitamin D, Calcium or Vitamin C, it does no harm – but there is no apparent advantage either."

Mailbox

Breeze:

President Donald Trump said his father, Fred Trump, was born in "a very wonderful place in Germany." But Fred Trump was actually born in New York City.

"My father is German, was German. Born in a very wonderful place in Germany," Trump said of his father while meeting with NATO Secretary-General Jens Stoltenberg.

If Trump doesn't even know where his father was born how does he know where Obama was born?
Larry Ruddy - Ojai

Hi Gov:

When I was in Madison at U. Wisconsin 70 years ago I drove out west of town in the forest to see the designed Frank Lloyd Wright Unitarian Church.

The minister invited me in for a chat. He said he was an atheist. First time this agnostic met a minister who didn't believe in all that nutty XXXX in religions.

He asked me if I had any questions. "what will it be like after you die?"

"What was it like before you were born?"

"That's what it will be like when

you die."

I never forgot that after 70 years.
Name withheld

Readers:

We should acknowledge that Trump and Co. are slicker and more vicious than any current Democrat office holder or liberal commentator can imagine. What it looks like to me is a slow-moving ad-hoc coup, with Trump-selected A.G. Barr making a decision about obstruction of justice he has no reason to make, though his pal Mueller left it open for him. They have discovered how to subvert everything as they have proceeded with anger and stealth. Remember, it started with Comey wrecking Hillary's election chances.

Now Trump will pardon most of those sentenced by Mueller and go after Democrats who they now argue set up this witch hunt. A scoundrel like Sen. Lindsey Graham wants an investigation of Hillary and certain elected Democrats with a new Special Council. This is retribution and the consequence of right wing political scheming over the last 24 months.
Robert Chianese Ventura

To Ventura Residents

Ventura is on a track to spend hundreds of millions of dollars to convert sewage water into drinking water. Estimated project costs keep escalating. Proponents have not provided adequate information and disclosure. There are many examples of big projects that did not work out as expected. Consider the high speed rail project -- or Oxnard's great (water recycling) project. When big projects go badly, millions of dollars are lost. The consequences ultimately fall on the poor. We citizens must pay more attention to large multi-million-dollar project proposals.

At first, we were told that treated sewage water is processed to be 97% pure - (prior to its release into the ocean). Recycling advocates insisted that the cost to remove the remaining 3% would be minimal. However, as it turns out, the project will be very expensive -- many hundreds of millions of dollars. Also,

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We encourage you to send your opinions
to opinions@venturabreeze.com. Please
limit them to about 300 words



Community Events

Ventura events

by Ana Baker

Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45 p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Free dance lessons 6:45 - 7:15p.m. Call Rick 805- 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Ventura’s ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

Cross Town Hikers join in on Wednesday nights for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade back to the Museum. Four miles with an 800-foot elevation gain. Meet at 7 p.m. sharp at the fountain across the street from the Mission. Join Facebook page for more information <https://www.facebook.com/groups/800215670039426/>

The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events. Topics cover current events that affect stocks, funds, real estate, and interest-bearing investments. The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

First Wednesday, of each month, 6 - 10 p.m., Gold Coast Modular Railroad Club meets at the Murphy Auto Museum, Oxnard. Now exhibiting Saturdays and Sundays, 10 - 4 p.m. Visitors and new members are welcome. Member initiation fee \$10, monthly dues \$20, \$10 for Juniors. Murphy Auto Museum, 2230 Statham Blvd., Oxnard. www.gcmrc.com. For more information, call (805)229-7429.

Musicians’ Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 7-9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety. Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed.Ventura@gmail.com.

The Ventura County Philatelic Society meet on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Come for a great evening. Contact: Bill Garner (805) 320-1601 or sockonthenose@gmail.com.

Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant. Group meets the first Tuesday each month at Lemon Wood Mobile Park, 850 Johnson Dr. They have excellent speakers, leading

cardiologists, nutritionists, dietitians from our area. Contact Richard Hatcher at 805-644-2733.

Co-Dependents Anonymous (CoDa) is a 12-step fellowship of men and women whose common purpose is recovery from codependence in the development and maintenance of healthy relationships. Every Friday at 6 p.m. at the Unitarian Universalist Church, 5654 Ralston (enter through side door off parking lot). Further information Deva 805-814-5650 or Maryann

The Ventura Retired Men’s group meets on the first and third Tuesday each month at 11:30 a.m. at the Elks lodge on Knoll Drive in Ventura. Drop by to introduce yourself and we’ll treat you to lunch so you can sample our activities and banter and hear our program/speaker of the day. Got a question? Call Bob Likins at 805-587-1233.

BCNN (Beach Cities Neighbors and Newcomers) is a non-profit women’s club open to ladies who reside in Ventura, Oxnard and Port Hueneme. A purely social club to provide a venue by which women in our area can meet each other. Meetings are held on the 1st Wednesday of each month from 9:30 - 11 a.m. at the Knights of Columbus Hall, 36 Figueroa St. Parking is on Santa Clara Avenue. dues are \$30 per year. Our April 3rd speaker, Kurt Buckley, will present “My Comino”. He will introduce the audience to the Camino de Santiago de Compostela in Spain.

April 12: The General George S. Patton, Jr. Chapter, Sons of the American Revolution April luncheon meeting will take place at 11:30 a.m., Friday, in the Poinsettia Pavilion, 3451 Foothill Road. The program will be “The Battle of Saratoga” presented by chapter member Robert Taylor. All SAR & DAR Compatriots, friends, and visitors are welcome to join us. If you choose lunch, cost is \$20 per person. For additional information or for assistance in determining your possible Revolutionary War genealogical roots, please call Bill Bays (805) 650-3036 or Robert Taylor (805)216-7992. For information regarding SAR membership and chapter activities <http://pattonpatriots.org>. **April 12: Ghost Hunting 101 Lecture at Olivas Adobe 4200 Olivas Park Drive from 8:30 p.m. to 11 p.m.** Class Number 12633, price \$25 by Richard Senate. For Tickets call the City of Ventura 805-658-4726. This unique class describes the many ways to seek documentation of paranormal events at haunted site. Students are asked to bring flashlights, cameras, and any tools they might have to hunt ghosts. A good tool to use is the Ghost Radar Classic app for the cell phone. Mr. Senate will show ghostly photographs taken at the house over the years. For more information contact Mr. Senate at hainthunter@aol.com

April13:VenturaFriendsoftheLibrary will hold a Bag o’Books Book Sale at the Vons at Telegraph and Victoria (6040 Telegraph Rd.) from 10-3 p.m. Members of Ventura Friends of the Library can take home a bag of books for \$1.00. For all others, the price is \$3 a bag. Contact: Mary Olson (805) 223-1187

April 20: Saturday, 7 p.m., Free Easter concert, with choir, organ, piano, brass accompaniment. All are welcome to experience the music of this special season. First United

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- Week 1: June 17 - June 21 - Spanish
- Week 2: June 24 - June 28 - Art
- Week 3: July 1-3 - My Gym
- Week 4: July 8-12 - Soccer
- Week 5: July 15 - July 19 - Pulse Drumming
- Week 6: July 22 - July 26 - Lego Creations w/Play-Well Workshops



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For more information about Camp Haverim and how you can receive a 10% discount, please stop by the preschool office to pick up a brochure or call 805-647-3798.

Methodist Church, 1338 E. Santa Clara Ave. Donations gladly accepted. Phone 805-643-8621

April 25, 26, 27: May 2, 3, 4: Buena High School Drama is pleased to present CHICAGO, high school edition. It is appropriate for ages 11 and older. Tickets are on sale now at our.show/buenahighschool/4501. There are 33 Buena students acting in the show and an additional six running stage lights, sound and working as stage manager. Mr. Kevin Downey, is the vocal director, and Tawny Watson is the choreographer. Drama teacher Karen Rodrigues says “students have been rehearsing four days a week outside of school and all day on Saturdays”. It is a very rigorous show with lots of music, singing and dancing. Please come and support the Arts and Buena HS. See ad in this issue for more information.

April 26: (4th Friday of each month), 7:00 - 10:00 p.m. Like to play acoustic music? Songmakers.org welcomes instrumentalists, singers, and singer/songwriters at all levels to join in a free song circle at the Bell Arts Factory Community Room, 432 N. Ventura Ave. Listeners welcome! Mike Wittlin, (805) 750-8281.

Ojai news and events

Mary Eckhart will visit the Ojai Library at 1 p.m. on Saturday, April 20, to deliver a talk entitled “Citizens of Earth and Air: Artists Create Portraits of the Animal Kingdom.” Ms. Eckhart comes to us via the Santa Barbara Museum of Art’s Community Speakers Program.

Sketched 30,000 years ago, a

galloping phalanx of horses and battling rhinos race across the walls of France’s Chauvet caves. The 14th century Luttrell Psalter astonishes with its fantastical panoply of weird and marvelous combinations of man and beast.

Corrugated collapsing horses, a flying yellow cow, an upside-down cat, poker playing dogs, a monumental Bird of Peace, ominous insects, Congo the artful chimpanzee, an artist’s selfie as a trout, the Katze Kindergarten.

Laurie Gibson will visit the Ojai Library at 6 p.m. on Wednesday, April 17, to deliver a workshop entitled “Book Publishing 1-2-3.”

Grab a pen and join Gibson for this popular, lively workshop—it’s spiced with stories and tips to empower and inspire writers of all levels. Gibson will start with a glance at today’s dynamic book

Continued on page 9

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News & Notes



CAPS Media is hitting the streets.

CAPS Media producer caucus held

The CAPS Media Crew captured the annual Ventura Unified School District Festival of Talent extravaganza at Ventura High School. The entertaining evening featured more than twenty acts including two hold-your-breath aerial acrobats suspended from the ceiling. The core of the CAPS crew are student interns in the CAPS/El Camino High School media program (ECTV.) Proceeds from the Festival of Talent support innovative classroom grants through the VEP Grants program.

Recently Producers of television and radio programs gathered at the CAPS Media Center to share ideas, resources and interests at the first in a series of producer caucus meetings. In addition to interacting with like-minded media

producers, the lively and productive discussion included an open exchange of best practices, tips on production and ideas to inform the direction of CAPS Media for 2019.

CAPS Media is hitting the streets with the Ventura Police Department to produce a series of community awareness and information projects including a series of traffic safety videos. The series, hosted by Dave Curtis, a motor officer with Ventura PD, was recorded in the CAPS studio and on Ventura Avenue, Loma Vista and a residential neighborhood to provide drivers, pedestrians and bicyclists with valuable “rules of the road.”

Recently CAPS Media recorded a very special evening of Songs and Stories by

legendary local musician Chris Hillman at the Museum of Ventura County. The intimate concert was in conjunction with the museum’s exhibit of Hillman’s fascinating memorabilia: Time Between. Hillman is a member of the Rock and Roll Hall of Fame and one of the creative forces behind The Byrds, The Flying Burrito Brothers and other seminal groups. The Hillman concert is airing on CAPS Media channel 6 on Wednesday, April 10 at 9:00 PM, Thursday, April 11 at 4:00 PM, Friday April 12, at 8:00 PM, and Saturday, April 13, 2019 at 3:00 PM. The recording is part of an on-going series of collaborations between the museum and CAPS Media.

Are you a leader or a member of a faith-based organization in Ventura? If so, consider having your weekly services air on CAPS Media. It’s easy to do. To learn more send a note to info@capsmedia.org or give us a call at 805.658.0500.

If you have a story to tell or a message or information you want to share, you can join the growing CAPS Media community of producers. Drop by the CAPS Media Center on the first Thursday of the month and learn how to become a producer and be part of our community of enthusiastic and engaged talent. The informal orientation class on the first Thursday will provide all the information you need. You’ll discover that for a low annual membership fee you will receive hands-on instruction in videography, video editing, radio production (additional fee required) and more. You will have access to CAPS Media’s state-of-the-art facilities including video cameras, editing systems, the fully

equipped television and radio studios. Don’t miss out. All the information is online at capsmedia.org where you can register for the orientation or classes. Or you can call 805-658-0500 to get complete information.

Mailbox
Continued from page 4

Ventura will incur significant expenditures for annual operating costs.

Ventura has prepared a draft environmental impact report (EIR). If you would like to comment on the EIR, you must do so prior to April 22, 2019. For details and instructions, please direct your browser to the following web address:
<https://www.cityofventura.ca.gov/1470/Ventura-Water-Pure>

Should Ventura allow the project to proceed past the point of no-return OR wait until DPR has a proven track record? There are various possibilities for phasing in DPR and/or reducing wastewater going to the estuary. In all scenarios -- involving either wastewater use or disposal -- a pipeline into the ocean will be required. Thus, shouldn’t Ventura build this (outfall/brine) pipeline first?

It seems likely many residents will not drink the recycled water. Those that have the money will drink only bottled water - or they will install expensive equipment to filter the water before it enters their homes. Some may decide to boil the water before drinking it.

Charles Spraggins
sow.ventura@SaveOurWaterVentura.org
4R.Grandkids@saveOurWaterVentura.org



News & Notes



A pretty place even if you don't golf.

Golf to support afterschool programs for local youth

The Ventura Police Community Foundation and Aera Energy, LLC proudly present the 22nd Annual PAL Golf Tournament, June 7, at 8:00 am at Olivas Links Golf Course located at 3750 Olivas Park Drive in Ventura. Proceeds raised at the tournament help to support afterschool programs for local youth. The \$145 donation per player includes: green fees and cart, gift bag, awards ceremony and lunch.

PAL was founded back in 1997 with a primary goal to provide at-risk youth with meaningful recreation, educational, and cultural programs designed to keep youth away from the influence of gangs, drugs, violence and delinquent behaviors. Today, PAL now operating as the Ventura Police Community Foundation, plays an important role in Ventura's Program Enrichment for After-school Kids (PEAK) and After-School Enrichment and Safety (ASES) Programs. These programs are a partnership between PAL, Ventura's Parks, Recreation and Community Partnership Department and the Ventura Unified School District. The programs proudly serve over 630 youth each day in a safe and supportive environment.

"It is the support of the sponsors,

contributors, golfers, and volunteers who help to make this tournament and the Ventura Police Community Foundation a success. While we have many long-time sponsors, I want to mention the long-standing support of our Title Sponsor – Aera Energy, LLC. Aera has been a major supporter of PAL and the annual golf tournament since 1997," said Police Chief Ken Corney. "Over the years, Aera's support has included the offset of startup costs for the program and much needed equipment. Aera donated funds to purchase a van to provide transportation for area children and donated funds to build and equip a fitness area at the Westpark Community Center so that our local youth can be active in a safe environment."

The mission of the Ventura Police Community Foundation is to foster and support programs and initiatives that strengthen a safe community and enhance the quality of life in Ventura. The Foundation supports public safety improvements, community partnerships and youth programs. The goal is to strengthen partnerships between citizens of our community, including youth and schools, business members and police in the City of Ventura.

Park, Peninsula, San Buenaventura, Surfer's Point at Seaside, and Rincon Parkway.

Data from the weekly beach water quality testing performed by the Ventura County Environmental Health Department was used to show the improvement. Monitoring of these beaches will continue to keep the public informed of beach water quality.

On the forefront of taking action to improve water quality is the Ventura Countywide Stormwater Quality Management Program, a coalition of the Ventura County Watershed Protection District, the County of Ventura, and the ten cities within Ventura County. Together, they have worked to build infrastructure and raise awareness of pollution.

Examples of their efforts to help reduce pollutants from entering the storm drain system range from physical solutions to prevent runoff from reaching the beach including diverting storm drain runoff to sanitary sewers or capturing and infiltrating runoff through green streets projects designed to slow, filter, and cleanse stormwater; and working with the public to prevent



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The Boys & Girls Club of greater Ventura each year honors an elementary, middle school and high school club member to be honored as Youth of the year. A ceremony celebrating the winning youths was held at the Tower Club in Oxnard.

Ventura Mayor Matt LaVere was a featured guest speaker at the event. Speakers included Maria Ventura, Board President, Patti Birmingham, CEO and Jack Clarke, emcee.

Winners and club leaders pictured:

Maria Ventura, Board President, Ventura Mayor Matt LeVere, Yliana Claudio, Giovanni Cazares, Christian Catano, Alex Sanchez, Abby Moore, Navaeh Valenzuela, Layla Maria, Martin Perez, Emmanuel Alvarez and Savannah Luna.

The beaches have shown to have a significant improvement in water quality

Seven of Ventura County's beaches were voted to be removed from the impaired water body list, also known as the 303(d) list by the Los Angeles Regional Water Quality Control Board (LA-RWQCB). The beaches, which consistently met water-quality objectives for indicator bacteria, have shown to have a significant improvement in water quality through results below the levels of concern for beach users' health.

The beaches that were previously identified as being impaired for bacteria included Point Mugu, Ormond, Port Hueneme Beach

pollution at the source.

"Efforts by the public are a huge part of this success. Little things like picking up after pets, not littering, and watering only plants and not the gutter helped," said Arne Anselm, Deputy Director of the Ventura County Watershed Protection District. "We are proud the State acknowledge these improvements and of our efforts and those by the people of Ventura County. The cities and County of Ventura are committed to improving water quality and protecting everyone who enjoy our beautiful Ventura County beaches."

For more information about the Ventura Countywide Stormwater Quality Management Program please visit www.vcstormwater.org and Ventura County's Community for A Clean Watershed www.cleanwatershed.org.

VPD helping children battling cancer

Continued from page 1
homes of very sick children in Ventura.

"This is the first year we have asked for community support of this effort. It was so incredible to have so much generosity from Ventura residents and businesses. Our goal was 40 baskets and we exceeded that number! The remaining baskets have been delivered to children at Cottage Hospital in Santa Barbara and Children's Hospital Los Angeles," said Ventura Police Community Outreach Specialist Ashley Bautista. "These children are fighting for their lives and these baskets have brought them joy during such a trying time. I am so grateful that our community partnered with the police department to make these sweet kids feel so special."

The Ventura Police Department collects toys throughout the year to keep the toy box filled for children being treated at the Ventura County Medical Center. Community members can call Ashley Bautista at 805-339-4317 or email abautista@venturapd.org for more information.

Join us for Easter Brunch!

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News & Notes



Fran's family photo from the DP camp.

Sustainability Now News

“Broken: A Holocaust History in Fused Glass” exhibit and talk by local artist

by **Maryann Ridini Spencer**
(@maryannridinispencer)

“My parents and I are survivors of the Holocaust,” said Frances Elson, fused glass artist. “My mother and her mother, father and sister were forced out of their homes after Germany invaded Poland in 1939. My father, who hadn’t met my mother yet, also left his family behind in Poland. To escape the Nazi invasion, they all chose to assume Russian citizenship. My relatives on both sides of the family who stayed behind did not make it out alive.”

Once in Russia, Elson’s mother’s family wound up working in separate Siberian labor camps, as did her father. However, it wasn’t until a few years later, when those camps were disbanded, and their only choice was to board a train to its last stop — Kazakhstan. It was there that Elson’s parents met and married, and where Elson was born.

“My Grandfather passed away on route to Kazakhstan,” continued Elson. “Years later, my mother finally told me that my Grandfather believed the family would never make it out of Russia, and losing all hope, he succumbed to typhoid fever.”

Elson’s parents, like most of the people who managed to survive the atrocities of the Holocaust, never told Frances about what they had to endure during the war.

It wasn’t until 1994 when famed Hollywood filmmaker Stephen Spielberg

established the Shoah Foundation to gather oral histories from some 50,000 Holocaust survivors, that Elson learned what her family endured.

However, when the time came for Elson’s parents to be interviewed for the Spielberg project, her father lost his courage. It wasn’t until after her father passed that Fran’s mother finally agreed to be filmed, and then the floodgates opened.

By this time, Elson had married the “love of her life” Ed Elson. In 1971, they moved to Ventura where Ed practiced medicine and Frances worked first as a social worker, and then as an interior designer, and they raised their daughter Cheri.

In 2001, curious about the art medium of glass, Elson took a class in fused glass jewelry presented by Focus on the Masters in Ventura, which led to a 4-day introductory class in Los Angeles, after which she closed her design business and committed herself to what she refers to as “one final career,” honing her craft.

The inspiration for her exhibit “Broken, a Holocaust History in Fused Glass,” currently on display at the Museum of Ventura County, came to her in a lightbulb moment after perusing many family photos and documents that had been gathered over the years.

The exhibit, which honors Elson’s parents, Joseph, and Rose Kierschenbaum Horowitz, and their families, consists of six beautifully detailed and touching glass panels as well as a book of poetry by Frances Elson’s sister and her mother’s video for the Shoah Foundation.

On Friday, April 12, the museum the museum hosts an Arts Talk and Presentation with Fran Elson in the Community Gallery. A reception will take place from 6-6:30 pm, followed by a multi-media presentation in the Martin V. and Martha K. Pavilion. Elson will talk about her artist’s concept behind the “Broken” project and share her family’s history depicted in the project. Admission is \$5.00 for museum members, \$10 for non-members.

“Glass is very strong, yet very breakable,” said Elson. “I hope that through sharing this project, I can share the legacy of my parents and express the fragility of our freedoms through the fragility and great strength of fused glass.”

Broken: A Holocaust History in Fused Glass
Museum of Ventura County
March 2 – April 27, 2019

April 12, 2019 – Arts Talk and Presentation with Fran Elson

Visit: fuzionbyfrances.com or email Frances at fuzionbyfrances@gmail.com



On April 4th, a Ribbon Cutting Ceremony was held at Genesis Programs Inc. welcoming Athena Naranjo as Genesis’s new owner and to hear more about what Genesis Programs has planned for the future of Ventura County! Cutting the ribbon at the Ventura Chamber ribbon cutting is Athena Naranjo aided by Genesis staff, Chamber members and Chamber president and CEO, Stephanie Caldwell.

News & Notes



The competing team’s robots were required to enter deep space. See end of article for photo descriptions.

Robots battle at Ventura College

Article and photos by Richard Lieberman

The FIRST Robotics competition held in Ventura commenced to a sizeable crowd cheering the competitors to win the championship and head for the FIRST Robotics Championship held in Houston, Texas, April 17 – 20, 2019.

FIRST stands For Inspiration and Recognition of Science and Technology, the organization is an international organization that inspires and motivates students to participate in science, engineering and mathematics activities.

Among the participants were 13 schools from Ventura County including Conejo Valley, Fillmore, Oxnard, Santa Paula, and Ventura.

The competing team’s robots were required to enter deep space where they had two and a half minutes to prepare their ship with hatch panels and load cargo. The competition begins with a simulated sandstorm that lasts for 15 seconds where teams can drive blind or get visual feedback from cameras attached to their robots.

“It’s amazing to see what young children can do,” said Velma Lomax, who was instrumental in bringing the competition to the county, she also helps run the event. “They build these robots from the ground up. What we are watching is not just about robots but about corporate America and getting along in the world economy today.” She added.

The competition winner Team 4414, High Tide is a local Ventura based team. Industry mentored the team which is made up of participants grades 9-12 and attend classes at Buena, Foothill or Ventura High schools teaming with a manufacturing facility in Ventura. Michael Sessa owner of Sessa Manufacturing said “With the guidance of mentors, the students are designing, manufacturing parts, wiring, and programming. They also learn the importance of fundraising and participating in community outreach.”

Jalen Hsu, a Junior at Ventura High School said “For six weeks we’ve worked day and night to design, manufacture, wire, and program our robot. The experience has taught me so much about my capabilities as an individual and even more about how to work with the other brilliant members and mentors of our team.”

Local team 4414 High Tide earned Regional winner at FIRST Robotics Competition, including a second award for quality in concept and fabrication. The team also won an award for innovation in control. The award for innovation and control is based on the best overall control

system, electrical or mechanical or software to provide unique machine functions.

The team named their robot Banzai with a sleek design and colorful paint job made it easy to see in the competition.

Here at the Breeze, we offer our congratulations on this well-earned win and wish our local team members great luck at the upcoming competition in Texas.

Photo: Team 4414 poses in front of their entry into the “First” robotics competition held at Ventura College. The five team members were preparing their robot entry for the first challenge. From L to Ranshul Bajaj, Anidh Bavkar, Olga Qoshilli,Phillipe Nipact, Alessandro PanighcHi. Robots do battle at the FIRST Robotics Competition. The circuit of Life Team 3925 prepares their robot to compete in the “First Robotics Competition” competing with 42 other high school teams from all over the United States and several foreign competitors. From L to R Ashley Mach, Gabriel Bacon, Vendang Joshi, Warren Murphy, Derrick Ramirez.

Applications available for the 2019 Rodney Fernandez Leadership Scholarship

The Rodney Fernandez Leadership Scholarship Program, created in 2011, honors Rodney Fernandez, Cabrillo’s founder and Executive Director for 30 years (1981-2011). The Scholarship continues Fernandez’s legacy of community building by cultivating the leadership of residents to attain their goals, empower themselves and to take action and improve the quality of life in their communities.

The Scholarship will award a total of \$13,000 to its recipients with \$10,000, provided by an Edison International grant to be divided among STEM recipients and \$3,000 among recipients of any major. The amount of each scholarship will be determined based on participation and qualifications.

Eligibility Requirements:
You must be a Ventura County resident. You must be a Science, Technology, Engineering or Math (STEM) major if applying for the \$10,000 in funds earmarked by Edison

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International for STEM scholarships.

Applicants for the \$3,000 can be enrolled in any major, including but not limited to: Business, Liberal Arts, Fine Arts, Education, etc.

Your household income must be less than or equal to 80 percent of the Area Median Income (AMI) for Ventura County.

You must currently be enrolled in and/or continuing college education, in the process of applying to an accredited institution, or enrolled in an undergraduate or graduate program.

Applications must be completed, signed, and submitted with all the required attachments on or before 5 p.m. Friday, May 17.

The first priority for awards shall be granted to existing residents of Cabrillo properties.

Applications are available on at bit.ly/CEDCScholarship. For more information, contact Cabrillo’s Resident and Community Services Department at info@cabrilloedc.org with the subject RFL Scholarship, or call 805-659-3791.

Free CMHS event on advance directives

The public is invited to learn about the importance of advance directives for future healthcare while sampling local gourmet food at a free event hosted by Community Memorial Healthcare System.

The event, called “Advance Care Planning for Foodies,” takes place at 5:30 p.m. on Wednesday April 17, at the Museum of Ventura County, 100 E. Main St. The free event is part of CMHS’ 2019 Ethics in Healthcare speaker series. Dr. James Hornstein will serve as the moderator and answer questions. In addition, professionals will be there to help guests fill out forms and provide additional information. Gourmet food will include hors d’oeuvres and a dessert bar.

Advance directives might not be a fun or comfortable topic of conversation, but your future healthcare plans and wishes should be discussed with loved ones, especially as you age. Advance directives are documents that tell others how you want medical decisions to be made for your care if you can’t speak for yourself. They allow you to give your instructions in cases when you may be unconscious, in a vegetative state or impaired by dementia or other health conditions. These legal documents tell your

family, friends, and healthcare providers what kind of care you want, what you don’t want, and whom you would like to make healthcare decisions for you if needed.

The April 17 event in Ventura is free but reservations are required. For reservations, visit Speaker Series | Community Memorial Health System or call Brown Paper Tickets at 800-838-3006.

Learn how to protect your skin from the sun’s dangerous rays at seminar.

Skin cancer is a big issue in sunny Southern California, more so than other areas of the nation where cold weather prevents people from enjoying the great outdoors as often. With Southern California residents facing an elevated risk, it’s important to know how to avoid getting skin cancer.

Community Memorial Health System is a not-for-profit health system, which is comprised of Community Memorial Hospital, Ojai Valley Community Hospital, the Centers for Family Health, and various outpatient centers serving communities located within Ventura County, California.

Ojai news and events

Continued from page 5
business (including the rise of self-publishing), then share tips for connecting with editors and literary agents, as well as ideas to help writers both refine their craft and stretch their creativity, and wrap up with a few practical thoughts on book promotion.

These events are free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at (805) 218-9146.

The Ojai Library is located at 111 East Ojai Ave. Hours of service are 10 a.m. to 8 p.m. Monday through Thursday and 12 p.m. to 5 p.m. Friday through Sunday.

Join Rev. Karen S. Wylie at The Ojai Retreat on Easter Sunday, April 14, from 11:00 a.m. – 2:00 p.m. for her Mid-Month Devotional Retreat, this month devoted to “Forgiving Yourself and Others.”

“Most of us don’t realize how much unforgiveness we carry inside of us, whether it is directed at ourselves or someone else,” Rev. Karen says. “When we cannot forgive the perceived sins of the past, we go through life operating with half a heart (or less). The celebration of Easter reminds us that forgiveness is the answer to living a great life.

The Ojai Retreat is at 160 Besant Road, Ojai. The retreat is by donation; \$20 is suggested. For more information, contact Rev. Karen at 310-968-8928, or register online at www.karensywylie.com. Rev. Karen is the author of Into Me See: A Book for Daily Inspiration, available on Amazon and her website.



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The City of Ventura has plenty of water

An opinion by Venturans for Responsible and Efficient Government (VREG)

Let's dispel a myth. The City of Ventura has plenty of water. We have almost ten times the water we need annually in reserves. So, the City of Ventura's insistence to conserve drinking water because we don't have enough is untrue. There are many good reasons to save, but not having enough drinking water is not one of them.

Between Foster and Mound Basins alone, there are 141,600 to 184,600 AF of water. Assuming zero replenishing and not counting on Casitas, Santa Paula, Oxnard Basin or State Water (a combined amount of 12,072 AF more per year)—Ventura has almost ten times the water it needs annually in reserves.

For over 30 years, Ventura has averaged 21,000 acre-feet of drinkable water annually. With conservation, Venturan's have reduced water usage to 15,000 acre-feet per year. So, regardless of doom and gloom declarations by the State of California, or whatever Ventura Water tells us, Ventura

has enough water.

Ventura's real problem is a legal Consent Decree, agreed to by the Ventura City Council in 2012. That Consent Decree mandates Ventura stop dumping treated sewage into the Santa Clara River. One panel of experts says Ventura must divert as much as 90% (about 4,685 AF per year) from the estuary.

To comply with the Consent Decree, Ventura Water conceived that Ventura would inject treated sewage directly into our water system and call it Ventura-WaterPure. For six years, City leaders allowed Ventura Water to move ahead making sewage water drinkable. Using "because we need the water" as a primary reason for Direct Potable Reuse (DPR), citizens never knew about the 2012 Consent Decree. With that false justification of needing more drinkable water, the City committed to spending over \$500,000,000 for DPR to abide by the Consent Decree.

Costing over \$500,000,000 is not the only issue. The more significant issue is that the City Council assumed DPR water was safe to drink. It is not safe. The State Water Resources Control Board determined that DPR is feasible. They reported that except for two remote areas on the earth (Namibia and in Big Springs, Texas), DPR water is not suitable for human consumption.

News & Notes



Mark your calendars for one of the biggest events in Ventura County.

The Renaissance of Railroading

On April 27th -28th prepare to be entertained and amazed by what can only be imagined as the "Renaissance of Railroading." Experience Steam Railfest 2019. Free admission and only 30 minutes from Ventura! This festival is a celebration of steam power, railroading, antique tractors, vehicles & engines, vintage wares & oddities, unique performances, early transportation and culture mixed with a bit of Steampunk fun. There will be live steam locomotive train rides, Orchard Bluegrass Band, a Fillmore Citrus Packing House Tour & Caboose Ride Adventure, Dr. Solar's Gypsy Wagon Medicine Man Show, antique carousel rides, car show, creative vendors and artisans, unique exhibits, model train displays, movie props, live entertainment, food, wine tasting and more! There is no other family festival quite like this one. So mark your calendars for one of the biggest events in Ventura County's little historic town of Fillmore.

On April 26th, enjoy Fillmore & Western's Steam Railfest pre-party aboard the "Beer, Wine & Blues" train. Offering beer tasting from Wolf Creek Brewery and wine + hard cider tasting from Reyes Winery. Appetizers are available for pairing and can be purchased while onboard. Passengers also have the opportunity to dance and mingle in vintage Pullman dining cars & outdoor flat cars (if weather permits) while a live band performs into the night.

There are weekend scenic, murder mystery, holiday and special event train adventures to choose from all year long. It's a step back in time riding on vintage passenger and dining cars through the scenic Santa Clara River Valley (aka Heritage Valley). Not more than 30 - 40 minutes from Ventura off Hwy 126." Visit fwry.com for tickets and information or call 805-524-2546

Groups of 25 or more can get 10% off most excursions.

There are no regulations in place anywhere in the United States, or the State of California, permitting or governing that use. It is highly improbable that this will occur by the December 31, 2025 Consent Decree deadline.

In June 2018, the City Council directed Ventura Water to make State Water the top priority. While that pipeline project is in motion, Ventura Water plans to work on DPR as they work on the State Water pipeline.

While Ventura must abide by the Consent Decree, the compliance deadline of December 31, 2025 may be unattainable.

However, the Consent Decree says the court can extend the time limit in the event of construction constraints, financing problems, or an emergency. It requires Ventura to petition the court requesting an extension, or an agreement with the plaintiff and their lawyers. That has not happened.

It seems clear that Ventura should petition to the US District Court for a 5-year extension. There's only one thing standing in the way of requesting that extension — our lawyers.

Our City Attorney is taking a huge risk with our \$500 million. It is clear that he doesn't intend to pursue an extension with his "keeping it in his back pocket" explanation.

In the meantime, we spend millions in the next six years.

Ventura County Community College District announces Ventura College President finalists

Ventura County Community College District (VCCCD) Chancellor Greg Gillespie is pleased to announce that after a nationwide search, five finalists will move forward in the Ventura College President search process.

Listed below are candidates and campus forums information. College faculty, staff, administration, and community members are invited to attend.

Ventura College President Finalist Forums

Monday, April 15, 2019

2 p.m. – 5:30 p.m.

Ventura College Performing Arts Center
4700 Loma Vista Road

2 p.m. Damon Bell, Ed.D.

2:40 p.m. Krista Johns, J.D.

3:20 p.m. Scott Thayer, Ed.D.

Continued on page 18

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Pull Out Section



Lori is a passionate advocate for the benefits of Music Therapy in health care.

Local music therapist receives national award

Lori Sunshine has been working as a Professional Music Therapist since the first year that Board Certification was established, in 1983. She is currently working full time here in Ventura County: part time in private practice and part time with Livingston Memorial Visiting Nurse Association.

On March 29, 2019, she received the Professional Practice Award from the American Music Therapy Association's Western Region Chapter at their annual conference in Portland, OR. The award recognizes individual AMTA members who have made a significant contribution to the professional development of other members of the Association. Lori has offered dozens of Workshops and Seminars on the topic of Music Therapy and presented at many AMTA conferences during her 35 years of service. She has been a trusted educator and role model for those entering the field and is a passionate advocate for the benefits of Music Therapy in health care.

Livingston Memorial Visiting Nurse Association has offered Music Therapy as part of their Hospice program since 2015. There is a wealth of research indicating that music is the last external sensation that registers with a dying patient. Music not only provides comfort to patients and their caregivers but can also evoke strong feelings in many patients, helping to alleviate pain, lower stress and even break through the isolation of dementia or memory loss. Livingston's Music Therapists design sessions to meet their patient's needs, which may include such activities as live performance (Lori plays harp, piano and guitar), singing, music listening, and compiling a mix of a patient's favorite songs.

Livingston's Music Therapy program employs two professional Music Therapists who provided 322 hours of music therapy to 78 patients on hospice care in 2018. Livingston is proud of Lori and her accomplishments and for making our program such a success. The program is partially funded through a grant from the Henry W. Bull Foundation. If you would like to learn more about Livingston and the Music Therapy program, please visit www.lmvna.org.

An afternoon to honor and remember mom


Livingston Memorial Visiting Nurse Association is having Mother's Day Luncheon as an opportunity to honor mothers – both living and deceased – for the love, understanding, and hope they bring to our families and to the community. This year they are delighted to honor Nan Drake and remember Helen A. Olson, for their commitment to helping others in Ventura County. Join us as we recognize the achievements of these two amazing women.

All proceeds from this event support quality health care, compassionate hospice and bereavement programs, and vital in-home care services. The luncheon is on April 26, from 11:30am - 2:00pm, \$125 per person and will be held at the Las Posas Country Club, 955 Fairway Dr., Camarillo. For more information <http://www.lmvna.org/mothersday/>


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Senior Living



"A doggie sure is good company while in the hospital."

price of quality dog food and grooming, flea treatments and toys.

I've found a partial solution, however. I'm thinking of signing up as a dog walker volunteer at the shelter. Maybe I'll fall in love with a tiny, purse-size dog.

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Keep Medicare
Part D's Six
Protected
Classes
protected

by Linda Stalters and
Raymond Y. Cho

Recently, the Centers for Medicare and Medicaid Services (CMS) proposed a troubling regulation that would weaken Medicare Part D, the federal program that helps 45 million American seniors and people with disabilities afford prescription drugs.

Part D is unique among government programs. The federal government allows people to purchase coverage from private insurers. The government subsidizes these plans but otherwise lets Medicare beneficiaries choose the coverage that's best for them.

Congress did put some guardrails on insurers when it created Part D. It required Part D plans to cover all medications in six "protected classes" of drugs, including antipsychotics, antidepressants, and anticonvulsants. These medicines help treat people with schizophrenia and other psychiatric illnesses.

The proposed regulation would amend the six protected classes rule and allow insurers to exclude many drugs from Part D plans. Millions of Americans who rely on these crucial medications would be left to fend for themselves. Congress must halt this regulation now.

Our nation is struggling to provide care for people with schizophrenia and other psychosis-based illnesses. These patients die 10 to 28 years sooner than other Americans, and hundreds of thousands of people with serious psychiatric illnesses have been "re-institutionalized" in state prisons and county jails.

CMS is advancing this rule as a cost-saving measure. But any short-term savings would be canceled out by increased spending on emergency

Senior News
Line

by Matilda Charles

No dog for me?

Three years ago I started thinking about getting a dog. Seeing neighbors out with their small dogs, I knew I wanted what I consider a real dog, a big one, not a dog that would fit in my purse. I made a pro-con dog ownership list, but over time the list of reasons for not getting a dog has gotten longer and longer.

Maybe my story will help if you're considering adopting a dog.

Where I live there are a lot of rules, and one of them concerns the size of dogs. Specifically, the dog cannot top 25 pounds. The neighborhood rumor mill supplied this story: A woman was told to get rid of her dog after management showed up at her door with a set of scales and demanded to weigh the pooch, which unfortunately came in at nearly 30 pounds. The owner moved out and took the dog with her.

A size limit means I can't adopt a young mixed-breed shelter mutt because there's no real way to know how large the dog will be when it grows.

There are no sidewalks here. What we have for half the year are increasingly narrow roads with snow banks on the sides. I don't have a fenced yard either, which means no place to let a big dog romp and play.

By the time I got this far, I knew it was hopeless. I never even got to the part about potential veterinary costs, or the



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Senior Living

rooms and the penal system, since more people with serious brain disorders will end up in jail.

In addition to antipsychotics and anticonvulsants, the six protected classes include immune-suppressants for treatment of transplant rejection, HIV/AIDS drugs, and cancer medications.

The regulation also authorizes insurers to use “fail first” policies on drugs in the six classes. These policies require patients to take cheaper, less effective medications first. Only when these drugs fail will the insurer allow doctors to prescribe newer, more effective drugs.

If patients must endure successive failures on the least costly medications first and bear the associated increases in cost, what message does that send? In particular, for patients with serious psychiatric illnesses, “failure” means a harrowing descent into a psychotic crisis often ending in an emergency room admission or worse.

Individuals who suffer from schizophrenia-related brain illnesses are clinically complex patients, in part, because their treatment regimen includes multiple medications. Due to genetic differences across individuals, each antipsychotic and antidepressant medicine produces varied outcomes and side effects.

It takes time to find the correct medication regimen. If insurers limit which medicines are available, patients will suffer.

The CMS proposed rule affecting the six protected classes in Part D would not save money -- rather, it would cost lives. We implore Congress to ensure the six protected classes remain protected.

Linda Stalters, M.S.N. is the founder and CEO of the Schizophrenia and Related Disorders Alliance of America. Raymond Y. Cho, M.D., SARDAA's board chairman, is a professor of psychiatry at Baylor College of Medicine.



NIH inclusion policy mandates that participants of all ages be included.

NIH Inclusion Across the Lifespan policy has been in effect since the Jan. 25, 2019

by **Barbara Radziszewska**
Health Scientist Administrator, Division of Geriatrics and Clinical Gerontology

Starting this year, a new NIH inclusion policy mandates that participants of all ages be included in human subject's research, unless there is a scientific or ethical reason for exclusion of any age category. The NIH Inclusion Across the Lifespan policy, developed in response to requirements in the 21st Century Cures Act, has been in effect since the Jan.

25, 2019, grant submission deadline.

The inadequate inclusion in clinical trials of older adults, especially those affected by age-related conditions, has been amply documented across many disease areas, including those that disproportionately affect older people. Participants enrolled in clinical trials are frequently younger and healthier than the typical population affected by a given disease or condition.

Some studies impose arbitrary upper age limits of enrolled participants. Others use exclusion criteria that disproportionately affect older people, such as multiple morbidities, polypharmacy, frailty, and physical or cognitive impairments. These restrictions reduce the relevance of the data collected in clinical trials to real-life patients in clinical settings. As a result, there are critical gaps in the evidence base and in clinical guidelines for older, more complex patients.

NIA staff and our NIH colleagues have been conducting ongoing research and analysis of this issue for a number of years. The 21st Century Cures Act mandated a workshop held in 2017, which resulted in recommendations for change (PDF 857K). More recently, NIA Deputy Director Dr. Marie A. Bernard and I, along with our colleagues Dr. Jaron Lockett and Dr. Samir Sauma, analyzed data on subject inclusion in Phase III clinical trials from 1965 to 2015, focusing on diseases that are the most frequent causes of hospitalization and/or disability in older adults.

Our analysis revealed striking evidence for the need to include more older adults. We found that 33 percent of the studies had arbitrary upper age limits, and 65 percent of the trials reported data of participants who were younger than the typical population affected by the disease under study. In addition, many clinical trials excluded participants based on multimorbidity and polypharmacy.

The expanded inclusion policy presents a new set of challenges to the scientific community, as it has implications for study design and recruitment planning. Although the implementation of the new policy may necessitate increasing the planned sample size to overcome the additional variability introduced by more inclusive enrollment policies, the expected result is well worth the additional effort and expense, given the urgent need to address critical gaps in the evidence base on the diseases and conditions of later life. This is a solid step in the right direction for improving clinical care for the nearly 50 million U.S. adults over age 65.

Alzheimer's Association releases facts and figures

On Tuesday, March 5, the Alzheimer's Association released its 2019 Alzheimer's Disease Facts and Figures report, which provides an in-depth look at the latest statistics and information on Alzheimer's prevalence, incidence, mortality, costs of care and impact on caregivers across the country and in California. It also reveals an important health assess

Continued on page 14



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Senior Living



"I think that we are paying too much for our prescription drugs."

Azar's drug price controls put Americans patients last

by Stacy Washington

President Trump thinks Americans pay too much for prescription drugs -- and says foreign countries are to blame. In a speech, he criticized nations that use socialist price controls to artificially hold down the cost of pharmaceuticals. "For decades," he noted, "other countries have rigged the system so that American patients are charged much more . . . for the exact same drug."

The president's criticism is spot on. That's why a new initiative from his Department of Health and Human Services is so shocking. HHS Secretary Alex Azar just proposed a major overhaul of Medicare that would impose those socialist price controls here in the United States.

Instead of putting America first and forcing other countries to play by the rules, the proposal legitimizes foreign freeloading. The price controls would limit seniors' access to lifesaving drugs and chill pharmaceutical research efforts.

President Trump correctly notes that prescription drugs are more expensive in America. The reason for the price disparity is simple. Nations with socialized medicine, including Canada, the United Kingdom, and France, cap prescription prices. If a drug is too expensive, the government won't offer it to patients.

Once drug companies have developed

a medicine, they have a limited amount of time to sell it and recoup their costs before the patent expires. So it makes sense for American drug companies to market their products in price-controlled nations, even if that means granting steep discounts. The alternative is earning no foreign revenue at all.

As a result, American patients fund the lion's share of global research and development costs. The HHS proposal wouldn't rectify this injustice -- it would only further harm American patients.

Right now, Medicare drug payments are based on each medicine's average domestic sales price. Sec. Azar wants to instead index Medicare payments to the average prices paid in 14 other countries.

Copying other nation's socialist price controls would reduce American patients' access to the latest medicines.

Consider treatments for respiratory conditions. All new respiratory drugs released globally in the last seven years are available to Americans. Patients in Japan and France -- two of the reference countries included in Sec. Azar's pricing index -- can only access 55 percent of those medicines.

Domestic price controls would also smother drug innovation, depriving future patients of potentially lifesaving cures.

Europe is a cautionary tale. The region led the world in biopharmaceuti-

cal R&D investment in the 1980s. But once several nations adopted price control policies, Europe suffered a dramatic decline in research investment. Today, the United States spends 40 percent more on biopharmaceutical R&D than Europe.

Sec. Azar's proposal would reward the forces of socialism abroad and threaten American ingenuity and prosperity at home. Patients can only hope that President Trump orders his HHS secretary to scrap the plan.

Stacy Washington is a decorated Air Force Veteran, an Emmy nominated TV personality, and the host of the nationally syndicated radio program "Stacy on the Right."

Alzheimer's Association

Continued from page 13

ment seniors are not getting -- one that is critical for early detection of Alzheimer's and other dementias -- routine cognitive assessments. You can see the full report at alz.org/facts.

One of the biggest takeaways from this year's report is that the Alzheimer's burden in this country and state continues to grow.

More people are living with disease -- An estimated 5.8 million Americans have Alzheimer's dementia in 2019, including 670,000 in California.

More family and friends are serving as Alzheimer's caregivers -- In California, 1.6 million caregivers provided a total of 1.8 billion hours of unpaid care, valued at a total of \$23 billion.

Death rates from Alzheimer's continue to climb -- Deaths due to Alzheimer's have increased an alarming 145 percent since 2000, while deaths for most other major diseases have

decreased. Alzheimer's disease is the sixth leading cause of death in the U.S.

The costs are unsustainable -- For the third consecutive year the cost of caring for individuals with Alzheimer's is surpassing a quarter of a trillion dollars. The costs to care for people with Alzheimer's are expected to amount to \$4 billion in California in 2019 -- and are only expected to grow by 32 percent over the next six years (by 2025).

Additionally, this year's special report highlights an important disconnect: despite a strong belief among seniors that cognitive assessments are important and that early detection is beneficial, only half are being assessed for cognitive decline, and just one in seven seniors (16 percent) receive regular assessments for memory or thinking issues during routine health checkups, compared to other common evaluations like cholesterol (83 percent), hearing or vision (73 percent), and diabetes (66 percent).

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. It is the largest nonprofit funder of Alzheimer's research. The Association's mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health. Its vision is a world without Alzheimer's. The Alzheimer's Association California Central Chapter is headquartered in Santa Barbara with regional offices located in San Luis Obispo and Ventura Counties. Visit www.alz.org/CACentralCoast or call 805.892.4259 for more information.

This 'n' That



Heather thanks the Ventura community for its support in the organization's survival.

Heather Baker and CLEAN International

by Jill Forman

We all know water is life, right? But did you know that thousands of people

world-wide have to walk over 4 miles a day to get it? And that so much of it is contaminated, that over 2000 people die daily due to unclean water?

Heather Baker and her Ventura-based organization CLEAN International are out to change those facts. Even losing her home and headquarters in the Thomas Fire six months after moving in didn't slow her down. She borrowed a dress and some shoes and went out to make scheduled presentations the next week. She credits the Ventura community for its support as being a major factor in the organization's survival in that painful time.

CLEAN won the National Organization award from Ventura Water at their Water:Take One Festival last month.

Baker, with a background in teaching, fundraising, and international conflict resolution, was looking for a "meaningful, tangible way to make a difference in the world. She and her family had moved back to Ventura where her husband is a physician and faculty member in the residency program at VCMC.

From a clinic doctor in Guatemala, she learned that water-borne illnesses are their worst problem and most common diagnosis. Ninety percent of the water in Guatemala is not safe for drinking due to lack of water systems. Visiting the clinic, she located a water filter made there called Ecofiltro, and set up a program to distribute them to

Continued on page 18

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This 'n' That



Ventura Police Department challenges drivers to 'silence' the distraction.

April is Distracted Driving Awareness Month

April is National Distracted Driving Awareness Month and the Ventura Police Department will be joining law enforcement agencies statewide stopping drivers who violate California's hands-free cell phone law.

During the month of April, additional police officers will be on patrol looking specifically for drivers on their phones.

Distracted driving is dangerous, especially when it involves a cell phone. According to preliminary data from the California Highway Patrol (CHP), 66 people were killed and more than 6,500 injured in 2017 from distracted driving-related crashes.

"Cell phones remain one of the top distractions for drivers," said Corporal Al Gomez. "Like any bad habit, it can be hard to break, but this habit can have life-altering consequences."

A 2018 observational survey by the California Office of Traffic Safety (OTS) on driver cell phone use found about 4.5 percent of drivers are still using their cell phone illegally, a nearly 27 percent increase from 2016.

"That text or phone call will never be worth losing a life over," said Sergeant Mike Brown. "That is why curbing distracted driving is high on our priority list."

Under the most recent cell phone law that went into effect in 2017, drivers are prohibited from having a phone in their hand for any reason and can only use their phone in a hands-free manner. The phones must be mounted on the dashboard, windshield or center console, and can only be touched once with the swipe or tap of a finger to activate or deactivate a function. First-time offenders face a \$162 fine.

If you need to make a call or text someone, pull over and park at a safe location. Struggling to stay off the phone while driving? Put your phone in a place you can't reach, like the backseat or trunk.

Funding for distracted driving enforcement operations are provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Ventura Police Department to host two community meetings

The Ventura Police Department seeks community input on the Department's three-year plan. Community members are invited to attend one of two meetings for a discussion on the future and priorities of policing.

Two meeting dates will be offered with the same content presented at each meeting. Community members will hear a presentation on crime and safety from Police Chief Ken Corney and will then break out into discussion groups with police staff to review the 2019-2022 Ventura Police Strategic Plan's measures and strategies.

"The best path to ensure future success is to prepare for it today," said

Police Chief Ken Corney. "The Strategic Plan will help us do just that. While the plan does not represent all that we will do in our journey towards success, it does provide a framework that will guide us to meet the anticipated challenges for tomorrow."

The goals of the plan remain constant, but the strategies and actions evolve to meet the dynamic and every changing public safety environment. The goals include: Crime Control, Efficiency and Accountability, Safe Neighborhoods, Active Partnerships and Team Development. Each goal is accompanied by performance measures to indicate the success in goals. The performance measures include some of the key indicators used by the police department to assess crime fighting results.

"Civic engagement is an important part of community policing," said Assistant Chief Darin Schindler. "We value community feedback and look forward to meeting with residents to discuss the 2019-2022 Strategic Plan. This is an opportunity for residents to voice concerns and have questions

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answered. The more we work together the better our community will be."

Meeting One: April 29, 6:00 pm, City Hall, Room 202, 501 Poli St.

Meeting Two: April 30, 6:00 pm, Ventura Police Department, 1425 Dowell Drive

Ventura College Career Fair

Ventura College will host the 2019 Ventura College Career Fair Tuesday, April 16, from 10 a.m. - 2 p.m. The event will take place at Ventura College, 4667 Telegraph Road in the MCE/ MCW Quad located at the Northeast corner of the campus.

There will be more than 60 local employers participating in the career

fair to connect with students about job opportunities, internships and potential careers. Employers participating in the career fair include California Water Service, County of Ventura, Haas Automation, Los Angeles Sheriff's Department and many more.

The Ventura College Career Center organizes this event along with others during the school year to inspire and support students throughout their life-long career journeys. In hosting the Ventura College Career Fair, the Career Center aims to create a wonderful networking opportunity for both employers and students. "We support our students at VC to get jobs in the community, so they stay within the region and contribute to the economic vitality of our County. This is a great opportunity for our employers and a transformative

Continued on page 17

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The Pet Page



**Dedicated
to Scamp**

■ Twenty-six animals from the Santa Paula Animal Rescue Center (SPARC) were transported to a rescue in Northern California. SPARC, a no-kill, non-profit animal shelter, has been

receiving so many stray and surrendered animals since the beginning of 2019 that the shelter had run out of space and adoptions were not keeping up with animal intakes.

A generous business, Holt Transport, which usually shuttles horses statewide, provided a huge horse trailer and driver for free and donations from SPARC supporters covered the rest of the costs.

“The community came together to help us get our animals to rescue to free-up space for the new animals arriving. Transporting animals is always an emotional time for the staff, but it was the best choice for the animals,” said SPARC Executive director Nicky Gore-Jones.

Eight big dogs, two little dogs, 10 cats and six rabbits made up the roster of transported animals and all arrived safely, ready to luxuriate in the green grass of Fortuna, California, where their new rescue home is located. Due to stricter spay and neuter laws, Humboldt County has fewer strays so the rescue organization there is able to find homes for SPARC’s rescued animals faster than homes could be found in Ventura County, Gore-Jones said.

Santa Paula Animal Rescue Center’s no-kill mission is to give every animal arriving at the shelter a second chance at life. SPARC relies heavily on donations from the public to provide food, shelter and medical care for every single animal arriving. Donations can be made at www.santapaulaarc.org/donate.

■ By Nicole Karlis

Human sociologists have been long fascinated by the “nature versus nurture” debate over human behavior — meaning, whether human behavior is determined by the environment, or by their genes, or a mix.

Though it may sound unconventional to apply this debate to dogs, researchers from Michigan State University published a study in the Journal of Research in Personality asking whether dogs have fixed personalities or if they change during their lives. The findings have implications for the unproven aphorism that pet owners come to resemble their dogs, and vice-versa.

“When humans go through big changes in life, their personality traits can change. We found that this also happens with dogs — and to a surprisingly large degree,” said William Chopik, professor of psychology at Michigan State University and lead author of the study. “We expected the

dogs’ personalities to be fairly stable because they don’t have wild lifestyle changes like humans do, but they actually change a lot.”

The research is the largest study of its kind that sought to examine changes in dogs’ personalities. Chopik and his collaborators surveyed owners of more than 1,600 dogs, inquiring after their dogs’ personalities and their own. The mix of the 1,600 dogs included 50 different breeds; approximately 50 percent were purebreds. Researchers found correlations in three areas: age and personality, the effect a dog’s personality has on the quality of its relationship with its owner, and human-to-dog personality similarities. Interestingly, researchers also found a “sweet spot” for training a dog: at the age of six.

This finding seems to have caught the attention of researchers the most. Chopik argues that learning more about personality changes in dogs can help researchers learn more about personality changes in humans — as well as other species. For dogs, Chopik says, researchers have a good understanding of their genetic history and environment, which makes this easier to test. Obviously, that is not the case for humans.

“Say you adopt a dog from a shelter. Some traits are likely tied to biology and resistant to change, but you then put it in a new environment where it’s loved, walked and entertained often. The dog then might become a little more relaxed and sociable,” Chopik said. “Now that we know dogs’ personalities can change, next we want to make strong connection to understand why dogs act — and change — the way they do.”

■ Three more New Year’s resolutions for the pet buddy:

I will provide my pet with exercise as appropriate to her breed, physical condition and personality. I will move in concert with my pet, understanding that movement for me is as healthy as it is for her. With my dog, I will try to increase her walking time by 10 percent from last year. With my cat, I will invest in interactive toys that can get her leaping and climbing as I am moving the toy around for her.

I will play with my pet every day. We will run around together, chase a ball together, whip a fishing pole toy around together, run around an obstacle course together, and share in the joy that comes from play. I will remember that sharing play with cats and dogs is one of the reasons we humans love them so, and one of the reasons they love us.

I will show my pet the love and care that he deserves. I will be sensitive to his medical needs, his behavioral needs, his play and enrichment needs, and his need for loving contact. I will remember that while my pet is lucky to have me to care for him, I am equally lucky to share my life with him.

Scamp Club

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This ’n’ That

Leaders from throughout Ventura County to be selected for 2019-20 program

Applications are currently being accepted for the upcoming cohort of the Ventura County Leadership Academy (VCLA). New and emerging leaders who either live or work in Ventura County are encouraged to apply.

The Ventura County Leadership Academy is a nonprofit organization that provides leadership training through an intensive program that delves into the critical issues facing Ventura County. Meeting for a full day once a month over the course of nine months, participants will learn about topics such as agriculture, healthcare, education, economic development, water, the environment, and more, as part of a diverse cohort of leaders from a variety of sectors, backgrounds, and ages. Cohort members also travel as a group to Sacramento to meet with elected officials and others involved in the legislative process. Another key component of the program is leadership training: encouraging, educating and inspiring the cohort members to gain insight and confidence into their own leadership potential.

Once cohort members graduate, they are encouraged to take their new knowledge, skills, and relationships and join with the more than 500 other alumni of the program to help to make Ventura County an even better place to live through their work and volunteerism in the community. Many of the top leaders in the business, government, and

nonprofit sectors in Ventura County are graduates of the program. They serve on many boards and volunteer with a wide variety of community-based organizations.

The program for Cohort XXV will start in September 2019 and run through May 2020. Applications for Cohort XXV are being accepted through May 24, 2019 and can be found at the organization’s website, www.vcleadership.org. The process is competitive, with a limited number of cohort members chosen via an application and interview process. Interviews are conducted during the month of June, with notifications of acceptance arriving in early July.

Many employers will cover the cost of tuition for cohort members; however, VCLA does not turn qualified applicants away due to financial constraints; in addition to flexible payment arrangements, a limited number of partial scholarships are available to applicants in need of assistance via TAP (Tuition Assistance Program).

VCLA seeks diversity in their organization and program participants, encouraging anyone interested to apply.

For more information about VCLA, please email info@vcleadership.org, reference our website www.vcleadership.org, or find the Ventura County Leadership Academy on Facebook @VenturaCountyLeadershipAcademy or call 805-665-3504.

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Spay and Neuter for Low & No Income Families in Ventura County

805.641.1170 110 A & B N. Olive St., Ventura CA 93001 www.spanonline.org

\$10 Low/No Income Spay & Neuter

Thursday, May 9th

Albert H. Soliz Library - El Rio

2820 Jourdan St., Oxnard, CA 93036

Must call for appointment (805) 584-3823

\$10 Low/No Income Spay & Neuter

Thursday, May 23rd

Shiells Park parking lot.

649 C Street

Fillmore, CA 93015

Must call for appointment (805) 584-3823

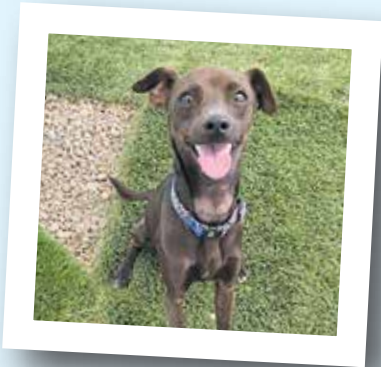


The Pet Page

Forever homes wanted

Hi: I'm Coco Puff an affectionate and playful 1 1/2-year-old Chihuahua mix. I'm in need of a new home as one of the children has come down with asthma. Once an indoor dog, I was relegated to the backyard. I much prefer being indoors with my people. I love attention and don't enjoy being left alone. I will dig under the fence and dart out open doors. I'll need someone patient who is willing to work with me on not doing this. I enjoy going on walks and playing ball. I'd make a great addition to an active family as I'm good with children and other dogs. It's unknown how I'd do with cats, but they think I might chase the cat, but just to play. I'm crate and paper trained, have had formal training and know basic commands.

Stop by and meet me, I may be the fur baby you've been looking for.
CARL



Rose lost her home when her owners had to move. Rose is a very sweet Jack Russell - Chihuahua mix. Her prior owner said she gets along great with other dogs and has a great personality. Rose would love to have a forever lap. You can meet her in kennel 907. Ventura County Animal Services
Simi location -
670 W. Los Angeles Ave.



THIS SPACE FOR WRITING MESSAGE

Barbara Quaid, CEO,
Ventura County
Fairgrounds and
longtime family
friend Larry Starling
from Prescott, AZ
with their favorite
newspaper the
Breeze on a recent
trip to Puerto
Vallarta.

GOING ON
VACATION?
BE SURE TO TAKE
THE VENTURA
BREEZE WITH YOU
AND SEND US A
PHOTO WITH A
LITTLE INFORMATION
ABOUT YOUR TRIP
AND EMAIL TO
EDITOR@
VENTURABREEZE.
COM

This 'n' That

Have you had a memorable event?

The Ventura County Writers Club has opened their 4th Annual Memoir Contest for submissions to adults 18 and over. Submit your first-person account of a memorable event or experience, filtered through the mind and heart of the storyteller. A stand-alone section of a larger work or a vignette is acceptable. Entries must be original and previously unpublished and no more than 1250 words. Self-published and e-published works are prohibited. Enter as many memoirs as you like. First prize \$150, second prize \$75, third prize \$30.

For contest rules and submissions, go to: <http://venturacountywriters.com/memoir-contest/>. Contact Breeze contributing writer Sheli Ellsworth for more information 805.300.1365.

Ventura College Career Fair

Continued from page 15
experience for our students," shared Vice President for Student Affairs Dr. Damien Peña.

Ventura College is an ideal location for industry recruitment across all sectors. The college offers over 70 degrees and 25+ Career Education programs that teach students hands-on practical training need to earn a certificate to start a career or to get started on a pathway toward a bachelor's degree.

Local Venturan awasrdded DOD Medal

Continued from page 1
partner force members during an operation against a high value target while serving as a joint terminal attack controller deployed with a U.S. Army 75th Ranger Regiment battalion during Operation Freedom's Sentinel in support of the Resolute Support Mission in Afghanistan.

While receiving accurate fires from the enemy and with no regard for his own personal safety, Kelsch exposed himself to danger in order to control airstrikes from an AC-130 gunship within 35 meters of his team's position. He also coordinated an attack with precision guided 500lb bombs from two F-16's and 105mm munitions from an AC-130.

Additionally, Kelsch willingly exposed himself to effective enemy fire to save the life of a wounded American teammate by dragging him to safety. While recovering his teammate, Kelsch was hit by hostile fire. Kelsch continued to control danger close strikes to neutralize all remaining threats to the assault force.

Special Tactics is the Air Force's ground special operations force that leads personnel recovery, global access, precision strike missions and battlefield surgical operations.

Since 9/11, Special Tactics Airmen have received one Medal of Honor, nine Air Force Crosses and 44 Silver Star Medals. Tech. Sgt. Kelsch is the first Air Force TACP operator to be awarded the Silver Star for actions in combat during the last 10 years.

BUENA HIGH SCHOOL
DRAMA DEPARTMENT
PRESENTS ...

CHICAGO

HIGH SCHOOL EDITION

BOOK BY BOB FOSSE & FRED EBB MUSIC BY JOHN KANDER LYRICS BY FRED EBB

BASED ON THE PLAY BY MAURINE DALLAS WATKINS
SCRIPT ADAPTATION BY DAVID THOMPSON
MUSIC EDITING BY PAUL MCKIBBINS

APRIL 25, 26, 27
MAY 2, 3, 4

ADULTS .. \$10, STUDENTS .. \$7, CHILDREN UNDER 10 .. \$5.

BOX OFFICE OPENS AT 6:30PM; THE SHOW STARTS AT 7:00PM.

CHOREOGRAPHY BY TAWNY WATSON VOCAL DIRECTION BY KEVIN DOWNEY

BUENA HIGH'S MCCONNELL AUDITORIUM
5670 TELEGRAPH RD., VENTURA, CA 93003
FOR MORE INFORMATION, CALL 805-289-1826.



OWL FESTIVAL

at the Olivas Adobe
4200 Olivas Park Dr.



SUNDAY
APRIL 14, 2019

11 am - 3 pm

A FREE Family Event
Arts & Crafts, Music, Tours, and Demos

11 am-12 pm
Performance by Inlakech Cultural Arts Mariachi Band

1-2 pm
Live Raptors Presented by Ojai Raptor Center



www.olivasadobe.org



"Did you miss me?"

Lifeguards return to Ventura Harbor Beaches for Summer

Daily lifeguard service will be provided at Ventura Harbor beaches off Spinnaker Drive this summer.

In a unanimous vote on Wednesday, March 20, the Board of Port Commissioners authorized the General Manager of Ventura Harbor to contract with State Parks to provide the service from mid-May through Labor Day 2019 at Harbor Cove and Surfers Knoll beaches. The \$88,682 cost represents a 1 percent increase over last year, primarily because of added personnel and the added option of continuing services, as available, through Dec. 31.

"The Ventura Harbor Patrol and the District believe this investment in public

safety is important," stated Ventura Port District Harbormaster John Higgins. "A third lifeguard tower has also been added this summer season to the Ventura Harbor beaches to better assist with visitor safety"

For over 60 years, State Parks has provided professional lifeguarding services along California's coastline. The State Park Lifeguard service is certified by the United States Lifesaving Association and is recognized as one of the highest-ranking training academies in the world.

The Ventura Port District took the lead in securing summer lifeguards at the Harbor after the city of Ventura

This 'n' That

stopped its services in 2011. The state lifeguards and the Ventura Harbor Patrol have formed a strong and effective partnership in providing public safety on land and in the waters along Ventura's coast.

Ventura Harbor and its beaches have become among the most popular summer destinations in the city. Parking and restrooms are available at both beach parking lots and street parking is available on Spinnaker Drive.

In addition to the beaches' safety and convenience, annual Harbor dredging results in some of the best sand on the local coast. Also, the location affords a variety of healthy outdoor summer activities and close access to the Harbor Village and its many amenities.

"Ventura Harbor is one of the few locations in Ventura County that provides a complete user experience," Harbormaster Higgins said. "Our harbor, beaches, merchants, restaurants, national park headquarters, sport fishing boats, dive boats and Island Packers give the visitor tremendous value and entertainment in one intimate location."

For questions on lifeguard times, call the State Lifeguards Dispatch at 805-648-3321.

Ojai Art Center presents an intimate evening with Nick Mancini Trio

A concert for jazz lovers featuring Nick Mancini Trio with Brad Dutz on percussion, Bruce Lett on bass and the legendary Nick Mancini on vibraphone. One night only. Friday, May 10, at 7:00 pm at the Ojai Art Center at 113 S. Montgomery St., Ojai. Advance tickets are \$20 or at the door for \$25 (cash only). Doors open at 6pm, no late seating.

Nick Mancini, vibraphonist, composer, arranger, and educator, Drum magazine named him "Best Jazz Percussionist on Vibes." Played with Arturo Sandoval, Poncho Sanchez, and many others. For more information visit www.nickmancinitrio.com. Brad Dutz-percussionist-part of the LA avant-garde jazz scene-played with the great Frank Sinatra, Tom Petty and many others. Produced over 20 CDs, and countless TV and Film credits. More information at www.braddutz.com. Bruce Lett-bassist-versatile studio musician-toured with Alphonse Mouzon, Ernie Watts, and others-also on faculty of Thelonius Monk Institute/CSULB.

"Ojai is such a gorgeous place" Nick Mancini states with anticipation and "The music we make together is spontaneous, electric, and engaging." Contact for more information Toni Jirovsky 805-646-2247 no texts toni.immusic@gmail.com

Ventura College President finalists

Continued from page 10

4 p.m. Kimberly Hoffmans, Ed.D.

4:40 p.m. Wei Zhou, Ph.D

"The forums are an important part of the search process. They provide an opportunity for students, campus constituents, and the community to meet and hear from

the candidates," stated Gillespie. Final interviews will take place the following day.

The next Ventura College president will fill the position vacated by Chancellor Gillespie when he was appointed VCCCD Chancellor in 2017. Two interims have filled the position since that time. "We are excited to meet the finalists and look forward to working and collaborating with the new Ventura College president to ensure student success. The Ventura College Classified Senate appreciates being part of this process," offered Sebastian Szczebiot, Ventura College Classified Senate President.

The forums are organized through the Ventura College Academic Senate. Finalists will address the campus community and answer questions on important campus concerns," stated Lydia Morales, Ventura College Academic Senate President. "We are hoping for a great turn out and we are looking forward to hearing from our prospective new college president" added Morales.

The candidates:

Damon Bell -Dr. Bell currently serves as Ventura College Interim President

Kim Hoffmans-Dr. Hoffmans is the Ventura College Vice President of Academic Affairs

Krista Johns-Ms. Johns currently serves as Guided Pathways Regional Coordinator, Bay Area with the State Chancellor's Office.

Scott Thayer-Dr. Thayer has more than 20 years of experience in higher education in the California Community College system.

Wei Zhou- Dr. Zhou is a graduate of the California Community College CEO Leadership Academy and is a graduate of the University of Texas at Austin specializing in community college education and leadership.

Heather Baker and CLEAN

Continued from page 14
clinic families.

Since then, she has expanded CLEAN's operations to Honduras, Tanzania, Uganda and Ghana. New partners have been found in Africa; "We align with people with the same core values."

Incorporated at a 501c3 in 2016, CLEAN and the Bakers moved into a home in the Ventura Hills in May of 2017 and lost everything in December. They have moved several times since then, into friends' houses and temporary homes. "We just kept running CLEAN, it was very hard," she admits. "A lot of what CLEAN has accomplished is due to the Ventura community. Ventura is amazing."

"Water unites everyone. We all need, use, and understand it. It's a joint resource that crosses boundaries; its quantity and quality are issues around the world." To decide where they can be the most effective, Baker and her board assess: is there a need? Can the effort be supported and partially funded by the community and its leaders? Can the filters be locally produced?

The "ripple effect" of water problems is what many do not realize. If a person is walking hours a day to get water, that person cannot work or go to school. "If you give them water everything else follows." Running the gamut from "water conservation efforts including tree planting, erosion control, smart technologies and rainwater harvesting, to the provision of clean water and sanitation through water filters, wells, toilets and the installation of sustainable water treatment plants," CLEAN is continuing to expand its efforts.

Her goal is "a world where nobody is thirsty, and the water is safe."

To learn more about CLEAN International, or to donate:

www.cleaninternational.org

Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

No April’s Fool joke

Sergeant Sam Harbert, a 28-year veteran of the Ventura Police Department, is currently on paid administrative leave following a traffic stop in response to a 37-year-old male adult who was making threats. On the morning of April 1, Sgt. Harbert stopped the man at the Ventura County Government Center on Victoria Avenue.

The man got into an altercation with Sgt. Harbert who discharged his weapon. The man was taken to Ventura County Medical Center and underwent surgery. The Sgt., who was wearing a body camera, was also taken to the Ventura County Medical Center with non-life-threatening injuries.

Since the shooting occurred in the parking lot of the government center it is being investigated by the Ventura County Sheriff’s Office. Ventura police will also be conducting an administrative investigation into the shooting and have not released how the altercation started or how many shots were fired.

Stolen Vehicle Recovery and Arrest

On March 25 at approximately 1:45pm, the Ventura Police Department Command Center received a 911 call from a victim reporting that his vehicle had just been stolen. The victim said his vehicle was left unattended while it was being worked on at a business in the 100 block of Ventura Ave., when the suspect, later identified as 37 year old vagrant Brandon Chamberlain, got into the vehicle and fled.

A short time late, an officer responding to the call saw the vehicle as it was traveling northbound on Highway 101 and followed it onto Highway 33. Once additional officers arrived, a traffic stop was initiated. Chamberlain exited at Shell Rd. and was taken into custody without incident.

While officers were following Chamberlain, he threw a knife out of the vehicle. The knife was later recovered by officers. The vehicle was released back to the victim.

A review of the Ventura County Superior Court website shows that Chamberlain has prior convictions for stolen vehicle, evading arrest and driving under the influence. He is also a post release offender out of Kern County.

Attempted Murder, Assault with a Firearm, Armed Robbery Arrest

On March 25, at approximately 4:30am, patrol officers responded to report of a shooting in the area of the 400 block of East Santa Clara Street. When the first officer arrived on scene, he found the suspect, 24 year old Reuben Vaca, hiding near a planter on Santa Clara Street near California Street. As the officer made contact with him, the suspect was initially uncooperative, and he threw a handgun into nearby bushes. Additional officers arrived and assisted with detaining the suspect. The weapon was recovered.

The subsequent investigation revealed this was a robbery. The suspect had approached two vagrants living nearby, pulled a gun and demanded their property. While he was committing the robbery, a “good Samaritan” heard the commotion and not knowing it was a robbery, attempted to intervene.

When he intervened, the suspect turned towards him with the gun and chased him into a nearby vehicle. The suspect began beating his fist on the window and fired 3 rounds at the “good Samaritan”. All three rounds hit the vehicle but none of them struck the victim. After firing the initial 3 rounds, the suspect then turned and fired 2 additional rounds that struck a nearby commercial building. The commercial building was uninhabited. After firing the rounds, the suspect fled on foot and was contacted by officers.

At the conclusion of the investigation, the suspect was arrested for attempted murder, assault with a deadly weapon, armed robbery, shooting at an occupied vehicle and shooting at an uninhabited building. No one was injured during this incident.

Suspicious Circumstances

On April 1 at 4:45pm, the Ventura Police Department Command Center received a 911 of a subject in possession of a gun at the Jack in the Box in the 2300 block of Thompson Blvd. The caller, who was a customer inside the business, reported the subject was not threatening with the gun, but said the gun could be seen concealed in his waistband.

When officers arrived on scene, the suspect fled from inside the business and officers pursued him on foot. The suspect, later identified as 27 year old Ojai resident Ronald Zirpolo, began climbing fences into the backyards of nearby residences and officers lost sight of him. A perimeter was quickly set up around the area and with the assistance of Ventura Police K9’s and the Ventura County Sheriff’s Department helicopter, a yard to yard search was conducted.

After approximately 1.5 hours of searching, Zirpolo was found hiding inside the garage of a residence in the 300 block of Seaward Ave. He was taken into custody without incident. Zirpolo was found to have an injury to his hand that he sustained while fleeing from officers. He was treated at VCMC and later arrested for resisting arrest, trespassing, prowling and for being a post release offender.

Zirpolo was not found to be in possession of the gun when taken into custody. Officers continued to search backyards and found the gun. The gun was a replica firearm.

A review of the Ventura County Superior Court website shows that in 2016, Zirpolo was convicted of being a felon armed with a firearm with a 2nd strike, felon in possession of ammunition, and grand theft.


Robbery

On April 5, at approximately 9:45pm, the Ventura Police Command Center received a 911 call for subjects fighting in the 1000 block of E. Santa Clara St. When officers arrived, they were contacted by a clerk from the Asian American Market and told that the suspect, 23 year old James Cobb, came into the store and selected a can of beer from out of the cooler. He went to the counter to pay for it and asked the clerk how much the beer was. When he heard the price, he began to argue with the clerk verbally. He then removed a one dollar bill from his pocket put it on the counter and left the store, not paying the full price for the beer.

The clerk followed Cobb outside the store and confronted him for the remainder of the money. Cobb stopped and attacked the clerk, and the two started fighting in the street. Eventual-

VENTURA TOWNEHOUSE

CALIFORNIA’S CROWN JEWEL IN RETIREMENT LIVING



Thank you Dr. Rao
for your welcomed talk
at our community about
stroke treatment and
prevention using the new
device: the Watchman.

805.642.3263 | www.venturatownehouse.com

4900 Telegraph Road, Ventura, CA 93003

CA LIC# 565801810

ly, Cobb broke away from the fight and threw the beer can at the clerk. He then ran south on Kalorama St. and into a residence.

The officers determined which home Cobb ran into and made contact with him at the front door. Cobb cooperated with the officers and came outside of the residence where he was arrested for the felony robbery.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

3-20 11:05am, dispatched to a medical at Harbor Cove. Officers responded and assisted VFD/AMR with a female complaining of seizures in her vehicle at the Harbor Cove lot. She was treated and transported to local hospital.

5:15pm, while on patrol officers observed large waves at Surfers Knoll, South Beach. 4-6ft waves and dangerous rip currents along all the jetties and groins.

3-21 10:05am, received a report of a dog attack at Surfer’s Knoll. The dog attacked a sea bird, grebe. Officers rescued then captured the injured bird and arranged for sea bird rescue volunteer to pick up.

3-22 12:45pm, received a request for traffic control for Manson Construction tug-tenders towing 3,000ft of dredge pipe for the upcoming project. Officers responded in Fireboat & Rescue Boat 19 to control traffic in the main channel.

3:55pm, while on patrol, received a report of a Recreational Vehicle using the boat washdown. Officers responded and warned the individual of the illegal vehicle use of the boat washdown.

3-23 3:05pm, while on patrol in Rescue Boat 19, officers assisted a 16ft Hobie-cat sailboat from the rocks in the Pierpont Basin. The sailboat was kept off the rocks and safely escorted to the launch ramp.

7:45pm, dispatched to an Ocean water rescue, vessel in distress near Marina Park. Report of a vessel was seen earlier and now was not seen in the sandtrap near the breakwall. Officers responded with US coast guard, Ventura fire department, Oxnard Fire, Ventura County Fire, and AMR. After an extensive search for the reported vessel in distress, US coast guard took over the search with assistance from their helicopter. No distressed vessel was found.

3-24 2:15pm, received a request for traffic control from Manson construction, towing dredge pipe into the harbor. The maneuver proved difficult due to the surge caused by the large waves from a West swell outside the harbor.

7:15pm, received a report of a disturbance at the Ventura Harbor Marina haul-out docks. Officers responded in Rescue Boat 17 and found an individual attempting to secure his vessel in the haul-out slip but was unable to because a vessel was secured in the slip without permission. After a brief investigation and interview of the two parties, an agreement was reached and the sailboat was secured to a different slip away from the other party.

3-25 1:54pm, dispatched to a medical in the Ventura Marina Community. Officers responded and assisted VFD/AMR with a lift assist of an elderly patient.

4:53pm, received a report of a sick/injured pelican from tenants of Ventura West Marina A-minor dock. Officers responded, captured the sea bird and placed in appropriate container for pickup by bird rescue at the Port District.

8:06pm, dispatched to a traffic accident in the Ventura Marina Community. Officers responded and found a vehicle drove up a carport stair ramp and was precariously “parked” on two wheels. No one was injured in the incident.

3-26 12:56pm, dispatched to an unconscious person at the Ventura Marina Community. Officers responded and assisted VFD/AMR with a 66 year old male who fell and sustained a major injury. He was transported to hospital.



by Pam Baumgardner
VenturaRocks.com

Before we get into what is currently happening, let's ensure our future happenings include consistently great jazz by attending and supporting Squashed Grapes on their public hearing so they can reopen at their new location mid-town Ventura. It's on Wednesday, April 10, at 6 pm in the Council Chambers at Ventura City Hall. I'd love nothing more than a full room showing their support; you don't need to speak, but you know I will!

Discovery Ventura continues to mix it up not only placing and supporting local bands on the calendar, but they're booking some really cool national acts like the Average White Band. In fact, I had to double check it wasn't a tribute band, because well you know, this is extremely cool! They also have Bret Bollinger of Pepper on Thursday, April 11, and one of the best tribute bands around Queen Nation on Friday, April 12. Last year Gin Blossoms did a show there, and while they're returning to the area, this time they'll be at Libbey Bowl on June 23.

Namba located on Oak Street has a number of shows coming up including a singer/songwriter showcase on Friday, April 12, with Rachael Lynde, Jade Hendrix, Scott Borel and Ella Dritz. The following evening it's Charlie Baker's Neil Young tribute on Saturday, April 13. Sitarist, Will Marsh, performs there on Saturday, April 20.

Quick Notes: Peter Jong of Emerge performs an instrumental rock & fusion set at Red Cove on Thursday, April 11; Camarata Pacifica performs Beethoven, Mozart and more at the Museum of Ventura County on Sunday afternoon, April 14; Tommy Marsh's Acoustic Crossroads at Winchesters will have as his special guest, his brother Paddy, on Sunday, April 14; there will be a benefit for Step Up Ventura on Saturday afternoon with The Ramblers at Grapes and Hops starting at 3 pm on April 20; Harbor Cove will start having music again (end of Spinnaker at the Harbor) with Jill Martini and the ShrunkHeads on Friday, April 19, and Gary Ballen on Saturday, April 10; and a special "Emo" show lands at The Tavern on Thursday, April 18, with Skating Polly, Ugly Pop and Jo Passed.

By the way, if you have original music you would like to get played on the radio, just hit me up. The Pam Baumgardner Music Hour continues its bi-monthly shows on CAPS Media's KPPQ-LP. You not only can catch it at 104.1 FM in and around Ventura, but you can download the MyTuner radio app and listen on your phone or online at www.CapsMedia.org/Radio. The program airs Tuesdays and Fridays at 5 pm and Sundays at noon. It's an eclectic mix of music so all genres are welcome...just no profanity please.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com. For updated music listings daily, go to www.VenturaRocks.com.

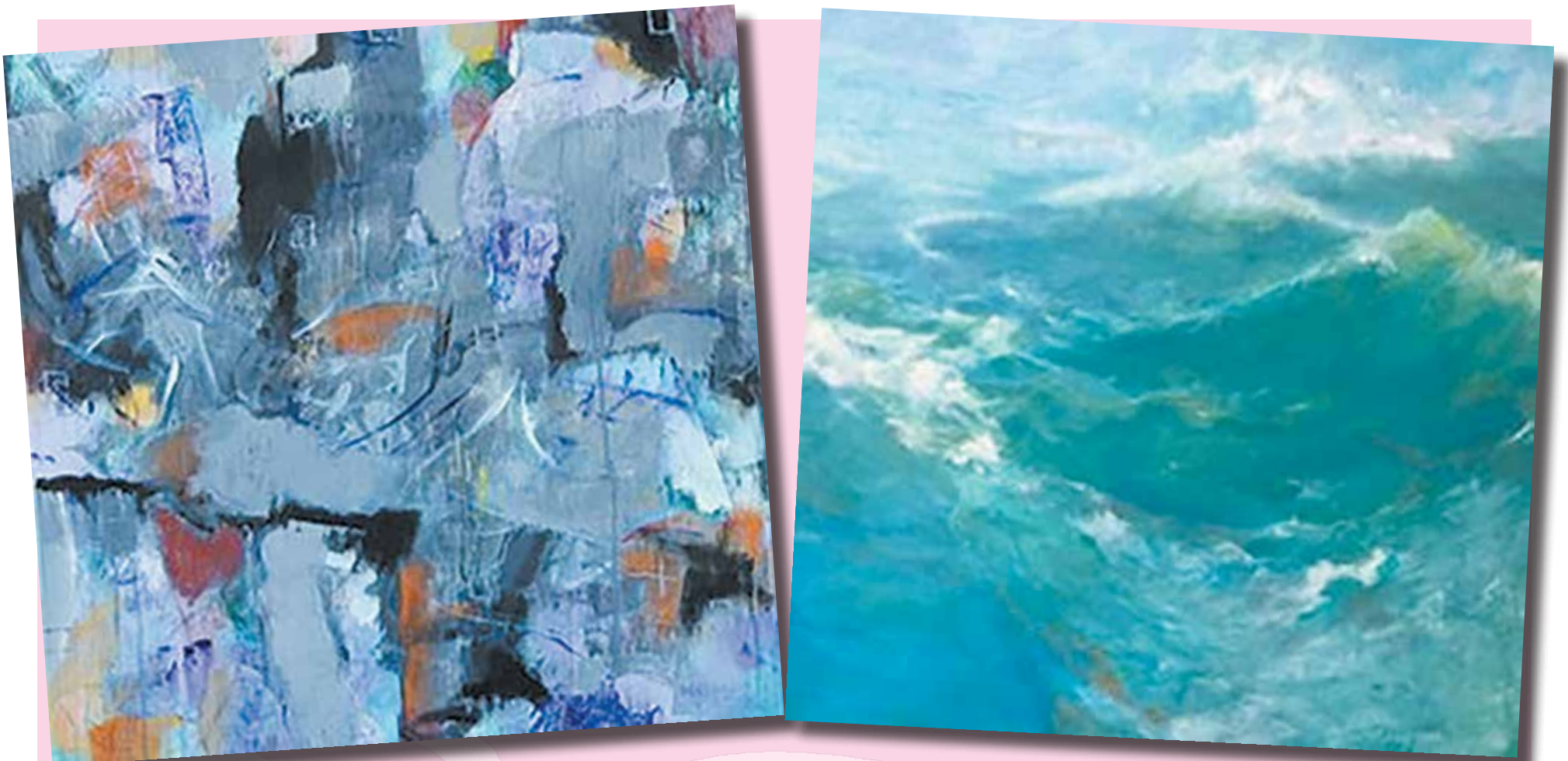
Music Calendar

For more events go to VenturaRocks.com

- Black Angus**
4718 Telephone Road
Music 5:30 – 8:30 pm
Thursdays: Mark David Undercover
- Blue Agave**
185 E. Santa Clara
Fridays: Mariachi Band; DJ
Saturdays: DJ
- The Blue Room**
Ventura Harbor Village
(Next to Comedy Club)
Thursdays: Gypsy Blues Band
- Boatyard Pub**
Ventura Harbor Village
Monday-Thursday 6 pm, Friday & Saturday 7 pm
Mondays: Milo Sledge
Tuesdays: Jason Ho/Frank Barajas
Thursdays: Bluegrass Jam
Wed 4/10: Catterwailers
Fri 4/12: Teresa Russell & Stephen Geyer
Sat 4/13: Karen Eden
Sun 4/14: Two's Company
Wed 4/17: Karen Eden
Fri 4/19: Corsican Brothers
Sat 4/20: Epitome of Dreams
Sun 4/21: Andy D
- Bombay Bar & Grill**
143 S. California Street
Thursdays, Friday & Saturdays: DJs
Sun 4/14: The Barn Burners (6 pm)
- Café Fiore**
66 S. California Street
Wed 4/10: Big Adventure
Fri 4/12: InStone
Sat 4/13: Alex Nestor
Tues 4/16: Donna Greene
Wed 4/17: Donna Butler
Fri 4/19: The Collectives
Sat 4/20: Action Down
Tues 4/23: Fabulous Hangovers
- The Cave**
4435 McGrath Street
5:30 – 8:30 pm
Weds & Saturdays: Varon Thomas
Thurs & Fridays: Warren Takahashi
- Copa Cubana**
Ventura Harbor Village
Music 7 pm; Sundays 4 pm
Mondays: Smokey & Friends
Tuesdays: The Jerry McWorter Trio
Wednesdays: Al Macias Open Mic
Fri 4/12: House Arrest
Sun 4/14: House Arrest
Fri 4/19: Laura Cozzi & Soul Machine
Sun 4/21: Brandon Ragan Project
- Dargan's Irish Rub & Restaurant**
593 E. Main Street
Music at 4 pm
Sun 4/21: The Sunday Drivers
- Discovery**
1888 Thompson Blvd
Thurs 4/11: Bret Bollinger, The Bad Habits
Fri 4/12: Queen Nation
Sat 4/13: Righteous & the Wicked
Sun 4/14: The Late Ones
Thurs 4/18: The Supervillians, B Foundation
Fri 4/19: Average White Band
Sat 4/20: 420 ft. Herbal Rootz
- El Rey Cantina**
294 E. Main Street
Fridays: DJ
Saturdays: DJ

- Four Brix Winery**
2290 Eastman Avenue
Music 5:30 – 7:30 pm
Fri 4/12: Karen Eden & Bill Macpherson
- Garage**
1091 Scandia Avenue
Mondays: Karaoke
Fri 4/19: Pink Droid, VOC, Like the Morning, The Ghetto Lions, Bonnie Boy
- Grapes and Hops**
454 E. Main Street
Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm
Sat 4/20: The Ramblers (3 pm)
- Harbor Cove Café**
Ventura Harbor
Music 5-8 pm
Fri 4/19: Jill Martini & the Shrunkheads
Sat 4/20: Gary Ballen
- Hong Kong Inn**
435 E. Thompson Blvd
Sat 4/20: Midlife Crisis (1 pm)
- Keynote Lounge**
10245 E. Telephone Road
Tues, Wed and Sun: Karaoke
Thursdays: Open mic night
Fri 4/12: Reign
Sat 4/13: Studebaker Hawk
Fri 4/19: DJ-AVG
Sat 4/20: Heathers on Fire
- Leashless Brewing**
585 E. Thompson Blvd.
Thurs 4/11: Old Soul
Tues 4/16: Acoustic open mic
Thurs 4/18: DJ Honey
Fri 4/19: Grit Harbor
Limon y Sal
598 E. Main Street
Fridays: DJ
Saturdays: DJ
Sundays: Instone (1-4 pm)
- Made West Brewing**
1744 Donlon Street
Thurs 6 pm; Sat 4 pm; Sun 3 pm
Thurs 4/11: Alec Ledbetter
Sat 4/13: The Ventucky String Band
Sun 4/14: RJ Mischo & His Red Hot Blues Band
Thurs 4/18: Conner Cherland
Sat 4/20: Art of Funk
- Majestic Ventura Theater**
26 S. Chestnut Street
Sat 4/13: Latin Lockdown
- Margarita Villa**
Ventura Harbor Village
Fri 4/12: Operation 90's
Sat 4/13: Corsican Brothers
Sun 4/14: CRV
Fri 4/19: Liv Waters
Sat 4/20: The Kryptonites
Sun 4/21: Déjà vu Too
- Museum of Ventura county**
100 E. Main Street
Sun 4/14: Camarata Pacifica (3 pm)
- Namba**
47 S. Oak Street
Fri 4/12: Rachael Lynde, Jade Hendrix, Scott Borel, Ella Dritz
Sat 4/13: Charlie Baker
Sat 4/20: Will Marsh
- Oak and Main**
419 E. Main Street
Sundays: Sing Time Karoke
Tuesdays: Beers Brothers Open Mic
Thurs 4/11: Emily Piano
Fri 4/12: Marlon Hoffman Band
Sat 4/13: The Barrelhouse Wailers
Sun 4/14: Tom and Milo
Tues 4/16: Avenue Army, Kings Revenge
Thurs 4/18: Andy D.
Fri 4/19: Pet Rocks Band
Sat 4/20: Kings Revenge, The References, Sick Sick Sicks, Soup Hat, Shakey Feelin'
- O'Leary's**
6555 Telephone Road
Wed: Karaoke
- Paddy's**
2 W. Main Street
Wednesdays: Karaoke
Fri & Sat: DJs

- Plan B Winery**
3520 Arundell Circle
Sun 4/14: Vinyl Gypsies
- Red Cove**
1809 E. Main Street
Thurs 4/11: Peter Jong
- Sandbox Coffeehouse**
204 E. Thompson Blvd
805-641-1025
Thurs 6 pm, Weekends noon
Thursdays Open Mic
Sat 4/13: Kamini Natarajan
Sun 4/14: Ruby Skye
Sat 4/20: The Hellhounds
Sun 4/21: Harpecore Music
- Sans Souci**
21 S. Chestnut
Sundays: DJ Darko
Mondays: Karaoke
Tuesdays: DJ Nick Dean
Wednesdays: Open mic
Thursdays: DJ Spinobi
Fri 4/12: Inside Break
Sat 4/13: The Ripkatz
Fri 4/19: Johnny Hellhole
Sat 4/20: Black Star
- The Shores Restaurant**
1031 Harbor Blvd, Oxnard
Sundays 12:30 – 3:30 pm
Fri 4/12: Angelo Caprio
Sat 4/13: Six Gun Sons
Sun 4/14: Jose Valdez Jazz Band
Fri 4/19: Karen Eden
Sat 4/20: A Shore Thing
Sun 4/21: Angelo Caprio
- Star Lounge**
343 E. Main Street
Fri 4/12: Masters of the Past
Sat 4/13: Vanise Terry Band
Fri 4/19: CRV
Sat 4/20: The Brandon Ragan Project
- The Tavern**
211 E. Santa Clara Street
(805) 643-3264
Sundays: DJ Steezy Steve
Tuesdays: Karaoke
Thursdays: Get Right DJ
Fri 4/12: I Want My 80s
Thurs 4/18: Skating Polly, Ugly Pop, Jo Passed
- Topa Mountain Winery**
821 W. Ojai Avenue, Ojai
Music 3-5 pm
Sat 4/13: Johnny and the Love Handles
Sun 4/14: Karen Eden
Sat 4/20: Boogie Woogie Band
Sun 4/21: Sam Kulchin
- Topa Topa Brewing Co.**
104 E. Thompson Blvd
Thurs 4/11: Matt Sayles
- Ventura College**
4700 Loma Vista Road
Wed 4/10: 50 Sticks of Dynamite (1-2 pm)
- Ventura County Fairgrounds**
10 W. Harbor Blvd
Fri 4/12: Famon Ayala, Marco Flores & Banda Los Sebastianes
- Winchester's**
632 E. Main Street
(805) 653-7446
Music at 7:00 pm; Sundays at 5 pm
Fri 4/12: Sean Wiggins
Sat 4/13: Dave Blanchard
Sun 4/14: Acoustic Crossroads w/ Crooked Eye Tommy & Paddy Marsh
Fri 4/19: The Heckle & Jeckle Show
Sat 4/20
- 1901 Speakeasy**
740 South B Street, Oxnard
Fri 4/12: Frank Barajas
Sat 4/13: Gigi Worth
Fri 4/19: Rat Pack Ricky
Sat 4/20: Karen Eden
- The 805 Bar**
Ventura Harbor
Saturdays & Sundays 11 am – 1 pm
Saturdays 4-7 pm
Saturdays: Kenny Devoe
Sundays: Kenny Devoe



"Complicated" by Mary Kolada Scott and "Gale Force" by Kay Zetlmaier.

Buenaventura Art Association members Mary Kolada Scott and Kay Zetlmaier are exhibiting at D.A. Davidson & Co. Gallery. "Fresh Perspectives" will include many new paintings not seen before and will hang until June 1st. The Gallery is located at 60 S. California St. (3rd floor above Lure Fish House).



The Ceramic spotlight will shine on mugs at the Ventura County Potters' Guild Gallery (VCPG) in Ventura Harbor. Mugs from over 20 gallery members will be available for purchase on Saturday, May 18 from 5:00 – 7:00 PM. We invite our stalwart collectors and newcomers to join us for a coffee and tea reception with light snacks for this "Marvelous Mug Marketplace." Artists will be available to explain their inspirations, techniques and secrets. You can purchase your mug and immediately enjoy a cup of joe! Or just come to peruse the vast, eclectic collection made by our ceramic artists.

Mugs are a staple of many potter's wares. They are collectible (and affordable), make great gifts, and we often hear about the joy of starting the day with something hand crafted.

The VCPG Gallery is located at 1567 Spinnaker Drive, Suite 105 in Ventura Harbor. The gallery is open seven days a week from 11-6 and exhibits a vast variety of functional and sculptural ceramics. This event is partnered with a reception at the Harbor Village Gallery and Gifts.

The Ventura County Potters' Guild was founded in 1957 and continues its mission of promoting ceramic arts through the gallery, workshops, and monthly meetings. The monthly meetings are open to the public and feature ceramic demonstrations or presentations. More information at www.venturapottersguild.org



Michelle has been working in the arts for nearly twenty-five years as an artist, educator and administrator.

FOTM welcomes new staff member Michelle Glass

Focus on the Masters Archive & Library is pleased to welcome Michelle Glass as their new Executive Assistant! Michelle lives in Ventura and has been working in the arts for nearly twenty-five years as an artist, educator and administrator. She holds a Bachelor of Arts in Art Education with an emphasis in Art Studio Photography from the Califor-

nia State University, Los Angeles and a Master of Fine Arts in Public Practice (Public Art and Social Practice) from Otis College of Art and Design.

Most recently she served as the Director of Education at the Santa Paula Art Museum where she built and launched the ArtSPARK School Tour and Outreach program, Teen Open Studio, Family Day, and the Artist in Residence programs. Under her administration, programs expanded allowing the museum to increase arts access and strengthen their partnership with the community. "I am so excited to join the FOTM team in this exciting new chapter of the organization's growth!" Michelle said. She added, "It is exciting to be able to apply my skills in support of programs that acknowledge and preserve the contributions of accomplished contemporary artists and to be able to share their stories with the community."

The Focus on the Masters (FOTM) Archive & Library is celebrating its 25th Anniversary this year. Founded in 1994, FOTM is one of Ventura's premier arts organizations. Its mission is to document, preserve and present the lives and works of leading contemporary artists to the public emphasizing the importance of the arts to a healthy society.

To learn more about Focus on the Masters Archive & Library, go to www.FocusOnTheMasters.com.



A Conversation with Erika Lizée, Sunday, April 28, 3 to 4:30 p.m. at the Museum of Ventura County, 100 E. Main St.

Erika Lizée, artist and professor at Moorpark College, also serves as the director of that campus's art gallery. As such, she arranges talks with exhibiting artists about their life histories and the way their art has progressed. This month we will turn the tables on Erika. We will listen to her as Donna Granata interviews this young, perceptive artist whose work reflects, in her words, an ever-shifting and nebulous boundary between what is known and unknown. To learn about Erika Lizée, visit www.ErikaLizee.com

Free to FOTM members, \$15 for public; \$10 for seniors.

To RSVP visit www.FocusOnTheMasters.com or call 805.653.2501.

AfterGLOW Fundraising Event: Enjoy a celebratory dinner at the Ventura home of Delia Gorey & Larry Manson, immediately following the program. Paid reservations are required prior to April 22. Maps will be given to paid guests at the interview. \$30 FOTM members, \$40 Non-members.

Lighter Breeze

Zits



Tiger



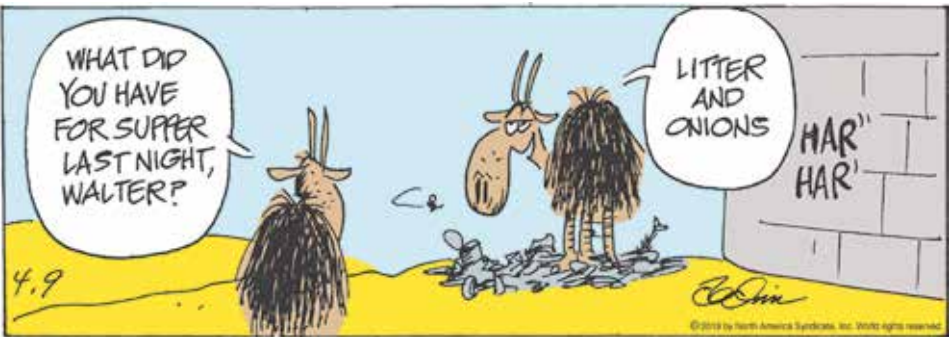
Arctic Circle



Blondie



Crock



The Unruly Old Guy



Solutions on page 19

(For a beginners guide to playing Sudoku go to venturabreeze.com)

	1			9			5
		6	5			7	
4			2			3	
		1	6			9	
2	7			8		1	
8				2			7
		3		5		6	
	4			1	8		
7			4				2

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 19

King Crossword

ACROSS

- \$ dispenser
- " — Miserables"
- Trounce
- Commonest English word
- Matterhorn
- Worn unevenly
- 2012 movie bear
- Savage
- Midafternoon, in a way
- Long-legged shorebird
- Pull an all-nighter
- Freudian concept
- Use a keyboard
- Moreover
- Rodeo outcries
- Strong adhesive
- Meal for Oliver Twist
- Moral principles
- Larry's pal
- Runs from the fuzz
- Shooter ammo
- Sharpen
- Tureen accessory
- Inseparable
- Marian, in "The Music Man"

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16		17				
18				19						
20			21		22		23	24	25	26
			27	28		29	30			
31	32	33				34				
35					36	37				
38				39	40		41	42	43	44
				45			46		47	
48	49	50	51						52	
53						54			55	
56						57			58	

- "Monty Python" opener
- Wanted-poster datum
- Hi-tech SFX
- Prepared
- Thick-soled shoes
- Slight amount
- Attempt
- Storage story
- " — Finest Hour"
- TV, radio, etc.
- Chemistry classrooms
- On cloud nine
- Parsley serving
- Vegan's no-no
- Bobby of hockey
- Luau side dish
- "Born in the —"
- Corral
- Huff and puff
- Long skirts
- Pitched
- Second person
- "Ulalume" writer
- Immigrant's study (Abbr.)
- Big Apple letters
- Past
- Moray or conger
- Sch. org.
- Resistance measure
- Practice pugilism
- Sweet Spanish wine
- Proclamation
- Jack
- Go in
- Irritable
- Glaswegian girl
- Novelist Bagnold
- Varnish ingredient
- Under the weather
- Life story, for short
- Tatter

DOWN

- Storage story
- " — Finest Hour"
- TV, radio, etc.
- Chemistry classrooms
- On cloud nine
- Parsley serving

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22) Someone close to you might ask for your support as she or he faces a demanding personal challenge. Offer it, by all means. But be careful you don't neglect your own needs at this time.

SCORPIO (October 23 to November 21) An unexpected development could put your relationship with a partner or spouse to an emotionally demanding test. But your determination to get to the truth should save the day.

SAGITTARIUS (November 22 to December 21) A recent agreement appears to be coming apart over the surfacing of unexpected complications. You might need to have expert advice on how to resolve the situation.

CAPRICORN (December 22 to January 19) Your keen business sense helps you get to the truth about a suspicious business deal. Expect to have many colleagues rally to support your efforts in this important matter.

AQUARIUS (January 20 to February 18) Someone who once moved in and out of your life through the years might now want to come back in on a more permanent basis. Give yourself a lot of time to weigh your decision.

PISCES (February 19 to March 20) Showing frustration over a delayed workplace decision might get someone's attention, but not necessarily make him or her move any sooner. Best advice would be to be patient and wait it out.

BORN THIS WEEK: You are drawn to excitement and enjoy fast-tempo music, with the more brass, the better.

LIBRA (September 23 to October

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This 'n' That



The women, Nancy Cairns, Ashley Tindall, Kylee Brown, Lindsay Griffin and Meg Boyle, ripping at the breaks in Ventura range in ages and levels of experience.

The Stoke of Nereid Spirit in Ventura

by Amy Brown

When Lindsay Griffin first started surfing back at age 12, there were far more men than women in the lineup when she paddled out at County Line, C Street and Silverstrand. “Most of the time I was the only girl,” she says. “Now there are so many amazing women surfers in Ventura.” If you go to one of the many surf breaks in the area these days, you’ll see that kind of diversity in the water—men and women, of all ages. Formerly seen as a male-dominated sport, more women than ever are out in the lineup now, and especially so in Ventura. And it’s not just here—in the last twenty years, the faces of the sport have been changing. In fact, starting in 2019, the World Surfing League became the first US global sporting league to offer equal pay to men and women competitors.

The women ripping at the wide range of breaks in Ventura range in ages and levels of experience, but share the common love of surfing, and the camaraderie of doing something challenging and rewarding—a unique and wonderful way of experiencing the ocean. There’s a steep learning curve in surfing, but most women surfers seem to be committed to helping and supporting one another. Some just have to go out in their backyard to get inspired to learn, like Mary Osborne, who learned to surf growing up at Solimar beach with her brothers. She went on to surf professionally at age 18, and became an internationally acclaimed champion long boarder. Today she is a Surf Ambassador for Patagonia and runs a successful local surf school, Mary Osborne Surf. There she teaches people of all ages, and even provides trips that include beachfront lodging, meals, professional surf instruction and daily yoga, both in Ventura and all over the world.

Her approach to teaching others the sport is unique. “I try to do things differently, I connect, talk about conditions, even before we get to the beach,” she says. “We deal with Mother Nature out there—that’s a big part of surfing.” She shares that her teaching is almost a therapeutic approach, especially if people have had trauma in their life. “I can read them, then it comes to how we’re going to work through it in the water. People are coming for an entire experience, they want to grasp the lifestyle, make changes in their lives, and be healthy, and to ex-

perience Ventura—it’s the whole package, in one lesson.”

Other surfers are from the east coast, but grew up California dreaming, wishing they could try the sport. Meg Boyle is a self-proclaimed “lake kid” from New Jersey, growing up wakeboarding and waterskiing with her dad, but had always wanted to try surfing. She moved to Ventura County recently and learned to surf just last year. She had a female friend who loaned her a wetsuit and a board and gave Boyle her first lesson at Mondos Beach last spring. “She literally stood out there in the water for hours, pushing me into waves and teaching me how to surf. I realized the nerves were all in my head! I just had fun and was instantly hooked,” says Boyle.

Griffin, a Senior Biologist/Project Manager at Rincon Consultants also teaches surfing, and has for the past ten years. “I hope that more women get into the sport and stick with it. It’s really amazing to see women out in the lineup doing their thing,” she says. When asked how to advise any woman who might have trepidation about learning to surf, she suggests, “Go out in the ocean and take a swim, and learn how the current feels and how the waves come and go. There is no rush to the finish line in surfing, it’s a personal journey, so take your time.”

Donna von Hoesslin-Pu’u has been lucky enough to format her life to allow her to surf every chance she gets, which is daily, when there’s surf. She had a mission in 2003 to create a business that would help connect people with the ocean, and her company Betty Belts, a popular Ventura store featuring custom sea glass and upcycled surfboard resin jewelry, does just that. As a member of 1% FTP (1% For The Planet), the organization gives back to a variety of ocean causes as well as innumerable local causes in and around Ventura.

Betty Belts also has a large, all-women surf team. “Mary Osborne was our first Team Rider in 2003. Back then, women’s surfing was just becoming something. It has, of course, since exploded and we’ve been supporting as much as we can all along the way,” says von Hoesslin-Pu’u. “Today we have a diverse group of local and faraway surfers, we’ve got groms, moms and grandmas on the team. I love that.”

OPERA SANTA BARBARA

Robert Ward's

THE CRUCIBLE

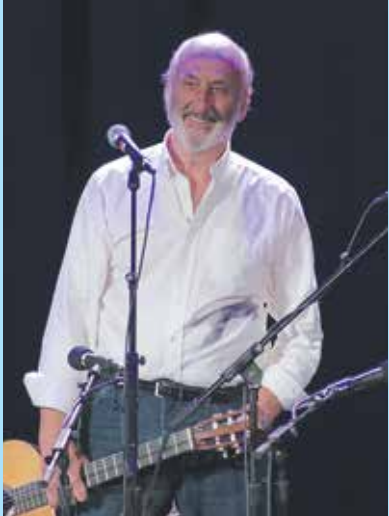
TRUTH ON TRIAL



APRIL 26 & 28

THE LOBERO THEATRE

lobero.org 805 963 0761



Back by popular demand, singer, songwriter and activist Noel Paul Stookey, a four-time Grammy Award-winner, returns to his “home theatre” Rubicon Theatre for two concerts, Sunday, April 28 at 7:00 p.m. and Monday, April 29 at 7:00 p.m.

Stookey has been altering both the musical and ethical landscape of this country and the world for decades—both as the “Paul” of the legendary Peter, Paul and Mary and as an independent musician who passionately believes in bringing the spiritual into the practice of daily life. Funny, irreverently reverent, thoughtful, compassionately passionate, Stookey’s voice is known all across this land: from the “Wedding Song” to “In These Times”.

“In These Times” Rubicon Theatre 1006 East Main St.
<http://www.rubicontheatre.org/>

The April 24 issue of the Ventura Breeze will have an exclusive interview with Stookey.

CALL & BOOK YOUR PRIVATE EVENT!
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LIVE MUSIC · BOWLING · FOOD & DRINK

4/11: BRET BOLLINGER (OF PEPPER) & THE BAD HABIT W. CYDEWAYS
4/12: QUEEN NATION - TRIBUTE TO QUEEN
4/13: UFC 236 HALLOWAY VS. POIRIER
4/13: RIGHTEOUS & THE WICKED - TRIBUTE TO THE RED HOT CHILLI PEPPERS
4/14: THE LATE ONES
4/18: THE SUPERVILLAINS W. B FOUNDATION & KYLE SMITH
4/19: AVERAGE WHITE BAND

BRET BOLLINGER & the bad habits
THURSDAY, APRIL 11TH

QUEEN NATION
FRIDAY, APRIL 12TH

UFC 236
HOLLOWAY vs POIRIER
SATURDAY, APRIL 13TH

RIGHTEOUS & THE WICKED
SATURDAY, APRIL 13TH

THE LATE ONES
SUNDAY, APRIL 14TH

The Supervillains
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Under the director of Kate Furlong, VLT Stewardship Director, volunteers from Cummins Inc. Ventura help plant an oak tree at Monarch Madness.

Annual Monarch Madness pollinator planting

On Saturday, March 30, more than 200 children, adults, birds and butterflies flited about the Big Rock Nature Preserve at Ventura Land Trust's (VLT) annual Monarch Madness pollinator planting party.

For the 4th year running, VLT partnered with SoCalGas to provide the community with a fun family-friendly morning centered on the importance of preserving local land that provides important habitat for birds, bees, butterflies and other animals.

Volunteers of all ages joined VLT staff in the Ventura River watershed to plant milkweed and other pollinator plants, learn about monarch butterflies from local expert Juliana Danaus of Monarch Arch, make milkweed seed balls and help VLT unveil "Dug," their shiny new tractor recently donated by Cummins Inc. Ventura.

"SoCalGas is committed to environmental preservation and proud

to partner with Ventura Land Trust," said Maria Ventura, SoCalGas Public Affairs Manager. "Every year the event gets bigger and better. This year we knocked it out of the park!"

Due to the rising use of pesticides and the overdevelopment of natural areas, many native bees and butterflies are on the decline. Planting events like Monarch Madness are one of the many ways VLT supports the protection of land and the animals that live on it.

"It warms my heart when hundreds of people join us on a Saturday morning to help protect local wildlife," said Adrienne Stephens, VLT Development and Marketing Director. "We host dozens of volunteer events throughout the year but Monarch Madness is one of our favorites because it allows children to make a real difference."

To learn more about Ventura Land Trust or to volunteer at an upcoming event, visit www.venturalandtrust.org/ events.

National Park Service awarded for Island of the Blue Dolphins Web Resource

The Organization of American Historians awarded Channel Islands National Park the prestigious 2019 Stanton-Horton Award for Excellence in National Park Service History at its annual conference this week in Philadelphia for the Island of the Blue Dolphins web resource.

Channel Islands National Park, in collaboration with the University of South Carolina and numerous other partners, developed the web resource as a feature called "Books to Parks," that is designed to connect students to the real places, people, and historical events

behind the literature they read.

Island of the Blue Dolphins by author Scott O'Dell is the sixth best-selling children's paperback in the United States. It is widely taught in classrooms throughout the country and has been translated into more than 30 languages.

This story, which has fascinated people for over 150 years, is loosely based on the true story of the Lone Woman, a Native American who survived in isolation on San Nicolas Island off the coast of California from 1835 to 1853.

The web resource offers a wealth of information that includes chapter summaries; research on people, places, and cultures; a digital archive with primary and secondary sources; and interdisciplinary lesson plans.

"The website targets an important and insufficiently studied historical topic, and does so in the most engaging way imaginable. Anyone who visits it will come away with a broader reflection and appreciation of the past, questioning

This 'n' That

perceived ideas and common myths," said Carole Goldberg, Distinguished Research Professor Emerita at University of California Los Angeles School of Law. "There are also interviews with a wide array of experts, from archaeologists to linguists to Native educators, and numerous maps, data visualizations, drawings, and timelines."

To expand the web resource, Channel Islands National Park offers Island of the Blue Dolphins interactive distance learning programs that are broadcast live from the park's studio to classrooms across the country. In these programs, fourth grade students learn about the most current archaeological discoveries of artifacts that were likely used by the Lone Woman.

The studio, a state-of-the-art videoconferencing system, was provided by a generous donation from Explore Annenberg LLC. The studio has significantly expanded the ability of the park to deliver Channel Islands Live educational programs.

TO YOUR GOOD HEALTH

Medication Doesn't Stop Vertigo's Spinning

by Keith Roach, M.D.

Dear Dr. Roach:

I have a terrible case of vertigo. I'm not sure what causes it or what I can do to prevent it from happening to me again. I was given two medications, promethazine for nausea and meclizine for vertigo, but still the problem persists. Can you offer some kind of help? -- J.G.

Answer: Vertigo is the sensation of movement when not moving. Although it is classically described as a spinning sensation, some people feel as if they or the world is moving in other ways.

There are many causes of vertigo, but we generally break them down into two groups: peripheral causes, from the vestibular nerve, which connects your brain with the organ of balance in the inner ear; and central causes, from the brain itself. Peripheral causes are much more common and generally are labelled "benign," even though they can be quite severe. Central causes are most commonly attributed to vestibular migraine and poor blood flow to the brainstem.

Only a careful exam and, occasionally, more sophisticated tests can reveal the underlying cause of the vertigo. The most common cause is benign paroxysmal positional vertigo, and I suspect that is what you were being treated for, having received a nonspecific treatment for vertigo. Although it is commonplace, I disagree with this treatment if it is used for more than a day or two, and then only in people whose symptoms are severe.

Most people get relief from an office treatment called the Epley maneuver. They can continue at home with other exercises. I would suggest that you ask your doctor about these procedures, and if he or she isn't familiar with them, it might be wise to consult with an expert. In any event, vertigo is a symptom that can arise from several distinct medical conditions. You should find out what your diagnosis is.

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18th Annual Festival of Talent

Continued from page 1

Ventura Unified School District faculty and staff, along with singing, dancing and specialty acts, to daring aerial trapeze performances. The event held at the Ventura High School auditorium and directed by Beverly and Kirby Ward, is the largest fundraising event for the Ventura Education Partnership (VEP), with 100% of proceeds donated to grants for individual teachers to enhance their curricula.

The audience was large and enthusiastic, and included many friends and families, and members of the school board, as well as the new VUSD Superintendent, Dr. Roger Rice. Each of the 22 performances, some of which included combinations of performances from students, teachers, and school district staff, had to pass a rigorous audition process to be selected for the show. "This year's Festival of Talent was my first and I was blown away. The talent on stage was incredible and the production flawless," said Dr. Rice. "The best part of the evening though was how strongly the community supported a program run by the Ventura Education Partnership to fund innovative units developed by teachers that will make education a more compelling experience for students. I can't wait for next year!"

Ventura Education Partnership is an all-volunteer nonprofit with a mission of connecting community resources to support and sustain innovation in education to benefit VUSD students. It has been providing grants since its inception in 1988, and in the past 10 years alone has provided more than \$1.3 million in small grants to VUSD teachers. "VEPGrants provide teachers with amazing ideas a bit of funding needed to bring innovation to their classrooms. These innovations deeply engage students in their learning, promote collaboration and facilitate forward thinking. By supporting VEP, the community is investing directly in enriching the classroom experience for teachers and students," said Madhu Bajaj, President, Ventura Education Partnership.

Some recent examples of VEPGrants include math and music students collaborating, exploring the intersection of STEAM employing skills in Science (Scientific Method), Technology (CAD software), Engineering (Design Process), Art (Music), and Mathematics (data, scale, symmetry, and ratio) at Anacapa Middle School. At Ventura High, a grant project featured the establishment of a course offered as an introduction to a career pathway in health and patient care careers, teaching biology standards using an emphasis in healthcare. A grant awarded at Lincoln Elementary School provided students with an opportunity to receive sensory input and movement as needed to increase focus, concentration, balance and performance in elementary school.

"Through the innovative projects students learn in an environment that places them at the center of their own learning. The classroom becomes a place for exploring new ideas collaboratively with their peers that stresses authentic learning in real world situations. This type of teaching allows students to not just find the right answers but to find a variety of solutions that are relevant to the curriculum being presented," shared Kathy Asher, Co-Vice President of Grants.