## Small Business of the Year; 2012 FREE

**Your Hometown Paper** 

Vol. 6, No. 7 Published Every Other Wednesday www.venturabreeze.com

January 9 – January 22, 2013



Endangered whales to receive more protection from ships. Photo by Doug Mangum.

# Shipping lanes to be adjusted to protect endangered whales

by Shauna Bingham

NOAA's Channel Islands National Marine Sanctuary

Busy shipping lanes off the California coast, including routes that cross three national marine sanctuaries, will be adjusted to protect endangered whales from ship strikes.

Last month the International Maritime Organization (IMO), which governs shipping worldwide, announced it adopted three proposals deemed necessary to improve navigational safety and to reduce ship strikes on the approach to San Francisco Bay, the Santa Barbara Channel and the Ports of Los Angeles and Long Beach. Vessels in these areas also travel through NOAA's Cordell Bank, Gulf of the Farallones and Channel Islands National Marine Sanctuaries where blue, humpback and fin whales feed and congregate.

"This is a win-win situation, backed by NOAA research, that allows for enhanced protection of endangered whales and natural resources while at the same time increasing maritime safety," said William J. Douros, west coast regional director of NOAA's Office of National Marine Sanctuaries. "We are pleased with the shipping industry and the IMO's decision to support the proposed amendments."

Slow-moving whales are highly vulnerable to ship strikes, since many of their feeding and migration areas overlap with shipping lanes. In 2007, four whales (all blue whales) were killed Continued on page 4

While in Japan on January 14 for Coming of Age Day (Seijin no Hi) you can always catch up with the Breeze at venturabreeze.com



## Ventura Hillsides Conservancy receives grant from Patagonia

Ventura Hillsides Conservancy has been awarded an unsolicited grant of \$5,000 from Patagonia for their work to preserve and restore the Ventura River Estuary. As part of their Miracle Grants Program, Patagonia aims to involve their employees directly in the company's granting decisions. This year, the Design, Development and Global Merchandising Department voted to support the efforts of the Conservancy.

"Patagonia is a pioneer in corporate philanthropy for the environment. Not only have they helped fund our program, but many of their employees participate in our restoration projects as volunteers. We couldn't be happier about their support of our efforts in the Ventura River," responded Conservancy President Tim Coonan when told of the award.

The Ventura Hillsides Conservancy has spent the better half of 2012 removing invasive vegetation and trash from a 9 acre property located in the Ventura River between Main Street and Highway 101. Over one hundred volunteers have participated in monthly clean-ups that have removed over a dozen tons of trash from the Estuary, preventing it from washing out into our ocean and onto our beaches this winter. The Conservancy is working closely with the Friends of the Ventura River to promote the Ventura River Continued on page 6



David Wilson

## VPD makes 12 promotions

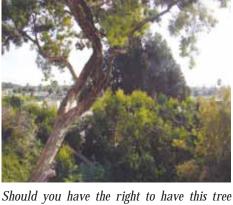
Recently Police Chief Ken Corney announced a total of twelve promotions. Promotions took place from the ranks of Corporal, Sergeant, Commander, and to Assistant Chief. A promotional ceremony was held at Ventura City Hall on December 20, 2012 and the promotions were effective as of December 22, 2012.

Brock Avery

We'd like to congratulate the newest

members of the Ventura Police Department's (VPD) Command Staff; Commanders Brock Avery and David Wilson were promoted to Assistant Chief, and Sergeants Rick Murray, Darin Schindler, and Tim Turner were promoted to Commander. Additionally, Corporals Matt Cain, Terry Medina, and John Snowling were promoted to Sergeant, Continued on page 4 Councilmember Brian Brennan





# Do you have a right to your view?

On Dec. 17, the city council voted to further study the issue of public view sheds (view rights) and solar access using Santa Barbara's ordinance as a guide. Santa Barbara has dealt with such rights for 10 years so the council felt that looking at the results of Santa Barbara's ordinance would give them a good perspective on dealing with this problem and if they want to adopt such an ordinance.

The Santa Barbara View Dispute Resolution Process is a voluntary means for neighbors to resolve disputes over alleged blockage of private views. If a neighbor refuses to participate a neighbor can file action in Superior Court.

Councilmember's Jim Monahan and Neal Andrews voted against looking into an ordinance, feeling that it creates more of a problem than it's worth.

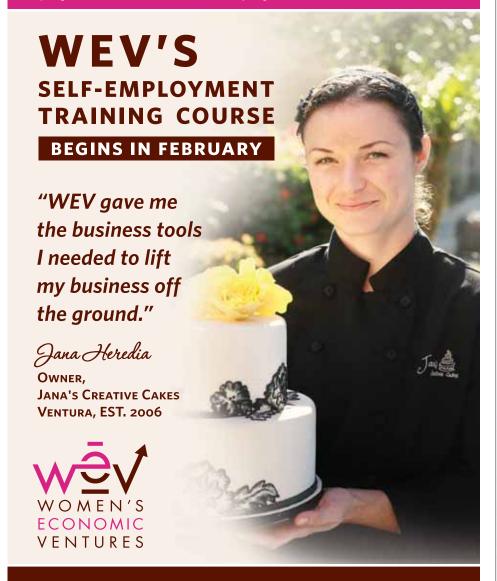
Councilmember Christy Weir stated, "It's not about chopping down all the trees, but rather helping neighbors come to amicable solutions for disputes over trees, vegetation and even blocked sunlight.

said, "I don't know the answer but I'm willing to explore it."

City Attorney Ariel Calonne was instructed to get more information from Santa Barbara on what it has cost the city and to determine how much it would cost to develop a similar ordinance in Ventura. He is expected to make a presentation to the city council early this year.



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#### Family Calendar Highlights

Find a Full List of Events on ventura-ca.parentclick.com

Ongoing: Pacific View mall provides free weekend entertainment in the afternoons at Center Court. Students K-12 are asked to submit artwork or poetry to the California Coastal Commission for a chance to win prizes. Up to 10 winners will be selected to win \$100 gift certificates, entries must be postmarked by Jan. 31.

Claddagh School of Irish Dance in Simi Valley offers classes for beginners through adults Monday through Saturday.

Saturday, Jan. 19: Performances to Grow On will present World of Wonder at the Ojai Art Center as part of its Toys For the Mind Family Series. The show will feature Leland Faulkner's imagination, a mime's skill and a conjurer's craft.

Friday, Jan. 25: Performances to Grow On will present John McCutcheon at the Matilija Auditorium in Ojai as part of its Fresh Roasted Concerts Series. McCutcheon is considered one of America's finest

Thursday, Jan. 24: Women's Economic Ventures is holding a free, one-hour Self-Employment Training Orientation to help determine readiness for WEV's business courses. RSVP is required.





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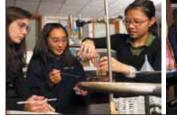
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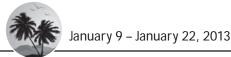
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February 16

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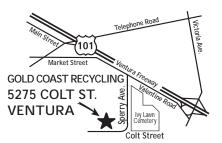
#### MATERIALS NOT ACCEPTED

- Aerosol cans
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- Gasoline
- Household Cleaners
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Limit of 15 gallons or 125 pounds per visit.



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# **City News**Free city lectures

The City of Ventura is offering two free lectures for Ventura County residents: "the economic benefits of preserving historic buildings" and a hands-on session regarding "the nuances of wooden window repair". Both lectures will be held at Ventura City Hall, 501 Poli Street in the Community Meeting room, Thursday, January 10th. The first lecture will begin at 4pm, and the second lecture will start at 5pm.

Reservations are required as seating is limited. Contact Lisa Wilkinson at 658-4755 or lwilkinson@cityofventura. net to reserve a space. Light refreshments and materials will be provided.

Homeowners and owners of older buildings with original wood windows, do-it-yourselfers and carpenters are encouraged to learn about historic preservation and the benefits of restoring old windows to make them more energy efficient.

Christy McAvoy, Founding Principal at Historic Resources Group, has extensive experience in identifying and evaluating historic buildings throughout California. Christy will present the economic benefits of historic preservation.

Ed Sanchez, owner of Window Restoration and Repair, Inc., will present the window demonstration. Ed will teach attendees how to identify problem areas and use technical tips to maintain old windows for longevity and energy efficiency.

#### **Shipping lanes**

Continued from page 1

by confirmed or likely ship strikes in and around the Santa Barbara Channel. In 2010, five whales (two blue, one humpback, and two fin whales) were killed by confirmed or likely ship strikes in the San Francisco area and elsewhere along the north-central California coast.

The proposed vessel lane changes in the Santa Barbara Channel and Channel Islands National Marine Sanctuary narrow the overall width of the existing lanes and shift the southbound lane one nautical mile north. This change will move vessels away from an area used by feeding blue and humpback whales.

The vessel lane changes are anticipated to take effect in 2013. Blue, humpback and fin whales are protected by the Endangered

Species Act, Marine Mammal Protection Act and National Marine Sanctuaries Act.

In 2007, NOAA's Office of National Marine Sanctuaries worked to shift shipping lanes in Stellwagen Bank National Marine Sanctuary, off the coast of Massachusetts. This modification now protects endangered whales in the sanctuary and has reduced the risk of ships striking whales by 81 percent.

NOAA's mission is to understand and predict changes in the Earth's environment, from the depths of the ocean to the surface of the sun, and to conserve and manage our coastal and marine resources. Join us on Facebook, Twitter and our other social media channels at http://www.noaa.gov/socialmedia/.

On the Web check out Sanctuary Ship Strike information: http://sanctuaries. noaa.gov/protect/shipstrike/welcome.html

Shift in Stellwagen Bank shipping lanes: http://sanctuaries.noaa.gov/news/top40/14\_shipping\_lanes.html

#### **VPD** makes 12 promotions

Continued from page 1

and Officers Mike Brown, Bill Dolan, Mark Knackstedt, and Anthony Snow were promoted to Corporal.

Said Chief Corney of the promotions, "Our Department has exceptional talent at every level with a number of highly qualified and competent candidates vying for each promotion. I am honored to work with such an outstanding team of dedicated crime fighters and thank each and every one for their teamwork and dedication. Working effectively together is the key to success for this department, city government and our community."

Chief Corney also expressed his gratitude to recent retirees Assistant Chief Quinn Fenwick (thirty-one years of service with VPD) Commander Juan Reynoso (twenty-four years of service with VPD), Corporal Jim Beautrow (twenty-three years of service with VPD), and to Officer Matt Liston (twenty-five years of service with VPD). Said Corney, "Together they take with them over one hundred years of professional experience and expertise that can't be replaced overnight. I am grateful for the numerous contributions they made to the safety of our community and the success of the police department. We thank each of them for their dedicated service and wish them well in their retirement and future endeavors."



This picture is of the original Ventura Foursquare Church that later became Horizon Foursquare and is now The River Community Church (a Foursquare Church). This building was located across the street from the park on Santa Clara Street where the post office is currently located. Later the church moved to where we are today. Pastor Jim Duran – The River Community Church

Member, Ventura Chamber of Commerce and Oxnard Chamber of Commerce

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Dear Mr. Brown:

I cannot let the recent letter to the editor (regarding the fencing of the railroad tracks) from Greg Resnick in Ventura go without a response.

As you know, I have written to you several times over the years addressing rail safety issues in Ventura.

Unfortunately, this letter writer must not have read any of the previous articles about deaths and injuries at the Vista Del Mar/Seaward Avenue railroad

Clearing, his perception of an approved crossing "...used for decades by many..." is not only wrong but very dangerous as demonstrated by the long

## **Opinion/Editorial**



received fireplace log kit for Christmas and included was a VHS installation tape. I don't even think that they are used in China anymore. So I went to

a thrift store and bought a VHS player so that I could look at it.

- It is nice to still have a local hardware store, like Steve's Hardware at Hemlock and Thompson that can really help customers with our questions and cut pipes and repair screens and even sell bathroom fixtures. Only thing is that Steve is no longer there so say hi to owner Dennis when you are there.
- Getting back to my previous comments (in another issue) about the lack of council members at the Mayor's Arts Awards Councilmember Carl Morehouse was kind enough to send me the following information about the awards.

"As far as the Mayor's Arts Awards go, that program actually began on Brian Brennan's watch in his second year of Mayorship in 2005. I picked up the standard for continuing this program during my period as Mayor in 2006 and 2007, and was actually the one instrumental in selecting the Award logo - "Mark of Distinction" – that is used today, created by Lis Schwitters in 2006."

After more reflection just because someone (council members) aren't in attendance at an event that I think is important doesn't mean that they're disinterested.

They attend many-many functions without pay (and some with very little pay). For instance he, and other members attend many meetings and events with their other duties in order to make Ventura a better community.

■ Ventura now has a Community Intervention Court that was initiated by the Ventura Police Department (and others) whose purpose is to get those repeatedly accused of vagrancy-related crimes off the street and into treatment programs. Their charges will be dropped if they complete the program by checking in regularly with the court.

Community Intervention Court is open to homeless people arrested for municipal code violations in Ventura. This is usually drinking in public. Santa Barbara has a program called Restorative Court that ours was based on. At any given time Ventura has approximately 700-800 vagrants.

Twenty-five have been chosen to participate and several have had their hearings.

Seeking future help for these people the court works with several groups including the Ventura County Behavioral Health Department Alcohol and



Will the Community Intervention Court help some of our homeless get off the streets?

Drug Program, The Salvation Army and Project Understanding.

The homeless problem in Ventura (and other) communities is not just a police and court problem but a community problem that must be dealt with at all levels, the city alone just can't deal with it or solve it.

This program will give them the opportunity, and resources to improve their lives and have a more normal life. It might be their only opportunity to do this ,so hopefully many will participate and succeed because the homeless problem seems to just keep growing here, hurting our businesses and enjoyment of Ventura. Of course would you rather be homeless in Ventura or Detroit?

But we must remember that many of the homeless are not just a bunch of "bums" but have mental and physical issues and in today's economy many of us are just one pay check away from being homeless.

■ I'm very confused so I need gun owners to explain this to me. A governor (not sure which state) wants all gun owners to be registered so that people know which homes have guns. His reasoning being that parents should know if there are guns in their friends' homes so that they can make sure that the guns are locked up or not easily accessible and decide if they want their kids in these homes.

A person from a gun lobby is opposed to this and stated as his reason that "It gives a shopping list to criminals".

Now here is my confusion, isn't the idea of having a gun at home for the "bad guys" to know that so that they don't enter your home in fear of getting shot? So wouldn't it be good for them to know what home owners have guns?

■ In my annual "Don't our legislators have better things to do?" here are a few of my favorite new California laws (more to come).

State legislators no longer get a discount on vanity license plates (How about cocktails at the legislative bar?)

Drivers pulled over by police are permitted to show officers their proof of insurance on an electric device, such as a smart phone (Now this makes sense - my glove compartment is much to full to put a 3"x 5" piece of paper in. What about in the future when cars drive themselves while we take a nap, can the car show the officer its proof of insurance?)

Parents must have a doctor's permission before being granted an entertainment work permit for infants one month old or younger. (What if I hired a one month old writer, I know I write like one, would I need a letter from their doctor?)

## Mailbox

list of incidents at that location.

I applaud the Union Pacific Railroad company for trying to improve safety and discourage trespassing incidents

Sincerely, Arthur James "A.J." Farrar, M.S. AJF & Associates Ventura

Dear Editor,

Of all the reactionary calls for gun control in the weeks since the mass killings at Sandy Hook Elementary School in Ct., conspicuously absent in the debate is a call to insist that every gun purchased come with a free gun lock, and that anyone who keeps unlocked firearms in a home or workplace where there are people who are inclined to steal these weapons to commit mass murder should be looked at as an accessory to those murders,

These mass killings all seem to have one thing in common - a mentally or emotionally unbalanced person steals the weapons of someone they know or live with in order to carry out their crimes. They just steal the gun from a careless friend or relative.

Gun owners for the most part (unless they are gangsters in possession of illegal firearms) are responsible people. Except when they leave their firearms unlocked and accessible to friends, family or strangers.

You'll never curtail gun sales. Nor should you try. More often than not it's not the gun owners who are going off committing these atrocities.

People are so quick to blame anyone and everyone except for themselves (& the people like them) when some completely preventable atrocity such as the Sandy Hook School Massacre happens.

For God's sake people, wake up! Lock your guns and get psychological help for yourselves and those in your family you're having problems with!

The only loaded guns we need to worry about...are people (and the loaded guns they live with). Justin Markman

#### The Breeze delivered to your home?

Ventura



We are considering home delivery of the Ventura Breeze for \$70 per year. We will decide after we see if there is enough interest in home delivery.

If you would consider delivery to your home please let us know at editor@venturabreeze.com so that we can decide if we will start this service.

It's better to know nothing than to know what ain't so. - Josh Billings



## **Community Events**

#### Ventura events

by Ana Baker

English conversation classes (ESL) are held at the Adult Center on Wednesdays at 6:30p.m. to 8p.m. and Fridays at 11a.m. to 12:30p.m. All levels of English language learners are welcome, especially beginners. The classes are free and pre-registration is not required. The Adult Center is located at 550 N. Ventura Ave. For information please call Louise Vien, 643-7064

Jan. 11: The General George S. Patton, Jr. Chapter, Sons of the American Revolution luncheon meeting will feature the special program Spies During the Revolutionary War presented by William Hurley. The **luncheon event** will take place, Friday at 11:30 a.m. in the Garden Room, Marie Callender's Restaurant, 1295 S. Victoria Ave. All SAR Compatriots, friends and visitors are welcome for this special event regarding military Intel gathering and spynetworks during the Revolutionary War. The self-pay luncheon cost is \$20 per person, and includes a slice of Marie Callender's pie. For additional information, please call Bill Hurley 492-2583 or Robert Taylor 216-7992, and please visit the chapter website http://pattonpatri ots.org for information regarding SAR membership and chapter.

Jan. 12: Adults and Children alike have been enchanted by fairies for generations. In their eyes, fairies are real, and really do grant wishes! Portraying the character Fairy Queen Flutterby, Children's author, Robin Aliece Borakove, is performing a storytelling and interactive show for children and their **families.** Event will be held Saturday from 2p.m. to 4p.m. at the Pacific View Mall. Ms. Borakove has been on a nationwide book-tour performing storytelling, and, teaching children the importance of a healthy lifestyle. Robin gives 100% of the book donations to charities such as JDRF and Autism

Jan. 13: Camerata Pacifica's program features three great friends, Warren Jones, Catherine Leonard & Richard Yongjae O'Neill, in a program both intimate and powerful. Over many years Camerata Pacifica's artists, representative of the world's finest chamber musicians, have developed close friendships. In a program such as this these friendships will lend a particular depth and interpretive understanding to this deeply personal and intimate music.

The performance will be held at the Temple Beth Torah on Sunday at 3p.m. Temple Beth Torah concert: \$40 single tickets. For tickets and information: www.cameratapacifica.org or call 884-8410

Jan. 19: Foreign Research, Saturday, from 1 p.m. to 4p.m. at the Church of Jesus Christ of Latter-day Saints, 3501 Loma Vista Road. All meetings are free and open to the public. Linda Serna has been involved with genealogy in researching and writing family stories for 30 years. She is a member of several California Genealogical Societies as well as the Southern California Chapter of the Association of Professional Genealogists, and the Genealogical Speakers Guild. Linda has written and given many presentations for groups in Southern California and New Mexico, as well as teaching intermediate and advanced classes. Her interests include history, writing, and traveling. She especially likes seeing how individual family stories fit in and make up the fabric of history. John Callahan will present a workshop on Snagit. Contact: Ilka Boogaard, publicity@venturacogensoc. org and www.venturacogensoc.org

Jan. 26 & 27: The San Buenaventura Friends of the Library are holding a Book Sale on Saturday, 10 a.m. to 5 p.m. and Sunday, from 12p.m. to 4p.m. Located in the Topping Room, E.P. Foster Library, 651 E. Main St. A large donation of used books, representing all genres, including older library copies and collection duplicates. In advance of this special sale, there will be a preview selection from this collection for sale now in the SBFOL Bookstore at the E.P. Foster Library. For more information, Kathy Thomson, katbarcat@aol.com, 750-6630.

#### Ojai events



ICU recently remodeled

The initial phase of the 52-year-old Ojai Valley Community Hospital modernization project has begun. A new roof, and new air conditioning and heating units, have been installed as part of a plan to bring the hospital into compliance with state-mandated earthquake safety standards. Besides meeting these safety standards, the new heating and air units are a long-anticipated improvement that staff, patients and visitors alike will certainly appreciate as Ojai Valley temperatures routinely dip in the winter and heat up again come summertime.

Inside, the hospital's four-bed Intensive Care Unit was remodeled. New flooring, improved work stations, and ceiling braces were installed in the 1,630-square-foot ICU.

The Ojai Valley Museum opens two original exhibitions: Fiber Arts Master Pieces and Beatrice Wood, Duchamp & Chess from January 19th through March 31.

Fiber Art Master Pieces in the museum's Rotating Gallery will encompass examples of antique and contemporary quilts, textiles, fiber art portraiture, sculpture and wearable art and will feature fourteen contemporary regional artists.

Simultaneously on exhibit in the Alcove Gallery is an installation by Ojai artist Valerie Freeman entitled **Beatrice Wood. Duchamp and Chess.** The exhibit is in homage to Beatrice Wood, in recognition of her friendship with Marcel Duchamp and in celebration of her 120th birthday on March 3, 2013.

The opening reception on Saturday **January 26**, 5 to 7 pm, is open to the public and is free to 2012–2013 museum members and \$5 for non-members at the door.

The museum is located at 130 W. Ojai Ave. For more information, call the museum at 640-1390, ext. 203, e-mail ojaimuseum@sbcglobal.net or visit the museum website Ojai Valley Museum.org

On Saturday, **January 12** in Ojai the first of several workshops in the principles and practices of creating an urban "food forest" will be held as a project of the **Ojai Valley Green Coalition**. The first day-long workshop is by reservation through the OVGC website at \$30 OVGC members/\$35 non-members (includes a vegetarian lunch, handouts and seeds).

The workshops are open to the public and will cover such topics as: Site Assessment and Garden Design, Intensive Fruit Tree Orchards, High Yield Vegetable Gardening, Chickens and Coop Building, Pond Construction and Aquaculture, Fire Pit Kiva and Bamboo Pavilion Construction.

For full details and to reserve your spot call 669-8445 or go to http://ojaivalleygreencoalition.com/2012/11/workshop\_series\_create\_an\_urba.shtml.

Hillsides Conservancy receives grant Continued from page 1

Parkway plan which lays out a vision for restoring the river to protect the health of the watershed and provide much needed public open space for recreation and tourism.

More information about Patagonia can be found at www.patagonia.com. To learn more about the Ventura Hillsides Conservancy please visit www.venturahillsides.org or call 643-8044 to find out how you can get involved.

#### Compassionate Eating Cooking Classes starting this month

by Bianca Rose Martinez

Now that all the holiday treats and feasting are over it's a good time to make a healthy new start for the New Year. And although many of us will commit to gym memberships, fad diets or over ambitions changes to our routines, there are simple ways we can live healthier lifestyles that are good for us and our planet (who'd have thought they were related?).

I believe changing how we eat vs. "going on a diet" is more successful in the long run. Things like adding more local, seasonal vegetables to our meals, avoiding processed foods and eating less meat are all choices that aren't too drastic and can be done gradually.

There are so many easy ways we can green our eating habits. We can start using cloth napkins, get a reusable water bottle or choose an eco-friendly dish soap. But above all, the most important thing we can do to create a more sustainable future is to eat in a way that does the least harm and consumes the least amount of resources.

I will be offering new classes starting this month on how to do just that. On Jan. 19th Vegan 101 will give veg-curious participants a tasty foundation for a plant-based lifestyle and include plenty of nutritional information and playtime in the kitchen. I will also be offering a couples cooking class in February that will focus on sensual tastes and textures along with aphrodisiac foods for sexual health!

Remember each and every one of us has the power to make positive change in our world. By adding a little compassion to our eating habits we can make a difference with every bite we take.

For more info including free recipes, class schedule and to sign-up please visit www.compassionateating.com

## Bankruptcy looms for cities (The Good, The Bad and The Ugly)

From Res Publica Venturans for Responsible and Efficient Government (www.vregventura.org)

The election is over but the business prospects for California cities remains dismal. Moody's, a business rating service, has placed the debt of 30 California cities under review for downgrade. With the rating downgrade each of these cities will have great difficulty in raising money to operate essential government functions by borrowing municipal bonds.

#### The Bad

The rating examinations will potentially affect \$14.3 billion in lease-backed and general obligation debt on the books of downgraded cities. Why? Because these cities did not address their internal cost structures, did not reduce personnel costs in the face of looming debt and used accounting gimmicks in the hopes that the economy would change. It

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## **News and Notes**

has not changed. Add their unfunded pension and debt obligations to their itemized costs and they are in trouble.

The cities of Vallejo, Stockton, San Bernardino and Mammoth Lakes filed for bankruptcy. Their revenues from real property taxes and sales taxes dropped precipitously while fixed costs, such as public safety pensions remained high. Public safety personnel refused to modify their benefits to help with the budget issues of their city. The fight between public safety unions, who refuse to modify their pension contracts, and the bond holders who loaned the cities money, looms large.

#### The Good

At the beginning of the recession the City of Ventura lost \$5 million when WAMU collapsed and \$5 million when Lehman tanked. Tax revenues plummeted from \$100 million to \$82 million currently (estimated). The City has tried to adjust for this 18% revenue reduction but the unfunded pension benefits for police and fire departments increased from \$43,496,873 in 2008 to \$68,385,380 in 2011. That is an increase of 57% for public safety. Add to that the \$21,327,225 in unfunded benefits for all other City employees and we owe \$89,712,605.

The positive news is that in the last 4 years the City has recovered \$1.5 million of the WAMU investment. The City Council has also been trying hard to adjust their expenses and live within their means. Standard and Poor provided our City with a rating of AA.

One of the key individuals in achieving the S&P rating and urging fiscal restraint is our Chief Financial Officer, Jay Panzica. He has been instrumental in guiding the City through this difficult economic period. He was the driving force behind the Budgeting for

Mr. Panzica was also instrumental in setting the stage to help refinance the bonds owed for past water and waste water building projects. The first step was to seek an increase of water rates. This step, reviewed by a citizens committee in the fall of 2011, resulted in increased rates for all water users. The council prudently adopted those rates, on the recommendation of the citizens committee, thus setting the stage for a major refinance effort in 2012. Increased rate (revenue) by users provides the security for payment of the bond premiums in the future.

To take advantage of today's lower interest rates, to refinance existing debt for water and wastewater projects and to obtain new money for new projects he asked our interim City Manager, Johnny Johnston, to seek approval from the City Council authorizing the issuance of \$52 million in Water Revenue Bonds and \$23 million in taxable Series A and taxexempt Series B Waste Water bonds.

On October 8, 2012, the Council approved the request to:

(1) refinance the existing water bonds (\$27,410,000 issued in 2004)) and issue new bonds for additional \$25,000,000 for future projects, and (2) refinance the existing waste water bonds (\$25,075,000 issued in 2004) for \$23,000,000.

The bonds sold. As a result of a substantially reduced interest rate our City will save \$1.8 million on the old water bonds and \$2.3 million on the waste water bonds that we otherwise would have had to pay under the terms of the 2004 bond issue. A savings of \$4.1 million plus financing costs, and

another \$25 million in new money for future water improvements is a very positive step forward.

## **Woman pleads** not guilty

Gina Drake, who was accused of killing her aunt in her parent's Ventura Keys home, has pleaded not guilty while appearing in court for her arraignment with her lawyer Mark Pachowicz.

Drake has been charged with murder and the special allegation that she used a deadly weapon, a knife, to kill Wendy Di Rodio. And was arrested after a threeyear investigation.

Her next hearing has been set for April 4.

Di Rodio, 61, was found stabbed several times in her bedroom at her parents' home on June 3, 2009.

Police have not released details of their case against Drake, including a possible motive, but said the arrest came after a three-year investigation that included thousands of hours of work and scores of interviews.

## FOOD Share hosts Can Tree Collection

On Dec. 7 - 9, FOOD Share and The Collection at River Park hosted the inaugural Can Tree Collection event at the new outdoor dining and shopping destination in hopes of engaging the community with a fun, holiday, teambuilding event that would bring people together for a great cause. The event was a huge success for its first year as business and community members raised 57,000 pounds of food and \$13,500 over the weekend to donate toward FOOD Share's annual Tackle Hunger food drive.

This year, FOOD Share's Tackle Hunger campaign kicked off on Oct. 31 and will go through Feb. 3 - a time when FOOD Share is in greatest need of support to stock the shelves of its warehouse. The regional food bank's goal is to raise 200,000 pounds of food and \$150,000; to date, FOOD Share has raised 157,000 pounds of food. Although the Can Tree Collection exceeded the expected donations, the beat still goes on for FOOD Share to continue to keep up with the growing demand of feeding 74,500 hungry friends per month. The smallest contribution can go a long way. For every \$25 donated, FOOD Share is able to provide \$125 worth of food.

## Swinging jazz sounds by student musicians

Swinging jazz sounds will fill Zoey's Café on Sunday, January 13, at 3pm when the prestigious singer-songwriter haven hosts the Ventura Music Festival's 7th annual Student Jazz Competition. Five of the best high-school-age jazz musicians in Southern California will have a chance to win cash prizes and the extraordinary opportunity to jam with

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non-profit, genre-bending Ventura Music Festival, kicking off its 19th season, has presented a diverse array of international artists from violin virtuoso Itzhak Perlman to tenor sax titan Branford Marsalis. The competition neatly dovetails with the festival's mission of supporting music education.

"Providing opportunities for young people to explore and appreciate music is a core value for the festival," said festival Board of Directors President Mary Braitman. "Through a variety of creative educational outreach programs the festival connects with young and old alike by bringing the excitement and delight of great music to everyone. We at the Festival are deeply grateful to Steve and Polly Hoganson at Zoey's for their involvement."

The Student Jazz Competition finalists will play a song of their choice, backed by drummer Charles Levin's Coda jazz trio. The first place winner will receive a cash prize of \$500 and an appearance onstage with Tito Puente Jr. at the Ventura Music Festival Latin Jazz Concert on February 16. Second place wins \$250; third place \$100. Admission to the event is free.

## Soroptimists of Ventura

On January 17th, Thursday, Soroptimist of Ventura members will gather at the Ventura Beach Marriott on Harbor Blvd. at 5:30pm for a social time with each other as well as friends and potential members. New and potential members are especially encouraged to attend to learn more about the organization and get acquainted with one another. The club will provide appetizers. Gather in the lobby area near the waterfall. For more information, contact Membership chair, Sherry Cash, at 701-1251.

Also, Soroptimist International of Ventura, a local service club for business and professional women with the goal of making a difference in the lives of women and girls, announces that applications are available for two scholarships.

Teen volunteers are encouraged to apply for the Violet Richardson Award which honors young women for their volunteer efforts in their school or community in such areas as fighting drugs, crime and violence, improving the environment, feeding those in need, working to end discrimination and poverty. It is awarded annually to a Ventura teen, ages 14-17 and her volunteer organization.

The minimum award from SI Ventura is \$1,000. Applications are available in the Counseling offices of Buena High School, Foothill Technological High School, St. Bonaventure High School and Ventura High School. You may also apply online at www.soroptimistventura.org. Applications must be received by January 31st. to SIA Ventura, P.O. Box 6133, Ventura, CA 93006 or following the on line instructions.

Women who serve as the primary wage earners for their families and seek assistance to go back to school or receive special training can apply for the Women's Opportunity Award to help them improve their skills, education or training to upgrade their employment status. SI Ventura's cash award will be a minimum of \$1,000 and the winner is eligible for additional regional and international awards. Applications are available at Ventura College, from Kay Armstrong (656-5218) or you may apply on line at www.soroptimistven tura.org. Applications must be received by January 31st. at SIA Ventura, P.O. Box 6133, Ventura, CA 93006 or by following the online instructions.

#### January 9 – January 22, 2013

**News and Notes** 

Volunteers Christine Minor, Laura Bauer and Donna Ingram were the seed ladies at Sow in the New Year

# Planting a bounty of glorious flowers

On Saturday, January 5 the Ventura Botanical Gardens held its second annual Sow in the New Year to sprinkle the hillsides with seeds of California native wildflowers. These little seeds hold the promise of a bounty of glorious flowers in the spring.

Hundreds participated by picking up their seeds at the start of the Demonstration Trail at the upper parking lot behind City Hall, adults, kids and dogs. Sowing was done as the "sowers" hiked the trail up to Grant Park, a healthy start to the New Year.

The seeds cost \$5 and were purchased at the event or online at VenturaBotani calGardens.com.

It's also not too late to see your own name on the Trail. The Foot by Foot campaign raised the funds for this first installation at the Gardens. You can still take part by sponsoring a foot of trail for \$50 (Or share the cost with some friends and buy 3"). Donors are listed on the Gardens website, in the newsletter and, at a later date, will be on the trail itself. Donations can be made at VenturaBo tanicalGardens.com.

And you can get exercise, enjoy the spectacular views and learn about the Gardens master plan the 4th Saturday of every month, from 10-2pm by meeting your tour guide in the upper parking lot behind City Hall.



Ventura Hospice Volunteer Vigil Team Captains Linda Chapman and Kim McDonald are shown with the "sit vigil" kits

# No one dies alone

Driven by the mission that "no one dies alone," the Ventura Hospice Volunteers lead by Marianne Cody have been actively developing a "Vigil Team." So far this team has been placed with patients on five different occasions. The Vigil Team provides round-the-clock coverage for patients declared "actively dying" whom have no family or no family living locally. A goal was set to provide the tools needed to "sit Vigil" so that the Volunteer can get to the patient without

delay or worry. Kits were created to meet this goal. Each kit, carried in tasteful carrying cases, contains a notebook containing an up-to-date phone list of their staff and volunteers, sign-in sheets, outlines describing their mission and booklets containing prayers and poems to read to the patient. The kit also contains CDs and a CD player, a blanket for the volunteer, lotions, oils, hand sanitizer and other reading materials. There is even a pouch with snacks and bottled water for the volunteer!

For further information:

Marianne Cody, Volunteer Coordinator – Ventura Branch, Assisted Home Hospice 677-7405, mcody@assistedca.

# Fire department responded to over 12,400 calls

by Kris McDonald

Fire Captain, Ventura City Fire Department

2012 was another busy year for the Ventura City Fire Department, having responded to over 12,400 calls for service. Both emergency and non-emergency scenes were managed by 6 Fire Stations housing seven response vehicles, with 22 total Firefighters on-duty each day. Being spread so thin, we depend heavily on assistance from our neighboring agencies, such as the Ventura County and Oxnard

City Fire Departments.

Our usual calls for service include all types of fires, from structures and dwellings to vehicles and vegetation; vehicle accidents and extrications; technical rope and water rescues; hazardous materials management and release mitigation; electric, natural gas, and water utility emergencies; as well as many different types of public service requests that typically involve the disabled and elderly who need us the most.

The overwhelming majority of our responses, however, were to provide Advanced Life Support (ALS) at the scene of medical and traumatic emergencies. Emergency medical service is a huge part of what we do, which is why we are still the only Fire Department in Ventura County that staffs an ALS Paramedic on every response vehicle on-duty. As with any emergency, time is of the utmost importance. A little preparation before an emergency happens can shave precious minutes off of an emergency response. We would like to provide some suggestions that will help us help you in the event of an emergency.

A large part of giving prompt and accurate medical care, from the home to the emergency room, is gathering detailed information about a patient. This information is critical for us to quickly determine the correct course of treatment. Quite often a patient is unable to provide this information verbally, depending on the severity of their illness, injury, or condition. A simple sheet of paper with pertinent information can be kept in a convenient location within the home and provided to emergency personnel when they arrive. Anyone who may be present in the home, be it family, friend, or neighbor, should know where this information is located. Pertinent information to be listed would be a person's name, date of birth, significant past medical history, medications (including dosage and frequency), allergies to medications, emergency contacts, your local hospital of choice, and the names of all treating physicians.

Another aspect of a timely response is being able to locate you. Have your street address numbers clearly visible on the front of your residence, as well as painted on the curb if possible. If you live in an apartment, be sure that your unit number is posted on your front door. Should you be alone and unable reach the door, having an emergency means of entry for responders, such as a trusted neighbor with a spare key, is very important. When you are on the phone with a 911 dispatcher you can provide this information to them, which is then relayed immediately, and securely, to incoming responders.

The population of our city is growing, and demand for our services is rising. Please help us continue to provide prompt and professional emergency care to you and your family in your time of need. Quick access to your side and detailed information are two very important components of our emergency care.

Follow us anytime at facebook.com/venturacityfire or youtube.com/VenturaCityFD

# Stick out your can

E.J. Harrison & Sons will maintain its regular trash and recycling or green waste collection schedule in Ventura and Ojai during the week of Martin Luther King Jr. Day, Jan. 21-27.

For more information, call 647-1414.



#### You've Just Won A Diamond! Do Not Delete!

We've all seen them in our inboxes. "You've Just Won! Click here to claim your prize!" Spam messages spare no one. Fortunately for Lisa Lodter, she didn't ignore one particular email she received saying she had won.

Lisa, a resident of Simi Valley, had recently entered to win a free diamond on the Hearts on Fire (HOF) Facebook page. A very excited Lisa was instructed to pay a visit to the company's local HOF diamonds distributor, Van Gundy Jewelers, located in downtown Ventura, to claim her stunning prize, a Hearts on Fire Beloved pendant. Set in 18K white gold at .20-.30 ctw, it was a perfect match to the Christmas lights glowing downtown.

A busy daycare provider, and mom of three children, Lisa plans to show off her pendant in July when she and her husband Chris celebrate their 20th wedding anniversary.

## 3rd Annual International Restaurant Week

You don't have to travel to international lands to experience a variety of cuisines from around the world. In fact, international delights can be found in Oxnard during the 3rd Annual Oxnard International Restaurant Week featuring 18 distinct restaurants.

Taking place from January 21-31, Oxnard International Restaurant Week is held in conjunction with California Tourism's "California Restaurant Month" held to promote culinary travel throughout the month of January.

Visitors will receive a "2 for \$20" or "\$20 per person" offer from Oxnard's participating restaurants, all featuring international tastes. New this year is a "Premier Menu" from four of the participating restaurants offering a special priced prix fixe menu.

"This is an exciting opportunity to highlight the fact that Oxnard is a multicultural city with distinct and oneof-a-kind restaurants," stated Janet Sederquist, President & CEO of the Oxnard



### **News and Notes**

Convention & Visitors Bureau.

A full list of participating restaurants and menu options are available online at www.visitoxnard.com. Visitors can make a reservation by calling the restaurant of their choice.

**Grape Expections** 

## Happy New Year! OTSB

by Eric Garnier

It's hard to believe that another year has gone by. All the parties, celebrations and holidays all came and went with a blink of an eye.

As I reflect back on the holidays at our house, I think about the great times I had with friends and family. I also think about the great wines that we drank. I tend to wait for special occasions to bring out "The Good Stuff". Magnums, double magnums, older vintages, wines purchased at the wineries or on overseas

This brings up an interesting point. Why do most people wait for the holidays to open that special bottle of wine? How many times have we kept that special bottle of wine too long, only to have it disappoint us when we serve it? With that being said, why not make promises to ourselves to open that special bottle more often.

Even with a wine storage unit or wine cellar, 1-2% of wines go bad. Usually, a bad cork is the culprit. More and more winemakers are making their wines to be consumed early, so the wines that can age for a long time are becoming the exception rather than the rule. I have a new rule in our house. If I am aging wines, I will try not to store a wine longer than 10 years. That way, I have less chances of the wine becoming tainted, and, I make room for new wines to go into the cellar. Too often, I have kept wines too long, only to be disappointed the the wine has gone "over the hill". The wine has gone flat, lacking fruit flavors, or even getting oxidized.

I wish all my readers a safe and sound New Year and hope that you started it with that special bottle of wine, or bubbly, and remember, OTSB.... Open that special bottle!

Cheers

Eric Question or comments wineoeric@gmail.com



Pam Speitel thinks that her 4 month old grandson William is the cutest grandson in the entire world. Maybe you can send us a picture of yours that you think is the cutest grandkid in the entire world.

# **Tallship** Program offered

When Gene Harter stepped up as the new Executive Director of the Channel Islands Maritime Museum, one of his first objectives was to expand the education program and make it more motivating and inspiring to students. As the Museum has models and paintings of sailing ships, a full-size ship would be a perfect addition. However, owning a tallship was too difficult to justify and ship maintenance is not what the Museum does.

"If we wanted a tallship, we needed an alternative to ownership. The American Tall Ship Institute ("ATSI") has the ship, skills, and experience to provide this resource to the community. It was just a matter of developing programs together," Harter said.

He added, "The tallship, the Bill of Rights, is a real life reflection of the paintings and model displays at the Museum. Our guests can examine the paintings and models and then, hopefully, look out the window at a real ship to better understand everything the Museum has presented."

Harter has since organized meetings and collaborative education that will be uniquely offered through the Museum with ATSI. Programs are to launch with the New Year.

To find out more about these programs or how you can get involved, contact the Channel Islands Maritime Museum at 984-6260 or call ATSI at 901-0585.

## Whale Watching Season

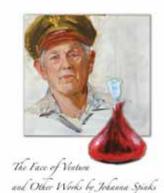
Whale Watching Season began Dec. 26th with sighting of two to four whales per trip. A perfect time to gather with friends and family and catch a glimpse of nature up close and personal! Island Packers, Ventura County's official concessionaire to the Channel Islands National Park, is now offering 1/2 day whale watching excursions to view these magnificent mammals.

Every year, an estimated 20,000 to 25,000 Pacific Gray Whales migrate through the Santa Barbara Channel on their way to and from the warm lagoons of Baja California, Mexico. Gray Whales are marine mammals that breathe air and are warm-blooded, giving birth to live offspring. A Gray Whale spout or blowhole can reach up to 15 feet and often resemble a heart shape. The whales eat very little food during the migration. Males can reach up to 45' in length and females up to 50', weighing 30 to 35 tons. Tails can span up to 10' wide. They travel up to 7,000 miles twice a year. Newborn whales are 15' long at birth and weigh about 2,000 pounds.

Island Packers, family owned since 1968, is the authorized concessionaire authorized by the National Park Service and the Department of the Interior, to serve the public in the Channel Islands National Park. Island Packers is open daily 8:30 a.m. to 5:00 p.m. For more information visit their web site at www. islandpackers.com or call 642-1393.

#### ARTIST RECEPTION

Feel The Love



Raffle tickets will be sold to benefit FOOD Share and your chance to win a future live sitting

with Johanna.

Johanna Spinks knows faces inside out. She steadfastly observes the grand tradition of oil portraiture, taking her cues from the Old Masters adding a contemporary romantic twist.

Johanna's work also includes still life and landscapes which have won her international acclaim being featured in the New York Times. American Artist Magazine and Art Talk.

Johanna's paintings are in collections worldwide. Come see The Face of Ventura before it goes into it's final home. Her "other works" will be showcased as well so you can get your chance to become a collector!

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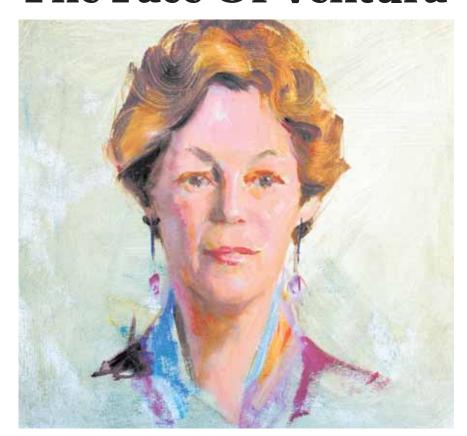


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# The Ventura Breeze Presents The Face Of Ventura



## Susanne Hall Lammot, MD

Portrait by Johanna Spinks

Susanne grew up in Montreal, Canada, where her loving family encouraged and supported her dreams to explore our beautiful planet while helping others, particularly the world's at risk children. She earned her Doctorate of Medicine at McGill University, and in 1967 she and her MD husband volunteered to serve in the US Army Medical Corps. Assigned in Germany, she felt satisfaction knowing that she was making a difference in the lives of children whose fathers were deployed to Vietnam.

Susanne wanted to "do more" for people who "had nothing" so moved, with her family, to work in Kinshasa, Zaire, (Congo) in Central Africa. There she came face to face with what "having nothing" really means. Upon returning to the US she pledged to eventually return to Africa, to do more for starving children.

After practicing pediatrics and teaching medicine for 5 years in the Midwest, her love for sailing brought her and her family to Ventura's sunshine, clean air, and fresh ocean breezes. Her adventures include local and long distance sailboat racing, sailing across the Atlantic Ocean and to the South Pacific, and cruising our local Channel Islands.

Her two children grew up here, and she has 4 grandchildren. Kristina is a successful entrepreneur in Northern California, an environmentalist and a community volunteer. Kevin has his mother's love of the sea, traveling the world as a professional sailor. He is an America's Cup Navigator in San Francisco where the next America's Cup Regatta will be held in September 2013.

As her children grew up, Susanne's involvement in our community grew. She has been on the Board of Directors of the Boys and Girls Clubs of Greater Ventura for twenty years. She started the Community Speakers Series, so people can share their interests, careers, hobbies and life experiences with the B & G Club kids, the future leaders of

Ventura (please call 805-641-5585 if you would like to be a volunteer speaker!).

Helping "locally" is not enough. Susanne also works with an innovative program called Nourish the Children, providing nourishing food and education to poverty stricken starving orphans around the world. "As we nourish their precious minds and frail bodies, their eyes become alive and full of hope. Adults learn self sustaining agriculture, and lift themselves out of poverty and dependence," she stated. Over 329 MILLION meals have been served, saving many lives. Serving children continues to be part of her life, as Dr. Hall, in Pediatric practice in Ojai. She is also a representative for NSE, a company whose mission is to be a Force for Good in the World.

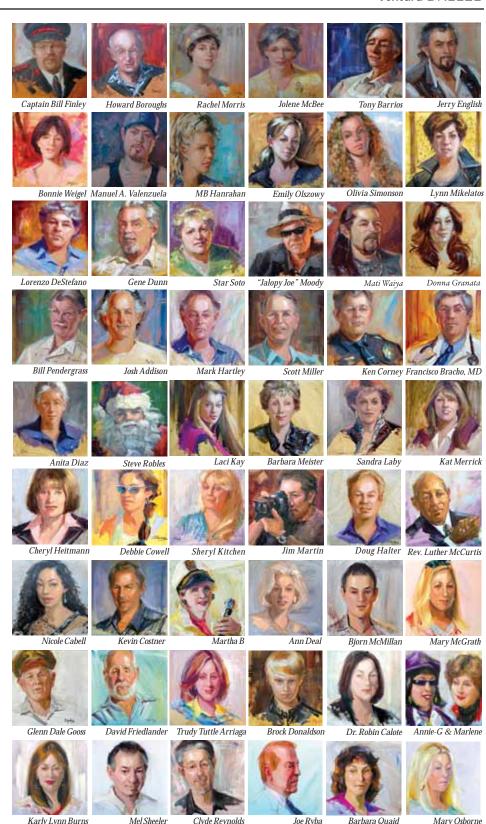
We asked her what she likes best about Ventura?

As a long time member of the community of Ventura I enjoy our supportive "small town" community feeling. We have everything we want, that a bigger city would provide – wonderful art, theater, restaurants, open spaces and great parks. Our hillsides form a wonderful "backdrop", the coastline and ocean are the focal point of the city and we have easy access to the beaches. Yet we are close enough to LA to make "international travel" easy.

And how was the experience of having your portrait painted by Johanna?

I felt honored to be invited to participate in this unique...portrayal of our wonderful community – through the eyes and hand of an artist as she tells the "Ventura Story" with her portraits. Johanna graciously came to my home, and made me feel "at ease" immediately, as though I were simply "visiting" with an old friend. We "connected" as we chatted about her life, and mine. I was amazed at the beautiful piece she created in such a short time.

www.susannelammot.com



 $Images\ copyright\ by\ Johanna\ Spinks\\ johanna@johannaspinks.com\ \ www.johannaspinks.com\ \ www.the face of ventura.com$ 



The Breeze is proud to present "The Face of Ventura by Johanna Spinks", an on-going art project by award-winning portraitist Spinks to paint 57 worthy Venturans, each in a single sitting, painted directly from life at the artist's studio in around two hours – and each captured by The Breeze. No photos are used, the direct interaction with the sitter, hearing and painting their story, is the purpose of the challenge, along with the artist's wish to showcase the relevant world of painterly portraiture today. This feature will run until January after two years of wonderful portraits by Johanna.

The Face of Ventura collection can be seen at Crowell, Weedon & Co., 5740 Ralston Street, Suite 301, until March 30, 2013. Drop-ins welcome.

#### **Business**



WEV's Self-Employment Training graduates are ready to take on the business world after receiving their certificates.

## WEV grads move on to the business world

On December 18th a graduation ceremony was held at the Montecito Country Club in honor of 69 new local entrepreneurs (35 from Ventura County) who graduated from the Self Employment Training Course offered by Women's Economic Ventures' (WEV) Women's Business Center. After 14 weeks of training in finance, marketing, leadership skills, and more, graduates are ready to launch or to grow their businesses and turn their entrepreneurial dreams into reality.

WEV's latest Self-Employment Training (SET) graduate businesses and business concepts include a surf inspired apparel line, wellness program for schools, safari tours and the launch of a new iPhone application.

With a robust menu of training, technical assistance, networking services, and access to capital through its Small Business Loan Fund, WEV has helped to create or expand over 2,000 businesses since inception, creating or retaining over 3,000 local jobs and an average of 300 jobs in the community each year.

WEV's Self-Employment Training course is part of WEV's continuum of programs that help entrepreneurs start-up, grow, and sustain a business, including business consulting, entrepreneurial coaching, advanced business training, and small business start-up and expansion loans.

WEV's comprehensive 14 week, 56-hour Self-Employment Training (SET) program is designed for women (all services are open to men) to provide guidance on how to start, operate and expand a business. The program is offered in both English and Spanish, and provides week-by-week training in the most important aspects of organizing, financing, marketing and managing a small business. Topics include personal leadership skills, personal finances, marketing and sales, public relations and advertising, legal and insurance issues, record keeping, cash flow projections, and writing a business plan.

Self-Employment Training courses are offered twice each year, with classes starting in September and February. The class runs for 14 consecutive weeks, one night a week for 3 hours, and includes two full Saturdays. Classes are taught in Santa Maria, Santa Barbara, and Ventura. Visit wevonline.org for

# NEWS TALK



Happy New You this year folks! In my photo you see me with a party favor in my teeth. That is because I believe the more you approach your life with a great attitude, the better your life can be. I want to wish you all the best for 2013. I appreciate you listening to my live radio show Saturdays at Noon. If you are a new listener, or a solid gold fan, stay tuned for more Arts and Entertainment news, "Radio School", coverage of current local events, stories of amazing people here in our county and always a moment of gratitude to our armed forces.



**Horsepower For An Hour, Saturday 1-2pm**The Hottest Automomotive Talk Radio Show in the Nation. Horsepower for an Hour "We are Your Ultimate Stop in Automotive Radio"



The Kim Pagano Show, Saturday 2-4pm
Kim Pagano started her radio career on KKZZ and is now on 1520 KVTA every Saturday from 2-4pm. Kim brings you "Experts and Reality" in an effort to educate moms, dads, children, and the entire community in useful daily knowledge. If you would like to be a part of the Kim Pagano Show by sharing your journey, call or email Kim at 805-419-0008 or Kim@kimpaganoshow.com.

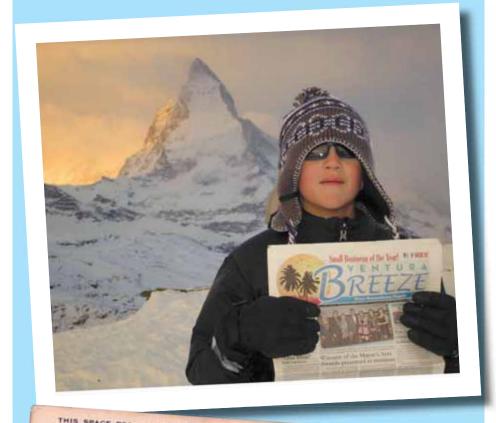
# Ventura Signal Oct. 23, 1875

The population of San Buenaventura is but about 1,500, but is increasing rapidly and steadily. From 25 to 50 neat residences are now being erected and finished, besides some business blocks of brick, one of which shows two stores larger than any other in Santa Barbara.

The streets are laid out wide and regular. A reservoir filled with pure mountain water, at an elevation of near 200 feet, supplies the place at a cheap rate and in the greatest abundance for all purposes.

The court house, a large school building, a public library, and a neat printing office show a spirit of enterprise quite in contrast with the old adobes and Chinese quarters scattered about the main street.

Here is to be seen another of the old mission edifices, with belltower, etc., as erected nearly one hundred years ago. These padres, or fathers, gave the county ground for the courthouse, which thus increased the value of other land adjoining. Here they set out, early in the present century, four of those beautiful date palms, two of which still stand, at a height, by our measurement, of fifty feet each. These are said to be higher, of their kind, than any in California. They each have a diameter of about three feet, the body being ridged about, with the rim of annular growth, up to about six feet from the top, where the long pendant branches or scimitar-shaped leaves bend downwards over ten feet. Nearby these palms are three very large English walnut trees, with a spread of near fifty feet each, and loaded with nuts as large as hens eggs.



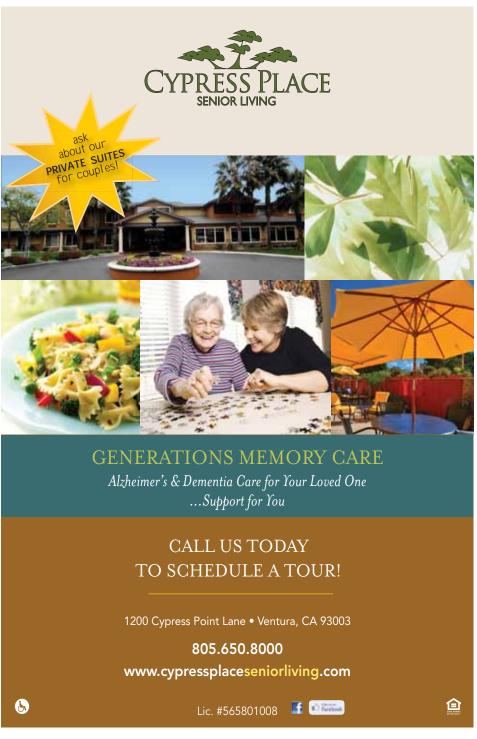


GOING ON **VACATION?** BE SURE TO TAKE THE VENTURA **BREEZE WITH YOU** AND SEND US A PHOTO WITH A LITTLE INFORMATION ABOUT YOUR TRIP AND EMAIL TO EDITOR@ VENTURABREEZE. COM

## Where was this picture taken?



The first reader who emails us at editor@venturabreeze.com who tells us where this photo was taken wins a \$25 gift certificate to any advertiser in this issue. And if you know who Don Davis was you will also get a genuine Ventura Breeze baseball cap.



## **Senior Living**

**Senior Cone-nection** 

# Don't be a victim!

by Nanci Cone

When I asked Deputy District Attorney Karen Wold how to avoid being a victim, she gave me this information:

You cannot win a legitimate lottery if you have not entered it.

Before you buy from a telemarketer, check on the reputation or credentials of the company. To do this, call the Better Business Bureau.

Do not give Social Security number, credit card information, etc. over the phone or to anyone unless you are sure that the information is required.

If a caller says they are from your credit card company and need to confirm something related to your account –don't give out personal information over the phone – they already have your credit card number.

Police – they don't solicit for funds over the phone.

Legitimate companies do not pressure you to make a snap decision; and will provide you with written material about any offer or charity. Check it out with someone you trust – like a family member.

People calling to have you do a survey will likely sell your information to others - specifically to telemarketers. Do not ever provide personal information.

Mortgage scams – only negotiate with lender/bank – don't pay third

party; don't send mortgage payment to anyone other than your lender. For a reverse mortgage, seek out a reverse mortgage. Victims of real estate fraud should fill out a Real Estate Fraud Complaint form with the Ventura County DA's Office.

Do not give blank checks to caretakers or give anyone authority to access bank accounts; do not share financial information outside your family; even with property management companies. Beware of giving family, friends, caretakers or neighbors a Power of Attorney form.

Do not sign blank insurance claim forms, do business with door-to-door or telephone salespeople who tell you that services of medical equipment are free, or give your insurance/Medicare identification to anyone other than those who provide you with medical services.

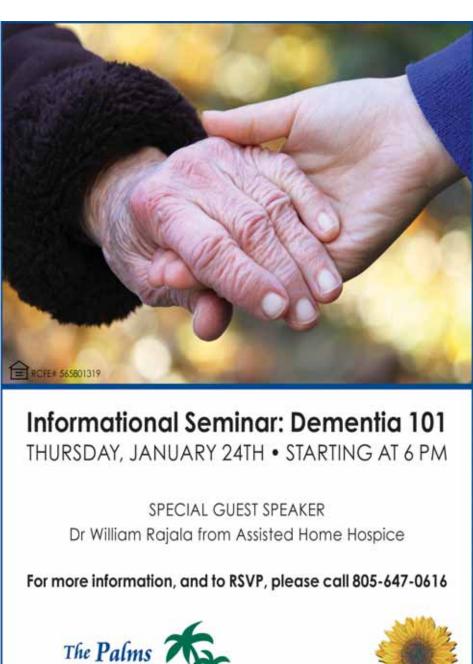
Scammers have been making phone calls claiming to represent the National Do Not Call Registry. To add your number to the Registry you can call 888-382-1222 from the phone you wish to register, or click on https://www.donotcall.gov/

When getting money from an ATM, cover your pin number with your hand to avoid others from seeing it. If anything looks suspicious to you, do not use the ATM. Go inside the bank to withdraw money.

Do not open the door to anyone you don't know. If someone knocks, ask who it is through the door. If they want help, call the police for them – do not let them into your home to use your phone.

Bait and Switch is used by some unscrupulous moving companies. It





At Bonaventur

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#### involves quoting a price for a move to the consumer. After loading all of the home furnishings into the truck, the mover will then double the price, or wait until delivery, and then double the price and hold the furnishings hostage until the consumer pays the increased fees. If you have a complaint, you can call: Passenger Complaint Hotline (800) 894-9444; Household Goods Complaint Hotline (800) 366-4782. Research your moving company by going to https:// www.pro tectyourmove.gov/

Strangers claiming to be the police, a postal inspector, a bank investigator or other investigator claim that they need your help to solve a crime. No legitimate investigator will ever ask you to withdraw your own money or provide your own money for an investigation. If you receive such a request, please immediately contact the Ventura Police Department at 805-339-4400.

Water Filtration Systems claiming to have a system that can cure cancer or the host of other ailments claimed by people selling these systems.

Debts are often sold to third party collectors. They are not allowed to harass or threaten debtors or others to try and collect a debt. They cannot misrepresent the character, amount or legal status of a debt and may only contact you between the hours of 8 am-9 pm.

Remember, if it sounds too good to be true - it is! You can and should immediately report scams to your local law enforcement agency. If you believe you have been the victim of a crime, please report it to the Ventura Police Department at 1425 Dowell Dr., Ventura, CA, or call 805-339-4400.

## Health



This wonderful exhibit was donated by Beverly Dormer of Oak Haven Aviaries

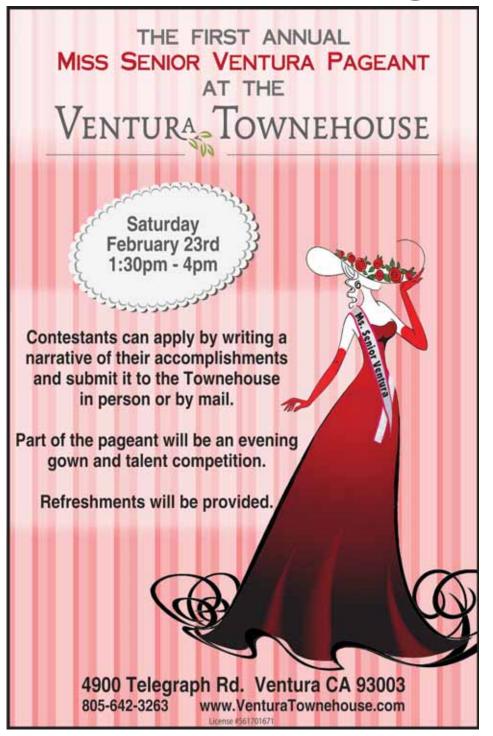
## Getting the birds - A personal account

by Es Cole

I like dinosaurs. Birds and dinosaurs have common ancestors. But that has nothing to do with this article.

A couple of months ago, I found out I love finches. Finches are seedeating songbirds, exist in thousands of varieties, and are found all around the globe. Darwin used the finches of the Galapagos Islands to help establish his theory of evolution. I knew the name, but didn't know much else.

But first I got a whole hip replacement. The hip was installed at CMH. Three nights in the hospital and then I was kicked out and into a skilled nursing facility Coastal View Healthcare Center(CV). That's where I learned Continued on page 18



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#### **Professor Scamp, Ph.D** (Pretty Happy Dog)

■ On Friday, January 11 at 3:30 pm celebrity dog, Landon the Sheltie (www. landonthesheltie.com) will be presenting his "Rescue to Runway" presentation for 1st-3rd

graders at the Boys & Girls Club in Ventura located at 234 W. Vince (off of Ventura Avenue).

Landon is a professional model and actor, as well as a therapy dog and community educator/motivator, who shares his story to inspire people to rise above adversity and follow their dreams. Landon was discovered in the Camarillo shelter in 2009, where he was taken after being hit by a car and abandoned. He made his debut in 2010 when walking the runway in a canine fashion show for the Beverly Hills based rescue group, the Amanda Foundation.



You can meet Landon at the Boys & Girls Club; I will be there to check him out.

All of Landon's other wonderful opportunities were launched from this show. This includes his signing with a canine talent agency in Hollywood; modeling for many human and canine fashion shows; being a spokes-dog for a bow-tie company and for animal rescue groups; participating in a music video; being featured in a documentary about inspirational animals; doing therapy work with hospice patients; and providing community education for children (And all I do is write articles and visit some senior facilities).

Landon started working with the Boys & Girls Clubs in June 2012 and has visited several of the clubs in Ventura and Los Angeles Counties. He communicates his ten tips for a happy, healthy life, such as focusing on learning, never giving up, eating healthy food, exercising, and always being kind.

Landon is also spearheading a Valentine's Day donation/fundraiser program. People can donate a teddy bear for patients who are in Los Robles Hospital over Valentine's Day, and \$10 (half the cost of the teddy bear) will be donated to Southland Sheltie Rescue to help care for and find new loving homes for homeless shelties. This is the organization that helped Landon get back on his feet after his tragic accident as a young dog. You can read more about Landon's Valentine's Day program on Landon's website at http://landon thesheltie.com/Landons\_Holiday\_ Program.html. You can also donate a teddy bear from this page.

- Hard to believe this one but South Africa's President Jacob Zuma has declared that some popular pursuits, such as having a pet dog (and taking it for a walk) are part of a "white culture" and should be shunned by his fellow black citizens. I certainly hope that this doesn't happen there or anywhere else. Can you imagine a world where humans can't enjoy the wonderful company of a dog, practically makes me cry!
- Archaeologists have discovered the remains of a mummified dog that they believe lived 1,000 years ago (that's 6,000 dog years) in a school museum in northcentral Mexico. Other than its age little is known about the pooch, except that it was a male (How do you tell that in a 1,000 year old dog?).

They think that it might be a xoloitzcuintle, the indigenous Mexican hairless dog because of its curious shape. The dog will be going through DNA testing and carbon - dating to learn more about it. It could turn out to be a relative.

■ This is from © 2012 King Features Synd., Inc. and I thought that you would like to read it.

Dear Paw's Corner: This Christmas, we thought we bought the perfect puppy for our son. Chipper looked adorable and healthy at the pet store when we picked him out. However, a couple of days after we brought him home, Chipper got very ill; he was lethargic and vomiting. We took him to the vet right away, where he remains, recovering from several issues the vet said are typical of puppy-mill dogs. He also said that puppy-mill dogs can have behavioral problems as well. Now I'm not sure we should keep him. What should we do? — Taken for a Ride in Pennsylvania

Dear Taken: First off, please keep Chipper. Even though he is not the perfectly healthy puppy you expected, it's not his fault. Furthermore, you made a commitment to

## Forever homes wanted

Hi: I'm Chloe, a 2 year old active and playful female Dachshund/Chihuahua mix. I'm good with other dogs outside of the home (I'm a model citizen at doggie daycare), but I don't like to share the attention with other dogs in the home. For this reason I would do best as the only dog in the home. I am house and crate trained and know how to use a doggie door. I enjoy going for walks, playing with toys, snuggling, getting scratched and getting a bath. I also like to go for rides in the car. I



know the basics - sit, stay, come and don't pull. I love being with people and getting attention. The Canine Adoption & Rescue League, Sam's Place, 3203 E. Main St., 644-7387. www.carlvcorg



Hi: My name is Pinto (Bean) and I was  $rescued\,by\,CABODOGZ\,from\,the\,Ventura$ County Animal Shelter just last month. I am a French Bulldog/Jack Russell and I am about 5 years old. I love to play with squeaky toys and I will entertain you with my antics. I am a little shy at first but I warm up quickly to a kind voice. I can be seen with some of my friends at Ventura Highway Luxury Boarding for Dogs...4692 Ventura Avenue, 643-3647.

## Scamp Club

Hi: I'm Dolce Vita and I'm Scamp's second cousin (on his father's side). I'm an adorable 2-year-old female Chocolate Pomeranian. My life is devoted to becoming friends with (and kissing) everything that has a pulse. My most unusual kisses were with a six foot iguana, a wolf and a Vietnamese pot-bellied pig. Thank-



fully my mom gets great pleasure from this and so she takes me everywhere. Life is grand!

Join Scamp Club

Animals of all sorts can join the ScampClub. Email me your picture and a little about yourself, including your address, to Scampclub@ventura **breeze.com**. You will be in the Breeze and become world famous.

bring a pet into your home, and you should Humane Society of the United States (hsus. stick with that promise. Second, you can complain about what happened. Complain to store management, write the corporate headquarters, if there is one, and complain to the Better Business Bureau. Pet stores and breeders must be licensed by the USDA to sell pets, and are supposed to be inspected regularly.

You can contact the local SPCA, the

org) or the ASPCA (aspca.org) if you think Chipper came from a puppy mill. Again, please keep him if at all possible. Too many puppy-mill dogs wind up in shelters, or are euthanized, due to health and behavioral problems that their owners didn't want to deal with. To head off potential behavioral problems, contact a dog trainer who has experience dealing with difficult dogs.

## **Police Reports**

by Veronica Johnson

Police reports are provided to us by the Ventura Police Department and are not the opinions of the Ventura Breeze. All suspects mentioned are assumed to be innocent until proven guilty in a court of law.

#### **Vehicle Vandalisms**

On Thursday, December 27th, the VPD received several reports of vehicles having been vandalized during the nighttime hours in the neighborhood near Ventura College, between Estates Avenue and Ashwood Avenue. A total of 14 vehicles were vandalized by being keved. some of which had derogatory statements carved into the paint. These crimes appear to have been random in nature and were not targeting a specific victim.

#### Hit and Run Collision

On Friday, December 28th, at

7:58 a.m., the VPD received a call of an injury hit and run traffic collision in the parking lot of the Olivas Links Golf Course.

Craig Colton was at the golf course when he noticed an unidentified suspect standing near his golf bag. The suspect had stolen Colton's wallet from his bag. Then the suspect got into a vehicle and began to drive away. Colton swung a golf club at the suspect vehicle and was able to break the rear driver's side window of the suspect's vehicle. The suspect had to turn around in order to exit the parking lot. As the suspect was turning, Colton's son, Matthew, was able to catch up to the car and confront the suspect. As the suspect approached Matthew, he swerved towards him and collided with him. Matthew was thrown into

the air and then landed on the asphalt with moderate to severe injuries.

#### **Fatal Traffic Collision**

On Friday, December 28th, at 5:12 p.m., the VPD received calls regarding a pedestrian being struck by a vehicle on Thompson Boulevard at Palm Street. Officers found the pedestrian, Billy Herring, already deceased.

Herring was walking across Thompson Boulevard at the intersection. The driver of the vehicle, Melissa Ogan, was traveling westbound and collided with Herring. Ogan was determined to be not under the influence of alcohol or drugs.

Ogan was at fault in the collision due to the fact that Herring was crossing the street legally at the intersection in an unmarked crosswalk. Ogan has not been charged with any

crime yet.

#### **Stolen Vehicle Arrest**

On Sunday, December 30th, at 1:00 a.m., officers were responding to a party call in the area of Thille Road and Hill Street. Officers spotted a vehicle with its headlights out. The suspects refused to stop and continued with head lights out swerving around the officer's patrol vehicle, failing to yield.

The vehicle was driving erratically speeding and swerving over lanes of traffic. Officers quickly discovered the evading vehicle was reported stolen and continued to pursue it. The suspect vehicle drove onto the 126 freeway. Officers continued to pursue the vehicle east on the freeway following it to the city of Fillmore where the vehicle stopped. Both

## **Police Reports**

suspects were taken into custody.

The driver of the stolen vehicle, Nicholas Gebber, was placed under arrest and later booked into VC Jail. The juvenile passenger was arrested for a probation violation and released to his parents. There were no injuries as a result of this incident.

#### **Vehicle Pursuit**

On Sunday, December 30th, at 12:14 a.m., a patrol officer observed a vehicle driving on the west end of Ventura. The officer recognized the vehicle as being involved in a robbery. The driver refused to pull over. The officer continued to follow the vehicle onto West Main Street and then onto the 101 Freeway northbound. The vehicle traveled northbound along Pacific Coast Highway.

The driver of the vehicle, a 17year-old male juvenile, slowed the vehicle along the Rincon Parkway and jumped out while it was still rolling. The driver then jumped over the sea wall and attempted to run away. He was apprehended. There was another juvenile male, a juvenile female, and an adult female in the vehicle with the driver.

The juvenile driver was placed under arrest.

30 minutes after the pursuit concluded, officers went in pursuit of a stolen vehicle, which finally stopped in Fillmore.

#### **Traffic Accident**

On Sunday, December 30th, at 6:30 a.m., officers responded to a traffic accident in the 200 block of MacMillan Avenue.

Witnesses told the arriving officers that a truck had collided with a parked, unoccupied vehicle and that a male who had been in the truck fled the area. The truck had been reported stolen in the city of Taft.

Officers located Anthony Finnegan walking in the area. Finnegan's clothing matched the witnesses' description of the subject who had fled from the stolen truck. He also had minor facial injuries consistent with being involved in a traffic accident.

Finnegan was placed under arrest, transported to the VCMC for treatment, and later booked into the VC Jail.

#### Robbery

On Tuesday, January 1st, at 8:43 a.m., officers responded to a report of a robbery that had just occurred at the Rite-Aid store located at 131 West Main Street.

Officers learned that the suspect entered the store, walked around the checkout area and approached the clerk, who was finishing a transaction with another customer. The suspect threatened the clerk and reached into the open cash register and demanded money. The clerk complied with the suspect's demand and surrendered an undisclosed amount of cash. The suspect was last seen running out the front of the store.

Responding officers searched the surrounding area but were unable to locate the suspect. No one was injured during the robbery.

## **Harbor Patrol Blotter**

Just a few of the things the Harbor Patrol tends to.

**12-16** 7:47 p.m. Patrol received a report of an overdue 8-foot dinghy. Patrol located the vessel one mile offshore. The boat was out of gas. The operator was attempting to row to the Harbor, but the offshore wind kept him from making progress. Patrol took the operator and the vessel aboard the Patrol boat and transported them to their slip at VWM.

**12-18** 1:50 p.m. State Lifeguards requested that Patrol respond to kite surfers in need of assistance by the pier. Upon arrival, Patrol observed two subjects and two kites in the water. They took both aboard the Patrol boat and transported them to the Harbor. Lifeguards transported them back to their car.

**12-20** 10:25 a.m. The crew members of the vessel After Burner, a catamaran at the end tie of VIM, reports they found "hit and run" damage on the vessel. They last visited the boat on December 1. Patrol documented the damage, but there were no witnesses. Patrol reviewed camera footage, but the cameras were too far away to be



Recently Linda's Claws & Paws (1865 Main) had a fund raiser bake sale to raise money for the Search Dog Foundation whose goal is to recruit rescued dogs and partner them with firefighters to aid in rescue search. My new friend Nina Rubin held me up so that I could decide what I wanted to eat but my mean human wouldn't let me eat any of these because of my big bones.

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**12-21** 10:19 a.m. Patrol received a report of a vessel disabled near VWM. Patrol responded, took the vessel into tow and released it at its slip at VWM. 2:15 p.m. FCC dispatched Patrol and others to a medical assist at VHV. Patrol responded. AMR transported the patient to the hospital.

9:21 p.m. FCC dispatched Patrol and others to a multiple-agency water rescue off the Ventura Pier. Patrol responded, located the unconscious patient in the water and brought him aboard the Patrol vessel. CPR was started and continued for approximately 45 minutes. AMR transported the patient to the hospital.

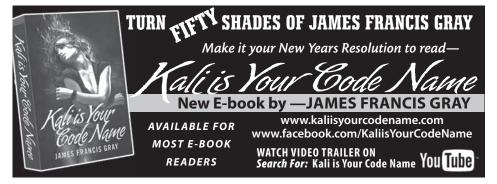
12-24 11:53 a.m. Patrol checked on

an oversized sailboat at the launch ramp. The boat was disabled. Patrol took the vessel into tow and released it at the Ventura Marina Yacht Yard. 2:25 p.m. The Dockmaster reports an unconscious man at Harbor Village.

Patrol was able to wake the man with effort. Patrol requested that FCC dispatch additional units. AMR transported the man to the hospital. **12-30** 11:00 a.m. Patrol observed

a 10-foot 2x4 in the water at Harbor Village. They removed the navigational hazard and disposed of it.

11:15 a.m. FCC dispatched Patrol to a medical assist at Ventura West Marina. Patrol responded. AMR transported Continued on page 20



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#### No Delay in Trash & Recyclables or Green Waste Pick Up Due to the Martin Luther King Jr. Day Holiday

Martin Luther King Jr.'s birthday will be celebrated on Monday, January 21. We will have regularly scheduled trash and recyclables or green waste collection the week of January 21-27 in the Cities of Ventura and Ojai.

> Thank you and Happy Holiday E. J. Harrison & Sons

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#### Weekly SUDOKU -

Answer

9	5	4	3	1	7	6	8	2
7	8	2	9	4	6	5	1	3
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#### **King** Crossword — **Answers** Solution time: 21 mins. ALTS SIR SAGS

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## **Show Time**



Rubicon's Karyl Lynn Burns will star in a September production – portrait from the Face Of Ventura by Johanna Spinks.

Two on the Aisle

# No fear at the Rubicon

by Jim Spencer & Shirley Lorraine

Triskaidekaphobia is a fancy word for fear of the number 13. But there is no such fear over at Ventura's Rubicon Theatre Company. That's because the balance of its 2013 season is filled with proven blockbusters, plus a new comedy that contains all the ingredients of a delectable laugh fest.

Food Confessions is the first on the new year's menu. It's been said we are what we eat. Penned by Santa Barbara playwright and actor Nancy Nufer and directed by Rubicon Artistic Associate Jenny Sullivan, Food Confessions joyfully dabbles with the premise that how we feel about food also reflects something about our attitudes on a variety of subjects, as well as our relationships. These insights are shared through the wildly witty observations of the tribe of zanies that populates Nufer's cast of characters. The show opens on January 30 and runs through February 24, 2013.

This is the Rubicon's 15th season. It is themed "Our Town - Your Theatre." So, it is only fitting that the Company's stage will be the site of Thornton Wilder's Pulitzer Prize-winning classic Our Town during the entire month of March. Since the show debuted over 70 years ago audiences from all sections of our nation have identified with thoughts, feelings and circumstances of the citizens of New Hampshire's fictional town of Grover's Corners. The Rubicon's Artistic Director James O'Neil will narrate the action in the persona of the Stage Manager as the rest of the residents tell their stories of life and events in Our Town.

The haunting music of the American experience from the 1920s-1960s provides the backdrop for Lonesome Traveler which returns for an encore engagement in April and May. Conceived, written and directed by Rubicon's O'Neil, the show ushers audiences through the rivers and streams of American folk music, including tunes by Pete Seeger, Woody Guthrie and the Carter Family – to mention but a few.

Sometimes the greatest learning occurs when school is out, and that's what happens as young performers tackle productions as part of the Rubicon's highly successful series of intensive summer workshops, including Musical Theatre Camp, the Fearless Shakespeare program and the Theatre Camp. In July and August audiences will enjoy the fruits of these programs with productions of *Captain Louie, Shakespeare's As You Like It*, and *Once on this Island*.

Rubicon co-founder and actress

Karyl Lynn Burns takes to the stage in September in the one-woman comedy classic *The Search for Signs of Intelligent Life in the Universe.* The wit and wisdom of the world tumbles from the lips of the likes of Trudy the bag lady and others. Lily Tomlin captured the Tony Award with her performance when the show premiered.

Rubicon Theatre Company shows feature a wide array of options with a range of ticket prices. There are opening night galas. Some performances feature talk back sessions with the actors and the behind the scenes low-down on creating the play. There are matinee performances on selected dates. For information, season and individual tickets contact (805) 667-2900 or www. rubicontheatre.org.

#### The Entertainment Report

## Silver screen

by Linde Carlson

Hello Ventura, Happy New Year! My picks of the week are:



The Guilt Trip

Seth Rogan and Barbara Streisand team up in this delightfully engaging comedy in what I call "Typical Jewish Motherly Love".

Inventor Andy sets out on the road to sell his organic product line taking his mother along for the journey. It's not all that he bargained for when his sales are nill and her nagging gets the best of him. His ulterior motive, to find the long lost love his mother Joyce once confided in him about.

Andy (Rogan) is feeling sentimental about his mothers adoration for this man, so unbeknownst to Joyce, (Streisand) Andy tries to find him. Hitting a brick wall, they arrive at what they thought was the home of her past lover, and find some especially surprising details he left behind.

The story is very heartwarming and emotional. Rogan and Streisand's comedic relationship is stellar; very well connected. While Streisand has mellowed quite a bit, she still has the Chutzpah and great delivery. A fun film! I thoroughly enjoyed it.

Rated PG-13 Running time 95 minutes



Django - Unchained

In this dirty, gritty Western, arguably gratuitous at times, the portrayal of slavery is honest and visceral. Instead of making this an "issue" film, such as *Amistad*, that attempts with great hubris to end racism. The institutionalized brutality and depravity of the antebellum south is used here as a setting for a tale that at its heart is about the lengths a man will go for the woman he loves in a society determined to keep them down and apart. The film is cathartic without being preachy, the perfect amount of humor escalated the allure so as it not be conveyed as corny which was well blended, and incredibly enjoyable.

The cinematography and acting is absolutely stellar. Each one of the actors; Jaimie Fox, Christoph Waltz, Leonardo Di Caprio, Samual L. Jackson together, captivates with poignant individualism and connectivity that creates such a powerhouse of characters and curious reality.

A must see!. Probably the best Tarantino film I've ever seen. Definitely an Oscar contender.

Rated R Running time 165 Minutes

# Music Calendar 1/9 to 1/22

For more events go to Fun-in-Ventura.com

Amigos Cafe & Cantina 546 E. Main St., 805-874-2232

Live Bands and Musicians every Wed thru Sun

Brian Nicolette from 3 Man Weave every Wed

Andre's Wine & Tapas Bar 1575 Spinnaker Dr., 805-642-9463

Acoustic Tuesday with Bill McPherson & Friends every Tues 7-10pm Jazz Jam evey Wed

Blackbeard's Seaside BBQ 1591 Spinnaker Dr. #115, 805- 650-7773

Open Mic/Jam Night with "Shure Thing" every Mon 6-9pm Blue Grass Jam featuring: The Bottom Feeders every Thur 6-9pm Acoustic Jams with "Ken Kong" every

Acoustic Jams with "Ken Kong" ever Fri, Sat & Sun 12pm Fri 1/11 - Masters of the Past 7-11pm

Sat 1/12 - Fish Fry 6-10pm Sun 1/13 - Blue Stew 2-6pm Fri 1/18 - Attics Addict 7-11pm

Sat 1/19- 4XL 6-10pm Sun 1/20 - Blue Stew 2-6pm

Bombay Bar & Grill 143 S. California St., 805-643-4404

Local Live Music every Thur thru Sun Fri 1/11 - Jameson, White Elephant, Rubberneck Lions, Bullet Made Statues, Shaky Feelin

Sat 1/12 - Tall Tales and The Silverlining

**GiGi's Coctail Lounge 2493 Grand Ave.**, **805-642-2411** Karaoke with Steve Luke every Sun & Wed 7pm- 12am

Live Bands every Fri & Sat 9pm It's All Good Bar & Grill 533 E. Main St., 805-641-9951

Open Mike Night every Wed

Majestic Theater

26 S. Chestnut St., 805-653-0721

Sat 1/12 - Bones Thugs N Harmony, DJ Quik, Kalifornia Kid & jbt, Sevidemic, David Cash 730pm

Fri 1/18- Burlesque Tambor Tease 9pm, Rocky Horror Picture Show 12am **Squashed Grapes** 

**2351 E. Main St., 805-643-7300**Vocal Jazz Night every Tue 6:30-10pm
House Jazz Band every Fri 6:30-10pm

The Tavern

**211 Santa Clara St., 805-643-3264** Live Bands every Tue thru Sat

"Honky Tonk Tuesdays" Country Night, Live Country Band every Tue 8pm Ventura County Blues Society Jam session hosted by Tommy Marsh every Wed 8pm

Wed 1/9 - Blues Jam with Tommy Marsh & Bad Dog 8pm

Thur 1/10 - Three Man Weave 9pm Fri 1/11 - Shawn Jones 9pm, Paul Chesne 10pm

Sat 1/12 - Crow Foot Band 10pm Wed 1/16 - Blues Jam with Tommy Marsh & Bad Dog 8pm Thur 1/17 - Rubberneck Lions 9pm

Fri 1/18 - Randy Rich & The Roosters 9pm, The Good Drops 10pm Sat 1/19 - Emilbus 9pm, Paul Chesne 10pm

Watermark On Main 598 E. Main St., 805-643-6800 Intimate Acoustic with Dano every Tue Jazz at the Mark every Wed W2O Rooftop Lounge 598 E. Main St. (above Watermark)

805-643-6800 Live Bands every Wed thru Sun Friday Dance Party every Fri 9pm

Yolie's/Hi Hat Entertainment

138 W. Main St., 805-816-9663
Top Notch Musicians and Bands every
Fri 8pm

Fri 1/11 - Laurie Morvan Band (Award Winning Blues)

Fri 1/18 - Billy Vera & The Beaters (Grammy Award Winning R&B Artist)

Zoey's Café 185 E. Santa Clara St., 805-652-1137

Blue Grass Jam every Tue 6pm Songwriter's Round every Wed 8pm Live Musicians & Bands every Wed thru Sat 8pm

Wed 1/9 - Dream Asylum 8pm Sat 1/12 - Todd hannigan Band, Omar

Valasco Band 8pm Sun 1/13 - Ventura Music Festival Student Jazz Competition 3pm

Mon 1/14 - Rockin' Mondays with Hard Six 8pm Wed 1/16 - Dream Asylum 8pm

Wed 1/16 - Dream Asylum 8pm Fri 1/18 - Tyler Hilton, Teddy Geiger, Ryan Cabrera 7:30pm Tue 1/21 - Delaney Gibson 8pm

Children's stories and songs from around the world

Stories and songs from around the world are stirred into *Stone Soup & Other Stories*, an interactive performance for all ages, at the Museum of Ventura County's Martin V. and Martha K. Smith Pavilion on Saturday, February 2 at 3:00 p.m. The performance by the Pushcart Players is best for children ages 4 and older. General admission is \$10 for adults, \$8 for children through age 17, and includes entry into all museum galleries. Museum member cost is \$10, but includes one free child admission (\$8 for each additional child). Space is limited. For paid reservations, call 805-653-0323 x 7.

During Stone Soup & Other Stories" the audience will be encouraged to join in the singing and dancing. This is the museum's first presentation for this season's Family Fun At The Museum series. The Pushcart Players, an award winning professional theater company for young audiences, also performed last year's sold out Peter & the Wolf.

Two other Family Fun At The Museum events are scheduled this spring at the Museum of Ventura County. On Saturday, March 23, a performance of Mime Over Matter by The Chameleons breaks the traditional rules of mime theater with sound effects, music and even dialogue, while following the misadventures of two oblivious tourists. On Saturday, April 13 the Eckerd Theater Company presents Woodland Tales, sharing Native American tales about animals in a storytelling experience where audience and actors sit in the round together.

The Museum of Ventura County is located at 100 East Main Street in downtown Ventura. Hours are 11 a.m. – 5 p.m. Tuesday through Sunday. Admission to the exhibitions is \$4 adults, \$3 seniors, \$1 children 6-17, members and children under 6 are free. Paid events include free admission to the galleries, and the first Sundays of every month are free general admission for the public. For more museum information go towww.venturamuseum. org or call 653-0323.



## Lighter Breeze



**Mother Goose and Grimm** 



**Shoe** 





Hagar the Horrible





**Baby Blues** 







Sam and Silo





Solutions on page 15

9					7	6	8	
		2		4				3
	1		5			4		
		9			3	1		
8	6			2				9
	3		6				2	
6		8			5		7	
5				3		2		
	7		4		1			8

#### Weekly **SUDOKU**

#### by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### **DIFFICULTY THIS WEEK: ★**

★ Moderate ★★ Challenging \*\*\* HOO BOY!

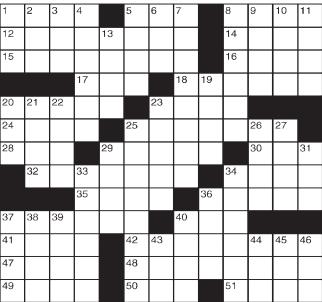
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Solutions on page 15

#### King Crossword

#### **ACROSS**

- Heights
- (Abbr.) Madam's
- counterpart Droops
- 12 Trust
- 14 Hint 15 Bribe
- 16 Unusual
- 17 Small barrel 18 The hot wings caused his
- downfall 20 Maximum
- Winter 23
- precip First man
- Table tennis tools
- 28 Ottoman ruler
- Indeed
- 30 Existed 32 VIP
- 34 Lima's land Humor writer **Bombeck**
- High nest
- 37 Deli meat
- 40 Have debts 41 Advertise-
- ment 42 Close
- associate Top-notch
- 48 DNA, on "CSI'
- 49 Burn
- somewhat 50 Upper House



- (Abbr.) TV host
- Carson

member

- **DOWN** Noah's boat
- Island memento
- Pampering, for short Himalayan
- region Unforeseen
- problem Former
- transp.
- agency
- Arouse anew -8

- sloppily Winged 10 Mentor
- 11 Gets a glimpse of
- 13 Aid and 19 Buffalo Bill's
- last name 20 Science workroom
- 21 Mid-month date
- "Hold the -" 23 Finnish bath
- 25 Vows
- 26 Basin accessory
- 27 Hindu wrap 29 Expression

- Take to court © 2012 King Features Synd., Inc.

- 33 Scanty 34 Cheated at hide-and-
- seek
- 36 Dumbstruck
- 37 Health resorts
- 38 Lotion additive
- 39 Moon
- goddess 40 Valhalla
- bigwig
- "- Got a 43 Secret'
- moment 45 M divided by
- 46 Indispens-
- able

**ARIES** (March 21 to April 19) You might be hurt by a colleague's harsh criticism. But don't let it shake your confidence in what you're trying to do. A more positive aspect starts to appear by week's end.

**TAURUS** (April 20 to May 20) You're torn between your sensible self and the part of you that enjoys acquiring lovely things. Best advice: Wait for an end-of-month sale, and then buy something wonderful.

**GEMINI** (May 21 to June 20) Your artistic side has practical applications this week, such as redecorating your home or redesigning your personal stationery. Whatever you do, someone special will like it.

CANCER (June 21 to July 22) You could be drawn into a problem 'twixt friends or family members. Best bet: Ask the questions that go to the heart of the matter, then get them all together for a group hug.

LEO (July 23 to August 22) As much as you love being the center of attention, your big Lion's heart impels you to share the spotlight with a colleague who helped you with that well-praised project.

VIRGO (August 23 to September 22) Your eagerness to act on a challenge is wisely tempered early in the week by a lack of necessary information. Things begin to clear up during the weekend.

LIBRA (September 23 to October 22) A relationship you'd hoped would keep going seems to be going nowhere. Close it out and move on to a brighter romantic aspect just beginning to manifest itself.

SCORPIO (October 23 to November 21) Things don't go completely as planned this week. But enjoy the surprises, even if you have to adjust your schedule. Some of them could be quite delightful.

**SAGITTARIUS** (November 22 to December 21) Making choices is usually easy for straight-shooting Archers. But a new development could deflect your aim. Try to put off decisions until you know more.

CAPRICORN (December 22 to January 19) While part of you might prefer taking a more familiar path, let your more daring and — admit it super-curious self see what the unexplored has to offer.

**AQUARIUS** (January 20 to February 18) Those nasty types have slithered back under the rocks and present no more problems. Now's the time to move ahead on that promising new relationship.

**PISCES** (February 19 to March 20) A new offer could clear up that lingering money problem. Also, a more confident attitude on your part might well help get that personal situation back on track.

BORN THIS WEEK: You have a way of turning chaos into order. You're also generous with your help for those who seek it.

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## Health



When completed the new CMH will remain smoke free.

# If you smoke you won't be working at CMH

As part of an expanded smoking ban, and an effort to promote wellness Community Memorial Health System will no longer hire people who use tobacco (tobacco-free). They operate 2 hospitals and several clinics in Ventura County, including Community Memorial Hospital in Ventura.

Current smoking employees will be able to keep their jobs but will not be able to smoke during their work hours either inside or outside buildings. What outside buildings means still remains to

Other hospitals have such existing restrictions including Oxnard's St. John's Hospital that is used by many Venturans.

To be consistent with the on-site ban on tobacco the policy also covers patients and visitors who will be allowed to go off of hospital grounds to smoke.

Job applicants, who were not hired because of tobacco use could be reconsidered for employment after 90 days if they prove that they no longer smoked and have agreed to periodic nicotine testing for one year.

Community Memorial Health System, a not-for-profit health system, is comprised of Community Memorial Hospital, Ojai Valley Community Hospital, and 11 family-practice health centers entitled Centers for Family Health.

Are New Year's

a waste of time and energy! So here's the

deal - I'm just going to go ahead and give

from chronic pain.

I'll go tomorrow – or next week.

I really don't mean to assume the

worst in you, but let's be honest here. Statistics show that by now, about half of you have already given up on your New Year's Resolutions. It's not that I don't have faith in you. It's the research. How can we argue with math?

I used to make long lists of New Year's Resolutions too – eventually mad at myself for failing at every single one of them. A few years ago, I unexpectedly found myself in a serious situation. I went to the doctor for what I thought was a routine checkup. After all the standard check up procedures, the doctor looked me right in the eye and said in a very serious tone, "Your blood pressure is so high, you are at risk of having a stroke!"

A stroke? Death? Not me. Fear rushed through my whole body and then memories filled my mind...memories of losing my dad. He was only 51 years old and died from a heart attack due to complications caused by diabetes. Sitting there in that doctor's office, I suddenly saw myself heading right down the same road.

At that moment, I decided I would change my life, because I wanted to live. My excuses were gone - now I had reasons to change.

I now love to hike, bicycle, kayak, ski and many other things that get me outside in the fresh air. I plan on living for a very long time!

#### Getting the birds

Continued from page 13 about finches.

The Coastal View looks after a variety of patients – from post-operatives to people needing care because they live alone, unable to look after themselves. It's an interesting mix.

Coastal View has a pet-friendly policy (see Scamp's column). Dogs on leashes can visit their owners and stay in their rooms – share their beds. The residents' beds, not the dog beds. There has even been a cat visitor, I'm told. Son Lance brought dog Fwonsa to see me at Coastal View. I know she felt my pain.

So what about the birds? There is a library at CV. In the library is a beautiful, glass-enclosed cage housing a dozen or more finches. They are beautiful. Several species live in this facility that's about six feet tall, the size of a large bureau, with internal lighting. There are nests and babies and swinging branches. The library is quiet and bird watching became a daily event for me. I'd arrive just as the lights were coming

on and the birds began to stir. I said they were beautiful - more than that - gorgeous. Some looked like miniature South American parrots. Some were white with fluffy yellow trim. They ranged in size from half a tea-cup to a measuring cup. And they loved showing off.

I visited the birds several times a day, and I know my blood pressure dropped by half during those sits. I came home with a special place in my heart for our feathered friends.

Now for the best part: Les, my husband, found and bought a trio of Murano hand-blown glass birds that look very much like the finches I left behind at CV. They don't fly around and make babies, but they do provide that feeling of tranquility I experienced when watching the beautiful resident finches at Coastal View.

## Our fire department at work

On Jan.4 Ventura City Fire Units responded to multiple incidents simultaneously which resulted in limited fire resources in the City. In east Ventura, fire units responded to a fully involved motor home, which additionally required a Fire Cause Investigator and the Ventura Police Department. Shortly thereafter, units were dispatched to an outdoor pile of holiday trees on fire which were impinging on high voltage electrical wires. Edison responded to check the integrity and assess damage to the power lines. Multiple units then responded to a homeless camp in west Ventura at which a cooking fire escaped its containment area. The fire had extended to some of their personal belongings and threatened a nearby structure. In addition, a fire engine was requested to assist another agency, Ventura Police Department, to standby for a possible burglary in progress. Police and Fire departments often work together when one agency's incident may require the services of the other. In this case, Officers requested the Fire Department to standby on scene should any injuries occur to Officers or members of the public. Meanwhile, fire/paramedic units continued to respond to many medical emergencies throughout the City.

## Resolutions stupid?

by Dani Bahnsen Personal Trainer

Okay, I'm just going to be honest and say it - and this might shock you (especially coming from a personal trainer): I think New Year's Resolutions are stupid! They set you up for failure. So, come on, let's cut to the chase. It's time to STOP making New Year's Resolutions - they're

you some excuses to use right now as to why you cannot follow through on any health-related resolutions:

I'm too tired.

I'm too busy.

I have asthma, or arthritis, or I suffer

After the holidays, I'm broke - I can't

My dog ate my gym bag.

Feel free to use of these "excuses" to forego making New Year's Resolutions this year - besides, you wouldn't keep them anyway!



Would you like new and more customers? Then place your horizontal business card in the Ventura Breeze Service Directory. Only \$200 for 6 issues. Just contact advertising@venturabreeze.com or call 653-0791 for further information and to place your ad.

### **Art Scene**



Erik Abel's love of art and surfing has led him on a lifetime of adventure

# The art and philanthropy of Erik Abel

by Emily Thiroux Threatt

The beginning of each New Year is a time I use to reflect and look forward. Have I completed all I intended to? What is my intention for the New Year? While contemplating, I read a blog by local artist, Erik Abel who is using the New Year to challenge himself to push his work into "uncharted territories" to see where it goes. In his blog he says he's been reviewing his sketchbooks and journals and can see things he would love to pursue but hasn't because of his fear that doing so would be bad for his career. Wow-

Erik Abel's love of creating art and surfing has led him on a lifetime of adventure. Born and raised in Ventura, he has been exposed to the ocean his whole life. His unique talent to translate his passion to his design has led to unique projects such as doing prints on wood or designing surf related IPhone covers. To Erik "art and water have been his two favorite things."

Erik has traveled extensively in the South Pacific and around the world where the surfing is beautiful and challenging. From this perspective, he has created a

plethora of art ranging from prints to surf boards. There are two things I like best about Erik. First is his commitment to the environment. Then I admire his commitment to giving back.

As far as the environment, Erik does things like print on Forest Stewardship Council certified birch plywood which is sourced sustainably by a company who also gives back by donating to the Plant a Billion Trees charity with every order. He's even been experimenting with a sand-bucket evaporation system to keep his paint out of drain water. I love his awareness that taking care of our environment keeps it beautiful for all to enjoy.

In an age where giving back is becoming part of successful business practices, Erik has fully embraced that philosophy by donating a percentage of all the art he sells to a water related charity. The non-profits he contributes to are Heal the Bay, Surfaid, Surfrider Foundation, Save the Waves, and most recently, Waves for Water where Erik created a series of prints on wood where a portion of the proceeds from every sale goes to providing clean water to victims of the recent Super Storm Sandy. By his contributions, he enables his patrons to also be contributing to these causes. This type of marketing creates a flow of support and awareness of philanthropy for his community of Ventura and further for the environment in general.

Read more about Erik, see pictures of his work, and learn about his causes at http://www.abelarts.com/

I am inspired by Erik. My intention for this year is to create sculptures that challenge me and write things I haven't taken the time to up until now. And I will be even more generous in giving back to my community. Now what are you going to do this year?

I hope you'll introduce me to artists you want to learn more about. Contact me through Facebook at The Heart of the Artist. Or email me at emily@theheartoft heartist. And I hope that you'll read my blog and support the artists I feature. http://www.theheartoftheartist.com/category/Blog/

#### Meet Deanna LeSueur



Deanna LeSueur is a Ventura Face & Body painter. She stated "I always enjoyed making art, but never really thought I could make a living at it. I was working at a local coffee shop and a wonderful young lady name Amber scouted me out after watching me do window art and menus and became my friend and helped me realize that I could create art. She introduced me to professional face painting and we went to Florida to learn from some of the best body painters in the world and now I love saying and knowing that I make art for a living and it's a wonderful job. Murals, window art, birthday parties (kid's birthday parties are my specialty) for face painting, festivals, and night life entertainment body painting. I do a lot of charity work. I can paint any theme. I work under Amber Mills Asher at Lily Bee Art. Holidays are very busy especially Halloween. I love to create a brand new style of face and body painting here in Ventura; it is huge on the east coast but not so much here. I would love to start painting models for local fashion shows and hope to continue spreading art through our community. I think it is important that we continue to paint the world. Call me at 665-7744."

# Art, ala Carte





Fox Fine Jewelry, at 210 E. Main St. is presenting an exciting show that brings together the recent works by two very well known local artists Jack Halbert and Carlos Grasso. The show runs from Jan. 17 through Mar. 16. There will be an opening Artist's Reception on Saturday, January 19, 6-9 pm.

Born in Detroit, Jack Halbert's paintings explore color and form through unique design and brush stroke. He studied at the Center for Creative Studies, Detroit, Cranbrook Academy of Fine Arts, Bloomfield Hills, the University of Michigan, Ann Arbor and Ventura College.

Jack has received numerous awards, commissions, and is represented in many private and public collections throughout the United States and Canada.

Carlos Grasso studied music, graphic arts and painting in Buenos Aires, Paris and Los Angeles. His multi-faceted creative career began as a professional musician (flute) in Paris in the late 70s and 80s, eventually evolving into graphic design and fine arts.

Carlos's work has been featured in international publication including the cover of American Artist, and is part of private collections throughout the US, Brazil and France.

An exhibit of the artwork of Gauvin, who passed away last year, will be on display until Jan. 26 at the Tool Room Gallery located at the Bell Arts Factory at 432 Ventura Ave. Gauvin lived in Ventura for nearly 20 years applying tremendous artistic talent. Every piece will be for sale with the proceeds going to assist his family.



# Boys & Girls Club to host fine arts exhibit

The Annual Juried Fine Arts Exhibit by members of the Boys & Girls Club of Greater Ventura will open with a reception January 10th from 5:30 PM to 7:00 PM in the second floor children's section of Ventura's E. P. Foster Library.

A variety of art media will be represented. The winners by age group submitted by each of the centers will be judged and the winning art projects will be sent to the regional competition of the Boys & Girls Club of America.

The public is invited to view the art display until January 25th during regular library hours.

The Boys & Girls Club of Greater Ventura is celebrating their 75th anniversary in 2013. They have provided a safe, positive place with outstanding programs for thousands of Ventura's youth during this time. An on-going year-long celebration with a variety of events is being scheduled. If you or any of your friends and neighbors have been a member of a Boys & Girls Club anywhere please contact us with your information so we can include you in the 75th anniversary celebration events. To contact the Club for additional information call 641-5585 and/or check the website at www.bgclubventura.org.



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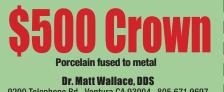
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## **Sports**



## PRC kids going to the tennis finals

Another competitive Jr. Team Tennis season has concluded with championship teams moving on to compete at Jr. Team Tennis section championships in Indian Wells, on January 12. Over 200 kids, from 8 to 14 years old, competed on 27 teams throughout Ventura County. The 10 years and under Advanced Champions were the Pierpont Racquet Club Smashers coached by Tracie Currie. Pictured here on the front row are Alyssa McClain, Chase Currie, Andy Hess, and Noah Laber, and in the back row Brianna Porazzo, Noelle Hayward, coach Tracie Currie, Timmy Quest, Hunter Leija, and Alexa Cheung.

Coach Currie stated "It was a fun and rewarding fall season for the Pierpont Racquet Club 10 and under Jr. Team Tennis team as they won the advanced division for Ventura County qualifying them for the sectionals. The Jr. Team Tennis is a great league that gives kids match play to prepare them for tournaments while letting them experience being on a team."

Registration for the upcoming spring season will begin in late January. For information, please contact Emily Wagner, USTA Jr. Team Tennis Area League Coordinator, at ewagner.vcjtt@yahoo.com.

#### Over 55 golfers wanted (age not amount)

by Jim Mirick

The Saticoy Senior Men's Golf Club is looking for new playing members,

www.swiftchipinc.com

Ventura, CA 93001

701 E. Santa Clara St. Suite 39

open to men age 55 years and older.

The Golf Club plays their tournaments every Thursday Morning at our home course "Saticoy Regional Park Golf Course" located on Wells Road between Telephone Road and the Santa Paula Freeway (126). The annual club dues are \$50.00, which includes Membership with the Southern California Golf Association.

In an attempt to attract new members to the Saticoy Senior Men's Golf Club their start time has changed from 7:00am to 8:00am. Additional membership benefits are \$12.00 green fees, free range warm up balls every Thursday morning prior to play donated by the Saticoy Regional Park Golf Course, plus you will be playing golf on the best greens in Ventura County.

The Saticoy Regional Park Golf Course will comp your first green fee on your first Thursday Golf Tournament with the SSMGC after your paid membership is received by the club. For more details about the "Best Golf Club in the County", and information on how to join, please contact Mr. Von Williams, Membership Chairman, Saticoy Senior Men's Golf Club, Von's information 455-1647, e-mail address is: vonwilli ams@sbcglobal.net.

The Saticoy Senior Men's Golf Club Web Site is: http://ssmgc.org.

#### **Harbor Patrol blotter**

Continued from page 15 the patient to the hospital.

**12-31** 1:40 p.m. Patrol received a landline from a 50-foot sail boat that is disabled near VWM. Patrol responded and found the vessel tied to a trimaran at VIM. Patrol took the vessel into tow and released it at its slip at VWM.

12:40 p.m. FCC dispatched Patrol and others to a choking victim at the Holiday Inn Express. AMR transported the patient to the

9:15 p.m. FCC dispatched Patrol to a lift assist in the Ventura Marina Mobile Home Park . The patient required a plug be put in an electrical outlet to move her. No other assistance was necessary.

10:54 a.m. FCC dispatched Patrol and others to a medical assist at the Ventura Marina Mobile Home Park. AMR transported the patient to the hospital.

1:08 p.m. FCC dispatched Patrol and others to an ill subject at Harbor and Spinnaker. AMR transported the patient to the hospital.

7:05 p.m. Patrol received a report of a person in the water at VIM. The RP had also called 9-1-1. Upon arrival, the subject was out of the water. He refused transportation to the hospital.

1-4 1:35 p.m. Patrol preparing to check the launch ramp restroom due to reported suspicious activity in the area. After observing a person exit a vehicle, enter the restroom and retrieve something, Patrol contacted the vehicle and notified PD. PD placed the driver in custody for parole violations related to drug paraphernalia.

6:37 p.m. Several people contacted Patrol regarding a flare sighted near the shore, possibly on the beach, by the Ventura River . Patrol searched the area and did not find any distressed vessels.



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