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FREE

# VENTURA BREEZE

Your Hometown Paper

Vol. 12, No. 1

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October 10 – October 23, 2018



McIntyre has been City Manager for the City of Menlo Park.

## Ventura City Council selects Alex McIntyre as new city manager

The Ventura City Council announced today that it has selected Alex McIntyre as the new City Manager of Ventura. McIntyre is scheduled to begin with the City in mid-November. He replaces Mark Watkins who left in December 2017 after five years in the City Manager position.

"I believe Alex's experience, enthusiasm and inclusive leadership style make him an ideal fit to be Ventura's next City Manager," said Deputy Mayor Matt LaVere. "I know Alex is eager to begin his work here alongside Council, City staff and all of our residents for the betterment of our community."

McIntyre served as the City Manager for the City of Menlo Park since 2012. Prior to his position at Menlo Park, McIntyre served as Chief Assistant County Administrator with the County of Marin from 2006-2008, and before that was Town Manager of Tiburon from 2000-2006. He also served as Town Manager of Portola Valley from 1997-2000.

McIntyre holds a Master of Public Administration from the University of Southern California and a bachelor's degree in Political Science from the University of California, Irvine.

In accordance with the City Charter, the City Manager is appointed by the City Council as the administrative head of the City government.



Volunteers and professionals are helping to restore the cross.

## Serra Cross

by Councilmember Christy Weir

The Thomas Fire devastated our Ventura hillsides, including Serra Cross Park. All of the vegetation was burned, and signs, fence, trash cans, picnic tables, lights and sprinkler system were destroyed. The cross caught fire, but thankfully only a small section suffered

major damage. We have discussed the option of replacing it with a new wooden cross, but the public has let us know that the scorched section serves as a vivid reminder of Ventura's resiliency and strength through this disaster.

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The Walk is a tradition that provides an opportunity to raise awareness about mental illness.

## 14th Annual NAMI Ventura County Walk

The 14th Annual NAMI Ventura County Walk – NAMI Ventura County Mental Health Hero's Remaining Strong benefiting the National Alliance on Mental Illness will be on Saturday October 13, at the San Buenaventura State Beach Parking (near the Pier).

Check in and registration will begin at 9:00 a.m. with the start time for the 5k walk beginning at 10:30 a.m. The Walk will be held rain or shine. There will be a pre-walk program from 9:00 a.m. to 10:00 a.m. which will feature speakers

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## Help promote Breast Cancer Awareness Month

For the eighth year in a row the Ventura City Fire Department will again join forces with firefighters across the country to help promote Breast Cancer Awareness Month. Ventura City Firefighters will wear Pink Embossed T-shirts from Oct. 1st to Oct. 15th in support of this cause.

The Ventura City Fire Department, and the Ventura Fire Foundation, will again be partnering with the Downtown Ventura Organization in promoting and distributing Ventura City Fire Department Pink Embossed T-Shirts to raise money for helping women diagnosed with breast cancer.

Every Fire Apparatus will have a flyer available that lists all downtown businesses where shirts are available to the public. The businesses joining the efforts are:

**Blazing Scissors**, 104 N. Ashwood Ave. (805) 642-4088

@blazingscissorssalon

**Chamber of Commerce**, 505 Poli St. (805) 643-7222

venturachamber.com

**Coastal Skincare**, 428 S. Poli St. Suite C (805) 641-2345

coastalskincare.net

**Crush Salon & Dry Bar**, 654 E. Main St. (805) 653-0663

saloncrush.com

**Snapper Jack's Taco Shack**, 533 E. Main St. (805) 648-4555

snapperjackstacoshack.com

**Tiki Girl**, 434 E. Main St.

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shoptikigirl.com

**Ventura Visitors Center**, 100 S. California St. (805) 648-2075

visitventuraca.com

**Very Ventura**, 540 E. Main St.

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fun-in-ventura.com

*Continued on page 16*

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OCTOBER 29, 2018 | 10:30 AM

Marie Calenders in Ventura  
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NOVEMBER 6, 2018 | 2 & 5:30 PM

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## City News



City of Ventura Bicycle Master Plan identified the redesign as an opportunity to improve bicyclists' access.

### City of Ventura improves safety and access at Five Points

New signalized crossings, traffic striping, and pedestrian-activated flashing beacon crossings have been installed at the Five Points intersection in Midtown to improve safety and access through this intersection located at Thompson Boulevard, Main Street and Telegraph Road. Drivers are advised to take proper safety precautions, yield to pedestrians and bicyclists in the right-of-way and share the traffic lanes in a safe and cohesive manner.

The Five Points intersection improvement project includes the installation of new access curb ramps, sidewalk and passageways through medians, traffic signage and striping, and concrete median islands. New bike

boxes (bright-green box on the road with a white bicycle symbol inside) have been installed on the eastbound and westbound lanes of Main Street at the intersection. As a reminder, drivers should stop behind the white stop line (behind the green box) when the traffic signal is yellow or red; do not stop on top of the bike box. When the traffic light turns green, drivers and cyclists move through the intersection with cyclists going first. Bicyclists should enter the bike box from the green bike lane.

Two new pedestrian-activated flashing beacon crossings have been installed on the eastbound lanes of Thompson Boulevard; at Frances Street, and on the south side of the intersection.





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## City News

Motorists are required to stop for pedestrians however pedestrians should make sure cars are stopped before they begin to cross the street. These improvements are important to increase motorists' awareness of pedestrians and bicyclists at intersections especially at multi-lane crossings such as Thompson Boulevard.

The City of Ventura Bicycle Master Plan identified the redesign of the Five Points intersection as an opportunity to improve pedestrian and bicyclists' access and safety. Last year the City of Ventura was named a Bronze Bicycle Friendly Community by the League of American Bicyclists.



Ventura Water implements meter upgrade project.

### New meters will automatically relay customer's water usage

Ventura Water will start upgrading manually-read meters with new meters that will automatically relay customer's water

usage to the City's water billing system through a secured network. The project began on October 1, 2018 and will replace water meters for approximately 32,000 Ventura Water customers over a 3-year period.

The new meters will allow customers to track daily water use and be notified of leaks with Home Connect, a new online water tracker. "Ventura Water relies heavily on accurate and timely data," said Ventura Water General Manager Kevin Brown. "The meter upgrade project will modernize our system and equip both customers and staff to better manage our water resources through real time water usage data and greatly improved leak detection."

Customers will receive a notification in the mail 1-2 weeks prior to their scheduled upgrade. The City's contractor, Professional Meters Inc. (PMI), will be installing the new water meters. Customers do not have to be at home for the replacement to occur. Once the exchange is complete, customers will receive a door hanger detailing the work performed and additional contact information.

The City asks that customers provide easy access to their water meters by making sure the meters are not blocked by bushes, vines, equipment, or other materials that would prevent PMI personnel from replacing the meter. Meter boxes are typically located near the sidewalk. Customers with a meter behind a locked gate or a meter that is otherwise inaccessible should call PMI at 1-866-965-0657 to schedule an appointment for the new meter installation.

PMI installers will have easily identifiable uniforms and their vehicles will have identifying logos. If an installer cannot show you an identification badge, or if you have a concern about the identification,



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For information on Ventura Water's Meter Upgrade Project and updates visit [www.venturawater.net](http://www.venturawater.net).

### City Council approves plan for year-round shelter

by Richard Lieberman

The Ventura City Council at a recent Monday evening session has approved a plan to join the city of Oxnard for an

*Continued on page 8*

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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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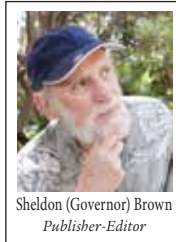


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exquisite beauty  
without some  
strangeness in  
the proportion.

– Edgar Allan  
Poe

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

■ WOW, WOW and WOW! Pinch me again - it can't be true that we just completed our **eleventh year** of publication. Our first issue was on Oct.24, 2007.

There are so many people to thank, that I can't thank them all. Our wonderful readers, our fabulous advertisers who keep us in business, and our unbelievably dedicated staff including writers, photographers and distributors. A special shout-out to Alfred J. Lewis - who makes the paper great every issue and continues to be my free therapist - Breezy Gledhill, who brings in the money and Cindy Summers who contributes in various ways while also making our website wonderful.

It goes without saying that it is very important that our **dedicated readers** support our advertisers so that we can continue to be Ventura's "beloved newspaper." It is their dollars that keep us in business.

■ In our last issue's Person to Person article I asked readers, "Do you think the **Top Hat** Restaurant should be declared a historical building and should it remain there as part of the planned new development?"

There wasn't enough space available for my two cents, so here it is:

"No, it's not historical. If it's historical - I'm ancient! It's just an old nondescript plywood building with no historical significance or looks. I do agree with one of our readers who said it should be moved to the outside area of the Ventura County Museum."

And speaking of Person to Person, a panel of Republican women have defended Supreme Court nominee Brett Kavanaugh following allegations of attempted sexual assault. One posed the question, "**What 17-year-old boy** hasn't done this in high school?"

I didn't do that (I did pull a girl's pigtail in the second grade), but maybe I was the exception so perhaps in our next "Person to Person" we should ask men if they sexually assaulted any girls while in high school?

■ There are many legal **marijuana**

**dispensaries** in nearby communities. Perhaps our new city council members (3 or 4) will see the folly of Ventura not having any and the large amount of tax money that we are losing. It is legal now ya know!

■ Per a cover story, the City Council has hired **Alex McIntyre** to be our new City Manager. His base annual salary will be \$255,000 plus other allowances and benefits consistent with similar executive management positions.

Before you get overly excited regarding his salary, the City Manager is typically the highest paid city employee, since he's the City's Chief Executive Officer like that of a very large corporation and is the boss of all city employees. He only answers to the City Council. Mr. McIntyre's tentative start date will be November 13, 2018.

His salary is similar to other local city manager's. Thousand Oaks: \$244,000, Camarillo: \$245,000 and Oxnard: \$252,000.

■ In a previous issue I stated that I would not comment further on the national political scene. I have had more readers condemn me than praise me for this stance, so I am changing my mind. I have also commented on the importance of a free press in a well-functioning democracy. It is even more vital that readers express their opinions.

None of the following phrases were written by me (except a few comments in parenthesis). You can draw your own conclusions.

"President Donald **Trump**'s opening remarks at the United Nations Tuesday created an awkward and unexpected moment, with other world leaders laughing or grumbling at the American president's boast about his administration's accomplishments." (He later stated that he was kidding. Maybe he could be a regular on Saturday Night Live).

"President Donald Trump told reporters on Wednesday that China supposedly respects him for his 'very very large brain' during a news conference where he addressed wide-ranging issues." (I don't dare touch this one).

"The President said he is not in favor of statehood for Puerto Rico based on a

personal feud with a local mayor."

"President Trump told a crowd of supporters in West Virginia on Saturday night that he and North Korean leader Kim Jong Un "fell in love" after overcoming early hostilities."

"When asked about the allegations of sexual assault against his Supreme Court nominee Brett Kavanaugh, President Trump said that it is a 'scary time' for men in the United States and that men are now "guilty until proven innocent." (Especially for men who don't have \$130,000 to pay off a "porn star").

"A survey of 25 nations by the Pew Research Center showed that respondents from across the globe have less confidence in Trump's ability to lead than they do in Russia's Vladimir Putin and China's Xi Jinping" (how sad is that)

■ If you disagree with me, just writing to **call me an idiot** and saying that I'm stupid (even if true) doesn't take the least bit of intelligence.

Write to me at opinions@venturabreeze.com and express yourself (in a way that can appear in a family newspaper, please). You might even get me to change my mind/perspective.

Speaking of opinions, there is a huge amount of misinformation on the site **Nextdoor.com**, so be mindful of what you read. Just try to verify statements before making definitive comments. The downside of social media is that too many comments are seen as being factually correct. I've noticed that there has been a lot of misinformation lately regarding our police department, city council and our homeless situation.

Don't leave messages (based on fake news) for council members like "I demand to know why the city council approved a strip club downtown". Instead, "I heard that the city council approved a strip club downtown, is that true?"

The city council is not your enemy. They are trying to serve the city the best they can.

Would you take that job for what amounts to maybe \$3 per hour?

Don't get me wrong I certainly do not agree with all of their decisions. Just make sure you are well informed.

## Mailbox

Sheldon

Who did the research on Padre Serra? No name is mentioned. It goes to show you how false press is released to the public and how uneducated certain people are. The Padres including Padre Serra helped Native Americans against the abusive and cruel Spanish Soldiers. It was the Spanish military who treated the Indians so badly and, many Native Americans were decimated because of illnesses the Spanish military brought with it.

W. Moyer

Moyer:

*First let me explain that none of the comments about Padre Serra were mine. I have nothing against him. My article was about Stanford University removing his name from many of their buildings, so a name was mentioned. Stanford University is hardly uneducated and considered one of the finest colleges in the United States. If you disagree with their decision you should be contacting them. By the way, many other organizations are coming to the same conclusion.*

*The funny statue was just that and meant no disrespect for the padre.*

*Thank you for your comments.*

Sheldon

### District 1 Conflict of Interest

In elections, a conflict of interest, whether legal or the mere perception of conflict will taint the entire process. In Ventura City Council District 1 race, the Executive Director of the Downtown Ventura Partners, Kevin Clerici, is running to represent the downtown and the Avenue area of Ventura.

There is nothing against Mr. Clerici personally. He is a good person and means well. However, just because the FPCC says he can run, his actions, both on the dais and behind the scenes, are open to question, no matter how innocent his intentions might be.

The Downtown Ventura Partners receives 40% of its operations revenue through a special tax. That tax is voted on by downtown property owners. The City of Ventura controls 33% of the downtown properties. When there is a vote within the special property district, the City of Ventura, directed by the City Council, votes as a block and therefore

controls the outcome. When only 72% of the property owners vote, the City's 33% becomes 46%, in effect. That means the City needs another 5% of the downtown property voters to vote yes. Therefore, the City Council has almost total control of the downtown special tax vote.

With the special district tax, the Downtown Ventura Partners (DVP) receives \$485,186 in annual special taxes. On top of that, the Ventura City Council also awards DVP another \$172,000. Of their entire budget, the Downtown Ventura Partners (DVP) receives over 52% of its revenue, either directly or indirectly, from votes by the Ventura Council. Therefore, Mr. Clerici would be voting on his own livelihood.

Mr. Clerici receives a salary of \$85,000 from the Downtown Ventura Partners (DVP). Therefore, even if he

*Continued on page 8*

*We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words*



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## Ojai Events

Dale Villani, was recently installed as a new member of the Board of Directors for Community Action of Ventura County (CAVC). CAVC maintains a tripartite board with equal representation from public, private, and low-income sectors.

Dale Villani joined Gold Coast Health Plan as chief executive officer in 2015. The Plan manages Medi-Cal benefits for nearly 200,000 county residents. As CEO, Dale works to ensure that the Plan's members, which include 1 in 5 county residents, have access to high-quality medical care and services.

He has more than 36 years of operational experience in companies including Aetna and Magellen. Dale and his wife Amy reside in Ojai and he enjoys spending time with his two daughters and grandson.

The international board of directors and officers of Lions Clubs International (LCI) will be meeting in Ojai from October 11-17th to discuss global vision issues and a new campaign to fight adult diabetes which often leads to vision problems. They will be led by Mrs. Gudrun Ingvadottir from Iceland who is the first female international president in the 101 year history of the organization. The event is jointly hosted by the Ventura Downtown and Ojai Valley lions clubs at the Ojai Valley Inn. Local clubs along with a matching grant from LCI have recently raised \$200,000 to establish an adult diabetes center in Oxnard.

The Ojai Storytelling Festival, Oct. 25-28 will be celebrating its 18th year with a stellar lineup of acclaimed storytellers from around the world in the beautiful Libbey Bowl. Tickets for individual performances as well as weekend passes are available. Friday. Alan Thornhill and Marting Young will be there on Friday night, and Cindy Kalmensen and the Lucky Ducks will be there on Saturday.

Festival organizer Brian Bemel says, "Listeners will definitely hear traditional tales, but many of this year's tellers will offer a very modern take with stories firmly rooted in today's culture."

Join Rev. Karen S. Wylie on Sunday, October 21, 11:00 a.m. -

2:00 p.m. at The Ojai Retreat, to "Enlarge your playing field!" in a morning devoted to contemplation, inner reflection, quiet walks, wisdom talks, sacred songs, and sharing a vision for peace and love on the planet.

"Who we are is constantly changing," Rev. Karen explains. "We are evolving beings. We step into the greater version of ourselves at the exact moment of readiness and not a moment sooner. Entering the stillness, we know we are exactly where we are supposed to be for our greatest growth. At the same time, we relax into our readiness for expanded living."

Randee Vasilakos, RScP, will assist and anchor the morning in a consciousness of prayer and healing. The Ojai Retreat is at 160 Besant Road, Ojai. People of all faiths and traditions, or no tradition, are welcome to attend.

The retreat is by donation; \$20 is suggested. For more information, contact Rev. Karen at 310-968-8928, or register online at [www.karensywylie.com](http://www.karensywylie.com). Rev. Karen is the author of Into Me See: A Book for Daily Inspiration, available on Amazon and her website.

The Ojai Photography Club will host Ojai based photographer Cindy Pitou Burton presenting "The Journey from Photojournalism to Fine Art" on Oct. 16 at 7 p.m. in Ojai's Kent Hall, 111 W. Santa Clara Street. She will give an illustrated talk about the dramatic changes in her photographic work that grew out of her move from fast paced photojournalism on the East Coast to innovative fine art photography in Ojai. The event is free and open to the public.

For more information and her images, go to <http://pitouburton.com>

Monthly free presentations are part of the Ojai Photography Club's community service and education outreach. The general public is always welcome to attend.

The club, which is devoted to education, inspiration, and camaraderie, meets on the third Tuesday of each month, February - November. Only members may submit images for review. More information is available at: [www.ojaiphotoclub.com/](http://www.ojaiphotoclub.com/)

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# Community Events

## Ventura events

by Ana Baker

**Ventura Poinsettia Dance Club Monday nights 7:30 - 9:45p.m. Poinsettia Pavilion. Ballroom, swing, Latin and line dancing.** \$10 members, \$12 non-members. Dance lessons 6:45 - 7:15 \$5 for couple \$3 for single. Call Rick 805-415-8842 for more information.

**There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 - 5:45 p.m.** Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

**Ventura's ACBL Duplicate Bridge Club offers games for all levels of play.** Learn the game, play with your peers, and earn master points while you are having fun. There is a game every day of the week. Check out their website at [www.vcbridge.org](http://www.vcbridge.org)

**Country Western Line Dancing every Tuesday 7 - 9 p.m.** Instruction every night. Moose lodge, 10269 Telephone Road. More information at [countrylovers.com](http://countrylovers.com).

**Join in on Wednesday nights Cross Town Hikers for a moderate-paced hike that includes views of Ventura from the cross, a walk out to the end of the pier, and a stroll along the Promenade. Four miles with an 800-foot elevation gain.** Meet at 7 p.m. sharp at the fountain across the street from the Mission. information: <https://www.facebook.com/groups/800215670039426/>

**The members of the Ventura Investment Group meet on Mondays for an informal discussion of recent economic events.** The meeting is from 10 - 11:30 a.m. at the Coffee Bean & Tea Leaf at Telephone Road and Main Street. Visitors and potential members are welcomed. There are no dues or requirements to participate, and all levels of experience are welcomed.

**Retired men meeting of the Ventura Retired Men's Group at the Ventura Elks lodge at 11:30 a.m. on the first or third Tuesday of the month.** Stop for a complimentary lunch, interesting program, and a relaxing good time with your peers. Give Bob Likins a call at 805-587-1233 for details

**Musicians' Sober Support Meetup @ FIND (A Friend in Deed) every Monday night 6-9 p.m.** Bring acoustic instrument(s) for jamming after sharing support for sobriety. Bell Arts-Studio 39-432 Ventura Ave. For further information [A.Friend.In.Deed.Ventura@gmail.com](mailto:A.Friend.In.Deed.Ventura@gmail.com).

**The Ventura County Philatelic Society meets on the first and third Mondays each month at 7:30 p.m. at the Church of the Foothills.** 6279 Foothill Rd. Admission and parking are free. Come for a great evening. Contact: Bill Garner 805-320-1601 or [sockonthenose@gmail.com](mailto:sockonthenose@gmail.com)

**Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant.** The first Tuesday each month at Lemon Wood Mobile Park, 850 Johnson Dr. Excellent speakers Cardiologists, Nutritionists, Dietitians etc. from our area. Contact Richard Hatcher at (805) 644-2733

**When a child dies, The Compassionate Friends (TCF) can help a family move forward through the grief journey.** The Compassionate Friends provides a safe and supportive place where grieving parents, grandparents and siblings over age 16 can come speak openly about their loss. Meeting twice a month, on the first and third Wednesday from 7-9 pm at the Poinsettia Pavilion. Oct 17, Nov 6, Nov 21, Dec 5, Dec 19 For more information,

Laura Lindsay, [tcfventura@gmail.com](mailto:tcfventura@gmail.com),

**Co-Dependents Anonymous (CoDa) is a 12-step fellowship of men and women whose common purpose is recovery from codependence in the development and maintenance of healthy relationships.** Every Friday at 6 PM at Kaiser Health, 1000 Hill Rd. 2nd floor lobby. Further information Deva 805-814-5650.

**Oct. 10: The Ventura County Camera Club will hold its monthly meeting on Wednesday, at 6:30 p.m. at the Poinsettia Pavilion.** Admission is free. An instructional workshop will be followed by a pro photographer's critiquing of members submitted images. [VenturaCountyCameraClub.com](http://VenturaCountyCameraClub.com)

**Oct. 11: Come to the Haze Maze Haunted House for the scariest and most thrilling fun.** Open Thursday - Sunday plus Halloween night. Receive a \$5 discount for checking in on Facebook when you arrive. Located at the Two Trees Escape in the Gateway Village 2855 Johnson Drive. Cost is \$15 and hours are 6 p.m. to 9 p.m. The Haze Maze is benefiting the Kensington Foundation. The Kensington Foundation aids in children's medical rehabilitation and development throughout Ventura county.

**Oct. 13: On Saturday, from 10 - 3 p.m. Ventura Friends of the Library will hold a Bag o' Books Book Sale at Hill Road Library, 1070 South Hill Road. Members of Ventura Friends of the Library can take home a bag of books for \$1.** For all others, the price is \$3 a bag. Contact: Mary Olson (805) 223-1187

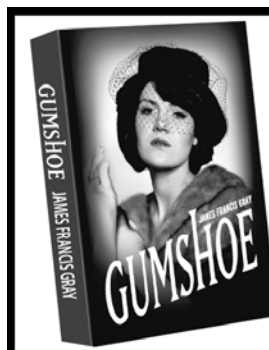
**Oct. 13: Haunted Ventura 2-4p.m. All ages lecture and walking tour of the many haunted places in Old Ventura.** Stories of ghastly ghosts and strange supernatural happenings will highlight this tour by Ghost Hunter and Story Teller, Richard Senate. Starts at 2 p.m. at Bank of Books 748 E Main Street (805) 643-3154. Fee \$6 per person.

**Oct. 14: The Channel Islands Chamber Orchestra, Dr. KuanFen Liu Artistic Director celebrates the opening of its 16th Season with New World Symphony.** The concerts will be Sunday at 3 p.m. at First United Methodist Church, 1338 E. Santa Clara St. Donations of \$25 are appreciated. Youth 18 and under are free. For more information call 805-484-8000 or visit website [www.CHICOVC.org](http://www.CHICOVC.org).

**Oct. 16: LifeSource Women's Bible Study from 9 - 11:15 a.m. at Community Presbyterian Church 1555 Poli St. Every Tuesday morning following the school calendar.** Study James by Beth Moore and Hosea by Jennifer Rothschild. Cost for two books and registration is \$45. Scholarships and childcare available with prior notice. 805-648-2737 for more information or [cp-ventura.org](mailto:cp-ventura.org)

**Oct. 16: 8:30-10:30 a.m. Fall Migration Bird Walk, hosted by the Nature Conservancy.** Fall migration is starting as the weather changes and the birds have started to move through the area. Bring binoculars and wear comfortable walking shoes. The walk is roughly 1 1/2 miles. Ormond Beach wetlands, 301 McWane Blvd. Oxnard. Park at the end of McWane and meet at the gate. Questions contact Amy Davis at 770-853-4715 or [guideamy@gmail.com](mailto:guideamy@gmail.com).

**Oct. 18: To celebrate the June 2018 publication of Santa Barbara author Daniel Thomas's first collection of poems, "Deep Pockets," Thomas will read his poetry on Thursday, at 7:30 p.m. in the Topping Room at the E.P. Foster Public Library.** The reading is hosted by Phil Taggart as part of the weekly poetry series at the library. "Deep Pockets" is available for pre-order at Amazon.com, Barnes & Noble, and copies are available now at Chaucer's.



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**Books make great Father's Day gifts!**

**Oct. 19: The regular monthly meeting of Assistance League of Ventura County will be on Thursday at the Chapter House, 913 East Santa Clara Street at 10 a.m.** Men and women are welcome. Assistance League is creating "A Brighter Tomorrow for Today's Children" through several philanthropic programs. The Bargain Box Thrift Shop helps fund these programs. Find more information [assistanceleagueventura.org](http://assistanceleagueventura.org), or [alvconline@hotmail.com](mailto:alvconline@hotmail.com). 805-643-2458 Monday - Thursday, 8 - 2 p.m.

**Oct. 20: The Ventura community has long maintained a strong environmental ethic.** Whether it's conserving our hills and open space, encouraging smart growth, protecting our picturesque rivers and beaches, or keeping our City safe and clean, Community Cleanup Event, Sat. Oct. 20, 9 am-12 noon. 765 S. Seaward Ave.

**Oct. 20: Celebrate local authors at Barnes & Noble Ventura, Saturday, 1- 4 p.m.** A few authors that will be appearing include Maryann Ridini Spencer "Lady in the Window", Sheila Lowe "Written Off", Mike Kennedy "The Huut" and Betty Thomas Patterson "What's College About Anyway".

**Oct. 21: On Sunday, the Southern California Chapter of the American Handwriting Analysis Foundation will meet at E.P. Foster Library from 11 - 1 p.m.** Continuing exploration of how music and handwriting have a world of elements in common, chapter President Charles Talmadge and VP Lena Rivkin will demonstrate with live music and handwriting samples of great composers. Free with refreshments. 805-320-7075 or [durufle8@gmail.com](mailto:durufle8@gmail.com) for additional information.

**Oct. 21: The Ventura and Santa Barbara County chapter of the National Association of Watch and Clock Collectors (NAWCC) will meet Sunday, at the Campus Student Center of Ventura College.** At noon and at 11 a.m. there will be an informal workshop and a mart where items will be for sale followed by lunch and an informational meeting and a program at 1 p.m. members will bring watches, clocks & tools for sale. There is a \$3 admission charge. Lunch will be free. [www.nawcc-ch190.com](http://www.nawcc-ch190.com).

**Oct. 27, 28: Ventura Jubilee Fellowship is hosting a Bible Conference featuring Dr. Robert Morgan as guest speaker.** Dr. Morgan, renowned author and speaker will be speaking on "The Red Sea Rules" and will be available to sign books. This free event is from 7-9 p.m. Oct. 27 9- 12p.m., Oct. 28 11:30 a.m. Located at 2226 Goodyear Ave. Call 805 -535-4325 for additional information.

## Answer in a Breeze

Hi Sheldon;

I am not sure of the name of this mall other than Burlington Coat Factory is located there at the corner of Main and Telephone Roads. Do you know what construction is going on there and what they have planned to build there?

Thank you.

Marsha Moreland

Marsha:

*We reached out to Dave Ward Ventura*

*Principal Planner to get an answer.*

The center, which has separate property owners (not just one which would be more typical), is undergoing overall updates: new facades, landscape and circulation components and new uses:

New Starbucks with drive thru visually at Main/Telephone corner but access is by Chucky Cheese.

Old Hudson, demolished now, becomes a parking lot area.

Next to Baja Fresh a new possible drive thru use...don't think the operator yet decided.

Tuesday Morning moved to an expanded suite (new addition popped out on backside) next to Burlington. This part completed.

Quite an upgrade to the center indeed!

And an aside note... Aldi is proposing store in suites that include existing Starbucks and two suites next to Lamps Plus across the street, plus upgrades to parking lot and landscape and maybe some other facade changes. So that shopping center is going to see changes too!

Best

Dave Ward

Do you have a question? Send it to [editor@venturabreeze.com](mailto:editor@venturabreeze.com) and we will try to get an answer.

### 14th Annual NAMI Ventura

*Continued from page 1*

from the Ventura County community.

The Walk is a tradition that provides an opportunity to raise awareness about the facts of mental illness, to erase the stigma associated with mental illness, and to raise funds so that NAMI Ventura County can continue to offer all their programs and services at no cost to persons who can be helped by those services. It gives everyone a chance to show their support for the efforts put forth by NAMI Ventura County.

NAMI bases their mission on the principles of support, education, and advocacy for persons impacted by mental illness. They provide classes for family members, providers, and persons with a lived experience of mental illness. They also present in schools, hold support groups for family members, and provide outreach to persons who come to see persons who are in the inpatient psychiatric units in Ventura County. NAMI Ventura County also has a Peer to Peer class for persons in recovery and a Connections support group for persons in recovery as well.

The Walk in Ventura County is a fun family event with activities for children and opportunities to socialize. It also provides our community with a way for us all to come together to show our support for needed services for all persons impacted by mental illness.

To register as an individual walker or to form a team and/or to find information about sponsorships please call 805.641.2426 or visit [www.namiventura.org](http://www.namiventura.org).





# Community Events



"Be very careful crossing the train tracks."

## California's "Operation Clear Track" promotes rail safety

On Tuesday, September 25 during Rail Safety Week, September 23-29, Amtrak and more than 500 local, state, federal and railroad law enforcement departments partnered with California Operation Lifesaver, the nonprofit rail safety education organization, for "Operation Clear Track". The goal of the operation is to raise awareness and enforce railroad grade crossing and trespassing laws in 48 states across the U.S. "Operation Clear Track" was the largest single law enforcement railroad safety operation ever attempted in the U.S.

During "Operation Clear Track," California law enforcement personnel were stationed at targeted railroad grade crossing incident locations to hand out railroad safety cards to motorists and

pedestrians, and issue warnings and citations to violators. The goal of Rail Safety Week is to reduce pedestrian and driver injuries and fatalities around railroad tracks through increased public awareness.

The Ventura Police Department was at the following railroad grade crossings from 9:30 a.m. to 1:00 p.m.: Harbor Blvd and California Street and Harbor Blvd and Figueroa Street.

Federal statistics show that about every three hours in the United States, a person or vehicle is hit by a train. "Operation Clear Track" is an effort by California Operation Lifesaver, Amtrak and rail safety partner organizations to raise awareness of the need for caution near train tracks.

### City Council approves plan

*Continued from page 3*

up-to-six-month "pilot shelter" instead of the traditional foul weather seasonal homeless shelter.

According to the proposed plan, the new 24-hour homeless shelter will offer services to the homeless such as employment help, housing assistance, mental health and substance abuse issues among the homeless population. The proposal will use the Oxnard Armory, owned by the city of Oxnard to house the proposed year-round shelter.

The city of Oxnard, Ventura and the county would each pay \$185,000, with the funding share to possibly be proportioned based on the actual use of the shelter by Ventura and Oxnard persons experiencing homelessness, the staff report states.

Both cities would be using the shelter until they open permanent ones. Oxnard is looking for a site to put a permanent shelter in its community, while Ventura is working on a plan to lease the first floor of a Ventura County building located on Knoll Drive in Ventura.

The Knoll Drive location needs many improvements including sprinklers, bathrooms, showers, and

asbestos abatement among just a few. The city is also seeking an operator and has already conducted three interviews of potential operators. The site could potentially be up and running by next winter. Costs are estimated to be in the \$2 million for the proposed improvements and \$1.2 million to run each year. Half that amount would be the city's share. "Significant concerns were expressed regarding existing safety concerns and that the shelter will worsen this already challenging environment," the staff report says in part.

There were also concerns expressed about property values.

Another option would be a shelter that would open just when the weather reaches a certain temperature or rain is predicted at a certain level. Based on the past two years, such a shelter would open approximately 22 days from December through March and cost \$15,000 to \$20,000.

A location has yet to be identified, but city staff and the Ventura Social Services Task Force identified several faith-based organizations willing to volunteer once a site has been determined. The city already has the cots and linens to use in a temporary space.

The city has also adopted a "declaration of shelter crisis," which paves the way to get money through the state's Homeless Emergency Aid Program. The county will receive nearly \$4.9 million to distribute early next month. Oxnard, Fillmore, Santa Paula, Simi Valley and the county have already approved the declaration staff reports indicate.

The council also approved a new two-year contract with members of the Service Employees International Union. The contract gives the group a raise of just over 5 percent and a one-time payment of \$500 instead of retroactive pay. The previous contract expired on June 30th.

The new contract runs from July 1st, 2018 to June 30th, 2020, and cost is estimated at \$1.3 million.

The two-year cost for all labor groups approved so far is \$3.8 million. This figure does not include members of the city's fire two fire unions which have yet to reach an agreement on a new contract.

Ventura County has to offer for prenatal to three, from PACT classes, to community education campaigns for ensuring health and wellness."

The Pritzker Fellows, with expertise across the fields of pediatric medicine, social work, child care and mental health services, were selected to lead their community's unique efforts to advance policies and programs focused on increasing the availability of high-quality programs and services for infants and toddlers from birth to age three.

"Elizabeth brings a wealth of experience and expertise with efforts to increase effectiveness of programs, deepen collaboration and strategically address stakeholder engagement", says First 5 Ventura County Executive Director Petra Puls.

Families are encouraged to learn more about the programs offered by First 5 Ventura County at [www.first5ventura.org](http://www.first5ventura.org).

### Mailbox

*Continued from page 4*

recluses himself on downtown issues, the citizens in District 1 will be underrepresented with Mr. Clerici as their representative.

Bob Alviani Ventura

*The Breeze asked the Downtown Ventura Partners to respond. Mr. Clerici's candidate statement is in this issue.*

RE: Alviani Letter to the Editor

Mr. Alviani is confused about the downtown Ventura special district and the non-profit, Downtown Ventura Partners (DVP) that contracts with the city to manage it.

The city's Property-Based Improvement District (PBID) straddles three of the new city council districts (1,2 and 7) and no single council member will be the exclusive representative.

Mr. Alviani states that "The City of Ventura directed by the City Council, votes as a block and therefore controls the outcome (of the PBID elections)." He bases this on his erroneous assumption that the city owns 33% of the property within the district when the real number is less than 23%. If just 25% of the other property owners voted contrary to the City Council, those owners would prevail.

All future city council votes on the PBID and other DVP programs will be controlled by a permanent majority of council members from the eastside. If either the city or property owners conclude that there isn't appropriate value for their investment, they may terminate contracts with our non-profit or overturn the PBID at any time.

The DVP board asked its executive director Kevin Clerici to reach out to the state's Fair Political Practices Commission (FPPC) and the City Attorney to provide preliminary advice on potential conflicts prior to Mr. Clerici filing as a city council candidate. If he is elected, there will certainly be votes on which he will have to recuse himself but it does not disqualify him from running or serving.

Meanwhile, DVP will continue to make downtown a clean, safe and vibrant hub for all of Ventura.

David S. Armstrong

*President, Downtown Ventura Partners*



*Elizabeth Majestic selected for prestigious national fellowship program.*

## Majestic hired as new Director of Place-Based Initiatives

First 5 Ventura County announces new Pritzker Fellow Elizabeth Majestic of First 5 Ventura County selected for prestigious national fellowship program, hired as new Director of Place-Based Initiatives

The program aims to build a network of strong leaders nationwide who will lead community-based efforts focused on the first three years of life, when rapid periods of brain development are critical for a child's later success. Majestic will be responsible for helping First 5 Ventura County increase the availability of high-quality programs and services for infants and toddlers from birth to age three.

Majestic comes to First 5 Ventura County after a successful career at the Center for Disease Control and Prevention (CDC) and the National Center for Chronic Disease Prevention and Health Promotion. During her tenure at CDC and HHS, she launched "Steps to a HealthierUS," a national initiative focused on reducing obesity, diabetes, asthma, and tobacco use.

I am honored to be the Pritzker Fellow for First 5 Ventura County, said Majestic. "I am eager to dive into the innovative early childhood education programs that First 5



# News & Notes



Gina Favazzo behind the camera at an election forum at De Anza Middle School.

## Voting and your community

Don't forget the dates of Vote by Mail are October 8-October 30. There are Ballot drop boxes at County Government Center, City Clerk offices during their regular business hours, Clerk-Recorder East County Office at the Civic Arts Plaza, or any polling place on Election Day. You don't even have to get out of your car. There is a drive-up box in the hall of Administration parking lot too. The County Administration is located at 800 South Victoria Avenue, L-1200. Ventura County has introduced a new program where you can text and register or confirm voter registration by texting "Ventura County" to 2VOTE (28683). You can register via mail or text by Oct 22. However, you can still register until Nov. 6 by coming to the County Clerk's office.

As your local non-profit media membership organization CAPS Media and its staff are committed to providing the community clear and non-partisan information about the candidates and

issues. Check the schedules found on our website, in the CAPS Media center and on social media for dates and times.

We have introduced and covered the entire slate of 26 candidates for the Ventura Unified School District, Ventura City Council and The Community College District races as well as the 11 propositions. With the new districting policy in place there are many more candidates for each race.

The ECTV students are so excited about volunteering to record the League of Women Voters forums that we had over twenty students past and present showed up. These students are field production savvy. The ECTV media program is highly sought after program in the educational community and we are proud of Phil Taggart who has been so instrumental in developing it.

The City of Ventura has announced the new city manager Alex McIntyre. We welcome him to our beautiful City of Ventura and look forward to seeing him at City Hall and at the CAPS Media Center.

Ventura County has quite a few places you can go for disaster preparedness and it's important to review these regularly. The City of Ventura uses VC Alert to inform the community of emergencies and critical messages via calls, texts and email. Go to the City of Ventura's website to sign up. More information on emergency preparedness can be found on the Ready Ventura County website.

Community Member engagement is CAPS Media Center mission. We are here to support members in creating

Continued on page 16

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## News & Notes



Clerici is the executive director of Downtown’s nonprofit improvement district.

Candidate statement

### Kevin Clerici, Candidate for City Council Dist 1

Ventura Firefighters, Police Officers, local labor leaders and small business owners all agree that Kevin Clerici is the experienced choice for Ventura City Council District 1.

“I’m running for City Council to ensure we have safer neighborhoods, protect our environment, address our homeless/vagrancy challenges, improve

traffic infrastructure and expand our parks and open spaces so our children, seniors and working families can thrive,” said Kevin, 41, an Avenue homeowner.

Since 2011, Kevin, a former local journalist, has served as executive director of Downtown’s nonprofit improvement district, which is independent of the City. He is the only candidate who lives and works in District 1.

During his time downtown, Kevin has forged a reputation as an informed and accessible leader who is quick to help others and is known for getting things done. Kevin is on the front lines of addressing the City’s homeless and housing challenges and sits on the countywide Mental Health Advisory Board and city’s homeless task force, among others. He’s endorsed by Ventura’s Police & Firefighters Associations.

“I have spent 20 years in public service and believe in bringing people together to solve problems,” he said, noting that the Westside has not had an elected local resident in decades. “No candidate will be more devoted, accessible or prepared. District 1 deserves an experienced, trusted leader. A real champion to make sure the Westside and Downtown get the attention and resources it deserves.” Website is [www.KevinforVentura.com](http://www.KevinforVentura.com).

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## News & Notes

# CMH's Ocean Tower

By Jill Forman

For the administration and staff of Community Memorial Hospital, the word “community” is more than a name. It’s a philosophy, and a mission.

From local artwork, to a capital campaign that helped fund the project, to giving county residents state of the art medical care and comfort, CMH’s new Ocean Tower represents the hospital’s feeling of being a vital part of Ventura. “We take the name Community to heart,” says Mike Ellingson, VP Marketing and Development, during a media tour on September 25. Joining the tour was Gary Wilde, President and CEO and Adam Thunell, COO, who spearheaded the project. Ellingson says with a laugh, “It’s been my job to keep Adam sane.”

The CMH campus is on the corner of Loma Vista Road and Brent Street in Midtown Ventura, eight acres of medical care facilities. It will include the Ocean Tower for inpatient services, and the older Mountain Tower for outpatient and hospital support services. Existing buildings are the medical office building on Brent Street housing doctors’ offices and Same-Day Surgery, the Coastal Communities Cancer Center, two parking structures with 1094 free parking spaces, and a public park with labyrinth.

The new building was necessitated by three factors: to fulfill seismic requirements, to replace and augment an aging structure built in the 1960’s, and to attract the next generation of physicians with state-of-the-art technology while delivering high-quality care and ensuring patient privacy needs. The cost was \$350 million and remained on budget.

The building was “received” on August 28 and full operation is planned for mid-December. Between now and then a remarkable amount of work is taking place. As Ellingson says, “There are trucks rolling in all the time” with supplies and equipment. Staff members are present daily for four months of safety training, stocking supplies, and deciding on work routes; doctors and other team members are training on new technology. The amount of time it will take to complete this was based on the experience of other hospitals.

“A Day in the Life” was a comprehensive training day with 350 staff members; two more are scheduled. As realistically as possible, they ran drills and imagined scenarios, finding problems with systems and methods so they could analyze and correct them ahead of time. Another huge project is the installation of art, over 500 pieces, by local and regional artists. “We take the name Community to heart,” states Ellingson; “We have a vibrant art community here and want to showcase it.” Some art works have been carefully stored and curated for four years, and now is being mounted. The hospital also plans on working with the Museum of Ventura County to co-create future exhibits.

On to the tour. The facility is spacious and light-filled; over 2000 panes of glass were to bring in natural healing sunlight and showcase the views of ocean and hills. The front garden has a large mosaic that was in an interior garden of the Mountain Tower, and now is incorporated into a fountain at the entrance. Indoor/outdoor dining has terrace seating for 70, landscaped for privacy. Another privacy improvement is a bay

of elevators specifically for patients and staff. They rise from the ER, to Surgery, Labor and Delivery, and Critical Care, vulnerable areas for patients who need confidentiality.

Two floors are for general medical/surgical patients, 60 large private rooms per floor with their own bathroom and shower; couches fold into beds for families who will be encouraged to stay. The floors have central nurses’ stations that are not enclosed, accessible to families. Each room has a computer for staff to use; there will not be equipment in the halls as there is in older facilities. Eleven specialized isolation rooms with antechambers for protective clothing will add to staff and visitor convenience.

Room designers toured the country to find the latest and most efficient room design. Input was also sought from nurses and other staff and changes made.

ICU/CCU combined has 28 beds in private rooms. Seismic bracing can be seen in some of the windows, but it doesn’t block the view or the light. 2,258 braces go 60 feet into bedrock. The seismic mandate included that the building has to be not only standing but serviceable in an earthquake, and the building can function with an instant kickover to internal power sources.

“The challenge in medicine is that as more is done in outpatient settings, patients in hospital are sicker, need more technology. That’s why we needed a larger ER, new cardiac catheterization labs, larger critical care and telemetry floors, and more surgery suites,” Ellingson explains. \$100 million of the budget was for equipment, all state of the art with that flexibility.

OB and Pediatrics contains a Level 3 NICU, the highest level, with its own surgery suite on the floor. Pediatrics/Adolescents has 8 beds. Two C-section rooms and a Family Overnight Room complete the full-service department.

10 surgery suites are large and state of the art; CMH is already the busiest surgery center in the county. with multiple video screens for streaming. As Ellingson says, “We have to build in flexibility. Who knows what changes there will be in next 50-60 years; we have to build for the future also without knowing what it will be like. Hospitals will have to adapt.”

There are specialized Cardiac Catheterization rooms, a robotic surgery suite, 2 orthopedic rooms, electrophysiology labs, private rooms for surgeons to meet with families.

The Emergency Department has 37 private treatment rooms, two fully-equipped Trauma bays, and a large waiting area.

On the first floor are the Imaging Wing, the dining areas, and two interior gardens. The Healing Garden is for patients and families; the Respite Garden is for staff and visitors.

As the tour wound down, while answering questions, Ellingson reiterated, “This is really the community’s hospital.”

Councilmember Christy Weir, also on the tour, said, “The city is fortunate to have this addition to our Wellness District; it will be a catalyst not only for the health community but also for the economic wellness of the area.”

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# Senior Living

*Pull Out Section*



*Relatives came from various states and as far away as Taiwan to honor her.*

## 100 and going strong

Mary Jane Mitchell was born on October 11, 1918 in Oxnard and is turning 100. She was raised in Somis and graduated from Oxnard High School. Her father was the manufacturer of the Ventura Bean Planter used by farmers in Ventura County, across California and in other agricultural states.

At Ventura College she met Jack Tobias and they were married in 1939. While Jack was farming in Saticoy, Jane was a stay at home mom raising their three children, Carole (deceased), Bob

and Steve. Together she and Jack were active in Saticoy Community Church and Saticoy Lions and traveled extensively. Jack passed away in 1988 so Jane got even more active in Ventura Missionary Church, taking missions trips well into her 70s.

Jane is still living in the family home on their ranch in East Ventura. A family celebration was held for her on October 6th at the ranch home of her son Steve and daughter-in-law Roxann.

## Health Insurance Counseling and Advocacy Program's Open Enrollment/One Stop Shops

An important message on Medicare Annual Election Period (AE) or known as Medicare Open Enrollment for Plan Year 2019 Medicare: Open Enrollment/One Stop Shops is from October 15 - December 7, 2018.

Stay with your current plan if it meets your needs. You can look for a new one with better coverage, higher quality and lower cost. Fill-out a Worksheet for a Comparison of Prescription Drug Plan for Medicare, Medi-Cal and Medicare Advantages. Please add name, dosage and how many times a day you take the prescription drug as it needs to be on the back of the form.

You can mail to 646 County Square Drive, #100, Ventura, 93003 or fax the form to HICAP, (805) 477-7341. Registered HICAP volunteers will select the top three plans with the least expensive cost. After the comparison is completed, you will get a phone call saying it is ready for you to walk into a location of your choice if needed. For more information, please call HICAP: 800-434-0222, 805-477-7310 or the Spanish line 805-477-7351.



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## LIVEWell was selected for a Merit award

The Ventura County Area Agency on Aging's LIVEWell resource guide earned recognition from the 27th annual National Mature Media Awards, which honors the nation's best marketing, communications, educational materials, and programs produced for older adults.

LIVEWell was established in 2017 to serve as the premiere resource guide for the more than 175,000 Ventura County residents 60 and over, individuals with disabilities, and their caregivers. A redesign of the former Eldercare guide, LIVEWell provides information through feature stories, resource listings, and news shorts that focus on important topics that range from insurance fraud, to financial wellness, balanced nutrition, caregiver support, legal information, and methods of maintaining an active lifestyle.

LIVEWell was selected for a Merit award for design and content by a distinguished panel of judges from across the United States.

The 2018-19 issue of LIVEWell will be available in October and is fully integrated to include content in both English and Spanish.

"The VCAAA is honored to receive this recognition and is proud of the impact LIVEWell has made on the community," said Victoria Jump, Director of the VCAAA. "The VCAAA is dedicated to providing a thoroughly vetted and easily accessible tool that addresses the needs of the growing and diverse population served by the Agency. Having a guide that meets the needs of

both the English and Spanish-speaking populations sets a new standard for how we communicate with our clients."

For more information, or to receive a copy of LIVEWell, call (805) 477-7300 or visit [www.vcaaa.org](http://www.vcaaa.org).

The Ventura County Area Agency on Aging, an agency of the County of Ventura, is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals, individuals with disabilities, and their caregivers to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

## Senior Tai Chi Balance Classes seeking volunteers

Want to help your community while also helping yourself? Then consider becoming one of RSVP's trained, certified Tai Chi: Moving for Better Balance instructors.

Training for new volunteer instructors is scheduled for Friday and Saturday, October 12 and 13. The program provides active retirees a way to serve their community through teaching the free classes while also improving their own balance and staying fit.

The two-day training, led by the

*Continued on page 16*





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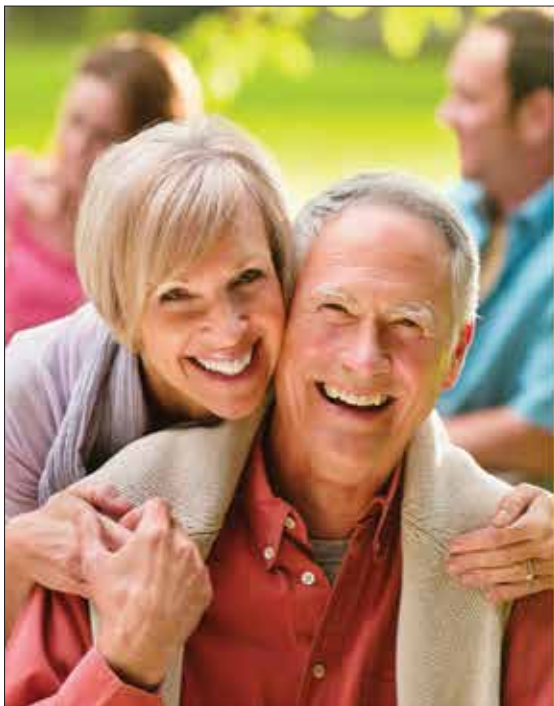


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# Senior Living



Pick a store that is clean and well supplied.

## Shopping for food that's good for you

If you have a choice of where to get your groceries, pick a store that is clean and well supplied. If it is also busy, the stock is probably more likely to turn over quickly.

Many people say a successful trip to the grocery store starts with a shopping list. Throughout the week, try to keep a list of food and supplies you need. Keeping to a list helps you follow a budget because you will be less likely to buy on impulse. A prepared grocery list will help you choose healthy types of foods.

When making your shopping list, check your staples. Staples are nice to have around if you can't go grocery shopping.

A trip to the grocery store can be a chore for anyone, but as you get older, you might have some new reasons for not going. For example, getting around a big food store might be difficult. What can you do?

Some stores have motorized carts, which you can use.

Ask if there is an employee who can help you reach things or push your cart.

If your store has a pharmacy department, you might find a seat there if you get tired.

Plan to shop at a time of day when you are rested.

If it's a busy grocery store, try to pick a time when it might not be so crowded; that way you won't have to stand in a long check-out line.

Check with your local Area Agency on Aging to see if there are volunteers in your area who can help.

If you can find a farmers' market or vegetable stand nearby during the growing season, fruits and vegetables might cost less than in the grocery store. Local Harvest can also direct you to farmers' markets in your area.

You might also be able to get some help from the federal government to pay for vegetables and fruits from

farmers' markets through the Seniors Farmers' Market Nutrition Program. They provide coupons you can use at farmers' markets and roadside stands.

For More Information on Shopping for Healthy Foods:

**Local Harvest**

[www.localharvest.org](http://www.localharvest.org)

**National Association of Area**

**Agencies on Aging**

1-202-872-0888

[info@n4a.org](mailto:info@n4a.org)

[www.n4a.org](http://www.n4a.org)

**National Association of Nutrition**

**and Aging Services Programs**

1-202-682-6899

[www.nanasp.org](http://www.nanasp.org)

**Eldercare Locator**

1-800-677-1116 (toll-free)

<https://eldercare.acl.gov>



"Don't we have too many kids anyway?"

## One Basket, All Eggs. Risky!

by **Jayson Cohen**

*American Legacy Solutions*

Achieving a high income and net worth is half the battle in the quest for financial security. The other half is trying to keep and grow your assets once you have them. While this latter half is perhaps a nice problem to have, it has been the cause of many a headache.

One problem some people make is the proverbial "putting all of their eggs in one basket." In the investing world, even just putting too many eggs in too few baskets can be enough to sink a financial battleship. Too often, people make this mistake in a misguided effort to go all in on chasing maximum returns.

Conventional wisdom does indeed hold that you have to accept higher risk in order to get higher returns and, accordingly, have to accept lower returns in order to lower your risk. However, there are a couple of quite serious problems with this logic, common though it may



# Senior Living

be. For starters, it is almost impossible to predict with certainty which investments will flourish in the future and which ones will tank.

It is not as though anyone ever sets out to have their financial goals torpedoed by a bad investment, but, no matter how sound a plan may seem at the outset, there is always at least some chance that it could go awry. If a particular investment makes up even as little as 20 percent of your portfolio and crashes, it can take your financial goals and security down with it. Fortunately enough, this reality does not have to doom investors to rolling the Wall Street dice as best they can and then sweating out results over numerous sleepless nights.

The concept of financial diversification is actually old enough to have been referenced in a Shakespeare play, “The Merchant of Venice,” four centuries ago. In the 1950s, Harry Markowitz, an academic researcher, articulated modern portfolio theory. His research uncovered the insight that putting together a portfolio of investments that did not all correlate with each other had the effect of reducing the variability (risk) of the portfolio without giving up returns.

In other words, as long as all of your investments do not tend to rise and fall in value at the same time, your portfolio could be effectively insulated from catastrophic losses while still set up for strong long-term gains. Accordingly, diversifying your investments across numerous (thousands) of companies prevents you from having to worry about whether one or even several of them will collapse. Even though it could happen, it could be on a small enough scale that it will not hurt you.

Undoubtedly, these realizations explain much about why it is so difficult for even professional investors to beat the returns of broad indexes like the S&P 500. Diversification is sometimes described as the only free lunch in finance. Accordingly, as simple as it sounds, the best approach, by far, that you can take once you have otherwise reached a high income or net worth is to put your investment money in broadly diversified funds and leave the anxiety to those prone to over-thinking things.

Allow us to take a look at your retirement plan and assess the amount of risk you currently have. You should be confident your plan will make it through any potentially volatile years to come.

Source: <https://www.cnbc.com/2017/12/27/diversification-the-oldest-trick-in-the-investment-book.html>

## Healthy aging in winter and beyond: 4 important vaccines for seniors covered by Medicare

Fall is in full swing, meaning colorful foliage, delicious pumpkin treats, and—perhaps best of all—cooler weather! While you may be celebrating the end of an unbearable summer, it’s important to remember that cooler weather can also mean greater risk of getting sick.

Here’s a list of four vaccines that Medicare helps pay for and that you should talk with your doctor about to help protect yourself from illness this winter and beyond.

**Influenza Vaccine:** Why is it important for older adults to get the flu shot? Older adults—even if you are healthy—are at higher risk when it comes to the flu due to age-related weakening of our immune systems, making it more difficult for us to fight off disease.

The flu vaccine is a once a year, cost-free Medicare Part B benefit. For Original Medicare, you must use a physician or healthcare provider who accepts Medicare, and for Medicare Advantage, you may have to use an in-network doctor or pharmacy.

**Shingles Vaccine:** Shingles is a painful skin rash that’s caused by the same virus responsible for chickenpox. Shingles is less contagious than chickenpox, and can only be passed on to another person up until the point when the infected person’s blisters begin to scab. Even after shingles passes, long-term pain can linger.

Researchers believe that the age-related weakening of our immune systems can trigger the “reawakening” of the dormant chickenpox virus.

All Medicare Part D drug plans, or Medicare Advantage plans that include prescription coverage, typically cover the shingles vaccine.

**Pneumococcal Vaccine:** Pneumococcal disease causes severe infections throughout the bloodstream and/or key organs. While you may not have heard of pneumococcal disease, you



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have probably heard of the conditions that result from this disease, including pneumonia and meningitis.

The pneumococcal vaccine is a cost-free benefit covered by Medicare Part B. For Original Medicare, you must use a physician or healthcare provider who accepts Medicare, and for Medicare Advantage, you may have to use an in-network doctor or pharmacy.

**Hepatitis B Vaccine:** What is the hepatitis B virus? Hepatitis B (or hep B) is a contagious virus that infects the liver. Acute hep B, which usually lasts a few weeks, often mimics symptoms similar to the flu, like fever and nausea. Chronic hep B is long-term, often has no symptoms at all, and can cause liver damage or death.

Why is it important for older adults to get the hepatitis B vaccine? The liver and its function change as you age,

making hep B more prevalent among older adults. Your risk of contracting hepatitis B increases if you have hemophilia, end-stage renal disease (ESRD), diabetes, or other conditions that lower resistance to infection. Acute hep B is particularly dangerous for older adults because there is no specific treatment for the symptoms.

**Make a plan to get vaccinated today!**

Getting these vaccines is an important part of healthy aging, and they also help ensure the health of your friends and family. Call your doctor today to see if these vaccines are right for your health, and then check with your Medicare provider about where you can get them. If you know someone who may not be vaccinated, share this information with them so they can take the next step toward protecting themselves.



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## Senior Living

### Senior Tai Chi Balance Classes

*Continued from page 13*

Master Trainer, will be held in Camarillo, but volunteers can teach in any of Oxnard RSVP's 12-week classes in the four west county cities served (Oxnard, Camarillo, Ventura and Pt. Hueneme).

After training, volunteers must practice at least 30 hours before being certified to teach; often those trained practice together for support. Attendance at quarterly in-services will be required of volunteers.

No experience is necessary, but volunteers must be age 55 or older and make a six-month commitment to teach three hours per week. Since instructors work as teams, time away for illness or short vacations is possible.

For more information on the instructor training or to make an appointment to be interviewed for the position, please call 805-385-8023. There are currently three Ventura classes and two each in Oxnard and Camarillo.

A federal grant received by the City of Oxnard and its RSVP program funds the free exercise classes, which follow curriculum developed at the Oregon Research Institute (in Oregon) where studies showed improved strength and balance, increased mobility and reduced incidence of falls among seniors who participated in the classes.

Classes consist of a core eight-form routine of Yang-style Tai Chi with built-in exercise variations. It teaches participants balance skills and good body alignment by using coordinated and flowing movements. The classes are intended for adults age 60 and older who can walk easily with or without assistive devices.

RSVP is a volunteer recruitment and

placement program, helping people 55 and older find volunteer positions that match their interests, talent and available time. The Oxnard RSVP has almost 575 members and is sponsored by the City of Oxnard. To learn more about being an RSVP member or to discuss other volunteer opportunities, call 805-385-8023.

### Help promote Breast Cancer Awareness

*Continued from page 1*

T-Shirts will be available at the above locations for the month of October, as long as supplies last. T-Shirts are \$20 each. Cash or check. Checks payable to the Ventura Fire Foundation.

Unfortunately, there will be no shirts available at Fire Stations for sale.

Dedicated proceeds will go to fund the Ribbons of Life Breast Cancer Foundation located in Ventura that specifically serves women and families in Ventura County. This has been a huge success in past years and we are hoping for the same this year. <http://www.ribbonsventura.org>.

### Voting and your community

*Continued from page 9*

an informed and educated community through electronic media. Both our television channels and radio are venues to share stories and ideas with the community. Become a member, take the Orientation, enroll in classes and create powerful and entertaining media to share with us.

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## News & Notes



Participants in the Seaside Games travel from all the western states.

### Fairground is transformed into a virtual Scottish village of this or any age

Southern California’s Seaside Highland Games – the premier Scottish festival on the Pacific Coast – will launch their 16th outing on October 13 & 14. Staged on the Ventura County Fairgrounds the venue is transformed into a virtual Scottish village of this or any age. Set on the Pacific shores, the festival is fortunate to enjoy the ocean breezes in virtually every year. And October is the optimal time to enjoy the ‘twixt’n tween’ time between summer and fall.

Participants in the Seaside Games travel from all the western states to take part – Washington and Oregon to the north and Arizona, Utah and Nevada to the east. This year, because our honored clan will be Clan Graham Society of North America,

we will be flooded with Grahams from all across this nation as well as our neighbors in Canada. There could be a new native Scots thrown into the mix as well!

The special guests this year will be the Honorable Ms Joni Smith, Scottish Counselor for North America from her Washington DC offices. And the World Champion Grade 3 pipe band ...the Pasadena Scots!


On Friday night of games weekend there is the “A Scottish Evening”, which consists of a sumptuous buffet supper, great Scottish music and a Scottish fashion show! A Single Malt Tasting precedes the dinner with a dozen plus premium Scotch brands to taste!

Saturday brings the gala opening ceremonies and grand parade at noon in front of the Alex Beaton Stage. Clan names and mottoes will be called out by the Voice of the Seaside Games, Bill Graham, as clan members march by, interspersed with all the fine bagpipe and drum bands in attendance. A true color spectacle! Four stages of wonderful music will be playing continuously throughout the weekend, while nearby the Highland heavies, the brave Scottish athletes, will amaze you. The herding dogs demos will amuse and thrill you and the dancers of all ages will enthrall you! The St. Andrew’s Society of Los Angeles Harp Glen is an awesome stop and the World War II military encampment will teach you a thing or three about our tremendous history. Fine vendors, tasty Celtic food and drink when the need arises, and a precious Children’s Glen for the wee ones add to the amazing offerings.

Come to Seaside and see it all! October 13 and 14 on the Ventura County Fairgrounds! For more information seasidechief@aol.com or call John and Nellie at 818-886-4968.

### Dr. Jerry Dannenberg for Ventura Unified School District Board of Education Area 4

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City of Ventura provides free gardening classes.

### Sustainability Now News

## Tree watering best practices

by Maryann Ridini Spencer

During times of drought, there are water efficient tips you can employ

to keep the trees in your landscape healthy and thriving. At Ventura Water’s September 8th free gardening class held at Green Thumb Nursery, Certified Nursery Professional Richard Flowers shared his expert tips.

Flowers encouraged customers to understand their soil type, “If your soil is hard, dry and compacted you may have a clay soil which needs to be watered slowly and less often, rather than sandy soil which can be watered more frequently for not as long.”

Flowers provided recommendations for maximizing soil moisture and improving soil health. “When you first plant a tree, I always suggest creating a basin around the base and filling it with mulch. Avoid mulch touching the main trunk. Incorporating an organic soil mix under the tree’s canopy or by the tree’s

*Continued on page 21*





# The Pet Page



## Dedicated to Scamp

■ SPAN Thrift Store is providing \$10 spays and neuters for low income cat and dog friends.

New Location is at Albert H. Soliz Library - El Rio, 2820 Jourdan St., Oxnard

on Friday, October 26th. Please call to schedule an appointment 805-584-3823.

■ On October 27 WHO LET THE DOGS OUT FAMILY FUN FESTIVAL, A COMMUNITY FUNDRAISER on behalf of Ventura Police K-9 Partners will be held at the Harbor Cove Café located in Ventura Harbor. 100% of proceeds go to the K-9's medical fund.

There will be a singles auction with a surprise auctionee even though he is not single. Look for the advertisement in the Ventura Breeze November 24 issue and find out who you can bid on to spend a glorious two hours with.

■ On Saturday, September 28, the Canine Adoption and Rescue League (C.A.R.L.) held their grand opening for the CARL Boutique Thrift Store new location.

Canine Adoption and Rescue League (C.A.R.L.) is a 501(c)(3) non-profit all breed, no-kill dog rescue and adoption organization. Since 1996, C.A.R.L. has rescued and placed thousands of unwanted, sick, abandoned, and homeless dogs. Dogs in their adoption program are placed in pre-screened, loving and secure homes. CARL makes a lifetime commitment to all their dogs.

CARL's mission is to advocate for animal welfare, seeking to end the needless deaths of companion animals through its adoption, education, and outreach programs. They rely entirely on donations and do not receive

government, state or city funding.

The thrift store was created to help CARL in their mission to help animals. All proceeds from the thrift store go directly to help the animals. The former thrift store had been open for 3 years and was located at 4160 Market Street.

The new store location is at 2750 E Main St. (in the "old Sears building) next to Smart & Final.

The store is receiving donations of clothing, house wares, books, furniture and jewelry. Drop off time for donations are Tuesday – Saturday 11:00 am – 4:00 pm.

For more information about the store, donating or volunteering, go to [www.carlthrift.org](http://www.carlthrift.org). They can also be reached at (805) 667-9111 or email at: [thriftstore@carldogs.org](mailto:thriftstore@carldogs.org).

For more information about Canine Adoption and Rescue League (C.A.R.L.) please visit <http://www.carldogs.org>

■ The National Police Dog Foundation is very pleased to announce the availability of another 50 (12-month health insurance) K-9 Health Insurance Grants. They are now accepting applications.

In 2017 they launched their K-9 Health Insurance Fund, which was established from an initial donation by Petplan Pet Insurance. The fund is supported by designated gifts from the public to the National Police Dog Foundation and a \$50 donation from Petplan for each new pet insurance policy booked by the public using the campaign code NPFD10 at <https://nationalpolicedogfoundation.org/petplan/>. Pet parents who use the code can also receive a 10% discount on their new policy.

The purpose of the fund is to offer grants to law enforcement K-9 units, ensuring the continued well-being of the K-9s.

## Scamp Club

(Scampclub pets are not for adoption.)



Hi: I'm Tedi, a 13-year-old mixed breed (who knows what I am?). I love running on the beach and going out in the car.

## Join Scamp Club

**Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.**

Petplan's support of the K-9 Health Insurance Fund, and their passion for improving the quality of life and access to essential veterinary care for K-9s, is the driving force and the major sponsor of the fund.

In 2017 they were only able to offer 5 grants. Thanks to Petplan and your donations, earlier this year they granted 50 health insurance policies, and now are offering another 50 grants to pay for 12 months of K-9 medical insurance. The grants are limited to 1-4-year-old K-9s and a maximum of two grants will be granted to each agency.

This is the season of giving. They need your support to be able to continue to offer grants that will keep your local K-9s healthy, on-the-job and ready to protect you.

Grant application deadline for these 50 (12-month health insurance) grants is October 26th, 2018. No applications will be accepted after this date.

To apply and for more details, please go to <https://nationalpolicedogfoundation.org/health-ins-grant-app-50-fall-2018/>

■ by Victoria Usher

Madison Square Garden in New York City has always hosted the Westminster Kennel Club Dog Show, where a plethora of dogs come from far and wide along with their owners in order to compete. The dog show has pups of all shapes, sizes, and personalities, but there was one beagle pup named Uno who became a crowd favorite and was able to

capture the hearts of everyone watching. Uno was special because he was so much more than just a show dog; he was kind, playful, and a truly lovable pup. Everyone watching the dog show and all of the fans were able to easily imagine him being their dog because of his wonderfully unique personality.

Ch. K-Run's Park Me In First, also known as Uno was a 15-inch beagle from Belleville, Illinois, who won Best in Show in the 2008 Westminster Kennel Club dog show. He was the first beagle to claim the top prize at Westminster and the first beagle to win the hound group since 1939.

Sadly, Uno recently passed away at the age of thirteen from cancer. He was loved, and he lived a happy life on a ranch in Austin, Texas. The all-American dog named Uno will never be forgotten, he will always be in our hearts.



Even ducks visited the CARL grand opening.

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Brittney with her foster "Casper" posing just after a beautiful hike.

Ventura County Animal Services has implemented new, lifesaving programs since becoming a no-kill shelter five years ago. While their Foster Care program saved 2,931 companion animals last year, they need additional families to help care for underage kittens, senior pets and long-stay dogs who need a break from shelter life. [Learn more at www.vcas.us/foster](http://www.vcas.us/foster).



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# The Pet Page

Lost pet? Go to [LostCatVenturaCounty.com](http://LostCatVenturaCounty.com) or [LostDogVenturaCounty.com](http://LostDogVenturaCounty.com) - free websites for finding and posting when you've lost or found a cat or dog.

## Forever homes wanted

Hi: I'm Claire, a very spunky 3-year-old Chihuahua X, in need of a new home as my owner had to move and I could not go too. I love meeting everyone and showering them with kisses. I would like to be the only pet since I like all the attention. I am looking for my forever home and would make a great companion if given the chance. All I need is a lap to curl up in and someone to love me. If I sound like the dog for you, stop by and meet me.



Mathias is an endearing older gentleman who is looking for a lap and comfy kitty beds to enjoy! He is a middle of the road kind of guy he likes attention but is not needy. He likes to be petted, brushed and to play with a laser pointer toy. He has a touch of arthritis, or maybe an old football injury, and therefore walks with a bit of a wobble. He is presently in Foster Care. But wants his own forever home! Ventura County Animal Services  
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## This 'n' That



Patricia has out-of-control eating habits.

## How one woman shed 73 pounds and kept it off

by James Francis Gray

Patricia Rodriguez was born and raised in Ventura a graduate of Ventura High School. At 51, she felt her life was heading in the wrong direction. She, stranded in an unhappy relationship knew that she needed to make some big changes.

Thanks to out-of-control eating habits that included fast food, sweet drinks and candy, her weight shot to 198. Heavily sweetened hot chocolate was an everyday must. She ate for comfort and to tamp down her dissatisfaction with her situation. Some days she didn't have the energy to get up off the couch.

Patricia's transformation began where the relationship with her fiancé ended. It was then she realized that she could use this life-changing event to put her on the right track and take her life back. The need to rid her body and her life of toxic aspects was of paramount importance. She began to make room for the things she loved—God and family, music, dancing, sunrises, sunsets, and good inspirational conversations with new and interesting people.

She wanted to look and feel great about herself, to live a life full of hope, to set new goals. When her sister asked her what she was giving up for Lent, it challenged Patricia to give something up, she asked her daughter for suggestions. She was already a nonsmoker and did not do drugs or alcohol, but the answer came back, "give up processed sugar," Patricia panicked. "Not sugar!"

But in the end, she vowed that for 40 days she would eat only natural foods. She found recipes online: Breakfast was a green smoothie and one egg. Lunch, a mixed berry smoothie, and dinner was half a chicken breast and veggies. She was careful not to overeat, sharing meals when eating out, and taking home half or giving it to a homeless person. She measured, cut down bread and tortillas to no more than one serving a day. Instead of an entire PBj to satisfy late-

night cravings, a tablespoon of peanut butter did the trick. When she wanted hot chocolate, a couple of sips were enough.

Over time, Patricia's eating habits changed. Walking became her exercise of choice, gradually increasing to six miles or more a day. Encouragement from others and self-motivation kept her on track through the end of Lent. Every day she told herself, "I can do this!" Extra inspiration was provided by her daughter's upcoming wedding.

She refused to let small setbacks

*Continued on page 20*

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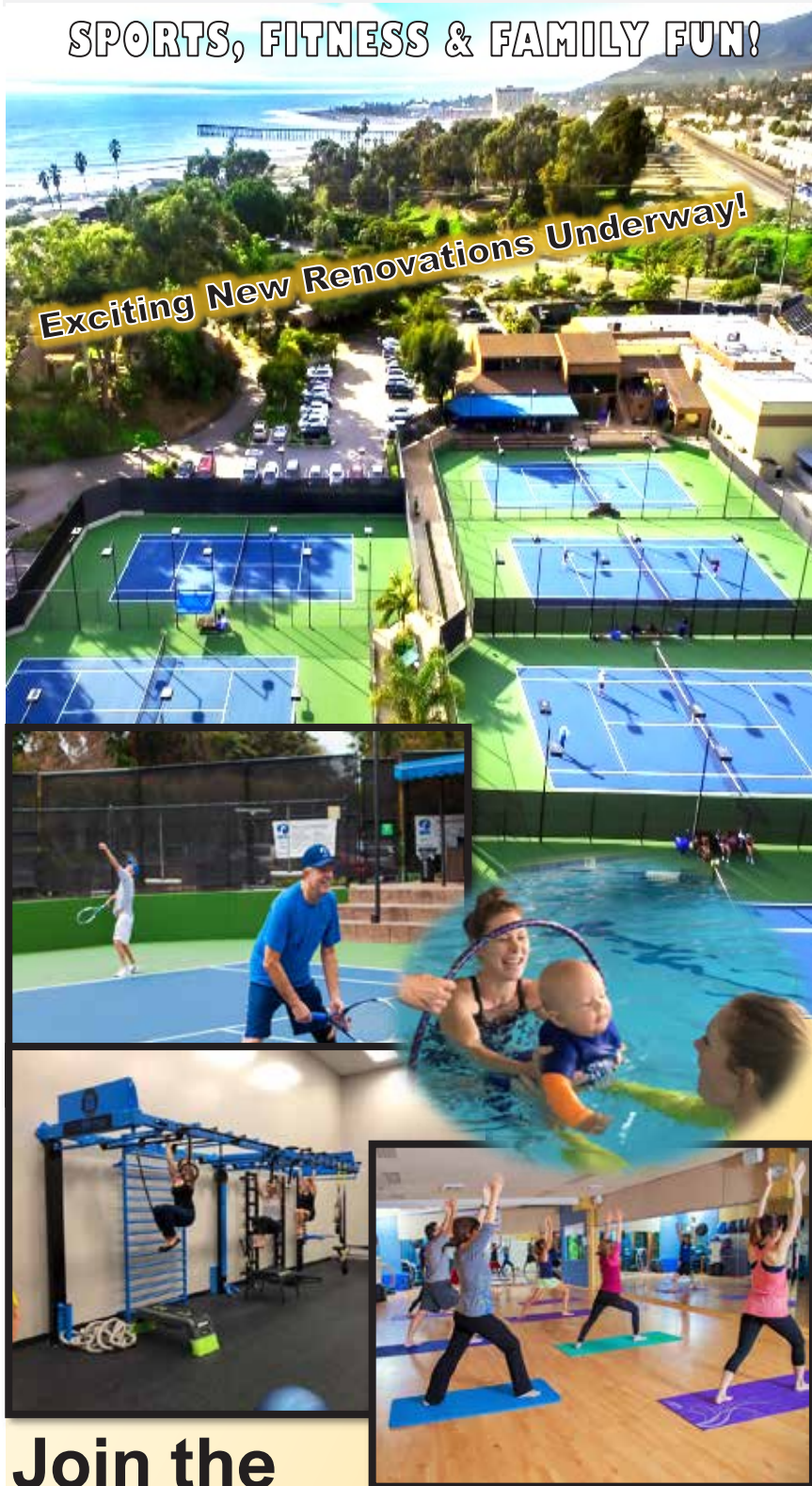
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## Here 'n' There



A \$3,000 check was presented by the Rotary Club of Ventura for the eye clinic.

## Eye clinic has official ribbon-cutting

Even though open for several months the community free Eye Clinic held a Chamber ribbon-cutting on Friday, Sept. 28, at the Salvation Army living center located at 155 S Oak St.

In attendance were Ventura Chamber members, friends, members of the Ventura Rotary Club, Ventura Downtown Lions Club and the Salvation

Army of Ventura, the 3 groups that have partnered to bring the community a free Eye Clinic. Their goal and vision is to provide free eye glasses for those in need. Patients are seen each Thursday from 7:30- 9:30 except holidays. Walk-Ins are welcomed as well, just arrive early and ring the bell!

Photos by Michael Gordon.



Still time to see the Polynesian Voyaging Canoe Hikianalia.

## Hikianalia sailed into Ventura County Coast

After a 2,800-mile voyage from Hawaii to California using traditional non-instrument navigation, solar and wind-powered Polynesian voyaging canoe Hikianalia and her crew sailed into Ventura County Coast on Oct. 6, and made stops in Ventura Harbor (Oct. 6-10), Channel Islands Harbor (Oct. 10-14) and the Channel Islands National Park - Santa Cruz Island (Oct. 14-16).

During the stops in Ventura County, the crew will host a crew presentation and dockside canoe tours, which will give the public an opportunity to learn about traditional Polynesian voyaging and the mission of the Polynesian Voyaging Society's Alahula Kai o Maleka Hikianalia California Voyage.

After the one-week stop in Ventura County Coast, Hikianalia is scheduled to depart for Santa Cruz Island,

The Alahula Kai o Maleka Hikianalia California Voyage is a continuation of the Polynesian Voyaging Society's Mālama Honua campaign to inspire action toward an environmentally and culturally thriving world..

Because the West Coast of the United States was not part of the Mālama Honua Worldwide Voyage, the Polynesian Voyaging Society and crew are looking forward to engaging with the California communities. While Hikianalia is sailing to California,

Hōkūlea will remain in the Hawaiian Islands to complete the Mahalo, Hawaii Sail.

Hikianalia, the wind- and solar-powered canoe built by the Okeanos Foundation for the Sea is the sister vessel of the famed Hōkūlea. Hikianalia is the Hawaiian name for the star Spica, which rises together with Hōkūlea (Arcturus) in Hawaii. sunlight to electric propulsive energy. With a zero carbon footprint, her design supports the "Mālama Honua" (care for Island Earth) mission.

The Polynesian Voyaging Society was founded in 1973 on a legacy of Pacific Ocean exploration, seeking to perpetuate the art and science of traditional Polynesian voyaging and the spirit of exploration through experiential educational programs that inspire students and their communities to respect and care for themselves, one another, and their natural and cultural environments. For more information about the Polynesian Voyaging Society and the Worldwide Voyage, visit [www.hokulea.com](http://www.hokulea.com) or find them on Facebook, Twitter, Instagram, and YouTube.

### How one woman shed 73 pounds

*Continued from page 19*

discourage her. A 2016 surgery kept her laid up for weeks and depression settled in, brought on by inactivity. But as the healing process began, with her arm in a sling, she returned to walking, steadily increasing the amount of time and distance, which helped her drop the extra weight she had picked up.

Now the owner of Patricia's Home Care, she is an active member of the Ventura business-networking group, Coffee Connections, and they are helping to build her new business website. With her four children living nearby, in good health and feeling back in control of her life, a completely new world has opened up for this successful local business owner. Her new goals include continuing healthy eating and walking. "Friends and family stood by me during my life change in 2016," said Patricia. "They witnessed my accomplishments. Some have even said I was their inspiration."





# This 'n' That

## Candalaria; the voice of her people

by Richard Senate

No one knows exactly when she was born, it is estimated it was sometime around 1838 in the Sespi District of Ventura County. We know she spent much of her life in and around the village of Saticoy, just east of Ventura. She was a mission neophyte and a life long Roman Catholic, like many of her people. She lived, in her long life to see California pass from Imperial Spain to Mexico and then become part of the United States.

Her grave was believed lost but rediscovered and is now marked, a simple plaque that proclaims her as a Chumash Native American. Her name was Candalaria Valenzuela and she is perhaps the best known of all of the Chumash People. She was a major informant to Smithsonian ethnographer John Harrington with her accounts of Chumash life. Much of what we know about the tribe and its customs and beliefs comes from her interviews.

She grew up at the Mission San Buenaventura. She was part of the household of Chumash leader Captain Luis Francisco who operated a restaurant/saloon in Saticoy. He did all he could to keep alive Native American traditions and customs.

She was known for her fine baskets, and her knowledge of herbs. Candalaria was, by all accounts, a very beautiful woman in her youth. She was married three times. She was married to Jose del Rios and this union produced a son named Teen. By the 1870s she was working as a cook at the home of the Olivas Family and here she had a long term relationship with Jose Delores

Olivas that produced two children.

When Jose married a “respectable” woman she left the rancho and left behind the two children who were recognized as members of the Olivas Family. They were taken in and given a good education.

After the family lost their wealth in the 1890s, Candalaria returned to help the Olivas Family. She took care of the sick and elderly mother Teodora and helped to raise Rebecca Olivas DeLa Riva’s children. Years afterward the children remembered her making dolls for them out of scraps and her huge tortillas so large they filled the whole top of the wood stove.

She only moved on after the death of Teodora Olivas, and the family sold the two story adobe home. She then married Jose Valenzuela of Sonora Mexico. She was working as a cook on a ranch where Lake Casitas is today.

In 1917 she was badly burned when a gasoline stove she was using exploded. She died of her injuries in Ventura. She was, it is believed, 81 years old. She witnessed many changes in her long life from the days of the Missions to Ventura becoming a modern city. She should be honored for all she did with a statue in Ventura. Before her death she told Mr. Harrington about the beliefs of her people and even recorded her voice singing the ancient songs in the Chumash Language onto wax cylinders. These crude recordings still exist and are preserved and transferred to modern recording systems. Her voice is a time machine back to the days when the Chumash called Ventura County home.



Samuel Ponce just started his first semester as a transfer student at Cal State Northridge.

## Ventura College Foundation introduces Tuition-Free VC Promise Program

At its September 26 meeting, Ventura College Foundation board of directors approved funding for a second-year Ventura College (VC) Promise program where Ventura College students can have tuition costs of their second year of academic studies paid for by the foundation. A first-year VC Promise is already in place.

“Our first-year VC Promise began in 2007. It was the first of its kind in the state and a model for other California community colleges,” says Anne King, Ventura College Foundation executive director.

In addition, the foundation, through private donations and proceeds from its Weekend Marketplace, will cover supplemental fees for all VC Promise students.

Because of the new public-private funding, an estimated 1,500 students will now benefit from the expanded first-year VC Promise.

The second-year VC Promise will begin in the 2019-2020 academic year. Students will receive second-year VC Promise support on a first come, first served basis and must meet specific academic and career planning criteria to qualify. An estimated 200 students will be served by adding the second-year Promise program.

“The goal is to remove the financial barriers that keep students from pursuing a college education,” says Dr. Damon Bell, president of Ventura College. “With 70 percent of our students living in low or moderately low-income households, tuition costs make college out of reach for many.”

“This collaborative effort between the Ventura College Foundation and Ventura College will help increase student completion of certificates and degrees,” says Dr. Greg Gillespie, chancellor of the Ventura County Community College District. “Students will then be prepared for transition into careers and transfer programs.”

According to the Ventura College Foundation, VC Promise students are 70 percent more likely to earn a degree or certificate in four years. One example is Samuel Ponce, a 2018 Ventura College graduate and former VC Promise student. He just started his first semester as a transfer student at Cal State Northridge.

VC Promise is also available to veterans, active duty military, and DACA students. For more about VC Promise and the Ventura College Foundation, go to [www.VCgiving.org](http://www.VCgiving.org), or call 805-289-6461.

Established in 1983, the Ventura College Foundation provides financial support to the students and the programs of Ventura College to facilitate student success and grow the impact and legacy of Ventura College as a vital community asset. The Foundation also hosts the Ventura College Foundation Marketplace; an outdoor shopping experience held every weekend on the Ventura College campus east parking lot. For more information, contact Anne Paul King at (805) 289-6461 or [aking@vcccd.edu](mailto:aking@vcccd.edu).

## County launches webpage for unclaimed property tax refunds

The Ventura County Auditor-Controller is pleased to announce a new webpage for Unclaimed Property Tax Refunds: <https://www.ventura.org/auditor-controllers-office/unclaimed-property-tax-refunds>. Taxpayers can access a listing of unclaimed property tax refunds and instructions on how to file a claim for a refund.

Property tax refunds generally result from reassessment of property. Unclaimed property tax refunds consist of checks that remain un-cashed for a period of more than six months. Reasonable and diligent efforts have been made to notify taxpayers of their refund.

“Often checks are returned undeliverable by the postal service because the payee has moved and does not leave a forwarding address, or the forwarding order has expired,” said Auditor-Controller Jeff Burgh. “If property tax refunds remain unclaimed for more than four years, they may be transferred to the county general fund on order of the Board of Supervisors.”

The transfer of funds is called escheatment and, while escheatment is the legal alternative, the Auditor-Controller’s primary goal is to return refunds to their rightful owner.

All property tax payers are encouraged to search the lists to determine whether they may be entitled to a refund. Claims for funds must be postmarked by November 29, 2018, in order to avoid escheatment to the county general fund. After this date, refunds left unclaimed will become property of the County and can no longer be claimed.

In addition to the webpage, people seeking a refund for unclaimed property taxes can visit the Auditor-Controller’s office in the Hall of Administration at

the County Government Center, 800 S. Victoria Avenue, Ventura, or call (805) 654-3182.

### Tree watering best practices

*Continued from page 17*

drip line (the area located outside the boundary where rainwater would flow off the leaves to the ground) is beneficial because the organic material helps feed the soil biology improving water uptake, and reducing soil compaction.”

To test your soil’s moisture, Flowers suggested using a screwdriver and inserting it approximately 6-8 inches deep at the tree’s drip line. For watering best practices Flowers suggested, “early morning or dusk which limits water loss due to evaporation.” He explained a newly planted tree requires more frequent watering when compared to an established tree which may only need to be watered once a month being careful not to water in one place.”

“Segment your tree watering into zones. Like the face of a clock, water at positions 12, 3, 6, and 9 for a total of 100 gallons of water. If you’re watering with a sprinkler system, use a soup can or something similar to measure when approximately 2 inches of water has been applied. A watering hose on a timer can also work well. Just remember, it’s important to water slowly.”

To find out more about the City of Ventura’s free Gardening classes, visit [venturawater.net](http://venturawater.net).

### Serra Cross

*Continued from page 1*

We have spent the past ten months working on the park: removing burnt landscaping; cutting down dead trees; removing thousands of broken bottles and other debris that collected over decades and was revealed by the fire; grading the grassy area and installing new irrigation; installing new sod and hundreds of plants; sanding and repainting damaged metal benches and trash cans; mulching paths; planting ten new oak trees; replacing the up-lights that illuminate the cross at night. All of this work was done by Dafau Landscape, Halter-Encinas Landscape, Creico Electric and many dedicated volunteers.

The gates to the park have been locked since December, so there has been no vehicle access. All of the gates are located on City-owned property (Grant Park), and will be reopened when the City Parks Department decides that public access is safe. All 106 acres of Grant Park burned and there has been a massive effort by the Ventura Botanical Gardens and city staff to renovate the park for all of our residents to enjoy again.

Serra Cross Park is owned and maintained by the Serra Cross Conservancy, a non-profit formed in 2003, when the city decided to sell the cross. Renovations after the fire have been very expensive and donations are welcome. Future plans include new signage, reclaimed wood picnic tables, fencing, a variety of trees, sidewalk, curb and parking lot improvements.

Tax-deductible contributions may be sent to Serra Cross Conservancy at PO Box 48, Ventura CA 93002. Our website is [www.serracrosspark.org](http://www.serracrosspark.org), and we are now booking weddings and other events for 2019. We look forward to welcoming the public back up to the cross in the coming months.





# This 'n' That

## Ventura County Leadership Academy announces new board members and officers

The Ventura County Leadership Academy has elected new board officers. Serving for two year terms, the newly elected officers are:

President: Melissa Baffa (Cohort XVII) - Development Officer, Foundation & Corporate Relations, Santa Barbara Museum of Natural History. Melissa is also an instructor with the Osher Lifelong Learning Institute at California State University, Channel Islands and a Science Communication Fellow with the Ocean Exploration Trust.

Vice President: Tom Cohen, Esq. - Partner, Cohen Begun & Deck, LLP.

Tom is a director for the Greater Conejo Valley Chamber of Commerce Board of Directors and serves on the advisory board of KidSTREAM Children's Museum. His leadership also includes serving as the Past Chair of: the United Way Ventura County.

Secretary: Rudy Gonzales (Class 2 & Cohort XXIV) - Government Relations Manager, So Cal Edison.

Rudy holds the unique distinction of being the first VCLA graduate to go through the program a second time; he is a member of the current cohort (XXIV). Rudy is very active in the community, also serving as a director for the Ventura County Economic Development Association and the Conejo/Las Virgenes Future Foundation.

Treasurer: Sharon Cromartie (Cohort XIX) - VP of Administration, Kids & Families Together overseeing Human Resources and Operations. Sharon also serves as a Steering Committee Member for the Nonprofit Leadership Council and as a volunteer for the National Disaster Search Dog Foundation. She is a resident of Ventura.

In addition, VCLA welcomes three new board members, also serving for two years:

Jennifer Caldwell (Cohort XXIII) - Director of Marketing: FOOD Share

A recent graduate of VCLA, Jennifer

is the Chair of the Ventura Chamber of Commerce Young Professionals Group and a director for the Camarillo Chamber of Commerce, where she chairs the Young Professionals Group and co-chairs the Non-Profit Committee.

Board Members:

Pattie Mullins (Cohort XIX) - CEO, Make-A-Wish Tri-Counties

Prior to being hired as the CEO of Make-A-Wish Tri-Counties, Pattie was the CEO of the Museum of Ventura County and the Vice-President of Program and Volunteer Services for the Girl Scouts of California's Central Coast. Herb Gooch, Professor Emeritus - California Lutheran University

Herb retired from California Lutheran University in May of this year, but continues to hold an instructor position there and with the Osher Lifelong Learning Institute at California State University,

The Ventura County Leadership Academy (VCLA), founded in 1994, delivers on its mission of connecting people and issues to strengthen our county by developing, educating and inspiring a diverse group of leaders who aspire to enhance the quality of life in Ventura County. The curriculum of the year-long Academy is delivered through ten full-day interactive sessions and exposes the cohort members to critical issues in the region as well as current leaders in their fields of expertise. VCLA infuses personal leadership development throughout the curriculum with the goal of ensuring that its graduates recognize that leadership is a relational process and that leading at any level within any organization is a choice one must intentionally make.

For more information about the Ventura County Leadership Academy please contact: Melissa Baffa 805-665-3504 or email: [info@vclleadership.org](mailto:info@vclleadership.org).

in the evening's program. Spectators are welcome for \$10. Hors d'oeuvre will be served, and cocktails and soft drinks will be available for purchase.

All proceeds from the event will support the Ventura County Library's READ Program, which provides free one-on-one tutoring for adults who want to learn to read. The program also provides free books, special programs for dyslexic adults, computer-assisted instruction, second language reading instruction, and family literacy activities. Since 1984, the program has helped thousands of Ventura County adults achieve personal literacy goals such as passing GED tests, achieving U.S. citizenship, and gaining employment. READ has been recognized as one of the top community-based literacy programs in California.

Additional details and sign-up forms are available on the Rotary Club of Ventura South's website: [ventura-southrotary.org](http://ventura-southrotary.org), or by calling Don MacDonald at 805-657-8194 or Marty Moss at 805-208-9292. Information on the Library's READ program is available online at [vencolibrary.org](http://vencolibrary.org), or by calling 805-677-7160.

## Haunted Housing Run/Walk

Triad Properties, an affiliated non-profit management company of the Housing Authority of the City of San Buenaventura's (HACSB), is hosting the 3rd Annual Haunted Housing Run/Walk to raise funds for the HACSB's Scholarship Program. One hundred percent of the race proceeds will benefit the HACSB Scholarship Program, which is entering its fifth year of providing support to low income families working toward educational goals. The program provides six scholarships per year to HACSB's low income residents and beneficiaries: three for students attending a four-year college/university, and three for students attending community college or technical/vocational school. Thanks to a generous Board member donation this year, all recipients of scholarships are also receiving laptop computers.

The Haunted Housing Run/Walk event will take place at the San Buenaventura State Beach on October 27, and consists of a 5k, 10k, and a FREE Kids Dash. The course is flat, making it runner, walker, and stroller friendly! Don your best costume and join us for an exciting run for a great cause!

The Ventura Police K9 Unit and its members are the 2018 Grand Marshals and will kick off our 5k/10k races.

5k/10k participants will receive a t-shirt and a finisher's medal. Prizes will be awarded to the top three finishers in each race and best costume. There will be a face painter, photo booth, jumper and more at the finish line. You don't want to miss it!

The HACSB is the largest residential landlord in the City of Ventura, with 376 public housing units, more than 1,500 Section 8 vouchers, and over 450 non-profit affordable rental units. The agency is actively working to increase the supply of affordable housing and to improve the quality of life for hundreds more of the low-income residents throughout the City of Ventura.

## Application period now open for Edison Scholarship Program

High school seniors who dream of making a difference in the world through STEM studies are invited to apply to Edison International's \$1.2 million Edison Scholars Program.

Edison International, the parent company of Southern California Edison, is awarding \$40,000 scholarships, paid over four years, to 30 high school students planning to major in science, technology, engineering or math (STEM) fields at four-year accredited U.S. colleges and universities.

Applicants must live in SCE's service territory and plan to be a full-time undergraduate college freshman majoring in a STEM field in fall 2019. Eligible students must be a high school senior, have at least a cumulative 3.0 GPA and

demonstrate financial need. Students from underserved communities and ethnic minorities are encouraged to apply. Dependents of Edison International and SCE employees and retirees are not eligible for the Edison Scholars Program.

"I'm the beneficiary of a STEM education, and I know it changes lives," said Pedro Pizarro, president and CEO of Edison International. "At Edison, we are proud to play a role in helping local students realize their academic dreams."

Scholarship recipients will be announced next spring. They may also be eligible for summer internships at SCE after completing their second year of college.

Since 2006, Edison International has awarded more than \$8.7 million in scholarships to 610 students' higher education through the Edison Scholars Program.

Edison International's support of charitable causes, including the Edison Scholars Program, is funded entirely by Edison International shareholders. SCE customers' utility bill payments do not fund company donations.

To apply and get additional eligibility information, visit: [edisonscholars.com](http://edisonscholars.com). Scholarship applications are now being accepted through Dec. 14.

## Direct losses to trees, bushes, and vines might be covered by WHIP

California growers who experienced production losses or direct losses to trees, bushes, and vines due to 2017 California wildfires, mudslides, or heavy smoke caused as a direct result of a 2017 wildfire are encouraged to sign up for WHIP at their local Farm Service Agency.

Sign-up period lasts until November 16, 2018. To sign up, contact the Santa Barbara/Ventura County Office at 805-928-9269 Ext. 2

WHIP payments will be determined based on:

Individual's expected value of the lost crop,

Value of crop harvest,

Insurance coverage and insurance payments received.

Covers the production loss of crops and the physical trees, bushes, and vines.

Producers are limited to a \$125,000 payment, unless it is verified, 75% or more of their adjusted gross income is derived from an agricultural-based business, at which point payment limit is \$900,000.

Adjusted gross income limits are not applicable to WHIP.

Both growers with or without crop insurance may apply.

All producers receiving 2017 WHIP payments will be required to purchase risk management coverage for the next two crop years at a minimum of 60 percent coverage level.

Producers with crop losses will need to provide production records unless production information is already on file with FSA.

For more information on FSA disaster assistance programs, please contact the Santa Barbara/Ventura County Office at 805-928-9269 Ext. 2 or visit [www.farmers.gov/recover/whip](http://www.farmers.gov/recover/whip).

## Rotary Club to host Trivia Challenge

The Rotary Club of Ventura South will host its 30th annual Trivia Challenge fundraiser in support of the Ventura County Library's Adult Literacy Program on Wednesday, November 7. The event begins at 6:00 p.m. at the Tower Club, 300 E. Esplanade Drive in Oxnard.

The popular event features a "Jeopardy-like" game in which teams of three people compete for trophies by answering a variety of questions on topics ranging from history to entertainment to sports and general trivia. Teams fall into four categories: Youth (under 25), Service Club (e.g., Rotary, Kiwanis, etc.), Business, and Community. Entry fees are \$375 per team (\$300 if paid before October 24) and \$125 for individuals (\$100 prior to October 24). Businesses and individuals are also encouraged to sponsor teams (in whole or in part) and will be recognized



# Here 'n' There



If you want to participate, it takes some preparation! Photo by Bernie Goldstein.

## Seaside BOO-tacular happenings at Ventura Harbor Village

Ventura Harbor Village welcomes wee pirates and costumed mermaids (along with spooktacular parents) waterfront for a Seaside Trick or Treat on Saturday ,October 27, from 1pm-3pm. Dress up and navigate through the waterfront Village with over 20 treat stops at participating Harbor boutiques and restaurants. It will be an afternoon full of Halloween sweets, face painting, and fun!

That very same day, Zombies will roam the promenade and come together for a World Record breaking flash mob to “Thriller” by Michael Jackson. Spec-

tators should be sure to show up by 3pm to catch the dance in action. Dancers around the globe convene at to try and beat the World Record of dancers at one time to Thriller. However, if you want to participate, it takes some preparation!

Learn the dance, by joining Molly at FitZone in Ventura for classes and get creative with zombie costumes and make-up. To sign up, email Molly@Fit-ZoneVentura.com or call 805-766-4480. Ages 6 and up are welcome to join in on the fun. There is a \$20 Dancer Registration fee (all proceeds go to “Make a Wish Foundation”).

## Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

### Warrant Arrest

On Sept.29, at 2:17pm , a Ventura Patrol Task Force officer saw the suspect Ricardo Magallanes 36 years, Vagrant sitting at Mission Park. Magallanes is known to the officer and known to have an outstanding warrant for his arrest. While waiting for additional officers, Magallanes saw the officer and started to walk away from the park. The officer called out to Magallanes, but Magallanes refused to cooperate with the officer’s commands and started to run away. After a short foot pursuit, Magallanes stopped and turned around to confront the officer. A struggle ensued, and eventually, Magallanes was able to break free and started to run away. As more officers arrived on scene, Magallanes was caught near the Burger King at Ventura Ave, and Main St. Magallanes started to fight with the officers but was subdued and taken into custody.

No officers were injured as a result of this incident. Magallanes was taken to VCMC to be medically cleared before being booked into county jail for felony resisting a peace officer and his misdemeanor warrant. According to the Ventura County Superior Court records, Magallanes was convicted of resisting a peace officer in May 2016, and again for the same charge in June, 2018.

**Grand Theft Person and Elder**

### Abuse Arrest

On Oct. 2, 2018 , at 4:46pm , officers responded to reports of a theft that had just occurred near Telephone Road and Petit Avenue. Upon arrival, officers spoke with the 90 year old victim. She told the officers she was walking in the area when the suspect approached, took her purse from her possession and ran away. Witnesses nearby saw the incident occur and attempted to intervene; however the suspect threw the purse down and fled from them as well.

After a brief search of the surrounding area, officers located the suspect Yvette Deleon, 32 years of Ventura. She was detained and at the conclusion of the investigation, she was booked into Ventura County Jail on the felony charges of grand theft from a person and elder abuse.

## Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**9-13** 10:56am, dispatched to a water rescue at Surfers Point, an unconscious person being assisted out of the water. Officers responded in the fireboat and assisted VFD, State Parks and AMR with the patient.

2:54pm, received a dispatch to a pregnancy at the River Haven encampment. Officers responded and assisted VFD/AMR with the call.

**9-16** 1:12pm, dispatched to a water



K9 love!  
Coming soon to our House!

## VENTURA TOWNEHOUSE

CALIFORNIA’S CROWN JEWEL IN RETIREMENT LIVING

www.VenturaTownehouse.com 805.642.3263  
4900 Telegraph Rd., Ventura, CA 93003

CA lic# 565801810

rescue, 2 swimmers in a rip current at the South jetty. Officers responded with MSO rescue swimmers on board Boat 19. The two victims were pulled from the rip current and taken to Harbor Cove.

**9-19** 5:45pm, patrol marine safety observed a PWC capsized at Surfers Knoll and eject 3 persons in the water. Officers responded by land and sea and assisted the 3 in the water. The PWC was towed to the L/R for the novice operator.

**9-22** 5:35pm, dispatched to a water rescue at the Ventura Pier for two kite surfers in distress. Officers responded and assisted VFD, State Parks and AMR with the call. After a search, the kite surfers were found safely on the beach.

**9-23** 5:25pm, while on patrol, officers were contacted by State Parks and advised of a missing person, 12 year old autistic male last seen at Surfers Knoll. A coordinated search and rescue effort was mutually participated in by: State Parks, Ventura PD and FD, VC Sheriff and Ventura Harbor Patrol. After a few hours of searching, the child was found near Oxnard Shores by State Parks rangers. The child walked approximately 4 miles past 5th street on the beach.

**9-26** 5:17pm, received a dispatch to a medical alert at Ventura Marina

Community. Officers responded and found an 87 year old male complaining of difficulty breathing. He was transported to local hospital for further evaluation.

**9-28** 7:53am, received a dispatch to a fire alarm at the Holiday Inn express. While en route officers were notified that it was a false alarm.

**9-29** 6:00am, observed several small vessels heading out or already at the breakwater for 2018/19 lobster season opening day.

7:40pm, officers on patrol and contacting several different vessels for various violations in connection with hoop netting for lobster around the breakwall. 20 different vessels were engaged in hoop netting and diving for lobster.

**9-30** 6:23pm, received a complaint that an individual was harassing a large sea lion on the docks in a private marina. The incident is under investigation.

**10-01** 12:07pm, received a report of an injured sea bird at the launch ramp. Officers responded and assisted wildlife rescue with capturing for rehabilitation.

5:35pm, while on patrol in the vehicle, officers monitoring swimmers and surfers at South Beach due to the hazardous conditions from hurricane Rosa.



Welcome to Ventura on the Amtrak

### Weekly SUDOKU

Answer

3	8	5	4	9	2	7	1	6
1	7	9	8	5	6	4	3	2
2	6	4	7	3	1	5	9	8
9	5	1	2	8	4	3	6	7
6	4	3	5	7	9	8	2	1
7	2	8	6	1	3	9	5	4
4	3	6	9	2	7	1	8	5
5	1	7	3	6	8	2	4	9
8	9	2	1	4	5	6	7	3

### King Crossword

Answers

Solution time: 25 mins.

A	S	K	G	O	O	F	H	A	F	T
L	E	I	O	R	E	O	E	L	B	A
B	E	E	B	E	R	N	S	T	E	I
A	N	V	I	L	T	E	E			
			T	E	M	P	C	R	A	M
E	I	N	S	T	E	I	N	O	N	I
A	T	E		S	T	E	E	P	E	R
S	C	A	B		S	T	E	I	N	W
T	H	R	E	W		A	R	G	O	
			S	E	A		S	T	A	L
S	T	E	I	N	B	E	C	K	T	O
P	O	N	D		E	T	U	I	O	B
A	P	S	E		D	A	R	N	M	O





by Pam Baumgardner  
VenturaRocks.com

Every now and then an event is planned where a special milestone is celebrated; and so it goes with Army of Freshmen's 20th anniversary hometown show at Discovery on Saturday, October 13. Earlier this year, they played dates in Europe to commemorate the occasion by touring with Bowling for Soup and Lit, but when they returned, they kept getting hit up with "What about your hometown?!!" This is a big deal, so get out and support. And if by chance you've never ventured out to see them live, do yourself a favor and don't miss this one. Advance tickets are only \$10, night of the show, \$15 at the door.

You may have noticed on social media a new venue called Oak and Main, and while the location is a few doors down from Oak, it's definitely on Main Street having taken over where Rookees used to be. The great news is that they plan on offering live music, case in point, they'll have D.on Darox and the Melody Joy Bakers on Friday, October 12. I'm so looking forward to having more live music downtown, especially since losing Zoey's, The Watermark, Amigos and The Good Bar the past few years.

Vintura at the Wine Rack will host a Breast Cancer Fund-raiser with breast cancer survivor, Karyn 805 on Friday, October 12 from 8-11 pm. They'll donate 25% of net proceeds to the Ventura Cancer Resource Center as well as all of Karyn's tips for local women who need assistance with treatment.

All ye men and women: get out the kilts and head over for fun, games and Celtic music at the Seaside Highland Games over the weekend of October 13 and 14 at Seaside Park. The music will abound throughout both days on multiple stages with such acts as The Angry Brians, Ploughboys, Hidden Fifth, The Brown Sisters, LA Fife and Drum, Three for Joy as well as many more acts. The event runs 9 to 5, but Saturday night, you'll want to continue the fun and stop in at Grapes and Hops for a special performance from The Angry Brians.

Quick notes: Ben Katzman's DeGreaser out of Florida has a date at the Hong Kong Inn on Wednesday, October 10; Plan B Winery celebrates their 6th anniversary with Native Vibe on Sunday, October 14; new punk bands on the scene will play The Garage including Soul Wring, Section 5, and Ran Aground on Wednesday, October 17; Necrodancer from France will be at Red Cove on Friday, October 19; The Spazmatics will be at Discovery, Friday, October 19; Edie Brickell & the New Bohemians at Ventura Theater on Friday, October 19; and 50 Sticks of Dynamite will play a benefit concert for Step Up Ventura at Ventura Center for Spiritual Living on Saturday, October 20.

Do you have any music-related news or upcoming shows you want help publicizing? Please send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

## Music Calendar

For more events go to VenturaRocks.com

- Boatyard Pub**  
**Ventura Harbor Village**  
Monday-Thursday 6 pm, Friday & Saturday 7 pm  
Mondays: Milo  
Tuesdays: Jason Ho  
Wednesday: Mark David McKinnis  
Thursdays: Bluegrass Jam  
Fri 10/12: Teresa Russell  
Sat 10/13: Two's Company  
Fri 10/19: Corsican Bros.  
Sat 10/20: Karen Eden & Bill Macpherson
- Bombay Bar & Grill**  
**143 S. California Street**  
Friday & Saturdays: DJs  
Sat 10/13: Brothers Fortune
- Café Fiore**  
**66 S. California Street**  
Wed 10/10: Donna Butler  
Thurs 10/11: Rick Whitfield  
Fri 10/12: Instone  
Sat 10/13: Self Righteous Bros.  
Tues 10/16: Edgar Thatcher  
Wed 10/17: Big Adventure  
Thurs 10/18: Self Righteous Bros.  
Fri 10/19: David Princes Party Crashers  
Sat 10/20: Otis Hayes  
Tues 10/23: Donna Greene
- The Cave**  
**4435 McGrath Street**  
5:30 – 8:30 pm  
Weds & Saturdays: Varon Thomas  
Thurs & Fridays: Warren Takahashi
- Copa Cubana**  
**Ventura Harbor Village**  
Week nights 6 pm; Weekends 7 pm;  
Sundays 4 pm  
Sat & Suns: Al Macias (11-2 pm)  
Tuesdays: Jerry McWorter Trio  
Fri 10/12: House Arrest  
Sat 10/13: Havana Cinco  
Sun 10/14: Jerry McWorter Trio  
Fri 10/19: Amistad  
Sat 10/20: Amistad  
Sun 10/21: Brandon Ragan Project
- Dargan's Irish Pub & Restaurant**  
**593 E. Main Street**  
Sun 10/21: Sunday Drivers (4 pm)
- Discovery**  
**1888 Thompson Blvd**  
Thurs 10/11: Kyle Smith w/ Joey Harkum  
Fri 10/12: Mark Farina  
Sat 10/13: Army of Freshmen 20th Anniversary Hometown show  
Sun 10/14: E.N Young w/ Bombafiya, Dr. Sucio  
Thurs 10/18: the Late Ones w/ Dr. Sucio  
Fri 10/19: The Spazmatics
- El Rey Cantina**  
**294 E. Main Street**  
Fridays: Xoco Moraza & Friends (6-8 pm), DJ  
Saturdays: DJ
- Four Brix Winery**  
**2290 Eastman Avenue**  
Music 5:30 – 7:30 pm  
Fri 10/12: Fish Fry  
Fri 10/19: Midlife Crisis
- Garage**  
**1091 Scandia Avenue**  
Wed 10/10: The Heartlights, Grapevine,

- Moonily  
Fri 10/12: Six Pack of Doom, Disrupted Euphoria, Asylum, T.S.R.  
Sat 10/13: Doom, Phobia, No Divide  
Wed 10/17: Soul Wring, Section 5, Ran Aground  
Sat 10/20; The Hell Toupees, Dead End Drive In, The Downsides
- Grapes and Hops**  
**454 E. Main Street**  
Wed & Thurs 6 pm; Fri & Sat 8 pm, Sun 4 pm  
Wed 10/10: Bluegrass  
Fri 10/12: RJ Mischo & His Red Hot Blues Band  
Sat 10/13: The Angry Brians  
Sun 10/14: Brandon Ragan  
Wed 10/17: The Swilys  
Fri 10/19: Crooked Eye Tommy  
Sat 10/20: Dive Bar Messiahs  
Sun 10/21: Salty Suites
- Hong Kong Inn**  
**435 E. Thompson Blvd**  
Wed 10/10: Ben Katzman's DeGreaser  
Thursdays: Gypsy Blues Band  
Fri 10/12: Hi Hat Entertainment presents James Intveld  
Wed 10/18: Bluegrass open mic  
Fri 10/18: Hi Hat Entertainment presents Coco Montoya  
Sat 10/19: Tech805 Fright
- Keynote Lounge**  
**10245 E. Telephone Road**  
Tues, Wed and Sun: Karaoke  
Thursdays: Open mic night  
Fri 10/12: Vital Itch  
Sat 10/13: Black Canyon Band  
Fri 10/19: CRV  
Sat 10/20: Reign
- Leashless Brewing**  
**585 E. Thompson Blvd.**  
Fri 9/28: BeJaminmington  
Tues 10/2: Beers Brothers Open Mic  
Fri 10/12: Boom Duo
- Limon y Sal**  
**598 E. Main Street**  
Fridays: DJ  
Saturdays: DJ  
Sundays: Instone (1-4 pm)
- Made West Brewing**  
**1744 Donlon Street**  
Thurs 6 pm; Sat 4 pm; Sun 3 pm  
Thurs 10/11: Sam Kulchin  
Sat 10/13: Lee Koch  
Sun 10/14: RJ Mischo & his Red Hot Blues Band  
Thurs 10/18: RJ Bloke
- Majestic Ventura Theater**  
**26 S. Chestnut Street**  
Fri 10/19: Eddie Brickell & the New Bohemians  
Sat 10/20: Vaughan Mason, Trinere, O'Bryan
- Margarita Villa**  
**Ventura Harbor**  
Fri and Sat 6 pm; Sundays 4 pm  
Fri 10/12: Operation 90s  
Sat 10/13: Cross Cut 805  
Sun 10/14: Doc Rogers  
Fri 10/19: James Broz  
Sat 10/20: Misunderstood  
Sun 10/21: Colette Lovejoy Band
- Namba**  
**47 S. Oak Street**  
Fri 10/12: Mood Swing
- Oak and Main**  
**419 E. Main Street**  
Fri 10/12: D.on Darox & the Melody Joy Bakers
- O'Leary's**  
**6555 Telephone Road**  
Wed: Karaoke
- Plan B Wine Cellars**  
**3520 Arundell Circle**  
4:30 – 7 pm  
Sun 10/14: Native Vibe
- Prime**  
**2209 E. Thompson Blvd**  
Tuesdays: Danny D

- Fridays: Mike Moody  
Saturdays: Jessica Ash
- Red Cove**  
**1809 E. Main Street**  
Thursdays: Music Club Open Jam Night  
Wed 10/10: False Confession, Detoxi, The Rouse, Tung  
Fri 10/19: Sol, Necrodancer
- Saloon BBQ**  
**456 E. Main Street**  
10 pm  
Fri 10/12: DJ  
Sat 10/13: Wild Coast  
Fri 10/19: Lady Freaq  
Sat 10/20: Last Resort Club
- Sandbox Coffeehouse**  
**204 E. Thompson Blvd**  
**805-641-1025**  
Thurs 6 pm, Weekends noon  
Thursdays Open Mic  
Sat 10/13: Thadeus Gonzalez  
Sat 10/20: Ruby Skye  
Sun 10/21: Eaton Young, Henry Stewart & Friends
- Sans Souci**  
**21 S. Chestnut**  
Sundays: DJ Darko  
Mondays: Karaoke  
Tuesdays: DJ Nick Dean  
Wednesdays: Open mic  
Thursdays: DJ Spinobi  
Fri 10/12: Seaside Band  
Sat 10/13: Kevin  
Fri 10/19: Bombafiya  
Sat 10/20: Astraeus, KC Mobley
- Star Lounge**  
**343 E. Main Street**  
Sunday music 3 -6 pm  
Tues: Karaoke  
Thurs: DJ Trovlbe  
Fri 10/12: Brandon Ragan Project  
Sat 10/13: Vanise Terry Band  
Sat 10/20: Mini Driver Band
- opa Mountain Winery**  
**821 W. Ojai Avenue**  
Saturdays 5 pm; Sundays 3 pm  
Sat 10/13: Omar Velasco  
Sun 10/14: Sam Kulchin  
Sat 10/20: Shaky Feelin'  
Sun 10/21: Alan Thornhill & Friends
- Ventura Center for Spiritual Living**  
**101 S. Laurel Street**  
Sat 10/20: 50 Sticks of Dynamite
- Ventura County Fairgrounds**  
**10 W. Harbor Blvd**  
Sat 10/13: Seaside Highland Games w/ Angry Brians, Ploughboys, Dulcimer, and more...  
Sun 10/14: Seaside Highland Games w/ Angry Brians, Ploughboys, Dulcimer, and more...
- Vintura at the Wine Rack**  
**14 S. California Street**  
**(805) 653-9463**  
Sundays music at 3 pm  
Thurs 10/11: Don Stewart  
Fri 10/12: Karyn 805  
Sat 10/13: Kevin Longden & Friends  
Sun 10/14: The Swilys  
Thurs 10/18: Victoria Leon  
Fri 10/19: Mark Masson  
Sat 10/20: Déjà vu Too  
Sun 10/21: Epitome of Dreams
- Winchester's**  
**632 E. Main Street**  
**(805) 653-7446**  
Music at 8:30 pm; Sundays at 2:30 pm  
Fri 10/12: Dave Rea  
Sat 10/13: The Swilys  
Sun 10/14: Tommy Marsh & Smokey  
Fri 10/19: Will Breman  
Sat 10/20: Natalie Wattre  
Sun 10/21: Two's Company
- The 805 Bar**  
**Ventura Harbor**  
Fridays: Troy Edwards (8-11)  
Saturdays: Kenny Devoe (2-7)  
Sundays: Kenny Devoe (2-6)





Beatrice Wood Immersion Experience at the home and studio of **Beatrice Wood** (1893-1998) in the beautiful Upper Ojai Valley on Sunday October 21, 10:00 am - 4:00 pm

Group limited to 15 Participants. \$125 members / \$150 non-members  
Purchase tickets at [www.FocusOnTheMasters.com](http://www.FocusOnTheMasters.com) or call 805.653.2501

All proceeds benefit Focus on the Masters (FOTM) Archive & Library.

Participants will work with clay in her studio, study her art books, utilize her colored pencils to create drawings and prepare lunch in her kitchen.

You will be guided by Kevin Wallace, Director of the Beatrice Wood Center for the Arts & Happy Valley Cultural Center along with Focus on the Masters Executive Director, Donna Granata and discuss Beatrice Wood - her philosophy on life, love, longevity, & legacy.

All materials and a gourmet vegetarian communal lunch will be served.

To reserve a spot <http://www.focusonthemasters.com/beatricewoodexperience.html#beatrice>



The soon to be opened CMH is adorned will beautiful local art throughout. When patients and family walk into the ER, they will be greeted by a spectacular mosaic of a kelp forest on all the walls of the entryway. Frank Bauer, the artist, is seen working on it. Be sure to visit the hospital during their open house dates. See ad on page 11 for the dates.



This wonderful mural is at Kids & Family Together at 864 E. Santa Clara. It was painted by a group of graduate art students from California State University Channel Islands.



Dab Art is pleased to present Empire Of Dirt at H Gallery in midtown Ventura.

The creative sentiments of artists are often misunderstood. Even the most conscious viewer may be oblivious to the conflicts of the artist whose work they are admiring.

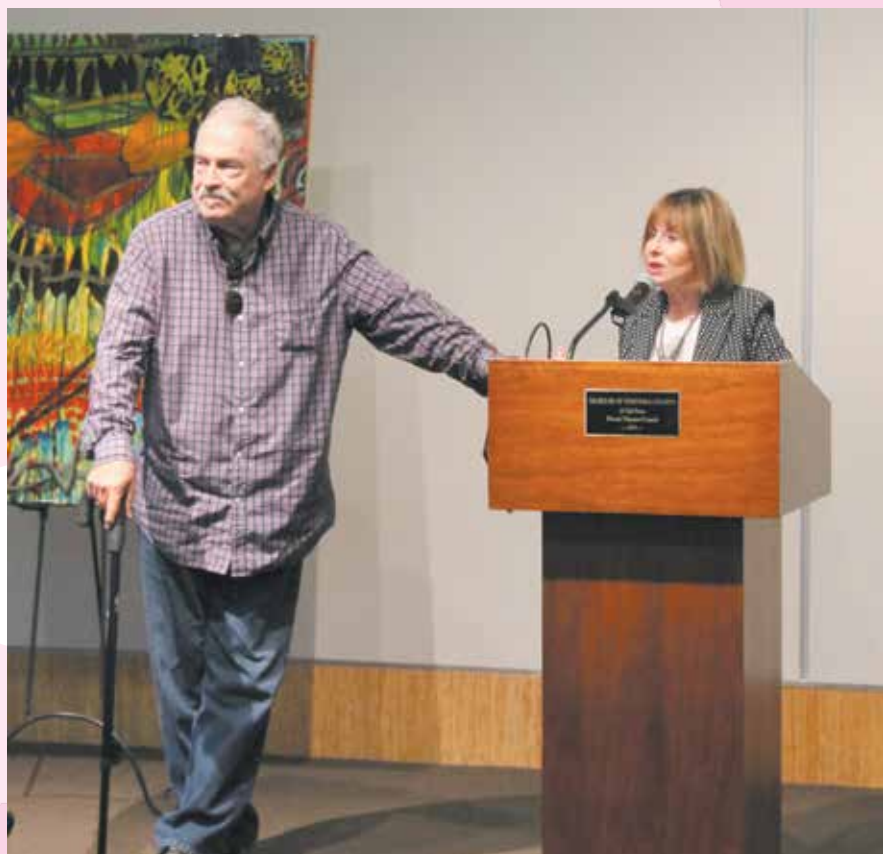
Various characterized as radical or manic, the cliché of the tortured artist's plight is not without some merit. Empire Of Dirt investigates the inspirations found in the darker elements of life. Highlighted in this exhibition is the process and frequently concealed perspectives of 21 peculiar and complex artists.

Empire Of Dirt is an exhibition of contentious works where the viewer can explore, connect and embrace the eccentric perspectives of artists who have continued to evade conventional labels.

Curated by **Yessica Torres**

1793 E Main St.

(805) 293-1616



An event was held at the Museum OF Ventura County honoring ArtWalk2018 Artists Of Distinction **John White** and **Song Byeok** on Oct. 4. ArtWalk was held Oct. 6 & 7.

Councilmember Cheryl Heitmann presented John White with a plaque of honor.

ArtWalk is one of Ventura's signature events, drawing thousands each year.

John M. White of Ventura is a painter, sculptor and performance artist. He has been exhibiting publicly for more than 40 years. Culturally, politically and aesthetically influenced by the late '60s, White's work exemplifies this period of redefinition and experimentation.

Considered one of the seminal California performance artists, White has staged hundreds of public performances since 1967.

Continuing a tradition of bringing exciting, newsworthy artists to Ventura, ArtWalk selected of North Korean artist Song Byeok as the Global Artist for this year's 25th anniversary event. Now residing in Seoul, South Korea, Song was once an official state propaganda artist in North Korea. Here in the United States he is being called the Andy Warhol of South Korea.

The Oct. 24 issue will have more photos of the event.



Lighter Breeze

Mother Goose and Grimm



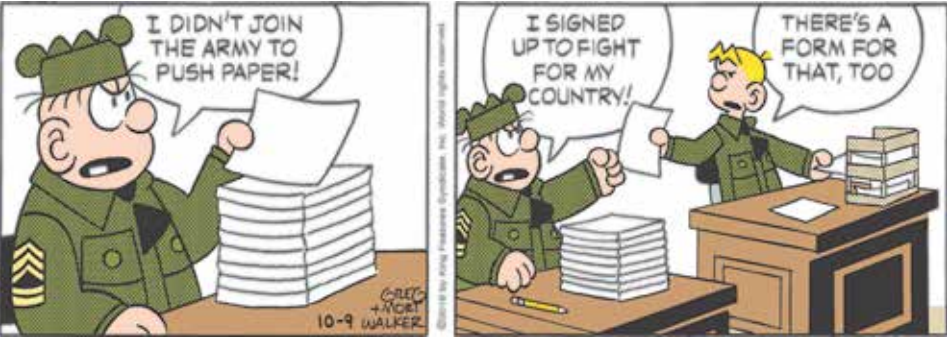
Shoe



Barney Google and Snuffy Smith



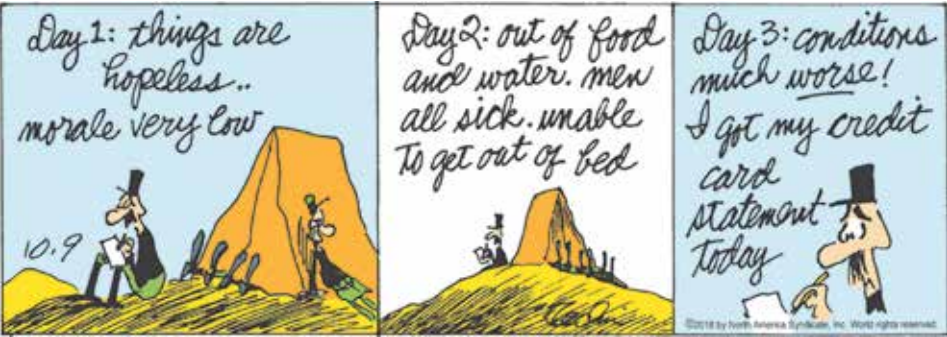
Beetle Bailey



Blondie



Crock



Solutions on page 23

(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))

3				9				6
	7		8					3
		4			1	5		
		1	2	8				7
6				7		8		
	2				3		5	
	3		9			1		
5				6				9
		2			5		7	

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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Solutions on page 23

King Crossword

ACROSS

- 1 Request
- 4 Blunder
- 8 Weapon handle
- 12 Island neckwear
- 13 Sandwich cookie
- 14 Exile isle
- 15 Spelling contest
- 16 "West Side Story" composer
- 18 Tiny ear bone
- 20 Ball prop
- 21 Office part-timer
- 24 Stuffs tightly
- 28 "E = mc2" man
- 32 Not procrastinating
- 33 Chowed down
- 34 Precipitous
- 36 Historic time
- 37 Wound cover
- 39 Piano name
- 41 Pitched
- 43 2012 Ben Affleck movie
- 44 Vast expanse
- 46 Celery unit
- 50 "The Grapes of Wrath" author
- 55 Heavy weight
- 56 Frogs' hang-out

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16				17				
18			19				20					
			21		22	23		24		25	26	27
28	29	30					31		32			
33				34				35		36		
37			38		39				40			
41				42		43						
			44		45			46		47	48	49
50	51	52				53	54			55		
56					57					58		
59					60					61		

DOWN

- 1 Actress Jessica
- 2 Witnessed
- 3 Chicken —
- 4 Drinking vessels
- 5 Tramcar contents
- 6 "— the fields we go"
- 7 Typeface
- 8 Straight, for short
- 9 Hearty brew
- 10 G-men's org.
- 11 Bronze
- 17 Moment
- 19 Part of TGIF
- 22 Citi Field team
- 23 Michelangelo masterpiece
- 25 Freshly
- 26 Actress Sorvino
- 27 Remain
- 28 Right on the map?
- 29 Pruritus
- 30 In the vicinity
- 31 — -do-well
- 35 Football
- 38 Adjoining
- 40 "To be or — ..."
- 42 Cyst
- 45 Sleeping
- 47 Small particle
- 48 Timber wolf
- 49 Make a sweater
- 50 Hot tub
- 51 Upper surface
- 52 Type measures
- 53 Greek vowel
- 54 Mangy mutt

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and send it off.  
**LIBRA** (September 23 to October 22) Watch that you don't take on more than you can handle when offering to help someone with a personal problem. There might be hidden factors you weren't told about.  
**SCORPIO** (October 23 to November 21) That major move you've been considering could come sooner than you expected. Make sure you'll be ready with the facts you need when decision time arrives.  
**SAGITTARIUS** (November 22 to December 21) Languishing relationships can benefit from a break in routine. Get out of the rut and do something new and maybe more than a little unpredictable this weekend.  
**CAPRICORN** (December 22 to January 19) Although you don't think of yourself as a role model, your ability to make a tough decision at this time sets an example for others, who admire your courage.  
**AQUARIUS** (January 20 to February 18) You need to move any remaining obstacles out of your way before you can take on a new challenge. Seek advice from close, trusted friends and associates.  
**PISCES** (February 19 to March 20) A career change appears increasingly likely to happen during the next several weeks. It's a good idea to start now to prepare, so you can be ready to make the move when the time comes.

**ARIES** (March 21 to April 19) A bid for you to step in and take over an incomplete project could prove to be an excellent learning experience that you can take with you when a new opportunity opens up.  
**TAURUS** (April 20 to May 20) It's a good time for socializing, both with family and with friends. Your aspects also favor developing new relationships, any or all of which might become especially meaningful.  
**GEMINI** (May 21 to June 20) Your success in handling a recent difficult situation prompts a request to handle another workplace problem. But this is one you should accept only if you get all of the relevant facts.  
**CANCER** (June 21 to July 22) New information about a past decision raises some unsettling questions from an old friend. Be prepared to explain your actions fully and, if necessary, make adjustments.  
**LEO** (July 23 to August 22) This is not a good time to share personal secrets, even with someone you've known for a long while. What you don't reveal now won't come back to haunt you later.  
**VIRGO** (August 23 to September 22) Pushing yourself to meet a project deadline is admirable. But be careful not to leave out important details in your rush to complete your work

**BORN THIS WEEK:** You have a strong sense of obligation to justice, which inspires others to follow your example and do the right thing.

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# Show Time

A View from House Seats

## Millie Musical a whiz-bang in Simi

by Shirley Lorraine

For pure fun and entertainment presented with pep by top-notch performers, the musical “Thoroughly Modern Millie” now playing through October 21 at the Simi Valley Cultural Arts Center is highly recommended. Studio C Performing Arts out of Westlake Village has put together an outstanding cast for the lively, toe-tapping 1920’s musical. Richard Morris and Dick Scanlan penned the book for the staging, adapting the original story and screenplay by Richard Morris. The staging includes a few minor variations on the 1967 film’s storyline as well as added songs and musical numbers.

Millie Dillmount (Colette Peters) arrives in New York City with hopes of finding a job and marrying her boss. The naïve girl from Kansas quickly finds the City less hospitable than she had figured. A chance meeting with Jimmy Smith (Nick Tubbs) directs her to the Priscilla Hotel run by Mrs. Meers (Stephanie Lesh-Farrell) which caters to hopeful actors usually down on their luck. Along the way Millie decides to become “a modern”, updating her look and finding a new best friend in Miss Dorothy Brown (Bryce Hamilton).

With her perky attitude and exceptional stenographer skills, Millie lands a job in an insurance agency. Her boss, Trevor Graydon (Brent Ramirez), a handsome, charismatic up and comer, meets her approval as a potential husband.

Meanwhile, back at the Hotel, orphaned girls are disappearing. Mrs. Meers, along with her henchmen, Ching Ho and Bun Foo, heads up a scheme to sell the hapless girls into slavery. Ho and Foo converse convincingly in their own language with English subtitles provided.

Jimmy introduces Millie to chanteuse and million-heiress Muzzie

Van Hossmere (Monica Quinn). Jimmy and the gang ultimately squash the slavery ring, surprises are revealed, and true love is found.

There is not a weak member in this cast. The leading players all possess exceptional voices, beautifully displayed. Ramirez and Quinn particularly give standout performances. A memorable song paying homage to Gilbert and Sullivan’s Modern Major General carries a quickening tempo and impressive articulation. Everyone wears a headset mic which, combined with bundles of vocal power, reaches easily beyond the 12-piece orchestra led by Mazie Rudolph.

Lesh-Farrell plays it up as the villain and Ginny Grady is a hoot as Miss Flannery, the office manager. Laughs are generous throughout as the entire cast camps it up just enough without going overboard.

Director Jeffrey Scott Parsons keeps the action swift and the characters lively. Simple yet creative scene changes often happen as singing and dancing is taking place downstage. There is no down time waiting for scene changes. Period costuming is spot on and charming throughout.

Crisp, fun choreography by Keenon Hooks is tight and well executed, especially given the number of actors on the stage at once. One highlight is a scene at the insurance company involving steno desks on rollers. Both the male and female ensemble dancers make the choreography shine even more.

Thoroughly Modern Millie is just plain fun and extremely well done.

Simi Valley Cultural Arts Center, 3050 Los Angeles Ave, Simi Valley. www.sime-arts.org or 805-583-7900. Tickets are \$25, seniors and students \$22 and kids 12 and under are \$18. Curtain is at 8 p.m. Fridays and Saturdays, 2 p.m. on Sunday through Oct. 21.



were brilliant choices for this movie. They have wonderful chemistry when they are on screen together. The way the two of them payoff of each other works extremely well. It was an unexpected but successful and welcoming duo. Both of their characters different personalities made their friendship on screen even more exciting and intriguing to watch.

My main complaint would be that after watching the entire film and thoroughly enjoying the well thought out and thrilling plot line, the ending of the film that was chosen was very anticlimactic and disappointing. But other than that, it is a film that kept me guessing and that I without a doubt enjoyed watching. Rated: R Running Time: 1h 59m

## A Simple Favor



Breeze rating from 1 to 4 palm trees,  
4 being best.

by Victoria Usher

A Simple Favor is a 2018 film directed by Paul Feig. Screenplay by Jessica Sharzer. Based on 2017 novel by Darcey Bell. Cinematography by John Schwartzman. Music by Theodore Shapiro. Film Editing by Brent White. Produced by Paul Feig, Jessie Henderson, Mike Drake, and Jason Cloth. Costume design by Renee Ehrlich Kalfus.

The film stars Anna Kendrick (“Pitch Perfect”), Blake Lively (“Gossip Girl”), and Henry Golding (“Crazy Rich Asians”). It is a mystery, thriller, and it has some fantastic surprising comedy thrown into the mix as well. In the film, Stephanie Smothers (Anna Kendrick) and Emily Nelson (Blake Lively) are

two suburban mothers who meet each other at the school that both of their sons go to. Despite their obvious differences, they very quickly become close friends. Stephanie is an extremely kind, upbeat, and perfect stay at home mother who runs her very own and very popular mommy vlog. Emily is mysterious, gorgeous, always dressed to kill fashion publicist with a past she would like to keep buried. The two women start spending some time together, they get to know each other a little better, and they share a few secrets with each other. Everything seems okay until one day Emily suddenly goes missing. Stephanie decides that she is going to take it upon herself to figure out what exactly happened and find Emily. But once Stephanie begins her investigation she very quickly gets pulled deeply into Emily’s twisted and dark past, which in turn forces her to open her eyes and face her own dark past.

I believe that what truly keeps you on the edge of your seat while you are watching this film are the main cast and their amazing performances. Anna Kendrick and Blake Lively



Did you want to start holiday shopping early? Try some new and delicious foods? Or just buy someone (yourself?) a special treat, the Holiday Festival held at Seaside Park was a good place to be.

Arts and crafts, household items, candy, jewelry, you name it. Finding signs that said “New Artist” and seeing what they had to offer. One booth, for example, had messenger bags made out of horse feed sacks, sturdy and attractive.

Even some nonprofits were there. An exhibitor had beautiful original art and cards with elephants; they give a percentage of their profits to an elephant sanctuary.

Photo by Michael Gordon.





# MADHU BAJAJ

The Positive Choice for VUSD School Board, Area 4  
Serving kids and community  
Solving challenges proactively

## KEY ENDORSEMENTS

Trudy Tuttle Arriaga, retired VUSD Superintendent  
Kathy Asher, retired VUSD Asst. Superintendent  
Steve Bennett, Ventura County Board of Supervisors  
Barbara Fitzgerald, retired VUSD School Board Member  
Debbie Golden, retired VUSD School Board Member  
Mary Haffner, VUSD School Board Member  
Doug Halter, Businessman  
Cheryl Heitmann, Ventura City Council  
Matt LaVere, Deputy Mayor, Ventura  
Dr. Mark Lisagor, Ventura County Board of Education  
Karen Reynosa, VUSD Teacher  
Joe Richards, former VUSD Deputy Superintendent  
John Silva, Ventura Chamber of Commerce PAC Trustee  
Alex Wulff, VUSD Teacher

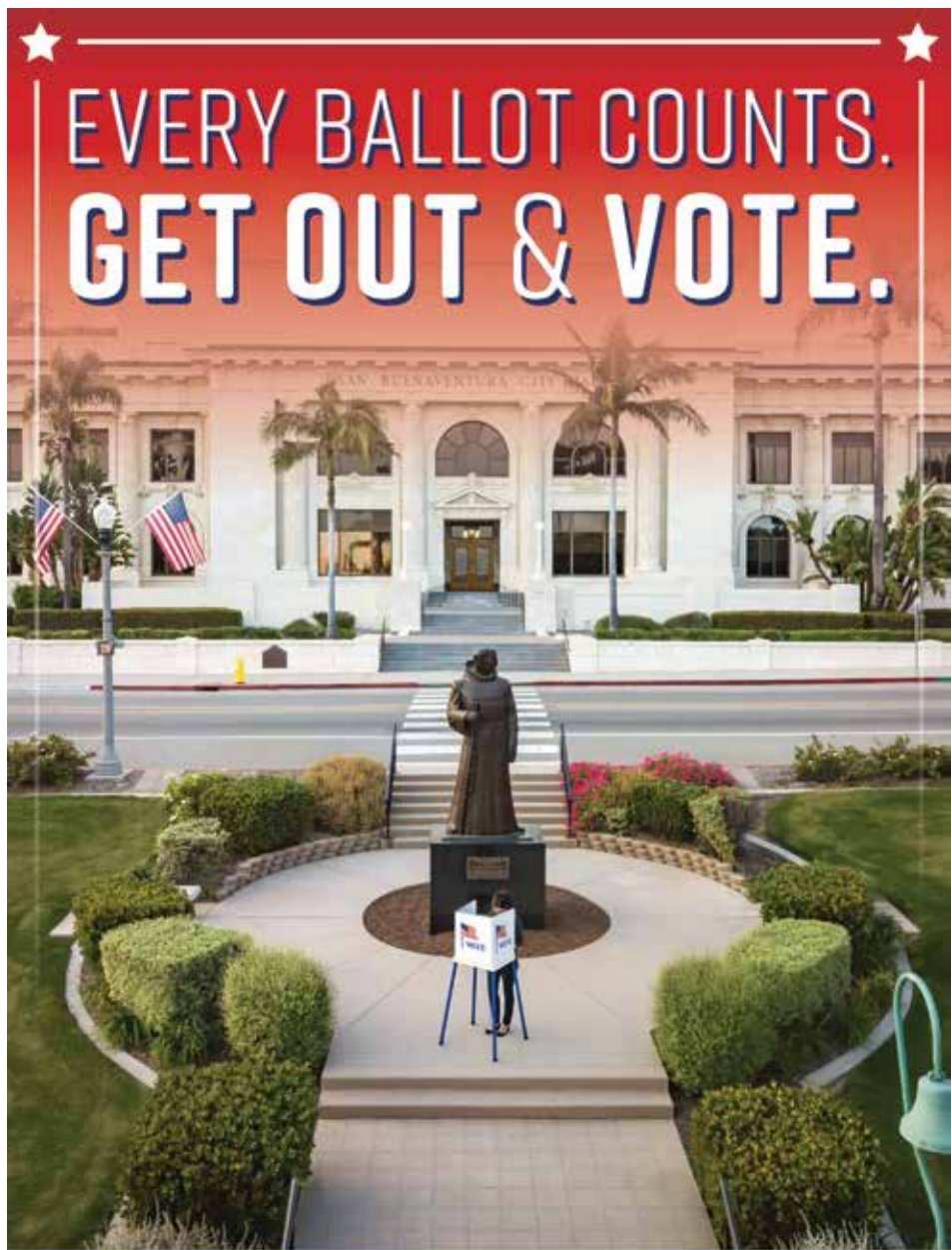
Titles are for identification only. See website for full list.



[www.MadhuBajaj.com](http://www.MadhuBajaj.com)

Mom • Business Owner • President, Ventura Education Partnership

Paid for by Madhu Bajaj for School Board 2018



Outside of City Hall is not an actual polling place.

FOR MORE INFORMATION VISIT:  
[www.cityofventura.ca.gov/election](http://www.cityofventura.ca.gov/election)

CITY OF  
VENTURA

## YOUR VOTE COUNTS

by **Antoinette Mann**  
*City Clerk, City of Ventura*

As the election official for the City of San Buenaventura, I want to remind you that voting is one of the most fundamental rights of democracy. Your vote is your voice, so get out and vote on November 6, 2018!

The City of Ventura will hold its first district-based city council elections on November 6th, for Districts 1, 4, 5 and 6. Voters in Districts 2, 3 and 7, are not voting for a city councilmember this election year, however all registered voters will vote on federal, state and other local items. Even if you do not live in a district that is voting for a councilmember, do your part and participate because elected officials in other positions, as well as ballot measures and propositions, affect our community and YOUR VOTE COUNTS!

Voters can save postage by dropping-off Vote-by-Mail ballots at the City Clerk's Office at City Hall, Room 204, or at the Ventura County Government Center Administration Building, including their 24-hour drive-up ballot box. You can also drop off Vote-by-Mail ballots at any polling place on November 6. If you are mailing your completed ballot, ensure it is postmarked no later than November 6 (Election Day) and add the correct amount of postage. The last day to request your Vote-by-Mail ballot is October 22 for the November 6th election ... so don't delay!

Unsure of your polling place location? Your polling place location is printed on the back cover of your voter guide. Please note that polling locations adjust periodically. If texting is your preferred means of communication, text "Ventura County" to 28683 to verify that you are a registered voter and

to find your polling place. If you're not registered to vote, you can easily register right from your cell phone via the Ventura County Elections Division website.

Polls are open from 7 a.m. - 8 p.m. and will stay open later than 8 p.m. if you are already in line so that you can VOTE. Stop by the City Clerk's Office at City Hall to receive a "I VOTED" sticker to wear on Election Day! The City of Ventura City Clerk's staff can be reached at (805) 658-4787 to assist with any of your election questions. Remember, YOUR VOTE COUNTS!

## Free public programs offered by cycling club

The Channel Islands Bike Club is Ventura County's largest recreational road cycling club. They are working to make Ventura County a bicycling destination and to share the benefits of bicycling for health, recreation, sport, and transportation. They welcome both beginners and experts.

They provide free public programs on the second Wednesday of each month at the Museum of Ventura County at 100 East Main Street in Ventura. Doors open at 6:30pm with a no-host beer/wine bar.

The program starts at 7:00pm with interesting speakers who share their knowledge and adventures.

They host group bike rides several days per week. Additional information about the bike club is online at [www.cibike.org](http://www.cibike.org).

If you have questions, please contact Bill Faulkner, Grants Director at 805-648-1426.