

What is Focus Area One? See page 6!

FREE

# VENTURA BREEZE

Your Hometown Paper

Vol. 10, No. 22 Published Every Other Wednesday Established 2007 August 2 - August 15, 2017



Some were not familiar with Cox, but all wanted to show their support.

## Marine killed in air crash returned to Ventura

Photo and article by Richard Lieberman

Staff Sgt. Robert Cox, killed in a Marine Corps transport aircraft accident in Mississippi, returned home Sunday evening July 23. Cox was escorted by the Patriot Guard Riders mustering 100 plus motorcyclists. The Patriot Guard Riders are a volunteer group that escorts and serves as an honor guard to service members and first responders killed in the line of duty.

The FBI continues to investigate the deaths of 16 Marines and one Navy Corpsman who were killed when their U.S. military plane spiraled out of the sky and into a Mississippi field.

A KC-130, used as a refueling tanker, "experienced a mishap" when it corkscrewed into a soybean field about 4 p.m. at a location around 85 miles north of Jackson, the Marine Corps said. The

Continued on page 24



Museum of Ventura County given temporary fix.

## City Council to give Museum \$125,000

On July 10 The Ventura City Council voted to give the Museum of Ventura County \$125,000 dependent on the Ventura County Board of Supervisors approving additional funding and set other conditions.

The Council specified that funding could last up to five years, assuming the museum meets specific benchmarks and Ventura has the money. The Museum must show how it will one day be able

to support itself, start assessing a collection of 181,000 documents and artifacts, begin the process of developing an \$8 million endowment and look at ways to turn its programs and offerings to be more appealing to all age groups who will visit often.

The Ventura City Council didn't specify where the money would come from, instead directing the city staff to

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## Planning Commission to act on ADU

On August 9th the Ventura Planning Commission will consider the provisions of the accessory dwelling unit ordinance.

You may review the Planning Commission Staff Report and Draft Ordinance at <https://www.cityofventura.ca.gov/AgendaCenter/Planning-Commission-19>. While the August 9th hearing has this item as No. 4, the earlier items may move rather quickly.

ADU is Item No. 4 on the agenda. Please note on the first page of the agenda is an informational box that describes how you can participate in the public hearing process and methods to provide input if you cannot attend the hearing on August 9th. The Planning Commission does value your interest. On January 9, 2017, the City Council adopted an

Interim Urgency ADU ordinance.

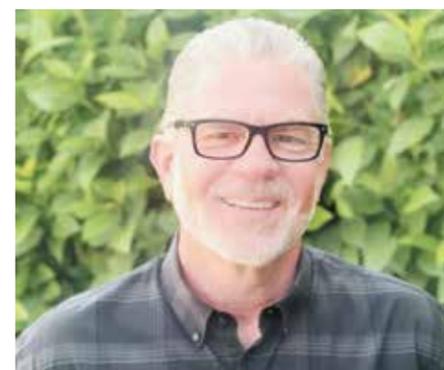
Couple of notes of interest as you review the Staff Report and attachments:

The 11 page staff report highlights the major provisions of the ADU standards and gives rationale and context to the proposed standards. Most attachments are maps and graphics

The Ordinance is Attachment B, contained as Exhibit A of the PC Resolution. While it is about 25 pages, note that the standards are in the first 8 pages; the rest of the pages are all the different zoning regulations across numerous documents (Development Codes) that must be updated with ADU term and then remove old 2nd unit regulations. Therefore if you read through the 8 pages you are informed of the new rules.

"The project proposes the establishment of an Accessory Dwelling Unit ("ADU") Ordinance. This proposed ADU Ordinance would replace previous

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David C. Creswell has been a teacher, principal and district administrator at all school levels for 35-years.

## New school superintendent

The Ventura Unified School District (VUSD) Board has selected David C. Creswell, 59 as the new school superintendent. He is the fifth superintendent in the past 30 years. His salary is \$222,000 per year.

Creswell has an extensive school background including Fontana Unified School District's associate superintendent of human resources and the associate superintendent at Fontana Unified. Assistant superintendent in Ontario from 2007 to 2013, an assistant superintendent of administrative services at Cucamonga School District from 2006 to 2007 and an administrator of alternative education from 2003 to 2006 at Alvard Unified School District in Riverside.

In 2016 has was selected as a Human Resources Leader of the Year by the Association of California School Administrators.

He and wife Debra are passionate people helping victims of child human trafficking. For the past seven years, they have traveled to Southeast Asia to help young children who have been victimized. Creswell said he is looking forward to learning about his new community and starting relationships with district staff members, students, parents and teachers.

Creswell was selected after a four-month search that included 51 candidates. Public input was involved and a community panel of community leaders also interviewed the five finalists and made recommendations to the board.

In selecting him Board member Mary Haffner stated "The process we went through to find our new Superintendent was thorough and inclusive. I feel very confident in our selection and I believe that David possesses

Continued on page 10

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## Business



Just a few of the wonderful Happy Hour selections at Rhumb Line.

### Top notch happy hour at Rhumb Line

by Jennifer Tipton

A Rhumb Line is the course of a ship that keeps a constant compass direction, good name for a restaurant that delivers consistently great food and service!

Also called "The Sunset Restaurant", Rhumb Line is located where the old Scotch and Sirloin used to be in the Ventura Harbor. If you haven't lived in Ventura for long, you probably have no idea where this is – 1510 Anchors Way Drive. With plenty of parking, the location provides beautiful views of the harbor just about anywhere you sit, there are indoor bistro type tables, a more formal dining area, bar seating that faces the harbor and a dog friendly outdoor patio also overlooking the harbor.

Everyone knows the best way to advertise (only second to running an ad in the Ventura Breeze) is word of mouth, so when a friend shared his experience at Rhumb Line, we all went to see for ourselves and what we found was indeed notable!

A Happy Hour is about the "tapas" or "small plates", the adult beverages and great company, Rhumb Line delivered just that with the beauty of the boats and water as an added bonus.

The menu includes items you may not find anywhere else such as Blackened Ahi Sliders, Beef Sliders with bacon and blue cheese, a variety of Flatbread Pizzas and Oysters. These range from \$5 to \$10 each. The adult beverages selection offers the usual well drinks, beers and house wine for \$5 and specialty cocktails such as Fresh Margaritas and one called a Rubedo (that sounded pretty tasty) for only \$8 each.

The clever way to do happy hour is with a group so that each can choose a different selection and then share to taste a variety of tapas. We shared the Baby Back Riblets with a Szechuan glaze, the Ahi Poke served on large fried wontons with a sauce that again was delectable, the Shrimp/Chicken Quesadillas with pepper jack cheese, spinach and Pico de Gallo, Fried Calamari with a lemon aioli, Shrimp Bruschetta Bites with an aged balsamic glaze and the Lamb Sliders with arugula, tomato jam and goat cheese served with shoestring fries! The portions were not small, the flavors were fabulous and not one of us could choose a favorite, two of us even said, "wow, that calamari was good, and I don't even like calamari!"

Service was good although we were

missing a place setting and waited on a glass of water, but our plates were replaced with fresh ones for each dish which I thought was a nice touch and our server was very personable and kind.

A big shout out to Tommy Alizotis who we had a chance to meet, he is one of the 3 new owners that took over Rhumb Line about a year ago and is also the General Manager and Kitchen Manager - very impressive!

Rhumb Line's Happy Hour is open every day from 3-7pm with all these tempting tapas and refreshing beverages, but bring your own great company (although the staff is very friendly). You could even invite me to join you.

### Women's Economic Ventures free self-employment training

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WEV's business training classes are offered in English and Spanish throughout Santa Barbara and Ventura Counties. Free orientations are held throughout the year and are required for enrollment in a training program.

Exact locations given at registration  
Cost: free, but registration is required

Thursday, August 3rd, 6-7 PM,  
Ventura

Tuesday, August 8th, 12-1 PM,  
Ventura

Wednesday, August 16th, 12-1 PM,  
Ventura

Orientation locations are subject to change. For more information, and to register for an upcoming orientation, visit WEV's Web site at <http://www.wevonline.org/orientations>.



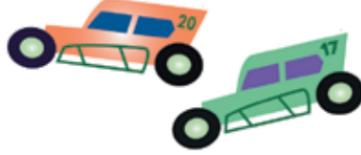
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- Friday, August 4 7:30 PM: **Huey Lewis and The News**
- Saturday, August 5 7:30 PM: **KC and the Sunshine Band**
- Sunday, August 6 3:00 PM: **Noel Torres, Banda Carnaval, Chiquis Rivera**
- Monday, August 7 7:30 PM: **Billy Currington**
- Tuesday, August 8 1:00 PM: **The Spinners**
- Tuesday, August 8 7:30 PM: **Kenny "Babyface" Edmonds**
- Wednesday, August 9 7:30 PM: **Shinedown**
- Thursday, August 10 7:30 PM: **Gabriel Iglesias "FluffyMania" 20 Years of Comedy Tour**
- Friday, August 11 7:30 PM: **Wynonna and the Big Noise**
- Sat & Sun, Aug 12 & 13 2&7 PM: **P.R.C.A. Pro Rodeo**



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# VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

## Opinion/Editorial



Sheldon (Governor) Brown  
Publisher-Editor

■ In this issue we have an article regarding the funding for the **Museum** to keep it "alive".

Elena Brokaw Interim Executive Director has commented that the museum gets 390 paid visitors per week and they spend 15 to 20 minutes going through the Museum.

15 to 20 minutes? Good grief can we expect people from all over Ventura County (this is the Museum of Ventura County) to drive an hour to spend 15-20 minutes at the Museum. It hardly pays to drive from as far as East Ventura.

And half of that time is undoubtedly spent looking at the amazing George Stuart historical figures.

The Museum is just not fun, or interesting for all family members (the young and young at heart) to attract and hold a large audience. It needs to be much more proactive and exciting.

Also the architecture of the addition done a few years ago is horrible (my opinion, of course, yours is always welcome). It completely ignored the contribution of the existing Museum and of all of the surrounding buildings.

I'm glad that the Museum has obtained funding to stay open for at least another six months but for me to support it the following must happen:

Hire an architect to completely re-design the exterior (I know there are not funds available) but perhaps donors, and board members could at least get excited looking at some renderings of a proposed re-design.

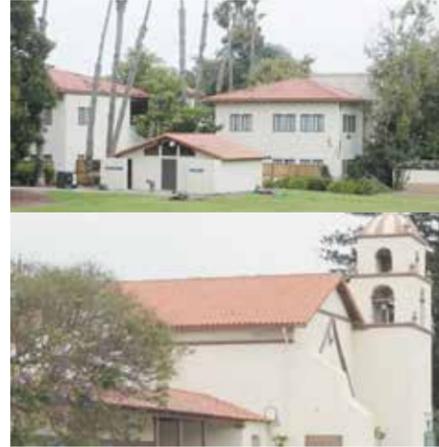
If possible hire a curator who has experience to develop a museum that will appeal to all ages, and keep visitors returning. Keeping the Museum open just for the sake of a having a museum means nothing.

Dave Grau, of the Ventura County Taxpayers Association, urged the city council to slow down before committing years of money. "The museum hadn't presented a clear plan for what would change and where the money would go," he said.

■ The City of Ventura's sponsored Music Under the Stars next concert series presents Orquesta Charangoa on August 5 at the Olivas Adobe.

I am disappointed that I don't see more of our **City Council members** supporting this City sponsored music series by attending. I might have missed seeing them (they would have been introduced), but so far Jim Monahan and Neal Andrews have attended. Hopefully, all members will attend some of the concerts before the season ends on September 9. City Manager Mark Watkins and a large group of city employees attended the last event there.

■ On July 24, 2017 the Ventura City Council approved a General Plan Amendment, Specific Plan Amendment, and Sign Agreement within the **Auto Center Specific Plan** that will make the surrounding area significantly more conducive to economic



These are the type of nearby (including the original Museum) buildings that should have guided the design of the addition to the Museum.

investment and growth. The amendments will increase economic vitality by improving accessibility, visibility and circulation in and around the Ventura Auto Center. It will also eventually bring many big-box stores to Ventura so that we don't need to go to Oxnard to make many of our purchases.

The Council voted 6-1 for approval. Christy Weir was the no vote because she (and other residents) opposes the very large sign that is part of the approval. She still supports the other aspects of the amendment.

It prohibits used car dealerships as a primary use. Used cars can be sold by the dealers.

■ When you cross the street in Honolulu, look both ways -- but not at the life-changing

text your best friend just sent.

Honolulu just approved a law making it illegal for pedestrians to "cross a street or highway while viewing a mobile electronic device." The law covers video games, pagers and laptops, and the ubiquitous smartphones

The law goes into effect October 25, giving police time to explain the situation to people who can't take their eyes off that tiny screen in their hands.

How often do we all see people walking in cross-walks looking at their phones while completely ignoring the fact that a car might not see them? It's as if "Well, if you kill me in the cross-walk you are in big trouble and I will sue you."

I would also like to see the City either remove the red hands that tell pedestrians that they can't walk across the street (people ignore them if the green light is on) or the police should start writing tickets for those that ignore them (which includes me).

■ **Anthony Scaramucci**, the ex-White House Communications Director has previously stated "The United States has too many guns. The USA has 5% of the world's population but 50% of the world's guns. Enough is enough. It is just common sense to apply more controls." Who am I to argue with a Trump appointment?

And data from the FBI found that in the US a gun is stolen every two minutes. Most are used in crimes and murders.

■ Deliveries of **medical cannabis** will soon be allowed in Oxnard after their City Council voted to relax one area of its marijuana ordinance (See Person to Person in this issue for Venturan's opinions).

By a unanimous vote, the council approved medical marijuana deliveries and requested more information on other commercial aspects of recreational and medicinal pot. It was an indication that other parts of the city marijuana ordinance could be relaxed in the future.

"I'm not really opposed to one commercial establishment if we can do it correctly," said Councilwoman Carmen Ramirez. She added that one possible location for a dispensary could be in downtown near the police station.

It is about time for our City Council to deal with this issue in a more compassionate manner.

## Mailbox

another donation to the Estella fund in Sherlock's name.

Many, many people in Ventura depend on the Breeze as an important source of community news. Thank you for making this possible.

Betty Okrent

PS: I also thought information about the R.U.F.F. program was vitally important. I do hope other communities adopt similar programs. And the article about Gavel was perfectly delightful. I most certainly enjoyed it. So thanks again.

Dear Concerned Ventura Residents

For the fourth time in eight months the Ventura County Local Agency Formation Commission (LAFCO) rejected an application by the City of Ventura to expand its boundary.

The application was for a new development known as Northbank, which is a project to allow for the construction of 193 residential units in East Ventura near Saticoy.

LAFCO heard the proposal on four occasions: November 16, 2016, February 15, 2017, April 19, 2017, and again on July 19. LAFCO has not been convinced that Ventura has an adequate long term water supply for its new developments.

LAFCO's CEO showed that the Ventura's own documents demonstrate that Ventura has a water deficit. Apparently, Ventura believes that there is "water aplenty" but they are unable to explain "where it is".

LAFCO Commissioners are simply doing the job required under California law. Also, it is the obligation of the City of Ventura to fulfill its commitments to provide necessary information.

The people behind the Northbank project may be rightly frustrated, but Save Our Water Ventura is more concerned about our current residents.

How can Ventura continue to give away scarce water supplies? Isn't it time for a water connection moratorium? Charles Spraggins, Save Our Water Ventura

Charles

The City reviewed its water capacity and confirmed there is adequate water supply to

Continued on page 9

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– Eleanor Roosevelt



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## City News



Focus Area One will bring business, jobs and revenue to the City. Photo courtesy of City of Ventura.

## Focus Area One: Ventura Business is Growing!

by Gail Field

Action has begun on a project slated to bring business, jobs and revenue to the City of Ventura. The project, called "Focus Area One," will expand the Auto Center and create space for additional commercial sites by developing the adjacent vacant area and extending Olivas Park Drive.

"This is a project planned to bring jobs and dollars to the City of Ventura," says Community Development Director, Jeff Lambert. "The development will provide an integrated mix of automobile sales and retail establishments to meet the needs of the residents of the City of Ventura and surrounding communities."

The project is bounded on the south by vacant land and on the north by US 101 near the Johnson Drive on- and off-ramps with visibility from the freeway. The site will have excellent access when the new freeway ramps are constructed as currently planned.

"In addition," says Lambert, "we plan to apply a high level of design standards in order to ensure creating an aesthetically pleasing area that will enhance the entry point for the east end of the City."

City planners face some constraints in developing the Auto Center project.

Some of the challenges have to do with roadways. The area has excellent

visibility from the freeway, but access is constrained by the configuration of the Johnson Drive interchange. However, the site will have improved access once the new on-off ramp is constructed as currently planned. Also, overhead utility lines on the north side of Auto Center Drive will be removed to permit road widening. The lines are proposed to be located underground. The plan also includes improving the signage, making it more visible from the freeway and attractive to destination retail.

Ventura city council member Matt LaVere expressed his enthusiasm for the project. "One of my top priorities as a new council member is economic development and ensuring that our City's economy is strong. Commercial and industrial space is at a premium in Ventura. Bottom line, we need more of it. A lot more."

LaVere speaks from his perspective as a business attorney who represents many Ventura-based businesses and believes this project will be a boon for the Ventura economy. "A thriving economy not only creates a larger sales tax base, but ideally, it creates the jobs that allow Venturans to live and work here," he says. "I hate to hear stories about how so many Venturans are forced into long commutes for their jobs. Not only does

that create the traffic congestion we all despise, but it means less time for these individuals to spend with their family or giving back to their community."

"I am particularly excited about the interplay of Ventura's auto center and Focus Area One," says LaVere. "The Auto Center is the number one sales tax generator in Ventura and provides close to a thousand jobs. Together, the new Focus Area One and a strong Auto Center have the potential of being the economic center of east Ventura."

All in all, the project is set to encourage a stable, diversified, and well-balanced economy, to add to the job base within the city and to create a more beautiful shopping area going up according to plans.

## Ventura City Council makes progress on Economic Development in Focus Area One

by city staff

On July 24, 2017 the Ventura City Council approved a General Plan Amendment, Specific Plan amendment, and Sign Agreement within the Auto Center Specific Plan that will make the surrounding area significantly more conducive to economic investment. The amendments pave the way to increased economic vitality by improving accessibility, visibility, and circulation in the Ventura Auto Center.

In January, the City Council reinstated economic development and vitality as one of its top priorities, emphasizing progress on Focus Area One and the Auto Center Specific Plan. Ventura Auto Center employs more than 1,000 workers and is the City's top revenue generator. The new amendments are consistent with the policies and actions contained in the 2005 General Plan and make the area more supportive of business investment.

"This is a significant step for economic well-being in Ventura," said City Manager Mark Watkins. "With the City Council's support, Focus Area One is positioned for long term growth and expansion."

The revisions to the Auto Center Specific Plan add 7.5 acres to the

Specific Plan area to facilitate a road widening, installation of new signage and improved circulation for motorists by creating safer vehicular travel lanes.

The adoption of the Auto Center Specific Plan Sign Agreement allows additional signage locations and an 82 foot high multiple-user, electronic, reader-board sign. A sign content agreement limits the type of content displayed and allocates the amount of time dedicated to specific types of advertising, including public service announcements such as Amber Alerts and Ventura events. Visitors and residents will see an improvement in the identity of the Auto Center with new signage visible from US 101 and Olivas Park Drive.

Last year, the City installed a new sewer pipeline to bypass the decommissioned Montalvo wastewater plant. An earthen levee will also be constructed to protect the site from the adjacent Santa Clara River and allow for new construction and the highly anticipated extension of Olivas Park Drive which will connect to Auto Center Drive and Johnson Drive, significantly improving access to the auto dealers.



Mary stays informed and active in the industry.

## Mary Joyce Ivers named Public Sector Fleet Manager of the Year

Mary Joyce Ivers, Fleet and Facilities Manager for the City of Ventura, has been named 2017 Public Sector Fleet Manager of the Year by Government Fleet, a national organization dedicated to excellence in fleet management.



# City News

Ivers, a Certified Public Fleet Professional, was chosen for the award by a panel of fleet managers from around the country based on 10 categories: business plan, technology implementation, productivity, policies, preventative maintenance program, utilization management, replacement program, customer service, fuel management and safety.

The award recognizes Ivers' efficient use of resources and promotion of government fleet management best practices. In recognition of her award City Manager Mark Watkins said, "Ivers provides outstanding performance and service to the city and community," he continued, "In addition to this exceptional award, Ventura's fleet division was named the #1 Small Fleet in the Leading Fleets program two years in a row under her leadership."

Without a doubt, municipal fleet plays a critical role in supporting public service. Every day, vehicles such as, patrol cars, fire engines, bucket trucks and heavy construction equipment are used to keep our city safe and as the Fleet and Facilities Manager, Ivers oversees the obtainment, maintenance and repairs of more than 400 city owned vehicles and 186 pieces of equipment. In addition to the vehicles, the fleet division also manages the City's parts supply and inventory warehouse, hazardous waste disposal, and the purchase and inventory of over 225,000 gallons of fuel for all City vehicles. Fleet also ensures the City complies with all Federal and State emissions regulations and promotes environmentally friendly practices.

Ivers gets ahead of the unique challenges associated with fleet operations by staying informed and active in the industry. Her enthusiasm for the profession continues to grow and improve Ventura's fleet efficiency and safety.

## City classes

Check out more camps and classes on web-site. Call (805) 658-4726 to register, if you already have an ACTIVENET account online, visit [www.cityofventura.net](http://www.cityofventura.net) Camp held at the Barranca Vista Center, 7050 E Ralston St., in Ventura unless noted.

### Fairytales in the Park for Families

**8/12 Saturday 4pm FREE**  
Fairytales in the Park is celebrating its 23rd season! Join us at Barranca Vista Park for a production of The Clash of the Titans. Bring a blanket, picnic and low lawn chairs. For more information call -654-7553

### The Aerial Studio: Cirque-Themed Summer Camp

**6-16 years**  
**8/7-8/11 M-F 9 am-3 pm \$325 #8498**  
**8/14-8/18 M-F 9 am-3 pm \$325 #8499**

Explore all the different Cirque arts and work towards a themed showcase for the last day of camp in our Cirque training center! We offer trapeze, silks, hammock, dance, acrobatics and more! Wear clothes without zippers that cover underarms and knees. Camp held at Aerial Studio 4476 Dupont Ct, Suite B.

### NASA Space Academy CAMP

**6-11 years**  
**8/7-8/11 M-F 9 am-12 pm \$179+\$35 materials fee #8504**

Study stunning space phenomena, and unlock the mysteries of meteors and secrets of space travel and rocket science. Learn about Living in Space by working on a model space station just like a real astronaut! Young Creators:

### Stop Motion Animation CAMP

**10-12 years**  
**8/7-8/11 M-F 9 am-12 pm \$190 #8531**

Work with your favorite toys to create fun and original stop motion animations as you learn basic concepts such as camera angles, storyboards, scripting elements and theme as well as voiceovers and a musical score. Note for Parents: Bring large sized toys from home for animating. No LEGOS or small toys. Bible Fellowship Church, 6950 E Ralston St, Pavilion #1.

### Rock & Roll High Music Camps

**6-12 years**  
**8/7-8/11 M-F 9 am-3 pm \$299+\$25 materials fee #8535**

Form your own rock band, write a song, make a CD, do a photo shoot and music video--all in one week with a performance for the parents on Friday. Guitars, bass, drums and microphones provided. All experience levels welcome.

### Capturing Color Art CAMP At Red Brick Gallery

**8-15 years**  
**8/7-8/9 M-W 9 am-12 pm \$120 A Little Bit of Everything #8617**

Push your creativity and understanding of art into a new direction! Work in a variety of mediums including watercolors, acrylics, pencils, mixed media, print making, mosaics and sculpture. All supplies are included in the cost of class. Red Brick Art, 4601 Telephone Road #112 (Telemark Business Center). To register 658-4726.

### Billy Clower Cheer Camp

**3-9 years**  
**8/7-8/11 M-F 9 am-12 pm \$130 3-5 years #8638**  
**8/7-8/11 M-F 1-4 pm \$130 6-9 years #8639**

Enjoy building cars out of cardboard boxes and racing around fun obstacle courses. Car Campers will dance daily to the "Cars 3" soundtrack and make fun costume pieces and props. Billy Clower Dance Studio, 75 MacMillian Ave. To register 658-4726.

### Survivor Challenge CAMP

**7-12 years**  
**8/7-8/11 M-F 1-4 pm \$120+\$35 materials fee #8624**

You and your tribe will be challenged in sports, group competitions, individual contests, mind games, cooking and much more. Race through obstacle courses, target practice and create nature inspired meals, make a Hunger Games bow and arrow and survival kit. Bible Fellowship Church, 6950 E Ralston St, Pavilion #1 in. To register 658-4726.

### Jedi Engineering Using LEGO® Camp

**5-7 years**  
**8/14-8/18 M-F 9 am-12 pm \$190 #8525**

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a faraway galaxy. Bible Fellowship Church, 6950 E Ralston St, Room 206. To register 658-4726.

### Jedi Master Engineering Using LEGO® CAMP

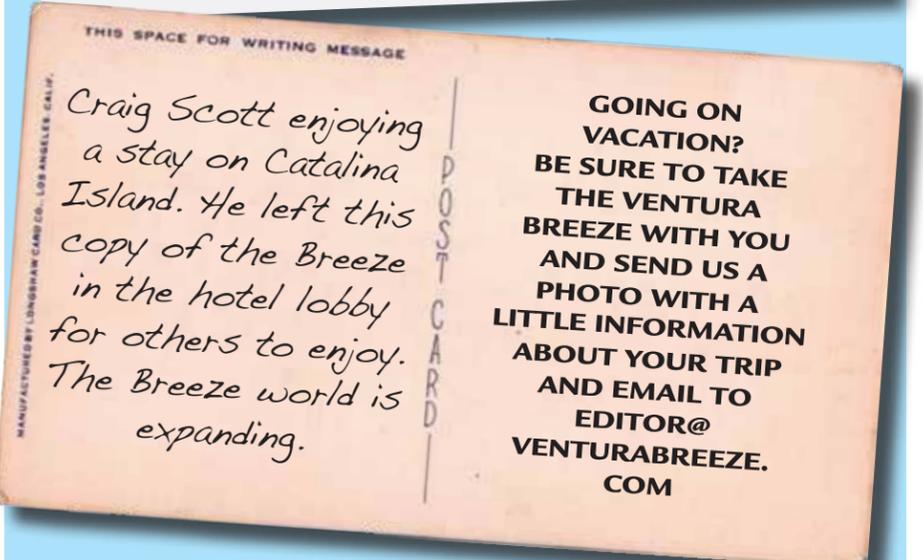
**8-12 years**  
**8/14-8/18 M-F 1-4 pm \$190 #8526**

Discover key engineering concepts such as gear trains, worm drives, pneumatics and eccentric motion as you build LEGO® X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses and other complex machines and structures in this advanced engineering course for young Jedi. Bible Fellowship Church, 6950 E Ralston St, Room 206. To register 658-4726.

## 805 Gift Emporium

**\$5 OFF** your purchase of **\$25 or more!**  
Must present coupon with purchase. Not valid with any other offers. Exp. 8/6/17

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# Summer Activities at the SCAN Health & Wellness Center

Staying active mentally and physically are keys to healthy aging. Start improving your physical and mental fitness today! Call for a complete list of our activities.



## AARP SMART DRIVER REFRESHER COURSE\*

Tuesday, August 22

9:00 A.M. - 1:00 P.M.

Are you an older driver looking to refresh your safe driving skills? Sign up for **AARP's Smart Driver Refresher Safety Course**, which keeps drivers 50 and older safe on the road.

In this 4-hour course, you will learn about adapting your driving to normal age-related physical changes, improving driver safety and reducing your chances of traffic violations and accidents.

This course results in a certification that may qualify the holder for an auto insurance discount. Cost of course: \$15 for AARP members, \$20 for non-members. Checks Only. No cash or Credit Cards will be accepted. Payable to the instructor on the day of class.

*\*Participants must have successfully completed the 8-hour base course*

## SENIORS IN NEED OF TRANSPORTATION

Thursday, August 24

10:30 - 11:30 A.M.

Are you or someone in your care in need of safe, reliable and affordable transportation? The SCAN Health & Wellness Center is pleased to offer a special presentation for seniors in the Ventura community seeking transportation options.

Mobility Management Partners, Inc. will present a no-cost presentation specifically for those in need of transportation regardless of physical, intellectual, or economic barriers that may hinder their ability to travel independently.

Join us for an informative morning that will also provide training to give you the tools to successfully navigate the local public transportation system.

*You do not have to be a SCAN Health Plan member to attend.*

Open to the community at large. Targeting adults 55+ and their caregivers. Space is limited; registration required.

**PLEASE CALL: (805) 658-0365** to register

**LOCATION:** SCAN Health & Wellness Center, 6633 Telephone Rd., Ste 100 Ventura, CA 93003



These events are educational only and information regarding SCAN Health Plan will not be available. SCAN Health Plan® is an HMO plan with a Medicare contract. Enrollment in SCAN Health Plan depends on contract renewal. Please visit [www.scanhealthplan.com](http://www.scanhealthplan.com) for more information.

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## Ventura events

by Ana Baker

**Ventura Poinsettia Dance Club meets every Monday from 7:30 p.m. to 9:45 p.m. at the Poinsettia Pavilion, 3451 Foothill.** Ballroom, swing, Latin, mixers and line dancing. Members \$10, non-members \$12. Call Rick at 415-8842 for more information.

**Depression & Bipolar Support Alliance (DBSA) hosts two regular, confidential, peer-led, self-help support groups.** Tuesday from 6:30 p.m. to 8 p.m. at Bible Fellowship Church at 6950 Ralston Street in Room 301 of Building 300. Email [DBSA\\_Ventura@yahoo.com](mailto:DBSA_Ventura@yahoo.com), visit [facebook.com/DBSA.Ventura](https://www.facebook.com/DBSA.Ventura) or call 253-3289. 1p.m. to 3p.m. at the New Visions Center on the first and third Saturdays of the month. At 1065 E. Main. Email [DBSA\\_Ventura@yahoo.com](mailto:DBSA_Ventura@yahoo.com), visit [facebook.com/](https://www.facebook.com/)

DBSA.Ventura or 746-3106.

**There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 p.m. to 5:45 p.m.** Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

**Ventura's ACBL Duplicate Bridge Club offers games for all levels of play. Learn the game, play with your peers, and earn master points while you are having fun.** There is a game every day of the week. Check out their website at [www.vcbridge.org](http://www.vcbridge.org). Life is Better with Bridge.

**Country Western Line Dancing every Tuesday 7 p.m. to 9 p.m. Instruction every night.** At the Moose lodge, 10269 Telephone Road. More information at [countrylovers.com](http://countrylovers.com).

**August 5: Flamenco 8 pm. Featuring Wendy Castellanos and dancers from Camarillo, Oxnard, Ventura and Santa**

**Barbara and will feature live music with Antonio de Jerez on cante, Tony Triana on Flamenco Guitar, Scott Wolf on Flamenco Guitar, Wendy Castellanos on Baile and guest dancers from Los Angeles.** NAMBA Performing Art Space, 47 S Oak, Downtown Ventura.

For tickets go to: [www.nambaflamenco.brownpapertickets.com](http://www.nambaflamenco.brownpapertickets.com)

**August 9: The Ventura Parkinson's Disease Support Group is pleased to bring one of southern California's top Movement Disorder Specialists & Neurologist, Dr. Robert Hutchman. Wednesday from 1 p.m. to 3 p.m. at the Lexington Assisted Living, 5440 Ralston St.** For more details see article in Senior Section of this issue. 1p.m. to 3 p.m. every second Wednesday. For more information please call Patty at 766-6070. We are an independent and volunteer-organized group not affiliated with or a part of any other organization or group.

**August 10: Legendary drummer, Fito de la Parra, from the band Canned Heat, is the guest speaker for this month's "Speaking Of" lecture series, 7-9 p.m. with de la Parra sharing highlights from his life in rock 'n roll.** Admission is free for members, \$5 for non-members. The Museum of Ventura County.

For more information, visit [www.venturamuseum.org](http://www.venturamuseum.org) or call 653.0323.

**August 12: Child Hope Services and Foster VC Kids will host a Foster Care Summit, 8:30AM to 12:30PM at Reality Ventura Church, 1954 Goodyear Ave.** The Foster Care Summit is free and community members are invited to learn about opportunities to support children and youth in care -- either by becoming a resource, foster or adoptive family, or by supporting those who do. For information and to register for the Foster Care Summit visit [www.fostercaresummit.org](http://www.fostercaresummit.org)

**August 12: The Ventura Beginners PC**



# Community Events

**Users Group will meet at the Cypress Place Independent Living, 1220 Cypress Point, third floor lounge.** 9:15 a.m. workshop will be on creating items with Word and at 11 a.m. Toby Scott of Ventura Computers will discuss the Cloud. All beginners and intermediates are welcome. Call 648-1368 for further information.

**August 15: Men (retired or on the brink) can enjoy some time together on August 15th and September 5th at Ventura Elks lodge at noon for the Ventura Retired Men's Group meeting.** There'll be the usual healthy \$15 lunch, an entertaining and enlightening program, raffles, and a good time shooting the breeze with friends old and new. Call Steve Carroll at 642-1359 for the details.

**August 17, Ventura County Poet Laureate, Phil Taggart, will perform readings from the works of writer Charles Bukowski, at a special showing of "Born Into This," the documentary chronicling the life of Bukowski.** The reading begins at 6:30. The FBI kept a file on him as a result of his column, Notes of a Dirty Old Man, in the LA underground newspaper Open City. Admission is free to members, \$5/non-members. The Museum of Ventura County.

**August 18: Join Aloft Dancetheatre as they host NAMBA Works, a showcase of modern and contemporary dance, poetry and music on at 8 pm. Direction and choreography by Ventura's own Devin Fulton featuring work by Dani Beauchamp, Juli Farley, Stephen Guyette, Beth Megill, Friday Gretchen Lubina and Taylor Quinn.** \$20. Get your tickets at the door or reserve a seat by calling 628-9250. Visit nambaarts.com for more information.

**August 24: From 7-9 p.m. "The Crime of the Century: An Inside Look at the Manson Murders" with journalist Ivor Davis.** Davis visited the Manson family at the Spahn ranch prior to the murder spree of 1969. Not only did he attend every day of the nine-month trial, the District Attorney used Mr. Davis' book as a blueprint for the prosecution. Joining Davis is Mark Phillips, an Oak Park attorney who with his daughter, Aryn, co-wrote the book "Crimes of the Century: Admission is free for members, \$5/non-members. No-host bar. The Museum of Ventura County

**August 26: Grateful Dead Tribute Band Cubensis bring the sights, sounds, and fun of Jerry Garcia and the Grateful Dead for the finale event of the museum's Summer of Love 50th anniversary celebration.** Doors open at 5 p.m., the concert begins at 6 p.m. Admission is \$10. No-host bar available. The Museum of Ventura County

**August 26: Walt Hackman Signing of No Problem, Mr. Walt: A Memoir of Loss, Building a Boat, Rebuilding a Life, and Discovering China.** Mr. Walt is a poignant travel memoir written by father, businessman and easy-going voyager, who travels throughout China during his extraordinary quest to build an authentic wooden Chinese Junk boat. Walt's memoir is an account of personal tragedy and tenacious triumph. Bank of Books, 748 East Main St. from 1 p.m. to 3 p.m. Contact 643-3154.

**hungry!** Recipes are included and signed copies of his Ojai Valley cookbooks will be available for purchase. The class will be held at the Lavender Inn in downtown Ojai on Sunday, August 13, from 1pm to 3pm. Call 646-6635 for reservations. Class size is limited to 10 participants. This class will fill up quickly.

**A representative working with the new eResource cloudLibrary will visit the Ojai Library at 1 p.m. on Saturday, August 12 to show you customers how to access this convenient new tool.** Customers can bring their eReaders and mobile devices in to learn about what cloudLibrary has to offer and get help setting up their accounts. There will be a rundown of the first-time user experience and how to use the app, and library staff will be on hand to answer questions.

CloudLibrary is part of the effort to streamline eBook and eAudiobook collections from being accessed through multiple vendors to one simple, convenient service. You can use the cloudLibrary app to access not only our digital holdings, but those of our partner libraries as well. This means access to more copies of your favorite titles with improved wait times!

This event is free and open to the public. For additional information, contact Ron Solórzano, Regional Librarian, at 218-9146.

**The Ojai Photo Club will feature photographer Nancy Lehrer for its August presentation, "Building a Photo Story: Personal Documentary Projects."** The free event will be held at 7 p.m. on August 15, 2017, in Help of Ojai's Kent Hall, 111 W. Santa Ana Road.

Over the past two years Lehrer has worked on two personal documentary projects involving close family members. The first followed her parents after they had moved into an assisted living apartment. The second, a longer story, chronicled the first four months of her husband's slow recovery from Guillain-Barre Syndrome. Although she has achieved master's degrees in Music and Computer Science, she has always held on to her passion for photography.

For more information about Lehrer's work, go to her website, <http://www.inancyimages.com> or to her blog, <https://inancy.wordpress.com>.

Monthly free presentations are part of the Ojai Photography Club's community service and education outreach. The general public is always welcome to attend. More information is available at: [www.ojaiphotoclub.com/](http://www.ojaiphotoclub.com/)

## Mailbox

*Continued from page 4*  
expand the City's boundary and accommodate new construction in east Ventura. While current water supplies are indeed strained due to the drought, there is an adequate amount to serve this and other projects that have been in the works for many years now. We agree that the long-term sustainability of water supplies is vital. That is why the City is working hard to diversify its water portfolio and augment supplies with new sources. This includes a potential connection to the State water system within the next 3-4 years and the construction of an Advanced Purification Facility for Potable Reuse by the year 2023. These projects will not only augment existing water supplies and improve system reliability, but will also have the ability to enhance the quality of drinking water on the east end of the City.

Joe McDermott  
Acting Ventura Water General Manager

## Ojai news and events

**Ojai author and private chef Randy Graham will show you how to make restaurant quality pizza at home using pizza stones and traditional ingredients. In addition, there will be a pizza surprise so come**

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Ventura's 4th of July Street Fair continued its proud 42 year-old tradition on Tuesday, July 4 from 10 a.m. to 5 p.m. in Ventura's Downtown Cultural District.

The Independence Day parade was attended by over 30,000 residents and visitors and featured the handmade arts and crafts by more than 300 artisans stretches along 6 blocks of Main Street from Fir Street to Mission Park.

Savory foods from many booths sponsored by local organizations and businesses and live entertainment on several stages was enjoyed by all.

The Fair was preceded by the Pushem-Pullem Parade. Children and adults and their bicycles and little red wagons dressed up for the parade down Main Street at 10 a.m.



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**A collection of hit songs from contemporary  
Broadway shows**

~August 13, 2017~

**6:45 pm Champagne Reception | 7:30 pm Concert**

Advance Ticket Reservations: \$35 | \$45 at the door

**805.667.2900 | www.rubicontheatre.org**

1006 E. Main St., in Downtown Ventura



Andi-Girl hooping it up at the Earth Day Festival in Ventura's Plaza Park.

## Andi Girl

by James Francis Gray

World traveler Andi Epstein, also known as Andi Girl, is the creator of Hoop Habit Teacher Training. Her mission is to instruct practitioners of energy and therapy. This movement brings the fun of hooping to a new level, offering a bio spiritual life tool that helps you guide your own path.

She just returned in July from Ireland where she was teaching Energy workshops, Tantra Fusion and offered a Hoop Yourself Well retreat at Creacon Wellness Centre. <https://www.creacoonwellnessretreat.com/>.

She also takes a week long training session to refresh her credentials with her teacher. Ireland is truly a magical place where healing is found for everyone. Andi loves offering this yearly event on the Emerald Isle.

She, in her mid-thirties, began in the autumn of 2005, putting the "Cutie with the Bootie on the Move" into action, shedding her dress size from 20 to 12 in six short months. Talk about hard work. Her motto, "Feed the Craving," works for her and it can work for you.

This added skill brought a new addition to her 30-year career as a Certified Life Coach, specializing with hands-on holistic training.

Andi's energy is off the charts with her passion where Hooping fun meets functionality. She shows her clients where they are now, using their own currency grid, or energy system. Then she helps remove boundaries, navigating limited beliefs to free up movement. You can heal yourself into a new reality—the one you've always dreamed of, and more!

In 2009, Andi-girl was called a 'Modern Goddess of the Boardroom' fusing the alternative Healing Systems of Tantra Fusion, Rising Star Hoop Habit™, the Healing Habit into Corporate Wellness programs. These programs are committed to raising global consciousness through healing and applying practical tools for healthy living.

This fall, Andi will be touring the east coast of the U.S. She'll also give weekend retreats in the Midwest.

Web page: Welcome to [www.HOOPHABIT.com](http://www.HOOPHABIT.com)!

Hoop Habit ... is a one-stop source in play therapy and motivational movement.

For contact information [hoophabit@gmail.com](mailto:hoophabit@gmail.com).

## News & Notes



Dan Lyon, Danielle Brinkman and Ric Ruffinelli and Pattie Braga honored by the YMCA.

### Ventura Family YMCA making news

The Ventura Family YMCA has received a grant from Autism Speaks which will provide funding for Water Safety & Swim Lessons for children and adults with Autism.

"Learning to swim and safety around water are necessary life skills. We are grateful to Autism Speaks for their financial support and are pleased to partner with them to provide these important lessons and safety tips," said Mrs. Eads, Support Services and Development Director of the Ventura Family YMCA.

These free lessons are one-on-one and available on a first come, first served basis. Membership is not necessary to qualify. For more information Nicole Eads at [nicole.eads@ciymca.org](mailto:nicole.eads@ciymca.org) or 642.2131 x 11.

The YMCA Board of Managers has announced the election of Pattie Braga as its new Board Chair for a 2-year term. Pattie has served as a member of the Y's Board for four years and Chair Elect for one year.

"I was born and raised in Ventura and have a strong sense of ownership for our wonderful community," said Ms. Braga.

As Board Chair, Braga will lead a board of 21 volunteers and work closely with the Executive Director on many strategic endeavors.

The YMCA held a celebration to honor Board Members who have reached milestones in their service on the board.

Ric Ruffinelli was recognized for serving 15 years as a board member and Dan Lyon was recognized for serving on the board for 20 years while Pattie Braga

and Cherie St. Jean were both recognized for serving on the board for 5 years.

In addition to honoring these outstanding long term volunteers, the Ventura Family YMCA celebrated outgoing Board Chair, Danielle Brinkman who served 3 years as the Ventura Family YMCA's Board Chair.

For more information about the Ventura Family YMCA, visit <http://www.ciymca.org/ventura/> or call 642-2131.

### New school superintendent hired

*Continued from page 1*

the attributes and characteristics that will allow him to be very successful in Ventura Unified."

Pastor Jim Duran was on the community panel and told the Breeze "Our panel was diversified and extremely passionate about the City of Ventura and our School District. The eight of us had extremely stimulating dialog and after two days we were able to come to an agreement for our top choice. I know that each of us felt an incredible responsibility to give the School Board the best feedback in order for them to ultimately make their decision."

Board member Velma L. Lomax continued "We went through a very rigorous process this time, with interviews by the Board and a Community Panel as well as a written portion and oral presentation. After three long days we decided on hiring David Creswell. I feel confident we have made the best decision and that he will be a great asset to our district."

Board member Sabrena Rodriguez said "David's considerable experience in education, the diverse roles he has held in other districts and his stellar communication skills were all significant factors in our choosing him to lead our district. I was most excited by his obvious commitment to the welfare of the children in our community - their educational outcomes and their personal well-being."

Lastly Board member Madhu Bajaj, President, Ventura Education Partnership "I am thrilled for David Creswell to join our community. He lives and breathes a powerful and beautiful leadership style focused on service and relationship building. And, he sees areas of opportunity to strengthen VUSD by bringing people together for the benefit of our students."



Twelve teens ages 12-14 visited Ventura for Mary Osborne's teen overnight "Surfari." A six day week of surf, adventure, education, motivational celebrity speakers and friendships. The girls were from San Francisco, Orange County, Valencia, Nevada and other cities.

Mary stated, "After teaching all ages of youth and adult programs, I realized we are lacking a program on our coastline specialized for females teens. I wanted to create a place where teens could not only learn about the ocean and surf, but to also feel safe, overcome fears and just "be" themselves. My Teen Surfari's programs are an amazing active week of self-discovery, growth, and health."



# Senior Living

*Pull Out Section*

## Old term vs new term?

by Jayson Cohen  
American Legacy Solutions

At the core of Life insurance, the most basic feature is to pay a death Benefit: they lump sum payment your beneficiaries would receive if you were to die. It's the Core reason to own life insurance – but not the only one. Some types of life insurance offer riders or other built in features that can play an important role in your financial strategy, such as the ability to accumulate cash value that grows over time.

Term insurance as most of us know it, provides life insurance protection for a specific period of time – the “term” – and is designed for temporary circumstances. It makes the most sense when your need for coverage will disappear at some point, such as when your children graduate from college or when debt (such as mortgage) is paid off. The most common term provide coverage for 20 years, but they can run the gamut from one-year policies to 30 years or even longer. In some cases, a term policy can even be converted to a permanent policy. Typically, term insurance offers the greatest amount of coverage for the lowest initial premium and is good for people on tight budgets.

Let's take a look at what the difference is between the “OLD term and NEW term”. Simply put, Old Term will pay out a death Benefit if you pass during the specific time period chosen and premiums have been paid. Some of these policies may include a Terminal Illness rider that will allow you access to a portion of the Death benefit while you are living if you are diagnosed

with a Terminal illness and have less than six to twelve months to live. Any money taken will reduce the death benefit to the family upon your passing.

“New Term” on the other hand have the same features of its predecessor, with some additional benefits. It will still provide a death benefit during the time period chosen as long as premiums have been paid. It will still include the terminal illness benefits mentioned under old term, but may include two additional features that old term does not. Most will include a critical Illness rider, this rider will allow you access to your death benefit if you have a major illness such as, a Heart Attack, Stroke, TIA, Cancer, and some other depending of the company and benefits of the policy. They may also include a Chronic Illness rider that will allow access to your Death Benefit if you need help with two activities of daily living, which consist of Bathing, Contenance, Dressing, Eating, Toileting, and Transferring. It may also start to pay if you get diagnosed with a cognitive impairment such Alzheimer's or Dementia.

As you compare new coverage or do reviews of existing coverage make sure that you take into account some of the new options that you have available to you in the market place. Since not all companies are offering “New Term” or as sometimes referred to “Life insurance for the Living” make sure that you sit with an agent that represents multiple companies and works for your benefit.

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## Senior Living



Full shopping carts ready to go to needy seniors.

### When home bound senior citizens need groceries they think “SHOP AHOY”

by **Tony Miller**  
President of Shop Ahoy

Every Tuesday morning around 9:00 am in Von’s at Victoria and Telegraph you’ll see the result of their calls. As many as 25 shopping carts filled with groceries lined up waiting to be delivered to seniors.

SHOP AHOY is a non-profit volunteer program in Ventura County which has one mission, the weekly shopping and delivery of groceries to home bound seniors. It’s a non-profit program whose members are all volunteers, each of whom gives their time to serving men and women who are home bound. The mission of SHOP AHOY is to assist its clients to remain in their homes independently.

The program serves five cities; Camarillo, Oxnard, Simi Valley, Thousand Oaks and Ventura. Each week a volunteer calls his or her senior and records their order, and it’s not only groceries. Greeting cards, fresh flowers, stamps, deli and over the counter medicine regularly fill the carts.

“I gave up driving at age 90. Shop Ahoy makes a big difference in my life” says a 92 year old Ventura resident.

Cheryl Hollandsworth is the site leader of the Ventura group. She’s been serving the seniors for over 12 years. “Each person has different tastes and favorites and it’s rewarding to see the looks on their faces when they get their favorite ice cream or their special cookies. It’s a labor of love” says Cheryl.

Many volunteers take out the trash, take them to the doctors, sometimes help them clean house. Changing light bulbs, oiling door hinges and opening bottle caps are roles the volunteers fill. Many visit during the week just to talk; after all, it’s not uncommon that homebound people don’t get many visitors.

Volunteers wear different hats. Some are home bound themselves so they call their people each week. Others shop the orders and others make weekly deliveries, although most shop and deliver.

Age isn’t a criterion for volunteering. Several retired teachers enjoy the shopping and delivering to clients which creates special friendships that continue. Several high school students volunteer

during the summer.

Seniors come to know SHOP AHOY by word-of-mouth referrals from other seniors and organizations.

“We also get a lot of referrals from visiting nurses. The more people hear about us the more people we can serve,” said Tony Miller, President of SHOP AHOY.

Members of the Board of Directors are also volunteers; they’re shoppers/delivers and they speak to other service organizations to get the word out.

Shop Ahoy depends almost solely on donations and grants although the economy has reduced grant availability. [shopahoy.org](http://shopahoy.org)

### What is Parkinson’s Disease and how do I know I have it?

by **Patty Jenkins**

There are many nuances and varying symptoms of Parkinson’s Disease which make it one of the most challenging diseases not only to live with, but also for doctors to diagnose early and treat properly. That is why it is vitally important to learn what those early symptoms are and to find the right specialist as soon as possible to diagnose and treat this most frustrating and often very debilitating disease.

The Ventura Parkinson’s Disease Support Group is pleased to bring one of southern California’s top Movement Disorder Specialists & Neurologist, Dr. Robert Hutchman, to our meeting on Wednesday, August 9 from 1:00 to 3:00 pm at The Lexington Assisted Living, 5440 Ralston St, Ventura.

Dr. Hutchman will present an overview of the symptoms of Parkinson’s Disease, both motor and non-motor, and the management of this progressive disease. He will address medication issues and why “one size does not fit all”, complementary therapies, give updates on new research and talk about “wellness” specifically for people with Parkinson’s Disease.

ACADIA Pharmaceuticals, Inc, is co-hosting Dr. Hutchman at this August 9th meeting. Dr. Hutchman will also speak about the newest PD drug, Nuplazid, which is the first drug designed specifically for people who have Parkinson’s Disease and may have developed challenging cognitive changes.

Dr. Robert Hutchman is a Mayo Clinic-trained neurologist and subspecialist in Parkinson’s disease, movement disorders, and all forms of dementia, especially Parkinson’s-associated. His undergraduate medical training was completed at the Wayne State University School of Medicine in Detroit, MI. Since completing his training he has served as Sub-Investigator on approximately 10 Phase 2 thru 4 clinical drug trials, with Dr. Peter LeWitt of the Parkinson’s Study Group at the Clinical Neurosciences Center in Southfield, Michigan. Following that incredible opportunity to develop clinical research and deep brain stimulation surgery management skills, Dr. Hutchman entered private practice in Southern California. Since arriving in California, he has founded a private practice exclusively serving a unique patient population composed of neurodegenerative disorders. As the founder and Medical Director of Neurosearch, Dr. Hutchman has successfully administered 10 additional



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## Senior Living

clinical trials as the Principal Investigator, directing the efforts of an accomplished support staff.

Please check in at the front desk for directions to the meeting room. Extra parking is graciously available across the street from the Lexington in the Baptist Church parking lot. Call Patty at 766-6070 for further information. Reservations are not required. The Ventura Parkinson's Disease Support Group is an independent and volunteer-organized group not affiliated with or a part of any other organization or group.

## Senior Song Circle

Aug. 8 (2nd Tues. of each month), 1:30 - 4 p.m. Aug. 22 (4th Tues. of each month), at SCAN Health and Wellness Center, 6633 Telephone Rd., Ste., 100, led by Marty Capsuto. Center is for those 55+ and guests, so Marty will guest sponsor all Songmakers under 55. . Plenty of parking behind building. For more information, contact Marty at 658-0365 or mcapsuto@scanhealthplan.com Aug. 25 (4th Friday of each month), 7:00 - 10:00 p.m. Like to play acoustic music? Songmakers.org welcomes all lovers of acoustic music—instrumentalists, singers, and singer/songwriters of all levels—to join in a free song circle at the Bell Arts Factory Community Room, 432 N. Ventura Ave. Listeners welcome! Information Mike Wittlin, 750-8281.

## Zumba

The City of Ventura Parks and Recreation is offering a Zumba Gold series at the Ventura Avenue Adult Center from 12:00-1:00pm every Monday and Wednesday through September 13.

Zumba Gold is perfect for all active adults, 50+, looking for a Zumba class at a lower-intensity level. This easy to follow class focuses on heart rate, balance, range of motion, and coordination. Come ready to sweat, leave feeling empowered, strong. Regain flexibility and strength while having fun learning a dance step or two! Having two left feet is no problem.

Participants should wear workout shoes, comfortable clothing and bring water to keep hydrated.

For more information call (818) 515-8590. Sign up at 658-4726 and request Zumba Gold-884

## Family Caregiver Resource Center Catholic Charities-OASIS

By **Connie De La Rosa**

“Coping With Guilt And Your Aging Loved One.”

Many family caregivers are overwhelmed by the medical attention or physical care required by their loved ones in addition to family members who are unfamiliar with the type of care required. This may cause quite a bit of stress along with some anger and frustration due to the demands and time constraints in care.

Below are some useful tips in managing difficult feelings:

Self - Care It is necessary to put yourself first sometimes. Proper rest, healthy food and exercise are basic needs for every person. If caring for a loved one is causing you to burn the candle at both ends, it may be time to ask for help and accept it.

Be Realistic-If your loved one is seriously impaired by an illness and cannot safely care for themselves, you might not be qualified to care for them so it may be time to talk to your loved one's primary physician and family regarding your choices in maintaining or improving their care.

Don't expect praise or thanks from your loved one-They might feel incredibly grateful, but the illness or their own feelings of guilt and inadequacy might make it too difficult to express their feelings.

If you are caring for a family member and need resources, support group or to find out about our trainings at no cost to you, please call the Family Caregiver Resource Center at 420-9608.

## Camarillo Hospice fall training

Camarillo Hospice is pleased to announce their Fall 2017 hospice volunteer. Hospice volunteer support is sought to serve cities throughout Ventura County including Ventura. Reservations currently are being accepted for the class, which will meet eight consecutive Tuesday mornings from 10:00 am to 1:00 pm starting September 12th through October 31st.

Participants will:  
become familiar with common elements of family dynamics

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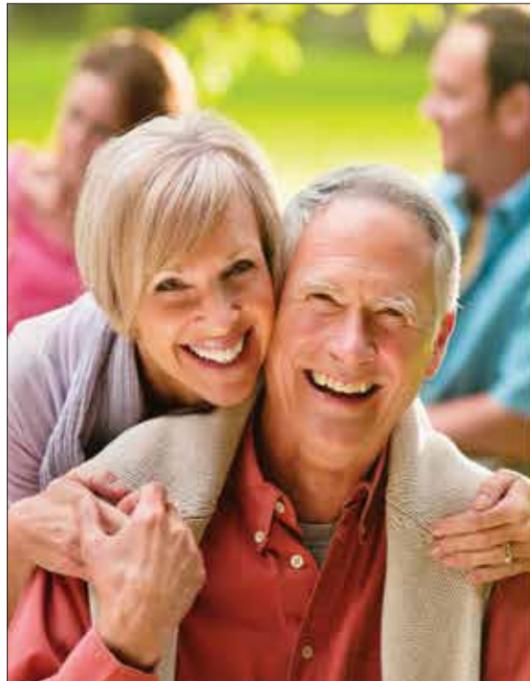
acquire communication skills for supportive interactions with patients and families

learn about and discuss end-of-life care choices

Camarillo Hospice volunteers can provide respite care for caregivers, friendly visits, and practical assistance to patients and families such as running errands, simple meal preparation, etc. Opportuni-

ties for volunteers may include conducting “Life Story” interviews, providing pet and music therapy, and sitting at a dying patient's bedside at St. John's Hospitals in Oxnard and Camarillo.

For more information, please contact Sandi Biggs, Coordinator of Volunteer Services, at 389-6870 ext.453 or sbiggs@lmvna.org before September 2nd, as space is limited.



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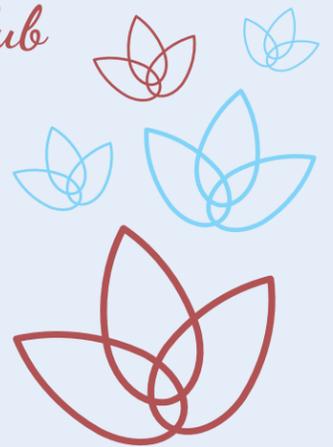
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# News & Notes



Follow the Fair Parade on Channel 6 live.

## A parade of productions at CAPS Media

The CAPS Media Crew will record, broadcast and stream the 2017 Ventura County Fair Parade on Saturday, August 5th on Channel 6 live at 10AM. This year's theme is Rooted in Tradition and the annual parade festivities including marching bands, floats, horses, vintage cars, tractors and more. The CAPS Media crew of staff members and volunteers will set up on the corner of Main and California to cover all the fun. If you are in the parade give us (and your friends watching at home) a big wave when you pass by. The parade will re-broadcast and stream throughout the week on CAPS Media Channel 6.

Congratulations and welcome to CAPS Media partners David Creswell, the new superintendent of the Ventura Unified School district and to David Keebler the interim president of Ventura College. VUSD and the college are valued collaborators and have representatives on the CAPS Media board of directors.

There's always something new happening at the CAPS Media Center. Every month CAPS Media offers new member orientation meetings on the first Thursday at 6pm. The orientation includes a tour of the CAPS Media Center, a presentation by a CAPS Media staff member and an open Q&A. For CAPS Media Member/Producers instructional classes are scheduled every month. The HD videography/camera classes are held on 2nd Thursday, Final Cut postproduction editing classes are on the 3rd Thursday, and CAPS Radio (KPPQ, FM 104.1) training is on the 4th Thursday of the month. Member/Producers receive hands-on instruction in videography, video editing, radio production and more. All classes begin at 6pm at the CAPS Media Center, 65 Day Road.

Once trained member/producers may check out CAPS Media's video cameras, tripods, audio gear and other production equipment to record their story and then book postproduction editing suites to craft the story they want to tell.

In addition to offering Member/Producers training, support and production equipment CAPS Media also provides professional production services to outside partners and agencies throughout Ventura County. Recent productions include instructional videos for Ventura College microbiology, a series of public information videos for the Ventura Shellfish Enterprise, ground breaking ceremonies for a new headquarters for Gold Coast Transit, an ongoing series of public information programs for the Ventura County News Channel,

monthly staff updates for the Ventura County Fire Department, and the recently completed 2016 Video Annual Report for VCFD.

Go to capsmedia.org to see a schedule of upcoming programs on Channel 6 & 15, search the archives for past programs, get info on upcoming video and radio classes and much more.

Every member of the community is welcome and encouraged to visit the CAPS Media Center to take a tour and consider becoming a Member/Producer. CAPS Media is a nonprofit, membership organization located at 65 Day Road on the east side of Ventura College. Anyone who lives, works or attends school in the city of Ventura is eligible to become a Member/Producer at CAPS Media. Annual fees are only \$25 for an individual and \$75 for a non-profit organization. CAPS Radio is an additional annual fee of \$50 for DJs. For complete information go to capsmedia.org.



Audrey L. Carman has been presented with the Maria Cavallo Scholarship by the Hospital's Auxiliary for \$2,000 and the Audrey Woodburn Scholarship for \$2,000.

## Carman receives scholarships

On June 12, Audrey L. Carman was presented with the Maria Cavallo Scholarship for \$2,000 and the Audrey Woodburn Scholarship for \$2,000. These awards are given to a graduating Junior Volunteer who has served at least 100 hours in the CMH Auxiliary, has maintained a 3.50 GPA or better, and will be attending an accredited college or university. The recipient must also be planning to pursue a healthcare career such as becoming a physician, nurse, physical therapist, pharmacist, etc.

Audrey has accumulated 330 volunteer hours at CMH, while maintaining a 4.0-4.33 GPA at Ventura High School. She is not only a California Scholarship Federation member, but she served as the CSF club's president for three years. Her campus involvement also included membership in Key Club, International Volunteers Organization, and the Multi-Ethnic Club.

Dedication to academic excellence is evident in the many awards Audrey has received. She was named Ventura High School's Cougar of the Month four times and was on the Honor Roll / Principal's Honor Roll from 6th through 12th grades. She received UCLA's Brain Research Institute's Special Award. She placed 3rd in the senior's division at the California State Science Fair and 2nd place in the senior's division of Human Behavioral and Social Sciences at the Ventura County Science Fair. At graduation, Audrey received a multi-lingual diploma seal and cord.

Audrey will be attending Ventura College next year where she will pursue a career in nursing and health sciences.



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### Planning Commission to act

*Continued from page 1*  
city regulations for residential second units and carriage houses contained in the City municipal code and the City's form based development codes. This proposed ordinance is in response to recent State Law amending California Government Code Section 65852.2 ("Section 65852.2"), which limits the City's ability to regulate or limit new ADUs. Effective January 1, 2017, the

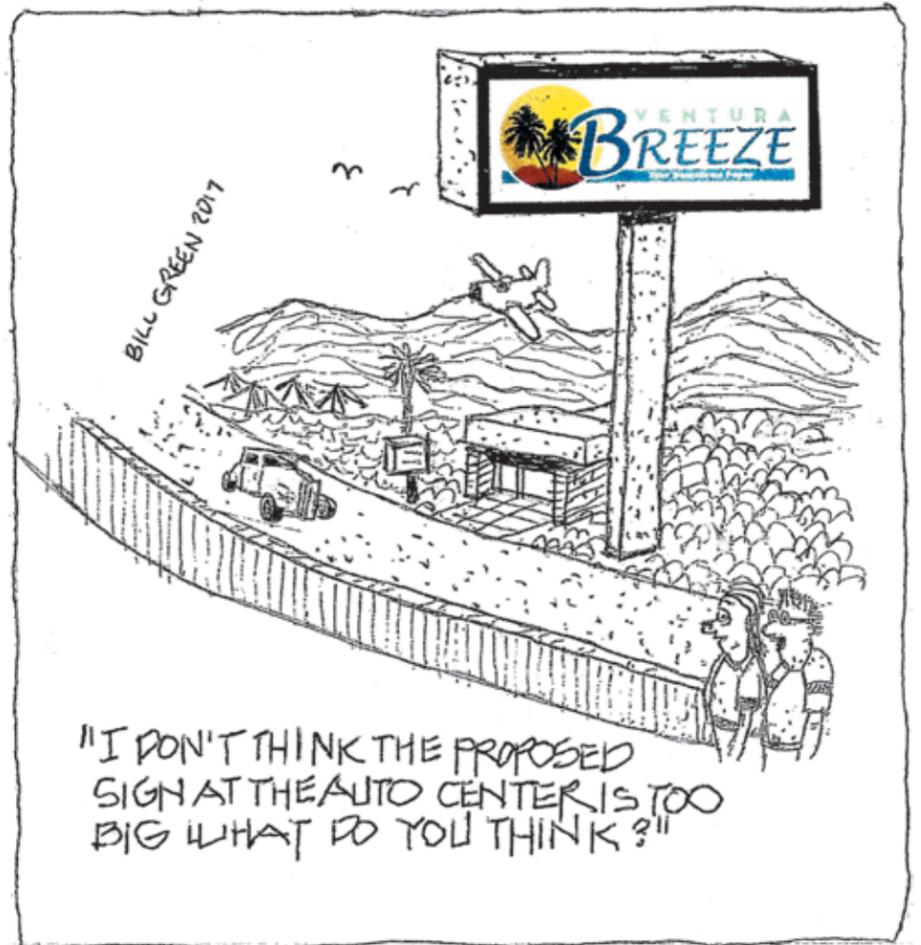
two bills-Assembly Bill 2299 ("AB 2299") and Senate Bill 1069 ("SB 1069")-require cities to either adopt an ordinance that complies with the new restrictions and specific standards or apply only the specific state standards set forth in amended Section 65852.2. The draft ordinance is contained in Attachment B and these proposed ADU regulations are discussed in the Staff Analysis section of this report."

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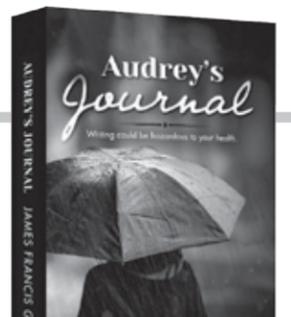
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### Audrey's Journal

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# The Pet Page



**Dedicated to Scamp**

■ Estella had her successful surgery yesterday and is recovering nicely. She is still at VetSurg, but will go home with her foster mom tomorrow for full recuperation.

We raised the needed \$6,000 ... thanks in huge part to The Breeze. Money poured in from your readers ..... you are truly a Buddy Nation Angel! THANK YOU!

Estella sends you a big sloppy kiss ... the rest of us send you hugs.

Cappi Patterson

## ■ VA Doberman Study by Victoria Usher

Recently, The West Los Angeles Veterans Affairs Medical Center decided to halt planning for tests on narcoleptic dogs. The experiment would have involved giving antidepressants or methamphetamine to eighteen narcoleptic Dobermans. The Dobermans would have been killed after they were given the drugs and then studied to see how the drugs had affected the production of histamines in their brains.

An animal rights group known as White Coat Waste Project heard about this appalling experiment and discussed it further with lawmakers. After much discussion about it being completely unnecessary and inhumane we should all be happy to hear that it looks like the experiment is no longer going to happen!

## ■ What makes dogs so friendly? Study finds genetic link to super-outgoing people by Elizabeth Pennisijul

It's one of the biggest perks of being a dog owner: Your pooch is thrilled when you come home, wagging its tail, wiggling its body, and licking you with its tongue. Now, scientists say they have pinned down the genetic basis of this affection. Using clues from humans with a genetic disorder that makes them unusually friendly, the team found variations in several

genes that make dogs more affable than wolves and some dogs friendlier than others.

The study shows that the genetics of dog behavior "might be even more relevant for understanding genetics of human behavior than we once thought," says Per Jensen, a behavioral geneticist from Linköping University in Sweden who was not involved with the research.

Over the past decade, geneticists have discovered the DNA involved in key dog traits, such as size and coat variation. Some DNA seems linked to personality, and one study showed that dogs and humans enforce their bonds by gazing at each other. But few studies have pinned particular behaviors to specific genes. "There's been a remarkable explosion of studies, with the exception of behavioral studies," says Robert Wayne, an evolutionary biologist at the University of California, Los Angeles, who was not involved with the work.

Seven years ago, Monique Udell, an animal behaviorist at Oregon State University in Corvallis, and Princeton University geneticist Bridgett vonHoldt joined forces to link genes to a behavioral trait they think was pivotal to dog domestication: hypersociability. Researchers already know that dogs are hypersocial compared with wolves, and the team confirmed this by comparing the behavior of 18 dogs—some purebreds, others mixed breeds—with 10 captive, hand-raised wolves at a research and education institute in Indiana. As others had shown, the dogs were much friendlier than the wolves, even though the wolves had been raised by people. Both hand-raised wolves and dogs greet human visitors, but dogs continue to interact with people much longer than wolves do, even when visited by a stranger.

■ "The study is exciting because it provides such strong support for the 'survival of the friendliest'" hypothesis of dog domestication, says Brian Hare, an evolutionary anthropologist at Duke



## Scamp Club

*(Scampclub pets are not for adoption.)*

Hi: I'm Enzo, a 5-year-old French bulldog from San Diego, but I like to visit Ventura where Richard Lieberman took my picture.

## Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to [Scampclub@venturabreeze.com](mailto:Scampclub@venturabreeze.com). You will be in the Breeze and become world famous.

University in Durham, North Carolina. "Fear was replaced by friendliness and a new social partner was created."

"In a sense, this is the first paper discovering the genes related to the high sociability of dogs," says Takefumi Kikusui, an animal behaviorist at Azabu University in Sagami-hara, Japan. Humans too have high sociability relative to other primates. "Probably, these two species, namely human and dogs, use the same genes for these social behaviors."

However, some experts think the study needs to be expanded to more dogs and wolves to be sure of the conclusions. With so few individuals "the associations are at most suggestive at this point," Jensen says. Kikusui suggests they look for this gene-behavior connection in other populations of dogs and more individuals.

### ■ From another study.

Being friendly is in dogs' nature and could be key to how they came to share our lives, say US scientists. Dogs evolved from wolves tens of thousands of years ago. Dogs were domesticated from wolves between 20,000 and 40,000 years ago.

This process began when wolves that were tolerant of humans sneaked into hunter gatherer camps to feed on food scraps. Over the course of history, wolves were eventually tamed and became the dogs we know today, which come in all shapes and sizes. The finding of genetic changes linked to sociability in dogs shows how their friendly behavior might have evolved.

During this time, certain genes that make dogs particularly gregarious have been selected for, according to research. This may give dogs their distinctive personalities, including a craving for human company.

"Our finding of genetic variation in both dogs and wolves provides a possible insight into animal personality, and may even suggest similar genes may have roles in other domestic

species." said Dr Bridgett vonHoldt of Princeton University.

The researchers studied the behavior of domestic dogs, and grey wolves living in captivity. They carried out a number of tests of the animals' skills at problem-solving and sociability.

These showed that wolves were as good as dogs at solving problems, such as retrieving pieces of sausage from a plastic lunchbox. But captive wolves gave humans only brief attention

Dogs, however, were much more friendly. They spent more time greeting human strangers and gazing at them, while wolves were somewhat aloof (sounds like cats evolved from wolves).

DNA tests found a link between certain genetic changes and behaviors such as attentiveness to strangers or picking up on social cues. Similar changes in humans are associated with a rare genetic syndrome, where people are highly sociable.

■ Many veterinarians and dog folks may not know about Border Collie collapse, a form of exercise intolerance in Border Collies, Australian Kelpies, and related breeds. Dogs with BCC are normal at rest, but after five to 15 minutes of strenuous exercise, they can develop incoordination and altered mentation.

Two issues of the Journal of the American Animal Hospital Association featured a study on exercise in dogs with BCC and a survey on observations of dogs with the condition.

"(BCC) is not rare and is a significant problem in the breed," said lead researcher Dr. Sue Taylor, a professor of small animal medicine at the University of Saskatchewan Western College of Veterinary Medicine, in the newsletter AAHA NEWSStat.

The only treatment for BCC is to avoid strenuous exercise, especially in hot weather, as a form of prevention. Exercise should be stopped as soon as a dog shows the first signs of a collapse, and dogs with signs should be cooled.

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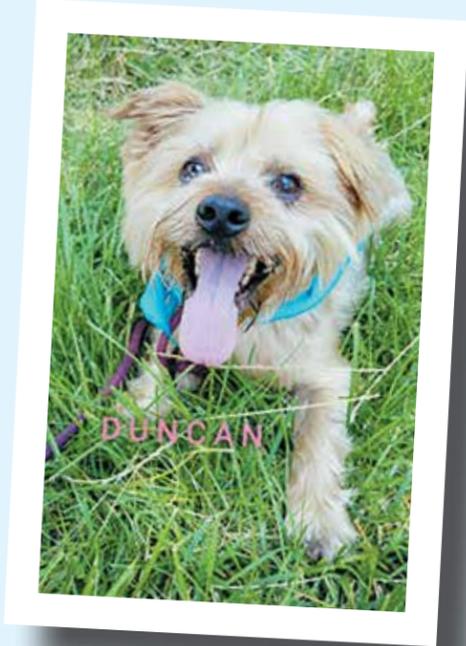


# The Pet Page

LostCatVentura.com and LostDogVentura.com are free resources for finding lost pets in Ventura County, and where you can post a notice to find your lost pet.

## Forever homes wanted

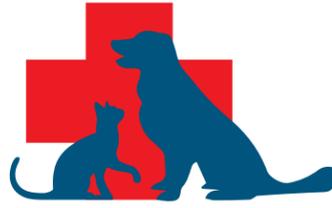
Hi: I'm Duncan, the cutest little 7-year-old Yorkshire Terrier you'll ever meet! I'm a great little guy who loves attention, running and playing. I know basic commands and I'm good with children 5 years and up. I'm looking forward to making new memories with my forever family. Canine Adoption and Rescue League C.A.R.L.



Hi : I'm Brandy if you are looking for a house rabbit to add to your family I may be the bunny for you. I'm a gentle and humble girl and want a safe and loving home. To meet Brandy and learn more about house rabbit care, visit Ventura County Animal Services at 600 Aviation Drive in Camarillo and ask for ID #A652844. Visit facebook.com/VCASBunnyBrigade.

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Sundays  
6:00 am to midnight



## News & Notes



Huey Lewis and the News will be on the grandstand stage at the Fair on Friday, August 4.

## The Fair is coming

Everyone knows kids 12 and under are admitted completely free on Kid's day at the Ventura County Fair. But this year on Friday, August 4, even grown-ups become kids again because everyone 13 and older is admitted for the regular kid's price of only \$9.00, a 25% savings over the regular adult admission price of \$12.00! Come out and enjoy all the Fair has to offer, including great rides and games, food, competitive exhibits, livestock, shopping, contests, headline entertainment, fireworks and more!

"We want to create more value and more opportunities for families with and without kids to be together at this year's Fair," said Barbara Quaid, the Fair's CEO. "What better way than with free admission for those 12

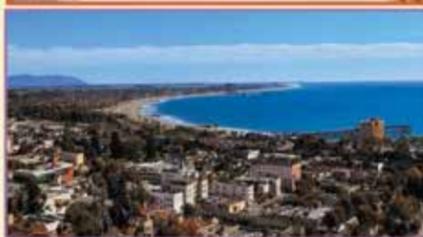
and under and kid's price for kids 13 and older?"

Many Fair departments offer special activities for kids on Kid's Day. Please visit [www.VenturaCountyFair.org](http://www.VenturaCountyFair.org) or call 648-3376 for more information.

This year, to add more value to purchasers of our unlimited ride promotion wristbands, each purchaser of a wristband will receive two free midway game plays with the purchase of two midway game plays during the unlimited ride promotion hours. An unlimited ride wristband is \$30.00 and allows the purchaser unlimited access to all rides on the midway from opening until 7:00 PM on Thursday, August 3rd, Monday, August 7th, Tuesday, August 8th, and Thursday, August 10th. With each wristband the purchaser will receive coupons good for the free midway games. Wristbands must be affixed and free game offer is good only until 7:00 PM on the day issued. Midway coupons required to purchase game plays, no cash is accepted at midway game booths.

"Our game operators are offering thousands of free game plays with this new promotion," said Barbara Quaid, CEO of the Ventura County Fair. "We are unaware of any other fair in California offering buy one get one free games in conjunction with unlimited ride wristbands." The Ventura County Fair runs August 2nd through the 13th this year but the promotion is only good on Thursdays, Monday and Tuesday. Visit [www.VenturaCountyFair.org](http://www.VenturaCountyFair.org) or call 648-3376 for more information.

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## News & Notes

### The 'C' Street / Surfrider's Point Beach Cleanup

by James Francis Gray

Mark your calendars. The next Surfrider Foundation, Ventura County Chapter cleanup is August 26th, 9:00 – 11:00 a.m. Meet in Ventura on the beach promenade at the end of California Street.

They are breaking their previous year records each month. Using 124 volunteers, last month alone, the total collection was 396 pounds of trash, including 3,500 cigarette butts and two Star Wars characters.

So for tons of fun, join in for two + hours of cleaning up.

This group is one of the most successful out of eighty Surfrider Foundation chapters in America. It's one of the best recreational opportunities in Ventura County. Bring your friends and family. Be a part of this worthwhile cause.

A volunteer, Ryan Power exclaimed, "Heads up: September 16, 2017 is the record breaking Coastal Cleanup day, the biggest volunteer event in the world!"

This vibrant chapter of volunteers, comprising of ocean enthusiasts interested in all aspects of beach management and ocean protections is waiting for you.

General meetings are every first Tuesday night of the month, 6:30-8:00 p.m., at Patagonia – Great Pacific Iron Works, 235 W. Santa Clara St. All are welcome.

Surfrider Foundation, Ventura County Chapter: serving our local community for over twenty years. For more information and details, please go to [ventura.surfrider.org](http://ventura.surfrider.org)



Trophies are awarded for classes such as the Best Hot Rod.

### Run to the Pines Auto Show in Pine Mountain Club

by Mark Bailey

From the coast to the mountains in just 90 scenic minutes. Come and visit us in the beautiful, picturesque village of Pine Mountain Club; an area surrounded with pine trees, unique shops, a general store, gas station, hotels and restaurants. The valley lies between two mountain ranges, with peaks soaring well above 8000 feet. Remember, this is the mountain; if you linger into the evening after the show is over it can cool off quickly once the sun goes down. But chances are, blue skies, a few clouds, and crisp, pine – scented air will make for a most enjoyable late summer

day! This is our 19th annual Run to the Pines Car Show!

Saturday August 12th is the event. Registration starts at 7:30am, with the event beginning at 9 a.m. and the awards presentation taking place around 3:30 p.m. Admission and parking to attend the event are free! Trophies are awarded for classes such as Best Truck, Best Mustang, Best Hot Rod, Best Muscle Car, Best Foreign Car, Best in Show, Best Motorcycle, and more. Weather in August is mild compared to 100+ in the valleys. Take a short drive for a great day of food, fun, and live music while browsing beautiful vehicles! To participate in the event, download applications from [www.runtothepinesautoshow.com](http://www.runtothepinesautoshow.com) and mail in. Pre-registration is \$25 and \$30 at the gate the day of the event. Email questions to - [info@runtothepinesautoshow.com](mailto:info@runtothepinesautoshow.com). The event is located at 16200 Mil Potrero Hwy, Pine Mountain Club, 93222. Great for all car lovers! See You There!



Applicants need to interview to be accepted to the program.

### Tender Life Maternity Home reopens

by Jennifer Tipton

Tender Life, a program of Project Understanding never really closed, but has been empty with the program "on hold" for the last few months.

After extensive restructuring, Tender Life has reopened its doors to continue to provide services to expectant young mothers who might otherwise be

without a home.

Located at 871 E. Thompson Blvd, the Tender Life Maternity Home sits right next door to City Center (the transitional living center to help the homeless), so it certainly makes sense that Pastor Jim Duran of City Center will oversee the program!

Lauren Stockton is now the live-in house manager and case manager. Lauren was a resident at Tender Life nearly 20 years ago and now she is helping others who are where she once was. "Her life has come full circle", says Pastor Jim.

Pastor Jim also stated, "women who move in are pregnant, it's not a disability, it's a part of life" and explains some of the changes to the program such as, now residents are expected to work. He realizes most have no experience with job interviews so residents are provided with a mentor to guide them, assist with transportation and are also given parenting classes. Much like City Center, Tender Life is grooming these women to be independent.

Applicants do need to interview to be accepted to the program and where 6 months of sobriety was the previous requirement, restructuring allows a much more flexible standard with 90 days now being the minimum.

The home can take 8 residents, 2 are scheduled to move in on August 4th with 2 others interviewing that same week. The plan is to have the house full by the end of August.

In addition to the house, there's a small "granny flat" on the property which has now been rented to a City Center graduate and her family, again allowing an opportunity for one success story to mentor another just starting on that path.

Originally set up to allow Tender Life residents to stay just 90 days after the baby, the restructuring makes it much easier for mamas and babies to transition into a room at City Center.

Tender Life Maternity Home receives no grants or government assistance, it is funded by churches and private donors. The biggest fund raiser is the "Walk for Tender Life" event taking place each March, but there is also "The Baby Bottle Drive" ongoing throughout the year. Both welcome all participants!

For more information call Tender Life at 653-7474.

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### A Contest

To be found in this issue when is Fairytale in the Park ?

The first correct entry will receive one ticket to the Ronald Reagan Library (value \$29.00)

Send your answer to [editor@venturabreeze.com](mailto:editor@venturabreeze.com).

## Is Your Wound Care Doctor a Surgeon? Is Your Leg Wound Slow to Heal? Time to See the Professionals....

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# Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

## Armed Robbery Arrest

On July 19 at 9:40pm, the victim was sitting in his vehicle in the parking lot of Skating Plus when the suspects drove up in a vehicle. They approached the victim and then started reaching into his vehicle and taking some of his personal property. When he protested, one suspect produced a handgun, pointed it at the victim, and took his valuables. The suspects fled the area and the victim was able to enter Skating Plus to get help and call 9-1-1.

Responding officers obtained detailed suspect information and quickly determined a possible suspect. Investigative leads resulted in officers locating the suspects in the Downtown area of Ventura. The suspects of the robbery were identified as 31 year old Santa Paula resident Terry Stephenson and 19 year old Oxnard resident Alexander Duarte, and they were found to be in possession of the victim's property that had been stolen during the robbery.

Stephenson was arrested for Robbery, Felon in Possession of a Firearm, Felon in Possession of Ammunition, and Possession of a Stolen Firearm. Duarte was arrested for Robbery. Both suspects were booked at the Ventura County Jail.

## Recovered Stolen Vehicle and Arrest

On July 19 at 3:25pm, the Ventura Police Department Command Center received a call from the victim of a stolen vehicle reporting that a relative saw the vehicle driving in the area of the 2600 block of E. Main St. Officers responded and began checking the area, ultimately finding it parked in a parking lot to the rear of Auto Zone store. One officer detained a subject, later identified as 36 year old vagrant Jason Sevier, standing next to the vehicle.

A second subject, later identified as 31 year old Andrew Renteria, fled on foot when he saw the officers patrol vehicle approaching. Additional officers began searching for Renteria, and found him several blocks away in a neighborhood and he was detained.

At the end of the investigation, Sevier was arrested and booked into the Ventura County Jail for possession of a stolen vehicle. Renteria, who was determined to be the passenger in the vehicle, was arrested and booked into the Ventura County Jail for being in possession of stolen property and providing a false name to a police officer.

## Vehicle Pursuit

On July 20 at 11:30am, an officer on patrol observed a known wanted felon driving in the area of Darling Rd. and Gardner Ave. and attempted to conduct a traffic stop on the vehicle. The subject, later identified as 49 year old Ventura resident Michael Holladay, failed to yield and a pursuit was initiated.

The pursuit continued on several residential streets, during which time Holladay drove at speeds of 60 mph on Telephone Rd. and ran several stop signs. In the area of Halifax St. and Big Horn St., Holladay exited the vehicle while it was still moving and fled on foot. He entered a nearby water culvert, which led into the Santa Clara River bottom.

Due to the heavy brush, officers quickly lost sight of him and did not pursue Holladay into the river bottom. He was able to elude the officers.

When he is located, Holladay will be arrested for felony evading. The felony warrant he currently has is also for felony evading arrest. Holladay is Post Release Offender.

Anyone with information on Holladay's whereabouts is asked to call the Ventura Police Department at 650-8010.

## Stolen Vehicle Arrest

On July 24 at 8:10am, a Ventura Police officer noticed a suspicious vehicle in the Motel 6 parking lot that matched the description of vehicle which was recently reported stolen. While the officer was attempting to confirm the status of the vehicle, the suspect, 49 year old Ventura resident Mary Filippi entered the vehicle and drove away.

Officers conducted an enforcement stop as the vehicle exited the parking lot and took Filippi into custody without incident. Filippi was later booked into the Ventura County Jail for being in possession of a stolen vehicle.

## Armed Robbery

On July 26, at approximately 10pm, the Ventura Police Department Command Center received a 911 call from an employee of Subway, 2950 Johnson Dr., reporting that an armed robbery had just occurred. The suspects, one armed with a handgun, were last seen fleeing westbound from the store on foot.

During the investigation officers learned there were two employees inside the store preparing to close, when both suspects entered the store. The one suspect armed with a gun pointed it at the employees and demanded money. He then jumped the counter. The employees started to run towards the back of the store, at which time the suspect with the gun grabbed one of them and threatened her. The armed suspect then took an undisclosed amount of cash from the register and fled from the store.

The second suspect did not display any weapons and remained on the front side of the counter. He also fled from the store.

Officers checked the area, but were unable to locate the suspects. The two employees were not physically injured as a result of this crime.

The suspects were described as follows: Suspect #1: Black Male, 20's, wearing a black sweatshirt and armed with a handgun - Suspect #2: Unknown Race Male, wearing a red striped sweat-shirt

# Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

**7-19** 2:15pm, received a report of a woman down near VWM A-dock. Officers responded and found a 30ish female transient unconscious. Ventura Fire and PD were contacted and requested to assist. Eventually the female was uncooperative and released at the scene without incident.

**7-21** 7:25pm, received a report of a sailboat aground near South Beach. Officers responded by land and found the two persons onboard safe on the beach. The sailboat was towed to Harbor Cove and the two persons sailed back to the L/R.

**7-22** 1:25am, received a dispatch to a possible gunshot victim at the Comedy Club. Officers responded and staged for

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[charangoa.com](http://charangoa.com)



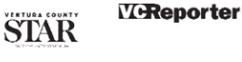
**August 12 • A Celebration of Joni Mitchell**

**Folk Rock Jazz**  
Presented by Community Memorial Health System  
Dance your own "Hejira" to Joni's poetry and songs from her soul-baring "Blue" to the infectious "Court and Spark" to the sublime "Night Ride Home" with singer Kimberly Ford and her passionate quintet. [celebrationofjonimitchell.com](http://celebrationofjonimitchell.com)

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PD. When it was clear to enter, it was ascertained that the victim was assaulted and not shot. The 24 year old male was eventually transported to local hospital for further evaluation.

5:00pm, received a dispatch to a water rescue, two capsized PWC's off Marina Park. Officers responded in the fireboat and found one person with the disabled vessel. The victim was taken aboard the fireboat and the PWC was towed to the Marina Park dock and eventually delivered to rental dock. Both victims were

released at the scene without suffering any injuries.

**7-23** 2:20pm, received a request for assistance with a water rescue at South Beach from State Parks lifeguards. Officers responded and assisted with the victim who was safely returned to shore and released without issue.

**7-24** 4:55pm, received a request for assistance with a non-compliant swimmer at San Pedro lane from State Parks officers. Patrol responded by boat and assisted with the eventual detention of the subject.



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6	4	7	3	8	2	5	9	1
8	2	5	4	9	1	6	7	3
4	7	3	5	6	8	2	1	9
1	9	6	2	7	3	4	8	5
7	6	4	8	1	5	9	3	2
9	8	2	7	3	4	1	5	6
3	5	1	9	2	6	8	4	7

**King Crossword**

Answers

Solution time: 27 mins.

A	C	T	L	A	P	C	H	E	E	R
B	O	A	U	M	A	L	E	D	G	E
A	R	M	K	A	N	G	A	R	O	O
C	G	I	E	N	D	O	W			
K	I	L	O	D	A	N	R	O	S	E
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W	E	I	R	S	S	T	P	R	Y	E



## Ventura Music Scene by Pam Baumgardner *VenturaRocks.com*

Finally!! The Ventura County Fair runs Wednesday, August 3, through Sunday, August 13, featuring tons of music in and around the fairgrounds (Seabreeze and Station stages) as well as the featured national acts on the Grandstand stage most evenings. The concerts are always included in the price of admission. Here's the schedule: Thursday, August 3, a double bill with Smash Mouth and Sugar Ray; Friday, August 4, it's the return of Huey Lewis and the News; Saturday, August 5, dust off your dancing shoes for KC and the Sunshine Band; Sunday is the traditionally Dia de la Familia and this year it features Chiquis Rivera, Noel Torres and Banda Carnaval; Monday, August 7, it's country star Billy Currington; Tuesday at 1 it's the Spinners, then 7:30 it's Kenny "Babyface" Edmonds; Wednesday, August 9, it's rock with Shinedown; and to wrap up the concert series it's Wynonna and the Big Noise on Friday, August 11. All concerts (except the Spinners) start at 7:30 pm. All music and events can be found online at [www.VenturaCountyFair.org](http://www.VenturaCountyFair.org).

Oh! Speaking of the fair, the Ventura County Fair Parade rolls down Main Street downtown Ventura Saturday, August 5 at 10 am. There's always plenty of music; I'll be hanging out on the Squashed Grapes float along with the Barrelhouse Wailers.

And speaking of Squashed Grapes, they have quite the week lined up with Lett, Mancini & Dutt on Wednesday, August 2, followed by Nees Bees featuring Nee Sackey and friends on Thursday, then it's "Organtua" on Friday with Karl Hunter, and Jimmy and Mario Calire followed up on Saturday, August 5, with Tia Brazda (from Vancouver) who has been touring all over the United States and Canada this Summer.

Music Under the Stars is in full swing and it's as popular as ever. Coming up Saturday, August 5, it's Orquestra Charangoa and then Saturday, August 12, it's a celebration of the music of Joni Mitchell. It's better to get your tickets in advance, but if you can't, be sure to check before heading out to ensure tickets are still available on the City's website ([www.CityofVentura.ca.gov](http://www.CityofVentura.ca.gov)).

Quick Notes: The Golden China is hosting a Roots 805 Jam on Saturday, August 5th with Jah Mon Soul, Ras Rebel and Rising Son; The Queens along with The Ataris and Bad Samaritans play a pop punk show at Discovery on Sunday, August 6; Toad the Wet Sprocket is at the Libbey Bowl August 6; and The Museum of Ventura County's "Speaking Of" lecture series will be featuring Fito de la Parra (Canned Heat Drummer) on Thursday, August 10.

And finally, congratulations to Night Demon who landed themselves on the same bill as Ozzy Osborne, the Deftones and Prophets of Rage when they play Ozzfest this year, November 4 at Glen Helen Amphitheater. Now that freakin' rocks!!

Do you have any music-related news or upcoming shows you want help publiciz-

ing? Please send all information short or long to [Pam@VenturaRocks.com](mailto:Pam@VenturaRocks.com), and for updated music listings daily, go to [www.VenturaRocks.com](http://www.VenturaRocks.com).

## Music Calendar

*For more events go to [VenturaRocks.com](http://VenturaRocks.com)*

### Amigos Cafe & Cantina

**546 E. Main St.  
805-874-2232**

Mondays: 6 pm Karen Eden & Bill Macpherson; 9 pm Musician's Night Out  
Tuesdays: Open Mic w/ Beer Bros.  
Wednesdays: Smokey & Friends  
Thurs 8/3: Corsican Bros.  
Fri 8/4: 5 pm Jerry Breiner; 9 pm DJ Yeti & DJ Spinobi

Sat 8/5: 5 pm Jade Hendrix; 9 pm White Vinyl  
Sun 8/6: 5 pm The Tossers; 9 pm Karaoke  
Fri 8/11: 5 pm Frank Barajas; 9 pm Los Dudes  
Sat 8/12: 5 pm Heather & J.T.; 9 pm Reign  
Sun 8/13: 5 pm Red Rhythm; 9 pm Karaoke

### Bombay Bar & Grill

**143 S. California Street**

Fridays: DJs; Karaoke  
Saturdays DJs  
Fri 8/4: Chasing Rainbows; DJs  
Sat 8/5: Twisted Gypsy; DJs  
Sun 8/6: 4 pm Operation 90s w/ Doc Rogers

### Café Fiore

**66 S. California Street**  
Wed 8/2: Bryan McCann  
Thurs 8/3: Rick Whitfield  
Fri 8/4: Soul Infusion  
Sat 8/5: Instone  
Sun 8/6: Mark Spero  
Tues 8/8: Bernie Meisinger  
Wed 8/9: Big Adventure  
Thurs 8/10: Live Wine Jan Garfinkle  
Fri 8/11: Red Muffs  
Sat 8/12: Otis Hayes

### Casa Bella

**391 E. Main Street  
(805) 340-1119**  
Music starts 7 pm  
Tuesdays: Adam Tunney  
Fridays: Encore  
Saturday: Ricky Williams

### Cask Alexhouse

**5952 Telegraph Road  
(805) 765-4201**  
Thurs 8/3: 5 pm Varon Thomas  
Sun 8/6: 4 pm Doc Ventura  
Sun 8/13: 4 pm Milo Sledge

### The Cave

**4435 McGrath Street**  
Weds & Saturdays: 5:30 - 8:30 pm Varon Thomas  
Thurs & Fridays: 5:30 - 8:30 pm Warren Takahashi

### Copa Cubana

**Ventura Harbor Village**  
Week nights 7 pm; Sundays 3 pm  
Tuesdays: Down Home Trio  
Sat 8/5: Havana Cinco  
Fri 8/11: Havana Cinco

### Dargan's Irish Pub

**593 E. Main Street**

Sun 8/6: 4 pm The Sunday Drivers

### Discovery

**1888 Thompson Blvd**  
Late Fridays 10 pm: Flashback Fridays  
Late Saturdays 10 pm: Disco Bowl  
Thurs 8/3: Herbal Rootz  
Fri 8/4: Twisted Gypsy  
Sat 8/5: Shaky Feelin'  
Sun 8/6: The Queens, The Ataris, Bad Samaritans  
Thurs 8/10: Soul Majestic, Saritah Better  
Fri 8/11: Tatanka & White Glove Service  
Sat 8/12: Through the Roots feat. Tyrone's Jacket

### Duke's Griddle N Grill

**1124 S. Seaward Avenue**  
Sat 8/5: 1 pm Rin Kon Tiki

### El Rey Cantina

**294 E. Main Street**  
Fridays: 4 pm Xoco Moraza and Friends  
Saturdays: 9:30 DJ Erock

### Four Brix Winery

**2290 Eastman Ave**  
Fri 8/4: 5:30 pm Karen Eden & Bill Macpherson

### The Garage

**1091 Scandia Avenue**  
Wed 8/2: Mobina Galore  
Sat 8/5: Flag on Fire, Aggro Mucho, The Lucky Eejits, Hilltops Rats  
Fri 8/11: Swingin' Utters, Nothington, Form Rank, Sweet Reaper  
Sat 8/12: SMD, Detained, Easy Death, Gnarly Party, TSR

### Golden China

**760 S. Seaward  
(805) 652-0688**  
Karaoke seven nights a week 9 pm  
Tuesdays 7 pm: Open Mic  
Sat 8/5: Roots 805 Jam w/ Jahmonsoul, Ras Rebel, Rising Son

### Grapes and Hops

**454 E. Main Street**  
Sat 8/5: TD Lind  
Fri 8/11: Rick Whitfield Band  
Sat 8/12: Jade Hendrix

### Hong Kong Inn

**435 E. Thompson Blvd**  
Mondays: Karaoke  
Thursdays: Gypsy Blues Band  
Fri 8/4: Hi Hat Entertainment presents Preston Smith & the Crocodiles  
Fri 8/11: Hi Hat Entertainment presents Debbie Davies & Alastair Greene

### Keynote Lounge

**10245 Telephone Road**  
Tuesday and Wednesday: Karaoke  
Thursday: Open Mic  
Sunday: Karaoke  
Fri 8/4: DJ Rick Rock  
Sat 8/5: Wired

### Made West Brewing

**1744 Donlon Street**  
Thurs 8/3: 6:30 Jeff Uzzel  
Sat 8/5: 4 pm Sea at Last  
Thurs 8/10: 6:30 pm Anna Vera  
Sat 8/12: 2 pm Foxtraxx  
Sun 8/13: 3 pm Bad Leaf

### Majestic Ventura Theater

**26 S. Chestnut Street**  
Wed 8/2: Gojira, Pallbearer, Oni

### Margarita Villa

**Ventura Harbor Village**  
Tuesdays: Dave Rea  
Fri 8/4: Forbidden Fruit  
Sat 8/5: Corsican Brothers  
Sun 8/6: Unkle Monkey

### Olivas Adobe

**4200 Olivas Park Drive**  
Sat 8/5: Music Under the Stars: Orquestra Charangoa  
Sat 7/12: Music Under the Stars: Celebration of Joni Mitchell

### Plan B Winery

**3520 Arundell Circle**  
Sun 7/23: 4:30 pm Native Vibe

### Poinsettia Pavilion

### 3451 Foothill Road

Sun 8/13: 2 pm Old Country Grass Band  
Mon 8/14: 7:30 pm Dick Parent Band

### Prime

**2209 E. Thompson Blvd**

Tuesdays: Danny D  
Fridays: Mike Moody  
Saturdays: Jessica Ash

### Rookees Sports Bar & Grill

**419 E. Main Street**

**(805) 648-6862**

Fri and Sat: Rotating DJs

### Saloon BBQ

**456 E. Main Street**

Fri 8/4: Anchor & Bear  
Sat 8/5: Jungle Cats  
Fri 8/11: Danielle Stacy  
Sat 8/12: Sea at Last

### Sandbox Coffeehouse

**204 E. Thompson Blvd  
805-641-1025**

Thurs 6 pm, Weekends noon  
Thursdays Open Mic  
Sat 8/5: Susan Lucas  
Sun 8/6: Ryan Gelinias  
Sat 8/12: Kat Kennedy  
Sun 8/13: Dennis Russell

### Sans Souci

**21 S. Chestnut**  
Sundays: DJ Darko  
Mondays: Karaoke  
Tuesdays: DJ Nick Dean  
Wednesdays: Open mic  
Thursdays: DJ Spinobi  
Fri 8/4: Orange Blossom Special

### Squashed Grapes

**2351 E. Main Street**  
Music 7-10 pm  
Wed 8/2: Lett, Mancini & Dutt  
Thurs 8/3: Nees Bees  
Fri 8/4: Organtua (Karl, Jimmy & Mario)  
Sat 8/5: Tia Brazda

### Star Lounge

**343 E. Main Street**  
Tues: Karaoke  
Thurs: DJ Trolvbe  
Fri 8/4: Bloody Reunion  
Sat 8/5: The Flailingtons  
Sun 6/8: Bomba Fiya  
Fri 8/11: CRV  
Sat 8/12: The Automatics feat. RJ Mischo  
Sun 8/13: Herbal Rootz

### The Tavern

**211 E. Santa Clara Street  
(805) 643-3264**  
Sundays: DJ Steezy Steve  
Tuesdays: Karaoke  
Metal Wednesdays  
Get it Right Thursday DJs  
Fri 8/4: DJ Aycers  
Fri 8/11: DJ Steezy Steve  
Sat 8/12: Rich Sheldon

### Ventura Fairgrounds

**10 W. Harbor Blvd  
Grandstand Stage**  
Thurs 8/3: Smashmouth, Sugar Ray  
Fri 8/4: Huey Lewis and the News  
Sat 8/5: KC & the Sunshine Band  
Sun 8/6: 3 pm Noel Torres, Banda Carnaval, Chiquis Rivera  
Mon 8/7: Billy Currington  
Tues 8/8: 1 pm The Spinners; 7:30 pm Kenny "Babyface" Edmonds  
Wed 8/9: Shinedown  
Fri 8/11: Wynonna & the Big Noise

### Vintura at the Wine Rack

**14 S. California Street  
(805) 653-9463**  
Thurs 8/3: Andy D.  
Fri 8/4: Sheldon & Cunnane  
Sat 8/5: Kevin Langdon & Friends  
Sun 8/6: Epitome of Dreams  
Thurs 8/10: Jason Ho  
Fri 8/11: Spectrum  
Sat 8/12: Paul Mars Black  
Sun 8/13: Sarah & Pablo



Local artist **Laura Walter** will be the featured Artist of the Month at the Harbor Village Gallery and Gifts, 1559 Spinnaker Dr. New nature-inspired watercolors, and hand-dyed silk scarves will be on display during August. For more information email [laurawalter@juno.com](mailto:laurawalter@juno.com) or call the gallery at 644-2750.



Ventura artist **Noel Diotte** has finished his amazing wetlands mosaic located by the Ventura "ponds."

On his site he says "Wetlands Mosaic is done.... except polishing, scraping old glue, grout. May make a ceramic Lizard on the top....the butterfly flew to the ground....shattered!"

Would you like to know where this is located? [Editor@venturabreeze.com](mailto:Editor@venturabreeze.com) will tell you.

Photo by **Pam Baumgardner**.



In May of 1999, the City Council established the Municipal Art Acquisition Program to document the history of visual art in Ventura through the annual purchase of important works of art created by area artists. The collection provides increased access to art of the highest quality and of distinctive merit through its display in the public areas of City Hall and other municipal buildings. The 2004 pastel by **Bill McEnroe** (1922-2015) can be enjoyed in the art collection in the corridors at City Hall.



Vita Art Center presents **Jennifer Wolf** *The Color Of Things* Opening Reception Friday, August 5 from 6-9 p.m. Exhibit Dates August 5 - 27 from 6-9 p.m.

Interested in communicating ideas of history, place and nature in her art practice, Jennifer Wolf utilizes a combination of hand ground natural pigments, historic techniques and modern painting mediums to capture the pure essence of color.

Jennifer Wolf received her BA in Art History from UCLA and her MFA from Otis College of Art and Design.

Vita Art Center 432 North Ventura Ave., Studio 30. [www.vitaartcenter.com](http://www.vitaartcenter.com)



Sign Up for Free Young Artists Class at Buenaventura Gallery!

Youth ages 8-14 are welcome to sign up for a free class on Saturday, August 12, 1-3pm.

"All the Shades of Gray" will teach youth how to create drama with contrast and texture in painting. **Nancy Horwick**, a member of Buenaventura Art Association and a gifted oil

painter and former teacher in Ojai, will be teaching the class. There is a limit of 10 students, so make your reservations right away.

All materials provided. Call 648-1235, or email [kitty@buenaventuragallery.org](mailto:kitty@buenaventuragallery.org). Located at 700 E. Santa Clara St.

Future classes:

September 9th: "What Would You Look Like If You Were a Butterfly?" with Dorothea Heger

October 14th: "Design with Mosaics", with Helle Scharling-Todd

November 4th: "Pine Cone Collage", with Meryl Goudey



Kids' Arts is excited to announce that Teresa and Eric of Duke's Griddle 'N Grill on Seaward Ave. won the auction bid at \$800.00 for the Kids' Arts surfboard at the Surf Rodeo event on July 16!! We thank you for your generous support through the years. They will "hang" the board at Duke's for all to admire. Thanks, also, to Tim Reeser of Tribal Surfboards who shaped the board and donated it to Kids' Art for the kids to decorate with their ocean theme and JD Drury of Surf Rodeo for naming Kids' Arts as one of the beneficiaries of the event and supporting their mission to provide visual and performing arts classes for children.

Kids' Arts is a nonprofit children's art center that has provided free creative arts classes to children, 5-14 years old, for 25 years in Ventura. Visit them on Saturday mornings from 10:00 - 12:00 at 295 S. Arcade Dr. and let your creativity soar.

That's them with Lynne Thurston from Kids' Art. Call 628-9150 for more information or at [www.kidsartsventura.org](http://www.kidsartsventura.org)



# Lighter Breeze

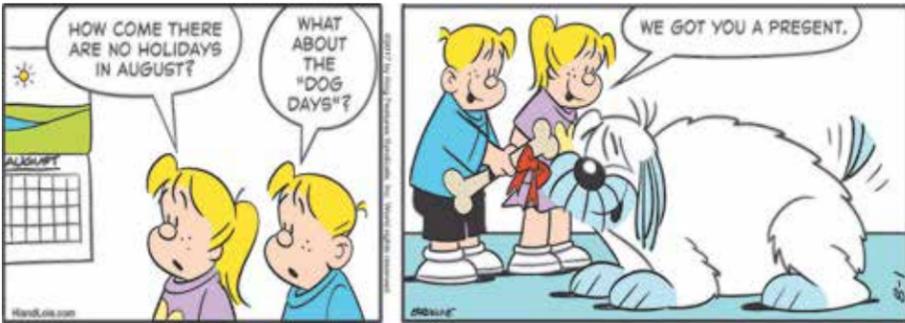
Mother Goose and Grimm



Barney Google and Snuffy Smith



Hi and Lois



Croak



Arctic Circle



Moose and Molly



Solutions on page 19

**(For a beginners guide to playing Sudoku go to [venturabreeze.com](http://venturabreeze.com))**

2			5			6		
		9			7	3		
6	4		3					1
		5			1	6		3
4				6				9
	9		2				8	
7				1	5			2
	8				4	1		
		1	9				4	

**Weekly SUDOKU**  
by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦♦**  
♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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Solutions on page 19

## King Crossword

**ACROSS**

- 1 Several scenes
- 4 Track circuit
- 7 Root for
- 12 Feathery accessory
- 13 Actress Thurman
- 14 Sill
- 15 Branch
- 16 Joey and his parents?
- 18 Hi-tech SFX
- 19 Be philanthropic
- 20 Contraband measure
- 22 Author Brown
- 23 Got up
- 27 Vast expanse
- 29 Successful horticulturist
- 31 Upright
- 34 Pint fraction
- 35 Hitting sound
- 37 Plead
- 38 Gardener, at times
- 39 Hosp. section
- 41 Sharpen
- 45 Poe topic
- 47 Scale mem
- 48 Dime portrait
- 52 Mid-afternoon, in a way
- 53 Trip around the world?
- 54 Lawyer's due

1	2	3		4	5	6		7	8	9	10	11
12				13				14				
15				16			17					
18				19								
20			21		22				23	24	25	26
			27	28			29	30				
31	32	33						34				
35					36		37					
38					39	40			41	42	43	44
				45				46		47		
48	49	50	51							52		
53							54			55		
56							57			58		

- 8 That girl
- 9 Tokyo's old name
- 10 Id counterpart
- 11 Scale members
- 17 Talent show prop
- 21 PBS curmudgeon
- 23 Coarse
- 24 Possess
- 25 Moment
- 26 Before
- 28 And the like (abbr.)
- 30 Fish eggs
- 31 Biblical verb suffix
- 32 Pi follower
- 33 Lamb's dam
- 36 Chicken —
- 37 Ammo unit
- 40 Staff leaders?
- 42 Wickerwork willow
- 43 Loud
- 44 Upper crust
- 45 Wagers
- 46 Pace
- 48 Tier
- 49 Raw rock
- 50 Sapporo sash
- 51 Round Table address

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and exciting emotional experience. **LIBRA** (September 23 to October 22) A new contact opens some doors. That's the good news. But there's a caution involved: Be sure you protect your rights to your work before showing it to anyone.

**ARIES** (March 21 to April 19) A strong social whirl brings a new round of good times to fun-loving Rams and Ewes. Cupid also is busy aiming arrows at single Lambs hoping for a heart-to-heart encounter.

**TAURUS** (April 20 to May 20) A romantic incident could take a more serious turn if the Divine Bovine considers meeting Cupid's challenge. Meanwhile, a professional opportunity also is about to turn up.

**GEMINI** (May 21 to June 20) A bit of hardheaded realism could be just what the Twins need at this emotionally challenged time. Face the facts as they are, not as you want them to be. Good luck.

**CANCER** (June 21 to July 22) Many opportunities open up. But you need to be aware of their actual pros and cons. Check them all out and make your choice from those that offer more of what you seek.

**LEO** (July 23 to August 22) A more stable situation begins, allowing you to feel more secure about making important decisions. Meanwhile, be sure to meet your project deadline so you can move on to other things.

**VIRGO** (August 23 to September 22) Congratulations. A new personal relationship thrives as you learn how to make room in your busy life for this wonderfully warm

**SCORPIO** (October 23 to November 21) A former colleague might seek to resume a working partnership. Ask yourself if you need it. If yes, get more information. If no, respectfully decline the request.

**SAGITTARIUS** (November 22 to December 21) Good times dominate your aspect. So why not have a party to celebrate a loved one's success? And do invite that special person you want to know better.

**CAPRICORN** (December 22 to January 19) The shy side of the Sea Goat soon gives way to your more assertive self. This should help you when it comes time to speak up for yourself and your achievements.

**AQUARIUS** (January 20 to February 18) A new period of stability will help you deal with some recently reworked plans. Once you get your current task done, you can devote more time to personal matters.

**PISCES** (February 19 to March 20) Things are finally much more stable these days, so you can restart the process of meeting your well-planned goals with fewer chances of interruption or delay.

**BORN THIS WEEK:** You love being the brightest light wherever you are, and people love basking in your warmth and charm.

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# Show Time

## Dunkirk

by Manuel Reynoso



Breeze rating from 1 to 4 palm trees, 4 being best.

*Dunkirk* is a 2017 war film written, co-produced and directed by Christopher Nolan. The film stars: Fionn Whitehead, Tom Glynn-Carney, Jack Lowden, Harry Styles, Aneurin Barnard, James D'Arcy, Barry Keoghan, Kenneth Branagh, Cillian Murphy, Mark Rylance and Tom Hardy.

Following three separate perspectives, *Dunkirk* explores the great evacuation of over 300,000 men when they became stranded on the beach of Dunkirk during WWII.

Survival and sacrifice, pride and humiliation, valor and cowardice; *Dunkirk* was the quintessence of suspense through mimesis. Told through three separate stories, in the land, the sea and the air, we see the evacuation of Dunkirk unfold for the British. Through non-linear storytelling, dramatic sound mixing, and the reliance of action opposed to dialogue, Christopher Nolan's *Dunkirk* has to be one of the most suspenseful films I've ever seen.

From the first opening moments, Nolan's reliance on dynamic sound mixing took center stage in creating the suspense that I felt deep in my gut. The feeling of watching thousands of cationic men, defeated and tired, switch into full survival mode the instant the roar of planes fly overhead was terrifying. Even more visceral was the return of their malaise stupor the moment the bombs cease their carnage. The contrast between the quiet respite and thunderous mayhem creates a sudden and dramatic audio cue for the viewer. Any feeling of relief or ease you may have while watching can be flipped off in an instant, the moment the roar of the ME 109 fills the theater. And believe me, I mean no hyperbole when I say it fills the theater. The audio is mixed so loudly, that those with hearing sensitivities may even want to consider bringing protection. But the tension and suspense gained from this mixing makes any temporary tinnitus honestly worth it.

One of the most interesting aspects Nolan's films is how disjointed they are. Told from three separate perspectives, the film does not follow direct causality of the events transpiring at Dunkirk. Instead, the film jumps between the separate perspectives, each of which can overlap or even take place moments prior to the previous perspective. Normally, this can be confusing and difficult to follow, especially due to how often they jump forwards and backwards in time relative to each other. But the genius lies in this film's editing and strong visual cues to create markers for which the event happen around. These visual aids help keep the viewer grounded and aware, where in time these events are taking place.

Lastly, today's relevant filmmaking related word of the day is mimesis. I know I've gone on about it before, but mimesis is storytelling through action rather than through exposition. It's just in my opinion the stronger, more visceral way to tell a story, and Nolan's *Dunkirk* really hammers home how powerful this could be. For me personally, the single most captivating part of the entire film is seeing the relationship form between private Tommy and Gibson

develop with no dialogue being shared between them. You see a relationship born and grow through the adversity these two men face, and it's an amazing experience. This alone makes *Dunkirk* one of the best films of the year to me.

*Dunkirk* is a frightening experience to be had. I don't think I've felt a movie give me this type of cinematic anxiety for years, but *Dunkirk* is not to be missed. Whether it's the great editing, unique storytelling, or dynamic audio mixing, there is something to be learned about the film-making process from this movie. All I have left to say is simple, go see *Dunkirk*. Rated R 1h 47m

### A View from House Seats

## Billy Elliott Dances into Simi

by Shirley Lorraine

*Billy Elliott, the Musical* is the current offering by Actors' Repertory Theatre of Simi, now playing at the Simi Valley Cultural Arts Center. Based on the 2000 film, the staging features music by Elton John with lyrics and book by Lee Hall. Hall also wrote the screenplay for the film.

The story takes place in England and centers around Billy, young son of widower Jack Elliott, a coal miner. The family has been struggling to make ends meet since the death of Billy's mother and now find themselves amid a union strike at the mines. Through a chance opportunity, Billy joins a ballet class and discovers that he both enjoys dance and has a talent for it. However, his father thinks he is taking boxing lessons. Emotions run high as his father comes to grips with Billy's ambition to pursue dance, fearing that his own masculinity will be questioned by the other miners.

The Simi staging, directed by David Ralphe, provides a raw look at the values of family, community, unity and ambition. Peppered with talent both onstage and on the creative team, the production is a standout in the season. The cast uniformly handles the challenging accents well throughout, even though sometimes the words were hard to make out due to the unfamiliar phrasing. The gamut of emotions is covered, bringing anger, joy, surprise and even tears in all the right places.

One word of caution – the language used in script and song for both the adults and the children may shock some. However, the crude unsophisticated language is fitting for the setting, the situation and the characters.

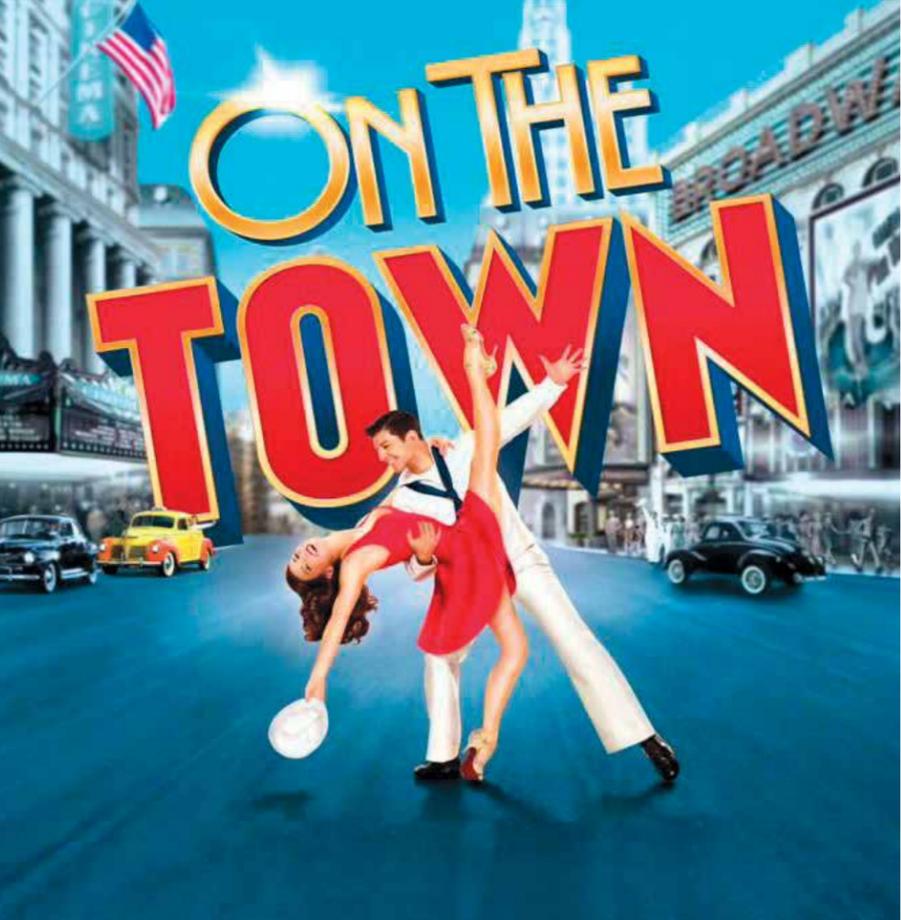
The title role of Billy is played by Marcello Silva, who displays triple-threat skills. He has a strong singing voice, is a quite competent dancer in both ballet and tap, and carries his role with skill and confidence.

The large cast features solid performances by all, most notably Andy Mattick as Dad, Kayla Bailey as Dead Mum and MarLee Candell as Mrs. Wilkinson, the jaded ballet school teacher.

Stellar character roles are imbued with energy and depth. Kathleen Silverman plays it up as Grandma and Adam Womack kicks up his heels in a hysterical display of artistic expression. Noah Godard offers surprises as Billy's friend Michael, including some fancy footwork.

Choreography by Becky Castells is creative. Even the miners and the police are given their turns to add a few steps, all

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well done. The cadre of young ballet girls pirouette and point with excitement and varying capability befitting their young ages. They complement Billy's obvious dance training nicely.

A large orchestra provides more than ample sound which the actors must work to overcome in places, even with microphones. With the orchestra in front of the stage, patrons in the first few rows of seats will doubtless strain to hear the dialogue.

*Billy Elliott* won't appeal to everyone due to its argumentative style. However, the characters pull you in and envelope you in the end. It is a performance well worth attending.

*Billy Elliott* continues through August 27. Simi Valley Cultural Arts Center, 3050 Los Angeles Ave, Simi Valley. \$25 general admission, \$22 seniors and students, \$18 children 12 and under. 583-7900, simi-arts.org.

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One hour treatment time based on shoulder length hair and light infestation

## What's the risk of my child getting infected with "super lice," and what's the best way to treat them?

by **James M. Steckelberg**  
M.D., *The Mayo Clinic*

Treatment-resistant head lice aren't a new problem. Dubbed "super lice," these lice are simply head lice that are becoming more resistant to the active ingredients in many common head lice treatments.

Unless resistance has been seen in the community, medications containing 1 percent permethrin or pyrethrins should be the first choice of treatment for active lice infestations. It's important to understand that although some over-the-counter (OTC) treatments may no longer be as effective as they once were, these first line treatments still work the majority of the time when used correctly.

Common reasons head lice treatments may not work include:

Not using the treatment correctly. Reapplying the treatment too soon, too late or not at all may result in continuous infestation. Follow treatment instructions carefully.

Misdiagnosis. What appears to be a lice infestation may actually be dandruff, scabs or clothing fibers. An itchy scalp may be a sign or symptom of dry skin or another skin condition.

Reinfestation. Although you or your

## This 'n' That

child may have been treated correctly, you or your child may become infested again from another infested person.

If the correct use of an OTC treatment has failed and you're still finding lice and their eggs, your health care provider may prescribe a stronger treatment regimen, as this may be a sign of treatment-resistant head lice.

A number of home or natural remedies are used to treat head lice infestations, but there is little to no clinical evidence of their effectiveness.

For parents looking at alternative treatment methods, the Lice Clinics of America uses a Food and Drug Administration-cleared machine that uses one application of hot air in an attempt to kill head lice and their eggs through dehydration. The machine requires special training and is currently available only at professional lice treatment centers. A regular hair dryer should not be used to accomplish this result as it's too hot and could burn the scalp. The machine uses air that is cooler than most hair dryers and at a much higher flow rate to kill the lice by drying them out. For more info please visit [www.LiceClinics805.com](http://www.LiceClinics805.com).

a-kind collection of Ventura County history and art, which includes the County of Ventura Historical Collection.

Attract an expanded audience to diversify who the museum serves, where the museum provides programming and how the museum engages its audience in museum activities.

MVC exhibitions tell the story of the County's past and celebrates the art and artists of our community. It operates two museums, the Main Street Museum and the Agriculture Museum in Santa Paula, as well as the MVC Research Library.

In the past five years, MVC has faced significant operating deficits. In an effort to operate the County's two most important historical museums, MVC board and staff have worked to reduce costs and expand both earned and contributed revenue, and still faced a budget gap.

"With widespread community support and funding from the County and City, we're optimistic that our reorganization plan will be successful and the Museum will continue to be a major asset to our community's quality of life," Brokaw said.

### City Council to give Museum \$125,000

*Continued from page 1*

return with either potential sources of funding or cuts. City Manager Mark Watkins said the money could come from the general fund reserve which the council is trying to build up to equal three months' worth of operating expenses.

They agreed that the new half-cent sales tax should not be used to help fund the Museum.

The approval also stipulated that the Museum provide a detailed budget and plan for how it will change the way it operates, as well as meet fundraising milestones.

The Ventura County Board of Supervisors has approved (4-1 with Peter Foy the no vote) a one-time contribution of \$125,000 to help fund the Museum's reorganization plan to stem a five-year trend of deficit spending and create a new business model.

The Museum's Board Of Directors will meet to set a course to accomplish what the City and County stipulated.

In part Elena Brokaw Interim Executive Director, Museum of Ventura County stated "With deep gratitude to our community, I'm delighted to report to you that yesterday the Ventura County Board of Supervisors approved a one-time contribution of \$125,000 to help fund the Museum of Ventura County's reorganization plan to stem a five-year trend of deficit spending and create a new business model for the museum."

"This giant step forward means the museum will be able to implement an aggressive capital campaign and strategic plan for a sustainable operational mode, all while we continue to deliver fresh programming to the community and visitors."

Including:

A capital campaign to secure an \$8 million endowment within the next five years.

Engage a museum consultant to help develop an improved business model that incorporates the endowment income and reduces dependence on private donations.

Assess, inventory, catalog and properly house the museum's one-of-

### Marine killed in air crash returned

*Continued from page 1*

aircraft's debris scattered in a radius of nearly 5 miles. The Marine Corps said the plane originated from Marine Corps Air Station Cherry Point, North Carolina and it was unclear what caused the crash.

The motorcade bringing Cox's body home started Sunday evening July 23 at Los Angeles International Airport. His remains escorted by the Patriot Guard Riders, and officers from the Santa Paula Police Department where he lived. Ventura County Firefighters lined up on freeway overpasses paying their respect for the deceased marine.

Cox's remains were met by members of Cox's family and 50 or more supporters lining the route. Many displaying America flags and some displaying Marine Corps flags.

Some were not familiar with Cox, but all wanted to show their support and pay respects to the family. Todd and Lori Walker said, "We are here to show our support for him and his family" Many of the supporters were veterans, but not all, several non-military supporters were there to support as well. President Donald Trump weighed in via Twitter saying "Marine plane crash in Mississippi is heartbreaking. Melania and I send our deepest condolences to all!"

The casket of Staff Sgt. Cox was carried into the Ted Mayr Funeral Home in Ventura after arriving from Los Angeles International Airport. A contingent of Marine honor guards escorted the body, after a brief ceremony.

Cox was born in Ventura and attended school in Fillmore, Ventura and Thousand Oaks. He enlisted in the Marine Corps when he was a senior in high school. Deployed to Afghanistan, Iraq, and Lebanon. While deployed Cox earned awards for service, including Combat Action Ribbon, and a Navy and Marine Corps Achievement Medal.

A memorial service for Cox was held on Saturday, July 29 at the Church of Jesus Christ of Latter Day Saints at 3501 Loma Vista Road. A funeral service followed the memorial service at Pierce Brothers Santa Paula Cemetery.

## Person to Person

by **Jennifer Tipton**

### Do you think medical marijuana businesses should be allowed in the City of Ventura?



**William "Bill" Moran age 54**  
**Real Estate Sales and Finance**

"That's such a hot topic - in general, I'm opposed to the legalization of marijuana, it's an intoxicating drug that we don't need. We're lowering our standards and losing the difference between right and wrong, everything's becoming tolerable - we're living in a moral abyss."



**Trevor Morgan age 22 works at Salzer's Records**

"Good question, I think it should be allowed and here's why - residents have been very hesitant to have legal marijuana in the City due to an increase in crime that it might bring, that's a short-sided view and the bigger picture isn't being seen."



**Mattie Richardson age 35**  
**Manager at Salzer's Records**

"I lean more toward medical marijuana for people dealing with pain management, anxiety, Parkinson's and seizures because I've seen opiate addiction."



**Jill Guertner age 53**  
**Teacher**

"I never thought I'd say this but, yes for some it's a necessity for medical relief. I have personal experience with someone who needs this for chronic pain and sleep issues, it's the only thing that's worked."



**Jonell McLain age 71**  
**Real Estate Broker**

"Absolutely! I think it's a proven fact that it's safer than most of the pharmaceuticals, it's the will of the people (to make it legal) and politics that keeps it away. I don't believe it's a gateway drug and it should be regulated like alcohol. Not to mention the tax revenues!"



**Marc Abbink age 54**  
**Actor**

"I don't think so, even though I think medical marijuana has its purpose, I don't think dispensaries would be a good thing to have in Ventura. I think it would have a criminal element and attract a lot of undesirables to our city."