

Ventura election coverage!

FREE

VENTURA BREEZE

Your Hometown Paper

Vol. 10, No. 1 Published Every Other Wednesday Established 2007 October 12 - October 25, 2016



"Does that mean if MEASURE "Q" passes that we are out of jobs?"

Are you ready for elections? Will anyone be?

In November we will be inundated with many things to consider and to vote on. So that you can start thinking about Ventura's ballot issues here they are.

MEASURE "N" - ELECTIONS ISSUES - CHARTER AMENDMENT - Shall the proposed amendments to Sections 505, 703, and Article XI of the City Charter, to have the selection process for the City Council determined by Ordinance, have the selection of the Mayor and Deputy Mayor occur in even-number years following regular City Council elections, and eliminate the Ventura Unified School District's election process from the City Charter, thus making them subject to state law, be approved?

MEASURE "O" - CITY CLEAN WATER/ BEACHES/STREETREPAIRS/SAFETY MEASURE - To help protect local water supplies, rivers, beaches from pollution; maintain City services, including: fire, paramedic, police emergency response; keep all fire stations open; repair streets; earthquake retrofit bridges; address homelessness; maintain after-school programs, services for seniors, veterans, youth; shall the City establish a 1/2 cent sales tax for 25 years, providing approximately \$10,800,000 annually, require independent audits, citizens oversight, and all funds used locally?

MEASURE "P" - INITIATIVE ORDINANCE EXTENDING OPEN SPACE, AGRICULTURE, AND HILLSIDE LAND USE CHANGES BY VOTER APPROVAL TO 2050 - Shall the initiative ordinance extending open-space, agriculture, and hillside land use changes by voter approval to 2050 be approved?

MEASURE "Q" - TERM LIMITS FOR CITY COUNCIL - CHARTER

Continued on page 26



Is there a noticeable positive improvement on the Promenade? Photo by George Robertson.

Ventura Park Ambassadors provide safety and security

by City staff and the Downtown Ventura Partners

There's a noticeable positive improvement in our parks downtown - an uptick in visitors and programs that show we value public places and desire to make them safe for all to enjoy. One of the best

ways to keep our parks safe and friendly is to use them frequently. Committed to this goal, the City of Ventura, in collaboration with Downtown Ventura Partners

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Leo Tauber, MD and his family at the David Fainer, MD Awards Dinner

Fainer/Tauber, MD Awards

In 1992, the Ventura County Medical Resource Foundation (VCMRF) presented the First Annual Fainer Awards and the health care



community came together to commemorate the life of the late David Fainer, MD who served as role model and mentor for many in the medical community. An exemplary and empathetic professional, Dr. Fainer was known for his motto: "The secret of the care of the patient is in caring for the patient."

At the First Annual David Fainer, MD Awards Dinner the Foundation honored physician Emeritus of the Year, William J. James, MD who was Ventura County's First Neurosurgeon. The second year, Leo Tauber, MD was honored as the Ventura County Internist, and in 2004, Dr. Fred Gunn, Jr. was honored as the Physician of the Year.

At the Fourth Annual event the community honored a Physician Emeritus, Physician of the Year and Nursing Award and the following years more worthy professions in the health care arena were recognized for their contributions to the community.

In 2013, The Board of Directors added Dr. Leo Tauber's name to the event. Dr. Tauber, along with four other fellow physicians founded the Buenaventura Medical Clinic in 1950 and formed the Medical Research Foundation - today known as the Ventura County Medical Resource Foundation.

On Thursday, August 18 at the historic Lloyd-Butler Estate, VCMRF held the 23rd Annual David Fainer, MD & Leo Tauber, MD Awards Dinner.

Continued on page 27



This is the future entrance to the Ventura Botanical Gardens.

Ventura Botanical Gardens announces Fall Trail Festival

Join the Ventura Botanical Gardens on Saturday, October 22 from 10 a.m. to 2 p.m. for the first ever Fall Trail Festival—a family-friendly opportunity to enjoy the outdoors, learn about nature and celebrate the fall season in ghostly style.

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education stations to teach visitors about wildlife, geology and local culture. A bird-watching station will be open to lovers of our fine-feathered friends. Guided trail tours, wildflower seed sowing, and other hands-on activities will also be available. Guests will have a

Continued on page 26

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[Http://IntegrativeWellnessExpo2016.Eventbrite.com](http://IntegrativeWellnessExpo2016.Eventbrite.com)

Business

Mark and Kathy Hartley have closed Watermark on Main/W2O Rooftop Lounge

Mark and Kathy Hartley, owners of the building at 598 E. Main Street and of the restaurant Watermark, have finalized plans to lease the building to the Ortiz family of the reputable El Pescador Restaurants. The family, who owns and runs 24 restaurants, will introduce Limon Y Sal, their new concept for “modern” Mexican food.

The Hartley’s bought the building, which dates back to the 1920s, and transformed it into a classic masterpiece. Throughout the restaurant and rooftop lounge there is a blend of old and new. Three large priceless murals depicting the Camino Real from in the ’20s overlook the dining room. The bank vault dates back to the late twenties and the early thirties. Hartley added the 3rd floor contemporary W2O. Such recording artists as Kevin Costner, Leanne Rimes, Jimmy Messina, and Kenny Loggins have played in the past few years.

“It’s been a fantastic ride!” claims Hartley. “We want to thank our dedicated employees and our loyal customers, many of whom have become friends. We are excited to be able to spend more time with our out-of-town family and focus on our core businesses and philanthropic endeavors.”

Hartley is in the music business and has an office in Ventura and in Nashville. The Hartley’s are owners of the Lavender Inn in Ojai, part owners of the Star Lounge in Ventura, and have other real estate investments.

visionary genius, a superior product and social, mobile, and video advertising.

Enter The Trade Desk. The Trade Desk started out in 2009—quite literally at one desk—in the Ventura Ventures Technology Center, the City of Ventura’s business incubator, located behind City Hall. Before long, they moved on to occupy several desks, then, an office suite, an entire floor, and on to offices all over the world.

“The Trade Desk powers the most sophisticated buyers in advertising technology. Founded by the pioneers of real-time bidding, The Trade Desk has become the fastest growing demand-side platform in the industry by offering agencies, aggregators, and their advertisers best-in-class technology to manage display, social, mobile, and video advertising campaigns,” according to their website.

The Trade Desk recently started trading on the NASDAQ. Shares were expected to be priced at \$14 - \$16 per share. However, they opened at \$28.75 per share because of strong investor interest. By the end of day one, their stock had jumped 67% and the company’s value had risen to over a billion dollars.

Their list of awards reads like a millennial’s career bucket list....Entrepreneur’s Top 25 Company Cultures, Deloitte’s Fast 500, Forbes Magazine’s America’s Most Promising Companies, Outside Magazine’s Best Places to Work, just to name a few. In seven years, the company has grown to more than 387 employees and has offices in major US cities such as L.A., San Francisco, Boulder, Chicago, and New York and international offices in London, Hamburg, Hong Kong, Seoul, Singapore, Tokyo, and Sydney. But their headquarters remain in Ventura and the Ventura Ventures Technology Center was the catalyst that helped make this happen here instead of somewhere else.

Other companies that were launched in the City’s incubator have also gone on to be successful, such as Connexity and MomentFeed. However, after these companies “graduated” from the incubator, they established their headquarters in other cities. Incubators can be effective at helping to launch companies but there is no guarantee that when their business gets off the ground, they will choose to stay where they hatched.

And that is what makes The Trade Desk
Continued on page 19

Enter The Trade Desk

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An official Chamber of Commerce ribbon cutting ceremony was recently held at Island Creations in the Ventura Harbor Village. Owners Jo Hawthorne and Alioune Diouck cut the ribbon as Chamber members, City Councilmember Christy Weir, Harbor merchants welcomed them to Ventura. Island Creations is a laid-back seaside boutique offering a collection of stylish, hard to find Tropical and Afro-Caribbean clothing and accessories. 1591 Spinnaker Dr. #113 www.IslandCreationsVHV.com. Photo by Richard Lieberman.



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 Friday, October 14th - #FIRESTONEFRIDAYS ft WISHBONE
 Saturday, October 15th - PINTS AGAINST PLASTICS FT. NEW KINGSTON, SENSAMOTION & AFTER THE SMOKE
 Thursday, October 22nd - HULA ANYONE PRESENTS MELE'UHANE
 Friday, October 21st - NO DUH - TRIBUTE TO NO DOUBT
 Saturday, October 22nd - DISC-O-TOWN HOEDOWN
 Thursday, October 27th - YELLOWMAN
 Friday, October 28th - TRAPT
 Saturday, October 29th - HALLOWEEN 2016: DAWN OF THE DREADS ft. ARISE ROOTS, IYA TERRA & ITAL VIBES

Thursday, November 3rd - JOSH HEINRICH & SKILLINJAH
 Friday, November 4th - THE EVERLY BROTHERS EXPERIENCE
 Saturday, November 5th - PACQUIAO VS. VARGAS FIGHT
 Saturday, November 5th - KATASTRO
 Friday, November 11th - THROUGH THE ROOTS
 Saturday, November 12th - UFC ALVAREZ VS. MCGREGOR FIGHT
 Saturday, November 12th - INSPECTOR & LOS CALIGARIS
 Thursday, November 17th - MIKE PINTO (ACOUSTIC)
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– Debbie Golden, Ventura School Board Member

Ed is endorsed by former VUSD Superintendents Trudy Arriaga and Joseph Spirito, both Ventura Teachers and Service Professionals and many education and community leaders. See website for full listing.

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Paid for by: Ed Summers for Ventura School Board 2016 FPPC#1383382

City News



I have been honored to serve on the Ventura City Council the past 5 years

by Cheryl Heitmann for City Council

Ventura is a very special place. I am running for re-election because I am committed to preserving our unique quality of life and rich natural environment. Planning for our future will require creative, common sense thinking and the right kind of effective experienced leadership that I bring to the council. I am a proactive council member who sees a problem and works towards a solution.

I have been honored to serve on the Ventura City Council the past 5 years, two as Mayor, 2013-15 and am only the 3rd woman to serve as mayor in 150 years. Prior to serving on the City Council, I was Board President of the Ventura County Community College District and Executive Director of the Ventura Music Festival. I have a Master's degree in Social Work and was a small business owner for over 25 years.

As the chair of the Council's economic development subcommittee, I helped draft Ventura's 5-year economic development strategy. I will continue to work on creating more jobs and expanding our high tech incubator

space. The recent success of the Trade Desk, which started in our incubator space, has grown from 2 people to an international company with hundreds of employees, demonstrates how important it is to “grow our own companies”.

Concerned about our aging population, I recruited a group of interested residents to form the Ventura Council for Seniors to advise the Council on needed services and develop a strategic plan for seniors.

Homelessness is one of our most intractable issues. Working with Assemblywoman Irwin we have been able to secure land at no cost to the city to build housing for homeless Veterans.

Hearing from many people that our downtown parks and the promenade were feeling unsafe, I proposed and successfully advocated for our park ambassador program to provide a more comprehensive/compassionate approach to a cleaner and safer downtown.

Balancing our growth with our water supply will continue to be critically important. It requires careful planning, while developing additional water sources. We must also continue to tackle the infrastructure needs of a 150-year-old city and ensure that we are providing adequate public safety.

My ability to listen and collaborate with others delivers results. This is reflected in the wide variety of groups including the Ventura Police and Fire Associations, the Ventura Citizens for Hillside Preservation, the Chamber of Commerce, Tri Counties Central Labor Council and many others who endorse me.

Through my “Coffee with the Mayor” effort, I heard the love for our city as well as the concerns. I am committed to continue working with you to find the best ways to ensure we are maintaining our quality of life and the integrity of our neighborhoods.

My website is www.re-electcherylheitman.com or email me at cheryl@cherylheitmann.com. I am #5 on your ballot and would be honored to have your vote.

NOVEMBER 8
YOUR VOTE
COUNTS
CITY OF VENTURA
cityofventura.net/election



VENTURA BREEZE

Your Hometown Paper

Member, Ventura Chamber of Commerce

The Ventura Breeze is your free local community newspaper published every other Wednesday and circulated throughout Ventura and to many locations in Ojai and the Channel Islands Harbor located in Oxnard.

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The Ventura Breeze is printed with soy based ink on paper with minimum 40% recycled content.

We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words

Sheldon:

Once again Sheldon you got a smile out of me instead of a groan with your comment concerning your dislike of the initiative process. Involved voters causing a vote to go to the people? An abuse of power? Hardly.

Sometimes politicians are not able to put one foot in front of the other without tripping, because they overlook little things like..... logic for instance. The public then has to pick up the slack. Costly yes. Necessary most of the times, yes. Unnecessary sometimes, yes, but can you imagine what would happen otherwise?

Opinion/Editorial



Sheldon (Governor) Brown
Publisher-Editor

■ The Ventura Breeze celebrates another year. This is number nine for the Breeze, - our first issue was Oct. 24, 2007.

When Staci Brown and I launched the Breeze, we didn't know if Venturans would accept a very locally focused newspaper or if Ventura needed one. It turns out both of these things were true. Thankfully, Ventura has embraced the Breeze.

I would like to thank our wonderful and dedicated readers, our fabulous advertisers who keep us in business and our unbelievable dedicated staff (our "family").

All of the "Breezers" deserve a wonderful thank you. And I'd like to extend a special thanks to three who have been with the Breeze from day one: Writer Rebecca Wicks, senior advisor Suz Montgomery and Alfred J. Lewis of studioNothing who designs the paper (and also acts as my personal therapist by always telling me "don't worry we will get the issue out").

Also, I want to extend a very sincere thank you to Breezy Gledhill whose perseverance, and enthusiasm, selling ads keeps us afloat.

Thanks to Cindy Summers for making huge improvements, and maintaining our website and to Jaime and Ana Baker for setting up and managing the Breeze booth at the many great events we attend each year and much much more.

Last, but not least, I want to give a special thanks to my wife Diane who no longer says to me, "Are you nuts getting up to write at 3am?"

Unfortunately, a sad end to year nine was the sudden passing of **Jim Spencer** who was a well-known local attorney, and, with wife Shirley, wrote our theater reviews (see page 25). Shirley has decided to carry

on their family tradition and will continue to write the theater reviews. Jim will be very much missed.

■ The juxtaposition of two articles on the cover of our last issue reflects on life itself. One article was about the 95th birthday celebration of art patron **Helen Yunker** and the other is the passing of art patron **Sandra Laby** at 78.

■ This will be Ventura's first ever even-numbered year **elections** to coincide with state and federal elections. It will be interesting to see if the voter turnout will increase, it is usually very low.

The Ventura Breeze is not officially making recommendations, but these are my personal opinions because I have been asked to express



Partial cover of our first issue.

them. My opinion really isn't any more important than anyone else's, but here they are.

Here's how I am voting on the **four measures** (there's more detailed explanations of them on the cover).

MEASURE "N" - the selection process for the City Council - YES
MEASURE "O" - 1/2 cent sales tax for 25 years - I have been vacillating back and forth on this one so better decide right now. YES, but I understand why many are opposed to it.
MEASURE "P" - extending open-space - NO - I think we have this covered already.
MEASURE "Q" - term limits: three full four-year terms - YES, YES, YES.

Mailbox

That's one good reason to install term limits. Career politicians (including ventura politicians), get bad eyesight the longer they are in office. They keep tripping on logic.

Mike Art

Sheldon

I read the current issue and thought you did a great job on the Susan Laby article. I hope you write as nice a one when I go.

John Ferritto

Who is this again?

Dear Sheldon:

Thanks so much for supporting A Whirl Of Merriment (FOTM fundraiser)! I'm pleased that you and Diane could join us.

Your ongoing reporting on the Brooks incident is very much appreciated. You have a nose for news and I know that your interest in covering the truth about this poorly executed plan has helped to bring the public's attention to it. Keep up the good work!

Your ongoing support of Focus on the Masters is very much appreciated.

Sincerely,

Donna Granata

Founder & Executive Director



Dear Editor,

I attended the Scamp for President Rally with glee. There I found a tidy crowd consisting of Scamp's campaign manager (in a Hawaiian shirt!), his Pawblic Relations committee, loyal sign

City Council Candidates:

Voting for Cheryl Heitmann - Has been an outstanding councilmember and mayor so deserves another term.

Christy Weir: As stated above, I believe in term limits and Christy would exceed them so to be sincere about my belief I will not be voting for her. If you don't believe in term limits you certainly won't go wrong voting for her. She has been an outstanding councilmember and would continue to be.

I like the following three because of their experience, the diversity that they would bring to the Council and their **AGES**. Age is very important to me because we have an aging City Council. I understand that younger members might have more limited time they can commit to the council because they might be working full time, but we need them. I'm going to be sneaky here and say I'm voting for two of them (but you will never know whom).

Matt LaVere

Jeannette Sanchez-Palacios

Lorrie Brown

■ I must comment again about one of the 17 State propositions on the ballot (215 pages of information, how absurd). Proposition 60-Adult Films, Condoms: Whose job will it be to monitor compliance? If it's a new enforcement position, how many people would sign-up for the job (or volunteer)? Will they be there with cameras to take pictures of any non-compliance performers to show as evidence to potential jurists? I know many who would pay to be on the force.

■ Just need to share this. I was part of a class action law suit against **AT&T** and just received a check for \$0.07 (yes 7 cents). It probably cost several dollars to prepare and mail it. "Void if not presented for payment within 180 days of issuance" it said. Hope my bank can cover it.

twirlers heralding oncoming traffic to vote and "bark" their support, confounded furry companions, and the candidate himself sporting a giant red bow tie.

Missing or course was the running mate, "Savana the Cat", or is it asleep-on-the-job mate?

Lyn Fairly

KVTA News Talk Radio 1590 AM

Sheldon

My wife Barbara is forcing me to write you again, despite my writing you already with my opinion. Now she wants me to give you her opinion. Ain't love grand!

She has a beef with the downtown parking situation and the news racks. Priority goes to the parking situation. Years ago the city council convinced the public that all those free parking lots down town were adequate, but as we all found out, a very valuable one was

Continued on page 27

I like long walks, especially when they are taken by people who annoy me.

- Noel Coward



MEDICARE Informational Meeting on “How Medicare Works”

presenting special guest, *Judy Daniels, Regional Director at Berwick Insurance Group*

An opportunity for Ventura County Medicare members to learn the facts about Medicare benefits & Healthcare Choices.

FREE to the public!

Camarillo - 10:00am - 11:00am

Identity MSO
751 Daily Dr. Suite #120
Wednesday, October 26, 2016
Wednesday, November 30, 2016

Oxnard - 10:00am - 11:00am

St. John's Regional Medical Center
1700 N. Rose Avenue
1st Floor Training Room 2 & 4 (by Cafeteria)
Wednesday, October 19, 2016

Ventura - 10:00am - 11:00am

Marie Callender's
1295 S. Victoria
Wednesday, October 12, 2016
Wednesday, November 9, 2016
Wednesday, November 16, 2016

Santa Paula - 10:00am - 11:00am

Santa Paula Hospital
825 N. 10th Street
Administrative Conference Room
Wednesday, November 2, 2016
Wednesday, December 7, 2016

Your reservation is requested as seating is limited.

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Light refreshments and snacks will be provided.



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City News



Retired business executive

by Dave Grau for City Council

I'm a veteran, a retired business executive with a degree in accounting, and a taxpayer advocate. I think it's time for a change in City Government. It's time to get back to common sense: making sure the city is fiscally responsible, small business friendly, and tough on crime.

After serving in the U.S. military, I had a successful career in manufacturing, aerospace and agriculture. I've been active in non-profits helping veterans and the homeless. I serve on the board of directors of the Ventura County Taxpayers Association, an organization that supports reforms that bring greater efficiency and taxpayer savings to local government. I also spent two years serving on the Grand Jury.

I'm not a career politician, but we don't need career politicians right now, we need common-sense people with real

life experience. We need new ideas, new energy, and new people who are not tied to the same business as usual way of running city government.

I believe we can improve public safety and fund infrastructure improvements without hurting our local businesses by increasing sales taxes. I'm running on these issues:

Taxes: No on Measure "O" (Sales Tax increase) There are times when raising taxes is an absolute necessity. This is not one of those times.

Public Safety: The #1 responsibility of government is to keep its citizens safe. We need to make sure law enforcement is provided full and consistent funding.

Economic Vitality: I support making Ventura a place that attracts good paying jobs again. We need to make it easier to start and expand a business, hire more people, or re-locate a business here. Economic vitality is not achieved when misguided elected officials give "preferential treatment" to Brooks, costing taxpayers millions.

Water: The city's water policy is failing our residents. City policy relies largely on reducing demand by constantly raising rates (Ventura has the highest water/wastewater rate in the county) while ignoring opportunities to increase supply. For example, while eight cities in Ventura County rely on state water for some or all of their water, Ventura receives none. And every year City Council pays \$2 million of taxpayer money to the State for the "right" to water - water Ventura never receives.

I want to be your city council-member to bring back common sense to our city. It's time for a fresh face, someone with real life experience and who under-

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 Hany Fouad, MD

Fillmore
 Mikael Hakansson, MD
 Logan Bundy, MD
 Raymond Menchaca, MD

Oxnard
 Micah Dickey, DO

Ventura
 Angelika Deloa, MD
 Robert Dodge, MD
 Geoffrey Loman, MD
 Robert Moffatt, MD
 Charles Murphy, MD

Santa Paula
 Micah Dickey, DO
 Evelyn Dowell, MD
 Christina Hofer, MD
 Alan Lyne, MD
 Alexander Meyer, MD
 Jon Schrock, MD
 Jeffrey Tubbs, MD
 Michael Tushla, MD
 Gary Wikholm, MD

INTERNAL MEDICINE

Camarillo
 Jian Anna Chen, MD
 Naser Jamal, DO
 David Mescher, MD
 Megan Mescher-Cox, DO
 Jocelyn Napod, MD
 Mark Stokols, MD

Oxnard
 Gary Deutsch, MD
 David Mescher, MD
 Megan Mescher-Cox, DO

Santa Paula
 Cynthia Caffrey, MD
 Jian Anna Chen, MD
 Robert Dekkers, MD
 Gary Deutsch, MD
 Bora Kim, MD

PEDIATRICS

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 Andrew Sledd, MD

Newbury Park
 Robert Dekkers, MD

Oxnard
 Imelda Deforest, MD

Santa Paula
 Janelle Bohl, MD
 Robert Dekkers, MD

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 Jeffrey Miller, MD
 Anna Mikhailovsky, MD

Fillmore
 Amelia Breckenridge, MD

Moorpark
 Erik Bezema, MD
 John Ippolito, MD
 Amy Jones, MD
 Kristina Mueller, MD

Oxnard
 Alejandro Andrade, MD
 Preston Arndt, MD
 Allison Blaze, MD
 Lisabeth Carlisle, MD
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 Nicole Kehoe, MD
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 Anthony Walls, MD

Simi Valley
 Suneeta Choudhary, MD
 Sheila Flom, MD
 Ashmeeta Kapadia, MD
 Amy Lin, MD
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Thousand Oaks
 Paulo Carvalho, MD
 Ted Darden, MD
 Kang Seong, MD
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Community Events

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Key community leaders endorse Sabrena Rodriguez for School Board

by Sabrena Rodriguez for School Board

A growing number of Ventura officials, educators and community members have endorsed Sabrena Rodriguez in her campaign for one of two open seats on the Ventura Unified School District Board of Trustees next month.

“Sabrena Rodriguez has spent the past decade volunteering at every level of the school district, which makes her uniquely prepared to help govern it as

a school board member,” said Debbie Golden, who has served on the board for the past 18 years and is not seeking re-election.

Golden joins a list of prominent community leaders who have endorsed Rodriguez, including: Assemblymember Das Williams, Ventura County Supervisor Steve Bennett, Ventura mayor Erik Nasarenko, current school board president Barbara Fitzgerald, former Ventura Unified superintendents Dr. Trudy Tuttle-Arriaga and Dr. Joe Spirito, and many current and retired principals, teachers and school personnel.

Over 10 years, Rodriguez has collaborated daily with educators and parents to improve public schools. She helped create and implement the district’s multi-million dollar Technology Plan, as well as the Arts and Music Master Plan. She was influential in determining priorities for the district’s new budget framework, called the Local Control and Accountability Plan.

Rodriguez currently advises the district as a member of the Parent Advisory Council and the Parcel Tax Oversight Committee and is president of the non-profit Ventura Education Partnership, which raises private money for classrooms citywide.

The mother of two current students at Ventura and Foothill Technology high schools, Rodriguez said she and her husband, physician Dr. Andrei Bobrow, believe active participation in local schools can help every child reach their full potential.

“Education of our community’s youth is critical to building a successful future for the citizens of Ventura,”

Continued on page 8

NEWS

GoVentura.org

Ventura County Transportation Commission

Ride the Oxnard-Camarillo Connector

New bus line to Camarillo Outlets will open October 15

VCTC will open the Oxnard-Camarillo Connector, a new bus route linking South Oxnard to the Camarillo Premium Outlets, on October 15. Whether you're an employee or a shopper, the new route will make it easy to access Ventura County's most popular shopping destination with travel times comparable to driving. No more searching for parking at the mall! Check goventura.org for updates.

VCTC and CSUCI host successful Student Transportation Summit

Eighty students, professors and transportation experts gathered at California State University Channel Islands (CSUCI) on Sept. 28 for the first-ever Transportation & Environment Summit. Free to all college students in Ventura County, the event highlighted career opportunities and featured a lively panel discussion about the links between transportation, the environment and economics. Visit goventura.org for information about future VCTC events.

Bicycle Wayfinding Workshops Scheduled for October

VCTC will hold two public workshops in October to solicit feedback on its Regional Bicycle Wayfinding Plan. The plan designates important regional bike routes, specifies design rules for wayfinding signage and prioritizes gaps in the County's bike network for future improvement. Cyclists of all ages and ability levels are invited to attend a workshop and give their input on the plan. More details about workshop times, dates and locations at goventura.org.

Ventura County Transportation Improvement Plan is now Measure AA

The Ventura County Transportation Commission (VCTC) unanimously approved bringing the Transportation Improvement Plan to the voters this fall. Learn about Measure AA, the plan to provide sustainable public transportation; improve safety and traffic flow on the 101 and 118 freeways; maintain local streets and roads; keep fares affordable for seniors, veterans, and persons with disabilities; and ensure accountability for taxpayers at keepVCmoving.org. The future of Ventura County is in your hands.

@GoVCTC



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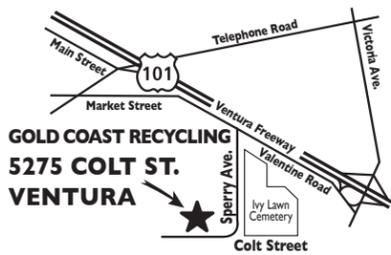


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City News

Sabrena Rodriguez

Continued from page 7

she said. “We need our young people to be challenged to think, encouraged to evolve and grow, and empowered to take action in the global and local community.”

Rodriguez believes the school district should focus on building strong foundations for students in reading, math and science, while increasing their technology skills and ability to work well with diverse groups of people.

Adapting to new challenges during an era of rapid change will be paramount for students, staff and administrators and for the community of Ventura, she said.

“Our schools will need a board that understands this new dynamic and can help to create a vision to achieve this for all students, regardless of their circumstances,” she said.

For more information, go online at www.sabrenarodriguez.com.



I have a unique background and set of skills

by Jeannette Sanchez-Palacios for City Council

I'm Jeannette Sanchez-Palacios. I'm running for city council because I have a unique background and set of skills that would be valuable on the city council. I am a Latina with a desire to bring a multi-faceted perspective to our council.

Serving constituents in Ventura for more than a decade has given me firsthand understanding of our community's needs. It has also allowed me to cultivate strong working relationships with different levels of government. Because of those relationships City Mayor Erik Nasarenko, County Supervisor Steve Bennett, Assembly members Das Williams and Jacqui Irwin, State Senator Hannah-Beth Jackson, and other community leaders are supporting me.

In addition to serving in leadership roles with organizations like Ventura County Women's Political Council, El Concilio, and working with Youth Groups, my experience in the California State Assembly gives me insight on how to solve problems through local government. Councilmembers or mayors themselves have reached out to me to help navigate the system.

Considering some of your most pressing issues, here are my thoughts:

The Drought: We need to look at long-term solutions, such as recycled water and drought-tolerant landscaping. Connecting to State water is not a permanent solution. Instead, investing on efficiency and recycling is more reliable and cost effective in the long run.

Workforce Housing: Droughts don't change the need for housing. I strongly support redeveloping existing projects to include more workforce housing so people who work here can also live here. Projects

with business units that can add housing units allow more needs to be met. Creating vibrant communities and resulting in more housing units getting into the market sooner.

Older population: We are living longer and it is estimated that by 2050, older adults will have outnumbered all children under the age of 14 for the first time in human history. With this in mind we have to look at Initiatives that focus on areas such as having a reliable transportation system to get around, ensuring our streets and sidewalks are walkable and encouraging social inclusion between our younger and our older populations.

Economic Development & Our Youth: Technology is one of the largest growing sectors and a key component to our future. I support collaborative work among the City and local networks, like VC STEM – a network of companies, universities, and government agencies, aimed at developing ways to enhance STEM education for students from pre-school through college with input from all cooperating agencies. If Ventura wants to keep thriving and have businesses stay, move or start here, we need to keep our talented youth in our community. Let's help prepare them to be the workforce that's needed to support a strong economic force in our community.

The council determines our quality of life now and later; and it dictates the future. I hope to, in collaboration with the entire council, bring positive changes and continue enhancing Ventura's quality of life for our population as a whole.



I want to be the change I want to see in my city

by Michael Graves for City Council

Michael Graves was inspired to run for City Council after volunteering for Bernie Sanders and campaigning to be a DNC Delegate. “I want to be the change I want to see in my city. I want to ensure the decisions of the City Council are truly representative of the various and diverse communities in Ventura.” Graves said. “I was shocked to learn that in a city that is 30% Latino, there has never been a Latino on the council.” Graves, who is Mexican, Spanish and Cherokee lives in Midtown with his wife, daughter, and their rescue cat, Hercules. As a Special Needs Attendant, he works with adults with disabilities to help them reach their personal goals.

Graves understands the struggles of Ventura's working middle-class families, and the impoverished. For part of his childhood, his family was forced to live in a homeless shelter due to his father's “poor priorities.” After a while they settled into San Diego's barrio, Logan Heights. This experience built a strong sense of compassion towards individuals who are often overlooked in our society, be they disabled, homeless, or living with mental illness.



City News

"Homelessness is an economic issue, not a criminal one," said Graves. He feels the same about people struggling with drugs and alcohol. "Labels like 'addict' or 'chronically vagrant' only strengthens the concept of 'Us vs Them'. These are people that need our help, not our judgement."

That sense of compassion is the reason he is a very vocal supporter of Prop 64, the Adult Use of Marijuana Act. "My grandfather is in the late stages of prostate cancer. He was wasting away... in so much pain. Medical cannabis brought him back from the brink." Graves mentions his friend, an Iraq Veteran, who returned home with a severe neck injury and a few less vertebrae. "He used to live in constant pain, even while using highly addictive opioids. Cannabis relieves his pain without doping him up. Now he can earn a living and has a great quality of life."

Going further, Graves wants Ventura to roll back the bans on Medical Marijuana Dispensaries. "I have clients whom are disabled, who can't drive. They shouldn't have to rely on a stranger coming into their house just to get their medication." While other council members fear marijuana stores would increase crime, Graves cites government statistics that show otherwise.

"Local delivery drivers are being robbed of cash and product, yet Colorado has seen a decrease in crime and DUI's." Removing the ban would also increase tax revenue for the City's law enforcement, youth programs and environmental restoration.

Graves also supports Prop 59 to overturn Citizen's United, Prop 61 to keep medications affordable, and SOAR.

"I find it offensive that the people of Ventura are being asked to pay more taxes, while at the same time council members want to double their own income. I'm doing this for the people, not for the money."

Chamber recommendations for coming elections

The Ventura Chamber PAC interviewed candidates for the Ventura City Council. All ten candidates were invited to participate in the endorsement process. The following candidates are endorsed by the business group's PAC.

Matt LaVere

David Grau

Cheryl Heitmann

"We endorsed these 3 candidates for their knowledge and understanding of city government, solutions-oriented posture, and demonstrated commitment to follow-through on issues important to the business community," said Steve Greig, Chair of the Ventura Chamber PAC. "These candidates understand that job creation and development are critical to Ventura's economic vitality."

The Ventura Chamber PAC also interviewed candidates for the Ventura Unified School District Board. All seven candidates were invited to participate in the endorsement process for the two open seats. The following candidates are endorsed by the business group's PAC.

Don Wood

Lou Cunningham

"We were impressed by the qualifications and thoughtful perspective of all of the candidates that we interviewed. Each appreciates the importance of the partnership between schools and the business community, which helps make Ventura a great place to live and promotes a qualified local workforce. Ultimately, we endorsed

Don Wood and Lou Cunningham for the unique expertise and experience they can bring to the position. They have demonstrated commitment, leadership and a collaborative solutions-oriented approach to the challenges that face the school district," said James Perero, 2016 Ventura Chamber Board Chair and Chamber PAC Trustee.

The Ventura Chamber of Commerce Political Action Committee (PAC) has a twelve member Board of Trustees who share the Ventura Chamber's values for business and economic prosperity. Their mission is to seek out, endorse and support candidates for public office at the City and County levels who support free enterprise, believe in fiscally responsible government and whose views represent the interest of both the private and public sectors of the economy.

City classes

City of Ventura Barranca Vista Imagination Center classes check out hundreds more on our web-site. Call (805) 658-4726 or 805-654-7552 to register, if you already have an ACTIVENET account online, visit www.cityofventura.net. Classes and events held at the Barranca Vista Center, 7050 Ralston Street, unless otherwise noted.

Mine, Craft, Build Adventure Game 5-11 years

10/15 Sat 10 am-12 pm \$30 #6755

No prior experience with Minecraft® or LEGO® is necessary! Bring Minecraft® to life with LEGO®! Mine for resources, then use them to build special items for our adventures!

Photography with Brent Russell Paull 16 years-adult

10/22 Sat 9-10:30 am & 3-5 pm \$65 #7151

In the morning tour and photograph the Olivas Adobe, 4200 Olivas Park Dr. In the afternoon learn/use techniques to process, crop and edit those images.

Beginning Argentine Tango 18 years-adult

10/26-12/7 Wednesday 6:30-7:30 pm \$69 #7075

You will tango on the dance floor in no time with our "true basics in six weeks" class. No class 11/23. Instructor Patricia Monico. Classes held at House of Dance, 3007 Bunsen Ave, Suite E.

Friday Fitness Party! 16 years-adult

10/28-12/9 F 6:15-7:15 pm

\$40 or \$7/day #7386

Join us and dance, body condition and cool down to fabulous music. Bring mat and water. Walk in fee of \$7 is due at start of class. No class 11/25. Certified Zumba® Instructor Dala Sondors.

Friday Night Tap 12 years-adult

10/28-12/2 F 6:30-7:30 pm \$40

#6822

Get great exercise and improve your balance while learning the basic tap steps, combinations and routines set to upbeat rhythms and music. Classes are progressive but designed for the beginner dancer. Tap shoes and exercise-type dancewear are required. No class 11/11 & 11/25. Classes held at the Billy Clower Dance Studio, 75 MacMillan Ave in Ventura.

Morning Zumba 18 years-Adult

\$40/\$65 for both days

10/31-12/5 M 8:45-9:45 am

#7381

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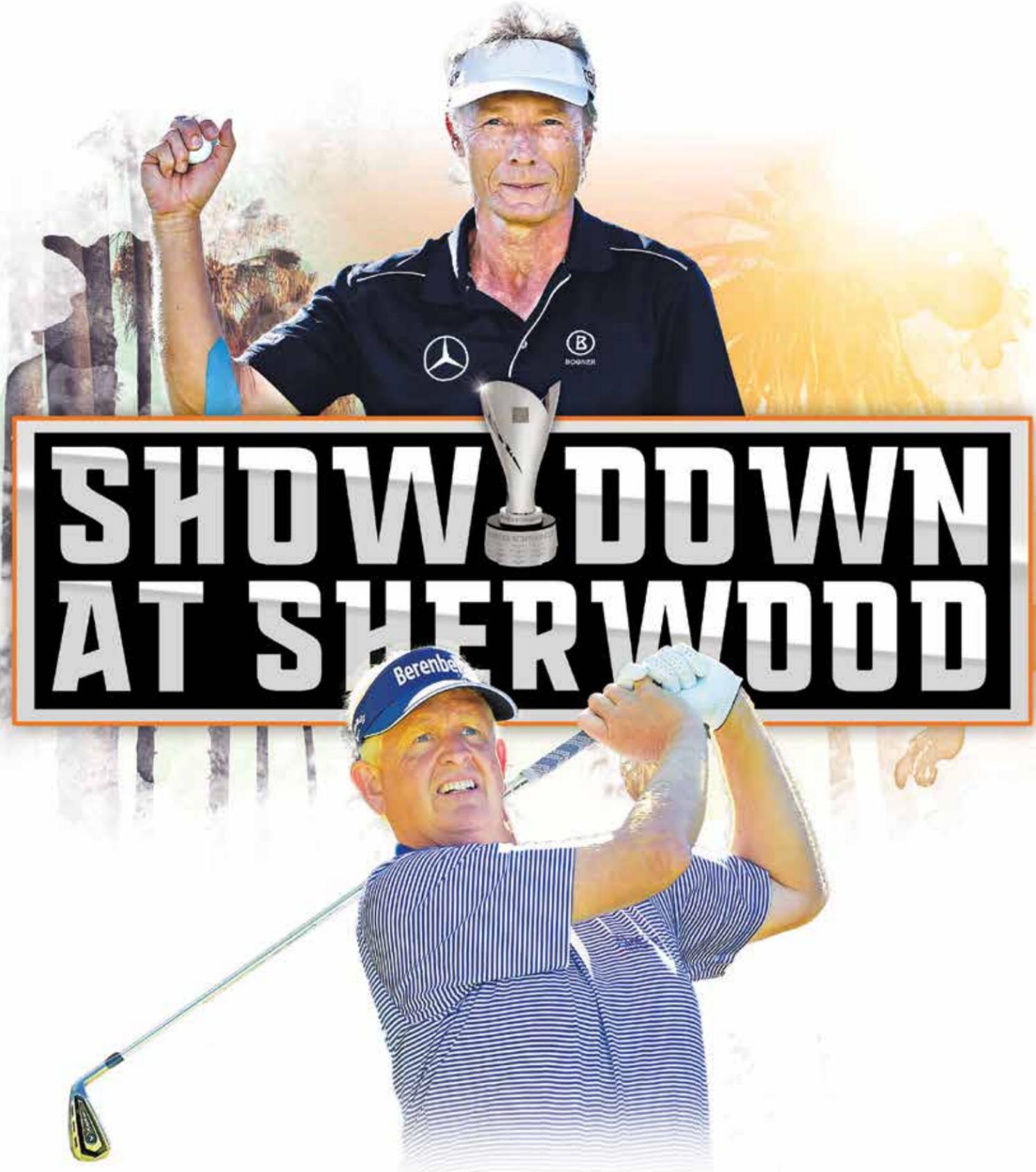
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Community Events

Experience golf's legends and more at the PowerShares QQQ Championship

The greatest golfers on the PGA TOUR Champions schedule are set to descend upon Sherwood Country Club October 28-30 for the inaugural PowerShares QQQ Championship, the first event in the new season-ending Charles Scwab Cup Playoffs series. Fans are sure to witness exciting competition as these legends of golf compete for their spot to further advance in the Playoffs, when the field of 72 golfers is cut to just 54 that move on to the Dominion Charity Classic in Richmond, VA.

Equally compelling for spectators, the tournament will offer a multitude of events and venues to experience while watching the action. It all kicks off on Thursday with the "Community Champions Day", an event that's open to the public as a public celebration to the week ahead. The day will feature a tennis exhibition (9-11 a.m.) with Andy Roddick, James Blake, Jim Courier and Mark Philippoussis, a free golf clinic (1-2 p.m.) with PGA TOUR Champions players and a chance to experience some of the premium food and beverage available during tournament week.

From seafood to the classic grilled cheese, the tournament has it covered all week with a host of options from local food trucks including Baby's Badass Burgers, The Grilled Cheese Truck, Good to Go Juice and Shrimp vs. Chef. Fans are also encouraged to stop by the StoneHaus Wine Lounge, which is slated to be the place to be once competition rounds start. Located at the driving range, the lounge offers prime viewing of the players as they practice.

What's even more rewarding is the access that the tournament is offering to youth and military. All youth 18 and younger will receive complimentary Grounds admission when accompanied by a ticketed adult. In addition, the PowerShares QQQ Championship is offering complimentary Grounds admission and hospitality during the tournament for all active duty, reserve military members, military retirees and their dependents along with complimentary admission for veterans.

While at the PowerShares QQQ Championship, all military guests will be treated to complimentary food and beverages and up-close views of the action in the Patriots' Patio presented by Frontier Communications, a military-exclusive venue located on 9 green.

There will also be a Military Recognition Ceremony held Saturday, October 29 at 7:00 a.m. that will also be open to the public. The ceremony on 1 tee will feature a national anthem and color guard to honor military in the Thousand Oaks and Ventura County areas.

The tournament has made great strides in offering access to these great events to the public, but also to local organizations and deserving charities. The PowerShares QQQ Championship started the "Buy Now, Give Back" program to offer a ticket to charities through the Sherwood Cares Foundation, with every ticket purchased by fans.

"We've had the vision of making this a truly community-centric event," said O.D. Vincent, Executive Director of the PowerShares QQQ Championship. "With venues and events that celebrate the best of our area, we really do have something for everyone."

Tickets are available on PowerSharesQQQChampionship.com.

More than 40 exhibitors offering the best treats in Ventura

The Ventura Chamber of Commerce presents the 6th Annual "Taste" at the Museum of Ventura County on Thursday October 20th.

More than 40 of Ventura's finest restaurants, caterers, wineries, breweries, bakeries and confectioners will be featured at this popular event. Live music, mixology and cooking demos will complement the mix, as guests mingle in the courtyard and main space of the Museum of Ventura County.

Doors open at 5:30pm and the event goes until 8pm.

The advance ticket purchase cost is \$40 for Ventura Chamber members and \$50 for the general public. Tickets can be purchased by going to www.venturachamber.com/taste2016 or by calling

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643-7222. Pre-registration is encouraged; guests can receive an additional \$5 discount per ticket if purchased by October 15.

Event sponsors include Museum of Ventura County, Ventura Auto Center, Ventura Rental Party Center, Kaiser Permanente, WSPA, Union Bank, Gold Coast Acura, Ventura Community Bank, Ventura County Star, CAPS Media Center, Gold Coast Broadcasting, Luners Production Services, VC Reporter and the Ventura Breeze.

The Ventura Chamber of Commerce is a membership based organization that advocates on behalf of the business community. With nearly 700 members, representing more than 25,000 employees locally, the Chamber engages on a variety of issues that help to drive a strong local economy as The Voice of Business.

Opera Santa Barbara to open season with Bizet's 'Carmen'

Opera Santa Barbara will open its 2016-17 season with a colorfully electrifying production of Carmen, Georges Bizet's enduring tale of love and jealousy set amid the vibrant, unruly streets of 19th century Seville. Performances will take place at 7:30 pm on Friday, November 4, and at 2:30 pm on Sunday, November 6, in the historic Granada Theatre. Ranging in price from \$29 to \$204, tickets can be purchased at www.granadasb.org or by calling 899-2222.

Directed by Octavio Cardenas, Opera
Continued on page 20

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Video Voter in the CAPS Media studio.

Almost election time

by Elizabeth Rodeno CAPS Media

Channel Six's schedule is brimming with election programming. From several forums to a featured program on the ballot propositions to our Video

Voter program, you can get informed and meet the candidates who will serve Ventura's community. Video Voter is our unique program that features both the candidate's platform, shared by the candidate themselves and a question and answer program segment where they get to answer hard hitting questions about the city and the school district. It is a great way to become informed. The crew works very hard to produce these programs, bringing out the truck with director, graphics and audio crew. The camera crew works very hard to be sure you don't miss a thing. It is a great opportunity for our interns and volunteers to get out on location and show what they can do.

We are back in gear with the VUSD's Mayor for a Moment where we meet an exceptional student, hear their story and learn about their school. Every month

News & Notes

during the school year we meet a new student. Business of the Month and City Stories are moving ahead. CAPS has the opportunity to share a local business's development in the city, who they are and what makes them special. In the past we have featured Mortgage Couch, Main Street Meats, Project Understanding and Fast Signs to name a few. Let us not forget the coverage of City Council, Design Review, Historic Preservation and Planning Commission meetings we broadcast live. We also broadcast the Ventura Unified School District meetings and rebroadcast the Board of Supervisors meetings so you get full coverage of Ventura's inner workings. In the event you missed any of them, they are rebroadcast on channel 15. Check our schedule.

Evan is hard at work building the low power FM station KPPQ-LP right

here in Ventura. We have a special opportunity to share local content, bring local voices and explore Ventura via the airwaves. It will be a great compliment to our television channels. Bring your interest, knowledge and ideas to us to share with our community.

CAPS Media is a membership organization, we support our members' creativity and share their voice through training and mentorship. Their voice and yours are part of the story covered by CAPS and all media in Ventura. Check out our social media pages including Facebook, Twitter, Instagram and You Tube. View it all on our frequently updated website. A yearly membership at CAPS is only \$25, a best bargain for media fans, students and organizations to share your story. Go to www.capsmedia.org or call 658-0500 for more information.



Darren Gonser is a 16 year veteran of the Arthritis foundation California Coast Classic Bicycle Tour. This is the 16th year and he has participated in all of them.

The Arthritis Foundation's California Coast Classic Bike Tour is a scenic bike ride that takes place over 8 days and covers 525 miles along the coast on Highway 1 that benefits the Arthritis Foundation by raising vital funds needed to find a cure for arthritis. The Tour starts in San Francisco and ends up in Los Angeles with a stopover in Ventura.

This ride has already raised over \$1 million to benefit the 50 million adults and 300,000 suffering from arthritis! Photos by By John Ferritto.

EVERY CHILD, EVERY SCHOOL

We must ignite the spark of learning in every child, and create a pathway for them to achieve their best future.

As a volunteer in our schools for over a decade, and a parent of two current VUSD students, I am a strong advocate for our community's children, working to ensure every child gets the education they need to be successful, whatever their path.

- Focus on reading and other core skills K-2, with smaller class size & more support
- Encourage innovative, hands-on curriculum in all of our schools
- Give students real-world, practical skills to ensure they are career or college-ready

"Sabrena possesses the rare combination of integrity, intellect and humility. These traits have strengthened her ability to reach out and serve our community. She is the perfect choice for VUSD School Board!" **Debbie Golden, VUSD School Board Member**

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Senior Living

Pull Out Section



The City of Ventura cares about its seniors. Ventura Mayor Erik Nasarenko wishing Bonaventure resident Sara Flourney a Happy 103rd Birthday!

City of Ventura offers variety of programs for seniors

Ventura's older population is growing. More than 13% of our population is age 65 years and older, higher than the statewide count of 11.4%. This should come as no surprise, because the weather, recreational opportunities and quality health care facilities make Ventura a great place to live, and retire. One of the most important service needs is to keep seniors independent--and with a little help this can be achieved.

Each year, the Ventura Avenue Adult Center (VAAC) provides services and programs for nearly 19,000 seniors and adults. In fiscal year 2015-16, the VAAC served more than 6,300 nutritious meals at their 550 N. Ventura Avenue location and provided 15,500 home-delivered meals to homebound seniors in need. Meal delivery services provide a healthy, well-

balanced meal along with the opportunity for social contact and a wellness check for homebound older adults.

In addition to the Senior Nutrition program, the VAAC also offers healthy fitness and recreational activities (such as Bocce ball, Tai Chi, yoga, and Zumba), educational classes and social opportunities (technology workshops, arts, and gardening), and ways to get involved with advocacy issues through the Ventura Council for Seniors.

New community partnerships have emerged to support the City's efforts and expand programs including senior billiards at Stiiix Billiards in Midtown Ventura, BBQ lunches provided by the Downtown Rotary, legal advice and tax preparation workshops

Continued on page 16

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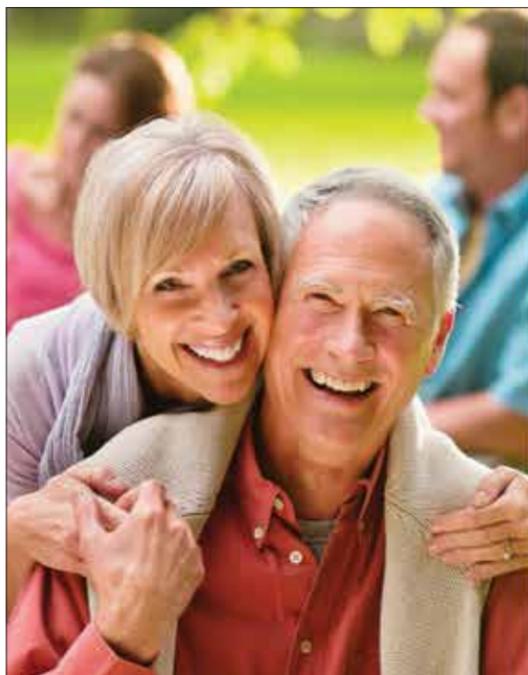
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<p>SKILLED NURSING</p> <p>Serving the needs of Ventura County for more than two decades, Victoria Care Center has been rated by <i>U.S. News and World Report</i> one of the best long-term care facilities in America. In addition, Victoria has been awarded the highest 5 Star rating by CMS for clinical excellence while caring for some of the highest acuity needs in a post-acute setting.</p> <p style="text-align: center;">www.VictoriaCareCenter.com</p>	<p>POST-ACUTE REHAB CENTER</p> <p>The rehab process is challenging both physically and mentally. The PARC helps people recover from surgery, illness or injury and return home as quickly and safely as possible. It is the most sophisticated facility of its kind in Ventura County and regularly achieves excellent patient results while working with all of the major insurance companies including Kaiser.</p> <p style="text-align: center;">www.ThePARCatVictoria.com</p>	<p>FRIENDS OF VICTORIA</p> <p>Friends of Victoria helps therapy graduates maintain their strength, balance and agility once they get back home. Free membership includes a wide range of benefits such as periodic no-cost screenings for strength and balance while our "check-up and tune-up" outpatient therapy program helps members live safely at home and enjoy the activities that they love. <i>Join today.</i></p> <p style="text-align: center;">www.FriendsOfVictoria.org</p>
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FALL FESTIVAL

Friday, October 21st, 2016 • 10:00 am - 1:00 pm



Please join us for a Fall Festival at The Palms at Bonaventure! Enjoy a delicious chili cook-off, raffles, games, a petting zoo and much more! While you're here, learn more about our gracious lifestyle when you take a tour of our beautiful community and meet our wonderful residents and staff. We look forward to seeing you here!

For more information or to RSVP, please call

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Senior Living



"How do I make sure that no one steals my money?"

Four ways to support your community's fight against elder financial exploitation

Financial exploitation robs millions of older people of their money and property every year. To prevent and respond to the crisis of elder financial exploitation, people are working together in hundreds of communities across our nation.

These networks of people bring together, among others, community volunteers, local law enforcement, social workers, health care and legal professionals, banks and credit unions, government agencies, and accountants. Networks combat financial exploitation through different activities. Many are educating their community, training professionals, coordinating efforts between agencies, and reviewing cases of financial exploitation.

Here are four ways you can help to protect older people in your community from financial exploitation:

Find a local network and attend their meetings and activities. Many networks conduct meetings to raise awareness about safety and common frauds and scams. Find out if there is a network in your community and when it meets by contacting your local sheriff, police department, or local

Area Agency on Aging.

Share what you learn with others. You can help your networks' educational and prevention work by sharing the information with your family, friends, and neighbors. Check out this resource that others are passing on.

Lend a hand. Many networks depend on volunteers to carry out their activities. Retired lawyers, bankers, teachers, police officers, and others serve as leaders and train others to detect, prevent, and respond to financial exploitation. Many volunteers also support their network's educational work by reaching out to community and faith-based groups. Many are serving as trainers for educational programs, such as Money Smart for Older Adults. Ask your local network if they need an extra hand.

Build a network. If you live in one of the nearly 2,300 counties without a network, create a network in your community. Learn more about existing networks and get some tips on how to start a network in your community.

Together we can build communities that support the safety and independence of older people by protecting them from financial predators.

The Ventura Council for Seniors (VCS) is designed to provide a forum to discuss issues and initiatives and to develop recommendations for City Council consideration. The VCS is designated by the Ventura City Council as the representative organization of all seniors in the City of Ventura. The group meets at the Ventura Avenue Adult Center (550 N. Ventura Ave. 648-3035) on the third Wednesday of every month from 9:30-11am.

The Ventura County Area Agency on Aging (477-7300), an agency of the County of Ventura, is the principal agency in Ventura County charged with the responsibility to promote the development and implementation of a comprehensive coordinated system of care that enables older individuals and their caregivers to live in a community-based setting and to advocate for the needs of those 60 years of age and older in the county, providing leadership and promoting citizen involvement in the planning process as well as in the delivery of services.

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Pierpont Racquet Club old guy (except for the one under 70) tennis players Tony Jankowski, Dick Zizic, Dick Baldwin, Harold Kennedy, Harry Finney, Jim Minas and an unidentified person in a funny shirt celebrating Zizic's birthday at Pete's Breakfast House.



Senior Living

Know your Medicare rights

by Cate Kortzeborn

As a person with Medicare, you have important rights. One of them is the right to appeal.

An appeal is the action you can take if you disagree with a coverage or payment decision by Medicare or your Medicare health plan. For example, you can appeal if Medicare or your plan denies:

- A request for a health care service, supply, item, or prescription drug that you think you should get.
- A request for payment of a health care service, supply, item, or prescription drug you already got.
- A request to reduce the amount you must pay for a health care service, supply, item, or prescription drug.

You can also appeal if Medicare or your Medicare Advantage plan stops providing or paying for all or part of a health care service, supply, item, or prescription drug you think you still need.

If you decide to file an appeal, you can ask your doctor, supplier, or other health care provider for any information that may help your case. Keep a copy of everything you send to Medicare or your health plan as part of your appeal!

How you file an appeal depends on the type of Medicare coverage you have.

You must file the appeal within 120 days of the date you get the MSN in the mail. You'll generally get a decision from the Medicare Administrative Contractor within 60 days after they receive your request. If Medicare will cover the item(s) or service(s), they'll be listed on your next MSN.

If you have a Medicare Advantage or other health plan, read the materials your plan sends you, call your plan, or visit www.Medicare.gov/appeals. In some cases, you can file an expedited, or fast appeal.

If you have a Medicare prescription drug plan, even before you pay for a given drug, you have the right to:

- Get a written explanation (called a "coverage determination") from your Medicare drug plan. A coverage determination is the initial decision made by your Medicare drug plan (not the pharmacy) about your benefits, including whether a certain drug is covered, whether you've met the requirements to get a requested drug, how much you pay for a drug, and whether to make an exception to a plan rule when you request it.
- Ask for an exception if you or your prescriber (your doctor or other health care

provider who's legally allowed to write prescriptions) believe you need a drug that isn't on your plan's formulary.

- Ask for an exception if you or your prescriber believe that a coverage rule (like prior authorization) should be waived.
- Ask for an exception if you think you should pay less for a higher tier (more expensive) drug because you or your prescriber believe you can't take any of the lower tier (less expensive) drugs for the same condition.

For more information on exceptions and your other Medicare rights, read the "Medicare & You 2016" handbook, at <https://www.medicare.gov/Pubs/pdf/10050.pdf>.

Cate Kortzeborn is Medicare's acting regional administrator for Arizona, California, Hawaii, Nevada, and the Pacific Territories. You can always get answers to your Medicare questions by calling 1-800-MEDICARE (1-800-633-4227).



I've always wanted to do this.

A Matter of Balance Class – Award winning program coming to EP Foster Library

The Ventura County Area Agency on Aging and the Ventura County Public Library are partnering to bring a practical, award-winning, and free of cost fall prevention course to Ventura residents starting in October. Many older adults experience concerns about falling and restrict their activities. This program is designed to help you manage falls and increase activity levels. Emphasizing practical strategies to manage falls, participants will learn to view falls as controllable, set goals for increasing activity, make changes to reduce fall risks at home, and exercise to increase strength and balance.

Victoria Jump, Director of the Ventura County Area Agency on Aging

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says, "Falls are not a natural part of aging. Evidence Based Exercise programs like Matter of Balance and others we offer can help a senior learn exercises and strategies to prevent falling."

Anyone concerned about falls, interested in improving balance, flexibility and strength, or who has fallen in the past or anyone who has restricted activities because of falling concerns should contact the Ventura County Area Agency on Aging for more information and to register.

This free course will be held once per week for 8 weeks at EP Foster Library's Topping Room. Classes will be held from 10 a.m. to 12 p.m. starting Thursday, Oct. 13 through Thursday, Dec. For more information and to register, please contact the Ventura County Area Agency on Aging at 477-7343 or 800-510-2020.

Ventura County Library System: Inspiring our community to explore, discover and connect.

The Ventura County Library is available 24/7 at www.ventcolibrary.org.



104-year-old Niva Harrison was born in Halifax County, Va., and grew up in South Boston, VA. She had two brothers and four sisters, all who have preceded her in death. One of her favorite memories is when her family first started to bring her to the beach, when she was only 92 and putting her feet in the water and letting the ocean wash over her feet. When it was time to go she would say "just a little while longer" and then when it was a little while longer she would say "couldn't we stay just a little bit longer?"

She loves being in Ventura and especially loves celebrating her birthday each year at the Aloha Steakhouse in Ventura. She always says that she feels so very, very blessed and that "this is the best birthday she has ever had...and can't wait until next year."

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VENTURA CITY COUNCIL

- **Born and Raised in Ventura**
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- **Creating Jobs and Opportunities**
 I spearheaded an innovative job training program in Ventura that created 55, local high paying jobs. I have a diverse background and proven track record of working to enhance our great city
- **Improving Public Safety**
 I am honored to have received the endorsement of both Ventura's Police and Firefighters as they recognize my commitment to improving Ventura's public safety
- **Clean and Safe Parks**
 As your Ventura Parks Commissioner, I have worked hard to protect and expand access to Ventura's amazing parks, beaches and open spaces

Paid for by LaVere for City Council 2016 FPPC Number 1382296

Matt LaVere's commitment to Ventura has resulted in him receiving Bi-Partisan Support & Endorsements

Senior Living

Senior health events at SCAN

Brain Gym is a program of physical movements that enhance learning and performance by developing the brain's neural pathways. Brain Gym will increase the ability to remember and be organized, increase physical coordination, reduce stress and improve memory. The SCAN Health & Wellness Center is hosting weekly Brain Gym classes starting Tuesday, October 25. Seniors aged 55 and older are invited to register for Brain Gym, set for October 25 – November 15, every Tuesday from 10 – 11:30 a.m. The cost is \$20.00 for four classes (including materials). To register please call 658-0365 as space is limited.

Join a free session on the latest innovations in breast cancer treatment from Dr. Melody Benjamin, on Thursday, October 27 from 10 a.m. – 12 noon at the SCAN Health & Wellness Center. Dr. Benjamin, who specializes in Hematology & Oncology for UCLA Health, is a firm believer in exploring the biology of cancer to find new approaches to care. She will share her insights on cancer prevention, inclusive of reducing risk of recurrence. To register please call 658-0365 as space is limited.

Toastmasters club

On Wednesday, Oct.26, at 6pm the Ventura PowerPoint Toastmasters will present an Open House and Halloween

celebration at Cypress Place (1220 Cypress). Featured will be learning PowerPoint skills to enhance your publications. Yummy snacks and prizes and ghoulishly fun.

Toastmasters International is a nonprofit 501 (c)3 organization that promotes public speaking and reaches out to assist local members of the community to learn the technique of speaking in front of a large crowd, small board meeting, or a sole supervisor on a number of topics that could impact the success of any member in the work environment.

For more information www.venturapowerpoint.org or 433-3027.

Programs for seniors

Continued from page 13

by AARP and Grey Law, as well as educational forums with Ventura Adult Continuing Education. In addition, the City's Volunteer Ventura! Program utilizes seniors to assist with meal preparation, bingo games, FOOD Share Brown Bag program, and special events.

Maintaining and growing services for seniors is dependent upon additional revenue, grants, donations and sponsorships. With a recent \$89,150 grant from the Ventura County Area Agency on Aging, the Senior Nutrition Program was able to expand its congregate meal program by establishing the new Eastside Café (located at The Salvation Army/Silvercrest Senior Residence, 750 S. Petit Avenue) and reach more seniors through additional home-delivered meals. Both the Westside Café and the new Eastside Café are open Monday to Friday, 11:30



Barbara Leonard, 91 of Ventura and her best buddy Nugget (she has 5 best buddy dachshunds) enjoying an afternoon nap.

a.m. to 12:30 p.m. serving hot, nutritious meals. Since its opening in August, the new Eastside Café has served 492 meals to residents who may not have otherwise received a nutritious hot meal that day. While on the Westside, residents enjoyed 484 meals at the VAAC and 1,325 meals were delivered to homebound seniors in Ventura. With increased funding resources, the current senior center hours of 9am to 3pm could be expanded

by ten hours each week (8am to 4pm) to help keep up with services and provide important programs for our growing senior population.

Older adults need opportunities to keep learning and to be stimulated by new experiences. Ensuring our senior population has access to services they depend on and feel they are connected to the community is vital to their health and social well-being.



News & Notes



Suz Montgomery demonstrates strength and determination in a Wonder Woman T-shirt given by her grandchildren.

Suz Montgomery on breast cancer

by Lori Harasta

Community Relations Associate for Livingston Memorial Visiting Nurse Association

"I'm grateful for the experience of having cancer. It has given me a better quality of life by defining me and what I'm here on this earth to do."

For the past two years, Suz Montgomery has been fighting her third recurrence of breast cancer. Treatment included a double mastectomy, extensive chemotherapy and radiation.

She had a mammogram about six months prior to finding that a lump that was growing. She insisted on having another mammogram, even though it meant paying for it out-of-pocket. The results showed a mass. She requested an ultra sound and went into high gear to assemble her cancer team. Within two weeks, she underwent surgery.

The radiation burned her skin and made her hair fall out. Rather than hide her baldness with a wig or hat, she sported it proudly (I would say beautifully!) and used it as a teaching tool for the curious. One was a young boy with his mother at the grocery store. The Pre-K kid stared at her hairless crown as they wandered the aisles. Finally, Suz crouched down and spoke softly to the boy, "This is what happens when you don't eat your carrots." His mother chimed in, "Or your peas!"

Her hair has since grown back, but she's had other complications. It was the chemo that weakened her vertebrae, causing two of them to fracture. She has neuropathy and severe back pain for which she continues to receive treatment.

"Chemo was the most rigorous challenge of my life. It's hard to get my energy back, even though I work out daily." She says going to the gym helps mitigate some of the pain.

Suz rises at 4 am to start her day. "I'm determined to leave this earth better than I found it. I need to pack as much as I can into every day." Her fitness and feistiness belie the fatigue and pain she feels constantly. She looks about 20 years younger than her chronological age. She's got a strong and stubborn outlook on life and squeezes more into a day than most can imagine.

A passionate lover of life who seeks justice for the downtrodden and underserved, one of Suz' current causes is to ensure the growing elderly population of Ventura has adequate

services and resources to live their final chapters comfortably.

She is the Resource Coordinator of ENCORE at Ventura Continuing Adult Education, Chair of the Ventura Council for Seniors, Vice-Chair of the Ventura County Area Agency on Aging, Ventura County District Liaison for AARP, Ventura County representative of State Senator Hannah Beth Jackson's Senior Legislative Board and many more commissions and committees.

Even though she's in pain 24/7, Suz says she and cancer are friends. "Because of cancer, I'm grateful for every day I'm alive, and for the love and support of wonderful friends, family and the Ventura community (which I consider my family). Because of cancer, I'm even more determined and fearless. I know I have a mission and that God is not done with me yet."

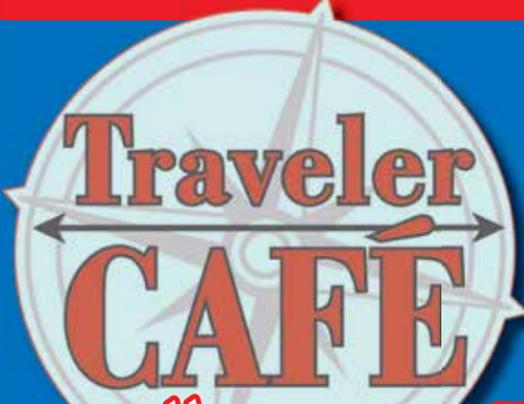
Lloyd Properties donates 860 acres to local land trust

The Lloyd Ranch has been a part of the Ventura community for over a century, providing stewardship of a large section of the Ventura hillsides since the early 1900's and contributing to Ventura's economic vitality for decades.

On Sept. 29, 2016, The Rancho San Buenaventura Conservation Trust accepted the donation of 860 acres of agricultural and open space land donated by Lloyd Properties. Richard Atmore, founder of the Rancho San Buenaventura Conservation Trust (RSBCT), approached the Lloyd family of shareholders in 2014 about donating land to achieve the vision of conservation and protection. The Lloyd family has a long history of supporting public benefit corporations in Ventura, including a donation of the land that is now Arroyo Verde Park and the Ventura Poinsettia Pavilion.

"The donation of this parcel of land to the Rancho San Buenaventura Conservation Trust is a significant event for

Continued on page 27



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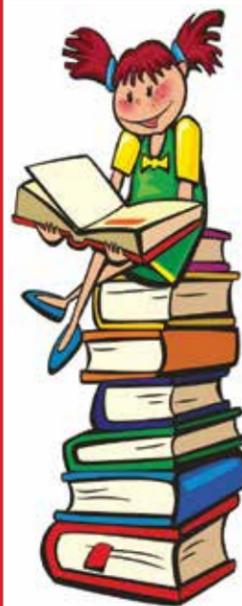
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 805.667.8229 travelercafeventura.com







On Wednesday, September 28 a funeral service was held at Temple Beth Torah for Sandra Laby. It was attended by hundreds of her friends, relatives and admirers of this most remarkable woman. Photos by John Ferritto.

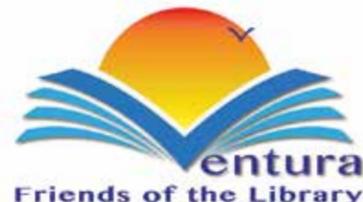


Ventura Friends of the Library Really Big Book Sale

Saturday, October 22
10:00 a.m. to 3:00 p.m. at 11251 Riverbank Drive

This sale will be held on the grounds of the location of the warehouse where the Friends process book donations, allowing us to offer shoppers a very large selection of affordable quality used books, vintage books, books on cd and tape, music, movies and puzzles.

Check our website:
www.sanbuenaventurafriendsofthelibrary.org for a map.
 More info: (805) 223-1187





Professor Scamp, Ph.D (Pretty Happy Dog)



Wow, I have been writing for the Ventura Breeze for nine years as we complete our ninth year anniversary (cats and the Breeze have at least nine lives). I was just a kid when I started.

I want to thank my wonderful readers, Scampclub members, my remarkable publisher-editor(I had to say that to get snacks), Victoria Usher for her contributions and Savana for leaving me alone while I am working at the computer. And those of you that are voting for me as president.

East Ventura Animal Hospital, located at 10225 Telephone Rd. is having a Spooktacular Open House on Saturday, October 22nd from 12-4pm. There will be many free activities including pet costume contests, pet photo booth(from 12:30 – 2), hospital tours, trick-or-treat stations and lite refreshments. In addition to this there will be raffles and prizes, pet adoptions and discounted microchips while you are there as well. Come join the fun and bring your pets! 647-8430

The Tinker's Treat Project, started by long time Ventura resident, John Darling, has created a Go Fund Me page to help raise funds to pay the adoption fees of senior dogs. Isn't that wonderful?

The project started with enough funds to pay the adoption fees for 23 animals. Since its launch in June of this year, 18 dogs have found homes with the fund paying the adoption fees for each. The first recipient of the fund was a 13

year old, toothless, Chihuahua named Penelope who was adopted along with her longtime partner, Jack, an 8 year old Chihuahua.

The Go Fund Me Page is <https://www.gofundme.com/2r2uuv8>

For more information about how you can help, visit Tinker's web site www.tinkerstreat.com.

I have written before about the National Police Dog Foundation. They have a new website www.nationalpolicedogfoundation.org so check it out.

The needs of law enforcement agency K-9 units is growing at a rapid pace. They get grant requests almost on a weekly basis and are committed to help these agencies meet their needs. And so as their needs grow, so must our efforts to meet their needs. This new website is part of their efforts to raise more funds to ensure the proper purchasing, training and medical needs of the K-9s, during active duty and retirement.



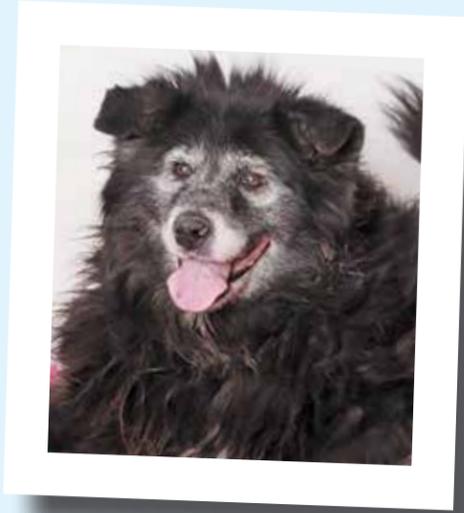
This is beloved Charlee. Sept. 13, 2003 to Aug. 28, 2016. A wonderful companion to Kyle for 12 years. He will be sorely missed by all.

LostCatVentura.com and LostDogVentura.com are free resources for finding lost pets in Ventura County, and where you can post a notice to find your lost pet.

Forever homes wanted

Hi: I'm Madison, a beautiful 11-years-young Australian Shepherd/Chow X. I was rescued from VC Animal Services where I was turned in for being too old. Thankfully C.A.R.L. didn't think I was too old and I have found a place in C.A.R.L.'s Golden Oldies!.

I'm good with children and have lived with cats. I'm super sweet and friendly to everyone I meet. Balls are my favorite toy. Please stop by and meet me, I still have lots of love to give to my special someone. Canine Adoption and Rescue League. C.A.R.L. Please call CARL adoption center at 644-7387.



Hi: I'm Harley! I'm a bit picky but I have a huge heart to share with you. I'm a little scared but I'm getting more brave every day! I'm not quite ready for you to pick me up because I don't know you yet... but I really love head scratches. Ventura County Animal Services – Camarillo location – 600 Aviation Drive Animal ID: A640007

Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Neci, a 3 year old Labrador retriever who has been a good companion and exemplary service dog for Ventura resident Pam Williams. I came from Canine Companions for Independence in Oceanside, California. Pam and me have been together a year now and the relationship has completely changed Pam's life.



Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself to Scampclub@venturabreeze.com. You will be in the Breeze and become world famous.

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Police Reports

by Cindy Summers

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

For more police reports go to www.venturabreeze.com

Homicide / Update with Arrest

On August 13, at 11:30pm, the Ventura Police Department Command Center received a 911 call an injured subject seen lying in the alley to the rear of the 6300 block of Whippoorwill St. Officers, along with Ventura City Fire and AMR personnel, responded to the call and found the victim, a 25-year-old male, suffering from multiple stab wounds to his upper torso. Paramedics pronounced him deceased at the scene.

VPD Detectives identified 24 year old Ventura resident Marco Vences as the suspect in the homicide. Detectives obtained an arrest warrant. On September 28, at approximately 5:30pm, Vences was located by the FBI Safe Streets Taskforce with the assistance of Albuquerque PD in Albuquerque New Mexico. Vences was taken into custody and booked at the Bernalillo County Metro Detention Center. Vences will be transported back to California and booked into the Ventura County Main Jail.

Felon in Possession of Firearm Arrest

On September 29, at 3:15pm, VPD Street Crimes Unit detectives responded to the 5800 block of Valentine Rd to assist a Ventura County District Attorney's Office investigator re: a suspicious subject that was believed to be in possession of a handgun. The detectives identified this subject as 24 year old Agoura Hills resident Cory Rebolledo who is currently on probation out of Los Angeles County for a robbery conviction.

Detectives observed Rebolledo enter his vehicle and begin to drive away at which time they conducted a traffic stop and detained him for further investigation.

Pursuant to Rebolledo's probation terms detectives searched his vehicle where they recovered three handguns and a large amount of ammunition.

Rebolledo was placed under arrest and transported to the Ventura County Main Jail where he was booked on the charges of being a convicted felon in possession of firearms and ammunition.

Forgery, Burglary, Identity Theft and Conspiracy Arrest

On September 30, at 2:45pm, the Ventura Police Department Command Center received a call from employees at Wells Fargo Bank in the 5700 block of Telephone Rd., reporting a subject inside the bank attempting to obtain a cash advancement using a fake ID and credit card. The subject became suspicious and fled the bank before officers arrived.

30 minutes later, the Command Center received a call from a bank teller at the Wells Fargo Bank inside the Vons store in the 100 block of W. Main St., reporting a subject there now attempting to obtain a large amount of cash using a fake debit card.

An officer responding to the call saw the vehicle on Thompson Blvd. and conducted a traffic stop near California St. The suspects were identified

as 29 year old Illinois resident Glynn Ford, 24 year old Illinois resident Robert Ballard, 24 year old Illinois resident Aaron Horton.

During a search of the vehicle, officers found numerous fake out of state ID's and credit cards with Wounded Warrior on them, computer equipment for making cards and over \$30,000 in large denominations.



Patients are having over an 80% success rate in activity and function.

Local Stem Cell Institute of America now offers Regenerative Therapy

Advanced Spine & Sport Medical Rehabilitation Center of Ventura, CA, recently announced its latest state-of-the-art healing procedure: Regenerative Stem Cell Therapy. Developed in conjunction with the Stem Cell Institute of America, Advanced Spine & Sport Medical Rehabilitation Center is now offering painless injections for arthritic and/or degenerative conditions, especially those found in the knees, hips, shoulders, ankles, neck and lower back.

With over 15 years of experience, serving Ventura County, Spine & Sport continues to utilize cutting-edge technology to help restore patients' health. These remarkable treatments repair tissue in the body that has been damaged from age, disease or degeneration. Stem Cells pinpoint the impaired areas, remove the swelling with powerful anti-inflammatory properties and then heal them by regenerating new cells and tissue.

According to Advanced Spine & Sport Medical Rehabilitation Center of Ventura chief medical officer, their patients are having over an 80% success rate and can experience a significant decrease in pain and an improvement in activity and function within weeks of treatment.

Advanced Spine & Sport Medical Rehabilitation Center of Ventura is one of the first clinics in the Ventura County to offer this highly advanced form of therapy, "Our patients say the results are amazing," said Dr. James Baranski, D.C., a national spokesperson and speaker for the Stem Cell Institute of America.

"We are so excited about the results we are seeing with our patients, more importantly, our patients are excited about living their lives and enjoying the activities they enjoy. We invite you to attend an upcoming seminar to learn more about this incredible healing technology and how it might be able to help you or someone you love finally live a pain free life." Dr. James Baranski, D.C.

For more information visit www.americastem.com.

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Open space usage debate - Part one

by Sheli Ellsworth

What's a voter to do?

In November, Ventura County voters will decide how they want to promulgate their open space kingdom. Is NIMBY-ism a bad thing? Should Ventura County become an extension of the San Fernando Valley? Depends on whom you ask.

In the VC Star, Columnist Joe Mathews espouses that the princes and princesses of Ventura County are immature about questions of growth. "If a county wants to protect open space from development, great. But it must be compelled to open gates in its walls wide enough to bring more progressive development into the Kingdom." Mathews claims that open space initiatives "...drive dense, multifamily development into urban cores..." He blames SOAR for Ventura County's choking traffic, high housing prices and economic slump. He is supported by a governor who wants to, "exempt many urban housing developments from local review." Mathews also seems to think that San Fernando Valley's housing and traffic problems are caused by Ventura County's SOAR, and without SOAR all of the valley could live like..... Voters must fill in the blank.

Assistant professor of economics at CSU, Jared Barton is also against both SOAR and SUSTAIN VC's Measure F. Barton writes that geography alone protects Ventura County from overcrowding. From the VCS, "...80 percent of the land in this county isn't buildable. Open space will still be there." Barton doesn't think that Ventura County

Voters (many of whom are property owners) should get to vote on how the land is used. "It's like if all the grocery store owners in a town got to vote on whether a new grocery store could go into business, of course everyone would vote 'no,'" he said in an interview.

Barton feels that healthy economics should decide on the best use of the land, and that because farming in Ventura County is subsidized by lower water rates, it is not the best use of the resource or the land. Barton writes that if voters are worried about housing and environmental issues without SOAR then the answer is, "...pricing the use of water and roads at the true cost to society (charging all water users the same, scarcity-based price and charging drivers for the traffic and air pollution to which they contribute), not restricting housing."

Neither Mathews nor Barton own property in Ventura County.

Part two in Oct. 26 issue.

Enter The Trade Desk

Continued from page 2

Desk one of the City's economic success stories and an asset to our diverse business community. "As a growing global company, they could choose to locate anywhere. The fact that they stayed loyal to Ventura, and have chosen to remain here -- less than two blocks from City Hall -- where it all began is a testament to the fact that Ventura is a great place to do business," said City of Ventura Economic Development Manager Leigh Eisen.

The Ventura City Council had the foresight and vision to launch the incubator that helped accelerate their progress. The Council will honor The Trade Desk and host a brief reception to celebrate this milestone at an upcoming council meeting. There will be lemonade.

— Weekly SUDOKU —

Answer

2	5	6	1	7	9	8	4	3
1	7	3	4	6	8	5	9	2
8	9	4	2	3	5	6	1	7
6	3	7	5	2	1	9	8	4
5	1	8	3	9	4	7	2	6
4	2	9	7	8	6	3	5	1
3	6	5	9	1	2	4	7	8
7	4	2	8	5	3	1	6	9
9	8	1	6	4	7	2	3	5

— King Crossword —

Answers

Solution time: 27 mins.

A	G	R	E	E	M	I	R	C	O	D	
P	E	E	P	S	O	D	E	A	P	E	
R	E	F	I	T	R	E	F	I	N	E	S
I	C	E	T	E	A	C	A	R	E		
N	F	L	R	U	N	R	E	L	A	X	
A	L	L	S	B	O	S	O	M			
M	U	S	C	L	E	T	W	E	R	P	S
H	A	R	P	O	N	E	R	O			
S	A	T	I	N	A	R	C	F	O	X	
C	R	U	Z	O	R	M	O	L	U		
R	E	F	O	R	M	S	B	A	N	E	S
A	N	T	B	E	E	R	I	D	G	E	
M	A	S	I	N	S	A	R	S	O	N	



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Community Events

Opera Santa Barbara open season

Continued from page 11

Santa Barbara's production will feature three of the region's most celebrated Flamenco dancers – Wendy Castellanos-Wolf, Pamela Lourant, and Marcela Aguayo – and will mark the inaugural appearance of the company's new Youth Opera chorus for singers ages 8 to 18.

The production also will mark the company conducting debut of Kostis Protopapas, who was named OSB artistic director in July 2015. "I'm very much looking forward to my conducting debut with Opera Santa Barbara, working with an absolutely fantastic cast and the Opera Santa Barbara Orchestra and Chorus on one of the world's most treasured operas" he said.

Opera Santa Barbara's 2016-17 season will continue with Leos Janacek's the Cunning Little Vixen and Puccini's elegant and poignant operetta La Rondine.

The Granada Theatre is located at 1214 State Street in downtown Santa Barbara.

To place a season subscription order, visit www.operasb.org or call 898-3890.

Subscribers can purchase season tickets for their children ages 17 and under for just \$42. These discounted tickets allow for seating with parents in all sections of the Granada except the loge and boxes.

Fun time at the Ventura Harbor Village

Show your love for Italian sports cars at the 9th Annual Ventura Motorsports Gathering "Viva Italia! set at Village Main Lawn Sunday, October 16, from 10 a.m. to 5 p.m. This year's themed event celebrates all things Italian and spotlights Ferraris, Lamborghinis, Maserati's, but all sports, racing and classic cars are welcome to participate in the event. Dine for lunch or dinner seaside to complement the event.

Gather at Ventura Harbor's main lawn for this annual dog lovers event on Saturday, October 22, at noon with your dog and enter your pet in a Howl-O-Ween Dog Costume Contest. Supported by Ventura Pet Barn, the event will give prizes to pet owners for the "Most Sea-Worthy," Cutest, "Scariest," "Creative/Original," and "Best In Show."

A spook-tacular seaside is in store for the whole family at Ventura Harbor Village's "Safe Trick or Treat" annual Halloween event planned Saturday, October 29 from 1-3 p.m. A consistent favorite event for kids and parents, the Village provides a safe Trick-or-Treat with visits to local businesses. The fun-filled day showcases a face painter, arts and crafts. Kids of all ages are encouraged to bring their favorite goody bag to collect candy and treats from Harbor retailers and restaurants before enjoying lunch or other seaside treats from ice cream and smoothies. Round out the day of fun, with a visit to the Village Arcade & Carousel or take a boat ride or pedal boat around the Ventura Harbor.

Zombies of all walks of life can join in "Thrill the World" zombie dance for the world record at Ventura Harbor Village Saturday, October 29 at 3 p.m. A celebration of dance and community inspired by the legendary Michael Jackson, the event is touted as the biggest Halloween gathering on the planet, participants can roam the Village promenade as dancers prepare

to perform the classic Michael Jackson "Thriller" dance simultaneously around the globe for the world record! This must-see event allows for novice and experienced dancers of all ages to dress in zombie wear. Admission is free.

www.VenturaHarborVillage.com for more information.

Ventura events

by Ana Baker

Free admission stage show, 2 p.m. to 4 p.m. First Sunday of every month. Old Time Country Bluegrass Gospel Music Assoc. Poinsettia Pavilion, 3451 Foothill Rd. For more information call 517-1131.

Ventura Poinsettia Dance Club meets every Monday from 7:30 p.m. to 9:45 p.m. at the Poinsettia Pavilion, 3451 Foothill. Ballroom, swing, Latin, mixers and line dancing. Members \$10, non-members \$12, first time dancers are free. Call Rick at 415-8842 for more information.

There will be a regular Ventura Discussion Group meeting at Main Street Restaurant 3159 Main St., Wednesday from 4 p.m. to 5:45 p.m. Several people usually stay for a drink and a bite to eat afterward. Bring an interesting topic to discuss if you can.

AUDUBON EVENTS

Oct. 15: 8:30 a.m. Ventura Settling Ponds. Leader: Linda Easter 482-7537

Enjoy a morning of mostly waterfowl birding. Spotting scopes are always welcome.

Oct. 16: 8 a.m. Wheeler Canyon. Leader: Gary Tuttle 525-2327

This canyon provides good birding opportunities. We will be looking for raptors, ground doves, Western bluebirds and maybe a Lewis wood-pecker.

Oct. 22: 8:30 a.m. Canada Larga. Leader: John Pavelko 798-2571

We will walk and drive the canyon. Always a great walk! Some birds we may see are Western Bluebirds, Road-runners, sparrows, swallows, Red-tailed Hawks & perhaps a Ferruginous Hawk.

Oct. 29: Prisoners Harbor, Santa Cruz Island. A special trip with the boat leaving Ventura at 9 a.m. and heading directly to Prisoners Harbor. Leader: Joel Barrett. Questions please contact Adele Ferguson at 415-4304

Oct. 13: The Ventura County Professional Women's Network (VCPWN) is hosting their monthly dinner meeting 6 p.m. to 8:15 p.m. at the Wedgewood Banquet Center. This month's speaker will be Tracy Williams. She will teach the science behind the power of our thoughts and how we can apply the knowledge to create a life we love. Networking starts at 5:30 p.m. \$28 for members who register early and \$33 for www.vcpwn.org/dinner-meeting, or at the door. www.vcpwn.org.

Oct. 14: Opera Santa Barbara to hold Noontime Concert at the EP Foster Library. Spend your lunch hour listening to members of the Mosher Studio Artist Program, who will perform a selection of popular opera arias and duets as well as some musical theatre pieces. The concert will also offer a "preview" of Opera Santa Barbara's upcoming production of Carmen. Don't miss out on this opportunity to experience great opera in a room with great acoustics.

Oct. 15: Saturday, Ventura Singles Roundtable discussion, 3 p.m. to 4:30 p.m. to talk about life, love, family, friends, work, fun, spiritu-

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Community Events

ality. Discussion led by Dr. Vondie Lozano, Licensed Marriage & Family Therapist. Group guided imagery/hypnosis included. Ventura E.P. Foster Library, Topping Room. For more information go to <https://www.meetup.com/Ventura-Singles-Roundtable-Discussions/events/>

Oct. 15: The Color Run will take place in local Ventura neighborhoods on Saturday, from 8 am to 12 pm, and may cause some traffic delays and/or parking issues. The race begins in Downtown Ventura at Surfer's Point Park and the finish line is at the Ventura County Fairgrounds. The Color Run, also known as the Happiest 5k on the Planet, is a unique paint race that celebrates healthiness, happiness, and individuality. Now the single largest event series in the world, The Color Run has exploded hosting more than 225 events in 35+ countries in 2015.

Oct. 15: Thousands of free stamps will be available to those attending the 26th annual Youth Stamp Fair, sponsored by the Ventura County Philatelic Society and the Anacapa Middle School Stamp Club. Doors will be open from 10 a.m. to 3 p.m. at the Dudley House Museum. Despite the event's name, it is open to people of all ages who want to learn more about stamp collecting. In addition to being able to pick stamps for their collections from thousands of choices, the visitors will get a swag bag. Door prizes will be given throughout the event. More information at 485-7121 or jweigle@vcnet.com, or <http://www.vcpilatelic.com>.

Oct. 16: Sunday, Live Your Best Life Hypnosis Meetup, 5 p.m. to 6:30 p.m. Dr. Vondie Lozano, Licensed Marriage and Family Therapist and Certified Hypnotherapist for, "What Would You Like to Attract into Your Life?" Group Guided Imagery/Hypnosis included. E.P. Foster Library, Topping Room. For more information go to www.meetup.com/live-your-best-life-hypnosis/events/

Oct. 17: CA Zeta Chi parliamentarians will meet at 7 p.m. and will feature a lesson by President Bruce Rick titled "Incidents." The located at the Main Street Restaurant and Steakhouse, 3159 E. Main St. Those wishing to eat should arrive at 6 p.m. Non-members are welcome. Membership is \$25 per year. For information, contact Sharon Hillbrant, 479-6738.

Oct. 20: The East Ventura Community Council will hear from several candidates running for Ventura School Board during its monthly meeting. Those scheduled to appear are Steve Offerman, Sabrena Rodriguez, Ed Summers and Don Wood. Erika Ruiz, Central California Outreach Manager for Compassion and Choices, will review strategies for having conversations with your doctor on options for end of life care. Tobie Mitchell from the City of Ventura Environmental Sustainability Office will explain a new community cleanup program offered by the City and E. J. Harrison. The meeting starts at 7 p.m. at the First Assembly of God Church, 346 N. Kimball Road. For more information call 804-7558 or visit the group's Facebook page.

Oct. 22: On Saturday, from 10 a.m. to 3 p.m. Ventura Friends of the Library will hold a Book Sale at 11251 Riverbank Dr. This sale will be held on the grounds of the location of the warehouse where the Friends process book donations, allowing us to

offer shoppers a very large selection of affordable quality used books, audio-books, music and movies.

Oct. 23: On Sunday, 1 p.m. to 3 p.m. Ventura Friends of the Library will be holding their Annual Membership Meeting: Libraries Growing with Technology at E.P. Foster Library's Topping Room. Antonio Apodaca, Makerspace Librarian, and Deya Terrafranca, City Librarian, will explain all that library tech has to offer and what will soon be available at a library near you. Bring a friend to see the library's 3D printer in action and discover the new dimensions of the library. Admission is free.

Nov. 1: 12 noon Mended Hearts of Ventura. Come share if you have had heart surgery or stent implant. Group meets the first Tuesday at 12 noon at Carrows restaurant on Harbor Blvd. Excellent speakers - leading Cardiologists, Nutritionists, Dietitians, etc. from our area. Contact Richard Hatcher 644-2733.

Ojai news and events

The Ojai City Council has selected interim city manager Steve McClary as Ojai's permanent city manager. McClary had been serving as interim city manager since shortly after the resignation of Robert Clark on March 1. The city council voted 4-1 for a three-year contract, with Council Member Betsy Clapp voting no.

"Steve's leadership skills and knowledge of the Ojai community clearly made him our best choice to be our City Manager," said Mayor Blatz. McClary began his service to the City of Ojai as the assistant to the city manager in 2009. He was promoted to the position of Deputy City Manager in 2013. Prior to his tenure in Ojai, McClary served 12 years in the city manager's office for the City of Fillmore.

Community Memorial Healthcare Foundation and Ojai Valley Community Hospital Foundation has announced that Don Felder, a former legendary guitarist with the Eagles, will be performing at this year's "At The Bowl" benefit concert on Oct. 22 at Libbey Bowl.

Felder, who played lead guitar with the Eagles for 27 years, originated the music on numerous Eagles milestones and co-wrote their biggest hit - the iconic "Hotel California." The funds raised by this event will support Community Memorial Health System construction projects - the building a new Community Memorial Hospital in Ventura and a new Continuing Care Center in Ojai. General admission tickets and sponsorship packages are available at www.cmhsatthebowl.org. Or call 667-2881.

The Ventura County Library's Makerspace Librarian Antonio Apodaca will visit the Ojai Library at 2 p.m. on Friday, October 14, 2016, to deliver a presentation introducing a new eLibrary resource: PressBooks! Also at the Ojai Library, Opera Santa Barbara will return to present a Free Noontime Opera Concert on Thursday, October 13.

The Jewish Community of Ojai invites everyone to celebrate

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Large 1 topping \$15.95
10" mini 1 topping \$9.95
Extra Toppings - \$1 each

Monday thru Thursday - Extra Large Pizza, one topping, \$10.99 or Spaghetti, \$5.49

"Blessings," six leaded-glass windows recently installed in the JCO sanctuary. These leaded-glass panels were commissioned in 1993 by the Jewish Museum, New York, from glass artist and sculptor Susan Stinsmuehlen-Amend. In 2016, at the artist's suggestion, they were generously gifted to the Jewish Community of Ojai. Artist Susan Stinsmuehlen-Amend, and curator Anca Colbert, will discuss the creative process behind the windows, a brief history of stained glass windows and their place in spiritual art. The event will be held on Wednesday, October 19th at 7:30 pm. Dessert and wine reception will follow.

The Ojai Photography Club will host a presentation by photographer and master teacher Christopher Broughton on October 18, at 7:00 p.m. in Ojai's Kent Hall. "Practicing Seeing," is based on his experiences in Paris over the past five summers teaching a ten-week study abroad program in photography to Brooks Institute students. After completing his BA and MS in photography at Brooks Institute, Broughton joined the faculty at Brooks and taught there for twenty years until the recent closure of the school. <http://www.christopherbroughton.com>

Monthly free presentations are part of the Ojai Photography Club's community service outreach. Visitors are always welcome to attend. The Ojai Photography Club, which is devoted to education, inspiration, and camaraderie, meets on the third Tuesday of each month, February - November. For additional information please visit: www.ojaiphotoclub.com/

Come join over 100 players in the annual Villanova Preparatory School golf tournament with a foursome. Come enjoy the Oktoberfest dinner and raffle. Families, friends, alumni, neighbors and public are all welcome! This year, our Wildcat Classic fundraising goal is to raise over \$24,000 to use towards athletics and scholarships. Villanova is known for its sense of community and the involvement of its parents and supporters. The event promises to be an excellent opportunity to bring people together for a great cause, and great fun as this year's event is aligned with Halloween. It will be a screaming good time for all!
Soule Park Golf Course
Friday, October 28
Registration 9:00 a.m. Tee Time 12:00 p.m. Feast Time 4:30 p.m.



Ventura Music Scene

Ebbs and flows of our music scene

by Pam Baumgardner
VenturaRocks.com

Nobody likes change, especially when it involves the closing of another venue which offered live music. I'll admit to my disappointment; especially when walking by Saturday night and not hearing upbeat live music from W20 at the Watermark. I wanted to berate Hartley for letting us down, but you know, he and Kathy sort of deserve less stress in their lives. It would have made the blow easier knowing the new tenants would carry on with live music, but alas, it doesn't appear they will. I'm trusting the other venues in town to pick up the slack and help out the bands scrambling to find places to play. I always say there are ebbs and flows with Ventura's music scene. Guess which one we're in.

Doing his best to pick up the slack of course is Mike Toler just around the corner from W20 at Amigos. He's got a nice line up of music scheduled including Mi6 on Sunday October 23d. He told me that he's looking forward to the return of his friend Wes Nile and Mi6. He said, "The last time we had them at Amigos they really brought it with something I had not seen before. Imagine listening to a DJ but the DJ was being replaced by a band, and unless you were in front of the band, you wouldn't know the difference!"

I'm glad I was able to witness the return of Cirith Ungol at the Ventura Theater during the Frost and Fire II fest. The City of Ventura was scheduled to recognize their reuniting after 25 years at the City Council meeting on Monday the 10th. I've heard European dates will be coming up for them in 2017.

SteampunkFest will be held at the Heritage Square in Oxnard on October 15th and 16th. The event is being touted as kid friendly with wacky events all day. Some of the bands scheduled include 50 Sticks of Dynamite, Abby and the Myth, Cirque Des Betes, and of course the Velveteen Band. For more information and ticket prices, check out www.OxnardSteamPunkFest.com.

I'm hearing good things about the band, Big Jesus, an alt-rock band out of Atlanta, GA, who will be coming to town this month. They've been getting a lot of good coverage for their latest release; Rolling Stone Magazine praised them for "reviving 90's alternative" which happens to my favorite era of music. Actually the entire week at the Ventura Theater will be rockin' with Yellowcard on the 19th, Garbage on the 20th, Ben Folds on the 21st, Common Kings on the 22nd and wrapping up the week will be Big Jesus opening for Good Charlotte on Sunday the 23rd.

And finally, happy anniversary (number 9) to Sheldon and the staff of the Ventura Breeze. I would like to personally thank Sheldon for supporting Ventura's music scene by devoting a full page to its coverage.

Do you have any music related news or upcoming shows you want help publicizing? Send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Amigos Cafe & Cantina 546 E. Main St. 805-874-2232

Mondays: Open mic
Tuesdays: Musicians Night Out
Wed 10/12: Coso Live
Fri 10/14 - The Right Amount of Wrong
Sat 10/15 - Dive Bar Messiahs
Sun 10/16 - 5 pm Corscian Brothers; 9 pm Karaoke
Wed 10/19 - Live Band Karoke
Thurs 10/20: Dylan Schmidt & the Rhythm Souls

Fri 10/21: 5 pm Karen Eden Trio
Sat 10/22 - The Barrelhouse Wailers
Sun 10/23 - 5 pm MI6; 9 pm Karoake

Bank of Books 748 E. Main Street Sat 10/15 - 5:30 pm Bob Walker Café Fiore

66 S. California Street
(805) 653-1266
Wed 10/12: Big Adventure
Thurs 10/13: Whesli
Fri 10/14: Soul Infusion
Sat 10/15: Rick Whitfield
Tues 10/18: Bill Owen Jazz Express
Wed 10/19: Donna Butler
Thurs 10/20: Brandon Ragan
Fri 10/21: Instone
Sat 10/22: Red Muffs
Tues 10/25: Donna Butler

The Cave
4435 McGrath Street
Weds & Saturdays: 5:30 - 8:30 pm
Varon Thomas
Thurs & Fridays: 5:30 - 8:30 pm
Warren Takahashi

Copa Cubana
Ventura Harbor Village
Tuesdays: the Down Home Super Trio

Thurs 10/13: Shoemaker Brothers
Fri 10/14: Avery Dalton
Sat 10/15: 3 pm Eddie Caliente; 4 pm Lorenzo Martinez
Sun 10/16: 4 pm Lorenzo Martinez
Thurs 10/20: Roger Bridges
Fri 10/21: Ian Peters
Sat 10/22: Live Band Karaoke
Sun 10/23: 4 pm Hot Roux

Dargan's Irish Pub & Restaurant
593 E. Main Street
(805) 648-3001
Sun 10/16: 4 pm The Sunday Drivers

Discovery
1888 Thompson Blvd
Wed 10/12: Starlight Swing Night with Rob Rio
Thurs 10/13: Tunnel Vision, Cydeways
Fri 10/14: Wishbone
Sat 10/15: New Kingston ft Sensation, After the Smoke
Wed 10/19: Starlight Swing Night with The Right Amount of Wrong
Thurs 10/20: Mele'uhane
Fri 10/21: No Duh
Sat 10/22: Bar-B and the Ranch Hands

El Rey Cantina
294 E. Main Street
Fridays: 4 pm Xoco Moraza and Friends; 9:30 DJ/Karaoke by DJ Gold Dust
Saturdays: DJ Erock
Gigi's Cocktails
2493 Grand Avenue
(805) 642-2411
Thurs, Fri & Sat: Karaoke
Golden China
760 S. Seaward
(805) 652-0688
Karaoke seven nights a week 9 pm
Tuesdays 7 pm: Open Mic
Grapes and Hops 454 E. Main Street
Wednesdays: The Swillys
Sat 10/15: The Barrelhouse Wailers
Fri 10/21: Shelby Figueroa, Seamus Turner
Sat 10/22: Tex Pistols Trio
The Greek Restaurant
Ventura Harbor
Sat & Sun 7:30 pm
Belly Dancing, Greek music and show
Hong Kong Inn
435 E. Thompson Blvd
Mondays: Karaoke
Thursdays: Gypsy Blues Band swing night
Sat 10/15: 7 pm Dee Dee's Aloha Island Dolls
Sun 10/16: 3 pm Hot Roux
Fri 10/21: Hi Hat Entertainment - Michael John & the Bottom Line
Sun 10/23: Sing line dance with Tom
Keynote Lounge
10245 Telephone Road
Tuesday and Wednesday: Karaoke
Thursday: Open Mic
Sunday: Karaoke
Fri 10/14: Black Canyon Band
Sat 10/15: Action Down
Fri 10/21: Vital Itch
Sat 10/22: Celebrity Trash
Made West Brewing
1744 Donlon Street
Thurs music at 6:30
Thurs 10/20: The Riverside
Sat 10/22: Timmy Curran
Majestic Ventura Theater
26 S. Chestnut Street
Wed 10/12: Steve Vai
Fri 10/14: Strangelove
Wed 10/19: Yellowcard
Thurs 10/20: Garbage
Fri 10/21: Ben Folds
Sat 10/22: Common Kings, Ballyhoo!, Dirty Rice
Sun 10/23: Good Charlotte
Margarita Villa
Ventura Harbor Village
Sundays at 3 pm: Shoemaker Brothers
Namba
47 South Oak Street
Music Speaks Series 4 pm Sundays
Sun 10/16: Jim Kanter
Sun 10/23: Tom Peters
O'Leary's
6555 Telephone Road
Tuesdays: Free Jukebox
Wednesdays: Karaoke
Fri 10/14: Live Band Karaoke
Sat 10/15: Rising Son
Paddy's
2 W. Main Street
Wednesdays: Karaoke
Fri & Sat: DJs
Plan B Winery
3520 Arundell Circle
Sun 10/9: 4:30 pm - 4th anniversary party with The Vonettes
Poinsettia Pavilion
3451 Foothill Road
(805) 648-1143
Mon 10/17: Monday Night Dance

Club with Wyatt Haupt Band
Mon 10/24: Monday Night Dance
Club with Dick Parent Band

Prime
2209 E. Thompson Blvd
Tuesdays: Danny D
Fridays: Encore
Saturdays: Beach City Sound Club
Red Cove

1809 E. Main Street
Thursdays: Music Club Open Jam Night
Rookees Sports Bar & Grill
419 E. Main Street
(805) 648-6862

Fri and Sat: Rotating DJs

Saloon BBQ Co.
456 E. Main Street

Fri 9/30: Dante Elephante

Sat 10/1: Deep Blue Sea

Sandbox Coffeehouse

204 E. Thompson Blvd

805-641-1025

Thurs 6 pm, Weekends noon

Thursdays Open Mic

Sat 10/15: Patrick Gillham

Sun 10/16: Folk Duo

Sat 10/22: Salvador Magellon

Calderon

Sun 10/23: Dennis Russell

Sans Souci

21 S. Chestnut

Sundays: DJ Darko

Mondays: Karaoke

Tuesdays: Twisted Tuesday

w/ DJ

Wednesdays: Open mic

Thursdays: DJ Spinobi

Fri 10/14: Alligator Dave

Sat 10/15: Hard Six

Fri 10/21: Watchermoon

Sat 10/22: Big Rig, Dollhouse

Star Lounge

343 E. Main Street

Fri 10/14: The Bomb

Sat 10/15: Drunken Monkeys

Fri 10/21: CRV

Sat 10/22: Los Locos

The Tavern

211 E. Santa Clara Street

Sunday Steezy Steve

Karaoke Tuesdays

Metal Music Wednesdays

DJs every Thursday college night

Sat 10/15: Mark Masson &

Phriends

Traveler Café

1070 E Front Street

Fridays 5-7 pm: Bernie Larsen

Sundays 11-1 pm: Bernie Larsen

VFW Hall

3801 Market Street

Saturdays: 4-8 pm Captain Ron

The Wine Rack

14 S. California Street

Music runs 7-11 pm, Sundays at

2:30 pm

Sundays: B&V Acoustics

Mondays: Open Mic

Tuesdays: Keith Cain

Wed 10/12: Blue Grass jam

Thurs 10/13: Jon Gindick

Fri 10/14: Ricardo Ash

Sat 10/15: Paul Mars Black

Wed 10/19: Danielle Stacy

Thurs 10/20: Jon Gindick

Fri 10/21: Emily Reeves

Sat 10/22: Danielle Stacy

The 805 Bar

Ventura Harbor

Sat & Sun: Noon Kenny DeVoe

Fri 10/14: 4 pm Kenny DeVoe

Sat 10/15: noon Kenny DeVoe

Fri 10/21: 4 pm Kenny DeVoe; 8

pm Frank Barajas

Sat 10/22: noon Kenny Devoe; 8

pm Teresa Russell

Sun 10/23: noon Kenny Devoe



Solo show of photographs by artist **Darlene Roker** titled "101: A Highway Odyssey" At the Buena Ventura Gallery, 700 E. Santa Clara St. from Oct. 18-Nov. Opening reception on Saturday, October 22, 5 - 7pm.

Fine art photographer Darlene Roker presents an exhibition of works "taken from Ventura to Atascadero along the 101," Roker concentrates on landscapes and seascapes, and is influenced by plein-air, impressionist style paintings. Her favorite aspect of her photography is "creating a piece that evokes a 'wow' from viewers."

She concentrates on landscapes and seascapes, she said, is influenced by plein-air, impressionist style, and works "to create artistic impact, a sense of connection with the subject."

Her show will feature more than two dozen photos on canvas, gallery-wrapped, ranging in size from 12 by 16 inches to 20 by 30 inches.



Focus on the Masters (FOTM) will present a film screening of A Conversation with Leslie Rinchen-Wongmo on Wednesday, October 26 at Ventura College. The program will begin at 7:00 p.m. at the Applied Science Center.

Leslie Rinchen-Wongmo is a Ventura County textile artist and caretaker of a sacred Tibetan tradition: silk appliqué thangka. Creating thangkas (sounds like Tonka) is more than an art form, it is an ancient practice Leslie learned while living in Dharamsala, India, home to His Holiness the Dalai Lama and the Tibetan government-in-exile. Leslie is one of only a few women who have mastered this highly specialized craft.

A Conversation with Leslie Rinchen-Wongmo is the edited version of her FOTM Artist Spotlight interview that took place on March 28, 2015, hosted by FOTM founder Donna Granata as part of Leslie's formal documentation for the FOTM Archive & Library.

For additional information, you may call Focus on the Masters at 653.2501. To learn more about Leslie Rinchen-Wongmo, go to www.ThreadsOfAwakening.com.

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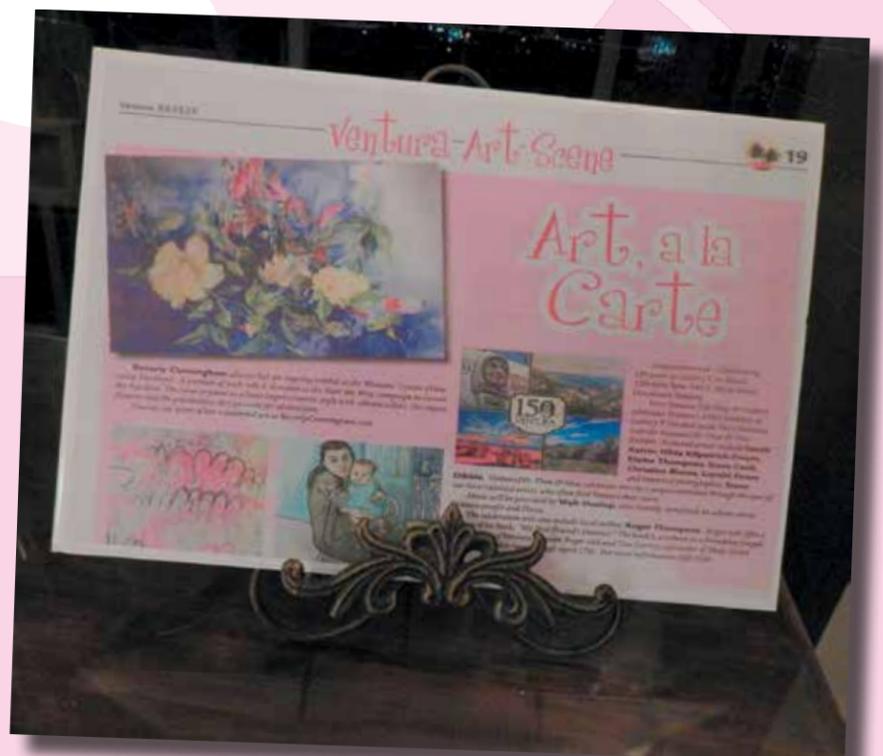
Cell: 805-701-7694
Office: 805-477-4284
Email: TeamTrainor12@gmail.com

 BERKSHIRE HATHAWAY HomeServices California Properties

The Ventura County Potters' Guild Gallery consists of 20 juried Guild members. They are currently featuring an Eclectic Collection of works by VCPG President **Genie Thomsen, Kim Myhre Clarke, Judy Winard Hirsty, Roe Estep, Arnie Kubelun, Dane Venaas,** luster vessels by **Bill Metcalf** (Ventura College Ceramics technician) and **Ellen Williams...** all talented local artists for the month of October. Open 11 - 6 pm every day. Ventura County Potters' Guild Gallery
Ventura Harbor Village
1567 Spinnaker Drive Suite 105
644-6800



Something new and exciting is brewing at the **Blackboard Gallery** at Studio Channel Islands in Camarillo. For one night only there will be an exhibit like never before, a pop-up spectacle for only the bravest artists and their victims. This is an exhibit so intense it will only be on display for one dreadful, fun night, October 29th from 7-9pm! Don your costumes or come as you are but join in for a frightfully good time. Don't be afraid; just turn off the lights. This exhibit is free to the public. One complimentary bar drink for costumed attendees. This event is costume optional. 2222 Ventura Blvd.



On display at the Poinsettia Pavilion.

Lighter Breeze

Mutts



Tiger



Shoe



Crock



Beetle Bailey



Moose and Molly



Solutions on page 19

(For a beginners guide to playing Sudoku go to venturabreeze.com)

	5		1			8		
		3		6				9
8		4			5			7
6				2				4
	1		3			7		
		9			6		5	
3				1			7	
		2	8			1		
	8					7		5

Weekly SUDOKU
by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Solutions on page 19

King Crossword

ACROSS

- 1 Coincide
- 6 Orbiter until 2001
- 9 Massachusetts cape
- 12 Marshmallow treats for Easter
- 13 Rhyming tribute
- 14 Gorilla
- 15 Install to new specs
- 16 Rids of impurities
- 18 Summertime quaff
- 20 Give a darn
- 21 Gridiron org.
- 23 Stocking woe
- 24 Take it easy
- 25 " — well that ..."
- 27 Center of emotions
- 29 Brawn
- 31 Pipsqueaks
- 35 Silent film brother
- 37 Infamous lyre player
- 38 Luxurious fabric
- 41 Curved line
- 43 "Family Guy" network
- 44 Actress Penelope
- 45 Faux gold
- 47 Improves
- 49 Poisons

1	2	3	4	5	6	7	8	9	10	11	
12						13			14		
15						16		17			
		18			19			20			
21	22			23			24				
25			26		27		28				
29				30			31		32	33	34
			35			36		37			
38	39	40				41		42		43	
44					45			46			
47				48				49		50	51
52					53			54			
55					56			57			

- 52 One little insect ...
- 53 ... and another
- 54 Mountain chain
- 55 More, to Manuel
- 56 — and outs
- 57 Bad lighting?
- 7 Notion
- 8 Ump
- 9 Panama or Suez
- 10 "Turandot" or "Tosca"
- 11 Neuter
- 17 Hockey players
- 19 Potato, e.g.
- 21 "Platoon" locale
- 22 Winter bug
- 24 Ply oars
- 26 Prefix for "phrenic"
- 28 Rage
- 30 PC linkup
- 32 Money-back
- 33 Expert
- 34 Chi squad
- 36 Analyzes grammar
- 38 "Git!"
- 39 Gladiatorial venue
- 40 Massachusetts university
- 42 Charmer's snake
- 45 Portent
- 46 Den
- 48 Bat stat
- 50 Swelled head
- 51 D.C. honorific

DOWN

- 1 Spring mo.
- 2 "Holy cow!"
- 3 Some coffee-shop buys
- 4 Grand story
- 5 Perfumery compound
- 6 Rita of "West

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Go to www.venturabreeze.com for your daily horoscope

ARIES (March 21 to April 19) Mars, your ruling planet, begins a journey that will open up a growing number of possibilities. Put that surging Arian energy to good use and explore it to your heart's content.

TAURUS (April 20 to May 20) This is the time to prepare for a career move coming up next month. Update your resume. Get those proposals in shape. And don't forget to buff up that Bovine self-confidence.

GEMINI (May 21 to June 20) Your Gemini instincts will guide you to the right people who might be able to help you get over that career impasse that has been holding you back. Expect to make changes.

CANCER (June 21 to July 22) You're getting closer, but you still have a ways to go before reaching your goals. Continue to stay focused, no matter how difficult it can be for the easily distracted Moon Child.

LEO (July 23 to August 22) Your Leonine pride might be keeping you from getting to the source of a disturbing situation. Don't be shy about asking questions. Remember: Information is power.

VIRGO (August 23 to September 22) It's a good time to shake up your tidy little world by doing something spontaneous, like taking an unplanned

trip or going on a mad shopping spree.

LIBRA (September 23 to October 22) This is a good week to get advice on your plans. But don't act on them until you feel sure that you've been told everything you need to know to support your move.

SCORPIO (October 23 to November 21) Be careful. You might be probing just a little too deeply into a situation that you find singularly suspicious. The facts you seek will begin to emerge at a later time.

SAGITTARIUS (November 22 to December 21) This is a good week to make new friends and to look for new career challenges. But first, get all those unfinished tasks wrapped up and out of the way.

CAPRICORN (December 22 to January 19) Relationships need a fresh infusion of tender, loving care. Avoid potential problems down the line. Stay close to loved ones as the month draws to a close.

AQUARIUS (January 20 to February 18) Aspects favor relationships, whether platonic, professional or personal. On another note: Be a mite more thrifty. You might need some extra money very soon.

PISCES (February 19 to March 20) This is the absolute right time to let those often-hidden talents shine their brightest. You'll impress some very important people with what you can do.

BORN THIS WEEK: You are impelled by a need to find truth, no matter how elusive. You would make a wonderful research scientist or an intrepid detective.

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Show Time

The Magnificent Seven



by Eduardo Victoria
eduardovictory@yahoo.com

It was only a matter of time before Akira Kurosawa's action masterpiece *Seven Samurai* was updated for a modern generation. Only this time around, the filmmakers have chosen to stick to the Western genre and use that format to bring the story to life once more in a re-telling of the John Sturges ensemble film *The Magnificent Seven*. That film, released in 1960, told the story of seven hired guns who upon protecting a village of poor farmers for virtually no money learn that they are not fighting for the inhabitants, but instead for something far greater than themselves. This time around Antoine Fuqua brings his fast, slick spin to the West with Denzel Washington playing Sam Chisolm, a man in black who is tasked with assembling seven guns once more for the same premise.

Joining Chisolm is Josh Faraday (Chris Pratt), a smooth talking and charismatic face who is also good with a pistol. Jack Hunter (Vincent D'Onofrio) is an eccentric and expert tracker and Goodnight Robicheaux (Ethan Hawke) is a legendary marksman who is struggling with his violent past. The film is excellently cast Vasquez (Manuel Garcia-Rulfo), Red Harvest (Martin Sensmeier), and Billy Rocks (Byung-hun Lee) round out the cast and bring an authenticity to their characters even with little screen time for some. They are brought together by Emma Cullen (Haley Bennett), a widow seeking revenge for the death of her husband and to stop Bartholomew Bogue (Peter Sarsgaard) from destroying their lives and their homes.

If you're familiar with the original film, you'll notice recycled elements from the first two; everything from set pieces to specific lines of dialogue. Sturges' film has a runtime of 128 minutes and fits in an impressive amount of exposition, action, and story in that time. Clocking in at 132 minutes Fuqua's *Seven* seems extremely rushed, with a few characters getting shoddy introductions (sorry Red Harvest, but your intro didn't make a lot of sense), strange character development that doesn't lead anywhere, and a mustache twirling villain whose evil plan isn't very evil or for that matter, coherent.

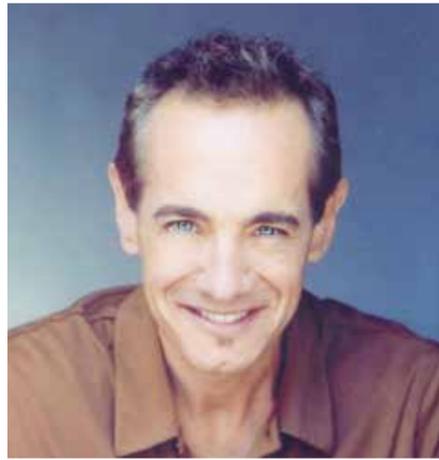
On that note, the film's cast shines and brings characters to life that would otherwise prove dull on the page. Hawke's Robicheaux is a man suffering from a legacy of violence and death, one that has finally taken its toll on his ability to be able to fire a weapon at another human being. With his eyes telegraphing the struggle, he doesn't need to say much in order for us to know what he's feeling. Washington is perfectly cast as the man in black, this time named Chisolm (probably a nod to the John Wayne western classic Chisolm). Although the film is a little too referential (the opening is almost beat for beat out of *Django Unchained*), the film finds its footing in the modern action genre with its astonishing final battle between a hundred men against seven.

The film's final set piece uses actual stunt riders on horse back as opposed to having to rely on CGI to create acrobatics that were once done practically. It is big and

goes on for a long time, but it is without a doubt some of the most exciting action put on screen this year. Film score nerds will also recognize a very familiar rhythm played by the percussion in the film's score, that's right, it is a quote of Elmer Bernstein's iconic score to the original film.

Though not necessarily very politically correct, Kurosawa and Sturges burden the audience with the farmer's poverty more so than to let us know. These people were on the point of desperation, no longer knowing what to do. My main problem the film is that this is a tale of revenge. There is no realization that these men have to do what is right. In the third act, it's revealed that the intentions of defending the people of the town go beyond standing up for what is right and are actually a plan for revenge. That said, it seems to fit perfectly well in this gritty update to *The Magnificent Seven*, yet somehow doesn't feel right.

Now playing at Cinemark Downtown 10. 128 minutes. Rated PG-13.



Jason Graae (robot Ariel) was last seen at *Rubicon* in the concert version of Sondheim's *Merrily We Roll Along*.

An out-of-this-world musical at the Rubicon

Rubicon Theatre Company presents *Return To The Forbidden Planet*, a fabulously campy send up of "Forbidden Planet" and other sci-fi film and TV shows from the 1950s, loosely based on Shakespeare's *The Tempest*. Set on a space ship sometime in the future, the show features a galaxy of 1950's and 1960's rock and roll classics, including "Wipe Out," "Good Vibrations," "Great Balls of Fire," "All Shook Up," "Monster Mash," and "We Gotta Get Out of this Place."

Winner of the Olivier Award for Best Musical, *Return To The Forbidden Planet* follows the adventures of dashing spaceship Captain Tempest and his crew, who hit a meteor shower and then are mysteriously drawn off course to the mysterious planet of D'Illyria. There, they discover a mad scientist Dr. Prospero, his beautiful daughter Miranda, and the robot Ariel. As romance develops between Captain Tempest and Miranda, a monster threatens the spaceship, and a sacrifice must be made to ensure everyone's safety.

The show runs Wednesdays through Sundays through November 13. Low-priced previews are Halloween week - Wednesday, October 26 at 7 p.m., Thursday, October 27 at 8 p.m. and Friday, October 28 at 8 p.m. Opening night is Saturday, October 29, at 7 p.m. with a post-show party hosted by Skating Plus. For tickets and dates, go to www.rubicontheatre.org or call 667-2900. Regular tickets range from \$35 to \$64 plus a \$4 service fee, depending on day of the week and time. Opening night is a benefit performance, with tickets at \$95 (price includes a tax-deductible contribution).

DINE LOCAL ★ SHOP LOCAL
VENTURA HARBOR VILLAGE

SATURDAY, OCTOBER 22

Howl-O-Ween
DOG COSTUME CONTEST
NOON | CAROUSEL STAGE
FREE ENTRY! PRIZES FOR:
MOST SEA-WORTHY, CUTEST, SCARIEST,
CREATIVE/ORIGINAL & BEST IN SHOW

SATURDAY, OCTOBER 29

Safe Trick-Or-Treat
1-3 PM | HARBOR VILLAGE
GATHER FAMILY & COSTUMED LITTLE ONES
TO SAFELY TRICK-OR-TREAT SEASIDE.
BRING YOUR GOODIE BAG!

Thrill the World
3 PM | VILLAGE MAIN LAWN
ZOMBIES, CREATURES & GHOULS GATHER TO
DANCE TO MICHAEL JACKSON'S "THRILLER"
TO BREAK THE WORLD RECORD

VENTURA HARBOR VILLAGE



Jim's interest in magic began at age 14.

Two On the Aisle R.I.P. Jim Spencer

by Shirley Lorraine

The seat on the aisle is now empty. James (Jim) L. Spencer passed away at the age of 74 from a swiftly-moving inoperable brain tumor on Friday, September 30 with me, his wife of 26 years, Shirley Lorraine Spencer, at his side.

Jim was well known in many circles. His solo law practice focused on estates and corporations. He taught business law courses at Ventura College for nearly 40 years. His interest in magic began at age 14 and continued to the present. His primary magic persona was that of Professor Tinker, a medicine show recreation of old west vintage. Although we often performed on the same bill, rarely did we actually perform together. Our last stage performance as a duo outside of magic was a reading of "Love Letters" at the Camarillo Playhouse.

Together we co-authored *Two On the Aisle*, writing more than 400 theater reviews to date for the *Ventura Breeze* and the *Ventura County Reporter* over a span of more than 20 years. Jim liked to say that he wrote the vowels and I wrote the consonants because there were more of them. His own years of performance as an actor

and singer on local stages endeared him to many. Jim and I met while performing with the Firelite Dinner Theater. The first Spencer/Lorraine Entertainment collaboration was a medieval dinner event fundraiser for Ventura County Master Chorale. Since 1988 we have been privileged to perform for and arrange entertainment for many charitable organizations and private parties from Ventura to Las Vegas.

An avid theater-goer, Jim was a major force behind creating and establishing the Ventura REP awards for recognizing local talent which has evolved into an unprecedented cooperation among Ventura County theaters. This achievement was a source of great satisfaction, appealing to his relentless desire to cultivate, encourage and recognize the outstanding quality and amount of theatrical talent within Ventura County. He truly treasured the connections, acquaintances and friendships made through the theater community.

Jim was a long-time member of Hollywood's Magic Castle (Academy of Magical Arts), Downtown Rotary, the Salvation Army Advisory Board, Toastmasters International, Business Network International Network of Champions, the California Bar Association, advisory board for Ventura Improv Company, to name just a few. In addition, he participated in and supported numerous arts and charitable organizations through the years.

A public memorial service will be held on Sunday, October 30 (the day before International Day of Magic) at 2 p.m. at Ted Mayr Funeral Home, 3150 Loma Vista Rd., Ventura. A reception may be held at a later date.

Jim would be pleased to have contributions made in his honor to a Ventura County theater of choice or to the Salvation Army, Ventura Corps. Both are deserving causes for which he worked tirelessly and with passion.



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This 'n' That

Are you ready for the elections?

Continued from page 1

AMENDMENT - Shall the proposed amendment to Section 507 of the City Charter, to include term-limits for City Councilmembers to require that after serving three full four-year terms, a City Councilmember is not eligible to run for the City Council or to be appointed to a vacancy unless a period of four years has elapsed since their last service on the City Council, be approved?

Ventura Botanical Gardens

Continued from page 1

chance to enter an opportunity drawing for a possibility to win memberships to the Gardens among other prizes provided by Patagonia, Real Cheap Sports, and Islands Packers.

A festive Canine Costume Contest is planned giving visitors a chance to unleash their hound's inner werewolf, ballerina, clown, wizard, vampire or ghoul! The first twenty-five dogs to register will receive goody bags and the first, second and third place winners will receive prizes courtesy of Ventura Pet Barn.

"We're thrilled to celebrate this first ever Fall Trail Festival," said Joe Cahill, Executive Director for the Ventura Botanical Gardens. "The trails are so popular and we've had a number of requests to develop more events on the site. The tremendous support we receive from the community allows us to develop more community-focused events like this."

Admission to the Fall Trail Festival is free and both local residents and

visitors are encouraged to attend. For more information, please visit www.VenturaBotanicalGardens.com. Follow Ventura Botanical Gardens on Facebook. [com/venturabotanicalgardens](https://www.facebook.com/venturabotanicalgardens) for upcoming events.

Ventura Park Ambassadors

Continued from page 1

(DVP), maintains Park Security Ambassadors six days a week to help deter and report unwanted behaviors while ensuring a safe, clean and welcoming environment.

The program is gaining momentum with results, so much so that the City recently expanded the Ambassador program by increasing service hours and expanding the coverage area to the Promenade. The results were immediate. Police officials reported that calls for service to the City's dispatch center for issues on the Promenade dropped in half - from 144 calls in May to 74 calls in August - in the program's first full month on the scene.

First introduced in March 2015, the positive effect can be seen in both Plaza Park and Mission Park, and along Main Street and now the Promenade. Park Ambassadors average more than 500 contacts a week with park visitors, businesses, and transients and report issues to the City and others.

The program's success has led to improvements in cleanliness and safety, reduced public safety calls for service, reduced vandalism in public restrooms and park areas, increases in access to care for homeless individuals, and opportunities to identify long-term solutions for homelessness. Among the bright spots, the team of Park Ambassadors have built relationships



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Condo located in beautiful Bella Vista!

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1690 Tanager Street #303, Ventura. Freshly painted 3rd floor corner-unit with lots of windows. Located in the Bella Vista Senior Community (Buyer must be over 55 and income qualified with Ventura Housing Authority.) Close to markets, services, restaurants and a neighborhood park. There is a pool, spa, and beautiful club house plus many activities for the new resident to take part in.

Vella Buchanan | Berkshire Hathaway | 805.796.2483 | #00623843



2500 Sunset Dr. | Ventura
\$889,000

Charming hillside home with views! Located on a private corner lot, this 3BD + 2BA (both remodeled) has a happy, sunny energy! The feeling is light and airy with wonderful soothing decorator colors, original hardwood floors, a fireplace, and french doors which open to a patio with beautiful ocean and island views with amazing sunsets!!! Low maintenance and drought tolerant landscape. Pool and spa. 2 car garage. You surely will not want to miss this one!



6037 Bridgview Dr. | Ventura
\$2,299,000

Located in exclusive Hidden Valley Estates which is comprised of 30 custom homes, this gorgeous 4 bedroom, 4.5 bath home has it all including a private lot with mountain and ocean views. These homes rarely come on the market and this one is extraordinary. Situated on an elevated lot with views, an open floor plan, remodeled kitchen and baths, large veranda, pool with waterfall spa. Solar panels. Too many features to list, call to make an appointment to view this gem.

Melody O'Leary-Namikas
Berkshire Hathaway
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with various needy individuals, some on the streets for years, and have used the DVP's Family Reconnection Program to reconnect over 40 individuals with relatives, loved ones or into service centers.

With the enhanced sense of safety, Mission Park has been activated to promote the health of students from a local school with a new pilot program. Students now recreate on the grass through a use agreement with the City's Parks Department, and a consistent presence provided by the Ambassadors before and after the school children arrive. The park is activated two days a week enabling students to participate in physical activity during recess. Mission Park provides the perfect opportunity for students to be involved in vigorous play which also helps to improve concentration skills in the classroom.

Ambassadors also are doing their part to remove litter and trash, removing on average 50 pounds of trash weekly between the two parks. They handle or report all graffiti removals, access to the restrooms and help maintain the general cleanliness of the parks.

The Ambassadors work hand-in-hand with the members of the Ventura Police's Patrol Task Force, county behavioral health staff and other social services outreach efforts to track progress of homeless contacts. They also act as the community's eyes and ears, reporting incidents of criminal activity, ordinance or code violations to ensure a safe environment in our parks, downtown businesses and beachfront.

The program is paid partially by DVP and from the City's General Fund,

which is the same fund that pays for police, fire, parks, programs for seniors and youth, and other critical services. With additional funding, this important program could be expanded and become permanent.

Ventura values our parks, historically and culturally significant places, and having space to simply enjoy the outdoors. Park Security Ambassadors help protect what makes Ventura an attractive visitor destination and a desirable place to live.

Fainer/Tauber, MD Awards

Continued from page 1

The Masters of Ceremony were Lucas Johnston, VCMRF Board Chair and Vice President & Regional Relationship Manager of Pacific Western Bank; Mary Jarvis, VCMRF Board member and Public Affairs Director of Kaiser Permanente, and Gary Wilde, President/CEO of Community Memorial Health System, and the event Live Auctioneers were Bonnie and Richard Atmore.

These awards recognize outstanding community contributions by those directly involved in the delivery of health care in Ventura County who, through professional, charitable and public service activities, has demonstrated they exemplify Dr. Fainer and Dr. Tauber's ideals of generosity, excellence and integrity. At the event this year, VCMRF also celebrated its 60th anniversary, as well as Dr. Tauber's 100th birthday.

100th birthday cake created and donated by A Gift of Taste.

Lloyd Properties donates 869 acres

Continued from page 17

the Lloyd family," said Gary Brummett, President of Lloyd Properties.

The RSBCT's mission is to conserve and protect the land entrusted to it while honoring the land's heritage through informative and engaging programs, including structured public access. Working with Ventura County's agricultural community, the RSBCT will inspire future generations to continue the protection and conservation of the county's agricultural lands and open space. The Conservation Trust is committed to doing their part in preserving Ventura County's rangeland, farms, air, water quality, wildlife habitat and local food supplies.

"The Rancho San Buenaventura Conservation Trust was established to protect what matters most to the citizens of Ventura County: our quality of life," said Richard Atmore, founder of the Rancho San Buenaventura Conservation Trust.

Atmore's commitment to protecting and caring for the agricultural and open space land led to a vision of establishing an agricultural land trust that could protect and conserve the land in perpetuity. The goals of the RSBCT are to conserve and protect the land entrusted to RSBCT while honoring the land's heritage.

For more information about Rancho San Buenaventura Conservation Trust www.venturaconservation.com

Mailbox

Continued from page 5

fenced off and kept from the public use under the guise of getting the lot ready to sell.

The old Top Hat lot was a very needed parking lot. It is now an eye sore that is not utilized. The property is still vacant and still badly needed. Hopefully some new council blood will help us out here with more free parking downtown.

Now second on my wife's survival of the planet list (joke), is the condition of the news racks. The city forced news owners to get rid of those old eye sores. They were replaced with clean iron ones which blended with the Spanish 1920s look of the area.

One look at the racks in front of the post office on Santa Clara and some on main street, would have some people wondering what has happened to those clean racks. Many are now in need of repair. They are as shabby as the ones they replaced. items of use require maintenance. A fact of life.

My deed is done

Mike Art (husband of Barbara Art)
Mike: I certainly hope that Barbara really asked you to write this for her so that I don't get in trouble with her. Regarding the newspaper racks I, and the City are in complete agreement with her. Something will be done soon to correct this situation. There was no thought given as to who would maintain these. The racks are owned by the City and the inserts by the publishers.



Thoughtful Leadership for a Bright Future!



"VUSD is in a position of strength, with a track record of success, but we can do better and we must be forward-thinking to stay ahead of our rapidly changing world. I will serve to provide oversight, insight and foresight to position VUSD and its students for success today and in the future. I will be a tireless advocate for our schools." **Don Wood**

"Don Wood, known as the voice of the Festival of Talent and the tireless tuxedo of Relay for Life, has been an advocate, volunteer and supporter of VUSD and the children of our community for decades. He has made a positive impact on our community through his steadfast commitment to all children."

Dr. Trudy Tuttle Arriaga
Superintendent VUSD 2001-2015

"I have known Don for as long as I was Superintendent. His love of our children was evident when he was president of VEP. His respect for the teachers in Ventura Unified District is what distinguishes him and qualifies him as a board member. I urge the citizens of Ventura to support him in his quest to serve the children and teachers of VUSD."

Dr. Joseph Spirito
Superintendent VUSD 1992-2001

- Honors Graduate from Occidental College
- Successful 34-year business management career
- 30-year marriage to my wife Stacy
- Our daughter Paige was a VUSD student

Over two decades of active support for Ventura's schools and teachers as a member of Ventura Education Partnership, including 4 years as President, raising private dollars for public education, recognizing and honoring teachers and enlisting the community in the education of our district's children

Don understands the dynamics of large organizations, the details of financial analysis, the need for long-term vision and action toward that vision.



A Few Endorsements:

- Ventura Unified Education Association**
- Ventura Educational Support Professionals Association**
- Ventura Chamber of Commerce**
- Barbara Fitzgerald - President VUSD Board of Education**
- Steve Blum - VCCCD Trustee**
- Suz Montgomery - Educator and Media Host**
- Bart and Michelle Bleuel**
- Rosa Lee Measures**
- Jim Duran**
- Ric Ruffinelli**
- Jim Wells**
- John Hammer**

- Create a Path to Success for Every Student - Both College and Non-College Bound
- Expand Rapid "Safety Net" programs to Keep Students On Track
- Build a Long-range Facilities and Technology Plan to improve student productivity
- Ensure Smaller Class Sizes in Elementary School and Arts Education in All Schools
- Celebrate and Embrace Our Diversity
- Value and Empower All Employees
- Increase our Commitment to Lifelong Learning for Our Seniors
- Be Visible, Attentive and Responsive



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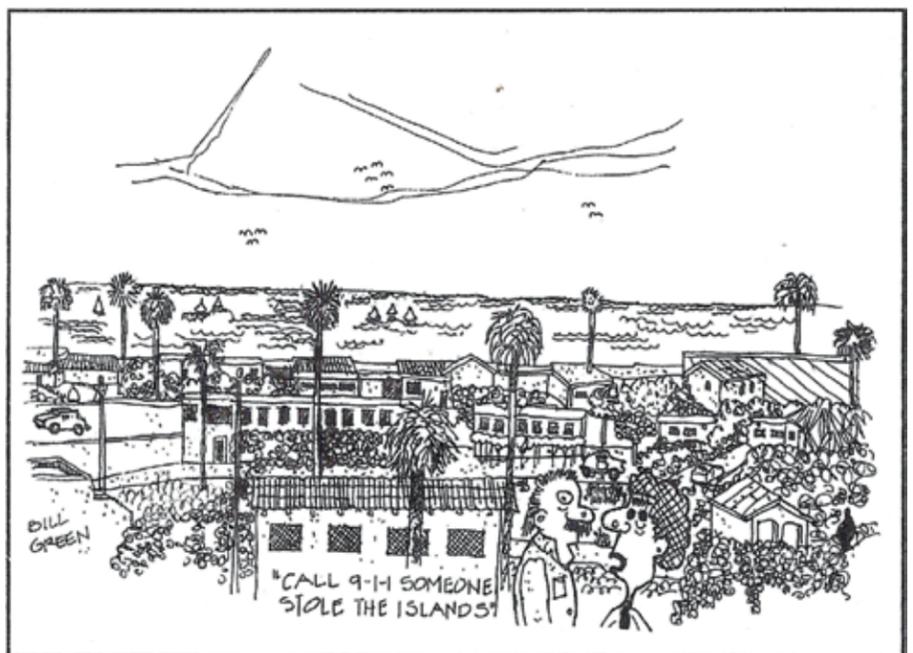
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Bill Green's first cartoon that appeared in the first Ventura Breeze issue.