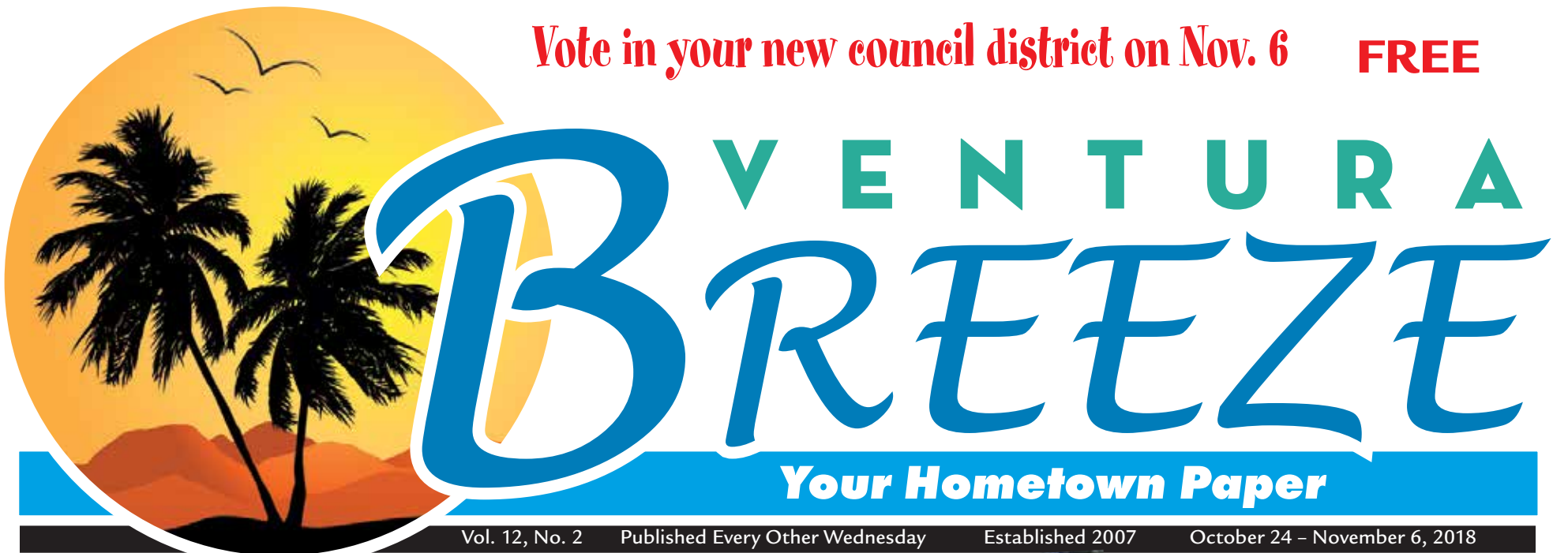


Vote in your new council district on Nov. 6 **FREE**



Vol. 12, No. 2 Published Every Other Wednesday Established 2007 October 24 – November 6, 2018



In May 2018, Susan Rungren became Ventura Water's Assistant General Manager.

Susan Rungren provides update on plans for pipeline

by Jennifer Tipton

Susan Rungren began her career with the City of Ventura in 1999 as the Utilities Engineer for the City's Water and Wastewater Divisions and has served as the Water Resource Manager for the last seven years. Mrs. Rungren obtained her bachelor's degree in Civil Engineering from Oregon State University and is a licensed Professional Engineer. She has professional affiliations including the Association of California Water Agencies of Ventura County.

In May 2018, she became Ventura Water's Assistant General Manager. In this position, Rungren shepherds key future water projects such as the State Water Interconnection Project and the VenturaWaterPure project that will maximize the reuse of recycled water. She works closely with Ventura Water, the Community Development Department, Public Works Department, as well as stakeholders and community organizations to meet long term water supply demands.

I asked if it's true the City of Ventura has been paying the state \$1M/year since 1971 for the rights to state water.

"The City has been paying for our rights to the 10,000 acre-feet since 1971. All State Water Project (SWP) contractors pay an annual fee, regardless of the

Continued on page 8



Cast members from Rubicon's production of Return To The Forbidden Planet and piano artists singing at a Downtown piano.

What the heck are pianos doing downtown?

The idea of putting the pianos downtown was that of Kirby Ward, Rubicon's new Education and Outreach Director.

The "Keys to Rubicon" piano project was inspired by a similar installation in Denver, CO. That in-

stallation has been in place for over a decade now and is one of Kirby and Beverly (the other new Education and Outreach Director) Ward's favorite parts of touring through Denver.

Beverly stated, "Kirby and I have

Continued on page 2



New police officers, Chief Corney and others at the graduation ceremony.

VPD has new officers

Nine new Ventura Police Officers graduated from the Ventura County Criminal Justice Training Center's Academy on October 12, 2018. The recruits completed 25 weeks of instruc-

tion provided through the combined efforts of local law enforcement agencies and other criminal justice entities. The intense training and education prepare

Continued on page 3



From Altrusa: Beverly Mueller, Treasurer; Sharon Knapp, President; Angel Golesorkhi, Member and Susan Leonard, Secretary (past President).

Altrusa supports our community in many, many ways

Altrusa International of San Buenaventura, Inc. has been a service organization here in Ventura since 1948. It was founded in 1917 and just celebrated 100 years. The focus of their founder, Mamie L. Bass, was literacy; however, Altrusa has also supported and donated many volunteer hours to other endeavors to better our community.

Altrusa is a 501(c)(3) charitable organization where all their services, scholarships and fund-raising projects go to the local community. Altrusa is an acronym. Amity – Loyalty – Talent – Reciprocity – Unity – Service – Achievement.

On Oct. 17, four amazing Altrusa ladies delivered a car load of school supplies to the East side's Westpark and to Anita Diaz. Even though they purchased most of the supplies at a discounted rate, Altrusa still had to pay for them.

Members have been involved in projects for women and men in transitional houses, supported Family to Family in supplying meals to folks who need them, participated in Make a Difference Day, volunteering at the Veterans Home to keep their library in order, make books available to the teens of Santa Paula through the Teen Scene Program

Continued on page 12

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COMMUNITY LEADER

She was named Ventura’s “Citizen of the Year” by the Chamber of Commerce and “Outstanding Citizen” by the California Teachers Association for her extensive volunteer work in Ventura.

ADVOCATE FOR BUSINESS

Marie spent 12 years with a Ventura public relations firm helping local businesses improve their bottom lines. She understands the importance of growing our local economy.

33 YEARS IN EAST VENTURA

Marie and her husband raised their family on the east end. **It is time for East Ventura to finally have a voice at City Hall. Vote Nov. 6!**

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Suz Montgomery, Chair, Ventura Council of Seniors • and many more!

Visit www.MarieLakin.org

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On a beautiful Saturday, October 13 the annual StoryFest was held on the beautiful lawn area at Ventura Unified School District Education Service Center located on Stanley Ave. This free event featured story-telling, book giveaways, musical activities, Truckfest (an opportunity for children to get up close and touch trucks and a fire engine and blow horns), and plenty of fun.

Local “celebrity” readers and children’s entertainment were all showcased in this learning program where young children were invited to fill their StoryFest passports by visiting six story tents and booths featuring interactive art, music, science, and physical activities. Those attending heard community celebrities read books throughout the day in each of the tents some of the tents were “Pets & Animals, Art & Music and Families & Home.” Every child who visited all of the story tents received a free book. And 2 for one books were on sale all day.

Business



Chamber of Commerce holds ribbon cutting for 101 Detailing at 1544 Morse Ave., Ventura. Photo by Michael Gordon.

Pianos downtown?

Continued from page 1
worked here at Rubicon many times and are always surprised to hear people around town ask, “What’s Rubicon?”. It catches us by surprise. The Company’s been presenting professional theatre in Ventura for 20 years and yet there are still folks who don’t know that we’re here or what we’re trying to achieve. We felt like the pianos are a terrific way to engage people on the street and either remind them of Rubicon’s presence or let them know about the Company for the first time. These pianos grab you on so many levels - visual, auditory, tactile.”

She went on to say, “I found the pianos in a couple of places - on Craigslist as well as through people who heard about the project and reached out to me. The Craigslist “free” section routinely has several free acoustic pianos listed. I contacted a bunch of owners and came up with a list of 5. Then I hired 4 strapping young men, rented a truck and we drove all over Ventura and even up to Santa Barbara to collect the pianos and get them out on the street. It was fun! Hard work, but really fun. Since the initial pianos went out, we’ve had 2 more pianos donated to the cause by The Arc Foundation Thrift Store and The Child Abuse



VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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Juries scare me.
I don't want to
put my faith in
12 people who
weren't smart
enough to get
out of jury duty.
– Monica Piper

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ It is very important that you vote for our first district specific **City Council** members on Nov. 6. This is the opportunity for those of you who feel that your interests are not always heard to have a council member who lives near you and who will show more concern for your area. Do remember though, like always, that they will still only represent one vote out of seven.

I had some apprehension about going to the council district format, but there are some very qualified people running. It did eliminate some current council members that I think are very good.

■ On Oct. 24, 7-9pm, and Nov. 8, 7-9pm, the finally completed new **Community Memorial Hospital** (CMH) will have an open house. It's an amazing hospital and a great opportunity to check it out before it officially opens, probably in mid December. There is also some wonderful art to enjoy there.

■ On this cover is an article about ALTRUSA and **Westpark**. I attended the event they held recently and was extremely impressed with the behavior and discipline of the second to fifth grade kids that were there. Not a sound from them as they entered the gym and sat on the floor in lines based upon their grade levels. Politely clapping as the ladies of ALTRUSA were introduced (even when I was as well). I think this is a real tribute to Anita Diaz and her amazing staff.

And I still feel that Westpark is the best family-oriented park in Ventura.

■ Our new City Manager, **Alex McIntyre** received unanimous council approval of his contract so he starts out with a good chance of council support (our previous City Manager was approved 4-3). Even though he is the "boss" he still answers to the City Council.

With a new city manager and at least three new council members this could be an opportunity for new and fresh ideas coming from City

Hall. Maybe even a new look at legal marijuana stores here and the large tax revenue that they can bring.

■ Eugene Robinson, of the Washington Post Writers Group writes, "President Trump's constant, relentless, remorseless lying is a central feature of his presidency, an unprecedented threat to our democracy and, in my view, an impeachable offense."

■ Even after his death, at age 76, **Stephen Hawking** remains a major thinker and brilliant scientist. In his new book, which was completed by his family after his death, he answers questions that he received most during his life.

A few of his answers:

"Alien life is out there, artificial intelligence could outsmart humans and time travel can't be ruled out."

"There is no God. No one directs the universe. For centuries, it was believed that disabled people like me were living under a curse that was inflicted by God. I prefer to think that



The "cafeteria" at the new CMH might actually be a good place to eat with their nice outdoor patio.

everything can be explained another way, by the laws of nature."

"There are forms of intelligent life out there," he writes. "We need to be wary of answering back until we have developed a bit further."

"Travel back in time can't be ruled out according to our present understanding," He also predicts that "within the next hundred years we will be able to travel to anywhere in the Solar System."

■ In our next issue, we'll announce our first (in conjunction with the Ventura Chamber of Commerce)

"**Ventura's favorite food and drinks.**" So be sure to enter your vote for your favorites to show local vendors that you appreciate their fine food and drinks.

■ There seems to be a lot of depression these days. If you, or someone you know is struggling with depression or has had thoughts of harming themselves or taking their own life, help is available. The National Suicide Prevention Lifeline (1-800-273-8255) provides 24/7, free, confidential support for people in distress, as well as best practices for professionals and resources to aid in prevention and crisis situations.

■ "We need to get rid of the **homeless.**" We hear that constantly but just saying that really won't get rid of the homeless. Some type of housing that provides an opportunity to get their lives back on track is necessary. Especially with the special care needed for the homeless mentally ill (about 1/3 of the homeless population).

I know some say, "Why should those bums have free housing when I need to pay for mine." I certainly understand this but we can't have it both ways. Can't complain that they are out there and then also complain about the solution.

Homeless housing doesn't need to be luxurious. During the Thomas Fire, buildings at the fairgrounds provided shelter for the displaced with cots and portable toilets. There are even portable showers that could be provided.

I'm sure most homeless worked at some time in their lives. Maybe if they were cleaned up, given decent food and counseling they could go back to work.

I know it is all about the funding. The council is working out terms with the county to lease 2323 Knoll Drive for a year-round homeless shelter. It will cost an estimated \$4 million to convert the building into a residential facility,

If you have better ideas and solutions I sure would like to hear them. As would the City Council.

Mailbox

Editor:

The Clean Power Alliance is made up of 31 jurisdictions and the counties of Los Angeles and Ventura, awarded Calpine Energy Solutions a four-year contract to provide data management and call center services to an initial 1 million customers.

Ventura, Camarillo, Moorpark, Ojai, Oxnard, Simi Valley and Thousand Oaks have joined the Clean Power Alliance, which offers an alternative to Southern California Edison and other traditional power companies.

So, how does this affect fire protection / safety if fire fighters have no power or water pressure as we saw during the Thomas Fire? More generators and pumps on fire trucks?

Is it So Cal Edison's call over Clean Power Alliance to discontinue service?

Love your coverage and always look forward to reading the Breeze. Happy Anniversary and Thanks!
Mike Merewether
Ventura

Mike:

Only Andre-Marie Ampere might know

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Lock Your Cars Lock Your Cars Lock Your Cars No matter how many times you see this message, some of you just don't get it. You complain that people take things out of your car at night, BUT you don't lock your car!!! People roam around my neighborhood at night, and cars are ransacked due to the fact they are not locked!!! Lock you cars please. Maybe if they find No Unlocked Cars they might stop roaming around!

Sally Fisher

Even if you do lock your car don't leave anything that you value in it. Amazing the valuables that people leave in their cars..

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

The Ventura Breeze is looking for account executives to sell advertising space to businesses and professionals in Ventura. Part or full time. Contact editor@venturabreeze.com for more details.



City News



While at Montauk, Long Island, NY with East Coast Carol and West Coast Jonell Arts Patron winner Patti Channer kept up with Ventura’s art scene by reading the Breeze.

2018 Mayor’s Arts Awards Recipients announced

The City of Ventura’s Mayor is pleased to announce the winners of the 14th annual Mayor’s Arts Awards. These recipients will be honored at a reception on Thurs. Nov. 8, from 6:30-8:30 pm, at the Museum

of Ventura County. The public is invited to attend as the honorees are recognized for their achievements and contributions. The winners include a steadfast patron of the arts; a 2018 Artist of Distinction for



Dr Sutton,
Neurologist,
lecture
at the
“House”.

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Ventura’s ArtWalk; an entrepreneur who coordinated the Thomas Fire Quilt Project; a leader in the arts who has brought a fresh artistic perspective to the Museum of Ventura County; an inclusive educator whose love for the arts is contagious; an emerging artist whose photographs are diverse and timeless and a student artist who received a full scholarship to the San Francisco Ballet at the young age of 14.

The 2018 Mayor’s Arts Award winners are: Arts Patron: Patti Channer, Artist in the Community: John White, Creative Entrepreneur: Kelly Stevens, Arts Leader: Elena Brokaw, Arts Educator: Stefoni Rossiter, Emerging Artist: Broc Ellinger, and Student Artist: Jasmine Duncan.

The City of Ventura Mayor’s Arts Awards was established in 2005 and recognizes the contributions to the cultural community by city residents, artists, educators, organizations, and business leaders.

Homeless voting

Did you know? In California, someone who is homeless may register to vote at a location they state is the place where they spend most of their time. The person must provide a description of the location that is clear enough for the elections official to establish that person’s right to vote in a particular precinct. This ensures accurate elections materials can be provided to this voter. In these instances, a mailing address needs to be provided (i.e. shelter or day center) in order for the voter to receive election materials.

The National Coalition for the Homeless has a few guidance documents for nonprofits to promote voter registration: nationalhomeless.org/campaigns/voting/

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Ojai Events

The Ojai Film Festival annually honors an actor and a cinematographer for a lifetime of outstanding works. The Lifetime Achievement Award for Acting goes to Ojai local Malcolm McDowell who is recognized for his six-decades of cutting-edge work.

This year's recipient for the Lifetime Achievement in Cinematography goes to one of the first women members of the American Society of Cinematographers, Ellen Kuras, ASC, widely regarded as a pioneer for all filmmakers.

Filmmakers need financing. It's that simple. This has been a problem for more than a century. Emily Best, the leading online fundraiser who brought in millions for new films, will speak on "The Art of the Pitch" at the Ojai Film Festival, November 3.

This seminar is part of the Film Festival's Professional Development sessions that includes Legal and Business with Laura Caulfield, in-depth with Ellen Kuras, ASC, Action in Film with stunt coordinator John Branagan, and Loving Vincent, a screening of the Academy Award nominated animation and demonstration session with artists/animators Tiffanie Mang and Charlene Mosley.

Tickets are available for the McDowell screening, Q&A and reception, Ms. Kuras' seminar on cinematography, the Awards Brunch and other seminars and screenings at: OjaiFilmFestival.com. The Festival runs November 1 - 11.

The Beatrice Wood Center for the Arts will present BeatoFest, on Saturday, November 10th. This day-long event will begin at 10 am with artists exhibiting work on the back patio of the Center, presenting an opportunity to meet and acquire work directly from the artists. Live music will be presented throughout the day.

At 2 pm, there will be Opening Receptions for two new exhibitions. Intersection: Art & Life is being presented in the Beato Gallery in conjunction with the

publication of a book of the same name, written by Kevin Wallace, director of the Center. In Logan Gallery, there will be an exhibition of artist/members of the Ventura County Potters' Guild.

At 7 pm, there will be a free poetry reading in Logan Gallery by Dana Gioia, the Poet Laureate of California. For more information, visit beatricewood.com or call (805) 646-3381.

Beatrice Wood Center for the Arts is located at 8585 Ojai-Santa Paula Road.

On October 28, Sunday night, Ojai Jazz Concerts presents Tony Pulizzi on, Anthony Crawford on bass and Stacey Lamont Sydnor on drums at The Ojai Art Center, 113 S. Montgomery St. 805-746-0936. Doors open at 6:30 pm. Free parking across the street at Cafe Emporium. Tickets are \$30 online and \$35 at the door. Buy tickets at www.oaijazzconcerts.com.

Alex Murad, director of animal welfare at Rancho Grande, announced the formation of the Rancho Grande Scholarship Fund on Behalf of Animals. The fund will provide an annual award of \$5,000 in tuition assistance or other school expenses to the winner of a 500-word essay on the importance of protecting the rights and welfare of animals.

The first award will be made in August 2019 for the 2019-20 school year. In its first year, the award will be restricted to students attending the Besant Hill School because of its small size, well-rounded and well-respected reputation, and its willingness to create opportunities for all of its. In future years, the program may be expanded to other private high schools in Ojai. Applications are due no later than July 1, 2019 and can be emailed to Alex@ranchogrande.com.

The winning applicant's essay will explain the writer's thoughts on animal care and describe what enhancing the wellbeing of animals means to them.

Community Events

Ventura events

by Ana Baker

Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing. \$10 members, \$12 non-members. Dance lessons 6:45 - 7:15 \$5 for couple \$3 for single. Call Rick 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

Ventura's ACBL Duplicate Bridge

Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at www.vcbridge.org

Country Western Line Dancing every Tuesday 7 - 9 p.m. Instruction every night. Located at the Moose lodge, 10269 Telephone Road. More information at countrylovers.com.

The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main. Visitors and potential members are welcomed.

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*“Having worked for
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these past 11 years,
I bring experience.*

*As a business owner in
Ventura these past 24 years,
I bring common sense
and a fresh perspective.*

*I will lead with creativity,
a collaborative spirit,
compassion, and civility.”*

Community Events

There are no dues or requirements to participate, and all levels of experience are welcomed.

Retired men enjoy a visit to a meeting of the Ventura Retired Men's Group at the Ventura Elks lodge at 11:30 a.m. on the first or third Tuesday of the month. Stop in and introduce yourself for a complimentary lunch, interesting program, and a relaxing good time with your peers. Give Bob Likins a call at 805-587-1233 for details

Musicians' Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 7-9 p.m. Bring acoustic instrument(s) for jamming after sharing support for sobriety. Bell Arts-Studio 39-432 Ventura Ave. For further information A.Friend.In.Deed. Ventura@gmail.com.

The Ventura County Philatelic Society meets on the first and third Mondays eachmonth at 7:30 p.m. at the Church of the Foothills, 6279 Foothill Rd. Admission and parking are free. Come for a great evening. They are a fun group. Contact: Bill Garner / (805) 320-1601 or sockonthenose@gmail.com

When a child dies The Compassionate Friends provides a safe and supportive place where grieving parents, grandparents and siblings over age 16 can come speak openly, express feelings about loss, be listened to by others, and celebrate milestones. Meeting twice a month, on the first and third Wednesday from 7-9 pm at the Poinsettia Pavilion. On the following dates Oct 17, Nov 6, Nov 21, Dec 5, Dec 19. For more information Laura Lindsay, tcfventura@gmail.com,

Co-Dependents Anonymous (CoDa) is a 12-step fellowship of men and women whose common purpose is recovery from codependence in the development and maintenance of healthy relationships. Every Friday at 6 PM at Kaiser Health, 1000 Hill Rd. 2nd floor lobby. Further information Deva 805-814-5650.

Oct. 24: The College area Community Council will meet on Wednesday at 7 p.m. Council meetings include speakers and discussion on topics of neighborhood, community interest, public safety and economic development. Wright Event Center at 57 Day Rd. Free parking is available adjacent to the Event Center. Call (805) 644-8695 for more information.

Oct. 24: The Teen Advisory Group (TAG) of the E.P. Foster Library invites kids and teens of all ages to a free, haunted library experience Horror in the Stacks on Wednesday from 7:30 – 9 p.m. Children under the age of 9 years old, must be accompanied by a parent, older sibling, or guardian. Travel through the haunted maze of ghouls, clowns and more at this spooky haunted house. Contact Susan Mikula, Children & Teen Services Manager, at (805) 218-3592. 651 East Main Street

Oct. 24-27: Grand reopening at the Seniors Craft Shoppe. Goodies to hand out, a raffle for gift certificates and merchandise and various members on hand to discuss their handcrafted items. 429 E Main St, (805) 643-3059

Oct. 25: The local chapter Portuguese Fraternal Society of America will hold its monthly meeting on Thursday. This meeting is open to any

person of Portuguese descent or interested in the Portuguese culture. Marie Calendar's Restaurant, 1295 South Victoria Ave. at 11:30 a.m. for a 12 p.m. no host luncheon/meeting. Cora Corella at (805) 483-6285, or, Yvonne Westervelt at (805) 483-4168.

Oct. 25: Ventura County Bird Club presents wanderers of continents bird migration through central Europe with Havasi Wilderness Foundation. www.havasiwf.org. See the exciting journey with birds as they migrate to and from Africa to Central Europe. Thursday at 7 p.m. at the Ventura Moose Lodge 1394, 10269 Telephone Road (805) 488-6244.

Oct. 25: Local Authors Booth at the 15th Annual Latino Business Expo, Thursday, 3- 8 p.m. at the Ventura Fairgrounds. Local authors James F. Gray, Mike Kennedy, and Maryann Ridini Spencer. Find out more about the event at latinoexpousa.com. Entrance Fee: \$10, parking \$5.

Oct. 25: Noted comedian Denise Carter hosts a comedy fundraiser for the Community Advocacy Coalition's community-based radio station 99.1 FM. rhythmofthecoast.

com. Thursday, at 8 p.m. at the Ventura Harbor Comedy Club. Tickets are \$20 and can be purchased at <http://rhythmofthecoast.com> or at <http://ventura-harborcomedyclub.com>. For more information, contact Denise Carter at (805) 300-4301.

Oct. 26: Halloween Ghost Walk 7 - 9 p.m. This holiday tour will tell the many stories of ghosts in Ventura County and places you can go to encounter a stray phantom. The tour features hauntings great and small from the musical phantom purported to be Johnny Cash, to the ghost Monk of Fr. Senan. Hosted by Ghost Hunter and Story Teller, Richard Senate. Bank of Books 748 E Main St. (805) 643-3154. Fee \$6 per person.

Oct. 26: Ventura County Bell Arts Song Circle (4th Friday of each month), 7- 10p.m. Songmakers.org welcomes instrumentalists, singers, and singer/songwriters at all levels to join in a free song circle Bell Arts Factory Community Room, 432 N. Ventura Ave. Listeners are welcome. Mike Wittlin, (805) 750-8281.

Oct. 26, 27, 28: Ventura Jubilee Festival

Continued on page 22

Gentlemen, I give you "Gumshoe."

Written in the first person, you are John L. Peterman III, Esquire.

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A great fireside read!



Community Events

Triad Properties hosts 3rd Annual Haunted Housing Run/Walk

Triad Properties, an affiliated nonprofit management company of the Housing Authority of the City of San Buenaventura (HACSB), is hosting their 3rd Annual Haunted Housing Run/Walk on Saturday, October 27, at Ventura State Beach (901 San Pedro Street). The event consists of a 5k, 10k, and a free Kids Dash.

This event raises vital funds for the HACSB'S Scholarship Program, which provides six scholarships per year to residents of the HACSB's public housing and affordable housing communities, and participants/household members of the Housing Choice Voucher Program who are attending/will be attending a four-year college/university, community college, or technical/vocational school in the fall.

Event Sponsors include Henderson & DeJohn, LLC, Pacific Western Bank, S.L. Leonard & Associates, Inc., and Southland Civil Engineering & Survey, LLP.

The Ventura Police K9 Unit and its members are the 2018 Grand Marshals and will kick off the 5k/10k races.

The races are professionally timed and awards will be given for top three finishers in each race and best costume.

The course is flat which makes it runner, walker and stroller friendly. There will be a face painter, photo booth, jumper and more at the finish line. Come dressed in your best costume and enjoy a great event benefiting HACSB's Scholarship Program, we hope to see you there!

Can't attend? You can still support this wonderful community event by making a donation or becoming an event Sponsor. For more information, including registering to run/walk, please visit: www.hauntedhousingrun.com.

The HACSB is the largest residential landlord in the City of Ventura, with 376 public housing units, more than 1,500 Section 8 vouchers, and over 450 nonprofit affordable rental units. The agency is actively working to increase the supply of affordable housing and to improve the quality of life for many more low-income residents throughout the City of Ventura.

Ventura Police Community Foundation announces hero selections

The Board of Directors of the Ventura Police Community Foundation proudly announces the first annual Heroes Among Us Gala presented by the Players Casino. The event will take place on November 3, from 5:00 p.m. to 11:00 p.m. at the San Buenaventura Mission. The Foundation will recognize community members or groups, who through their personal or professional life, have displayed selflessness, dedication and compassion, making a positive impact in Ventura and beyond. The evening will include a silent auction, cocktails and hors d'oeuvres reception followed by dinner, ceremony and dancing.

Heroes were selected through a nomination process. Heroes are community members who have done extraordinary things to make Ventura a better place! Join us as we recognize those who are making a lasting impact in our community.

The 2018 Heroes include: Frank Padilla, Mark Kirwin, Lisa Marquez, Mel Sheeler, John Karayan, Simone Covault.

The First Memorial Honor Detail Ron Matthews

The Chief of Police Honorary Hometown Heroes include:

Jason Collis, Tim Kilcoyne, Jim Monahan, Judy Devine, Mark Hartley.

The mission of the Ventura Police Community Foundation is to foster and support programs and initiatives that strengthen a safe community and enhance the quality of life in Ventura.

Foundation programs include:

Youth Programs: Positive and proactive opportunities such as the Ventura Police Activities League which supports after school programs and youth mentoring designed to reduce crime-related risk and help disadvantaged youth.

Community Partnerships: Projects

that enhance the relationship between the community and the Ventura Police Department.

Public Safety: Initiatives that address specific public safety needs, improve police effectiveness and officer safety through specialized equipment, technology and other innovations.

For more information please call 805-339-4317 or visit www.venturapolicefoundation.org

Teaching teen drivers how to be safe

The week of October 21-27, 2018 is National Teen Driver Safety Week, and the Ventura Police Department wants to remind parents and guardians the importance of talking to their teen drivers about new responsibilities and rules that come with operating a vehicle.

"For teens, getting a license is a rite of passage tied to freedom and independence, but is also something that can be dangerous because teens lack experience behind the wheel and are more likely to take risks," said Traffic Sergeant Michael Brown. "National Teen Driver Safety Week is a way to encourage all parents to instill good driving habits that help their teens stay safe on the road."

The reality is that vehicle crashes remain the leading cause of death for teens ages 15 to 18. According to data from the Statewide Integrated Traffic Records System (SWITRS), there were 73,736 crashes in 2016 involving drivers 16 to 20 years old in California alone. In those crashes, 437 people were killed.

Throughout the week the Ventura Police Department will join the California Office of Traffic Safety (OTS) in offering tips to parents and caregivers on how to talk to teens about the consequences of making dangerous and illegal choices behind the wheel.

Graduated Driver License (GDL): Learn about California's GDL laws, which place

restrictions on passengers and driving late at night during the first year they have a license.

Lead by example: Practice safe driving yourself. Have practice driving sessions with your teen.

Set Ground Rules: No cell phones, no passengers, no speeding, no alcohol, no drowsy driving, and always buckle up. No keys until they know the rules. Establish consequences you will enforce if your teen breaks the rules.

With driving comes great responsibility: Remind your teen that driving requires your full attention. Texts and phone calls can wait. Teach them about zero-tolerance laws, and the adult consequences they face for driving after drinking or using drugs. Urge them to never ride with someone who has been drinking or using drugs.

"Whether it's drinking and driving, not wearing a seat belt, speeding, driving distracted or with friends in the car, it's important for parents to let their teen know that driving is not a right, but a privilege," said Traffic Corporal Al Gomez. "It can be taken away when they don't follow the rules."

To learn more about teen driver safety, visit the Governors Highway Safety Association (GHSA) website at <http://ghsa.org/html/issues/teens/index.html>.

AIDS quilt panels on display

Four 12x12 foot panels from the famed AIDS Memorial Quilt will be displayed at the Unitarian Universalist Church of Ventura, 5654 Ralston Street on Sunday, October 28 from 9:30 to 12 as part of an annual service of remembrance. The Rev. Dana Worsnop, senior minister at the church, said, "We are honored to be among the venues where the Names Project Quilts will be displayed during AIDS Awareness Month. We invite the community to join in our service, 'Remember Their Names,' where we will embrace all those we have lost to AIDS."

The quilt panels, which have not been displayed publicly in 20 years, are being brought out by the Quilt Project Gold Coast, a bi-county nonprofit that uses quilt panels to "remember the names" and create awareness around HIV/AIDS prevention and history.

Contributions to offset the cost of the campaign, such as fabrics and other materials, are welcome by contacting Quilt Project Gold Coast at (805) 569-0561.

Susan Rungren provides update

Continued from page 1

amount of SWP water received, to help pay for the system and ongoing maintenance costs. The annual fee varies, but the cost to the City has recently been about \$1M/year. The City has taken advantage of the opportunity, when available over the years, to recoup a portion of these costs by transferring our annual allocation to other SWP contractors."

Is there consideration of dropping the pipeline?

"Although this has been discussed over the years, the City considers State Water as an important supply source to improve system reliability. The City currently depends fully on local water supplies consisting of surface water from the Ventura River and Lake Casitas, groundwater from three local groundwater basins, and

recycled water from the Ventura Water Reclamation Facility. These supplies have been sufficient to meet demands to date, but continued drought conditions, heightened environmental requirements, compounded by continued population growth are threatening the City's ability to meet water demands and will require supplemental supplies."

Where will the state water come from once the pipeline is built?

"The State Water Project is a water storage and delivery system of reservoirs, aqueducts, power plants and pumping plants that starts in Northern California and extends south more than 700 miles – 2/3 the length of California. The nearest SWP wholesaler to the City of Ventura is Calleguas Municipal Water District. Calleguas imports and distributes water from Metropolitan Water District, water that arrives via the SWP. The proposed connection point to Calleguas system is near their Springville Reservoir facility, located in the southwest portion of the City of Camarillo."

Have we started to build the pipeline?

"We have begun the studies at this time. The City of Ventura in conjunction with Calleguas, the United Water Conservation District and Casitas Municipal Water District recently completed a Pipeline Alignment Study. We are now preparing an Environmental Impact Report for the preferred alignment. Upon completion of the environmental documents, the next steps before construction can commence will be completion of agency agreements, right of way agreements, permits and project design."

Will the pipeline increase Ventura's water supply?

"Although the City's entitlement is 10,000 acre-feet per year, this allocation is subject to availability as established by the Department of Water Resources. Based on historical allocations, the range of available SWP water has been 5% to 100% over the last 25 years. The water projected to be delivered by the SWP is not being considered as a reliable means of increasing water supply volume for the City on an annual basis but will give the City flexibility to utilize SWP when it is available in lieu of water from Lake Casitas, groundwater or Ventura River water. Additional benefits to the City include improving water quality and providing an emergency/backup supply for Ventura Water's proposed reuse project, VenturaWaterPure."

Would water delivery fees from the state cost extra once the pipeline is completed?

"Yes, additional payments are made by each SWP based on the amount of SWP water delivered to their agency."

Lastly, once the pipeline is completed, will our water bills go down?

"Ventura Water is owned by the City of Ventura and its water and wastewater customers. The water and wastewater functions are enterprise business entities that do not make a profit and their expenses and revenues are accounted for in proprietary funds, separate from the City's General Fund. Customer rates must generate sufficient revenues to sustain operations, maintenance, debt payments and capitol improvement projects as well as the costs of oversight and administrative functions performed by the City. Every dollar paid is invested locally to ensure that our community continues to have reliable, quality water services today and into the future. The rate increases are needed to keep pace with inflationary expenses, renew our aging pipelines, facilities and growing regulatory and environmental compliance requirements."

Anticipated completion for the pipeline is 2022 – 2023.

News & Notes



Wells Fargo volunteers pitched in to help with Thomas Fire recovery efforts at the Big Rock Preserve.

VLT awarded \$10,000

Ventura Land Trust (VLT) was recently awarded \$10,000 from Wells Fargo & Company (NYSE: WFC) for Thomas Fire recovery activities at the Big Rock Preserve in Ventura. VLT’s Big Rock Preserve, located off Highway 33 in the Ventura River watershed, was hard hit by the Thomas Fire, losing 85% of the more than 1,000 trees and plants the nonprofit had planted on the property. In addition, there was damage to trails, tools and wildlife habitat.

VLT will use the funding to replant many of the trees and plants that were burned in the Thomas Fire. For the past ten months, community volunteers have participated in restoration work days at Big Rock, on Saturday, Sept. 21, a group of Wells Fargo employees volunteered to water newly planted flowers and trees and spread mulch to help prevent the spread of invasive plants and keep the new plantings hydrated.

“We are very grateful for Wells Fargo’s support of our Thomas Fire recovery efforts,” said Derek Poultney, VLT Executive Director. “Thanks to financial help from companies like Wells Fargo,

combined with the efforts of concerned community volunteers, there is lots of regrowth at Big Rock and the preserve is making a beautiful comeback.”

In March, 2018, Wells Fargo committed \$800,000 to help in the recovery efforts related to the Thomas Fire and Montecito mudslides. VLT is one of many nonprofit organizations that has benefited from the company’s commitment to rebuilding and revitalization in the region.

Ventura Land Trust (formerly Ventura Hillside Conservancy) is dedicated to permanently preserving and protecting the land, water, wildlife, and scenic beauty of the Ventura region for current and future generations. Founded in 2003, the 501(C)(3) non-profit organization is supported by over 600 members, local businesses, and government partners. Ventura Land Trust manages 90 acres of land along the Ventura River and is negotiating the purchase of its first hillside property. Ventura Land Trust’s offices are located in the Poinsettia Pavilion, 3451 Foothill Rd.

Sneaky little scary enemy in the house!

by Kevin O’Connor

Several months ago, one of my neighbors told me a scary story. She and her husband did not know that her very young daughter had made a “friend” of a sneaky little enemy that had invaded their house. The little girl had been feeding a mouse.

The mother said, “I told her, Honey, that mouse could have bitten you. But children are so innocent and naive—she thought the mouse was her friend who would never bite anyone.” Fortunately, the little girl had not been bitten, and the parents immediately called for professional help to rid their property of mice.

But let’s find out why this “cute little mouse” (the child’s words) could have been very dangerous. For example, a surprisingly high percentage of the white-footed mice collected last summer in Howard County, Md, in an Agricultural Research Service (ARS) Areawide Integrated Tick Management Project, turned out to be infected with the bacteria that

cause Lyme disease.

The high rate of white-footed mice infected with *Borrelia burgdorferi*, the bacteria that cause Lyme disease, in Howard County — just over 50 percent of captured mice — was a little surprising to ARS project leadership. Then it was demonstrated that white-footed mice elsewhere in the USA have infection rates as high as 80 percent.

What may this mean for homeowners? Professionals would advise caution on several levels. For example, unwittingly, people often make mistakes. So, which category might you be in when it comes to the most common mistakes homeowners make regarding rodent prevention? Consider:

- 17% of homeowners leave trash bins uncovered.
- 25% of homeowners place trash and recycling bins curbside on non-designated pick-up dates.
- 30% of homeowners do not properly seal pet food stored in garages.
- 30% of homeowners have doors and windows that are not tightly sealed.
- 22% of homeowners are not keeping vegetation trimmed and manicured.

However, the most helpful advice and solution we can offer is to warn families to call the professionals for help as soon as you become aware of a potential pest

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Rocknockers are coming!

The Stone Foundation, an international organization of stonemasons and stone artists who built the Japanese Castle Ramparts and the International Dry Stone Wall in

Grant Park is returning to Ventura for Stonework Symposium 2018. This annual gathering of the Stone Foundation is being organized in collaboration with Art City Studios of Ventura.

The Symposium will consist of presentations as well as demonstrations, the installation of a communal public art project, and what the Rocknockers call their ‘Lithic Olympics’—stonework-related games such as a Wheelbarrow Steeplechase, Lithibolos (bocce with stone balls) and Stone-Stacking contests. The Presentations, by experts in the fields of stonework and stone art, will take place at the Ventura County Museum. For details about the Presenters and the subjects of their presentations visit <https://stoneworksymposium2018.net/presentations.php>.

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News & Notes



Mark Lunn talks about the election process with Bill Nash of VCNC.

CAPS Community News

by Elizabeth Rodeno

CAPS Media has been supporting Ventura's county clerk and registrar to inform you of the upcoming elections. The latest award-winning Ventura County News Channel's production explains the voting process. Go to their website: www.vcnewschannel.com for helpful information. Your mail-in ballot should be in your post box. Don't forget you may need extra postage to mail it.

CAPS Media's website is one of your go to places for non-partisan election information. Go to the video tab on our webpage where we have over 30 videos including statements from all the candidates running for local office and coverage of local forums and ballot propositions.

ECTV, the program created by the El Camino High School students have prepared their own public service announcement entitled Why We Should Vote? You can find it airing on CAPS Channel 6 & 15. It was highly praised by the VUSD at a recent board meeting. They are currently producing a bi-lingual talk

show featuring Spanish speaking community members, politicians and artists as guests.

We continue airing the Thomas Fire Stories project every Friday at 6pm with back to back episodes on CAPS Channel 6. CAPS Radio - KPPQ-LP is broadcasting them regularly on 104.1fm and on the myTuner app available on your phone and smart speaker. UC Santa Barbara's radio station KCSB FM has included our Thomas Fire Stories project in their broadcast schedule every Thursday at 5:30pm. They broadcast at 91.1 fm if you are traveling North.

The Ventura Police Department has been spending time in our studio interviewing community heroes for their upcoming Heroes Among Us Gala. As devoted storytellers, we are thrilled to get to share in yet more stories of the heroic community members who went above and beyond the call of duty during the past tumultuous and tragic year.

We send out a big congratulation to Sheldon Brown and his Ventura Breeze for 11 great years of community engagement. The articles, photos and commentary are vital to our community. We are proud to part of the local media voice along with the Breeze. Congratulations.

Community Member engagement is CAPS Media Center mission. We are here to support members in creating an informed and educated community through electronic media. Both our television channels and radio are venues to share stories and ideas with the community. Become a member, take the Orientation, enroll in classes and create powerful and entertaining media to share with us.

Orientation classes for media makers are held the first Thursday of every month, radio training is held the 4th Wednesday of every month. Go to capsmedia.org for more information.



News & Notes



Volunteers came to Casa Pacifica for priming and painting.

Casa Pacifica participates in United Way’s Day of Caring

Casa Pacifica Centers for Children and Families participated in United Way’s Day of Caring on Saturday, September 29th. United Way’s Day of Caring connected hundreds of volunteers to community organizations like Casa Pacifica throughout Ventura County.

Volunteers from Wells Fargo came to Casa Pacifica to complete the Day of Caring project – priming and painting the fence that surrounds Casa Pacifica’s Camarillo campus. “This is an annual thing for us, Wells Fargo always participates in United Way’s Day of Caring. Some team members even brought their family and friends to help too. It’s a nice day to spend together,” said Wells Fargo volunteer Renee Montiel.

Morgan Piehn, Casa Pacifica’s Volunteer Coordinator said, “We appreciate United Way creating this day of service and bringing nonprofits together with people who want to help. The Wells Fargo volunteers that came helped us maintain a beautiful home for our children. We couldn’t do it without our community.”

Casa Pacifica Centers for Children and Families is a crisis-care and resi-

dential treatment facility for foster or at-risk children in Ventura and Santa Barbara Counties. The agency is the largest non-profit provider of children’s mental health services in both counties and administers a number of community-based programs designed to strengthen families and keep children in their homes and communities. For more information about Casa Pacifica visit its website www.casapacifica.org or call the Development & Public Relations Department at (805) 445-7800.



The event is a noncompetitive, therapeutic bike tour.

Wounded Veterans and First Responders to cycled from Santa Cruz to Ventura

More than 50 wounded veterans and supporters entered Ventura as part of the UnitedHealthcare California Challenge. The ride benefits Project Hero, a nonprofit that helps veterans and first responders affected by injury,

Continued on page 28



Shortly before 1 am, on Sunday morning, Oct.21, a two alarm fire broke out in Cabrillo Village (in East Ventura). The blaze resulted in several major injuries, two houses consumed by fire, and an adjacent home damaged.

Two homes had significant fire activity upon the first apparatus arrival. Numerous cars were fully engulfed in fire as well.

Four people were injured, reportedly all from the same house that initially caught fire. Two of the residents were in critical condition, with the other two sustaining moderate injuries.

Powerlines fell along the side of a row of homes that were threatened, exposing arching wires that hampered firefighting efforts.

A total of 15 people were displaced due to the incident. The Red Cross arrived on scene and provided assistance to the victims of the fire. Initial estimated damages are well over \$500,000, not including vehicles.

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News & Notes



Anita Diaz, Westside Youth Programs Coordinator Westside Community Center, with the wonderful PEAK kids.

Altrusa supports our community

Continued from page 1

at Blanchard Community Library, have read to students on "Cat in the Hat" Day and other projects over the years.

Altrusa International has clubs in eight countries. Altrusa's mission statement is "Our country is as great as we, it's citizens make it. Therefore, we pledge our loyalty to its ideas and its endeavors for the welfare of mankind. We strive to fulfill our civic obligations."

Altrusa offers to the business and professional people of the community an opportunity to touch each other's lives and be broadened by an interchange of interests and by a sympathetic consideration of the viewpoints of others. They are always seeking volunteers (and contributions).

Regarding their relationship with Westpark, Susan Leonard stated, "Our partnership with Westpark has existed for nearly twenty years. We started our relationship at the request of one of our members, Margot Martin. Margot was a strong volunteer force in the City of Ventura and was famous for recruiting our club to join her on her journey. The club started our support of the children of Westpark by donating school supplies. Children need "tools" to learn, so this project was a good fit of our club. A few years ago our members gained the renowned title of "the pencil ladies". Since then we have made other contributions as needed to help the center grow under the direction of Anita Diaz. We have seen the wonderful devel-

opment and transformations that have taken place over the years. It has been our pleasure to be a small part of this positive place for children."

About 70 PEAK kids formed a single line as they entered the gym to accept the supplies. As they passed by the row of adults welcoming them, they shook the hands of each (with a few hugs thrown in). PEAK is an after-school partnership that includes the City of Ventura Department of Parks & Recreation, Ventura Unified School District and Ventura Police Activities League (PAL). PEAK was formed in 2002 to develop and implement an inclusive after school program for elementary and middle school children to provide a safe and supervised after-school education, enrichment and recreation programs for students.

Coordinator Anita Diaz told the Breeze, "Altrusa has become very special to Westpark's after school program. Their support of providing after school homework and art supplies has allowed our children to have materials needed for them to do homework and creative projects. In addition to school supplies, Altrusa has also donated money to our scholarship fund which helps us provide for youths who may not be able to afford some of our sports and camp programs. Altrusa has been a part of Westpark for nearly 20 years and their unselfish support of providing for our children cannot be measured."



ArtWalk Ventura 2018 was held on Oct. 6 & 7. ArtWalk Ventura is one of Ventura's signature events, drawing thousands of art enthusiasts every year. Run by an all-volunteer group, this weekend event is focused on Ventura's authentic art community. ArtWalk Ventura is a fun, virtually free, self-guided tour of dozens of galleries, studios, pop-up venues and transformed PODS Containers in Ventura's Westside Cultural District and historic Downtown.

Just a few of the artists featured in the PODS were Sam Roque, Wood Works, Belinda Del Pesco, Cassandra Tondro and 4-year old Vivian Sky. For more information about ArtWalk visit www.artwalkventura.org.



Enjoying the great food, drinks, music and friendship at Pier Under The Stars were Diane Brown, Diane's husband, Pam Baumgardner, Mark Brown and Richard and Rosemary Lieberman. The 25th annual benefit for the historic Ventura Pier was held on Saturday, October 7th. Each year more than 600 residents and visitors attend this beachfront culinary fair adjacent to the pier to sample the county's best food and spirits provided by over 40 area businesses. This year marked the 25th anniversary of Ventura's premier beverage and food event.

Photo by Matt Bucannon

Senior Living

Pull Out Section



Former Texas Judge Francine Lyles was a featured speaker in avoiding scams.

Cypress Place presented program on avoiding senior scams

In collaboration with the Ventura County Adult Abuse Prevention Council (VCAAPC), Cypress Place Senior Living in Ventura presented a fun, free and educational program on avoiding senior scams.

The Stop Senior Scams (SM) Acting Program used theater to dramatize senior scams. Members of the troupe, ranging in age from 60 – 97 years-old, write and perform skits based on their own personal experiences. It is a memorable way to equip those who are vulnerable with the knowledge they need to protect themselves.

Using popular songs like the Rolling Stones “You Can’t Always Get What You Want”, “Getting to Know You “, from the Rogers and Hammerstein musical “The King and I”, Abba’s “Money, Money, Money”, and the Supremes “Stop in the Name of Love”, the troupe brings theatricality, laughter and excitement to a commonly frightening and frustrating topic.

The program was founded in 1997 by director Adrienne Omansky who was a teacher of older adults and adults with disabilities. The Stop Senior Scams (SM) Acting Program has been recognized by the U.S. House of Representatives and the California State Assembly, according to Nancy Cole, an eldercare manager and board member of VCAAPC.

Omansky stated “On March 7 , I testified for the U.S Special Committee on Aging about the effectiveness of this Peer to Peer Education Program. The program started nine years ago and comments from seniors have been collected and reported in my testimony. I learned that anyone can be a victim regardless of education, race, gender, national origin, or social economic background. Seniors are more likely to tell their peers they have been scammed than family members including their spouses. I have learned that seniors often do not know

where to report scams to. I have learned the senior scams are grossly under reported. I learned that residents in Assisted Living Facilities are specially vulnerable to scams.”

Also on hand during the event were vendors who provide a variety of services to the senior population. Attendees asked questions and received materials from these corporate sponsors.

The Ventura County Adult Abuse Prevention Council is a not-for-profit service organization dedicated to the prevention of elder and dependent adult abuse. To learn more about VCAAPC please visit their web site at vcaapc.org.

This program took place on October 11, from 1:30p.m. to 3:30p.m. at Cypress Place Senior Living , located at 1200 Cypress Point Lane.

NIH-funded study examined outcomes

In a large clinical trial to determine the risks and benefits of daily low-dose aspirin in healthy older adults without previous cardiovascular events, aspirin did not prolong healthy, independent living (life free of dementia or persistent physical disability). Risk of dying from a range of causes, including cancer and heart disease, varied and will require further analysis and additional follow-up of study participants. These initial findings from the ASPirin in Reducing Events in the Elderly (ASPREE) trial, partially supported by the National Institutes of Health, were published online on September 16, 2018 in three papers in The New England Journal of Medicine.



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The Ventura Townehouse hosted a “Bling” Bingo Scholarship Fund Raiser event for Philanthropic Education Organization (P.E.O.) to benefit Ventura’s graduating senior high school girls. They packed the “House” with residents and was open to the public showering them with gifts, baskets, cash and a grand prize for most bling. This fun event raised over \$2,000.00 for a Ventura area high school student. www.venturatownehouse.com



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Alan Hammerand and Chuck Joseph won a bronze medal.

Table tennis tournaments

Several members of the Camarillo Senior Table Tennis Club recently competed in table tennis tournaments

in Nevada and Utah.

On October 5th and 6th, Alan Hammerand (from Ventura) and Chuck Joseph (Camarillo) competed in the Nevada Senior Games. They won a bronze medal competing in the men's doubles competition.

On October 8th through 11th, Alan Hammerand, Amy Akashi (Camarillo) and Gary Whiddon (Thousand Oaks) competed in the Huntsman World Senior Games in St. George, Utah. The Huntsman Games is the largest senior athletic competition in the world with 11,000 athletes from over 30 countries competing in a wide variety of sporting events.

Amy Akashi won a bronze medal in rated singles (800-999).

Alan Hammerand won a gold medal in rated singles (1,000-1,199) and a bronze medal in men's doubles (partner:

Senior Living

Brent Sturman of Pocatello, Idaho).

Gary Whiddon won a gold medal in rated singles (1,600-1,799) and a silver medal in men's doubles (partner: Juan Gomez).



Cindy, Joan and service dog Jackie hope for better times for Joan.

Homeless at 81

by Jennifer Tipton

Joan Lucas has worked hard all her life, she managed a training program for many years with Budget Rental Car and at 64, she started her own business. She worked 7 days/week taking only one Monday off per month to "sleep and recover - I am not a deadbeat!" she said. Collecting social security at 65, she continued working. And by age 68, "I was making money hand over fist!" But in 2007, she suffered severe injuries inflicted by her mentally ill son that required extensive hospitalization and rehabilitation.

In 2008, "the economy went to pieces, but I continued to work through the year and I broke even". It was obvious to her that the next year would be worse, so she "folded". Joan says that sixteen years ago, the amount of social security she received was enough to live on but, "prices kept climbing!" She tells me she did get a 3% increase in her social security, but her bills went up by 5% - three years in a row. "My income has not kept up with the economy", she simply stated, "I've outlived my friends of 50-60 years and I've outlived my money".

Joan was recently renting a room here in Ventura and reports, "I think this must have been the first time this woman rented a room in her home because it came as a surprise to her that

I might want a little space in the refrigerator or to do some light cooking". She adds, she was not allowed to "drag her oxygen around". Joan has COPD (Chronic obstructive pulmonary disease). She wasn't allowed to bathe everyday either and her landlord was angry because the oxygen made the electric bill go up.

Joan had until October 3rd to find a new place to live. Her registered service dog, Jackie has been her companion for ten years, but potential landlords only hear "dog". Affordable Housing requires a minimal income and she didn't meet the criteria... Joan confessed, "I was hugely terrified!"

Just one day before Joan and Jackie would have ended up on the street, she found Cindy Wilson with Gabriel's House in Oxnard. Residents there are from 3 months to 81 years of age and the program is like our City Center Transitional Living in Ventura. Cindy shares, "Joan had a cool journey to find us, she is as much an asset to the house as we are for her". Gabriel's House has a fundraiser coming up on October 26th called "Operation Hope", it is an event to end the cycle of homelessness. For more information on Gabriel's House and the Operation Hope event visit: Gabriels-House.org

Joan confides, "I see all of this as a way to make us aware that homeless people are not necessarily who we perceive them to be".

Joan Lucas has also written a children's book, "Jackie: A Dog's Tale" available on Amazon.



"Does Medicare include coverage for my prescription drugs?"

What you need to know this Medicare enrollment season

by Rick Beavin

California Market President Humana

It's that time of year when people with Medicare review their health insurance choices and enroll in a

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Medicare Advantage or Prescription Drug plan for the coming year.

People typically have a lot of questions as they research their Medicare options, which primarily include Original Medicare, Medicare Advantage and Medicare Supplement plans, before finding the plan that best fits their needs.

Here are some of the most commonly asked questions Humana licensed health insurance agents get from consumers during the Medicare Annual Election Period:

When is the annual enrollment period to choose a Medicare plan for 2019?

The Medicare Advantage and Prescription Drug Plan Annual Election Period takes place from Oct. 15 through Dec. 7, 2018, for coverage that takes effect Jan. 1, 2019.

Do I have to re-enroll in Medicare every year?

You don't need to sign up for Original Medicare each year. However, you should review your Medicare Advantage or Prescription Drug Plan coverage annually, since Medicare plans and personal circumstances can change every year. If you take no action during the annual enrollment period, you'll typically automatically be re-enrolled in your same medical or prescription plan for 2019.

Does Medicare include coverage for my prescription drugs?

Original Medicare does not cover most prescription drugs. Many Medicare Advantage plans include prescription drug coverage, or you can sign up for a Part D Prescription Drug Plan separately. A licensed agent can look up your medications and tell you what the cost of each drug would be on a plan.

How are health insurers like Humana able to offer Medicare Advantage plans with no monthly premium?

Private insurers keep premiums low through programs like disease and chronic care management, which help people better manage health conditions and, in turn, reduce health care costs. Keep in mind that you still need to pay your Medicare Part B premium, which covers medical services and preventive care. You might want to use the additional premium dollars you save for out-of-pocket medical costs, such as co-pays. *How do I find out if my doctors, hospitals and specialists are in my Medicare Advantage provider network?*

Most Medicare Advantage plans offer easy-to-use online tools to help you find doctors and hospitals that are in the plan's network. A licensed agent can also help you look up hospitals and doctors to see if they're accepting a plan

and taking new patients.

If I select a Medicare plan for the coming year, and then find I don't like it, can I drop it and choose another plan?

The plan you select by Dec. 7 will be your Medicare plan for all of 2019, with few exceptions, so it's wise to research your options carefully. If you sign up for a Medicare Advantage plan for 2019, and then find it's not the right fit, between Jan. 1 and March 31, there will be an Open Enrollment Period during which you can switch from a Medicare Advantage or a Medicare Advantage-Prescription Drug Plan to another Medicare Advantage plan with or without prescription drug coverage, or choose Original Medicare with or without a stand-alone Prescription Drug Plan. Full information on 2019 Medicare health and prescription drug plans is available on www.medicare.gov, and for Humana plans at www.humana.com/Medicare. You can also call 1-800-MEDICARE (1-800-633-4227) (or TTY: 1-877-486-2048) 24 hours a day, seven days a week, or call Humana at 1-877-877-0714 (TTY use 711) 8 a.m. to 8 p.m. local time seven days a week.



"Besides being safe this is kind of fun."

Ways to make a home safe and comfortable for seniors

by Health

Losing strength and balance can be common consequences of aging, and living with these changes is rarely easy. It is frustrating not to be able to do everything you once could; it can also be dangerous due to an increased likelihood of falls.

Changes in mobility can make your own home seem like a dangerous place. However, there are ways to make the home a safer place for seniors. With a few altera-



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tions and upgrades, you can live comfortably in your home again or bring aging loved ones into your home safely. Here are six ways you can bring your home up to snuff for anyone easing into old age.

Falls are a serious hazard for older individuals, often resulting in injury or even death. Fortunately, the necessary adjustments for avoiding trips are simple. Remove throw rugs from the floors as well as cords and other items that can be tripped over. Move furniture around so that there are large pathways that will be easier to navigate. Outdoors, make sure walkways are smooth and kept clear of debris. If possible, remove thresholds between rooms and into the home so an older person does not have to step over the threshold.

Stairs can be difficult for seniors to navigate, whether they are painful for aching joints, cause balance issues, or are just harder to climb than they used to be. If you are looking for a new residence that is senior-friendly, stay away from stairs if possible. When making changes to a home, trade the stairs for a ramp for a wheelchair. Leading up to the home, take out stairs and instead use an inclined walkway. Inside the home, be sure stairs have handrails and add nonslip tread to avoid falls. A stair lift can also be installed to help a person get up and down.

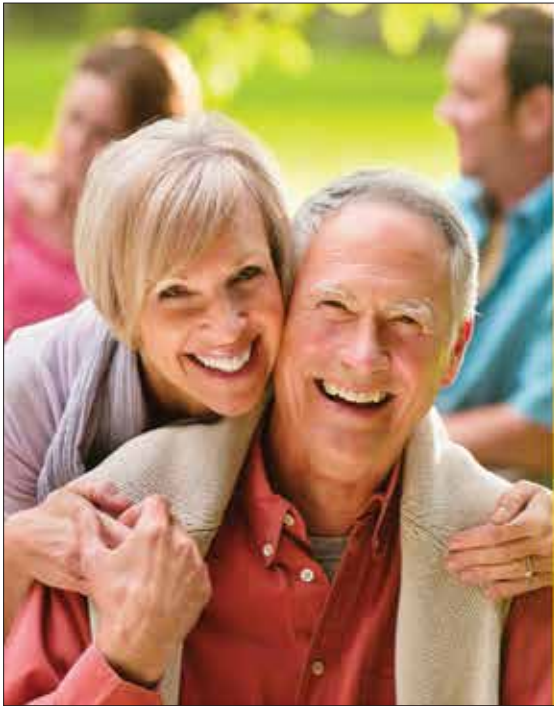
Adequate lighting is critical for seniors, especially when their eyesight begins to worsen over time. Make sure the home is well lit in every room. Good lighting can help a person to get around their home safely and avoid tripping over objects or bumping into furniture. Put bright lights in hallways and stairs and add extra lamps. Outdoors, make sure pathways are well lit. Consider motion-sensor lights that will help keep the area bright at all times and will not need to be turned on.

One aspect of a senior-friendly home that may not be as obvious are the appliances. Appliances can become more difficult to use as eyesight declines and technology advances. Find simple, easy-to-read appliances, such as microwaves with programmed buttons. Look for appliances with an automatic shut-off, which will ensure they do not stay on if they are forgotten. Find appliances that may be easier for someone with limited mobility, like a side-by-side refrigerator and freezer. Adjust the water heater to avoid scalding injuries.

The bathroom is a prime location for falls among the elderly, especially those with poor strength or balance. Several changes in the bathroom can help a person maintain their independence and reduce the risk of getting hurt. Install grab bars in the shower or next to the toilet to help with standing up and exiting or entering the shower. If a tub is being used, a bench or bar can help give support while stepping into or out of the tub. Shower chairs and nonslip mats also help prevent slipping while showering and bathing.

People with arthritis or weakness in their hands may find it difficult or painful to do simple tasks like turning on the lights or opening a door. Some relatively cost-effective changes can make these acts much easier. Change out light switches with a toggle switch and change doorknobs and faucets to levers. These alternatives can lessen the amount of force and grip strength needed.

A slip and fall can be life-changing, or even life-ending, for a senior. Make your home a safe and comfortable environment by making changes in layout, fixtures, and appliances. The changes are small, but the gains in safety are enormous.





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The grant was presented to Susan Scott, Executive Director of the Ventura Music Festival on October 3.

Ventura Music Festival receives \$10,000

Ventura's Joseph P. Reardon Funeral Home & Cremation Service has secured a \$10,000 grant from the Crescent Memorial Foundation to benefit the non-profit Ventura Music Festival.

Says Michael Boyko, president of the funeral home: "We are honored to present this grant to the Ventura Music Festival, a great organization that not only benefits our community with a wonderful summer music festival, but also with concerts and wonderful programs year-round, many of them free and for music-audiences of all ages – from elementary school children to seniors and everyone in between."

Michael Boyko and the Joseph P. Reardon Funeral Home & Cremation Service of Ventura are proud to participate in this grant program with the Crescent Memorial, a national funeral

service supply company dedicated to supporting Funeral Directors in their service to families.

Since 1994, the mission of the Ventura Music Festival has been to bring world-class music to the community, build audience-Festival and audience-artist relationships, and enhance the joy of music through diverse education offerings for all ages. For more information, please visit www.venturamusicfestival.org.

Les Petits Chanteurs France comes to Ventura

Les Petits Chanteurs France Boys Choir a singing and traveling 19 member choral group from France will offer an afternoon concert on Sunday, November 4, at 2:30 PM at Mission San Buenaventura. Open to the public, there is no admission fee; a free-will offering will be taken.

This choir, made up of 19 boys age 9 to 17 years, is conducted by Véronique Thomassin-Olivier, and accompanied by François Olivier, who is also the Titular of the Choir Organ at the prestigious church St. Eustache at Paris (France).

Les Petits Chanteurs France gives young boys a special experience of life through singing and community building. Traveling in various countries also provides them the opportunity to discover and experience different cultures. Their choral ministry includes concerts; television appearances, singing tutorials, tours and participation in the liturgy of the Mass. Les Petits Chanteurs repertoire regularly includes

News & Notes

(Handel's Messiah, Mozart's Requiem, Vivaldi's Gloria, etc.) in sacred places and prestigious music halls, as well as sing for humanitarian causes.

Les Petits Chanteurs de France is on tour in the Western and Southern regions of the United States in the fall of 2018. They will offer concerts including music of the sixteenth century and the well known Hallelujah from Händel, Ave Maria from Gounod, as well as music pieces of the French folklores.

No other victims have been identified

Long term Ventura County resident Ron Zenone, age 76 was sentenced October 10th by Ventura Superior court judge Bruce A. Young for lewd acts on a minor child under the age of 14.

Zenone pled "No Contest" to the felony charge on September 12 with the court finding him guilty. The victim, his granddaughter said during tearful impact statement that she was abused almost every holiday we visited him when I was 10 years old and it continued for over 10 years.

Judge Bruce Young gave him a sentence of 365 days and 3 years probation and he must participate in a recognized treatment program as well as register as a sex offender. He is scheduled to turn himself in to begin his sentence on November 6, 2018.

Emotional victim impact statements were read by the victim and her parents prior to sentencing. The victim and her family felt the sentence was not adequate considering the lifetime effects the victim will likely suffer, but are satisfied that they can put this painful chapter in their life behind them. Although Ron has 6 grandchildren the victim was his only granddaughter.



Jetta Zellner and Victoria Troshina in a quiet area that was painted by Victoria.

Vista Del Mar reopens

by Jennifer Tipton

While the official grand reopening date remains to be announced, as of October 16th, Vista Del Mar began admitting patients. 55 of the previous 87 beds are now available after much hard work from the dedicated staff, the fire department and Armstrong Construction who I'm told, worked so well with other community individuals along with OSHPD (Office of Statewide Planning and Development).

It's taken ten months since the Thomas Fire took much of the private psychiatric hospital from where it has stood at the top of Seneca Street since 2001. Delays were

with the infrastructure, a new water pump and issues requiring lots of testing that often led to other problems and further repairs. Two modular buildings have been added for administration and three of the preexisting buildings have been updated because hospital vacancy offered an opportunity to do so. Two large barren lots stand as a reminder of the fire's devastation. Plans are to eventually rebuild, "we want to restore the beds we lost", said Jetta Zellner, Director of Clinical Services.

Vista Del Mar is a private psychiatric hospital that takes private insurance, although some do pay out of pocket.

The timing for bed availability couldn't be better because at this time of year, suicide risk is more prevalent among adolescents due to school stressors, grades, peer pressure etc... Although beds are assigned to fit the population's needs, adolescents are separated from the other patients.

In addition to the upgrades, a new program has been implemented called "Expressive Therapy" headed by Victoria Troshina a licensed art therapist. Victoria has worked for Vista Del Mar since 2016 and although there was a recreational therapy department in place before the Thomas Fire, she is "revamping the whole program". She said that it's more structural now, "we never did themes before, we just followed a curriculum and social services followed their curriculum, but now we're on the same page".

The themes will focus on the phases of care - the crisis phase and the treatment phase. Every day will be a different theme such as identifying triggers, managing thoughts and feelings or boundaries in relationships.

Victoria does an assessment on each patient within the first 24 hours of their admission to determine what recreational activities they enjoy that help them cope. She looks for anything expressive, do they like to walk, paint, read or is it music that would be effective while they're there? According to Jetta, "not everybody learns in the same way, expressive therapy is a different approach to treatment, it can be visual, verbal or hands on, it definitely helps with patient recovery".

"A lot of kids say they play the piano, so I'll bring the electric keyboard", Victoria smiled, "I try to identify with what they enjoy". "And some ask for the guitar", added Jetta, "we have a military program and a lot of our military love to play guitar". Victoria reports they have a lot of musical instruments and in fact, she had just purchased a brand-new guitar.

Art is another very effective tool and an alternative to verbal communication. "One of the things I've noticed is we get a lot of nonverbal, gravely disabled individuals who are in a traumatic state and they're afraid", Victoria said, "I'll sit next to them and do a soft scribble on a piece of paper with a crayon and pass it to them, it's a way to engage in nonverbal communication, it's a very scary place when you can't express yourself".

Victoria emphasized that there is such a high expectation of what artwork should look like, "we forget it's the process, not the product, we call it mark making, not art making". With patient's consent, some artwork gets displayed but sadly, "old artwork was lost in the fire".

The staff and their patients aren't the only ones that have returned to the top of Seneca Street, a family of deer have returned as well. Jetta shares, "they're back! They love the figs and berries off the trees". The location and surroundings of Vista Del Mar must certainly enhance the treatment process...



News & Notes



Farm to table produce is more flavorful and fresh.

Sustainability Now News

Farm to table – what’s in season for winter?

by Maryann Ridini Spencer

The popular phrase “farm to table” literally refers to fresh produce — fruits and vegetables — that are picked straight from the field (or farm) and delivered to your table vs. having to be preserved or frozen and shipped long distances to reach your grocer and ultimately your table.

Not only is farm to table produce more flavorful and fresh, the dollars you spend close to home help local businesses. It’s estimated that the food purchased in grocery stores has to travel an average of 1,500 miles. The reduced travel distance required when you buy from local markets helps curb the consumption of fossil fuels used in transport making it a win-win for the environment as well as local farmers and retailers.

In Ventura County, we’re incredibly fortunate to have access to abundant, fresh, locally grown produce year round. One of the best ways to purchase this local bounty is at Certified Farmers’ Markets. On Saturday mornings from 8:30 am to Noon the Downtown Ventura Certified Farmers’ Market at 305 E. Santa Clara Street offers the community a delicious array of locally produced fresh fruits, vegetables, cut flowers, and other tantalizing items all at the peak of the season.

Talk to your local farmer

Have you ever wondered how your food is produced? Do the farmers use organic farming practices? What are (if any) the chemicals utilized? Don’t hesitate to get to know your local farmers and talk to them about their farming practices. You’ll also discover excellent cooking tips and learn their favorite recipes.

“For winter, we have a lot of citrus,” said Ed Etheridge from Etheridge Farm Organics at a recent Downtown Ventura Certified Farmers’ Market. “Fukumoto navel oranges, mandarins, and tangerines are abundant. We also have apples, kiwi, and Fuyu persimmons (a round fruit), which you can eat like an apple. Our Hachiya persimmons taste great when they get somewhat pudding-like; otherwise, they’re very astringent. You can also freeze them and when you’re ready to serve, eat them with a spoon as you would a bowl of sorbet.”

Some other local regulars you’ll find this time of year at the Downtown market include Oxnard’s Rodriguez Family Farms,

which sells only strawberries that they pick fresh the morning of each market.

“We’ve been organic farming since the mid-80’s,” said Eric from Tutti Frutti Farms. “We specialized in all varieties of heirloom tomatoes. The Cherokee Purple tomato has a savory taste, and Marvel Stripe has a super sweet tropical flavor. This time of year, we also produce all types of peppers and squash.”

During winter months the McGrath Family Farms display offers an array of gorgeous radishes, winter beets, winter squashes, and a variety of leafy greens and more.

During a visit, you might also want to stop in and get a free sample of some pure, natural, raw honey from Blue Ridge Honey.

Once you visit the local Downtown Certified Farmers’ Market, you’ll be sure to find what you’re looking for — and more, so make sure you bring your reusable totes.

Here are a few of in season produce for winter:

Artichokes, beets, corn, eggplant, kumquats, lemons, lettuce and strawberries.

Visit, vccfarmersmarkets.com and for a what’s in season guide sfma.net/consumer/inseason.shtml.



The women and their daughters volunteer as a team.

NCL presents annual fundraiser

National Charity League, Inc. (NCL) Ventura County Chapter’s Annual Fundraiser will take place on Sunday,

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Dr. Robert J. Morgan

Robert J. Morgan is the teaching pastor of The Donelson Fellowship in Nashville, Tennessee, where he has served for 38 years. He is a best-selling, gold-Illuminations, and gold-medallion winning writer with more than 35 books in print and more than 4.5 million copies in circulation in multiple languages. He is a collabora-

tive writer for Dr. David Jeremiah and Turning Points Magazine. He is also a contributor to the Huffington Post.

He is a homemaker and a caregiver for his wife, Katrina, who battles multiple sclerosis. He and Katrina have three daughters and fourteen grandchildren.

November 11th, from 12 -4pm. There is just one detail that is missing...the location!

The NCL Inc. Ventura County Chapter’s 2018-19 President, Soraya Thenoz, who grew up in the Provence region in the south of France, is the inspiration behind “Fete en Blanc” (Party in White) as this year’s fundraising theme.

As with tradition, the location will not be divulged to the invitees until the morning of the event. And all must be elegantly attired in white! Historically, the invited guests arrive to an outdoor setting, with their own food and table set-up; and simply enjoy their time together. And then, at the close of the gathering, each guest packs up what they brought and nothing is left behind...not a trace of what transpired...that is, other than the lingering memories.

“There will be some variations to the logistics of our event” explained Soraya. “For instance, our fundraising committee will coordinate the tables and the food. But for sure, the focus is on enjoying each other’s company while raising money for the philanthropies which we serve. Oh yes...and we will all be decked out in white!”

Established in Los Angeles in 1925 and incorporated in 1958, the nonprofit has more than 250 chapters in 27 states. The women and their daughters (grades

7th-12th who are referred to as “Tick-tockers”) volunteer as a team within the community. The Ventura County Chapter, which is part of District 3, is currently comprised of approximately 100 Patronesses (mothers) and their daughters who reside in Camarillo, Oxnard, Ventura and Ojai.

Some of the 30+ philanthropies that the National Charity League, Inc., Ventura County Chapter serves are Children’s Services Auxiliary, Convalescent Hospitals, Douglas Penfield School, Food Share, Special Olympics and Ventura County Medical Center. 100% of the proceeds from our fundraiser “Fete en Blanc” will directly benefit all of our philanthropies.

In addition to serving the community, the girls partake in monthly meetings and workshops on their own; and elect class officers in each grade level. The classes are usually much smaller than in their own schools, thus providing a more enriching and nurturing environment to grow leadership skills. An atmosphere of women empowering young women to be strong and compassionate leaders in the community!

Our 2018-19 Membership Drive is now open to mothers with daughters who are currently in 6th, 7th and 8th grades. For inquiries about joining, please email membershipventura@nclonline.org.

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The Pet Page



Dedicated to Scamp

Free pet clinic helping dogs of the homeless community. Free dog vaccinations. Friday, Oct. 26, 12-2pm. SPAN 110 N. Olive, Ventura. There will also be food, toys, collars, harnesses and leashes. Buddy Nation will be there to help and SPAN has graciously donated the space in front of their store.

Santa Paula Animal Rescue Center (SPARC) has received a new \$20,000 grant from PetSmart Charities. The grant has been earmarked to support the pet retention efforts of the Santa Paula Animal Rescue Center, so they can continue helping homeless pets in the City of Santa Paula.

Santa Paula Animal Rescue Center, SPARC, is a No-Kill, No-Excuses, 501(C3) city pound in Santa Paula where every single animal arriving gets a second chance at life.

A team of researchers at Cornell University has found evidence suggesting that little dogs lift their legs when peeing at a higher angle than bigger dogs as a means of tricking other dogs into thinking they are bigger. In their paper published in Journal of Zoology, the group describes a study they carried out and what they found.

Most anyone familiar with dogs knows that they tend to pee in a lot of spots, especially males. They also seem to like peeing on objects that extend up from the ground, such as bushes, fire hydrants, etc. Prior research has suggested that such behavior is a way for dogs to communicate with one another. Communications can occur because dogs have very keen noses and brain parts able to tease out specifics from other dogs simply by sniffing their urine. By sniffing dogs can learn a lot about the dog—such as its gender, age, fertility and some aspects of its health. These communications occur as a means for dogs to learn more about other dogs in the area. And now it seems that some dogs have added a little something to the message they want to convey—some trickery involving size.

Their study consisted of taking many dogs of all sizes out for walks and observing very closely how they behaved when peeing. One important factor they noted was the angle of the leg when raised. Another was measuring where on an object the urine wound up.

The team found that little dogs lifted their legs at a higher angle than bigger dogs and in so doing caused

their pee to be applied higher up on targeted objects than it would be otherwise. The researchers suggest this likely indicates that the little dogs are attempting to trick others dogs in the area into thinking they are bigger than they actually are.

Dogs form an attachment to their owner and as a result can find it stressful to be separated from them. It used to be conventional wisdom that you should ignore your dog before you go out, but a pilot study finds gentle petting of dogs before a short separation makes them more calm than if they were ignored before the separation.

Separation-related issues are a welfare concern for dogs and may affect the human-animal bond. But how to help dogs who don't have separation-related issues has received very little attention.

A new study by Dr. Chiara Mariti et al, published in the Journal of Veterinary Behavior, looks at the effects of gentle petting on dogs' stress response to separation.

As it is a pilot study, there were only 10 dogs. The study took place at a field which was a neutral location, away from the dogs' homes where they were used to being left, and the dogs were on leash.

All dogs took part in two conditions. In the gentle petting condition, the owner spent one minute petting the dog before going away and leaving the dog with the experimenter.

In the neutral condition, owners ignored the dog for one minute prior to going away and leaving the dog with the experimenter.

The dogs were not highly stressed by the separation, as shown by low salivary cortisol levels and by their behaviors.

When dogs were petted before the absence, they spent more time showing calm behaviors during the absence, and their heart rate was lower after the test, compared to when they were ignored before the absence.

Calm behaviors were lying down, and sniffing the ground for a period of 3 seconds or longer (sniffing for a shorter period was seen as a stress signal, as sniffing can be a sign of stress in dogs).

The paper concludes. "This pilot study suggests that petting a dog before a brief separation from the owner may have a positive effect, making the dog calmer during the separation itself. Further studies are needed to analyze more in depth its effectiveness, especially in dogs affected by separation anxiety."

Scamp Club

(Scampclub pets are not for adoption.)



Hi: My name is Slippers. I was 3-years-old when my mom rescued me from the Paw Works in Ventura. I was very frightened being in the rescue system for 3 years. I hit the lottery when mama Rita saved me

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.



On Oct. 20, a large cheering (and warm) crowd enjoyed the Howl-O-Ween costume dog contest held at the Ventura Harbor Village. The selected judges chose these 2 (a tie) as the best in show.

Answer in a Breeze

The grass at Montalvo park is always brown but grass at other parks is green and looks so much better. Why is that?
Michelle

As always we ask those who know.

Michelle:

The turf at Montalvo Hill, planted before the drought, is Marathon grass which requires more water than some more drought tolerant turf types planted in other parks. With the drought that we are currently in and have been for the past 6-7 years, Parks also has to abide by the water restrictions for passive, non-athletic turf. Montalvo Hill is a passive turf park, planted with a less drought tolerant turf. We water athletic turf more to keep ensure that it is playable and safe for users. Thank you,
Tom Martin
Parks Manager
Parks, Recreation and Community Partnerships
City of Ventura

Have a question? Send it to editor@venturabreeze.com and we will try to get an answer!

Ventura Veterinary Hospital

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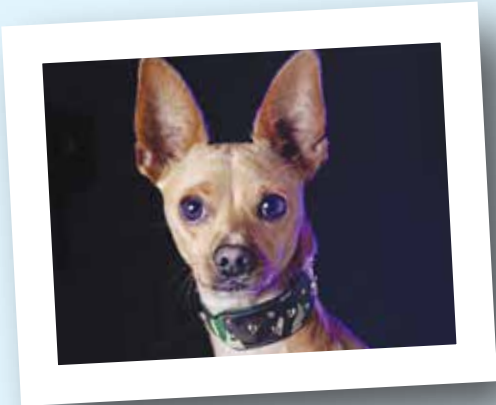
The Pet Page

Lost pet? Go to LostCatVenturaCounty.com or LostDogVenturaCounty.com - free websites for finding and posting when you've lost or found a cat or dog.


Forever homes wanted

Hi: I'm Tommy 3 a 12 years young Shepherd mix in need of a new home. Although my mom loves me very much, she had to move and could not take me too. I know there will be people who say I'm too old, but I'm not. I still have lots of love to give to my special someone.

I'm always happy and I'm a favorite of volunteers and staff. I'm still active and I love going for walks. I do well in playgroups at the kennel with the other dogs, but I prefer females to the males. If you have a dog in your home, please bring her/him along so we can do a meet and greet. I'm in a foster home and live with a cat. I'm good with children and I'm housetrained. I hope you'll give me a chance and come to meet me. Canine Adoption and Rescue League C.A.R.L.




Atticus is a fun, active little guy who loves to play with plush toys. He is also housebroken and crate trained. Like many Chihuahuas, Atticus can be a little shy when you first meet him, but once you win his approval he is yours forever!!! Ventura County Animal Services - Simi location - 670 W. Los Angeles Ave. Atticus A688095



"WHO LET THE DOGS OUT" ZOMBIE APOCALYPSE FAMILY FUN FESTIVAL!

A Community Fundraiser on Behalf of Ventura Police K-9 Partners

Live Music, Food, Comedy, Magic Show, Games, Pumpkin Carving Contest, Costume Conest, Dunk Tank, Photo Booth, Trick or Treating, Raffles, Silent Auction & a Singles Auction, 40 Vendors, K-9 Show & so much MORE!



October 27th 10 a.m. - 5 p.m.
Harbor Cove Cafe, 1867 Spinnaker Drive
Ventura Harbor

Free to Attend and open to the Public

100% of proceeds go to the Ventura Police K-9 Partners Medical Fund

This 'n' That



NAMI Mommies (that's Jill in back row in the middle) walked the walk. Photo by Bernie Goldstein.

2018 NAMI Walk

by Jill Forman

First, there was the rain Friday night. Not something you plan for in Southern California for outdoor events. The NAMI Walk, the group's biggest fundraiser and celebration of determination and hope, was the next day... 6:30 a.m., Ventura Pier parking

lot. There are puddles but the rain has stopped. Trucks, boxes, tables, supplies, and people all pouring in. Volunteers who believe in the cause of de-stigmatizing mental illness and advocating for care. Many have t-shirts with the name of their walking teams

and heartfelt sayings about the sorrow and hope for the person, the families, and society at large.

My group is the "NAMI Mommies" and our t-shirt says, "Providing Support with a Mother's Love." We met in a NAMI class for families, and formed out own support group. It really helps to have others for education and emotional assistance.

But back to the Pier, it appears to be chaos but there are a couple of intrepid women with clipboards and maps and it slowly gets sorted out. Areas for organizations, information, snacks, merchandise, and so on are marked off. Tables, many many tables, need to be set up. Portable awnings, chairs, signs... everyone just sort of picks up a job and a couple of helpers. I find myself doing tablecloths with some students from Ventura and Moorpark College - the plastic clothes need to be separated, placed, and taped down. The enthusiasm and energy of the students makes it fun, and it's interesting to hear why they are here. One young woman wants to start learning about social service agencies and meeting people for networking. Student nurses are learning a lot more than textbook information by interacting with all sorts of folks who have shown up. Family members of the mentally ill want to show their gratitude to NAMI for the free classes, groups and information it gives.

More people show up, some to walk, some to help out, some out of curiosity: "I saw all this activity and want to know what it is about." Organizations, caregiving companies, social service groups, vendors, all come to claim and set up their spaces. Some of the table and chair setups have to be rearranged, but it all gets done. Within a couple of hours a waterlogged parking lot and a ton of stuff has been transformed into a colorful, functional event. More students show up to work at the booths for registration, team captain pickup, and t-shirt handouts. I hang out with the team captain people, and it's so much fun to talk to every group leader, ask them who they are and why they are there, comment on their clever team names and sayings, and thank them for coming.

My team shows up; I get my cute t-shirt. There are speeches by officials and participants, and the Walk begins.



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Steve Bennett, Ventura County Board of Supervisors
Barbara Fitzgerald, retired VUSD School Board Member
Debbie Golden, retired VUSD School Board Member
Mary Haffner, VUSD School Board Member
Doug Halter, Businessman
Cheryl Heitmann, Ventura City Council
Matt LaVere, Deputy Mayor, Ventura
Dr. Mark Lisagor, Ventura County Board of Education
Karen Reynosa, VUSD Teacher
Joe Richards, former VUSD Deputy Superintendent
John Silva, Ventura Chamber of Commerce PAC Trustee
Alex Wulff, VUSD Teacher

Titles are for identification only. See website for full list.



www.MadhuBajaj.com

Mom • Business Owner • President, Ventura Education Partnership

Paid for by Madhu Bajaj for School Board 2018

Here 'n' There



Ventura’s councilmember Cheryl Heitmann (that’s her in the middle) celebrated the historic, cultural, religious, and natural resources common to both cities.

Did you know Ventura has a sister city?

The 3rd annual Loreto Half Marathon starts at 7 am on November 11th in Loreto, Baja California Sur, Ventura’s Sister City!

Caryl Cantrell, Chair of Ventura/Loreto Sister Cities Committee will be at the starting line as she has been training for the past few months to run 13.1 miles to raise funds for Ventura/Loreto Sister Cities. In 2015, Loreto City Council and Ventura City Council voted unanimously to approve a sister city relationship. Loreto and Ventura’s mayors exchanged keys to their cities, expressing enthusiasm about potential opportunities for

both cities.

“Join me in supporting Ventura’s Sister City,” Caryl says, “There is still time to make a donation!” The funds raised will help the Committee continue cultural exchanges such as an artist exchange and community development projects in Loreto. It is so easy to donate by going to the Ventura Sister Cities Cultural Exchange Facebook page and clicking the Donate button or by visiting www.tmre.org, clicking the DONATE link, and scrolling to Ventura/Loreto Sister Cities.



No longer first come first served.

County to accept reservations for beach parks

The Board of Supervisors has approved a plan for County Parks to shift from a first-come, first-served policy to a reservations-only policy for its three beach parks (Faria, Hobson and Rincon) beginning November 1, 2018. This decision was driven by multiple factors, primarily customer feedback — that is, the high number of public complaints the Parks Department receives about the existing system. In addition, trends in technology have changed the way in which the public conducts business transactions, making this the appropriate time to implement this change.

The shift to a reservations-based policy for the beach parks will generate the following benefits for patrons and improvements in Parks staff efficiency:

- Allow customers to reserve a camping site in advance, from 12 months in advance to within 48 hours of their planned arrival date, eliminating

the guesswork of site availability.

- Mobile payment will still be available for open sites (non-reserved) the day of arrival as is currently allowed.
- Improved customer access to beach parks.
- Eliminate groups from holding/managing spaces for other groups.
- Allow park rangers to be more accessible and provide better customer service to beach park patrons.
- Reduce calls for service to the sheriff to resolve disputes (i.e., fighting over sites).
- Allow for self-booking of reservations via the Parks public. At <http://www.venturaparks.org/> (reservations can still be made by calling the Parks reservation line (805) 654-3951)
- Length of stay and return policies will remain the same. More data will now be available to staff for better enforcement of the rules and tracking of customer compliance with usage policies.
- Improving public safety and patron peace of mind by:
 - Keeping bike lanes clear from RVs waiting for a site to become available
 - Eliminating onsite campers searching for a space to open – which both contributes to carbon emissions from RVs driving up and down the road continuously and disturbs those already camping (i.e., continually being asked “When you are leaving?”)

The County is aware that this change to a reservations-only policy for the most popular County parks is a major shift from current policy and will require a period of adjustment for patrons. To allow for the least amount

Continued on page 22



This 'n' That

What are Ventura's pressing issues?

by VREG Editors

Ask anyone what the pressing issues are facing Ventura; you'll get a variety of answers. We interviewed the retiring Councilmembers and some former Council candidates to get their perspectives. Each pointed to several significant issues facing Ventura in the next few years.

Governing By Districts

As Citizens expect their elected officials to represent their district's interests, concern for the city as a whole may take a backseat to district wide issues.

Governing by districts means inexperienced new Councilmembers will lead the city. They will face a steep learning curve to be effective. Their inexperience means two things. First, existing Councilmembers and city staff may marginalize them until they gain experience and knowledge. Second, the new City Manager and the city staff may take more control without voter accountability. Neither of these is good.

More distressing may be the loss of a citywide perspective on the Council. Wrangling for projects will probably intensify.

Re: Growth

Growth meant different things to each interviewee. All agreed Ventura needed to grow. They also concurred that growth and water availability are inseparable. Each acknowledged the need for affordable housing but recognized the opposition to more houses (the NIMBYs).

The Solution is Sensible Growth

Growth and water are inseparable. The next City Council must forge a reasonable growth plan. The new Council will also have to convince the "no-growth" citizens that the city needs to grow to be vital. The Council should also call for the city staff to streamline current fees and permits practices.

Re: Water

Everyone acknowledged water was a concern. The specifics on how to address the issue varied widely, however.

Solutions for Better Water Management

The new City Council can take three steps to address water. First, they must request a modification to the Heal the Bay Consent Decree to extend the deadline for extracting wastewater from the estuary.

Second, The Council must force Ventura Water to table Direct Potable Reuse (DPR). It is an expensive gamble. No State approved testing exists for DPR today and may not for 4-8 years. There's no reason to proceed with an untested and unproven method that risks the public's health.

Third, the Council must make Ventura Water more transparent. The goal is two-fold. Increase accountability within the department and increase communication to the public.

Re: Homelessness

Housing Ventura's homeless was a high priority. Some thought affordable housing was the solution. Others mentioned the homeless shelter. Some interviewees distinguished between the mentally ill living on the streets and the vagrants. Each saw it as a countywide problem with Ventura as its nexus. The county jail and the psychiatric hospital are in Ventura, making the city a natural final destination for the homeless to stay.

Consideration Toward Addressing Homelessness

The new Council should distinguish between criminal vagrants and those willing to accept help. We should be willing to help those who help themselves.

Re: City Staff Accountability

All the interviewees wanted more accountability from the city employees.

Improving City Staff Accountability

The new Council needs to apply critical thinking and be willing to question all city staff reports and recommendations. To do so requires financial literacy. Each Councilmember must study the city budget and Comprehensive Annual Financial Report (CAFR).

Second, the Council should stop accepting mediocre performance from the staff. Stop praising the employees even when they don't perform. False praise is not an antidote for low morale. It may be detrimental to the top performers by cheapening the value of the kudos. The new City Manager Alex McIntyre should confront the staff morale issue.

Third, the new Council should scrutinize the expenditures on outside contractors. Last year, Ventura spent \$30 million. They should be fiscally responsible and look for ways to cut these costs.

Editors' Comments

Many complex issues face Ventura. We can't rely on the candidates alone to be knowledgeable. It's each person's responsibility to be aware of the challenges before us. It's equally important that each voter be confident that the candidates understand them.

Even though voting districts divide the city, our elected Councilmembers must represent the entire community. When deciding on issues, they must think about the city at large.

Keep these points in mind as you go to the polls in November.

of the park; very few plants were spared.

Now nearly a year later, many of the original plants are showing signs of recovery, and many new specimens have been planted. During the closure, many changes have taken place. Fire-damaged walkways were repaired or rebuilt. A new hand hewn rock staircase is now in place near the entrance of the Chilean Gardens, and the long-awaited Merewether Welcome Center will open. Funded through the generosity of Mike and Loretta Merewether and designed by architect Martha Picciotti with work donated by Matt Roberts of Quality Containers, the Center will include a check-in kiosk, an information center, educational space, a stage, a community gathering area, storage and a much-needed

restroom. The Gardens now have roughly 2,000 plants in the collection.

A morning event is planned including a ribbon cutting with Deputy Mayor, Matt LaVere, and a Welcome Center dedication. At noon, the Gardens will be open to the public, with garden walks by local tour guide Lorie McWhirter, and nature talks from garden experts.

"We are so excited about re-opening the Gardens," states Barbara Brown, VBG President, who also lost her home in the Thomas Fire. "This will be a very bright moment for a community that has struggled through a very difficult year. It means so much to all of us, that this iconic community place will reopen."

She continues, "We'll also be opening the new Fynbos Gardens as well, highlighting the flora of the Cape of South Africa. It seems fitting that this Garden be inaugurated in the aftermath of the Thomas Fire because plants in the Cape of South Africa have a life cycle in which fire plays a critical role. For many, smoke is required for seeds to germinate."

The Fynbos Garden has been planted with a multitude of the protea and ericas — two of the more exotic and showy South African flowering displays. The bridge and dry creek bed work that began before the fire, is also complete.

"With the regrowth and expanded plantings needed after the Thomas fire, it has become clear that ongoing financial sustainability is critical for the maintenance, operation and expansion of the Gardens," said Joe Cahill, Executive Director. "We are implementing a membership fee, but we want visitors to enjoy the Gardens affordably, so we've kept the annual fee to \$45 per year, less than a cup of coffee a day, or for those who aren't members, \$7 per day. And, children 18 and under, are always free." For those who can't afford the low annual membership, EBT cards will be accepted.

On Tuesdays, the Gardens are free for everyone. Monthly scheduled guided tours are also free. Additionally, the Gardens plan to be free on most major holidays with the exception of July 4. The new hours are from 9am to 5pm, with possible extended hours in the future. The upper gardens above Summit Drive remain free to the public. Dogs are welcome on Tuesdays and Wednesdays.

Located at Grant Park the Ventura Botanical Gardens' goals include encouraging visitors to strengthen their connection to nature. To find out more, visit www.VenturaBotanicalGardens.com and Facebook.

The Ventura Botanical Gardens (VBG) is located at 567 S. Poli St. behind city hall. The nonprofit organization is dedicated to creating a botanical garden for the twenty-first century celebrating the Mediterranean climate regions. The setting is a world-class site with spectacular 180-degree views of the California coast and the Channel Islands. VBG will continue to create new outdoor opportunities including for training, research, and educational programs ranging from horticulture and botany to sustainability.

VUSD recently completed a brand strategy

by David Creswell

Superintendent of Ventura Unified School District

Whenever people learn I am a school superintendent, they want to tell me about their school experience. Some tell

me about their favorite teacher, others tell me about a class or program that changed their lives in a meaningful way.

Ventura Unified School District recently completed a brand strategy effort that, we hope, will create for our students many positive memories of their school years that set them up for successful lives and careers.

"For the future of every student" is our ambitious promise at VUSD. It means that we will strive to create a path to future success for every student, no matter what their abilities, gifts or challenges might be.

Some asked why in the face of all the challenges that educators experience did we choose to spend time and money on a brand strategy. "Why do you need a new logo?" someone asked.

This effort was about so much more than a logo (although I love the new logo.) After I was hired by our board of trustees, one of their priorities was re-branding the district. They understood that the brand is what you stand for. It is, according to Michelle DeBonis of Zeste — the company that we hired — "what people say about you when you are not around."

Zeste took on an in-depth study of our stakeholders over several months and learned that our district's brand was unclear. That we had pockets of excellence and great potential. But we were inconsistent in our communication and direction.

So inconsistent were we that many of our "customers" did not know that we are a district of choice: that a student and their parents can consider what school in our district they wish to attend. You examine the strengths of each school and choose the one that's the best fit for you. We had parents who did not know this. It was not clear on our website.

But we were competing with schools whose brand promised so much more.

Our trustees and administration understand the schools are competitive. We have private and parochial schools in Ventura. Charter schools. Many students are home-schooled. We know that we compete favorably with these alternatives and want our community to know it. We want to have adequate resources to do the job. We want these students and their parents to choose us because we have an exemplary school that is right for them.

It's a cliché, but it's accurate to say that "one size does not fit all" in education. So here is the focus of our brand promise for each student: rigorous and relevant academics that challenge each student; a safe, healthy, and positive learning environment in every school; engaging settings that stimulate curiosity and empower students to have a voice in their learning; real world experiences and connections in and out of the classroom to cultivate creativity, critical thinking, and an appreciation for the world in which we live, and, consistent, enthusiastic and unwavering encouragement of each and every child—so they can discover who they want to become and be academically, personally, and socially.

Just think about how much that differs from your own education. This is a profound shift in how we educate. If we do this correctly, we set students up for a career and a life in which they can think critically, explore and adapt to new ideas and not be stopped by the challenges they will face in life.

I am confident that with the help of our excellent teachers and professional staff, we will live up to this promise. Some future superintendent will hear a former VUSD student say, "Those were the schools that got me to where I am today."

VBG announces grand re-opening

At long last... the wait is over. The Ventura Botanical Gardens (VBG) recently announced its grand reopening date scheduled for Saturday, November 3. The Gardens have been closed nearly one year, since December 5, 2017, due to the widespread damage caused by the Thomas Fire. The fire swept through the entire 109 acres



This 'n' That

City Council approves Green Energy Rate

by Richard Lieberman

During a recent Ventura City Council meeting the council voted unanimously to adopt a provision that will increase your electric bill by 7-9%. The council approved a measure that will put Ventura at the forefront of a measure that will require 100% of Ventura's electricity be sourced with renewable energy.

In recent years alternative energy providers have emerged shaking up an industry that traditional had no competition.

Last February the Ventura City Council voted to join the Clean Power Alliance. The alliance offers community choice aggregation, which works by allowing cities and counties to buy and invest in renewable energy.

Once it is up and running the, the alliance will be the state's biggest community choice aggregation provider in terms of members.

Ventura, Camarillo, Moorpark Ojai, Oxnard, Simi Valley, Thousand Oaks and the county have all joined along with Los Angeles County, which gave the alliance a \$10 million loan to help with startup cost, and 23 other cities in L.A. County.

Although actual costs are still unknown and will not be fully known until November, cities must set a default rate which is the percentage of renewable energy customers who do nothing are automatically enrolled in.

Electric utility customers who want to stay with Edison or who want a different percentage of renewables can do so, but they must manually opt out or change their default. The change can be accomplished on-line, or by mail. The options that will face Ventura Southern California Edison customers contains three tiers: 36 percent renewables, 50% renewables and 100% renewables.

The alliance predicts savings of from 1-3% for 36% renewables, no change in cost if 50% is selected, and a 7-9% premium cost for opting 100% renewables.

City staff had recommended to the council that Ventura go with the 50% renewable tier, but after several public speakers advanced the 100% alternative as the best, smartest way to face a future

of global warming, sea level rise and continuing drought, as an effective way of reducing the city's carbon footprint the council agreed.

Currently the alliance is projecting savings on Edison base rate in the 36% tier of about 3 percent, 1% or less for the 50% tier and addition costs of up to 9% for the now approved goal of 100% renewables.

Camarillo, Moorpark and Simi Valley have set their rates at the 50% level, while Ojai and the county set their rates at 100% renewables. Oxnard has yet to set a default.

Clean Power Alliance Executive Director Ted Bardacke said he anticipates those rate differentials holding true even with a significant decision made by the California Public Utilities Commission.

The commission voted unanimously to change the way "exit fees" are calculated on community choice aggregation customers who leave investor owned utilities (like Edison). The fees are charged to ensure every customer, whether they are served by a community choice aggregation or an investor owned utility pays for power already purchased on their behalf.

PUC commissioners felt the new exit fees more fairly spread the costs between investor-owned utility customers and community choice customers.

Last year 32 percent of Edison's energy came from renewable sources, according to Edison also offers customers the option to increase that percentage of renewable energy to 50 and 100 percent at additional cost.

The council also considered and approved to continue with plans for a new parking garage in downtown and the city is soon reviewing architectural plans and drawings.

The council also released Thomas Fire new construction permit numbers and they now stand at 82 permits issued, with more forthcoming.

Council passes a contract for temporary generator rental which will include ten generator rentals for emergency power.

the ocean. In addition, by January 2020, the court's ruling requires United to fully design both a 400-foot wide notch and a hardened ramp solution to allow fish to migrate past the dam, and to construct the fish passage option acceptable to the National Marine Fisheries Service.

Filed in federal court in June 2016, the lawsuit was decided after an 11-day trial with testimony from some of the most esteemed steelhead and fish passage experts.

The groups were represented at trial by lead counsel Christopher Sproul of Environmental Advocates; Jason Weiner, senior attorney and general counsel of Wishtoyo Foundation; Geneva EB Thompson, staff attorney for Wishtoyo Foundation; and Heather Kryczka of Environmental Advocates.

The Wishtoyo Foundation is a community-based 501(c)(3) nonprofit with over 700 members consisting of Ventura County residents, Chumash Native Americans, and the general public that enjoys, depends on, and visits Ventura County's inland and coastal waterbodies to protect, preserve, and restore the ecological integrity and water quality of Ventura County's inland waterbodies, coastal waters, and watersheds. www.wishtoyo.org

The Center for Biological Diversity is a national, nonprofit conservation organization with more than 1.6 million members and online activists dedicated to the protection of endangered species and wild places.

Boys & Girls Club of Greater Ventura Havana Nights

The Boys & Girls Club of Greater Ventura will be hosting its 51st Great Futures Gala and Auction honoring J.D. and Amber Drury on Nov 10, at the Four Points Sheraton by the Harbor from 5 – 9 pm. Themed Havana Nights it will include everything Cubano! So skip the plane flight and tricky entry requirements and come celebrate the best of Cuba in your own backyard.

For an evening of good food, good people, and good conversation, all for a good cause! Supporting our community's youth! With a cocktail reception of champagne, hors d'oeuvres or if you're really game, try an authentic Cuban Mojito. Join in a spectacular Silent Auction, you'll be in for a great time before heading into the ballroom where even more fun will be had! Fine dining, hearing from this year's honorees, and bidding on the all-exciting Live Auction. \$150 per person | Table of Ten: \$1,450. Attire: Cuba Casual or Business Casual. RSVP by October 29th at denisec@bgclubventura.org or call 805-641-5585.

For those who cannot attend, but would still like to support the Club can donate online by texting [bgkids18](https://text.bgkids18.com) to 44321 or mailing their donation to 6020 Nicolle St Suite D, Ventura, CA 93003. If everyone donates just a \$1 or more in Ventura, they will reach their goal of \$200,000 which would provide 2 months of essential Club services.

To find out more about our impact visit bgclubventura.org and search our impact to learn more about ways we are making a difference together in our Ventura community.

Ventura events

Continued from page 7

lowship is hosting a Bible Conference featuring Dr. Robert Morgan as guest speaker. Dr. Morgan, renowned author will be speaking on, "The Red Sea Rules" and will be available to sign books. This free event is Oct. 26 from 6:30 -8:30 p.m., Oct. 27 from 9 – 12 p.m., and Oct. 28 at 11:30 a.m. Located at 2226 Goodyear Ave. Call 805-535-4325 for additional information.

Oct. 27: Pulitzer Prize-winning author William Finnegan will be at the Museum of Ventura County from 3-5 p.m. on Saturday. He will talk about his book Barbarian Days: A Surfing Life. This special event is a part of the Ventura County Library's first annual One County, One Book community reading program.

Oct. 27, 28, 31: Celeb Host Richard Karn joins the cast revealing real minions leading humans astray via well known urban legends. News Talk 1590 KVTa Saturday October 27th at 6 a.m., 1 p.m., 5 p.m. and 9 p.m.; Sunday October 28th at 7 a.m., 12 p.m., 4 p.m. and 7 p.m.; Wednesday October 31st at 7 p.m. The one-hour, commercial free broadcast is presented by Every Now and Then Theatre and Conejo Players Theatre. Show benefits area foster children.

Oct. 28: "Why We Love Rumi" will be presented by Steven Scholl, an independent scholar of Islam and comparative religion, on Sunday at 11:30 a.m. Unitarian Universalist Church of Ventura, 5654 Ralston. Steven Scholl has lived and traveled extensively in the Middle East. To arrange for free child care during this event, please contact Carolyn Briggs before Oct. 25th at BriggsCondra@yahoo.com.

Oct. 30: Halloween Spooktacular featuring the pipe organ in a spooky setting with flying goblins and foggy air. The organ console will be front and center for all to experience with music and show geared to the young at heart. Tyler Carlisle, Music Director, First United Methodist Church. Bring your young ones for a friendly spook. Tuesday, at 7p.m. at 1338 Santa Clara Street. <http://venturafirstumc.org>.

Nov. 4: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1 - 4 p.m. including a special visit from "Mrs. Caroline Dudley" who passed from this earth in 1940. Admission is free. The museum is located at Loma Vista and Ashwood streets. Information (805) 642-3345 or www.dudleyhouse.org.

County to accept reservations

Continued from page 20

of disruption, the County will enact this policy shift during the Parks' less busy off-season, which will allow flexibility with customers and adjust any procedures before next summer's on-season.

Bookings will open 24 September through the online Reservation site <http://www.venturaparks.org/> or by calling the Parks reservation line (805) 654-3951. There will be a reservation booking fee of either \$3 (online reservations) or \$10 (phone reservations). You may only book one site per reservation period per park. All length-of-stay and return-to-park policies apply.

Legal victory secures protection for Santa Clara

Conservation groups have scored a key courtroom victory for endangered Southern California steelhead harmed by operation of the Vern Freeman Dam on the Santa Clara River.

In a 152-page decision issued by Honorable Judge David O. Carter, the court found United Water Conservation District violated the federal Endangered Species Act by clearly causing past, ongoing, and future harm to steelhead as a result of the dam's barrier to fish movement and diversion of water. Finding that United "dragged its feet" on critical solutions, and that "United has proved itself unable and unwilling

to tackle the two key problems repeatedly identified as perpetuating harm to steelhead," Judge Carter ordered measures needed to prevent the harm from continuing and to allow for steelhead recovery.

The 1,200-foot-wide, 25-foot-high Freeman Dam's ineffective fish ladder, combined with United's diversion of the Santa Clara River's flow at the dam, prevent steelhead from returning to their prime upstream spawning habitat in the river and migrating to the ocean.

Southern California steelhead are a federally protected, endangered anadromous fish that mature in the ocean but return inland to spawn in freshwater upstream. The Santa Clara River historically supported thousands of steelhead and is critical for the recovery of steelhead throughout their range.

The court's ruling requires United to immediately ensure the river has sufficient flows for steelhead to swim the 10.5-mile stretch of river to and from

Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Vehicle Burglary Arrest

On Oct.12, at 10:30pm the victim returned to her parked vehicle inside of the parking structure located at 555 East Santa Clara Street and found the suspect sitting inside of the vehicle rummaging through the interior. After being confronted by the victim, the suspect fled. The victim followed after the suspect while simultaneously calling 911. Responding officers located the suspect and were able to take her into custody. The property she had stolen from the victim's car was recovered and returned to the victim.

At the conclusion of the investigation Jasmine Wolpe, 33 years of Ventura was booked into Ventura County Jail for the felony charge of vehicle burglary. A review of the Ventura County Superior Court website shows that the suspect has been arrested 14 times since 2015 for various misdemeanor charges including drug possession, possession of stolen property, petty theft and delaying/obstructing officers. According to the website, 11 of these arrests resulted in convictions.

Armed Robbery

On Oct. 18, a 7:27pm, a HMA wearing dark clothing entered a business in the 700 block of N. Ventura Avenue. He approached the employee at the counter, pulled out a gun and demanded money. The employee gave the suspect an undisclosed amount of money, and the suspect fled on foot from the business. Responding officer checked the area but did not locate the suspect.

Armed Robbery

On Oct. 20, 1:38pm, a HMA, mid 20's, black LA Dodger hat, a black ski mask covering the bottom of his face, black jacket, and tan pants, and a semi-automatic handgun, HMA, mid 20's, black hoodie, sunglasses, a black ski mask covering the bottom of the face, black pants, and a revolver entered H&H Liquor at 1839 E. Main St. They approached the employee at the counter, pulled out their guns and demanded money. The employee gave the suspects an undisclosed amount of money and the suspects left to the business. The suspects were last seen driving away eastbound in a white four-door compact vehicle.

This is an ongoing investigation, and anyone with information is asked to call the Ventura Police Department at 805-339-4488.

children were freed unharmed.

10-08 6:00pm, while on patrol in boat 19, officers observed large waves at the entrance to the harbor. One wave was measured with the sonar at 11ft in height

10-10 4:45pm, while on patrol in the truck, officers received a report of a female transient using the boatyard restroom sink to bathe. The individual was contacted and warned about trespassing and removed from the area.

10-13 8:16am, dispatched to a fall victim at Ventura Marina Community. Officers responded and assisted VFD/AMR with the patient.

7:15pm, while on patrol and enforcing hoopnetting ordinances officers contacted two fishermen fishing from a Personal WaterCraft. Federal law prohibits PWC's from operating between sunset and sunrise. The fisherman's voyage and fishing trip was terminated due to federal law.

10:40pm, received a request to tow a disabled 20ft motor vessel. Officers responded and took a 20ft skipjack en tow to the L/R from the sandtrap.

10-14 7:50am, received a report of a transient disrupting the peace in the Harbor Village. Officers responded and removed the disturbing party from the village.

8:08pm, while on patrol, received a report of a vessel on the rocks, outside of the breakwall. Officers responded and observed several vessels engaged in hoop netting in very rough conditions on the outside of the breakwall. The vessel was assisted and suffered no damage.

10-15 7:00am, officers observed the National Weather Service issuing warnings for Small Craft Advisory due to strong East winds. The SCA flag was raised.

10-16 11:29am, dispatched to a hazardous condition in the Ventura Marina Community. Officers responded and found a possible gas leak from a stove. The source was discovered and secured.

1:15pm, officers gave the districts dredge consultant and the Army Corp of Engineers a ridealong to check the water depth of the Harbor entrance for maintenance dredging this winter.



The National Center for Missing & Exploited Children is asking for help from the public to locate a missing teenager. 17-year-old Kevin Martinez was reported missing on December 14, 2017 from Ventura.

According to authorities, there was a recent sighting of Kevin in Ventura in June of this year.

Kevin is described as 5 feet 7 inches tall with black hair and brown eyes.

Anyone with information about Kevin is asked to contact the National Center for Missing & Exploited Children at 1-800-843-5678 (1-800-THE-LOST) or the Ventura Police Department at 1-805-650-8010.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

10-07 7:33am, patrol escorting the Polynesian sailing canoe Hikianalia into the harbor and to their slip at VHV C-dock where a ceremony ensued.

2:55pm, while on patrol, officers observed a diesel spill near VHV G-dock. After a brief investigation, the source of the spill was located coming from one of the commercial fishing vessels.

4:19pm, received a report of children trapped in an elevator at 1567 Spinnaker Drive. Officers responded with VFD and the



Plenty of space at the "House" to play volleyball with an ocean view!

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Desire to Protect and Serve Our Community

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Weekly SUDOKU — Answer

4	8	3	7	2	6	5	1	9
2	7	9	1	4	5	6	3	8
6	1	5	8	9	3	2	7	4
3	9	1	2	5	7	4	8	6
8	5	2	6	1	4	7	9	3
7	4	6	3	8	9	1	2	5
1	2	4	5	3	8	9	6	7
9	6	8	4	7	1	3	5	2
5	3	7	9	6	2	8	4	1

King Crossword — Answers

Solution time: 27 mins.

A	S	P	P	A	S	P	I	C	O	T
N	O	R	A	C	T	A	L	O	H	A
T	O	O	S	Q	U	A	W	K	B	O
I	T	S	T	U	N	I	S			
C	H	E	Z	I	T	D	G	O	Y	A
			O	R	T	S	K	Y	B	O
C	A	P	R	I		O	P	I	N	E
I	C	E	B	O	X	D	I	S		
D	E	C	A	I	R	E	Y	O	Y	O
			I	N	A	N	E	M	E	N
S	T	R	O	N	G	B	O	X	E	M
L	E	A	S	T	A	T	E	G	E	E
Y	A	H	O		T	E	C	A	N	T



by Pam Baumgardner
VenturaRocks.com

It's hard to keep up with when and where all the Halloween parties are this year as venues have been mixing it up providing spooky fun not only the weekend before, but even a few weeks ahead of the actually day. Just know this, you most likely won't be alone when dressing up on any given day leading up to Halloween. Just a couple of parties of note on Friday, October 26: there's the annual Halloween Hoedown at Sans Souci with All-A-Blur, Hymen Blasters and more, Leashless has Kyle Rising, at the Keynote you'll find Classic Rock with Crosscut 805 and Anchor and Bear will play a Halloween show performing the 1969 rooftop Beatles concert at Made West Brewing.

Moving on to Saturday, October 27, the Hong Kong Inn has music all day long starting at 1 pm with over a half dozen bands including Sin Chonies, Beers Brothers, and Hot Cuppa Three; the Darling Dames 3rd annual Halloween Bash will be at The Garage with Sick Boy and The Rip Katz, and The Barrelhouse Wailers will be the featured band for a Halloween "Spookeasy" swing dance party at the Ventura Beach Club.

And then on Sunday, Mick Stover presents a Gentlemen Blues Club production, Jumpin' Jack Benny, at Grapes and Hops from 4-7 pm. You may know Mick as the bass player for Dive Bar Messiahs, well he's super stoked to be bringing this award-winning act to Ventura for an afternoon of dancing to Rockin' Blues, and yes, there will be a Halloween costume contest as well.

Halloween night? All bets are off. Get out, have fun and hopefully music will be involved.

Ambrosia by Caffrodite, recently located at 1987 E. Main Street in midtown Ventura, has launched a Friday night dinner and music weekly series for those who prefer organic Vegetarian and Vegan dinners with light music. Already lined up are Steve Williams, Greg Korzen and Brad Strickland.

Queen Nation returns to Ventura County for a show at Discovery on Friday, November 2, just in time to coincide with the movie "Bohemian Rhapsody" in theaters the same day. I recommend you hold off on the movie, and see these guys live first.

Quick Notes: Doug Webb with Danny Carrey (Tool) play the Hong Kong Inn, Wednesday, October 24; Morrissey will play the Ventura Theater on Halloween night with Mazzy Star on the following evening; Tommy Marsh's the Session this month will feature Mark Sells at Grapes and Hops on Thursday, November 1; and finally, the Ventura County Concert Band will hold their free annual Veteran's concert featuring patriot music at the Ventura High School Auditorium on Sunday, November 4.

And finally, Mark Hartley tells me the Star Lounge is closed temporarily for just a remodel and cleanup. No need to worry they'll be back before long with the patio being a part of the bar as well!

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Blue Agave
185 E. Santa Clara Street
Sat 11/3: Misunderstood (3 pm)
Boatyard Pub
Ventura Harbor Village
Monday-Thursday 6 pm, Friday & Saturday 7 pm
Mondays: Milo
Tuesdays: Jason Ho
Wednesday: Mark David McKinnis
Thursdays: Bluegrass Jam
Fri 10/26: Teresa Russell & Stephen
Sat 10/27: Karen Eden & Park
Bombay Bar & Grill
143 S. California Street
Friday & Saturdays: DJs
Café Fiore
66 S. California Street
Wed 10/24: Big Adventure
Thurs 10/25: Coso Live
Fri 10/26: Front Loaders
Sat 10/27: Alex Nestor
Tues 10/30: Taboo
The Cave
4435 McGrath Street
5:30 – 8:30 pm
Weds & Saturdays: Varon Thomas
Thurs & Fridays: Warren Takahashi
Copa Cubana
Ventura Harbor Village
Week nights 6 pm; Weekends 7 pm;
Sundays 4 pm
Sat & Suns: Al Macias (11-2 pm)
Tuesdays: Jerry McWorter Trio
Fri 10/26: Brandon Ragan Project
Sat 10/27: Havana Cinco
Sun 10/28: Karen Eden
Dargan's Irish Pub & Restaurant
593 E. Main Street
Sun 11/4: Sunday Drivers (4 pm)
Discovery
1888 Thompson Blvd
Thurs 10/25: Bomba Fiya
Fri 10/26: High Voltage
Fri 11/2: Queen Nation
Sat 11/3: Cubensis
Duke's Griddle n Grill
1124 S. Seaward
Wednesdays: Karaoke
El Rey Cantina
294 E. Main Street
Fridays: Xoco Moraza & Friends (6-8 pm)
Saturdays: DJ
Four Brix Winery
2290 Eastman Avenue
Music 5:30 – 7:30 pm
Fri 10/26: Karen Eden & Bill Macpherson
Fri 11/2: Inna Rude Mood
Garage
1091 Scandia Avenue
Fri 10/26: The Robot Uprising, Uber Death, Last Point
Sat 10/27: Sick Boy, The Rip Katz
Sat 11/3: Drac, Swamp Rats
Gigi's Cocktails
2493 Grand Avenue
(805) 642-2411
Thurs, Fri & Sat: Karaoke
Golden China
760 S. Seaward
(805) 652-0688
Karaoke seven nights a week 9 pm

Tuesdays 7 pm: Open Mic
Sat 10/27: Klientel, Brand B, Sickness
Grapes and Hops
454 E. Main Street
Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm
Wed 10/24: Bluegrass
Thurs 10/25: Kelly's Lot & Big Wilson
Fri 10/26: Shawn Jones Trio
Sat 10/27: Dianne Miller Band
Sun 10/28: Gentleman's Blues Club
Thurs 11/1: The Session w/ Tommy Marsh featuring Mark Sells
Sun 11/4: The Tossers
Hong Kong Inn
435 E. Thompson Blvd
Thursdays: Gypsy Blues Band
Wed 10/24: Doug Webb Group w/ Danny Carey (TOOL)
Fri 10/26: Hi Hat Entertainment presents Lenny Goldsmith
Sat 10/27: Beers Brothers, Hot Cuppa Three, Sin Chonies, Bomba Fiya, Identity Crisis & more...
Sun 10/28: Del Franklin
Fri 11/2: Hi Hat Entertainment presents Shawn Jones
Keynote Lounge
10245 E. Telephone Road
Tues, Wed and Sun: Karaoke
Thursdays: Open mic night
Fri 10/26: Crosscut 805
Sat 10/27: Pull the Trigger
Leashless Brewing
585 E. Thompson Blvd.
Tuesdays: Open mic
Sat 10/27: Kyle Rising
Limon y Sal
598 E. Main Street
Fridays: DJ
Saturdays: DJ
Sundays: Instone (1-4 pm)
Made West Brewing
1744 Donlon Street
Thurs 6 pm; Sat 4 pm; Sun 3 pm
Thurs 10/25: Tom & Milo
Fri 10/26: Anchor & Beer
Sun 10/28: Will Breman
Thurs 11/1: Matt Sayles
Sat 11/3: The Dynasties
Sun 11/4: The Detroit Sportsmen's Congress
Majestic Ventura Theater
26 S. Chestnut Street
Sat 10/27: Tech N9ne
Sun 10/28: Panteon Rococo
Wed 10/31: Morrissey
Thurs 11/1: Mazzy Star
Sun 11/4: The Struts
Margarita Villa
Ventura Harbor
Fri and Sat 6 pm; Sundays 4 pm
Fri 10/26: Corsican Brothers
Sat 10/27: Crosscut 805
Sun 10/28: CRV
Sun 11/4: Mark Masson & Friends
Museum of Ventura County
100 E. Main Street
Sun 11/4: Camerata Wind Artists (3 pm)
Namba
47 S. Oak Street
Sat 11/3: Kiki Ebsen's Healing Equine Ranch Benefit Concert
O'Leary's
6555 Telephone Road
Wed: Karaoke
Paddy's
2 W. Main Street
Wednesdays: Karaoke
Fri & Sat: DJs
Plan B Wine Cellars
3520 Arundell Circle
4:30 – 7 pm
Sun 10/28: Ignition
Prime
2209 E. Thompson Blvd
Tuesdays: Danny D
Fridays: Mike Moody
Saturdays: Jessica Ash

Red Cove
1809 E. Main Street
Thursdays: Music Club Open Jam Night
Sat 10/27: Expain
Rubicon Theater
1006 E. Main Street
Wed – Sundays: Return to the Forbidden Planet
Saloon BBQ
456 E. Main Street
10 pm
Fri 10/26: Noble Grizwald
Sat 10/27: Grapevine
Fri 11/2: Funk Friday DJ set
Sat 11/3: The Colour Coast, Oak Palace
Sandbox Coffeehouse
204 E. Thompson Blvd
805-641-1025
Thurs 6 pm, Weekends noon
Thursdays Open Mic
Sat 10/27: Bryan Sinklier
Sun 10/28: Sasha Alcott
Sat 11/3: Liv Waters
Sans Souci
21 S. Chestnut
Sundays: DJ Darko
Mondays: Karaoke
Tuesdays: DJ Nick Dean
Wednesdays: Open mic
Thursdays: DJ Spinobi
Fri 10/26: Big Dictator
Sat 10/27: All-a-Blur, Burn, Hymen Blasters, Voo Doo Dawn
Star Lounge
343 E. Main Street
Sunday music 3 -6 pm
Tues: Karaoke
Thurs: DJ Trovlbe
Fri 10/26: CRV
Sat 10/27: Arockalyse Now
Wed 10/31: CRV
The Tavern
211 E. Santa Clara Street
(805) 643-3264
Sundays: DJ Steezy Steve
Tuesdays: Karaoke
Thursdays: Get Right DJ
Wed 10/24: Ex-Cult, VNLVX, Easy Death
Fri 11/2: I Want my 80s
Topa Mountain Winery
821 W. Ojai Avenue
Saturdays 5 pm; Sundays 3 pm
Sun 10/28: Patricia Avis Trio
Ventura Beach Club
281 W Main Street
Sat 10/27: Barrelhouse Wailers
Ventura County Fairgrounds
10 W. Harbor Blvd
Fri 10/26: La Arrolladora
Ventura High School
2 N. Catalina Street
Sun 11/4: Ventura County Concert Band (3 pm)
Vintura at the Wine Rack
14 S. California Street
(805) 653-9463
Sundays music at 3 pm
Thurs 10/25: Art Farmers
Fri 10/26: Tommy Quayle
Sat 10/27: The James Bros.
Sun 10/28: Jazz Brothers
Thurs 11/1: Rob Van Trio
Fri 11/2: Tommy Quayle
Sat 11/3: Mark Masson
Winchester's
632 E. Main Street
(805) 653-7446
Music at 8:30 pm; Sundays at 2:30 pm
Fri 10/26: Medicine Hat
Sat 10/27: Carlos Fontaine
Fri 11/2: Ventucky String Band w/ Christian Gallo
Sat 11/3: National Cat
Sun 11/4: Hot Cuppa Three
The 805 Bar
Ventura Harbor
Fridays: Troy Edwards (8-11)
Saturdays: Kenny Devoe (2-7)
Sundays: Kenny Devoe (2-6)



Vita Art Center presents **Rafael Perea de la Cabada** *Birds on a Wire / Pajaros en el Alambre*. November 2- November 30 at 28 W Main St.

Pájaros en el Alambre / Birds on a Wire is a new body of work by renowned visual artist Rafael Perea de la Cabada. This exhibition explores our connection with birds in a symbolic, environmental, and philosophical manner through a variety of mediums, including paintings, drawing, works on paper, printmaking, photography, and ceramic objects.

Some interpretive text is provided by renowned animal ethologist and bestselling author Dr. Jonathan Balcombe. An inspired poetry reading by former Santa Barbara Poet Laureate David Starkey and friends will take place on November 30th at 6:30pm.

Rafael Perea de la Cabada lived in Santa Barbara since 1987 and in Ventura since 2015.



11th Annual exhibition of new works on paper: 643 Project Space, 643 Ventura Ave.

Artist Opening Reception November 2, 5:00-8:00pm.

Exhibition runs through November 30.

During the First Friday art walk there will be a free drawing for the Inksports 2018 FOLIO (10 original prints) at 7 p.m.

Gallery Hours: Saturdays, 1:00—4:00 p.m. November 3, 10, 17 & 24; and by appointment

The **Inksports of San Buenaventura** are a group of artists dedicated to creating original prints using a variety of techniques including etching, collagraph, linocut, monoprnt, monotype, woodblock, and digital manipulation.



Artists **W. Scott Miles, Susan Petty and Roxie Ray** present their individual representations on the theme *Elements* in an exhibition of paintings and video installations that explore the intersections of visual abstraction and multimedia. Opening with a public reception, 4 to 6 p.m., Nov. 3, at Studio Channel Islands in Camarillo, the *Elements* theme flows through the exhibition, connecting three diverse artistic visions. The *Elements* exhibition will be on display Nov. 2 through Dec. 15 at SCI's Blackboard Gallery, 2222 East Ventura Blvd., Camarillo.



A Conversation with **Dane Goodman**

Sunday, October 28, 2018 3 to 4:30 p.m.

Oxnard's Levity Live at The Collection

591 Collection Blvd.

Dane Goodman is one of the Central Coast's most accomplished artists. A recipient of the County of Santa Barbara Individual Artist Award, he has also been nominated for the National Award in the Visual Arts and the FOCA Award in LA. You won't want to miss this conversation with an artist whose work described as idiosyncratic and provocative.

To learn about Dane Goodman, visit www.EstradaFineArt.com

Free to FOTM members, \$15 for public; \$10 for seniors.

Special invitation to Educators & Students:

The Artist Spotlight is open to students attending as a class assignment free of charge. FOTM is happy to assist with tracking attendance and sign-in sheets. Reservations required.

To RSVP visit www.FocusOnTheMasters.com or call 805.653.2501.

The ARTLIFE Foundation in cooperation with the Museum of Ventura County has set up an exhibit of Joseph Cardella's works and issues of ART/LIFE in the Museum's Pavilion.

On Friday November 2, from 2:00 to 4:00 pm, a number of commentators will offer interpretations of Joe Cardella's remarkable art on view at the Pavilion. You may have seen the intriguing works of this local genius, but have you tried to formulate what some of it might mean?

The event is free to Museum members, with a \$5.00 fee for non-members and \$3.00 for students and seniors.

Museum of Ventura County,

100 E. Main Street, November 2, 2:00 to 4:00 pm.

805-653-0323



Museum hosts Chicano artists at signing event

The Museum of Ventura County will host a catalog release event, 5:15 to 6 p.m., Nov. 1, at 100 E. Main St. The *Ayer y Todavia* catalog features the artwork of the 2017 *Ayer y Todavia* exhibit which included artists **Margaret Garcia, Xavier Montes, Veronica Valadez, Ignacio Gomez and Patssi Valdez**, among others. Several of the artists will be on hand to sign catalogs and share insight on their work. Catalogs are \$20.

Admission to the event is free and is part of a larger Día de los Muertos celebration at the Museum featuring altars created by the Federacion de Clubes Guanajuatenses, music provided by local composer and guitarist **Javier San Roman**, artwork by visiting Guanajuato master craftsman **Eduardo Serrano Moreno**, who will create a sawdust "mandala-like" art piece, and several current pageant winners from the different states in Mexico dressed in their states' official costumes. No-host bar. For more information call (805) 653-0323.

Lighter Breeze

Mother Goose and Grimm



Zits



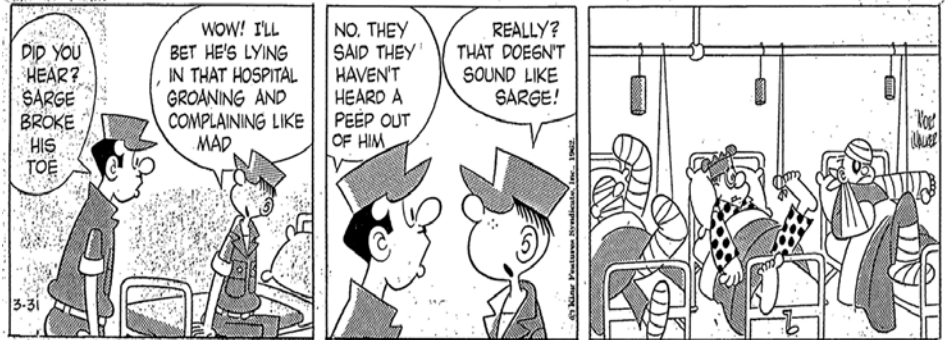
Baby Blues



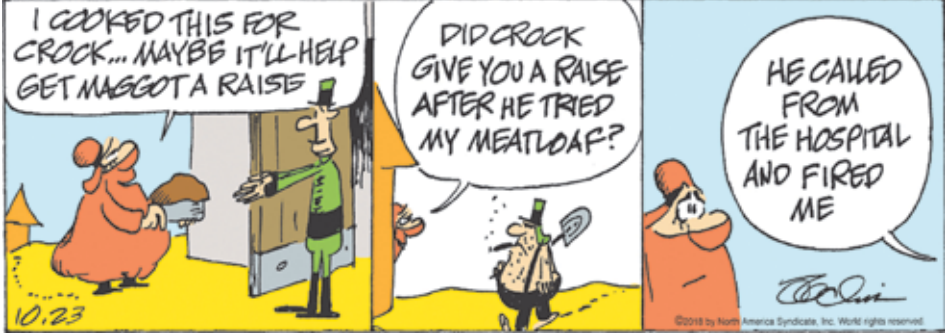
Beetle Bailey



Classic Beetle Bailey (March 31, 1962)



Crock



Solutions on page 23

(For a beginners guide to playing Sudoku go to venturabreeze.com)

4				6		1	
	7			4	5		8
		5	8		2		
3	9			7			6
		2		1	7		3
	4		3			2	
	2			3			7
9				1		5	
		7	9	6		8	

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging ♦♦♦♦ HOO BOY!

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Solutions on page 23

King Crossword

ACROSS

- 1 Cleo's slayer
4 — de deux
7 Ornamental loop
12 Neither mate
13 Performance
14 Wahine's greeting
15 Excessively
16 Intercom speaker
18 "— Impossible"
19 African capital
20 At the home of (Fr.)
22 "— be an honor"
23 Maja painter
27 Table scrap
29 Luxury stadium seating
31 Italian isle
34 Put one's two cents in
35 Fridge
37 Insult (Sl.)
38 Ten (Pref.)
39 Anger
41 Vacillate
45 Foolish
47 Chaps
48 Chest for money
52 Type measures
53 Minimum
54 Corroded
55 "Gosh!"

1	2	3		4	5	6		7	8	9	10	11
12				13				14				
15				16			17					
18				19								
20			21		22				23	24	25	26
			27	28			29	30				
31	32	33						34				
35					36		37					
38					39	40			41	42	43	44
				45				46		47		
48	49	50	51							52		
53						54				55		
56						57				58		

- 56 "Whoopee!"
57 Sleuth
58 Pismire
eh?"
11 Earner's burden
17 Helps
21 1964 Anthony Quinn role
23 "Everything's Coming Up Roses" musical
24 Sapporo sash
25 Thither
26 Lumberjack's prop
28 Carnival site
30 Pond carp
31 Spanish literary hero
32 Expert
33 Chest muscle, for short
36 Intersection, on signs
37 Indicate
40 Moroccan city
42 Last letter
43 Mideastern land
44 Beginning
45 Division word
46 CEO, e.g.
48 Crafty
49 Earl Grey, e.g.
50 "Go, team!"
51 Bear, in Barcelona

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ARIES (March 21 to April 19) The high standards you set for yourself don't always translate into the behavior you expect of others. That relationship problem can be resolved if you're more flexible and less judgmental.

TAURUS (April 20 to May 20) Not enough party bids to satisfy the Bovine's fun-loving side this week? Go ahead and throw one of your own. Then prepare for some serious work coming up early next week.

GEMINI (May 21 to June 20) A new and intensely productive cycle is about to kick in. Be careful not to get too stressed out, though. Make time to restore your energies by relaxing with family and friends.

CANCER (June 21 to July 22) This could be a good time to share some of your plans with those closest to you. Their comments could give you some added insight into how you might accomplish your goals.

LEO (July 23 to August 22) An attack of self-doubt might be unsettling for the usually super-assured Feline. But it could be your inner voice telling you to hold off implementing your plans until you've reassessed them.

VIRGO (August 23 to September 22) This is a great time for you to reward yourself for all your hard work by taking a trip you haven't spent months carefully planning, to somewhere you never thought you'd

be going.

LIBRA (September 23 to October 22) Some misunderstandings resist being resolved. But your sincerity in wanting to soothe those hurt feelings wins the day. By month's end, that relationship should begin to show signs of healing.

SCORPIO (October 23 to November 21) A hectic job schedule begins to ease just in time to blow off all that work-generated steam on Halloween. A family situation runs into an unexpected complication.

SAGITTARIUS (November 22 to December 21) A cutting remark in the workplace needs to be handled with finesse. Remember: How you respond could determine the depth of support you gain from colleagues.

CAPRICORN (December 22 to January 19) Once again, that Capricornian stubborn streak sets in and could keep you from getting much-needed advice. Fortunately, it lifts by week's end, in time to make an informed decision.

AQUARIUS (January 20 to February 18) A surprise trip early in the week could lead to other unexpected offers when you return. Word to the wise: Avoid talking too much about this until you've made some decisions.

PISCES (February 19 to March 20) Learning dominates the week for perspicacious Pisceans, who are always looking to widen their range of knowledge. A series of important job-linked commitments begins late in the week.

BORN THIS WEEK: Your sense of humor generates good feelings and good will everywhere you go.

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Show Time



Get ready to blast off to the forbidden planet.

A View from House Seats

Interplanetary hi-jinx in high gear at Rubicon

by Shirley Lorraine

It seems that no matter what the situation or scenario, William Shakespeare already has it covered. Based very loosely on Shakespeare’s The Tempest, Return to the Forbidden Planet uses a clever mix of science fiction, rock music and many of the Bard’s words to weave its tale. Author Bob Carlton debuted the musical in London in 1989 to rave reviews. Rubicon first presented it in 2016 and brought it back specifically for the theater’s 20th anniversary season.

Imagine Galaxy Quest meets Plan 9 meets Shakespeare.

The action begins the minute one enters the theater. Members of the crew of the ship Scientific Survey Flight Nine welcome patrons and assist in acclimating them to their surroundings and rules to follow while in flight.

As the voyage begins Captain Tempest (Daniel DeYoung) and the crew is introduced to their new Science Officer – a woman. Egads. She immediately abandons ship on the last shuttlecraft just before the ship crashes on an uncharted planet. The planet is ruled by Prospero (Kevin Bailey), a brilliant scientist who was rocketed there fifteen years ago by his wife, Gloria (Rebecca Ann Jonson) who coincidentally is the new Science Officer, before his greatest discovery was revealed. Their infant daughter Miranda was along and the two have been exiled on the lonely planet.

Captain Tempest welcomes Prospero onto his ship and things turn a bit crazy. Miranda (Kimberly Hessler), who is now of age, has never seen other men before and right away is struck by the Captain. The ship’s cook, Cookie (Andrew Huber), is smitten with Miranda and vows to win her over. Along the way we are introduced to Ariel (Larry Cedar), a quite hip and groovy robot.

The plot is a relatively simple one of love found, love lost, and love regained. The setting on a space ship armed with a rock band creates an entirely new way to present Shakespeare. It just continues to prove that his words are timeless, as they adapt easily to any situation, no matter how farfetched.

Return to the Forbidden Planet is just plain fun. Riddled with over 20 familiar tunes of the 50’s and 60’s such as Don’t Let Me Be Misunderstood, Shake, Rattle and Roll and She’s Not There, the action is a continual panoply of sight, sound and surprises.

The cast is out of this world talented

all around. The Navigation Officer (Eric Shorey) plays a mean synthesizer and the ship comes complete with its own on-board drummer, guitar players and back-up dancers. Shouldn’t they all?

The energy is electric. The stage setting is clever, with all the bells and whistles a space ship could have. On opening night there was a slight hitch in one mechanism and the cast dealt with it so well it took a few moments to realize anything was amiss. Shakespearean dialogue continued until all was resolved and the action progressed seamlessly.

If you caught the show in 2016, go again. If you missed it before, be sure to catch it this time before it spins back into space.

Return to the Forbidden Planet runs through November 4. Performances are Wednesdays at 2 and 7 p.m., Thursdays at 7 p.m, Fridays at 8 p.m., Saturdays at 2 and 8 p.m., and Sundays at 2 p.m. Rubicon Theater, 1006 E. Main St, Ventura. www.rubicontheatre.org or (805) 667-2900 for tickets. Prices vary.

Hollywood

by Tony Rizzo

Two-time Oscar-winner Hilary Swank has been in Australia making “I Am Mother,” with Clara Rugaard. The film is about a teenage girl raised by a robot mother designed to repopulate Earth following an extinction event.

Matt Damon has been filming in California; New Orleans; Atlanta; Savannah, Georgia; and in Le Mans, France, for his latest film, “Ford v. Ferrari,” based on the book “Go Like Hell: Ford, Ferrari, and Their Battle for Speed and Glory at Le Mans,” by A.J. Baime.

Shirley MacLaine, one of the last movie stars from the golden age of Hollywood, is still going strong at 84. She’s a four-time Oscar nominee, and she won a best-supporting Oscar in 1984 for “Terms of Endearment.” Shirley recently did Netflix’s “The Little Mermaid,” with William Moseley (“The Chronicles of Narnia”), and has just completed the Disney Fantasy Christmas comedy “Noelle,” for Disney’s streaming service. Shirley has written umpteen books about her reincarnations, and if she’s lived before, she may have been through the studio system more than once!

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Opera Santa Barbara’s new class of artists in residence has arrived!

Opera Santa Barbara welcomed the arriving singers who have been selected as the 2018-19 Chrisman Studio Artists: Ashley Armstrong, Michael Killmorgen, Jennifer Lindsay and Yazid Gray.

They will be in residence from October-November and then January-May 2019. The singers will perform small roles and cover principal artists in the opera’s three mainstage productions this season, *La Bohème* (Nov. 9-11), *Eugene Onegin* (March 1-3) and *The Crucible* (April 26/28). They will also participate in a 25th anniversary gala event (January 26).

The studio artists are the backbone of OSB’s educational outreach programs, performing free noontime concerts throughout the Central Coast from Santa Maria to Thousand Oaks, and serving as the improvisational talent for the popular in-school opera workshop called Opera Lab designed for 3-6th grade classes in schools throughout the area.

Soprano Jennifer Lindsay joins the Chrisman Studio Artist Program for Opera Santa Barbara’s 2018/19 season, covering Tatiana in *Eugene Onegin* and both Mimì and Musetta in *La bohème*, and singing Mary Warren in *The Crucible*. Prior to joining Opera Santa Barbara, she will make her role debut as Mimi in *La bohème* with Opera Connecticut.

Tenor Michael Kollmorgen, has been
Continued on page 28

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Grants of up to \$1,000.00 each are awarded

The VEP Board is proud to announce that the Ventura Education Partnership has awarded over 90 VEP Grants to teachers for their development of creative educational projects that stimulate learning by students. Over \$86,000.00 was awarded.

Madhu Bajaj, President of VEP said "We are so grateful for caring community members and generous business owners who support our teachers with funding to make an amazing, innovative project come alive in the classroom."

Each year, teachers and staff from VUSD schools and district programs submit short grant proposals which are reviewed and evaluated by a diverse group of readers from VEP and the community. Grants of up to \$1,000.00 each are awarded for projects and activities that supplement core curricula in kindergarten through high school. Many community businesses and organizations support this program through their funding for VEP Grants.

Some of these include MJP Technologies Inc., Community Memorial Health System, Aera Energy, Mountains to Beach Marathon, the City of Ventura through a cultural funding grant and the Rotary Club of Ventura. The Ventura Education Partnership connects community resources to support and sustain innovation in education to benefit VUSD students.

The VEP Grant program was spotlighted at this year's "Celebrate Innovation" gathering on Wednesday, October 17 at Balboa Middle School's Salad Bar Farm at 247 S. Hill Rd. VEP donors, volunteers, supporters and teachers shared their stories of how VEP Grants have had an impact in VUSD classrooms.

Go to <http://www.venturaeducationpartnership.org/VEPGrants/VEPGrant-Recipients> for list of grant recipients.

Brownley announces \$250,000 in federal funds

Congresswoman Julia Brownley (D-Westlake Village) announced that The Abundant Table, a nonprofit based in Camarillo, will receive nearly \$250,000 in federal grant funding from the U.S. Department of Agriculture (USDA) to expand access to locally grown fruits and vegetables for low-income families

throughout Ventura County. The grant, part of USDA's Farmers Market Promotion Program (FMPP), aims to increase domestic consumption of, and access to, locally and regionally produced agricultural products, as well as to develop new market opportunities for farm and ranch operations serving local markets.

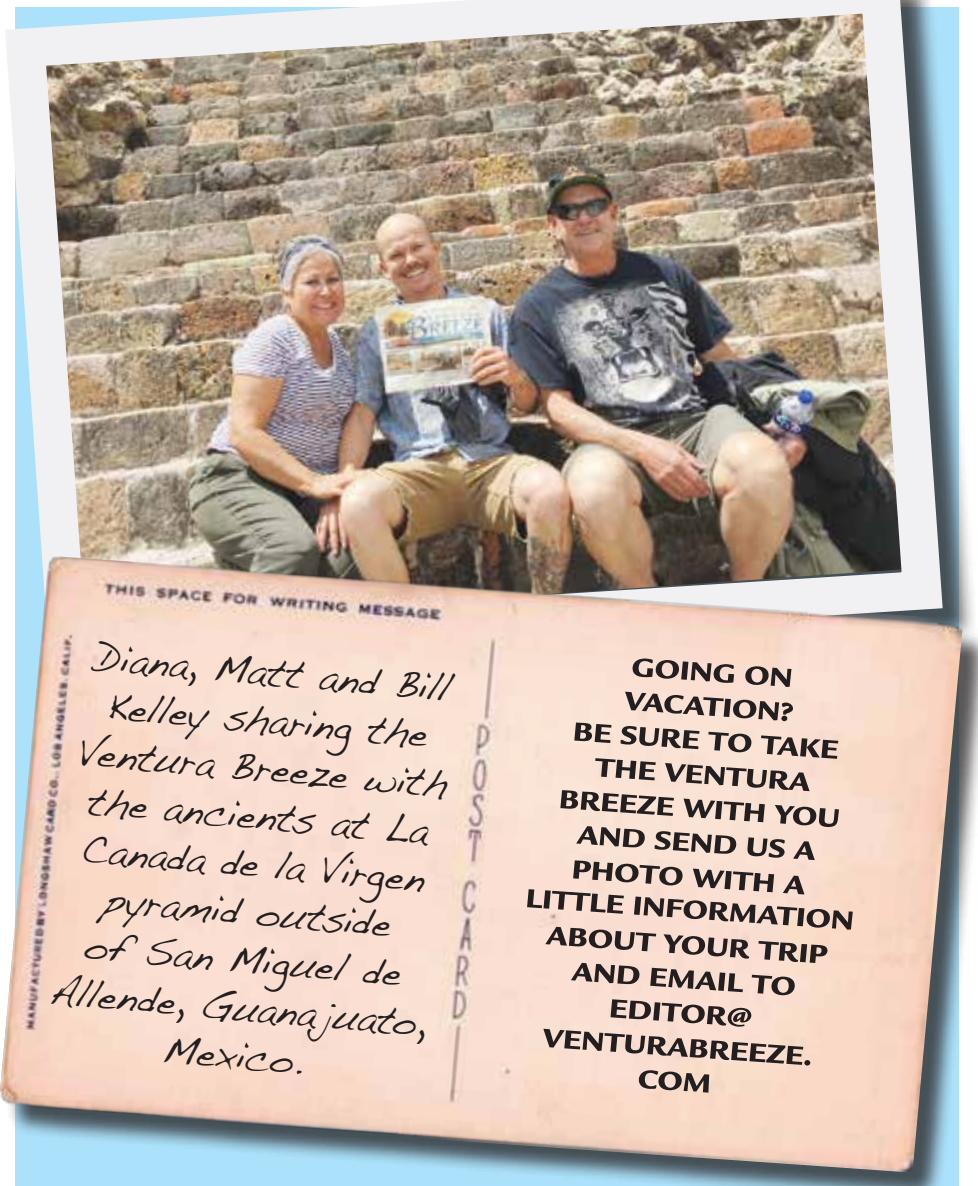
"As a mother of two, and a former school board member, I have seen first-hand the critical role that proper nutrition plays in the success of our children, families, and communities," said Congresswoman Brownley. "I am so pleased to announce that The Abundant Table will receive this much-needed funding that will help our local, small farms grow and continue to be drivers of our economy and also ensure that they can play a role in the success of our region's children in school."

"We thank Congresswoman Brownley for her continued support of the Farmers Market Promotion Program in Congress, and for being an advocate for increasing access to locally-grown fruit and vegetables. The FMPP, along with other government based grant funds for small farms, is critical to the growth and sustainability of community-based farms such as ours. This funding allows The Abundant Table to build upon its longstanding Farm to School efforts in Ventura County, ensuring that our children are not only eating healthily at school, but that our County's most marginalized families are also able to eat healthily at home. In addition, this grant will allow The Abundant Table to pilot a produce program for farmworker families and 'prescription' food box for patients needing to increase intake of fruits and vegetables," said Nicole S. Janelle, Executive Director of The Abundant Table.

Anniversary of Kristallnacht Commemorated at Congregation Am HaYam

Congregation Am HaYam will commemorate the 80th anniversary of Kristallnacht, the Night of Broken Glass, during services on Friday, November 2nd.

On November 9-10, 1938, Nazi sympathizers torched hundreds of Jewish synagogues, vandalized Jewish homes, destroyed Jewish businesses and killed over 100 Jews before



sending another 30,000 to Dachau, Buchenwald and Sachsenhauser concentration camps.

The riots followed years of increasingly repressive actions by Hitler's government, including a public burning of Jewish books in 1933, and the passage of the Nuremberg Laws in 1935 which denied German citizenship to non-Aryans.

All are invited to attend services. Congregation Am HaYam, the only Conservative Jewish congregation between Thousand Oaks and San Luis Obispo, is located at 4839 Market Street, Unit C, Ventura. Services begin at 8:00 pm on Friday, November 2nd. For more information, please call 805. 644.2899.

Wounded Veterans

Continued from page 11

post-traumatic stress disorder and traumatic brain injury achieve rehabilitation, recovery and resilience in their daily lives.

The riders began the fifth day of their 400-mile ride to Ventura from the Hadston House located in Solvang and continued at the Crowne Plaza, after a 68.6-mile ride for the day. Local supporters cheered on the cyclists as they road through communities along the route.

The event is a noncompetitive, therapeutic bike tour. It includes stops at historic sites, civic centers and local attractions. The riders make the journey with hand cycles, recumbent cycles, tandems and traditional road bikes.

Founded in 2008, Project Hero is a groundbreaking national non-profit organization dedicated to helping Veterans and First Responders affected by PTSD, TBI and injury achieve rehabilitation, recovery and resilience in their daily lives and increasing awareness of the national mental health crisis posed by PTSD and TBI.

Project Hero programs work by producing positive outcomes at lower costs and reducing drug-based therapies. Project Hero builds and provides adaptive bikes to physically-challenged and injured Veterans and First Responders and has helped tens

of thousands of our Healing Heroes at no cost to participants through cycling events, community-based programs in more than 50 cities throughout the US and by supporting research. For more information visit www.projecthero.org.

UnitedHealthcare is dedicated to helping people live healthier lives and making the health system work better for everyone by simplifying the health care experience, meeting consumer health and wellness needs, and sustaining trusted relationships with care providers.

Opera Santa Barbara

Continued from page 27

performing since he was seven years old as a member of the The Tulsa Boy Singers. He attended Oklahoma State University, where among many productions he sang the role of Rodolfo in La Bohème. Michael attended the University of Houston for his graduate studies, earning a Master of Music degree in Vocal Performance this past May.

Mezzo-soprano Ashley Kay Armstrong makes her Opera Santa Barbara debut as Olga in Eugene Onegin as a member of the Chrisman Studio Artist program. This past season she was a Cedar Rapids Opera Theatre Young Artist, and sang in Brigadoon and Turandot. She was also an Apprentice Artist with Sarasota Opera and sang in the world premiere of Cosmic Ray and the Amazing Chris with Thompson Street Opera.

Baritone Yazid Gray is a recent graduate of University of Michigan where he received his Master's in Vocal Performance. While there, he performed in several mainstage productions including the premiere of William Bolcom's newest opera, Dinner at Eight.

For more information about the studio artist residence program, auditions and schedules for appearances please visit the Opera Santa Barbara website operasb.org.