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VENTURA BREEZE

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Your Hometown Paper

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The 2015 Ventura County Fair Parade was held on Saturday, August 8 in historic downtown Ventura.

Marching bands, drill teams, acrobats, clowns, horses, school groups, antique automobiles, clubs and organizations marched down Main Street from Aliso Lane to Palm Street in celebration of the 140th Ventura County Fair. The Fair Parade has become Ventura's premier parade.

Staff surround Congresswoman Julia Brownley. Photo by Bernie Goldstein.

Gina Dorrington explaining the demonstration facility.

Transitional Housing opens

Turning Point Foundation has opened the first Veterans Transitional Housing facility on the central coast. On August 5th Congresswoman Julia Brownley cut the ribbon at the grand opening. The Veterans Transitional

Continued on page 4

VenturaWater-Pure Facility

Recently Ventura Water unveiled the VenturaWaterPure Potable Reuse Demonstration Facility to distinguished guests including Ventura Mayor Cheryl Heitmann before it officially opened to the public for tours on July 18.

Continued on page 6

For a complete Ventura Music Calendar and Ventura Music Scene with all of the local venues go to page 18.

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Ed Schultz,
Ventura Townehouse Resident

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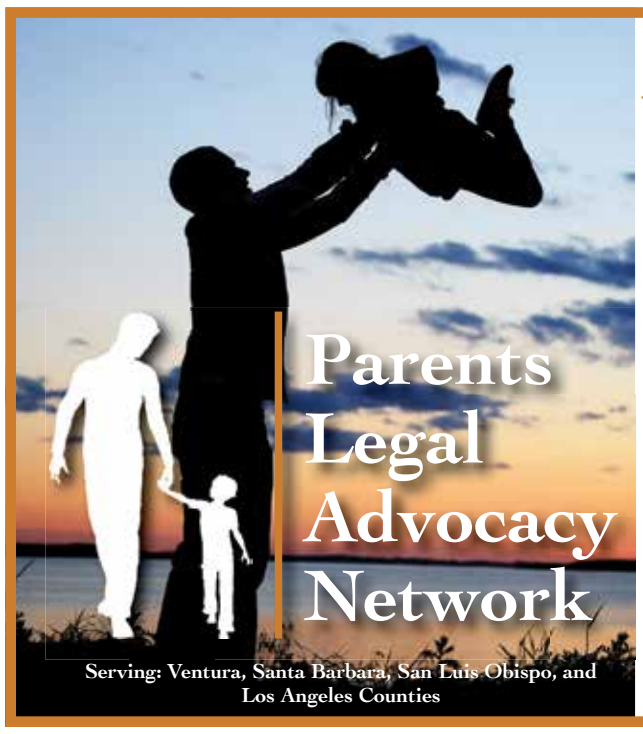

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CASITAS Municipal Water District

State Mandated Water Demand Reductions	
Water Agency	% of Water Reduction
Casitas MWD	32%
City of Ventura	16%
Golden State Water Co. Ojai	36%
Small Water Agencies	25%

Due to the current historic drought, the state has proclaimed a state of emergency and put into effect a MANDATORY water reduction of 32% for direct urban customers of Casitas Municipal Water District.

Current RESTRICTIONS Include
- NO watering from 10am-6pm & limited to 2 days per week
- NO wasting water including using hoses without a shut-off nozzle
- NO washing sidewalks or driveways

Ways to SAVE on water use
- Replace grass areas with native/ drought tolerant plants
- Run full loads of laundry & dishes
- Install efficient fixtures & appliances Rebates available on Casitas website
- Use sink aerators, available at Casitas

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Ventura Friends of the Library

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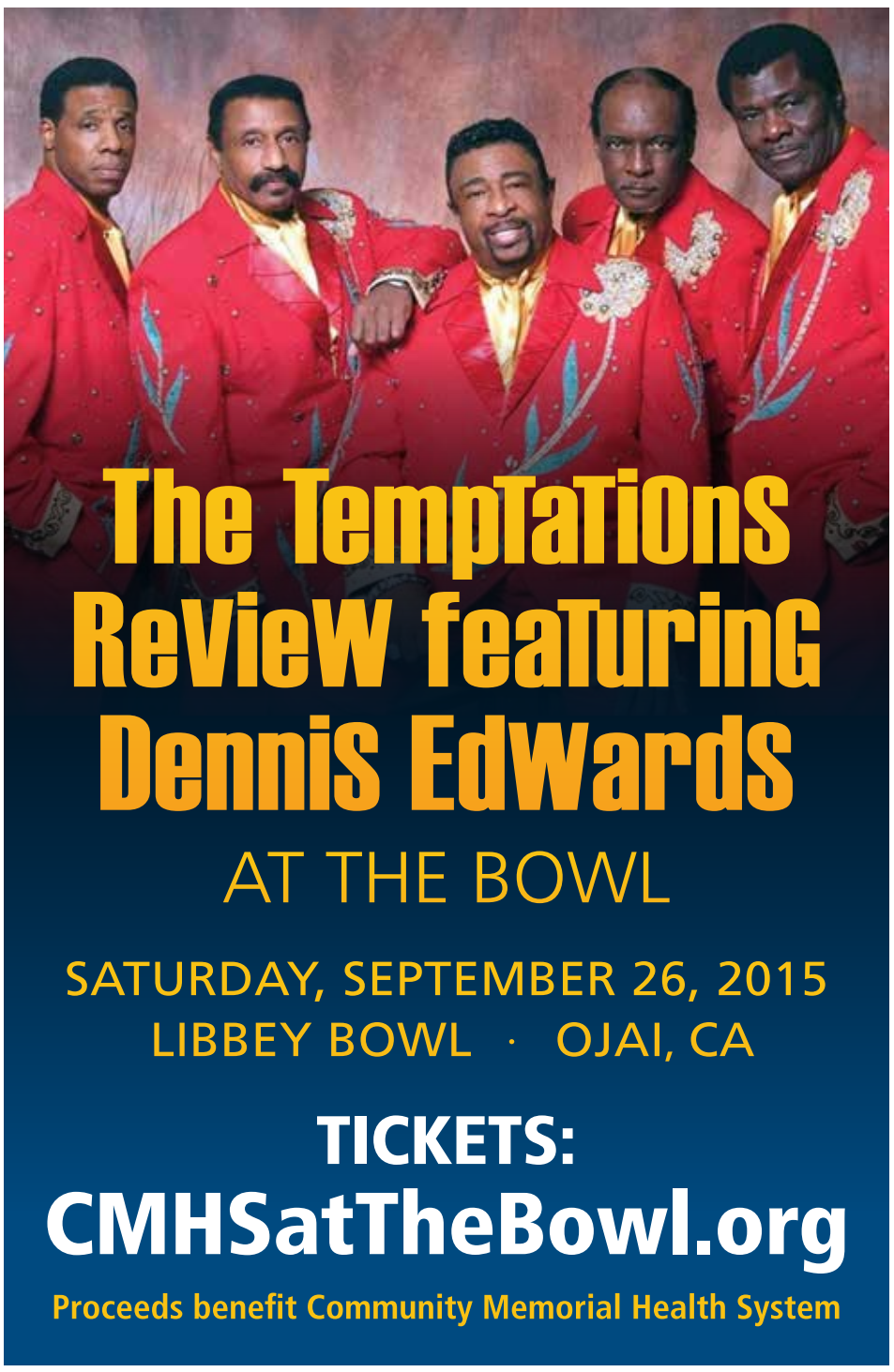

Business News

Ventura Community Bank moving

Ventura Community Bank, a division of Ojai Community Bank, announced today that it will be moving its offices to a new location in downtown Ventura during the first quarter of 2016. The Bank has entered into a lease at 89 S. California St. subject to regulatory approval.

"The downtown location is a perfect location in the heart of Ventura with easy freeway access and access to our business community," Dave Brubaker, President/CEO commented. "We love downtown and are looking forward to becoming a larger part of its success as we continue to serve our community."

At a time when larger banks are removing lenders from branch locations, Ventura is beefing up its lending services by providing lenders in the actual branch location. "

"People need to talk to people, not computers or call centers. We pride ourselves in always answering the phone, knowing your name and willing to assist you however we can." continues Brubaker. "We're old school with hands-on customer service, but have the technology that banking customers need."

"We're a hometown bank, most of the staff has grown up here, and we look forward to our friends and family visiting," added Brubaker. "We want to make a difference in the lives of our customers and look forward to spreading our good works to others."

City of Ventura classes for youth

Call 658-4726 or 654-7552 to register, or if you already have an account online, visit www.cityofventura.net Camps held the Barranca Vista Center, 7050 Ralston Street, in Ventura unless otherwise noted.

Drawing & Painting for Youth
8-14 years
8/27-9/24 Th 3:15-4:30 pm $64

Explore relevant artists and their styles to create your own acrylic paintings and pencil and charcoal drawings. Course #40379.

Clay Fantasy Creations for Youth
8-14 years
8/27-9/24 Th 4:45-6 pm $64

Create dragons, mermaids and other imaginary creatures plus clay jewelry and flowers. Course #40380.

Dynamic Singers Children's Choir
5-12 years
8/31-10/2 M 4:30-5:30 pm
$75+$5 materials fee

Learn basic music warm-ups, fundamentals and theory through different genres of music, languages and dance moves for a concert on the last day of class. At BFC, 6950 E Ralston St. in Ventura. Instructor Daniela Flores-Palomino. Course #40282.

The Fall 2015 class Guide is now on-line for class registration.

First Veterans Transitional Housing

Continued from page 1

Housing facility is located at 43 E. Vince Street in Ventura.

Based on 27 years of experience, Turning Point Foundation identified a tremendous need for supported transitional housing for veterans suffering from mental illness that are homeless to address their particular barriers to success. The goals of the program include obtaining residential stability for mentally ill veterans that are homeless through supported transitional and permanent housing, increasing life skills and income stability, and obtaining self-determination by sustaining a personal Wellness and Recovery Action Plan.

Turning Point's primary means of engagement with potential veteran clients is the organization's Our Place Safe Haven, a 10-bed shelter and Multi-Service Center, which provides overnight emergency shelter and drop-in services to more than 350 homeless persons each year, 12% of whom are veterans. Since 1995, Our Place Safe Haven has served as a "community living room" where homeless persons can drop-in and get a cup of coffee, food to eat, socialize with others, take a shower, do their laundry, make phone calls, get their mail, talk to a Case Manager and get counseling.

Turning Point Foundation currently serves over 762 clients each year through safe haven, shelter, supported housing and rehabilitation programs. Turning Point is the only local non-profit agency that addresses the critical community needs of mentally ill adults in Ventura county.

To identify potential residents, Turning Point's Street Outreach team networks with the police and other mental health and social services agencies serving homeless persons, follow up on leads concerning potential clients, as well as make regular visits with food and supplies to areas where homeless persons are known to congregate in Ventura County, and through VA referrals.

Turning Point currently has three employees who are veterans, and are looking to hire more. These employees have the peer experience and connect compassionately with homeless veterans.

To learn more about Turning Point Foundation, and a personal tour beforehand with their Executive Director, Jason Meek, please call 652-0000 x108.

Ventura Breeze Launches New Web Site

The Ventura Breeze has launched a new and improved website, www.venturabreeze.com. The site provides many new features such as daily horoscopes, weather, surf reports from Surfline, along with photos and feedback from our wonderful readers. The site also includes our most current issue, all past issues, funny stuff from around the web and links to events and happenings in Ventura including local movie and theater listings. We hope you enjoy the site.

VENTURA BREEZE
Your Hometown Paper
Member, Ventura Chamber of Commerce

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We encourage you to send your opinions to opinions@venturabreeze.com. Please limit them to about 300 words.

Opinion/Editorial

Sheldon (Governor) Brown
Publisher

■ In a recent article, I stated "...and speaking of the bible, I thought it was pretty impressive launching a paper while in my seventies, but **Noah** built a 40 foot boat, with 3 levels when he was 630 years old. And without power tools. What a show-off."

There was a typo, any 630-year old could build a forty foot boat, but Noah built a 400 foot boat.

I assume that giraffes were on the upper open deck. And some people would think some dinosaurs as well.

■ I'm really sad to see **Ann Deal** and her firm, Fashion Forms, moving to Austin. Ventura lost employees, taxes and one of the very large contributors to our local arts and culture scene. She will be missed. Luckily, we still have some wonderful contributors living here.

■ Another great reason to live in Ventura is that, within 30 minutes, camping is available at several locations, and these sites are right on the water. We just spent 3-days camping (if that what it is called when in an RV) at Emma Woods, which is about 5-10 minutes from Ventura. Ventura is indeed a great place to live.

■ How's this for some tech support? My HP printer was not working properly, and after about 30-minutes on the phone with their tech person, he told me my printer was history and I needed to buy a new one (he also gave me prices for new units). So I unplug it for the night, so I can buy a new one the next day. The next morning I plugged it back in, out of curiosity, and it worked just fine and has continued to work ever since.

■ I think that our TV mentality has taken over the Republican Party. What other explanation is there for Donald Trump to be the leading candidate except that some people think that politics is now a reality TV show. I heard one supporter say, "I don't believe in anything that he is saying but I would vote for him for having the courage to say it." Great criteria for voting for our president. His first proclamation as president might be, "We are building the Great Wall of America."

■ My **home water usage** was down 21% from last year's same billing period. I think that is about as good as my wife and I (and Scamp) can do. How are you doing with your reduction?

■ If your water has had the smell and **taste of alfalfa**, it is coming from Lake Casitas. The water is safe to drink, but I can't imagine anyone drinking it. Maybe it would add a new taste to pasta. This is a yearly occurrence as algae blooms when the weather warms up. Officials assure us that the water is treated and meets all requirements to be drinking water. You can call them if you have questions or concerns at 649-2251.

■ I am very proud of the Ventura City Council's recent action to defer approval of a proposed city **grading ordinance**. Although well intended, the ordinance sets the conditions for when a grading permit is required,

but goes much too far. The ordinance would require residents to be notified within a 300 foot radius of any proposed grading, which is fine.

The Council is in general agreement with the proposed ordinance but, as was pointed out by a few speakers, it would have too large an impact on smaller properties and minor grading projects. For instance, if passed, it would have required a grading permit and soil reports for any retaining wall project over 3-foot high, which could add thousands of dollars, and added time, to minor residential projects.

A few years ago, a homeowner did extensive grading without securing any permits, which, of course, upset his neighbors. It was not very clear with the existing ordinances if a permit was required, which was the catalyst for a new ordinance to clearly define when a permit is required.

The Council requested staff to take a closer look at the ordinance and bring it back for re-review at a future date. Staff will receive more input and recommendations from contractors, building associations and the public.

■ The **homeless issue** remains a huge problem in Ventura. Solutions are usually very expensive and not affordable by smaller cities.

Los Angeles City and County are combining to expand homeless outreach teams on Skid Row with the hope of reducing the homeless population there by 25%. Between city and county, funds of about $400,000 are available to get the program started. The new program will include mental health, medical, and substance abuse professionals. It is estimated that about one-third of the homeless are mentally ill.

The LA County Board of Supervisors has also approved the building of a state-of-the art jail focused on housing the mentally ill and providing mental health treatment. Mentally ill represent about 20% of the inmate population.

Locally, there will not be a winter shelter available that will serve the homeless. The Army National Guard Armory, run by the Society of St. Vincent de Paul, will not be available because the Society has decided that their time and money should be spent on other more permanent solutions. Without the their support, the armory is too expensive to use.

Both Oxnard and Ventura are both looking for a new location for a winter shelter. Several locations that have been considered would not work because of zoning laws – even when located in industrial areas.

Peter Brown, who is now the homeless coordinator for both Oxnard and Ventura, is actively trying to solve this problem. He is seeking a location and funding, with a possible source for funding being FEMA.

Mailbox

Breeze:

I agree with what Council Member Weir has said all along...fill the open spaces with wholesome activities and the lowlifes (my word not hers) will go elsewhere. And she is right on target. Ventura's greatest asset is its beachfront. And we should keep it free of undesirables so that tourists will want to come here. To me this requires, the VPD patrolling the beachfront from the harbor to the Ventura RV Beach Resort on bikes (like I do). Plus the City and tourist bureau should go out of its way to promote healthy family oriented events. Additionally, Ventura should think about drawing more volleyball players to our beaches. Setting up the courts is a minor expense (only a few thousand dollars) and volleyball is being played in the schools throughout Ventura County by both boys and girls. Note that the South Bay has volleyball courts stretching from the Pacific Palisades to Palos Verdes plus the Santa Barbara beaches are filled with them. Why is Ventura missing the boat?
George Robertson
Ventura

Dear Sheldon:

Imagine my surprise when I went shopping for a waterless car wash product (e.g. Eco Green, and there are other brands) to get my car clean and avoid wasting water and found none! Not one auto supply store carries such items, nor do the automotive departments in stores like Target, Wal-Mart, et al. What's wrong with this picture? In California, we need our cars, want to keep them reasonably clean, and yet we do not have access to the products that can help us. I urge your readers to rally round this problem and help bring waterless car wash products into stores in Ventura. Perhaps this issue warrants its own awareness-raising article in your fine publication.
Many thanks, and regards to Scamp.
Judy Cohen
Ventura

Ventura Breeze

In your last issue you had a letter from John Ferritto regarding atheists that said, in part "I hope there is a God because without one there is no absolute hope, truth, and goodness." So I researched Federal prison inmates and found that 99.05% believe in god and .05% are atheists, just thought that everyone should know that .

And who is more moral someone who does good because they know it is right or someone who does good because they are afraid of going to hell?
Robert Vaughn
Ventura

Sheldon:

Regarding your comments on our drought I think that you have been hit too many times in the head by a tennis ball so are not thinking correctly. You ignore all of the evidence that there is a drought.
John Griffin
John: The only time I am hit playing tennis is when I hit my shin sometimes when serving. Maybe I think with my shins, so you might be correct.

Editor:

Obama Care Supreme Court Ruling.

Continued on page 16

> Life isn't about finding yourself. Life is about creating yourself.
>
> *— George Bernard Shaw*

City News

Ventura Friends of the Library poster contest

The Ventura Friends of the Library are sponsoring a poster contest for the City of Ventura's 150th Anniversary Celebration, April 2, 2016. The contest is open to all youths who live or go to school in the city of Ventura ages 6 to 18. Each child who enters a valid submission will receive a Ventura Friends of the Library Bookmark and have their work displayed at the 2016 Ventura County Fair.

The winning posters will artistically and colorfully illustrate the city of Ventura and promote the city's 150th anniversary. They may represent any period in the city's history.

Entrants must submit original, two-dimensional works of art created by themselves. Entries may not include lettering, clip art, copyrighted material or any registered trademark or logo. Do not include the city name, logo or lettering in the original artwork as it will be inserted in production.

Only one entry per person will be accepted. If the entrant is under 18 as of October 16, a parent or legal guardian must sign the entry form.

All entries must be submitted on 11-inch-wide by 17-inch-high paper—no newsprint. Entries received on a different size paper or in the wrong orientation will be disqualified.

The entrant's name, address, phone number and age as of October 16, 2015 must be legibly written on the back of the poster. Entries must be hand carried to the E.P. Foster, Avenue or Saticoy Libraries during library hours.

Deadline for submissions is October 16, 2015 at 5:00 p.m. Late entries will not be accepted. A signed official entry form must be included.

A panel of five independent jurors will select the winners in three age groups: 6 to 9; 10 to 13, and 14 to 18. 1st Place Grand Prize $150. 1st Place runners up in the remaining two age groups $100, 2nd Place $75, 3rd Place $50.

For more information info@sbfol.org and please type "Contest" in the subject line. To obtain an entry form www.sanbuenaventurafriendsofthelibrary.org.

Ventura County Library opens new location

Ventura County Library is excited to announce completion of the newest branch in Saticoy. The current location at 11426 Violeta St. will close its doors one last time at 6 p.m. on August 20th, 2015. The new location at 1292 Los Angeles Ave will open for business on August 29th, 2015 with a Grand Opening celebration planned for September 26th, 2015.

All books and materials can be returned to the current location through the month of August.

We look forward to serving you at the new location with triple the amount of floor space, double the number of computers and lots of new events and services for the community.

The Ventura County Library is available 24/7 at www.vencolibrary.org.

Leadership Ventura is now recruiting!

Be part of an exciting, action packed, year-long program, and get to know your community! The Leadership Ventura program introduces you to key business, government and community leaders and gives you the opportunity to talk to them in person and ask questions. Experience lectures, panel discussions, and site visits which give you direct contact with the people who keep the community running which helps you understand the community better. You will begin with a two-day retreat under the direction of Dr. Relly Nadler, True North Leadership, Inc. He uses the Myers Briggs personality profile as a tool to help you understand how to motivate people and improve your own leadership style. This personality analysis helps you understand how people think differently and how to get them to work together. Once a month you will meet for a class lecture and meet influential community leaders.

Please mark your calendars and join Leadership Ventura on Wednesday, September 9 from 5:30p - 7:00pm at The Greek at the Harbor for their Recruitment Mixer! Come meet the current and past participants of the program, and learn more about Leadership! For more information on Leadership Ventura or to sign up, please call the Chamber 643-7222.

City of Ventura Adult Fall Sports Leagues & Golf

Register now for City of Ventura Fall Adult Sports Leagues in men's and coed softball, men's basketball, flag football and six-a-side soccer with a registration deadline of September 2 or until full.

All leagues begin the week of September 13. Games are played weekends or weekdays after 6 pm at local parks in Ventura followed by playoffs after the regular season for qualifying teams. Team fees range from $300-$375 with additional fees paid for umpires and referees.

Golf lessons at the Olivas Links are offered for youth, women, and families with six-week sessions starting in September and November. Registration fee is $75.

Get information on rules and league format and complete the easy to fill-and-save team rosters at www.teamsideline.com/ventura or www.cityofventura.net/adultsports.

Or contact Adult Sports Coordinator Doug Reed at 658-4743 or dreed@cityofventura.net.

Ventura WaterPure Facility

Continued from page 1

VenturaWaterPure is a pilot program for the City of Ventura. Ventura along with other water providers throughout California, is investigating sustainable ways to meet long term water supply demands. The City currently provides recycled water from the Ventura Water Reclamation Facility (located on Ventura Ave.) to two golf courses and landscape irrigation in the Harbor and Olivas Drive areas. Adding "potable reuse" purification technologies at the Ventura Water Reclamation Facility will extend Ventura's use of "local" sources of water including sewer water.

This water purification process has already been successfully used by San Diego, Los Angeles and Orange counties. Ventura Water has been studying additional water reuse for many years as well. Ventura Water has chosen to be involve in a nationwide study that evaluates blending options with other water resources prior to the delivery of drinking water to customers.

This "test" installation now produces 20 gallons of water per minute. This water is being sent to many testing labs throughout the country to analyze its use as drinking water and domestic use. If a large reuse facility is ever built it will take one acre of land which is available at this site located on Spinnaker Dr. across from the Harbor.

Tours of the VenturaWaterPure demonstration facility will be held every Saturday from 9 to 11 am for the general public. Tours are limited to 20 people. Please sign up for the public tours before noon on the Friday before the tour by emailing Gina Dorrington (gdorrington@venturawater.net) or calling 677-4131. Private groups interested in week day tours can also be accommodated with advanced notice.

The tours are led by Gina Dorrington, Wastewater Utility Manager who very carefully explains the process and the many steps that are necessary to turn sewer water into potable water and what it would mean for Ventura. Her presentation includes a slide show and video prior to touring the small actual demonstration facility.

This might also give you the opportunity to walk around the beautiful holding ponds located there (a Ventura secret gem) and see the many birds that call it home. Gina would be happy to explain how you can do this.

Ventura Mayor Cheryl Heitmann has stated "The City of Ventura relies entirely on local water supplies which have become limited during this unprecedented drought. The VenturaWaterPure demonstration facility brings attention to the value of potable reuse as a renewable resource that can provide a cost effective and sustainable supply of high quality water. It will help Ventura to expand our water supply portfolio and improve supply reliability."

There are many benefits of potable reuse in Ventura:

- Locally controlled, reliable water supply
- A sufficient supply to support the economy
- A high-quality water supply
- Reducing wastewater discharge
- Seawater intrusion protection
- A more diversified water supply portfolio
- Increased water supply at a lower cost than imported water
- Reduced impact on groundwater and river sources

A concern that will need to be addressed when a working facility is constructed is convincing people that it is safe to be drinking water that was once sewer water. Other cities have managed to do this.

Community Events

The goal of Comic Con is to provide a weekend fully packed of family fun.

Wave your geek flag on August 28-30

The Superheroes, Super villains, gamers, anime fans, fan boys, jocks, costumers, and everyone in between are coming back to wave their geek flag at the Central Coast Comic Con August 28 - 30. The new signature end of summer event is returning to the Ventura County fairgrounds for its third exciting year.

The history of this area and the fairgrounds itself makes it easy to bring in stars of movies, comics, TV and the Internet to help in this charity awareness event. This year the event is bringing stars like Sid Haig, Michael Jai White, Doug Jones, cast members from American Horror Story, Buffy the Vampire Slayer, Sons of Anarchy, Supernatural and many other popular shows. Plus Creators like Bob Layton, local comic legend, Howard Chaykin, Brian Pulido, Marvel comics legend, Allen Bellman and a mix of upcoming writers and artists.

Each year local artists have this avenue to display and offer their wares for all to see. From artist to authors to movie stars, each have joined in to meet their fans and make dreams come true. Popular culture vendors and talented musicians are available to add to the excitement of each of the days..

Sunday has always been dedicated as "Kids Day" with Costume Parades, the joy of Disney Princess shows for the princess in your life and Wrestling and Power Rangers, for that warrior in your family. Children/young adults 10 and under are free with a paid adult ticket all weekend long. Discounts are available at the gate for all of our local military members as a means to say thank you.

Central Coast Comic Con (C4) is the accomplishment of a long time goal to return to the community that we grew up in. The company behind the popular culture convention, WTF Events INC, is working to become a reliable resource for youth groups, disadvantage families and activists towards the artists and creators of the future. Their motto is "Community first". They work with charity and community groups like the Coalition and Big Brothers Big Sisters to change lives and better our community by bringing awareness to the many issues of our youth such as anti bullying, reading and art programs in addition to kids charities. These cars will provide a special ride for that child in the hospital or a ride for the youth in a local parade and so much more!

Visit and see just what C4 has to offer for our community and its members.

For more information about the event please see their ad in this issue or go to venturacomiccon.com

Breeze: Our own Jaime Baker will be there selling his original artwork and some prints of his artwork, along with doing his wonderful custom caricatures. Be sure to say hi for us.

Ventura events

by Ana Baker

Would you like to meet new friends? Whatever the reason, **Ventura's Conversation Group** is the right place for you. This eclectic group meets **Wednesdays** from 4p.m. to 5:45p.m. Located at the Yolanda's Mexican Restaurant at 2753 Main St. Several people usually stay for a drink and a bite to eat afterward. Be sure to bring an interesting topic to discuss.

Free admission stage show, 2p.m. to 4p.m. **First Sunday of every month. Old Time Country Bluegrass Gospel Music Assoc.** Poinsettia Pavilion, 3451 Foothill Rd. For more Information call 517-1131.

Ventura Poinsettia Dance Club meets every Monday from 7:30 p.m. to 9:45p.m. Located at the Poinsettia Pavilion, 3451 Foothill. Ballroom, swing, Latin, mixers and line dancing. Members $9, non-members $11. Call 407-9971 for more information.

Aug. 20: Michael Badner, of Williams Homes, will talk about the "Farm Project", a housing development to be built at Saticoy and Telegraph, on land held formerly by the UC Hansen Trust. Chairperson John McNally will report on his recent tour of the Walker-Hearne Ranch, and an update on the Water Rate Increase by the council's development chair, Dan Cormode.

The council represents those who live east of Victoria Avenue. Books in good condition are always accepted by San Buenaventura Friends of the Library, and are very much appreciated. The meeting will start at 7 p.m. at the First Assembly of God Church, 346 N. Kimball Road. The public is encouraged to attend and participate! Check our Facebook page for updated agenda items. For more information call 804-7558.

Aug. 23: The Unitarian Universalist Church of Ventura invites the public to join them to review ways we as individuals can help reduce the number of people experiencing homelessness in our community. Come hear about the many ways you can make a difference in a homeless person's life and in your life. Join us Sunday, at 11:30 a.m. in the Sanctuary at 5654 Ralston St. For more information, email suebrinkmeyer@earthlink.net.

Aug. 25: Dine Out and Donate, support Pier into the Future while enjoying a night out at Winchesters. Winchesters Grill and Saloon will donate 20 percent of sales to Pier into the Future. Free Pier Wine Glass to the first 50 in attendance. 632 E. Main Street from 4 p.m. to 10 p.m.

Aug. 29: August 29: Interested in lowering your carbon footprint and making your home more energy and water efficient? Visit emPower Ventura County at the Golden Lawn Conservation Expo. emPower staff will be offering advice on how to improve your home's health and indoor air quality, while saving on utility bills. At the booth, you can sign up for a free home energy site visit with an emPower Energy Coach for a comprehensive look your whole home's energy performance. You can also learn how to take advantage of utility incentives up to $6,500 and low-interest, unsecured financing that starts at 5.9%. 12:00 p.m. to 5:00 p.m. 500 Main Street (between Parking Structure and Main St). For information on the emPower program, call 654-3834 or email empower@ventura.org.

Aug. 29: You are warmly invited to an end-of-summer Evensong on Sat., at 5 p.m. Musical offerings will feature Haydn's elegant St. Nicholas Mass as well as excerpts from Saint-Saëns' Sonata for bassoon and Bach's serene aria Vergnügte Ruh, beliebte Seelenlust (Pleasurable rest, beloved soul's delight) from BWV 170. Directed by Helen Farson with artists including Nick Akdag, bassoon, Louis Grace, oboe and Mariana Smith, flute as well as members of the Ventura Chorale. Admission is always free. Ventura Seventh-day Adventist Church, 6300 Telephone Rd. Please call 641.9646 for more information.

Aug. 27: The Friendship Connection, a group of active retired women, will have its monthly luncheon at Carrow's Restaurant on Harbor Blvd. Eileen Gold will speak about Eldercare and Training your Brain. Prospective members are invited to attend. Call 654-8388 for more information.

Sept. 1: Mended Hearts of Ventura group will meet at the Health Science Building at Ventura College, Tuesday from 7 p.m. to 9 p.m. Come share if you have had heart surgery or stent implant. Contact for more info: Richard Hatcher 644-2733

Sept. 6: The 1892 Dudley Historic House Museum will be open for docent-led tours from 1 p.m. to 4 p.m. accompanied by period music in the parlor

Continued on page 8

Community Events

Ventura events

Continued from page 7

and upstairs library landing. Admission is free. The museum is located at the corner of Loma Vista and Ashwood streets. For information please call 642-3345 or visit the website at www.dudleyhouse.org.

Sept. 1: Ventura Retired Men's Group will meet from 11:30 a.m. to 1:30 p.m. at the Ventura Elks Lodge, 2126 Knoll Drive. Meetings are held on the 1st and 3rd Tuesday of each month. For more information on VRMG and its future events, please visit http://www.VenturaRetiredMen.org/fp.html , call Gene Wink at 647-2513, or email info@VenturaRetiredMen.org

Sept. 7, 21: The Ventura County Philatelic Society will have their Stamp trading and camaraderie event. Mondays from 7:30p.m. to 9:30p.m. at the Church of the Foothills, 6279 Foothill Road. Admission and parking are free. Come for a great evening. They are a fun group. Contact: vcpsforyou@lycos.com or 320-1601

Sept. 14: The Master Children's Choir is auditioning Children ages 6 through teens, for the fall session. The choir sings light classical music arranged for children and shares a traditional Christmas Concert at the historic Mission in Ventura in December and an annual Spring Concert in Camarillo. The award-winning choir competes in festivals and plans to attend the International Children's choir Festival in England, July 2016. Rehearsals begin in Camarillo Monday. Auditions are friendly. Call now for an appointment and more information 390-6500. Scholarships available.

Sept. 26: The Ventura & Santa Barbara chapter of the National Association of Watch and Clock Collectors will hold a 2 day introductory workshop on antique clocks on September 26 & 27, at the Dudley House Museum at 197 N. Ashwood. Hours are from 8:30 am to 4:00pm each day. The workshop is open to the public and no prior experience is required. Class size will be limited to 10 students.

Topics to be covered include a brief history of the American clock industry, tips on clock collecting and care and theory of how clocks work. Each student will disassemble and reassemble a clock movement. All tools and the clock movements will be supplied.

There is a charge of $100 for the workshop.For registration or information contact Mike Schmidt 988-1764 or eaglecreekclocks@msn.com.

Ojai events & news

The City of Ojai has established a Second Residential Dwelling Unit Compliance process to allow property owners to legalize dwellings constructed without record of permits. Such units are often guest houses where kitchens have been added or garages which have been converted.

The program is operative for a limited time only ending December 21, 2015; units may not be currently recognized in the City's inventory of housing. At the end of the program, unpermitted second dwelling will become subject to all City codes and regulations currently in effect.

Property owners who believe they may have a second residential dwelling unit which could meet the program criteria are encouraged to obtain a preliminary consultation with the City's Building Official or the City-credited Ombudsman. The Ombudsman support process allows property owners to seek out the assistance of parties independent of the City to assist in determining if a unit qualifies to be legalized as a second dwelling unit on your property. Information provided to the Ombudsman is confidential and will not be provided to the City or other agencies.

If you have any questions regarding the information above or processing of a project in general, please contact the City's Building Official at 646-5581 x116 or via e-mail at buildingofficial@ojaicity.org

The management of diabetes, a common disease that causes long-term damage to the body, will be the focus of a free seminar Community Memorial Health System, held on Saturday, Aug. 22.

Tricia Westhoff-Pankratz, M.D., a clinical endocrinologist who specializes in thyroid disorders, diabetes and pituitary diseases, will lead the discussion during the seminar to be held from 9 to 10:30 a.m. in the banquet room at Soule Park Golf Course, located at 1033 E. Ojai Ave. in Ojai.

Dr. Westhoff-Pankratz will cover new therapies available to treat diabetes and ways patients can limit prescriptions to reach their goals. She also will discuss current blood glucose goals and how they change with age; the new modalities in treating diabetes; and whether patients can "get rid" of diabetes.

Registration is free but reservations are required. Visit cmhshealth.org/rsvp or call Brown Paper Tickets at 1-800/838-3006.

Future scheduled Speaker Series events include: the Treatment of Low Back Pain on Sept. 1 at Community Memorial Hospital; Ethics in Healthcare event: Disneyland, Measles and Vaccines: Should Parents Call the Shots, on Sept. 10 at the Museum of Ventura County; and the Breast Cancer Symposium on Oct. 3 at the Ventura Beach Marriott.

Course 2 of the Ojai Valley Green Coalition Food Preparation Series is a sourdough bread and cheese making class on Saturday, August 22nd, 11:00 a.m. to 1:00 p.m. Instructor, Katie Zack, will share the basics of sourdough bread making and how to make a soft goat cheese.

There is a suggested donation of $35 for OVGC supporting members and $40 for non-members. Reservations are required and the class is limited to 12 participants. Visit ojaivalleygreencoalition.org for full details or call (805) 669-8445.

galerie102 presents Britt Ehringer's "Insanely Beautiful" from August 22 - September 20. Opening reception with the artist will be on Saturday, August 22 from 5 - 7 p.m.

Artist Britt Ehringer examines the subjective expression of beauty in our culture and its outer boundaries in a solo show of new works featuring paintings, photography and sculpture. Straddling beauty and insanity, Ehringer questions what is considered beautiful and to what degree beauty exists in counterpoint to society's, oft-times, rigid judgement of the beauty found on the "fringes" of "proper society."

A self-taught artist with an irreverent pop-art sensibility and a penchant for tongue in cheek social commentary, Britt Ehringer deftly layers color, image and social message, with his multiple use of mediums, that defy easy definition of his work into a specific art canon.

Ojai Raptor Center, (ORC) a non-profit 501(c) (3) organization is dedicated to the rehabilitation and release of birds of prey and other wildlife, and to providing educational programs to teach communities about wildlife and our shared environment.

Sunday October 25th 2015, ORC will open its doors to the public for a rare opportunity to meet our non-releasable "ambassador" raptors, and tour the Center which is home to the largest flight aviary in CA. The Center is closed to the public year-round due to the sensitive nature of wildlife in rehabilitation.

Hawks, falcons, and owls will be on hand to greet guests along with stage presentations the entire afternoon. There will be plenty of fun activities for children, a silent auction, and a chance to release a raptor with ORC staff. Drinks and snacks will be available for purchase.

Ojai Raptor Center Open House asks for a suggested donation of five dollars for entry. This is a dog-free event. Handicapped parking will be available. Additional parking will be located 1 mile from the Center with a Pegasus shuttle running every 10 minutes. Please visit www.ojairaptorcenter.org for more info.

CAPS Chat

Storytelling a great success

by Elizabeth Rodeno

CAPS Digital Storytelling Summer 2015 was a great success. Not only did we have 30 enthusiastic kids, we had a group of happy parents and grandparents, some very tired interns and three instructors who let the kids make their magic. We had three great weeks of edutainment. Our news casters shared the up to the minute news and features in the Non-Important-News. Art City was the topic for our Documentarians' video. The short film class worked hard on producing scripted stories from start to finish with a lot of bloopers along the way. The sets and costumes were amazing. So sorry you missed the disco. These last films incorporated the theme of water and will be submit to the Ventura Water Take1 film festival. Get a bunch of 10 to 16 year old kids with cameras, a green screen, water and Final Cut X and there will be a little craziness with a whole lot of cooperation and teamwork. All their films including Water Nerds and Art City will air on channel 6, and are available for viewing on Vimeo and You Tube. They can't wait until next year to come back to CAPS Media Center.

We give a big thanks to Phil Taggart, Jamie Cawelti, Greg Dehn, Tanner Akseven and Nick Brandly who encouraged and instructed. No production equipment was harmed in the making of this film.

We are the non-profit membership organization that is here to create an engaged and informed community through participation in electronic media. A yearly membership at CAPS is only $25. This fee includes training and the use of our equipment, studio and edit suites. So what are you waiting for? Share your story, about water perhaps, with over 20,000 Ventura residents on channel 6 and 15. Go to our website, www.CAPSTV.org or stop by CAPS Media Center on 65 Day Road and schedule a tour. We are the non-profit membership organization that is here to create an engaged and informed community through participation in electronic media.

Senior Living
Pull Out Section

Maybe this truck will be at the Classic Car Show?

Assisted living experts meet with local representatives

Steve Spira, executive director from Cypress Place Senior Living recently participated in "Day in Your District", an event to help local representatives recognize and understand Assisted Living providers .

The event coordinated by the California Assisted Living Association (CALA) gave attendees from Cypress Place the opportunity to meet with Hillary Blackerby, senior Field Rep to Assemblymember Das Williams. The meeting allowed the opportunity for the Assisted Living experts from Cypress Place to discuss a variety of topics and issues important to the Assisted Living industry with their local representative.

Assisted Living refers to a special combination of housing, personalized supportive services, and 24-hour staff designed to respond to the individual needs of those who require help with activities of daily living.

This senior housing option is a non-institutional, home-like setting that promotes maximum independence and dignity for each resident and encourages family and community involvement.

That community involvement will be on display on September 16, at Cypress Place when the senior community hosts their Classic Car Show and 70's Party. Open to the public, the event will have food, music, dancing, prizes for best car, best dancers and best outfits. So get out your bell bottoms and disco ball, and get ready to get your groove on.

Assisted Hospice Care to participate in the Medicare Care Choices Model

Assisted Hospice Care has been selected to participate in the Medicare Care Choices Model, announced by Health and Human Services Secretary Sylvia M. Burwell. The model provides Medicare beneficiaries who qualify for coverage under the Medicare Hospice Benefit and dually eligible beneficiaries who qualify for the Medicaid Hospice Benefit the option to elect to receive supportive care services typically provided by hospice and continue to receive curative services at the same time.

All eligible hospices across the country were invited to apply to participate in the model. Due to robust interest, CMS expanded the model from an originally anticipated 30 Medicare-certified hospices to over 140 Medicare-certified hospices and extended the duration of the model from 3 to 5 years. This is expected to enable as many as 150,000 eligible Medicare beneficiaries with advanced cancers, chronic obstructive pulmonary disease, congestive heart failure, human immunodeficiency virus/ acquired immunodeficiency syndrome who receive services from participating hospices to experience this new option and flexibility.

Participating hospices will provide services under the model that are currently available under the Medicare hospice benefit for routine home care and respite levels of care, but cannot be separately billed under Medicare Parts A, B, and D. Services will be available around the clock, 365 calendar days per year and CMS will pay a per beneficiary per month fee ranging from $200 to $400 to participating hospices when de

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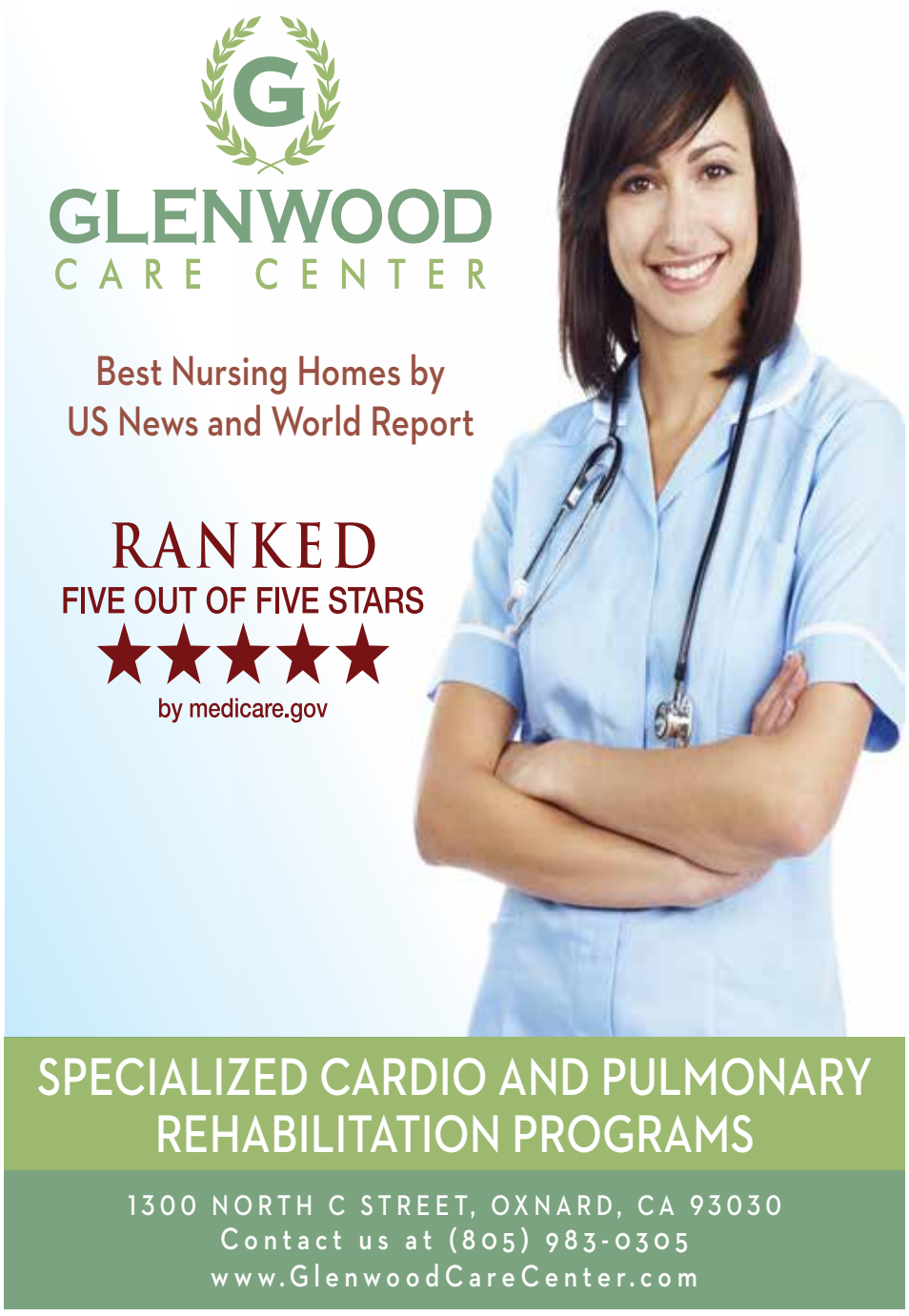

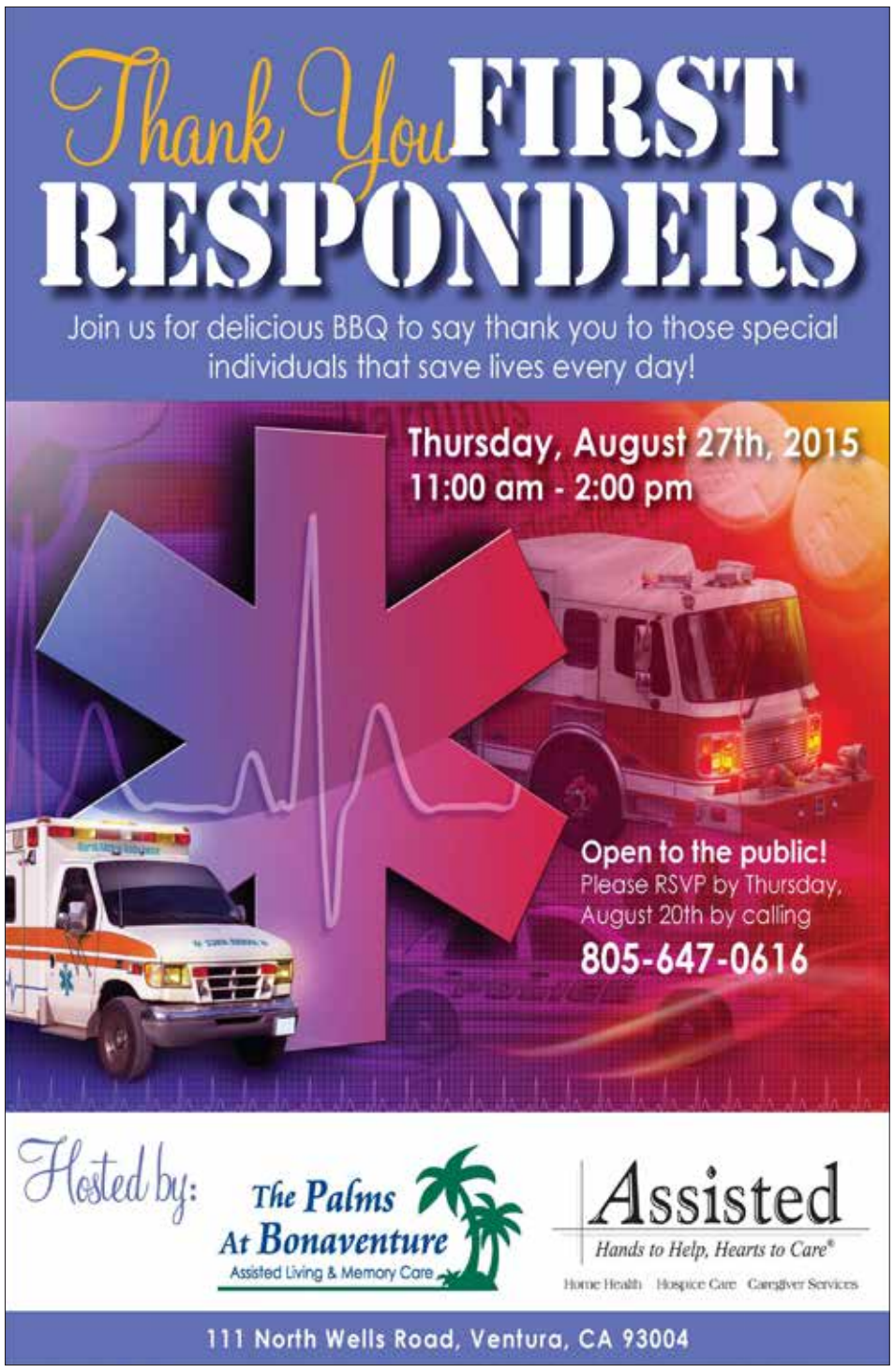

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* Studies conducted at University of Northern Colorado (2014) and Oldenburg Horzentrum (2013) showed that Speech Reception Thresholds (SRT) in cocktail-party situations improved up to 2.9dB for wearers with mild to moderate hearing loss using the latest BestSound™ Technology with Narrow Directionality, compared to people with normal hearing. This corresponds to over 25% improvement in speech understanding.

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Ventura Council for Seniors

The Ventura Council for Seniors (VCS) meets at the Ventura Avenue Adult Center (VAAC) on the third Wednesday of every month from 9:30-11am. This organization is designed to provide a forum to discuss issues and initiatives and to develop recommendations for City Council consideration. The VCS is designated by the Ventura City Council as the representative organization of all seniors in the City of Ventura. They meet monthly to consider and gather input on local issues important to all seniors. Please come to network and contribute valuable information with your peers.

The Ventura Avenue Adult Center is located at 550 N. Ventura Ave. Parking is available onsite.

Inheritance trusts to be discussed

On September 9, 5:30-6:30 attorneys from Cunningham Legal will be discussing IRA Inheritance Trusts. Thinking of naming a trust as your primary beneficiary? Join us as attorneys discuss the pros and cons of this process.

Signups encouraged but not required: http://goo.gl/forms/FWh1CCp1Eq.

The Ventura County Law Library is located in the Ventura county Government Center, 800 S. Victoria Ave, facing parking lot "A". Contact the library at 642-8982 with questions.

Senior Living

We are in the middle of a massive, unprecedented wealth transfer.

How to survive wealth transfer

The greatest transfer of wealth in history is happening right now, according to a study from the Boston College Center on Wealth and Philanthropy.

A staggering amount – $59 trillion – is projected to be passed down to heirs, charities and taxes between 2007 and 2061.

"We are in the middle of a massive, unprecedented wealth transfer from the World War II generation to the Baby Boomers, and then to subsequent generations," says family wealth guru John Pankauski, author of the new book, "Pankauski's Trustee's Guide: 10 Steps to Family Trustee Excellence."

"But much of that wealth will not be given to beneficiaries outright."

Instead, he says, it will be held in a trust, which is a distinct entity, much like a corporation. The trust is managed by a trustee, who protects the trust property for the benefit of the beneficiaries.

Sounds good – as long as trustees are honest individuals who don't use the trust as a personal ATM, and simmering rivalries among beneficiaries don't explode, Pankauski says.

The best way to ensure money is handled correctly – and honestly – is to pick the right trustee, but the right one may not be obvious, he says.

Pankauski, founder of the Pankauski Law Firm (www.pankauskilawfirm.com), offers perspective on how to choose a trustee.

· Don't choose just anyone! Family members, friends and even felons theoretically could be entrusted with managing an inheritor's money. But tread carefully. The decision on the trustee should be treated like a business consideration, not a personal one.

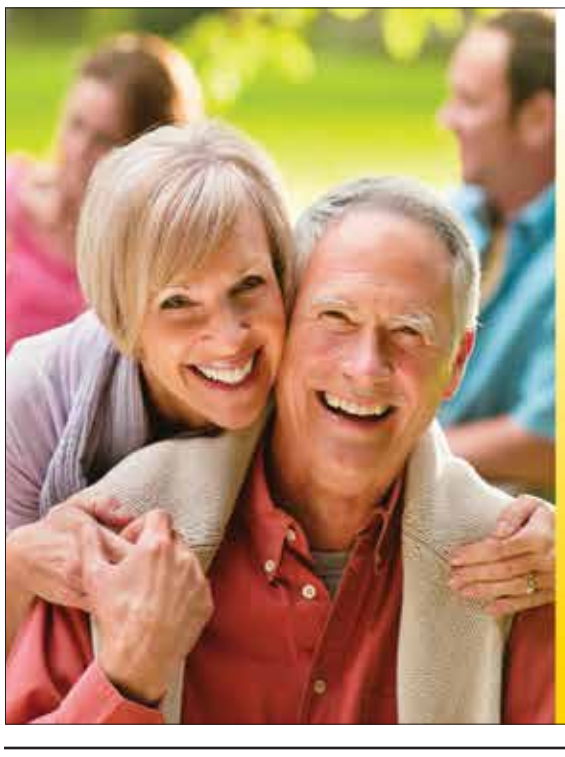
· Multiple trustees are allowed, but can cause problems. Personal relationships that were previously cordial can turn icy when there are multiple trustees. Co-trustees administer the trust by majority rule unless the trust document demands unanimous decisions.

· Being a trustee is a great responsibility. Perfection is not required, but incompetence won't be tolerated. Criticisms could flow freely. If you're holding a lot of cash and the markets go up, beneficiaries complain that you failed to capture those gains. If you're fully invested in the market and the market takes a dip, the beneficiaries complain that you are overexposed. You may be fairly compensated for your duties as trustee, but the money may not be worth the potential headaches.

· You don't have to accept the appointment. You can decline to serve. Merely sign a one-page document, which can be as brief as a sentence, stating you decline. No reason is required.

You can agree to serve and later resign. But doing so raises a host of issues. You can't just ditch your duties. You are still in charge until there is a smooth transition to a successor.

John Pankauski, the grandson of Polish and Lithuanian immigrants, was deeply influenced by his parents – products of the Depression and World War II who imparted their values of hard work and thrift. He studied political science at the University of Massachusetts at Amherst. He attended Suffolk University Law School in Boston, and later obtained a master's degree in law from the University of Miami School of Law's Graduate Program in estate planning.



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Senior Living

Medicaid can help, but is last resort option

Baby Boomers, retiring at a rate of roughly 10,000 per day, may have unrealistic notions about what their future long-term care needs could do to their bank accounts.

When a recent Nationwide Financial consumer survey asked for an estimate of how much a year of nursing-home care will cost in 2030, the Baby Boomers who were surveyed guessed an average of $111,507. The actual estimated costs – $265,000 – are more than double that.

That extreme underestimate indicates many of those Baby Boomers may be unprepared to handle the costs of long-term care and could end up relying on Medicaid to pay for it, which isn't the best option, says Chris Orestis, a senior health-care advocate and CEO of Life Care Funding (www.lifecarefunding.com).

"One problem is that people wait until they are in the middle of a crisis before they start trying to figure out long-term care options and how to pay for them," Orestis says. "Long-term care is expensive. It's natural that families want to do whatever they can to help take care of a loved one, but they can go broke in the process."

Medicaid certainly can help, Orestis says, but it's best to avoid going that route if at all possible. Here's why:

- Lack of personal choice. Most forms of home care and assisted living are paid for privately, which means you must have resources other than Medicaid to pay the monthly out-of-pocket expenses. But when people go on Medicaid they lose their ability to choose what kind of care they want and where they will go. Usually, instead of home care or assisted living, a person on Medicaid goes into a nursing home and in most cases will share a room with another patient. "That's not the way most people want to end up after a lifetime of working hard and raising a family," he says.
- Becoming impoverished. Medicaid was created to be a last resort and that's exactly the way families should view it. To qualify, you need to be below the poverty line, which means you will need to spend down your assets to get there. "Once you go on Medicaid, you have in effect become a ward of the state."
- State budgets are strained. Because of all those aging Baby Boomers, the number of people needing long-term care is growing, escalating the long-term funding crisis. Political leaders want people to remain on private pay as long as possible because Medicare and Medicaid can't keep up with the growing demand for long-term-care services.

A better option available to many people is to convert their life-insurance policy into a long-term care benefit plan, he says. Seniors can sell their policy for 30 to 60 percent of its death-benefit value and put the money into an irrevocable, tax-free fund designated specifically for their care.

That fund is professionally administered with payments made monthly on behalf of the individual receiving the care.

Unfortunately, many people aren't aware of the possibility of converting life insurance policies, Orestis says.

"I've been lobbying state legislatures to make the public aware of their legal right to use this option," he says. "It's important that, as people age, they know about all their options so they can avoid making potentially costly mistakes."

Chris Orestis is a nationally known senior health-care advocate and expert, is CEO of Life Care Funding (www.lifecarefunding.com), which created the model for converting life insurance policies into protected Long-Term Care Benefit funds. He created the model to provide an option for middle-class people who are not wealthy enough to pay for long-term care, and not poor enough to qualify for Medicaid.

Breeze: This is not a recommendation to use his company but is provided for general information and knowledge.

CMH auxiliary member and family welcomes 4th generation

Genevieve Basso, who has volunteered 47 plus years of service at Community Memorial Hospital, welcomed her first great grandson, born Wednesday August 6. He was born at CMH. His great grandmother, Genevieve was born in Ventura County. Genevieve's daughter, grandmother of newborn, and granddaughter, mother of new born, were born at CMH. What a proud time for all.

Community Memorial Hospital's Auxiliary continues to seek new volunteers. Varied tasks, hours of service and days of service are available. Please stop by the Auxiliary front desk and speak with a volunteer and pick up an application.

A Tender Touch Senior Placement

Skin Care and Aging

by Connie De La Rosa

It is never "too late" to take care of our skin! Damage to the skin can be repaired and future damage prevented. If you're saying "it's too late," you may ask "why should I bother?" According to Alicia Bankston, Independent Beauty Consultant with Mary Kay, the top reason to take care of our skin has to do more with self-esteem than anything else. Taking care of ourselves gives us confidence, and that lets us present the best part of ourselves to the world. Though beauty is ultimately on the inside, without confidence, we hide that inner beauty from the rest of the world.

Top 5 ways to take care of our skin:

Use Sunscreen: No matter how much time we spend in it, the sun's rays affect the health of our skin. Age spots, or more kindly called "beauty spots," come from too much time in the sun and too little protection. Skin cancer is the most common type of cancer. Prevention from harmful sun exposure is best. Your sunscreen should protect against UVA and UVB rays (or be "broad-spectrum"), be rated SPF 30 or higher, and preferably be a serum which sinks deeper into the layers of your skin than a typical lotion.

Moisturize: As our body ages, we lose moisture and thus volume, first, in our face! This makes sense since our face is the most exposed throughout our life. A good moisturizer need not feel greasy or heavy. We can also lose moisture in our skin due to medications or conditions that affect us as we age, and that lack of moisture can cause tremendous discomfort.

Treat skin areas differently: Your facial skin is different from the skin on your body, and both are different from the skin around your eyes. It is important to use a "facial cleanser" on your face and an "eye cream" around your eye area. The skin around your eyes is thinner and has no oil glands (one reason we show age here first), so moisturizing here is different than moisturizing other areas.

Exfoliate, gently: It is nice to have this step included in the cleansing process (like a 3 in 1 cleanser). And daily exfoliation should be gentle! Exfoliation helps slough off the dead skin on the surface so that the new skin underneath can come to the surface. As we age, the skin has a harder time getting rid of the dead skin, and important step to the rejuvenation process. The skin repairs itself when we allow it to do so with good care.

Treat your face like a balloon: Be careful not to pop it. Keep in mind, you are washing your face, not the floor! When taking care of your skin, gentle is better. Rubbing and tugging breaks down the elastin of our skin. And as we age, we lose collagen, a key in firm skin. Be gentle, if possible, using the three outer fingers of our hand to apply moisturizers to the face area in particular.

For more information call 200-7756

How to have fun during retirement

What do school kids and retirees have in common during these dog days of summer? For many, it's having lots of time and not knowing what to do with it.

"But that comparison begins to breakdown almost immediately, because in a few short weeks, kids go back to school, but retirees have an indefinite amount of time to contend with," says financial advisor Jeff Bucher, president of Citizen Advisory Group (www.citizenadvisory.com), a firm that engages its community with education and charity efforts.

"Worse still for retirees, many don't know if they can afford the time they have left, which may not be yielding a satisfying lifestyle. After all the technical details I review with clients and their finances, such as protecting and growing their money, I sometimes offer a bit of unexpected advice: consider your employment options."

Many people who take his advice often do so more for overall happiness than money, he says. Work gives us structure, purpose and a social network. Bucher reviews many fun options that retirees often find appealing.

- Golf course: This is a popular option since so many retirees love golf. And, if you are a morning person, work at a golf course is perfectly suited for you. Some popular jobs available at a golf course for retirees include golf shop staff, ranger, starters and golf course maintenance.
- Retail: A smiling face and a pleasant disposition has earned many retirees positions as greeters at local stores.
- Theater events: If you love entertainment, consider being an usher at a venue (Like the Rubicon). Ushers assist fans to their seats and help

Continued on page 12

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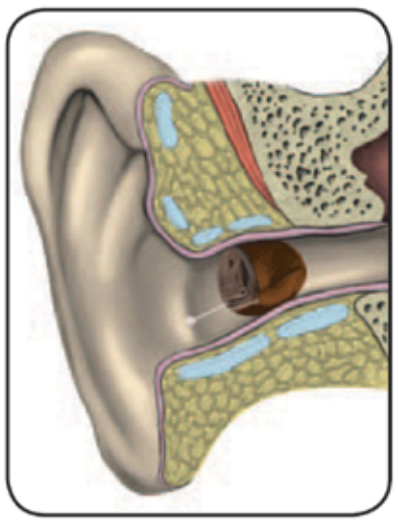

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Assisted Hospice Care to participate

Continued from page 9

livering these services under the model. Services will begin starting January 1, 2016 for the first phase of participating hospices and in January 2018 for the remaining participating hospices.

Individuals who wish to receive services under the model must fall into certain categories:

Must be diagnosed with certain terminal illnesses (e.g., advanced cancers, chronic obstructive pulmonary disease, congestive heart failure and human immunodeficiency virus/acquired immune deficiency syndrome);

Must meet hospice eligibility requirements under the Medicare or Medicaid Hospice Benefit;

Must not have elected the Medicare or Medicaid Hospice Benefit within the last 30 days prior to their participation in the Medicare Care Choices Model;

Must receive services from a hospice that is participating in the model; and

Must have satisfied model's other eligibility criteria.

More information is available at http://www.hhs.gov/news/press/2015pres/2015.html.

How to have fun during retirement

Continued from page 11

answer any questions the fans may have. The job may have perks, such as free tickets.

· Tour guide: A tour guide's job is to introduce people to places that they are unfamiliar with, which may include wineries, museums and a city's historical locations (Ventura has many of these).

· Theme park / zoo: If you want to brag about your job to your grandkids, look into the local zoo or theme park. Some of the most popular jobs for retirees at these parks include ticket takers, working at a merchandise stand or helping assist guests at an information booth.

· Your current or former job. This one may throw you for a loop, but it could be perfect. You'll likely maintain the same salary as the rest of your earning years; it's something you already know and are good at; and, many people derived much satisfaction from their profession. You may find new freedom in knowing that this job is more optional than before, which may engender a sense of freedom and, perhaps, an outside-the-box mentality.

Jeff Bucher is president of Citizen Advisory Group (www.citizenadvisory.com). Bucher is a former standout wrestler at The Ohio State University, where he earned an athletic scholarship and honed his leadership skills while earning four varsity letters (is there a senior wrestling team?)

Breeze: Like many seniors today engaging in much more physical activities is an option. Like Breeze publisher Sheldon and his way over 65 (age not amount) buddies who play tennis at Pierpont Racquet Club, Ventura College and Camino Real Park.

CMH's Sheila Dedrick recognized by the Breastfeeding Coalition of Ventura County

CMH's Dedrick receives Liquid Gold Award

Community Memorial Hospital's new Parent Resource Center Coordinator Sheila Dedrick has been recognized as a professional in the community working to support breastfeeding families by the Breastfeeding Coalition of Ventura County.

The BCVC honored Dedrick with its 2015 Liquid Gold Award during an award ceremony held at the Ventura County Board of Supervisors meeting on July 28. The award was conceptualized in 2014 and presented to Dr. Abhay Vaidya of West Coast Ear, Nose and Throat. The Liquid Gold Award is an annual recognition by the Breastfeeding Coalition of Ventura County to an individual who has made a difference in the lives of families and our community by supporting breastfeeding through resources, education, services and networking.

"We are extremely proud of Sheila for this achievement, hard work, dedication in serving the needs of our patients," said Megan Meeker, Director of Maternal Child Health.

Dedrick brings a wealth of knowledge to her role and a warm, caring compassion and dedication. She helps hundreds of new moms and babies each year discover the joy of breastfeeding. She has championed the evolution of lactation care at CMH and has supported and mentored countless nurses in their pursuit of lactation certification. Dedrick provided leadership and expertise to the Breastfeeding Coalition of Ventura County from 2006-2014. Sheila is a champion and advocate for breastfeeding and works tirelessly to envision the goal of "Every Baby Breastfed."

For more information about the New Parent Resource Center at Community Memorial Hospital visit www.cmhshealth.org/mch.

News & Notes

They're off and running!

Pig Tales: A Swine Day at the Track

by Mira Reverente

It seemed like another day at the track. The "track stars" suited up, warmed up, hydrated and ate. Then four of them toed the start line in numbered jerseys, waiting for the starting gun. Then off they went around the 75-foot-long track, cheered by adoring fans.

Meet the adorable track stars - 30 to 35-pound racing pigs originally from Fairbanks, Alaska. Quick and muscular, they jumped hurdles, cut across their "competitors" and sprinted to the finish, much to the delight of the opening day crowd at the Ventura County Fair.

According to the web site (pigrace.com) the 16 to 18-week old piglets are Yorkshires and Hampshires mostly. Size is not considered an advantage in pig racing, but athleticism is. The smallest piglet can win a race. It's all about strategy apparently, as these smart and quick-learning creatures block, pass and cut corners even, just like people. And they stop in the middle of the track if they're tired or just done for the day.

For the final round, the ringmaster took a poll and asked sections of the audience which racer they're betting on. One section of mostly school-age kids put their money on Strawberry, pink and pinch-worthy like her name. Another section used the power of the force and bet on Luke Skyporker. Then there's Yukon Bob, an underdog (or underpig) who hasn't won any of the previous rounds. A section of mostly teens erupted in cheers when orange jersey-clad Soapy Smith crossed the finish a few precious seconds before everyone else.

Treats were not limited to the winners. A buffet-style, secret recipe of high-protein food was waiting for the piggies after every lap, before they headed back to their custom trailer that they travel and live in as they tour the West Coast mostly during the spring, summer and early fall months. During the "off-season," home is Eugene, Oregon, with the Noll family, who started this road show 28 years ago.

Larry Garcia and George Harrison, General Manager of Gold Coast Recycling & Transfer Station.

Larry Garcia looks forward to his woodworking projects

Larry Garcia has retired. He served as the Human Resources-Safety Director at Harrison Industries from 1986-1998 before moving over to Gold Coast Recycling Center & Transfer Station, where he has served as Human Resources-Safety Director for the past 17 years.

We're happy for Larry but we're also going to miss him a lot. He was a valued employee for three decades and will be difficult to replace. As Gold Coast Recycling General Manager George Harrison put it, "He's a great guy that my family feels fortunate to have had work for us for so many years."

Larry said the feeling was mutual. "It's an awesome company to work for, with great employees. It was a great experience."

Larry plans to spend his Golden Years occupied with woodworking projects at home and, "learning one song on the guitar." But first, Larry and his wife Kathy are looking forward to taking a cross-country trip to visit family in Virginia, Pittsburgh and Boston.

How long will they be gone? "No timetable," he answered. "I'm retired, you know."

VPD recognized for service to the Fair

The Ventura County Fair Board of Directors and management presented the Ventura Police Department with the Western Fairs Association Blue Ribbon Award. This award is presented to organizations that have demonstrated a long term commitment to the success of a County Fair. Ventura Police Chief Ken Corney accepted the award on behalf of the entire Police Department for the work of all officers, in keeping patrons safe, year after year during the fair.

"We are grateful to the Ventura Police Department for their commitment to keeping the Ventura County Fair a safe family event and we congratulate them on receiving this award." said Barbara Quaid, Ventura County Fair CEO

The award plaque was on display in the Fair Police Command Post during the 2015 Ventura County Fair.

Ventura Police Chief Ken Corney accepted the award. Portrait from the Face Of Ventura painted by Johanna Spinks.

Professor Scamp, Ph.D

Professor Scamp
Ph.D

Thank all of you who attended the Felix N Fido adoption event held on Sunday at the Ventura Harbor. It was nice meeting you.

My good friend Victoria Usher wrote the following for me while I was napping, but I made a few comments.

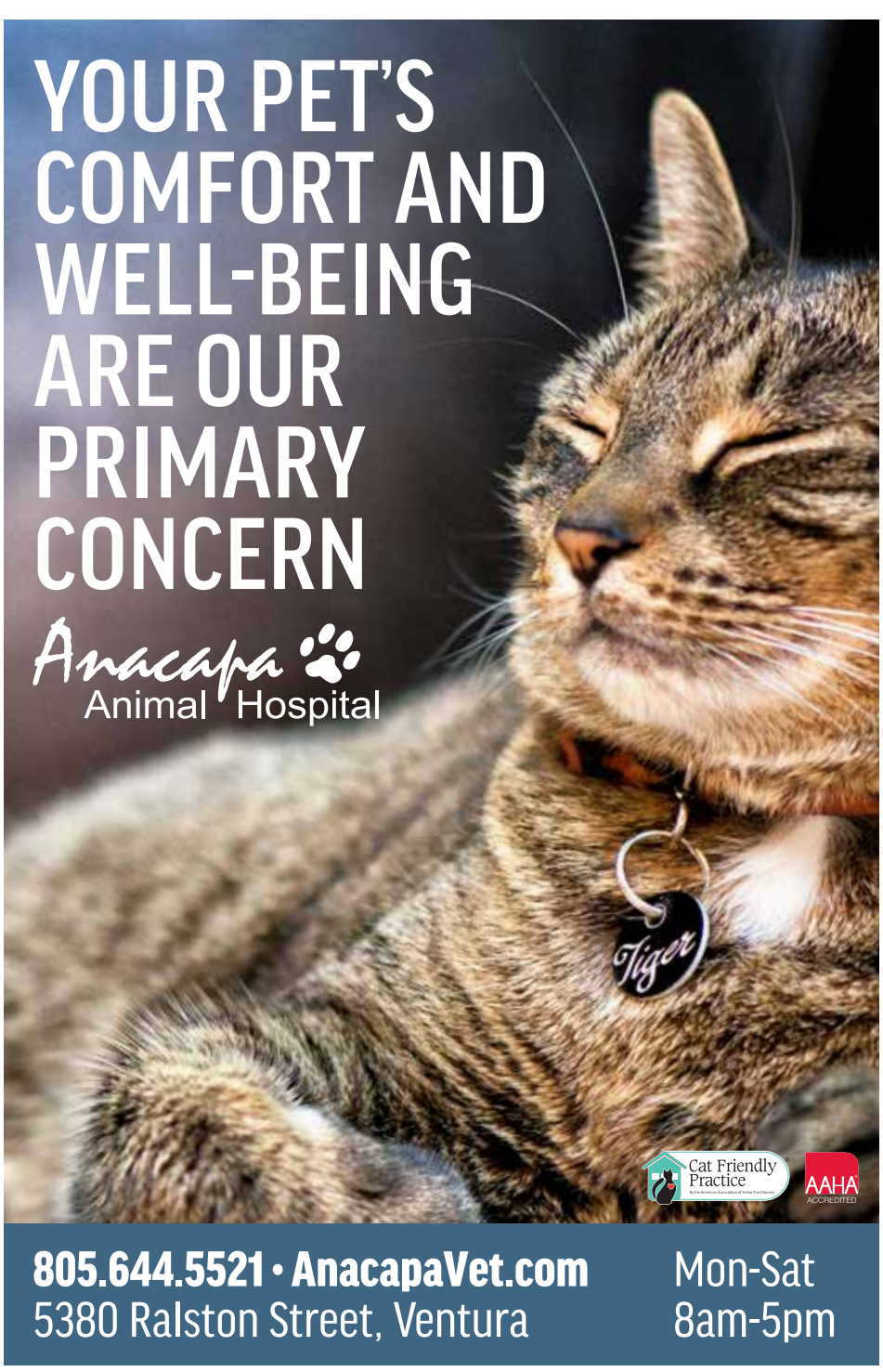
The limit on how many cats residents can own in their home in Los Angeles may soon be relaxed in order to help raise the number of pet adoptions and help prevent felines from being euthanized in very crowded shelters. As of right now, it is illegal to have more than three cats without a kennel permit. In order to change this, a proposal must be made which would have to go through the city's animal welfare committee and then after that it would need the City Council's approval. Councilman Paul Koretz, chairman of the city's Personnel and Animal Welfare and many others are really pushing to move forward with this so that residents can have as many as five cats. There are obviously people that have their doubts about making this change but in the end if it does happen not only will there be more cats in loving homes but there will also be less cats that have to be unnecessarily euthanized in packed shelters. No matter what, it's all about what's best for the cats. *(And I'm getting used to cats now that I live with one, they're not too bad-Scamp)*.

The Working Cats program helps rescued cats with street-smart skills find homes. But not only will they find good homes, they will find good homes that will put their street smart skills to better use. A perfect example of this would be Pacino, a brown tabby from Los Angeles. Pacino had apparently lived on the streets of Los Angeles for quite some time, always running from danger and never knowing when or where his next meal would come from. But then one day he was turned in at one of the L.A. County animal services shelters. Pacino never thought he would be adopted by anyone; after all he was far too aggressive and distrustful. He never ever suspected that someone like Melya Kaplan who had started the Working Cats program in 1999, would come along looking for a cat just like him with a street-smart attitude. Pacino then became a nighttime warden at the Original L.A. Flower Market, always making sure that rodents never got out of hand. There are many other cats just like him that have also been recruited by an animal rights nonprofit to find homes in places that could use cats street-smart qualities. Because of the Working Cats program, all kinds of cats are rescued from different shelters and sent to locations such as private homes, businesses and schools. The Working Cats program has placed about 500 cats in about 50 locations. That is absolutely wonderful. These are the types of programs that we need more of in this world. Not all animals are alike, just as not all of us humans are alike. We all just want to find a place that we belong. The Working Cats program has done that for these cats and it's a beautiful thing.

There has been a recent new study of ancient wolf DNA that is now telling us that dogs actually split from wolves as many as 27,000 to 40,000 years ago instead of 11,000 to 16,000 years ago, as earlier genome research had previously suggested. The genetic material used for this analysis was a small piece of rib bone, which belonged to a male wolf that lived on Siberia's Taimyr Peninsula. During an expedition to this region, Love Dalen, first author Pontus Skoglund of the Harvard Medical School and their colleagues found this specific genetic material. At first they were all unsure if the sample came from a modern or ancient wolf, but radiocarbon dating later revealed that the animal did live about 35,000 years ago. After studying the animal's DNA and then comparing it to genomes of modern wolves and dogs, the team all figured that there must have been a three-way split between the Taimyr, dog and wolf linages. *(They must have all liked eating because that is my favorite thing to do, besides writing of course-Scamp)*

"It's nice to know that help is available if I have a medical problem, or need a lift to the vet."

"Do short hair dogs need to take a bath daily? I get a little dizzy in the washer-dryer, but I look very handsome after."



Forever homes wanted

Hi: I'm Leonardo, a 1-year-old Greyhound/Saluki X according to the shelter I was rescued from. People think I look more of a Shepherd X. Whatever breed I am I'm a lovable boy with crazy ears.

I'm a sweet boy, but I have not had much life experiences, so was quite scared when I first arrived. I'm quickly getting the hang of things and I'm very responsive. I'm good with older children as long as they are nice. I haven't been cat tested, yet, but they suspect I will be fine. I love to play, but have a soft mouth and I give sweet kisses. I love being with the other dogs and anyone I'm bonded to.

Come on down to meet me. You're sure to fall in love and want to make me a part of your family. C.A.R.L. Adoption Center, 644-PETS(7387).

Moe is a very sweet Chihuahua. We don't know anything about her history, but we think her future could be bright in your home. VCAS – Camarillo location, 600 Aviation Driveand A601169. For details about offsite rabbit adoptions, bunny nail trims, and compatibility dates, please visit www.facebook.com/VCASBunny Brigade.

Scamp Club

(Scampclub pets are not for adoption.)

Hi: I'm Sarge Quinn Fenwick, a nine-year-old French bulldog. I have been traveling with my best friends after he retired (you may recognize the former Assistant Chief of Police holding me) to Barcelona, Italy, France, England and two trips on the Queen Mary.

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself, including your address, to **Scampclub@ventura breeze.com**. You will be in the Breeze and become world famous.

Police Reports

by Veronica Johnson

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

Vehicle Pursuit

On Tuesday, August 4th, at 2:50 p.m., detectives with the VPD Street Crimes Unit developed information about a wanted subject, Robert Reeves, in the 1200 block of Meta Street. VPD observed a vehicle, driven by Donald Reyes, arrive and pick up Reeves. As the officers attempted to stop this vehicle it fled at a high rate of speed.

The vehicle drove recklessly to the residential area of Channel Drive and Evergreen Drive. Officers lost sight of the vehicle and set up a perimeter.

At 3:06 p.m., residents on Borchard Drive reported seeing a suspicious male running through yards and was last seen jumping into a backyard in the 2600 block of Ocean Avenue. Officers found the suspect driver, Reyes, attempting to hide in the back yard. Reyes was taken into custody without further incident.

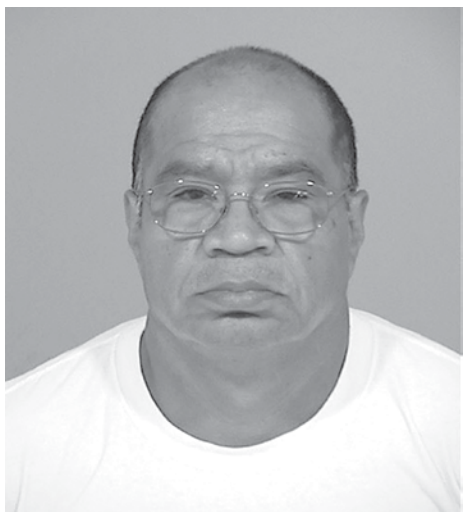
Officers located Reeves and a second subject, Rocky Mattley hiding in a converted garage at a residence in the 3800 block of Paloma Drive. Both were taken into custody without further incident. Reyes, Reeves, and Mattley were booked.

Two handguns were located in the garage where Reeves and Mattley were found and additional charges are pending.

Recovered Stolen Vehicle

On Sunday, August 9th, at 3:47 p.m., a patrol officer was driving in the 2600 block of Thompson Boulevard when he observed a suspicious vehicle near the Wendy's restaurant. The officer went to contact the driver of the vehicle, Estrella Martinez, who had parked and fled from the vehicle before the officer was able to make contact with her. She was located outside of the restaurant and identified by the officer as being the driver. The investigation revealed that the vehicle had been reported stolen earlier in the day from Port Hueneme and had different license plates on the vehicle.

Martinez was arrested and booked into the VC Jail. The vehicle was impounded.



Sexual Abuse

On the 7th of December, 2014, VPD Dispatch received a report of lewd conduct with a child that occurred in the 800 Block of North Ventura Avenue. A juvenile victim reported to a patrol officer that a man who was known to the victim and his family had sexually assaulted him. The victim was playing outside his house when the suspect picked him up and took him into another residence, where the assault occurred. The suspect was known to the victim as, "Don Pepe."

Ventura Police detectives began a follow up investigation and identified the suspect as Jose Morales. Once the evidence was fully processed, the results further supported the victim's statement.

On Tuesday, August 8th, Jose Morales was arrested by the VPD in the 200 Block of East Main Street and booked at the VC Jail.

Possession of a Loaded Firearm

On Sunday, August 9th, at 7:46 p.m., a patrol officer observed a vehicle occupied by several subjects who were acting suspicious. The vehicle also had expired registration. The officer activated his emergency lights to initiate a traffic stop and as the vehicle came to a stop near the corner of Center Street and Ventura Avenue, one of the vehicle's occupants, later identified as a 17-year-old male juvenile, exited the vehicle and fled. The vehicle quickly accelerated away from the area. The officer, and a second back up officer, chased the male juvenile and observed him throw an object onto a nearby rooftop. After a brief foot pursuit, the juvenile was caught and detained.

Officers searched the rooftop and found a loaded handgun. The male juvenile was arrested and lodged into juvenile hall.

Robbery

On Wednesday, August 12th, at 12:13 a.m., the VPD received a call from a victim reporting a stabbing.

Officers arrived and learned the victims, Christopher Cabrey and Sean Wachman, were leaving the Circle K store at the corner of Main Street and Laurel Street when two male suspects, white males in their twenties, confronted them. The suspects demanded the victims' money and property and then attacked Cabrey and Wachman. The suspects fled the area. During the attack, Cabrey was stabbed. Officers searched the area but were unable to locate the suspects.

Cabrey was transported to the VCMC and received treatment for a serious, but non-life threatening stab wound. Wachman was treated at the scene for minor injuries.

Stabbing with Arrest

On Wednesday, August 12th, at 4:32 p.m., the VPD received a call from Sage Ford. Ford said he had been stabbed and beaten while he was at Plaza Park, and after the incident, he fled from the park to a nearby street where he called. Officers responded to the 200 block of South Laurel Street where they found Ford and confirmed he had been stabbed and beaten.

Officers located the suspect, Derrick Dawson, at Plaza Park and detained him. Dawson had stabbed and beaten Ford because he had caused a disturbance earlier in the day at the park with one of the Dawson's friends.

Dawson was transported to VC Jail where he was booked. Ford was initially treated by AMR and then transported to VCMC where he was treated for non-life threatening injuries.

Harbor Patrol Blotter

Just a few of the things the Harbor Patrol tends to.

8-5 7:15am, officers received a report of a stolen standup paddle board from a VIM tenant. After a few days of investigation, the board was discovered for sale on craigslist. The incident is under investigation.

8-6 2:05pm, officers received a report of a vessel sinking at the fuel pier. Patrol responded and dewatered the fishing vessel. With assistance from a crew member, the source of the leak was discovered in the rudder post. The owner was notified and was en route from Long Beach to repair the boat.

8-7 4:25pm, officers received a report from lifeguards of a stingray strike at Surfers Knoll Groin. Patrol responded, assessed and treated the injury, transported the patient to his vehicle where a family member drove him to a local hospital for further evaluation.

8-9 1200pm, harbor patrol received a dispatch to a water rescue near the South Jetty. Officers responded by boat to assist lifeguards with four persons caught in a rip current.

5:23pm, officers were dispatched to a person not breathing on their sailboat in Ventura West Marina. After arriving on scene it was determined that the male had died earlier and was not viable for resuscitation.

Weekly SUDOKU

Answer

6	9	8	2	7	3	4	5	1
1	3	7	4	9	5	2	8	6
2	4	5	1	6	8	9	3	7
5	1	6	7	4	2	3	9	8
3	2	9	8	1	6	7	4	5
8	7	4	5	3	9	6	1	2
9	5	3	6	2	1	8	7	4
7	8	2	9	5	4	1	6	3
4	6	1	3	8	7	5	2	9

King Crossword

Answers

Solution time: 27 mins.

J	I	M		Y	O	K	E		F	O	R	E
A	D	A		A	V	E	R		I	B	I	S
W	A	T	C	H	I	N	G		B	O	B	S
		C	L	O	D			O	B	E	S	E
W	A	H	O	O		K	A	N	E			
A	L	I	T		P	O	W	E	R	F	U	L
R	O	N		M	O	R	E	S		E	N	E
D	E	G	R	A	D	E	D		O	T	I	S
			E	L	S	A		P	A	C	T	S
A	P	R	I	L			S	E	T	H		
R	O	A	N		P	I	T	C	H	I	N	G
I	S	L	E		A	R	E	A		N	Y	E
D	E	E	D		D	A	M	N		G	U	M

Show Time

Fantastic Four

by Eduardo Victoria
eduardovictory@yahoo.com

Amidst the crazy production drama, funny character names and a plot that's all build up with little payoff, *Fantastic Four* is mostly an unmitigated disaster. It's a shame then, because the first act is filled with genuinely great character moments, exciting performances and lots of promise for a fun adventure - it's the film's tail end that's a train wreck, making it obvious that both the studio and filmmakers couldn't decide which approach would be most beneficial for the film.

Science prodigy Reed Richards (Miles Teller) is working on a teleportation device with the assistance of lifelong friend Ben Grimm (Jamie Bell). The pair end up catching the eye of a Dr. Franklin Storm (Reg E. Cathey) and his daughter Sue (Kate Mara), who enlist the help of his rebellious son Johnny (Michael B. Jordan) and protege Victor Von Doom (Toby Kebbell). After completing the device, the group drunkenly teleport themselves into a strange dimension but fail to make it back safely. A freak accident compromises each passenger's pod on the device (crushed by rocks, fire, shockwave, etc.) sending each person back changed on a molecular level. Fundamentally transformed, the group must face the tragedy of their new conditions all while learning to use them against a new threat.

What this film sorely lacks (besides noteworthy stylistic direction) is the satisfying exploration of family relationships which made the original FF comics so great. The cast is easily the film's strongest element but even when they're all together, their perfunctory dynamic never gets a chance to flourish. It's this fundamental failure that keeps the film in shackles, especially since the first twenty to thirty minutes are so good. As we're introduced to the characters and their world for the first time, there are a number of great moments, which, sadly are all too quickly forgotten once the troublesome final act begins.

Really, once the group gains its powers, the film shifts tone so drastically it almost feels like we're watching a completely new movie. It's dark and colorless. Characters and performances become drowned out by incoherent and nonsensical plot developments. It's so choppy and obviously edited down that the the appearance of the film's villain in the final fifteen minutes feels tacked on. It's here when the legendary Doom appears and goes on a killing spree for the worst reasons. The conflict between the first half's awe and wonder and seemingly out-of-the-blue violence is jarring and holds almost no weight.

Whatever the original vision of *Fantastic Four* was, it's clear the film's been lost to studio politics and lack of foresight. Saved mostly by the cast and a shimmering, exciting score by master composers Marco Beltrami and the legendary Phillip Glass, the film stands as a monument of painful missed opportunity. Ignoring anything that makes its comic book counterpart worth reading, it's just not fun and is missing a clear purpose. If an FF sequel does happen, here's hoping they revisit these characters and try to understand what makes the colorful property work in the first place.

Century10 Downtown PG13

Two on the Aisle

Little Shop filled with big delights

by Jim Spencer and Shirley Lorraine

This month the rafters at the Simi Valley Cultural Arts Center are rocking as the Actors Repertory Company of Simi (ACTS) presents the classic sci-fi rock musical *Little Shop of Horrors*. But this production is anything but a horror. It is filled with big delights.

Based on the cult classic movie with some slight differences, the popular musical is both an engaging spoof and a tribute to sci-fi movies of the 1950s where an alien life form arrives to take over the earth. In *Little Shop* the visitor is a tiny plant. It is discovered by Seymour, a budding wannabe horticulturist who works as a go-fer in Mr. Mushnik's skid row flower shop. The shop's sales clerk is Audrey, a winsome platinum blonde with an inferiority complex and an abusive dentist boyfriend.

Renamed Audrey II by Seymour after his secret love, the plant begins to grow after tasting a drop of blood when Seymour accidentally pricks his finger. As long as Audrey II receives nourishment she continues to grows, and both the shop and Seymour are blessed with increasingly unusual good fortune, until….

All the actors turn in delightfully polished performances. As the hapless Seymour, Bob Moran is endearingly earnest. Jen Ridgway, as Audrey, is appropriately ditzy. Martin Feldman's portrayal of the stingy and self-absorbed shop owner, Mushnik, is as a crusty but lovable curmudgeon. Nicholas Ferguson is up to the challenges of his multiple roles.

The biggest delight is the vocal talent of the entire cast. Ridgway has a powerful, clear voice uniquely suited to musical theatre. Moran matches her clarity. Feldman's experience and training are strongly evident.

Much of the action is propelled by a circa-1960s female trio of do-wop singers – Jennifer Sun Bell, Saundra Agababyan and Kyle Green. Each displays remarkable vocal ability, individually and as part of the trio's balanced blend. In addition to their vocal contributions, each plays a definable character with style and attitude. A plentitude of costumes changes make them even more fun to watch.

Kudos are also due to Bailey Ramirez and George Chavez II as the operator and voice, respectively, of Audrey II.

Musical direction is under the baton of Matthew Park. The creative choreography provided by Rebecca Castells heightens the action and compliments the direction of Davis Daniels. The winged set is used effectively to highlight both the flower shop interior and the street outside.

Rock music is renowned for being loud. While the singers need and have personal body microphones, in our view feathering down on the overall vocal amplification would enhance the experience at this venue. At times we found the sound volume and decibel intensity almost painful.

Little Shop of Horrors, presented by the Actors Repertory Company of Simi, plays until August 30 at the Simi Valley Cultural Arts Center, 3050 Los Angeles Ave., Simi Valley. Show times: 8 p.m.-Fridays and Saturdays. 2 p.m.-Sundays. Tickets: General-$25/60+ & Students-$22/under 13-$18. 583-7900. On line at www.simi-arts.org.

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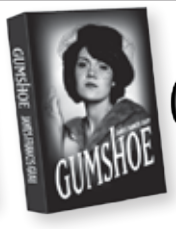

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This 'n' That

VC Diesel Technology Program

A partnership was formed on August 11th as the Ventura County Community College District Board of Trustees approved an action to establish a new Diesel Technology Program at Ventura College under a five-year, $900,000 agreement between Ventura College, Ventura College Foundation, and Gibbs Truck Centers. Chair Dianne McKay, Chancellor Bernard Luskin, and the Board of Trustees recognized Ed Gibbs, Sr., President/Owner, and his son, Ed Gibbs, General Manager/Owner, of Gibbs Truck Centers at a public Board meeting at the District Administrative Center in Ventura.

"The Board was pleased to approve this new community relationship with Gibbs Truck Centers. Building successful pathways for our students would not be possible without innovative partnerships. With the Gibbs' support, we are able to provide students in Ventura County the education and experience needed to access both good and available job opportunities," stated Board Chair Dianne McKay. Chancellor Bernard Luskin commented, "This Diesel Technology program represents the first of its kind in Ventura County. We feel privileged to create this program with Gibbs Truck Centers and appreciate the Gibbs' generosity and vision."

Their business needs for qualified mechanics inspired Ed Gibbs, Sr. and Ed Gibbs to fund the new program and create an onsite lab for students at Gibbs Truck Centers, which is headquartered in Oxnard. Matt LaVere, Ventura College Foundation Board Member, initiated discussions between the Gibbs, Ventura College, and the Ventura College Foundation. "Over the five-year term of our funding agreement, the program is expected to graduate 100-150 technicians with all the skills needed to succeed in our industry, from soft skills like customer service and ethics, to technical knowledge of engines," said Ed Gibbs. Dr. Greg Gillespie, President of Ventura College, commented, "Ventura College is excited to have the opportunity to administer the program and supply faculty, students, and curriculum approved by the National Automotive Technicians Education Foundation (NATEF). Classes will start in fall 2016, and the first graduating class is anticipated in spring 2018."

According to the Bureau of Labor Statistics, job opportunities in the diesel technology field are expected to grow nine percent from 2012-2022. The national average pay was cited as $42,320 annually in 2012.

Mailbox

Continued from page 5

Had this been an insurance contract matter, Don't think for a moment, that that it would not have been "rescinded" (made null and void) for mis-representation. I sincerely hope we can come up with something better.

Mike Merewether

Mike: Do you mean something better than the

Bill Green

In the last issue you had a cartoon with Jewish Pirate saying "Ahoy Vay". I don't get it.

Stan Davis

Stan: In Yiddish "oy vey" (I spelled it vay so folks like you would pronounce it correctly) is short for "Oy vey iz mir," Oh, woe is me! You need to get more Jewish friends.

Bill

Sheldon

Kudos on your suggestion for NASA; great idea. How about posting the actual income and expenses of the Valero Energy Corp? I do hope county of Los Angeles $275,000 program works if so it could be a precursor for the rest of us. Hard to imagine it could work , but one has to try something.

Jude in Oak View

Lighter Breeze

Mother Goose and Grimm

Zits

Tiger

Crock

Blondie

Arctic Circle

Solutions on page 15

(For a beginners guide to playing Sudoku go to venturabreeze.com)

		8	2		3			1
1					5	2		
	4			6			3	
		6			2		9	
		9	8					5
8	7			3		6		
	5				1	8		4
7			9				6	
		1		8			2	

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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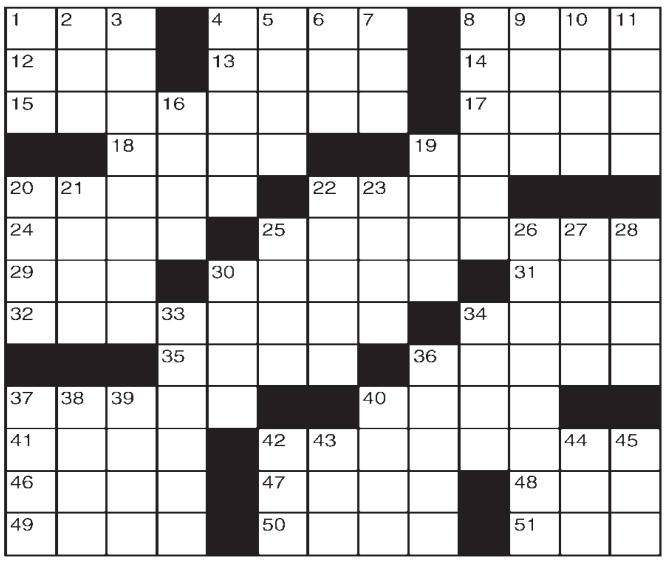
Solutions on page 15

King Crossword



ACROSS
1 CNBC's Cramer
4 Oxen's burden
8 Links warning
12 Oklahoma city
13 State with certainty
14 Egyptian wading bird
15 Observing
17 Goes up and down
18 Lummox
19 Not just plump
20 "Yippee!"
22 Classic Welles role
24 Settled down
25 Strong
29 Director Howard
30 Customs
31 Compass dir.
32 Brought into disrepute
34 Elevator name
35 "Born Free" lioness
36 Treaties
37 Boston Marathon month
40 Eve's third son
41 Reddish mount
42 Nolan Ryan's job
46 Capri, e.g.
47 Neighborhood
48 TV's "Science Guy" Bill
49 Landlord's paper
50 Rhett's last word
51 Wrigley product

DOWN
1 Mandible
2 Mrs. McKinley
3 In harmony
4 "Gulliver's Travels" brute
5 "Metamorphoses" writer
6 Barbie's companion
7 Work unit
8 Untruthful one
9 Reed instrument
10 Cage components
11 Being, to Brutus
16 Coagulate
19 Individuals
20 Hospital section
21 Lotion additive
22 "M*A*S*H" locale
23 Dumbstruck
25 Spacecraft compartments
26 Attractive
27 Monad
28 Not so much
30 Shopping center
33 — in (restricted)
34 Inauguration recitation
36 Pie nut
37 Sahara-like
38 Sit for a photo
39 Bronchial sound
40 Goblet feature
42 Tablet
43 Glass of NPR
44 Big Apple sch.
45 Jewel

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Salome's Stars

ARIES (March 21 to April 19) This could be the time to try soothing whatever bad feelings might be lingering 'twixt and among colleagues, friends or family members. But be sure you do so without favoring any side.

TAURUS (April 20 to May 20) An idea is only an idea until you put that clever Bovine mind to work to develop it from concept to substance. This could lead to something rewarding, both emotionally and monetarily.

GEMINI (May 21 to June 20) The early part of the week could have some disconcerting moments, but approaching them with a calm, unruffled attitude goes a long way toward helping to get things nicely settled down.

CANCER (June 21 to July 22) Getting used to change continues to mark much of the week. But accepting what you have to do makes adapting that much easier. A welcome visitor could turn up sooner than expected.

LEO (July 23 to August 22) Learning how to live with a decision is a challenge, but one you Leos and Leonas could really enjoy. You'll also be pleased to see your social life take that upsurge you've been hoping for.

VIRGO (August 23 to September 22) Use your perceptive Virgo instinct to help you see the positive aspects of what, at first, appears to be a disappointment. You could find that it proves to be quite the contrary.

LIBRA (September 23 to October 22) Your ability to maintain a balance between sense and sentiment once again helps you sort through apparently conflicting choices and ultimately arrive at the right decision.

SCORPIO (October 23 to November 21) Before you seek the advice of colleagues about a potential career move, you might be better off getting counsel from someone who won't be affected by the choices you make.

SAGITTARIUS (November 22 to December 21) It can be a challenging week for some relationships if the normal give-and-take flow changes with one side doing most of the giving and the other the taking.

CAPRICORN (December 22 to January 19) A new opportunity could bring with it much anticipation along with some anxiety. Take time to sort out your options as well as your emotional considerations.

AQUARIUS (January 20 to February 18) Are you sure you have all the facts you need to let that matter move to another level? Don't be rushed into a decision unless and until you feel it's the right thing to do.

PISCES (February 19 to March 20) Pace yourself as you prepare to take on that more demanding project. Be careful not to let your energy reserves drain away. Take time to relax with people close to you.

BORN THIS WEEK: You have the ability to see both sides of a situation. You would do well as a counselor or a judge.

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Kevin Costner and Modern West at the Ventura County Fair.

Ventura Music Scene

Great Scott! It's Tom!!

by Pam Baumgardner

VenturaRocks.com

Once again the Ventura County Fair entertained the masses with a lively eclectic line up of artists. Highlights for me were Kevin Costner's anecdotes between songs with his band Modern West and of course "Private Idaho" and "Rock Lobster" from The B-52's.

The hot ticket this month will be for Tom Scott who has recorded on dozens and dozens of albums from such iconic artists as The Beach Boys, Paul McCartney, the Grateful Dead, Bruno Mars, Steely Dan, Pink Floyd, and Frank Sinatra. He's earned over a dozen Grammy nominations, winning three; and of course he's a founding member of The Blues Brothers. Confidence is high this one will sell out, so don't miss Scott at Squashed Grapes on Friday, August 28.

The Pierpont Summer BBQ series has just two more concerts this season: 8/20 with Carmen & the Renegade Vigilantes, or better known as CRV, And then Dirty Rice will close out the series on September 3.

The Pacific Sound Chorus will hold their annual Ventura show at the Poinsettia Pavilion on August 30 featuring the chorus and several top, local barbershop quartets. The special guest star is a quartet from the Los Angeles area, The New Fangled Four who were crowned Champions of the Western United States in 2013, as well as champions in the International Collegiate Quartet Contest in 2013.

The El Rey Cantina will host an Elvis Karaoke Competition, on Saturday, August 22. There will be prizes for best Elvis singer and costume.

Don't forget Spencer Mackenzie's annual End-of-Summer Block Party on Saturday and Sunday August 29 and 30. There's no cover this year. Artists performing include the Guy Martin Band, Bloody Mary Morning, Brothers Fortune, Mandex, Honey Owl and Andre and the Giants.

And then be sure to clear the calendar for Bombay's 31th Annual Beach Party which runs the following week, September 1st – 6th. Just a handful of the bands appearing will be Hy Brasil, The NaVaNaX, The Jelly, Rey Fresco and more.

We're sorry to report that Green Art People hosted their final Short Attention Span Theater on Wednesday, August 5 with GrooveSession and the Rainbow Girls. GAP kept their doors open as long as they possibly could, but fundraiser efforts fell short. Thanks for the memories and you'll be sorely missed by the community.

And finally, a huge shout out to the cast and crew of West Side Story which had a one-week run at the Rubicon Theatre this month. It's such a thrill to see live theater especially such a beloved story as this with a stellar cast comprised of so many Ventura County youth and young adults along with a 21-piece live orchestra. Hats off to Brian McDonald for another stellar production!

Do you have any music related news or upcoming shows you want help publicizing? Send all information short or long to Pam@VenturaRocks.com, and for updated music listings daily, go to www.VenturaRocks.com.

Music Calendar

For more events go to VenturaRocks.com

Amigos Cafe & Cantina
546 E. Main St.
805-874-2232
Mondays: 6 pm Karen Eden & Bill Macpherson; 8 pm Joey's Acoustic Blues Jam
Tuesdays: 6 pm Nathan McEuen; 8 pm Beer Brothers open mic
Wednesdays: 9 pm Mark Masson & Friends
Thursdays: 7:30 pm The Gypsy Blues Band
Fri 8/21: 7 pm Bloody Reunion, Kings Ransom
Sat 8/22: 6 pm Traveling Hurtados; 9 pm Licorice Pizza
Sun 8/23: 3 pm Lauren Donahue; 6 pm Jazz Crafters
Fri 8/28: 9 pm The Banderleros
Sat 8/29: 6 pm Camp Franco; 9 pm Fish Fry
Sun 8/30: 6 pm Solimar

Bombay Bar & Grill
143 S. California St.
805-643-4404
Weds: Tommy Marsh hosts the Session
Thurs: DJ Pistolero

Café Fiore
66 S. California Street
805-653-1266
Wed 8/19: Donna Butler
Thurs 8/20: Sound Effect
Fri 8/21: Boogie Wonderland
Sat 8/22: Otis Hayes
Sun 8/23: Casey Jones & the Reggae Train
Tues 8/25: Instone
Wed 8/26: Big Adventure
Thurs 8/27: Rick Whitfield
Fri 8/28: Ricky Coz
Sat 8/29: Soul Infusion
Sun 8/30; Babylon Rockers

Discovery Ventura
1888 Thompson Blvd
Thurs 8/20: Big Mountain, Herbal Rootz
Fri 8/21: Hoodoo Hounds, Smoking Blue
Sat 8/22: The Molly Ringwald Project
Sun 8/23: Los Lonely Boys
Thurs 8/27: Through the Roots, True Press, Natural Incense
Fri 8/28: Hollywood U2
Sat 8/29: Led Zepplica

The Garage
1091 Scandia Avenue
Thurs 8/20: PEARS
Fri 8/21: Crypt Infection, Heretic AD, American Hoss
Sat 8/22: Rocky Voloato, David Haus, Chris Farren, Mitchell Blake
Fri 8/28: Heretic AD, Crypt Infection

Gigi's Cocktails
2493 Grand Avenue
Mondays Jam Night with Maggie's Drawers
Thurdays & Fridays: Karaoke
Sat 8/22: What the Funk
Sat 8/29: Irene's Fun Day Band

Golden China
760 S. Seaward
(805) 652-0688
Karaoke seven nights a week
Bluegrass Jam 2nd & 4th Wednesdays
Swing night Thursdays 6:30 pm
Fri. and Sat.: 7 pm Polynesian Revue
Cumbia Fridays with DJ Carlos at 9:30 pm
Reggae Sundays 8:30 pm

The Greek Restaurant
Ventura Harbor
Sat & Sun 7:30 pm Belly Dancing, Greek music and show; DJ dancing

Hong Kong Inn
435 E. Thompson Blvd
Mon – Fri 5-7 pm Kenny Devoe
Sun: 6 pm Rob Correll

Keynote Lounge
10245 Telephone Road
Tuesday and Wednesday: Karaoke
Thursday: Open Mic
Sunday: Karaoke
Fri 8/21: Black Canyon Band
Sat 8/22: Rick Miller Band
Fri 8/28: What the Funk
Sat 8/29: Sean Wiggins

Majestic Ventura Theater
26 S. Chestnut Street
Wed 8/26: Miguel, Dorothy
Sat 8/29: Nardfest Day 1 – Dr. No, Excel, Nails...
Sun 8/30: Nardfest Day 2 – Ill Repute, Stalag 13, Agression...

Margarita Villa
Ventura Harbor
Sat 8/22: Red Hot Tribute Band
Sun 8/23: Jacob (After the Smoke)
Fri 8/28: Shaky Feelin'
Sat 8/29: Zen Mountain Poets
Sun 8/30: Amaris Taylor

Montalvo Square Shopping Center
1746 S. Victoria Avenue
Saturday's 6-8 pm
8/22: Brain Faith Band

Olivas Adobe
4200 Olivas Park Drive
Music Under the Stars series
Sat 8/22: Louie Cruz Beltran
Sat 8/29: Fantastic Diamond

The Patio at Player's Casino
6580 Auto Center Drive 805-643-1392
Fri 8/21: The Tim Buley Band
Sat 8/22: Irene Cathaway Band
Sun 8/23: Del Franklin duo
Fri 8/28: Teresa Russell duo
Sat 8/29: Sound Effect
Sun 8/30: Sean Wiggins duo

Peirano's
204 E. Main Street
Fri 8/21: Sunnarborg & Rivera
Fri 8/28: Ruben Estrada

Pierpont Inn
550 San Jon Road
Thurs 8/20: CRV – Carmen & the Renegade Vigilantes

Poinsettia Pavillion
3451 Foothill Road
805-648-1143
Sun 8/30: 2:30 pm Pacific Sound Chorus

Rookees Sports Bar & Grill
419 E. Main Street
(805) 648-6862
Friday and Saturdays
10 pm Rotating DJs

Saloon BBQ
456 E. Main Street
Fri 8/21: Heavy Petty
Sat 8/22: Mark Sellers
Sun 8/23: Sheldon & Cunnane
Thurs 8/27: Matt Sayles
Fri 8/28: Solimar
Sat 8/29: Brandon Ragan Project

Sandbox Coffeehouse
204 E. Thompson Blvd
805-641-1025
Thursdays Open Mic
Sat 8/22: Noon Walt Dunlap
Sun 8/23: Noon Star Bandits
Sat 8/29: Noon Walt Dunlap
Sun 8/30: Delphine Tesla

Sans Souci
21 S. Chestsnut
Sundays: DJ Darko
Mondays: Karoake
Tuesdays: Twisted Tuesday
Wednesdays: Open mic with Sin Chonies
Thursdays: DJ Spinobi
Fri 8/21: Kavika Prophets Martin
Sat 8/22: One Oz.
Sat 8/29: Bloody Reunion

Squashed Grapes
2351 E. Main St.
805-643-7300
Live jazz music 7-10 pm
Wed 8/19: Adam Clark Organ Trio
Thurs 8/20: Lett, Mancini & Dutz
Fri: 8/21: Karl Hunter BD Bash
Sat 8/22: Tyler Blanton Electric Trio
Wed 8/26: Joel Penner Sextet
Thurs 8/27: Skip Shapiro's Little Big Band
Fri 8/28: Tom Scott & Friends
Sat 8/29: Ron King Quartet

Star Lounge
343 E. Main Street (805) 6438-4709
Fri 8/21: Big Adventure
Sat 8/22: 7th Decade
Fri 8/28: Rio Bravo
Sat 8/29: Time Bomb

Surf Brewery
4561 Market Street
805-644-2739
Music 6-8 pm
Sat 8/22: Wyk & Winkle
Sat 8/29: Tempo Cats

The Tavern
211 E. Santa Clara Street
Sunday open mics
Karaoke Tuesdays
DJs every Thursday college night
Fri 8/21: The Rubberneck Lions
Fri 8/28: I Want my 80's
Sat 8/29: Green Mild Chili Peppers

Ventura Beach Club
281 W. Main Street
Hi Hat Entertainment
Fri 8/21: Ray Bonneville

Ventura Harbor Carousel Stage
Ventura Harbor – Sundays 1-4 pm
8/23: Jodi Farrell & TreCoustics
8/30: Ray Jaurique & the Uptown Brothers

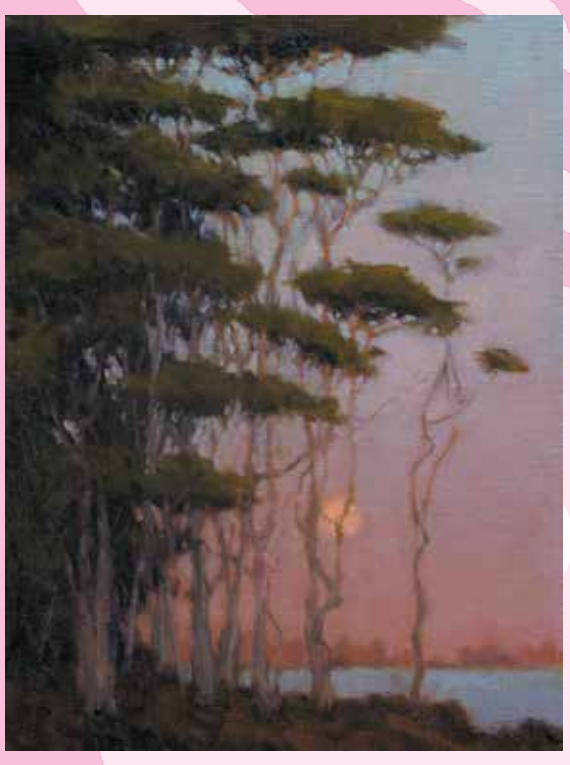
W20 at the Watermark
598 E. Main Street
Thurs 8/20: Guitar Pull with Shawn Jones
Fri 8/21: Pleasure
Sat 8/22:
Sun 8/23: Rick Whitfield
Thurs 8/27: Guitar Pull with Shawn Jones
Fri 8/28: Zeal Levin
Sat 8/29: Shari Puorto
Sun 8/30: Shawn Jones

The Wine Rack
14 S. California Street
Music runs 8-11 pm, Sundays at 3 pm
Mondays: US Blues Project
Tuesdays: Heard of Kats
Fri 8/21: Jodi Farrell & Jim Rankin
Sat 8/22: Mark Heyes & Phil Salazar
Sun 8/23: Mark David
Fri 8/28: Dirk Shumaker & Trey O'Toole
Sat 8/29: Kevin Longden

Art, a la Carte

George Robertson's *sketch of the fishing boats in the Ventura Harbor can only be seen here and in his living room.*

This painting, collage and acrylic by **Gayel Childress** *can be seen in the permanent Ventura's Municipal Art Collection in the corridors of the Ventura City Hall. The Municipal Art Acquisition Program was established in May, 1999. She is known for her innovative use of color and her energetic flair for experimentation. Her goal is to capture the spirit of a subject.*



Fine art will be a highlight at this summer's **Art Alfresco Invitational Exhibition and Art Sale**, *presented by the Museum of Ventura County on Saturday, August 22, from 12:00 to 5:00 p.m.*

Stroll through the easels, booths and sculpture of thirty-one of the region's finest artists, exhibiting and selling their work on the Museum's Plaza and in the Martin V. & Martha K. Smith Pavilion. General admission is $10 per person, $5 per person for MVC members.

Premiering on the same day is the exhibition "Sitting Pretty: Portrait Photography from the Salon to the Selfie," which highlights the Museum's exquisite collection of photographic and painted portraits dating from the 1850s to the present.

The Museum of Ventura County is located at 100 East Main Street in downtown Ventura. For more information go to www.venturamuseum.org or call 653-0323.

Ventura Planning Commission Chair **Dan Long** *has been creating sand art since he was in high school while other kids were playing in it. Now he lives right here by the sand. During the recent County Fair he was demonstrating his unusual art showing how he creates his wonderful sand art by manipulating and arranging sand of different color in glass bottles. Among his very sophisticated tools are no.2 wood pencils.*

A small sampling of the huge variety of art on display during the **Ventura County Fair**.

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A forum where facts and myths about suicide are brought to light.

Youth and suicide prevention

The River Community Church, in conjunction with the American Foundation for Suicide Prevention and Didi Hirsch, will be hosting a Student-Oriented Suicide Prevention Seminar. This seminar will focus on youth, because suicide is the second leading cause of death for ages 10-24. More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease, combined.

It will also provide a forum where facts and myths about suicide are brought to light, based on a true story experience and the impact on loved ones. Tips on how to prevent suicide and what you can do for those you love plus resources for suicide prevention will also be discussed and provided.

This seminar will be held at The River Community Church (TRC) on Sunday, August 23, at 1 p.m. in the main auditorium at 889 E. Santa Clara Street.

TRC's vision is to partner with others to help them enhance their quality of life and this includes helping families deal with issues such as these.

The River Community Church is known for being "Your partners in life." For more information about The River Community Church, please visit their website at www.TheRiverCommunity.org or call the church office at 648-7955.

A teen volunteer camp counselor with the YMCA helps a young camper into a rock climbing harness.

A summer away from school at YMCA camps

Hundreds of South and Central Coast children and their families are spending their summer away from school at YMCA camps, including sports, specialty, water, sleepaway, family and traditional camps.

They Y Summer Camp Programs create opportunities for hundreds of South and Central Coast children and their families to spend their summer away from school at YMCA camps, including sports, specialty, water, sleepaway, family and traditional camps. Dozens of highly trained staff and volunteers help ensure that children make lasting friendships and have fun discovering who they are and what they can do.

"Being away from the routine of school and home can allow kids a chance to challenge themselves and develop independence," said Sal Cisneros, President and CEO of the Channel Islands YMCA. "The nurturing environment of the Y camps encourages Summer Learning Gain, or cognitive and emotional development that helps children start their new school year ready to learn."

Dozens of highly trained staff and volunteers help ensure that children make lasting friendships and have fun discovering who they are and what they can do.

Camps provide an opportunity for children to meet new kinds of people and develop real connections without the distractions of phone or television. Activities such as ropes courses, team sports and meal preparation encourage teamwork, allowing campers to build valuable relationship skills that help them into adulthood.

The Y camps are accredited by the American Camping Association (ACA) which sets the highest standards in the nation for day camps. This important seal of approval means the YMCA complies with up to 300 health, safety, and program quality standards set by ACA.

STOCK Building Supply

RETIRED ARCHITECT AND NOW VENTURA BREEZE PUBLISHER SHELDON BROWN WILL BE AT THE STOCK BUILDING SUPPLY EXPO TO BE HELD ON AUGUST 31 ANSWERING ALL OF YOUR CONSTRUCTION AND REMODELING QUESTIONS SUCH AS:

IS MY MARRIAGE AND FOUNDATION STRONG ENOUGH TO ADD A SECOND FLOOR?

WHAT IS A BEARING WALL AND DO I CARE?

SHOULD YOU REMODEL OR MOVE?

BRING YOUR OWN FUNNY SKETCHES AND EVEN PLANS PREPARED BY OTHERS FOR A CRITIQUE.